



AUGUST 16-22, 2012

25 CENTS NEWSSTAND PRICE



PHOTO BY BONNIE HOBBS/CENTRE VIEW

Franklin Orchestra Director Francesca Fitzgerald conducts the intermediate orchestra.

Making Beautiful Music

Students participate in Franklin's Band and Orchestra Camp.

BY BONNIE HOBBS
CENTRE VIEW

Take 710 students, 35 teachers and musical instruments of every size and shape and you get Franklin Middle School's Band and Orchestra Camp. This year's camp, the 27th annual, ran June 25-July 20; and over those four weeks, attendees received four hours a day of intensive instruction.

Rishabh Misra, a fifth-grader at Greenbriar West Elementary, was there for his second time. After seeing many of his older friends play the violin, he started playing it last summer and came to camp to learn it better.

"I like hearing how the bow can make a sound on the strings," he said. "At camp, the teachers are really nice and there's not as much homework. I'd recommend it to others because it's fun, you get a lunch break and you get to do music theory, too, not just playing."

Virginia Run sixth-grader Steven Rucker plays percussion, especially the snare drum. "It's different from all the other instruments," he said. "You don't have to worry about your tone, you just hit something."

A first-time camper, he came because his sister had attended previously and enjoyed it. "I learned

how to play a timpani and some rudiments I didn't know," said Steven. "I liked camp because I learned a lot about my instrument."

Madelin Ward, a Franklin seventh-grader, chose the flute because of a relative who played it and

SEE BEAUTIFUL MUSIC, PAGE 4



From left are Matthew Ehlers and Madelin Ward with their instruments. Both are rising seventh-graders at Franklin Middle.

Food, Fun And Festivities

Neighbors, firefighters and police celebrate National Night Out.

BY BONNIE HOBBS
CENTRE VIEW

It could have been just an ordinary Tuesday night — families eating quiet dinners in their homes, behind closed doors. But instead, last Tuesday, Aug. 7, residents of Centreville's Sully Station II community joined together in four neighborhoods for outdoor block parties.

They did so in unison with people all over the U.S. as part of the annual, National Night Out celebration. The goals are to strengthen connections among neighbors and between them and their local, public-safety personnel.

And in Sully II, firefighters from Station 38, police from the Sully District Station and even members of the Sheriff's Office joined in the fun.

Firefighter Jovan Reid just graduated from the Fire Academy three months ago, so he was attending his first National Night Out. "I'm really enjoying myself," he said. "I love coming out here, getting to know everyone and seeing people when it's not an emergency."

FLOWER HILL DRIVE

Resident Eva Salandy organized the celebration on Flower Hill Drive. The theme was the Flower Hill Drive Olympics, complete with five competition events and an opening ceremony. The children wore clothing representative of



Kayla Gadley, 7, scoops chocolate ice cream in the Sully Station II Community Center to kick off the evening's festivities.

their cultural heritage, such as a shirt from Trinidad and a lehenga saree from India. Then they walked down the street together and a tiki torch was lit.

They also competed for medals in a marshmallow relay race, balloon-in-a-bin (like volleyball), javelin toss with a pool noodle, coin shot put, and obstacle course while blindfolded and riding a toy horse. And above the food tables were five, big Olympic rings.

"We have flags of the different countries on display and we all brought food to represent our cultures and U.S. pride," said Salandy. "There's Jamaican jerk chicken and beef patties, fried rice, burritos, lasagna, a Ugandan dish, an Indian dish and patriotic desserts."

SEE CELEBRATING PAGE 3

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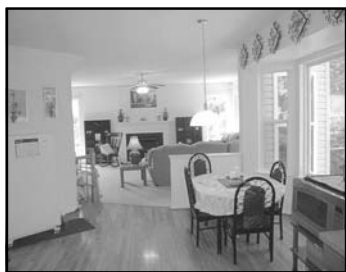
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NEWS



Judith Heisinger of Centreville and her daughter, Jody Kopach, presented a rare print by English artist, W.L. Wyllie of the Battle of Trafalgar to the Office of the Naval Attache at the British Embassy on July 24. Heisinger won the print at a raffle in support of the life-saving boat crews while her husband was Defense Attaché at the American Embassy in London, where the family lived from 1980 to 1983. The print was received by the British Naval Attaché and his wife, Commodore and Mrs. Eric Fraser, and will be displayed at the Annual Trafalgar Day Celebration. Heisinger said, "Although I have enjoyed it for 30 years it should be appreciated by others — especially by those in the British Navy. It's like the print has come home at last."

Regatta To Benefit Leukemia Research

Tyler DeMille of Greenbriar East Elementary School is this year's honorary skipper for the 5th Annual Junior Leukemia Cup Regatta benefiting The Leukemia & Lymphoma Society on Saturday, Aug. 18 at the Washington Sailing Marina. On March 1, 2007 Tyler was diagnosed with a rare form of leukemia called Juvenile Myelomonocytic Leukemia (JMML). His only chance at survival would be to receive a bone marrow transplant. On July 2, 2007, just one day before his first birthday, Tyler received his life-saving transplant thanks to an unrelated donor named Marissa. Today, Tyler is a happy and healthy almost 5 year old. Money raised through the regatta goes toward research aimed at finding a cure for leukemia, lymphoma and myeloma and providing critical services to patients and their families. helping others.

Donate Blood, Receive Free Oil Change

Virginia Tire & Auto (www.vatire.com), the Fairfax-based full-service provider of automotive maintenance, repair and tire services, is partnering with Inova Blood Donor Services as it hosts a blood drive on Monday, Aug. 27 from noon-6 p.m. at its Centreville facility at 14611 Lee Highway.

Customers who donate blood will receive a voucher for a free oil change at any of its 11 locations or \$30 off any service.

To schedule your appointment visit inova.org/donateblood, click donate blood 2x, and enter sponsor code 8000 or call 1-866-BLOODSAVES.

IBDS will treat donors to a T-shirt and a chance to win a new iPad. The bloodmobiles will be located in front of the facility.

OBITUARY

Leslie Paola Trigo

Leslie Paola Trigo died Sunday night, Aug. 12, 2012, after battling a devastating illness for nine months. She passed away surrounded by loved ones with peace and dignity. The family thanks all who have sent positive thoughts and prayers.

Leslie was living in the Centreville area, graduated from Lake Braddock High School, and was a dedicated team



member for 10-plus years at The Outback Steakhouse.

She is survived by her parents, younger sister and two younger brothers.

Services will be held Friday, Aug. 17 at Word of Life Assembly of God, 5225 Backlick Road, Springfield, Va. Viewing is at 10 a.m., service is at 11 a.m. followed by the burial.

Help WFCM Collect Backpacks

Western Fairfax Christian Ministries (WFCM) is collecting backpacks for students attending 23 elementary, middle and high schools in Centreville, Chantilly and Clifton. They go to children whose parents can't afford to buy them and, this year, the schools need 1,550 backpacks. WFCM is collecting them through Aug. 17 and is counting on local residents to help meet the huge demand.

