

Reston CONNECTION

Children skate with a bear during Cartoon Skate at the Reston Town Center ice rink.

OPINION, PAGE 6 ♦ ENTERTAINMENT, PAGE 10 ♦ SPORTS, PAGE 12 ♦ CLASSIFIEDS, PAGE 14

Skating With The Stars

WINTER FUN, PAGE 6

WINTER FUN
inside

FACETS
Provides Shelter
NEWS, PAGE 5

Moderate
Mutiny
NEWS, PAGE 3

PRRST STD
U.S. POSTAGE
PAID
MARTINSBURG, WV
PERMIT #86

PHOTO CONTRIBUTED

JANUARY 25-31, 2012

ONLINE AT WWW.CONNECTIONNEWSPAPERS.COM



Fairfax County Public Schools FY 2013 Proposed Budget News

Coming in February: School Nutrition News

January marks the beginning of the budget process for the Fairfax County School Board. Superintendent Jack Dale released the FY 2013 Proposed Budget based on priorities set by the School Board. The \$2.4 billion proposed budget is a 9 percent increase (\$202.3 million) over the FY 2012 budget.

Speakers of Other Languages services and the number of students eligible for free and reduced-price meals. Extended learning time for students and extended time for teachers are also included in the budget.

one-time Federal Education Jobs funding.

The projected cost per pupil for FY 2013 will be \$13,654, an increase of 6.5 percent over FY 2012. FCPS ranks fifth among 10 area school systems in cost per pupil and has the lowest percentage of leadership team and management positions in relation to total positions of all Washington area school systems for FY 2012, according to the Washington Area Boards of Education.



Getting To Know Us

FCPS Budget Coordinator
Matthew Norton

Determining an operating budget for a school system the size of Fairfax County is a lengthy and detailed process. A critical component of the budget is calculating the number of staff needed at each school based on student enrollment and the services provided.

Matthew Norton, a coordinator for budget services, works closely with the schools to determine appropriate staffing levels for each school and its programs.

"My job involves collecting large amounts

of data from various sources including enrollment, free and reduced-price meals eligibility, special education services and enrollment, square footage of

buildings, and other information and assimilating it so we can determine the number of teachers, instructional assistants, special education assistants, assistant principals, administrative, custodial, and other positions that will be budgeted for each school building," said Norton.

He also works with the Department of Special Services to calculate how many students will need special services and what will be the cost of providing those services.

Norton has worked for FCPS for more than 12 years. He says his greatest challenge is working with the large volume of data and helping schools understand the process and the calculations used to determine staffing.

"One of the challenges is that the budget process is very fluid from the time Dr. Dale proposes the budget, through finding out how much the county government will transfer to the school system, to the time the budget is actually approved by the School Board," said Norton. "But it's a detailed process I enjoy being a part of."

This Just In:

The total number of FCPS students taking AP and IB exams continues to rise. More than 16,100 students (5.4 percent increase) took AP exams and more than 2,600 students (2.1 percent increase) took IB exams in 2011.

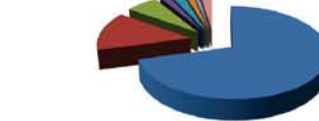
The proposed budget includes 721.3 new positions, most of which are being added to address rising enrollment -- projected to be 181,608 students in FY 2013. In addition to increased

enrollment, the proposed budget also takes into consideration changes in student demographics, including an increase in the number of students receiving English for

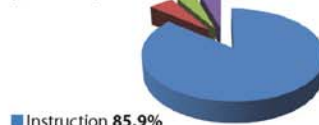
"We continue to dedicate the majority of our budget, 85.9 percent, and the majority of our positions, 94.6 percent, directly to instructional programs," said Dale. The proposed budget includes a 2 percent market scale adjustment and a step increase for eligible employees as well as a salary adjustment for custodial positions. "It is imperative FCPS stay competitive in the marketplace in order to attract the best employees to support student success," said Dale.

FCPS receives the majority of its funding from Fairfax County and this year will request an increase of 8.4 percent over FY 2012. The FY 2013 Proposed Budget includes an increase in state funding due to increasing enrollment and the state's update to the Local Composite Index. However, federal revenue is decreasing due to the loss of

FY 2013 Proposed per Pupil Expenditure (\$ in millions)*



FY 2013 Proposed Operating Expenditures (\$ in millions)*



Upcoming Important Dates

January 30, 31	School Board Budget Public Hearings (Jackson Middle School)	April 10	School Board Presents Budget to County Board of Supervisors
February 2	School Board Budget Work Session (Jackson Middle School)	May 1	County Board of Supervisors Approves the FY 2013 Adopted County Budget, Transfer Amount to Schools
February 9	School Board Adopts FY 2013 Advertised Budget	May 10	School Board FY 2013 Approved Budget Presented for New Business
February 21	County Executive Releases FY 2013 Advertised County Budget	May 15, 16	School Board Public Hearings (Jackson Middle School)
February 21	County Board of Supervisors Advertises Tax Rate	May 17	School Board Budget Work Session (Jackson Middle School)
April 10-12	County Board of Supervisors Budget Public Hearings	May 24	School Board Adopts FY 2013 Approved Budget
		July 1	FY 2013 Begins



Fairfax County School Board 2012-2016

Jane K. Strauss, Chairman
Dranesville District
Jane.Strauss@fcps.edu

Sandy Evans
Mason District
Sandy.Evans@fcps.edu

Ryan McElveen
Member at Large
Ryan.McElveen@fcps.edu

Kathy Smith
Sully District
Kathy.L.Smith@fcps.edu

Ilryong Moon, Vice Chairman
Member at Large
Ilryong.Moon@fcps.edu

Pat Hynes
Hunter Mill District
Pat.Hynes@fcps.edu

Megan McLaughlin
Braddock District
Megan.McLaughlin@fcps.edu

Dan Storck
Mount Vernon District
Daniel.Storck@fcps.edu

Tammy Derenak Kaufax
Lee District
tdkaufax@fcps.edu

Patty Reed
Providence District
Patty.Reed@fcps.edu

Ted Velkoff
Member at Large
Ted.Velkoff@fcps.edu

Elizabeth Schultz
Springfield District
Elizabeth.Schultz@fcps.edu

Eugene Coleman III
Student Representative
ejcoleman@fcps.edu

Want to Get Involved?

- Learn more at the FCPS budget website at <http://www.fcps.edu/news/fy2013.shtml>
- Attend School Board meetings or watch live on Red Apple 21.
- Speak at a School Board public hearing (http://www.fcps.edu/schlbld/meetings/request_speak.shtml).
- Speak at a Board of Supervisors public hearing (www.fairfaxcounty.gov/bosclerk/speaker_bos.htm).

This year's State of Schools Report courtesy of Apple Federal Credit Union



www.AppleFCU.org
703-788-4800



2011 BUSINESS PARTNER OF THE YEAR

Moderate Mutiny

BY MICHAEL LEE POPE
THE CONNECTION

With the sluggish economy at the forefront of voters' minds this year, former Democratic Gov. Tim Kaine hopes to put fiscal issues at the top of his campaign to fill the seat vacated by Democratic U.S. Sen. Jim Webb. In an interview on Thursday, Jan. 19, Kaine said he hopes to promote a "talent economy" in Washington. It's a reality the former governor says has become evident in the last few decades, when Virginia moved from being one of the lowest median income states to being one of the wealthiest.

"How did Virginia move from sluggish economy to strong economy?" asked Kaine. "I would argue that the main thing that moved it for us was that we decided to become a talent economy."

For Kaine, the key to pursuing the talent economy and fixing the broken economy is education reform. One example would be creating accountability reports for every state's public education system, an effort he said would create a

labor and Pensions Committee to push his talent agenda.

"Kaine's agenda sounds like a very classic Democratic argument," said Kyle Kondik, political analyst with the University of Virginia Center for Politics. "It's aimed at improving people's prospects without endorsing socialism."

KAINE'S CAMPAIGN is aimed solidly at budget issues and the economy, hoping to capitalize on lingering uncertainty from the global economic crisis and persistently high unemployment figures. Kaine says balancing the budget will involve tax increases and

cent for months on end and high fuel prices continuing to hurt Virginia families and businesses, we need a voice in Washington that will represent Virginia values," said Del. Ron Villanueva (R-21). "George Allen will fight every day to unleash our energy resources for jobs and security and that's why we need him in the U.S. Senate."

KAINE'S OPPONENTS are also focused on the economy, although they're attacking the former governor from the right. Last week, Kaine's decision to back President Barack Obama's decision to reject an application to build the Keystone XL oil pipeline

"I'm not going to be a senator telling Nebraska, 'You've got to have this whether you like it or not,'" said Kaine. "I frankly think in terms of energy policy that there are a lot more immediate and likely successful strategies."

ASIDE FROM TRYING to help the sluggish economy by pushing a talent economy, Kaine hopes to find common ground in the Senate, which he calls a "broken institution." If elected, Kaine said he wants to find a Republican senator elected at the same time and join the bipartisan and moderate Gang of Six, potentially making it a Gang of Eight. By casting himself in this role,

PHOTOS BY DEB COBB/THE CONNECTION



Former Democratic Gov. Tim Kaine discusses his goals if elected to U.S. Senate.

"How did Virginia move from sluggish economy to strong economy? I would argue that the main thing that moved it for us was that we decided to become a talent economy."

— Former Democratic Gov. Tim Kaine

sense of competition between the states that would improve education nationwide. He would also invest more money in career and technical education, and he's critical of the Obama administration for failing to take action in this area. Kaine's vision of the talent economy also expands beyond education reform, encompassing a broad range of economic policy including everything from workforce development to comprehensive immigration reform. And he hopes to land a spot on the Health, Education, La-

budget cuts. Kaine said he would let the massive tax cuts created by former President George W. Bush expire at the top end. Specifically, Kaine said, he would propose eliminating the Bush tax cuts for those who make more than \$500,000.

"Higher income earners are job creators," said David Logan, economist with the conservative Tax Foundation. "So Kaine is talking about taking money from people who are most likely to invest in the economy."

On the issue of cutting the budget, Kaine, trumpeting his time as governor, said he had a better record than Allen. When asked what kinds of cuts he would make in Washington, Kaine said he wants to allow the federal government to negotiate with pharmaceutical companies to reduce the price of drugs covered by Medicare. And he anticipates cost savings associated with a smaller military as the wars in Iraq and Afghanistan draw down. He would also like to close some overseas bases, although he couldn't say which ones or how much money would be saved. Critics say it's a flawed agenda.

"With unemployment stuck above 8 per-

brought criticism from former Republican Gov. George Allen and Del. Bob Marshall (R-13). Both campaigns hoped to use the issue to tie Kaine to Obama and portray the Democratic Party as irresponsible.

"The Keystone pipeline could produce thousands of American jobs, reduce American dollars going to regimes with little sympathy for western democratic governments and increase America's energy security," said Marshall. "What is the real reason Tim Kaine and Barack Obama are in a rush to avoid constructing this pipeline?"

Kaine rejected criticism from Allen supporter Del. Terry Kilgore (R-1) that his support of the Obama's decision on the pipeline shows that he is a "reflex liberal," citing his elimination of the estate tax and Forbes Magazine description of Virginia as the most business friendly state all four years he was governor. Kaine also said that the Keystone decision needed to be thoroughly analyzed, and he criticized Congress for trying to force a decision in a short period of time and tying it to the payroll tax extension. He was also critical of Kilgore and Allen for pushing the pipeline when Nebraska was opposed to it.

Kaine hopes to find what he calls "common ground" with Republicans rather than holding up nominations such as the administrator for the Centers for Medicare and Medicaid, which has been vacant since 2006.

"Under both presidents under both parties, the advice and consent process in the Senate has fallen apart because they utilize secret holds and cloture," he said. "But more than that, they just don't work together."

He acknowledged that a freshman senator wouldn't be able to do much about secret holds and cloture, although he said something had to be done about excessive partisanship and an unwillingness to work together. Because of the dynamics of the House of Representatives, he said, that would not be the place where the culture of Washington begins to change. The Senate, on the other hand, operates more on personal relationships, and so it would be a more logical place to begin increasing bipartisanship in Washington.

