

Incumbent candidate for the Dranesville District Board of Supervisors John Foust speaks with constituents at Clearview Elementary in Herndon.

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FAITH

Faith Notes are for announcements and events in the faith community, including special holiday services. Send to herndon@connectionnewspapers.com. Deadline is Thursday.

St. Anne's Episcopal Church, 1700 Wainwright Drive in Reston, holds Sunday services at 7:45 a.m., 9 a.m., 11:15 a.m. and contemporary service at 5 p.m. Nursery, Sunday School and Adult Education available. Morning Prayer on Monday at 9:30, Holy Eucharist Wednesday at 8:15 a.m. 703-437-6530 or www.stannes-reston.org.

Adult Sunday school will be held 9:30 a.m. Sundays at the Washington Plaza Baptist Church at Lake Anne Village Center. The group is studying the Gospel of Mark. Services follow at 11 a.m.

HAVEN of Northern Virginia offers a variety of free bereavement support groups, meeting on a weekly basis. Contact 703-941-7000 or www.havenofnova.org for schedules and registration information.

Vajrayogini Buddhist Center offers ongoing classes on meditation and Buddhist philosophy, Mondays at 7 p.m. at Unity of Fairfax, 2854 Hunter Mill Road, Oakton. \$10 per class. 202-331-2122 or www.meditation-dc.org.

The Jewish Federation of Greater Washington and the Jewish Outreach Institute offer the Mothers/Parents Circle, an umbrella of free educational events and resources. Jewish rituals, ethics and the creation of a Jewish home, regular meetings and group Shabbats and holidays. Participants include Sha'are Shalom, Congregation Beth Emeth, Temple Rodef Shalom and the Jewish Community Center of Northern Virginia. ShalomDC.org.

The Baha'i community of McLean holds a weekly fireside, a meeting of discussion, devotion and fellowship, at 7500 Box Elder Court in McLean, at 8 p.m. every Friday. An opportunity to learn about the Baha'i faith. 703-556-3400.

Epiphany United Methodist Preschool, 1014 Country Club Drive, N.E. in Vienna, is now enrolling 3-4-year-old students for the 2010/2011 school year. Contact 703-938-2391 or www.epiphanypreschool.com.

The Rohr Jewish Learning Institute (JLI) will present "Fascinating Facts: Exploring the Myths and Mysteries of Judaism." The six-session course will commence during the week of Nov. 6. Rabbi Leibel Fajnlund of Chabad of Reston-Herndon will conduct the six course sessions at 7:30-9 p.m. on Monday nights at Chabad Aleph Center, 718 Lynn Street, Herndon. 703-476-1829 or www.myJLI.com.

Hope Fellowship Church will temporarily be meeting at Woody's Golf Range, 11801 Leesburg Pike, Herndon. Sunday Worship Services for the Southern Baptist church are at 10:45 a.m. The public is invited to join a Bible believing, multi-ethnic/multi-cultural congregation, with Bible-based sermons and uplifting music. 703-599-3527 or www.hopefellowshipchurchloudoun.org.

Knitters needed the first and third Wednesdays of the month, at 7 p.m., at **St. Timothy's Episcopal Church**, 432 Van Buren St., Herndon. The church's Shawl Ministry is offering free knitting instruction while providing shawls, blankets and other knitted items for people in need. No cost and yarn can be provided. E-mail shawl@saint-timothys.org or visit the Pastoral Care page at www.saint-timothys.org.

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NEWS

Voter Turnout Slow, but Steady

By AMIEE FREEMAN
THE CONNECTION

Across Herndon, voter turnout was “slow, but steady,” in the words of poll workers. At Herndon High, Election Chief Bernie La Due called turnout unusually high for an off-season election year, but nonetheless called the precinct low-key with only 3,300 registered voters. Precincts are allowed to have up to 5,000 registered voters.

At nearby Crestview Elementary, Election Officer Robert Halcomb attributed the decent turnout to good weather and concern over redistricting. In the past month every voter in Fairfax County received new voter identification card. “Even though redistricting doesn’t affect our district, many brought their ID cards with them. There has been great interest in that,” said Halcomb.

Supervisor John Foust was at Clearview Elementary meeting voters. “I like to come here early, because people come to vote early.”

Buzz Rider was handing out sample ballots at Clearview. He commented that normally people ask for more Democratic sample ballots. This year, he noted, the demand for Republican and Democratic sample ballots was almost evenly split.



PHOTO BY AMIEE FREEMAN/THE CONNECTION

Good weather was attributed for the steady voter turnout. Incumbent candidate for the Dranesville District Board of Supervisors John Foust speaks with constituents at Clearview Elementary in Herndon.

Living History

Dottie O’Rourke of Herndon, a docent at Sully Historic Site, discusses life of the camp cook during the Revolutionary War at the Sully Historic Site Colonial Day on Nov. 5. The event highlighted daily life when western Fairfax County was the frontier. Members of the 1st Virginia Regiment of The Continental Line, the Maryland Militia and other Revolutionary War reenactors and docents from Sully Historic Site provided living history demonstrations and hands-on activities shedding light on life between 1775 and 1785.



PHOTO BY DEB COBB/THE CONNECTION

VIEWPOINTS

What do you think are the most important issues in this election?



Janet Ozarka,
Herndon

“I just wanted to make sure my voice was heard. I would like to turn the tide.”



Mostafa Abyaneh,
Herndon

“I am most concerned with the issues facing the senate.”



Abdullah Brown,
Herndon

“I’m Muslim, so I am interested in candidates are sympathetic to our issues.”



Kristi Cartier,
Herndon

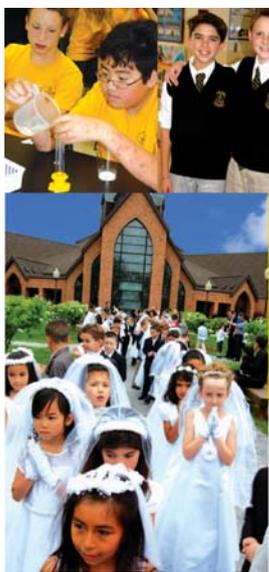
“I came because it my duty to vote. I feel that our senators really have to fight the state to get more money back to our area. I feel that Bulova is doing a good job.”



Ronald Mulvhill,
Herndon

“I came today to vote for the school board. I didn’t know a lot about the candidates so I voted by party.”

— AMIEE FREEMAN



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PHOTOS BY AMIEE FREEMAN/THE CONNECTION

Participating Fox Mill students pose for a photo during the Mini-Walk.

Helping Homeless at Fox Mill

Mini-walk helps raise funds for Reston homeless shelter.

BY AMIEE FREEMAN
THE CONNECTION

Cool breezes and clear skies on Thursday, Nov. 3 made for perfect weather for the 221 students and teachers from Fox Mill Elementary in Oak Hill to participate in school's sixth annual Mini-Walk for the Homeless, sponsored by Fannie Mae. The purpose of the walk was to raise funds for Reston Interfaith, which operates the Embry Rucker Homeless Shelter in Reston, and to raise awareness among students about the facts of homelessness in Fairfax County.

"A huge part of what we do through this walk is make kids aware of what homelessness is," said this year's event organizer and parent, Bernie Boyle.

Fox Mill's participation with the Mini-Walk began in 2006 when then-first grader, Kristin Allgair and her mother, approached the school about hosting an event that would help the homeless. Kristin had heard a TV program about homelessness in Fairfax County and wanted to do something to make a difference, said school Principal Patricia Sheehy.

"That's what makes this walk so important to our students," said Sheehy. "It shows them that children can make a difference as it was a child that started this event."

Since the school's involvement with the Mini-Walk, Fox Mill has raised \$35,000 for Reston Interfaith. This year every student at Fox Mill was encouraged to participate either by pledging \$20 to the cause and then walking the school grounds or by adding their signatures to the paper "feet" that are displayed in the cafeteria.

PARTICIPATION IN THE MINI-WALK builds on lessons the children learn about the facts of homelessness in Fairfax County. During the year, students read "Ana's Story," an illustrated children's book printed and distributed by Reston Interfaith. Members of the student government also visit the Embry Rucker Shelter in Reston and report back to

their classmates about the experience. Embry Rucker staff carefully monitor this visit as the facility provides services for some Fairfax County students. Also, later in the year, students will be participating in a toiletries drive and will collect perishable items for a backpack meals program.

"I really enjoy having this event in the beginning of the year. Then throughout the year, teachers use this event to emphasize the need for the students to give back to their community," said Sheehy.

Parent Wendy Sisung participated in the event with her kindergartner and third grader. This is the fourth year that they have participated in the event and the first time it did not rain. "I think this is an important event for the kids. It teaches them to give back to their community," said Sisung.

Fourth-grader Sarah Jane Brown, also participated in the event. "I think it's really important that we do this because if I were homeless, I would really appreciate someone doing this for me," she said.

"There's a whole bunch of homeless in the area," said fifth grader Erika Dunn. "It's important that we help them."

Second-grader Sonny

Rhodes agreed that the event is important and optimistically suggested that the school is involved in the Mini-Walk "so that people who are homeless will get money to buy a home," he said.

"The kids really get the message that they are kids helping other kids. I think a lot of parents want their children to participate in this walk. Kids learn that they have a lot to be grateful for. It really brings the conversation about thankfulness to the dinner table," said Abby Kimble, Reston Interfaith's director of communication and outreach, who was on-hand at the event.

SCHOOLS AROUND THE AREA have been participating in mini-walks since the beginning of the year. In addition to the funds and awareness raised by the schools, if 1,500 participate in walks such as this, Reston Interfaith will receive \$25,000 in support from Fannie Mae.

