

Winning Smile

NEWS, PAGE 3

This 7-year-old Jenny, or female Burro, visited the Bureau of Land Management's Meadowood Special Recreation Area on Oct. 7 and 8, as part of an adoption event conducted by the Bureau's Wild Horse and Burro Program.

Mission to Peru

PAGE 3

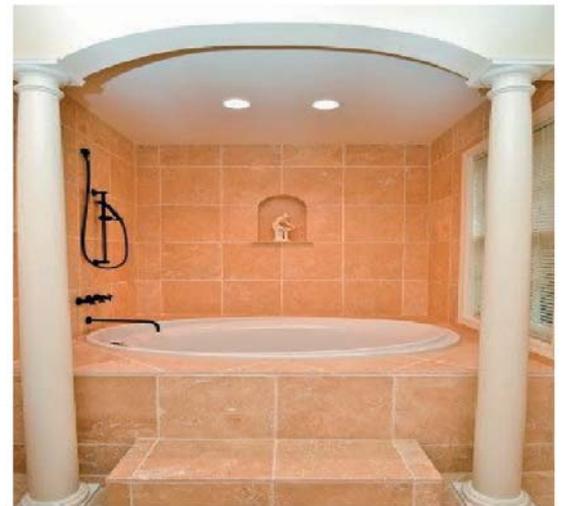
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Horse Sale

Mustang, burro adoption event comes to Meadowood Special Recreation Area.



PHOTOS BY DEB COBB/THE CONNECTION

Kristen Fontain, a volunteer trainer with the Bureau of Land Management's Wild Horse and Burro Program, demonstrates gentling techniques on a wild mustang available for adoption at a Wild Horse and Burro Program adoption event on Oct. 7, at the Bureau of Land Management's Meadowood Special Recreation Area. View more photos at www.connectionnewspapers.com



Virginia Adams of Stafford with son Benjamin Adams and grandson Benjamin Adams came to the Meadowood Special Recreation Area in Lorton on Oct. 8 to adopt a Jack, or 'intact male' burro from the Bureau of Land Management's Wild Horse and Burro Program. Last year, she adopted two Jennies — or female burros — from the bureau. She plans to breed the burros so she has enough to protect her sheep herd from the domestic dogs that regularly prey on them.

Going Far To Give Unto Others

Fairfax Station man dedicates 18 months to serving youth in Peru.

BY JENNIFER FEDOR
THE CONNECTION

Fairfax Station resident Ryan Frederickson recently embarked on a mission he believes will be life-changing. As a volunteer for the Capuchin Franciscan Volunteer Corps (Cap Corps), Ryan will live at Ciudad de los Niños in Lima, Peru for the next 18 months, working with 14- and 15-year-old boys.

"When others let me into their lives, that's one of the greatest gifts I've ever been given," he said. "It's a real gift, a privilege, really."

Cap Corps volunteer efforts reflect the beliefs of a community of friars inspired by St. Francis of Assisi, known as Franciscans. Inclusiveness and service to disadvantaged or neglected individuals are important aspects of the Capuchin Franciscan way of life. Ciudad de los Niños was founded in the 1950s by an Italian friar, Francisco Minasso de la Riva Ligure, to aid the impoverished youth of Peru.

Cap Corps enlists college students and recent graduates to dedicate themselves to various domestic and international minis-

tries, including sites in Detroit, Chicago, Milwaukee, Panama and Peru. Frederickson is part of the third group of Cap Corps volunteer to visit Ciudad de los Niños since 2009.

Frederickson moved into Ciudad de los Niños over a recent weekend, but his journey to Peru began many years before. A graduate of Woodson High School, he had always been interested in theater but said he "shocked family and friends" when he chose to attend Catholic University in Washington, D.C., and study theology.

Raised a Methodist, Frederickson converted to Catholicism as a college student. His experiences after college included substitute teaching in special education classes at Annandale High School. He also spent a year at a Catholic ministry in southeast Washington, D.C., called A Simple House, working with single mothers.

"When others let me into their lives, that's one of the greatest gifts I've ever been given."

— Ryan Frederickson

Through conversations with his professor, Rev. Regis J. Armstrong and another Catholic University student who had volunteered at Ciudad de los Niños, Frederickson realized that Peru felt like an important next step. As preparation, he enrolled in an intensive language program in Costa Rica at the beginning of the summer. Through Cap Corps, he participated in a one-week orientation in Milwaukee and a three-week language school while staying with a Peruvian family.

His work at Ciudad de los Niños will include manual work, helping to "keep it running," such as tending animals and helping in the bakery and clothing shop. It will also include mentorship of a group of teen boys who live there.

Shelly Roder, co-director of Cap Corps, said that Frederickson would be "like a housedad, mentoring them, tutoring them, helping them to figure out who they are and who they're becoming."

This past weekend, the organization staged an Olympics for the boys. Frederickson helped to coordinate events like football, soccer and the long jump.

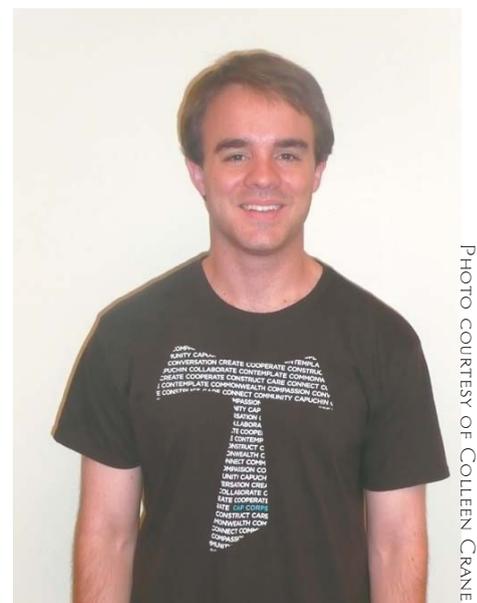


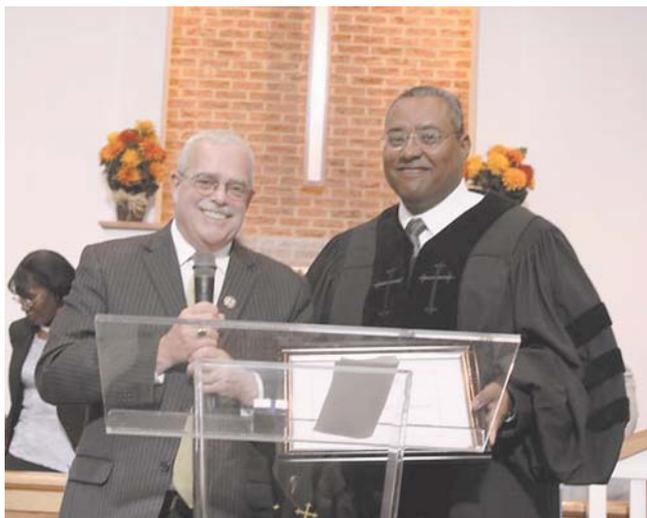
PHOTO COURTESY OF COLLEEN CRANE

Ryan Frederickson recently joined the Capuchin Franciscan Volunteer Corps program in Ciudad de los Niños in Lima

