







Need for Blood Ever-Present

Blood drives seek more and more donors.

By Maya Horowitz
The Connection

esponding to the constant need for blood donations, Medstar Health Blood Donor Services and Georgetown University Hospital Physician's Billing sponsored a blood drive Wednesday, July 13, in Arlington.

Finola Brophy-Houlihan, the charge nurse for the blood drive, said Medstar holds drives all the time, with as many as five a week. This week, she said, there will be three. They occur in cities as far south as Quantico, Va., and as far northwest as Dickerson, Md., at churches, offices and schools.

The blood collected goes to Medstar hospitals in D.C. and Maryland, including Georgetown University Hospital, St. Mary's Hospital and Harbor Hospital.

"There is always a need for a regular supply," Brophy-Houlihan said. From routine surgeries, to accidents to medical conditions that require transfusions, such as cancer, blood is needed at hospitals across the region.



Lashona Muldrow, patient financial associate for Medstar, donates blood.

She pointed out that a healthy person can donate once every eight weeks. But blood has a shelf life of 42 days. "It runs out before the person is eligible to donate again."

Brophy-Houlihan said that each person donates a pint, and that pint can be broken

SEE BLOOD DRIVES, PAGE 5





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Sediment-al Journey

... halted by "Adopt-A-Street."

By Michael McMorrow
The Connection

o some, "Muddy Waters" means the musician who carried Mississippi blues to Chicago and made it respectable in the years after World War II. To

"We need citizens to become stewards of their own streets."

— Kristen Goldman, Environmental Planner problem to be dealt with day in and day out. For years, Virginia's

Kristen

Goldman, it

means a

multi-mil-

lion dollar

Virginia's Department of

Transportation has conducted a successful litter clean-up operation called "Adopt-A-Highway." Citizens

SEE RESIDENTS HELP, PAGE 5

For Bastille Day, Waiter Race

Top prize yields round-trip ticket to Paris.

By Marilyn Lewis Campbell
The Connection

ne restaurant brought a little bit of France to South Arlington July 14 when 19 waiters tested their balance and speed as they teetered down Westmoreland Avenue, offering midday entertainment to sidewalk spectators and perhaps a little embarrassment to them-

The Waiters Race is part of the annual Bastille Day celebration organized by La Cote D'Or restaurant.

While stepping as fast as possible, the waiters had to support a tray topped with a glass of champagne. The winning server had to have both the fastest time and the most champagne remaining in his glass at the end of the race.

Jorge Del Carpio, an Arlington waiter, bested his opponents to take the top prize, a round-trip ticket to Paris.

SEE BASTILLE DAY, PAGE 4



From left: Adam Johnson, Allie Kornbluh, Stephen Dunlap, Michael Petro and Matt Szymanski.

Lining Up for Harry Potter

Midnight shows yield recordbreaking results.

By Orrin Konheim
The Connection

he much anticipated final chapter of the Harry Potter saga shattered box office records this past weekend with the help of enthusiastic fans at Ballston Regal Cinema. Sporting costumes and filling out much of the third floor of the mall, Harry Potter devotees did their part towards running up that \$43.5 million midnight launch total by filling to capacity all 12 theaters for the midnight showing on Thursday night, July 14.

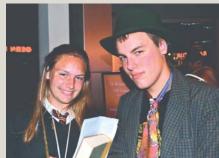
Waiting at the front of the line for the showing was 22-year old Arlingtonian Matt Szymanski who bought tickets for himself and his four friends approximately three weeks in advance. Szymanki and friends Stephen Dunlap, Allie Kornbluh, Adam Johnsoon and Michael Petro showed up eight hours in advance of the screening.

"We have nothing else to do today," joked Szymanski.

Szymanski and various friends of his have attended previous screenings to films such as "Snakes on a Plane" "Transformers" and "Batman." When asked for the advantages of being first in line, Szymanski responded with "the seats," Johnson said "the pride" and Kornbluh said the "legroom."

Many of the attendees were in their late teens and early 30s who had grown up with both the Harry Potter book and movie series.

"The movies are all disappointing to me," said Emma Brewer, 21. "But we



Grace and Max Denney of Arlington.

came because we have to."

"Part I [of 'Harry Potter and the Deathly Hallows', released last November] followed the book the closest," added her friend Hillary Frothman, 21, who estimates she has read each book in the series 20 times. "I tend to separate the two."

Many people dressed up in elaborate costumes. One attendee — Molly S., 23, who didn't want to give her last name — had worn a cape she designed several years ago and Harry-Potter-style glasses that were a free giveaway when she bought one of the earlier novels. Another attendee, 28-year-old lawyer Caroline La Forge, sported an elaborate hufflepuff outfit that she had made by a tailor in Fairfax. She took the outfit to the Harry Potter theme park in Universal Orlando and plans to take it to a party in New York the next day.

"I had my costume made because it was the last movie made of the series and it was the eighth movie. This just felt like an appropriate finale to finish the series and go all out," said La Forge.

"I would say the appeal is that it appeals to people of all ages and it's something that people of all ages continue to love and something that you'll experience again once you have your own chil

See Fans, Page 19

Campaign For Cash

Democrats post strong fundraising numbers as August primary approaches.

By Michael Lee Pope
The Connection

ith the race to replace retiring state Sen. Patsy Ticer (D-30) headed into the final few weeks before the August Democratic primary, second-quarter campaign finance documents show the three candidates have posted strong numbers. That's an indication that the race is tightening up as the crucial primary approaches. Political analysts say the stakes are especially high with the primary because the winner is likely to prevail over the Republican candidate in a district that leans heavily Democratic.

"This is a district that the Democrat can easily win, so the real action in this race is with the primary," said Kyle Kondik, political analyst with the University of Virgina's Center for Politics. "And it's clear from the fundraising totals that this race is drawing

SEE RAISING FUNDS, PAGE 19

Law Extends To Dating

Protective orders now available to those without legal relationship.

By Abby Marcus
The Connection

recent change in state legislation expands access to protective orders. Previously protective orders were only issued for family or household members. To receive legal protection, victims of intimate partner violence had to be married, cohabitating, or have children with their abuser. This left a gap of people in dating relationships who were not eligible for protective orders.

The media has shed light on domestic violence in dating relationships with coverage of stories such as that of Yeardley Love, said Jaime Friedman, Court Advocate for Doorways for Women and Families in Arlington. The University of Virginia student's death

SEE LAW PROTECTS, PAGE 19

Arlington Excels While National Economy Stagnates

County's unemployment at 3.7 vs. U.S. 9.2 percent.

By Denise Lew The Connection

he U.S. economy may be slumping, but Arlington still ranks as one of the richest counties in the nation. The county's median household income is estimated at \$103,900, and per capita income is \$74,700 for 2011, according to Arlington County's Planning Research and Analysis Team (PRAT). Forbes magazine named Arlington the nation's 9th richest county in 2010.

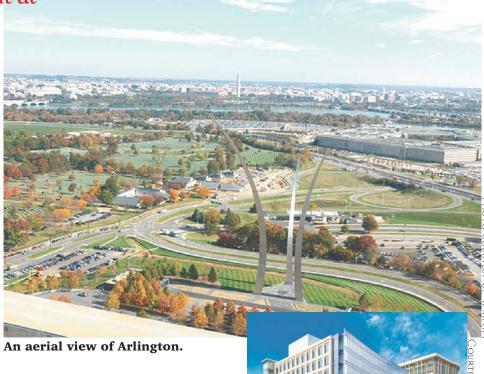
Arlington's proximity to the nation's capital and other employment factors may contribute to a high median income.

According to Elizabeth Rodgers, a demographer for Arlington's Department of Community Planning, Housing and Development, "A large share of residents work in the professional and technical business services industries, which may require a more skilled worker with higher educational attainments."

AS OF MAY 2011, Arlington has an unemployment rate of 3.7 percent, compared to the national unemployment rate of 9.2 percent. Not surprisingly, the federal government is the county's largest single employer. The top five private employers are Deloitte, Lockheed Martin Corporation, Virginia Hospital Center, Marriott International and Booz Allen Hamilton.

According to the U.S. Census Bureau, 65.1 percent of Arlington residents are in the working years, between ages 25 to 64.

Jonathan Rojas, 28, an Arlington resident, works at Deloitte, the largest private em-



ployer in the county.

"When I graduated from James Madison University, I started looking for jobs in the D.C. area," Rojas said. "Arlington seemed to be 'the place' to live, as it was close to the city, had plenty of bars and access to public transportation," he said.

The Virginia Tech Research

Center was unveiled earlier

this summer in the Ballston

area of Arlington.

Rojas said that he relates to these statistics. "I am fortunate enough to have a good job, where I have excelled and moved up the ranks."

Indeed, Arlington does score high on the "best places for the rich and single." CNN ranks Arlington as one of the top 25 most affluent cities in the U.S. The Associated Press cites Arlington as the 5th least economically stressed county in the nation, at 4.04 in its latest report.

The AP Economic Stress Index determines the relative impact of the economic recession and its recovery while considering three economic factors: unemployment, foreclosure and bankruptcy.

Arlingtonian Janet Zipser has lived in the county for 35 years. Even though she commutes to work at the National Institutes of Health in Bethesda, Md., she still chooses to live in Arlington because of the proximity to D.C. and its many attractions.

"I love living in Arlington," Zipser said. "It's a friendly, diverse community with folks who care about their community and their neighbors. Over 24 years ago I changed jobs and began to work in Bethesda, but I made the decision that I would still live in Arlington!"

New construction is attracting higherwage workers as well. Terry Holzheimer, director of Arlington Economic Development, said that there are a number of new construction projects that are almost entirely private sector driven, both residential and office.

"We are seeing much more construction starts," Holzheimer said. "Construction in the past few years has been light and largely public sector driven."

Recently completed public sector projects include a new Virginia Tech research building, a new George Mason University classroom building and the Defense Advanced Research Projects Agency (DARPA) head-quarters, which was a stimulus project.

So far in 2011, groundbreakings have been held for several new private sector development projects, including Sedona & Slate high-rise residences, Gaslight Square condo developments and Garfield Park on the residential side. Arlington's largest new office project, 1812 North Moore, broke ground last summer.

Arlington also recently won the title of "most educated county" in the U.S., with the highest percentage of the population with either a bachelor's or graduate degree, accounting for almost 70 percent of residents 25 and older.

For Bastille Day, a Race among Waiters on Westmoreland



Jacqueline Abrams, Arlington resident and pace car driver.

From Page 3

"My thoughts were on the trip to Paris. That helped me keep my balance," said Del Carpio, who also won the race four years ago. "Now, I'm going on vacation."

Most of the contestants were clad in white, Eiffel-Tower-emblazoned T-shirts. The race was also open to non-waiters. The youngest contestant was a 3-year-old boy who balanced juice in a plastic cup.

The event drew a crowd of Francophile spectators who sipped champagne while watching the race. The restaurant's owners, Lynne and Raymond Campet, have been hosting the celebration in Arlington since 1992.

"My husband is French, and this celebration connects him to his roots, and it is fun for the neighborhood," Lynne Campet said.

Raymond Campet graduated from L'Ecole Restaurante de Clermont-Ferrand of France in 1969. He moved to Washington, D.C., where he managed Le Café de Paris of Georgetown before opening his own restaurant

Jacqueline Abrams, who was born in Paris but now lives in Arlington, has been driving the pace car for the race since its inception in 1992. She says it helps keep her connected to her French ancestry.

"I am American, but I'm still French," said Abrams, who also led the crowd in singing both the French and American national anthems. "This event is important in celebrating [France's] independence and preserving our culture and language."

Pianist Roosevelt Smith performed during the evening, which also included dancing. The day's events concluded with a small fireworks show outside the restaurant.

"This is part of our heritage," said Vanessa Mula, daughter of the owner. "It is important to carry on the traditions that my father brought here from France."

Bastille Day commemorates the storming of the Bastille, a fortress prison in Paris, and marks the beginning of the French Revolution



Jorge Del Carpio, the winner of the race.







Howard Schreier on duty.

Residents Help in 'Adopt-a-Street'

Department of Environmental Services

To Help

Kristen Goldman

Solid Waste Bureau

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From Page 3

equipped with safety vests and large trash bags promise to patrol a segment of a state highway. A blue-and-white sign names the volunteers. Glebe Road (Route 120) below Chain Bridge is an example.