Elementary schools have requested midsize backpacks for grades K-three, and standard 17-inch backpacks for grades four, five and six. Middle-school students need the 17-inch or larger backpacks with compartments, and high-school students need the larger 18-inch backpacks, also with compartments. Backpacks should be new and without wheels.

They may be dropped off Monday through Friday, 9 a.m.-3 p.m., and Wednesday, 5-8 p.m., at the WFCM food pantry/thrift store, 13981 Metrotech Drive in Chantilly (near Backyard Grill and Bar). Backpack donations are tax-deductible, and WFCM will give receipts to contributors. For more information, contact Bush at jbush@wfcmv.org.

Centreville Immigration Forum

The Centreville Immigration Forum (CIF) will meet Tuesday, Aug. 21, at 7 p.m., at the Centreville Labor Resource Center, 5956 Centreville Crest Lane in Centreville.

WFCCA Land-Use Meeting

The next meeting of the West Fairfax County Citizens Association (WFCCA) Land-Use Committee is slated for Tuesday, Aug. 21, at 7 p.m. It'll be held in the Sully District Governmental Center, 4900 Stonecroft Blvd., in Chantilly.

Free Carseat Inspections

Certified technicians from the Sully District Police Station will perform free, child safety carseat inspections Thursday, Aug. 23, from 5-8:30 p.m., at the station, 4900 Stonecroft Blvd. in Chantilly. No appointment is necessary. But residents should install the child safety seats themselves so technicians may properly inspect and adjust them, as needed.

However, because of time constraints, only the first 35 vehicles arriving on each date will be inspected. That way, inspectors may have enough time to properly instruct the caregiver on the correct use of the child seat. Call 703-814-7000, ext. 5140, to confirm dates and times.

Recycle During Electric Sunday

Residents may recycle old TVs, computers, peripheral electronic devices – such as keyboards, speakers, printers and scanners, as well as household hazardous wastes – including fluorescent light bulbs and tubes, for free, during Fairfax County's "Electric Sunday" events. The next one is slated for Sunday, Aug. 26, from 10 a.m.-3 p.m., at the I-66 Transfer Station, 4618 West Ox Road, in Fairfax. For more information, call 703-324-5052.

Women's Self Defense Program

The Fairfax County Law Enforcement Foundation is partnering with the Fairfax County Police Department to offer the Women's Self Defense Training program. It's based on the SAFE program formerly provided by the Police Department, but now being taught by C&J Security Corp.

The program is a two-day class that will meet on consecutive Tuesday and Thursday evenings from 6:15-9:30 p.m. It's currently offered free and all class materials are included. Program funding is provided through the Fairfax County Law Enforcement Foundation.

The course is offered to females, age 13 and older. A female guardian must accompany girls 13-18. No men other than the instructors are permitted to be present during a class. For more information, call 703-246-7806, e-mail WSD@fairfaxfoundation.org or go to www.fairfaxfoundation.org.



PHOTO BY BONNIE HOBBS/CENTRE VIEW

Residents and police gather for a photo at the Flower Hill Drive celebration. Police officers (from left) are 2nd Lt. Matt Doyle, 2nd Lt. Tom Munday, PFC Adrian Steiding and Lt. John Trace, assistant commander, Sully District Station.

Celebrating National Night Out

FROM PAGE 1

"We're all connected as a block," she added. "We even do pizza nights every first Friday of the month."

Lt. John Trace, 2nd Lt. Matt Doyle, PFC Adrian Steiding and 2nd Lt. Tom Munday were there from the Sully District Police Station, enjoying the food and mingling with the residents. Munday, on the evening patrol shift, has attended National Night Out all four years he's been at the station.

"It's nice — I like how the communities get together," he said. "And they all have different themes." He said the pizza, hot dogs, hamburger and fruit he'd had that night were delicious and he was glad to see the police so warmly received by their neighbors.

"This gives us an opportunity to be available to them and they can ask us questions," said Munday. "They asked me what was the most exciting call and the most interesting call I've been to. They seemed interested in police work. When a fire truck's around, the kids all go to it; but when the firefighters aren't here, the kids come talk to us."

Steiding also works evenings and is assigned to that area on a regular basis. "So this is a good chance to see everyone in the daytime," he said. "It lets them know we're out here and we care about them as much as they do for us."

"It's nice of them to come out here to support us and do a meet-and-greet," he continued. "It's not just about writing tickets; we like to meet the people in the area we patrol, and they can ask us questions on the spot."

Alyssa Krupinski has lived in the neighborhood two years and says she and her family love it. "We like

the friendliness of the neighbors and the diversity," she said. "And it's kid-friendly; two of us are pregnant, so there'll be more babies."

WOOD CREEK LANE

On Wood Creek Lane, Bonnie and Neal Worthy organized the block party, and the menu included fried fish, sausage, grilled peppers, French fries, onion rings and coleslaw. Chatting together were friends and

SEE CELEBRATING PAGE 3



PHOTO BY BONNIE HOBBS/CENTRE VIEW

From left: Friends and neighbors Jeff Chillemi, Neal Worthy and Matt Chubb pose behind the food table at the Wood Creek Lane party.



PHOTOS BY BONNIE HOBBS/CENTRE VIEW

Students in the advanced orchestra rehearse intently.

Making Beautiful Music

FROM PAGE 1

discovered she liked it, too. “You get to create your own sound without a reed,” she said. “And I can fit it in my backpack.”

At camp for the first time, Madelin said, “I wanted to get better at my instrument. I learned how to transfer easier from a natural note to a flat, and I’ve definitely improved on sight reading. I also had a lot of fun.”

Classmate Matthew Ehlers plays tenor saxophone and was at camp for his third time. “I like it so much because the saxophone teacher in my instrumental class, [Stephanie Longaria], is really good and helped me learn my scales,” he said. “I’d definitely recom-

mend the camp to people wanting to improve. It doesn’t take up all your day and all the teachers are great.”

Stephen Matthie is the orchestra director at Rocky Run Middle and has taught at the camp for five years now. This year, he directed the most advanced orchestra.

“I love the kids and we have a lot of fun,” he said. “It’s summer camp, so they want to be here and play their instruments. Otherwise, they might not have played at all [until school resumes]. If you don’t play for months, you lose it, so this keeps them fresh and they don’t have to play catch up later.”

Oak Hill fifth-grader and violinist Brandon Nguyen was a second-year camper and said he learned “a lot of stuff. This used to be my brother’s violin so it’s pretty special, and I put karate ribbons on it when I learn new things. This year, I learned how to do slurs and shifting.”

“For elementary-age students, this camp equivalent to what they’d get in one or two years of school,” said Camp Director Lawrence Walker. “They only get 17 days of music in a school year vs. 17 classes during camp, but four hours/day with three different teachers.”

He said middle- and high-school kids obtain an understanding of the chromatic scale – every note their instruments can possibly play, plus a better command of their instruments. Some also come to camp to learn new ones.

Every day, each student had an instrument master class, a sectional class and four full band or orchestra rehearsals. “In the instrument classes, kids only work on technique, tone quality and articulation for their particular instrument,” explained Walker. “That’s where their skills come from so they can play with feeling and interpretation. It’s like a private lesson on a larger scale.”

