

CENTRE VIEW

SOUTHERN EDITION

JUNE 2 - 8, 2011

25 CENTS NEWSSTAND PRICE

Remembrance Cabaret



PHOTO BY BONNIE HOBBS/CENTRE VIEW

Reema Samaha Scholarship winner Molly Syme dances to “Keep Breathing” at the annual Remembrance Cabaret for Westfield grad and Virginia Tech victim Reema Samaha. More photos, page 3.

Son Charged in Father’s Death

‘It’s a sad thing for everybody.’

BY BONNIE HOBBS
CENTRE VIEW

The Westfield Village community in Centreville is the kind of place where children play outside, neighbors become friends and residents walk their dogs at night without fear. A child-care center and senior-citizens apartments are nearby, and the Sully District Police Station is practically around the corner.

That’s why a violent crime there Friday night both shocked and rattled the residents. Fairfax County police responded around 10:55 p.m. to 5108 Woodmere Drive, Apt. 102, for a report of a



Gbassay Koroma

stabbing. There, they found a 40-year-old man bleeding from life-threatening injuries and arrested his 18-year-old son.

The victim, Francis Koroma, died early Saturday morning, May 28, around 4:15 a.m., and police charged his son, Gbassay Koroma, with murder. Once authorities arrived on the scene, the father was rushed immediately to Inova

SEE SON CHARGED, PAGE 6

Westfield Wins Wachovia Cup

Nabs VHSL award for academics.

BY BONNIE HOBBS
CENTRE VIEW

For the second year in a row — and the third time in five years — Westfield High has won the Wachovia Cup for academics.

Schools earn points for their performances in Virginia High School League state competitions and Westfield topped the pack in Group AAA with 205 points. Second-place Thomas Jefferson High had 172.5 points, and third-place Chantilly High scored 170 points. Westfield’s points came from its

performance in six of nine activities. The school finished second in debate, 45 points; Trophy Class in magazine, newspaper and year-book, 35 points each; and fourth in forensics, 35 points, besides garnering 20 points for creative writing.

“I’m extremely proud of the efforts of both students and staff,” said Principal Tim Thomas. “The VHSL Academic Wachovia Cup is a very prestigious award, and it’s evidence that journalism and scholarship are both strong elements of the comprehensive, in

SEE WESTFIELD, PAGE 4

Raising Funds for Animal Shelter

Wine-tasting event is June 10.

BY BONNIE HOBBS
CENTRE VIEW

True to its name, the Fairfax County Animal Shelter takes in animals needing care, all the time. Often, they have been injured or neglected, abandoned or abused, or are ill.

But with limited funds, the shelter simply can’t afford to pay for the care each animal needs — and that’s where the Friends of the Fairfax County Animal Shelter (FFCAS) comes in. Since 2006, this non-profit organization has raised money to pay for things that the shelter can’t.

“Shelter Director Karen Diviney notifies us when an animal with special needs comes in; and if we

can help, we will,” said FFCAS President Evelyn Grieve. “For example, the shelter can’t pay for dental care, and people might not adopt an animal because of that. Or older cats could need labwork to show they’re in excellent health and are still adoptable.”

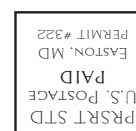
But in order to continue making donations, FFCAS has to keep raising money. So on Friday, June 10, from 7-9 p.m., it’s holding a wine-tasting event at Total Wine & More in the Greenbriar Shopping Center on Route 50 in Chantilly.

Called “Wine, Whiskers & Wags,” it’s \$30/person, and each attendee will taste 10 different wines, enjoy heavy hors d’oeuvres and receive a souvenir wine glass. Anyone who’d like to attend should sign up at www.ffcas.org.

“We’re hoping to raise \$10,000,” said Grieve.

SEE ANIMAL SHELTER, PAGE 4

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NEWS



Race participants have fun at the party at the barn following the Clifton Caboose Twilight 5K.

Where Last Place Is a Winner

Clifton Caboose Twilight 5K Run returns June 4.

BY BONNIE HOBBS
CENTRE VIEW

Most 5K races are first thing in the morning, but leave it to the quaint Town of Clifton to have its race in the evening. The 14th annual Clifton Caboose Twilight Run is Saturday, June 4, with the 1-mile fun run/walk starting at 6 p.m., and the 5K, at 6:30 p.m.

It happens rain or shine, and in this competition, not only the winners receive prizes, but the last-place, or caboose, finisher also earns a reward.

The course begins near the triangle intersection of Clifton and Newman Roads and Main Street and is popular with participants because of its scenic, country atmosphere. The route goes straight out Newman Road and back again. It's somewhat hilly and fairly challenging.

Last year's event attracted more than 200 participants, and race chairman Gary Anderson is hoping for at least 300, this time. "One neat thing this year is that about 30 boys from the running program at Fairview Elementary are all doing the 5K," he said. "And that's pretty impressive for 9- and 10-year-old kids."

The race is sponsored by the Clifton Betterment Association (CBA), dedicated to improving the Town of Clifton. This year's proceeds will go to the Clifton Floodplain Park Project. It's part of a long-term plan to create a trail system linking Clifton to the natural amenities and nearby neighborhoods around the town.

Registration is at www.signmeup.com/74576 until June 3. Entry fees are \$24 for the 5K and \$18 for the 1-mile. Race-day registration is from 4-5:30 p.m. at the barn at 7139 Main St. Packet pick-up is Friday, June 3, from 5-7 p.m., at the barn, or on race

day, just prior to the event. Participants will also receive a commemorative, Clifton Caboose T-shirt designed by residents Bill and Sam Ferrence.

Parking is available at the end of Chapel Street, in the floodplain and at Clifton Elementary. Water will be provided along the course, and snacks such as fruit, cheese and rolls will be offered after the race. All children participating will receive Freeze Pops from The Clifton Store.

The Reston Runners Club manages the finish line and will record each runner's time via computer. Cash awards go to the top three male and female finishers. Prizes are also awarded to the top two finishers in each age group. The top two CBA-member finishers receive medals, and a caboose award goes to the person coming in last. In the fun run/walk, all finishers are given ribbons, and age-group medals are awarded.

But the good times still continue when the race is over, because everyone who attended the event may join the party at the barn. Water and beer will be provided, and attendees are encouraged to bring picnic suppers and beverages for children.

Besides food, this year's celebration features two live bands. The Randy Thompson Band will play roots music, country and Americana, and the City-Dwelling Nature Seekers will perform folk, rock and 'jangle-jangle' music.

"Randy's getting ready to go on his European tour, so this will be his kickoff," Anderson said.

This year is Anderson's seventh as race chairman, with help from town residents Michelle Stein and Steve Bittner. In January, they pick a date for the race and get onto local race calendars so runners can find this event and prepare for it. In the spring, they notify businesses and residents along Newman Road because that road is closed to traffic during the event.

"I get great support from the volunteers and CBA," said Anderson. "And Fred Ansick helps mark the

SEE CLIFTON CABOOSE, PAGE 9

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Led by Trevor Knickerbocker (center), the cast of Westfield's "Joseph and the Amazing Technicolor Dreamcoat" sings "Those Canaan Days."



From left: Megan Meadows, Randa and Omar Samaha, Jesse Leahy, Dallas Sweezy and Branson Reese perform a comedy skit.

Remembrance Cabaret For Reema

The annual Remembrance Cabaret for Westfield grad and Virginia Tech victim Reema Samaha was held Saturday, May 28, at Westfield High.

PHOTOS BY BONNIE HOBBS/CENTRE VIEW



Sisters Michelle, Monica and Meredith Murgia dance to "A True Story of True Love."



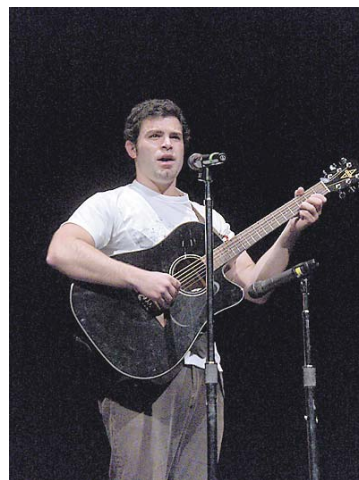
Martina Green sings "I'm Here" from "The Color Purple."



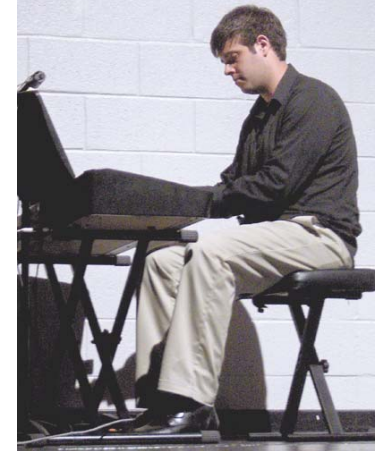
Some cast members of Centreville Presbyterian Church's musical, "Les Miserables," perform a medley from the show. Centreville High's Anthony Ingargiola (second boy from left) portrayed Marius.



Jeremy Rommel and Maya Renfro perform an original song.



Kevin Manship sings and plays "Awake My Soul."



Philip Eberhart plays "Sonata No. 12 in F Major, Allegro."



The Ballet Project dances to "Hear You, Hear Me."



The Contemporary Dance Ensemble of Virginia Tech performs "The Chain."

Westfield High Nabs VHSL Award for Academics

FROM PAGE 1

structional program at Westfield.”

Todd Kelly, who teaches senior English, is the advisor for the school's annual literary magazine, "Calliope." The award is for last year's 40-page publication, which had 18 staff members.

"We had a design theme and made it look like a sketch pad — a black-and-white, composite notebook — so our cover got a lot of attention," said Kelly. Inside were short stories and poetry collected from the student body, paired with student artwork.

Saying how proud he is of his students, Kelly explained, "They're the ones who put in the work and they deserve the credit." He also acknowledged yearbook advisor Anthony Whitten, "who helps us out a great deal. Yearbook subsidizes us financially, and we raise the rest, ourselves, for printing."

Kelly also praised his two editors-in-chief, Madz Reeve and Sagal Hassan for their efforts. "They were the perfect pair," he said. "With their creativity and organization, they complemented each other very well."

Whitten, who advises the monthly, 24-page newspaper, "The Watchdog," in addition to the yearbook, "The Guardian," oversaw a staff of some 60 students for each publication. He teaches beginning journalism and has been at Westfield for two years.

The yearbook's theme was "Unwritten" and, said Whitten, "Overall, it represented the idea that stories could be told by pictures, and that, often, there's an unwritten side, as well as a written side. It also represented the year 2010 and the 10th anniversary of the school."

Last year's editors-in-chief were Becca Sussman and Jen Mathews, and their book had 420 pages. "It had very strong photography and good design," said Whitten. "Westfield has always had a strong tradition of excellent yearbooks, and I help the kids maintain that standard and quality."

Regarding the newspaper, it improved its rating in Wachovia Cup competition from first place last year to Trophy Class — the



Kimberly Watkins



From left are Westfield High teachers Todd Kelly, Anthony Whitten and Ted Penton.

PHOTO BY BONNIE HOBBS/CENTRE VIEW

highest level for publications — this year. "The biggest thing was that I made the students do a complete redesign," said Whitten. "I wanted to change the way they thought of newspapers and make them try something different in terms of content, photo selection and design."

The students decided what they wanted to do within the paper and developed the steps to reach their goals. They also started new features, including "Bulldog Life," telling untold stories. For example, said Whitten, "They wrote about a teen-age mother, a student who's come out [as gay] in high school and about how the honor code affected one student in particular."

Under editors-in-chief Priscilla Lin, Colleen Wilson and Hadley Zamperini, he said, the students focused on making their stories more timely and relevant, and less about clubs having meetings. They also ran more candid photos and less posed ones.

"I brought in a lot of things I believed about yearbook to newspaper," said Whitten. "With yearbook, the students had a pride in the sense of tradition they come from. And at the core, kids want the recognition, so they do the work required. With the newspaper, they also had a sense of pride in their work so they wanted to produce it without error, with quality writing and photos — and that pride was reflected in what they did."