Arlington County also wants lit-

ter removed from its local streets, but multiplies the effect of such efforts by adding broom-swept dirt. Construction runoff. Lawn erosion. Sand and salt from winter road treatments. Dust carried by the wind. All cause "muddy waters." Arlington's "Adopt-A-Street" program aims to stop that sediment from entering the storm drain system.

Goldman, who earned a degree in environmental studies from the University of North Carolina, is in charge of the program that began in fall 2009. Individuals and groups are encouraged to sign up. Presently, 78 agreements with civic-minded residents are active. Of the 5,778 blocks still available for adoption, several lie "just around the corner" from nearly every Arlingtonian.

"We are trying to make people aware of the program since it is quite new," says Goldman. A speaker's program exists and appearances can be arranged at senior centers, civic associations and other organizations, she adds. The heart of her message at such events is "Adopt-A-Street saves money better spent elsewhere, helps satisfy regional water quality standards and antitrash agreements and enables residents to improve the community."

"The County is always strapped for funding. I have a little time and

decided to pitch in and help" are the words Howard Schreier of the Virginia Highlands neighborhood uses to explain his reason for joining. His home faces the assigned stretch of 16th Street South.

Quarterly or as needed during a one-year commitment, Schreier dons a safety vest, picks up bucket and broom, cleans the curbside area of litter and dirt and calls for debris pickup by the Department of Environmental Services. He also cleans wheelchair access ramps and reports potholes, low-hanging limbs and wires, broken streetlights, damaged signs and other problems needing attention from County offices. "We need citizens to become stewards of their own streets," Goldman said, "because the Solid Waste Bureau cannot do it alone, even with its modern equipment and procedures."

Parked cars block sweeper machines from reaching the curbside area, but a neighbor with a broom

Blood Drives Seek More Donors

into three parts: packed red blood cells, platelets the potential to impact and save three people's lives."

Medstar provides incentives for donating. At movie passes accepted at Lowes, Cineplex Odeon or AMC Theatres. On other occasions, they have given away T-shirts, car washes and pints of Baskin-Robbins ice cream.

Lashona Muldrow, a Medstar employee, came to

donate. She said she tries to donate frequently. "I have a nephew with hemophilia. I know there's such and plasma. "We will often tell a donor they have a severe shortage. I think working in healthcare, we are obligated."

To be eligible to donate blood, one must be at least Wednesday's blood drive, donors received two free 17 years of age, weigh at least 110 pounds, be in good health and not be at risk for infectious diseases such as malaria and HIV.

> To find out when and where the next Medstar blood drive will be, go to donatebloodmedstar.org or call 866-49-DONOR.



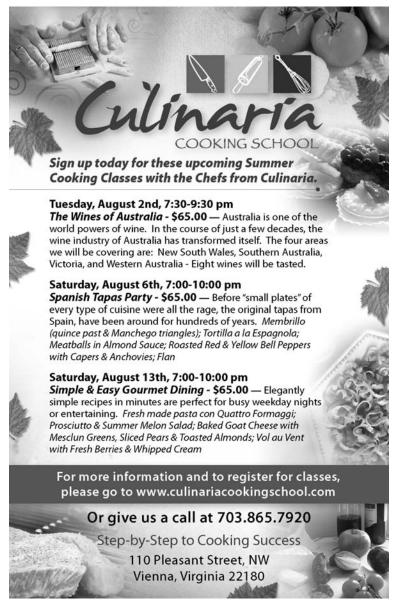


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OPINION

From the CEO

Statement of Peter C. Labovitz, President and Chief Executive Officer, Connection Newspapers, LLC

JULY 19, 2011

or more than 20 years I have been honored to be President and Chief Executive Officer of the Connection Newspapers, which serve the people of Northern Virginia and suburban Maryland. Since The Alexandria Gazette was founded in 1784, our organization's journalism has played an essential role in our communities.

But like all American newspapers, in recent years the Connection Newspapers have faced daunting technological and economic challenges. We have weathered repeated crises that killed or crippled many others in the news media. I am proud that we have kept these vital community voices alive.

After the 9/11 terrorist attacks, when the country came to a virtual standstill, our revenues temporarily plummeted. And when the severe recession began in 2007, our revenues plunged again, often failing to cover our operating costs.

During these two periods of great financial duress, our organization filed all of our required tax returns but did not pay all of its federal payroll taxes in full. We initially fell behind after 9/11. Most of the payroll taxes in this period were paid, but some balances remained due. For several quarters in 2007-2008, we again fell short.

As President and Chief Executive Officer of Connection Newspapers, I take personal responsibility for this significant failure in oversight and in the organization's management systems. I am deeply sorry this happened.

I am personally making arrangements to pay the most recent shortfalls in full. We have changed our organization's processes to ensure that nothing like this happens again. We have been current on our payroll taxes for more than three years. No employee of Connection Newspapers has suffered any financial loss whatsoever because of this.

On July 19, 2011, I pled guilty to two misdemeanor charges of failure to make timely payments of payroll taxes in the U.S. District Court in Alexandria. To our employees, our readers, our communities and local and federal governments, I apologize. I understand that newspapers are a public trust and I know our entire organization works hard every day to earn that trust. I will do all I can to sustain that trust as we go forward.

It's my privilege and responsibility to serve as steward of these historic and vital newspapers. I hope to continue in this role. I am committed to doing whatever I can to ensure the Connection Newspapers adapt to these very difficult and challenging times and continue serving our communities for years to come.



Photo by Erika Nortemann

Kayakers challenge the rapids in the Potomac Gorge, one of the most biologically rich natural areas in the eastern United States. The Potomac Gorge is the 15-mile river corridor just north of Arlington.

Natural Monument

Film spotlights Potomac Gorge.

BY TOM McCann For The Connection

early 100 people attended a screening of "The Potomac Gorge: Along the Wildest Urban River in the World" June 30 at the worldwide headquarters of The Nature Conservancy in Arlington followed by questions-and-answers with the National Park Service, filmmakers, editors, contributors and others from the community.

Mary Travaglini, senior producer and habitat restoration manager for The Nature Conservancy, opened the screening by calling the Potomac Gorge "one of the country's gems, with incredible biological diversity and unparalleled outdoor recreational and educational opportunities. The Gorge is truly a natural monument in the shadow of the national monuments."

The film explores the natural diversity of the Potomac Gorge, saying it rivals that of Yellowstone or the Everglades in Florida — and all nearby downtown Washington, D.C., and millions of tourists. The 15-mile stretch is home to more than 1,400 plant species and animals from the American shad to the bald eagle. Perhaps the most defining features are the Great Falls, named for the drop in water level of 60 feet over the course of half a mile.

Tom McEwan, one of the first to kayak the rapids of Great Falls in 1975, attended the screening and is featured in the film. He talked

on screen and in person about the varied recreational opportunities including, kayaking, hiking, rock climbing, walking, running and

School groups study the Gorge's diversity in plants, insects, birds and other life that make up their "living classroom." In all, more than 2 million people visit the Potomac Gorge each year. Stephanie Flack, Potomac project director for The Nature Conservancy, reminds viewers that the Potomac provides drinking water to more than four million residents in the area and urges residents and visitors to better "manage, protect and value the Potomac River."

Bear Island is one of the most biologically rich areas in the Potomac Gorge, supporting more than 50 of Maryland's rare, threatened or endangered plant and animal species. Depending on the time of year you visit Bear Island, you might see prickly pear — the only cactus species in Maryland painted turtles, the wood frog and the great blue heron. Bear Island is a 96-acre nature preserve coowned by the Conservancy and the Park Service and is accessible by some challenging sections of the Billy Goat Trail.

The portion of the movie that focused on the Billy Goat trail prompted the first question during the question-and-answer period from one of the youngest viewers: "Are there billy goats on the Billy Goat trail?" The answer is no, but it is believed to be named after the rough terrain in some areas of the hiking trail. Other questions sparked conversation about the decline in American

SEE POTOMAC. PAGE 11

ARLINGTON CONNECTION

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Write

The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors.

> Letters to the Editor The Connection 1606 King St. Alexandria VA 22314 Call: 703-778-9410. By e-mail: arlington@connectionnewspapers.com



Jane McElvany Coonce artist.



First Place "Brush With The Past."



Art Hauptman proprietor.

Drinking in Art ... while eating out

By Michael McMorrow
The Connection

an a Philadelphian, Swarthmore College and Stanford University graduate, consultant in higher education finance and New Zealand resident for a year, serve a fine meal in a bistro lined with original art? The answer is "yes" at Cassatt's on Lee Highway in Arlington.

Art Hauptman is a 30-year resident of Arlington and an established businessman. He once was a "local activist" in the era of long-deceased County Board Member and Congressman Joseph Fisher. That was before he had a family. His daughters attended H. B. Woodlawn and his wife is an official in the U. S. Department of Education.

Hauptman once considered opening a restaurant. However, the plan was put on hold when his wife accepted a fellowship in New Zealand and the family moved "down under." Café life encountered there inspired the "kiwi" motif adopted upon return to Arlington. Cassatt's opened in December 2002.

"I want a community place, where you can find good food in a nice place for people to gather" is the way Hauptman describes his business model.

His is the only New Zealandstyle café in the D.C. area. A Kiwi

More

The show, "Unbridled," will continue through July 24 at Cassatt's Café and Gallery, 4536 Lee Highway, Arlington.

Gallery, 4536 Lee Highway, Arlington.
The next exhibition, "Black and White," will open in October at the same venue.

Contacts

www.cassattscafe.com www.arlingtonartistsalliance.org www.ConnectionNewspapers.com



Cassatt's: A Kiwi Café NZ Gourmet Bistro.

Burger or meat pie can be polished off with Pavlova, the national dessert. Live music is presented on weekends.

"Several artists in Arlington banded together in 2000 because we had no place to show our work," said Jane McElvany Coonce, an early member of the Arlington Artists Alliance. The group was granted use of an empty space until someone promptly rented it. Another store was vacant some steps away, and the Alliance

moved in. That was when Hauptman returned to Arlington and leased the spot for his restaurant. Discussions between the two resulted in today's blend of restaurant and gallery. Hauptman attends to the comestibles. The Alliance provides display art and conducts classes in the lower level: its headquarters.

Jean Stark is manager of the current exhibition. When asked about the relationship between the Alliance and Hauptman, she said it was a "happy partnership." Smiling, she noted the appropriateness of his name: Art.

Each month the Alliance features an exhibit. Two or three each year are "juried," a process in which artists send photographs of

Artists Recognized In "Unbridled"

1st Place: Brush With The Past, Jane McElvany Coonce

2nd Place: Flyaway Horse, Anya Get-

3rd Place: Indian Country, Judy Antico

Best In Show: Buddies (Assateague Ponies), Meg Mackenzie
Hangable Mention: Painted Ponies

Honorable Mention: Painted Ponies, Mary Ryder; miniplaypony, Meg Mackenzie, and

Where Old Harnesses Go, Pauline Lorfano.

their works and a juror (or jurors) decides if the works are up to standard and reflect the chosen theme. Edward Reed, award-winning artist and instructor at The Art League at the Torpedo Factory, Alexandria, is juror for the current show. The 29 works on view were drawn from a pool of 48.

"Show themes tend to be openended," said Stark. "The object is to take the artist out of his or her comfort zone by allowing a wide range of interpretation." She recalled that the original thought was to invite works dealing with horses. The "un" in "Unbridled" broadened possibilities for the artists, which is evident upon viewing the entries.



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New Beginnings Arlington 2011 seniors looking ahead to college.

By Abigail Geiger
The Connection

rlington will bid adieu to the 2011 class of seniors as they move on to college and future pursuits in the fall. The graduating seniors are looking forward to new prospects and a new life in colleges from Atlanta to D.C. to Charlottesville.

Washington-Lee High School graduate Andrew Elliott, among many other things, was editor-in-chief at the high school's newspaper his senior year. "I had the opportunity to work with some really cool people," Elliot said, reflecting upon his high school and newspaper experience. "Our staff was really cool. Our staff was diverse and welcoming."

Elliott said the senior year is the most busy and equally stressful year, from being involved in school plays to writing research papers.