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Major Philip Kendro flies his Harrier jet over Fallujah.



Major Philip Kendro attended Herndon High School.

PHOTOS CONTRIBUTED

Flying High From Reston, Herndon

A local Marine's story.

BY JEANNE MCKINNEY

It's awe-inspiring to see United States Marine Corps aircraft flying solo, side-by-side, or in a squadron. These sleek and technologically advanced combat machines are piloted by highly-trained professionals. As they zip across the azure blue, they fire-up the senses with vapor trails and engine noise and leave us with a feeling of "being watched over." To our troops under enemy fire in foreign lands, the sight of these American flying bombers can mean "the first night of sleep in a long time..."

"Every Marine is a rifleman first...and has to lead Marines up the hill if necessary," was a distant call when Philip Kendro, of Reston, attended Herndon High School. Graduating in 1991 with a four-year Navy Junior ROTC scholarship, he was accepted to Penn State University. Kendro heard the call, when he met the Marine Corps, and switched from the Navy to the Marine program his third year at Penn State. He was eager to join a family of elite warriors who work together for each mission, watch out for one another at all times, and never leave a brother on the battlefield.

In 1995, with a history degree under his belt, this young Virginian came into the famous "Marine Esprit de Corps" with a boyhood dream to fly airplanes. Adventure, world travel, and duty were lined up in front him like the instrument panel Major Philip Kendro would one day command in the cockpit of a revolutionary aircraft. Calls to be a part of Marine Corps battle lore and participate in rare assignments were in his future.

Philip emerged from three years of officer training and flight school with the military occupational specialty (MOS) to fly an AV-8B Harrier with call sign "Blo." He describes his aircraft as "the most premium close air support fixed wing in the world." During the Cold War, the Marine Corps looked upon the British idea of creating a short take-off and landing vertical aircraft as "something good for us".

IMAGINE A WAR PLANE going at jet speed, yet able to take off, hover, and land on a postage stamp, like a helicopter. In the mid-seventies and eighties, Kendro timelines, "we brought the first A and then B model Harrier on board to fit the needs of an expeditionary warfare unit."

The AV-8B Harrier is a one-seater and can take off and land five different ways from amphibious ships. Its solo pilot paints the picture, "Most are short takeoffs (STO). We can take-off and land anywhere from zero (like a helicopter) to 160 knots (jet speed) and can even do a rolling vertical landing (RVL). Being able to come in at a much higher glide slope got us into not runways, but highways or staging out of soccer stadiums" (as in the 1990s Persian Gulf War). "When we press forward upon the shore, we can carry heavier bombs and missiles, put more gas in, and destroy targets close as possible." He said, "It's about supporting the grunts. Ninety-five percent of what we do is close air support and that's why we're so good at it".

In 2003, Kendro was on the ground, as a Company Commander of 200 Marines and Sail-

ors in Iraq, "We were part of the invasion by C-130 transport planes doing a low level route — inserted at night — dropped off in the middle of the desert. Took these guys, took our vehicles up and switched Iraqi airfields to American airfields," while fighting Iraqi rebels.

"We were unsure how the people would react to us," Kendro said, "even though most were glad to get rid of Saddam Hussein. We had to transport fuel. Travelling roads for hundreds of miles with our fuel tanks, the tension was high we would get shot on the nose." His most dangerous and challenging mission was "getting the fuel to the bases, establishing security on the base for the first time, and detonating thousands of pounds of old Iraqi ordnance."

"The decisions I made were always to keep my Marines and Sailors safe and to complete a mission."

— Major Philip Kendro

In 2004, Kendro went over with Fixed Wing Attack Squadron (VMA) 214, the Black Sheep out of Yuma, Ariz. The Marines were put to the ultimate test in Fallujah 1 and 2 fighting the insurgency. "We had a unit far on the Syrian border that hadn't slept for days, because they were under constant mortar attack. The insurgency heard our jets overheard screaming down upon them. Once again, we're supporting our guys so they can do their mission."

BACK ON THE GROUND in

Iraq, 2007, this thirty-something guy led a small team with Air Naval Gunfire Liaison Company (ANGLICO). He and his Marines worked with the U.S. Army and provided ground and air support. Again, with ANGLICO, he played the "fatherly role" to a bunch of Marines and Sailors he took to Australia for training.

"I was a pilot taking care of myself. Now, I'm taking care of hundreds of warriors, making sure they're on task and staying out of trouble. That forced me to grow," Kendro said of his career. "The decisions I made were always to keep my Marines and Sailors safe and to complete a mission." Being able to take people to different lands, to be part of combat history — to experience such camaraderie — these are amazing opportunities and rewards for Kendro.

He is a proud husband and father of an active 2-year-old who carries his name, with a daughter on the way. His wife was the only one who showed up for her Navy Nurse interview on Sept. 12, 2001 and joined the Navy that same day. Kendro offers, "The majority now in the Marine Corps signed up after 2001," and "that says something about her and about a lot of people I'm associated with."

Mothers have called this leader of Marines, saying, "I'm a single mom — he's my only child. I can't have him deploy." With great empathy, Kendro would reply, "Ma'am, I'm an only child. My mother is a single mom and understandably — she knows it's going to be difficult for her, but she also understands that is what I signed up to do." He was able to reassure, "I will take care of your son or daughter that is underneath me."

Story courtesy of the Del Mar Times/Carmel Valley News.

BULLETIN BOARD

To have community events listed in the Connection, send to herndon@connectionnewspapers.com. Deadline is Friday.

SATURDAY/NOV. 12

Veterans Hiring Event in Conjunction with the American Freedom Festival. 9 a.m.-3 p.m. George Mason University Patriot Center, 4500 Patriot Circle, Fairfax. Attendance is free and open to veterans and active duty military. 703-218-1600.

SUNDAY/NOV. 13

Day of Thanks. 5-8 p.m. Northern Virginia Bha'i Center, 21415 Cardinal Glen Circle, Sterling. Loudoun Interfaith BRIDGES (Building Relationships for Interfaith Dialogue, Goodwill, Education and Service), an association of congregations of Baha'i, Buddhist, Christian, Jewish, Muslim, Quaker, Sikh and Unitarian faiths, invites all faiths to celebrate cultural and religious diversity. Multicultural buffet dinner, musical performances and honoring of Interfaith BRIDGES award recipients. \$15 adult, \$10 child, \$40 family of four or more. Under age 6 free. www.loudouninterfaithbridges.org. priscillamtz@gmail.com or 703-622-8984.

Auditions for the Dodgeball Theatre 2012 Teen Ensemble. 11 a.m.-12 p.m. ArtisTree Studio, 1141 Elden St., Suite 218, Herndon. Open to 7-12 graders. Limited spaces available in this year's alternative performance company. Register at www.restonartistree.com.

MONDAY/NOV. 14

Stroke and Osteoporosis Screenings. St. Joseph's Catholic Church, 750 Peachtree St., Herndon. Screenings identify potential cardiovascular conditions such as blocked arteries and irregular heart rhythm, abdominal aortic aneurysms, and hardening of the arteries in the legs. A bone density screening to assess osteoporosis risk is offered for both men and women. Packages start at 139. Registration required at 1-800-697-9721 or www.lifelinescreening.com.

Mothers First Lecture on Managing Stress and Anxiety. 8 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. With Dr. Terrell of Horizon Chiropractic and Wellness Solutions. Free. 703-227-7191 or www.mothersfirst.org.

TUESDAY/NOV. 15

Dulles Regional Chamber of Commerce Luncheon: Cyber Security. 11:30 a.m. Westfields Marriott, 14750 Conference Center Drive, Chantilly. Panelists include Andras Szakal, Federal Vice President and Chief Technology Officer for IBM, and Dr. Richard Marshall, Director of Global Security Management, US Department of Homeland Security. \$45 members, \$60 non-members. Register at www.dullesregionalchamber.org.

WEDNESDAY/NOV. 16

Where Do I Go For Help? 1:30 p.m. Alzheimer's Family Day Center, 2812 Old Lee Highway, Suite 210, Fairfax. Free educational program on Fairfax County Agency on Aging, Elderlink, case managers, assisted living facilities, continuing care retirement communities, home health organizations, and day care and senior centers. 703-204-4664.

OPINION

On Veterans Day 2011

Honoring those in military service.

More than 6,000 U.S. military service men and women have died in Iraq and Afghanistan since Sept. 11, 2001. More than 50,000 have been wounded.

On Veterans Day, we honor and thank all those who have served in the military, in times of war and peace. It's an important moment to evaluate how we are serving the needs of veterans as well. The Post-9/11 GI Bill dramatically increases the educational benefits extended to members of the military who have served at least three months of active duty since Sept. 11, 2001. Steps to provide better, faster and more responsive health care to veterans, including mental health care are underway, but have a long way to go. Here, we must commit the resources to do better.

More than 175 U.S. military service personnel from Virginia have been killed in Iraq and Afghanistan, including several in the last year.

Aaron Carson Vaughn, 30, was one of 30 American service members and 22 Navy SEALs killed Aug. 6, 2011 when their Chinook helicopter was shot down in Afghanistan. Vaughn's family has ties to McLean and Burke. He is survived by his wife, Kimberly, and their two small children.

Spc. Douglas Jay Green, 23 of Sterling, died Aug. 28, 2011, when insurgents attacked his unit using a roadside bomb in Kandahar province, Afghanistan. Green enlisted in 2007, after attending Potomac Falls High School.

