

South Lakes Celebrates Graduation

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Town Center Gives Taste of Reston

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Restonian Recognized for Work in Africa

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From right, South Lakes seniors Jonathan Valenzuela, Olivia Nguyen and Chadia King at the school's graduation ceremony Friday, June 14.

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PHOTO BY ALEX McVEIGH/THE CONNECTION

Nicole Rappaport, South Lakes High School Class of 2013 president, addresses the student body during graduation Friday, June 14.

South Lakes Celebrates Graduation

Class of 2013 features 104 International Baccalaureate, 119 honor graduates.

BY ALEX McVEIGH
THE CONNECTION

The South Lakes High School Class of 2013 gathered for the final time as students at the school, leaving the building that evening, Friday, June 14, as South Lakes alumni. Five hundred and twenty eight seniors graduated, including 104 students who graduated with the International Baccalaureate diploma, 119 honor graduates and 23 who are the first in their family to graduate from high school.

"I had the privilege of being this class's assistant principal for two years," said South Lakes Principal Kimberly Retzer, who was named principal last July. "I remember them coming to this school as freshman, standing outside of the office, looking as if they were wondering if they belonged here. Looking out among them now, I can see they found their way."

The class is already working toward finding their way at the next level, as the members of the class have collectively been awarded more than \$15 million in scholarship dollars.

The class also included two exchange students, one from Germany, one from Japan.

Class President Nicole Rappaport recalled September 2009, when the class came to South Lakes, and said she was proud to watch the group's evolution over their high school careers.

"Sitting in front of me is a group of individuals who can do anything they want in their lives," she said. "They've shown the ability, intellect, drive and passion to accomplish anything."

The Class of 2013 voted English teacher Alison Shreck to give the faculty address.

"Part of becoming an adult is that slowly, over time,



South Lakes High School graduating senior Tiara Adams receives her diploma Friday, June 14.

walking the path of the ordinary, you realize that life is not happening somewhere else, at someone else's party, someone else's job, someone else's career. That it's in your everyday choices, and it's full of opportunity," she said. "The world does not need students who want instant success, it does not need students who want accolades simply by pushing buttons on a smartphone. It needs people who can walk the ordinary road and become the person they want to be."

VIEWPOINTS

Where are you headed in the fall and where do you see yourself in 10 years?



Kyle Schuh

"I'm going to Christopher Newport to study organismal biology. I'd like to turn that into a career in athletic training and physical therapy. In 10 years I want to be a successful physical therapist, ideally with a sports team."



Stuart McAlpine

"I'll be attending Northern Virginia Community College in the fall, and I hope to eventually transfer to an art school to study photography. In 10 years, I'd like to see my work on a glossy page somewhere."



Jake Andich

"I'm going to Christopher Newport University, and I'm completely undecided about what I'll study. I plan to do some exploring and find out what I'm into. In 10 years I'd like to have a good job somewhere, and be ready to start a family."



Riley Hart

"I'm going to George Mason in the fall to study biomedical engineering. My passion is working on prosthetic limbs, and I hope to find a way to make them affordable and high quality for everyone who needs them. In 10 years I'd like to be debt free, done with college and have a job and family."



Yessenia Montoya, right

"I'm currently in process of joining the Army. I hope to eventually become an optometry technician with my training. In 10 years, I'd like to still be in the military with a stable, nice home and living my life the way I want to."

Hikari Sakamoto, left

"I came to South Lakes as an exchange student, so in the fall I'll be back in Japan. In 10 years I'd like to be a diplomat, living all over the world and seeing as many different cultures as I can."

Paint the Pub Purple Come one, come all event at O'Sullivan's Irish Pub in Herndon.

BY JENNIFER BENITZ
THE CONNECTION

Prepare to “Paint the Pub Purple” when O’Sullivan’s Irish Pub in Herndon hosts a happy hour benefiting the Leukemia and Lymphoma Society (LLS) on Thursday, June 27. Taking place from 4-8 p.m., the happy hour will bring together supporters with drink and food specials and live music.

Event organizer and Team in Training participant Stephanie Kurspahic has teamed up with the Irish pub to raise money for the LLS through the Team in Training program. The program gives participants the opportunity to train for endurance events while taking part in fundraising efforts to raise money for the LLS which, in turn, helps fund everything from research to chemotherapy for patients.

“I got involved [with LLS] because my brother had leukemia,” said Kurspahic. “I thought it’d be really cool to give back and honor [his] memory.”

O’Sullivan’s has agreed to donate 15 percent of profits and 100 percent of the raffle sales raised during the happy hour.

“It’s for a good cause,” said Bar Manager Enda Browne, now in his second time working with Kurspahic to host an event ben-



PHOTO CONTRIBUTED

Event organizer and Team in Training participant Stephanie Kurspahic stands with a sign that reads, “I tri for: Justin Steinberg” at the Honored Teammate Picnic on June 15.

efiting the LLS. “I like helping out local charities and I enjoy seeing new faces in the pub. It will be a good event all around.”

Happy hour attendees are asked to wear purple, the Team in Training color, as they show their support. Customers will get to enjoy live music by local musician David Thong throughout the event. In addition,

the raffle prizes will be auctioned off at \$5 a ticket, or \$10 for three and \$20 for 10.

The prizes include a signed print by local artist Harun Mehmedinovic, certificates for one month of free yoga and a one-hour training session at the Pedro Sauer Total Fitness Academy in Sterling, and gift cards for Il Fornaio, Mon Ami Gabi, Midtown Jew-

“I will be forever grateful for the meaningful impact that the LLS and Team in Training in particular had on my family.”


—Stephanie Kurspahic, event organizer

elers and Bow Tie Cinemas.

Since starting with Team in Training in 2009, Kurspahic hasn’t stopped in her quest with the Leukemia and Lymphoma Society. Currently training for the Beach to Battle-ship Triathlon, a 70.3-mile race, that will take place in North Carolina on Oct. 27, the Reston resident hopes to get closer to her fundraising goal.

“The mission is to find a cure for blood cancers and improve the quality of life for patients and family,” Kurspahic said. “I will be forever grateful for the meaningful impact that the LLS and Team in Training in particular had on my family. We had a positive experience [with the LLS] and I want to be a part of the same thing for someone else.”

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COMMENTARY

Bipartisan Approach Needed in Evaluating Legislators

BY KENNETH R. "KEN" PLUM
STATE DELEGATE (D-36)

The 2013 session of the General Assembly was a landmark one, according to most everyone who follows politics in the Old Dominion. It passed a sweeping transportation funding package that had eluded approval for at least a couple of decades.

Commentators are saying that the U.S. Congress should look at what happened in Virginia this year and emulate it. Republicans and Democrats in the House and Senate voted for tax increases that will fund long-needed transportation improvements.

Clearly the passage of the bill was a bipartisan effort. Neither Democrats nor Republicans had enough votes to pass the bill; it took both parties voting together to get a majority in both chambers. Enough legislators from the suburbs, cities and rural areas came together to make up the narrow majorities by which this historic legislation passed.