After applying to seven schools spanning from state schools to schools like Harvard, Elliott chose to attend the University of Virginia in Charlottesville in the fall. He said about 15 others from Washington-Lee are attending UVA, and he personally knows about 20 students from other schools who

Moving On

The total number of Arlington high school graduates in 2010 was 1,186 with 230 attending two-year colleges and 772 attending four-year colleges.

will be as well.

Elliott said that although it does not offer a journalism program, UVA is a great fit for him, and he plans to major in political science or media studies.

"The fact that it's a state school is definitely a factor," Elliott said about his school choice, "But it's also because it's such a large school, and there are great opportunities there. I have a lot of friends getting involved at the newspapers there, and I want to get involved with that and other organizations."

Elliott, who is living next year in an international dormitory with a Malaysian roommate, is excited for the expanding world and knowledge that college offers to students.

YORKTOWN HIGH School graduate Elijah McDavid was also much involved in high school, notably in senior year as the president of his school's Student Government Association. Amid construction for a developing new campus for Yorktown,

McDavid gave a motivational speech at his class' graduation ceremony before the seniors parted ways. McDavid said that he will miss his friends the most, and the only thing he would have changed if he could go back would have been to manage his time and academics better.

"I'm definitely looking forward to a new start," McDavid said. "The whole thing about getting away from home and getting a real-world experience is exciting."

McDavid applied to several schools in a previous aim to go into broadcast journalism. He chose Morehouse College in Atlanta, Ga., because of the financial aid offered to him, and is now considering studying philosophy.

"The seniors in a school are an extremely important group," Yorktown High School principal Raymond Pasi said. "They set the tone that provides the leadership that younger students look up to.

"By every standard, this graduating class of 2011 was first-rate," Pasi said. "They had great achievements and accomplishments but were also great individuals with great good will and a spirit of cooperation and interest in other people. We'll miss them."

AUDRA NAKAS, graduate from Bishop J.

Denis O'Connell High School and valedictorian of her class, focused in high school on her personal beliefs as the president of the school's abortion opposition club. Her favorite high school classes were AP Literature and theology.

"Senior year was an emotional rollercoaster with everything going on," Nakas said. "As seniors, we were kind of running the school; we were leaders. I'll definitely miss the people, my friends, the fantastic teachers and all of the events we had."

Nakas, whose mother received her postsecondary degrees in Canada and whose father received his in Michigan and D.C., chose The Catholic University of America across the river in D.C. She said she chose The Catholic University because of the strong Catholic identity, proximity to the city, opportunities and size that the school offers.

"I think everything is just really exciting, and I'm especially excited for all of the academic demand in college," Nakas said. "Just making new friends and being on my own will be great. It'll kind of be a fresh start."

Nakas will be majoring in psychology in the fall, and said she wants to eventually study abroad and go to graduate school.

Athletes Look for Right Fit in College

Reviewing options for their next step.

By Jon Roetman The Connection

enior pictures. Maintaining good grades. Prom. Success in athletics. Enjoying one's final year.

Between having fun and taking care of business, there is plenty on the minds of teenagers entering their senior year of high school. Arguably the most important focus is successfully navigating the transition to college — a task some have under control earlier than others.

For those looking to play a sport — or sports — in college, a level of uncertainty can accompany an already stressful period of life. Athletes who aren't considered elite and don't have Division I schools knocking down their door to offer a scholarship are left to prove themselves as seniors and hope they find a school that's interested and fits what they're looking for.

Rigo Salguero, a rising senior at Washington-Lee High School in Arlington, has had visions of playing college football since he was in the fifth grade. The 5-foot-8, 160-pound Salguero was a lineman until reaching high school, and made the transition to quarterback as a junior — the first time he had ever played the position. This year, Salguero will play both slot receiver and running back, each position being a better 8 ARLINGTON CONNECTION JULY 20-26, 2011

fit for him than quarterback, Salguero said.

Despite a position change heading into

his senior year and the uncertainty of not knowing where he's going to college, Salguero said he won't put any additional pressure on himself to perform, saying he's already an intense competitor.

"Honestly, I feel like that all the time," Salguero said of feeling the need to prove himself. "Last year, I felt like that every single game. ... That's my own mentality — just to go all out."

While Salguero said his attitude won't change, rising Mount Vernon High senior Stanley Gorman said his uncertainly about where he's going to college will motivate him during the 2011 season.

Gorman is a 5-foot-11, 230-pound defensive lineman who is entering his third year on the varsity for the Majors and ready for a breakout season.

"I'm excited because it's my last year," Gorman said. "I wanted to prove a point this year. ... Nobody knows about me."

Gorman is looking to improve in multiple areas. He said he improved his grades during his junior year and wants to continue to do so. On the field, he has a drive to not quit.

"What I have is hustle," Gorman said. "I never give up on plays. I'm going to be committed on and off the field. I'm always go-

ing to be in the weight room working out and trying to get better." While confident he can succeed, becoming a senior is on Gorman's mind.

"It's kind of [nerve-wracking] when you think about it," he said. "Three years ago I was a freshman and now I'm a senior and it's my last year."

Gorman's teammate, Graig Hunter, is a 5-foot-11, 245-pound defensive lineman for the Majors who is also undecided about his college plans. Hunter said he attended a lineman camp at the University of Maryland and is training with his former high school in Michigan to help prepare for the 2011 season.

"I'm not really nervous because I know I'm going to a college to play football, I just

don't know where," he said. "I'm pretty confident I'm going to play. ... I'd like to play DI, but I'm fine with DII."

Playing football is a goal for Hunter, but finding a school with quality academics where he can study graphic design is also



Washington-Lee rising senior Rigo Salguero has wanted to play college football since the fifth grade.

important to him.

"I feel education comes first, really," Gorman said. "I would rather go to a school with a good football team, too, but I don't want to go to a school with a poor education system."

www.ConnectionNewspapers.com

HOME SALES In June 2011, 255 Arlington homes sold between \$1,838,000-\$69,900. This week's list represents those homes sold in the \$1,838,000-\$625,000 range. For the complete list, visit www.ConnectionNewspapers.com

				C Subdivision
				BERKSHIRE OAKWOOD
1881 NASH ST N #1910	2 2 1	ARLINGTON \$1,675,000	Hi-Rise 9+ Floors	TURNBERRY TOWER
3520 OHIO ST N	5 4 1	ARLINGTON \$1,630,000	Detached 0.23	MINOR HILL
5340 36TH ST N	5 4 1	ARLINGTON \$1,585,000	Detached 0.26	CRESCENT HILLS
2243 UPTON ST N	5 5 1	ARLINGTON \$1,500,000	Detached 0.35	LEE HEIGHTS
				BERKSHIRE OAKWOOD
				CLARENDON
				GARDEN CITY
				BERKSHIRE OAKWOOD
				GOLF CLUB MANOR
				BERKSHIRE OAKWOOD
				MINOR HILL/STONELEIGH
				BRANDON VILLAGE
				WAYCROFT
				COUNTRY CLUB HILLS
				BROYHILL FOREST/HILLS
451/ 251H KD N	5 4 1	ARLINGTON \$1,149,000	Detached 0.13	OUNTED CHILLE
324/ ALBEMARLE S1	4 2 1	ARLINGTON \$1,135,000	Detached 0.30	COUNTRY CLUB HILLS BROYHILL FOREST/HILLS
				BERKSHIRE OAKWOOD
				LYON VILLAGE
2722 OAKLAND ST N	4 3 1	ARLINGTON \$1,076,068	Detached 0.36	DOVER BALMORAL RIVERWOOD
1917 NELSON ST N	5 3 1	ARLINGTON \$1,075,000	Detached 0.15	CHERRYDALE
				LEE HEIGHTS
				BERKSHIRE OAKWOOD
				COUNTRY CLUB
				CHERRYDALE
				BROYHILL FOREST/HILLS
				COUNTRY CLUB HILLS
3811 NELSON ST	4 3 0	ARLINGTON \$950,000	Detached 0.58	RIVER CREST
4704 23RD ST N	4 3 1	ARLINGTON \$950,000	Detached 0.16	LEE HEIGHTS
				BELLEVUE FOREST
4518 35TH ST N	4 3 0	ARLINGTON \$940,000	Detached 0.44	COUNTRY CLUB HILLS
				BROMPTONS AT CLARENDON
				WAYCROFT
				COUNTRY CLUB
4306 24TH ST N	4 3 1	ARLINGTON \$850,000	Detached 0.18	LEE HEIGHTS
1615 OUEEN ST N #M403	2 2 0	ARLINGTON \$850,000	Mid-Rise 5-8 Floors	WOOSTER AND MERCER LOFTS
4127 27TH ST N	4 2 1	ARLINGTON \$820,000	Detached 0.24	DOVER BALMORAL RIVERWOOD
3425 RANDOLPH ST	4 4 0	ARLINGTON \$819,000	Detached 0.23	BROYHILL FOREST/HILLS
4714 16TH RD N	3 2 1	ARLINGTON \$815.000	Detached 0.13	WAYCROFT
				BROYHILL FOREST/HILLS
3831 TAZEWELL ST N	3 3 1	ARLINGTON \$801,000	Townhouse 0.06	THE GLEBE
				CLARK & HILTON
2006 WESTMORELAND ST	43 1	ARLINGTON \$798 800	Townhouse 0.03	WEST
				ARLINGWOOD
				ASHTON HEIGHTS
				DOVER BALMORAL RIVERWOOD
		n Regional Information		
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SEE HOME SALES, PAGE 11









1321 Adams Court North #101, Arlington — \$365,000



70B Bedford Street North, **Arlington — \$380,000**



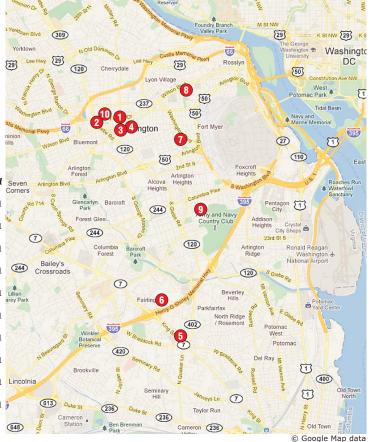
SOLD BETWEEN \$1,675,000-\$126,000.

1024 Utah Street North #623, **Arlington — \$317,000**

BR . FB HB . Postal City . Sold Price Type Lot AC . PostalCode Subdivision . 1000 RANDOLPH ST N #207 ... 2 2 0 ... ARLINGTON \$499,900 Hi-Rise 9+ Floors 22201 430,000 Hi-Rise 9+ Floors 22203 ... 7 70B BEDFORD ST N #70B 2 ... 1 1 ... ARLINGTON \$380,000 Townhouse 3 1321 ADAMS CT N #101 1 1 1 0 ... ARLINGTON \$365,000 Garden 1-4 Floors 22201 COURTHOUSE HILL ... Source: MRIS, Inc. For more information on MRIS, visit www.mris.com

4 820 Pollard Street North #101, **Arlington — \$430,000**

Photos by Louise Krafft/The Connection



HOME SALES In June 2011, 255 Arlington homes sold between \$1,838,000-\$69,900. This week's list represents those homes sold in the \$1,838,000-\$625,000 range. For the complete list, visit www.ConnectionNewspapers.com

