

Vienna Awash in Red, White and Blue

NEWS, PAGE 3

The fashionable motif at the Vienna Independence Day festival was red, white and blue, as modeled here by the Snow family, Cadence, mom Jackie, Maximus and dad Matt.



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PHOTO BY DONNA MANZ/THE CONNECTION

Florimontes' Garden

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Of Diets And Dieticians

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Like many July 4th festival-goers, U.S. Air Force veteran Dan Dunn and his wife Sherry wore the colors of the American flag.



PHOTOS BY DONNA MANZ/THE CONNECTION

Scott and Marcie Schaefer sign their thoughts on the banner headed to the USS Higgins.

Vienna Awash in Red, White and Blue

Music, food, children's activities and vendors fill heart of Vienna

BY DONNA MANZ
THE CONNECTION

The grounds of the Vienna Community Center were awash in red, white and blue on July 4 as the Town of Vienna celebrated Independence Day with its all-day family-focused festival.

"It's very traditional," said Department of Parks and Recreation Director Cathy Salgado. "The only thing new is the band. Everything else is all about tradition. Even the weather forecast. Threat of thunderstorms."

Not only did the thunderstorms hold off, but by mid-afternoon, the day had turned bright and sunny. Still humid, but sunny with blue skies, and as the day grew brighter, the crowds drew stronger.

On Caffi Field, five inflatables were set up for young children, and, off to the side, the annual classic car and antique farm equipment show. Down Cherry Street food vendors set up kiosks adjacent to the stage as classic rock band Ron Moody and the Centaurs performed upbeat summery music.

For the second consecutive year, donations from the annual chili cookoff benefited the Vienna Volunteer Fire Department. Last year, the cookoff donated \$750 to VVFD. The American Legion Post 180 of Vienna hosted the beer and barbecue tents.

Vendors, selling a variety of products, from artwork to jewelry, clothes and accessories, lined Caffi Field and the interior of the Community Center. Elected officials and hopefuls were represented, as well.

The "Support Our Troops" banner for 2011 will be on its way to Virginia Beach to the USS Higgins, just returned from duty off the coast of Bahrain. The sister of Parks and Recreation staffer Leon Evans did duty on that tour. Each year, a banner is dedicated to one of America's military units, signed by local people expressing gratitude.

THE VIENNA POLICE COLOR GUARD opened the Independence Day program with the presentation of the colors, followed by a one-hour concert given by the Vienna Community Band. The annual 17th District American Legion All-Star Baseball Game was played at Waters Field starting in mid-morning.

At 7 p.m., rock band Fat Chance gave a pre-fireworks concert at Southside Park. The fireworks display at Southside Park went off shortly after 9 p.m.

Cadence Snow, 2, toured the festival grounds in her mother Jackie Snow's baby backpack, as dad Matt Snow toted 6-month-old Maximus across his chest. Jackie Snow explained why the young Vienna family made the outing on a stuffy day.

"It feels like home here," she said.



For the second consecutive year, the Vienna Volunteer Fire Department was the beneficiary of the chili cookoff fundraiser. Last year, the cookoff raised \$750 for VVFD.



PHOTO BY DONNA MANZ/THE CONNECTION

When the tops of the garlic plants turn brown, Vito Florimonte will pull up the garlic bulbs. He has planted two varieties of garlic.

Florimonte's Garden

Garden part of man's Italian heritage.

BY DONNA MANZ
THE CONNECTION

In Vito and Toni Florimonte's early June home garden are tomatoes that rival those of early July. Some are of Italian seeds, some heirloom. There are a variety of pepper plants and beans, eggplant, zucchini, lettuce, turnips, beets, cucumbers, raspberries, thornless blackberries and grapes.

There's a separate garden growing traditional Italian herbs, such as oregano, basil and two types of garlic bulbs. Looming over the plants and vines are birdhouses hand-carved by Vito, perched on archways standing tall in the garden.

"The garden is part of my heritage," said homeowner and gardening aficionado Vito

Florimonte, whose family has southern Italian roots. "We always had a garden back home.

"What I get out of this is high-quality good vegetables. The thing of it is when you plant your own seeds, you get to pick the varieties of vegetables you want. Like the heirloom tomatoes or the Italian pole beans. You can't buy the plants or seeds for those at Home Depot."

PRETTY MUCH EVERYTHING in the Florimonte garden is reminiscent of Italy's iconic produce. You half-expect to see a pot of tomato sauce simmering in its midst. While the garden is Vito's passion, Toni turns its bounty into recipes that mark the tables of countless generations of Italian-Americans. Toni, not Italian herself, loves to cook Italian, creating dishes that are earthy in the truest sense of the word.

"[Toni] has many recipes she carries around in her head and heart," said Vito. "She creates

SEE ITALIAN COUNTRYSIDE, PAGE 15

Reliving the Battle of Vienna

Encampment, reenactment of skirmish paint Civil War portrait.

BY DONNA MANZ

THE CONNECTION

For a few hours on June 18, Union and Confederate forces set aside their hostilities as they encamped and drilled on the grounds of the Vienna Community Center. Civilians of 1861 carried on their daily lives, divided by their support for the North or South. Troops carried rifles and fired cannons. Mosby's Rangers stood guard over their horses. Women sewed, cooked, made care packages.

Reenactors held fast to their characters: a Confederate mother of the Dixie Rose Society worried about the safety of her sons fighting in a South Carolina infantry brigade.

"I don't know what is going to

happen, how long this war will go on," she said, speaking in character. "I'm for the cause, but I don't want my sons to be dead heroes."

VIENNA, in partnership with the town's Civil War Sesquicentennial Committee and Historic Vienna, Inc., commemorated the beginning of the Civil War 150 years ago with a 24-hour encampment on community center grounds. Beginning the evening of June 17, with period music and stories by Hunter Mill corridor historian Jim Lewis, the encampment was bound with activities and ceremony, and climaxed by the June 18 reenactment of the nation's first train skirmish, the Battle of Vienna. Starting at 11 a.m. on Saturday, Kemper's Alexandria Artillery fired cannon shells hourly. Children covered their ears as reverberating booms pierced the air and smoke filled it. Artillery soldiers practiced firing.

In tents and under canopies, civilian men and women conducted daily routines. A woman crocheted vests for children, a man played accordion, children in period dress held toys.

"All the women back then really worked hard," said Civil War homemaker Rebecca Stricker of Vienna. Stricker tended to an open fire, a pot of coffee heating above it. The number one cause of death for women in the mid-1800s was fire, their clothes engulfed in flames. "They were home doing things that really mattered to their families and soldiers," Stricker said as she added logs to the fire pit.

Throughout the day, hundreds of spectators passed through the encampment, stopping at tents and demonstrations, asking questions of the reenactors, all of whom knew their history of the period well.

"This is a part of our history, Vienna's history," said Mayor M. Jane Seeman after the first of the cannon firings. "It's important to commemorate what happened right here in Vienna, to learn about it, and maybe, get the real facts."

Patrick Sheehy, a college student from Vienna, agreed with the mayor's assessment. "I love history," Sheehy said. "I think having

SEE HISTORY, PAGE 10



PHOTOS BY DONNA MANZ/THE CONNECTION

Rebecca Stricker of Vienna tends to domestic activities. Women, she said, worked hard doing things that mattered to their families and the troops.