He's excited that Westfield won the Wachovia Cup because, last year, he wasn't involved in yearbook and newspaper. So this time, said Whitten, "It's extra special; I was invested in the win because they were products my students produced with me."

Teacher Ted Penton has spent seven years at Westfield and coaches the speech (forensics) and debate teams. Some 40 students are on each team, and mostly the same group participates in both activities. Penton describes forensics as "acting without props," whereas debate is "formulaic arguments." And this year's teams were the ones that figured greatly into Westfield's Wachovia Cup victory.

"This competition is like athletics — we have districts, regionals and state championships for each one," said Penton. "Both of our teams compete in the Washington-Arlington Catholic Forensics League, and we have five competitions to get ready for the championship."

Westfield's speech students — who are five-time district champs — compete in 10 different categories, and the debate students must prove their abilities in five distinct styles of debating. While praising the hard work of all the students on both teams, Penton mainly credits senior Shane Grannum with the school's triumphs.

"He's the captain of both teams, but is more like an assistant coach," said Penton.

"He leads the practices and guides the students. He's also the current state champion in extemporaneous speaking and was the state champion last year, too. And he finished second in the Student Congress style of debating."

Penton said this was Westfield's best year, yet, in both speech and debate. "In speech, we finished fourth in the state, and in debate, second," he said. "I'm thrilled that Westfield won the Wachovia Cup — we have a lot of hard-working, intelligent students here."

Kimberly Watkins teaches both English and creative writing at the school, and her students' work during the 2010-11 school year played a role in Westfield's creative-writing points. She submitted a portfolio of the work of six students, sophomores through seniors. There were two essays, two short stories and two poems.

"I look for mature writing and the use of stylistic devices, such as personification, metaphors and onomatopoeia," she said. "Their voice should come through clearly in the piece and really resonate because it draws the reader in."

Watkins believes one element the judges liked about her students' work was a short story written by sophomore Katharina Schoeneck. "I have my creative-writing students write a children's book, and one of them was a short-story submission," she said. "It was called 'Drake the Dragon' and was extremely creative. It was for young children, but with such incredible voice."

Overall, said Watkins, Westfield's Wachovia Cup victory is well-deserved: "We have a very creative student body and a superior group of teachers who are also quite creative."

Principal Thomas agrees. "There is no doubt that many hours of hard work and preparation helped lead our teams to success," he said. "Congratulations again to the students and the teachers whose accomplishments have distinguished Westfield High School as the best of the best — two years in a row."

Wine-tasting Event To Support Animal Shelter

FROM PAGE 1

"And if people can't make it but would like to help, they can donate on the Web site."

Although most of the animals at the shelter are dogs and cats, the facility takes in practically any potential pet imaginable, such as birds, snakes, turtles, chinchillas and hamsters. And sometimes they come in large numbers.

In November 2010, the shelter received 160 cats and kittens from a hoarding case in Annandale. "We applied to PetSmart and got a grant for almost \$15,000 for their medical care at Deepwood Veterinary Clinic," said Grieve. "We also raised an additional \$5,000 for their care, and then we had a special adoption for them."

FFCAS also provide money and education for other programs, including the importance of spaying and neutering pets. "We

set up a spay-and-neuter program for rabbits and we pay for most of it," said Grieve. "The adoptive person pays \$25 of the cost."

The all-volunteer group gives all the money it raises to the shelter. "We raise probably \$20,000-\$30,000 in a good year," said Grieve. "In 2010, we raised about \$45,000, but part of that came from the grant."

Long term, she said, her group would like to have more members, so it's trying to make the public more aware of what it does. "That way, we could do more to help the animals," she said. "We'd love to have all of them adopted. We need the community's help to work toward the day when no healthy or treatable companion animal is euthanized for lack of space or resources."

Anyone wishing to donate to FFCAS may do so at the Web site, or by sending checks payable to the organization to: FFCAS, P.O.



Pictured are animals who've either been adopted from the Fairfax County Animal Shelter or are currently available for adoption.

PHOTO COURTESY OF MARY O'MALLEY

PEOPLE

McDonald Earns Eagle Scout

Gavin McDonald's journey to become an Eagle Scout has taken him all over the country. Gavin has been a member of Cub Scout Packs in California, North Carolina and in Centreville, where he joined Boy Scout Troop 1137 in 2004. His Eagle Scout Award ceremony took place on Feb. 13, 2011 at the Virginia Run Community Center.

To earn Scouting's highest award Gavin earned 25 merit badges, served as a leader in his troop and completed a major community service project at the Izaak Walton League's Indoor Air Rifle Range.

Leading 12 scouts and adults, Gavin installed drywall and painted a 40-foot interior wall of the range and cleaned and painted a viewing room in the same building. Including planning and execution, the project took more than six months to complete.

As a member of Troop 1137, chartered to the Izaak Walton League, Gavin has served the troop as Instructor, Den Chief and Patrol Leader, assisted in other Scouts' Eagle projects, and helped with the annual Scouting for Food project.

In addition to spending weeks at Goshen, Powhatan and Heritage Scout camps locally, he attended both Philmont and Northern Tier



Gavin McDonald

High Adventure Camps in New Mexico and Minnesota, respectively.

Gavin is a senior at Westfield High School. He was offered an Air Force ROTC scholarship at Virginia Military Institute or Virginia Tech.

He was also offered and has accepted a U.S. Air Force Academy Falcon Foundation scholarship to attend Preparatory School and apply for next year's class of 2016 at the Academy. After college he plans a career as a military pilot.

CVHS Student Named VHSL Journalist of Year

Brynna Hope Heflin, editor-in-chief of The Sentinel and a senior at Centreville High School, is the Virginia High School League's (VHSL's) 2011 Student Journalist of the Year and Charles Savedge Scholarship recipient.

Heflin has been involved with high school journalism since she was a freshman, serving as sports reporter and writer as a sophomore and features reporter and writer as a junior. Beyond



school walls, she has participated in the Northern Virginia Young Writer's Workshop at George Mason University as well as the Virginia Governor's School for Humanities' four-week residential summer program at which she studied the use of technology in communication.

As editor-in-chief, Heflin oversees the work of nine section editors as well as the reporters and writers who work in each of those sections.

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Son Charged in Father's Death

FROM PAGE 1

Fairfax Hospital, but the stab wounds to his upper body proved fatal.

"It's been a rough 24 hours," said neighbor Fay Miethe on Saturday afternoon. She lives in the same apartment building where the tragedy occurred. Miethe was watching TV and her 17-year-old daughter was on the front porch, talking on the phone, when a woman ran out of Apt. 102 and started shouting.

"I heard a woman screaming 'Help, me, help me, call 911 — someone's been killed,'" said Miethe. "She's the father's sister and the boy's aunt. She was standing in front of our breezeway and I walked over to her, and she said, 'He stabbed his father; he stabbed his dad.'"

"I looked down the breezeway, and the boy was standing outside the apartment, looking at her, very angry," continued Miethe. "He wasn't hysterical or crazy-looking; he just looked mad. I was scared to death; I knew something violent and bad had happened. Instinct kicked in, and I ran back home to safety. I slammed the door and locked it and told my daughter

to go into the bathroom and stay there. Then I called 911, and the police were here in less than five minutes."

When they knocked on her door around 11 p.m., she said, "My first question was, 'Is [the woman] OK?' They said she was. They said one person had been taken to the hospital. They said [the incident] appeared to be isolated and not to be fearful — the suspect had been apprehended. Then they took statements from my daughter and I."

Katie Ralston, who lives in the building next door, said she and her boyfriend Jeremy were watching a movie Friday night, when they noticed flashing lights outside. "There was an ambulance, a fire truck and 11 or 12 marked and unmarked cop cars," she said. "I've never seen so many of them in one place — they took up the whole block."

She and her boyfriend watched for awhile from their porch, as did other neighbors. "The K-9 dog was out, and we saw the police take a man to one of the cars," said Ralston. "Then a detective came by this morning and asked Jeremy and I if we'd seen or heard any-

thing [Friday] night."

She's lived there two years and didn't know the Koromas. "Nothing like that ever happened here before," she said. "There are lots of kids and families, and I'm sure that shook up a lot of people. But the detective told us it was domestic, so we weren't worried about our safety. I'm just surprised — an 18-year-old kid? Really?"

Miethe's lived in the community eight years and called it a peaceful and good neighborhood. She described Francis Koroma as "very quiet and well-spoken. He was a nice guy, friendly, and always asked how we were doing."

She said a detective visited her, too, Saturday morning, "in case we'd remembered anything else." She was especially concerned about her daughter, though.

"She couldn't sleep last night," said Miethe. "She was beyond hysterical — it took a couple hours to get her calmed down. When I saw the son [Friday] night, we didn't know it was domestic or whether he had any weapons, so she was very frightened."

On Saturday, police told Miethe the father had died. "I cried," she said. "It's a sad thing for everybody



PHOTO BY BONNIE HOBBS/CENTRE VIEW

The Koromas lived in this Centreville apartment building, at the end of the breezeway, on the left.

— not just for the man who lost his life, but for this boy. I also feel sad for the aunt who probably witnessed it all. If I feel like I do now, I can only imagine what she's going through."

Miethe said the teen "appeared like any other kid, but I didn't know him. I understood from another neighbor that their lease was up soon, but they were waiting for the son to finish school in June before moving. I wouldn't have expected anything like this from any of my neighbors. The detective reassured me that this is a safe place to be and that this is only the fourth homicide in Fairfax County this year."

There are 12 apartments in her three-story building, and Miethe said people in the neighborhood were outside "consoling each other, [Saturday morning]. It's just very shocking; I'm still shaken and tired."

Police declined to comment on any possible motive for the killing and would not disclose where, specifically, in the home the body was found. They do say the investigation is ongoing. Anyone with information is asked to contact Crime solvers at 1-866-411-TIPS/8477, e-mail at www.fairfaxcrime-solvers.org or text "TIP187" plus a message to CRIMES/274637 or call police at 703-691-2131.



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MADEIRA GIRLS have something to say

Local Woman Faces Decades in Prison

Federally convicted in computer equipment fraud.

A local woman is facing a possible 85 years in prison, plus millions of dollars in fines, following her conviction last week in federal court. Chun-Yu Zhao of Centreville and Donald H. Cone, of Frederick, Md., were both convicted for their roles in a scheme to import and sell counterfeit Cisco computernetworking equipment.

On Tuesday, May 24, in U.S. District Court in Alexandria, Zhao was also found guilty of 15 additional counts, including importation fraud, trafficking in counterfeit goods

and labels, false statements to law enforcement, false statements in naturalization and money laundering. She was acquitted on one other count of false statements and one count of money laundering.

The jury reached its verdict after a 12-day trial and nearly four days of deliberations. On May 26, the jurors returned a verdict regarding the forfeiture of numerous assets associated with Zhao — including two Porsches, one Mercedes, seven bank accounts containing more than \$1.6 million, and four homes and three condominiums with a total value of more than \$2.6 million.

According to evidence at trial, Zhao, Cone and Zhao's family members in China operated a large-scale, counterfeit, computer-networking equipment business under the name of Han Tong Technology (Hong Kong)

Ltd. Zhao and her associates used several schemes to defraud U.S.-based purchasers through a Virginia-based company called JDC Networking Inc.

Authorities say JDC altered Cisco products by using pirated software and created labels and packaging to mislead consumers into believing it sold genuine Cisco products.

To evade detection, Zhao used various names and addresses in importation documents and hid millions of dollars of counterfeit proceeds through a web of bank accounts and real estate held in the names of her family members in China.

However, things began unraveling after U.S. Customs and Border Protection made a criminal referral to the U.S. Department of the Interior after intercepting counterfeit products from China destined for ad-

resses associated with Zhao and JDC.

