

Potomac ALMANAC

Welcome To CJMS

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Awarded
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Brings Wootton
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OCTOBER 5-11, 2011



Improved Chemistry
Has Churchill Undefeated

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Dr. Paulette Smith,
principal of
Cabin John
Middle School.

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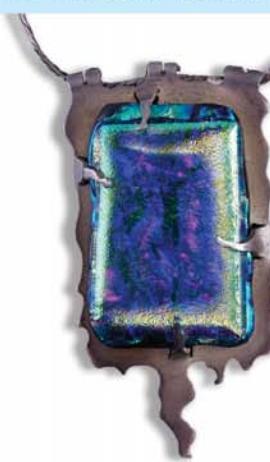
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NEWS

Golf Classic To Benefit School

In memory of
Fr. Bill Finch.

BY COLLEEN HEALY
THE ALMANAC

This year the 3rd annual Fr. Bill Finch Memorial St. Raphael Golf Classic will take place on Oct. 20 at Manor Country Club in Rockville.

The classic will be hosted by PGA Tour Caddie Mike "Fluff" Cowan. The event will feature not only a golf tournament but a golf clinic with Cowan.

Cowan has been with the PGA tour for 36 years and has caddied for golfers such as Peter Jacobsen, Tiger Woods, Michelle Wie and Jim Furyk. As for hosting the tournament Cowan said, "I hope we can continue to grow and provide a fun golf experience for all involved. I enjoy doing the golf tournament for the kids in our school."

All of the proceeds of the tournament will be directed to the St. Raphael Building Fund in Finch's honor. His dream was to start a



PHOTO BY COLLEEN HEALY/THE ALMANAC

A highlight of the tournament is the golf clinic with Fluff Cowan. Players can ask questions and get tips on how to improve their swing and practice their game.

school at St. Raphael Catholic Church which he did in 2006. Each year the school adds a grade and this year it has expanded to sixth grade. The new building houses the new parish library and St. Raphael School, while providing more meeting space for local organizations and charities.

Chairman of the tournament Michael Rose asked, "You cannot get any better than this, can you? Beautiful crisp fall weather, a bunch of friends gathering to remember our friend and former pastor, a prime time Thursday golf

SEE GOLF, PAGE 5

NEWS

'Opening Night' Brings Wootton Grads Back

Broadway gala event will raise funds for Wootton arts and humanities education.

BY SUSAN BELFORD
THE ALMANAC

Only a few Montgomery County high school graduates ever become Broadway stars — but one of Thomas Wootton High School's own, Cicily Daniels (Class of '94), is returning to her alma mater to perform and help raise funds for the TWHS Arts and Humanities department. On Broadway, Daniels was part of the original cast of Disney's "The Little Mermaid." She co-starred on the HBO series "Boardwalk Empire," and has performed in numerous musical theater productions, TV shows and commercials.



Cicily Daniels
The Oct. 15 Broadway Gala, "Opening Night," will showcase Daniels, other students and alumni in a Broadway themed performance. The evening will begin at 7 p.m. with a dessert reception in the Commons featuring music by the accomplished TWHS jazz band, "3 AM Groove." The show will begin at 8 p.m.

SEE 'OPENING NIGHT.' PAGE 6

Slogging Through 60 Miles of Rain and Mud

Residents raise funds for breast cancer research.

BY SUSAN BELFORD
THE ALMANAC

On the "Million Dollar Babies" team, five sisters walked for their mom, a two-time breast cancer survivor. Many team members walked for Cecily Kaufman, who died from the disease. Others walked for Bridgit Spence who was diagnosed with Stage IV breast cancer at age 21 and four times subsequently — and inspires the team each year as a spokesperson and participant in the Komen 3 Day for the Cure.

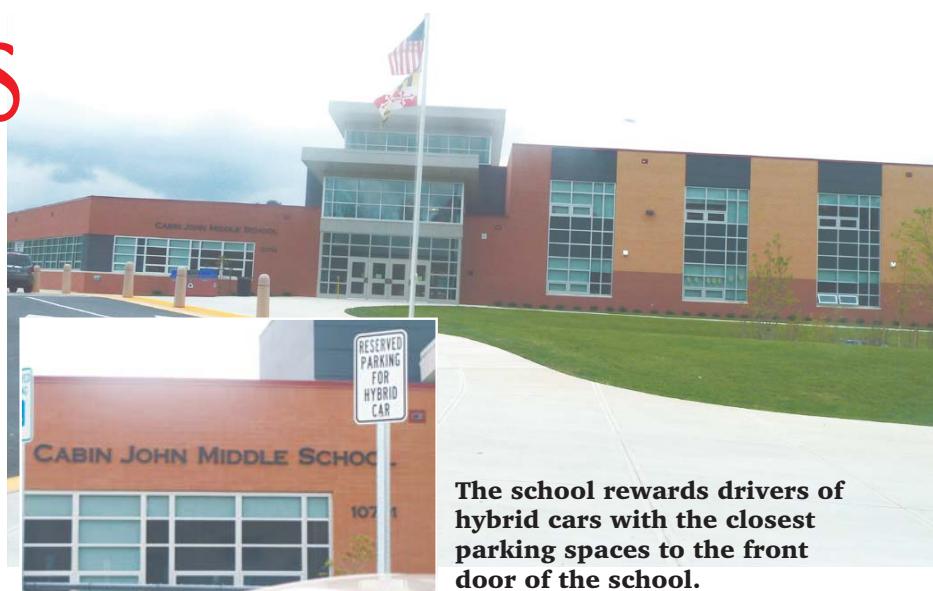
The team was created 7 years ago by Potomac's Margo Devine and her four sisters to honor their mother, Marilyn Royal. They walked in 2004 and 2007 in Tampa, and since then have walked every year in the 3 Day for the Cure in Washington D.C.

www.CONNECTIONNEWSPAPERS.COM

This year's team included 24 relatives and friends, 10 from the Potomac area and 14 from other parts of the U.S. They raised \$71,425 this year, which was third place out of all the teams participating in the walk and last year they were second with \$90,000. "Next year, we will be number 1," said Team Captain Margo Devine.

Potomac native Kim Oser participated for the first time as a member of Leslie's Bosom Buddies team. Leslie Kern is a breast cancer survivor. Oser explained her motivation: "I did the walk because my best friend Marla Feldman's mother, Carolyn Ginsberg died of breast cancer when I was 19 years old. One of my close friends and many acquaintances survived breast cancer; she was just 40 when she was diagnosed. Another team member tested positive for the BRACA gene and had a prophylactic mastectomy and hysterectomy. I want to make a difference for the future and to honor those who fought in the past. Our 13-person team raised just over \$63,000."

SEE GO-MILE WALK. PAGE 5



PHOTOS BY SUSAN BELFORD/THE ALMANAC

The school rewards drivers of hybrid cars with the closest parking spaces to the front door of the school.

'Simply Fantabulous'

The new Cabin John Middle School earns rave reviews.

BY SUSAN BELFORD
THE ALMANAC

According to Merry Eisner, Cabin John Middle School PTSA president, the new state-of-the-art Cabin John Middle School is "simply fantabulous and was worth waiting for."

With its modern science and computer labs, promethean boards in every room, a mobile computer lab, 41 security cameras, and silver LEED energy efficiency — the new Cabin John 160,000-square-foot school design is forward thinking in every way.

The school is divided into color-coded pods for each grade level. The media center is centrally located and contains a computer lab for student research, as well as a classroom section for lectures. A full television studio with editing rooms provides stu-

dents with an area for creating student-produced morning news shows to be aired on the televisions located in every room.

Principal Dr. Paulette Smith is excited and enthralled with her innovative facility. "The kids are so appreciative of their new surroundings. They are making special efforts to keep it spotless and to comply with the 'green' environment. They went through two years of busing to Tilden, but it was worth it." Smith has served as CJMS principal for 11 years.

The over-sized gymnasium provides plenty of room for physical education classes. Student Ben Eisner said, "There are four auxiliary gyms; a weight room, dance studio, a rock-climbing wall and a modified gym for special needs kids. This really improves the choices in PE."

Both the all-purpose room and the gymnasium have the latest in noise dampeners on the walls to keep the noise from voices of the many students in the room suppressed. Expanded parking for visitors and staff and well thought-out school bus and student drop-off lanes keep the traffic flowing. To go

SEE NEW BUILDING. PAGE 4

Bubba's Family Awarded Top Honor

Potomac Chamber names wife of fallen soldier its citizen of the year.

BY KEN MOORE
THE ALMANAC

Nicki Bunting, a 1999 Wootton graduate, met her future husband Brian "Bubba" M. Bunting while she attended Bullis from sixth to ninth grade.

Brian and Nicki Bunting were married Sept. 23, 2006 and started their "big race to a big family" on their honeymoon, she said. She gave birth to their first son, Connor, on July 2, 2007. Their second son, Cooper, will have his second birthday on Oct. 29, one week after Potomac Day.

"While pregnant and caring for our then-one-year-old, I created Bubba's Belly Run in my husband's memory," said Nicki Bunting.

Bubba Bunting, a 2002 West Point graduate and Army Captain, was deployed to Afghanistan in June 2008. He returned home for a two-week rest and rehabilitation visit with his family and friends.

Brian Bunting was assigned to the 27th Infantry Brigade Combat Team and was back in Afghanistan for four days when his vehicle hit an improvised explosive device on Feb. 24, 2009 in Kandahar. Three other soldiers died in the attack, according to Army News Service.