In woodwinds, brass and percussion sectionals, teachers worked only on the music the students would play in their larger band or orchestra at camp.



Students playing brass and woodwind instruments in the concert band.



From left are violinists Rishabh Misra and Brandon Nguyen.



Franklin eighth-grader Mitchell Holloway plays the drums in the symphonic band.

SEE BEAUTIFULMUSIC, PAGE 4

NEWS

'Born to Be an Educator'

Franklin band director retires after 28 years.

BY BONNIE HOBBS
CENTRE VIEW

Lawrence Walker was at Franklin Middle when it opened in 1984. But now, after 30 years with Fairfax County Public Schools — 28 of them at Franklin — the school's band director has retired.

"It was time; I've done everything I wanted to do in my career at Franklin," he said. "But I'll keep my hands in education and in music. I've played trumpet with the Fairfax Wind Symphony and will probably return to that, and I'll still run Franklin's Band and Orchestra Camp in the summer."

Walker also plans to work with student music teachers in college, as well as do some gardening at home and spend quality time with his wife of 31 years, Sheila, and their two daughters.

"I'm looking forward to traveling with him and visiting old friends we haven't seen in a long time," she said. "But most of all, it'll be nice just having him home and enjoying his company on a full-time basis."

Reflecting on his nearly three decades at Franklin, Walker said he'll miss "the kids, competitions and colleagues" and he's especially proud that he was able to take the band all over the country to perform. "We were a demonstration band this year at Case Western Reserve University in Cleveland," he said. "And last year, we received the Grand Champion award at a competition in Boston."

The year before that, Franklin did the same thing in New York, beating four high schools. And in previous years, the school won band championships in Atlanta, Nashville and Toronto.

"This is the school my children went to, and I've had a wonderful career here, working in a school in my own community," said Walker. "I've gotten great satisfaction working with some of the finest students with great attitudes and wonderful musicianship."

The new band director, Kurt Holscher, knows he has some big shoes to fill. "It's exciting, but a little daunting being only the second band director in the history of the school," he said. "But there's a great tradition here and a really good foundation, so there's a lot less groundwork to do."

"My dad's a pastor and he taught me how to give back," said Walker. "My philosophy is that, if you don't make a difference, you've wasted your time. I was born to be an educator, and what I've gotten from the kids is the knowledge that I'm needed. I think they've made more of a difference in my life than I've made in theirs."

Furthermore, he said, "I've also learned that, if you



Sheila and Lawrence Walker outside the Fairfax County Government Center.

BONNIE HOBBS/CENTRE VIEW

do what's right as an educator, you can live with the result. And it's gratifying when you give all you have and see a young person musically give that back to you."

On July 31, Supervisor Michael R. Frey (R-Sully) honored Walker in front of the Fairfax County Board of Supervisors. He gave him a plaque acknowledging his "28 years of outstanding and noteworthy service" as Franklin's band director and Music Department chair.

"We all know education is more than just reading, writing and arithmetic," said Frey. "It includes extracurricular activities that make well-rounded individuals and better students. And Lawrence Walker has helped the

musicians he's trained to further their passion and love for music."

"All you have to do is look at the tremendous music programs at Chantilly High to see the years of success they had at Franklin," continued Frey. "It's amazing to see the talent and ability they have, and it's a sad note to see Mr. Walker retire and move on. We thank you for all you've done and wish you all the best in the future."

The honor meant a great deal to Walker, and so did his students' last concert at Franklin before the school year ended. "Fifty-seven of my former students now in high school at Oakton and Chantilly came back to perform with the symphonic band," he said. "It was very emotional for the school and me. I thought five or 10 would come back, but Oakton's band director told me, 'Lawrence, they love you. They wanted to come back and play for you.'"

"This is the school my children went to, and I've had a wonderful career here."

— Lawrence Walker

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OPINION

Starting School Prepared

First day of school on Sept. 4; local nonprofits provide school supplies and weekend food.

With school beginning in a few weeks, area charitable organizations have been collecting contributions of new backpacks, calculators, other school supplies, money and gift cards and winter coats to help the tens of thousands of truly needy Northern Virginia students.

In Fairfax County alone, more than 40,000 students are poor enough to qualify for subsidized meals, and those students have mostly not had access to those meals over the summer since Fairfax County Public Schools no longer operates summer school.

Working poor families cannot easily outfit one or more children properly for school (think of the cost of a graphing calculator).

“For many families in our area who are working hard but struggling to make ends meet, the prospect of finding the funds to purchase new supplies for their children each year can be stressful,” said Lisa Whetzel, Our Daily Bread’s executive director. The organization was still \$3,000 and 200 backpacks short of its goal last week. To

help, contact Becca Brummett or Jennifer Rose at 703-273-8829 or holiday@ODBFairfax.org, or visit www.ODBFairfax.org.

One organization, Doorways for Women and Children in Arlington, aptly describes the challenges of some of Arlington’s students on its website: “Embarrassed and disappointed that

their family can only afford to prioritize necessities as simple as groceries and rent, children living in poverty share a very different schooling experience than many of their peers.”

Arlington Doorways for Women and Families collects money, school supplies, winter coats and more for needy students. Contact Rachel Dove at rdove@doorwaysva.org or 703-504-9283 or www.doorwaysva.org/donate/seasonal-ways-to-give/backtoschool/

FACETS in Fairfax, which provided more than 300 students with backpacks filled with supplies last year, is collecting school supplies until Aug. 17, and welcomes financial contributions: FACETS Back to School Drive, 10640 Page Avenue, Suite 300, Fairfax. Drop donations between 9 a.m.-5 p.m., Monday-Friday, at 10640 Page Avenue, Suite 300, Fairfax. FACETS also seeks volunteers to help at special events where students will “shop” for their school supplies.

Reston Interfaith encourages residents to drop off Back-to-School-Drive items at Reston

Interfaith Administrative Offices, 11150 Sunset Hills Road, Suite 210, Reston. Contact Alacia Earley, volunteer and drives manager, 571-323-9568.

Northern Virginia Family Services Back to School Drive provides over 2,000 backpacks to youth in pre-K through college. On-site: Sort and organize school supplies, stuff backpacks and help distribute. Donate money or new school supplies at 13926 Metrotech Drive, Chantilly.

On Thursday, Aug. 30, county firefighters will distribute backpacks and school supplies for children throughout Fairfax County. They will distribute approximately 2,000 backpacks, with supplies to school administrators, teachers, and local shelters for children in need.

United Community Ministries also helps local students. Send donations to United Community Ministries, 7511 Fordson Road, Alexandria. Contact 703-768-7106.

Once school begins, some local nonprofits will start a different kind of backpack program, one that provides “weekend backpacks” for these children who might not have enough to eat. The weekend backpacks contain child-friendly foods that are high in nutritional value. Beginning in September, schools will assist in the distribution of these bags.

— MARY KIMM,
MKIMM@CONNECTIONNEWSPAPERS.COM



Rick Dansey and Garrett Allen with U.S. Rep. Frank Wolf.