Cone is slated for sentencing Aug. 19; Zhao, on Aug. 26. They face a maximum of five years in prison and a \$250,000 fine on the conspiracy charge. Zhao could also receive 20 years and a \$250,000 fine for each count of importation and sale of improperly declared goods, plus 20 years and a \$500,000 fine — or twice the value of the property involved in the transaction — for money laundering.

Additionally, she faces a maximum of 10 years behind bars on each count of trafficking in counterfeit goods, plus a \$2 million fine. For false statement in naturalization, she could receive 10 years and a \$250,000 fine. She also faces 10 years and a \$250,000 fine, or twice the amount of the transaction, on the charge of monetary transactions with criminally derived proceeds.

ROUNDUPS

Trucks Receive 68 Violations

In the 18 commercial trucks stopped for inspection last week by Fairfax County police, authorities found 68 total violations. In addition, five trucks were taken out of service because they were found to be unsafe for road travel. Members of the Motor Carrier Safety Unit were on Route 50, between Route 28 and the county line, last Tuesday, May 24, from 7-11 a.m. They stopped and inspected commercial motor vehicles to include truck tractors pulling semi-trailers, dump trucks, landscape trucks and trailers, trucks with oversize loads, trash trucks and trucks hauling roll-off containers. Police looked for violations of equipment, driver's license, registration and weight.

One Charged with DWI

Fairfax County police officers conducted a sobriety checkpoint to deter and apprehend intoxicated drivers on Friday, May 27, from 8-11 p.m. All drivers were stopped and checked to assure that their driving abilities hadn't been impaired by alcohol or drugs.

Approximately 688 motorists passed through the checkpoint in the northbound lanes of Route 29 near the intersection of Bull Run Post Office Road. One person was charged with DWI; eight summonses were issued for miscellaneous traffic offenses and two people were charged with minor criminal offenses. Ten auxiliary officers and eight police officers participated.

Free Carseat Inspections

Certified technicians from the Sully District Police Station will perform free, child safety carseat inspections Thursday, June 2 and 16, from 5-8:30 p.m., at the station, 4900 Stonecroft Blvd. in Chantilly. No appointment is necessary. But residents should install the child safety seats themselves so technicians may properly inspect and adjust them, as needed. However, because of time constraints, only the first 35 vehicles arriving on each date will be inspected. That way, inspectors may have enough time to properly instruct the caregiver on the correct use of the child seat. Call 703-814-7000, ext. 5140, to confirm dates and times.

Parkway Road Closures, June 4-6

Two road closures are planned this weekend because of the Fairfax County Parkway and Fair Lakes Parkway interchange construction. From Saturday, June 4, at 7 a.m. until Monday, June 6, at 5 a.m., Monument Drive at the Fairfax County Parkway will be closed while crews install a 30-inch, storm drain pipe across Monument Drive.

Message boards will alert motorists, and detour information will be posted. If it rains, these closures will be postponed until June 18. And weather permitting, as of Wednesday, June 1, drivers will no longer be able to access North Lake Drive to or from the Fairfax County Parkway. This is a permanent closure.



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OPINION

Together, We Can Make an Impact

Susan G. Komen Global Race for the Cure takes place on June 4 on the National Mall.

BY NANCY G. BRINKER

For nearly three decades, millions have walked or run to honor a loved one and to both raise awareness and funds to fight breast cancer — both for those battling the disease today and those who may be impacted in the future. This bold statement of unity has given hope to millions and has helped fuel critical investments in breast health programs and cutting-edge research that is saving lives every day.

We can be proud of how far we've come. And we can be proud of the work that we do in communities everywhere. What started out as 800 women walking around a shopping mall in Dallas, Texas has grown to include more than 1.5 million people walking or running in more than 140 Susan G. Komen Race for the Cure events worldwide. People are walking in Richmond and Rome; Cleveland and Cairo. It has truly become a global movement.

All this walking has paid off too. In the U.S., we have entered into a new era of awareness, early detection and personalized medicines. This new era is saving lives and providing hope of one day putting an end to the suffering for good.

Yet for all of our successes, this hope is not universally shared. In capitals across the globe, women and their families do not yet fully understand this disease or appreciate the benefits of early detection. In many communities,

health care systems are unable to adequately screen or treat the disease.

Here too, in the communities surrounding our nation's capital, many women do not fully understand the disease and are often confused about the importance of early detection. Many women still struggle to get off work or find the time to navigate a fragmented health care system that sends them far from home or work for screenings and doctor's appointments — especially if they are under or uninsured.

Together, we can make an impact, both right here and abroad. On June 4 on the National Mall, we will host the 22nd running of the Susan G. Komen Global Race for the Cure. Up to 75 percent of all the funds raised by the Komen Global Race will stay right here to help local women in our community.

GUEST EDITORIAL

The rest will go to support our efforts to share the lessons we have learned educating low-resource women in the U.S. with women in low-resource countries of Asia and Africa and Latin America.

And let me be honest, we have a lot of work to do.

Over the past two decades, we have invested more than \$28 million in education and outreach programs in the National Capital Area. These investments are increasing awareness and improving the care women in our region receive. We've had some great successes. In Montgomery County, Md., for example, we have helped to reduce mammography wait times from 100 days to five days, and we have cut the wait between diagnosis and treatment nearly in half. In many instances, this improved efficiency not only increased patients' chances at survival, it also likely reduced the cost of treatment by starting at an earlier, less costly stage.

Yet we are far from satisfied. Despite our success in raising awareness, women diag-

nosed with breast cancer in Washington, D.C., are still more likely to die from the disease than women in the rest of the country.

Awareness is not enough. Women need to truly understand breast cancer, including how it's detected and treated. We find that myths and misconceptions are still widespread. Many women are afraid of screening, thinking it is painful and that a cancer diagnosis equals a death sentence.

The region's overly fragmented health care system also produces substantial barrier to accessing care for major segments of the population. Many women cannot access affordable screening because there is too little funding for programs that provide free and low-cost mammograms.

These women face economic and transportation barriers that keep them from seeking help. We need to make it easier for women to take good care of themselves.

Thanks in large part to the funds raised last year, we're investing \$4.5 million this year in local programs to increase breast health education and to break down barriers to accessing care. Through these grants, we're reaching more women, elevating their understanding and teaching nurses and doctors how to more effectively serve this incredibly diverse population. And we're leading an effort to get the system to work together, in a more efficient and effective manner, so that women don't fall through the cracks and treatments aren't needlessly delayed.

While we've come a long way, we are not yet at the finish line. We must keep running. Will you join us?

Ambassador Nancy G. Brinker is the founder and C.E.O. of Susan G. Komen for the Cure. The 22nd Annual Susan G. Komen Global Race for the Cure will be held June 4 on the National Mall. For more information or to register, visit www.globalraceforthecure.org

Our Family Garden Starting a garden, buying local produce helps to reduce carbon footprint.

BY MICHAEL L. LIPFORD
THE NATURE CONSERVANCY

I recently spent a day working in the garden with my three girls. We harvested spinach, lettuce and asparagus, and planted tomatoes, peppers, zucchini and some of our favorite herbs, including basil and dill. After we cleaned soil from our tools and shoes, I couldn't help feeling a sense of pride along with my tired muscles.

Our garden provides a large part of our family's diet, and we also fish and hunt for much of our protein. We also grow enough to sell at our local farmer's market on Saturdays, along with fresh bread and eggs. By working together in our garden, we not only grow our own food, but also we grow closer as a family.

Of course, not everyone has the space or inclination to garden, hunt or fish. But you can still connect with nature — and one another — through the choices you make about your family's food.

When friends ask what they can do to help

our planet and give something back to Virginia's lands and waters, one recommendation I typically share this time of year is to eat locally and enjoy fresh fruits and vegetables that are in season. Here in Virginia, we are lucky to have farm and farmer's markets throughout the state producing some of the best sweet corn, heirloom tomatoes, peaches and many other delicious choices to fill out a summer menu with family and friends.

You often hear the term "carbon footprint" as it relates to our travel habits or other energy choices, but sometimes we may forget that our food also produces a carbon footprint. One of the ways you can reduce your impact is by eating foods grown locally. A food item that travels shorter distances from the farm to your table produces less greenhouse gas emissions and often requires little or no packaging. The real bonus is in freshness that you can taste.

You can find local in-season produce and other goods at nearby grocery stores, at farmers markets or through a community-supported agriculture program (CSA). A quick online search in Virginia on www.localharvest.org

turned up 140 CSA options and more than 80 farmers markets. Plus, you will have the opportunity to meet the people growing your food and support Virginia's hard-working farmers and ranchers.

Eating more locally grown vegetables is good for the planet and good for your health, and it's a great way to connect your children with nature. The Nature Conservancy works closely with people who produce our food — farmers, ranchers and fishermen — all over the world. I invite you to check out some of the resources we offer to get you started thinking about food and nature, visit www.nature.org/earthday.

Isn't it time to make better choices and possibly start some new family traditions? So enjoy the spring and summer vegetables, enjoy time with your family and enjoy the natural landscapes of Virginia. Before you know it, the kids will be heading back to school and the autumn chill will be in the air. And then we can look forward to broccoli, collard greens, apples and fall vegetables!

Michael L. Lipford is Virginia executive director for The Nature Conservancy

CENTREVIEW

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HOME SALES

In April 2011, 76 Centreville homes sold between \$695,000-\$115,750. This week's list represents those homes sold in the \$695,000-\$250,000 range. For the complete list, visit www.ConnectionNewspapers.com

