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PHOTO BY VICTORIA ROSS/THE CONNECTION

Fairfax Station ♦ Clifton ♦ Lorton CONNECTION

Jane Barker of Clifton, chair of the TPSM Association, stands with Nancy Lyons Sargeant of Lorton, marketing chair of the TPSM and 2012 award recipient Dr. Ann Gordon. Gordon was honored at the event, held at Meadowlark Botanical Gardens in Vienna on Wednesday, May 30, for her decades of research on suffragists Elizabeth Cady Stanton and Susan B. Anthony.



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The Brown family (from left) Josh, Mary Beth, Liza, Ava, Jack, Craig and "Lord" Robert Brown with Supervisor Pat Herrity (R-Springfield) at the 30th anniversary of Celebrate Fairfax.



PHOTOS BY CAROLINE PAXTON/THE CONNECTION

Bill Wilson, "Lady" Tessie Wilson, and Superintendent of Fairfax County Public Schools Jack Dale at the 30th anniversary of Celebrate Fairfax honoring the 2012 Lord and Lady Fairfax nominees. The event was held at the Fairfax County Government Center Tuesday, June 6.

Celebrate Fairfax Honors 2012 'Lords and Ladies'

Honorees saluted for community volunteerism.

By VICTORIA ROSS
THE CONNECTION

Celebrate Fairfax kicked off its 30th anniversary with a salute to the 2012 Lord and Lady Fairfax Honorees during a dinner and awards ceremony at the Fairfax County Government Center Tuesday, June 5.

"The tradition of honoring Lords and Ladies Fairfax began in 1984 as a unique way to recognize exceptional citizens of Fairfax County," said Lynne Strobel, chair of Celebrate Fairfax Board of Directors.

Each year, the Fairfax County Board of Supervisors selects two people from their district who have demonstrated superior volunteer service, heroism, or other special accomplishments to receive the award.

"Volunteerism is what sets Fairfax County apart," said Tessie Wilson, a former Fairfax County School Board member and the Braddock District honoree. "I'm very honored. Celebrate Fairfax recognizes the extra value of volunteerism in our society."

The event drew several hundred people, including community and business leaders as well as state and local elected officials.

"Tonight, we are honoring the stars of each district who make our communities strong," said Pete Murphy, a Celebrate Fairfax board member and the event's master of ceremonies. "John Quincy Adams said



"Lady" Martha Lloyd and "Lord" Don Hinman stand with Supervisor Jeff McKay (D-Lee), center, at the award ceremony.



From left - Carly Coho, Petre Snegireff, Supervisor Pat Herrity (R-Springfield), "Lady" Breeana Bornhorst, Linda Aikey and Rhonda VanLowe at the event.

it best: 'If your actions inspire others to dream more, learn more, do more and become more, you are a leader.'

2012 Lord and Lady Fairfax Honorees

**Profiles provided by Celebrate Fairfax*

Nominated by Chairman Sharon Bulova

(D- At-large) :

* **Kathy Albarado**, President and CEO of Helios HR, an award-winning Human Resource firm based in Reston. She has volunteered her time and resources with Reston Interfaith, leading a winter coat drive; food drives and walks for the homeless. In 2009 Kathy was honored by the Washington Business Journal for her dedication to Community and Philanthropy. Helios was also recognized by the Reston Chamber as the "Best of Reston, corporate category." Albarado is an enthusiastic member of the Governing Board to Prevent and End Homelessness. In an opinion piece in The Connection Newspapers, Albarado wrote, "I am fortunate to now be in a position to support and give back to my community and I view it as a privilege to do so. Community outreach can and should become a part of an organization's culture."

"On the Fairfax County seal are the Latin words 'Fare Fac,' roughly translated as 'speak and act.' Kathy is a real example of backing up her words with action," Bulova said.

* **Delbert (Bill) Sheads**, born in 1921, is a lifelong resident of Fairfax County. As a child, Sheads, whose father Cam operated a portable saw mill in the area, helped out by hauling logs, sand and gravel. During high school (1938-1941), he left home at

3:30 a.m. every Monday to pick up saw mill workers in Page and Fauquier County. At 18, Sheads joined the volunteer fire department, later becoming its Chief. He was at Ossian Hall, one of the grand Fitzhugh manor homes in Annandale, when it was burned as training exercise, and he remembers the fire fighters shedding tears as the magnificent home burned. For years, Sheads has been documenting his life story - which is also the community's story - with extraordinary detail. He draws detailed maps and pictures to preserve the past.

"Bill has led a fascinating life and is gifted with amazing recall," Bulova said. "He has generously shared his memories through his writings, oral histories and work with the Burke Historical Society and the A Look Back at Braddock History Project."

Braddock District - Nominated by Supervisor John Cook:

* **Tessie Wilson** came to the area as a student at American University and earned a degree in Overseas Business. As the mother of a son and daughter, she naturally gravitated toward activities involving her children. She has been active in both the Girls Scouts and Boy Scouts, served as an officer on the PTA of both Bonnie Brae Elementary School and Robinson Secondary School, served as the treasurer of the Education Foundation for Fairfax County Public Schools. This led her to serve as the Braddock district representative to the Fairfax County School Board from 1999-2011. She is the Chairman and Founder of College Access Fairfax, a non-profit organization that assists parents and students in completing the FAFSA (Free Application for Federal Student Aid). She currently serves on the board of the Woodbury Woods Civic Association, and runs her own business, CW Accounting. She and her husband live in Fairfax.

* **Doug Brammer** serves as Verizon's Government Affairs Manager in Northern Vir

SEE VOLUNTEERS. PAGE 4

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'Whatever I Do Will Only Make Me Stronger'

Robinson student wins Hispanic Leadership Alliance scholarship.

BY BONNIE HOBBS
THE CONNECTION

Born in Bolivia, Lucia Maldonado came to the U.S. at age 7 with her mother and younger sister. Now 18, she's about to graduate from Robinson Secondary School and is the recipient of a Hispanic Leadership Alliance (HLA) scholarship.

"I was surprised and happy," she said. "It was a huge blessing. I've had a wonderful experience at Robinson because of all the opportunities and extracurricular activities at this school."

Maldonado's president of the National Art Honor Society and an IB diploma candidate. "IB classes allow you to challenge yourself academically and as a thinker and become more well-rounded," she said.

But her favorite thing at Robinson has been participating this year in the school's reopened Latin American Student Association (LASA). "It encourages leadership in Latino students and giving back to their communities so students coming in won't have to face the same challenges I did," she said. "I was one of the only Hispanic students or Hispanic girls in upper-level classes."

AS A RESULT, Maldonado felt intimidated by her classmates' intelligence. But, she said, "That challenged me even more to



Lucia Maldonado (center) with LASA co-sponsors Enrique Fernandez and Ruth Azimi.

"Someday, I hope to provide for my mom the way she provided for me." — Lucia Maldonado

PHOTO BY BONNIE HOBBS/THE CONNECTION

prove to myself and others that I could do it." To win the \$1,000 HLA scholarship, she had to write about the person who inspired her most.

"I wrote about my mom – she's the best example of strength and humility I know," she said. "She's a single mom and she's worked really hard to come to this country and raise my sister and I. Sometimes, she had to work three jobs to get us through."

Maldonado said her mother taught her how to be strong in tough times and always be thankful for what she has. "But the most important thing I've learned from her is

never giving up on my dreams," she said. "Sometimes, the things we want most take longer to attain. But what matters is the destination and not the path you take to get there. My mom's always taught me that, as long as you try your hardest, the right doors will always open."

Maldonado's mother didn't know her daughter was writing about her until she won the scholarship. "She was honored that I think of her that way," said Maldonado. "She was also thankful because it's not easy to have a good relationship with your parents as a teenager."

Ruth Azimi is the co-sponsor of LASA at Robinson and had the honor of presenting Maldonado's scholarship at the recent HLA awards banquet. "I was very proud because I encouraged Lucia to apply for this scholarship," said Azimi. "She needed it and deserved it. I was so excited to learn she'd won, after all her hard work, commitment, dedication and challenges."

Maldonado has had several, serious medical problems the past two years, including a fractured ankle requiring surgery. And after graduation, she'll have surgery on her adenoids to relieve her severe headaches. "The doctors are also concerned about my liver, but I don't want to sulk about it," she said. "Instead, I want to stay positive."

"I won a scholarship, I'm graduating and going to college – something my parents never did," continued Maldonado. "It proves that all my mom's efforts, late nights working and physical and emotional difficulties were worth it. Someday, I hope to provide for my mom the way she provided for me."

THIS FALL, she'll attend NOVA in Alexandria, and she's already started taking online classes. "I want to study film and, hopefully, one day be a director," she said. "I plan to move to Argentina in two years because college is cheaper there and I'll graduate as a creative director – which will allow me to enter any directing field I want."

Maldonado said her biggest reward is making her mother proud of her and seeing her smile. "I feel like whatever I do will only make me stronger," she said. "Whatever I go through will help me learn and God will get me through."

Planning for the Future

BY BONNIE HOBBS
THE CONNECTION

To encourage leadership among Robinson Secondary School's Hispanic population, Ruth Azimi and Enrique Fernandez co-sponsor LASA, the Latin American Students Association. It's helping the students' parents, as well.

Azimi holds monthly meetings for the parents to inform them about opportunities for themselves and their children. She lets them know what's going on at school and provides them with information about scholarships.

"The parents feel included in their kids' lives," said senior Lucia Maldonado. "One of Hispanic parents' fears is that

they won't be able to guide their children through the college-application process."

Now, though, Robinson's Hispanic parents learn how to advocate for their children at school. And when NOVA's Hispanic Student Union recently visited Robinson, its members spoke in Spanish and told parents ways they could get involved in school.

All these things delight Robinson parent liaison Azimi. "I've been working here for eight years, and I always wanted a club for Spanish students," she said. "They don't always participate in clubs, but we do have a lot of Hispanic leaders."

Last year, Azimi went to the Hispanic Leadership Alliance (HLA) awards banquet and saw teachers present Hispanic

Robinson's Latin American Student Association is growing.

students with scholarships. "I wanted to do that at Robinson, too," she said. "So I talked to HLA President Idi Duncan about establishing a partnership with them for a club here."

She then discussed the idea with several students, including Maldonado, then a junior. Azimi wanted to revive LASA, which was once active at Robinson, but had disappeared the past three years.

So when Fernandez joined Robinson in January as a counselor, she recruited him to help. Since then, said Azimi, "He's been our right hand in every aspect of LASA. And the fact that he's fluent in Spanish helped the kids."

"I like LASA," said Fernandez. "The members are really passionate about the group and want to

do lots of things. So we're deciding what we want LASA to be and to do for the community. We worked on an international talent show in March, with all the cultures here. It included a fashion show and food from different countries."

LASA's leadership board has already presented activity ideas to Fernandez for the next school year. "We want it to be mostly student-run," he said. "We'd like it to be more than social – a support system for all ESOL students and students new to the middle and high school. We'd also like to set up a tutoring system for students needing help with their schoolwork. We want to make them all feel like they belong here at Robinson."

BULLETIN BOARD

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

SATURDAY/JUNE 9

Fairfax County Women in the NAACP Meeting. 10 a.m. Kings Park Library, 9000 Burke Lake Road, Burke. Help plan for upcoming events. New members welcome. 703-470-2137 or www.fairfaxvawin.org.

Dog Adoptions. 1-4 p.m. PetSmart, 12971 Fair Lakes Center, Fairfax. Every Saturday. Sponsored by Lost Dog & Cat Rescue Foundation. www.lostdogrescue.org.

Divorce Workshop. 9 a.m. Fair Oaks Courtyard Marriott, 11220 Lee Jackson Memorial Highway, Fairfax. The legal, financial, family, property and personal issues of divorce. Free. www.secondsaturdayfairfax.com.