OTHER RECENT Virginia deaths:

Staff Sgt. James Ronald Leep Jr., 44 of Richmond, died Oct. 17, 2011 at Forward Operating Base Kalsu near Iskandariya in Babil province, Iraq.

Spc. Levi Efrain Nuncio, 24 of Harrisonburg, died June 22, 2011 when enemy forces attacked his unit with small-arms fire in the Narang district of Kunar province, Afghanistan.

Capt. Michael Wray Newton, 30 of Newport News, died June 11, 2011 in Meymaneh, Faryab province, Afghanistan.

Capt. Charles A. Ransom, 31, of Midlothian was one of eight airmen who died April 27, 2011, at the Kabul International Airport, Afghanistan, from gunfire. Sgt. Sean T. Callahan, 23, of Warrenton was one of two Marines who died April 23, 2011 in combat in Helmand, Afghanistan.

Sgt. 1st Class Anthony Venetz Jr., 30, of Prince William died Jan. 28, 2011 in Afghanistan, in a non-combat incident. Venetz had been seriously wounded months before.

Spc. Sean R. Cutsforth, 22, of Radford died Dec. 15, 2010 in Afghanistan, when insurgents attacked his unit using small arms fire.

Spc. William K. Middleton, 26, of Norfolk, was one of two soldiers who died Nov. 22 in Afghanistan, when insurgents attacked with an improvised explosive device.

Staff Sgt. Christopher F. Cabacoy, 30, of Virginia Beach, was one of two soldiers who died July 5, 2010, in Kandahar, Afghanistan, when insurgents attacked their vehicle with an improvised explosive device.

Pfc. Benjamin J. Park, 25, of Fairfax Station, Va., died June 18, 2010 at Zhari district, Kandahar, Afghanistan, of injuries sustained when insurgents attacked his unit with an improvised explosive device.

May 12, 2010, Donald J. Lamar II, 23 of Fredericksburg, was killed in Afghanistan. Christopher D. Worrell, 35 of Virginia Beach, was killed

in Iraq on April 22, 2010. Steven J. Bishop, 29 of Christianburg, was killed March 13, 2010 in Iraq. Kielin T. Dunn, 19 of Chesapeake, was killed Feb. 18, 2010 in Afghanistan. Brandon T. Islip, 23 of Richmond, was killed Nov. 29, 2009, in Afghanistan. Stephan L. Mace, 21 of Lovettsville, died Oct. 3, 2009 in Afghanistan.

Bill Cahir, 40 of Alexandria, died Aug. 13, 2009 of a gunshot wound while conducting combat operations in the Helmand Province of Afghanistan. After 9/11, Cahir left his career as a journalist to join the Marine Corps, and got a special exemption from Congress after his application to become a Marine was denied because of his age.

Fairfax Station resident Pfc. Dillon Jutras, 20, was killed in combat operations in Al Anbar Province of Iraq Oct. 29, 2005.

Lance Cpl. Daniel Ryan Bennett, 23 of Clifton died Jan. 11, 2009, in Helmand province, Afghanistan. "He loved his country, and we're so proud of him," said his mother.

2nd Lt. Sean P. O'Connor of Burke died Oct. 19, 2008 while stationed at Hunter Army Air Field, Savannah, Ga. O'Connor was an athlete in soccer, baseball and football who attended Fairfax County Public Schools and was a 1999 graduate of Bishop Denis J. O'Connell High School in Arlington.

Pfc. David Sharrett, 27 of Oakton, died Jan. 16, 2008 in Iraq. On Oct. 24, 2008, his father, David H. Sharrett, was on hand along with former U.S. Rep. Tom Davis (R) as the Oakton Post Office on White Granite Drive was renamed to honor his son.

Four months after the knock on the door that notified David Sharrett Sr. that his son had been killed fighting in Iraq came a second knock, informing him his son might have been killed by friendly fire. The father's four-year efforts to learn the truth about his son's death are part of a movie titled, "A Second Knock At The Door."

Army 1st Lt. Thomas J. Brown, a George Mason University graduate and Burke resident, died on Sept. 23, 2008, while serving in Iraq. His unit came under small arms fire, and Brown, 26, died from his wounds.

HERE ARE the names of some of the local men and women who have died in Iraq and Afghanistan. We repeat these names at least twice a year on Memorial Day and Veterans Day to honor their service and to keep their memories in our consciousness.

If you know of someone who should be included in this list, or if you would like to share how you are honoring the memory of a family member or friend lost, or about the progress of someone injured, please let us know.

Sgt. Scott Kirkpatrick, 26, died on Aug. 11, 2007, in Arab Jabour, Iraq. Kirkpatrick, who graduated from Park View High School in Sterling, and also considered Herndon and Reston as his hometowns, was a champion slam poet. His father, Ed Kirkpatrick, calls him the "warrior poet," and he and his wife help injured vets at Walter Reed through the Yellow Ribbon fund (www.yellowribbonfund.org).

Ami Neiberger-Miller of Sterling lost her brother, U.S. Army Spc. Christopher Neiberger, in August 2007 when he was killed by a roadside bomb while serving in Baghdad, Iraq. He was 22. Since her brother's death, Neiberger-Miller has devoted herself to the Tragedy Assistance Program for Survivors (www.taps.org), which provides emotional support and other services for families of the fallen.

Staff Sgt. Jesse G. Clowers Jr., 27, of Herndon, died when an improvised bomb exploded near his

vehicle in Afghanistan on Aug. 12, 2007. Jonathan D. Winterbottom, 21, of Falls Church, died in Iraq on May 23, 2007, when an IED exploded near his vehicle.

Nicholas Rapavi, 22, of Springfield, died Nov. 24, 2006, of wounds received during combat in Anbar province in Iraq. Army Cpl. Andy D. Anderson, 24, was killed by enemy fire in Ar Ramadi, Iraq on Tuesday, June 6, 2006.

Airman 1st Class LeeBernard E. Chavis, 21, was killed Oct. 14, 2006, by sniper fire in Iraq, trying to protect civilians from a roadside bomb.

Spc. Robert Drawl Jr., 21, a 2003 graduate of T.C. Williams High School, was killed by a bomb in Kunar, Afghanistan, on Aug. 19, 2006.

U.S. Army Specialist Felipe J. Garcia Villareal, 26 of Burke, was injured in Iraq and flown to Washington Hospital Center, where he died Feb. 12, 2006. He was a graduate of Herndon High School.

Capt. Shane R. M. Mahaffee, 36, a 1987 graduate of Mount Vernon High School, died May 15, 2006. He was a lawyer, married, with two children. His parents live in Alexandria.

U.S. Marine Lance Cpl. Nicholas Kirven, 21, was killed in Afghanistan in 2005 during a firefight in a cave with insurgents. He enlisted while still in high school after 9/11. Maj. William F. Hecker III, a 1987 graduate of McLean High School, was killed in action in An Najaf, Iraq, Jan. 5, 2005.

Staff Sgt. Ayman Taha, 31, of Vienna, was killed Dec. 30, 2005, when an enemy munitions cache he was prepping for demolition exploded. Army Capt. Chris Petty of Vienna was killed Jan. 5, 2006.

Staff Sgt. George T. Alexander Jr., the 2,000th soldier to be killed in Iraq, was literally born into the Army here in Northern Virginia at DeWitt Army Hospital at Fort Belvoir. Alexander died at Brooke Army Medical Center in San Antonio, Texas, Oct. 22, 2005, of injuries sustained in Samarra, Iraq, Oct. 17.

Lt. Col. Thomas A. Wren, 44, of Lorton, died in Tallil, Iraq on Nov. 5, 2005. Marine Capt. Michael Martino, 32 of the City of Fairfax, died Nov. 2, 2005, when his helicopter was brought down in Iraq.

1st Lt. Laura M. Walker of Oakton was killed on Aug. 18, 2005, in Kandahar, Afghanistan. CW4 Matthew S. Lourey of Lorton died from injuries sustained on May 26, 2005 in Buhruz, Iraq.

Operations Officer Helge Boes of Fairfax was killed on Feb. 5, 2003, while participating in counterterrorism efforts in eastern Afghanistan.

Among other local lives lost: Lance Cpl. Tavon Lee Hubbard, 24, of Reston; 1st Lt. Alexander Wetherbee, 27, of McLean; 1st Lt. Jeff Kaylor, 25, of Clifton; Coast Guard Petty Officer Nathan B. Bruckenthal, 24, of Herndon; Army Chief Warrant Officer Sharon T. Swartworth, 43, of Mount Vernon; Command Sgt. Maj. James D. Blankenbecler, 40, of Mount Vernon; Capt. James F. Adamowski, 29, of Springfield; Sgt. DeForest L. Talbert, 22, of Alexandria; Marine Cpl. Binh N. Le, 20, of Alexandria; Staff Sgt. Russell Verdugo, 34, of Alexandria. Army Capt. Mark N. Stubenhofer, 30, from Springfield; Marine Gunner Sgt. Javier Obleas-Prado Pena, 36, from Falls Church; Marine Sgt. Krisna Nachampassak, 27, from Burke; Army Staff Sgt. Nathaniel J. Nyren, 31, from Reston; Marine Lance Cpl. Tenzin Dengkhim, 19, from Falls Church; Navy Chief Joel Egan Baldwin, 37, from Arlington; Maj. Joseph McCloud, of Alexandria, and Major Gloria D. Davis, 47 of Lorton.

— MARY KIMM

THE CONNECTION

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NEWS

Giving Season Begins

Reston Community Center, Reston Interfaith and Greater Reston Chamber of Commerce team up for annual drive.