Address	BR	FB	HB	Postal	City	Sold Price	Type	Lot	AC	Subdivision
13579 PLUMBAGO DR	5	4	1		CENTREVILLE	\$695,000	Detached	0.19		FAIRCREST SOUTH
6603 SMITHS TRCE	5	5	1		CENTREVILLE	\$685,000	Detached	0.58		WELTMAN ESTATES
15377 WETHERBURN CT	4	3	2		CENTREVILLE	\$650,000	Detached	0.35		VIRGINIA RUN
13554 NORTHBOURNE DR	4	3	1		CENTREVILLE	\$595,000	Detached	0.32		FAIRLAKES FOREST
5638 LIERMAN CIR	5	4	1		CENTREVILLE	\$545,000	Detached	0.10		SULLY MANOR
5861 LINDEN CREEK CT	4	3	1		CENTREVILLE	\$525,000	Detached	0.12		SULLY STATION II
4731 COCHRAN PL	4	3	1		CENTREVILLE	\$520,000	Detached	0.14		FAIRLAKES CROSSNG
5502 SHELBURNE CT	4	2	1		CENTREVILLE	\$520,000	Detached	0.24		WALNEY GLEN
5636 LIERMAN CIR	4	4	1		CENTREVILLE	\$510,000	Detached	0.10		SULLY MANOR
5200 RUSHBROOK DR	4	2	1		CENTREVILLE	\$488,000	Detached	0.34		CABELLS MILL
6849 COLONEL TAYLOR LN	4	3	1		CENTREVILLE	\$485,000	Detached	0.16		COMPTON RIDGE
5505 VILLAGE CENTER DR	4	3	1		CENTREVILLE	\$472,500	Detached	0.13		SULLY STATION
13210 MAPLE CREEK LN	3	3	1		CENTREVILLE	\$467,000	Townhouse	0.07		TOWNES AT FAIR LAKES GLEN
5637 BARRYMORE RD	4	3	0		CENTREVILLE	\$465,000	Detached	0.26		COUNTRY CLUB MANOR
13716 CABELLS MILL DR	4	2	1		CENTREVILLE	\$415,000	Detached	0.21		CABELLS MILL
13593 LAVENDER MIST LN	3	3	1		CENTREVILLE	\$400,000	Townhouse	0.06		FAIRCREST
5532 SHIPLEY CT	3	3	1		CENTREVILLE	\$396,000	Detached	0.22		SEQUOIA FARMS
2505 PRAIRIE WILLOW LN	3	3	1		CENTREVILLE	\$375,000	Townhouse	0.03		FAIRCREST NORTH
6372 WOODLAND RIDGE CT	4	2	1		CENTREVILLE	\$375,000	Detached	0.25		NEWGATE FOREST
5127 WINDING WOODS DR	4	3	1		CENTREVILLE	\$370,000	Townhouse	0.06		SULLY STATION
14311 WINDING WOODS CT	4	3	1		CENTREVILLE	\$365,000	Townhouse	0.06		SULLY STATION
5709 WOOD CREEK LN	3	2	2		CENTREVILLE	\$365,000	Townhouse	0.05		SULLY STATION
14509 OAKMERE DR	3	2	2		CENTREVILLE	\$364,000	Townhouse	0.05		SULLY STATION
13532 STARGAZER TER	3	2	2		CENTREVILLE	\$360,000	Townhouse	0.02		FAIRCREST
13556 PRAIRIE MALLOW LN	4	3	1		CENTREVILLE	\$360,000	Townhouse	0.03		FAIRCREST
14604 ALGRETUS DR	4	2	0		CENTREVILLE	\$355,000	Detached	0.20		COUNTRY CLUB MANOR
6320 MUSKET BALL DR	3	2	2		CENTREVILLE	\$351,000	Townhouse	0.06		CENTRE RIDGE
14614 WINTERFIELD DR	3	2	2		CENTREVILLE	\$345,000	Townhouse	0.04		SULLY STATION
14719 WINTERFIELD CT	3	2	1		CENTREVILLE	\$345,000	Townhouse	0.04		SULLY STATION
14662 SEASONS DR	3	2	2		CENTREVILLE	\$342,000	Townhouse	0.06		BRYARTON
14078 DARKWOOD CIR	3	2	1		CENTREVILLE	\$330,000	Townhouse	0.04		COMPTON VILLAGE
6824 KERRYWOOD CIR	3	3	1		CENTREVILLE	\$330,000	Townhouse	0.06		NORTH HART RUN
14531 PITTMAN CT	3	2	1		CENTREVILLE	\$330,000	Townhouse	0.05		COMPTON VILLAGE
14618 FLOWER HILL CT	3	2	2		CENTREVILLE	\$329,000	Townhouse	0.05		SULLY STATION
14819 EDMAN RD	3	2	1		CENTREVILLE	\$325,000	Townhouse	0.04		LEE OVERLOOK
13904 WOODS RUN CT	3	2	2		CENTREVILLE	\$324,990	Townhouse	0.03		LITTLE ROCKY RUN
14913 CARLBORN DR	5	2	0		CENTREVILLE	\$315,000	Detached	0.25		COUNTRY CLUB MANOR
5705 BELCHER FARM DR	4	3	1		CENTREVILLE	\$315,000	Townhouse	0.05		SULLY STATION
6318 MARY TODD LN	3	3	1		CENTREVILLE	\$310,000	Townhouse	0.03		HERITAGE ESTATES
6809 KERRYWOOD CIR	3	3	1		CENTREVILLE	\$310,000	Townhouse	0.05		NORTH HART RUN
6420 KNAPSACK LN	4	3	1		CENTREVILLE	\$309,000	Townhouse	0.04		CENTRE RIDGE
14600 JOVET CT	4	3	1		CENTREVILLE	\$293,000	Townhouse	0.05		WOODGATE CROSSING
14603 WOODSPRING CT	3	2	2		CENTREVILLE	\$285,000	Townhouse	0.03		SULLY STATION
6352 BONHAM PL	3	2	2		CENTREVILLE	\$280,000	Townhouse	0.03		HERITAGE ESTATES
14443 FALLSCLIFF LN #8	3	2	1		CENTREVILLE	\$278,000	Townhouse			LIFESTYLE AT SULLY STATN
5923 RAINA DR	2	2	1		CENTREVILLE	\$275,000	Townhouse	0.03		WOODGATE CROSSING
14521 RAVENSCAR CT	4	2	1		CENTREVILLE	\$270,000	Townhouse	0.00		CROFTON COMMONS
6118 GOTHWAITE DR	3	2	2		CENTREVILLE	\$266,500	Townhouse	0.06		LONDON TOWNE
14149 AUTUMN CIR	3	3	1		CENTREVILLE	\$265,000	Townhouse	0.03		GREEN TRAILS
6179 GOTHWAITE DR	3	2	2		CENTREVILLE	\$259,900	Townhouse	0.07		LONDON TOWNE
6935 COMPTON LN	4	3	1		CENTREVILLE	\$259,900	Townhouse	0.03		COMPTON VALLEY ESTATES
13637 CLARENDON SPRINGS CT	3	3	0		CENTREVILLE	\$255,000	Townhouse	0.06		LITTLE ROCKY RUN
14165 COMPTON VALLEY WAY	3	2	2		CENTREVILLE	\$255,000	Townhouse	0.04		COMPTON VALLEY ESTATES
5854 WESTWATER CT	4	3	0		CENTREVILLE	\$250,000	Townhouse	0.03		LITTLE ROCKY RUN

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Clifton Caboose Twilight 5K Run

FROM PAGE 2

course and get the VDOT permit for the road closure."

All in all, said Anderson, "This event is just such a great thing for the community. And getting kids physically active and involved in running, specifically, at an early age is an important thing.

Here, having a race in their own community, with their parents and friends participating, is a great motivator for them."

But the race draws participants from a wide area, including Maryland and North Carolina. "People who'd never been to Clifton before send me com-

ments afterward and tell me it's such a unique race that it's their favorite one," said Anderson. "I think it's a combination of the setting and the communal feeling. The community really comes out for it." Toss in the party afterward, he said, and it makes for a special and memorable event.

Anderson said some people "think Clifton's on the edge of the earth, but it's right in their backyard. I belong to the Reston Runners Club and, whenever I can talk my running friends into coming out here, they're blown away. So this race is a nice way to showcase Clifton to people who may not realize it's so close by."



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April Sales between \$736,000 and \$799,999



3 4804 Walney Knoll Court, Fairfax Station — \$775,000



1 7007 Clifton Forest Drive, Clifton — \$790,000



4 7300 SCARLET OAK Court, Fairfax Station — \$750,000



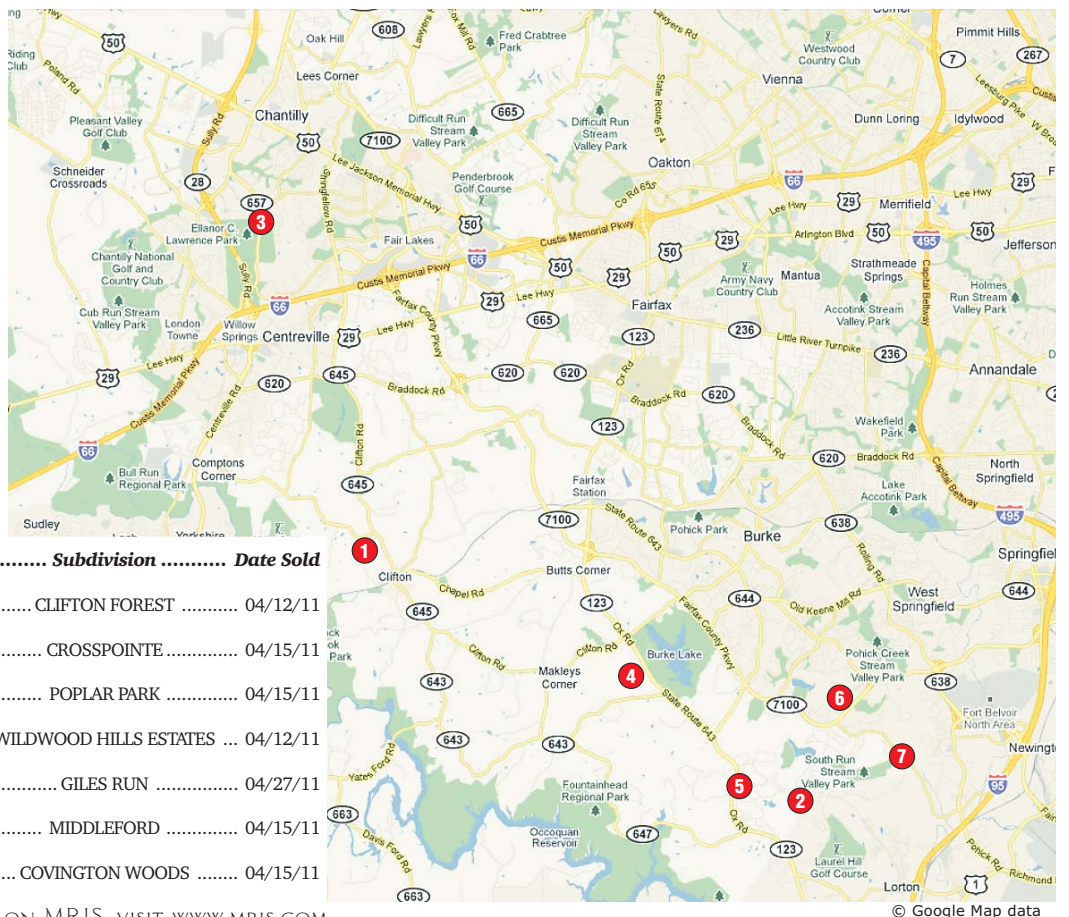
6 8710 Middleford Drive, Springfield — \$740,000



7 8307 Covington Woods Court, Springfield — \$740,000



5 8396 Westpointe Drive, Fairfax Station — \$740,000



Address	BR	FB	HB	Postal City	Sold Price	Type	Lot AC	Subdivision	Date Sold
1 7007 CLIFTON FOREST DR	4	3	0	CLIFTON	\$790,000	Detached	3.45	CLIFTON FOREST	04/12/11
2 9100 FOREST SHADOW WAY	4	3	1	FAIRFAX STATION	\$789,000	Detached	0.31	CROSSPOINTE	04/15/11
3 4804 WALNEY KNOLL CT	4	4	1	CHANTILLY	\$775,000	Detached	0.37	POPLAR PARK	04/15/11
4 7300 SCARLET OAK CT	4	3	1	FAIRFAX STATION	\$750,000	Detached	0.85	WILDWOOD HILLS ESTATES	04/12/11
5 8396 WESTPOINTE DR	5	3	1	FAIRFAX STATION	\$740,000	Detached	0.34	GILES RUN	04/27/11
6 8710 MIDDLEFORD DR	5	3	1	SPRINGFIELD	\$740,000	Detached	0.23	MIDDLEFORD	04/15/11
7 8307 COVINGTON WOODS CT	4	3	1	SPRINGFIELD	\$739,900	Detached	0.21	COVINGTON WOODS	04/15/11

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PEOPLE



Prom Night

Students gather at the home of Dave and Cheryl Mahoney in Westbrook before the Centerville High School Prom on May 13. From left: Mitch Mahoney, Samantha Freking, Mark Piatkowski, Jenel Newton, Connor Simmons, Anna Bruce, Cole Little, and Genesis Echevarria.



Before the Prom

A pre-prom gathering of some students from Centerville High School was held at Ranjana Rj Addanki's home.



Expanding First Responders' Training

Emergency horse training, sponsored by the Clifton Horse Society, is held at Virginia Tech's Middleburg facility. In late April, nine Fairfax County first responders attended a one-day training program on basic horse-handling and first aid. In May, two first responders will attend a more extensive multi-day training program that will cover highly-technical emergency rescues of large animals such as horses and other livestock.

