

# Alexandria Gazette Packet



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JULY 7, 2011

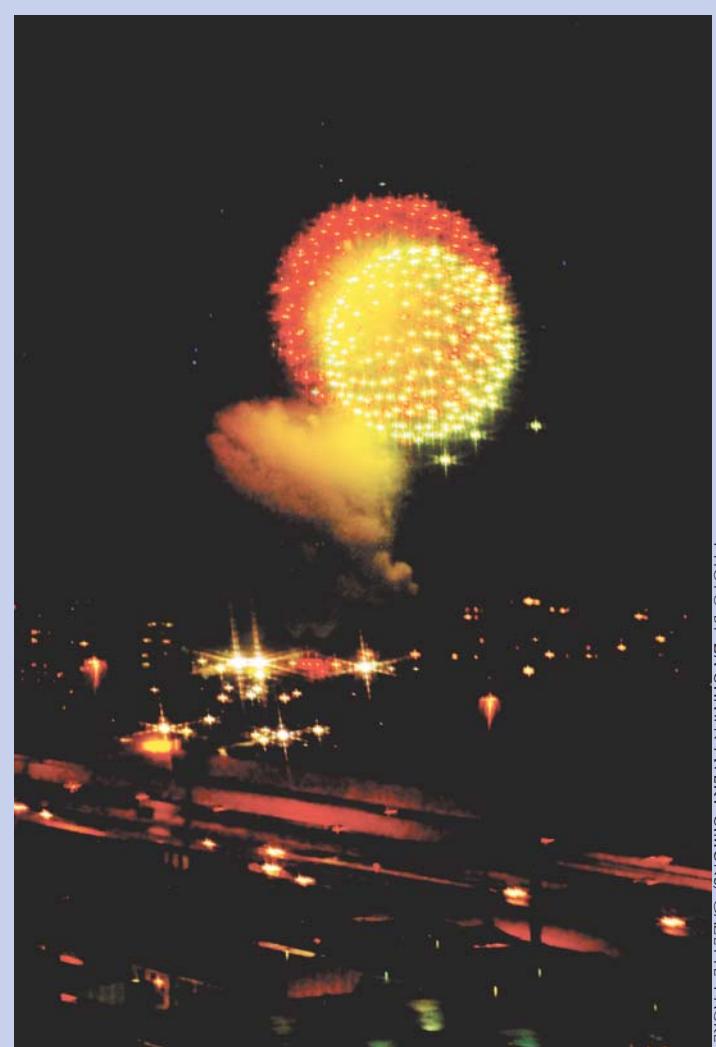


PHOTO BY LA SHAWN AVERY-SIMONS/GAZETTE PACKET

## Marking 235 Years

**Fireworks explode a day early, on July 3, in Alexandria in celebration of Independence Day.**

## Neighborhood Under Siege?

**North Old Town residents confront city officials on noise and crime.**

BY MICHAEL LEE POPE  
GAZETTE PACKET

**C**unshots in the middle of the night. Drug dealing in plain sight. Public urination. Threats of violence. A car set on fire. Screaming and loud music. Litter rolling through the streets. These are some of the things neighbors in North Old Town say are happening in and around public-housing units in Chatham Square and government-subsidized units at Hopkins Tancil.

"It's not what you think of as Old Town," said Jennifer Smith, president of the Gadsby's Court Homeowners Association. "The quality of life has really deteriorated over the last two years."

Nonsense, responds the chairman of the Alexandria Redevelopment and Housing Authority.

"I think their concerns are overblown," said Melvin Miller, long-



PHOTO BY MICHAEL LEE POPE/GAZETTE PACKET

**Originally built in 1942, Hopkins Tancil is subsidized under the Section 8 Moderate Rehabilitation program.**

time chairman of the public housing authority. "I just don't think it's true."

Last month, several North Old Town residents met with city officials, ARAH representatives and police officers at City Hall. The meeting, which was tense at times, allowed residents to express their concerns about what they say is a growing sense of lawlessness on the streets of North Old Town. One woman talked about witnessing people smoking marijuana on the stoop outside her house. Another woman said real estate agents don't want to bring potential homebuyers to the neighborhood because of its reputation.

"My concern is that people are starting to feel safe breaking the law," said Kara Clemens, a resident of Chatham Square. "We'd like to see zero tolerance."

**RESPONDING TO** concerns that their neighborhood is spiraling out of control, several have banded together to form the North Old Town Residents Coalition. By acting as a group, they hope to prompt action by the Alexandria

Police Department and ARHA. Several of the neighbors at the meeting did not want to speak on the record, fearing for their safety. Those who were willing to use their names say things started to change about two years ago, when former Police Chief David Baker stepped down and was replaced by current Police Chief Earl Cook.

"Most of the people who live in these units are very nice, but there is a small bad element," said Smith. "The city and ARHA don't seem to be willing to do anything about this."

This is not the first time that North Old Town residents have raised concerns about a decreasing quality of life in their neighborhood. Back in 2008, a group of neighbors attended a City Council public hearing to complain about a laundry list of problems in their neighborhood — assaults, drug sales, child abuse, public drunkenness, open-container violations, trespassing, vandalism, profanity, littering, loitering, prowling, threats, intimidation, torturing of animals and graffiti.

SEE NEIGHBORHOOD, PAGE 3



EDISON RUSSELL/GAZETTE PACKET

**Brownie with ears raised while owner Sally Nist makes whistling sound.**

to let her know that Brownie was injured and to see if Nist would take care of her. Nist agreed.

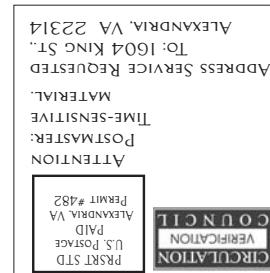
"I tried to catch her a couple of times," Nist said, "but she was a little bit elusive. And I even bought

dog food and everything." Nist had to leave Kosovo before Brownie was well enough to travel, so Brownie stayed with Bev Dewalt, one of Nist's friends, for a month. Brownie attended the grand opening of the new U.S. embassy during that time.

Brownie was pregnant when Dewalt brought her back. After two weeks, Brownie had five puppies. Two of the puppies are with Nist's daughter; another is with Dewalt's parents; and the last two are in Washington with friends of Nist's daughter.

Nist registered Brownie with the American Kennel Club's (AKC) canine partner program under the name "Kosovo Coffee Bean" and

SEE FROM KOSOVO, PAGE 3





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## Waterfront Clique

Later this week, Alexandria Mayor **Bill Euille** will announce members of one of the most elite clubs in the city — the waterfront advisory commission. As the summer months heat up, members of the commission will have the hottest seat in town, presiding over a panel tasked with making a recommendation on one of the most controversial topics in recent memory.

At stake is the future of the three major sites on the waterfront slated for redevelopment. A small-area plan released earlier this year by city planners calls for allowing hotels at the sites and increasing density.

Opponents of the proposal reject the idea that increasing density along the waterfront would be the best course of action, criticizing the document as a blueprint for clogging city streets and creating a parking nightmare.

A majority of City Council members seemed to be on board before they adjourned for the summer recess last week, although they wanted a larger margin of support for the vote to indicate widespread support behind the plan. That left the process at a stalemate, with each side digging in its heels and preparing for a protracted fight. Euille said he felt it would probably be impossible to impanel a group of people who have no opinion on the plan.

"Everybody has an opinion," said Euille, one of the plan's most vocal supporters. "At the same time, we want them to have an open mind."

The advisory group is expected to hold its first meeting later this month. After that, the schedule will be left up to the group. A final recommendation is expected before the end of the calendar year.

"I'd like to see a recommendation by mid-October or early November," said Euille.

## Armed Bank Robbery

In the 1930s, when bankers were universally reviled, bank robbers were considered folk heroes. These days they are considered dim-witted criminals — risking federal prosecution for relatively small amounts of money.

Nevertheless, they continue to be attracted to Alexandria. This week it was the Virginia Commerce Bank on Prince Street. Alexandria police officials say a black male between 30 to 40 years old entered the bank and demanded money shortly after noon on Tuesday. He was wearing a yellow construction helmet, a black sleeveless shirt and blue jeans. Police describe him as 6'1" with a thin build.

"We tell people to hand over the money," said **Margot Mohsberg Johnson**, spokeswoman for the American Bankers Association, in an interview last year. "Don't be a hero. It's not worth it."

According to police statistics, suspects have been arrested in about half of the bank robbery cases over the last six years.

## Clerk Announces Bid

Alexandria's Clerk of Court **Ed Semonian** announced this week that he will be seeking a fifth term, making him the elected official to hold the same office for the longest period of time. (Second place goes to Councilwoman **Del Pepper**, who was elected in 1985; U.S. Rep. **Jim Moran**, who was first elected in May 1979, holds the record for longest serving elected official overall.)

First elected in November 1979, Semonian serves an important if little noticed role. As clerk, he records deeds and issues marriage licenses as well as handling all probate and fiduciary matters. The position has an eight-year term.

"The efficiency and responsiveness of his office are critical to the effective and fair handling of criminal cases in the city," said Commonwealth's Attorney **Randy Senzel**.

"His professionalism and personal work ethic are inspirational, and have earned him the respect, admiration and loyalty of judges, attorneys, his dedicated employees, and citizens who seek his help."

— MICHAEL LEE POPE

## NEWS

# Gorsuch To Lead School Board

## Cited as "an outspoken voice for the disenfranchised."

BY MAYA HOROWITZ  
GAZETTE PACKET

**A**fter a series of seven votes, the Alexandria City School Board elected Sheryl Gorsuch chairman Friday, July 1. To be elected chairman, a candidate must get majority approval. On the nine-member board, this meant five votes.

The problem on Friday was that the vote was split three ways. Helen Morris, Marc Williams and Sheryl Gorsuch were all nominated to be chairman. Speeches were given in support of each can-

didate and each of them was allowed to speak on their own behalf.

Then there was a vote. Four for Gorsuch, three for Morris and two for Williams.

Since there was not a majority, members of the board were again given the chance to speak. Then there was another vote. But no one had changed his or her mind.

After the third vote — and same results — someone made the joke, "we might have to order for lunch." "Or dinner!" another chimed in.

SEE NEW CHAIR, PAGE 22



**School Board Vice Chairman Helen Morris, newly elected Chairman Sheryl Gorsuch and Superintendent of Schools Morton Sherman.**

## Neighborhood Under Siege?

FROM PAGE 1

"We have to discontinue touting Chatham Square as an award-winning community, a jewel in the crown of the city of Alexandria," Clemens told City Council members in a September 2008 public hearing. "The newspapers cannot print puff pieces about what a wonderful neighborhood this is anymore because it's not true."

**AFTER DRAWING attention to the problem,** Clemens said, the situation improved dramatically. The Chatham Square homeowners association even considered discontinuing their private security force. But then the pendulum began to swing in the other direction, neighbors say. They say the problems are

worse now than they've ever been — and they are calling on the police and ARHA to do something about it. "Why are we living like this?" Smith asked city officials last month. "It defies logic."

Although one representative from ARHA suggested that neighbors who were unhappy with living in an urban environment should move to the suburbs, North Old Town residents dismissed that idea. Instead, they said, they would like to see the police take incident reports of problems instead of scattering crowds after a brawl.

"We'd like for everyone to have peace and quiet at home," said Rose Boyd, special assistant to the city manager. "And you have a commitment from the chief of police that he will enforce the law."

## From Kosovo to Alexandria

FROM PAGE 1

entered her into her first rally obedience trial.

Brownie earned the title of "rally novice" June 12 at the Skyline Kennel Club in Staunton, Va. She has two qualifying scores, or "legs," toward the title "beginner's novice." Rally requires a dog to complete 10 to 12 of 20 exercises selected by the judge. The exercises may include weaving around poles, taking three steps forward and sitting, putting the dog in a sit stay, heeling and others.

Nist said that obedience competitions are more objective than others, such as competitions that judge dogs based on their appearance. Points are deducted if a command is issued more than once, if a dog takes too long to perform a task, or if a dog sits the wrong way. Nist is teaching Brownie to heel on a leash and off, to do figure eights around people, and the recall.

Nist entered Brownie in the trials after seeing her progress in obedience training at the Mount Vernon Dog Training Center, where Nist took her to get Brownie comfortable with being around people and other dogs. "When I first got her," Nist said, "I would sit out on the porch, and as far away as she could see, if she saw a dog, she would just bark and carry on. And so, that was her ... territorial limit, however far she could see."

Cheryl Pratt, one of Brownie's instructors, said that even though Brownie was nervous around other dogs

at first, she didn't require any special treatment, just time and patience. "I knew after the first eight-week class, she was much better than she was when she first started," Pratt said about Brownie's comfort level around other dogs.

The center uses positive reinforcement to train dogs, and corrects them if necessary. Dogs are praised when they perform a task properly, and after completing an eight-week basic class, instructors use treats to get the dogs to focus.

The Center offers classes for all levels of AKC obedience. It does not offer classes for other events, like agility or flyball. Brownie is the first mixed breed dog Nist has had since she was a child.

"Over the years, I've had a series of registered dogs," Nist said, "and that's not to say they're better or worse, I just was always competing in dog shows, so I had a purebred dog for that reason. But then, with Brownie, I just couldn't resist that little face of hers."

Nist doesn't know for certain all of the breeds Brownie is, but she is sure there is some dachshund and terrier. Nist hasn't had Brownie tested for her breeds because she doesn't think U.S. veterinarians have the proper information for dog breeds from Kosovo.

Brownie will travel to Salisbury, Md., this month to compete for her last leg in beginner's novice, and to Berryville, Va., in August, to try for the "novice" title.

## BUSINESS MATTERS

### Hacked Off

Hailing a cab might be more difficult this week, now that the city government has suspended 68 taxicabs from service.

On Tuesday, Alexandria officials announced that they had suspended the taxicabs because their drivers failed to obtain an annual inspection of their vehicles. All taxicab drivers were notified in January that the end of June was the deadline for completing their annual inspections, a city requirement dating back to the earliest days of taxicabs in the city.

"Because the taxicab companies don't own the fleet in Alexandria, it's the drivers' responsibility to bring the cabs in for inspection," said city spokeswoman **Jennifer Harris**. "It's not the city's job to chase after them."

Part of the problem this year was that more than 100 drivers waited until the last minute, flooding the taxicab inspector's office with more than it could handle. That left dozens of taxicab drivers without receiving the proper inspections, leading to the suspensions. Those who failed to comply were allowed to continue working through the holiday weekend but were suspended on Tuesday.

"It's unfortunate, but we're glad the city allowed the drivers to work through the holiday weekend," said Yellow Cab President **Spencer Kimball**, adding that Yellow had about 25 drivers suspended. "We're doing everything we can to get our drivers back on the road again."

All suspensions will be lifted once inspections have been completed.

### Peace Underfoot

Tensions between the United States and Pakistan have never been greater, although one Alexandria business is hoping to bridge the divide between the two countries.

In late September and early October, 10,000 Villages, the King Street retailer, will host the first ever Fair Trade Oriental Rug Event. It will begin with an introduction to oriental rugs on Sept. 29 at 7 p.m., followed by three days in which about 300 rugs handmade rugs from Pakistan will be available for sale in a variety of designs and sizes. All the rugs will come from a group known as "Bunyaad," which means "foundation" in Urdu.

"Bunyaad builds peace by showing rug artisans respect," said **Yousaf Charman**, director of Bunyaad. "By respecting each artisan's creative ingenuity, our rug events and year-round rug galleries showcase a collection of hand-knotted rugs in which each rug is a unique piece of functional art crafted to last for generations."

Artists who work with the group receive a living wage for their work, allowing them to build better homes and living conditions while creating educational opportunities for their children. Bunyaad offers a no-interest loan to its artisans to pay off their creditors. Money from the loan repayment is then invested in improving the infrastructure of the village.

"When asked what they like about working for fair trade," said Charman, "artisans will always say that it is the respect that they receive from Bunyaad."

### New Dominion

Virginia is for broadband — at least part of it is.

Last week, the Office of the Secretary of Technology announced the release of a new broadband availability map for Virginia. State officials call it the most comprehensive and interactive map of Virginia to date, a tool that can be used by policy-makers, government leaders, broadband providers and the general public to identify where services are available. More importantly, the map identifies under-served areas of the state.

"Improving access will revolutionize the way many Virginians work, are educated, and receive their healthcare," said Secretary of Technology **Jim Duffy** in a written statement. "This new map will play a vital role in our efforts to ensure that all Virginians have access to affordable, reliable broadband services."

— MICHAEL LEE POPE

# BUSINESS

## The Write Stuff

### Scriptorium celebrates 35-year anniversary.

BY JEANNE THEISMANN  
GAZETTE PACKET

**N**ashville in the early '70s was a sleepy town for Judy Shavin, a restless college graduate who was looking for adventure. Along with a girlfriend, she packed her bags and headed to Washington, jumping from job to job before deciding it was better to be self-employed.

"People who knew me before can't believe I have been here for 35 years," chuckled Shavin, who opened the specialty stationery store Scriptorium just before the bicentennial celebrations of 1976. "I had always been drawn to stationery shops and once I decided to open my own, Old Town was the only place I looked."

Shavin was the first to open a retail shop in Norford Court, a small enclave of boutiques tucked away in a converted 250-year-old inn on the 300 block of Cameron Street.

