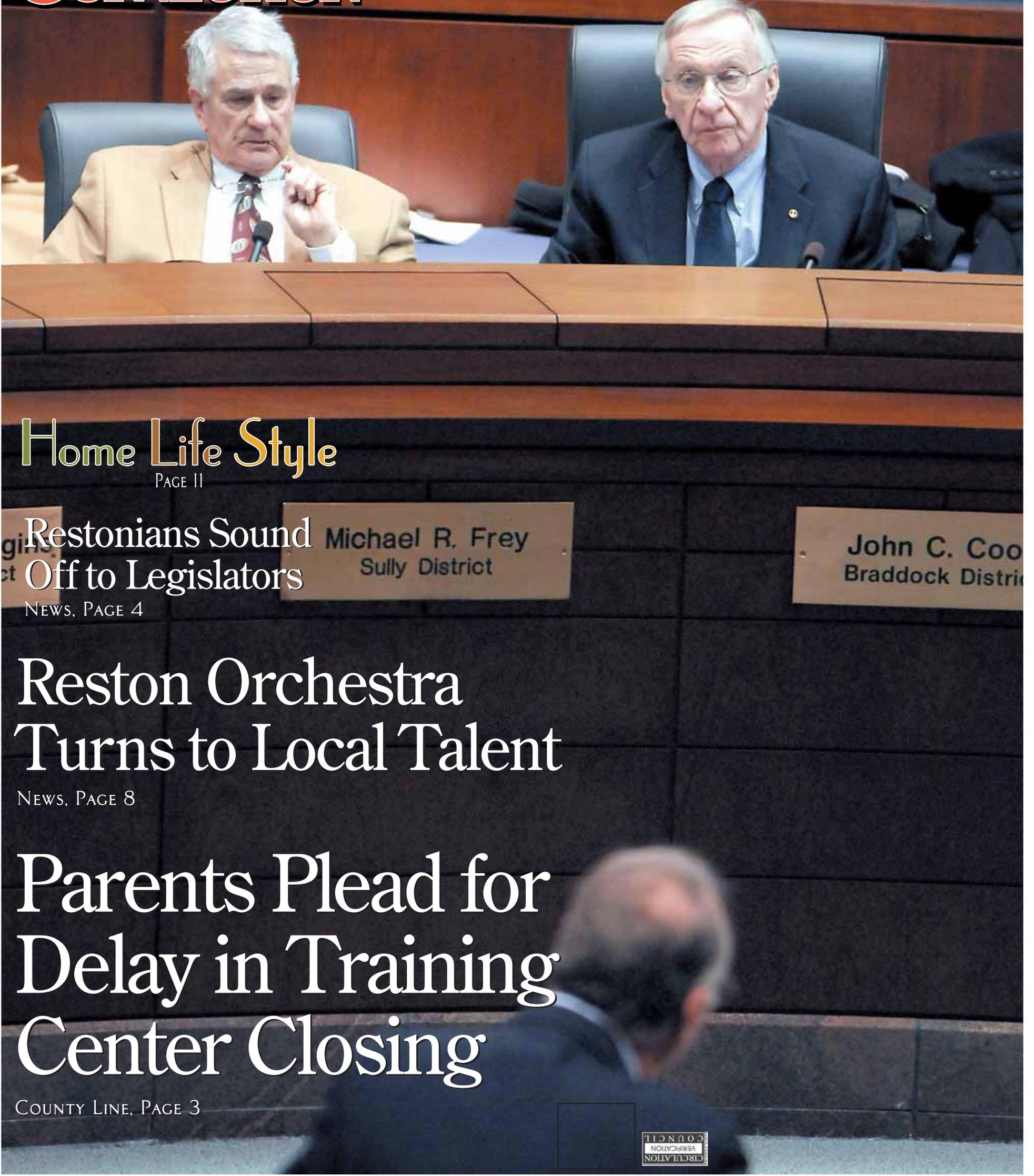


# Reston CONNECTION

Delegates Tom Rust (R-86) and Ken Plum (D-36) listen to a Northern Virginia resident on Saturday during a public hearing.



## Home Life Style

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## Restonians Sound Off to Legislators

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PHOTO BY ROBBIE HAMMER/THE CONNECTION



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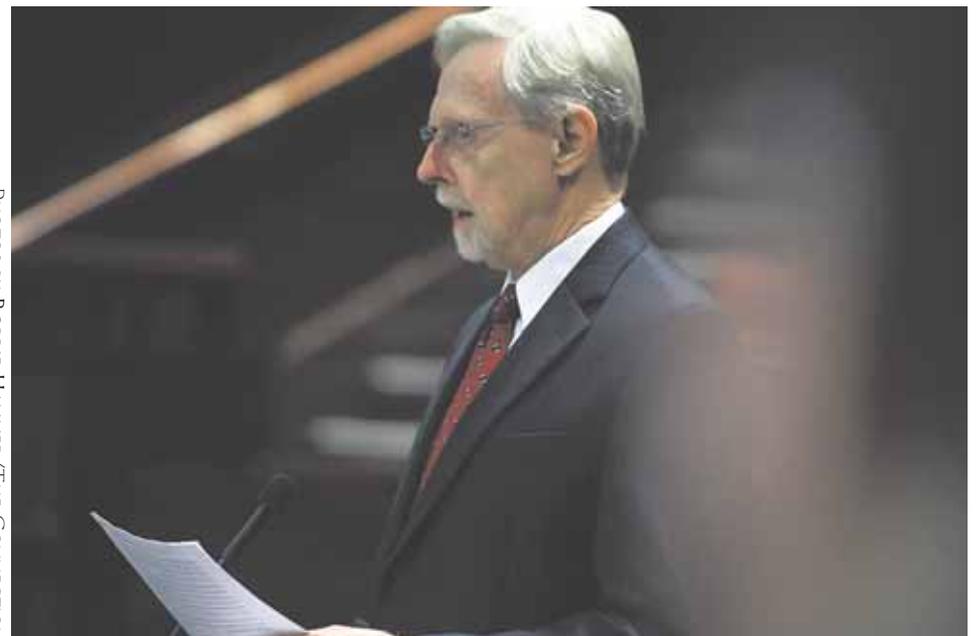
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# THE COUNTY LINE

RESTON CONNECTION EDITOR KEMAL KURSPAHC  
703-778-9414 OR RESTON@CONNECTIONNEWSPAPERS.COM



PHOTOS BY ROBBIE HAMMER/THE CONNECTION



Representing the Northern Virginia Training Center Parents and Associates Board, Robert Anthony of Reston addresses the concerns of NVTC and asks for the General Assembly to address their concerns in the upcoming session.

State Sen. Barbara Favola (D-31) and delegates Tom Rust (R-86), Ken Plum (D-36) and Scott Surovell (D-44) listen as Northern Virginia residents share their concerns, ideas and personal stories for what the Virginia General Assembly should take up in the next session.

## Parents Plead for Delay in Training Center Closing

**Timeframe for closure puts disabled adults at risk, advocates say.**

BY VICTORIA ROSS  
THE CONNECTION

When it was Kenneth Gans' turn to speak to the panel of Virginia state legislators, the 78-year-old father of a severely-disabled son kept his remarks brief. "This is absolute madness, a bloody disaster," Gans said, shaking his head. "You're going to fix a problem by destroying a perfectly good place," Gans told lawmakers, referring to the closing of the Northern Virginia Training Center, where his son Jeffrey, 53, has lived for more than 40 years.

He was among nearly 25 parents, caregivers and stakeholders to plead with legislators to reconsider the timeline for closing the center, a state-run facility on Braddock Road that houses nearly 200 residents. The center is scheduled to close in 2015.

"We consider NVTC a miracle, a blessing," Gans said. "My son Jeffrey is 53, but he will remain an infant the rest of his life. My greatest fear is that he will not survive for long in a group home," Gans said.

The annual public hearing, held Saturday at the Fairfax County Government Center, gives any constituent the opportunity—in three minutes or less—to lobby Fairfax County's delegation to the General Assembly.

During Saturday's public hearing, 77 residents addressed the panel for nearly four hours on an array of topics. Fairfax County Board of Supervisors Chairman Sharon Bulova, who opened the public hearing, stressed the county's need for



Richard Kaufman, attorney for the Town of Herndon, talks about how conflict and confusion of power can often happen between county and town governments.

additional funding for education and transportation.

"As you know, K-12 and transportation continue to be key funding issues for Fairfax County," she said, reiterating that Governor Robert McDonnell's proposed \$48 million in transportation funding is "nowhere near enough to solve the commonwealth's transportation problems."

"In Fairfax County alone, we have identified \$300 million in transportation needs annually for the next 10 years," she said.

