

# Reston Farmers Market Going Strong

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A variety of fresh, Virginia grown produce on display at the Reston Farmers Market.

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PHOTO BY ALEX McVEIGH/THE CONNECTION





# Fairfax County Public Schools Summer Learning and Enrichment

Coming Next Month: New FCPS Schools Opening in Fall 2012

## Explore Enrichment Opportunities

Do you have an aspiring musician, painter, or sculptor in the family? If you're looking for opportunities to help your student pursue a special interest, the Institute for the Arts (IFTA) likely has a class to help him or her focus on skills, concepts, and the artistic process.

IFTA is a visual and performing arts program for students entering grades 7-12 in the 2012-13 school year. Dozens of enrichment classes, taught by professionals, help students grow and expand their knowledge of dance, music, theatre, cartooning, computer graphics, photography, and more.

The Elementary Institute for Arts (E-IFTA) offers enrichment classes for students entering grades 4-6 in the 2012-13 school year. Students experience total immersion in the arts as they rotate through exciting and stimulating classes in dance, drama, music, and visual art.

"Students develop skills and talents while exploring subjects or fields that interest them when they take enrichment courses," said Folly. "For example, Tech Adventure Camp gives students a chance to rotate through a series of eight classes including automotive technology, culinary arts, CAD/3D design, gaming, graphic arts, robotics, video and webpage design. It is great exposure to many forms of technology for students who have an interest in that area."

Young people interested in pursuing a career as models, fashion designers, makeup artists, or hair stylists will explore all that and more at Fashion Camp, July 9-13, at Fairfax High School. The camp is open to all students entering first grade through ninth grade. Campers will participate in activities designed for separate age groups. Campers will learn about fashion trends and create their own personally styled outfits, jewelry, and accessories in preparation for a fashion show at the end of the week.

## Dive into a Good Book

Summer is a great time for children to explore books and discover reading for enjoyment. Students who read during the summer are more likely to improve their word recognition and reading comprehension skills. So encourage your child to pick up a book, discover a new subject or author, and have fun too! Many schools provide summer reading lists for students and the Fairfax County Public Library offers a summer reading program.

## Summer Learning Fun

Splashing around in the pool, bicycle riding in the neighborhood, playing video games -- just a few ways children spend their summer days. Do you want to add some exciting, fun, and even educational activities to your child's summer?

Fairfax County Public Schools (FCPS) offers many programs to keep students learning throughout the summer including fashion camp, art classes, drivers' education classes, foreign language camps, and more.

"Learning doesn't occur just between September and June," said Levi Folly, manager of FCPS summer programs. "Summer academic and enrichment courses expose students to subjects and areas they might not access during the school year and they provide opportunities for students to focus on areas of interest with like-minded students."

"Completing an academic course during the summer gives students more flexibility in their

fall schedule. In fact, most students who take an academic summer course do so to get ahead," he said.

Academic programs are available for students who want to accelerate their course of study during the summer, need to recover a credit, or pass a Virginia Standards of Learning (SOL) end-of-course test.

The Summer Online Campus is open to FCPS

students and non-FCPS students and includes mathematics, science, English, history, physical education, and Spanish courses. New online courses include creative writing, Algebra 2 head start, college essay writing, and rich writing.

FCPS also offers two summer sessions for students seeking SOL credit. An SOL writing test remediation session will be held July 9-20 and a non-writing test session will be held July 9-24 for the following courses: Algebra 1, Geometry, Biology, Chemistry, World History-Geography 1, World History-Geography 2, and Virginia-US History.

Current FCPS high school seniors who need to earn one standard credit in Algebra 2, Geometry, English 12, or Virginia-U.S. government in order to graduate can enroll in the Term Graduate Academy to receive credit and graduate by August 31. The classes will be taught at Lake Braddock Secondary School July 9-27.

*Left: The go-cart was constructed in the Automotive Technology class "Start Your Engines" at Tech Adventure Camp last summer. The campers assembled and drove the go-carts.*

### This Just In

Fairfax County School Board adopted the FY2013 budget of \$2.4 billion. For details visit [www.fcps.edu](http://www.fcps.edu) and click on FY 2013 Budget.



To learn more about all FCPS summer programs visit [www.fcps.edu](http://www.fcps.edu) and click on Summer Programs.

## Learn Languages and More Through ACE

FCPS Adult and Community Education (ACE) offer a variety of classes for everyone in the community.

Exploring world languages through games, art, songs, crafts, and activities help students in grades K-6 learn other languages. The Foreign Language Experience (FLEX) Summer Camps provide instruction in Chinese, French, German, and Spanish.

High school students who need classroom and behind-the-wheel training to meet state driver education requirements can fulfill the requirement by completing their classes through ACE.



## Getting To Know Us

### IFTA Visual Art Chair Joe Dailey

Joe Dailey admits he enjoys spending several weeks each summer with young people in a high energy atmosphere.

He is the visual arts chairman for the Institute for the Arts (IFTA), a unique academic program for students who want to explore visual and performing arts during the summer. Courses in dance, music, theatre, and the visual arts offer students opportunities to explore various arts disciplines they may not experience in their regular school setting.

"The students are pretty spectacular," he said. "They come to IFTA excited about creating and processing their thoughts and they are excited to be with other students just like themselves who share the same interests."

IFTA students register to take four classes from a variety of course offerings. They are encouraged to enroll in one course from each discipline to grow and expand their knowledge of the arts during the month long program.

"It's a great experience for the students because they are with other students who want to excel and be challenged," said Dailey. "It's also rejuvenating for teachers to work with these students."

Students who enroll in IFTA can earn a half a credit for completing the program.

"IFTA will be an experience they won't forget," said Dailey. "The students are in their element, developing concepts and creating art. The experience from the process is very rewarding."

FCPS also offers an arts enrichment program for elementary school students in grades 3-5 through the Elementary Institute for the Arts (E-IFTA).

### Did You Know?

Many FCPS high school booster clubs offer summer camps for students. Contact your school to learn more!



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## Making Reston into Reality

Historic Trust presents early planning of Reston.

BY ALEX MCVEIGH  
THE CONNECTION

Shortly after purchasing the land that would become Reston in March 1961, founder Robert Simon was on a plane back to New York City. The story he likes to tell is that's where he grabbed a legal pad and began coming up with ideas for his new community, ideas based on his travels and life experiences.

The subject of the early days of Reston was the topic of the latest presentation by the Reston Museum, Thursday, May 24, which dealt with the realities of planning a community after Simon sold Carnegie Hall to pay for more than six thousand acres of land outside of Washington, D.C.

**MUCH OF THE STORY** of early Reston is about planning and zoning, specifically, the barriers Simon and his staff had to break down to plan the community they wanted. Traditional zoning practices started in America around 1915, and called for the separation of land by uses: residential, industrial, retail, commercial and others.

The principle of separating land by use prohibited mixed-use uses, such as a building with retail on the first floor, office space on the second and residential on the third. It also excludes clustered density. Both principles were key to Reston's development.

"By its very nature, traditional zoning is exclusionary, it prohibits mixed use," said Loren Bruce of the Reston Historic Trust. "So if we don't have a change in zoning ordinance, you can't have the Reston that Bob envisioned."

Ebenezer Howard, an Englishman, published a book in the early 20th century titled "Garden Cities of Tomorrow," which offered a vision of a place that offered the living and working opportunities of a city with the outdoors and open space of the country.

After purchasing the land in March 1961, over the next month Simon hired companies to do a land feasibility study and planning. Harland Bartholomew was hired in April 1961 to start planning, and soon came up with a plan that called for 13 village centers, each of which would serve about five to six thousand people.

"The market analysis said that you can't support a grocery store without 10,000 people," said Bruce. "So because of that, the plan was changed to seven village centers."

This included hiring Glenn Saunders in November 1961 to be vice president in charge of planning, engineering and construction. Saunders had already been the youngest city manager in the state, serving in that position for the City of Fairfax since 1956.

Saunders said he liked his job as City Manager, but an encounter with someone at a local Rotary Club meeting led to an introduction to Simon and Reston.

"I was happy at my job, and I was doing what I really wanted to do," Saunders said. "But on the other



**The Reston Historic Trust presents the story of the early planning of Reston at the Reston Community Center Lake Anne Thursday, May 24.**

hand, as an engineer, it was an opportunity to start from scratch and build a completely new city, without all the restraints you have with an existing city."