"When I first opened, every shop on this block was owned by women," Shavin said of the block that was anchored by the renowned Frankie Welch, whose dress shop served first ladies and Washington's elite. "Frankie was a big reason I took this location. She was very welcoming and a great mentor."

As the digital age has changed the industry and forced other shops to close, Shavin's Scriptorium still thrives.

"The number of personal stationery orders has diminished in recent years, but the number of wedding invitations has increased," Shavin said. "We also



PHOTO BY JEANNE THEISMANN/GAZETTE PACKET

**Scriptorium owner Judy Shavin, left, discusses custom stationery options with Homa Azarani. Shavin founded the stationery boutique in Old Town 35 years ago.**

have a great selection of papers with themes for people to use to print at home."

Shavin carries specialty lines like Crane and Company, William Arthur, Vera Wang, Monique Lhuillier, Martha Stewart and Lilly Pulitzer.

"William Arthur and Crane's are the most popular for today's weddings," said Shavin, whose business is 90 percent special order. "Couples today are looking for something elegant but with a little embellishment. The invitations also tend to be smaller, with thermography rather than engraving, and flat cards that are more contemporary looking."

Shavin continues to be the stationer to Alexandria's cultural cognoscenti and handles orders for many of Washington's elite.

"I have so many secrets," said Shavin, who is known for her impeccable taste and discretion. "But I don't ever name names."

So while the idea of handwriting a personal note to acknowledge a gift might sound old-fashioned to some, it is one that, with Shavin's help, will never go out of style. "I have loved every minute of being here," Shavin said. "I am lucky to have a good following and I still learn something new every day."

## Spinners — Start Your Cycles

### It's time for the Tour de France Challenge.

BY GALE CURCIO  
GAZETTE PACKET

**S**tudents at CycleStudio had a chance recently to get a sneak peak of the Tour de France 2011 Challenge.

Spearheaded by Sima Tamaddon, owner and instructor, this three-week long program is running now through Sunday, July 24. Students can use their monthly pass or pay for individual classes.

"Friends can team up and challenge themselves to make it to the studio to follow a portion of each day's ride led during one of the regularly scheduled classes," said Tamaddon.

"If you come for a combination class cycle-yoga, cycle-abs, etc you will still follow the terrain of the course just not as long. You can drop in if you can't make the commitment but this event will be a

fun way to get out of the hot sun and ride with friends."

Tamaddon will lead riders through the terrains of Blaye-les-Mines, Cap Fréhel, Carhaix, Carmaux, Cugnaux, Galibier Serre-Chevalier, Limoux, Modane - Valfréjus, Mont des Alouettes Les Herbiers, Mûr-de-Bretagne, Olonne-sur-Mer, Passage du Gois La Barre-de-Monts, Pinerolo (Italie), Redon, Saint-Paul-Trois-Châteaux and simulate flat stages, mountain stages and summit finishes.

Lauren Giordano, who has been a member since the studio opened in April, said, "This class is 10 times harder than any other class I have been to. I rush home from work to get to class and come two to three times a week."

"This is the type of facility that is needed," said Pamela Brown. "I love the mix of cycling and yoga."

Jonathan Bentley was there for the first time, and said, "It's intense. I am a pretty active guy and it was a challenge. I like the combination of spinning and yoga — you wind up and wind down."

Jaime Dawson, indoor cycling



PHOTO BY GALE CURCIO/GAZETTE PACKET

**Sima Tamaddon leads the class through the routines.**

instructor, said, "CycleStudio is offering something unique that you can't find at an average club. I think one of the things that makes the CycleStudio unique are the types of indoor cycles they use. These bikes are more challenging and force you to get the most out of your workout."

CycleStudio is located at 1561 Potomac Greens Drive Alexandria. For more information call 703-299-5102 or visit [cyclestudio.com](http://cyclestudio.com).

# NEWS



**Mayor Bill Euille chats with Dr. Babe Loughridge, one of the founding physicians of the Alexandria Plan.**

## Inova Celebrates 'Alexandria Plan'

Dignitaries from across the country gathered at Inova Alexandria Hospital June 24 to celebrate 50 years of emergency care by recognizing the first emergency department in the country to have dedicated, full-time emergency physicians. Called the "Alexandria Plan," the initiative was founded by three Alexandria Hos-

pital physicians, including Dr. Babe Loughridge, who was in attendance at the ceremony.

"We couldn't have asked for a better celebration," said Inova Alexandria CEO Christine Candio. "We're very proud of our physicians and what they pioneered for emergency medicine throughout the country."

— JEANNE THEISMANN



**Inova Alexandria operating room nurses Christina Hortman, Ellen Bushville, Priscilla Kelleher and Leah Rose Doble enjoy the reception of the 50th anniversary of the Alexandria plan June 24.**



**The 50th anniversary cake is served during the June 24 reception.**



**Del. Charnielle Herring (D-46), Inova Alexandria CEO Christine Candio, Vice Mayor Kerry Donley and ACT Executive Director John Porter at the 50th anniversary celebration of the Alexandria Plan June 24.**



**Chief executive officer Christine Candio of Inova Alexandria Hospital receives an award and commendation from the City of Alexandria presented by Mayor Bill Euille June 24.**

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# HISTORY

## A Bloody July

**Alexandria under occupation as the first major battle rumbles in the distance.**

By MICHAEL LEE POPE  
GAZETTE PACKET

**A**s the dog days of summer began in 1861, Alexandria found itself under military occupation. Union forces instituted martial law, and citizens were required to be indoors by 9 p.m. The sale of intoxicating liquors was forbidden. A skirmish in Vienna in mid-June made things even worse, causing the occupiers to increase picket detail and prevent area residents from congregating on the streets.

The war had already begun, but it wasn't until July that people saw how bloody the conflict would become.

The Battle of Manassas, fought on July 21, was the first real conflict of opposing armies in the war. And it featured many of the men the war would make famous. On the Union side, there was Ambrose Burnside, William Tecumseh Sherman and Oliver Wendell Holmes — each of whom would command a brigade in the battle and would command an army before the war was over. On the Confederate side, there was Pierre Gustave Toutant Beauregard, Joseph Johnston and Jeb Stuart.

It was also the first time Union forces heard the piercing screams of Confederate forces that later became known as the "rebel yell." During the battle, Confederate Col. Thomas Jackson earned the nickname "Stonewall."

"There is Jackson standing like a stone wall," observed Confederate Gen. Barnard Bee of South Carolina. "Rally behind the Virginians!"

As the premiere conflict in the war, the battle shaped much of what would come



An artist's rendering of the Battle of Manassas.

later. The flag of the Confederacy, for example, was changed after the Battle of Manassas because the "stars and bars" could easily be mistaken for the stars and stripes. As a result, Beauregard designed a new battle flag with the St. Andrew's Cross — the familiar X-shaped design that became the familiar banner of the Confederacy. Perhaps most importantly, it showed the Union that the Confederacy could fight and win.

The battle also gave rise to a war of words. The Confederates tended to name battles after the nearest town, in this case Manassas. But the Union forces chose landmarks nearest to the fighting, in this case Bull Run. That's why the Battle of Manassas is sometime referred to as the Battle of Bull Run, although the National Park Service uses the former rather than the latter.

Perhaps most significant consequence of the battle was psychological.

"We are compelled to sceptre of power," declared the Richmond Whig. "We must adapt ourselves to our new destiny."

"On every brow sits sullen, scorching, black despair," New York Tribune editor



Hundreds of soldiers and civilians turned out at Fort Ellsworth to see the public execution of a soldier who killed an Alexandria resident in July 1861.

Horace Greeley wrote in a letter to President Abraham Lincoln. "If it is best for the county and for mankind that we make peace with the rebels, and on their own terms, do not shrink even from that."

**IN ALEXANDRIA**, the roar of the cannon could be heard in the distance. The ground shook until 6 p.m. on the day of the battle. Then the guns fell silent. An hour later the

SEE JULY BATTLE, PAGE 7

### 2011 CIVIL WAR SESQUICENTENNIAL EVENTS

#### JULY

**July 16** - Civil War Spotlight Talk — Ongoing 30-minute presentations will explore "Civil War Artillery Projectiles" at Fort Ward Museum. Learn about a variety of Civil War-period ammunition, from a 100-pounder Parrott shell to a Ketcham hand grenade. Free. Hours: 10 a.m. to noon; 2 to 4 p.m. 703-746-4848 or [www.fortward.org](http://www.fortward.org)

**July 31** - Hear stories of Civil War spycraft and the men and women who served as agents for the Blue and the Gray. Learn about two important Civil War spies with close connections to Green Spring whose undercover exploits changed the course of the war. 1-3 p.m. 703-642-5173 or [www.fairfaxcounty.gov/parks/gsgp/](http://www.fairfaxcounty.gov/parks/gsgp/)

#### AUGUST

**Aug. 13** - Civil War Camp Day — Fort Ward's largest living history program of the year will feature Union and Confederate camp life with units from the 5th New York "Duryee" Zouaves, the 1st U.S. Artillery, Co. D, and the 17th Virginia Infantry (Fairfax Rifles). Admission is \$5 each for adults and \$10 for families with children. 10 a.m. to 4 p.m. 703-746-4848 or [www.fortward.org](http://www.fortward.org)

#### SEPTEMBER

**Sept. 10** - Civil War Fashion Show — Carlyle House Historic Park. 2-4 p.m. 703-549-2997 or [www.carlylehouse.org](http://www.carlylehouse.org)

**Sept. 24** - Civil War Nurses Program - Carlyle House Historic Park. 703-549-2997 or [www.carlylehouse.org](http://www.carlylehouse.org)

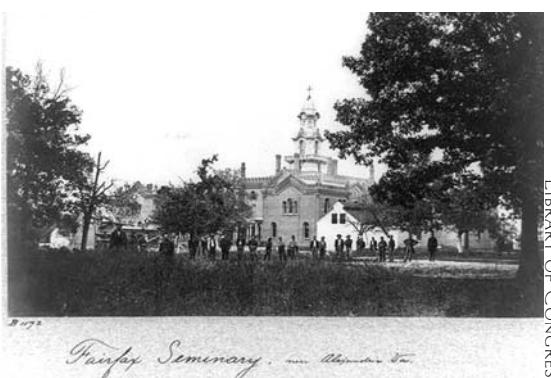
#### OCTOBER

**Oct. 5** - Civil War Alexandria in 3-D - See what Alexandria looked during the Civil War through the eyes of the photographers who documented it. Wally Owen, Assistant Director of Fort Ward Museum and co-author of "Mr. Lincoln's Forts: A Guide to the Civil War Defenses of Washington," will present an illustrated lecture featuring 3-D images and rare photographs, including many that have never been published. Admission \$10, reservations required. 7:30-8:30 p.m. 703-746-4994 or [www.historicalexandria.org](http://www.historicalexandria.org)

#### DECEMBER

**Dec. 10** - Christmas in Camp - Join a patriotic Santa Claus at this family-fun holiday event that interprets how Christmas was observed during the Civil War. The program features living-history interpreters, a Victorian Christmas tree, refreshments, readings of "The Night Before Christmas" and a Santa inspired by Thomas Nast's war-time illustrations. Noon to 4 p.m. Suggested donation of \$2 for adults, \$1 for children. Fort Ward Museum and Historic Site. 703-746-4848 or [www.fortward.org](http://www.fortward.org)

## HISTORY



The Episcopal Seminary stopped classes at the beginning of the occupation.



Because of its association with George Washington, Christ Church was one of the only churches in Alexandria that was not converted into a military hospital.

## July Brings First Major Battle

FROM PAGE 6

thunderous roar could once again be heard in Old Town until dark. As one observer put it, Alexandrians went to bed that night "not knowing what an hour would bring."

Monday morning downed cloudy and dreary. Union soldiers, exhausted from battle and humiliated in defeat, plodded through the streets of Alexandria with muddy uniforms splattered with blood. Survivors of the battle jammed the city's wharves seeking passage to Washington, only to find that federal authorities refused to allow boats to cross the river.

One Alexandria resident remarked that the soldiers "formed the most melancholy looking pictures of distress" he had ever seen.

Pickets guarded the turnpike to discourage desert-

ers, driving desperate soldiers to disguise themselves in civilian clothing. Others resigned themselves to making the most of the situation, rummaging through the city to find whatever liquor was available and consuming it. Meanwhile, rowdy Union soldiers posed a threat to the safety of Alexandria residents such as Mary Butler, who died from a gunshot wound inflicted by a drunken soldier.

A military court sentenced the soldier to death, and he was hanged at Fort Ellsworth. Hundreds of soldiers and civilians turned out to witness the public execution. It was only the beginning of a long and difficult occupation in which each side tested the limits of the other.

"The men who were put into the Alexandria jail tested its capacity," one member of the 16th New York remembered.

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## OBITUARY

### Susan Diane Neumann

**S**usan Diane Neumann, who combined a passion for historic preservation with a penchant for volunteering and a talent for helping nonprofit groups, died June 24, 2011, from complications after surgery. She was 39.

She was born in 1972 in Chambersburg, Pa. She graduated from James Buchanan High School in Mercersburg, Pa., in 1990, and then moved to the Washington area for college. She lived in Alexandria and was a member of Blessed Sacrament Catholic Church.

After graduating from George Washington University in 1994 with a B.A. in political science and a minor concentration in military history, Mrs. Neumann began her career by working for nonprofits in support of our nation's service members. She first worked for the International Military Community Executives Association before working at the Association of the United States Army, where she helped establish the office for the Army Historical Foundation. Beginning in 1997, she then worked for nearly 13 years for the National Trust for Historic Preservation in Washington, D.C., the last six years as Director of Member Engagement. At the National Trust she directed "This Place Matters," an outreach program designed to broaden citizen awareness of and participation in the preservation of valued historical places throughout the country. While at the Trust, in 2005 she earned a master's degree in public ad-



**Susan Neumann**

ministration with concentrations in non-profit management and strategic planning from George Mason University. For the last year, she worked as a consultant at Charity Dynamics, Inc., where she developed online advocacy, communication and fundraising strategies for a number of national nonprofit organizations including Volunteers of America and the American Nurses Association.

She was a lifelong volunteer for charitable causes, beginning in high school where she volunteered to work with veterans of the Vietnam War. An enthusiastic lover of foreign travel, Ireland was especially dear to her, and she visited numerous times. During a two-month sabbatical from the National Trust during summer 2008, she lived in Dublin and volunteered her expertise to An Taisce, the National Trust for Ireland.

Survivors include her husband of nearly 15 years, Michael J. Neumann; her parents, R. Andrew Miller and Audrey M. Miller of Mercersburg, Pennsylvania; a brother, David Miller, of El Paso, Texas; seven nieces and nephews; and her grandmother, Mildred Hoffman of Greencastle, Pennsylvania.

She was interred at Fairview Cemetery in Mercersburg, Pa., on Saturday, July 2, 2011.

In lieu of flowers, contributions may be made in her memory to the following organizations: Wounded Warrior Project; Catholic Relief Services; Animal Welfare League of Alexandria; and the Colonial Williamsburg Foundation. (Add "In memory of Susan Neumann" in the comment box.)

## NEIGHBORHOODS

### Old Town

#### A QUIET SUMMER? FORGET IT

Well, the controversial waterfront plan seems to be on hold for a time. So we can all kick back and enjoy a quiet, peaceful summer.

Save waterfront fireworks for those nippy fall days ahead, when we can all get into the mood to bash each other around. Believe that? Of course you don't. The great waterfront battle continues apace — but at a more behind-the-scenes pace. Give a listen.

Opponents of the unrealistic plan cobbled together by the City are focusing more now on what some believe is a real and perhaps fatal portion — flood-mitigation challenges gaining traction big time.

Bert Ely, a steady voice among those who have urged, even demanded, that the City slow down on its rush to put a waterfront development plan into law, put it this way to City Council the other day.

"Flood mitigation is not just a technical challenge," Ely told Council, "it also raises significant land-use, aesthetic, and historic preservation issues." Among them: Where will the flood mitigation measures be built; what will they look like; and will they work? More specifically, how will the three sources of flood water be mitigated — river water coming over the top of the river bank; river water backing up through storm sewers, and rain water flooding down streets and alleys.

It is the questions raised by folks like Ely and many others on the generally boring subject of flooding that have been all but ignored as the waterfront debate has raged for months. Those questions, and the City's answers, are quite likely to be pivotal. Frankly, Alexandria lawmakers and planners have been ducking them because, as Ely said, "I think the city staff is trying to tip-toe past the flood mitigation issues, most likely because it is an extremely difficult prob-

lem to solve."

In his statement to Council June 25, Ely noted: "A key rationale for the waterfront plan is reducing 'nuisance' flooding along the waterfront. However, despite pretty pictures staff has presented about flood mitigation, there is precious little detail about specific flood-mitigation measures."

As Ely and many of his colleagues in the Old Town Civic Association have argued, flood mitigation is among the toughest challenges in Alexandria waterfront planning. Ely and others called on city planners, at Council's behest, to spend the summer hammering out a detailed three-dimensional cost analysis of a workable plan.

Opponents of the City's plan are highly skeptical that a feasible flood mitigation plan can be developed. Ely said, "If a feasible plan can't be developed, then the core of the Waterfront Small Area Plan will have to be fundamentally rethought. It will be back to the drawing board."

