

The Arlington Connection

Washington-Lee senior Isabel Amend is the top returning cross country runner in the National District.

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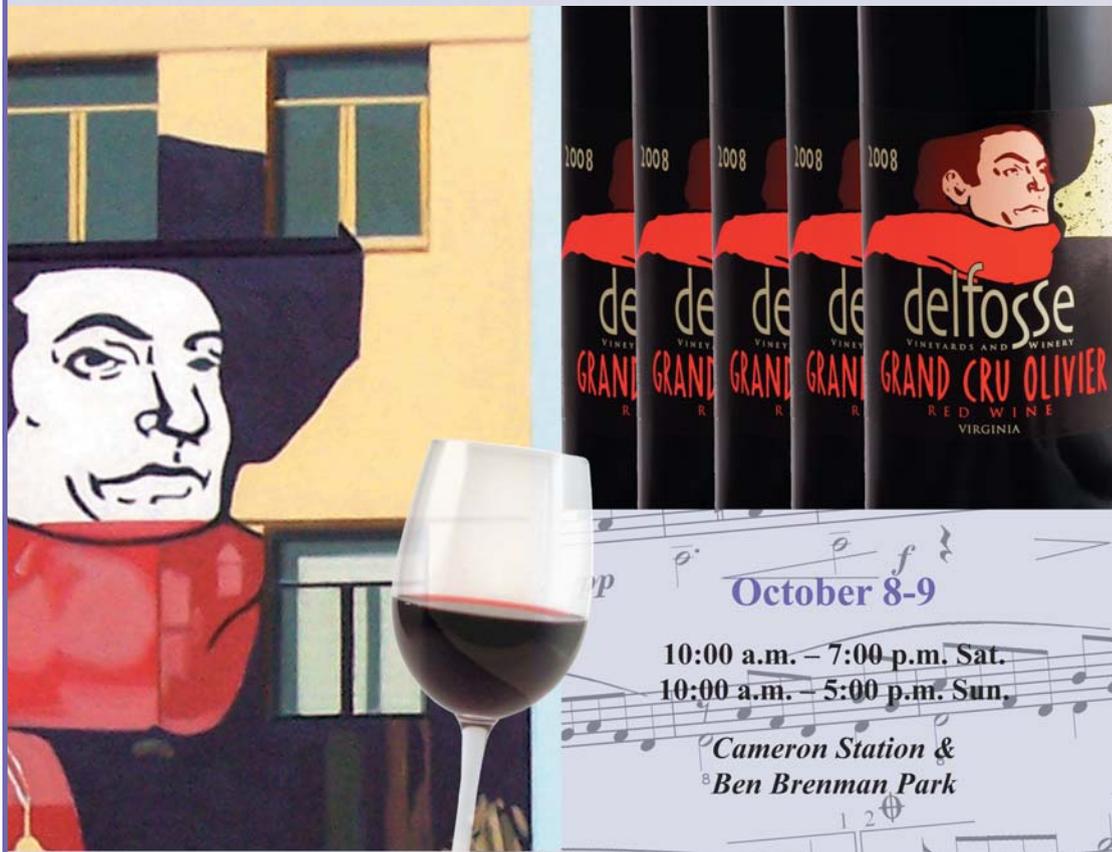
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OCTOBER 5-11, 2011

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CRIME

The following crimes were reported to the Arlington County Police Department for the week of Sept. 22 to 28.

ROBBERY. Sept. 26. 5100 block of Columbia Pike. At 12:45 a.m., a group of unknown men pushed a man off his bicycle and then stole the bicycle. The bicycle was later located and returned to the victim. There is no suspect description.

ASSAULT AND BATTERY. Sept. 22. 3200 block of S. 24th St. At 3:30 p.m., a man assaulted and stole money from his former girlfriend.

ASSAULT AND BATTERY-ARREST. Sept. 23. 4000 block of N. 5th St. On Sept. 22 at 11 p.m., a man assaulted a female towing company employee. A 62-year-old man from Washington, D.C., was charged with simple assault. He was released on his own recognizance.

ASSAULT AND BATTERY. Sept. 23. 4800 block of Columbia Pike. At 3 a.m., an intoxicated male was seen punching doors and throwing trashcans into the street. He told police that three Hispanic men had assaulted him, but that they did not take any of his belongings.

ASSAULT AND BATTERY-ARREST. Sept. 25. 500 block of S. 23rd Street. At 1 a.m., two men assaulted a third male. One suspect was located that evening and arrested, the second was later identified. A 22-year-old man from Danville, Va., was charged with Assault and Battery. He was held on a \$1,000 bond.

ASSAULT AND BATTERY. Sept. 25. 4600 block of Washington Boulevard. At 2:30 a.m., a woman reported that she got into a car in Washington,

SEE CRIME REPORT, PAGE 17

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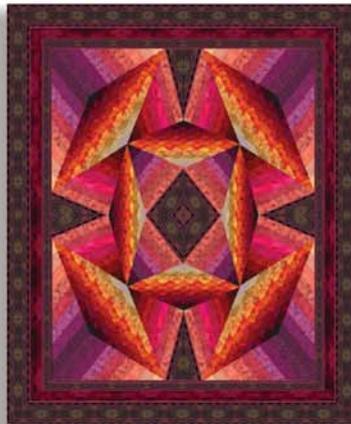
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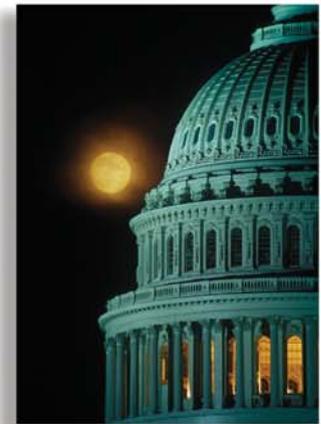
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Pet Blessing

The Rev. Dr. Janet Parker says a prayer for the Gibson's family dog, Ollie, during the blessing of the animals ceremony.



Kramer is one of many pets participating in the blessing the animals.



The community comes together for the blessing of animals inside Rocks Springs Congregational UCC church on Sunday, Oct. 2.

Developing Crystal City's Soul

County leaders break ground on southern gateway and look to radical new future.

BY MICHAEL LEE POPE
THE CONNECTION

Change is coming to Crystal City, the dystopian city of the future that has become a dated relic from the past. This week, county leaders gathered at the southern edge of Crystal City to break ground on a new gateway that will welcome drivers and pedestrians coming from Alexandria. The \$300,000 project is being funded by the Crystal City Business Improvement District, which is funded by a tax on businesses in the neighborhood.

"People are thinking differently about Crystal City," said Angela Fox, president of the BID. "It has always been a phenomenally convenient and well-located place to be, and now it is also developing quite an interesting soul."

The gateway will be constructed on a triangular stretch of land veering off from Route 1 along Crystal Drive, a 30,000-square-foot parcel owned by Gould Property Company that presents a first impression for 50,000 motorists each day. The gateway will include new turf, 28 trees and LED lighting features laid out in a diagonal pattern that continues up the façade of the southern most building. It's a significant departure from the heavy concrete design of the original Crystal City, a futuristic concept that relied on parallel lines and subterranean passageways.



PHOTO BY MICHAEL LEE POPE/THE CONNECTION

The triangular piece of land where Crystal Drive veers off from Jefferson Davis Highway will be the location for the new southern gateway into Crystal City.

"In the years after World War II, the way we built towns and cities was kind of thrown out and everything was new and radically different than it had ever been before," said County Board Chairman Chris Zimmerman. "It turns out that humans evolved outdoors and we actually like to have some contact with the natural world, even when we are in an urban environment and perhaps especially when we are in an urban environment."

ZIMMERMAN CALLS the concept for Crystal City neo-traditional, meaning that in many ways it's a return to how cities were built 10,000 years before
SEE CRYSTAL CITY, PAGE 6

Calling Fowl on Zoning

Arlington residents want change in backyard hen regulations.

BY MONTIE MARTIN
THE CONNECTION

The urban agriculture movement in Arlington has taken on a new front, backyard hens which produce fresh eggs. Proponents seek to change the law by engaging in community dialogue, and hope to realize their goal by winter of 2013 in time for spring chicks.

Seen as a move towards progress and modernity, in the early 1960s Arlington County officials instituted zoning laws that essentially

forbade rural practices. Of particular impact was a stipulation prohibiting chickens and other fowl from living within 100 feet of neighboring buildings.

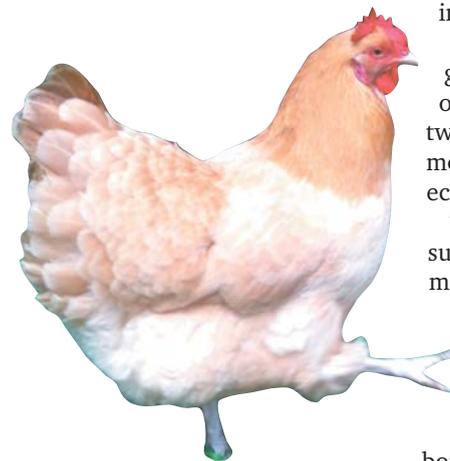
In 2011, progress has changed directions with respect to eco-conscious citizens. Urban farming is more than a trend; it is a way of life for many Arlington residents who keep vegetable gardens in an effort to grow food locally.

For some, the allure of freshly grown carrots, peas, and herbs is only the beginning. Keeping a hen or two that can produce fresh eggs every morning is the next logical step in the eco-friendly evolution.

"Backyard hens are an easy way to support the urban agriculture movement," said Tycie Hoarsley, co-founder of the Arlington Egg Project. "Unlike pigs or other 'farm' animals, you don't need to kill a hen to get food. They aren't noisy or smelly and will not disturb neighbors."

Ed Fendley, also a co-founder of the Egg Project, says keeping a backyard hen has many benefits. "Across the

SEE RESIDENTS SEEK PAGE 8



Rhode Island Reds are the preferred backyard chickens due to their sizeable eggs and friendly personality.

The Arlington Egg Project will host a backyard hen day on Feb. 16, 2012 at the Arlington Cinema and Draft House. The event includes comedian stand up, a showing of the film City Chickens, as well as an informational panel to address questions and concerns relating to backyard hens. For more information visit arlingtoneggproject.com

Residents Seek Change in Backyard Hen Regulations

FROM PAGE 3

country there is a growing interest in wholesome food, hens lay the freshest eggs, and raising them is a chance to provide life lessons for adults as well as children.”

Just don't call them chicken lovers. Supporters of the backyard hen movement are quick to point out that cack-

also includes their natural fertilizer, manure, which is used to support gardens. Building a coop is a stimulating physical and mental experience as well.

For Greg Godbout, owner of the Arlington Cinema and Draft House, the act of changing a law provides an educational experience for his daughter.

“While I don't need natural fresh eggs, changing the law is a fun project,” said Godbout. “It's a chance to teach my daughter how to be an engaged citizen.”

The Arlington Egg Project has found

community support for backyard hens; the group has close to a thousand signatures for their petition and hopes the cause will gain the backing from County Board members.

“I'm intrigued and interested, but there are still a lot of questions,” said County Board member Jay Fiset. “There needs to be a dialogue with the community to address potential concerns, but the zoning ordinance could be changed in a year to a year and a half.”

Although members of the Arlington Egg Project are willing to wait for changes to the zoning ordinance, it's an open secret that some Arlington residents already keep

ling roosters would be a severe grievance for neighbors, as well as the hens themselves.

Barbara Jacksier-Chasen, an author and Northern Virginia expert on raising hens, strongly discourages would-be chicken owners against keeping roosters. “The myth about roosters crowing at dawn is not true,” said Jacksier-Chasen. “They crow when they wake up, and whenever they want to impress a hen. They bully and assault hens to reproduce, females are much happier without roosters.”

In addition to fresh eggs, the benefits of maintaining backyard hens

“The zoning ordinance could be changed in a year to a year and a half.”

— Jay Fiset, Arlington County Board Member



MONTIE MARTIN/THE CONNECTION



By 2013, zoning regulations could be changed, allowing backyard hen owners to come out of hiding

Rosie poses at the Arlington County Fair, she could find a home in Arlington by 2013 when the zoning law is expected to change.

egg-laying hens. Complaints relating to backyard hens, however, have been minimal.

