

and Oakton  
**Vienna**  
**CONNECTION**

Fairfax Symphony Orchestra Music Director and Conductor Christopher Zimmerman conducts members of the American Youth Philharmonic Orchestras in a special side-by-side rehearsal with 28 members of the Fairfax Symphony Orchestra on Feb. 25 at the Vienna Presbyterian Church.

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PHOTO BY DEB COBB/THE CONNECTION

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PHOTOS BY DEB COBB/THE CONNECTION



**J. D. Anderson, of the American Youth Philharmonic Orchestras conducts a side-by-side rehearsal of his Concert Orchestra with 28 members of the Fairfax Symphony Orchestra on Feb. 25 at the Vienna Presbyterian Church, for a special performance of the group on February 26.**

## Sounds of Excellence

**American Youth Philharmonic Orchestras play with members of the Fairfax Symphony Orchestra at Vienna Presbyterian Church.**

**O**n Saturday, Feb. 25, members of the American Youth Philharmonic Orchestras had a rare opportunity to rehearse with 28 members of the Fairfax Symphony Orchestra in preparation for a side-by-side performance on Feb. 26 at Vienna Presbyterian Church. Comprising primarily middle school and high school students, members of the Concert Orchestra and Philharmonic Orchestra performed a program titled, "Fate's Fortune."

"The two organizations, The American Youth Philharmonic Orchestras and the Fairfax Symphony Orchestra have a long collaborative history," said Executive Director of the American Youth Philharmonic Orchestras, Jack Walton, "but side-by-side performances such as this are rare."

"It is exciting and fun and we hope it is educationally meaningful for students to be playing side-by-side with professionals. I'd like to do it more," said Fairfax Symphony Orchestra Music Director and Conductor Christopher Zimmerman of the collaboration.

For more information about the American Youth Philharmonic Orchestras, go to their website [www.aypo.org](http://www.aypo.org). Information about the Fairfax Symphony Orchestra can be found at [www.fairfaxsymphony.org](http://www.fairfaxsymphony.org).

— DEB COBB



**J. D. Anderson, of the American Youth Philharmonic Orchestras, conducts a side-by-side rehearsal of his Concert Orchestra with 28 members of the Fairfax Symphony Orchestra.**



**Sam Kesting of Springfield (left) and Sean Lim of McLean, members of the American Youth Philharmonic Orchestras, take notes during a rehearsal with 28 members of the Fairfax Symphony Orchestra under the direction of Fairfax Symphony Orchestra Music Director and Conductor Christopher Zimmerman on Feb. 25 at Vienna Presbyterian Church.**



PHOTOS BY DONNA MANZ/THE CONNECTION

**Donatos offers local schools and nonprofit organizations fundraising tools.**

## Donatos Comes to Vienna

**Vienna franchise first of dozens to open in Northern Virginia.**

BY DONNA MANZ  
THE CONNECTION

**E**vidently, a lot of Vienna people have been watching the build-out of the newly-opened Donatos pizza and sub restaurant in the Danor Shopping Center. The restaurant is packed every evening with in-house diners and carry-out purchasers since opening in late February. In the industry, Donatos is known for its edge-to-edge pizza toppings, something the Vienna store's manager extols. That and the corporate philosophy of providing top-notch customer service to every customer, store manager Jeremy Watson said. The restaurant offers sit-down dining, carry-out and delivery.

Danny Finan's parents bought a Donatos pizza the day after the restaurant opened and on the third day, Danny Finan was in to pick up an order, as well. "My parents said it was amazing," said Finan. "My dad knows pizza. He's a big boy."

Donatos was founded in Columbus, Ohio, in 1963 and quickly became a college favorite. Even in the Vienna area, Ohio alumni come in for a trip down memory lane, so to speak. The large pepperoni pizza comes with 100 slices of pepperoni on each one. The sausage comes from an original family recipe, and pizzas are cut into little squares. An individual-sized pizza starts at \$5.99, the medium at \$10.99 and large at \$13.99. They are "famous" for their thin crust pizza, Watson said.

There's more than just pizza in this brightly-lit sit-down restaurant. Donatos sells subs, salads, side dishes including chicken wings and dessert, and



**Jeremy Watson, general manager of Vienna Donatos, transferred from Columbus, Ohio, to open the Vienna restaurant.**

serves every age demographic from toddler to senior. The 45-member staff is mostly local residents, with a splattering of Madison High School students among them.

The Abel family of Vienna – Blake, Shellie and John – said they are in the Danor Plaza area frequently and watched Donatos take shape. When they saw the grand opening sign, they stopped in for dinner.

"We love pizza," said dad, John. "This is very good, fresh-tasting, not out-of-the-can. The service is excellent." Son Blake said the family was surprised that, in a casual restaurant, the staff came by to check on the table. "Everyone is well-trained," Blake Abel said.

**THE PIZZA OVENS** are unique in that the temperatures are segregated according to pizza type. There's a rack for thin crust, another for thick crust. There's a rack for single topping pizzas and a rack for multiple topping pizzas.

"What the customer orders is

SEE OHIO PIZZA, PAGE 13

# THE COUNTY LINE

**Former Virginia Gov. Tim Kaine, who is campaigning for the U.S. Senate seat vacated by Democrat Jim Webb, visited Multivision in Fairfax on Thursday, Feb. 23. He spoke with students and staff, and said he was motivated to visit the workforce development company after meeting founder and president Srikanth Ramachandran (right) last fall.**



PHOTOS BY VICTORIA ROSS/ THE CONNECTION

## Kaine Touts 'Talent Economy'

**In bid for U.S. Senate seat, Kaine holds economic roundtables.**

BY VICTORIA ROSS  
THE CONNECTION

**D**uring a campaign stop at a Fairfax workforce development company on Thursday, former Virginia Gov. Tim Kaine (D) emphasized the need to foster a "talent economy" that will reboot America's drive to the top of the economic ladder.

Kaine spoke to about 50 staff and students at Multivision, Inc., an information technology (IT) consulting company, about giving American workers opportunities to acquire 21st century technical skills to keep pace with the evolving demands of global employers.

"I really believe - big-picture, national-policy now - that America will be stronger if we win the talent war, and we will have problems if we lose the talent war, to put it bluntly," Kaine said.

**THE VISIT** was one of several economic roundtables Kaine has been holding across the state in his bid to fill the seat vacated by Democratic U.S. Sen. Jim Webb. Kaine is being challenged by former Republican Governor George Allen.

Kaine said his focus on "talent issues," means three things: ensuring that education systems are world class from pre-K to higher-education; providing opportunities for retraining and workforce development; and an immigration system that allows the best and brightest to come to America to create jobs and contribute to the economy.

"For many years our country was number one in the world in percentage of our adult population getting some kind of degree after high school, but today we're 16th and we're slipping," he said.

Kaine told the group that Multivision caught his attention last fall when he met founder and president Srikanth Ramachandran, who came to America 14 years ago from India to pursue the "American Dream." Kaine said he was impressed that, since 2009, Multivision has provided training and job coaching that resulted in jobs for more than 45 unemployed Americans.

"What you're doing here at Multivision is a wonderful bridge for people who have the talent and desire, but not always the sufficient skills to be successful," Kaine said, adding that bridging the gap requires a scaled-up partnership between business, government and educational institutions.



**Former Virginia Gov. Tim Kaine, who is campaigning for the U.S. Senate seat vacated by Democrat Jim Webb, visited Multivision, Inc. in Fairfax on Thursday, Feb. 23. He spoke with student Charles Snow about the need to build a "talent economy."**

Now a U.S. citizen, Ramachandran said he started the Fairfax-based Multivision in 2002; by 2007, the company employed 200 people and netted \$32 million a year. But when the economy started to sputter in late 2008, Multivision struggled to find veteran talent in the rapidly evolving IT industry.