MONDAY/JUNE 11

Senior Fall Prevention Classes. 2 p.m. The Woodlands Retirement Community, 4320 Forest Hill Drive, Fairfax. Classes designed to work on balance and core muscles to prevent injuries and falls; Instructor certified in back and hip rehab. Every Monday and Friday in a heated indoor pool. \$10. Registration required at 703-667-9800.

JUNE 12

Vote Jim Moran



“I am honored to represent Virginia’s 8th District. I work hard to be deserving of this privilege because I believe deeply in the American dream and in the essential role the Federal Government can serve in the fulfillment of that dream. Well-paying jobs, world-class schools, and a clean, healthy environment are what matter most. That’s what motivates me to work for you.”

- Congressman Jim Moran

VOTE FOR JIM

Tuesday, June 12

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NEWS

Area Volunteers Honored

FROM PAGE 2

ginia. In his current position, Brammer is responsible for representing Verizon at the local and state government level as well as managing corporate philanthropy. He currently serves in leadership positions with a number of community organizations, including the Northern Virginia Community College Education Foundation, the Fairfax Chamber of Commerce, the Arlington Chamber of Commerce, Leadership Arlington, and the Boy Scouts of America. He also currently serves as Chairman of the Board of the Fairfax County Chamber of Commerce VALOR Foundation. The Valor Awards ceremony was established in 1979 to honor and recognize Fairfax County’s First Responders for their heroic acts. The Valor Scholarship Fund was established in 1989. The Scholarship Fund provides post-secondary educational scholarships to the children of our community’s Medal of Valor recipients. He is also the immediate past Chairman of the Board for the Arts Council of Fairfax County. He and his family have lived in Fairfax for 11 years.

Lee District - Nominated by Supervisor Jeff McKay

* **Martha Lloyd** has served on the Fairfax-Falls Church Community Services Board for more than five years. In that capacity, she has been the chair of the Government and Community Relations Committee and served on the Executive Committee and has chaired the Community Services Board for two one-year terms—the maximum allowed. Lloyd has also been in the New Horizons Neighborhood Advisory Board since 2007, on the Laurel Grove School Association Board since 2009, and a member of The Links, Inc. since 2011. She has served on the Lee District Citizen Budget Advisory Board during our most difficult budget years and on the Workforce Committee for the Fairfax County Executive Strategic Plan. Martha also finds time to work with organizations that support our troops and provide mentoring, scholarships, and holiday fundraising.

* **Don Hinman** has been president of the Huntington Grove HOA since 2002. An active board member of the Lee District Association of Civic Organizations since 2009, Hinman also represents Lee District on the Board of the Fairfax County Federation of Citizens Associations. He was vice president of the Federation for two years and now chairs its Citizen Association Services Committee. He is also in his third year on the statewide board of the Virginia Legislative Action Committee of the Community Associations Institute. As HOA president, he advocates for increased use of native plants in landscaping and has helped obtain a county NEPP grant and coordinated installation of native plants in his townhouse community. Additionally, for almost every election since 2005, Hinman has served as Chief Election Officer in Lee District precincts. More recently, he represented HOA on the Penn Daw Special Study Task Force.



PHOTO BY CAROLINE PAXTON/THE CONNECTION

Fairfax County Board of Supervisors Chairman Sharon Bulova (D-At-large) gives “Lord” Delbert “Bill” Sheads a congratulatory kiss after Lynne Strobel, chair of Celebrate Fairfax Board of Directors, recognizes Sheads at the 30th anniversary of Celebrate Fairfax.

Springfield District - Nominated by Supervisor Pat Herrity

* **Breeana Bornhorst** is the Executive Director of the Northern Virginia Therapeutic Riding Program located in Clifton. During the past 11 years, Bornhorst’s skills have served to energize and grow a program with two horses, 15 riders, one instructor, and limited volunteers to one with 14 horses, more than 100 riders per week, nine instructors, three therapists, and a database of 700-plus volunteers. NVTRP offers therapeutic riding and hippotherapy to children and adults with disabilities, youth-at-risk, and military service personnel and their families in an inclusive community setting. NVTRP also offers therapeutic riding and community lessons through the Fairfax County Partakes. In 2011, NVTRP provided more than 3,100 lessons to 262 riders with more than 20,000 volunteer hours. As Chairman of the County’s Equestrian Task Force, Bornhorst has become a champion for the equestrian community by identifying opportunities for horses and their riders.

* **Robert Scott Brown**, owner of Cardinal Plaza Shell and former West Springfield High School graduate, is a hero for the community. Whether it’s through his station’s elaborate seasonal décor, enjoyed by the young and old, or providing the water and space for fundraising car washes, or giving his time and money to the local Little League, Brown loves to give back to his neighbors. Additionally, he has worked with local organizations such as the Springfield Youth Club, First Responders of Springfield, and West Springfield High School. He has also raised money for national and international charities, which include Fisher House, Operation Starfish, and St. Jude’s Children’s Hospital. By upholding the long-held values and traditions of our area, he has continued to make West Springfield a wonderful place to live.

NEWS

Hundreds of spectators cheer on the participants in the 23rd Cardboard Boat Regatta at Lake Accotink Park on June 3. Fifty boats competed in the event, including many built by school age child care groups from Fairfax County Schools. This group, from Little Run Elementary School in Fairfax, is working hard to make their way over the finish line before the other competitors.



PHOTOS BY DEB COBB/THE CONNECTION

Regatta at Accotink

Cardboard Boat Regatta at Springfield Days attracts hundreds.

On Sunday June 3, 50 boats competed in the 23rd Cardboard Boat Regatta at Lake Accotink Park as part of the Springfield Days Celebration. All shapes and sizes, the boats had to be made entirely of cardboard, only glued or taped at the seams. The judging panel had some notables including Fairfax County Board of Supervisors Chairman Sharon Bulova, Lee District Supervisor Jeff McKay and Braddock District

Supervisor John Cook who gave boats special awards: Pride of the Regatta, Best Costume, Team Spirit, Most Likely To Float and the Titanic.

"It is my absolute favorite thing that I do all year round," Bulova said of the event.

"This is a fantastic community event. You can't buy entertainment this good," McKay said about the event."

— DEB COBB

Fairfax County Board of Supervisors Chairman Sharon Bulova says that the Cardboard Boat Regatta, part of Springfield Days, that took place June 3 at Lake Accotink Park "...is my absolute favorite thing that I do all year round."





KAPPA

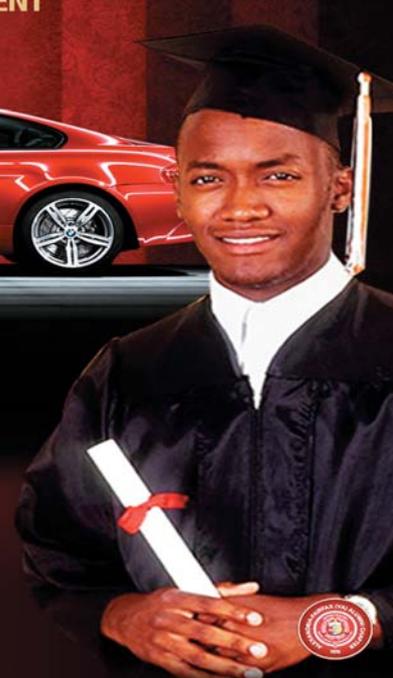


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Celebrating a Silent Revolution for Women's Right

Ann Dexter Gordon receives 2012 Silent Sentinel Award.

BY VICTORIA ROSS
THE CONNECTION

Women's history was front and center in Vienna last week at a gala reception announcing the 2012 recipient of the Turning Point Suffragist Memorial Silent Sentinel Award.

More than 200 people, from local politicians to nationally-known journalists, attended the event held at Meadowlark Botanical Gardens on May 30.

Award-winning political reporter Eleanor Clift of McLean, a panelist for "The McLaughlin Group" and a contributing editor for "Newsweek," was the event's keynote speaker.

"It's great to be able to speak without being interrupted," Clift said to the crowd before announcing scholar Ann Dexter Gordon as the 2012 Silent Sentinel Award winner. "Her work will inform feminist scholarship for decades," Clift said.

A graduate of Smith College and history professor at Rutgers University, Gordon was recognized for her work editing the papers of well-known suffragists and early women's rights activists Elizabeth Cady Stanton and Susan B. Anthony. Gordon has authored a number of other books about the history of the women's suffrage movement, and served as a consultant to Ken Burns' PBS documentary, "Not For Ourselves Alone: The Elizabeth Cady Stanton and Susan B. Anthony Story." Burns was unable to attend, but he served as the Honorary Patron of the event and sent a letter of congratulations. Gordon joined previous honorees Congresswoman Eleanor Holmes Norton and award-winning journalist and author Helen Thomas.

"The award honors women who exemplify the traits of women suffragists," said Jane Barker, chair of the TPSM Association.

"Here's to Ann (Gordon), a not-so-silent Sentinel for the 21st century, keeping guard over our history and keeping Stanton and Anthony safe from obscurity or false interpretations," wrote ABC News' Lynn Scherr, who nominated Gordon for the award.

State Sen. Barbara Favola (D-31) said she



Standing Up for Women's Rights – Anne Stuntz, president of Historic Vienna, Inc.; Leigh Kitcher, treasurer of Historic Vienna, Inc.; and Paula Eley stand with the Silent Sentinels reenacting a picket at the 2012 Turning Point Suffragist Memorial award ceremony held at Meadowlark Botanical Gardens in Vienna on Wednesday, May 30.

PHOTOS BY VICTORIA ROSS/THE CONNECTION



Members of the Fairfax County Commission for Women attended the 2012 TPSM award ceremony held at Meadowlark Botanical Gardens in Vienna on Wednesday, May 30. (From left) Lee Ellen Helfrich (vice-chair, Mason District); Cathy Baum (Hunter Mill District); and Jeanie Jew (chair, Springfield District) stand with Jane Barker, chair of the TPSM Association.

attended the event as a way to support the legacy of the suffragists. "Women today are standing on the shoulders of the courageous

About The Turning Point Suffragist Memorial

The Turning Point Suffragist Memorial (TPSM) Association is currently fundraising for the creation of a \$9 million memorial at Occoquan Regional Park in Lorton. The group is working with the Northern Virginia Regional Park Authority to see the memorial built before 2020, the 100th anniversary of the ratification of the 19th Amendment. Architect Robert Beach said the memorial will be located directly across from the former Occoquan workhouse. For more information, go to www.suffragistmemorial.org

Some of the design features for the Turning Point Suffragist Memorial include:

- ❖ A memorial wall with 120 plaques for the women incarcerated for the cause.
- ❖ Entrance plaza gates duplicating the White House gates where suffragists stood as "silent sentinels" in protest.
- ❖ A footbridge into a memorial garden symbolizing the advancement of the movement.

For more information about the Turning Point Suffragist Memorial Association, go to www.suffragistmemorial.org.

the Fairfax County League of Women Voters, said suffragist history is still not well-known. "When I was in school, the story of suffragists was just a paragraph in the history books, a footnote to history," Hilder said. "I think what surprises people is that key events took place here."

The event was organized by the Turing Point Suffragist Memorial Association, which is planning a \$9 million suffragist memorial in Lorton. "We want to keep history alive so that future generations know that women have done this, have been there," Barker said.

Barker said the memorial will honor the sacrifices of the "silent sentinels," more than 200 women who, in 1917, stood silently in front of The White House for months, carrying signs that read: "Mr. President, what will you do for Woman Suffrage? How Long Must Women Wait for Liberty?"

After months of escalating tension – and after 200 suffragists were jailed, beaten and force-fed at the Occoquan Workhouse – Congress passed the 19th Amendment on Aug. 18, 1920, which gave women the right to vote.

