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Where's the Beef?

A select selection of burgers in Arlington.

BY ADAM BASILE
THE CONNECTION

fter chaos of restaurant week, there's no comfort food like a great burger. If you're looking for a good burger in Arlington that isn't from the same old fast food restaurant, there are some excellent alternatives waiting to be discovered.

BIG BUNS GOURMET GRILL

4401 Wilson Boulevard, Arlington, VA 22203; 703-276-3032

"After seeing the success of other burger places, I thought I could make a better product," said Big Buns founder and owner Tom Racosky. He opened Big Buns in Ballston in June 2007.

Racosky says that he deliberately did not include the word burger in his restaurant's name.

"It was something that we never set out to do. We offer so much more than burgers," said Racosky, who tries to appeal to a large customer base.

At Big Buns, you are able to customize your burger, sandwich or salad in numerous ways. You



Big Buns Gourmet Grill

start by selecting a meat or vegetable base (Angus beef burger, chicken, mahi mahi or portabella mushroom) that goes on a bun or in a bowl. Then, you choose from a slew of toppings and four special sauces to add to the creation.

Big Buns also sells fries, shakes, and even their own Big Buns Brew, which is a classic American pale ale

Racosky said that the "guests dictate the menu and it has expanded ever since."

He added that the Chipotle Pesto Aioli sauce is a customer favorite, along with their french fries.

Racosky believes that "the freshness and the uniqueness of their ingredients" is what sets them apart. He also says, "we don't try to nickel and dime people. Our toppings are free."

WHITLOW'S ON WILSON

2854 Wilson Boulevard, Arlington VA 22201-3806; 703-276-9693

Originally a bar in Northwest D.C., Whitlow's on Wilson first came into existence in 1946. The restaurant moved to it's current location in November 1995 and has been a fixture in Clarendon ever since.

"Good food, good service, good people — that's been our mantra from the getgo," said Manager Sue Hansen.

Whitlow's is a bar and grill that has live music Thursday through Saturday, has a rooftop Tiki bar that can entertain 285

people, and has a "Sand Bar" room that can be booked for private events. But what sets Whitlow's apart is their succulent

Whitlow's on

Wilson

burgers.

On top of this, their half-price burger deal from

11 a.m. to 11 pl.m. on Mondays has, according to Hansen, become one of the most well-known and copied specials in Arlington.
"We're the ones who started it," said Hansen,

"We've been doing it for 15 years," said Hansen.
Hansen says that you can get "pretty much any-

thing" on your burger. And that the best sellers are the Avalanche, which consists of cheese, grilled onions, sautéed mushrooms, bacon and mayo, and the Diablo, which has Andouille sausage, pepper jack cheese, fried onions, lettuce and tomato.

"We're a neighborhood spot," Hansen said, "We've been here for 16 years. We were the first neighborhood bar in Clarendon before it was even called Clarendon."

THE BUNGALOW

2766 South Arlington Mill Drive, Arlington, VA 22206; 703-578-0020

The Bungalow is a "a fun, friendly, family-welcoming sports bar ... with really good burgers," according to Manager Rebecca Badois.

Like Whitlow's, the Bungalow offers half price burgers on Mondays and has discounted Martinis on Monday as well.

The Bungalow creates a different bar atmosphere.

At The Bungalow, "You can escape from the world," Badois said, "... it's a place to just get away from home — it's a second home."

The bar has nine pool tables, two shuffleboard tables, four dart lanes, a foosball table and over 25 televisions.

But regardless of how proud it is of its ambi-

ance, The Bungalow takes just a much pride in its burgers.

According to Badois, they make "juicy burgers

... cooked to perfection."

The most popular burger is the Blackjack,

S-- W/...-- 's -... B--- D. s- 16

SEE WHERE'S THE BEEF, PAGE 16

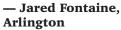


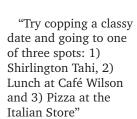
The Bungalow

Advice for Newcomers

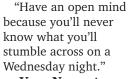
Compiled by Orrin Konheim/ The Connection

"Take advantage of the bike trails. Take advantage of the walkability. There are over 200 miles of bike trails. It's amazing that we can basically get around [on bike trails]"





— Kenny "Bongos" Brownell



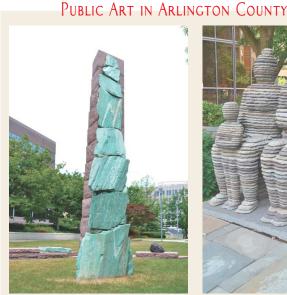
Vera Nugent,
 Arlington (originally from Hungary)



— Bharat Sharma







Invisible Forces by Jim Sanborn in Clarendon.



The Family: David, Haggit, and Adoniyya by Boaz Vaadia in Rosslyn



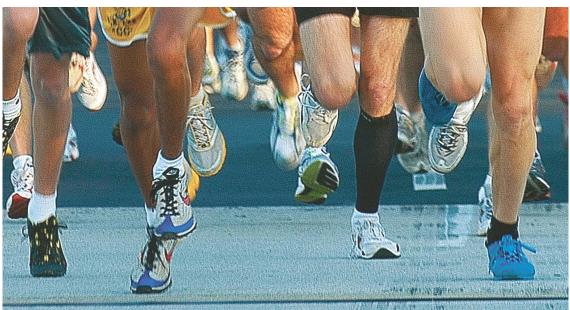
Spielschiff (Play Ship) by Bonifatius Stirnberg in Virginia Square.



Cultivus Loci: Suckahanna by Jann Rosen-Queralt in Bluemont.







The Best Places to Run in Arlington

- ❖ Washington and Old Dominion Trail (W&OD)-45 miles, paved. Arlington (Four Mile Run Drive) to Purcellville (21st Street).
- ❖ Martha Custis Trail- 4 miles, paved. Runs parallel to I-66 and connects the W&OD to Washington
- ❖ Potomac Heritage Trail- 10 miles, dirt. Rosslyn to American Legion Bridge.
- ❖ Four Mile Run- 6.2 miles, asphalt. Bluemont Junction Park to Mount Vernon Trail at National Air-

Yohannes Aman:

"Champps at Pentagon Row. They have the best burgers, great service and Friday night karaoke.

- ISABEL AMEND

VIEWPOINTS

What's your favorite restaurant in Arlington?

BY MEGHAN MARVILLE





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"I love Bailey's at Ballston Common

because they have great steaks.'



Shadee Whiting and Imani Davis:

"We love The Cheesecake Factory in Clarendon. They have really great service and the cheesecake is delicious."



Cynthia Yelverton: "Morton's Steakhouse in Crystal City. They specialize in wet aged steaks and they are the bomb!"



Justine Glatter:

"I love Rien Tong in



119 South Royal Street, Alexandria VA 22314

Tel:703-535-8151 • www.Fontainecaffe.com

Clarendon, they have great sushi and the best fried duck."

Food



Armed with a watermelon, **Brian Chamowitz heads** back to his car on Sunday morning.

bit on music at Pike Park.

Photos by Louise Krafft/The Connection

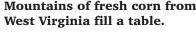


Fresh Produce

Columbia Pike Farmer's Market, at Pike Park at S. Walter Reed and Columbia Pike, is open Sundays from 9 a.m.- 1 p.m.



Mountains of fresh corn from





melons bask in the sunlight.



Boxes and boxes of cherry and heirloom tomatoes wait for buyers.



Plentiful bounty of summer





Jamie Daly joins Rebecca Krafft and Dawn Herron for a

DR. MICHAEL MASSA, Au.D. DR. ANN PARRO, Au.D. DR. JULIE WAGONER, Au.D.

Audiology-Neurophysiology







Here's some good news for a change!

Federal Employees and Retired Federal Employees who are insured by Blue Cross/Blue Shield FEP now have a covered benefit for Hearing Devices!

As Doctors of Audiology providing services to Northern Virginians for 31 years we are pleased to announce our full participation in the BCBS FEP Plan. In most cases a solution can be achieved within the allowed benefit! Your benefit will cover digital devices that are bluetooth compatible for use with cell phones, smart phones, iPods, computers and TV. If you have been putting off having your hearing sensitivity checked because of the cost of hearing devices we have a solution that will give you back your edge and ---- it's covered by your health care plan!

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GOVERNANCE

Who's in Charge?

he Arlington County Board is a Metropolitan Washington Council of five-member body elected at large by the voters of Arlington. It is the sole legislative body in the county and is responsible for all county services including real estate taxes, issuing building permits and funding local schools.

The Arlington School Board is a five-member body that is responsible for governance of Arlington County Public Schools. It deals with any school-related matters such as class size, teacher pay and constructing new facilities. The School Board does not have the authority to impose or collect taxes.

Both School Board and County Board Members serve four-year terms and face reelection in staggered intervals.

Chairman Chris Zimmerman

A resident of Arlington County since 1979, Zimmerman was a civic association president and planning commissioner before his elec-



tion to the Arlington County Board. He holds a master of arts in economics from the University of Maryland and a bachelor of science in political science and economics from the American University.

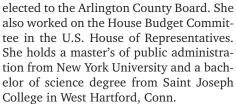
First elected in 1996, Zimmerman served as chairman in 1998, 2002 and 2006. He also served as vice chairman in 1997, 2001 and 2005.

Zimmerman was one of Virginia's two members on the Board of Directors of the Washington Metropolitan Area Transit Authority from 1998 to 2010, serving as chairman from 2002 and 2008. He also served as chairman of the Northern Virginia Transportation Authority. In 2004, he was chairman of the Transportation Planning Board for the National Capital Region. From 2004 to 2006, Zimmerman served as president of the Virginia Transit Association.

Zimmerman and his wife Mary Beth live in the Douglas Park neighborhood of south Arlington where they have raised three children:

Vice Chairman Barbara Favola

A resident of Arlington since 1982, Favola was a policy advisor for 15 years at the U.S. Department of Health and Human Services before being



First elected to the County Board in 1997, she served as chairwoman in 2000, 2004 and 2009. She served as vice chairman in 1999, 2003 and 2008.

In 2006, Favola was appointed by Democratic Gov. Tim Kaine to the State Health Board. She is the first vice president on the board of directors of the Virginia Association of Counties and chairwoman of the Government's Washington Area Housing Partnership. She serves on the board of the Ballston Science and Technology Alliance and the Child and Family Network Centers

Since 1995, Favola has been a part-time employee at Marymount University, where she works in the area of institutional development and government relations. She and husband Douglas Weik live in Arlington 's Lyon Village neighborhood with son Donald Patrick.

Jay Fisette

A resident of Arlington since 1983, Jay Fisette served as the director of the Whitman-Walker Clinic of Northern Virginia before his election to the Arlington County Board. He



has a master of arts in public and international affairs from the University of Pittsburgh and a bachelor of arts from Bucknell University.

Fisette was first elected in 1998 and served as chairman in 2001, 2005 and 2010.

While serving as president of the Virginia Municipal League in 2007 and 2008, Fisette created the Go Green Virginia Initiative. He is a member of the Northern Virginia Transportation Commission, and he also represents Arlington on the Greater Washington Initiative of the Board of Trade. Fisette was appointed by Democratic Gov. Mark Warner and re-appointed by Democratic Gov. Tim Kaine as a commissioner to the board of the Virginia Housing Development Authority. He is also a member of the Ashton Heights Civic Association, Unitarian-Universalist Church of Arlington, Arlington Committee of 100, Arlington Gay and Lesbian Alliance, Washington Area Bicyclist Association, Equality Virginia and Leadership Greater Washington.

Fisette and his partner Bob Rosen have been residents of the Ashton Heights neighborhood since 1987.

Walter Tejada

A native of El Salvador, Walter Tejada moved to the United States at the age of 13. He has been a resident of Arlington for more than 19 years. He's worked as an investiga-



tor, a business consultant and as an aide to U.S. Rep. Jim Moran (D-8), and he studied government and communication at George Mason University.

First elected to the County Board in a 2003 special election, Tejada was reelected in 2007. He served as chairman to the board in 2008 and vice-chairman in 2007.

