

Reston CONNECTION

Restonians
Remember
Holiday
Traditions

NEWS, PAGE 9

Helping
Respectfully

NEWS, PAGE 8

Members of the Reston Garden Club use homegrown holiday greens to create centerpieces for residents at the Cameron Glen Care Center at the Walker Nature Education Center Tuesday, Dec. 13.

Garden Club Spreads Holiday Spirit

NEWS, PAGE 12

OPINION, PAGE 6 ♦ ENTERTAINMENT, PAGE 10 ♦ SPORTS, PAGE 13 ♦ CLASSIFIEDS, PAGE 14

PHOTO BY ALEX McVEIGH/THE CONNECTION

PRRST STD
U.S. POSTAGE
PAID
MARTINSBURG, WV
PERMIT #86

DECEMBER 21-27, 2011

ONLINE AT WWW.CONNECTIONNEWSPAPERS.COM

COME MAKE A DIFFERENCE THIS
CHRISTMAS

HEALTH CARE FOR KIDS ACADEMIC ENRICHMENT FOR KIDS HOMELESSNESS PREVENTION

MAKE A DIFFERENCE IN OUR COMMUNITY

Again this year Floris United Methodist Church will give away its entire Christmas Eve offering. It's a tough time to give away the offering, but Christmas is calling us to make a difference in the world. Maybe it's calling you too.

Support Local Schools:

During the 2010-2011 academic school year, 2,274 homeless students were identified by Fairfax County Public Schools and more than 45,000 students were on the free and reduced lunch program. Children living in poverty face daily challenges that impact their education. Floris United Methodist Church partners with local schools to provide weekend meals, support to families and faculty, and academic enrichment programs that help children succeed.

Support Local Needs:

Non-profits and county service organizations are seeing a dramatic rise in the need for assistance. Between 2000 and 2009, the number of individuals below the poverty line in Fairfax County increased 33%. The Connections for Hope center in Herndon was established on the principle that non-profits can serve needs in the community more effectively and efficiently if they work in a shared space. Agencies at Connections for Hope provide homelessness prevention, homework assistance, health care for children, and a wide array of other essential services.

MAKE A DIFFERENCE IN YOUR LIFE

**Light a candle in the darkness. Sing "Silent Night."
Join us this Christmas Eve:**

Christmas Eve Eve (December 23): 7:30 PM

Christmas Eve (December 24):

Preschool Service: 3 PM

Other services at 5, 7, 9 & 11 PM



www.florisumc.org/christmas



PHOTOS BY DEB COBB/THE CONNECTION

Fairfax County Board of Supervisors Chairman Sharon Bulova addressed attendees at the Inauguration Ceremony held at the Fairfax County Government Center on Dec. 13.

County Officials Inaugurated

All local elected officials will take office on Jan. 1, 2012.

The inauguration ceremony on Tuesday, Dec. 13 at the Fairfax County Government Center for the 15 recently-elected officials was filled with all the pomp and circumstance of any official celebration.

“Almost three years ago when I addressed you for the first time as your chairman, it was to a backdrop of troubled and uncertain times,” Chairman Sharon Bulova (D-a-large) told the crowd of several hundred spectators in her inaugural address. “The world and our nation were reeling from a breakdown in our lending and financial institutions that was unprecedented in most of our lifetimes. Fairfax County, along with all state and local governments in the U.S., was seriously affected by this downturn,” she said.

In addition the Fairfax County Board of Supervisors, Fairfax County constitutional officers, and the Northern Virginia Soil and Water Conservation District directors all took their oath of office.

FAIRFAX CIRCUIT Court Judge Jan L. Brodie administered the oath of office to Board of Supervisors Chairman Sharon Bulova and 14 other elected officials, who each swore to support the Constitution of the United States, and the Constitution of the Commonwealth of Virginia.

The ceremony also included musical performances by harpist Christine Van Dyke from Fairfax County’s Department of Neighborhood and Community Services, the Frost Middle School Advanced Symphonic Orchestra, Langley High School Madrigals, South County Secondary School Chamber Orchestra and Captain Matthew Lopez of the Northern Virginia Firefighter’s Emerald Society Pipe Band.

The colors were presented by the Fairfax County Public Safety Honor Guard and PFC Laura Redman of the Fairfax County Police Department sang the national anthem. The evening concluded with a reception.



Catherine Hudgins, Hunter Mill District Supervisor.



John Foust, Dranesville District Supervisor.

Sworn In

In addition to Bulova, the district supervisors installed were:

- ❖ John C. Cook, Braddock District
- ❖ John W. Foust, Dranesville District
- ❖ Michael R. Frey, Sully District
- ❖ Penelope A. Gross, Mason District
- ❖ Pat Herryty, Springfield District
- ❖ Catherine M. Hudgins, Hunter Mill District
- ❖ Gerald W. Hyland, Mount Vernon District
- ❖ Jeff C. McKay, Lee District
- ❖ Linda Q. Smyth, Providence District

The constitutional officer installed was:

- ❖ Raymond F. Morrogh, Commonwealth’s Attorney

The three directors of the Northern Virginia Soil and Water Conservation District installed were:

- ❖ Johna Good Gagnon
- ❖ George W. Lamb
- ❖ John W. Peterson

Stan G. Barry, sheriff, was not available and will be sworn in at a later date.

The ceremony will be rebroadcast on Fairfax County Government Channel 16 at 8 p.m. on Dec. 21 and 24.

“The ceremony was beautiful and I especially enjoyed the high school musical performances. What a great way to begin this four-year term,” Bulova said after the ceremony.

All elected officials will take office on Jan. 1, 2012.

— VICTORIA ROSS

Cindy’s Legacy

Foundation started to assist cancer patients.

BY ALEX MCVEIGH
THE CONNECTION

Stacy Brooks knows how fast life can change. On Oct. 2, 2010 her mother, Cindy Martin felt numbness in her face while at her hairdresser’s job. After the diagnosis of a brain tumor and several procedures, Martin passed away Feb. 23 of this year at the age of 54.

During her illness, Martin’s friends came together to raise money to help her with bills and medical expenses, because as a hairdresser, when she couldn’t work, Martin couldn’t get paid. Now Brooks has started a nonprofit named Cindy’s Legacy to serve people in the Reston and Herndon areas.

“Our mission is two-fold. One, we’d like to help provide some level of financial relief for cancer patients and their families,” Brooks said. “We also would like to help provide administrative support for these families. When my mom got sick, we found that there are so many administrative issues, papers to fill out, prescriptions to drop off and pick up, documents to fax. It’s a lot to handle even if you’re healthy.”

Brooks said she knows firsthand how what should be simple tasks can become difficult for caregivers and those suffering from cancer.

“We don’t want people to have to deal with the mundane, day-to-day things while they’re trying to get healthy,” she said. “That’s why we’re trying to make something good about the experience we had with my mom.”

Cindy’s Legacy is looking for volunteers that will be able to help perform such administrative tasks, as the organization, which was founded shortly after Martin passes away, received its official 501(c)3 designation in November.

“We’re not yet in the position to directly give money, but that will be coming soon,” Brooks said. “Right now, we can help collect gift cards for groceries, gas and other expenses like the Metro. There are a lot of things people need when they’re in that position, for example, my mom lost her hair, but we were able to use some money raised for a wig.”

Cindy’s Legacy recently gave gift cards to their first recipient.

“Thank you for your generosity and love, especially at this time of year. You don’t know how much the gift cards are helping me and I could never



PHOTO CONTRIBUTED

Cindy Martin, who passed away in February. Martin’s family and friends have started Cindy’s Legacy, a nonprofit dedicated to assisting cancer patients and caregivers.

repay you,” they said. “I don’t know who Cindy was, but she was a loved, and lucky woman to have this organization named after her. God bless you and her family for the love you all continue to spread in Cindy’s name.”

Martin is remembered by her family and friends as someone who almost always wore a smile and had a very calming influence on those she encountered.

“When she walked in, the energy would go up in the room. Even when things got busy, she always had a tendency to calm everyone down,” said Beth Flood, who knew Martin for more than 20 years.

Those interested in volunteering, or wishing to see if they are eligible for assistance can find more information at www.cindyslegacy.org.

The Art of Appreciation

Teaching children to have an attitude of gratitude during the holidays.

BY MARILYN CAMPBELL
THE CONNECTION

From Christmas lists to piles of presents under the tree, the last thing on a child's mind during the holiday season might be expressing appreciation. In fact, mental health experts say, it is one of the hardest concepts to teach children.

Dr. Todd Kashdan, Ph.D., professor of psychology at George Mason University, has studied the link between gratitude and happiness and says that people who are grateful tend to be less depressed and anxious.

"When people are mindfully recognizing and appreciating the benefits they receive from other people, positive events linger longer, [and] it is enhancing and strengthening those relationships. There is a strong link between being a grateful person and having the experience of gratitude and having more happiness in your life," said Kashdan, who is also the author of "Designing Positive Psychology" (Oxford University Press) and "Curious? Discover the Missing Ingredient to a Fulfilling Life."

During the season of giving, Kashdan and other mental health professionals offer tips for parents for teaching gratitude to children.

Children often hand their parents lengthy Christmas lists. Experts say it is difficult for children to feel grateful when their every wish is granted.

"Allow them to [identify] certain things on the list that might be most important to them," said Annette Kielkopf, a marriage and family therapist based in McLean. "[Say to them] 'If Santa isn't able to bring you everything on the list, what would that be like for you?' And talk with them about how to cope and allow them to appreciate the smaller things. What you're trying to do is teach coping skills. You're teaching them how to accept a disappointment and find a diamond in the rough."

RAISING GRATEFUL CHILDREN requires that parents model the behavior.

"As parents, talk about things that you're grateful for and not strictly material things. That sets a good example so children don't only hear you complaining or nagging them. Kids really do notice what their parents and the significant people in their lives talk about," said Karen Prince, MSW, LCSW-C, a Kensington-based clinical social worker who specializes in treating children with anxiety and depression.

Kashdan says parents should encourage children to elaborate on why they like a particular gift.

"Spelling out what makes [a gift] a good thing for them gets them to bookmark and underline it in their brain," he said. "You want them to elaborate on it and what they are going to do with it. Having them say thank you without an elaboration is just one more thing that [their] parents are telling them to do."

This strategy works even when children receive gifts that they don't like.