Occoquan Mayor Earnie Porta, a member of the TPSM board, said he frequently tells local visitors the story of the suffragists during tours of the Lorton area. "The memorial will give women today an appreciation of what it means to have a voice," Porta said. "It's a memorial that's long overdue."

"The whole story of the suffragist's contribution to history is mostly invisible," said John Houser, manager of Occoquan Park, and liaison to the TPSM association. "I always say the suffragists are American heroes, not just heroes for women, and they just haven't been given their due in our history books or monuments. We plan to change that."



Jane Barker of Clifton, chair of the TPSM Association, stands with Nancy Lyons Sargeant of Lorton, marketing chair of the TPSM and 2012 award recipient Dr. Ann Gordon. Gordon was honored at the event, held at Meadowlark Botanical Gardens in Vienna on Wednesday, May 30, for her decades of research on suffragists Elizabeth Cady Stanton and Susan B. Anthony.

women who fought for the right to vote," Favola said.

Jane Hilder of Springfield, a member of

PEOPLE

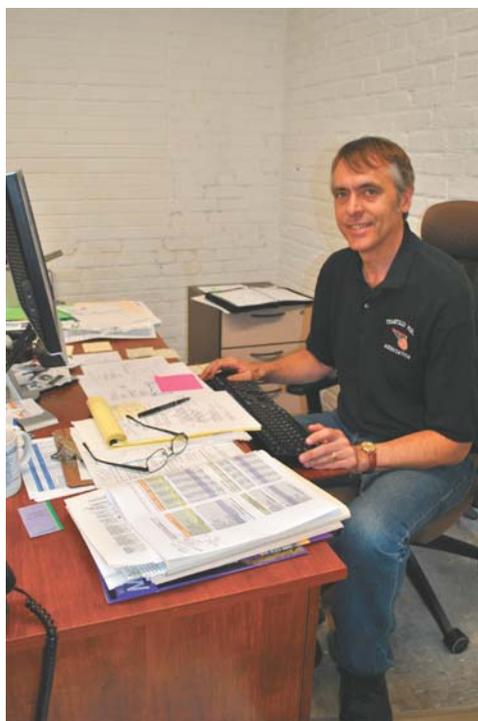
Fridy Named Volunteer of the Year

Giving the community an event they can be proud of.

BY CAROLINE PAXTON
THE CONNECTION

Each year the Board of Directors for Celebrate Fairfax, Inc. honor one outstanding volunteer worker with the Volunteer of the Year Award. This year's recipient, Scott Fridy (Chantilly), has been volunteering in Fairfax County for nearly 20 years and he helps coordinate the revealed "Children's Avenue" sponsored by ExxonMobil. The annual events on "Children's Avenue" include attractions geared just for children aged 12 and under.

Along with a petting zoo, kiddy rides, and booths just for kids, the avenue also includes the Busch Garden's Children's stage, which



Scott Fridy in his office at the Workhouse Arts Center in Lorton.

PHOTO BY CAROLINE PAXTON/THE CONNECTION

As the Director of Performing Arts at the Workhouse Arts Center in Lorton, Fridy uses his acquired network to ensure the children's stage presents an excellent line-up of shows. "It's largely a team effort, and it's important for the 'Celebrate' leaders to be friendly and knowledgeable so we can put a good face on the event," Fridy said.

What started out as one booth that catered to children has evolved into an entire block of Celebrate Fairfax with the help of Fridy and other volunteers like him. "It's another way for us to market ourselves as a family-friendly event."

Overall Fridy says that his pride stems from being able to give the community of Fairfax an event

is coordinated by Fridy. "We like to put on shows and concerts that feature a mix of local acts and bigger acts," Fridy said.

they can be proud of. "It's about giving people an event they will enjoy so that they can feel good about where they live."

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OPINION

Primary Voting

Statewide primary on
Tuesday, June 12.

On Tuesday, June 12, Virginia will hold a statewide Republican primary for U.S. Senate, plus numerous more local primaries for U.S. House of Representatives and localities.

In the City of Alexandria, there is a critical and hotly contested contest for City Council, which has been chronicled by Alexandria Gazette Packet reporter Mike Pope. You can read the coverage online here: <http://www.alexandriagazette.com/news/Election/Alexandria>

Alexandria, Arlington and parts of Fairfax County are affected by the Democratic primary for the 8th district of U.S. House of Representatives, with U.S. Rep. Jim Moran facing former Navy pilot Bruce Shuttleworth. The winner will face Republican Patrick Murray of Arlington in November.

Reston and some other parts of Fairfax County, represented by Moran for the past 10 years, will now be in District 11; incumbent Gerry Connolly will face the winner of next week's Republican primary in November. Voters in the Republican primary in district 11 will choose between Ken Vaughn and Chris Perkins.

There is no primary for either party in the 10th Congressional District. U.S. Rep. Frank Wolf (R) will face Democrat Kristin Cabral in November.

Mount Vernon, Lorton and Mason Neck voters who were previously in District 11 (Connolly) are now in District 8 (Moran).

For maps that show the old and new congressional district boundaries:

District 8: <http://www.vpap.org/elections/district/31>
District 11: <http://www.vpap.org/elections/district/43>
District 10: <http://www.vpap.org/elections/district/39>

In the U.S. Senate Republican Primary, George Allen faces Bob Marshall, Jaime Radtke and E.W. Jackson. The winner will face Democrat Tim Kaine in November.

Connection coverage of the Senate and Congressional races so far is available at <http://www.connectionnewspapers.com/news/Election/National/>

Upcoming Elections and Voter Information

- ♦ Virginia State Board of Elections website at www.sbe.virginia.gov/
- ♦ Fairfax County Office of Elections website at www.fairfaxcounty.gov/elections or contact the Office of Elections at 703-222-0776, TTY 711.
- ♦ Arlington County Office of Voter Registration, 2100 Clarendon Blvd., Suite 320, Arlington, 703.228.3456, TTY 703.228.4611. <http://www.arlingtonva.us/departments/voterregistration/voterregistrationmain.aspx>
- ♦ Alexandria Board of Elections, 132 North Royal Street, Alexandria; 703.746.4050. <http://alexandriava.gov/Elections>.

EDITORIAL

LETTERS TO THE EDITOR

Running for U.S. Senate

To the Editor:

I am a 21-year member of Virginia's General Assembly who never voted for a tax increase. I would like to ask your readers to vote for me in the June 12 Republican U.S. Senate primary.

I wrote the 2010 law challenging Obamacare which gave Attorney General Cuccinelli legal sanding to sue the Obama Administration. I voted against adding "stimulus" money to Virginia's Budget in 2009, and against "borrowing" \$620 million from the Virginia Retirement Fund to pay general obligations, and I oppose Congress shifting Social Security funds.

This year my bill passed to prevent Virginia from participating in a 2011 federal law, which allowed "detaining" American citizens without proof, trial, legal counsel or ability to face an accuser on mere suspicion of supporting terrorism. Japanese Americans heavily supported my bill. I oppose America moving toward a police surveillance state.

In 2006 I devised the one-man, one-woman Marriage Amendment to Virginia's Constitution, approved by voters. I recently led the effort to block the appointment of a social liberal activist who wanted to be a Virginia judge.

In 1976, I devised the Hyde Amendment blocking federal taxes for abortion. I support protecting the lives of all children before birth.

In 2007, I was the only cur-

rent state legislator to sue Richmond's entire political establishment: Democrat Governor Tim Kaine, the Republican Attorney General and the Republican Speaker, for supporting a law establishing unelected taxing authorities. In 2008, the Virginia Supreme Court unanimously struck down the 14 new taxes imposed by these appointed bodies.

Without my successful suit Virginians would have likely seen more unelected taxing bodies violating the principle of "no taxation without representation."

Now I am suing UVA for Michael Mann's global warming papers being used by Barack Obama to cripple America's manufacturing and energy production with needless regulations and many hundreds of billions in taxes.

I will fight to develop America's vast Coal, Oil Shale, Oil and Natural Gas resources to stop the flight of almost \$770 billion a year to foreign regimes, many hostile to America, and promote jobs, improve our economy and prevent war.

I know how to play political hardball with the parliamentary rules from my 6 years as a congressional staffer and 21 years in the Assembly.

My website is bobmarshall2012.com. My cell phone, 201-259-3756. Please vote for me at your regular poll June 12 and ask your family and friends around Virginia to do likewise. Thank you.

Del. Bob Marshall
(R - Manassas)

Endorsing Moran

To the Editor:

As someone who is active in the community and the democratic candidate for delegate from Virginia's 42nd district in last year's election, I offer my enthusiastic endorsement of Congressman Jim Moran in the democratic primary on June 12.

In his many years of public service, Congressman Moran has shown that he shares our values and fights for our community. As a senior member of the Defense Appropriation Subcommittee, he is in a unique position to help our community thrive. He secured \$180 million to widen Route 1 through Fort Belvoir and mitigate traffic cause by BRAC relocations. It was Congressman Moran's fast action in securing \$20 million in additional funding for improvements to the area around the MARC Center that staved off a potentially nightmarish traffic situation.

Always a friend of federal workers, Congressman Moran knows that the

economic stability of Northern Virginia is tied to the health of our federal workforce and the private businesses that flock to do business here.

As a progressive champion Congressman Moran has been recognized many times for his work in advocacy for human rights, the abolishment of animal cruelty and as an environmental steward. He understands that in an economic downturn it is the worst time to cut the social safety net on our hard working Americans. He is one of Congress' fiercest warriors against Tea Party extremism.

As a result of congressional redistricting many more citizens in Southern Fairfax County are now part of the VA 8th Congressional District. If you vote at Gunston Elementary, Lorton Library, Lorton Station Elementary, Grace Bible Church or Saratoga Elementary, you are now in the VA 8th district.

I urge you to get out and vote for Congressman Moran on June 12.

Jack Dobbyn
Alexandria

Metro Stations Shape Communities

Part of what makes the metro so beneficial to local communities is its ability to reduce dependence on automobiles – automobiles – cause congestion, pollution, and safety concerns. However, it's impossible to rely solely on a metro stop to reshape a community into a walkable urban living space. There are an innumerable amount of factors that mold the shape and nature of a community – and public transit is only one factor.

However, the placing of metro stops has a significant impact on how transit shapes communities. By having closer metro stations – you give pedestrians more options without having to use a car. That is in part what makes Clarendon, Court House,

Ballston, and Rosslyn so successful. It's also the reason more isolated stops, like Dunn Loring and Vienna, are only surrounded by parking garages. Dense stations allow for greater building density without large amounts of congestion.

This is in-part why the Silver Line will make Tysons a successful walkable community. Providing multiple stops allow pedestrians to move around more quickly than if they had a car. However, this also means that the Silver Line will have a smaller impact on Reston and Herndon in creating walkable urban communities – as their metro stops are more spaced out.

Frank Muraca
Fairfax

Fairfax Station,
Lorton & Clifton
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County Board Expands Scope of CSB Audit

Social service agency scrutinized for projected \$9 million shortfall that threatens services to children and disabled.

BY VICTORIA ROSS
THE CONNECTION

The Fairfax County Board of Supervisors unanimously agreed to take a closer look at the financially-troubled Fairfax-Falls Church Community Services Board at its June 6 board meeting.

Supervisors agreed to expand the scope of a financial audit for the CSB, an agency which provides social services to thousands of the county's most vulnerable residents and has come under fire for an \$8 million budget shortfall.