During his time on the board, Tejada helped establish the Community Volunteer Network and the Shirlington Employment and Education Center. Former Democratic Virginia Gov. Mark Warner appointed Tejada to serve as the first chairman of the Virginia Latino Advisory Commission. In October 2006, Tejada was appointed by Democratic Gov. Tim Kaine to the Governor's Urban Policy Task Force.



Tejada is the founding chairman of the Virginia Coalition of Latino Organizations, the founding president of the American Salvadoran Association of Virginia and of the Latino Democrats of Virginia.

Mary Hynes

An Arlington County resident for more than 30 years. Mary Hynes served on the Arlington School Board before her election to the Arlington County Board.



Hynes served on the Arlington School Board from 1995 to 2006, and she was first elected to the County Board in 2007.

Hynes represents Arlington County on the Metropolitan Washington Council of Governments, where she chairs the Aviation Policy Committee. She is also a member of the Virginia Municipal League and Virginia Association of Counties, where she serves on the Legislative Committee and the Education Committee. She currently serves on the Board of Vanguard Services and Bowen McCauley Dance.

Hynes and her husband Patrick are parents of five Arlington Public School graduates. She is a graduate of the College of St. Benedict in St. Joseph, Minn.

SCHOOL BOARD Chairwoman Abby Raphael

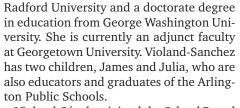
A resident of Arlington since 1989, Abby Raphael is a former prosecutor. She has a juris doctorate from the Uni-

versity of Virginia School of Law and her bachelor of arts from Duke University. Raphael and her husband Stuart have two daughters who attend Williamsburg Middle School and Washington-Lee High School.

Raphael joined the School Board on Jan. 1, 2008. Before that, she served as vice chairwoman of the Advisory Council on Instruction and as president of the Arlington Science Focus School PTA. As a member of the School Board, Raphael has served as the liaison to the Student Advisory Board, the Washington Area Boards of Education and the Partnership for Children, Youth and Families.

Vice Chairwoman Emma Violand-Sánchez

A native of Bolivia, Emma Violand-Sánchez has lived in Arlington since 1978. She received a bachelor of science and a master of science from



Violand-Sánchez joined the School Board Jan. 1, 2009. Before that, she was the supervisor of Arlington Public Schools' Office for English for Speakers of Other Languages and High Intensity Language Training. Violand-Sánchez represents Arlington on the Northern Virginia Community College

She is the founder and past president of the League of United Latin American Citizens and the founder and past president of the board of directors of Escuela Bolivia, Inc.

Libby Garvey

A resident of Arlington since 1977, Libby Garvey has a bachelor of arts from Mount Holyoke College in Massachusetts. She served in the Peace Corps in Central Africa and



worked as a legislative aide on Capitol Hill. She has two daughters who graduated Arlington Public Schools, and four grandchil-

Garvey joined the School Board in 1997, and served as chairwoman from 1999 to 2001, 2004 to 2005 and January through June 2007. She has served as the vice president of the County Council of PTAs, vice president of the Fairlington Civic Association and vice chair of the Advisory Council on Instruction. She has also been involved in the PTAs of Abingdon Elementary, Drew Model School and the H-B Woodlawn program. She has served as the president of the Abingdon Elementary PTA and as secretary of the H-B Woodlawn Program Parent Advisory Committee.

Sally Baird

A native of Ohio, Sally Baird earned an undergraduate degree in political science from Kenyon College. A South Arlington resident for more than 20 years, she lives in Arna Val-



ley with her two sons who are students at Drew Model School.

Baird began her term on the School Board on Jan. 1, 2007. She has been active in the Arlington community and schools with the Arlington Public Schools Early Childhood Advisory Committee, the Drew Model School Association, the Nauck Civic Association, the East Nauck Community Action Group and the Arlington Gay and Lesbian Alliance.

James Lander

A product of the Philadelphia public-school system, Lander has a bachelor of science in marine engineering from the Massachusetts Maritime Academy and a master of



engineering from the University of Virginia. Lander, his wife and their daughter live in the Oakcrest neighborhood.

Lander began his term on the School Board Jan. 1, 2009. He also serves as an officer in the Naval Reserves, having been recalled after 9/11 in support of Operation Enduring Freedom. He is also a veteran of the first Gulf War, having served in Saudi Arabia.

6 ❖ Arlington Connection ❖ August 24-30, 2011



Recalling an Earlier Arlington

Long-time resident describes growing up before its urban days.

By Orrin Konheim The Connection

udy Gallagher remembers growing up in an Arlington that was like living in the country.

"It's totally different because it's been citified in a lot of ways," said Gallagher. "There was nothing big and tall."

The youngest of five children, Gallagher was born Judy Johnson in 1932 and her family lived in the Maywood section of Arlington. Maywood is a few blocks on either side of Lorcom Lane between Spout Run Parkway and Nelly Custis Drive.

She attended Woodmont Elementary School (now a community center) and Washington-Lee High School. Gallagher has spent about 74 of her 79 years in Arlington.

Her father, also native to the Washington metropolitan area (born in Washington D.C., 1887), was a government worker and her mother was a housewife. According to Gallagher, single-income households with dads in the civil service were the norm in her neighborhood and having the government as its primary employer lessened the blow of the Great Depression.

Still, the ability to travel was limited with the Depression and later World War II when broken bicycles couldn't be replaced because all metal was directed towards the war effort. She occasionally went to Glen



The Johnsons in Arlington in 1941.

Echo Park in Maryland and her only frequent travel to Washington D.C. was to take piano lessons for which she took the bus.

When it came to school, she didn't have the luxury of school buses and she walked to and from school every day until her senior year of high school.

Gallagher remembers "how close we all were in a strange way."

"Everyone in the street played together. My sister and her friend across the street who was about the same age did everything together and they'd tolerate me coming along," said Gallagher.

She remembers games like kick-the-can and hide-and-go-seek but there weren't an abundance of toys to play with nor was there time to play. This became even more the case when World War II began.

"I still vividly remember when I heard about how Pearl Harbor was attacked on the radio," said Gallagher. "I can remember my dad saying we're at war"

Gallagher's brothers went off to war and one became a career military officer and she and her sisters had to help her mother keep house. They also assisted in maintaining a victory garden.

"I don't think about wars today, but I knew that war changed my life," said Gallagher who noted that "anything that was scarce was rationed."

According to Gallagher, World War II was also when Arlington began to change away from a small-town feel. Before then, she estimates, "half of it wasn't developed."

"The people that poured into Washington and Arlington was everyone from troops to government," said Gallagher.

After graduating from Washington-Lee High School in 1949, Gallagher went to Averett Junior College (now an accredited four-year university) in Danville, Va. to study biology and chemistry for two years before coming back home to complete her degrees in George Washington and American universities. She had a career in research.

She later moved to Boston where she met her husband but the two moved back after just three years.

"You have easy access to places in town. It was an excellent place to raise your children," said Gallagher who raised three children in Arlington.

Looking back, Gallagher thinks the town has lost its small-town feel. She also concedes, "When I was a child I was expecting change like everyone else."

Gallagher's parents retired in Arlington and lived out there last days there. Although, some of her siblings now live in other states, they all moved back to Arlington and at one point, all five were living in Arlington as adults.

She also remains as devoted to maintaining her garden as ever, spending an hour every day beautifying her property.

Crystal City: From 1960s and into the 21st Century

A goal to be pedestrian-friendly.

By Abigail Geiger
The Connection

Between Pentagon City and the Potomac River, Crystal City in Ar lington has had a diverse life within the past half century. Originally created by Robert H. Smith, son of Charles Smith, who developed much of downtown D.C., the area has changed from the beacon of futuristic innovation in the 1960s to the outdated concrete jungle of the new century.

After the threat of a loss of 17,000 jobs loomed over the area about six years ago, Arlington County worked along with collaborators in Crystal City to revamp the neighborhood's antiquated image.

"A lot of the retail was stationed underground," Arlington Arts Marketing Director Jim Byers said of Crystal City's famous un-

derground, and still successful, retail space. "It was not unlike Rosslyn, which was developed by the same folks. It started with an automobile-centric view of development. But it just didn't fit the way people in the 21st century actually live and want to spend their spare time."

Around 1963, Smith, who had taken over his father's development company, began to build rental spaces in the area that was soon to be Crystal City. After condominiums started popping up, and later office buildings, the area began to develop into the space it is today. The same company, now under the name "Vornado," still maintains residential, office and retail spaces within the area.

Crystal City is named after the first hotel there, Crystal House, which was, in turn, named after a chandelier that hung in the lobby. Many buildings, streets and locales soon started inserting "crystal" in their names.

ARLINGTON COUNTY has recently put



The Brand of Free & Blind Addiktion takes a final walk down the runway at the Crystal Couture Fashion Show in Crystal City.

forward a 40-year redevelopment plan for Crystal City, with a goal to make it equally pedestrian-friendly, livable and profitable. According to a development document, the plan seeks certain standards like ensuring the area's economic stability, integrating "green" and sustainable principles, and strengthening the "sense of place."

"It's an opportunity to correct some of the mistakes," Arlington County Board Chair Chris Zimmerman said in an Arlington County video. "This is not necessarily the street environment you want; the Arlington vision of a pedestrian-friendly environment on every block in Crystal City."

The difficulty lies in improving the image of an already developed area; it is not as easy to create a complete makeover. Zimmerman said that although additional development is included in the new plan, it is vital to attract investors into the area because of its density.

"The plan was predicated on basically taking down 30 buildings over a 30-year period." Arlington Economic Development Director Terry Holzeimer said. "It's based on the idea that older buildings would be

SEE CRYSTAL CITY, PAGE 14

BANGELINE CONFICTION



THURSDAY/AUG. 25

Hilton "Tre" Felton Trio. 5:30 to 8:30 p.m. The son of the late internationally acclaimed jazz keyboardist Hilton Felton, Jr., Hilton (Tre') Felton, III is a supremely gifted vocalist and talented keyboardist who brilliantly mixes his background in gospel with a jazz sensibility. At the Here Café/Town Hall, at the Artisphere, 1101 Wilson

WEDNESDAYS AND THURSDAYS

Lunchtime Concert Series. 11:45 a.m. to 1:30 p.m. Free. The Thursday Lunchtime Concerts Series, which will be held from now through Oct. 20 at Wilson Boulevard and N. Oak Street, will entertain Rosslyn Farmers Market visitors as they shop. The Wednesday Lunchtime Concert series will run from now through Aug. 31 at the CentralSpace to CentralPlace plaza located at Wilson Boulevard and N. Moore Street. Local performers will provide music from a variety of genres including jazz, blues, funk, pop, folk and more.

SATURDAY NIGHTS AT 11:01

11:01 Saturday Nights. Starts at 11:01 p.m. Late-night dance party. Tickets are \$15/ \$12 students. At the Ballroom at Artisphere, 1101 Wilson Blvd., Arlington. Call 703-228-1850.

Dance Wednesdays. 7:30 to 8:30 p.m. dance classes; 8:30 to 11 p.m. dancing. Tickets are \$15/\$12 at door. On Wednesdays, dance the night away at Artisphere to zydeco, cajun, rock, R&B and swing. The new center features a 3,000 square foot dance floor, one of the best in the area. At the Ballroom at Artisphere, 1101 Wilson Blvd., Arlington. Call 703-228-1850.

SALSA TUESDAYS

Salsa Tuesdays. 7:30 to 8:30 p.m. dance class; 8:30 p.m. to 11 p.m. dancing. At the Ballroom @ Artisphere, 1101 Wilson Boulevard, Arlington. Call 703-228-1850.

NOW THROUGH AUG. 31

Sketch3D. Free. Create 3D Drawings Using a Giant "Etch-a-Sketch." Sketch3D is an interactive, integrated software/hardware system that enables users to create their own anaglyphic 3D drawing using a giant "Etch-a-Sketch". At the Upper Town Hall at Artisphere, 1101 Wilson Blvd., Arlington.

NOW THROUGH SEPT. 24

Mantra Samplers. Opening reception is Thursday, Aug. 11 from 5:30 to 8:30 p.m. Artist Maribeth Egan incorporates overheard dialogue into art. At the Artisphere.

