

McLean Voters Head to Polls

Voters sign in at Langley High School Tuesday, Nov. 7.

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Photo by Alex McVeigh/The Connection

Voters line up at Langley High School Tuesday, Nov. 7.

McLean Voters Head to Polls

Voting locations crowded starting at 6 a.m.

By Alex McVeigh
The Connection

McLean residents flocked to the polls Tuesday, Nov. 6 to choose a president, senator and congressman, as well as vote on several key County issues. As early as 5:30 a.m., the parking lots were full at Langley High School and the Lewinsville Senior Center, and lines stayed full throughout the morning.

"We had people lining up through the entire length of the hall, almost from the entrance back to the cafeteria at 5:30 a.m.," said David Rampy, an election officer working at Langley Tuesday. "We expect about 2,500 to 3,000 to this precinct today, which should be about the same number as the 2008 election. The first wave lasts till about 9 a.m., then it should slow down."

While lines tended to build up quickly, often stretching to the outside of polling locations, election personnel said they were able to move people through quickly.

"It's been busy, but the electronic check-in, instead

of the big books, as well as the paper ballots, have helped us move people through pretty quick," said Margaret Turek, an election volunteer at Lewinsville Center.

Stations had a few touch screen devices, and around 10 stations for votes to fill out their paper ballot. Once they were filled out, voters fed them into an optical reader.

While the paper ballots were mostly a way for voters to skip the lines on the touch screens, they became more in demand as a few machines briefly went down at Langley High School around 8 a.m.

"I actually thought the paper ballots weren't bad at all," said Steve Howard of McLean, who had to switch. "Sort of like a test in school, except we get to feed it into the machine ourselves."

While the decision between Republicans and Democrats was on most people's minds, many also were careful to make a decision on the local issues.

"I hope people did their homework about the ballot initiatives, especially the one for storm water funds," said Nelson Truong of McLean. "Tysons Corner, past, present and future, has shown us the importance of making sure storm water has a place to go, especially if we keep paving over the surfaces where water would normally go."

Viewpoints

Who did you vote for, and what was the most important issue to you?



Bud Albright, McLean

"The economy is the most important issue in this election, and I voted for Mitt Romney because we need a president with private sector experience. The current president understands how government works, but the private sector is where the biggest and most important change needs to happen."



Paul Sweet, McLean

"Barack Obama, because the economy is the biggest issue, and his policies are working. Romney offers nothing but inconsistency, while President Obama has seen job growth and economy growth for many quarters in a row. I think he needs a second term to solidify the gains he's made, like the healthcare act and rights for women. I just don't have any idea what kind of president Mitt Romney would be."

M.K. Roth, McLean

"I'm here voting on behalf of the unborn, which makes Mitt Romney the only choice, because he's anti-abortion. Even if he overturns Roe v. Wade, that just gives the rights to decide back to the state. And I'm not particularly fond of funding for abortions either."



Betsy Rice, McLean

"I am in favor of Mitt Romney's plans for middle America and small businesses. And Paul Ryan is one of the most brilliant budgetary minds we have, and his plan can be shaped with input from both sides as needed. I think President Obama just hasn't been involved in creating legislation, he's left too much to congress, we haven't had a budget in two years, and I feel like he's just spent the last four years running for re-election."



Election volunteer Mari McColl kept lines moving and answered voter's questions.



Jim Eggeman of Vienna.

Photos by Victoria Ross/The Connection

Absentee Voting Down Slightly

More confusion about redistricting reported at polls, not Voter ID.

By Victoria Ross
The Connection

The line of 100-plus voters casting absentee ballots at the Reston Government Center Friday evening moved quickly. Poll workers Mari McColl and Joe Gofus frequently walked up and down the lines, checking to make sure forms were filled out correctly, and voters got answers to their questions.

"Do you have your forms? Any questions about your ID? Need anything else, a beer maybe?" joked Gofus.

"We haven't had any real problems," McColl said. "We only had to turn away one voter so far, and that was because the only form of ID this man had was an out-of-state driver's license." McColl said election volunteers provided the man with the list of acceptable forms of identification. McColl said most absentee voters have been using their new Voter Registration Cards, sent out by the State Board of Elections in early October.

McColl said the line Friday night was relatively short compared to earlier in the week.

"On Thursday we had over 750 people come through," she said. "Things have been hopping, but it's worth it to be part of the process as long as people vote."

Jim Eggeman of Vienna, standing in line at the Reston Government Center Friday night, was one of the 82,145 voters in Fairfax County who cast an "in-person" absentee ballot by Nov. 3, according to Cameron Quinn, the County's

chief elections official. "This is more convenient than trying to get here on Election Day, and I will be working all day," he said.

Quinn said absentee voting was down slightly this presidential year—a total of 93,014 absentee ballots mailed—compared to 107,145 in 2008.

"We typically have high voter turnout in Fairfax County," Quinn said. In 2008, Quinn said 79 percent of the County's registered voters cast their ballots, compared to 38 percent nationally. And nearly 90 percent of eligible voters, about 721,000 out of 800,000, have already registered to vote in Fairfax County.

Fairfax County's Office of Election employees have been working overtime the past few months to make sure voters are "election ready" on Tuesday, Nov. 6.

While Virginia's new Voter ID laws was the hot topic in the run-up to the Nov. 6 elections—Quinn said many of her office's 600-plus calls each day concerned the Voter ID measures—it wasn't the big question in many polling stations. Redistricting was.

"Now I'm confused," said Oakton voter Barb Cranston. "I thought I was in the 11th district, but someone just told me I'm in the 10th Congressional district."

"I'm not sure if I'm still in the 11th district," Eggeman said, as election volunteers walked through the line, looking up addresses to help guide voters to the right ballot box.

"I didn't even know there was redistricting," Eggeman said.

Preparing for Holiday Homes Tour and MarketPlace

McLean Woman's Club gets ready for annual fundraiser.

The Woman's Club of McLean is in the final stages of planning for its 46th annual Holiday Homes Tour and MarketPlace, to be held Thursday, Dec. 6, from 10 a.m. to 3 p.m. The self-guided tour will take place in the leafy, secluded enclave of River Oaks in northwest McLean, between the Beltway and the Potomac River.

River Oaks can be reached by taking Balls Hill Road (via Old Dominion Drive) north across Georgetown Pike, passing Benjamin Street on the right, turning left to cross the beltway bridge, making a right onto Live Oak Drive and continuing a quarter of a mile, past the Langley Swim Club. Visitors may park on Live Oak and Rivercrest Drive.

THE HOLIDAY HOMES TOUR

will focus on four large houses on Rivercrest and Live Oak Drives, each reflecting a distinct architectural style. Perhaps the most striking will be "the castle"—as neighbors refer to it—featuring a stone exterior with a Romanesque tower and 12-foot-high mahogany entrance doors. The home backs up to the Potomac, has a double basement with a swimming pool and has recently been listed for \$12.5 million. The other three houses are large brick mansions, one in the traditional manor style, another of French Provincial design and the third in conservatively modern red brick. Large foyers, high ceilings, elegant chandeliers and beauti-



The first house on the tour.



A castle-style mansion.



A French Provincial-style home.



A traditional manor-style house.

Photos by Laura Sheridan/Woman's Club of McLean

fully landscaped terraces/yards are among these homes' distinctive features. In addition, all four houses will be festively decorated for the holidays by Woman's Club members in consultation with the homeowners. The cherry on top, holiday music will ring throughout the decked halls.

