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PHOTO CONTRIBUTED

Sharks Take A Bite Out of Cancer

Supervisor Pat Herrity (R-Springfield) gives coach Patty Friedman a hug after the March 3 marathon to raise funds and awareness for breast cancer held at the South Run Rec Center in Springfield.

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St. Patrick's Day With Connolly

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TEAM SHARK SHARK TANK

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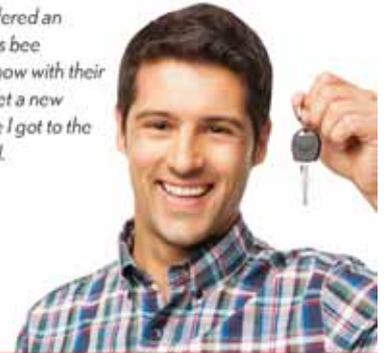
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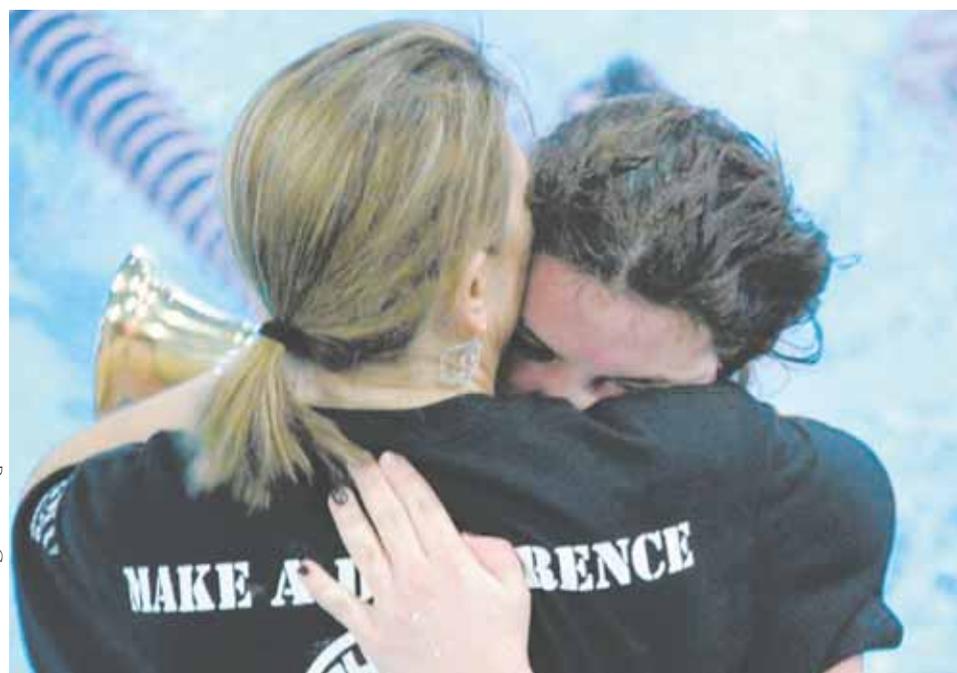
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NEWS



PHOTOS CONTRIBUTED

Shark Tank swimmers gather around coach Patty Friedman, co-founder of the team, as she announces the fundraising total for the Sunday, March 3, marathon to raise funds and awareness for breast cancer.



Coach Patty Friedman, a City of Fairfax resident and co-founder of the Shark Tank Racing Squad, receives a hug from swimmer Moira LeMay, 15, a South County Secondary School student, after the March 3 marathon to raise funds for breast cancer awareness. The event was held at the South Run Rec Center in Springfield.

Sharks Take a Bite Out of Cancer

Swimmers raise \$17,000 for breast cancer awareness during annual marathon.

BY VICTORIA ROSS
THE CONNECTION NEWSPAPERS

One woman is diagnosed with breast cancer every three minutes, and one woman will die of breast cancer every 13 minutes in the U.S.

On Sunday, March 3, 38 members of the Shark Tank Racing Squad swam for three hours to put a dent in that brutal statistic.

Each member swam three miles, and together the team raised more than \$17,000 for breast cancer awareness and research during the third annual marathon held at the South Run Rec Center in Springfield.

"It was beyond amazing," said Shark Tank co-founder and coach Patty Friedman. "I have seen so much good in these little people. They are so inspired to do this, and they know their efforts make a difference."

"This is a fantastic group of parents, coaches and swimmers. It brought tears to Patty's eyes as when the band played the event's theme song and kids came over to give Patti hugs," said Supervisor Pat Herrity (R-Springfield), who has been a longtime supporter of the team and attended the marathon.

Herrity said the event has a special meaning to him. His mother is a 40-plus-year breast cancer survivor.

In addition to dozens of parents, supporters and community leaders, the Fairfax County Fire and Rescue team from Pohick Station 35 honored the team during the marathon.

"I told them before they swam that they would break bread with heroes, but that this time the heroes were honoring their heroic efforts," Friedman said. "I also told them that somewhere nearby, a woman in a nearby hospital cradling her newborn girl would consider my team her heroes, be-

cause their efforts will help give her cherished baby a better chance at a life free of breast cancer."

"Patty and her kids are pretty amazing," Herrity said. "They raised more than \$15,000 for breast cancer awareness, and more importantly, she is educating a whole bunch of kids on breast cancer and how important it is to contribute to your community."

FRIEDMAN, known as an indefatigable coach and mentor, has made helping others a top priority for the team.

In addition to the team's work raising money for breast cancer research, the swimmers assist needy families in Fairfax County by volunteering for Our Daily Bread, a Fairfax nonprofit.

Last November, Friedman challenged her team to contact needy families directly to see how they could support them. In January, the swimmers purchased groceries and then delivered them to 30 families with a total donation of \$7,700.

Participating in a recent swim marathon to raise money in support of the Washington D.C. Avon Walk for Breast Cancer, they joined 28 additional swimmers to swim 220,000 meters and raise \$12,000. This marks the fifth year that they have worked to raise money for breast cancer research and have been the fourth largest fundraisers for the Avon Walk for two consecutive years.

Last March, the Fairfax County Board of Supervisors recognized Friedman and the team for its work in the community.

"I am very proud to have such an engaged group of young adults in the community. They challenge not only themselves but make sure to give back to those in need in our community," Supervisor John Cook (R-Braddock) said during the presentation.

"Many of them have done more than



PHOTO BY VICTORIA ROSS/THE CONNECTION

In three years, the Shark Tank Racing Squad has raised more than \$32,000 for breast cancer research and awareness.

many adults will do in a lifetime," Friedman said.

Friedman organized the team in the fall of 2009, and in 2010 the Shark Tank Racing Squad became a member of USA Swimming's Potomac Valley. By that time, more than half of the team's swimmers had qualified for and competed in championship meets.

Friedman, an avid supporter of breast cancer awareness, said she shares her passion with her swimmers because it "empowers them to make a difference in this world."

Friedman said she was inspired by her friend Kim, whose mother died suddenly from inflammatory breast cancer several years ago.

"Each year, I tell as many people as I can what to watch for, why it is different than other breast cancers because this rare form of breast cancer takes 60 to 75 percent of the women who have it," Friedman said.

The team will continue to raise money in preparation for the National Avon Walk for Breast Cancer on the National Mall May 4.