John Horesji, coordinator for Social Action Linking Together (SALT), asked lawmakers to support a number of social policy

reforms to help the state's most vulnerable residents. He said SALT's priorities include the expansion of Medicaid and banning the practice, through legislation, of shackling pregnant women in Virginia prisons.

Helen Kelly, a representative for the League of Women Voters of the Fairfax Area, pressed lawmakers to consider no-excuse absentee voting and online voter registration.

"Our vote is our voice. Let's make sure Virginia's voices are heard," Kelly said.

But a recurrent topic for nearly half the speakers concerned the closing of the NVTC. They want legislators to slow down the timeline for shuttering the center, and to increase funding for Medicaid disability waivers. The waivers help families pay for medical services and equipment for those with intellectual or developmental disabilities.

The closing of NVTC is not a surprise.

**LAST JANUARY**, the Commonwealth of Virginia and the U.S. Department of Justice reached a settlement to close all but one of the state's training centers for the developmentally and intellectually disabled. At the time, Supervisor John Cook (R-Braddock) and Chairman Bulova released a statement saying the county supports "community-based care," but that it was "critical in this regard that sufficient funding is provided in order to make the transition successful."

The question now, according to parents and stakeholders, is whether the state has sufficient funding to provide that quality community-based care.

"The waivers provide funding for services, but the state does not fund the waivers at a high enough rate to meet costs in the Northern Virginia market..." said Cook, whose

district includes the NVTC facility. "We believe that state needs to increase the level of funding for the waivers."

Rikki Epstein, executive director of the ARC of Northern Virginia, echoed Cook's sentiments. She told legislators that while Virginia's settlement agreement with the DOJ "provided us with a historic opportunity to reform the entire disability support structure in Virginia," funding for disability waivers also needed reform.

Epstein urged the delegation to vote for waiver rate reforms that reflect "real and regional costs of providing services, so families can hire attendants who are able to stay on the job and to allow providers to support individuals with the most complex needs." She said more than 10,000 Virginians will be stuck on waiting lists for the next decade unless the state provides "more waivers than the DOJ settlement requires."

Kymberly DeLoatche, a Falls Church resident, told lawmakers about her family's struggles with Medicaid waivers while standing with her 9-year-old son Charlie, who has Down syndrome. She said the current Medicaid waiver program does not provide consistent, adequate care for her son. She told legislators that in the seven years her family has qualified for Medicaid waivers, Charlie has received just three weeks of the 24-hour daily care he needs.

"It sounds crazy, and it is. My job and my sanity depend on your actions," she told legislators.

Vienna resident Jack Bruggeman told legislators his family is "reluctantly facing a new reality" regarding moving his sister Cathy, an NVTC resident for 30 years, to a new community home.

He gave legislators copies of a December letter from Mark Sites, chair of the Fairfax-Falls Church Community Services Board (CSB), which provides services for 88 indi

SEE CLOSURE, PAGE 4

# Restonians Sound off to Legislators

PHOTO BY ALEX McVEIGH/THE CONNECTION

**Metro funding, gun control high priorities for residents in General Assembly session.**

BY ALEX McVEIGH  
THE CONNECTION

State Sen. Janet Howell (D-31) and Del. Ken Plum (D-36) spoke to Reston residents about their priorities and goals for the upcoming General Assembly session Thursday, Jan. 3. The session, which starts Jan. 9, is scheduled for 30 days, with the possibility of an additional 30 days if needed. This is standard procedure for odd-numbered years; during even-numbered years the session is scheduled for 60 days.

Chief among residents' concerns were plans for stricter gun control legislation in the state. Howard Bender said he would like to see "sanity" prevail when it comes to reforming gun control laws.

"It's hard to believe that the NRA has a saner policy than the governor on gun control. The NRA says let's put police officers in schools, the governor says, 'Let's arm the teachers' so we can have a shootout at the OK Corral," he said. "What we need our legislators to do, and I understand they're the minority party which makes it tough, but we need to introduce bills that present a sane

gun control policy. Whether its banning assault rifles, better checks on people, those are things we need to do."

Sally Brodsky says she would like to see legislation that compels gun owners to make sure their weapons are secure.

"I believe in Fairfax County, if you walk on my sidewalk and slip and fall in the snow, I am liable. If your daughter drowns in my swimming pool because I had no fence

around it, I'm liable," she said. "So what about this, you can have your gun, but you have to sign a form that says whatever this gun is used for, by whomever, you are criminally liable. That means you are basically agreeing to get a safe and lock it up."

Howell said she plans to introduce a bill that would close the "gun show loophole," which allows guns to be purchased at shows without background check.

Plum said he hoped future legislation would restore Virginia's once-strict gun control laws.

"We've had reasonable gun control sanctions in the past, but



**Resident Jane Anthony tells Sen. Janet Howell (D-31) and Del. Ken Plum (D-36) what legislation she would like to see in the upcoming General Assembly session.**

we've slowly been chipping away at those. We have to reverse that trend," Plum said. "We have to close the gun show loophole."

In addition to a bill proposing to close the gun show loophole, Howell said she plans to introduce a bill for in-person, no-excuse absentee voting.

"Last election, people had to give a reason if they did in-person absentee voting, but my bill would not require you to give a reason," Howell said. "You just go in and cast your vote."

Colin Mills, president of the Reston Citizens Association, said he hopes Howell and Plum, among

others, pursue funding from the state and from federal grants like Transportation Infrastructure and Financing Act (TIFIA) funds.

"A lot of people are going to have to give a little bit, there's not going to be one funding source, not just state or feds," he said. "Some of the downstate legislators think that this is a regional transportation issue and we should be funding it on our own, but the economic development that will come with the Silver Line will benefit the whole commonwealth. This is a statewide economic development project, not just a regional transit line."

## Closure Timeline Questioned

FROM PAGE 3

viduals living at NVTC, that raises questions about the state's timeline for closing the NVTC.

"I am holding in my hand two letters," he told the delegation. "One I received just last Friday from Heidi Dix, [the state's assistant commissioner of developmental services.] In her three-page letter, Ms. Dix outlines an elaborate placement process for the transition of current residents of NVTC to community placements. This will be done starting July 1 of this year and continue into 2015..."

"I also have another letter," Bruggeman continued "addressed to Governor McDonnell in which [CSB Chair Mark

Sites] says there is not enough funding or enough time to develop adequate capacity and services for the transitioned resident of NVTC. So which of these two letters do I trust?"

He has a point, said Del. David Bulova (D-37).

"There is a lot of concern and discomfort among legislators about plans to close NVTC, especially on a very tight deadline," Bulova said after Saturday's session. "While I strongly support increasing community-based services, we also do everyone a great disservice if we close NVTC without the proper support and oversight to make sure that the level of care is equal, if not greater, than what is received at NVTC."

Bulova said that he has been working on a resolution with Sen.

Barbara Favola (D-31) and Del. Eileen Filler-Corn (D-41) that would provide more General Assembly oversight for the transition process, including establishing some benchmarks for what would make families comfortable with moving forward.

"If those benchmarks aren't being met, and adequate funding hasn't been dedicated, we really have an obligation to also re-examine the timeline for closure...No artificial deadline is important enough to put any NVTC resident at risk. The purpose behind the DOJ settlement was for Virginia to make much needed investments in our community-based services, not to take away choices."

**ANOTHER CRITICAL ISSUE,** according to Cook, is that the

community group homes for NVTC residents simply do not exist.

"The state has not developed a plan for creating them," Cook said. "It takes \$1 to \$1.5 million to convert a regular house to a group home that is fully accessible and has all the necessary equipment to serve this population."

"Our system ought to be designed to provide a continuum of care that is appropriate to each individual. That definitely means change," Bulova said. "I believe that there is room for common ground—and that is what I am aiming for during the General Assembly session."

The General Assembly's 2013 session begins Wednesday in Richmond.

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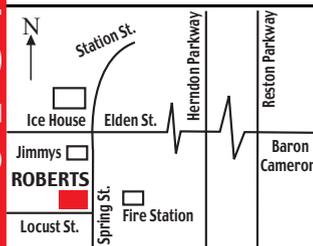
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# NEWS

**Fifteen students from Union Lopez Studio in Reston, ages 10-16, will present Disney's The Little Mermaid JR.**



PHOTO CONTRIBUTED

## Reston Students to Perform in 2013 Junior Theater Festival in Atlanta

Students from Union Lopez Studio in Reston have been accepted into the 2013 Junior Theater Festival happening Jan. 18, 19 and 20 at the Cobb Galleria Centre in Atlanta, Ga.

