



PFC Rockie Akhavan's smashed cruiser.

'These Citizens Are the Heroes'

Passersby aid police officer and injured children after crash.

BY BONNIE HOBBS
CENTRE VIEW

A mother allegedly high on drugs — and driving 70 mph in a car containing an infant and a 6-year-old without a seatbelt — led to a three-car crash on March 11 that could have ended in tragedy.

As it was, it sent five people to the hospital, resulted in the mother's arrest and brought out the best in public-safety personnel and ordinary citizens who came to the rescue of the children and of police PFC Rockie Akhavan, who was trapped in his cruiser.

"Rockie was one of several heroes out on the job that night," said Capt. Ed O'Carroll, commander of the Sully District Station, where Akhavan's been a patrol officer since the station opened in 2003. "But sometimes, even our heroes need help."

And last Friday, March 29, in a ceremony at the station, Akhavan, the citizens and three state troopers were honored for their efforts in this incident.

On March 11, shortly after 10 p.m., Akhavan was parked on the I-66 divider, looking for speeders going west when Virginia State Police issued a lookout for a suspected drunk driver in a 1993 Chevrolet. Then a pastor and his daughter driving on I-66 east came up to his cruiser and told him about a vehicle — the Chevrolet — they'd seen driving erratically.

"We'd followed it, 15-20 minutes, and it was weaving and sometimes on the shoulder," said Emily Zetts of Rockville, Md. She and her father were driving home after visiting relatives in Waynesboro. After SEE 'THESE CITIZENS ARE THE HEROES', PAGE 13



From left are Gregory and Emily Zetts, John Yacek, Lorenzo Goode, Rockie Akhavan, Matthew Ratliff and Stacey Hawkins.

PHOTOS BY
BONNIE HOBBS
CENTRE VIEW

Zero Tolerance For Impaired Drivers

Police detail statistics on DUI-related crashes and arrests.

BY BONNIE HOBBS
CENTRE VIEW

During last week's ceremony honoring the officers and citizens who helped out after a devastating crash on I-66, police Lt. Rich Morvillo, assistant commander of the Sully District Station, presented some sobering statistics.

In 2011, Fairfax County had 650 DUI-related crashes; in 2011, it had 670. And so far in 2013, there've been 118. So police have put particular focus on educating the public about the dangers and apprehending offenders.

"In 2013, the Sully District Station has already made 65 DUI arrests," said Morvillo. "And the county has made an astounding 634 DUI-related arrests."

Station Commander Ed O'Carroll said he has some 110 officers to cover 70 square miles, so tips from citizens regarding impaired drivers are welcome. He also acknowledged the brave and heroic efforts of the people who came to the aid of PFC Rockie Akhavan after he was involved in a "horrific crash" on March 11.

Thanking the citizens and state troopers for all they did, O'Carroll said, "Fairfax County has an aggressive campaign to take drunk and impaired drivers off the roads. But we need the citizens' help. The efforts that night started with the call to the state police [about an erratic driver on I-66]."

"We're appreciative of Rockie's traffic-enforcement efforts," he continued. "This crash is a testament to the dangers police offic-



PFC Rockie Akhavan (on left) receives a "Saved by the Belt" certificate from Lt. Rich Morvillo. Akhavan had his seat belt on during the crash.

ers inherently face. But we're resolute in our continued efforts to remove impaired drivers from our community's roadways, and our efforts have only just begun. We have zero tolerance for drunk drivers."

Calling Akhavan "a shining star here at Sully," O'Carroll said he's now rededicated to apprehending anyone driving under the influence of drugs and alcohol.

Also speaking was Supervisor Michael R. Frey (R-Sully). "I appreciate the chance to say thank you to Officer Akhavan," he said. "He's representative of all the officers here — they care about the community and do all they can to keep it safe. And the support for the Police Department and the officers from the community had just been tremendous."

SEE ZERO TOLERANCE, PAGE 13

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They're Ready to Take on the World

Rocky Run students heading to FIRST Lego League championship in St. Louis.



PHOTOS BY BONNIE HOBBS/CENTRE VIEW

Wearing their team T-shirts and looking forward to the World FIRST Lego League Championship are (from left) Mara Casebeer, Aishani Pal, Medhini Mankale, Kush Mittal, Rachel Hong and Arnav Mehra.

BY BONNIE HOBBS
CENTRE VIEW

After capturing the FIRST Lego League state championship, Rocky Run's seventh-grade team, R2D2, is ready to take on the world. The five girls and two boys are heading to St. Louis to participate, April 24-27, in the world championship.

Comprising the team are Mara Casebeer, Rachel Hong, Medhini Mankale, Arnav Mehra, Kush Mittal, Michelle Kim and Aishani Pal. And they're all looking forward to the upcoming competition.

"Getting to state level is really quite an accomplishment," said Aishani. "The world championship will be cool because we'll meet people from lots of different countries."

Actually, their journey began in June 2012 when they started working on their project. They had to identify a challenge faced by

senior citizens and develop an innovative solution for it. So last summer, they organized their tasks and familiarized themselves with programming a robot — which they named Yoda.

But step one was research. "We interviewed our grandparents, neighbors and other people, age 65 and over, and found out their biggest problem was strength," said Arnav. "So we came up with an exercise wheelchair. It has stretch bands and motivational tools, plus a screen telling what age you're exercising at."

The state competition, Dec. 8-9 at JMU, had four aspects. "One was the presentation of our project, the wheelchair," said Mara. "Then the judges gave us another challenge to solve with our teamwork, abilities and skills. We also had to design and build a robot out of NXT Legos; then it had to perform and overcome different obstacles."

"You also have to tell the judges how you designed your robot and what your strategies were," added Michelle.

So, said Aishani, "You have to explain the idea behind how you made it — for example, why you chose that type of wheel."

Michelle said there's a block grid on the computer program they used for programming their robot. Arnav said it makes the robot move in different directions.

"The difficulty is how to create the pattern," said Aishani. "You have to decide how many seconds it can go forward or backward and the distance it goes. We also have tools, such as sensors, that we attach to the robot."

Kush said the sensors "help the robot do the program. Some of them are touch and color sensors."

"The sensor goes onto the robot's brain, which controls it," said Medhini. "The motors also get plugged into the brain. We program the sensors on the computer and, during competition, the robot can sense the particular obstacles."

Kush said there are 16 obstacles or missions for the robot to complete in 2.5 minutes. For example, he said, "There was a Lego course and the robot had to push a stick to propel a 'dog' to our robot's home base." Additionally, said Rachel, the robot had to climb a wobbly bridge.

But it couldn't tilt, or the robot

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ROUNDUPS

Italian Ices for Tara

Tara Sankner, an 8-year-old second-grader at Lees Corner Elementary, was recently diagnosed with brain cancer, and the local community is rallying 'round to show its support. On Monday, April 8, from 6-8 p.m., area residents can enjoy sweet treats while raising money to help with Tara's medical bills.

During those hours, Rita's Italian Ice, at 10726 Fairfax Blvd., in Fairfax, will donate 20 percent off all sales to support Tara and her family. Those unable to attend may also contribute to Tara online. Go to www.airbanking.com/tools/; where it says to pick a charity, click and scroll down to Pray for Tara.

Meet the Bomb Squad

The next meeting of the Sully District Police Station's Citizens' Advisory Committee is Wednesday, April 10, at 7:30 p.m. It will be in the Sully District Governmental Center, 4900 Stonecroft Blvd. in Chantilly. The topic is "An Introduction to the Bomb Squad and its Tools."

Residents will have a chance to learn about what the police Bomb Squad does. In addition, they'll get to meet one of the unit's bomb-detection dogs and operate a robot.

Free Carseat Inspections

Certified technicians from the Sully District Police Station will perform free, child safety carseat inspections Thursday, April 11, from 5-8:30 p.m., at the station, 4900 Stonecroft Blvd. in Chantilly. No appointment is necessary. But residents should install the child safety seats themselves so technicians may properly inspect and adjust them, as needed.

However, because of time constraints, only the first 35 vehicles arriving on each date will be inspected. That way, inspectors may have enough time to properly instruct the caregiver on the correct use of the child seat. Call 703-814-7000, ext. 5140, to confirm dates and times.

Sully District Council Meeting

The Sully District Council of Citizens Associations and its Land-Use Committee will meet Wednesday, April 24, at 7 p.m., in the Sully District Governmental Center, 4900 Stonecroft Blvd. in Chantilly. (This meeting was postponed from March 27). Call Jeff Parnes, evenings, at 703-904-0131. Agenda items are as follows:

* Fairfax County's Fairfax Forward plan to replace the APR (Area Plans Review) land-use process is ready for a public hearing. The panel will receive an update briefing.

* Verizon Wireless has identified a gap in wireless coverage and service in the local community. Verizon Wireless and Milestone Communications have applied to have a wireless telecommunications tower at London Towne Elementary.