Recipients Josh Oswalt (Chantilly awardee), Hayley Anderson (Westfield awardee) and Garrett Allen (Oakton awardee) stand with scholarship founder Rick Dansey.

Inspiring Excellence in History and Government

Charity’s scholarship awards go to three youths.

With a speech about the importance of history and knowledge of government, U.S. Rep. Frank Wolf (R-10) presented the first annual National Heritage Scholarship at Oakton High School in May to kick-off the school’s annual award night

The Scholarship awards \$5,000 each to seniors at three Northern Virginia schools. Started by Chantilly resident Rick Dansey and his son Jake. The educational initiative is designed to reward excellence in U.S. history and government. Recipients were Josh Oswalt (Chantilly awardee), Hayley Anderson (Westfield awardee) and Garrett Allen (Oakton awardee).

The inspiration for the non-profit organiza-

tion comes from George Washington, who said in his eighth annual address to Congress: “A primary object should be the education of our youth in the science of government. In a republic, what species of knowledge can be equally important? And what duty more pressing than communicating it to those who are to be the future guardians of the liberties of the country?”

The Dansey Foundation acted upon this mandate and launched a charity that sponsors the scholarship. The foundation’s mission is to educate and encourage the next generation to understand both the operation of government and the history of that government in order to keep the republic vibrant.

The award winners from each high school

exhibited outstanding passion and intellect in not only coursework, but in outside activities. Examples from Josh’s, Hayley’s and Garrett’s resumes include being an intern for a Virginia state senator, supporting a campaign for a Virginia state delegate, being a Boy’s State attendee, and serving as Secretary-General of a Model United Nation’s team, along with multiple history and leadership awards. More information on these students can be found at www.t2fund.org.

The scholarship will continue each year at Chantilly, Oakton, and Westfield High Schools with the intent of eventually expanding its impact throughout the area.

Contact Dansey at rick@t2fund.org, if interested in getting one’s high school involved the program.

CENTREVIEW

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A Connection Newspaper

Time for School Advice on how to transition from a laid-back summer to a hectic academic year.

BY MARILYN CAMPBELL
THE CONNECTION

When Ellen Feldman's 5-year-old son started school for last fall, one of the biggest adjustments for the single mother of two was having to adhere to a schedule.

"All of a sudden we went from being able to do things on our own time frame to having to wake up and be at a certain place at a certain time," said Feldman. "Sending my son off to school for the first time was exciting, but also difficult."

From purchasing school supplies and new clothes to reuniting with friends and leaving home for the first time, the start of a new school year can bring about emotions that range from delight to anxiety.

"Back to school, which is a positive experience, has stress built into it," said Linda Gulyn, a professor of psychology at Marymount University in Arlington. "Any change is stressful, even a positive change. But kids will adapt quickly." The transition, said experts, is more manageable when parents develop a plan before the first day of classes.

"The more structure parents can give their kids before school starts, the better," said professional organizer Cecilia Anderson, a former teacher and the owner of Splendidly Organized, Inc. in Vienna. "If kids are given



Cecilia Anderson, a former teacher and the owner of Splendidly Organized in Vienna, encourages parents to begin creating a structured schedule for their children before the start of school.



Vienna-based professional organizer Susan Unger of ClutterSOS tells parents to create a color-coded calendar that includes each family member's events and activities.

total free rein during the summer, they are not going to be in the right mindset for school."

Michele Claeys, associate head and middle school principal at the Norwood School in Potomac, Md., believes that final days of summer break can be an ideal time for an academic brush-up: "There are often skills that aren't used throughout the sum-

mer, but are important as school starts. Having children of all ages read as much as possible for pleasure throughout the summer, but also in the days leading up to the start of school, is a good idea because it is a sustained experience where they are focused on something for a long period time." Claeys also recommended giving children an opportunity to discuss their reading with friends.

EXPERTS ALSO SUGGEST establishing a sleep routine with a consistent bedtime. "If parents get started a full week ahead of time trying to get children into the routine of being awake and alert for the morning, it gives them a chance to get their bodies adjusted to the schedule that they will have to maintain for the whole year," said Claeys.

Reintroducing a back-to-school morning ritual can be an anxiety-inducing exercise for some, especially after two months without a rigid agenda. According to professional organizers, a tactical plan can make the daybreak drill more pleasant.

"Do as much as you can the night before. For parents who pack their kids lunches, it is important to have things ready to go and put in bags," said Anderson. For children who want the freedom of packing their own lunches, Anderson recommended dividing lunch options into food group and allowing children to select one item from each group.

"You want to give your child a balanced meal," she said. "One day there might be tuna sandwiches, and turkey sandwiches on another day, and whatever snack goes along with it like cut-up vegetables.

Have those ready to go and in bins and let children choose one thing from each bin. That way kids will have more ownership over their lunches and there will be few complaints."

Don't underestimate the importance of breakfast either: "A child won't have all faculties for learning if they haven't eaten well," said Anderson. "Some kids don't have lunch until 1 o'clock, so to go from 6 a.m. until 1 o'clock without food is tough. They need something that has protein. It doesn't have to be home-cooked eggs. It can be turkey sausages or lunchmeat, but a bag of chips and a monster drink is not a good breakfast."

TO AVOID a last-minute morning search for errant permission slips or stray report cards, Vienna-based professional organizer Susan Unger of ClutterSOS urges parents to create a command center, a central location where all papers that must be signed and returned to school are kept. She adds that a chart outlining the morning tasks is another useful tool: "If children

have a check list to look at, they can ask themselves, 'Have I brushed my teeth?' or 'Have I combed my hair?' The night before, choose clothes and put the backpack by the door."

Use a family calendar. "Another important thing is having a calendar that lists activities and sporting events and putting it in a place where everybody can see it and everybody knows the schedule," said Unger. "It also helps to color-code the calendar, so have one color for each child."

Before heading out to purchase new supplies or clothes for school, organizers suggest taking inventory. "You can see what you already have and what you need and make a shopping list from that," said Unger.

One of the most important components of creating a good start to a new school year is attitude, education experts agree. "Generally, it is helpful if parents help children see school as a fun, happy place where they can be stimulated and learn," said Claeys.

"The more structure parents can give their kids before school starts, the better."
— Cecilia Anderson

'But I Don't Want To Go To School'

Separation Anxiety and Other Resistances to School

"Separation anxiety is a natural and healthy emotion," said Linda Gulyn, Ph.D., a professor of psychology at Marymount University in Arlington. "Developmental theory will say when children have separation anxiety, it is a sign that they are attached to the parent. That is good sign."

Understanding an older child's resistance to school: "From a psychological point of view, it is important for parents to acknowledge the

child's feelings," Gulyn said. "Even if you're looking at your 14-year-old and thinking she's being absolutely unreasonable, you have to say 'I understand how you feel. I get it.' Then the teen feels that they are being respected.