From Page 9					
Address	BR . FB HB	. Postal CitySol	d Price Type .	Lot	ACSubdivision
2040 OAKLAND ST N	33 1 .	ARLINGTON	\$782.500 Townhouse	0.03	BROMPTONS AT CHERRYDALE
200 LIBERTY ST N	42 2 .	ARLINGTON	\$779.000 Detached	0.09	SPY HILL BLVD MANOR
					LYONGATE
					AURORA HILLS
					BELLEVUE FOREST
966 EDEDEDICK CT N	4 5 0 . 4	ADI INCTON	\$767,000 Detached	0.25	BALLSTON
1926 ITTALI CT	4 5 0 .		\$760,000 Detached	0.20	BALLSTON BALLSTON
					OAKCREST
					WAYCROFT
					ASHTON HEIGHTS
					COURTS OF BALLSTON
2446 POWHAIAN ST	3 3 0 .	ARLINGTON	\$740,000 Detached	0.19	BERKSHIRE OAKWOOD
551 OAKLAND ST	3 2 0 .	ARLINGTON	\$735,000 Detached	0.13	ASHTON HEIGHTS
					WILLIAMSBURG VILLAGE
5001 34TH RD N	32 0.	ARLINGTON	\$735,000 Detached	0.16	COUNTRY CLUB MANORS
4401 1ST ST S	4 2 1 .	ARLINGTON	\$732,850 Detached	0.25	BARCROFT
6315 25TH ST N					
27 FENWICK ST N	5 3 0 .	ARLINGTON	\$720,000 Detached	0.15	LYON PARK
4000 VACATION LN	3 2 0 .	ARLINGTON	\$719,900 Detached	0.09	LEE HEIGHTS
5110 25TH RD N	3 2 0 .	ARLINGTON	\$715.000 Detached	0.14	COUNTRY CLUB
					WEST
5631 34TH ST N	3 3 0	ARLINGTON	\$695,000 Detached	0.24	CRESCENT HILLS
					BERKSHIRE OAKWOOD
					BRANDON VILLAGE
					BRANDON VILLAGE BONAIR
62/ JEFFERSUN SI	3 2 0 .	ARLINGTON	\$6/9,000 Detached	0.28	BUNAIK
5916 41H S1 N	3 2 1 .	ARLINGTON	\$6/5,000 Detached	0.14	SPY HILL BLVD MANOR
					LEE HEIGHTS
					COUNTRY CLUB
					MADISON MANOR
					DOMINION HILLS
					WESTOVER
					ARLINGTON FOREST
4506 4TH RD N	3 3 1 .	ARLINGTON	\$650,000 Townhouse	0.04	CATHCART SPRINGS
2004 KENSINGTON ST N	3 1 1 .	ARLINGTON	\$649,900 Detached	0.17	LEEWAY HEIGHTS
2202 JOYCE ST	32 0 .	ARLINGTON	\$644.900 Detached	0.16	ADDISON HEIGHTS
1220 FILLMORE ST N #501	2 2 1 .	ARLINGTON	\$640.000 Hi-Rise 9+	Floors	STATION SQUARE
336N GRANADA ST	320	ARLINGTON	\$640,000 Detached	0.16	ARLINGTON FOREST
					LARCHMONT
					PARKHURST
					WILLET HEIGHTS
					SOUTHGATE
915 OF INICA C. C.	3 3 0 .		\$620,000 Detached	0.10	
E000 00ND CT N	3 ∠ 0 .	ARLINGTON	poso,oo Detached	0.1/	ALCOVA REIGHIS
2027 ZZNU 31 N	4 3 0 .	AKLINGTON	\$625,500 Detached	U.ZZ	PARKHURST THE BERKELEY
631 TAZEWELL ST N	2 2 2 .	AKLINGTON	\$625,000 Iownhouse	0.02	TOWNES OF BALLSTON

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Potomac Gorge

From Page 6

shad and other species, but, overall, the positive tone of the film and the conversation focused on the treasure shared in the backyard of Washington, Virginia and Maryland.

Videographer Pat Anderson shared thoughts from his chance to fly with the Park Service in their helicopter while shooting the Gorge. He saw the environment in new ways and said the biggest challenge with all this footage is what to leave out.

The 20-minute video will soon be shown at the National Park Service visitors' centers at Great Falls, Va., and Great Falls, Md., and possibly shown at future film festivals. The film was made possible by grants from the National Park Service, the National Parks Foundation and Crystal Light. To learn more about the Potomac Gorge and efforts to protect it, visit nature.org/maryland and share your experience with the Potomac Gorge on facebook.com/ dc.md.va.nature.conservancy.

Tom McCann is a writer with The Nature Conservancy

Arlington N.

\$725,000 Serene Cul-De-Sac Setting!



bler with garage is nestled on a spectacular 10,040 sqft, professionally landscaped lot on the cusp of Country Club Hills in the Broyhill Forest neighborhood. Enjoy the open and airy floorplan, newly refinished hardwood floors, attractive built-in shelving surrounding the living room fireplace, an eat-in kitchen plus dining room with French doors opening onto an amazing deck and extremely private backyard oasis, fixed stairs to attic (future expansion possibilities...) and a sunny walk-out lower level cleverly reconfigured to accommodate owners pro-

fessional home office. All conveniently located just minutes from Chain Bridge, neighborhood parks, & flanked by many upper bracket properties to validate value for even the most reluctant purchasers. A long term architect-owned home with thoughtful upgrades throughout. 3524 N. Utah Street



Dave Lloyd & Associates 703-593-3204 www.davelloyd.net



Charming 4 BR, 3.5 BA Colonial in walk-to-everything location \$795,000.00

2501 N. Kensington Street Arlington, 22207

Location can't be beat - transportation, schools, shops and more! Lovely home with freshly painted "Pottery Barn" palette, updated kitchen

w/new appliances, sliding glass door to deck and fenced rear yard. Large bedrooms w/generous closets & storage, attached garage, finished lower level ull BA. Newer roof, HVA

I always have time for you your family and friends and appreciate your referrals.

COLDWELL R

BANKER

RESIDENTIAL BROKERAGE

Jennifer Boeke Caterini 4500 Old Dominion Drive, Arlington, VA 22207





OPEN HOUSES

IN ARLINGTON • JULY 23 & 24



3013 North Stuart Street, Arlington 22207 • \$892,500 • Open Sunday 1-4 p.m. • Mitchell Schneider, McEnearney Associates, 703-851-4416

When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper. For more real estate listings and open houses, visit www.ConnectionNewspapers.com & click the Real Estate links on the right side.

□ Call Specific Agents to Confirm Dates & Times. **R**

22201

1135 N Taylor St	\$699,000.	Sun 2-4	Agnes Davis	American Realty 703-508-3235
1200 N. Hartford St #507.	\$529,900.	Sun 1-4	.Dave Lloyd & Assoc	Weichert703-593-3204
1520 N Johnson St	\$1,375,000.	Sun 2-4	Francis O'Dea	American Realty 703-981-8597
3161 21st St N	\$975,000.	Sun 1-4	Wooten/Nielsen	Long & Foster703-855-2553
3515-510 Washington Blv	d\$337,900.	Sun 2-4Garn	et Robins-Baughman	Keller Williams 703-534-0997
3515-515 Washington Blv	d\$324,500.	Sun 2-4Garn	et Robins-Baughman	Keller Williams 703-534-0997
4206 11th St N	\$969,900.	Sun 1-4	Patricia Butler	Re/Max Allegiance703-250-8500
721 N. Edgewood St	\$1 125 000	Sun 1-4	Ron Cathell	Keller Williams 703-975-2500

22203

4501 Arlington Blvd #707	\$219,500Sun 12-5	Charilyn Cowan	McEnearney 703-599-5000
4722 1st St N	\$625,000Sat 1-4	Laurie Mensing	Long & Foster703-873-3500

22204

4403 Pershing Ct S	\$799,900Sun 1-4	Ronnie Miller	Weichert703-941-0100
5060-201 7th Road, S	\$209,900 Sun 2-4Ga	rnet Robins-Baughman	Keller Williams703-534-0997
5091-202 7th Road, S	\$259,900 Sun 2-4 Ga	rnet Robins-Baughman	Keller Williams 703-534-0997

22205

1020 Fredrick St N\$1,550,000.....Sun 12-2......Andre Nicholas .. Re/Max Specialists .. 240-765-1300

22207

2105 Stafford St	\$699,000	Sun 1-4	Thomas Hennerty	NetRealtyNow703-652-6040
2133 Pollard St N	\$720,000	Sun 1-4	Kathleen Gibbons	McEnearney 703-941-2875
2354 Fillmore St N	\$1,695,000	Sun 1-3:30	Linda Rogers	Wash Fine Prop703-627-6776
2501 N. Kensington	\$795,000	Sun 1-4	Jennifer Caterini	Coldwell Banker 703-609-6258
3013 N. Stuart St	\$892,500	Sun 1-4	Mitchell Schneider	
3019 Stuart St	\$1,495,432	Sun 1-4	Casey Margenau	Re/Max Distinctive 703-827-5777
3524 N. Utah St	\$725,000	Sun 1-4	Dave Lloyd & Assoc	Weichert 703-593-3204
4116 Lorcom Ln	\$1,449,000	Sun 1-3	N. Jay Theirry	
5119 22nd St N	\$1 172 000	Sun 1-4	Lizzy Conroy	Keller Williams 703-734-0192

22213

.....Russell Arkin.......Keller Williams...703-734-7045 2727 Westmoreland St......\$1,639,000......Sun 1-4......

For an Open House Listing Form call Deb Funk at 703-778-9444 or e-mail debfunk@connectionnewspapers.com

All listings due by Monday at 3 P.M.

OBANGE LINE CONNECTION

O East Falls Church



WEDNESDAY/JULY 27

Nathan and the Zydeco Chachas. 7:30 p.m. Tickets are \$15/\$12. 7:30 p.m. dance class; 8:30 p.m. live music and dance. At the Ballroom at Artisphere, 1101 Wilson Blvd., Arlington.

WEDNESDAYS AND THURSDAYS

Lunchtime Concert Series. 11:45 a.m. to 1:30 p.m. Free. The Thursday Lunchtime Concerts Series, which will be held from now through Oct. 20 at Wilson Boulevard and N. Oak Street, will entertain Rosslyn Farmers Market visitors as they shop. The Wednesday Lunchtime Concert series will run from now through Aug. 31 at the CentralSpace to CentralPlace plaza located at Wilson Boulevard and N. Moore Street. Local performers will provide music from a variety of genres including jazz, blues, funk, pop, folk and more.

SATURDAY NIGHTS AT 11:01

11:01 Saturday Nights. Starts at 11:01 p.m. Late-night dance party. Tickets are \$15/\$12 students. At the Ballroom at Artisphere, 1101 Wilson Blvd., Arlington. Call 703-228-1850.

DANCE WEDNESDAYS

Dance Wednesdays. 7:30 to 8:30 p.m. dance classes; 8:30 to 11 p.m. dancing. Tickets are \$15/\$12 at door. On Wednesdays, dance the night away at Artisphere to zydeco, cajun, rock, R&B and swing. The new center features a 3,000 square foot dance floor, one of the best in the area. At the Ballroom at Artisphere, 1101 Wilson Blvd., Arlington. Call 703-228-1850.

SALSA TUESDAYS

Salsa Tuesdays. 7:30 to 8:30 p.m. dance class; 8:30 p.m. to 11 p.m. dancing. At the Ballroom @ Artisphere, 1101 Wilson Boulevard, Arlington. Call 703-228-1850.

NOW THROUGH AUG. 31

Sketch3D. Free. Create 3D Drawings Using a Giant "Etch-a-Sketch." Sketch3D is an interactive, integrated software/hardware system that enables users to create their own anaglyphic 3D drawing using a giant "Etch-a-Sketch". At the Upper Town Hall at Artisphere, 1101 Wilson Blvd., Arlington.

WEDNESDAY/JULY 20

"Serpico." 8 p.m. Tickets are \$6. Part of the Sidney Lumet Retrospective. At the Dome Theater at Artisphere, 1101 Wilson Blvd., Arlington.

THURSDAY/JULY 21

WEDNESDAY/JULY 20

Contra Sonic. Contra dancing with a club twist. Contra dancing is American folk dance with roots in square dancing, but when you add free glow sticks, a DJ and laser display you get Contra Sonic. Tickets are \$8/\$6. Dance lesson at 7:30 p.m.; dancing from 8 to 11 p.m. At the Ballroom at Artisphere, 1101 Wilson Blvd., Arlington.



Rosslyn

Zydeco Dance Party. 8:30 to 11 p.m. Admission is \$15. Introductory Cajun Dance Lesson from 7:30 to 8:30 p.m.; dancing from 8:30 to 11 p.m. With Leroy Thomas and the Zydeco Roadrunners. At the Artisphere, 1101 Wilson Blvd., in Arlington. Call Michael Hart at 301-762-6730 or the Artisphere at 703-228-1850.