The one chicken infraction on record can only be described as a gift to amateur comedians. The incident involved chickens from one Arlington resident's coop that escaped and disrupted traffic, crisscrossing streets until Animal Control officers arrived on the scene.

“In 14 years that was the only contact we've encountered involving chickens,” said Susan Sherman, deputy executive director

with Arlington's Animal Shelter. “The chicken was not reclaimed, and was transferred to an educational farm in Prince William County.”

While there is no inherent danger to keeping backyard hens — they don't bite and they don't scratch — in January of this past year the Centers for Disease Control issued a warning that chickens from an Ohio farm were contaminated with salmonella. Chickens from the Ohio farm ended up in backyards across the country, and more than 90

SEE CALLING FOWL, PAGE 6



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BULLETIN BOARD

Know of something missing from the community calendar? E-mail it to arlington@connectionnewspapers.com. Deadline is 2 p.m. the Thursday before publication. Call Steve Hibbard at 703-917-6407 with any questions. Photos are welcome.

ONGOING

Craft Vendors Needed. The Woman's Club of Arlington needs craft vendors for their Nov. 12 Boutique. The boutique will run from 9 a.m. to 3 p.m. at their clubhouse located on 700 South Buchanan St., Arlington. Contact Sandy Newton at 703-522-5593.

Arlington Wild Birds Unlimited's

1929 World's Fair Carnival replica is up and running through Oct. 31. Owner Michael Zuiker's storefront window is decorated with miniature lifelike recreations of the carnival rides from the 1929 New York World's Fair. At 2437 North Harrison St., Arlington. Call 703-241-3988.

Arlington Meals on Wheels needs volunteers to deliver meals to homebound Mondays to Fridays, 11 a.m. - 12:30 p.m. Call 703-522-0811 or mowvolunteers@yahoo.com

THURSDAY/OCT. 6

Symposium: Tactical Cunning —The Skills and Methods Needed to Assess and Maximize Human Performance. 11:30 a.m. to 5 p.m. At the Potomac

Institute for Policy Studies, 901 North Stuart St., Suite 200, Arlington.

TUESDAY/OCT. 11

Candidate's Forum. 7 to 9 p.m. The purpose of the event is to provide parents, community members, and voting students the opportunity to hear first-hand from local candidates. At Yorktown High School, 5200 Yorktown Blvd., Arlington. Contact Drew Teitelbaum at 571-384-0161.

WEDNESDAY/OCT. 12

Animal Welfare Statistics Discussion. 7 to 9 p.m. With guest SEE BULLETIN BOARD, PAGE 17

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NEWS

Crystal City Soul

FROM PAGE 3

the space age. In some ways it's an opportunity for modern planning to account for mistakes that were made a generation ago, when one prominent developer created Crystal City largely outside of any kind of oversight from county planning officials. Although some of that has become dated, like the bleak lines of architecture and lack of pedestrian amenities, some of it was progressive and will remain part of the plan.

"It's better than a lot of other stuff that was built in the era that really is a complete mess," said Zimmerman. "I'd rather have Crystal City to fix than Tysons Corner."

The planning process to reimagine emerged as a reaction to the Base Realignment and Closure Commission's 2005 decision to relocate 17,000 Department of Defense jobs out of Arlington, vacating 4.2 million square feet of office space. The commission decided Crystal City was no longer secure because it lacked adequate setbacks, which the Pentagon insisted on after 9/11. In reaction to that decision, county leaders hired a consultant who suggested getting rid of the underground mall. The subterranean shopping center was considered by many to be an outdated relic.

"I found the initial plan sorely lacking," said Sally Cooper, who resigned from the task force in protest. "The consultant's view was very myopic, and there was no appreciation for how unique and wonderful the underground space is."

AFTER A LONG DEBATE, Arlington leaders changed course and decided to keep the underground shopping plaza. The

County Board eventually passed the Crystal City sector plan in September 2010, a 40-year plan that calls for increasing the population in the neighborhood by 100 percent and increasing the density 60 percent. Part of the plan calls for allowing developers to construct buildings up to 21 stories in exchange for amenities such as public parks and realigning the confusing grid of streets. This is the part of the plan that many say is the most concerning part of the process, gambling on the future of the neighborhood.

"What happens if we get the increased heights but not the parks and roads?" asked Aurora Highlands resident Ted Saks, a member of the task force. "You'll have lost any leverage." Saks and others said they would have liked the final version of the plan to include more parks and open space, softening the hard edges of Crystal City and creating a more welcoming urban environment. They lost that battle, although the new southern gateway is a chance to soften the concrete neo-brutalism of the original Crystal City diagonal lines and natural elements. Much of what will happen in Crystal City in the coming decades will be designed to extend on that theme, adding a soul to the nine-to-five lifelessness that has exemplified the neighborhood over the years. "If you take a look at what was happening 20 or 30 years ago, some people liked communities that didn't have anything going on after 6 o'clock, and there was the whole move into the suburbs,"

"But at this point, the focus has changed. Density is good. Lights are good. Theater and great restaurants all work together to make a community vibrant into the evenings."

Calling Fowl on Zoning

FROM PAGE 4

people were sickened. Dr. Casey Barton Behravesh, an immunologist with the CDC, cautioned that while there are many benefits to keeping chickens, there are also risks associated with backyard flocks.

"Make sure you wash your hands with soap after handling chickens, never allow a chicken inside your house or where food is prepared, and don't let children under five years old play with chickens," said Behravesh.

Although kissing a chicken may seem innocent enough, even a peck on the cheek carries the risk

of disease.

Although there are risks associated with backyard egg-laying hens, proponents say they are no different than any other type of animal that comes into contact with people. "You need to wash your hands after handling chickens, you can't play in manure and then eat, it's the same after you pick up dog feces," said Hoarsley. "We are educating the community and taking care of fears and misperceptions. The zoning law won't change in the immediate future, but there is no reason not to have egg-laying hens and we're confident it will happen."

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Senior trips: Monday, Oct. 17, "The Crooners and Their Music," La Fontaine Dinner Theatre, Glen Burnie, Md., \$60; Wednesday, Oct. 19, Lorton Workhouse Arts Center, lunch, \$24; Friday, Oct. 21, Western Scenic Railroad, roundtrip from Cumberland, Md., \$73; Saturday, Oct. 22, "Les Miserables," The Kennedy

Center, matinee, \$98. Call Arlington County 55+ Travel, 703-228-4748. Registration required.

"8 Weeks to Optimum Health" discussion, Monday, Oct. 17, 2 p.m., Aurora Hills, Free. Register, 703-228-5722.

Cell phone basics, Monday, Oct. 17, 10 a.m. - 12 p.m., Langston-Brown. Free. Call for appt., 703-228-6300.

Pickleball games and coaching, beginners, Monday, Oct. 17 through Friday, October 21, 11 a.m. - 3 p.m., Walter Reed. Free with 55+ Pass. Details, 703-228-0955.

Rubber Stamping Club, Tuesday, Oct. 18, 10 a.m. - 3 p.m., Lee. Free. Details, 703-228-0555.

Low-impact aerobics, Tuesday,

Oct. 18, 9:30 a.m., Aurora Hills. \$60/15 sessions. Details, 703-228-5722.

Line dancing classes, Tuesday, Oct. 18 through Friday, Oct. 21. Call for locations and times; free, 703-228-4721.

Pickpocket and credit card fraud safeguards, Wednesday, Oct. 19, 1:30 p.m., Aurora Hills. Free. Register, 703-228-5722.

Weekly bicycle ride, Wednesday, Oct. 19, 9 a.m., starts at Bluemont Park. Free. Details, 703-228-4745.

Women's intramural basketball program, intermediate and advanced, begins Wednesday, Oct. 19, 7 p.m., Langston-Brown. \$84/7 games (\$70 with 55+ Pass). Register early, 703-228-4771.

NOTICE TO THE PUBLIC OF THE APPLICATION OF WASHINGTON GAS LIGHT COMPANY FOR APPROVAL TO IMPLEMENT THE SAVE RIDER FOR 2012 CASE NO. PUE-2011-00101

On September 1, 2011, Washington Gas Light Company ("WGL" or "Company") filed its application ("Application") for approval of the SAVE Rider for 2012 ("2012 SAVE Rider") as required by the Commission's April 21, 2011, Order approving WGL's SAVE Plan. The Company states that it estimates expenditures totaling \$29,754,000 during 2012 that will be allocated among the four SAVE Plan projects approved by the Commission. WGL estimates that the 2012 SAVE Rider will add \$6.43 to a typical residential customer's bill.

In Case No. PUE-2010-00087, the Commission approved WGL's overall SAVE Plan pursuant to Chapter 26 of Title 56 of the Code of Virginia ("Code") (§§ 56-603 et seq. - Steps to Advance Virginia's Energy (SAVE) Plan ("SAVE Act")). WGL states that the SAVE Act provides for the recovery of the costs of replacing gas utility infrastructure not otherwise recovered through rates previously approved by the Commission or through revenues from new customers who connect to the utility. Under its SAVE Plan as approved by the Commission, the Company expects to recover approximately \$116.5 million in anticipated expenditures for the replacement of facilities over a five-year period (2010-2014). WGL's SAVE Plan includes the following categories of eligible infrastructure replacement projects: (1) Bare and Unprotected Steel Service Replacement Program; (2) Bare and Unprotected Steel Main Replacement Program; (3) Mechanically Coupled Pipe Replacement Program; and (4) Enhancement of Optimize Decision Support Computer Program.

The SAVE Act authorizes eligible infrastructure replacement costs to be recovered through a SAVE rider, which, according to WGL's Application, is included in a separate line item on customers' bills labeled "All Applicable Riders." The Company states that the 2012 SAVE Rider will be applied to meter readings beginning with the January 2012 billing cycle. Additionally, WGL states that, in accordance with § 56-604 F of the SAVE Act, "the Company will re-set the SAVE Rider for 2012 to reflect eligible infrastructure replacement costs that are incorporated in base rates, following the issuance of the Commission's Final Order in the Company's current pending rate proceeding, Case No. PUE-2010-00139."

A public hearing on the Application shall be convened at 10 a.m. on November 1, 2011, in the Commission's Courtroom, Second Floor, Tyler Building, 1300 East Main Street, Richmond, VA 23219, to receive into the record the testimony of public witnesses and the evidence of the Company, any respondents, and the Commission Staff. Any person desiring to testify as a public witness should appear at the hearing location fifteen (15) minutes before the starting time on the day of the hearing and contact the Commission's Bailiff. Individuals with disabilities who require an accommodation to participate in the hearing should contact the Commission at least seven (7) days before the scheduled hearing date at 1-800-552-7945 (voice) or 1-804-371-9206 (TDD).

The Company's Application, the Commission's Order for Notice and Hearing, and all documents filed in Case No. PUE 2011-00101 may be inspected in the Commission's Document Control Center, Office of the Clerk of the Commission, First Floor, Tyler Building, 1300 East Main Street, Richmond, VA 23219, between the hours of 8:15 a.m. and 5 p.m., Monday through Friday, excluding holidays. The Application, the unofficial text of the Commission's orders, and other materials also may be viewed at the Commission's website at: <http://www.scc.virginia.gov/case>.

The Company will provide to interested persons, at no charge, a copy of the Application upon request to counsel to the Company, Meera Ahamed, Esquire, Washington Gas Light Company, 3rd Floor West, 101 Constitution Avenue, N.W., Washington, DC 20080. The copy of the Application may be provided on electronic storage medium or in electronic form if agreeable to the person making the request.

On or before October 26, 2011, any interested person may file written comments on the Application with Joel H. Peck, Clerk, State Corporation Commission, c/o Document Control Center, P.O. Box 2118, Richmond, VA 23218-2118. Interested persons desiring to submit comments electronically may do so on or before October 26, 2011, by following the instructions found on the Commission's website at: <http://www.scc.virginia.gov/case>. All comments shall refer to Case No. PUE-2011-00101.