To your hardworking correspondent, what is most depressing in Ely's grim assessment is that because of flood mitigation issues, I won't be able to write about some of the more exciting and visionary things going on in the Old Port this summer. Such as the food cart program on Market Square and the redo of the ice house beneath Gadsby's Tavern — to name just two. Ruined my summer, and it's only July.

— BOB FELDKAMP

### Taylor Run

The Taylor Run Citizens Association (TRCA) would like to congratulate this year's TRCA scholarship recipients: T.C. Williams High School graduates Steven Williams and Alexis Eaton. Steven plans to attend Virginia Commonwealth University and Alexis plans to attend Temple University.

PRESENTED BY:	SPECIAL THANKS TO:
• Alexandria Waterfront Committee • Torpedo Factory Artists • The Art League • Alexandria Seaport Foundation • Alexandria Archaeology	Alexandria Gazette Packet Mount Vernon Gazette

## LIVING LEGENDS

# Mollie Abraham: Speaking Out for Others

BY SHERRY WILSON BROWN

**L**iving Legend Mollie Abraham's 50 years as an advocate have one common thread: she speaks for those who need a voice from youth through seniors. She speaks out against bigotry and intolerance wherever she finds it and encourages minorities and women of all ages to effect change by becoming involved in the political process.

Born in Baltimore in 1926, Mollie met her husband Mike on a blind date, and they married in 1949. Shortly after, they moved to Alexandria, where he worked in the White Star Market, his family business on King Street. Mollie eventually worked the cash register. Soon afterward, they took over and made a success of Tom's Garden, (a.k.a. The Sportsman's Grill), a restaurant on lower King Street that catered to working class people. After they sold it, they undertook many family enterprises: restaurants, slaughterhouse, and markets including the Vienna Inn, which Mollie and Mike owned and ran from 1960 to 2000.

Despite her busy work schedule, Mollie found time to serve the community. She began by chaperoning B'nai Brith youth at her synagogue Agudas Achim. She and Florence Price started the Valley Drive preschool at Agudas Achim when Mollie's son, one of her three children, was small.

She also became active with the PTA, especially as an advocate for the integration of the Alexandria City Public Schools — "whatever it took," she said, "I always spoke out for anything that benefited women and minorities of any sort, whether of race, gender or religion."

Mollie helped start the Alexandria Chapter of the National Organization for Women (NOW) in the mid-1970s and served as state coordinator of Virginia NOW in 1976-77. She remained active in both organizations for years. Mollie worked at Common Cause for almost 16 years. She was appointed to the Alexandria Commission for Women in 1994 and is the only person to serve three



**Mollie Abraham**

Alexandria Commission for Women, for her lifelong dedication to leading, advocating for, and helping women and others needing representation, and training others to do the same. In 2010, Mollie and her granddaughter Mary Reid were among those honored by Senior Services of Alexandria for passing along skills "Generation to Generation." Again, the award recognizes not only the contribution of individuals to the civic life of the community, but their role as mentors and examples who pass along their sense of responsibility.

She has been active in the Seminary Valley Civic Association and served on the Call to Community Steering Committee, co-chairing the Neighborhood Forum/Meeting Subcommittee. This is a City-wide effort to bring residents of Alexandria together to talk about and celebrate their diversity and to address the issues that divide the community by race, ethnicity, and other differences.

**THIS GRANDMOTHER** of seven and great-grandmother of two still finds time to relax with reading. James Patterson and Faye Kellerman are among her favorite mystery writers, and she enjoys reading fiction by female authors. Among her favorite recent films are "The King's Speech," "Black Swan," and "Love and Other Drugs." Mollie fits in a little television, especially "Jeopardy," "Wheel of Fortune," "The Good Wife," "NCIS" and "The Closer." She tries to catch Amy Brenneman whenever she appears on television since meeting the actress at Gloria Steinem's 75th birthday party.

The question of what her restaurateur husband might cook as her favorite meal led to laughter at the idea of Mike as a cook. Mollie did the cooking for the family, and dinner at Mollie's house might feature a brisket cooked in wine with potatoes and carrots, flavored with onion soup mix and served with a nice salad followed by truffles ice cream. She makes a mean chicken-matzo ball soup that starts with boiling the chicken with fresh dill and fresh parsley.

## Living Legends: The Project

Now in its fourth year, Living Legends of Alexandria is an ongoing 501(c)(3) photo-documentary project to identify, honor and chronicle Alexandria's Living Legends. The project was conceived by Nina Tisara to create an enduring artistic record of the people whose vision and dedication make a positive, tangible difference to the quality of life in Alexandria. Platinum and Gold Sponsors this year are Club Managers Association of America, Erkiletian Real Estate Development, Inova Alexandria Hospital, Renner & Co., Rotary Club of Alexandria and the late Doug Thurman.

This is one of a series of 12 profiles that will appear this year. For more information or to nominate a Legend for 2012, visit [www.AlexandriaLegends.com](http://www.AlexandriaLegends.com).

**MOLLIE DESCRIBES** herself as "heavily into ceramics." She starts with shaping the slip, painting it and firing it. She also enjoys working with glass and is looking forward to getting into making jewelry by enameling copper. She has also begun sand blasting glass.

She spends part of the year as a "snowbird" in Florida, where she has a condominium. When reached for this interview, she had spent the morning relaxing in the 94-degree swimming pool, while Alexandria expected a late snow.

She just returned from a cruise that included Roatan and Belize. She began cruising six years ago when she overcame motion sickness with the same determination she brings to all her efforts. The cure is to start taking Bonine the day before she sails and to take it at the same time every day throughout the cruise. When combined with an inside cabin (so she doesn't see the water) and keeping her eyes on the horizon, she manages quite well.

By keeping her eyes on the horizon Living Legend Mollie Abraham has made a difference for young and old, women and minorities throughout Alexandria.

*Sherry Wilson Brown is director of Agenda: Alexandria.*

## Hammond Students Launch Their Own Sailboats



**Alexandria Seaport Foundation executive director Joe Youcha paddles a canoe so that Victor might collect his sailing vessel from the pond on Saturday morning.**

**T**his school year, staff and volunteers at the Alexandria Seaport Foundation (ASF) had been working with 14 students at Hammond Middle School to build small model boats. The class was part of a PACE Class at Hammond Middle School, which emphasizes both math and career and Technical Education.

Matt Cupples, the Career and Technical Education teacher; Jim Cooney, the Math teacher; ASF Building to Teach director Joe Youcha and ASF volunteers Robin Muir and Rob Dutton worked with the students. The students built models of the new Potomac River Dory boats that are built at the ASF shop.

The first project was for each to build their own simple "pine wood derby" sailing model. They were done with those by October. They then started on plank-on-frame model boats. The students did the layout, set up and building. Along the way, they learned how to use fractions, measure, use basic geometry and coordinate planes. The boats were launched on Saturday morning, June 11 in the pond at the Winkler Preserve.



**The boats are returned to the "dry dock" after their maiden voyages.**

# OPINION

## Primary Election Aug. 23

**EDITORIAL** Several key races in Alexandria, Arlington and Fairfax County are likely to be decided in the primary election, next month. Because they are in heavily Democratic districts, the winner of the primary will be the favorite to prevail in November.

To vote on Aug. 23, you must be registered to vote by Aug. 1. If you think you might be on vacation, you can apply now for an absentee ballot.

The deadline to register for the Aug. 23 primary is Monday, Aug. 1. Primary Election Day, Tuesday, Aug. 23. General Election Day, Tuesday, Nov. 8. Monday, Oct. 17 is the deadline to register to vote or update one's address for the Nov. 8 General Election. For more information, see <http://www.sbe.virginia.gov>



### Children's Arts Festival

The Alexandria Symphony's annual Children's Arts Festival on June 12 had families taking part in a range of activities such as face painting, yoga, arts and crafts, and the instrument petting zoo. Saxophonist Vaughn Ambrose led two jazz inspired concerts to go along with the festival's theme, Razz-Ma-Jazz: Music, Art, and Literature of the Harlem Renaissance. The ASO partnered with several organizations for this event, including SCAN (Stop Child Abuse Now of Northern Virginia), Del Ray Artisans, Music Together, Potters Violins, and Hooray for Books. Sponsors include Dominion Foundation, Wells Fargo, SOLA (Symphony Orchestra League of Alexandria), Alexandria Commission for the Arts, and the Virginia Commission for the Arts. Above, art teacher Amy Moody leads one of the art stations.

### LETTERS TO THE EDITOR

## Disappointing Incident

To the Editor:

Market Square on Saturday morning is a delight. A commercial enterprise with a human touch attracting happy, hungry, health-conscious people with their dogs to shop and socialize with their neighbors. Music completes this energizing atmosphere and encourages us to linger and enjoy this precious place we call Old Town.

The Bolivian musicians with their talented and emotionally charged performances have become a welcome presence and complete this perfect picture of ultimate harmony and unity.

This morning I was dismayed when asking them about their recent absence only to find out that a police officer had threatened them about some unlawful activity — so — fearful and disappointed — they stayed away. While they timidly resumed their position on the sidewalk one last time — I walked home angry and disappointed. Is this just another pedantic rule in town that should be re-evaluated or was this one particular incident of an officer needing to demonstrate his authority?

Saturday morning is carefree people time and music enhances

this feeling of total well being. By giving them a break we'll get the benefit.

**Christa Annett**  
Alexandria

## Helping Dads Get Involved

To the Editor:

Even though Father's Day has come and gone, that doesn't mean dads should fly under the radar until our favorite tie-buying, barbecuing holiday comes around next year. From self-esteem and school success to physical and emotional security, studies show that dads play an integral role in their children's development. Yet dads are frequently overlooked and undervalued as an important part of their children's lives, making uninvolved dads an accepted norm in our community.

SCAN (Stop Child Abuse Now) of Northern Virginia and our partner organizations are working to challenge fatherhood norms by providing underserved dads with the resources they need to become more active in their children's lives. Local programs like The Capital Youth Empowerment Program's Fathers In Touch, which brings dads together for weekly meetings, help dads gain valuable knowledge and support to make

them the best fathers they can be. SCAN also hopes to foster father involvement through a variety of its own parenting programs. Our ABCs of Parenting Classes and weekly Educational Parent Support Groups provide both moms and dads with the skills and guidance to become active, nurturing participants in their child's lives.

We realize it is often difficult for dads to reach out for help; visit our website ([www.scanva.org](http://www.scanva.org)) to check out our online parent resource center, which includes tips on becoming a more active father. You can also go to our website to learn more about our parent education programs. Healthy father-child relationships not only help children, but also create stronger families and communities. It's time we come together as a community to promote father involvement and change the status quo — learn more at [www.scanva.org](http://www.scanva.org).

**Sonia Quinonez**  
Executive Director, SCAN of Northern Virginia

## Progress Or Loss?

To the Editor:

The 4th of July may have come and gone, but the fireworks over what I term the "terrible triumvirate": Mark Center, the Waterfront,

and the Harris Teeter/apartment complex to be built in North Alexandria, just seem to continue to heat up. Those in favor seem to be operating under the assumption that "if we build it, they will come." But extend that "logic" a bit - what if they can't, because of traffic congestion and parking issues? Will all this upheaval in "livability" and "original intention" in these three sections be worth it? Or ultimately even "progress?" Probably not, because the resultant exodus of tax base in affected and angry residents and businesses will most likely offset whatever revenue the City will gain from these construction projects, at least in the short term, in such poor economic times. And then there's the diminishment of community spirit and pride — immeasurable ... and priceless.

**Karen Ann DeLuca**  
Alexandria

## Eternal Vigilance

To the Editor:

George Kundahl in "Alexandria Goes to War" noted that the Confederate flag James Jackson raised over the Marshall House on King Street in April 1861 had been paid

SEE LETTERS, PAGE 12

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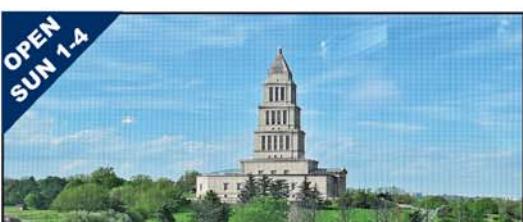
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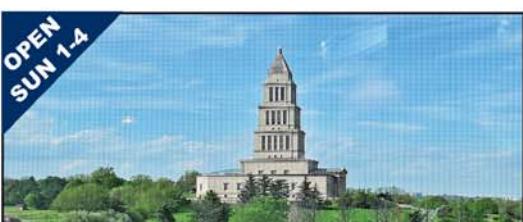
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9060 Tower House Place, Alexandria, VA 22308

Quiet Cul-de-sac of Custom Built Homes! 5 bedrooms, 5.5 baths, great room with Palladian windows & coffered ceiling overlooking stone terrace with fountain. 10' ceilings on first floor, 2 MBR's main & upper floor with balcony and steam shower.

Phyllis Patterson 703-518-6158



**Yates Garden \$629,900**  
405 Franklin Street, Alexandria, VA 22314  
Stunning, bright and sunny, Yates Gardens brick front 2 bedroom & 2 bath home with amazing front garden. Renovated kitchen and newer lower level bath. Situated in the heart of the SE quadrant of Old Town. Close to bike path & King Street. Slate back patio with Wisteria garden.

Eileen Marousek  
703-507-2350



**Woodlawn Manor \$499,900**  
9009 Patton Blvd, Alexandria, VA 22309

Pleasant Living! Enjoy one or two-level living in this spacious brick home on a wooded, private 1/2 acre lot! Fabulous living room with cathedral ceiling and skylights. 4 bedrooms, 3 baths plus a spacious family room with walk-out on lower level.

Jane Cole 703-598-6198



**Old Town \$1,250,000**  
126 Prince Street, Alexandria, VA 22314

Blending history and contemporary living, this 1783 home boasts 4 levels, 5 fireplaces, 3 BR, 3.5BA, gourmet kitchen and private patio. With hearts of pine wood floors throughout, this residence exudes comfort and sophistication.

Bonnie Rivkin 703-598-7788



**Fort Hunt \$579,000**  
1703 Old Stage Road, Alexandria, VA 22308  
Charming split level in Riverside Gardens. 3 bedroom, 2 bath, large & sunny kitchen opens to flagstone patio. Hardwood floors on main & bedroom levels with numerous updates. Walk to pool, tennis and Stratford Elementary School.

Karen Leonard 703-328-7041



**Hollin Hall \$499,900**  
1911 Ingram Place, Alexandria, VA 22308  
A Best Buy in the Ft. Hunt Area! Fantastic 4BR, 2BA, 2 level brick rambler on a cul-de-sac with fabulous fenced yard. Gourmet kitchen, newer windows, updated baths, FR and den. Waynewood School District.

Ed Pagett 703-518-6161



**Sulgrave Village \$1,195,000**  
1912 Prices Lane, Alexandria, VA 22308  
Beautiful nearly new brick 4BR, 4.5BA colonial with 3 car garage in close-in Mt. Vernon. All the amenities one would expect as well as a wall mounted 61" plasma TV with sound system and a permanent back-up generator.

Ed Pagett 703-518-6161

703-518-8300 • 310 King Street Alexandria, VA 22314



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# LETTERS

FROM PAGE 10

for by public subscription. This fact indicates he was not just a hothead acting on his own behalf but a man who was performing a service for his city and state in honoring their new allegiance. For that act and in defending his flag, he gave his life.

To put Jackson's act in the context of the day, people gave their primary allegiance to their state. The 13 original states under the Articles of Confederation had created the new federal government with only the powers specifically enumerated in the Constitution as a stronger protection from tyranny like they had recently thrown off. The newly created union was called the United States of America, and its verb was plural because the states remained sovereign in all respects except the powers they delegated to the federal government.

Virginians were instrumental in creating the union and did not lightly decide to leave

it. They had voted to remain in the union until Lincoln called for 75,000 men to invade the South. This act was analogous to the invasion of the colonies by the tyrant King George III when he closed the port of Boston and quartered his troops in the homes of the inhabitants. It is notable that the earlier patriots also had not taken arms until compelled by that invasion (which followed other actions which had threatened their liberties). The opening words of Lincoln's Gettysburg Address referenced that earlier conflict; both sides used their understanding of the Revolutionary War and its aftermath with the adoption of the Constitution as a way of claiming justification for their actions.

Southerners, like their grandfathers, fought for their freedom from an oppressive government which had invaded their land. Some slaves and free blacks joined that struggle for independence, as noted in the official papers of the Confederacy and records kept by Northern officers. They hoped for better times after the war in recognition of their service. History books used in schools do not note that the Constitution of the Confederate States used the 1787 document as a model, but improved it. One change was the outlawing of the importation of slaves; (the one adopted earlier in Philadelphia had called for ending slavery in 1808, but the date kept being postponed; the slave trade was a major source of wealth for Yankees). When Lincoln called for the 75,000 troops, his stated purpose was to

preserve the union; he did not mention abolition, which was an unpopular cause in the North. In fact, he had slaves in his own household (from Mrs. Lincoln) which he did not free, although he could have.