"As we all know, the (CSB) is facing serious fiscal challenges. This board has taken several actions to deal with those challenges and has directed the Human Services Council to facilitate a public review process to prioritize, review and evaluate the impact of the CSB's proposed Budget Management Plan," according to a motion

Public Meetings on Community Service Board Continue in June

The Fairfax County Board of Supervisors directed the Human Services Council to offer the public a chance to review, evaluate and comment on the CSB's proposed budget management plan. The next public hearings:

- ❖ Families and Consumers: Monday, June 11 at 7 p.m. in rooms 230 A and B, 2nd floor of the Pennino Building. In addition, individuals may participate in a phone question session at this meeting by calling 703-324-2001.
- ❖ Organizations and Advocacy Groups: Monday, June 18 at 7:30 p.m. in conference center rooms 9 and 10 in the Fairfax County Government Center.
- ❖ To sign up in advance to speak the meetings, to request ADA accommodations or to submit written comments, contact Dwight Curtis at Dwight.Curtis@fairfaxcounty.gov. Or call 703-324-5630, TTY 711.
- ❖ To submit comments online, visit www.surveymonkey.com/s/fairfaxfallschurchCSBplan.
- ❖ The Human Services Council will consider all input and present recommendations to the Board of Supervisors at its July 16 meeting.

made by Supervisors John Foust (D-Dranesville), Jeff McKay (D-Lee), Cathy Hudgins (D-Hunter Mill) and Chairman Sharon Bulova (D-At-Large.)

Relations between the CSB and the board have been strained since the agency revealed a larger-than-expected budget deficit in early May. Some supervisors suggested the information about the finan-

cially-troubled agency came too late in the budget process to adequately explore the reasons behind the shortfall and develop viable solutions.

At its May 22 meeting, the second tense meeting with CSB director George Braunstein, board members expressed unanimous frustration and disappointment that the agency was considering

scaling back services for at-risk children, people with intellectual disabilities and substance abuse problems to address the current \$8 million shortfall that is projected to increase to \$9.4 million in the fiscal year 2013.

"It troubles me that we're stuck with this here, stuck with this now, and we're not in budget (discussions) where we can do anything about it," said Supervisor Pat Herrity (R-Springfield) at the meeting.

Herrity called for a financial review of the agency "to ensure that the CSB is not unnecessarily wasting money, considering their looming budgetary problems."

"We hit a rough patch this year," said CSB executive director George Braunstein. He said the agency is caught between skyrocketing demands for services - especially services for children diagnosed on the autism spectrum and young adults with intellectual disabilities - and dwindling state and federal dollars.

"The CSB, at least during first three years, managed to absorb local budget reductions and not

reduce access to services," Braunstein said. "The strategies we used the last three years just didn't work this past year."

In fiscal year 2011, CSB expenditures totaled approximately \$155 million dollars. In February, the CSB notified the county of a potential \$8.3 million hole in its current budget, which prompted the board to establish a \$4.2 million cushion during the budget discussions.

Bulova noted that CSB programs in other parts of Virginia are funded with a combination of federal and state dollars, but in Fairfax County, 70 percent - or approximately \$100 million dollars - comes from the county.

Supervisor Jeff McKay (D-Lee) said the CSB's convoluted revenue structure complicates issues.

The CSB's funding and revenue structure comprises federal, state and local funding, with Medicaid, private insurance and consumer fees as revenues.

"Because of the magnitude and complexity of the issues, we believe it is important that a com-

SEE CSB, PAGE 13

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The art of being wise is the art of knowing what to overlook.
—William James

WELLBEING

Reiki Masters Christine Mosley, of Springfield; Nanning Sugeng, of Potomac, and Marion Werner, of Chevy Chase, perform Reiki self-treatments.



PHOTOS BY MARILYN CAMPBELL, THE CONNECTION



Reiki Master Nanning Sugeng of Potomac, performs a Reiki self-treatments.

The Power of Touch

Reiki masters credit the practice with promoting healing.

BY MARILYN CAMPBELL
THE CONNECTION

“May I touch you?” asks Marion Werner, a willowy woman with shoulder-length blonde hair. Her hands descend lightly on her patient’s chest.

This is Reiki, a decades-old, Japanese mind-body technique used for relaxation and stress relief that is gaining acceptance in the United States. During a session, a client lies on a massage table, fully clothed. Practitioners rest their hands on or just above the client’s body, palms down. They use a set of eight to 12 hand positions, each held for about two to five minutes.

While some healthcare professionals dismiss the practice as quackery, major medical centers including those at the National Institutes of Health (NIH) and George Washington Hospital’s Center for Integrative Medicine now offer it to patients, and medical schools have integrated mind-body courses into their curriculum.

Reiki is credited with promoting healing and addressing a host of ailments from post-traumatic stress disorder (PTSD), depression and anxiety to infertility, heart disease and the side effects of cancer treatment.

“A relaxed body and mind gives us a foundation for healing,” said Springfield, resident Christine Mosley, a Reiki master who also practices in Fairfax Station.

However, practitioners don’t claim to be healers. “It’s like when you get a cut, the body responds and heals the cut. You might get stitches to help the healing, but your body is actually doing the healing,” said Werner, a Reiki master in Chevy Chase. “It

is a capacity that we’re all born with, but stress can make it difficult for the natural healing process to work. Reiki treatment encourages relaxation and balance in the system.”

SOME PRACTITIONERS believe that Reiki is a mechanism for tapping into a universal energy that supports the body’s natural ability to heal itself, but this notion is not commonly accepted among physicians in the United States.

“In China and Japan they know it works and they don’t care how it works,” said Dr. David Rosenthal, medical director of the Leonard P. Zakim Center for Integrative Therapies at Dana-Farber Cancer Institute in Boston and a professor of medicine at Harvard Medical School. “In this country we have to show not only that it works, but how it works. ... I think the evidence is getting there, but I don’t think it is totally there yet.”

Reiki can be given to those who are dying and to their families. “It can help impart a sense of peace and acceptance,” said Nanning Sugeng, a practitioner in Potomac, who, along with Werner and Mosley, offers free services to cancer patients and wounded veterans.

Comfort for America’s Uniformed Services (CAUSE), a non-profit organization that offers respite to wounded members of the military, provides free Reiki treatments to battle-weary soldiers and their family members and caretakers. “It is so gentle that it can be used on shrapnel wounds and recent amputations to improve wound healing and relieve phantom pain,” said Mosley who is also the coordinator for CAUSE’s

Reiki program at Fort Belvoir in Virginia.

PRIVATE SESSIONS with a Reiki master can cost between \$75 and \$100 an hour. The profession is not regulated, but traditional Reiki training and certification has three levels of expertise. While classes for the first two levels can be completed in two-day classes, preparation for the third, or master, level can take years.

Locally, Reiki treatments are offered at the Pain and Palliative Care Service at the NIH Clinical Center in Bethesda, Inova Loudoun Hospital’s Life with Cancer program and the Center for Integrative Medicine at George Washington University Hospital in Washington, D.C.

“A relaxed body and mind gives us a foundation for healing.”

— Christine Mosley

Still, doctors say more large-scale studies are needed before Reiki becomes a mainstream practice. “Not only is there not enough research, but a lot of the Reiki research has been criticized for not being rigorous enough compared to the standards that are in place to study other medical interventions,” said Dr. John Pan, founder of the Center for Integrative Medicine at the George Washington University Medical Center in Washington and a faculty member at the George Washington University School of Medicine and Health Sciences.

Researchers at George Mason University conducted a study of patients in Inova’s Life with Cancer program to determine whether yoga, Reiki, or meditation would help alle-

viate symptoms of chemotherapy-induced peripheral neuropathy (CIPN).

“At the conclusion of the study, each group, with the exception of the control group, showed [improvement], but the results were not statistically significant,” said Paul G. Clark, PhD, LCSW, assistant professor of social work. “What we did learn was that these therapies are worth studying on a larger scale.”

In 2011, Rosenthal co-authored a study of 18 men with prostate cancer and found that Reiki helped ease their anxiety. “It does relax people, it does decrease stress acutely,” he said, adding that Reiki can be an alternative for patients who have an aversion to relaxation techniques such as massage or acupuncture. “There are some people who do not like their bodies being rubbed and do not like needles being put into their skin.”

Reiki is also credited with calming jittery preoperative patients. Kate Snipes, a 41-year-old wife and mother of two, received Reiki treatments before and after a prophylactic double mastectomy. She recalls feeling tranquil post-treatment, void of the anxiety that had gripped her before the procedure.

“I felt more at peace with [the surgery],” said Snipes. “I felt pain relief, and I felt more comfortable and relaxed in the parts of my body that were kind of tense.”

REIKI IS GENERALLY SAFE and NIH’s National Center for Complementary and Alternative Medicine says that no serious side effects have been reported.

“It won’t cause harm, but some people may not respond to it,” said Pan. “It is an individualized process. What works for one patient may not work for another.”

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CALENDAR

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

THURSDAY/JUNE 7

Learning English. 7 p.m. Kingstowne Library, 6500 Landsdowne Centre, Alexandria. Conversation group for adults learning English. 703-339-4610.

FRIDAY/JUNE 8

30th Celebrate Fairfax! Festival. 6 p.m.-12 a.m. Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. Live concerts on seven stages, with Legends of Hip-Hop at 8 p.m. More than 300 exhibitors, food vendors, crafters and interactive activities. ExxonMobil Children's Avenue, a petting zoo, the Fairfax County Karaoke Championship, carnival rides, festival foods, the Inova Train Ride to Good Health and nightly fireworks. www.celebratefairfax.com.

The Dixie Melody Boys. 7:30 p.m. Mt Calvary Community Church, 8750 Pohick Road, Springfield. A Southern Gospel quartet. 703-971-0165 or www.mtcalvarycc.com.

SATURDAY/JUNE 9

30th Celebrate Fairfax! Festival. 10 a.m.-12 a.m. Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. Live concerts on seven stages, with Pat Benatar & Neil Giraldo at 8 p.m. More than 300 exhibitors, food vendors, crafters and interactive activities. ExxonMobil Children's Avenue, a petting zoo, the Fairfax County Karaoke Championship, carnival rides, festival foods, the Inova Train Ride to Good Health and nightly fireworks. www.celebratefairfax.com.

2nd Saturday Art Walk. 6-9 p.m. Workhouse Art Center, 9601 Ox Road, Lorton. Meet each building's featured artist, a reception in W-16 from 6-7 p.m. and more. www.WorkhouseArts.org.

"Rapunzel." 10 a.m. and 1 p.m. Studio 3 Theatre for Young Audiences, Workhouse Arts Center, 9601 Ox Road, Lorton. A lost prince, a two-headed monster, an unscrupulous baker, a lonely witch and a flaxen-tressed maiden. \$8-\$12. www.WorkhouseArts.org.

Brother Josephus and the Love Revival Revolution Orchestra. 7 p.m. Workhouse Arts Center, 9601 Ox Road, Lorton. New Orleans/party music. Free. 703-324-7469 or www.fairfaxcounty.gov/parks/performance.

Alexandria Harmonizers. 7:30 p.m. George Mason University's Center for the Performing Arts, 4400 University Drive, Fairfax. Spring barbershop concert and show of a 100+ member all-male capella group. \$29-\$34. cfa.gmu.edu/calendar/1134/ or www.harmonizers.org.

Church Yard Sale and Family Fun Day. 8 a.m.-2 p.m. The Journey, 6427 Franconia Road, Springfield. Bounce houses and games for children begin at 10 a.m., free lunch at 11 a.m. 703-971-0277.

City of Fairfax Band. 7:30 p.m. Mary Louise



The Dixie Melody Boys will appear at Mt Calvary Community Church, 8750 Pohick Road in Springfield, on Friday, June 8 at 7:30 p.m. The Southern Gospel quartet is led by 50-year veteran and recent Southern Gospel Music Hall of Fame inductee, Ed O'Neal. 703-971-0165 or www.mtcalvarycc.com.

