

Officer First Class Todd Owens is awarded Police Officer of the Year by the Greater McLean Chamber of Commerce during their Suits and Sneakers event Tuesday, Oct. 4. Owens was recognized for his work in apprehending armed burglars at a Blockbuster Video in McLean last November.

Home Life Style

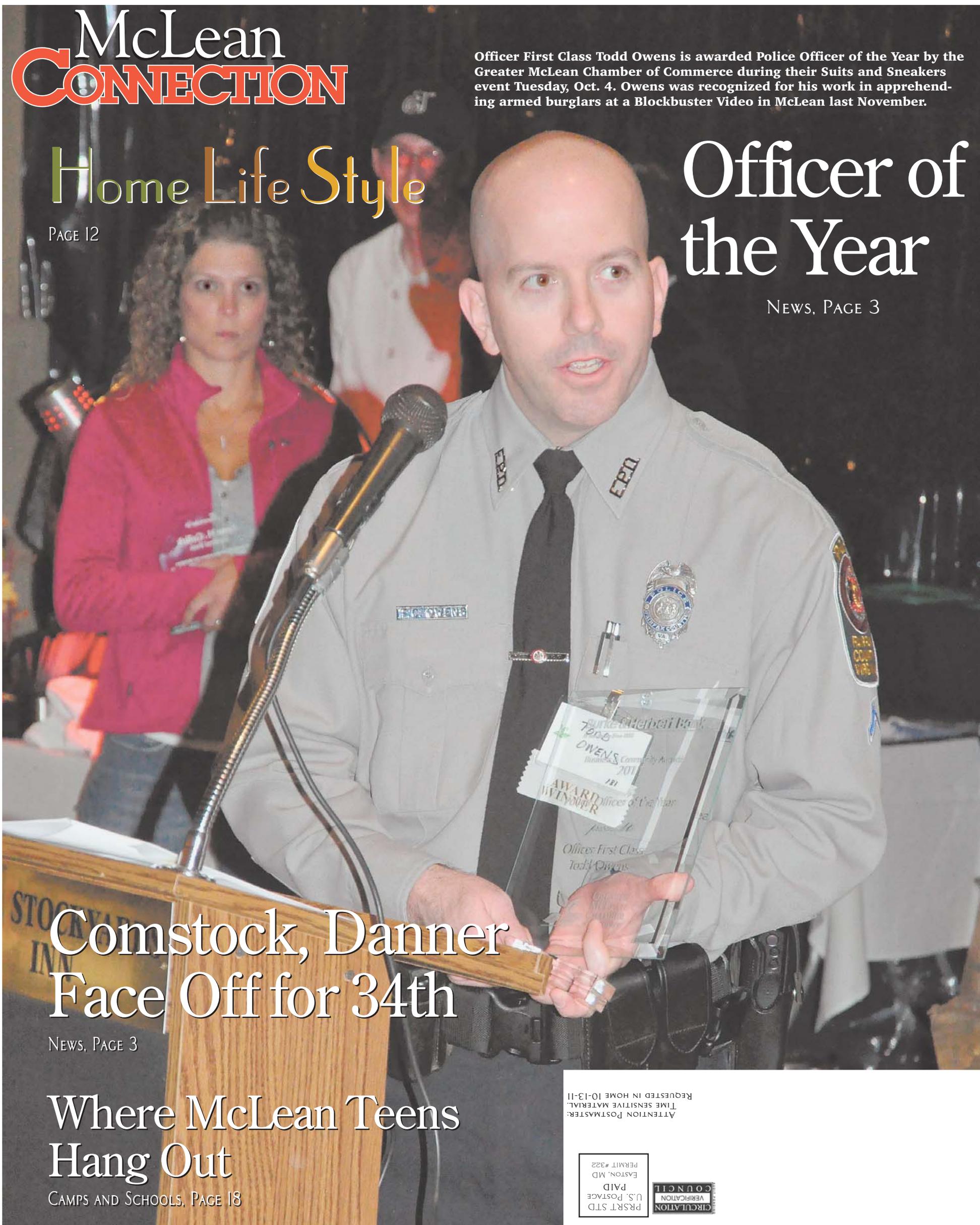
PAGE 12

Officer of the Year

NEWS, PAGE 3

OPINION, PAGE 8 ♦ ENTERTAINMENT, PAGE 16 ♦ SPORTS, PAGE 20 ♦ CLASSIFIEDS, PAGE 21

PHOTO BY ALEX McVEIGH/THE CONNECTION



Comstock, Danner Face Off for 34th

NEWS, PAGE 3

Where McLean Teens Hang Out

CAMPS AND SCHOOLS, PAGE 18

ATTENTION POSTMASTER:
TIME SENSITIVE MATERIAL.
REQUESTED IN HOME 10-13-11

PRSRPT STD
U.S. POSTAGE
PAID
EASTON, MD
PERMIT #322

CIRCULATION
VERIFICATION
COUNCIL

15% off Upholstery Sale*

Last call on the biggest
upholstery event of the year.

Ends October 16

*Excludes office chairs and leather dining chairs.



Crate&Barrel

For more information, visit crateandbarrel.com or call 800.967.6696

Comstock, Danner Face Off for 34th

Democratic challenger Pamela Danner faces incumbent Republican Barbara Comstock for 34th district delegate seat.

BY ALEX MCVEIGH
THE CONNECTION

Incumbent Barbara Comstock (R) will face Democratic challenger Pamela Danner this Nov. 8 for the 34th delegate district.

Comstock, who was elected in 2009, has served as an aide to U.S. Rep. Frank Wolf (R-10), researcher for the Republican National Committee and director of public affairs for the Department of Justice. As a lawyer, she also served on the U.S. House of Representatives Committee of Government Reform from 1995 to 1999.

"When we came in in 2010, we were faced with a \$6 billion deficit, the budget from the outgoing governor wanted to tax us \$4 billion. As the economic engine of the state, that \$4 billion was aimed at our ZIP codes," she said. "One of the first votes we had was 97-0 to not increase taxes, because given the tough, fragile economy we're in, we, on a bipartisan basis, felt it was important that we learn from businesses. Businesses have to do more with less, stretch those dollars and we wanted to do the same in government."

Comstock pointed to a recent audit of the Virginia Department of Transportation as an example of stretching those dollars.

"We were able to do an audit for VDOT, something that had been resisted for years, but we were able to push that through and found \$1.4 billion that was sitting in that agency. While we were sitting in traffic and closing rest stops, \$1.4 billion was not being used," she said. "That provides the model of what we can do in all our agencies, and that's what we're looking to do now."

COMSTOCK also pointed to her work trying to secure more in-state spots for college students, saying that while some work has been done, she is aiming higher.

"We also passed a bipartisan higher education bill that notably gave more in-state spots," she said. "We in the Northern Virginia delegation are still focused on getting more in-state spots for our kids. That was incorporated into that bill, but I still plan to introduce a bill that would cap out of state attendance."

Comstock also said she would like to see the Virginia challenge the Affordable Healthcare Act passed at the national level, believing that its implementation would hurt the small business community.

"Businesses right now are in limbo, because they don't know what's going to be imposed on them. You have capital sitting on the sidelines, people not en-

PHOTOS BY ALEX MCVEIGH/THE CONNECTION



From left, candidates for the 34th district delegate seat Pamela Danner and Barbara Comstock at a meeting of the Great Falls Rotary Club.

"We need to have federal government free us up to work at the state level."

— Del. Barbara Comstock (R-34)



"I am fiscally conservative and socially moderate."

— Pamela Danner (D)

gaging with small businesses because they don't know what additional mandates are going to come down," she said. "What we're doing is try to plan for possible compliance with it, but do it in a way that's best for Virginia and a way that's good for overall reform. We do need reforms for small businesses for healthcare, it's too expensive, it doesn't work. It's just that this is not the solution. We need to have federal government free us up to work at the state level."

According to the Virginia Public Access Project, Comstock has raised \$463,518, with \$423,859 coming from cash contributions of more than \$100, \$22,842 coming from cash donations of less than \$100 and \$16,004 of in-kind donations of more than \$100.

More information is available at www.comstockfordelegate.com.

DANNER, who has a law practice located in McLean, has served as president of the McLean Community Foundation, as well as a member of the McLean Com-

SEE CANDIDATES, PAGE 4



Merritt Green, chairman of the Greater McLean Chamber of Commerce, welcomes guests to the chamber's annual Suits and Sneakers event at Claude Moore Colonial Farm Tuesday, Oct. 4.

McLean Salutes Its Best Greater McLean Chamber of Commerce hosts annual Suits and Sneakers event.

BY ALEX MCVEIGH
THE CONNECTION

The Greater McLean Chamber of Commerce hosted its annual Suits and Sneakers event at Claude Moore Colonial Farm Tuesday Oct. 4, where they recognized businesses, organizations and individuals who go above and beyond to make their community better.

J. Knox Singleton, CEO in INOVA Health System, served as the master of ceremonies for the event. He said the purpose was to recognize those in the McLean community who go above and beyond in their efforts to help those around them.

"Tonight we're talking a lot about identifying individuals who have taken that volunteering extra step, they volunteer to step out and do something special," he said. "By raising up those examples, we're basically providing a role model for many others. There are volunteers, individuals and businesses throughout McLean who I believe are doing this kind of voluntary extra mile all the time."

VOLUNTEERS at Claude Moore Colonial Farm won the award for Volunteers of the Year. Singleton said this was

SEE CHAMBER, PAGE 23



From left, Trang X. "Janet" Nguyen and Lynn Gulick watch Capitals and Wizards owner Ted Leonsis offer a tribute to Nguyen after she was given the Fulfilling the American Dream award at the Greater McLean Chamber of Commerce Suits and Sneakers event Tuesday, Oct. 4.

Candidates Debate Area Priorities

FROM PAGE 3

munity Center's governing board, where she helped establish the Old Firehouse Teen Center and incorporated the McLean Project for the Arts. She also served on the Tysons Corner Land Use Task Force and the Fairfax County Water Authority Board as chair of their finance committee.

"I am fiscally conservative and socially moderate," she said. "When I served on the McLean Community Center governing board, I proposed a 10 percent tax cut to our tax district, and this saved McLean citizens a million dollars."

Danner said that the recently passed \$4 billion transportation package was not benefiting Northern Virginia enough.

"This package unfortunately has not provided Northern Virginia with many funds," she said. "I support rail to Dulles, and at this stage for Phase Two, there is not a dollar in terms of state funding. If we have this \$4 billion package, we need to get funding for our transportation needs. We have no funding for our secondary roads."

She said her experience on the Tysons Land Use Task Force made her examine the accessibility issues that come with the new Metrorail station.

"I advocated and continue to advocate for walk, bike, sidewalks, bus shuttles to our new Metro stops," she said. "We need to make sure our community can access these new stops."

Danner also said she would like to see more in-

state spots at Virginia universities, especially since the previously passed bill didn't address the area of greatest need."

"I also support increasing the slots in our public universities," she said. "The bill that was passed this last session increases the slots by 6,000, however 4,000 of those slots went to our community colleges. I'm very supportive of our community college, however I don't think the issue is people coming from out of state to our community colleges. We need to get increased slots in our four-year colleges."

Danner said she was not in favor of challenging the national healthcare act, believing to do so would cost the state too much money.

"I think we have spent far too much money in our government funds fighting this case," she said. "I think we need to move on. I think it's very important that we use the money the federal government is providing in terms of grants to help us be part of the exchange. I think we need to get ready for this, and there needs to be incentives to help out small businesses to help them get money from the Affordable Health Care Act."

Danner's campaign has raised \$174,308 so far, according to the Virginia Public Access Project. Of that, \$118,922 has been in cash contributions of more than \$100, \$23,287 has been in cash contributions of \$100 or less and \$29,527 has been in in-kind contributions of more than \$100.

More information can be found at www.dannerfordelegate.com.

Benches, Fountains, Statues, Bonsai, Cacti & Succulents

25% OFF

Trees, Shrubs & Perennials
(Excludes Mums, Cabbage, Kale & Pansies)

60-75% OFF POTS
Buy 1 Get 2 Free
(See store for details)

Patios, Walls, Walkways, Paver Driveways & So Much More

Pansies 97¢
Reg. \$1.89

Off-Season Pricing

Check Out Our Beautiful Mums!
Pumpkins Are Here Same Price As Last Year!
Fill Dirt \$19.99 cu. yd.
Bulk Mulch, Playground Chips, Organic Compost \$24.99 cu. yd.
Shredded Hardwood Mulch \$2.99 2 cu. ft. \$3.49 3 cu. ft.

FREE Landscape & Hardscape Estimates
Prices Haven't Changed Since 2005

Japanese Maples (6"-12") Buy 1 Get 1 Free

9023 Arlington Blvd., Fairfax, Virginia
2 miles west of I-495 on Rt. 50.
1 mile from I-66 (Vienna Metro)
703-573-5025
Open 9-6, 7 days a week



Cravens Nursery & Pottery



We Bring the Showroom to YOU!!







TWO POOR TEACHERS
Kitchen and Bath Specialists
703-969-1179
Free Estimates
WWW.TWOPOORTEACHERS.COM
Fully Insured & Class A Licensed • EST. 1999 • BBB Member

Select your remodeling products from our Mobile Kitchen and Bath Design Center!!

Standard & Premium Bath Specials!

Starting at \$6,850

Visit our website for details!

Grandmother Guilty: First Degree Murder

Jury recommends 35 years for killing toddler.

BY BONNIE HOBBS
THE CONNECTION

Public defender Dawn Butorac did her best to convince the jury that Carmela dela Rosa was insane when she scooped up her 2-year-old granddaughter and tossed her over a parking-garage railing 44 feet to her death.

But Fairfax County Commonwealth's Attorney Ray Morrogh just didn't buy it. In his closing argument last week to the jury trying the 50-year-old Fairfax woman for first-degree murder, he said, "This isn't insanity. It's depravity."

In the end, following a weeklong trial in Circuit Court, on Oct. 6, the jury of eight men and four women agreed, finding Dela Rosa guilty of first-degree murder and recommending she be sentenced to 35 years in prison. In January, she'll learn her punishment.

The tragedy occurred the evening of Nov. 29, 2010, on a

sixth-floor, outdoor walkway leading from the food court to a parking garage at the Tysons Corner Center. The child, Angelyn Ogdock, was rushed to Inova Fairfax Hospital in critical condition and died there, around 4:30 a.m., the next morning.

During the course of Dela Rosa's trial, it was revealed that she harbored bitter animosity toward her son-in-law, James Ogdock, for getting her daughter Kathlyn pregnant with Angelyn at age 19 before the couple wed. Although they later married and were happy, Dela Rosa never forgave James.

HER ANGER even kept her from attending Angelyn's first-birthday party and led to depression and suicide attempts. Through it all, testified clinical psychologist Stanton Samenow, a pattern emerged, one showing a selfish woman who considered her feelings more important than anyone else's.

When Dela Rosa tried to kill her-

self, he said, she was "self-centered" in that she didn't think about the impact it would have on her family. And after examining her, talking to witnesses and reading "voluminous" medical documents, said Samenow, he wrote that she'd done everything she could to drive away her son-in-law.

In an interview following her arrest, which was played in court, she even admitted to police Det. Steve Needels that she was jealous of the attention Angelyn got from the family. "Everybody loves her," she told him. And when James, who was at work when the rest of the family was together at the mall, that night, called his wife at the shopping center, it was the final straw.

"When you picked [Angelyn] up, what were you thinking of?" Needels asked Dela Rosa. She replied, "I was thinking about



Dela Rosa

James." And not once during her lengthy interview with the detective did she inquire about her granddaughter's condition. Angelyn died about six hours later.

In court, Samenow testified that Dela Rosa complained about being "betrayed and disappointed" because of the child. "But she's the one who pushed people away," he said. "People couldn't live up to her often-unrealistic expectations. When having a major depressive episode, she isolated herself. She wasn't a very social person."

He said she had "a clear, personality disorder [and] had it for many, many years. She was uncompromising and opinionated." In fact, said Samenow, Dela Rosa's husband had almost separated from her because of her attitude about Kathlyn's pregnancy. "She was insecure and her behavior ran to extremes."

Butorac said some friends and

neighbors described Dela Rosa as kind, friendly and someone who loved her granddaughter. But, countered Samenow, "There's a lot of hate in this woman. A person can do good, sincere things; but inside, there is another set of forces churning."

