

# The Arlington Connection

## Home Life Style

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Jennifer Burton and Debbie Buchanan are volunteers at the Strong Ale Beer Co. during the festivities at the 12th annual Oktoberfest at Shirlington Village on Oct. 8.

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PHOTO BY LA SHAWN AVERY-SIMONS/THE CONNECTION

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ATTENTION POSTMASTER:  
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inside  
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OCTOBER 12-18, 2011

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## In Little Bavaria, Lots of Good Cheer

**Crowds turn out for Shirlington Oktoberfest.**

BY MONTIE MARTIN  
THE CONNECTION

The Shirlington Oktoberfest, sponsored by Capital City Brewery, drew crowds this year amidst good weather and some of the finest imported and local brews on tap.

The day included authentic German fare, including bratwurst, sauerkraut and strudel, as well as enthusiastic residents who dressed in traditional German garb.

**“It’ more crowded in Munich, maybe a hundred thousand people, so Shirlington feels much better.”**

— Sean Hurst

Octoberfest is the hallmark German festival celebrated in Bavaria during the final weeks of September. In 1994 the event was modified to coincide with German’s Unity Day on Oct. 3, when East and West Germany reunited after decades of separation as a result of the Cold War.

Some Arlington residents, however, were quick to point out differences with the authentic Bavarian experience.

“People sing while drinking in Munich,” said Niel Conley, a lawyer from Crystal City who had spent eight years in Germany. “That’s something lacking this year.”

Other significant differences included mingling crowds at Shirlington, whereas in Munich

### O’zapst ist!

The traditional opening toast in Bavaria is reserved for the mayor of Munich once he taps the first keg at noon. Cries of “it is tapped!” will fill the beer tents as thousands await their first Stein.



PHOTO BY LA SHAWN AVERY-SIMONS/THE CONNECTION



PHOTOS BY MONTIE MARTIN/THE CONNECTION

**“I’m 78 and I like to have fun,” said Carlene Nanner.**



**The 12th annual Oktoberfest invades Shirlington Village on Saturday, Oct. 8.**

**Kissy Hart wears a dirndl at Shirlington’s Oktoberfest**

guests sit under tents and are waited on by dirndl wearing maidens.

Perhaps the single greatest difference between Bavaria and Shirlington, however, was the focus on American micro-beers.

As the sponsor of the event, Capital City Brewery was front and center with a large selection of house beers available for sampling. Alexandria’s Port City brewery was also present with a seasonal Oktoberfest as well as three annual brews.

“Quality is king,” said Port City CEO Bill Butcher. “This is a very sophisticated mar-

ket, and to compete requires a world class beer.”

“My mission is to try every Oktoberfest beer,” said Matt Drabie, a structural engineer from Clarendon. “The weather is perfect, and I’m having a great time.”

For Shirlington resident Suzanne Ellen, a market researcher at Nielson, the event proved to be a smashing success. “Shirlington has done a great job organizing the event,” said Ellen. “In year’s past I used to go to D.C. Now the event works, there’s a good crowd.”



**Armin Grat and Niel Conley from Crystal City wear tradition lederhosen at the Shirlington Oktoberfest.**



**Sean Hurst, son Caleb and daughter Brooke pose while wearing tradition German garb, lederhosen and dirndl.**



**In an American twist on traditional German tunes, Farzin Maghsoudi and Shrouz Jamshidi were the DJs for Shirlington’s Oktoberfest.**

## Rising Stock

**Board to consider upgrading historic designations of two buildings.**

BY MICHAEL LEE POPE  
THE CONNECTION

One of the buildings is more historic than county officials previously thought. The other is a building that had not been demolished, as had been assumed. Both are on the docket this weekend, when Arlington County Board will consider upgrading the historic status of the buildings. Being on the historic inventory doesn’t necessarily mean the county will save them from destruction, but it does mean that Arlington officials will work with developers to see if there’s a way to tell their stories.

“You can’t save everything,” said Michael Leventhal, coordinator of the Historic Preservation Program Coordinator. “One of the reasons you have a ranking is so that you know what you need to spend your energy on and what’s important.”

From the curb on 31st Street, the grand building at 4800 is clearly important. SEE HISTORIC, PAGE 4

## Committed to Social Justice

**Bishop Senyonjo of Uganda spreads his message of love.**

BY MAYA HOROWITZ  
THE CONNECTION

Bishop Christopher Senyonjo of Uganda is traveling around America preaching a message of acceptance and love for the LGBT community.

“Love is what we need,” said Senyonjo. “Love and justice more than draconian laws against people for being what they are.”

He explained that in 76 countries, it is illegal to be gay. This means individuals can be denied health services, imprisoned or put to death.

“We need your help to educate the masses of people in Uganda,” said Senyonjo.

Senyonjo spoke at the Unitarian Universalist Church of Arlington (UUCA) on Wednesday, Oct. 5.

SEE SOCIAL JUSTICE, PAGE 15

# NEWS

## Historic Designations

FROM PAGE 3

day it's a Long and Foster office, although it was originally constructed for the Defense Homes Corporation to be used as an administration and rental office during the construction of Fairlington. When the historic resources inventory was created, this building was mistakenly listed as commercial based on its use after 1977. But because the building played such a critical role in the history of Fairlington, county officials are now recommending it be upgraded from "important" to "essential."



PHOTO BY MICHAEL LEE POPE

**The Long and Foster office at 4800 31st Street South would be upgraded from "important" to "essential."**

and association. County Board members will consider upgrading it from "demolished" to "minor."

When County Board Chairman Chris Zimmerman expressed reservation that changing the designation might undermine the objective approach of the rankings, Planning Commissioner Inta Malis said the rankings are impartial but designed to be flexible.

"Events and people enter into the ranking," said Malis. "So it's going to be an ongoing situation where we are looking at buildings in the future."

**FOR ARLINGTON**, preserving historic structures has a decidedly different tone than in Alexandria. Although the Arlington House is an obvious historic gem from the 19th century, other parts of Arlington history are much more recent.

For many years, county leaders dismissed historic preservation as something that was only necessary for buildings that are 200 years old. But the new historic resources inventory shows a newfound significance for people and buildings from the 20th century.

"I don't think it would be very useful in making a down payment," said Rose. Several miles north is another historic building, although it's significantly lower on the scale than the Long and Foster office. These days it's known as the "Original Building" of the George Mason University Law School. But it was originally constructed as a Kann's Department Store. Although it was not demolished, as many had assumed, the structure has lost substantial integrity of its original design, setting, location, feeling

"Not to pick on Alexandria, but they really view the colonial period as their history," said Leventhal. "Everything that happened after that takes a beating in many ways."

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# NEWS



## Vote for Jordy

Jordy, the family dog of the Robinsons of Arlington, is currently a front runner in the National Postal Museum's Owney Look-Alike Contest.

Jordy was adopted from the Animal Welfare League of Arlington on April 1, 2008 and over the past three years has transformed from being a scared, shy and abused dog into a loyal family companion, according to Patrice Robinson. Here is the link to vote: <http://apps.facebook.com/promosapp/172763/entry/191763>. Individuals can vote once a day through Oct. 17.



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**Techniques of Cooking: 3 Proteins & 9 Meals** 11/1; 11/8; 11/15 - Participation 7-10 pm - \$225 — This 3-part series is oriented toward young professionals and families who want to eat healthy and inexpensively. Learn the basic techniques that will allow you to be creative, yet "get dinner on the table". Each week a different protein will be cooked three different ways to complete meals.

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Instructor: Mike Selman

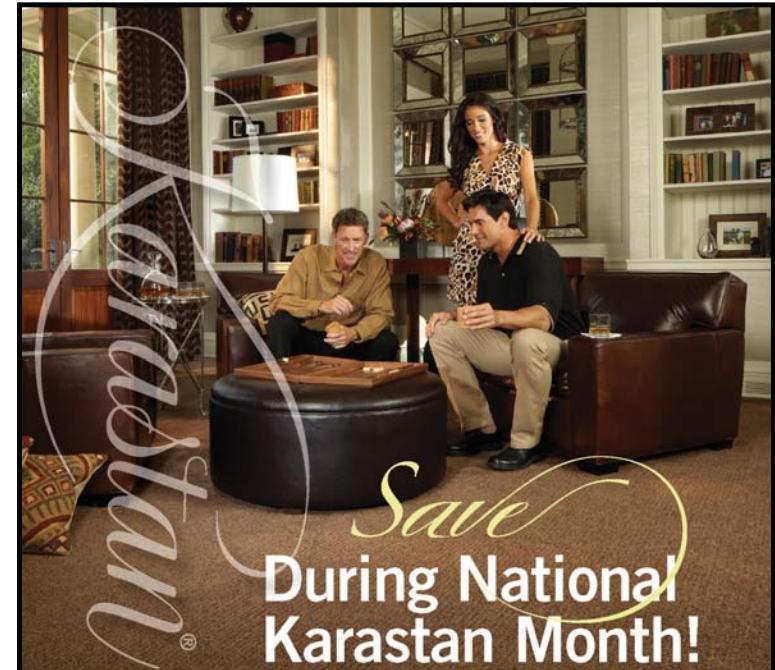
**Wine Bites: Wintertime Reds** 11/10 - Demonstration 7:30-9:30 pm - \$75 — John & Pete team up again to bring you food & wine pairings for the winter. Syrah with Smoked Stuffed Mushrooms; Cabernet Sauvignon with Grilled Flank Steak; Nebbiolo with Beef Stew; Malbec with Empanadas.