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1st Sgt. Darrell Berger of Vienna, who brought together and coordinated the participating military units for the reenactment of the Battle of Vienna accepts recognition from Duffie Miller, as Col. Maxcy Gregg of the 1st S.C. Infantry, Del. Mark Keam (D-35), and Chairman of the Fairfax County Board of Supervisors Sharon Bulova.

WEEK IN VIENNA

Fresh Market to Open Vienna Store

The Fresh Market, Inc. (NASDAQ: TFM) will expand its presence in the Mid-Atlantic region with a new store at 150 Branch Road SE in Vienna, marking the company's seventh store in Virginia. Doors will open at 9 a.m. on Wednesday, July 20, and grand opening activities will include chef demonstrations and food sampling throughout the store. A reusable shopping bag and sample-sized bag of the company's gourmet coffee will be free to the first 1,000 customers.

In addition, customers attending the grand opening will be invited to enter into a drawing to win The Fresh Market Pantry. Valued at approximately \$1,000, the Pantry is a collection of The Fresh Market's own TFM-branded favorites, including spices, stocks, pastas, pancake mixes, gourmet sauces, jams and more to fill the lucky winner's kitchen cupboard.

The new Vienna store will house 23,300 square feet of culinary de-

lights, including a bakery that produces 30 freshly baked breads and 14 different varieties of pie daily, a full service meat counter with freshly ground beef, a wide selection of ready-to-serve entrées, fresh seafood delivered to the store several times per week, and more than 200 imported and domestic cheeses, as well as a bountiful produce department with more than 400 items and a large organic selection.

For more information, visit www.thefreshmarket.com.

Vienna Arts Society Offers Summer Camps

Children's summer art camps are offered by the Vienna Arts Society at the Vienna Art Center, 115 Pleasant St., NW, Vienna. Contact the Art Center Director, Teresa Ahmad, or visit the web site for details about classes for all ages featuring arts and crafts, painting, sculpture and mixed media. 703-319-3971 www.ViennaArtsSociety.org.

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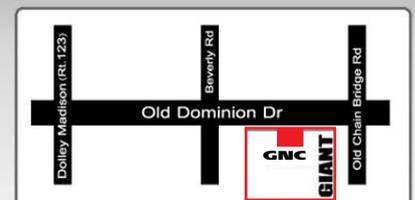
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More on Summer Food

Fairfax County is constantly working to expand the number of sites offering meals to needy children in summertime.

In the summer of 2008, the county served 60,000 meals at 37 sites.

In the summer of 2010, approximately 105,000 meals were served at 47 sites, a 75 percent increase in meals served and 27 percent increase in the number of sites providing services.

Alexandria City has 46 summer meals sites, and Arlington County hosts seven summer meals sites, according to the No Kid Hungry campaign in Virginia.

An editorial last month, relying on information from the Fairfax County Public Schools, understated the number of sites available for summer meals.

Fairfax County has more than 44,000 students enrolled who are poor enough to qualify for subsidized meals who, during the school year receive breakfast and/or lunch at the county's 141 elementary schools, 26 middle

schools, 30 high schools and secondary schools either for free or at very low cost. That's nearly 200 places where students go every day that can help provide for their nutritional needs.

While 105,000 meals at 47 is a great improvement, it's still fewer than three meals per needy student for the entire summer.

The No Kid Hungry campaign is promoting summer meals programs in Virginia and increasing awareness by distributing statewide nearly 55,000

pieces of outreach materials including postcards, yard signs, direct mail, posters, and banners. Calls are also being made to needy families to let them know about summer meals sites. See www.strength.org

Anyone can find the closest site in Virginia for summer meals by calling 211.

Anyone in Fairfax County who would like to volunteer or host a meal site can visit <http://www.fairfaxcounty.gov/rec/summermeals/> or call Brent Quarles, Department of Community and Neighborhood Services, at 703-324-5330, TTY 711, for more information.

EDITORIALS

LETTERS TO THE EDITOR

How Sad Can it Get?

To the Editor

We read in newspapers that, in Maryland, camp counselors must get written parental consent for the use of sun screens on their charges. Furthermore; regulations state that "Camp staff should limit touching the camper as much as possible."

In Reston a friend of mine was preparing to take a photo of a bunch of campers to add to his

collection of Lake Anne Plaza shots. The camp counselor accompanying the kids intervened saying that my friend could not take the photos because he, the counselor, did not have disclaimers from the parents of all the campers.

Without further comment.

Bob Simon
Reston

Constitution Applies

To the Editor:

The recent controversy surrounding Fairfax County Public Schools' discipline policy, particularly parent notification, needs some clarity. Some parents have claimed that student's Fifth Amendment rights would be violated if parents are not notified before disciplinary action is taken. It is true students keep their constitutional rights even after entering the school building and they should not be coerced to incriminate themselves. However these rights pertain to violations of school and criminal rules and not

to school infractions, like tardiness and cheating, in this case Fifth Amendment rights would not be involved.

So in the case of violations of school and criminal rules, a student must not be coerced to incriminate themselves, that would be in violation of their Fifth Amendment rights, and therefore one could claim that their parent should be notified before action is taken.

Lawrence Bussey
Reston

Primary Election Aug. 23

Several key races in Arlington, Alexandria and Fairfax County are likely to be decided in the primary election, next month. Because they are in heavily Democratic districts, the winner of the primary will be the favorite to prevail in November.

To vote on Aug. 23, you must be registered to vote by Aug. 1. If you think you might be on vacation, you can apply now for an absentee ballot.

The deadline to register for the Aug. 23 primary is Monday, Aug. 1.

Primary Election Day, Tuesday, Aug. 23

General Election Day, Tuesday, Nov. 8

Monday, Oct. 17 is the deadline to register to vote or update one's address for the Nov. 8 General Election.

For more information, see <http://www.sbe.virginia.gov>

BULLETIN BOARD

To have community events listed in the Connection, send to vienna@connectionnewspapers.com. Deadline is Friday.

SATURDAY/JULY 9

The Smart Split: Legal Aspects of Separation and Divorce. 10 a.m. McLean Government Center, 1437 Balls Hill Road, McLean. Learn the rights and responsibilities of parties involved in separation and divorce from experienced practicing family law attorneys. Learn how the legal process works in the Virginia courts and how to work with your lawyer. A support group will be available. \$55 non-members, \$45 members. Register at www.thewomenscenter.org.

AAUW Used Book Collection. 10 a.m.-4 p.m. Sun Trust Bank, 515 Maple Ave. East, Vienna. Gently used books, CDs, tapes, DVDs and software are needed. Records and textbooks are not accepted. This collection is in preparation for the 42nd AAUW Used Book Sale to be held on Sept. 16-18. 703-527-4206.

MONDAY/JULY 11

First Monday with Supervisor Hudgins. 1-3 p.m. Patrick Henry Library, 101 Maple Ave. East, Vienna. Redistricting: How Our Boundaries Changed. Residents in the Colvin precinct and part of the Nottoway District are invited to come and meet Supervisor Hudgins. 703-938-0405.

