

Children skate with a bear during Cartoon Skate at the Reston Town Center ice rink.

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Fairfax County Public Schools FY 2013 Proposed Budget News

Coming in February: School Nutrition News

January marks the beginning of the budget process for the Fairfax County School Board. Superintendent Jack Dale released the FY 2013 Proposed Budget based on priorities set by the School Board. The \$2.4 billion proposed budget is a 9 percent increase (\$202.3 million) over the FY 2012 budget.

This Just In:

The total number of FCPS students taking AP and IB exams continues to rise. More than 16,100 students (5.4 percent increase) took AP exams and more than 2,600 students (2.1 percent increase) took IB exams in 2011.

The proposed budget includes 721.3 new positions, most of which are being added to address rising enrollment -- projected to be 181,608 students in FY 2013. In addition to increased

enrollment, the proposed budget also takes into consideration changes in student demographics, including an increase in the number of students receiving English for

Speakers of Other Languages services and the number of students eligible for free and reduced-price meals. Extended learning time for students and extended time for teachers are also included in the budget.

"We continue to dedicate the majority of our budget, 85.9 percent, and the majority of our positions, 94.6 percent, directly to instructional programs," said Dale. The proposed budget includes a 2 percent market scale adjustment and a step increase for eligible employees as well as a salary adjustment for custodial positions. "It is imperative FCPS stay competitive in the marketplace in order to attract the best employees to support student success," said Dale.

FCPS receives the majority of its funding from Fairfax County and this year will request an increase of 8.4 percent over FY 2012. The FY 2013 Proposed Budget includes an increase in state funding due to increasing enrollment and the state's update to the Local Composite Index. However, federal revenue is decreasing due to the loss of

one-time Federal Education Jobs funding.

The projected cost per pupil for FY 2013 will be \$13,654, an increase of 6.5 percent over FY 2012. FCPS ranks fifth among 10 area school systems in cost per pupil and has the lowest percentage of leadership team and management positions in relation to total positions of all Washington area school systems for FY 2012, according to the Washington Area Boards of Education.

FCPS operates 196 schools and centers including 139 elementary schools, 23 middle schools, 3 secondary schools, 24 high schools, and 7 special education centers. Two new schools will open in FY 2013, an elementary school at the Lacey site in Annandale and a middle school at the South County site in Lorton.



Getting To Know Us

FCPS Budget Coordinator
Matthew Norton

Determining an operating budget for a school system the size of Fairfax County is a lengthy and detailed process. A critical component of the budget is calculating the number of staff needed at each school based on student enrollment and the services provided.

Matthew Norton, a coordinator for budget services, works closely with the schools to determine appropriate staffing levels for each school and its programs.

"My job involves collecting large amounts

of data from various sources including enrollment, free and reduced-price meals eligibility, special education services and enrollment, square footage of

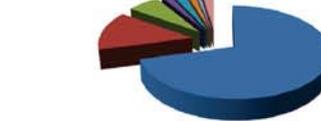
buildings, and other information and assimilating it so we can determine the number of teachers, instructional assistants, special education assistants, assistant principals, administrative, custodial, and other positions that will be budgeted for each school building," said Norton.

He also works with the Department of Special Services to calculate how many students will need special services and what will be the cost of providing those services.

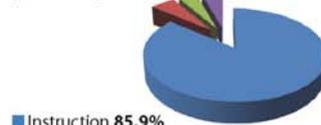
Norton has worked for FCPS for more than 12 years. He says his greatest challenge is working with the large volume of data and helping schools understand the process and the calculations used to determine staffing.

"One of the challenges is that the budget process is very fluid from the time Dr. Dale proposes the budget, through finding out how much the county government will transfer to the school system, to the time the budget is actually approved by the School Board," said Norton. "But it's a detailed process I enjoy being a part of."

FY 2013 Proposed per Pupil Expenditure (\$ in millions)*



FY 2013 Proposed Operating Expenditures (\$ in millions)*



Upcoming Important Dates

January 30, 31	School Board Budget Public Hearings (Jackson Middle School)	April 10	School Board Presents Budget to County Board of Supervisors
February 2	School Board Budget Work Session (Jackson Middle School)	May 1	County Board of Supervisors Approves the FY 2013 Adopted County Budget, Transfer Amount to Schools
February 9	School Board Adopts FY 2013 Advertised Budget	May 10	School Board FY 2013 Approved Budget Presented for New Business
February 21	County Executive Releases FY 2013 Advertised County Budget	May 15, 16	School Board Public Hearings (Jackson Middle School)
February 21	County Board of Supervisors Advertises Tax Rate	May 17	School Board Budget Work Session (Jackson Middle School)
April 10-12	County Board of Supervisors Budget Public Hearings	May 24	School Board Adopts FY 2013 Approved Budget
		July 1	FY 2013 Begins



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Want to Get Involved?

- Learn more at the FCPS budget website at <http://www.fcps.edu/news/fy2013.shtml>
- Attend School Board meetings or watch live on Red Apple 21.
- Speak at a School Board public hearing (http://www.fcps.edu/schlbld/meetings/request_speak.shtml).
- Speak at a Board of Supervisors public hearing (www.fairfaxcounty.gov/bosclerk/speaker_bos.htm).