TUESDAY/AUG. 30

The Golden Age of Fania. 7:30 p.m. Every Tuesday, Artisphere presents dance lessons followed by DJs spinning the best in salsa in the Ballroom. With DJ Bruno. At the Ballroom at Artisphere





Rosslyn

Bruce Swaim Quartet. 5:30 to 8:30 p.m. After years of playing as a sideman to Rosemary Clooney, among others, Bruce Swaim joins Paul Langosch (Tony Bennett's former bassist), Jay Cooley, and Dominic Smith, to perform jazz standards as well as original compositions. At the Here Café/Town Hall, at the Artisphere, 1101 Wilson

"Call Me Madame President: A Big Dream for a Little Girl"

Author Sue Pyatt is a long-time resident of Arlington and owner of Clarendon business, Kinder Haus Toys. Her picture book, Call Me Madame President, is now promoted on YouTube. The video can also be viewed at www.Kinderhaus.com by clicking on "Media."

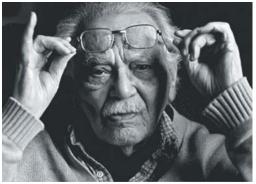
Call Me Madame President



This is the story of Amanda, a delightful, imaginative 8-year-old who hasn't any trouble envisioning herself as President of the United States and longs to show her older brother a thing or two. The tale is told against the backdrop of Washington, D.C., and shows all the splendor and charm of the famous places that are displayed in 32 fullcolor illustrations. Intended for little girls from ages 3 to 8 years, the book is fun for adults too.

Sue graduated from the University of Florida with a B.A. degree in Language Arts. She has three grown children and lives with her husband, Everett, in Arling-

The book is available at Kinder Haus Toys, 1220 N. Fillmore St., Arlington; call 703-527-5933. To view the video on YouTube, click http://www.youtube.com/watch?v= CQOAwmE4uMc&feature=player_embedded.



WEDNESDAY/AUG. 24 The Rich Have Their Own Photographers. 8 p.m. Film about the life and artwork of Milton Rogovin, America's premier social documentary photographer. At the Dome Theatre at Artisphere.

AUG. 25 TO SEPT. 25

"Happy Days" by the Washington Shakespeare Company. In Happy Days, Sam Beckett pursues his relentless search for the meaning of existence, probing the tenuous relationships that bind one person to another, and each to the universe, to time past and time present. Thursdays \$25 at 7:30 p.m.; Fridays \$30 at 7:30 p.m.; Pay what you can 2 p.m.; Saturdays \$35 at 7:30 p.m.; Sunday matinee \$30 at 2 p.m.; Sunday \$25 at 7:30 p.m. At the Black Box Theatre at



WEDNESDAY/AUG. 31

Curley Taylor and Zydeco Trouble. 7:30 p.m. Son of the famous Jude Taylor and long time drummer with Geno Delafose, Curley Taylor is generating widespread acclaim in his own right for his blend of Louisiana blues, soul and Zydeco. At the Ballroom at Artisphere, 1101 Wilson Blvd., Arlington.





Calloway U. M. Church graveyard, 5000 Lee Highway.



Lomax AME Zion Church graveyard, 2706 24th Road,



Old Ball Family Burial Ground, 3427 North Washington Boulevard.



Birch-Payne Family Cemetery, 28th Street, N. at **Sycamore Street.**

Arlington's 'Permanent' Residents

By Michael McMorrow The Connection

ewcomers are not new to Arlington. They have been ar riving for centuries. Some come and stay a while. Others come and stay — which leads to the subject of cemeteries.

The Federal government has one cemetery in the county: World-renowned Arlington National Cemetery. There is but one privatelyowned, active, public business: Columbia Gardens Cemetery; it



Southern-Shreve Family Cemetery, North Harrison Street at Fairfax Drive.

SEPA

borders Arlington Boulevard (Route 50) close to the Glebe Road (Route 120) overpass.

But what of other places for interment?

Five churches have graveyards. Additionally, there are 18 "private cemeteries" — but people usually call them "family graveyards". A dozen or more such burial sites have fallen to construction over the decades and can be located only on old maps and records. Not many years ago, the unique (and last) Abbey Mausoleum was torn down to add acreage to Arlington National Cemetery. Finally, five historical markers have been erected across the county at sites of surviving or disappeared cem-

A newcomer easily adjusts to the benefits of such local landmarks. They offer a highlight in any neighborhood walkabout with visiting relatives and friends. After all, headstones usually are not found "just around the corner"

More

See the non-circulating volume Graveyards of Arlington, Virginia (1985, Arlington Genealogical Club) in the public library (call number VA 929.5 G776)



Ball-Carlin Family Cemetery, 300 South **Kensington Street.**

back home. They spark interest in local history and, thereby, newcomers sink deeper roots in the community now called home. Follow-on visits to the Arlington Historical Society's Museum and the Virginia Room at Central Library can be great outings for the entire

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NVSO (Northern Virginia Senior Olympics) (co-sponsored by Arl. Parks Dept.-PRCR) www.nvso.us or call 703-228-4721

Senior Info/Expo - Held annually in October at the Ballston Mall (information, 703-228-1700)

Daily Fitness activities at Senior Centers (information, 703-228-4745)

Day & Overnight Travel Excursions

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ENTERTAINMENT



Photo by Jordan Swart, Juror's Choice winner, Photo 11 at Artisphere.

NOW THROUGH SEPT. 11

Photo 2011. Annual Juried Mid-Atlantic Photo Exhibition with photos by 18 artists. At the Terrace Gallery at Artisphere, 1101 Wilson Blvd., Arlington. Call 703-875-1100 or visit www.artisphere.com



SATURDAY/AUG. 27

Cartoon Johnny A Cappella Vocal Band. 8 p.m. Free. At Lubber Run Amphitheatre, N. Second and N. Columbus St., Arlington. Call 703-228-1850.

FRIDAY MORNINGS.

Line Dancing Class. 10 to 11 a.m.
Line dancing with Barbara Allen.
Covers the basic steps, then combines them to music for a gentle, social, aerobic workout. More experienced line dancers are welcome as they can

assist the newer dancers. At Aurora Hills Senior Center. Call 703-228-5722.

WEDNESDAY/AUG. 24

Celtic Concert. 11:45 a.m.
Maggie Sansone and Andrea
Hoag: A Celtic Duo. Part of
the Outdoor Lunchtime
Concert at Central Space,
corner of Wilson Boulevard
and North Lynn Street,
Arlington. Visit
www.artisphere.com/

about.aspx FRIDAY/AUG. 26

Wyatt Cenac from The Daily Show. 7:30 p.m. and 9:55 p.m. Cost is \$25. At the Arlington Cinema & Drafthouse, 2903 Columbia Pike. Arlington.

Summer Concert Series. 8 p.m. Free. U.S. Air Force Band — Max Impact. At the U.S. Air Force Memorial, One Air Force Memorial Drive, Arlington. Call 202-767-5658 or visit www.usafband.af.mil



FRIDAY/AUG. 26

Eric Scott. 8 p.m. Free. At Lubber Run Amphitheatre, N. Second and N. Columbus St., Arlington. Call 703-228-1850.

THEATER

AUG. 23 TO OCT. 16

"The Hollow." Based on the book Sleepy Hollow by Washington Irving. (Book by Hunter Foster; music and lyrics by Matt Conner), to be directed by Signature Theatre's Associate Artistic Director Matthew Gardiner. At The Signature Theater. At Signature Theatre, 4200 Campbell Ave., Arlington. Visit www.signature-theatre.org or call 703-573-SEAT (7328).

AUG. 25 TO OCT. 16

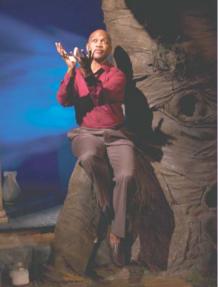
"The Boy Detective Fails." Book by Joe Meno (based on his best-selling book); Music and Lyrics by Adam Gwon; Directed by Joe Calarco. At Signature Theatre, 4200 Campbell Ave., Arlington. Visit www.signature-theatre.org or call 703-573-SEAT (7328).

-SEPT. 9 TO OCT. 8

"The Country Girl." Presented by the American Century Theater. Show times are Thursday through Saturday at 8 p.m.; Saturday/ Sunday matinees at 2:30 p.m. There is no matinee on Saturday, Sept. 10, and no performance on Friday, Sept. 23. TACT will also host a post show talk-back on Thursday, Sept. 15. At the Gunston Theatre II, 2700 South Lang St., Arlington. Tickets can be ordered online at www.americancentury.org or by calling 703-998-4555.

SEPT. 10 TO OCT. 1.

"Rabbit Hole." Written by David Lindsay-Abaire. Wednesday – Saturday at 8 p.m.; Sunday at 3 p.m. Cast includes: Andy Izquierdo (Howie), Karen Jadlos Shotts (Becca), Rebecca Lenehan (Nat), Rebecca Phillips (Izzy) and Collin Chute (Jason). At the Little Theatre of Alexandria, 600 Wolfe St., Alexandria. Visit www.thelittletheatre.com or 703-683-0496.



SEPT. 13 TO OCT. 9

"Sweet Tea: Black Gay Men of the South."
Tickets are \$41. One-Man Show Written and
Performed by E. Patrick Johnson. At
Signature's ARK Theatre in Arlington. Call
Ticketmaster at 703-573-SEAT (7328) or visit
www.signature-theatre.org.



SATURDAY/SEPT. 24

Potomac Harmony Chorus. 3 p.m. Tickets are \$15/adults; \$12/children. Melodies, Memories & Magic: Many Voices, One Heart, celebrating 35 years of harmony, will feature a variety of popular songs, all sung a cappella in four-part barbershop style. At Thomas Jefferson Community Theater, 125 South Old Glebe Road, Arlington. To order tickets, email tickets@potomacharmony.org or 703-764-3896.



SEPT. 17 TO OCT. 2

"Lithuanian Triology." The Lithuanian Trilogy is a physical theater tour-de force reminiscent of Buster Keaton and Charlie Chaplin as Paul Rajeckas depicts one Lithuanian-American son's journey of imagination back to the old world. Written and Directed by Paul Rajeckas and George Cheffet. At the Black Boy Theater at Artisphere

the Black Box Theater at Artisphere. PART I: NOTES TO THE MOTHERLAND

Friday, Sept. 16 at 8 p.m./Saturday, Sept. 17 at 8 p.m./Sunday, Sept. 18 @ 3 p.m. Underscored with dark humor and clownish pathos, Mr. Rajeckas tells the story of a Lithuanian-American boy, a classic outsider and hapless scapegoat who sojourns back to his homeland seeking his familial roots and stumbles upon an evil secret buried in the past.

PART II: LOVE CURES CANCER, THE MUSICAL

Friday, Sept. 23 at 8 p.m./Saturday, Sept. 24 at 8 p.m./Sunday, Sept 25 at 3 p.m. This oddly touching and zany musical characterizes the delusional world that engulfs a father and sons as they confront the horrors of their wife/mother's cancer.

PART III: LITHUANIAN SWEETHEART World Premiere

Friday, Sept. 30 at 8 p.m./Saturday, Oct. 1 at 8 p.m./Sunday, Oct. 2 at 3 p.m. This expressionistic play performed with three actors tells the story of the young father and his brother, a Lithuanian SS volunteer, who join forces with a farmer's daughter in the odyssey for survival. Lithuanian Sweetheart debunks the traditional notions of heroism, manhood, and love by presenting the story of a brave woman who moves the world by sacrificing all. Purchase a package to see all three parts of the Lithuanian Trilogy for \$60.

Entertainment

From Page 10

FRIDAY/AUG. 26

Eric Scott. 8 p.m. Free. At Lubber Run Amphitheatre, N. Second and N. Columbus St., Arlington. Call 703-228-1850.

Teddy Bear Sleepover. 3:30 p.m. Bring your teddy bear for a sleepover. No humans will be spending the night in the library. Call 703-228-5946. At Arlington Central Library, 1015 N. Quincy St., Arlington.

SATURDAY, AUG. 27

"Anything Goes." 8 p.m. Tickets are \$20. "Broadway, Pop, and Good Old Fashioned Rock and Roll." Melanie Boyer, Jenny Cartney, Katie Culligan, Felicia Curry, Chris Sizemore. Part of the Fourth Wall Cabaret Series presented by Creative Cauldron. At 410 South Maple Ave., Falls Church. Visit www.creativecauldron.org.