On the same day, Dec. 6, the Woman's Club is sponsoring a separate MarketPlace in central McLean at Trinity United Methodist Church, 1205 Dolley Madison Blvd. It will offer a dozen or more vendors, a lunch and dessert concession and a silent auction of merchandise and services. The MarketPlace will be free. Products

and services for sale will include jewelry, clothing, handbags, housewares, foods, decorative items, portrait sketching and Homes Tour tickets. A Woman's Club bakery will sell homemade baked goods and preserves. Lunch will be available on site from Sweet Leaf of McLean from 11:30 a.m. to 1:30 p.m. and drinks and desserts from 10 a.m. to 3 p.m. The silent auction, from 10 a.m. to 2 p.m., will solicit bids for 36 different products and services, from hotel stays and fitness classes to theater tickets and portrait photography, with drawings at 3 p.m. Ample parking will be available in the church lots.

TICKETS for the Homes Tour will be \$25 if purchased before the day of the tour and \$30 if purchased on Dec. 6. Besides the tickets available at the MarketPlace, tickets will be for sale at each tour house on Dec. 6 and at three local businesses before that date: Mesmeralda's Gifts of McLean (1339 Chain Bridge Road, McLean), Karin's Florist of Vienna (527 Maple Ave., E., Vienna) and Great Dogs of Great Falls (9859 Georgetown Pike).

The honorary chairman of this year's Holiday Homes Tour and MarketPlace will be Virginia State House Delegate Barbara J. Comstock (R-34). A formal ribbon

cutting with officials and invited guests will take place at the first home on the tour, 616 Live Oak Drive, at 9:45 a.m. on Dec. 6.

All proceeds of the Homes Tour and MarketPlace will be donated to local charities and nonprofits, such as Share, Inc., Alternative House, the McLean Project for the Arts (The Children's Outreach), Claude Moore Colonial Farm, the McLean Volunteer Fire Department, Fisher House and the McLean Symphony, as well as used for scholarships and education.

For more information call 703-356-9646 or 703-556-0197.

—Laura Sheridan

Woman's Club to Hold MarketPlace Fundraiser

On Thursday, Dec. 6, the Woman's Club of McLean will hold a fundraising fair featuring numerous vendors, a lunch and dessert concession and a silent auction of some 35 goods and services. Dubbed the MarketPlace, it will be held from 10 a.m. to 3 p.m. at Trinity United Methodist Church, 1205 Dolley Madison Blvd., in central McLean. Admission will be free. The event will coincide in timing with the Woman's Club's 46th annual Holiday Homes Tour taking place in the River Oaks area of McLean that day.

Products and services for sale at the MarketPlace will include jewelry, clothing, handbags, foods, decorative items, portrait sketching and Homes Tour tickets. (The tour tickets will also be available at selected local merchants for \$25 before Dec. 6 and for \$30 on Dec. 6 at the tour houses). A Woman's Club Bakery will sell homemade baked goods and preserves.

Lunch—salads and sandwiches—will be available from Sweet Leaf of McLean from 11:30 a.m. to 1:30 p.m. and drinks and desserts from 10 a.m. to 3 p.m.

The silent auction, from 10 a.m. to 2 p.m., will accept bids for 36 different goods and services donated by local businesses, from hotel stays and fitness classes to theater tickets and portrait photography, with the highest bidders being announced at 3 p.m.

Ample parking will be available in the church lots.

All proceeds of the MarketPlace and Homes Tour will be donated to local charities and nonprofits, such as Share, Inc., Alternative House, the McLean Project for the Arts (The Children's Outreach), Claude Moore Colonial Farm, the McLean Volunteer Fire Department, Fisher House and the McLean Symphony, as well as used for scholarships and education.

For more information call 703-356-9646 or 703-556-0197.

—Laura Sheridan



Photo by Laura Sheridan

Trinity United Methodist Church, McLean.

Bulletin Board

To have community events listed in the Connection, send to mclean@connectionnewspapers.com. Deadline is Friday.

THURSDAY/NOV. 8

Northern Virginia Leadership Awards. 11:30 a.m.-2 p.m., at Westwood Country Club, 800 Maple Ave. E., Vienna. Honoring leaders who are making a difference in the community. \$60, members; \$75, non-member alumni and general public; \$1000, table of ten. 703-752-7553 or www.leadershipfairfax.org/nvlatickets.

TUESDAY/NOV. 13

NARFE Meeting. 1:30 p.m., at Vienna Community Center, 120 Cherry Street, Vienna. The Vienna-Oakton Chapter 1116 meeting hosts Jessica Klement, a NARFE communications and legislative representative. 703-281-5123.

Bully-Free NOVA Launch Reception.

5-6:30 p.m., at the James Lee Community Center, 2855 Annandale Road, Suite 101, Falls Church. Racial/ethnic minorities, LGBT youth and racial/ethnic minorities are at-risk for bullying even more than other children; learn the basics of the Fairfax Partnership for Youth's outreach program to combat bullying, how to get community-based organizations of businesses involved and how to be involved. Register. 703-324-5535, www.fairfaxyouth.org or Courtney.Burke@FairfaxCounty.gov.

NAACP Officer Elections. 5:30-8 p.m., First Baptist Church of Vienna, 450 Orchard St. NW, Vienna. The election at the General Membership meeting will decide the new officers and NAACP committee members. www.fairfaxnaacp.org.

AAUW Branch Program. 7 p.m., at the McLean Community Center, 1234 Ingleside Ave., McLean. A talk on the challenges and successes of bringing life saving preventive and curative health care to rural, under-served families in Ethiopia through the Rural Health Extension Worker Program. 703-790-5550.

WEDNESDAY/NOV. 14

Holy Hill Garden Club Meeting. 9:45 a.m., at Trinity United Methodist Church, 1205 Dolley Madison Blvd., McLean. Botanical illustrator and artist Caroline Hottenstein speaks on the history of botanical illustrations and presents an art work show. 703-790-0682.

THURSDAY/NOV. 15

Christmas Craft Show: Crafters Wanted. 10 a.m.-7 p.m., Oakton Church of the Brethren, 10025 Courthouse Road, Vienna. The 19th Annual Christmas Craft Show's consignment shop-style market has space open for more wares. 703-281-4411 or www.oaktonbrethren.org.

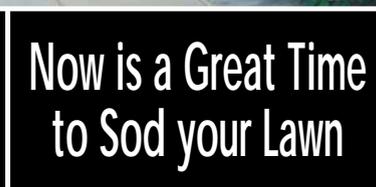
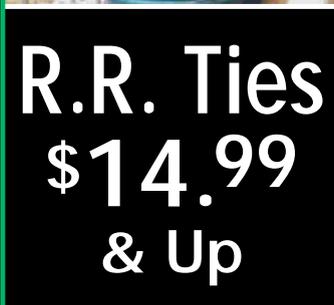
FRIDAY/NOV. 16

Christmas Craft Show: Crafters Wanted. 10 a.m.-7 p.m., Oakton Church of the Brethren, 10025 Courthouse Road, Vienna. The 19th Annual Christmas Craft Show's consignment shop-style market has space open for more wares. 703-281-4411 or www.oaktonbrethren.org.

SATURDAY/NOV. 17

Christmas Craft Show: Crafters Wanted. 10 a.m.-4 p.m., Oakton Church of the Brethren, 10025 Courthouse Road, Vienna. The 19th Annual Christmas Craft Show's consignment shop-style market has space open for more wares. 703-281-4411 or www.oaktonbrethren.org.

