

Sofia Najjar, 8, and her mother Lama, create Spin Art T-shirts at the annual Block Party at the Old Firehouse Teen Center on Saturday, Aug. 25.

# Teen Center Throws Block Party

NEWS, PAGE 6

## Celebrating Middle Eastern Food, Culture

NEWS, PAGE 4

## 911's Complete Failure

NEWS, PAGE 3



# Char-a-oke Anyone?

**\$1 million raised for Fairfax County Public Schools Education Foundation.**

By VICTORIA ROSS  
THE CONNECTION

Listen, baby...  
“Ain’t no mountain high. Ain’t no valley low. Ain’t no river wide enough, baby. If you need me, call me. No matter where you are. No matter how far.”

The Motown classic “Ain’t No Mountain High Enough,” by Marvin Gaye and Tammi Terrell, has been a show-stopping favorite for decades.

The same was true Thursday night for the karaoke team from Northrop Grumman, who won bragging rights as the 2012 Best Performers during the Fairfax Chamber’s second annual karaoke event to benefit Fairfax County Public Schools education foundation.

The team joined more than 250 members of the Northern Virginia business community, elected offi-

cial and other notables who sang or cheered on other participants. The list included Delegates Dave Albo, Mark Keam, Barbara Comstock, Kay Kory, Alfonso Lopez, Jim Scott, Ken Plum, Vivian Watts and Tom Rust. Senators included Dave Marsden and Barbara Favola, as well as Fairfax County Supervisor John Foust and Fairfax County Public Schools (FCPS) Superintendent Jack Dale.

“The atmosphere was electric,” said Fairfax Chamber President & CEO Jim Corcoran. “It was an incredible display of community involvement, competition and just plain fun, all in support of a great cause – education.” Corcoran said the Education Foundation has made contributions to FCPS of over \$1 million in the past two years. The event raised about \$19,000 last year and \$30,000 this year.

**CHAR-A-OKE AWARD WINNERS**

- Best Performance: Northrop Grumman
- Best Vocals: Dominion Virginia Power
- Best Moves: Cordia Partners
- Best Lyrics: McGladrey Tax Services
- Spirit Award: Helios HR
- Best Duet: Cardinal Bank
- Most Crowd Participation: John Marshall Bank

The foundation, Corcoran said, is not a scholarship program, but a way to fund and support initiatives in Fairfax County’s world-class public school system.

Corcoran said the event grew from five teams participating in the singing competition the first year to 22 karaoke teams this year.

“What was really great about this event is that you didn’t have just one sector participating. You had a who’s who from companies of all sizes, government contractors, banks, elected officials, FCPS.”

Corcoran said Helios HR in Herndon was the event’s Signature sponsor. “Kathy Albarado, Helios HR’s CEO, was great at creating enthusiasm for this event. You have no idea how excited people were.”

Erin DeWaters, the Fairfax Chamber’s vice president of com-



Members of the Northrop Grumman PDP Team (1-r) Andrew Tran, Stephanie Paone, Neetu Dhillon, Candice Currier, Vivian Obando and Ashley Stone celebrate winning Best Performance at Char-a-oke.

PHOTO CONTRIBUTED



Attendees were so enthusiastic about the event, all the teams took the stage together at the end of the night to sing “Summer Nights” from Grease.

PHOTO BY JENNY RULEY/FCPS

munications, said some companies recruited interns to participate, while others got their CEOs on stage to perform, and some teams practiced all summer.

“It was also a great team-building effort and a way to boost employee morale,” DeWaters said.

Corcoran said last year he performed original lyrics to Billy Joel’s “Piano Man.” And this year? “They fired me,” he joked. But DeWaters set the record straight: the event was so popular they filled the 22 slots quickly with chamber members.

MetroCooking

DC

The Metropolitan Cooking & Entertaining Show

November 3-4, 2012

Local Chef Demos, Tasting & Entertaining Workshops plus Sample and Buy from over 300 Exhibitors in our Market Place!

▼ Look who’s coming to DC! ▼ LOTS OF VIP TICKET OPTIONS!

					
<b>Giada De Laurentiis</b>	<b>Tom Colicchio</b> <i>Top Chef Judge</i>	<b>Gail Simmons</b> <i>Top Chef Judge</i>	<b>Michael Symon</b> <i>Host of The Chew</i>	<b>Carla Hall</b> <i>Host of The Chew</i>	<b>Jacques Pépin</b>

Celebrity Theater also featuring: **Claudine Pépin • Jeff Mauro**




Buy Tickets TODAY at [MetroCookingDC.com](http://MetroCookingDC.com)





# NEWS

## A Complete Failure

**Fairfax County says Verizon 'failed completely' during June 29 derecho.**

BY VICTORIA ROSS  
THE CONNECTION

**T**he eerie silence is what Steve Souder, Fairfax County's 911 director, remembers about the night of June 29, when the derecho hit Fairfax County.

"The derecho was fierce and sudden, a lot of things most storms aren't," Souder said in an interview on Friday. "We were busy as all get-out."

The fast-moving storms slammed Fairfax County at about 10:20 p.m., resulting in a record number of emergency calls—a 415 percent jump for 911 dispatchers and a 2,000 percent jump for Fire and Rescue. Approximately 30 minutes later, power flickered and then died in the McConnell Public Safety and Transportation Operations Center (MPSTOC), where 46 911 dispatchers were fielding hundreds of calls.

"We can't afford to be crippled, so our generators came on, and we're rocking and rollin' in the blink of an eye," Souder said.

At 1:30 a.m., the first wave of calls started to subside.

"We're taking a deep breath and looking ahead to sunrise, when we fully expected another wave of calls as people wake up and take a look around their homes at the damage," Souder said.

**THE NEXT MORNING**, as hundreds of thousands of county residents awoke to smashed cars, split fences and downed power lines from uprooted trees, the county's 911 operators braced themselves for another onslaught of calls.

But the next wave never came.

"The phones just stopped ringing. We were dead in the water... Never, ever, ever has this happened to us," said Souder, who has been in emergency operations for 44 years.



PHOTO CONTRIBUTED

Steve Souder

**"It's like the Captain of the Titanic telling passengers the ship hit an iceberg when the bow is on the bottom of the ocean floor."**

—Steve Souder, Fairfax County 911 Director



PHOTO BY VICTORIA ROSS/THE CONNECTION

**Fairfax County's 911 Call Center located in the McConnell Public Safety and Transportation Operations Center, named after former Fairfax County Supervisor Elaine McConnell.**

It would be several more hours before Souder and other County officials learned that no calls were getting through due to a problem with Verizon. According to Souder, all calls to Fairfax County's 911 go through the Verizon network, regardless of the commercial carrier service. From 7:36 a.m. until 3 p.m. on June 30, 911 service was completely down and for the next three days service was sporadic.

Souder said signs of trouble with Verizon came around 7 a.m., when Verizon sent a cryptic email to Fairfax County staff saying that the Arlington central office was without power or backup battery/generator. The references to Arlington, according to Souder, suggested that 911 service was affected only in Arlington County, so Fairfax County's 911 staff continued with their normal operations.

"We are completely unaware that incoming 911 call service from Verizon is slowly dying... We don't get officially notified until about 10 hours after [the] whole mess begins, which is completely unacceptable," Souder said, adding:

"It's like the Captain of the Titanic telling passengers the ship hit an iceberg when the bow is on the bottom of the ocean floor."

As a result of this critical outage, Fairfax County submitted official comments to the Federal Communications Commission (FCC) detailing what happened, suggestions for Verizon to improve its service and exhibits to show supporting documentation and actions.

"During and after a storm, and in any emergency or disaster, the loss of the public's ability to contact emergency responders is most profoundly felt," according to County officials. "Families in darkened homes crushed by fallen trees, motorists unable to get through roadways blocked by downed electric power lines, elderly residents in care facilities without power in temperatures over 90 degrees, and any other citizens in need of emergency services must be able to call 911 to seek assistance."

"Fairfax County is, and will stay, on top of this," said Fairfax County Board of Supervisors Chairman Sharon

SEE COMPLAINT, PAGE 5



PHOTO BY ANDREA WORKER/THE CONNECTION

**From left—Office Administrator/Events Planner Sharon Brown and Tysons Regional Chamber of Commerce President Lisa Huffman display the chamber's new name and logo.**

## New Name, New Location, Same Mission Vienna Tysons Regional Chamber of Commerce takes next big step.

**I**t's official. On Aug. 21, the Vienna Tysons Chamber of Commerce became the Tysons Regional Chamber of Commerce, and after more than two decades of doing business in a small, two-storey office building on Maple Street in Vienna, the chamber will soon make the move to a new, modern office space at 7925 Jones Branch Drive in the heart of Tysons Corner.

While most have lauded the move and the name change, some Vienna residents aren't so sure, wondering if the town will now take a backseat in the chamber's priorities. "Absolutely not," assures Chamber President Lisa Huffman. "We are still one membership. We are here for everyone."

In the press release announcing the changes, Huffman added, "All of our member businesses can expect the same great service with a focus on creating links to opportunity...this opportunity will take the chamber to its most prominent role to date as a truly regional chamber, able to provide benefits to the small businesses of Vienna and the big

business community of Tysons."

The Chamber will continue to actively support beloved traditional events in Vienna, such as Oktoberfest, and the annual Halloween Parade. "Vienna has a strong sense of community, a real hometown," said Huffman. "The developers at Tysons are looking to bring some of that feeling to Tysons, building more of a community, a real place to live, work and play. We are excited to help in that process."

There are about 450 members currently enrolled in the chamber. Huffman encourages businesses far and wide to review the benefits of membership and to take advantage of the opportunity to network with other business people in the area. As well as community events, the chamber hosts or facilitates Young Professional gatherings, educational sessions, lead-sharing opportunities, and more. They are also a resource for what's happening or what's ahead for the Vienna and Tysons area. Their website at [www.vtrcc.org](http://www.vtrcc.org) provides a wealth of information for businesses, as well as residents.

—ANDREA WORKER





PHOTO CONTRIBUTED

Holy Transfiguration's Jennifer Bawab (left) and Cathy Baroody are ready to help festival goers decide amongst the many options for sale, including the popular \$12 lamb dinner served Saturday from 6-9 p.m. and all day on Sunday.



PHOTO CONTRIBUTED

The "Dabkeh" is an Arabic folk dance widely performed at weddings and joyous occasions. Festival dancers will entertain attendees, and invite them to join in the fun.

# Celebrating Middle Eastern Food, Culture

## Holy Transfiguration Church hosts 12th annual food and culture festival on Labor Day weekend.

BY DONNA MANZ  
THE CONNECTION

If you love freshly-roasted aromatic meats, rich syrupy pastries, exotic dance and music and very congenial people, you'll love the ethnic food festival in McLean that brightens Labor Day weekend.

For the 12th consecutive year, the parishioners of Holy Transfiguration Melkite Greek-Catholic Church on Lewinsville Road are throwing its annual Middle Eastern Food Festival on Saturday, Sept. 1, and Sunday, Sept. 2.

The Middle Eastern Food Festival was created to introduce other people to the Melkite Greek-Catholic culture and to share a meal with the community.

"You never know somebody unless you share a meal with them," said Rt. Rev. Joseph "Father Joe" Francavilla, pastor of Holy Transfiguration Church. "We're sharing something on a very fundamental level. Breaking bread, sharing food, brings people together." He also noted that the festival offers the "best food going anywhere."

**THE FOOD** sold at Holy Transfiguration's food festival is not simply Arabic cooking, it's cooking and baking that has been handed down from mother to daughter for generations. Everyone in the church helps out for this festival, which is as much an introduction to Arabic culture as it is a food-fest.