Shark Tank Racing Squad

Fundraisers and swimmers in Swim Marathon to Fight Breast Cancer:

- Aiyah Bakir, 12, Fairfax Station
- Jenna Bakir, 14, Fairfax Station
- Brett Bold, 12, Fairfax
- Audrey Bowden, 11, Burke
- Isaac Bowden, 12, Burke
- Elena Dubet, 8, Fairfax
- Matthew Dzieriski, 10, Lorton
- Lauren Dzieriski, 13, Lorton
- Ella Rose Friedman, 10, Fairfax Station
- Daniel Graham, 10, Lorton
- Sarah Heiss, 15, Fairfax Station
- Hailey Johnson, 13, Springfield
- Kendall Johnson, 11, Springfield
- Maddie Kelly, 8, Burke
- Michael Kelly, 14, Burke
- Samir Lagouit, 11, Lorton
- Moira LeMay, 15, Lorton
- Charlie Lertlumprasert, 15, Burke
- Katie Little, 12, Fairfax
- Becca Ly, 12, Lorton
- Connor Mac Kinnon, 16, Springfield
- Jordan Manion, 14, Springfield
- Caroline Mori, 12, Fairfax
- Joseph Paris, 18, Springfield
- Alaina Park, 12, Springfield
- Jocelyn Pham, 9, Burke
- Crystal Pham, 13, Burke
- Kaitlin Pollman, 12, Burke
- Charlie Pommer, 10, Lorton
- Conor Pommer, 12, Lorton
- Isabella Pommer, 12, Lorton
- Will Pyle, 11, Fairfax Station
- Maya Rakotoarisoa, 11, Lorton
- Greer Riedl, 14, Lorton
- Alejandro Rodriguez, 12, Alexandria
- Dayana Sainz, 12, Springfield
- Leandro Sainz, 9, Springfield
- AJ Salvatori, 16, Springfield
- Michael Salvatori, 11, Springfield
- Audrey Schroeder, 15, Haymarket
- Claire Schroeder, 13, Haymarket
- Danielle Shahin, 10, Lorton
- Nick Shahin, 10, Lorton
- Matthew Summers, 11, Fairfax
- Anna Surbey, 11, Fairfax
- Bevin Surbey, 9, Fairfax
- Nora Surbey, 14, Fairfax
- Holly To, 15, Springfield
- Nicole To, 10, Springfield
- William To, 12, Springfield
- Anu Trivedi, 13, Burke
- Ethan Villavicencio, 14, Fairfax
- Coach and swimmer Binh Vu, 23, Springfield

Fashion, Music and a Silent Auction

Fairfax Salvation Army fundraiser set for the Waterford.

BY BONNIE HOBBS
THE CONNECTION

The latest looks for spring, live entertainment, luncheon and a silent auction are all in store for those attending the 33rd annual fashion show benefiting the Fairfax Salvation Army. It'll be held Friday, April 12, at the Waterford in Fair Oaks (across from Fair Oaks Mall), but reservations must be made by March 27.

Sponsoring the event is the Fairfax Salvation Army Women's Auxiliary, and the fashion show—with both male and female models—will feature clothing from Bloomingdale's of Tysons Corner.

"It's a chance to get together for lunch with some nice, interesting people," said the Auxiliary's Meg McLane, in charge of the models. "And while you're enjoying a lovely fashion show, you're supporting a worthy cause."

THE SOCIAL HOUR AND SILENT AUCTION BEGIN at 10:30 a.m., followed at 11:30 a.m. by a performance from guest entertainer Carlos Alberto Ibay, an accomplished concert pianist and talented tenor. Lunch catered by the Waterford will be served at noon, with the fashion show starting at 12:50 p.m.

Tickets are \$40 (\$10 is tax-deductible). To purchase them or donate gift certificates and merchandise for the silent auction, contact event coordinator Angela Ganey at angelaganey@verizon.net or 703-250-5809. "Women look forward to coming to this," she said. "And when they hear Ibay sing and play piano, they'll be amazed."

Bloomingdale's Effie Elkorek is supplying the clothing and will

provide the fashion-show commentary. "People will see a sampling of dressy, casual and sporty clothes for spring," said McLane.



PHOTO COURTESY OF PEPPER WATKINS

Clifton's Mary Lou Glover, here in a cream-colored spring suit, is one of the models in the Salvation Army Fashion Show.



PHOTO COURTESY OF JOAN BRAITSCH

Stephen Braitsch, a personal trainer in Tysons Corner, models a lightweight shirt and trousers for spring and will be in the Salvation Army Fashion Show.

month to that basket's winner. The jewelry will range from freshwater pearls to a sterling-silver bracelet. Also up for bid will be a Shell gasoline credit card.

"I have about 110 items altogether," said Lauther. "Everything's new and people will find some treasures at probably half the retail price. It's a fun shopping time, while supporting the Salvation Army."

GANEY'S CHAIRING the event for her third time. "The Salvation Army does so many wonderful things," she said. "They're silent angels; you don't hear much about them. But they help at disasters, all over the world; and when other charities leave, they remain. And there are so many families in Fairfax below the poverty level, and the Salvation Army helps them in many ways."

Sylvia Laiti of Clifton and Clara Richcreek of Fairfax are the Auxiliary's co-presidents. "When I started as the fashion-show chairman, 21 years ago, we had 25-30 Auxiliary members," said Laiti. The number's now smaller, so she admires their efforts in putting on this event. "They work hard," she said. "But we have a faithful group of women who come to this show every year and support us so we can make a donation to the Salvation Army."

And it's greatly appreciated by Majors Janice and Earl Fitzgerald who run the Fairfax branch. Janice said the Auxiliary's monetary contributions help send 65 children in need to a weeklong summer camp, purchase backpacks and school supplies for them and fund weekly, community-youth programs at Salvation Army headquarters at 4915 West Ox Road. Besides tutoring and recreation, there's also a Gospel Arts music program.

"We provide the instruments and teach children to play piano, guitar and brass instruments," said Janice Fitzgerald. "There's also instruction in dance and puppetry. Volunteers and staff teach about 50 students, and the Auxiliary gives us every bit it raises for all these programs."

In this tough economy, she said, "Budgets are tightening and donations are decreasing. So it would be hard for us to continue to do all these things without the Auxiliary's financial support. It's wonderful, and we appreciate the ladies and all they do."

"There'll be different looks and colors in a variety of sizes for all figures."

Modeling will be Mary Lou Glover of Clifton and Sharon Gottlieb of Fairfax Station, as well as Kathleen Lear, Carolina Hurtado, Paul Meade, Stephen Braitsch, Christina O'Connell, Jeanette Crutchfield and Bridget Sampson. Meade, of Fairfax Station, is a volunteer firefighter and Braitsch is a personal trainer.

The silent auction will include a wide array of gift certificates, jewelry, gift baskets, home goods and even an overnight stay at the Red Fox Inn in Middleburg. Heading it up is Connie Lauther of the City of Fairfax.

There'll be gift certificates to several restaurants: The Cheesecake Factory, IHOP, Ruth's Chris Steakhouse, P.F. Chang's, Great American Restaurants, Applebee's, Bonefish Grill/Outback Steakhouse, Red Lobster, and Maggiano's/Macaroni Grill/ On the Border.

"We also have quite a lot of lovely, decorative items," said Lauther. "These include guest towels, small appliances such as a crock pot, a set of steak knives and a Martha Stewart, cobalt blue, cast-iron Dutch oven. There are garden items, such as planters, and also a Mont Blanc pen-and-pencil set."

Gift baskets contain things such as a baby girl's layette and a bread assortment from the Great Harvest Bread Co., including a bread a

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AREA ROUNDUPS

Design Your Own County Budget?

Want to see a new dog park in Fairfax County? Or would you prefer your favorite rec center to stay open a little longer? The Fairfax County budget is now in your hands. Temporarily.

The Board of Supervisors is currently in the process of crafting the FY 2014 budget, and they want your help.

"We wanted to put you in the chair of a member of the Board of Supervisors, so we created this budget simulation to let you craft your ideal Fairfax County budget," said Supervisor John Cook (R-Braddock).

Before you is the FY 2014 budget proposed by the county executive. Your job is to amend it as you see fit. Are you satisfied with county services? Are you satisfied with the proposed tax rate? If not, here's your chance to show us what you'd change.

You may find the rules constraining.

"That's because in real life they are as well," Cook said. "We hope this exercise will help you understand the budget process better, and provide the Board with some ideas on how we should approach this effort in real life."

Get out your calculator, and go to these links to get started on your budget:

<http://www.fairfaxcounty.gov/braddock/pdfs/letter-simulation.pdf>,

<http://www.fairfaxcounty.gov/dmb/fy2014/advertised/fy2014-reductions.pdf>,

<http://www.fairfaxcounty.gov/dmb/fy2014/advertised/cememo-bos-reductions-not-taken.pdf>.