Family Abuse: What Is It and What Can You Do About It? 7 p.m. The Women's Center, 127 Park St. N.E., Vienna. Identify and learn how to most effectively deal with the pattern of coercive behaviors associated with family abuse, including physical and sexual violence, threats of violence, emotional and psychological intimidation, verbal abuse, economic and financial control, spiritual abuse, and destruction of property. Free. Registration required at www.thewomenscenter.org.

Starshine Theater Open House. 12 p.m. at the School of Theatrical Dance in Great Falls. Now enrolling student actors age 7-19 for its 18th annual Summer Camp production. Roles for both boys and girls are

available. Starshine Theater's "Shakespeare" camp rehearses July 11-22, with a performance at The Great Falls Grange Theater on Saturday, July 23. 703-790-9050 or Pat@StarshineTheater.com.

WEDNESDAY/JULY 13

Pauline Shirley Toastmasters Club Meeting. 6:45 p.m. McLean Community Center, 1234 Ingleside Ave., McLean. Meets second and fourth Wednesdays of the month. 703-893-5506 or paulineshirley.freetoasthost.info.

Reclaiming Your Future: Financial Planning During Separation & Divorce. 7 p.m. Investment & Resource Planning Associates, Inc., 4400 Fair Lakes Court #70, Fairfax. A comprehensive seminar covering all financial components of the property settlement agreement, from preparing documents for your attorney to signing agreements. \$50 non-members, \$40 members. Register at www.thewomenscenter.org

FRIDAY/JULY 15

Lifeline Screening. American Legion Post 270, 1355 Balls Hill Road, McLean. Stroke, bone density and osteoporosis screenings. Package prices from \$139. Appointments required. Reserve at 877-237-1287 or www.lifelinescreening.com.

SATURDAY/JULY 16

Avoiding Divorce Court I- How to Negotiate or Mediate a Property Settlement Agreement. 10 a.m. The Women's Center, 127 Park St., NE, Vienna. A comparison of mediation and negotiation, strategies and pitfalls to avoid and a general discussion of the issues commonly addressed in an Agreement, from property to support to custody. \$45 non-members, \$35 members; \$85 non-member couples, \$60 member couples. Register at www.thewomenscenter.org

Write

The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors. Send to:

Letters to the Editor
The Connection
1606 King St., Alexandria VA 22314
Call: 703-778-9410.

By e-mail: vienna@connectionnewspapers.com

FAITH

Faith Notes are for announcements and events in the faith community. Send to vienna@connectionnewspapers.com. Deadline is Friday.

Antioch Christian Church, 1860 Beulah Road in Vienna, will have guest speakers on Sunday, July 10 at 11 a.m. Karen Curtis will be speak on "Opportunities: God's Way," highlighted with biblical examples on how we should grasp opportunities to serve each other. Curtis is a parish nurse, Nurse Case Manager and hospital staff nurse for over 30 years, as well as lay leader and Sunday school teacher at the church for 25 years. The public is invited. www.antiochdoc.org.

At **Epiphany United Methodist Church**, 1014 Country Club Drive in Vienna, the sermon for Sunday, July 10 at 10 a.m. will be "God's Plumb Bob." www.epiphanyumc.com or 703-938-3494.

St. Dunstan's Episcopal Church, 1830 Kirby Road in McLean. The third Sunday service every month at 10:15 a.m. allows children to play active roles in the music and as greeters and ushers. Traditional services are every Sunday at 8:15 and 10:15 a.m.

Vienna Presbyterian Church, 124 Park St. in Vienna, presents the 12-week program "Passages," for those experiencing separation or divorce. The DivorceCare series meets Tuesdays at 7 p.m. Cost of materials \$20, scholarships available. 703-938 9050 or Passages@ViennaPres.org.

Vienna Assembly of God has a ministry to children on Wednesdays, 7-8 p.m. at the corner of Center N and Ayr Hill Avenue, N.E. Children's Church on Sundays also available. 703-938-7736 or www.ViennaAG.com.

Vienna Christian Healing Rooms, every Saturday, 1-5 p.m., at 8200 Bell Lane. A team of Christians is available to anyone requesting prayer. Free and open to the public. 703-698-9779 or www.viennachristianhealingrooms.com.

Chesterbrook United Methodist Church is at 1711 Kirby Road, McLean. Worship service is at 11 a.m. Sunday school is at 9:30 a.m. for adults and children. Rev. Kathleene Card, Pastor. 703-356-7100 or www.ChesterbrookUMC.org.

The Jewish Social Services Agency (JSSA) offers a wide variety of support groups for those with emotional, social, and physical challenges. www.jssa.org/growth-learning.

Charles Wesley and Chesterbrook United Methodist Churches invite the community to a 20-minute weekly service of prayer and Holy Communion in the Charles Wesley sanctuary, 6817 Dean Drive in McLean, at 12 p.m. Thursdays. At the conclusion of the service, there is a time of individual blessing, anointing and healing prayer. 703-356-6336.

HAVEN of Northern Virginia offers a variety of free bereavement support groups, meeting on a weekly basis. Contact 703-941-7000 or www.havenofnova.org for schedules and registration information.

McLean Bible Church Fitness Class at Body & Soul Fitness. Balance is key, energy is renewed and strength is gained. 9:45 a.m. Mondays and Fridays. Free childcare for registered students. bodyandsoul@mcleanbible.org.

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ENTERTAINMENT

Send announcements to vienna@connectionnewspapers.com. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com

WEDNESDAY/JULY 6

Jammin Java's Mid-Atlantic Band Battle 5. 7 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. www.jamminjava.com.
k.d. lang and The Siss Boom Bang with The Belle Brigade. 8 p.m. Wolf Trap Foundation for the Performing Arts, 1624 Trap Road, Vienna. Alternative rock. \$45 in-house, \$25 lawn. www.wolftrap.org.

THURSDAY/JULY 7

Jammin Java's Mid-Atlantic Band Battle 5. 7 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. www.jamminjava.com.
"Mastering the Plein Air Experience." 7:15 p.m., Vienna Art Center, 115 Pleasant St., NW, Vienna. A DVD featuring Stephen Quiller, winner of the Ralph Smith Memorial Award at the American Watercolor Society exhibition. Free and open to the public. 703-319-3971 or www.ViennaArtsSociety.org.
Reptile Wonders. 2:30 p.m. Patrick Henry Library, 101 Maple Ave. East, Vienna. Meet and learn about these animals with Reptile Wonders' Nature Center on the Go. Age 6-12. 703-938-0405.
National Symphony Orchestra: Tcheers for Tchaikovsky! 8:15 p.m. Wolf Trap Foundation for the Performing Arts, 1624 Trap Road, Vienna. With Pietari Inkinen, conductor, and Caroline Goulding, violin. The all-Tchaikovsky program includes Suite No. 1 from The Nutcracker and ends with the

There will be an Opening Reception and Show for Elli Groninger on Saturday, July 9 from 6-8 p.m. at Applegate Gallery & Custom Framing, 101 Church St. N.W., Vienna. The artist will be on hand to answer questions. Food and refreshments will be served. The show will continue at Applegate through Aug. 10. 703-281-1364.



thunderous 1812 Overture. Tickets \$20-52. www.wolftrap.org.