Jackson Amphitheater, Northern Virginia Community College, 6901 Sudley Road, Manassas. "Springtime Pops," an evening of light classics. 703-530-8298.

"Annie Jr." 7:30 p.m. George Mason University Harris Theater, 4400 University Drive, Fairfax. With almost 60 local students. \$5-\$10. www.stagepresencenow.com.

Flea Market. 8 a.m.-4 p.m. VRE Commuter Rail Parking Lot, 6900 Hechinger Drive, Springfield. Sponsored by Springfield-Franconia Lions Club. Vendor fee \$20 per parking space. Proceeds benefit local charities. 703-569-3074 or <http://sfhostlions.org/fleamkt.html>.

SUNDAY/JUNE 10

Northern Virginia NTRACK Display and N Gauge Trains. 1-4 p.m. Fairfax Station Railroad Museum on Sunday, 11200 Fairfax Station Road, Fairfax Station. \$3 adults, \$1 children. www.fairfax-station.org or 703-425-9225.

"Annie Jr." 3 p.m. George Mason University Harris Theater, 4400 University Drive, Fairfax. With almost 60 local students. \$5-\$10. www.stagepresencenow.com.

30th Celebrate Fairfax! Festival. 11 a.m.-7 p.m.

SEE CALENDAR, PAGE 13



Celebrate Fairfax! June 8-10

Relax aboard the Inova Trackelss Train and enjoy the view as you tour all that Celebrate Fairfax! has in store for your family.

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I never give them hell; I just tell them the truth and they think it is hell.

—Harry Truman

CALENDAR

FROM PAGE 12

Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. Live concerts on seven stages, with The Legwarmers at 4:30 p.m. More than 300 exhibitors, food vendors, crafters and interactive activities. ExxonMobil Children's Avenue, a petting zoo, the Fairfax County Karaoke Championship, carnival rides, festival foods, the Inova Train Ride to Good Health and nightly fireworks. www.celebratefairfax.com.

TUESDAY/JUNE 12

Tuesday Evening Book Group. 7 p.m. Kingstowne Library, 6500 Landsdowne Centre, Alexandria. History of Love by Nicole Krauss. Adults. 703-339-4610.
English Conversation Group. 7 p.m. Richard Byrd Library, 7250 Commerce St., Springfield. Practice and improve your English. Adults. 703-451-8055.

WEDNESDAY/JUNE 13

Kinobe and the African Sensation. 7:30 p.m. Lee District Park Amphitheater, 6601 Telegraph Road, Franconia. Traditional African music by Ugandan performers. Free. 703-324-7469.
 Science Stories: Bubbling Bubbles. 11 a.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Stories and experiments. Age 3-5 with adult. 703-249-1520.
Learning English. 10:15 a.m. Kingstowne Library, 6500 Landsdowne Centre, Alexandria. Conversation group for adults learning English. 703-339-4610.
Older Adults Book Group. 2 p.m. Kingstowne Library, 6500 Landsdowne Centre, Alexandria. One Drop by Bliss Broyard. Meet next door at Kingstowne Center for Active Adults (KNCAA.) Cosponsored by KNCAA. Adults. 703-339-4610.

THURSDAY/JUNE 14

English Conversation Group. 7 p.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Practice English with other adults and improve your skills. 703-249-1520.
Learning English. 7 p.m. Kingstowne Library, 6500 Landsdowne Centre, Alexandria. Conversation group for adults learning English. 703-339-4610.

FRIDAY/JUNE 15

Memphis 59. 7:30 p.m. Grist Mill Park, 4710 Mount Vernon Memorial Highway, Alexandria. Roots-rock, alt-country. Free. 703-324-7469 or www.fairfaxcounty.gov/parks/performance.
U.S. Army Band "Blues Jazz Ensemble." 7:30 p.m. Lake Accotink Park, 7500 Accotink Park Road, Springfield. American roots music. Free. 703-324-7469.
Café Cattail. 7 p.m. Huntley Meadows Park, Harrison Lane and Lockheed Blvd. in Alexandria. Local musicians, dancers and poets are encouraged to share their arts with a nature theme. 703-768-2525.
Picnic Time! 11 a.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Stories and activities. Age 3-5 with adult. 703-249-1520.

SATURDAY/JUNE 16

"Rapunzel." 10 a.m. and 1 p.m. Studio 3 Theatre for Young Audiences, Workhouse Arts Center, 9601 Ox Road, Lorton. A lost prince, a two-headed monster, an unscrupulous baker, a lonely witch and a flaxen-tressed maiden. \$8-\$12. www.WorkhouseArts.org.

FAITH NOTES

Franconia United Methodist Church, 6037 Franconia Road, Alexandria, offers traditional Sunday church services at 8:30 a.m. and 11 a.m. plus Sunday School classes for all ages at 9:45 a.m. Childcare is available 8:15 a.m.-12:15 p.m. There will be a Terry Hall Concert on Saturday, April 14 at 4 p.m. with old spirituals, classic hymns, south-

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

ern gospel favorites and more. 703-971-5151 or admin@franconiaumc.org or www.franconiaumc.org.

Clifton Presbyterian Church, 12748 Richards Lane, Clifton, offers Sunday worship services at 8:30 a.m. and 11 a.m. Nursery care is provided. Christian education for all ages is at

9:45 a.m. 703-830-3175.

St. Andrew the Apostle Catholic Church, 6720 Union Mill Road, Clifton, conducts Sunday masses at 7:30 a.m., 8:45 a.m., 10:30 a.m. and 12:30 p.m. It also offers a Saturday vigil at 5:30 p.m. and a Thursday Latin mass at 7 p.m. 703-817-1770 or www.st-andrew.org.

CSB Audit Expanded

FROM PAGE 9

prehensive plan be prepared and that staff and this board refrain from pursuing the CSB review in a piecemeal manner," McKay said in the motion.

In a June 1 memo, County Executive Edward Long directed senior staff in the Department of Management and Budget and the Department of Human Services to work with the CSB to address fiscal and accountability concerns raised by the board.

Within the next three weeks, Long said he will present the board with a specific plan that outlines an approach for addressing the CSB's fiscal and accountability issues, including concerns related to cost-effective service delivery; financial management oversight; revenue collections, including

Medicaid, private insurance, and consumer fees; outsourcing opportunities; and provider rate negotiation processes.

In the interim, the motion approved Tuesday directs the Auditor of the Board to:

- ❖ Conduct a cost/benefit analysis of the current CSB contracting and billing strategies

- ❖ Analyze existing co-pay and fee-for-service policies and practices to identify potential enhancements.

On Monday, representatives of social service agencies attended the first of three public hearings hosted by the Human Services Council and the CSB to advocate for CSB programs, including the Infant and Toddler Connection, which provides evaluations and early intervention services for infants and toddlers (up to age

three) who have a developmental delay.

ITC therapies include physical, speech, occupational and vision and hearing. Any delays in treatment, according to medical experts, can compound and intensify developmental delays, creating significant learning problems when children enter school. Braunstein said the demand for ITC services has jumped 38 percent in the past two years, with 165 children currently on the waiting list.

"The CSB serves our most vulnerable neighbors, those who often cannot make it without a caring hand," said Supervisor John Cook (R-Braddock). "We are going to need to shift some resources from those programs serving less needy folks, so we can help those most in need."

BULLETIN BOARD

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

SATURDAY/JUNE 9

New Trends in Green Development. 9 a.m. Carl Sandburg Middle School, 8428 Fort Hunt Road, Alexandria. Presented by Southeast Fairfax Development Corporation, with presentations from public and private sector experts in several fields representing a diverse set of perspectives. info@sfdc.org.
Workhouse Farmer's Market. 3:30-7 p.m. Workhouse Arts Center, 9601 Ox Road, Lorton. Locally grown fruits, vegetables, meats and poultry; and local foods. Every Thursday through Oct. 25. www.WorkhouseArts.org.

WEDNESDAY/JUNE 13

Evolution of Fairfax Series. 7:30 p.m. The Mason Inn and Conference Center, George Mason University, Fairfax. A three part series on where we were, where we are, and where we want to be, to be continued on June 20 and June 27. Presented by Chairman Sharon Bulova in partnership with the Fairfax County Chamber of Commerce and Fairfax County Federation of Citizens Associations. Free and open to the public. Reserve at 703-324-2321 or chairman@fairfaxcounty.gov.
Springfield Christian Women's Connection Luncheon. 11:30 a.m. Springfield Golf & Country Club, 8301 Old Keene Mill Road, Springfield. "Physically Fit At Any Age" with a licensed physical therapist from Patriot Sports Medicine. \$17. 703-590-6562 to SpringWmConn@yahoo.com.

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- Cranford United Methodist Church...703-339-5382
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 703-339-7292
- Gunston Bible Church...
 703-339-5395
- Iglesia La Gran Comision
 Asambleas De Dios...
 703-541-0816
- New Hope Church...703-971-4673
- New Jerusalem Temple of Worship...
 703-593-6153
- The Spirit of The Living Christ
 Ministry...703-568-5647
- Pentecostal**
 Christ Pentecostal International
 Church...703-339-2119
- First United Pentecostal Church...
 703-339-2402
- Presbyterian**
 Clifton Presbyterian Church...
 703-830-3175
- Seoul Presbyterian Church...
 703-764-1310
- Sikh**
 Sikh Foundation
 of Virginia...703-323-8849

Baha'i Faith
 Baha'is of Fairfax County
 Southwest...703-912-1719
Baptist
 Antioch Baptist Church...
 703-425-0940
 Clifton Baptist Church...
 703-263-1161
 Community Baptist
 Church...
 703-250-9060
 Fairfax Baptist Temple...
 703-323-8100
 Harvest Assembly
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 703-799-7868
 Hope Baptist Church...
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 Church of the Living
 God of No. Va...
 703-250-7980
 Congregación La Cena Del
 Señor...703-550-1204
- Episcopal**
 St. Peter's in the Woods...
 703-503-9210
- Pohick Church...
 703-339-6579
- Lutheran**
 Living Savior Lutheran
 Church...703-352-1421
- Methodist**
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 Station...703-690-3401

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Michele Wong, 8th grade from Cameroon; Sana Iqbal, 8th grade from Pakistan; Michael Bedada, 7th grade from Ethiopia; and Phong Pham, 7th grade from Vietnam presented their framed letter and Obama's response to Marsha Manning, principal of the new South County Middle School.



PHOTO CONTRIBUTED

South County Students Correspond with President

South County Secondary students in Janet Dower's middle school English for Speakers of Other Languages (ESOL) classes learned a big lesson about communication, when they wrote a letter to President Obama and received a response from him.

Part of the eighth grade curriculum involves writing a letter to an important person. When the class decided to focus on the environment and endangered species, they decided to take their issues all the way to the top and wrote the President. The great surprise was he responded.

The President made suggestions on "how you can do your part" and noted that "hearing from engaged young people like you gives me great hope for the future."

Dower was excited about the exchange of ideas. "President Obama's letter taught these students they have a voice in America's democracy."

The conversation isn't over yet. Motivated by the letter, the students wrote back to the President, declaring, "You have given us energy to learn more." They also extended an invitation to visit them in their new middle school next year. They are hoping they will get a positive reply.

On April 24, members of Dower's class presented their framed letter and Obama's response to Marsha Manning, principal of the new South County Middle School, and assistant principals Heather Bousman and Gordon Stokes. Michele Wong, 8th grade from Cameroon; Sana Iqbal, 8th grade from Pakistan; Michael Bedada, 7th grade from Ethiopia; and Phong Pham, 7th grade from Vietnam made the presentation. Manning replied that she was "thrilled" to accept the letters from the students and the president and stated they will hang in the main office of the new school.