The governor made it clear from the beginning that this was the session at which action had to be taken to fund Virginia's crumbling transportation infrastructure. He had no more effective voice in carrying the message forward than in the Virginia Chamber of Commerce. Throughout the legislative session the state chamber encouraged local chambers to come to Richmond to lobby on behalf of

the transportation bill. The bill was on the chamber's list of bills being watched.

The surprise in the state chamber's position on the transportation compromise came after the session. Recently the chamber issued its 2013 Legislative Report Card that "recognizes legislators for their support on initiatives that will help move Virginia forward." The landmark transportation bill was given the same identical importance on the report card as 49 other bills, some of which were clarifying existing laws, directing state agencies or creating a study. As a result, more than two dozen Republicans were given an A score even if they had voted against the ground-breaking transportation bill that is expected to create 13,000 jobs over six years as well as relieve traffic congestion.

At a Chamber 2013 Legislative Awards Banquet in May at the Ritz Carlton in Northern Virginia, plaques of achievement were given to at least a half dozen Republicans from traffic-congested Northern Virginia who voted against the

transportation bill. Not a single Democrat was recognized for working on and voting for the transportation bill that was seen as so important just a few weeks earlier. Clearly the bill would not have passed without a bipartisan vote.

Fortunately, local chambers of commerce have not been so one-sided in their recognition of members of both parties who worked to create an acceptable compromise. Virginia FREE (www.vafree.com), a non-partisan business coalition that provides objective information to ensure

that the General Assembly is receptive and responsive to the interests of free enterprise, evaluated legislators solely on their vote on the transportation bill and recognized Democrats and Republicans alike who voted for it. The Virginia Chamber of Commerce should look at the example of how legislators worked together across party lines for the benefit of the commonwealth and give recognition to this bipartisan effort in the future. The state chamber itself may benefit from a bipartisan approach.

Teens Deserve Sleep Before School

BY JOHN LOVAAS
RESTON IMPACT PRODUCER/HOST

For about 10 years, area parent groups and child health specialists have been arguing that high school start times should take into account the body clocks of high school students. In fact, research shows that high school age teens do their best if they get a solid nine hours of sleep. Adequate sleep improves learning, memory and performance in school. Inadequate sleep has many downsides.

Fairfax County high schools have the earliest class start times in Northern Virginia. Our high school teens get less than the optimal sleep time. In fact, two out of three Fairfax teens are seriously sleep deprived—losing two or more hours of sleep every school night. And it costs them. School districts with start times like ours (7:20 a.m., in fact) have much higher teen car crash rates, for example. One in four Fairfax teens suffers symptoms of depression. Fairfax County's own studies show that teens with adequate sleep are less likely to show signs of depression.

SLEEP (Start Later for Excellence in Education Proposal), a local parents' organization, has been pleading the case for the teens—so far to no avail. (Go to www.sleepinfairfax.org). What is most frustrating for the parents is that the school board does not disagree with the premise that a later start time would improve student performance, health and safety. The problem is that Fairfax County Public Schools (FCPS) apparently lacks the political will and/or management skill to adjust the school schedule: 72 of 95 counties in Virginia have figured how



INDEPENDENT PROGRESSIVE

to operate high schools starting at 8 a.m. or later. Neighboring Loudoun County high schools start at 9 a.m., while FCPS is still stuck on 7:20 a.m.

Why? First, there is a strong lobby for not changing after school sports programs schedules for fear of harming their competitiveness. Yet, Loudoun County operates excellent and competitive sports programs despite later class start and end times. Second, FCPS management would have to rework the scheduling of its substantial fleet of buses. No question, this would take major rejiggering of times and routes. But, again, this is not nuclear science, and somehow those brighter, more creative folks in Loudoun County, Arlington County and others nearby have worked it out perfectly. Further, I understand that parents in other jurisdictions quickly accommodated to later starts and indicate high rates of satisfaction with the later times.

Recently, the new FCPA Board passed a resolution indicating their intention to study and introduce later start times. That, and a new superintendent and other changes in senior management are stirring cautious optimism among advocates for adequate sleep for our teens. Let's hope the ponderous Fairfax County system will stand and move forward with overdue action critical to the wellbeing of our youth.

Then, might we imagine the Fairfax Supervisors boldly moving forward on—dare I say it—road and infrastructure improvements for the Wiehle Metro station; the long-stalled Reston Master Plan; or, a county police force held accountable to the public for the use of lethal force?

Fishing in the Rain

Friday afternoon, June 7, Jeremy Charles, a student at Hartford College in Pennsylvania on school break, pulled this bass from Lake Anne in the rain. Three of the neighbors with fishing experience estimated the bass, caught off the end of the main pier near the fountain, at easily 12 lbs. Charles returned it to the lake.



BULLETIN BOARD

To have community events listed in the Connection, send to herndon@connectionnewspapers.com by the Friday prior to the following week's paper.

WEDNESDAY/JUNE 26

Preserving Your Precious Family Documents and Photographs. 1 p.m., at the Herndon Senior Center, 873 Grace St., Herndon. Learn from Laura Wickstead of Fairfax Regional Library how to protect and preserve family heirloom photographs, letters and documents. 703-654-6200.

photography. \$15. 703-956-6590 or artspaceherndon.org.

THURSDAY/JUNE 27

Leadership Fairfax Office. 4-6:30 p.m., Among the topics that will be covered for each stage are: helping and protecting family, budgeting and saving with a purpose and choosing a financial advisor. <https://www.leadershipfairfax.org/>.

MONDAY/JULY 22

Art Submission Deadline. Reston Bike Club and ArtSpace Herndon invite artists to enter two-dimensional media for the Century ride T-Shirt, with a theme related to Hamilton, Va., and road cycling; all mediums are acceptable including painting, drawing and

ONGOING

Arabic-speaking Older Adult Social Visits. Fairfax County needs volunteers who speak Arabic to provide social visits to an elderly person in Reston for four hours per month. 703-324-5406, TTY 703-449-1186, VolunteerSolutions@fairfaxcounty.gov or www.fairfaxcounty.gov/dfs/olderadultservices.

The Herndon Senior Center at 873 Grace St., Herndon, needs a volunteer musician to play soothing music for participants; piano available. 703-324-5406, TTY 703-449-1186, VolunteerSolutions@fairfaxcounty.gov or www.fairfaxcounty.gov/dfs/olderadultservices.

Long-Term Care Volunteer Ombudsman Program Needs Volunteers. Ombudsmen advocate for the rights of residents of nursing and assisted living facilities—they also help residents resolve conflict and improve their quality of life. 703-324-5861 TTY 711 or Lisa.Callahan@fairfaxcounty.gov.

OPINION

Talking, Acting To Keep Them Safe

Reducing drug- and alcohol-related fatalities.

The pages and covers of most of this week's Connection Newspapers show the joy and accomplishment associated with high school graduation. The day celebrates graduates who accomplished much just by finishing, graduates headed to college and more.

Most area high schools also celebrate with an all-night graduation party, an event designed and coordinated by parents to provide graduates with safe and appealing fun, with many schools organizing an annual party for more than 20 years.