Any person or entity may participate in this proceeding as a respondent as provided by the Commission's Rules of Practice and Procedure, specifically 5 VAC 5-20-80 B, *Participation as a respondent* and the requirements set by the Commission's Order for Notice and Hearing entered in this proceeding. On or before October 14, 2011, a respondent must file with the Clerk of the Commission a notice of participation. If not filed electronically, an original and fifteen (15) copies of the notice of participation must be submitted to Joel H. Peck, Clerk, State Corporation Commission, c/o Document Control Center, P.O. Box 2118, Richmond, VA 23218-2118. A copy of the notice of participation simultaneously shall be served on counsel to the Company, Meera Ahamed, Esquire, Washington Gas Light Company, 3rd Floor West, 101 Constitution Avenue, N.W., Washington, DC 20080. Pursuant to 5 VAC 5-20-80 B of the Commission's Rules of Practice and Procedure, any notice of participation shall set forth: (i) a precise statement of the interest of the respondent; (ii) a statement of the specific action sought to the extent then known; and (iii) the factual and legal basis for the action. Interested persons shall refer in all of their filed papers to Case No. PUE-2011-00101.

The Commission's Rules of Practice and Procedure may be viewed at: <http://www.scc.virginia.gov/case>. A printed copy of the Rules of Practice and Procedure and an official copy of the Commission's Order for Notice and Hearing in this proceeding may be obtained from Joel H. Peck, Clerk, State Corporation Commission, c/o Document Control Center, P.O. Box 2118, Richmond, VA 23218-2118. All correspondence shall refer to Case No. PUE-2011-00101.

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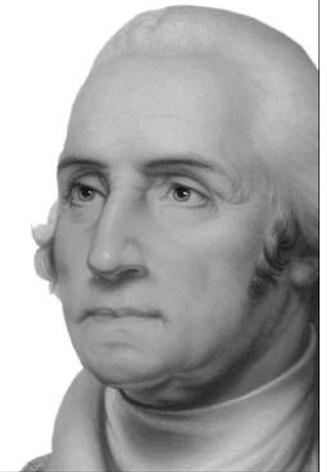
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WELLBEING

The Doctor Will See You [Right] Now

Concierge medicine offers greater access to physicians and less time in crowded waiting rooms.

BY MARILYN CAMPBELL
THE CONNECTION

At one point in her medical career, Dr. Sandy Ibrahim of Fairfax County saw about 25 patients per day. Each patient got less than 15 minutes of her time, even for a physical examination Ibrahim had little time to develop a doctor-patient relationship, which she said is an essential component of quality health care.

"I put out fires the best I could in the time I had," said Ibrahim.

In 2008, Ibrahim joined PartnerMD, a membership medical practice with an office in McLean. She now spends a minimum of 30 minutes with each patient during routine office visits and 90 minutes for a physical exam.

"I can sit with them one-on-one, really listen and learn about them," she said.

Ibrahim is part of a medical trend called concierge medicine. Here's how it works: patients join a concierge medical practice by paying a membership fee that typically ranges from \$900 to \$3,600. In exchange, they avoid long waits in crowded waiting rooms and spend more time with their physician during office visits. Their physical exams are more thorough than in many traditional practices and include in-depth screenings and tailored education for disease prevention. Same-day or next-day appointments are also common. In practices such as PartnerMD, patients even have 24/7 access to the physicians and medical staff, including their doctor's cell phone number and e-mail address.

"Patients [are not] just another medical chart," said Ibrahim. "Because I have more time to devote to each patient, I can dig deeper into their symptoms."

Tom Blue, executive director of American Academy of Private Physicians, said that annual exams in a concierge medical practice are more likely to provide early detection of diseases, which can lead to more successful treatments.

"[Concierge medical practices] are able to deliver a more current and modern ap-

proach particularly to disease prevention than traditional practices [in part] because [the services] don't hinge on what isn't reimbursed [by insurance companies]," said Blue. Most concierge practices accept insurance, and the membership fee is specifically for services that are not covered.

Blue said that although no official tracking of concierge practices is available in the Washington, D.C., area, he estimated that there about 200. Among the largest and most well-known companies offering such services are MDVIP and Priva Health.

"We have so much more paperwork to do because of the insurance companies. Unfortunately, some of the doctor-patient relationship gets lost."

— Dr. Janice Ragland, MD, Herndon Family Medicine



In a concierge medical practice, patients pay a membership fee ranging from \$900 to \$3,600. In exchange, they avoid long waits in crowded waiting rooms and spend more time with their physician during visits.

Concierge medical practices offer benefits for doctors, too, like a caseload reduction from as many as 3,000 to as few as 600 patients. Dr. Janice Ragland, M.D., a family practice physician with Herndon Family Medicine and former president of the Virginia Academy of Family Physicians says that fewer patients mean a stronger doctor-patient relationship.

"We have so much more paperwork to do because of the insurance companies," said Ragland, who has chosen to remain in a traditional practice. "Unfortunately,



DONATED PHOTOS

Dr. M. Anthony Casolaro of Virginia Hospital in Arlington says executive health clinics allow patients to get efficient, personalized attention and early detection of diseases, which can lead to more successful treatments.

some of the doctor-patient relationship gets lost."

The salary of family physicians, who are among the lowest-paid doctors, can increase when they transition to a concierge practice. "Often [doctors] have extremely significant debt that they've incurred through medical school, and they are looking at how they can make the amount of money they need to pay their bills off," said Ragland.

Concierge medicine came about in 1996, but the focus on finding innovative strategies to improve doctor-patient relationships is much older. In 1948, executive health programs emerged as a way to benefit both patient and physician. Since that time, other executive health clinics have sprouted up around the country including locally at Virginia Hospital Center in Arlington.

"We need to figure out ways to make the clinician's life more rewarding, and this is one of them."

— Len Nichols, Ph.D., director of the Center for Health Policy Research and Ethics at George Mason University

Like in concierge practices, patients pay a fee to join and get extensive, personalized physical examinations that include tests running the gamut from electrocardiograms and stress tests to CT scans and bone density tests. The tests are all performed in one appointment, and the doctor delivers the results to the patient at the end of the session.

"They do in one [visit] what you would need four or five visits to different physicians to accomplish," said Dr. M. Anthony Casolaro, M.D., medical director of Executive Health at Virginia Hospital in Arlington.

While concierge services replace tradi-

tional primary care doctors, executive health services are meant to work in concert with a primary care doctor. Rates at Executive Health at Virginia Hospital in Arlington start at \$2,200.

"It is really designed for people [for whom] time is [the] biggest constraint," said Casolaro.

One such person is Marc Wallace, an Arlington business owner who says he was dissatisfied with the hurried pace of the physical examinations he received from his primary care doctor. At the suggestion of a friend, he tried Executive Health at Virginia Hospital Center.

"I was able to ask [the doctor] any questions and not feel pressured like he had to run off to see somebody else quickly," said Wallace.

Some health care experts say that such personalized services cater to the elite and put additional stress on an already overburdened health care system. Baby Boomers

begin turning 65 this year and will require increased medical care. At the same time, the American Academy of Family Physicians says the number of medical students entering family practice is declining, with the current environment driving them into subspecialties like radiology and anesthesiology.

"The med student who is choosing family practice

now is pretty much in the single digits per year," said Len Nichols, Ph.D., director of the Center for Health Policy Research and Ethics at George Mason University. "We're not even replacing the [family practice doctors] we have, and we don't have enough now."

Nichols said the field of concierge medicine is not yet large enough to pose a serious threat to the health care system. In fact, he said there are aspects of the model that health policy experts would be wise to emulate. "I certainly wouldn't want to nip this innovation in the bud," he said. "We need to figure out ways to make the clinician's life more rewarding, and this is one of them."

SCHOOLS



Annie Budway, Will Hathaway, Sam Hall, Peter Janetos, Mike King (Volunteers of America CEO), Ryan Brackett and David Budway.

Action Team Student Leaders Recognized

Local Volunteers of America Chesapeake Action Team captains joined major leaguer Alex Cora of the Washington Nationals and Volunteers of America CEO Mike King on the field of the Nationals stadium to be recognized for their volunteer

service. Ryan Brackett, David Budway and William Hathaway represented the Action Team from St. Stephen's & St. Agnes School in Alexandria; Annie Budway and Sam Hall represented the Action Team from H-B Woodlawn in Arlington; and Peter Janetos repre-

sented the Action Team from Washington-Lee High School in Arlington. Each was given a certificate in recognition of their personal commitment to volunteering and their efforts to encourage other high school students to get involved in their communities.

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ENTERTAINMENT

NOW THROUGH OCT. 31

Fall for Art. Meet the gallery artists and enjoy food, conversation and wine as well as some great art. In addition, fill out the raffle ticket from now until Oct. 1 and drop it off at the gallery before the drawing at 7 p.m. on Saturday, Oct. 1, for a chance to win a \$50 gift certificate redeemable at the Arlington Arts Gallery, 5179 Lee Highway.

WEDNESDAY/OCT. 5

Superfoods. 6:30 to 8:30 p.m. Free. This program for beginning and advanced gardeners and cooks will explore cultural practices as well as preparation guidelines for including superfoods in your diet. At Arlington Central Library, Quincy St., Arlington. Preregister at 703-228-6414 or email ex013mg@vt.edu.

OCT. 5, 12, 20

Pardon the Pundit Live Comedy Contest

Preliminary rounds are Oct. 5, 12 and 20. Contestants' fate will be determined by the audience. Shows start at 7:30 p.m. (doors open at 6:30 p.m.) and tickets start at \$12. At the Arlington Cinema and Drafthouse in Arlington. Visit www.ArlingtonDrafthouse.com

THURSDAY/OCT. 6

Fall Solos 2011: 7 Artists in 7 Galleries. 6 to 9 p.m. Chloe Watson: Chairmen's Gallery; Stephanie Elaine Robbins: Experimental Gallery; Arden Bendler Browning: Meyer Gallery A; Jason Irla: Truland Gallery; David D'Orio: Meyer Gallery B; and Matt Dunn: Tiffany Gallery. At the Arlington Arts Center, 3550 Wilson Blvd., Arlington.

"Pershing's Own" Concert Series. 7:30 p.m. The U.S. Army Chorus: Pops! Goes the Chorus. At Brucker Hall, Fort Myer, Arlington. Visit www.usarmyband.com or call 703-696-3399.

60th Annual Fall Outing. 9:30 a.m. registration; 11 a.m. kick-off. Presented by the Arlington Chamber of Commerce at Fort Belvoir Golf Club. The event will also host a series of contests including a Putting Contest, a Closest to the Pin Contest and a Longest Drive Contest. Sponsorships and golfing slots are still available, contact the Chamber at 703-525-2400.

OCT. 7-21

"Nine." Performance dates: Oct. 7, 8, 9, 14, 15, 16, 21. Curtain times 8 p.m. Fridays and Saturdays; 3:30 p.m. Sundays. By Arthur Kopit with music/lyrics by Maury Yeston. Directed by Lisa Anne Bailey. At Kenmore Middle School Theatre, 200 S. Carlin Springs Road, Arlington.

OCT. 7 AND 8

Comedian Reese Waters. 9:55 p.m. Tickets are \$20. At the Arlington Cinema & Drafthouse, 2903 Columbia Pike Arlington. Visit <http://ArlingtonDrafthouse.com>.

SATURDAY/OCT. 8

Dogtober Day and Barkers Bash. 1 to 3 p.m. Contest for Best Kisser, Most Colorful Pup, Old Dog, Great Tricks, Terrific Pet Tricks, Most Adorable (Small, Medium or Large Dog), Best Tail Wagger, Cutest Costume, Fastest Pooch (Small, Medium or Large Dog), Best In Show. On-site registration starts at 12:15 p.m. Cost is \$6 a category; \$25 for unlimited categories. At Lacey Woods Park, 1200 N. George Mason Drive, Arlington. Go to www.arlingtonva.us/prcr, or contact 703-525-0168 or ParkRangers@arlingtonva.us.

Workshop on Fall Composting. 10 a.m. to noon. Learn how to make good use of your fall leaves, grass clippings and kitchen and garden waste at a free workshop offered by Master Gardeners of Northern Virginia in support of Virginia Cooperative Extension. At Fairlington Community Center, 3308 Stafford St., Arlington. To register, call 703-228-6414.

First Responder Breakfast. 10 a.m. At Mount Vernon Baptist Church, 935 23rd St. South, Arlington. Call 703-979-1558 or email: mvbccc@mvbccc.org.

Making Your Own Star Wars Costumes. 2 p.m. Join the 501st and Rebel Legions as they discuss how they make their intricate Star Wars costumes. At Arlington Central Library Auditorium, 1015 N. Quincy St., Arlington.