Instructor: John Peters and Pete Snaith

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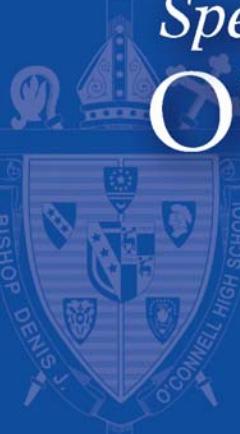


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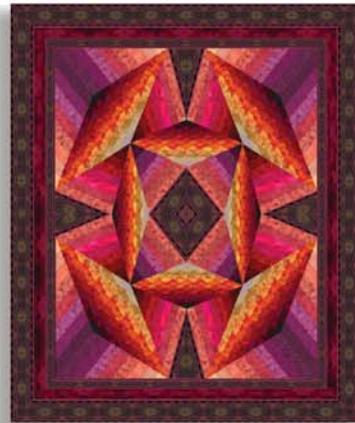
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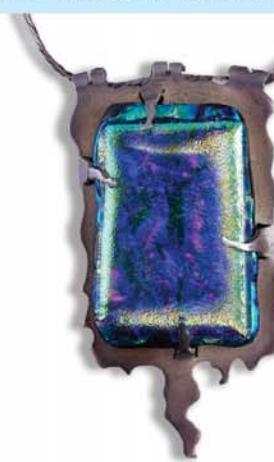
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## THEATER

# 'Nine:' A Primo Performance by The Arlington Players

BY JEANNE THEISMANN  
THE CONNECTION

**G**uido Contini is a wreck. The famous Italian director just turned 40 and is facing a career as stalled as his marriage. Torn between his wife, mistress and the star he needs to make a blockbuster film, he runs off to Venice. Clutching at women like straws, he desperately tries to salvage what he can of his life in The Arlington Players' production of "Nine," now playing at the Kenmore Performing Arts Center.

Based on Federico Fellini's semi-autobiographical film "8 1/2," the original 1982 Broadway production was directed by Tommy Tune and starred Raul Julia, Karen Akers and Anita Morris. Nominated for 12 Tony Awards, it took home five, including Best Musical. Subsequent London and New York revivals starred such luminaries as Jonathan Pryce, Elaine Paige, Chita Rivera, Sergio Franchi, An-

tonio Banderas and Eartha Kitt. With a robust score by Maury Yeston, it is a theatrical extravaganza that TAP admirably brings to life on the Arlington stage.

Eric Kennedy tackles the tour de force role of Guido, a man who possesses the charismatic charm that attracts women but also the arrogance that drives them away. Most recently seen as Billy Flynn in the St. Mark's Players production of "Chicago," Kennedy is captivating in the demanding role with vocals that soar through a range of emotions.

"I loved working with all the women," Kennedy said during a talkback with the cast following the Oct. 9 performance. "The show is all about Guido's connection to the women in his life."

Evelyn Trester, with a crystal soprano voice that is at once powerful and poignant, is Guido's long-suffering wife Luisa, who long ago forfeited her own dreams for the sake of her crumbling marriage.

In the sultry role originated on Broadway by Anita Morris, Lauren Palmer Kiesling sizzles as Guido's scantily-clad mistress Carla while Anne Marie Pinto is his star actress and former lover Claudia.

Flashback scenes of Guido's youth feature his mother, played by Barbara Potter, and his 9-year-old self, played by Colin Cech. Kristen Magee is the voluptuous Sarraghina, the prostitute who gave young Guido his first taste of the unspoken carnal pleasures forbidden by his Catholic school upbringing.

Lorraine Magee is a standout in the supporting role of Liliane, Guido's shark-in-stilettos producer, with Montana Brown as her assistant.

Masterfully paced by director Lisa Anne Bailey, a nine-time WATCH Award nominee and four-time winner, the performance of the talented cast is augmented by the skillful musical direction of Paul Nasto and his 15-piece orchestra. With costumes by Grant



PHOTO BY PETER HILL

(From left to right): The cast of "Nine:" Kristin Magee as Sarraghina; Evelyn Trester as Luisa; Anne Marie Pinto as Claudia; Eric Kennedy as Guido; Lauren Palmer Kiesling as Carla; Lorraine Magee as Lilian LaFluer; and Barbara Porter as Guido's Mother.

Center, Kenmore Middle School, 200 South Carlin Springs Road, Arlington. For tickets or more information, call 703-549-1063 or visit [www.theearlingtonplayers.org](http://www.theearlingtonplayers.org).

## ENTERTAINMENT

### OCT. 12, 20

#### Pardon the Pundit Live Comedy Contest.

Preliminary rounds are Oct. 5, 12 and 20. Contestants' fate will be determined by the audience. Shows start at 7:30 p.m. (doors open at 6:30 p.m.) and tickets start at \$12. At the Arlington Cinema and Drafthouse in Arlington. Visit [www.ArlingtonDrafthouse.com](http://www.ArlingtonDrafthouse.com)

### WEDNESDAY/OCT. 12

#### Workshop on Fall Composting.

6:30 to 8:30 p.m. Learn how to make good use of your fall leaves, grass clippings and kitchen and garden waste at a free workshop offered by Master Gardeners of Northern Virginia in support of Virginia Cooperative Extension. At Arlington Central Library, 1015 N. Quincy St., Arlington. To register, call 703-228-6414.

**Tour of Historic Fort Myer.** 5 p.m. Cost is \$20/members; \$30/non-members. The walking tour, conducted by Joint Base Myer-Henderson Hall historian Kim Holien, will include Victorian-era generals' quarters, stables, Civil War fort ruins, Summerall Field (the site of the Wright's Brothers' demonstration flights) and more. Sponsored by The Arlington Historical Society and Arlington Heritage Alliance. Visit [www.arlingtonhistoricalsociety.org](http://www.arlingtonhistoricalsociety.org) or contact Tom Dickinson at [tomwd3@gmail.com](mailto:tomwd3@gmail.com) or 703-841-4992.

### THURSDAY/OCT. 13

#### Happy Hour at AAC.

5:30 to 7:30 p.m. Arlington Arts Center is hosting a Happy Hour for its new exhibition, Fall Solos 2011. Tickets are \$10/advance; \$15/door. Sponsored by Café Catura, a newly opened wine bar in Ballston. At Arlington Arts Center, 3550 Wilson Blvd., Arlington. Call 703-248-6800.

### FRIDAY/OCT. 14

[www.CONNECTIONNEWSPAPERS.COM](http://www.CONNECTIONNEWSPAPERS.COM)

**The Influence Performs.** 8:30 p.m. Free. Currently touring with their third album, "Falling Objects." At Northside Social, 3211 Wilson Blvd., Arlington.

### SATURDAY/OCT. 15

**Bicycle Collection.** 8:30 a.m. to 3 p.m. Bikes for the World will team up with Boy Scout Troop 106 Scout Michael Saracco for his Eagle Scout Project, a one-day collection of used bikes. At Thomas Jefferson Middle School. Bikes will be reconditioned and distributed overseas. Visit [www.bikesfortheworld.org](http://www.bikesfortheworld.org) or call 703-740-7856.

**Boundary Stone Bike Tour.** 9:15 a.m. Cost is \$2. Bike for 35 miles visiting boundary stones and parks. Meet at the entrance to East Falls Church Metro Station. Visit [www.centerhikingclub.org](http://www.centerhikingclub.org) or contact Bernie Berne at 703-243-0179

**Home Maintenance Workshop.** 10:30 a.m. to 1 p.m. Free. Four free classes (you choose, first come-first served) includes plumbing, electric, drywall repair and building safety. Sponsored by Arlington County's Housing Division, COOK BROS, Habitat for Humanity and the Arlington Career Center. At Arlington Career Center, 816 S. Walter Reed Dr., Arlington. Call 703-228-3765.

**Rock n Roll Flea Market and Guitar Show.** 10 a.m. to 4 p.m. At Northern Virginia Community College in Annandale. Visit [www.rockfleamarket.com](http://www.rockfleamarket.com).

#### Arlington Artists Alliance Studio Tour & Sale.

Noon to 5 p.m. Some 15 artists will participate. The public is invited to take a free, self-guided tour to meet the artists in their working environments and to view and purchase art work. The Alliance is headquartered at Cassatt's Café in the Lee Heights Shops in Arlington. Call 703-894-0539 or visit [www.arlingtonartistsalliance.org](http://www.arlingtonartistsalliance.org).

### OCT. 15 AND 16

**Native Trees Giveaways.** Choose from nine large canopy trees or eight smaller understory trees. Limit one per household (not both). Trees can be picked up at the County Nursery, behind Barcroft Recreation Center on Four Mile Run, off George Mason Drive in Arlington. Sponsored by Arlington County Parks and Natural Resources Division.

### SUNDAY/OCT. 16

**Puppetry Workshops.** With Israeli puppet creator Adi Perry in a bilingual Puppetry Workshop in English and Hebrew. At Arlington Arts Center, 3550 Wilson Blvd., Arlington. Call 703-248-6800.

**The Wiyos Live.** 8 p.m. Cost is \$15. The Wiyos are bringing some of their new material loosely based on Frank Baum's, "The Wizard of Oz." At the IOTA Club, 2832 Wilson Blvd., Arlington.

**Race for a Cause.** 8 a.m. 8-K and 1-Mile Fun Run. Sponsored by Acumen Solution. Cost for the 8-K is \$30 through Oct. 15; \$35 on race day. Cost for the 1-Mile is \$30/adult; \$20/youth. The race begins and ends on North Quincy St., near the intersection of Wilson Blvd., in Arlington. Call 703-600-4032 or [www.theraceforacause.com](http://www.theraceforacause.com).

**Washington Metropolitan Philharmonic.** 3 p.m. Admission is \$20. With NOVA Community Chorus and Kathy Harty Gray Dance Theatre. A pre-concert lecture with Dr. Stephen Bertino at 2:15 p.m. At Bishop Ireton High School, 201 Cambridge Road, Alexandria.

