

Herndon's Artists on Display

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Visitors to this year's Paint Herndon ride a 1953 Farmall Super M tractor at ArtSpace Saturday, Sept. 3.

PHOTO BY ALEX McVEIGH/THE CONNECTION
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PHOTO BY BETH GARRIGAN

Walker Road at the bend by the pond was completely flooded. The asphalt washed away and a police car washed off the road was left abandoned.



PHOTO BY AMIEE FREEMAN/THE CONNECTION

At about 2:30 p.m. Thursday, Sept. 8, a tree fell on a school bus on North Shore Drive near the intersection with Fairway Drive in Reston. The bus driver and assistant sustained non-life threatening injuries; the students were not injured.

Two Die in Floods, Some Roads Still Closed

Drownings occurred in Oakton and Great Falls, while several bridges in Great Falls and McLean remain washed out.

BY ALEX MCVEIGH
THE CONNECTION

Two people in western Fairfax County were killed in floods that were the result of more than 10 inches of rain that have fallen over the past two days. Jack Donaldson, 12, of Oakton and Arsalan Hakimi, 67, were both caught in floodwaters in two separate incidents, according to Fairfax County Police.

Donaldson was in his backyard at the 9700 block of Marcliff Court in Vienna when he was reported missing around 6 p.m. Thursday. His body was found at around 8 p.m. in Piney Branch Creek off of Lawyers Road.

Around 7 p.m. Thursday night, Hakimi was driving his Toyota Yaris on Beach Mill Road near Club View Drive, which is northeast of River Bend Country Club, when he apparently tried to get out of his car and was swept away by waters.

In Great Falls, bridges on Springvale Road, Beach Mill Road, Walker Road and Leigh Mill Road were all flooded over, and parts of Old Dominion Road, Walker Road and Swinks Mill Road are still closed due to damaged pavement.

Fairfax County Fire Chief Roland Mastin said Friday that at times there was an enor-



CRAIG STERBUTZEL/THE CONNECTION

Hunter Mill Road between Vienna and Reston the day after the storm.

mous backlog of calls for help in their queue while emergency personnel responded.

"We were inundated with flooding last night in this county and the surrounding areas," he said. "Our resources were overtaxed, we had calls waiting for units to be available to respond, we had close to 100 at one time. We're very fortunate here in Fairfax, not only to we have a career staff, but volunteers as an extra contingent of well-trained personnel that can step up at these times ... We had some very heroic rescues last evening."

Frank Smith, Chief of the Great Falls Volunteer Fire Department, said his personnel spent the entire night responding to calls.



PHOTO COURTESY VIENNA POLICE DEPARTMENT

A brick wall at 421 Church Street NE collapsed during the storms Thursday night. Vienna Police said there were no injuries.

"At one point, we had 11 simultaneous rescues going on," Smith said. "We had a rescue where a woman had fallen and was stuck in her basement as it flooded."

Master Police Officer Bill Murray of the Vienna Police Department reported that in addition to the usual fallen tree limbs, there was a partial building collapse at 421 Church Street NE.

"Nothing crazy, just a wall of bricks that fell during the night. No injuries," he said.

Mastin said that in the days before the flood, they had released lists of locations

that commonly get flooded out, and he urged caution to people traveling on roads with flowing water on them, even though it may seem shallow.

"The day before we had put out a list of every place we know historically in Fairfax County that has flood issues," he said. "Sometimes folks still try to drive through those waters, no matter how problematic it will be. There's a mindset in this region that when it's time to go home, we're going home no matter what."

Mastin said that while it's the job of public safety officials to help those in need, that the more prepared the public is, the safer everyone will be.

"The citizenry, the businesses play a huge role, because if you're not at risk, we don't have to risk ourselves to help you," he said. "I think sometimes we take the [flash flooding] warning for granted, but flash flooding was exactly what it was last night. The water is just below your knees, then by the time you get to the door, it's up to your chin."

According to Fairfax County, storm drains may be backed up or clogged with debris as a result of current flood conditions. To report such blockage, use the Storm Drainage Report Form, located at http://www.fairfaxcounty.gov/dpwes/utilities/sdflood_form.htm, or call the Maintenance and Stormwater Management Division at 703-877-2800.

To report sewage backup in a home, an overflowing manhole or if there is an odor relating to a sewer, call 703-323-1211.

For street flooding or trees blocking roads, call the Virginia Department of Transportation at 1-800-FOR-ROAD (367-7623).

Up-to-date storm information, as well as phone numbers and other resources can be found on the Fairfax County Emergency Information Blog at <http://fairfaxcountyemergency.wordpress.com>.

NEWS

A collage of Nurul Haque Mian and Shalika Yasmin is displayed at the All Dulles Area Muslim Society during their annual Peace Gathering and Law Enforcement Appreciation ceremony Wednesday, Sept. 8. The couple perished on Sept. 11, 2001 in the World Trade Center. Yasmin's father is an ADAMS community member.

Muslim Society pays tribute to victims, first responders.



ADAMS Remembers 9/11

BY ALEX McVEIGH
THE CONNECTION

The All Dulles Area Muslim Society held its 10th annual Peace Gathering and Law Enforcement Appreciation ceremony Wednesday, Sept. 7, as they have done every year since the attacks of Sept. 11, 2001. During the event local faith leaders, public safety officials and nonprofits spoke about how the events of that day changed their lives.

The event also paid tribute to Nurul Haque Mian and Shalika Yasmin, two people who perished on 9/11 in the World Trade Center. The couple had been married that year, and ADAMS community member Sharif A. Chowdhury is Yasmin's father.

Farooq Syed, president of ADAMS, said that while the society was founded before the attacks, the annual gathering was right in line with the principles it was founded on.

"I think about this gathering and see that, when we started this organization, the founding fathers had this kind of work in their mind," he said. "We have been doing this kind of work for many years, but I think with Sept. 11, we doubled our efforts and we have been doing more interfaith work, reaching out to people."

ELECTED OFFICIALS from around the community also at-

tended the event. State Sen. Janet Howell's (D-32) son Eric had just started his job at the World Trade Center before the attacks, and she didn't discover until later in the day that he made it out.

"We knew he was there, but we did not know exactly where he was. And like so many others, I saw on the Today Show the plane hitting the first tower and then the second tower and frankly, I fell apart. Absolutely fell apart," she said. "A few hours later we got a call from Eric, as it turns out, he had been in the seventh building, that was the third building that fell."

Members of many faiths were present. Brother Sher Singh, a member of Loudoun Interfaith Bridges and a Sikh, said that his faith compels him to seek interfaith cooperation.

"The expression of interfaith values and beliefs is so fundamental and core to our beliefs," he said. "To me, standing up with my identity, I stand up for what my core values are."

Herndon Mayor Steve DeBenedittis said that while the events are painful for many, he was heartened by seeing the way people sought the comfort of each other in such difficult times.

"Often the passage of time leads to a fading of memory, with the distance of many years serving to soften our impressions of past events. Not so with Sept. 11," he said. "All of us lost a great deal that



State Sen. Janet Howell (D-32) shares her memories of 9/11 at the All Dulles Area Muslim Society Wednesday, Sept. 8.

day. And yet, amidst the horror and sadness, there was a coming together. People of all nationalities, of all faiths, standing in our shared grief, a testimony to the inherent goodness of mankind and a universal belief in the power of peace."

Del. Tom Rust (R-86), who was the mayor of Herndon during 9/11, remembers the community gathering together soon after the attacks, and feeling as though the community grew stronger together.

"One of the first events was a silent circle, all of us holding hands on the Herndon Town Green," he said. "Out of a tragedy something good can come. What came was that all of us have learned more about each other, about each other's faiths, cultures and beliefs, and because of that we are a stronger community."

Sajeel Ahmed, director of the Pentagon Renovation and Construction Program Office, shared

PHOTOS BY
ALEX McVEIGH
THE CONNECTION

with the audience how they were able to rebuild immediately in the aftermath of the attacks.

"The rebuild started right after the attack, we were already thinking, 'how do we rebuild the Pentagon?'" he said. "It usually takes two to three years to build that area, we did it in one year. We had about 1,000 plus workers working 24 hours a day, not taking a break, not needing any motivation, any speeches."

ADAMS members also honored members of Reston Interfaith, the Herndon based Foundation for Appropriate and Immediate Temporary Help and members of the Fairfax County Police Department, Fire and Rescue, Herndon Police Department and the FBI Washington D.C. Field Office.