"More senators want to work together, but their chafing under each of their respective sets of leadership," he said. "The president says this, that we're four or five votes away from a mutiny in the Senate, and that would be a good thing."

NEWS

Recognized for Outstanding Performance

Bruce L. Green, regional vice president of Weichert, Realtors, announced the Reston/Herndon office was recognized for outstanding performance in December. The office led the region, which comprises offices throughout Fairfax, Loudoun, Fauquier and Delaware counties, in new home dollar volume.



Deborah Gibbons, Sales Associate of the Reston/Herndon office was individually recognized for her exceptional industry success during the month of December. A top producer, Gibbons led the company in new home dollar volume.

In addition, Weichert, Realtors, announced Deborah Gibbons of the Reston/Herndon office was individually recognized for her exceptional industry success during the month of December. A top producer, Gibbons led the company in new home dollar volume.

Invite this top neighborhood specialist in to learn about the real estate services that Weichert, Realtors has to offer. She can be reached in Weichert's Reston/Herndon office at 1760 Reston Parkway #111 or by phone at 703-264-0000.

For more information, Weichert's customer service center can be reached at 1-800-USA-SOLD or visit www.weichert.com.

OBITUARY

Claudia Marie Chaillé, 68, of Reston, Dies

Claudia Marie Chaillé, 68 of Reston and Waimanalo, Hawaii passed away on Jan. 18, 2012. Dr. Chaillé was principal at Stratford Landing Elementary School from 1996 to 2004. She also worked at Marshall High School, South Lakes High School, and Clearview Elementary School. She was an adjunct professor for NOVA Southeastern University. She is survived by her sister, Angela Meixell (Tim), and nephews Manu and Pono. Memorial Service will be at Unitarian Universalist Church, 1625 Wiehle Ave., Reston, on Friday, Jan. 27 at 3 p.m. In lieu of flowers, donations may be made to Homeless Animals Rescue Team (HART) PO Box 7621, Fairfax Station, VA 22039.

Benches, Fountains, Statues, Bonsai, Cactus & Orchids

25% OFF

Trees Shrubs & Perennials
Wallstone, In-Stock Pavers

Spring Is In Our Greenhouse!
Cyclamen, Primroses & Orchids

50% Off
Camellias, Crepe Myrtle, Azaleas, Japanese Maples, & Select Shade Trees

FREE Landscape Estimates

60-75% OFF
Washington Area's Best Selection!

Cravens Nursery & Pottery

9023 Arlington Blvd., Fairfax, Virginia
2 miles west of I-495 on Rt. 50.
1 mile from I-66 (Vienna Metro)
703-573-5025
www.cravensnursery.com
Open 9-5, 7 days a week

State of Cha-Ching.

Kyle Knight Ins Agcy Inc
Kyle Knight, Agent
11736 Bowman Green Drive
Across from Reston Town Center
Reston, VA 20190
Bus: 703-435-2300
Fax: 703-435-0630

Get discounts up to 40%*
Saving money is important. That's why you can count on me to get you all the discounts you deserve.
GET TO A BETTER STATE! CALL ME TODAY.

State Farm

*Discounts vary by state.
1101216 State Farm Mutual Automobile Insurance Company, Bloomington, IL

Mae's Dress Boutique

Washington's Premier After 5 Boutique

Why customers come 100's of miles to *Mae's*

SERVICE - SELECTION - SERVICE

Over 1000 Formal Gowns & Evening Separates

The styling can range in size from 4 to 24 - Missy • PLUS • Petite

No one is too difficult to fit – Three outstanding seamstresses



Be the Hit of the Party!

You will always make a dramatic entrance with a stunning Gown from our fabulous selection of formals. Over 1,000 looks to choose from: Long & Short Gowns and Evening separates. Petite-Missy-Plus sizes.

**Mother of the Bride/Groom • Brides Again
Bar/Bat Mitzvahs • Entertainers • Grandmothers**

Customer Appreciation

**\$200.00 Gift Certificate
Plus Five Second Place prizes**

Drawing the first Tuesday of the each month at 11:00 AM
No Purchase necessary-Not necessary to be present to win.
First Drawing - February 7, 2012 at 11:00 AM

Visit WWW.MAESDRESS.COM to sample over 100 Gowns



20% OFF

MISOOK KNIT SEPARATES

**Daytime - Evening
Missy & PLUS Sizes**

**6707 Old Dominion Dr.
McLean, VA 22101**

703-356-6333

Hours: Mon.-Sat. 10am to 5:30pm

Winter Sale

Separates/Blouses 70% off

\$50 off

**Any purchase
of \$100.00 or
more of non sale
merchandise**

Not Valid with any other offer. One coupon per household

Coupon Expires February 11, 2012

CONN 1/25/12

Directions: NORTH on the Beltway take Exit 46B onto Rt. 123N.-McLean. Go 3 miles & turn right onto Old Dominion Dr. (Rt. 309). Go 1/2 mile thru 2 traffic lights. We are on the right next to Shell Gas. SOUTH from Md.- Cross the amer. Legion Br.-Take the VERY first Exit on the LEFT - Exit 45B Go 1/2 mile - Take Exit 19B (NOT Exit 19A) onto Rt. 123N for 1.4 miles - Right on Rt. 309. Go 1/2 mile to 6707.



Volunteers from Thomas a Beckett Catholic Church prepare dinner at St. John Neumann Catholic Church for the homeless people staying the night as part of the FACETS Hypothermia Prevention Program.



From left, Linn Mitchell and Carol McLane wheel around the dessert cart at St. John Neumann Catholic Church.

FACETS Provides Shelter

St. John Neumann hosts hypothermia prevention program.

BY ALEX McVEIGH
THE CONNECTION

St. John Neumann Catholic Church provided shelter to almost 40 people per night last week, as part of FACETS' Hypothermia Prevention Program, which provides shelter for homeless people in the area during the winter months.

More than 35 different faith communities around the county participate in the program, which goes on from November to March at rotating churches.

"We're trying to make sure people have a place to sleep when it's cold, and we also try to provide food, services and entertainment," said Mary Supley Foxworth, assistant director of development for FACETS, which is a Fairfax-based nonprofit.

The idea is to get homeless people into a warm building on winter nights.

"We're trying to get the clients into a place of safety, so we don't hear these sad stories about homeless people freezing to death," said Joe Burke, treasurer of FACETS, and a member of St. John Neumann.

Since 2009, FACETS has also provided case management at the shelters, allowing the clients to take advantage of the various services offered.

"Many of our clients have been homeless for a long time, and our case managers provide them with opportunities to strengthen their life skills," Supley Foxworth said. "At the end of the first season, 18 of them found housing, so now it's required."

THE SHELTER opens every night around 5:30 p.m. Clients show up on their own or are bussed in from other parts of the county. On Thursday, Jan. 19, the Bank Street Band played for them as they ate, and there were even stations set up where they could get foot baths.

"Feet are one of the most affected parts of the body when you're homeless, they get fungus, calluses and blisters, and they can get very sore," said Lori McLean, a nurse and member of the St. John Neumann Health Ministry. "We're here to give those



The Bank Street Band performs at St. John Neumann Catholic Church as part of the FACETS Hypothermia Prevention Program Thursday, Jan. 19. The band was part of the evening's entertainment for the homeless people staying at the church for the evening.

PHOTOS BY ALEX McVEIGH/THE CONNECTION

feet some TLC, and we're following our mission, literally washing the feet of our disciples."

According to FACETS, 141 people spent at least one night at one of the shelters last winter.

"A quarter of the people living in Northern Virginia can't meet their basic needs," said Amanda Andere, executive director of FACETS. "Sixty percent of the people we serve work every day, but still can't afford to live in this community."

One of their clients, Deric, who asked only to be identified with his first name, has experienced firsthand what FACETS can do to break the cycle of homelessness. He switched jobs back in 2008, but the new job fell through, and he found himself unable to find a new one.

"Eventually I fell behind on rent, and I was literally homeless for almost two years," he said. "I ended up coming to one of the shelters when it got cold, and it was amazing to walk into a warm place with food and caring people."

Deric began taking advantage of FACETS' case management services, and in June 2010 he was able to find an apartment through FACETS. He was also able to find seasonal work during the holidays, and is currently looking for a full time job.

"The best thing is knowing where I'll be every night, and that wasn't always the case," he said. "My life is in such a better place. I'm still looking for a job, but I've taken the first step and have a place to live."

MORE INFORMATION on FACETS can be found at www.facetscares.org.



Reston Art Gallery
February - 5
thru March 1, 2012
Reception
Sat Feb. 5th from 2-4pm
Regular Gallery Hours 12-5 Sat.-Sun.;
by chance or by appointment

Kathy Kautter
"Views: Black and White"

RESTON ART GALLERY & STUDIOS • 703.481.8156
Lake Anne • 11400 Washington Plaza, Reston, VA 20190

Some have a lot of **QUESTIONS** about their remodel.
We have a lot of answers at our **FREE SEMINARS.**

Find inspiration for your kitchen or bath remodel. Explore the latest design trends, see examples of what others are doing, learn how to prepare for your remodel, and gain a better understanding of budgeting.

**JOIN US FOR A FREE SEMINAR:
INSPIRING IDEAS FOR YOUR KITCHEN AND BATH**

Saturday January 28, 2012 from 10:30 am to 12:30 pm
Ferguson Bath, Kitchen & Lighting Gallery
13890 Lowe St., Chantilly, VA 20151-3213

Saturday February 11, 2012 from 10:30 am to 12:30 pm
Case Office, 4701 Sangamore Road, Suite 40, Bethesda, MD

A catered lunch will be provided.
To RSVP visit CaseDesign.com/seminars or call 703-667-7397.

ADDITIONAL REMODELING SEMINAR TOPICS

- Enhancing Your Home's Curb Appeal • Gaining Space in Your Home
- Creative Outdoor Living • Making an Eco-friendly Home
- Enhancing Your Lower Level Living • Renovating Your Condominium

CASE[®]
DESIGN/REMODELING, INC.

DESIGN | ADDITIONS | INTERIORS
EXTERIORS | KITCHENS & BATHS



Project Pictured Above - Winner of three prestigious awards for kitchens under \$50,000

School Board Needs Your Input

BY JANIE STRAUSS
CHAIRMAN, FAIRFAX COUNTY
SCHOOL BOARD



COMMENTARY

Recently, Fairfax County Public Schools Superintendent Jack Dale presented the School Board with his proposal for next year's budget. The proposed \$2.4 billion budget outlines programs and services for our growing student population, which is projected to be 181,608 students for the school year 2012-13. It also includes funds to give eligible employees a step increase and a 2 percent market scale adjustment.

Our population is projected to grow by more than 3,900 students, and many of these students face great challenges. In addition, we are opening two new schools: a middle school

at the South County site in Lorton and an elementary school at the Lacey site in Annandale. To meet our enrollment growth and other critical needs, the budget proposes to add 721.3 positions, the overwhelming majority of which are school-based positions.

Superintendent Dale has included in his proposal a request to the Board of Supervisors for an increase of 8.4 percent, or \$135.8 million, in the transfer of funds over the FY 2012 level. This reflects costs associated with student growth and state requirements, and a compensation increase for staff, and small increases in some programs that we cut during the recession.

The Fairfax County School Board has shown

great fiscal responsibility during these tough economic times. During the past four years (FY 2009-FY2012), we took reductions and cost avoidances totaling more than \$475 million and eliminated more than 1,400 positions.

Now the School Board needs to hear from you as we consider the Superintendent's proposal over the next few weeks, then move to adopt the advertised budget on Feb. 9. Here's what you can do to get involved. First, learn more about the budget by visiting www.fcps.edu where you'll find details on all aspects of the budget and the process. Second, sign up to speak at the board's public hearing on Jan. 30-31. Or third, send your school board member an email with your comments.

The quality of our public schools is important to our children's well-being and the economic strength of our county. We look forward to hearing from our citizens.

Soulless Ant Colony Hidden Candidates

BY KENNETH R. "KEN" PLUM
STATE DELEGATE (D-36)

That is what a reporter for Norfolk's Virginian Pilot called Reston in a column recently. She was reacting to a bill in the legislature that would create a Reston license plate. "Is there a more soulless spot in the Commonwealth than this bland ant colony near Dulles?" she wrote.