Frederickson said that he's "not yet missing family and friends" but that he would ensure he remains connected through e-mail, Skype and an eventual blog that would detail his experiences.

"When I was at A Simple House, I felt more alive than any other time in my life," he said. He added that his time with Cap Corps at Ciudad de los Niños would provide a similar opportunity that is "potentially transformational."

SEE SERVING, PAGE 16



DONATED PHOTO

U.S. Rep. Gerry Connolly (D-11) presented Senior Pastor Rev. Dr. Marshal Ausberry with the Angels in Adoption award for Antioch Baptist Church's work in promoting foster parenting and adoption.

Connolly Gives Adoption Award to Local Church

U.S. Rep. Gerry Connolly (D-11) presented Antioch Baptist Church with the Angels in Adoption Award Saturday, Oct. 8, to recognize the good work by the church and its congregation on adoption issues.

Several hundred members of the congregation attended the ceremony at the Antioch Baptist Church in Fairfax Station during a ceremony also dedicating the church's new ministry building.

Connolly nominated the church for the national award sponsored by the bipartisan Congressional Coalition on Adoption. Antioch Baptist Church has worked closely with the Fairfax County Department of Family Services for nearly two decades and is well known for its work assisting children in foster care waiting for adoption and hosting events to highlight the need for African-American families to become foster and adoptive parents, Connolly said.

"Throughout its illustrious history, the pastor, staff, and congregation of Antioch Baptist Church have been a catalyst in promoting adoption and foster care in the African-American community," Connolly said. "They have worked closely with local government to educate families on adoption and recruit foster and adoptive parents. I applaud their compassion and selfless dedication to service. Their good work has enhanced many young lives over the years."

The Congressional Coalition on Adoption is dedicated to raising awareness about the tens of thousands of orphans and foster children in the United States and the millions of orphans around the world in need of finding permanent homes through adoption. CCAI strives to eliminate the barriers that hinder these children from realizing their right to a family.

Located in Fairfax Station, Antioch Baptist Church was founded in 1989, and the first worship service took place at the Salvation Army Chapel located on Ox Road in Fairfax.

Antioch is a Bible teaching and preaching ministry with more than 50 active ministries, including children and youth, singles, married and other ministries.

— VICTORIA ROSS

Electric Sunday on Oct 23.

Residents may recycle old TVs, computers, peripheral electronic devices for free, during Fairfax County's "Electric Sunday" events. The next one is slated for Sunday, Oct. 23, from 10 a.m.-3 p.m., at the I-66 Transfer Station, 4618 West Ox Road in Fairfax. For more information, call 703-324-5052.



PHOTOS BY BONNIE HOBBS/THE CONNECTION

Thousands of people jammed Main Street on Sunday, Oct. 9, for the 45th annual Clifton Day.

Streets Overflow with Fun

Town opens its streets for 45th Annual Clifton Day.



Musicians jam on the front porch of NOVA Music on Chapel Road.



Clifton's Pat Lasus spins angora yarn from angora rabbit fur.



Frank Burdell of Luckybreak Glass Co. in Fairfax shows customer Mary Marr a blown-glass vase that he made.



From left, C.J. Wallington and Emilio Herrera proudly display their new bows and arrows.

BULLETIN

THURSDAY/OCT. 13

Clifton Lions Club Meeting. 7 p.m.
Fairfax Station Railroad Museum,
11200 Fairfax Station Road, Fairfax
Station. Meetings are the second and
fourth Thursdays of every month.
703-209-7421 or
www.clvclubexpress.com.

SATURDAY/OCT. 15

**Braddock District Supervisor
Candidate Debates.** 7:30 p.m.
Springfield District Government
Center, 6140 Rolling Road,
Springfield. John Cook and Janet
Oleszek will engage in a 60 minute
debate, featuring 3 minute opening
and closing statements, and
questions from the audience through
cards passed to moderator. Each
candidate will also have up to two
rebuttal opportunities. Independent
candidate Carey Campbell will be
invited to participate. 571-502-5292
or 571-312-7426.

Fairfax Education Summit. 8 a.m.-
12 p.m. W.T. Woodson High School,
9525 Main St., Fairfax.
www.fcps.edu/news/summit.htm.

Annandale Crop Walk. 8 a.m. Lake
Accotink Park, 7500 Lake Accotink
Park Road, Springfield. The walk will
begin with registration and a
ceremony followed by a circuit of the
trail around Lake Accotink.
Sponsored by the Annandale
Christian Community for Action
(ACCA), to raise funds for hunger,
disaster, refugee relief, and
development programs of Church
World Service. A portion of the
proceeds helps ACCA's assistance
program for needy families. 703-573-
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(Jimmy Fleming) and Colonel Richard
Ewell (Chris Godart); Civil War soldiers
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the Havener House, Mount Gilead,
St. John’s Church and Sears House

CENTRE VIEW
www.CentrevilleVA.org

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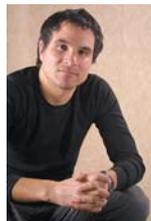


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ENTERTAINMENT

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

THURSDAY/OCT. 13

Wine and Dine for Charity. 6:30 p.m. Pane e Vino Ristorante, 9020 Lorton Station Blvd., Lorton. \$70 per person, of which \$20 benefits Lorton Community Action Center, a local nonprofit organization. Reserve at 571-642-0605. www.lortonaction.org or 703-339-5161, ext. 16.

American Girl: Felicity Learns a Lesson. 4 p.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Stories about 10-year-old Felicity from the American Girl series. 703-249-1520, TTY: 711.