Why do we care about all this today? The cause of states' rights has been so (incorrectly) identified totally with the defense of slavery in history books and by many politicians, etc. that few citizens know the appropriate responsibilities of states — or even individuals, if recent polls are correct. We must care because the preservation of our liberties is at stake. For example, the issue of Obamacare has become a lightning rod. A majority of states, mindful of their responsibility for healthcare and the rights of their citizens, have challenged the assertion the federal government may compel citizens to buy a specific product created in

the private sector but which must satisfy (unelected) federal bureaucrats. It is alleged that product, health insurance, is unique because everyone eventually participates in the health care market. However, some folks refuse health care, and health care is not a unique market. Everyone needs transportation, so can buy a car, or not (scooter, bike, public transport, walk, etc.), and food, so can buy products at the grocery store (or grow them independently or not eat them).

Jefferson, the 56 signers of the Declaration of Independence and our courageous military have given us a precious legacy of freedom; we need to protect it from all enemies. Eternal vigilance is the price of freedom, not just on July 4th but every day.

**Ellen Latane Tabb**  
Alexandria

**Write** The Gazette Packet welcomes views on any public issue. The deadline for all material is noon Friday. Send to:

Letters to the Editor  
The Gazette Packet  
1606 King St., Alexandria VA 22314  
Call: 703-917-6444.  
By e-mail:  
gazette@connectionnewspapers.com

- Things To Do Today**
- 1. Breakfast w/ Mary & Bob — 8:30
  - 2. Tai chi group at 10
  - 3. Birthday Luncheon — Noon
  - 4. Pottery class — 1:00
  - 5. Canasta club at 3:00

**Notes:**

Italian Night in the dining room!

## This is assisted living?

If you lived at the Hermitage, tomorrow would bring a full calendar of delightful choices among friendly neighbors in a welcoming community. You'd enjoy freedom from home maintenance and chores in a spacious, newly remodeled apartment. The Hermitage has been serving the seniors of Northern Virginia for 48 years.

*What do you have planned for tomorrow?*

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703-797-3800



## 'Henry's Big Hike'

**David Pritzker, member of the Board of Northern Virginia Regional Park Authority, supported Burgundy Farm Country Day School sixth-grade teacher Henry Edwards by hiking part of the journey with him. On June 18, Edwards left on a 200-mile hike from the school's Alexandria campus to its West Virginia campus (known as the Burgundy Center for Wildlife Studies, Cooper's Cove, or simply, "the Cove"). His 14-day journey will cross streets in Alexandria and Loudon County, the length of the Washington & Old Dominion Trail, the Appalachian Trail, and the Tuscarora Trail. His goal is to raise \$20,000 for the Cooper's Cove Conservation Fund, which preserves the 500-acre property and allows the school to expand the Cove's curricular program. This photo was taken on the Washington and Old Dominion Trail (W&OD). To follow Henry's blog, see [www.farm2cove.com](http://www.farm2cove.com).**



houses.

My community and I cannot thank you enough for all of your support.

De Nuevo, muchísimas gracias y que Dios los bendiga.

**Magee E. McDonald**  
Peace Corps Volunteer



## HOME SALES

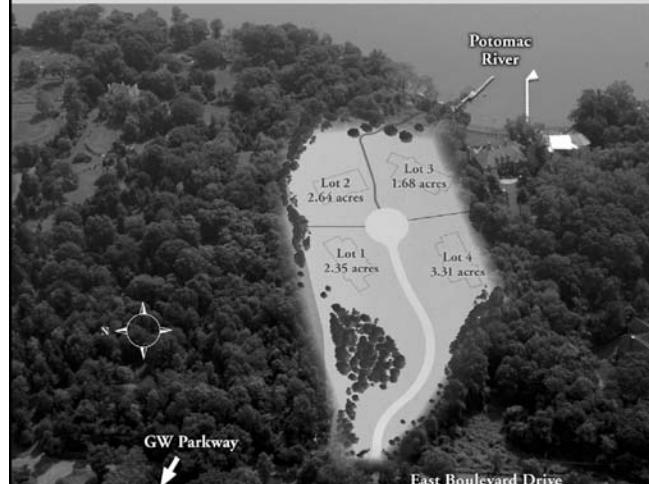
In May 2011, 204 Alexandria homes sold between \$1,950,000-\$80,400. This week's list represents those homes sold in the \$695,000-\$500,000 range. For the complete list, visit [www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com)

<b>Address</b>	<b>BR</b>	<b>FB</b>	<b>HB</b>	<b>Postal City</b>	<b>Sold Price</b>	<b>Type</b>	<b>Lot AC</b>	<b>Subdivision</b>
102 WALNUT ST E	3	2	0	ALEXANDRIA	\$695,000	Detached	0.09	ROSEMONT PARK
2050 JAMIESON AVE #1215	3	2	1	ALEXANDRIA	\$694,900	Hi-Rise 9+ Floors		THE JAMIESON
11 GROVES AVE	4	2	0	ALEXANDRIA	\$689,000	Detached	0.12	MOUNT IDA
814 PITTS ST S	2	2	0	ALEXANDRIA	\$685,000	Townhouse	0.05	YATES GARDENS
804 RUSSELL RD	3	2	0	ALEXANDRIA	\$676,000	Detached	0.09	ROSEMONT
109 WINDSOR AVE E	3	2	0	ALEXANDRIA	\$665,000	Detached	0.10	DEL RAY
722 CATTS TAVERN DR	3	3	0	ALEXANDRIA	\$662,500	Townhouse	0.03	OLD TOWN GREENS
705 NORFOLK LN	4	3	1	ALEXANDRIA	\$660,000	Townhouse	0.03	OLD TOWN GREENS
2121 JAMIESON AVE #1704/1705	3	2	0	ALEXANDRIA	\$660,000	Hi-Rise 9+ Floors		CARLYLE TOWERS
125 LEE ST N #503	2	2	0	ALEXANDRIA	\$655,000	Penthouse		TORPEDO FACTORY
2411 CAMERON MILLS RD	4	3	1	ALEXANDRIA	\$652,500	Detached	0.13	JEFFERSON PARK
622 PUTNAM PL	4	2	0	ALEXANDRIA	\$650,000	Detached	0.19	GEORGE WASHINGTON PARK
220 HOWELL AVE	2	1	1	ALEXANDRIA	\$645,000	Detached	0.13	DEL RAY
2606 TERRETT AVE	3	2	1	ALEXANDRIA	\$643,400	Townhouse	0.10	DEL RAY
203 WEST ST S	3	2	1	ALEXANDRIA	\$642,008	Townhouse	0.03	CHELSEA
320 WEST ST S #209	2	2	0	ALEXANDRIA	\$637,810	Garden 1-4 Floors		THE DUKE @ OLD TOWN
1104 QUINCY ST	3	2	0	ALEXANDRIA	\$629,000	Detached	0.19	BRADDOCK HEIGHTS
514 ROBINSON CT	3	2	1	ALEXANDRIA	\$625,500	Detached	0.21	MAPLE GROVE
5122 KNAPP PL	3	3	1	ALEXANDRIA	\$619,000	Townhouse	0.03	CAMERON STATION
2303 SCROGGINS RD	3	2	0	ALEXANDRIA	\$615,000	Detached	0.16	BRADDOCK HEIGHTS/NORTH RIDGE
2050 JAMIESON AVE #1016	3	2	0	ALEXANDRIA	\$609,900	Hi-Rise 9+ Floors		THE JAMIESON
607 MALCOLM PL	3	2	0	ALEXANDRIA	\$600,000	Detached	0.14	JEFFERSON PARK
5018 GARDNER DR	3	3	1	ALEXANDRIA	\$600,000	Townhouse	0.04	CAMERON STATION
1234 DARTMOUTH RD	3	2	2	ALEXANDRIA	\$589,000	Townhouse	0.04	QUAKER HILL
107 LAKE COOK DR	4	4	1	ALEXANDRIA	\$585,000	Townhouse	0.05	TOWNES AT CAMERON PARKE
3829 DOMINION MILL DR	4	3	2	ALEXANDRIA	\$584,500	Townhouse	0.05	TOWNES AT CAMERON PARKE
911 PRINCESS ST	2	2	1	ALEXANDRIA	\$582,500	Detached	0.02	CARRIAGE WORKS
705 JANNEYS LN	3	2	0	ALEXANDRIA	\$575,000	Detached	0.18	PARK RIDGE
138 CAMERON STATION BLVD	3	2	1	ALEXANDRIA	\$570,000	Townhouse	0.03	CAMERON STATION
400 MADISON ST #909	2	2	0	ALEXANDRIA	\$570,000	Hi-Rise 9+ Floors		ALEXANDRIA HOUSE
216 MEDLOCK LN	3	2	1	ALEXANDRIA	\$565,000	Townhouse	0.03	CAMERON STATION
21 BRADDOCK RD E	3	1	1	ALEXANDRIA	\$563,000	Detached	0.08	ROSEMONT PARK
848 GLEBE RD W	3	2	2	ALEXANDRIA	\$555,000	Townhouse	0.03	ELSWORTH PLACE
5647 FILLMORE AVE	4	3	0	ALEXANDRIA	\$555,000	Detached	0.47	DOWDEN TERRACE
134 PAYNE ST N	2	1	1	ALEXANDRIA	\$555,000	Attch/Row Hse	0.03	OLD TOWN
401 TENNESSEE AVE	2	1	0	ALEXANDRIA	\$550,000	Detached	0.21	BEVERLY HILLS
3923 COURTLAND CIR	3	2	2	ALEXANDRIA	\$549,600	Townhouse	0.03	SUNNYSIDE
29 ARELL CT	3	3	1	ALEXANDRIA	\$545,000	Townhouse	0.04	LANDS OF QUAKER VILLAGE
300 OAK ST	2	2	0	ALEXANDRIA	\$540,000	Semi-Detached	0.07	ROSEMONT PARK
1023 ROYAL ST N #315	2	2	0	ALEXANDRIA	\$540,000	Garden 1-4 Floors		ABINGDON ROW
700 NORFOLK LN #54	3	2	1	ALEXANDRIA	\$528,000	Townhouse		OLD TOWN GREENS
124 SANBORN PL	3	3	1	ALEXANDRIA	\$525,000	Townhouse	0.05	MT VERNON COURT
601 WILKES ST #204	2	2	0	ALEXANDRIA	\$525,000	Garden 1-4 Floors		TANNERY HOUSE
104 SANBORN PL	3	2	1	ALEXANDRIA	\$520,000	Townhouse	0.06	MT VERNON COURTS
828 SLATERS LN #306	2	2	1	ALEXANDRIA	\$520,000	Garden 1-4 Floors		OLD TOWN CRESCENT
506 WEST ST	2	3	0	ALEXANDRIA	\$519,900	Townhouse	0.02	COLECROFT
5063 DONOVAN DR	3	2	1	ALEXANDRIA	\$518,000	Townhouse	0.02	CAMERON STATION
400 MADISON ST #804	2	2	0	ALEXANDRIA	\$506,000	Hi-Rise 9+ Floors		ALEXANDRIA HOUSE
511 NELSON AVE E	2	2	0	ALEXANDRIA	\$505,000	Attch/Row Hse	0.05	LINDEN GARDENS
2804 RUSSELL RD	1	1	0	ALEXANDRIA	\$500,000	Other	0.21	MT IDA

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## RIVERGATE ON THE POTOMAC PREVIEW PARTY

THURSDAY, JULY 14<sup>TH</sup> • 5-7 PM



### AT LANDINI BROTHERS IN OLD TOWN ALEXANDRIA

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- Four spectacular lots in a private enclave that will enable four discriminating buyers to create their dream home
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- Surrounded by stately, established custom home neighborhoods
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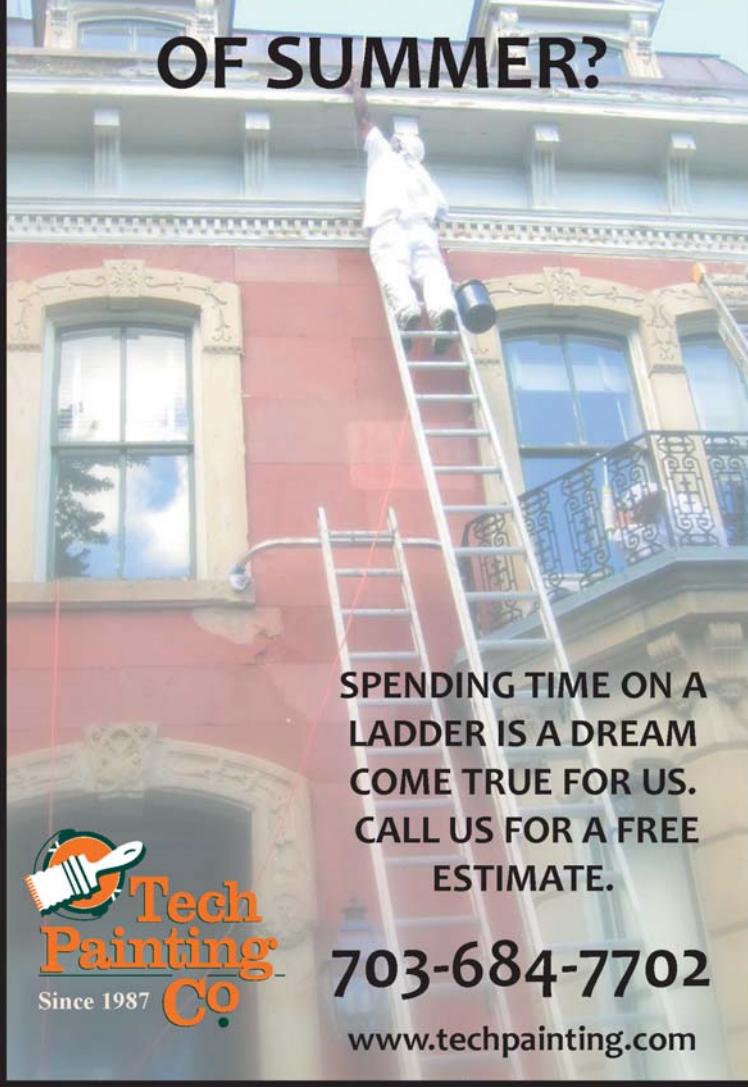
RSVP TO [EAUSTIN@VANMETREHOMES.COM](mailto:EAUSTIN@VANMETREHOMES.COM) OR CALL 703-723-2808

LANDINI BROTHERS IS LOCATED AT 115 KING STREET IN OLD TOWN ALEXANDRIA, VA

\*Pricing, terms and availability subject to change without notice. Community plan shown is an artist's rendering for representative purposes only and is subject to change due to developer's ongoing plan improvements. See Sales Manager for details.

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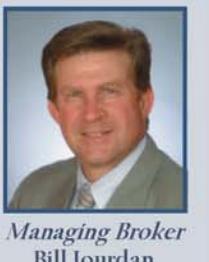
# LONG & FOSTER

## OLD TOWN HISTORIC DISTRICT OFFICE



# ALEXANDRIA

## #1 LONG & FOSTER OFFICE IN VIRGINIA



Managing Broker  
Bill Jourdan



4503 Ferry Landing Rd  
\$625,000  
*One Level Luxury!*  
Rare opportunity-Spacious one lvl home in premier Yacht Haven location! This home has been updated & offers many features: open floor plan, updated kit and baths, stunning MBR suite w/cath. ceiling and luxury bath, sunroom and 2 car gar. Looking to eliminate stairs & not sacrifice size and amenities-this is it!  
OPEN SUN 7/10, 1-4. GW Pkwy, past Estate, L-Ferry Landing Rd



1205 Cedar Dale Ln  
\$1,250,000  
*Pre-Construction Value!*  
Rare new home opportunity just off GW Parkway! Fabulous price on spacious Fairfax model by Wakefield Homes, the area's leading custom builder. Craftman architecture with full front porch to enhance natural beauty of gorgeous 1/2A lot. Home is loaded with upgrades and custom features and located in Waynewood School Dist. Priced thousands below other new homes in area! (Pic is similar home)



1203 Falster Rd  
\$519,950  
*Priced to Sell!*  
Spacious 5 bedroom home on truly magnificent, private 19,000 sq ft lot in prime Collingwood location. Home has been lovingly maintained by long time owner and is in pristine condition. Features: large room sizes, eat-in kitchen, sunroom, hardwood floors, updated HVAC, and more! Exceptionally attractive price on this unique property. Great Value!



**OPEN SUNDAY 1-4!**  
\$600,000  
Old Belhaven Towne  
6308 OLDE TOWNE CT  
Gardener's Delight! Spacious 3 lvl TH boasts a beautiful eat-in kitchen w/42" cabinets, a separate DR, a LR w/bay window & FP, and a finished walkout rec rm w/built-in bookcases & a full bath. Upper lvl has 3 large BR & 2 FBA.

Catherine.Foltz@longandfoster.com  
Catherine Foltz 703.626.6914



**NEW LISTING!**  
\$275,000  
Palazzo  
"CONVENIENCE"  
Move-in ready 2BR/2BA condo! Beautiful & meticulously maintained space w/granite, SS, gas FP, new carpet (BRs), extra large balcony, closets, 2 garage spots. Amenities incl: pool & gym. Super location w/easy access to 395, 495 & 95

www.susanmoveyou.com  
Mindy Brubaker 571.242.9913



**NEW LISTING!**  
\$480,000  
Parker Gray Historic District  
"INCOME PRODUCING"  
2 rental units each 1BR/1BA could easily convert to single family. Rear fenced patio, parking for up to 2-4 cars. Conveniently located in the rapidly developing North End of Old Town. 4 blocks to Metro.