PHOTO CONTRIBUTED

(From left) are Kris Killinger, Pam Young, Allison Dreon, Troy Hayes and Rory Marcaccio Schaffer.

Art Teachers' Work on Display

Centreville High art teachers will display their works as Artists of the Month at La Bella Luce in the Town of Clifton. The shop is at 7137 Main St., and their show is titled, "Gli Insegnanti d'arte" (Italian for "the art teachers").

A reception will be held Wednesday, May 23, from 4-6 p.m., and the public is invited to come

and meet the artists, Allison Dreon, Troy Hayes, Kris Killinger, Rory Marcaccio Schaffer and Pam Young.

Their work will be on display there through June. Store hours are Wednesday-Friday, 11 a.m.-5 p.m.; Saturday, noon-6 p.m.; Sunday, noon-4 p.m.; and by appointment.



PHOTO CONTRIBUTED

Receiving an award, Ann Levy, "Woman of the Year" (left), from Carolyn Cass (right), current WRJ President.

Woman of the Year

Clifton area resident, Ann Levy, was named Woman of the Year by the Beth El Hebrew Congregation's Women of Reform Judaism (WRJ) sisterhood at the congregations' May 11, Friday night services and special WRJ award presentation.

Levy and her husband Ernest Levy are Fairfax County residents since 1969, and moved to the Clifton area in 1996. They are both 30-year members of the Beth El congregation.

The 150-year-old Beth El Hebrew Congregation is in Alexandria on Seminary Road.

The Beth El WRJ Sisterhood gives its Woman of the Year award to women who serve the WRJ organization and the Beth El Congregation with outstanding dedication and devotion.

Levy is a past treasurer and past president of the Beth El sisterhood, which is an affiliate of Women of Reform Judaism an international organization that will be celebrating its centennial in 2013.

She is retired from the Federal Reserve Board since 2004 and currently volunteers for Fairfax Hospital as well as for the Beth El Temple.



PHOTO CONTRIBUTED

LCAC Volunteer Mike Dakes (left) with LCAC Case Manager for Client Services.

Celebrating Volunteer Week

As part of National Volunteer Week (April 15 - 21), the Lorton Community Action Center (LCAC), a human services nonprofit providing emergency food and financial assistance along with self sufficiency programs to thousands of individuals in southeast Fairfax County, hosted a "Thank You Open House" for LCAC volunteers on Wednesday, April 18. The Mason Neck Lion's Club provided and grilled hamburgers and hot dogs and LCAC Board members and staff prepared side dishes and desserts for the gathering. In addition to saying "Thank You," the Open House also provided a way for volunteers to socialize with volun-

teers across all areas of LCAC.

In FY 2011 (July 1, 2010 - June 30, 2011), individuals and groups donated 11,195 hours of their time which represents a value of \$234,937. There are a myriad of programmatic areas where people typically volunteer at LCAC, including the food program, thrift store, administrative, tutoring, special events, holiday food distribution, back-to-school, furniture pick-up and food collection. LCAC has over 500 active volunteers.

To find out more about LCAC and volunteer opportunities, visit their website at www.lortonaction.org or call 703-339-5161.

HOME SALES

In April 2012, 61 homes sold between \$1,187,500-\$152,000 in the Clifton, Fairfax Station and Lorton area.

Address	BR	FB	HB	Postal	City	Sold Price	Type	Lot AC	Postal Code	Subdivision
13717 BALMORAL GREENS AVE	6	5	1		CLIFTON	\$1,187,500	Detached	1.53	20124	BALMORAL GREENS
7079 BALMORAL FOREST RD	5	4	1		CLIFTON	\$1,032,500	Detached	3.04	20124	BALMORAL GREENS
13155 COMPTON RD	5	5	1		CLIFTON	\$950,000	Detached	5.00	20124	CLIFTON IVAKOTA
6303 BARSKY CT	5	3	1		FAIRFAX STATION	\$918,000	Detached	1.22	22039	FAIRFAX STATION EAST
6708 CEDAR VIEW CT	4	5	1		CLIFTON	\$890,000	Detached	5.04	20124	CEDAR KNOLLS OF CLIFTON
7104 LAKETREE DR	5	4	1		FAIRFAX STATION	\$862,500	Detached	0.58	22039	SOUTH RUN
6297 CLIFTON RD	4	3	2		CLIFTON	\$850,000	Detached	5.00	20124	CLIFTON DOWNS
10645 CANTERBERRY RD	4	3	1		FAIRFAX STATION	\$850,000	Detached	0.91	22039	CANTERBERRY (STANLEY MARTIN)
7827 VALLEY DR S	5	4	1		FAIRFAX STATION	\$840,000	Detached	0.86	22039	SOUTH RUN
8240 NATIVE VIOLET DR	5	4	2		LORTON	\$790,000	Detached	0.22	22079	LAUREL HILL SOUTH
6811 SPOUT LN	4	2	1		FAIRFAX STATION	\$760,000	Detached	1.36	22039	ARDMORE WOODS
6700 ROCK FALL CT	6	4	2		CLIFTON	\$755,000	Detached	0.26	20124	LITTLE ROCKY RUN
8709 FLOWERING DOGWOOD LN	5	4	1		LORTON	\$750,000	Detached	0.16	22079	LAUREL HILL
8503 NEWTOWNE CT	6	3	1		LORTON	\$749,900	Detached	0.23	22079	CROSSPOINTE
8505 NEWTOWNE CT	5	3	1		LORTON	\$749,000	Detached	0.22	22079	CROSSPOINTE
7429 KINCHELOE RD	4	3	1		CLIFTON	\$732,500	Detached	5.77	20124	CLIFTON
8607 CHASE GLEN CIR	5	2	1		FAIRFAX STATION	\$727,500	Detached	0.31	22039	CROSSPOINTE
9592 LARKVIEW CT	4	3	1		FAIRFAX STATION	\$720,000	Detached	0.23	22039	CROSSPOINTE
7106 SYLVAN GLEN LN	4	3	0		FAIRFAX STATION	\$720,000	Detached	5.00	22039	THE HOLLY FOREST
8509 SILVERVIEW DR	4	3	1		LORTON	\$702,500	Detached	0.22	22079	CROSSPOINTE
8158 AMERICAN HOLLY RD	5	4	1		LORTON	\$699,999	Detached	0.21	22079	LAUREL HILL LANDBAY
9209 TREASURE OAK CT	5	4	1		LORTON	\$694,500	Detached	0.17	22079	SUMMIT OAKS
8631 LARKVIEW LN	5	3	1		FAIRFAX STATION	\$685,000	Detached	0.24	22039	CROSSPOINTE
7221 DELL AVE	4	3	0		CLIFTON	\$660,000	Detached	0.12	20124	CLIFTON
8797 CALIFORNIA POPPY LN	4	2	1		LORTON	\$659,000	Detached	0.18	22079	LAUREL HILL LANDBAY
13308 GREEN MALLARD CT	5	3	1		CLIFTON	\$640,000	Detached	0.20	20124	CENTREVILLE GREEN
7375 CLIFTON RD	3	2	0		CLIFTON	\$635,000	Detached	5.00	20124	N/A
11210 CLARA BARTON DR	4	3	0		FAIRFAX STATION	\$635,000	Detached	0.46	22039	FAIRFAX STATION
13903 SPRINGHOUSE CT	4	3	1		CLIFTON	\$620,000	Detached	0.20	20124	LITTLE ROCKY RUN
5939 ONE PENNY DR	4	3	0		FAIRFAX STATION	\$590,000	Detached	1.01	22039	PICKWICK WOODS
9084 FUREY RD	5	3	2		LORTON	\$575,000	Detached	0.13	22079	LAUREL HIGHLANDS
8505 SILVERVIEW DR	3	3	0		LORTON	\$575,000	Detached	0.26	22079	SILVERBROOK ESTATES
9076 FUREY RD	4	3	1		LORTON	\$550,000	Detached	0.12	22079	LAUREL HIGHLANDS
11220 SILVERLEAF DR	3	2	1		FAIRFAX STATION	\$549,900	Detached	0.95	22039	RAINBOW
13925 STONEFIELD DR	4	2	2		CLIFTON	\$548,500	Detached	0.20	20124	LITTLE ROCKY RUN
9524 OAK STREAM CT	4	3	1		FAIRFAX STATION	\$535,000	Detached	0.29	22039	SOUTH RUN OAKS
6104 BLUFFDALE CT	4	2	1		CLIFTON	\$525,000	Detached	0.23	20124	LITTLE ROCKY RUN
13840 SPRINGSTONE DR	4	2	1		CLIFTON	\$515,000	Detached	0.21	20124	LITTLE ROCKY RUN
8407 SILVERDALE CT	4	3	1		LORTON	\$513,000	Detached	0.25	22079	BEECHWOOD CLUSTER
13300 BRADDOCK RD	3	2	2		CLIFTON	\$500,000	Detached	0.84	20124	WILLOW SPRINGS
13706 SPRINGSTONE DR	4	3	1		CLIFTON	\$467,000	Detached	0.22	20124	LITTLE ROCKY RUN
8234 LAUREL HEIGHTS LOOP	3	3	1		LORTON	\$459,000	Detached	0.08	22079	COURTS OF LAUREL CREST
9700 EATON WOODS PL	4	3	1		LORTON	\$424,000	Townhouse	0.04	22079	GUNSTON SQUARE
7604 BUCKLAND PL	4	3	0		LORTON	\$420,000	Detached	0.08	22079	LORTON TOWN CNTR LANDBAY
8139 DOVE COTTAGE CT	2	3	0		LORTON	\$410,000	Townhouse	0.03	22079	LORTON STATION
8265 SINGLELEAF LN	4	3	1		LORTON	\$407,950	Townhouse	0.06	22079	LAUREL HILL
8104 HORSESHOE COTTAGE CIR	3	2	1		LORTON	\$393,000	Townhouse	0.04	22079	LORTON STATION SOUTH
5503 QUAIL CT	3	2	2		CLIFTON	\$350,000	Townhouse	0.04	20124	CENTREVILLE GREEN
6706 MOCKINGBIRD WOODS CT	3	2	2		LORTON	\$345,000	Townhouse	0.04	22079	VILLAGE OF MOUNT AIR
10520 MIDWAY LN	3	2	0		LORTON	\$319,900	Detached	0.52	22079	WILEY
9088 MARIE CT	3	2	2		LORTON	\$310,000	Townhouse	0.04	22079	SOUTH POINTE
7590 ASPENPARK RD	2	3	1		LORTON	\$280,000	Townhouse	0.03	22079	POHICK VILLAGE
9454 JENERIO CT	3	2	2		LORTON	\$265,000	Townhouse	0.04	22079	WILLIAMSBURG SQ
8525 KOLUDER CT	2	2	0		LORTON	\$260,000	Townhouse	0.02	22079	NEWINGTON HEIGHTS
8543 KOLUDER CT	2	2	0		LORTON	\$258,000	Townhouse	0.04	22079	NEWINGTON HEIGHTS
9216 DEER XING #56	3	2	1		LORTON	\$245,500	Townhouse	0.02	22079	GABLES AT GUNSTON
7300 RHONDDA DR	3	2	1		LORTON	\$245,000	Townhouse	0.05	22079	WORTHINGTON WOODS
7446 POHICK RD	3	2	1		LORTON	\$240,510	Townhouse	0.03	22079	SOUTHGATE WOODS TOWNHOU
8718 SUSQUEHANNA ST	2	1	1		LORTON	\$237,000	Townhouse	0.03	22079	NEWINGTON COMMONS
5810 ORCHARD HILL LN #5810	2	1	0		CLIFTON	\$156,000	Garden 1-4 Flrs	0.21	20124	PONDS AT CENTREVILLE
8210 CATBIRD CIR #201	2	1	1		LORTON	\$152,000	Garden 1-4 Flrs	0.27	22079	GUNSTON CORNER

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Author, Senior Columnist, Radio Commentator to Speak at RWC Meeting

The Republican Women of Clifton (RWC) will feature Dr. Ileana Johnson speaking about and signing her recently published book *Freedom on Life Support* at its June 18 meeting. The event will be at the Centreville High School Media Center. Members and guests are invited to the social hour that will begin at 7 p.m. when refreshments will be served.