It was, for example, the 25th annual All Night Drug and Alcohol-Free Graduation Celebration for T.C. Williams High School when the class of 2013

EDITORIAL

held its party on Saturday, June 15. Since 1989, when this tradition began at T.C. Williams, there have been no drug or alcohol-related graduation night fatalities.

Herndon High School parents have been providing a memorable evening for our graduates in an alcohol and drug free atmosphere for more than 20 years, and report that, "since the All Night Grad Celebrations began, we are happy to say there have been no alcohol or drug related fatalities on graduation night."

Summer is the beginning of many celebrations for young people in this area, and many of them, whether underage or over 21, admit that they celebrate with alcohol. Chances are that if your household includes a high school student, that student sometimes consumes alcohol. Graduation night is not the only danger lurking, as everyone knows.

All night graduation parties provide not only a safe place on graduation night, but also many opportunities before and after to talk about drinking and driving. There is no substitute for parents talking to their children about drinking, no matter how awkward, no matter how



Grant Leibow is joined by classmates Alex Froliia, Haley Holder, Michael Evans, Alex Robinette and Cole Fleming in celebrating Marshall High School's graduation Friday, June 14.

many eye-rolls you must endure. Driving while under the influence, or getting into a car as a passenger with someone who is impaired, is not the only danger of drinking, but it is one of the most avoidable.

On graduation day in 2007, West Potomac High School endured the unimaginable tragedy. Two young women who had graduated just hours before died in a car driven by another young woman who had alcohol in her system. The driver and another passenger, a 2005 West Potomac graduate, also died in that

crash.

If you've successfully raised a teenager through high school graduation, it is unbearable to think of losing him or her now. Talk. Tell them you love them. Tell them it's been way too much trouble to get to this point to risk losing them now. Tell them that you will come and get them, without consequences, any time they need a ride to avoid getting in a car with someone who has been drinking and/or otherwise under the influence. Look them in the eyes. Say the words.

For Adults Who Need a Reminder

Washington Regional Alcohol Program will provide free rides for those over 21 who find themselves out celebrating on the Fourth of July without a safe ride home.

The 2013 Independence Day SoberRide program will be offered from 10 p.m. Thursday, July 4 until 4 a.m. Friday, July 5.

To receive a free cab ride home (up to a \$30.00 fare), please call 800-200-8294 (TAXI). You must be 21 or older to use the

SoberRide service.

WRAP's SoberRide has helped to ensure greater Washington, D.C. residents have a safe way home on high-risk holidays. Since 1993, WRAP has provided over 57,990 safe rides home, keeping impaired drivers off the road.

SoberRide operates during the December/January holiday season, St. Patrick's Day, Independence Day and Halloween.

See <http://wrap.org/soberride>.

LETTERS TO THE EDITOR

Leaving Library Where It Is

To the Editor:

The county's suggestion that it is "desirable" to move the Reston Regional Library to a Metro station area is troubling to me. The third draft of the comprehensive plan text written by county staff includes language which should be of concern to all Reston residents.

The problem with moving the library to a station area is that there will be restrictions on parking in the station areas. Many people will not be able to park their cars at such a facility. In addition, there will be many hours each day when people will not be able to reach a library situated at

a station area because of nearby gridlocked intersections. With no plans to build multiple bridges across the Toll Road, the library should be left where it is. Reston Regional Library should not be moved to serve a transit area at the expense of the entire community. Our library is a critical amenity and a community resource Reston families depend on.

Here is the link to the draft:

http://www.fairfaxcounty.gov/dpz/projects/reston/plantext/05-28-2013_draft3_plan_text_areawide_reston_tsas.pdf.

This is the text:

Library: The TSAs (transit station areas) are served by the Reston Regional library, located in the RestonTown Center at 11925 Bowman Towne Drive. This library

facility is one of the most heavily used in the library system in terms of number of visits per year. Options are currently being evaluated to renovate and expand the library. Such a renovation and expansion will be planned to accommodate the future growth in the TSAs. As an alternative, replacement of the current facility with a new library incorporated into a mixed-use development within one of the TSAs is desirable.

If you have concerns, you should communicate with Supervisor Cathy Hudgins and Chairman Sharon Bulova before this third draft is adopted by the Reston Master Plan Special Study Task Force. This draft, when approved by them, the Planning Commission and the Board of Supervisors, will

become the new Reston Master Plan for the area of the Dulles corridor in Reston and the Reston Town Center. Moving the library to a transit area is NOT desirable and this language should be removed from the third draft.

Kathy Kaplan
Reston

Supporting Indoor Facility at Baron Cameron Park

A letter sent to the Reston Community

SEE LETTERS, PAGE 8

Reston
CONNECTION

www.ConnectionNewspapers.com

An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by
Local Media Connection LLC

1606 King Street
Alexandria, Virginia 22314

Free digital edition delivered to your email box. Go to connectionnewspapers.com/subscribe

NEWS DEPARTMENT:
To discuss ideas and concerns,
Call: 703-778-9410
e-mail:
reston@connectionnewspapers.com

Kemal Kurspahic
Editor ♦ 703-778-9414
kemal@connectionnewspapers.com

Chelsea Bryan
Editorial Assistant
703-778-9410 ext.427
cbryan@connectionnewspapers.com

Alex McVeigh
Community Reporter ♦ 703-778-9441
amcveigh@connectionnewspapers.com
@AMcVeighConnect

Victoria Ross
County Reporter ♦ 301-502-6027
rosspinning@yahoo.com

ADVERTISING:
For advertising information
e-mail:
sales@connectionnewspapers.com

Trisha Hamilton
Display Advertising
703-778-9419
trisha@connectionnewspapers.com

Andrea Smith
Classified Advertising, 703-778-9411
classified@connectionnewspapers.com

Debbie Funk
National Sales
703-778-9444
debfunk@connectionnewspapers.com

Editor & Publisher
Mary Kimm
703-778-9433
mkimm@connectionnewspapers.com
@MaryKimm

Executive Vice President
Jerry Vernon
jvernon@connectionnewspapers.com

Editor in Chief
Steven Mauren
Managing Editor
Kemal Kurspahic
Photography:
Deb Cobb, Louise Krafft,
Craig Sterbutzel
Art/Design:
Laurence Foong, John Heinly
Production Manager:
Jean Card
Geovani Flores

Special Assistant to the Publisher
Jeanne Theismann
703-778-9436
jtheismann@connectionnewspapers.com
@TheismannMedia

CIRCULATION: 703-778-9426
Circulation Manager:
Linda Pecquex
circulation@connectionnewspapers.com

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NEWS

Silver Line Testing Continues

WMATA cars continue testing all along the Phase 1 alignment from East Falls Church to Wiehle Avenue in Reston. In this photo, cars are being positioned on the trail tracks for testing (west of the Wiehle-Reston East Metrorail Station) before being temporarily stored.



PHOTOS BY STEPHEN BARNA/DULLES CORRIDOR METRO RAIL PROJECT



Work inside the mezzanine level of the pedestrian bridge entrance portal at the Wiehle-Reston East Metrorail station continues. Installation of floor tiles, handrails, ceiling panels and lighting is nearing completion.



