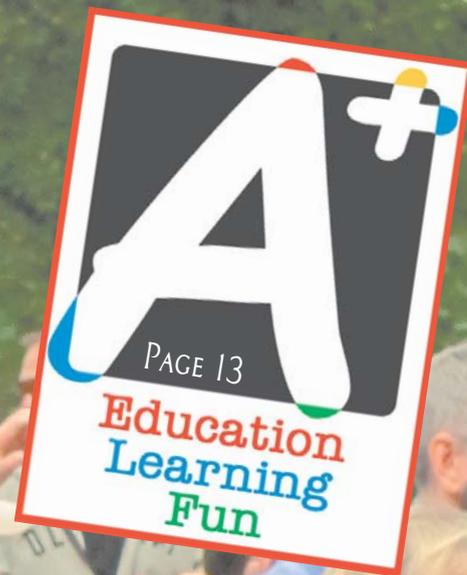


Potomac ALMANAC



CALENDAR, PAGE 7 ♦ SPORTS, PAGE 12 ♦ CLASSIFIED, PAGE 14

Joanne Chang leads a group in Tai Chi at the new court at Cabin John Regional Park.

Garden Club
At 50
NEWS, PAGE 3

The Barber
Of Potomac
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Season Opens with
Goal-Scoring Barrage
SPORTS, PAGE 12

Balancing Yin-Yang

NEWS, PAGE 3

PHOTO BY KEN MOORE/THE ALMANAC

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NEWS

Sending Bikes around World

Church collects used bicycles.

Ann Laprade, pastor of Potomac United Methodist Church, helped collect more than 80 used bicycles Saturday, Sept. 17, to be distributed across the globe.

"We're all eager to reach beyond our own community ... to connect with communities around the world," Laprade said.

Congregants John Sissala and Tom McCarthy have spearheaded the church's annual fall collection of used bicycles, averaging 100 to 120 bicycles to be donated each of the past six years, McCarthy said.

Bikes benefit low-income communities in Africa, Latin America and the Caribbean. Overseas, a bike can help someone rise from poverty to self-sufficiency, according to Keith Oberg, director of Bikes for the World in Arlington.

More than 1,000 volunteers have assisted in the donation of 41,000 bikes in the past five years through Bikes for the World, which has partnered with eight non-profit agencies that help low-income communities abroad.

One program in Panama provides a bicycle-mechanic program that trains people with disabilities to recondition and sell bikes



PHOTO BY KEN MOORE/THE ALMANAC

Keith Oberg, director of Bikes for the World, and pastor Ann Laprade load bikes at Potomac United Methodist on Saturday, Sept. 17.

to low-income households. Another program helps distribute bikes to be used in rural farming businesses in Costa Rica.

SEE REACHING BEYOND, PAGE 5



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PHOTO BY EMILY NICHOLS/THE ALMANAC

A crowd gathers around the new Tai Chi court at Cabin John Regional Park.

New Tai Chi Court Brings Energy

Created in memory of David Chen.

BY EMILY NICHOLS
THE ALMANAC

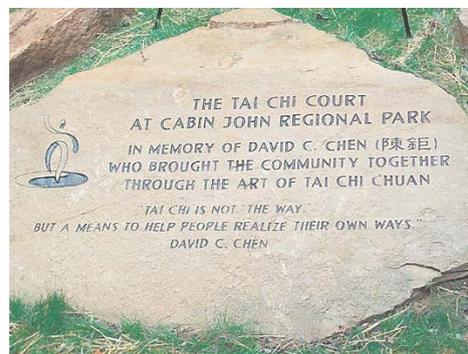
The purpose of our daily practice is to refine our skills not repeat our habits." This is just one of the many quotes by the late David C. Chen that can be found engraved on different pieces of flagstone at the new Tai Chi Court at Cabin John Regional Park. The new court, in memory of Chen, is the first Tai Chi court in Montgomery County. Chen, of Rockville, was founder of the Wu Wei Tai Chi Club.

The grand opening of the new court took place on Saturday, Sept. 17 at the Cabin John Regional Park hosted by the Maryland-National Capital Park and Planning Commission, Montgomery County Department of Parks and the Wu Wei Tai Chi Club. The opening kicked off with remarks from Francoise Carrier, Montgomery County Planning Board chair; Del. Brian Feldman; Del. Kathleen Dumais; Nancy Floreen, Montgomery County Councilmember; in addition to remarks from the Wu Wei Tai Chi Club members.

A ribbon-cutting ceremony was followed by demonstrations on the court from various martial art groups.

Set in the middle of tall trees near the dog park and the train at Cabin John Regional Park, the Tai Chi Court is a 48-foot diameter circle, surrounded by benches. Made of flagstone, the court designed to be the shape of a yin-yang symbol.

"It implies there's always a balance be-



A flagstone engraved with a quote by the late David C. Chen, founder of the Wu Wei Tai Chi Club.

tween the positive and the negative," said Charles Votaw, member of the Wu Wei Tai Chi Club. The yin-yang is a symbol repre-

Remembering David Chen

Saturdays in the park were David Chen's favorite part of the week, said his wife Joanne Chang.

"His joy was contagious like a gentle breeze," said Chang.

Tai Chi opened his eyes, said his student Andy Unger. "He wanted everyone to see this astonishing opportunity."

Chen started to bring together groups on Saturday mornings at Cabin John Regional Park in 1997. He died in December 2005.

Members of the Wu Wei Tai Chi Club — founded by Chen — and the Maryland-National Park and Planning Commission officially opened the David C. Chen Memorial Tai Chi Court with a blue ribbon cutting ceremony at the park on Saturday, Sept. 17.

"The concept was really a memory of a

representative of the Tai Chi practice.

According to Votaw, the idea of building a public Tai Chi court in the park began back in 2006 shortly after Chen's death in 2005. Members of the Wu Wei Tai Chi Club wanted a community area that everyone could use.

"We really wanted this to be a community project," said Votaw. "Having a facility project in the area will bring all of the Tai Chi groups and other non-Tai Chi groups in the area together."

The court is an area to have everyone gather, such as Tai Chi groups, dance groups, meditation and yoga.

The Tai Chi Court is located at Cabin John Regional Park on 7400 Tuckerman Lane in Bethesda. For more information, visit www.wuweitaichi.com.

friend," architect Hsien-Yuan Chen said.

Rather than looking at a stage, he said, park users come upon the Tai Chi park from parking lots and the hill below. When they see people practicing Tai Chi, "it looks like people floating in air."

The Tai Chi Court is the best type of example of public-private partnerships, said all those involved.

"It took a lot of political courage and a lot of people fighting for this," said Charles Votaw, committee member of the Wu Wei Tai Chi Club.

One of its kind, said Councilmember Phil Andrews (D-3).

Since Chen's death, members of his Wu Wei Tai Chi Club and Tai Chi community at

SEE DAVID CHEN, PAGE 6

Breaking Ground And Bread

Potomac's Little Farms Garden Club celebrates 50 years.

BY SHARON ALLEN GILDER
THE ALMANAC

Fifty members of Potomac's Little Farms Garden Club shed their gardening gloves to break bread together at a luncheon on Sept. 13 at Bethesda Country Club to celebrate the garden club's 50th anniversary.

Welcomed by club president, Livi Henderson and bubbling Prosecco cocktails, the gathering enjoyed a lunch of Boston bibb lettuce salad with pears, walnuts and blue cheese, sage infused chicken breasts, creamy mascarpone polenta, baby vegetable sauté, and a dessert of apricot glazed tropical fruit tart with raspberry coulis. Flora, fauna, food and friendship have been staples of the club since it was formed in September 1961 from an idea sprouted by founding members Jane Read, Anne Bauersfeld, Bunny Gear, Eva Paine and Eleanor Keyser.

It all began when Gear, new to the neighborhood, knocked on Read's door and asked

SEE LITTLE FARMS, PAGE 6

The Barber Of Potomac

Local icon retires after 52 years.

BY MONTIE MARTIN
THE ALMANAC

It takes more than shears, clippers, razors or combs to make a good haircut. A good haircut takes dedication to clients through a lifetime of service.

Andy Andrews has been cutting hair for

over 52 years and will be retiring his services all too soon. On Oct. 1, this icon of the Potomac community will leave the scissors be-

SEE ANDREWS RETIRES, PAGE 4

SEE ANDREWS RETIRES, PAGE 4

LET'S TALK Real Estate



by
Michael Matese

Organizing the Kid's Room

Trying to market the home and involve the children in the process? Here are some tips that will make them feel needed by letting them organize their room.

Sink to their level. That is, hang a closet rod low enough so they can use it without help.

Small Bins. A child will throw things in a bin just for the heck of it, so make a game of putting away toys by placing brightly colored, padded baskets where you want their toys to be.

Hampers for Laundry. Take laundry and make it a game and you've got it made. Put a basketball hoop over the laundry hamper and let the fun begin!

Hooks. A simple, yet perfect organizational tool, hang hooks in the closet for the children to hang up their own hats and backpacks from and keep the clutter out of the room.

Being able to participate in a positive way will help a child adjust to the changes coming.

For professional advice on all aspects of buying and selling real estate, call:

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From left, Siham Ayoub, Bertha Aed and Amber Bennett stuff the ma'amoul pastries. They use special pincer tools to etch the designs on the pastries.



Volunteers prepare ma'amoul pastries for the fall bazaar.

Bazaar and Food Festival This Weekend

Saints Peter and Paul Antiochian Orthodox Christian Church in Potomac will host its 28th annual Middle Eastern Bazaar and Food Festival Sept. 23-25.