Nicki Bunting found out she was preg-

SEE BUBBA'S FAMILY. PAGE 13



Margo Devine, captain of the "Million Dollar Babies" and son Carder who worked on the Youth Corps.

NEWS

Partnering with ‘Care for Kids’ Benefit set for Oct. 14.

BY SUSAN BELFORD
THE ALMANAC

All children love to tumble, climb, balance and play — and now they will have a chance to play in support of the National Children’s Medical Center. The fun, activity-filled evening will take place at My Gym Children’s Fitness Center in Bethesda on Oct. 14 from 6-7 p.m. and from 7-8 p.m.

Potomac resident Mandy Lemar, owner of the Potomac and Bethesda My Gym locations, is proud to be holding an event for this cause. “I’m excited to be a part of this valuable program,” she said. “We work with children all day, every day and this is a wonderful opportunity to help a program which directly benefits children.”

Admission for the evening is the “Care for Kids” card which can be purchased at the door, at a local business or on the www.boardofvisitors.com/careforkids/events website.

With the \$50 card, the purchaser will receive 20 percent off at more than 150 retail stores and restaurants during the week of Oct. 21 – 30. All proceeds from the sale of the card go to support the Board of Visitor’s Annual Grant and Major Gifts programs which directly benefit the medical center.

Co-chair of the “Care for Kids” program, Colleen Avis said, “We have sold 3,500-4,000 cards each year. This year we are elated that 70 new merchants have joined our program. It’s a win-win situation for the merchants, the card holders and the NCMC. Restaurants and merchants tell us that they see an increase in their business and it

brings in new customers. Those who buy the card love it because they get a bargain. Some people totally complete their holiday shopping this week.”

The Board of Visitors is a group founded in 1870 by 20 women who furnished and supported the original Children’s Hospital in the District of Columbia. The group has donated over \$6 million to improve a child’s hospital experience, provide critical medical equipment, sustain and develop innovative medical treatments and provide for professional development for staff. Since 2004, the “Care for Kids” card has been a major fundraiser for these much needed monies.

“We support the mission of the hospital,” said Avis. “One of their goals is the wholeness of the family and supporting the siblings of the patient as well as families when parents must live in separate states or even countries. We also provide seed money for larger grants at NIH.”

The event at My Gym-Bethesda will cater to children 6 months to 13 years old. The evening will feature instructor-led games and the use of all the amenities of My Gym. A light dinner will be served. Parents are required to stay to supervise their kids, but will have a chance to mingle while their children play. Call 301-652-2820 immediately to reserve a spot for the hour-long session. The facility can accommodate no more than 30 children each session.



**Mandy Lemar,
owner of My
Gym Potomac
and Bethesda**

Settling into New Building

FROM PAGE 3

along with their “green” certification, the school rewards drivers of hybrid cars with the closest parking spaces to the front door of the school.

“It’s a beautiful school and fulfills all the hopes and dreams of the community,” said parent Merry Eisner. “We also learned a lot along the way and we hope MCPS will take the knowledge from working with this community to their other school building projects. We hope they learned that it is important to include the community in all aspects of the planning, especially in the initial stages.”

THE CURRENT SCHOOL population is 970, but the school is built for 1,200 students to accommodate boundary shifts. Teachers are enjoying the extra space in this facility. Storage rooms, offices, team meeting rooms, window treatments that keep the sun out yet let light shine through – all these features create a comfortable learning environment. The entire school is flooded with natural sunlight and a courtyard surrounded by windows allows for the outside to come in. The school is energy efficient,

built of natural materials and environmentally friendly.

Eighth grade students Ben and Zach Eisner commented on their new school. From Zach’s perspective, “It’s nice-looking, clean, the water doesn’t taste rusty, and the classes are close together because of the pods. But the lockers are too small. The locks are really low on them. The water fountains are too low too. And the school is so big that it can take the entire 5 minutes allowed to get from one end to the other.” His twin brother Ben said, “The classrooms are big, and there are promethean boards in every classroom. All the teachers are taking advantage of the new space age technology. One bad thing is that the gym hallway could have been wider because it seems crowded when the bell rings and the kids are crammed together.”

Principal Smith states that she is amazed by the building. “To go from the initial construction meetings to the finished product has been so fulfilling. I have to pinch myself every time I enter the building and see how beautiful and well-designed it is. The students, staff, and community are just ecstatic with the new Cabin John Middle School.”

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NEWS

60-Mile Walk

FROM PAGE 3

The DC Komen 60-Mile Walk for the Cure attracted 2,500 participants this year who raised \$7 million for research and treatment of breast cancer. The walk began at the Washington National's Stadium and finished at the Washington Monument on the Mall. A campsite of hundreds of pink tents was set up in Avenel Park in Potomac. Even though the weather was sloppy and rainy, the walkers enjoyed the entertainment, meals, hot showers and medical treatment for their aching feet and bodies each night.

However, even with the organization and direction, the volunteers who help make everything work on time and with ease and the participant's buoyant spirits even though they were tired, soaked and sore — there were mishaps along the way. Devine's team had rented two vans which followed them with team belongings and "pick-me-ups."

Devine explained the incident. "An out-of-control speeding vehicle crashed into one of these vans, shaking up the driver and sending him to the hospital. Another passenger was extremely shaken and the van was destroyed. Fortunately no one was seriously injured and the team could complete their walk. If the van had not been exactly where it was, the speeding vehicle would have killed and injured many of the walkers. God was watching over all of us, for sure."



PHOTO COURTESY OF KIM OSER
Kim Oser and training partner Lisa Schneider — both Potomac natives.

Fifteen-year-old Carder Devine and 14-year-old Ben Kaufman were pleased that they were able to serve in the first-ever Youth Corps. The Corps assisted the walkers by pitching tents, filling water jugs, taking and setting up supplies at the various stops along the way, and also entertained the walk participants on Saturday evening. This group raised \$10,500 — and served as an inspiration and support for the walkers.

Oser and her team prepared by walking every weekend from May – September and coating their feet in the mornings and before bed with petroleum jelly. The toughest thing about the walk according to Oser was, "Mile 18, my feet just ached. The key was two pairs of shoes." Oser and her training partner and tent mate, Lisa Schneider decorated their tent with more than 65 stickers that said, "I wear pink in honor of ..."

Both teams and all the participants plan to come back next year. They are ready for the long walk, the aching feet, the tired muscles, the feeling of satisfaction — and hopefully for more sunshine.

Golf To Benefit St. Raphael

FROM PAGE 2

tournament that will prove to be extra festive this year on the course and result in greater numbers at the memorial reception. We have filled the field two years in a row and we expect the same this year. It is true testament to how much we loved and miss Fr. Bill and how much we support and adore Fr. Meyers."

The principal of St. Raphael School, Teri Dwyer, said, "Our theme for the 2011-2012 school year is "Living the Dream" and thanks to the generous response to our Golf Tournament from our school family, our parishioners and our friends in the community,

the dream is in living color. At a time when even the well-respected Montgomery County Public Schools' teacher/student ratios are expanding, St. Raphael is committed to small classes, enhanced technology, personalized instruction, and cross curricular educational units. We have moved from a one hallway school to two wings, one of which has three stories. There is so much to celebrate and to be grateful for ... thank you to all who are helping us make this dream an everyday reality."

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SCHOOLS



Zia Hassan, Wootton Alum Class of 2003 leads students in rehearsal of "Greased Lightning" in preparation for Wootton's Alumni-Student Broadway Gala, presented for one night only Oct. 15 at Wootton High School.

'Opening Night' Brings Grads Back

FROM PAGE 3

"Opening Night" is the 2011 kick-off event for the TWHS Patrons of the Arts, a group which raises funds as well as awareness that Arts and Humanities programs in the high school need to be preserved, nurtured and funded. Recent budget cuts have affected the TWHS arts programs which include photography, ceramics, art, drama, dance and choral and instrumental music. All funds raised by this benefit will be used by the Patrons of the Arts to directly support TWHS departmental needs and extracurricular programs.

Stanley Brodsky, TWHS's theater director and 20-year veteran teacher, will be honored by the Patrons of the Arts for the lasting legacy of excellence in the per-

forming arts that he instilled in the students during his years as a teaching director. Daniels will also be recognized with the Patron's Distinguished Alumni Achievement Award.

STUDENTS WHO STUDIED under Brodsky will return from around the country to nostalgically recreate their performances as well as the music from "Les Miserable's," "Fiddler on the Roof," "Brigadoon" and the many other theatrical performances at TWHS. They will perform with current students. One stand-out performer is TWHS sophomore Corieanne Stein, who recently appeared on the Broadway stage as a ballet girl in Billy Elliott and has also performed in "Annie," "The Tempest," "High School Musical," and the national tour of "Kidz Bop." An-

other TWHS graduate, singer and actress Susan Derry (Class of '88) will also perform. She has a long list of credits which include singing at New York's Carnegie Hall to playing the role of Kathleen in "Showboat" at the Kennedy Center — and starring in many roles at Signature Theater.

"This is how a community is built and sustained," said Beth Goldberger, president of the Patron of the Arts. "Building a strong arts program for the future is made by celebrating the accomplishments of the past and setting our sights for the challenges down the road. Stan Brodsky and Cicily Daniels represent the best of what Wootton has been and will always be."

Sharon Stein, Patron of the Arts vice president and Broadway Gala director said, "This is an evening which will long be remembered. Musical theater allows us to express the full range of emotions — and we hope the feeling our audience takes away is the love everyone involved with the show shares for an extraordinary school."