Denise Efes 571.212.3114  
Richard Webber 703.518.8448



2205 Bassett St  
\$675,000  
*Total Renovation-Price to Sell!*  
Price slashed for immediate sale! Seller's loss is your gain. Purchased last Aug. for over \$700,000 + additional \$20,000 invested. Fabulous 3 level colonial shines! Features: 4BR, 3.5BA, stunning kitchen, sumptuous MBR, 2FP, fin lower level with outside entrance. No expense was spared on renovating this better than new home from top to bottom!



1907 Rampart Dr  
\$625,000  
*Stunning Addition!*  
One of the most truly spectacular properties in Ft. Hunt area! Exceptionally bright, open floor plan. Back of home was expanded resulting in breathtaking, glass walled, open kitchen/family room and main level master suite. Fabulous features include: updated gourmet kitchen with granite and custom cabinets. Expansive deck! Great location!



804 Pendleton St  
\$799,000  
*Custom Townhome in Old Town!*  
Pre-Construction opportunity combines the advantages of premier Old Town setting with all the modern amenities & convenience of a new home. Spacious home by Wakefield features large room sizes, exceptionally bright open floor plan and the highest standards of upgrades. 2 parking spots! Home is currently under construction. Great opportunity to select finishes. Photo is artist's rendition of property.



**NEW PRICE & OPEN SUNDAY 1-4!**  
\$ 600,000  
Old Town  
1005 DUKE ST  

- Classic Victorian
- 3 bedrooms
- Parking
- Keep as residential or convert back to offices

Call for more information:  
Deborah Alea 703.447.1315



**PRICE DROP!**  
\$ 459,000  
Dupont Circle  
"RARE OFFER"  
2BR/1.5BA in The Pierre Condo. Art Deco at its finest. Birch hardwoods thru-out, tastefully repainted, oversized gourmet galley kit w/granite, SSA & mosaic glass tile backsplash. Renovated bath, new HVAC, double pane windows. A short stroll to 17th St, Metro, restaurants and more!

Sean Satkus 703.731.8086



**OPEN SUNDAY 1-4!**  
\$ 370,000  
Alex / Del Ray  
3002 MT VERNON AVE  
Charming TH in popular Del Ray neighborhood is move-in ready & Priced To Sell - No HOA! Feel 3 lvl 2/3BR & 1BA. Rare 2 off-st prkg spaces - 300sf brick patio off LR. Minutes to DC!

Sharon Edwards 703.408.8144



4502 Phylliss St  
\$549,950  
*Huge Home - Little Price!*  
Most home for the money in Mt. Vernon area! Incredibly spacious property with major additions including family room, master bedroom and oversize 2 car garage. 5 bedrooms, 3.5 baths, hardwood floors, and 2 decks. Library can easily be converted to main level bedroom. Prime location on large lot fronting cul-de-sac. Over 3,000 sq ft of beautifully maintained living area!



4003 Belle Rive Ter  
\$1,895,000  
*River Front Opportunity!*  
Owner wants immediate sale and has priced home accordingly. Previously listed at \$4.8 mil! Spacious custom home designed to capitalize on breathtaking river views from every corner of the home. Open floor plan with app. 11,000 sq ft of luxury. Extensive balconies, patio & roof deck embrace the majestic setting of this elevated lot overlooking the Potomac River! OFFERS INVITED!



2005 Westfield St  
\$625,000  
*Fabulous Home-Great Location!*  
A few blocks from River and GW Parkway, this fabulous home has been updated and expanded! Over \$104,000 in top quality updates have been recently completed! Features include: family room with cathedral ceiling, updated kitchen, top of the line cabinetry, appliances and Virginia soapstone countertops, 4BR, 2.5BA, spacious lower level. Private landscaped grounds on quiet cul-de-sac.



\$ 284,900  
Alexandria  
"LUSH SETTING"  
NEW PRICE for this amazing 2BR/1BA condo located amid the fun & excitement of Old Town. Light filled space, hardwood floors, 1 block to stores, coffee house & great restaurants. Pool. Easy commute to DC via 2 Metros.

Jim Crowe 703.856.8244



**OPEN SUNDAY 1-3!**  
\$ 415,000  
Alexandria #/718  
5902 MT EAGLE DR  
Spacious 3BR / 2BA, 1,695 square feet and two enclosed terraces. Updated kitchen, baths, HVAC's; multiple walk-in closets, garage & extra storage. Resort style living in Montebello, a gated community on 35 acres! Easy access to Old Town, I-495, Reagan Airport and DC.

Pictures: www.ijumanil.com  
Inderjeet Jumanli 703.472.8804



\$ 330,000  
Alexandria  
"TOTALLY REDONE"  
Chic, spacious & sophisticated 1BR/1BA, w/loft, minutes from Reagan & DC! Redesigned kit w/marble counters, breakfast bar, cherry cabinetry, spa-like bath, new wood floors, spacious upper loft w/FP & outdoor deck for summer BBQs! Walk along Potomac into Old Town... Turn-key!

Kim Muffler 703.282.7739



3932 Ft Worth Ave  
\$949,000  
*Updated Colonial!*  
Exciting new listing! Spacious 3 level colonial in prime Seminary Ridge location. Home is in pristine condition with many fabulous features including four large bedrooms, updated white kitchen, hardwood floors, luxurious master suite and oversized 2 car garage. Deck overlooks private grounds. Walk to St. Stephens/St. Agnes School. Convenient to everything!



5421 Grist Mill Woods Way  
\$825,000  
*Modern Home-Magnificent Setting!*  
Large colonial with bright, open floor plan in prime location on 1/2 acre lot backing to gorgeous parkland. Fabulous home with all the bells and whistles including: high ceilings, dramatic two story foyer, gourmet kitchen, first floor study, large family room, sumptuous master suite, full walk-out lower level and two car garage. Amazingly beautiful, private setting.



9005 Cherrytree Dr  
\$595,000  
8705 Yardley Dr  
\$530,000  
9316 Allwood Dr  
\$489,500  
*CONTRACT*



\$ 1,149,900  
Belle Haven  
"PARKLAND!"  
Center Hall Colonial in heart of Belle Haven w/4 finished levels of luxurious living space. 4BR/4BA/2FP. Renovated from top to bottom. Kitchen opens to family room and screened porch overlooks brick courtyard & parkland. Master suite w/spa bath, walk-in closet and rooftop deck. Suzanne Backus owner/agent

Suzanne Backus 703.338.3594



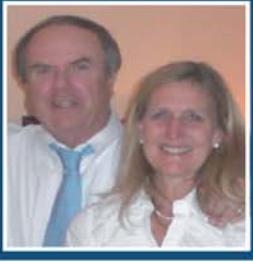
\$ 2,650,000  
Old Town  
"STEEPED IN HISTORY"  
This unique residence circa 1815 offers great flexibility as either a grand in-town estate or a part income producing property including apartments with separate entries. Many original features remain. 5 parking spaces. Walk

Ann Z. Logsdon 703.568.8433  
Emily Capelli 703.472.1282



**OPEN SUNDAY 1- 4!**  
\$ 310,000  
Fairlington / Arl.  
4601 31st RD S #B2  
1 lvl 2BR / 1BA in Fairlington Villages. Enjoy summer days & evenings on the porch opening up from DR. Fresh paint & gleaming hwdws make this unit show beautifully. Lge storage space conveys + parking. Near shops/restaurants in Shirlington - min to Pentagon & DC. Pool & tennis courts.

Mary Bourke 703.906.5825



#1 Long and Foster Agent in Virginia - 2009 & 2010!  
CHRIS WHITE ~ 703.283.9028

www.chrisandpeggywhite.com ~ chris.white@longandfoster.com



## ENTERTAINMENT

# Some Like It Haute



Shoes sold at The Shoe Hive come in any style for work, casual gatherings, special occasions, and more along with other accessories.

### SHOE HIVE 115 S. Royal Street, Alexandria; 703-584-7105 [www.theshoehive.com](http://www.theshoehive.com)

A balance of everything is what you will find at the Shoe Hive. From casual to professional, the boutique sells shoes from designers such as Tony Burch, Butter, Sam Edelman and many more. Abigail Hopkins, manager at the Shoe Hive said, "Our main focus is finding things you can't get anywhere else."

The Shoe Hive was opened in 2003 by owner Elizabeth Todd, who also founded the Old Town Boutique District. In addition to shoes, the shop also carries handbags, jewelry, and hats.

**Alexandria's Boutique District offers something special for everyone.**

BY SVETLANA AVELLAN  
GAZETTE PACKET

**A**lexandria is known for its unique history, brick-lined streets, trendy restaurants, shops, theaters, and many other attractions that caused the city to be a major draw for tourists. Although many locals may be familiar with them, others aren't aware of the treasures to be found in the Old Town Boutique District. Located mainly on and off King Street, the district consists of 28 unique boutiques. Inside each, the shops are filled with one-of-a-kind or hard-to-find items, all within walking distance. For more information, hours of operation, and directions, visit [www.oldtownboutiquedistrict.com](http://www.oldtownboutiquedistrict.com).

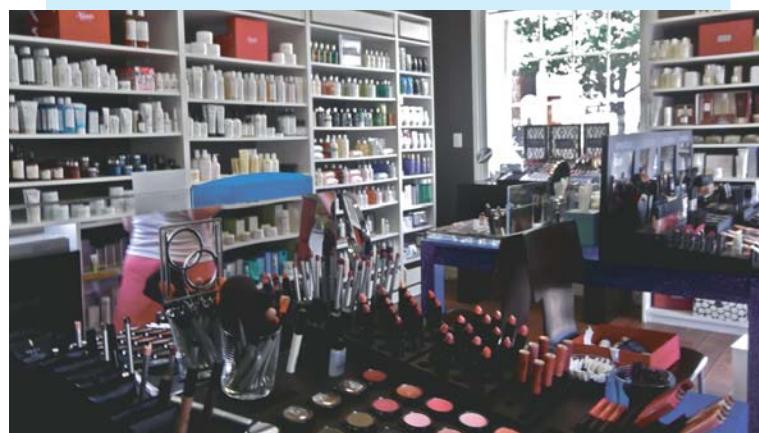


Designers such as Prada, Chanel, and Versace are sold at the three-story boutique Diva.

### DIVA 116 S. Pitt Street, Alexandria; 703-683-1022 [www.divaboutiqueva.com](http://www.divaboutiqueva.com)

Opened in 2006 by owner Cindy McCartney, Diva brings a European atmosphere to Old Town. With McCartney's obsession in shopping, she wanted to open a consignment store after 20 years of working as a cosmetics manager. Diva carries brands such as Chanel, Prada, Marc Jacobs, and many more.

"I have things that work for everyone from high school on up. We have a selection of jewelry, handbags, and shoes as our add-ons for the clothes," said McCartney.



Bellacara, meaning beautiful face.  
BELLACARA

### 1000 King Street, Alexandria; 703-299-9652 [www.bellacara.com](http://www.bellacara.com)

Owners Kimberly Putens and Angela Sitilides recently celebrated their 11th anniversary of opening a boutique that sells products for hair, skin and body. "Brands sold in Bellacara are not your typical drug store brands," said Putens.

With more than 45 brands in the shop, and no previous professional training, Putens said, "We are women, we have enough personal experience to satisfy our customers." Attracting ages 30-50, both Putens and Sitilides know exactly which product will work for a customer, based on their research and personal use of the cosmetics.



Pink and Brown offers seasonal clothing made out of organic materials for both boys and girls.

### PINK & BROWN 1212 King Street, Alexandria; 703-584-7105; [www.pinkandbrownboutique.com](http://www.pinkandbrownboutique.com)

Anything made from tree-bark, bamboo, soy, organic cotton is not only unique but comfortable and healthy for any person, especially a baby. Owner Lan Le opened Pink & Brown three years ago from an inspiration of her own children. "Two of my three kids have sensitive skin. It was hard to find any store that sold organic clothing; therefore for the health of my kids, I opened Pink & Brown," said Le.

Items sold at Pink & Brown such as handmade toys, eco-friendly furniture, and shoes come from all over the world from designers in Canada, Peru, and others.



fibre space offers products and classes for current and future customers that knit and crochet.

### FIBRE SPACE 102 N. Fayette Street, Alexandria; 703-664-0344 [www.fibrespace.com](http://www.fibrespace.com)

After years of teaching, owner Danielle Romanetti's number of students grew out of control, which caused her to open fibre space. Launched in 2009, fibre space sells supplies for those who knit and crochet. "Like many, we deal with stress, and by keeping my hands busy, knitting is my stress-reliever," said Romanetti. The shop provides all level classes, including summer camps. With the lessons, customers may attend parties and events to discover new ideas and products.

# Local Boutiques Heat Up Summer



The Sugar Cube can cure any sweet tooth with a vast variety of candy and chocolate offered.

## SUGAR CUBE

210 N. Lee Street, Alexandria; 703-584-2868

[www.sugarcubesweets.com](http://www.sugarcubesweets.com)

Who doesn't crave sugar once in a great while? Owners and sisters Kim and Alyssa Theodore's passion for sweets led into launching Sugar Cube in 2006. "Our parents were self-employed, therefore we always joked about opening our own business, and here we are," said Kim Theodore.

After graduating from college, both Kim and Alyssa applied their skills into their professional and creative side of business. Kim added, "We carry candy that you can't find in this area, and it's guaranteed to be fresh."



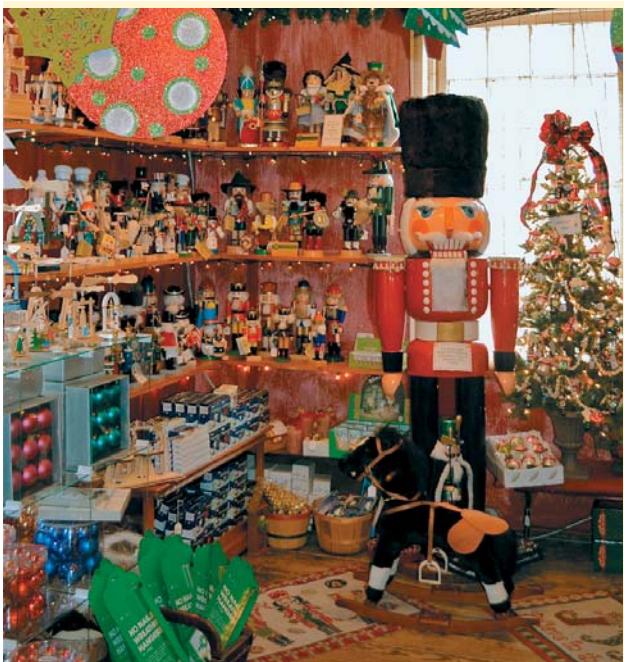
Imperfections sells unique furniture found at auctions, and from intensive research.

## IMPERFECTIONS

1210 King Street, Alexandria; 703-837-1670

Since 1999, Imperfections has featured numerous antique furniture found in auctions and intensive research performed by owner Nancy Deitchman. When entering the shop, each corner, wall, and section of the floor is laid out in its own unique way.

On the side of furniture, Imperfections also carries original paintings by Ron Van Sweringen and Zakhar Sasim. "Our store attracts college students, senators, delegates, tourists and your everyday people," said Peggy Young, Deitchman's assistant. Imperfections sells items from vintage to modern with good quality and price.



The Christmas Attic sells anything that fits the Christmas tree, including ornaments for each holiday from Easter to the Fourth of July.

## THE CHRISTMAS ATTIC

125 S. Union St., Alexandria; 703-548-2829

[www.christmasattic.com](http://www.christmasattic.com)

For 40 years, Christmas Attic has opened the door for holidays, attracting locals and tourists for a large variety of ornaments. The boutique sells decorations for any holiday occasion such as Halloween, Easter, Thanksgiving, Fourth of July and many others.

Betsy Husser, buyer, who has been at the Christmas Attic for 30 years, said, "In addition to the ornaments, we sell gift items, jewelry, wine, for all age groups." Located inside a 200-year-old building, The Christmas Attic has two floors filled with something to gaze at in each corner.



Fitness on the Run offers classes for those seeking to gain strength and optimal health.

## FITNESS ON THE RUN

109 S. Alfred Street, Alexandria; 703-299-9333

[www.fitnessontherun.net](http://www.fitnessontherun.net)

Fitness on the Run opened seven years ago by owners Adrien Cotton and Denise Dick. The boutique fitness facility offers one-on-one training, with classes that focus on strength, endurance, resistance, and conditioning. "After 16 years of working in the political world, I realized I wanted to help people become happier and healthier," said Cotton.

Along with the owners, Fitness on the Run has many skilled trainers that attract ages 35 to 70. In addition, the facility offers nutritional advice and counseling.



Wine, coffee, tea, lunch, dinner, classes, socials and monthly features are all within Grape + Bean.