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LETTERS TO THE EDITOR

FROM PAGE 6

Center (RCC) Board of Governors.
To the Editor:

I am a long-time Reston resident, strong community volunteer and parent of age-group swimmers. I am also a nationally recognized swimmer and swimming official. I support an Indoor Aquatic & Recreation Facility at Baron Cameron Park.

This proposal indicates Reston's ongoing commitment to health, fitness and sporting activities. I'm thrilled that Reston has supported recreation as it has grown and thrived. It's also great that the Reston Community Center (RCC), Reston Association (RA) and RSTA (Reston Swim Team Association) have worked together to maximize benefit of pool facilities and aquatic programs.

I learned to swim very well in Reston. Competing with RSTA for many years, I perfected my strokes, starts, turns and relays. My parents supported the sport by getting me to the pool, working meets and events, and bonding with other swimmer families. It was a great, healthy experience for the whole family.

As I grew, I received many benefits from swimming in Reston. I

competed at the national level with Solotar Swim Team (later assimilated under Curl-Burke, now the Nation's Capital Swim Club). I was lucky to train with this AAU/USS team at Reston's Hidden Creek Country Club. While I attended South Lakes High School, I swam conveniently at the RCC. Ultimately, my strong Reston swimming background enabled me to swim on scholarship for the University of Virginia (UVA). Today, I still swim and compete. In addition, I officiate swim competitions for RSTA, South Lakes High & VHSL (Virginia High School League) and USA Swimming.

At all ages, swimmers develop valuable traits in and out of the water including good sportsmanship, teamwork and mutual respect. Dedicated, busy swimmers learn strong organization and time management skills that help them throughout life. Yet, friendship is one of the most important benefits from swimming. Many of my closest relationships and people memories are tied to pool experiences.

As you evaluate proposals, I urge you to strongly consider need, usage and payback opportunities for a 50-meter pool facility dedicated

to year-round developmental and competitive swimming. For over 40 years, Reston has demonstrated its commitment to swimming. While we have many outdoor RA pools, we outgrew the RCC facility decades ago. Most Reston swimmers access other facilities and swimming organizations during the majority of the year.

There is considerable interest within Reston for year-round swimming. There is also tremendous talent for it in our area, as described in "The Nation's Talent Pool" article <http://www.washingtonpost.com/wp-dyn/content/article/2009/02/06/AR2009020603541.html?referrer=emailarticle>. A new facility would enable Reston to train swimmers as well as attract and develop knowledgeable instructors, coaches and officials. Growing up, I had the opportunity to visit and compete in many communities dedicated to swimming. I believe that Reston has the qualities to make swimming equally significant in our town.

As you consider options and opposition from other constituencies, I urge you to examine the Oak Marr and Audrey Moore properties run by Fairfax County. By aptly

integrating recreation centers with open space, parking and accessibility, they cater well to swimming and other recreational interests of many members. I appreciate your efforts.

Lisa Hering Groves
Reston

Young Referees Face Verbal Abuse

To the Editor:

Youth recreational basketball has finally ended. These days, children can play in house leagues from November through final playoff games in June. What they need and can't play without however, not counting coaches, league administrators and venues, are the referees.

My 18-year-old son has been a youth basketball referee for the past six years. At 12 he refereed second grade boys and girls games. Each year he worked his way up, reaching eighth grade games this season. This year, he also spent \$120 of his own money to join the Cardinal Basketball Official's Association; a 10-week

program offering a blend of classroom and game-based learning that is intended to get you ready to referee junior varsity high school basketball.

It is a thankless job, and at times can be stressful when dealing with spectators and coaches. What I've never understood over all these years is the verbal abuse these young referees experience from coaches and parents alike. Approximately 75 percent of youth referees quit within two years due to this abuse. There would be no games or leagues without a cadre of good, dedicated refs. Countless times my son has been called at the last minute to work a game. I've seen him sacrifice personal time to make sure these games can be played.

So think about that, coaches and parents, the next time you yell at the ref. Leave the Bobby Knight antics for the college and pro games. Nobody gets every call right, but it's not for lack of training or effort. In the end, it's not about wins and losses at this level. It's about teaching children the fundamentals of the sport and more importantly, some basic fundamentals of life.

Bill Byrne



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THE CONNECTION
NEWSPAPERS

Reston Organizations Teach Girls the Value of Science

The Girls Excelling in Math and Science (GEMS) Club Initiative, Nova Labs and the Mid-Atlantic Girls Collaborative (MAGiC) have announced a new project: The Girl Makers of Northern Virginia.

The project—funded by a \$3,500 grant from the Community Foundation for Northern Virginia's Innovation Fund (\$1,000) and the Moore Family Foundation (\$2,500)—builds upon two "Take Apart" sessions held at Nova Labs last winter. "We provide the recycled items and the tools and the girls provide the elbow grease and the enthusiasm," says Brian Jacoby, Nova Labs president. The goal, he says, is to inspire tinkering and to feed girls' natural curiosity. "New

funding will allow us to expand the program," Jacoby states. Take Apart sessions, like Girl Makers, aim to build girls' interest in pursuing science, technology, engineering and math (STEM) classes and careers.

Elizabeth Vandenburg, co-lead and outreach director of GEMS and MAGiC, says, "Nearly 51 percent of the U.S. population: women. Girls need to get in the pipeline, and Nova Labs is at the cutting edge 21st-century economic engine in STEM innovation spearheading this exciting project." Founded in 1994, the GEMS Club initiative is an after-school effort to expose three fields. Third through eighth grade girls are exposed to the fun and wonder of STEM

Nova Labs through a nonprofit "makerspace" in Reston that provides a community workshop where people can learn, teach and collaborate on creative and technical works. Started at Clearview Elementary School by volunteers and teachers, the GEMS Club now has 35 clubs across Fairfax County Public Schools and expanded at the 2011 Clinton Global Initiative in Chicago, Ill. The lab is part of the international Maker Movement, the trend of individuals creating and selling self-made items, which is considered to be spreading quickly in neighborhoods across the United States.

For more information call Elizabeth Vandenburg 703-774-7796.



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Henry Lopez, the Boys & Girls Clubs Youth of the Year for District of Columbia and Commonwealth of Virginia, was selected to speak at the 28th Annual Tim Russert Congressional Dinner presented by the Boys & Girls Clubs of Greater Washington.



Henry Lopez (center) is pictured at home with (from left) with his mother Emerita, his brother William, his sister Yuri and his father Arnoldo. Henry, who was selected as the Boys & Girls Clubs Youth of the Year for District of Columbia and Commonwealth of Virginia, credits his parents and the Boys & Girls Clubs of Fairfax with helping him realize his dreams.

Rising to Boys & Girls Clubs 'Youth of the Year'

With the help of the Boys & Girls Clubs, a local immigrant student has received a full college scholarship.