Arlington History Bike Tour. 9 a.m.
Cost is \$2. Bike from one to 23 miles visiting Arlington parks and historic sites. Tour historic locations dating from colonial times to early 20th century. Meet at Ballston Metro Station (top of escalator). Bring lunch, water, and any type of bike. Wear helmet. Sponsored by Center Hiking Club (www.centerhikingclub.org).

Cartoon Johnny A Cappella Vocal Band. 8 p.m. Free. At Lubber Run Amphitheatre, N. Second and N. Columbus St., Arlington. Call 703-228-1850

"The Blind Side" Film. 8 p.m. Part of Movies Under the Stars at Penrose Square. Presented by the new Penrose Square Giant Market. Free popcorn. At Penrose Square, Columbia Pike and South Barton Street.

AUG. 29 TO SEPT. 4

BalletNova Walk-In Week. \$10 per class. Catch a glimpse of the BalletNova experience by taking one of the adult classes at a discount. At 3443 Carlin Springs Road, Falls Church. info@BalletNova.org; 703-778-3008. www.BalletNova.org.

WEDNESDAY/SEPT. 1

Importance of Bees. 7:30 p.m. The Friends of Dyke Marsh is sponsoring a program on the importance of bees as pollinators. Speaker is naturalist Alonso Abugattas, director of the Long Branch Nature Center in Arlington. At Huntley Meadows Visitor Center.

FRIDAY, SEPT. 2

Wine in the Water Park. 7 to 10 p.m. \$5 wine and \$4 beer, music by DJ Adrian Loving, free snacks from Jaleo. At the Crystal City Water Park, across from 1750 Crystal Drive, Arlington.

The Grandsons. 8 p.m. Free. At Lubber Run Amphitheatre, N. Second and N. Columbus St., Arlington. Call 703-228-1850.

SEPT. 2 TO 30

Artist Teresa Oaxaca. Displaying paintings and drawings at the Shirlington Branch Library, 4200 Campbell Ave., Arlington. She is a 2005 H-B Woodlawn graduate, and studied art in Italy for five years. Call 703-228-6545.

SATURDAY/SEPT. 3

Movie: "Inception." (2010) 8 p.m. With Teen Talent Night. Free. At Lubber Run Amphitheatre, N. Second and N. Columbus St., Arlington. Call 703-228-1850.

Singles Dinner and Movie Night. 5 p.m. Fixed price dinner at Capitol

City Brewing Company in Shirlington (4001 Campbell St, Arlington), followed by movie of your choice at AMC Loew's Shirlington 7. Cost of \$30 at door includes dinner, soda, tip and movie ticket. RSVP required. Sponsored by New Beginnings, a support group for separated/divorced men

and women. Call 301-924-

4101 or visit
www.newbeginningsusa.org.
Community Day. 10 a.m. to
3 p.m. Mount Vernon
Baptist Church is having its
second annual Community
Day. Moonbounce,
facepainting, food, fun and
more. At 935 23rd St. South,

Arlington. Call 703-979-

TUESDAY/SEPT. 6

Encore Choral Open

Rehearsal. 2 to 3:30 p.m.
Calling all former high school and college choristers, church, synagogue and community choral singers. Come experience a rehearsal of the dynamic Encore Chorale conducted by Jeanne Kelly, past conductor of the United States Naval Academy Women's Glee Club, Georgetown University Concert Choir and Senior Singers' Chorales of the Levine School of Music. At Langston Brown Senior Center, 2121 Culpeper

Jeanne.kelly@encorecreativity.org. **St. John's Book Club.** 7:30 p.m. Will discuss "Mornings on Horseback," a

301-261-5747 or email

St., Arlington, Call Jeanne Kelly at



FRIDAY/SEPT. 9

Musician Tommy Keene. 9 p.m. Cost is \$15.
Celebrating the release of his new album
Behind the Parade. At the IOTA, 2832 Wilson
Blvd., Arlington. Visit
www.iotaclubandcafe.com.

biography of young Teddy Roosevelt by David McCullough. At St. John's Episcopal Church, 415 South Lexington St., Arlington. Contact Lynn Robinson at mezzsop22204@yahoo.com.

WEDNESDAY/SEPT. 7

Author Thomas B. Allen. 6 to 9 p.m. Will talk about his new book, "Tories:



FRIDAY/SEPT.

The Grandsons. 8 p.m. Free. At Lubber Run Amphitheatre, N. Second and N. Columbus St., Arlington. Call 703-228-1850.

Fighting for the King in America's First Civil War." At the Fort Meyer Officers' Club (Hadfield Gate), Arlington. For reservations, go to www.xenophongroup/patriot/arrt or call 703-276-8649.

FRIDAY, SEPT. 9

Wine in the Water Park. 7 to 10 p.m. \$5 wine and \$4 beer, music by DJ Adrian Loving, free snacks from Jaleo. At the Crystal City Water Park, across from 1750 Crystal Drive, Arlington.

Musician Tommy Keene. 9 p.m. Cost is \$15. Celebrating the release of his

new album Behind the Parade. At the IOTA, 2832 Wilson Blvd., Arlington. Visit www.iotaclubandcafe.com.

SUNDAY/SEPT. 11

NoVA Lights Chorale. 4 p.m. Presents its inaugural concert, "The World Sings for Peace." On the occasion of the 10th anniversary of 9/11. The 40-member choir, open to all in Northern Virginia and surrounding areas, will sing in Hebrew, Swahili, Arabic, English, Korean, and Latin. At Arlington Presbyterian Church, 3507 Columbia Pike, Arlington. Contact Barbara Stefan, Artistic Director at novalightschorale@gmail.com or 703-346-3512.

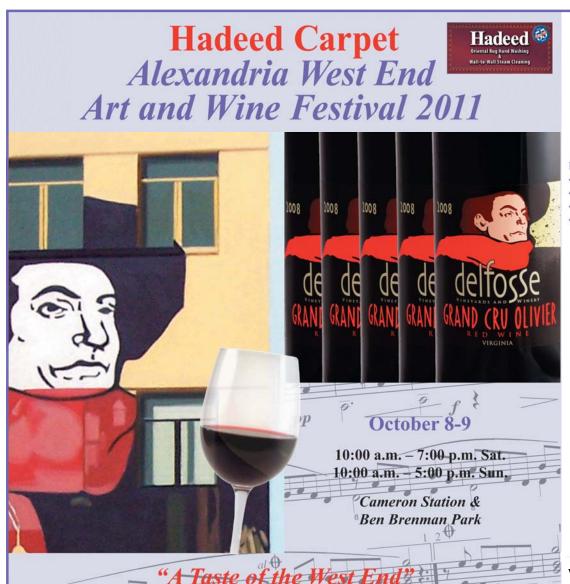
SEPT. 12

Civil War Lecture. 7 p.m.
Hosted by Civil War historian
Ed Bearss, who will discuss
Northern Virginia in the Civil War.
Sponsored by The Arlington Civil
War Sesquicentennial Committee.
At the Arlington Central Library,
1015 N. Quincy, Arlington. Call
703-228-5990 or email
kskelly54@verizon.net.

FRIDAY, SEPT. 16

Wine in the Water Park. 7 to 10 p.m. \$5 wine and \$4 beer, music by DJ Adrian Loving, free snacks from Jaleo. At the Crystal City Water Park, across from 1750 Crystal Drive, Arlington.

SEE ENTERTAINMENT, PAGE 13



Coming This Fall, October

Park and Shuttle Bus to Ben Brenman Park

- Macy's, Landmark Mall
- Alley Cat Restaurant 2 South Whiting Street
- Dunya Banquet Restaurant 5951 Stevenson Ave.
- Van Dorn Metro



LANDMARK MALL









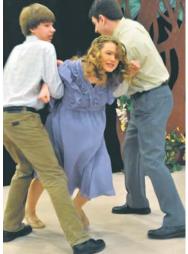


Gazette Packet



westendartandwinefestival.com for more information

ENTERTAINMENT



The Chalice Theatre in partnership with the Keegan Theatre rehearse a play in the Unitarian Universalist Church of Arling-



Capitol City Brewing Annual Octoberfest Beer **Festival in Shirlington** Village. Grill Meisters Don **Christian and Hans** Endricat.



The Leopard Ladies, **Madeline Lego and Wilma** Obrock, are greeted by Signature Theatre's artistic director and longtime friend Eric Schaeffer at the **Signature Theatre Target Open House**



Munkhgart (Tom) Tulgaa models 13th to 14th century **Mongol warrior armor** during a cultural exhibit at the Artisphere.

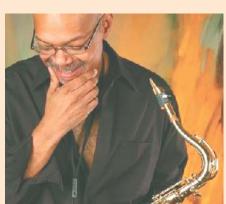
PHOTOS BY LOUISE KRAFFT/CONNECTION



Habitat for Humanity hosts its annual Building Block **Blitz in the Fashion Centre** at Pentagon City Mall.

Entertainment Abounds in And Around Arlington

(Right): At the Habitat for **Humanity annual Building Block Blitz in the Fashion** Centre at Pentagon City Mall, members of the Washington, D.C., Metropolitan Area Lego Train Club work on their replica of the Perry Hall Condominiums.



Al Williams



Dee Dee Bridgewater

Rosslyn Jazz

Festival Is Sept. 10 The 21st Annual Rosslyn Jazz

Festival will take place on Saturday, Sept. 10 from 1 to 7 p.m. at Rosslyn's Gateway Park, Lee Highway (at North Lynn St.), Arlington. True to tradition, the event kicks-off with regional favorites, the Al Williams Quartet with Grammy-nominated guest vocalist Juanita Williams, and

concludes with multiple Grammy-winning vocalist Dee Dee Bridgewater.

Free and open to the public, the Festival is sponsored by the Rosslyn Renaissance and the Rosslyn BID, and co-presented by Arlington Cultural Affairs. The event will be emceed by on-air personalities from media sponsor jazz station WPFW 89.3 FM, which will broadcast portions of the event live! The event now draws nearly 10,000 jazz aficionados from across the U.S.!

Gateway Park (N. Lynn St. and Lee Hwy) is easily accessible from the Rosslyn Metro Station (Blue/Orange line). Call 703- 228-1850 or visit www.RosslynVA.org, or www.arlingtonarts.org.





MOVE ME! Arts experience presented by the Bowen McCauley Dance At Kenmore Middle School.

2011 Ballston Arts & Crafts Market

The Ballston Arts & Craft Market is back and in full swing. Plan a visit to Welburn Square (aka The Ballston Circle) for the next show on Saturday, Sept. 10 from 10 a.m. to 4 p.m.

Held on the second Saturday of every month through October, each market features 35 local artists and crafters uniting to offer one-of-akind pieces to community art lov-

Saffron Yoga will also be on hand from noon to 2 p.m. with free yoga classes for the entire family.

Free admission

Conveniently located between North Stuart and North 9th Streets, across the street from the Ballston Metro, the Ballston Arts & Crafts Market is Arlington's only 100 percent handmade indie art market.

The 2011 Market dates are: Sept. 10 and Oct. 8.

Entertainment

From Page 11

SEPT. 16 AND 17

Latin American Harp Festival (Arpas de America). 7:30 p.m. Tickets are \$30/\$25. With Hildo Aguirre of Colombia, Pedro Gaona of Paraguay, and Angel Tolosa of Venezuela. At the Gunston Arts Center, Theater One, 2700 S. Lang St. Arlington. Call 703-548-3092; www.teatrodelaluna.org. Comedian Pauly Shore. 7:30 p.m.

Comedian Pauly Shore. 7:30 p.m and 9:55 p.m. Tickets are \$25. At the Arlington Cinema & Drafthouse, 2903 Columbia Pike, Arlington. Visit http:// ArlingtonDrafthouse.com.

SATURDAY, SEPT. 17

"Laugh it Up, Funny Girl" with Gia Mora and Charlie Barnett. Tickets are \$20. Part of the Fourth Wall Cabaret Series presented by Creative Cauldron. At 410 South Maple Ave., Falls Church. Visit www.creativecauldron.org.