—VICTORIA ROSS

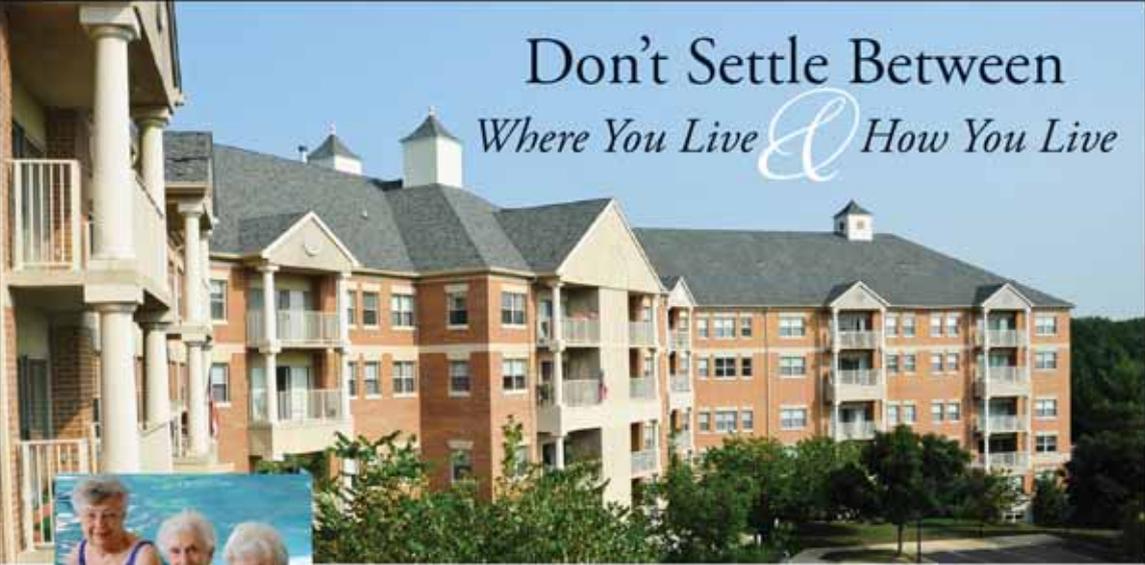
SEE ROUNDUPS, PAGE 7

Correction

In the March 14-20 edition story "Re-enactress Tea' at Historic Clifton Home," a caption misstates that Lynne Garvey-Hodge's property was the one-time home of the Linton Hall Military Academy. The main house was built in 1979 and incorporates various original architectural accoutrements from the Linton Hall guesthouse mansion.

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Say Yes to Health Coverage

Governor, state panel must accept coverage for 400,000 Virginians without health insurance.

More than 140,000 residents of Fairfax County have no health insurance. That's more than 13 percent of the slightly more than 1 million people who live in the wealthiest county in the nation. Arlington and Alexandria have similar percentages of uninsured residents.

These are some of the 400,000 people in Virginia who could receive health coverage under an expansion of Medicaid if only officials in the commonwealth are gracious enough to accept on their behalf.

Virginia's current eligibility requirements for Medicaid are so strict that although it is the 11th largest state in terms of population and seventh in per capita personal income, Virginia ranked 43rd in Medicaid enrollment as a proportion of the state's population and 47th in per capita Medicaid spending, according to a 2013 Fairfax County report.

Virginia has the option to add new coverage, at least 90 percent funded with federal dollars, that would extend to individuals earning less than about \$15,000 per year and families earning less than about \$31,000 per year, to low income teens who lose Medicaid when they turn 19, and adults with disabilities not currently eligible.

It isn't as if there is no health care cost for these currently uncovered residents. Right now, they access health care when they are very sick by going to an emergency room, where the hospital spreads the cost of care around. But this is inefficient, expensive and unhealthy. Expanding Medicaid coverage would allow far less expensive preventative care and lead to better health outcomes. Uninsured people don't receive preventative care; they seek treatment later in illnesses when the costs are much higher, and the consequences in terms of lost days at work and other productivity are also much higher.

EDITORIAL

GUEST EDITORIAL

March Madness on Homelessness

While some say programs for the poor will be exempted from sequestration, that is not how things are playing out.

By **KERRIE WILSON**
CEO/RESTON INTERFAITH

This year, March is not reserved for sports madness alone. With Congress unable to come to agreement on the federal budget, the "unthinkable" has happened with sequestration and the start of \$85 billion across-the-board cuts on domestic and defense programs. Without a new game plan, the reductions in federal housing programs at the U.S. Department of Housing and Urban Development will fall entirely on highly vulnerable individuals and families, putting them at risk of becoming or remaining homeless and leaving nothing for other basic needs.

With average rent in Fairfax County for a 2BR apartment at \$1,550/month, one would have to earn \$62,000 a year to afford housing and other basic needs (www.nlihc.org). Nearly one-quarter of Fairfax County households earn less than that, and 8.4 percent or 33,000 households in Fairfax County earn less than



PHOTO BY VICTORIA ROSS

Kerrie Wilson (center), CEO of Reston Interfaith, talks with volunteers about their experiences finding and documenting the lives of homeless individuals during Registry Week in Fairfax County Feb. 25.

\$25,000 per year, surviving on near poverty level wages.

Housing assistance is arguably the most important home court advantage for Reston Interfaith and the Fairfax County Partnership organizations working to prevent and end homelessness. For homeless, disabled, elderly and low-income working families living in our high cost of living area, subsidies are the stabilizing force, and stable housing the number one predictor of future self-sufficiency, no matter what other challenges an individual or family is facing.

While some say programs for the poor—like housing assistance for the most vulnerable—will be ex-

empted from sequestration, or that the effect will not be immediate, that is not how things are playing out. When the freeze play was called on Capitol Hill, it had the effect of benching our neighbors. Fairfax County, like other jurisdictions dealing with the uncertainty and fickle nature of the current situation, has put a hold on the release of new vouchers that we were counting on to help our neighbors.

Jeri is 70 years old, frail and lost her home after a long illness. Her Social Security payments are insufficient to meet her living expenses without help. She is sleeping on a cot in our overflow pro-

gram and is effectively unsheltered after March 31 because the landlord is waiting on the release of the project-based voucher that will help pay her rent.

A single mom, Kara has three children under the age of seven and has struggled with homelessness for years after leaving the abusive relationship with her children's father. She never finished high school but is smart and determined. She tries to think beyond her current situation and talks of going back to school and training to become a bookkeeper. She cries at night because a shelter is no place to raise her children. She had been approved for a voucher and we found a landlord willing to overlook her poor credit and past evictions. He will have to move on to another renter.

Expanding Medicaid to 133 percent of the poverty level would generate state general fund savings and new revenues that would total more than \$2 billion and more than offset the state's share of expansion costs over the next eight years, plus provide significant numbers of new jobs and economic growth, according to multiple reports including the Virginia Hospital and Healthcare Association. Expanding health care is a job creator, and would add tens of thousands of new jobs.

Virginia stands to lose more than \$9.2 billion in federal funds over the first five years of the new law if it opts out of the provision that expands Medicaid.

Turning away federal money to provide healthcare to uninsured Virginians makes no more sense than declining federal funds for transportation because you don't like the feds telling you to wear your seatbelt.

If Gov. Bob McDonnell and members of a General Assembly panel considering whether to accept funding to expand Medicaid decide against this benefit for 400,000 Virginians, perhaps they and their families should go for a year without health insurance as well.

— MARY KIMM,

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BULLETIN BOARD

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

THURSDAY/MARCH 21

Book Donations. Until April, the Robert E. Lee High School Library is accepting donations of gently used books for their annual book sale—bring in fiction, nonfiction, children's books, cookbooks, college textbooks and the like to benefit new materials and computers for students. 703-924-8370.

SATURDAY/MARCH 23

Muslim Women in STEM. 1-3 p.m., at the Lorton Community Library, 9520 Richmond Highway, Lorton. A presentation on Muslim women in science, technology, engineering and mathematics sponsored by the Nubian Benevolence Association in observance of Women's History Month; light lunch included. RSVP: nubianbenase@yahoo.com.

AREA ROUNDUPS

FROM PAGE 5

Recycle During Electric Sunday

Residents may recycle old TVs, computers, peripheral electronic devices—such as keyboards, speakers, printers and scanners, as well as household hazardous wastes, including fluorescent light bulbs and tubes—for free during Fairfax County's "Electric Sunday" events. The next one is slated for Sunday, March 24, from 10 a.m.-3 p.m., at the I-95 Complex, 9850 Furnace Road in Lorton. For more information, call 703-324-5052.

RR Museum Needs Volunteers

The Fairfax Station Railroad Museum is currently looking for volunteers. Run by the Friends of the Fairfax Station, a nonprofit, all-volunteer organization, this community museum played an important role in local history from pre-Civil War days through the mid-20th century.

Many types of volunteer opportunities are available, including docents to give tours to the public or work in the gift shop on Sundays from 1-4 p.m. Training will be provided.

The museum also sponsors many special events such as Civil War forums and the Holiday Train Show. It's at 11200 Fairfax Station Road in Fairfax Station. To volunteer, call Michael Chinworth at 703-506-0753 or 703-945-7483. For more information about the museum, go to www.fairfax-station.org.