Middle Eastern delicacies on the menu will include lamb shanks, kabobs, gyros, marinated baked chicken, hummus, tabooley salad, falafel, kibbee, spinach pies, baklava and a variety of other traditional dishes. Both dine-in and carry-out food and pastries will be avail-

able for sale. The bazaar will feature Arabic music on Saturday evening; white elephant sale; raffles; jewelry booths; international groceries; religious items; and children's activities such as facing painting and a moon bounce, outside vendors selling jewelry, giftware food and pastries. On Saturday night at 8 p.m. there will be live Middle Eastern music and from 7-8 p.m. dance lessons for the Dabke. Tours of the Byzantine-style church are provided, for

those interested. Saints Peter and Paul Antiochian Orthodox Church is located at 10620 River Road in Potomac, about one mile north of Falls Road. The hours of operation for Friday are 4-9 p.m. and Saturday are 11 a.m. to 9 p.m. On Sunday, the bazaar will be open from noon to 5 p.m. The church phone number is 301-765-9188 and the web site address is <http://www.peterpaul.net>.

— COLLEEN HEALY

Andrews Retires after 52 Years of Service

FROM PAGE 3

hind to pursue the next phase of life.

"I've given possibly a million cuts," said Andrews. "I learned how a customer likes to wear his hair, and sometimes there are more customers than there is time."

With a reputation as the best barber in Potomac, Andrews' clients are willing to wait as long as it takes for his services.

Billy Peel, a Potomac resident and longtime customer, was able to make an appointment only after two weeks. "Getting a haircut by Andy is absolutely worth the wait," said Long. "It's always a good cut, you don't have to keep telling him what to do."

Andrews wasn't always a barber, having worked with his father in the home improvement business

before opening his own gas station. After five years, the station closed, and he needed to find a new vocation.

"My brother cut hair in the Navy, so I figured I could cut hair too," said Andrews.

In 1959 the brothers opened their first barbershop in Potomac. His first cuts included his four children, as well as his wife. Today she goes to a beauty salon. "I cut my wife's hair once or twice, and she was not satisfied," said Andrews.

Over the years he and his brother opened several more barber shops, and in 1975 they hired George Caballero. "To this day I appreciate that they gave me a job," said Caballero. "We've worked together for 37 years."

Andrews was more than an employer to Caballero; he was also a mentor who passed along secrets of the trade. "To make a good haircut, you have to have a customer who does not understand what a good haircut is," said Caballero. "There's no way to teach how to cut a man's hair, the simple truth is you have to just watch," said Andrews.

In 1995 Andrews sold the barbershop, now known as George's Barber Stylist, to his longtime friend. For the next 16 years Andrew continued to cut hair at the shop, and never missed a day of work.

Dr. Vincent Vaghi, who lives in Georgetown, commutes to Potomac just for Andrews' services. "It's not only about getting



Andy Andrews and customer Billy Peel, admiring his handiwork.



Andy Andrews and George Caballero: In 1975 Andrews hired Caballero as a barber. The decision created a lifelong friendship.

a haircut, but also about having a good time. Andy and George will go at each other, and it's just funny to watch and listen," said Vaghi. "I know he'll be 80 soon, but when I heard he was retiring I just couldn't believe it."

Bob Szabo, a 30-year customer, recalled shooting the breeze over a good cut. "We talk about anything and everything," said Szabo. "I was shocked when I heard he was retiring, but Andy has got his living to do."

Other customers will remember Andrews for generations of haircuts. "Andy cuts my hair, my son's hair, and now my grand kid's hair," said Larry Long, president of an IT firm in Potomac. "Now I'll have to go to George I suppose."

As Caballero nears 37 years in

the haircutting business himself, Andrews' retirement comes as a reminder that he too will have to put down the clippers one day. "Andy's retirement makes me think about what's to come," said Caballero. "I'm so happy to be his friend, he's not the best barber in Potomac but I guess he'll do."

The bond between barber and client runs deep, and as his patrons wish him a happy retirement Andrews recalls his time with them all. "I've stayed busy cutting hair all these years" he said. "I'll miss these guys."

Over the past month Andrews has weaned himself off the work schedule, and took his first day off in 52 years on Aug. 23 — the same day a 5.9 magnitude earthquake struck the D.C. area.



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PHOTO BY KEN MOORE/THE ALMANAC

Potomac United Methodist Church pastor Ann Laprade helps in her church's collection of used bicycles that will help low-income communities in Africa, Latin America and the Caribbean.

Reaching Beyond Potomac

FROM PAGE

Potomac United Methodist and Oberg's group also collect working sewing machines, which have enabled Panama Association of Goodwill Industries to train seamstresses.

Laprade said her congregants were assisting with two projects

with global benefits Saturday, including the Cyprus Friendship Program, a conflict resolving, peace building program.

See Potomac United Methodist Church at www.potomac-umc.org or www.bikesfortheworld.org

— KEN MOORE

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NEWS



Little Farms Garden Club members at the 50th anniversary luncheon celebration.



Founding members Jane Read, sitting, and Eleanor Keyser.

Little Farms Garden Club Celebrates 50 Years

FROM PAGE 3

to see her beautiful gardens. Gear indicated her desire to establish a garden club near Bradley Farms. Read said, "I told Bunny, I'll help you form it. Are you willing to run it if we do? It's a full time thing. I'm tied up with charities. You have to be on your toes to run something like this. It's not simple." Their dedication and grassroots efforts grew the club from the region's "little farms" to the greater Potomac community where the club's projects continue to support civic beautification, education and interest in horticulture.

The club's logo bears the image of Tikko, a donkey who belonged to a neighbor of Read's. He became a celebrity when he posed pulling a cart of flowers at an area farmer's market in the 1960s and his photograph appeared in a Washington newspaper prompting a political party to request his appearance at an event at Congressional Country Club. "He didn't distinguish himself too well at Congressional and was removed. It was suggested, 'why not use him as our mascot' since he was unemployed at the time," said Read.

In the 1970s, a gazebo was commissioned by the club and installed near Potomac's Safeway as a bus stop shelter. Charter member Katie Tardio recalled, "It was built by Montgomery County high school students and has been refurbished many times over the years. Now a relic to the past but, I still see people sitting in it waiting for a bus." The club con-

tributes to designated charitable giving, performs annual decorating projects at local landmarks and most recently collaborated with Maryland state highway and Potomac's Chamber of Commerce to beautify the River Road median. Tardio, along with fellow charter members Alice Ellington and Lois Guzzo, compiled recipes submitted by members to create a perennial favorite party favor for attendees. "Many of the older members, both in age and number of years that we have been members, are now inactive as we spend part of the garden club year in locations other than Potomac. When plans for the anniversary were mentioned, those older members decided we also wished to do something special for the event. We decided to put out a fourth edition of the Little Farms Cookbook," said Tardio. A nod to the club's agrarian roots, a vast field of sunflowers, a symbol of loyalty and longevity, graces the cookbook's cover.

A highlight of the luncheon was a video project conceived by member Alvina Long and produced and edited by Leanne Norton Long featuring Read and Keyser recounting the early days of the club, its history and activities. At the conclusion, Read and Keyser were presented with graceful, ornamental orchid plants.

The times, styles and age range of the members may have changed since the club's birth but its spirit has been enriched by the melding of generations. Member Debbie Beatley said, "Years ago these women got all dressed up in

pearls to come to these meetings. We dress in slacks and still look nice, but there's still that older protocol." Strands of pearls adorning necks have transformed into pearls of wisdom. Beatley added, "The club goes even beyond gardening. It goes into friendships and learning to the whole passing down of information through stories from other generations."

Lizz Durante, a member for a decade, shared her reflections and interest in the club: "First, the friends I've made are so generous with their time and knowledge and, second, the appreciation I've gotten for nature and this beautiful area we live in. It gives you confidence and it's such a nice distraction from typical humdrum things." In 2006, the club established the Virginia Merchant Award for outstanding service and dedication. A Potomac resident for 50 years and inaugural member, Merchant died in August. She is credited with being the catalyst to keep the club going during a slump in the 1970s. Keyser was this year's recipient of the award.

"A lot of women's clubs, after awhile, they get older and don't get new ones in and older members don't want to work anymore," said Keyser. "The club's got a good spirit about it. If you need to do something hands will go up to volunteer." Read said, "It's a good thing for the area. We keep getting new and younger members. If you don't, the club dies out. And, it helps new people coming in. It gives them an opening and an opportunity."



Del. Brian Feldman with County Council members Nancy Floreen and Phil Andrews.

Remembering David Chen

FROM PAGE 3

large, in states from Maryland, Delaware, Pennsylvania, New York as well as from China had been involved.

Chang said she was honored for the support, both from the state, county and people donating their own money to the project. One donor offered to send money every month until the Tai Chi court was built or until that person's death, she said.

"The level of passion ... it encouraged me to do more," she said.

Randy Atkins called David Chang an international ambassador for Tai Chi. "David said he was no master he was just an experienced tour guide helping people find their own way,"

Atkins said.

Approximately 200 people attended the ceremony Saturday.

"We don't always get a chance to be at blue ribbon ceremonies" to see our money and actions at work, said Del. Brian Feldman (D-15), who was joined by Del. Kathleen Dumais (D-15). "So this is fantastic."

An example of Montgomery County in action, said councilmember Nancy Floreen (D-At large). "People talk to other people, talk to the county, get other people involved and make it happen."

"As a wife, I'm deeply moved," said Joanne Chang.

— KEN MOORE

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ENTERTAINMENT



TUESDAY/OCT. 4

An Evening with Pat Metheny w/ Larry Grenadier. 8 p.m. Tickets: \$38-\$78 (Stars Price \$34.20-\$70.20). At the Music Center at Strathmore, 5301 Tuckerman Lane, North Bethesda. Visit www.strathmore.org or call 301-581-5100.