Simon, Saunders and their staff spent from January to July of 1962 in negotiations with the county.

"Most people think that Bob came up with this plan, and the county greeted him with open arms and said 'we're so happy to see you, we've been wondering what you wanted to do with that almost 7,000 acres,'" Saunders said. "What scared people the most I think, from all the wonderful things that Bob was going to do, was that it was going to be a company town, that Bob was going to own everything, control everything, but that's not what we wanted at all."

Soon they began hitting obstacles everywhere they went, and Saunders said the group grew desperate.

"The group came up with the idea to just assume that we have no zoning ordinance, no restraints, and let's just do a master plan the way we want to do it, and then we'll write an ordinance that will permit it," he said. "That's essentially what we did. We had to come up with an ordinance that would allow us the flexibility we wanted, to do the things Bob wanted to do, but would give the county control to do the things they wanted to do. Once we agreed to do that, it seemed to be easy, we came up with a short, simple ordinance."

**THE BASIC PREMISES** of the ordinance were: inspire innovative and creative design for land development, provide maximum and efficient use of open space, encourage a balance in the mix of land uses and allow maximum flexibility to achieve excellent in physical, social and economic planning.

In July of 1962, the Fairfax County Board of Supervisors gave their approval.

"Bob buys the land in March of 1961, and today you would think, can anyone get something this remarkable passed in this short of a time?" Bruce said. "That's what is so amazing to me."

The next presentation by the Reston Historic Trust will be Thursday, June 28 at 7 p.m. and will cover the building of Lake Anne Village Center from 1963 to 1965. It will take place at the Reston Community Center Lake Anne. More information can be found at [www.restonmuseum.org](http://www.restonmuseum.org).



**Aldrin Elementary School welcomes Worldgate LLC as a business partner.**

## Aldrin ES, Worldgate LLC Announce Partnership

Aldrin Elementary School has announced a new business partnership with Worldgate LLC. The partnership was officially announced as part of a planned student assembly. Worldgate LLC president, Katelyn Montgomery, and vice president Scott Montgomery are also Aldrin parents. Worldgate is a consulting company with offices in Reston, Philadelphia and New York. They are at work on several educational projects.

Worldgate LLC assisted with preparing and distributing Science Fair Certificates to nearly 180 students who participated in the PTA Science Fair on April 19. Worldgate LLC will continue to support the school, students, and PTA by

- ❖ Volunteering support for the Summer of Awesome Reading (SOAR) program (to include, but not limited to the following options: assisting students in choosing appropriate books, funding, packaging books, delivering books;

- ❖ Assisting students with community service projects, by grade or by project, whichever is more appropriate. Projects may include, but are not limited to: food drives, coat drives, campus landscaping;

- ❖ Providing financial support for sports camp scholarships for needy students (supplementing PTA funds) and volunteering support for the camps in the form of assisting sports camp directors;

- ❖ Exploring the option of sponsoring selected student field trips;

- ❖ Supporting the PTA Landscaping Committee in the form of funding or volunteer hours;

- ❖ Supporting to the Global Technology Awareness Program (GTAP) in the form of assistance to the fifth grade students and teachers;

- ❖ Participating in Read Across America Day by providing volunteer readers.

Aldrin ES will provide opportunities for Worldgate LLC to participate in Aldrin events which focus on science, technology, reading and math; display selected artwork in the Worldgate LLC business offices; and promote the partnership to local media outlets and in other communication vehicles to ensure that students, staff, parents, and community members are aware of the advantages of symbiotic relationships.

— BARBARA GIST AND J. MARTIN MARINOFF, JR.



**Worldgate LLC president, Katelyn Montgomery and vice president Scott Montgomery shake hands with Aldrin assistant principal, Barbara Gist, making the business partnership official.**



# NEWS



PHOTOS BY CAROLINE PAXTON/THE CONNECTION

**Seventy-five candidates took the Oath of Allegiance during a special naturalization ceremony May 25 at the Fairfax County Government Center. The ceremony is part of the county's Asian-Pacific American Heritage Month celebrations.**



**The Vietnamese American Seniors Choral Group performed patriotic songs and folk songs during the pre-ceremony of the fourth annual naturalization ceremony held at the Fairfax County Government Center on Friday, May 25.**

## Greeting New 'Fellow Americans'

**Fairfax County hosts fourth annual naturalization ceremony.**

BY VICTORIA ROSS  
THE CONNECTION

**"M**y fellow Americans," U.S. Rep Gerry Connolly (D-11) said with gravitas, pausing to let the meaning sink in.

And when it did, 75 immigrants - from Afghanistan to Uzbekistan - who had just raised their right hand and taken the Oath of Allegiance to become American citizens, erupted with applause and tears, waving American flags and hugging family members. They were gathered at the Fairfax County Government Center Friday, May 25, for the county's fourth annual naturalization ceremony.

"You now join us...Every new wave of immigrants refreshes us, makes us stronger," Connolly said, leading the group in the Pledge of Allegiance.

"I am happy for today," said Shahinaz Hassan, a recent immigrant from Egypt who lives in Fairfax. "Everything gets easier here," she said in halting English. She said she was looking forward to voting in the presidential elections this fall.

Yesuf Beshir, originally from Ethiopia, works as a government contractor in Springfield and brought his daughter, Kedja, 4, who was born in Virginia, to the ceremony. Beshir said he pursued American citizenship for many reasons.

"I am proud of being an American," Beshir said. "The main thing is democracy. Here, you can vote. You can be what you want in America. You can be president...If you want to be a doctor, you can be a doctor," he said, smiling at his daughter. "I tell her the possibilities are endless."

**MODERATED** by Corazon Sandoval Foley, the naturalization ceremony for 75 candidates from around the globe was part of the county's Asian-Pacific American Heritage Month celebrations. The event

began with the Presentation of Colors by the Fairfax County Public Safety Honor Guard and the National Anthem sung by Captain Francis Mensah of the Fairfax County Fire and Rescue Department (FCFRD).

Samuel DeVera, a captain with the county's Fire and Rescue Department and a member of the Fairfax County Asian American Firefighters' Association, gave the keynote address, telling the audience his personal story of coming to America from the Philippines when he was 14 years old in 1983. After becoming a paramedic in 1994, he received a Valor award and, in 2010, scored first on the test to become a captain with the Fire and Rescue Department.

"Look at me. The one thing I can say is work hard to make you and your families better," DeVera said. "If you're vice president of the company, aim to be president. I'm not here to encourage you; I want to challenge you."

Board of Supervisors Chairman Sharon Bulova (D-At-large) presented the Certificates of Naturalization to the new Americans.

"Some of you have endured hardships to arrive at this time and place," Bulova said in her remarks. "All of you have invested your time, money and efforts to become citizens. Many of you came here to escape war or endless poverty."

She said she was "proud" to see the growing number of small businesses being opened by immigrants.

"Fairfax County has a very strong sense of community. Our residents and corporate neighbors are highly engaged, with a seat at the table when decisions are made..You who are here today now officially have a seat at that table."

Andrew Eade from England received a loud applause and cheers from his family and friends when Bulova presented him with his certificate. A resident of Herndon for 16 years, Eade said he wanted to become a citizen so he could "fully participate in the system and vote."

"You want to feel like you are getting your voice heard," he said.

**THE NATURALIZATION CANDIDATES** originated from nearly 30 countries, including Afghanistan, Bangladesh, Bolivia, Burma, China, El Salvador, Iraq, Iran, South Korea and Sudan.



PHOTOS BY JOHN LOVAKS

## Pilot Community Garden Becoming a Reality

**Cedar Ridge apartments residents who have signed up to be the gardeners are pictured with Sustainable Reston Initiative Chair Diane Blust (3rd from left) with freshly tilled soil of the garden in the background. The pilot garden is a joint effort of Reston Association, the Friends of Reston, Reston Interfaith, the Reston Community Center with Sustainable Reston on the right of way of a natural gas pipeline. Actual planting will begin this week.**



**The Cedar Ridge gardeners collect top soil to start planting seeds in pots awaiting installation of deer fencing at the garden site.**

## Col. Lawrence Paul Monahan, Jr, USA (Ret.), 88, a Long-time Reston Resident, Dies

Col. Lawrence Paul Monahan, Jr., USA (Ret.) passed away on May 22, 2012 at 88 with his loving wife, Patricia Monahan, and family members by his side at Loudoun Hospital.