I was aghast reading it. How could someone be so unaware? How could an otherwise reputable and progressive newspaper print such a misdirected statement? Are there others who are so misinformed about our community?

Unfortunately, her column is an example of the misunderstandings that are too common across the regions of Virginia and that make the state legislative process challenging. I know the city where her newspaper is located; I lived there for almost four years while I completed a degree at Old Dominion University. It is a struggling city with too much poverty, perpetual redevelopment projects, and a continuing struggle to keep its downtown alive. Derogatory comments could be made about the city, but they would serve no good purpose.

I often hear comments from Northern Virginians that we do not get our fair share and that downstate gets all the state benefits. Riding through communities on a federal interstate highway, it is easy to assume that all the surrounding communities may have excellent roads when some actu-

ally have some unpaved roads. When all our Northern Virginia graduates do not get into Virginia colleges, the assumption may be that the students in southern Virginia fill all the openings. Many of these and other generalizations about communities we do not know are sometimes partially or totally false.

As a native Virginian who grew up in the Shenandoah Valley, lived in the Tidewater Region when I was at Old Dominion University, and in the Piedmont when I did graduate work at the University of Virginia, and who has been in Northern Virginia for more than four decades, I am advantaged by knowing the state and traveling about it frequently. It helps me in the legislative process. A part of my responsibility is helping persons in other areas of the state get to know Reston and Northern Virginia better. I often introduce commending resolutions for the General Assembly to pass including ones for Best of Reston awardees as a way to help my colleagues get to know my district.

Back to Kerry Dougherty, who wrote the misdirected comments about Reston: I have written her a long, introductory letter about the place I call home with the biggest soul I know of and that is anything but bland. You can help me educate her. Send her an email telling her your views of Reston at kerry.dougherty@cox.net. Be nice. Let's all invite her to visit our community. We can turn her into a downstate advocate for us. I cannot wait to read the column she writes when she really gets to know us!

BY JOHN LOVAAS
RESTON IMPACT PRODUCER/HOST

Besides a race for President in 2012, we have elections for one-third of 100 U.S. Senate seats and all 435 seats in the House of Representatives. The House has a substantial right-wing Republican majority. Prospects for Democratic gains are good, but a takeover is unlikely. In the Senate, a Democratic majority of 51-47-2 is precarious. The Virginia contest to replace a one-termer Jim Webb could be pivotal in averting a takeover by the Tea Party's righteous renegades.

To date there is little media coverage of the Senate primary races. What coverage there is leads readers to believe there are only two candidates, both former governors—Democrat Tim Kaine and Republican George Allen. There are in fact six more announced candidates, two Democrats and four Republicans for the June primaries. The latter have proposals for action if elected, but none of their visions appear in the media. Granted Kaine and Allen records include major elective office (governor, Senator) while the others have much experience in other realms. It seems the media preemptively decides the newcomers, although eligible for public office, are unworthy of consideration. The fourth estate's failure to cover candidates not on their list of usual suspects limits the field, and is one of several reasons (money being number one) that democratic governance is in decline in the U.S.

Given the records of the "established" candidates Allen and Kaine, one could make the case that some hidden candidates indeed would improve the public service. The last time we saw football coach's son Allen, he was losing his re-election bid, and his racist tendencies were apparent, capped by use of the racial slur "macaca" captured on video. As Governor, Kaine proved to be an agent of inequality, abolishing the fairest tax of all—the estate tax. Then, as Chairman of the Democratic Party, he led the 2010 landslide loss of the Party's majority in the House. In fairness, Kaine has a mixed record; Allen less so.

The other candidates deserve a look and your consideration. Fairfax Democrat Courtney Lynch (see www.lynchforva.com), for example. Ms. Lynch runs a successful leadership development consulting business, has written a best seller on the subject and is a former US Marine officer. She has a vision for guiding policies for America's future and they are more coherent than a lot of what we hear these days from dysfunction central in D.C. Is she ready to be our U.S. Senator? Check her yourself and you be the judge. I would argue that what she may lack in experience in a corrupt political system, she makes up in things like intellect, integrity and empathy.

Check out other Republicans as well: E.W. Jackson, David McCormick and Jamie Radtke. Google will tell you all about them. Just ask!



INDEPENDENT
PROGRESSIVE

www.ConnectionNewspapers.com

An independent, locally owned weekly newspaper delivered to homes and businesses.

1606 King Street
Alexandria, Virginia 22314

Free digital edition delivered to your email box
Email name, mailing & email address to goinggreen@connectionnewspapers.com.

NEWS DEPARTMENT:
To discuss ideas and concerns,
Call: 703-778-9410
e-mail:
reston@connectionnewspapers.com

Kemal Kurspahic
Editor ♦ 703-778-9414
kemal@connectionnewspapers.com

Amna Rehmatulla
Editorial Assistant
703-778-9410 ext.427
arehmatulla@connectionnewspapers.com

Alex McVeigh
Community Reporter
703-778-9441
amcveigh@connectionnewspapers.com
[@AMcVeighConnect](https://twitter.com/AMcVeighConnect)

Nick Horrock
County & Projects
nhorrock@connectionnewspapers.com

Rich Sanders
Sports Editor
703-224-3031
rsanders@connectionnewspapers.com

ADVERTISING:
For advertising information
e-mail:
sales@connectionnewspapers.com

Trisha Hamilton
Display Advertising
703-778-9419
trisha@connectionnewspapers.com

Andrea Smith
Classified Advertising, 703-778-9411
classified@connectionnewspapers.com

Barbara Parkinson
Employment Advertising
703-778-9413
classified@connectionnewspapers.com

Debbie Funk
National Sales
703-778-9444
debfunk@connectionnewspapers.com

Editor & Publisher
Mary Kimm
703-778-9433
mkimm@connectionnewspapers.com
[@MaryKimm](https://twitter.com/MaryKimm)

Executive Vice President
Jerry Vernon
jvernon@connectionnewspapers.com

Editor in Chief
Steven Mauren
Managing Editor
Kemal Kurspahic
Photography:
Deb Cobb, Louise Krafft,
Craig Sterbutzel
Art/Design:
Laurence Foong, John Heinly,
John Smith
Production Manager:
Jean Card
Geovani Flores

Special Assistant to the Publisher
Jeanne Theismann
703-778-9436
jtheismann@connectionnewspapers.com
[@TheismannMedia](https://twitter.com/TheismannMedia)

CIRCULATION: 703-778-9426
Circulation Manager:
Linda Pecquex
circulation@connectionnewspapers.com

WEEK IN RESTON

Police Place Charges in Deadly Shooting

Investigation of the shooting in the 1500 block of Cameron Crescent Drive in Reston on Monday, Dec. 12 around 4:15 p.m. – in which Colvin Morris, 34, of 7967 Richmond Highway was killed - has led police to charge three individuals: Jose Santos Ponce Zuniga, 31, has been charged with murder. Amilcar Noel Urbina Zelaya, 29, and Saul Pacheco Mejia, 45 were both charged with conspiracy to distribute cocaine. All three

are believed to have fled the country.

Responding to a report of a shooting, police discovered an adult male with trauma to the upper body. The victim was transported to a local hospital where he was pronounced dead.

This was the ninth homicide in Fairfax County for 2011.

Support for Affordable Dental Care Sought

The public is invited to a meeting to show

support for affordable dental care on Sunday, Jan. 29, from 2:45 to 3:45 p.m. at St. John Neumann Church, 11900 Lawyers Road, Reston.

Sponsor of the meeting is VOICE (Virginians Organized for Interfaith Community Engagement).

Mitt Romney to Speak in Reston

The Northern Virginia Technology Council (NVTC) and Consumer Electronics As-

sociation (CEA) announced that Republican Presidential Candidate Mitt Romney will speak at an NVTC/CEA 2011-2012 Presidential Series breakfast on Feb. 10. During the event, Romney will discuss his plan for jobs and building a 21st century workforce, and how technology and innovation can spur the nation's economic growth.

The event will be held at Hyatt Regency Reston, 1800 Presidents St. on Friday, Feb. 10, with Registration and Networking beginning at 7 a.m. followed by the Breakfast and Program, 8-9:15 a.m.

When a warm blanket just isn't enough.



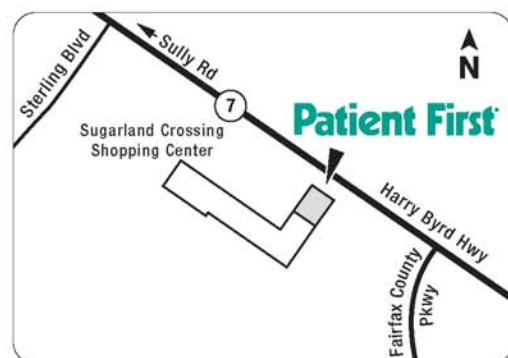
NOW OPEN in STERLING

Sterling

47100 Community Plaza, Suite 100

(703) 880-1403

(Sugarland Crossing Shopping Center)



Connect with us:



38 locations in Virginia, Maryland and Pennsylvania. Learn more at patientfirst.com

PST120111post

Our name says it all. For more than thirty years, Patient First has provided walk-in urgent care and primary care for patients without a regular physician. Each of our convenient locations is open from 8 in the morning until 10 at night – every single day. If necessary, we'll perform a lab test, take an x-ray and even provide your prescription drugs on-site.

- Open 8 am to 10 pm, 365 days a year
- Walk-in, no appointment necessary
- Staffed by physicians
- Primary care for patients without a regular physician
- Urgent care for routine injuries and illnesses
- X-rays, lab tests and prescription drugs on-site
- All major insurance plans accepted – your claims filed for you

The care you need, when you need it.SM

Patient First
Neighborhood Medical Centers

Frying Pan Hosts Music Series

Artists will examine history of music.

By ALEX McVEIGH
THE CONNECTION

Musicians Katy Benko and Julie Crosson will perform at Frying Pan Farm Park's Raise the Rafters winter music series. The series will examine the history of music from the birth of rock and roll, through its impact on social change and covering the impact women have had on the genre.

"The first installment was really neat, covering the birth of rock and roll, it's hard to imagine a time before that for me," said Peggy Poole of Herndon. "I grew up with Buddy Holly and the Beatles, but I learned that they weren't even at the beginning, they were sort of the second generation."

The first installment took place Jan. 15, which covered the origin of rock. On Sunday, Feb. 19 the duo will explore the social and political change that rock music inspired and that was inspired by it.

The final performance, on Sunday, March 18 will examine the role of women and how they made a big impact in musical culture, even from its earliest day. "I'm really looking forward to the final one, I can't wait to hear about women who shaped rock and roll, because that's certainly not a story that's told very often," Poole said.

The performances are co-sponsored by the Fairfax County Park Authority and the Council for the Arts of Herndon. Each performance will take place in the Visitor's Center from 2 to 4 p.m.

More information is available at <http://www.fairfaxcounty.gov/parks/fpp/classes.htm>.



PHOTO CONTRIBUTED

From left, Katy Benko and Julie Crosson will perform two more times at the Frying Pan Farm Park Raise the Rafters Music series on Feb. 19 and March 18.

"... I can't wait to hear about women who shaped rock and roll, because that's certainly not a story that's told very often."

—Peggy Poole of Herndon



PHOTO CONTRIBUTED

Cartoon favorites will be skating with Reston Town Center ice rink patrons every Saturday morning until mid-March

Skating With the Stars

Ice Pavilion offers special skate events Fridays and Saturdays.

By ALEX McVEIGH
THE CONNECTION

While the Reston Skating Rink is open until mid-March, Friday nights and Saturday mornings offer a different kind of experience on the ice.

Friday nights the rink hosts "Rock and Skate" where a DJ will play tunes from 8 to 10 p.m. and prizes will be given to skaters until 11 p.m.

"My kids love coming to Rock and Skate, the music, the atmosphere makes it a little cooler than just regular skating," said Sarah Larsen of Herndon, who has two middle schoolers. "It's sort of an end-of-the-week treat for them, they coordinate with friends and it's a good way to get them outdoors and moving during the

winter, when they might otherwise be shut indoors in front of the TV."

On Saturday mornings the rink caters to their younger clientele. Cartoon skate allows children to skate alongside their favorite cartoon character, such as Tweety Bird, the Cat in the Hat and Scooby Doo.