English Conversation Group. 7 p.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Practice English with other adults. 703-249-1520, TTY: 711.

Learning English. 7 p.m. Kingstowne Library, 6500 Landsdowne Centre, Alexandria. Conversation group for adults learning English. 703-339-4610, TTY: 711.

FRIDAY/OCT. 14

"Twelve Angry Men." 8 p.m. Aldersgate United Methodist Church, 1301 Collingwood Road, Alexandria. \$11-\$15. www.acctonline.org or 703-660-2611.

DASH with Wings. 4-11:30 p.m. Buffalo Wing Factory & Pub, 13067 Lee Jackson Memorial Highway, Chantilly. A portion of sales benefits Dating Abuse Stops Here (DASH), created in memory of Siobhan Russell, a victim of teen dating abuse.

www.datingabusestopshere.com.

SATURDAY/OCT. 15

Cranford Annual Fall Ham and Oyster Dinner. 4-7 p.m. Cranford United Methodist Church, 9912 Old Colchester Road, Lorton. Ham, fried oysters, potato salad, cole slaw, sweet potato casserole, deviled eggs, hush puppies, homemade desserts and more. Takeout available. Proceeds benefit kitchen renovation. 703-339-5382.

Comedian Wanda Sykes. 8 p.m. George Mason University Patriot Center, 4500 Patriot Circle, Fairfax. \$35-\$45, available online at www.ticketmaster.com or 703-573-SEAT. www.wandasykes.com or www.patriotcenter.com.

Paper Shredding Event. 9:30 a.m.-12:30 p.m. St. Andrew the Apostle School, 6720-B Union Mill Road, Clifton. \$10 per box. www.standrew-clifton.org or www.truershred.com.

"Twelve Angry Men." 8 p.m. Aldersgate United Methodist Church, 1301 Collingwood Road, Alexandria. \$11-\$15. www.acctonline.org or 703-660-2611.

Eat Cupcakes & Read. 12 p.m. Trummer's On Main, 7134 Main St., Clifton. For ages 4 and up. With Barbara Simpson Carducci, author of "Storee Wryter Gets a Dog" and Rachel Gounds, author of "Joshua Jenkins and the Cookie Jar Conundrum." \$20, includes refreshments and a signed book. Purchase tickets at Cupcakes Actually in Fairfax. www.cupcakesactually.com or 571-522-6315.

Pumpkin Tales. 10:30 a.m. John Marshall Library, 6209 Rose Hill Drive, Alexandria. Bring the family to hear Regional storyteller Gary Lloyd

tell Halloween stories more funny than scary! All ages. 703-971-0010, TTY: 711.

Paws to Read. 11 a.m. Lorton Library, 9520 Richmond Highway, Lorton. Practice reading aloud to a trained therapy dog. 15-minute sessions available. Age 6-12. 703-339-7385, TTY: 711.

American Red Cross Blood Drive. 11 a.m. Richard Byrd Library, 7250 Commerce St., Springfield. Photo I.D. required. Appointments preferred; call 1-800-Red Cross (1-800-733-2767). Donor hours 11-3 p.m. Adults.

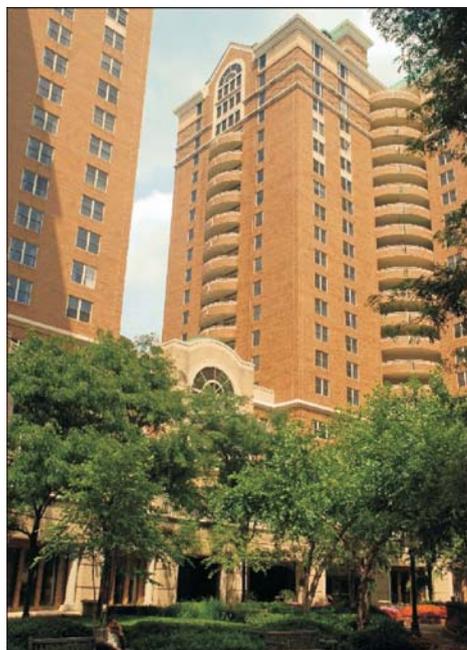
SUNDAY/OCT. 16

Northern Virginia NTRACK. 1-4 p.m. Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. Members will have a display and N gauge trains running. \$3 adults, \$1 children. www.fairfax-station.org or 703-425-9225.

Open-Hearth Cooking Class, Level I. 10 a.m.-4 p.m. Gunston Hall, 10709 Gunston Road, Mason Neck. Employ 18th century hearth cooking techniques and recipes to make period dishes. Offered in partnership with Fairfax County Adult and Community Education. \$119 fee includes tuition and materials. Register for class HI03881 at 703-658-1201 or www.fcps.edu/aceclasses. 703-658-1222.

Northern Virginia Community College and the Reunion Music Society, Inc. 7:30 p.m. Richard Ernst Cultural Center Theatre, Northern Virginia Community College's Annandale Campus, 8333 Little River Turnpike, Annandale. "Jazz with Strings" by the RMS Jazz

SEE CALENDAR, PAGE 7



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CALENDAR

FROM PAGE 6

Orchestra and NOVA's Annandale Campus Symphony Orchestra, featuring a tribute to Charlie Parker and Clifford Brown. \$15 adults, \$10 seniors and students with IDs, children free.

www.reunionmusic.org.

"Twelve Angry Men." 2 p.m.

Aldersgate United Methodist Church, 1301 Collingwood Road, Alexandria. \$11-\$15. www.acctonline.org or 703-660-2611.

MONDAY/OCT. 17

Book Bunch. 3:30 p.m. John Marshall Library, 6209 Rose Hill Drive, Alexandria. Call for title. Age 7-8 with adult. 703-971-0010, TTY: 711.

It's a Colorful World. 10:30 a.m. Kingstowne Library, 6500 Landsdowne Centre, Alexandria. A rainbow of stories. Age 12-23 months with adult. 703-339-4610, TTY: 711.

Read to the Dog. 4:30 p.m. Kingstowne Library, 6500 Landsdowne Centre, Alexandria. Read to a reading therapy dog. Call to register for one 15-minute slot. Age 6-12 with adult. 703-339-4610, TTY: 711.

Hidden Pond Monday: Fall Changes. 2:30 p.m. Richard Byrd Library, 7250 Commerce St., Springfield. In the fall we see leaves change color, but there are many other changes we may not notice. With the staff of Hidden Pond Nature Center. 703-451-8055, TTY: 711.