HIGHLIGHTS: SAVE THE DATE

- ❖ **Family Fun Fest**, Friday, Sept. 23, starting at 4 p.m., Potomac Community Center, 11315 Falls Rd., Potomac. Sponsored by Montgomery County Recreation and Friends of Potomac Community Center, carnival rides and games, prizes, petting zoo, DJ, "Minute to Win It," \$5 for unlimited rides and games.
- ❖ **Family Night**, Friday, Sept. 23, 7:30-9 p.m., Potomac Community Center at 11315 Falls Road, Potomac, \$5 per bingo ticket, prizes will include Club Friday memberships, snack bar. Call 240-777-6957. Family Fun Fest and Family Night benefit programs at Potomac Community Center.
- ❖ **West Montgomery County Citizens Association (WMCCA)**, Potomac's umbrella citizens association, is scheduled to hold its first general meeting of the season on Wednesday, Oct. 12, and meets the second Wednesday of each month, October through May, Potomac Community Center, 7:15 p.m. - 8:45 p.m. www.wmcca.org.
- ❖ **56th Annual Potomac Country House Tour**, Oct. 1 and 2. Featuring an award-winning builder's home, a creative artist's home, a Colonial home with Persian heritage décor, and an 18th century country home constructed in Connecticut; 20 boutiques located in St. Francis Hall. www.potomaccountryhousetour.org.
- ❖ **Taste of Bethesda**, Oct. 1 from 11 a.m. to 4 p.m. Nearly 60 restaurants will be featured along with live entertainment on four stages, a children's area and more. www.bethesda.org
- ❖ **Blood Drive**, at Our Lady of Mercy Church in cooperation with American Red Cross. Sunday, Oct. 1, 8 a.m. - 2 p.m. Participation by pre-registration. Call the drive's coordinator, Richard Sinatra at 301-299-2459 or sinatrar@verizon.net
- ❖ **Potomac Day**, Oct. 22. Parade, 10:30 a.m., Oct. 22, Potomac Village. Arrive before 10 a.m. to avoid road closures. Free children's rides and more, sponsored by Potomac Chamber of Commerce. 301-299-4650

ONGOING

- Glen Echo Park's 1921 Dentzel Carousel**, is in its 91st year. The 1921 carousel will be open Saturday and Sundays, from noon to 6 p.m. through September. The carousel will close on Sept. 25, 2011 with the Then & Wow! Festival. Call 301-634-2222 or visit www.glenechopark.org for a listing of all upcoming activities.
- Great Falls Tavern, Mule-Drawn Canal Boat Rides**. Wednesday-Sunday, 11 a.m., 1:30 p.m., 3 p.m., through October. Experience living history while traveling up the canal, locking through lift locks during this one-hour canal boat ride. Call the C&O

Canal National Historical Park at Great Falls Visitor Center, 301-767-3714. Call the visitor center for activities led by rangers during September.

Guided tours of Riley's Lockhouse, one of the C&O Canal's original lockhouses. Join volunteers in period costume and explore the life of a lock-keeper. September and October (also May and June). Riley's Lock Road (off River Road.) www.nps.gov/choh/.

The Trawick Prize, downtown Bethesda's annual juried arts competition awards: Bethesda Contemporary Art Awards. The exhibition featuring The Trawick Prize finalists will be held from Sept. 1-30 at Artery Plaza Gallery, 7200 Wisconsin Ave. 301-215-6660. See www.bethesda.org.

Live Music, Thursday, Friday, Saturday. At the Beer Garden at Old Angler's Inn Restaurant all summer long. At 10801 MacArthur Blvd., Potomac. Call 301-299-9097.

WEDNESDAY, SEPT. 21

The Puppet Co. presents "Tiny Tots at 10:00," a program designed for its youngest theater patrons (ages 0 - 4). The shows are shorter, the lights stay on, the doors stay open, and running time is 30 minutes. Pre-Purchases or no-obligation reservations strongly recommended. The Tiny Tots program is also offered on Wednesday, Sept. 21, 'Animal Crackers;' Saturday, Sept. 24, 'Penguins' Playground;' and Sunday, Sept. 25, 'Animal Crackers.' The Puppet Co. Playhouse is located in Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. 301-634-5380 or visit www.thepuppetco.org. See all of Glen Echo Park's programs, activities, exhibits and events at www.glenechopark.org/

Family Support Group, Depression and Bipolar Support Alliance National Capital Area, 7:30 p.m., Parish Hall of St. Raphael's Church, 1513 Dunster Road at Falls Road and Dunster Road. Free. For the families and friends of people who have been diagnosed with depression or bipolar illness. Call 301-299-4255 or 301-570-9065 or see www.dbsanca-family.org.

Adult Book Club. 1 p.m. Book discussion of "The Last Thing He Wanted." No registration required. New members welcome. Meets at Potomac Library, Potomac.

THURSDAY/SEPT. 22

Slow Blues and Swing Dance. 9 to 11:30 p.m. Admission is \$8. With DJ Mike Marcotte and Guests. Slow Blues lesson from 8:15 to 9 p.m.; dancing from 9 to 11:30 p.m. At the Back Room at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Call Donna Barker at 301-634-2231 or go

SEE ENTERTAINMENT, PAGE 8



Crowds line the streets from a previous Taste of Bethesda.

Taste of Bethesda Is Oct. 1

22nd Annual Food and Music Fest Features 60 Restaurants

Taste of Bethesda returns on Saturday, Oct. 1 from 11 a.m. to 4 p.m. and will bring almost 60 restaurants and five stages of entertainment to Bethesda's Woodmont Triangle. Produced by the Bethesda Urban Partnership, downtown Bethesda's famous food and music festival celebrates 22 years of diverse and delectable cuisine offered by Bethesda's local restaurant community.

Downtown Bethesda restaurants come prepared for the festival with massive amounts of food and baked goods. For instance, Morton's grills 250 pounds of filet mignon; Just Cakes bakes 3,000 cupcakes; Hard Times Café prepares 20 gallons of chili and 200 pounds of French fries; Haagen-Dazs goes through more than 60 gallons of ice cream; Mamma Lucia serves over 800 slices of pizza; and Spring Mill Bread Company serves 1,000 slices of apple pies, brownies, cookies and breads.

Taste of Bethesda is located on Norfolk, Fairmont, St. Elmo, Cordell and Del Ray Avenues in the heart of Bethesda's Woodmont Triangle. Four stages showcase musical and cultural performances, and a children's area featuring activities, balloons and face painting will provide additional entertainment for young visitors.

Admission to Taste of Bethesda is free. Tickets will be sold on-site to "taste" different foods; tickets are \$5 for four tickets and a serving costs one to four tickets. The event is located three blocks from the Bethesda Metro. Free parking is also available in downtown Bethesda's public garages. The free Bethesda Circulator will transport visitors to and from the Bethesda Metro station and public garages. Call 301-215-6660 or visit www.bethesda.org.

Participating Restaurants

- American Tap Room
- Bangkok Garden Restaurant
- Bangkok One Thai
- The Barking Dog
- Bethesda Crab House
- BGR The Burger Joint
- Bistro LaZeez
- BlackFinn American Saloon
- Bold Bite
- Brasserie Monte Carlo
- Bundles of Cookies
- California Tortilla
- Caribou Coffee
- Chef Tony's
- Daily Grill
- Divino Lounge
- Flanagan's Harp & Fiddle
- Fresh Grill
- Georgetown Cupcake
- Haagen-Dazs
- Haandi Indian Cuisine
- Hanaro Restaurant & Lounge
- Hard Times Café
- Honest Tea
- Jaleo
- Jiffy Shoppes
- Just Cakes
- Kabob Bazaar
- Lebanese Taverna
- Lilit Café
- Louisiana Kitchen & Bayou Bar
- M & N's Pizza
- Mamma Lucia
- Matuba Japanese Restaurant
- Morton's
- Naked Pizza
- Nest Café
- Olazzo
- Original Pancake House
- The OZ Restaurant
- The Parva
- Passage to India
- Penang Malaysian Cuisine
- Plaza Del Sol
- Quartermaine Coffee
- Ri Ra Irish Pub and Restaurant
- Rock Bottom Restaurant
- Ruth's Chris Steak House
- Saveur India
- Shangri-La
- Smoothie King
- Spring Mill Bread Company
- Sweet Basil Gourmet Thai Cuisine
- Taylor Gourmet
- Tout de Sweet
- Uncle Julio's
- Union Jack's
- Uptown Deli
- Yamas Grill
- Zen Tara Tea

ENTERTAINMENT SCHEDULE

Fairmont Avenue Stage

- 11 a.m. — Patrick Alban (Latin)
- 1:30 p.m. — Cheik Hamala (West African Funk)

St. Elmo Avenue Stage

- 11:15 a.m. — Bravenoise (Rock)
- 1:15 p.m. — Invitation (Variety)

Cordell Avenue Stage

- 11:15 a.m. — LaRue Boogaloo (Soul & Jazz)
- 1:45 p.m. — Jumptown (Blues, R&B, Soul)

Norfolk Avenue Stage

- 11 a.m. — Soul in Motion (African Dance & Drum)
- 12 p.m. — Wong Chinese Lion Dancers (Chinese)
- 1 p.m. — Flamenco Aparicio (Flamenco)
- 2 p.m. — Gye Nyame African Cultural Dance Company (African)
- 3 p.m. — Nomad Dancers (International)

Veterans Parks

- 11 a.m. — Trio Caliente (Flamenco, Brazilian)
- 1:30 p.m. — Justin Trawick Trio (Urban Folk Rock)

56TH ANNUAL POTOMAC COUNTRY HOUSE TOUR



Saturday and Sunday, October 1st and 2nd, 2011
Noon - 5pm

20 Boutiques
Ala Carte Lunch
Maryland Dessert Cafe
Located in St. Francis Hall
Open 10 - 5pm Saturday
and 11 - 5pm Sunday

The Four Featured Houses Include:

- A Persian Heritage Collection
- A Reassembled 18th Century Home
- An Award Winning Builder's Home
- A Creative Artist's Home

Ticket Sales:
\$20 Advance Purchase
\$25 Day of Tour

ALL PROCEEDS BENEFIT CHARITIES AND AID ORGANIZATIONS

Tickets available at St. Francis Church, ticket outlets, or
online at www.potomaccountryhousetour.org

Amethyst • Kae Robin Gifts • Pierre Deux • Kellogg Collection • The
Lemondrop* Lemon Twist • The Wine Harvest • Kentlands Flowers and Bows
• Potomac Garden Center • Behnke Nurseries • Country Squire Cleaners •
Flora's Feathered Nest • Potomac Art Gallery • The Good Earth • The Wine
Harvest • Toy Castle • Rockville Interiors

ENTERTAINMENT

FROM PAGE 7

to info@CapitalBlues.org or
www.CapitalBlues.org.