Col. Monahan, "Paul," was a devoted father to Dr. David Monahan and wife Kathy; Gail Monahan and husband David; Tom Monahan; Tanya Stinson and husband Mike; Robin George and husband Chip; and Scott Trescott. An adoring grandfather to Alex, Julia, Zoe, Cassidy, Jeremy, Anna, Peter and Colin.

Paul was a long time Reston resident for over 20 years, until moving to Leesburg 10 years ago. Paul was born and raised in Boston and attended Harvard University until called to active duty in the Army in '43. He served in WWII in the 346th Inf. Reg., fighting in the Battle of the Bulge. He was called back to the States in '45 to attend West Point. He graduated in '49, and later earned a MSE in E.E. from University of Michigan and a MS in Business from GWU. He

served in Korea with the 7th Inf. Div. in '50-'51, landing in Inchon; Commanded the 69th Sig. Batt. in Vietnam; and, was a successful executive at TRW after retiring from the Army. Paul was a highly decorated and widely respected leader throughout his career.

An accomplished clarinetist, playing for many years with the No. VA Symphony and Fairfax City Band; avid woodworker after retirement; long time member of the United Christian Parish and more recently member of the Leisure World Chapel. Above all, Paul was an incredibly loving and supportive husband, father, brother, son and friend. He lived an extraordinarily full and joyous life up until the end.

A visitation was held for family and friends at Loudoun Funeral Chapel on Sunday, May 27 from 2 - 5 p.m. Arlington National Cemetery Service on Aug. 21 at 11 a.m. In lieu of flowers, donations may be made to Wounded Warriors or Loudoun Interfaith. All details at: [www.loudounfuneralchapel.com](http://www.loudounfuneralchapel.com).



# NEWS

## Promoting E-ZPass On 495 Express Lanes

**4**95 Express Lanes announced the launch of a three-month car giveaway contest designed to accelerate the adoption of E-ZPass and the new E-ZPass(r) FlexSM among Northern Virginia drivers in anticipation of the Express Lanes opening later this year. The lucky winner will custom-design his or her own MINI from Passport MINI of Alexandria.

To enter the contest, participants must register their E-ZPass on the 495 Express Lanes website - [www.495ExpressLanes.com/winaMINI](http://www.495ExpressLanes.com/winaMINI) - by August 31, 2012. Drivers who do not currently have an E-ZPass can visit the 495 Express Lanes website to learn where to get an E-ZPass, register on the Express Lanes website and enter to win the MINI. Complete rules and regulations are available on the 495 Express Lanes website.

The MINI giveaway is part of an educational campaign to prepare Virginia Beltway travelers for the new travel option coming on the Capital Beltway. The 495 Express Lanes will provide new options for a faster, more predictable trip on the Capital Beltway in Virginia and help drivers control how and when they get to their destination. To keep traffic moving at free flowing speeds, drivers will need an E-ZPass to use the Express Lanes - there are no toll booths or options to pay cash. Carpoolers will need the new E-ZPass Flex to ensure a toll-free trip on the Express Lanes. The E-ZPass Flex will be available in July.

The 495 Express Lanes are two new high occupancy toll (HOT) lanes in each direction from the Springfield Interchange to just north of the Dulles Toll Road on the Virginia side of the Capital Beltway. The 14-mile Express Lanes will be free for carpoolers with three or more people, buses, motorcycles and emergency vehicles. Other drivers may pay a toll for a faster, more predictable trip.

The 495 Express Lanes are on schedule to be completed in late 2012 and will operate 24 hours a day, seven days a week.

In addition to providing drivers with an option for a more predictable trip, the 495 Express Lanes will include three new Beltway entry and exit points meaning a safer and more direct route to popular locations in Tysons Corner and Merrifield.

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# OPINION

## Surviving through Summer

It is that time again, the time from proms to graduation, and all the celebrations that come with it. It's lovely to think, from a distance, that this is a happy and uncomplicated time for teens as the school year winds down, many look forward to college in the fall and a summer of internships or other interesting activities.

Few adults with clear memories of high schools would likely be willing to turn back the clock and re-live that time, especially with the addition of mobile phone videos and photos to accompany those awkward moments or more serious bullying or harassment.

We do know that many, if not most, teenagers will be celebrating, or possibly self-medicating, with alcohol, and that many will en-

gage in binge drinking. While drinking and driving, or getting into a car with a driver who has been drinking, can kill, there are many other problems that come along with binge drinking. Parents owe it to themselves to talk to their teens about it, even as the teen turns away, rolls eyes, and otherwise indicates he or she is ignoring everything you say, some information will go in. They do hear you, and sometimes even make use of the information later.

Keep talking. Tell them you love them. Tell them it's been too much work to get them to this point to risk losing them. Tell them not to text and drive. Tell them not to drink and drive. Tell them not to get in a car with anyone driving who has been drinking. Tell them you'll come pick them up anytime that they need a safe ride home, without grounding them for the summer.

### Father's Day Photos

Father's Day is Sunday, June 17, and once again the Connection will publish a gallery of Father's Day photos.

Every year at this time, the Connection puts out the call for photographs of fathers and their children, grandfathers and their children and grand children.

Send in photos as soon as possible, including names of everyone in the picture, the date the picture was taken, the ages of the children and sentence or two about what is happening and where the photograph was taken. Be sure to include your town name and neighborhood. Photos are due by June 8.

You can submit your photos online at [connectionnewspapers.com/fathersday](http://connectionnewspapers.com/fathersday) or email to [editors@connectionnewspapers.com](mailto:editors@connectionnewspapers.com).

### EDITORIALS

### COMMENTARY

## A Senator We Need

BY JOHN LOVAAS  
RESTON IMPACT PRODUCER/  
HOST

These are hard times. With 15 million Americans out of work and levels of inequality not seen since the gilded age, we have a political class unconcerned with our collapsing middle class and those ravaged by poverty. We can't expect a Mitt Romney and the GOP (Guns, Oil & Privilege) to be seized with their plight. Their focus is lowering taxes for corporations and the wealthy, and taking away health insurance from 30 million people. We expect more of Democrats. Progressives expect a lot more. We expect them to be champions of equity and fairness.

In Virginia, it is hard to find even Democrats who put their energy in furthering fairness and equity. Most Reston Democrats think Delegate Ken Plum is in fact such a champion. Take a look at his voting record and I think you'll agree. But, try to name another with such a record. And, there are some, like Senator Mark Warner, about 180 degrees away. He has proven a consistent opponent of economic fairness and equity, the core values of the Democratic Party.

Warner likes to characterize himself as a centrist, bipartisan kind of guy who works "across



INDEPENDENT PROGRESSIVE

the aisle" in the Senate. Sadly, this is only a disguise. On major issues critical to economic equity, Warner consistently works against the interests of working people. His role as a "deficit hawk" is a classic example. He partners with ethically challenged Sen. Saxby Chambliss (R-Ga.) and a so-called "gang of six" promoting a two-part plan to wipe out that nasty deficit. The two parts consist of 1) an attack on Social Security, reducing its costs by increasing the age of eligibility for all and cutting benefits, and (guess what?), 2) a tax reduction scheme for corporations and the wealthy, supposedly offset by "ending many loopholes."

And what a friend to banks! He recently proposed legislation to delay the Volcker rule to limit banks' gambling on risky derivatives, and opposed the Brown-

Kaufman bill to limit bailouts of too-big-to-fail banks. He opposes real regulation of the financial sector, the very folks who drove our economy into the ditch. He similarly opposes environmental laws—e.g., cap and trade to reduce pollution—with any cost to big business. What about the costs to human health?

While silent on increasing the minimum wage and raising the FICA withholding ceiling to ease pressures on Social Security, he advocates a "market driven" approach to university education. "Market driven" will keep the right places reserved for the right people.

Remember the "Public Option," a key element of President Obama's Affordable Health Care Act proposal? It would have provided healthy competition to the oligarchic insurance industry and driven down health care costs to consumers. Warner played a crucial role in defeating it.