From right, Rizwan Jaka, board member of the All Dulles Area Muslim Society, presents Fairfax County Police Reston District Station Commander Andre Tibbs with a plaque of appreciation Wednesday, Sept. 7 at the ADAMS annual Peace Gathering and Law Enforcement Appreciation ceremony.



Sajeel Ahmed, director of the Pentagon Renovation and Construction Program Office speaks about the rebuilding of the Pentagon in the wake of the Sept. 11, 2001 attacks.

FAITH

Celebrating Rosh Hashanah – The Jewish New Year

BY RABBI LEIBEL FAJNLAND
CHABAD OF RESTON-HERNDON

An awesome prayer will soon be heard in synagogues the world over, the Selichot—the penitential prayers, in preparation for the High Holy Days. With this prayer the imminent arrival of Rosh Hashana, the Jewish New Year, and Yom Kippur is palpable.

The sound of the Shofar — this most ancient of wind instruments, is already being sounded in preparation. Rabbis are putting the final touches on their Holiday sermons. And High Holiday tickets are fast becoming a hot commodity.

Each day brings us a day closer.

The days when, according to Jewish tradition, G-d inscribes and seals our destiny for the upcoming year are very near indeed, and we are scrambling to shore up our merits. There is much to be done and so little time, where does one start? The ladder to heaven seems to stretch on into oblivion. We are told to become more G-dly. But how?

Perhaps this story can be of help.

Before the High Holidays, the Jews of Nemirov would awaken well before the earliest signs of dawn to recite the selichot prayers, petitioning G-d for forgiveness. Even those Jews who did not normally come to synagogue, would show up for selichot prayers.

For some unknown reason, the Rebbe of Nemirov, never attended the early morning selichot prayers, giving his critics reason to claim that after all he was not so righteous. When the Rebbe's followers heard the demeaning words of his critics demanding to



know the Rebbe's whereabouts they would half-heartedly say, "The Rebbe is in heaven, petitioning G-d to grant forgiveness to his congregation."

One of the skeptics decided that he was going to put an end to these absurd claims, and prove that the Rebbe was a fraud.

On the night of Selichot, he audaciously slipped into the rabbi's house and lay under his bed. Before the crack of dawn, the Tzaddik awoke and rose from his bed. But he didn't dress in his rabbinic garb. He dressed in the clothes of a peasant, and went out into the thick woods with a hatchet tucked into his belt, all the while being closely followed by the skeptic.

The Rebbe chopped wood for a half hour, then dragged the load to a little isolated house in the forest and knocked on the door. The sick woman who opened the door of the freezing shack protested that she had no money to pay for wood. The wood chopper-Rebbe ignored her protests, setting the wood in the fireplace and lighting a fire, all the while assuring her that she could pay later. Only after the house was warm did the Rebbe return home, change his clothes, and set off for the synagogue — late of course for the early selichot services.

When the skeptics asked their friend who had hidden under the rabbi's bed whether it was true that the rabbi had indeed gone to heaven, all he could whisper was, "Heaven? Perhaps even higher!"

It is at this time that we all try to improve — to grow, to better our attitude and our behavior, to work on our relationship with G-d. But the ascent to heaven begins with love for our fellow.

High Holiday Services

In anticipation of the upcoming Jewish New Year, Chabad of Reston - Herndon has announced its High Holiday Services schedule.

Services For Rosh Hashana (Sept. 29-30) and Yom Kippur (Oct. 7-8) will take place at The Herndon Center, 406 Elden Street, Herndon. All

SCHOOL NOTES

Jennifer Davis of Herndon has been named to the spring 2011 dean's list at Frostburg State University of Frostburg, Md.

Kevin Wright of Oak Hill received a bachelor of arts in business administration and was named to the spring 2011 dean's list at Frostburg State University of Frostburg, Md.

Ruth Geiger of Herndon has received an associate in arts degree from Oxford College of Emory University in Atlanta, Ga. She is the daughter of Charles Geiger and Kathleen Geiger.

A number of Oakton residents have graduated from Marymount University of Arlington:

❖ **Silvia Campana**, bachelor of science in nursing.

❖ **Adrienne Johnson**, masters of business administration.

❖ **Heather Jones**, master of arts in human resource management plus certificates in human resource management and organization development.

the information for dates and times as well as to reserve, can be found at www.chabadrh.org.

Unlike many congregations, membership is not required to join. All are welcome, free of charge, regardless of background or affiliation.

Call Rabbi Leibel Fajnlend at 703-476-1829 or write to Rabbi@chabadrh.org.

❖ **Colleen Kampman**, bachelor of science in nursing.

❖ **Jacquelyn Miller**, bachelor of science in nursing.

❖ **Erin Mooney**, master of arts in community counseling.

❖ **James Poulsen**, bachelor of arts in business administration.

❖ **Marissa Rossoukh**, graduate certificate as family nurse practitioner.

❖ **Carmen Russell**, bachelor of arts cum laude in multidisciplinary studies with teaching licensure in special education.

❖ **Emily Stube**, master of education in elementary education.

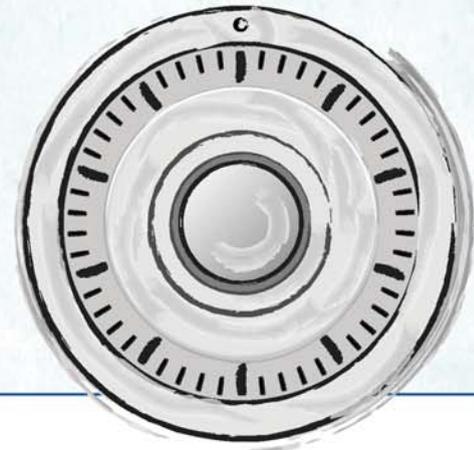
❖ **Julia Taegel**, master of education in English as a second language.

❖ **Kim-An Tran**, master of arts magna cum laude in Psychology.

Christian A. Guaglianone of Oakton has been named to the spring 2011 dean's list at Virginia Military Institute of Lexington. The chemistry major is the son of Lisa M. Barbieri.

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OPINION

Tune in for Elections

Vote early, but not before figuring out who, what, where, when and why.

Voting will be more complicated in some jurisdictions than others.

In Arlington, for example, figuring out what state senate district you are in is important; there are three possibilities, each is contested, and all of the choices are new to you or new to the Senate. In the 30th, Timothy McGhee (R) vs. Adam P. Ebbin (D); in the 31st, Caren D. Merrick (R) vs. Barbara A. Favola (D); in the 32nd, Patrick N. Forrest (R) vs. Sen. Janet D. Howell (D).

In Fairfax County, what is arguably the most important race this year is also nearly incomprehensible in its size and scope: school board, especially the at-large race. There will be at least seven candidates on the ballot for the three school board at-large seats, and only one incumbent, Ilryong Moon, who is endorsed by Democrats. Two more candidates were endorsed by the Democrats, Ted Velkoff and Ryan McElveen. There are three candidates endorsed

by the GOP, Lolita Mancheno-Smoak, Sheree Brown-Kaplan and Lin-Dai Kendall. Steve Stuban, father of a high school student who died of suicide earlier this year after being badly treated by the Fairfax County Public Schools disciplinary process, is also on the ballot. Technically, school board is non-partisan, but party endorsements have been important historically. FCPS controls more than 50 percent of the Fairfax County budget.

In the City of Alexandria, determining what Senate district you are now in and sorting out candidates will also matter. Could be 30th, Ebbin v. McGhee; 35th, Sen. Dick Saslaw (D) vs. Robert C. Sarvis (R) and Katherine Pettigrew (I); 39th, Sen. George Barker (D) vs. Miller Baker (R).

Virginia's state senate lines have changed dramatically, and all of Northern Virginia's races for Senate are contested by both major parties, so you'll have to tune in wherever you

dated to create concern and confusion.

Our concern is that the increased costs of Phase II, even after being reduced, will unreasonably affect toll rates. We respectfully request that you include in your next transportation plan an amount of dollars that will, at a minimum, keep tolls at no more than originally planned.

Thank you for your personal involvement working to reduce the costs of Phase II of the Dulles Metrorail extension. The efforts of all of us were successful in reducing the costs. We appreciate your pledge of \$150 million to help reduce the tolls to pay the state portion of the extension costs; however, we believe our area merits additional help from the Commonwealth.