* The panel will learn about proposed changes to the Dulles Discovery parcels on both sides of the Air and Space Museum Parkway, east of Route 28.

Food Donations for WFCM

Western Fairfax Christian Ministries' food pantry urgently needs donations of spaghetti sauce, canned fruit, rice (2-lb. bags), canned pasta, peanut butter, canned tuna and meat, hot and cold cereal, fruit juice, and pancake mix and syrup. Bring all items to WFCM's new food-pantry location at 13888 Metrotech Drive, near Papa John's Pizza and Kumon Learning Center, in Chantilly's Sully Place Shopping Center.

Meals on Wheels Volunteers

Fairfax County needs Meals on Wheels drivers in Chantilly and group Meals on Wheels coordinators in both Chantilly and Fairfax. Contact Volunteer Solutions at 703-324-5406, TTY 711, VolunteerSolutions@fairfaxcounty.gov or visit www.fairfaxcounty.gov/dfs/olderadultservices/volunteersolutions.htm.

SEE ROUNDUPS, PAGE 7

NEWS

Event Carries on Erin Peterson's Legacy

Annual Gospel Celebration of Life is Sunday, April 14.

BY BONNIE HOBBS
CENTRE VIEW

Erin Peterson was a basketball star at Westfield High and was almost finished with her freshman year of college, on April 16, 2007, when she became one of 32 people killed in the Virginia Tech massacre. Just 18, she was sitting in her French class when her life ended.

But she had a caring and giving heart and, although taken from this earth at such a young age, her parents, Grafton and Celeste Peterson of Centreville, make sure that her legacy lives on.

They began the Erin Peterson Fund in May 2007 to continue their daughter's commitment to achieving excellence through education and helping those less fortunate. They also started an annual Gospel Celebration in remembrance of Erin and to raise money for the fund.

This year, the 6th Annual Erin Peterson Gospel Celebration of Life will be held Sunday, April 14, at 4 p.m., at Mount Olive Baptist Church, 6600 Old Centreville Road in Centreville.

The featured entertainer will be Crystal Aikin, the 2008 winner of BET's hit singing competition, "Sunday Best," along with area gospel choirs and singers.

Also performing will be the Mount Olive Baptist Church More and More Praise Liturgical Dancers and Unspoken Praise Mime Ministries, as well as the Mount Zion Baptist Church Choir.

"It'll be spiritually uplifting," said Celeste Peterson. "And if people love Gospel music, we've really put together a wonderful program."

The event is free and open to the public, but donations are welcome.

All money collected during the program will help provide further educational scholarships and grants for deserving students. Since its inception, the Erin Peterson Fund has awarded more than \$107,000 in grants and scholarships to aspiring college students.

It's already given a total of \$54,000 in scholarships to 37 recipients. The Fund also plans to award more than \$15,000 in new and renewal scholarships this year, including \$2,000 to a June graduate of Mountain View High. Scholarships also go to graduating seniors at Westfield and Falls Church high schools.

Almost 100 percent of the grant money goes directly to Westfield for its Boys Leadership Group Today for Tomorrow, which serves and supports at-risk young men attending that school. Currently, 35 boys are in the group and, to date, it's received \$53,000 in grants from the Erin Peterson Fund. For more information, go to

SEE ERIN PETERSON'S LEGACY, PAGE 7



Erin Peterson

Westfield High Holds International Night

BY BONNIE HOBBS
CENTRE VIEW

Featuring a variety of performers representing countries throughout the globe, Westfield High will hold its annual, International Night program this Friday, April 5, at 7 p.m., in the school theater.

Sharing their culture and heritage, students will wear ethnic costumes and perform songs and dances. Westfield ESOL teacher and International Club sponsor Carmen Danies says this lively and colorful event helps the school highlight and embrace its diversity.

"Given our climate in diversity and world news not always being positive, International Night offers respite from critical remarks, anger and economic despair," she said. "Students highlight and return to the beauty they know different cultures offer. They are infused with pride, excitement and cheer creating an atmosphere that quickly spreads throughout the audience and school."

In fact, April 1-5 has been named International Week at Westfield because the International Club members believed one night wasn't enough to capture the spirit they want sustained. So each day this week, students have been wearing typical clothing reflecting many different countries. Tuesday was Central and South America; Wednesday, Asia; Thursday, Africa/Europe; and Friday, the world.

The students are also excited about their upcoming International Night. The show will run until 9 p.m. and, during intermission, attendees will be able to taste the cuisine of several, different countries. Entertainers include the following:

Representing Northern India, senior Ambica Kalburgi will do a Kathak dance, and the Latino Dance Club will demonstrate a combination of Caribbean merengue, salsa and modern fusion.

Westfield's Step Team will feature African percussive-dance formations, using hand-clapping for complex rhythms and motions. And International Club President Hari Kappiyoor, a senior, will sing a Northern Indian song describing love as a triumph.

Representing Columbia, Carolina Sosa will perform a Cumbia dance featuring the classical, "Pollera Colorad." In addition, twin sisters Anupa and Anjana Sharma will perform a narrative dance depicting Nepal's geographical beauty.

Billing themselves as Desi Girlz, students Simren Dhaliwal and P.J. Chaggar will perform a Bhangra dance. And in the "Bollywood Revolution" number, seven dancers will do a classical, Indian dance blended with popular Bollywood rhythms.

A Hawaiian hula dance will be performed by freshman Tremaine Nakirigya. There'll also be a Ugandan drum and traditional song, plus two musical numbers from Brazil.

They're Ready to Take on the World

FROM PAGE 2

would topple. "And if the robot touched the ground, you'd get zero points," said Mara. If it didn't, the team received 65 points.

Aishani said the hardest part was having their robot kick a ball and knock down bowling pins. And Michelle noted that, if time allowed, they could repeat missions they initially failed or didn't do.

"You can't touch the robot while it's competing," said Aishani. "But if it's stuck and you have to, you lose 5 points. Each of the competition's four parts was equally weighted toward your score."

And, said Mara, "That's what's cool about FLL competition — there's an equal amount of emphasis on the robot and the science parts so it appeals to more people."

The team members each had different strengths and weaknesses but, said Kush, "We share our knowledge with each other and that's what makes us such a strong team."

For example, said Mara, "Michelle is good at programming and Aishani is good at speaking; so together, they're an awesome team."

Michelle said core values are part of the competition's teamwork section. "One of them is gracious professionalism," she said. "For example, 'We're respectful to the other teams competing.'"

Another core value, said Arnav, is "having fun, even though you're competing and doing hard work, and we did. I really liked the project and talking about our solution."

Mara said the team's varying levels of experience were a plus. "We're a team of veterans and



Back row, from left, are Arnav Mehra, Kush Mittal and Coach Jayant Pal. Front row, from left, are Medhini Mankale, Michelle Kim, Rachel Hong, Aishani Pal and Mara Casebeer. Rocky Run's seventh-grade team won the FLL state championship.

PHOTOS CONTRIBUTED

rookies, which also makes us stand out," she said. "Diversity's good."

Rachel liked the variety of obstacles their robot had to tackle and Medhini enjoying doing the programming and then seeing the robot carry out its missions in the state competition.

"I also liked meeting the other teams and seeing their projects," said Medhini. "We traded candy, souvenirs, stickers and buttons, and that was also gracious professionalism. It showed that, even though we were competing with them, they were great, too."

At states, said Arnav, "It was good to feel that, finally, our hard



This is the robot created by Rocky Run's seventh-grade FLL team.

work paid off." Added Medhini: "It was exhilarating; we were screaming with joy."

Their coach, Aishani's father, Jayant Pal, was also proud of them all. "The team is really strong and did a great job to achieve what it did," he said.

Pal was also pleased that the team worked on a real-life issue with minimal directions. He said they worked hard on the senior-citizen project, "talking to professionals — doctors and NIH aging experts — so they'd understand the challenges and come up with an innovative solution."

To create, essentially, a gym in a wheelchair, said Pal, they also had to contact vendors to see if anything like it was available and also devise marketing for it. "One vendor in Canada makes something similar and he was extremely impressed that the kids came up with this," said Pal. "They even developed three models — standard, deluxe and premier — depending on the features."

Aishani said the whole experience taught them to work and think as a team, "which will help us work together with others in the future." Mara said she also learned about her team members, "so now, they're also my friends."

In regionals, Rocky Run was one of 610 teams in its 12-14 age division and came in second. In the Virginia-Washington, D.C. State Championship, it was one of 40. At the world competition, it'll be one of 89 teams — 43 from the U.S. and 46 from other countries.

"We'll have to improve in all four aspects of the competition because the judges at the world championship will expect more," said Kush. But, added Mara, "Our goal isn't to win, but to have fun and do our best."

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'You Can Taste All the Seasonings' New Coyote Grille restaurant arrives in Centreville.