Potomac Farmers Market,
organized by Montgomery County,
through October, Thursdays, 2-
6:30 p.m. Potomac United
Methodist Church, 9908 South
Glen Road at corner of Falls Road
and Democracy Blvd. 301-590-
2823.

**Brad Linde Ensemble & Lee
Konitz**, 7:30 p.m. Tickets are
\$30. At the Mansion at
Strathmore, 10701 Rockville Pike,
North Bethesda. Visit
www.strathmore.org or call (301)
581-5100.

Preschool Storytime, 10:30 a.m.
Stories, songs and rhymes for ages
3 to 6 and their caregivers. No
registration required. At Potomac
Library.

FRIDAY/SEPT. 23

Family Bingo Night, 7:30 to 9 p.m.
\$5 per Bingo booklet (15-20
games). Prizes will include Club
Friday memberships. At the
Potomac Community Center,
11315 Falls Road, Potomac. Call
240-777-6960.

Family Fun Fest, Sept. 23, starting
at 4 p.m., Potomac Community
Center, 11315 Falls Rd., Potomac.
Sponsored by Montgomery County
Recreation and Friends of
Potomac Community Center,
carnival rides and games, prizes, petting zoo, DJ, "Minute to
Win It," \$5 for unlimited rides and games. Call 240-777-6960.

Family Night, Friday, Sept. 23, 7:30-9 p.m., Potomac
Community Center at 11315 Falls Rd., Potomac, \$5 per bingo
ticket, prizes will include Club Friday memberships, snack bar.
Call 240-777-6957. Family Fun Fest and Family Night benefit
programs at Potomac Community Center.

Seeds of Nature, for infants. Woodend Sanctuary
Headquarters, 8940 Jones Mill Road, Chevy Chase, 10:30-
11:30 a.m. Ages: 2-9 months with adult. Experience the peace
and beauty of the natural world with a short hike followed by
bonding time to help our little ones open up to their senses to
nature. Bring your favorite carrier and a comfy mat to place
your baby. Registration required. \$10 members, \$12 non
members. Also on Fridays, Oct. 7 and Oct. 21, same time. Sign
up for one or all. Call 301-652-9188 or see
www.audubonnaturalist.org.

SEPT. 23 TO 25

28th Middle Eastern Bazaar. Middle Eastern delicacies will
include lamb shanks, kabobs, gyros, marinated baked chicken,
hummus, tabooley salad, falafel, kibbee, spinach pies, baklava
and other traditional dishes. The bazaar will feature Arabic
music on Saturday evening; white elephant sale; raffles;
jewelry booths; international groceries; religious items; and
children's activities, as well. Tours of the Byzantine-style
church are provided. Hours are Friday, 4 p.m. to 9 p.m.;
Saturday 11 a.m. to 9 p.m.; Sunday noon to 5 p.m. At Saints
Peter and Paul Antiochian Orthodox Christian Church, 10620
River Road, Potomac. See www.peterpaul.net. Call 301-765-
9188.

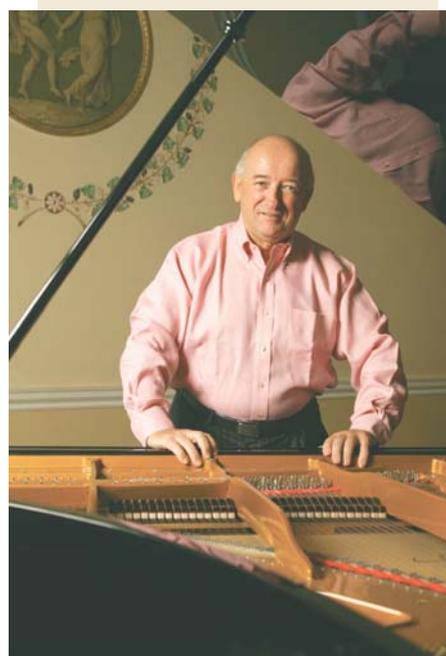
SATURDAY, SEPT. 24

Basie's Birthday Bash, 9 p.m. to midnight. Cost is \$15/adults;
\$8/children ages 5-13. Dance lesson at 8 p.m. included with
admission. With the Count Basie Big Band. At the Spanish
Ballroom at Glen Echo Park, 7300 MacArthur Blvd., Glen
Echo.

**"Perspectives: An Evening of Poetry, Fiction and
Music,"** 9:15 p.m., Beth Shalom Congregation & Talmud
Torah, 11825 Seven Locks Road, Potomac. Features poet
Sarah Antine and author Lewis Schragger reading original
work. Bob Kurlantzick and Felicia Weiss will perform music
for oboe and piano by Bach, Schumann and Field. Free. Call
301-279-7010.

Funville, White Flint Mall, 10 a.m. - 4 p.m. Free community
parenting fair, designed by Washington Parent magazine, for
parents and kids of all ages. Parade, prizes, raffles, games, a
diaper drive by DC Diaper Bank, LEGO construction with
Habitat for Humanity-Montgomery County, Home Depot-
Gaithersburg Kid's workshop, cover kids contest and more.
Visit washingtonparent.com/funville. Or call Maddy
Lambergman at 240-401-8706.

Park after Dark, Great Falls Tavern, 6-9 p.m. Fundraising
event for the canal. Rare opportunity to enjoy the C&O Canal
by twilight, including an evening full of music from the 19th
Street Band, an auction, seasonal foods, desserts from
Firehook Bakery, campfires and more. Tickets required, \$150.
For more information see <http://www.canaltrust.org/trust/>
2nd Annual Community Selichot Service, Jewish
Community Center of Greater Washington, 6125 Montrose
Road, Rockville, 301-881-010. 8 to 10 p.m. Selichot are the
prayers recited leading up to and through the High Holidays.



SATURDAY/OCT. 1

Pianist John O'Connor, 8 p.m. Free.
Performing Haydn, Field, Beethoven, and
Schubert. At Westmoreland Congregational
Church, One Westmoreland Circle, Bethesda.
Visit www.washingtonconservatory.org or
301-320-2770.

During the Hebrew month of Elul,
Jews begin reflecting on events of
the past year and reciting Selichot
prayers of forgiveness. Program led
by clergy from Congregation Har
Shalom, Temple Beth Ami, Adat
Shalom Reconstructionist
Congregation, Shaare Torah
Congregation, and B'nai Tzedek. See
www.jccgw.org for more
information, including events such
as concerts, religious programs,
activities for children and families,
books sales, ceremonies and more.
Scaly Snakes. Woodend Sanctuary
Headquarters, 8940 Jones Mill Road,
Chevy Chase, 10-11 a.m. Meet one
of the Audubon Naturalist Society's
snakes and look for wild snakes
outside. Registration required. All
ages welcome, but geared to
children four to eight, accompanied
by adult. \$5 nonmembers, free for
members, no charge for adults. Class
limited to 12 children. Call 301-652-
9188 or see
www.audubonnaturalist.org.
**"Perspectives: An Evening of
Poetry, Fiction and Music."** 9:15
p.m. Free. At Beth Shalom
Congregation & Talmud Torah,
11825 Seven Locks Road, Potomac.
Features poet Sarah Antine and
author Lewis Schragger reading
original work. Bob Kurlantzick and
Felicia Weiss will perform music for
oboe and piano by Bach, Schumann
and Field. Call 301-279-7010.

SUNDAY/SEPT. 25

"Poetry" Film, 10 a.m. Presented by Cinema art Bethesda. At
Landmark Bethesda Row Cinema, 7235 Woodmont Ave.,
Bethesda. Visit <http://CinemaArtBethesda.org> or call 301-
365-3679.

"In a Better World" Film, 10 a.m. Film set in a Sudanese
refugee camp and a small town in Denmark. Presented by
Cinema Art Bethesda. At Landmark Bethesda Row Cinema,
7235 Woodmont Ave., Bethesda. Visit <http://CinemaArtBethesda.org> or call 301-365-3679.

TUESDAY/SEPT. 27

Singer-Songwriter Bill Staines, 8 p.m. At the Unitarian
Universalist Church of Rockville, 100 Welsh Park Dr.,
Rockville. Tickets are \$18/door; \$15/advance. Visit
www.focusmusic.org. Contact David Spitzer at
focusrockville@earthlink.net or 301-275-7459.

Food Addicts in Recovery, Senior Living at Potomac, 11215
Seven Locks Rd., 7 p.m. See Fellowship of men and women
who have experienced difficulties in life as a result of the way
they eat. Program of recovery based on the Twelve Steps and
Twelve Traditions of Alcoholics Anonymous. <http://foodaddicts.org/faq.html>. This group meets every Tuesday.