Janet D. Howell
Virginia State Senate

Kenneth R. Plum
Virginia House of Delegates

Vote 'Yes' On School Bond

To the Editor:

Fairfax County Public Schools are invaluable to the community and to the future of Fairfax County. I encourage all county residents to vote "yes" on the school bond referendum on Tuesday, Nov. 8 to continue our County's trend of excellence in education.

Some of the most successful

people and companies from around the world have come to Fairfax County in large part because of our fabulous public school system. In order to build our reputation and keep Fairfax County as a destination for the best and brightest, we need to make a much needed investment in our school infrastructure. The bond will provide tax-free, low-interest funding for 19 renovation projects across the county and \$26 million for infrastructure projects and school security enhancements. With continued growth and high enrollment expected over the next five years, now is the time to make improvements to get our kids out of temporary "trailers" and into classrooms that are more conducive to learning.

Katherine Haskell
McLean

Why I Got Arrested

To the Editor:

I joined over 1,000 protestors who were arrested over a two-week period for sitting in front of the White House to oppose plans to build the XL Pipeline. Our goal was to publicize the other side of the Pipeline story: the Pipeline is a disaster at every stage — beginning with clear cutting the boreal forest, strip mining for the tarry sand, then separating oil out of the tarry sludge, thereby using more energy than the finished product puts out,

Election Dates

Friday, Sept. 23 is the first day for in person absentee voting.

Monday, Oct. 17 is the deadline to register to vote, either in person or mailed registration postmarked by that date.

Tuesday, Nov. 1 is the deadline to apply for an absentee ballot by mail.

Saturday, Nov. 5 is the last day to vote an absentee ballot in-person.

Tuesday, Nov. 8 is Election Day.

ELECTION INFORMATION

Arlington Board of Elections, 703-228-3456, www.arlingtonva.us/departments/voterregistration/VoterRegistrationElectionInformation.aspx

Fairfax County Board of Elections, 703-324-4700, www.fairfaxcounty.gov/eb/

City of Fairfax General Registrar, 703-385-7890, www.fairfaxva.gov/Registrar/GeneralRegistrar.asp

Alexandria Board of Elections, 703-746-4050, <http://alexandriava.gov/Elections>

live.

Every voter should consider voting early via "in person" absentee voting. Given the traffic nightmares caused by earthquakes, flooding and man-made problems, anyone could find oneself unable to get to the polls if something goes awry on Election Day.

continuing with transportation through the U.S. heartland to refineries in the Gulf. The expectation that we will get abundant oil from tar sands will delay any progress towards solving our oil addiction. And worst of all, a thirsty U.S. market will encourage even more of the filthy tar sand separation process over the years, producing even more green house gases that speed us into a changed world.

Despite proponents' promises that the proposed XL Pipeline will deliver "ethical" Canadian oil to America, most if not all of the oil will be sent overseas, according to a September report by Oil Change International. Indeed, there is only one U.S. company, Valero Energy Corporation, that has committed to buying a significant amount of the tar sand oil, and it does not plan to sell in the U.S. at all. Valero has explicitly detailed to its investors its strategy of shipping oil overseas, with the punch line that Valero can carry out its strategy tax-free because its refinery is in a Foreign Trade Zone.

Yes, we were handcuffed and led by armed SWAT Team members to armored buses and transported to a station in Anacostia, where most of us were released after paying a \$100 fine. But our goal was accomplished — through the media and blogs, the other side of the Pipeline story was told.

Linda Burchfiel
McLean

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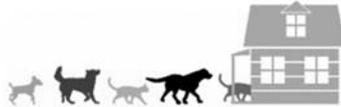


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—Ebner-Eschenbach



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Home Life Style

'Back to School Makeover'

BY JOHN BYRD
THE CONNECTION

Vienna's Johnson family, Christer, his wife Beth and daughters Natalie and Megan, recently remodeled the family-use areas of their circa 1960s Colonial with an eye to spending more time together, even when working at home.

"We wanted an enhanced environment that would make it easier for all four of us to interact, multi-task and learn from one another," says Christer, 40, an IBM executive who has occupied the 5,000 square foot residence with his family for nearly a decade.

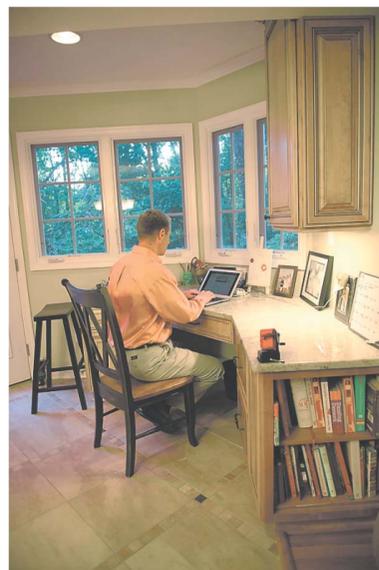
"I wanted it to be easier for Beth to do her work while keeping an eye on the girls, and for the girls to have some exposure to computers and the internet."

The family also wanted to a) access family living areas without tracking-in mud, b) keep down clutter, c) improve kitchen efficiencies with more visual contact to the outside and d) create an aesthetically cohesive whole.

Starting from these goals, Katherine MacNeil at Sun Design Remodeling in Burke commenced a plan that converts a boxed-in kitchen/great room into an open floorplan, including specified activity zones, uncluttered sightlines and an orderly sense of purpose crisply articulated in alcoves, anterooms and precisely-purposed built-ins.

"You could call it a back-to-school makeover", the designer quips.

MacNeil's first challenge was to render the



PHOTOS BY DEB COAR

Christer Johnson and his wife Beth (not pictured) can see their daughters Megan and Natalie Johnson from their "command center" in their remodeled kitchen.

Johnson program and budget as an actionable floorplan

"Katherine helped us visualize," Christer Johnson says. "Her drawings allowed us to

edit back a rather over-large program into ideas that are focused and manageable."

Hence:



The purpose of the renovation was to create a space where the family could multitask and learn from each other. Here, Christer and daughter Megan prepare dinner while daughter Natalie tackles homework and a father uses the computer in the background.

A needlessly long garage-to-kitchen hallway borrows a few square feet from the dining room to become a family entry, com-

plete with designated closets and cubbies; A U-shaped kitchen counter is replaced by a triangular food preparation island and dining counter;

A wing off the rear of the house, a hexagonal-shaped bump out, accommodates a custom-designed work-station.

"This is the command center," MacNeil points out. "It's the spot where adults can check on work projects without leaving the family, and the kids can start homework with Mom nearby."

Naturally, a key consideration is where this essential cockpit should be located. One can't have a "command center" in the middle of primary traffic streams, so MacNeil proposed an octagonal alcove that extends the rear elevation from the breakfast area. A steel I-beam now supports a portion of the existing rear bearing wall. The alcove also features several divided-light windows and a glass-facing door.

The set-up allows Beth to work from the computer while keeping an eye on the kids playing in the backyard. It's also situated so that she can oversee the children's online activities while preparing dinner.

The work-station complements the existing decor, which mainly deploys traditional furnishings and soft neutral colors.

The solid maple desk features a spacious ivory-hued granite surface. Bookcases and cabinets — finished in a brown antique glaze — were built by Sun Design carpenters to satisfy specific household requirements.

Other original pieces include an alderwood hutch, a floor-to-ceiling wet bar and surfaces, plus drawers and cabinets for a wide array of tasks and tools.

"The built-ins make it clear that living productively is really about knowing what you need, and how to put the whole picture together" Christer says. "Having an experienced guide conduct the process is enormously helpful."

Sun Design Remodeling holds workshops on home remodeling topics at their office in Burke. 703/425-5588 or www.SunDesignInc.com

Big Design for Small Spaces

Interior designers use smart storage strategies and lighting to make small spaces feel bigger.

BY MARILYN CAMPBELL
THE CONNECTION

Whether in a tiny apartment or a sprawling home, most people have encountered a small-space dilemma. A few local interior designers share their suggestions challenges from cramped kitchens to limited storage.

COLOR

Lauren Liess of Lauren Liess Interiors in Herndon says never underestimate the power of color.

"It can either open up a room or make it feel smaller, she said. "Some people might want to make a small room feel cozy so they might use a darker color, while others might want to open it up so they might use a lighter color."