Dr. Todd Kashdan, Ph.D. professor of psychology at George Mason University has studied the link between gratitude and happiness and says that people who are grateful tend to be less depressed and anxious.

PHOTOS CONTRIBUTED



Giving a child everything on their Christmas list could make it difficult for them to feel grateful. McLean-based therapist Annette Kielkopf says rather than granting a child's every gift wish, parents could ask children to identify the items on the list that are most important.

"Sometimes it is difficult [for children] to receive a present that they don't like," said Kielkopf. "Take the gift and notice and recognize the good things about it. Maybe it is your child's favorite color. It is good to have discussions about gift-giving so that it doesn't become about the gift; it becomes about the gesture."

"I'm forever hearing kids in my office saying to their parents, 'But everybody in my class has an iPad.' And these are kids who are like 8, 9 and 10. The grass always looks greener on the other side. So the idea is to focus on what you

have and what you need. It is a good lesson for kids to learn early on," said Prince.

KASHDAN BELIEVES that one of the things that makes children grateful is taking inventory of their day.

"One of the things that we do at my house is, at the end of the day, we ask our 4-year-old twins, 'What was the high point of your day? What was the best thing that happened to you today?' You can make sure that the positive things that happened to them as a result of other people stick out more," said Kashdan.

HOLIDAY CALENDAR

THURSDAY/DEC. 22

Outdoor Chanukah Festival. 6 p.m. Lake Anne, Reston. Giant ice Menorah lighting by Robert E. Simon, family entertainment, live performance by the Chabad Hebrew School, prize drawings, hot chocolate, Chanukah donuts, latkes, chocolate gelt, free dreidels and more. Free admission. www.chabadrh.org or 703-476-1829.

Jammin Java Presents Todd Wright's 9th Annual Christmas Spectacular. 8 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. www.jamminjava.com.

FRIDAY/DEC. 23

Jammin Java Presents Todd Wright's 9th Annual Christmas Spectacular. 8 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. www.jamminjava.com.

SATURDAY/DEC. 24

Good For The Jews: Putting The Ha! In Hanaukka Tour featuring Rob Tannenbaum and David Fagin. 8 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. www.jamminjava.com.

TUESDAY/DEC. 27

Dinobabies. 8 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. www.jamminjava.com.

SATURDAY/DEC. 31

5th Annual Rockoceros New Year's Eve Party at 11 a.m. and 2 p.m.; **Deep River and Friends' Super Classy New Year's Eve Blowout and Post-Show Dance Party** at 7:30 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. www.jamminjava.com.

Fairfax 4-Miler. 6:30 p.m. Starts and finishes at Pacers Fairfax, Old Town Plaza Village, 10427 North St., Fairfax. Family-friendly running event to support the Fairfax Police Youth Club. The post race party at 8 p.m. includes food and entertainment. \$35-\$40. www.fairfaxfour.com.

Bull Run 5k. 3 p.m. Bull Run Regional Park, 7700 Bull Run Drive, Centreville. Timed with IPICO timing. Refreshments and gifts after the race. 75% of the proceeds benefit the Breast Cancer Research Foundation. \$27 online. www.bullrunrunners.com.

New Year's Eve Golf Tournament. 10 a.m. Herndon Centennial Golf Course, 909 Ferndale Ave., Herndon. Annual four-person scramble. Entry fee includes green fee, cart fee, range balls, prizes and lunch. \$70. 703-471-5769 or www.herndongolf.com.

1980's Themed New Year's Eve Celebration. 7:30 p.m.-1:30 a.m. Arlington Draft House, 2903 Columbia Pike, Arlington. Watch the Times Square ball drop on the theater screen. Entertainment, food and party favors. \$14 per person. 703-486-2345.

COMMENTARY

Yes, Virginia, There is a Santa Claus

BY KENNETH R. "KEN" PLUM
STATE DELEGATE (D-36)

The editorial in the Sept. 21, 1897 New York Sun responding to a letter from 8-year-old Virginia O'Hanlon inquiring about whether there was a Santa Claus has become the most reprinted newspaper editorial, according to Newseum (newseum.org/yesvirginia/).

"Yes, Virginia, there is a Santa Claus. He exists as certainly as love and generosity and devotion exist, and you know that they abound and give to your life its highest beauty and joy."

Members of the higher education community in Virginia must have felt there was a Santa Claus last week as Gov. Robert McDonnell made the first of a series of announcements on his budget proposals for the next biennium. He announced that he is allocating an additional \$100 million for colleges and universities. While the amount of money is quite modest, the direction of adding money to the institutions of higher education to serve additional students as well as to reach the goals they are being asked to meet is a welcome change from the last couple of decades during which their state support was reduced.

The proposed allocation is slightly more than the University of Virginia alone would receive (\$97.3 million) if it was funded at the 1989-90 level of in-



flated dollars without considering the growth of its student body. His proposed amount will be spread across all of Virginia's state colleges and universities. The Governor's proposal if approved by the General Assembly will help slow the descent of the Commonwealth to the bottom among the states in support of students in higher education. The Commonwealth ranks 40th in the level of state appropriation per student at \$5,065 for FY 2010. The percentage of the state's general funds allocated to higher education has decreased from 14 percent in 1992-93 to 10 percent in 2011-12. In 2000-01 the general fund appropriation was \$11,108 per student.

Just as with Santa Claus we do not always get all that we want. If higher education is going to get an increase in its budget at a time when revenues remain stagnant, who will be getting a further reduction? We may have to wait for the last of the Governor's announcement, as the bad news is generally held for last. Obviously, I am not Santa Claus and will not be able to make you any prom-

ises, but I am interested in your wish list for General Assembly budgeting and legislating in its 2012 session. I will be calling constituents in my district at 8 p.m. on Wednesday, Jan. 4, 2012, for a tele-hearing. Stay on the line to talk with me about your interests. Or join me at an in-person public hearing with State Sen. Janet Howell at the Reston Community Center at Hunters Woods on Thursday, Jan. 5, at 7:30 p.m.

BRIGGS & RILEY
TRAVELWARE

I JUST SAVED **\$150 ON BRIGGS & RILEY**

WOW, HOW DID YOU DO THAT?

SAVE \$50 FOR EVERY \$250 YOU SPEND

Instant savings applies to full priced Baseline and @work styles only. Spinners excluded. Offer valid November 25 through December 31, 2011.

Paul's **LEATHER ACCESSORIES**

9903 Georgetown Pike 703-759-3735
Great Falls, VA 22066 www.Paulsleather.com



HONEYBAKED

Holidays

Once you unwrap the signature gold foil of your HoneyBaked® Ham, you'll know your holiday meal will delight all. Each Ham is carefully selected, slow-smoked for over 20 hours, and handcrafted with that irresistible sweet, crunchy glaze for quality you can count on.

RESTON
1480 North Point Village • 703-733-3860
(on Reston Parkway between Rt.7 & Baron Cameron Dr.)

\$5 OFF

Any size
Bone-In Half Ham

sku 9872

Offer expires 12/31/11. Must present coupon at the time of purchase to receive offer. May not be combined with any other offer. One coupon per person per visit at participating retail store locations. While supplies last.

THE HONEYBAKED HAM CO.
AND CAFÉ

\$3 OFF

Mini Ham or
Boneless Ham

sku 9873

Offer expires 12/31/11. Must present coupon at the time of purchase to receive offer. May not be combined with any other offer. One coupon per person per visit at participating retail store locations. While supplies last.

THE HONEYBAKED HAM CO.
AND CAFÉ

\$21.99

Turkey Breast
(Smoked or Oven-Roasted)
with the purchase of a Ham

sku 9874

Offer expires 12/31/11. Must present coupon at the time of purchase to receive offer. May not be combined with any other offer. One coupon per person per visit at participating retail store locations. While supplies last.

THE HONEYBAKED HAM CO.
AND CAFÉ

Share Your New Year's Resolutions

What were top events, accomplishments of 2011 in your opinion?

This is the last regular edition of the Connection for 2011. Between Christmas and New Year's, we'll deliver the Children's Connection, an annual tradition, with pages filled with the artwork and writing of local students.

Meanwhile, we are preparing for the first issue of 2012, sharing views of what were the most important happenings of 2011 and what to look for in 2012. We'll also share a variety of New Year's resolutions. We invite our readers to help in this endeavor.

For some, local elections were likely the top

event of 2011. For advocates of families of the fallen, like the Tragedy Assistance Program (TAPS), the end of 2011 brings the end of the Iraq war and the complex emotional and practical issues that come with that. For non-profits and charitable organizations, 2011 brought greatly increasing numbers of people in need. For your family, the top events of 2011 might have included the birth of a child or a graduation or the completion of a marathon.

Share your joys and milestones with us, not only from the year that's past, but also your expectations of 2012.

Answer one or all of these questions:

1) What were the (one, two or three) most significant happenings of 2011 for you in your community? Why?

2) What do you think our readers should

know to watch for in the coming year (up to three issues)? Or what do you think the top (one, two or three) happenings of 2012 will be locally? Why?

3) What is your New Year's Resolution? (Feel free to share more than one)

Please include your home address with your responses, we'll only print your town name. And we'd also love to have a photo of you, your family and/or events or places in your community that you reflect upon in your answer.

Please send photos and answers via email. For McLean, Vienna/Oakton, Great Falls, Reston, Oak Hill/Herndon, Springfield, Burke, Fairfax, Fairfax Station/Clifton/Lorton, send to Kemal Kurspahic, kemal@connectionnewspapers.com.

For Arlington, Alexandria, Mount Vernon, the Centre View area or Potomac, email to Steven Mauren, smauren@connectionnewspapers.com.

Free, Safe Ride Home from Holiday Celebrations

Once again, the Washington Regional Alcohol Program will provide a safety net for those who might celebrate the holiday season with alcohol and unexpectedly need a safe ride home.

WRAP's 2011 Holiday SoberRide program will operate each night from 10 p.m. to 6 a.m. The program began Friday, Dec. 16,

and will continue until Jan. 1, 2012.

To receive a free cab ride home (up to a \$30 fare), call 800-200-8294 (TAXI). You must be 21 or older to use the SoberRide service. All requests for SoberRide service must be called to and dispatched from 1-800-200-8294. Callers will be responsible for any amount over \$30.

WRAP's SoberRide has helped to ensure lo-

cal residents have a safe way home on high-risk holidays, keeping likely impaired drivers off the roads. Since 1993, WRAP has provided nearly 53,000 safe rides home. SoberRide operates during the December/January holiday season, St. Patrick's Day, Independence Day and Halloween.