OCT. 8 AND 9

Northern Virginia Handcrafters Guild Fall Festival. Admission is \$3. Some 60 juried artisans and crafters will be on hand to show and sell their works. Saturday, Oct. 8 from 10 a.m. to 5 p.m.; Sunday, Oct. 9 from 11 a.m. to 4 p.m.



SATURDAY/OCT. 8

Oktoberfest Beer Festival. Noon to 7 p.m. Admission is \$25 for 10 drink tickets; free for non-drinkers. Additional drink tickets \$1 each with a five ticket minimum. Sample more than 100 different beers from 40 area breweries. Sponsored by the Capitol City Brewing Company. All beer taps close at 6 p.m. At the Village at Shirlington, Outdoor Streetscape, 4001 Campbell Ave., Arlington. Visit www.capcitybrew.com.

Admission is \$3. At Northern Virginia Community College, Annandale Campus, Gymnasium, 8333 Little River Turnpike, Annandale. Samples of their work can be seen at www.nvhc.org.

SUNDAY/OCT. 9

Author David J. Reimer. 2 to 4 p.m. Author of First North American Micro-Distillery Book, will sign copies of his book at One More Page, 2200 North Westmoreland St., Arlington.

MONDAYS, OCT. 10, 17, 24, 31

Meditation and Buddhism Introductory Class.

Every Monday at 7 p.m. to 8:30 p.m. Cost \$12. How to Solve Our Human Problems: The Four Noble Truths. In this series, learn how to identify and solve real problems, and how to develop a peaceful, happy mind even in the face of difficult situations. Class includes teaching, guided meditation, and Q&A. Everyone is welcome. Class taught by lay Buddhist Teacher, Chris Jamison. Vajrayogini Buddhist Center, Arlington Branch Location — The Griffin Center, 3800 Fairfax Dr., Suite 5, Arlington. Call 202-986-2257 or www.meditation-dc.org.

TUESDAY/OCT. 11

Christine and David Hagan. 7:30 p.m. NOVA Community Chorus Benefit Recital. Music for one piano, four hands: Brahms, Respighi, Milhaud, Gershwin and Jonathan Kolm. At the Rachel M. Schlesinger Concert Hall, NVCC Alexandria Campus, 3001 North Beauregard St., Alexandria. Call 703-845-6097.

Author Monica Brown on Raising Children. 7 p.m. Dr. Monica Brown will talk about the value of multicultural literature, great books for kids and about raising her own two daughters as bilingual, multi-racial Americans. At Arlington Central Library Auditorium, 1015 N. Quincy St., Arlington.

WEDNESDAY/OCT. 12

Workshop on Fall Composting. 6:30 to 8:30 p.m. Learn how to make good use of your fall leaves, grass clippings and kitchen and garden waste at a free workshop offered by Master Gardeners of Northern Virginia in support of Virginia Cooperative Extension. At Arlington Central Library, 1015 N. Quincy St., Arlington. To register, call 703-228-6414.

Tour of Historic Fort Myer. 5 p.m. Cost is \$20/members; \$30/non-members. The walking tour, conducted by Joint Base Myer-Henderson Hall historian Kim Holien, will include Victorian-era generals' quarters, stables, Civil War fort ruins, Summerall Field (the site of the Wright's Brothers' demonstration flights) and more. Sponsored by The Arlington Historical Society and Arlington Heritage Alliance. Visit www.arlingtonhistoricalsociety.org or contact Tom Dickinson at tomwd3@gmail.com or 703-841-4992.

THURSDAY/OCT. 13

Happy Hour at AAC. 5:30 to 7:30 p.m. Arlington Arts Center is hosting a Happy Hour for its new exhibition, Fall Solos 2011. Tickets are \$10/advance; \$15/door. Sponsored by Café Caturra, a newly opened wine bar in Ballston. At Arlington Arts Center, 3550 Wilson Blvd., Arlington. Call 703-248-6800.

FRIDAY/OCT. 14

SEE ENTERTAINMENT, PAGE 11

6th Annual Spooky Movie International Film Festival

Thursday, Oct. 13
to Sunday, Oct. 16

The Sixth Annual Spooky Movie International Horror Film Festival will kick-off with the international hit "Helldriver" on Thursday, Oct. 13. Scary movie watchers from all over area can scream together under one "Dome" during this weekend in Artisphere's 220-seat Dome Theatre.

Other horror highlights include "The Dead," "The Millennium Bug," "Midnight Son," "Little Deaths," closing-night feature "The Killage" and the premieres of "Patient 7" and "Mr. Bricks: A Heavy Metal Murder Musical."

Opening night attendees will enjoy a sponsored reception by Café Asia, complete with scary-oke, in Artisphere's Town Hall between the two screenings.

Admission is \$20/opening night; \$8/single screenings. Tickets are available for purchase through the Box Office Call Center at (888) 841-2787 or through www.artisphere.com. Weekend Pass (includes admission to all screenings from Friday, Oct. 14-Sunday, Oct. 16, does not include Thursday, Oct. 13 opening night): \$70. At the Artisphere, 1101 Wilson Blvd., Arlington. Artisphere's Spectrum Theatre is directly adjacent to Artisphere's main building and is located at 1611 N. Kent Street. Phone: 703-875-1100.

THURSDAY, OCT. 13

"Helldriver." Opening Night. Two screenings: 7 p.m. - 9:20 p.m. / 10 p.m. - 12:20 a.m. Reception: 8 p.m. - 11 p.m. Directed by Yoshihiro Nishimura / 105 mins / Japan. From visionary filmmaker Yoshihiro Nishimura ("Tokyo Gore Police") comes this epic, apocalyptic road movie. An alien-spawned, mysterious mist blankets portions of Japan, transforming those who inhale it into ravenous, flesh-eaters hell-bent on devouring the surviving population. Plunged into chaos, the southern half of the country remains untouched by the deadly gas, protected behind a heavily-fortified wall from the lawless wasteland of the north.

FRIDAY, OCT. 14

"The Watermen." 5 p.m. - 7:05 p.m. Directed by Matt Lockhart / 92 mins / USA. A group of friends who set out for the deep sea fishing trip of a lifetime suddenly find themselves adrift at sea after an electrical fire leaves them marooned with no communications in the deep Atlantic. Little do they know that their actions disturbed the native folk who despise outsiders.

"The Millennium Bug." 7:30 p.m. - 9:25 p.m. Directed by Kenneth Cran / 88 mins / USA. Madness and terror await the Haskin family in the isolated forests of the Sierra Diablos Mountains, where they have sought refuge from Y2K hysteria. Filmmaker Cran drenches the audience in gallons of blood from beginning to end in this fun mix of crazed, inbred, sexed up hillbillies and backwoods, underground, chomping monsters, relying on the old-school filmmaking techniques of miniatures and suitation - using no CGI.

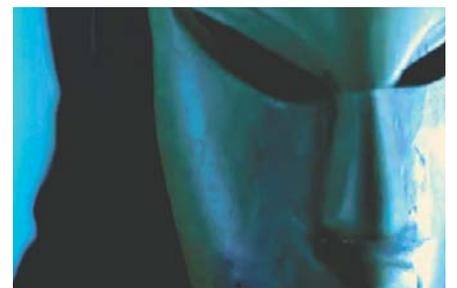
"The Dead." 9:50 p.m. - 12 a.m. Directed by Howard J. Ford / 105 mins / UK. An American mercenary, the sole survivor of a plane crash, has to run the gauntlet across Africa, battling with the living dead. Joining forces with a local military man, desperately searching for his son amongst the chaos, they fight together to survive, in the first Zombie Road-Movie set against the stunning backdrop of Africa. Shot



"Helldriver."



"The Oregonian."



"The Killage."

on locations in Burkina Faso and Ghana, West Africa.

SATURDAY, OCT. 15

"Little Deaths." 12:15 a.m. - 2 a.m. * No one under 17 will be admitted. Directed by Sean Hogan, Andrew Parkinson & Simon Rumley / 100 mins / UK. A cutting-edge horror/thriller anthology that explores the lives of three couples who are immersed in twisted games of psycho-sexual obsession and revenge. Featuring horrific tales of terror from Simon Rumley ("Red White & Blue and Living and the Dead"), Andrew Parkinson ("I, Zombie and Venus Drowning") and Sean Hogan ("Isle of Dogs" and "Summer's Blood"), "Little Deaths" was one of the more depraved unsettling selections at this year's South By Southwest where it had its world premiere.

"Pig." 12 p.m. - 1:55 p.m. Directed by Henry Barrial / 90 mins / USA. A man wakes up alone in the middle of the desert with a black hood on his head and his hands tied behind his back. His only clue, a piece of paper in his pocket with the name "Manny Elder" on it, sends him on a journey to Los Angeles to discover his past. But things and people are not what they seem and clues lead to something bigger and more unusual than the man could have ever imagined.

"I Didn't Come Here to Die." 2:15 p.m. - 4:25 p.m. Directed by Bradley Scott Sullivan / 81 mins / USA. A team of six young volunteers are working on a humanitarian project in the woods when horrific accidents, rash decisions and the unpredictability of human nature leads them all to the same disturbing conclusion: volunteer work can be a killer. Shot in seven days in Austin, Texas, Sullivan and his team have come up with an incredible debut.

"The Afflicted." 4:45 p.m. - 6:30 p.m. Directed by Jason Stoddard / 84 mins / USA. Leslie Easterbrook ("Rob Zombie's Halloween" and "Devil's Rejects") plays the lead role of

SEE SPOOKY MOVIE, PAGE 11

ENTERTAINMENT

Spooky Movie Film Festival

FROM PAGE 10

"Mother Maggie," a disturbed mother of four who delivers an unimaginable level of cruelty on her children, all the while defending her actions with her own twisted interpretations of scriptures. Escaping the wrath of their mother seems impossible and proves to be deadly. Inspired by the story of Theresa Knorr, "The Afflicted" takes you inside the lives of those who hopelessly live in constant fear. Also starring horror icon Kane Hodder ("Friday the 13th," "Hatchet" and "The Devil's Rejects").

"Midnight Son." 7 p.m. - 9:15 p.m. Directed by Scott Leberecht / 88 mins / USA. Jacob ("Zak Kilberg," "Zombie Strippers" and "The Slaughter," the opening night film at inaugural fest in 2006) is a young man confined to a life of isolation, due to a rare skin disorder that prevents him from being exposed to sunlight. His world opens up when he meets Mary (Maya Parish, "The Fallen Faithful" and "Leeches!") a local bartender, and falls in love. Forced by the disease to drink human blood for sustenance, he must control his increasingly violent tendencies as local law enforcement narrow their focus on him as a suspect in a series of grisly murders.

"Mr. Bricks: A Heavy Metal Murder Musical." 9:30 p.m. - 11:15 p.m. Directed by Travis Campbell / 76 mins / USA. The tattooed Tim Dax is Mr. Bricks, an ex-con left for dead. Searching for answers and his missing girl Scarlet (Nicola Fiore, "Miss Cannibal Holocaust" and "Game Over"), Bricks vows revenge on anyone who gets in his way, including a dirty cop (Vito Trigo, "Dark Windows"). Mr. Bricks is a bloody rampage of music and mayhem — GG Allin meets "The Rocky Horror Picture Show" — threaded together by nine head-banging musical numbers.

"The Oregonian." 11:50 p.m. - 1:55 a.m. Directed by Calvin Reeder / 81 mins / USA. While attempting to escape her past, a woman (Lindsay Pulsipher, "True Blood") is involved in a car accident. When she awakens, she finds herself in a place where things are off. The twisted story told in The Oregonian — one of the more hotly debated and controversial films from this year's

Sundance — works in the service of an uncomfortable atmosphere that won't soon be forgotten or forgiven.

SUNDAY, OCT. 16

"The Thing From Another World" (1951). Appropriate for ages 10-plus. 11:30 a.m. - 1:15 p.m. Free Admission. Directed by Howard Hawks / 87 mins / USA. Scientists at an Arctic research station discover a spacecraft buried in the ice, along with the frozen pilot (James Arness, "Them!" and "Gunsmoke"). Based on the 1938 novella "Who Goes There?" by John W. Campbell, Jr, all hell breaks loose when the military gets involved, and they remove the "thing" from the ice and (accidentally) thaw it out.

"Patient 17" (World Premiere). 1:30 p.m. - 3:30 p.m. Directed by Tuyet Le / 78 mins / UK. Two interns are asked to investigate a new patient after her failed suicide attempt. When they dig into her past, they discover disturbing events that connect them all to the dark secret of Sarah Benedict. Starring Hannah Waterman, Jonathan Linsley ("Pirates of the Caribbean"), Cornelius MacCarthy ("Millions") and Christopher Dune ("28 Days Later").