"The most important thing about this festival is exposure of our church to the people of the D.C. area," said Rt. Rev. "Father Charles" Aboody, festival chairman. The



PHOTO BY DONNA MANZ/THE CONNECTION

**Rt. Rev. Charles Aboody, festival chairman, Nikki Haddad, parishioner and food coordinator, and Rt. Rev. Joseph Francavilla talk about Middle Eastern food and culture. The cookbook compiled by Haddad is on sale at the Labor Day weekend food festival on the church grounds.**

church itself looks like no other in the area with its gilded icons. "We feel we have a unique church in the area, culturally and in its beauty," Father Charles said. "We're also known to have the best food in the whole D.C. area."

Admission to the festival is free. There is a charge for the food and children's activities. Plates, featuring stuffed grape leaves, kabobs, falafel, spinach and meat pies, are priced individually and served throughout

the day, as are the pastries and sweets from the 50-plus-foot long dessert table. Pastries start at \$1 per piece.

The highlighted meal of the food festival is the Saturday evening spit-roasted-lamb dinner, priced at \$12 per person. While fragrant seasoned lamb and chicken fill the air with an aroma that only grilled meats have, most likely it's the dessert table that all age groups gravitate toward. Women of the church have been baking for weeks for this event.

"The lamb dinner is something you don't want to miss," said Nikki Haddad, food coordinator for the festival. "And we serve a great cup of real Arabic coffee."

The lamb dinner "hafli," beginning at 6 p.m., features live music and dancing, as well.

The dessert buffet showcases an assortment of honey-rich baklava made with different nuts, date-filled mamoul cookies, and pastries dipped in rosewater syrup, among a myriad of other popular Arabic sweets.

**THE FESTIVAL** introduced pony rides for children in 2011 and the rides were such a big hit with children that they will run again this year. The kids' all-day pass is \$10. That includes unlimited activities—face painting, moon bounce, games, and one pony ride. Pony rides can be bought separately for \$5 per ride.

One of the festival's non-eating highlights is the series of food demonstrations throughout the weekend by home "chefs." The focus, said Haddad, is on healthy Middle Eastern eating. At the festival, the church is selling its recipe book, compiled by Haddad, a personal chef and dietary consultant.

The Middle Eastern Food Festival kicks off at 11 a.m. on Saturday, Sept. 1, running to 11 p.m. that day, and reopens on Sunday at noon, running until 6 p.m.

To volunteer as an apprentice cook, learning Arabic recipes from the people who prepare Arabic meals at home, call Father Joe at 703-734-9566 and he'll pass your contact details along to the festival's food coordinators.

"This food festival is definitely a gift we have to share with our community," Father Joe said. "The whole person is touched by God's grace through food, music and our icons."

For details on the Holy Transfiguration Melkite Greek-Catholic Church Middle Eastern Food Festival, go to [www.middleeasternfoodfestival.com](http://www.middleeasternfoodfestival.com). The Church is located at 8501 Lewinsville Road, near the intersection of Spring Hill Road.



## WEEK IN MCLEAN

### McLean Woman Dies Following Car Crash

Police responded to 1856 Kirby Road for the report of a crash. On Tuesday, Aug. 21 shortly before 11 a.m., 81-year-old Beverly Sargent was in her car in her driveway getting ready to head to a local service station. She had arranged for another driver to follow her and bring her home. She got out and walked to the rear of her car to make sure the other car, a 2002 Toyota Camry, was behind her. The 86-year-old man in the Camry started his car and put it in gear. His car started to roll forward and he was not able to stop before striking Sargent. She was transported to a local hospital where she was pronounced dead shortly

after 3 p.m.

Speed and alcohol are not factors in this crash.

### Two McLean Teens Assaulted

Police are investigating a report that two 14-year-old girls were inappropriately touched on Monday, Aug. 20 at about 3:30 in the morning.

The girls were walking north on the east side of Chain Bridge Road from the area of Chain Bridge Court. As they turned to walk back, they noticed a man run across Chain Bridge Road and hide behind a bush at the far end of a church parking lot. As the girls walked down Davidson Road, they saw the same man walking toward them. As he got close, he reached out and grabbed one of the girls

and wrapped his arms around her waist. The other teen tried to loosen his grip on her friend. The suspect then grabbed the second teen. He allegedly touched both of them inappropriately. The girls screamed, a dog barked and the suspect fled on foot, north on Chain Bridge Road. The girls ran home to contact police; they were not injured.

The suspect was described as Asian, in his 20s, about five feet 10 inches tall, with a thin build and short hair. He was wearing an orange and white striped T-shirt and blue jeans.

Anyone with information is asked to contact Crime Solvers by phone at 1-866-411-TIPS/8477, e-mail at [www.fairfaxcrimesolvers.org](mailto:www.fairfaxcrimesolvers.org) or text "TIP187" plus your message to CRIMES/274637 or call Fairfax County Police at 703-691-2131.

## County Files FCC Complaint

FROM PAGE 3

Bulova (D-at large). The County's response to the FCC, released last Thursday, lays the blame for the outage squarely at the feet of Verizon, and Verizon acknowledged some responsibility in its Aug. 13 report to the MWCOG.

After first denying it had major problems with Arlington County's 911 service, Verizon officials admitted they did not know 911 emergency service was out in Fairfax County until alerted by County officials.

In the Verizon report, officials said two major generator failures—one in Fairfax and one in the central Arlington office, which routes 911 calls to multiple centers—caused "multiple failures cascading from these specific generator problems."

Verizon also reported that it lost visibility over its own network, so that technicians did not know that power was draining from battery-operated generators until it was too late.

"When the batteries in the Arlington central office were being depleted... why was there a delay in deploying additional resources to remedy the situation before the Arlington facility went dark?" asked County officials, in concluding statements in the FCC report. "Verizon's 911 service in Fairfax County failed completely during the June 29, 2012, derecho. Both immediate and longer-term changes are needed to

improve 911 service in the metropolitan Washington, D.C., area."

**THE CURRENT FCC REPORT** is one of several investigations launched into the 911 fiasco. According to officials, Fairfax County is pursuing the issue from many angles, including the report to the FCC and regional work through the Metropolitan Washington Council of Government.

"We are very fortunate that no one died as a result of the 911 outage," said Supervisor Pat Herrity, (R-Springfield). Herrity is a member of the statewide 911 panel tasked with looking into the outage.

"I have every confidence that Fairfax County is up to whatever emergency comes our way—in as much as we have control. I'm more worried about third parties such as Verizon based on our 911 experience. Frankly, that was wholly unacceptable and we are going to do everything necessary to hold their feet to the fire," said Supervisor Jeff McKay (D-Lee).

Souder said it's gratifying to know Verizon is taking some responsibility, and attempting to fix its communication problems.

"The public should know that, seven weeks after this storm, we're still a long way from being done from making sure this (911 failure) doesn't happen again," Souder said.

## Maplewood Grill

Serving Our Neighbors and Friends for Over 27 Years

# Open Labor Day Weekend!

Join us for a

## Taste of the Chesapeake Special Menu




Live Entertainment  
Tues. thru Sat.

703-281-0070

Brunch  
Every  
Sunday

132 Branch Road, S.E. • Vienna, VA  
Visit [www.maplewoodgrill.com](http://www.maplewoodgrill.com) for Specials



METROPOLITAN WASHINGTON  
AIRPORTS AUTHORITY

DULLES TOLL ROAD

### PUBLIC HEARINGS

The Metropolitan Washington Airports Authority is hosting three public hearings to inform and solicit comments from the community about proposed toll rate increases along the Dulles Toll Road beginning in 2013 to support the construction of the Dulles Corridor Metrorail Project and Dulles Toll Road improvements.

**These public hearings will be conducted in an open house format, from 5:00 p.m. to 8:00 p.m., as follows:**

**Thursday, September 6, 2012**  
Stone Bridge High School - Cafeteria  
43100 Hay Road  
Ashburn, VA 20147

**Wednesday, September 12, 2012**  
South Lakes High School - Cafeteria  
11400 South Lakes Drive  
Reston, VA 20191

**Thursday, September 13, 2012**  
Spring Hill Elementary School  
8201 Lewinsville Road  
McLean, VA 22102

There will be informational exhibits about the Dulles Corridor Metrorail Project, the cost and financing of the Dulles Corridor Metrorail Project, the Dulles Toll Road and potential improvements that may be made to the Toll Road, the revenue anticipated to be raised as a result of the proposed toll rate increases, and how this additional revenue will be spent. Representatives from the Airports Authority will be present to discuss these items.

The public comment period on the proposed toll rate increases will run from August 17 through September 16, 2012. An "On-Line Open House" will be available on the Airports Authority website at [www.mwaa.com/tollroad](http://www.mwaa.com/tollroad) throughout the comment period. It will contain an explanation of the informational exhibits and a comment form. Comments may also be submitted at the public hearings, or mailed during the comment period to: Dulles Toll Road Proposed Toll Rate Increases, 3900 Jermantown Road, Suite 300, Fairfax, VA 22030.

For special assistance for persons with disabilities or limited English proficiency, citizens may call (703) 934-4639 at least 10 days prior to the hearing they wish to attend.

## TWO POOR TEACHERS

### Kitchen and Bathroom Remodeling

We Bring the Showroom to YOU!!



Free Estimates  
703-969-1179

Select your remodeling products from our Mobile Kitchen and Bathroom Showroom and Design Center!!



Standard & Premium  
Bath Specials!

Starting at  
\$4,950

Visit our website  
for details!

www.twopoorteachers.com

Fully Insured & Class A Licensed  
EST. 1999



**Mums Have Arrived  
in Gorgeous Colors**

**Spruce up your  
Fall Garden**  
Asters, Kale, Cabbage

**Bulk Mulch, Fill, Playground  
Chips and Organic Compost**  
**\$24.99/cu. yd.**

**50-65% Off Pottery**  
Washington Area's Biggest Selection  
**Just Arrived: New Truckloads, New Styles**

**R.R. Ties**  
**\$14.99 & Up**

**Japanese Maples**  
**30% OFF**  
Over 300 Varieties

**FREE ESTIMATES**  
Landscapes, Patios, Walkways,  
Walls & Paver Driveways

**Cravens  
Nursery &  
Pottery**

9023 Arlington Blvd.,  
Fairfax, Virginia  
2 miles west of I-495 on Rt. 50.  
1 mile from I-66 (Vienna Metro)

**703-573-5025**  
Open 7 days a week  
Visit our new Web site:  
[www.cravensnursery.com](http://www.cravensnursery.com)

Follow us:  
f t g+

We **HOPE** that you are  
enjoying your **SUMMER.**



**CASE**<sup>®</sup>  
DESIGN/REMODELING, INC.

CaseDesign.com • 703.667.7397  
Design | Additions | Interiors | Exteriors | Kitchens & Baths



PHOTOS BY ALEX McVEIGH/THE CONNECTION

From left, Elizabeth Galbreath, 10, and Aarushi Desai, 11, compete in a hula hoop contest at the annual Block Party at the Old Firehouse Teen Center on Saturday, Aug. 25.

## Teen Center Throws Block Party

### Old Firehouse Teen Center hosts revamped annual event.

BY ALEX McVEIGH  
THE CONNECTION

The Old Firehouse Teen Center in downtown McLean hosted their annual block party on Saturday, Aug. 25, opening up their center for a variety of activities. The event featured the second annual McLean Teens Got Talent variety show, contests between acts and other arts and crafts opportunities.

The weather forced the acts indoors for the day, but that didn't stop local teens with many talents from taking the stage. Acts ranged from bands to singers to multi-instrumentalists and more. One act, performed by Tara McLaughlin, 11, and Elise Flick, 13, was unlike anything the judges had ever seen before.