For details, see <http://wrap.org/soberride>

Holiday Season and Best for 2012

BY JOHN LOVAAS
RESTON IMPACT PRODUCER/HOST

It is Happy Holidays time again! The air is a little crisper as we take our morning stroll around Lake Anne with Angus pulling on his leash. Santa Claus already made his journey by party boat across the Lake from his secret North Pole home to sit and talk with a couple hundred excited kids on lovely Washington Plaza. Lake Anne Florist on the quay is hosting its holiday wine tastings, and Doris, their chocolatier extraordinaire, has created a special new chocolate for the season—a treat found only in Reston! She calls it "the 99", to honor the 99 percent of Americans hoping for a better new year. I understand her secret "99" recipe includes cranberries, peanuts and a coconut flag!

Toys for Tots, the wonderful Christmas non-profit run by former US Marines, is busily collecting toys in Reston as Christmas gifts for thousands of kids who would otherwise have none—especially this year. A couple of days ago, TFT organizer Steve Resz invited me to help pickup the TFT collection boxes placed in stores and offices around Reston. As I expected, there were tons of toys donated by the generous folks in this community. Two pickups were absolutely amazing. Both were TFT drops at offices of Long and Foster Realty. Each had enough toys to fill several of TFT's large cartons. Unlike TFT boxes at most locations, these were inside offices where the only passersby



INDEPENDENT
PROGRESSIVE

were employees of the company, not the general public. The Progressive's hat is off to the folks of Long and Foster Realty. Real heroes whose business is not good right now, but they still have hearts of gold.

So, what should we wish for this special community with its special people for the

New Year? After you answer this question, ask yourself what you can do to help make your wishes a reality. My wishes might include:

❖ conclusion of the long-delayed work on a new Master Plan shaping Reston's future. New

inspiration and direction are critical to avert growth that diminishes Reston's beauty, character and diversity for the sake of profit;

❖ reversal of the devastating losses of affordable housing in Reston;

❖ continued timely construction of Metro to serve Reston;

❖ completion of the excellent stream restoration project by Wetland Solutions throughout Reston to bring new vitality to our environment;

❖ success to the Fairfax Coalition for Smarter Growth in efforts to encourage Restonians to buy goods and services from local merchants;

❖ more jobs with real wages and benefits for people in search of work;

❖ -and, a Happy, fulfilling New Year for all!

Write Us

The Connection welcomes views on any public issue.

The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors. Send to:

Letters to the Editor
The Connection
1606 King St.
Alexandria VA 22314
Call: 703-778-9410.

By e-mail: reston@connectionnewspapers.com

www.ConnectionNewspapers.com

Newspaper of Reston
@RestonConnect

An independent, locally owned weekly newspaper delivered to homes and businesses.

1606 King Street
Alexandria, Virginia 22314

Free digital edition delivered to your email box
Email name, mailing & email address to goinggreen@connectionnewspapers.com.

NEWS DEPARTMENT:
To discuss ideas and concerns,
Call: 703-778-9410
e-mail:
reston@connectionnewspapers.com

Kemal Kurspahic
Editor ♦ 703-778-9414
kemal@connectionnewspapers.com

Amna Rehmatulla
Editorial Assistant
703-778-9410 ext.427
arehmatulla@connectionnewspapers.com

Alex McVeigh
Community Reporter
703-778-9441
[@AMcVeighConnect](mailto:amcveigh@connectionnewspapers.com)

Nick Horrock
County & Projects
nhorrock@connectionnewspapers.com

Rich Sanders
Sports Editor
703-224-3031
rsanders@connectionnewspapers.com

ADVERTISING:
To place an advertisement, call the ad department between 9 a.m. and 5 p.m., Monday - Friday.

Display ads 703-778-9410
Classified ads 703-778-9411
Employment ads 703-778-9413
e-mail:
sales@connectionnewspapers.com

Trisha Hamilton
Display Advertising
703-778-9419
trisha@connectionnewspapers.com

Andrea Smith
Classified Advertising, 703-778-9411
classified@connectionnewspapers.com

Barbara Parkinson
Employment Advertising
703-778-9413
classified@connectionnewspapers.com

Editor & Publisher
Mary Kimm
703-778-9433
[@MaryKimm](mailto:mkimm@connectionnewspapers.com)

Editor in Chief
Steven Mauren
Managing Editor
Kemal Kurspahic
Photography:
Louise Krafft,
Craig Sterbutzel
Art/Design:
Geovani Flores, Laurence Foong, John Heinly, John Smith
Production Manager:
Jean Card

CIRCULATION: 703-778-9426
Circulation Manager:
Linda Pecquex
circulation@connectionnewspapers.com

CONNECTION NEWSPAPERS, L.L.C.

Mary Kimm
Publisher/Chief Operating Officer
mkimm@connectionnewspapers.com

Jerry Vernon
Executive Vice President
jvernon@connectionnewspapers.com

Wesley DeBrosse
Controller

Debbie Funk
National Sales
703-778-9444
debfunk@connectionnewspapers.com

Jeanne Theismann
Special Assistant to the Publisher
703-778-9436
[@TheismannMedia](mailto:jtheismann@connectionnewspapers.com)

FAITH

Faith Notes are for announcements and events in the faith community, including special holiday services. Send to reston@connectionnewspapers.com. Deadline is Thursday.

St. Anne's Episcopal Church, 1700 Wainwright Drive in Reston, holds Sunday services at 7:45 a.m., 9 a.m., 11:15 a.m. and contemporary service at 5 p.m. Nursery, Sunday School and Adult Education available. Morning Prayer on Monday at 9:30, Holy Eucharist Wednesday at 8:15 a.m. 703-437-6530 or www.stannes-reston.org.

Adult Sunday school will be held 9:30 a.m. Sundays at the Washington Plaza Baptist Church at Lake Anne Village Center. The group is studying the Gospel of Mark. Services follow at 11 a.m.

HAVEN of Northern Virginia offers a variety of free bereavement support groups, meeting on a weekly basis. Contact 703-941-7000 or www.havenofnova.org for schedules and registration information.

The Jewish Federation of Greater Washington and the Jewish Outreach Institute offer the Mothers/Parents Circle, an umbrella of free educational events and resources. Jewish rituals, ethics and the creation of a Jewish home, regular meetings and group Shabbats and holidays. Participants include Sha'are Shalom, Congregation Beth Emeth, Temple Rodef Shalom and the Jewish Community Center of Northern Virginia. ShalomDC.org.

The Baha'i community of McLean holds a weekly fireside, a meeting of discussion, devotion and fellowship, at 7500 Box Elder Court in McLean, at 8 p.m. every Friday. An opportunity to learn about the Baha'i faith. 703-556-3400.

Epiphany United Methodist Preschool, 1014 Country Club Drive, N.E. in Vienna, is now enrolling 3-4-year-old students for the 2010/2011 school year. Contact 703-938-2391 or epiphanypreschool.com.

The Rohr Jewish Learning Institute (JLI) will present "Fascinating Facts: Exploring the Myths and Mysteries of Judaism." The six-session course will commence during the week of Nov. 6. Rabbi Leibel Fajnlund of Chabad of Reston-Herndon will conduct the six course sessions at 7:30-9 p.m. on Monday nights at Chabad Aleph Center. 718 Lynn Street, Herndon. 703-476-1829 or www.myJLI.com.

Hope Fellowship Church will temporarily be meeting at Woody's Golf Range, 11801 Leesburg Pike, Herndon. Sunday Worship Services for the Southern Baptist church are at 10:45 a.m. The public is invited to join a Bible believing, multi-ethnic/multi-cultural congregation, with Bible-based sermons and uplifting music. 703-599-3527 or www.hopefellowshipchurchloudoun.org.

Knitters needed the first and third Wednesdays of the month, at 7 p.m., at **St. Timothy's Episcopal Church**, 432 Van Buren St., Herndon. The church's Shawl Ministry is offering free knitting instruction while providing shawls, blankets and other knitted items for people in need. No cost and yarn can be provided. E-mail shawl@saint-timothis.org or visit the Pastoral Care page at www.saint-timothis.org.

Nondenominational **Christian businessmen** meet for prayer, Biblical discussion and fellowship 7 p.m. Fridays at Anita's, 1051 Elden St., Herndon and 12 p.m. Thursdays at 555 Grove St., Suite 200, Herndon. Call 703-795-1257.

Christmas Eve at trinity

5:00 PM Family Service
7:00 PM Service of Lessons and Carols
10:00 PM Traditional Candlelight Communion Service
And
11:00 AM Christmas Day Worship



Trinity Presbyterian Church
 651 Dranesville Road
 Herndon, Virginia
www.trinityherndon.org



Church of the Holy Comforter

The Rev. Richard A. Lord, Rector

CHRISTMAS EVE
SATURDAY, DECEMBER 24:
 11:00 a.m. Eucharist with Children's Living Crèche
 4:00 p.m. Eucharist with Children's Living Crèche
 7:00 p.m. Festival Choral Eucharist
 10:00 p.m. Festival Choral Eucharist

CHRISTMAS MORNING (Episcopal)
SUNDAY, DECEMBER 25:
 10:30 a.m. Holy Eucharist

543 Beulah Road, Vienna, VA 22180, www.holycomforter.com, 703-938-6521

Mae's

Dress Boutique

Washington's Premier After 5 Boutique

Why customers come 100's of miles to Mae's

SERVICE - SELECTION - SERVICE

Over 1000 Formal Gowns & Evening Separates

The styling can range in size from 4 to 24 - Missy • PLUS • Petite

No one is too difficult to fit – Three outstanding seamstresses



Be the Hit of the Party!

You will always make a dramatic entrance with a stunning Gown from our fabulous selection of formals. Over 1,000 looks to choose from: Long & Short Gowns and Evening separates. Petite-Missy-Plus sizes.