This year's State of Schools Report courtesy of Apple Federal Credit Union



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PHOTO BY ALEX McVEIGH/THE CONNECTION

Geoffrey Morrison-Logan of Vanasse Hangen Brustlin, consultants hired by the Town of Herndon, speaks about possible Metro redevelopment at a public meeting Monday, Jan. 23.

Town Hosts Metro Plan Update

Development process, traffic among questions at public meeting.

BY ALEX McVEIGH
THE CONNECTION

The Town of Herndon and its consultants, Vanasse Hangen Brustlin, Inc., held a meeting Monday, Jan. 23 to update the public on the latest Metro development plan.

The plan, which was developed in December after errors in the previous draft were discovered, outlines “the policy and vision” for future development north of the proposed Herndon-Monroe Metrorail station, said Lisa Gilleran, the town’s director of community development.

“The plan we’re looking at is technically an amendment to the town’s Comprehensive Plan, and if approved it will serve as policy for the town in the future,” she said. “This is vision and guidelines, it would allow developers to build at these densities after going through the standard process.”

If the amendments were adopted, eligible properties would keep their existing conditions and zoning until the town adopts a new zoning designation and the owners submit an application to rezone and a specific development proposal.

“Herndon has a unique opportunity to be able to think about transit-oriented development ahead of time,” said Geoffrey Morrison-Logan of VHB. “I think we’re going to be able to create an arrival and departure environment around the station that is truly a destination.”

TRAFFIC has been a major issue for many town residents. Of 25 questions that had been submitted before the meeting, 11 were about transportation, traffic and parking.

The plan examines 10 major intersections in Herndon, most part of Alabama Drive, Herndon Parkway or Elden Street, and shows what their projected level of service would be by 2035. Level of service is a way to measure the effectiveness of transportation infrastructure by looking at traffic flow.

Level of service ranks from A to F, with A being the best, and F the worst.

The plan calls for no intersection to fall below service level D, with several of the Herndon Parkway and Elden Street intersections predicted at C or better during morning and afternoon peak hours.

“I’ve read the reports and studies that say there will be some changes to traffic flow and that there won’t be an impact, but when they talk about thousands of new people living and working in the area, I find it impossible that there won’t be a negative impact,” said Dan Olsen of Herndon.

According to the plan presented, less congestion isn’t necessarily a priority of transit-oriented development, as roads with more lanes make it harder for pedestrians to navigate the area, which throws off the balance the town is trying to achieve.

Other changes to the plan over its various iterations included reducing the size of the study area from 110 acres to 38 acres. This would result in around four million square feet of commercial floor area (as opposed to originally eight million), 2.8 million square feet in residential floor area (as opposed to originally 4.4 million) by 2035.

THE NEW DRAFT PLAN forecasts possibly 14,833 new employees, 2,357 new dwellings and a population growth of 4,714 new residents in what’s being called the Herndon Transit Oriented Core.

Town staff and the Planning Commission created a vision statement for the core, saying “the Herndon Transit-Oriented Core is a distinctive employment center and residential neighborhood characterized by concentrated development that is vibrant, mixed use, transit-oriented and pedestrian friendly. Emerging development is interwoven with and strengthens the town’s cultural fabric and sense of identity.”

The town’s Planning Commission has reviewed the plan in previous sessions, and will examine it in their next few meetings, with a possible decision coming at their Feb. 6 public hearing.

If recommended by the Planning Commission, the Town Council will begin discussing it, possibly as early as their Feb. 7 work session.

The plan can be found online at www.vhb.com/herndonmetrorail or

http://www.herndon-va.gov/Content/Zoning/Comprehensive_Planning/Metrorail/

WEEK IN HERNDON



PHOTO CONTRIBUTED

State senator and child neurologist Ralph Northam (D-6) presents the prize to Maryum Khan of Dranesville Elementary School.

Student Wins Helmet Competition

Nasim and Subia Khan drove all the way from Herndon to Richmond to celebrate their daughter’s achievement.

Maryum Khan of Dranesville Elementary school won the “Use a Helmet Prevent Epilepsy” contest. Her artwork was selected out of 889 drawings in a Commonwealth wide contest, organized by the Epilepsy Foundation of Virginia (EFVA). This contest has been organized since 1994 to educate children about the use of helmets. The children who win in the “Use a Helmet Prevent Epilepsy” contest, their parents and teachers are invited each year to a celebration of the winning children in Richmond.

The children received prizes and had a short introduction to prevention and seizure first aid. Then they get a tour of the State Capitol. “Helmets are for everyone,” says Maryum, 9. Her drawing shows a horse back rider with a helmet. Helmets help prevent brain injury, the largest known cause of epilepsy.

This event is organized by the Epilepsy Foundation of Virginia. The Virginia affiliate of the national Epilepsy Foundation is established in 1978 to promote awareness about epilepsy and to provide assistance to those with the disorder.