Spooky Movie Film Festival

Six features and more than three hours of short films will make up the Spooky Movie Midsummer Night's Scream at the Artisphere Dome Theatre this summer. Start time is 8 p.m. with admission for all nights are \$10. At the Artisphere, 1101 Wilson Boulevard in Arlington. Open Monday through Friday from 11 a.m. to 11 p.m.; Saturday from 11 a.m. to 2 a.m. and Sunday from 11 a.m. to 6 p.m. Visit www.artisphere.com. The schedule for the series is:

SATURDAY, JULY 23

- "El Monstro Del Mar" Three gorgeous but deadly hired killers hole up in a small beach-side community with a dark secret. Russ Meyer and Ray Harryhausen collide is this modern oz-poiltation classic that is quickly becoming one of the hottest indie films on the film fest circuit today. (90m, Australia)
- * "Dark Souls" A father receives a phone call from the police pronouncing that his daughter has been killed at the very moment she walks in the front door. Winner of the Best Horror Film at the 2010 Manhattan Film Festival. (95m, France/Norway)

SATURDAY, AUG. 6

Television legend, Count Gore De Vol, hosts 13 of the wildest short films from around the world, as well as presents an exclusive preview for the 6th Annual Spooky Movie International Horror Film Festival (Oct. 13-16).

SATURDAY, AUG. 20

- "George's Intervention" George is a zombie. And his friends are hoping to convince him to stop eating people and to enter 'zombie rehab'. It's morally wrong to eat people, plus, it's unhealthy. An undeniable crowd-pleaser. (92m, U.S.A.)
- "Morgue Story" A comic book artist, a life insurance salesman and a coroner meet in a morgue in this brilliantly written and directed modern classic. (78m, Brazil)

SATURDAY, SEPT. 3

- * "Murder Loves Killers Too" A modern take on the vintage 1980s "maniac in the woods" movies, this outstanding feature follows all of the rules (to a point), but ultimately takes you places that conventional horror leaves out. A wonderful scary and provocative film with an exceptional ending. Directors' Choice Award: Best Feature Film: A Night of Horror International Film Festival. (78m, U.S.A.)
- "The Uh Oh Show" Herschell Gordon Lewis' blood-drenched love letter to his fans of "Two Thousand Maniacs," "Blood Feast," "The Gore Gore Gils," and "The Uh-oh Show" is a wonderfully perverse and funny late night satire of the world of horror films and their fans. (85m, USA)

WEDNESDAY/JULY 27

Zydeco Dance Party. 8:30 to 11 p.m. With Nathan and the Zydeco Chas Chas. Admission is \$15. Introductory Cajun Dance Lesson from 7:30 to 8:30 p.m.; dancing from 8:30 to 11 p.m. At the Artisphere, 1101 Wilson Blvd. in Arlington. Call Michael Hart at 301-762-6730 or the Artisphere at 703-228-1850.

WEDNESDAY/JULY 27

"Before the Devil Knows You're Dead." 8 p.m. Tickets are \$6. Part of the Sidney Lumet Retrospective. At the Dome Theater at Artisphere, 1101 Wilson Blvd., Arlington.

THURSDAY/JULY 28

Dervish — Celtic Folk Band. 8 p.m. Cost is \$22/\$20. At the Spectrum Theatre, 1611 N. Kent St., Arlington.

ROSSLYN FARMERS MARKET

Every Thursday, May 12 to Oct. 20. Located across the street from Cupid's Garden Sculpture. Fresh foods and goods from regional vendors including bread and pastries, farm-fresh and organic produce, herbs and spices, exotic teas and specialty coffees, gourmet baked goods, and marinades and sauces.

CLARENDON FARMERS' MARKET

Year-round Clarendon Farmer's Market has locally produced breads and pastries, organic vegetables, flowers, soap, sorbet and more. Held Saturdays and Sundays from 8 a.m. to noon at Courthouse Parking Lot, 3195 North Wilson Blvd., Arlington. Also year-round on Wednesdays from 3-7 p.m. at Clarendon Metro Station. Visit www.Clarendon.org. Call 703-812-8881

BALLSTON FARMERS MARKET

The Ballston Farmers Market returns to Welburn Square every Thursday from 3 to 7 p.m. from now until October. Returning market favorites are Great Harvest Bread Company, Two Belle's Southern Pound Cakes and Gonzales Produce. Newcomers are Pleasant Pops and Milk Crate Bakery. Featuring live music every Thursday.

Entertainment

FRIDAY MORNINGS.

Line Dancing Class. 10 to 11 a.m. Line dancing with Barbara Allen. Covers the basic steps, then combines them to music for a gentle, social, aerobic workout. More experienced line dancers are welcome as they can assist the newer dancers. At Aurora Hills Senior Center. Call 703-228-5722.

NOW THROUGH AUG. 27

Creative Minds Multiplied. Free. A showcase of three painters with signature styles. Bryan Jernigan, Bud Hensgen and Jennifer Brewer Stone team up for a painter's exhibition in the mini-gallery at Lee Arts Center. At Lee Arts Center, 5722 Lee Highway, Arlington. Visit http://www.leeartscenter.org

NOW THROUGH JULY 24

"Unbridled." The Arlington Artists
Alliance presents a juried show
"Unbridled" at Cassart's Café and
Gallery, 4536 North Lee Highway,
Arlington. Edward Reed, an award
winning artist and instructor at the Art
League in Alexandria, juried the show.

NOW THROUGH JULY 30

"Titus Andronicus" by William
Shakespeare. Tickets are \$5 to \$15.
Show times: July 21-23, 26-30.
Presented by the Empty Chair Theatre
Company. At the Theatre on the Run

Black Box at 3700 Four Mile Run, Arlington. Visit http:// www.emptychairtheatre.org/ or contact

boxoffice@emptychairtheatre.org.

NOW THROUGH AUG. 6 Signature's Sizzlin' Summer

Cabaret. Cabarets will include "Let Me Sing" and "I'm Happy" ("The Music of Irving Berlin"), a collection of Berlin favorites featuring Sherri L. Edelen, James Gardiner, Matt Pearson and Bayla Whitten. Solo cabarets include Erin Driscoll ("[title of show]," "Sweeney Todd"), and last year's Sizzlin' Summer artists Bob McDonald and Sandy Bainum ("Sunset Boulevard"). Tickets for all cabarets are \$25 each. Signature offers a special All-Access Pass for \$125. At Signature Theater, 4200 Campbell Ave., Arlington. Call 703-820-9771.

THURSDAY/JULY 21

Summer Concert. 7:30 p.m. The U.S. Army Concert Band presents All-American Classics. At Washington-Lee High School Auditorium, Arlington.

Holistic Moms Meeting. 7 to 9 p.m. Topic: Vegetarian, Vegan and Macrobiotic Diets; Presentation by Jennifer K. Reilly, R.D., L.D. At Arlington United Methodist Church, 716 S. Glebe Road, Arlington. Visit: http://

holisticmomsarlalex.blogspot.com/ Contact: HolisticMomsArlAlex (at) gmail (dot) com or call Jessica at 703-824-6167.

JULY 21, 22, 23

Comedian Jay Phillips. Admission is \$24. Thursday, July 21 at 7:30 p.m.; Friday, July 22 at 9:55 p.m.; Saturday, July 23 at 9:55 p.m. Jay Phillips' recent film credits include 'Semi-Pro' opposite Will Ferrell, Prom Night' with Brittany Snow and 'Baby Mama' opposite Tina Fey and Amy Poehler. At the Arlington Cinema & Drafthouse, 2903 Columbia Pike, Arlington. Visit http://

FRIDAY/JULY 22

Summer Concert Series. 8 p.m. Free. "American Jazz Heroes." With the U.S. Air Force Band — The Airmen of Note. At the U.S. Air Force Memorial, One Air Force Memorial Drive, Arlington. Call 202-767-5658 or visit www.usafband.af.mil

JULY 22 AND 23

Comedian Lizz Winstead. 7:30 p.m. Admission is \$23. Co-creator and





NOW THROUGH AUG. 6

Signature's Sizzlin' Summer Cabaret. Cabarets will include "Let Me Sing" and "I'm Happy" ("The Music of Irving Berlin"), a collection of Berlin favorites featuring Sherri L. Edelen, James Gardiner, Matt Pearson and Bayla Whitten. Solo cabarets include Erin Driscoll ("[title of show]," "Sweeney Todd"), and last year's Sizzlin' Summer artists Bob McDonald and Sandy Bainum ("Sunset Boulevard"). Tickets for all cabarets are \$20/\$25 each. Signature offers a special All-Access Pass for \$125. Call 703-820-9771 or visit www.signature-theatre.org.

JULY 8 THROUGH AUG. 6

"Visit to a Small Planet" by Gore Vidal. A comedy with keen and witty observations about American and human foibles. Presented by the American Century Theater. "Visit to a Small Planet" opens Friday, July 8 and runs through Saturday, Aug. 6, with pay-what-you-can previews on Wednesday, July 6, and Thursday, July 7, and a pay-what-you-can performance on July 13 — all at 8 p.m. Show times are Thursday through Saturday evenings at 8 p.m. and Saturday/Sunday matinees at 2:30 p.m. TACT will also host a post show talk-back on Thursday, July 14. Tickets can be ordered online at www.americancentury.org or by calling 703-998-4555. At Gunston Theatre II, 2700 South Lang St., Arlington.

NOW THROUGH JULY 30

"Titus Andronicus" by William Shakespeare. Tickets are \$15.

Presented by the Empty Chair Theatre Company. At the Theatre on the Run Black Box at 3700 Four Mile Run, Arlington. Visit http://www.emptychairtheatre.org/or contact boxoffice@emptychairtheatre.org.



Italian Singer Songwriter, Giada Valenti



Washington's Premiere Commedia dell'Arte Troupe, Faction of Fools



PBS' Ciao Italia TV Host/ Chef/Author, Mary Ann Esposito

THURSDAY/AUG. 4

Taste of Italy. 4 to 9 p.m. Will include Italian culture, artists, fashion, luxury car display and cuisine featuring cooking demonstrations, wine tastings, entertainment, an online to live auction and more. Features an Italian marketplace expo featuring celebrity chef /TV Host of PBS'Ciao Italia Mary Ann Esposito. Live performances by Italian singer-songwriter, Giada Valenti and Classical tenors Micheal Castaldo and Elio Scaccio, Commedia dell'Arte Theatre by DC's Faction of Fools. Online to live auction with items including an Italian Villa getaway; a private opera performance and a chance to cook with Ciao Italia TV Host, Mary Ann Esposito. Tickets \$10 in advance and \$12 at the door. Visit http://www.ciaodc.com/ciao_dc_events.htm or by calling 202-368-7379. At the Crystal Gateway Marriott, 1700 Jefferson Davis Highway, Arlington.

former head writer of Comedy Central's "The Daily Show," and Cofounder of Air America Radio. At the Arlington Drafthouse, 2903 Columbia Pike, Arlington.

SATURDAY/JULY 23

"Red, White, and Que" Day Party".

3 to 8 p.m. Hors d'oeuvres, cash bar and music by DJ Soul. Donation: \$30/advance; \$40/door. Tickets can be purchased online at www.nvdecs.orgby July 17, 2011. You may also send a check, make payable to NVDECS, POB 2265, Arlington, VA 22202. To be held at the Sheraton National Hotel, Galaxy Rooftop Ballroom; 900 South Orme Street, Arlington.

Signature's Target Open House.

Noon to 10 p.m. Signature opens its doors for a free day of performances, master classes, show tunes, rock 'n' roll, Signature Idol and the Broadway on the Plaza Concert at 8:30 p.m. At Signature Theater in Arlington.

Hoopchi Workshop. Level I from 1:30 to 2:30 p.m. Level II from 2:45 to 4:30 p.m. Hula hoop dance intertwined with Tai Chi-inspired movements. At the United Methodist Church, 4201 Fairfax Drive, Arlington.

www.LucasHooping.com

MONDAY/JULY 25

Poetry Workshop. 7 p.m. Join an informal group of writers at the Shirlington Branch of the Arlington Library for a poetry workshop. Members write and read original poetry and exchange constructive criticism. Call 703-228-6545.