WEDNESDAY, SEPT. 28

The Surrender, Al-Anon, family group meeting. St. James
Episcopal Church, 11815 Seven Locks Road, Potomac, 7:15
p.m., basement entrance. Contact the Washington
Metropolitan Al-Anon/Alateen Information Service at
www.al-anon-alateen-dc.md.org. Inquiries are confidential
and anonymous. This group meets every Wednesday.

THURSDAY/SEPT. 29

**Annual Mass for Law Enforcement Employees and
Families**, 12:05 p.m., St. Michael the Archangel Roman
Catholic Church, 805 Wayne Ave., Silver Spring. This is an
annual Mass to offer thanksgiving and prayers for members of
law enforcement organizations and their families. St. Michael
is the Patron Saint of law enforcement. This Mass is open to
all denominations.

Slow Blues and Swing Dance, 9 to 11:30 p.m. Admission is
\$8. With DJ Mike Marcotte and Guests. Slow Blues lesson
from 8:15 to 9 p.m.; dancing from 9 to 11:30 p.m. At the
Back Room at Glen Echo Park, 7300 MacArthur Blvd., Glen
Echo. Call Donna Barker at 301-634-2231 or go to
info@CapitalBlues.org or www.CapitalBlues.org.

Women's Al-Anon, Our Lady of Mercy Catholic Church, 9200
Kentsdale Road, Potomac, 8:30 p.m. For those concerned
with or affected by someone else's drinking. Contact the
Washington Metropolitan Al-Anon/Alateen Information
Service at www.al-anon-alateen-dc.md.org. Inquiries are
confidential and anonymous. This group meets every
Thursday.

Seven-Locks Al-Anon, St. James Episcopal Church, 11815
Seven Locks Road, Potomac, 1 p.m. For those concerned with
or affected by someone else's drinking. Contact the
Washington Metropolitan Al-Anon/Alateen Information
Service at www.al-anon-alateen-dc.md.org. Inquiries are
confidential and anonymous. This group meets Thursdays.

STS. PETER & PAUL
ANTIOCHIAN ORTHODOX CHRISTIAN CHURCH
10620 River Road, Potomac, MD 20854
<http://www.peterpaul.net>
(301) 765-9188

28th Annual Fall Bazaar

Featuring Authentic Middle Eastern Food (Grilled Lamb,
Kibbe, Tabouleh, Hommus, Sharwama,
Gyros and more!)

September 23 - 25, 2011

Friday 4 pm - 9 pm
Saturday 11 am - 9 pm
Sunday Noon - 4 pm



**Arabic Music
& Entertainment**
Saturday until 10:30 pm
Dabke Lessons 7-8 pm

Carry Out
Fun for Kids
Moon Bounce
Face Painting
Spin Art

Also Featuring
Pastry Booth
Grocery Store
Middle East
Giftware Jewelry,
Religious Items
Used Books
Raffles

Free Parking
Free Admission

DIRECTIONS:
From (495) Beltway, take Exit 39 towards POTOMAC; Church is 4.2 miles on left

FINE ARTS

SEPT. 21 TO OCT. 29

Visual Voices. A Show of Zenith Artists Profiled in the New Book, "100 Artists of the Mid-Atlantic" by Ashley Rooney. Meet the author and artists on Wednesday, Sept. 21 from 6 to 8:30 p.m. At Zenith Gallery at Chevy Chase Pavilion.

SEPT. 24 TO 25

"Reflections." Noon to 5 p.m. Acrylic seascape paintings by Emil Markulis. A reception for the artist is scheduled for Saturday, Sept. 24 from 5 p.m. to 7 p.m. in the Yellow Barn Art Gallery, Glen Echo Park. Call 301-371-5593 or visit www.yellowbarnstudio.com.

SEPT. 24 TO NOV. 5

"Building Bridges, Not Fences." Strathmore explores the technical and conceptual journey of photography from traditional to digital media, through the reinvention of image-making through modern technology. Opening Reception is Tuesday, Sept. 27 from 7-9 p.m. Children's Talk & Tour is Saturday, Oct. 1 at 10:15 a.m. Free, reservation required. RSVP to 301-581-5109. At The Mansion at Strathmore, Gudelsky Gallery Suite, 10701 Rockville Pike, North Bethesda. Call 301-581-5100 or visit www.strathmore.org.

NOW THROUGH SEPT. 26

Abstractions and Realism. Mixed media featuring work by Chip Cecil, Genna Gurvich, Pilar Jimenez, Donna K. McGee, and Doug Moulden. Meet the Artist's Reception is Sunday, Sept. 11, from 1:30 to 3:30 p.m. At the Dennis and Phillip Ratner Museum, 10001 Old Georgetown Road, Bethesda. Call 301-897-1518.

THROUGH SEPT. 28

German Artist Detslef Allenberg. Free. Allenberg is from Rockville's Sister City Pinneberg, Germany. Reception is Friday, Sept. 9 from 6:30 to 8:30 p.m. At the Glenview Mansion Art Gallery at Rockville Civic Center Park, 603 Edmonston Drive, Rockville.

THOUGH SEPT. 30

The Trawick Prize. Bethesda Contemporary Art



OCT. 8 AND 9

Catching Light. Watercolor artist Susan Lenczowski will present an exhibition of her paintings. Saturday, Oct. 8 from noon to 5 p.m.; Sunday, Oct. 9 from noon to 5 p.m. A reception will be held Saturday from 5 to 7 p.m. At the Yellow Barn Gallery at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Visit www.yellowbarnstudio.com, or call 301-492-6229.

Awards features the work of 11 artists from Sept. 1 - 30 at the Artery Plaza Gallery, 7200 Wisconsin Ave., Bethesda. Gallery hours are Wed. - Sat., 12-6 p.m. An opening reception will be held on Friday, Sept. 9 from 6-9 p.m. The Trawick Prize is celebrating its ninth year of honoring regional artists with \$14,000 in prize monies. Call 301-215-6660 or www.bethesda.org.

OCT. 1 AND 2

Moved by Beauty. Potomac artist Dolores Gomez-Bustillo will show figure and landscape paintings. Artist's reception is Saturday, Oct. 1 from 5 to 7 p.m. At the Yellow Barn Gallery in Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Call 301-371-5593.

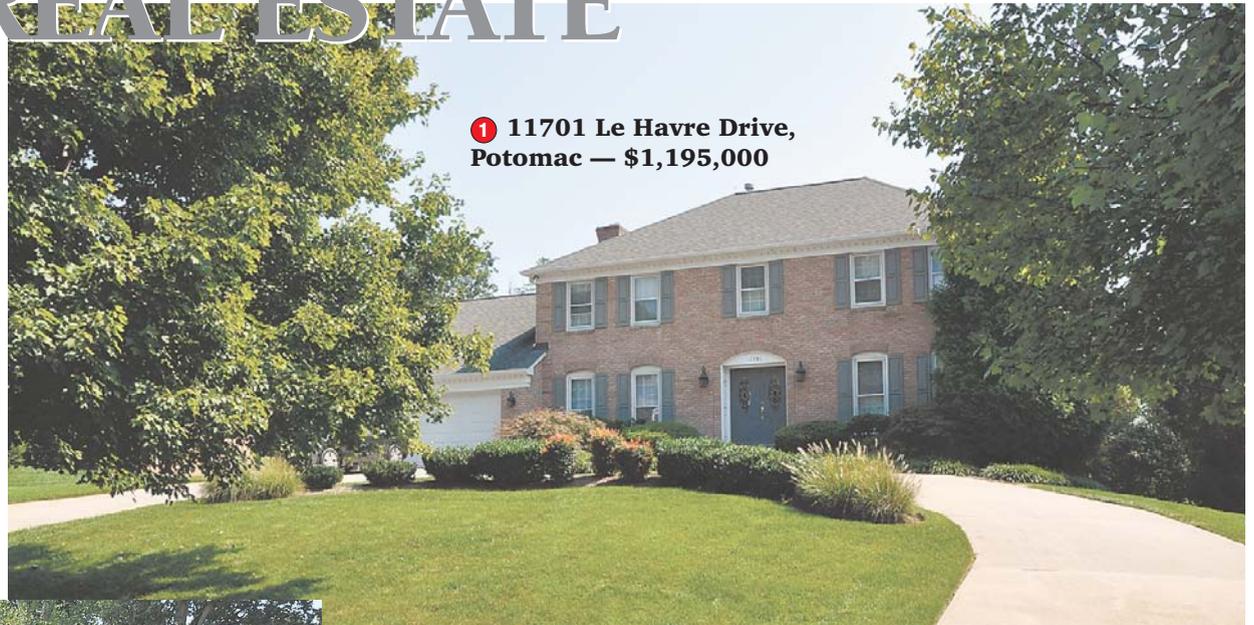
THROUGH OCT. 2

Potomac Artist Julia Latein-Kimmig. Show entitled "Mix No Match." Artist's reception is Friday, Sept. 2 from 6 to 8 p.m. Hands-on workshop entitled "Wild Card" on Saturday, Sept. 10 from 1-4 p.m. At the Foundry Gallery in Dupont Circle. Visit www.foundrygallery.org.

Potomac REAL ESTATE

**Sold in July
between \$1 million
and \$1.2 million**

IN JULY 2011, 66 POTOMAC HOMES SOLD
BETWEEN \$3,700,000-\$252,500.