HONEY BUNNIES

ADOPT A BUNNY - TAKE HOME OR SHIP!

Up for adoption: delicious, adorable Honey Bunnies! Now's the time to place your Easter adoption order for pickup or to ship to a loved one--now's also the time to pre-order Hot Cross Buns. We've got lots of other amazing, made-from-scratch Easter items to make your Easter deliciously special.

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You are Invited to Celebrate Easter Weekend With Us!

MARCH 29 - GOOD FRIDAY SERVICE
 THE 7 LAST SAYINGS OF CHRIST
 7:00 p.m.

MARCH 31 - EASTER WORSHIP SERVICES
 8:00, 9:30, & 11:30 a.m.

APRIL 7 - NEW SERMON SERIES FROM THE BOOK OF REVELATION
 8:00, 9:30, & 11:30 a.m.

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Tyler Hunt of Fairfax as Jesus teaching from a rock, during a rehearsal for Tim Buck's "Christ Alone."

'Christ Alone' in Fairfax

Jubilee Christian Center puts on an original drama with adapted music.

BY TIM PETERSON
THE CONNECTION

There is no such thing as a lesser miracle. Less well known, perhaps, but a miracle nonetheless. Jesus walking on water or turning water into wine might well be some of the more popular stories in the Christian faith, but an amateur cast from the Jubilee Christian Center is putting on an original drama to highlight the belief that none of his miracles was any less powerful or life-changing.

For the members of the cast, "it's a statement of faith," said producer-director Tim Buck. Buck is a Burke resident and an attorney by day. "This is what we believe in. It's why we're here," he continued, saying the goal is inviting others to come witness that faith.

Over two years ago Jubilee lead Pastor Bill Frasnelli approached Buck with the idea of telling the story of Jesus' life through the eyes of one of the shepherds from the Christmas story. Buck, an amateur actor himself, penned a 25-page script to that effect but production was delayed—until now.

Music to complement Buck's drama comes from an assortment of contemporary Christian artists, including Amy Grant, as well as original sound effects and mixing from John Dingle, Jubilee music and youth pastor. "Musically the people in this church are really talented," said Buck. "I've been blown away by that."

BUCK'S PLAY is based around the life of the shepherd Jacob and takes inspiration from scripture, but creatively fills in gaps to dramatize a compelling story arc. After first being hailed by a heavenly host to Jesus' birthplace, Jacob finds himself periodically crossing paths with the emerging religious leader. Despite some peer pressure to convince him otherwise, Jacob is reluctant to make the connection between Jesus and the allegedly divine child born in Bethlehem.

That is, until things get personal. By Buck's hand, Jacob is married to Sarah, the woman cursed with mysterious hemorrhaging who Luke describes in his eighth gospel chapter. Out of options and out of money, Sarah touches Jesus' robes out of desperation and is suddenly cured, recounts Luke.

While Jesus humbly and profoundly attributes Sarah's healing to her affirmation of faith rather than physical contact, there's no arguing that a



Tyler Hunt (center) of Fairfax plays Jesus, as seen in "Christ Alone" through the eyes of the shepherd Jacob.

miracle took place. One which finally wins over Jacob. "His reaction is a commitment to Christ," said Buck, "based on a recognition of who he is."

The action takes just five biblical verses to unfold, which is perhaps why this story doesn't garner as much attention as Jesus' more eye-popping feats. Regardless, the Jubilee cast will remind, it's still treated as a miraculous act. "It's a different way of portraying the message of Christ," said Jordan O'Berry, a junior at Christ Chapel Academy and Annandale resident who plays Jacob between the ages of 20 and 40.

"We read scripture sometimes, and we come across these stories, pass by them real fast," added Jubilee's college pastor, Tyler Hunt of Fairfax—cast as Jesus. "You just read she got healed, you move on."

"But there's a whole story that goes into that moment when she's healed," Hunt continued. "For her, that's a lifetime of pain and sorrow and misery, and in one moment she's healed. But man, for her that was earth shattering. And that's all the people Jesus interacted with—those moments were life-changing."

Just as life-changing as any miracle, no matter the popularity or amount of ink spent retelling.

"CHRIST ALONE" runs Friday, March 22, at 8 p.m., Saturday the 23rd and Sunday the 24th at 6 p.m. (child care for those under age 3 available Sunday). Jubilee Christian Center is located at 4650 Shirley Gate Road, Fairfax. 703-383-1170. Free.



PHOTO BY MARILYN CAMPBELL/THE CONNECTION

Local musicians and music educators say parents can encourage and inspire children's musicality with simple activities at home.

The Sound of Music

Enhancing your child's music education during Music in Our Schools Month and beyond.

BY MARILYN CAMPBELL
THE CONNECTION

From the powerful sounds of a high school band to the soothing melodies sung in a kindergarten music classroom, local music educators are using the month of March to raise awareness of the benefits of learning music.

In fact, the National Association for Music Education (NAfME) designates March as Music In Our Schools Month, and local music educators echo the significance of the annual celebration.

"The reason Music in our Schools Month is so important is because it heightens awareness ... that school music programs help provide important and healthy musical alternatives to the sometimes disturbing messages that children inadvertently hear in the ... music they may encounter in popular culture," said Brian C. Wuttke, Ph.D., director of music education at George Mason University in Fairfax.

Even if formal music lessons are not an option, local musicians and music educators say that parents can encourage and inspire their children's musicality with simple activities at home. "Research suggests that parental involvement in a child's music activities can not only pique a child's interest in music, but it can positively impact motivation and achievement in music," Wuttke said.

So how can parents support a child's musical talent or interest? "I think playing music with your kids would be the number one way to enhance their musicality," said Elizabeth Lasko of the National Association for Music Education. "Of course, a parent may

not play an instrument, but there is always singing."

Lasko encourages parents to allow children to experiment with instruments. "As kids, we used to sing with our grandmother's player piano," she said. "Singing with recorded music is another option. Learning songs from different eras and genres can open up new worlds to kids." According to Lasko, inexpensive percussion instruments like shakers or tambourines can help children develop rhythm while having fun.

Shannon Melideo, Ph.D., chair of the Education Department at Marymount University in Arlington, says exposure to music should be a priority. "[It] is critically important," she said. "Sure, you want them to listen to 'your music' as a parent, but listen to as much diverse music as possible and talk about it informally."

Lasko agrees and encourages parents to look for local performances that are designed for young audiences. "Lots of children love to attend musical performances that are geared toward their own age, especially if there is fun interaction between the performers and the audience," she said. "Many communities offer inexpensive performances. Some [are offered] at schools. Seeing kids their own age or slightly older perform music can be very inspiring for children."

Parents don't even have to leave home to find musical inspiration. "For young children, simple, everyday household items can be used to make a functional musical instrument that the child can decorate and compose a song on," said Wuttke.

He added that parents should encourage their children to participate in school music programs. "Praise the student for their efforts," he said. "Ask the student to sing or play a song on an instrument they are working on in school for family members."

Finally, technology offers convenient options. "There are many iPad applications, for instance, that are musical in nature and help kids learn about different instruments and how to record music," said Lasko.

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HOME SALES

In February 2013, 90 homes sold between \$1,050,000-\$149,000 in the Clifton, Fairfax Station and Lorton area.