"For a lot of teens, there is a lot of pressure going into school mode, so that is legitimate anxiety. They might be saying, 'I now have three A.P. (Advanced Placement) classes. I have to play volleyball. I have to work part-time. I have all this stuff going on,' so the pressure is real," said Gulyn.

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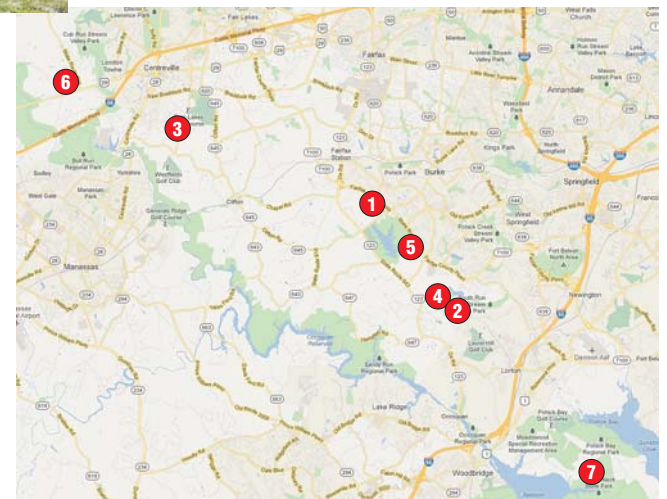
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PHOTOS BY BONNIE HOBBS/CENTRE VIEW

Representing a variety of countries at the Flower Hill Drive Olympics are (from left) Brandon Salandy, Sequoia Gisin, Kiara Varela, Tanishi Dasgupta, Mahika Rawat, Charlotte Fox and Keshav Rawat. Tiya Dasgupta, 3, is in front.

Celebrating National Night Out

FROM PAGE 3

neighbors Matt Chubb, Jeff Chillemi and Neal Worthy. They said Chillemi's called the Mayor of Wood Creek Lane because people are always asking him for advice and he's glad to oblige. "We all stick together like glue," he said.

"We make sure each other's houses are taken care of," said Chubb. "After the derecho took out half of a neighbor's tree, we cut it up and moved it out of the street."

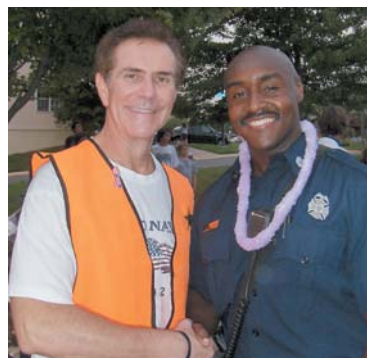
"Nobody asked for help," added Chillemi. "We saw a need and did it." Then they all went out to breakfast together afterward. "I've been here 20 years, and that's the way it's always been," said

Chillemi. "We even get together for dinners on Sunday; it's fun having great neighbors like that. And at Christmas, we took huge plates of chicken and rice to the police and fire station because they had to work."

If someone's on vacation, he said, "We take care of their house so no one breaks in. We water their lawn, too. And when kids are outside, we make sure there's always an adult there to watch them. It takes a village, and this is a great village."

They, too, had an Olympic theme for their National Night Out event. Children competed in three-

SEE CELEBRATING PAGE II



From left: Sully II Neighborhood Watch Coordinator Dan Jenuleson meets new Station 38 (West Centreville) firefighter Jovan Reid at the Belcher Farm and Beaumeadow Court event.



A group shot of residents and Station 38 firefighters at Belcher Farm and Beaumeadow Court. Sheree Glaze and Clint Crawford (in center, in cap and holding flag) organized this block's party with Bill Worthington.

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10621 Gunston Rd.....\$600,000..Sun 1-4.....Martina Burns.....RE/MAX..850-897-8917

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All listings due by Tuesday at 3 P.M.

PEOPLE

In College Fishing Competition

Chantilly resident Ryan McCarthy (left) was part of a two-man team from Radford University which placed fifth in the National Guard FLW College Fishing Northern Conference event on the Ohio River/Tanners Creek on Saturday, Aug. 5. The other member of the team was Steven Jarrells (right) of Radford. McCarthy and Jarrells won \$1,000 and the right to advance to the Northern Conference Championship, which will be held Sept. 13-15 on Philpott Lake in Bassett, Va. McCarthy has been a member of the Radford University team for four years. He graduated from Chantilly High School in 2008 and from Radford in May 2012.



BUSINESS NOTE

Chantilly-based businessman **C. Michael Ferraro**, CEO/President of Training Solutions, Inc., has become chairman of the board of directors of the Greater Reston Chamber of Commerce.



Ferraro is also a member of the Northern Virginia Technology Council TechPAC; Advisor, Public Policy, American Society of Training and Development (ASTD); Chairman of Bite Me Cancer Foundation, member of the Board of Visitors of Marymount University, member of the Society for Human Resource Management (SHRM), and graduate of the Leadership Fairfax class of 1998. He was also the founding co-chair of the HR Leadership Awards of the Greater Washington Area. Training Solutions, Inc. is also a member of the Northern Virginia Technology Council, Fairfax County Chamber of Commerce, Dulles Regional Chamber of Commerce, Virginia Chamber of Commerce, American Society of Training and Development (ASTD). Together with their team of consultants, Training Solutions provides diverse performance development training programs, human resources services, executive coaching and workforce consulting for large and small companies across the U.S. and internationally. TSI is also a reseller for six training/HR vendors. Learn more at www.trainingsolutions.com

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PHOTO BY BONNIE HOBBS/CENTRE VIEW

From left: PFC Raza Zaidi and PFC Michael Snow, both with the Sheriff's Office, are surrounded by neighborhood children at the Hartlaub Court block party.

Celebrating National Night Out

FROM PAGE 9

legged races and walked on a balance beam of a 2x4 piece of wood atop low cinder blocks.

"It's good to thank the fire department and police officers for what they do," said Chubb. "They're people we may need for service."

Added Worthy: "They appreciate it and return every year for the fried fish and onion rings."

BELCHER FARM AND BEAUMEADOW COURT

The residents of Belcher Farm and Beaumeadow

Court received first prize for their Caribbean-themed block party. Organizers were Bill Worthington, Clint Crawford and Sheree Glaze. The feast included jerk chicken legs and pork, rice with pigeon peas, fried plantains, tropical fruit and grilled pineapple kebobs.

"This brings everybody out here to have a good time," said Worthington. "There are a lot of kids and some new neighbors, and they get the chance to meet each other. We also have really good food; Clint made the chicken and I made the jerk pork and the rice

SEE CELEBRATING PAGE 14

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Howell and Harrington Engaged

Mr. and Mrs. Walter A. Howell of Clifton announce the engagement of their daughter, Laura Marie Howell of Arlington, to Brian Michael Harrington of Alexandria, son of Mr. and Mrs. Michael J. Harrington of Alexandria.

The bride-to-be is the granddaughter of the late Mr. and Mrs. Samuel A. Sullivan, formerly of Falls Church and the late Mr. and Mrs. W. Frank Howell, formerly of Ozark, Ala. The groom-to-be is the grandson of Mrs. Marie Harrington of

San Francisco, Calif. and the late Mr. John F. Harrington Jr. of San Francisco, Calif. and the late Mr. and Mrs. Francis E. Briggs of Long Branch, N.J.