BY ALEX McVEIGH
THE CONNECTION

The Reston Community Center, Reston Interfaith and the Greater Reston Chamber of Commerce have teamed up for a Thanksgiving Food Drive, which will run until Nov. 21. Various businesses around Reston will serve as drop off points for items.

"The Thanksgiving food drive is one of our favorite events each year at RCC, because it brings together individuals throughout our community to celebrate a day about giving thanks by giving back," said Beverly Cosham, chair of the RCC board of governors. "We greatly value the opportunity to share our time and resources with others."

Items such as canned meats, cooking oil, soup, beans (canned and dried), peanut butter, jelly, pasta, cereal, coffee tea, flour and sugar are some of the food items that are in particularly high demand. Other non-food items such as diapers and baby wipes are also in need.

"We've seen an increase of new households needing assistance for the last few years," said Abby Kimble of Reston Interfaith. "Any donation will go a long way to help people in need."

Volunteers are also needed to sort the donated items at the Reston Community Center and the Reston Interfaith Food Storage Facility on Thanksgiving Day, Nov. 24, starting at 10 a.m. Volunteers must register beforehand.

"It's a great volunteer opportunity for families to come out and help sort food and help with logistics," Kimble said.

More information on the drive, including a list of drop-off locations, can be found at www.restoncommunitycenter.com.



PHOTO BY LINDA RUTLEDGE

Supervisor Cathy Hudgins (D-Hunter Mill) helps sort food during last year's Reston Community Center food drive. This year's drive is going on until Nov. 21, and volunteers are needed to sort the food on Thanksgiving Day.



Volunteers sort food collected by the annual Reston Community Center Thanksgiving Food Drive, which is going on until Nov. 21 this year.

Donation Locations

Reston Community Center Hunters Woods
2310 Colts Neck Road, Reston

Reston Community Center Lake Anne
1609-A Washington Plaza, Reston

Greater Reston Chamber of Commerce
1763 Fountain Drive, Reston

Hunter Mill District Office
12000 Bowman Towne Drive, Reston

Reston Association
12001 Sunrise Valley Drive, Reston

YMCA Reston
12196 Sunset Hills Road, Reston, VA 20190

State Farm Insurance
11868 Sunrise Valley Drive, Suite 200, Reston

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11800 Sunrise Valley Drive, Reston

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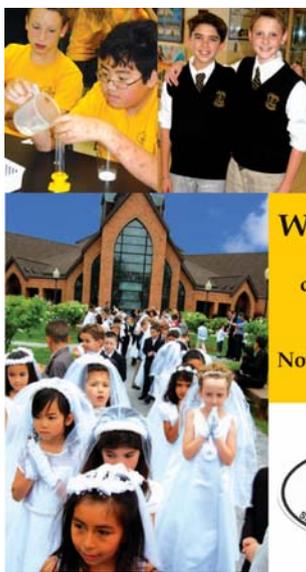
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NEWS

Runnymede Park Rambles Program

The Friends of Runnymede Park will launch a new natural discovery series called "Rambles in Runnymede," designed to help area residents and families become more familiar with the park. Each meeting will begin with a 20-minute introduction to a topic about the park by a trained naturalist. The participants will then do a self-guided ramble with sugges-

tions for things to look and listen for, along with various activities related to the topic of the day. A brief sharing of everyone's discoveries and experiences will conclude the outing. No registration is needed; just meet at the picnic shelter closest to the parking lot.

The first Ramble will be Sunday, Nov. 13 from 2 to 3:30 p.m. It will be led by Peter Munroe, a local naturalist with over thirty years experience in sharing his love of the natural world. The topic: "How Life in the Park Adapts to Survive

in the Cold." Dress for the weather and bring a camera.

Herndon's 58 acre nature park provides passive recreational opportunities, and features a native plant garden with over 100 different species of plant, flowers and wildlife.

The mission of the Friends of Runnymede Park is to protect, enhance, and preserve the physical, natural, and cultural heritage of this special public parkland in the Town of Herndon, Virginia.

Annual Herndon Turkey Trot 5K

Saturday, Nov. 19, 2011, held at the Herndon Community Center, 814 Ferndale Avenue. Packet Pickup 1:30-3 p.m. in the Herndon Community Center gym. Race begins at 4 p.m. All ages welcome.

Registration Fees: Pre-registration is \$15 and a can of food for donation. Race Day Registration is \$20 and a can of food for adults and \$15 and a can of food for youth (18 & under). Registration forms are available at the Herndon Community Center or online at www.herndon-va.gov

Long-sleeve t-shirts are guaranteed to the first 750 pre-registered runners. Prizes are given to the 1st and 2nd place winners in their age group plus the overall male and female winner will receive a turkey with all the trimmings.

NIKE Reuse a Shoe Recycling Program — along with the food donation, will be collecting athletic shoes. Please no cleats, dress shoes, sandals or flip flops. Drop boxes will be available at the Herndon Community Center through race day.

Hunter Mill Road Detour in Effect Nov. 12-21

The Hunter Mill Road bridge over Difficult Run in Fairfax County will be closed to traffic from 7 a.m. Saturday, Nov. 12 until Monday, Nov. 21, the Virginia Department of Transportation announced. The closure is necessary while crews replace the corroded bridge with a temporary bridge.

The bridge is located between Hunter Station Road and Lawyers Road. A 3.2-mile detour route will be in effect.

Motorists heading north on Hunter Mill Road will take Lawyers Road to Twin Branches Road to Sunrise Valley Drive to Hunter Mill. Motorists heading south will use Sunrise Valley Drive to Twin Branches Road to Lawyers Road back to Hunter Mill Road.



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Kitchen Confidential

Many approaches, most include green-design elements.

BY MARILYN CAMPBELL
THE CONNECTION

Whether used to sip morning coffee or to host a large dinner party, the kitchen is often the most occupied room in a home. Local interior designers and the National Kitchen and Bath Association say the trendiest kitchen design elements of 2011 and 2012 are glass, cabinetry with dark finishes, energy-efficient lighting and accessories, double-wall ovens, walk-in pantries and induction cook tops.



PHOTO COURTESY 2 IVY LANE INTERIORS

This Fairfax County kitchen, designed by Alex Deringer and Courtney Cox of 2 Ivy Lane Interiors, has a dramatic skylight and large windows to let in natural light.

WHEN PASSIONATE COOKS with a flair for coordinating colors and a commitment to energy efficiency collaborate on a kitchen design project, it is no surprise that the end result incorporates current trends. That is what happened when David Bauer, an environmental consultant, and Joanne Bauer, a museum curator and artist, hired Alexandria-based architect Laura Campbell to remodel their Reston home.

The couple had lived in their home for 20 years when they decided to do a major renovation.

"The kitchen was so small that you could only open one appliance at a time," said Joanne Bauer. "I cook

SEE CREATING DREAM KITCHEN, PAGE 10

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Home Life Style

Creating Dream Kitchens

FROM PAGE 9

a lot, and we entertain a lot. When we had a lot of people over, I was always holed up in the kitchen while everyone else was having a good time [in another part of the house].”

The Bauers wanted their kitchen to be a spacious room in which family and friends could flow in and out freely.

“[Our new kitchen] is the kind of kitchen where [there is room for] people to help with cooking. It has an open floor plan and works well for entertaining,” said Bauer. “Now what was once our kitchen is a walk-in pantry.”

Because their appliances can be seen from the living room, the Bauers covered them with flat-faced cherry wood cabinet fronts and attached brushed stainless steel pulls for opening and closing.

Their choice of an induction cooktop as well as their lighting selection underscores the couple’s desire for energy efficiency. Campbell put in LED under-counter lights that provide drama and task lighting without adding heat or using much energy.

“They have a beautiful, wooded yard,” said Campbell. “... [W]e placed the sink and island to take advantage of [the view], adding a skylight over the island.”

The couple, who are hikers, chose colors that are reminiscent of their outdoor treks. “The granite countertops remind us of stone we’ve seen on our hikes. We love the integrated colors.”

Campbell created a niche just outside the kitchen where Joanne Bauer could display art, including her own.

“The kitchen is open, and it flows,” said Bauer. “But it’s like a cooking show; if I screw up, everyone will know.”

LET THERE BE LIGHT (AND GLASS)

When Alexandria-based designers Alex Deringer and Courtney Cox of 2 Ivy Lane Interiors designed a kitchen in Fairfax County recently, they took a light approach.



PHOTO BY MARILYN CAMPBELL

The homeowners wanted a spacious and elegant room for entertaining that also accommodated their children.

The result was a kitchen with white marble counters and white, custom-designed, painted wood cabinets, including some glass-front cabinets with interior lighting. The island has a rosewood counter surface, creating a dramatic contrast against the light-hued wood.

“The appliances have cabinet overlays, so they blend in with the rest of the cabinetry,” said Cox. “Custom cabinets give you a more refined look.”

The most dramatic feature in this room is the colossal skylight above the island. Other large windows add additional natural light.

“[This owner] is a very light-driven person,” said Deringer.

GO GREEN

When Holly and Rick Wolff bought a second home in their North Arlington neighborhood, they gutted and remodeled it. Having lived across the street in a smaller home for 30 years, they wanted more space, especially in the kitchen.

“[Our previous house] had a tiny kitchen, and I wanted a big kitchen with an island where our family could congregate and talk and relax,” said Holly Wolff.



DONATED PHOTO

When remodeling their Reston home, Joanne and David Bauer chose an induction cooktop as well as LED lighting. Alexandria Architect Laura Campbell designed a spacious room in which family and friends could flow in and out freely.