JUDGE BRUCE WHITE told the jurors that, to convict her of first-degree murder, they had to believe that Dela Rosa killed Angelyn maliciously and that the crime was willful, deliberate and premeditated. If they found her insane at the time and believed she didn't intend the results of her act, or couldn't distinguish right from wrong, they were to find her not guilty.

In her closing argument, Oct. 5, Butorac said Dela Rosa was "a completely different person when she was in a major depression. This was a tragedy caused by her mental illness. She had a hard time dealing with things other people could cope with and move on from."

SEE DELA ROSA, PAGE 6

Alton Brown is coming to McLean Uncorked!

Saturday, Oct. 15



Tastings & Festival Hours
10 a.m.-5 p.m.
Wine-and-Dine-Around
5-10:30 p.m.

McLEAN
UNCORKED

FOOD & WINE FESTIVAL

Admission: **Free**

Wine Taster's Wristband: **\$30**

Here's your chance to learn about wines from around the world.

Featuring, Food Network's Own "Gastrophysicist" Alton Brown.

With Special Guest, Bob Kinkead of Kinkead's Restaurant.

Advance Registration is required for presentations. Check our Website for a complete listing.



The McLean Community Center
1234 Ingleside Ave., McLean VA 22101
703-790-0123/TTY: 711



www.mcleancenter.org/special-events



MARVIN
Windows and Doors

Built around you.™

Considering new windows?

Now is the time to replace your old, inefficient windows with energy saving options from Marvin. With limitless design options and customization, there is sure to be something that fits your style, your home and your life.

Contact us for a free in-home consultation.

Up to \$1500 Instant Savings

\$150 off installation of each full frame replacement

\$75 off installation of each insert replacement (replacement window fits inside current frame)

Only valid for replacement installation projects at Window and Door Showplace. Minimum 5 windows installed. Limit 1 coupon per household. See store for complete details. Offer expires 6/15/11.

Window and Door
SHOWPLACE

WindowAndDoorShowplace.com

Sales - Installation - Service

Falls Church, VA
(703) 539-5299

McLean, VA
(703) 592-6377

Rockville, MD
(301) 358-0511

Sterling, VA
(703) 537-5168

SHOP THE COMPETITION FIRST!

703-938-3160



Then come to us for the best selection of quality products, professional installation all at an affordable price. Our references include your neighbors.

FREE ESTIMATES ON INSTALLATIONS

SE HABLA ESPAÑOL

VIENNA FLOORS

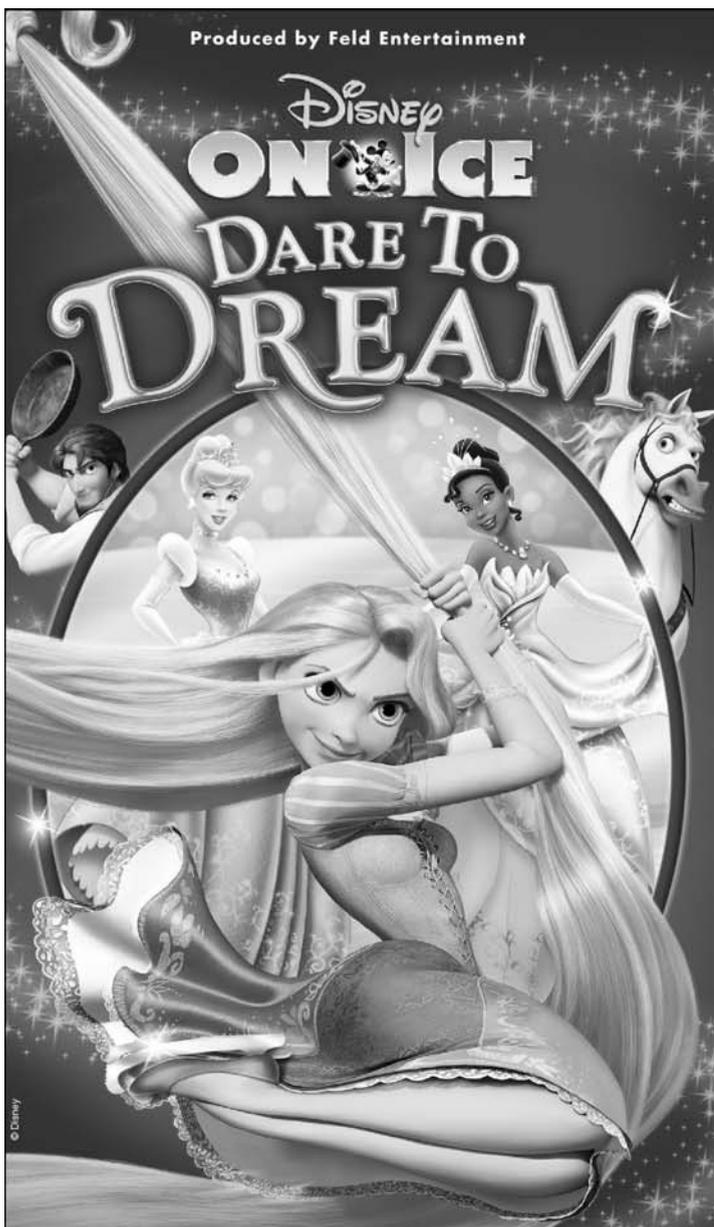
ESTABLISHED IN 1984

208 DOMINION ROAD • VIENNA, VA

HARDWOOD - CARPET - WOOD LAMINATES - CERAMIC TILE - SHEET VINYL

WWW.VIENNAFLOORS.COM

Hours: Mon-Fri: 9:00 am - 5:30pm, Sat: 9:00am - 4:30pm



The Enchantment Starts at \$15!

**OCT.
19 - 23**



Wed.	Thu.	Fri.	Sat.	Sun.
OCT. 19	OCT. 20	OCT. 21 10:30 AM	OCT. 22 10:30 AM	OCT. 23
7:00 PM	7:00 PM	7:30 PM	2:30 PM 6:30 PM	12:30 PM 4:30 PM

Buy tickets at www.disneyonice.com,
ticketmaster® Retail Locations, Patriot Center
Box Office or call 1-800-551-SEAT.

Regular Ticket Prices: \$15 • \$20 • \$28
\$50 VIP • \$70 Front Row

Additional fees may apply.



NEWS

Dela Rosa Found Guilty

FROM PAGE 5

Besides being upset about Kathlyn's unwed pregnancy for religious reasons, said Butorac, Dela Rosa didn't have a college degree and blamed it for her lack of a better job. So she'd hoped her daughter would get a college education, instead of becoming pregnant. Showing happy photos of Dela Rosa and Angelyn together to the jury, Butorac said, "She really did love her granddaughter." She also noted the testimony of defense witness Michael Hendricks, a clinical psychologist who said someone with a major depressive disorder could develop psychotic thoughts. And, said Butorac, "That's what happened at the end. [Dela Rosa] was in a downward spiral, far removed from reality."

But prosecutor Morrogh said there was no evidence Dela Rosa was psychotic or out of touch with reality. "She was interacting coherently with her family that night," he said. "Every time she had a suicidal episode, she said, 'I'm fine; I just lost it.' She said the same thing

that night, right after she murdered that child."

He said nothing showed she was hallucinating and didn't know the consequences of her act, or that she was throwing something other than her granddaughter off the footbridge. "Right afterward, she was OK," said Morrogh. "Does it make any sense for her to be insane, one minute, and fine, the next?"

Furthermore, he said Dela Rosa planned to kill the toddler about five minutes before she and her husband, daughter and granddaughter exited the mall and stepped outside. "She stopped at the door and let her husband go first and then she picked up the child," said Morrogh. "She was intent on following through and committed the lowest, possible kind of revenge."

Regarding malice, he said, "To throw an innocent child off a bridge is cruel. She was angry at James, her husband and, basically, at the world, and she decided to take it out on the child. She wasn't

SEE SENTENCING, PAGE 7

**INTENSELY
INTERESTING**

**COMMUNITY
INVOLVED**

**COMMITTED TO
EXCELLENCE**

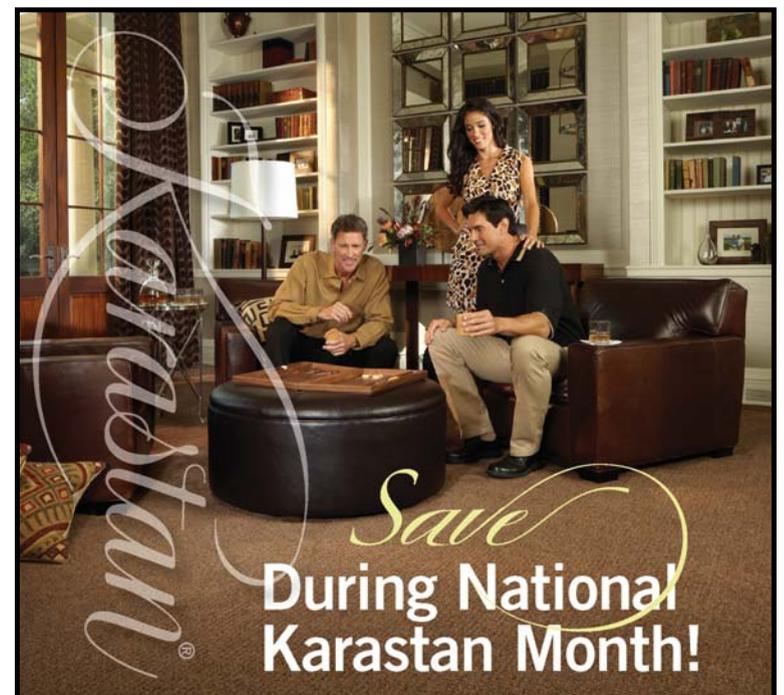
**THE
CONNECTION
NEWSPAPERS**

www.connectionnewspapers.com

**THE
CONNECTION
to your community**

- The Alexandria Gazette Packet
- The Mount Vernon Gazette
- The Arlington Connection
- The Burke Connection
- Centre View North
- Centre View South
- The Great Falls Connection
- The Fairfax Connection
- The Fairfax Station/Clifton/Lorton Connection
- The Oak Hill/Herndon Connection
- The McLean Connection
- The Reston Connection
- The Springfield Connection
- The Vienna/Oakton Connection
- The Potomac Almanac

- Great Papers
- Great Connections
- Great Readers!



**LOWEST PRICES OF
THE SEASON DURING NATIONAL
KARASTAN MONTH**

Guaranteed Installation before the holidays!

www.karastan.com

"A Tradition of Quality and Excellence — Since 1922"

PARK CARPET®

Arlington

4748 Lee Highway
703-524-7275

Dulles

23430 Rock Haven Way #130
703-661-3999

Sentencing Set for Jan. 6

FROM PAGE 6

delusional. Dr. Samenow told you that, when things don't go her way, she gets rid of the problem, and in this case, she threw the problem off the bridge."

Morrogh said Dela Rosa fully knew the consequences of her actions and that Angelyn's death would devastate her family. "That's the scariest thing, she knew what she was doing," he said. "She made her choice, and her choice was evil. Life is precious, and I can't think of anything worse than the killing of a little girl. We ask you to convict [Dela Rosa] of first-degree murder."

THE JURY deliberated six hours on Oct. 6 before reaching its guilty verdict. Angelyn's parents then shared their grief with the jury. Her mother lamented the fact that she'd never see her daughter start school, and her father said no parent should ever have to bury their child.

Morrogh asked for a life sentence for Dela Rosa but, after another hour's deliberation, the jury recommended she receive 35 years behind bars. Sentencing is set for Jan. 6, 2012. Afterward, at a press conference outside the courthouse, he said, "Juries work hard and do a difficult job, and we respect their decision."

"She made her choice, and her choice was evil. Life is precious, and I can't think of anything worse than the killing of a little girl."

— **Fairfax County Commonwealth's Attorney Ray Morrogh**

Follow us on **twitter**

Mary Kimm, Publisher
@MaryKimm

Michael O'Connell, Editor
@FollowFairfax

Michael Lee Pope, Reporter
@MichaelLeePope

Alex McVeigh, Reporter
@AMcVeighConnect

Victoria Ross, Reporter
@ConnectVictoria

Jeanne Theismann, Reporter
@TheismannMedia

Jon Roetman, Reporter
@jonroetman

Maplewood Grill



Oktober Feast
German Buffet-Style Dinner
Wednesday, October 19th • \$30

Brunch
Every
Sunday

Duck à l'Orange
Saturday, October 22nd



703-281-0070

132 Branch Road, S.E. • Vienna, VA
Visit www.maplewoodgrill.com for Specials

Live
Entertainment
Wed thru Sat

ATTENTION FAIRFAX COUNTY PARENTS of GRADES 6 - 12 STUDENTS !!

We are still accepting students THIS school year!

Did you send your unhappy or struggling child to school for yet another year of "more of the same," hoping for a different result?

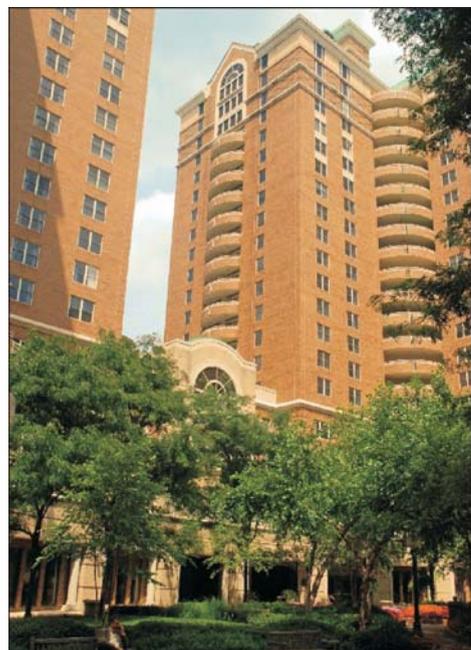


CORTONA ACADEMY

Affordable, Caring, SAFE Private Education That Works!

(Use PROMOTIONAL CODE "CFX" WHEN CALLING FOR \$500.00 TUITION REIMBURSEMENT!)

703-464-0034 • www.CortonaLearning.com



**Retirement
doesn't mean you
stop doing things**
— *it means you have more time
to do what you love.*

Whether they're out on the town, visiting with family, or pursuing their passions, The Jefferson's condo residents enjoy the finest combination of independence and senior living in the heart of Arlington, Virginia.



The Jefferson

Providing care with love, understanding and dignity since 1981.

Come see all we have to offer today!

Purchase your beautiful condominium by December 1st and enjoy complimentary garage parking for the first two years.

The Jefferson

900 North Taylor Street, Arlington, VA 22203

(703) 516-9455 TheJeffersonInVa.com

Independent Living, Assisted Living & Memory Care



It's Back to School Time!

Drop the kids at school, grab a friend & join us for Breakfast or Lunch

Buy one full size entree and get
50%
off your second entree!*

* Bring in this coupon. Good Monday thru Friday - not on holidays. One discount per table. Not valid with any other offer. Expires 11/15/2011

AREAS BEST PANCAKES

Pancakes • Crepes • Omelettes
Waffles • Gluten Free Pancakes

LUNCH & SENIOR MENUS - Monday thru Friday



New Falls Church Location!

FALLS CHURCH • 7395 Lee Highway • 703-698-6292

BETHESDA • 7700 Wisconsin Ave. • 301-986-0285

ROCKVILLE • 12224 Rockville Pike • 301-468-0886

FREE PARKING ALL LOCATIONS!

www.ophrestaurants.com

Find us on facebook



OPINION

A Few Days Left To Register To Vote

Vote now, who knows what Election Day could bring.

The turnout was so miniscule for Primary Election Day that you might not remember that it was also Earthquake Day, and that if you were planning to vote when you got home from work, you probably wouldn't have had the chance. Traffic came to a halt, and many commutes took many hours.

Imagine what would happen if we had a repeat of a historic early snow: On Nov. 11, 1987, a foot of snow fell at National Airport. On Nov. 6 and 7, 1953, this area had more than seven inches of snow, according to the National

Weather Service. Seven inches fell in November, 1938. In November, 1904, the area had three inches of snow; November 1910, the area had five inches of snow.

So far, 2011 has been a year of extremes, so is it worth preparing for the great Election Day blizzard? Or possibly just the great Election Day traffic jam?

You can vote in person from now until Nov. 5 if you think that there is any chance you could be away from home for 10 hours on Election Day. Remember that some people spent 10 hours on the GW Parkway one day last winter.