TUESDAY/OCT. 18

Classics Book Club. 7 p.m. Richard Byrd Library, 7250 Commerce St.,

SEE CALENDAR, PAGE 12

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GRADES 1-6

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OPINION

A Few Days Left To Register To Vote

Vote now, who knows what Election Day could bring.

The turnout was so miniscule for Primary Election Day that you might not remember that it was also Earthquake Day, and that if you were planning to vote when you got home from work, you probably wouldn't have had the chance. Traffic came to a halt, and many commutes took many hours.

EDITORIAL Imagine what would happen if we had a repeat of a historic early snow: On Nov. 11, 1987, a foot of snow fell at National Airport. On Nov. 6 and 7, 1953, this area had more than seven inches of snow, according to the National

Weather Service. Seven inches fell in November, 1938. In November, 1904, the area had three inches of snow; November 1910, the area had five inches of snow.

So far, 2011 has been a year of extremes, so is it worth preparing for the great Election Day blizzard? Or possibly just the great Election Day traffic jam?

You can vote in person from now until Nov. 5 if you think that there is any chance you could be away from home for 10 hours on Election Day. Remember that some people spent 10 hours on the GW Parkway one day last winter.

There are only a few days left to register to vote to participate in the Nov. 8 general election if you have not already done so.

Some important dates to remember:

Monday, Oct. 17, 2011 is the deadline to register to vote, either in person or mailed registration postmarked by that date to vote in the Nov. 8 General Election.

Tuesday, Nov. 1 is the deadline to apply for an absentee ballot by mail.

Saturday, Nov. 5 is the last day to vote early, absentee ballot in-person.

Tuesday, Nov. 8 is Election Day.

For more election information:

Alexandria Board of Elections, 703-746-4050, <http://alexandriava.gov/Elections>

Fairfax County Board of Elections, 703-324-4700, www.fairfaxcounty.gov/eb/

Arlington Board of Elections, 703-228-3456, <http://www.arlingtonva.us/departments/voterregistration/voterregistrationmain.aspx>

City of Fairfax General Registrar, 703-385-7890, <http://www.fairfaxva.gov/Registrar/GeneralRegistrar.asp>

— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM,

ON TWITTER @MARYKIMM

More Like Cook

To the Editor:

Thanks to the leadership of Supervisors John Cook (R-Braddock) and Pat Herrity (R-Springfield), Fairfax County was spared the possibly onerous mistake of purchasing an incinerator rather than extend the county's contract with Covanta Energy, the private company which owns and operates it now. Not only would such a purchase have cost the county \$800 million with interest over 20 years, but by the time it was all paid for, the technology would be obsolete and we would not have had the flexibility necessary to keep up with rapidly evolving technology in the way a private company which specializes in that industry could.

John Cook and Pat Herrity kept the citizens informed and stood firm against the spendthrift faction of the Board of Supervisors.

Suzanne A. Spikes
Fairfax Station

Significant Election

To the Editor:

The Superintendent of Fairfax County Public Schools, Dr. Jack Dale, announced his retirement, ostensibly for July 2013, which coincides with the end of his contract. While this is worthy of conversation, the immediate focus is and should be on the remaining 46 days until the elections on Nov. 8.

The determination of Dale's length of service to the constituents in Fairfax County should rest with the new School Board and

any efforts by the current School Board members to begin the search process in the waning days of their collective term would disenfranchise the will of taxpayers and voters.

Every voter has the chance to determine one-third of the School Board with their vote for a magisterial district candidate and three at-large candidates. The linear process of voters' voices being

heard and then a search firm being engaged by the new School Board is the only means by which there will be representation of voter's will. The selection process of a new superintendent who comprehends the commitment of Fairfax County citizens to quality education should fully belong to the new School Board.

Every student, teacher, parent and taxpayer has a stake in this election. I have said and continue to believe that the ties that our public education system have to strong economic development, jobs, property values and a general sense of community make this Nov. 8 election the most significant in memory, and that this election will set the direction not only for the public school system, but also for Fairfax County for the next decade or more.

Elizabeth L. Schultz
Fairfax County School Board
Springfield District Candidate

Cute But Destructive

To the Editor:

Not too many people could look at the picture below and not think, "How cute is that?" I even have to



Two deer feed in a Springfield backyard.

count myself among those who would do so. However, in my next breath, I would also ask myself, how could something so beautiful be so destructive?

It's been almost two years since I was diagnosed with Lyme disease. I woke up one morning while I was on a cruise about to go through the Panama Canal, and I quickly realized that I couldn't hear anything in my right ear. It was almost two months later before I learned it was Lyme disease that caused the hearing loss. While it's still a rare manifestation of the disease, the hearing specialist I saw said he's seeing it more frequently in recent years. Though he tried all the accepted strategies for dealing with sudden sensorineural hearing loss (SNHL), and then when we knew it was Lyme disease, a long course of antibiotics. It was simply too late. I never got my hearing back.

I read with great interest your "Overabundance" article [Connection, Sept. 29-Oct. 5, 2011] in the

Connection recently. I was astounded at how many deer had been killed in Fairfax County last year. But yet I asked myself, how could so many still remain? I applaud the efforts Fairfax County is making to control the deer population. But I also believe much more needs to happen — for the sake of the deer as well as unsuspecting people like myself — who used to follow the baby deer around my house and get as close as I could to get the perfect picture. I use my zoom on my camera now and continue to take pictures because my niece enjoys them so much. But I avoid the woods behind our house as much as possible and even worry when I'm just sitting on my deck.

Based on my research, I strongly believe that there are many, many cases of undiagnosed Lyme disease in the county. And as you pointed out in your article, there are many

SEE LETTERS, PAGE 9

THE CONNECTION

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OPINION

FROM PAGE 8

other serious consequences to humans, motor vehicles and crops and woodland.

A few years ago, I might have cringed if I heard about sharp shooting and bow hunting as a method of controlling the deer population. Not so today.

There's absolutely no shortage of deer in my backyard, which borders Hidden Pond Nature Center. My husband and I are constantly trying to scare them out of our backyard, only to see them return 10 minutes later. The idea mentioned in your article of somehow curbing reproduction seems to me to be an area that would hold great promise, though it may be a cost-prohibitive idea. I strongly believe that Fairfax County needs to continue its research, and take even more aggressive action to address the overpopulation issues. Lyme disease education programs might also prove beneficial.