Renewal & Remembrance Day of Service. 8:30 a.m. to 11 a.m.
Hundreds of landscapers from around the country will bring their crews to Arlington National Cemetery to spend the day mulching, cabling trees with lightening protection, pruning, liming, planting and aerating the grounds. At Arlington National Cemetery. Contact Betsy Demoret at betsydemoret@landcarenetwork.org,

or at 800-395-2522. JULY 28 TO SEPT. 11

Photo 2011. Annual Juried Mid-Atlantic Photo Exhibition. Opening reception is July 28 from 7 to 10 p.m. At the Terrace Gallery at Artisphere, 1101 Wilson Blvd., Arlington. Call 703-875-1100 or visit www.artisphere.com

THURSDAY/JULY 28

Summer Concert. 7:30 p.m. The U.S. Army Blues Band features Something Old, Something New, Something Borrowed and Everything Blues. At Washington-Lee High School Auditorium, Arlington.

FRIDAY/JULY 29

Mary Ann Redmond. 8 p.m. Free. At Lubber Run Amphitheatre, N. Second and N. Columbus St., Arlington. Call 703-228-1850.

Summer Concert Series. 8 p.m. "A Tribute to Stan Kenton." The U.S. Air Force Band, The Airmen of Note, and a 15-minute pre-show demo at 7:45 p.m. by the U.S. Air Force Honor Guard Drill Team. At the U.S. Air Force Memorial, One Air Force Memorial Drive, Arlington. Call 202-767-5658 or visit www.usafband.af.mil

JULY 29 AND 30

Politicos Unplugged. Tickets are \$25. Friday at 9:55 p.m.; Saturday at 7:30 p.m. and 9:55 p.m. Starring Reggie Brown, a Barack Obama Impersonator. At the Arlington Drafthouse, 2903 Columbia Pike, Arlington.

SATURDAY/JULY 30

Book Talk. 3 p.m. "My Signature" by Signature Theatre Co-Founder Eric Schaeffer. At the Shirlington Branch Library in Arlington. Co-sponsored with the Opera Guild of Northern Virginia.

Justin Trawick Band. 8 p.m. Free. At Lubber Run Amphitheatre, N. Second and N. Columbus St., Arlington. Call 703-228-1850.

Sharif in Concert. 9 p.m. Sharif will preview songs from his upcoming new five-song EP, Almost There. At the Front Page in Arlington.

"The Mikado." 7 p.m. Tickets are \$15/ adults; \$10/seniors/students/children. At St. Peter's Episopal Church, 4250 N. Glebe Road, Arlington. For tickets: 703-734-0621, harnesselwayarts@me.com, or

FRIDAY/AUG. 5

Origem. 8 p.m. Free. At Lubber Run Amphitheatre, N. Second and N. Columbus St. Call 703-228-1850. Summer Concert Series. 8 p.m.

www.harnesselwayarts.com

"Tunes of 'Toons." With the U.S. Air

Force Band, Concert Band and members of the Singing Sergeants. At the U.S. Air Force Memorial, One Air Force Memorial Drive, Arlington. Call 202-767-5658 or visit www.usafband.af.mil

AUG. 5 AND 6

Broken Lizard's Kevin Heffernan and Steve Lemme. Friday, Aug. 5 at 9:55 p.m.; Saturday, Aug. 6 a 7:30 p.m. and 9:55 p.m. Admission is \$25. At the Arlington Cinema & Drafthouse, 2903 Columbia Pike, Arlington.

SATURDAY/AUG. 6

Movie: "Fast and Furious." (2001). 8 p.m. With Teen Talent Night. Free. At Lubber Run Amphitheatre, N. Second and N. Columbus St., Arlington. Call 703-228-1850.

FRIDAY/AUG. 12

Margot MacDonald. 8 p.m. Free. At Lubber Run Amphitheatre, N. Second and N. Columbus St., Arlington. Call 703-228-1850.

SATURDAY/AUG. 13

Russkie Musikanti — Russian Folk Ensemble. 8 p.m. Free. At Lubber Run Amphitheatre, N. Second and N. Columbus St. Call 703-228-1850.

SUNDAY/AUG. 14

Pike Hike II Walkabout. 9:30 to 11 a.m. Free. A guided tour led by County Board Chairman Christopher Zimmerman. The Walkabout route highlights culinary hot spots, one-of-akind shops, landscaped apartments, rolling parkland, quaint bungalows, historic churches, a campus of County facilities and resources, and the Sunday Columbia Pike Farmers Market. Meet at Arlington Career Center, Columbia Pike Library, 816 South Walter Reed Drive, Arlington. Contact info@walkarlington.com.

FRIDAY/AUG. 19

Texas Chainsaw Horns. 8 p.m. Free. At Lubber Run Amphitheatre, N. Second and N. Columbus St., Arlington. Call 703-228-1850.

SATURDAY/AUG. 20

Rocknoceros. 11:30 a.m. Admission is \$12/adults; \$8/children 12 and under. At the Dome Theatre at Artisphere, 1101 Wilson Blvd., Arlington. Call 703-875-1101. www.artisphere.com.

Entertainment

Q&A

Meet Comedian Lizz Winstead

izz Winstead was the co-creator and former head writer of Comedy Central's "The Daily Show," and co-founder / on air talent at Air America Radio. She has been recognized in Entertainment Weekly's 100 most Creative People issue and she was nominated Best Female club performer by The American Comedy Awards. Currently Lizz is writing, producing and staring in "Wake Up World," an Off-Broadway and web show in New York City that satirizes morning shows.

Lizz Winstead is performing at the Arlington Cinema & Drafthouse, 2903 Columbia Pike, Arlington, on Friday, July 22 at 7:30 p.m. and Saturday, July 23 at 7:30 p.m. Admission is \$23.

Pike Wire (piketowncenter.com) interviewed Lizz Winstead for The Arlington Connection about her time at the Daily Show and her work to promote Planned Parenthood.

Pike Wire: As a native of Minnesota, you must be really excited that Michele Bachmann is running for president. When you pulled the lever voting for her for Congress, did you ever think that you would have the opportunity to cast a vote for her for President?

Lizz Winstead: I'm a native Minnesotan but I don't live there anymore. But comedians always have a moral dilemma of voting against their own interest. Meaning, Michelle Bachman keeps me employed, yet when I go in the voting booth I have to vote for the other person, it's problematic.

PW: We actually did our research and know that your Minnesota politics lean more Walter Mondale / Hubert Humphrey. How did you develop your liberal political ideology?

LW: My politics are more Paul Wellstone. When you grow up in a state where there's lawn signs that read "I will pay taxes for a better Minnesota," it wasn't that hard.

PW: You have been on a Planned Parenthood tour to support the organization. Will your Arlington appearance be apart of it or will we be missing out on hilarious gynecological jokes?

LW: No, Arlington is not part of the PP tour. Sometimes a girl has to make a living in order to continue her PP tour. Although there still will be some hilarious gynecological humor, don't you worry.

ACORN or NARAL comedy tour? **LW:** My immediate plans are to in 2011 raising as much as possil and finishing my book of person

PW: What is the goal of the tour? **LW:** The goal of the tour is to help put a



Photo by Mindy Tucker

Lizz Winstead

face on what Planned Parenthood does, and to help raise awareness and money to ensure quality, affordable healthcare remains accessible to women across the country.

PW: You seem to be a king-maker, building platforms for Rachel Maddow, Stephen Colbert, and Jon Stewart. Do you prefer being on camera / microphone, or working behind the scenes?

LW: It's not an either/or thing. Sometimes I love writing for people who are very talented and can deliver brilliantly, sometimes I feel like projects are a good match for my voice and style. I enjoy both very much.

PW: After creating "The Daily Show," why did you leave? Some reports say that it was a result of a hostile relationship with then host Craig Kilborn.

LW: Pass.

PW: "The Daily Show" is running stronger than ever, but your other project, Air America radio, where you were a talk show host and the program manager, folded after going bankrupt. Why do you think that it did not take off as hoped, while conservative radio succeeds?

LW: Bad management at the top; it had nothing to do with the talent or the message. Air America launched Rachel Maddow, Sam Seder, Mark Marin and Al Franken who is now a U.S. Senator. I would say the message resonated, and to that end Air America was very successful.

PW: What is next for you? Perhaps an ACORN or NARAL comedy tour?

LW: My immediate plans are to continue in 2011 raising as much as possible for PP and finishing my book of personal essays chronicling touchstone moments that led me to the stage and transformed my comedy into what it is today.

Q&A

Meet Comedian Jay Phillips

amed one of the 10 Comics To Watch, D.C. native Jay Phillips has appeared in "Semi-Pro" opposite Will Ferrell, "Prom Night" with Brittany Snow and "Baby Mama" opposite Tina Fey and Amy Poehler. Phillips has performed stand-up on HBO's "Def Comedy Jam," "The Late Show" and "Laffapalooza."

Jay Phillips is performing at the Arlington Cinema & Drafthouse, 2903 Columbia Pike, Arlington, on Thursday, July 21 at 7:30 p.m.; Friday, July 22 at 9:55 p.m.; and Saturday, July 23 at 9:55 p.m. Admission is \$24.

Pike Wire (piketowncenter.com) interviewed Jay Phillips for The Arlington Connection about the definition of urban comedy and his favorite hangouts in Arlington.

Pike Wire: How was it starting out as a stand up comedian in the Washington / Baltimore area?

Jay Phillips: Starting in the DMV was a great thing. For whatever reason the comedy gods have blessed this area with the perfect balance of struggle and culture to produce some of the funniest comics. It was like being in college at a good comedy school. Lots of places to perform and all of them way different than the other so it trained me to be versatile and hang out and learn with other comics in the area.

PW: When did you know that you wanted to be an entertainer?

JP: I probably figured it out when after doing open mic nights for a few months, and the fear from standing up in a room full of people not only stopped but became addicting. I've been chasing that feeling ever since.

PW: Do you still maintain a home in the DMV or do you live elsewhere to be closer to work?

JP: No I don't but most of my family does so I am here a lot. I live in Los Angeles because that's where my job is ... and its 70 degrees at Christmas.

PW: Being from the area, do you have any favorite spots in Arlington?

JP: I guess I would have to say Pentagon City. That was a prestigious hang out on Sunday afternoons when I was young. Had a great time at the Drafthouse the last time I was there.

PW: "The Shield" is one of the best shows ever (fact), how was it working on the series?

JP: Incredible! That was my first taste of working on a show that will be coming on for



Jay Phillips

ever. To see how relaxed everybody was that was working on the show was eye-opening. I was exited, nervous, trying to hold it all together, and Michael Chiklis and Glenn Close come on set joking around making folks laugh was good for me. But when they turned that camera on they would crush their scene and when they said cut, go right back to what they were talking about like it was nothing.

PW: You also worked with Will Ferrell and Tina Fey — two of the biggest comedians today. Both use self-deprecating humor to draw laughs. What is your comedic style?

JP: I consider myself a story-teller that will do my best to paint you the most vivid picture of what is in my mind as possible. I am a natural people-watcher and unless you know me, a quiet person. So I use comedy as my turn to talk.

PW: Your bio highlights your "urban" comedy. Is that code for black or can a white comedian claim to have urban humor also?

JP: Yes urban comedy is code for black comedy. Even though I do not consider myself just an urban comedian, it never escapes the bio because I am black and I am capable of doing very well performing for a majority black audience. But I have done just as much work in the main stream (code for white folks) comedy scene. I started doing comedy in a main stream room, the Comedy Cafe and still work the Improvs all over the country, so to me it is all the same. I'm just talking about me anyway so anybody can listen to that.

PW: What are your long-term goals?

JP: I have lots of long-term goals, but I would like to star in a sitcom that makes it to syndication. I also would like to work on a drama series for a few seasons. Most importantly, I would like to have at least two comedy specials that everybody that sees it finds a new favorite joke. Then I would like to create a group of friends like Adam Sandler, Will Ferrell, Judd Appatow ... have and write and produce movies and other projects in my style of story telling.

Think Mink

"Hairspray's" Mink Stole to headline LTA talkback discussion.

> By Jeanne Theismann The Connection

n the book "Shock Value," awardwinning filmmaker John Waters describes Mink Stole as the best actress he has worked with. One of Waters' original Dreamlanders, the cult favorite's memorable roles include the villainous Connie Marble in "Pink Flamingos," Tiffany Davenport in "Female Trouble," Dottie Hinkle in "Serial Mom" and Tammy Turner in "Hairspray," which opens July 23 at The Little Theatre of Alexandria.