"We originally started a club at school, where we would choreograph dances for songs and perform them," McLaughlin said. "It was very different performing here, we were more nervous, because at school there are a lot of friends around."

The duo performed a dance to Christina Perri's "Jar of Hearts," working the area in front of the stage with moves resembling those of a pair of figure skaters.

"I saw the flyer for the McLean Teens Got Talent

contest while I was at a summer camp here, and thought it would be a good chance to perform in front of a new audience," Flick said. "Hopefully this will give us a good start going into this school year."

Between acts, children could participate in various events such as a hula hoop or pie-eating contest.

"It was fun because something was always going on," said Nikki Omi, 11, of McLean. "The robot dancer was my favorite, he could stop and start so fast."

The "robot dancer" was Bang Yan Pham, 13, who performed a "pop and lock" style routine. Judges Darrick Speller, Jimmy Reed and Sarah Schallern praised his unique presentation, but also gave him some pointers.

"You had great movements, but you really need to work on locking them down when you're trying to stay still," Schallern said. "It's all about isolating one movement."

This was a move for the block party, which was moved from the fall, and took place earlier in the day.

"We wanted to make it a more inclusive event, for our regular users, but also to expose it to some new people," said Ryan Brookes of the OFTC. "We want people to be aware of what we can offer here."



Bang Yan Pham, 13, competes in the McLean Teens Got Talent competition, Saturday, Aug. 25 at the Old Firehouse Teen Center.



From left, Sarah Schallern, Darrick Speller and Jimmy Reed give judgments during the McLean Teens Got Talent contest, Saturday, Aug. 25.



# NEWS

## Del. Comstock Named to Speak at the GOP Convention

**D**el. Barbara Comstock (R-34), co-chair for the Virginia Romney-Ryan campaign, issued the following statement after being named to speak at the 2012 Republican National Convention next week and serve as a deputy permanent co-chairman at the 2012 Tampa Convention:

"I am honored to have the opportunity to speak at the 2012 Republican National Convention and serve as a convention co-chairman. Next week, when we nominate the next president and vice-president of the United States, all Virginians and all Americans will hear from the team who will get the country back on the path to prosperity.

"The Romney/Ryan ticket has the values, vision, experience and a detailed plan to get this country back to work and to restore fiscal sanity. Across the commonwealth, Virginians know we can do better. We have the opportunity to take a new direction and create a brighter future for our commonwealth, our country and our children."

Del. Comstock, a resident of McLean, was elected in November



PHOTO CONTRIBUTED

**Del. Barbara Comstock (R-34) speaking at the Romney-Ryan Kickoff Rally on Aug. 11 in Manassas.**

2009 to represent the 34th District (parts of Fairfax and Loudoun County) in the Virginia House of Delegates and was re-elected in 2011.

In the summer of 2010, Delegate Comstock was selected as one of 50 state legislators to participate in the "Emerging Political Leaders" program sponsored by the State

Legislative Leaders Foundation and the Darden School of Business at the University of Virginia. This past year, she was also recognized by the Virginia Chamber of Commerce with "The Free Enterprise Award" which honors a legislator who championed free market principles during the 2012 legislative session.

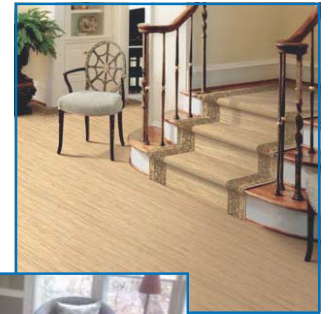
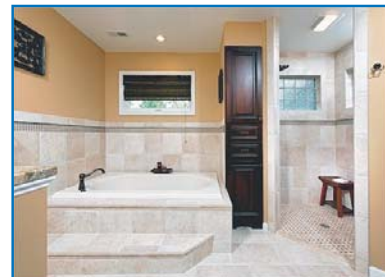
# GRAND OPENING



~ Now Open 7 Days a Week ~

**Outlet for carpet/wood flooring/ceramic/vinyl featuring Remnants and Factory Specials.**

**Low, Low Prices.**



**Visit [weekendflooring.com](http://weekendflooring.com) for directions.**

**Conveniently located near Rt. 66, Manassas.**

**Warehouse Hours: Monday – Friday 9 am-3 pm, Saturday 8 am-4 pm and Sunday 11 am-4 pm**

**7024 Tech Circle, Manassas, VA • 703-789-2535**

# One Name Says It All!

## Michael Nash®

ADDITIONS • EXTENSIONS • KITCHENS • BATHS • BASEMENTS • CUSTOM GARAGE & SCREEN PORCHES • WINE CELLARS



Michael Nash®

### Design A Build & homes

The Ultimate in Luxury®  
A Michael Nash Company

8630-A Lee Highway • Fairfax

**703.641.9800**

Call Today For A

No-Obligation Home Evaluation!

[www.michael-nash.com](http://www.michael-nash.com)

*Design, Build & Remodel*

- ◆ Additions & Extensions
- ◆ Major Renovations
- ◆ Two-Story Additions
- ◆ Total Kitchen Remodeling
- ◆ Total Bathroom Remodeling
- ◆ Complete Basement Remodeling
- ◆ Custom Garages
- ◆ Sun Rooms
- ◆ Screened Porches
- ◆ Custom Wine Cellars
- ◆ Jacuzzi & Steam Shower Spas
- ◆ Interior Design

**Custom New Homes • We Build On Your Lot!**



**COMPLIMENTARY Ceramic Backsplash** OR **ALL APPLIANCES At Our Cost**

With Complete Kitchen Remodeling | With Complete Kitchen Remodeling  
Min. \$30,000 kitchen project. Present coupon at time of estimate. Not valid with any other offer. Expires 9/29/12

**\$1,000 OFF Complete Remodeling Project**  
minimum \$20,000

Present coupon at time of estimate. Not valid with any other offer. Expires 9/29/12



## First Day of School Coming Up

### And never too early for parents to get involved.

**T**he first day of school in most of Northern Virginia is Tuesday, Sept. 4. We don't agree with having the General Assembly dictate the first day of school, requiring the start date to be after Labor Day, but starting school after Labor Day does seem more hospitable than the Aug. 27 start in many other areas.

Attending Back to School Night and making contact with teachers is one of the most important things parents can do to set up the school year for success. Back to School Nights begin the first week of September. Find the date for yours:

Fairfax County <http://www.fcps.edu/news/backtoschool/>.

This school year will be the last for superintendent for Fairfax County Public Schools Jack Dale, who has announced his retirement effective June 30, 2013. The School Board will spend much of the coming months in the search

and selection of the new superintendent.

In Fairfax County, students will be encouraged to BYOD. That's "bring your own device." With written parental permission, students will be allowed to connect to school wireless with their smart phones, tablets and laptops. Students and parents should remember that school officials will be able to examine those devices and discipline students for content and activities that are in violation of conduct rules and act accordingly. More at <http://www.fcps.edu/it/byod>.

### Reminder: Check Voter Status

While Northern Virginia has remarkable rates of voter registration, many changes to polling places, political district boundaries and rules for voting in Virginia, make it worth double checking your status now. Virginia's front seat role at the Republican National Convention serves as a reminder that every Virginia vote cast will count in November.

To vote on Election Day, you must be regis-

tered at your current address no later than Oct. 15, 2012. You can check your registration status online by going to [www.sbe.virginia.gov](http://www.sbe.virginia.gov). There you can also download a voter registration form and mail it to your local elections office address.

Every Virginia voter should expect a new voter identification card in the mail at the beginning of October, very close to the Oct. 15 deadline, so better to check now.

Mail or FAX updates to your local Electoral Board.

**Fairfax County Board of Elections,**  
703-222-0776, [www.fairfaxcounty.gov/eb/](http://www.fairfaxcounty.gov/eb/)  
12000 Government Center Parkway, Fairfax,  
Suite 232, Fairfax, 22035; FAX 703-324-2205;  
email [voting@fairfaxcounty.gov](mailto:voting@fairfaxcounty.gov).

**Correction:** Last week's *Newcomers and Community Guide* omitted the name of an independent candidate, Mark T. Gibson, running for U.S. House of Representatives in the 11th District. The same paragraph also mistakenly referred to that district by the wrong district number in a second reference. The correction have been made in our online and PDF editions.

— MARY KIMM,

[MKIMM@CONNECTIONNEWSPAPERS.COM](mailto:MKIMM@CONNECTIONNEWSPAPERS.COM)

### LETTERS TO THE EDITOR

### Deliberate Falsehoods in Health Care Debate

To the Editor:

When I saw the letter I "Questioning the War on Women," [Connection, August 15-21, 2012] I had that Yogi Berra feeling of "deja vu all over again" because I had read the same letter in a July edition of your paper. A second reading did not improve the contents or make them any more accurate.

Though the letter is replete with inaccuracies, one in particular stands out and demands a response. As a leader with the non-partisan Prevent Cancer Foundation, I was appalled to read the allegation linking abortions and contraception to an increased chance of getting cancer. These kinds of scare tactics and deliberate falsehoods are dangerous and as inimical to the public interest

as Congressman Akin's recent assertion that a woman won't get pregnant if she is a victim of "legitimate rape." Medical misinformation on this scale deliberately victimizes vulnerable people with both lies and intimidation.

Ms. Burke may "believe it or not" but most women expect to make their own health care decisions in consultation with their doctors, and they do not wish their government to obstruct access to those decisions. Among the options that they expect to have available is the right to contraception, whether directly provided by an employer or through an insurance mechanism such as an exchange. Regardless of how they feel personally about abortion, they expect to make their own decisions in consultation with their doctor on the need for an ultrasound. They know that conveying full rights to a zygote ignores some basic facts about physiology, let alone the implications for criminalizing the health care prescriptions their physicians might recommend.

Call it what you will, but if government presumes to dictate or otherwise proscribe a person's own personal health care decisions, that is wholesale disenfranchisement and a greater threat to the freedoms Ms. Burke seems to cherish so much. I suspect she is among the many who would be willing to deny women the right to make their own decisions while demanding that we "get government out of our health care."

Let's call an end to these false protestations of trying to protect women while patronizing them with misinformation, disenfranchising them in the name of health and safety, and then wrapping it all in the banner of liberty. The majority of Virginians, especially northern Virginians, aren't buying it.

**Margaret Vanderhye**  
McLean

*Vanderhye recently completed two terms as vice chairman of the Prevent Cancer Foundation, a national organization based in Alexandria, Va. and dedicated to cancer research, prevention and early detection. Their motto is "Stop Cancer Before it Starts".*

### It's Income, Not Values

To the Editor:

I think the suggestions in recent letters to the editor that the imbalance in admissions at TJ is the result of differing cultural priorities are mistaken. The imbalance has much more to do with a family's income than its cultural values. The contest is unfairly rigged to favor those who have the money and the time to enroll and transport their kids to and from the SCAT and STB prep courses for elementary school students, ACT and PSAT practice sessions for middle schoolers, math and science tutors, summer enrichment programs and other such costly means of giving students a leg up in the competition to get admit-

ted to TJ. Even the TJ Admissions Test Prep Seminar offered by the Fairfax County Public School System to rising eighth graders costs \$581 this year and reduced tuition is not offered to students with limited means. The inherent economic bias against promising students from low income households all but guarantees that they will continue to be disproportionately under-represented at TJ.

**William Shapiro**  
McLean

### Looking for Shelter

To the Editor:

I want to voice my opinion about the trees at the Great Falls Shopping Center. We have lived here for 59 years and seen a lot of changes but this one about the trees is disturbing to me. I know the trees are beautiful but... I like the one near the Safeway and CVS where the handicapped park for this was where I had to wait many times for someone to go in the store. I am 83 years old and in a wheelchair now and there is no shade for me anymore because no one thinks of older people, only money.