Environmentally active since they started a paper recycling program as students at George Washington University, the Wolffs hired green architect David Peabody, to design the new kitchen.

“Almost everything in the kitchen is green,” said Holly Wolff. “Our cabinets are bamboo. We have a cork floor that is sustainable. Our counters are Riverstone concrete.”

Peabody, an Alexandria-based architect,

added a long wall of windows and placed the sink in the middle. The breakfast room, which was once a screened porch, is now enclosed in glass and adjoins the kitchen.

“What we decided to do was to expand the kitchen out in the back about six feet and then enclose the porch so it is one streaming room,” said Holly Wolff. “It added all this light to the back end of the house. We put windows everywhere we could. Now we have light everywhere: sun tubes, skylights. David is a firm believer in light.”



PHOTO BY MARILYN CAMPBELL

Alexandria based interior designer Sarah Pak used custom cherry wood cabinets and honed black granite counters when she remodeled the kitchen of this Old Town Alexandria home. The homeowner wanted the kitchen to be an open, flowing workspace with a large island and room for a family dining table.

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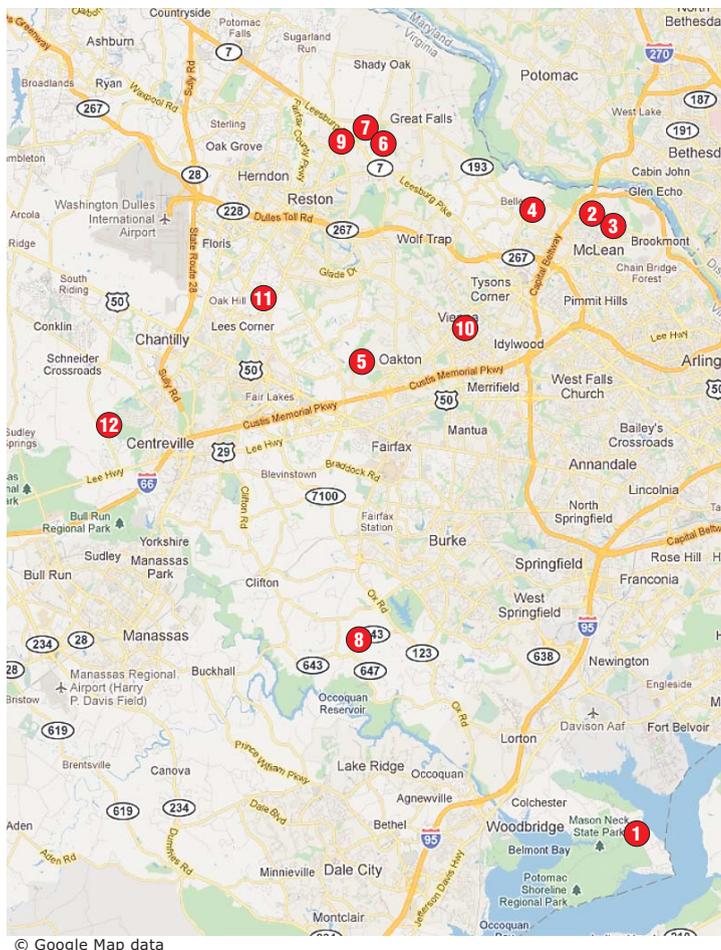
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6140 RIDGEMONT DR	4	.5	1	CENTREVILLE	...	\$1,235,000	Detached	4.87	20120	VIRGINIA RUN THE ESTATES	09/30/11

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This home, purchased by former Hewlett Packard chief executive Carly Fiorina sits on 5.1 acres and has six bedrooms, eight bathrooms and two half-bathrooms. It has spectacular views of the river from virtually every room.

ALL PHOTOS COURTESY OF SUE GOODHEART, OF MCENEARNEY ASSOCIATES



\$6.1 Million for Waterfront Home

High profile buyers acquire top properties.

BY MARILYN CAMPBELL
THE CONNECTION

Some waterfront and Alexandria real estate gems have been scooped up recently. Former Hewlett Packard chief executive Carly Fiorina shelled out \$6.1 million for a home along the Potomac River on Gunston Road in the Mason Neck section of Alexandria.

The house, which originally listed for \$7.7 million, sits on 5.1 acres and has six bedrooms, eight bathrooms and two half-bathrooms. It sold in September.

"This home is located on a particularly beautiful part of the Potomac River," said listing agent Sue Goodheart of McEneaney Associates. "The lot was leveled so that you can have direct access to the water. In every room you have a spectacular view of the river. There are a lot of open areas and open stairwells." Goodheart says the home is in a gated community, offering privacy.

Ferry Point is the location of another Alexandria water-front property which sold recently. Originally listed at \$10.7 million, the 7,000-square-foot home sold in August for \$8.2 million. It sits on 11.7 acres and has six bedrooms, five bathrooms and one half-bathroom. A winding, tree-lined driveway leads visitors through the lush grounds to the main house. The property includes a carriage house with a two-bedroom, one-bathroom guest apartment.

The main house features four fireplaces including one outdoor fireplace, a pool, a green house, stables



and a boat dock.

In Old Town, a five-bedroom, four-and-a-half-bathroom home in the historic district sold for \$3.5 million, originally listed at \$4 million. The four-story home includes a pool, 12-foot ceilings and eight fireplaces. It still has the original woodwork and floors. Ideal for entertaining, the home has a library and a large library that overlooks the gardens.

"It was built in 1870 and has ... eight fireplaces and beautiful gardens," said Goodheart. She says the double lot, large for the area, was another attraction for buyers.

While those homes are no longer on the market, Goodheart says there are others that are just as spectacular. She names a \$4.85 million home on Fairfax Street in the heart of Old Town with six bedrooms, four bathrooms, two half-bathrooms and an air-conditioned two-car garage.

Originally built in 1770, it is an 8,000-square-foot home on a quarter-acre lot. The home has built-in book cases, antique limestone mantels on six fireplaces and ceramic tile in the bathrooms. It has grand rooms for entertaining. Other amenities include an historic smokehouse and a chef's kitchen with an adjoining breakfast room.



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9194 Forest Breeze Ct.....\$319,950.. Sun 1-4..Kathleen Quintarelli.....Weichert.. 703-862-8808
8011 Parklane Ct.....\$465,000.. Sun 1-4.....Monica Adams.....RE/MAX.. 703-434-9400

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20974 Flatboat Ct.....\$622,000.. Sun 1-4.....Dina Azzam.....Re/Max.. 703-403-3830

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9794 Meadow Valley Dr.....\$824,000.. Sun 1-4.....Jean Woods.....Re/Max.. 571-223-2664
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To add your Realtor represented Open House to these weekly listings, please call Karen Pechacek-Washburn at 703-778-9422 or E-Mail the info to kwashburn@connectionnewspapers.com All listings due by Monday at 3 P.M.

Siemens Honors Young Scientists

Four Thomas Jefferson Students Named Regional Finalists for Siemens Competition.

BY MAYA HOROWITZ
THE CONNECTION

Four students from Thomas Jefferson High School for Science and Technology, Luo Qian, Ye (Eric) Tao, Marvin Qian and Yon (Daniel) Jang, have been

named regional finalists for the prestigious Siemens Competition in math, science and technology.

"We've got a strong tradition of students coming from Northern Virginia, specifically from Thomas Jefferson," said Jeniffer Harper-Taylor, president of the Siemens Foundation.

The Siemens Competition in math, science and technology, which is open to all high school students, was established in 1999.

"It was specifically created to recognize high school students for original research projects," said Harper-Taylor.

Siemens partners with the College Board for the competition.

"Siemens is the sole funder," said Harper-Taylor. "College Board is the sole interface."

Finalists are selected via a blind read.

"65-70 judges in the major disciplines look at the students work without name, geographical location or gender," said Harper-Taylor. "The blind read has definitely been the platinum standard. Students are not judged on extracurricular activities or grade point average, just their work."

Regional finalists advance to competitions at one of six colleges: Georgia Institute of Technology, California Institute of Technology, Massachusetts Institute of Technology, the University of Texas at Austin, University of Notre Dame and Carnegie Mellon.

Luo Qian, Tao and Marvin Qian competed at Georgia Institute of Technology. Jang, because his project involved team members from other areas, will compete at Carnegie Mellon.

"Every person at regionals gets a \$1,000 scholarship," said Harper-Taylor. The top prize at regionals is \$3,000 for individuals and \$6,000 for teams.

This year, an all-time record of 2,436 students competed for a total of 1,541 projects.

"Students are becoming more engaged in original research," said Harper-Taylor. "It's become a very popular topic among American educators. It's been a big topic on the president's agenda. It's brought a lot visibility to STEM. It's become a more attractive field to consider."



Luo Qian of Springfield, a senior at Thomas



Marvin Qian of Herndon, a senior at Thomas Jefferson



Ye (Eric) Tao of Fairfax, a junior at Thomas Jefferson



Yon (Daniel) Jang of Alexandria, a senior at Thomas Jefferson

PHOTOS CONTRIBUTED

LUO QIAN, a senior at Thomas Jefferson, said he had been working on his project for about three years. He found the Siemens Competition and thought it was a good medium to present his work. His project examines iron at the Earth's core.

"Iron is the major component of the Earth's core," said Luo Qian. "By knowing and studying extensively under temperatures and pressures we can get a guesstimate of how the inner core works. This gives us a greater understanding of our Earth as a whole."

He hopes to study computer science and possibly chemistry in college. In his free time, he codes, builds websites and works on computer science.

Luo Qian, who is no relation to fellow finalist Marvin Qian, lives in Springfield. "It's an interesting place I suppose," said Luo Qian. "There's not much that goes on there. It's not really a big city, just sort of an area."