"We were astounded to find out how many unemployed did not have skills in the latest technologies. There was a huge gap between their skills and the required skills," Ramachandran said. "There was clearly a need to retrain workers in the latest technologies."

The company tackles unemployment by providing free, full-time IT programming to unemployed and underemployed during an intense 8-week, 40-hour program that Ramachandran described as "much like a boot camp."

"We provide training across different age-groups and ethnicity. About 40 percent of our students are above 50...The success of our training model depends on constant retraining," he said.

Ramachandran said it was "a pleasant surprise to talk to politician who is totally in touch with reality. I was impressed by his humility, intellect and clear understanding of the unemployed."

Kaine said one of the most common stories he hears in his travels across the Commonwealth is from unemployed workers who have a degree but not the advanced technology skills to find a job.

**KAINE DESCRIBED** a recent visit to a Kraft Foods plant in Winchester, where he talked to a manager who said he had five jobs available but could not find someone with the right skills to hire.

SEE KAINE, PAGE 5



PHOTO CONTRIBUTED

**Michael Artson, chief planner with the County's Neighborhood and Community Services (NCS) Department, shows his appreciation for the record amount of donations when the bus was parked at the McLean Giant.**

## The Bus Was Stuffed

**Local food pantries receive record donations from 2nd annual Stuff the Bus campaign.**

BY VICTORIA ROSS  
THE CONNECTION

**F**airfax County's second annual Stuff the Bus campaign roared to the finish line last week, collecting more than 25,604 pounds of food and \$3,483 - a 26 percent increase in food, and a 236 percent increase in cash over 2011 totals.

All donations went directly to local nonprofit organizations that help feed needy families and individuals in the Fairfax-Falls Church Community.

"The residents of Fairfax and our partners, like MV Transportation and Frank & Co., have really come out in support of the food pantries this year," said

SEE DONATIONS, PAGE 5

### FOOD TOTALS FOR STUFF THE BUS CAMPAIGN

#### JANUARY 16

Mount Vernon Plaza Shoppers Food Warehouse  
7660 Richmond Highway, Alexandria  
1,320 pounds of food was collected and donated to United Community Ministries.

#### JANUARY 21

Vienna Giant  
359 Maple Avenue East, Vienna  
1,198 pounds of food was collected and donated to Committee for Helping Others.

Village Center at Dulles Shoppers Food Warehouse  
2425 Centreville Road, Herndon  
1,907 pounds of food was collected and donated to Reston Interfaith.

#### JANUARY 28

Fox Mill Giant  
2551 John Milton Drive, Herndon  
1,746 pounds of food was collected and donated to Helping Hungry Kids.

Lorton Giant  
8941 Ox Road, Lorton  
2,158 pounds of food was collected and donated to Lorton Community Action Center.

#### FEBRUARY 4

McLean Giant  
1454 Chain Bridge Road, McLean  
6,221 pounds of food was collected and donated to Share, Inc.  
Clifton Giant  
5740 Union Mill Road, Clifton  
3,487 pounds of food was collected and donated to Western Fairfax Christian Ministries.

#### FEBRUARY 11

Fair City Mall Shoppers Food Warehouse  
9622 Main Street, Fairfax  
2,708 pounds of food was collected and donated to Food for Others.  
Kingstowne Giant  
5870 Kingstowne Blvd., Alexandria  
1,574 pounds of food was collected and donated to Koinonia Foundation.

#### FEBRUARY 18

Fair City Mall Shoppers Food Warehouse  
9622 Main Street, Fairfax  
2,009 pounds of food was collected and donated to Our Daily Bread.  
Seven Corners Center Shoppers Food Warehouse  
6360 Seven Corners Center, Falls Church  
1,274 pounds of food was collected and donated to Falls Church Community Service Council.



PHOTO BY VICTORIA ROSS/THE CONNECTION  
**Former Virginia Gov. Tim Kaine.**

# Record Donations Stuff The Bus

FROM PAGE 4

Michael Artson, chief planner with the County's Neighborhood and Community Services (NCS) Department, one of the food drive's organizers.

The annual campaign is a partnership between NCS, Fairfax County's Office of Public Private Partnerships (OP3) and MV Transportation Inc., which operates the FASTRAN buses and provides volunteers, as well as local grocery

store chains Giant and Shoppers Food Warehouse.

"In our first year, 2011, we collected more than 20,000 pounds of food valued at more than \$34,000; the total value of the food, goods and services donated by all the public and private partners was valued at more than \$56,000," said Patricia Stevens, executive director of OP3.

She said the "Stuff the Bus" campaign is intentionally scheduled between Martin Luther King Day

in January and Presidents Day in February, because donations typically decrease during the first few months of the new year, after the seasonal dose of good will.

Many Fairfax County pantries, including Our Daily Bread, FACETS, the Lorton Action Community Center and Food for Others, report that during the fall and holiday season, food pantries are stocked and brimming with donations from the community.

"But by February, our supplies

are often running low even though the need for food is greater than ever," said Lisa Whetzel, executive director of Our Daily Bread in Fairfax.

She said ODB collected 2,000 pounds of food and more than \$500 in cash and grocery cards when Stuff the Bus was parked at Shoppers Food Warehouse at Fair City Mall on Feb. 18, and much of the food went directly to clients the next day.

# Kaine Comes to Area

FROM PAGE 4

"There are a lot of companies that have manufacturing jobs and want to hire. I hear from people who say they know how to work the machines, but companies want to hire people to program the machines, so the old skills are not sufficient. This is what made me want to come to MultiVision," Kaine told the group.

Kaine said he was particularly moved by the story of a 55-year-old man he met that afternoon who is completing Multivision's training program.

"That was a poignant story. This man is unemployed and his son is going to Thomas Jefferson High School for Science and Technology. That is the kind of talent story we should be telling," Kaine said.

Instead, he said the Virginia talent story is getting obscured by the GOP's focus on social issues.

"I am worried...Are we really talking about the legality of birth control," Kaine said after his visit to Multivision.

"This is no time to be complacent about the economy. When I said to the group that Virginia went from 38th in the nation (in per capita income) to being 7th, it's clear we didn't excel by getting bogged down in divisive social issues."

Kaine noted that when he was governor from 2006 to 2010, companies such as Northrop Grumman and Volkswagen of North America, decided to headquarter in Virginia, mainly because of people and talent.

"What I hear from our business leaders and owners is that they are tired of partisan games and distractions causing uncertainty and making it hard to be successful," Kaine said in a recent conference call with reporters.

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## State Shirks Transportation Responsibility

BY SHARON BULOVA  
CHAIRMAN OF THE BOARD  
AND JEFF MCKAY  
LEE DISTRICT SUPERVISOR AND TRANSPORTATION COMMITTEE CHAIRMAN

### COMMENTARY

Maybe we should rename our County The Bank of Last Resort. At our Board of Supervisors retreat in early February, board members and staff discussed the tools available to local government to narrow the chasm between growing needs and shrinking resources. As the state and federal governments continue to slash programs and funds to localities, the needs in areas like human services, education, public safety, and transportation continue to grow.

Fairfax County is at ground zero in all these areas. We're home to a growing population of seniors in need of basic services; our top notch schools are growing fast; and our first responders keep our community safe despite being asked to do more with less.