Marianne Wendling
Springfield

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THE CONNECTION NEWS PAPERS

Farm House, Family Home, Dream House

After occupying 18 homes around the world, retired pilot Ted Rogers creates his dream house, right on top of the family home.

BY JOHN BYRD
SPECIAL TO THE CONNECTION

It's gratifying to find the right change-agent at the exact moment in life when you need one. Such are the reflections of Ted Rogers, 72, commenting on recently completed makeover to his home executed by master builder David Foster.

Rogers, a former Navy pilot, had lived in 18 houses all over the world before settling in circa 1960s ranch with his wife and children the early 1980s. The traditional brick rambler was owned by a farmer whose family had worked the land east of Fairfax for generations.

The house was conventional, but solidly constructed. Still, as Rogers and his wife, Wanda, approached 70, their cumulative sense of the home's limitations increased.

"Wanda wanted an upgraded kitchen," Rogers said. "We both pictured a larger master bedroom suite ... maybe with a walk-in shower and personal vanities. So we decided it was time to move."

But assessing several newly built, high-end homes was an eye-opener, and the meticulous former pilot confesses that he was "put off" at the quality of what he found on the market — even in the million dollar range.

Moreover, since home remodeling stories relayed by several friends were equally discouraging, Rogers opted for the safe course: stay put, change nothing.

That's when he was introduced to David Foster, 30-year veteran builder and president

of Foster Remodeling Solutions.

"David came highly recommended, but it was meeting him that proved decisive," Rogers said. "It was his love of building—every aspect of it—that really impressed me when started walking through the house together. His ideas really opened up the possibilities."

The starting point: a 2,553-square-foot, three-bedroom ranch on two acres, and a conversation regarding the best options for accommodating a luxuriantly-appointed master bedroom suite, a spacious kitchen with dining counter and a two-car garage with second floor studio.

"We usually begin with the floor plan and a budget," Foster said. "When we talked through all the components for the master suite, I proposed a front-to-back addition on the rambler's west elevation."

Ditto, plans for a two-level garage to be linked via breezeway from the lower-level east elevation.

Inside, however, proposed revisions would entail complications.

To create an open floor plan that connects the new kitchen to a front-facing family room, a bearing wall had to be removed, replaced with an unseen interior structural support. Achieving open sightlines, likewise, meant removing the living room ceiling and shelling-in previously concealed roofing rafters.

An ascending vertical accent was established by replacing a traditional brick-facing fireplace with a floor-to-ceiling hearth constructed of stacked ledge stones.

"The effect is exciting," Wanda Rogers



An ascending vertical accent was established by replacing a traditional brick-facing fireplace with a floor-to-ceiling hearth constructed of stacked ledge stones.

said. "From the kitchen, the room opens out and up; it feels really warm."

The new vaulted wall expanse also doubles as display space for Wanda's art collection, which is now illuminated by track lights.

Apart from Foster's personal attention, the Rogers were pleased with a process that enabled them to review finish work options as the interior design progressed.

Visits to the Foster Remodeling showroom in Lorton yielded the fixtures, cherry wood cabinets and granite countertops the couple selected for the kitchen. The Foster team also accompanied the couple to appliance outlets and recommended specific brands for both electric and gas cooking.

Foster's architect designed a five-foot crescent window for the wall above the sink. The kitchen's tray ceiling with concealed illumination lends elegance, warmth and generous proportionality.

The multi-zoned 650-square-foot master suite is luxuriant in every respect. The front-facing sleeping quarters look out through a massive three-section window with a triangle-shaped accent.

His-and-hers walk-in closets face-off on opposite walls. A pyramidal alcove is defined by facing floor-to-ceiling custom vanities leading to a generously-sized soaking tub tucked neatly under a second three-section window, this one with a protected view of the woodland setting. A granite-clad walk-in shower with bench provides the finishing touches.

The home is now "a place that's very satisfying at this point in my life," Rogers said.

Foster Remodeling Solutions will be sponsoring a tour of the Rogers home this Saturday Oct. 15, 2-5 p.m.; the firm will also be sponsoring a remodeling seminar at their Lorton showroom on Oct. 29. Call 703/550-1371 or www.fosterremodeling.com



Architect David Peabody and builder Brendan O'Neill Sr. incorporated green design into this home's plans.

The Next Generation of Green Living

Cutting edge green home design emerges in the region.

BY MARILYN CAMPBELL
THE CONNECTION

Imagine a home that is so well insulated that a furnace is obsolete. Picture the elimination of rooms that run hot during the summer and basements and tile floors that are frosty during the winter. Visualize trimming your energy bill by 90 percent.

Meet the passive house, dubbed the next generation of green living, and named one of the top green building trends of 2011 by the Earth Advantage Institute, a nonprofit organization that promotes sustainable building practices.

The region's first passive house, a five-bedroom, four-and-a-half bathroom home in Bethesda, was designed by Alexandria-based architect David Peabody of Peabody Architects and built by Potomac-area builder Brendan O'Neill Sr. of O'Neill Development. The home, which sold recently, had a price tag of \$1.4 million.

"This home gets all the heat it needs on the same amount of energy it would take to run two hairdryers," said Peabody. "We wanted to demonstrate that an approach that reduces basic energy demand is far more cost-effective than an approach that relies on adding expensive technology."

The project began when Peabody, an award-winning pioneer of green architecture, approached O'Neill. Skeptical at first, O'Neill and his son Brendan O'Neill Jr. flew to Illinois to tour the first passive house ever built in the U.S.

"As luck would have it, my son and I arrived during a snow storm," said O'Neill. "We were blown away by the warmth and temperate conditions inside that house. It was incredible. We said, if this is what a passive house can do under extreme conditions, we're going to try one."

MOUNT VERNON-based architect Christine Kelly of Crafted Architecture and Falls Church-based contractor Tom Chapa of Potts and Chapa Construction, Inc. incorporated passive solar design into the recent renovation of the Mount Vernon home of Enid and Laing Hinson. The Hinsons had lived in their home in their Mount Vernon neighborhood for 20 years when they decided that it was time to remodel. The couple decided to go green.

"This home gets all the heat it needs on the same amount of energy it would take to run two hairdryers."