YE (ERIC) TAO AND MARVIN QIAN, a junior and senior, respectively, from Thomas Jefferson, worked together. Both said they had heard of the competition before and aspired to participate.

"The Siemens competition is very prestigious," said Tao. "Even since I was young, my friends and family were mentioning it."

"It's pretty popular at our school," said Marvin Qian. "Even when I was a freshman I would hear from the upperclassmen. It made a pretty big impact on us and we wanted to enter."

They chose an interdisciplinary project because Tao was interested in computer science and Marvin Qian was interested in biology. They created a computational approach to detect a special class of proteins. Using computers makes studying these proteins more cost effective and accessible for smaller laboratories.

"Proteins have a large impact," said Marvin Qian. "They facilitate any biological process in your body. The type of proteins we study bind to more different molecules and they're more versatile. Our methods use computer programs so it's fast and cheap to obtain that information."

Tao plans to study computer science or electrical engineering in college. In his spare time he likes to participate in math competitions or do programming.

Marvin Qian plans to study biomedical engineering in college. He practices martial arts, trains and competes at the O-mei Wushu center and enjoys visual arts.

Tao lives in Fairfax. "It's a pretty nice place," said Tao. "I live in the suburbs. There's just nothing wrong with it."

Marvin Qian lives in Herndon. "It's pretty nice," said Marvin Qian. "It's safe. It's got interesting people. It's a good suburban area."

YON (DANIEL) JANG, a senior at Thomas Jefferson, started working on his project at a summer program at Stony Brook University. He has two team members, one from New York and one from California.

His project deals with hydrogen fuel cells. "We found we could increase their fuel output by modifying their proton exchange

membrane," said Jang. "The long term application of our project is ultra efficient hydrogen fuel cells. Fuel cells that can power cars and help America solve its energy crisis."

Most of the work was done in the summer, but over the year, the team members communicated via Skype.

"Scheduling was sometimes tricky but we managed," said Jang.

Jang plans to study chemical engineering or material science with a focus on sustainable engineering in college "in large part due to my research on fuel cells. It got me interested in the field of clean energy."

Extracurricularly, he is the president of the environmental impact club and he enjoys taekwondo and ultimate frisbee.

Jang lives in Alexandria. "It is a very good environment for living," said Jang. "I like it, I guess."

Regionals at Georgia Institute of Technology took place Nov. 4-5. Regionals at Carnegie Mellon will occur on Nov. 18-19.

SCHOOL NOTES

Christine Bailey of Oak Hill has received a master of business administration in business administration from the Virginia Tech Pamplin College of Business.

Lauren Binford of Oak Hill has received a master of accounting and information systems degree from the Virginia Tech Pamplin College of Business.

Katherine Bubser of Herndon has received a master of arts in education degree in educational leadership and policy studies from the Virginia Tech College of Liberal Arts and Human Sciences.

Brian Covington of Herndon has received a master of science degree in business administration from the Virginia Tech

Pamplin College of Business.

Paul Klinker of Oak Hill has received a master of information technology degree at Virginia Tech.

Tammy Mills-Mirick has received an education specialist degree in educational leadership and policy studies from the Virginia Tech College of Liberal Arts and Human Sciences.

Matthew Price of Herndon has received a master of science degree in electrical engineering from the Virginia Tech College of Engineering.

Devin Rouse of Herndon has received a master of science degree in civil engineering from the Virginia Tech College of Engineering.

ENTERTAINMENT

Send announcements to herndon@connectionnewspapers.com. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com.

THURSDAY/NOV. 10

9th Annual Veterans' Powwow at GMU. 12-10 p.m. George Mason University Johnson Center, 4400 University Drive, Fairfax. The Native American/Indigenous Alliance at GMU honor American veterans and celebrate Native American culture. Traditional art and crafts available for purchase. With Host Drum Stoney Creek and Buffalo Hill. Master of Ceremonies Clayton Old Elk (Crow) and Keith Colston (Tuscarora-Lumbee); arena director Manuel Rodriquez (Comanche & Cheyenne); head dancers Mary Phillips (Laguna Pueblo & Omaha) and Jason Warwick (Lumbee & Eastern Cherokee); head junior dancers Alexander Firewalker (Cherokee) and Alexis Hill (Seneca & Ojibwa). Free admission, open to the public. 703-993-2700.

Herndon Veterans Day Observance. 11 a.m. Herndon Town Green, 777 Lynn Street, Herndon. Annual observance sponsored by American Legion Wayne M. Kidwell Post 184. Free admission. 703-481-1200.

Celebrate Public Art in Reston. 6 p.m. Midtown Reston Town Center, 12025 Dominion Parkway, Reston. Meet Mary Ann Mears, the artist selected for IPAR's next public art project. There will be a screening of the film about the public artwork at the Glade Drive Underpass and projections of public art projects throughout the United States. Catering by South Lakes High School culinary students. Hosted by the Initiative for Public Art - Reston (IPAR). \$50 per person. www.publicartreston.org.

Eric Brace & Last Train Home. 8 p.m. The Barns at Wolftrap, 1635 Trap road, Vienna. Roots rock. \$20. www.wolftrap.org.

Toddler Storytime. 10:30 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Stories, songs and fingerplays. Age 2-3 with adult. 703-689-2700.

One-on-One Computer Tutoring. 2 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Learn the basics of the Internet, Word and Excel. Call for appointment. Adults. 703-242-4020.

Aviation Author. 7 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Robert F. Dorr, author of Mission to Berlin and Hell Hawks, discusses the air war over Europe during WWII. Book signing. Adults. 703-242-4020.

E-book /E-Reader Instruction. 7:30 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Learn about library eBooks and how to access them with your compatible device. Call for an appointment. Adults. 703-242-4020.

FRIDAY/NOV. 11

The 10th Annual Jazz 4 Justice: Celebrating the Music of WWI. 8 p.m. George Mason University Center for the Arts Concert Hall, 4400 University Drive, Fairfax. With selections from George and Ira Gershwin, Sholom Secunda, Sammy Cahn, Woody Herman and Joe Bishop, Wycliffe Gordon, Jerry Bock and Larry Holofcener. \$20, \$15 students and seniors. www.music@gmu.edu.

Wolf Trap Debut Artist: Robert Belinic. 8 p.m. The Barns at Wolftrap, 1635 Trap road, Vienna. Croatian guitarist performing classic works from Bach, Mario Castelnuovo-



The Capitol Wind Symphony will be performing on Sunday, Nov. 13 at 3 p.m. at the Vienna Presbyterian Church, 124 Park St. N.E. in Vienna. Conductor George Etheridge leads 75 professional concert band musicians in works by Broughton, Giannini, Reed, Rimsky-Korsakov and Strauss. Featuring Seth Horner, tuba soloist. Tickets are \$10-\$20. www.capitalwindsymphony.org.

Tedesco, Antonio Lauro and more. \$35. www.wolftrap.org.

SATURDAY/NOV. 12

Fairfax Symphony Orchestra. 8 p.m. George Mason University Center for the Arts, 4400 University Drive, Fairfax. With harpist Yolanda Kondonassis. Mozart's Symphony No. 10, Barber's Adagio for Strings, Ginastera's Harp Concerto, Barber's First Essay for Orchestra, and Schubert's Symphony No. 5. Free pre-concert discussion for ticketholders at 7 p.m. Tickets \$25-\$55. info@fairfaxsymphony.org.

Rock Band Daughtry. 7:30 p.m. American Freedom Festival Washington, Patriot Center, 4500 Patriot Circle, Fairfax. Tickets range from \$39.50-\$139.50, available at www.ticketmaster.com or 703-573-SEAT. Military tickets will be available at a discount through www.patriotcenter.com.

Used Bike Collection. 9 a.m.-1 p.m. Saint Joseph Parish parking lot, 750 Peachtree St., Herndon. Bicycles will be collected for Bike For the World, to be delivered to those without transportation in Latin American and African countries. A \$10 donation per bike is requested to defray shipping costs. Eagle Scout project of Matt Lee. 703-742-8639 or matthew.james.lee703@gmail.com

The Bobs. 7:30 p.m. The Barns at Wolftrap, 1635 Trap road, Vienna. A cappella madness. \$22. www.wolftrap.org.

Reston Contra Dance. 8 p.m. Reston Community Center, 2310 Colts Neck Road, Reston. David Giusti calls to the music of the June Apple Band. Beginners' workshop 7:15 p.m. Singles welcome. Admission \$8. anote20@gmail.com.

Protecting Virginia: the Fight for Clean Air and Water. 1 p.m. National Wildlife Federation, 11100 Wildlife Center Drive, Reston. Hosted by the Northern Virginia Climate Action Network and the Virginia Conservation Network. Hear experts describe air, water and climate problems facing Virginia and what action is needed. Free. 703-506-4310 or linda@lburchfiel.com.

MONDAY/NOV. 14

Frying Pan Farm at Reston Regional Library. 3 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Meet a farm animal, hear a Thanksgiving story and create and take home a corn cob critter. Age 6-11. 703-689-2700.

English Conversation. 10:30 a.m. Oakton Library, 10304 Lynnhaven

Place, Oakton. English practice for non-native speakers. Adults. 703-242-4020.

Brain Games. 3:30 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. After-school drop-in program. Play chess, Blokus, Battleship, Rush Hour and other fun strategy games. Age 6 and up. 703-242-4020.