Movies Under the Stars. 8:30 p.m. At St. John's Episcopal Church, 415 South Lexington St., Arlington. Contact: Carrey Harbin at cdharbin@hotmail.com.

SEPT. 21

"Airplane!" Film. At the Arlington Cinema & Drafthouse, 2903 Columbia Pike, Arlington. Visit http://ArlingtonDrafthouse.com.

FRIDAY, SEPT. 23

Wine in the Water Park. 7 to 10 p.m. \$5 wine and \$4 beer, music by DJ Adrian Loving, free snacks from Jaleo. At the Crystal City Water Park, across from 1750 Crystal Drive, Arlington.

SEPT. 23-24

"Tumble Down Dreams; A Life in the Theater" with veteran performer Terrence Currier and pianist Eli Staple. Part of the Fourth Wall Cabaret Series presented by



SUNDAY/SEPT. 18

Vintage Crystal: A Taste of Wine and Jazz. 2 to 6 p.m. Tickets are \$20. Wine sips, delectable bites, dance moves and music. Hosted by Crystal City Business Improvement District. At 220 20th St., Arlington. Creative Cauldron. At 410 South Maple Ave., Falls Church. Visit www.creativecauldron.org.

SATURDAY/SEPT. 24

Potomac Harmony Chorus. 3 p.m. Tickets are \$15/adults; \$12/children. Melodies, Memories & Magic: Many Voices, One Heart, celebrating 35 years of harmony, will feature a variety of popular songs, all sung a cappella in four-part barbershop style. At Thomas Jefferson Community Theater, 125 South Old Glebe Road, Arlington.

Melissa Ferrick. At the Birchmere in Alexandria. 3701 Mount Vernon Ave., Alexandria. Shows start at 7:30 p.m. For tickets, call 703-549-7500 or visit www.birchmere.com.

FRIDAY, SEPT. 30

Wine in the Water Park. 7 to 10 p.m. \$5 wine and \$4 beer, music by DJ Adrian Loving, free snacks from Jaleo. At the Crystal City Water Park, across from 1750 Crystal Drive, Arlington.

SATURDAY/OCT. 1

Cocker Spaniel Adoption Show. 11 a.m. to 1 p.m. Sponsored by Oldies But Goodies (OBG) Cocker Spaniel Rescue. At Dogma Bakery, 2445 N. Harrison St., Arlington. Call 703-533-

www.cockerspanielrescue.com.

SUNDAY/OCT. 2

Pet Blessing. 5 p.m. The Rev. Ann B. Barker, St. John's rector, will officiate. At St. John's Episcopal Church, 415 South Lexington St., Arlington. Contact St. John's Episcopal Church at 703-671-6834.

SATURDAY/OCT. 15

Rock n Roll Flea Market and Guitar Show. 10 a.m. to 4 p.m. At Northern Virginia Community College in Annandale. Visit www.rockfleamarket.com.



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September 13, 2011 6:30pm

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Ticket Quantity*	Show Date	Time	Mail by:	August 26 with a self-addressed, stamped envelope to receive tickets by mail.
	Friday, Sept. 9	10:30 am		
	Friday, Sept. 9	7:30 pm	Mail to:	Verizon Center
	Saturday, Sept. 10	2:00 pm		Attn: Spirit of America 601 F Street NW, M26
	Saturday, Sept. 10 7:30 pm			Washington, DC 20004
*If you require accessib	ole seating, please call 20	2-661-5065. Fo	or group orders	s of 20 or more tickets, please call 202-661-5061.
Name				
Address Line One_				
Address Line Two_				
City			State	Zip
Phone			Email	

3 EASY WAYS TO GET FREE TICKETS! 1. Mail order form 2. Box Office (in person) 3. Ticketmaster*
*Incurs a nominal convenience/handling fee

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When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper. For more real estate listings and open houses, visit www.ConnectionNewspapers.com & click the Real Estate links on the right side.

$oxed{oxed}$ Call Specific Agents to Confirm Dates & Times. $oxed{\Bbb R}$

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Arlington	.\$324,950Sun 2-	4Garnet Robin	s-Baughman	. Keller Williams .	. 703-534-0997
Arlington \$	1.550.000 Sun 1-	4	Ron Cathell	Keller Williams	703-975-2500

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Arlington	\$499,000Sun 1-4	Bob Cook			
22204					
Arlington	\$244 900 Sun 1-4	Laura Nunley	Fall Prop. 703-536-7001		

Arlington	\$244,900Sun 1-4	.Laura Nunley	Fall Prop.	.703-536-7001
Arlington	\$209,900Sun 2-4Garnet Robi	ns-BaughmanKelle	r Williams .	. 703-534-0997
Arlington	\$259,950Sun 2-4Garnet Robi	ns-BaughmanKelle	r Williams .	. 703-534-0997

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Arlington	\$1,199,000Sun 1-3	Marty Merriam	Long & Foster703-795-0099
Arlington	\$599,900Sun 1-4	Nick Kuhn	McEnearney 703-717-6338
Arlington	\$899,900Sun 1-4	Dave Lloyd & Assoc	
Arlington	\$779,900Sun 1-4	Dave Lloyd & Assoc	
Arlington	\$1,199,000Sat 1-4	Florann Audia	Long & Foster 703-873-3500
Arlington	\$1,329,000Sat 1-4	Florann Audia	Long & Foster 703-873-3500
Arlington	\$1,449,000 Sat 1-4	Florann Audia	

22207

Arlington	.\$1,325,000Sun 1-4	.Christopher Wilkes	Wash. Fine Prop.	.703-241-0635
Arlington	\$699,000Sun 1-4	Thomas Hennerty	NetRealtyNow.	.703-652-6040

For an Open House Listing Form, call Deb Funk at 703-778-9444 or e-mail debfunk@connectionnewspapers.com
All listings due by Monday at 3 P.M.

HOME SALES

In June 2011, 255 Arlington homes sold between \$1,838,000-\$69,900. This week's list represents those homes sold in the \$425,000-\$69,900 range. For the complete list, visit www.ConnectionNewspapers.com

Address BR . FB HB . Postal CitySold Price Type Lot ACSubdivision Date So	old
3259 STAFFORD ST	
3415 STAFFORD ST S #A	OWS
1101 ARLINGTON RIDGE RD S #704 . 2 2	
1624 POLLARD ST S	
820 POLLARD ST N #712 1 1 0 ARLINGTON \$407,000 Hi-Rise 9+ Floors HAWTHO	
900 STAFFORD ST N #903 2 2 0 ARLINGTON \$400,000 Hi-Rise 9+ Floors	ISTA
4029 8TH ST S	HTS
1813 NELSON ST	
820 POLLARD ST N #616	
1045 UTAH ST N #2-401	
6924 FAIRFAX DR #132	
3004 6TH ST S	HTS
1023 EDISON ST	REST
1021 GARFIELD ST N #117	DON
4503 28TH RD S #6-2	RLEA
2001 15TH ST N #815	SSEY
1021 GARFIELD ST #522	DON
4069 FOUR MILE RUN DR S #1022 2 0 ARLINGTON \$380,000 Garden 1-4 Floors WEST VGE AT SHIRLINGTON	TON
6932 FAIRFAX DR #302	NOL

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SEE HOME SALES, PAGE 15

Arlington N.

Or British Control of the Control of

Expanded and renovated historic treasure with 2 car garage on a SPECTACULAR 18,728 sqft. (just under a 1/2 acre) lot just a few blocks from the EFC/Orange-Line Metro-rail. This charmer offers 3 bedrooms, 3.5 baths, a large covered front porch, an inviting entry foyer, an amazing chef's kitchen with breakfast area, a vaulted great room opening onto a sun room, a main level bedroom suite, a fabulous mas-

ter retreat with spa-like bath and

\$899,900

access to roof deck, plus a finished lower level rec room/office. Nestled on park-like setting with private fenced backyard with in-ground swimming pool and landscaped gardens. Must see! 6335 N. 12th Place.



Dave Lloyd & Associates 703-593-3204 www.davelloyd.net



Arlington N.



\$779,900 Room for The Walton's!

This classic "Walk to Metro" Madison Manor Colonial has been substantially expanded, remodeled and NOW offers 5 UPPER LEVEL BEDROOMS. Enjoy the welcoming center hall entrance foyer, formal living room with extensive built-ins and fireplace, a spacious granite kitchen with service bar opening onto the family room, separate dining room, 2 remodeled full baths, handsome hardwoods, and a finished ree room/office on the lower level with plenty of extra room for storage. All sited on a fantastic 8,421 sqft. garden lot full of mature landscaping, extensive deck space and just around the corner from the neighborhood park. Good night John-boy. 6153 N. 11th Road.



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Crystal City

From Page 7

demolished and new buildings would be taller and more dense and would replace the old buildings. We would be increasing the value per square foot."

Holzeimer said that density would increase by about 60 percent. Arlington County Board created a citizens' task force council in Crystal City to overview and advise these new ideas and to dissuade tension about the density.

Holzeimer said that there were many other events and opportunities for citizens to speak out, and when they did, he said it was very positive.

CRYSTAL CITY BID President and CEO Angela Fox said that the approximately 17,000 residents, 55,000 people who work in Crystal City and the tourists who visit there are receptive to the extensive improvements.

Many agreed that the street level was a main issue with the initial design of Crystal City, but with implementation of new retail, eateries and street-level events including a 5K run, a wine festival and theatre performances, this problem has been turned into an asset for the area.

"We get a lot of positive feedback from our events," Fox said. "It's certainly a sense of pride in the area. It was always a smart place to live because of its convenience and everything else, but now it's a cooler place to live."

An aspect of Crystal City that has always been an advantage is its proximity and easy commute to nearby D.C. and surrounding areas.

"I had some friends who lived in Crystal City, until very recently, in a beautiful condo that faced the Potomac River and the airport," Byers said. "For someone who works here, it's a great place to live. But if you work in the district, it's also very easy to commute in. It's just an extraordinarily convenient place."

Home Sales

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In June 2011, 255 Arlington homes sold between \$1,838,000-\$69,900. This week's list represents those homes sold in the \$425,000-\$69,900 range. For the complete list, visit www.ConnectionNewspapers.com

