

**A AIDA SPA**

Voted Allure Magazine's Best of the Best for waxing four years in a row, Aida Spa is the first stop on your list for bathing suit readiness! Aida makes her own organic, hypo-allergenic, wax from an ages old recipe and her friendly, efficient style makes for a pleasant experience. 311 N. Washington Street, 703.535.7875, [aidaspaldtown.com](http://aidaspaldtown.com)

**B POSH MED SPA**

Old Town's newest med spa is ready to help when it comes time to hit the pool and the beach! State of the art Vaser Liposuction and SmartLipo, Laser Vein Therapy, Laser Hair Removal and HCG Weight Loss are all administered by a team of experienced doctors and nurses. 516 1/2 Oronoco Street, 703.535.6700, [poshmedspa.com](http://poshmedspa.com)

**C FITNESS TOGETHER**

Now that it's too warm to hide under a sweater a personal trainer may be in order. Visit Fitness Together and find state-of-the art training facilities and some of the best personal trainers in the area who will assess your fitness level and start you on a program to meet your goals. Whether you want to lose a few or improve in your summer sport of choice they will get you on track and keep you motivated! 300 North Washington Street, 703.683.0777

**D HOLISTIC TOUCH CENTER**

Linda Wentz offers 10 years of experience in practicing acupuncture to help her clients overcome their cravings, irritability and hunger that can interfere with weight loss. Acupuncture can stimulate metabolism, jump start digestion and calm the mind for more efficient weight loss. It is all about balance. 309 South Washington Street, 703.299.0500, [holistictouchcenter.com](http://holistictouchcenter.com)

**E GLYNN JONES SALON**

No more chipping! Glynn Jones is the place to shellac your tootsies. This latest polish rage is perfect for summer. No drying time needed and your pedicure will stay shiny for weeks. 720 King Street, 703.549.4000, [glynnjonessalon.com](http://glynnjonessalon.com)

**F LORDS & LADIES**

Dallas has been waxing in Alexandria for over 20 years (with L&L for over 6 years). She uses wax heated just to 98.6 degrees body temperature so there is never any burning. 605 Franklin Street, 703.549.2662, [landlsalon.com](http://landlsalon.com)

# Talk of the Town

Here Comes The Sun



© Google Map data



**H CIRCE SALON & DAY SPA**

Ellen and Richard Vlasak are celebrating one year as the new owners of Circe this month. Visit the spa after a day of bathing suit shopping and find yourself relaxed and rejuvenated. Perfectly lightened tresses and a polished pedicure will complete your poolside look! 123 North Washington Street, 703.519.8528, [circedayspa.com](http://circedayspa.com)



Photos by Louise Krafft



**G HYSTERIA & THE SHOE HIVE**

Now that you are buffed and polished, neighboring Hysteria and The Shoe Hive are your next stop to pick out the perfect swimwear, cover-ups and sandals. Find an itty bitsy bikini or an elegant maillot then find the perfect sandal and you will be ready to strut your stuff at the beach this summer! 125 & 127 South Fairfax Street, [shophysteria.com](http://shophysteria.com) & [theshoehive.com](http://theshoehive.com)