Laura is a graduate of James W. Robinson Secondary School and Clemson University. Laura, a Zeta Tau Alpha, received her B.S. degree in business management. She is employed by DRT Strategies, Inc. in Arlington as an IT program manager.

Brian is a graduate of Mount Vernon High School and the University of Virginia where he was captain of the Atlantic Coast Conference Champion swim team. Brian received a commission in the U.S. Navy in 2006 and has deployed to Iraq and the Horn of Africa. He is currently stationed in Washington, D.C.

A September 2012 wedding in Alexandria is planned.

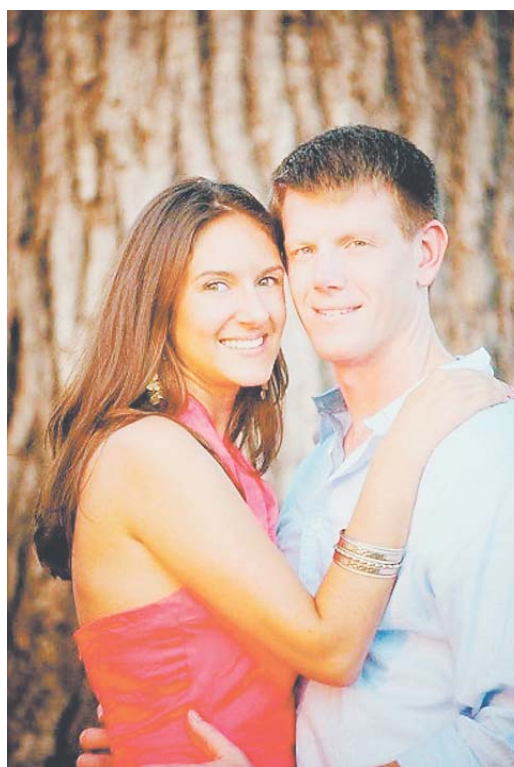


PHOTO BY CONNOR STUDIOS

Laura Marie Howell and Lt. Brian Michael Harrington



These students play flutes and clarinets in the concert band.



Saxophone players perform with the symphonic band

PHOTOS BY BONNIE HOBBS/CENTRE VIEW

Making Beautiful Music

FROM PAGE 4

Students fixed details they needed to work on and solved any technical problems they had.

Then they put it all together to perform in either advanced, intermediate, cadet or beginning band or orchestra. They auditioned, the first day of camp, and were placed according to their skill level.

Chantilly freshman Sydney Greenlee has come to the camp since fifth grade but, this time, she needed help learning a new instrument. "I just switched from oboe to French horn over the summer," she said. "And I'm going to play the mellophone in the marching band; it sounds like a trumpet, but is more like a French horn. I love music and love learning new things about it, and this is a good camp to learn it in."

New Franklin Band Director Kurt Holscher, replacing Walker who just retired after 28 years there, directed the camp's concert band. "We've got great kids who seem enthusiastic and work really hard," he said. "And this keeps them playing over the summer and makes our job easier in the fall. We won't have to remind them how to play. They get a lot of extra instruction so it's good experience for them."

In his first year at camp, Franklin eighth-grader Mitchell Holloway played percussion in the symphonic band and had a great time. "I heard about it and it sounded interesting," he said. "I learned new songs and made new friends."

Clarinetist Katie Hoang just graduated from Franklin and will attend Oakton High this fall. She selected the clarinet because "I thought it was challenging, most of my cousins play it and I didn't enjoy playing

strings. This camp improves my skill level to be in Oakton's marching band. It's fun playing different types of music at different skill levels at camp."

Connor Green, a Rocky Run seventh-grader, has played trombone two years. "I thought it sounded cool when the Chantilly band played at my school, Greenbriar West," he said. "I also like it because my grandpa used to play it."

His band teacher suggested he attend camp to improve his playing. "I've had a good time," said Connor. "A lot of my friends are here, so we can visit over lunch. And it's nice of the teachers to want to spend their time helping us play better. It's a great experience; you learn a lot and it's a great way to sharpen your skills."

Franklin Glen's Michele Anderson picked up her son Bennett after class. After graduating from Lees Corner Elementary, he'll attend Rachel Carson Middle this fall. "He wanted to come because he changed instruments from trombone in fifth grade to drum in sixth and wanted to improve before middle school," explained Anderson. "And I believe he has."

"There are some great instructors here who commit their time to helping these students," she continued. "It's a great opportunity and the kids also get to be around new people playing the same instrument they do."

"It's fun," added Bennett. "I learned a bunch of different techniques and would recommend this camp to others because you get more one-on-one instruction."

Pleased, Walker said it was another successful camp. "I started it when we had just 80 kids," he said. "I never knew it would

grow to be this kind of opportunity for students." And although he's retired from FCPS, he'll continue as the camp's director.

"I live right here in the community and I'm the founder," he said. "I get to see kids give their best, at different levels — from the polished musician trying to improve and meet their teachers' goal, to the struggling beginner who doesn't accept failure because of this goal and the reinforcement from their

teacher and the other kids."

Besides, added Walker, "I enjoy interacting with some of the finest educators in the country — from military bands, public schools and the private sector, plus outstanding college students. And I believe, if you conquer the attitude of any child, you conquer the aptitude. If you and the person teaching you believe you can do something, then you can do it."



Clarinetists concentrate on their music in the symphonic band.

NEWS

Pakistan Festival at Bull Run Park

The Pakistani-American community will celebrate the 65th anniversary of Pakistan's independence at the Pakistan Festival on Aug. 26 at Bull Run Regional Park in Centreville. This year's festival will also mark Eid-ul-Fitr, celebrated by Muslims around the world for completing a month of obligatory fasting, special prayers and self-restraint.

The festival, being held for the 26th consecutive year, will start at noon and end at dusk. Prior to the festival, a cricket tournament will be held from 9 a.m. to noon at the nearby Special Events Center. The festival is open to the public and there is no admission fee; plenty of free parking is available.

As in previous years, attendees will be able to enjoy a variety of Pakistani foods, including fragrant and delectable kabobs, biryani, haleem, vegetarian snacks and sweets. For children and young adults, there will be hot air balloon rides, pony and fun-train rides, cotton candy and a fashion show; there will be a gift for every child.

Vendors and artisans at booths and stalls will offer Pakistani handicrafts, jewelry, clothing and bangles, as well as business ser-

vices and promotions. Mehndi decorations (henna tattoos) and other cosmetics services will be available.

The highlight of the evening will be folk and popular music performances by well-known artists from Pakistan. A Korean and Japanese cultural troupe will also perform to show support and solidarity with the Pakistani-American com-

munity.

Zahid Hameedi, chief organizer of the festival, said that the main objective of this annual event is to cherish the rich history and traditions of Pakistan and share the colorful, multi-ethnic heritage of its people. It is also to rekindle the purpose and ideals for the creation of Pakistan in 1947 as a separate nation.