"Usually I see them on TV on Saturday mornings, but today I got to skate with them," said Hayleigh Gabriel, 6, of Reston after skating with Scooby Doo.

Cartoon Skate will take place every Saturday morning until mid-March from 11 a.m. to 1 p.m. at the skating pavilion.

More information can be found by calling 703-709-6300 or emailing skating@restontowncenter.com.

"Usually I see them on TV on Saturday mornings, but today I got to skate with them."

—Hayleigh Gabriel, 6, of Reston, after skating with Scooby Doo

Congratulations to
Randolph-Macon College
Head Women's Basketball Coach
Carroll LaHaye
For Reaching a Historic
500-Win Milestone
THE 15TH WINNINGEST COACH IN
DIVISION III WOMEN'S BASKETBALL HISTORY!



VISIT RANDOLPH-MACON COLLEGE
To schedule a visit or find out more about our Four-Year Degree Guarantee and financial aid packages, contact us at 800-888-1762 or visit: www.rmc.edu/tour



Ideally located just minutes north of Richmond off of Interstate 95, **Randolph-Macon College** prepares students for extraordinary success through engaging, hands-on learning opportunities. Study abroad and explore the world, experience a dynamic regional, national or international internship or conduct challenging undergraduate research with exceptional faculty. R-MC students learn to think critically and analytically to be prepared for a lifetime of career choices.



CALL FOR BOARD CANDIDATES

Interested in guiding the direction of the Reston community?

Then consider running for the Reston Association Board of Directors.

Three seats will be open in the spring:
One South Lakes District- Candidates must be residents of South Lakes district.
Two At-Large Directors

To qualify you must:
Be a Member of the Reston Association
Complete a Statement and a Petition of Candidacy

Forms must be filed by 5 p.m., Feb. 3, 2012.
Candidacy Forms and other election information can be found online at www.reston.org.

Residential property owners and renters are eligible to run for a seat and vote in the election.

Details or Questions:
Cate Fulkerson cate@reston.org or 703-435-6512.

Experience the hospitality that made Ireland famous.

WEEKEND BRUNCH
The Best Irish Breakfast in Town!
Enjoy our generous servings of eggs, Irish bacon, black & white pudding, Irish beans & home fries.
Sat: 11am - 2:30pm Sun: 10am - 2:30pm

LIVE Music!
Every Weekend 9:30pm-1:30am
• Thursday, 1/26/12: Tommy Rothman
• Friday, 1/27/12: Matt Waller
• Saturday, 1/28/12: Eddie Pasa

IT'S TIME FOR FOOTBALL!
Catch your favorite teams on our 7 HDTV's!

754 Elden Street • Herndon, VA 20170
703-464-0522 • www.osullivanirishpub.com

ENTERTAINMENT

Send announcements to reston@connectionnewspapers.com. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com.

THURSDAY/JAN. 26

Registration for English Class.

5:30 p.m. Herndon Fortnightly Library, 768 Center St., Herndon. Group English instruction for parents while children participate in activities. Adults. 703-437-8855.

One-on-One Computer Tutoring.

2 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Learn the basics of the Internet, Word and Excel. Call for appointment. Adults. 703-242-4020.

eBook/eReader Instruction.

7:30 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Learn about library eBooks and how to access them with your compatible device. Call for appointment. Adults. 703-242-4020.

Reston Historic Trust: An Update on Metro's Progress to Reston.

7 p.m. Reston Community Center-Lake Anne, 1609A Washington Plaza, Reston. With Patty Nicoson, President of the Dulles Corridor Rail Association; and Maggie Parker, Communications Director of Comstock Partners, builders of the

Reston Station parking garage and surrounding office and residential development. 703-709-7700 or restonmuseum@gmail.com.

Ari Hest with Sarah Siskind.

8 p.m. The Barns at Wolftrap, 1551 Trap Road, Vienna. Indie-folk. \$18. www.wolftrap.org.

FRIDAY/JAN. 27

"Lend Me a Tenor."

8 p.m. Reston Community Players, 266 Sunset Park Drive, Herndon. Tickets \$15-\$21. 703-476-4500 or restonplayers.org.

River North Dance Chicago.

8 p.m. George Mason University's Center for the Arts Concert Hall, 4400 University Drive, Fairfax. Jazz-based contemporary dance ensemble. \$21-\$42. www.gmu.edu.

Bill Kirchen & Too Much Fun.

8 p.m. The Barns at Wolftrap, 1551 Trap Road, Vienna. An eclectic blend of rock, country, blues, western swing and California honky-tonk \$22. www.wolftrap.org.

SATURDAY/JAN. 28

"Lend Me a Tenor."

8 p.m. Reston Community Players, 266 Sunset Park Drive, Herndon. Tickets \$15-\$21. 703-476-4500 or restonplayers.org.

Aquila Theatre: Macbeth.

8 p.m. George Mason University's Center for the Arts Concert Hall, 4400

University Drive, Fairfax. Shakespeare's classic tragedy. \$20-\$40. www.gmu.edu.

SUNDAY/JAN. 29

"Lend Me a Tenor."

2:30 p.m. Reston Community Players, 266 Sunset Park Drive, Herndon. Tickets \$15-\$21. 703-476-4500 or restonplayers.org.

MONDAY/JAN. 30

Lapsit Storytime.

10:30 a.m. Herndon Fortnightly Library, 768 Center St., Herndon. Stories, songs and rhymes. 0-11 months with adult. 703-437-8855.

Small Wonders.

11:30 a.m. Herndon Fortnightly Library, 768 Center St., Herndon. Stories, songs and rhymes. 12-23 months with adult. 703-437-8855.

Frying Pan Farm at the Library.

2 p.m. Herndon Fortnightly Library, 768 Center St., Herndon. Meet a chicken and a rabbit from Frying Pan Farm Park. Explore the farm life in the 1930s and create a craft to take home. Age 6-11. 703-437-8855.

Easy Reader Book Discussion - Level 2.

3 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Read aloud and enjoy a related activity. Call for title. Age 6-7. 703-689-2700.

Reston Kids Book Discussion.

4 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Ask for title. Age 8-10. 703-689-2700.

English Conversation.

10:30 a.m. Oakton Library, 10304 Lynnhaven Place, Oakton. English practice for non-native speakers. Adults. 703-242-4020.

One-Act Play Festival.

7:30 p.m. Herndon High School Auditorium, 700 Bennett St., Herndon. Virginia High School league Concorde District. HHS Theatre Entry: The Actor's Nightmare, by Christopher Durang. Free. Some plays for mature high school audiences. www.herndonndrama.org.

Reception and Gallery Talk.

5-7 p.m. Hyatt Regency Reston, 1800 Presidents St., Reston. "New Works," featuring watercolorist Dana Ann Scheurer. www.danascheurer.com or www.restonarts.org.

TUESDAY/JAN. 31

Creatures of the Night.

2 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Puppets, games and activities help us understand the wildlife that is asleep while we are sleeping. Led by a Fairfax County Park naturalist from Riverbend Park. 703-242-4020.

One-on-One Computer Tutoring.

3 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Learn the basics of the Internet, Word and Excel. Call for appointment. Adults.



Freezin' for a Reason

The Fifth Annual Freezin' For a Reason Virginia Polar Dip will be Saturday, Feb. 4 from 1-3 p.m. at the Lake Anne Plaza Waterfront, 1609 Washington Plaza, Reston. Registration begins at 1 p.m., the Polar Dip at 2 p.m., with activities, post-Dip celebration and more. Participants \$100, free to spectators. Proceeds benefit Camp Sunshine, for children with life-threatening illnesses and their families. www.freezinforareason.com or www.campsunshine.org.

703-242-4020.

THURSDAY/FEB. 2

Solas. 8 p.m. The Barns at Wolf Trap, 1551 Trap Road, Vienna. Irish folk music. \$22. www.wolftrap.org.

FRIDAY/FEB. 3

The Discovery Series: East Coast Chamber Orchestra. 8 p.m. The Barns at Wolf Trap, 1551 Trap Road, Vienna. Works by Tchaikovsky, Shostakovich and Geminiani. \$35. www.wolftrap.org.

"Lend Me a Tenor." 8 p.m. Reston Community Players, 266 Sunset Park Drive, Herndon. Tickets \$15-\$21. 703-476-4500 or restonplayers.org.

SATURDAY/FEB. 4

Fifth Annual Freezin' For a Reason Virginia Polar Dip. 1-3 p.m. Lake Anne Plaza Waterfront, 1609 Washington Plaza, Reston. Registration at 1 p.m. Polar Dip 2 p.m. Activities, post-Dip celebration and more. \$100, free to spectators. Proceeds benefit Camp Sunshine, for children with life-threatening illnesses and their families. www.freezinforareason.com or www.campsunshine.org.

Tschaikowski St. Petersburg State Orchestra.

8 p.m. George Mason University's Center for the Arts Concert Hall, 4400 University Drive, Fairfax. With Roman Leontiev, conductor. Compositions by Vivaldi, Bach, and Handel, Stravinsky,

Poulenc, Rachmaninoff, Shostakovich, Prokofiev and Tchaikovsky. \$25-\$50. www.gmu.edu.

"Lend Me a Tenor." 8 p.m. Reston Community Players, 266 Sunset Park Drive, Herndon. Tickets \$15-\$21. 703-476-4500 or restonplayers.org.

John Eaton's Made in America: A Salute to Our Great Immigrant Composers. The Barns at Wolf Trap, 1551 Trap Road, Vienna. 7:30 p.m. Homage to the heroes of the Jazz Era \$25. www.wolftrap.org.


TUESDAY/FEB. 7

Reston Garden Club Goes to the Oscars. 1 p.m. Hunters Woods Community Center, Reston. Members create floral interpretations of Oscar nominated films. therestongardenclub.org.

Practice Your Spanish. 7 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Speak Spanish and make friends every Tuesday. Not a class, just an opportunity to speak. All levels welcome. robert_lambert01@comcast.net.

Reston Bland Music Concert. 7:30 p.m. Reston Community Center, 2310 Colts Neck Road, Reston. Sponsored by the Reston Lions Club. The Bland Contest is a progressive contest, where vocal and instrumental music students compete at a local club level, with the winners moving up to the Region, District, and then to the State Finals. www.blandfoundation.org.

COMMUNITIES OF WORSHIP




GOOD SHEPHERD
LUTHERAN CHURCH
Making more and better disciples of Christ

1133 Reston Avenue, Herndon, VA 20170
Worship: Sunday, 8:00 A.M. and 11:00 A.M.
Sunday School: 9:30 A.M.

Rev. Dr. William H. Flammann, Pastor
Church Office: 703.437.5020
Preschool: 703.437.4511
www.gslcva.org

Child care available at all services



Progressive & Welcoming

ST. ANNE'S EPISCOPAL CHURCH • Reston

7:45 a.m. Holy Eucharist, Rite I
9:00 a.m. Holy Eucharist, Rite II
Sunday school/Music: preschool - grade 2
10:25 a.m. Sunday school/Music: grades 3 - 12
11:15 a.m. Holy Eucharist, Rite II
5:00 p.m. Come Just as You Are Contemporary Service

Nursery care provided at 9:00 and 11:15 services

The Rev. James Papile, Rector
The Rev. Jacqueline Thomson
The Rev. Denise Trogdon
703-437-6530
www.stannes-reston.org
1700 Wainwright Dr., Reston

To Highlight
your
Faith
Community,
Call Karen at
703-917-6468

Herndon United Methodist Church
www.HerndonUMC.org

Sundays
8:30 AM Sanctuary, Traditional Worship Service
10:00 AM Garden, Traditional Worship Service
11:00 AM Connection, Contemporary Worship Service

other weekly services
5:30 PM Saturdays: Relax & Renew, Casual Worship Service

701 Bennett St., Herndon, VA
703-707-6271

TWO POOR TEACHERS

Kitchen and Bathroom Remodeling

We Bring the Showroom to YOU!!






Select your remodeling products from our Mobile Kitchen and Bathroom Showroom and Design Center!!

Free Estimates
703-969-1179

www.twopoorteachers.com

Fully Insured & Class A Licensed
EST. 1999

Standard & Premium Bath Specials!

Starting at \$4,950

Visit our website for details!