There are only a few days left to register to vote to participate in the Nov. 8 general election if you have not already done so.

Some important dates to remember: Monday, Oct. 17, 2011 is the deadline to register to vote, either in person or mailed registration postmarked by that date to vote in the

Nov. 8 General Election.

Tuesday, Nov. 1 is the deadline to apply for an absentee ballot by mail.

Saturday, Nov. 5 is the last day to vote early, absentee ballot in-person.

Tuesday, Nov. 8 is Election Day.

For more election information: Alexandria Board of Elections, 703-746-4050, <http://alexandriava.gov/Elections>

Fairfax County Board of Elections, 703-324-4700, www.fairfaxcounty.gov/eb/

Arlington Board of Elections, 703-228-3456, <http://www.arlingtonva.us/departments/voterregistration/voterregistrationmain.aspx>

City of Fairfax General Registrar, 703-385-7890, <http://www.fairfaxva.gov/Registrar/GeneralRegistrar.asp>

— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM, ON TWITTER @MARYKIMM

EDITORIAL

LETTERS TO THE EDITOR

Groundless Fears

To the Editor:

In a recent candidates' forum, Dranesville Supervisor John Foust called the completion of Phase II of the Silver line to Dulles Airport crucial to our region's economic health. Recently, controversy has arisen over the proposal to mandate the use of a Project Labor Agreement ("PLA") by the lead contractor for Phase II of the Metro extension project. As someone familiar with the use of PLAs, I can tell you that the use of a PLA is in all of our best interest, and questions over the use of this labor agreement must not be allowed to slow down or stop Phase II of this project.

PLAs are pre-hire collective bargaining agreements that set wage and benefit rates for a specific project. They are increasingly common for large, complex construction projects to ensure that they are built safely by a trained workforce within budget and on schedule. Criticism of these agreements has centered on three points: that the PLA will discriminate against non-union workers, discourage competition, and increase costs. Phase I of the Dulles Rail project gives ample evidence that these fears are groundless.

The fact is that PLAs do not require union membership and are not in conflict with Virginia's right to work laws. In fact, both union and non-union labor are being used on Phase I. The agreement merely sets the standards and ground rules for bidding on the project.

The fact is that PLAs do not discourage competition. Studies

show that non-union contractors can and do bid on PLA projects and win them. By setting competitive wage and benefit rates, PLAs make it easier for contractors to attract and retain skilled labor for the duration of the project.

The fact is that PLAs do not add costs, in fact they keep the project on time and on budget (even, in some cases, under budget). As Phase I has shown, PLAs' set ground rules prevent expensive cost overruns, and provide a safe and stable work force that mitigates against costly delays. However, if you want to compare Phase I with another local, non-PLA construction project, you need only look at the Springfield Bypass project, which was 300 percent over budget, years late, and involved multiple worker fatalities.

By mandating the use of a PLA, the Metropolitan Washington Airports Authority ("MWAA") is attempting to do what we all want: ensure that this crucial project will be completed safely, in a timely manner, and within budget. The MWAA's experience with Phase I has shown that a PLA is essential to that goal. The PLA is good for local workers, and by extension, for the local economy. PLAs are also commonly known as "Community Workforce Agreements," because they funnel money back into the community in the form of family-supporting jobs, skill training and apprenticeships. This is not a partisan Republican or Democratic issue, it is about efficiency. The inclusion of a PLA for Phase II is fiscally responsible, and taxpayers deserve nothing less.

Joseph Guerrieri Jr.
McLean

Standard of Excellence

To the Editor:

A recent editorial, "A Lesson in Civil Discourse?" [Connection, Sept. 21-27, 2011], urged voters to put emotions aside and take a thoughtful look at the candidates in the hotly contested Fairfax County School Board race. The education of our children is of utmost importance to all of us, and for that reason alone School Board elections should receive a lot of our attention. We all want our School Board to listen to parent concerns and find workable solutions to the problems facing our schools. If you do as the editorial suggests and examine her record, you will find that Dranesville district candidate Janie Strauss has been doing just that for years, and I urge you to keep her on the School Board.

During the past year, anger seems to have overshadowed what should be a serious discussion about composition of the School Board and its future direction. As the editorial notes, with half the Board leaving office and with the Superintendent having given notice of his retirement, we are presented with "an opportunity for real and meaningful change." I would add the caveat that change must be "meaningful" to be productive. With the Board undergoing so much turnover at once, experience and ability will be more important than ever to ensure that our Fairfax County schools remain the gold standard of excellence.

Plain and simple: Fairfax County schools could not have reached their current level of excellence

without the help of the School Board. Janie Strauss has repeatedly proven her willingness to listen and ability to work the system to benefit the whole community, not just those with the loudest voices. For just one example: Janie Strauss was the first to meet with the parents proposing the changes to the grading system, which became known as Fairgrade. She not only shepherded their idea through the system to adoption, but also made sure that the new system was implemented in time for seniors' college applications that very year.

To reiterate the advice given in the editorial, take the time to investigate the candidates for School Board. Vote for ability, thoughtfulness, leadership, and experience. In Dranesville, the choice is clear: vote for Janie Strauss.

Eric Boll
Herndon

Write

The Connection welcomes views on any public issue.

The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors. Send to:

Letters to the Editor
The Connection
1606 King St.
Alexandria VA 22314
Call: 703-778-9410.
By e-mail:
mclean@connectionnewspapers.com

THE CONNECTION

www.ConnectionNewspapers.com

Newspaper of
McLean

An independent, locally owned weekly newspaper delivered to homes and businesses.

1606 King Street
Alexandria, Virginia 22314

Free digital edition delivered to your email box
Email name, mailing & email address to goinggreen@connectionnewspapers.com.

NEWS DEPARTMENT:
To discuss ideas and concerns,
Call: 703-778-9410
e-mail:
mclean@connectionnewspapers.com

Kemal Kurspahic
Editor ♦ 703-778-9414
kemal@connectionnewspapers.com

Alex McVeigh
Community Reporter
703-778-9441
amcveigh@connectionnewspapers.com
[@AMcVeighConnect](https://twitter.com/AMcVeighConnect)

Nick Horrock
County & Projects
nhorrock@connectionnewspapers.com

Rich Sanders
Sports Editor ♦ 703-224-3031
rsanders@connectionnewspapers.com

ADVERTISING:

To place an advertisement, call the ad department between 9 a.m. and 5 p.m., Monday - Friday.

Display ads 703-778-9410
Classified ads 703-778-9411
Employment ads 703-778-9413
e-mail:
sales@connectionnewspapers.com

Trisha Hamilton
Display Advertising
703-778-9419
trisha@connectionnewspapers.com

Andrea Smith
Classified Advertising
703-778-9411
classified@connectionnewspapers.com

Barbara Parkinson
Employment Advertising
703-778-9413
classified@connectionnewspapers.com

Editor & Publisher
Mary Kimm
703-778-9433
mkimm@connectionnewspapers.com
[@MaryKimm](https://twitter.com/MaryKimm)

Editor in Chief
Steven Mauren
Managing Editors
Michael O'Connell, Kemal Kurspahic
Photography:
Louise Krafft,
Craig Sterbutzel
Art/Design:
Geovani Flores, Laurence Foong, John Heinly, John Smith
Production Manager:
Jean Card

CIRCULATION: 703-778-9426
Circulation Manager:
Linda Pecquex
circulation@connectionnewspapers.com

CONNECTION NEWSPAPERS, L.L.C.
Peter Labovitz
President/CEO

Mary Kimm
Publisher/Chief Operating Officer
mkimm@connectionnewspapers.com

Jerry Vernon
Executive Vice President
jvernon@connectionnewspapers.com

Wesley DeBrosse
Controller
Debbie Funk
National Sales
703-778-9444
debfunk@connectionnewspapers.com

Jeanne Theismann
Special Assistant to the Publisher
703-778-9436
jtheismann@connectionnewspapers.com
[@TheismannMedia](https://www.TheismannMedia.com)

NEWS

Evans Farm, Then and Now

On Tuesday, Oct. 4, Caroline Evans Van Wagoner, honorary host and chairperson of this year's Holiday Homes Tour at Evans Farm, presented a talk to the Woman's Club of McLean, sponsors of the tour.

Van Wagoner, the daughter of the former owners of the farm, detailed the changes and developments there since her father purchased the property more than 60 years ago. Evans Farm, located between Chain Bridge Rd. and Dolley Madison Blvd., and the restaurant and gift shop built there later, were highly popular with residents of McLean and northern Virginia.

The farm was sold in 1999 and converted into a private residential community, which will open its



Caroline Evans Van Wagoner addressing the Woman's Club of McLean.

gates to the public for the first time on Thursday, Dec. 1, for the Homes Tour. For more information, visit the Woman's Club website, www.mcleanwc.org.

We Focus Not on What's Lost, But What There Is to Gain

Memory Support at The Sylvestery

At The Sylvestery, we discover what is active and alive in each resident—and use it to enrich everyday life. Our award-winning layout enables residents with memory loss to move about freely through a continuous walkway, while courtyards afford secure outdoor experiences. New technologies and specially designed activities ensure residents get the most from every day—and that you can enjoy just being a loved one again.

The Sylvestery

Making Every Moment Count



The Sylvestery – A Vinson Hall Retirement Community Residence

Call **703.970.2700** or visit www.thesylvestery.org • 1728 Kirby Road, McLean, VA 22101

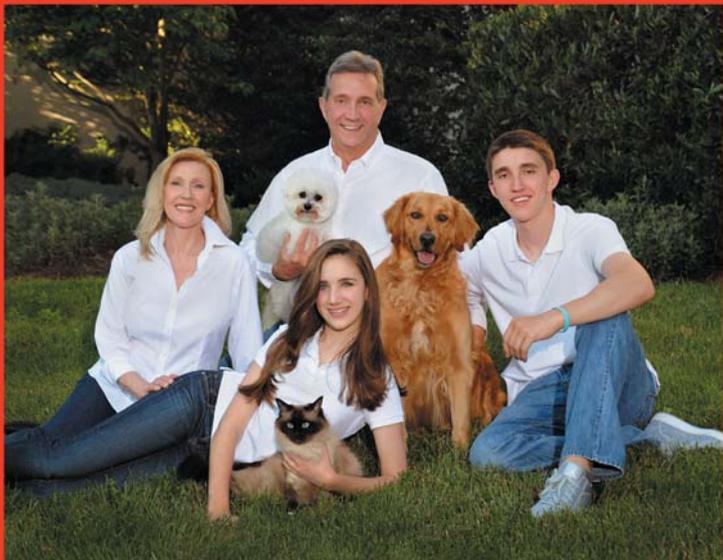


No military affiliation necessary



HILL Signature
Portraits **25 free**
personalized holiday cards
with any portrait purchase

offer expires November 15, 2011



HILL Signature
Portraits

1137 Walker Rd., Great Falls, Virginia

703-759-9550

Looking for Inspiration for your Kitchen or Bath Remodel?

Join us for a FREE seminar.
Remodeling Your Kitchen or Bathroom.

Presented by Case Design/Remodeling

Find inspiration for your kitchen or bath remodel. Explore the latest design trends, see examples of what others are doing, learn how to prepare for your remodel, and gain a better understanding of budgeting.

Sat., Oct 15th from 10:30 am to 12:30 pm.

Case Office - 4701 Sangamore Road, North Plaza, Suite 40, Bethesda MD. (10 minutes from the Chain Bridge)

and
Thos. Somerville Company, 6535 Arlington Boulevard, Falls Church, VA.

A catered lunch will be provided, but space is limited, so reserve your spot today!

CASE
DESIGN/REMODELING, INC.

To get a complete list of our other remodeling seminar topics or to RSVP visit CaseDesign.com/Seminar or call 703-667-7397.

CELEBRATE Creativity!

Take a free journey through Great Falls, VA
At the 8th Annual Great Falls Studios Tour
October 15 & 16, 10:00 am – 5:00 pm

Meet 48 artists where they create. Drive back roads of Great Falls to explore studios in barns, rustic houses, historic outbuildings, contemporary homes and other unique settings. See art demos. Buy art. Family-friendly. Download a Tour map today at www.GreatFallsStudios.com. You can also register on our website to win one of twenty \$50 gift certificates.



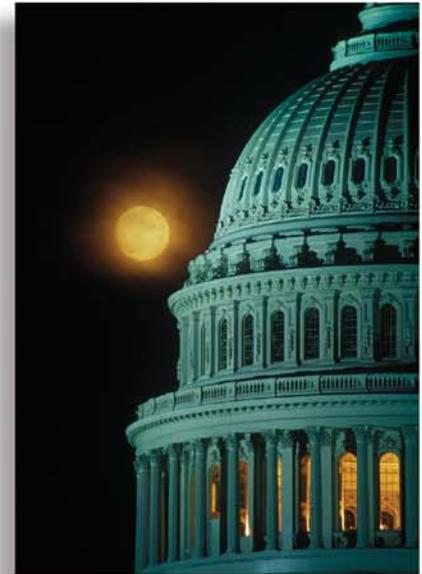
PAINTING



SCULPTURE



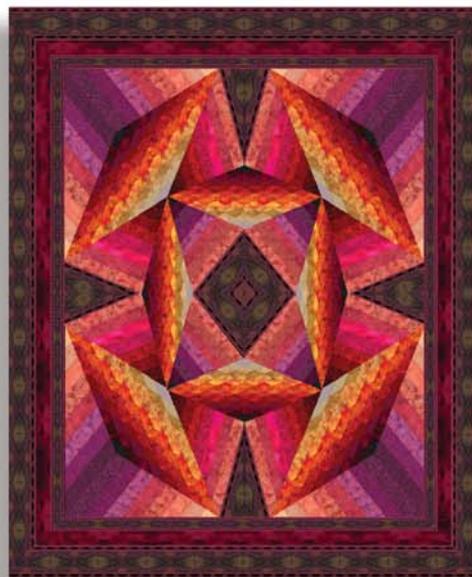
JEWELRY



PHOTOGRAPHY



POTTERY



QUILTS



WEARABLE ART

Presented by:



Great Falls Studios
Artists serving the community

Sponsored by:



SUN DESIGN
Design. Remodel. Relationships.



Salon Daniel team at their 20th anniversary party in McLean (owner Daniel Bechara, back, center).

Salon Daniel Raises \$3,000 for Becky's Fund

Salon Daniel of McLean, the hair salon sponsor for the upcoming Becky's Fund "Walk This Way" Fashion Show, raised more than \$3,000 at their silent auction and 20 year-anniversary party. All monies go toward Becky's Fund, a non-profit organization focused on domestic and dating violence awareness and education. For more information call 703-893-5000 or visit www.salondaniel.com.

The Becky's Fund Walk This Way Fashion Show is scheduled for Wed., Nov. 2

at the Andrew Mellon Auditorium in Washington, D.C., featuring hair and fashion from different eras. Salon Daniel is the sole hair salon sponsor that will be styling 20 models' hair during the fashion show, and will also be providing 300 VIP gift bags containing hair care items for fashion show guests. In honor of their 20th anniversary, Salon Daniel will be offering 20 percent off haircuts for all new clients and with an additional 20 percent donated to Becky's Fund, valid Nov. 1 through Dec. 31, 2011.

Jack Joseph Torregrossa, 95, Dies

Jack Joseph Torregrossa, Nov. 2, 1915-Dec. 15, 2010, was born in upstate New York, the son of immigrant parents, Joseph and Mary from Southern Italy. He was one of nine children. His youngest brother Sam Torregrossa survives him.

He married Lila Mae Williams in March 1940. Mary Ann Torregrossa and twin sisters Diane Forbus and Carolyn Lee Hagaman were born in 1941 and 1948. Mary Ann resides in McLean. Diane resides in Alabama with her husband Robert Forbus.

Carolyn went to Heaven on June 1, 2010, and her husband, Craig Hagaman, lives in Berryville, Va. Jack had five grandchildren.

Jack Torregrossa was a well-known jazz musician when he met his future wife in Washington, D.C. He loved playing his trumpet and entertaining folk all through his life.

He repaired watches and played music and later became a notable home builder

in the 1950s through the 1970s in McLean. The couple retired when he was 59 and they traveled for 25-plus years seeing every state in the United States including Hawaii and Alaska.

Jack Torregrossa had a stroke after open-heart surgery 17-plus years ago and lost most of his ability to speak and the use of his right arm. For the past eight years, he and Lila Mae resided in Alabama living next door to Diane. He died at home.