President Marianne Gearhart will open the business meeting at 7:30 p.m., after which Johnson will give her talk and sign books.

Johnson is a senior columnist for *Canada Free Press*. She is a weekly commentator for Republic Broadcasting Network and Silvio Canto Jr. Blogtalk Radio from

Dallas. Johnson is a frequent guest on *Butler on Business*, WAFS 1190, Atlanta, GA. The author of *Echoes of Communism*, Johnson speaks across the country on the topics of U.N. Agenda 21, education, communism, and the economy. Her third book, *U.N. Agenda 21*, will be available in July 2012 on Amazon. A veteran teacher born in Romania, Johnson taught economics for 30 years, including a professorship at the Mississippi University for Women. She is a certified translator of six languages including German, Italian, Latin, and Russian. Johnson is married to David, and they have three adult children.

For more information, please visit www.cliftongop.com.

Girl Scouts From Around the World Will Gather in D.C.

Girl Scout Cadette Troop 5881 is ready to "Rock the Mall" this Saturday, June 9. They will be volunteering at the Franconia/Springfield Metro Station as Transportation Assistants to help thousands of Girl Scouts navigate their way into Washington, D.C. to join over 200,000 of their fellow Girl Scouts from around the globe for their Anniversary Sing-A-Long on the Mall dubbed "Rock the Mall."

From the GSCNC website: "Girl Scouts Rock the Mall expects to bring 200,000 girls and volunteers from around the world to the National Mall for the Anniversary sing along. Since the movement was founded in

1912, the Girl Scouts have used songs to celebrate life, to bridge cultural boundaries, and to communicate their commitment to the principles that guide the movement. Girls from across the country will gather on the National Mall with the power of music to celebrate the 100th Anniversary of Girl Scouting. Join them for this incredible event June 9."

Cadette Girl Scouts are in grades 6-8. Nine girls from Teen Troop 5881 will be volunteering this Saturday, June 9.

More information on Girl Scouts is available at the organization's website, www.gscnc.org.

OPEN HOUSES

SATURDAY & SUNDAY, JUNE 9 & 10



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When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper. For more real estate listings and open houses, visit www.ConnectionNewspapers.com and click on the "This Week in Real Estate" link. **Call Specific Agents to Confirm Dates & Times**

Annandale

7126 Falcon St. \$528,888..Sun 1-4.....Bob Dooley...Samson Props..703-581-5758

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9301 Wynyard Pl. \$479,000..Sun 1-4.....Eloise Neustrand....Long & Foster..703-503-1815
9507 Ashbridge Ct. \$359,900..Sun 2-4.....Vladimir Gherman.....Belinsky..703-909-5487

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5153 Woodfield Dr. \$369,900..Sun 1-4.....Rich Triplett...Samson Props..703-217-1348

Clifton

12406 Shari Hunt Grove. \$1,050,000..Sun 1-4.....Carol Hermandorfer....Long & Foster..703-503-1812
12610 Clifton Hunt Ln. \$829,900..Sun 1-4.....Ann Grainger....Long & Foster..703-819-5300
13206 Kilby Landing Ct. \$795,000..Sun 1-4.....Ed Duggan.....Century 21..703-989-7735
6601 Newman Rd. \$899,990..Sun 2-4.....Pat Fales.....RE/MAX..703-503-4365

Fairfax

10454 Courtney Dr. \$599,900..Sun 1-4.....Ed Urbamiak.....Weichert..703-217-9063
5544 Ashleigh Rd. \$572,777..Sun 1-4.....Bev Tull.....RE/MAX..703-963-0163

Fairfax Station

10817 Windermere Ln. \$1,398,000..Sun 1-4.....Carol Hermandorfer....Long & Foster..703-503-1812
11125 Henderson Rd. \$850,000..Sun 2-4.....Pat Fales.....RE/MAX..703-503-4365
6008 Stonecrest Ln. \$899,999..Sun 1-4.....Marsha Wolber....Long & Foster..703-618-4397
7809 South Valley Dr. \$775,000..Sun 1-4.....Barb White Adkins.....RE/MAX..703-609-8950

Kingstowne/Alexandria

6921 Mary Caroline Cir. \$189,900..Sun 1-4.....Susan Gurny.....Weichert..703-609-6393
5972 Norham Dr. \$519,950..Sun 1-4.....Tom & Cindy & Assoc....Long & Foster..703-822-0207

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10508 Belmont Blvd. \$759,900..Sun 1-4.....Susan Borrelli.....RE/MAX..703-652-5760
9301 Elk Horn Rd. \$599,000..Sun 1-4.....Matt White..Coldwell Banker..202-547-3525

Springfield

8238 Taunton Pl. \$449,900..Sun 1-4.....Carol Hermandorfer....Long & Foster..703-503-1812
7582 Woodstown Dr. \$469,900..Sun 1-4.....Paul Kaepfel.....Weichert..703-924-7115
7822 Attleboro Dr. \$449,900..Sat 1-4..Tracy Jones/Dee Dee Phillips...Acquire..703-690-1174
8558 Gwynedd Way. \$319,900..Sun 1-4.....Barbara Nowak....Long & Foster..703-473-1803

Stafford

48 Lightfoot Dr. \$473,000..Sun 1-4.....Catherine Parker....Long & Foster..703-627-5688

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15517 Banjo Ct. \$249,950..Sun 1-4.....Katharine Binkley...Keller Williams..703-328-9325

To add your Realtor represented Open House to these weekly listings, please call Steve Hogan at 703-778-9418 or e-mail the info to shogan@connectionnewspapers.com All listings due by Tuesday at 3 P.M.

West Springfield Upsets Lake Braddock

Senior pitcher Tobin leads Spartans to victory with 8 1/3-inning effort.

BY JON ROETMAN
THE CONNECTION

The Lake Braddock baseball team dominated West Springfield during the teams' first three meetings this season, winning each contest by a combined score of 27-3. After two pitches to Lake Braddock leadoff hitter Jack Owens in the Northern Region final on June 2, the Bruins showed no signs of slowing down.

Owens smashed the second pitch he saw from West Springfield pitcher Tyler Tobin for an opposite-field home run to right-center, giving the Bruins a 1-0 lead in the bottom of the first. Tobin's next delivery sizzled behind Lake Braddock's Garrett Driscoll.

Was there a message behind the pitch?

"There's no message," Tobin said after the game, cracking a smile. "I was a little wild."

While Tobin wouldn't say it, the senior's pitch placement appeared to announce West Springfield wouldn't be pushed around a fourth time. Tobin spent the next 8 1/3 innings making sure the Spartans stood their ground.

Tobin shut down the Lake Braddock lineup in an extra-inning



West Springfield senior Tyler Tobin allowed two runs in 8 1/3 innings, leading the Spartans to a 3-2, nine-inning victory against Lake Braddock in the Northern Region baseball final on June 2 at Madison High School.

affair, leading West Springfield to a 3-2, nine-inning victory and the Northern Region championship at Madison High School. The right-hander allowed two runs and five hits in 8 1/3 innings. He walked six, including one intentional pass,



West Springfield shortstop Taylor Boyd, seen during a state playoff game on June 5 at WSHS, delivered the game-tying hit in the seventh inning of the region final on June 2 against Lake Braddock.

and struck out two. He threw 126 pitches.

"Tyler was phenomenal," West Springfield head coach Jason Olms said. "He gave up a leadoff home run to a heck of a hitter and didn't give anything else up the rest of the game. Tyler just competed."



West Springfield catcher Donny Haeuptle earned first-team All-Patriot District honors this season.

West Springfield's season ended three days later with a 6-1 loss to James River in the state quarterfinals on June 5 at WSHS. The Spartans struggled against Rapids pitcher Nathan Kirby, who struck out 15 in six innings. The left-hander received state Gatorade Player of the Year honors and will pitch for the University of Virginia.

"It was fun. It's also tough at the

same time, but you live for that," said Haeuptle, a first-team all-district selection. "You live to face [Division I] pitching and pro prospects. That's what you want to see as a baseball player. You want to see the best, you want to face the best."

Haeuptle said the fondest memory of his Spartan career will be this season's region title. While he was part of West Springfield's 2010 state championship team, the fact this year's Spartan squad accomplished what they did with no Division I athletes makes the region title special.

"No one gave us a chance at winning that [region championship] game," Haeuptle said. "Losing three games [to Lake Braddock] by a combined score of 27-3, no one gave us as shot in the world. Just to upset them like that in nine innings, it was the greatest feeling in the world."

West Springfield finished the season 18-10.

"They accomplished a heck of a lot this year," Olms said. "They weren't one of the preseason favorites and nobody gave these guys a chance, except I think we knew in our locker room. We knew what we could do and we knew if we played baseball the right way and we worked hard that good things could happen."

In Region Soccer Title Game, Robinson Boys Prevail

Yardley's overtime goal lifts Rams past local rival Lake Braddock.

BY RICH SANDERS
THE CONNECTION

In a tense, back and forth championship game last Saturday night at Robinson Secondary, local high school boys' soccer opponents Robinson and Lake Braddock played with emotion, grit, and determination through an entire 80 minutes of regulation play and nearly 10 more minutes of overtime before the region title game's first and only goal was scored.

With 1 minute, 33 seconds remaining in a second five minute overtime session, Robinson midfielder Sam Yardley scored on a follow-up shot off the left side, breaking the scoreless tie and putting his team on the verge of victory. Following the goal, Robinson held off Lake Braddock over the

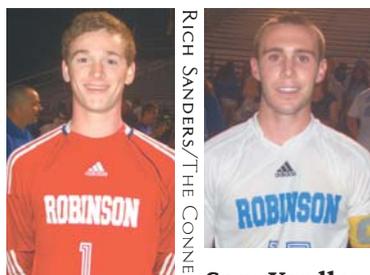
final 93 seconds of play to clinch the win and give the Rams the region crown.

Robinson students swarmed the field in ecstasy at the final whistle, mobbing the Robinson players in spontaneous celebration.

For the Robinson program, it was the fifth region championship in the Rams' soccer history and first since 2009. Lake Braddock, which has captured eight region championships in its history, was looking to win No. 9 on Saturday night and its second in a row. But the Bruins, despite their best effort, fell just short.

"It felt unreal, like I was in the movies," said Yardley, of his game-winning score and fourth goal of the year. "It was in front of the home fans and the crowd went crazy."

On the goal sequence, Yardley



Robinson goalie Josh Penn.

took the ball down the left side of the field before taking a shot on goal from about 20 yards out. The ball was blocked with both hands by Bruin goalie Aaron Fausser. It caromed back towards Yardley who gained possession of the ball, made a dribble or two to position for a shot, then sent a short range chance into the left side of the net.



Sam Yardley, who netted the game-winner.

"I kicked it, the goalie blocked it with both hands and it came back to me," said Yardley. "I got the ball in open space [off the rebound]. I saw the goal in front of me and there was no defender [around me]. But they came in quickly."

Yardley, before the defense converged on him, scored off his left foot.

For Robinson (13-4-2), the finals win capped a region tournament in which the Rams won all four of their games in overtime - wins over Jefferson, Mount Vernon, Langley, and the Bruins.

"We worked our tails off at regionals, playing four overtime games," said Robinson senior goalie Josh Penn, who will play the sport collegiately on scholarship next school year at Virginia Tech. "We had endurance, stamina, and

we pulled through."