The current debate over transportation responsibilities is instructive. The Commonwealth of Virginia has primary transportation responsibilities that go back to the years of the Great Depression when the state took on all public road maintenance and construction for all counties except for Arlington and Henrico. In recent years, we've seen the fraying of this traditional responsibility and core function of state government as the state's failure to act has left many of our most well-traveled roads in deplorable condition. Saying, "Can't afford it anymore, it's your problem" seems to be the General Assembly's solution. That's not reasonable and it's certainly not responsible governance.

The current proposals in the General Assembly are either devolution-lite or the camel's nose under the tent. Either way, they amount to an abdication of the state's moral and legal responsibility to maintain our roads. Any effort by the state that does not result in a long-term dedicated revenue stream is a decision

to sidestep our transportation challenges. Fairfax County should not be forced to choose between its citizens' important needs simply because the state government is looking to take the easy way out. And keep in mind — as Fairfax County's fortunes go, so goes the Commonwealth. Our economic vitality supports and funds the rest of the state. A crumbling transportation infrastructure here will ultimately show up on the wrong side of the ledger downstate.

As elected leaders, we have the responsibility to listen and respond to the needs of our constituents. Time after time we hear that transportation is one of our residents' top concerns and key to our economic fortunes. Fairfax County has a creative and solutions-oriented local government. We believe that our transportation problems can be solved. Identifying a dedicated transportation revenue stream is the first and most important step in finding that solution and we ask that the Governor and the General Assembly meet their responsibility and identify that stream.

### LETTERS TO THE EDITOR

#### Wolf's Crusade Article

To the Editor:

Alex McVeigh's article on Rep. Wolf's book "Prisoner of Conscience" ["Wolf's Crusade," Connection, February 15-21, 2012] is very much worth acknowledging as his constituents and other constituents of neighboring districts are not well informed about Rep. Wolf's commitment to this issue of global human rights. I have lived here in Northern Virginia for 30 years and that is how long Rep. Wolf has been in Congress representing the 10th district. It is also parallel to my 30 years of citizen activism and being a responsible citizen. Through the years I have lived in Arlington, Oakton and Reston. Rep. Wolf has been my congressman for many of those years. Due to boundary changes etc, I am not in the 10th District now. Our citizen advocacy organization has worked closely with Rep. Wolf over these 30 years. We recall his life changing visit to Ethiopia and how we were very proud of him. He has supported programs of UNICEF and Child Survival funding that really make a difference.

In 1984, in the "State of the World's Children Report" published annually by UNICEF, the number of child deaths (preventable) was 40,000 daily. In these past 30 years the number currently according to UNICEF is down to 24,000 daily. That is still a scandalous number but also shows progress in fighting human rights violations of hunger and disease that is preventable. Rep. Wolf says in your article that back in the '80s

there was more bipartisan support for human rights in Congress than he sees now. Isn't that shameful that "partisan politics" negates the commitment we all have to such fundamental rights.

**Len Chorazy**  
RESULTS Coordinator, Virginia  
Reston

#### Equal Human Rights for All

To the Editor:

The most recent edition of The Connection [Feb 15-21, 2012], included an article about Rep. Frank Wolf's humanitarian crusade, and highlighted a book he has written about his experiences. Rep. Wolf's work is exemplary, and worthy of our praise. However, it behooves me to point out a glaring void in Mr. Wolf's work: as strong an advocate for human rights as Mr. Wolf has been, he has been an equally staunch opponent of equal human rights for gays and lesbians here in this country.

The Connection article ends with a quote from Rep. Wolf:

"The Declaration of Independence says all men are created equal, and have a right to life, liberty and the pursuit of happiness," he said. "I think when we advocate and speak out, it really can make a tremendous difference to people all over the world, as we would want someone to do if we were in the same situation."

I would say to Rep. Wolf, we ARE in the same situation. A large group of Americans, who are expected to pay taxes and adhere to

the laws of this land, are consistently being denied the most basic privileges and protections of those laws. The Declaration of Independence says "all" men, not just those that you prefer. I urge Rep. Wolf to consider his own words, and follow the course that he himself advocates for other countries. Be a true humanitarian, Rep. Wolf, not a selective one.

**Sarah O'Neil**  
Great Falls

#### The Contraceptive Controversy

To the Editor:

The federal rule requiring that large employers cover contraceptive services prompted an outcry. Arguing in the name of religious liberty, religious leaders argued that the requirement violates their First Amendment rights. This argument is misguided for a number of reasons. Contraceptives play an important role in women's health and religious liberty does not extend that far.

Religious liberty does not allow religious groups the freedom not to follow rules or laws that have compelling benefits to society. For example, religious liberty did not exempt religious groups from laws that ban the practice of polygamy (*Reynolds v. US*, 1878) and did not allow Native Americans who used peyote in religious ceremonies to be exempt from employment rules against drug use (*Employment Division of Oregon v. Smith*, 1990).

Conservatives argue that religious groups that object to contra-

ceptives should not be required to pay for it. This argument is also misguided. We are all required to pay taxes and in turn inadvertently support policies we don't agree with. Co-pays act as a deterrent for the insured — especially the low income. Inability to pay for contraceptives could result in a range of detrimental health consequences and choices that are more objectionable than contraceptives.

The Obama administration compromised when the first version of the rule caused controversy. The new version requires that insurers not charge more for plans that cover contraceptives, to avoid requiring direct payment by a religious institution of coverage they find objectionable. While this was welcomed by the insurance industry, it was called an "accounting gimmick" by those who continue to rally against required contraceptive coverage. Religious leaders are still free to preach against contraceptive use. Since insurers and doctors are providing the service, not religious leaders, there is no interference with religious liberty. Religious women are also free to refuse the service for any reason. However, since large employers employ women from a range of faiths contraceptives should be a covered benefit.

Title VI of the Civil Rights Act prohibits sex discrimination. Since contraceptives are exclusive to women it is inarguable that this is a women's issue. To prevent these medicines from being as readily available as any man's medicine violates our nation's anti discrimination laws.

**Rebecca Small**  
Herndon

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## THURSDAY/MARCH 1

**Company of Thieves.** 7:30 p.m. Jammin' Java, 227 Maple Ave E Vienna. [www.jamminjava.com](http://www.jamminjava.com).  
**"Three Bears."** 12 p.m. 1st Stage, 1524 Spring Hill Road, Tysons Corner. A brand-new play with a comedic twist on the classic fairy tale sends the Three Bears and a golden-haired friend on an a cappella musical adventure. Fast-paced fun for age 5 and up. Tickets \$15 at [www.1ststageTysons.org](http://www.1ststageTysons.org) or 703-854-1856.  
**Making, Marketing, and Collecting Art in the 21st Century.** 7 p.m. McLean Project for the Arts, 1234 Ingleside Ave., McLean. With Jay Barrows, curator for the Sydney and Frances Lewis Private Art Collection in Richmond. Free. Reserve at [info@mpaart.org](mailto:info@mpaart.org) or 703-790-1953.  
**Peter Yarrow with Mustard's Retreat.** 8 p.m. The Barns at Wolftrap, 1551 Trap Road, Vienna. Folk music. \$25. [www.wolftrap.org](http://www.wolftrap.org).

## FRIDAY/MARCH 2

**Family Skate Night.** 6:30-8 p.m. Vienna Community Center, 120 Cherry St., Vienna. Admission \$1. Bring your own roller skates or inline skates (no scooters) and safety equipment. Parents required to stay with their children. 703-255-6360 or [www.viennava.com](http://www.viennava.com).  
**Anais Mitchell CD Release and Rachel Ries.** 7 p.m. Jammin' Java, 227 Maple Ave E Vienna. [www.jamminjava.com](http://www.jamminjava.com).  
**"Seussical, the Musical."** 7:30 p.m. Oakcrest School, 850 Balls Hill Road, McLean. With all your favorite Dr. Seuss characters. \$10 adult, \$5 student. 703-790-5450.