Jack Torregrossa loved his family and his work. He was a faithful father and husband. He had many friends who will cherish his memory.

The memorial service took place on Feb. 13, at St. Dunstan's Episcopal Church in McLean. Music was provided by harpist Margel Snead and opera singer Rosa Sadowski.

Donations in his honor may be sent to Bibles, Unlimited, 6603 Fairlawn Drive, McLean, VA 22101, for the purpose of purchasing bibles in all languages.

It's a great day to be a **KNIGHT!**



Spend a day at
O'CONNELL

Where Tradition Transforms

- ◆ Exceptional college-prep curriculum
- ◆ Supportive, Catholic environment
- ◆ Diverse, welcoming community
- ◆ Dynamic global leadership program
- ◆ Passionate faculty dedicated to individual student success
- ◆ Comprehensive arts, athletics, and extracurricular offerings

6600 Little Falls Road, Arlington, Virginia 22213 | 703-237-1433

www.bishopoconnell.org/shadow

Fall Open House: Sunday, October 23, 1:00-3:00 p.m.



Pasha Cafe

3911 Lee Highway • Arlington, VA
703.528.1111

Come & Try Our Mediterranean Specialties
Plus Our New Menu Items

October Dinner Special

Baked Shrimp Stuffed with Crabmeat,
served with Vegetable Kabob
Basmati Rice, Pineapple Salsa
and Lobster Ginger Sauce

\$5 OFF Lunch with the
purchase of two
entrées

\$8 OFF Dinner with the
purchase of two
entrées

Not valid with other offers.
Valid one per table. Expires: 11/15/11



Billy's
Cheesesteaks

NOW OPEN
Billy's Cheesesteaks

3907 Lee Hwy Arlington
703-527-7733

Home Life Style

The Next Generation of Green Living

Cutting edge green home design emerges in the region.

BY MARILYN CAMPBELL
THE CONNECTION

Imagine a home that is so well insulated that a furnace is obsolete. Picture the elimination of rooms that run hot during the summer and basements and tile floors that are frosty during the winter. Visualize trimming your energy bill by 90 percent.

Meet the passive house, dubbed the next generation of green living, and named one of the top green building trends of 2011 by the Earth Advantage Institute, a nonprofit organization that promotes sustainable building practices.

The region's first passive house, a five-bedroom, four-and-a-half bathroom home in Bethesda, was designed by Alexandria-based architect David Peabody of Peabody Architects and built by Potomac-area builder Brendan O'Neill Sr. of O'Neill Development. The home, which sold recently, had a price tag of \$1.4 million.

"This home gets all the heat it needs on the same amount of energy it would take to run two hairdryers," said Peabody. "We

wanted to demonstrate that an approach that reduces basic energy demand is far more cost-effective than an approach that relies on adding expensive technology."

The project began when Peabody, an award-winning pioneer of green architecture, approached O'Neill. Skeptical at first, O'Neill and his son Brendan O'Neill Jr. flew to Illinois to tour the first passive house ever built in the U.S.

"As luck would have it, my son and I arrived during a snow storm," said O'Neill. "We were blown away by the warmth and temperate conditions inside that house. It was incredible. We said, if this is what a passive house can do under extreme conditions, we're going to try one."

MOUNT VERNON-based architect Christine Kelly of Crafted Architecture and Falls Church-based contractor Tom Chapa of Potts and Chapa Construction, Inc. incorporated passive solar design into the recent renovation of the Mount



PHOTO BY ANICE HOACHLANDER/O'NEILL DEVELOPMENT

Architect David Peabody and builder Brendan O'Neill Sr. incorporated green design into this home's plans.

"This home gets all the heat it needs on the same amount of energy it would take to run two hairdryers."

- David Peabody, Peabody Architects

during the demolition, salvaged it and then designed a new sunroom with large windows that are facing south so that as the sun comes into the room, the floor is heated and retains heat and makes it a very comfortable space in the winter time without the use of mechanical systems. A stone floor can be designed to collect heat during the day and then radiate it into the room at night to help keep the space warm."

The Hinsons noticed a difference. "As the weather got chilly and it was going down into the high-40s at night recently, we didn't have to turn our heater on at all. The house never got below 71 degrees," said Enid Hinson.

The Hinsons' remodel received a National Green Building Certification from the National Association of Home Builders (NAHB) for meeting NAHB green building standards.

"A green certification is not necessarily a certification that comes with a ton of expenses," said Chapa. "The important thing about certifying a project green is

building smart, not necessarily building expensive. The green inspection is basically certifying that all of the applications [e.g., windows, insulation and duct work] are done tight, efficiently and without any air gaps so that everything can perform at its optimal level."

Kelly says that when it comes to green design, she begins with the basics. "I like taking what was already in the house and repurposing it that so that a lot of materials don't go into the landfills. And then I like to move to insulating. Not only do I like to insulate the new addition, but I like to go back and examine the existing house and figure out how to make that

SEE BENEFITS, PAGE 14



PHOTO BY MARILYN CAMPBELL

Alexandria architect David Peabody designed the Washington-region's first passive house. The home runs on 90 percent less energy than a traditional home.

WWW.CONNECTIONNEWSPAPERS.COM

WWW.CONNECTIONNEWSPAPERS.COM



FAIRFAX SYMPHONY ORCHESTRA
Christopher Zimmerman | Music Director

World Premiere!

Saturday, October 22, 2011
8:00 pm

GMU's Center for the Arts, Fairfax



Christopher Zimmerman,
Conductor
Alturas Duo,
viola, guitar and charango
Javier Farias,
composer



SIBELIUS: *Tapiola*

FARIAS: *Concierto de los Andes* –World Premiere
Alturas Duo

BEETHOVEN: *Symphony No. 3, "Eroica"*

Tickets: 888-945-2468 or
www.fairfaxsymphony.org

TWO REMODELED HOME TOURS IN
GREAT FALLS!

Saturday & Sunday, Oct. 15 & 16
Open 10am - 5pm Daily



9250 Wood Glade Drive

Come view a remodeled gourmet kitchen and stunning master bathroom. Homeowner and artist, Robert Gilbert, will be showcasing his artwork with the Great Falls Studios Art Tour.

608 Brockman Court

Tour a finished basement featuring a home theatre room, home gym, entertaining space to include a wet bar, guest suite, and powder room.

Special Thanks to Our Sponsors:



CLOSETS • GARAGES • PANTRIES
Todd Carter
703-707-0009



Sandra Hambley
703-599-0648

Sun Design is sole sponsor of the 2011 Great Falls Studios Art Tour, a self-guided, free tour to view local artwork. Information on the tour will be available at each remodeled home.

SUN DESIGN

design/build | additions | kitchens | baths | basements | outdoor spaces
703-425-5588 SunDesignInc.com info@SunDesignInc.com



PHOTO COURTESY OF CRAFTED ARCHITECTURE

Mount Vernon architect Christine Kelly of Crafted Architecture designed an addition for the Fairfax County home of Enid and Laing Hinson. She salvaged stone from the original home and incorporated it into the new design and used large, energy efficient windows to maximize the natural light. Passive solar energy contributes to the comfort of the home.

Vernon home of Enid and Laing Hinson. The Hinsons had lived in their home in their Mount Vernon neighborhood for 20 years when they decided that it was time to remodel. The couple decided to go green.

"We've always been interested in recycling, and we also knew that we would be living in this house for the next 20 years, so the additional cost that we might have incurred to ensure that it was energy efficient was probably going to be worth it to us in the long run," said Enid Hinson.

"[Passive solar design entails] designing walls, windows and floors to collect or reflect solar energy and then distribute it as heat during the winter months and shade against the heat in the summer months," said Kelly. "[The Hinsons] had a sun room that had a slate floor, and we took up that slate

"I like taking what was already in the house and repurposing it that so that a lot of materials don't go into the landfills."

- Christine Kelly, Crafted Architecture, Mount Vernon

Renovate your Lifestyle

BEFORE

From early planning to the family dinner,

we pride ourselves on being the *single point of contact* for your home improvement. BOWA transforms houses into homes™ through the design and construction of luxury renovations and additions. As your single point of accountability from the earliest stages of planning, we execute and manage the entire design and construction process and your overall experience. So, when you have a project of any size in mind, call BOWA first.

BOWA
Transforming Houses into Homes

Patricia J. Tetro
Principal
703-734-9050

DESIGN & CONSTRUCTION • RENOVATIONS & ADDITIONS • PURCHASE CONSULTATIONS

www.bowa.com

OPEN HOUSES

SATURDAY/SUNDAY, OCTOBER 15 & 16



9314 Robnel Place, Vienna • \$765,000 • Open Sunday 1-4 p.m.
Paula Stewart, Weichert Realtors, 703-408-5854

When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper. For more real estate listings and open houses, visit www.ConnectionNewspapers.com & click the Real Estate links on the right side.

Call Specific Agents to Confirm Dates & Times.

Arlington

4951 14th Street South.....\$679,000...Sun 1-4...Cathy & John McCambridge.....Samson Props.....703-906-7067

Clifton

12411 Clifton Hunt Dr.....\$899,000...Sun 1-4.....Ann Grainger.....Long & Foster.....703-503-1870
6800 Glencove Dr.....\$664,900...Sun 1-4.....Dan Mleziva.....Jobin.....703-380-9915

Fairfax Station

7514 Wilderness Way.....\$845,000...Sun 1-4.....Marguerite Roland.....RE/MAX.....703-577-4538
9740 South Park Cir.....\$839,950...Sun 1-4.....Kathleen Quintarelli.....Weichert.....703-862-8808

Herndon

2478 Curie Ct #12.....\$329,000...Sun 1-4.....Gina Tufano.....Keller Williams.....703-574-3478
3243 Betsy Ln.....\$699,900...Sun 1-4.....Maureen Amendola.....Long & Foster.....703-437-3800

Leesburg

43672 August National Terr. \$575,000...Sun 1-4...Cathy & John McCambridge.....Samson Props.....703-906-7067

Lorton

8931 Wells Rd.....\$674,900...Sun 2-4.....Pat Fales.....RE/MAX.....703-503-4365

McLean

1497 Teague Dr.....\$1,788,500...Sun 1-4.....Pat Buck.....McNearney.....703-395-9625

Oak Hill

3154 Mary Etta Lane.....\$1,493,850...Sun 1-4.....Keith Harris.....Samson Props.....703-395-6601

Oakton

3101 Fox Mill Rd.....\$635,000...Sun 1-4.....Liz Abele.....Long & Foster.....202-364-5200
10212 Walkerton Ln.....\$639,000...Sun 1-4.....Barbara Guynn Johnson.....Long & Foster.....703-790-1990

Reston

1352 Heritage Oak Way.....\$520,000...Sun 1-4.....Chris Finan.....Long & Foster.....703-472-1014
1535 Woodcrest Dr.....\$299,990...Sun 1-4.....Teresa Kidwell.....Century 21.....703-818-0111

Sterling

20414 Cliftons Point St.....\$699,000...Sun 1-4.....Gina Tufano.....Keller Williams.....703-574-3478
20672 Carnwood Ct.....\$529,000...Sun 1-3.....Betty Westerlund.....Keller Williams.....540-845-7247
47433 Middle Bluff Pl.....\$724,900...Sun 1-4.....Gina Tufano.....Keller Williams.....703-574-3478

Vienna

2331 Jackson Pkwy.....\$625,000...Sun 2-4.....Micah Corder.....Washington Fine Props.....703-506-1100
1709 Landon Hill Rd.....\$1,129,000...Sun 1-4.....Carmen Perry.....Long & Foster.....703-447-2481
1809 Dawson St.....\$739,000...Sun 1-4.....Bettina Dee.....Premier Realty.....703-748-0001
1826 Saint Roman Dr.....\$670,000...Sun 1-4.....Yanji Lama.....ERA.....703-359-7800
9314 Robnel Pl.....\$765,000...Sun 1-4.....Paula Stewart.....Weichert.....703-408-5854
9624 Prelude Court.....\$699,000...Sat 1-4.....Diana LeFrancois.....Century 21.....703-930-6682

To add your FREE Realtor represented Open House to these weekly listings, please contact Trisha at 703-778-9419, or trisha@connectionnewspapers.com
All listings are due by Monday at 3 P.M.

HomeLifeStyle



PHOTOS BY MARILYN CAMPBELL

The first passive home in the Washington region runs on the energy it would take to run two hairdryers, says architect David Peabody, who designed the house.

Benefits of Green Design

FROM PAGE 13

just as tight as well.”

The Hinsons were pleased that they did not have to compromise aesthetic appeal for energy efficiency. “Our house is not bigger; it is just flows better,” said Enid Hinson. “The windows are really energy efficient. We have the [George Washington Parkway] behind our house, and if the doors and windows are closed we cannot hear the traffic noise at all.”

O’NEILL SAID his one condition was that the design of the passive house be consistent and compatible with the rest of the homes in the neighborhood. “David hit a home run. We would not have proceeded if the style had not fit in with the others architecturally. It is designed as an integrated system, with site, energy, ventilation, air quality, humidity, health and comfort all taken into account. And yes, you can open the windows.”

Peabody, who is now designing smaller and less expensive passive house models, acknowledges that such homes are more costly to build. “But we’re finding that the marginally higher costs of construction are more than offset by savings in monthly energy bills,” said Peabody. In fact, he says, affordable housing organization Habitat for Humanity is building a passive house in the Washington, D.C., area.

Even though the home is airtight, it is well ventilated. “During heating and cooling seasons, when you don’t want to open the windows, there is an imperceptible but constant flow of fresh air to all the living spaces and exhaust air from all the bathroom and kitchen spaces. Air essentially makes a one-way trip through the house, as opposed to being churned around and around as with standard heating and cooling systems,” said Peabody.

While there are only 23 passive houses in the U.S., in Europe more than 20,000 homes, apartments, offices and schools have been built to passive house standards.



“The important thing about certifying a project green is building smart, not necessarily building expensive.”

- Tom Chapa, Potts and Chapa Construction

Although solar orientation is a factor, it is not the same as a passive solar house. Instead, it uses a robust building envelope to achieve as much as 90 percent savings in energy use.

While the passive house concept is still emerging, passive solar design is more prevalent in the region. Solar orientation is a factor in both, but the passive house uses a building envelope to save energy.

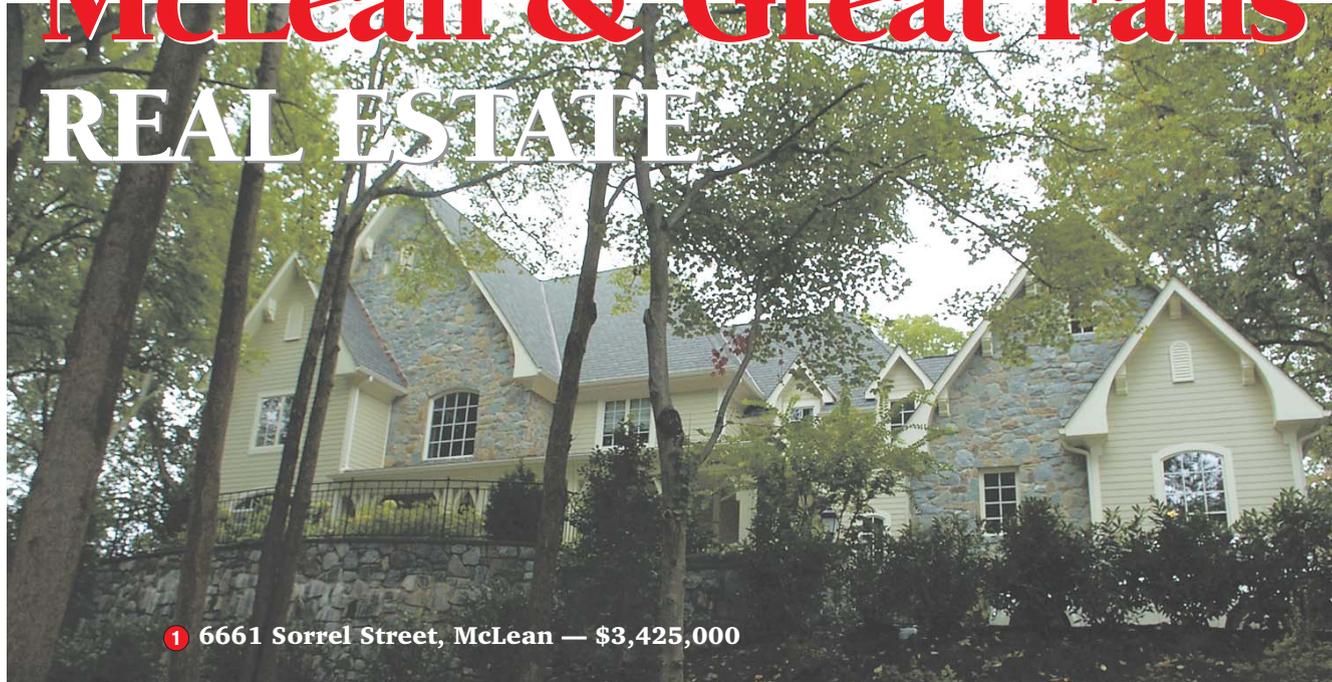
McLean & Great Falls

REAL ESTATE

PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION

Top Sales in August

IN AUGUST 2011, 119 HOMES SOLD BETWEEN \$3,425,000-\$158,000 IN THE MCLEAN, GREAT FALLS AND FALLS CHURCH AREA.