"Skew." 3:45 p.m. - 5:45 p.m. Directed by Sevé Schelenz / 82 mins / Canada. What starts out as a carefree adventure slowly becomes a descent into the ominous as unexplained events threaten to disrupt the balance between three close friends. Each one of them must struggle with personal demons and paranoia as friendships are tested and gruesome realities are revealed ... and recorded. Six years in the making, "Skew" is the first film since "The Blair Witch Project" to really make sense of the "found footage" sub-genre in a way where the camera (and the audience) is no longer a passive participant.

"The Killage." All Australian Closing Night 6 p.m. - 8:15 p.m. Directed by Joe Bauer / 102 mins / Australia. A group of 11 recruits, composed entirely of excruciating social stereotypes, and one dorky camp instructor, embark on a weekend-long work retreat in the quasi-wilderness of northern south-east Queensland. Everything goes relatively smoothly until one of the group members turns out to be a homicidal (and creative) maniac.

ENTERTAINMENT

FROM PAGE 10

The Influence Performs. 8:30 p.m. Free. Currently touring with their third album, "Falling Objects." At Northside Social, 3211 Wilson Blvd., Arlington.

SATURDAY/OCT. 15

Bicycle Collection. 8:30 a.m. to 3 p.m. Bikes for the World will team up with Boy Scout Troop 106 Scout Michael Saracco for his Eagle Scout Project, a one-day collection of used bikes. At Thomas Jefferson Middle School. Bikes will be reconditioned and distributed overseas. Visit www.bikesfortheworld.org or call 703-740-7856.

Boundary Stone Bike Tour. 9:15 a.m. Cost is \$2. Bike for 35 miles visiting boundary stones and parks. Meet at the entrance to East Falls Church Metro Station. Visit www.centerhikingclub.org or contact Bernie Berne at 703-243-0179

Home Maintenance Workshop. 10:30 a.m. to 1 p.m. Free. Four free classes (you choose, first come-first served) includes plumbing, electric, drywall repair and building safety. Sponsored by Arlington County's Housing Division, COOK BROS, Habitat for Humanity and the Arlington Career Center. At Arlington Career Center, 816 S. Walter Reed Dr., Arlington. Call 703-228-3765.

Rock n Roll Flea Market and Guitar Show. 10 a.m. to 4 p.m. At Northern Virginia Community College in Annandale. Visit www.rockfleamarket.com.

Arlington Artists Alliance Studio Tour & Sale. Noon to 5 p.m. Some 15 artists will participate. The public is invited to take a free, self-guided tour to meet the artists in their working environments and to view and purchase art work. The Alliance is headquartered at Cassatt's Café in the Lee Heights Shops in Arlington. Call 703-894-0539 or visit www.arlingtonartistsalliance.org.

OCT. 15 AND 16

Native Trees Giveaways. Choose from nine large canopy trees or eight smaller understory trees. Limit one per household (not both). Trees can be picked up at the County Nursery, behind Barcroft Recreation Center on Four Mile Run, off George Mason Drive in Arlington. Sponsored by Arlington

County Parks and Natural Resources Division.

SUNDAY/OCT. 16

The Wiyos Live. At the IOTA Club, 2832 Wilson Blvd., Arlington.
Race for a Cause. 8 a.m. 8-K and 1-Mile Fun Run. Sponsored by Acumen Solution. Cost for the 8-K is \$30 through Oct. 15; \$35 on race day. Cost for the 1-Mile is \$30/adult; \$20/youth. The race begins and ends on North Quincy St., near the intersection of Wilson Blvd., in Arlington. Call 703-600-4032 or www.theraceforacause.com.

Washington Metropolitan Philharmonic. 3 p.m. Admission is \$20. With NOVA Community Chorus and Kathy Harty Gray Dance Theatre. A pre-concert lecture with Dr. Stephen Bertino at 2:15 p.m. At Bishop Ireton High School, 201 Cambridge Road, Alexandria.

NOVA Community Chorus. 3 to 5 p.m. Presents Leonard Bernstein's "Chichester Psalms" with the Washington Metropolitan Philharmonic. At Bishop Ireton High School, 201 Cambridge Road, Alexandria. Call 703-845-6097 or www.wmpmusic.org

TUESDAY/OCT. 18

Hot Buttered Nuggets. 9 to 11 p.m. Cost is \$10. At Clarendon Ballroom, 3185 Wilson Blvd., Arlington.
Building Communities Through Gardens. 8:30 a.m. to noon. At the Fairlington Community Center, 3308 S. Stafford St., Arlington. To register, contact Rebecca McLean at alexcoan@gmail.com or 610-914-9347.

OCT. 18 TO 22

"Music in the Movies." Part of Signature Theatre's Cabaret Series. Single tickets for \$35. Call Ticketmaster at 703-573-SEAT (7328) or the Signature Box Office at 703-820-9771. At Signature's ARK Theatre. Visit www.signature-theatre.org.

WEDNESDAY/OCT. 19

Potomac Watershed Trash Summit 2011. The Alice Ferguson Foundation presents the 6th Annual Potomac Watershed Trash Summit, hosted at George Mason University Founders Hall, 3351 Fairfax Dr., Arlington.

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THE CONNECTION NEWS PAPERS

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"Removing the Mask"

Saturday, October 15, 2011

6:30 pm-9:00 pm

Arlington Arts Center

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NOW THROUGH NOV. 27

Data/Fields. New Media Installation Works. Data are points that flow through fields. Opening reception is Friday, Sept. 23 from 7 to 10 p.m. Free. Gallery Talk is Monday, Sept. 26 and Wednesday, Sept. 28 at 12:30 p.m. Free. At the Artisphere in Arlington.

SATURDAY NIGHTS AT 11:01

11:01 Saturday Nights. Starts at 11:01 p.m. Late-night dance party. Tickets are \$15/\$12 students. At the Ballroom at Artisphere, 1101 Wilson Blvd., Arlington. Call 703-228-1850.

DANCE WEDNESDAYS

Dance Wednesdays. 7:30 to 8:30 p.m. dance classes; 8:30 to 11 p.m. dancing. Tickets are \$15/\$12 at door. On Wednesdays, dance the night away at Artisphere to zydeco, cajun, rock, R&B and swing. The new center features a 3,000 square foot dance floor, one of the best in the area. At the Ballroom at Artisphere, 1101 Wilson Blvd., Arlington. Call 703-228-1850.

SALSA TUESDAYS

Salsa Tuesdays. 7:30 to 8:30 p.m. dance class; 8:30 p.m. to 11 p.m. dancing. At the Ballroom @ Artisphere, 1101 Wilson Boulevard, Arlington. Call 703-228-1850.

SATURDAYS, THROUGH NOV. 19

Art Brains Creative Camp for Kids (Ages 7-11). Saturdays, 1-4 p.m. Children will be led through lands of imagination and memory in nine art making Saturday afternoon sessions led by artist Marissa Long. At the Education Lab at Artisphere.

NOW THROUGH NOV. 12

Contrasts by Andrew Zimmermann. Contrasts is an exhibition of landscape photographs made in the Colorado Front Range by Arlington-based photographer Andrew Zimmermann. Victor Ekpuk will follow the opening of Contrasts with the beginning of his month-long residency through Oct. 23 in the Works-in-Progress Gallery creating work for the Art on the ART Bus program. At the Mezz Gallery at Artisphere in Arlington.

WEDNESDAY/OCT. 5

L'Angelus. 7:30 p.m. dance class; 8:30 p.m. live music. Cost is \$15. Musicians and singers from one Louisiana family, L'Angelus combines Cajun fiddle tunes for the dance crowd, saxophone driven swamp-pop, and New Orleans influenced R&B.

SUNDAY/OCT. 9

Free Birthday Open House. Noon to 6 p.m. Free. Chill out in the Dome Theatre for animated films, roll into art creation with Wheelchair Action Art making workshops, feel the beat in a drum circle with the Drum Lady Kristin Arant and participate in a special performance art program with SULU DC. Enjoy UrbanAris mini modern opera as well as shadow puppetry with Nana Projects. Plus, hands-on activities including comic book collage, face painting, button making and birthday cake for all! At the Artisphere in Arlington.

THURSDAY/OCT. 13

"Helldriver." 7 p.m. and 10 p.m. Part of the Spooky Movie International Film Festival.



NOW THROUGH OCT. 15

Clear, Fill, Reveal. A series of silent, Super 8 mm black and white films by Alison Crocetta. Artist's Talk is Monday, Sept. 12 at 12:30 p.m. Free. At the Bijou Theater at Artisphere in Arlington.



WEDNESDAY/OCT. 5

L'Angelus. 7:30 p.m. dance class; 8:30 p.m. live music. Cost is \$15. Musicians and singers from one Louisiana family, L'Angelus combines Cajun fiddle tunes for the dance crowd, saxophone driven swamp-pop, and New Orleans influenced R&B.

Preceded by the short films "Follow the Sun!" and "Bugbaby." From visionary filmmaker Yoshihiro Nishimura (Tokyo Gore Police) comes this epic, apocalyptic road movie. At the Dome Theater at Artisphere in Arlington.

FRIDAY/OCT. 14

"The Watermelon." 5 p.m. A group of friends who set out for the deep sea fishing trip find themselves adrift at sea after an electrical fire leaves them marooned with no communications in the deep Atlantic. Preceded by the short film "Enter the Dark" and "Broken." Part of the Spooky Movie International Film Festival. At the Dome Theatre at Artisphere in Arlington.

FRIDAY/OCT. 14

"The Dead." 9:50 p.m. An American mercenary, the sole survivor of a plane crash, has to run the gauntlet across Africa, battling with the living dead. Preceded by the short films "Night of the Little Dead" and "Odokuro." Part of the Spooky Movie International Film Festival. At the Dome Theater at Artisphere in Arlington.

FRIDAY/OCT. 14

"The Millennium Bug." 7:30 p.m. Madness and terror await the Haskin family in the isolated forests of the Sierra Diablos Mountains, where they have sought refuge from Y2K hysteria. Preceded by the short films, "Barber Chop" and "Nobody But Her." Part of the Spooky Movie International Film Festival. At the Dome Theater at Artisphere in Arlington.

SATURDAY/OCT. 15

"Little Deaths." 12:15 a.m. A horror/thriller anthology that explores the lives of three couples who are immersed in twisted games of psycho-sexual obsession and revenge. Part of the Spooky Movie International Film Festival. At the Dome Theatre at Artisphere in Arlington.

SATURDAY/OCT. 15

"Pig." Noon. A man wakes up alone in the middle of the desert with a black hood on his head and his hands tied behind his back. Preceded by the short films "Good Taste" and "O Corvo." Part of the Spooky Movie International Film Festival. At the Dome Theatre at Artisphere in Arlington.

SATURDAY/OCT. 15

Sulu D.C. 8:30 p.m. Admission is \$10/\$8. Sulu D.C. is an underground network and a monthly performance showcase of Asian American and/or Pacific Islander artists in spoken word/poetry, music, theater, dance, comedy and film. At the Artisphere in Arlington.

WEDNESDAY/OCT. 19

Contrasonic. 7:30 p.m. Contra dance class; 8:30 p.m. live music and dance. Cost is \$15. Co-presented by the Folklore Society of Greater Washington. At the Ballroom at Artisphere in Arlington.



SATURDAY/OCT. 8

The One Party. 8 p.m. Celebrate Artisphere's First Birthday. Celebrate Artisphere's first birthday with an evening of original art, music and off-beat artsy activities. In honor of turning 1, Artisphere commissioned local artist and cinematographer Brian Stansfield to create a site-specific video work, Orbit, to light Artisphere's Dome. Cost is \$15 for first 150; 151+ \$20; \$30 VIP. At the Artisphere in Arlington.

ENTERTAINMENT

Festival of Hispanic Theatre Returns to Arlington

BY MAYA HOROWITZ
THE CONNECTION

The 14th International Festival of Hispanic Theatre offers the chance to enjoy Spanish language plays with live English dubbing performed by troupes from all over the world from Oct. 11 to Nov. 19. There are also three bilingual children's plays.

The festival is presented by Teatro de la Luna, the theatre of the moon.