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This handsome boy has it all. Dougan is very friendly and loves to show you how much fun he can be. He likes other dogs and people of all ages. He's a medium-size Lab and Vizsla mix with a beautiful blonde short hair coat. He's had some obedience training and was the star of his class. Dougan will be a year old in October and hopes he can celebrate his big day in his very own home. Come and meet this wonderful guy and see for yourself how sweet he is. Attributes:



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SCHOOL NOTES

Alexander Cunningham, a resident of Fairfax graduated from Ithaca College's school of Communications in May 2012 with a major in film, Photo, Video and Visual Arts.

Karen Molloy, who teaches Advanced Placement (AP) biology and chemistry and serves as science department chair at Chantilly High School, has been named the 2012 Virginia Teacher of the Year by the Air Force Association.

Molloy was nominated by the Gabriel Chapter of the Air Force Association, which named her its Teacher of the Year for four consecutive years based on her work to advance STEM (science, technology, engineering, and math) education in Fairfax County Public Schools. Molloy has a goal of increasing student involvement and enrollment in science classes at Chantilly; she is introducing a Genetics and Biotechnology elective course at the school for the first time during the 2012-13 school year, in which 60 students have enrolled.

Molloy has worked for FCPS for 12 years; she taught at McLean High School for eight years and has been a teacher at Chantilly High School for the past four years.

David Roberson, a psychology and human services major at Davis & Elkins College in Elkins, WV, was named to the Spring 2012 Dean's List. Roberson is the son of Patricia Edwards of Fairfax.

Whitney Blankenship, a sophomore PreK-4 elementary education major has been named to the Dean's List for the spring 2012 semester at Grove City College. Whitney is a 2010 graduate of Trinity Christian School and is the daughter of Gary and Rhonda Blankenship from Chantilly.

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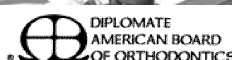




PHOTO BY BONNIE HOBBS/CENTRE VIEW

Hartlaub Court resident Jim Franconeri with wife Jen (front, right), neighbor Eileen Smith and her dog, Taffy

Celebrating National Night Out

FROM PAGE 9
dish.”

Trish Strother lives in Centreville’s Country Club Manor community now, but she and her husband returned for the celebration. “We used to live in this neighborhood on Beaumeadow,” she said. “So we come back every year to join in the festivities. It’s a fun, party group — great, wonderful, outgoing people.”

HARTLAUB COURT

On Hartlaub Court, two members of the Sheriff’s Office, stood next to their cruiser in the middle of the cul-de-sac and handed out hats, cups, pencils, Frisbees and junior sheriff’s badges to a large group of children. Both PFC Raza Zaidi and PFC Michael Snow work at Fairfax County’s Adult Detention Center; Snow also works security at the county courthouse.

It was Zaidi’s first National Night Out here and he was happy to participate. “It’s a great event,” he said. “Working with the community and interacting with the parents and children is wonderful. It builds up the community and is great public relations.” Later, Snow thanked the neighbors for their hospitality; and as he and Zaidi drove away, the children stood together and waved goodbye to them.

Residents Jen and Jim Franconeri organized their block’s celebration with a Day

at the Beach theme, complete with Hawaiian leis, plus a moonbounce and tetherball for the children. About 65 people attended.

“We have a little pool, a palm tree, beach balls, lanterns in the trees and palm leaves and seashells on the table,” said Jen Franconeri. “We served pizza, chicken wings from Hooters, salads, fruit, ice cream, cookies and brownies. We also have a popcorn machine that’s been a big hit with the kids.”

Eileen Smith, who’s lived there 21 years, has been part of Sully II’s Social Committee since 1992. She came to the block party after work, but brought lemonade and cupcakes to share. She called her community “a great location with great people.”

“Walking the trails and walking paths is a great way to meet your neighbors,” said Smith. “We have a lot of functions, such as a wine club, chili-bingo night, pool social night, breakfast with Santa, Easter egg hunt and a stellar swim team. And there are friendly, dedicated residents who’ve volunteered here for 20 years or more.”

Franconeri said she and her husband enjoy hosting National Night Out each year because “it’s a good sense of community. There are great people here willing to help out, and Dan and Leslie Jenuleson are great Neighborhood Watch coordinators.”

Besides, added Franconeri, “This is a way of thanking the police and firemen for all the good work they do. It lets us show our appreciation to them.”

A Pill a Day...



By KENNETH B. LOURIE

Hopefully will keep the cancer at bay. (I’d say “away,” but let’s be realistic, three and a half years past a NSCLC diagnosis, there is no way, generally speaking, that stage IV lung cancer disappears into the ether; it’s classified as stage IV for a reason. However, there are many – and varied – non-traditional and not particularly Western and/or A.M.A./American Cancer Society-approved alternatives to fight this insidious disease, many of which, about 20 or so, I have incorporated into my overall treatment regimen. Moreover, if my continuing survival reflects anything, it is an affirmation of what former N.C. State basketball coach Jim Valvano said in 1993, in one of his last public appearances before succumbing to bone cancer, on ESPN’s inaugural ESPYs Award show, as the first recipient of the “Arthur Ashe Courage and Humanitarian Award”: “Don’t give up, don’t ever give up.” And so I haven’t.)

Besides, where’s the future in giving up or giving in? That’s not to infer that the last few years haven’t been incredibly challenging, because they have. Emotionally for sure, physically not quite as much. Although chemotherapy is all it’s cracked up to be; some treatment (drugs) were definitely worse (side effects/quality of life) than others. Fortunately for me, amazingly in fact, through it all, I have been relatively asymptomatic with minimal/manageable side-effects and zero hospitalizations. Nevertheless, cancer’s reputation as a killer is well-documented and hardly the kind of diagnosis one can ever take with a grain of salt – maybe better taken with a grain of alcohol.

Every day, every doctor’s appointment, every scan, every time you have your blood drawn, every change in how you think and how you feel, relate to the undeniable fact (and believe me, I’ve tried to deny it; it’s a good defense/self-preservation mechanism) that you (meaning me) have cancer, and not just a garden variety, but rather the incurable kind, according to my oncologist: stage IV. Defined as metastasized, inoperable, with a “13-month to two-year prognosis.” (Given to me late February, 2009.)

But here I am, still. I have outlived my prognosis (but hopefully not my usefulness) by a significant – to me, length of time: years, depending how you calculate. However, does that significance move me closer than ever to the end of my writing all these lines? I don’t want to think that, but whatever cancer does to you physically, it’s equally bad – in my experience/opinion on your mind/thought process. Thinking straight, thinking clearly, thinking objectively, thinking unselfishly; all become collateral damage as a result of your cancer diagnosis. Fighting through these difficult-to-control emotions is the bane of my existence, an existence I’m lucky to still have. My next CT Scan is in September, two months after I will have been taking my daily “targeted therapy” chemotherapy-type pill. Then I’ll know how I really feel. Until then, life goes on. And so far, this pill seems not to be making a bad situation any worse; a non-side effect for which I am extremely grateful.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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CALENDAR

Email announcements to centreview@connectionnewspapers.com. Photos welcome.