"Using a common color throughout threads through the house and brings fluidity to the

space," said Alex Deringer who owns 2 Ivy Lane Interiors along with her design partner Courtney Cox. "A common thread of color adds a casual elegance. It is a unifier."

Not everything needs to be beige. Bold colors can work in small spaces too. "Think of [furniture] as a little black dress," said Deringer. "You can start with neutrals and always accessorize it with color through pillows or other accessories."

Lighting is important in any space, but is vital to a small space. "You don't want [small homes] to feel cramped or tight," said Laura Campbell of Peabody Architecture. "We try to alleviate that with lots of natural light."

Elizabeth Todd saw the significance of lighting when she purchased a two story building in Old Town Alexandria. She turned the top level into an apartment which she rents to her sister. Her biggest issue: the home had only two windows.

Todd, who houses her store The Shoe Hive

in the building's bottom level, said: "The first thing that I thought of when I got up there was 'how do you make this place lighter?' That is the thing that we struggled with the most."

Todd called on Alex Deringer and Courtney Cox of 2 Ivy Lane Interiors to tackle the issue. The design duo added recessed lights and skylights to give the space an airy feel.

"Whether it is achieved through table lamps, floor lamps, recessed lighting or chandeliers, a proper lighting plan adds to the ambience and mood that is set in a room," said Deringer.

Just because a kitchen is small on space doesn't mean that it can't be big on style and efficiency. "Open shelving instead of upper cabinetry in the kitchen really adds to the feeling of space in a kitchen," said Liess.

Nicole Reynolds tried this technique when

she purchased her home in Old Town Alexandria four years ago. Built in 1825, the home is just over 1300 square feet and has low ceilings and a galley kitchen. None of the appliances had been updated in more than 20 years.

"Everything needed to be replaced, and I was worried about not having enough cabinet space," said Reynolds. "I wanted something chic and neutral because it is such a small space."

Deringer and Cox created a kitchen for Reynolds using soft colors, glass-front cabinets and small scale-appliances like a dishwasher drawer instead of a standard version.

"Most manufacturers have smaller depth, smaller width appliances that can fit into smaller spaces," said Deringer.

Another space-creating option for homeowners is to add cabinet fronts to appliances in a wood that match a kitchen's existing cabinetry. "If that is not an option,



PHOTO BY HELEN NORMAN

Lighting is important in any space, but is vital to a small space. Herndon-based interior designer Lauren Liess uses both natural and lamp light in the small bedrooms in her home. In the master bedroom, the dog Asby tucks under the covers.

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OPEN HOUSES

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11500 Fairway Drive #506, Reston • \$400,000 • Open Sunday 1-4 p.m. • Peter Burke, Weichert, 703-786-3334

When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper. For more real estate listings and open houses, visit www.ConnectionNewspapers.com & click the Real Estate links on the right side.

Call Specific Agents to Confirm Dates & Times.

McLean

1519 Pathfinder Ln.....\$1,249,900...Sun 1-4.....Monica Gibson.....Keller Williams.....703-944-3434
1008 Eaton Dr.....\$1,499,000...Sun 1-4.....Jane Price.....Weichert.....703-628-0470

Oakton

10418 Adel Road.....\$785,000...Sun 1-4.....Judith La Morte.....Long & Foster.....703-961-7110
11017 Blenheim Dr.....\$745,000...Sun 1-4.....Carol Taylor.....Long & Foster.....703-873-5688

Reston

1509 Autumn Ridge Cir.....\$399,900...Sun 1-4.....Sheri Daniel.....Keller Williams.....703-489-2656
11500 Fairway Dr #506.....\$400,000...Sun 1-4.....Peter Burke.....Weichert.....703-786-3334

Sterling

47593 Watkins Island Sq.....\$369,900...Sun 1-4.....George Candelori.....Weichert.....703-360-7400

Vienna

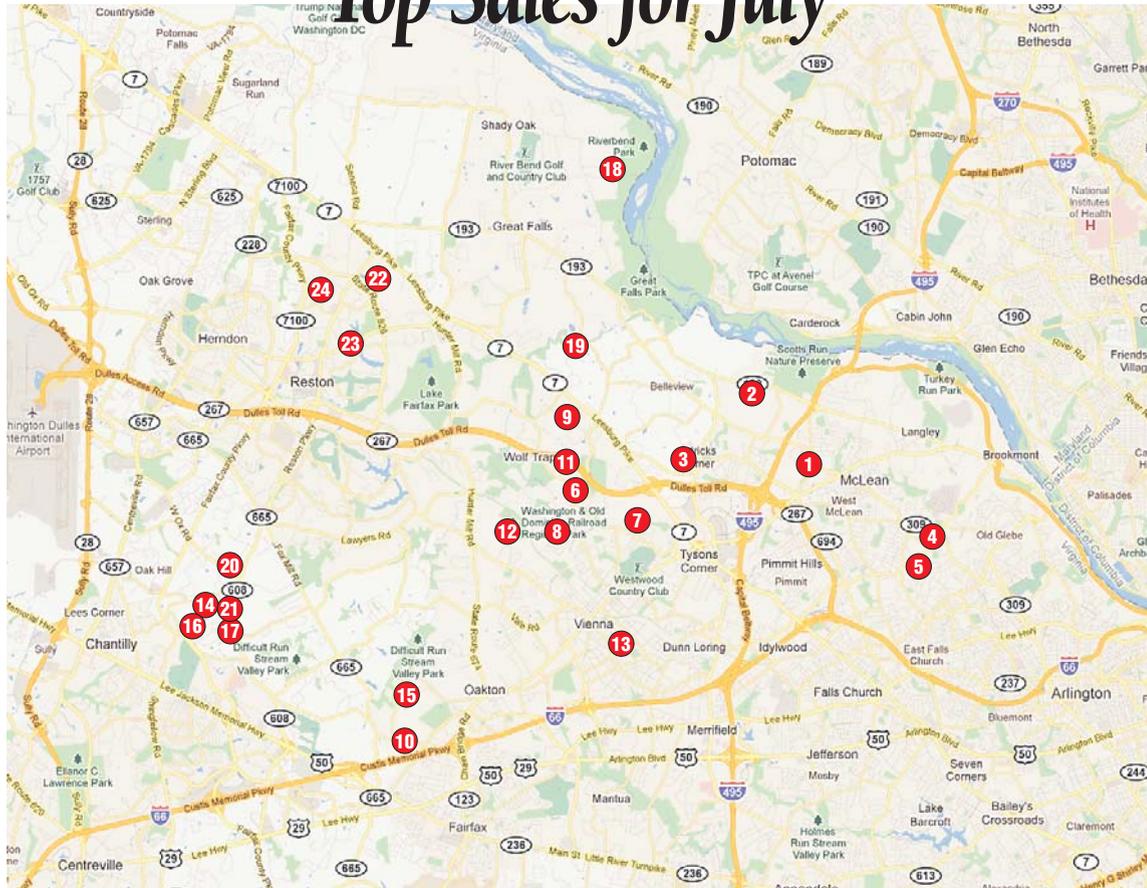
8608 Peppertine Dr.....\$477,900...Sun 1-4.....Terry Belt.....Keller Williams.....703-242-3975
10289 Johns Hollow Rd...\$1,395,000...Sun 1-4.....Kiran Masson.....Long & Foster.....703-790-1990
10600 Chamberlain Dr.....\$949,000...Sun 2-4.....Jan Evans.....Washington Fine Prop. 202-243-1601
1424 Rosewood Hill Dr.....\$799,900...Sun 1-4.....Pat Stack.....Weichert.....703-597-9373
1837 Batten Hollow Rd.....\$749,000...Sun 1-4.....Deborah Sevier.....Jobin Realty.....571-243-4743

To add your Realtor represented Open House to these weekly listings, please call Karen Pechacek-Washburn at 703-778-9422 or E-Mail the info to kwashburn@connectionnewspapers.com All listings due by Monday at 3 P.M.