AddressBR . FB	HB . Postal CitySold Pric	e Type Lot A	CSubdivision Date Sold
3017 COLUMBUS ST S #A1 1 2 0			
2748 BUCHANAN ST S #2463 2 2 0			
6932 FAIRFAX DR #304			
503 VEITCH ST S 2 2 2			
4165 FOUR MILE RUN DR S #403 2 2 0	ARLINGTON \$375,000	Garden 1-4 Floors	WEST VGE AT SHIRLINGTON
3600 GLEBE RD S #628W 1 1 0	ARLINGTON \$372,000	Hi-Rise 9+ Floors	ECLIPSE ON CENTER PARK
2720 ARLINGTON MILL DR S #308 1 1	l 0 ARLINGTON	\$370,000 Hi-Rise 9+ Floo	rs
2135 TAYLOR ST #H 2 2 0			
3071 BUCHANAN ST S #A2 2 2 0			
1931 LANGLEY ST S 5 3 0			
901 MONROE ST N #1413 1 1 0			
2111 EDISON ST N 0 0 0) ARLINGTON \$351,000	Detached 0.17	HIGHVIEW PARK
1400 EDGEWOOD ST S #527 2 1 0			
880 POLLARD ST N #527 1 1 0			
1821 CAMERON ST			
3004 COLUMBUS ST S #C2 2 1 0			
4218 35TH ST S #A2			
1510 12TH ST N #PH5 1 1 (1733 QUEENS LN #1-124 2 1 () ARLINGTON \$340,000	MIG-RISE 5-8 FIGORS	1510 CONDO
880 POLLARD ST N #227 1 1 1) ARLINGTON \$339,900	Li Dice O L Floors	DALL CTON
1029 STUART ST N #316 1 1 1			
1001 VERMONT STREET N #604 1 1 0			
851 GLEBE RD N #214			
1741 TROY ST N #422 2 1 0	ARI INGTON \$327 500	Garden 1-4 Floors	COLONIAL VILLAGE
6916 FAIRFAX DR #108 2 1 0			
1301 COURTHOUSE RD N #916 . 1 1 0			
1400 BARTON ST S #408) ARLINGTON \$325,000	Townhouse	ARLINGTON VILLAGE
2918 20TH ST S			
4163 FOUR MILE RUN DR S #4011 1 (ARLINGTON \$320,000	Garden 1-4 Floors	WEST VGE AT SHIRLINGTON
900 STAFFORD ST N #904 1 1 (
1320 FORT MYER DR #814 2 1 0	ARLINGTON \$313,000	Garden 1-4 Floors	WESTMORELAND TER
3000 SPOUT RUN PKWY #D3012 1 (ARLINGTON \$310,000	Hi-Rise 9+ Floors	CARDINAL HOUSE
4079 FOUR MILE RUN DR S #2041 1 0	ARLINGTON \$307,000	Garden 1-4 Floors W	EST VILLAGE AT SHIRLINGTON
4638B 28TH RD S #B2 1 0) ARLINGTON \$305,000	Garden 1-4 Floors	THE ARLINGTON
1001 VERMONT ST N #212 1 1 0			
1301 ARLINGTON RIDGE RD S #208. 2 1			
3600 GLEBE RD S #513W 1 1 0			
5624 7TH RD S			
2001 15TH ST N #813 0 1 0			
4617 28TH RD S #C			
4612B 28TH RD S #B			
900 STAFFORD ST N #2014 1 1 1 1			
1612 10TH ST S			
4500 FOUR MILE RUN DR S #1024 2 2			
4500 FOUR MILE RUN DR S #1024 2 2	ARI INCTON \$280 000	\$203,000 TII-NSE 9+ 1100	CENTURY SOLUTH
4141 HENDERSON RD #602 1 1 0	ARI INGTON \$279 200	Hi-Rise Q+ Floors	HVDF PARK
1810 KEY BLVD #9-469 1 1 0			
2105 SCOTT ST N #82 1 1 0			
2701 16TH ST S #635 1 1 0) ARLINGTON \$269,900	Townhouse	ARLINGTON VILLAGE
2701 16TH ST S #628 1 1 0	ARLINGTON \$268.500	Townhouse	ARLINGTON VILLAGE
1415 EDGEWOOD ST S #463 1 1 0			
1201 BARTON ST S #170 1 1 0			
2580B ARLINGTON MILL DR S #B1 1 0	ARLINGTON \$262,500	Garden 1-4 Floors	WINDGATE OF ARL
851 GLEBE RD N #1512 0 1 0	ARLINGTON \$260,000	Hi-Rise 9+ Floors	CONTINENTAL
2719 CLEVELAND ST 2 1 0	ARLINGTON \$260,000	Duplex 0.07	PARKWAY
5300 COLUMBIA PIKE #708 2 2 0			
1300 ARMY NAVY DR #915 1 1 () ARLINGTON \$250,000	Hi-Rise 9+ Floors	HORIZON HOUSE
4522 28TH RD S #12-1 1 1 0) ARLINGTON \$250,000	Garden 1-4 Floors	HEATHERLEA
4390 LORCOM LN #704 2 1 1	l ARLINGTON \$250,000	Mid-Rise 5-8 Floors	CARLYN PLACE
1020 STAFFORD ST N #303 0 1 0) ARLINGTON \$239,000	Garden 1-4 Floors	SUMMERWALK I&II
4501 ARLINGTON BLVD #529 1 1 0			
4501 ARLINGTON BLVD #513 1 1 (
2107 KENMORE ST 1 1 1 0			
5213 10TH PL S			
208 TRENTON ST N #208-4 1 1 0	J AKLINGTON \$204,000	Garden 1-4 Floors	ARLINGTON OAKS
900 TAYLOR ST N #2122 2 2 2			
5413 8TH PL S			
1111 ARLINGTON BIVD #628 1 1 (
5353 COLUMBIA PIKE #505 2 2 0 5111 8TH RD S #412 1 1 0			
1521 GEORGE MASON DR S #23 1 1 0			
5353 COLUMBIA PIKE #407 0 1 0			

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Historical Nuggets

* Robert E. Lee lived in Arlington after he married Mary Custis, great granddaughter of Martha Washington. During the Civil War, no battles

took place in Arlington.

❖ William Howard Taft and John Fitzgerald Kennedy are buried at Arlington National Cemetery.

Maya Horowitz

CENSUS SNAPSHOT

ARLINGTON COUNTY CENSUS DATA 2010

CENTOCO DITIII 2010	
Total Population207,	627
Median age	33.4
Male49	.8%
Female50	.2%
Race- White 71	.7%
Black or African American 8.	5 %
American Indian or Alaskan Native	
0	
Asian9	.6%
Native Hawaiian and Pacific Islander	
0	.1%
Some other race5	.9%
Two or more races	.7%
Hispanic or Latino 15	1%

Insider Perspectives

Join Rotary

The Rosslyn/Ft.Myer Rotary Club meets every Tuesday from noon to 2 p.m. on the 17th floor of the Holiday Inn in Rosslyn. Those interested in exploring the possiblity of membership get a free lunch out of attending their first ses-

The obvious immediate value of Rotary is networking. When you join a local club you are also joining a millionmember organization with clubs in practically every nation on earth. 'Twas great when I was invited to give a lecture at a university in Vladivostak, Russia, and was met at the airport by two Rotarians with no connection to my field who took me to my hotel simply because I was a Rotarian (they also brought me back to the airport for my departure).

Dr. Merton L.

Bland

"One of the great things I love about Arlington is our incredible range of activities - food, music, entertainment, family activities, parks and bike trails — all very accessible across the commu-

 Erin Lucien Arlington resident of 16 years, lives in the Rivercrest neighborhood













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FOOD





Bob & Edith's is crowded at just about every hour. Want a quieter moment? Try 8 p.m. on a Tuesday.



The philosophy is simple: fresh food, cooked to order, right in front of you.



Bob's grandson Chris Bolton by the juke box. He loves to get his guests going by playing his favorite song, "Sweet Home Alabama."

Stopping by Bob and Edith's Diner 42 years of family tradition.

By Meghan Marville
The Connection

hen you walk into Bob & Edith's Diner you get the immediate sense that they don't make 'em like this anymore. Indeed, B & E's still retains the magic that static chains have inadvertently lost in the abyss of their own success. The formula is simple, but winning. Good food, made to order, good music, it's a good time. It's the personal touch that has kept a line out the door for the last 42 years.

The magic began in 1969 when Bob Bolton, his wife Edith, and their four children transformed Gray's Donut Dinette into the diner. Bob's son Greg with wife Victoria are the current owners. In keeping with the tradition of the family business, Greg, now semi-retired, has turned the reins over to his son Chris and daughter Tammy.

Here, you won't find prefabricated, "vintage" décor, prepackaged food or a soundtrack. Instead, the walls are decorated with photos of actual family vacations, cousins, Tammy's high school gradu-

ation, Chris' 5th grade soccer photo, a portrait of Bob and Edith themselves, and of course a poster of the 1978 Dallas Cowboys football team which has served as the source of light-hearted sports banter throughout the years. The juke box is available to everyone, and whether you're there for an after-school or a midnight snack, for the first or fourth time that day, you're always greeted with a smile.

The food is fresh and cooked to order in front of you. Rated in the 2012 Zagat Guide, Bob & Edith's has earned many awards, including being voted the Best Breakfast in

Arlington. Among the many menu options you'll find milkshakes, burgers, omelets just the way you like them, and the best bacon in town.

From blocks away the neon lights garnishing the windows invite you in, 24 hours a day. This small, unassuming diner is nestled between two gas stations on the Columbia Pike corridor. While it may be closing time for the rest of town, the atmosphere at B & E's is going strong and this night is no different. The small diner is crowded, buzzing with conversation and laughter. It's 2 a.m. and the gang's all here.

Where's the Beef?

From Page 3

which is an Angus burger coated with blackening spices, topped with pepper jack cheese and smoked bacon. You're also provided with some habanero barbeque sauce on the side to mix it up.

Badois also commented that on top of The Bungalow's excellent burgers, "their happy hour is the most inexpensive around. Everything is discounted."

BRGR:SHACK

4215 Fairfax Drive, Arlington VA 22203; 703-647-9191

brgr:shack is a healthy alternative to other burger joints. brgr:shack provides 100 percent all natural grass fed beef burgers. The restaurant was opened in January 2011, and the owner, Farshad, says that they have "the best burgers in town."

So what's the difference to the customer between grass-fed beef and regular beef?

"Grass-fed beef is healthier and is higher in vitamins. It only has 10 percent saturated fat," Farshad said.

Most of brgr:shack's burgers have some variant of their homemade, specialty shack sauce on them, which is a combination of A1, mayo, ketchup, horseradish and a blend of their own spices.

According to Farshad, the most popular burger is the yumbrgr, which has an organic spring mix, tomatoes, avocado, brie cheese and shack wasabi sauce.

Farshad says that brgr:shack's sweet potato fries

and onion rings some of the more popular sides. Shakes, to which you can add any combination of ice cream to the vanilla, chocolate, and strawberry bases, are also top sellers.

Looking forward, Farshad aspires to open "five more locations in the next 24 months."

RAY'S HELL BURGER

1713 Wilson Boulevard, Arlington, VA 22201; 703-841-0001

Michael Landrum opened Ray's Hell Burger three years ago.

Even the President of the United States has come to the popular burger joint — twice.

"It definitely made us a tourist attraction a lot faster than normal," Direction of Operations Jamie Hottle said, "When you get national press ... that's always going to have an impact."

Hottle describes their burgers as "fresh, fat, and juicy." He added that "we hand trim, grind, and hand patty every burger at the location."

Ray's specializes in burgers, but they also serve fries and Mac and Cheese.

Their best sellers are the Mack, which has American cheese, beefsteak tomato, lettuce, pickle, red onion and Ray's Heck Sauce on it, and the Soul Burger Number One, which has Applewood smoked bacon, Swiss cheese, Cognac, Sherry sauteed mushrooms and grilled red onions.

Hottle says that "we just try to put out our best product every day. What other guys do doesn't even come into consideration."

He added that they try to deliver "the freshest product possible" and that they aim to "give the



Ray's Hell Burger

people what they want."

According to Hottle, Ray's philosophy starts with goodwill. "We're always going to be open ... [the neighborhood] knows we'll always be there for [them.]"

At Ray's you can put some unusual things on your burger.

Hottle said that on some burgers, bone marrow and foie gras are offered as toppings.

Ultimately, Hottle feels that Ray's aspires to "put out a good product at a reasonable price."

ELEVATION BURGER

2447 North Harrison Street, Arlington VA; 703-300-9467

Elevation Burger, an environmentally conscious burger chain, opened its first location in Falls Church in 2005. The chain now has 19 locations, one of which is in the Lee Harrison shopping center in Arlington.

Marketing Manager James Stewart says that Elevation has a "commitment to quality organic ingredients and quality customer service."

Elevation's burgers are "very flavorful, juicy, hand-formed and made to order," Stewart added.

All its beef comes from organic grass-fed, freerange cows, which Stewart says, "all comes out in

Elevation also has shakes that allow you to start with a base flavor of chocolate, vanilla or coffee, and then add any two toppings of your choice.

According to Stewart, Elevation is "all about elevating the product, the guest, and the employee "

He added that they are "making a better burger in an environmentally conscious way."



Elevation Burger

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21 Announcements 21 Announcements

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No "APPtitude" For That



By KENNETH B. LOURIE

Even though there are seemingly "apps" for everything these days, there is no "app' for the app-challenged, is there? A tutorial of sorts for those most deficient in what is becoming increasingly de rigueur: the app from the App Store. The new dictionary. The new means of accessing information and learning about - and dare I say, manipulating your circumstances/your life. The only problem I see with respect to the assimilation of "apps," other than this operator's minimal instincts for such resources compounded by poor judgment, is that it feels ever more crucial that one own a hand-held device, the four-letter word updated to a three-word must-have; a ubiquitous symbol of our times, apparently.