Tickets can be purchased from the website www.woottonpatrons-arts.org or from Sharon Stein at 301-340-1993 or 202-812-8723. Admission is \$25 for adults, \$20 for seniors and alumni from the past 10 years, and \$10 for students. There is also a group rate for 12 or more of \$18 per adult.

For information, contact bethgoldberger@gmail.com. Tickets may also be purchased at the door.



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ENTERTAINMENT

‘Canvas and Steel’ at the Art Gallery of Potomac

Artists share their visions.

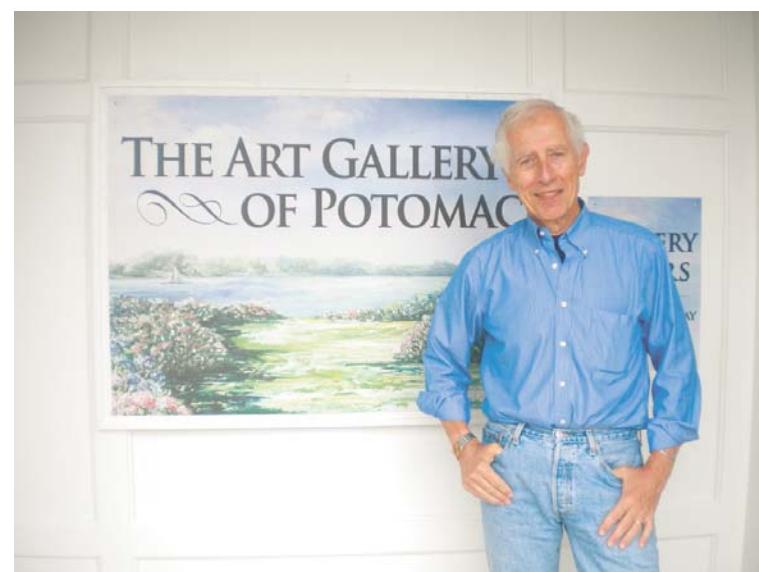
BY COLLEEN HEALY
THE ALMANAC

This month The Art Gallery of Potomac will present its show “Canvas and Steel” with artist Carol Dyer and sculptor Richard Binder.

This is the first time Carol Dyer’s historic folk art of Washington, D.C., scenes will be shown and offered for sale. Her first introduction to art was through her aunt, Margaret Brown, who owned a gallery in Boston. She encouraged her, as a child, to take art lessons at the Boston Museum of Fine Art. In the late 1960s, when her children were in school, she started painting for pleasure and relaxation. It was not until the mid-1970s that she began painting professionally. Her first paintings and prints focused on scenes and landmarks from the Delmarva Peninsula on the Delaware coast. The works tried to capture the family holidays that were enjoyed by residents of Washington, Baltimore and Philadelphia, who journeyed by rail and coach to enjoy the tranquility of the seashore. Many of the structures in her scenes no longer stand, due to time, hurricanes, and development.

The exhibition of her art at the Rehoboth Art League in Delaware led to her collaboration with a Washington publisher, Dr. Ralph Jones, and the creation of the “Splendor of Washington” series. The capital’s famous buildings are displayed as they appeared at the turn of the century with imaginative illustrations and stories of the people who lived in the city during those times. The series now numbers some three dozen scenes at different times of the year and celebrating most national holidays. These 40 paintings are distributed as prints and greeting cards by Monumental Products.

Now the grandson of Ralph Jones, Kyle Miller, who owns the original paintings has decided to sell the collection. “This is the first time the collection is being offered and the first time it has been displayed,” he said. “I feel that it is time someone should enjoy them. It will be sad to see the paintings go because Carol and my grandfather were an equal team in researching the historical facts, choosing the colors to include and which scenes to depict. But at



Sculptor Richard Binder will display his work at the “Canvas and Steel” show presented by The Art Gallery of Potomac.

the same time the paintings should be in people’s homes, dens, offices. The hustle and bustle of the area makes you appreciate and celebrate the past traditions of Washington, D.C., and the founding of our country.”

Sculptor Richard Binder’s path to creating art is as winding and bending as one of his sculptures. He was always a collector of art but he began his career studying engineering then studied oncology and hematology. He became an oncologist and practiced medicine for over 40 years. When he was no longer in practice he decided to go from caring to creating. With some classes at the Corcoran School of Art in Washington and the Yellow Barn at Glen Echo National Park, he used his engineering skills and started creating abstract metal sculptures.

Working in both mild and stainless steel, he is now creating metal sculptures for placement both outdoors and indoors. The process begins with his mental vision of a shape, a form or a structure. This initial concept is then put to paper in the form of a drawing or a sketch, often done in perspective, followed by his creating a small-scale model as a guide for fabricating the final work. The final step in the process involves cutting the steel into appropriate sizes and shapes, welding them together, grinding down the welds and then painting or polishing the work depending on the material used.

Each piece may take many hundreds of hours to go from the initial workings to the final product. The geometry, the symmetry, the asymmetry, the negative space, as well



PHOTO CONTRIBUTED
Artist Carol Dyer

as the size of his outdoor sculptures create a dramatic piece. His indoor pieces, using similar techniques, express the same dynamic feel and are meant to make one feel at ease with the bold geometry with its angles, curves, volumes and sense of motion.

“The balance of positive and negative space is very important in 3-D art,” he said. “My work fulfills a desire to create things and make people happy. It is a joy to have people enjoy what you create and see them smile. Hopefully people will see something in their mind’s eye that will give them pleasure.”

Dyer and Binder will be the featured artists at The Art Gallery of Potomac from Oct. 6 – Nov. 6. Gallery hours are Wednesday-Sunday, 12-4 p.m. The gallery is located at 10107 River Road in Potomac. Phone 240-447-9417. There will be an opening reception on Oct. 15 from 6-8 p.m. Go to www.potomacartists.org. Call 301-765-7617.

ARTIST EVENT



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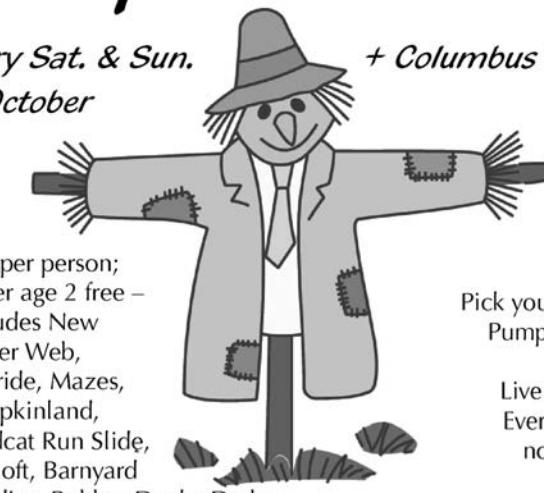
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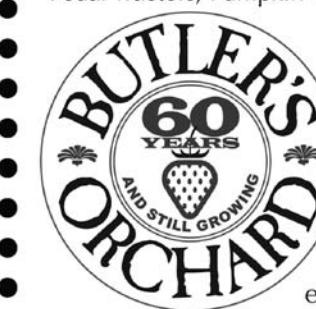
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ENTERTAINMENT

HIGHLIGHTS: SAVE THE DATE

West Montgomery County Citizens Association (WMCCA), Potomac's umbrella citizens association, is scheduled to hold its first general meeting of the season on Wednesday, Oct. 12, and meets the second Wednesday of each month, October through May, Potomac Community Center, 7:15 p.m. – 8:45 p.m. www.wmcca.org.

Potomac Day, Oct. 22. Parade, 10:30 a.m., Oct. 22, Potomac Village. Arrive before 10 a.m. to avoid road closures. Free children's rides and more, sponsored by Potomac Chamber of Commerce. 301-299-4650

WEDNESDAY/OCT. 5

Library Snapshot Day. VIP Read activities. Potomac Library will compile statistics, customer comments, photographs, and other data chronicling a typical library day. At the Potomac Library, 10101 Glenolden Dr., Potomac.

OCT. 5 TO 8

A Grand Night for Singing. Wednesday to Saturday at 8 p.m.; Sunday at 2 p.m. Tickets are \$10/regular; \$8/seniors and students. Conceived by Walter Bobbie, lyrics by Oscar Hammerstein II, music by Richard Rodgers, music arrangement by Fred Wells. At the Robert E. Parilla Performing arts Center, Montgomery College, 51 Mannakee St., Rockville. Call 240-567-5301.

THURSDAY/OCT. 6

Pianist Soheil Nasser. 7:30 p.m. Tickets are \$30. Nasser will tackle Beethoven's "Hammerklavier" Sonata on Strathmore's historic Broadwood piano. At the Mansion at Strathmore, 10701 Rockville Pike, North Bethesda. Call 301-581-5100 or visit www.strathmore.org.

Slow Blues and Swing Dance. 9 to 11:30 p.m. Admission is \$8. With DJ Mike Marcotte and Guests. Slow Blues lesson from 8:15 to 9 p.m. At the Back Room at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Call Donna Barker at 301-634-2231 or go to info@CapitalBlues.org or www.CapitalBlues.org.

An Evening with Linda Eder. 8 p.m. Tickets are \$35 to \$76. She is noted for her sensitive



SATURDAY/OCT. 8

Playhouse Puppetry Slam. 7 and 9 p.m. A showcase of edgy and provocative works aimed at mature audiences. A Silent Auction will run from 6:30 to 10 p.m. Tickets are \$15. Call 301-634-5380 or visit www.puppetryslam.com.

interpretation and modern renditions of theatrical song. At the Music Center at Strathmore, 5301 Tuckerman Lane, North Bethesda. Visit www.strathmore.org or call 301-581-5100.