PHOTO BY JOHN MARSH

OPEN HOUSES

SATURDAY/SUNDAY, JUNE 4 & 5



7802 Cyril Place, Springfield • \$550,000 • Open Sunday 1-4
Lana Hartmann, ERA, 703-628-1458

When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper For more real estate listings and open houses, visit www.ConnectionNewspapers.com and click the Real Estate links on the right side
Call Specific Agents to Confirm Dates & Times

Centerville

6189 Hidden Canyon Rd.....\$624,900...Sun 1-4.....Debbie Kent..Cottage Street Realty...703-740-7654
14202 Pony Hill Ct.....\$629,900...Sun 1-4.....Stephane Czajkowski.....Avery-Hess...703-492-6500
6309 Fairfax National Way..\$879,900...Sun 1-4.....Mary Beth Eisenhard.....Long & Foster...571-261-1400

Chantilly

13640 Birch Dr.....\$949,000...Sun 1-3.....Amir Khan.....Fairfax Realty...703-533-8660
25661 Tremaine Terr.....\$490,000...Sun 1-4.....Suzanne Burch.....Century 21...703-328-5606
42937 Edgewater St.....\$384,900...Sun 1-4.....Diana LeFrancois.....Century 21...703-930-6682

Clifton

12421 Shari Hunt Grv.....\$1,197,000...Sat 1-4.....Susie Carpenter.....Coldwell Banker...703-906-6598
12820 Clifton Creek Dr.....\$1,399,000...Sun 1-4.....Rich Juliano.....Long & Foster...703-442-8004
5710 Regal Crest Ct.....\$639,990...Sun 1-4.....Hall Wang.....UnionPlus...202-276-6928
6918 Clifton Rd.....\$699,500...Sun 1-4.....Carol Hermandorfer.....Long & Foster...703-503-1812

Fairfax

11329 Edenderry Dr.....\$798,500...Sun 1-4.....Kristi Morgan.....ERA...703-909-4462
11452 Log Ridge Dr.....\$529,900...Sat 12-3.....Deborah Larson.....Long & Foster...703-905-7269
11501 Cardoness Ln #403..\$399,900...Sun 1-4..Arada Suwande Grantz.....Weichert...703-821-8300
5781 Ladues End Ct.....\$1,249,990...Sun 1-4.....Arthur Nachman.....Long & Foster...703-506-2850
8900 Day Lilly Ct.....\$782,000...Sun 1-4.....Maral Achikian.....Long & Foster...703-938-4200
4601 Lawn Ct.....\$509,000...Sun 1-4.....Joe Frangipane.....Long & Foster...703-628-4430

Fairfax Station

5605 Smoke Rise Ln.....\$949,990...Sun 1-4.....Diane Lenahan.....Wolf Run...703-283-7328
6803 Brimstone Ln.....\$895,000...Sun 1-4.....Jim Souvavis.....Long & Foster...703-919-9191
6917 Winners Cir.....\$850,000...Sun 1-4.....The Applegate Team.....Long & Foster...703-451-5818
7013 Sylvan Glen Ln.....\$850,000...Sat 1-4.....Dallison Veach.....RE/MAX...703-477-7920

Burke

5608 De Soto St.....\$599,950...Sun 1-4.....The Applegate Team.....Long & Foster...703-451-5818
5805 Banning Pl.....\$319,900...Sun 1-4.....Thai-Hung Nguyen.....Westgate...703-362-5012
6343 Buffie Ct.....\$329,900...Sun 1-4.....Kim Hannemann.....Samson...703-861-9234
8442 Lake Meadow Dr.....\$959,000...Sun 1-4.....Steve Dunleavy.....RE/MAX...703-946-5571
9821 Natick Rd.....\$519,900...Sun 1-3.....Carolina Hurtado.....Weichert...703-309-6051

Springfield

5515 Yorkshire St.....\$475,000...Sun 1-4.....Pat Buck.....McNearney...703-395-9625
8147 Viola St.....\$545,900...Sun 1-4.....Becky Berning.....Long & Foster...703-930-3400
7802 Cyril Place.....\$550,000...Sun 1-4.....Lana Hartmann.....ERA...703-628-1458
7956 Hidden Bridge Dr.....\$424,900...Sun 1-4.....Beckie Owen.....Long & Foster...703-328-4129
8269 Raindrop Way.....\$310,000...Sun 1-4.....Kathy Peters.....Long & Foster...703-915-2165
8426 Rainbow Bridge Ln.....\$415,000...Sun 1-4.....Candace Rende.....Long & Foster...703-314-2461

Lorton

5933 Clematis Trl.....\$399,900...Sun 1-4.....Mike Smith.....RE/MAX...703-969-6168

Annandale

3386 Monarch La.....\$625,000...Sun 1-4.....Eve Shapiro.....Keller Williams...703-517-7511
4330 Duncan Dr.....\$824,900...Sun 1-4.....Ciara Lascano.....RE/MAX...703-798-2696
4408 Weyburn Dr.....\$528,500...Sun 1-4.....Jim Leslie.....NBI...703-642-2787
4853 Randolph Dr.....\$500,000...Sun 1-4.....Becky Gehl.....Weichert...202-439-7122
4525 Little River Run Dr.....\$345,000...Sun 2-4.....Joan Sutton.....Century 21...703-402-7626
7811 Ridgewood Dr.....\$739,900...Sun 1-5.....Maria Delgado.....RE/MAX...571-241-5067

Kingstowne/Alexandria

6038 Ashby Heights Cir.....\$649,000...Sun 1-4.....Monina Diaz.....NextDoor...703-581-4267
6905 Chiswick La.....\$289,900...Sun 1-4.....Susan Gurny.....Weichert...703-609-6393
7412 Gillingham Row.....\$513,000...Sun 1-4.....Judith McGuire.....Long & Foster...703-581-7679
6007 Kestner Cir.....\$390,000...Sun 1-4.....Malia Eckert.....Long & Foster...703-573-2600
6103 Wigmore La, #K.....\$294,750...Sun 1-4.....Heike Coates.....Coldwell Banker...703-408-0076

Oak Hill

3201 Navy Dr.....\$895,000...Sun 12-3.....Kim McClary.....Long & Foster...703-929-8425
3154 Mary Etta Ln.....\$1,493,850...Sun 1-4.....Keith Harris.....Samson...703-395-6601

Gainesville

13891 Crabtree Way.....\$439,900...Sun 1-4.....Mary LaRoche.....Long & Foster...703-919-0747

To add your Realtor represented Open House to these weekly listings, please call Karen Washburn at 703-778-9422 or E-Mail the info to kwashburn@connectionnewspapers.com
All listings due by Tuesday at 3 P.M.

SCHOOLS

General Dynamics and the Wildcat Athletic Boosters will present the 7th Annual Wildcat Classic Golf Tournament on Tuesday, June 7 at Westfields Golf Club in Clifton. The format will be a 4-player captains' choice (or scramble) and will be flighted to recognize both low gross and net. It will feature a \$10,000 hole-in-one and \$2,500 putting contests. Visit www.cvhs.org and click on the tournament link in the upper right.

Congratulations to the team from St. Andrew the Apostle Catholic School in Clifton who, for the second year in a row, won first place at the Diocesan Battle of the Books Competition on May 11. Winning team members, who mastered 16 books of eight different genres, include Rebecca Skouby, Erica Markel, Andrianna Starnes, Hannah Freivald, and Natalia Lopez. Other participants in this year's Battle of the Books include Johnathan Pezzella, Cristina Ibanez, Anthony Saab, Jon Sloten, Paige Travers, Brooke Blaney, Chris Sloten, and Benjamin Hunter. Mrs. Robertson, librarian, and parent leaders, Diana Skouby and Hazel Hunter, did a wonderful job in preparing the team for this diocesan-wide annual competition.

Chris Sloten, eighth-grade student at St. Andrew the Apostle School, was awarded "Outstanding Musician" for 2010-2011 by Mr. Stickeler, Band Director, for his outstanding technical ability and diligence as a percussionist. Chris was also chosen to perform in the Diocesan Honor Band at Bishop Ireton High School as a result of his superior percussion skills. He will be in the Symphonic Band at Centreville High School in the fall.

Some 530 Centreville High School seniors participated in North-west Federal Credit Union Foundation's

Reality Store, learning just how important it is to successfully manage money.

Created to provide students with a sense of what it's like in the real world, the Reality Store is a budget simulation workshop where students are assigned a future life scenario which includes financial and familial status. With their life laid out for them, students navigate through a budget by making choices on everyday living expenses, such as housing, transportation and food. The students were assisted by NWFCU volunteers, including employees, credit union and community members who were eager to share their expertise with the students.

The following Centreville High School Business Department students have recently earned Industry Certification in Internet and Computing Core (IC3) certification. Students were required to pass 3 levels of computer knowledge including Computer Fundamentals, Key Applications and Living Online. Congratulations to the following: Maaz Ahmad, Sabal Arora, Sabal Bangura, Tommy Cramp, Bianca Dizon, Kelsey Dunn, Alyssa Fuhrer, Ethan Graham, Shivam Gupta, Joe Harner, Mohamed Hassan, Kai Jackson, Ahmadi Key, Megan McAuliffe, Carlos Morrobel, Esther Nam, Maria Nasir, Chris Nguyen, Nhut Nguyen, Van Saharya, Darius Saunders, Apoorv Sekhawat, Kiran Sethi, Martell Ta, Collin Thorp and Brian Worley.

Teacher Jamie Sawatzky is seeking members of the Greatest Generation to share their stories with the latest generation at Rocky Run Middle School in Chantilly on Thursday, June 9, at the school's annual World War II oral history day. Rocky Run welcomes both veterans and civilians to join the more than 80 participants already scheduled to attend.

Contact Sawatzky at 703-802-7700 or jsawatzky@fcps.edu.

Paul Karl Grinups Jr., son of Paul and Sharlean Grinups of Centreville, graduated Cum Laude from Virginia Tech with a Bachelors of Arts degree in History and a minor in Political Science on May 14. Paul was accepted into the one year Graduate program at Virginia Tech. He will be pursuing a Master's degree in Education. Paul was a 2007 graduate of Westfield High School.

Westfield High School has won its third Wachovia Cup for Academics in Group AAA, awarded by the Virginia High School League (VHSL). The school won previous Wachovia Cups in 2007 and 2010. Winners of the Wachovia Cup are determined by a point system based on performance in VHSL state competitions. Schools earn academic activity points for outstanding participation in scholastic bowl, creative writing, theater, forensics, debate, newspaper, yearbook, and magazine. Westfield High scored a significant number of points in the following VHSL programs: debate, magazine, yearbook, newspaper, forensics, and creative writing.

Philip Lee Shapiro of Centreville was recently honored with the 2011 Academic Excellence Award from Ferris State University in Michigan. Philip, a senior in the College of Engineering Technology, has earned a place on the dean's list for four consecutive semesters.

"Oceans 20 Eleven", the drug- and alcohol-free, all-night graduation party will take place at the Dave and Busters on the night of graduation, Tuesday, June 21 from midnight - 4 a.m. Busses will depart CVHS at 11 p.m. Students will return at

5 a.m. Included in the price of the ticket are transportation, unlimited food and drink, \$30 preloaded game card, casino, bowling, pool, music, and prizes. Buy your ticket now for the price of \$70. To complete the registration form and download rules and permission forms, visit the CVHS website. These forms need to be submitted to the All-Night Graduation Party box located in the CVHS main office by June 13. For more information, contact Kristine Kruse at kpk.kruse@gmail.com.

Therese Burke, a resident of Centreville, graduated from Providence College with a bachelor's degree in psychology.

Alexander Pepper, a senior Political Science major, has been named to the Dean's List with High Distinction at Grove City College.

Matthew Litton, a sophomore Electrical Engineering major, has been named to the Dean's List with Distinction at Grove City College.

Caroline A. Border, a resident of Centreville, graduated from University of Mary Washington with a B.A. degree in anthropology.

Cami S. Craig, a resident of Centreville, graduated from University of Mary Washington with a M.Ed. degree in master of education.

Amanda J. Hartzell, a resident of Centreville, graduated from University of Mary Washington with a B.S degree in business administration and Spanish.

Lilian Hu, a resident of Centreville, graduated cum laude from University of Mary Washington with a B.S degree in

business administration.

Erin M. Lombard, a resident of Centreville, graduated cum laude from University of Mary Washington with a B.A. degree in historic preservation.

Samantha M. Luffy, a resident of Centreville, graduated cum laude from University of Mary Washington with a B.S degree in biology.

Harneet Othee, a resident of Centreville, graduated from University of Mary Washington with a B.S degree in business administration.

Elizabeth C. Reed, a resident of Centreville, graduated from University of Mary Washington with a B.A. degree in English.