**1 11701 Le Havre Drive,
Potomac — \$1,195,000**



**2 23 Mercy Court,
Potomac — \$1,700,000**



**3 9816 Clydesdale Street,
Potomac — \$1,080,000**

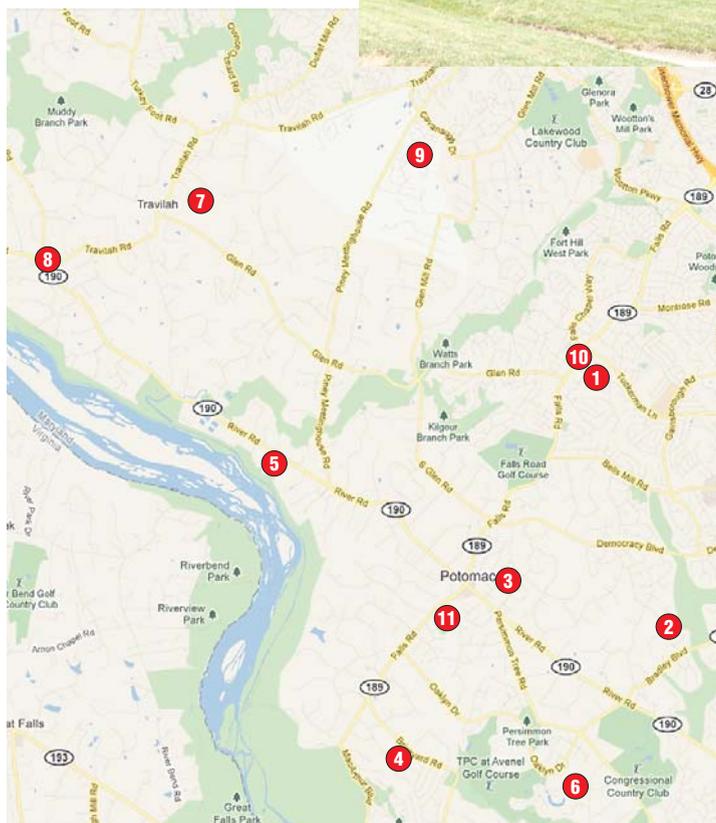
**4 8401 Kingsgate Road,
Potomac — \$1,074,000**



**5 10828 Admirals Way,
Potomac — \$1,068,000**



**6 9412 Turnberry Drive,
Potomac — \$1,050,000**



© Google Map data

Address	BR	FB	HB	Postal	City	Sold Price	Type	Lot AC	Postal Code	Subdivision	Date Sold
1 11701 LE HAVRE DR	6	3	1	POTOMAC	...	\$1,195,000	Detached	0.37	20854	LAKE NORMANDY ESTS	07/15/11
2 23 MERCY CT	5	4	1	POTOMAC	...	\$1,170,000	Detached	0.46	20854	MCAULEY PARK	07/22/11
3 9816 CLYDESDALE ST	4	4	1	POTOMAC	...	\$1,080,000	Detached	0.40	20854	POTOMAC VILLAGE	07/05/11
4 8401 KINGSGATE RD	4	2	1	POTOMAC	...	\$1,074,000	Detached	0.37	20854	FAWCETT FARMS	07/15/11
5 10828 ADMIRALS WAY	4	3	1	POTOMAC	...	\$1,068,000	Detached	1.63	20854	POTOMAC HUNT ACRES	07/11/11
6 9412 TURNBERRY DR	5	3	1	POTOMAC	...	\$1,050,000	Townhouse	0.08	20854	AVENEL	07/15/11
7 12308 BRIARBUSH LN	5	4	1	POTOMAC	...	\$1,049,000	Detached	2.00	20854	DARNESTOWN OUTSIDE	07/05/11
8 10 TRAVILAH TER	6	4	2	POTOMAC	...	\$1,040,000	Detached	2.02	20854	ESWORTHY ESTATES	07/08/11
9 13330 DEERBROOK DR	5	5	1	POTOMAC	...	\$1,037,000	Detached	0.17	20854	PINEY GLEN VILLAGE	07/18/11
10 11725 LE HAVRE DR	5	4	1	POTOMAC	...	\$1,035,000	Detached	0.35	20854	LAKE NORMANDY ESTS	07/01/11
11 10304 SNOWPINE WAY	6	4	1	POTOMAC	...	\$1,000,000	Detached	0.40	20854	POTOMAC OUTSIDE	07/25/11

SOURCE: MRIS, INC. FOR MORE INFORMATION ON MRIS, VISIT WWW.MRIS.COM

FAITH

Working To Draw Christians to Church

Scotland AME Zion Church joins national effort to increase church attendance.

BY MARILYN CAMPBELL
THE ALMANAC

When Karneesha Williams walked through the doors of the Scotland African Methodist Episcopal (AME) Zion Church in Potomac on Sunday, Sept. 18, it was the first time she had been to a religious service in more than one year. She decided to attend after one of her friends extended an invitation.

"I don't come to church a lot," said Williams, a mother of three children. "But I was invited to Scotland Church today and I think it is important for my kids to come to church."

Williams is one of an estimated 1.4 million people across the country who attended a religious service on Back to Church Sunday, a national movement designed to increase church attendance by encouraging parishioners to extend invitations to family and friends. The event was organized by LifeWay Research, a branch of the Southern Baptist Convention. Scotland African Methodist Episcopal (AME) Zion Church was one of almost 10,000 churches from around the country that participated in the movement.

"Sometimes people fall off [from church] during the summer," said the Rev. Adrian Nelson, pastor of Scotland AME Zion Church. "This is a way to get people to come back and reinvigorate their spiritual lives."

This is the second year that Scotland AME Zion Church has taken part in the effort. Church members were encouraged to invite family and friends to the service, and church officials mailed invitations to members of the community.

"We've already had several people come and say that they've received our mailings and we're hoping to keep that momentum going," said Nelson.

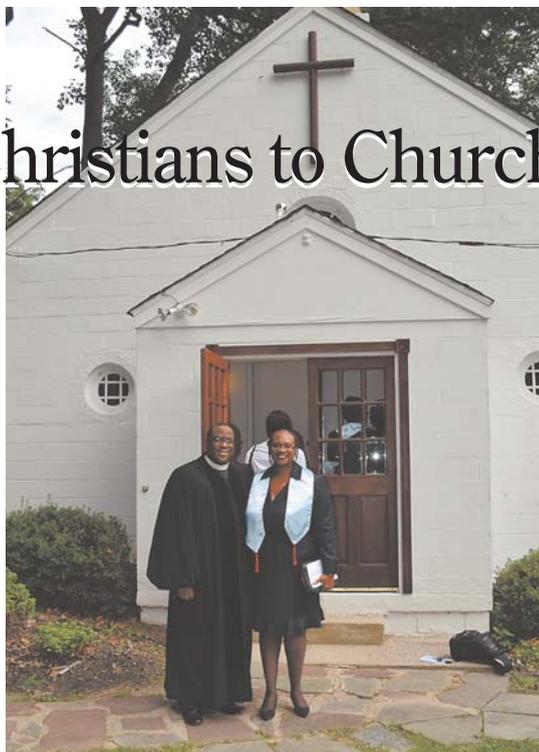


PHOTO BY MARILYN CAMPBELL/THE ALMANAC

The Rev. Adrian Nelson and his wife, the Rev. Tina Smith Nelson, prepare to enter Scotland African Methodist Episcopal Zion Church on National Back to Church Sunday.

Since its inception three years ago, more than one-million people from around the country have been invited to church as part of the Back to Church Sunday. "It is very [effective] in drawing people to come and celebrate God in a different way," said the Rev. Angela Thomas of Scotland AME Zion Church.

Eric Abel, national director of Back to Church Sunday, says that churches that participated in the 2010 campaign saw an average 26 percent increase in their weekend attendance.

"When members reach out to others, it makes a dramatic impact," said Abel. "Back to Church Sunday' focuses greater awareness on taking the time to simply ask a friend or family member to join you at church."

"People need to know that God is real," said Adrian Ferguson, director of Adult Christian Education at Scotland AME Zion Church. "We are up against very hard economic times. People need to be blessed and they need to know that there is grounding in the Lord."

Jewish Residents To Observe High Holidays

BY MAYA HOROWITZ
THE ALMANAC

The High Holidays of Judaism include the two days of Rosh Hashanah, the Jewish New Year, and Yom Kippur, the Day of Atonement. These are the most important holidays for the Jews. As such, many non-practicing Jews observe the traditions and come to synagogue.

"It's a very special time of year," said Rabbi Stuart Weinblatt of Congregation B'nai Tzedek. "It's a time when people flock to the synagogue and come in large numbers even though they may not come the rest of the year. Part of the reason for that is that it's a time of new beginning and of renewal. It's a time when the community all comes together."

This year, Rosh Hashanah begins the evening of Sept. 28 and Yom Kippur begins the evening of Oct. 7. The Roman calendar date changes each year because the date of the holiday is based on the Hebrew calendar, which is lunar rather than solar.

"The Jewish calendar based on the lunar calendar with corrections so Rosh Hashanah will always be in the fall," said Weinblatt. "This year it comes late in September. The holidays come late this year. It's the

secular calendar that's different."

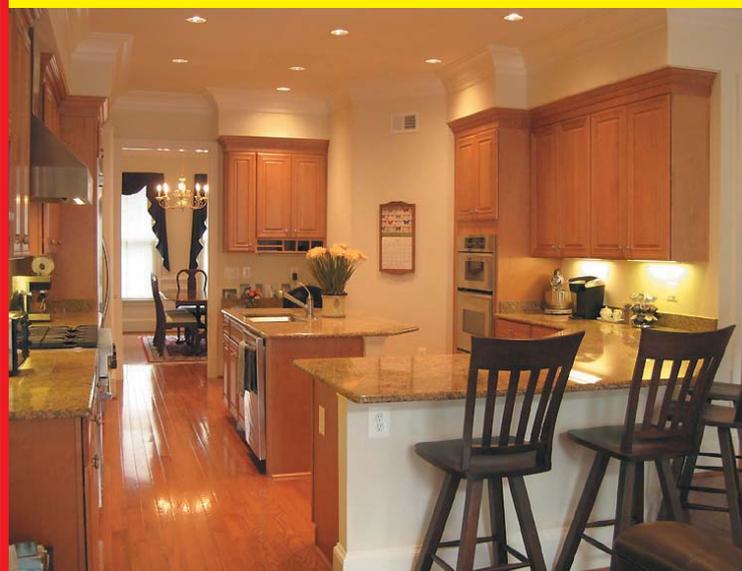
The High Holidays are a time for introspection and reflection. Rosh Hashanah is known as the Day of Judgment. God is said to decide each person's fate for the next year by choosing to inscribe their name in the Book of Life. However, God's judgments are not final until Yom Kippur.