"In one way it's like reaching the moon," said Nucky Walder, producer of Teatro de la Luna. "In another way from the moon we see how our mother is looking from a distance, looking at the behavior from a long distance."

In the years since the festival began, Walder said the spirit has remained unchanged.

"Always the same passion to share the Hispanic culture," said Walder. "Not only the Latinos living here but also the English speaking people. What remains in our hearts is to serve the Hispanic, non-English speaking people."

Walder said the organizers work to bring quality performances to the stage.

"People can enjoy first quality theatre with the best actors," said Walder. "We are proud that even in this economic environment we can still present this. To run the festival for six weeks is a huge task but we feel so proud."

This year, troupes from Argentina, Costa Rica, Ecuador, Puerto Rico, the United States and Venezuela will perform.

Oct. 13-15, the troupe from Argentina will perform "Quien lo Probo lo Sabe," Those Who Taste it, Know. This is a monologue performed by the famous actor Mariano Mazzei.

Oct. 20-22, the troupe from Costa Rica will perform "Latinas," a comedy about four Latina women that focuses on themes of immigration.

Oct. 27-29, the troupe from Ecuador will perform "Medea Llama por Cobrar," Medea Calls Collect. This is another monologue, focusing on the issue of children going abroad and a mother's wish that they return to Ecuador.

Nov. 3-5, the troupe from Puerto Rico will perform Coraje II, Courage II, which deals with the relationship between human beings and society.

Nov. 10-12, the troupe from Venezuela will perform Relatos Borrachos, Tales Told Under the Influence. This is another comedy.

"We know that audiences always prefer comedies so we try to please them," said Walder. "Comedies with serious themes, satiric comedies, farce. We try to bring the best of the best. That's our mission."

Nov. 17-19, the troupe from the United States will perform the Zarzuela, the party for the people. This is a musical production.

There are three children's plays, Gotas de Agua, Drops of Water, El Gato y la Gaviota, the Cat and the Seagull, and Hansel and Gretel. Gotas de Agua and El Gato y la Gaviota have environmental themes. Hansel and Gretel is an adaptation of the classic children's story.

THERE WILL ALSO be an opening reception on Tuesday, Oct. 11 at the Embassy of Argentina with his Excellency Alfredo V. Chiaradia, Ambassador of Argentina.

The organizers are grateful for their location.

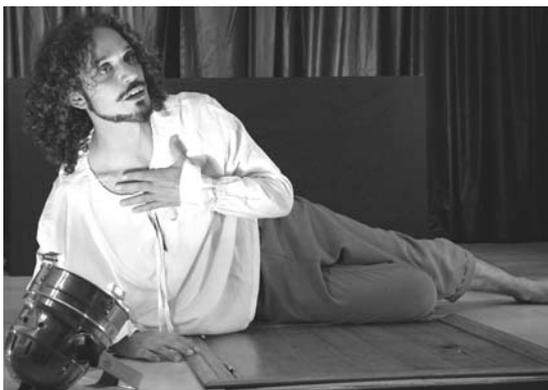
"We have always relied on community support," said Walder. "Arlington County provides us the space, the floor and the ceiling, the wall, the lights. They help us create the ambiance... Arlington is a very, very nice place for the arts. We started working in 1991 and we continue with the same passion thanks to the help of Arlington Cultural Affairs, which is helping groups to grow and offer good quality theatre."



"Latinas," Lolita Aguilar, María José Callejas, Catalina Calvo, and Raquel Salazar, of Costa Rica.



"Drops of Water," Peter Pereyra, Marcela Ferlito Walder, and Alex Alburquerque, of the U.S.



(Left): "Those Who Taste It, Know," Mariano Mazzei, of Argentina.



(Right): "Medea Calls Collect," María Beatriz Vergara, of Ecuador.

Calendar of Shows

- ❖ Oct. 11 — 6:30-6:30 p.m. — Opening Night Reception
 - ❖ Oct. 13, 14 — 8 p.m. and Oct. 15 — 3 & 8 p.m. — Quien lo Probo lo Sabe, Those Who Taste it, Know
 - ❖ Oct. 20, 21 — 8 p.m. & Oct. 22 — 3 & 8 p.m. — Latinas
 - ❖ Oct. 27, 28 — 8 p.m. & Oct. 29 — 3 & 8 p.m. — Medea Llama por Cobrar, Medea Calls Collect
 - ❖ Oct. 29 — 11:30 a.m. — Gotas de Agua, Drops of Water
 - ❖ Nov. 3, 4 — 8 p.m. & Nov. 5 — 3 & 8 p.m. — Coraje II, Courage II
 - ❖ Nov. 5 — 11:30 a.m. — El Gato y la Gaviota, The Cat and the Seagull
 - ❖ Nov. 10, 11 — 8 p.m. & Nov. 12 — 3 & 8 p.m. — Relatos Borrachos, Tales Told Under the Influence
 - ❖ Nov. 12 — 11:30 a.m. Hansel & Gretel
 - ❖ Nov. 17, 18 — 8 p.m. & Nov. 19 — 3 & 8 p.m. — Zarzuela
- At Gunston Arts Center – Theater Two, 2700 S. Lang Street, Arlington. Tickets are \$35/regular; \$30/students and seniors; \$95/\$80 three-ticket pass; \$175/\$150 full festival pass. Call 703-548-3092 or 202-882-6227; www.teatrodela luna.org

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Saint Ann Catholic Church

SUNDAY LITURGY SCHEDULE:
Saturday Vigil: 5:30 PM
Sunday: 8:00, 9:30, 11:00 AM
1:30 PM Spanish Liturgy
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W-L's Amend Overcomes Knee Injury

Senior is the National District's top returning cross country runner.

BY JON ROETMAN
THE CONNECTION

Isabel Amend felt pain in her right knee during a run last summer but chose to push forward.

Amend, participating at a running camp prior to her senior year at Washington-Lee, injured the knee while ascending a hill in the Smoky Mountains near Asheville, N.C. She developed tendonitis and had to put her offseason cross country training on hold.

"I knew I was injured half way up it, but I kept on going," she said. "That was the source of dilemma."

Amend intended for the two-mile climb referred to as "Buzzard Bait" to help prepare her for competing against the state's best. Instead, she wound up rehabbing in a pool next to those whose athletic primes had passed.

"I was next to all the old women doing their water aerobics classes with their stereos," Amend said. "All the old people congregated in the wee hours of the morning. We were on a first-name basis."

Two months later, cross country season is here and Amend is healthy. The National District's top returning harrier placed third at the Glory Days Grill Invitational on Oct. 1 at Bull Run Regional Park with a time of 18 minutes, 41 seconds. But while Amend is back competing, her time away from

running helped her gain an appreciation for health and added to her desire to improve.

EARLY MORNINGS

Amend suffered a similar injury one year earlier, so she was familiar with what came next. Amend started rehab by waking up at 5 a.m. and arriving at Donaldson Run Recreation Association around 5:30 for aqua jogging. Along with work in the pool, Amend at times spent 90 minutes

on an elliptical machine to help maintain her endurance. She found plenty of things to do to help pass the time, including homework, watching TV and listening to music.

"You start improvising," she said.

W-L cross country coach Laura Przydzial said she had difficulties convincing Amend to stick with rehab exercises rather than risking further injury by running.

The Generals' No. 1 harrier wanted to get back to what she did best, but Przydzial helped her stay on course.

"She has one of the best work ethics I've ever seen," Przydzial said. "... When she wants something, she'll do whatever it takes to get that done."

Amend rehabbed for a month and started running with a brace on her knee. By early September she had stopped wearing the brace and felt 100 percent.

"When I took it off and didn't

"I think she has a natural athletic ability, but she works harder than anybody I've ever seen."

W-L cross country coach Laura Przydzial about Isabel Amend



PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

Washington-Lee senior Isabel Amend is succeeding despite an offseason knee injury.

need to wear it," Amend said, "I knew I was back."

FINDING SUCCESS

Amend started running competitively as a sophomore after being cut from the junior varsity basketball team.

She competed during the 2009-10 indoor track season and the 2010 outdoor season, qualifying for states in each. She gave cross

country a try during her junior year and placed second at districts, helping the Generals win the team title, and fifth at regionals. During the 2011 outdoor track season, she placed third at states in the 3,200 meters.

Now a senior, Amend finished fourth at the Monroe Parker Invitational on Sept. 14 and is the favorite to win the National District title.

"I think she has a natural athletic ability, but she works harder than anybody I've ever seen," Przydzial said. "She never complains. She does what we tell her and then more on top of that. ...

"She is such a competitive spirit. There are a lot of high schoolers who run for fun or get really nervous at big races, but Isabel thrives on competition."

Przydzial said Saturday's Glory Days meet was Amend's "best race all season," though Amend said she needs to work on finishing stronger. Amend was second among Northern Region competitors, 10 seconds behind second-place Macey Schweikert of Robinson.

As a team, the Generals finished 11th with 245 points, five behind 10th-place Robinson. West Potomac won the event with 54 points.

"Our hope is that, as long as everyone can stay healthy, there's no reason why we shouldn't again win our district," Przydzial said. "Isabel is the best by far and a leader on our team. Without her, that wouldn't be a logical goal of ours."

Amend said her goals for the season are to win districts as an individual and a team and to place in the top eight at states. She finished 27th at the 2010 state cross country meet.

Amend has the talent, work ethic and desire needed to succeed. After battling injury, she has a better appreciation for the opportunity to succeed.

"When I'm on the top of my game, I just forget about how lucky I am and I take it for granted," Amend said. "When [I was] injured, I had so much motivation to just get back and do a nice workout and just feel like I was dying after and know it made me so much better. That's what I missed a lot."

SPORTS BRIEFS

Arlington County Youth Basketball

Registration for grades 1-8 will be open Oct. 3 - 16 for the winter basketball season. For more information and to register online, go to www.arlingtonva.us, call 703-228-1818 or email mcahill@arlingtonva.us. Financial assistance and walk-in registration are available.

This is a no-cut program; all players will play.

Yorktown Football Improves to 5-0

The Yorktown football team defeated Stuart, 40-26, on Sept. 30, improving its record to 5-0. The Patriots will travel to face Edison at 7:30 p.m. on Thursday, Oct. 6.

W-L Beats Wakefield For First Win

The Washington-Lee football team de-

feated Wakefield, 43-29, on Sept. 30 for the team's first win of the season. The Generals (1-4) will host Falls Church at 7:30 p.m. on Thursday, Oct. 6. The Warriors (0-5) will host Hayfield.

O'Connell Falls To DeMatha

The Bishop O'Connell football team lost to DeMatha, 24-6, on Oct. 1. The Knights (1-4) will travel to face St. John's at 2 p.m. on Saturday, Oct. 8.

NVSO Pickleball Results

The 2011 NVSO concluded on Wednesday, Sept. 28 after three days of pickleball competition at the Thomas Jefferson Community Center. Arlington gold medal winners were: Michael Thaler (50-59), Helen White (50-59), Fran Dudick (60-69), Alease Brooks (70-79), J.T. Price (70-79), Jackie Cubero (50-59), Marian Lapp (60-69), Alease Brooks (70-74) and James Hewitt (60-69).

Much Ado About Something, Maybe



By KENNETH B. LOURIE

Or maybe not. Such is life as a cancer patient. The other day I received a call from my oncology nurse advising me of an elevated level of something from my previous day's monthly, pre-chemotherapy lab work (blood and urine). This is in fact the exact reason for this pre-chemotherapy lab work: to monitor. And during my now 30 months of it, receiving such advisories has not been uncommon; it has happened half a dozen times, approximately, for a variety of reasons: low white blood cell count, as well as increased levels of bilirubin, creatinin, potassium, protein. Consequences have ranged from delaying that particular week's chemotherapy to emergency-type doctor's appointments – that same day, to adjustments in medication (adding or subtracting or changing altogether) and/or re-tests to confirm the abnormal readings, and of course lifestyle and diet suggestions. In summary, I have fared pretty well, having survived all of it, many months beyond the original timeline as initially projected by my oncologist back in Feb., 2009.