BY BONNIE HOBBS
CENTRE VIEW

Featuring a fusion of southwestern and Bolivian cuisine, Coyote Grille is Centreville's newest restaurant. Area residents may already be familiar with its Fairfax location, but they may now dine there at 14101 St. Germain Drive in the Centrewood Plaza shopping center.

"These are our only two restaurants in Northern Virginia," said owner Tatjana Farr. "We chose Centreville because it's the epicenter between several, major communities and is easily accessed from I-66 and Routes 28 and 29."

Besides that, she said, "It's a continually growing and community-minded area, and we do school sponsorships and fundraisers. We raised over \$1,000 for a local teacher's family through a Social Change event here and hosted a fundraiser for Union Mill Elementary."

Proud of Coyote Grille's food, executive chef Juan Balderrama — who hails from Bolivia and has been with the restaurant 11 years — said there's "nothing like this genre in the neighborhood." He also enjoys meshing Bolivian spices such as cumin, with hot peppers, jalapenos and other southwestern ingredients.

"We use a lot of corn in South America,



Executive chef Juan Balderrama (left) and owner Tatjana Farr display Coyote Grille's Chile Relleno and Steak and Shrimp Tostada.

so I added that to some items," he said. "I create my own recipes using my experience in cooking, plus my familiarity with dishes from my country."

Balderrama said he uses fresh ingredients and 95 percent of the menu items are home-

made from scratch. In addition, 90 percent are gluten-free and no peanuts are used.

The menu includes soups, salads, tapas, appetizers, wraps, fajitas, chimichangas, enchiladas, tacos, burritos, a variety of entrees, plus beverages, desserts and

children's items. There's also an assortment of tequila and Margarita drinks, as well as beer and wine.

Entrees range from \$9-\$16, and Balderrama especially likes the Carne Asada; it's skirt steak in a 37-spice marinade he makes, himself, and comes with red rice, refried beans, flour tortillas and a side salad for \$13.95. Another favorite is the Southwest Pasta made with shredded chicken, chorizo, peppers, onions, corn, mushrooms and penne pasta with red-pepper cream sauce, scallions and cotija cheese.

His favorite tapas are the Southwest Egg Rolls — a flour tortilla stuffed with chicken, corn, black beans and peppers and served with avocado salsa — for \$5.95. He also likes the Shrimp Ceviche of marinated shrimp, diced red onions, tomatoes, jalapenos, cilantro and mango in fresh lime juice with avocado.

Farr noted two of the most popular salads. The Pueblo Pecan Chicken Salad for \$10.25 features pecan-crusted chicken over mixed greens, tomatoes, mandarin oranges and dried cranberries with honey-dijon dressing and blue-cheese crumbles. And the Cilantro Pesto Chicken Spinach Salad for \$10.95 comes with baby spinach tossed in champagne vinaigrette with goat cheese, dried cranberries, green apples, sweet po-

SEE NEW COYOTE GRILLE, PAGE 10

PHOTO BY BONNIE HOBBS/CENTRE VIEW

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OPINION

April Is Poetry Month

Send us your poems, your Mother's Day photos, and even your poems about mothers.

April is poetry month, and we invite our readers to share their poems with us. Some will appear in the print edition and some will appear online.

We'd love to have a note from you about what inspired your poetry, and an illustration, photo of you, etc., are welcomed as well. Include the text of your poem, your name and address (we will only print your name and town name, not your full address), email address and phone number to centreview@connectionnewspapers.com.

Here are some poetry happenings from around the area:

Alexandria's new poetry society, based at the Duncan Library, will hold its second meeting at St. Elmo's Coffee Pub on April 8 from 8-10 p.m. and will explore beat poetry. For more, contact the Duncan Library at 703-746-1705.

At presstime, Alexandria was expected to announce the name of the new Alexandria Poet Laureate, replacing Amy Young.

Bernadette Geyer of Vienna was selected for the 2012 Hilary Tham Capital Collection for

her poetry manuscript, "The Scabbard of Her Throat."

The Iota Club and Cafe, 2832 Wilson Blvd., Arlington, holds an annual poetry event on Mother's Day. This year's event, Sunday, May 12, 6-8 p.m., will feature Bernadette Geyer of Vienna and James Arthur. Iota Club and Café is at 2832 Wilson Blvd., Arlington.

Virginia's current Poet Laureate, Sofia M. Starnes, has launched The Nearest Poem Anthology project, which will collect 50-100 poems submitted by Virginia residents "that are most meaningful to us and thus create a testimony to the immediacy of poetry and its closeness to everyday life." Submissions will be accepted through June, and should include the full text of the poem, the name of the poet and the source, including where you encountered the poem, and 200-250 words of persuasive explanation of why you selected the poem. "This should include some information about yourself and why you consider your selected poem 'nearest' to you," Starnes writes. "The compelling nature of your write-up — your story — will play an important role in the se-

Contrary to Popular Belief

Poem by Bernadette Geyer of Vienna
We are not even
as solid
as a pan flute
carved from a grain of rice
passed down
through generations
in folk tales and dreams.

Information about submitting your favorite poem for a Virginia anthology: <http://sofiamstarnes.com/NearestPoemAnthologyBrochure.pdf>

lection of the poems to be included." Visit <http://sofiamstarnes.com/NearestPoemAnthologyBrochure.pdf>.

Mother's Day Photos

Mother's Day is May 12 and every year at this time we call for submissions to our Mother's Day photo gallery. Send photos of you and your mother, grandmothers, great-grandmothers. Please name everyone in the photo, describe what is happening in the photo and include your name, address, email address and phone number. Send photos to centreview@connectionnewspapers.com.

You can also submit poetry, poetry about mothers and photos celebrating mothers directly through our website at <http://www.connectionnewspapers.com/contact/letter/>.

Bowling Fundraiser Supports Special Olympics

Participants, family, friends and supporters of Fairfax Adult Softball, Inc. (FAS) united together in January for the 13th Annual Bowling Tournament to benefit Northern Virginia Special Olympics and Fairfax County Park Authority field improvements.

In attendance was the Northern Virginia Special Olympics, Area 26 Chairman Bill Ogletree. "Special Olympics in Northern Virginia is very proud of the long relationship we have with Fairfax Adult Softball," he said. "They have provided fundraising events and volunteers for our softball and bowling pro-

grams for over 22 years. The bowling event on Sunday featured one of our new global messengers speaking to the packed house about the importance of inclusion and unity in our community. We then had a fun afternoon of bowling as our athletes love to bowl."

On Monday, March 18, at the board of directors' monthly meeting, Fairfax Adult Softball President John Carney presented a proceeds check in the amount of \$6,735 to Ogletree and his son, Special Olympics Global Messenger Kevin Olgetree.

As the largest softball group in the metro area, FAS was ap-



Northern Virginia Special Olympics Chairman Bill Ogletree and son Special Olympics Global Messenger Kevin Olgetree present a thank you plaque to Fairfax Adult Softball President John Carney.

proached by Eunice Kennedy Shriver and her staff in 1988 to assist in establishing a pilot program where Special Olympians play softball alongside our volunteers, known as Special Partners. Hundreds of Special Olympians over the years have gained not only the enjoyment of competitive sports, but also the camaraderie, training and health benefits that sports can offer.

FAS supports such causes as Northern Virginia Special Olympics, Fisher House, and the Wounded Warrior Project each year to show commitment to the community it serves.



Josh Romero

National Recognition

Artwork by two students from Saint Timothy Catholic School, Josh Romero and Erin Costello, was selected along with 23 other drawings by the national office of the Missionary Childhood Association for its annual Christmas Artwork Contest. All of the designs are featured at (HCAKids.org) as e-greetings. One grand prize winner will be announced in May.



Erin Costello

CENTREVIEW

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A Connection Newspaper

Carrying on Erin Peterson's Legacy

FROM PAGE 3

www.ErinPetersonFund.Org or call 703-830-8769.

Meanwhile, Erin's parents continue to grieve for her. "Every day is one day at a time," said her mother. That's another reason why the upcoming Gospel Celebration means so much to her.

"It's important to me to continue Erin's legacy and do the things she wanted to do," said Celeste Peterson. "She wanted to someday work for a nonprofit organization and help people. At the time, I didn't understand it. But now, after starting one in her name, I understand how good it feels to bless someone's life and actually see that you're making a difference — and we are making a difference."



Erin Peterson

ROUNDUPS

FROM PAGE 3

Give Caregivers a Break

Fairfax County needs Respite Care volunteers throughout the county to give family caregivers of a frail older adult a well-deserved break. Volunteers visit and oversee the safety of the older adult for a few hours each month. Volunteers are matched with families in or near their own neighborhoods. Support and training is provided. Contact Kristin Martin at 703-324-7577, TTY 711, or Kristin.Martin@fairfaxcounty.gov.

Women's Self Defense Program

The Fairfax County Law Enforcement Foundation is partnering with the Fairfax County Police Department to offer the Women's Self Defense Training program. It's based on the SAFE program formerly provided by the Police Department, but now being taught by C&J Security Corp.