Address	BR	FB	HB	Postal	City	Sold Price	Type	Lot AC	Postal Code	Subdivision
11117 DEVEREUX STATION LN	5	4	2		FAIRFAX STATION	\$1,050,000	Detached	5.00	22039	DEVEREUX STATION
12129 BEAVER CREEK RD	6	4	2		CLIFTON	\$850,000	Detached	5.00	20124	MAPLE BRANCH
8104 FLOSSIE LN	5	3	1		CLIFTON	\$775,000	Detached	5.00	20124	FLOSSIE E COMPTON
8901 RHODODENDRON CIR	4	4	1		LORTON	\$750,000	Detached	0.24	22079	LAUREL HILL LANDBAY
7811 THORNFIELD CT	6	4	1		FAIRFAX STATION	\$729,900	Detached	0.22	22039	BARRINGTON
7908 TURTLE VALLEY DR	5	4	0		CLIFTON	\$705,000	Detached	5.00	20124	TURTLE VALLEY EST
6404 DEEPWOOD FARM DR	5	4	1		CLIFTON	\$701,100	Detached	0.22	20124	DEEPWOOD FARMS
5604 WILLOW VALLEY RD	4	3	1		CLIFTON	\$699,900	Detached	0.26	20124	CLIFTON MANOR
6701 HANSON LN	5	3	1		LORTON	\$685,000	Detached	0.18	22079	TWINBROOK AT MOUNT AIR
6601 WINSTEAD MANOR CT	4	3	1		MASON NECK	\$685,000	Detached	0.32	22079	WINSTEAD MANOR
8451 LAKE MIST WAY	5	3	1		FAIRFAX STATION	\$675,000	Detached	0.30	22039	CROSSPOINTE
10010 OLD COLCHESTER RD	4	3	1		MASON NECK	\$670,750	Detached	0.98	22079	LEWIS CHAPEL
6518 ROCKLAND DR	4	3	1		CLIFTON	\$670,500	Detached	0.21	20124	LITTLE ROCKY RUN
5702 CAPTAIN JONES CT	4	3	1		FAIRFAX STATION	\$660,888	Detached	0.66	22039	FAIRFAX STATION
11711 LAKEWOOD LN	4	2	1		FAIRFAX STATION	\$640,000	Detached	6.12	22039	LAKEWOOD ESTATES
9130 WOOD POINTE WAY	4	3	1		FAIRFAX STATION	\$635,000	Detached	0.14	22039	CROSSPOINTE
13929 MARBLESTONE DR	4	3	1		CLIFTON	\$614,000	Detached	0.24	20124	LITTLE ROCKY RUN
8190 PAPER BIRCH DR	4	2	1		LORTON	\$613,500	Detached	0.15	22079	LAUREL HILL LANDBAY
8804 TELEGRAPH CRSSNG CT	4	3	1		LORTON	\$610,000	Detached	0.22	22079	CROSSPOINTE
14018 MARLEIGH LN	4	3	1		CLIFTON	\$600,000	Detached	0.27	20124	COMPTON HEIGHTS
13703 SPRINGSTONE CT	5	3	1		CLIFTON	\$590,000	Detached	0.28	20124	LITTLE ROCKY RUN
7907 OAK HOLLOW LN	5	3	1		FAIRFAX STATION	\$577,000	Detached	0.24	22039	SOUTH RUN OAKS
6626 ROCKLAND DR	4	3	1		CLIFTON	\$557,500	Detached	0.25	20124	LITTLE ROCKY RUN
8829 CARPENTERS HALL DR	4	3	1		LORTON	\$550,000	Detached	0.09	22079	LORTON TOWN CTR LANDBAY
8953 LANDERFIELD CT	4	4	1		LORTON	\$531,000	Detached	0.09	22079	MEEKER
6401 NEWMAN RD	4	3	0		CLIFTON	\$530,000	Detached	2.00	20124	WONDERLAND
8561 BARROW FURNACE LN	4	4	1		LORTON	\$528,000	Detached	0.08	22079	LORTON VALLEY NORTH
9141 SILVERSHADOW CT	3	3	1		LORTON	\$430,000	Townhouse	0.06	22079	LAUREL CREST
8143 DOVE COTTAGE CT	3	2	2		LORTON	\$420,000	Townhouse	0.05	22079	LORTON STATION SOUTH
13062 QUARTZ LN	3	2	2		CLIFTON	\$410,000	Townhouse	0.04	20124	ROCKPOINTE
8519 BERTSKY LN	3	2	2		LORTON	\$409,000	Townhouse	0.03	22079	THE FOREST AT SOUTHRUN
8525 BERTSKY LN	3	3	1		LORTON	\$407,000	Townhouse	0.03	22079	THE FOREST AT SOUTHRUN
9128 AVENTON CT	4	2	1		LORTON	\$399,000	Townhouse	0.05	22079	LAUREL CREST
9007 DOLSI GROVE DR	5	3	1		LORTON	\$375,000	Detached	0.18	22079	SUMMERHILL
5501 QUAIL CT	3	3	1		CLIFTON	\$370,000	Townhouse	0.06	20124	CENTREVILLE GREEN
5659 GOSLING DR	2	2	2		CLIFTON	\$325,000	Townhouse	0.03	20124	UNION MILL
13604 WILDFLOWER LN	4	3	1		CLIFTON	\$315,000	Townhouse	0.03	20124	SEQUOIA LEA
7752 MILFORD HAVEN DR #52B	3	2	1		LORTON	\$305,000	Back-to-Back		22079	LORTON STATION NORTH
9513 5TH PL	3	1	0		LORTON	\$300,000	Detached	0.62	22079	SHIRLEY ACRES
7670 WOLFORD WAY	3	2	1		LORTON	\$299,888	Townhouse	0.04	22079	WASHINGTON SQUARE
9655 FRANKLIN WOODS PL	3	2	1		LORTON	\$294,000	Townhouse	0.05	22079	GUNSTON SQUARE
9539 SALUDA CT	3	2	1		LORTON	\$283,000	Townhouse	0.04	22079	WILLIAMSBURG SQ
7621 SHEFFIELD VILLAGE LN	3	2	0		LORTON	\$260,000	Townhouse	0.03	22079	SUMMERHILL
8510 GOLDEN RIDGE CT	2	1	1		LORTON	\$250,000	Townhouse	0.02	22079	NEWINGTON HEIGHTS
9534 SHEPHERD HILLS DR	3	3	1		LORTON	\$220,000	Townhouse	0.03	22079	SHEPHERD HILLS
8704 SUSQUEHANNA ST	2	1	0		LORTON	\$220,000	Townhouse	0.03	22079	NEWINGTON COMMONS
8175 HALLEY CT #8175-3	2	2	1		LORTON	\$213,000	Garden 1-4 Floors		22079	CONDO AT GUNSTON CORNER
8435 PEACE LILY CT #131	2	2	0		LORTON	\$199,500	Garden 1-4 Floors		22079	SPRING HILL CONDOMINIUMS
9776 HAGEL CIR #55/E	2	1	1		LORTON	\$149,000	Townhouse		22079	TERRACE TOWNE HOMES OF G

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OPEN HOUSES

SATURDAY/SUNDAY, MARCH 23 & 24

When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper. For more real estate listings and open houses, visit www.ConnectionNewspapers.com and click on the "This Week in Real Estate" link. Call Specific Agents to Confirm Dates & Times

Burke

6060 Ridge Ford Dr.....\$519,950....Sun 1-4.....Tom & Cindy & Assoc.....Long & Foster..703-822-0207
6614 Bestwicke Ct.....\$499,900....Sun 1-5.....Maria Delgado.....Premier..703-455-0200
5969 Mount Burnside Way..\$434,500....Sun 1-4.....Deb Gorham.....Long & Foster..703-581-9005
6427 Fenestra Ct.....\$299,000....Sun 1-3..Heidi Ellenberger-Jones.....Keller Williams..703-915-6038

Centreville

6544 Skylemar Trl.....\$274,900....Sun 1-4.....Rich Triplett.....Samson Props. 703-217-1348

Chantilly

42344 Astors Beachwood...\$830,000....Sun 1-4.....Sari Karjalainen.....Weichert..571-643-6039

Clifton

12130 Sangsters Ct.....\$1,425,000....Sun 1-4.....Leslie Thurman.....Long & Foster..703-439-1921
12646 Water St.....\$1,125,000....Sun 1-4.....Carol Hermandorfer.....Long & Foster..703-503-1812
6420 Stonehaven Ct..High \$600,000s....Sun 1-4.....Ed Duggan.....Century 21 ..703-599-1351

Fairfax

5312 Windsor Hills Dr.....\$560,000....Sun 12-4.....Lena Restivo.....Weichert..703-855-7341

Fairfax Station

9803 Thorn Bush Dr.....\$1,298,900....Sun 1-4.....Eileen Lanser.....E-Realtors..703-625-9058
7131 Twelve Oaks Dr.....\$1,295,000....Sun 1-4.....Pat Richter..Residential Preferred..703-239-1234

Falls Church

3804 Munson Rd.....\$819,000....Sat 1-4.....Patrick Kessler.....Keller Williams..703-405-6540

Kingstowne/Alexandria

4904 Apple Tree Dr.....\$739,000....Sun 1-4.....Michael Fogarty.....HomeFirst..703-971-1800
3311 Wooden Valley Ct.....\$615,000....Sun 1-4.....Allan Price.....Long & Foster..703-313-6500
6104 Mulberry Ct.....\$569,500....Sun 1-4.....Brian Mahoney.....EXIT..703-766-4600
5902 King James Dr.....\$430,000....Sun 1-4.....Linda Walker.....Prudential..703-450-6229
6037 Crown Royal Dr.....\$424,950....Sun 1-4.....Tom & Cindy & Assoc.....Long & Foster..70-822-0207

Lorton

8494 Silverview Ct.....\$779,000....Sun 1-4.....Maureen Amendola.....Long & Foster..703-437-3800
6830 Tiddle Way.....\$685,000....Sun 1-4.....Beckie Owen.....Long & Foster..703-328-4129
9626 Potters Hill Cir.....\$445,000....Sun 1-4.....Ngoc Do.....Long & Foster..703-493-9797

Manassas

6525 Davis Ford Rd.....\$625,000....Sun 1-4.....Carol Hermandorfer.....Long & Foster..703-503-1812

Springfield

8001 Pyracantha Ct.....\$515,000....Sun 1-4.....Lana Hartmann.....ERA..703-359-7800

To add your Realtor-represented Open House to these weekly listings, please call Steve Hogan at 703-778-9418 or e-mail the info to shogan@connectionnewspapers.com
All listings due by Tuesday at 3 P.M.