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News

Share Seeks Holiday Support

Thanksgiving, Christmas events to provide food, gifts for those in need.

By Alex McVeigh
The Connection

Items Needed

The Share food pantry is low on the following items, which can be donated Wednesdays and Saturdays from 9:30 a.m. to noon at the McLean Baptist Church, 1367 Chain Bridge Road.

White rice, white sugar, vegetable oil, 100 percent juice, canned fruit, ground coffee, tea bags, baby wipes, diapers and laundry detergent are all in need at the pantry.

Share of McLean, a local non-profit that provides food, clothing, financial and transportation assistance to those in need, is gearing up for its annual Thanksgiving and Christmas Drives. The two events will provide meals, gifts and other assistance to hundreds of families this holiday season.

Diane Morrison, coordinator of the event, said about 160 families are confirmed to attend, with another 90 in the process of being approved. The Nov. 17 Thanksgiving event will serve more than 700 individuals.

They are trying to collect \$10,000 worth of grocery store gift cards, which will be given in \$25 increments to families at the

Thanksgiving event. So far they have collected about \$2,000, but will be accepting donations until the event.

For the Christmas celebration on Saturday, Dec. 8, gift cards to places like Target will be given out, to allow families to shop for presents. Clients will also submit wish

See Share, Page 7

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The Share food pantry at McLean Baptist Church is short on several items. As the holiday season approaches, they hope to restock.

Photo by Alex McVeigh/The Connection

Share Seeks Holiday Support

From Page 6

lists for presents.

Share serves people in the 22101, 22102, 22066 and 22043 area codes, and its clientele are referred to them by Fairfax County social workers or verified by Share volunteers.

“Everything we collect, food, money, other donations, stays here, right in this community, and it supports the people in our neighborhoods,” Morrison said. “Many of our clients are working poor, who have jobs but are still struggling to make ends meet, and that’s something we can help with.”

Share maintains a food pantry and clothes closet at the McLean Baptist Church, which is open Wednesday and Saturday mornings. They are currently seeking donations of

winter coats, boots, scarves and hats.

“This is a big week for us, because local Boy Scout troops will be dropping off bags for the annual Scouting for Food Drive, and picking up donated food next weekend,” said Therese Dyer-Caplan, a volunteer at the food bank. “It will go to stock our shelves during this busy season.”

According to their records, Share has given an average of 662 bags of groceries and about 200 bags of clothes per month this year.

The nonprofit also runs a program to deliver donated furniture for those in need, as well as transportation to medical appointments, Share donation events and more.

Information on services offered by Share can be found at www.shareofmclean.org.

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Opinion



Barack Obama came to Northern Virginia on Saturday, Nov. 3 with Bill Clinton and Dave Matthews.



Mitt Romney packed the Patriot Center at George Mason University on Monday, Nov. 5. Anne Romney asked: "Will we be neighbors soon?"

Photos by Deb Cobb/The Connection

Feeling Important

Presidential campaigns traverse Northern Virginia on last days, mark the importance of every vote.

The images from the last weeks of the presidential election of 2012 make it clear that it would be hard to overstate the importance of voting, especially in Virginia, especially in Northern Virginia.

Every vote will be important. What I wish for today from Northern Virginia is record turnout and smooth sailing for voters casting their votes.

Writing this the morning of Election Day, it's still fair to say that the race for president and for the U.S. Senate in Virginia is too close to call. It's hard to overstate the difference it will

make when the election results are final.

Mitt Romney came to the George Mason University Patriot Center on Monday, also bestowing attention on Republican Senate candidate George Allen. It was one of several trips to the area.

President Barack Obama came to Prince William County on Saturday, along with Bill Clinton. On Monday, Vice President Joe Biden came to Claude Moore Park. Both visits gave a boost to Democratic Senate candidate Tim Kaine.

The money that has been spent—and raised—here in Virginia is daunting. At the end of Octo-

ber, in 2012, Romney had raised \$10.1 million and Obama \$8.2 million in checks of \$200 or more from Virginians, according to the Virginia Public Access Project. Inside the Beltway donors (different from Northern Virginia in VPAP's categories) gave \$3,193,148 to Obama and \$3,104,160 to Romney. Northern Virginia outside the Beltway gave \$2,694,030 to Obama and \$3,525,796 to Romney.

While either way, about half of voters will be disappointed by the outcomes here, no one will be sorry that this campaign season is over. It's been fun to be a favorite child in some ways, but it will be OK to go back to addressing local issues without the magnification of such an important election.

— Mary Kimm,
mkimm@connectionnewspapers.com

First-time Voters Viewpoints: "Who are you voting for and why?"



Ellie Darcy, 18, Oakton, Freshman at University of Mississippi

"I am voting for President Obama. I want someone who cares about the people and based on what he wants to do in the future and being consistent in what he says, I think he's the best candidate."



Thomas Vaughn, 18, Great Falls

"I am voting for Mitt Romney. While I have serious issues with both candidates, certain policies of President Obama, such as his drone wars and his support for abortion, are simply too much for me to stomach voting for him. I also believe that Romney will be a little bit better for the economy."

Isabel Hefner (left), 18, Great Falls, Freshman at Virginia Tech University

"I'm not completely decided on either candidate yet, but I am leaning towards Romney. The issues I am really concerned about right now are the ones that are the most important to me and affect me the most, such as abortion, healthcare and the economy. Romney comes off as a stronger leader and that is important to me."

Sarah Hefner (right), 21, Great Falls, Senior at Penn State University

"I am undecided, because I don't know who to believe. They attack each other and say the same things about each other and I'm turned off by it. I watched the first two presidential debates and the vice presidential debate, and that's exactly what they did. I would trust someone who is stronger in his convictions. The candidates change their minds and opinions a lot, and I have no respect for that. As leaders, they should have a strong set of beliefs and convictions."



Tory Zehnder, 18, McLean, Freshman at James Madison University

"I will vote for Romney, because of his pro-life views. I also don't believe there should be more taxing on the wealthy. I think we should have even and fair taxing. Once I get a job, I will definitely want a tax plan that I like. I'm excited that I can vote now. It will be good that my voice will be heard."



Stephen Garone, 18, McLean

"I am voting for Mitt Romney. I did my research and agree with what he is saying. He is more pro-life than other presidents. In regards to economic plans, Paul Ryan's tax plan is better. I don't trust Obama anymore."



Andrew Shaw, 18, McLean

"I'm voting for Mitt Romney. Obama hasn't done much for America and I think someone else deserves a chance."

—Jennifer Benitz

McLean
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NEWS DEPARTMENT:
To discuss ideas and concerns,
Call: 703-778-9410
e-mail:
mcleanc@connectionnewspapers.com

Kemal Kurspahic
Editor ♦ 703-778-9414
kemal@connectionnewspapers.com

Chelsea Bryan
Editorial Assistant
703-778-9410 ext.427
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debfunk@connectionnewspapers.com

Editor & Publisher
Mary Kimm
703-778-9433
mkimm@connectionnewspapers.com
@MaryKimm

Executive Vice President
Jerry Vernon
jvernon@connectionnewspapers.com

Editor in Chief
Steven Mauren
Managing Editor
Kemal Kurspahic
Photography:
Deb Cobb, Louise Krafft,
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Laurence Foong, John Heinly
Production Manager:
Jean Card
Geovani Flores
Special Assistant to the Publisher
Jeanne Theismann
703-778-9436
jtheismann@connectionnewspapers.com
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CIRCULATION: 703-778-9426
Circulation Manager:
Linda Pecquex
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Post-Sandy Clean Up

In the wake of Hurricane Sandy, Churchill Road eco-patrols helped with the storm-related cleanup. Working with Hever Palma, building supervisor, the team helped rake all the leaves on the school grounds as a result of the strong winds. Using iPOD technology, Patrol Lauren Cain (far left), relays the students' position to Patrol Supervisor Jordan Craig Kuhn at Patrol Headquarters in the school's technology lab.