Mitt Romney to Speak in Reston

The Northern Virginia Technology Council (NVTC) and Consumer Electronics Association (CEA) announced that Republican Presidential Candidate Mitt Romney will speak at an NVTC/CEA 2011-2012 Presidential Series breakfast on Feb. 10. During the event, Romney will discuss his plan for jobs and building a 21st century workforce, and how technology and innovation can spur the nation’s economic growth.

The 2011-2012 Presidential Series began on Nov. 2, 2011 with a speech by then-candidate Herman Cain. NVTC and CEA have extended invitations to President Barack Obama and other Republican candidates to address the region’s technology community as part of the series. More events will be announced as candidates and dates are confirmed.

The event will be held at Hyatt Regency Reston, 1800 Presidents St. on Friday, Feb. 10, with Registration and Networking beginning at 7 a.m. followed by the Breakfast and Program, 8-9:15 a.m.

Herndon Leo Club to Hold Charter Night

The Herndon Leo Club which is sponsored by the Reston Lions Club, will hold its Charter Night at 7 p.m. on Friday, Jan. 27 at the Herndon Neighborhood Resource Center, 1086 Elden Street in Herndon. The club has 23 members and will discuss further planning of service projects in which the members will participate. Light refreshments will be available at no charge. Jim Ryan, 703-507-8696.

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NEWS

Cycling For Affordable Housing

Oak Hill native to bike across country to raise money, awareness.

By ALEX McVEIGH
THE CONNECTION

As a rower, most of Cassandra Patterson's long trips are over water. But this summer, she will take to trails and roads from Portland, Maine to Santa Barbara, Calif. to raise money and awareness for those in need of affordable housing.

Patterson's trip is part of the Bike and Build program, where more than 200 cyclists will take seven different routes across the country, stopping along the way to speak about the need for affordable housing, and building a few on the way.

"I had a friend who did it last summer, and when he came back he was talking about it for months," said Patterson, a native of Oak Hill and currently a junior at Old Dominion University. "Since I'm not much of a biker, it will be new terrain for me, but I've always wanted to see the country, and this is a great chance to do it."

Patterson's friend was Jacob Richardson, a fellow rower at Old Dominion. He freely admits that he talked about the ride nonstop when he got back to school last fall.

"I saw something about it on the internet, and just became consumed by the idea," he said. "It was by far the most incredible experience of my life, not just the helping people, but seeing the differences in the different regions of the country."

Patterson said after hearing about the issue, it made her determined to help the cause as well.

"Housing is a big issue in America, and it doesn't necessarily get a lot of attention," she said. "With foreclosures and a lot of people struggling, it's harder and harder to keep a roof over your head."

EACH GROUP consists of 30 cyclists and four supervisors, and they will travel between 60 and 100 miles per day. They will bike for four or five days, then stop and help different groups who are building houses for a few days.

Richardson said those stops are what etched the trip into his memory forever.

"I remember a stop in St. Louis, and the whole group of 34 of us showed up at this house where they were helping an elderly lady fix up her house," he said. "We fixed up the porch, her yard, the ceiling and other stuff and seeing how filled with emotion she was, and how grateful, was very special for me."

Patterson has already started her training regimen for the approximately 3,200-mile trip.

"I've been taking cycling classes three times a week



Cassandra Patterson, Oak Hill native and current student at Old Dominion University, will bike from Portland, Maine to Santa Barbara, Calif. this summer to raise money and awareness for affordable housing.

at my gym, and once the weather warms up it will be time to start some long trips outdoors," Patterson said.

She will depart on June 16, arrive in Santa Barbara on Aug. 26, spend a few days there, then fly back and start her senior year days later.

In addition to helping build houses and raise awareness along the way, Patterson, who is majoring in Audiology said she thinks other areas of her life will benefit as well.

"I don't think talking to groups of people is one of my strong points, but I'm going to have to do it on the trip," she said. Bike and Build began in 2003, and over the past eight years they have raised \$3,387,200, including \$605,000 last summer, and according to the organization, they are aiming for at least that amount this year.

PATTERSON NEEDS to raise \$4,500 to participate in the ride. Her page can be found at <http://bikeandbuild.org/rider/5598>, and can be mailed to Bike and Build, 6109 Ridge Ave, Bldg 2, Philadelphia, PA 19128, with "Cassandra Patterson" in the memo line.

She will also be keeping a blog about her preparation and the trip itself, which can be found at pedalon2012.wordpress.com.

Outstanding Performance

Bruce L. Green, regional vice president of Weichert, Realtors, announced the Reston/Herndon office was recognized for outstanding performance in December. The office led the region, which comprises offices throughout Fairfax, Loudoun, Fauquier and Delaware counties, in new home dollar volume.



Gibbons

nounced Sales Associate Deborah Gibbons of the Reston/Herndon office was individually recognized for her exceptional industry success during the month of December. A top producer, Gibbons led the company in new home dollar volume.

She can be reached in Weichert's Reston/Herndon office at 1760 Reston Parkway #111 or by phone at 703-264-0000.

In addition, Weichert, Realtors, an-

ENTERTAINMENT

Send announcements to herndon@connectionnewspapers.com. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com.