SATURDAY/OCT. 8

Used Book Sale. 10 a.m. to 1 p.m. Friends of the Library, Potomac Chapter, is having a book sale. Most hardbacks are \$1; paperbacks are \$.50. At the Potomac Library, 10101 Glenolden Dr., Potomac.

SUNDAY/OCT. 9

Climate Change and Its Health Consequences. 10:25 a.m. Featuring Jack Lebowitz, retired professor of Microbiology and NIH staff scientist. At River Road Unitarian Congregation, 6301 River Road, in Bethesda. Call 301-229-0400 or visit www.rruuc.org.

Crab Feast Fundraiser. 1 to 5 p.m. The Bethesda-Chevy Chase Rescue Squad Alumni Association will hold a crab feast fundraiser. Tickets cost \$40 per person for all-you-can-eat steamed crabs, fried

October 7 - 8, 2011 Lorton, Virginia

BLM Meadowood Special Recreation Management Area
10406 Gunston Road

Friday preview: 2pm - 7pm
Saturday adoption: 8am - 5pm
Adoption is first come, first served

Directions: From Route 1, take Gunston Rd (East) 2.4 miles Past the BLM Meadowood main entrance to right on Harley Rd.



Kristen Fontaine will be conducting gentling demonstrations at the Lorton, VA adoption on October 7-8, 2011.

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U.S. Department of the Interior
Bureau of Land Management
Wild Horse and Burro Program

chicken, potato salad, baked beans, applesauce, and rolls, along with beer and soda. Purchase tickets in advance. At 5020 Battery Lane (at Old Georgetown Road), Bethesda. Call 301-977-6634 or visit www.bccrs.org

Indigo Girls. 7 p.m. Tickets are \$45 to \$55. At the Music Center at Strathmore, North Bethesda.

Labyrinth Walk. 7 to 8:30 p.m. Part of the series called "Second Sunday at 7" and includes silent reflection, meditation and music. Joy Rains, a graduate of Shalem Institute, will lead the group. At RRUUC, 6301 River Road, Bethesda. Visit www.rruuc.org.

TUESDAY/OCT. 11

Singer-songwriter Jack Williams. 8 p.m. Tickets are \$18/door; \$15/advance. At the Unitarian Universalist Church of Rockville, 100 Welsh Park Dr., Rockville. Visit www.focusmusic.org or call 301-275-7459.

THURSDAY/OCT. 13

Slow Blues and Swing Dance. 9 to 11:30 p.m. Admission is \$8. With DJ Mike Marcotte and Guests. Slow Blues lesson from 8:15 to 9 p.m. At the Back Room at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Call Donna Barker at 301-634-2231 or go to info@CapitalBlues.org or www.CapitalBlues.org.

Potomac Toddlers. 10:30 a.m. Stories, songs and rhymes for toddlers 12-to-36 months and their caregivers. No registration required. This event meets every Thursday. At Potomac Library, 10101 Glenolden Drive, Potomac.

FRIDAY/OCT. 14

My Gym Bethesda Party. 6 to 8 p.m. Open gym, arts and crafts, pizza, cookies and more. Funds raised go directly to Children's National Medical Center. Call 301-652-2820 to reserve your spot.

OCT. 14 TO 16

Sugarloaf Craft Festival. More than 250 artisans will be displaying and selling their work. Hours are Friday, Oct. 14 and Saturday, Oct. 15, 10 a.m. to 6 p.m., and Sunday, Oct. 16 10 a.m. to 5 p.m. Admission is \$7/online; \$9/door. Admission (good for all three days) is \$7 when purchased online

and \$9 at the door. Children under 12 are admitted free. Free parking is available on site. At the Montgomery County Fairgrounds, 16 Chestnut Street in Gaithersburg. Visit www.sugarloafcrafts.com or call 800-210-9900.

SATURDAY/OCT. 15

Rockville Antique and Classic Car Show. 11 a.m. to 3:30 p.m. Free. Will feature 26 Washington, D.C.-area car clubs plus a flea market dedicated to cars. On the grounds of Glenview Mansion at Rockville Civic Center Park. To learn more about the show or to register a car for the show, go to www.rockvillemd.gov/events/carshow.htm or call the Special Events office at 240-314-8604.

Truck Touch. Cost is \$5/person; free for children under 2. Suburban Nursery School has assembled trucks for kids to explore and touch. At 7210 Hidden Creek Road, Bethesda, near River Road off Wilson Lane. Visit www.suburbannurseryschool.org.

Jim West Dinosaurs. 11 a.m. Tickets are \$7/adults; \$6/seniors. Jim West, a master puppeteer, mixes storytelling with the latest dinosaur discovery. At the Robert E. Parilla Performing Arts Center, Montgomery College, 51 Mannakee St., Rockville. Call 240-567-5301.

Patrons of the Arts Gala. Dessert reception is 7-8 p.m.; Broadway Gala Performance is 8-10 p.m. Wootton High School alumni and students celebrates Stan Brodsky and Cicily Daniels in an evening of song, dance and love. Tickets are \$10 to \$50. At Wootton High School, 2100 Wootton Parkway, Rockville. Contact Sharon Stein at 202-675-5314. Visit www.woottonpatrons-arts.org.

Dog Walk and Pet Fair. A one-mile walk in park followed by obedience tips, contests, activities, and lunch. Check-in between 9:30 and 10:15 a.m.; walk begins at 10:30 a.m. Cost is \$35/adult; \$15/ages 6 to 16. Pre-register by Oct. 8. On-site registration is \$5 more. At Avenel Local Park, 10051 Oaklyn Dr., Potomac. Visit www.mcspca.org.

Ann Porcella and Friends. 8 p.m. Admission is \$20. CD Release for Gathering Stones. At Glen Echo Town Hall, 6106 Harvard Ave., Glen Echo.



Potomac Chamber of Commerce

PO Box 59160
Potomac, MD 20859
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Jennifer@potomacpizza.com
or 301-299-2170

FINE ARTS

OCT. 2 TO NOV. 1

Glenview Mansion Artists. Free. Features the Colored Pencil Society of America; Edwin Gould's clay artwork; and silver gelatin prints created by Gwen Lewis. Gallery hours are Monday, Wednesday and Friday, 9 a.m.-4:30 p.m.; Tuesday and Thursday, 9 a.m.-9 p.m.; and closed official City holidays. At Glenview Mansion Art Gallery at Rockville Civic Center Park, 603 Edmonston Dr., Rockville. Contact Julie Farrell at 240-314-8682 or jfarrell@rockvillemd.gov.



OCT. 2 TO 30

Seven Degrees of Separation. Meet the artist's reception is Sunday, Oct. 2. Works by Sara Becker, Claire Howard, Lorriann Signori, Judith Simmons, Diane Cary-Thomson, JoAnn Clayton Townsend, and Rob Wood. At the Dennis and Phillip Ratner Museum, 10001 Old Georgetown Road, Bethesda. Call 301-897-1518.

THROUGH OCT. 8

A Celebration of Color. Works on Paper by Ruth Meixner-Bird and New Work by Gallery Artists. Color is the unifying theme of this series of acrylic paintings on paper. Artist's reception is Friday, Sept. 9 from 6 to 9 p.m. At Waverly Street Gallery, 4600 East-West Highway, Bethesda. Call 301-951-9441.

THROUGH OCT. 11

"Wings Set Me Free." Photographs of birds in flight by Potomac resident Evelyn Jacob. Artist's reception is Sept. 18 from 2 to 4 p.m. At River Road Unitarian Universalist Congregation, 6301 River Road, Bethesda. Call 301-229-0400, <http://www.rruuc.org/>. See more of Evelyn's work at <http://www.evelynjacob.net/>.

OCT. 15-16

'Pete' Painters Art Exhibition." Original artwork by eight local artists who meet weekly for critiques, painting, good food and good company. Two Meet the Artists receptions are Saturday from 5 to 7 p.m. and Sunday from 3 to 5 p.m. At the Yellow Barn Studio Gallery at Glen Echo Park. Contact the Yellow Barn Gallery at 1-301-371-5593 or contact Michael Shibley at 301-807-6890 or mfs-art@comcast.net or Debra Halprin at 301-260-9701 or halprinart@aol.com.

NOW THROUGH OCT. 16

Flora Photographic: A Study in Contrast. Free. Large-format images by photographers Robert Llewellyn and Andrea Ottesen. The two-artist exhibit presents bold, crisp and colorfully arresting images of plants juxtaposed to elegant, deeply detailed and gently provocative studies in plant form. On display at the U.S. Botanic Garden Conservatory's East Gallery, 100 Maryland Ave., S.W., Washington. Hours are 10 a.m. to 5 p.m. daily. Visit www.usbg.gov.

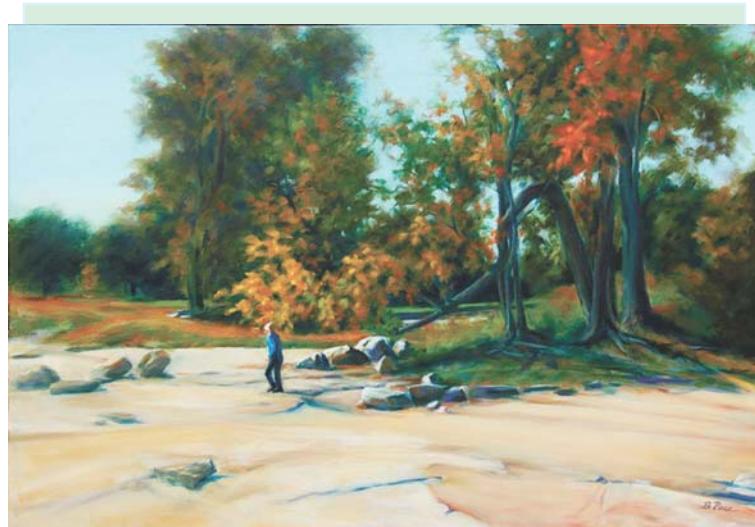
NOW THROUGH OCT. 29

Visual Voices. A Show of Zenith Artists Profiled in the New Book, "100 Artists of the Mid-Atlantic" by Ashley Rooney. Meet the author and artists on Wednesday, Sept. 21 from 6 to 8:30 p.m. At Zenith Gallery at Chevy Chase Pavilion.