#1 Weichert Agent in Burke & Fairfax Station

Call Kathleen today and ask for a copy of her "Satisfied Client List"





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Burke/Burke Cove \$249,950
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Fairfax Sta/South Run \$839,950
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Burke \$379,950
Multiple Offers Received
Immac home w/ 3BR, 2BA, eat-in kit w/ maple cabinets & granite cntrs, sunny fmlyrm w/ frplc & blt-ins, fenced yard, fabulous remodeled baths w/ Travertine & slate, replaced windows & siding, large MBR w/ his & her closets & walk to school.



Fairfax Sta/South Run \$774,950
Multiple Offers Received
Immac home w/ 5BR, 3BA, walkout bsmt w/ frplc, updated eat-in kit w/ walk-in pantry, granite cntrs, porcelain tile & SS & blk appliances, MBA w/ double sinks, jetted tub & sep shower, large deck, replaced HVAC, water htr & roof, new carpet, walk to lake & more.

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CALENDAR

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

SATURDAY/MARCH 23

Barrel Room 2012 Futures

Tastings. Noon-5 p.m., at Paradise Springs Winery, 13219 Yates Ford Road, Clifton. Enter the barrel room and taste future Paradise Springs wines from the 2012 vintage; learn how oak influences wines, how vineyard site selection affects flavors and the like; groups leave every 20 minutes and sample six to eight wines paired with light fare. \$25. 703-830-9463.

SUNDAY/MARCH 24

Barrel Room 2012 Futures

Tastings. Noon-5 p.m., at Paradise Springs Winery, 13219 Yates Ford Road, Clifton. Enter the barrel room and taste future Paradise Springs wines from the 2012 vintage; learn how oak influences wines, how vineyard site selection affects flavors and the like; groups leave every 20 minutes and sample six to eight wines paired with light fare. \$25. 703-830-9463.

FRIDAY/APRIL 5

Battle of the Bands

7-9:30 p.m., at South County High School, 8501 Silverbrook Road, Lorton. Local rock bands compete for prizes at a night benefitting the South County HS Class of 2013 All Night Graduation Party; raffles, door prizes and concessions are available. \$7. SoCoANGP@cox.net.

SATURDAY/APRIL 6

Asian Art and Culture Day

11 a.m.-4 p.m. at the Workhouse, 9601 Ox Road, Lorton. On National Cherry Blossom Festival and Asian Art and Culture Day the Workhouse hosts workshops, demonstrations, performances, talks and exhibitions featuring Asian art and culture. Join for a Japanese tea tasting, origami workshops and film, brush painting demonstrations, artist talks, cherry tree planting and more. www.WorkhouseArts.org.

SATURDAY/APRIL 13

Spring Faire

10 a.m.-3 p.m., at Kirkwood Presbyterian Church, 8336 Carleigh Parkway, Springfield. Jewelry, fashion, home decor, kitchen, garden, gourmet foods, door prizes and more to benefit Bethany House's work to help victims of child abuse. www.womansclubofspringfield.org.

THURSDAY/APRIL 18

2013 Fairfax County Volunteer

Service Awards 8 a.m.-10 p.m., at Waterford, 6715 Commerce St., Springfield. The Fairfax County Volunteer Service Awards serve as a community-wide celebration of volunteerism and the awards honor individuals, groups and organizations that have given outstanding volunteer service. Nominations/online application are due: Feb. 4 by 4 p.m. 703-246-3825 or www.volunteerfairfax.org.



Au pairs from Clifton, Fairfax and Fairfax Station prepare to host the Town of Clifton's Easter egg hunt set for Saturday, March 23. The au pairs helped stuff approximately 3000 eggs full of candy and trinkets.

PHOTO COURTESY OF DARIECE RAU

Easter Egg Hunt on in Town of Clifton

Au pairs from Clifton, Fairfax and Fairfax Station have stuffed nearly 3,000 eggs full of candy and trinkets in preparation for hosting this weekend's Town of Clifton Easter egg hunt, set for Saturday, March 23.

The egg hunt begins promptly at noon at Clifton Town Park on Main Street, between Chapel and Chestnut Street. Registration costs \$5 and is open for toddlers through fourth grade students up until 11:45 a.m.; cost includes a collection bag for children to use during the egg hunt (use of personal

baskets is not allowed) and a 4x6 commemorative photo.

The hunt is divided into three age groups: toddlers through preschool-aged children, kindergartners through second graders, and third and fourth graders.

In the event of inclement weather, the egg hunt will be rescheduled for Sunday, March 24, at 2 p.m. (with registration ending at 1:45 p.m.).

For further details or to hear more about the au pair program call 703-944-3907.

BULLETIN BOARD

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

THURSDAY/MARCH 21

Book Donations

Until April, the Robert E. Lee High School Library is accepting donations of gently used books for their annual book sale—bring in fiction, nonfiction, children's books, cookbooks, college textbooks and the like to benefit new materials and computers for students. 703-924-8370.

SATURDAY/MARCH 23

Muslim Women in STEM

1-3 p.m., at the Lorton Community Library, 9520 Richmond Highway, Lorton. A presentation on Muslim women in science, technology, engineering and mathematics sponsored by the Nubian Benevolence Association in observance of Women's History Month; light lunch included. RSVP. nubianbenasc@yahoo.com.

WEDNESDAY/MARCH 27

Navigating Difficult

Relationships: Loving Boundaries. 10-11:30 a.m., at Kirkwood Presbyterian Church, 8336 Carleigh Pkwy., Springfield. Counselor Joanne Owens helps define what a difficult relationship is, what healthy boundaries look like and how to speak emotions without attacking—even to one's own mother; includes coffee, tea, homemade breakfast fare and childcare. \$7. RSVP. MomsOnTheRun4@gmail.com.

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Terry McAuliffe, Democratic candidate for governor, speaks at the 19th Annual St. Patrick's Day Fete sponsored by U.S. Rep. Gerry Connolly (D-11) at the Kena Shriners Temple in Fairfax on Sunday evening, March 17. Fairfax County Board of Supervisors Chairman Sharon Bulova and Congressman Connolly are pictured behind McAuliffe.

St. Patrick's Day With Connolly

More than 1,400 attend Congressman's St. Patrick's Day Fete.

A record-breaking crowd of more than 1,400 packed the shamrock-festooned Kena Temple ballroom Sunday night for Congressman Gerry Connolly's 19th Annual St. Patrick's Day Fete.

As dozens of elected officials and Democratic candidates lined the stage behind him, Connolly announced the winners of the straw polls for Virginia's Democratic candidates for lieutenant governor and attorney general.

In the contest for lieutenant governor, Aneesh Chopra garnered 70 percent of the votes, while Senator Ralph Northam received 30 percent. Results were closer in the attorney general's contest with Senator

Mark Herring receiving 52 percent to Justin Fairfax's 48 percent.

Democratic gubernatorial candidate Terry McAuliffe opened the gathering. Fairfax County Board of Supervisors Chairman Sharon Bulova handled the master of ceremonies duties and the introduction of the lengthy list of elected officials and candidates who joined Connolly for the annual celebration.

Connolly began hosting the event when he was first elected to the Fairfax County Board of Supervisors in 1995 and has continued the tradition ever since through his 10 elections. The annual St. Patrick's Day event started as a small gathering in Connolly's Fairfax home. Soon tents had to be erected behind the Connolly house to accommodate larger crowds, but it outgrew that venue too. It has been held at the Kena function hall in the heart of Connolly's district ever since.