FRIDAY/JULY 8

Jammin Java's Mid-Atlantic Band Battle 5. 7 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. www.jamminjava.com.
American Legion Post 180 Dinner. 5:45-8:30 p.m. American Legion Hall downstairs social room, 330 N. Center St., Vienna. Meatloaf dinner \$6. Open to the public. Parties larger than 8 call 703-938-9535.
English Conversation Group. 10 a.m. Patrick Henry Library, 101 Maple Ave. East, Vienna. English conversation group. Adults. 703-938-0405.
Pokemon League. 3 p.m. Patrick Henry Library, 101 Maple Ave. East, Vienna. Learn and play. Age 5-18. 703-938-0405.
Wild Tails. 10:30 a.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Wildlife Ambassadors bring animal guests to explore how these animals use their tails to communicate, climb, protect themselves and more. Age 6-12. 703-242-4020.

SATURDAY/JULY 9

Daylily Walking Tour. 10 a.m. Meadowlark Botanical Gardens, 9750 Meadowlark Gardens Court, Vienna. A walking tour of Meadowlark's daylilies. Daylily cultivation and care will be discussed. Free and open to the public. Reserve at 703-255-3631.
Horseanship Demo, Classes and Fundraiser. 9 a.m.-3 p.m. Turner

Farm Park, 925 Springvale Road, Great Falls. Lessons for adults and children. Concessions for sale. Sponsored by Somerset Stables. Portion of proceeds to benefit Humane Society of Culpeper. pam_swinger@yahoo.com.
The Tommy Lepson Band. 5 p.m. Outdoor at the Palladium Civic Place Green, 1445 Laughlin Ave., McLean, Soul music. Free. 703-288-9505.
Opening Reception and Show. 6-8 p.m. Applegate Gallery & Custom Framing, 101 Church St. N.W., Vienna. Elli Groninger's "Brown Bag Illustrations" in mixed media, using found and recycled materials. Food and refreshments served. 703-281-1364.

Fairfax County Master Gardeners Association, Inc. 10 a.m. City of Fairfax Regional Library, 10360 North St., Fairfax. Horticultural tips, information, techniques and advice to home gardeners. Adults. 703-293-6227.

Neighborhood Plant Clinic. 10 a.m.-1 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. The Fairfax County Master Gardeners Association gives tips and strategies. 703-242-4020.

Plant Clinic. 10 a.m. Tysons-Pimmit Regional Library, 7584 Leesburg Pike, Falls Church. Masters Gardeners from the Fairfax County Cooperative Extension answer gardening questions. Adults. 703-790-8088.

Summer Movies at the Library. 1 p.m. Tysons-Pimmit Regional Library, 7584 Leesburg Pike, Falls Church. Watch a movie at the library. Call for title. Ages 16 and up. 703-790-8088.

National Symphony Orchestra: Three Broadway Divas. 8:15 p.m. Wolf Trap Foundation for the Performing Arts, 1624 Trap Road, Vienna. With Emil de Cou, conductor, and Debbie Gravitte, Christiane Noll, and Jan Horvath. Broadway music

from Gypsy, The Music Man, A Chorus Line, My Fair Lady, Wicked, Mamma Mia! and Evita. Tickets \$20-52. www.wolftrap.org.
Author Laurie D. Ferreiro. 2 p.m. Barnes & Noble Tysons Corner, 7851 L. Tysons Corner Center. The author will sign and discuss "Measure of the Earth: The Enlightenment Expedition That Reshaped Our World", an account of Spain and France's joint expedition to uncover the size and shape of the earth. 703-506-2937.

SUNDAY/JULY 10

Tom Principato. 6 p.m. Concerts on the Green, Great Falls Village Center, Great Falls. Blues. www.gfvcca.com/concerts.

He Is We, Ocean Grove and Andrew Allen. 7:30 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. www.jamminjava.com.

Adventures of a White House Photographer & Photographing Roses. 2 p.m. Merrifield Garden Center, 12101 Lee Highway, Fairfax. Tracey Atlee & Todd Smith will teach how to take the best rose pictures. Bring cameras and tripods. Pam1Powers@aol.com.

Music Benefit Concert. 4 p.m. St. John's Church, 6715 Georgetown Pike, McLean. "Rejoice in the Lamb," a festival cantata by Benjamin Britten, plus solos from the musical "1776." Concert proceeds help offset the costs of musical programs throughout the year. 703-356-4902, or www.stjohnsmclean.org.

Béla Fleck & The Original Flecktones, with The Carolina Chocolate Drops and Abigail Washburn & The Village. 7 p.m. Wolf Trap Foundation for the Performing Arts, 1624 Trap Road, Vienna. The Acoustic Planet Tour 2011. \$40 in-house, \$25 lawn. www.wolftrap.org.

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Town Green Covered in Children Kiddie-rock favorite Rocknoceros plays to full-house.

It was a clear blue sky, bug-free, and pleasantly warm evening of June 29, and the Town Green's lawn was covered with blankets as families squeezed together for the much-anticipated rock concert. It looked like Woodstock except the fans were preschoolers and babies and the band was kiddie-rock favorite, Rocknoceros, Jammin' Java regulars. Dozens and dozens of little bodies danced around the stage. It was more like jumping around the stage but it was a little children's pretty-good interpretation of dance. The children were happy and when they are happy, the parents are happier.

Vienna Moms, Inc. sponsored the first children-focused concert of the season and the word on the free concert got out through the Vienna Moms network, through preschools, camps and neighborhoods.

It was not unusual to find parents sitting with other parents



The lawn on the Town Green was filled with families rocking to the beat of Rocknoceros on June 29.

whose children were in Vienna Moms playdates, camp or preschool together.

Kristen Lewis, with Harry, Teddy and Mac, was such a parent, lounging with other E.B. Meekins par-

ents. "I can hang out with my Meekins friends and the kids are chilling," said Lewis.

Rocknoceros handled the disappearing child situation with



Jack Cilman, 2 1/2 years old, sports his loyalty to kiddie-rock favorites, Rocknoceros, with his colorful tee shirt. His mom, Shannon, said Jack is a regular at Jammin' Java's Wednesday Rocknoceros performances.

aplomb and concern, imploring their "buddy" to come to the stage. The little boy was eventually found playing adjacent to the Green. As Coach Cotton reminded the children, it's crowded here. Stay with your moms.

Jen Blahm, with Caden and Ashleigh, thought much the same



Harry, Teddy and Mac Lewis, a Meekins preschool family, met up with their friends at the Rocknoceros concert. Their parents met up, as well.

way about the concert as Kristen Lewis did. "We came to hang out with our Meekins friends and to check out Rocknoceros," Blahm said. "I think they're good. I'm enjoying them. The kids are enjoying them. They're up there dancing with their friends."

—DONNA MANZ

RESEARCH STUDY

We are looking for **Mothers** of Preterm Infants to participate in a Research Study. If your baby spent **at least 1 week** in a Neonatal Intensive Care Unit (NICU) **AND** has been discharged from **1 to 6 months**, you might qualify for this study.

Your participation will involve **1 interview**, and you will receive a **\$20 Target gift card** as a small thank you.

If interested, please call or e-mail:
Lois Phillips-Pula, RN, PhD (doctoral candidate)
703-507-9540 or phillipspull@vcu.edu
Dr. Jacqueline McGrath, PhD, RN: jmcmgrath@vcu.edu

Be Part of The Pet Connection in July

Send Your Photos & Stories Now to vienna@connectionnewspapers.com

Be sure to include your name, address and phone number, and identify all people and pets in photos. Submission deadline is July 22.