FAITH

Faith Notes are for announcements and events in the faith community, including special holiday services. Send to reston@connectionnewspapers.com. Deadline is Thursday.

Vajrayogini Buddhist Center, Brown's Chapel, 11450 Baron Cameron Ave., Reston, will hold monthly classes for the general public beginning Saturday, Feb. 11 at 10 a.m. Gen Kelsang Varahi, an American Buddhist nun, will teach 'Living Meditation: Meditation for Relaxation,' teachings and guided meditations that will give students an ability to learn how to relax their body and mind. \$12. meditation-dc.org or 202-986-2257.

St. Anne's Episcopal Church, 1700 Wainwright Drive in Reston, holds Sunday services at 7:45 a.m., 9 a.m., 11:15 a.m. and contemporary service at 5 p.m. Nursery, Sunday School and Adult Education available. Morning Prayer on Monday at 9:30, Holy Eucharist Wednesday at 8:15 a.m. 703-437-6530 or stannes-reston.org.

Adult Sunday school will be held 9:30 a.m. Sundays at the Washington Plaza Baptist Church at Lake Anne Village Center. The group is studying the Gospel of Mark. Services follow at 11 a.m.

HAVEN of Northern Virginia offers a variety of free bereavement support groups, meeting on a weekly basis. Contact 703-941-7000 or havenofnova.org for schedules and registration information.

The Jewish Federation of Greater Washington and the Jewish Outreach Institute offer the Mothers/Parents Circle, an umbrella of free educational events and resources. Jewish rituals, ethics and the creation of a Jewish home, regular meetings and group Shabbats and holidays. Participants include Sha'are Shalom, Congregation Beth Emeth, Temple Rodef Shalom and the Jewish Community Center of Northern Virginia. ShalomDC.org.

The Baha'i community of McLean holds a weekly fireside, a meeting of discussion, devotion and fellowship, at 7500 Box Elder Court in McLean, at 8 p.m. every Friday. An opportunity to learn about the Baha'i faith. 703-556-3400.

Epiphany United Methodist Preschool, 1014 Country Club Drive, N.E. in Vienna, is now enrolling 3-4-year-old students for the 2010/2011 school year. Contact 703-938-2391 or epiphanypreschool.com.

Hope Fellowship Church will temporarily be meeting at Woody's Golf Range, 11801 Leesburg Pike, Herndon. Sunday Worship Services for the Southern Baptist church are at 10:45 a.m. The public is invited to join a Bible believing, multi-ethnic/multi-cultural congregation, with Bible-based sermons and uplifting music. 703-599-3527 or hopefellowshipchurchloudoun.org.

Knitters needed the first and third Wednesdays of the month, at 7 p.m., at **St. Timothy's Episcopal Church**, 432 Van Buren St., Herndon. The church's Shawl Ministry is offering free knitting instruction while providing shawls, blankets and other knitted items for people in need. No cost and yarn can be provided. E-mail shawl@saint-timothys.org or visit the Pastoral Care page at saint-timothys.org.

Nondenominational **Christian businessmen** meet for prayer, Biblical discussion and fellowship 7 p.m. Fridays at Anita's, 1051 Elden St., Herndon and 12 p.m. Thursdays at 555 Grove St., Suite 200, Herndon. Call 703-795-1257.

Merrifield Garden Center's FREE SEMINARS

Every Saturday, at 10 am
A wide array of gardening, landscaping and cooking topics!
This week's topics, Jan. 28th:

MERRIFIELD
Cozy Winter Meals
Registration is appreciated, but not required at merrifieldgardencenter.com/seminars

FAIR OAKS
Color and Interest in the Winter Garden

GAINESVILLE
The Art of Bonsai

For the complete schedule visit our stores or our website

Beautiful Houseplants

New shipments just arrived!

TROPICALS • ORCHIDS • BONSAI • CACTUS
HANGING BASKETS • SEASONAL PLANTS

Plus Vegetable & Flower Seeds • Bird Feeding Supplies
Kiln-Dried Firewood • Snow and Ice Melting Products

Mark your calendar for Merrifield's
SHARE OUR LOVE FOR PETS WEEKEND
February 11 & 12 at our Gainesville location

Merrifield GARDEN CENTER
Hours: Mon. - Sat. 8 am - 6 pm • Sun. 9 am - 5 pm
merrifieldgardencenter.com

Merrifield • 703-560-6222
8132 Lee Hwy., Merrifield, VA
Fair Oaks • 703-968-9600
12101 Lee Hwy., Fairfax, VA
Gainesville • 703-368-1919
6895 Wellington Rd., Gainesville, VA

Saint Timothy Catholic School

Open House

- Thursday, February 2, 2012 - 7:00 p.m.
- Friday, February 3, 2012 - 10:30 a.m.

Come visit us to discover for yourself, our challenging academic curriculum, rich traditions and strong faith based community. Now accepting applications for Pre K - 8th Grades.

13809 Poplar Tree Road
Chantilly, Virginia
www.sainttimothyschool.org
(703) 378-6932

Treat Yourself

MEET 250 ARTISANS IN PERSON!

Sugarloaf Crafts Festival

JAN 27, 28, 29, 2012
Dulles Expo Center
Chantilly, VA • RT 28 AT WILLARD RD
Fri. & Sat. 10-6, Sun. 10-5
Admission \$7 online, \$9 at the door - good all three days
Children under 12 and parking are FREE

A Sensory Celebration!

- Designer Crafts
- Specialty Foods
- Home Furnishings
- Family Fun
- Affordable Art

DISCOUNT TICKETS, show info, exhibitor lists, directions and more at:
SugarloafCrafts.com
SUGARLOAF MOUNTAIN WORKS, INC. • 800-210-9900

Pediatric & General Dentistry

Schedule your child's dental appointment now for the Spring Break

Bi-Monthly Drawing for No-Cavity-Club Winner

LASER procedure for fillings. Many pediatric patients can be treated without novocaine!

- Bleaching
- Nitrous Oxide
- Wi-Fi Available
- Special Needs Patients
- Cosmetic Restorations
- IV Sedation Available

Heidi Herbst, DDS
Howard Mitnick, DDS
Nooshin Monajemy, DDS

Sterling, VA
703-444-3710
www.sterlingvirginiasmiles.com

Gentle Touch Dental Care For Over 20 Years!

Reston Citizens Community Center Recreational Opportunities

Russia America Friendship Night- Join us. We will make pelmeni. Pelmeni are a favorite Russian "soul food." It's sort of a Russian custom to gather in the kitchen and make this wonderful food on cold winter night and have a party. Pelmeni are ground beef with ground onion that are dropped into boiling water. We will teach you how you can make your own. We will also make whole beet soup and "poor man's caviar." Also we are putting out the invitation for Russian singers musicians and comedians so we are not quite sure what exactly will develop but it's sure to be a fun filled evening. Join the Reston Citizens Community Center (not associated with the Reston Community Center) February 1 between 7 and 9 at the Hunters Woods Reston community Center. Free but please register.

Canoe Making- Learn to build a wood strip canoe. First night we will go over the steps in constructing your own using the wood strip. A wood strip canoe will be available. Second night will be making the strong back on which the canoe is built Third night we will start laying on the wood strip planking Subsequent weeks will be planking the canoe and then fiber glassing the vessel. By the end of the course you will know everything and maybe have patterns for a wood strip canoe of your own. Limited to five students and will be taught at various locations in Reston. 6 lessons on Tuesday nights beginning at 7:30-9:30 in late February. \$160

Ballroom Dancing- A six lesson course on Wednesday Night taught right here in Reston. Six lessons \$35 beginning in March. If time allows we will go into some modern dance.

Sharpening 101- Learn to sharpen using the well known Spyderco sharpener. Learn to sharpen knives, scissors, salon shears, thinners, work shop tools etcetera. Using this versatile sharpening system Taught by Rod Koozmin a prominent local sharpener. \$25 and \$89.95 for the sharpener. (optional). February 15 at 7:30-9:30. Bring your own dull knives scissors and workshop tools.

The Deadliest Catch- Watch this program together when it comes on in the Spring. What do you think is going to happen this year? Watch on wide together. \$5 per show. BYOB.

The Passion Zone - United States, EnglishHealth
Join sex coaches Allie and Scarlet live Sunday nights from 6 - 6:30 pm ET on Blogtalkradio as they discuss love, sex and relationships. <http://www.thepassionzone.com>. Get together after the podcast to discuss this weekly show. Free but registration required. Must be over 18 and not offended by frank sexual talk.

The Real Truth from the Bible- Join us for amazing facts that you may never have known about from the pages of the Bible. A Weekly discussion group led by Elder Mike James. free but requires registration.

What did I do this time to piss you off?!- A frank discussion about what annoys women for men only hosted by Rod Koozmin and local licensed Clinical Phycologist Deborah Morrow. February 15 7:30 to 9. \$12

To register, obtain a complete listing of offerings, make a donation or offer to serve on the board of directors write your name on a blank piece of paper with phone number email and home address and send it along with any check required to Reston Citizen's Community Center (not associated with Reston Community Center), 11571 Embers Court, Reston Virginia 2019. 703-620-1058. Make checks payable to Rod's Sharpening Service.

Reston Citizens Community Center offering diverse recreational opportunities in Reston sponsored by the Progressive Republican Alliance of Reston for Ron Paul and Ken Cuccinelli and Rod's Sharpening Service. Do you have something to offer the community? Join our distinguished teachers and staff and offer a course in whatever you think will be of interest to Reston Citizens. We will list it in our printed and on line catalogue. For example if you are an accountant you might want to offer a course in incorporating or taxes or something. You get half of the tuition and maybe some new clients. We are dedicated to Living working and playing in Reston.

SPORTS

Looking for Elusive First Win in District

Hornets have lost close games in Concorde.

BY RICH SANDERS
THE CONNECTION

The Herndon High girls' basketball team came up just short in a 49-46 overtime loss at Concorde District opponent Westfield last Friday night.

Westfield, one of the better teams in the Northern Region, improved its record to 11-5 overall and 2-2 in district play. Herndon, meanwhile, slipped to 8-7 and 0-4.

It was a tough defeat for the Hornets, who lost their fourth game in a row (all district contests). But they gave the Bulldogs everything they had in Friday's affair. Trailing 26-17 at halftime, Herndon put the defensive clamps on Westfield in the third quarter when it outscored the home team 10-2 to get within 28-27. The Hornets then scored 13 points to the Bulldogs' 12 in the final quarter to force the overtime. There, Westfield edged Herndon 9-6 to pull off the win.

It was Herndon's second overtime loss in its last three games. The Hornets had also lost an OT heart-breaker, 68-67, to visiting district opponent Centreville on Jan. 10.

Herndon's last victory prior to the recent four-game losing streak came in overtime, 61-57, at Edison High (National District) on Jan. 3.

Herndon was hoping to get back into the win column this week with scheduled district home games versus Robinson on Tuesday, Jan. 24 and Oakton this Friday, Jan. 27. Both opponents are tough with the Rams entering this week 11-4 and the defending district champion Cougars being unbeaten at 16-0.

"We've done well in some areas, and severely underachieved in others," said Herndon High head coach Reggie Barnes, of his team's overall play this season. "We've challenged our ladies to step up and play like we know they're capable of playing."

In Friday's loss to Westfield, Herndon was led in scoring by junior Chloe Owens, who finished with 19 points as did Westfield's Jules Abruzzo. Deborah Headen, a senior, was also in double figures for the Hornets with 11 points and teammate Alexis Brown, a junior, contributed six points. Both Headen and Brown pulled down seven rebounds for Herndon, as did senior Brandi Delgado (4 points).



Herndon High girls' head coach Reggie Barnes saw his Hornets win their first six games this season.

HERNDON WON its first six games this season, including a 52-36 non-district win at Lake Braddock (Patriot District) on Dec. 13. Owens tallied 21 points in that win over the Bruins as the Hornets improved to 5-0.

They made it 6-0 with a 59-44 non-district home win over Hayfield (National Dis-

trict) on Dec. 16. Owens, Headen and Brianna Moses scored 21, 20, and 11 points, respectively in that win over the Hawks.