**NOVA Community Chorus.** 3 to 5 p.m. Presents Leonard Bernstein's "Chichester Psalms" with the Washington Metropolitan Philharmonic. At Bishop Ireton High School, 201 Cambridge Road, Alexandria. Call 703-845-6097 or [www.wmpamusic.org](http://www.wmpamusic.org)

### MONDAY/OCT. 17

**Author Michael Takiff.** 7 p.m. Will

discuss his book, "A Complicated Man: The Life of Bill Clinton." At the Arlington Central Library Auditorium, 1015 N. Quincy St., Arlington.

### MONDAYS, OCT. 17, 24, 31

#### Meditation and Buddhism Introductory Class.

Every Monday at 7 p.m. to 8:30 p.m. Cost \$12. How to Solve Our Human Problems: The Four Noble Truths. In this series, learn how to identify and solve real problems, and how to develop a peaceful, happy mind even in the face of difficult situations. Class includes teaching, guided meditation, and Q&A. Everyone is welcome. Class taught by lay Buddhist Teacher, Chris Jamison. Vajrayogini Buddhist Center, Arlington Branch Location — The Griffin Center, 3800 Fairfax Dr., Suite 5, Arlington. Call 202-986-2257 or [www.meditation-dc.org](http://www.meditation-dc.org).

### TUESDAY/OCT. 18

**Hot Buttered Nuggets.** 9 to 11 p.m. Cost is \$10. At Clarendon Ballroom, 3185 Wilson Blvd., Arlington.

**Building Communities Through Gardens.** 8:30 a.m. to noon. At the Fairlington Community Center, 3308 S. Stafford St., Arlington. To register, contact Rebecca McLean at [alexcoan@gmail.com](mailto:alexcoan@gmail.com) or 610-914-9347.

**The Hashish Eaters.** 7:30 p.m. The series combines staged readings of new plays with a guided, post-show, audience discussion. At October Reading series at Theater on the Run, Arlington. Visit [www.firstdraft.org](http://www.firstdraft.org).

### OCT. 18 TO 22

**Music in the Movies.** Part of Signature Theatre's Cabaret Series. Single tickets for \$35. Call Ticketmaster at 703-573-SEAT (7328) or the Signature Box Office at 703-820-9771. At Signature's ARK Theatre. Visit [www.signature-theatre.org](http://www.signature-theatre.org).

### WEDNESDAY/OCT. 19

#### Potomac Watershed Trash Summit

**2011.** The Alice Ferguson Foundation presents the 6th Annual Potomac Watershed Trash Summit, hosted at George Mason University Founders Hall, 3351 Fairfax Dr., Arlington.

### THURSDAY/OCT. 20

**Author David R. Stokes.** 7 p.m. Will be reading from "The Shooting Salvationist: J. Frank Norris and the Murder Trial that Captivated America. At One More Page Books, 2200 N. Westmoreland St., #101, Arlington.

#### Innovations in Planting Design.

11 a.m. Free. Thomas Rainer, a registered landscape architect, writer and teacher, will be speaking to the Rock Spring Garden Club. He will talk about how to confidently mix shrubs, perennials, and grasses in a new, more modern ecological style. At Little Falls Presbyterian Church, 6025 Little Falls Road, Arlington. RSVP by Oct. 14 to 703-533-2942. <http://rockspringgardenclub.com/>

### THURSDAY/OCT. 20

#### Sustainable Urban Agriculture Lecture.

7 to 9 p.m. Author Pat Forman, author of "Chicken Tractor" and "City Chicks," will present a lecture on Emergency Preparedness. At the Fairlington Community Center, 3308 S. Stafford St., Arlington.

### OCT. 21 TO 23

**U.S. FreedomWalk Festival.** A family friendly weekend, non-competitive, social walking challenge bringing participants of all ages and abilities together for fun, fitness, and international friendship. Different trails will be offered each day, and a variety of distances ranging from 3 miles (5 km) to 27 miles (43 km) is offered each day starting each day at the Holiday Inn Rosslyn.

# Festival of Hispanic Theatre Returns to Arlington

BY MAYA HOROWITZ  
THE CONNECTION

The 14th International Festival of Hispanic Theatre offers the chance to enjoy Spanish language plays with live English dubbing performed by troupes from all over the world from now through Nov. 19. There are also three bilingual children's plays.

The festival is presented by Teatro de la Luna, the theatre of the moon.

"In one way it's like reaching the moon," said Nucky Walder, producer of Teatro de la Luna. "In another way from the moon we see how our mother is looking from a distance, looking at the behavior from a long distance."

In the years since the festival began, Walder said the spirit has remained unchanged.

"Always the same passion to share the Hispanic culture," said Walder. "Not only the Latinos living here but also the English speaking people. What remains in our hearts is to serve the Hispanic,

## Calendar of Shows

- ❖ Oct. 13, 14 — 8 p.m. and Oct. 15 — 3 & 8 p.m. — Quien lo Probo lo Sabe, Those Who Taste it, Know
  - ❖ Oct. 20, 21 — 8 p.m. & Oct. 22 — 3 & 8 p.m. — Latinas
  - ❖ Oct. 27, 28 — 8 p.m. & Oct. 29 — 3 & 8 p.m. — Medea Llama por Cobrar, Medea Calls Collect
  - ❖ Oct. 29 — 11:30 a.m. — Gotas de Agua, Drops of Water
  - ❖ Nov. 3, 4 — 8 p.m. & Nov. 5 — 3 & 8 p.m. — Coraje II, Courage II
  - ❖ Nov. 5 — 11:30 a.m. — El Gato y la Gaviota, The Cat and the Seagull
  - ❖ Nov. 10, 11 — 8 p.m. & Nov. 12 — 3 & 8 p.m. — Relatos Borrachos, Tales Told Under the Influence
  - ❖ Nov. 12 — 11:30 a.m. Hansel & Gretel
  - ❖ Nov. 17, 18 — 8 p.m. & Nov. 19 — 3 & 8 p.m. — Zarzuela

At Gunston Arts Center – Theater Two, 2700 S. Lang Street, Arlington. Tickets are \$35/regular; \$30/students and seniors; \$95/\$80 three-ticket pass; \$175/\$150 full festival pass. Call 703-548-3092 or 202-882-6227; [www.teatrodelaluna.org](http://www.teatrodelaluna.org)

non-English speaking people."

Walder said the organizers work to bring quality performances to the stage.

"People can enjoy first quality theatre with the best actors," said Walder. "We are proud that even in this economic environment we can still present this. To run the festival for six weeks is a huge task



"Latinas," Lolita Aguilar, María José Callejas, Catalina Calvo, and Raquel Salazar, of Costa Rica.

but we feel so proud."

This year, troupes from Argentina, Costa Rica, Ecuador, Puerto Rico, the United States and Venezuela will perform.

Oct. 13-15, the troupe from Argentina will perform "Quien lo Probo lo Sabe," Those Who Taste it, Know. This is a monologue performed by the famous actor Mariano Mazzei.

Oct. 20-22, the troupe from Costa Rica will perform "Latinas," a comedy about four Latina women that focuses on themes of immigration.

Oct. 27-29, the troupe from Ecuador will perform "Medea Llama por Cobrar," Medea Calls Collect. This is another monologue, focusing on the issue of children going abroad and a mother's wish that they return to Ecuador.

Nov. 3-5, the troupe from Puerto Rico will perform Coraje II, Courage II, which deals with the relationship between human beings and society.

Nov. 10-12, the troupe from Venezuela will perform Relatos Borrachos, Tales Told Under the Influence. This is another comedy.



"Those Who Taste It, Know," Mariano Mazzei, of Argentina.

"We know that audiences always prefer comedies so we try to please them," said Walder. "Comedies with serious themes, satiric comedies, farce. We try to bring the best of the best. That's our mission."

Nov. 17-19, the troupe from the United States will perform the Zarzuela, the party for the people. This is a musical production.

There are three children's plays, Gotas de Agua, Drops of Water, El Gato y la Gaviota, the Cat and the Seagull, and Hansel and Gretel. Gotas de Agua and El Gato y la Gaviota have environmental themes. Hansel and Gretel is an adaptation of the classic children's story.

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Sunday: 8:00, 9:30, 11:00 AM  
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# Home Life Style

## Benefits of Green Design

Cutting edge green home design emerges in the region.

BY MARILYN CAMPBELL  
THE CONNECTION  
GAZETTE  
CENTRE VIEW

**I**magine a home that is so well insulated that a furnace is obsolete. Picture the elimination of rooms that run hot during the summer and basements and tile floors that are frosty during the winter. Visualize trimming your energy bill by 90 percent.

Meet the passive house, dubbed the next generation of green living, and named one of the top green building trends of 2011 by the Earth Advantage Institute, a nonprofit organization that promotes sustainable building practices.

The region's first passive house, a five-bedroom, four-and-a-half bathroom home in Bethesda, was designed by Alexandria-based architect David Peabody of Peabody Architects and built by Potomac-area builder Brendan O'Neill Sr. of O'Neill Development. The home, which sold recently, had a price tag of \$1.4 million.

"This home gets all the heat it needs on the same amount of energy it would take to run two hairdryers," said Peabody. "We wanted to demonstrate that an approach that reduces basic energy demand is far more cost-effective than an approach that relies on adding expensive technology."

The project began when Peabody, an award-winning pioneer of green architecture, approached O'Neill. Skeptical at first, O'Neill and his son Brendan O'Neill Jr. flew to Illinois to tour the first passive house ever built in the U.S.

"As luck would have it, my son and I arrived during a snow storm," said O'Neill. "We were blown away by the warmth and temperate conditions inside that house. It was incredible. We said, if this is what a passive house can do under extreme conditions, we're going to try one."