Mother of the Bride/Groom • Brides Again
 Bar/Bat Mitzvahs • Entertainers • Grandmothers

Customer Appreciation

\$200.00 Gift Certificate
Plus Five Second Place prizes

Drawing the first Tuesday of the each month at 11:00 AM
 No Purchase necessary-Not necessary to be present to win.
 First Drawing - February 7, 2012 at 11:00 AM

Visit WWW.MAESDRESS.COM to sample over 100 Gowns



20% OFF

MISOOK KNIT SEPARATES

Daytime - Evening
 Missy & PLUS Sizes

6707 Old Dominion Dr.
McLean, VA 22101

703-356-6333

Hours: Mon.-Sat. 10am to 5:30pm

Winter Sale

Separates/Blouses **70% off**

\$50 off

Any purchase of \$100.00 or more of non sale merchandise

Not Valid with any other offer. One coupon per household

Coupon Expires January 28, 2012 CONN 12/21/11

Directions: NORTH on the Beltway take Exit 46B onto Rt. 123N.-McLean. Go 3 miles & turn right onto Old Dominion Dr. (Rt. 309). Go 1/2 mile thru 2 traffic lights. We are on the right next to Shell Gas. SOUTH from Md.- Cross the amer. Legion Br.-Take the VERY first Exit on the LEFT - Exit 45B Go 1/2 mile - Take Exit 19B (NOT Exit 19A) onto Rt. 123N for 1.4 miles - Right on Rt. 309. Go 1/2 mile to 6707.

WWW.CONNECTIONNEWSPAPERS.COM

RESTON CONNECTION ♦ DECEMBER 21-27, 2011 ♦ 7

PHOTOS BY VICTORIA ROSS/THE CONNECTION



Food for Others executive director, Roxanne Rice, works with volunteer Michael Powers of Springfield to sort intake forms from clients.



Volunteers Payton Robertson, 13; Bridgette McRoberts, 14; and Mackenzie Bliss, 14, of Fairfax help sort canned goods and stock shelves during a Friday afternoon at Food for Others.



Daniel Gerke, of Vienna, with the P3 bags he and friends assembled at his 13th birthday party. From left — Justin Lee, Jack Goewey, Peter Freck, Joey Welsh, Lee Morrison, Daniel Gerke, Clark Bowden, Johnny Corish, Jack Jones, and Johnny Rogers.



Leo Delgado hands out food staples, such as bags of potatoes, to Juan, Rocky and Nancy, who depend on organizations such as Food for Others. Located in Fairfax, Food for Others is the largest distributor of free food directly to people in need in Northern Virginia, provides the assistance needed by unemployed and low-income neighbors.

PHOTOS BY VICTORIA ROSS/THE CONNECTION



Laura Gerke, of Vienna, with Katharine Sickl, an au pair from Germany, deliver food packs to Food for Others on Friday, Dec. 8. The food packs, which will be distributed to area children who need food on the weekends, were assembled by Gerke's son, Daniel, and his friends, at his 13th birthday party.

Helping Neighbors, Respectfully

Area residents donate 23,746 hours to help Food for Others fight hunger.

BY VICTORIA ROSS
THE CONNECTION

When Laura Gerke of Vienna was planning her son's 13th birthday party in November, she thought about doing something a little different.

"I started thinking 'how many iTunes and Game stop cards you have?' Daniel gets so much stuff for his birthday and Christmas, and I thought this year might be an opportunity to combine fun activities with a service project," Gerke said.

When she learned about Food for Others Power Pack Program (P3), which provides food packs for local elementary children who don't have balanced meals to eat on the weekends, her idea crystallized into action.

"I talked with my son about it, and he thought it was a great idea," said Gerke. "I emailed party invitations and asked his friends to donate food instead of bringing gifts. Everyone was on board, and the parents thought it was a great idea."

The 10 boys at his birthday party brought enough food for 33 packets to donate to the Power Pack Program. "They had fun assembling the food packets, in between playing foos ball and air hockey," Gerke said.

"We wanted to plant the seed that it's not all about yourself. Daniel is well aware that his needs are met, and there are people in greater need," Gerke said. "It's hard to believe there are children right here in Fairfax County, who, when

they go home for the weekend, don't have enough food to eat."

NIKKI CLIFFORD, Food for Others' volunteer coordinator, launched the P3 program in October, and said she has been pleasantly surprised at the success of the program.

"It's incredible how the program has taken off," Clifford said. "I have elementary schools helping other elementary schools. We connect churches and youth groups with schools. The response has been fantastic."

Clifford said she receives food packs nearly every day, and has increased the organization's commitment from 50 to 75 packs a week to several Fairfax County elementary schools. She said school counselors identify the children in need, about 85 percent of whom receive free and reduced lunches.

"It's sad, but many children in our area have very little to eat between their school lunch on Friday and the breakfast they get at school on Monday morning," Clifford said. "Mothers tell me their children hoard food under their beds, and sometimes have to lock up the refrigerator to make the food last. That's just incredible to me."

Clifford said volunteers and generous donors, like Gerke, help sustain Food for Others, the largest distributor of free food directly to people in need in Northern Virginia. Last year, volunteers logged 23,746 hours, the equivalent of 11 full-time positions.

"I have the easiest job in the world, and I love coming to work.

The volunteers here are amazing," Clifford said.

Even though Northern Virginia is considered one of the wealthiest areas in the country, the poverty rate is still about 5 percent, which means more than 90,000 people are living in poverty and 30 percent are children, according to 2010 U.S. Census figures.

"We have nine wonderful full-time employees," said Lynne Galanis, Food for Others finance manager, "but it's the hard work of over 1,000 volunteers that allow us to keep our costs low and maximize our service to those in need."

FOOD FOR OTHERS began feeding the poor in Northern Virginia in December 1995, continuing an earlier program of emergency food

"Volunteers are the heart and soul of our organization, and we view volunteers as our partners in the fight against hunger."

— Roxanne Rice, executive director of Food for Others

services designed as a safety net to assure no individual in Northern Virginia should go to bed hungry.

The overall program concept continues with three primary activities: direct food assistance at the Merrifield warehouse, food distributions at 14 sites every night in low-income neighborhoods and food bank operations for organizations serving families and individuals unable to meet their basic need for food.

The organization provides food for approximately 2,000 families each month at its warehouse distribution site and twice that many families each month at its street-

corner sites.

The major difference occurring during the past 10 years is the number of volunteers and the volume of food distributions, according to Roxanne Rice, the organization's executive director, with more than 258,000 pounds distributed to local residents in the past four years.

"The organization was started by a dedicated team of volunteers, and the importance of volunteers continues to this day," said Rice, the organization's executive director. "We couldn't do what we do without extra hands provided by this dedicated group. Our volunteers bring such positive energy."

"This is wonderful organization. Everyone is here for the right reasons," said Wendell Moore, a re-

retiree from Fairfax who has volunteered at Food for Others for two years. "The front-desk job is very satisfying because you can see how you're helping people right in front of you."

Peter Spain, a retiree from Vienna, has volunteered at Food for Others for seven years. He said the rewards he gets helping others outweighs the hours he puts in.

"I don't think there's anything more basic than hunger. The cost of living here is so high, and it's very easy to find yourself in a situation where you need help," said Spain, who helps clients navigate the intake process.

"The key thing is to respect the clients. A lot of people who come through these doors never thought they would need help," Spain said.

"As a volunteer, I have an opportunity to build relationships with clients," said Michael Powers of Springfield. "You get to know them and their stories, what brought them here, and they deserve compassion. They don't need to feel like they are being judged because they need our assistance."

Rice said she recently received a note from a single mother with four children who had just lost her job. "She said her children always participated in the Boy Scout Food Drives, and she couldn't believe she needed help. We often get volunteers who were once clients, and those who were once in a position to volunteer or donate now need our help," Rice said.

Rice said the organization's volunteers represent a cross-section of the community, including workplace team-building groups; adult service organizations; university students, retired individuals; religious organizations and families and school groups ranging from grade school to high school.

"Volunteers are the heart and soul of our operations, and we view volunteers as our partners in the fight against hunger," Rice said.

TO VOLUNTEER OR LEARN more about the Power Pack Program and other programs, go to www.foodforothers.org or call 703-207-9173 to speak with volunteer coordinator Nikki Clifford. "Volunteers who are bilingual in English and Spanish are especially needed. Our goal is to provide a meaningful volunteer experience in a positive environment," Clifford said.

WWW.CONNECTIONNEWSPAPERS.COM



Reston residents discuss their various holiday traditions at the Reston Museum Saturday, Dec. 17.

Restonians Remember Holiday Traditions

Museum hosts annual holiday gathering.

BY ALEX McVEIGH
THE CONNECTION

The Reston Museum hosted their annual holiday gathering Saturday, Dec. 17, where members of the community came together to share their holiday traditions.

Arja Sahramaa shared her Christmas experience during her childhood in Finland. She remembers her family would put up the tree on Christmas Eve.

"My father would put up the lights, but the children decorated the rest," she said.

Sahramaa said the traditional meal was a salted ham, as well as several casseroles, including

one made of chopped liver and rice, which she said "sounds disgusting, but it was my favorite."

She also remembered that Christmas Eve was the most important day of celebration, and that they traditionally left the tree up until Jan. 6.

"We would leave the tree up because it would make you stop and take some time to celebrate with your family," she said. "It was also popular to go around and look at all the lights in town, because Finland is so very dark that time of year."

Bonnie Whyte also remembered her family not even putting up the Christmas tree until almost the last minute.

"I remember that it wasn't until after I went to bed on Christmas Eve that Santa would bring in and put up the tree, along with the presents," she said. "Now that seems to be

SEE TRADITIONS. PAGE 11



From left, Ellen Graves and Squire Muse light a kinar, a candle holder used in Kwanzaa celebrations, at the Reston Museum holiday celebration Saturday, Dec. 17.

ROBERTS CARPETS
ORIENTAL RUG CO.

At Same Location,
Under Same Ownership
for 48 years

ALL HARDWOOD
on SALE



Wall-to-Wall Carpet

Karastan
Since 1928
Xtra Lite Carpet

- 100% Continuous Filament Nylon
- 100% Stainmaster
- 25 Yr. Guarantee
- Extensive Color Selection

\$46.37 Sq. ft. Exp. 1/7/12

- Includes:
- Installation w/6lb pad
 - Take Up & Haul Away Old Carpet

All Oriental Rugs
on Sale!

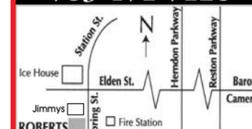
Oriental Rug Cleaning

- Plant on Premises
- Washing
- Refrining
- Repairs
- Reweaving
- Appraisals

20% OFF
Exp. 12/12

FREE Pickup & Delivery
for Rolled & Ready Rugs

681 Spring Street
Old Town Herndon
Hours: Mon., Tues.,
Thurs. & Fri. 9-6
Wed. 9-5, Sat 10-3
703-471-7120



www.RobertsCarpets.com
Installation by Certified
Installers/Employees

O COME, LET US ADORE HIM!