NOW THROUGH NOV. 5

OCT. 8 AND 9

Catching Light. Watercolor artist Susan Lenczowski will present an exhibition of her paintings. Saturday, Oct. 8 from noon to 5 p.m.; Sunday, Oct. 9 from noon to 5 p.m. A reception will be held Saturday from 5 to 7 p.m. At the Yellow Barn Gallery at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Visit www.yellowbarnstudio.com, or call 301-492-6229.



OCT. 11 TO NOV. 5

Far from the Crowd. Paintings by Barbara French Pace and New Work by Gallery Artists. Reception: Friday, Oct. 14, from 6-9 p.m. At Waverly Street Gallery, 4600 East-West Highway, Bethesda. Visit www.waverlystreetgallery.com or call 301-951-9441.

"Building Bridges, Not Fences." Strathmore explores the technical and conceptual journey of photography from traditional to digital media, through the reinvention of image-making through modern technology. Opening Reception is Tuesday, Sept. 27 from

7-9 p.m. Children's Talk & Tour is Saturday, Oct. 1 at 10:15 a.m. Free, reservation required. RSVP to 301-581-5109. At The Mansion at Strathmore, Gudelsky Gallery Suite, 10701 Rockville Pike, North Bethesda. Call 301-581-5100 or visit www.strathmore.org.

2nd Annual NOVA Fall Art & Craft Showcase

Presented By
Northern Virginia Handcrafters Guild



Saturday, Oct 8 (10 - 5)
Sunday, Oct 9 (11 - 4)

Northern Virginia Community College, Annandale Campus
Ernst Cultural Center, 8333 Little River Turnpike, Annandale, VA 22003

Admission: \$3 Parking: Free

Artist Work & Directions: www.nvhg.org

Featuring over 50 Juried Artisans – Glass, Fabric and Wearable Arts, Jewelry, Knitting, Photography, Pottery, Silverwork, Watercolors, Wood and much more!

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Honey, I Wrecked the Kids: Why won't they listen?

For parents who have tried every parenting trick in the book but nothing seems to be working. In fact, you're pretty sure they are making matters worse!

"Why do I lock horns with my kids?" "Why won't they do as I say?" Alyson Schafer uses visual props and humor to help parents understand how they unwittingly trigger power struggles and learn a four step method moving from conflict to cooperation.

Alyson Schafer is a psychotherapist and one of Canada's leading parenting experts. She is the author of the best-selling *Breaking the Good Mom Myth* and *Honey, I Wrecked the Kids* and her latest book, *Ain't Misbehavin'*. You can find her interviewed and quoted in such publications as *Cosmopolitan*, *Reader's Digest*, *Canadian Living*, *Today's Parents* and on The Montel Williams Show.



\$15/person | \$25/couple.

Fee waivers available.

CEUs (2 hours): Maryland Board of Social Work Examiners (Category II), \$10 fee.

Clock hours (2): Maryland State Office of Child Care (Core of Knowledge: Child Development), \$10 fee.

All proceeds fund the prevention services of YMCA Youth & Family Services.

Reasonable disability accommodations available on request. Please contact Pam Mintz at 301-229-1347 by October 10. &

Thursday, October 20, 2011

Suburban Hospital Auditorium
8600 Old Georgetown Road
Bethesda, MD

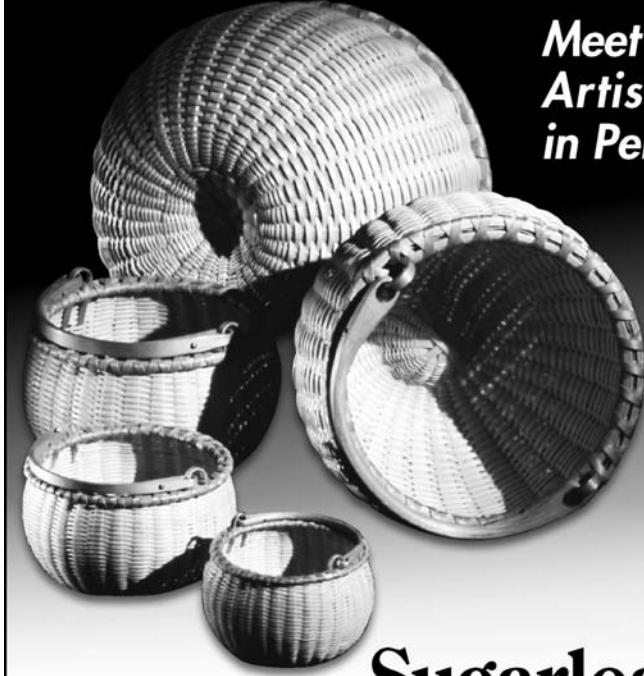
6:30 pm Registration
(Please allow time for parking)

7 - 9 pm Seminar

Registration Recommended
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Potomac REAL ESTATE

PHOTOS BY DEB STEVENS/THE ALMANAC

IN AUGUST 2011, 67 POTOMAC HOMES SOLD BETWEEN \$2,375,000-\$240,000.

**Sold in August
in \$800,000s**



② 12315 Overpond Way, Potomac — \$870,275



⑤ 12466 Ansin Circle Drive,
Potomac — \$855,000



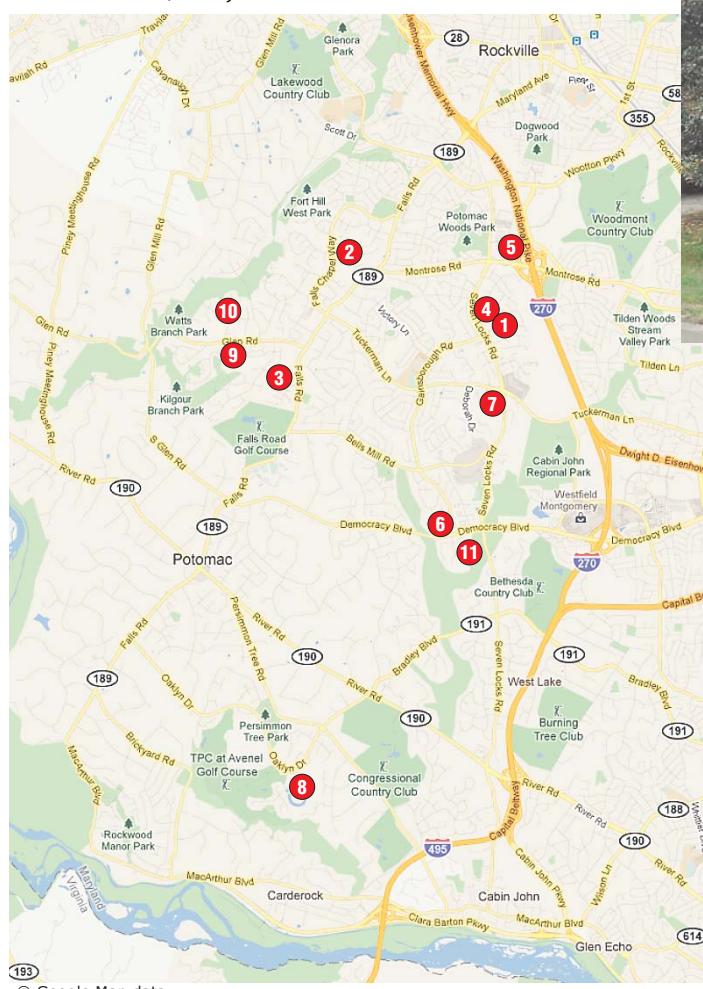
③ 9521 Woodington Drive,
Potomac — \$867,500



⑥ 8203 Snug Hill Lane, Potomac — \$845,000



⑩ 11916 Gregerscroft Road,
Potomac — \$807,000



⑨ 11512 Hornfair Court,
Potomac — \$824,000

Address	BR	FB	HB	Postal City	Sold Price	Type	Lot AC	PostalCode	Subdivision	Date Sold
① 11805 GREENLEAF AVE	5	3	1	POTOMAC	\$885,000	Detached	0.28	20854	WILLERBURN ACRES	08/15/11
② 12315 OVERPOND WAY	5	3	1	POTOMAC	\$870,275	Detached	0.26	20854	COPENHAVER	08/26/11
③ 9521 WOODINGTON DR	4	4	1	POTOMAC	\$867,500	Detached	0.42	20854	BEDFORDSHIRE	08/31/11
④ 7908 RAPHAEL CT	4	4	1	POTOMAC	\$867,000	Detached	0.36	20854	WILLERBURN ACRES	08/18/11
⑤ 12466 ANSIN CIRCLE DR	3	2	1	POTOMAC	\$855,000	Townhouse	0.03	20854	WHEEL OF FORTUNE	08/23/11
⑥ 8203 SNUG HILL LN	5	4	2	POTOMAC	\$845,000	Detached	0.30	20854	EAST GATE OF POTOMAC	08/12/11
⑦ 7951 TURNCREST DR	3	3	1	POTOMAC	\$840,000	Townhouse	0.07	20854	POTOMAC CREST	08/31/11
⑧ 8309 TURNBERRY CT	3	2	2	POTOMAC	\$825,000	Townhouse	0.05	20854	AVENEL	08/27/11
⑨ 11512 HORNFAIR CT	4	3	1	POTOMAC	\$824,000	Detached	0.33	20854	BEDFORDSHIRE	08/29/11
⑩ 11916 GREGERSCROFT RD	5	2	1	POTOMAC	\$807,000	Detached	0.35	20854	GLEN OAKS	08/04/11
⑪ 8128 BUCKSPARK LN E	4	2	1	POTOMAC	\$805,000	Detached	0.25	20854	EAST GATE OF POTOMAC	08/12/11

SOURCE: MRIS, INC. FOR MORE INFORMATION ON MRIS, VISIT WWW.MRIS.COM

OPINION

Mushrooms Thrive in Darkness

... Democracy Does Not

BY SUSANNE LEE
WMCCA PRESIDENT

Sunshine and transparency are absolutely critical to a meaningful democratic process, but both have been sorely lacking in two situations directly impacting Potomac neighborhoods. In each instance, none of the citizens most affected were notified of pending executive and judicial branch decisions until they were done deals.