In the recent remodel of an Ar-

SEE GREEN DESIGN, PAGE 11

www.CONNECTIONNEWSPAPERS.COM



PHOTO BY MARILYN CAMPBELL

Alexandria architect David Peabody designed the Washington-region's first passive house. The home runs on 90 percent less energy than a traditional home.

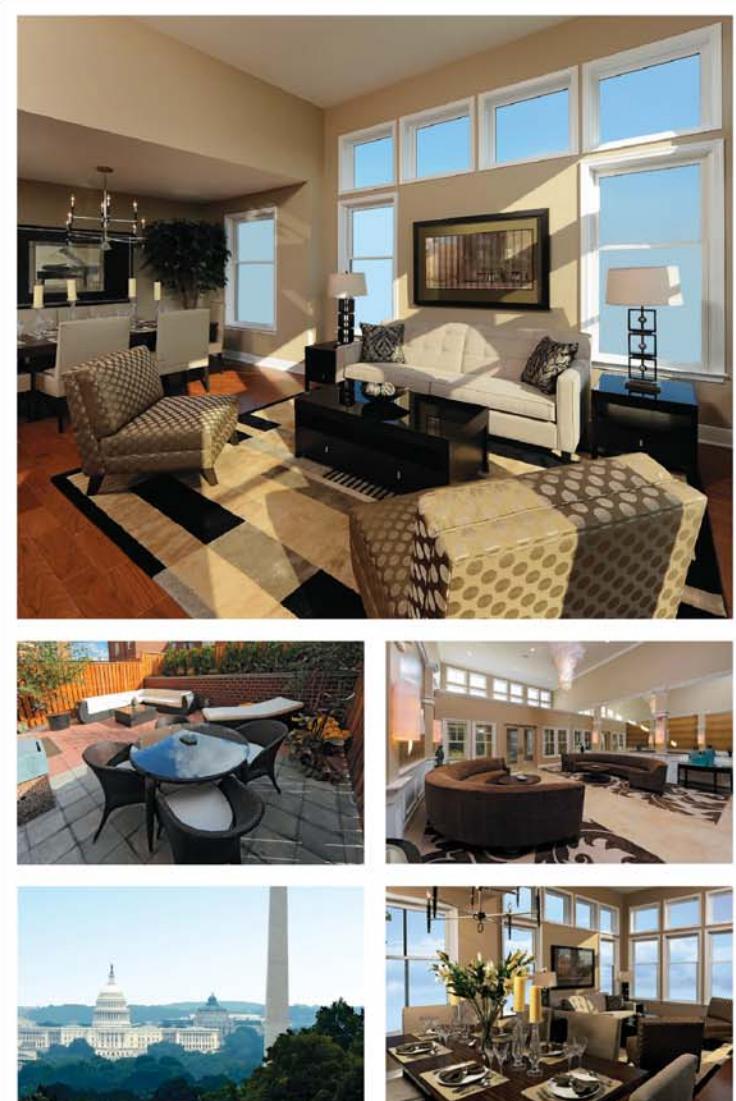


The master bedroom overlooks the green roof of this Arlington home.



PHOTOS COURTESY OF PEABODY ARCHITECTS

Fitzsimmons bedroom. The view from inside the master bedroom out onto the green roof.



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# Arlington REAL ESTATE

PHOTOS BY LOUISE KRAFFT/THE CONNECTION

**① 4668 Dittmar Road North,  
Arlington — \$2,200,000**

## Sold in August \$1 million and over

IN AUGUST 2011, 235 ARLINGTON HOMES SOLD BETWEEN \$2,200,000-\$60,000.



**② 4691 Dittmar Road, Arlington — \$2,166,173**



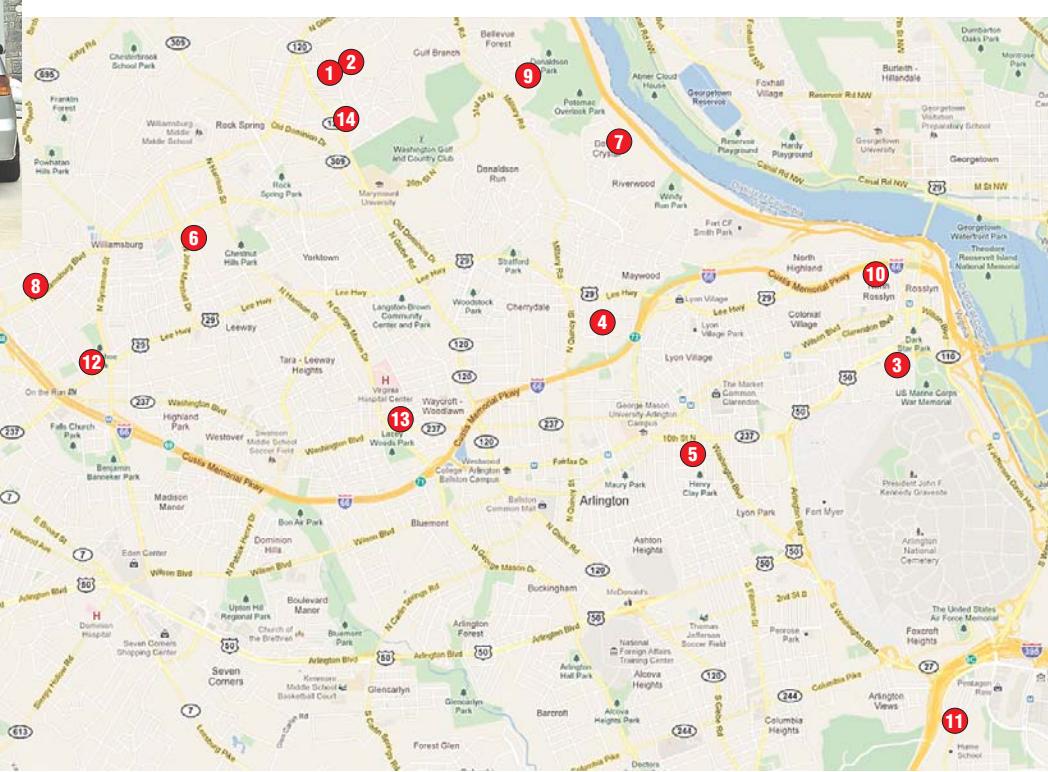
**④ 3612 19th Street North, Arlington — \$1,445,000**



**⑤ 906 Highland Street,  
Arlington — \$1,400,000**



**⑩ 1586 Colonial Terrace,  
Arlington — \$1,122,000**



Address ..... BR FB HB .. Postal City .. Sold Price ... Type .... Lot AC . PostalCode ..... Subdivision ..... Date Sold

- ①** 4668 DITTMAR RD N ..... 7 ... 7 ... 2 .... ARLINGTON ... \$2,200,000 .... Detached .... 0.30 .. 22207 ..... COUNTRY CLUB HILLS ..... 08/18/11
- ②** 4691 DITTMAR RD ..... 5 ... 4 ... 1 .... ARLINGTON ... \$2,166,173 .... Detached .... 0.38 .. 22207 ..... COUNTRY CLUB HILLS ..... 08/19/11
- ③** 1411 NASH ST N ..... 3 ... 4 ... 2 .... ARLINGTON ... \$1,986,885 .... Townhouse . 0.03 .. 22209 . BROMPTONS AT MONUMENT PL ... 08/12/11
- ④** 3612 19TH STN ..... 5 ... 5 ... 1 .... ARLINGTON ... \$1,445,000 .... Detached .... 0.16 .. 22207 ..... CHERRYDALE ..... 08/04/11
- ⑤** 906 HIGHLAND ST ..... 5 ... 3 ... 1 .... ARLINGTON ... \$1,400,000 .... Detached .... 0.11 .. 22201 ..... CLARENDON ..... 08/01/11
- ⑥** 2900 LEXINGTON ST ..... 4 ... 4 ... 1 .... ARLINGTON ... \$1,325,000 .... Detached .... 0.20 .. 22207 ..... BERKSHIRE OAKWOOD ..... 08/15/11
- ⑦** 2756 QUEBEC STN ..... 5 ... 3 ... 1 .... ARLINGTON ... \$1,290,460 .... Detached .... 0.46 .. 22207 . DOVER BALMORAL RIVERWOOD ... 08/15/11
- ⑧** 3000 TUCKAHOE ST N ..... 5 ... 4 ... 0 .... ARLINGTON ... \$1,237,500 .... Detached .... 0.23 .. 22213 ..... BERKSHIRE OAKWOOD ..... 08/31/11
- ⑨** 3877 30TH STN ..... 5 ... 4 ... 1 .... ARLINGTON ... \$1,159,150 .... Detached .... 0.19 .. 22207 ..... BELLEVUE FOREST ..... 08/31/11
- ⑩** 1586 COLONIAL TER ..... 4 ... 3 ... 1 .... ARLINGTON ... \$1,122,000 .... Townhouse . 0.05 .. 22209 ..... HIGHGATE ..... 08/01/11
- ⑪** 1603 ARLINGTON RIDGE RD ... 3 ... 1 .... ARLINGTON ... \$1,100,000 .... Detached .... 0.29 .. 22202 ..... TOP OF ARL RIDGE ROAD ..... 08/05/11
- ⑫** 2320 TUCKAHOE ST N ..... 4 ... 2 ... 1 .... ARLINGTON ... \$1,100,000 .... Detached .... 0.28 .. 22205 ..... BERKSHIRE OAKWOOD ..... 08/09/11
- ⑬** 5151 14TH STN ..... 5 ... 3 ... 0 .... ARLINGTON ... \$1,040,000 .... Detached .... 0.28 .. 22205 ..... WAYCROFT ..... 08/26/11
- ⑭** 4718 33RD STN ..... 4 ... 3 ... 0 .... ARLINGTON ... \$1,000,000 .... Detached .... 0.25 .. 22207 ..... COUNTRY CLUB HILLS ..... 08/25/11

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# Benefits of Green Design

FROM PAGE

lington home, one of the homeowner's goals was that the construction be done in an environmentally responsible manner. Peabody's design team selected stone flooring for passive solar gain in the winter months and transformed the outside of the house from a brick ranch into an English cottage, keeping consistent architecturally with other homes in the north Arlington neighborhood.