Senator Warner, who made a brief run that fizzled for President in 2006, will run for reelection to the Senate in 2014. In fact, he's already building a huge stash donated by the very corporations and economic elites he serves so well. We Democrats who still share the core values of our Party need to screw up our courage and get behind an alternative. They are out there, some real good ones!

### LETTERS TO THE EDITOR

## Fraud Issue - Revisited

To the Editor:

The Letter to the Editor by Cesar del Aguila ["Misrepresentation in Voter Identification," The Reston Connection, May 16-22, 2012] does not surprise this writer. The usual diatribe of "untruths" spews forth when facts are presented. Chairman del Aguila states, 5-10 percent of the absentee voters are disenfranchised ... were wrongfully rejected based on ... Virginia's unique and complicated instructions for mailed-in ballots. These unique and complicated instructions are 1) a missing signature of the voter on the absentee voter statement, 2) a missing address of the voter, and/or 3) a missing witness signature - unique or complicated? Not hardly an opportunity for fraud and abuse? Yes! How are election officials supposed to determine who the voter was and their eligibility? Back to hanging chads.

Delegate Ken Plum writes ["History Repeating Itself," The Reston Connection, Commentary, May 16-22, 2012] that there is a nationwide effort in the states among Republicans to suppress voter participation. He further writes that: It's rationalized as ending voter fraud and abuses that have never been shown to exist. There has been, over the past 150 years or so a Republican - led effort to correct voter fraud and abuse; e.g., Plum writes The Byrd Machine. One wonders if OLLI history students heard about the 13th, 14th, and 15th Amendments to the U.S. Constitution or how it took Republicans to pass the 1965 Voter

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Reston  
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## COMMENTARY

# Shaping Up the MWAA Board

By KENNETH R. "KEN" PLUM  
STATE DELEGATE (D-36)

Recently I attended a briefing for elected officials arranged by Congressmen Connolly and Wolf on the U.S. Department of Transportation (DoT) Office of Inspector General's (OIG) review of the management and governance of the Metropolitan Washington Airports Authority (MWAA) as had been requested by Congressman Wolf. Such a periodic review is desirable because MWAA was created by an Act of Congress that established a compact between Virginia and the District of Columbia to operate Dulles International Airport, Ronald Reagan National Airport, the Dulles Toll Road, and construction of the Silver Line. MWAA serves multiple masters, and an independent review of its operations is important for all stakeholders and the region. The decisions made by the MWAA Board of Directors have a great impact on many people in the region.

Since MWAA undertook responsibility for the two airports in 1986, it has advanced the level of air service immeasurably. An undersized and outdated terminal at Reagan National was replaced with a sleek, modern, and efficient terminal. The iconic Terminal at Dulles designed by Eero Saarinen was tripled in size while maintaining its historic design. Transport buses that must have seemed modern and efficient when they were introduced have for the most part been replaced with an underground people-mover



system. The success of MWAA in handling large contracts suggested it as being able to supervise and construct the Silver Line in the Dulles Corridor. Phase I will be open within less than a year and a half. The financing plan for Phase II is now being negotiated. The Commonwealth of Virginia did not have the capacity to manage such a large project without the help of MWAA.

One of the findings of the OIG review to date of projected toll revenues is that they appear reasonable. Some had predicted much greater toll increases than are likely or necessary. The interim review raises questions about actions taken by some MWAA board members. As described in the interim report, a few members have shown very poor judgment. Policies and procedures need to be tightened to ensure that actions of a few do not distract from the good work done by so many others. With the very different masters MWAA has in the federal government, the District of Columbia, and the Commonwealth of Virginia, it is imperative that the MWAA Board adopt the most stringent policies on transparency, procurement, and conflicts of interest of any of its three masters in order to show good faith as stewards of public funds.

We cannot let the actions of a few Board members take away from the good work of many. The MWAA Board needs to shape up itself and maintain public confidence. The work of its staff on the two airport terminals and on Phase I certainly has the admiration of many of us.

## LETTERS TO THE EDITOR

FROM PAGE 6  
Rights Act.

More has come to light. State law requires a Chief Election Official and an Assistant Chief Election Official at each polling location. The Chief Election Official is required to be from the party of the Governor (unless a registered voter of his party is not available) and the Assistant Chief Election Official is from the other party. Reportedly, Republicans are being advised by a phone call from the County Electoral Board that the position of Assistant Chief Election Official is not being filled this fall due to budgetary limitations - a savings of about \$36,000.

Further, Federal Law requires that all election officials be trained at least once during the presidential election year. Experienced election officials are receiving phone calls reportedly from the Electoral Board stating that their training has been canceled - only new election officials (first time) will be trained. Again, the reason - budgetary limitations. Back of the envelop calculations reveal a cost of about \$12,000 to train all 1,920 election officials.

Thus, for the magnificent sum of \$50,000 in savings, one may argue that cutting back on election officials and polls training is cost

SEE LETTERS, PAGE 10



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**Matt Baughman as Charlie Gordon and Lauren Kiesling as Alice Kinnian in the Elden Street Players production of "Flowers for Algernon," which runs through June 30 at the Industrial Strength Theater.**

PHOTOS BY DAVID SIEGEL / THE CONNECTION

## Longing for Peace and Happiness

Elden Street Players present "Flowers for Algernon."

BY DAVID SIEGEL  
THE CONNECTION

"I wanted to give audiences a timeless classic play; one that touches on many different issues," said the award-winning Gloria DuGan, director of "Flowers for Algernon," the next Elden Street Players production. "This play deals with important moral and ethical matters, including how life can be both beautiful and painful."

"The play raises a major question for all of us, just because we can do something, is it for the best to do it?" said DuGan.

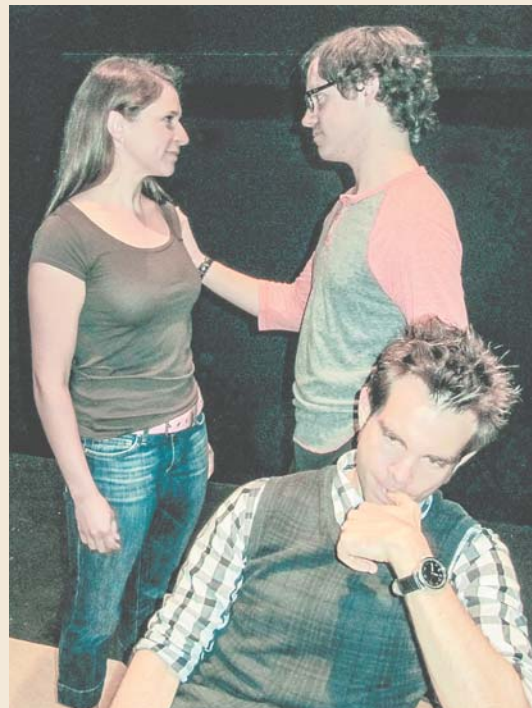
"Flowers for Algernon" is based upon a short story and an award winning 1966 science fiction book by Daniel Keyes, adapted by David Rogers into a play. It is the story of Charlie Gordon, a grown man who is developmentally disabled. He is chosen for experimental surgery that is expected to lead to a dramatic increase in his IQ; or so the researchers think.

After the operation Charlie does gain new intellectual and emotional capacities. And then he discovers that all his gains may only be temporary. What will a regression mean to Charlie? How will he cope? How will the changes impact those in Charlie's life?

Matt Baughman plays Charlie. In his reactions to reading the script to find the authentic way to prepare himself for his role, Baughman "remembered his days as a volunteer when he was younger" working with the developmentally disabled. He used his own memory to build his Charlie character. He wanted the audience to come to understand "all the challenges, and all the ties" of his character. He wanted to show an audience "the bewilderment of his character."

Lauren Kiesling plays Alice Kinnian, a woman who cares very deeply for Charlie. Kiesling described the arc of the play as one that "shows not only how Charlie is affected as he changes after the surgery, but how Charlie's changes affect all those surrounding him, whether they know him professionally or personally. Everyone has to adapt to Charlie as he goes through everything even his decline."