The first involves the proposed use of a site on Brickyard Road (reserved since the 1970s for a future public school) to develop soccer fields using a public/private partnership. Montgomery County Executive Ike Leggett engaged in secret meetings with a private soccer organization beginning in 2009, but Leggett's negotiations to lease a designated school site for development and use by a private recreational corporation were unknown to the public until early March 2011, just a few days before the Board of Education voted to sign a lease with the County. In turn, the County expects to enter into a contract with a private entity to build and operate up to four to six soccer fields for the private entity's own benefit and use.

The second involves the Potomac Swim and Recreation Club's request for a modification of its Special Exception in order to construct a commercial indoor tennis facility on Oaklyn Drive that includes a tennis bubble. WMCCA and neighborhood residents opposed the facility, and prevailed before the Montgomery County Board of Appeals in a decision issued July 2009. It was not until this summer when construction began on the site that we learned the board's decision had been appealed by the club to the Circuit Court for Montgomery County, reversed on appeal, and on remand a revised decision of approval issued by the board.

Upon investigation, it was learned that none of the neighbors in opposition or WMCCA received the statutorily-required notice that the decision had been appealed. Thus, we never knew of the Circuit Court proceedings or the Court's decision. Likewise, we never received the statutorily-required notice of the

WMCCA Meeting

The next West Montgomery County Citizens Association meeting is Wednesday, Oct. 12, 7:15 p.m. in the Potomac Community Center's arts and crafts room.

Speakers will be Curt Uhre and Dennis Kelleher, two of the earliest and most active members of the Brickyard Coalition. They will provide an overview of the community actions taken over the summer regarding the County Executive's proposal to develop soccer fields on the 20-acre Brickyard Road school site — home of Nick's Organic Farm for the last 30 years. WMCCA has joined with several other Potomac civic associations as well as neighborhood leaders to create the unified Brickyard Coalition. The Coalition's goal is to halt the soccer development process and start over, providing the transparency and community input that should have been a part of any decision-making for the site. As always, the public is welcome to attend.

If schools are closed because of inclement weather, the meeting will be cancelled.

new board decision on remand. Had we received any notice, we clearly would have taken steps to defend the board's decision denying the exception. To make matters worse, for unknown reasons, the County failed to enter the case to defend the board's decision. As a result, the club's appeal went forward totally unopposed.

WMCCA has joined with the surrounding neighbors in legal actions demanding that the soccer and tennis facility decisions be reopened and the processes restarted with proper notice to all.

ENVIRONMENTAL REPORT: SEWER ENVELOPE ISSUES

Glenstone Foundation Sewer Category Change Request (127.7 acres on Glen Road in an RE-2 Zone):

Proposal is for a sewer extension through the site and along Lake Potomac Drive to an existing gravity main at Great Elm Farm. The stated purpose is expansion of an art museum. This property is outside the sewer envelope identified in the Potomac Subregion Master Plan and does not abut existing or proposed sewer mains. The proposed line extension is over one-half mile long and would tunnel under the Greenbriar Branch stream. Sewer main extensions that disrupt streams and their undisturbed buffer areas are contrary to the environmental focus of the Potomac Subregion Master Plan. The Greenbriar

SEE WMCCA, PAGE 14

End of
Season
Swim

Total chaotic
happiness at
River Falls
Doggie Swim.



PHOTO BY VIRGINIA FOWLER

OPEN HOUSES IN POTOMAC OCTOBER 8 & 9



5802 Nicholson Lane, Unit 402, Rockville 20852

**\$599,000 • Open Sunday 1-4 p.m. • Leslie Friedson,
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When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper. For more real estate listings and open houses, visit www.ConnectionNewspapers.com & click the Real Estate links on the right side.

Call Specific Agents to Confirm Dates & Times. 

North Potomac (20878)

12626 Lloydminster Dr.....\$644,900..Sun 1-4.....Alexa Kempel..Washington Fine Prop..240-678-4561

14620 Snapdragon Cir.....\$695,000..Sun 1-4.....Jill Aharon.....Coldwell Banker..240-328-2640

Potomac (20854)

11409 Falls\$1,699,000..Sun 1-4....Norman Domingo.....XRealtyNET..888-838-9044

8604 Buckhannon Dr.....\$739,000..Sun 1-4.....Hennie Keshani.....Long & Foster..301-765-3131

8628 Snowhill Ct.....\$1,175,000..Sun 1-4Traci Levine.....Long & Foster..301-493-9873

Rockville (20850, 20852)

621 Smallwood Rd\$629,900..Sun 1-4.....Rachelle Levin.....Long & Foster..240-497-1700

827 Ivy League Ln #20-113.....\$420,000..Sun 1-4.....Cindy Holland.....Long & Foster..202-363-9700

11750 Old Georgetown Rd #2316.....\$393,395. Sat 11-6.....Bob Lucido.....Toll..410-979-6024

11809 Old Drovers Way.....\$275,000..Sun 1-4..Peggy Lyn Speicher.....Re/Max Centre..301-774-5900

5802 Nicholson Ln Unit 402\$599,000..Sun 1-4Leslie Friedson.....Long & Foster..301-455-4506

5804 Inman Park Cir #340.....\$379,900..Sun 1-3.....Charles Benton.....Q Williams RE..443-745-5446

For an Open House Listing Form,
call Deb Funk at 703-778-9444 or e-mail
deb.funk@connectionnewspapers.com

All listings due by Monday at 3 P.M.

SPORTS

POTOMAC ALMANAC SPORTS EDITOR JON ROETMAN
703-224-3015 OR JROETMAN@CONNECTIONNEWSPAPERS.COM
SEE WWW.POTOMACALMANAC.COM



Churchill forward Jennifer Shim scored her team-leading ninth goal on a penalty stroke during the Bulldogs' 3-2 win against Wootton on Oct. 3.



Churchill goalkeeper Kristina Roberts saves a penalty stroke from Wootton's Chloe Morakis during the Bulldogs' 3-2 victory on Oct. 3.



Roshan Promisel scored a goal against Wootton on Oct. 3, helping the Churchill field hockey team remain undefeated.

Improved Chemistry Has Churchill Undefeated

Bulldogs get wide-spread contributions during victory against Wootton.

BY JON ROETMAN
THE ALMANAC

Roshan Promisel and Abigail Dodson scored first-half goals for the Churchill field hockey team on Oct. 3, giving the Bulldogs an early 2-0 cushion against rival Wootton.

Goalkeeper Kristina Roberts reached to her left and stymied a Patriots penalty stroke 10 minutes into the second half, keeping Wootton scoreless.

Sweeper Alyssa Weiss was a defensive presence, helping disrupt a Patriots team that had outscored its previous three opponents 20-0.

With the game on the line and Wootton

having cut its deficit to one, Bulldog forward Jennifer Shim beat the Patriots goalkeeper with a penalty stroke, scoring what proved to be the winning goal.

Churchill defeated Wootton 3-2 on Monday in Potomac, improving its record to 8-0. Rather than one player dominating for the Bulldogs, multiple athletes found ways to contribute at each end of the field.

"There's no one better than the other," Promisel said. "We all have our own skills that will help us get to the goal and win."

After a down year in 2010, Churchill spent the offseason polishing its skills while bonding and traveling. The result has been improved team chemistry and on-field continuity. Through eight games, the Bulldogs are confident, cohesive and undefeated.

"Our team chemistry is just amazing," Shim said. "This whole summer, a lot of us worked together — working out and stuff — so we've gotten really close and it's showing on the field. We have fun playing together."

Churchill returned the majority of last year's team, which finished the regular season 4-8. Along with attending offseason camps and working out together, half the team traveled to Europe during the summer, where the Bulldogs competed against Dutch, English and German teams, Promisel said.

"The trip," Promisel said, "brought us so close together."

Second-year head coach Cay Miller, a 1999 graduate of Churchill and former All-Met performer for the Bulldogs, said the team is using a new formation and trying

athletes at different positions.

"I think [our success is] due to their hard work and something's clicked," Miller said. "They're making it happen on the field."

Shim is the Bulldogs' leading goal scorer with nine. Senior midfielder Alex Fox and Promisel each have six.

Roberts, in her second season as the Bulldogs' starting goalkeeper, had 10 saves against Wootton. Miller said senior center back Eliza Farha and Weiss have been strong on defense.