The roof is also planted, literally a green roof.

"On the inside [we] rearranged the first floor rooms so that a relocated, large, bright kitchen visually connects to the dining room, living room and den," said Peabody.

He also added a master bedroom suite and two additional bedrooms. Peabody's design was the first renovation project in Arlington to be certified by the Arlington Green Home Choice Program, which recognizes builders for energy-efficient projects. It also earned an award from the North-

ern Virginia Building Industry Associate Award for green building design.

Peabody, who is now designing smaller and less expensive passive house models, acknowledges that such homes are more costly to build. "But we're finding that the marginally higher costs of construction are more than offset by savings in monthly energy bills," said Peabody.

**O'NEILL SAID** his one condition

was that the design of the passive house be consistent and compatible with the rest of the homes in the neighborhood. "David hit a home run. We would not have proceeded if the style had not fit in with the others architecturally. It is designed as an integrated system, with site, energy, ventilation, air quality, humidity, health and comfort all taken into account. And yes, you can open the windows."

Even though the home is airtight, it is well ventilated. "During heating and cooling seasons, when you don't want to open the windows, there is an imperceptible

but constant flow of fresh air to all the living spaces and exhaust air from all the bathroom and kitchen spaces. Air essentially makes a one-way trip through the house, as opposed to being churned around and around as with standard heating and cooling systems," said Peabody.

While there are only 23 passive houses in the U.S., in Europe more than 20,000 homes, apartments, offices and schools have been built to passive house standards.

Although solar orientation is a factor, it is not the same as a passive solar house. Instead, it uses a robust building envelope to achieve as much as 90 percent savings in energy use.

While the passive house concept is still emerging, passive solar design is more prevalent in the region. Solar orientation is a factor in both, but the passive house uses a building envelope to save energy.

**MOUNT VERNON**-based architect Christine Kelly of Crafted Architecture and Falls Church-based

SEE GREEN DESIGN, PAGE 12



NORTH ARLINGTON

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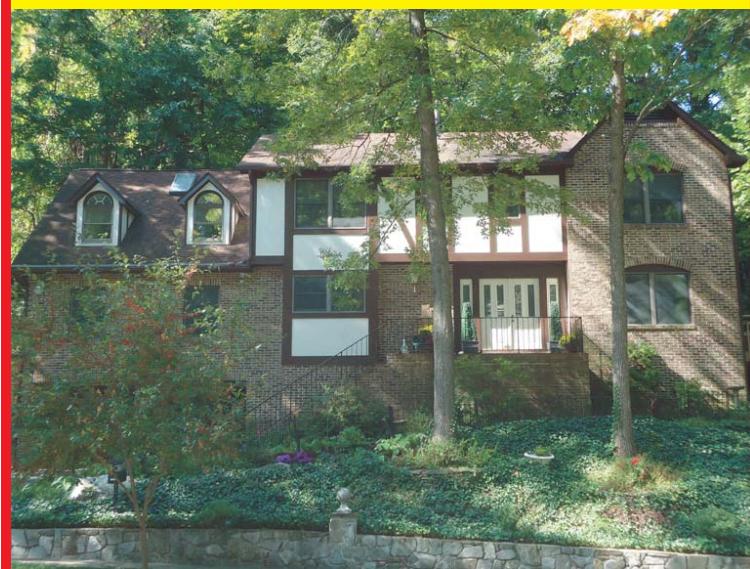
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[debunk@connectionnewspapers.com](mailto:debunk@connectionnewspapers.com)

All listings due by Monday at 3 P.M.

# Home Green Design

FROM PAGE II

contractor Tom Chapa of Potts and Chapa Construction, Inc. incorporated passive solar design into the recent renovation of the Mount Vernon home of Enid and Laing Hinson. The Hinsons had lived in their home in their Mount Vernon neighborhood for 20 years when they decided that it was time to remodel. The couple decided to go green.

"We've always been interested in recycling, and we also knew that we would be living in this house for the next 20 years, so the additional cost that we might have incurred to ensure that it was energy efficient was probably going to be worth it to us in the long run," said Enid Hinson.

"[Passive solar design entails] designing walls, windows and floors to collect or reflect solar energy and then distribute it as heat during the winter months and shade against the heat in the summer months," said Kelly. "[The Hinsons] had a sun room that had a slate floor, and we took up that slate during the demolition, salvaged it and then designed a new sunroom with large windows that are facing south so that as the sun comes into the room, the floor is heated and retains heat and makes it a very comfortable space in the winter time without the use of mechanical systems. A stone floor can be designed to collect heat during the day and then radiate it into the room at night to help keep the space warm."

The Hinsons noticed a difference. "As the weather got chilly and it was going down into the high-40s at night recently, we didn't have to turn our heater on at all. The house never got below 71 degrees," said Enid Hinson.

The Hinsons' remodel received a National Green Building Certification from the National Association of Home Builders (NAHB) for meeting NAHB green building standards.

"A green certification is not necessarily a certification that comes with a ton of expenses," said Chapa. "The important thing about certifying a project green is building smart, not necessarily building expensive. The green inspection is basically certifying that all of the applications [e.g., windows, insulation and duct work] are done tight, efficiently and without any air gaps so that everything can perform at its optimal level."

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## Spooky Movie International Film Festival

Thursday, Oct. 13 to Sunday, Oct. 16

The Sixth Annual Spooky Movie International Horror Film Festival will kick-off with the international hit "Helldriver" on Thursday, Oct. 13. Scary movie watchers from all over area can scream together under one "Dome" during this weekend in Artisphere's 220-seat Dome Theatre.

Other horror highlights include "The Dead," "The Millennium Bug," "Midnight Son," "Little Deaths," closing-night feature "The Killage" and the premieres of "Patient 7" and "Mr. Bricks: A Heavy Metal Murder Musical."

Opening night attendees will enjoy a sponsored reception by Café Asia, complete with scary-oke, in Artisphere's Town Hall between the two screenings.

Admission is \$20/opening night; \$8/single screenings. Tickets are available for purchase through the Box Office Call Center at (888) 841-2787 or through [www.artisphere.com](http://www.artisphere.com). Weekend Pass (includes admission to all screenings from Friday, Oct. 14-Sunday, Oct. 16, does not include Thursday, Oct. 13 opening night): \$70. At the Artisphere, 1101 Wilson Blvd., Arlington. Artisphere's Spectrum Theatre is directly adjacent to Artisphere's main building and is located at 1611 N. Kent Street. Phone: 703-875-1100.

### THURSDAY, OCT. 13

"**Helldriver.**" Opening Night. Two screenings: 7 p.m. – 9:20 p.m. / 10 p.m. – 12:20 a.m. Reception: 8 p.m. – 11 p.m. Directed by Yoshihiro Nishimura / 105 mins / Japan.

### FRIDAY, OCT. 14

"**The Watermen.**" 5 p.m. – 7:05 p.m. Directed by Matt Lockhart / 92 mins / USA.

"**The Millennium Bug.**" 7:30 p.m. – 9:25 p.m. Directed by Kenneth Cran / 88 mins / USA.

"**The Dead.**" 9:50 p.m. – 12 a.m. Directed by Howard J. Ford / 105 mins / UK.

### SATURDAY, OCT. 15

"**Little Deaths.**" 12:15 a.m. – 2 a.m. \* No one under 17 will be admitted. Directed by Sean Hogan, Andrew Parkinson & Simon Rumley/ 100 mins / UK.

"**Pig.**" 12 p.m. – 1:55 p.m. Directed by Henry Barrial / 90 mins / USA.

"**I Didn't Come Here to Die.**" 2:15 p.m. – 4:25 p.m. Directed by Bradley Scott Sullivan / 81 mins / USA.

"**The Afflicted.**" 4:45 p.m. – 6:30 p.m. Directed by Jason Stoddard / 84 mins / USA.

"**Midnight Son.**" 7 p.m. – 9:15 p.m. Directed by Scott Leberecht / 88 mins / USA.

"**Mr. Bricks: A Heavy Metal Murder Musical.**" 9:30 p.m. – 11:15 p.m. Directed by Travis Campbell / 76 mins / USA.

"**The Oregonian.**" 11:50 p.m. – 1:55 a.m. Directed by Calvin Reeder / 81 mins / USA.



"**Helldriver.**"



"**The Oregonian.**"

### SUNDAY, OCT. 16

"**The Thing From Another World**" (1951). Appropriate for ages 10-plus. 11:30 a.m. – 1:15 p.m. Free Admission.

Directed by Howard Hawks / 87 mins / USA.

"**Patient 17**" (World Premiere). 1:30 p.m. – 3:30 p.m. Directed by Tuyet Le / 78 mins / UK.

"**Skew.**" 3:45 p.m. – 5:45 p.m. Directed by Sev  Schelenz / 82 mins / Canada.

obstacle to overcome. An excerpt from the stage work Collision Course – a.k.a. Pillow Talk will be performed by dancers Nathaniel Bond, Anthony Gongora, Giselle Ruzany and musician/composer Steve Hilmy.

### PREMIERES. TZVETA I AND TZVETA II

Directed by Maida Withers / Music by Steve Hilmy

Editors, Graphic Designers & New Media Specialists Anthony Gongora and Ayodamola Okunseinde. Featuring dancer Tzveta Kassabova. Filmmakers venture to the edge of the subconscious to reveal the essence that transcends in kinetic experience in these portrayals of Tzveta Kassabova. Steve Hilmy balances electronic compositional structures against improvisational synthetic sound design for a provocative musical amalgam.