- David Peabody, Peabody Architects

"We've always been interested in recycling, and we also knew that we would be living in this house for the next 20 years, so the additional cost that we might have incurred

to ensure that it was energy efficient was probably going to be worth it to us in the long run," said Enid Hinson.

"[Passive solar design entails] designing walls, windows and floors to collect or reflect solar energy and then distribute it as heat during the winter months and shade against the heat in the summer months," said Kelly. "[The Hinsons] had a sun room that had a slate floor, and we took up that slate during the demolition, salvaged it and then designed a new sunroom with large windows that are facing south so that as the sun comes into the room, the floor is heated and retains heat and makes it a very comfortable space in the winter time without the use of mechanical systems. A stone floor can be designed to collect heat during the day and then radiate it into the room at night to help keep the space warm."

The Hinsons noticed a difference. "As the weather got chilly and it was going down into the high-40s at night recently, we didn't have to turn our heater on at all. The house never got below 71 degrees," said Enid Hinson.

The Hinsons' remodel received a National Green Building Certification from the National Association of Home Builders (NAHB) for meeting NAHB green building standards.

"A green certification is not necessarily a certification that comes with a ton of expenses," said Chapa. "The important thing about certifying a project green is building smart, not necessarily building expensive. The green inspection is basically certifying that all of

SEE BENEFITS. PAGE 13



A granite shower is functional and elegant in this master suite.



Matching, custom -built vanities lead to a soaking tub with views of the woods.



The window in the new, modern kitchen was custom designed by an architect.

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Disney On Ice: Dare to Dream. 7 p.m. George Mason University Patriot Center, 4500 Patriot Circle, Fairfax. Tickets \$15-\$70, available at 1-800-551-SEAT, www.ticketmaster.com; and www.patriotcenter.com. www.disneyonice.com.

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Benefits of Green Design

FROM PAGE 11

the applications [e.g., windows, insulation and duct work] are done tight, efficiently and without any air gaps so that everything can perform at its optimal level.”

Kelly says that when it comes to green design, she begins with the basics. “I like taking what was already in the house and repurposing it that so that a lot of materials don’t go into the landfills. And then I like to move to insulating. Not only do I like to insulate the new addition, but I like to go back and examine the existing house and figure out how to make that just as tight as well.”

The Hinsons were pleased that they did not have to compromise aesthetic appeal for energy efficiency. “Our house is not bigger; it is just flows better,” said Enid Hinson. “The windows are really energy efficient. We have the [George Washington Parkway] behind our house, and if the doors and windows are closed we cannot hear the traffic noise at all.”

O’NEILL SAID his one condition was that the design of the passive house be consistent and compatible with the rest of the homes in the neighborhood. “David hit a home run. We would not have proceeded if the style had not fit in with the others architecturally. It is designed as an integrated system, with site, energy, ventilation, air quality, humidity, health and comfort all taken into account. And yes, you can open

the windows.”

Peabody, who is now designing smaller and less expensive passive house models, acknowledges that such homes are more costly to build. “But we’re finding that the marginally higher costs of construction are more than offset by savings in monthly energy bills,” said Peabody. In fact, he says, affordable housing organization Habitat for Humanity is building a passive house in the Washington, D.C., area.

Even though the home is airtight, it is well ventilated. “During heating and cooling seasons, when you don’t want to open the windows, there is an imperceptible but constant flow of fresh air to all the living spaces and exhaust air from all the bathroom and kitchen spaces. Air essentially makes a one-way trip through the house, as opposed to being churned around and around as with standard heating and cooling systems,” said Peabody.

While there are only 23 passive houses in the U.S., in Europe more than 20,000 homes, apartments, offices and schools have been built to passive house standards.

Although solar orientation is a factor, it is not the same as a passive solar house. Instead, it uses a robust building envelope to achieve as much as 90 percent savings in energy use.

While the passive house concept is still emerging, passive solar design is more prevalent in the region. Solar orientation is a factor in both, but the passive house uses a building envelope to save energy.

Here lies one who knew how to get around him men who were cleverer than himself.
—Andrew Carnegie’s epitaph

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Bruins' Field Hockey Back on Winning Track

Lake Braddock set to begin play at Patriot District tournament on Monday.

BY RICH SANDERS
THE CONNECTION

Following a recent, late season three-game losing streak, the Lake Braddock girls' field hockey team has put together several wins in a row and is looking good heading into next week's Patriot District tournament.

The Bruins, who were 11-3 going into this week, were scheduled to wrap up the regular season with district games at Annandale on Wednesday, Oct. 13 and at home versus Robinson on Thursday, Oct. 14. First round play of the district tournament is set to begin next Monday, Oct. 17.

"The girls have been doing a great job over the past few games," said Lake Braddock head coach Amy Worrest. "They have all been working really hard to get better each day. We have some players that are beginning to step up and become more active participants, which is helping out a lot. My hope is that this will continue and we'll do well in the district tournament. We have a tough district so we're going to have to come out to each and every night ready to play."

Last year, under longtime head coach Diane Miller, Lake Braddock went 21-2, won both the district and Northern Region titles, and earned a spot at the state AAA playoffs. There, the Bruins' season ended with a 2-1 first round loss to Western Branch (Chesapeake) in a contest played at West Springfield High School.

With Miller's decision to step down as head coach following the season, Worrest, who had been an assistant on Miller's staff, became the program's new head coach. This fall, under Worrest, the Bruins have put to-



PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

The Bruins won their Senior Night game over T.C. Williams, 1-0, on Sept. 26.

gether another strong season. The team won its first eight games before three straight losses put Lake Braddock at 8-3.

THE FIRST SETBACK came on Sept. 16 at district opponent South County, a 2-0 loss to the Stallions. The following day, Lake Braddock played its final game of the Herndon High Tournament versus Tabb High (Bay Rivers District). The Hornets lost that contest to the Tigers, 6-0, at Herndon High School.

Lake Braddock had played its first three games of the Herndon Tournament the week before on Sept. 10, getting wins over

Wakefield High, 6-0; Osbourn Park (Manassas), 2-0; and host Herndon, 3-1. The game with Tabb seven days later officially wrapped up the tournament.

On Sept. 20 in a non-district home game versus McLean, the Bruins, who defeated the Highlanders in last year's region title game, fell by a 4-0 score.