Churchill will travel to face Walter Johnson at 7 p.m. on Wednesday, Oct. 5. The Bulldogs' next home game is Oct. 13 against Watkins Mill.

"Last year, we were hitting the ball everywhere, not really knowing what to do with it," Promisel said. "Now we have a sense what the field is."



The Whitman varsity golf team won first place in Montgomery County on Sept. 28 at the district tournament at the Poolesville golf course. Led by captain Brandon Eng, the Vikings continued their winning ways, improving to 17-0-1 for the regular season. Eng also led the county in lowest individual scoring average, with a 36. The team will go to the state tournament at the University of Maryland on Oct. 24 and 26. From left are Coach Karl O'Donaghue, Nick West, Sam Pastoriza, Eng, Andrew Barth and Madison Martin at the district tournament.

SPORTS BRIEFS

Whitman Football Beats B-CC

The Whitman football team improved its record to 3-2 with a 35-0 victory against Bethesda-Chevy Chase on Sept. 30. The Vikings entered the contest having dropped two of their previous three games, but bounced back with a lopsided win against the Barons.

Whitman rushed for 244 yards and five touchdowns. Running back Val Djidotor carried 10 times for 113 yards and a touchdown, quarterback Michael Flack rushed 15 times for 90 yards and three touchdowns and Arsalan Nejad had 32 yards and a touchdown in four carries.

Flack completed 6 of 9 passes for 75 yards. Weston Hanessian completed 2 of 3 attempts for 11 yards.

Stephen Werner (36 yards), Djidotor (24) and Nejad (14) each had two receptions.

Defensively, Justin Knighton, Max Sessions and Flack each had an interception.

tion.

Whitman will host Quince Orchard at 6:30 p.m. on Thursday, Oct. 6. Quince Orchard is 5-0 and ranked No. 3 in the Washington Post's top 20.

Churchill Football Responds with Win

One week after a 26-point loss at Seneca Valley, the Churchill football team responded with a 15-13 victory against previously unbeaten Gaithersburg on Sept. 30 in Potomac. Churchill improved to 4-1, including 3-0 at home.

The Bulldogs amassed 246 yards on the ground. Running back Curtis Kamara led the way with 22 carries for 178 yards. Quarterback Lansana Keita rushed 10 times for 55 yards and a touchdown. He also completed 3 of 11 passes for 44 yards and a touchdown and was intercepted once.

Sam Edens had a 6-yard touchdown reception.

Defensively, Bret Sickels and Jacob

Suissa each had seven tackles. Suissa also recorded one sack, a forced fumble and an interception.

Malik Harris finished with five tackles. Edens had four tackles and one sack. Vinny Montgillion and Odin Soevik each had four tackles.

Churchill will travel to face Northwest (2-3) at 6:30 p.m. on Thursday, Oct. 6.

Wootton Football Wins Second Straight

The Wootton football team defeated Walter Johnson, 7-3, on Sept. 30, improving the Patriots' record to 3-2 and eclipsing the program's win total in each of the last two seasons.

Wootton will travel to face Blair at 6:30 p.m. on Thursday, Oct. 6.

SEE SPORTS BRIEFS, PAGE 14

NEWS

Bubba's Family Awarded Top Honor

FROM PAGE 3

nant with the couple's second son days after learning of her husband's death.

Bubba's Belly Run supports the families of the fallen — this year, the children of the fallen.

Bubba's Belly Run has raised more than \$150,000 to assist military families, through organizations including The Fisher House, American Widow Project, Tragedy Assistance Program for Survivors, Flat Daddies, A Soldier's Child Birthday Foundation and Friends Never Forget. The race is scheduled to run annually on the weekend of their wedding anniversary.

Every year, flags will be displayed around the perimeter of Bullis to honor every member of the military killed in support of Operation Iraqi Freedom and Operation enduring Freedom.

More than 6,000 flags were on display last month to represent fallen service members for the race.

"There's not enough emphasis on our military heroes," Nicki Bunting told the Almanac at the time of the first run. "I want to make people realize how many Bubba's there are."

Military Spouse Magazine named Nicki Bunting, a 2005 graduate of the University of South Carolina, the 2010 Army Spouse of the Year.

Brian Bunting was a star athlete at Bullis as well as his class president, according to the race's website.

See www.bubbasbellyrun.com to purchase a flag for \$5 or for more information.

YOUTH OF THE YEAR

Julianne Pearson is this year's Potomac Youth of the Year.

"Who is that new freshman? I know you know who I mean," an assistant librarian asked Jean M. Plummer, Connelly School of the Holy Child director of campus ministry.

"Do you mean the girl who smiles at everyone and is so positive and genuine and is confident enough to introduce herself to anyone she sees?" Plummer replied.

Now four years later, Julianne Pearson is second in her class in grade point average, and uses her talents to help guide others in the classroom, according to Plummer, who nominated Pearson to receive the chamber's top youth award.

"Neither of us had ever met a student quite like Julianne: not only kind-hearted and thoughtful, unassuming and cheerful, but with such an instinctive and all-in-



Founder of "Bubba's Belly Run," Nicki Bunting with her sons Connor and Cooper.

sive respect for people," said Plummer.

Holy Child's faculty and Plummer call Pearson a natural and exemplary leader, a scholar, an athlete, a singer, a volunteer, a guiding older sibling and a "role model of kindness, compassion and service to others."

Pearson has served as a camp counselor, a Sunday school teacher, vice president of Holy Child's Best Buddies International chapter and the National Honor Society. She hopes to be a teacher in the future, said Plummer.

Pearson has volunteered at summer camps for underprivileged youth in New York and Washington, D.C., has coached youth basketball teams, and is a lector at her church and a classroom tutor. She is a leader in the Best Buddies Club, where she shows by example how wonderful it can be to share friendships with peers who have intellectual disabilities. She has exceeded the school volunteer service commitment by hundreds of hours.

"In a humble way, she asks intelligent questions and affirms the wisdom of others as she works to literally build a community of

Potomac Day: Saturday, Oct. 22

Potomac Day is scheduled for Saturday, Oct. 22, in Potomac Village, kicking off with the annual Potomac Day Parade up River Road to Falls Road at 10:30 a.m.

Each year, the parade features hundreds of entrants, including bands, horses, antique cars, school groups, scouting organizations, and elected officials. The children's fair follows after the parade with free amusement rides and activities.

Classic cars will be on display, and a business fair will be set up in the Potomac Promenade parking area from 10 a.m. to 3 p.m.

Call the Potomac Chamber of Commerce at 301-299-2170 or visit www.potomacchamber.org.

learners in class," said Plummer. "Julianne knows herself, believes in herself, and she believes in others, too."

THE CHARITY of the year is Autism Speaks.

One in every 110 children is diagnosed with autism, "making it more common than childhood cancer, juvenile diabetes and pediatric AIDS combined," according to www.autismspeaks.org

An estimated 1.5 million individuals in the U.S. and tens of millions worldwide are affected by autism. The prevalence rate of autism is increasing 10-17 percent annually, according to www.autismspeaks.org.

The organization hosts the annual July 4 Cure Autism Now 5K race in Potomac Village.

See www.autismspeaks.org.

THE POTOMAC CHAMBER

named Steve Kirstein with BOWA, as the Business Person of the Year.

Kirstein has been with BOWA, an award-winning residential remodeling firm, since 1994 and is one of the principals and the team leader for the Maryland and D.C. portions of the business.

As a long-time Potomac resident, Kirstein is a member and past officer of the Potomac Chamber of Commerce. Most recently, BOWA served as sponsor for the 11th Annual Autism Speaks 5K Run and One-Mile Walk on July 4 in Potomac. Kirstein acted as sponsorship chair, raising \$270,000, according to BOWA.

Kirstein has a MBA from American University and an undergraduate degree in construction engineering from Arizona State University.

He serves on numerous boards and community organizations, and is "particularly pleased" to currently serve on the board of directors of the National Capital Area Autism Speaks organization.

Raised in Bethesda, he now lives there with his wife, three children, two dogs and cat.

THE GRAND MARSHAL of the Potomac Day Parade will be Steve Hull, publisher and editor of Bethesda Magazine.

Hull started Bethesda Magazine in 2004, and has been in the magazine publishing business more than 25 years. He spent 14 years as a senior executive with Atlantic Media Company (formerly National Journal Group), which publishes The Atlantic and National Journal. Hull formerly served as press secretary in the U.S. House of Representatives.



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OPINION

WMCCA

FROM PAGE 11

Branch has historically been identified as especially sensitive. WMCCA does not support this request because sufficient septic capacity exists on the property to serve the museum expansion.

Opposition to Glen Hills sewer category change: On July 19, 2011, the Montgomery County Council approved a request for the provision of public sewer to a property in the Glen Hills neighborhood that clearly violated our Master Plan restrictions on sewer extensions in Glen Hills. Under Maryland law, all Council actions approving category changes are subject to State review to ensure consistency with local master plans. By letter dated Aug. 15, 2011, WMCCA requested that the Maryland Department of the Environment reject the Council's action as inconsistent with the Master Plan. The State has until about Oct. 29, 2011 to approve or disapprove the Council's action.

Glen Hills Sewer Study: The Montgomery County Council recently appropriated \$350,000 for the Glen Hills sewer study called for in our Master Plan. The study is required to be conducted "in conjunction with the citizens of the area" and is to collect a variety of information with the objective of developing "measures necessary to ensure the long-term sustainability of septic services for new home construction and existing home renovations, and to address the need for limited sewer extensions if needed." WMCCA is working with Glen Hills residents to ensure citizen participation in the County's design and implementation of a study that conforms with the Master Plan requirements.