## GRAPE + BEAN

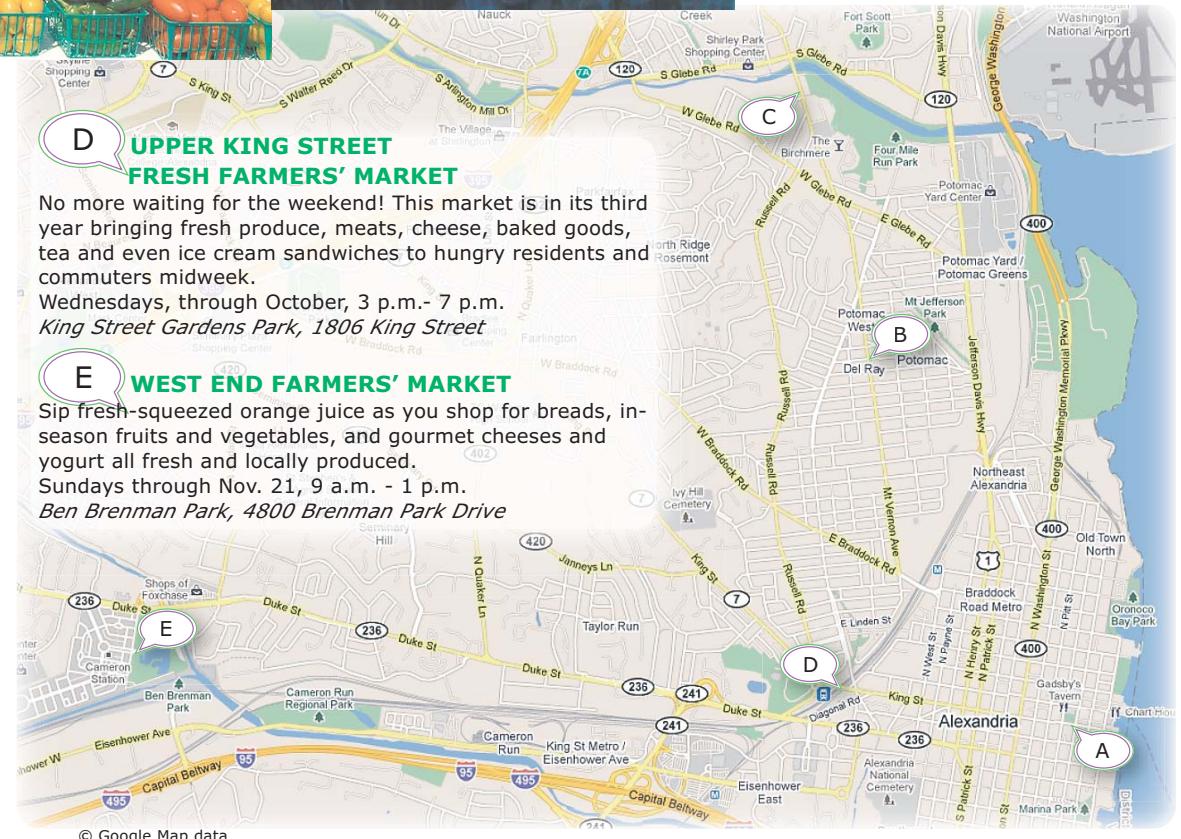
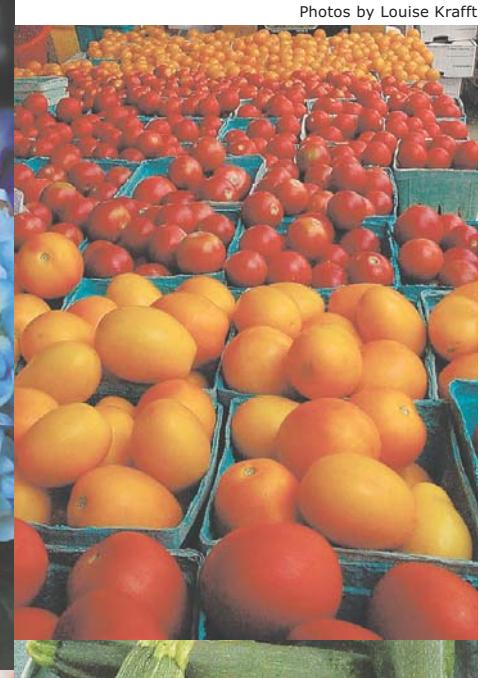
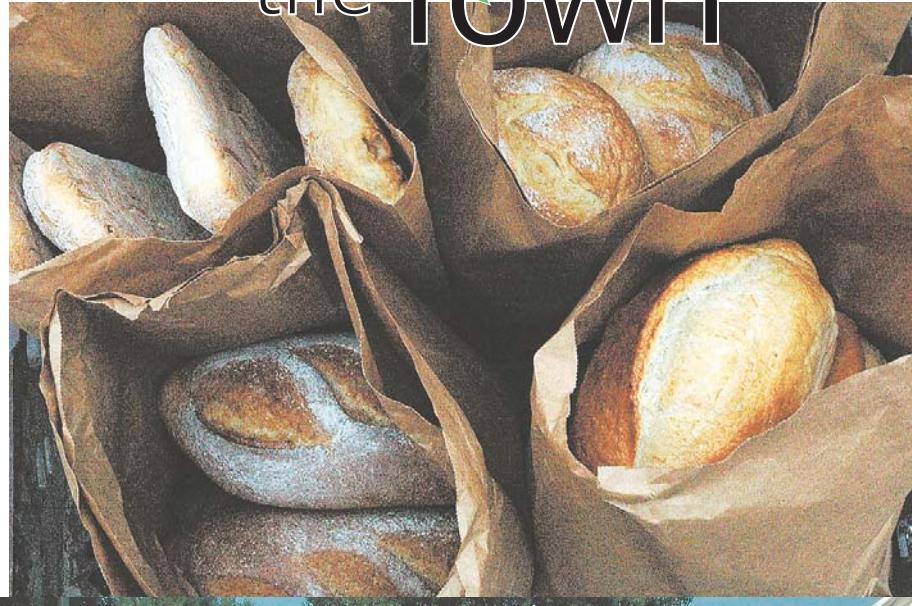
118 S. Royal Street, Alexandria; 703-664-0214

[www.grapeandbean.com](http://www.grapeandbean.com)

In other words, Wine + Coffee. For many, the day starts with one and ends with the other, according to Sheera Rosenfield, co-owner along with husband David Gwathmey. Opened in 2008, Grape + Bean carries more than 200 different wines, including a variety of coffee from around the world. "We wanted to fill that gap in Old Town of bringing something of high quality," said Rosenfield.

Along with fine drinks, the specialty shop offers menu service throughout the day. With over 15 years of experience, David and Sheera offer seated and stand-up classes for knowledge and social gatherings. Check out the shop's grape and bean of the month.

# Talk of the Town



**To Market, To Market** ....Ah, summer in full swing. The Wanderer could get lost in the abundance at any one of our city's farmers markets. He is determined to visit them all which could take the whole summer. No matter when the days are this lazy and the eating is this good.

Photos by Louise Kraft

## A OLD TOWN FARMERS' MARKET

Operating since 1753, the Old Town Farmers' Market is considered to be the one of the nation's oldest continually operating farmer's markets. Find a bustling crowd every Saturday morning enjoying the fresh produce, baked goods and crafts. Some of the best people /dog watching in the city! Saturdays 5 a.m. - 10:30 a.m. Year round.

Market Square, 301 King Street

## B DEL RAY FARMERS' MARKET

The place to be on Saturday mornings in Del Ray. For those who prefer sleeping in, this one begins and runs later than the venerable one at Market Square. Grab a coffee and browse the assortment of fresh bakery goods, seasonal fruits and vegetables, cheeses, fancy nuts and jams and jellies. Saturdays 8 a.m. - Noon.

Corner of East Oxford & Mount Vernon Avenue

## C FOUR MILE RUN FARMERS' & ARTISANS' MARKET

The newest market in Alexandria has grown out of the effort to improve the Four Mile Run Park and better the quality of life for the residents of Arlandria and visitors to the neighborhood. Located at the entrance to the park on the busy biking and walking trail, it reflects the diversity of the community and is brimming with goods from local producers and artists. Sundays, through Oct. 31, 8 a.m. - 1 p.m.

4109 Mount Vernon Avenue

# ENTERTAINMENT

## JULY 10 TO OCT. 31

### Alexandria Arts and Crafts Fair.

11 a.m. to 6 p.m. every Sunday. Features some of the areas' best artists and artisans and includes jewelry, glass works, ceramics and pottery, hand woven products, and other crafts. At St. George Gallery, 105 North Alfred Street, in the heart of Old Town Alexandria.

## SUNDAYS IN JULY

### Civil War Sundays.

1 to 5 p.m. Free. At the Alexandria Archaeology Museum, located on the third floor of the Torpedo Factory art Center.

## EVERY THURSDAY

### Environmental Activists Needed.

6 to 9 p.m. Clean up your community, your country, your planet — meet with the Sierra Club at its new NOVA Hub in Del Ray, 2312 Mount Vernon Ave., Suite 206, Alexandria. RSVP to Phillip Ellis, Sierra Club Field Organizer at 571-970-0275 or phillip.ellis@sierraclub.org.

## NOW THROUGH OCT. 30

### Civil War Walking Tour.

Saturdays and Sundays 9:30 a.m. to 3:30 p.m. Covers the changing role of African Americans on the estate, views on George Washington from the perspective of Union and

Confederate supporters, and the Washington-Robert E. Lee connection. At Historic Mount Vernon. These tours are limited in capacity and cost \$5 in addition to Estate admission: \$15 adults; \$7 children (6-11); free for children 5 & under. Visit [www.MountVernon.org](http://www.MountVernon.org) or call 703-780-2000.

## NOW THROUGH JULY 10

### The Solid Gold Cadillac.

Presented by Aldersgate Church Community Theater. Show dates are June 24, 25, July 1, 2, 8, 9 Fridays and Saturdays, 8 p.m.; June 26, July 3, 10 Sunday Matinees, 3 p.m. Advance tickets are \$14/adults; \$11/youth/senior. Tickets at door are \$15/adults and \$12/youth/seniors. At Aldersgate United Methodist Church, 1301 Collingwood Rd. Alexandria. Visit [www.acctonline.org](http://www.acctonline.org) or call 703-660-2611.

## FRIDAY/JULY 8

### The Sock Monkeys.

8 p.m. At The Carlyle Club, 411 John Carlyle St., Alexandria. Call 703-548-8899. Visit [www.thecarlyleclub.com](http://www.thecarlyleclub.com).

## SATURDAY/JULY 9

### Celebrity Grill-Off Showdown.

10 a.m. to 3 p.m. Cowboy-themed games at the Stockman & Dakota Corral. With Craig Melvin, WRC anchor and Britt McHenry, WJLA sports reporter. The celebrities will grill-up Stockman & Dakota steaks using their own recipes. Visitors will be able to sample and vote for their favorite celebrity-prepared steak. The winning grill-master, as determined by visitors' votes, will receive a \$5,000 donation to their charity of choice. At Potomac Yard Center, parking lot of Shoppers, 3801 Jefferson Davis Hwy., Alexandria.

### Annual City of Alexandria & USA Birthday.

4 to 10 p.m. The City of Alexandria will celebrate its 262nd and the USA's 235th birthday at Oronoco Bay Park, 100 Madison St., located at the Potomac River between Fairfax, Pendleton, and Madison Streets. The celebration includes fun for the entire family, including children's activities, community exhibits, a performances and birthday cake. Contact: Special Events, cheryl.lawrence@alexandriava.gov, 703-746-5418.

### Meade Skelton.

8 to 10 p.m. At St. Elmo's Coffee Pub in Del Ray, 2300 Mount Vernon Ave. Call 703-739-9268.

### Reconciliation and the Elaine, Arkansas Race Riot of 1919: Forgive or Forget.

Free. Part of Movies With a Mission program. At the Alexandria Black History Museum, 902 Wythe Street, Alexandria. Call 703-746-4356. Visit [www.alexblackhistory.org](http://www.alexblackhistory.org)

## SUNDAY/JULY 10

### Civil War Sunday.

1 to 5 p.m. Explore the Civil War in Alexandria with "Civil War Sundays" at the Alexandria Archaeology Museum, 105 North Union Street, #327, Alexandria. Visit [www.alexandriarchaeology.org](http://www.alexandriarchaeology.org) or call 703-746-4399.

## MONDAY/JULY 11

### The 257th Army Band.

7 to 8:30 p.m. The 257th Army Band is a National Guard unit located in the capital city. Officially recognized as "The Band of the Nation's Capital". At Market Square, 301 King St., Alexandria. Contact: Maureen Sturgill, maureen.sturgill@alexandriava.gov, 703-746-5420.

## WEDNESDAY/JULY 13

### Poetry Reading.

7:30 to 8:30 p.m. Neva Herrington, whose



## JULY 11

### MetroStage Concert Series.

Singer Lori Williams will be performing as part of a new Summer Concert Series beginning July 11. The Monday night concerts will feature award-winning jazz and gospel artists. For more information call 703-548-9044.

daughter Elizabeth was murdered in Fredericksburg, wrote a series of poems about the ordeal. She will also read her poems about lighter subjects, like garlic and coffee cake. At the Duncan Library, 2501 Commonwealth Ave., Alexandria. Call 703-746-1705.

**Lunch Bunch Concert.** 12 to 1 p.m. Andrew McKnight (Folk/Roots). At the Canal Center Plaza, 44 Canal Center Plaza. Contact: Special Events, maureen.sturgill@alexandriava.gov, 703-746-5592.

**Summer Concert Series.** 8 p.m. The U.S. Air Force Band — Max Impact, The Airmen of Note and the Air Force Strings. At T.C. Williams High School, 3330 King Street, Alexandria. Call 202-767-5658 or visit [www.usafband.af.mil](http://www.usafband.af.mil).

**DJ Dance Party.** 9 to 11 p.m. Admission is \$6. With DJ Dave Murphy. At Nick's Nightclub, 642 South Pickett St., Alexandria.

## THURSDAY/JULY 14

### Michael DeLalla in Concert.

7 p.m. Tickets are \$10. Part of the Second Thursday Music. At The Athenaeum, 201 Prince Street, Alexandria. Call 703-548-0035 or visit [nvfaa.org](http://nvfaa.org).

### Music at Twilight Concerts.

7:30 to 8:30 p.m. The Bobcats (Rock & Roll). At Fort Ward Park Amphitheater, 4301 W. Braddock Rd., Alexandria. Contact: Special Events,

maureen.sturgill@alexandriava.gov, 703-746-5592.

### Alive With History.

6 to 9 p.m. Free. Explore the Torpedo Factory Art Center's history with a DIY button project and historical photobooth, and learn about the Alexandria Black History Museum. Target Gallery hosts the Artist of the Year reception for Tory Cowles, and The Art League Gallery hosts the reception for the All-Media Membership Show and Francis Borchardt's solo show, with live music by The Higher Ground String Band. At the Torpedo Factory Art Center, 105 N. Union St., Alexandria. Visit [www.torpedofactory.org](http://www.torpedofactory.org); 703-838-4565.

## FRIDAY/JULY 15

### Mount Vernon Swing Band.

7:30 to 9:30 p.m. Admission is \$4 at door. Dance to a live band led by conductor Owen Hammatt. Open to All. At Hollin Hall Senior Center, 1500 Shenandoah Road, Alexandria. Call 703-765-4573.

### Alexandria Citizens Band Concert.

7:30 to 8:30 p.m. The City's Oldest Performing Arts Organization. At Market Square, 301 King St., Alexandria. Contact Special Events, maureen.sturgill@alexandriava.gov, 703-746-5592.

### John Pizzarelli.

8 p.m. At The Carlyle Club, 411 John Carlyle St., Alexandria. Call 703-548-8899. Visit [www.thecarlyleclub.com](http://www.thecarlyleclub.com).

## JULY 15-17

### Christmas in July.

Presented by The Christmas Attic and the businesses of Union Street. 15 retailers and community organizations will host a variety of activities either inside stores or on Union Street ranging from pictures with

"Summer" Santa & Mrs. Claus, historical tours, holiday trunk shows, food and wine tastings, cookie decorating, storytime for tots, ornament making, arts and crafts, ice cream, paint

your own nutcracker, green holiday home tips, fashion styling, pooh pictures, musical entertainment and much more.

Located on Union Street between Cameron and Duke Street in Old Town. Visit [www.christmasattic.com](http://www.christmasattic.com) or 703-548-2829.

## SATURDAY/JULY 16

### Jeff Bush Jazz.

8 p.m. At The Carlyle Club, 411 John Carlyle St., Alexandria. Call 703-548-8899. Visit [www.thecarlyleclub.com](http://www.thecarlyleclub.com).

### Speak Up for a Child.

11 a.m. Fairfax Court Appointed Special Advocates is hosting an information session for volunteers. If you would like to learn more about advocating for abused or neglected children, call 703-273-3526, x22 or email [ekosarin@casafairfax.org](mailto:ekosarin@casafairfax.org). At Sherwood Regional Library, 2501 Sherwood Hall Lane, Alexandria.

### Civil War Spotlight Talks.

Free. Explore Civil War Artillery Projectiles. 30-minute talks from 10 a.m. to noon; and 2 to 4 p.m. Learn about a variety of Civil War-period ammunition, from a 100-pounder Parrott shell to a Ketcham hand grenade. At Fort Ward Museum, 4301 West Braddock Road, Alexandria. Visit [www.fortward.org](http://www.fortward.org) or call 703-746-4848.