Saturday 12/24 6:00 PM CHRISTMAS EVE BY CANDLELIGHT

A McLean Tradition featuring carols and candles, storytelling and scripture reading.

Sunday, 12/25 10:00 AM CHRISTMAS GLORY

A majestic celebration of Christ's birth complete with pageantry, strings, classic Christmas music and Communion. Afterwards we'll share a birthday cake in honor of Christ.



PROVIDENCE BAPTIST CHURCH
8980 Brook Road; McLean, VA: Route 7 just 2 miles west of Tysons.
Preschool childcare available. 703-893-5330
www.providencetoday.org

ENTERTAINMENT

Send announcements to reston@connectionnewspapers.com. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com.

THURSDAY/NOV. 17

"Almost, Maine." 7 p.m. South Lakes High School, 11400 South Lakes Drive, Reston. Nine tales of love by John Cariani in a mythical town. \$8 in advance and \$10 at the door. www.southlakesdrama.com.

Jared Bernstein to Speak at NVHC. 8 p.m. Northern Virginia Hebrew Congregation, 1441 Wiehle Ave., Reston. Vice President Biden's former Chief Economics and Policy Adviser, on "The Long and Bumpy Road to Economic Recovery and Growth." Free admission, open to the public. ruthseldon@comcast.net.

Russell Brand. 8 p.m. George Mason University Patriot Center, 4500 Patriot Circle, Fairfax. Tickets \$25-\$45, available at www.ticketmaster.com or 703-573-SEAT. www.russellbrand.com or www.patriotcenter.com.

Book Discussion. 7 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. The Comedian by Graham Greene. Adults. 703-242-4020.

E-book /E-Reader Instruction. 7:30 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Learn about library eBooks and how to access them with your compatible device. Call for an appointment. Adults. 703-242-4020.

Melissa Manchester. 8 p.m. The Barns at Wolftrap, 1551 Trap Road, Vienna. Award-winning singer/songwriter. \$35. www.wolftrap.org.

FRIDAY/NOV. 18

Weekend Bluegrass Concert: Special Concensus. 8 p.m. Holy Cross Lutheran Church, 1090 Sterling Road, Herndon. \$15, age 12 and under free. www.holycrosslutheranchurch.net.

30th Annual Pre-Turkey Quarter Horse Show. Frying Pan Farm Park, 2709 West Ox Road, Herndon. Riders compete and showcase their abilities. www.fairfaxcounty.gov/parks/fpp/equest.htm.

"Almost, Maine." 7 p.m. South Lakes High School, 11400 South Lakes Drive, Reston. Nine tales of love by John Cariani in a mythical town. \$8 in advance and \$10 at the door. www.southlakesdrama.com.

Catie Curtis With Meg Hutchinson. 8 p.m. The Barns at Wolftrap, 1551 Trap Road, Vienna. Folk-rock. \$22. www.wolftrap.org.

National Acrobats of The People's Republic of China- Direct from Beijing. 8 p.m. George Mason University's Center for the Arts Concert Hall, 4400 University Drive, Fairfax. \$24-\$48, youth through grade 12 half price when accompanied by adult. 1-888-945-2468.

SATURDAY/NOV. 19

Thanksgiving Golf Tournament. 10 a.m. Herndon Centennial Golf Course, 909 Ferndale Ave., Herndon. The annual "Gobbler Scrambler" golf tournament has become one of the Herndon Centennial Golf Course's most popular events. 703-471-5769.

Turkey Trot 5K Race. 4 p.m. Herndon Centennial Golf Course. 814 Ferndale Ave., Herndon. A 3.1 mile

cross country style race held on the golf course. Sponsored by the Herndon Parks and Recreation Dept. 703-787-7300.

An Evening with Andre Rieu. 8 p.m. George Mason University Patriot Center, 4500 Patriot Circle, Fairfax. Accompanied by the 60-piece Johann Strauss Orchestra. Tickets are \$49-\$143, available at www.ticketmaster.com or 703-573-SEAT. www.andrerieu.com.

Holiday Bazaar. 10 a.m.-4 p.m. Unitarian Universalist Congregation of Fairfax, 2709 Hunter Mill Road, Oakton. Wooden bowls and carvings, pottery, hand painted floor cloths, knitted hats, glass plates, jewelry, jams and more. 15% of all sales support UUCF. Free admission. melarkins@verizon.net.

30th Annual Pre-Turkey Quarter Horse Show. Frying Pan Farm Park, 2709 West Ox Road, Herndon. Riders compete and showcase their abilities. www.fairfaxcounty.gov/parks/fpp/equest.htm.

"Almost, Maine." 2 p.m. and 7 p.m. South Lakes High School, 11400 South Lakes Drive, Reston. Nine tales of love by John Cariani in a mythical town. \$8 in advance and \$10 at the door. www.southlakesdrama.com.

National Acrobats of The People's Republic of China- Direct from Beijing. 8 p.m. George Mason University's Center for the Arts Concert Hall, 4400 University Drive, Fairfax. \$24-\$48, youth through grade 12 half price when accompanied by adult. 1-888-945-2468.

Flutopia. 8 p.m. George Mason University Concert Hall, 4400 University Drive, Fairfax. 703-993-1380 or www.music.gmu.edu.

BULLETIN BOARD

To have community events listed in the Connection, send to reston@connectionnewspapers.com. Deadline is Friday.

THURSDAY/NOV. 17

Assistance League of Northern Virginia Operation School Bell Weekend Food for Kids. 10 a.m. Fairfax County Police Department Sully District Station, 4900 Stonecroft Blvd., Chantilly. Help pack supplemental food packages for children in 3 Title 1 schools in northern Virginia. www.northernvirginia.assistanceleague.org or 703-591-2312.

THURSDAY/NOV. 24

Lupus Support Group. 12 p.m. at Reston Hospital Center, The West Wing, 1850 Town Center Parkway, Reston. Lh@ascendcomm.com or

www.lupusgw.org.

Alzheimer's Association Memory Care Support Group. 11 a.m. Great Falls Assisted Living, 1121 Reston Avenue, Herndon. Facilitated by a geriatric care counselor. Meets monthly through December. Free. www.greatfallsassistedliving.com or 703-421-0690.

TUESDAY/DEC. 6

Fairfax County Board of Supervisors Meeting. 9:30 a.m. Fairfax County Government Center, Board Auditorium, 12000 Government Center Parkway, Fairfax. 703-324-3151, TTY 703-324-3903.

WEDNESDAY/DEC. 7

Spiritual Development and Study Group. 7:30 p.m. Hunan East, 2533 John Milton Drive, Herndon. Every Wednesday. 703-620-3018.
Lupus Support Group. 6:30 p.m.

Reston Community Center, 2310 Colts Neck Road, Reston. The Lupus Foundation of America DC/MD/VA Chapter offers a free support group for lupus patients and their families the first Wednesday of the month. 1-888-787-5390 or info@lupusdmv.org.

THURSDAY/DEC. 22

Lupus Support Group. 12 p.m. at Reston Hospital Center, The West Wing, 1850 Town Center Parkway, Reston. Lh@ascendcomm.com or www.lupusgw.org.

Alzheimer's Association Memory Care Support Group. 11 a.m. Great Falls Assisted Living, 1121 Reston Avenue, Herndon. Facilitated by a geriatric care counselor. Meets monthly through December. Free. www.greatfallsassistedliving.com or 703-421-0690.



Make Us Part of Your Holiday Tradition

Open Christmas Eve, Christmas Day
& New Year's Eve

MAKE YOUR RESERVATIONS TODAY

McCORMICK & SCHMICK'S SEAFOOD RESTAURANTS

WASHINGTON, D.C.
K STREET
(202) 861-2233

WASHINGTON, D.C.
F STREET
(202) 639-9330

CRYSTAL CITY/
ARLINGTON
(703) 413-6400

RESTON
TOWN CENTER
(703) 481-6600

TYSONS CORNER/
MCLEAN
(703) 848-8000

NATIONAL
HARBOR
(301) 567-6224

www.McCormickandSchmicks.com

TWO POOR TEACHERS

Kitchen and Bathroom Remodeling

We Bring the Showroom to YOU!!



Select your remodeling products from our Mobile Kitchen and Bathroom Showroom and Design Center!!

Free Estimates
703-969-1179

www.twopoorteachers.com

Fully Insured & Class A Licensed
EST. 1999

**Standard & Premium
Bath Specials!**

**Starting at
\$4,950**

Visit our website
for details!

Restonians Remember Traditions

FROM PAGE 9

pretty old fashioned.” Vicky Wingert remembered how her mother would start a “Christmas book” two months before Dec. 25, which she said would be shown to Santa on Christmas.

“Knowing Santa would read it on Christmas, it really made us tow the line for those two months leading up to it,” she said.

Others remembered their own culture’s celebrations of the holidays. Eileen Harahan shared the history and tradition of Hanukkah, complete with the menorah and dreidel.

Some shared their experiences growing up in Japan, or in Latvia with the Eastern Orthodox tradition.

“Learning about all these traditions has been very fascinating,” Whyte said. “It makes me want to spend the holidays in all of these places.”

Ellen Graves and Squire Muse discussed the traditions related to agriculture as well.



Eileen Harahan explains Hanukkah at the Reston Museum holiday celebration, Saturday, Dec. 17.

tion of Kwanzaa, which is celebrated from Dec. 26 to Jan. 1 every year.

“It’s not religious, and it’s not a Christmas substitute, but it’s based on the agricultural tradition of Africa,” Graves said. “I’ve found that the seven principles, unity, self-determination, collective work and responsibility, cooperative economics, purpose, creativity and faith remind me a lot of Bob Simon’s founding principles.”

Graves demonstrated the use of the kinara, a candleholder with seven slots. A black candle goes in the middle, and is lit Dec. 26, then the three red and three green candles are lit one more per day, going from left to right.

“I thought it was interesting to see the parallels with Judaism, such as between the kinara and the menorah,” Harahan said. “And many of the Jewish

Experience the hospitality that made Ireland famous.



WEEKEND BRUNCH

The Best Irish Breakfast in Town!