By MARILYN CAMPBELL
THE CONNECTION

Today, Henry Lopez has a bright future, complete with a full scholarship to college. It wasn't always that way, however, and he remembers being a preschool student in a foreign country, unfamiliar with the language and culture, fighting to learn, to fit in, to avoid falling into a gang.

The Boys & Girls Clubs proved an invaluable help to him in this struggle, and Henry was actually just selected as the Boys & Girls Clubs Youth of the Year for District of Columbia and Commonwealth of Virginia.

"For my family, the American dream when we came here in 1999 was survival," said Henry, who graduated from JEB Stuart High School in Falls Church last week. "In Guatemala, my parents realized that there was no money [or] opportunity to obtain it, so the only way to care for my [family] was to come to the United States."

THAT DREAM has gone far beyond survival, as Henry was accepted into George Mason University's Honors College and awarded a full academic scholarship to the Fairfax school as a University Scholar.

Henry was one of 21 students selected from a pool of 1,500 applicants who were expected to "possess exemplary records of academic achievement ... demonstrate evi-

dence of intellectual vision, a commitment to the obligations of citizenship and the potential to overcome obstacles and solve challenging problems," according to Anthony Dyer Hoefer, Ph.D., the director of Mason's University Scholars Program and an Old Town Alexandria resident.

His college application wasn't the first time he impressed George Mason officials, however. While still in the eighth grade, Henry was accepted into George Mason's Early Identification Program, which supports and enriches students who will be the first in their families to attend college.

"He was an exceptional first generation college student," said Lewis E. Forrester II, the program's executive director. "Recently, I was looking over his eighth grade application and he stated that his number one goal was to go to college. Not only has he met that goal, he has gained a positive reputation before he has even enrolled in classes here at Mason."

Henry graduated with a 4.3 GPA as a member of the National Honor Society, as well as vice president of the JEB Stuart High School's chapter of the Spanish Honor Society.

Among an exhaustive list of academic and extracurricular accomplishments, he also served on his high school's Student Government Association and ran on the varsity cross-country team. While he's proud of his accomplishments, he gives much of the credit to the sup-

port he received from his parents and the Boys & Girls Clubs of Greater Washington (BGCWG), Fairfax region located in Falls Church, Mount Vernon and Herndon.

Henry says his appreciation of hard work came from his parents: Emerita Lopez, who works as a housekeeper, and Arnoldo Lopez, a day laborer. "Witnessing my parents physically push themselves every day had a tremendous impact on me," said Henry. "I saw their situation and they constantly reminded me that they didn't want me to clean houses or mow lawns."

Emerita said she and her husband had loftier goals for Henry, his 21-year-old sister Yuri and his 13-year-old brother William. "I came here with my husband because it meant a much better life for my kids, but I had to work hard every day," she said.

THE LOPEZ FAMILY moved to the Culmore neighborhood of Falls Church 15 years ago. It's an area with affordable housing, but also gang activity, so the Lopezes found protection for their children in the form of the Culmore Chapter of the Boys & Girls Clubs.

"I start working at 8 in the morning and finished at 8 at night," said Emerita. "I work as a housekeeper so we don't have much money for babysitters. I was looking for a safe place for my kids while I worked long hours. When [they were] at

the club, I knew that [they were] safe."

Henry says that at the time, he was unaware of the danger that lurked in Culmore. "I had to grow up at a young age," he said.

The Boys & Girls Clubs not only provided safety, it taught him to dream. "It would have been very easy to be influenced by gang activity because my parents were working all the time," he said. "The Boys & Girls Clubs gave activities, provided me a place to go to learn about college and explore careers. Had it not been for the Boys & Girls Clubs, I would not have had the vision of going to college."

Wonhee Kang, regional director of the Fairfax County Region Boys & Girls Clubs of Greater Washington, has served an important role

watched Lopez evolve from that shy little boy into an eloquent orator and a proficient scholar. "I've been watching him grow year after year. He learned slowly about culture, culture of the club and community," she said. "There were times when he didn't have appropriate clothes for speaking engagements and competitions so we made sure that he had a suit. I took him to our Youth of the Year competition in Newport News, Va., and that was his first time staying a hotel. The kids may not have [much] financially, but these are amazing young people."

Kang said that Henry was always interested in academics. "He enjoyed the power hour, which is time for studying and homework. That made him strong academically and

"It would have been very easy to be influenced by gang activity because my parents were working all the time. The Boys & Girls Clubs gave activities, provided me [with] a place to go to learn about college and explore careers. Had it not been for the Boys & Girls Clubs, I would not have had the vision of going to college."

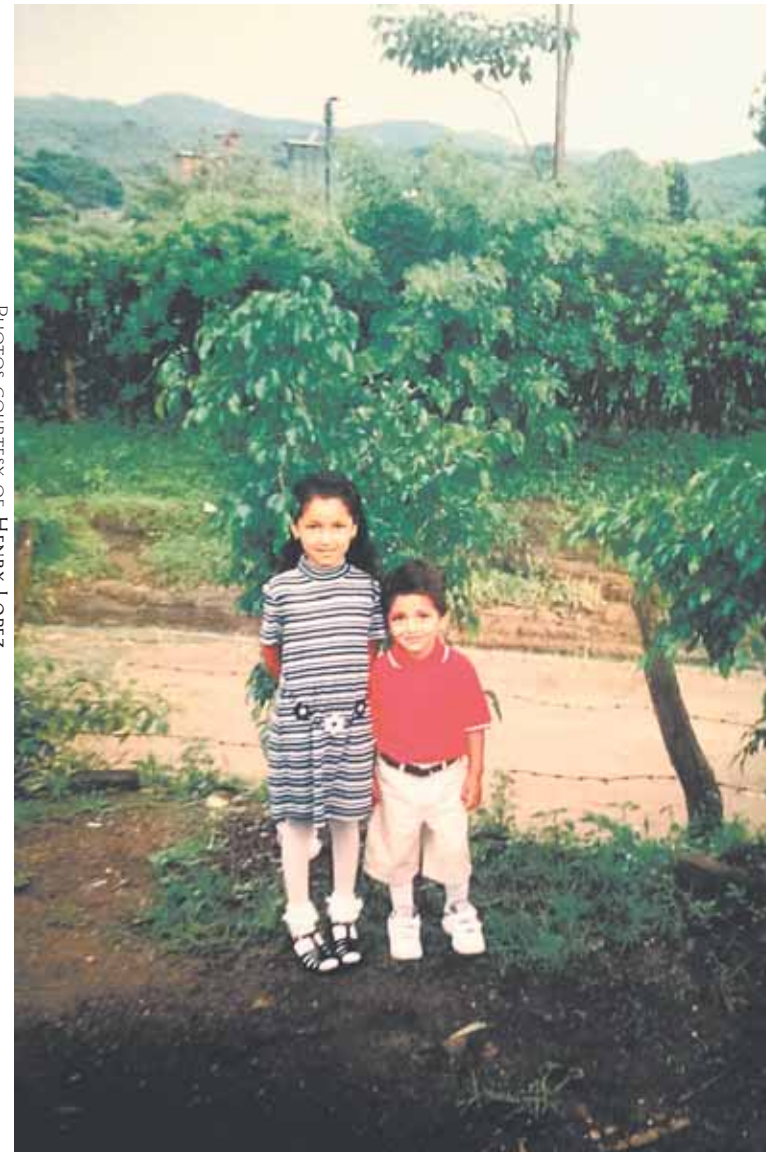
— Henry Lopez

in Henry's life. "When I first met him, he was 4," she said. "It was right after he arrived in this country from Guatemala. When he first came to the club, he didn't speak any English. He was hiding and he was very shy."