Fortunately, so far, the previous irregularities in my lab work have always returned to normal, either after a re-test or the passage of time. However, any abnormalities have always been cause for concern, for doctor and patient alike. Similarly, any change or worsening of symptoms/behavior, especially breathing and/or coughing (which diagnosis to date, have remained non-issues, thank God!) have likewise been carefully noted. Through it all, my body has tolerated the treatment exceptionally well and been fairly resilient, which presumably has contributed to my rather ordinary life, post diagnosis. Nevertheless, 30 months into it, I'm beginning to have a bit more difficulty mentally, shrugging off this most recent result. At some point, either the poisonous nature of the chemotherapy or the multiple malignant tumors in my lungs (currently characterized as in "partial stable remission") have to have a harmful effect, don't they? I mean, stage IV lung cancer is, well; there is no stage V, so sooner rather than later, one would presume that you know what is going to hit the fan, figuratively speaking, and when it does, it may be, as they say in Massachusetts: "Katie bar the door."

As much as I want to believe I'm immune to cancer's effects, there's a logical Libra inside of me scaling this mental mountain every day, wondering: when? And statistical anomalies aside, what I have is incurable, according to my oncologist, as told to me on that fateful day back in February, 2009. Presumably, what's not making me stronger is in fact killing me – to turn a phrase completely around. And try as I might to ignore certain facts and pretend that what ails me, doesn't, calls from my oncology nurse with precautionary indications of something or other upset my apple cart. An apple cart I didn't even know I had but one that I cling to every day, apparently without realizing it.

Let's be realistic here, I have to cling to something. I can't be expected to skate through this diagnosis/prognosis like I'm Alexander Ovechkin on holiday. This is no holiday. This is a hell of a day, especially when my lab work generates a "Kenny, how are you feeling"-type call. As experienced as I now am at receiving these calls, the arrival of them is still unsettling. Thankfully, diagnosis to date, the blips in the miscellaneous levels of whatever that have appeared in my blood and urine have always returned to acceptable levels within very short order. One day, sooner than I care to admit, that has to change, doesn't it?

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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21 Announcements

ABC LICENSE

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21 Announcements

21 Announcements

21 Announcements

NOTICE OF WATER RATE PUBLIC HEARING

At 6:30 p.m. on Thursday, December 15, 2011, Fairfax Water will conduct a public hearing on its proposed Schedule of Rates, Fees and Charges. The hearing will be held in Fairfax Water's offices at 8570 Executive Park Avenue, Fairfax, VA.

The proposed changes, to be effective April 1, 2012, include the following:

1. An increase in the Availability Charge from \$3,600 to \$3,700†.
2. An increase in the Local Facilities Charge from \$8,500 to \$9,000.
3. An increase in the Account Charge from \$32 to \$33.
4. An increase in the base Commodity Charge from \$2.04 to \$2.16 per 1,000 gallons of water.
5. An increase in the Peak Use Charge from \$2.95 to \$3.20 per 1,000 gallons of water.
6. An increase in the Fees for Use of Fairfax Water Fire Hydrants to include the increase in the Commodity Charge and Peak Use Charge.

A copy of the proposed changes can be viewed on our Web site at <http://www.fairfaxwater.org/rates/index.htm>. Those wishing to speak at this hearing or desiring a copy of the proposed changes should call Ms. Eva Catlin at 703-289-6017. Interested parties may submit written comments to PublicHearingComments@fairfaxwater.org or mail written comments to:

Fairfax Water
Public Hearing Comments
8570 Executive Park Avenue
Fairfax, VA 22031

All written comments must be received by close of business on Wednesday, December 14, 2011 to be included in the record of the public hearing.

†Charges reflect fees associated with a standard 5/8" residential meter. Changes in charges for larger residential and commercial meters are reflected in the Proposed Schedule of Rates, Fees, and Charges.

CLASSIFIED

21 Announcements 21 Announcements

NOTICE OF INTENTION TO FILE A PETITION PURSUANT TO VIRGINIA CODE SECTION 8.01-324
American Community Newspapers II, LLC, doing business as the Arlington Sun Gazette, a newspaper of general circulation in the County of Arlington, Virginia, will petition the Circuit Court of the County of Arlington for the authority to publish ordinances, resolutions, notices or advertisements in accordance with Virginia Code Ann. Section 8.01-324

21 Announcements 21 Announcements

**TRUSTEE'S SALE
OF VALUABLE
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Improved by the premises known as
6616 Melrose Drive, McLean, Virginia

In execution of a Deed of Trust from Ana Maria V. Clarke and Paul F. Clarke, Jr., dated October 18, 2010, and recorded November 20, 2010, in Deed Book 21361 at page 78 among the Land Records of Fairfax County, Virginia, the undersigned substitute trustee will offer for sale at public auction at the front entrance of the Judicial Center for Fairfax County, at 4110 Chain Bridge Road, Fairfax, Virginia, on

Friday, October 7, 2011 at 9:30 a.m.

The following property being the property contained in said Deed of Trust, described as follows:

Lots 38, 39 and 40, Section B, Water Heights Subdivision, as per plat thereof recorded in Deed Book T-9 at page 247, among the Land Records of Fairfax County, Virginia.

Commonly known as 6616 Melrose Drive, McLean, Virginia 22101.

TERMS OF SALE: A deposit of \$100,000.00 or ten percent (10%) of the sale price, whichever amount is less, in the form of cash or its equivalent will be required of the purchaser at the time and place of sale; the balance of the purchase money being due and payable within fifteen (15) days after sale, time expressly being of the essence, with interest at the rate of 4.0 percent per annum from date of sale to date of settlement. Provided, however, that if the holder of the secured promissory note is the successful bidder at the sale, no cash deposit shall be required, and part of or the entire indebtedness, including interest and costs, secured by the Deed of Trust, may be set off against the purchase price.

Any defaulting purchaser shall forfeit the deposit and stand the risk and cost of resale.

Sale shall be made subject to all existing easements and restrictive covenants as the same may lawfully affect the real estate. Sale is further subject to mechanic's and/or materialman's liens of record and not of record. The property will be sold subject to all conditions, covenants, restrictions, rights of redemption of federal lienholders or encumbrances, and agreements of record affecting the same, if any.

In the event the undersigned trustee is unable to convey to the purchaser good title, then purchaser's sole and exclusive remedy shall be in the refund of the deposit paid at the time of sale.

The subject property and all improvements thereon will be sold in "as is" condition without warranty of any kind. Purchaser shall be responsible for any and all building and/or zoning code violations whether of record or not of record, as well as for all unpaid and enforceable homeowners' or condominium owners' association dues and assessments, if any. Purchaser also shall be responsible for obtaining possession of the property at his/her expense. Purchaser shall assume the risk of loss and shall be responsible for any damage, vandalism, theft, destruction, or the like, of or to the property occurring after the time of sale. Conveyance will be by special warranty deed. Conveyancing, recording, transfer taxes, notary fees, examination of title, state stamps, and all other costs of conveyance are to be at the expense of purchaser. State and local taxes, public charges, and special or regular assessments, if any, shall be adjusted to the date of sale and thereafter shall be assumed by the purchaser.

The undersigned trustee unconditionally reserves the right: (i) to waive the deposit requirement; (ii) to approve or disapprove the creditworthiness of any bidder and/or purchaser; (iii) to withdraw the property from sale at any time prior to termination of the bidding; (iv) to extend the time for bidding; (v) to reject any or all bids; (vi) to postpone or set over the date or time of sale; and (vii) to extend the period of time for settlement hereunder.

Additional terms and conditions of sale may be announced at the time of sale.

DAVID N. PRENSKY
Substitute Trustee

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Helping the Homeless

Church members gather inside First Presbyterian Church for a photo before the Help the Homeless mini-walk on Sunday, Oct. 2.

CRIME REPORT

FROM PAGE 2

D.C., assuming it was a taxi. She sat in the front seat and the driver touched her breasts. She fled the car at her designation, and now believes the vehicle was not a taxi. The suspect is a white Hispanic male in his mid-40's, 5'7" and 180 lbs.

MISSILE INTO AN OCCUPIED VEHICLE-ARREST. Sept. 22. 2600 block of Columbia Pike. At noon, two men had a verbal disagreement over a parking space. When one man started to drive away, the other threw a box cutter at his car, striking it. A 39-year-old Woodbridge man was charged with missile into an occupied vehicle. He was held on a \$3,000 bond.

EXPOSURE-ARREST. Sept. 23. 2400 block of Arlington Boulevard. At 4:45 a.m., an officer witnessed a man running nude on the highway. A 48-year-old Arlington man was charged with indecent exposure. He was held on a \$3,000 bond.

BULLETIN BOARD

FROM PAGE 5

speakers Humane Society of the United States (HSUS), Laura Donahue and Alley Cat Allies. At the Animal Welfare League of Arlington (AWLA), 2650 S. Arlington Mill Dr., Arlington. Call 703-931-9241.

Blue Cross Blue Shield Meeting. 1 p.m. The next National Active and Retired Federal Employees (NARFE) Association, Arlington Chapter 7, meeting. Speaker: Gayle Nelson, of the Blue Cross Blue Shield Federal Employee Program, will present information of interest to Federal employees and annuitants. Chapter

EXPOSURE. Sept. 23. 3200 block of Arlington Boulevard. At 7:40 a.m., a man was jogging and suddenly stopped in front of three teenage girls. He acted as if he was going to tie his shoe, but exposed himself instead. The girls went to school and reported the incident. The suspect is described as a white male, 5'8", and 165 lbs. wearing black running shorts and a baseball cap.

EXPOSURE-ARREST. Sept. 23. 2300 block of Walter Reed Drive. At 1:50 p.m., a man was seen exposing himself on a bike trail. A 48-year-old of no fixed address, was charged with indecent exposure and released on a summons.

EXPOSURE. Sept. 25. 1300 block of N. Meade Street. At 8:20 p.m., a woman was walking and noticed a man walking behind her who was exposing himself. The suspect was 25-year-old a white male, 5'10" wearing a light colored shirt, dark pants, and large glasses.

meetings are always open to the public. At Culpepper Garden Senior Center, 4435 N. Pershing Drive, Arlington. Call 703-241-5530

SATURDAY/OCT. 15

Recycling Event. 8:30 a.m. to 3 p.m. Gives residents a chance to safely get rid of hazardous materials like paint, solvents, garden chemicals and items containing mercury and to recycle electronics, bikes, small metal items, shoes, eyeglasses, books, and durable medical equipment. At Thomas Jefferson Middle School, 125 S. Old Glebe Rd., Arlington. Call 703-228-6832.

NEWS BRIEFS

Partnership Names Housing Honorees

John Milliken and Charlie Rinker will be honored by the Arlington Partnership for Affordable Housing at its annual fundraiser on Oct. 19, from 5-8 p.m., at the Clarendon Ballroom.

Milliken, partner, Venable LLP, was a member of the Arlington County Board from 1981-1990. He supported growth in Arlington's transit-rich locations, while looking for public-private options for preserving affordable housing. He has also served Secretary of Transportation for the Commonwealth of Virginia, member and chairman of the Washington Metropolitan Area Transit Authority and member of the Transportation Planning Board for the Washington Area Council of Governments. He lives in Arlington with his wife, Christine, and son.

Rinker, a housing and community activist, has helped form numerous organizations and worked on numerous County initiatives to advance affordable housing and renter's rights. His firm, Rinker and Associates, assisted in the conversion of over 1,300 units of rental housing to condominium and cooperative homeownership housing for low and moderate income tenants in Washington, D.C. He was a founder and president/board member of Arlington Housing Corporation (now known as AHC); was a founder and is president/board member of BRAVO (Buyers and Renters Arlington Voice); was a longtime member of the Arlington Housing Commission; was a founder and president/board member of AHOME (Affordable Home Ownership Made Easier), and was a founder and is president/board member of the Arlington New Directions Coalition (ANDC). He lives in Arlington with his wife, Lora; and they have three grown children, Matthew, Natalie and Jeremy and six grandchildren.

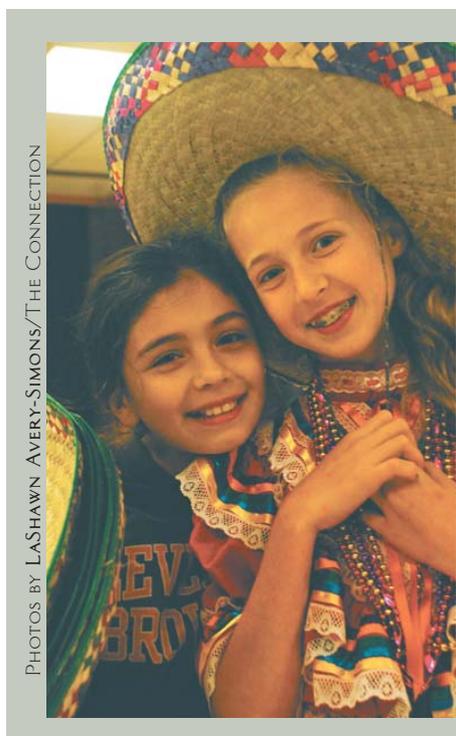
For an invitation and more information about supporting APAH at this annual event, visit www.apah.org.