Photo by Kim Moran

Churchill Road Eco-Patrols Lauren Cain, J.J. Bellaschi, Katherine Walker, Ryker Bendewald and Haley Soutter assist Building Manager Hever Palma with grounds cleanup after Hurricane Sandy.

School Notes

Send School Notes to mclean@connectionnewspapers.com. Deadline is Friday.

The following students were named semifinalists in the 2013 National Achievement® Scholarship Program: **Taylor N. Brown** and **Zakiy S. Gharad** from McLean High School; **Margaret C. Secor** from James Madison High School; and **Misa C. Mori** from Oakton High School.

The following students were named semifinalists in the 2013 National Merit Scholarship Program: **Patrick F. Sanguinetti** from Flint Hill School; **Katherine Fowler, Benjamin Haines, Thomas F. Lomont, Atussa Mohtasham, Jeremy K. Park, Amanda N. Rones, Abigail C. Skwara, Anna E. Stone** and **Faith C. Tetlow** from James Madison High School; **Bridget J. Bauman, Melissa C. Chang, Ambareesh Gorle, Tamera R. Lanham, Irene S. Lee, Andrew R. Seastram** and **Stewart C. Silver** from Oakton High School; **Paul Bernstein, Ryan W. Cheng, Aimee A. Cho, Christie S. Goddard, Eunyong C. Kim, Gene Kim, Margaret R. Mahoney, Yasmeen K. Mushtaq, Praveena Mylvaganam, Nadejda S. Nikolova, Kelvin Nui, Caitlin A. Rose** and **Mujtaba M. Wani** from Langley High School; **Taylor N. Brown, Shannon Chen, Maia D. Foster, Joshua D. Higbee, Annemieke L. Janssen, Vivek V. Kunnath, Lewis C. Milholland, Madelyn S. Paquette, Polina V. Tamarina, Nivetha Vijayakumar** and **Cedric Whitney** from McLean High School; **Stacey Y. Chiu, Charlotte A. Ferenbach, Julia L. Keller, Nicholas M. Kensinger** and **Caroline J. Resor** from Potomac School.

Cadet Cpt. Monica Valcourt, daughter of Jeffery and Nelcy Valcourt of McLean, and a junior at Massanutten Military Academy located in Woodstock, Va., recently completed a MIT course in Psychology through the Open Courseware Consortium. Ms. Valcourt is Alpha Company Commander; the highest ranking position of the only female unit at the Academy, Vice-President of the Massanutten Military Academy National Honor Society, Vice-President of Interact; a Rotary Club community service program for students, and a leader on the Army JROTC "Raiders"; an athletic and military competition team. The MIT course is one of many college level courses offered and is an introduction to the study of Psychology presented from a heavily scientific perspective. Monica, one of the youngest students to successfully complete the course, did so with an "A."

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Photos by Lori Baker/The Connection

The sixth grade chorus class, including students Kiley Hatch, Maddy Conroy, Lily James, Julia Cipollone, Emma Pelletier, Caroline Dauchess and Grace Talbott, practice one of their more challenging pieces, Laudate Dominum.

An Instrumental Program At Oakcrest School

McLean independent girls' school enjoys its musical reputation.

By Lori Baker
The Connection

When music teacher Anne Miller came to Oakcrest School 11 years ago, there was no formal music program. The small Catholic girls' school in McLean had no formal chorus, no band and no orchestra. So imagine her delight at the school's current reputation.

"It's been said that it's become a singing school," Miller said. "Which I think is beautiful," she added. Miller said the girls are constantly singing in the halls. They leave class singing.

As director of the school's music program, she built the program from the ground up.

The program started slowly. Middle school girls, grades sixth through eighth began with chorus. A music appreciation course was soon added. "They develop an understanding of the great classics as well, and some of them might come in thinking I don't want to learn this music," said Miller. "But invariably they leave saying, 'wow, I want to keep listening and going to concerts.'"

Though the school historically produced one show per year, Miller is proud that the girls now put on Broadway musicals, and present musical shows throughout the year. In fact, last year's Seussical production resulted in four Cappie award nominations for the school. Miller said that could not have been done without Oakcrest Theater Director Jessica Carey.

"I have never liked music class," said sixth grader, Caroline Dauchess. "But I like this music class. It's fun. We learn all these songs, like staccato." At the mention of the word, the students spontaneously belted out staccato demonstrations, which were quickly followed by giggles.

EACH CHORUS CLASS begins with a series of warm-ups, also cause for stifled giggles. The warm-ups feature a wide variety of stretches for not just the vocal chords, but for posture as well. "I think we learned a lot of cool techniques that help us sing a lot better," said sixth grader, Maddy Conroy. "It's a lot of fun. It's cool learning all of these songs



Oakcrest School's music team, Joanna Iwaskiw, Anne Miller and Elizabeth Black.

that you never thought would exist."

Depending on the time of day, music of another sort can be heard coming from the school's auditorium. Students with flutes, cellos, violins and oboes were spread throughout the room, focused on individual practice sessions.

On one recent October morning, they were just given a new piece of music to learn. Oakcrest Instrumental Music Director Joanna Iwaskiw moved throughout the room, individually coaching each student. Iwaskiw was hired just this year to get the school's new instrumentals program off the ground. Many of the students had previously played instruments, and Miller encouraged them to stick with those instruments until the school's instrumentals program could begin. The students have greeted the new program with enthusiasm.

Iwaskiw enjoys seeing what the children learn. And it's more than just music. "It is a place where the students really express themselves. Their character is very much shown while singing and playing music. And I've noticed also the girls' really hard work ethic, which is lovely to have."

THE GIRLS are beginning to prepare for a Christmas concert on Dec. 17. And Miller is pleased that the upper school chorus has been invited to sing for a third year with the McLean Orchestra, on Dec. 8 and 9, at Oakcrest. Both concerts are open to the public.

Miller said she is proud of the students, and the school's music program. "I am very happy to be able to give the students the opportunity to learn music, to express their creativity, to experience the beauty of music," she said.

Entertainment

Send announcements to mclean@connectionnewspapers.com. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com.

THURSDAY/NOV. 8

Romeo and Juliet Together (and Alive!) at Last. 7:30 p.m., in the Sherman Arts Center at the Langley School, 1411 Balls Hill Road, McLean. The middle school's Romeo and Juliet ditch the tragedy and get comedic. \$8. www.langleyschool.org.

A Night of Contemporary Folk Tunes: Tim O'Brien and Old Man Luedecke. 8 p.m., at The Barns at Wolf Trap, 1635 Trap Road, Vienna. O'Brien, first a folk musician in the 80s then a solo GRAMMY-winning bluegrass artist returns after three years with Old Man Luedecke and his narrative-driven folk songs. www.wolftrap.org.