## SATURDAY/MARCH 3

**Ballet Folklorico De Antioquia, Colombia.** 8 p.m. George Mason University's Center for the Arts Concert Hall, 4400 University Drive, Fairfax. Sharing the richness and diversity of Colombian culture through authentic music, ritualistic dance, and physical theater accentuated with brilliantly-colored costumes. \$23-\$46. [www.gmu.edu](http://www.gmu.edu).  
**Fairfax Chocolate Lovers Festival.** Various locations in Old Town Fairfax. The Taste of Chocolate, featuring chocolate vendors selling their wares; the Chocolate Challenge, an arts extravaganza where the medium is chocolate; the Kiwanis Pancake Breakfast featuring chocolate chip pancakes, historic reenactments, children's activities, open houses at historic buildings and more. [www.chocolatefestival.net](http://www.chocolatefestival.net).  
**"Seussical, the Musical."** 11 a.m. and 7:30 p.m. Oakcrest School, 850 Balls Hill Road, McLean. With all your favorite Dr. Seuss characters. \$10 adult, \$5 student. \$30 per family. Cast and crew talk-back after the matinee. 703-790-5450.  
**"Three Bears."** 12 p.m. 1st Stage, 1524 Spring Hill Road, Tysons Corner. A brand-new play with a comedic twist on the classic fairy tale sends the Three Bears and a golden-haired friend on an a cappella musical adventure. Fast-paced fun for age 5 and up. Tickets \$15 at [www.1ststageTysons.org](http://www.1ststageTysons.org) or 703-854-1856.  
**Buskin & Batteau.** 7:30 p.m. The Barns at Wolftrap, 1551 Trap Road, Vienna. Folk duo. \$22. [www.wolftrap.org](http://www.wolftrap.org).

SEE ENTERTAINMENT, PAGE 11

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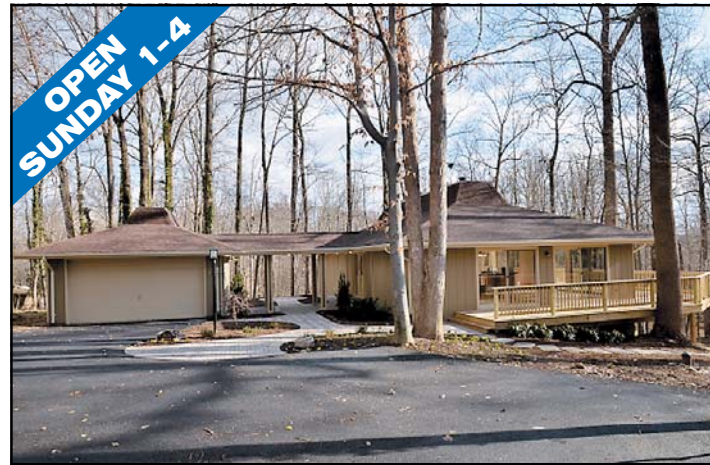
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## ENTERTAINMENT

# Monte Carlo Without the Passport

Annual Chamber gala goes for the “chi-chi” look.

The Vienna area gets an opportunity to don its fanciest duds, do some gaming, sample foods from the area’s most popular restaurants, bid on classy auction prizes, listen to party music, drink from lit-up bar glasses and win raffle prizes on Saturday, March 3. Also known as Casino Night and Taste of the Town, “Monte Carlo” night brings out the James Bond and Bond girl in everyone. Sponsored by the Vienna/Tysons Regional Chamber of Commerce (VTRCC), the annual gala at Westwood Country Club in Vienna draws community and, even, out-of-towners looking for a special night out.

“It’s a night that everyone can come together for an evening of adult fun,” said Casino Night chair, Tana Keffee. “You can eat, gamble, converse, and taste multiple types of food.”

Each guest receives, upon admission, a goody bag filled with VTRCC gaming currency, souvenirs and two drink coupons. Winnings are converted to tickets that are

used for raffle prizes. The silent auction takes real U.S. tender.

With a Monte Carlo theme, guests are invited to come as “chi-chi” as they want, said Keffee. “It’s anywhere from cocktail to black-tie.” Men in tuxes and women in gowns are anticipated.

“It’s a great opportunity to gamble with money that’s not yours,” said VTRCC vice president of fundraising, Diana Carlin. “You can put \$5,000 on the table and not panic.”

“You can win prizes with your earnings and bid on auction donations. How often do you get to say, ‘let it ride.’”

**NEW THIS YEAR TO CASINO NIGHT** are slot machines and lighted gaming tables. Gamblers can bet at two craps tables, one roulette table, two Texas Hold’ems, a wall of slots and 18 blackjack tables. Volunteers act as dealers during the evening. Fitness Together is the 2012 title sponsor.

Seventy-five percent of attendees return to Casino Night year after year, said Keffee.

VTRCC Casino Night and Taste of the Town, Monte Carlo-style, runs from 7:30 p.m. to midnight, at Westwood Country Club, 800 Maple Ave. East. Ticket price includes two drink tickets, \$25,000



PHOTOS BY DONNA MANZ/THE CONNECTION

**Casino night guests enjoy camaraderie, gambling, food samples, drinks, a silent auction and raffle prizes at VTRCC’s annual gala. The 2012 theme is Monte Carlo. Pull out the tuxes and gowns and pretend you’re in a 007 movie. The gala, at Westwood Country Club, is on Saturday, March 3.**

in “gaming cash” and food tastings from as many as 15 local restaurants. Food tables offer Mexican, steak, dessert, pizza and hot dogs, and Lebanese, Italian and Greek small-bites among the assortment of choices.

VTRCC sells tickets directly from its website – www.vtrcc.org – at a

discounted price of \$85; tickets per person are \$95 at the door. Casino Night tickets may be bought at VTRCC offices, 513 Maple Avenue West, 2nd Floor, by noon on Thursday, March 1.

Keffee calls Casino Night a night of “fun and smiles.”

“It’s worth coming out to one of

**VTRCC’s 2011 Casino Night centered on a western theme. The food, however, ran the gamut from American to ethnic, forks to grab-and-go. The 2012 Monte Carlo night is on Saturday, March 3.**

the community’s more comprehensive events,” said Keffee.

Carlin refers to Casino Night as an event reflective of the town.

“That’s the nice thing, really, it’s about community,” she said.

— DONNA MANZ



## Frank Ferrante In An Evening with GROUCHO

Saturday, March 3, 8 p.m.

\$25/\$18 McLean district residents

Frank Ferrante’s outrageous, hilarious and uncanny portrayal of legendary comedian Groucho Marx is loaded with the best Groucho one-liners, anecdotes and songs, including “Hooray for Captain Spalding” and “Lydia, The Tattooed Lady.”

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**Colvin Run Mill volunteer Tom Milton, of Vienna, keeps watch over the steaming cauldron boiling down ten gallons of sap at a time. Ten gallons will produce about one pint to one quart of maple syrup.**

**Guests bundled up for the cold to watch the maple syrup boil-down demonstration at Colvin Run Mill.**



PHOTOS BY DONNA MANZ/THE CONNECTION

## Colvin Run Mill Turns Sap to Syrup

In February, mill presented two maple syrup boil-downs to public.

Colvin Run Mill is not in Vermont nor are its maple trees “sugar” maple, but the park’s demonstration of a maple syrup boil-down harkens back to the simple ways of country living. For two Sundays in February, Colvin Run Mill hosted open-to-the-public presentations and sampling. Cornmeal ground at the mill was the foundation of the cornbread served with a river of freshly-thickened maple syrup.