THURSDAY/JAN. 26

Registration for English Class. 5:30 p.m. Herndon Fortnightly Library, 768 Center St., Herndon. Group English instruction for parents while children participate in activities. Adults. 703-437-8855.

One-on-One Computer Tutoring. 2 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Learn the basics of the Internet, Word and Excel. Call for appointment. Adults. 703-242-4020.

eBook/eReader Instruction. 7:30 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Learn about library eBooks and how to access them with your compatible device. Call for appointment. Adults. 703-242-4020.

Reston Historic Trust: An Update on Metro's Progress to Reston. 7 p.m. Reston Community Center-Lake Anne, 1609A Washington Plaza, Reston. With Patty Nicoson, President of the Dulles Corridor Rail Association; and Maggie Parker, Communications Director of Comstock Partners, builders of the Reston Station parking garage and surrounding office and residential development. 703-709-7700 or restonmuseum@gmail.com.

Ari Hest with Sarah Siskind. 8 p.m. The Barns at Wolftrap, 1551 Trap Road, Vienna. Indie-folk. \$18. www.wolftrap.org.

FRIDAY/JAN. 27

"Lend Me a Tenor." 8 p.m. Reston Community Players, 266 Sunset Park Drive, Herndon. Tickets \$15-\$21. 703-476-4500 or restonplayers.org.

River North Dance Chicago. 8 p.m. George Mason University's Center for the Arts Concert Hall, 4400 University Drive, Fairfax. Jazz-based contemporary dance ensemble. \$21-\$42. www.gmu.edu.

Bill Kirchen & Too Much Fun. 8 p.m. The Barns at Wolftrap, 1551 Trap Road, Vienna. An eclectic blend of rock, country, blues, western swing and California honky-tonk \$22. www.wolftrap.org.

SATURDAY/JAN. 28

"Lend Me a Tenor." 8 p.m. Reston Community Players, 266 Sunset Park Drive, Herndon. Tickets \$15-\$21. 703-476-4500 or restonplayers.org.

Aquila Theatre: Macbeth. 8 p.m. George Mason University's Center for the Arts Concert Hall, 4400 University Drive, Fairfax. Shakespeare's classic tragedy. \$20-\$40. www.gmu.edu.

SUNDAY/JAN. 29

"Lend Me a Tenor." 2:30 p.m. Reston Community Players, 266 Sunset Park Drive, Herndon. Tickets \$15-\$21. 703-476-4500 or restonplayers.org.

MONDAY/JAN. 30

Lapsit Storytime. 10:30 a.m. Herndon Fortnightly Library, 768 Center St., Herndon. Stories, songs and rhymes. 0-11 months with adult. 703-437-8855.

Small Wonders. 11:30 a.m. Herndon Fortnightly Library, 768 Center St., Herndon. Stories, songs and rhymes. 12-23 months with adult. 703-437-8855.

Frying Pan Farm at the Library. 2 p.m. Herndon Fortnightly Library, 768 Center St., Herndon. Meet a chicken and a rabbit from Frying Pan Farm Park. Explore the farm life in the 1930s and create a craft to take home. Age 6-11. 703-437-8855.



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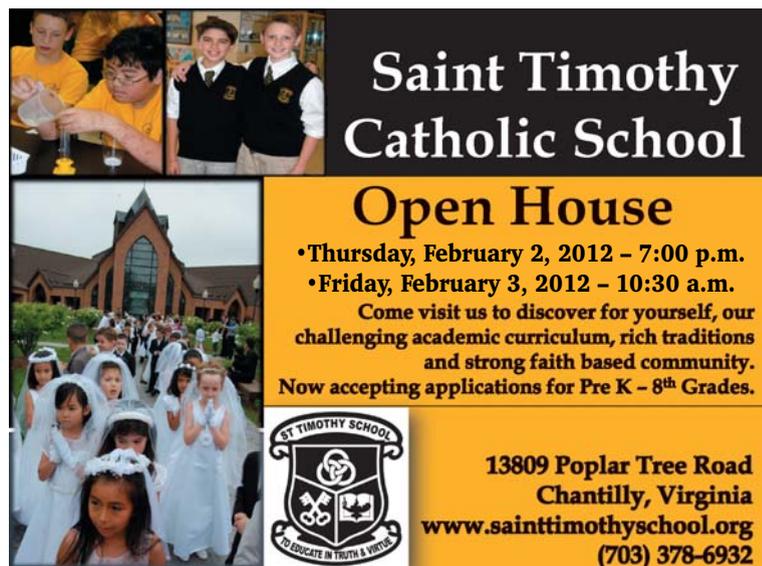
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Frying Pan Hosts Music Series

Artists will examine history of music.

BY ALEX McVEIGH
THE CONNECTION

Musicians Katy Benko and Julie Crosson will perform at Frying Pan Farm Park's Raise the Rafters winter music series. The series will examine the history of music from the birth of rock and roll, through its impact on social change and covering the impact women have had on the genre.

"The first installment was really neat, covering the birth of rock and roll, it's hard to imagine a time before that for me," said Peggy Poole of Herndon. "I grew up with Buddy Holly and the Beatles, but I learned that they weren't even at the beginning, they were sort of the second generation."