## JULY 16 TO AUG. 6

### Signature's Sizzlin' Summer Cabaret.

Cabarets will include "Let Me Sing" and "I'm Happy" ("The Music of Irving Berlin"), a collection of Berlin favorites featuring Sherri L. Edelen, James Gardiner, Matt Pearson and Bayla Whitten. Solo cabarets include Erin Driscoll ("[title of show]," "Sweeney Todd"), and last year's Sizzlin' Summer artists Bob McDonald and Sandy Bainum ("Sunset Boulevard"). Tickets for all cabarets are \$25 each. Signature offers a special All-Access Pass for \$125. At Signature Theater, 4200 Campbell Ave., Arlington. Call 703-820-9771.

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## DRIVE FOR ALIVE! AUGUST 29, 2011

ALIVE! serves thousands of Alexandrians annually with shelter; low-cost early childhood education and childcare; financial help for rent, utilities, medical care and other critical needs; emergency food; and deliveries of donated furniture and housewares. **Belle Haven Country Club** is proud to present its par 72, 6,910 yards, 18 hole championship golf course for the **Alexandria Chamber of Commerce 2011 Golf Classic presented by Wiygul**. This year a portion of the proceeds and a donation drive on the day of the tournament will benefit ALIVE! Redesigned in 2002–2003 by renowned golf course architect, Arthur Hills, Belle Haven

Country Club's golf course is considered to be one of the finest courses in Virginia and the Mid-Atlantic area. The

golf course sits along the George

Washington Parkway adjacent

to the Potomac River. The

Tournament fee includes 18

holes of golf starting at 9

a.m., one-hour open bar and

awards reception buffet, a

premium giveaway item,

prizes for longest and

straightest drive, putting and

closest-to-the-pin contest, sleeve

of balls, cart, snacks and beverages

while on the course. **Sign up at**

**www.alexchamber.com to make an online donation to ALIVE and play in the tournament.**



# FINE ARTS

**THURSDAY/JULY 14**

**Alive With History.** 6 to 9 p.m. Free. Explore the art center's history with a DIY button project and historical photobooth, and learn about the Alexandria Black History Museum. Target Gallery hosts the Artist of the Year reception for Tory Cowles, and The Art League Gallery hosts the reception for the All-Media Membership Show and Francis Borchardt's solo show, with live music by The Higher Ground String Band. At the Torpedo Factory Art Center, 105 N. Union St., Alexandria. Visit [www.torpedofactory.org](http://www.torpedofactory.org); 703-838-4565.

**AUG. 5 TO 28**

**States of Mind Exhibit.** 7 to 10 p.m. Join Kimberley Bush, Ellyn Ferguson, Lesley Hall, Fransi Kaye, Katherine Rand, Gloria Vestal, and Tracy Wilkerson as they showcase encaustics, abstract art, figurative works, stained glass, and mixed media artwork. Opening Aug. 5 from 7 to 10 p.m. At Del Ray Artisans, 2704 Mount Vernon Ave., Alexandria. Visit [www.TheDelRayArtisans.org](http://www.TheDelRayArtisans.org).

**AUG. 3 TO SEPT. 4**

**The Power of Color III.** Artist's reception is Saturday, Aug. 13 from 5 to 8 p.m. At Gallery West, 1213 King Street, Old Town Alexandria. Visit [www.gallery-west.com](http://www.gallery-west.com) or call 703-549-6006.

**AUG. 2 TO SEPT. 11**

**"Satellite Images."** Free. Jewelry, sculpture, clothing and wall pieces will be exhibited. At Studio 18 in the Torpedo Factory Art Center, 105 North Union Street, Old Town Alexandria.

**NOW THROUGH JULY 31**

**JAT: Paper, Brass and Process.** Art work by Jonathan Thompson. In Paper, Brass and Process, JAT explores Victorian-themed issues of beauty and violence with emphasis on process and technique. At the Schlesinger Center Margaret W. & Joseph L. Fisher Gallery.

**NOW THROUGH JULY 24**

**"Up in Smoke." Kiln Club Show.** At 105 North Union Street, Ground Floor Studio 19, Alexandria. Call Scope Gallery at 703-548-6288 or visit [www.torpedofactory.org/galleries/scope](http://www.torpedofactory.org/galleries/scope).

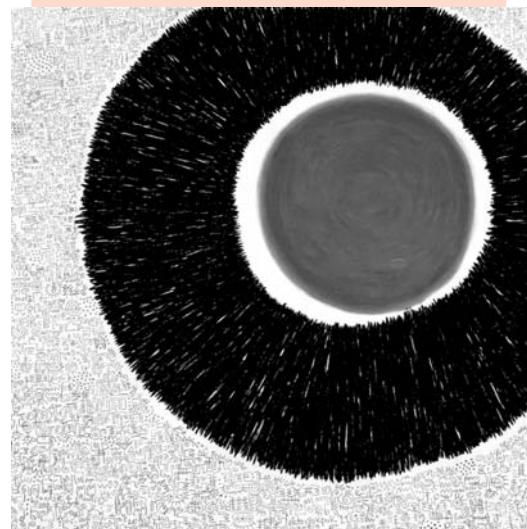


**NOW THROUGH AUG. 14**

**Tory Cowles: Living Large.** Artist's reception is July 14 from 6-8 p.m. Reception: July 14, 6-8 p.m.; awards ceremony at 7 p.m. with juror, Harry Cooper, Curator and Head of Modern and Contemporary Art at the National Gallery of Art. Special Programming: July 28, 6-8 p.m.; Art Panel: Why does art move you? At the Target Gallery, Torpedo Factory Art Center, 105 N. Union Street, Alexandria.

**NOW THROUGH JULY 22**

**Made in the U.S.A.** Del Ray Artisans will be celebrating Independence Day and the month of July with artwork inspired by U.S. people, places and/or things. Show Opening and Artist Reception: Friday, July 1 from 7 p.m. to 10 p.m.



**Composition #11, Victor Ekpuk, 2011, 50" x 50", pastel and graphite on paper.**

**JULY 14 TO AUG. 28**

**Drawing Analogies.** Features seven artists who are united in that they are trying to explore and understand aspects of their worlds through the creation of drawings. Artist's reception is Sunday, July 17 from 4 to 6 p.m. At the Athenaeum Gallery, 201 Prince Street, Alexandria. Visit [www.nvfaa.org](http://www.nvfaa.org).

At the Del Ray Artisans gallery at the Nicholas A. Colasanto Center, 2704 Mount Vernon Avenue, Alexandria. Visit [www.TheDelRayArtisans.org](http://www.TheDelRayArtisans.org).

**NOW THROUGH JULY 10**

**Philosophy of Nature.** With artist Kurt Godwin. Through the paintings in 'Philosophy of Nature,' Kurt Godwin attempts to understand the universe by layering scientific diagrams that explain natural phenomena with alchemical symbols, emblems, and other icons — both contemporary and ancient. At the Athenaeum, 201 Prince St., Alexandria. Call 703-548-0035 or visit [www.nvfaa.org](http://www.nvfaa.org).

**NOW THROUGH DEC. 31**

**"In Black and White."** Photography by Nina Tisara and Peggy Fleming. "In Black and White" highlights two different aspects of African American life and culture. Tisara's series "United in the Spirit" focuses on worship in Alexandria's African American community, while Fleming's work "Crown Me!" looks at the social life of one group of African American men and a traditional American pastime. At the Alexandria Black History Museum, 902 Wythe Street, Alexandria.

**Call for Instructors for Art Camp 2011**

(7/25-7/29). Projects should combine educational elements with hands-on and engaging opportunities for creativity and relate to a current or historic craft founded in cultural tradition. Ages 8-14. [www.theDelRayArtisans.org](http://www.theDelRayArtisans.org).

**JULY 6 TO JULY 31**

**Poetry of Light.** Pastels by artist Rachel Estrada. Artist's Reception: Saturday, July 9 from 5-7 p.m. Closing Reception: Saturday, July 30, from 5-7 p.m. At Gallery West, 1213 King Street, Old Town Alexandria. Visit [www.gallery-west.com](http://www.gallery-west.com) or call at 703-549-6006.

**MONTH OF JULY**

**"Artistic Visions."** Twenty artists in multiple media will showcase their recent artistic expressions. A summer show and sale at the Gallery at Convergence. Meet the artists reception is July 22 from 5 to 8 p.m. At the Gallery at Convergence, 1801 N. Quaker Lane, Alexandria. [www.arlingtonartistsalliance.org](http://www.arlingtonartistsalliance.org).

**NOW THROUGH JULY 31**

**Exhibition of Commemorative Wares.**

Features ceramic wares that reflect the Alexandria community's keen interest in current and historic events. At the Lyceum, 201 South Washington Street, Old Town Alexandria. Call 703-746-4994 or visit [www.alexandriahistory.org](http://www.alexandriahistory.org).

## Take a walk on the SOUTHSIDE

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**FACCIA LUNA TRATTORIA**  
703-841-0464

**WILLIAMS SONOMA**  
703-836-1904

**SOUTHSIDE 815**  
703-836-6222

**McMILLAN & MURFREE, DDS**  
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**M & T BANK**  
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**PERK UP COFFEE**  
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**The Shops at 801 South Washington Street•Alexandria**

## The Best in Family Dining



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An Alexandria community fixture for more than 100 years, the Royal Restaurant offers the best in Greek, Italian and American cuisine. Enjoy burgers, steaks, prime rib, chicken, seafood, pasta and full salad bar complete with special children's menu items.

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People eat lunch and listen to music at Canal Center Plaza.

## NEWS



Folk by Association performs.

# City Offers Free Lunch Bunch Concerts

BY MAYA HOROWITZ  
GAZETTE PACKET

**F**olk by Association performed at a free Lunch Bunch concert Wednesday, June 29 at Canal Center Plaza. This concert was sponsored by the Alexandria Department of Recreation, Parks and Cultural Activities and Tishman Speyer property management.

About 70 people came and ate their lunch, or ice cream from the vendor situated nearby, while listening to the eclectic acoustic music. Maureen Sturgill, recreation manager with the special events office of the Department of Recreation said, "Anybody who wants to come by and listen is welcome to. ... It's free and open to the public. ... We try to do a variety of differ-

ent kinds of music to appeal to everyone."

She also noted, "It's a good venue to introduce your kids to music."

Melody Burke brought her 5- and 3-year-old daughters. She said, "We wanted some place to have lunch, and I heard about this. ... It's a beautiful day."

Joan Cox, a graphic designer at HDN Studio, said, "I work nearby.

I came across these concerts a few years ago. ... It's a really nice break from work."

This was one in a series of concerts put on by the city at various locations around town. The next concert will be Capitol Sound of the 257th Army Band at Market Square at 7 p.m. July 11. For a complete list of concerts, see Gazette Packet's calendar of events on page 19.



### Self Styling

MAYA HOROWITZ/GAZETTE PACKET

**Lauren Beard, 12, from Oklahoma, shows off her sense of style. She is in town visiting her grandparents. She says her Nana helps her with her style. The other students at school think Lauren is particularly fashionable. "I really like fashion and clothes," she said. For this outfit, she chose items based on whether the colors matched. She picked the purse that "made the outfit pop."**

# Biking for the Congo Resident rides for Falling Whistles.

BY SVETLANA AVELLAN  
GAZETTE PACKET

**A**lexandria resident Emily Canfield is bicycling across the country to promote free and fair elections in Congo's upcoming elections this November. Canfield is working with Falling Whistles, a nonprofit campaign for peace in Congo. It was inspired by "whistleblowers" — child soldiers too small to carry a gun, who are sent to the frontlines of war armed with only a whistle.

### Q: How did you find out about Falling Whistles?

A: I found out about Falling Whistles last spring when the founder, Sean Carasso, was traveling to different colleges to speak about Congo and Falling Whistles' cause. I was immediately drawn to the story about the whistleblowers, and supported the organization by buying the whistle that they sell to raise money, and by telling other people about what was happening in Congo. It wasn't until I heard about the bike tour, however, that I realized how much more I could do to help make a change.

### Q: What do you hope to accomplish with this tour?

A: These are Congo's second consecutive elections, and it is crucial that they are successful. By riding across the country, we're hoping to spend time with different people and communities



Canfield

and gather interest in the elections. Ultimately, we hope to gain enough support to convince President Obama to send a special envoy to Congo to help ensure that these elections go smoothly and are indeed democratic.

### Q: Are you promoting this tour throughout the country? If so, how?

A: Along with trying to make contact with different media outlets in all of our stops to gain a following for our tour and for Falling Whistles, we have been booking events. These range from talks at coffee shops to community bike rides and discussions. Our main goal is to gain interest in the campaigns, and have people sign the petition that has been sent to President Obama.

### Q: When are you returning?

A: I will be arriving in Venice Beach, Calif. on Aug. 21, along with three other students. From there, we will be flying back to the East Coast on our own time. I'll be back on the 23rd, just before my fall semester classes start.

### Q: Who else is traveling with you?

A: Brendan Murphy, from New York, and Bess Kretzinger and Emily Downing from Missouri.

To learn more about Falling Whistles, visit [www.fallingwhistles.com](http://www.fallingwhistles.com).

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### LEGAL NOTICE

Pursuant to the provision of section 4-1-16 of the code of the City of Alexandria, the Alexandria Police Department located at 2003 Mill Road, Alexandria, VA 22314 is now in possession of unclaimed bicycles, mopeds, lawn equipment, money, scooters, and other items. All persons having valid claim to the property should file a claim to the property with reasonable proof of ownership or the items will be sold, destroyed, converted or donated. For a complete listing go to <http://alexandriava.gov/police/> and contact the Police Property Unit at (703) 838-4709.

### Obituary



Marlene Able

On Wednesday, June 29, 2011 at INova Alexandria Hospital after an extended illness. She leaves her husband, Alexander Elliott, one brother, William Able, seven nieces, one nephew and a host of other relatives and friends. Friends may call at the Harvest Assembly Baptist Church, 8012 Fordson Road, Alexandria, VA 22306 on Saturday, July 9, 2011 from 9 a.m. until time of service at 11 a.m. Minister Mary Saunders officiating. Interment in Coleman Cemetery. Arrangements by Greene Funeral Home, Alexandria.

### PUBLIC NOTICE

Please take notice that the City will accept proposals for a piece of surplus real estate from the time of this advertisement through August 15, 2011, 3:00 p.m. local time. The parcel is commonly known as 200 North Royal Street and is approximately 10,666 (2 floors plus basement), on a 1,677 square foot lot. Details regarding the proposal process and more information about the parcel can be found at the following link:

<http://alexandriava.gov/generalservices/>

Please contact Timothy E. Wanamaker, Deputy Director, Department of General Services, 110 North Royal Street, Suite 300, Alexandria, VA 22314, phone (703) 746-3208, e-mail [Tim.Wanamaker@alexandriava.gov](mailto:Tim.Wanamaker@alexandriava.gov), with any questions.

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# Commission Honors Brusnahan, Sachs

**Highlighting service and scholarship.**

BY MAYA HOROWITZ  
GAZETTE PACKET

**C**asey Brusnahan and Tom Sachs received awards from the Alexandria Commission on Persons with Disabilities on Tuesday, June 28 at City Hall.

Sachs received the John Duty Collins III Outstanding Advocate for Persons with Disabilities Award. He has served on the Alexandria Commission on Persons with Disabilities for the 21 years. Along with the award comes a \$500 donation in Sachs' name to an organization of his choice that contributes to the promotion of equal opportunity for persons with disabilities within the City of Alexandria. He chose Metropolitan Washington Ear.

The award is named in honor of John Duty Collins III, a founder and vice chair of the Alexandria Commission on Persons with Disabilities. Collins worked to improve accessibility in facilities throughout Alexandria, including City Hall and the Courthouse.

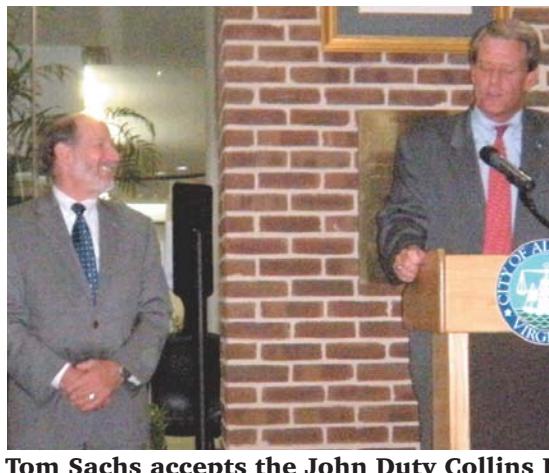
Accepting the award, Sachs said, "I am beside myself. This is a real honor. My 21 years on the commission have been eye-opening."

Funding for the John Duty Collins III Outstanding Advocate Award is provided by the Collins family.

Virginia Collins, mother of John Duty



**Casey Brusnahan accepts the Gerry Bertier Scholarship from Vice Mayor Kerry Donley.**



**Tom Sachs accepts the John Duty Collins III Outstanding Advocate for Persons with Disabilities Award from Vice Mayor Kerry Donley.**

PHOTOS BY MAYA HOROWITZ/GAZETTE PACKET

Collins III, said, "It improves every year ... I think it's a very heartwarming ceremony."