Herndon's first loss of the season came in its following game on Dec. 20 when it fell at home to cross-town rival South Lakes (Liberty District), 66-53. Owens led her team with 18 points and 10 rebounds and Headen netted 15 with seven boards. Also for the Hornets, Brown scored seven points and had 10 rebounds. South Lakes, meanwhile, received strong outings from Abigail Rendle (21 points, 9 rebounds), Caitlin Jensen (15 points), and Gabrielle Schultz (13 points, 8 rebounds).

"We are looking to get out of our mini-losing streak," said coach Barnes, prior to last Friday's loss to Westfield. "We have gone back to basics and refocused on our defense and free throw shooting."

Barnes said his team's top players have been Owens (14 points per game), Headen (13 points per game), Moses, and senior Jenna Aschenbach.

"Brandi Delgado and Alexis Brown have also played well for us, especially with their great hustle and defense," he said.

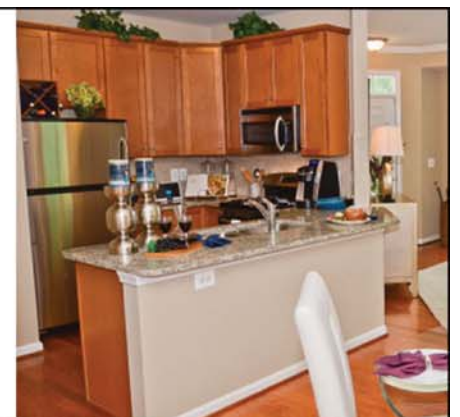
The coach said his team has to improve its play later in games in order to gain some wins in the district.



Grand Opening Events!

Beautiful Van Metre Showhouses Now Open at Marrwood and Mercer Park in Stone Ridge

Save up to \$10,000 in Closing Costs in Both Communities.*
And an additional 50% Off Design Studio Options in Marrwood



We've built over 10,000 homes. But only one like yours.

Saturday, January 28th
12 – 3 pm in Marrwood
1 – 4 pm in Mercer Park

Join Us for our Barrel Oak Wine and Cheese Tasting and Take Home a Complimentary Bottle of Wine.**

Visit VanMetreHomesCN.com for directions

All New Classic and Estate Single Family Homes on Large Homesites From the Low \$600's in Marrwood

41619 Olivine Place, Chantilly/Aldie, VA 20105
GPS Coordinates: 38.946510, - 77.564703
703-764-5414

All New One-Level Flats, and Two- & Three-Level Townhome Style Condos From the Low \$200's in Mercer Park

24686 Byrne Meadow Square, Chantilly/Aldie, VA 20105
GPS Coordinates: 38.9370838 - 77.5963271
703-764-5491

Van Metre

BUILDING TRUST FOR GENERATIONS • SINCE 1955



*50% Off Design Center Options is available at Marrwood only, with the use of the builder's designated lender & title company and available on new contracts written now thru 2/29/12. \$10,000 Closing Costs are available with use of seller's designated lender & title company. Not valid with other offers, promotions or on prior contracts. Certain Conditions and Exclusions apply. Prices Subject to Change without notice. See Sales Manager for details. **Wine is available while supplies last. 1/12

Historians Karen Washburn and Ted McCord speak at the Reston Community Center Lake Anne about the early history of the land that became Reston Thursday, Jan. 19.



PHOTO BY ALEX MCVEIGH/THE CONNECTION

Presenting Reston's History

Historians present story of colonial Reston.

BY ALEX MCVEIGH
THE CONNECTION

Long before Reston became the community it is today, it was almost an afterthought by those who owned the land. The Reston Historic Trust hosted a program about the early history of Reston Thursday, Jan. 19, featuring historians Karen Washburn and Ted McCord at the Reston Community Center Lake Anne.

Washburn told the story of the Northern Neck Proprietary Grant, which was a land grant that included Reston. The land was largely unsettled until Thomas, Fifth Lord Fairfax of Cameron inherited five-sixths of the property through his wife's father, and they began to explore the area.

"Land ownership then was not as it is today. If you had a proprietorship, you owned the land, and you would give others the right to use it. The others could use the land as they saw fit, but still had to pay rent," Washburn said. "The owners who bought the land didn't want to move up from the Tidewater region, so Reston remained vacant."

Brent Reolon of Reston, who considers himself a history buff, said he was first attracted to the program when it promised a glimpse into the pre-1964 days of Reston.

"One of the things I like about this community is that its history can be traced back to literally the beginning, to the day Robert Simon founded Reston," he said. "But for me, almost everything before that was a blank, so it was interesting to see whose hands this land passed through, and it made me chuckle to

think how nobody wanted it for so long."

The land was mostly primordial forest then, and with no easy access to rivers, it wasn't the most desirable land.

"There just wasn't much to look at other than woods," McCord said. "Even in the Tidewater region, most of the settlements were along the major rivers."

Washburn talked about how Robert "King" Carter, who managed the land for Lord Fairfax, owned the land that later became Herndon, but didn't seem to be interested in settling Reston.

"My conjecture is that Robert was looking for copper on his land near Herndon, and he thought there might be some in Reston, but he was wrong," she said.

After the Tidewater soil was used up by excessive tobacco farming, people eventually moved into this area of the proprietary. After the Revolutionary War, Benjamin Thornton purchased 8,663 acres.

"His rationale was that the land was right between Alexandria's ports, and merchants needed to get their goods to the Shenandoah, and they would need to build a railroad on the land," Washburn said. "He thought it would go through the middle of the parcel, and he was right."

The crowd at the community center filled the Jo Ann Rose Gallery to capacity, and several audience members said they were interested to hear about the land's role in relation to the rest of the county.

"It was neat to hear about how these places started out as the same bundle, and then became Herndon, Reston, Great Falls," said Peter Saules of Reston. "It's funny how all these boundaries that mean so much when it comes to mailing, schools, tax districts and that sort of stuff were often created by a seemingly random decision a few hundred years ago."

BULLETIN BOARD

To have community events listed in the Connection, send to reston@connectionnewspapers.com. Deadline is Friday.

WEDNESDAY/JAN. 25

Pastoral Care Forum: Five Wishes. 3 p.m. Unitarian Universalist Church in Reston, 1625 Wiehle Ave., Reston. Who you want to make your health care decisions, the kind of medical treatment you want, what your loved ones should know and more. Caring_Circle@uureston.org.

FRIDAY/FEB. 10

Republican Presidential Candidate Mitt Romney to Address Technology Business Leaders. Hyatt Regency Reston,

1800 Presidents St., Reston. 7 a.m. registration and networking, 8 a.m. breakfast and program. Romney will speak to the Northern Virginia Technology Council (NVTC) and Consumer Electronics Association (CEA). www.nvtc.org.

Friday Forum Business

Networking. 7:30 a.m. Sheraton Reston Hotel Syrah Restaurant, 11810 Sunrise Valley Drive, Reston. Business professionals focused on generating business for members through qualified referrals. New group being formed. Meeting free and open to all, breakfast available for purchase. Meetings every Friday. 703-802-0334.

SATURDAY/FEB. 11

Vajrayogini Buddhist Center

Meditation Classes. 10 a.m. Brown's Chapel, 11450 Baron Cameron Ave., Reston. Living Meditation: Meditation for Relaxation. \$12. www.meditation-dc.org or 202-986-2257.

FRIDAY/MARCH 9

Friday Forum Business

Networking. 7:30 a.m. Sheraton Reston Hotel Syrah Restaurant, 11810 Sunrise Valley Drive, Reston. Business professionals focused on generating business for members through qualified referrals. New group being formed. Meeting free and open to all, breakfast available for purchase. Meetings every Friday. 703-802-0334.

OPEN HOUSES

SATURDAY/SUNDAY, JANUARY 28 & 29



2663 Manhattan Place #309, Vienna • \$370,000
Open Sunday 1-4 p.m. • Ron Fowler,
Weichert, 703-598-0511

When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper. For more real estate listings and open houses, visit www.ConnectionNewspapers.com & click the Real Estate links on the right side.



Call Specific Agents to Confirm Dates & Times.



Burke

6010 Shiplott Blvd.....\$419,950..Sun 1-4...Kathleen Quintarelli.....Weichert.....703-862-8808

Clifton

12454 Henderson Rd.....\$750,000..Sun 1-4.....Fran Rudd.....ERA.....703-980-2572

Fairfax

12530 Sweet Leaf Terr.....TBD..Sun 1-4..Carol Hermandorfer.....Long & Foster.....703-503-1812
3965 Valley Ridge Dr.....\$429,900..Sun 1-4.....Miranda Dedja.....Keller Williams.....703-786-2952

Fairfax Station

7951 Kelly Ann Ct.....\$1,090,000..Sun 1-4..Carol Hermandorfer.....Long & Foster.....703-503-1812

Great Falls

803 Crews Rd.....\$1,399,000..Sun 1-4.....Glynis Canto.....Keller Williams.....703 395 2355

Herndon

12124 Eddyspark Dr.....\$490,000..Sun 1-4.....Scott Pearson.....RE/MAX.....703-795-4146

Oakton

3515 Willow Green Ct.....\$774,900..Sun 1-4..Liane Carlstrom MacDowell..Stone Properties.....

Reston

1830 Fountain Dr #603....\$480,000..Sun 1-3.....Lawanda Swope.....Weichert.....703-358-9777

Sterling

20978 Flatboat Ct.....\$597,000..Sun 1-4.....Dina Azzam.....RE/MAX.....703-547-1449

Vienna

217 Courthouse Cir, SW..\$679,900..Sun 1-4.....Kathy Shipley.....Long & Foster.....703-407-9518
2663 Manhattan Pl #309..\$370,000..Sun 1-4.....Ron Fowler.....Weichert.....703-598-0511
83224 2nd Ave.....\$538,888..Sun 1-4.....Bob Dooley..Samson Properties.....703-581-5758
9501 Blythe Dale Court....\$819,990..Sun 1-3.....Karen Close.....Long & Foster.....703-517-7994
9629 Percussion Way.....\$625,000..Sun 2-4..David Rathgeber..Your Friend in Real Estate..703-434-0773

To add your Realtor represented Open House to these weekly listings, please call Karen Pechacek-Washburn at 703-778-9422 or E-Mail the info to kwashburn@connectionnewspapers.com All listings due by Monday at 3 P.M.

ZONE I: • RESTON
• HERNDON • LOUDOUN

HOME & GARDEN

CONNECTIONNEWSPAPERS.COM

CONTRACTORS.COM

703-917-6400

ZONE I Ad DEADLINE:
MONDAY NOON

ZONE I: • RESTON
• HERNDON • LOUDOUN

EMPLOYMENT

703-917-6464

ZONE I Ad DEADLINE:
TUESDAY 4 P.M.

CLEANING **CLEANING**

CARE MORE CLEANING SOLUTIONS 

Residential & Commercial
10% Senior Citizen Discount

703-862-5904
OR
703-780-6749
caremorecleaning.com

LICENSED INSURED

ELECTRICAL **ELECTRICAL**

K & D ELECTRIC

COMMERCIAL / RESIDENTIAL SERVICE
Family Owned & Operated

Recessed Lighting Ceiling Fans Phone/CATV Computer Network Cabeling Service Upgrades Hot Tubs, etc...

Licensed/Bonded/Insured
Office 703-335-0654
Mobile 703-499-0522

GUTTER **GUTTER**

AFFORDABLE QUALITY ROOFING & GUTTERS

Repair, Replace, Local Refs.



703-794-8513

GUTTER CLEANING
Gutters and Downspouts Cleaned • Small Repairs • Gutter Guards

LEAF REMOVAL

PINNACLE SERVICES
"Friendly services for a friendly price" Inc.
703-802-0483 • Free Estimates
Email: jamie@lawnsandgutters.com
Web: lawnsandgutters.com
Lic • LAWN MOWING, SODDING, MULCHING, Yardclean-up • Ins.

IMPROVEMENTS **IMPROVEMENTS**

 **R&N Carpentry**

♦BASEMENTS ♦BATHS ♦KITCHENS
Foreclosure specialist/Power washing
♦Exterior Wood Rot More!
Deck & Fence repair, Screen Porches
No jobs too large or small
Free est. 37 yrs exp. Licensed, Insured
703-987-5096

The HANDYMAN
A DIVISION OF NURSE CONSTRUCTION

BATHROOM REMODELING, DRYWALL, PAINTING, CERAMIC TILE, CARPENTRY, POWER WASHING & MUCH MORE

You have tried the rest - NOW CALL THE BEST!!
Proudly serving Northern VA - 46 yrs. exp.