The first installment took place Jan. 15, which covered the origin of rock. On Sunday, Feb. 19 the duo will explore the social and political change that rock music inspired and that was inspired by it.

The final performance, on Sunday, March 18 will examine the role of women and how they made a big impact in musical culture, even from its earliest day. "I'm really looking forward to the final one, I can't wait to hear about women who shaped rock and roll, because that's certainly not a story that's told very often," Poole said.

The performances are co-sponsored by the Fairfax County Park Authority and the Council for the Arts of Herndon. Each performance will take place in the Visitor's Center from 2 to 4 p.m.

More information is available at <http://www.fairfaxcounty.gov/parks/fpp/classes.htm>.



PHOTO CONTRIBUTED

From left, Katy Benko and Julie Crosson will perform two more times at the Frying Pan Farm Park Raise the Rafters Music series on Feb. 19 and March 18.

"... I can't wait to hear about women who shaped rock and roll, because that's certainly not a story that's told very often."

— Peggy Poole of Herndon



PHOTO CONTRIBUTED

Cartoon favorites will be skating with Reston Town Center ice rink patrons every Saturday morning until mid-March

Skating With the Stars

Ice Pavilion offers special skate events Fridays and Saturdays.

BY ALEX McVEIGH
THE CONNECTION

While the Reston Skating Rink is open until mid-March, Friday nights and Saturday mornings offer a different kind of experience on the ice.

Friday nights the rink hosts "Rock and Skate" where a DJ will play tunes from 8 to 10 p.m. and prizes will be given to skaters until 11 p.m.

"My kids love coming to Rock and Skate, the music, the atmosphere makes it a little cooler than just regular skating," said Sarah Larsen of Herndon, who has two middle schoolers. "It's sort of an end-of-the-week treat for them, they coordinate with friends and it's a good way to get them outdoors and moving during the

winter, when they might otherwise be shut indoors in front of the TV."

On Saturday mornings the rink caters to their younger clientele. Cartoon skate allows children to skate alongside their favorite cartoon character, such as Tweety Bird, the Cat in the Hat and Scooby Doo.

"Usually I see them on TV on Saturday mornings, but today I got to skate with them."

—Hayleigh Gabriel, 6, of Reston, after skating with Scooby Doo

"Usually I see them on TV on Saturday mornings, but today I got to skate with them," said Hayleigh Gabriel, 6, of Reston after skating with Scooby Doo.

Cartoon Skate will take place every Saturday morning until mid-March from 11 a.m. to 1 p.m. at the skating pavilion.

More information can be found by calling 703-709-6300 or emailing skating@restontowncenter.com.

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OPINION

School Board Needs Your Input

By JANIE STRAUSS
 CHAIRMAN, FAIRFAX COUNTY
 SCHOOL BOARD



Janie Strauss

Recently, Fairfax County Public Schools Superintendent Jack Dale presented the School Board with his proposal for next year's budget. The proposed \$2.4 billion budget outlines programs and services for our growing student population, which is projected to be 181,608 students for the school year 2012-13. It also includes funds to give eligible employees a step increase and a 2 percent market scale adjustment.

Our population is projected to grow by more than 3,900 students, and many of these students face great challenges. In addition, we are opening two new schools: a middle school at the South County site in Lorton and an elementary school at the Lacey site in Annandale. To meet our enrollment growth and other critical needs, the budget proposes to add 721.3 positions, the overwhelming majority of which are school-based positions.

Superintendent Dale has included in his proposal a request to the Board of Supervisors for an increase of 8.4 percent, or \$135.8 million, in the transfer of funds over the FY 2012 level. This reflects costs associated with student growth and state requirements,

and a compensation increase for staff, and small increases in some programs that we cut during the recession.

The Fairfax County School Board has shown great fiscal responsibility during these tough economic times. During the past four years (FY 2009-FY2012), we took reductions and cost avoidances totaling more than \$475 million and eliminated more than 1,400 positions.

Now the School Board needs to hear from you as we consider the Superintendent's proposal over the next few weeks, then move to adopt the advertised budget on Feb. 9. Here's what you can do to get involved. First, learn more about the budget by visiting www.fcps.edu where you'll find details on all aspects of the budget and the process. Second, sign up to speak at the board's public hearing on Jan. 30-31. Or third, send your school board member an email with your comments.

The quality of our public schools is important to our children's well-being and the economic strength of our county. We look forward to hearing from our citizens.

BULLETIN BOARD

To have community events listed in the Connection, send to herndon@connectionnewspapers.com. Deadline is Friday.

703-802-0334.

SATURDAY/FEB. 11

Vajrayogini Buddhist Center Meditation Classes. 10 a.m. Brown's Chapel, 11450 Baron Cameron Ave., Reston. Living Meditation: Meditation for Relaxation. \$12. www.meditation-dc.org or 202-986-2257.