The program is a two-day class that will meet on consecutive Tuesday and Thursday evenings from 6:15-9:30 p.m. It's currently offered free and all class materials are included. Program funding is provided through the Fairfax County Law Enforcement Foundation.

The course is offered to females, age 13 and older. A female guardian must accompany girls 13-18. No men other than the instructors are permitted to be present during a class. For more information, call 703-246-7806, e-mail WSD@fairfaxfoundation.org or go to www.fairfaxfoundation.org.

Andrew Lohmann, of Oak Hill, has been named to the dean's list at Rensselaer Polytechnic Institute for the fall 2012 semester.

William Johnston, of Chantilly, earned academic honors for the fall 2012 semester at Purdue University.

Samantha Mullen was invited to attend the Honors Convocation at the University of Pittsburgh on Feb. 22. She was one of 43 juniors from the Dietrich School of Arts and Sciences to be honored. She graduated from Centreville HS in 2010.

The Schreiner University Chapter of Alpha Lambda Delta welcomed **Matthew Munson** of Centreville into the Freshman

Honor Society at the February induction ceremony held at the Floyd & Kathleen Cailloux Campus Activity Center.

Mary Perkins, daughter of Tom and Mary Anne Perkins of Centreville, was named to the dean's list for the fall 2012 semester at Old Dominion University. She is a recreation and tourism major in the College of Education.

The following students have been named to Randolph-Macon Academy's honor rolls for the second quarter of the 2012-13 school year:

Alexander Jung, the son of Kyung and Kristina Jung of Centreville, was named to the dean's list and principal's list. Alexander is a freshman.

Daniel Nascimento, the son of Jose and Izanete Nascimento of Centreville, was named to the president's list. Daniel is a freshman.

Kyle Sangwon Sim, the son of Yongjin and Hyunsuk Sim of Centreville, was named to the dean's list. Kyle is a sophomore.

More than 300 JMU students embarked on 30 spring break trips around the country and world. Students spent the week living simply, focused on service in their destination community but also on teamwork and reflection within their group. The following students participated in alternative spring break: **Emma Stewart, Adrienne Lowry** and **Rachael Donnelly**

2013 Prevention Conference for Middle School Students & Parents

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8:15 a.m. - 1:30 p.m.

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Financial assistance available upon request

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- Assess Your Stress
- Become a Writer

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- Keynote: Dr. William Stixrud — Mysteries of the Teen Brain
- The Teen Brain Follow-Up Q&A
- Homework Stress-Proofing
- Tips for Talking with Your Teen*
- Current Youth Substance Use Trends*

* Offered in Spanish and Korean. Translation services available upon request.

Contact
Lisa Adler
lkadler@upcfairfax.org

Funded partially by Virginia ABC, Virginia SPF-SIG, and federal STOP and Drug Free Communities grants.

The Unified Prevention Coalition of Fairfax County (UPC) is a nonprofit organization with more than 50 community partners working together to keep youth and young adults safe and drug-free.

SATURDAY, APRIL 13, 2013

Ideas and Resource Fair Giveaways
 DJ
 Breakfast/Snacks
 Dog Demonstration
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ENTERTAINMENT

Email announcements to centreview@connectionnewspapers.com. Photos welcome.

ONGOING

The **Airbus IMAX Theater at National Air and Space Museum Udvar-Hazy Center**, 14390 Air & Space Museum Parkway, is showing movies including "Hubble," "Fighter Pilot," "Space Junk," and "Jack the Giant Slayer" through May 23. "Jack the Giant Slayer" last show is April 10. Visit <http://airandspace.si.edu/udvarhazy/> or call 703-572-4118 for the movie schedule.

REGISTER NOW

Young Actors' Workshop. June 24-28 from 9 a.m.-noon at Westfield High School. Students in grades 3-6 can discover the artist inside themselves through games, acting exercises and more. \$125. Visit www.westfieldtheatreboosters.com for an enrollment form or call 703-488-6439. Register early as space is limited and camp sells out.

THURSDAY/APRIL 4

Concert. 7 p.m. at CVHS theater. Hear Russian choir Vita in Canto perform with conductor Yuly Kopkin. Free.

Small Wonders. 11 a.m. at Centreville Regional Library, 14200 St. Germain Drive. Children age 13-23 months can enjoy stories and activities. Free. Registration required. 703-830-2223.

English Conversation Group. 7 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can practice with other students. Registration required. 703-502-3883.

Book Group. 7 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Teens in grades 7-8 can participate. Call for title. Free. Registration required. 703-502-3883.

FRIDAY/APRIL 5

English Conversation Group. 1 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Adults can practice with other students. Registration required. 703-830-2223.

SATURDAY/APRIL 6

Trivia Night. 8:30 p.m. at Jewish Community Center of Northern Virginia. Register a table or individually. Prizes include gift card, tickets to Theater J and more. \$22/individual; \$144/table of 8. Register at jccnvtivia.brownpapertickets.com or 703-323-0880.

Kaleidoscope Storytime. 10:15 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. All ages can enjoy a sensory storytime focusing on the strengths and adapting to children on the autism spectrum and with other developmental disabilities. Free. Registration required. 703-502-3883.

Grounds Cleanup. 1 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Wear clothes that can get dirty. Service hours available for teens. All ages welcome.

Paws for Reading. 3 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 5-12 can meet and read to a trained therapy. They can read from a library book or already owned one. Free. Registration required, 703-502-3883.

English Conversation Group. 3:30 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Adults can practice with other students. Registration required. 703-830-2223.

MONDAY/APRIL 8

Storytime. 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 3-5 can enjoy

stories and activities. Free. Registration required. 703-502-3883.

Book Group. 2:15 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children in grades 3 and 4 can participate. Call for title. Free. Registration required. 703-502-3883.

Afternoon Adventures. 3 p.m. at Centreville Library, 14200 St. Germain Drive. Children ages 6-12 can make rod puppets and act out "Goldilocks and the Three Bears." Bring a shoebox if you have one. Free. Registration required, 703-830-2223.

Writers of Chantilly. 6:45 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can share their work and receive feedback. Free.. 703-502-3883.

ESL Book Club. 7 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Ask for title. 703-830-2223.

Children's Science Center. 7:30 p.m. at Chantilly Library, 4000 Stringfellow Road. All ages can learn about the vision and plans for a children's science center. Free. 703-502-3883.

TUESDAY/APRIL 9

English Conversation Group. 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can practice with other students. Registration required. 703-502-3883.

Small Wonders. 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 12-23 months can enjoy rhymes, songs and more. Free. Registration required. 703-502-3883.

Wheeee! 11 a.m. at Centreville Regional Library, 14200 St. Germain Drive. Children ages 3-5 with adult can enjoy stories and activities. Free. Registration required. 703-830-2223.

Bouncin' Babies. 11:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-502-3883.

Thriving Three to Fives. 1:30 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Children age 3-5 can enjoy stories and activities. Free. Registration required. 703-830-2223.

Tuesday Tales. 7 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. All ages can enjoy stories and fun. Free. Registration required. 703-502-3883.

WEDNESDAY/APRIL 10

Toddlin' Twos. 10:30 and 11:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children age 2 can enjoy stories and activities. Free. Registration required. 703-502-3883.

Bouncin' Babies. 3 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-502-3883.

Small Wonders. 4 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 12-23 months can enjoy rhymes, songs and more. Free. Registration required. 703-502-3883.

Starlight Storytime. 7 p.m. at Centreville Regional Library, 14200 St. Germain Drive. All ages can bring a stuffed animal and enjoy stories and fun. Free. Registration required. 703-830-2223.

Chantilly Book Discussion Group. 7:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can call and ask for title. Free. 703-502-3883.

THURSDAY/APRIL 11

Civil War Lecture. 7 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Adults and school age children can hear "John Mosby's

Fairfax City Raid, March 1863, and Much More" by historian Don Hakenson. Free. 703-830-2223.

SATURDAY/APRIL 13

Bravo for Spanish. 10:30 a.m. at Centreville Regional Library, 14200 St. Germain Drive. Children ages 3-6 can enjoy music, movement, stories and more. Free. Registration required. 703-830-2223.

Wine Tasting Event. 6-9 p.m. at Historic Blenheim Mansion, 3610 Old Lee Highway, Fairfax. \$45/advance; \$50/door. Support the animals while enjoying music, wine, food and a silent auction. For more information and to purchase tickets: www.spcanova.org/events/wine_tasting.php.

SUNDAY/APRIL 14

Train Display. 1-4 p.m. at the Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. Watch trains run and see displays. \$3/adult; \$1/child. Visit www.fairfax-station.org or 703-425-9225.

MONDAY/APRIL 15

Garden Club Meeting. 7 p.m. at Sully Government Center, 4900 Stonecroft Blvd., Chantilly. Class by Louise Sidley "Making Succulent Wreaths." Free. 703-830-2942.