Featuring 82 groups representing 23 states, the Junior Theater Festival is the world's largest musical theater festival dedicated to celebrating young people experiencing the transformative power of musical theater. The festival is presented by New York's iTheatrics and Atlanta's Theater of the Stars and is sponsored by Music Theatre International, Disney Musicals, Playbill, PRG (Production Resource Group) and Sound Associates. The festival will bring together more than 3,500 students, teachers and Broadway profes-

sionals to raise their voices in celebration of on-stage and backstage excellence in musical theater.

Each group attending the Junior Theater Festival performs a 15-minute selection of a musical for a panel of distinguished theater professionals. Fifteen students from Union Lopez Studio, ages 10-16, will present Disney's The Little Mermaid JR. for adjudication.

According to director Victor Lopez, the group has chosen to emphasize physical theatre in its interpretation of Disney's The Little Mermaid JR., telling the story via dynamic movement, dance and other forms of nonverbal creative expression.

For more information, visit <http://www.lopezstudiosinc.com/>.



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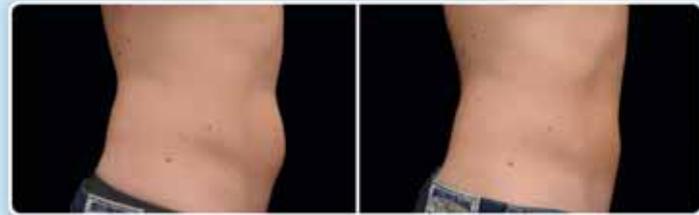
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THE CONNECTION  
NEWSPAPERS

# More Fodder for Comedy?

2013 session of the Virginia General Assembly to tackle serious issues.

The 2013 30-day session of the Virginia General Assembly begins Wednesday, Jan. 9. We can only hope that the various legislative proposals do not provide as much fodder for comedy as last session. The Virginia House of Delegates and the Senate of Virginia will offer live streaming video of the 2013 Legislative Sessions, and it is well worth tuning in once or twice.

The General Assembly typically considers between 2,000 and 3,000 bills during a session. It's like drinking from a firehose. There will be proposals about revenue and lack thereof, transportation and education funding, bills proposing to allow concealed weapons in schools, bills to allow civil penalties against gun owners who fail to secure their guns, bills that would limit access to insurance coverage for contraception, bills to further limit abortion, bills about undocumented immigrants and other bills beyond imagination.

Every resident of Virginia is represented by one delegate and one state senator. You can find out who your representatives are, and look up what they actively propose and how they

vote on the General Assembly website at <http://virginiageneralassembly.gov>.

Here is a sample of bills local legislators have prefiled as chief patron.

**Del. Barbara Comstock (R-34): School calendar.** Makes local school boards responsible for setting the school calendar and determining the opening of the school year and eliminates the post-Labor Day opening requirement and "good cause" scenarios for which the Board of Education may grant waivers of this requirement.

**Del. Tom Rust (R-86): In-state tuition; undocumented persons.** Establishes that an undocumented person who is unlawfully present in the United States shall not be eligible for in-state tuition unless he (i) entered and began residing in the United States prior to his 16th birthday; (ii) has graduated from a public or private high school in the commonwealth...; (iii) has registered as an entering student in a public institution of higher education in the commonwealth; (iv) has resided in the commonwealth for at least five years immediately preceding...; (v) has provided an affidavit to the institution stating that he has filed an application to become a permanent resident of the United States... or will do so as soon as he is eligible, and that no grounds exist for the denial...; and (vi) has submitted evidence that he or, in the case of a dependent student, at least one parent, guardian, or person standing in loco parentis, has filed, unless exempted by state law, Virginia income tax returns for at least

one year prior to the date of enrollment.

**Sen. Barbara Favola (D-31): Eligibility for TANF; drug-related felonies.** Provides that a person who is otherwise eligible to receive Temporary Assistance for Needy Families assistance shall not be denied assistance solely because he has been convicted of a felony offense of possession of a controlled substance, provided that he complies with all obligations imposed by the court and the Department of Social Services, is actively engaged in or has completed substance abuse treatment, and participates in drug screenings.

**Sen. Janet Howell (D-32): Elections; absentee voting.** Provides that qualified voters may vote absentee in person without providing an excuse or reason for not being able to vote in person on election day. The bill retains the present statutory list of specific reasons entitling a voter to cast an absentee ballot for those persons who vote absentee by mail.

**Sen. Chap Petersen (D-34): Fuels taxes; indexing of tax rates.** Increases or decreases each year the rates of Virginia's fuels taxes using a fuel efficiency index. The bill defines the fuel efficiency index as the quotient that is obtained when using as the numerator the total annual vehicle miles traveled in the commonwealth for the relevant year and using as the denominator the total gallons of motor fuel consumed for highway use in the commonwealth for the relevant year, as published by the Federal Highway Administration of the U.S. Department of Transportation.

— MARY KIMM,

[MKIMM@CONNECTIONNEWSPAPERS.COM](mailto:MKIMM@CONNECTIONNEWSPAPERS.COM)

## General Assembly Session Underway

BY KENNETH R. "KEN"  
PLUM  
STATE DELEGATE (D-36)



### COMMENTARY

The 2013 General Assembly session convenes at noon on Wednesday, Jan. 9. Tracing its beginnings to the colonists meeting in the church at Jamestown to conduct their common business, the General Assembly is the oldest continuous legislative body in the western hemisphere. Using the rules set down in Jefferson's manual, the historic body will tackle a set of challenges seldom rivaled in its annual meetings. The biennium budget for the commonwealth was passed in 2012 so the budgetary work for this session will be tweaking what was passed last year. Because tweaking should take less time than passing a full budget, the legislature is scheduled to meet for 45 rather than 60 days. Even at that, hundreds of millions of dollars will be moved around in the budget, and several thousand bills and resolutions will be considered in this short session.

Watch daily sessions of the House of Delegates and the Senate and follow specific bills at <http://virginiageneralassembly.gov/>. This

site also includes the voting record for each member on all bills and resolutions. Communicate your views to me at my regular email address, [kenplum@aol.com](mailto:kenplum@aol.com), and call my regular office number (703-758-9733) which will ring in Richmond without a long-distance charge to you. Follow me on Facebook at Kenneth R. Plum.

My priorities for the session likely exceed the time available, but I want the General Assembly this session to stop the erosion of public funding for K-12 and higher education and to begin restoring funding that was cut during the recession. I support fully funding the mental health recommendations that were made after the Virginia Tech shootings and that recent events have shown to be so important. I support closing the gun show loophole that allows gun purchases without criminal or mental health background checks. We are past time putting into place reliable, dedicated and continuous funding for transportation needs,

and I want additional state cash to go to Phase Two of the Silver Line that will help keep tolls down. I want us to outlaw discrimination based on sexual orientation. I do not want us to take undue risks with our environment by lifting the ban on uranium mining. I support ensuring that renewable energy sources of Virginia be developed in Virginia. There are so

many issues; if I left yours out send me an email at [kenplum@aol.com](mailto:kenplum@aol.com) to learn my position.

If you are in Richmond during January or February, stop by my office at 401 General Assembly Building at Capitol Square. The legislative sessions are generally very stressful; I am always pleased to see a friendly face from back home.

### BULLETIN BOARD

To have community events listed in the Connection, send to [reston@connectionnewspapers.com](mailto:reston@connectionnewspapers.com). Deadline is Friday.

#### SATURDAY/JAN. 12

**eBook Library Workshop.** 10 a.m., at Reston Regional Library, 11925 Bowman Towne Drive, Reston. Workshops and one-on-one clinics showing members how to access free eBooks at county libraries (also Saturdays by appointment—times vary). 703-689-2700.

**The Compassionate Friends.** 2-4 p.m., at Reston District Police Station, 12000 Bowman Towne Drive, Reston. The Reston group is specifically for bereaved parents who are now childless, having lost their children to accidents, illness, suicide or other situations. 703-525-9311 or 410-757-5049.

#### SATURDAY/JAN. 19

**AAUW Presentation: The Women of Walmart.** 10 a.m., at the Reston Community Center at Lake Anne, 1609 Washington Plaza, Suite A, Reston. Ben Gold,

instructor for the Osher Lifelong Learning Institute, presents a program on "The Walmart Supreme Court Case," discussing workers and their ability to right the wrongs against them and stand together against corporate misconduct. 703-620-4521 or 703-709-8599.

**eBook Library Workshop.** 2 p.m. and 2:45 p.m., at Herndon Fortnightly Library, 768 Center St., Herndon. Workshops and one-on-one clinics showing members how to access free eBooks at county libraries. 703-437-8855.