Over the past 14 years, Kang has

helped him earn a scholarship to George Mason University. He got into five universities, but he got a full scholarship from George Mason."

Henry was selected to speak at the 28th Annual Tim Russert Congressional Dinner presented by the



Henry Lopez (pictured here in Guatemala with his sister Yuri) moved with his family to Falls Church in search of the American dream. Earlier this month, he graduated from high school with a 4.3 GPA, was awarded a full scholarship to George Mason University and was selected as the Boys & Girls Clubs Youth of the Year for District of Columbia and Commonwealth of Virginia.

Boys & Girls Clubs of Greater Washington last month, an important annual fundraising event for the Boys & Girls Clubs. Kang also invited Henry's entire family "because this is a once-in-a-lifetime event for Henry.

It was the first time in Henry's life his father was able to attend one of his activities. "It is not that doesn't want to," Kang said. "A lot of times his work schedule doesn't allow it, but he is also afraid to go to events where the majority of people speak English and he doesn't."

Kang's effort to ensure that Henry's family attended the dinner proved to be a profound gesture. "I was overwhelmed the whole time because I had never gone to such an elegant event," said Henry's father, Arnoldo, through an interpreter. "Tears could not stay away as [Henry] spoke. It was hard for me to believe that he was talking in front of so many people."

DURING HIS SPEECH, Henry told the crowd about the challenges he faced growing up in Virginia as an immigrant with financial limitations.

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PHOTOS BY ALEX MCVEIGH/THE CONNECTION

Crowds line up to try the vendors at the Taste of Reston Saturday, June 15 at Reston Town Center.

Town Center Gives Taste of Reston

More than 20 vendors show off signature dishes at annual festival.

BY ALEX MCVEIGH
THE CONNECTION

Paul Jones of Reston has one secret to success when it comes to the annual Taste of Reston festival: where there's smoke, there's food.

"I follow the smoke because I'm mainly interested in anything that can be grilled," he said. "Burgers, hot dogs, sausages, seafood, chicken, whatever it is, that's my main goal while I'm here."

Jones found plenty to explore during the event at Reston Town Center, trying each one in turn. Over 20 vendors brought out their signature dishes to the festival, many more exotic than simple grilled meat.

"I like to explore different things, things I wouldn't get at a normal barbecue, or something my friends couldn't prepare," said Jeff Fitzsimmons of Herndon. "This year, my clear number one was the prosciutto-wrapped truffle fries from Paolo's. They were amazing, and unlike anything I'd ever tried before."

Other visitors tended more toward the dessert items, such as ice cream, smoothies, gelato and more. "I'm here strictly for the sweets," said Terri Grace of Herndon. "I'm the kind of person that will stick to funnel cakes and fried Oreos at a carnival so I'm easy to please. I absolutely loved the gelato from Pitango."

George Rodriguez of Sterling has another strategy.

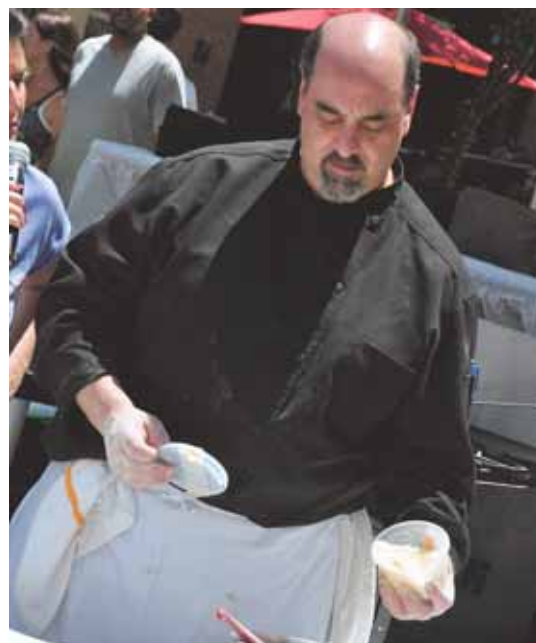
"My first stop is always the biggest line, which drives my wife crazy, but I figure by the afternoon, that's the place that's getting repeat business because they're good," he said. "This year it was the Peruvian charcoal chicken, which I'm well familiar with from different places in the area. And this one didn't disappoint."

While Market Street was lined with food vendors, various entertainment options were available throughout. Stages at each end of Market Street, as well as at the pavilion had live music, dancing and other demonstrations throughout the day.

"I enjoyed some of the cooking demonstrations, particularly the lobster ravioli," said Jean Murnau of Reston, who watched a demonstration by Steve Benincasa, executive chef at Paolo's. "I don't think there are many people who are better qualified to show off a recipe like that, and I can use all the help I can get."



Karen Book and Henry Weisiger perform as part of Blue Book Value Saturday, June 15 at the Taste of Reston Festival.



Paolo's Executive Chef Steve Benincasa demonstrates how to make lobster ravioli at the Taste of Reston Saturday, June 15.



"Dawn" by Lori Green, one of Catherine Hillis' watercolor students, whose work will be featured in a class exhibition in the Sapphire Gallery at ArtSpace Herndon. The exhibit is concurrent with Jill Poyerd and Catherine Hillis' exhibition of oils and watercolors, "It's a Matter of Color," up through July.

Send announcements to reston@connectionnewspapers.com. The deadline is the Friday prior to the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com/news/2013/apr/11/fairfax-county-calendar/.

SUNDAY/JUNE 16-TUESDAY/JULY 30

Summer Vibes. 9 a.m.-9 p.m., at the Reston Community Center Hunters Woods, 2310 Colts Neck Road, Reston. The League of Reston Artists invites painters, mixed media artists, photographers and artists in other two-dimensional media to submit works for the upcoming "Summer Vibes" exhibit. www.leagueofrestonartists.org.

THURSDAY/JUNE 20

Trio Caliente. 7:30-8:30 p.m., at Frying Pan Farm Park, 2709 West Ox Road, Herndon. Trio Caliente performs gypsy rumba and Latin jazz grooves, spiced with Flamenco pop, bossa nova, and salsa. www.triocaliente.com.

Casino Night Fundraiser. 6-10 p.m., Pavilion at Reston Town Center. Enjoy professional Vegas-style gambling, entertainment, music, hors d'oeuvres, wine, silent auction, raffle prizes and more. \$75/person or \$140/couple. 703-467-9797 or publicartreston.org.

FRIDAY/JUNE 21

Burnt Sienna. 6:30-10:30 p.m., on the Town Green, 777 Lynn St., Herndon. The band known for covering a wide variety of genres, such as modern and classic rock, '80s, and dance/party tunes. <http://www.herndonrocks.com/>.