"This play is like a classic Greek tale," said Steve Custer, playing one of the medical researchers involved with the experiment. "It is about the rise



**From left standing, Lauren Kiesling as Alice, center seated, Matt Baughman as Charlie, and right standing, Steve Custer as Burt Selden, a medical researcher in the Elden Street Players production of "Flowers for Algernon," which runs through June 30 at the Industrial Strength Theater.**

### Where and When

Elden Street Players, Industrial Strength Theater, 269 Sunset Park Drive in Herndon. Performances June 8-30. Friday-Saturday at 8 p.m., Sunday, June 17 at 3 p.m., Sunday, June 24 at 7 p.m. and Thursday, June 28 at 8 p.m. Tickets: \$20. Call 703-481-5930 or visit [www.eldenstreetplayers.org](http://www.eldenstreetplayers.org)

and fall over time of a human being. It is an ultimately tragic tale with deep meaning that will genuinely affect the audience."

For those unfamiliar with "Flowers for Algernon," the title refers to a mouse named Algernon that first undergoes the experimental surgery with unforeseen consequences.

## ENTERTAINMENT

Send announcements to [reston@connectionnewspapers.com](mailto:reston@connectionnewspapers.com). Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit [www.connectionnewspapers.com](http://www.connectionnewspapers.com).

### THURSDAY/MAY 31

**Backyard Composting.** 7 p.m. Walker Nature Center, 11450 Glade Drive, Reston. Adults. Learn how to recycle kitchen waste, leaves and other yard debris. \$5-\$8. 703-476-9689 or [naturecenter@reston.org](mailto:naturecenter@reston.org).

### FRIDAY/JUNE 1

**"MacBeth" by William Shakespeare.** 7:30 p.m. Herndon High School Auditorium, 700 Bennett St., Herndon. Advanced Student theatre production. Tickets \$10. [www.herndonadrama.org](http://www.herndonadrama.org).

**SuperDuper! Benefit Concert.** 6 p.m. Frying Pan Park Visitor Center, 2709 West Ox Road, Herndon. Performers include Send the City, All Access, Andrew Rohik, Madam Myopia and more. Proceeds benefit Charity Music Inc. from Michigan that gives instruments to children in need. \$7. 703-501-1976.

### Saturday/June 2

**"MacBeth" by William Shakespeare.** 7:30 p.m. Herndon High School Auditorium, 700 Bennett St., Herndon. Advanced Student theatre production. Tickets \$10. [www.herndonadrama.org](http://www.herndonadrama.org).

### Storytellers Better Said Than Done.

7 p.m. and 9 p.m. Walker Nature Education Center, 11450 Glade Drive, Reston. "Our Bodies, Our Selves," stories about self discovery, self control and self destruction. Refreshments available for purchase. Adults: \$15. [www.bettersaidthandone.com](http://www.bettersaidthandone.com).

**Flea Market.** 9 a.m.-2 p.m. Oakton Church of the Brethren, 10025 Courthouse Road, Vienna. With food and a bake sale. 703-281-4411 or [www.oaktonbrethren.org](http://www.oaktonbrethren.org).

**Summer Bird Count.** 6:45 a.m.-12 p.m. Walker Nature Education Center, 11450 Glade Drive, Reston. Meet local bird experts, learn tips on identification and help obtain important information. Optional lunch. Free. 703-476-9689 or [enviroed@reston.org](mailto:enviroed@reston.org).

**Clean the Bay Day - Reston Cleanup.** 10 a.m.-12 p.m. Access points at Lake Audubon, Thoreau and Anne. Looking for volunteers to get on their boats and to walk the shorelines of each lake to collect trash. 703-435-7986 or e-mail to [habrock@reston.org](mailto:habrock@reston.org).

**Our Bodies, Our Selves.** 7 p.m. and 9 p.m. Walker Nature Education Center, 11450 Glade Drive, Reston. "Stories of Self Discovery and Self Destruction." \$15. <http://ourbodiesourself.com>.

### SUNDAY/JUNE 3

**Cycle Fest and Israel Street Festival.** 8 a.m.-12 p.m. Fairfax Corner, 4100 Monument Corner Drive, Sully. Three ride distances, Israeli rock and roller Danny Sanderson, Israeli Scouts Friendship Caravan, local dance and choir groups, shuk market and more. Sponsored by the JCCNV, The Jewish Federation of Greater Washington, Embassy of Israel and local synagogues. Free admission. 703-227-0895 or [www.jccnv.org](http://www.jccnv.org).

**Grand Finale Concert.** 3 p.m. George Mason University Center for the Arts, 4400 University Drive, Fairfax. American Youth Symphonic Orchestra, conductor Carl J. Bianchi; American Youth Philharmonic, music director and conductor Daniel Spalding; pianist AnnaMaria Mottola. \$10-\$14. [www.aypo.org](http://www.aypo.org) or 703-642-8051.

### WEDNESDAY/JUNE 6

**The 20th Century's Greatest Volcanic Eruption: Mt Katmai 100 Years Later.** 7 p.m. USGS. 12201 Sunrise Valley Drive Reston. Bill Burton on the June 6-8, 1912 eruption of Mount Katmai in Alaska, which was 30 times larger than the 1980 eruption of Mt. St. Helens, causing widespread devastation and inspiring heroic efforts at survival. Learn what lessons there are for modern-day monitoring of volcano hazards. Free. Federal facility, photo ID required. Requests for sign language interpreting require at least two weeks notice. [jcorley@usgs.gov](mailto:jcorley@usgs.gov) or 703-648-7770.



PHOTO COURTESY OF THE TOWN OF HERNDON

The four-day festival will feature entertainment on three stages, a carnival, fireworks, a Kid's Alley with children's hands-on art area, arts & crafts show, business expo, 10K/5K races and fitness expo, and a variety of top-quality food vendors.

## Herndon Festival Set for May 31-June 3

**Festival Features free Entertainment, fireworks and carnival.**

The 32nd annual Herndon Festival, a community-wide celebration that has earned national recognition as a premier event for families, will be held May 31-June 3, in and around Herndon's Municipal Center complex and historic Town Hall Square. The 2012 Herndon Festival Title Sponsor is Volkswagen. To learn more about event details and the entertainment schedule visit [www.Herndonfestival.net](http://www.Herndonfestival.net).

The four-day festival, produced by the Town of Herndon's Parks and Recreation

Department with assistance from area civic organizations and businesses, will feature entertainment on three stages, a carnival, fireworks, a Kid's Alley with children's hands-on art area, arts & crafts show, business expo, 10K/5K races and fitness expo, and an eclectic variety of top-quality food vendors. The Herndon Festival is free and open to the public, although there is a charge for some activities.

### ENTERTAINMENT HEADLINERS

- ♦ **Thursday** - Chopteeth Afrofunk Big Band; Sandbar; Melodime
- ♦ **Friday** - 42 Coldplay Tribute; Flynn; Trio Caliente and Friends
- ♦ **Saturday Night** - Brass Transit; Locksley
- ♦ **Sunday** - Red Molly

For more information, contact the Parks and Recreation Department at 703-787-7300 or visit [www.herndonfestival.net](http://www.herndonfestival.net).

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Sat., June 9<sup>th</sup> — 10am-2pm

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## LETTERS

FROM PAGE 7

effective. Having just voted a multi-billion dollar County budget which included \$40 Million for subsidized housing, the Democratic-dominated Board of Supervisors cannot find \$50,000 to meet federal or state law requirements to provide a modicum of adequate supervision and training for our poll staffs on Election Day. Amazing!

To paraphrase: But Sir! Both Delegate Plum and Chairman del Aguila need to find some clothes for they are without cover.

**Jack Kenny**  
Reston

### Education 2012: A Third Dimension

To the Editor:

In my piece, "Education in the USA, 2012," I said: "There are three distinct ways which make it impossible to say that, aside from equality under the law, all children are created equal." I followed this with only two ways, thus short-changing the reader. To make amends, I should like to provide my third reason now.

I truly believe that education in the USA is handicapped by combining girls and boys in the same classroom. It is an undisputed fact that, on average, girls are two years ahead of boys of the same age mentally as well as physically. My own experience validated this, remembering how in dancing class as a 15-year old I would lead my partner onto the floor and gently rest my head on her bosom. And another, years later—visiting my step-daughter in her college dorm, I quizzed several of her friends about the boys in their high school classes. One after another gave me the same reaction: "Jerks".