Puppet Theater. 3 p.m. at Centreville Library, 14200 St. Germain Drive. Children ages 6 and up can see a shadow puppet show and learn about the history of shadow puppetry. Free. 703-830-2223.

ESL Book Club. 7 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Ask for title. 703-830-2223.

WEDNESDAY/APRIL 17

Time for Tots. 11 a.m. at Centreville Library, 14200 St. Germain Drive. Children ages 2-3 can enjoy stories and activities. Free. 703-830-2223.

FRIDAY/APRIL 19

ESL Conversation Group. 12:30 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Adults can practice with others learning English. Free. 703-830-2223.

FRIDAY-SUNDAY/APRIL 19-21

Chantilly Library Used Book Sale. 10 a.m.-6 p.m. Friday, 10 a.m.-5 p.m. Saturday, and 1-4 p.m. Sunday at Chantilly Regional Library, 4000 Stringfellow Road. Huge selection of adult and children's fiction and non-fiction books, plus audio/video recordings. Sponsored by the Friends of the Chantilly Regional Library to fund special programs, renovation projects, activities and equipment for the library. For more information, call 703-502-3883 or visit www.fairfaxcounty.gov/library/events.

SATURDAY/APRIL 20

Thriving 3-5s: Spread Your Wings. 10:30 a.m. at Centreville Regional Library, 14200 St. Germain Drive. Children ages 3-5 can enjoy stories and activities about things that fly. Free. Registration required. 703-830-2223.

ESL Conversation Group. 3:30 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Adults can practice with others learning English. Free. 703-830-2223.

SUNDAY/APRIL 21

Pancake Breakfast. 8 a.m.-1 p.m., the Clifton Lions Club annual pancake breakfast will be held at the Clifton Presbyterian Church.

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Researchers in George Mason University's College of Education and Human Development (CEHD) joined the "Advancing Healthcare Initiatives for Underserved Students (ACHIEVES) project to offer concussion education.

Researchers Address 'Concussion Culture'

Education and proper health care are keys.

BY MARILYN CAMPBELL
CENTRE VIEW

With the impending warmer weather comes an increased number of children participating in outdoor activities. Some local health care professionals and researchers are issuing words of caution.

"More children will be outside playing with friends, riding bicycles and engaging in contact sports. These activities and others where impact is a possibility place children at risk for a concussion," said Dr. Faith Claman, who holds a doctor of nursing practice and is an assistant professor in the Malek School of Health Professions at Marymount University in Arlington.

Local educators say it is important to know the facts. "A concussion is a brain injury, which often occurs as a result of a fall or blow to the head or body, said Dr. Dalila Birem, associate medical director of Molina Healthcare of Virginia and Fairfax Community Health Care Network. "Normally, the brain is cushioned by fluid, but when jolted violently, the brain crashes into the skull, resulting in damage to the soft tissue."

Birem says that while some people may lose consciousness, more common symptoms of a concussion include headache, blurred vision, fatigue or irritability.

"Others may experience no symptoms at all [and] with rest, most people fully recover from a concussion," said Birem. "However, severe concussions or repeated incidents may lead to more serious conse-

quences, such as problems with speech, mobility or learning."

Researchers at George Mason University in Fairfax are taking action. "Concussions are running rampant across the country right now and it seems that no one, from middle school student athletes to professional players, are exempt," said university spokeswoman Catherine J. Probst. "As a result, some states are enacting new laws to change this concussion culture. Virginia's General Assembly [passed legislation] that requires student athletes and their parents to receive annual concussion education. ... The law also states that schools form concussion management teams to provide and document concussion education for students, staff, coaches and parents."

Implementing the legislation presents challenges, however. "Many Virginia public schools lack the necessary resources to properly deliver concussion education," she continued.

To address the dearth of resources, researchers in Mason's College of Education and Human Development (CEHD) joined the Advancing Healthcare Initiatives for Underserved Students (ACHIEVES) project to offer effective medical care and concussion education.

"The project has already reached more than 80,000 student athletes, staff, coaches and parents to deliver more effective medical care and concussion education," Probst said.

ACHIEVES offers services that run the gamut from implementing an electronic medical record-keeping program to offering both online and face-to-face sessions.

Probst says university researchers hope the ACHIEVES project will serve as a model for other school systems at the local, regional and national levels as more states enact concussion laws.

"Concussions are running rampant across the country right now and it seems that no one, from middle school student athletes to professional players, are exempt."

— Catherine J. Probst

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DIPLOMATE AMERICAN BOARD OF ORTHODONTICS

New Coyote Grille Restaurant Arrives in Centreville

FROM PAGE 5

tatoes and cherry tomatoes, topped with cilantro-pesto chicken.

"The Roasted Red Pepper Soup is one of our number-one sellers," said Farr. "People also love our pork chop with chipotle bourbon sauce over garlic mashed potatoes. And our Chile Relleno is starting to sell out here." It's a poblano pepper stuffed with chicken, rice and vegetables and topped with Ranchera sauce, sour cream, pico de gallo and melted cheese.

She said the cheese enchiladas and vegetable burritos are also popular with vegetarians. As for the desserts, said Farr, "They're all homemade. The Tres Leches Cake is phenomenal and the Key Lime Pie is delicious."

Coyote Grille opens at 11 a.m. daily; Sunday-Thursday, it closes at 10 p.m.; Friday-Saturday, midnight. There's a wait on weekends, starting at 6 p.m., but people may phone ahead (703-815-0006) or use www.opentable.com to get on a list.

Sunday brunch is served from 11 a.m.-2 p.m. and, said Farr, "We've been getting a really good turnout. Everything's made to order fresh. People order off the brunch menu; the average item is \$8." The biggest sellers, she said, are the Southwest Steak and Eggs and the Eggs Benedict with chipotle hollandaise, queso fresco and



Jenelle Whittaker (left) and Ryan Owens enjoy Southwestern Caprese Tapas and Gazpacho Shots.

PHOTO BY
BONNIE HOBBS
CENTRE VIEW

poached eggs. Some brunch items are also available Saturdays from 11 a.m.-2 p.m.

Farr said many customers are coming a couple times a week "because of the food and because it's so reasonable. There's a family atmosphere, but it's also nice for dates." There's also a private dining room that seats 40, has a flat-screen TV for corporate presentations and can be closed off.

The restaurant seats about 160, but will grow to 200 in May when Coyote Grille's heated, covered, four-season patio is open

for business. "We also do catering for up to 500 people within a week's notice," said Farr. She describes the restaurant's interior as "modern rustic," with punched tin accents, burnt-orange and warm-brown colors, walnut tables and booths, plus a mural featuring a southwestern scene.

There's also a 25-seat, zinc-topped bar. Happy hour is Monday-Thursday, 3-7 p.m.; and Friday, 3-6 p.m., with half-priced appetizers.

On a recent evening, Jenelle Whittaker

of Fairfax was enjoying the Southwest Caprese Tapas made with heirloom tomatoes, queso fresco and champagne vinaigrette. "It's very fresh and you can taste all the seasonings and spices, without it being too spicy," she said. Whittaker also liked the Gazpacho Shots — gazpacho soup in cucumber "shot glasses" — and appreciated all the vegetarian offerings.

Meanwhile, former Centreville residents Carole Bedell and Tina Marie Melella, and Clifton Townes resident Barbara Brown, were dining together. Brown is their friend and babysitter and they were celebrating her birthday.

Bedell said the restaurant was pretty and she loved the cheese and red sauce on her Chicken Chimichangas. Brown also liked the food and atmosphere, saying, "It's a good place for a nice meal. I had the Steak Chimichangas and it had a good flavor."

Melella had the cheese enchiladas and liked "the glorious, melted cheese. The restaurant has a casually upscale environment with good food, and I like having an option between refried and black beans."

Comments like these make Farr happy. "I'm doing this because I love people and food," she said. "We have fresh, unique recipes for a great value, and our customers come back because of our consistent service, ambience and food quality."

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SCHOOLS



Celebration of Many Cultures

As a part of Poplar Tree Elementary's annual Many Cultures, One School celebration, performers from the Korean Cultural Center in Washington, D.C. presented an assembly featuring traditional Korean Music and Dance.

Colin Powell Elementary School's slogan for the week was "Stand Up" — each grade level had a letter that all of the students signed.

PHOTOS BY
RACHEL LINDHOLM



'Hats Off to Being Bully-Free'



Chrissy Beard



Farouk Al Alousi

Colin Powell Elementary School held an Anti-Bullying Week, March 18-22. Events include spirit days (Sock it to Bullying – Crazy Socks Day, Hats Off to Being Bully-Free – Crazy Hat Day) as well as special conflict resolution video presentations and displays of "mini-posters" in the cafeteria depicting staff members' commitment to a bully-free school. Students also signed pledges to be bully-free.



Arrows were decorated by each class to go along with the theme.