Is there any way to provide shelter for us besides the trees? Thanks for listening to me.

**Edna Beall**  
Great Falls

### Write

The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors.  
Send to:

Letters to the Editor  
The Connection  
1606 King St.  
Alexandria VA 22314  
Call: 703-917-6444.  
By e-mail:  
[mclean@connectionnewspapers.com](mailto:mclean@connectionnewspapers.com)



## COMMENTARY

# Our Health Depends on the Air We Breathe

BY JIM MORAN  
U.S. REPRESENTATIVE (D-8)

For too many Americans and Virginians, simply breathing the air can be dangerous. That's especially the case for the 306,000 Virginia children and 96,000 adults who battle asthma, the 1.1 million with cardiovascular disease, the 154,000 with chronic bronchitis and the estimated 411,000 who live in poverty. But it is true for all of us and it's that way because of soot in our air.

Soot, or fine particulate matter (PM2.5), is composed of a mixture of solid particles and liquid droplets, usually made up of several different types of harmful chemicals. It's easy to recognize as it contributes significantly to the haze that blankets many cities and national parks. Smokestacks and tailpipes churn out soot and we breathe it in, every day.

The body reacts to it in much the same manner as it does to tobacco smoke. Smaller than a grain of sand and only visible with a microscope, tiny soot particles travel deep into the lungs when inhaled and swiftly penetrate the bloodstream, immediately increasing the risk of severe respiratory distress, heart attacks and strokes.

Soot kills; leads to hospitalizations; triggers asthma attacks, heart attacks and strokes; and has been linked to causing per-



manent lung tissue and airway damage, reproductive complications and cancer.

For decades, the Clean Air Act has helped protect the air we breathe by letting us know and track what pollutants make it into our air and allowing us to set targets, make plans, and have accountability for reducing those pollutants over time. And perhaps most importantly, it requires that we review those standards as science helps us under-

stand new risks.

That's happening now with soot. The Environmental Protection Agency (EPA) is reviewing the current standard for soot, last set in 1997. Since then, more than 10,000 studies have demonstrated that soot is a public health threat and that we must ensure that fewer smaller particles are able to get into the air and into our lungs.

Earlier this summer, the EPA proposed a new stronger standard for soot and is accepting public comments on these standards until the end of August. What are the potential benefits of enacting the strongest standard? By cleaning up soot, we can prevent 35,700 deaths, 23,290 visits to the hospital and emergency room, 2,350 heart attacks, 1.4 million cases of aggravated asthma and 29,800 cases of acute bronchitis every year. An estimated 2.7 million days of missed work and school due to air pollution-caused ailments would be avoided annually.

It's August in Washington and the humidity makes it hard enough to breathe for even the most healthy among us. While we see the haze of air pollution on really bad days, we do not see the particles within it. And those particles are a threat to our health and the health of our families and neighbors. I hope all Virginians and Americans will join me in asking the EPA to stand strong for a strong soot standard. We'll all breathe a bit easier when you do.

## INSIDERS PERSPECTIVE

### The Best Thing About McLean

JOHN FOUST  
SUPERVISOR (D-DRANESVILLE)

"I have lived in McLean for 25 years. It is a great place to live, work, play and raise a family.

We have great schools, parks and libraries. The central business district provides convenient shopping and several excellent restaurants. Our community center provides a venue for good theater and is the home of the award winning McLean Project for the Arts. The McLean community has many active and involved residents including many who volunteer to provide world class sports programs for our youth. McLean is also convenient to Tysons Corner and Washington, D.C. and soon the McLean Metro station will open and provide convenient access to the entire Metro area."



John Foust

# DUFFY

## COUNSELING CENTER

## Adolescent and Adult Counseling

1487 Chain Bridge Road, Suite 300  
McLean, Virginia 22101

703.255.1091

## BACK TO SCHOOL PREPARE FOR SUCCESS

Duffy Counseling now provides educational evaluations to determine a student's academic strengths and weaknesses and the intervention program(s) that will best target areas of improvement.

- Reading, Math & Writing
- Attention Difficulties
- Intellectual Evaluations (IQ)
- School Placement
- Learning Disabilities
- Behavior Problems
- Social Problems
- Learning Strengths and Weaknesses

Now Accepting New Patients

**CALL TODAY 703.255.1091**

[www.DuffyCounseling.com](http://www.DuffyCounseling.com)

## Matthew Ryan, MA, LPC, NCC

**ADD / ADHD & Anxiety Specialist**

Matthew is a Licensed Professional Counselor and a National Certified Counselor. A native of Washington, D.C., Matthew provides counseling for adults and adolescents, specializing in results-oriented Cognitive Behavioral Therapy (CBT) and Crisis Intervention. He holds a Bachelor of Arts in Psychology from George Washington University and a Master of Arts in Psychology from Argosy University in Washington, D.C.



### Duffy Counseling Provides the Following Services:

- ADD / ADHD
- Family Therapy
- Depression
- Sports Psychology
- Anxiety Issues
- Substance Abuse
- Cognitive Behavior Therapy (CBT)
- Oppositional Defiant Disorder (ODD)
- Academic Achievement Advising
- Adjustment Disorders
- Crisis Intervention
- Life Coaching

**FEEL BETTER ACHIEVE MORE**



## MIDDLE EASTERN FOOD FESTIVAL

Labor Day Weekend

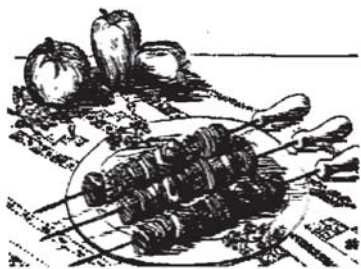
**Saturday, Sept. 1, 11:00 am - 11:00 pm**  
**Sunday, Sept. 2, 12:00 noon - 6:00 pm**

**Holy Transfiguration Melkite Greek-Catholic Church**  
 8501 Lewinsville Road, McLean, Virginia (near Spring Hill Road)

**703-734-9566 • www.holytransfiguration.org**

### Free Admission!

<b>Middle Eastern Food</b>	<b>Live Music &amp; Folk Dancing</b>
<b>Kabobs</b>	<b>Moon Bounce</b>
<b>Gyros</b>	<b>Pony Rides</b>
<b>Grape Leaves</b>	<b>Vendors</b>
<b>Falafel</b>	<b>Backgammon &amp; Chess</b>
<b>Fattoush</b>	<b>50-50 Raffle</b>
<b>Baklava &amp;</b>	<b>Church Tours</b>
<b>Other Favorites!</b>	<b>Icon Shop</b>



*Special Feature!*  
**Roast Lamb Dinner \$12.00**  
**Sat., Sept. 1, 6-9 pm**  
**Sun., Sept. 2, 12-6 pm**

## SUN DESIGN INVITES YOU TO OUR REMODELED HOME TOUR IN L'AMBIANCE OF MCLEAN!

**Saturday, September 8<sup>th</sup>, 10am-4pm**

6649 Avignon Blvd, Falls Church, VA 22043



*Reinvent Your Home to Enrich the Way You Live.*

Come see first hand how redesigning existing and adding space created better function, flow, and light in this remodeled home to include an elegant kitchen and sunroom addition, creating an extension of entertainment space for both indoors and out.

Special Thanks to Our Sponsors:



CLOSETS • GARAGES • PANTRIES  
 Todd Carter  
 703-707-0009



LOVE THE SPACE YOU'RE IN  
 Sandra Hambley  
 703-599-0648

### SUN DESIGN

design/build | additions | kitchens | baths | basements | outdoor spaces  
 703-425-5588 SunDesignInc.com info@SunDesignInc.com

## ENTERTAINMENT

Send announcements to [mclean@connectionnewspapers.com](mailto:mclean@connectionnewspapers.com). Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit [www.connectionnewspapers.com](http://www.connectionnewspapers.com)

### WEDNESDAY/AUG. 29

**Clarke/Duke 4 "Bring It Tour."** 8 p.m., at Wolf Trap, 1551 Trap Road, Vienna. Stanley Clarke and George Duke with Boney James, all jazz musicians, combine contemporary jazz, funk, R&B, rock and pop with urban jazz. \$25-42. [www.wolftrap.org](http://www.wolftrap.org).

### THURSDAY/AUG. 30

**Patrick Henry Book Club.** 1 p.m. Patrick Henry Library, 101 Maple Ave. E, Vienna. Cutting for Stone by Abraham Verghese. 703-938-0405.

### FRIDAY/AUG. 31

**Friday Afternoon Chess Group.** 1 p.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Players of all ages and all skill levels welcome. 703-757-8560.

**Pokemon League.** 3 p.m. Patrick Henry Library 101 Maple Ave. E, Vienna. Learn and play. Age 5-12. 703-938-0405.

**The King and I.** 8 p.m., on the Filene Center stage at Wolf Trap, 1551 Trap Road, Vienna. The classic musical features several Northern Virginia-based children who earned roles through Wolf Trap auditions. \$20-80. [www.wolftrap.org](http://www.wolftrap.org).

**The Producers.** 8 p.m., at James Lee Community Center, 2855-A Annandale Road, Falls Church. Get a little Broadway with Mel Brooks' classic about the two men who produced the biggest flop in history. \$15 general admission, \$10 for students, seniors, military or groups of 10-plus. Info and reservations at 703-615-6626 or [zina.bleck@gmail.com](mailto:zina.bleck@gmail.com).

### SATURDAY/SEPT. 1

**Vienna Farmers Market.** 8 a.m.-noon. Vienna Caboose, 131 Church St. N.E., Vienna. Producers only, Saturdays through Oct. 27. [viennafarmersmarket.com](http://viennafarmersmarket.com).

**Register to Vote.** 8 a.m.-noon, at the Vienna Farmers Market, the corner of Church Street and Dominion and Mill Streets NE in Vienna. Stop by the League of Women Voters to register on your way to grab some crepes, donuts or Mexican breakfast. [www.viennafarmersmarket.com](http://www.viennafarmersmarket.com).

**The King and I.** 2 p.m. and 8 p.m., on the Filene Center stage at Wolf Trap, 1551 Trap Road, Vienna. The classic musical features several Northern Virginia-based children who earned roles through Wolf Trap auditions. \$20-80. [www.wolftrap.org](http://www.wolftrap.org).

**Social Ballroom Dance.** 7 p.m. Colvin Run Community Hall, 10201 Colvin Run Road, Great Falls. First Saturday every month. 703-759-2685 or [www.colvinrun.org](http://www.colvinrun.org).

**The Producers.** 8 p.m., at James Lee Community Center, 2855-A Annandale Road, Falls Church. Get a little Broadway with Mel Brooks' classic about the two men who produced the biggest flop in history. \$15 general admission, \$10 for students, seniors, military or groups of 10-plus. Info and reservations at 703-615-6626 or [zina.bleck@gmail.com](mailto:zina.bleck@gmail.com).

### SUNDAY/SEPT. 2

**Vienna AAUW Open House.** 10 a.m. Patrick Henry Library, 101 Maple Avenue E., Vienna. The Vienna Branch of the American Association of University Women will highlight their women's organization and activities. [www.aauwofva.org/](http://www.aauwofva.org/)



**"Lancaster Landscape" by Gabriego, Acrylic.** "Landscapes from Abstraction to Realism," featuring Gabriego and 15 other artists at the Vienna Arts Society's Gallery in the Village Green, 513 Maple Ave. W, Vienna, will be on open to the public Tuesdays through Saturdays from 10 a.m.-4 p.m. until Sept. 29. Contact 703-319-3220 or visit [www.ViennaArtsSociety.org](http://www.ViennaArtsSociety.org) for more information.