FRIDAY/MARCH 9

Friday Forum Business Networking. 7:30 a.m. Sheraton Reston Hotel Syrah Restaurant, 11810 Sunrise Valley Drive, Reston. Business professionals focused on generating business for members through qualified referrals. New group being formed. Meeting free and open to all, breakfast available for purchase. Meetings every Friday. 703-802-0334.

FRIDAY/APRIL 13

Friday Forum Business Networking. 7:30 a.m. Sheraton Reston Hotel Syrah Restaurant, 11810 Sunrise Valley Drive, Reston. Business professionals focused on generating business for members through qualified referrals. New group being formed. Meeting free and open to all, breakfast available for purchase. Meetings every Friday. 703-802-0334.

FRIDAY/FEB. 10

Republican Presidential Candidate Mitt Romney to Address Technology Business Leaders. Hyatt Regency Reston, 1800 Presidents St., Reston. 7 a.m. registration and networking, 8 a.m. breakfast and program. Romney will speak to the Northern Virginia Technology Council (NVT) and Consumer Electronics Association (CEA). www.nvtc.org.

Friday Forum Business

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SPORTS

Looking for Elusive First Win in District

Hornets have lost close games in Concorde.

BY RICH SANDERS
THE CONNECTION

The Herndon High girls' basketball team came up just short in a 49-46 overtime loss at Concorde District opponent Westfield last Friday night.

Westfield, one of the better teams in the Northern Region, improved its record to 11-5 overall and 2-2 in district play. Herndon, meanwhile, slipped to 8-7 and 0-4.

It was a tough defeat for the Hornets, who lost their fourth game in a row (all district contests). But they gave the Bulldogs everything they had in Friday's affair. Trailing 26-17 at halftime, Herndon put the defensive clamps on Westfield in the third quarter when it outscored the home team 10-2 to get within 28-27. The Hornets then scored 13 points to the Bulldogs' 12 in the final quarter to force the overtime. There, Westfield edged Herndon 9-6 to pull off the win.

It was Herndon's second overtime loss in its last three games. The Hornets had also lost an OT heart-breaker, 68-67, to visiting district opponent Centreville on Jan. 10.

Herndon's last victory prior to the recent four-game losing streak came in overtime, 61-57, at Edison High (National District) on Jan. 3.

Herndon was hoping to get back into the win column this week with scheduled district home games versus Robinson on Tuesday, Jan. 24 and Oakton this Friday, Jan. 27. Both opponents are tough with the Rams entering this week 11-4 and the defending district champion Cougars being unbeaten at 16-0.

"We've done well in some areas, and severely underachieved in others," said Herndon High head coach Reggie Barnes, of his team's overall play this season. "We've challenged our ladies to step up and play like we know they're capable of playing."

In Friday's loss to Westfield, Herndon was led in scoring by junior Chloe Owens, who finished with 19 points as did Westfield's Jules Abruzzo. Deborah Headen, a senior, was also in double figures for the Hornets with 11 points and teammate Alexis Brown, a junior, contributed six points. Both Headen and Brown pulled down seven rebounds for Herndon, as did senior Brandi Delgado (4 points).



Herndon High girls' head coach Reggie Barnes saw his Hornets win their first six games this season.

HERNDON WON its first six games this season, including a 52-36 non-district win at Lake Braddock (Patriot District) on Dec. 13. Owens tallied 21 points in that win over the Bruins as the Hornets improved to 5-0.

They made it 6-0 with a 59-44 non-district home win over Hayfield (National Dis-

trict) on Dec. 16. Owens, Headen and Brianna Moses scored 21, 20, and 11 points, respectively in that win over the Hawks.

Herndon's first loss of the season came in its following game on Dec. 20 when it fell at home to cross-town rival South Lakes (Liberty District), 66-53. Owens led her team with 18 points and 10 rebounds and Headen netted 15 with seven boards. Also for the Hornets, Brown scored seven points and had 10 rebounds. South Lakes, meanwhile, received strong outings from Abigail Rendle (21 points, 9 rebounds), Caitlin Jensen (15 points), and Gabrielle Schultz (13 points, 8 rebounds).

"We are looking to get out of our mini-losing streak," said coach Barnes, prior to last Friday's loss to Westfield. "We have gone back to basics and refocused on our defense and free throw shooting."

Barnes said his team's top players have been Owens (14 points per game), Headen (13 points per game), Moses, and senior Jenna Aschenbach.

"Brandi Delgado and Alexis Brown have also played well for us, especially with their great hustle and defense," he said.

The coach said his team has to improve its play later in games in order to gain some wins in the district.



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For All I Know...



By KENNETH B. LOURIE

Skipping my monthly targeted treatment (Avastin) because my kidneys are under stress might be a good thing. It might mean my body doesn't need (it certainly doesn't want) to be infused. Alternatively, it might mean that, after nearly 33 months of it, it can't take it anymore (even though it may need it). Outliving your original prognosis and existing between the cracks – and beyond the cracks – of heretofore standard protocols/life-expectancy for stage IV lung cancer patients who live years longer than anticipated, presents its own unique set of problems (maybe challenges would be a better description). Although many books have been written on the lung cancer subject, the number of chapters written about individuals who don't succumb to their disease – according to the statistical history of similarly diagnosed patients, is unfortunately a function of supply and demand/cause and effect: there aren't enough survivors.