FRIDAY/NOV. 9

Romeo and Juliet Together (and Alive!) at Last. 7:30 p.m., in the Sherman Arts Center at the Langley School, 1411 Balls Hill Road, McLean. The middle school's Romeo and Juliet ditch the tragedy and get comedic. \$8. www.langleyschool.org.

Chaise Lounge. 8 p.m., at The Barns at Wolf Trap, 1635 Trap Road, Vienna. The D.C.-based jazz ensemble bring the 60s swing-jazz scene with them. www.wolftrap.org.

SATURDAY/NOV. 10

Annual Fall Bazaar. 10 a.m.-4 p.m., in the Flame Room at the fire department, 400 Center St. S., Vienna. The bazaar features crafts and home-based businesses offering up holiday decorations, and home and gift items; baked goods and lunch available. 703-309-3468 or Dancers1023@aol.com.

36th Annual McLean Antiques Show & Sale. 10 a.m.-6 p.m., at the McLean Community Center, 1234 Ingleside Ave., McLean. American, English and European antiques; folk art, porcelains, paintings, prints, linens, Oriental carpets and more. \$7. www.pappabello.com.

Romeo and Juliet Together (and Alive!) at Last. 1 p.m., 7:30 p.m., in the Sherman Arts Center at the Langley School, 1411 Balls Hill Road, McLean. The middle school's Romeo and Juliet ditch the tragedy and get comedic. \$8. www.langleyschool.org.

Eddie From Ohio's and Julie Murphy Wells. 7:30 p.m., at The Barns at Wolf Trap, 1635 Trap Road, Vienna. Recognized as the "Best Contemporary Folk Group" by the Washington Area Music Association, Wells found national recognition with Eddie From Ohio. www.wolftra.com.

SUNDAY/NOV. 11

Veterans Day Ceremony. 11 a.m., 330 Center St. N., Vienna. USAF General Bob Ranck speaks; the public is invited (all are requested to park at the back of the building). 703-938-9535.

36th Annual McLean Antiques Show & Sale. 11 a.m.-5 p.m., at the McLean Community Center, 1234 Ingleside Ave., McLean. American, English and European antiques; folk art, porcelains, paintings, prints, linens, Oriental carpets and more. \$7. www.pappabello.com.

QL+ BBQ. 2-6 p.m., at the Pavilions of Turkey Run, 6310 Georgetown Pike, McLean. Themed "Empowering Heroes Through Technology." Quality of Life Plus holds a BBQ event with silent and live auctions, rides, games, face painting, arts and crafts, drinks and dinner to benefit the nation's heroes. \$50, adults; \$20, ages 6-18; 5-and-under, free. www.qlplus.org.

MONDAY/NOV. 12

Great Falls Freedom Memorial

Veterans Day Ceremony. 11 a.m., at the Freedom Memorial, 9830 Georgetown Pike, Great Falls. The Marine Corps Reserve, Great Falls Elementary School, the Great Falls Village Green Day School, Langley High's Madrigal Choir and founder of The American Veterans Center join together to remember.

TUESDAY/NOV. 13

AAUW Branch Program. 7 p.m., at the McLean Community Center, 1234 Ingleside Ave., McLean. A talk on the challenges and successes of bringing life saving preventive and curative health care to rural, under-served families in Ethiopia through the Rural Health Extension Worker Program.



Photo contributed

The Langley School will present its Middle School fall production of "Romeo and Juliet Together (and Alive!) at Last" Thursday, Nov. 8 through Saturday, Nov. 10, in the school's Sherman Arts Center. Pictured are Paige Hettinger and Isaac Feldman.

The Langley School Presents Comedic Version of 'Romeo and Juliet'

The Langley School will present its Middle School fall production of "Romeo and Juliet Together (and Alive!) at Last" Thursday, Nov. 8 through Saturday, Nov. 10, at 7:30 p.m. in the school's Sherman Arts Center, with an additional matinee performance at 1 p.m. on Saturday, Nov. 10. Tickets may be purchased in advance at www.langleyschool.org for \$8 each.

This comedic version of Shakespeare's classic love story takes place in the modern day when a group of middle schoolers decides to put on a production of "Romeo and Juliet" with the goal of sparking a romance between two of their shy classmates who are cast as the play's hero and heroine. But lack of dramatic expertise, only two weeks of rehearsal, an inadequate set, and a classmate's villainy threaten the well-meaning endeavor every step of the way. When the big day finally arrives, lines are dropped, costumes rip, and scenery tumbles. Yet, in spite of everything, true love triumphs in the end.

703-790-5550.
AAUW Military Roles. 7 p.m., at Patrick Henry Library, 101 Maple Ave. E., Vienna. A retired naval commander shares her experiences and talks on changes in technology, the role of women in the military and the armed forces' evolving missions. 703-321-7499.

WEDNESDAY/NOV. 14

Karla Bonoff and Steve Forbert. 8 p.m., at The Barns at Wolf Trap, 1635 Trap Road, Vienna. Folk-rock music veterans return with classics and new songs. www.wolftrap.org.



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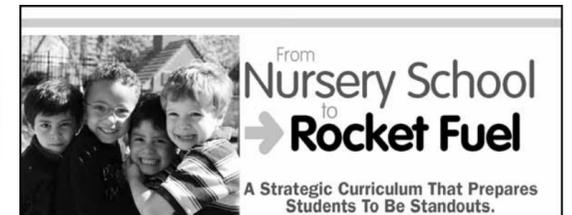


Photo by Kenneth M. Wyner

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Tysons Tax District Questioned

Residents, Taxpayers Alliance oppose new taxes.

By Nicholas Horrocks
The Connection

The Fairfax County Board of Supervisors is expected shortly to create a tax "service" district in Tysons Corner that will fund 11 percent of the estimated \$3 billion in transportation projects over the next 40 years as the giant redevelopment plan moves forward.

Walter Alcorn, who headed the planning commission's Tysons Task Force, told the supervisors at the Oct. 16 meeting that though the tax district will provide a small percentage of the overall costs it was vital because the tax district will mean a "cash flow" that will allow transportation projects to move forward immediately.

The tax district was the most controversial aspect of the Tysons infrastructure funding proposal. The other controversial issue was a requirement that developers create a portion of subsidized housing even though Tysons is expected to have residents earning over \$100,000 a year.

The plan that would grow Tysons over the next 40 years from a village of 17,000 permanent residents and 105,000 day workers to an employment Mecca of 200,000 and a residential population of 100,000 has the supervisors sup-

port and a public transportation survey in the County found a majority of residents backed transportation plans as well.

But for the 17,000 people now living in Tysons, the tax district is a painful decision because it means increased taxes in a County where taxes are already heavy and they will face the disruption of the construction projects.

THE TYSONS CORNER FUNDING plan was created by the Fairfax County Planning Commission after nearly 18 months of study. It envisions developers building the street grid system, but leaves to County taxpayers ramps to the expanded roadway system. County taxpayers are already on the hook for building four Metro Stations in Tysons Corner to service the Silver Line that is under construction.

The ambitious plan grew during one of the hottest housing booms of Fairfax's history. Housing prices soared and equities grew. The boom in turn was fed by millions of dollars of federal and defense expenditures in Northern Virginia. Typical family real estate taxes grew as well from \$2,400 a year to \$4,800.

But in 2012, the hopes of that glorious vision have run into the reality of a post recession Northern Virginia and the tightening of

federal expenditures that could spell limitations in the future.