Licensed Insured
We Accept VISA/MC
703-441-8811

R.N. CONTRACTORS, INC.

Remodeling Homes, Flooring, Kitchen & Bath, Windows, Siding, Roofing, Additions & Patios, Custom Deck, Painting

We Accept All Major Credit Cards
Licensed, Insured, Bonded • Free Estimates • Class A Lic
Phone: 703-887-3827 Fax: 703-830-3849
E-mail: rncontractorsinc@gmail

GUTTER

LAWN MOWING
LAWN MOWING, TRIMMING, EDGING, SODDING, MULCHING, LEAVES, GUTTER CLEANING, YARD CLEANUP

PINNACLE SERVICES
"Friendly services for a friendly price"
703-802-0483
Lic. Free Est. email: jamie@lawnsandgutters.com Ins. web:lawnsandgutters.com

HAULING

ANGEL'S TRASH REMOVAL
Junk & Rubbish • Furn. • Yard, Construction Debris • Garage & Basement Clean Up
703-863-1086
703-582-3709
240-603-6182

AL'S HAULING
Junk & Rubbish
Concrete, furn., office, yard, construction debris
Low Rates NOVA
703-360-4364
703-304-4798 cell
7 DAYS A WEEK

LANDSCAPING

ANGEL'S LAWN MOWING
•Trimming •Leaf & Snow •Removal •Yard Clearing •Hauling •Tree Work
703-863-1086
703-582-3709
240-603-6182

LAWN SERVICE

PAINTING

PATRIOT PAINTING
www.PatriotPainting.net
Wallpaper Removal, Carpentry, Power Washing, Int/Ext Painting
Free Est. • Satisfaction Guar. Lic./Ins. Int./Ext.

703-502-7840
Cell
571-283-4883

ROOFING

Falcon Roofing

Roofing & Siding (All Types)

Soffit & Fascia Wrapping New Gutters Chimney Crowns Leaks Repaired No job too small
703-975-2375
falconroofinginc.com

TREE SERVICE

ANGEL'S TREE REMOVAL
Brush & Yard Debris • Trimming & Topping • Gutters & Hauling
Angelstreeslandscaping-hauling.com
703-863-1086
703-582-3709
240-603-6182

LAWN SERVICE

J.E.S Services
LANDSCAPE & CONSTRUCTION

• Patios • Walkways
• Retaining Walls
• Drainage Problems
• Landscape Makeovers

Call: **703-912-6886**
Free Estimates

MASONRY **MASONRY**

3rd Generation Masonry Company
Family Owned & Operated Since the 1950s

MASONRY SPECIALIST, LLC
For All of Your Masonry Needs
Custom Design, Installation, Repairs & Restoration
* Also Offering Custom Carpentry Services! *

BRICK - FIELDSTONE FLAGSTONE - CONCRETE

EP Henry & Belgard Pavers
Patios, Walkways, Driveways, Retaining & Decorative Walls
703-443-2308
Go to www.masonryspecialist.com for ideas, pictures & coupons!
All Work Guaranteed - Licensed & Fully Insured
Class A License #VA2705087240A

An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them.
-Werner Heisenberg

CHILDCARE

Herndon-area church seeks childcare workers on an as needed basis for weekly events. Ages normally include infants through 5 years old but can include some older children for certain activities. Background check required. Perfect for college students. Pay is \$10/hour. Submit interest with current references to info@southview.org.

Pediatric Nurse Practitioner

Large private pediatric practice with two offices in Fair Oaks & Centreville seeking Full-Time PNP.
Two years office based experience preferred. Experience with electronic medical records desired. Competitive salary and excellent benefits. March start date.
Fax CV to: 703-391-2919,
Attn: NP Recruiter, or email
saleenadakin@fairfaxpeds.com.

Education
LOOKING FOR A CHANGE
Do you like to play pool, work out at the gym, have fun?
Are you a caring person?
Do you enjoy a challenge?
Are you a creative problem solver?
YOU CAN MAKE A DIFFERENCE & HAVE FUN AS AN EDUCATOR/ COUNSELOR IN FAIRFAX & ARLINGTON COUNTY PROGRAMS
F/T opptys including awake overnights, available supporting persons with intellectual disabilities and challenging behaviors. BA pref'd. EOE. Flex hrs, excel benes. \$19.10/hr, pd health coverage, 22 days personal lv/yr, annual bonus, tuition reimbursement.
Send resume & letter of interest to:
Community Systems, Inc., 8136 Old Keene Mill Road, Suite B-300, Springfield, VA 22152 or email
dpodrasky@csi-va.org

BUSINESS OPP **BUSINESS OPP**

TELEPHONE
A great opportunity to WORK AT HOME!
NATIONAL CHILDRENS CENTER
No sell! Salary + Bonus + Benefits!
301-333-1900
Weekdays 9-4

TELEPHONE
A great opportunity to WORK AT HOME!
NATIONAL CHILDRENS CENTER
No sell! Salary + Bonus + Benefits!
301-333-1900
Weekdays 9-4

EDUCATION TRAINING

Pharmacy Technician Trainees Needed Now!
Pharmacies now hiring. No experience? Job Training & Placement Assistance Avail.
1-877-240-4524
CTO SCHEV

DENTAL ASSISTANT TRAINEES NEEDED NOW!
Dental Offices now hiring. No experience? Job Training & Placement Assistance Avail.
1-800-381-1734
CTO SCHEV

MED BILL & CODING Trainees NEEDED NOW
Medical Offices now hiring. No experience? Job Training & Placement Assistance Avail.
1-800-385-2615
CTO SCHEV

Delivery Drivers/ Independent Contractors
Need reliable vehicle for same day deliveries. Call 800-818-7958

 **Nysmith School Preschool - 8th Grade Now Hiring!**
Elementary School Co-Teachers:
College Degree Required
• **Language Arts**
Middle School Co-Teachers:
College Degree Required
• **P/T Secondary Science/Math**
Send resumes to resume@nysmith.com or Fax to: 703-713-3336

29yr OLD SALES COMPANY LOOKING FOR CLOSERS!!!

- Looking for the best of the best phone salespeople in or near the 20190 zip code.
- Must have 2yrs or more of successful outbound B2B phone sales experience.
- We supply the phone, computer and desk, all you need to bring is your A-game!
- Paid training and weekly performance based bonuses immediately!
- If fast paced inside sales is an environment you thrive in, you need to apply now!
- Serious applicants only, please call Ron **800.824.8311**

IT Position

Infomatics Corp. seeks qualified candidates for the following multiple positions at Reston, VA & other un-anticipated locations across US; Lead Programmer Analysts to dsgn, delp & test SW/appl.: Mstr's or equiv. in CS/CIS/Comp. Appl/CE + 1yr exp. in job offered or Appl. SW Dvlp.; DW & BI Appl. Dvlprs to arch., dsgn & dvlp DW & BI sol.: Mstr's or equiv. in CS/CE/CIS or rel + 1yr exp. in job offered or Dvlp ETL proc. & DW pract.; Lead Nwk and Sys Admns to config, dsgn & install IIS, MS Exch./Windows Servers & wireless mes. & data storage sys.: Mstr's or equiv. in CS/CE/Electronics/Telcom Engg or rel + 1yr exp in job offered or Sys/Nwk Engg; Systems Analysts (SAP WM/MM) to dsgn/config/prototype/test & impl. SAP R/3 WM/MM mod; Mstr's or equiv. deg in IT/Comp. Appl/Bus Admn/Engg (any field) + 1yr exp in job offered or confi. & impl. SAP R/3 WM&MM mod; For all positions, in lieu of Mstr's deg + 1yr exp., employer will accept a Bach's deg. or equiv & 5 yrs. progr., post-baccalaureate exp. or any other suitable comb of edu., exp. or trng. Resume: HR, Infomatics Corp., 12020 Sunrise Valley Dr., Ste. 100, Reston, VA 20191

ZONE I: • RESTON
• HERNDON • LOUDOUN

EMPLOYMENT

703-917-6464

ZONE I AD DEADLINE:
TUESDAY 4 P.M.

**For All I
Know...**



By KENNETH B. LOURIE

Skipping my monthly targeted treatment (Avastin) because my kidneys are under stress might be a good thing. It might mean my body doesn't need (it certainly doesn't want) to be infused. Alternatively, it might mean that, after nearly 33 months of it, it can't take it anymore (even though it may need it). Outliving your original prognosis and existing between the cracks – and beyond the cracks – of heretofore standard protocols/life-expectancy for stage IV lung cancer patients who live years longer than anticipated, presents its own unique set of problems (maybe challenges would be a better description). Although many books have been written on the lung cancer subject, the number of chapters written about individuals who don't succumb to their disease – according to the statistical history of similarly diagnosed patients, is unfortunately a function of supply and demand/cause and effect: there aren't enough survivors.

As one of the few-and-far-between survivors, my treatment is subject to change and subject as well to how I/my body tolerates what is going into it and how that is measured coming out. Whatever I think I feel is not nearly as important as what the lab work indicates is happening – internally. Absent any complaints/observations from me concerning my symptoms – or lack thereof, the tale of the tape is the blood and urine that I provide every month. After providing an early morning sample, later that day or mid morning the following day, I will have received confirmation that my ongoing treatment can proceed or that it can't. Sometimes my treatment has been delayed a week, other times by as long as a month; waiting for levels to return to semi normal – for me, under treatment, that is.

Given that I am now officially an anomaly: still alive; what happens next, what timetable for treatment will likely follow, what schedule of medications and/or scans will occur going forward, is cast in quicksand. Ever-changing, always in the pursuit of prudence and of not causing collateral damage/making matters worse by being too aggressive or unresponsive to what my body (via the lab work) is indicating, is the bane of my rather fortunate existence. Commonsense medicine becomes the order of the day, and the night, too. It's all one big definite-maybe, a process with which I am happy to live (live being the operative word).

I remember the early days of my diagnosis/prognosis when I was undergoing the heavy-duty (I call it "Big") chemotherapy, an every-three week, six-hour cocktail infusion of three drugs which naturally took its toll. Like the Fairy Tales, my prognosis was grim. I recall asking my oncologist for a scenario-type assessment of my future. He was not particularly encouraging; he was honest, as I asked him to be. Nevertheless, I persisted and when the opportunity presented itself, I would ask him if it was still OK for me to buy in bulk. As I continued to not decline, his answer was always "Yes." Nearly three years post-diagnosis, I can't help wondering if skipping treatment because a certain level of something or other is off the standard charts (high or low), should I stop buying in bulk or rather continue what I'm doing because whatever it's been, with my oncologist's help, it's been working?

I don't want to make too little of what's now not happening as regularly as it once did, but it's becoming increasingly difficult to not make too much of it, either.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

HVAC Techs

Sears Home Services seeks HVAC Technicians, Journeymen or above licenses preferred, but looking for all levels. Join us from 9am-2pm on Saturday, January 28th at Sleep Inn & Suites, 6860 Crain Hwy, La Plata, MD 20646 to learn more! We provide van, tools and laptop, plus competitive pay, benefits, discounts & MORE! If unable to stop by, email SearsRecruit@searshomepro.com or call 877-470-7369. EOE, M/F/D/V

Educational Internships

Unusual opportunity to learn many aspects of the newspaper business. Internships available in reporting, photography, research, graphics. Opportunities for students, and for adults considering change of career. Unpaid. E-mail internship@connectionnewspapers.com

THE CONNECTION
NEWSPAPERS

HOW TO SUBMIT ADS TO THE CONNECTION Newspapers & Online CLASSIFIED

DEADLINES
Zones 1, 5, 6 Mon @ noon
Zones 2, 3, 4 Tues @ noon
E-mail ad with zone choices to: classified@connectionnewspapers.com or call Andrea @ 703-778-9411

EMPLOYMENT
DEADLINES
Zones 5, 6 Tues @ 11:00
Zones 1, 3 Tues @ 4:00
Zone 2 Wed @ 11:00
Zone 4 Wed @ 1:00
E-mail ad with zone choices to: classified@connectionnewspapers.com or call Barbara @ 703-778-9413

ZONES

Zone 1: The Reston Connection The Oak Hill/Herndon Connection	Zone 4: Centre View North Centre View South
Zone 2: The Springfield Connection The Burke Connection The Fairfax Connection The Fairfax Station/Clifton/Lorton Connection	Zone 5: The Potomac Almanac The Arlington Connection The Vienna/Oakton Connection
Zone 3: The Alexandria Gazette Packet The Mount Vernon Gazette	Zone 6: The McLean Connection The Great Falls Connection

ZONE I: • RESTON
• HERNDON • LOUDOUN

CLASSIFIED

703-917-6400

ZONE I AD DEADLINE:
MONDAY NOON

Employers:
Are your recruiting ads not working in other papers?