The seven-day interval between the two days of Rosh Hashanah and one day of Yom Kippur make up the 10 days of repentance or days of awe. During this period, individuals are compelled to make up for any wrongs they have committed in the past year.

"Another element that is very significant is it's also a time when we think about our deeds," said Weinblatt. "And what it is what we may need to and want to change in the coming year. We reflect on who we are and who we should be and how we would like to try align ourselves with the moral and ethical teachings of our tradition."

Yom Kippur is referred to as the holiest of the holy days. It is observed by a full day of fasting and intensive prayer. Normal daily comforts such as wearing leather shoes are to be avoided. This is the last day to atone for one's sins and bid to have one's name inscribed in the Book of Life.

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Churchill Girls Open Season with Goal-Scoring Barrage

Six Bulldogs score at least once, Cantor records hat trick.

BY JON ROETMAN
THE ALMANAC

Zoe Forster is the Churchill girls soccer team's offensive catalyst. The junior midfielder gets the ball where it needs to go to start the Bulldogs' attack, but she isn't used to her contributions showing in the form of statistics. So after Forster let fly with a shot from 27 yards out during Churchill's season opener on Sept. 15, she was surprised with the result.

Forster buried a bending ball in the net and the Bulldogs started the 2011 campaign with a 9-0 victory against Watkins Mill at Shepherd Stadium. Forster was one of six Bulldogs to score at least one goal during the lopsided victory.

"I honestly was shocked," Forster said. "The girls said that when I turned around my face [had a look of] shock. I didn't even believe that I scored that. I was so happy. ... I usually don't take shots [from] that far or get goals. I'm more of the playmaker on the team, so I was happy that I got that goal."

Churchill had two games postponed due to inclement weather, resulting in 11 consecutive days of practice before its season opener. The Bulldogs played like a team eager to get on the field, building a 6-0 half-time lead.

"In the almost 20 years that I've been coaching, I've never had 11 straight days of practice," Churchill head coach Haroot Hakopian said. "It doesn't happen in pre-



Zoe Forster often starts Churchill's attack, but against Watkins Mill on Sept. 15, she got involved on the goal-scoring end.

season because you have scrimmages, it never ever happens. That's a really long time, especially with half of them being indoors. It gets hard to keep your edge and to keep your focus and all those things. I'm glad we were able to do it."

Jenna Cantor opened the season with a three-goal effort, including two in the first half. The senior forward netted the game's first goal in the fourth minute.

"A hat trick is really exciting," Cantor said. "I got great balls from my teammates. I



Churchill senior Jenna Cantor, left, scored three goals during the Bulldogs' season-opening 9-0 victory against Watkins Mill on Sept. 15.

couldn't have done it without them."

Cantor is one of four team captains — senior midfielder Emily Petti, senior defender Jackie Lamberman and Forster are also captains — and is one of the Bulldogs' top scoring threats.

"It's going to be a little more difficult [as the season progresses] because people are going to know who she is and they're going to focus in on her, so we have to work a little bit more about making sure that she doesn't stay in the middle of the field and

goes to all sides so the defenders can't block her out of the game," Hakopian said. "It's a great start, but that's what we expect from her. She's one of our target players that we look for. She did a great job. She had her hat trick and you can't ask anymore than that."

Junior Suzanne Johnson scored two goals for the Bulldogs. Seniors Hanna Taft, Colby Ranck and Lucy Mangan each scored one.

Churchill amassed a 26-3-1 record over the last two seasons and twice reached the 4A West Region final. Each year, however, the Bulldogs lost to Bethesda-Chevy Chase, which has won three consecutive state championships.

This season, the key to Churchill's success will be how well the Bulldogs' experienced players blend with the team's six freshmen. Hakopian said maintaining focus during close games will be important down the road. As for the team's opener, Hakopian was pleased with the Bulldogs' performance, including the play of freshman midfielder Keaira Clark.

"I thought we combined really well," the coach said. "That's what we've been working on the 11 straight days of practice we've had without playing a game. We worked on combination play yesterday in practice, it showed tonight. We combined very, very well."

"... honestly, [even against] stiffer competition, the process of the attack and the idea of the attack stays the same. We're not going to have as many opportunities, but the idea still stays the same: outside, middle, back outside to the other side to make the defense shift back and forth. That's the way we like to play."

The Bulldogs also defeated Clarksburg 7-1 on Sept. 19. Churchill will travel to face Quince Orchard at 7 p.m. on Sept. 23.

SPORTS BRIEFS



Churchill's Harry Criswell attempts to knock down a Bethesda-Chevy Chase pass during the Bulldogs' 47-7 victory on Sept. 16.

Churchill Football Remains Undefeated

The Churchill football team improved to 3-0 with a 47-7 victory against Bethesda-Chevy Chase on Sept. 16. The Bulldogs led 34-0 at halftime and added a pair of touchdowns in the fourth quarter.

Churchill quarterback Lansana Keita completed 7 of 8 passes for 149 yards and two touchdowns. He also rushed nine times for 39 yards and a score. Dominique Williams had two catches for 73 yards and a touchdown and Quan Gill pulled in two passes for 43 yards and a score.

The Bulldogs rushed for 208 yards and five different players scored a touchdown. Curtis Kamara led the way with 112 yards and a touchdown in 12 carries. Keita, Williams Jonathan Lee, and Vinny Montgillion each scored a rushing touchdown.

Defensively, Bret Sickels led Churchill

with nine tackles and Jacob Suissa finished with eight. Nadim Elhage recorded two sacks and Malik Harris, Aik Davis and Odin Soevik each had one.

Churchill will travel to face Seneca Valley at 6:30 p.m. on Friday, Sept. 23.

Whitman Football Bounces Back

One week after losing to Churchill, the Whitman football team responded with a 49-14 victory against Kennedy on Sept. 16.

The Vikings rushed for 282 yards and four touchdowns.

Quarterback Michael Flack rushed seven times for 128 yards and a touchdown. He also completed 4 of 5 passes for 27 yards and two scores. He was intercepted once.

Whitman's Val Djidotor carried eight times for 82 yards. Alkaly Soumah and Zac Morton each scored a rushing touchdown,

Stephen Werner caught a touchdown pass and Arsalan Nejad scored a rushing and a receiving touchdown.

Whitman will travel to face Springbrook at 6:30 p.m. on Sept. 23.

Wootton Football Falls to Damascus

The Wootton football team lost to Damascus, 49-12, on Sept. 16, dropping the Patriots' record to 1-2. Wootton will host Richard Montgomery at 6:30 p.m. on Sept. 23.

Bullis Football Wins

The Bullis football team improved its record to 2-1 with a 35-7 victory against Potomac School on Sept. 16. Bullis will travel to face St. John's Catholic Prep at 6 p.m. on Sept. 23.

Helping 'Repair the World'

Hayley Segall focuses on laptops for sick children.

BY MAYA HOROWITZ
THE ALMANAC

Hayley Segall of Potomac isn't the average 13-year-old girl. Using her bat mitzvah as a starting point, she began a campaign to get laptops for sick children and their families staying at the Children's Inn at the National Institutes of Health.

Her synagogue, Adat Shalom in Bethesda, encourages bar and bat mitzvah students to take on a "tikkun olam" project as part of their coming-of-age ceremonies.

"Tikkun olam means to repair the world," said Hayley. "It's something we go by. It's called a mitzvah. It's a good deed. They ask that you to do a good deed to repair the world to show that you are a growing person and you can do whatever feels right to you. It's a tradition."

In researching a charity, she wanted to choose something that she could personally relate to and that would have tangible results.

"I felt almost an obligation," said Hayley. "Something that would really touch my heart if it was successful."

She found the Children's Inn, a place where sick children stay while they are being treated at NIH. Hayley discovered that they did not have enough laptops for all of the children to use.

"A lot of them are from out of the country and from thousands of miles away," said Hayley. "They're not with their whole family and all their friends. This is an exceedingly scary time in their lives. I know if it were me, the only thing that would comfort me would be to be with my family and friends. But with webcams and skype, they can be with family and friends. That period of time that is so scary and challenging is made easier. It's a great way to stay connected with regular life which is really, really hard for these people."

With her bat mitzvah money combined with donations, she has raised \$3,300. She recently donated \$1,655 of that, which translated into four laptops with webcams and warranties. Her goal is to get 10 to 12 laptops for the 59 families staying at the Children's Inn.

"This goal of mine never ends," said Hayley. "It's never going to be completely reached until everybody is satisfied."



Hayley Segall with Rick Saunders, information systems director at the Children's Inn.

"We're very excited for her and very proud of her," said Lauren Gross, Hayley's mother. "She has really made this project her own. She is very motivated about what she's doing and why she's doing it. She really feels the need of these kids to have the connections with home and family. She has the ability to sympathize with these kids who are away from home and their friends and family."

Gross has been impressed with the amount of work Hayley has put in to this project including identifying possible donors, writing a letter and creating a website.

Hayley is a proud member of the Potomac community. "I love living here," said Hayley. "It always seems like it's very green here. There are lots of great people here."