**Lost Dog & Cat Rescue Adoption Event.** 1-4 p.m. PetSmart, 8204 Leesburg Pike, Tysons Corner. Adoption events every Sunday. <http://lostdogrescue.org/> and click on Adoptions.

**The Producers.** 2 p.m., at James Lee Community Center, 2855-A Annandale Road, Falls Church. Get a little Broadway with Mel Brooks' classic about the two men who produced the biggest flop in history. \$15 general admission, \$10 for students, seniors, military or groups of 10-plus. Info and reservations at 703-615-6626 or [zina.bleck@gmail.com](mailto:zina.bleck@gmail.com).

**The King and I.** 2 p.m. and 8 p.m., on the Filene Center stage at Wolf Trap, 1551 Trap Road, Vienna. The classic musical features several Northern Virginia-based children who earned roles through Wolf Trap auditions. \$20-80. [www.wolftrap.org](http://www.wolftrap.org).

### TUESDAY/SEPT. 4

**Dance Every Tuesday.** 7:15 p.m. Colvin Run Dance Hall, 10201 Colvin Run Road, Great Falls. Introductory dance lesson 7:15 p.m., dancing 8-10:30 p.m. Swing, Latin, waltz, country and more. \$10 per person, includes lesson and snacks. No partner necessary. [colvinrun.org](http://colvinrun.org) or Ed Cottrell@macp.org.

### WEDNESDAY/SEPT. 5

**The Straws.** 7:30 p.m., at Jammin' Java, 227 Maple Ave., Vienna. John Wesley Harding performs with the acoustic British band. \$25-30. 703-255-1566 or <http://jamminjava.com>.

### THURSDAY/SEPT. 6

**Ingram Hill.** 8 p.m., at Jammin Java, 227 Maple Ave. E, Vienna. The Memphis-based rock trio put determination and grit into their feel good shows. \$12 in advance. [www.jamminjava.com](http://www.jamminjava.com).

**The Producers.** 8 p.m., at James Lee Community Center, 2855-A Annandale Road, Falls Church. Get a little Broadway with Mel Brooks' classic about the two men who produced the biggest flop in history. \$15 general admission, \$10 for students, seniors, military or groups of 10-plus. Info and reservations at 703-615-6626 or [zina.bleck@gmail.com](mailto:zina.bleck@gmail.com).

### FRIDAY/SEPT. 7

**The Producers.** 8 p.m., at James Lee Community Center, 2855-A Annandale Road, Falls Church. Get a little Broadway with Mel Brooks' classic about the two men who produced the biggest flop in history. \$15 general admission, \$10 for students, seniors, military or groups of 10-plus. Info and reservations at 703-615-6626 or [zina.bleck@gmail.com](mailto:zina.bleck@gmail.com).

### SATURDAY/SEPT. 8

**McLean Fall Community Flea Market.** 9 a.m.-1 p.m. Intersection of Ingleside Avenue and Beverly Road, 1420 Beverly Road, McLean. Shop for goods and wares. With 60 vendor spaces available on a first-come, first-served basis and a new location, the time to join is now—it's \$45 for a spot. Apply by Thursday, Sept. 6. [www.mcleancenter.org](http://www.mcleancenter.org).

**Used Book Sale.** Noon-5 p.m., at St. Anne's Episcopal Church, 1700 Wainwright Drive, Reston. Hundreds of books of many genres available for sale; proceeds benefit mission and outreach programs. [www.stannesreston.org](http://www.stannesreston.org).

**Oak Marr Park Ribbon Cutting.** 4 p.m., at Oak Marr Park, 3200 Jermantown Road, Oakton. The completed fields open with their new sod, goal posts and \$400,000 lighting system. 703-324-8662.

**It's All About Jack/Book Signing Event.** 4-5:30 p.m., at Wildfire Tysons, 1714 U International Drive, McLean. Fairfax County-based novelist Marel Brady signs copies of his psychological drama set in the heart of Tysons Corner, It's All About Jack. Refreshments provided. [marel\\_brady@yahoo.com](mailto:marel_brady@yahoo.com).

**West Coast Swing Dances.** 7 p.m. Colvin Run Community Hall, 10201 Colvin Run Road, Great Falls. Second and third Saturday every month. 703-759-2685 or [www.colvinrun.org](http://www.colvinrun.org).

**The Producers.** 8 p.m., at James Lee Community Center, 2855-A Annandale Road, Falls Church. Get a little Broadway with Mel Brooks' classic about the two men who produced the biggest flop in history. \$15 general admission, \$10 for students, seniors, military or groups of 10-plus. Info and reservations at 703-615-6626 or [zina.bleck@gmail.com](mailto:zina.bleck@gmail.com).





PHOTOS BY LOUISE KRAFFT/THE CONNECTION

## 495 Express Lanes Tested

On Tuesday, Aug. 21, 20 test vehicles traveled the newly completed section of the 495 Express Lanes as part of an on-road test. The system testing will continue through the end of the month to ensure that the tolling and traffic management systems are operational. The test vehicles travel throughout the day from the Westpark Bridge Connector in Tysons Corner to Gallows Road and back in a loop. For more information visit [www.495expresslanes.com](http://www.495expresslanes.com)



# Storewide Sale!

Lowest Prices of the Year!

"A Tradition of Quality and Excellence — Since 1922"

## PARK CARPET®

**Arlington**

4748 Lee Highway

**703-524-7275**

**Dulles**

23430 Rock Haven Way #130

**703-661-3999**

[www.parkcarpet.com](http://www.parkcarpet.com)

*Masland*

**m i r a g e**  
Prefinished Flooring

**Bruce**  
hardwood floors  
A division of Triangle Pacific Corp.

*Karastan*  
Since 1928



Open a World of  
New Possibilities!

Register Now for

# Fall Classes

at the  
**McLean Community Center**

- Parent & Child Workshops
  - Art and Computer
- Outdoor Adventure, Decorating & Design
  - Culinary Program
- Dance & Fitness for all ages
- Music & Creative Play
- Writing & Theater
- Safety & more...



For a complete listing of classes, tours, performances and events, pick up a free Program Guide at the Center or visit our Web site at: [www.mcleancenter.org](http://www.mcleancenter.org)—and register online.



**The McLean Community Center**  
1234 Ingleside Ave., McLean VA 22101  
703-790-0123; TTY: 711  
[www.mcleancenter.org](http://www.mcleancenter.org)





# Iconic Athlete Returns to Marshall

## Kathrine Switzer to highlight 50th anniversary of George C. Marshall High School.

**T**his year, Kathrine Switzer's been to celebratory events in Prague, Berlin, Athens, Vienna, New Zealand, New York and the London Olympics. And on Nov. 9, she returns to George Marshall High School in Falls Church, where much of it all began. Today, Marshall High School serves the cosmopolitan community of Tysons Corner.

Switzer has long been one of the most iconic figures in athletics and returns to her high school roots in one of sport's most dynamic years. She will be the honorary speaker for the George C. Marshall High School's 50th Anniversary Gala Celebration at the Fairview Park Marriott in Falls Church on Friday, Nov. 9, 2012.

"This is a big year for sports—and we are so excited to have Kathrine Switzer, the person who made so much of our history happen, here with us to celebrate and tell us about it," said Jay W. Pearson, principal of George C. Marshall HS.

"Mr. Pearson is so right," said Switzer. "This is a whopper of a year—it is the 40th anniversary of women being 'allowed' to run, of the first women's road race, and in the USA, of the passage of the Title IX amendment to the Constitution, which mandated equality of educational opportunities for women-including sports. This totally changed the landscape for women, socially as well as sport-wise. And, of course, this is an Olympic year and more than ever, that history will be reflected in amazing performances. By the time I get to the Marshall anniversary celebration on Nov. 9, we'll have a whole new set of heroes to talk about."

Kathrine Switzer was in the first class of graduates from Marshall in 1964. Three years later, she became the woman who changed sports history when she officially entered and finished the famous Boston Marathon in 1967. It was still a men's only event in those days and Switzer's entry created a worldwide uproar when the race director attacked her mid-stride and tried to remove her from the event. The photo of this incident flashed around the globe and became one of Time-Life's "100 Photos that Changed the World." Radicalized by the incident, Switzer campaigned to make women

official in the Boston Marathon in 1972 and later that year was one of the creators of the first women's road race...and the women's running boom was on. This year is that 40th anniversary. It is one of several important anniversaries this year.

Switzer went on to run 39 marathons, and won the New York City Marathon in 1974. She ran her personal best in 1975, finishing second in Boston (2:51:33). She then put her substantial energies into creating the Avon International Running Circuit of women's only races in 27 countries with over a million women participating from 1978 to the present time. It was this series of events, which showed global participation and performances that largely convinced the IOC to include a women's marathon for the first time in the 1984 Olympic Games.

Switzer is now an Emmy award-winning TV commentator and has covered the Olympic Games, World and National Championships as well as the New York City, Chicago, Los Angeles and every televised edition of the Boston Marathon (34 consecutive years). She is a dynamic public speaker, journalist and author of three books, including her memoir, "Marathon Woman." Other books include "26.2 Marathon Stories," co-authored with her husband, Roger Robinson and "Running and Walking for Women Over 40."

At age 65, Switzer is still running marathons, having completed the Berlin Marathon in 2011 to launch the German edition of



**A Historic Photo: In 1967, irate race official Jock Semple tried forcibly to remove Kathrine Switzer from the then all-male Boston Marathon simply because she was a woman. Luckily for Switzer, the official was bounced out of the race instead by her boyfriend and she went on to finish.**

PHOTO BY HARRY TRASK FOR AP IMAGES

"Marathon Woman." She also won her age group in the extremely difficult 2011 Motatapu off-road mountain marathon in New Zealand, and in 2010 fulfilled a lifetime dream of running the 2500th anniversary race of the Athens Marathon.

Last year, when she was inducted into the U.S.A. National Women's Hall of Fame, it was not just for breaking barriers but also for creating positive global social change. Because of her, millions of women are now empowered by the simple act of running. Or as Kathrine says, "It's not about running. It's about changing people's lives."

For more information about Kathrine Switzer, visit [www.marathonwoman.com](http://www.marathonwoman.com)

### SPORTS ROUNDUPS

## Oakton vs. Madison in Football Opener

The Oakton football team will open the 2012 season on the road against Madison at 7:30 p.m. on Friday, Aug. 31. The Cougars defeated Madison in each of the last three openers, including a 55-17 win last year.

Oakton is coming off an 8-3 season in 2011, where the Cougars started 7-0 and 8-1 before eventually losing to Lake Braddock, 50-21, in the opening round of the regional playoffs.

## McLean, Langley Ready for Openers

The McLean football team will open the 2012 season on the road against Washington-Lee at 7:30 p.m. on Thursday, Aug. 30 in Arlington. McLean defeated W-L in each of the last three season openers, including a 7-6 victory in 2011.

The Highlanders are coming off a 6-5 season, including a 20-6 loss to eventual Division 5 Northern Region runner-up Yorktown in the first round of the playoffs.

Langley will open at home against Herndon at 7:30 p.m. on Aug. 30. The Saxons defeated Herndon, 14-7, during last year's opener. Langley finished 5-6 last year, losing to Stone Bridge, 35-0, in the opening round of the Division 5 playoffs.

## Worek Named McLean Boys' Lax Coach

Former Thomas Jefferson head coach and 2012 Liberty District Coach of the Year Nick Worek has been named head coach of the McLean boys' lacrosse team. Worek takes over for Jake Bullock.