Kaelin Jennison of Fairfax helps people with the straw pole at the 19th Annual St. Patrick's Day Fete sponsored by Congressman Gerry Connolly on Sunday evening, March 17.



While attending the 19th Annual St. Patrick's Day Fete sponsored by Congressman Gerry Connolly on Sunday evening, Penny Rood of Fairfax votes in the straw poll, which is one of the featured activities in the annual event.



PHOTOS BY ROBBIE HAMMER/THE CONNECTION

Terry Mansberger of Fairfax helps people with the straw poll at the 19th Annual St. Patrick's Day Fete sponsored by Congressman Gerry Connolly on Sunday evening.



Terry McAuliffe, democratic candidate for governor, speaks with Bill Sudow and Kathleen Murphy at the 19th Annual St. Patrick's Day Fete sponsored by Congressman Gerry Connolly at the Kena Shriners Temple in Fairfax on Sunday evening. Murphy is a Democratic candidate for the 34th district of the Virginia House of Delegates.

SPORTS

Hyland's 8 Goals Help Rams Edge Bruins

Junior scores game-winner with 16 seconds remaining.

BY JON ROETMAN
THE CONNECTION

Robinson junior Maggie Hyland was having a career-best night when she took a lacrosse stick to the face with less than three minutes remaining in a tightly-contested rivalry match-up against the Lake Braddock Bruins.

Lake Braddock sophomore Jade Samec was sent off the field with a red card for clocking her opponent. Hyland returned to the offensive end, moving her jaw up and down to assure everything was in working order.

"I thought I was going to have to be taken out," Hyland said after the game. "That hurt. ... I didn't want to get taken out. That was the last thing I wanted to do, so I just fought through it."

Hyland stayed in the game. As a result, it was the Bruins who were taken out.

HYLAND SCORED from free position with 16 seconds remaining, giving the midfielder a career-high eight goals and lifting the Robinson girls' lacrosse team to a 13-12 victory over Lake Braddock on Tuesday night at Robinson Secondary School. Hyland scored five goals in the second half, including the Rams' final three.

"She's definitely our go-to girl," second-year Robinson head coach Liz Case said. "She definitely has the moves. She's a phenomenal player; it's almost like a magnet with her stick. ... It's one of those things, too: She needed to take that lead on the attack and she definitely stepped up and she did phenomenal."

Hyland's goal with 9:52 remaining gave the Rams a 12-11 lead. Both teams went scoreless for the next nine minutes before Lake Braddock junior attack Kristen Gaudian delivered her sixth goal of the evening, tying the score at 12-all with 45 seconds remaining. Robinson called timeout after the goal and Hyland responded with the game-winner.

Lake Braddock defeated Robinson 16-10 last season. It was the Bruins' first victory over the Rams in at least a decade. On Tuesday, Lake Braddock built leads of 3-0, 5-1 and 6-2, but Robinson responded by scoring the final five goals of the first half and led 7-6 at halftime. Gaudian scored back-to-back goals to give the Bruins an 11-9 lead with 16:19 remaining in the contest, but the Rams answered by scoring four of the final five.

The game included five lead changes and neither team led by more than two goals during the final 30-plus minutes.

"We did great," Lake Braddock head coach Victor Chen said. "We did very well. We executed. Couldn't ask for anything more. Got to give Robinson credit, [the Rams are a] very-well coached team and I knew



Robinson junior Maggie Hyland scored a career-high eight goals against Lake Braddock on Tuesday.



Lake Braddock junior Kristen Gaudian scored six goals in a loss to Robinson on Tuesday.

they'd be out for this one. We did the best we could. We've got to make some adjustments, obviously, and we'll use this game as a good learning experience ... and we'll come back from it."

Case said she has stressed solid defense and eliminating fouls to the Rams. Robinson wasn't carded on Tuesday, while Lake Braddock received three yellows and a red.

"The red card was just kind of a motivation for me," Hyland said. "It was saying they're being rough and illegal and we are not. We went through this whole game with no yellow cards, no red cards [and] barely any illegal checks, which was awesome for us—that was an improvement. Our coach was very proud of us at the end for that."

Freshmen Taylor Caskey and Kaitlin Luccarelli each scored two goals for Robinson and senior Megan Barlow added one.

Junior attack Grace Youn scored three goals for Lake Braddock. Samec finished with two goals and freshman Kyra Hayden scored one.

LAKE BRADDOCK dropped to 0-2, including a 14-5 season-opening loss to Oakton on March 15. The Bruins will face Cape Henry Collegiate at 4 p.m. on Friday, March 22, during the North vs. South Invitational at Cape Henry.

"We're exactly where I wanted to be at this point of the season, anyways," Chen said. "... Our goal is to peak at the district tournament. It's a tough loss to swallow, no doubt, but we're not going to hang our entire season on this one particular game."

Robinson improved to 2-1. The Rams opened the season with a 10-6 victory against Paul VI on March 13 and lost to Stone Bridge 15-10 on March 15. Robinson will travel to face Marshall at 7:30 p.m. on Thursday, March 21.



South County freshman leadoff hitter Jade Williams had a three-run triple against Oakton on March 15.

South County Softball Beats Oakton in Opener

Stallions looking to advance past region semifinals.

BY JON ROETMAN
THE CONNECTION

The South County softball program has won six consecutive Patriot District championships and brought home the 2009 Northern Region title.

But while the Stallions have experienced sustained success, their last three seasons have ended in a fashion that has head coach Gary Dillow wanting more.

South County has lost in the Northern Region semifinals three straight years. Each time, the Stallions failed to score a single run and went home one win shy of the state tournament. Dillow said recently the team needs to improve its hitting against quality pitching in order to advance further in the region tournament.

Whether South County finds a way to get it done at regionals will be determined in late May. On Friday, the Stallions got an early start on coming up with clutch hits.

South County defeated the Oakton Cougars 4-0 in its season opener on March 15 at South County High School. In the fourth inning, junior catcher Haylea Geer gave South County a 1-0 lead it wouldn't relinquish with an RBI double. In the bottom of the fifth, freshman leadoff hitter Jade Williams gave the Stallions some insurance with an opposite-field three-run triple to right.

South County will be looking for the same kind of hits in the postseason.

"We've been to the regional semifinals three years in a row and lost," Dillow said. "That really is our focus, to take that next step and get to the regional finals and qualify for states. I

think we need to hit better, more consistently against really good pitching."

On Friday, the hitting started with junior shortstop Whitney Burks, whose two-out single up the middle set up South County's first run. Burks, who is verbally committed to Stanford, stole second base and later scored when Geer smoked a double to deep left field.

"[Burks] makes everything go," Dillow said. "... Even when she gets out, she hits the ball hard. She's one of the best players in the region and the state right now."

Geer's double came on a 0-2 pitch.

Williams, a freshman outfielder for the Stallions, came through with a bases-clearing triple in the fifth inning.

"I was nervous," Williams said about playing in her first varsity game. "I've been playing since I was 5, so it should be second-nature to me, but I was nervous."

Dillow has confidence Williams can produce at the top of the order.

"Crazy coach sticking a freshman in the leadoff spot," Dillow said, "but she's ... playing really high-level travel and hits the ball well, so I knew she could do it."

Four runs was more than enough offense for junior pitcher Rebecca Martin, who earned the victory in the circle. The third-year varsity hurler surrendered two hits and walked two while striking out 11 in six shutout innings.

South County faced T.C. Williams on Wednesday, after The Connection's deadline. The Stallions will compete in a tournament in Myrtle Beach, S.C., March 25-27 and will return to local action at home against Lake Braddock on April 3.

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21 Announcements

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21 Announcements

State of Connecticut

Court of Probate, Cheshire Southington Probate District

NOTICE TO KHALID RAUF TIWANA

whose last known residence was in Burke, Virginia.

Pursuant to an order of Hon. Matthew J. Jalowiec, Judge, a hearing will be held at Cheshire - Southington Probate District, 84 South Main Street, Cheshire, CT 06410 on April 22, 2013 at 10:00AM.

On an application for a change of name concerning a minor child born on December 17, 1999. The court's decision will affect your interest, if any, as in said application on file more fully appears.