Police Investigate Sexual Assault

The Arlington County Police Department is investigating a sexual assault that occurred at approximately 6:35 a.m. on Thursday, Sept. 29 in the 2000 block of Army Navy Drive. A 37-year-old female was running when an unknown male knocked her to the ground. He kicked her several times to immobilize her and touched her in a sexual manner against her will.

The suspect is described as an African American male approximately 30-40 years old, 5'10" to 6' tall with a medium build. He had several inches of hair growth on his head and was wearing a button-down light blue shirt, dark pants and dark shoes.

If anyone was in the area during this time and witnessed suspicious behavior, or the assault, they are asked contact Det. James Stone at 703-228-4245. Stone can also be contacted via e-mail at jstone@arlingtonva.us. Witnesses can also call the Arlington Police Tip-Line at 703-228-4242.



PHOTOS BY LASHAWN AVERY-SIMONS/THE CONNECTION



Volunteers handed out goodie bags to guests as they arrived to the Festival Latinoamericano at Thomas Jefferson Middle School on Sunday, Oct. 2.

Festive

Piper and Havi presented their flags during the children's parade during the festival.

Arlington REAL ESTATE

PHOTOS BY LOUISE KRAFFT/THE CONNECTION



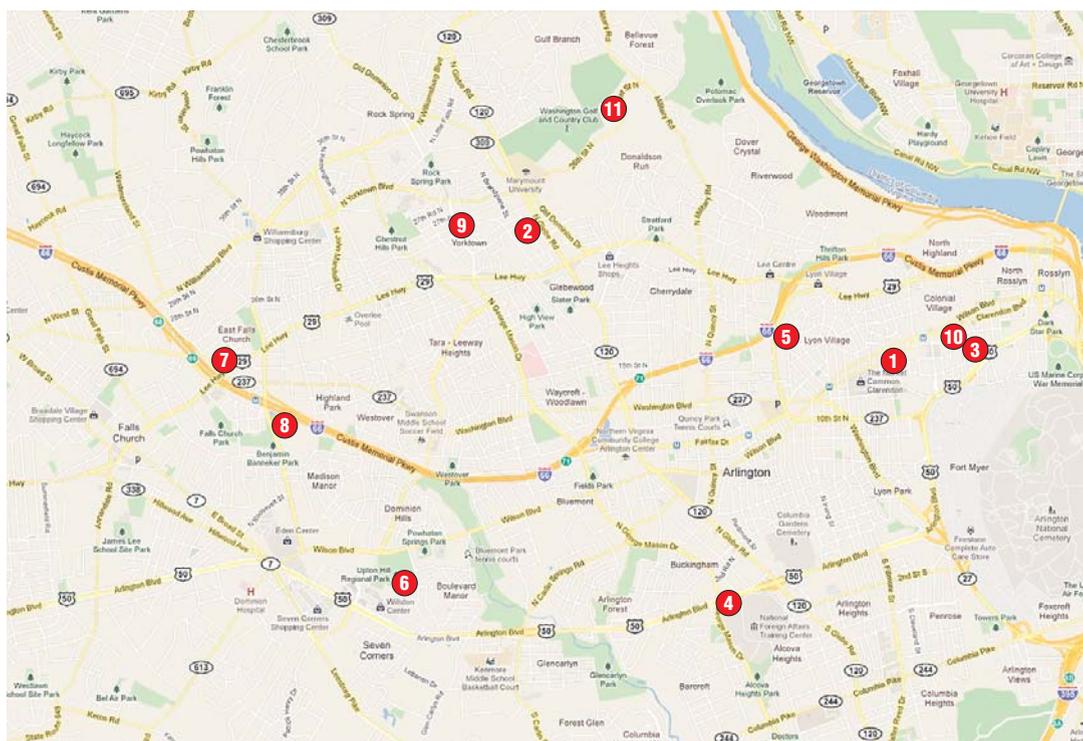
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in \$750,000 to
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3 1418 Rhodes Street North #423, Arlington — \$789,900



5 3187 17th Street North, Arlington — \$770,000



© Google Map data



9 5126 26th Street North, Arlington — \$759,000



10 2001 15th Street North #1008, Arlington — \$757,000

Address BR FB HB .. Postal City Sold Price Type Lot AC . PostalCode Subdivision Date Sold

1	2418 14TH ST N	3	2	1	ARLINGTON	\$795,000	Townhouse	0.02	22201	COURTHOUSE HILL	08/25/11
2	4816 24TH RD N	5	2	2	ARLINGTON	\$790,000	Detached	0.13	22207	COUNTRY CLUB	08/31/11
3	1418 RHODES ST N#423	2	2	2	ARLINGTON	\$789,900	Garden 1-4 Floors		22209	RHODES HILL SQUARE	08/03/11
4	4200 ARLINGTON BLVD	5	4	1	ARLINGTON	\$775,000	Detached	0.16	22204	BARCROFT	08/19/11
5	3187 17TH ST N	2	1	1	ARLINGTON	\$770,000	Detached	0.13	22201	LYON VILLAGE	08/30/11
6	535 LONGFELLOW ST N	4	2	1	ARLINGTON	\$770,000	Detached	0.20	22203	SPY HILL BLVD MANOR	08/12/11
7	2331 VAN BUREN CT N	3	3	1	ARLINGTON	\$765,000	Townhouse	0.04	22205	FENWICK COURT	08/24/11
8	2235 ROOSEVELT ST	4	3	0	ARLINGTON	\$759,000	Detached	0.15	22205	EAST FALLS CHURCH	08/31/11
9	5126 26TH ST N	3	2	1	ARLINGTON	\$759,000	Detached	0.11	22207	MILBURN TERRACE	08/31/11
10	2001 15TH ST N #1008	2	2	0	ARLINGTON	\$757,000	Hi-Rise 9+ Floors		22201	ODYSSEY	08/31/11
11	3119 THOMAS ST	4	3	1	ARLINGTON	\$750,000	Detached	0.35	22207	BROYHILL FOREST/HILLS	08/31/11



11 3119 Thomas Street, Arlington — \$750,000

SOURCE: MRIS, INC. FOR MORE INFORMATION ON MRIS, VISIT WWW.MRIS.COM

REAL ESTATE

Long & Foster Real Estate Inc. announced that **John Plank**, based in Arlington, ranked 149th out of 250 for real estate teams nationwide, based on closed sales volume in 2010, as ranked by The Wall Street Journal and REAL Trends, Inc.

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When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper. For more real estate listings and open houses, visit www.ConnectionNewspapers.com & click the Real Estate links on the right side.

Call Specific Agents to Confirm Dates & Times.

22201

- 1301 N Courthouse Rd #708..\$449,900.. Sun 1-3.....Carl Bender.....Coldwell Banker..703-593-6699
- 213 N. Fillmore St.....\$1,550,000.. Sun 1-4.....Ron Cathell.....Keller Williams..703-975-2500
- 240 Bryan St N.....\$749,900.. Sun 1-4.....Mark Middendorf.....Weichert..703-928-3915
- 3308 N. 3rd St.....\$895,000.. Sun 1-4.....Ron Cathell.....Keller Williams..703-975-2500

22202

- 1101 Arlington Ridge Rd.....\$949,000.. Sun 1-4.....Daniel McCabe.....McEneaney..703-525-1900

22204

- 5091-202 7th Rd S.....\$259,950.. Sun 2-4..Garnet Robins-Baughman..Keller Williams..703-534-0997

22205

- 1020 Frederick St N.....\$1,475,000.. Sun 1-4.....Mark Middendorf.....Weichert..703-928-3915
- 1320 Greenbrier St N.....\$749,000.. Sun 1-4.....Carol Taylor.....Long & Foster..703-873-5688
- 2203 Greenbrier St N.....\$1,399,900... Sat 1-4.....Florann Audia.....Long & Foster..703-873-3500
- 2227 Greenbrier St N.....\$1,299,000... Sat 1-4.....Florann Audia.....Long & Foster..703-873-3500
- 5215 22nd St N.....\$1,199,000.. Sun 1-4.....Florann Audia.....Long & Foster..703-873-3500
- 858 Arlington Mill Dr.....\$609,000.. Sun 1-4.....Val Nordstrom...Re/Max Allegiance..703-250-8500
- 924 Patrick Henry Dr N.....\$599,000.. Sun 1-3.....Johanna Baker.....Coldwell Banker..202-741-1672

22206

- 2590G S. Arlington Mill Dr.....\$262,000.. Sun 1-4.....Valerie Wilkinson.....Weichert..703-585-9271
- 3228 S Utah St.....\$422,000.. Sun 1-4.....Marian Thompson.....Coldwell Banker..703-967-1796

22207

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- 2055 N. Brandywine St.....\$475,000.. Sun 2-4.....Tracy Wilder.....McEneaney..703-599-1066
- 3013 N. Stuart St.....\$869,500.. Sun 1-4... Mitchell Schneider.....McEneaney..703-851-4416
- 3533 36th St N.....\$1,195,000.. Sun 1-4.....Chip Benjamin.....Long and Foster..703-585-7066
- 4060 35th St N.....\$1,385,000.. Sun 1-4.....Mark Middendorf.....Weichert..703-928-3915
- 4201 Lee Hwy.....\$268,000.. Sun 1-4.....Anne V Hamilton..RE/MAX Allegiance..703-243-7570

22209

- 1522 Colonial Terr.....\$1,175,000.. Sun 2-4.....Terrie Dietrick.....Long & Foster..703-790-1990

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All listings due by Monday at 3 P.M.



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OPEN SUN 1-4

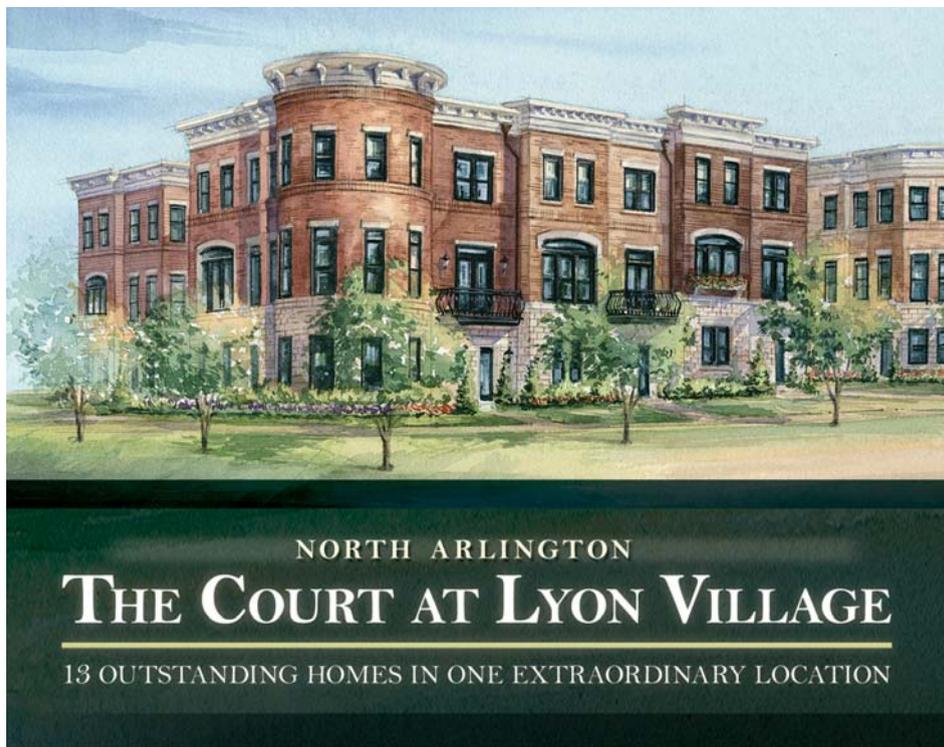
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—Andrew Carnegie's epitaph



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