ENVIRONMENTAL REPORT: GARY ROAD WATER MAIN CONSTRUCTION

The Washington Suburban Sanitary Commission (WSSC) announced plans to construct a water main in the Gary Road public right-of-way to connect existing water mains in River Road and South Glen Road. WMCCA has worked with abutting property owners to obtain confirmation that the main is really necessary and to continue the negotiation of terms and conditions to minimize negative impacts, especially to the many large trees along the existing roadway. WSSC reports that it is putting out another request for proposals because the response to the first was not adequate.

SPORTS BRIEFS

FROM PAGE 12

Bullis Football Improves to 4-1

The Bullis football team posted its third consecutive victory, beating Avalon 54-0 on Sept. 30.

Bullis (4-1) will travel to face Paul VI at 7 p.m. on Oct. 6. The Bulldogs' next home game is Oct. 15 against St. Stephen's & St. Agnes.

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Much Ado About Something, Maybe



By KENNETH B. LOURIE

Or maybe not. Such is life as a cancer patient. The other day I received a call from my oncology nurse advising me of an elevated level of something from my previous day's monthly, pre-chemotherapy lab work (blood and urine). This is in fact the exact reason for this pre-chemotherapy lab work: to monitor. And during my now 30 months of it, receiving such advisories has not been uncommon; it has happened half a dozen times, approximately, for a variety of reasons: low white blood cell count, as well as increased levels of bilirubin, creatinin, potassium, protein. Consequences have ranged from delaying that particular week's chemotherapy to emergency-type doctor's appointments – that same day, to adjustments in medication (adding or subtracting or changing altogether) and/or re-tests to confirm the abnormal readings, and of course lifestyle and diet suggestions. In summary, I have fared pretty well, having survived all of it, many months beyond the original timeline as initially projected by my oncologist back in Feb., 2009.

Fortunately, so far, the previous irregularities in my lab work have always returned to normal, either after a re-test or the passage of time. However, any abnormalities have always been cause for concern, for doctor and patient alike. Similarly, any change or worsening of symptoms/behavior, especially breathing and/or coughing (which diagnosis to date, have remained non-issues, thank God!) have likewise been carefully noted. Through it all, my body has tolerated the treatment exceptionally well and been fairly resilient, which presumably has contributed to my rather ordinary life, post diagnosis. Nevertheless, 30 months into it, I'm beginning to have a bit more difficulty mentally, shrugging off this most recent result. At some point, either the poisonous nature of the chemotherapy or the multiple malignant tumors in my lungs (currently characterized as in "partial stable remission") have to have a harmful effect, don't they? I mean, stage IV lung cancer is, well, there is no stage V, so sooner rather than later, one would presume that you know what is going to hit the fan, figuratively speaking, and when it does, it may be, as they say in Massachusetts: "Katie bar the door."

As much as I want to believe I'm immune to cancer's effects, there's a logical Libra inside of me scaling this mental mountain every day, wondering: when? And statistical anomalies aside, what I have is incurable, according to my oncologist, as told to me on that fateful day back in February, 2009. Presumably, what's not making me stronger is in fact killing me – to turn a phrase completely around. And try as I might to ignore certain facts and pretend that what ails me, doesn't, calls from my oncology nurse with precautionary indications of something or other upset my apple cart. An apple cart I didn't even know I had but one that I cling to every day, apparently without realizing it.

Let's be realistic here, I have to cling to something. I can't be expected to skate through this diagnosis/prognosis like I'm Alexander Ovechkin on holiday. This is no holiday. This is a hell of a day, especially when my lab work generates a "Kenny, how are you feeling"-type call. As experienced as I now am at receiving these calls, the arrival of them is still unsettling. Thankfully, diagnosis to date, the blips in the miscellaneous levels of whatever that have appeared in my blood and urine have always returned to acceptable levels within very short order. One day, sooner than I care to admit, that has to change, doesn't it?

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

WELLBEING

The Doctor Will See You [Right] Now

Concierge medicine offers greater access to physicians and less time in crowded waiting rooms.

BY MARILYN CAMPBELL
THE ALMANAC

At one point in her medical career, Dr. Sandy Ibrahim of Fairfax County in Virginia saw about 25 patients per day. Each patient got less than 15 minutes of her time, even for a physical examination. Ibrahim had little time to develop a doctor-patient relationship, which she said is an essential component of quality health care.

"I put out fires the best I could in the time I had," said Ibrahim.

In 2008, Ibrahim joined PartnerMD, a membership medical practice with an office in McLean, Va. She now spends a minimum of 30 minutes with each patient during routine office visits and 90 minutes for a physical exam.

"I can sit with them one-on-one, really listen and learn about them," she said.

Ibrahim is part of a medical trend called concierge medicine. Here's how it works: patients join a concierge medical practice by paying a membership fee that typically ranges from \$900 to \$3,600. In exchange, they avoid long waits in crowded waiting rooms and spend more time with their physician during office visits. Their physical exams are more thorough than in many traditional practices and include in-depth screenings and tailored education for disease prevention. Same-day or next-day appointments are also common. In practices such as PartnerMD, patients even have 24/7 access to the physicians and medical staff, including their doctor's cell phone number and e-mail address.

"Patients [are not] just another medical chart," said Ibrahim. "Because I have more time to devote to each patient, I can dig deeper into their symptoms."

Tom Blue, executive director of American Academy of Private Physicians, said that annual exams in a concierge medical practice are more likely to provide early detection of diseases, which can lead to more successful treatments.

"[Concierge medical practices] are able

to deliver a more current and modern approach particularly to disease prevention than traditional practices [in part] because [the services] don't hinge on what isn't reimbursed [by insurance companies]," said Blue. Most concierge practices accept insurance, and the membership fee is specifically for services that are not covered.

Blue said that although no official tracking of concierge practices is available in the Washington, D.C., area, he estimated that there are about 200. Among the largest and most well-known companies offering such

"We have so much more paperwork to do because of the insurance companies. Unfortunately, some of the doctor-patient relationship gets lost."

— Dr. Janice Ragland, MD, Herndon Family Medicine



Dr. Sandy Ibrahim of PartnerMD in McLean says her concierge medical practice allows her to spend more time with each patient, which results in prevention and early detection of diseases.

services are MDVIP and Privia Health.

Concierge medical practices offer benefits for doctors, too, like a caseload reduction from as many as 3,000 to as few as 600 patients. Dr. Janice Ragland, M.D., a family practice physician with Herndon Family Medicine and former president of the Virginia Academy of Family Physicians says that fewer patients mean a stronger doctor-patient relationship.

"We have so much more paperwork to do because of the insurance companies," said Ragland, who has chosen to remain



DONATED PHOTOS

Dr. M. Anthony Casolaro of Virginia Hospital in Arlington says executive health clinics allow patients to get efficient, personalized attention and early detection of diseases, which can lead to more successful treatments.

in a traditional practice. "Unfortunately, some of the doctor-patient relationship gets lost."

The salary of family physicians, who are among the lowest-paid doctors, can increase when they transition to a concierge practice. "Often [doctors] have extremely significant debt that they've incurred through medical school, and they are looking at how they can make the amount of money they need to pay their bills off," said Ragland.

Concierge medicine came about in 1996, but the focus on finding innovative strategies to improve doctor-patient relationships is much older. In 1948, executive health programs emerged as a way to benefit both patient and physician. Since that time, other executive health clinics have sprouted up around the country including at Virginia Hospi-

"We need to figure out ways to make the clinician's life more rewarding, and this is one of them."

— Len Nichols, Ph.D., director of the Center for Health Policy Research and Ethics at George Mason University

tal Center in Arlington, Va.

Like in concierge practices, patients pay a fee to join and get extensive, personalized physical examinations that include tests running the gamut from electrocardiograms and stress tests to CT scans and bone density tests. The tests are all performed in one appointment, and the doctor delivers the results to the patient at the end of the session.

"They do in one [visit] what you would need four or five visits to different physicians to accomplish," said Dr. M. Anthony Casolaro, M.D., medical director of Executive Health at Virginia Hospital.

While concierge services replace tradi-

tional primary care doctors, executive health services are meant to work in concert with a primary care doctor. Rates at Executive Health at Virginia Hospital start at \$2,200.

"It is really designed for people [for whom] time is [the] biggest constraint," said Casolaro.

One such person is Marc Wallace, an Arlington business owner who says he was dissatisfied with the hurried pace of the physical examinations he received from his primary care doctor. At the suggestion of a friend, he tried Executive Health at Virginia Hospital Center.

"I was able to ask [the doctor] any questions and not feel pressured like he had to run off to see somebody else quickly," said Wallace.

Some health care experts say that such personalized services cater to the elite and put additional stress on an already overburdened health care system. Baby Boomers begin turning 65 this year and will require increased medical care. At the same time, the American Academy of Family Physicians says the number of medical students entering family practice is declining, with the current environment driving them into subspecialties like radiology and anesthesiology.

"The med student who is choosing family practice now is pretty much in the single digits per year," said Len Nichols, Ph.D., director of the Center for Health Policy Research and Ethics at George Mason University. "We're not even replacing the [family practice doctors] we have, and we don't have enough now."

Nichols said the field of concierge medicine is not yet large enough to pose a serious threat to the health care system. In fact, he said there are aspects of the model that health policy experts would be wise to emulate. "I certainly wouldn't want to nip this innovation in the bud," he said. "We need to figure out ways to make the clinician's life more rewarding, and this is one of them."

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