1 6661 Sorrel Street, McLean — \$3,425,000



3 7811 Langley Ridge Road, McLean — \$2,300,000



5 7101 Elizabeth Drive, McLean — \$2,201,200



11 754 Ellsworth Avenue, Great Falls — \$1,565,000

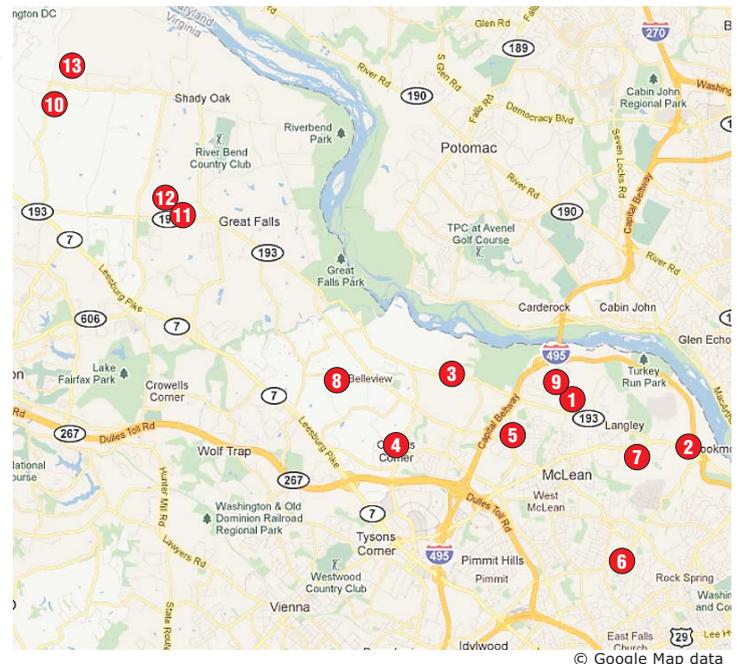


8 1172 Windrock Drive, McLean — \$1,810,000



12 10351 Carol Street, Great Falls — \$1,550,000

Address	BR	FB	HB	Postal City	Sold Price	Type	Lot AC	Postal Code	Subdivision	Date Sold
1 6661 SORREL ST	6	7	2	MCLEAN	\$3,425,000	Detached	0.76	22101	LANGLEY FOREST	08/31/11
2 831 DOLLEY MADISON BLVD	8	7	1	MCLEAN	\$2,800,000	Detached	0.98	22101	CUSTOM BUILT MASTERPIECE	08/01/11
3 7811 LANGLEY RIDGE RD	6	6	3	MCLEAN	\$2,300,000	Detached	1.05	22102	LANGLEY RIDGE	08/05/11
4 8302 FOX HAVEN DR	4	5	2	MCLEAN	\$2,220,000	Detached	0.83	22102	FOX HALL OF MCLEAN	08/29/11
5 7101 ELIZABETH DR	6	6	1	MCLEAN	\$2,201,200	Detached	0.39	22101	HANSBOROUGH	08/10/11
6 1917 FRANKLIN AVE	5	4	1	MCLEAN	\$1,963,725	Detached	0.33	22101	FRANKLIN PARK	08/31/11
7 1235 MEYER CT	6	7	2	MCLEAN	\$1,850,000	Detached	0.55	22101	EVERMAY	08/17/11
8 1172 WINDROCK DR	5	5	2	MCLEAN	\$1,810,000	Detached	1.74	22102	FOSTER ESTATES	08/05/11
9 813 CARRIE CT	6	4	1	MCLEAN	\$1,740,000	Detached	0.84	22101	LANGLEY FOREST	08/30/11
10 11385 SENECA KNOLL DR	6	5	1	GREAT FALLS	\$1,600,000	Detached	1.73	22066	SENECA KNOLL	08/31/11
11 754 ELLSWORTH AVE	6	5	1	GREAT FALLS	\$1,565,000	Detached	0.71	22066	GREEN ACRES	08/15/11
12 10351 CAROL ST	5	4	3	GREAT FALLS	\$1,550,000	Detached	1.72	22066	TIMBER POINTE	08/19/11
13 11209 RICHLAND GROVE DR	5	5	1	GREAT FALLS	\$1,470,000	Detached	5.06	22066	SENECA FARMS	08/05/11



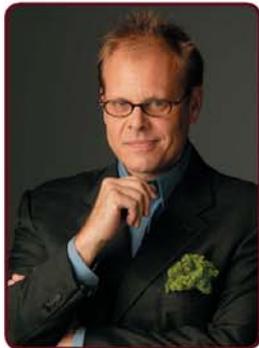
SOURCE: MRIS, INC. FOR MORE INFORMATION ON MRIS, VISIT WWW.MRIS.COM



**McLean
Community
Center**
The Center of It All



Here's What's Happening at MCC



McLean Uncorked

Saturday, Oct. 15
Tastings & Festival Hours, 10 a.m.-5 p.m.
Wine-and-Dine-Around, 5-10 p.m.
Free Admission
Wine Taster's Wristband: \$30

Here's your chance to learn about wines from **around the world**. Featuring, Food Network's Own "Gastrophysicist" Alton Brown and Special Guest Bob Kinkead of Kinkead's Restaurant.

Fish & Explore Trip

Saturday, Oct. 15, 12:45-8:30 p.m.
\$130/\$110 tax district residents

Catch fish on the Chesapeake Bay with our Coast Guard-certified charter captains.

Old Firehouse Teen Center 21st Annual Block Party

Saturday, Oct. 22, 11 a.m.-4 p.m.
Free Admission

With live entertainment, amusements, food concessions and the first ever "McLean Teens Got Talent Show," it's sure to be a blast!

Concerts at The Alden Amy Yang, pianist

Sunday, Oct. 23, 3 p.m.
Free admission

The Alden, Professional Series Scott Ainslie in Concert

Saturday, Oct. 29, 8 p.m.
\$20, \$15 tax district residents

Ainslie brings the African and American roots, history and bare soul of blues music alive.

The McLean Community Center



703-790-0123, TTY: 711
www.mcleancenter.org



ENTERTAINMENT

Send announcements to mclean@connectionnewspapers.com. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com

THURSDAY/OCT. 13

Todd Wright & Friends: A Retrospective featuring members of the Excentrics, The Getaway Car and West Goes East. 8 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. www.jamminjava.com.

Enter the Haggis. 8 p.m. The Barns at Wolf Trap, 1635 Trap Road, Vienna. A Canadian indie/Celtic-rock world-fusion band. \$20. www.wolftrap.org.

FRIDAY/OCT. 14

HoneyHoney and Joshua James. 6:30 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. www.jamminjava.com.

"Auntie Mame." 7:30 p.m. James Lee Community Center Theater, 2855 Annandale Road, Fall Church. An eccentric aunt introduces her nephew to a life of madcap parties, silly escapades and more. \$128 adults, \$15 students and seniors. www.providenceplayers.org or 703-425-6782.

Friday Afternoon Chess Group. 1 p.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Players of all levels welcome. No registration necessary. All ages. 703-757-8560, TTY: 711.

The Ahn Trio: BraziliAhn. 8 p.m. The Barns at Wolf Trap, 1635 Trap Road, Vienna. Chamber music. \$40. www.wolftrap.org.

Lost Dog & Cat Rescue Adoption Event. 6:30-8:30 p.m. PetSmart, 8204 Leesburg Pike, Tysons Corner. Adoption events every Friday. <http://lostdogrescue.org/> and click on Adoptions.

SATURDAY/OCT. 15

Model Railroad (HO Scale) Open House and Display. 1-5 p.m. Historic Vienna Depot, 231 Dominion Road NE, Vienna. The layout depicts the Western North Carolina Railroad (now a portion of the Norfolk Southern) during the period of transition from steam to diesel. The Open House also features Thomas the Tank Engine and some of his friends. Free, donations accepted. www.nvmr.org or 703-938-5157.

McLean Uncorked: Food and Wine Festival. McLean Community Center, 1234 Ingleside Ave., McLean. With the Food Network's Alton Brown and Washington D.C.'s Chef Bob Kinkead. Seminars, tastings and more. 703-790-0123, TTY 711.

***Wine Tasting and Festival.** 10



The GRREAT Golden Retriever Rescue Charity 3K Walk will begin registration on **Saturday, Oct. 29 at 9:30 a.m.**, with the walk beginning at **10 a.m. from Weber's Pet Supermarket, 11201 Lee Highway, Fairfax.** A portion of the proceeds of every dog's photo taken by **Jim Poor Photography** will benefit **Golden Retriever Rescue Education and Training Incorporated**, a not-for-profit dedicated to finding homes for unwanted, stray, and abandoned Golden Retrievers. **\$20 per human walker. Register online at www.grreat.org/walk. Includes event t-shirt, refreshments, dog treats and door prizes. events@grreat.org.**

a.m.-5:30 p.m. Free general admission. \$40 per person/\$30 tax district residents for wine taster's wristband. Souvenir wine glass included. Wine seminars are priced separately and advance registration is required.

***Wine-and-Dine-Around.** 5-10:30 p.m. \$85 per person/\$75 tax district residents; advance registration is required. Registrants must be 21 years or older.

***Celebrity Presentations in the Alden.** Alton Brown at 1:30-2:30 p.m. and 3:30-4:30 p.m., Chef Bob Kinkead: 11 a.m.-12 p.m. Alton Brown tickets \$57/\$37 MCC district residents; Bob Kinkead tickets \$34/\$24 MCC district residents.

18th Century Autumn Market Fair. 11 a.m.-4:30 p.m. Claude Moore Colonial Farm at Turkey Run, 6310

SEE ENTERTAINMENT, PAGE 17

You Are Entitled to Limitless Good

Discover Spiritual Solutions at the
Christian Science Reading Room

**6825 Tennyson Drive
McLean, VA 22101**

Mon-Sat 10am-2pm _ 703-356-1391
All are warmly welcomed

To learn more about Christian Science visit:
spirituality.com, ChristianScience.com
christiansciencedc.org

*Build Your
Community*

**Support Your
Local Businesses.**

THE CONNECTION
to your community

www.connectionnewspapers.com

ENTERTAINMENT

FROM PAGE 16

Georgetown Pike, McLean. Learn to dip a candle or turn a piece of wood on the carpenter's lathe. Watch a puppet show or make a corn husk doll. See colonial farm family and community members in costume and character as well as turkeys, pigs and other farm animals. Period food and traditional beverages and wares available for purchase. \$6 adults, \$3 children and seniors. 703-442-7557.

Kids Show: Robbie Schaefer, Songs For Kids Like Us. 10:30 a.m. Jammin' Java, 227 Maple Ave. E., Vienna. www.jamminjava.com.

Comedian Wanda Sykes. 8 p.m. George Mason University Patriot Center, 4500 Patriot Circle, Fairfax. \$35-\$45, available online at www.ticketmaster.com or 703-573-SEAT. www.wandasyskes.com or www.patriotcenter.com.

Merrifield Fall Festival. 11 a.m.-4 p.m. Luther Jackson Middle School, 3020 Gallows Road, Falls Church. Food, carnival rides, a fire truck train, face painting, rockwall climb, pumpkin painting, shopping, handmade crafts, and live entertainment. Free admission.

FOHA Variety Sale. 10 a.m.-5 p.m. Vienna Community Center, 120 Cherry St. S.E., Vienna. Antiques, jewelry, silver, crystal and china, handbags, art, small furniture and appliances, glassware and cookware, craft and holiday items, toys, books, DVD's, CD's, linens, pet boutique and more. Proceeds benefit the Friends of Homeless Animals, a no-kill shelter. 703-765-2475 or www.foha.org.

Vale Fair. 12-4 p.m. Vale Schoolhouse, 3124 Foxmill Road, Oakton. Farmers market, artisans, food, agmes, Haunted Woods and more. At 1 p.m. there will be a brief ceremony

recognizing the listing of Vale Schoolhouse on the National Register of Historic Places. Free admission. 703-716-1955.

Rummage Sale. 8 a.m.-1 p.m. The Church of the Good Shepherd, 2351 Hunter Mill Rd., Vienna. Proceeds support local and national charities, including Facets Hot Meals and Stop Hunger Now. www.GoodShepherdVA.com.

English Country Dance. 7:30 p.m. St. Francis Episcopal Church Parish Hall, 9220 Georgetown Pike, Great Falls. All dances are called, as in square dancing, to live music. Dances are taught, new dancers welcome. No partner required. \$10 admission. TheLeesburgAssembly.org or 703-757-8648

"Auntie Mame." 7:30 p.m. James Lee Community Center Theater, 2855 Annandale Road, Fall Church. An eccentric aunt introduces her nephew to a life of madcap parties, silly escapades and more. \$128 adults, \$15 students and seniors. www.providenceplayers.org or 703-425-6782.

Movie Day at the Library. 1 p.m. Tysons-Pimmit Regional Library, 7584 Leesburg Pike, Falls Church. Call for title. Free. Adults. 703-790-8088, TTY: 711.

Getting to Know the Shepherd Center. 10 a.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Information about services, light refreshments. Adults. 703-242-4020, TTY: 711.

Chaise Lounge. 7:30 p.m. The Barns at Wolf Trap, 1635 Trap Road, Vienna. A local jazz collective. \$20. www.wolftrap.org.

Fall Photographers' Field Day. 7 a.m.-7:30 p.m. Meadowlark Botanical Gardens, 9750 Meadowlark Gardens Court, Vienna. Group photo

opportunities or take pictures on your own. The Gardens \$5 admission fee; some activities have additional fees associated. www.nvrpa.org.

Family Fun Literacy Day. 12-3 p.m. Whole Foods Market, 143 Maple Ave. East, Vienna. Characters from PBS Kids "Super Why" TV show, literacy related activities, hands-on activities and a treasure hunt throughout the store with prizes for the first 200 children. 703-242-5680 or www.playwithwords.

SUNDAY/OCT. 16

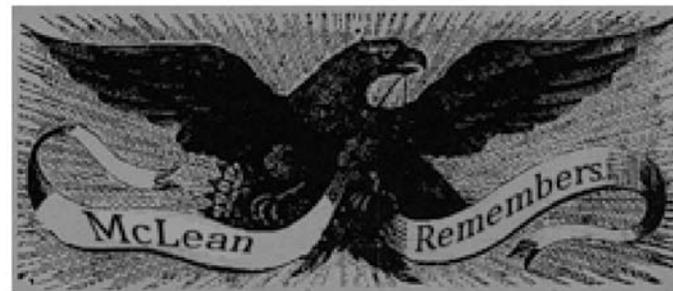
18th Century Autumn Market Fair.

11 a.m.-4:30 p.m. Claude Moore Colonial Farm at Turkey Run, 6310 Georgetown Pike, McLean. Learn to dip a candle or turn a piece of wood on the carpenter's lathe. Watch a puppet show or make a corn husk doll. See colonial farm family and community members in costume and character as well as turkeys, pigs and other farm animals. Period food and traditional beverages and wares available for purchase. \$6 adults, \$3 children and seniors. 703-442-7557.

Paul and Storm. 7 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. www.jamminjava.com.

"Auntie Mame." 2 p.m. James Lee Community Center Theater, 2855 Annandale Road, Fall Church. An eccentric aunt introduces her nephew to a life of madcap parties, silly escapades and more. \$128 adults, \$15 students and seniors. www.providenceplayers.org or 703-425-6782.