History Replayed at Vienna Community Center

FROM PAGE 4

a ceremony like this, the pageantry of it all, helps people connect with history in a real way.”

Some youngsters came armed with Civil War background learned in school. Ten-year-old Ryan Goff, Vienna, said he learned that Gettysburg was the turning point of the war and that Gettysburg and Antietam were the bloodiest battlegrounds.

Nine-year-old Steven Ponzer, Vienna, was able to name Civil War generals and major battles of the war. His grandfather, Scott J. Harl, mayor of Peru, Ill., was visiting the encampment with Steven and his family, and chatting with Mayor Seeman. “I think young children will look at it and become aware,” said Harl. “When they’re studying the Civil War, they will have some interest because they will have seen what it was like first-hand.”

For Stephen’s mother, Kelli, it was interesting to learn what life was like for the troops during the war. Rations for the soldiers was something she had not considered until then. “This makes it real,” Kelli Ponzer said. “You’re not just

reading pages in books. You’re seeing what it was really like.”

BY EVENING, Union and Confederate troops had set the stage for the reenactment of the Battle of Vienna. A replica Civil War train, on loan from Strasburg, Va., was moved into place and pushed into action.

Hundreds of spectators, from within Vienna and miles beyond, gathered around Caffi Field to watch the skirmish on the grounds adjacent to the railroad’s path.

In Vienna’s 1861 history, at approximately 6 p.m. on June 17, Confederate infantry and artillery units lay in wait for the train traveling westbound carrying the Union’s 1st Regt. of Ohio Volunteers from Alexandria. Confederate soldiers attacked the train in what was the nation’s first military attack on a railroad. Although outnumbered by Confederate troops, the Ohioans engaged Capt. Kemper’s battery. Outgunned, outmanned, what was left of the 1st Regt. retreated, walking back to camp, dragging their wounded.

“This put Vienna in a place in the Civil War,” said Margaret



Charles Stackhouse’s grandfather fought with Union forces during the Civil War.



Confederate Col. John S. Mosby, when not striking at Union troops, shows his gentle side.

Dellinger. “Go along the trail [W & OD], pass the monument to the train battle, and you get a sense of what went on in Vienna then.”

By the time the Civil War ended in 1865, 620,000 Americans had lost their lives in battles raging throughout the South, most of

them in Virginia. That number of deaths exceeds that of the two world wars and the Korean conflict combined.

“It’s pretty good to be doing this [reenactment],” said Charles Stackhouse of Vienna, whose grandfather from Ohio fought for

the Union in the Civil War. “People have sort of gotten blasé about it. People should know all about it, the good and the bad.”

To learn more about Vienna’s sesquicentennial events, see www.historicvienna.org or www.viennava.gov.

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WELLBEING

Of Diets and Dieticians

Sometimes advice from an expert can help achieve weight and nutrition goals.

BY JON ROETMAN
THE CONNECTION

Some people might hesitate to consult with a dietician, whether it's to lose weight or eat healthier. Isn't there a chance the dietician will tell you that you need to do everything differently?

Fairfax-based registered dietician Danielle Omar works with clients ranging from those wanting to lose weight to athletes training for an event. She said anyone interested in working with a dietician should speak with several to find the best fit.

While trying to improve one's diet can involve time, effort and struggle, Omar said someone looking to get healthier shouldn't have to worry about making unreasonably uncomfortable changes.

"Most of us are not going to try to make you something you're not," she said "Don't be scared you're [going to be told] to go to a specific store and buy food you've never heard of."

Omar's initial interaction with a client involves gauging the client's eating habits and establishing goals. The client sends Omar three-to-five day's worth of food logs to help determine what changes need to be made.

If the client has a goal to lose a significant amount of weight, Omar would meet with the person "every two or three weeks for a couple months." If the client simply wants to improve his or her diet, the two will probably meet two or three times and be done. Omar's services do not include long-term counseling.

"I'm not the kind of person," she said, "who meets weekly for several months. I don't drag it out."

Saving money can be another benefit of seeing a

dietician. Omar said some of her clients are people with busy schedules who eat out often. Omar offers healthy alternatives to prepare at home.

"[Eating] out too much can be expensive," she said. "[Some clients] really want to learn how to cook for themselves [so they are] eating healthy."

THE PROCESS of selecting a dietician should involve questioning credentials, Omar said.

"I think there's something to say for gathering information," said Omar, who has a master's degree in health sciences and a bachelor of science in dietetics, according to her Website, foodconfidence.com.

"Maybe you're not sure that working with a dietician is the right thing for you, but you should contact some. ... Tell them what your goals are and see what their approach is. Interview some and see what their approach is and see if it works for you.

"[Becoming a] registered dietitian [requires] a bachelor's degree in dietetics and a 9-to-12-month internship and exam and continuing education every five years," Omar said.

Omar warns that some people who call themselves nutritionists are people who have taken a few classes and possibly lost weight themselves. "They're very good at marketing themselves, but a lot of times they're not really qualified, especially with clinical stuff."

TIME, OR LACK THERE OF, is the greatest deterrent to eating healthy, Omar said.

"Some of the obstacles that people have [involve] their schedule — a lack of time to prepare meals [and] to do what it takes in terms of planning," she said. "A lot of people rely on eating out. It's difficult to eat healthy when you're eating out. You can, but some people don't want to go that route."

Portion size can also be a problem. Some people simply eat too much per serving while others eat too much of one food group in a meal and not enough of another. As far as problem foods go, cheese is a popular culprit.

"People love their cheese," Omar said.

HEALTH NOTES

To have health notes listed in the Connection, send to mclean@connectionnewspapers.com. Deadline is Friday.

THURSDAY/JULY 7

Senior Fall Prevention Classes.

The Woodlands Retirement Community, 4320 Forest Hill Drive, Fairfax. Tuesdays and Thursdays from 1:30-2:30 p.m., Mondays and Fridays from 2-3 p.m. Classes are held in a heated indoor pool and are designed to work on balance and core muscles in order to prevent injuries and falls. Instructor now certified in Back and Hip Rehab. \$10 per class. Pre-registration required at 703-667-9800.

SATURDAY/JULY 9

Healthy Responses to Anger.

9:30 a.m. The Women's Center, 127 Park St. N.E., Vienna. Understanding the sources of anger, recognizing the associated feelings and thoughts and developing effective responses are the overall goals of this program for both women and men. The workshop will emphasize relationship-based anger and include practical exercises to assist in identifying anger sources and managing stress and anger responses. \$45 non-members, \$35

members. 703-281-4928.

WEDNESDAY/JULY 13

Virginia Chronic Pain Support Group Meeting.

1:30 p.m. at Kaplan Center for Integrative Medicine, 6829 Elm St., Suite 300, McLean. Group leader, Jodi Brayton, LCSW. 703-532-4892.

Understanding Bipolar Disorder and Related Conditions: How to Help Yourself or Someone Close to You.

6:30 p.m. The Women's Center, 127 Park St. N.E., Vienna. Symptoms of mood disorders in adults, variables influencing the course of bipolar disorder, effective treatment approaches for bipolar disorder, how to begin a treatment strategy for yourself and how to support a struggling loved one. \$35 non-members, \$25 members. Register at www.thewomenscenter.org

Multiple Sclerosis Support Group.