Volunteers kept the cauldron boiling over an open fire and another volunteer, braving the blustery cold, described the step-by-step process, from tapping the trees, gathering the sap, and boiling it to a viscous reduction.

The maple trees at Colvin Run yield a sap that is boiled down in a ratio of 60 to 1; sugar maple trees produce a thicker sap. Depending on the type of tree tapped, it takes anywhere from 40 gallons to 60 gallons of sap to boil down to one gallon of syrup, and on the average, a tree will release 15 to 25 gallons of sap from each tap.

Sap begins to run when night-time temperatures dip to the low to mid-twenties or colder and day-time

temperatures reach the high 30s.

As cold and windy as it was on Feb. 12, families stood outside watching the demonstration or standing closer to the fire for warmth. Parents appeared more attentive to the verbal presentation than did their children, but the children enjoyed the fire and the samples.

“I try to find as many things to do in the area,” said Vienna mom Alex Berry, at the boil-down with her two daughters, Sabrina and Elliott, and her husband, David. Berry said the family learned that it takes a “sensitive” amount of sap to make a single gallon of maple syrup. She also learned it’s not a good idea to boil sap down in the kitchen because the steam may discolor walls and ceiling.

Inside the barn, school-aged volunteers spooned maple syrup over chunks of cornbread for guests to try. It was a tasty way to take shelter from the cold.

Colvin Run Mill Historic Site, operated by the Fairfax County Park Authority, is a working mill more than 200 years old. It sits at the corner of Leesburg Pike and Colvin Run Road, Great Falls. Throughout the year, the mill hosts events for children, adults and families, from music to historical perspective and summer camp for children. To learn more about Colvin Run Mill, go to <http://www.fairfaxcounty.gov/parks/crm/> or call 703-759-2771.

— DONNA MANZ



## Here’s What’s Happening at MCC

**The Marx Brothers in Duck Soup**

introduced by Frank Ferrante  
Friday, March 2, 8 p.m.  
\$8/\$5 district residents



Frank Ferrante in  
**“An Evening with Groucho”**

Saturday, March 3, 8 p.m.  
\$25/\$18 MCC district residents

Take a Day Away!  
**2012 Philly Flower Show**

Monday, March 5  
\$132/\$127 MCC district residents

**Sunday Soiree Dance**

“Wear Your Green”  
Sunday, March 11, 3 p.m.  
Admission: \$5 at the door

Concerts @ the Alden  
**Pro Musica Washington**

Sunday, March 11, 3 p.m.  
Free admission

An Alden Theatre Production  
**“Revenge of the Space Pandas”**

Sat. & Sun., March 17, 18, 24 & 25, 3 p.m.  
\$10/\$8 MCC district residents

Classics of the Silent Screen Film Series  
**Lillian Gish in**

**Ophans of the Storm**

Directed by D.W. Griffith  
Wednesday, March 21, 8 p.m.  
\$10/\$6 MCC district residents

**The McLean Community Center**  
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703-790-0123, TTY: 711  
[www.mcleancenter.org](http://www.mcleancenter.org)





# Fairfax County Public Schools: Food and Nutrition News

Coming in March: Go Inside the Classroom with Teachers

## Recognized for Food Safety

Food safety and sanitation are critical processes that require strict procedures and training. All FCPS food service managers have successfully completed the Fairfax County Sanitation Certification requirements and a manager training course. As a second safety measure, all FCPS schools have implemented a Hazard Analysis Critical Control Point (HACCP) program, which requires managers to follow a purchased food product from the moment the food is received to the time it is served to ensure proper handling and temperature control. The Fairfax County Board of Supervisors recognized the Office of Food and Nutrition Services for maintaining the highest levels of food safety and cleanliness in its food preparation areas.

## Healthy School Environment Starts with Nutritious Meals and Exercise

What are your memories of school lunches? Today's students look forward to lunch not just because they're hungry, but because of the variety of foods offered: baked chicken, fish tacos, pork egg rolls, spaghetti, hummus, whole wheat pretzels and yogurt, chef's salad with tuna, assorted fruits and vegetables, and much more.

Fairfax County Public Schools (FCPS) is recognized as a leader in creating a healthy school environment by teaching children about the importance of eating a variety of healthy foods and getting regular exercise.

The U.S. Department of Agriculture established the HealthierUS School Challenge (HUSSC) award to recognize schools that have created healthier school environments through promotion of nutrition and physical activity. This year 160, or more than 80 percent, of FCPS schools will receive the HUSSC award for enhancing the quality of school meals, increasing physical activity, and providing nutrition education to students.

said Penny McConnell, RD, Director of Food and Nutrition Services.

"We value the important role we play in our students' nutritional well-being and contribution to the reduction of childhood obesity," she said.

FCPS' Food and Nutrition Services program also places special emphasis on purchasing locally grown seasonal produce and supporting school learning gardens.

"We've talked to different groups within our community and share their desire to offer a wide variety of locally grown foods on our menu," said McConnell.

More than 30 FCPS schools have planted learning gardens that provide spring and fall produce for school lunches as well as a great learning experience for students.

A wellness policy guides FCPS Food and Nutrition staff as they develop programs in nutrition education and physical education, determine nutrition guidelines for all foods served during the school day, and create activities that promote student wellness.

In addition, staff from FCPS' Food and Nutrition Services visit classrooms and work with teachers to educate students about the benefits of good nutrition, kids' cooking activities and healthy snacks. FCPS hosts health fairs to show students and parents how to make healthy food choices and how to increase physical activity.



## Getting To Know Us

*FCPS Operations Coordinator, Food and Nutrition Services*  
**Amy Hubal**

Seeing the smiling faces of students as they go through the lunch line is one of the perks of the job for Amy Hubal, Operations Coordinator in Food and Nutrition Services.

Hubal supervises the eight central distribution centers, or central kitchens, for the school district. The distribution centers prepare and deliver food to more than 200 schools and community organizations on a daily basis.

Her passion for food began at an early age, working in the restaurant business when she was 16.

"I enjoy feeding my family and friends and I am fortunate to be able to work with food for my job as well," she said. "Everyone loves to eat and preparing healthy food is so rewarding."

Hubal is interested in the process of garden-to-table and educating others about how to have a healthy relationship with food.

"Learning to grow and prepare food is a life-long skill that promotes health and wellness," she said.

Hubal serves on the district's menu committee helping to develop new recipes for Food and Nutrition Services.

The one aspect of Hubal's job she enjoys most? Her team of 180 staff, 24 managers, and 32 van drivers.

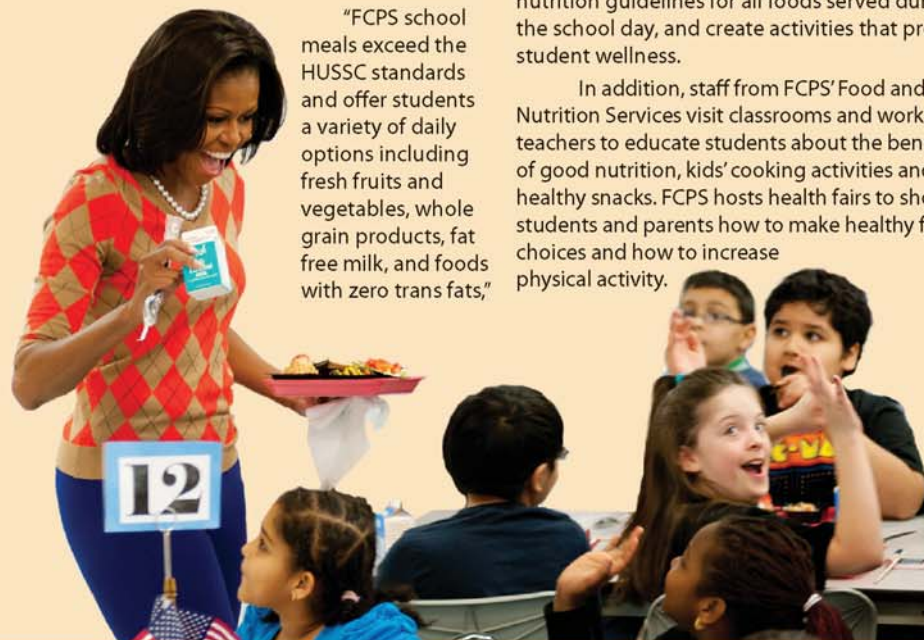
"I work with a dedicated, hard-working team of nutritional professionals that really care about what they do and the impact they make on a student's school day."