Noel Paul Stookey. 7:30 p.m. The Barns at Wolf Trap, 1635 Trap Road, Vienna. Activist, artist, and founding member of Peter, Paul & Mary. \$25. www.wolftrap.org.



the CIVIL WAR ROGER MUDD

Honorary Event Chair and Keynote Speaker

Saturday, October 22 - 11am-5pm

MCLEAN COMMUNITY CENTER

Re-enactors / Interpretive Displays

Lectures / Encampment

Demonstrations / Period Music

**EVERYONE WELCOME
FREE TO ALL**

McLean & Great Falls Celebrate Virginia

Visit These Houses of Worship

Join A Club, Make New Friends, or Expand Your Horizons...

- | | | | |
|--|--|---|--|
| <p>Assemblies of God
Arlington Assembly of God...703-524-1667
Calvary Gospel Church...703-525-6636</p> <p>Baptist
Bon Air Baptist Church...703-525-8079
McLean Baptist Church...703-356-8080
Memorial Baptist Church...703-538-7000</p> <p>Buddhism
The Vajrayogini Buddhist Center
202-331-2122</p> <p>Churches- Catholic
St. Agnes Catholic Church...703-525-1166
Cathedral of St. Thomas More...703-525-1300
Holy Transfiguration Melkite Greek Catholic Church...703-734-9566
Our Lady of Lourdes...703-684-9261
Our Lady Queen of Peace Catholic
703-979-5580
St Ann Catholic Church...703-528-6276
St. Charles Catholic Church...703-527-5500</p> <p>Vatican II Catholic Community
NOVA Catholic Community...703-852-7907</p> | <p>Church of Christ
Arlington Church of Christ...703-528-0535</p> <p>Church of God- Anderson, Indiana
Church of God...703-671-6726</p> <p>Churches-Episcopal
St Andrew Episcopal Church...703-522-1600
St George Episcopal Church...703-525-8286
St Johns Episcopal Church...703-671-6834
St Mary Episcopal Church...703-527-6800
St Michael S Episcopal Church
...703-241-2474
St Paul Episcopal Church...703-820-2625
St Peter's Episcopal Church...703-536-6606
St Thomas Episcopal Church...703-442-0330
Trinity Episcopal Church...703-920-7077</p> <p>Churches Lutheran(ELCA)
Advent Lutheran Church...703-521-7010
Faith Lutheran Church...703-525-9283
German Lutheran Church...703-276-8952
Lutheran Church of The Redeemer
...703-356-3346</p> | <p>Resurrection Lutheran Church
...703-532-5991</p> <p>Churches Lutheran(Missouri, Synod)
Our Savior Lutheran Church...703-892-4846</p> <p>Churches-Nazarene
Arlington First Church of the Nazarene...703-525-2516</p> <p>Church- Brethren
Church of The Brethren...703-524-4100</p> <p>Churches-Baptist
Arlington Baptist Church...703-979-7344
Cherrydale Baptist Church...703-525-8210
First Baptist of Ballston...703-525-7824
Mt. Zion Baptist Church...703-979-7411</p> <p>Churches -Baptist-Free Will
Bloss Memorial Free Will Baptist Church...703-527-7040</p> <p>Churches -Christian Science
McLean-First Church of Christ, Scientist...
...703-356-1391</p> | <p>of Arlington 703-892-2565</p> <p>Churches-United Methodist
Arlington United Methodist Church
...703-979-7527
Trinity United Methodist Church of McLean...703-356-3312
Charles Wesley United Methodist
...703-356-6336
Calvary United Methodist...703-892-5185
Cherrydale United Methodist...703-527-2621
Chesterbrook United Methodist
...703-356-7100
Clarendon United Methodist...703-527-8574
Community United Methodist...703-527-1085
Mt. Olivet United Methodist...703-527-3934
Walker Chapel United Methodist...703-538-5200</p> <p>Churches- United Church of Christ
Bethel United Church of Christ
...703-528-0937
Rock Spring Congregational United Church of Christ...703-538-4886</p> <p>Non-Denominational
New Life Christian Church - McLean Campus
...571-294-8306</p> <p>Metaphysical
Arlington Metaphysical Chapel ...703-276-8738</p> <p>Presbyterian Church in America Churches
Christ Church of Arlington...703-527-0420</p> <p>Synagogues - Conservative
Congregation Etz Hayim...703-979-4466</p> <p>Synagogues - Orthodox
Fort Myer Minyan...703-863-4520
Chabad Lavavitch of Alexandria-Arlington
...703-370-2774</p> <p>Synagogue - Reconstructionist
Kol Ami, the North Virginia Reconstructionist Community ... 571-271-8387</p> |
|--|--|---|--|

Saint Ann Catholic Church

SUNDAY LITURGY SCHEDULE:

Saturday Vigil: 5:30 PM
Sunday: 8:00, 9:30, 11:00 AM
1:30 PM Spanish Liturgy
5312 North 10th Street
Arlington Virginia 22205
Parish Office: (703) 528-6276

DAILY EUCHARIST:

Weekdays
Monday-Friday, 6:30 AM & 8:30 AM
Saturday, 8:30 AM

All Are Welcome!



PARISH WEBSITE:
www.rc.net/arlington/stann

To highlight your Faith Community call Karen at 703-778-9422

21ST ANNIVERSARY

**Saturday,
Oct. 22, 2011**

11 a.m.-4 p.m.

1440 Chain Bridge Rd.
McLean, VA 22101

Free Admission



"McLean Teens
Got Talent"
Talent Show!

1990-2011
21 years of serving the community

Dunk Tank
Human Gyro
Concessions Available
Air Brushed Tattoos
Caricatures • Rock Wall
Moon bounce • Live Music
Old Firehouse Living History Exhibit
Free Popcorn, Cotton Candy
and Snow Cones



OFTC is a satellite program of the McLean Community Center.

703-448-8336 (TEEN)



From
Nursery School
to
Rocket Fuel
A Strategic Curriculum That Prepares
Students To Be Standouts.

Preschool Preview Days
Experience an Early Childhood Class with Your Child

Thurs, Oct 27	Music, 11:30 am – 12:15 pm	Fri, Nov 18	Physical Education, 12:15 – 1 pm
Fri, Nov 4	Science, 12:15 – 1 pm	Fri, Dec 2	Art, 12:15 – 1 pm
Fri, Nov 11	Library Story Time, 12:15 – 1 pm	RSVP: Bethany Baker • bbaker@w-e-s.org	

WASHINGTON EPISCOPAL SCHOOL
Nursery through Grade 8
5600 LITTLE FALLS PARKWAY, BETHESDA, MD 20816
→ (301) 652-7878 → www.w-e-s.org

General Open Houses:
Wed, Oct 19 9:00 am
Fri, Nov 11 9:00 am

PLEASE JOIN US

Open House

October 23
12:00 p.m. to 2:30 p.m.



We lead. We serve. We excel.

Celebrating 50 years as a Catholic college preparatory school for young women, we are committed to helping each student find her individual talents through a creative, challenging and experiential curriculum.

Become a young woman of action!
Visit Connelly School of the Holy Child!

CONNELLY
SCHOOL OF THE
HOLY CHILD

Call us to shadow a student and be a Tiger for a Day!
9029 Bradley Boulevard • Potomac, Maryland 20854 • 301.365.0955

www.holychild.org



An Open Invitation to the Community

Come Visit Our New Offices

Safe Community Coalition
Working together for our youth

Open House

6818 Tennyson Drive, McLean, VA
Tuesday, October 25, 2011 • 5pm-7pm

Light refreshments will be served

703-795-6943 • www.safecommunitycoalition.net

CAMPS & SCHOOLS

Where McLean Teens Hang Out

Friday evening dance at McLean Teen Center.

BY MONIKA BAPNA
THE CONNECTION

At 7 p.m. sharp on Friday Sept. 16 a line began gathering outside the McLean Teen Center comparable to those seen outside glamorous parties in movies: The atmosphere was heavy with excitement, wild chattering and loud voices as the line of seventh, eighth and ninth graders grew longer and longer and a security guard started checking the list to let in the teens who were already members.

There was a separate line for those who were non-members and needed to fill out paperwork to get in. Packs of teenagers stood around as their parents hurriedly filled out forms for them to enter the dance held at the teen center.

This was a typical Friday night dance at the McLean Teen Center, also known as the Old Firehouse Teen Center as the building was used as a firehouse since its construction in the 1990s. It is now the center of teen entertainment in McLean, where sixth, seventh, eighth graders and sometimes older students come after school or during the weekends.

"I come here every week because I like everything here," said Thomas Vaicckauskas, an eighth grader at Longfellow Middle School. "Especially the pool [table] and the air hockey table."

It is not hard to see why he likes "everything." Upon entering, the room opens up to small-scale arcade with video games, a pool table on one side, adjacent to which are the ping pong and the air hockey tables. The other side of the room contains a flat screen TV with an Xbox and couches holding more teenagers than they can support.

In addition, the continuously loud music makes this a perfect teenage hang out spot.

Navid Bajoghli, a seventh grader at Longfellow Middle School who takes the bus every day from his school to the center, claimed that the best part of the center apart from the games was having his friends from school there with him.

Teen center manager, Ashley Smith, said that they have faced a huge increase in numbers in recent years. This is mostly due to their

In Their Own Words



Thomas Vaicckauskas (left), 8th Grade, Longfellow Middle School: "I come here every week because everything here is so much fun."

PHOTOS BY MONIKA BAPNA/THE CONNECTION



Navid Bajoghli (left) 7th grade, Longfellow Middle School: "I come here almost every day because they have people my age and lots of games."



Rebecca Bair, 7th grade, Cooper Middle School, playing ping pong: "I don't come here that much but I like it a lot. There are no rules, and so many theme parties which are fun to dress up for."



Joshua Hutnagel (middle), with friends, 9th grade, Marshall High School: "I have been coming here for the past two years and I think I am the oldest one here. I like the video games the most."

facilitators who "interact really well with the children and build strong relationships and our increased advertising in schools," Smith said.

Their upgraded programs, which decreases the amount of

dances they have and introduces more extracurricular clubs for the teens, has also ushered in more parents and teens.

"For \$50 a year, you get a great after-school program," Smith said. "So why not?"

SCHOOLS

Langley High School Senior Participates in Health Summit

Jonathan Lee Day, a senior at Langley High School, participated in the United Nations Summit on Non Communicable Diseases, Sept. 19-20 in New York. He took part in the event "Putting Teeth into NCDs" sponsored by the Government of the United Republic of Tanzania, and cosponsored by the Governments of Australia and Sweden.

Support was also provided by Miracle Corners of the World, the New York University College of Dentistry, the Pan American Health Organization (PAHO), World Dental Federation, the World Health Organization (WHO), the American Dental Association (ADA) among the many partners.

Day had the opportunity to meet individually with: former Prime Minister of New Zealand Helen Clark; CNN News Anchor, Ali Velshi; Assistant Director of the Pan American Health Organization/World Health Organization,



Jonathan Lee Day, a senior student at Langley High School, with the Dean of the Harvard School of Dental Medicine, Dr. Bruce Donoff.

Dr. Socorro Gross; Dean of the Harvard School of Dental Medicine, Dr. Bruce Donoff; Director of the International Institute for Society and Health, Minister for Health and Ageing, Government of Australia, Honorable Nicola Roxon; and the Secretary of State for Health and Social Affairs of the

Government of Sweden, Karin Johansson.

Day has volunteered for various years at the World Health Organization/Pan American Health Organization, and will be applying this fall to college and hopes to continue his studies in premed/international health.



McLean AAUW Holds Open House

McLean's American Association of University Women recently held an open house celebrating the successful 42nd annual book sale and highlighting the activities planned for the year ahead. The group also welcomed new members and honored the McLean AAUW scholarship winners. The photo shows co-president Mary Lou Melley with scholarship winner Lucy Cox, a senior at George Mason University.

SCHOOL NOTES

Send School Notes to mclean@connectionnewspapers.com. Deadline is Friday.

James McGrath of McLean has been selected to be a McDonough Scholar at Marietta College this fall. The program helps students gain a deeper understanding of leadership, practice leadership skills and grow as engaged leaders.

have been named as 2011 National Merit Scholarship Semifinalists: **Allison S. Brady, Saba Eskandarian, Jimmy J. Fang, Jamison G. Fox-Canning, Nathaniel C. Howe, Dylan J. Kriz, Debbie R. Pan, Spencer C. Shabshab, Holliday L. Shuler and Andrew J. Stewart.**

Ten Langley High School students

The Heights School

FALL OPEN HOUSE

Sunday, October 23, 2:00 – 5:30pm







www.heights.edu

College preparatory; liberal arts curriculum
 Small class size
 Championship sports
 Award-winning fine arts program
 Religious education and daily sacraments available to interested students

Bus service available from Virginia

FOUNDED 1969
 GRADES 3-12
 AN INDEPENDENT DAY SCHOOL FOR BOYS

10400 Seven Locks Road ■ Potomac, Maryland 20854 ■ 301.365.4300

THE LANGLEY SCHOOL

Discovering, amplifying, and embracing
the talents of *Every Child, Every Day*



Information Sessions
 October 25, 2011, 9:00 a.m.
 November 15, 2011, 9:00 a.m.
 RSVP to admission@langleschool.org

1411 Balls Hill Road
 McLean, Virginia
 (703) 848-2782
www.langleschool.org

A coed preschool to grade 8 day school founded in 1942

Highlander Cross Country Gearing For Districts

McLean girls
give promising
showing at
Octoberfest meet.

BY RICH SANDERS
THE CONNECTION

The McLean High girls' cross country team continued what has been a successful season thus far with a top notch showing at the recent Octoberfest Invitational, held on Oct. 1 at Great Meadows course in The Plains.

There, the Highlander girls, competing against some of the better teams across the state, finished an impressive seventh place among a field of 22 teams in the varsity 'A' girls' race.

McLean earned its seventh place with 195 points. The top four team finishers were first place non-Northern Region area teams Morgantown, W.V. (first place), Blacksburg (2nd place), third place Jefferson Forest (Region III), and fourth place Ocean Lakes (Virginia Beach). Fellow Northern Region rivals Madison (175) and T.C. Williams (185) finished just in front of the Highlanders with fifth and sixth place finishes, respectively.

Meanwhile, the McLean boys, in the varsity 'A' race, finished 17th place overall among 29 teams. Other fellow Northern Region teams in that race included W.T. Woodson (8th place), Madison (13th), T.C. Williams (16th), and Marshall (28th).

The Highlander boys, who finished last at the eight-team district championships last year, will look to improve on that standing at the upcoming postseason district championship meet on Oct. 27 at Burke Lake Park.

Jason Simoni, the McLean head coach, has been impressed with the way in which both his boys' and girls' teams have prepared for and competed this fall season.

"The McLean cross country teams have been working harder this season than any other team that I have coached," said Simoni. "During our workouts they constantly push the pace and number of [running] sets that I schedule for them. I am very pleased with their progress athletically as well as how they have gelled as a

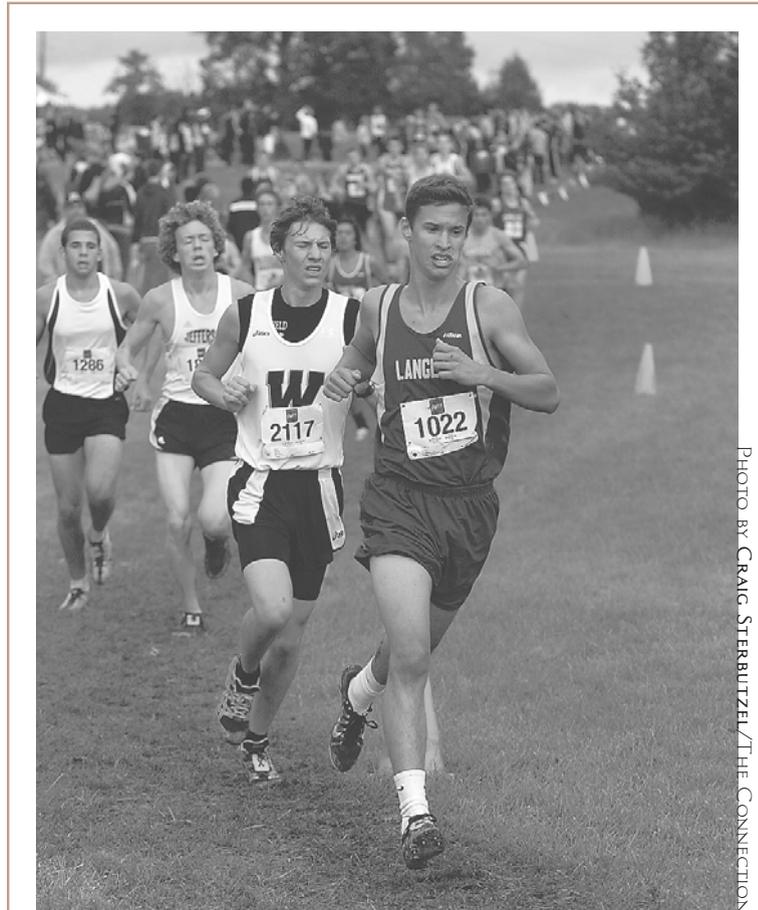


PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

Saxons Head for District Championships

Langley's Steven Swayne competes in the varsity seeded boys' race at the Glory Days Invitational. The Saxons, both the boys' and girls' teams, are preparing for the upcoming Liberty District Championships, set for Oct. 27 at Burke Lake Park.

team."