But the Bruins have bounced back well with four straight district wins. The win streak began on Lake Braddock's Senior Night on Sept. 26 when the Bruins defeated T.C. Williams, 1-0. Four days later, in a home game versus West Springfield, Lake Braddock won again by a 1-0 outcome. Last

Monday, Oct. 3, the Bruins won at Woodson, 2-0. Then on Thursday, Oct. 6 they won at Lee, 2-0.

Both of Lake Braddock's goals in the win over the Lancers came early in the second half. The first score, off an assist by Katie Metress, came on a short corner shot by junior Maria Jose Pastor. A few minutes after that junior Megan Moody dribbled into the circle and scored a goal to make it 2-0. The defense held from there and Lake Braddock had earned its eighth shutout win of the season. Senior goalie Katie Coulter earned the shutout in the net versus the Lancers.

Fairfax, South County Among Area Football Winners

Spartans defeat Annandale, 35-0.

BY RICH SANDERS
THE CONNECTION

Two weeks ago, in a Northern Region high school football meeting of unbeaten teams, **Fairfax High** lost one of the most lopsided games in its history, 48-0, in a non-district home game versus powerful Westfield.

But the Rebels, who had won their first five games of the season prior to that defeat, came back this past Thursday night to beat Liberty District opponent and host Marshall, 28-21 in overtime, to improve their record to 6-1.

Fairfax running back Anthony Bowen scored on a 10-yard run in the overtime to lift the Rebels, who trailed 14-7 at halftime,

to the win. He finished with 76 rushing yards and also caught a touchdown pass earlier in the game from quarterback Austin Perryman. Marshall fell to 1-5.

Fairfax will host Jefferson (2-4) Friday Oct. 14, at 7:30 p.m.

In another overtime affair last Thursday, **South County**, on a 34-yard field goal from senior Mike Ferguson, won its Patriot District game at defending Northern Region Division 6 champion **Lake Braddock**, 10-7. The Bruins slipped to 3-3 on the season while South County, which started the season 0-3, reached the .500 mark at 3-3. The Stallions' prior two wins had come over T.C. Williams and Robinson. The win over the Rams was also in overtime.

Lake Braddock will play at Robinson this

Friday and South County will be at district opponent Lee.

Lee High, which won its first four games this season, lost for the second week in a row last Thursday at Patriot District foe West Potomac, 48-13. The Lancers (4-2), who were tied with the Wolverines at 6-6 after one quarter before falling behind 20-6 at halftime, got scoring runs from Kyon Taylor and Michael Jolly in the loss. Lee quarterback Quintez Diggins completed 16-of-27 passes for 255 yards and also rushed for 108 yards. The Lancers will host South County this Friday.

West Springfield (4-2) won at home, 35-0, over Patriot District opponent Annandale on Thursday. The Spartans' ground game was led by Jonathan Dunn (160 yards rushing, 2 TDs) and QB Tyler

Sutter (93 yards, 2 TDs), who also competed seven passes for 64 yards.

West Springfield will be at home versus T.C. Williams on Friday night.

Robinson lost at Concorde District rival Centreville, 41-14, on Thursday. The Rams fell to 1-5. Centreville remained unbeaten at 6-0. Robinson touchdowns came from Joe Meier, who caught a 20-yard pass from Patrick Baker, and Joe Wilson, who scored from four yards out.

The Rams host Lake Braddock on Friday night.

Hayfield snapped a two-game losing streak with a 47-23 win at National District opponent Wakefield last Thursday. Hayfield (4-2) had a big game from Steven Lynch, who rushed for 87 yards and a touchdown and also returned a fumble for a score on the defensive side of the ball.

One in the Win Column

Senior moves from middle linebacker to end, blocks late field goal attempt.

BY JON ROETMAN
THE CONNECTION

The weight of losing having been lifted from his shoulders, senior running back Jonathon Stokes released an emotional roar on the football field at T.C. Williams' Parker-Gray Stadium. First-year head coach Joe Dishun received a victory bath during post-game handshakes and players exchanged celebratory shoulder bumps.

The Woodson football team earned its first win of the 2011 season on Thursday, Oct. 6, defeating T.C. Williams 14-13. The Cavaliers were outscored 190-46 during a 0-5 start and were in danger of losing again, but senior Mike Reaves blocked a late Titans field goal attempt to protect Woodson's one-point lead.

Woodson's Mike Reaves attempts to knock down a pass thrown by T.C. Williams quarterback Alec Grosser on Oct. 6. The Cavaliers earned their first win of the season by beating the Titans, 14-13.

"It's great," Reaves said of Cavaliers earning their first win. "It's a beautiful feeling."

Reaves started at middle linebacker the first five weeks of the season, but was moved to defensive end prior to the T.C. Williams game. Dishun was pleased with the result as the Cavaliers limited the Titans to 211 total yards, including just 18 through the air.

"Mike Reaves at end really gave us some muscle on the edge," Dishun said. "What a great game he had. I'm very proud of him. That was a risky choice for us, but the younger kid (sophomore Ben Anderson) did a solid job in the middle and Mike really got after it."

While Reaves had strong defensive performance, his play on special teams saved the game for Woodson. T.C. Williams drove to the Cavaliers 18-yard line with less than 6 minutes remaining in the fourth quarter where, facing fourth-and-five, the Titans opted for a 35-yard field goal attempt. Reaves thwarted the potential go-ahead attempt and Woodson held on to win.

T.C. Williams missed a 39-yard field goal try in the second quarter and had potential game-tying extra point blocked near the end of the third.

"On the very first field goal, I noticed the [T.C. Williams] guard on that side," Reaves said. "He would just step down and wouldn't really do much. I figured if I got under him and at least drove him back I could at least get an angle. The minute I got under I knew I had [junior lineman] Pat Halloran to my in

SEE CAVALIERS, PAGE 16

PHOTO BY LOUISE KRAFT/THE CONNECTION





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PHOTO BY LOUISE KRAFT/THE CONNECTION

Woodson quarterback Stephen Trapp hands off to Nick Peevy, who rushed for 100 yards against T.C. Williams on Oct. 6.

Cavaliers Score First Win

FROM PAGE 15

side. We both got a hand up in there and next thing you know the ball is coming down.”

Offensively, Woodson kept the ball on the ground for most of the game, attempting just two passes, both of which were incomplete. Senior Nick Peevy led the Cavaliers’ ground game, rushing 25 times for 100 yards. Stokes carried 11 times for 73 yards and a touchdown.