As one of the few-and-far-between survivors, my treatment is subject to change and subject as well to how I/my body tolerates what is going into it and how that is measured coming out. Whatever I think I feel is not nearly as important as what the lab work indicates is happening – internally. Absent any complaints/observations from me concerning my symptoms – or lack thereof, the tale of the tape is the blood and urine that I provide every month. After providing an early morning sample, later that day or mid morning the following day, I will have received confirmation that my ongoing treatment can proceed or that it can't. Sometimes my treatment has been delayed a week, other times by as long as a month; waiting for levels to return to semi normal – for me, under treatment, that is.

Given that I am now officially an anomaly: still alive; what happens next, what timetable for treatment will likely follow, what schedule of medications and/or scans will occur going forward, is cast in quicksand. Ever-changing, always in the pursuit of prudence and of not causing collateral damage/making matters worse by being too aggressive or unresponsive to what my body (via the lab work) is indicating, is the bane of my rather fortunate existence. Commonsense medicine becomes the order of the day, and the night, too. It's all one big definite-maybe, a process with which I am happy to live (live being the operative word).

I remember the early days of my diagnosis/prognosis when I was undergoing the heavy-duty (I call it "Big") chemotherapy, an every-three week, six-hour cocktail infusion of three drugs which naturally took its toll. Like the Fairy Tales, my prognosis was grim. I recall asking my oncologist for a scenario-type assessment of my future. He was not particularly encouraging; he was honest, as I asked him to be. Nevertheless, I persisted and when the opportunity presented itself, I would ask him if it was still OK for me to buy in bulk. As I continued to not decline, his answer was always "Yes." Nearly three years post-diagnosis, I can't help wondering if skipping treatment because a certain level of something or other is off the standard charts (high or low), should I stop buying in bulk or rather continue what I'm doing because whatever it's been, with my oncologist's help, it's been working?

I don't want to make too little of what's now not happening as regularly as it once did, but it's becoming increasingly difficult to not make too much of it, either.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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21 Announcements

NOTICE OF TRUSTEE'S SALE

3015 Dower House Drive, Herndon, Virginia 20171
Fairfax County

In execution of a Deed of Trust dated September 29, 2006, in the original principal amount of \$479,000.00, recorded as Deed Book 18817 at Page 0550, and re-recorded in Deed Book 19139 at Page 235, in the Clerk's Office of the Circuit Court of Fairfax County, Virginia, the undersigned Trustee will on Friday, February 10, 2012, at 10:00 a.m., by the front main entrance to the Fairfax County Courthouse, 4110 Chain Bridge Road, Fairfax, VA 22030, offer for sale at public auction to the highest bidder the following property with improvements thereon commonly known as 3015 Dower House Drive, Herndon, Virginia 20171, and more particularly described as follows:

Lot Three Hundred Two (302), Section Three (3), Franklin Farm, as the same appears duly dedicated, platted and recorded in Deed Book 5532 at Page 1099 among the land records of Fairfax County, Virginia.

Tax Map No. 035-2-08-0302

This sale is subject to the restrictions, rights of way, conditions, easements, and mechanic's liens, if any, whether of record or not of record, to the extent any of the foregoing applies, and takes priority over the lien of the Deed of Trust. This sale is also subject to a 120-day right of redemption in favor of the Internal Revenue Service.

Deposit of \$15,000.00, or 10% of the sales price, whichever is lower, by cashier's or certified check, shall be required to qualify as a bidder prior to the sale, except for the Noteholder.

The deposit, without interest, is applied to the purchase price at settlement. Settlement will be held on or before fifteen (15) days after sale. Upon purchaser's default, the deposit shall be forfeited and the property shall be resold at the risk and costs of the defaulting purchaser.

The balance of the purchase price shall be paid by certified or cashier's check or wire transfer. Settlement shall be at the offices of the undersigned Trustee, or other mutually agreed upon location. The property and any improvements thereon shall be sold in "as is" condition without any warranties. The successful bidder shall assume all loss or damage to the property from and after the time of the sale. Purchaser shall be responsible for all costs of the conveyance, which shall be by special warranty including, but not limited to, the preparation of the deed and the grantor's tax. Real estate taxes shall be adjusted as of the sale date. The sale is subject to such additional terms as the Trustee may announce at the time of sale. The purchaser will be required to sign a Memorandum of Sale incorporating all the terms of the sale.

George J. Shapiro, Trustee

FOR INFORMATION CONTACT:
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Moderate Mutiny

BY MICHAEL LEE POPE
THE CONNECTION

With the sluggish economy at the forefront of voters' minds this year, former Democratic Gov. Tim Kaine hopes to put fiscal issues at the top of his campaign to fill the seat vacated by Democratic U.S. Sen. Jim Webb. In an interview on Thursday, Jan. 19, Kaine said he hopes to promote a "talent economy" in Washington. It's a reality the former governor says has become evident in the last few decades, when Virginia moved from being one of the lowest median income states to being one of the wealthiest.