The McLean girls, a year ago, finished fourth place at the district championships and qualified for the Northern Regionals. The Highlander girls are enjoying another solid season and had a good day with their seventh place finish at Octoberfest in the girls' 'A' race. There, the team's top finisher, among a field of 164 runners, was junior Hannah Dimmick, who earned a top 15 medal with a 14th place overall finish. McLean's other runners who contributed to the good team showing were junior Madalyn Harper (25th place), sophomore Megan McCormack (31st), junior Katie Montgomery (59th), junior Nancy Eveleigh (66th), and sophomore Anna Buser (86th).

"The girls' team has done well all season," said Simoni. "They also face an increasingly competitive group of Liberty District runners and hope to make it to the regional meet as a team. We were very pleased with our fourth place finish [at districts] last year and

hope that we can improve on that."

Two of the district's top girls' teams that McLean and others will have to go up against at districts are Madison and Thomas Jefferson High.

"They both have a ton of depth and talent and we are looking forward to seeing how we stack up against them at the district meet," said Simoni.

MCLEAN'S TOP BOYS' finisher in the varsity 'A' race at the Octoberfest was senior Jason Richards, who was 32nd place overall among 232 runners. The Highlanders' next two finishers were juniors Lewis Millholland (73rd place) and Bikal Paudel (86th).

Looking ahead to the postseason, Simoni would love to see his Highlander boys improve on last year's district showing.

"The boys' team is going to face some tough competition at the Liberty District race," he said. "Our team goal is to finish better than

SPORTS ROUNDUPS

Langley High captured the Northern Region golf championship last week with a winning score of 605. The Saxons finished ahead of second place Chantilly (617). The postseason event took place Oct. 3-4 at Twin Lakes Golf Club. Both the Saxons and Chargers, by finishing first and second, respectively, qualified for this week's Virginia State AAA Championships.

Langley's top scorers at regionals were: Will Byrne (148), Matt DiSalvo (151), Chris Brugge (152), Edric Wung (158), Derrick Paxton (163), and Chad Deese (176).

Chantilly's top scorers were: Steve Aanstoos (151), Juhee Bae (152), Mike Gagne (156), Jack Dargle (162), Tim Harwick (162), and Mike Sciorra (163).

The following were the top regional individual finishers and medalist winners: Chris Brugge (148) of Langley; Tyler Spears (150) of Lee High; Keon Ho Song (151) of Centreville High; Steve Aanstoos (151) of Chantilly; and Edric Wung (151) of Langley.

The following were the individual state tournament qualifiers — not including members of the top two region team finishers (Langley and Chantilly): Tyler Spears of Lee; Keon Ho Song of Centreville; Julie Luo of Thomas Jefferson; Matt Ashley of Stone Bridge; Joel Choi of Madison; and Patrick Milkler of Herndon.

Reston National Golf Course will host a 'Rally for the Cure' tournament on Thursday, Oct. 27 to benefit the Susan G. Komen Breast Cancer Foundation. The four-person scramble will begin at 9 a.m. and will include greens and cart fees, putting contest, lunch, and prizes. Entry is \$85 per player with proceeds going to the foundation. Sponsorship opportunities are also available.

"Reston National is proud to partner with the Susan G. Komen Breast Cancer Foundation to raise funds which can help eradicate this tragic disease," said Mark Wesolek, General Manager of Reston National. "Increasing awareness and education is critical."

For more information, or to register for the tournament, go to www.restonnationalgc.com, or call 703-620-9333.

Local figure skaters, including several from Northern Virginia, will be showcasing their abilities in preparation for the South Atlantic Regional Championships. The skaters will perform programs full of jumps, spins and dance moves in a send-off exhibition on Sunday, Oct. 9, from 2 p.m. to 6 p.m., at the Rockville Ice Arena. There is no admission charge and the public is encouraged to come and support these skaters. A few of the skaters participating in the send-off are: Armin Mabahnouzadeh (Great Falls); Oleksiy Melnyk (Reston); Kathryn 'Kit' Albaugh (Arlington); Taylor Hoover (Ashburn); Brianna Laxson (Ashburn); Elise Romola (Ashburn); and Madison Vinci (Ashburn).

The Northern Virginia Senior Olympics (NVSO), held in late September, drew more than 620 participants. The events were held over a 10-day period with more than 40 events at 18 different venues.

"Our new events, cycling, badminton and volleyball, were big successes," said Betsy Bailey, NVSO chairman. "We had three women's volleyball teams and nearly 40 cyclists, all of who competed at venues in Fauquier County, NVSO's newest jurisdictional sponsor."

During the events, nine seniors over 90 years of age won gold medals, including Cora Parsons (Ashburn) and Trong Trongtonil (Alexandria) in eight ball pool; Carla Convery (Alexandria) in frisbee throw and mini javelin; Chester Myslicki (McLean) in freestyle swimming; Ray Kaminski (Springfield) in Wii bowling; and Mike Lowe (Springfield) in standing long jump. A gold medal in the 80-89 age range went to the Heatherwood Hotties line dancing team from the Heatherwood Retirement Community in Burke. For more information about NVSO or to volunteer, call 703-228-4721 or check the website at www.nvso.us.

last year. I am confident that the combination of talent and the dedication that they have put in this year should help them achieve this goal."

In the JV underclassmen races at Octoberfest, the McLean boys finished in 12th place overall among 34 teams and the McLean

girls were 14th of 18 teams. The McLean boys' top finishers were freshmen David Russell (12th place) and Corey Blodgett (41st), and sophomore Karim Doumar (46th). The top McLean girls' finishers were sophomore Addison Lloyd (29th) and freshman Ju Hee Baek (47th).

VET RECEPTIONIST & ASSISTANT
Small animal hosp. Great Falls. Will train. 703-757-7570 • www.ourvets.com

Part-Time RN
With allergy experience.
Mt. Vernon area. Please fax resume:
301-868-0026 for consideration.

TELEPHONE
A great opportunity to
WORK AT HOME!
NATIONAL CHILDRENS CENTER
No sell! Salary + Bonus + Benefits!
301-333-1900
Weekdays 9-4

TELEPHONE
A great opportunity to
WORK AT HOME!
NATIONAL CHILDRENS CENTER
No sell! Salary + Bonus + Benefits!
301-333-1900
Weekdays 9-4

EDUCATION TRAINING

Pharmacy Technician Trainees Needed Now!
Pharmacies now hiring. No experience?
Job Training & Placement Assistance Avail.
1-877-240-4524
CTO SCHEV

DENTAL ASSISTANT TRAINEES NEEDED NOW!
Dental Offices now hiring. No experience?
Job Training & Placement Assistance Avail.
1-800-381-1734
CTO SCHEV

MED BILL & CODING Trainees NEEDED NOW
Medical Offices now hiring. No experience?
Job Training & Placement Assistance Avail.
1-800-385-2615
CTO SCHEV

F/T P/T Tropical plant, horticultural technicians
Duties include plant care, client relations, process paperwork related to position. Metro DC area, Excl. prof. career oppty for individual w/plant passion, work independently. Grt pay, benefits, Ins, 401k. Experience with Tropical plants a plus, Training provided. Call (301) 868-0800 ext.214 for details.

Love to Decorate?
Decorating Den Interiors was chosen Best of the Best by Entrepreneur Magazine. Home based, flexible schedule, low overhead, wholesale accounts. Call for more information on how you can turn your passion into a business.
Decorating Den INTERIORS 703-239-8112
www.Decoratingden.com

Volunteers of America
Mary Marshall Residence in Arlington will be opening in late October. This new Assisted Living property will house 52 seniors. We are seeking applications for the following positions:
• Housekeepers full & part time – must have an acceptable driving record
• Culinary Staff – Cooks & Culinary staff
• Maintenance Asst
• Janitor with proper driving record
• Medication Techs
• Certified Nursing Asst
If you are interested in any of these positions please send your resumes to wkohler@voa.org. Resumes will be accepted until October 14th 2011

Environmental Service Director/Maintenance
Mary Marshall Residence in Arlington
Mary Marshall is an assisted living for 55 plus seniors. Volunteers of America is seeking a highly motivated manager to work with and lead the maintenance and housekeeping department.
The qualified candidate will have an exceptional driving record, have a min of five years experience leading a team and have start up experience. This role is unique in the ability to build and grow your own team.
Experience with state surveys is a plus.
Competitive Salary and benefits
If you are looking to LOVE your job and make a difference each day.
Please send your resume by October 17th
Wkohler@voa.org

Employers:
Are your recruiting ads not working in other papers?
Try a better way to fill your employment openings



- Target your best job candidates where they live.
- Reach readers in addition to those who are currently looking for a job.
- Proven readership.
- Proven results.

THE CONNECTION
to your community
703-917-6464
classified@connectionnewspapers.com
Great Papers • Great Readers
Great Results!

Now! Complete Print Editions Online!

The full print editions of all 18 Connection Newspapers are now available on our Web Site in PDF format, page by page, identical to our weekly newsprint editions, including print advertising. Go to www.ConnectionNewspapers.com and click on "Print Editions."



4 RE for Sale

NEW FORECLOSED CONDOS UP TO 60% OFF
in St. Augustine, FL. 1,700 SF 2 BR, 2 BA Only \$179,900! Similar unit sold for \$477K. Ask about our 5 yr dues program. BONUS: Get \$10,000 off any condo purchased by 10/16. Call 1-866-952-5346 x101

6 RE Wanted

WANTED TO RENT-From Priv. home. Basement apt. or 1st floor suite for elderly man. 703-978-2813

12 Commercial Lease

Office Space for Lease in Oakton. Approx. 800sf Avail Immediately. 703-820-2500

21 Announcements

ABC LICENSE
Aladdin's Eatery of VA Inc., trading as Aladdin's Eatery 4044 Campbell Avenue, Arlington, VA 22206-3424. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL for a Mixed Beverages on premises license to sell or manufacture alcoholic beverages. Raja Atalla, Vice President

28 Yard Sales

Garage/moving sale, hsehold items, lawn equip, knick knacks no early birds. Sat 9-3, Sun 12-4 10133 Nedra Dr. Great Falls

116 Childcare Avail.

Looking for Child Care?
Nanny with us for 7 years, but kids now in school. Seeking a family to share our nanny (flex sched available). McLean, Vienna, Falls Church area. Absolutely excellent/highest references. Call Christa at 703.839.3992

26 Antiques

We pay top \$ for antique furniture and mid-century Danish/modern teak furniture, STERLING, MEN'S WATCHES, jewelry and costume jewelry, paintings/art glass/clocks. Schefer Antiques @ 703-241-0790. Email:theschefers@cox.net

Light tomorrow with today!
-Elizabeth Barret Browning

21 Announcements 21 Announcements 21 Announcements

NOTICE OF WATER RATE PUBLIC HEARING

At 6:30 p.m. on Thursday, December 15, 2011, Fairfax Water will conduct a public hearing on its proposed Schedule of Rates, Fees and Charges. The hearing will be held in Fairfax Water's offices at 8570 Executive Park Avenue, Fairfax, VA.

The proposed changes, to be effective April 1, 2012, include the following:

1. An increase in the Availability Charge from \$3,600 to \$3,700†.
2. An increase in the Local Facilities Charge from \$8,500 to \$9,000.
3. An increase in the Account Charge from \$32 to \$33.
4. An increase in the base Commodity Charge from \$2.04 to \$2.16 per 1,000 gallons of water.
5. An increase in the Peak Use Charge from \$2.95 to \$3.20 per 1,000 gallons of water.
6. An increase in the Fees for Use of Fairfax Water Fire Hydrants to include the increase in the Commodity Charge and Peak Use Charge.

A copy of the proposed changes can be viewed on our Web site at <http://www.fairfaxwater.org/rates/index.htm>. Those wishing to speak at this hearing or desiring a copy of the proposed changes should call Ms. Eva Catlin at 703-289-6017. Interested parties may submit written comments to PublicHearingComments@fairfaxwater.org or mail written comments to:

Fairfax Water
Public Hearing Comments
8570 Executive Park Avenue
Fairfax, VA 22031

All written comments must be received by close of business on Wednesday, December 14, 2011 to be included in the record of the public hearing.

†Charges reflect fees associated with a standard 5/8" residential meter. Changes in charges for larger residential and commercial meters are reflected in the Proposed Schedule of Rates, Fees, and Charges.

THE CONNECTION NEWSPAPERS CLASSIFIED

Classified or Home • Lawn • Garden:
703-917-6400

Employment: 703-917-6464

E-mail: classified@connectionnewspapers.com

CLEANING CLEANING

CARE MORE CLEANING SOLUTIONS 

Residential & Commercial
10% Senior Citizen Discount
703-862-5904
OR
LICENSED **703-780-6749** INSURED
caremorecleaning.com

IMPROVEMENTS IMPROVEMENTS

The HANDYMAN
A DIVISION OF NURSE CONSTRUCTION

BATHROOM REMODELING, DRYWALL, PAINTING, CERAMIC TILE, CARPENTRY, POWER WASHING & MUCH MORE

You have tried the rest - NOW CALL THE BEST!!
Proudly serving Northern VA - 46 yrs. exp.
Licensed Insured **We Accept VISA/MC**
703-441-8811

LANDSCAPING LANDSCAPING

Landscape Design

Imagine Gardens and Landscapes
Ava Krogmann - Designer & Horticulturist
571.212.5121 or AvaKrogmann@aol.com
Creative gardens, patios and installation

ELECTRICAL

Discount electric can reduce your electric bill w/o turning off switches.
With an electric system tune up.
Can you? No?
703-978-2813 or 703-440-5144.

PAINTING

PATRIOT PAINTING
www.PatriotPainting.net
Wallpaper Removal, Carpentry, Power Washing, Int/Ext Painting
Free Est. • Satisfaction Guar. Lic./Ins. Int./Ext.
703-502-7840
Cell **571-283-4883**

CONCRETE CONCRETE

Concrete Done Right!

- Patios - Sidewalks
- Retaining Walls
- Driveways
- Flagstone
- Pavers

703-339-5773
cdmconstruction.net  

M. C. Lynch Home Improvement
Family Owned & Operated

Rotten Wood, Wind Damage, Trims, Windows, Doors, Deck, Stairs, Vanity, Basement Framing, Garbage Disposal, Painting, Power Wash, Siding Repairs.
Licensed, Bonded, Insured
703-266-1233

J.E.S Services LANDSCAPE & CONSTRUCTION

- Patios • Walkways
- Retaining Walls
- Drainage Problems
- Landscape Makeovers

Call: 703-912-6886
Free Estimates

GUTTER

PINNACLE SERVICES,
• GUTTER CLEANING
• SMALL REPAIRS
• SCREENING
• POWER WASHING
703-802-0483
GROUP RATES AVAILABLE
FREE EST.

ROOFING

Falcon Roofing
Roofing & Siding (All Types)
Soffit & Fascia Wrapping
New Gutters
Chimney Crowns
Leaks Repaired
No job too small
703-975-2375
falconroofing.com

ELECTRICAL ELECTRICAL

K & D ELECTRIC
COMMERCIAL / RESIDENTIAL SERVICE
Family Owned & Operated

Recessed Lighting Ceiling Fans Phone/CATV Computer Network Cabeling Service Upgrades Hot Tubs, etc...
Office 703-335-0654 Mobile 703-499-0522
Licensed/Bonded/Insured

Oak Hill BUILDING & REMODELING
Member Nari/NVBLA/HBAV
Lead Safe & Certified Green Builder
Since 1978
Licensed, Bonded and Insured
www.oakhillbuilding.com
703-591-1200

Specializing in:
• Additions
• Kitchens
• Baths
• Basements
Autumn Sale \$2,500 Off
Labor cost with any \$20,000 or over remodel.