Want to learn more about FCPS school nutrition? Visit [www.fcps.edu](http://www.fcps.edu) and click on the A-Z index for Food at School.

## Learn the 9-5-2-1-0 Zip Code for Your Health

- 9** Get 9 hours of sleep each night
- 5** Eat 5 servings of fruits and vegetables each day
- 2** Limit screen time to no more than 2 hours each day
- 1** Get at least 1 hour of exercise each day
- 0** No sugary drinks

*Right: First Lady Michelle Obama visited Parklawn Elementary School in Alexandria recently to unveil new federal standards for school meals which will require reducing sodium and fat levels, and increasing fruits, vegetables, whole grains, and legumes in school lunches and breakfasts.*



"FCPS school meals exceed the HUSSC standards and offer students a variety of daily options including fresh fruits and vegetables, whole grain products, fat free milk, and foods with zero trans fats,"

## Providing Nutritious Meals to Students, Community

Food and Nutrition Services employees take pride in preparing and serving more than 140,000 meals each day. Eight distribution centers (central kitchens), two secondary school production kitchens, a vending center, a central warehouse, and elementary, middle, and high school finishing kitchens, under the direction of highly trained managers, provide nutritious meals in all public schools and centers. Free and reduced-price meals are provided to needy students. In addition, food is catered to day care locations, senior citizen programs, Alzheimer centers and Meals on Wheels.

"Meals are planned by registered dietitians to reflect the 2010 Dietary Guidelines for Americans," said McConnell. "But we also make sure that the menus reflect student cultural and personal preferences by conducting monthly student taste parties. Our goal is to plan menus that are affordable and provide students with several nutritious choices that they will select and eat."

## Food and Nutrition Services Revenue Sources



This year's State of Schools Report courtesy of Apple Federal Credit Union



[www.AppleFCU.org](http://www.AppleFCU.org)  
703-788-4800



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# ENTERTAINMENT

FROM PAGE 7

**Celtic Woman.** 8 p.m. George Mason University Patriot Center, 4500 Patriot Circle, Fairfax. Celtic music. Tickets \$43-\$73, available at www.ticketmaster.com or 703-573-SEAT. Accessible seating available for patrons with disabilities at 703-993-3035.

**VTRCC 19<sup>th</sup> Annual Casino Night and Taste of the Town.** 7:30 p.m. Westwood Country Club, 800 Maple Ave., East, Vienna. A Monte Carlo-themed event with a cash bar, silent auction and casino games. \$85-\$95. 703-281-1333 or www.vtrcc.org.

**Northern Virginia Country Western Dance Association.** Luther Jackson Middle School, 3020 Gallows Rd., Falls Church. Line dance lesson 7:30 p.m., couples dance lesson 8 p.m., open dancing 8:30-11 p.m. Admission \$5-\$12. Refreshments available. www.nvcwda.org or 703-860-4941.

**26th Annual Fairfax Jazz & Tap Dance Festival.** 8 p.m. Northern Virginia Community College Annandale Campus Theatre, 8333 Little River Turnpike, Annandale. With performances by the Dancin' Unlimited Jazz Dance Company, Encore Performers, Center Stage Dance, Capitol Movement, Impulse and MYTE. Supported and funded in part by the Arts Council of Fairfax County. \$20 in advance, \$22 at the door. www.dujdc.org.

**SUNDAY/MARCH 4**

**Lost Dog & Cat Rescue Adoption Event.** 1-4 p.m. PetSmart, 8204 Leesburg Pike, Tysons Corner. Adoption events every Sunday. http://lostdogrescue.org/ and click on Adoptions.

**Fairfax Chocolate Lovers Festival.** Various locations in Old Town Fairfax. The Taste of Chocolate, featuring chocolate vendors selling their wares; the Chocolate Challenge, an arts extravaganza where the medium is chocolate; the Kiwanis Pancake Breakfast featuring chocolate chip pancakes, historic re-enactments,

children's activities, open houses at historic buildings and more. www.chocolatefestival.net.

**"Three Bears."** 12 p.m. 1st Stage, 1524 Spring Hill Road, Tysons Corner. A brand-new play with a comedic twist on the classic fairy tale sends the Three Bears and a golden-haired friend on an a cappella musical adventure. Fast-paced fun for age 5 and up. Tickets \$15 at www.1ststagetysons.org or 703-854-1856.

**Glen Phillips.** 7:30 p.m. The Barns at Wolftrap, 1551 Trap Road, Vienna. Formerly of Toad the Wet Sprocket. \$20. www.wolftrap.org.

**Vienna Community Band Spring Concert.** 7 p.m. Vienna Community Center, 120 Cherry St. SE. Selections include "The Magic of Andrew Lloyd Webber", "Lerner and Loewe in Concert" and "L'Arlesienne/Farandole". Free. www.viennacommunityband.org.

**Maple Syrup Boil-Down.** 12-2 p.m. Colvin Run Mill Historic Site, 10017 Colvin Run Road, Great Falls. Watch and learn as sap from maple trees is boiled down into sweet syrup over an open fire. Sample maple syrup and cornbread. \$3. 703-631-0013.

**26th Annual Fairfax Jazz & Tap Dance Festival.** 4 p.m. Northern Virginia Community College Annandale Campus Theatre, 8333 Little River Turnpike, Annandale. With performances by the Dancin' Unlimited Jazz Dance Company, Encore Performers, Center Stage Dance, Capitol Movement, Impulse and MYTE. Supported and funded in part by the Arts Council of Fairfax County. \$20 in advance, \$22 at the door. www.dujdc.org.

**McLean Symphony Spotlight on Youth.** 3 p.m. Alden Theatre, McLean Community Center, 1234 Ingleside Ave., McLean. With Brendan Conway playing the Violin Concerto No. 5 in A Minor Op. 37 "Le Gretry" by Henri Francois Vieuxtemp, student compositions by area youth, Michael Ream's Fanfare for Forty No. 3, Leonard Bernstein's Overture to "Candide", Duke Ellington's Harlem and Howard Hanson's Symphony No 2 (Romantic). joandonmorton@verizon.net.

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First Baptist Church ... 703-938-8525  
The Light Mission Church ... 703-757-0877  
Vienna Baptist Church ... 703-281-4400  
New Union Baptist Church... 703-281-2556

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Vajrayogini Buddhist Center... 202-331-2122

**Church of the Brethren**  
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# Oakton Girls Re-Claim Northern Region Crown

**Kathleen Coyer steps up to score 29 points in win over West Springfield.**

BY RICH SANDERS  
THE CONNECTION

**T**he “Coyer Era” of Oakton High girls’ basketball could not be winding down in more spectacular fashion than it currently is.

The Coyer twins, senior guards Caroline and Kathleen, have played vital roles in the Cougars’ unparalleled success over the past four years. Caroline, the team’s point guard, is one of the Northern Region’s all-time best players. Katherine, at shooting guard, is a tremendous defensive player who scores when called upon and can match the on-court prowess of the best players out there.