More to the point, over my years in Reston I have had conversations with numerous middle and high school teachers. Not one of them doubted that separate classrooms for girls and for boys would benefit all their students. Not hard to explain. Add to the maturity gap the hormonal vibrations and the results are bound to affect the learning curves of the majority of students.

People will say that co-education prepares students for the real world and that interaction between the sexes should be part of their education. I believe that this part of education can well be fulfilled by shared dining facilities as well as by shared self-governmental and pro-bono activities. I did not experience this sharing as my

school and college were all male. However, I found that learning to relate to the opposite sex could be accomplished (as much as was possible for me) in out of school time.

**Robert Simon**  
Reston

### Misguided Belief

To the Editor:

Karen Christenson's commentary on the health care ["Strengthening, Not Blocking, Health Care Law," Reston Connection, May 23-29, Reston Connection] provided an excellent illustration of a number of shortcomings in America's medical practices. As Ms. Christenson ably illustrates, self-employed persons are particularly disadvantaged by our system. However, her endorsement of the Affordable Care Act (Obamacare) as the solution is an example of reverse logic. Most of the deficiencies cited by Ms. Christenson are the direct result of the federal government's involvement in the health care. The belief that complete government control of the health care system will improve it is misguided. A large diverse country such as the United States requires the application of market forces to inject fairness and efficiency into our medical services. Virginia can contribute to that effort by replacing outgoing U.S. Senator Jim Webb with Governor George Allen.

**Bob Peters**  
Reston

### Revelation on Tennis Courts

To the Editor:

The formal opening of the new kid-size tennis courts on Saturday, May 19 was a revelation for me. A new phenomenon for Virginia,

these six courts replace two normal sized courts that were located opposite the four story office building on Washington Plaza W. off North Shore Road. The six are equipped with lower nets than traditional, and the kids play with larger, less bouncy balls and special rackets.

Reston already has an impressive number of kids playing tennis — 2,000 of them, starting as young as 3 years old, encouraged by 12 tennis pros on RA staff. Scholarships are available for any qualified kid. At this moment there are 15 kids in the program on scholarship.

The revelation for me was watching these kids play. (Until recently, I had played tennis all my life. As a teenager I had considered taking tennis lessons as sissy. Whether never having had a pro show me the basics of the game is my excuse, the fact is that I never got proficient at the game. However, I was very enthusiastic; I loved the game—getting out on the court for singles or doubles. I enjoyed the exercise and the camaraderie with the other members of the team representing the little club I belonged to on Long Island.)

So, last Saturday, I was particularly taken by an 8-year-old girl. She handled her racket like a pro—racket back the moment her opponent hit the ball, follow through with her stroke, finger on high following the ball for her overhead shots. But she was not the only kid I saw who had benefited from the program. And I imagine that numbers of the 2000 will continue on courts over the many decades to come, thanking RA's Mary Donovan, who set this all up, for enriching their and their offsprings' lives.

**Robert Simon**  
Reston Founder

### Write Us

The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors. Send to:

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PHOTO CONTRIBUTED

**Pictured, from left, row 1: Mouna Penmetsa, Stephanie Cox, Michelle Geary, Katherine Murphy, Emma Miller-Cvilikas, Emily Kangelaris, Dana Rosenberg, Jennifer Schmid, Sonya Wali; Row 2: Andrew Kovalenko, Tom Braudaway, Tim McManus, CEO/President of Reston Hospital Center, Vincent Ascrizzi, VP of Reston Hospital Center Medical Staff, Paras Gupta, Syreya Kamineni.**

## Reston Hospital Center Awards Scholarships to Area Students

Reston Hospital Center awarded eight Fairfax County high school seniors with scholarships in recognition of their excellence in education and passion for pursuing a career in healthcare.

Each year the Medical Staff at Reston Hospital Center offers \$12,000 in scholarships to ten local high schools, and the hospital's Volunteer Services department offers scholarships to deserving high school seniors who currently volunteer at the hospital. Over the years, Reston Hospital Center has awarded more than \$200,000 in academic scholarships to students in Northern Virginia.

The recipients of the Reston Hospital Center Medical Staff scholarships are: Louisa Aboagye – Herndon

High School, Tom Braudaway – Oakton High School, Emma Miller-Cvilikas – Herndon High School, Michelle Geary – James Madison High School, Syreya Kamineni – South Lakes High School, Katherine Murphy – Oakton High School, Dana Rosenberg – Langley High School and Sonya Wali – South Lakes High School.

The Volunteer Services scholarships were awarded to Paras Gupta – Briarwood High School and Emily Kangelaris – Trinity Christian School.

The Reston Hospital Center Medical Staff and Volunteer Services Department congratulate these outstanding students, and are proud to support their continuing education and passion for healthcare.

### FAITH NOTES

*Faith Notes are for announcements and events in the faith community, including special holiday services. Send to [reston@connectionnewspapers.com](mailto:reston@connectionnewspapers.com). Deadline is Thursday.*

**Trinity Presbyterian Church**, 651 Dranesville Road in Herndon, has Sunday Worship Service at 8:30 a.m. and 11 a.m. Nursery and childcare are available during worship services. Youth and Adult Sunday School is held Sundays from 9:40-10:45 a.m. 703-437-5500 or

[www.trinityherndon.org](http://www.trinityherndon.org).

**Floris United Methodist Church**, 13600 Frying Pan Road in Herndon, has worship services at 8 a.m., 9:15 a.m., 11 a.m. and 5 p.m. on Sundays, with a Latino service on Saturdays at 7 p.m. 703-793-0026 or [www.florisumc.org](http://www.florisumc.org).

**Vajrayogini Buddhist Center**, Brown's Chapel, 11450 Baron Cameron Ave., Reston, holds monthly classes for the general public. Gen Kelsang Varahi,

an American Buddhist nun, will teach 'Living Meditation: Meditation for Relaxation,' teachings and guided meditations that teach students how to relax their body and mind. \$12. [www.meditation-dc.org](http://www.meditation-dc.org) or 202-986-2257.

**Adult Sunday school** will be held 9:30 a.m. Sundays at the Washington Plaza Baptist Church at Lake Anne Village Center. The group is studying the Gospel of Mark. Services follow at 11 a.m.

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# Langley Lacrosse Wins Northern Region

**Saxons defeat Oakton in semifinals and Chantilly in finals.**

The Langley Saxons defeated the Oakton Cougars in a Northern Region boys' lacrosse semifinals playoff game last Thursday, May 24. As a result, the Saxons booked their passage to the Northern Region boys' finals the following day (Friday, May 25 versus Chantilly) and also earned an automatic seeding for the upcoming Virginia High School League (VHSL) state playoffs for the fourth year running.

Langley, in Thursday's region semifinals, bested the talented and

host team Cougars by a score of 16-12. The Saxons then went on to defeat the Chantilly Chargers, 7-6, for the region crown on Friday night at Langley. Chantilly had earned its place in the championship game by defeating W.T. Woodson in an overtime contest of the other semifinals game on Thursday.

With only two state competition slots allotted to Northern Region teams starting this year, the loss on Thursday ended a Cougar campaign just short of advancing beyond regional play.



**Luke Salzer (3) of Langley moves with the ball during the Saxons' region finals win over Chantilly last Friday.**

PHOTO BY  
CRAIG STERBUTZEL/  
THE CONNECTION

**Sarah Delaney (sitting), earlier in May, signed her letter of intent to attend James Madison University next school year. There, she will be a part of the Dukes' women's volleyball team. She celebrated her signing moment with family members and school administrators. South Lakes volleyball head coach Cheri Hostetler is at the far left.**



PHOTO/COURTESY SOUTH LAKES VOLLEYBALL

## Delaney Set to Play Volleyball at JMU

**South Lakes volleyball standout earned Seahawks' Offensive Player of Year honors the past two fall seasons.**

Sarah Delaney, a senior at South Lakes High School and a key member of the Seahawks' volleyball team during her four years with the program (three as a varsity team member), recently signed a collegiate letter of intent to play the sport next school year at James Madison University in Harrisonburg.

Delaney holds South Lakes' single season record for the most blocks per season as well as most kills per season.

This past fall, her senior season, Delaney was a team captain and earned a varsity letter at middle hitter position. She earned First Team All-Liberty District honors as well as being named Honorable Mention All-Northern Region.