Try a better way to fill your employment openings



- Target your best job candidates where they live.
- Reach readers in addition to those who are currently looking for a job.
- Proven readership.
- Proven results.

THE CONNECTION
to your community

703-917-6464

classified@connectionnewspapers.com

Great Papers • Great Readers
Great Results!

If tomorrow were never to come, it would not be worth living today.
-Dagobert Runes

21 Announcements

21 Announcements

NOTICE OF TRUSTEE'S SALE

3015 Dower House Drive, Herndon, Virginia 20171
Fairfax County

In execution of a Deed of Trust dated September 29, 2006, in the original principal amount of \$479,000.00, recorded as Deed Book 18817 at Page 0550, and re-recorded in Deed Book 19139 at Page 235, in the Clerk's Office of the Circuit Court of Fairfax County, Virginia, the undersigned Trustee will on Friday, February 10, 2012, at 10:00 a.m., by the front main entrance to the Fairfax County Courthouse, 4110 Chain Bridge Road, Fairfax, VA 22030, offer for sale at public auction to the highest bidder the following property with improvements thereon commonly known as 3015 Dower House Drive, Herndon, Virginia 20171, and more particularly described as follows:

Lot Three Hundred Two (302), Section Three (3), Franklin Farm, as the same appears duly dedicated, platted and recorded in Deed Book 5532 at Page 1099 among the land records of Fairfax County, Virginia.

Tax Map No. 035-2-08-0302

This sale is subject to the restrictions, rights of way, conditions, easements, and mechanic's liens, if any, whether of record or not of record, to the extent any of the foregoing applies, and takes priority over the lien of the Deed of Trust. This sale is also subject to a 120-day right of redemption in favor of the Internal Revenue Service.

Deposit of \$15,000.00, or 10% of the sales price, whichever is lower, by cashier's or certified check, shall be required to qualify as a bidder prior to the sale, except for the Noteholder.

The deposit, without interest, is applied to the purchase price at settlement. Settlement will be held on or before fifteen (15) days after sale. Upon purchaser's default, the deposit shall be forfeited and the property shall be resold at the risk and costs of the defaulting purchaser.

The balance of the purchase price shall be paid by certified or cashier's check or wire transfer. Settlement shall be at the offices of the undersigned Trustee, or other mutually agreed upon location. The property and any improvements thereon shall be sold in "as is" condition without any warranties. The successful bidder shall assume all loss or damage to the property from and after the time of the sale. Purchaser shall be responsible for all costs of the conveyance, which shall be by special warranty including, but not limited to, the preparation of the deed and the grantor's tax. Real estate taxes shall be adjusted as of the sale date. The sale is subject to such additional terms as the Trustee may announce at the time of sale. The purchaser will be required to sign a Memorandum of Sale incorporating all the terms of the sale.

George J. Shapiro, Trustee

FOR INFORMATION CONTACT:
George J. Shapiro, Trustee

GEORGE J. SHAPIRO LAW OFFICES
1303 Vincent Place
McLean, VA 22101
703-288-1926

26 Antiques

We pay top \$ for antique furniture and mid-century Danish/modern teak furniture, STERLING, MEN'S WATCHES, jewelry and costume jewelry, paintings/art glass/clocks. Schefer Antiques @ 703-241-0790. Email: theschefer@cox.net

21 Announcements

21 Announcements

21 Announcements

REVERSE MORTGAGES

Let Your Home Pay You

800-416-8785

Security One Lending

Based in Virginia • Local to You

www.Age62plus.com

Virginia State Corporation Commission • License Number MC5508

21 Announcements

21 Announcements

21 Announcements

Help for people with

Macular Degeneration

Find out if special glasses can help you see better.

Call for a FREE phone consultation with Dr. Armstrong, Optometrist
offices located throughout Virginia.

(866) 321-2030
Dr. David L. Armstrong LowVisionHelp.blogspot.com

21 Announcements

21 Announcements

21 Announcements

BRANCH OUT

Reach new customers when you advertise through Virginia Press Services' STATEWIDE DISPLAY AD NETWORK!

Place your business card-size ad in more than 65 statewide newspapers and your message will reach more than 500,000 Virginians.
CONTACT THIS NEWSPAPER or Adriane Long, Virginia Press Services, 804-521-7585 or adrianel@vpa.net.

LONG & FOSTER

Reston North Hills/Herndon

1700 Bracknell Drive • Reston, VA 20194

703-435-4900



Lake Coventry, Bealeton
\$674,767
The Best of Both Worlds

Relax, retire or telecommute to this

WATERFRONT PARADISE! Sited on 10 priv acres in this gated community, 8000+ sq ft of quality craftsmanship inc 4 side brick, soaring ceilings, arches, beautiful finishes, main lvl mstr, study, library, Florida rm, service kit, butler pantry, 3-car garage, screened-in porch, deck, workshop w/storage & closets galore! This home lends itself to a variety of entertainment, employment & lifetime options! This horse-friendly community is just 20 minutes to Warrenton, Culpeper, Fredericksburg & Quantico!

Call Min & Jimmy O'Burns 703-437-6110
OBurns@VirginiaHomeForYou.com



Ashburn \$735,000

Every Option is Here!

4BR, 2.5BA cul-de-sac in gated Belmont Country Club. Hardwoods, sunroom, study, bay window, crown molding, tray ceiling, huge deck 2FP, deck on 9th green, sitting room in MBR. Bright and stunning!

Call Leslie Thurman 703-895-6000 or e-mail lesliekthurman@gmail.com



Vienna \$798,000

Great Wolftrap Location!

5BR, 2BA, updated kitchen w/stainless, backsplash & new counters, hardwoods throughout, 2 FP's, deck, patio, huge yard, W/O basement, future METRO minutes away.



Chantilly Gorgeous End Unit \$340,000

TH backing to woods, huge bumpout provides MBR sitting rm, garden style MBA & huge FR/sun rm. Gour kit w/island & cherry cabinets. Big w/i closet in MBR. Wide plank hdwds, upgraded carpet/pad. Custom blinds, recess lights, crown molding, deck. New pool & clubhouse, over 2300 sq ft w/garage.



Arlington
\$299,900
Location, Location, Location!

Totally updated 4th floor 2BR condo in convenient North

Arlington loc. Parquet floors, ceramic tile baths, corian/SS in kitchen, laundry same lvl plus reserved parking! Less than 1 mile to Clarendon and Court House METROS, Market Commons at Clarendon, Whole Foods, Trader Joes and much more. Immediate access to Martha Custis Bike Trail right outside building entrance. Minutes to Rosslyn & DC. It's a lifestyle

Call/Text Trudy Severa
703-623-3998



Oak Hill \$735,000

Sun-Filled!

Inviting colonial w/many recent improvements. 4BR, 3.5BA, library w/custom built-ins, kitchen w/granite and walk-in pantry, screened porch, luxury throughout. Finished lower level, great backyard which backs to trees.

Call Debbie Gill 703-346-1373 or e-mail Debbie.Gill@longandfooster.com



Reston \$398,500

Has it All!

End unit TH featuring 4 oversized bedrooms + 2.5 baths, renovated kitchen, hardwood flooring, replaced carpet, front and rear patios and carport.



Reston \$525,000

Great Single Family Home Opportunity in Reston!

This 3BR, 3.5BA, 3-level charmer offers an updated granite kitchen, updated baths and a large deck for entertaining. Walk to schools, shops, lakes and only 1.5 miles to future METRO.

Call Stephanie Randall
703-989-4577 or e-mail
Stephanie.Randall@Longandfooster.com



North Reston \$1850/month
Fabulous & Available Immediately!

2 story floor plan with over 1500 sq ft of unique living space. 2BR, 2.5BA, huge master bedroom on main level w/double walk-in closet. Master bath w/dual vanities. Open FR w/2 story ceilings, FP, kitchen with breakfast bar. Upstairs another master suite & loft area perfect for an office space or den. Large balcony. Great N Reston location.

Call Marnie 703-509-3107
marnie.schaar@longandfooster.com
www.marnieschaar.com



Ashburn \$629,900

Gorgeous Home, Belmont Land Bay

Exquisite 4BR, 3.5BA home in Belmont Land Bay. Numerous updates throughout. Main level features an elegant kitchen, breakfast nook that opens to cozy deck, family room with volume ceilings, dining room, living room and library. Owner's site includes deluxe bath, walk-in closets and more. Lower level features full bath and walk-up basement, an expansive area awaiting your finishing touches. Gated entry, golf course, outdoor pools and Belmont Country Club are just a few of the compelling amenities in this fabulous community.

Call Ron Rudison 703-862-7535 or e-mail Rudison@aol.com



Reston \$374,900

Elegant Condo at Reston Town Center!

This gorgeous 2BR, 2BA home is just a few steps from Reston's fabulous Town Center. Home features fresh paint, newer paint, newer carpet, hardwood floors and ceramic tile throughout. Cozy balcony surveys woods and parkland. Secure entry, elevator building, underground garage parking, storage and more. Walk to shops, restaurants, theaters and parks. Hurry, your oasis in the city beckons.



Herndon \$439,000

Renovated & Gorgeous!

4BR, 3.5BA brick colonial w/1 car garage, fenced yard, stone patio, hardwoods, FP gourmet kitchen w/SS appliances, granite, designer farm sink & cabinets, stunning baths w/tile & raised bowl vanities. Lower level w/rec rm, 2 dens, built-ins & full BA. New HVAC. Perfect location!

Call Marcy Thomas 703-927-2190
[mathomas8@aol.com](mailto:matham8@aol.com)



Herndon
\$2,500/month
Quiet Neighborhood!
Great Location!

Fine-looking, furnished,

split-level with approximately 1,665 sq ft of living area. 4BR, 2BA, 1-car garage; new 16' x 16' deck. UPPER LEVEL with traditional floor plan; hall closet/pantry; living and dining room combo (and hallway) with bamboo flooring adjacent to kitchen with tile floor; immediate access to large deck. Two carpeted BR & full bath. LOWER LEVEL fully carpeted, 2BR, 1BA, Den/office/family room. Utility room w/W-D and access up to one-car garage. Close to shopping, Worldgate, Toll Road.

Call Virgil Frizzell 703-585-1821 or
virgil.frizzell@longandfooster.com



Reston \$789,000

Just Listed

Smashing 4BR Van Metre home in sought after cluster in North Reston. Fabulous open floor plan w/dramatic designs. Upgrades galore. Gourmet kitchen, main level hardwoods, luxury master suite w/incredible bath & separate closet room. Fin lower level walk up w/rec rm, full bath, bedroom/den, lots of storage.

Call Missy Edmondson 703-932-8484 • missyedmondson@LNF.com



Reston \$889,000

Just Listed

Spectacular 5BR Gulick home w/over 4,000 sq ft situated in a lakeside cluster on a gorgeous .25 acre landscaped private lot w/stone patio. Exciting designs w/soaring ceilings and walls of glass. Wonderful open floor plan for living and entertaining. Grand master suite w/sitting rm, large gourmet kitchen, main level library w/built-ins. Lower level w/walk up, rec rm w/FP, exercise rm, full guest suite, and office.



Reston \$535,000

Coming Soon!

Large 4 BR 3.5BA home backing to woods with HW floors, granite counter-tops, huge deck and w/out lower level.

Call Pat Orend 703-407-3300
pat.orend@lnf.com



"I work hard for my agents so they can work hard for you!"

— Anita Lasansky, Managing Broker

www.Reston-Herndon-Homes.com

1-800-296-2593