Worek spent the last two seasons at TJ, leading the Colonials to the Northern Region tournament each season. Before coaching at TJ, he was an assistant at Chantilly for four seasons, where he coached in the 2008 and 2009 state championship games.

Worek played lacrosse for Fairfax High School and Virginia Military Institute.

## Kathrine Switzer Career Highlights

- ◆ Inducted into the National Women's Hall of Fame in October 2011 for creating positive global social change
- ◆ Winner, 1974 NYC Marathon
- ◆ Broke Gender Barrier at 1967 Boston Marathon
- ◆ Emmy Award-winning TV commentator
- ◆ Author, *Marathon Woman* (DaCapo Press), *Running and Walking for Women Over 40*, *The Road to Sanity and Vanity* (St. Martin's Press), co-author *26.2 Marathon Stories* (Rodale Press)

- ◆ Founder, Avon Running Global Women's Circuit
- ◆ Winner of Abebe Bikila Award for Global Contribution to Sport of Running from New York Road Runners
- ◆ First class of inductees into the National Distance Running Hall of Fame
- ◆ Named one of the Visionaries of the Century (2000) and a Hero of Running (2012), and Runner of the Decade (1966-76) by *Runners World Magazine*

## Ticket Information

The ticket prices are: \$90.62 per person / \$175.62 per couple (until Sept. 7). Prices will increase on Sept. 8 to \$110.00 per person / \$200 per couple. A silent auction will be featured at the event to raise money for specialty items and for the school which is now undergoing a \$60 million renovation to provide the community with a 21st century facility. Six nominees will be inducted to the Marshall Hall of Fame. Tickets may be purchased online [www.gcmptsa.org](http://www.gcmptsa.org) or at the school (Marlene Felder-room 100).



# HOME SALES

In July 2012, 110 homes sold between \$3,150,000 and \$93,000 in the McLean and Falls Church area. This week's list represents those homes sold in the \$3,150,000-\$778,000 range. For the complete list, visit [www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com).

Address	BR	FB	HB	Postal	City	Sold Price	Type	Lot AC	Postal Code	Subdivision
1049 BROOK VALLEY LN	5	5	2		MCLEAN	\$3,150,000	Detached	2.00	22102	PROSPECT HILL
1947 LORRAINE AVE	5	5	3		MCLEAN	\$2,615,642	Detached	0.53	22101	FRANKLIN FOREST
7305 PETER PL	6	6	3		MCLEAN	\$2,000,000	Detached	0.70	22102	BEAUFORT PARK
6517 BRAWNER ST	5	5	1		MCLEAN	\$1,850,000	Detached	0.35	22101	SALONA VILLAGE
1802 SOLITAIRE LN	5	5	2		MCLEAN	\$1,850,000	Detached	0.60	22101	SOLITAIRE
6154 OLD DOMINION DR	6	5	1		MCLEAN	\$1,750,000	Detached	0.44	22101	ESTATES AT FRANKLIN PARK
1327 WOODSIDE DR	6	5	1		MCLEAN	\$1,670,000	Detached	0.90	22102	WOODSIDE ESTATES
1497 TEAGUE DR	5	5	1		MCLEAN	\$1,650,000	Detached	0.18	22101	EVANS FARM
1465 MAYHURST BLVD	6	5	1		MCLEAN	\$1,650,000	Detached	0.57	22102	SMC MCLEAN
6100 SOLITAIRE WAY	5	4	1		MCLEAN	\$1,640,000	Detached	0.45	22101	SOLITAIRE
1884A VIRGINIA AVE	5	4	1		MCLEAN	\$1,590,000	Detached	0.37	22101	FRANKLIN PARK
1352 LEWINSVILLE MEWS CT	6	6	2		MCLEAN	\$1,560,000	Detached	0.83	22102	LEWINSVILLE MEWS
1431 WOODHURST BLVD	4	4	1		MCLEAN	\$1,540,000	Detached	1.04	22102	SMC MCLEAN
6547 OLD CHESTERBROOK RD	5	4	1		MCLEAN	\$1,525,000	Detached	0.48	22101	SEVA
1946 MACARTHUR DR	5	5	1		MCLEAN	\$1,475,000	Detached	0.34	22101	WALKERS HILL
6658 TENNYSON DR	6	5	1		MCLEAN	\$1,430,000	Detached	0.26	22101	BRYN MAWR
1451 HIGHWOOD DR	5	6	0		MCLEAN	\$1,406,000	Detached	0.25	22101	CHESTERBROOK WOODS
6619 CHESTERFIELD AVE	6	5	0		MCLEAN	\$1,300,200	Detached	0.28	22101	CHESTERBROOK GARDENS
6619 IVY HILL DR	6	5	0		MCLEAN	\$1,279,802	Detached	0.29	22101	CHESTERBROOK GARDENS
1606 SIMMONS CT	5	4	1		MCLEAN	\$1,275,000	Detached	0.35	22101	ROSEMONT
8220 CRESTWOOD HEIGHTS DR#1810	2	2	1		MCLEAN	\$1,205,000	Hi-Rise 9+ Floors		22102	ONE PARK CREST
8418 HOLLY LEAF DR	4	4	1		MCLEAN	\$1,200,000	Detached	0.73	22102	MC LEAN ESTATES
1097 OLD CEDAR RD	4	4	1		MCLEAN	\$1,175,000	Detached	0.59	22102	CEDARS OF MC LEAN
916 RAIL CT	4	3	1		MCLEAN	\$1,155,000	Detached	0.47	22102	GREENWAY HEIGHTS
1116 DOMINION CT	4	4	0		MCLEAN	\$1,140,000	Detached	1.00	22102	HILL VIEW ESTATES
8220 CRESTWOOD HEIGHTS DR#1814	2	2	0		MCLEAN	\$1,100,000	Hi-Rise 9+ Floors		22102	ONE PARK CREST
7580 POTOMAC FALL RD	4	3	1		MCLEAN	\$1,100,000	Detached	1.02	22102	POTOMAC OVERLOOK
2231 BEACON LN	6	5	0		FALLS CHURCH	\$1,082,500	Detached	0.32	22043	CHURCHILL
6132 RAMSHORN DR	4	3	1		MCLEAN	\$1,045,000	Detached	0.32	22101	DOLLEY MADISON ESTATES
6765 DARRELLS GRANT PL	4	3	1		FALLS CHURCH	\$988,000	Townhouse	0.08	22043	STOCKWELL MANOR
8446 PORTLAND PL	4	4	0		MCLEAN	\$980,000	Detached	0.93	22102	WOODHAVEN
8220 CRESTWOOD HEIGHTS DR#804	2	2	1		MCLEAN	\$950,000	Hi-Rise 9+ Floors		22102	ONE PARK CREST
6195 HARDY DR	4	3	0		MCLEAN	\$900,000	Detached	0.25	22101	POTOMAC HILLS
1134 BASIL RD	3	3	0		MCLEAN	\$900,000	Detached	0.50	22101	ROKEBY FARMS
6804 BROYHILL ST	5	3	0		MCLEAN	\$865,000	Detached	0.36	22101	LEWINSVILLE HEIGHTS
6518 TRUMAN LN	4	3	1		FALLS CHURCH	\$860,000	Detached	0.26	22043	MARLBOROUGH
2032 FREEDOM LN	5	3	1		FALLS CHURCH	\$845,000	Detached	0.20	22043	NANTUCKET
7617 BRITANNY PARC CT	4	3	1		FALLS CHURCH	\$840,000	Detached	0.13	22043	BRITANNY PARC AT TYSONS
1256 SPRING HILL RD	4	5	0		MCLEAN	\$839,000	Detached	0.30	22102	SPRINGHILL
1505 WALDEN DR	4	3	0		MCLEAN	\$830,000	Detached	0.28	22101	POTOMAC HILLS
1454 MCLEAN MEWS CT	3	4	1		MCLEAN	\$825,000	Townhouse	0.00	22101	MC LEAN MEWS
8010 FALSTAFF RD	4	3	0		MCLEAN	\$819,999	Detached	0.30	22102	MCLEAN HAMLET
1000 SALT MEADOW LN	4	3	1		MCLEAN	\$817,000	Detached	0.37	22101	HEATHER HILL
1429 MCLEAN MEWS CT	3	2	2		MCLEAN	\$815,000	Townhouse	0.08	22101	MC LEAN MEWS
7704 VIRGINIA LN	5	3	1		FALLS CHURCH	\$805,000	Detached	0.80	22043	SHREVE
7701 LEAR RD	6	3	1		MCLEAN	\$805,000	Detached	0.27	22102	MC LEAN HAMLET
8008 BIRNAM WOOD DR	4	2	1		MCLEAN	\$790,000	Detached	0.36	22102	MC LEAN HAMLET
6719 CORNER LN	3	3	2		MCLEAN	\$778,000	Townhouse	0.09	22101	MCLEAN MEWS

Copyright 2012 RealEstate Business Intelligence. Source: MRIS as of August 16, 2012.



[www.nvsrd.com](http://www.nvsrd.com)

**Falls Church Showroom**  
800 West Broad Street, #101  
Falls Church, Virginia 22046  
**571.765.4450**

**Manassas Showroom**  
8982 Hornbaker Road  
Manassas, Virginia 20109  
**703.378.2600**



KITCHENS | BATHS | ADDITIONS  
Contact us at [info@nvsrd.com](mailto:info@nvsrd.com)

## Visit These Houses of Worship Join A Club, Make New Friends, or Expand Your Horizons...

<p><b>Anglican</b> Restoration Anglican Church...703-527-2720 <b>Assemblies of God</b> Arlington Assembly of God...703-524-1667 Calvary Gospel Church...703-525-6636 <b>Baptist</b> Arlington Baptist Church...703-979-7344 Bon Air Baptist Church...703-525-8079 Cherrydale Baptist Church...703-525-8210 First Baptist of Ballston...703-525-7824 McLean Baptist Church...703-356-8080 Memorial Baptist Church...703-538-7000 Mt. Zion Baptist Church...703-979-7411 <b>Baptist-Free Will</b> Bloss Memorial Free Will Baptist Church...703-527-7040 <b>Brethren</b> Church of The Brethren...703-524-4100 <b>Buddhist</b> The Vajrayogini Buddhist Center...202-331-2122 <b>Catholic</b> St. Agnes Catholic Church...703-525-1166 Cathedral of St Thomas More...703-525-1300 Holy Transfiguration Melkite Greek Catholic Church...703-734-9566 Our Lady of Lourdes...703-684-9261 Our Lady Queen of Peace Catholic...703-979-5580 St Ann Catholic Church...703-528-6276 St. Charles Catholic Church...703-527-5500</p>	<p><b>Vatican II Catholic Community</b> NOVA Catholic Community...703-852-7907 <b>Church of Christ</b> Arlington Church of Christ...703-528-0535 <b>Church of God - Anderson, Indiana</b> Church of God...703-671-6726 <b>Christian Science</b> McLean - First Church of Christ, Scientist...703-356-1391 First Church of Christ, Scientist, Arlington...703-534-0020 <b>Episcopal</b> St. Andrew Episcopal Church...703-522-1600 St. George Episcopal Church...703-525-8286 St Johns Episcopal Church...703-671-6834 St Mary Episcopal Church...703-527-6800 St Michael S Episcopal Church...703-241-2474 St Paul Episcopal Church...703-820-2625 St Peter's Episcopal Church...703-536-6606 St Thomas Episcopal Church...703-442-0330 Trinity Episcopal Church...703-920-7077 <b>Lutheran(ELCA)</b> Advent Lutheran Church...703-521-7010 Faith Lutheran Church...703-525-9283 German Lutheran Church...703-276-8952 Lutheran Church of The Redeemer...703-356-3346 Resurrection Lutheran Church...703-532-5991 <b>Lutheran (Missouri Synod)</b> Our Savior Lutheran Church...703-892-4846</p>	<p><b>Nazarene</b> Arlington First Church of the Nazarene...703-525-2516 <b>Non-Denominational</b> New Life Christian Church - McLean Campus...571-294-8306 Celebration Center for Spiritual Living...703-560-2030 <b>Metaphysical</b> Arlington Metaphysical Chapel...703-276-8738 <b>Presbyterian</b> Arlington Presbyterian Church...703-920-5660 Church of the Covenant...703-524-4115 Clarendon Presbyterian Church...703-527-9513 Little Falls Presbyterian Church...703-538-5230 Trinity Presbyterian Church...703-536-5600 Westminster Presbyterian...703-549-4766 <b>Presbyterian Church in America</b> Christ Church of Arlington...703-527-0420 <b>Synagogues - Conservative</b> Congregation Etz Hayim...703-979-4466 <b>Synagogues - Orthodox</b> Fort Myer Minyan...703-863-4520 Chabad Lubavitch of Alexandria-Arlington...703-370-2774 <b>Synagogues - Reconstructionist</b> Kol Ami, the Northern Virginia Reconstructionist Community...571-271-8387 <b>Unitarian Universalist</b> Unitarian Universalist Church of Arlington...703-892-2565 <b>United Methodist</b> Arlington United Methodist Church...703-979-7527 Trinity United Methodist Church of McLean...703-356-3312 Charles Wesley United Methodist...703-356-6336 Calvary United Methodist...703-892-5185 Cherrydale United Methodist...703-527-2621 Chesterbrook United Methodist...703-356-7100 Clarendon United Methodist...703-527-8574 Community United Methodist...703-527-1085 Mt. Olivet United Methodist...703-527-3934 Walker Chapel United Methodist...703-538-5200 <b>United Church of Christ</b> Bethel United Church of Christ...703-528-0937 Rock Spring Congregational United Church of Christ...703-538-4886</p>
---	--	---