The Metrorail has arrived and is slated to be completed some time in 2013; four stations in Tysons and one at Wiehle Avenue in Reston. In July, Loudoun County supervisors voted to buy into the Silver Line, which means its phase two project to Dulles airport will continue.

This phase two project is backed primarily by a special taxing district in Loudoun County and the drivers along the Dulles Toll Road.

As Thomas L. Cranmer, a director of the Fairfax County Taxpayers Alliance wryly puts it, "the taxpayers have generously provided subway stops for developers." He is one of a growing clique who thinks that Tysons redevelopment will be an economic disaster, based on faulty estimations of revenue.

IN AN INTERVIEW, Cranmer restated his objections to the plan:

❖ Housing values have fallen due to recession, but the high taxes of the mid-2000s have re-

mained high.

❖ Federal government spending is growing tighter and the Department of Defense anticipates sharp cuts.

❖ The office market, the very center of the notion of historic expansion for Tysons Corner, is down 17 percent and the federal workforce is contracting.

❖ Large projects in nearby jurisdictions mean competitors for Tysons Corner. In Alexandria construction is under way on a 20-year, 300 acre project which will include high rise office buildings, perhaps an additional Metro stop and could attract a work force of 60,000. In Arlington, the County is working hard to repopulate the Crystal City development which until recently had a work force of some 60,000.

❖ When the military's Base Realignment and Closure program (BRAC) moved 20,000 employees from Arlington to Alexandria, South Fairfax and Prince William County in 2010, it created a mini office building boom around Ft. Belvoir and increased development in Prince William County.

BBQ Fest Honors Vets

Wounded warriors, military dignitaries, civic and business leaders join together.

The 4th Annual Quality of Life Plus (QL+) Veterans Day BBQ brings the attorney general of Virginia, state delegates and County supervisors, other elected officials, active duty and Veteran service members, local sports celebrities, and media personalities together to eat BBQ, bid on auction items, participate in family activities and "Empower Heroes Through Technology"—the event theme—through seeing QL+ assistive devices, made on a case-by-case basis to help veterans live with fewer physical limitations. Event goers also get to meet the injured veterans who have benefited from them.

On Sunday, Nov. 11 from 2 to 6

p.m. at the Pavilions of Turkey Run in McLean, attendees will support that cause, helping veterans accomplish their goals in sports and their everyday lives.

All proceeds from the BBQ will fund projects at the QL+ Laboratory where multidisciplinary teams of students and faculty work together to research and develop innovative technologies designed to assist those injured in the line of duty. BBQ admission is 100 percent tax deductible, and costs \$50 for adults, \$20 for children ages six to 18, and is free for children under five for those who register by Oct. 30. For more information and to purchase tickets, please visit, <http://www.qlplus.org>.

Faith Notes

Faith Notes are for announcements and events in the faith community. Send to mclean@connectionnewspapers.com. Deadline is Friday.

Thanksgiving Season Labyrinth Walk. On Nov. 17, anytime from 4 p.m.-7 p.m. Charles Wesley United Methodist Church Fellowship Hall, 6817 Dean Drive, McLean, will host Thanksgiving Season Labyrinth Walk. A labyrinth is a safe calm space to think and reflect. It's easy to navigate and it's impossible to get lost within a labyrinth. You can walk the labyrinth at your own pace and for your own reasons. You can walk in contemplation, in search of guidance, in remembrance, in grief, in thanksgiving, to work on your balance, or simply to try something new. www.charleswesleyumc.org

Reverend Raushenbush, senior religion editor for the Huffington Post, speaks on "The Power of the Internet in Our Spiritual Lives," on Sunday, Nov. 18 at 11:30 a.m., at Immanuel Presbyterian Church, 1125 Saville Lane, McLean. 703-356-3042.

Redeemer Lutheran Church, 1545 Chain Bridge Road, McLean, at the intersection with Westmoreland Street has Sunday worship with Holy Communion at 8:30 a.m., traditional style worship; 9:45 a.m., contemporary style worship; and 11 a.m., traditional style worship. Sunday School and Adult Forum is at 9:45 a.m.

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Wellbeing

Racing for Superheroes

Event benefits local nonprofit organizations

By Marilyn Campbell
The Connection

From children wearing superhero capes to costume-clad adults to tots in strollers, participants took to the streets of Arlington last month to raise money for charity as part of the fourth annual Acumen Solutions Race for a Cause 8K and 1-Mile Fun Run.

"This year's Race for a Cause was a shining example of the power of community. Our goal is to not only raise awareness and much needed funds for our 10 nonprofit partners, but to engage the community in a way that enables us all to feel the impact," David Joubran, Acumen's president and CEO, said in a statement.

Acumen Solutions identifies 10 local nonprofit organizations that they dub "superheroes." Through race registration, more than 3,000 people selected and secured funds for one of the 10 organizations. The nonprofit organizations also help raise money. The Fairfax County Boys & Girls Clubs of Greater Washington came in first place.

"Our teamwork made it possible. We recruited runners and donors and sponsors," said Wonhee Kang, the regional director of Fairfax County Boys & Girls Clubs of Greater Washington.

The Women's Center in Vienna placed second, followed by Greenbrier Learning Center in Arlington.

"We are thrilled and delighted to have won second place thanks to the efforts of our board, our staff, our therapists and all of our community supporters. We had a wonderful showing of support," said Carol Loftur-Thun, executive director of the Women's Center in Vienna.

"We offer counseling services to more than 2,500 people from D.C., Maryland and also right next door in McLean and Great Falls," she continued. "About 60 percent received counseling services at a reduced fee or less. The race and the funds that will be awarded will go to help support our services."

Even those who were not among the top winners saw the race as an opportunity to increase their visibility in the community. "What I love about this event is that all kinds of people sign up to race. They learn about the nonprofits in their community who are doing good work and they can sign up to volunteer," said Patti Donnelly, executive director of the Literacy Council of Northern Virginia in Falls Church. "We tutor adults who are learning to read, write and speak English all throughout the Northern Virginia region, from Alexandria to Herndon to downtown Fairfax to Arlington County. We need to reach a lot of people in Northern Virginia."

Other participating nonprofits that will also receive monetary funding include Our Daily Bread in Fairfax, The Reading Connection in Arlington, and Washington, D.C.-based Education Pioneers, Young Playwright's Theater, United for D.C., and For Love of Children. Funding will be announced and distributed at a Nov. 28 race celebration event.



Photos courtesy of Acumen Solutions

Participants in the fourth annual Race for a Cause cross the finish line. The event raised money for local nonprofit organizations.



The fourth annual Acumen Solutions Race for a Cause 8K and 1-Mile Fun Run raised money for local nonprofit "superheroes." The McLean-based Acumen team is pictured here.

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Wellbeing



Photo Contributed

Springfield resident Fred Griffin has been square dancing since high school. Researchers say dancing can improve mental and physical well-being.

Cutting a Rug

Researchers say dancing can improve balance and mental ability in seniors.

By Marilyn Campbell
The Connection

Springfield resident Fred Griffin enjoys a good hoe down and takes pleasure in doing a do-si-do. In fact, he has been square dancing since high school.

"At this time in my life, square dancing is the most enjoyable exercise activity, as well as the most consuming mind and body activity, that I participate in," said Griffin, a 76-year-old resident of Greenspring retirement community.

Researchers say dancing can improve mental and physical well-being in the elderly. According to studies published in *Frontiers in Aging Neuroscience*, dancing can improve cognitive ability and balance, and decrease the risk of falling that often increases with age.