#### SUNDAY/JAN. 27

**Cat Adoption.** 1-4 p.m. PetSmart, 11860 Spectrum Center, Reston. Every Sunday. Sponsored by Lost Dog & Cat Rescue Foundation. [www.lostdogrescue.org](http://www.lostdogrescue.org).

## WEEK IN RESTON

### Reston Resident Dies After a Crash in McLean Area

On Sunday, Jan. 6, Frederick Naef, 76, of Reston, died from injuries resulting from a vehicle crash on Wednesday, Dec. 26, 2012.

Around 9:30 a.m. on Dec. 26, a 2001 Ford Ranger was traveling westbound on Lee Highway approaching Old Lee Highway. The driver of the Ford, Carlos Rios, 42, of Fairfax, lost control of his vehicle and crossed into eastbound traffic on Lee Highway. Rios struck a 2010 Ford Taurus, driven by Naef and a 2008 GMC Yukon, driven by a 41-year-old man. Naef was transported to a local hospital. Rios was charged with failing to maintain control of his vehicle.

Speed and alcohol are not considered factors in the crash.

### Film Screening at South Lakes High

The "Addiction Incorporated" documentary film will be featured at South Lakes High School in Reston on Friday, Jan. 11, starting at 7 p.m. in the Little Theatre. The film screening will be followed by a discussion and Q&A session with panelists, including Reston Founder Robert E. Simon. This event is free of charge and open to the public. Seating is limited; reserve your seat at [tinyurl.com/addictioninc](http://tinyurl.com/addictioninc).

The one hour and 20 minute film tells the story of scientist Victor DeNoble, who worked for Philip Morris in trying to develop a "safe" cigarette. Instead, he discovered how very addictive the nicotine in tobacco is and told his employer the results of his research. The company immediately closed his laboratory and dismissed him, insisting that he sign a confidentiality agreement. During a dramatic moment, captured on film, Congressman Henry Waxman succeeds in getting the firm to agree to the breaking of that agreement, allowing DeNoble to tell the truth, proving the industry moguls lied before Congress.

This Reston community film screening event is sponsored by the South Lakes High School Parent Teacher Student Association and Student Government Association Leadership Class, and co-sponsored by the Partnership for a Healthier Fairfax.



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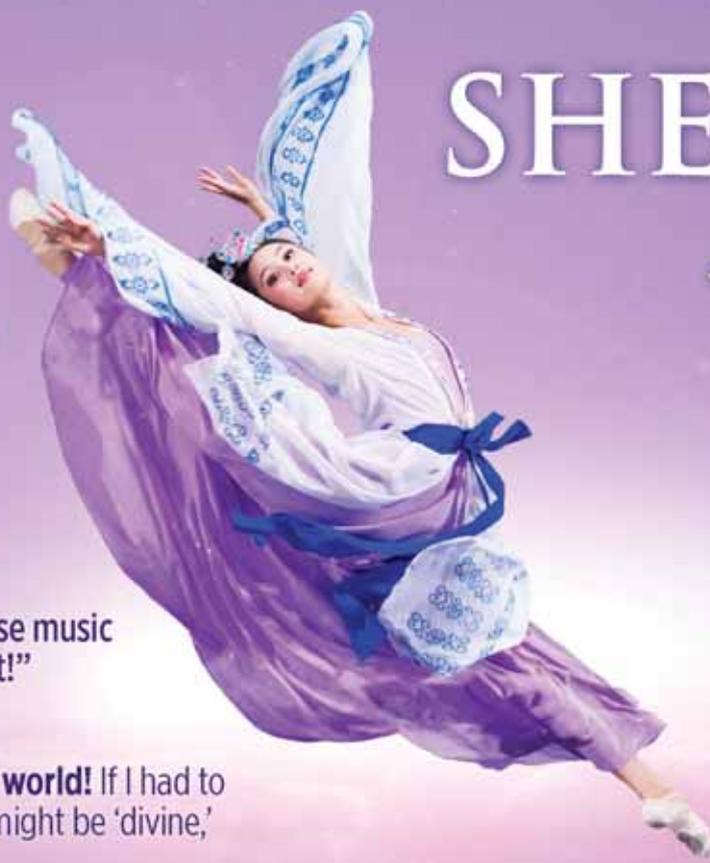
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- *Christine Walevska, master cellist Society*

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# Orchestra Turns to Local Talent

**Reston Community Orchestra to perform songs of Brian Scarbrough in MLK Concert Jan. 19.**

By ALEX McVEIGH  
THE CONNECTION



PHOTO CONTRIBUTED

**The Reston Orchestra will perform songs composed by Brian Scarbrough, a Reston native, at their annual Martin Luther King Jr. tribute concert Saturday, Jan. 19.**

At a very young age, Brian Scarbrough of Reston was already showing signs of musical prowess. His mother Richie remembers singing a commercial while her young son was around, and Brian Scarbrough promptly informed her she was off-key.

"He told me I was singing in B flat, and the commercial was in B natural," she said. "So I went and got the pitch pipe, and played the notes out on the piano, and he was right."

Later in his youth, Scarbrough's father Norman noticed that while the band at their church would play, the boy would cover his ears.

"We wondered why he kept covering up his ears when the band would play, and we finally found out it was because they were out of tune," Norman Scarbrough said. "The sounds hurt his ears, but he was too young to know the problem, he just knew it didn't sound right."

**BRIAN SCARBROUGH** picked up the violin and began composing in the fourth grade while attending Hunters Woods Elementary School. He performed in the Langston Hughes Middle School orchestra under the direction of Irene Kohut-lchyslyn.

He graduated from Herndon High School in 2007, then attended the Boston Conservatory, majoring in music composition.

He will join forces with the Reston Community Orchestra Saturday, Jan. 19 as part of Reston's Martin Luther King Jr. weekend celebration. The orchestra will perform a show comprised entirely of Scarbrough's compositions.

Scarbrough first came to the attention of the orchestra when he did a few arrangements for them, which impressed Musical Director Dingwall Fleary.

"I was so impressed with not only how well they were done, but how quickly it was done, and that's when we decided to commission a symphony," Fleary said.

The orchestra played the world premiere of Scarbrough's Symphony in E Minor in November 2010.

"We've been thinking about doing a concert with his works for some time now, an entire performance built around Brian's pieces," Fleary said. "He's got enough written and with enough variety to make it interesting for the orchestra to play, and expose this community to an up-and-coming, local composer."

The Martin Luther King Jr. concert will feature, in addition to other works by Scarbrough, the second complete performance of his first symphony.

"The symphony will be a little different than the first performance, we'll interpret it differently than we did at the premiere, which will give it a freshness," Fleary said.

Orchestra member Jeannine Everett said she is looking forward to performing Scarbrough's works.

"His work is very melodic, there are great lines that weave through the music, throughout each piece, that come up in different contexts, moods and colors," she said. "And there are a lot of great rhythm changes that are a little unexpected, which is a big part of contemporary music, but also a lot of lush, beautiful melodies that are more classical in nature."

Scarbrough says he wants his music to come across as very comfortable for the listener.

"It's called the Mozart effect, music that seems very simple, but once you break it down, you find all the complexity that is going on," he said.

For Fleary and other members, working with Scarbrough presents them with a special opportunity.

"I think for all of us it's an exciting chance to play the works of a living composer, which, as you might guess, isn't all that common for orchestra members," Fleary said. "I can't exactly go up to Mozart and ask his opinion about a particular arrangement, or ask him what he would do for a certain section."

**THE CONCERT** will also feature a reading of King's 1964 speech when he accepted the Nobel Peace Prize, by Brian's father Norman.

Scarbrough, who has seen his pieces performed before, says he is looking forward to seeing what the orchestra comes up with.

"I'm looking forward to seeing how they put everything together, I've been a part of an orchestra, I know how groups approach this sort of thing, how much work goes into a performance like this," Scarbrough said. "I also know that there are a lot of composers that never get played, and I'm honored to get this sort of opportunity. There's nothing that sounds better than an orchestra, when you get people together playing live."

He also said he is grateful for his parents for supporting his musical endeavors.

"Not everyone has parents that support what they do, and I'm very thankful for that," Scarbrough said. "Especially in an arts career, which doesn't exactly take off very quickly, especially as a composer."

The seventh annual Martin Luther King Jr. Memorial Tribute concert will take place Saturday, Jan. 19 at 4 p.m. at the Reston Community Center Hunters Woods. Tickets are free, but donations are accepted. More information is available at [www.restoncommunityorchestra.org](http://www.restoncommunityorchestra.org).

## ENTERTAINMENT

Send announcements to [reston@connectionnewspapers.com](mailto:reston@connectionnewspapers.com). Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit [www.connectionnewspapers.com](http://www.connectionnewspapers.com).