Enjoy our generous servings of eggs, Irish bacon, black & white pudding, Irish beans & home fries.

Sat: 11am - 2:30pm Sun: 10am - 2:30pm

LIVE Music!

Every Weekend 9:30pm-1:30am

- Thursday, 22/22/11: Mike Leverone
- Friday, 12/23/11: Eddie Pasa

IT'S TIME FOR FOOTBALL!



Catch your favorite teams on our 7 HDTV's!

754 Elden Street Herndon, VA 20170

703-464-0522 www.osullivansirishpub.com

CALL FOR BOARD CANDIDATES

Interested in guiding the direction of the Reston community?

Then consider running for the Reston Association Board of Directors.

Three seats will be open in the spring:

- One South Lakes District- Candidates must be residents of South Lakes district.
- Two At-Large Directors

To qualify you must:

- Be a Member of the Reston Association
- Complete a Statement and a Petition of Candidacy

Forms must be filed by 5 p.m., Feb. 3, 2012.

Candidacy Forms and other election information can be found online at www.reston.org.

Residential property owners and renters are eligible to run for a seat and vote in the election.

Details or Questions:

Cate Fulkerson cate@reston.org or 703-435-6512.



Reston Parkway at Sunrise Valley Drive Safety Improvement Project Fairfax County

Find out about the proposal to upgrade the traffic signal and pedestrian facilities at the intersection of Reston Parkway (Route 602) and Sunrise Valley Drive (Route 5320) in Fairfax County. The project will enhance pedestrian and traffic safety and improve traffic flow.

Review the project information and environmental document in the form of a Blanket Categorical Exclusion at VDOT's Northern Virginia District office at 4975 Alliance Drive in Fairfax, 22030. Please call ahead at 703-259-2907 or TTY/TDD 711 to assure the appropriate personnel are available to answer your questions.

If your concerns cannot be satisfied, VDOT is willing to hold a public hearing. You may request a public hearing by sending a written request to Ms. Jenny Ha at the address above by **January 6, 2012**. If a request for a public hearing is received, notice of date, time, and place of the hearing will be posted.

In compliance with the National Historic Preservation Act, Section 106 and 36 CFR Part 800, information concerning the potential effects of the proposed project on properties listed in or eligible for listing in the National Register of Historic Places, if any, are included in the environmental documentation.

VDOT ensures nondiscrimination and equal employment in all programs and activities in accordance with Title VI and Title VII of the Civil Rights Act of 1964. If you need more information or special assistance for persons with disabilities or limited English proficiency, contact the project manager listed above.

State Project: 0602-029-923, P101, M501, R201
Federal Project: HSIP-5A01 (130); UPC 98425

Benches, Fountains, Statues, Bonsai, Cactus & Succulents

25% OFF

Trees, Shrubs & Perennials
Wallstone, In-Stock Pavers

Christmas Trees, Greens, Poinsettias & Cyclamen

50% Off
Camellias, Nandina, Crepe Myrtle, Azaleas, Aucuba, Japanese Maples, Evergreen Magnolias, Blue Atlas Cedar & Select Shade Trees

60-75% OFF POTS

Cravens Nursery & Pottery

FREE Landscape Estimates

Holiday Hours
Open Fri. Dec. 23rd until 7pm,
Sat. Christmas Eve until 6pm

Off-Season Pricing

9023 Arlington Blvd., Fairfax, Virginia
2 miles west of I-495 on Rt. 50,
1 mile from I-66 (Vienna Metro)
703-573-5025
www.cravensnursery.com
Open 9-5, 7 days a week



PHOTOS BY ALEX McVEIGH/THE CONNECTION

Members of the Reston Garden Club create holiday greens centerpieces for residents at the Cameron Glen Care Center at the Walker Nature Education Center Tuesday, Dec. 13.

Garden Club Spreads Holiday Spirit

Club creates more than 50 holiday greens centerpieces for assisted living home.

BY ALEX McVEIGH
THE CONNECTION

Members of the Reston Garden Club made their annual contribution to residents of Cameron Glen Care Center, providing them with more than 50 holiday greens displays. Several dozen members met at the Walker Nature Education Center Tuesday, Dec. 13 to create the pieces.

"We always have at least two community projects per year, and this is a big one. We'll take them to Cameron Glen and they'll be put in the activities room as centerpieces for the tables," said club member Barbara Pelzner.

All the greenery used came from the members' own gardens. The day before the Dec. 13 meeting, members trimmed small-leaved greens such as arbovitae, white pine, holly and yew and collected them. They soaked the pieces in water overnight so the greens absorb the water and stay fresh.

"Throughout the year, we always collect holiday mugs to do the plantings, and once the plants are gone, the mugs go to residents and staff at Cameron Glen," said member Ellen Douglas.

The gardeners soaked blocks of Oasis floral foam in water, and then cut them to fit into each mug. The greens could then be anchored in the foam, and the absorbed water helps keep the fresh.

"I like to let the design fit with the shape of the mug itself," said member Mary Ellen Saville, who spent part of the day working with a snowman-shaped mug. "Once you've got everything set, you



Nancy Davis of the Reston Garden Club creates a centerpiece for residents of Cameron Glen Care Center.

just see what's available and feel your way into a design."

Club members could pick and choose from the piles of plants available, and members also brought in ribbons, bells and other decorative items.

The Reston Garden Club also cleans up various public spaces, such as the grass in front of the Reston Library and along the Wildflower Trail. They also offer scholarships to the Nature Center's summer program and other local gardening programs.

"We're always looking for ways to contribute to this community, one of my favorites is making Mother's Day flower baskets with pre-schoolers from the Laurel Learning Center," Pelzner said. "We also contribute many trees and shrubs in memory of deceased members and their spouses."

I think what separates the superstar from the average ballplayer is the fact that he concentrates just a little bit more.

—Hank Aaron

COMMUNITIES OF WORSHIP

GOOD SHEPHERD LUTHERAN CHURCH
Making more and better disciples of Christ

1133 Reston Avenue, Herndon, VA 20170
Worship: Sunday, 8:00 A.M. and 11:00 A.M.
Sunday School: 9:30 A.M.

Rev. Dr. William H. Flammann, Pastor
Church Office: 703.437.5020
Preschool: 703.437.4511
www.gslcva.org

Child care available at all services

Progressive & Welcoming

ST. ANNE'S EPISCOPAL CHURCH • Reston

7:45 a.m. Holy Eucharist, Rite I
9:00 a.m. Holy Eucharist, Rite II
Sunday school/Music: preschool - grade 2
10:25 a.m. Sunday school/Music: grades 3 - 12
11:15 a.m. Holy Eucharist, Rite II
5:00 p.m. Come Just as You Are Contemporary Service

Nursery care provided at 9:00 and 11:15 services

The Rev. James Papile, Rector
The Rev. Jacqueline Thomson
The Rev. Denise Trogdon
703-437-6530
www.stannes-reston.org
1700 Wainwright Dr., Reston

To Highlight
your
Faith
Community,
Call Karen at
703-917-6468

Herndon United Methodist Church
www.HerndonUMC.org

Sundays
8:30 AM Sanctuary, Traditional Worship Service
10:00 AM Garden, Traditional Worship Service
11:00 AM Connection, Contemporary Worship Service

other weekly services
5:30 PM Saturdays: Relax & Renew, Casual Worship Service

701 Bennett St., Herndon, VA
703-707-6271

Celebrate Christ's birth at
Community of Faith
United Methodist Church

Christmas Eve Services
5:00 p.m. Young Children's Service
7:30 p.m. Candlelight & Carols
11:00 p.m. Candlelight & Communion

100% of the Christmas Eve Offering benefits the mission of Pathways (www.Pathways-va.org)

Christmas Day Worship - One service at 11:00 a.m.
Sunday Morning Worship at 8:30 & 10:30 a.m.
13224 Franklin Farm Road, Herndon
www.cof-umc.org

For a free digital subscription to one or all of the 15 Connection Newspapers, go to www.ConnectionNewspapers.com and click on:

Free Digital Subscriptions

Complete digital replica of the print edition, including photos and ads, delivered weekly to your e-mail box.

Questions? E-mail: goinggreen@connectionnewspapers.com

THE CONNECTION NEWSPAPERS

Hoops Seasons Underway for Hornets, Seahawks

Herndon boys reached region semifinals last year, while South Lakes made it to Liberty District title game.

BY RICH SANDERS
THE CONNECTION

The Herndon High boys' basketball team is coming off a tremendous season last year which saw the Hornets capture the Concorde District tournament title and go as far as the Northern Region semifinals.

A season in which Herndon finished 23-3 overall concluded with a round of four 64-61 region playoff loss to T.C. Williams. The Titans went on to defeat upstart Annandale High in last year's region title game.

Herndon, last winter, enjoyed a spectacular season, falling just one win short of reaching the region championship game and nearly qualifying for the state AAA playoffs. Had Herndon gotten past the Titans in the semifinals, it would have qualified for states for the first time since 2006 when Scottie Reynolds was the team's star player and Gary Hall was head coach.

"We have been a little banged up early and have been working to get all of our kid's healthy going into the holidays and the rest of the season"

— Andrew Duggan

Perhaps Herndon's highlight moment of last year's season came in the Concorde District title game when the Hornets, the tournament's No. 1 seed, defeated Chantilly High, 64-58. In that finals game, Herndon trailed the Chargers by 15 points in the third quarter before rallying to win behind the superb play of since-graduated point guard Austin Hamilton, who scored 27 points and earned tournament MVP honors.

Herndon, at the ensuing 16-team regional tournament, then won games over both W.T. Woodson, 66-61, and local cross-town rival South Lakes, 87-76.

Hamilton, last year's Northern Re-



Herndon coach Chris Whelan talks strategy with his team during a game last year. Whelan's Hornets are off to a 4-2 start this season, following last year's campaign, which saw them capture the Concorde District title.

gion Player of the Year, and backcourt mate Jonathan Beltran both scored 17 points in the first round win over Woodson. Hamilton then scored 33 in the Hornets' quarterfinals round win over South Lakes, which experienced an outstanding turnaround season under new head coach Andrew Duggan last winter.

Going into the region semifinals contest versus annual region power T.C. Williams, Herndon had won 13 straight games. The Hornets trailed early that night, 10-2, but played hard throughout and were within 47-46 early in the final quarter. Herndon was within 63-61 with 30 seconds left but could not get closer.