SATURDAY/JUNE 22

New Balance Fitting Event. 10 a.m.-1 p.m., at the Pavilion, Reston Town Center, 11900 Market St., Reston. Try New Balance shoes and enjoy a running-form clinic, group run and prizes. 703-689-0999.

Cathy Ponton King. Noon, on Elden Street, in Downtown Herndon. Cathy Ponton King and three stages of music will perform and entertain crowds at Herndon Fest. 703-435-6866.

The United States Army Field Band. 6-9 p.m., at Arrowbrook Centre Park, 2351 Field Point Road, Herndon. Since its inception in 1981, The Volunteers has been telling the Army story through rock, pop,

country and patriotic music. www.armyfieldband.com.

Pat McGee. 6-9 p.m., at Arrowbrook Centre Park, 2351 Field Point Road, Herndon. Singer, songwriter and rock guitarist Pat McGee opens Arrowbrook's concert season Saturday, June 22 with an acoustic evening. www.patmcgee.net.

Mingo Fishtrap. 7:30-10 p.m., at the Pavilion, Reston Town Center, 11900 Market St., Reston. Listen to Mingo Fishtrap's soul, funk and horn-fueled pop. <http://www.mingofishtrap.com/>.

SUNDAY/JUNE 23

Reston Town Center Grand Prix Bicycle Races. 7:30 a.m.-5 p.m., at the Pavilion, Reston Town Center, 11900 Market St., Reston. Experience the speed and thrills of races through Reston Town Center featuring the Mid-Atlantic's top men and women racers competing for thousands in cash and prizes. evolutioncycling.org.

MONDAY/JUNE 24

NARFE Luncheon Meeting. 11:30 a.m., at Amphora Diner, 1151 Elden St., Herndon. Guest speaker Mariam Mirkel, pharmacy manager at Walgreens and Reston Hospital, speaks on common mistakes with medications. Reservations by June 20. \$17. 703-435-3523 or www.vanarfe.org/1241/1241.htm.

TUESDAY/JUNE 25

INOVA Blood Drive. Noon-7 p.m., at the Pavilion, Reston Town Center, 11900 Market St., Reston. Donate blood and help support the INOVA Blood Drive. 1-866-256-6372 or inova.org/donateblood.

Round Mountain Releases "The Goat." 7:30 p.m., at Amphora's Deluxe Diner, 1111 Shaker Woods Road, Herndon. After years of global travel and immersion in Appalachian, Celtic, West African, Balkan and Middle-Eastern music, brothers Char and Robby Rothschild bring listeners their music. 703-786-8894 or <https://soundcloud.com/redboot/sets/round-mountain-the-goat-s-bk2SR>.

WEDNESDAY/JUNE 26

The Great Zucchini. 10-11 a.m., at Frying Pan Farm Park, 2709 West Ox Road, Herndon. The Great Zucchini, a preschool and kindergarten entertainer, performs a colorful magic show where every child is a star and laughs are guaranteed. www.thegreatzucchini.com.

Phil Lilienthal poses in Lake Anne Plaza, his Global Camps Africa office location.



PHOTO BY LAUREN YOUNG/ THE CONNECTION

Restonian Recognized for Work in Africa

Global Camps Africa recognized by Peace Corps for work in South Africa.

BY LAUREN YOUNG
THE CONNECTION

Phil Lilienthal, a longtime resident of Reston, founded a nonprofit group called Global Camps Africa (GCA) in 2003. Recently, he was awarded The Sargent Shriver Award for Distinguished Humanitarian Service from the National Peace Corps Association. This award is described as being awarded to, “a Returned Peace Corps Volunteer who continues to make a sustained and distinguished contribution to humanitarian causes at home or abroad or is an innovative social entrepreneur whose actions will bring about significant long-term change.”

When Lilienthal was serving the Peace Corps abroad, he lived in Ethiopia from 1965-67. He describes the Peace Corps as a supportive organization, and says, “There’s a family aspect to Peace Corps.” After returning from Ethiopia, he and his wife moved to Reston, “When we came back from Africa we wanted to move south.” So they became residents of the 2,000-person community, which included his step father-in-law, Robert E. Simon. After practicing law in Reston until 1998, and running his family camp in Maine until 2003, he decided to pursue his vision of opening a camp for children in Africa. The camp is located about an hour from Johannesburg, and the children mostly come from the town of Soweto. Camp was always a big part of his life. “What’s better than camp?” he asks. “I wanted to do something I love ... I used to bring the idea up at cocktail parties, and as I got to be 60 I decided I better do it.”

BY 2004, the camp was up and running. It’s run as a standard camp that lasts for eight days, and then children continue to meet biweekly to focus on issues and skills discussed at camp. Lilienthal describes what goes on at camp by listing the activities chil-



PHOTO COURTESY OF GLOBAL CAMPS AFRICA

Phil Lilienthal gives campers photos of President Obama to hang on their walls at home.

dren partake in, “We have swimming, sports, arts and crafts, theatre, adventure ropes course, teambuilding, nutrition and life skills.” The camp’s main mission is to raise awareness for HIV and AIDS prevention. A typical day at camp Sizani includes waking up at 7 a.m., breakfast at 8, three activity sessions from 9 a.m.-12 p.m., lunch at 1, rest time until 2, three more activity sessions from 2-5, and finally the last activity of the day, after dinner, can include anything from a camp fire to games. The campers live in cabins designated for 14 kids and three counselors. They have electricity and plumbing. Lilienthal states, “The cabins are small, but nicer than they’re used to at home.”

SEE LILIENTHAL, PAGE 19

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Saturday, July 20 • 6-9 P.M.

The United States Air Force "Singing Sergeants" (Chorale)
An evening of music with the official chorus of the United States Air Force.

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Saturday, August 17 • 6-9 P.M.

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Sunrise Valley Teacher Honored

Katie Blomquist named the 2013 Virginia History Teacher of the Year.

BY MATTHEW AUKER
THE CONNECTION

The Gilder Lehrman Institute of American History has named Katie Blomquist, a fourth grade teacher at Sunrise Valley Elementary School, the 2013 Virginia History Teacher of the Year. She will receive a cash award of \$1,000 and is eligible for the National Teacher of the Year Award, which is presented in the fall.

The school will also be presented with an archive of primary historical materials in her honor. On Monday, June 17 she was presented the award in a ceremony at Sunrise Valley Elementary, with representatives from the Virginia Department of Education and the county social studies office on hand.

Blomquist is in her ninth year teaching, six of which have been at Sunrise Valley. Fourth grade social studies in Fairfax County Public Schools is centered on Virginia's history, a subject she is very passionate



The Gilder Lehrman Institute named Katie Blomquist Virginia History Teacher of the Year.

about. Integrating outside sources and hands-on activities is a major part of her teaching style, as Blomquist explains when addressing her teaching philosophy: "The kids enjoy it more if you get them away from the textbook and get them involved. Actually acting out things or getting their hands on objects and really diving more into the story."