### WEDNESDAY/JAN. 9

**Meet The Artist: Keith Naquin and Chesapeake Bay Vistas.** 5:30 p.m., at O'Sullivan's Irish Pub, 754 Elden Street, Suite 102, Herndon. Meet the artist, Herndon's own Keith Naquin, and view the exquisite detail of this mural; includes hors d'oeuvres and cash bar. [www.herndonarts.org](http://www.herndonarts.org).

### THURSDAY/JAN. 10

**55-Plus Potluck.** 12:30-2 p.m., at RCC Hunters Woods, 2310 Colts Neck Road, Reston. Bring a favorite dish to serve eight or more people and join neighbors and friends with the chance to win door prizes. [www.RestonCommunityCenter.com](http://www.RestonCommunityCenter.com).

### FRIDAY/JAN. 11

**Documentary Film Screening: Addiction Incorporated.** 7 p.m., at South Lakes High School's Little Theatre, 11400 South Lakes Drive, Reston. The story of how tobacco companies conspired to addict the human brain and how the world came to know about it; prominent guests including Reston founder Robert E. Simon and a lead attorney featured in the film comprise members of a panel to be open for questions. [tinyurl.com/addictioninc](http://tinyurl.com/addictioninc).



Dry Branch Fire Squad

## Dry Branch Fire Squad Serves up Bluegrass With Comedy

A bluegrass band known almost as much for their humor as their music plays traditional and old-time Appalachian style bluegrass on Friday, Feb. 1 at 8 p.m. at Holy Cross Lutheran Church, 1090 Sterling Road, Herndon. \$15; children 12 and younger, free. 703-435-8377 or [www.drybranchfiresquad.com](http://www.drybranchfiresquad.com).

### SATURDAY/JAN. 12

**Town Hall Meetings with Delegate Rust.** 9 a.m., at Herndon Town Council Chambers, 765 Lynn St., Herndon. Meet with Delegate Tom Rust, representing Herndon and parts of Oak Hill, Chantilly and Sterling Park, to stay informed and voice your views during Virginia's General

Assembly session. 703-437-9400, 804-698-1086, [trust@tomrust.org](mailto:trust@tomrust.org) or [www.tomrust.org](http://www.tomrust.org).

**RCC Community Coffee.** 9-11 a.m., at RCC Hunters Woods, 2310 Colts Neck Road, Reston. Families, friends and neighbors join for food, beverages and casual conversation. [www.RestonCommunityCenter.com](http://www.RestonCommunityCenter.com).

**Reston Contra Dance.** 8-10:45 p.m., at the Reston Community Center, 2310 Colts Neck Rd., Reston. Come to the Reston Contra Dance, music by the June Apple Band, teaching by Janine Smith; snacks to share are welcome. \$9. 703-476-4500.

### MONDAY/JAN. 14

**Classic Cinema.** 9:25 a.m.-noon, at RCC Hunters Woods at the CenterStage, 2310 Colts Neck Road, Reston. A showing of *A Raisin in the Sun*, the groundbreaking drama featuring Sidney Poitier in which a family moves from a crowded Chicago apartment to an all-white suburban neighborhood; continental breakfast provided prior to 10 a.m. showing—for ages 18-plus. [www.RestonCommunityCenter.com](http://www.RestonCommunityCenter.com).

### TUESDAY/JAN. 15

**The Folk Club of Reston-Herndon: The Honey Dewdrops.** 7:15 p.m., at Amphora Diner Deluxe, 1151 Elden St., Herndon. The roots duet blend Americana and traditional folk music with tight harmonies and instrumentals. \$11 for members; \$12 for non-members. 703-435-2402 or [www.restonherndonfolkclub.com](http://www.restonherndonfolkclub.com).

### WEDNESDAY/JAN. 16

**Open Mic Night.** 9:30 p.m.-1:30 a.m. Jimmy's Old Town Tavern, 697 Spring St., Herndon. Every Wednesday. Register your band at [BluesSlide@aol.com](mailto:BluesSlide@aol.com) or 703-593-5206. [www.jimmystavern.com](http://www.jimmystavern.com).

## Student Art Reflects Martin Luther King's Message

By AMIEE FREEMAN  
THE CONNECTION

During the month of January, Reston Community Center at Hunters Woods is hosting a display of student art which responds to the question: "Are We Keeping the Promise?" Students from three Reston schools, Hunters Woods, Terraset and Sunrise Valley, created the artwork in art classes in preparation for the celebration of Martin Luther King Day.

Pictures by students from Sunrise Valley show illustrated versions of student dreams. One student has a dream that "all puppies have a warm home for the winter." Another student has a dream to "eat ice cream at every meal." And yet another has a dream "to be the first girl president."

Terraset submitted a mural titled "Join Hands and Sing" as well as individual prints.

Hunter's Woods submitted an art quilt featuring drawings by fourth graders in response to the themes in Martin Luther King's "I Have a Dream" speech. The quilt is titled "Together We Keep the Promise."

Norma Morris, art specialist at Hunters Woods, said that students watched a video of the "I Have a Dream" speech. Then they were encouraged to create drawings that show how a person can promote peace and how to be a service to



PHOTO BY AMIEE FREEMAN

**Students at Sunrise Valley submitted illustrated versions of their dreams. This drawing by a Sunrise Valley student includes the caption: "I have a dream... to be the first girl president."**

the community. "Creating these drawings was really an excellent lesson. It incorporated the study of Martin Luther King, themes of community service plus art les-



**Fourth grade students from Hunters Woods created an art quilt focusing on the themes in Martin Luther King's "I Have a Dream" speech.**

sons." Students used their study of proportions and shadings to create drawings of people living out of the ideals of MLK's speeches and lessons.

This is the first year RCC has

hung student art in celebration for MLK Day; in previous years student created murals which were hung around the ballroom area of Hunter's Woods. The exhibit will be up until the end of January.

## HOW TO GET YOUR ORGANIZATION'S SPECIAL EVENTS IN THE CONNECTION

### Calendar Listings

The Connection Newspapers contain a Calendar of Upcoming Events every week. While we cannot guarantee that every event we receive information about will be listed, here is the information we need for your upcoming event to be considered for the Calendar. We welcome photographs of similar events held previously, which sometimes appear with Calendar items.

*Name of Event:*

*Day of the Week, Date and Time:*

*Name of the Place Event will Be Held:*

*Address of the Place Event Will Be Held:*

*Name and Phone Number for More Information:*

*Three Sentences Describing the Event:*

Please submit your calendar information at least two weeks before your event. Clear photographs from similar previous events are always welcome. All events should be open to the public. We give first priority to free events. E-mail listings to:

[reston@connectionnewspapers.com](mailto:reston@connectionnewspapers.com)

or mail to:

Calendar, Connection Newspapers

1606 King Street

Alexandria, VA 22314.

For more information, call 703-778-9410.

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## CALL FOR BOARD CANDIDATES 2013 Reston Association Board of Directors



PHOTO BY JIM KIRBY

Interested in guiding the direction of the Reston community?

Then consider running for the Reston Association Board of Directors.

**Three seats will be open in the spring:**

Lake Anne/Tall Oaks District Director

North Point District Director

At-Large Director

**To qualify you must:**

- Be a Member of the Reston Association — either a renter or property owner.
- Complete a Candidate Statement and a Petition of Candidacy.
- If you run for a district seat, you must live in that district.

Forms must be filed by 5 p.m., Feb. 1, 2013. Candidacy Forms and other election information can be found online at [www.reston.org](http://www.reston.org).

The election is open to property owners and renters within Reston Association.

**Details or questions:** e-mail [electionscommittee@reston.org](mailto:electionscommittee@reston.org) or call 703-435-6512.

**Reston**  
ASSOCIATION

# SPORTS

## Herndon Girls' Basketball Falls to One-Loss Centreville

Senior guard Owens scores 16 points in defeat.

BY JON ROETMAN  
THE CONNECTION

Without the services of its starting point guard, the Herndon girls' basketball team matched the one-loss Centreville Wildcats bucket-for-bucket in the opening minutes of their Jan. 7 matchup at Centreville High School.

A jumper by senior forward Brianna Moses, a transition basket by senior guard Chloe Owens and another jumper by Moses gave Herndon a 6-5 lead. The Hornets, however, would soon learn why Centreville entered the game with a 12-1 record.

The Wildcats used full-court pressure defense to force 32 turnovers and generate numerous easy baskets en route to a 72-39 victory. The Hornets, who were without injured point guard Mayumi Shill, struggled against the Wildcats' pressure, turning the ball over 19 times in the first half. After trailing 6-5, Centreville used a 23-4 run to take control of the game.