Ryan Michael Taibl, a resident of Centreville, graduated from University of Mary Washington with a B.S degree in business administration.

Bryan D. Clark, a resident of Centreville, graduated cum laude from University of Mary Washington with a B.A. degree in history and philosophy.

Christina M. Elder, a resident of Centreville, graduated from University of Mary Washington with a B.A. degree in international affairs and geography.

Heather J. McGrath, a resident of Centreville, graduated magna cum laude from University of Mary Washington with a B.A. degree in English.

Alexander Pepper of Centreville, graduated from Grove City College with a Bachelor of Arts degree in Political Science and Economics.

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Chantilly

13891 Metrotech Drive
Chantilly, Virginia 20151
Phone: 703-502-3925

Gainesville

7380 Atlas Walk Way
Gainesville, Virginia 20155
Phone: 571-261-9367

Potomac Mills

2840 Prince William Pkwy.
Woodbridge, VA 22192
Phone: 703-583-5340

ENTERTAINMENT

To have community events listed in *Centre View*, e-mail to centreview@connectionnewspapers.com. Call Steve Hibbard at 703-778-9412.

TUESDAYS AND THURSDAYS

Centreville Stitchers welcome adults who enjoy knitting, crocheting, or other needlework crafts and conversation. Join us at the Centreville Regional Library, 14200 St. Germain Dr., Centreville, VA. Admission is free. If you have any questions, contact Jo at 703-803-0595 or email joknitter@verizon.net.
Tuesday, June 14 — 6:30 to 8:30 p.m.
Thursday, June 23 — 1:30 to 3:30 p.m.

MONDAYS AND WEDNESDAYS

ZUMBA Classes. 7 to 8 p.m. Latin based dance fitness class. The first class is free; afterward it's \$7-\$9 per class. At Cornerstone Montessori School, 4455 Brookfield Corporate Drive, Suite 201, Chantilly. Visit www.gozumbafun.com.

JUNE 3 TO JUNE 26

"Wicked" Promotions. Visitors to Fair Oaks Mall can delight in Wicked exhibits, offers from retailers, giveaways, ticket promotions and other offerings to celebrate and promote the show. At Fair Oaks Mall, to coincide with its run at The Kennedy Center from June 15 through Aug. 21.

FRIDAY/JUNE 3

Swing Dancing. 9 p.m. to midnight. Admission is \$15. With Gina DeSimone and the Moaners. Drop-in beginner swing lesson 9 p.m. to midnight. At the Hilton Washington Dulles Airport Hotel, 13869 Park Center Road (Route 28 near the airport), Herndon.

Auditions. Dance Competition Team. Ballet trained dancers perform Jazz, Lyrical, Tap, Contemporary.
5 - 5:45 p.m. ages 8 and under; 6 - 7 p.m. ages 9 - 11;
7:15 - 8:15 p.m. ages 12 and up; (ages as of Jan. 1, 2012); Auditions held at Creative Dance Center in Chantilly. Call Ginny at 703-378-1800. Visit www.CDCdance.com

SATURDAY/JUNE 4

Auditions. Chantilly All Stars. Competitive Jazz and Lyrical. 9:30 a.m. - 12:30 p.m. Middle School and High School Age (6th - 12th grades). Call 703-378-1800. Visit www.CDCdance.com. Auditions held at Creative Dance Center, Chantilly.
SuperDuper! 2011. From 8 p.m. to midnight. Tickets are \$8. A benefit concert for Charity Music, an instrument donation nonprofit company that helps children get the musical instruments that they need. At Frying Pan Park, 2790 West Ox Road, Herndon.

"Despicable Me." 7:45 p.m. gates open. Chantilly High School SGA presents: Screen-on-the-Green showing "Despicable Me." Movie starts 8:30 p.m. On the football field to raise money for turf. Admission is \$3 per person.

JUNE 4 AND 5

Spring Rose Show. Saturday, June 4 from 1 to 6 p.m.; Sunday, June 5 from noon to 4 p.m. Hosted by the Arlington Rose Foundation. Experts are available to answer rose culture questions. At Merrifield Garden Center, 12101 Lee Highway, Fairfax. Call 703-371-9351 or pam1powers@aol.com.

Vintage Virginia Wine Festival. Features 60 wineries with 400 select vintages. Featuring soul singer Bettye LaVette as well as jazz and R&B entertainers, including Jon Cleary. At Bull Run Regional Park Special Events Center in Centreville. For tickets or questions, visit vintagevirginia.com or call 888-VA-FESTS.

SUNDAY/JUNE 5

Musical Concert. 7 p.m. Cellist Jason Lee, a student of Berklee School of Music, will perform Piano Duet &

Brahms Cello Sonata in E minor Op. 38. Other featured performers are members of CUMC and students of Hyunsun Lim, who is directing the program. At Centreville United Methodist Church, 6400 Old Centreville Road, Centreville.

MONDAY/JUNE 6

SCAN Golf Tournament. Tee-Off Fore Children and Families Golf Tournament. At Westfields Golf Course in Clifton. There are still foursome slots available as well as space in the new clinic. Visit: www.scanva.org/golf.htm

JUNE 9 AND 10

Broadway Pops Concert. The CVHS Choral Department will hold its annual Broadway Pops Concert on Thursday, June 9, and Friday, June 10, at 7:30 p.m. in the Skip Maiden Theatre at Centreville High School. The choirs will sing selections from "Oliver", "Once on This Island", "Thoroughly Modern Millie", "Hairspray", "The Color Purple", "Strike Up the Band", "Girl Crazy", and "Porgy and Bess". There will also be individual solo performances by senior choir members. Tickets are available at the door — \$5 for adults and \$3 for students. A reception will follow the concert.

FRIDAY/JUNE 10

Swing Dancing. 9 p.m. to midnight. Admission is \$15. With the band, Atomic Swing Club. 8:30 to 9 p.m. drop-in beginner swing lesson; 9 p.m. to midnight dancing. At the Hilton Washington Dulles Airport Hotel, 13869 Park Center Road in Herndon.

SATURDAY/JUNE 11

Yard Sale Fundraiser. 8 a.m. to noon. Boy Scout Troop 1257 is hosting a yard sale featuring toys, clothing, household items, electronics, bikes, CDs, DVDs, video games, books, and more. At Church of the Epiphany, at Fairfax County Parkway and Franklin Farm Road.

Super Science Saturdays. 10 a.m. to 3 p.m. Free. The theme is "Communications." Super Science Saturdays take place from 10 a.m. to 3 p.m. on the second Saturday of each month, offering activities focused a different science concept. Through demonstrations and hands-on activities, visitors will become immersed in science, technology, engineering and mathematics (STEM) topics related to aviation and space exploration. At the National Air and Space Museum, Steven F. Udvar-Hazy Center, 14390 Air and Space Museum Parkway, Chantilly. Visit: <http://www.nasm.si.edu/events/superscience/>.

Uganda Choir Performs. 7 p.m. At Oakton Baptist Church in Chantilly.

FRIDAY/JUNE 17

Swing Dancing. 9 p.m. to midnight.

Admission is \$15. With the band, Rockin' Bones. 8:30 to 9 p.m. drop-in beginner swing lesson; 9 p.m. to midnight dancing. At the Hilton Washington Dulles Airport Hotel, 13869 Park Center Road, Herndon.

Clifton Elem. Open House. 5 to 7 p.m. Clifton Elementary School will celebrate its legacy of academic achievement, cherished memories, and its relationship with the Clifton community during an open house. Student artwork and writing will be on display, along with memorabilia from previous years. There will be a multimedia presentation along with music and light refreshments. All former and current Clifton Elementary School students, staff, parents, and community members are invited to attend the event. Call 703-988-8000.

SATURDAY/JUNE 18

Become a Pilot Family Day. 10 a.m.-3 p.m. Smithsonian National Air & Space Museum Udvar-Hazy Center, 14390 Air and Space Museum Parkway, Chantilly. An outdoor aviation display with dozens of visiting vintage, recreational, military and home-built aircraft. Meet the experts, live performances, hands-on activities, story times, tours and book signings. 202-633-1000 or <http://airandspace.si.edu/HazyFamilyDays>

MONDAY/JUNE 20

Healthcare Law Discussion. 7:30 p.m. Galen Institute president Grace-Marie Turner will speak about the new healthcare law at the Republican Women of Clifton (RWC) meeting. She will do a book signing of Why ObamaCare Is Wrong for America, which she co-authored. At Centreville High School.

JUNE 24 TO 26

Vacation Bible School. The Children's Ministry Department of Jubilee Christian Center will have a Vacation Bible School, with a theme of "Pandamania," at the church on Friday, June 24, 7-9 p.m., Saturday, June 25, noon-3:30 p.m. (includes lunch); and Sunday, June 26, 10 a.m.-12:30 p.m. and 6-8 p.m. VBS is for children ages 3 yrs - 6th grade (currently), and costs \$5 (includes T-shirt). Pre-registration deadline is June 19. Jubilee is located at 4650 Shirley Gate Rd, Fairfax. Call 703-383-1170, or see www.jccag.org

SATURDAY/JULY 9

Obon Summer Festival. 5:30 to 9 p.m. Festival activities include Japanese folk dancing, taiko drumming performed by Nen Daiko, Hawaiian music and Hula dancing performances from The Aloha Boys band, a candle illumination ceremony, kid's games and crafts. At Ekoji Buddhist Temple, 6500 Lake Haven Lane, Fairfax Station. Visit www.ekoji.org.

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Route 29 Bridge Replacement over Little Rocky Run Fairfax County Design Public Hearing

Wednesday, June 15, 2011, 5 – 8 p.m.
A brief presentation will begin at 6 p.m.
VDOT Northern Virginia District Office
4975 Alliance Drive, Fairfax, VA 22030

Find out about the proposed replacement of the Route 29 bridge over Little Rocky Run in Fairfax County.

Review project information and the environmental document in the form of a programmatic categorical exclusion at www.virginiadot.org, at the public hearing, or at VDOT's Northern Virginia District Office at 4975 Alliance Drive in Fairfax. Please call ahead at 800-FOR-ROAD (800-367-7623) or TTY/TDD 711 to ensure the availability of appropriate personnel to answer your questions. Property impact information, relocation assistance policies and tentative construction schedules are available for review at the above address and will be available at the public hearing.

In compliance with the National Historic Preservation Act, Section 106 and 36 CFR Part 800, information concerning the potential effects of the proposed bridge replacement on properties listed in or eligible for listing in the National Register of Historic Places will be available at the hearing.

Give your written or oral comments at the hearing or submit them by June 26, 2011 to Mr. Leonard "Bud" Siegel, P.E. at the VDOT District Office address above. You may also e-mail comments to meeting_comments@vdot.virginia.gov. Please reference "Route 29 Bridge over Little Rocky Run" in the subject line.

VDOT ensures nondiscrimination and equal employment in all programs and activities in accordance with Title VI and Title VII of the Civil Rights Act of 1964. If you need more information or special assistance for persons with disabilities or limited English proficiency, contact VDOT's Civil Rights Division at the above phone numbers.

State Project: 0029-029-128 P101, R201, C501, B608
Federal Project: BR-5401(896) UPC: 77322

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PEOPLE

Bull Run Celebrates Literacy with 'Read Under the Stars'

Bull Run Elementary School families and staff enjoyed a fun evening as they celebrated reading together on May 9 with "Read Under the Stars." Community firefighters from Fire Station 438 and pediatrician Dr. Beth Ann Flynn read and told favorite stories in Bull Run's outdoor classroom, while parent volunteer Shafrik Bastowrous played his guitar for participants who explored the rhythms of language on the blacktop.

Several staff shared their love of reading by dressing up as their favorite storybook characters and performing for the children.

Children and adults were encouraged to trade a previously read book for a new one at a book swap.

Fifth grade parents sold pizza during the event to defray the cost of next year's Camp Highroads trip and s'mores were enjoyed by all as Mrs. Miller, Mr. D'Amato, Mrs. Fallen, Mrs. Besalel, Mrs. Baumgartner, and Mrs. Vanison entertained the crowd with a good night song and story.