"I am very excited to see the play," said Stole, who will be headlining a talkback with the LTA cast and crew following the Aug. 5 performance of the show. "I saw the original play with Harvey Fierstein on



Mink Stole as Tammy Turner with Shawn Thompson as Corny Collins in "Hairspray."

Broadway and loved it but this will be the first time I will be seeing it on a small stage."

Stole, who received the Boston Underground Film Festival's first Lifetime Achievement Award in 2010, was part of the original 1988 film that became a Tony Awardwinning Broadway musical in 2003. A 2007 remake of the original film starred John Travolta, Nikki Blonsky and Michelle Pfieffer.

"My film role isn't in the stage version of Hairspray," said Stole, who recently moved filme

"Filming 'Hairspray' with John was wonderful," Stole said. "This was my sixth or seventh movie with him but was a big step up for me and other actors like Divine. This was our first union film and we all had a great time."

"Hairspray" takes place in 1962 Baltimore, where plump teenager Tracy Turnblad dreams of dancing on The Corny Collins Show, a local TV dance program. When Tracy wins a role on the show, she becomes an overnight sensation and uses her newfound celebrity status to launch a campaign to integrate the show.

back to her native

Baltimore after 30 years of working in

New York and Los

Angeles. "Three

roles from the

original film were

combined into one

for the play. It's al-

ready such a huge

cast and the play-

wrights needed to

take the economy

of the production

into consideration

when making the

transition from film to stage."

friend of Waters,

Stole is one of only

two actors to ap-

pear in all of his

feature-length

childhood

Α

"I can't wait to see this version of the show," said Stole, who is a friend of LTA assistant stage manager Jim Hutzler. "I got a tour of the theater last week and it's really beautiful and charming. With a cast of 30, it will be interesting to see how they transition the production to a smaller stage."

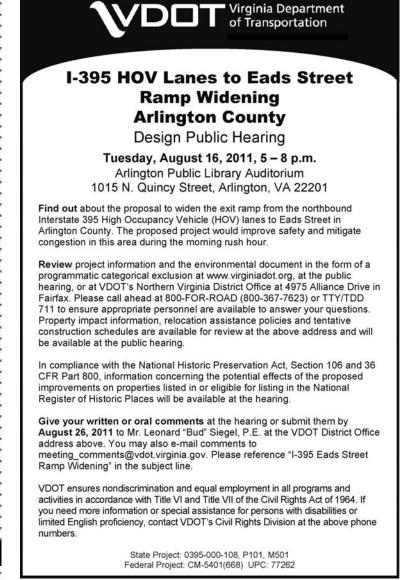
Directed by Sue Pinkman, the LTA cast includes Shannon Kingett as Tracy Turnblad, Sam Jones as Link Larkin, Christopher Harris as Edna, Larry Grey as Wilbur and Brenda Parker as Motormouth Maybelle.

The Aug. 5 actor's talkback will be a first for Stole, who is currently working on her debut CD titled Do Re MiNK!

"I've never done a talkback before and am really looking forward to it," Stole said. "This is such an energetic production and the excitement of the LTA cast and crew is contagious. It's going to be a wonderful evening."

Hairspray runs from July 23 through Aug. 13 at The Little Theatre of Alexandria, 600 Wolfe St., Alexandria. A talkback with Mink Stole and the LTA cast will be held following the Aug. 5 performance. For tickets or more information, call 703-683-0496 or visit www.thelittletheatre.com.





Sports

WGCC Clobbers Columbia, Falls to Kenwood

WGCC Lightning Suffers First Dual-Meet Loss In Three Years

n July 12, the Wash-ington Golf and Country Club Lightning crossed the river to take on Columbia Country Club. WGCC easily defeated Columbia, 323-157, in their second Division A dual meet of the season. The Lightning Bolts showed their depth with wins in multiple events in every age group, multiple sweeps and top finishes in every relay event.

Triple winners were: Ryan Baker (boys 18U IM, boys 14U back, boys 14U fly); Daniel O'Berry (boys 18U free, boys 18U back, boys 18U fly); and Richard Gentry (boys 10U back, boys 10U breast, boys 10U fly). Double winners included Alston Offutt (girls 18U IM, girls 18U breast) and Mason Nassetta (girls 18U free, girls 18U fly). Single winners were Sydney Nassetta (girls 12U IM); David DiMeglio (boys 12U IM); Zach Tripodi (boys 10U free); Kate Rita (girls 12U free); Annabel Ricks (girls 14U free); Mike Poppalardo (boys 14U free); Pamela Grace von Seelen (girls 8U back); Cab Fooshe (boys 8U back); Amanda Didawick (girls 18U back); Amanda DiMeglio (girls 8U breast); Petie Nassetta (girls 10U breast); Faith Palmer (girls 12U breast); George Cranwell (boys 14U breast); Avery Nassetta (girls 8U fly); Olivia Tripodi (girls 12U fly); and Kirby Nassetta (girls 14U fly).

One of the highlights of the meet was WGCC's dominance in the relay events. WGCC posted victories in every single relay of the night (and took second place in the majority of the relays, as well). Relay victories were posted in the girls 14U 100-meter medley (Lindsay Lukehart, Faith Palmer, Kirby Nassetta, Avery Nassetta); boys 14U 100-meter medley (Richard Gentry, George Cranwell, Spencer Lukehart, Paddy McCarthy); girls 18U 100-meter medley (Amanda Didawick, G.G. Richmond, Sophia Welch, Casey McTague); boys 18U medley (Ryan Baker, Angus Ricks, Daniel O'Berry, David DiMeglio); girls 200-meter graduated free relay (Avery Nassetta, Petie Nassetta, Olivia Tripodi, Annabel Ricks, Mason Nassetta); and the boys 200-meter graduated free relay (Paddy McCarthy, Zach Tripodi, David DiMeglio, Ryan Baker, Daniel O'Berry).

On July 14, WGCC headed back across the river to take on their Division A rival (and perennial powerhouse), Kenwood Country Club. While WGCC is currently the two-time defending CCSDA champion, Kenwood had held that title for 24 of the previous 28 years. In one of the most tightly contested and exciting meets of recent years, WGCC lost to Kenwood, 252-234. One of the highlights for WGCC was the recordbreaking swim by the boys 14U 100-meter medley relay team (Ryan Baker, Will Soobert, Richard Gentry, and Ellison Soobert). Their time of 1:07.00 beat WGCC's previous record set in 2009.

Triple winners at this meet were: Will Soobert (boys 12U IM, boys 12U breast, boys 12U fly) and Ryan Baker (boys 14U free, boys 14U back, boys 14U fly). Double winners were: Ellison Soobert (boys 8U free, boys 8U fly); Richard Gentry (boys 10U back, boys 10U



The Washington Golf and Country Club Lightning 14U 100-meter relay team broke a team record July 14. From left: Ellison Soobert, Ryan Baker, Will Soobert and Richard Gentry.

breast); and Olivia Tripodi (girls 12U back, girls 12U fly). Single winners were: Annabel Ricks (girls 14U free); Nick Knise (boys 18U free); Julia Green (girls 10U back); Mason Nassetta (girls 18U back); Amanda DiMeglio (girls 8U breast); Alex Gerlach (boys 8U breast); Faith Palmer (girls 12U breast); George Cranwell (boys 14U breast); Alston Offutt (girls 18U breast); and Avery Nassetta (girls 8U fly).

In addition to the record-breaking swim by the boys 14U medley relay team, a victory was posted by WGCC's boys 200-meter graduated free relay team of Ellison Soobert, David DiMeglio, Zach Tripodi, Ryan Baker and Nick Knise.

On July 25-26, WGCC will host the CCSDA championships — where all of the teams in the league will come to Arlington. WGCC will look to defend its title of CCSDA swimming champions for the third straight year.

Overlee Wins 'Meet Of the Century'

As the Overlee-Tuckahoe meet concluded, the Tuckahoe announcer said, "All right, how about that for a 'Meet of the Century?' Fantastic swimming ... boys and girls ... both teams, fantastic meet we had today!"

Overlee won the tightly-contested meet, 205-197, remaining undefeated at 4-0 in Northern Virginia Swim League (NVSL) competition. The week 4 matchup paired two of the NVSL's best swim teams.

Overlee knew they had a battle before them as they traveled to McLean. July 16 is a day that will be remembered in Division 1 history, with two equallymatched teams swimming their best right to the last race. The spectators in attendance witnessed a tremendous swim meet, the kind that's discussed long after swimmers age out of the NVSL.

Although friendly, tension and anxiety could be felt upon Overlee's arrival at Tuckahoe. After warm-ups and the national anthem, the duel in the pool began.

Tuckahoe seized an early lead, winning every first-place finish until Overlee's Timothy Aldinger won the boys 13-14 freestyle. With the Overlee mojo flowing, Suzanne Dolan made it

two first-place finishes, winning the 13-14 girls freestyle. At the conclusion of the freestyle events Overlee and Tuckahoe were tied 45-45.

Tuckahoe is a strong backstroke competitor, and the first four races went to their swimmers. Overlee's 11-12 swimmer, Jonathan Day, touched out Chase Brown of Tuckahoe to win by .022 seconds. The crowd went wild. Soon after, Ryan Baker, (OVL 13-14), swam to a first-place and a personal-best time of 30.42. The crowd kept cheering and encouraging right through the 15-18 boys backstroke win by Nicholas Brooks and a very close race between Eva Greene and Katie Bennett in the 15-18 girls. At the end of backstroke, Tuckahoe was ahead 97-83.

Breaststroke began with 8 and under Ryan York (OVL) winning first place. Paul Kinsella (9-10) assisted in putting more points toward the score for Overlee. Things began to look like they were going Tuckahoe's way again until the Overlee Knock-Out Team appeared on deck. First, Michaela Morrison (11-12) placed first to a cheering Overlee crowd. Then Timothy Aldinger and Andrew Loranger (13-14 boys) placed first and second, respectively. The 13-14 girls team of Suzanne Dolan, Lauren Allard and Katherine Lundy swept their event, adding many points to the Overlee score. The competitive breaststroke races continued through the 15-18 girls with Overlee's Rachel Robertson winning first and Megan Day tying Tuckahoe's Adrienne Harlow for second. When breaststroke concluded Overlee trailed, 142-128.

As the butterfly heats began, athletes knew they had to swim like they had never done so before. The boys 9-10 butterfly started the tally increase for Overlee, with Sam Ellison winning first and John Thomas Dolan placing second. Next was the 11-12 boys fly, with Nicholas Pasternak and Jonathan Day repeating the 1-2 win for Overlee. Michaela Morrison (girls 11-12) and Izzy Pasternak (girls 15-18) provided much-needed first place finishes. The 13-14 boys Overlee team of Ryan Baker. Sean Coleman and Nicholas Morales swept. At the end of Butterfly, Overlee emerged in the lead, 175-167.

With the meet close going into the relays, every point scored would decide the final fate of both teams. Tuckahoe took the lead, winning the first four re-



Washington Golf and Country Club's Faith Palmer swims the girls 12U breaststroke.

lays. Then an Overlee NVSL No. 1 All-Star-seeded relay took to the pool. The team of Isabella Lee, Michaela Morrison, Ellie Ridgeway and Anna Polise started Overlee's winning ways.

Overlee won the next four events, including the 13-14 boys and girls and the boys 15-18 relays. Overlee was looking good and needed one more first to secure the meet win. But an unexpected twist of fate began to dash Overlee's hopes as Tuckahoe's 15-18 girls relay finished first, and the boys 18-and-under mixed-age relay was out-touched by .03 seconds. The wait for the girls mixed-age relay race to begin seemed interminable as the times on the previous relay were double checked.

Overlee's leadoff swimmer, Michaela Morrison (11-12), started evenly but blasted her second length to best Tuckahoe's Evie Giesman. Ten-year-old Maggie Shipley hung on, determined to stay even with a fast Leah Horan. Suzanne Dolan's (13-14) strong swim provided enough of a lead for Katie Bennett (15-18) to take off and hold on down the lane to out-touch Eva Greene in an astounding finish. The place went wild as Overlee won 1:59.44 to 1:59.75 - an incredible race for both teams with Overlee's mixed-age girls upsetting the NVSL league leader mixed-age relay and providing the win, 205-197.