"It was a teaching game," said first-year Herndon head coach Otto Jette, whose Hornets fell to 3-10, including 0-2 in the Concorde District.

Aggression is one thing Jette, a former Chantilly assistant, is trying to instill in his players. The Hornets started two freshmen on Monday—guard Allison Guengerich and forward Sabrina Tolbert—and a third freshman, forward Chase Cooksey, saw playing time. Jette would like his younger post players to become more physical like Moses, who finished with nine points and four rebounds.

"We don't attack the basket strong enough," Jette said. "We either look for a back pass or we go across court, but we



Herndon senior forward goes for a jump ball against Centreville's Tori Collar on Jan. 7.



Herndon senior guard Chloe Owens scored her 1,000th career point early in the season.

don't look to go to the basket. We're not aggressive right now and that comes with our youth."

Herndon's leader on the floor is Owens, who scored her 1,000th career point early

in the season. She finished with 16 points and nine rebounds against Centreville and showed her versatility when she blocked a shot in the third quarter, dribbled the length of the floor and drew a foul.

"Chloe is a leader," Jette said. "She's a player that attacks the basket. She's just that girl that's a leader on the court and the girls follow her."

Tolbert scored six points for Herndon.

Senior guard Alexis Brown finished with four.

Herndon snapped a six-game losing streak with a 42-41 victory against Trinity Christian (Fayetteville, N.C.) on Dec. 29 in the Big Blue Winter Classic in Roanoke. The Hornets have also defeated West Potomac and Stuart.

Herndon will travel to face Chantilly at 6 p.m. on Thursday, Jan. 10.



First-year Herndon head girls' basketball coach Otto Jette speaks to his players during a game against Centreville on Jan. 7.

### Herndon Swim and Dive Competes Against Chantilly

The Herndon swim and dive teams lost against Chantilly during the weekend, but several individuals performed well.

In girls' action, Herndon's Ryan Murphy (first 200 free, second 100 back with qualifying time for regionals), Kara Joyce (first diving), Samantha Kenis (double winner, 200 IM and 100 fly), Elizabeth McNulty (second 100 fly, second 100 breast), Karly Ginieczki (second 100 free, third 100 back), Abby Witmer (second 500 free) and Carey Rice (third 500 free) placed highly. The

200 medley relay team (Murphy, McNulty, Kenis, Ginieczki) also won.

In boys' action, Herndon's Jonathan Nguyen (first 200 free, second 100 fly), Jason Maccannon (first 100 breast), Chris Fronczak (third 50 free), Eric Johns (third diving), Austen Greene (third 100 back) and Jonathan VanCamp (second 100 breast, third 100 fly) performed well.

The team's senior night will be on Friday, Jan. 18 at the Herndon Community Center.

# Home LifeStyle

The 2013 Home and Remodeling Show will feature more than 400 contractors, architects, suppliers and others in the remodeling industry, and will showcase the latest products, services and trends in the industry.



PHOTOS COURTESY OF JILL COLLINS PUBLIC RELATIONS

## Home and Remodeling Show Comes to D.C. Area

Nationally Syndicated Columnist Heloise and local contractors will educate homeowners.

By MARILYN CAMPBELL  
THE CONNECTION

Whether you're planning to renovate an entire house, update an antiquated bathroom, create a more functional kitchen or simply add more color to your home, there will be inspiration and ideas aplenty at the 2013 Home and Remodeling Show.

The expo, scheduled for Jan. 18-20 at the Dulles Expo Center in Chantilly, will feature more than 400 remodeling industry experts as well as the trendiest home design products and services.

Some of the biggest names in the home business will attend the show, including Heloise, queen of household hints; nationally syndicated columnist Josh Flagg, the LA real estate mogul and star of Bravo's Million Dollar Listing; and Spike-TV's Mike Baird, who stars in Flip Men. In addition, show-goers will have opportunities to meet with local remodeling experts in one-on-one information sessions.

"Anyone who is thinking about or getting ready to do work on the inside or outside of their home can come to this show and not only talk to experts, but also hear from a pretty interesting slate of headliners," said Jill Collins, of Oak Hill, show spokeswoman.

"There is a big educational component. You can get advice and consulting from the top to the bottom of your house and everywhere in between."

For example, Robert J. Kalmin of RJK Construction, Inc. in Fairfax, who sits on the Board of Directors for the D.C. Metro Chapter of the National Association of the Remodeling Industry (NARI), will provide an information guide and checklist for those considering home remodeling projects.

"I am going to be as informative as possible and relay information about making sure consumers have the proper people involved in their project from the design, planning and budget phase," he said.

Bob Gallagher, president of Sun Design in Burke, will have advice not only on general home design, but also on kitchen trends and design ideas for those who are remodeling a house to accommodate multiple generations.

"We will have pictures of our projects," said Gallagher. "We are pushing more on the kitchen trends and multi-generational design for people who have people are aging have folks in their home."

Guy Semmes of Hopkins & Porter Construction Inc. in Potomac, Md., says the show offers homeowners an opportunity to learn the latest trends in home design. "It is a great thing for someone who is planning a remodel. They will learn a lot."

### Details

#### DULLES EXPO CENTER

4320 Chantilly Shopping Center,  
Chantilly

Friday, Jan. 18, 10 a.m.-9 p.m.

Saturday, Jan. 19, 10 a.m.-9 p.m.

Sunday, Jan. 20, 10 a.m.-6 p.m.

Adults \$10/\$7 (online)

Children 6-12 years, \$3

Children 5 & under, free

Visit

[www.homeandremodelingshow.com](http://www.homeandremodelingshow.com).

Homeowners will find many design ideas at the 2013 Home and Remodeling Show.