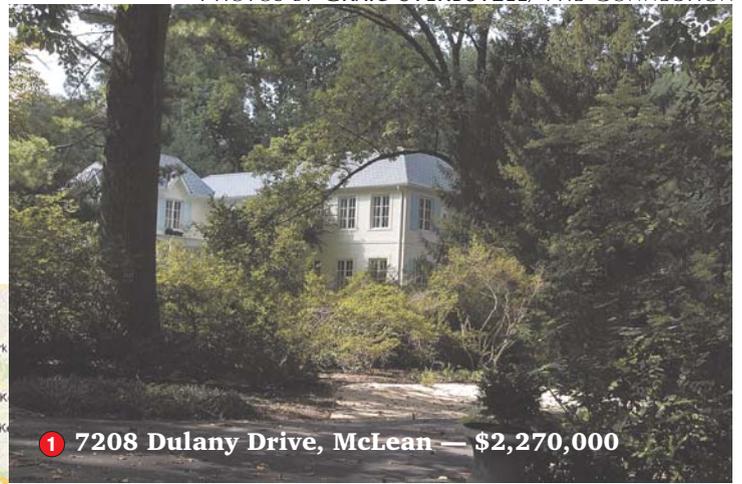
Fairfax County REAL ESTATE

Top Sales for July

PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION



© Google Map data



1 7208 Dulany Drive, McLean — \$2,270,000



14 12827 Rose Grove Drive, Oak Hill — \$1,255,000



15 3189 Wheatland Farms Drive, Oakton — \$1,250,000



18 9056 Jeffery Road, Great Falls — \$1,150,000



22 11331 Woodbrook Lane, Reston — \$815,000

Address BR FB HB . Postal City .. Sold Price Type Lot AC . PostalCode Subdivision Date Sold

1	7208 DULANY DR	6	...	6	...	1	MCLEAN	\$2,270,000	Detached	..	1.00	22101	ELMWOOD ESTATES	07/15/11
2	858 CANAL DR	4	...	3	...	2	MCLEAN	\$1,910,000	Detached	..	0.92	22102	OLD GEORGETOWN ESTATES	07/28/11
3	1212 DAVISWOOD DR	5	...	4	...	1	MCLEAN	\$1,750,000	Detached	..	0.83	22102	SUMMERWOOD	07/28/11
4	1762 KIRBY ROAD	5	...	6	...	2	MCLEAN	\$1,715,000	Detached	..	0.63	22101	CHESTERBROOK	07/21/11
5	1920 FRANKLIN AVE	5	...	4	...	1	MCLEAN	\$1,705,000	Detached	..	0.34	22101	FRANKLIN PARK	07/22/11
6	9598 THISTLE RIDGE LN	4	...	4	...	1	VIENNA	\$1,659,705	Detached	..	0.95	22182	THISTLE RIDGE	07/21/11
7	1702 IRVIN ST	6	...	5	...	1	VIENNA	\$1,447,221	Detached	..	0.50	22182	ANKERDALE	07/29/11
8	9703 LAYMINSTER LN	5	...	4	...	1	VIENNA	\$1,370,000	Detached	..	0.84	22182	FULL CRY FARM	07/22/11
9	9510 ATWOOD RD	4	...	4	...	1	VIENNA	\$1,330,000	Detached	..	1.00	22182	WELLS	07/28/11
10	3363 V LN	6	...	5	...	1	OAKTON	\$1,300,000	Detached	..	0.89	22124	OAKTON CREST	07/07/11
11	9541 NOORY CT	5	...	4	...	1	VIENNA	\$1,300,000	Detached	..	1.06	22182	SYMPHONY MEADOWS	07/21/11
12	10165 CLOVER GLEN DR	6	...	4	...	1	VIENNA	\$1,280,000	Detached	..	0.94	22181	WENDOVER II	07/18/11
13	119 TAPAWINGO RD	5	...	4	...	1	VIENNA	\$1,275,000	Detached	..	0.38	22180	VIENNA WOODS	07/01/11
14	12827 ROSE GROVE DR	5	...	4	...	1	OAK HILL	\$1,255,000	Detached	..	0.83	20171	OAK HILL RESERVE	07/29/11
15	3189 WHEATLAND FARMS DR	5	...	4	...	1	OAKTON	\$1,250,000	Detached	..	0.85	22124	WHEATLAND FARMS	07/15/11
16	12801 ROSE GROVE DR	4	...	5	...	2	OAK HILL	\$1,235,000	Detached	..	0.83	20171	OAK HILL RESERVE	07/29/11
17	12830 PARAPET WAY	6	...	5	...	1	OAK HILL	\$1,175,000	Detached	..	1.95	20171	OAKTON CHASE	07/25/11
18	9056 JEFFERY RD	7	...	5	...	1	GREAT FALLS	..	\$1,150,000	Detached	..	0.50	22066	RIVER BEND	07/20/11
19	9424 BRIAN JAC LN	4	...	3	...	1	GREAT FALLS	..	\$1,150,000	Detached	..	0.92	22066	SADDLEBROOK ESTATES	07/22/11
20	3053 PURPLE MARTIN PL	5	...	4	...	1	HERNDON	\$971,000	Detached	..	0.19	20171	RESERVE AT STONE HILL	07/25/11
21	12714 AUTUMN CREST DR	5	...	4	...	1	HERNDON	\$950,000	Detached	..	0.30	20171	FRANKLINS TRUST	07/13/11
22	11331 WOODBROOK LN	5	...	3	...	1	RESTON	\$860,000	Detached	..	0.22	20194	RESTON	07/06/11
23	1618 WOODSTOCK LN	3	...	2	...	1	RESTON	\$815,000	Detached	..	0.20	20194	RESTON	07/01/11
24	11870 FAWN RIDGE LN	5	...	3	...	1	RESTON	\$800,000	Detached	..	0.66	20194	RESTON	07/26/11

SOURCE: MRIS, INC. FOR MORE INFORMATION ON MRIS, VISIT WWW.MRIS.COM



PHOTOS BY ALEX McVEIGH/THE CONNECTION

From left, Paint Herndon judges Gennara Moore and Bill Firestone, ArtSpace Executive Director Robin Carroll and youth winner Mhairi Cameron Cadenazzi, 11, and her winning painting, "Secluded Peace."

From left, Paint Herndon judges Gennara Moore and Bill Firestone, ArtSpace Executive Director Robin Carroll and teen winner Kathryn Zobeck, with her painting "Buttons."

Herndon's Artists on Display

Annual Paint Herndon event features art competition.

BY ALEX McVEIGH
THE CONNECTION

By their very nature, paintings are static objects, snapshots of a place, idea or theme the artist has in mind. Which is why Mhairi Cameron Cadenazzi's painting "Secluded Peace" stood out at this year's Paint Herndon competition.

"I've danced since I was 2, and I've always liked painting movement," said Cadenazzi, 11, of Herndon, who won the youth category. "I had a still photo of a ballerina that I used for inspiration while painting."

Judge Gennara Moore said Cadenazzi's painting had all the hallmarks of what art should be.

"Art does a number of things. There's technical ability, but there's also the ability to make people feel," Moore said. "When I looked at this painting, I could feel this girl dancing." Cadenazzi was one of more than 30 artists who spent Saturday, Sept. 3 painting as part of the annual competition, held at Herndon ArtSpace. The occasion, which also marks the birthday of ArtSpace, featured prizes for artists in youth, teen and adult categories.

The lawn outside of ArtSpace was also part of the event. Visitors could view a number of restored, mid-century tractors, as well as build scarecrows and examine the works currently being shown at the gal-

lery.

Michelle Bersia of Herndon went out early Saturday afternoon to stop by the Herndon Farmer's Market, which was held in the adjacent lot, and found herself sucked into ArtSpace for a few minutes.

"I loved looking at the 'Peace and Quiet' exhibit (by artist Lori Simmerman Goll, winner of last year's Paint Herndon competition), the images were just sublime," she said. "I know it's Labor Day weekend, but the depictions of the beaches and the sky just transported me back to those mid-summer days."

Robin Carroll, executive director of ArtSpace, says while the other events are meant to be fun for the community, the contest is the primary feature of Paint Herndon. "For us, with our focus on art, the highlight of Paint Herndon is the competition," she said. "And we really had some great entries, and the judges had difficult decisions to make."

The difficult decisions started right off the bat for Moore and fellow judge Bill Firestone.

"When we walked into the room, we didn't know the adult and youth paintings had been separated by side," Moore said. "The youth and teen categories were really surprising, we couldn't tell which side was which."