\* **TZVETA I:** Anthony Gongora creates a portrait of a woman by employing intense imagery to reveal the flow of a beautiful life. Layered, complex and driven by movement through imagined spaces, saturated with color, motion and symbolism, the film cascades with shifting emotions and ephemeral views of a woman moving through her time on this earth.

\* **TZVETA II:** Ayodamola Okunseinde combines graphic design and 3D effects in the exploration of the subtlety and action of Tzveta's movements in a dynamic pop art short.

### PREMIERE. MAIDA – LEAVING INWARD

Directed by Maida Withers / Music by Steve Hilmy / Editor and New Media Artist Ayodamola Okunseinde

Featuring performer Maida Withers

The camera is turned on Maida Withers in this study of space, form and motion by Ayodamola Okunseinde.

### PREMIERE. TUK

Directed by Maida Withers / Musical Director Brent Michael Davids. Photographer Bruce Hucko / Editor Ludovic Jolivet. Featuring dancers Will Moreau Goins, Timothy Harling, Cristy Lamb, Emily Ojala and Maida Withers

The extraordinary journey of eight souls across the majestic breathtaking landscapes of Utah and the Four Corners Area of the Southwest—five dancers, two filmmakers and one photographer reveal their uplifting and challenging experience in this inspiring film. This breathtaking fusion of dance and the environment was filmed in remote locations such as Muley Point, Butler Wash Ruins, Natural Bridges National Monument and more.

### THRESHOLDS CROSSED- GULAG/ARTANGAR (2008)

Directed by Maida Withers / Music by Audrey Chen / Editor Megan Whittemore. Featuring dancers Maida Withers and Anthony Gongora. Adapted from Part II of the stage work Thresholds Crossed, the choreography exposes abuse based on political justification and references photographs of the claimed mistreatment of prisoners at Abu Ghraib and Guantanamo Bay, Cuba. The short was filmed inside a Soviet Era architectural structure on Solovki Island, Russia. This unique building, one of 18 built by the GULAG and the only surviving structure of its kind, was the hangar for the dirigible (airship) that delivered supplies to the GULAG.

### ORBIT (1990)

Directed by Maida Withers / Music by William Christie / Technical Director and Editor Paul Caffrey

Featuring dancers Greg Simione and Edward Akio Taketa

An intriguing male duet filmed during the early years of the HIV and AIDS crisis. Orbit is a film adaptation of part of the stage work Obsession – America's Obsession with Sex created for Dance Construction Company by Maida Withers.

## LETTERS

### Amenities Not Height of Ballston

To the Editor:

This letter is in response to your article on Wednesday, Sept. 21. Please be aware that in the article, you wrote that my last name is "Cais". The correct last name is "dal Cais". Also, to characterize that neighborhood leaders are willing to allow developers to diminish "their quality of life" is not accurate. The June 2011 BCA general elec-

tion was a validation that Bluemont residents are open to change and redevelopment. Nowhere in print or spoken word have any officers or representatives of BCA proposed to diminish the quality of life in Bluemont.

When redevelopment in Bluemont presents itself, businesses in the 1950's era strip malls will certainly feel "disenfranchised" and some may be forced out due to increased rent imposed by the landlords. In no way have I or the current officers in BCA advocated for the shuttering of local busi-

nesses. In fact, BCA encourages our local businesses to remain during redevelopment. We hope that Arlington County and the programs available at Arlington Economic Redevelopment will assist local businesses to succeed and prosper. BCA does not want local businesses to depart from Bluemont, we highly encourage them to succeed, and become a tighter fabric within our community.

I certainly stand by my comment that I would like to see Bluemont be something like Ballston, but taking this comment out of context, as the quote in your article does, leaves it open to interpretation that I want Bluemont to have development at the same degree of density and height as that in Ballston. What I and a good number of residents in BCA desire are the conveniences and amenities that Ballston offers. However, we do not desire 10-plus high-rise developments in our neighborhood. As you certainly are aware, the commercial district in Bluemont, along Wilson Boulevard is zone C-1. No building can be higher than 35 feet. Any proposed development beyond 35 feet requires site plan amendment with the Arlington County Planning Commission.

**Judah dal Cais**

President, Bluemont Civic Association

acceptable within any such village center design?", 54.5 percent of respondents voted for a maximum height of 1, 2 or 3 stories (redevelopment within current by-right zoning parameters), another 24.4 percent agreed to a maximum of 4 stories, 14.0 percent agreed to a maximum of 5 stories, and a mere 7.2 percent of respondents found "more than 5 stories" acceptable.

The survey results are clear: "like Ballston" to any degree is not what our neighborhood wants.

BCA volunteers are currently working on a draft to update Bluemont's Neighborhood Conservation Plan, which will include a chapter that will address any potential Wilson Boulevard corridor redevelopment. This chapter will, of course, be based on the 2010 survey results, and the revised plan must be thoroughly discussed, vetted and voted on by the full BCA membership before its adoption. We will be sure to forward a copy to you when the process has finally been completed and a consensus has been reached.

Thank you very much for covering Bluemont in the Connection; we hope you will continue to monitor our progress.

**Mark Haynes**

BCA member/volunteer

**Suzanne Smith Sundburg**

BCA member/volunteer

### Bluemont's Resident Survey

To the Editor:

We are writing this letter to comment on a recent article ["Bluemont's Uncertain Future," Sept. 21–27, 2011] about the controversy surrounding the potential redevelopment of Wilson Boulevard in the Bluemont area. As representatives of the Bluemont Civic Association in Arlington, we were very concerned about impressions that may have been left by quotes attributed to our Civic Association President, Judah Dal Cais. Mr. Dal Cais was quoted as follows: "We would like to see something like Ballston," said Cais, who was recently re-elected in a contentious civic association election over the summer, "but not to that degree."

As your article correctly highlights, there are some divisions in our community over what such redevelopment should entail. While there are many individual voices on the issue (Judah Dal Cais is one of those), at present the Bluemont Civic Association's only truly authoritative and comprehensive "voice" on redevelopment comes from our April 2010 Neighborhood Conservation survey (an Executive Summary of the results is attached). As required by the County, the survey was hand-distributed to approximately 2,000 households within BCA boundaries. Questions 6–13 focused on potential redevelopment:

- 69.7 percent of respondents favored a "village center" type of redevelopment;
- 83.1 percent agreed that "Bluemont should remain primarily a neighborhood of single-family detached homes" i.e. very different than anything like Ballston;
- In response to the question asking what would be "the maximum number of stories

### Women's Health Centers Targeted

To the Editor:

Virginia's women's health centers provide important services and must remain open.

The proposed [state] regulations are a blatant attempt to outlaw abortion and have nothing to do with improving safety at the affected facilities. If these regulations were truly intended, they would affect all medical facilities in the Commonwealth, but they do not.

Our state legislature needs to ensure that the health of the Commonwealth's people comes before ideological imperatives and keep our women's health centers from closing.

**R. Holt**

Arlington

### Correction

In the "Who's in Charge" section in the Arlington's Connection's Insiders Edition, the photo accompanying the article on School Board member James Lander was wrong. The correct photo is at right.



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- When you're not using a fireplace, close the flue.
- Replace your furnace filter once a month.
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**Washington Gas**

## NEWS

# Social Justice Based on Faith

FROM PAGE 3

"The Unitarian Universalist Association has a longstanding commitment to LGBT issues," said the Rev. Carlton Elliott Smith of the UUCA. "Our hearts go out to the people of Uganda. We take this opportunity to stand on the side of love with the bishop and others who are committed to justice. We believe in the power of love to change the world."

Senyonjo noted that he is not Unitarian.

"I'm Anglican," said Senyonjo. "I believe these denomination lines shouldn't hinder us to interact. Humans should respect each other and care for each other irrespective of faith."

The 40-person crowd was receptive to Senyonjo's speech and some made donations afterwards. The stark contrast between Uganda and Arlington was noted.

"Because Arlington is a very accepting place we tend to forget that people elsewhere who are gay don't have full rights of citizenship," said Elizabeth Fogarty, a member of the church for 20 years.

"Arlington is an incredibly tolerant, welcoming community," said Arlington county board member Jay Fisette, the first openly gay elected official in the Commonwealth. "It's a wonderfully progressive place. When I was elected, it was a nonissue."

The role of the Unitarian church in promoting social justice was also pointed to.

"The importance of social justice work was a critical core here in the founding of the church in Arlington," said Lavona Grow, member of the church for 17 years.

"This was among the first places where African



**Bishop Christopher Senyonjo speaks at the Unitarian Universalist Church of Arlington.**

Americans and whites were gathering together," said Smith. "We have a longstanding commitment to social justice."

UUCA sponsors a PFLAG group (Parents and Friends of Lesbians and Gays) and an ALY youth group, marches in the gay pride parade, and hosts other events such as a celebration/funeral marking the end of "Don't ask, don't tell."

"I'm very proud of this congregation for the good work they do on gay rights and gay marriage," said Michael McGee, lead minister at the UUCA.

The church hosts regular social justice events. To find out more, go to [www.uucava.org](http://www.uucava.org).