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# 2012 TOP SALES IN RESTON



**1938 Upper Lake Drive, Reston — \$1,200,000**



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Address	BR	FB	HB	Postal	City	Sold Price	Type	Lot AC	Postal Code	Subdivision	Date Sold
1155 FIELDVIEW DR	5	4	1	RESTON	\$1,365,000	Detached	0.58	20194	ESTATES AT WYNDHAM HILLS	02/15/12	
1830 FOUNTAIN DR #1505	3	3	1	RESTON	\$1,320,000	Hi-Rise 9+ Floors		20190	PARAMOUNT	11/02/12	
<b>1938 UPPER LAKE DR</b>	<b>5</b>	<b>3</b>	<b>1</b>	<b>RESTON</b>	<b>\$1,200,000</b>	<b>Detached</b>	<b>0.40</b>	<b>20191</b>	<b>RESTON</b>	<b>04/16/12</b>	
11990 MARKET ST #2115	2	2	1	RESTON	\$1,200,000	Hi-Rise 9+ Floors		20190	MIDTOWN AT RESTON TOWN	07/16/12	
<b>11776 STRATFORD HSE PL #1409</b>	<b>2</b>	<b>3</b>	<b>0</b>	<b>RESTON</b>	<b>\$1,200,000</b>	<b>Hi-Rise 9+ Floors</b>		<b>20190</b>	<b>STRATFORD</b>	<b>08/20/12</b>	
1377 CAMERON HEATH DR	5	4	1	RESTON	\$1,185,000	Detached	0.29	20194	HUNTERS END	11/01/12	
11268 STONES THROW DR	5	4	1	RESTON	\$1,170,000	Detached	0.59	20194	ESTATES AT WYNDHAM HILLS	11/14/12	
<b>11305 STONES THROW DR</b>	<b>5</b>	<b>4</b>	<b>1</b>	<b>RESTON</b>	<b>\$1,150,000</b>	<b>Detached</b>	<b>0.58</b>	<b>20194</b>	<b>ESTATES AT WYNDHAM HILLS</b>	<b>09/18/12</b>	
1388 CAMERON HEATH DR	6	5	1	RESTON	\$1,145,000	Detached	0.24	20194	HUNTERS END	09/26/12	
<b>11085 PELHAM MANOR PL</b>	<b>5</b>	<b>5</b>	<b>2</b>	<b>RESTON</b>	<b>\$1,140,000</b>	<b>Detached</b>	<b>0.24</b>	<b>20194</b>	<b>HUNTERS END</b>	<b>06/01/12</b>	
11108 CHESSINGTON PL	5	4	1	RESTON	\$1,100,000	Detached	0.23	20194	HUNTERS END	09/10/12	
2022 UPPER LAKE DR	4	3	1	RESTON	\$1,075,000	Detached	0.35	20191	RESTON	07/13/12	
1262 NEW BEDFORD LN	4	4	1	RESTON	\$1,065,000	Detached	0.54	20194	NEW BEDFORD	11/19/12	
1932 UPPER LAKE DR	5	3	1	RESTON	\$1,060,000	Detached	0.29	20191	RESTON	07/03/12	
2140 OWLS COVE LN	4	2	1	RESTON	\$1,050,000	Detached	0.35	20191	RESTON	11/29/12	
11576 LAKE NEWPORT RD	4	3	1	RESTON	\$1,025,000	Detached	0.48	20194	RESTON	10/12/12	
11109 TOMMYE LN	5	4	1	RESTON	\$990,000	Detached	0.83	20194	PINEY RUN MEADOW	07/16/12	
11133 TOMMYE LN	4	4	1	RESTON	\$980,000	Detached	0.88	20194	PINEY RUN MEADOW	05/24/12	
1215 TOTTENHAM CT	4	3	1	RESTON	\$957,000	Detached	0.74	20194	BRANDERMILL	07/31/12	
11673 BENNINGTON WOODS RD	6	4	1	RESTON	\$950,000	Detached	0.35	20194	RESTON	05/04/12	
11990 MARKET ST #1715	3	2	1	RESTON	\$950,000	Hi-Rise 9+ Floors		20190	MIDTOWN@RESTON TOWN CENTER	05/25/12	
12029 CREEKBEND DR	5	4	1	RESTON	\$925,000	Detached	0.40	20194	RESTON	08/17/12	
12024 WALNUT BRANCH RD	5	4	1	RESTON	\$925,000	Detached	0.38	20194	RESTON	10/30/12	
2030 BEACON HEIGHTS DR	3	3	1	RESTON	\$912,500	Townhouse	0.06	20191	RESTON	08/28/12	
11330 WOODBROOK LN	6	3	1	RESTON	\$907,400	Detached	0.31	20194	RESTON	04/12/12	
11605 DEER FOREST RD	4	3	1	RESTON	\$900,000	Detached	0.51	20194	RESTON	06/04/12	
2026 BEACON HEIGHTS DR	3	3	1	RESTON	\$900,000	Townhouse	0.06	20191	RESTON	08/01/12	
1839 POST OAK TRL	6	3	1	RESTON	\$900,000	Detached	1.09	20191	RESTON	10/13/12	
1313 GATESMEADOW WAY	4	3	1	RESTON	\$895,000	Detached	0.18	20194	CRIPPENS CORNER	06/22/12	
1451 WATERFRONT RD	5	4	0	RESTON	\$895,000	Detached	0.26	20194	RESTON	07/16/12	
11308 WOODBROOK LN	4	3	1	RESTON	\$891,500	Detached	0.37	20194	RESTON	08/23/12	
11305 WOODBROOK LN	4	3	1	RESTON	\$891,500	Detached	0.35	20194	RESTON	10/31/12	
1425 WATERFRONT RD	4	3	1	RESTON	\$889,000	Detached	0.21	20194	RESTON	03/28/12	
12031 CREEKBEND DR	5	4	1	RESTON	\$880,000	Detached	0.37	20194	RESTON	08/22/12	
1447 WATERFRONT RD	5	4	0	RESTON	\$879,000	Detached	0.16	20194	RESTON	01/23/12	
1270 NEW BEDFORD LN	4	3	1	RESTON	\$875,000	Detached	0.32	20194	RESTON	04/30/12	
2016 UPPER LAKE DR	3	3	1	RESTON	\$875,000	Detached	0.23	20191	RESTON	10/15/12	
2072 BEACON HEIGHTS DR	3	2	1	RESTON	\$869,900	Townhouse	0.09	20191	RESTON	06/11/12	
1304 SAWBRIDGE WAY	5	4	1	RESTON	\$865,000	Detached	0.50	20194	RESTON	11/26/12	
1200 BISHOPSGATE WAY	4	3	1	RESTON	\$855,000	Detached	0.90	20194	ASCOT	07/23/12	
10902 QUIMBY POINT LN	6	5	0	RESTON	\$850,000	Detached	0.60	20191	RESTON	08/14/12	
2320 STALEY RD	4	3	1	RESTON	\$849,900	Detached	0.94	20191	LAWYERS GLEN	06/29/12	
1634 AUTUMNWOOD DR	4	4	1	RESTON	\$829,000	Detached	0.32	20194	RESTON	07/24/12	
11620 SOURWOOD LN	4	3	2	RESTON	\$825,000	Detached	0.43	20191	RESTON	06/20/12	
10874 HUNTER GATE WAY	5	4	1	RESTON	\$825,000	Detached	0.23	20194	CRIPPENS CORNER	09/28/12	
1606 NORTH VILLAGE RD	4	3	1	RESTON	\$825,000	Detached	0.76	20194	RESTON	09/24/12	
11872 FAWN RIDGE LN	5	5	1	RESTON	\$820,000	Detached	0.63	20194	RESTON	08/31/12	
1314 GATESMEADOW WAY	4	3	1	RESTON	\$810,000	Detached	0.21	20194	CRIPPENS CORNER	08/31/12	
1151 MEADOWLOOK CT	5	4	1	RESTON	\$805,000	Detached	0.88	20194	PINEY RUN MEADOW	06/27/12	
1608 WOODSTOCK LN	4	2	1	RESTON	\$800,000	Detached	0.18	20194	RESTON	06/18/12	
11297 SPYGLASS COVE LN	5	3	1	RESTON	\$799,000	Detached	0.44	20191	RESTON	08/23/12	
1310 PAVILION CLUB WAY	4	3	1	RESTON	\$795,000	Detached	0.11	20194	RESTON	03/28/12	
10879 HUNTER GATE WAY	5	3	1	RESTON	\$792,000	Detached	0.21	20194	CRIPPENS CORNER	08/14/12	
10718 CROSS SCHOOL RD	5	3	1	RESTON	\$785,000	Detached	0.42	20191	RESTON	05/04/12	
1337 DASHER LN	4	4	1	RESTON	\$784,000	Detached	0.38	20190	HUNT AT LAKE FAIRFAX	04/23/12	
1317 DASHER LN	5	3	1	RESTON	\$782,000	Detached	0.34	20190	HUNT AT LAKE FAIRFAX	09/28/12	
11429 NIGHT STAR WAY	4	3	1	RESTON	\$778,500	Detached	0.21	20194	RESTON	04/11/12	
11990 MARKET ST #1607	3	2	0	RESTON	\$775,000	Hi-Rise 9+ Floors		20190	MIDTOWN AT RESTON TOWN	08/27/12	
1503 ELK POINT DR	5	3	1	RESTON	\$775,000	Detached	0.38	20194	RESTON	11/13/12	
11302 WEDGE DR	5	3	0	RESTON	\$774,900	Detached	0.28	20190	RESTON	11/30/12	
11207 PAVILION CLUB CT	4	3	1	RESTON	\$770,000	Detached	0.12	20194	RESTON	05/30/12	
12019 CANTER LN	5	3	1	RESTON	\$765,000	Detached	1.78	20191	RESTON	03/28/12	
12216 DORRANCE CT	4	4	0	RESTON	\$765,000	Semi-Detached	0.08	20190	WEST MARKET	07/12/12	
11192 LONGWOOD GROVE DR	4	4	1	RESTON	\$765,000	Detached	0.39	20194	RESTON	08/17/12	
1338 DASHER LN	5	3	1	RESTON	\$760,000	Detached	0.33	20190	HUNT AT LAKE FAIRFAX	03/08/12	
1330 DASHIER LN	4	3	1	RESTON	\$760,000	Detached	0.26	20190	HUNT AT LAKE FAIRFAX	04/20/12	
11820 BRIAR MILL LN	4	3	1	RESTON	\$754,000	Detached	0.29	20194	RESTON	08/24/12	
11814 TRIPLE CROWN RD	4	3	0	RESTON	\$750,000	Detached	0.65	20191	RESTON	04/19/12	
1830 FOUNTAIN DR #808	3	3	0	RESTON	\$750,000	Hi-Rise 9+ Floors		20190	PARAMOUNT	06/22/12	
11776 STRATFORD HOUSE PL #303	2	2	0	RESTON	\$750,000	Hi-Rise 9+ Floors		20190	STRATFORD	11/28/12	
12023 LAKE NEWPORT RD	5	3	1	RESTON	\$749,000	Detached	0.33	20194	RESTON	08/10/12	
11106 BURYWOOD LN	4	3	1	RESTON	\$746,000	Detached	0.57	20194	ASCOT	11/19/12	

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**11776 Stratford House Place #1409, Reston — \$1,200,000**



**11085 Pelham Manor Place, Reston — \$1,140,000**

Experts say some flowering plants like dormant hydrangeas can be planted now and bloom in spring.