Fourth grader Anastasia Carvalhais won the color Nook raffle.

The Luckstone Corporation supported the event by donating the color Nook, two Barnes & Noble gift cards, and money towards the cost of the s'mores.



Bull Run kindergartners participate in the Book Swap.



Connie Mayhugh and teacher Judy Wetzel tell stories.



Bull Run 5th Graders recycling books at the Book Swap



Essayist

Centreville resident Benjamin Noble, a senior at Capital Baptist Co-op, received recognition for being selected for the best essay in the Virginia Daughters of the American Revolution District V Christopher Columbus essay contest. The contest was open to students in grades 9 through 12. Lane's Mill Chapter Vice Regent Heidi Haynes congratulated Ben on his accomplishment.

Creating Vegetable Garden Beds

Troop 146 Eagle Scout candidate Matt Seabrook recently completed a project that will help the students at his former elementary school learn about "going green" with the completion of four raised vegetable garden beds and a fence around the beds for protection from wildlife. Matt, a 17-year old junior at Centreville High School, started planning his project back in November 2010 with Assistant Principal Adam Erbrecht — who was Matt's 5th grade teacher at Colin Powell Elementary School. Completion of the beds took place on Sunday, May 15. The volunteers that came out to support and work the project were the Scouts and Parents of Troop 146 as well as Matt's friends, family and neighbors. Whole Foods Market in Fair Lakes is a local business partner with CPES and donated 5 percent of their sales from a day in April toward the project.





Sophomore Michael Balint plays lead guitar and senior Nick Carroll plays drums.



PHOTOS BY BRYAN FITT

Ryan Lawrence provides vocals during a face-melting cover of "Abstract Art" by Born of Osiris.



Sophomore April Lee brought the crowd to their feet with her performance of "Love Where is Your Fire" by New Zealand folk-pop musician Brooke Fraser.



Christian Mavakala, Andrew McLenigan and Kevin Syu perform during the concert.

Centreville High Hosts Gumbo XIX Concert

Centreville High's Performing Arts Department showcased its students' talents during "Gumbo XIX" in the Skip Maiden Theatre on Friday, May 6. Perform-

ing Arts Department Chair and Director of Guitar Studies Bill Burke organized the concert, which was kicked off with instrumental performances by two Wildcat Guitar Ensembles, each with 35 students playing their

guitars in tandem. Following this, the concert featured 33 additional musical acts performed by soloists, duets or groups of musicians, some featuring vocalists, some instrumental only. Featured music genres

included folk, heavy metal, Latin, retro pop, adult contemporary, metalcore and punk, plus two pieces composed by CVHS students Sarah Nawab and Ridi Ilunga, and one composed by Burke.

WHS Students Perform in Boston

Members of the Westfield High School Orchestra and Guitar classes recently toured the 214-year-old USS Constitution in Boston, followed by a tour of Fenway Park, the Boston Aquarium, a performance of "Shear Madness" and the "Blue Man Group," both of which involved members of both WHS groups.

The highlight for the Orchestra students was a workshop with Boston Symphony Orchestra Assistant Conductor Sean Newhouse.

They finished up with a performance of the Boston Symphony Orchestra with con-

ductor Stephane Denevea featuring Jonathan Biss on the piano performing Beethoven's "Piano Concerto No. 5," the "Emperor Concerto."

Westfield's guitar students visited Berklee College of Music and attended a clinic/workshop at New England Conservatory with NEC guitar faculty member Robert Sullivan.

Westfield guitars then reprised their NEC visit with a free concert. On their last night, select members of Westfield's Jazz Guitar Ensemble attended an all-ages open jazz jam session at the famed Wally's Jazz Club.



PHOTO BY BONNIE COWDERY

Westfield High School Guitar students preparing to perform at the New England Conservatory.

Gaines Pitches Westfield into Region Semis

Westfield sophomore, Bulldog defense gets out of trouble in first three innings.

BY JON ROETMAN
CENTRE VIEW

Westfield pitcher Keona Gaines was far from unhittable. Facing Woodson in the regional quarterfinals, Gaines surrendered eight hits in the first three innings, continually pitching her way into trouble with the Bulldogs' season on the line. But each time Woodson was ready to blow the game open, the Westfield sophomore came up clutch.

Gaines limited the Cavaliers to two runs, surrendered only one hit during the final four innings and Westfield won 4-2 at Falls Church High School to advance to the regional semifinals. Gaines finished with 11 strikeouts, including six of the damage control variety in the first three innings that helped leave five Cavaliers stranded on base.

I was "just trying to hit my spots," Gaines said. "A strikeout would be nice, but really [I'm] just trying to hit my spots and focus in."

In the first inning, the first three Cavalier batters reached base, but Woodson man-



Westfield sophomore pitcher Keona Gaines struck out 11 during a May 30 victory against Woodson in the regional quarterfinals at Falls Church High School.

aged just one run as Gaines struck out the next three hitters.

Woodson sent four batters to the plate in the second inning and came away with three hits and a sacrifice bunt, but failed to score due to a pair of baserunning mistakes.

The Cavaliers opened the third inning with three consecutive hits, but again managed just one run as Gaines struck out the next three batters.



Westfield advanced to the regional semifinals with a 4-2 win against Woodson on May 30.

"She got us when she needed to," Woodson head coach Robert Coleman said. "We were putting it in play and then she came up with the big pitch when she needed to. She did a great job."

How did Gaines stay focused with so many runners on base?

"I just black everything out," she said. "It's just me and my catcher playing catch. [I'm] just hitting spots ... and just really focusing

in. That's the biggest thing: the focus. Don't let anything else distract you."

After pitching her way out of jams and getting help from her defense in the first three innings, Gaines settled down and allowed just one base runner during the final four frames.

"I'm so proud of her mentality up there on the pitcher's mound," senior shortstop Jessica McNamara said. "Nothing scares her. We're very proud of her."

With the game tied 2-2 in the bottom of the fifth inning, Carrie Otroba put Westfield ahead to stay with a two-out RBI single. A second run scored on the play due to a Woodson error.

Westfield trailed by two runs early, but tied the score at 2-2 in the third inning. After a two-out RBI single by Alex Bohrer got the Bulldogs on the board, McNamara battled through an eight-pitch at bat to tie the score. McNamara fouled off four two-strike pitches before blasting a run-scoring double off the left-field wall.

"Great at bat," Westfield head coach Dean Ferrington said. "She's been doing that all year." McNamara said her approach changed during the at bat when she saw a pitch on the inside part of the plate that she could drive.

"I could tell which [pitches] I was going to foul off," she said. "I knew I had to swing because I didn't know if [the umpire] was going to call me out on it. I was definitely defensive swinging at the pitches I knew I couldn't hit, but once I saw that [inside pitch] come in I knew" I could drive it.

PHOTOS BY LOUISE KRAFFT/CENTRE VIEW

Twisters F5 Cheer Team Wins Gold at Worlds

Centreville's Mariah Rivera a part of extraordinary outfit.

BY KAREN FULKERSON
SPECIAL TO THE CENTRE VIEW

The Maryland Twisters F5, a 36-member all-star competitive cheerleading team based in Glen Burnie, Md., won the Gold Medal at the 2011 Worlds Cheerleading Championships, held April 28-May 2 in Orlando, FL.

Winning the Gold Medal at Worlds was the culmination of a tremendous amount of hard work and competition for the F5 team's athletes; they have competed throughout the past year in many regional competitions. Their performances in those regional events garnered them the opportunity to compete at the National level in Indianapolis and Dallas over the winter. Their performance at Nationals in Dallas this past February earned them a fully paid bid to compete at the Worlds Championships three weeks ago. They were one of only 14 teams nationwide to qualify to compete at this event. And they were the ones to come away with the Gold Medals.

Five of the Maryland Twisters F5 teammates hail

from Northern Virginia, and one attends Centreville High School.

Mariah Rivera is a member of Centreville's Class of 2011. She has spent the last four years cheering for the Wildcats' football team, in addition to her involvement during her high school junior and senior years with the Twisters F5 team.

These activities seem to be a natural progression from her earlier years. Prior to beginning her high school career, Mariah spent nine years training as a competitive gymnast. Now that she is almost a graduate, cheering won't be ending for her. In August, she will continue her student-athlete experience as a collegiate across the Potomac River at the University of Maryland in College Park.

The Terrapins' Athletic Department recruited her and 13 others to join their Competitive Cheer Team. In her time on the Maryland campus, Mariah, when not cheering, expects to major in psychology and sociology.

CHEERING SEEMS to be in the Rivera blood. Mariah's younger sister, Carisa, is a junior at Centreville High and also a member of Centreville's varsity cheer squad. To round out the family ties, Mariah's mother, Tootie, is entering her fifth year as Centreville's varsity cheer coach, having been a cheerleader at Florida State University during her

SEE RIVERA, PAGE 18



The Rivera family was recognized at Senior Night during a Centreville High home football game last October. From left, Mariah, father Frank, younger brother Michael, mother Tootie, and Centreville High junior Carisa Rivera.

PHOTO COURTESY OF RIVERA FAMILY

SPORTS



PHOTO COURTESY OF FRANK AND CASMERE KISTNER

Centreville High 2011 Lady Wildcats varsity tennis team coaches and seniors, left to right: Coach Karen Rice, Shauna Kistner, Coach Leslie O'Connor, Astrid Unson, Christina Park, Cheryl Mazmanian, Coach Terry Hicks, and Sarah Nguyen.

CVHS SPORTS NOTEBOOK

BY KAREN FULKERSON

A Recognition of Girls Tennis Seniors: CVHS Coaches Leslie O'Connor, Karen Rice and Terry Hicks want to recognize, one last time before they graduate, the Class of 2011 Lady Wildcat members of this spring's Varsity Tennis team. "They are incredible ladies and (deserve) a final recognition for all of their effort," said Coach O'Connor.

The Lady Wildcats tennis team ended their season with a 6-4 record, having beaten District rivals Herndon, Chantilly and Westfield HS twice each.

In Concorde District honors, Cheryl Mazmanian and Sarah Nguyen were voted onto the First Team for their position at No. 2 Doubles, as were Shauna Kistner and Astrid Unson for their position at No. 3 Doubles. Mazmanian and Unson were also voted onto the Concorde District Second Team for their efforts in the No. 2 and No. 6 Singles positions, respectively.

All-District Boys' Soccer Ac-

colades: Congratulations to the following CVHS Varsity Boys soccer team members for receiving All-Concorde District Honors: 1st Team: Connor Coward, Tyler Lawrence; 2nd Team: Haywaad Ahmadzai, Jake Straub, Luis Navarro, Adam Beaton; Honorable Mention: Tommy Cramp, Andres Garcia.

All-District Softball: 1st Team All Concorde District - 3rd base, Lexi Murdock; Short Stop, Kara Love; Outfield, Cara Donovan; 2nd Team All Concorde District - 2nd Base, Hayley Holmes, 1st Base, Lauren Knoble.

All-District Boys Lacrosse: Congratulations to the following CVHS Varsity Boys Lacrosse players who were named to the All District Lacrosse Team for the Concorde District: Zach Sikora, Junior - 2nd Team Midfield; Shane Kehl, Senior - Honorable Mention Attack; Austin Erickson, Senior - Honorable Mention Attack; Andy Balberde, Sophomore - Honorable Mention Midfield; Zack

Fenstermacher, Senior - Honorable Mention Defense; Antonio Choi, Sophomore - Honorable Mention Defense. Additionally, the Wildcats also earned the Concorde District Sportsmanship Award for the 2011 season.