To donate to Hayley or learn more about her project, go to www.firstgiving.com/fundraiser/hayleyslaptopproject/nih-childrens-inn.

Golf Classic To Benefit Children

Event to support Blessing in a Backpack and The Sharing Montgomery Fund.

BY SUSAN BELFORD
THE ALMANAC

More than 60 children in a local Montgomery County elementary school will be able to eat on the weekends due to a commitment made by former NFL player and local resident Eugene Profit.

Profit and his financial investment company, Profit Investment Management will be hosting the Profit Golf Classic at TPC Potomac at Avenel Farm in Potomac on Oct. 3. Profit chose charities which reflect his interest in education, chil-

SEE PROFIT GOLF CLASSIC, PAGE 15



Eugene Profit of Profit Investment Management.

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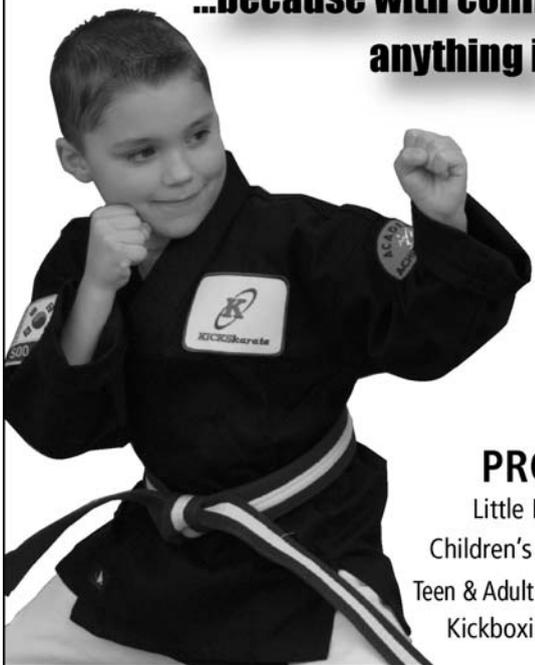
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"Canceronymous"



By KENNETH B. LOURIE

Hello. My name is Ken. I have cancer. I have never been to a meeting before. I've seen a psychologist twice, but never before have I participated in any kind of public forum where my fellow cancer patients were in attendance. I'm not exactly sure what there is to gain from confessing – and admitting – my cancer-related sins, but I imagine denial is not a prudent long-range solution. Nor do I imagine there's a twelve step program for cancer sobriety; it's likely a two-step program: one foot in front of the other.

And for two and half years, that's how I've rolled: steadily forward. Trying to smell some roses as I went while attempting to stress less and live more. Aware of my rather ominous circumstances and terminal prognosis (which I have now exceeded, big time), but ever mindful of the infamous fat lady whose songs have often been heard but in whose name many predictions have failed to materialize. Not that my oncologist was predicting, back in Feb., 2009 when he told Team Lourie that my diagnosis was stage IV lung cancer, very serious; and that I had "13 months to two years" to live. It was more his very-educated opinion about an extremely unfortunate set of health circumstances that had begun to reveal themselves during the last week of Dec., 2008. That is when I first went to the Emergency Room complaining about a pain in my left rib cage that had migrated to the right (even I had to admit that seemed odd). Combined with the difficulty I was also having inhaling/breathing and bending at the waist, I consented to my wife, Dina's urging me to see a doctor so together we drove to the E.R. The rest is history I've rather not have made nor been a party to (some party!). But life goes on (don't I know it). Thank God!

So here I am, 30 months, post diagnosis, alive and not trying to count backwards. Trying as well to ignore certain facts – in evidence, and not consider other facts/ eventualities/inevitably and presume somehow, that grim is sometimes just a collection of fairy tales and not relevant at all to my long-range (heck, make that short-term and/or medium-term) prognosis. Ignorance is not exactly bliss – for me, but it is a means to a hopefully not premature end. Although I don't see any of this as a beginning, either. It's more of a continuation. Still, as long as it's not an end, I can live with it. Duh!

In addition to taking one step at a time, one day at a time, etc., and thinking that no news is good news and it's nothing until it's something, I will continue to believe in statistical anomalies and exceptions that disprove the rule. Moreover, I can still pretend with the best of them/us (terminal patients) that somehow I'm different (and not terminal) and believe as well in the power of a positive attitude. The fact that I have cancer is not the first thing out of my mouth (though it is – more often than not – as you regular readers know, the first thing out of my pen), it is generally the last thing, and only if someone asks. As much as it is what I have, it can't be who I am (somehow).

Thank you for letting me share. I feel better already.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



Montgomery County Fire Fighters from Station 33 plant an oak tree in memory of Ernest M. Willcher and all those lost on 9/11.



Flag-waving Har Shalom religious school students sing the national anthem during the 9/11 anniversary observance.

Har Shalom Hosts 9/11 Remembrance Ceremony

Firefighters plant memorial tree.

BY SUSAN BELFORD
THE ALMANAC

More than 350 members of Har Shalom and the Potomac community gathered on Sunday, Sept. 11 in remembrance of those lost in the tragic events of 10 years ago. The service, led by Rabbi Adam Raskin, combined patriotic music, the mournful sound of the shofar (a traditional instrument made from a ram's horn), prayers and a ceremony of remembrance and hope.

"Whether you were living or not yet born, you know that what happened on this day 10 years ago had a profound effect on our country. Today we are here to remember the loss of those no longer with us, and the bravery of those who rushed in to help," said Raskin to the multigenerational audience.

Every Potomac resident was personally affected by the tragic deaths of 9/11 — and everyone remembers exactly where he or she was when the planes hit the Twin Towers in New York, struck the Pentagon, and crashed in the fields near Shanksville, Pa. Har Shalom President Jeff Ashin was driving down the George Washington Parkway towards D.C. when he looked over to see black smoke coming from the Pentagon. He had no idea that the U.S. was under attack from terrorists. When he arrived at his destination, he found chaos — and then learned what was happening.

"Our congregation lost a long-time friend and member Ernest Willcher who was in the Pentagon," said Ashin. "We also lost Todd Reuben who had his bar mitzvah at Har Shalom. Thus, each of us felt a personal loss on 9/11 — and many of us knew other victims or their families and friends. Our Congregation wanted to pull together the community and our members to pray for peace, to honor those who died, and to support one another. Having the firefighters here with us made the service so meaningful. Many of us shed tears reliving the hor-



Montgomery County Fire and Rescue's Captain Amy Vanderryn and Congregation Har Shalom's Rabbi Adam Raskin at the 9/11 Ceremony at Har Shalom.

rors of the day. Our children only know about the event from what they have been told or what they have read — and we want them to know and understand the importance of that day and how it affected the entire country."

"That day brought us together as a nation — and it made our Congregation more

supportive of one another," he continued.

Har Shalom member Barbara Kaplowitz praised the rabbi for his remarks, "Many of the children who attended were not even born when this happened, but Rabbi Raskin made certain the children understood the significance of this event in our history."

An oak tree sapling was planted in memory Willcher and all of the victims of 9/11. Montgomery County Fire and Rescue Service's Captain Amy Vanderryn recited "Yizkor: A Memorial Prayer for Victims and First Responders" and then three firefighters from Fire Station #33, located next door to Har Shalom, planted the sapling in the children's playground.

"All the children gathered around the firefighters as they planted the tree. It is significant that the tree is planted in a place where children play, so they will never forget the events of 9/11," said Kaplowitz.

The crowd sang Hebrew songs as well as "God Bless America." Then they joined in a parade, led by the Har Shalom religious school 1st, 2nd and 3rd graders waving American Flags and marching to "The Star Spangled Banner."

Profit Golf Classic To Benefit Charities for Children

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dren and helping students to succeed. The funds raised will benefit two charities: Blessings in a Backpack and The Sharing Montgomery Fund.

"Both of these charities are dear to our team," said Profit, CEO and portfolio manager of Profit Investment Management. "At Profit, we want to enable everyone to have more opportunities and educational assistance and the tournament is a way for us to assist two incredible charities that focus on children who need the community's help."

He continued, "We have decided to sponsor a Montgomery County elementary school where as many as 20 percent of the

300-plus students receive FARMS (free and reduced meals) assistance. This will be the first Maryland school to participate in Blessings in a Backpack. I am particularly pleased that the funds we raise will remain in Montgomery County."

According to Profit, Blessings in a Backpack is a nationwide organization (501c) which currently feeds 56,300 children in 328 schools across the country. Through this program, backpacks filled with non-perishable food are delivered to schools on Friday and placed in a child's cubby. The backpacks contain child-friendly, nutritious, easy-to-prepare food such as granola bars, tuna, macaroni and cheese, cereal, juice boxes, cereal and peanut butter.

The results of this program show that when the kids return to school on Monday, they are ready to learn, and they show improved test scores, reading skills, positive behavior, better attendance and health. It costs only \$80 to feed a child on the weekends for an entire school year, according to the website, www.blessingsinabackpack.org.

The Sharing Montgomery Fund assists more than 50 Montgomery County nonprofits that work with lowest income children, families and seniors including health clinics and food pantries to affordable housing and after-school tutoring programs. This fund is a pooled grant-making fund affiliated with The Community Foundation. "Give Where You Live" is their motto

— and the organization gives to many organizations including Manna Food Bank, A Wider Circle, CASA, the Literacy Council of Montgomery County, the George B. Thomas Sr. Learning Academy and the National Center for Children and Families.

The Oct. 3 Profit Golf Classic will begin at 10 a.m. with a complimentary professional swing analysis for all golfers. Lunch will be served at noon and the golf will begin with a shotgun at 1 p.m. After the golf tournament, guests will enjoy dinner, a silent auction and more festivities.

For more information on joining this event for Montgomery County charities, contact Profit at www.profitfunds.com or call 301-650-0059.



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