**Saint Ann Catholic Church**

**SUNDAY LITURGY SCHEDULE:**  
Saturday Vigil: 5:30 PM  
Sunday: 8:00, 9:30, 11:00 AM  
1:30 PM Spanish Liturgy  
5312 North 10th Street  
Arlington Virginia 22205  
Parish Office: (703) 528-6276

**DAILY EUCHARIST:**  
Weekdays  
Monday-Friday, 6:30 AM & 8:30 AM  
Saturday, 8:30 AM

**All Are Welcome!**

**PARISH WEBSITE:**  
[www.rc.net/arlington/stann](http://www.rc.net/arlington/stann)

To highlight your Faith Community, call Karen at 703-778-9422

## OPEN HOUSES SATURDAY/SUNDAY, SEPTEMBER 1 & 2

When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper. For more real estate listings and open houses, visit [www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com) and click on the "This Week in Real Estate" link. Call Specific Agents to Confirm Dates & Times

### Annandale

8300 Taylor Ln...\$799,999...Sat/Sun 1-5.....Zen Carague..Zendle Ann Carague..571-213-7331

### Arlington

4951 14th St.....\$629,000...Sun 1-4..Cathy & John McCambridge..Samson Props..703-906-7067

### Fairfax

5312 Windsor Hills Dr.....\$600,000...Sun 12-5.....Lena Restivo.....Weichert..703-855-7341

### Oakton

11801 Stuart Mill Rd....\$1,199,000...Sun 1-4.....Alison Sherman..Keller Williams..703-636-7306

### Potomac Falls

20425 Swan Creek Ct.....\$769,900...Sun 12-3.....Glynis Canto..Keller Williams..703-395-2355

### Springfield

7055 Leewood Forest Dr..\$339,950...Sun 1-4.....Kathleen Quintarelli.....Weichert..703-862-8808

### Vienna

608 Thelma Cir. SW.....\$975,900...Sun 1-4.....Bettina Dee.....Premier..703-748-0001

2401 Rocky Branch Rd.....\$674,900...Sun 1-4.....Mary Mandrgoc...Long & Foster..703-938-4200

To add your FREE Realtor represented Open House to these weekly listings, please contact Trisha at 703-778-9419, or [trisha@connectionnewspapers.com](mailto:trisha@connectionnewspapers.com)  
All listings are due by Monday at 3 P.M.



ZONE 6: • ARLINGTON • GREAT FALLS  
• McLEAN • VIENNA/OAKTON

# EMPLOYMENT

703-917-6464

ZONE 6 Ad DEADLINE:  
TUESDAY 11 A.M.

ZONE 6: • ARLINGTON • GREAT FALLS  
• McLEAN • VIENNA/OAKTON

# CLASSIFIED

703-917-6400

ZONE 6 Ad DEADLINE:  
MONDAY NOON

## BUSINESS OPP

## BUSINESS OPP

### TELEPHONE

A great opportunity to  
**WORK AT HOME!**

**NATIONAL CHILDRENS CENTER**  
No sell! Salary + Bonus + Benefits!  
**301-333-1900**  
Weekdays 9-4

### TELEPHONE

A great opportunity to  
**WORK AT HOME!**

**NATIONAL CHILDRENS CENTER**  
No sell! Salary + Bonus + Benefits!  
**301-333-1900**  
Weekdays 9-4

### RECEPTIONIST

Pediatric office in McLean is looking for a Receptionist to work 3 Saturdays a month/2 days a week. Call 703-790-5390. Ask to speak with Janice or Lynette.

### PEDIATRIC RN/LPN

Our busy happy stimulating pediatric practice in Alexandria & Fairfax has an upcoming opening for a F/T position. Some travel between offices. Ideal for nurses returning to the workforce. Competitive salary with benefits. Orientation provided.  
Fax resume to Attn: Sharon @  
**703/914-5494**

### RENT-A-GRANDMA



#### Services We Provide:

- Nanny's • Elder Care
- Child Care • Chefs
- Pet Care
- Housekeepers
- Personal Assistants
- Organizers
- Party Helpers

#### Why We Are The Best:

- Background Checked
- Loyal, Committed
- Very Experienced

**"ALWAYS TRUST YOUR GRANDMA"**

Call us today! **571-267-7375**

Ask about our First Time Customer Discount

### Do you want to work for a company that rewards you every day?

Professional Healthcare Resources, a home care and hospice agency with 17 years of experience, has openings for Personal Care Aides (CNAs & Home Health Aides) in the McLean, Herndon, Chantilly, Sterling and Vienna areas. As well as the intangible reward of knowing you are helping someone who needs you every day. We also offer flexible scheduling for the right person. Must have current CPR certification and own your own car. For more information or to apply please call our job line at **703-752-8777 ext. 900.** [www.phri.com](http://www.phri.com).  
**Please quote code NOVA3 when calling.**

### Educational Internships

Unusual opportunity to learn many aspects of the newspaper business. Internships available in reporting, photography, research, graphics. Opportunities for students, and for adults considering change of career. Unpaid. E-mail [internship@connectionnewspapers.com](mailto:internship@connectionnewspapers.com)



## 102 Instruction

**Looking to start the school year strong?**  
Tutoring is available at Aspire Tutoring Services of Northern Virginia! Dean's List College Graduate with 7 years of Experience. Accounting/Finance Degree. All grade levels, specializing in Math, Spanish, English. Call Hal @ (703)864-6616. Rate is \$50/hr.

## 26 Antiques

We pay top \$ for antique furniture and mid-century Danish/modern teak furniture, STERLING, MEN'S WATCHES, jewelry and costume jewelry, paintings/art glass/clocks. Schefer Antiques @ 703-241-0790. Email: [theschefer@cox.net](mailto:theschefer@cox.net)

## 34 Pets

### MUST LOVE CATS

Volunteers needed for cat caretaker positions with Lost Dog and Cat Rescue Foundation. Falls Church and Tysons Petsmart locations. Days and times vary. E-mail: [shazz@sonic.net](mailto:shazz@sonic.net).

## 34 Pets

## 21 Announcements

## 21 Announcements

## 21 Announcements

## Donate A Boat or Car Today!

BoatAngel

"2-Night Free Vacation!"

**1-800-CAR-ANGEL**

[www.boatangel.com](http://www.boatangel.com)

sponsored by boat angel outreach centers

STOP CRIMES AGAINST CHILDREN



## 21 Announcements

## 21 Announcements

## 21 Announcements

## IT'S HARVEST TIME FOR YOUR BUSINESS!

Reap rewards when you advertise through Virginia Press Services' Statewide Display Advertising Network!

Place your business card-size ad in more than 65 newspapers and your message will reach more than 800,000 Virginians.

**CONTACT THIS NEWSPAPER** or Adriane Long, Virginia Press Services, 804-521-7585 or [adriane@vpa.net](mailto:adriane@vpa.net).

## 21 Announcements

## 21 Announcements

## 21 Announcements

## HOW TO SUBMIT ADS TO



### CLASSIFIED

#### DEADLINES

Zones 1, 5, 6.....Mon @ noon

Zones 2, 3, 4.....Tues @ noon

E-mail ad with zone choices to:

[classified@connectionnewspapers.com](mailto:classified@connectionnewspapers.com)

or call Andrea @ 703-778-9411

### EMPLOYMENT

#### DEADLINES

Zones 5, 6.....Tues @ 11:00

Zones 1, 3.....Tues @ 4:00

Zone 2.....Wed @ 11:00

Zone 4.....Wed @ 1:00

E-mail ad with zone choices to:

[classified@connectionnewspapers.com](mailto:classified@connectionnewspapers.com)

or call Andrea @ 703-778-9411

### ZONES

- Zone 1:** The Reston Connection  
The Oak Hill/Herndon Connection
- Zone 2:** The Springfield Connection  
The Burke Connection  
The Fairfax Connection  
The Fairfax Station/Clifton/Lorton Connection
- Zone 3:** The Alexandria Gazette Packet  
The Mount Vernon Gazette
- Zone 4:** Centre View North  
Centre View South
- Zone 5:** The Potomac Almanac
- Zone 6:** The Arlington Connection  
The Vienna/Oakton Connection  
The McLean Connection  
The Great Falls Connection

## THE CONNECTION NEWSPAPERS CLASSIFIED

**Classified or Home • Lawn • Garden:**  
**703-917-6400**

**Employment: 703-917-6464**

**E-mail: [classified@connectionnewspapers.com](mailto:classified@connectionnewspapers.com)**



ZONE 6: • ARLINGTON • GREAT FALLS  
• MCLEAN • VIENNA/OAKTON

# HOME & GARDEN

CONNECTIONNEWSPAPERS.COM CONTRACTORS.com

703-917-6400

ZONE 6 AD DEADLINE:  
MONDAY NOON

## Diagnosed But Not Sick



By KENNETH B. LOURIE

Or so I tell myself – and others, as often as the opportunity presents itself. It's a distinction with which I can live, a distinction with which I'm comfortable, and a distinction which enables me to live my life as normally as possible; which when one considers my diagnosis: NSCLC (non-small cell lung cancer) and the original, terminal prognosis – received back in Feb. 2009: "13 months to two years," and my age when all this stuff hit the figurative fan: 54, it's no wonder I assimilate such delusions and don't give them a second thought. (The first thought: premature death, is bad enough.)

But it does take a little convincing. And it's not to say that having cancer isn't an excuse/explanation for me acting a certain way and/or requiring certain things (not exactly accommodations). Because it is. As much as I don't want having cancer to seep into my thoughts and/or actions, it is impossible to prevent it from doing so (and you regular readers know how much I try). Its reality has a life of its own, whereby it almost creates new instincts in how I think and feel and react, instincts that I am aware of when they happen, but not quite predisposed to prevent their appearance/occurrence. Being diagnosed with a terminal disease at age 54 and a half tends to narrow your vision and unleash – occasionally – the beast which resides within, a beast with which you're likely well acquainted but not particularly proud.