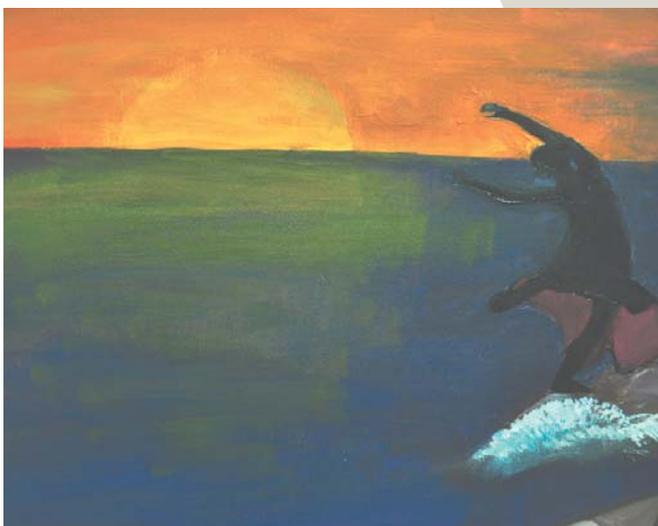
The grand-prize winner was Alfonso Ong's portrait of the train in downtown Herndon, "Cho Cho 504."

"He submitted three pieces, and they were all so detailed, so unbelievable, and they all said Reston and Herndon," Moore said. "When you look at ["Cho Cho 504"], it just pulls you in."

More information on ArtSpace can be found at www.artspaceherndon.com, at [facebook.com/herndonartspace](https://www.facebook.com/herndonartspace) and twitter.com/herndonartspace.



Michele Reyzer and her daughter Vivian, 4, of Herndon, examine one of the exhibits on display at Herndon ArtSpace Saturday, Sept. 3 during the annual Paint Herndon event.



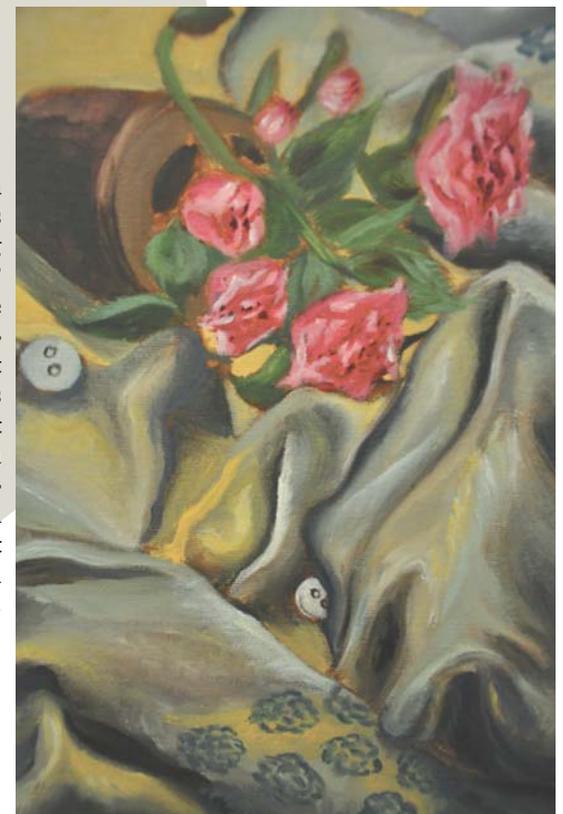
Mhairi Cameron Cadenazzi's painting "Secluded Peace" won the youth category at this year's Paint Herndon competition, held Sept. 3 at Herndon ArtSpace.

Paint Herndon Winners

❖Youth:
Honorable Mention: Elaine Zeng,
Winner: Mhairi Cameron Cadenazzi,
"Secluded Peace"

❖Teen:
Winner: Kathryn Zobeck, "Buttons"

❖Adult:
Honorable Mention: Lorrie Herman,
"Othe Outhouse" and Mike Rayburn,
"Downhill"
Third Place: Jill Banks, "Old Town Herndon"
Second Place: Vicki Blum, "Garlic"
Winner: Alfonso Ong, "Cho Cho 504"



Kathryn Zobeck's painting "Buttons" won the teen category at this year's Paint Herndon competition, held Sept. 3 at Herndon ArtSpace.

FAITH NOTES

Faith Notes are for announcements and events in the faith community, including special holiday services. Send to herndon@connectionnewspapers.com. Deadline is Thursday.

Unitarian Universalist Congregation of Fairfax, 2709 Hunter Mill Road in Oakton, seeks female actors for production of "Mother Wove the Morning", a play by Carol Lynn Pearson. All ages and types needed. Play will be performed Oct. 21-22 and proceeds benefit The Fistula Foundation. Auditions will be held on Tuesday, Sept 13. Schedule an audition appointment at www.uucf.org or scbennett@cox.net 703-281-4230.

Mount Pleasant Baptist Church, 2516 Squirrel Hill Road in Herndon, will celebrate their 145th Anniversary with a revival-style series throughout September. The theme for the 145th Anniversary is "Mobilizing the Masses for Ministry." Each Wednesday in September, 7 p.m. services will begin with Praise and Worship led by gospel choirs and guest preachers. www.mtpleasantbaptist.org or 703-

793-1196.

♦Sept. 7. Dr. Cynthia Hale, Ray of Hope, Decatur, Ga.

♦Sept. 14. Bishop Walter S. Thomas Sr., New Psalmist Baptist Church, Baltimore.

♦Sept. 21. Co-Pastor Suzie Owens, Greater Mt. Calvary Holy Church, Washington D.C.

♦Sept. 28. Dr. Howard John Wesley, Alfred Street Baptist Church, Alexandria.

♦Anniversary Sunday, Sept. 25. Services at 8 a.m. and 10:30 a.m. with Dr. Marion H. Newton, Jehovah Missionary Baptist Church, Sumter, S.C., and Evangelist Dr. Willie Mae Lee, Pentecostal Church of God in Christ, Port Salerno, Fl. A celebration of food and fellowship will follow the 10:30AM service.

Hope Fellowship Church will temporarily be meeting at Woody's Golf Range, 11801 Leesburg Pike, Herndon. Sunday Worship Services for the Southern Baptist church are at 10:45 a.m. The public is invited to join a Bible believing, multi-ethnic/multi-cultural congregation, with Bible-based sermons and uplifting music. 703-599-3527 or www.hopefellowshipchurchloudoun.org.

ENTERTAINMENT

Send announcements to herndon@connectionnewspapers.com. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com.

THURSDAY/SEPT. 15

C-Note Art Sale. 5-8 p.m. Greater Reston Arts Center, 12001 Market St., Suite #103, Reston. Over 300 pieces of original artwork by local artists. Proceeds support GRACE's exhibitions, educational programming and the participating artists. Free admission. www.restonarts.org.

Book Discussion. 7 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Crescent by Diana Abu-Jaber. Adults. 703-242-4020.

E-Book / E-Reader Instruction. 7:30 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Learn about e-book reader options and/or your e-book reader. Call for an appointment. Adults. 703-242-4020.

FRIDAY/SEPT. 16

Hispanic Heritage Month Family Day. 10 a.m.-3 p.m. Smithsonian National Air & Space Museum Udvar-Hazy Center, 14390 Air and Space Museum Parkway, Chantilly. Latin-Americans' contributions to aviation and space exploration, bilingual story times, tours, book signings and hands-on activities. 202-633-1000 or <http://airandspace.si.edu/HazyFamilyDays/>.

C-Note Art Sale. 11 a.m.-8 p.m. Greater Reston Arts Center, 12001 Market St., Suite #103, Reston. Over 300 pieces of original artwork by local artists. Proceeds support GRACE's exhibitions, educational programming and the participating artists. Free admission. www.restonarts.org.

Jam Brew Concert Series. Enjoy the sounds of The Green Beets and The Kirk McEwen Band on the Herndon Town Green, 6 p.m. - 10 p.m. Sample some new brews, or enjoy an old favorite under the stars with friends. Proceeds will benefit the Wounded Warrior Project and the National Transplant Assistance Fund, as well as promote Herndon and its hospitality industry.

SATURDAY/SEPT. 17

Sally Ride Science Festival. 11 a.m.-5 p.m. George Mason University, 4400 University Drive, Fairfax. For girls in grades 5-8. Discovery workshops by local scientists and engineers, talks by a featured speaker, workshops on ways to support students' interests in science and math and a Street Fair with booths, hands-on activities, food, and music. Admission \$20, registration required. hdelacruz@sallyridesience.com.