TUESDAY/NOV. 15

Fascinating Facts: Exploring the Myths and Mysteries of Judaism. 7:30 p.m. Chabad Community Campus, 3939 Prince William Drive, Fairfax. Jewish myth and urban legend, biblical stories and events, Jewish foods, the Hebrew language, life cycle events, and mysteries of the occult. The Jewish view on Satan and the evil eye, whether angels have wings, and why pork is considered the quintessential non-kosher food. 703-426-1980 or www.myJLL.com.

Baby Steps Storytime. 10:30 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Interactive storytime. Age 12-23 months with adult. 703-689-2700.

Scandal at Bizarre: Sex, Rhetoric, and Reality in Jefferson's Virginia. 7 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Dr. Cynthia Kierner, history professor at George Mason University, relates the story of the scandal that engulfed the Randolphs of Virginia in the 1790s. Adults. 703-689-2700.

WEDNESDAY/NOV. 16

Pig Party Preschool Storytime. 11 a.m. Herndon Fortnightly Library, 768 Center St., Herndon. Stories and rhymes about pigs. Age 3-5 with adult. 703-437-8855.

Toddler Tales. 10:30 a.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Stories and activities. Age 2-3 with adult. 703-242-4020.

THURSDAY/NOV. 17

"Almost, Maine." 7 p.m. South Lakes High School, 11400 South Lakes Drive, Reston. Nine tales of love by John Cariani in a mythical town. \$8 in advance and \$10 at the door. www.southlakesdrama.com.

Jared Bernstein to Speak at NVHC. 8 p.m. Northern Virginia Hebrew Congregation, 1441 Wiehle Ave., Reston. Vice President Biden's former Chief Economics and Policy Adviser, on "The Long and Bumpy Road to Economic Recovery and Growth." Free admission, open to the public. ruthseldon@comcast.net.

HOW TO GET YOUR ORGANIZATION'S SPECIAL EVENTS IN THE CONNECTION Calendar Listings

The Connection Newspapers contain a Calendar of Upcoming Events every week. While we cannot guarantee that every event we receive information about will be listed, here is the information we need for your upcoming event to be considered for the Calendar. We welcome photographs of similar events held previously, which sometimes appear with Calendar items.

Name of Event:

Day of the Week, Date and Time:

Name of the Place Event will Be Held:

Address of the Place Event Will Be Held:

Name and Phone Number for More Information:

Three Sentences Describing the Event:

Please submit your calendar information at least two weeks before your event. Clear photographs from similar previous events are always welcome. All events should be open to the public. We give first priority to free events. E-mail listings to:

herndon@connectionnewspapers.com

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Calendar, Connection Newspapers

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SPORTS

Young Seahawks Show Well At Cross Country Regionals

Oakton boys garner team title at postseason showcase event.

BY RICH SANDERS
THE CONNECTION

A week following a third place finish at the Liberty District Championship meet, the South Lakes High boys' cross country team gave it their best shot at the 16-team Northern Region Championships, held last Thursday, Nov. 3 at Burke Lake Park.

Although the Seahawks' 13th place overall finish was not good enough to put them in the upper half of the large field of teams, South Lakes did run a good overall race in its season finale meet.

"The boys ran pretty well at regionals," said South Lakes head coach Kevin Donovan. "We had a very young team, but all of them [at regionals] either ran their best time or were within a few seconds of their best time for the distance."

South Lakes, with 273 team points, finished behind 12th place Hayfield (250) but ahead of Washington-Lee, McLean, and Mount Vernon, who were 14th through 16th place, respectively.

South Lakes' top six finishers at regionals are all underclassmen, so the outlook for next year is bright.

HERNDON'S GIRLS runner Belle Burgess finished in 16th place overall at regionals last week. Teammate Gabby Bustamante finished 57th place in the field of 117 runners. Both Burgess and Bustamante were coming off Concorde District Championship outings in which they had earned top 15 medals.

For the Herndon boys, Troy Hunsaker, who qualified for regionals as a result of his 12th place finish at districts two weeks ago, finished 50th (in a field of 126 runners) at the region race.

FOR OAKTON HIGH, the Northern Region cross country championships were a huge success as its boys' team captured first place and the girls finished in a three-way tie for second. The postseason event, consisting of 16 teams on both the boys' and girls' sides, took place on the 2.98-mile course at Burke Lake Park last Thursday, Nov. 3.

The top four team finishers in both the boys' and girls' races earned an automatic seeding at the upcoming Virginia State AAA Championships, set for this Saturday in The Plains. Thus, both of Oakton's teams are headed for the state competition.

"The boys and girls teams set a goal of reaching the state meet at the beginning of the season and we were happy to meet our goal," said Oakton Head Coach Alisa Byers.

The Oakton boys won with a score of 72 points. The other state qualifying boys' teams were second place Robinson (87 points), third place Chantilly (101), and fourth place Thomas Jefferson (126). The fifth through eighth place teams, not making the state cut, were Lake Braddock (134), Stone Bridge (189), Woodson (207), and Edison (210).

Oakton took the title despite not having any runners finish among the top 10, although two Cougars — Michael McNamee (13th place) and Christopher

Herndon High's Belle Burgess hits her stride at last week's Northern Region Championships at Burke Lake Park.



PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

Jewell (14th) — did earn top 15 medals during post race ceremonies.

Three other Oakton runners finished among the top 20 runners — Patrick Eberhart (16th place), Gregory Petruncio (17th), and Patrick Singh (18th). Rounding out the Oakton lineup were David Atkinson (35th place) and Michael Raiti (47th).

"On the boys' side we wanted to be more aggressive in the first mile than we were last year, which we did very well," said Byers, whose boys' team finished eighth at states last year. "The regional meet always goes out very fast so we wanted to be prepared, and continue to be assertive."

Annandale High's Ahmed Bile (14:38) took first place overall, finishing just ahead of Chantilly's Sean McGorty (14:42). Finishing third through fifth place were Lake Braddock's Nick Tuck, Chantilly's Logan Miller, and Woodson's Paul Gates.

THE OAKTON GIRLS' team score of 117 points was good enough to put the Cougars ahead of fifth place Chantilly (140) and sixth place Lake Braddock (145). The top three girls' team finishers were champion West Potomac (86) and second place finishers Oakton, West Springfield, and Jefferson, all three of whom scored 117 points.

Oakton had three runners finish among the top 15 — second place finisher Allie Klimkiewicz (17 minutes, 29 seconds), seventh place Hailey Dougherty, and 12th place Briana Stewart. The Cougars' next top four finishers were Morgan Bayer (47th), Kristi Carrigan (49th), Megan Cahill, and Shannon Carney.

Sophie Chase (16:53) of Lake Braddock was the overall race champion. Klimkiewicz was next in second place, followed by third place Bailey Kolonich of Lee, fourth place Macey Schweikert of Robinson, and fifth place Hannah Christen of Lake Braddock.

Byers, the Oakton coach, stressed to her Oakton girls' runners prior to the region race that it would be a tight team race and that every Cougar runner could make a difference. The team came through with its fourth place finish to qualify for states.

The coach is looking forward to both her girls' and boys' teams showings at states. "No coach can predict how their team is going to perform on the day of the meet," she said. "We just want to have solid performances of which we can be proud."

Oakton Headed to Div. 6 Football Payoffs

Herndon concludes frustrating season.

BY RICH SANDERS
THE CONNECTION

Last Friday night was the regular season finale for Northern Region schools, including area teams Herndon, South Lakes, and Oakton.

Oakton enjoyed an outstanding season under first year head coach Jason Rowley. The Cougars qualified for the eight-team Northern Region Div. 6 playoff tournament, set to begin this Friday night. Oakton (8-2), the No. 3-seed, will host two-time defending region champion and No. 6-seed Lake Braddock.

Oakton, which in recent years enjoyed outstanding success under former head coach Joe Thompson, has continued its winning ways under longtime Oakton assistant and current head coach Jason Rowley. Oakton won its first seven games this fall before losing two of its final three, including a setback to visiting Concorde District opponent Centreville, 42-14, last Friday night.

The Cougars, a member of the Northern Region's toughest district — the Concorde — saw its only defeats come at the hands of unbeaten Westfield and the 9-1 Centreville squad. Key wins for Oakton this season have come over Madison, 55-17 in the season opener; South County, 21-7 in week two; Chantilly, 21-14, in week seven; and Robinson, 42-8 in week nine.

"I am very pleased with the season thus far," said Rowley. "I think the players have done a good job of dealing with adversity throughout the season — a large number of injuries, and [poor] weather, which has caused changes in our practice locations several times, among other things. They have been able to keep focused throughout the year and have kept in mind our team goals."

Rowley believes his team can shake off the final week loss to Centreville and hit its stride in the playoffs.

"I think the kids have played well throughout the year," he said. "However, I think our best football is still in front of us. I don't think we have played our best football game yet. Hopefully, as the playoffs approach, we will start playing up to our

fullest potential."

The eight-team Div. 6 playoff field is filled with outstanding teams such as Westfield, Centreville, Chantilly, Lake Braddock, and dark horse West Potomac. Chantilly and Lake Braddock met in last year's title game with the Bruins winning a lopsided affair.

Oakton, Westfield, Centreville, and Chantilly are all part of the brutally tough Concorde District. A fifth team from the district, Robinson, also qualified for the playoffs.

"The Div. 6 playoffs always produces tough football games," said Rowley. "From top to bottom, I think it produces the best regional competition in the state. With that said, I think the road to the regional championship goes through the towns of Centreville and Chantilly. In order to win the region, someone is going to have to beat Centreville, Westfield, or both in order to win the region. They have been the best two teams so far this year. The nice part is that with the playoffs beginning, everyone's record is 0-0 and it's a whole new season."