Not that I'm intimidated by such devices, but I am poorly prepared, poorly educated and poorly positioned for their use and hopefully non-abuse. And given the direction that technology is taking the world and the omnipotence of such small, modern-day conveniences where information is barely a click away, the need to get on board, rather than to be bored by their usefulness, is becoming more of a necessity by the nanosecond. As Red, (Morgan Freeman) said near the end of the Oscar-nominated movie, "Shawshank Redemption:" "Get busy living or get busy dying;" (not a Kennywith-cancer reference). The fad stage is over. The Industrial Revolution has re-struck

I can accept that. But embracing it is my problem. How exactly do you teach an old dog new tricks? How do you change a lifetime of almost rote-like instincts - and movements ("ready-fors")? I've spent 50plus years developing these patterns and habits; how do I change the course of history (which right now might seem more like a curse) which has led me to middle age?

I suppose if the answer to these questions were easy, most middle-agers and seniors would likely be holding their devices, not holding onto their past. But since Rome wasn't built in a day ("Neither was Milwaukee;" a Three Stooges reference), I presume patience is in order. Unfortunately, patience is what I have the least of these days. Being diagnosed with a terminal disease will do that to you - at least it has done it to me. Oh, I have my moments to be sure, but generally speaking, my focus has narrowed and my tolerance has almost disappeared. (I'm not exactly Larry David in 'Curb Your Enthusiasm," but I'm not shrinking too many violets, either.)

Maybe what I need is a change? Maybe I need to go where this man has never gone before (and not to a Star Trek Convention; although I do have a communicator which makes a very familiar sound)? Maybe learning something new (use of a "hand-held device") might just jump-start the mental momentum which sometimes seems like it could use a jolt - and I am not referring to the highly-caffeinated drink of the same name? Maybe navigating a pathway to the information superhighway might actually help rather than hinder my daily puttering?

Since I'm not inclined - or able - to live large, maybe I can evolve into a more enlightened, educated and technically savvy individual, and integrate myself into the present and forsake a little bit, anyway, of the past? After all, middle age shouldn't be the end, it should be the beginning. Life's too short (don't I know it!) to be stuck in neutral. I need to drive to survive, in and out of

Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.

GETTING THERE

BUS HUBS

There are a number of bus hubs. If you need to travel by bus outside of the metro system, you're best bet is to make your way there.

The three big hubs are:

- * Rosslyn takes you to Georgetown, Washington D.C., North Arlington and further Westward and Dulles Airport.
- ❖ Ballston takes you nearly everywhere except Dulles Airport.
- ❖ Pentagon takes you down Columbia Pike, and through most of Alexandria. Do not confuse with Pentagon City.

The smaller hubs are:

- * Crystal City Takes you to Reston, McLean, Tysons Corner, as well as down Columbia Pike corridor and to Ballston.
- Shirlington A bus shelter off the metro system which takes you to much of Alexandria and South Arlington with less frequent lines going to Ballston, Tysons Corner and Falls Church.
- ❖ East Falls Church Has more thorough routes for Falls Church along with Annandale, Fair Oaks and Rosslyn.

Additionally, along the Washington and Falls Church border is the Seven Corners Bus Hub which services Ballston, Rosslyn, Fair Oaks, Dunn Loring and Vienna, and the Route 7 corridor from Alexandria to Tyson's Corner

HELPLINE

Add the metro helpline (202-637-7000) to your cellphone and use it religiously. Their automation system can be somewhat circular and tiresome unless you're using Next Bus which works pretty well. If you're using anything else, it's best to say "customer service" right away rather than trying to fiddle around with the system. Verizon wireless phones always work underground. Other phone systems vary.

ROSSLYN METRO

If you have some flexibility, it's best to board the metro at Rosslyn metro station because trains arrive and depart with twice the frequency so that's half the waiting time. The elevator is the fourth largest in the Western hemisphere so it can be quite a hike down.

WALK

Don't waste your money by taking the metro in the Rosslyn-Ballston corridor between Courthouse and Ballston if it's just one or two stations walk. The stations are all grouped together so closely that it's probably not much more of a walk than it is up and down the metro system's escalator.

SMART CARD

There's no question that the Smart Card is the best way to travel. Buses now take it, so it makes transfers easier. Write down the card number if you lose it so you can transfer. It costs \$5 to issue a new card.

BUS LINES

Learn to recognize the names of bus lines:

- ❖ Buslines with a 3 travel down the length of Lee Highway and beyond.
- ❖ 4 goes from Rosslyn to Seven Corners via Arlington Boulevard.
 - ❖ 1 goes form Ballston to Seven Corners

Photo by Orrin Konheim/The Connection

The Nextbus System is one of the more reliable features of metro's telephone helpline

and beyond.

- ❖ 38 Travels from Ballston to Rosslyn along Washington Boulevard and later Wilson Boulevard.
 - ❖ 2 Travels from Ballston to Falls Church.
- Any bus line on Columbia Pike (of which 16 is the main one) will likely start at the Pentagon and go down Columbia Pike at least to Bailey's Crossroads.

OUT OF AREA

To get to Burke, Manassas, Stafford County, Quantico, or Fredericksburg, you can take the VRE that departs from Crystal City. Prices are relatively cheap (under \$10 usually) and there's a discount if you buy in bulk.

- Driving up and down the Eastern strip of the county — which consists of George Washington Parkway, Route 27 and Jefferson Davis Highway — can be very confusing. Be sure to pay close attention to
- If you're looking to go to Fredericksburg, Potomac Mills, or anywhere else down I-95 and don't want to get stuck in traffic, consider picking up "slugs." Located at the Pentagon or Rosslyn (Fort Meyer Drive), you can volunteer to drive people down to selected parking lots off I-95. They won't pay you for gas, but by being able to take the HOV lane, you'll save significantly on time.
- ❖ Familiarize yourself with the basic structure of the street system. The eastern third of the county is filled with north-south streets with one-syllable names (Ball-Clark-Eades, etc.), the middle third is filled with two-syllable names and the western third is filled with three-syllable names, all going alphabetically east to west. This is only if the road ends with street. You can always get a general idea for where you are if you see an address number and the street name.
- ❖ George Mason is a north-south corridor with less traffic than Glebe because it doesn't pass by Ballston. Carlin Springs Road is another great shortcut connecting North and South Arlington. It takes you from Ballston to Bailey's Crossroads.
- Highways such as Shirley Highway, the George Washington Parkway, or the Dulles Toll Road are generally not bad if it's not rush hour. I-66, however, might look tempting but except for a few off hours, it is usually not your friend. It is often clogged beyond belief.

— Orrin Konheim

SPORTS

Getting To Know Yorktown Sports

Girls lacrosse program has won six consecutive National District championships.

School: Yorktown High School.

Mascot: Patriots.

School Colors: Columbia blue and white. **Athletic Director**: Mike Krulfeld, 703-228-5388.

Football Coach: Bruce Hanson, (27th year).

The Patriots finished the 2010 regular season 9-1 and captured the National District championship with a 7-0 district record. The defense recorded four shutouts and allowed an average of 7.7 points in 10 regular season contests. Yorktown's season ended in the opening round of the regional tournament with a 28-7 loss to Washington-Lee. It was the Patriots' first loss to the Generals in 28 years.

Volleyball Coach: Brittanie Behar. Boys Basketball Coach: Rich Avila. Girls Basketball Coach: David Garrison. Baseball Coach: Mike Ruck.

Rival School: Washington-Lee.

During the 2010 spring season, the Yorktown boys lacrosse and girls soccer teams each lost on their home field to Washington-Lee during their respective district

championship games. The following year, each Patriots team achieved a sense of payback. The boys lacrosse team defeated W-L during the regular season and eventually won the district title. The girls soccer team lost to Washington-Lee during the regular season but defeated the Generals at W-L during a district championship rematch.

What happened last season: The volleyball team finished district runner-up, falling to Hayfield in the district championship match for the second straight season. The Patriots defeated West Springfield in the opening round of the regional tournament before ending their season with a loss to Robinson. The field hockey team went undefeated in district play but lost in the semifinals of the district tournament. The boys basketball team advanced to the second round of the regional tournament with a win over McLean. The baseball team finished district runner-up to Hayfield, losing 17-16 in the championship game. The Patriots won a regional tournament game, defeating Chantilly 7-1. The boys lacrosse team won its first district championship since 2007 and the girls lacrosse team won its sixth consecutive district crown. The softball team defeated Mount Vernon for the district championship. The girls soccer team defeated Washington-Lee for the district title. Yorktown repeated as winner of the SunTrust Mortgage National District Principals' Cup, presented to the district's school with the best cumulative finish across all VHSL sponsored activities.

Historic Achievements: Stephen Kang,

a 2011 graduate, is believed to be the boys lacrosse program's first Division I signee. Kang will play at the University of Denver. Tennis player Emily Flickinger won the 2010 state singles title and paired with Esu Erdenebat to win the state doubles title, making them the first state tennis champions in Yorktown's history. The girls swim and dive team won state in 2005-06 and 2006-07 and has won the National District championship for 14 consecutive seasons. The football team won region championships in 1988 and 1999.

Famous Graduates: Swimmer Tom Dolan, a 1993 graduate, won a gold medal in the 400-meter individual medley at the 1996 Summer Olympics in Atlanta and another in the 400 IM at the 2000 Olympic Games in Sydney. He also captured a silver medal in the 200 IM. The 6-foot-6 Dolan earned swimming accolades, which including setting a world record mark in the 400 IM, despite compet-

ing with exercise-induced asthma. Television journalist Katie Couric (1975 graduate) and former Google CEO Eric E. Schmidt (1972) are Yorktown alums.

Quotable: "I've lost two district championship games so far at Yorktown and as a



Michelle Casteel and the Yorktown girls lacrosse team defeated Hayfield in the National District championship game for the second straight year, giving the Patriots six consecutive district titles.

senior, coming toward the end of my career at Yorktown, winning the National District championship was always something I wanted to do. It's definitely a dream come true." — Yorktown lacrosse player Stephen Kang after the Patriots defeated Edison for the 2011 district championship.

Getting To Know Washington-Lee Sports

Football team snaps 28-year losing streak to Yorktown.

School: Washington-Lee High

School

Mascot: Generals.

School Colors: Blue and Gray. **Athletic Director**: Carol Callaway, 703-228-6207.

Football Coach: Josh Shapiro (fifth season).

The Generals advanced to the 2010 regional playoffs where they defeated Yorktown, 28-7, behind a four-touchdown effort from National District Offensive Player of the Year Anthony Taylor. W-L then lost to Hayfield in the region semi-

Boys Basketball Coach: Bobby Dobson.

Girls Basketball Coach: Angie Kelly

Baseball Coach: Doug Grove. **Boys Soccer Coach**: Jimmy Carrasquillo.

Rival School: Yorktown.

It has been said that both sides

need to win on occasion for two teams to have a rivalry. While Yorktown and Washington-Lee are considered rival schools, the Generals' football program hadn't beaten the Patriots in 28 years entering the teams' 2010 regional playoff matchup. Thanks to a Herculean effort from running back Anthony Taylor, who carried 42 times for 255 yards and four touchdowns, W-L snapped its nearly-three-decade-long streak of futility against Yorktown with a 28-7 victory. In the spring of 2010, the boys lacrosse team defeated Yorktown in the district championship game for the program's first district title, leading head coach Patrick Gallagher to say: "I think it's really going to show them that it doesn't matter what sport it is — this is the ultimate sport to beat them in — if we can beat them in [lacrosse], we can beat them in football, we can beat them in basketball, it doesn't matter." The following fall, the W-L football team ended its losing streak to Yorktown.

What Happened Last Season:

The football team advanced to the regional semifinals. The girls cross country team, propelled by twin sisters Isabel and Helen Amend, won a National District championship. The boys soccer team dominated en route to a district championship. The Generals were minutes away from advancing to the state tournament, but lost a late lead against Lake Braddock in the regional semifinals. W-L finished 16-2-1 and outscored its opponents 79-13. The girls soccer team finished district runner-up.

Historic Achievements: The football program ended its 28-year losing streak to Yorktown in the fall of 2010. In 2009, the volleyball team defeated Yorktown for the first time in the program's his-



Lee running back Anthony Taylor, then a senior, carried 42 times for 255 yards and four touchdowns during a 2010 regional playoff victory against Yorktown.