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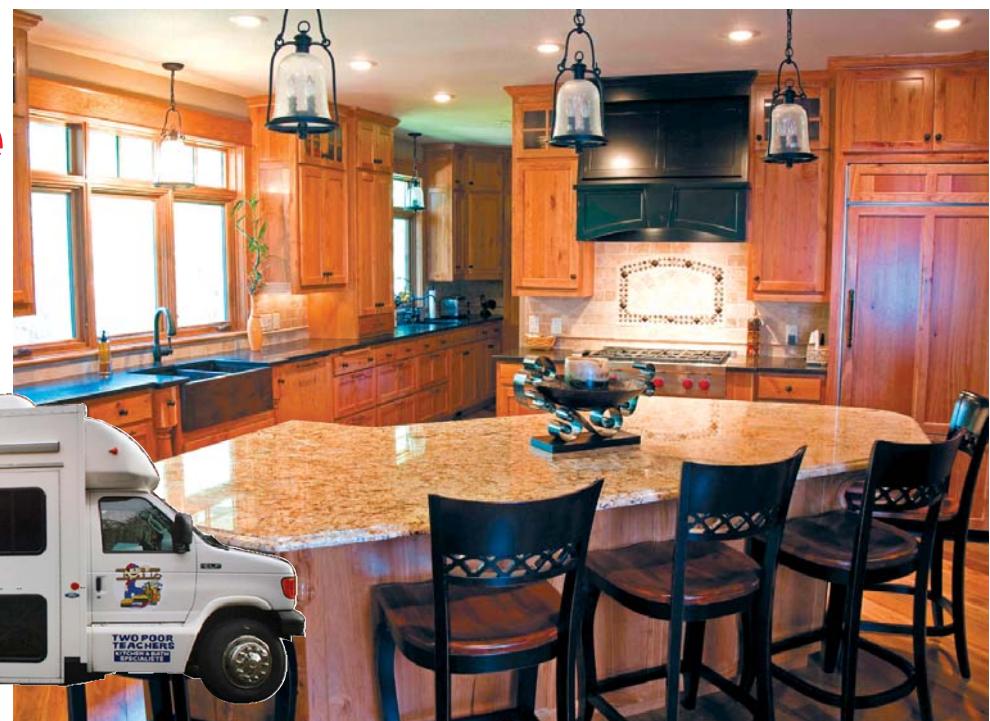
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# SPORTS

## Undefeated Yorktown To Face Third Straight Road Game

The Yorktown football team has conquered each challenge standing in its way en route to a 6-0 start. On Friday, Oct. 14, the Patriots will face arguably their toughest test to date.

Yorktown will play on the road for the third consecutive week when the Patriots face Langley of the Liberty District at 7:30 p.m. The Saxons are 3-3 and have seven players listed on their roster who weigh at least 250 pounds. Yorktown and Langley each defeated Herndon this season, with the Patriots winning 41-7 on Sept. 16 and the Saxons winning 14-7 on Sept. 1.

Langley is Yorktown's final non-district opponent of the regular season. While a victory wouldn't push the Patriots any closer to a second consecutive National District title, head coach Bruce Hanson said the team is motivated to win.

"The National District gets a lot of grief for not being good," Hanson said. "We like to win outside of the district."

After outscoring its first four opponents 178-20, Yorktown surrendered at least 20 points in each of its last two contests. The Patriots defeated Stuart, 40-26, on Sept. 30 and beat Edison, 42-20, on Oct. 6. Hanson said the Patriots "haven't played particularly well" of late and have allowed too many big plays.

Quarterback Jordan Smith suffered a high ankle sprain against Stuart, but played the following week against Edison. Hanson said Smith played at about "75 percent" against the Eagles and coaches did not call any running plays for him. Hanson said he hopes Smith will be healthy for the Langley game.

While Smith has been banged up, sophomore running back M.J. Stewart has carried the offensive load. According to stats on the Washington Post's Web site, Stewart is fifth in the Washington, D.C. metro area and leads the Northern Region with 954 rushing yards. He carried 27 times for 288 yards and five touchdowns against Stuart and rushed 24 times for 228 yards and three



Yorktown quarterback Jordan Smith, with ball, fullback Austin Browne (32) and running back M.J. Stewart (6) are seen during a home game earlier this season.

scores against Edison.

### W-L Gets Back-To-Back Wins

Members of the Washington-Lee football team had a decision to make after the Generals' 28-6 loss to Mount Vernon on Sept. 24: push forward or pack it in.

W-L was 0-4 and the Generals' margin of defeat had grown each week. W-L entered the season with confidence stemming from last season's playoff victory against Yorktown, but things weren't turning out as hoped for the Generals. But rather than give up, W-L responded with back-to-back wins.

The Generals defeated Wakefield, 43-29, on Sept. 30 and beat Falls Church, 28-7, on Oct. 6, improving their record to 2-4, including 2-2 in the National District.

"Overall, I think we've been playing a lot better," W-L head coach Josh Shapiro said.

"... I think the team morale is good. Guys are happy we're having some success."

Shapiro said the Generals' ground game, led by running back Tony Gomez, has improved of late. After operating out of the pistol early in the season, the Generals have run the ball out of one-back sets and the I formation. Gomez carried 16 times for 120 yards and a touchdown against Wakefield and rushed 14 times for 87 yards and two scores against Falls Church.

Shapiro also said sophomore quarterback Sam Appel has continued improving. For the season, Appel has thrown for 832 yards and eight touchdowns. His top targets have been Seth Whitmore (35 receptions, 363 yards, 1 touchdown) and Da'Vohn Lyons (17, 405, 5).

Next up for the Generals is their homecoming game against Herndon of the Concorde District at 7:30 p.m. on Friday, Oct. 14. The Hornets are 1-5 but are coming off a 42-41 loss to Oakton, which is ranked No. 8 in the latest edition of the



Quarterback Drew Powell and the Wakefield football team will travel to face Falls Church on Oct. 14.

Washington Post's top 20.

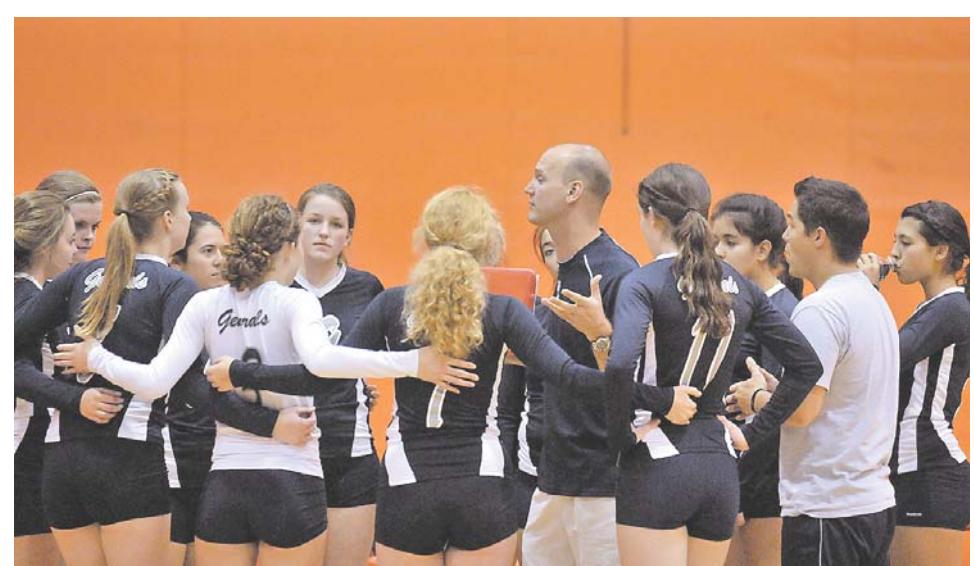
Defensively, Shapiro said W-L needs to eliminate big plays, tackle in space and get off the field on third down to be successful against Herndon. Offensively, Shapiro wants the Generals to execute their base runs and mix in play action.

"I want to see our team believe in themselves and not get caught up in the Concorde District coming into town," Shapiro said. "I want them to focus on what we do well and execute things we've been performing well in the past two games. I don't want them to get caught up in 'They're bigger than us' and 'They play a better schedule than us.'"

### Wakefield in Search Of First Win

After being outscored 198-22 during losses to T.C. Williams, Yorktown, Thomas

SEE SPORTS BRIEFS, PAGE 19



Head coach John Delaney talks with members of the Washington-Lee volleyball team.



Washington-Lee receiver Da'Vohn Lyons, seen against Fairfax on Sept. 10, has 17 receptions for 405 yards and five touchdowns this season.

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21 Announcements

12 Commercial Lease

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21 Announcements

21 Announcements

21 Announcements

## NOTICE OF WATER RATE PUBLIC HEARING

At 6:30 p.m. on Thursday, December 15, 2011, Fairfax Water will conduct a public hearing on its proposed Schedule of Rates, Fees and Charges. The hearing will be held in Fairfax Water's offices at 8570 Executive Park Avenue, Fairfax, VA.

The proposed changes, to be effective April 1, 2012, include the following:

1. An increase in the Availability Charge from \$3,600 to \$3,700†.
2. An increase in the Local Facilities Charge from \$8,500 to \$9,000.
3. An increase in the Account Charge from \$32 to \$33.
4. An increase in the base Commodity Charge from \$2.04 to \$2.16 per 1,000 gallons of water.
5. An increase in the Peak Use Charge from \$2.95 to \$3.20 per 1,000 gallons of water.
6. An increase in the Fees for Use of Fairfax Water Fire Hydrants to include the increase in the Commodity Charge and Peak Use Charge.

A copy of the proposed changes can be viewed on our Web site at <http://www.fairfaxwater.org/rates/index.htm>. Those wishing to speak at this hearing or desiring a copy of the proposed changes should call Ms. Eva Catlin at 703-289-6017. Interested parties may submit written comments to [PublicHearingComments@fairfaxwater.org](mailto:PublicHearingComments@fairfaxwater.org) or mail written comments to:

Fairfax Water  
Public Hearing Comments  
8570 Executive Park Avenue  
Fairfax, VA 22031

All written comments must be received by close of business on Wednesday, December 14, 2011 to be included in the record of the public hearing.