Herndon lost several key players to graduation from last year's team but has still gotten off to a good 4-2 start this season.

"We are coming along and getting better every day," said veteran Herndon coach Chris Whelan.

Herndon opened the current season with a 67-62 non-district home win over Washington-Lee (Arlington) on Nov. 29, but lost a few days later at non-district opponent West Potomac, 67-49, on Dec. 2.

Since then, Herndon, going into this week, has won three of its next four games. The Hornets won a non-district home game over Annandale, 86-64, on Dec. 16 before falling at Stuart, 64-67, three days later.

In non-district play last week, Herndon defeated visiting Lake Braddock, 71-56, on Dec. 13, than won at Hayfield, 60-54, Dec.

16.

Herndon's top scorers in the win over Lake Braddock were senior forward Patrick McLaughlin (23 points) and sophomore guard Dorian Johnson (20). Also in double figures for the Hornets were guards DeAndre Thomas (16 points) and Ashkan Naderi (11). Herndon used a strong second quarter to build a 29-19 halftime advantage over the Bruins.

In the win over Hayfield, Johnson (16 points), Thomas (14), and McLaughlin (12) were each in double digits while Naderi added nine and sophomore guard Malcolm McKenzie six.

McLaughlin, Johnson, and Thomas are all returning starters from last year's team.

Herndon was scheduled to host South Lakes on Tuesday, Dec. 20 of this week, its final game before Christmas.

Over the holidays, Herndon will participate in the Lake Braddock Tournament.

Herndon will open its Concorde District schedule with a home game versus Oakton on Jan. 6.

THE SOUTH LAKES BOYS opened the season with a pair of wins — home victories over Centreville, 68-50, on Dec. 1, and Oakton, 63-52, on Dec. 2. But the Seahawks have lost three straight since then and were 2-3 going into this week's game against Herndon.

The losses came to visiting Westfield, 66-58, on Dec. 10; host team McLean, 69-52 in South Lakes' Liberty District opener; and

visiting district opponent Langley, 63-33, on Dec. 16.

"We have been a little banged up early and have been working to get all of our kid's healthy going into the holidays and the rest of the season," said Duggan, South Lakes' second year head coach. "We have high expectations coming into this season. One of our goals is to win the Liberty District."

South Lakes' leading scorers in the recent loss to McLean were senior guard Jordan Francis (13 points), freshman forward Brandon Kamga (9 points), and sophomore forward Clayton O'Neill (7). Against Langley, however, no South Lakes players scored in double figures.

South Lakes' top scorers thus far are JD Wallace (17 points, six assists per game), Francis (12 points), Kamga (8 points), and DJ Christian (7 points).

Over the holidays, South Lakes will participate in a tournament at Wakefield High School in Arlington. The Seahawks will meet West Potomac in their first game of the tournament on Tuesday, Dec. 27. South Lakes is also scheduled to play tournament games the following two days as well.

A year ago, in coach Duggan's first season as the South Lakes head coach, the Seahawks went 14-12 and made it to the Liberty District tournament finals. At the region playoffs, the Seahawks defeated Falls Church, 61-53, in a first round game before losing to Herndon in a quarterfinals contest. Christian scored 26 points for South Lakes in that season-ending loss.

PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

ZONE 1: • RESTON
• HERNDON • LOUDOUN

EMPLOYMENT

703-917-6464

ZONE 1 Ad DEADLINE:
TUESDAY 4 P.M.

CLASSIFIED

703-917-6400

ZONE 1 Ad DEADLINE:
MONDAY NOON

ACCOUNTANT

Herndon Home Builder looking for a P/T, 5 yr. + experienced, organized, detailed, high energy Accountant. 15-20 hrs/ week/ flexible.

Send resume to
IKGoldenEagle@aol.com
or call **703.856.4826**

Love to Decorate?

Decorating Den Interiors was chosen Best of the Best by Entrepreneur Magazine. Home based, flexible schedule, low overhead, wholesale accounts. Call for more information on how you can turn your passion into a business.

 **703-239-8112**
www.Decoratingden.com

EDUCATION TRAINING

Pharmacy Technician Trainees Needed Now!

Pharmacies now hiring. No experience? Job Training & Placement Assistance Avail. 1-877-240-4524 CTO SCHEV

DENTAL ASSISTANT TRAINEES NEEDED NOW!

Dental Offices now hiring. No experience? Job Training & Placement Assistance Avail. 1-800-381-1734 CTO SCHEV

MED BILL & CODING Trainees NEEDED NOW

Medical Offices now hiring. No experience? Job Training & Placement Assistance Avail. 1-800-385-2615 CTO SCHEV

RECEPTIONIST / EVENTS CENTER COORDINATOR

RE/MAX Premier is seeking a Receptionist/Events Center Coordinator for its Ashburn Office. Duties include opening/closing the office, answering multi-line phones, handling faxes, mail and office deliveries; occasional typing and copying. Candidate will also promote Events Center, coordinate its rental, and schedule the center's calendar. Salary and commission commensurate with experience; we also offer an attractive benefits package including health insurance.

Email Resume to
jill.premier@gmail.com or
fax to **Jill Corbett at 703-723-0707.**

HOW TO SUBMIT ADS TO

THE CONNECTION

Newspapers & Online

CLASSIFIED

DEADLINES

Zones 1, 5, 6.....Mon @ noon

Zones 2, 3, 4.....Tues @ noon

E-mail ad with zone choices to: classified@connectionnewspapers.com or call Andrea @ 703-778-9411

EMPLOYMENT

DEADLINES

Zones 5, 6.....Tues @ 11:00

Zones 1, 3.....Tues @ 4:00

Zone 2.....Wed @ 11:00

Zone 4.....Wed @ 1:00

E-mail ad with zone choices to: classified@connectionnewspapers.com or call Barbara @ 703-778-9413

ZONES

Zone 1: The Reston Connection
The Oak Hill/Herndon Connection

Zone 2: The Springfield Connection
The Burke Connection
The Fairfax Connection
The Fairfax Station/Clifton/
Lorton Connection

Zone 3: The Alexandria Gazette Packet
The Mount Vernon Gazette

Zone 4: Centre View North
Centre View South

Zone 5: The Potomac Almanac

Zone 6: The Arlington Connection
The Vienna/Oakton
Connection
The McLean Connection
The Great Falls
Connection

26 Antiques

We pay top \$ for antique furniture and mid-century Danish/modern teak furniture, STERLING, MEN'S WATCHES, jewelry and costume jewelry, paintings/art glass/clocks. Schefer Antiques @ 703-241-0790. Email: theschefer@cox.net

34 Pets

Kittens/Cats all vetted adorable adoption fee 1-703-608-2605 Save us Please!

Now! Complete Print Editions Online!

The full print editions of all 18 Connection Newspapers are now available on our Web Site in PDF format, page by page, identical to our weekly newsprint editions, including print advertising. Go to www.ConnectionNewspapers.com and click on "Print Editions."



21 Announcements 21 Announcements 21 Announcements

Fairfax Water

NOTICE OF PUBLIC HEARING CONNECTION RULE FOR NEW CONSTRUCTION/REDEVELOPMENT

On December 6, 2011, the Fairfax County Board of Supervisors (BOS) held a public hearing regarding an ordinance to establish exclusive water service areas and maximum allowable rates, fees, and charges within Fairfax County for water service. At the same meeting, the BOS enacted the ordinance as Section 65-6-13 of the Code of Fairfax County. Section (a) of the ordinance provides that effective 12:01 a.m. December 7, 2011, Fairfax Water will be the provider of retail public water service within Fairfax County, Virginia, for any new construction or redevelopment of any dwelling unit and any residential or non-residential structure, unless Fairfax Water determines it cannot make water service available due to a utility-related reason.

The ordinance requires that any determination by Fairfax Water that it cannot make service available be made in accordance with policies, rules, or regulations established by Fairfax Water for the purpose of establishing when a utility-related reason exists that prevents it from supplying water. The ordinance further requires that the policies, rules, or regulations be adopted by Fairfax Water after notice and a public hearing.

At 6:30 p.m. on Thursday, January 12, 2012, Fairfax Water will conduct a public hearing on its proposed CONNECTION RULE FOR NEW CONSTRUCTION/ REDEVELOPMENT. The hearing will be held in Fairfax Water's offices at 8570 Executive Park Avenue, Fairfax, VA.

A copy of the proposed rule can be viewed on our Web site at <http://www.fairfaxwater.org>. Those wishing to speak at this hearing or desiring a copy of the proposed rule should call Ms. Eva Catlin at 703-289-6017. Interested parties may submit written comments to PublicHearingComments@fairfaxwater.org or mail written comments to:

Fairfax Water
Public Hearing Comments
8570 Executive Park Avenue
Fairfax, VA 22031

All written comments must be received by close of business on Wednesday, January 11, 2012 to be included in the record of the public hearing.

21 Announcements 21 Announcements 21 Announcements 21 Announcements

Add a touch of green to a white Christmas!

Advertise through Virginia Press Services' Statewide Display Ad Network.

Place your business card-size ad in more than 65 newspapers and your message will reach more than 800,000 Virginians!

CONTACT THIS NEWSPAPER or Adriane Long, Virginia Press Services, 804-521-7585 or adriane@vpa.net



Porcelain Repair

571-221-3493

21 Announcements 21 Announcements

JUNE 30th - 2PM

Norfolk Waterside Marriott • Norfolk, VA

Psychic Medium & Author

John Edward

Tickets: (800) 233-3123

JohnEdward.net or Telecharge.com
Reading not guaranteed.



21 Announcements 21 Announcements

Donate A Boat or Car Today!

Boat Angel

"2-Night Free Vacation!"

1-800-CAR-ANGEL

www.boatangel.com

sponsored by boat angel outreach center STOP CRIMES AGAINST CHILDREN



The reward of a thing well done, is to have done it.
- Ralph Waldo Emerson

THE CONNECTION CLASSIFIED

Classified or Home • Lawn • Garden:
703-917-6400

Employment: 703-917-6464

E-mail: classified@connectionnewspapers.com

HOME & GARDEN

703-917-6400

ZONE I: • RESTON
• HERNDON • LOUDOUN

CONNECTIONNEWSPAPERS.COM CONTRACTORS.com

ZONE I Ad DEADLINE:
MONDAY NOON

Living Proof



By KENNETH B. LOURIE

Or just plain dumb luck (which I don't take personally), or inherited genes (for which I am fortunate) that have so far fended off the cancer due to their DNA profile – or whatever, or the cumulative effect of the diet and lifestyle choices I've made, or the ingenuity of the design of the chemotherapy initially and then the anti-angiogenesis maintenance treatment I've been infused with – going on nearly three years, or everything together or some other things I've done separately, or a higher power simply blessing me for reasons I couldn't begin to understand. Why ever, how ever, I am grateful life goes on; thank God!