The Satyr Hill Band. 7:30 p.m. Holy Cross Lutheran Church, 1090 Sterling Road, Herndon. Bluegrass, New Grass and Americana style music. \$12. 703-435-8377 or www.satyrhill.com.

Fairfax Symphony Orchestra. 8 p.m. George Mason University Center for the Arts, 4400 University Drive, Fairfax. Christopher Zimmerman, conductor, with "Music Made for You." 888-945-2468 or www.fairfaxsymphony.org.

C-Note Art Sale. 11 a.m.-5 p.m. Greater Reston Arts Center, 12001 Market St., Suite #103, Reston. Over 300 pieces of original artwork by local artists. Proceeds support GRACE's exhibitions, educational programming and the participating artists. Free admission. www.restonarts.org.

Fairfax Symphony Orchestra. 8 p.m. George Mason University Center for the Arts, 4400 University Drive, Fairfax. Featuring violinist Karina



The Temptations and The Four Tops will perform their R&B hits on Thursday, Sept. 25 at 8 p.m. at the Wolf Trap Foundation for the Performing Arts, 1624 Trap Road, Vienna. \$38 in-house, \$22 lawn. www.wolftrap.org.

Canellakis. Corigliano's Three Hallucinations, Chausson's Poème, Saint-Saens' Introduction and Rondo Capriccioso, and Berlioz's Symphonie Fantastique. Free pre-concert discussion for ticketholders with Rachel Franklin at 7 p.m. Tickets \$25-\$55. info@fairfaxsymphony.org.

Neighborhood Plant Clinic. 10 a.m.-1 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. The Fairfax County Master Gardeners Association gives tips and strategies. Cosponsored by the Virginia Cooperative Extension Service. 703-242-4020.

Art Reception. 6-8 p.m. Applegate Gallery & Custom Framing, 101 Church St. N.W. Suite C, Vienna. "Things French" by Kay Eghazy. info@applegateframing.com.

SUNDAY/SEPT. 18

A Grand Piano Celebration. 3 p.m. George Mason University Center for the Arts, 4400 University Drive, Fairfax. This event marks the launch of the Dr. Linda Apple Monson Music Endowment Fund, which honors the commitment and impact Monson has had on Mason's School of Music. The fund will support student scholarships and related programs in the School of Music. Post-concert reception on the Center's Grand Tier III at 5 p.m. Tickets \$20-\$75. 888-945-2468 or cfa.gmu.edu.

C-Note Art Sale. 11 a.m.-5 p.m. Greater Reston Arts Center, 12001 Market St., Suite #103, Reston. Over 300 pieces of original artwork by local artists. Proceeds support GRACE's exhibitions, educational programming and the participating artists. Free admission. www.restonarts.org.

Colonial Fall Chores. 1-4 p.m. The Claude Moore Colonial Farm, 6310 Georgetown Pike, McLean. Help the colonial farm family prepare for winter with 18th century fall chores at this working farm. Clear brush from fields, stack wood for the hearth, help repair old fencing or participate in other colonial farm tasks. The colonial farm family welcomes all extra hands. Comfortable clothes and work gloves suggested. \$3 adults, \$2 children and senior citizens. 703-903-9330 or www.1771.org.

Fall Festival. 11:30 a.m.-1 p.m. Vale United Methodist Church, 11528 Vale Road, Oakton. Lunch will be served. Moon bounce, balloon animals, live music and more. Free. 703-620-2594.

Jam Camp Concert. 4:30-7:30 p.m. The Music Loft, 1141 Elden St. Suite

212, Herndon. Five bands performing songs by Queen, The Who, Green Day, Adele, The Beatles, The Rolling Stones and more. 703-956-6563 or www.TheMusicLoftOnline.com.

King Street Brass. 4 p.m. St. Timothy's Episcopal Church, 432 Van Buren St, Herndon. An evening of music for brass quintet and organ. \$25 donation per person will be accepted at the door. All proceeds benefit the pipe organ building fund. 703-437-3790.

TUESDAY/SEPT. 20

One-on-One Computer Tutoring. 2 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Learn the basics of the Internet, Word and Excel. Call for an appointment. Adults. 703-242-4020.

WEDNESDAY/SEPT. 21

Apple Apple! Preschool Storytime. 11 a.m. Herndon Fortnightly Library, 768 Center St., Herndon. Stories and rhymes about apples. Age 3-5 with adult. 703-437-8855.

One-on-One Computer Tutoring. 3 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Learn the basics of the Internet, Word and Excel. Call for an appointment. Adults. 703-242-4020.

THURSDAY/SEPT. 22

Before Reston: The Bowman Family. 7 p.m. Reston Community Center, Lake Anne, 1609A Washington Plaza, Reston. A presentation on the Bowman family and the 1927-1961 era, including the history of the Bowman Distillery that produced Virginia Gentleman bourbon in Reston through the 1980s. 703-709-7700 or restonmuseum@gmail.com.

Big Apple Circus. 7 p.m. Dulles Town Center, 21100 Dulles Town Circle, Dulles. Performers from around the globe. 888-541-3750 or bigapplecircus.org.

Registration for English Class. 5:30 p.m. Herndon Fortnightly Library, 768 Center St., Herndon. The Family Learning Program provides group English instruction for parents while children participate in activities. Adults. 703-437-8855.

Friends of Oakton Library used book sale. 10 a.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Great selections for kids, teens and adults. Proceeds support library programs and services for the community. All ages. 703-242-4020.

COMMUNITIES OF WORSHIP



GOOD SHEPHERD
LUTHERAN CHURCH
Making more and better disciples of Christ

1133 Reston Avenue, Herndon, VA 20170
Worship: Sunday, 8:00 A.M. and 11:00 A.M.
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21 Announcements 21 Announcements
OBITUARY
Arsalan Hakimi, 67. On September 8, 2011, our be-
loved departed this life suddenly and flew to his final destina-
tion. A devoted father, a loving husband, a gentle grandfa-
ther, a caring brother and a loyal friend, Arsalan brightened
our daily lives with his kindness, optimism and tender smile.
Arsalan was born in Iran. He graduated from the Iran Bank-
ing Institute and became a divisional director at the Central
Bank of Iran. Arsalan had a profound love for adventure, and
spent much of his time leading hiking and skiing expeditions
throughout Iran's rocky mountains. He enjoyed coaching chil-
dren's tennis, Persian poetry, and entertaining loved ones
with his guitar and his serene voice. Love of humanity was
the tenet by which Arsalan lived his life. He was a true role
model, and his legacy will continue to inspire us all.
Arsalan will forever live in the hearts of his loving wife Sho-
kouh Mobasher, daughter Tina (Hakimi) Moazami, son Sam
Hakimi, son-in-law Bijan Moazami, grandchildren Cyrus and
Darius Moazami, and countless family members and friends.
We will celebrate Arsalan's life and bid farewell on Thursday,
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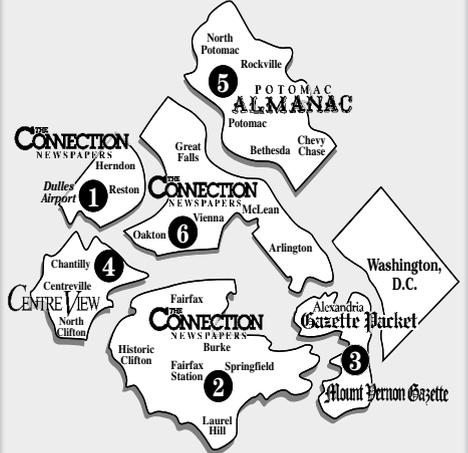
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A Cut Above— And Across



By KENNETH B. LOURIE

Even though I heard first what I eventually saw, it was still an extremely pleasant sight to see: one of my neighbors, chain saw in hand, cutting through a tree that had fallen across our driveway (care of Hurricane Irene), blocking our cars' exit, rendering us somewhat trapped. Nevertheless, aside from this crossing and miscellaneous other non-threatening tree and branch damage in our yard, we experienced minimal effect and even less inconvenience, other than losing our cable service (television and computer) for a few days. Overall, we endured the Hurricane fairly well, fortunately.