Both Robinson and Lake Braddock, by reaching the region title game, qualified for this week's eight-team state tournament. There, Robinson saw its season end with a 1-0 state quarterfinals loss at home to Thomas Dale High (Chester) on Tuesday, June 5. Lake Braddock (11-9-1), meanwhile, won its first round game at Cosby High (Midlothian), 2-1.

It has been an up and down season for the Bruins, who endured a five-game losing streak earlier in the season but have gone 9-2-1 since. At regionals, Lake Braddock reached the finals with wins over Yorktown, South Lakes, and West Springfield.

The Bruins, under head coach Joe Soos, are next slated to meet Albemarle High (Charlottesville) in a state semifinals contest this Friday afternoon, June 8 at 2 p.m. The game will take place at Westfield High School.

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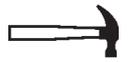
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- 7 YR./100K MI LIMITED POWERTRAIN WARRANTY



ToyotaCare

**2 YEAR COMPLIMENTARY
MAINTENANCE PLAN**

WITH ROADSIDE ASSISTANCE⁵
ON EVERY NEW VEHICLE

COVERS 2 YEARS OR 25K MILES, OIL & FILTER,
TIRE ROTATION, MULTIPOINT INSPECTION

**\$1,000 REBATE FOR
RECENT COLLEGE GRADS⁶**

**\$500 MILITARY REBATE INCENTIVE
FOR ACTIVE MILITARY PERSONNEL.⁷**

¹INCLUDES TAX, TAGS, FREIGHT, \$399 PROCESSING FEE, ACQUISITION FEE AND \$0 SECURITY DEPOSIT. 36-MONTH LEASE W/12K MILES PER YEAR. EXAMPLE CAMRY L. ²BASED ON KELLEY BLUE BOOK FAIR TRADE VALUE MINUS EXCESS MILEAGE AND RECONDITIONING. ³0% APR FOR A LIMITED TIME ON SELECT NEW TOYOTAS WITH APPROVED TIER1+ CREDIT THROUGH TFS. EXCLUDES \$379 DEALER DOC FEE. ⁴WHICHEVER COMES FIRST FROM DATE OF TCUV PURCHASE. ⁵FROM DATE OF TCUV PURCHASE. ⁶WITH APPROVED CREDIT ON SELECT MODELS THRU TFS. SEE DEALER FOR COMPLETE FINANCING DETAILS. ⁷WITH PURCHASE OF A NEW VEHICLE. COVERS NORMAL FACTORY SCHEDULED SERVICE. PLAN IS FOR 2 YEARS OR 25K MILES, WHICHEVER COMES FIRST. THE NEW TOYOTA VEHICLE CANNOT BE PART OF A RENTAL OR COMMERCIAL FLEET, OR A DELIVERY OR TAXI VEHICLE. SEE PARTICIPATING TOYOTA DEALER FOR DETAILS. ⁸TOYOTA FINANCIAL SERVICES COLLEGE GRADUATE PROGRAM IS AVAILABLE ON APPROVED CREDIT THROUGH A PARTICIPATING TOYOTA DEALER AND TOYOTA FINANCIAL SERVICES. NOT ALL APPLICANTS WILL QUALIFY. REBATE OFFERED BY TOYOTA MOTOR SALES, U.S.A., INC. REBATE WILL BE APPLIED ON LEASE CONTRACTS, FIRST TOWARD THE AMOUNTS DUE AT LEASE SIGNING OR DELIVERY, WITH ANY REMAINDER TO THE CAPITALIZED COST REDUCTION OR TOWARD THE DOWN PAYMENT ON FINANCE CONTRACTS. ONE REBATE PER LEASE OR FINANCE TRANSACTION. ⁹REBATE OFFERED BY TOYOTA MOTOR SALES, U.S.A., INC. REBATE WILL BE APPLIED ON LEASE CONTRACTS, FIRST TOWARD DUE AT SIGNING OR DELIVERY, WITH ANY REMAINDER TO THE CAPITALIZED COST REDUCTION, OR TOWARD THE DOWN PAYMENT ON FINANCE CONTRACTS. ONE REBATE PER FINANCE OR LEASE TRANSACTION. NOT COMPATIBLE WITH THE TOYOTA COLLEGE GRADUATE REBATE PROGRAM. SEE DEALER FOR COMPLETE DETAILS. ¹⁰BONUS CASH FROM TOYOTA MOTOR SALES USA, INC ON QUALIFIED TFS LEASE CONTRACTS ONLY. MUST BE APPLIED TO THE TRANSACTION. NO CASH PAYMENT WILL BE MADE TO CONSUMER. ¹¹ELIGIBLE CUSTOMERS MUST BE IN CURRENT ACTIVE DUTY STATUS IN THE U.S. MILITARY. VERIFIABLE PROOF OF MILITARY STATUS OR PROOF OF ACTIVE SERVICE IS REQUIRED AT TIME OF PURCHASE. CANNOT BE COMBINED WITH OTHER REBATES. ALL OFFERS EXPIRE 7/2/12.

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Fairfax Station
\$749,900

New Price!

This 3 BR, 2.5 BA brick colonial with 3 finished levels is surrounded by beautiful landscaping. A

stately entrance, updated gourmet Kit, remodeled MBA & sparkling in-ground pool are just some of the highlights. The MBR sitting room can be returned to a 4th BR.



Clifton **\$1,928,000**

Stunning Antebellum estate sited on park-like 5 acres offers 6 BRs, 6.5 BAs, 4 fireplaces, and a luxurious main level MBR and MBA. A private guest suite complete with Kit, BA and laundry on the walk-out lower level and a sparkling pool complete this home.

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Herndon **\$465,000**

Great location! Minutes to future metro station! 3 bedrooms, 2 full baths, hardwood floors on the main level & new carpet on lower level. Recreation room/bedroom/den & exercise room on lower level with walk-out to rear yard. Large country kitchen. Cozy living room fireplace. Relax on the enclosed porch or patio. Beautiful landscaping with decorative fish pond. Minutes to Fairfax County Parkway or Dulles Toll Rd.



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Burke **\$579,900**

Beautifully upgraded 4 finished level home featuring 4 bdrms & 3.5 baths * Gourmet eat-in kitchen * Formal living & dining rms * Family rm with fpl * Gleaming wood floors * Deck in fenced back yard * Neutral color palette * Gorgeous!!

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w/ Brick Front!

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to commuter routes and shopping centers.

Large eat-in Gourmet kitchen

w/ Granite counters. Open floor plan w/ main level study/office. Upper level laundry center. Large walk-out lower level w/ Rec Rm w/ GAS fireplace and full bath. Much more...hurry to call STEVE CHILDRESS 703-981-3277



BURKE

\$569,900

Fantastic 5 bedroom home! Private yard backing to wooded common area and trails. Gorgeous brazilian cherry hardwood floors on main level. Large, updated eat-in kitchen with granite countertops, 2 pantries & butler's pantry. Full, finished walk out basement with wet bar.

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CROSSPOINTE **\$849,900**

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Fairfax

\$983,500

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Large 5BR/3.5BA*Within 1 mile to Vienna Metro*.5 acre*Great Rm* Cozy Fam Rm*eat-in Kit*Slate/Hrdwds/Carpeting/floors *Partially fin basement with Bedroom/full bath/walkout to patio/2 rec rms*3 car garage* By appointment only.

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Fairfax

\$539,900

Beautiful Home with Soaring Ceiling in LR, DR & Kitchen. Bright sunny Kitchen w/3 Sky Lights, French Doors in DR

opens to a relaxing Screened in Porch, Huge FR w/Gas FP & French Doors opens to Trex Deck & great Fenced in Yard. Gorgeous MBR w/another set of French Doors opening to a private Deck, perfect for your morning coffee, Large updated Master Bath, 3 BR's, 2 1/2 Baths.

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* Huge 2-Level Deck

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* Fantastic Neighborhood

* Robinson Schools

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Fairfax Station

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Local REAL ESTATE

PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION



1 8503 Newtowne Court, Lorton — \$749,900

**Sold in April 2012,
\$700,000~\$749,999**



2 8505 Newtowne Court, Lorton — \$749,000



6 8607 Chase Glen Circle, Fairfax Station — \$727,500



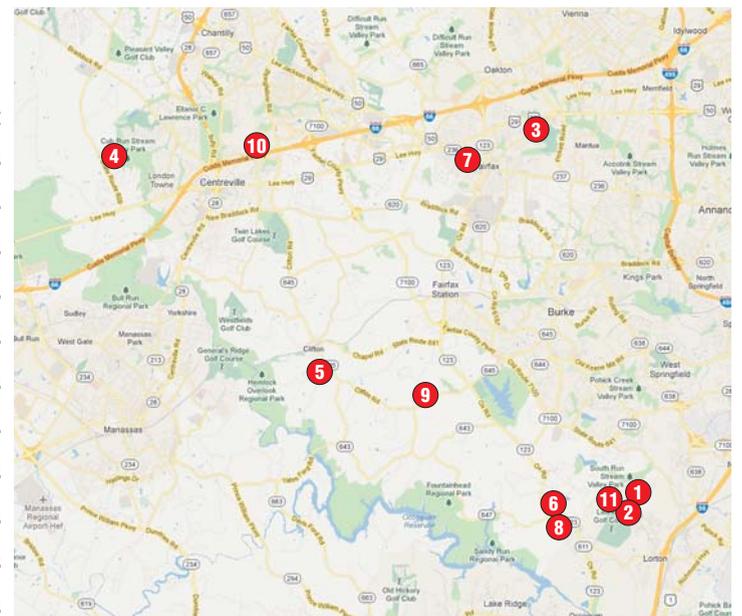
10 5056 Worthington Woods Way, Centreville — \$705,000



11 8509 Silverview Drive, Lorton — \$702,500

Address	BR	FB	HB	Postal	City	Sold Price	Type	Lot AC	PostalCode	Subdivision	Date Sold
1 8503 NEWTOWNE CT	6	3	1	LORTON	\$749,900	Detached	0.23	22079	CROSSPOINTE	04/24/12	
2 8505 NEWTOWNE CT	5	3	1	LORTON	\$749,000	Detached	0.22	22079	CROSSPOINTE	04/30/12	
3 3313 PRESERVE OAKS CT	5	4	1	FAIRFAX	\$744,135	Detached	0.13	22030	PRESERVE AT GREAT OAKS	04/30/12	
4 6209 POINT CIR	4	4	1	CENTREVILLE	\$734,900	Detached	0.35	20120	VIRGINIA RUN	04/20/12	
5 7429 KINCHELOE RD	4	3	1	CLIFTON	\$732,500	Detached	5.77	20124	CLIFTON	04/20/12	
6 8607 CHASE GLEN CIR	5	2	1	FAIRFAX STATION	\$727,500	Detached	0.31	22039	CROSSPOINTE	04/30/12	
7 10649 YORKTOWN E	3	3	1	FAIRFAX	\$725,000	Townhouse	0.05	22030	MAIN STREET RESIDENCES	04/13/12	
8 9592 LARKVIEW CT	4	3	1	FAIRFAX STATION	\$720,000	Detached	0.23	22039	CROSSPOINTE	04/03/12	
9 7106 SYLVAN GLEN LN	4	3	0	FAIRFAX STATION	\$720,000	Detached	5.00	22039	THE HOLLY FOREST	04/27/12	
10 5056 WORTHINGTON WOODS WAY	4	3	1	CENTREVILLE	\$705,000	Detached	0.21	20120	FAIR LAKES CHASE	04/05/12	
11 8509 SILVERVIEW DR	4	3	1	LORTON	\$702,500	Detached	0.22	22079	CROSSPOINTE	04/17/12	

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