Among team accolades, Delaney earned the Offensive Player Award as well as Top Blocker Award. She was also among those Seahawk student-athletes to be named to the Athletic

Honor Roll.

Her junior season, Delaney was part of a Seahawks' team which earned credentials as the school's Top Academic Varsity Sports Team. That season (fall of 2010) saw Delaney, as a middle hitter, earn Second Team All-District success as well as varsity letter status. She was selected for both the Offensive Player Award as well as the Top Blocker Award.

Back as a sophomore in the fall season of 2009, Delaney earned a varsity letter with the varsity team. Away from the volleyball court, she was a member of the Latin Club as well as the Tri-M Music Honor Society.

Her freshmen season, Delaney was a member of the South Lakes' JV volleyball squad.

Delaney's head coach throughout her high school varsity career was Cheri Hostetler.

Delaney, along with being a part of South Lakes volleyball for her four years, also played club volleyball for NVVA for two years (2009-2011) and the Virginia Elite for a year (2011-12 school year).

In addition to seven goals from Adams and Ahearn's three for the night, the Saxons got a pair of goals from Meyer and senior middle Slater Howell, as well as the solo strikes from Rivers and Sibio. Three Cougar attackers delivered hat tricks in the game - seniors Evan Lalande and Sean

Schweiker, and junior Jack Harris - to go with single goals from three middies — seniors Michael Durst and Stephen Lambrides, and sophomore Cory Harris.

—SUBMITTED BY LANGLEY  
LACROSSE

## Davis Carries Oakton Softball to Region Semifinals

BY JON ROETMAN  
THE CONNECTION

Members of the Oakton softball team endearingly refer to standout sophomore pitcher Allison Davis as "The Chosen One." Facing a win-or-go-home scenario on May 28, Davis gave the Hayfield Hawks a glimpse of the talents that earned her the same moniker as NBA star LeBron James.

Davis threw a two-hit shutout and delivered a two-run double as Oakton defeated Hayfield, 6-0, in a Northern Region quarterfinal matchup at Falls Church High School. Davis walked one, hit one batter and struck out 11 while allowing only one runner to reach third base. At the plate, her two-run double was part of a four-run fourth inning for the Cougars.

"She works so hard," Oakton head coach Ray Gordon said. "Allison works at the game 12 months of the year. She's re-

ally good."

While Davis' work ethic continues to improve her on-field talents, No. 21 said she has also gotten better at handling pressure.

"I think I took a lot of the weight last year just being the pitcher and I let it get to me a little bit," the sophomore said. "This year, I've just kind of calmed down and relaxed and I've learned to trust my team because they're really good on defense."

Right-fielder Mary Kate Mehegan gave Oakton a 2-0 lead with an RBI groundout in the second. Sophomore second baseman Becky Cerva produced a run-scoring single in the fourth and two batters later, junior shortstop Emily Krisanda delivered an RBI double.

Oakton, the No. 2 seed from the Concorde District, will take on Patriot District champion South County in the regional semifinals at 4:30 p.m. on Wednesday, May 30 at Madison High School.





Guests at the Reston Farmers Market browse fresh fruits and vegetables at the Chelsey Vegetable Farms stand Saturday, May 26.

## Farmers Market Going Strong

Weekly market will be at Lake Anne until November.

BY ALEX MCVEIGH  
THE CONNECTION

Living in California, Tony Tanis saw the rise in popularity of kale chips. A vegan culinary school graduate, she knew the nutritional value of the chips, made of dried kale greens, but found that they could be a little pricey.

"I love potato chips, but they're not the best thing for you. Kale chip's tasty, but also about \$10 a bag, and I couldn't see myself paying that, so we came up with the idea of making our own," she said.

New Family Naturals, Tanis's company, is one of the recent addition to the Reston Farmers Market, which takes place at Lake Anne every Saturday.

While they will be at the farmer's market at Lake Anne for the rest of the season, Tanis is also planning on being a more permanent fixture at Lake Anne.

"We're going to be opening a community market, featuring our products, as well as products from the community, soap makers, a juice bar and a selection of al-vegetarian, gluten-free items," she said. "We want to make health food that tastes good."

**NEW FAMILY NATURALS** also make flax chips, rich in fiber and omega-3, and dried vegetables. They plan to open their market at Lake Anne Aug. 1. They are doing much of the construction themselves, and are holding a fundraiser to raise money for equipment.

Kathy Reid of Reid's Orchard and Winery of Pennsylvania knows how farming has evolved. They started growing commercial varieties of apples, but soon realized there was more to it.

"We realized that we were sending everything away on the truck, so now we just go direct to markets," Reid said. "We also

learned how to expand, because in the commercial business, wholesalers just want consistency, but people who come to farmer's markets want variety."

Reid's farm grows 60 varieties of heirloom tomatoes, 75 varieties of heirloom apples, melons, zucchini, yellow squash, peppers and more. She also knows the importance of growing things the natural way.

"Our strawberries might look small, but they're full of flavor. We don't pump them full of water and fertilizer, so they're the natural size and the flavor doesn't suffer," she said. "Our goal here is to teach people what fresh, natural food looks like, because so many foods out there that people get aren't what they're supposed to look like."

Reid says it's especially rewarding to see children as customers, because they get a chance to see where foods they might not otherwise see come from.

"We've always viewed ourselves as stewards of our farm, it was there before we were, and it will be a farm after we're gone," she said. "We just want to keep it going for the next generation."

Lynn Dysart of A Bit More Sweets and Specialties has been coming to the market for the past eight years. She's gotten into a routine, which includes no sleep on Friday nights.

"I do a market on Friday nights until about 7 o'clock, my ovens are on by eight and the last scones come out of the oven at about 5:15 a.m.," she said.

Dysart creates a wide variety of cookies and other sweets, and every week at the Reston Farmer's Market she will have a different theme for some cookies.

"This week was barbecue week, because of Memorial Day, we had hotdog and grill-shaped cookies, they went pretty fast," she said. "Next week will be end-of-school themed, and later we'll be doing a children's story theme. We're always looking for ideas. I think the kids get excited to come by and see what the week's cookies look like."

Mary and Matt Harsh of Chelsey Vegetable Farms of Smithsburg, Md. were one of the earliest farms at the market, going



PHOTOS BY ALEX MCVEIGH/THE CONNECTION

Toya and Engin Tanis of New Family Naturals showcase their kale chips, dried vegetables and more at the Reston Farmers Market. New Family Naturals will be opening a market and juice bar at Lake Anne Aug. 1.



From left, Jane Wilkinson and Audrey Stimpson examine a selection of flowers available at the Reston Farmers Market.

all the way back to 1998.

"We came because we thought it would be a good way to expand into a different avenue, and it's really unique way to take our produce directly to the consumer," Mary Harsh said. "People don't just want a red delicious apples anymore, they want diversity, and we can give that to them. When the process is this direct, we can get the freshest things out, unlike with regular grocery distribution."

Chelsey Vegetable Farms features a variety of tree fruit, such as peaches, plums,

cherries, as well as heirloom tomatoes, apples, eggplants and more.

"One of our most popular items are the baby cantaloupe, which are about the size of softballs," Mary Harsh said. "They're so popular, we don't even bring the regular size anymore."

**THE RESTON FARMERS MARKET** takes place from 8 a.m. to noon every Saturday until Nov. 3 at Lake Anne Plaza. More information can be found at [www.restonfarmersmarket.com](http://www.restonfarmersmarket.com).



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## Off Topic, Almost



By KENNETH B. LOURIE

If only it were that simple. And as much I'd like to turn the cancer switch off, finding that switch has proven to be extremely challenging. Not that I'm forever looking for it mind you, but if it were to present itself, I hope I wouldn't be so self-absorbed in its pursuit to not take advantage of its proximity. Under the present circumstances (as I live and breathe, still), a break and/or a brake in all this cancer focus/action would be most welcome. A cure even better, but if nothing else, I am realistic about my cancer diagnosis. I'm not quite ready to admit that I'm consumed by it however (really?), but if I were to be honest, I'd have to say my life is certainly controlled by it.