The duo, in both their freshmen and sophomore years, helped Oakton win region crowns. Last year, their junior seasons, saw the Cougars eliminated in the region semifinals to fellow region force West Springfield. It was Oakton’s one and only loss of the 2010-11 season.

On Monday, Oakton and West Springfield met again in a huge postseason affair, this time in the region finals. Once again, Oakton entered the playoff contest with the Spartans unbeaten. This time, however, head coach Fred Priester’s team was able to overcome the Spartans to the tune of a 63-49 triumph which earned Oakton its third region crown in four years and improved its record to a still perfect 28-0. The finals game took place at Robinson Secondary.

“It’s definitely great to win, especially after last year’s [semifinals loss],” said Oakton center Elizabeth Manner. “We’ve continued to work hard all year.”

Manner said Oakton, much like last year when it lost just the one game, has never allowed the pressure of being unbeaten to overwhelm them.

“It hasn’t affected us,” she said. “Every team we play, we go out and know we can beat them. We’re not cocky but we’re very confident.”

In Oakton’s region tournament championships in 2009 and 2010, Caroline Coyer earned tourney MVP honors both years. On Monday, following the Cougars’ decisive victory, it was sister Kathleen who garnered MVP status during post-game award ceremonies. No one was happier for Kathleen, who tallied a game-high 29 points in the championship game win, than sister



**Kathleen Coyer was named tournament MVP after scoring 29 points and pulling down eight rebounds in Oakton’s region finals win over West Springfield on Monday night at Robinson Secondary.**

Caroline. Both are set to play college basketball on scholarship next year at Villanova University in Philadelphia.

“A lot of people in the past did not give her the respect she deserved,” said Caroline, of her sometimes unheralded twin and teammate. “We knew she had to have a great game tonight and she did.”

While Kathleen accepted her first-ever region tournament MVP honor, Caroline and fellow Cougar Karlie Cronin were also named to the seven-member All-Tournament Team.

Caroline said she has thoroughly enjoyed playing high school ball alongside her sister for four years at Oakton.

“It’s awesome,” said Caroline. “She knows me better than anyone. I can always count on her.”

**THE ENTIRE OAKTON** squad was able to count on Kathleen Coyer on Monday. She had a simply dominant game and helped the Cougars get off to a good start with eight first quarter points as Oakton took a 12-8 lead going into the second quarter. Oakton never lost the lead thereafter.

Oakton, which led 24-18 at halftime, saw

**“Every team we play, we go out and know we can beat them. We’re not cocky but we’re very confident.”**

— Elizabeth Manner



**Oakton’s Elizabeth Manner (right), defending here against West Springfield’s Lindsay Mares, scored 10 of her 12 title game points in the second half.**

West Springfield get within 25-20 when Spartans’ junior forward Lindsay Mares converted a 10-foot turnaround shot off the left wing early in the second quarter. But Kathleen Coyer responded with a 14-foot jumper to make it 27-20. The basket started a 15-7 Oakton surge over the remainder of the quarter, helping the Cougars take a 40-27 advantage into the fourth quarter.

One of Oakton’s biggest highlights during the third quarter hot spell was a three-point basket by Caroline Coyer from the left of the key which gave the Cougars a 32-20 lead nearly midway through the stanza. Coyer, Oakton’s top scorer this season

and one of the greatest scorers in region history, was limited to just six points on the night but that long range trey to give her team a 12-point lead was one of the game’s biggest baskets. Oakton’s lead would ultimately reach 16 points on a couple of occasions thereafter.

West Springfield never relented and, behind the strong fourth quarter play of senior forward Logan Battle, fought back to within seven points at 51-44 on a pair of Battle free throws with two minutes, 53

seconds remaining. Throughout that final quarter, Battle, one of three Spartans to make the All-Tournament Team, had kept her team in contention by scoring on hard drives to the basket. Fourteen of her team-high 18 points came in that final quarter.

But Oakton weathered the Spartans’ fourth quarter threat. Following the free throws by Battle which got West Springfield within seven points, Oakton’s Manner, a fundamentally-sound, 6-foot-0 inch center who finished with 12 points and eight rebounds, scored from close range while being fouled. Her ensuing free throw made the score 54-44 Cougars. Several moments later, Manner would answer a basket by Battle with a nifty, inside spin move layup off the left side to make it 56-46 with 2:12 left. West Springfield never closed within 10 points after that.

“I really think we all came out to play tonight,” said Manner. “We were patient and physically tough. We knew if West Springfield took something away [defensively] we could counter.”

Kathleen Coyer scored 12 of her points from the foul line, where she was 12-of-14. Her only long range three-pointer came from the left corner with just over a minute remaining in the game, prompting chants of ‘undefeated, undefeated’ from the

charged-up Oakton student body section. Coyer had eight rebounds to go along with her big scoring night.

Manner, like everyone else, marveled at Kathleen Coyer’s huge night.

“She’s a great player,” said Manner. “She finishes her shots and can score when there is pressure on her.”

“She pretty much made everything she shot,” said West Springfield’s April Robinson (10 points), an all-tournament selection herself.

West Springfield, with the loss, fell to 26-3 on the season. The Spartans’ only prior two losses had come during the holidays to out-of-area opponents. West Springfield’s title game setback was its first loss of the season to a local opponent.

“They played a better game than we did,” said Robinson, a senior guard. “We came out kind of timid. We’ll rebound from this and come back at it on Friday.”

**BOTH OAKTON AND WEST SPRINGFIELD**, by reaching the region title game, automatically earned trips to this week’s eight-team state AAA playoffs. Oakton, this Friday night at 7, will play Central Region runner-up Monacan High of Richmond at Robinson. Also on Friday at 7, West Springfield will travel to Richmond to play Highland Springs, the Central Region champion, at Virginia Commonwealth University’s Siegel Center.

PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION

# Ohio Pizza and Sub Opens in Vienna

FROM PAGE 3

baked properly according to their order," said Watson. "We don't bake the thin crust and thick crusts the same. The guys know how to bake each order perfectly."

There's a party room, created for office luncheons or birthday celebrations that can be reserved at no charge. Hosts are permitted to bring in cake and ice cream if they would like.

It's not just the ovens that are unusual. The countertop that baked pizzas sit on is heated to keep the pizzas piping hot until servers bring them to the tables.

Donatos Vienna is out to make marks as a good neighbor. To that end, the store offers fundraising tools for local nonprofit organizations, from schools to service organizations.

One fundraising tool is "dough night," Donatos creates the fliers for the organization, and, on the particular designated "dough night," 15 percent of the order accompanied by the flier goes back to the participating nonprofit. Watson said the store cuts a check to the organization the next day.



At 5 p.m. on a rainy Friday night, the newly-opened Donatos was full with families, friends and couples.

PHOTO BY DONNA MANZ/ THE CONNECTION

A second tool is a fundraiser card offering buy-one, get-one-free pizza and subs, sold by nonprofits, for \$10. The nonprofit receives \$8 from the sale of the card. Field marketing manager Doug Galusha said the store has already partnered with a Vienna elementary school. Donatos partners with dentists' and doctors' offices to offer "good patient" awards to children. Galusha has been making the rounds in Vienna, introducing the store to other businesses and to medical practitioners.

"We want our staff to focus on product quality and service," said Galusha. "We're a 'good neighbor

in every community we go in."

Watson said he wants the people of Vienna to think of Donatos as he thinks of it, a restaurant that sells the best product on the market and builds relationships with customers.

"Whether it's a party, a meeting with friends or dinner, Donatos is where I would want to be."