7 p.m. Vienna Presbyterian Church, 124 Park St., NE, Vienna, VA. A group for anyone with multiple sclerosis, their family and friends. Sponsored by the National Capital Chapter of the MS Society. The group meets the 2nd Wednesday of every month. Free. 703-768-4841.

FRIDAY/JULY 15

LifeLine Screening. American Legion Post 270, 1355 Balls Hill Road,

McLean. Stroke, bone density and osteoporosis screenings. Package prices from \$139. Appointments required. Reserve at 877-237-1287 or www.lifelinescreening.com.

TUESDAY/AUG. 2

Take Off Pounds Sensibly (TOPS).

6 p.m. St Timothy's Episcopal Church, 432 Van Buren St., Lower Level, Herndon. A noncommercial network of weight-loss support groups with tools and programs for healthy living and weight management. Meetings are Tuesdays. www.tops.org.

WEDNESDAY/AUG. 10

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SPORTS ROUNDUPS

Mail-in Registration for the Marshall High Girls Lacrosse Summer Camp closes June 30. The three-day camp, set to take place from Thursday, July 7 through Saturday, July 9, is for youth and high school players. Daily camp times will be 9 a.m. to 2 p.m. All equipment to learn to play will be provided. Camp cost is \$150. The camp also will offer an Elite Evening session for high school varsity players. The Elite Camp time will be from 3:30 to 6 p.m. A registration form can be found at www.gcmstatesmensports.org. Click on 'Varsity Girls Lacrosse,' followed by 'Camps and Clinics.'

Coach Depaz Clinton, who is running the camp, was selected as the 2010 All-Liberty District Coach of the Year. More recently, she was the 2011 Marshall High School Nominee for the Women in Sports Coach of the Year Award. For more information on the upcoming camp, contact coach Depaz Clinton at ncdepaz@gmail.com.

Potomac Inline Hockey in Chantilly is offering free, year-round "Learn to Skate, Learn to Play" lessons for youngsters interested in playing inline hockey. Lessons are held on Saturday mornings from 8-9 at The Box in Chantilly. Registration can be done online at www.potomachockey.com. Contact youth@potomachockey.com or call 703-961-8280 for full details.

Greater Vienna Babe Ruth Baseball registration is underway for the 2011 Fall Season. The league welcomes graduating Little Leaguers to the Transition Division and the 90-foot diamond. Junior Division is for ages 13-14 and the Senior Division is for ages 15-18. Games are in-league as well as against other Northern Virginia Babe Ruth teams. Register by July 15 for guaranteed placement. For registration information, go to GVBR.L.org and click on Fall Baseball.

The 5th annual JSFC Golf Tournament will take place Thursday, Sept. 1 at 9 a.m. at Herndon Centennial Golf Course. Enjoy a fun day of golf to support the services of the Jeanie Schmidt Free Clinic (JSFC). Now in its fifth year, the tournament involves more than 100 golfers and sponsors from across the community enjoying a day out to support patients in need. The event cost is \$125 per person. Registration price includes: greens fees, hot dog



PHOTO BY RICH SANDERS/THE CONNECTION

The Annual District 17 (Northern Virginia) American Legion Baseball All-Star Game took place on Independence Day at Waters Field in Vienna. The game, which began at 10 a.m., brought out the finest players from the nine league teams. The National All-Stars, which included players from Oakton and Madison High Schools, defeated the American All-Stars, 15-6. Here, members of the National All-Stars, including Manager Vondell Johnson (far left), line up during pre-game ceremonies.

VIENNA SWIM REPORT

The Shouse Village Sharks lost, 207-195, to the Forest Hollow Gators in Div. 8 Northern Virginia Swimming League action over Independence Day weekend. Double winners for the Sharks were Monica Balistrere, Aaron Bremser, Connor Cason, Sinead Eksteen, Annie Springsteen, and Catherine Zysk. Single winners were Evan Bremser, Miles Collins, Heather Geisler, Carlyn Kranking, Ethan Liu, Kathleen Oakley, Ellie Springsteen, Kathleen Westrick and Andrew Zarazinski.

Sinead Eksteen set a new Girls 10-under 50 free style

team record (31.38s); Annie Springsteen set a new Girls 15-18 Backstroke team record (33.18s); and Catherine Zysk, Sinead Eksteen, Rachel Montgomery and Annie Springsteen improved the team's 1982 Girls Mixed Age Relay record.

In Div. 1 action last Saturday, Oakton gave it their best but fell to Chesterbrook 293 to 109. Laura Branton won first place in both 13-14 Breaststroke and Butterfly events. Single winners for the Otters were Conor Murphy (15-18 Free), Kathleen Smith (15-18 Free), Jodie Koplaski (13-14 Back), Kylie Wilson (8-under

Breaststroke), Nick Highman (9-10 Breaststroke), Drew Weber (11-12 Fly), Michael Ambrose (13-14 Fly), and Carter Sharer (15-18 Fly).

In Oakton Otters action from June 25, Oakton lost to Tuckahoe, 112 to 290. It was Oakton's first meet at the Division 1 level, after winning the Division 2 title in 2010. Double winners for the Otters were Michael Ambrose and Laura Branton. Single winners were Gray Liddel, Conor Murphy, Nick Highman, Jacob Thompson, Drew Weber, and Carter Sharer.

at the turn, beverages, and a barbecue lunch and awards ceremony. For an event flyer, or to register please visit www.jsfreeclinic.org or call 571-235-3577.

Oakton High School is holding a summer Baseball Camp from July 11-15 from 9 a.m. to 1 p.m. for players between the ages 7-to-15. The inaugural Oakton Cougar Baseball Camp, which will be directed by Oakton baseball coach Justin Janis, is intended to teach players solid fundamental baseball

skills. The goal is to provide each player with the instruction, knowledge, and evaluation necessary to raise their level of play, and instruction will emphasize the core values of Oakton Cougar Baseball: Excellence, Teamwork, and Integrity. Contact coach Janis at: justin.janis@fcps.edu.

Hebron Academy (Maine) senior **Eugene "Geno" Wentworth of McLean** received his diploma recently at the school's 208th Commencement

ceremonies. The son of Sarah Wentworth of McLean and Dan Wentworth of Damariscotta, Maine, Wentworth enrolled at Hebron as a sophomore. A three-sport athlete in soccer, basketball, and baseball, he was a member of the Green Key admissions tour guide group, and carried a full course load in his final year, including two Advanced Placement courses, Advanced French, and advanced pre-calculus.

Wentworth was selected by Hebron's residential faculty to be

a student proctor, a position awarded to senior students who demonstrate leadership, communication skills, and the ability to work well with their peers. They are instrumental in managing the school's Residential Life Program.

After his first season of baseball at Hebron as a member of the junior varsity team, Wentworth's hard work and dedication earned him a spot on the varsity team as a third baseman/reliever in his junior year. As a senior, he was named captain of the varsity team. For his efforts as starting pitcher and shortstop, he was recognized as an All-Conference player within the Maine Association of Independent School Athletic Directors (MAISAD) league.

Wentworth was named the team's Most Valuable Player for his near-flawless pitching in a 7-1 win over rival Gould Academy to secure the MAISAD League Championship.