The enlightened view is of course, given the "terminal" characterization of my diagnosis/prognosis, that as long as I am still controlled by cancer, I am still living with it. And so far as we know, generally speaking it beats the alternative of not living with it. Dying might be a beginning for some, but for me, it sort of represents an end, an end I'd rather not reach, at least not before my pre-cancer diagnosis, life-expectancy age of 85 or so. It just doesn't seem right (you'll note I didn't say fair), to die at a younger age than either of my parents (age 86 and 87) did. Aren't succeeding generations supposed to naturally evolve and live longer and healthier than those which preceded them?

I know. There's no guarantee. Oh, there is, actually: "death and taxes," as the old joke says, (ironic, given my situation). And really, who else am I supposed to be concerned about? Granted, it can't be all about Kenny all the time; that would be boring (as some of you occasional readers have opined). But unless I start at home, I'll never make it out on the road. I don't want to be a metaphorical black hole that sucks all the life and laughter out of a room because I have cancer. I want to be the exact opposite. Part of my intention is that I believe that what goes around comes around, and being positive to others will generate positivity back to me (of that I'm positive). Ultimately, I am being selfish. I need that positivity sent my way. I don't need to be around any "nattering nabobs of negativism" (Spiro T. Agnew). The other part is, it's not my nature to be negative, and when it happens that I receive and/or sense negativity, it really drains my emotional wherewithal - which after three-plus years of living with a terminal diagnosis, it is wherewithal which has come and often gone. It's simply too difficult to overcome. I already have enough physical and medical challenges. I don't need any matters being made worse.

On the contrary, to prevent further erosion, I need to be over-compensated for my troubles. Apparently, the longer one lives as a cancer survivor/patient, the greater the cumulative weight of the underlying diagnosis. If it's ever gone (remission), it's certainly not forgotten - by the patient. One way or another, it's with you for the rest of your life. And good health guarantees? Right next to your "Get out of jail free card." Nevertheless, after sifting and sorting through the emotional maze these last three years, I feel as if I have a pretty good handle on what I'm doing and why. The only problem is, cancer doesn't care; it does what it wants and it causes what it causes. As much as you try, it overwhelms. Some days are worse than others, as you no doubt can read for yourself.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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-Werner Heisenberg

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703-435-4900



**Reston**  
**\$479,000**  
**Privacy in Golf Course Community**

Lovely 2 car garage TH w/3BR, 2.5BA. All main level rooms lead to either the front or back patio. Fenced yard, updated kit w/corrian, beautiful wood cabinets, newer appliances, w/adjacent den, breakfast rm. Huge FR w/FP, spectacular MBR w/gorgeous MBA. Large secondary BR's & light filled DR. A rare find.

Marcy Thomas 703-927-2190 or e-mail mathomas8@aol.com  
Gail Romansky 703-980-5300 or e-mail gpromansky@aol.com



**Reston** **\$365,000**  
**Poplar Grove Townhouse**

3BR, 1.5BA, 1,300SF, private backyard, separate DR, LR & FR. Updated kitchen with granite, large fridge, ceramic glass range, built-in microwave, pergo floors, ceiling fans in every BR. Charming patio backs to trees & open space, storage shed & front porch. Huge MBR w/2 closets, 2 assigned parking spaces. Close to Reston Town Center & major roads.

Call Leslie Thurman 703-895-6000 or e-mail lesliethurman@gmail.com



**Ashburn** **Brambleton!** **\$240,000**

3 level TH w/2BR, 2.5BA and over 1,400 SF w/1-car garage in Summerfield Brambleton. Close to shops, restaurants, movies, community center.



**Reston** **\$2000/month rent**

**What a View!**  
2BR, 2.5BA in Dockside w/lake privileges! All new flooring & fresh paint, SS appliances, FP Large balcony overlooks lake. Walk to shops, near future METRO.



**Ashburn** **\$589,900**

**Gorgeous Home, Belmont Land Bay!**  
Exquisite 4BR, 3.5BA home w/numerous updates throughout. Main level features an elegant kitchen, breakfast nook that opens to cozy deck, FR w/volume ceilings, DR, LR and library. Owner's site includes deluxe bath, walk-in closets & more. Lower level features full bath & walk-up basement, an expansive area awaiting your finishing touches. Gated entry, golf course, outdoor pools & Belmont Country Club are just a few of the compelling amenities in this fabulous community.

Call Ron Rudison 703-862-7535 or e-mail Ron.Rudison@longandfoster.com



**Herndon** **\$489,900**

**Fantastic Home!**  
Lovingly maintained 4BR, 2.5BA home w/over \$70,000 in recent upgrades-fresh paint, new carpet & hardwoods, updated kitchen boasts quartz counters, new oak cabinets, center island and ceramic tile. New roof, HVAC, siding & window w/I past 10 years. Porch re-screened & new deck in 2011. Minutes to future METRO. Oakton HS pyramid & more.



**Ashburn** **\$735,000**

**Every Option is Here!**  
4BR, 2.5BA cul-de-sac in gated Belmont Country Club. Hardwoods, sunroom, study, bay window, crown molding, tray ceiling, huge deck, 2FP deck on 9th green, sitting room in MBR. Bright and stunning!

Call Leslie Thurman 703-895-6000 or e-mail lesliethurman@gmail.com



**Vienna** **\$750,000**

**Great Wolftrap Location**  
5BR, 2BA, updated kitchen w/stainless appliances, backsplash & new counters, hardwoods throughout, 2FP's, deck, patio, huge yard, W/O basement, future METRO minutes away.



**Falls Church** **\$419,900**

**Charming Cape!**  
This fully renovated Cape Cod is located minutes from METRO, shopping & restaurants. Top of the line kitchen w/42" cabinets, granite counters & stainless appliances. New heat, A/C, woods floors, roof, deck, exterior doors, W/D, water heater and a fenced yd w/mature trees.

Call Mary Wright 703-405-4211  
www.marywright.net



**Reston** **\$974,900**

**Magnificent Colonial!**  
With over 5,800 SF on 3 fin levels! Stately & elegant with soaring ceilings & Palladian windows, back staircase, gourmet kitchen & more enticing features. Windows galore in the huge walk-out lower level featuring a 5th BR, rec room & 2 full baths! This home is an incredible value.

Call Karen Swanson 703-795-9970  
Karen.Swanson@longandfoster.com  
www.KarenSwanson.com



**Vienna** **Gorgeous!!** **\$649,000**

Coming soon gorgeous 3BR, 3.5BA, 2 car garage town-home less than .33 mile from new Tysons West METRO station. Perfect move-in condition w/new hardwoods, granite & new carpet.

Call Missy Edmondson 703-932-8484 or e-mail missyedmondson@aol.com



**Reston** **\$849,000**

**Spectacular!**  
Custom CP 1 contemporary on gorgeous .75 acre lot in the heart of North Reston. WOW dramatic designs w/soaring ceilings & walls of glass, fabulous chef's kitchen w/granite countertops & floors, upgrades throughout, upper level loft, master suite w/balcony & spa bath, fantastic multi decks and brick patio for outdoor entertaining, fin lower level walk out w/rec rm, 4th BR and BA.



**Falls Church** **\$1,599,000**

**West Falls Church METRO Less Than 1 mile!**  
Stunning home w/4BR, 4.5BA, 10 ft ceilings & gleaming hardwoods on main level, spectacular curved stairs, bright sunroom, huge rec room w/custom wet bar, incredible chef's kitchen w/SS Viking professional appliances, main level library!



**Reston** **\$585,000**

**South Reston Personified!**  
This lovely Beckanstin contemporary is nestled on a nearly car-free .46 acre cul-de-sac lot surrounded by towering trees. Floor to ceiling windows plus granite, Stainless steel appliances, gleaming hardwood floors on 2 upper level, fin rec room, 3 FP, fully fenced back yard & more!

Call Terry@703-861-0538 • Terry.Atherton@longandfoster.com



**Middleburg** **\$1,500,000**

**Best of Both Worlds**  
Incredible custom stone colonial w/6BR, 7.5BA including separate apartment/office. Nestled on nearly 6 acres of wooded privacy, yet minutes to Greenway, airports, shopping. Leesburg side of Middleburg.



**"I work hard for my agents, so they can work hard for you!"**

—Anita Lasansky, Managing Broker



www.Reston-Herndon-Homes.com

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