Donatos is located at 126B Branch Road where Blockbuster used to have a home. To order online, go to [www.donatos.com/nova](http://www.donatos.com/nova) or call in your order at 703-281-2800. They do deliver within and outside the town limits but have an eight-minute drive limit to ensure the products arrive hot.

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**21 Announcements** **21 Announcements**

**Public Notice – Environmental Permit**  
PURPOSE OF NOTICE: To seek public comment on two draft  
permits from the Department of Environmental Quality to limit  
air pollution emitted by two facilities in Arlington, Virginia.  
Public comment period: March 1, 2012 to March 30, 2012  
Permit name: Two State Operating Permits issued by DEQ,  
under the authority of the Air Pollution Control Board  
APPLICANT Name, address and registration number: Vornado  
Charles E. Smith- 1901 South Bell Street and 1750 Crystal  
Drive in Arlington, Virginia 22202 Reg #'s 73979 and 71707.  
Project description: Vornado Charles E. Smith has applied for  
two new permits for two emergency generators one at 1801  
South Bell Street, and one at 251 18th Street South in Arling-  
ton, Virginia 22202.  
The permit would allow the source to operate two engine gen-  
erator sets.  
HOW TO COMMENT AND/OR REQUEST A PUBLIC HEAR-  
ING: DEQ accepts comments and requests for public hearing  
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Contact for public comments, document requests and addition-  
al information: Mr. Thomas Valentour; Northern Regional Of-  
fice, 13901 Crown Court, Woodbridge, VA 22193; Phone:  
(703) 583-3931; E-mail: [thomas.valentour@deq.virginia.gov](mailto:thomas.valentour@deq.virginia.gov);  
Fax: (703) 583-3821. The public may review the draft permit  
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**OBITUARY**  
**MORAN, C.M.F., REV. THOMAS**  
Rev. Thomas D. Moran, died on Thursday, February 23,  
2012 at Resurrection Medical Center in Chicago, IL, after  
complications from pneumonia. Father Moran was born on  
January 27, 1928, in Chicago, Illinois. The son of Thomas  
and Mary (nee Roach) Moran, he grew up in a family of four  
children on the south side of Chicago. Fr. Moran is survived  
by his two remaining living sisters, Joan McGoldrick and Mar-  
ie Tarpey; beloved uncle of many. The fourth sibling, his  
brother Roger is also deceased. Father made his first profes-  
sion as a Cletarian Missionary in 1947, perpetual profession  
in 1950 and was ordained a priest on June 9, 1955.  
After his ordination, Fr. Moran served as a teacher and Prin-  
cipal at the Saint Jude High School Seminary in Mornence, Il-  
linois from 1955-1967. At the suggestion of his then Superi-  
or, Fr. Moran was assigned to mission in Guatemala, where  
he spent approximately 25 years of his religious life as a mis-  
sionary. During his time in Central America, he constantly  
championed for the rights of the indigenous and working peo-  
ple of the towns of El Estor and Livingston. Fr. Moran says  
his ministry on behalf of the impoverished Indian families en-  
compassed "the happiest and some of the saddest years of  
my life as a priest." He was instrumental in helping to estab-  
lish and promote an elementary school for children who  
could not write or speak in Spanish, the country's native lan-  
guage. His work in advancing the cause of education result-  
ed in a new Indian school being named in his honor in Living-  
ston.  
After returning from Guatemala in 1982, and taking a 2 year  
sabbatical, Fr. Moran was then assigned to St. Mary of Sor-  
rows Church in Fairfax, Virginia as parish priest from 1984-  
1990. In 1990, he returned to Guatemala for a second tour  
of duty for nine years. In 1999 when he returned to the United  
States, he was assigned as an associate pastor at Our  
Lady of Guadalupe Church on the south side of Chicago,  
where he served up until December of 2011. Visitation on  
Tuesday, February 27 from 2-9pm at Our Lady of Guadalupe  
Church 3200 E. 91st Street, Chicago, IL 60617 with a prayer  
service at 8pm. On Wednesday, February 28 viewing at 9:00  
a.m. until time of Mass of the Resurrection at 9:30 a.m. In-  
terment Queen of Heaven Cemetery – Hillside, IL. Elmwood  
Chapel Chicago, IL in charge of arrangement.  
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## "Battling Cancer"



By KENNETH B. LOURIE

I suppose, as a cancer patient, there's a presumption/understanding that not giving into cancer and its potential ravages is an ongoing battle – to the death, if you will. And I imagine, on many levels, some truer than others, it is. War is indeed waged – so to speak, in hopes of defeating this horrible disease (enemy).

Personally, I don't view what I do – surviving as a cancer patient: following doctor's orders, filling prescriptions, ingesting medications, enduring chemotherapy, scheduling and then being diagnostically scanned, making food and lifestyle changes, adding miscellaneous supplements to my diet; in general, trying to live healthier and be a "compliant" patient, as anything more than common sense. It's not a battle – to me, it's simply what you do. As the South Korean widow said to Hawkeye Pierce on a M\*A\*S\*H episode way back when, responding to his question about how she could walk so far to get water: "Because that's where the water is," she answered.

And so a while back, it struck me as odd that a woman to whom I was introduced – and who knew of my less-than-ideal health circumstances, straight-forwardly and most sincerely (having recently been widowed herself when her husband succumbed to a cancer diagnosis) asked: "I understand you're battling cancer." It was in fact the first time in my nearly three years of being a cancer patient/survivor that I had ever been asked that exact question.

It was not her directness that was off-putting. Nor was it her presuming a familiarity – between us, that did not exist, that such a potentially intrusive, certainly private/personal subject could be so casually raised – by a relative stranger, in the middle of a 27-person Christmas dinner. No. It simply caught me by surprise, and I believe my answer/reaction likewise caught her by surprise and may have even made her a bit uncomfortable and apologetic for having inquired (although it was certainly not my intention). I laughed at her question and said: "I suppose so." To which she replied: "I didn't mean to ..." "No problem," I said, as the commotion of the occasion sort of ended our conversation.

One other time I was present when this "battling cancer" phrase was invoked. Although this time, it was a former female co-worker greeted by another former co-worker at our company Christmas party who asked, innocently enough of her, how she was doing: "I'm battling cancer" came her reply. I snickered then when I heard it, and even commented to our Publisher, Mary Kimm, also a cancer survivor, who was standing alongside me at the time and witnessed the entire exchange: "You know Mary, I've never said that – or felt that." A year later this "battling cancer" answer was questioned to me.

I don't really have any objections to either of these exchanges. I guess if had to summarize my feelings, however, about what I heard answered and what I was asked, I would say it's probably me trying to make light of a very heavy set of circumstances, and on some occasions, the less said about it, the better. It's awkward, sort of. Although, I don't really mind. Still; sometimes, I just don't feel the need.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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Hi, my name is Barbara Balsamo. Today is October the 22nd, 2010. And I just completed yesterday my first weight inch loss session in Dr. Petrie's office at Virginia Functional Medicine. I lost 4½ inches, about which I am very thrilled. Uh, the other thing I was very excited about is I have some surgical scars that have little fat pockets and they have almost completely disappeared in one session. So thank you very much, I appreciate it.\*  
—Barbara Balsamo, Vienna, VA

Hey Gang, I've been on the program 17 days now. I've lost 11 pounds and 13¾ inches. Feeling great...everybody at work's complimenting me and asking what am I doing? I keep telling them see Dr. Petrie at Virginia Functional Medicine. This has been fantastic...my clothes are a lot looser. I'm not buying any more new clothes until I've met my goal, and with Dr. Petrie's help I will get there! \*  
—Maria Morgan, Manassas, VA

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