Living in a 250-year-old log cabin surrounded by trees presumably just as old, storms such as these, however, long ago stopped being a source of curiosity and bemusement. The combination of a saturated ground and high winds – before, during and after the torrential rains fell, gives me pause, not to refresh, but rather to worry if this time, our house will be hit by a 100-foot Maple. Given the age and number of trees on our property, the sound of cracking branches, breaking limbs and trees toppling to the ground has hardly been uncommon during our 19-year residence. Only once though, has a tree actually landed on our house, fortunately with minor damages. Still, having experienced it once hardly prevents it from happening again. The law of averages doesn't exactly work in determining the likelihood of a tree falling on our house. In fact, in my mind, it's only a matter of time. It's inevitable, given the nature – of nature, that one day, probably sooner than later, the next sound I hear will be either my wife or myself screaming while staring at a fallen tree – in our living room.

Until that day comes, I can only anticipate the disruption and consider what preemptive "proaction" I could take. I suppose someone with the other half a brain that I don't have could easily plan for such an occurrence and purchase the necessary tools of the trade to circumvent – and presumably prevent, what many homeowners – other than me, consider their primary responsibility: property damage.

However, I have so little experience and even less training and instincts in such matters that when a situation arises that requires a homeowner to act without consulting the manual, the half a brain that I possess doesn't quite know what to do. I simply hope for the best and try not to worry about the worst. (Oddly enough, as I sit and write this column about gratitude and trees falling, my philosophy seems to mirror my attitude toward my having cancer: control what you can, don't worry about what you can't; try to think positively, know your limitations/don't take on more than you can handle, and always be grateful for the assistance and understanding of others and most importantly, don't be afraid to ask for that understanding and assistance.)

Today, my neighbors, the Darlings, went above and beyond the call of neighborly duty: seeking us out to solve our problem. Though I am not in any kind of distress due to the cancer, I am nonetheless compromised a bit by its hold on me; not so much emotionally, but physically for sure. Moreover, problem solving doesn't seem to happen as instinctively as it once did. As such, before I could even begin to stress over our "tree-dicament," I heard the "most respected tool in the homeowner's arsenal:" the chainsaw whirring away up our driveway. And when I walked outside to inquire further to see who had come to our aid, I saw my neighbor Allan doing for me what I can no longer do for myself: manual labor and heavy lifting. What a wonderful sight! Thanks again for your help. It is most appreciated.

Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.

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THE CONNECTION
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Herndon Football Wins at South Lakes

Hornets run the ball effectively in victory over South Lakes.

BY RICH SANDERS
THE CONNECTION

Cross-town rivals Herndon and South Lakes met in their annual early season Baron Cameron Bowl high school football game this past Monday night, Sept. 12, in Reston. The non-district contest, originally scheduled for last Friday night, Sept. 9, was postponed due to last week's flood alert and rainy conditions.

In Monday's re-scheduled game, played at South Lakes, visiting Herndon utilized a strong running game and defeated the Seahawks, 33-7. Senior running back Josh Schow rushed for 107 yards on 18 carries and scored on touchdown runs of eight and three yards out to lead the Hornets. Also for Herndon, sophomore Darius Hicks ran for 92 yards, including a 52-yard scoring run in the fourth quarter. Meanwhile, Herndon quarterback Ky Gilmore-Parrott had touchdown runs of eight and three yards.

South Lakes quarterback Rashaan Jones scored the Seahawks' touchdown on a 19-yard run in the second quarter.

Herndon, which rushed for 237 yards, led 20-7 at halftime. Follow-



PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

Herndon running back Josh Schow has paced the Hornets' running attack over the first two weeks of the season.

ing a scoreless third quarter, the Hornets scored 13 fourth quarter points to seal the win and improve to 1-1 on the young season. Herndon lost its season opener to visiting Langley, 14-7, on Sept. 1. South Lakes, which lost to Westfield in week one, is now 0-2. Herndon is coming off a tough 2010 season in which it went 1-9, after having qualified for the Northern Region Div. 6 playoffs the year before. Head coach Joe Sheaffer said his team has tried its best to put last year's one-win season behind them.

"Our kids have been really work-

ing hard," said Sheaffer. "After last year we tried to change the atmosphere the best we could and the kids have done real well. We scrimmaged real well and played real hard against Langley and had a chance to win."

By running the football successfully against South Lakes, Herndon was able to eat up the clock and wear down the Seahawks' defense.

"We were able to run the football real well, that was the big thing offensively," said Sheaffer. "We were able to control the tempo of the game. Our whole

game plan was to run at them as best as we could."

Defensively, Herndon, just as was the case in the low-scoring loss to Langley, was able to prevent the big play, which was such a troublesome area for the Hornets last year.

"South Lakes has some good athletes over there," said Sheaffer. "We didn't let them have the big plays."

IN HERNDON'S WEEK ONE loss to Langley, the Saxons' talented and physically big offensive line paved the way for a 200-yard

rushing attack. But the Hornets still held the Saxons to just the 14 points. Meanwhile on offense, Herndon rushed for close to 200 yards, led by Schow's 88 yards and QB Gilmore-Parrott's 73. Herndon's touchdown that night came on a 63-yard scoring run by the quarterback in the third quarter that, following Alex Bednarek's point-after kick, tied the game at 7-7. Langley went on to score a fourth quarter touchdown to get the win.

"They're a much improved team," said Langley head coach John Howerton, whose team went on to defeat Jefferson in a week two game following its opener win over the Hornets. "I thought the Schow kid and their quarterback were solid."

Langley, a year ago in week five, defeated Herndon, 31-10. So this year's meeting was a better showing for the Hornets.

Herndon will be at home this Friday night, Sept. 16 against Yorktown. The Patriots, who made the Div. 5 playoffs this season, have a number of top players back from that 2010 squad. The team, under longtime head coach Bruce Hanson, is 2-0 thus far with wins over Wilson High (Washington, D.C.), 48-13, and Wakefield, 68-0.

"They're really good and have a lot of good skill kids," said Sheaffer, of Yorktown. "They were real successful last year and this year they're more seasoned."

South Lakes will travel to Stone Bridge this Friday night before returning home the following Friday (Sept. 23) to take on Fairfax.

SPORTS RPUNDUPS

Herndon Reston Youth Softball (HRYS) is registering players for the upcoming fall softball season. The HRYS fall developmental season is perfect for new players as well as for returning players to hone their skills. Games will begin in mid-September and run through the end of October. Register now at HRYSfastpitch.com.

NoVa West Lacrosse is accepting registrations for the 2011 Indoor Lacrosse League which opens play Oct. 7. The league is accepting both team and individual registrations. Space is limited so register soon. Go to <http://www.novawestlax.com/NWILL>. The league is held indoors at the Purcellville Sports Pavilion.

Jimmy Lange, the popular local pro boxer from Great Falls, knocked opponent Raul 'El Toro' Munoz down three times in the sixth round to notch a technical knockout win and take possession of the World Boxing Union's (WBU) vacant 154-pound championship. The victory bout, which took place last Saturday night, brings Lange's record to 37-4-2, 24 knockouts, while Munoz falls to 22-15-1, 16 knockouts. It was Lange's 13th headliner show at the Patriot Center on the George Mason University campus.

The 27th Annual Mayor's Cup Golf Tournament is set to take place on Tuesday, Oct. 11 at the Herndon Centennial Municipal Golf Course, located at 909 Ferndale Ave. in Herndon. There

will be a 'meet and greet' beginning at noon and tee-off will be a 12:30 p.m. with a shotgun start. The 18-hole Captain's Choice format, followed by the annual barbecue at 5:15, is designed to provide everyone from the most experienced golfer to the weekend hacker an opportunity to share in the play.

Fairfax County native Michael Weiss will host the 7th Annual Michael Weiss Foundation 'Ice Champions Live' at The Kettler Capitals Iceplex in Arlington on Saturday, Oct. 1 at 5 p.m., bringing some of the brightest stars of figure skating to Northern Virginia. Tickets are available, at www.MichaelWeiss.org and www.Ticketweb.com or by calling 866-468-7630.



PHOTO COURTESY/RESTON UNITED

The Reston United U10 boys' soccer team won the Virginia Patriot Cup tournament over the Labor Day weekend. They won all four games they played, including the championship game over the Fairfax Police Youth Club (FPYC) Arsenal Gold, 10-2. It was the second tournament United has won this year. They also won the Liberty Cup in March.