Overlee Double Winners were: Timothy Aldinger (13-14 boys 50M Free & Breast), Ryan Baker (13-14 boys 50M back and fly), Suzanne Dolan (13-14 50M free and breast), and Michaela Morrison (11-12 Girls 50M breaststroke and fly). Single winners were: Nicholas Brooks (15-18 50M boys back), Sam Ellison 9-10 25M fly), Jonathan Day (11-12 50M back), Paul Kinsella (9-10 50M breaststroke), Isabelle Pasternak (15-18 50M girls fly), Nick Pasternak (15-18 50M fly), Rachel Robertson (15-18 50M breaststroke) and Ryan York (boys 8-and-under breaststroke).

DH Suffers First Loss

Highland Park defeated Dominion Hills, 215-187, in Division 10 action July 16, handing DH its first loss of the sea-

Sophia Moses, Amir Moustafa were double winners for Dominion Hills. Luke Anzaldi, Geoffrey Ax, Gwen Bobst, Andrew Dietrich, KJ Morris-Larkin, Jacob Larsen, Haley Sanner and Abby Young were single winners.

The boys 13-14 medley relay team of Jacob Larsen, Kevin Fraser, Matthew Ellis, and Daniel McCreedy set a new team record of 1:01.52.

Donaldson Run Falls to Vienna

In week 4, the Donaldson Run Thunderbolts lost to host Vienna Aquatic Club, 213-189.

Double winners for DR were: John Sloan (8-and-under boys backstroke and breaststroke) and Bryan Meade (13-14 boys backstroke and butterfly).

Single winners were: Andrew Fleckenstein (13-14 boys freestyle), Billy Cowden (15-18 boys freestyle), Lydia Carpenter (15-18 girls freestyle), Hannah Ford (9-10 girls backstroke), Will Tarkenton (15-18 boys backstroke), Sean Conley (9-10 boys breaststroke), Jack Storrs (13-14 boys breaststroke), Max Fish (15-18 boys breaststroke), Ann Carpenter (15-18 girls breaststroke) and Kate Rita (11-12 girls butterfly).

Lacrosse Camp

The Purcellville Sports Pavilion, in cooperation with NoVa West Lacrosse, announces the second annual "Beat the Heat Lacrosse Camp," two sessions of instruction offered by former Division 1 attackman Devin Pinkston, head coach for NoVa West Summer Elite teams.

Session one is July 25-28, 9 a.m.-1 p.m. This session is for players grades 4-6 and is an opportunity to learn the fundamentals of the game.

Session two is Aug. 15-18, from 9 a.m.-1 p.m. This session is designed for players grades 6-9 and will be geared toward all levels of play, from the lesser experienced player that needs a jump start with solid fundamentals, to the more advanced player who wants to learn some of the game's latest techniques.

Visit http://www.novawestlax.com/camps/PavilionSummerCamp.asp for more information. Visit http://www.purcellvillesportspavilion.com/register/index.asp to register.

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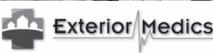
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Need To Tell



By KENNETH B. LOURIE

Then there are those people who definitely should know about your (mine actually) health status - and whom you want to tell, and tell in an extremely timely and con siderate manner. People whose friendship you value, whose counsel you seek, whose understanding and support you need, and whose care and concern you cherish. People in your inner circle who are happy to surround you with open arms and warm embraces - literally and figuratively. These are typically the first people on the list to be told anything, especially things pertaining to your health, given the terminal nature of the original diagnosis (I wouldn't tell them if I had a hang nail, but I might tell them if I had a bloody nose; an occasional side effect of the chemotherapy drug, Avastin, with which I am still infused monthly).

But neglecting to tell them, as innocently and as inadvertently as it may sometimes be, causes its own unique set of problems/ anxieties. Since these individuals know most of the details of my original prognosis, they're particularly sensitive to not hearing from me regularly, not receiving prompt call backs and not being kept in the loop. Not so much daily, but frequently enough so that the status of your life is not left to any kind of chance and/or random update/ encounter. They want to know, and have a right to know - given the depth and history of their respective relationship with you, so my being casual about what tests I'm having, what results I'm waiting for, what appointments I'm scheduling, etc., may suit my laissez-faire-type approach, but might not suit their respective - and worried -

All of which doesn't bother me in the least. It matters to me. In fact, it empowers me. However, sometimes it humors me less than others. Sometimes, I don't want to update anybody about anything. Sometimes, I want to mind my own business - literally, and not involve anybody in any of it. Though I respect and appreciate everybody's concern, sometimes I want to make as little as possible about what I'm going through in an attempt to prevent the cancer from consuming my life and freaking me out. And not talking about it, not assessing it in multiple conversations - soon after receiving results, via phone calls, texts, emails is almost therapeutic: the less said about it, the better (although I realize one likely has very little to do with the other.) It is my effort, amateurish though it may be, to employ a variety of mind games to manage my emotions and control the spread of my

It's a real-life version of George Costanza's advice to Jerry Seinfeld on how to beat a Lie Detector test: "It's not a lie, if you believe it." I guess I too am sort of pretending - with conviction, though. If I don't act like my health situation is serious, maybe it won't be serious. And regularly, constantly, communicating with my closest friends and family members – as if something is really wrong with me, might have a harmful effect on me_and since I've alread been diagnosed with stage IV lung cancer, I'm hoping that what I don't tell you – as quickly as you want - and deserve - to hear it, won't hurt me.

Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.

News

Raising Funds for State Senate Race

From Page 3

a lot of action."

Arlington School Board Chairwoman Libby Garvey posted the strongest showing for the second quarter, raising \$114,000. City Councilman Rob Krupicka raised \$110,000, and Del. Adam Ebbin (D-49) raised \$103,000. Garvey's campaign team was quick to declare victory, issuing a press release Saturday afternoon announcing that the Arlington School Board chairwoman had out-raised her competitors.

"The fact that Libby Garvey has been able to out-raise her opponents without having to accept the kind of lobbyist money that normally fuels our elections is a great thing for Virginia," said Garvey campaign manager Kirk McPike in a written statement. "Libby offers a fresh perspective on how to get things done in Richmond, and this report shows that people are responding to that."

THE DEMOCRATIC primary to replace Ticer is one of the hottest races in Virginia this election cycle, and all three Democratic candidates have posted some of the strongest numbers statewide. An analysis conducted by the Virginia Public Access Project shows that the three Democratic candidates for the primary to replace Ticer are among the top-tier candidates in fundraising overall this cycle. Krupicka has raised the most money overall, posting \$201,000. Ebbin is second place overall with \$186,000, and Garvey trails with \$164,000.

"There's more money in Northern Virginia, so you would expect the candidates there to be raising more money," said Kondik. "In my opinion money can be overrated in politics because the person who raises the most amount of money doesn't necessarily win."

One thing is clear — candidates are eager to get their message out in what's expected to be a low-turnout primary. Because the once-in-a-decade redistricting process, the normal June primary has been pushed

Ebbin's Top Donors

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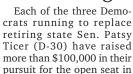


Arlington **School Board** Chairwoman **Libby Garvey**

back to August. That means that candidates are scrambling to get their message out at a time when many people are vacationing or are otherwise disengaged. That means investing tens of thousands of dollars in direct mail to grab attention.

"If this race is about who raises the most plained Kondik.

Republican Trails in **Fundraising**





Tim McGhee

the Virginia state Senate. Yet the lone Republican in the race, Tim McGhee, has been able to raise

Campaign-finance documents show McGhee has raised \$3,000. His largest contributor is the Arlington Republican Women's Club, with \$150. McGhee said he's not concerned about the disparity.

"I am very optimistic about this campaign, both its current status and its outlook," said McGhee in an email. "This campaign has already been able to get its message out even before funding reached its current levels, and the outlook is only improving.'

MICHAEL LEE POPE

money, we'd be ahead. But it's not about raising money," said Carter Batey, Krupicka's campaign manager. "The goal is to raise enough money to accomplish what you want to do with your budget, and we're comfortable we've done that."

ALTHOUGH the fundraising totals for the second quarter were similar, the candidates are headed into the final stretch with vastly different amounts of cash on hand. Garvey has \$88,000 and Ebbin has \$70,000. Krupicka trails behind with \$45,000 cash on hand for the final few weeks of the campaign.

"I find it a little surprising that Rob would spend himself down so dramatically," said Kirk McPike, Ebbin's campaign manager. "He's headed into the final stretch with few

The final few weeks of a campaign are traditionally a time when the big checks are

"Now's the time to be spending," ex-

Law Protects More Domestic Violence Victims

From Page 3

publicized the danger of domestic violence in dating relationships. The attention given to the story as well as other cases highlighted the need to protect people who, having no legal relationship to their abuser, were not eligible for protective orders.

"We are living in a time when people are waiting longer to get married and have children. Now people in dating relationships have access to the same legal protection," said Friedman. Doorways works to prevent domestic violence and protect victims.

While it is difficult to predict an exact increase, Friedman says there are many people who will benefit from the change. Doorways received a steady number of victims of domestic violence seeking protection who were not eligible to file under the previous legislative language. The organization expects that people who previously have been told they are not eligible to file

will try to file once they learn of the law change. Law enforcement officers have been trained on the new rules and are helping get the word out.

Now protective orders will be issued from two courts, Juvenile and Domestic Relations Court and General District Court. Juvenile and Domestic Relations Court will issue protective orders against family and household members while General District Court will issue protective orders without requirement of relationship to the abuser. Protective orders can be requested at the Office of the Magistrate. An Emergency Protective Order (EPO) or Preliminary Protective Order (PPO) is available for immediate protection. No appointment is necessary and the order is issued same-day. An EPO lasts 72 hours and a PPO lasts up to 15 days or until the hearing for a protective order. A permanent protective order can last up to two years.

The legislation also changes the defini-

tion of family abuse to include sexual assault and stalking. The change in definition of violence allows for protective orders in these cases. No active warrant is needed for protective orders so victims do not have to talk to law enforcement or have their abuser arrested.

The toll free Statewide Domestic Violence Hotline 1-800-838-8238 offers help and contact information.

For more information about Doorways visit www.DoorwaysVA.org. It also has a 24hour hotline at 703-237-0881.

Fans Line Up

From Page 3

dren," said La Forge.

Regal Cinema in Ballston was one of 3,800 locations around the country that had a midnight showing.

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- 3 mo. / 3K mi Comprehensive Warranty
- 7 Yr. / 100K Mi Limited Powertrain Warranty

(1)BASED ON BLACK BOOK FAIR TRADE VALUE MINUS CONDITION, MILEAGE AND RECONDITIONING. TOWARD THE PURCHASE OF A NEW TOYOTA VEHICLE. (2)WITH PURCHASE OF A NEW VEHICLE. COVERS NORMAL FACTORY SCHEDULED SERVICE, PLAN IS FOR 2 YEARS OR 25K MILES, WHICHEVER COMES FIRST. THE NEW TOYOTA VEHICLE CANNOT BE PART OF A RENTAL OR COMMERCIAL FLETE, OR A DELIVERY OR TAXI VEHICLE. SEEP PARTICIPATING TOYOTA OF DELIZE FOR DETAILS. (3)WITH APPROVED CREDIT ON SELECT MODELS THAN 1TS. SEE DEALER FOR COMPLETE FINANCING DETAILS. CANNOT BE COMBINED WITH ANY OTHER ADVENTED OFFER. OFFERS SUBJECT TO CHANGE WITHOUT PRIOR NOTIFICATION DUE TO MANUFACTURER CHANGE IN INCENTIVES. SEE DEALER FOR COMPLETE CAMPAIGN DETAILS. (b)% APR FOR A LIMITED TERM ON APPROVED TIER1 + CREDIT THRU TFS. DEALER RETAINS ALL FACTORY REBATES AND INCENTIVES. (4) PRICE EXCLUDES \$379 DEALER DOC FEES. EXPIRES 7/31/11.



"QUOTE" See what people are saying about Alexandria Toyota!

"I got a completely no non-sense transaction from these professionals - that's how a dealership should be. I am a senior govt official and I didnt have time to wastewe agreed a deal and they delivered - no hidden extras, no games, and a good price. Highly recommend.

- Dealerrater Quote



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