MASONRY MASONRY

MOTTERN MASONRY DESIGN
Specializing in Custom Stone and Brick Walkways, Patios, & Small and Large Repairs
Licensed, Insured
• Free estimates • All work guaranteed •
www.motternmasonry.com
Phone **703-496-7491** 

HAULING

ANGEL'S TRASH REMOVAL
• Junk & Rubbish • Furn., office, yard, construction
Debris • Mulch & Spring Clean Up
703-863-1086
703-582-3709
240-603-6182

TREE SERVICE

ANGEL'S TREE REMOVAL
Brush & Yard Debris
Trimming & Topping
Gutters & Hauling
Angeltreeslandscaping-hauling.com
703-863-1086
703-582-3709
240-603-6182

108 furniture repair 108 furniture repair

REUPHOLSTERY

Antiques and contemporary furnitures.
Fabrics, estimates, pick-up delivery.
703-450-5538
Charles Kiss
Master Craftsman

R&N Carpentry

- ♦ BASEMENTS ♦ BATHS ♦ KITCHENS
- Foreclosure specialist/Power washing
- ♦ Exterior Wood Rot More!
- Deck & Fence repair, Screen Porches
- No jobs too large or small
- Free est. 37 yrs exp. Licensed, Insured
- 703-987-5096**

BRICK AND STONE Custom Masonry
703-768-3900
www.custommasonry.info
Patios, Walkways, Stoops, Steps, Driveways
Repairs & New Installs • All Work Guaranteed

AL'S HAULING
Junk & Rubbish
Concrete, furn., office, yard, construction debris
Low Rates NOVA
703-360-4364
703-304-4798 cell
7 DAYS A WEEK

GUTTER GUTTER

PINNACLE SERVICES, INC. LAWN SERVICE

MOWING, TRIMMING, EDGING, MULCHING & TRIM HEDGES
Group Rates Avail.!
703-802-0483

A&S Landscaping

- All Concrete work
- Retaining Walls • Patios
- Decks • Porches (incl. screened) • Erosion & Grading Solutions
- French Drains • Sump Pumps
- Driveway Asphalt Sealing

703-863-7465
LICENSED
Serving All of N. Virginia

3rd Generation Masonry Company
Family Owned & Operated Since the 1950s

MASONRY SPECIALIST, LLC 

For All of Your Masonry Needs
Custom Design, Installation, Repairs & Restoration
Also Offering Custom Carpentry Services!

BRICK - FIELDSTONE FLAGSTONE - CONCRETE
EP Henry & Belgard Pavers
Patios, Walkways, Driveways, Retaining & Decorative Walls
703-443-2308
Go to www.masonryspecialist.com for ideas, pictures & coupons!
All Work Guaranteed - Licensed & Fully Insured
Class A License #VA2705087240A

A&S LANDSCAPING
Planting • Mulching • Sodding
Patios • Decks • Driveway Sealing,
Asphalt • Retaining Walls
Erosion Control • Drainage Solutions
703-863-7465

ANGEL'S LAWN MOWING
• Trimming • Leaf & Snow
• Removal • Yard Clearing
• Hauling • Tree Work
703-863-1086
703-582-3709
240-603-6182

An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them.
-Werner Heisenberg

HANDYMAN HANDYMAN

Hand and Hand Handyman

General Remodeling Residential & Commercial
Specializing in:
Kitchen/Bathroom/Basement Remodeling
Plumbing • Electrical • Custom Carpentry
Doors Windows • Hardwood Floors
Crown Molding • House Cleaning
Interior/Exterior Painting • Brick/Stone Work
Ceramic Tile • Decks, Fences, Patios
HOA Maintenance, Granite Counter Tops
Realtors Work and Much More
Licensed and Insured Serving Northern Virginia
703-296-6409

LANDSCAPING LANDSCAPING

J. REYNOLDS Landscaping LLC **703.919.4456**
Free Estimates
Licensed / Insured
www.ReynoldsLandscapingOnline.com

INSTALLATION SPECIALIST WET BASEMENT / WET YARD
Paver & Flagstone Patios / Walkways Retaining Walls Stacked Field Stone Plants / Trees / Shrubs
Water Proofing Foundations Standing Yard Water French Drains / Swales Downspout Extensions Dry River Beds
•No sub-contractors, or day labors. •15 Years Designing and Installing
•The Owner is physically on your job site. •On time and Professional.

TREE SERVICE TREE SERVICE

North's Tree & Landscaping
— Tree Expertise for over 30 Years —
10% OFF Any Tree or Landscaping Job With This Ad!

Emergency Tree Service
Serving No. Virginia 

COMPLETE TREE SERVICE ALL PHASES OF LANDSCAPING
Tree Removal Topping, Elevating, Lot Clearing, Mulching, Sodding, Grading
Lot Clearing, Retaining Walls, Driveway Repair, Patios, Privacy Fences
★ Free Estimates ★★ Quality Service ★★
Family-Run Business ★ Licensed & Insured
540-533-8092 • 540-636-8657

Flower Garden Delight
Est 1995

Prompt Reliable Service
Seasonal plantings & garden maintenance to suite your personal taste
Stacey 703-242-2421
Lic & Ins

THE CONNECTION CLASSIFIED
NEWSPAPERS

Classified or Home • Lawn • Garden:
703-917-6400

Employment: **703-917-6464**

E-mail: classified@connectionnewspapers.com

An Even Newer Normal

By KENNETH B. LOURIE



The blip-hopefully-not-splat I wrote about last week: lab tests which reveal/maybe even indicate problems that might cause cancer patients (like me) on presumably life-sustaining drugs to consider modifying and/or stopping their treatment altogether, has become the bane of my existence; it's what I live for, if you know what I mean? The problem is, I rarely know/feel anything different until I'm told (the lab results) that something is in fact different. The prudent course of action which usually follows presents a dilemma: do I continue treating the underlying problem (my stage IV lung cancer) if that treatment is harming/compromising other not-directly-related-to organs or do I stop? The medical version of the ever-unpopular, collateral damage.

Thirty months post diagnosis, and thirty-months-plus-one-week when I started chemotherapy (my oncologist's recommendation was not to wait), I am now mindful of, and beginning to seriously worry about, whether my body will allow me to continue the treatment which so far seems to be keeping me alive; the medical vernacular is "tolerate." Diagnosis-to-date, I have been extremely fortunate that my body has "tolerated" the treatment very well, and rarely has any prescribed treatment/schedule been adjusted because of any adverse – but not totally expected, reaction.

Now however, I fear I'll likely be in the adverse-reaction game. A game that I anticipate won't be much fun, but as long as I'm still able to play, I will be grateful. Moreover, the longer I live and the longer I remain on chemotherapy (which diagnosis-to date, I have now become one of my oncologist's longest-living-on-Avastin patients), the greater the chances/likelihood that I'll have more complications. Complications which, amazingly enough, I've not experienced before and which, going forward, have not been studied. Anticipated, maybe? Solvable? Probably not, but possibly manageable. As my oncologist has told me, we're sort of in uncharted territory here. What levels I'm exhibiting may be permanent, and/or may be characteristic of a terminal patient's decline. It's somewhat of a guess, educated, but still a guess. Ergo, my "new normal." Alive and kicking, but what's keeping me alive may very well be what's kicking my butt. Stopping is not an option – in my mind. But in my body, stopping may be the prudent and life-saving – for the moment, course of inaction. However, stopping what treatment I'm currently receiving doesn't seem like a very proactive pursuit. I don't imagine the cancer is going to heal itself. I believe in truth, justice and the American Way but I'm not Superman. I'm average-man, and I don't presume to have any super powers or unique answers – or clues even, to preventing the growth and spread of the tumors already in my lungs. Though I have made a number of changes to my diet and lifestyle since I was diagnosed, I still can't see eliminating medical treatment has part of my future, unless the treatment is doing more harm than good. Is that what these most recent lab results are beginning to indicate?

Whatever tests, lab work, etc., I may have taken for granted previously because the results were usually within reasonably normal parameters might now be changing – for the worse. Certainly I don't know anything definitively, yet (if ever), and future tests could return to normal, and these most recent results may very well just be a blip. Nevertheless, as I consider the past few weeks of stops and starts and re-tests/follow-ups, I can't help but get the feeling that I may be seeing the future – in the present.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

Chamber Hosts Suits and Sneakers

FROM PAGE 3

especially appropriate, since the farm served as the venue for the evening's events.

"I'm grateful for the focus this evening on supporting Claude Moore Colonial Farm. That's something that's near and dear to my heart, and it's an incredible resource for this community," Singleton said.

Former state delegate Margi Vanderhye accepted the award on behalf of the farm's volunteers.

"This is for hundreds and hundreds of volunteers, both adults and children who have donated thousands and thousands of hours to make this farm welcoming, instructive and a community partner," she said. "It's a great experience to connect McLean today to McLean of several hundred years ago."

Lynn Gulick, senior vice president at Cardinal Bank, presented the Fulfilling the American Dream award. Before she was able to do so, GMCC officials honored her for her service on their board, which she will retire from in December.

Gulick presented the Fulfilling the American Dream Award to Trang X "Janet" Nguyen. Nguyen came to the country in December 1991 from Vietnam. Having experience owning a nail salon in Vietnam, she worked in salons in Arlington and Fairfax, while picking up English and going to night school. In 2000, with the assistance of one of her clients, she was able to get a loan to purchase the salon at the Langley Shopping Center, and now owns two salons in the McLean area.

"In December 1991 Janet came to the country from Vietnam with her brother's two children, who were 12 and 7, and her mother who was 65," she said. "To me, Janet is truly the epitome of somebody who came to this country and achieved the American dream."

Nguyen also received thanks from one of her more famous clients, Capitals and Wizards owner Ted Leonsis, who congratulated her in a video presentation.

SOME HONOREES were recognized for directly making the area a better place to live. Police Officer First Class Todd Owens was honored for his work in November 2010. In the early morning Nov. 7, 2010, Owens responded to a commercial security alarm at a Blockbuster Video in downtown McLean. After clearing the area of suspects, he began interviewing employees of the store, some of whom expressed opinions that the store was specifically targeted.

Later in the evening on Nov. 7, Owens

checked back on the store around closing time, and when encountering an employee who was locking up, the employee made eye contact to suggest something was amiss inside. He determined a robbery was in progress and alerted fellow officers, and soon two armed suspects were found hiding in a parked car near the store.

"In a situation where Officer Owens could have easily taken a burglary report and turned it over to detectives, he chose to take initiative to conduct further investigation, which led to the disruption of an armed robbery in progress," said Joe Collum of Burke and Herbert Bank, who presented Owens with his award. "He exposed himself to hidden dangers and exhibited true bravery to protect the innocent. His bravery and promptness led to the recovery of firearms and evidence and resulted in the arrest of several dangerous individuals."

Peggy Fox of WUSA was recognized by Supervisor John Foust (D-Dranesville) as an Outstanding Community Partner. Fox, a three-time Emmy winner, has also received awards for raising awareness of parenting, motherhood, child and domestic abuse, and women in the workplace issues.

"It's amazing how Peggy takes time out of her life to do the wonderful work she does for our community," Foust said. "She's covered some of the major news events of the past two decades, such as the Virginia Tech shootings, 9/11, the Washington Sniper shootings, the Oklahoma City bombings and the Panama invasion."

More information on the GMCC can be found at www.mcleanchamber.org.



Peggy Fox, McLean resident and WJLA news anchor, was awarded Outstanding Community Partner by the Greater McLean Chamber of Commerce at their annual Suits and Sneakers event.



Margi Vanderhye accepts an award from the Greater McLean Chamber of Commerce on behalf of the volunteers at Claude Moore Colonial Farm Tuesday Oct. 4. at the chamber's annual Suits and Sneakers event.

The following were honored by the Greater McLean Chamber of Commerce at their Suits and Sneakers Event.

- ❖ Outstanding Community Partner: Peggy Fox
- ❖ Fulfilling the American Dream: Trang X "Janet" Nguyen
- ❖ 2011 Media Partner: Jonny Hanna, Viva Tysons
- ❖ Community Volunteers of the Year: Claude Moore Colonial Farm volunteers
- ❖ Police Officer of the Year: Police Officer First Class Todd Owens
- ❖ Civic Pride: Auxiliary Police, 14 officers who serve McLean
- ❖ Fireman of the Year: Andreas Maple
- ❖ Youth Recognition Award: Liam O'Neill, Boy Scout Troop 652
- ❖ Restaurant of the Year: Härth, Hilton McLean,
- ❖ Green Innovation Award: Beth Chung, My Green Expert
- ❖ McLean Community Service Award: Chip Frederick of Flowers and Plants
- ❖ Nonprofit of the Year: McLean Project for the Arts
- ❖ Businesswoman of the Year: Sally Proto, Capital One Bank
- ❖ Chairman's Award: Rick Makely, Giant Food store manager
- ❖ Outstanding Fundraiser of the Year: Rebecca "Becca" White
- ❖ Community Leadership Award: Ghassan Abukurah, A2 Design
- ❖ New Business of the Year: 1910 Restaurant

#1 AGENT COMPANY WIDE

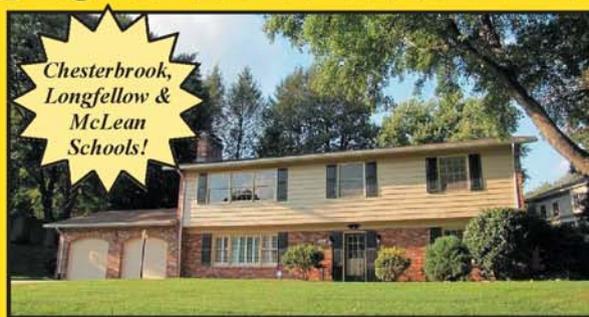


Lovely Updated Kitchen!

**1812 Westmoreland Street
McLean \$675,000**

****RENOVATED** 4br/2.5 bath** home featuring gourmet chef's kitchen with stainless steel, granite counters & new maple cabinets; open living room & dining room with access to deck; separate slate patio; New roof, gutters, HVAC & windows!

DEVON PARK



Chesterbrook, Longfellow & McLean Schools!

**5844 Upton Street
McLean \$889,000**

METICULOUSLY maintained 5br/3 ba two level home in super location of Chesterbrook Estates on nearly 1/2 acre with lovely backyard flagstone patio! Recent updates incl roof, furnace, AC, water heater, refin hardwoods & paint!

CHESTERBROOK ESTATES



Chesterbrook, Longfellow & McLean Schools!

**1510 HARDWOOD LANE
McLean \$849,900**

LIGHT/BRIGHT 4br/3 full bath home on 2 levels features wall of windows on rear of home overlooking private yard with 2-level deck; living room w/ gas frpl & built-ins; oak hardwoods; walkout LL with frpl & stunning tile; 2 car garage!

CHESTERBROOK WOODS



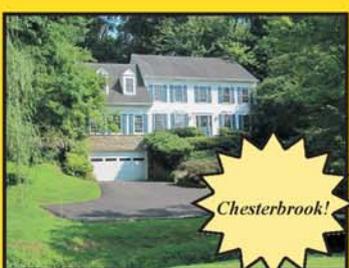
McLean Detached \$499,000



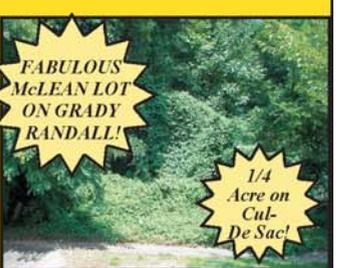
Renovated in Westmoreland Square!



Potomac Hills!



Chesterbrook!



FABULOUS McLEAN LOT ON GRADY RANDALL!

1/4 Acre on Cul-De-Sac!

OVER 60 HOMES SOLD SO FAR THIS YEAR!



Fabulous In Falls Church!



Sought-after Chesterbrook!



Chesterbrook Farm!



UNDER CONTRACT!



Mount Vernon Grove!

JD CALLANDER

TOP 1% OF REALTORS NATIONWIDE
WALL STREET JOURNAL - TOP 100 AGENTS



(703) 606-7901

JD@newNOVAhome.com
www.newNOVAhome.com



CALL TODAY FOR MORE INFORMATION!