By Order of the Court Karen M. Stonoha, Clerk

21 Announcements

21 Announcements

PUBLIC NOTICE
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In accordance with 10 USC §2705 and Department of Defense (DoD)/ Army policy, US Army Garrison Fort Belvoir is inviting public involvement by community members in the decision-making process, including project prioritization, for Fort Belvoir's environmental restoration program. Environmental restoration is a planned and focused cleanup of contamination associated with past DoD activities to ensure threats to public health and the environment are mitigated or eliminated. The Restoration Advisory Board (RAB) is a stakeholder group that regularly meets to discuss environmental restoration at a specific property that is either currently or was formerly owned by DoD, and where DoD oversees the restoration process. RABs enable people interested in the cleanup to exchange information with regulators, the installation, and the community.

Environmental restoration program efforts at Fort Belvoir include investigation and remediation of Military Munitions Response Sites, Solid Waste Management Units, petroleum remediation, and various other past releases of contamination to the environment.

Community members interested in establishing and serving on a RAB are asked to contact Mr. Patrick McLaughlin, Directorate of Public Works, Chief, Environmental and Natural Resources Division, at imcom.fortbelvoir.dpw.environmental@us.army.mil, 703-806-3193, or 9430 Jackson Loop, Building 1442, Suite 200, Fort Belvoir, VA 22060-5116. If enough interest is generated Fort Belvoir will form a RAB and provide information on membership and responsibilities.

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-Dagobert Runes

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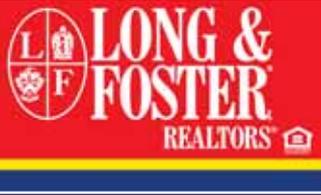
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Historic Town of Clifton **\$1,125,000**
Beautiful custom 5 bedroom, 4 bath home sited on 1 acre in quaint neighborhood of Frog Hill. Charming character throughout and meticulously maintained!
Carol Hermandorfer 703-503-1812



Fairfax **\$649,000**
This unique Contemporary has been updated for market! The open floor plan includes a 2-story family room, 4 generously sized bedrooms including main level master, 3 full baths, and huge walkout recreation room. The eat-in kitchen has granite counters & stainless appliances. Located just a few blocks from school, Metrobus & VRE, and across the street from Woodglen Lake/Park. Ready for your family!
Mary Hovland 703-946-1775
Cathy DeLoach 571-276-9421



Lake Anna **\$459,900**
Upgrades galore! 2 master suites, gourmet kitchen, granite, gas stove, wine cooler, breakfast bar, wet bar w/frig, hardwoods, high ceilings, 2 gas fireplaces, screened porch, office, 3 car garage, paved circular drive, slip in common area.
Toni McQuair 703-795-2697



Fairfax **\$519,900**
Welcome to beautiful Fairfax Estates where this lovely Colonial awaits you. Located on a cul-de-sac setting, huge 14,765 sq. ft. lot, 2 car garage with long driveway, 4 BR's, 3 1/2 Baths, hardwood flooring in foyer/family room, great kitchen with granite counters, adjacent family room w/lovely brick fireplace. Full walk out basement with recreation room, exercise room or media room.
Sheila Adams 703-503-1895



Fairfax **\$399,900**
Rarely Available Near Vienna Metro. Spacious 3 BR, 2.5 bath home at Saintsbury Plaza. Open floor plan. Gourmet kitchen with 42" maple cabinets and granite counters. Active Adult Condominium (55+) within easy access of the Vienna Metro.
Barbara Nowak 703-473-1803
Gerry Staudte 703-309-8948



Warrenton **\$249,900**
Must see! Gorgeous townhouse with open floor plan in a friendly community just steps from the historic city of Warrenton. Complete with chair rail, granite counters in kitchen, window treatments, baywindow & more. Relax in the bright, cheery rooms and enjoy the security of a well maintained home. Convenient to schools, shopping and commuter routes. Agent/owner.
Martin Dubin 703-862-3455



Lake Ridge **\$869,999**
This magnificent home on 1.25 acres in the sought after Golf Course Community of River Falls on the Occoquan offers over 7,500 square feet of finished living space, 3-car side entry garage, gourmet kitchen w/GE Monogram Appliances, 18-seat Movie Theater with a top-of-the-line Dolby Sound System.
Ngoc Do 703-798-2899



Fairfax Station/Crosspointe **\$799,900**
Exquisite, Seldom Seen Cross Newport-Deluxe-Expanded in sought after Crosspointe. Updated/Redesigned Kitchen, Hardwood Floors & New Carpet. Main Floor "Breezeway" Study. 5 BR/3.5 BA. Back Staircase to 5th Bedroom & 3rd BA. Finished LL. Large Deck backing to Trees. Beautifully Landscaped.
Ann Witherspoon 703-503-1836



Fairfax City **\$699,900**
Fabulous updated 4BR, 2.5 BA colonial in prime location in Fairfax City. Walk to parks, shops, restaurants, etc. Newly renovated kitchen. Huge family room extension. Easy commuter access. Move in ready!
Courtney Branham 703-503-1835



N Arlington **\$274,900**
Move-in ready!! Light & bright w/southern view. Jazzy kitchen w/granite counters, 42" cabinets, SS appls. Updated bathroom. Nice-sized LR/DR. Dbl pane vinyl windows. Low condo fee incl utils, party rm, gym, pool, parking. Steps to shopping, eateries, transportation. No traffic lights to Pentagon, Nat'l Airport, DC. Location & Affordability.
Jim Fox 703-503-1800



Herndon **\$258,900**
Close to new Metro Station. Newly decorated two bedroom condo in popular Worldgate. Community amenities, secure building and covered garage parking. The new Monroe Metro Station will be within walking distance. Vacant and ready for move-in and in time to enjoy the community pool.
Ellie Wester 703-503-1880



Fairfax Station **\$536,400**
This spacious 2 level Rambler sited on 1+ private acres features updated kitchen, flooring and HVAC system All 3 upper bedrooms have access to balcony. Lower level has guest bedroom, full bath, 2 dens or can be used as playroom/office, recreation room with wet bar.
Ngoc Do 703-798-2899



Fairfax Station **\$950,000**
This Stately Colonial w/over 7,000 SqFt is sited on over 5 beautiful acres backing to woods and stream. Beautifully updated throughout, this home offers a fantastic open floor plan w/high ceilings and huge room sizes, spectacular outdoor living including a deck, patio, balcony and swimming pool.
Ngoc Do 703-798-2899



Fairfax **\$549,000**
Nature is your stage in the park like setting of this rare 5 bedroom/3 bath rambler, with thousands of dollars of updates! Fall in love with the remodeled kitchen with granite counters and cherry cabinets; 3 updated bathrooms; gleaming hardwood floors; huge finished walkout rec room; screened porch and hot tub, plus a huge back yard which backs to the creek!
Catie, Steve & Associates 703-278-9313



Falls Church **\$650,000**
Beautiful Updates in a Spacious Home. Sunny, clean 5 BR, 2.5 BA house w/2-car garage. Updated kitchen with new cabinets, granite counters and SS appliances. Updated baths, too. Freshly painted. Beautiful sunroom overlooks level lot. Easy access to East Falls Church Metro, only 2.3 miles.
Barbara Nowak 703-473-1803
Gerry Staudte 703-309-8948



Manassas **\$625,000**
Spacious waterfront property sited on nearly 1.5 acres surrounded by majestic trees and overlooking the Occoquan Reservoir. With three finished levels this home sparkles inside and out!
Carol Hermandorfer 703-503-1812



Lake Anna **\$1,049,900**
Waterfront Gated Community. 5BR, 6.5 BA luxury home built to amazing standards. Expansive gourmet kitchen, theatre room, so many top-of-the-line upgrades to mention. This home is a MUST SEE!
Liz Wilson 540-226-6475



Centreville **\$359,900**
Newly listed. Updated and upgraded with everything including hardwood flooring, granite, new vanities, lighting fixtures and more. 2 master suites, 2 full and 2 half baths, walkout basement, deck, garage and more.
Ellie Wester 703-503-1880



Lake Anna **\$679,900**
Lake views from huge wrap porch. Open floor plan, soaring ceilings, tile floors, granite. 2 two-car garages. Boat house w/280 ft of waterfront.
Toni McQuair 703-795-2697



Manassas **\$340,000**
Backs to Trees. Well maintained 3 BR, 2 1/2 BA Colonial on 1/4 acre lot, backing to trees and creek. Hardwood floors in LR/DR. 1st floor FR and finished RR in walkout basement.
Barbara Nowak 703-473-1803
Gerry Staudte 703-309-8948

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