†Charges reflect fees associated with a standard 5/8" residential meter. Changes in charges for larger residential and commercial meters are reflected in the Proposed Schedule of Rates, Fees, and Charges.

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## An Even Newer Normal

By KENNETH B. LOURIE

The blip-hopefully-not-splat I wrote about last week: lab tests which reveal/maybe even indicate problems that might cause cancer patients (like me) on presumably life-sustaining drugs to consider modifying and/or stopping their treatment altogether, has become the bane of my existence; it's what I live for, if you know what I mean? The problem is, I rarely know/feel anything different until I'm told (the lab results) that something is in fact different. The prudent course of action which usually follows presents a dilemma: do I continue treating the underlying problem (my stage IV lung cancer) if that treatment is harming/compromising other not-directly-related-to organs or do I stop? The medical version of the ever-unpopular, collateral damage.

Thirty months post diagnosis, and thirty-months-plus-one-week when I started chemotherapy (my oncologist's recommendation was not to wait), I am now mindful of, and beginning to seriously worry about, whether my body will allow me to continue the treatment which so far seems to be keeping me alive; the medical vernacular is "tolerate." Diagnosis-to-date, I have been extremely fortunate that my body has "tolerated" the treatment very well, and rarely has any prescribed treatment/schedule been adjusted because of any adverse – but not totally expected, reaction.

Now however, I fear I'll likely be in the adverse-reaction game. A game that I anticipate won't be much fun, but as long as I'm still able to play, I will be grateful. Moreover, the longer I live and the longer I remain on chemotherapy (which diagnosis-to-date, I have now become one of my oncologist's longest-living-on-Avastin patients), the greater the chances/likelihood that I'll have more complications. Complications which, amazingly enough, I've not experienced before and which, going forward, have not been studied. Anticipated, maybe? Solvable? Probably not, but possibly manageable. As my oncologist has told me, we're sort of in uncharted territory here. What levels I'm exhibiting may be permanent, and/or may be characteristic of a terminal patient's decline. It's somewhat of a guess, educated, but still a guess. Ergo, my "new normal." Alive and kicking, but what's keeping me alive may very well be what's kicking my butt. Stopping is not an option – in my mind. But in my body, stopping may be the prudent and life-saving – for the moment, course of inaction. However, stopping what treatment I'm currently receiving doesn't seem like a very proactive pursuit. I don't imagine the cancer is going to heal itself. I believe in truth, justice and the American Way but I'm not Superman. I'm average-man, and I don't presume to have any super powers or unique answers – or clues even, to preventing the growth and spread of the tumors already in my lungs. Though I have made a number of changes to my diet and lifestyle since I was diagnosed, I still can't see eliminating medical treatment has part of my future, unless the treatment is doing more harm than good. Is that what these most recent lab results are beginning to indicate?

Whatever tests, lab work, etc., I may have taken for granted previously because the results were usually within reasonably normal parameters might now be changing – for the worse. Certainly I don't know anything definitively, yet (if ever), and future tests could return to normal, and these most recent results may very well just be a blip. Nevertheless, as I consider the past few weeks of stops and starts and re-tests/follow-ups, I can't help but get the feeling that I may be seeing the future – in the present.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



## SCHOOLS

**Victoria "Tori" Stempniewicz** of Arlington is presenting volcano research at the Geological Society of America's 2011 Annual Meeting and Exposition from Sunday, Oct. 9 to Wednesday, Oct. 12 in Minneapolis. Stempniewicz is a senior majoring in geology and environmental science at James Madison University in Harrisonburg. Her presentation is on "Hydration Profiles in Clinopyroxene Mantle Xenocrysts From the Eocene Mole Hill Basalt." Mole Hill is a rare volcanic feature in Rockingham County, Va., just a few miles from the JMU campus.

Arlington families are invited to the annual **High School Information Night** to learn more about high school programs in the Arlington Public Schools on Monday, Oct. 17, at 7 p.m., at Washington-Lee High School, 1301 N. Stafford St. During the information night program, families of students entering high school in the fall of 2012 will hear an overview of Arlington's high schools and programs, including their program focuses, application dates and procedures, school information sessions, and more. After the opening general session, parents can attend two breakout sessions with individual high school administrations to learn more about the unique programs and activities offered at the individual schools.

The annual **Middle School Information Night** will be held at 7 p.m. on Monday, Oct. 24, at Washington-Lee High School, 1301 N. Stafford St. During the information night program, families of children entering middle school in the fall of 2012 will hear an overview of Arlington's middle schools, including their program focuses, application dates and procedures, school information sessions, and more. After the opening general session, parents can attend two breakout sessions with individual middle school administrations to learn about the unique programs and activities offered at the individual schools.

**Kinhaven School of Arlington** marked its 40th year with a series of commemorative events. Del. Patrick Hope presented a commendation offered by a Joint Resolution of the Virginia Legislature at the inaugural ceremony Sept. 29. Kinhaven School is an independent, parent-governed school serving children 1-5 years of age.

**Danielle Crim of Arlington** was presented with a bachelor of science degree in business administration/management from Limestone College in December.

The following Virginia Tech students were among those honored at the University's fall commencement ceremony held Dec. 17, 2010, in Cassell Coliseum.

◆ **Isabel Gomez of Arlington** received a



### Leaders Honored

To celebrate Hispanic Heritage Month, Sept. 15-Oct. 15, the Arlington School Board recognized eight Hispanic students for their achievements and leadership in the classroom. The honored students who were chosen by their high school principal or administrator included: **Damian Enriques Hernandez – Junior attending the HILT Institute at the Arlington Career Center; Marleny Giron – Arlington Mill High School Continuation Program; Jessica Valarezo – Senior at H-B Woodlawn Secondary Program; Jose Antonio Renderos – Senior at Langston High School Continuation Program; Giovanna Alvarado – Senior at New Directions; Isryel Cruz – Senior at Wakefield High School; Rigoberto Salguero – Senior at Washington-Lee High School, and Isabelle Orozco – Senior at Yorktown High School.**

Bachelor of Science degree cum laude in human development from the College of Liberal Arts and Human Sciences.

◆ **Timothy Hirama of Arlington** received a Bachelor of Science degree cum laude in biological sciences from the College of Science.

◆ **Paul Capetanakis of Arlington** received a Bachelor of Science degree in electrical engineering from the College of Engineering.

◆ **Kenneth Long of Arlington** received a Bachelor of Arts degree in communication from the College of Liberal Arts and Human Sciences.

◆ **James Sherlock of Arlington** received a Bachelor of Science degree cum laude in business information technology from the Pamplin College of Business.

◆ **Fitwi Hailegiorgis of Arlington** received a Bachelor of Science degree in electrical engineering degree from the College of Engineering.

◆ **Daniel Pendergrass of Arlington** received a Bachelor of Science degree in computer science from the College of Engineering.

◆ **Nhat Phan of Arlington** received a Bachelor of Science in Business degree in hospitality and tourism management from the Pamplin College of Business.

◆ **Elliott Tibor of Arlington** received a Bachelor of Science degree in engineering science and mechanics from the College of Engineering.

◆ **Adriana Gonzales of Arlington** received a Bachelor of Arts degree in political science from the College of Liberal Arts and Human Sciences.

### SPORTS BRIEFS

FROM PAGE 16

Jefferson and Freedom, the Wakefield football team has scored more than 20 points in each of its last two contests — a 43-29 loss to Washington-Lee on Sept. 30 and a 47-23 loss to Hayfield on Oct. 6. While neither performance earned the Warriors their first win of the season, head coach Keith Powell said the team is improving due to an increase in player turnout.

Wakefield dressed 22 athletes for its season opener, but Powell said the team now has around 40.

"We just started practicing three weeks ago as far as I'm concerned," Powell said. "After the Yorktown game [on Sept. 9], we picked up 15 kids."

Powell said the increase in roster size has allowed Wakefield to accomplish more in practice. Powell added that the Warriors might not be 0-6 if they had been practicing with 40 athletes for the whole season.

"Justice wouldn't let us beat [some teams]," Powell said, "because we hadn't paid our dues like them."

Powell said quarterback Drew Powell, receiver Khory Moore and center Jose Turcios have played well on offense.

Wakefield will travel to face winless Falls Church at 7:30 p.m. on Friday, Oct. 14.

"The kids are pretty excited," Powell said. "It's one team they feel like we can beat ... but they've got to go out and do it."

### W-L Volleyball Wins District Opener

The Washington-Lee volleyball team opened National District competition with a 3-1 (25-18, 25-11, 17-25, 25-17) victory against two-time defending champion Hayfield on Oct. 3. The win snapped a three-match losing streak and improved the Generals' record to 4-4. W-L traveled to face Yorktown on Oct. 11. Results of the match were not available prior to the Connection's deadline. The Generals will host Mount Vernon at 7:15 p.m. on Thursday, Oct. 13 for "Dig Pink" night.

### Yorktown Volleyball Falls to Stuart

The Yorktown volleyball program has finished second or better in the National District each of the last eight seasons. This year, the Patriots' quest for a district crown started with a bump in the road.

Yorktown lost its district opener against Stuart, 3-1, on Oct. 3. The Raiders are ranked No. 5 in the Oct. 1 edition of the Northern Region Volleyball Coaches Association top 10 poll. The Patriots also lost to Herndon, 3-1, on Oct. 5, dropping their record to 4-4.

Senior Eva Muszynski leads Yorktown with 145 kills this season. Sophomore Hayley Molnar has 123. Senior Lauren Dresser has 270 digs.

Yorktown hosted Washington-Lee on Oct. 11. Results of the match were not available prior to the Connection's deadline. The Patriots will travel to face Wakefield at 7:15 p.m. on Thursday, Oct. 13.

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