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OPEN HOUSES SATURDAY/SUNDAY, APRIL 6 & 7

When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper. For more real estate listings and open houses, visit www.ConnectionNewspapers.com and click on the "This Week in Real Estate" link. Call Specific Agents to Confirm Dates & Times

Burke

6012 Deep Lake Way.....\$753,995..Sat 12-6.....Clark Massie.....Tetra..703-391-6345
9502 Harrowhill Ln.....\$599,900..Sun 1-4.....Diana Khoury.....Long & Foster..703-401-7549
7023 Veering Ln.....\$559,950..Sun 1-4.....Kathleen Quintarelli.....Weichert..703-862-8808
6411 Whippany Way.....\$424,950..Sun 1-4.....Kathleen Quintarelli.....Weichert..703-862-8808

Centreville

5092 Village Fountain Pl.....\$410,000..Sun 1-4.....Carol Hermandorfer.....Long & Foster..703-503-1812

Chantilly

42344 Astors Beachwood...\$800,000..Sun 1-4.....Chris Pezzana.....Weichert..703-447-1662

Clifton

12421 Clifton Hunt Dr.....\$945,000..Sun 1-4.....Carol Hermandorfer.....Long & Foster..703-503-1812
6417 Springhouse Cir.....\$614,500..Sun 1-4.....Robin Jenks Vanderlip.....Keller Williams..703-969-4966
7467 Clifton Rd.....\$539,000..Sun 1-4.....Robin Garbe.....Long & Foster..540-349-1400

Fairfax

3783 Penderwood Dr.....\$959,000..Sun 1-4.....Bill Hoffman.....Keller Williams..703-309-2205

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9803 Thorn Bush Dr.....\$1,298,900..Sun 1-4.....Eileen Lanser.....E-Realtors..703-625-9058
8112 Vista Point Ln.....\$899,000..Sat 1-4.....Chris Rendall.....Prudential..703-672-0646
7713 Stoney Creek Ct.....\$839,950..Sun 1-4.....Kathleen Quintarelli.....Weichert..703-862-8808
8728 Foxhall Terr.....\$769,900..Sun 2-4.....Tracy Jones.....Acquire..703-690-1174
8303 Knotty Pine Ln.....\$749,000..Sun 1-4.....Carol Hermandorfer.....Long & Foster..703-503-1812
6321 Youngs Branch Dr.....\$695,999..Sun 1-4.....Christine Shevock.....RE/MAX..703-475-3986
9116 Silver Pointe Way.....\$609,900..Sun 1-4.....Bob Lovett.....RE/MAX..703-690-0037

Falls Church

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6611 Thurlton Dr.....\$539,950..Sun 1-4.....Tom & Cindy & Assoc.....Long & Foster..703-822-0207
6534 Kelsey Point Cir.....\$460,000..Sun 1-3.....James Nellis.....RE/MAX..703-503-4375
6019-F Curtier Dr.....\$289,950..Sun 1-4.....Tom & Cindy & Assoc.....Long & Foster..703-822-0207
7428 Salford Ct.....Call Agent..Sun 1-4.....Tom & Cindy & Assoc.....Long & Foster..703-822-0207

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9044 John Sutherland Ln..\$1,090,000..Sun 2-4.....Pat Fales.....RE/MAX..703-503-4365
8970 Fascination Ct #210.....\$347,905..Sat 12-3.....Shawn Evans.....Long & Foster..703-790-1990
8960 Fascination Ct #316.....\$339,990..Sun 12-3.....Shawn Evans.....Long & Foster..703-790-1990
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All listings due by Tuesday at 3 P.M.

Pitcher Arvo, Centreville Baseball Beat West Potomac

Wolverines' comeback attempt falls short.

BY JON ROETMAN
CENTRE VIEW

The West Potomac baseball team trailed in four of its first five games yet entered Tuesday's contest against the Centreville Wildcats with a 4-1 record and the No. 8 ranking in the Northern Region coaches poll.

After quickly falling behind Centreville, the Wolverines started to forge another comeback, putting the tying run on deck in the seventh inning. This time, however, an eight-run deficit was too much to overcome.

Centreville defeated West Potomac 9-5 at Centreville High School. The Wildcats built a 9-1 lead and held on as West Potomac scored four runs in the sixth and put two runners on with one out in the seventh.

"Just like tonight, they never give up. They keep coming back," West Potomac head coach Jim Sullivan said. "... We've been behind in five of the six games we've played and we've won four of them. They don't seem to get rattled. They play with good composure. If one guy is not getting it done, another one will."

While the Wolverines have been a resil-



Centreville pitcher Brennan Arvo earned the win against West Potomac on Tuesday.

ient bunch, the Wildcats were too much, thanks in part to the performance of starting pitcher Brennan Arvo. The junior right-hander allowed one unearned run and one hit through the first four innings.

"He really competed," Centreville head coach Scott Findley said. "He showed a lot of growth. ... He hits his spots."

After a two-run first inning, Centreville added four runs in the second; including an RBI single from first baseman Matt



Centreville's Drew Brickwedde slides into home plate against West Potomac on Tuesday.

Whalen. Leading 6-1, the Wildcats scored two more runs in the fourth with a trio of two-out hits. After a single by third baseman Scott Walter, Whalen delivered a run-scoring double and designated hitter Daniel Drangstveit hit an RBI single.

Trailing 9-1, West Potomac started to chip away at the Centreville lead against the Wildcats' bullpen.

The Wolverines scored four runs in the sixth, including a two-out, two-run single by junior A.J. Melvin, but their seventh-inning rally fell short.

"We didn't think the guy who started really had much," Sullivan said. "We only got one hit off him in four innings. I don't know what we were doing but it wasn't right."

Senior pitcher Alex Hauser took the loss for West Potomac, allowing six earned runs in 1 1/3 innings. Sullivan said junior Billy Lescher pitched well in relief.

Whalen had two hits and two RBIs for Centreville. Drangstveit had two RBIs.

Melvin had two hits and two RBIs for West Potomac. Junior Michael Barnes had two hits, including a triple, and Hauser had two hits and an RBI.

Centreville (4-2) will host Robinson, ranked No. 2 in the latest coaches poll, at 6:30 p.m. on Tuesday, April 9. West Potomac faced Annandale on Wednesday, after The Gazette's OR Centre View's deadline. The Wolverines will travel to face T.C. Williams at 6:30 p.m. on Friday, April 5.

Chantilly Boys' Lax Loses State Final Rematch with Langley

Chargers suffer first loss of 2013 season.

BY JON ROETMAN
CENTRE VIEW

With its top attackman sidelined due to injury and a standout midfielder out for disciplinary reasons, the Langley boys' lacrosse team took the field hours after losing to Robinson during the Ram Slam spring break tournament.

The Saxons' opponent: Chantilly, which Langley defeated in three of the previous four state championship games.

While the odds were in favor of the Chargers knocking off Langley, the Saxons instead issued a reminder of their standing as four-time defending state champion.

Langley defeated Chantilly 8-5 on March 28 at Robinson Secondary School. The Saxons built a 5-1 halftime lead, survived a Chantilly comeback attempt and held on for the victory.

The win came hours after the Saxons lost to Robinson, 9-6. After the game, senior midfielder Luke Salzer was ejected for swearing at an official, forcing him to miss the Chantilly contest. Injured junior attackman J.T. Meyer was also unable to

play.

With Salzer and Meyer out, junior attackman Brian Orme stepped up with three goals against Chantilly.

"That was an ugly game the first game," Langley head coach Earl Brewer said about the loss to Robinson. "I'll take some blame for that. I didn't coach a good game [and] we definitely didn't play a good game. ... It said a lot about our kids to be able to bounce back like that. That was some very good lacrosse we played [against Chantilly]. You can't play two lacrosse games in one day — it ain't baseball — but we did and I'm very happy with that."

Nick Guglielmo, Sean Kacur, Jon-Michael Duley, Brian Ochoa and Luke Brugel each scored one goal for Langley. The Saxons also received a strong defensive effort.

"My defense is just outstanding," Brewer said. "They're big — they look like a basketball team. [Brad] Dotson at [6 feet 7], Byrne [is] 6-4, the other guy [is] 6-3, that's a front line for some small college."

Langley defeated Chantilly in the 2012, 2011 and 2009 state championship games. The Saxons also beat the Chargers in last year's Northern Region final.

"It's fun to come out and play them," Dotson said. "The target is always on our back and they're always trying to get us. It means a lot to both teams and it's a big game



Chantilly's Mike Marson, seen against Highland, scored three goals in a loss to Langley on March 28.

every time."

Dotson said the Saxons might have benefited from hanging out together inside Robinson Secondary School between games.

"We have a lot of new guys this year and the chemistry is kind of bad, and that leads to us coming out slow a lot of the time," Dotson said. "We definitely came out slow

[against Robinson]. We went down early and it's just hard to fight back from that. ... I think [spending time together] actually helped a lot. We haven't really had a time for everybody to come together and pal around. I think that really helped us."