Woe is not me so I have never wondered why it has been me so seriously and unexpectedly afflicted. Certainly I've been curious and at the initial Team Lourie meeting with my oncologist, questions were asked but answers were not really provided. My oncologist was more interested in treating the disease going forward rather than determining a cause for this effect reviewing backwards. It was of no interest to him, so by association – or influence, it likewise became less so to me. And so was born – and has evolved, my attitude toward being diagnosed with stage IV lung cancer at age 54 and one half. It's my problem, but I can't really worry about it – sort of, somehow.

On the one hand, whatever will be will be and attempting to control the uncontrollable (cells in my body) will likely mentally-anguish even a patient patient like me. On the other, giving up and/or giving in to this terminal disease doesn't make much sense either. I didn't (don't) want to be a victim of my own circumstance. Nor do I want to be an answer to anybody's prayers, except my own. Everybody has their own problems. Cancer has become mine and it's a problem I have assimilated into my life. I wouldn't say I've embraced it but I have accepted it and moved on, you might say.

Writing these columns and sharing with all of you has likely contributed as well to that acceptance as much as anything has. Not taking my diagnosis/prognosis lying down (in fact, I was sitting at the time), might have started the proactive peace with which I presently exist – and formerly as well, ever since that first this-is-what-you-have/this-is-what-we-should-do-about-it meeting occurred with my oncologist. He set the forward-thinking tone at that meeting and I have, to the best of my ability – despite some valleys along the way, remained vigilant, trying to appreciate the present while constantly thinking about the future. A future once filled with hope, but now one filled with anxiety and uncertainty.

Managing that anxiety has been, and continues to be, my greatest challenge, a challenge I never anticipated given that my parents' ages when they died were 87 and 86 and their health history had not included any cancer. And though it doesn't appear as if I've inherited their long-living genes, I have most definitely inherited their senses of humor and positive attitude. Maybe that's why I've outlived my prognosis. I think I thought: why not me? And then joked about it. (I remember asking my oncologist if it were OK for me to buy in bulk, among other similar kinds of queries.)

At the end of the day, the whole thing has probably been out of my hands. But accepting that wouldn't have been any fun.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

FALCON ROOFING
Roofing & Siding (All Types)
Soffit & Fascia Wrapping
New Gutters
Chimney Crowns
Leaks Repaired
No job too small
703-975-2375
falconroofinginc.com

ANGEL'S TREE REMOVAL
Brush & Yard Debris
Trimming & Topping
Gutters & Hauling
Angeltreeslandscaping-hauling.com
703-863-1086
703-582-3709
240-603-6182

When spider webs unite, they can tie up a lion.
-Ethiopian Proverb

THE CONNECTION CLASSIFIED
NEWSPAPERS
Classified or Home • Lawn • Garden:
703-917-6400
Employment: 703-917-6464
E-mail: classified@connectionnewspapers.com

Now! Complete Print Editions Online!
The full print editions of all 18 Connection Newspapers are now available on our Web Site in PDF format, page by page, identical to our weekly newsprint editions, including print advertising. Go to www.ConnectionNewspapers.com and click on "Print Editions."



CLEANING CLEANING
CARE MORE CLEANING SOLUTIONS
Residential & Commercial
10% Senior Citizen Discount
703-862-5904
OR
703-780-6749
caremorecleaning.com

ELECTRICAL ELECTRICAL
K&D ELECTRIC
COMMERCIAL / RESIDENTIAL SERVICE
Family Owned & Operated
Recessed Lighting
Ceiling Fans
Phone/CATV
Computer Network Cabeling
Service Upgrades
Hot Tubs, etc...
Licensed/Bonded/Insured
Office 703-335-0654
Mobile 703-499-0522

GUTTER GUTTER
GUTTER CLEANING
Gutters and Downspouts Cleaned • Small Repairs • Gutter Guards
LEAF REMOVAL
Pinnacle Services, Inc.
703-802-0483 • Free Estimates
Email: jamie@lawnsandgutters.com
Web: lawnsandgutters.com
Lic • LAWN MOWING, SODDING, MULCHING, Yardclean-up • Ins.

GUTTER
LAWN MOWING
LAWN MOWING, TRIMMING, EDGING, SODDING, MULCHING, LEAVES, GUTTER CLEANING, YARD CLEANUP
Pinnacle Services
703-802-0483
Lic. Free Est. email: jamie@lawnsandgutters.com
web:lawnsandgutters.com

LANDSCAPING
ANGEL'S LAWN MOWING
•Trimming •Leaf & Snow
•Removal •Yard Clearing
•Hauling •Tree Work
703-863-1086
703-582-3709
240-603-6182

HAULING
ANGEL'S TRASH REMOVAL
•Junk & Rubbish •Furn., Yard, Construction Debris • Mulch & Spring Clean Up
703-863-1086
703-582-3709
240-603-6182

PAINTING
PATRIOT PAINTING
www.PatriotPainting.net
Wallpaper Removal, Carpentry, Power Washing, Int/Ext Painting
Free Est. • Satisfaction Guar!
Lic./Ins. Int./Ext.
703-502-7840
Cell 571-283-4883

AL'S HAULING
Junk & Rubbish
Concrete, furn., office, yard, construction debris
Low Rates NOVA
703-360-4364
703-304-4798 cell
7 DAYS A WEEK

An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them.
-Werner Heisenberg

LAWN SERVICE LAWN SERVICE

IMPROVEMENTS IMPROVEMENTS
R&N Carpentry
♦BASEMENTS ♦BATHS ♦KITCHENS
Foreclosure specialist/Power washing
♦Exterior Wood Rot More!
Deck & Fence repair, Screen Porches
No jobs too large or small
Free est. 37 yrs exp. Licensed, Insured
703-987-5096

J.E.S Services
LANDSCAPE & CONSTRUCTION
• Patios • Walkways
• Retaining Walls
• Drainage Problems
• Landscape Makeovers
Call: 703-912-6886
Free Estimates

R.N. CONTRACTORS, INC.
Remodeling Homes, Flooring, Kitchen & Bath, Windows, Siding, Roofing, Additions & Patios, Custom Deck, Painting
We Accept All Major Credit Cards
Licensed, Insured, Bonded • Free Estimates • Class A Lic
Phone: 703-887-3827 Fax: 703-830-3849
E-mail: rncontractorsinc@gmail

MASONRY MASONRY
3rd Generation Masonry Company
Family Owned & Operated Since the 1950s
MASONRY SPECIALIST, LLC
For All of Your Masonry Needs
Custom Design, Installation, Repairs & Restoration
* Also Offering Custom Carpentry Services!
BRICK - FIELDSTONE FLAGSTONE - CONCRETE
EP Henry & Belgard Pavers
Patios, Walkways, Driveways, Retaining & Decorative Walls
703-443-2308
Go to www.masonryspecialist.com for ideas, pictures & coupons!
All Work Guaranteed - Licensed & Fully Insured
Class A License #VA2705087240A

The HANDYMAN
A DIVISION OF NURSE CONSTRUCTION
BATHROOM REMODELING, DRYWALL, PAINTING, CERAMIC TILE, CARPENTRY, POWER WASHING & MUCH MORE
You have tried the rest - NOW CALL THE BEST!!
Proudly serving Northern VA - 46 yrs. exp.
Licensed Insured We Accept VISA/MC
703-441-8811

PLUMBING PLUMBING
Plumbing & Drain
New Work • Repair
Remodel • Drain Cleaning
No Extra Charge for Weekends
Free Estimates
\$20 OFF
With this ad!
Call Dean • 703-638-9417

THE CONNECTION CLASSIFIED
NEWSPAPERS
Classified or Home • Lawn • Garden:
703-917-6400
Employment: 703-917-6464
E-mail: classified@connectionnewspapers.com



2012 MLK

Are We Keeping the Promise?

Reston Dr. Martin Luther King, Jr. Birthday Celebration

“Life’s most persistent and urgent question is: What are you doing for others?”

- Dr. Martin Luther King, Jr.



MLK EVENTS

SATURDAY, JANUARY 14

Reston Community Orchestra, 6th Annual Memorial Tribute to Dr. Martin Luther King, Jr.

6:00 p.m. - 7:30 p.m. • RCC Hunters Woods

SUNDAY, JANUARY 15

Voices of Inspiration

4:00 p.m. • Northern Virginia Hebrew Congregation
1441 Wiehle Ave

MONDAY, JANUARY 16



Keynote Speaker Nnenna Freelon

A six-time GRAMMY Award nominee, hailed as the “international voice of Jazz,” she

has an impressive music background and contributes to educational efforts that make her a sought-after spokesperson and motivational speaker.

Commemorative March

9:00 a.m. • Southgate Community Center
12125 Pinecrest Road

Community Service Projects

10:00 a.m. - 12:30 p.m. • RCC Hunters Woods
Registration # 704717-2B

Especially for Youth - 1st - 6th Grade

10:00 a.m. - 1:00 p.m. • RCC Hunters Woods
Registration # 704717-1A

Community Service Awards, Keynote Address & Community Lunch

12:30 p.m. - 2:00 p.m. • RCC Hunters Woods

Performance by Nnenna Freelon

Joined by members of the South Lakes High School Chorus

8:00 p.m. • RCC Hunters Woods-the CenterStage

Tickets: \$15/Reston \$30/Non-Reston

Art by Reston Elementary Schools

Artwork that is based on the history of Dr.

King will hang in the Community Room from mid-January through the end of the month. Come out on January 16th to help

the community vote for the “People’s Choice” winner.

Reception - 2:30 p.m. - RCC Hunters Woods



Please check out our website www.restoncommunitycenter.com for an up-to-date schedule of events or contact Kevin Danaher, Community Events Director, at 703-476-4500 for more information.



Reston Community Center
2310 Colts Neck Road, Reston VA 20191



To request reasonable ADA accommodations, call 703-476-4500 • 800-828-1120 (TTY).