"He was the heart and soul of the team this year," said Hebron baseball coach James LeBlanc. "His leadership and commitment to the team are what propelled us to reach our ultimate goal, to win a championship. I can't think of a better kid I would want to win a championship with than Geno."

Hebron Academy was founded in 1804 and is an independent, co-educational boarding and day school that serves grades six through postgraduate.

Great Falls golfer Chas Bassing gained runner-up honors in the 2011 Virginia Junior Match Play Championship on June 24 at Haymarket's Piedmont Club. The rising senior at The Heights School in Potomac, Md. lost on the first extra hole to Richmond's Adam Ball.

"I've been working on my game this spring, but I came into the [championship] hoping to have fun and play some good golf," said Bassing afterward. "I wasn't necessarily thinking about winning."

Ball, the 2010 co-player of the year in Virginia junior golf, never led in the 18-hole match. He and Bassing reached the par-5, 18th all square for the sixth time on the back nine. Bassing made his birdie first with a 15-foot putt, and Ball followed with a five-footer to tie.

On the 19th hole, Ball stiffed his approach to 10 inches. When Bassing's 16-foot birdie putt fell short, Ball had the trophy.

Bassing was an honorable mention All-Met selection for the 2011 season.

— MICHAEL K. BOHN

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The "Canswer" Man



By KENNETH B. LOURIE

If you've ever wandered through or wondered about the slings and arrows of outrageous misfortune that accompanies a totally unexpected – and unprepared for – diagnosis of terminal cancer to an otherwise healthy – and asymptomatic, lifelong non-smoker in his mid-50s, read on and discover even more questions – and occasional answers, about life in the cancer lane, a bumpy road if there ever was one.

I have a very close friend (my writing buddy, as I call him), who has characterized me as an expert with respect to this whole cancer-surviving experience. Not so much having expertise as I know things: facts, figures, doses, pronunciations, protocols, etc., which I don't, really, but more so in that whatever I do know – and have assimilated into my life over these last 30 months. I have outlived my original prognosis ("13 months to two years") and in surviving have become a source of somewhat unique and experiential, if not reliable information: I have in fact been there and done that and so far, have lived through it (and as you regular readers know, have written about it, too).

I don't think I can say with certainty that I'm ready to teach a class on the subject but, I would certainly say I could be a guest speaker for 10 or 15 minutes. Aside from writing the "cancer columns" nearly non-stop as I have, through the passage of these two and one half years – including the original testing/diagnosing, which led to the biopsy/malignancy, I have accumulated a sort of institutional knowledge on being a surviving cancer patient. Living, as they say, is its own reward. And my reward is that I'm still alive and ticking (if John Cameron Swayze were still alive, he'd be doing a Timex watch-type voice-over right here) and as such, have collected, through fits and starts, knowledge and first-hand experiences concerning what cancer treatment can be like, generally (patients/protocols/side effects are all different) and what that patient might feel – and need (and I'm not talking about food when hungry either, I'm talking about aid and comfort during the heat of battle and the throes of depression) to help navigate through this minefield of physical and emotional tumult. It takes a toll; on patient, family, friend (even foe, I would imagine), doctor, health care professional, anyone with whom there's contact. A diagnosis of cancer is the most unwelcome news, the consequences of which are life-changing to say the least, and life-ending to say the most.

Not that any of my insights are particularly unique or proven in any way to soothe the savage cancer beast that appears in cancer patients, occasionally, but denying its existence or doubting its insidious hold would be my first warning shot across the bow – or brow of any caregiver (whomever; family, friend or professional) primarily responsible for the care and feeding of a cancer and/or terminal patient. The physical manifestations of a cancer diagnosis are likely apparent, but it's the psychological/emotional erosion that might not be seen that requires the softest touch.

Thirty months post diagnosis, that's what I still need the most: emotional reinforcement. Not constantly, but certainly regularly. It's almost as if, weakening that emotional resolve compromises my defenses somehow, thereby enabling the cancer to do what all cancer patients fear the most: metastasize. What us cancer patients call "the m word." A slippery slope – make that an avalanche, if there ever was one.

Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.

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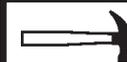
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21 Announcements

ABC LICENSE
Rocco's of McLean, Inc trading as Rocco's Italian Restaurant, 1357 Chain Bridge Rd, McLean, VA 22101. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL for a wine, beer, off, mixed beverage on license to sell or manufacture alcoholic beverages. Michael Rocco Juliano 1st vice President

21 Announcements

ABC LICENSE
Cheesetique, LLC trading as Cheesetique, 4056 Campbell Ave, Arlington, VA 22206. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL for a Wine & Beer On and Off Premises license to sell or manufacture alcoholic beverages. Jill Erber, Owner

21 Announcements

TRUSTEE'S SALE OF VALUABLE IMPROVED REAL ESTATE

Improved by the premises known as 6616 Melrose Drive, McLean, Virginia

21 Announcements

In execution of a Deed of Trust from Ana Maria V. Clarke and Paul F. Clarke, Jr., dated October 18, 2010, and recorded November 20, 2010, in Deed Book 21361 at page 78 among the Land Records of Fairfax County, Virginia, the undersigned substitute trustee will offer for sale at public auction at the front entrance of the Judicial Center for Fairfax County, at 4110 Chain Bridge Road, Fairfax, Virginia, on

Tuesday, July 19, 2011 at 9:30 a.m.

the following property being the property contained in said Deed of Trust, described as follows:

Lots 38, 39 and 40, Section B, Water Heights Subdivision, as per plat thereof recorded in Deed Book T-9 at page 247, among the Land Records of Fairfax County, Virginia.

Commonly known as 6616 Melrose Drive, McLean, Virginia 22101.

TERMS OF SALE: A deposit of \$100,000.00 or ten percent (10%) of the sale price, whichever amount is less, in the form of cash or its equivalent will be required of the purchaser at the time and place of sale; the balance of the purchase money being due and payable within fifteen (15) days after sale, time expressly being of the essence, with interest at the rate of 4.0 percent per annum from date of sale to date of settlement. Provided, however, that if the holder of the secured promissory note is the successful bidder at the sale, no cash deposit shall be required, and part of or the entire indebtedness, including interest and costs, secured by the Deed of Trust, may be set off against the purchase price.

Any defaulting purchaser shall forfeit the deposit and stand the risk and cost of resale.

Sale shall be made subject to all existing easements and restrictive covenants as the same may lawfully affect the real estate. Sale is further subject to mechanic's and/or materialman's liens of record and not of record. The property will be sold subject to all conditions, covenants, restrictions, rights of redemption of federal lienholders or encumbrances, and agreements of record affecting the same, if any.

In the event the undersigned trustee is unable to convey to the purchaser good title, then purchaser's sole and exclusive remedy shall be in the refund of the deposit paid at the time of sale.

The subject property and all improvements thereon will be sold in "as is" condition without warranty of any kind. Purchaser shall be responsible for any and all building and/or zoning code violations whether of record or not of record, as well as for all unpaid and enforceable homeowners' or condominium owners' association dues and assessments, if any. Purchaser also shall be responsible for obtaining possession of the property at his/her expense. Purchaser shall assume the risk of loss and shall be responsible for any damage, vandalism, theft, destruction, or the like, of or to the property occurring after the time of sale. Conveyance will be by special warranty deed. Conveyancing, recording, transfer taxes, notary fees, examination of title, state stamps, and all other costs of conveyance are to be at the expense of purchaser. State and local taxes, public charges, and special or regular assessments, if any, shall be adjusted to the date of sale and thereafter shall be assumed by the purchaser.