"The key to improving balance and coordination, regardless of age, is to challenge it," said Rita Wong, a professor of physical therapy at Marymount University in Arlington. "Dance can be a fun and effective way to challenge your balance and to improve the control and coordination of your muscles. [This gives you] better control of unanticipated challenges to your balance that occur in real life situations, which may result in a fall if the body is not able to

quickly respond to a balance challenge."

Wong said dancing is effective because it requires using arms, legs, and torso in coordinated patterns.

"Ongoing dance classes should gradually increase the speed and complexity of the dance steps as participants improve with practice," she said. "The amount of chal-

lenge should start out geared to the physical activity level of the person."

Juanita Kuntz, a Springfield-based wellness coordinator, agrees: "Dance classes, just by their very nature, help maintain balance, coordination and agility. These all help reduce the risk of falling," she said. "Aerobic activity provides extra energy and helps you relax and sleep better."

Dancing, like other forms of exercise, can improve mental clarity: "Research shows that physical activity can positively affect con-

nections between nerves in the brain, thereby improving attention and information-processing skills," Dominique Banville, director of George Mason University's Division of Health and Human Performance in Fairfax, said in an email.

Kuntz also said that dancing can be a pleasurable social opportunity for seniors: "Add the fun and friends to the mix of a dance class, and it is a near perfect activity for many...seniors."

"Dance classes, just by their very nature, help maintain balance, coordination and agility. These all help reduce the risk of falling."

—Juanita Kuntz, wellness coordinator



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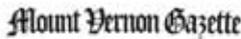
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McLean Connection ❖ November 7-13, 2012 ❖ 15

Sports

Physical Langley Beats McLean

Novacki's all-around effort, Casso's career day lead Saxons.

By Jon Roetman
The Connection

Langley linebacker Philip Novacki recovered a McLean fumble in the second quarter and headed toward the end zone. The six-foot-three, 220-pound senior plowed through multiple would-be tacklers, who tried in vain to wrestle him to the turf. The Highlanders even grabbed Novacki's facemask, which resulted in a penalty, but they couldn't keep the sturdy Saxon from crossing the goal line.

However, Novacki's struggle for six went for naught as officials ruled he stepped out of bounds during the return—a call with which the Saxon sideline strongly disagreed.

"I scored on that," Novacki said after the game.

Three plays later, Novacki scored a touchdown that counted. With the ball at the one-yard line, Novacki, who moved from receiver to quarterback, took a shotgun snap and smashed his way into the end zone.

Novacki and the Saxons would continue their physical play as Langley closed the regular season by pounding its Liberty District rival.

Langley defeated McLean, 27-7, on Nov. 3 at Langley High School. The Saxons rushed for 226 yards and extended their winning streak to three games heading into the playoffs.

Novacki was a difference-maker on both sides of the ball. His fumble recovery helped the Langley defense hold its third opponent this season to fewer than 10 points. On offense, he carried four times for 11 yards and a touchdown, had two receptions for 63 yards and completed a pass for a two-point conversion.

"We just want to be the most physical team," Novacki said, "and just pound it down."

MCLEAN, which needed a victory to reach the

postseason, managed just 131 yards of offense and turned the ball over three times. The Highlanders finished the year with a 4-6 record.

"[Langley is] a good team," McLean Head Coach Dennis



Langley quarterback Nick Casso rushed for a career-high 125 yards against McLean.



Langley senior Philip Novacki (2) plows into the end zone while Philip Mun (4) and Alex Kolencik (52) lead the way on Nov. 3 against McLean.

Worek said. "We played as hard as we could."

On defense, the Highlanders focused their efforts on stopping Langley running back Philip Mun, who has been a force in the Saxons' read-option spread offense.

Casso carried 19 times for a career-high 125 yards and a touchdown. He also completed four of nine passes for 79 yards.

"He did a great job running the ball and that was the difference-maker," Langley Head Coach John

Howerton said. "[McLean] did do a nice job slowing Mun down and jamming the box up there and playing man. . . . Nick was the difference today. I think [the High-

landers] said we're going to make the quarterback beat us either throwing or running and he did."

Casso got off to a strong start, breaking off a 53-yard run on Langley's first play from scrimmage.

Mun carried 19 times for 82 yards and two touchdowns against McLean. While the Highlanders kept Mun in check from a yardage standpoint, Langley quarterback Nick Casso made McLean pay for its defensive strategy.

"We're on a good roll. We've ended the season well and I think we can do some good things in the playoffs."

— Langley quarterback Nick Casso

Sports Roundups



Photo by Craig Sterbutzel/The Connection

Langley junior Alex Andrejev was named first-team All-Northern Region for volleyball.

Langley Volleyball Wins Liberty District Title

The Langley volleyball team defeated Fairfax, 3-2, in the Liberty District Tournament final on Nov. 3 at Stone Bridge High School, giving the Saxons their first district title since 2007.

Two days later, Langley defeated T.C. Williams, 3-2, in the opening round of the Northern Region Tournament. The Saxons faced Washington-Lee in the regional quarterfinals on Nov. 6, after The Connection's deadline.

Langley junior Alex Andrejev was named first-team All-Northern Region and senior Jenna Dean earned honorable mention all-region. Andrejev and Dean were named first-team All-Liberty District, senior Hoai-Nam Bui was second team and senior Cathrine Baek garnered honorable mention.

McLean's Slotkoff Earns All-Region Honors

McLean senior Lexi Slotkoff was named second-team All-Northern Region for volleyball. She also garnered first-team All-Liberty District honors.

Senior Angela Pubal made second team all-district and junior Elena Karakozoff received honorable mention.

"Going in," Casso said, "we were just going to work with what the defense gave to us and see if they keyed on Mun."

The Highlanders did, and Casso made them pay. The junior signal caller scored on an 8-yard run with 2:40 remaining in the fourth quarter, putting the finishing touches on the Langley victory.

"I put it on my shoulders," Casso said, "to try and take some stress off [Mun] in the running game."

On defense, senior lineman Kyle West recovered a fumble for Langley and senior defensive back Aaron Yi intercepted a pass. McLean's seven points marked the second-lowest point total allowed by the Saxons this season.

"We played inspired," Novacki said of the Langley defense. "The whole year we've been told we've been a good defense, but I feel like today we finally stepped up and showed we're a great defense."

LANGLEY started 3-1 this season

before experiencing a three-game losing streak. The Saxons lost to Chantilly, a Division 6 playoff team, by one point, Madison, the No. 3 seed in D5, by three points and Yorktown, the No. 2 seed in D5, by 10 points. Langley's most lopsided loss was a 27-6 defeat against Stone Bridge, the No. 1 seed in D5. The Saxons closed the regular season with victories against South Lakes, Fairfax and McLean to finish 6-4.

"I really think this is the best team I've had as a whole [in the 10 years] I've been here," Howerton said. "... We could very easily have been 9-1."

Langley is the No. 5 seed in the Division 5 Northern Region playoffs and will travel to face No. 4 Hayfield at 7:30 p.m. on Friday, Nov. 9. Hayfield finished the season 7-3 and was runner-up to Yorktown in the National District.

"We're on a good roll," Casso said. "We've ended the season well and I think we can do some good things in the playoffs."

News

In addition to the more than 50 quality dealers, there will be free verbal appraisals available from Peenstra Antiques Appraisals on a first-come, first-served basis.