Washington-

tory. The boys lacrosse team won its first National District championship in 2010.

Famous Graduates: Former Miami Dolphins safety Jake Scott graduated from W-L in 1963. Scott went on to win two Super Bowls with the Dolphins (VII and VIII), intercepting a pair of passes in Super Bowl VII en route to game MVP honors. Running back Reggie Harrison (1969 graduate) won a

pair of Super Bowls (IX and X) with the Pittsburgh Steelers. Actor Warren Beatty (1955) and actress Sandra Bullock (1982) also attended W-L.

Quotable: "We wanted to change history, and we wanted it more than them." — W-L linebacker Moussa Diallo, then a senior, after the football team snapped its 28-year losing streak against Vorktown

Sports

Getting To Know Wakefield Sports



Wrestling team produces three district champions, one region champion.

 $\textbf{School} \hbox{: Wakefield High School}.$

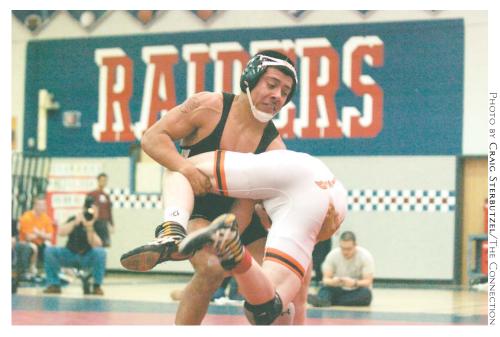
Mascot: Warriors.

School Colors: Kelly green and black. **Athletic Director**: Noel Deskins, 703-228-6733.

Football Coach: Keith Powell, (fifth year) The Warriors finished 1-9 for the second consecutive season, defeating Falls Church, 20-0, for their lone 2010 victory. Each of Wakefield's losses was by at least 20 points. Boys Basketball Coach: Tony Bentley Girls Basketball Coach: Marcia Richardson

Wrestling Coach: Jeff Humphries Baseball Coach: George Baker

What happened last season: The wrestling team produced three National District champions — Henry Vazquez (103 pounds), Henry Majano (130) and Victor Leavell (145). Majano won the Northern Region title and placed second in the state and finished the 2010-11 season with a 43-1 record, his only loss coming in the state



Wakefield 130-pounder Henry Majano, then a junior, won a National District championship and a Northern Region title in 2011.

championship match. The girls basketball team lost to Yorktown in the opening round of the National District tournament. The baseball team lost to eventual district champion Hayfield in the opening round of the district tournament. Leavell represented Wakefield in the 2011 Region Rumble Football All Star Game and saw playing time in

the secondary.

Historic Achievements: Majano became the first Wakefield wrestler since 1988 to win a region championship. The Wakefield boys basketball program has eight region championships to its credit since 1951 and a state championship in 1961, led by head

coach Maynard Haithcock and co-captain Henry "Ric" Duques. The Warriors posted a single-season record 28 wins under coach Tony Bentley during the 2004-05 campaign.

Famous Graduates: Michelle Duhart (1996 graduate) played on the 1998-99 Purdue women's basketball national championship team, averaging 3.7 points, 5.7 rebounds and more than 30 minutes per game for the Boilermakers. The 6-foot Duhart is Wakefield's all-time leading scorer with more than 1,000 points, and her No. 33 jersey is retired. Denver Broncos strength and conditioning coach Rich Tuten (1972) participated in football, wrestling and track for the Warriors. He enters his 17th season with the Broncos. Donna Floyd Fales (1958) was ranked in the United States Tennis Association top 10 from 1960-63 and 1965-66 and was the U.S. clay court singles champion in 1962. She was inducted into the Virginia All Sports Hall of Fame in 1997.

Quotable: "All three of us work hard in the wrestling room. We push each other. Two years ago, when this happened, we came up short. We work too hard not to win this." — Wakefield wrestler Henry Majano, then a junior, after Vazquez, Leavell and he won district championships in 2011. The trio each reached their respective district championship matches in 2009, but fell short.





SPORTS

ARLINGTON

Getting To Know Bishop O'Connell Sports

Former point guard Marshall starring at University of North Carolina.

School: Bishop Denis J. O'Connell High

School.

Mascot: Knights.

School Colors: Blue and silver.

Athletic Director: Joe Wootten, 703-237-

1455

Football Coach: Tony Green (interim). O'Connell won two of its first three games in 2010, but a tough Washington Catholic Athletic Conference schedule caught up to the Knights, who finished 3-7 under head coach Steve Trimble. O'Connell defeated Bishop Ireton, St. Mary's Ryken and Bishop McNamara. Green took over as interim head coach after Trimble's death in the offseason.

Boys Basketball Coach: Joe Wootten. Girls Basketball Coach: Jimmy Brown. Baseball Coach: Rick Hart.

Softball Coach: Tommy Orndorff. Rival School: Paul VI.

What happened last year: The girls



Bishop O'Connell's Michael Katz, then a senior, drills a Bishop Ireton quarterback during the Knights' 2010 season-opening victory over the Cardinals. The Knights finished 3-7 last year.

cross country team won the WCAC and VISC championships. The volleyball team finished runner-up in the WCAC Tournament. The wrestling team finished third in the WCAC Tournament. The boys and girls basketball teams each won a game in the state tournament. The softball team won the WCAC Tournament and finished state runner-up

Historic Achievements: The softball program has won nearly 90 percent of its games in 26 seasons under head coach Tommy Orndorff. The Knights captured

their 15th WCAC crown last season. O'Connell won 121 consecutive WCAC regular season games from 1999-2008. From 1997-99, the Knights went 106-2.

Famous Athletic Graduates: Kendall Marshall (2010 graduate) was a McDonald's All-American and considered one of the top point guards in the country. As a freshman at the University of North Carolina, Marshall played in all 37 of the team's games and made 20 starts. He led the team in assists and helped the Tar Heels reach the Elite Eight. Eric Metcalf (1985) went on to play

football at the University of Texas and was a first-round draft choice of the Cleveland Browns in 1989. Metcalf played running back and receiver but was most known for his exploits on special teams. He is the NFL's all-time leader in punt return touchdowns (10), a three-time pro bowler and a twotime first-team All-Pro selection. He also played for the Atlanta Falcons, San Diego Chargers, Arizona Cardinals, Carolina Panthers, Washington Redskins and Green Bay Packers. Metcalf was also a track standout at O'Connell, setting school records in the long jump, triple jump, 100, 200 and 400. He held find UT record and was top five in 15 other categories at the time of his 1989 graduation. Former Indianapolis Colts wide receiver and punt returner Terrance Wilkins graduated from O'Connell in 1994. Marcus Ginyard (2005) was the Gatorade Player of the Year and Mr. Basketball in the state of Virginia before playing at North Carolina.

Quotable: "I released it — I didn't think I released it very well. The wind kind of took it and laid it right into his hands and he scored. It was awesome." — O'Connell quarterback Nicholas Morabito, then a senior, describing his 75-yard touchdown pass to Zachary Allen in the Knights' 2010 season-opening victory against Bishop Ireton.

Winning 18 Medals in Northern Virginia Senior Olympics

Herb Levitan competed in 22 events last year.

By Denise Lew The Connection

rlington resident Herb Levitan is no ordinary senior citizen. In last year's Northern Virginia Senior Olympics (NVSO), he won 18 medals including 11 gold, 3 silver and 4 bronze medals while competing in 22 events. Levitan, at age 72, plans to compete in just as many diverse events again in this year's NVSO.

"Herb has been competing for many years and is a prime example of NVSO's motto: Living Healthy Longer. Each year he challenges himself as well as the other competitors in his age group. Herb embodies the Senior Olympics spirit and like all of the NVSO participants, is an inspiration to younger folks," said Judy Massabny, Arlington County's representative on the Northern Virginia Senior Olympics committee and co-coordinator of NVSO.

The NVSO is held annually in Northern Virginia and promotes health, fitness and the psychological well-being of senior adults. Residents 50 years and older can compete and fellowship through various athletic, recreational and social events. Arlington County co-sponsors NVSO, along with seven other Northern Virginia jurisdictions: Fairfax, Fauquier, Loudoun, Prince William, Alexandria, Fairfax and Falls



Herb Levitan earned the gold medal for the 1/2 mile swim in his age group at last year's NVSO.

Photo courtesy of Frank Ruth

Church. This year's NVSO will be held Sept. 17-28 and new events include cycling, volleyball, badminton, and the 1600 meter run.

"From the very first time I participated in the NVSO in 2005, I was impressed and delighted by the organization of the games, and the enthusiasm and encouragement provided by the numerous volunteers and other competitors. It is a wonderfully supportive atmosphere," said Levitan.

"This year I plan to participate in at least that many events in sports such as track and field, cycling, swimming, baseball, basketball, pickelball, table tennis and bocci. I am not measuring my "success" by the awards I win but by the diversity of events I compete in and my ability to improve my personal best," said Levitan.

Levitan has always enjoyed regular exercise and a variety of different sports but did

not compete in sports until after he retired. Levitan was educated as an electrical engineer and a neuroscience researcher at the National Institutes of Health before joining the faculty at the University of Maryland College Park as a professor, teaching neurophysiology for about 20 years. Levitan then served as a program director at the National Science Foundation for 14 years and has been retired since 2004.

"It is common knowledge that regular aerobic exercise is good for the health of diverse organ systems. Challenging yourself to learn new things and improving your performance in things you already do probably fosters the development and maintenance of nervous connections," he said when asked whether physical exercise helps keep the brain healthy.

Levitan especially likes cross-training (or

doing a variety of sports) because it motivates him to train, stay in shape and reduces the chance of injury. Swimming is Levitan's favorite sport due to the meditative aspect and gives him a "chance to practice, improve his strokes and compete as he gets older." Levitan competes athletically even outside of the NVSO, having completed four Olympic distance triathlons and the Nation's Triathlon in Washington, D.C. He plans or has participated in the state-run Virginia Senior Games, Maryland Senior Olympics and area triathlons.

The athlete credits his wife as an inspiration to his athletic success, who is also very health conscious and encourages him to keep up his active lifestyle. "I am happy pursuing my own path to fitness and health. I cheer Herb for his commitment to these competitions, and that is very satisfying," said Karen Levitan, who teaches Tai Chi for Arlington County senior programs and stays fit through yoga, biking, swimming and jogging.

Levitan sets a great example for his younger family members as well. "The fact that my children and grandchildren are interested in what I am doing and encouraging, and seem to take pride in what I am doing, and say that I set an example for what they should aim for as the get older, motivates me to continue my participation and seek additional challenges," he says.

For more information on participating in this year's NVSO, visit www.nvso.us or contact Judy T. Massabny at jmassa@arlingtonva.us or 703-228-4721.

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- Dealerrater Quote

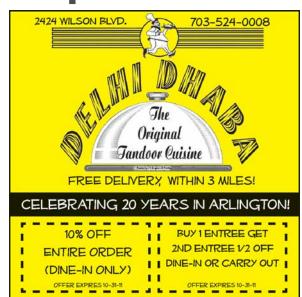


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CLARENDON Clarendon Day 2011

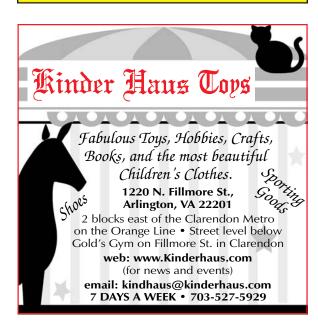


Up to Date information at www.clarendonday.org

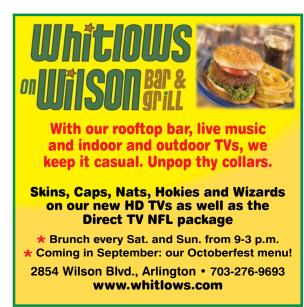




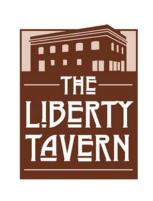












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Interested in performing at Clarendon Day? Contact the Clarendon Alliance at 703-812-8881 or by email at alliance@clarendon.org