IN THE QUARTERFINALS of the Concorde District Boys' Soccer Tournament, the Centreville Wildcats won in penalty kicks, 4 to 3, against the Westfield Bulldogs. The Wildcats were up 1-0 when severe weather delayed the game for over an hour. After play resumed, Westfield tied the score on a penalty kick in the second half, leaving the teams tied at the end of regulation. The teams battled through two, five minute overtime periods and two, five minute sudden death overtime periods with no additional scores, leading to penalty kicks to determine the victor. Connor Coward, Andres Garcia, Tyler Lawrence, and Ravi Marwaha scored the penalty kicks for the Wildcats, with Adam Beaton making the game saving stop on Westfield's 4th kicker.



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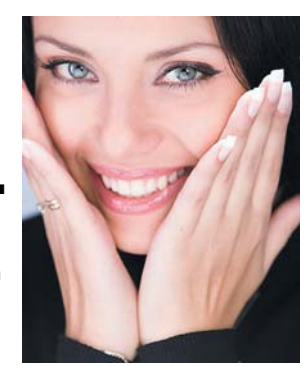





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SPORTS



PHOTO COURTESY OF RIVERA FAMILY

Centreville High senior Mariah Rivera (left) and her mother, Tootie Rivera, the Centreville varsity cheer coach.

Rivera

FROM PAGE 16

college career.

The four other young women from Northern Virginia who helped the Twisters F5 team win the gold are Brittany Burkhard (Heritage High), Olivia Hathaway (Chantilly High), Valerie Rubenstein (Stone Bridge High) and Jazmin Vincent (Washington & Lee High). Videos of the team performing in competitions both this year and last year can be found on YouTube.

Mariah and her teammates found that, despite the pressure of performing in front of thousands of cheering spectators and live television cameras, they remained calm and focused. That clarity of mind enabled the team to secure first place on the first day of the Worlds competition, which comprised 40 percent of their total score.

The top seven of the 14 teams then advanced to the second day's Finals Competition, which counted 60 percent of their total score. Routines were judged based on tumbling, stunting, jumps and dance. And in a nearly flawless performance on the second day, the Twisters F5 team outperformed their competitors to their Gold Medal and Title.

SPORTS NOTES

The **Braddock Road Youth Club Basketball Summer House League** for boys and girls, ages 7 to 18, will start up the week of June 27. Games will be played Monday through Thursday nights at local schools, typically one to two games per week. The season will run into the first week in August. It is a great opportunity to improve basketball skills and have fun in the off season! Cost is \$90. For more information and to register please visit the website at www.brychoops.org.

The 4th Annual **"We've Got Your Back" 5K Run/Walk**, held on Saturday, May 14 in Reston, attracted more than 600 participants and raised more than \$100,000 for the Spinal Research Foundation (SRF).

The May 14 race was hosted by the Virginia Spine Institute (VSI). U.S. Rep. Jim Moran and Del. Tom Rust spoke at the opening ceremonies. Rust presented a Letter of Commendation on behalf of the Virginia House of Delegates.

Rocky McIntosh of the Washington Redskins and James Thrash, a former Redskin, also appeared and spoke about their personal victories over neck and back pain and how spinal treatment helped them as football players.

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In a Manner of Speaking



By KENNETH B. LOURIE

Being a cancer patient is a full-time, mental job. Whatever I feel physically pales in comparison to what I think mentally. Any occasion that gets me off the cancer track is welcome relief, whether I realize it or can admit it at the time. These mental diversions are particularly helpful when they arrive when I least expect them, as when I'm doing something cancer-specific: pre-chemo lab work, chemotherapy, scheduling and/or experiencing my diagnostic scans, waiting for the results of those scans and of course, having my regular appointment/examination with my oncologist.

And so it happened the other day when I was sitting in the waiting room at my HMO to have my pre-chemo lab work completed. Not that much seems to be indicated with my lab work anymore (it's much more serious during the heavy chemotherapy, especially white- and red- blood cell counts which are closely monitored), but occasionally – over the past 18 months, I have received call backs concerning my levels of creatinin, magnesium and bilirubin, among others. Nevertheless, I never took any of it too seriously, well, not nearly as seriously as when I was being infused with a chemotherapy cocktail (three different drugs) administered once every three weeks for approximately six hours and being examined every three weeks and scanned every 12 weeks. I'm sort of past all that now, until I'm not, if you know what I mean, so it's no longer a major focus at present.

Still, I am under treatment, still terminal and still a statistical anomaly: still alive. And as much as I try to forget the underlying facts of my case: stage IV lung cancer, it's rather difficult. But I am open to the possibility of a mental meander (sort of a "walkabout" for your brain, to quote Crocodile Dundee). While sitting outside of the lab waiting for my name to be called, I picked up a tattered copy of "Parents Magazine" from the table adjacent to where I was fidgeting, to help pass the time. Not having my "cheaters" (reading glasses) with me, I couldn't quite make out – from arm's length, anyway, the articles/headlines printed on the front cover. As I drew it closer however, I could read the headline that most interested me and one which had absolutely nothing to do with me having cancer: "25 Manners Kids Should Know By Age 9." Perfect, I thought. I could get a refresher course – and a bit of an escape, and see how I've turned out, common sense/courtesy-wise.

I'm proud to say, I'm doing pretty well. There were really only one or two behaviors of the 25 listed where I could use a little polish. And none of the behaviors had anything to do with cancer. Most had to do with familiar, golden rule-type etiquette, common sense and consideration of others. Exactly – for me, a cancer patient, the kinds of behaviors which are easily forgotten since post-diagnosis, being told it's "all about you now" is a fairly common advisory. Yet cancer shouldn't be an excuse to forget about others and ignore fundamental/foundational-type behaviors, you know the ones that separate us from the animal kingdom, à la the opposable thumb. Cancer may be a killer and an unwelcome guest in any body's home but it's my problem, not yours.

Reading this article about what "a kid needs to know by age 9" made this adult take stock. Sometimes from the mouths of babes (small children) comes wisdom for all ages. Before I even gave thought to how long I had been waiting, my name was called. Not that I stress over these medical appointments anymore, considering that I've had them going on 30 months; still, anything that helps me forget what I'm doing that day and why, is worth mentioning.

Thanks for your time.

Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.

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21 Announcements 21 Announcements

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21 Announcements 21 Announcements 21 Announcements

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BULLETIN BOARD

Smart Markets Centreville kicked off its summer season Friday, May 6 at 5875 Trinity Parkway in Centreville. The guaranteed producer-only farmers' market offers local shoppers a wide array of delicious fruits, vegetables, baked goods, wines and prepared foods. Smart Markets will operate every Friday through the end of October from 3:30-6:30 p.m.

Craft Vendors are needed for the Holiday Bazaar and Craft Fair on Saturday, Nov. 12 from 9 a.m. to 3 p.m. at Centreville United Methodist Church, 6400 Old Centreville Road. Leased spaces for vendors are going quickly. Contact novemberbazaar@hotmail.com or 703-830-2684.

Attention crafters: Save \$10 on

your registration fee when you sign up for the 31st Annual St. Timothy Craft Fair, Nov. 19. Download an application at www.sainttimothyschool.org or call 703-814-7986.

Learn English! Classes now available for adult English-language learners in Northern Virginia. 16 locations meet once or twice a week. Teachers are trained volunteers who support mission of welcoming immigrants to our community. Cost is \$30 to register for these classes at local churches. Visit www.eslim.org or contact English as a Second Language and Immigrant Ministries at 703-841-0292.

Senior Fall Prevention Classes are held in a heated indoor pool and are designed to work on balance and core muscles in order to prevent injuries and

falls. Classes are held Tuesdays and/or Thursdays from 1:30-2:30 p.m.; Mondays and/or Fridays from 2-3 p.m. at The Woodlands Retirement Community, 4320 Forest Hill Drive, Fairfax. Registration required. Call 703-667-9800 to register as space is limited. Cost is \$10 per class.

Parkinson Aquatic Exercise Classes for people living with Parkinson's disease and caregivers meets 10:30-11:30 a.m. Tuesdays and Thursdays, The Woodlands, 4320 Forest Hill Drive, Fairfax. People living with Parkinson's \$10, caregivers \$5. Registration required. Sonia Gow 703-378-7221.

MAY 23 - AUG. 22.

Divorce Care Class. 7-9 p.m. Centreville UMC, Room 215. Cost is

\$12 for workbook. The class meets weekly for 14 weeks and walk-ins at any time during these 14 weeks are welcomed. Call 703-830-2684 ext 1878 for more information.

FRIDAY/JUNE 17

Clifton Elem. Open House. 5 to 7 p.m. Clifton Elementary School will celebrate its legacy of academic achievement, cherished memories, and its relationship with the Clifton community during an open house. Student artwork and writing will be on display, along with memorabilia from previous years. There will be a multimedia presentation along with music and light refreshments. All former and current Clifton Elementary School students, staff, parents, and

community members are invited to attend the event. Call 703-988-8000.

WEDNESDAY/JULY 27

Binge Drinking Forum. 7 p.m. At Westfield High School. Features a screening and panel discussion on the documentary, "Haze," designed for parents and their college-bound teens. Speakers will include Raymond Morrogh, Commonwealth's Attorney for Fairfax County; William Hauda, M.D., emergency physician, Inova Fairfax Hospital; Fairfax County Police Chief David Rohrer and Captain Bruce Ferguson, Commander, Youth Services Division; Jeff Levy, father of a student who died following drinking at a college party; and a college student.

Communities of Worship

To highlight your faith community, call Karen at 703-917-6468

CENTREVILLE

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Warm People ~ Hot Coffee
Come in for a serving of both this Sunday



Centreville United Methodist Church

Sunday Worship Services
8:15 AM
9:30 AM
11:00 AM
Contemporary Service in the ROC
11:02 AM



Worshipping God ~ Serving Others

703.830.2684
www.centreville-umc.org
6400 Old Centreville Road, Centreville VA 20121
Corner of New Braddock Road & Route 28

Sunday Services at Centreville Presbyterian Church



Loving Christ



Loving People



Serving the World

Sunday Worship Services
8:45 a.m. & 11:00 a.m.

www.centrevillepres.com
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Centreville
PRESBYTERIAN CHURCH

Saint Andrew Lutheran Church

Sunday Worship: 8:30 a.m., 11:00 a.m.
Christian Education for All Ages: 9:45 a.m.
Adult Bible Study: Wed. 9:30 a.m.

*Our mission is to welcome all people,
to grow in our relationship with Christ,
and to serve the Lord*

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Centreville, VA 20120
www.saintandrewlc.org
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Centreville United Methodist Church

11:02 AM

Contemporary Worship Service

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Contemporary Music ~ Connections Praise Band

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703.830.2684
www.centreville-umc.org
6400 Old Centreville Road, Centreville, VA 20121
Corner of New Braddock Road & Route 28



Centreville Baptist Church

Worship Services

8:00 & 9:30 am Celebration Service
11:00 am Contemporary Service

Bible Study

9:30 am & 11:00 am

Ministries Include:

Nursery through Elementary, Youth, College Age, Singles, Men, Women, Adult Discipleship, Choir, Awana, Bible Study Fellowship, MOPS (Mothers of Preschoolers), English Language Classes and Spanish Speaking Ministry

Come Join Us!

15100 Lee Highway, Centreville, VA 20120
703-830-3333 www.cbca.org



Mount Olive Baptist Church

New Worship Location Starting March 14, 2010!!
Centreville High School
6001 Union Mill Road
Clifton, VA 20124

A NEW CHURCH IS BEING BUILT!



SUNDAY SERVICE SCHEDULE AT CENTREVILLE HIGH SCHOOL

Sunday School	9:00-9:45 AM
Worship Service	9:45 AM
Children's & Youth Church	10:00 AM
Youth Minister: Rev. Bobby Joe Ford, Jr.	
Wednesday Bible Study	7:00 9:00 PM
(Includes Youth Classes)	

MOUNT OLIVE BAPTIST CHURCH
Administrative Office:
13924 Braddock Road Suite 201
Centreville, VA 20120
Phone: 703-830-8769
Fax: 703-830-6718
Website:
www.mountolive-church.org
Email:
mtolive@mountolive-church.org



Rev. Dr. Eugene Johnson, Pastor

6600 OLD CENTREVILLE ROAD CENTREVILLE, VA 20121