Her daughter Susan said, "Tom is such a deserving recipient. Twenty-one years is a long time to serve your city on a volunteer basis."

**CASEY BRUSNAHAN** received the Gerry Bertier scholarship. This merit-based scholarship is awarded to an Alexandria resident with a disability, or to a student attending school in Alexandria who has a disability who is seeking post-secondary education.

The scholarship was established to honor Gerry Bertier, a T.C. Williams high school graduate, who became disabled after he co-captained the Titan football team in their 1971 season. After his injury in an automobile accident, he became an advocate for disability rights. In 1981, he received the National Volunteer of the Year Award given by the President's Committee on Employment of the Handicapped.

The Gerry Bertier scholarship is sponsored by HeimLantz CPA.

Brusnahan was the unanimous choice for this year's award. She graduated from Bishop Ireton and is headed to Christopher Newport University in the fall. She wants to go into government or law enforcement so that she can lead by example and make the community a better place for others.

"I'm very humbled. I think it's a big honor," she said. Her mother, Mari Brusnahan, said, "I'm just always thrilled with Casey ... She motivates herself. She never backs down from anything. She's never used any disability as an excuse to not try or succeed. She's my hero."

The Alexandria Commission on Persons with Disabilities is a 17-member volunteer citizen organization appointed by the Mayor and City Council to provide advice on policies, programs and legislation affecting Alexandria's residents with disabilities. Its mission is "to promote the rights of persons with disabilities by advocating for equality, dignity and independence through advising the community and advancing public awareness."

## New Chair

FROM PAGE 3

Three more votes (still 4-3-2) and a bathroom break later, board members were starting to get exasperated. A short recess was called. Finally, Williams, who had the fewest votes, decided that, although he still thought he was the best candidate, he would vote for someone else.

The seventh and final vote was 5-4 in favor of Gorsuch.

They unanimously elected the runner up, Morris, to vice chairman. Williams did not run.

About the elongated voting process, board member Charles Wilson said, "It was a new dynamic that I think has some advantages ... This shows more transparency."

Mimi Carter gave a number of speeches in support of Gorsuch. She said Gorsuch "has been an outspoken voice for the disenfranchised — whether they are ELL [English language learners] students, students with special needs or simply students whose needs have not been met ... She is an advocate for teachers."

Carter continued, "Sheryl makes decisions that are unpopular. She questions the superintendent and she publicly says things that will not win her votes."

Carter pointed to Gorsuch's wealth of experience. Gorsuch has been on the school board for six years and has served as vice chairman for three of those years. She also has been a PTA president, Early Childhood Commission liaison, chairman of the Strategic Plan and task force member of the Alexandria City Children, Youth, and Families.

In a speech supporting herself, Gorsuch said, "It's about the kids ... It's about building consensus. ... I think we need to have much shorter and more efficient business meetings. ... I would intend to have regular weekly office hours."

Gorsuch sees the relationships she has built within the city of Alexandria and in ACPS as key to her success as chairman. "It's very fitting because one of our initiatives in the school system is to build deeper relationships with schools and families."

She said, "It's always challenged to keep open lines of communication with a large board of nine board members."

On the extensive voting, she said that the school board is a good example of the democratic process this July 4 weekend.

Gorsuch sees the major successes of the school board this year as being the transformation/realignment of the curriculum, greater inclusion for special education and ELL students, getting the City Council's approval of a budget that includes a plan for three new elementary schools, and the "continued progress on the implementation of the Strategic Plan with a steady course."

Areas that she thinks need improvement are getting "better results for struggling students [and keeping] raising the standards and supporting outstanding achievement for all of our students."

Overall, she said, "I'm confident that the school division is going in the right direction and that we're going to see exponential increases in standard achievement in the near future."



**FAC Advisory Council Chair Raymond Kulisch, Mayor Bill Euille and FAC Coordinator of Community Resources Suzanne Kratzok.**

ents for the youth that are in need of homes.

To find out how to be a part of Alexandria's Child visit <http://alexandriava.gov/TheFundForAlexChild> or call Kratzok at 703-746-5663.

## Rollin' on the River Agency hosts Fostering the Future Cruise.

BY SVETLANA AVELLAN  
GAZETTE PACKET

**N**ot many comprehend the feeling of a temporary home and how that affects foster youth. Clothes, extra-curricular hobbies, movies, holiday gifts, transportation, graduation, and other activities are almost impossible to fund with the amount that foster parents receive. The monthly income of less than \$550 a month per child covers the basic living expenses, including food.

The Fund for Alexandria's Child (FAC) has stepped in to aid foster youth.

On Friday, June 24, FAC held its eighth annual Fostering the Future Cruise to raise funds for emergencies and help foster youth enjoy things that others may take for granted. "People who get involved in trying to find resources for kids who are in crisis generally are, I guess, trying to make the best out of a bad situation," said Suzanne Kratzok, coordinator of Commu-

nity Resources. "You want to do something to reach out to let them have a life similar to other kids."

With no overhead or administrative costs, FAC raised \$37,000 on the cruise after expenses with 200 attendees, including Mayor Bill Euille. All of the funds go directly to the foster youth.

On the cruise aboard the Cherry Blossom, music was performed by local band The Road, along with Michael George One Man Steel Drum Band. The entertainment was complemented with food from Mango Mike's new barbecue restaurant. Meanwhile, attendees participated in numerous silent auctions.

"The number of the foster youth is currently decreasing nationwide," said Kratzok, "The current goal for FAC is to focus on the maintenance of families to prevent their kids from going into foster care." In addition to the prevention programs, according to Kratzok, FAC is also focusing on raising funds to increase the amount of foster par-



Mary Perry, founder and owner of Dynamic Nutrition in Alexandria, said those looking to lose weight are susceptible to misinformation.

SUBMITTED PHOTO

## Of Diets and Dietitians

**Sometimes advice from an expert can help achieve weight and nutrition goals.**

BY JON ROETMAN  
GAZETTE PACKET

**S**ome people might hesitate to consult with a dietitian, whether it's to lose weight or eat healthier. Isn't there a chance the dietitian will tell you that you need to do everything differently?

Fairfax-based registered dietitian Danielle Omar works with clients ranging from those wanting to lose weight to athletes training for an event. She said anyone interested in working with a dietitian should speak with several in order to find the best fit.

While trying to improve one's diet can involve time, effort and struggle, Omar said someone looking to get healthier shouldn't have to worry about making unreasonably uncomfortable changes.

"Most of us are not going to try to make you something you're not," she said. "Don't be scared you're [going to be told] to go to a specific store and buy food you've never heard of."

Omar's initial interaction with a client involves gauging the client's eating habits and establishing goals. The client sends Omar three-to-five day's worth of food logs to help determine what changes need to be made.

If the client has a goal to lose a significant amount of weight, Omar would meet with the person "every two or three weeks for a couple months." If the client simply wants to improve his or her diet, the two will probably meet two or three times and be done. Omar's services do not include long-term counseling.

"I'm not the kind of person," she said, "who meets weekly for several months. I don't drag it out."

Saving money can be another benefit of seeing a dietitian. Omar said some of her clients are people with busy schedules who eat out often. Omar offers

**"A lot of people rely on eating out. It's difficult to eat healthy when you're eating out."**

— Danielle Omar, dietitian

route."

Portion size can also be a problem. Some people simply eat too much per serving while others eat too much of one food group in a meal and not enough of another. As far as problem foods go, cheese is a popular culprit.

"People love their cheese," Omar said.

**MARY PERRY** overcame her own obstacles before she started helping other people overcome theirs.

SEE SEEKING ADVICE, PAGE 24



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Photos Courtesy of Mark Briscoe

# Seeking Advice To Achieve Weight and Nutrition Goals

FROM PAGE 23

Perry, founder and owner of Dynamic Nutrition in Alexandria, battled weight problems during her youth. As she got older, Perry took an interest in nutrition and improving her health. With results came the realization that nutrition was a passion. After 10 years of working for the federal government, Perry decided to change careers and went back to school to become a registered dietitian.

Having tackled her own weight problems, Perry uses her experiences to help in guiding and relating to clients.

"Growing up I kind of struggled with my weight as a kid and it lasted through college," said Perry, who talks about her transition at [www.dynamicnutritionservices.com](http://www.dynamicnutritionservices.com). "I went on my own personal quest to become healthy. ... Talking about nutrition is such a personal issue. My goal is to make the folks I work with very comfortable. I call it a judgment-free zone. It's kind of like a con-



SUBMITTED PHOTO

**Mary Perry, founder and owner of Dynamic Nutrition in Alexandria, overcame the weight problems of her youth.**

fession when you have to think about your eating habits."

While going back to school, Perry realized those looking to lose weight needed to navigate through a minefield of misinfor-

mation. Having already been someone in a position of trying to figure out the right approach, Perry, who has a bachelor's of science in dietetics from James Madison University and spent time as a dietetic clinical intern at George Washington University Hospital, Inova Alexandria Hospital and the Johns Hopkins Weight Management Center, warns against getting caught up in unhealthy routines.

"Before I became a dietitian, I definitely struggled like everybody else," she said. "Before I went back and had all these educational [experiences, I didn't realize] you're really susceptible. There's so much information available, it's overwhelming. With the Internet, there's a lot of misinformation. [If you're] trying to lose weight, you're susceptible to doing things that aren't healthy. ... You pick up the magazine and do the magazine diet, or try another popular diet; it sets people up for failure."

Not consuming enough calories or protein, and not eating often enough are unhealthy ways of attempting to lose weight,

Perry said. Failing to take in enough calories can lead to binging, and a lack of protein can lead to the reduction of lean muscle mass.

"It gets to the point where the body is a very smart organism," Perry said. "If you drop your calories too low it drops your metabolism. You might start to lose weight but then you hit a wall. ... People get in this dieting mentality where it's one of resisting. You're constantly walking around saying, 'Don't eat, don't eat.' I think the opposite is true. You have to eat ... throughout the day."

Perry suggests eating at least four times per day, preferably every four or five hours. If someone's schedule leaves a large chunk of time between lunch and dinner, that person should have a snack between meals.

"Nutrition is my passion," Perry said. "It's made such a difference in my life how I feel and how I perform in different ways. I just love working with folks and supporting and helping and making changes in their lives — and it's very rewarding."

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# NEWS

## Ticer Honored at Jefferson-Jackson Event

### RedRocks awarded Best Chef Alexandria.

BY GALE CURCIO  
GAZETTE PACKET

**S**tate Sen. Patsy Ticer was honored by her own for her years of service during the recent Alexandria Democratic Committee's Jefferson-Jackson Evening and Silent Auction. Joined by her family, she was introduced by her nephew, Angus King, former governor of Maine.

Also honored that evening was Lynn Humphries, who received the 2011 Alexandria Democratic Committee Grassroots Award.

U.S. Rep. Jim Moran, state Sen. George Barker, Del. Adam Ebbin, Del. David Englin, Vice Mayor Kerry Donley, Councilwoman Del Pepper, Councilwoman Rob Krupicka and Clerk of the Court Ed Semonian attended the event as well.

A silent auction featured political memorabilia as well as local donations from the new Cycle-Studio, La Bergerie, The Carlyle Club and others.

Held at The Carlyle Club, this year's event featured Best Chef Alexandria. Chefs from 12 local restaurants participated in the Alexandria Democratic Committee's annual Jefferson-Jackson Evening and Silent Auction.

Included in the event were: Divine Dining, Evening Star Café, Joe Theisman's, La Bergerie, Mai Thai, Old Plantation Oyster



Patsy Ticer greets guests at the ADC Jefferson-Jackson Evening and Silent Auction, along with Angus King, Jim Moran, Chef Rock and Clark Mercer.

PHOTOS BY  
GALE CURCIO/  
GAZETTE PACKET



C.B. Stearns, Angel Mendoza and Doug Bag accept the Best Chef Alexandria award at the ADC Jefferson-Jackson Evening and Silent Auction.

Company, Pork Barrel BBQ, Port City Brewing Company, RedRocks Firebrick Pizzeria, St. Elmo's, Southside 815 and T.J. Stones.

RedRocks was pronounced the winner for its selection of dishes that included asparagus-wrapped prosciutto, meatballs al forno, a selection of house-cured meats, and an assortment of crostini, including a turnip-prosciutto, artichoke puree, and goat cheese

and salmon. Accepting the award was Chef Angel Mendoza, co-owner Doug Baj and general manager J.B. Knapp.

Judging was done by Chef Rock (former T.C. Williams alumni Rahman "Rock" Harper), and by ballots completed by guests at the event.

A variety of dishes were served by the other chefs, such as barbecue from Pork Barrel, oysters from Old Plantation, mac and cheese from Southside 815 and egg rolls from Mai Thai.

Dak Hardwick, vice chair for finance and administration, said, "The genesis came from our chair, Clark Mercer and former vice chair, Julie Jakopic. We talked about it and agreed to move forward — and I took on job of executing the event.

"People loved the new format. I've been fielding emails all weekend about it. The part that attendees really liked was that they got to sample food from Alexandria restaurants that a) they had never been to or b) had never heard of before. Some said that, as a result of the event, they were going to try these restaurants."



### Against All Odds

Massachusetts Sen. Scott Brown (R) shares a laugh with supporters at a book signing June 20 at the Old Town offices of Mark Allen (looking on). Brown was in Alexandria to speak to supporters and sign copies of his book "Against All Odds," which chronicles Brown's rise from an abusive childhood to his long-shot victory in the senate race for the seat held by the late Ted Kennedy.



### Post 24 Officers

The 2011-2012 slate of officers for American Legion Post 24 were sworn in June 8 during an installation ceremony at the Post ballroom in Old Town. From left are: Executive board member Jerome Schorr; Michael Conner, 3rd Vice Commander and District 17 Vice Commander; Sergeant at Arms Steve Cloutier; Post Adjutant Jim Glassman; Commander Bill Aramony; 1st Vice Commander Paul Moffett; executive board member Mike Sawyer; and financial officer Warden Foley.

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-Werner Heisenberg

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## OLD TOWN ALEXANDRIA



**\$1,595,000**  
**The Spymaster's House**

Colonial history, abundant sunlight, and a nicely incorporated addition provide the rich character of this three-bedroom, three-bath, eighteenth-century, clapboard home with pine floors, modest finish work and engaging charm throughout. Twenty-first century improvements mix with yesteryear in an exciting kitchen, intimate breakfast area, relaxing family room and private master suite while a deep garden completes this engaging end townhouse.

**Carol Cleary**  
703.625.6829  
[www.carolcleary.com](http://www.carolcleary.com)  
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## ALEXANDRIA



**\$835,000**

### Enchanting Farmhouse

Gracious and welcoming, this expanded 1920s farmhouse beckons you to a bygone era. Options to relax abound, from the front porch swing to the well landscaped backyard ideal for a summer cookout. Step inside to discover transom windows in the foyer, original hardwood floors, wainscoting, custom kitchen with designer cabinets and appliances.

**Elizabeth Lucchesi**  
703.868.5676  
[www.lizluke.com](http://www.lizluke.com)  
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## ALEXANDRIA CITY



**\$649,000**

### Rosemont Charmer

All-brick circa 1925 home complete with a screened porch and a hall entry. Offering three bedrooms, a cozy fireplace, generously sized living and dining rooms, a breakfast room/mudroom, updated kitchen and bath, beautiful wood floors, high ceilings, and fenced yard with brick patio. Walking distance to Maury school, Old Town, Del Ray, and Metro.

**Betty Mallon**  
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## ALEXANDRIA/LANDMARK MEWS



**\$549,900**

### Quality and Charm

This three-bed, three-and-a-half-bath is presented in excellent condition. With more than 3,257 SF, this home offers a renovated kitchen with granite countertops and all new appliances. Freshly painted throughout. Gracious entry hall, open plan living and dining rooms with gleaming hardwood floors, large family room with built-in bookshelves, storage galore including a storage room on top floor and another with workbench in basement. Garage and driveway parking. All systems have been replaced, new roof, and new fence.

**Margaret Benghauser**  
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## ALEXANDRIA



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### Stone's Throw To Metro

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## ALEXANDRIA



**\$384,500**

### Beauregard Heights

A great value in a convenient location. Three-level brick townhome in a mews setting. Three bedrooms, three and a half baths, large rec room with fireplace and wet bar. Eat-in kitchen, separate dining room. Entertain this summer on the large brick-walled patio. Easy commute to Pentagon, DC, and Old Town. Three minutes to new BRAC offices.

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## ALEXANDRIA CITY



**\$427,900**

### Seminary Valley Bargain!

This spacious four-bedroom, two-bath Cape Cod is freshly painted throughout. Offering lots of space for the money! With just a little sweat equity, you can customize it to your personal taste. A large deck, just off the sunroom leads to the fully fenced rear yard. A finished lower level is ideal for a home office/rec room. Public transport steps away, walk to schools.

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## OLD TOWN ALEXANDRIA



**\$979,000**

### Beautiful on the Inside Too!

Stone, corner townhouse renovated to perfection with style and taste located in popular SE Quadrant of Old Town with TWO parking spaces. Huge 3,438-square-foot lot features yard and flagstone patio with privacy fence and landscaping. Four bedrooms, two and a half baths, finished lower level and designer touches throughout. All updated systems.

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