TUESDAY NIGHTS

World-Class Jazz. 6-9 p.m. Paul Langosch on bass and Rick Whitehead on guitar. At the Copper Canyon, 5815 Trinity Pkwy. Call 703-830-6600 for reservations.

WEDNESDAY NIGHTS

Men's Chorus. 7:30-10 p.m. Sing "Acappella" with the Fairfax Jubilaires men's barbershop chorus. Members of the Barbershop Harmony Society. At Lord of Life Lutheran Church (West), 13421 Twin Lakes Dr. Visit www.fairfaxjubilaires.org or contact Aaron Watts at 703-793-7166 or adwatts78@yahoo.com.

MONDAYS & WEDNESDAYS

Zumba. 7-8 p.m. Latin-based dance fitness classes — no gym membership required. Visit www.gozumbafun.com.

THROUGH AUG. 31

Summer Camp. For ages 3 to rising 9th graders. Teen Camp for rising 10th graders to rising 12th graders. At Mount Olive Baptist Church, 6600 Old Centreville Rd.

THURSDAY/AUG. 16

Hands-on History. 1:30-3:30 p.m. A new program at Ellanor C. Lawrence Park, 5040 Walney Rd., provides an opportunity to experience how children lived in the 1800s. A costumed interpreter will lead the program, adding to the authenticity of the experience. Participants will

practice penmanship, wash clothes, churn butter, and make ice cream. This program is suitable for children ages 4-9. \$10 per child per session. Register at www.fairfaxcounty.gov/parks/ecl/calendar.htm. Call 703-631-0013, or visit www.fairfaxcounty.gov/parks/ecl.

SATURDAY/AUG. 18 AND 19

Civil War Weekend Encampment. Hear the roar of artillery, the beat of horse's hooves and the muffled sounds of infantry on the march as Sully Historic Site hosts its annual Civil War Weekend on Saturday from 10 a.m. until 4 p.m. and on Sunday from 10 a.m. until 3 p.m. Admission is \$9 for adults, \$7 for seniors and children. Sully Historic Site is located in Chantilly off Route 28, one quarter mile north of Route 50, five miles north of Route 66 or five miles south of the Dulles Toll Road. Call 703-437-1794 or visit www.fairfaxcounty.gov/parks/sully.

SUNDAY/AUG. 19

CVHS Fundraiser. 9 a.m. - 2 p.m. Support the Wildcat Band's Car Wash. Colonnade Shell Gas Station, 5784 Union Mill Rd, Centreville. Students are raising funds for their spring trip and band programs.

TUESDAY/AUG. 21

CVHS Fundraiser. 6-10 p.m. Support the Wildcat Band at Sweet Frog Frozen Yogurt, 14215-P Centreville Square. Students are raising funds for a spring trip and band programs.

THURSDAY/AUG. 23

Needle Craft. 1:30-3:30 p.m. **Centreville Stitchers** welcome

adults who enjoy knitting, crocheting, or other needlework crafts, and conversation. At the Centreville Regional Library, 14200 St. Germain Dr. Free. Contact Jo at 703-803-0595 or email joknitter@verizon.net.

FRIDAY/AUG. 24 TO SUNDAY/AUG. 26

Conference. Rebuilding Christendom: Towards a Vision of Reconstruction Amidst the Ruins. The Conference will include presentations by 10 speakers, a Friday reception, Continental breakfast on Saturday, Saturday lunch, Saturday dinner, full breakfast on Sunday, Mass on Saturday and Sunday. Early Bird registration of \$150. At the Dulles Marriott Hotel. Visit www.rebuildingchristendom.com to register.

SATURDAY/AUG. 25

Civil War Reenactment. Commemoration of the 150th anniversary of the Medical Evacuation of wounded soldiers will be held at the Fairfax Station Railroad Museum. This Commemoration will honor Clara Barton, "Angel of the Battle Field" and Founder of the Red Cross. The Museum is located at 11200 Fairfax Station Rd. 10 a.m. to 5 p.m. Outside activities are free. Museum fee is \$5 adults; \$1 children 5-10. Under 5 are free. Call 703-425-9225 or visit www.fairfax-station.org.

Concert with "Heritage Brothers" from West Virginia. 6:30 pm. Oakton Baptist Church, 14001 Sullyfield Circle, Chantilly. The church is located on Route 50, 1/5 mile east of the Route 28 overpass on the corner of Route 50 and Sullyfield Circle. Call 703 631-1799.

BULLETIN BOARD

Email announcements to centreview@connectionnewspapers.com. Deadline is Thursday at noon. Photos welcome.

FRIDAY/AUG. 17

Shabbat BBQ. 6 p.m. Come and enjoy a relaxed evening with a special Shabbat barbeque at Congregation Beth Emeth in Herndon. The evening includes hamburgers, hot dogs, games and sports followed by services held outdoors at 7:30 p.m. Prospective members are welcome as our guests at no fee. For more information or to RSVP, visit www.bethemeth.org/summerbbq.htm.

WEDNESDAY/AUG. 22

Volunteer Management Boot Camp. 9 a.m. to noon. Volunteer Fairfax office 10530 Page Ave. Fairfax. Come learn the secrets of the volunteer cycle including program planning, targeted recruitment and volunteer supervision. Starts at \$40 per person. Register at <http://volunteerfairfax.civicore.com>.

MONDAY/AUG. 27

Blood Drive. Virginia Tire & Auto, the Fairfax-based full-service provider of automotive maintenance, repair and tire services, is partnering with Inova Blood Donor Services as it hosts a blood drive from noon-6 p.m. at the Ashburn/Dulles (44285 Ice Rink Plaza) and Centreville (14611 Lee Hwy) facilities. Customers who donate blood will

receive a voucher for a free oil change at any of its 11 locations (or \$30 off any service). Appointments are preferred, but walk-ins will be welcome at the two Virginia Tire & Auto facilities. To schedule an appointment visit inova.org/donateblood, click donate blood 2x, and enter sponsor code 8000 for Ashburn/Dulles or enter sponsor code 7929 for Centreville or call 1-866-BLOODSAVES.

SUNDAY/ SEPT. 16

Troop 1983 Eagle Scout Project, Senthil Kannan. Noon- 4 p.m. Bikes for the World Used Bike Collection. Donate used bikes (and bike parts). A \$10 donation along with a donated bike (both are tax-deductible) covers shipping and handling. REI Fairfax in Fairfax Corner, 11950 Grand Commons Ave. Contact Senthil at senthil.kannan.61109@gmail.com. Visit www.bikesfortheworld.org.

WEDNESDAY/SEPT. 26

Local Grants. Fairfax County is offering up to \$5,000 in matching grants to make your community a better place to live. The grants are available to neighborhood or civic groups, homeowner's associations or nonprofits through the Neighborhood Enhancement Partnership Program. Applications are due by Wednesday, Sept. 26 at 10 a.m. Contact Rachel Robinson, Fairfax County Department of Administration for Human Services, at 703-324-5639, TTY 711.



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