As much as I'm able to minimize the damage, collateral or otherwise, from these cancer-driven behaviors (see how easy it is to place blame), I still maintain that these behaviors are not because I'm sick, but rather because I'm diagnosed. My feeling is, once I start using/invoking sickness as an explanation, it might become a slippery slope. And once I've begun using and in turn becoming increasingly comfortable with the cause of, and description for, my inappropriate and selfish words and deeds, then the cancer has indeed won; and as a direct result, sooner rather than later these columns will cease as I will have permanently desisted.

I imagine these words probably sound like mind games, and too little too late at that. However, it's been my experience that being diagnosed with a terminal disease leads to an awful lot of self doubt, recrimination, insecurity, fear, anxiety, stress and non-stop introspection and deals you don't ever want to make with the devil. Ergo, any little thing I can do – or think, or tell myself – repeatedly, is what I have to do. I suppose it's a bastardized version of the power of positive thinking, or the act of a desperate man. Either way, I'm still alive and rationalizing my behavior.

If my not calling a spade a spade enables me to deal the cards with which I've been dealt a little bit longer, and I'm not cheating anybody but death in the process, then I will continue to do so. Having being diagnosed with cancer/a terminal disease is neither fun nor funny; however, unless I find some humor or wishful thinking in how I approach this situation, I don't suppose I'll be approaching it much longer. To me, it's always been mind over matter, and even though these matters are rather serious, I still don't mind.

*Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.*

**CLEANING**

**A CLEANING SERVICE**  
Since 1985/Ins & Bonded  
Quality Service at a Fair Price  
Satisfaction Guaranteed-  
Angies List 2011-Super Service Award!  
Comm/Res. MD VA DC  
[acleaningserviceinc.com](http://acleaningserviceinc.com)  
703-892-8648

**IMPROVEMENTS**

**Picture Perfect Home Improvements**  
(703) 590-3187 [www.pphionline.com](http://www.pphionline.com)  
Remodeling Bathrooms, Kitchens & Basements  
• FREE Estimates Exterior & Interior Repair,  
• FAST & Reliable Service Painting, Carpentry, Wood Rot,  
• EASY To Schedule Drywall, All Flooring, Decks  
• NO \$\$\$ DOWN!  
Handyman Services Available "If it can be done, we can do it"  
Licensed — Bonded — Insured

**HAULING**

**AL'S HAULING**  
Junk & Rubbish  
Concrete, furn., office,  
yard, construction debris  
Low Rates NOVA  
703-360-4364  
703-304-4798 cell  
7 DAYS A WEEK

**PAINTING**

**PATRIOT PAINTING**  
[www.PatriotPainting.net](http://www.PatriotPainting.net)  
Wallpaper Removal,  
Carpentry,  
Power Washing.  
Int/Ext Painting  
Free Est. • Satisfaction Guar.  
Lic./Ins. Int./Ext.  
703-502-7840  
Cell  
571-283-4883

**ELECTRICAL**

**K & D ELECTRIC**  
COMMERCIAL / RESIDENTIAL SERVICE  
Family Owned & Operated  
Recessed Lighting Ceiling Fans Phone/CATV Computer Network Cabeling Service Upgrades Hot Tubs, etc...  
Office 703-335-0654  
Mobile 703-499-0522  
Licensed/Bonded/Insured

**R.N. CONTRACTORS, INC.**  
Remodeling Homes, Flooring,  
Kitchen & Bath, Windows,  
Siding, Roofing, Additions &  
Patios, Custom Deck, Painting  
We Accept All Major Credit Cards  
Licensed, Insured, Bonded • Free Estimates • Class A Lic  
Phone: 703-887-3827 Fax: 703-830-3849  
E-mail: [rncontractorsinc@gmail.com](mailto:rncontractorsinc@gmail.com)

**ANGEL'S HAULING**  
Spring General  
Yard Cleanup, Tree  
& Trash Removal  
Cars Removed  
703-863-1086  
703-582-3709  
240-603-6182

**PAVING**

**Joseph Sealcoating  
Specialist**  
**PAVING**  
35 Years Experience! Free Estimates!  
703-494-5443

**GUTTER**

**GUTTER CLEANING**  
Gutters and Downspouts Cleaned  
Small Repairs • Gutter Guards  
**PINNACLE SERVICES**  
lic/ins 703-802-0483 free est.  
email [jamie@lawnsandgutters.com](mailto:jamie@lawnsandgutters.com)  
web: [lawnsandgutters.com](http://lawnsandgutters.com)  
Friendly Service with a Friendly Price!

**LANDSCAPING**

**JUAN'S LANDSCAPING** Since 1987  
• COMPLETE TREE SERVICE • MASONRY • HAULING  
• BACKHOE • EXCAVATING • POWER WASHING  
• HANDYMAN • PAINTING • TRASH REMOVAL • DRYWALL  
Res./Com. • Free Estimates  
• CELL 703-732-7175

**LANDSCAPING**

**A&S LANDSCAPING**  
Planting • Mulching • Sodding  
Patios • Decks • Driveway Sealing,  
Asphalt • Retaining Walls  
Erosion Control • Drainage Solutions  
703-863-7465

**TREE SERVICE**

**ANGEL'S TREE REMOVAL**  
Brush & Yard Debris  
• Trimming & Topping  
• Gutters & Hauling  
Angeltreeslandscaping-hauling.com  
703-863-1086  
703-582-3709  
240-603-6182

**LAWN MOWING**  
MOWING TRIMMING EDGING,  
HEDGE TRIMMING, MULCHING,  
SODDING, GUTTER CLEANING  
**PINNACLE SERVICES**  
lic/ins 703-802-0483 free est.  
email: [jamie@lawnsandgutters.com](mailto:jamie@lawnsandgutters.com)  
web: [lawnsandgutters.com](http://lawnsandgutters.com)  
Friendly Service with a Friendly Price!

**ANGEL'S LAWN MOWING**  
• Trimming • Leaf & Snow  
• Removal • Yard Clearing  
• Hauling • Tree Work  
703-863-1086  
703-582-3709  
240-603-6182

**IMPROVEMENTS**

**R&N Carpentry**  
♦ BASEMENTS ♦ BATHS ♦ KITCHENS  
Foreclosure specialist/Power washing  
♦ Exterior Wood Rot More!  
Deck & Fence repair, Screen Porches  
No jobs too large or small  
Free est. 37 yrs exp. Licensed, Insured  
703-987-5096

**J.E.S Services**  
**LANDSCAPE & CONSTRUCTION**  
• Patios • Walkways  
• Retaining Walls  
• Drainage Problems  
• Landscape Makeovers  
Call: 703-912-6886  
Free Estimates

**MASONRY**

**ALBA CONSTRUCTION INC.**  
**CONCRETE WORK**  
Licensed • Insured  
Driveways • Patios • Exposed Aggregate  
Sidewalks • Carports • Pool Decks • Garages  
Flagstone • Brick • Stonework  
703-204-0733

**The HANDYMAN**  
A DIVISION OF NURSE CONSTRUCTION  
BATHROOM REMODELING, DRYWALL,  
PAINTING, CERAMIC TILE, CARPENTRY,  
POWER WASHING & MUCH MORE  
You have tried the rest - NOW CALL THE BEST!!  
Proudly serving Northern VA - 46 yrs. exp.  
Licensed Insured We Accept VISA/MC  
703-441-8811

**MASONRY**

**Potomac Masonry**  
703-498-8526  
New Installations & Repairs  
Stone - Flagstone - Brick - Concrete  
FREE ESTIMATES!!  
Lic. & Ins  
[potomac-masonry.com](http://potomac-masonry.com)

**BRICK AND STONE**  
**Custom Masonry**  
703-768-3900  
[www.custommasonry.info](http://www.custommasonry.info)  
Patios, Walkways, Stoops, Steps, Driveways  
Repairs & New Installs • All Work Guaranteed

**A&S Landscaping**  
• All Concrete work  
• Retaining Walls • Patios  
• Decks • Porches (incl. screened) • Erosion & Grading Solutions  
• French Drains • Sump Pumps  
• Driveway Asphalt Sealing  
703-863-7465  
LICENSED  
Serving All of N. Virginia

**3rd Generation Masonry Company**  
Family Owned & Operated Since the 1950s  
**MASONRY SPECIALIST, LLC**  
For All of Your Masonry Needs  
Custom Design, Installation, Repairs & Restoration  
BRICK - FIELDSTONE  
FLAGSTONE - CONCRETE  
EP Henry & Belgard Pavers  
Patios, Walkways, Driveways, Retaining & Decorative Walls  
703-443-2308  
Go to [www.masonryspecialist.com](http://www.masonryspecialist.com) for ideas, pictures & coupons!  
All Work Guaranteed - Licensed & Fully Insured  
Class A License #VA2705087240A

**ROOFING**

**Falcon Roofing**  
Roofing & Siding (All Types)  
Soffit & Fascia Wrapping  
New Gutters • Chimney Crowns  
Leaks Repaired  
No job too small  
703-975-2375  
[falconroofinginc.com](http://falconroofinginc.com)

**TREE SERVICE**

**Charles Jenkins**  
**TREE SERVICE**  
Mulching & Edging  
10% off with Seniors w/ad  
ALSO MULCH DELIVERY Lic. & Ins!  
540-829-9917 or 540-422-9721



# #1 AGENT COMPANY WIDE



**SPACIOUS 3-LEVEL COLONIAL IN CHESTERBROOK!**

**SPECTACULAR CHESTERBROOK WOODS RAMBLER!**



*Chesterbrook,  
Longfellow,  
McLean  
schools!*

6256 Park Road, McLean....Listed for \$1,099,000

**AMAZING** 5br/3.5 bath brick colonial sited on beautiful landscaped 1.2 acre lot in Chesterbrook! This wonderful home features updates galore & main-level great room, plus family room & living room; walkout LL; oversized MBR suite & luxury MBA!



1431 Ironwood Drive, McLean....Listed for \$974,500

**STUNNING** 5br/3 full bath rambler in quiet cul-de-sac location! This home is just perfect! Large granite kitchen; open, bright floor plan with skylights and picture windows; private story-book setting on lovely lot; 2-car garage; walkout LL to flagstone patio!

**GORGEOUS COLONIAL IN CHAIN BRIDGE FOREST!**

**ABSOLUTELY STUNNING 2006 CUSTOM BUILT HOME!**



*Chesterbrook,  
Longfellow,  
McLean  
schools!*

1519 Highwood Drive, McLean....NOW LISTED for \$1,199,999

**BEAUTIFUL** 5br/3.5 bath, 3-level RENOVATED colonial backing to parkland, at the end of a quiet cul-de-sac! Oversized, sparkling granite kitchen with breakfast area; gleaming hardwoods; renovated baths; walkout LL rec room w/ bedroom & bath!



1870 Kirby Road, McLean....Listed for \$1,375,000

**INCREDIBLE** and **LUXURIOUS** custom home features 5 br/5.5 ba on 3 large finished levels filled with loads of character and great living spaces! 2 majestic kitchens with top-of-the-line stainless steel appliances and granite; wide plank cherry floors, much, much more!

## JD CALLANDER

TOP 1% OF REALTORS NATIONWIDE  
WALL STREET JOURNAL - TOP 100 AGENTS



**(703) 606-7901**

JD@newNOVAhome.com  
www.newNOVAhome.com



**OVER 70 HOMES SOLD SO FAR THIS YEAR!**