Lake Braddock, Oakton's opponent this week, has not had the same success this season it had the past two years when it was a region power and captured consecutive region crowns. The Bruins started this season 1-2 and struggled to get to or stay over .500 the entire season. They concluded their schedule with three straight wins — Patriot District victories over Lee, Woodson, and West Springfield — to improve their record to 6-4. Lake Braddock's losses this fall have come to Centreville, Westfield, South County, and Robinson.

HERNDON HIGH finished the season 2-8. As part of the ultra-tough Concorde District, in which five teams qualified for the upcoming, eight-team Div. 6 region playoffs, the Hornets struggled with an 0-5 district record. The team's victories came over non-district opponents South Lakes in week two and Washington-Lee in week seven. Herndon played its final game of the season last Friday night — a 63-7 loss at district and region power Westfield (10-0).



Guests examine a display of photos, uniforms and other items from the history of Herndon High School and its band Saturday, Nov. 5 during the HHS 100th anniversary concert.



PHOTOS BY ALEX McVEIGH/THE CONNECTION

George Duman, who served as Herndon band director from 1971 to 1978, conducts the Herndon High School Wind Ensemble as they play John Philip Sousa's "Nobles of the Mystic Shrine" during the HHS 100th anniversary concert Nov. 5.

Herndon High Celebrates 100 Years

Band welcomes past and present members for 100th anniversary concert.

BY ALEX McVEIGH

THE CONNECTION

Herndon High School celebrated a century of existence Saturday, Nov. 5 with a performance by one of its signature institutions. The Herndon High School band, the oldest in the county and one of the most acclaimed, welcomed former teachers, staff and students to celebrate.

"Typically, our annual Tag Day Concert marks the end of Marching Band season and the beginning of the regular concert season, but this year we're celebrating Herndon High School turning 100," said Neil Lovering, president of the HHS Band Parents Association.

The Herndon band is 65 years old, and has been one of the best in the region for almost that long. The band room even had to put in new shelves last year, as the weight of 35 years of trophies was causing the original shelves to sag.

Kathleen Schoelwer, director of bands at Herndon High School, says the department has been preparing for the event since she began at the school.

"This event is four years in the making," she said. "When I got here, I was immediately struck by the sense of family, the sense that once you've been a member of the Pride of Herndon, you're always a member of the Pride of Herndon."

The Jazz Ensemble played at the pre-concert reception, where past and present band members, students and families examined photos and other displays from the school's history.

Chuck Hawkins, former Pride of Herndon Marching Band director, remembered a concert in September 1989 in Norfolk. The band was brought in to play while a ship carrying the gold that Capt. William Herndon (the town's namesake) was carrying when he went down with his ship in 1857.

"We noticed the ships coming in surrounded by four gunships, then saw the snipers on the roof, I'd never seen security like that," he said. "After the con-

cert the kids were able to look at the gold, and we even saw live crabs covered in gold. They wanted to bring them home, but the problem was, each one was probably worth about \$5,000."

Other alumni remembered director Larry Willis, who served from 1966 to 1971. Willis, who passed away four years ago, had a never-ending supply of catchphrases, which were always said in his smooth Kentucky accent.

They remembered such expressions as "there's no way you're going to get a sound out of that horn unless you stop slumping like a pooped possum on his coffee break," or "that's lower than a snake's belly in a wagon rut."

The concert started off with the Wind Ensemble, which played 10 songs, one from each decade from the 1910s through the present.

Schoelwer was just one of several conductors throughout the evening, former directors Richard Bergman and George Duman also contributed.

Duman conducted John Philip Sousa's "Nobles of the Mystic Shrine," which was dedicated to Willis.

Duman himself is a notable director of the Herndon High School band. He worked at Herndon from 1971 to 1978 and founded the Wind Ensemble in 1972 and held the school's first Flag Day concert in 1971.

Chris Wist, class of 1974 and a member of the Alumni Band, said Duman gave many men and women a lifelong love of good music.

"Some get results through intimidation or fear, but not Mr. Duman," he said. "We were just afraid of letting him down."

The Wind Ensemble concluded their portion of the show with the world premiere of "Metal" a song specifically commissioned for the occasion.

"The fusion of styles in the piece reflects the diversity of the school, as well as its evolution over the last 100 years," said Brian Balmages, who wrote the song.

The show also featured video from the band in 1983, it showed them performing "The Flintstones Theme" and "Theme From 'New York, New York.'"

The concert concluded with a performance by a band made up of HHS band alumni, and the traditional part of the Tag Day concert, the final Marching Band performance of the year.

"This was a once-in-a-generation event, we probably won't get people together like this until the band turns 100, so set your calendars for 2046," Lovering said.



Herndon High School director of Bands Kathleen Schoelwer conducts the Wind Ensemble during the school's 100th anniversary concert Saturday, Nov. 5.



Former Herndon Band Director Richard Bergman conducts the Herndon High School Alumni band, a group of former students who got together over the last few weeks in order to perform at the school's 100th anniversary concert.

What Is It, Exactly?



By KENNETH B. LOURIE

And do I really want to know? Is it cancer or just middle age? Is it normal, all things and my diagnosis considered? Or is it in fact, my diagnosis rearing its ugly and insidious head, figuratively speaking? And however I answer either of these preceding questions, am I supposed to update my oncologist with any of the answers, thoughts, what-abouts? I don't want to over-act, but at some point denial is no longer a prudent course of non-action. Presumably, there is occasional cancer-related relevance to something I'm feeling – or thinking, isn't there? I mean, I'm terminal. I'm not supposed to skip merrily along as though I've not outlived my original prognosis by months/years, depending on when you start counting: "13 months to two years." (I've just passed my 32-month anniversary; some anniversary.) Something's got to give, or is there something I'm supposed to get?

However, if I were actually to listen – and react to what I'm writing (thinking/feeling/saying), I'd probably tell myself to shut up already and worry/wonder about something else, not expend so much mental energy anymore on things I can't control (although with lifestyle choices/changes I've already made, I am attempting to affect my prognosis). To be honest though, it's much easier written/said than it is to do. That's my struggle: being sensitive to or ignorant of. (Sort of like that last sentence, ending with a preposition.)

But as you regular readers know, ending a sentence with a preposition is the least of my problems. Though it may sometimes be characteristic of my writing, my columns are nonetheless an honest account of the vicissitudes of life in the cancer lane: up, down, back, forth, high, low; literally, figuratively and generally speaking. "Life goes on" is the best news I can receive, but oddly enough, living with a terminal disease/stage IV lung cancer is not all it's cracked up to be, and does offer its own unique set of challenges.

Challenges which I've mostly been able to manage; I wouldn't say overcome or conquer. I guess I would admit that I have learned to live with them though. Not to embrace them necessarily, but to accept – and expect – them and try to assimilate them into my "new normal" life. And just because I can explain – and understand what and how I'm rationalizing what I'm doing/how I'm adjusting, don't think for a second that I'm convinced that what I'm doing is correct or easy. It is what it is and it's what I can live with it being. Not a day goes by or a column written that doesn't – in some context, question what I'm doing or what I'm reacting to – or as in this column, what I'm not reacting to.

I suppose, at the end of the day (heck, at the beginning of the day, too), life as a cancer survivor/patient is all about doing whatever/however it takes to enable you to get through the day – and night. For me, that battle has not been so much about pain management (thank God!) as much as it has been mental and emotional. I'm a thinker and being diagnosed with lung cancer at age 54 is a lot to think about – and wonder about. And so I do, all the time. Being middle age sort of complicates it. Separating everything. But I can live with it. For how long is the question. (See, I can't leave well enough alone.)

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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21 Announcements

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21 Announcements

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Guac & Roll, LLC trading as Moe's Southwest Grill, 12950 Highland Crossing Dr, Herndon, VA 20171. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL for a Beer On premises license to sell or manufacture alcoholic beverages. Frank Maresca, Member Guac & Roll, LLC
NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

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Fairfax Water

NOTICE OF PUBLIC HEARING ON PROPOSED 2012 BUDGET

Fairfax County Water Authority (Fairfax Water) is proposing a \$141.3 million budget for calendar year 2012'. On Thursday, December 15, 2011, Fairfax Water will conduct a public hearing on its proposed 2012 Budget in its offices at 8570 Executive Park Avenue, Fairfax. The public hearing will begin at 6:30 p.m. A copy of the proposed budget can be viewed on our Web site at <http://www.fairfaxwater.org/>. Those wishing to speak at this hearing or desiring a copy of the proposed budget should call Ms. Eva Catlin at 703-289-6017. Revenues are expected to be \$141.3 million in 2012. Water sales are expected to provide \$121.9 million. Approximately \$19.4 million is expected from connection charges, investment income and other sources.

Category	-- \$1,000s --	
	2011	2012
Personal Services & Employee Benefits	\$44,812	\$46,934
Power and Utilities	10,813	11,802
Chemicals	5,958	7,463
Fuel	822	862
Postage	407	416
Insurance	1,211	1,175
Supplies and Materials	3,891	4,044
Contractual Services	8,569	8,480
Professional Services	1,112	1,151
Other	2,130	2,224
Sub-Total	79,725	84,551
Transfer to Improvement Fund	(9,391)	(9,559)
Total	70,334	74,992

Net revenues are expected to be appropriated as follows:

Debt Payment	\$40,798,000
Improvement Fund	\$11,000,000
General Fund	\$13,629,000

1 Fairfax Water's Board will continue to monitor economic factors and review revenues and expenditures at mid-year to determine if additional action is needed.



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