"How did Virginia move from sluggish economy to strong economy?" asked Kaine. "I would argue that the main thing that moved it for us was that we decided to become a talent economy."

For Kaine, the key to pursuing the talent economy and fixing the broken economy is education reform. One example would be creating accountability reports for every state's public education system, an effort he said would create a

labor and Pensions Committee to push his talent agenda.

"Kaine's agenda sounds like a very classic Democratic argument," said Kyle Kondik, political analyst with the University of Virginia Center for Politics. "It's aimed at improving people's prospects without endorsing socialism."

KAINE'S CAMPAIGN is aimed solidly at budget issues and the economy, hoping to capitalize on lingering uncertainty from the global economic crisis and persistently high unemployment figures. Kaine says balancing the budget will involve tax increases and

cent for months on end and high fuel prices continuing to hurt Virginia families and businesses, we need a voice in Washington that will represent Virginia values," said Del. Ron Villanueva (R-21). "George Allen will fight every day to unleash our energy resources for jobs and security and that's why we need him in the U.S. Senate."

KAINE'S OPPONENTS are also focused on the economy, although they're attacking the former governor from the right. Last week, Kaine's decision to back President Barack Obama's decision to reject an application to build the Keystone XL oil pipeline

"I'm not going to be a senator telling Nebraska, 'You've got to have this whether you like it or not,'" said Kaine. "I frankly think in terms of energy policy that there are a lot more immediate and likely successful strategies."

ASIDE FROM TRYING to help the sluggish economy by pushing a talent economy, Kaine hopes to find common ground in the Senate, which he calls a "broken institution." If elected, Kaine said he wants to find a Republican senator elected at the same time and join the bipartisan and moderate Gang of Six, potentially making it a Gang of Eight. By casting himself in this role,

PHOTOS BY DEB COBB/THE CONNECTION



Former Democratic Gov. Tim Kaine discusses his goals if elected to U.S. Senate.

"How did Virginia move from sluggish economy to strong economy? I would argue that the main thing that moved it for us was that we decided to become a talent economy."

— Former Democratic Gov. Tim Kaine

sense of competition between the states that would improve education nationwide. He would also invest more money in career and technical education, and he's critical of the Obama administration for failing to take action in this area. Kaine's vision of the talent economy also expands beyond education reform, encompassing a broad range of economic policy including everything from workforce development to comprehensive immigration reform. And he hopes to land a spot on the Health, Education, La-

budget cuts. Kaine said he would let the massive tax cuts created by former President George W. Bush expire at the top end. Specifically, Kaine said, he would propose eliminating the Bush tax cuts for those who make more than \$500,000.

"Higher income earners are job creators," said David Logan, economist with the conservative Tax Foundation. "So Kaine is talking about taking money from people who are most likely to invest in the economy."

On the issue of cutting the budget, Kaine, trumpeting his time as governor, said he had a better record than Allen. When asked what kinds of cuts he would make in Washington, Kaine said he wants to allow the federal government to negotiate with pharmaceutical companies to reduce the price of drugs covered by Medicare. And he anticipates cost savings associated with a smaller military as the wars in Iraq and Afghanistan draw down. He would also like to close some overseas bases, although he couldn't say which ones or how much money would be saved. Critics say it's a flawed agenda.

"With unemployment stuck above 8 per-

brought criticism from former Republican Gov. George Allen and Del. Bob Marshall (R-13). Both campaigns hoped to use the issue to tie Kaine to Obama and portray the Democratic Party as irresponsible.

"The Keystone pipeline could produce thousands of American jobs, reduce American dollars going to regimes with little sympathy for western democratic governments and increase America's energy security," said Marshall. "What is the real reason Tim Kaine and Barack Obama are in a rush to avoid constructing this pipeline?"

Kaine rejected criticism from Allen supporter Del. Terry Kilgore (R-1) that his support of the Obama's decision on the pipeline shows that he is a "reflex liberal," citing his elimination of the estate tax and Forbes Magazine description of Virginia as the most business friendly state all four years he was governor. Kaine also said that the Keystone decision needed to be thoroughly analyzed, and he criticized Congress for trying to force a decision in a short period of time and tying it to the payroll tax extension. He was also critical of Kilgore and Allen for pushing the pipeline when Nebraska was opposed to it.

Kaine hopes to find what he calls "common ground" with Republicans rather than holding up nominations such as the administrator for the Centers for Medicare and Medicaid, which has been vacant since 2006.

"Under both presidents under both parties, the advice and consent process in the Senate has fallen apart because they utilize secret holds and cloture," he said. "But more than that, they just don't work together."

He acknowledged that a freshman senator wouldn't be able to do much about secret holds and cloture, although he said something had to be done about excessive partisanship and an unwillingness to work together. Because of the dynamics of the House of Representatives, he said, that would not be the place where the culture of Washington begins to change. The Senate, on the other hand, operates more on personal relationships, and so it would be a more logical place to begin increasing bipartisanship in Washington.

"More senators want to work together, but their chafing under each of their respective sets of leadership," he said. "The president says this, that we're four or five votes away from a mutiny in the Senate, and that would be a good thing."