Three consecutive Chantilly goals cut the Langley lead to 5-4 in the third quarter, but the Chargers couldn't complete the comeback.

"I don't think that we played good team defense," Chantilly head coach Kevin Broderick said. "... Langley dictated what they wanted to do. They're a very skilled group of players, they took advantage of it."

Mike Marson led Chantilly with three goals.

Earlier in the day, the Chargers defeated Highland, 15-10.

Langley improved to 3-3 with the win over Chantilly. The Saxons will travel to face McLean at 6 p.m. on Friday, April 5. Chantilly dropped to 4-1.

The Chargers faced Yorktown on Wednesday, after Centre View's deadline, and will host Hamburg (New York) at 1 p.m. on Saturday, April 6.

"Not having Luke this game and after losing to Robinson," Dotson said, "we definitely had a chip on our shoulder and we wanted to come out and win this game."

'These Citizens Are the Heroes'

FROM PAGE 1

seeing the car almost rear-end another vehicle, they notified state police. Then, seeing Akhavan in his cruiser, they told him, too, and gave him the vehicle's license-tag number.

"They said, 'A lady on the road is going to kill somebody; she almost hit us,'" said Akhavan. "So I got onto I-66 east and, as I approached the Fair Oaks west exit, a vehicle dashed from the far right lane and almost hit my cruiser, so I pulled him over."

He said this motorist, a male in a Toyota, had swerved "to avoid the drunk driver." At the same time, Akhavan saw the car Zetts told him about driving on the shoulder.

"I'm in my cruiser, with the lights and siren on, waiting for the car to pass me," he said. "Instead, she drove on the shoulder and hit the rear of the cruiser, pushing it 80 feet and into the Toyota." The force of the impact then propelled the Toyota 190 feet forward. Said Akhavan: "Our Accident Reconstruction Unit estimated the [Chevrolet's] driver was doing 70 mph."

Meanwhile, the Chevy had also struck and damaged the cruiser's passenger side, and the blow affected the other side, too. "The door was jammed, so I couldn't get out of the driver's side," said Akhavan. "I see smoke and I think the cruiser's going to catch on fire."

But the Rev. Gregory Zetts and his daughter had stayed on the scene and yanked on Akhavan's door until it opened. "Someone needs help, you stop," said Emily Zetts, 21. "It's a human reaction."

Noting that the Chevrolet's driver didn't brake at all, but struck the cruiser full force, the pastor said, "When we tried to pry open the door and couldn't, we were concerned because of the possibility of the car exploding."

Then they heard crying coming from the Chevrolet, so Emily Zetts rushed over to it. She got the baby boy, 1, out of his carseat, and then took his brother, 6, from the car. "He was bleeding from his eyes, nose and mouth and his left eye was swollen shut," said Emily. "The mother was slumped over, toward the passenger side, yelling. I turned off her vehicle and left her."

Gregory Zetts said the boy was screaming, "I can't see out of my eye." Just then, another citizen, Stacey Hawkins, ran up to



Lt. Rich Morvillo gives Stacey Hawkins a Citizen Recognition certificate.



Lt. Rich Morvillo gives certificates to Gregory and Emily Zetts.

them, so Zetts lifted the injured child over the guardrail to her and told her to take care of him. Also driving on I-66 east, she'd seen the crash and stopped to help.

"Everything happened within seconds," said Zetts. "I ran back to the cruiser and pried open the driver's side. I didn't have any tools; I just yanked on it. It was divine intervention that it opened. The officer was shaken up, and I told him, 'This is miraculous; the Lord is looking out for you.' And he said, 'I think you're right.'"

In the meantime, Hawkins, 30, a sales associate at World Market in Fair Lakes, tended to the boy. "He had no idea what had happened; he was asleep in the back seat," she said. "He was in his pajamas, with his little blankie, and was whimpering because he was in so much pain." He said his eye hurt and he was cold, so Hawkins took off her coat and wrapped him in it.

"I grew up in a big family, so I'm used to babysitting," she said. "I told him he was going to get to ride in an ambulance and they'd give him lollipops and ice cream. I kept telling him to stay with me because I didn't want him to pass out. He asked about his mom, and I said, 'She's hurt, but she's going to be OK.'"

By this time, state troopers John Yacek, Matthew Ratliff and Lorenzo Goode arrived, controlling traffic around the accident scene, keeping everyone safe and beginning the investigation.

Akhavan said the baby's carseat wasn't properly secured so he, too, was "banged

up" in the crash. A father, himself, Akhavan said, "The first thing that came to my mind was that it could have been them hit by a drunk driver.

You think about your family and friends; DWI kills. If not for these citizens putting themselves in harm's way, it could have been a chain-reaction crash involving more vehicles."

"Any officer would have done what I did," he continued. "But these citizens are the heroes. They not only gave the lookout, but followed through, took care of the injured and got me out of my cruiser. They saved lives because, that night, the impaired driver was high on crystal meth; a blood test showed that."

The Chevrolet's driver, identified as Diana Holloway, 26, of Warrenton, was later charged with two counts of felony child endangerment, possession of crystal meth and DUI.

Afterward, Akhavan, Holloway and the children, plus the Toyota's driver, were treated at Inova Fairfax Hospital and later released. O'Carroll and Sully District Station Asst. Cmdr. Rich Morvillo visited Akhavan in the hospital, and his immediate supervisor, Lt. Mike Reeser, plus Sgt. Brian Gatos, contacted his family.

"The amount of support I get from these guys motivates me to do what I do every day," said Akhavan, a 15-year police officer. "I had a concussion and a bruised brain, back, right elbow and shoulder." Under a neurologist's care, he planned to have a CAT scan, March 30, because he's still having headaches.

"I got hit at 70 mph with a 5,000-pound vehicle," said Akhavan. "But with a little bit of luck, the way the cruiser is built, and God, I walked away from that accident. I've always taken DWI cases seriously but, after this, I'm even more vigilant."

Police: Zero Tolerance for DUI

FROM PAGE 1

Turning toward Akhavan, Frey said, "Rockie, thank you from the bottom of my heart for all you do and will continue to do."

To the citizens who came to Akhavan's



The Akhavan family, (from left) Juliana, Andrew, Rockie and Beverly.

'I Put It in God's Hands'

BY BONNIE HOBBS
CENTRE VIEW

Looking at her husband's badly damaged police cruiser, with the rear end demolished and the passenger side caved in, affected Beverly Akhavan profoundly.

She knew he was safe and the vehicle was just on display during the ceremony honoring him and some good Samaritans last Friday, but she couldn't help the way she felt.

"I'm shaking like a leaf, seeing the car," said Akhavan. "It's like going back to the night the phone rang — at 11:22 p.m." That's when Lt. Mike Reeser called her, March 11, and said Rockie, her husband of 17 years, had been involved in a car accident and was at Inova Fairfax Hospital.

"It was hard for me to hear anything else because my heart was pounding in my ears," she said. "But he said Rockie was OK and was cracking jokes and that they'd bring him home to me."

Then her husband called and, said Akhavan, "I was so happy to hear his voice. And several hours later, he came home. I waited for him on the sofa and heard his car pull up. He came in and told me all about what happened and then went to sleep."

The couple has two children, Juliana, 14, and Andrew, 11, and as they woke up in the morning, their mom told them about the accident, but reassured them that their dad was home and all right. But for Akhavan, worrying about her husband's safety is part of her life.

"It's always there," she said. "This is the phone call every officer's spouse worries about. But I know Rockie's a wonderful officer and very smart, and he puts the safety of himself and the other officers first and is good at what he does."

So how does she deal with the fear? "I put it in God's hands to look after him," said Akhavan. "And I thank God for bringing him home to us. It's a miracle; I feel humbled and so incredibly blessed."



From left, with hats, are State Troopers John Yacek, Lorenzo Goode and Matthew Ratliff with Lt. Rich Morvillo.

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21 Announcements

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NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

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21 Announcements 21 Announcements

TRUSTEE'S SALE OF VALUABLE IMPROVED REAL ESTATE

Improved by the premises known as 6258 Paddington Lane, Centreville, Virginia

In execution of a Deed of Trust from Cynthia Glacken and William Glacken, dated September 16, 2005, and recorded September 19, 2005, in Deed Book 17755 at page 1160 among the Land Records of Fairfax County, Virginia, the undersigned substitute trustee will offer for sale at public auction at the front entrance of the Judicial Center for Fairfax County, at 4110 Chain Bridge Road, Fairfax, Virginia, on

Wednesday, April 17, 2013 at 9:30 a.m. the following property being the property contained in said Deed of Trust, described as follows:

Lot 41, Section 2, London Towne, as the same appears duly dedicated, platted and recorded in Deed Book 2711 at page 684, together with and subject to the provisions of the declaration of covenants and conditions (including membership in London Towne Homeowners Association) recorded in Deed Book 2788 at page 487, among the Land Records of Fairfax County, Virginia.