The undersigned trustee unconditionally reserves the right: (i) to waive the deposit requirement; (ii) to approve or disapprove the creditworthiness of any bidder and/or purchaser; (iii) to withdraw the property from sale at any time prior to termination of the bidding; (iv) to extend the time for bidding; (v) to reject any or all bids; (vi) to postpone or set over the date or time of sale; and (vii) to extend the period of time for settlement hereunder.

Additional terms and conditions of sale may be announced at the time of sale.

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PEOPLE



Yousef Chashi and Suzanne Lloyd

Lloyd, Chashi Married at Library

Suzanne Lloyd and Yousef Chashi were married on May 7, 2011 at the Thomas Jefferson Community Library in Falls Church. The couple met at this library and decided to celebrate their marriage at the place where they met. The Reverend John Hoffmann performed the double-ring ceremony.

The bride is the daughter of Robert and Carol Lloyd of Great Falls. The groom is the son of Hussein Chashi and Ravshan Mozdegir who reside in the Kurdish region of Iran.

Presented in marriage by her father, the bride was attended by Rhonda DiMascio of Mount Laurel, N.J., as Maid of Honor. Kawa Dashtbili of Falls Church was the Best Man. Nowin Dashtbili and Bitu Mushaikhli served as Flower Girls; Robby and Danny Lloyd (nephews of the bride) served as Ring Bearers. Beautiful harp music was provided by Beth Mailand. A reception was held at Clyde's of Tyson's Corner.

The bride is a graduate of Hopewell Valley Central High School in Pennington, N.J., and Lycoming College in Williamsport, Pa. The groom is currently studying at Northern Virginia Community College.

Following a Honeymoon on Captiva Island, Fla., the newlyweds are residing in Falls Church.



Interning on Capitol Hill

Andrew Weller, a rising Elon University junior and a graduate of James Madison High School from Vienna, has completed an internship in the Washington, D.C. office of U.S. Rep. Howard Coble (R-N.C.). Weller is the son of Mark and Katherine Weller of Glencroft Road in Vienna.

NEWS

Italian Countryside Sits in Vienna

FROM PAGE 3

comforting food from what she forages for in the garden. This is a wonderful gift to be able to create something from what you find."

Toni, who tends to the flowerbeds, said she, like Vito, gets a lot of contentment out of the garden and their whole yard. It's a peaceful place where she may observe nature unobtrusively. "I enjoy watching the birds nesting in all those little birdhouses Vito made," said Toni.

"I look forward to summer every year so we can enjoy the fresh garlic that we grow, the basil and tons of tomatoes.

"When Vito's father used to come for a visit, he would tell me he knew dinner was coming when he could smell the garlic cooking."

THE FLORIMONTES have lived in their Vienna home for 31 years, raising their children there. The yard was one of the primary reasons they chose that property. Vito saw the yard's garden potential, and, for a man who has been planting tomatoes for 45 years, the garden site was a significant consideration.

Vito saves and composts fall's dead leaves and this compost he adds to his growing soil. Vito leaves very little about gardening to chance. The vegetable garden, he admits, is his passion.

"I think a vegetable garden is a tranquil private place and it provides great contentment and solace to the gardener," said Vito.

Vito brings the produce in to the house and Toni says she's got to do "something with it all." She makes cooked tomato sauce, a raw fresh tomato sauce used for pasta and as a topping for Italian bread, which she also makes from scratch. Toni pickles peppers and cucumbers, makes pesto sauce from the garden's basil, and dries herbs for later use.

Soon, the tops of the garlic plants will turn brown and Vito will pull up the bulbs. The bulbs were planted in October, purchased from a seed vendor in Italy. One of Vito's favorite ways with pasta is to add nothing to it but fresh garlic and olive oil.

"You can't be a gardener and ignore the fact that there's a God."



PHOTO BY DONNA MANZ/THE CONNECTION

Toni Florimonte cooks Italian favorites from the bounty in Vito's heritage garden.

Toni Florimonte's fresh tomato sauce

6 - 8 locally-grown Roma tomatoes, seeded and small-diced
4 cloves of garlic, minced
1/4 cup olive oil
big handful of fresh basil leaves, chopped
salt and pepper to taste

Put the diced and seeded tomatoes in a glass bowl. Add the fresh chopped basil leaves. Heat olive oil in a small saute pan. Add the minced garlic and cook on medium just until it sizzles. Remove from heat.

Pour garlic over the tomatoes. Add salt and pepper to taste. Cover bowl with plastic and leave on counter for a couple of hours for flavors to blend.

Cook pasta of choice, drain and put in serving bowl. Pour the tomatoes over and toss well. Add a handful of fresh-grated parmesan cheese and serve. This is a wonderful side dish with grilled chicken or fish. Or just enjoy by itself with authentic Italian bread.

— TONI FLORIMONTE

VITO ADOPTED what he considers the best system by far for growing tomatoes. Several years ago, he bought Earthboxes from a professional tomato farmer in the Tampa area. The leaf compost he's created and a water-soluble fertilizer are mixed in the Earthboxes' soil which is hydrated by a watering tube on top. Cloth strips, torn from old bed linens, are used to tie the vines to the wire support cages since cloth strips are softer and do less damage to the tender vines as they grow than traditional tying methods. The frames supporting the wire grids are Vito's design and have been used by him for three growing seasons.

"The yield from these boxes is fantastic and I will grow tomatoes this way in the future," Vito said.

Toni is a potter and her bowls, in hues evoking the warmth of the Mediterranean, embellish her home cooking. "Her little bowls are just the right size for individual bruschetta servings presented with fresh basil leaves," said Vito.

Vito calls himself retired but, from his daily activities, it's clear he's still working. He grows sustenance yet finds time to engage in woodcarving. He's active in a woodcarvers' club, Post 180 [Vienna] of the American Legion and in Knights of Columbus.

"I think it's got to be genetics," said Vito. "It's in my Italian heritage. My family came from peasant areas.

"If I can't play in the dirt in the spring, I'm not happy."

Samantha 'Sam' Brady Honored

Samantha "Sam" Brady, 2011 graduate from James Madison High School, received the Jane Van Laethem and George Mason Republican Women's Club Community Service Scholarship. Brady excelled in academics, softball, and community service. She will attend Brown University in the fall and following graduation from Brown intends to pursue a career in biomedical engineering. Brady's other honors include James Madison High School Scholar Athlete of the Year, Liberty District First team All-District Pitcher of the Year, Northern Region First team pitcher and Virginia Second team All-State pitcher. She is a member of the National, Spanish, and Math Honor Societies, and the recipient of the American Legion's Gold 4.0 GPA Award. She captained both her varsity high school and travel team squads. Also, Brady mentored fellow students and younger students in academics and pitching.



Samantha 'Sam' Brady receives The Jane Van Laethem and George Mason Republican Women's Club Community Service Scholarship from the Club President Linda Bartlett.

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