Anderson gave Woodson a 7-0 lead with a 1-yard touchdown run late in the first quarter. After T.C. Williams tied the score at 7-7 in the second, the Cavaliers regained the lead in the third when Stokes scored on a 4-yard run, giving Woodson a 14-7 advantage.

The Titans scored the game’s final points on an 8-yard run by Rayquan Brunson late in the third quarter. However, T.C. Williams was whistled for an unsportsmanlike conduct penalty after the touchdown, and

Woodson coaches opted to make the Titans kick a 35-yard extra point rather than take the penalty on the ensuing kickoff. The point-after attempt was blocked and the Cavaliers held on to their one-point advantage.

Dishun, who was the defensive coordinator at Lake Braddock prior to taking the head coaching job at Woodson, earned his first win with the Cavaliers. He said he was proud of the way the team bounced back from the previous week, during which Woodson lost to West Springfield, 48-0.

“It’s pretty doggone good,” Dishun said of getting his first win with Woodson. “I’m extremely proud of these guys. They did everything they needed to do. They really finished and kept responding to all the changes in the game. I’m really proud of them, especially coming off a week like last week. It says a lot about their character, I think.”

Woodson will travel to face Annandale on Friday, Oct. 14, at 7:30 p.m.

Serving Others Overseas

FROM PAGE 3

“I hope I’m open to receive anything and everything in this experience,” Frederickson said. He looks forward to “walking towards God together” with fellow volunteers, the Capuchin friars on site, and the youth he will serve.

Carole Frederickson, Ryan’s mother, said that her son has a history of dedicating himself to helping others. When his younger brother endured three years of treatments for leukemia, Ryan Frederickson “really stepped up” at age 11, she said, and assisted his parents by helping with his then 6-year old sister.

Carole Frederickson is grateful to him because she can’t imagine how she would have coped with her other son’s illness if Ryan hadn’t been so attuned to what the

family needed from him at the time.

She said that in lieu of traditional college spring breaks, Ryan Frederickson signed up for missions to places like Jamaica and Honduras. “I’m really excited for Ryan,” she said, about his decision to travel to Peru with Cap Corps. “He’s going to get a lot out of it and give a lot back.”

Carole Frederickson and her husband, John, agreed that “it’s a great opportunity for him and something to do with all his energy and talents.” His siblings look up to him as their older brother and share similar passions. His sister Brenna is a theater major at Juniata College in Pennsylvania and James is a healthy junior at Woodson High School who runs the website for the drama department. They look forward to reading Ryan’s blog and learning more about his experiences in Peru.

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21 Announcements

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21 Announcements

**STATE OF CONNECTICUT
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Judicial District of Fairfield at Bridgeport
Docket FBT FA 11 4036780 S
Order of Notice in Family Cases

Plaintiff--Moreno Duron, Ruth

Defendant-Rodolfo, Carlos

Notice to Rodolfo Duron, Carlos

The Court has reviewed the Motion for Order of Notice and the
Complaint/Application which asks for:

Divorce

The Court find that the party to be notified lives out of state at
6905 Cabin John Rd, Springfield, VA 22150.

The Court finds that the Current address of the party to be notified
is unknown and that all reasonable efforts to find him/her
have failed. The Court also finds that the last known address of
the party to be notified was:

6905 Cabin John Road, Springfield, VA 22150

The Court orders that notice be given to the party to be notified
by having a State Marshal or other proper officer place a legal
notice in the Springfield Connection, a newspaper circulating in
Springfield, VA containing a true and attested copy of the Order
of Notice, and if accompanying a Complaint for divorce
(dissolution of marriage), a complaint for dissolution of civil union,
legal separation or annulment, or if accompanying an Application
for custody or visitation, a statement that Automatic
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25-5 of the Connecticut Practice Book and are part of the
Complaint/Application on file with the Court.

The notice should appear before 10/29/11 and proof of service
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Judge Corinne Klatt 9-28-11

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21 Announcements 21 Announcements 21 Announcements

NOTICE OF WATER RATE PUBLIC HEARING

At 6:30 p.m. on Thursday, December 15, 2011, Fairfax Water will conduct
a public hearing on its proposed Schedule of Rates, Fees and Charges.
The hearing will be held in Fairfax Water's offices at 8570 Executive Park
Avenue, Fairfax, VA.

The proposed changes, to be effective April 1, 2012, include the
following:

1. An increase in the Availability Charge from \$3,600 to \$3,700†.
2. An increase in the Local Facilities Charge from \$8,500 to \$9,000.
3. An increase in the Account Charge from \$32 to \$33.
4. An increase in the base Commodity Charge from \$2.04 to \$2.16 per
1,000 gallons of water.
5. An increase in the Peak Use Charge from \$2.95 to \$3.20 per 1,000 gal-
lons of water.
6. An increase in the Fees for Use of Fairfax Water Fire Hydrants to
include the increase in the Commodity Charge and Peak Use Charge.

A copy of the proposed changes can be viewed on our Web site at
<http://www.fairfaxwater.org/rates/index.htm>. Those wishing to speak at
this hearing or desiring a copy of the proposed changes should call Ms.
Eva Catlin at 703-289-6017. Interested parties may submit written com-
ments to PublicHearingComments@fairfaxwater.org or mail written com-
ments to:

Fairfax Water
Public Hearing Comments
8570 Executive Park Avenue
Fairfax, VA 22031

All written comments must be received by close of business on
Wednesday, December 14, 2011 to be included in the record of the public
hearing.

†Charges reflect fees associated with a standard 5/8" residential meter. Changes in
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21 Announcements

21 Announcements

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In execution of a Deed of Trust from Nazim Dag and Fi-
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26, 2007, in Deed Book 19671 at page 150 among the Land
Records of Fairfax County, Virginia, the undersigned substitute
trustee will offer for sale at public auction at the front entrance of
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Road, Fairfax, Virginia, on

Friday, October 14, 2011 at 11:00 a.m.

the following property being the property contained in said
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Lot 15, Block 15, Section 9, Lynbrook, as the same ap-
pears duly dedicated, platted and recorded in Deed Book 1396
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TERMS OF SALE: A deposit of \$40,000.00 or ten per-
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Provided, however, that if the holder of the secured promissory
note is the successful bidder at the sale, no cash deposit shall
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Any defaulting purchaser shall forfeit the deposit and
stand the risk and cost of resale.

Sale shall be made subject to all existing easements
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The undersigned trustee unconditionally reserves the
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