PHOTO COURTESY OF MERRIFIELD GARDEN CENTER

# Preparing for a Spring Wonderland

Experts offer advice on what to do now to create a pleasurable outdoor space in spring.

BY MARILYN CAMPBELL  
THE CONNECTION

Chilly January temperatures can make spring seem far away. However, it's closer than you think. A recent Residential Landscape Architecture Trends survey from the American Society of Landscape Architects showed that as the weather gets warmer, many want an undemanding outdoor space.

Local landscape designers and builders actually recommend planning now for an outdoor warm-weather wonderland and suggest a few simple tasks that homeowners can perform today to get ready for spring.

If you're planning to build an outdoor living room or patio, this is the time to begin: "It can take anywhere from a couple of weeks to a few months to complete a project, depending on the complexity," said Steve Magill, remodeling consultant for Case Design/Remodeling, Inc., and an Oak Hill, resident. "People who are smart book a contractor in January."

Magill suggests developing a plan as soon as possible. "Do you want a koi pond or fountains? Is the design driving the budget or is the budget driving the design? These decisions should be arranged, finalized and ready to go for spring and then they can enjoy the outdoors."

Begin compiling a spring garden wish list. "Take pictures and bring them in to your local garden center to get ideas and thoughts," said David Watkins of

Merrifield Garden Center in Merrifield, Fair Oaks and Gainesville. "Things are slower at nurseries now and we have a lot more time to spend with you and give you ideas."

There are some flowers that can be planted now to yield bursts of colorful blooms this spring. "If you can find them, you can still plant spring bulbs like tulips or daffodils," said Randy Best of The Behnke Nurseries Company in Potomac and Beltsville, Md. "With caution, you can plant dormant, deciduous trees and shrubs, but you might mulch them heavier than you normally would."

Best added that some evergreen plants like junipers, pines and spruces, as well as flowering varieties like dormant hydrangeas, can be planted now to bloom in spring. "You can plant a maple tree now with no problem," he said.

Experts warn homeowners not to overlook maintenance during the frigid winter months. "It would be nice if everybody could make sure that their plants are watered thoroughly throughout the winter, because if the ground freezes and the plants are dry, they will die over the winter," said Watkins. "I would also recommend cutting back any perennials that have died, and add mulch to help protect plants."

Magill says that taking care of routine tasks means one less thing to do this spring. "Make sure your gutters are cleaned and free of fall leaves before snow falls on the gutters," said Magill. "Have roofs and chimneys checked before the snow and have chimneys re-pointed, if necessary."

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## "If It Ain't Broke..."



By KENNETH B. LOURIE

Today is a day I feel like writing – not merely one when I am looking forward to having written, but rather one when I am interested and motivated by the process. The situational gods have been aligned: I have time on my hands, an empty house with peace and quiet, and adult cats who are a sleeping and a kitten who is blissfully asleep (not always the case). Unfortunately, I don't have anything particularly insightful to "prose" about. But I will persevere, as the opportunity with which I've been presented rarely presents itself, and certainly not nearly as often as literary pursuits might require – for me, anyway.

Oddly enough, what I think I've found is, as a writer, prattling on about nothing – as I have in the first paragraph, is sort of an exercise in mind stretching (not futility) – akin to when athletes maneuver themselves into awkward-looking, pre-game warm-ups. The act of writing something, mildly coherent but not necessarily on any particular topic, sort of warms me and my synapses up as well and hopefully gets them firing on enough cylinders so that what words are eventually written are words worth reading. (No comments from the peanut gallery, please?)

I imagine you regular readers are probably wondering how I could possibly relate the content of these initial paragraphs to my stage IV, non-small cell lung cancer diagnosis (a fact with which you all are excruciatingly familiar), or if this week's column might possibly avoid the subject altogether – for once, as perhaps cancer-fatigue may have finally set in. After all, too much of a good thing can be too much, as it has often been said. Moreover, too much of a bad thing then (and being diagnosed with terminal cancer certainly qualifies as a "bad thing") can likewise be way more than "too much;" it can be, as my mother so often said about so many subjects/circumstances: "Enough already!" (I'm almost finished.)

The point of these "cancer columns," as I call them, is not to bring anybody down emotionally/make anybody miserable (least of all, me); in fact, there is no point. I'm simply telling a story – that I'm able to tell in a reasonably intelligent and unflinching way, about the trials and tribulations of being a lung cancer diagnosee, not because of who I am (hardly), but rather because of what I have. Cancer is a killer and since I've been fortunate to still be a "liver," – in spite of the odds, predictions, presumptions, statistics, etc., 45 months post-diagnosis, continuing these cancer columns weekly as I do, seems more like a success story than a failure. Ergo, writing about cancer reinforces to me all the positives – even while occasionally writing about the negatives, and the more positives I can infuse into my own life, the healthier I'll likely be. So please indulge my writing these cancer columns, as they have probably contributed to my above-average, better-than-expected, life expectancy. Given how much longer I've lived than my original prognosis: "13-months to two-years," I don't see any reason to stop now. My future is ahead of me, not behind me.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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# 2013

Are We Keeping the Promise?

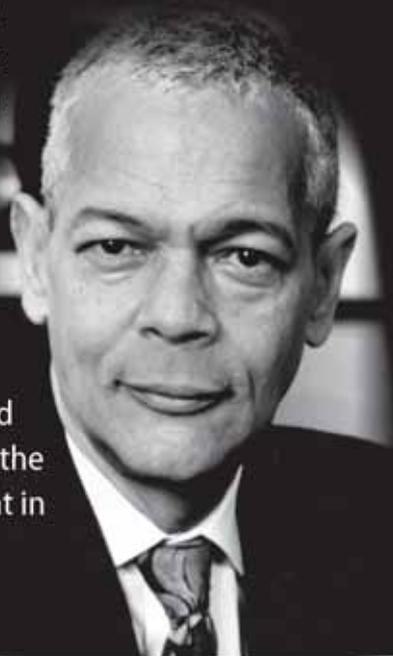
## Reston Dr. Martin Luther King, Jr. Birthday Celebration

Space is Limited. Registration required for keynote address.

### SUNDAY, JANUARY 20

#### KEYNOTE SPEAKER JULIAN BOND

Beginning with his pivotal role in the Civil Rights Movement, Julian Bond - an expert on diversity in the law - has always been on the cutting edge of social change and leadership. Legendary as the first black US vice presidential nominee and former Chairman of the NAACP, Bond continues to deliver a powerful message of greater equality, freedom, and justice with a renewed sense of relevance to the Civil Rights Movement in our present times.



### JANUARY 4 - 31

#### Art by Reston Schools

RCC Hunters Woods

Come celebrate the creativity of Reston students with an art exhibit centered on the history of Dr. King and the Civil Rights Movement.

### SATURDAY, JANUARY 19

#### Community Service Projects & Volunteer Lunch

9:00 a.m. - 1:00 p.m.

Southgate Community Center • 12125 Pinecrest Road

Contact Ha Brock Reston Association's Community Outreach Specialist at 703-435-7986 or habrock@reston.org to volunteer. Please check out our website for a complete list of projects. Afterwards, volunteers will gather to share lunch.

#### Reston Community Orchestra

4:00 p.m. • RCC Hunters Woods

A 90-minute musical tribute to Dr. King.

### SUNDAY, JANUARY 20

#### Keynote Address - Julian Bond & Community Lunch

1:00 p.m. - 2:30 p.m. • RCC Hunters Woods

Registration Required • #704717-3A

Enjoy a keynote address, family style lunch and more.

#### Especially for Youth

12:30 p.m. - 2:30 p.m. • RCC Hunters Woods

Registration Required • #704717-3B

School age children in 1st - 6th grade will rotate through a series of activities based on the history of MLK and the civil rights movement. Lunch is provided.

#### Commemorative March

3:15 p.m. • Lake Anne Plaza

Participants will march to the Northern Virginia Hebrew Congregation. A shuttle bus will run between the two sites from 3:00 p.m. until after the Voices of Inspiration program concludes.

#### Voices of Inspiration

4:00 p.m.

Northern Virginia Hebrew Congregation • 1441 Wiehle Avenue

Sponsored by the Martin Luther King Jr. Christian Church and includes many faith communities.

All events are FREE; due to space limitations registration for some events is required. Attendance at the events requiring registration will be limited to registered participants.

Please check out our website [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com) or contact Kevin Danaher, Community Events Director, at 703-476-4500 for more information.



Reston Community Center

2310 Colts Neck Road, Reston VA 20191



To request reasonable ADA accommodations, call 703-476-4500 • 800-828-1120 (TTY).