Commonly known as 6258 Paddington Lane, Centreville, Virginia 20120.

TERMS OF SALE: A deposit of \$25,000.00 or ten percent (10%) of the sale price, whichever amount is less, in the form of cash or its equivalent will be required of the purchaser at the time and place of sale; the balance of the purchase money being due and payable within fifteen (15) days after sale, time expressly being of the essence, with interest at the rate of 3.125 percent per annum from date of sale to date of settlement. Provided, however, that if the holder of the secured promissory note is the successful bidder at the sale, no cash deposit shall be required, and part of or the entire indebtedness, including interest and costs, secured by the Deed of Trust, may be set off against the purchase price.

Any defaulting purchaser shall forfeit the deposit and stand the risk and cost of resale.

Sale shall be made subject to all existing easements and restrictive covenants as the same may lawfully affect the real estate. Sale is further subject to mechanic's and/or materialman's liens of record and not of record. The property will be sold subject to all conditions, covenants, restrictions, rights of redemption of federal lienholders or encumbrances, and agreements of record affecting the same, if any.

In the event the undersigned trustee is unable to convey to the purchaser good title, then purchaser's sole and exclusive remedy shall be in the refund of the deposit paid at the time of sale.

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Additional terms and conditions of sale may be announced at the time of sale.

DAVID N. PRENSKY
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Selfless or Selfish



By KENNETH B. LOURIE

Just in case anybody is paying attention, and my behavior plays some kind of role/ has any effect on my outcome whatsoever, I'd just as soon be one more than the other. However, receiving a terminal cancer diagnosis (stage IV and let me remind you there's no stage V) out of the blue at age 54 and a half, less than three months after burying your widowed mother, tends to upset this delicate balance. If I've heard it once – since my diagnosis – I've heard it multiple times, and from trusted, respected sources: "It's all about you, Ken." And when the oncology nurse sticks that needle in your arm for the first time and then hooks you up to a six-hour I.V. drip containing chemotherapy drugs "cocktailed" to poison you (kill your tumor-carrying white blood cells actually), the decision about whom to care about most, you or someone else, begins to take on a life of its own.

Controlling that other life has become one of my biggest challenges. It's very easy to lose yourself in the midst of a metastatic malignancy when your oncologist gives you "13 months to two years" to live. For all anybody knows, it's your attitude or even your personality that keeps you alive as your treatment ramps up. However, thinking and doing for others is extremely difficult at this time, a time when you can barely get out of bed. Chemotherapy has a way of leveling the playing field: You can't do anything for anybody, least of all for yourself. As you begin to bounce back after your treatment (if there is an interval), you semi-regain your composure in anticipation and preparation for the next infusion. Nevertheless, before too long, the mental demons begin to take hold yet again, attempting to tear down every emotional underpinning you've devised. No one said it was going to be easy. In fact, one of our best friends, Lynne, a recent breast cancer survivor said quite the opposite: "Ken, this is going to be the hardest thing you've done." Of course, she was 100 percent correct.

Over time and over treatment, you begin to assimilate the demands: the infusions, the frequency, the doctors' appointments, the diagnostic scans, the lab work, the side effects, the straight-on effects, the highs, the lows, the hopes, the prayers, the statistics; until it becomes, at least for me it has, sort of mundane and part of a process that takes over your life – for some very unfortunate reasons. You accept it because: it appears there are very few exceptions. Cancer rules and thinking it doesn't is disrespectful almost and incredibly naive.

Giving respect to such a dreaded – but previous to my diagnosis, not a part of my family's history – disease, helped guide me back to becoming more selfless and less selfish; understanding that reclaiming that dignity and integrity in this context anyway, can have a powerful effect on both myself and those around me, which in turn works back to me (the old what goes around comes around-type karma) and ultimately benefits and enhances my life. The longer I've survived with this diagnosis, the more characteristic of the pre-Kenny-with-cancer I've become. That's not to say that I don't occasionally slip and fall – emotionally, but now, getting up is not nearly so difficult. I've been there, and I've done that. Besides, I'm happier being me, and happiness can work miracles.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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Email announcements to centreview@connectionnewspapers.com. Deadline is Thursday at noon. Photos welcome.

FRIDAY-SUNDAY/APRIL 5-7

Weekend Conference. General sessions aimed at people in grade 7 through adult; student sessions and more at Centreville Baptist Church. Nursery for ages 0-4 available on a first-come, first-serve basis. Visit www.cbcva.org/aig.

SATURDAY/APRIL 6

Clean Up. 9 a.m.-noon at Colin Powell Elementary School, 13340 Leland Road. Help clean up the area around

the school. Trash bags will be provided. Heavy work gloves suggested.

Prom Dress Giveaway and Fashion Show.

3 p.m. at Mott Community Center, 12111 Braddock Road, Fairfax. Watch "Night Under the Stars" fashion show, get a hair and make-up consultation and more. For high school juniors and seniors. Must bring school ID.

SUNDAY/APRIL 7

Holocaust Observance. 5-7 p.m. there will be exhibits of works by 11 artists; from 5-6 p.m. a reading by elected officials and community members of the names of those

murdered during the Holocaust; 6-7 p.m., Holocaust art then & now; 7-8:30 p.m. candle lighting with survivors and children of survivors, a community choir and original composition. All events take place at the Jewish Community Center of Northern Virginia, 8900 Little River Turnpike, Fairfax. Visit www.jccouncil.org for more.

TUESDAY/APRIL 9

Civil War Discussion. 7 p.m. at Sully Historic Site. Angie Atkinson will discuss the second day of the battle at Gettysburg, including Little Round Top and Devil's Den. Donation of \$5 will be accepted for Sully Historic

Site. Reservations required, 703-437-1794.

WEDNESDAY/APRIL 10

Kindergarten Registration. 8:45 a.m. at Deer Park Elementary. Parents can learn about the program and then complete the paperwork. To receive a packet in advance, 703-802-5000.

SATURDAY/APRIL 13

Strides for Success Race. 8:30 a.m. at the Fairfax Corner Shopping Center, 11950 Grand Commons Ave. Enjoy a 5k or 1k family fun run. \$35/5k race; \$20/adult for the 1k fun

run/walk. Children under 10 can register for the 5k or 1k for \$15. Register at www.jlnv.org.

MONDAY/APRIL 15

Kindergarten Registration. Prospective parents of children who will be 5 years old on or before Sept. 30 should call Brookfield Elementary School at 703-814-8700 to make a registration appointment.

Program. 7 p.m. at Greenbriar Community Center, 4615 Stringfellow Road. WFCWC hosts "Aging with Flair." Free. Learn strategies for being an active participant in a healthy future. 703-631-7093.

Centreville Toastmasters. 7 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Overcome your fear of public speaking in a proven program that has helped thousands over the past 89 years.

WEDNESDAY/APRIL 17

Meeting. 7 p.m. at Fairview Elementary School, 5815 Ox Road, Fairfax Station. The Republican Women of Clifton will feature Crystal Wright, who will address "How Can the GOP Move Forward and Become a Winning Party Again?" and Hans Von Spakovsky, who will talk about "Preserving Democracy - Election Reform and the Dangers of Voter Fraud." Free. Visit www.cliftongop.com for more.

SUNDAY/APRIL 21

5k Walk. 4:30 p.m. at Fairfax Corner. Enjoy a resource fair, live music and more. Hosted by the Victims Services Section of the Fairfax County Police Department and the Fairfax County Law Enforcement Foundation. Register at www.fairfaxcounty.gov/survey/crimevictimsrights.htm.

MONDAY/APRIL 22

Kindergarten Registration. 2-4 p.m. at Colin Powell Elementary School. Visit www.fcps.edu/start/kindergarten.htm for forms and information.

MONDAY/APRIL 29

Kindergarten Orientation/Registration. 2 p.m. at Greenbriar East Elementary. 703-633-6400.
Kindergarten Orientation. 1:30-3:30 p.m. at Cub Run Elementary. Parents meet teachers and kindergarten students visit classroom. Call 703-633-7500 for forms.

THURSDAY/MAY 2

Preview Book Sale. 6-9 p.m. at Centreville Library, 14200 St. Germain Drive. Members of the library can browse thousands of books, CDs, DVDs and more. Memberships available for \$15. Visit friendsofcentrevillelibrary.blogspot.com or 703-830-2223.

FRIDAY/MAY 3

Kindergarten Orientation. 9:15-10:15 a.m. at Poplar Tree Elementary. Children who will be 5 before Sept. 30 can register. 703-633-7400 for information.

Book Sale. 10 a.m.-6 p.m. at Centreville Library, 14200 St. Germain Drive. Browse thousands of books, CDs, DVDs and more. Visit friendsofcentrevillelibrary.blogspot.com or 703-830-2223.

SATURDAY/MAY 4


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