Photo contributed

McLean Antique Show & Sale Returns Nov. 10-11

The 36th Annual McLean Antique Show & Sale will be held at the McLean Community Center from 10 a.m. to 6 p.m. on Saturday, Nov. 10 and from 11 a.m. to 5 p.m. on Sunday, Nov. 11. Admission is \$7 for adults and can be used on both days of the show. Proceeds of the show will benefit The Alden's James C. Macdonald Arts Scholarship Fund. The center is located at 1234 Ingleside Ave.

Managed by Pappabello Shows, the sale offers American, English, Asian and European antiques, decorative accessories, furniture, folk art, fine porcelains, silver, linens, paintings, Oriental rugs, jewelry and more. This year's show vendors include: Shogun Gallery & Rubiyat Collection, Falls Church,

Va.; Antiques of London; Chimney Corner Antiques of Newburyport, Mass.; Gold Leaf of Atlanta, Ga.; Gardner Burke Antiques of Washington, D.C.; Inuit Images of Sandwich, Mass.; Len Harmon Antiques of Vilas, N.C.; and White Orchid of Medea, Pa. In addition to the more than 50 quality dealers, there will be free verbal appraisals available from Peenstra Antiques Appraisals on a first-come, first-served basis. Lunch and dinner fare will be provided by La Madeleine French Country Cafe.

For more information or to download a \$1 discount admission coupon for the show, visit the center's website: mcleancenter.org/special-events/upcoming or call the Center at 703-790-0123, TTY: 711.

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Fairfax		
3953 Kathryn Jean Ct.....	\$479,000...Sat 1-3.....	Kathleen Miller.....Samson Props..703-409-7637
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9704 Layminster Ln.....	\$1,399,000..Sun 2-4.....	Steven Wydler.....Long & Foster..703-873-5020
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Woodbridge		
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Weight For It



By **KENNETH B. LOURIE**

This reference is not about pounds, per se. It is about the two largest tumors in my lungs, inoperable in that they are located between the two halves which make up the whole lung. "Inoperable" defines stage IV lung cancer, along with the cancer having moved from its primary location (still unknown at this time) to a secondary location (my lungs) where we certainly have become familiar with it, but oddly enough, not symptomatic because of it.

One of the first questions my oncologist asked me way back when, at our initial Team Lourie meeting, was if I felt anything heavy in my chest. I said I did feel a weight/heaviness in the middle of my chest; in the exact spot he said, after I pointed it out, where the tumors were located, sort of confirming what all the test results and biopsy had indicated: a growth (determined to be malignant) where it wasn't supposed to be. To this day, 44 months later, the most recurring question my oncologist asks me when we meet is whether I feel that "heaviness" in my chest. More often than not, my answer has been "No," a clear indication, along with the results from my regular CT Scan, that the tumors that have been weighing on my mind were, for that particular two-month interval of treatment, not growing (appreciably, anyway; I try to be realistic). "News with which," as I so often say, "I can live."

I remember three and a half years ago when the significance of this heaviness issue became more obvious to me. It was at the first appointment I had with my oncologist after I had been infused with two or three rounds (six hours+ per round) of heavy-duty chemotherapy. Once the standard pleasantries and how-are-you-feelings were out of the way, we got into more detailed doctor-patient talk: "Kenny," my oncologist asked, "do you not feel anything?" Repeating the question out loud and sort of scoffing at its ambiguity, I found myself, saying/snickering: "Do I not feel anything? Well, I sort of don't feel that weight in my chest." To which my doctor enthusiastically replied: "That's great! That's where the tumors are located. The chemotherapy seems to be working." (To say we were all a bit encouraged at the time would be the understatement of the universe. Little did we know, the roller coaster had only just begun.)

And so, this same "weight/heaviness" question has continued to be asked at every appointment (now bi-monthly). And every minute of every day, I am self-assessing any weight that I may feel in my chest and/or any other sensations originating from where I know the tumors are situated. What little I know now is, if I feel weight in my chest, perhaps the tumors are growing – or maybe not (ergo my ongoing Memorex-type problem: "Is it real or is it...?") Maybe it's fluid in my lungs or scar tissue scabbing over a shrinking tumor or nothing-in-particular-just-something-I'm-super-sensitive-to because of my age or circumstances? Either way, I'm always waiting and wondering if the weight of the world need be on my shoulders, if occasionally it's not in my chest.

What this all means is, confusion. As much as you want a straight answer and a clear understanding of what was happening to you – and why, and what might happen still, the day you were diagnosed with the cancer was the day all of that ended. And to complicate matters further, under such stressful circumstances as a terminal diagnosis, I can readily admit: One's mind has a mind of its own, and control of it, as with your television – made famous during the beginning of "The Outer Limits" (a mid-60s classic), doesn't belong to you. (Unfortunately, unlike the television show, control does not return in an hour.)

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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21 Announcements

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21 Announcements

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OBITUARY

Anne E. Green, age 89, of Great Falls, VA died on October 14, 2012 at her home, surrounded by her family.

"Annelie" Kuhn was born on January 13, 1923 in Fritzlur, Germany. In addition to her native German, Anne spoke French, English, and Spanish. She met her beloved husband, the late COL. Frank R Green USAF retired, in the first months after World War II when Anne was assigned to work as a translator with the dashing young Army Air Corps pilot. They fell deeply in love and Frank became the first field grade officer to be granted permission to marry a German citizen after the war. Frank and Anne sailed off to a new life in the USA and Anne took to the life of a US military officer's wife immediately, becoming an active participant and even president, of the officers' wives clubs wherever Frank served. They enjoyed traveling the world with the USAF and also as private tourists. Anne even rented a car and took her young daughters on a month-long trip of a lifetime through Europe so she could share her European heritage with them. Her language skills, ebullience and extraordinary energy made life and travel with Anne a cherished adventure. After retirement, Frank and Anne lived initially in the Lake Barcroft area of Falls Church, moving to Great Falls in 1978. In Great Falls Anne was active in the Republican Women's Club and the Great Falls United Methodist Church. She also raised funds for the telecommunications for the deaf program.

Anne was the devoted mother of Anne Green Baughman of Vienna, VA and Barbara J. Green of Cohasset, MA. She also is survived by her two grandsons, Stephen R. Baughman of Arlington, and Philip W. Baughman of Great Falls, who cherished their extremely close relationship with their grandmother, and by her son-in-law, William W. Baughman, Jr.

A Memorial Service will be held on Sunday, November 11th at 3pm at the Great Falls United Methodist Church, 10100 Georgetown Pike, Great Falls, VA 22066. Funeral Services at Ft. Myer Old Post Chapel will be held on Monday, November 26th at 3pm, with graveside services immediately following at Arlington National Cemetery.

The family suggests that memorial contributions may be made to the Military Officers' Association of America (MOAA) Scholarship Fund (www.moaa.org, 201 N. Washington Street, Alexandria, VA 22314), or to the Mighty Eighth Air Force Museum (www.mightyeighth.org, P.O. Box 1992, Savannah, GA 31402), or the Air Force Memorial Foundation (www.airforcememorial.org, 1 Air Force Memorial Drive, Arlington, VA 22204). Please view and sign the family guest book at www.moneyandking.com. Arrangements by Money and King Funeral Home, Vienna, VA.

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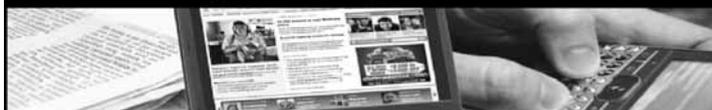
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