Principal Beth English also had high praise for Blomquist: "She builds each student's sense of inquiry and wonder, creating a classroom of lifelong learners and history buffs."

Blomquist captures her students' knowledge and interests: "They get the morality of issues; they understand the ethics behind things very quickly," she says, adding, "For them to be able to understand that and the economic and political sides of things is something they really enjoy."

The Gilder Lehrman Institute is a nonprofit organization devoted to the improvement of

history education. Each year the organization gives out awards and resources to schools in all 50 states, and its programs have been recognized by awards from the White House, the National Endowment for the Humanities, and the Organization of American Historians.



PHOTO COURTESY OF NICHOLAS B. BAUER

Helping Celebrate All Night Grad Party

South Lakes' All Night Grad Party, held Friday, June 14 after graduation, had three guest dealers from the FCPS School Board: Pat Hynes, Ryan McElveen and (pictured here) Chairman Ilryong Moon.

WEEK IN RESTON

Robberies on Paths Possibly Connected

Detectives in the Reston Police District are investigating four recent robberies and assaults on Reston area paths that may be connected.

In three of the incidents, victims were walking when they were approached by groups of young men, physically assaulted, then robbed. In a fourth incident, the victim was a bicyclist. Each of the incidents happened during daylight hours between 3:25 p.m. and 9 p.m.

The most recent incident took place Thursday, June 13 at around 3:25 p.m. A 23-year-old man was walking home from the store along a path adjacent to a soccer field at Hunters Woods Park when three men approached him from behind, knocked him to the ground, demanded his belongings and assaulted him. They took his belongings and walked away, northbound on the pathway. The victim suffered non-life threatening injuries and walked to a nearby business to contact police.

The suspects were described as two black males, around 5-foot-9 inches tall and 150 pounds. One wore an orange tank top and appeared to be in his late teens or early 20s. The other wore a light red polo shirt. The third suspect was possibly Hispanic, same height, between 18-20 years old and thin. He wore navy

and gray striped, loose pants and possibly a gray shirt.

The other incidents:

*Monday, June 3, 7:50 p.m.—Two men were walking along a path near Moorings Drive and North Shore Drive when they were approached by a group of men who demanded money, assaulted them, stole their belongings and fled.

*Friday, June 7, 9 p.m.—A 31-year-old man was walking on a path near the community center at 12125 Pinecrest Road when he was reportedly approached by four young men who spoke to the victim, punched him and when took the victim's belongings after he fell to the ground. They fled down the path.

*Sunday, June 9, 6:20 p.m.—A 42-year-old man was riding his bicycle on a path behind Hunters Woods Plaza when he was approached by a group of four young men. One of them pushed the victim off of his bicycle and began to assault him; punching and kicking. They grabbed the victim's money and belongings, yelled at him and fled. The victim yelled for help and a walker assisted him and called police and rescue. The victim was transported to the hospital where he was treated for broken bones and other non-life threatening injuries.

Anyone with information is asked to call Crime Solvers by phone at 1-866-411-TIPS/8477, e-mail at www.fairfaxcrimesolvers.org or text "TIP187" plus your message to CRIMES/274637 or call Fairfax County Police at 703-691-2131.

SCHOOL NOTES

Send school notes to north@connectionnewspapers.com by Friday.

Michael Repshas, son of Don and Dale Repshas of Reston, graduated from Dickinson College on May 19 with a Bachelor of Arts in international business and management.

The following students received Merit Scholarship Awards by the National Merit Scholarship Corporation (NMSC): **Margaret M. Schaaf** of Herndon High

School, National Merit Arizona State University Scholarship; and **Isaac W. Yampolsky** of Herndon High School, National Merit Northwestern University Scholarship.

Kelsey King Albanese, daughter of Dr. Jay Albanese and Ms. Leslie King of Herndon, graduated from Dickinson College on May 19 with a BA in psychology. Albanese is a graduate of The Connelly School of the Holy Child.

Lucia Lee of Herndon has been appointed to the 10th District's Class of 2017 service academies and will attend the United States Naval Academy.

The following Herndon students are National Merit Scholars, who will receive a \$2,500 scholarship for academic excellence: **Amy J. Chen** and **Yash M. Maniar**, who both aspire to a career in medicine.

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**Testing, 1, 2, 3;
Testing, 4, 5, 6;
Testing 7, 8, 9...**



By KENNETH B. LOURIE

Different from last week's column on the testing subject, "Full Circle," this week's column addresses another emotional battleground: the unknown. Other than selling computers out of Frank Costanza's house and reaching a "Serenity Now"-type nirvana with each sale, outlets available to yours truly – one of many terminal cancer patients anticipating results from a CT scan of my lungs/upper torso, and in turn awaiting the electronic exchange from my oncologist advising me of said results – are difficult to come by. And even though I'm experienced at this process, four-plus years and counting, literally; and accustomed as well to the "cycle of loom," familiar it has become; easier however, it has not.

In effect, this testing and waiting for the results is its own test: of patience, self-discipline, endurance, forbearance; so I tell myself: "Serenity Now," and hope there's not insanity later, as there was for Lloyd Braun on this most memorable Seinfeld episode.

However much I want to pretend, deny and minimize the significance of these results, the reality is, my life sort of depends on them. Moreover the digital images that will appear on the computer screen in the doctor's office will indeed tell the tale, hopefully not of woe. Yours truly hemming and hawing and being asymptomatic are all irrelevant once the radiologist hits send and the images/results end up in my oncologist's inbox. That's when the rubber will truly hit the road and I will learn if my future is now or later.

So you bet it's a test, and it's no stinkin' multiple guess/multiple choice test either. It's a test of character, of will; you against yourself. And though you'd like the best man to win and for you to be the best man, the reality is: cancer may be the man and you may not be. As much as you try, there's an inevitability to science and medicine and not always does the best man win. Death and taxes are inevitable, as the old joke goes – for a reason!

Unfortunately, in many patients, cancer kills; it's not a feeling, it's a fact. My job as a cancer patient is to resist and not succumb to its devastating devices. Every day is a test, physically and especially emotionally. One's effects I can attempt to semi control, the other, not so much. As I cycle around to my next scan, I am reminded of how challenging this whole cancer trip has been. And though I've been there and been doing it now for nearly four and one half years post-diagnosis, each scan presents new risks. For cancer patients though, these scans are a necessity of life. Unfortunately – and this is our harsh reality, they may also be a precursor of death. Try studying for that.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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Experiencing All-American Football Camp

Local players gain exposure to college coaches during camp and develop skills for football and life.

By ANDREW MINER
THE CONNECTION

Hundreds of high school football players took the two fields at Flint Hill Upper School for the All-American Football Camp. There were participants, rising freshman, sophomores, juniors and seniors, from all across the mid-Atlantic region including Delaware, Ohio and the Carolinas. They came and stayed through the varying weather conditions of desert heats and gushing rains to put in the effort and get better.

Over four hours of grueling position workouts, offensive and defensive drills, and one-on-one they commanded the respect of the numerous collegiate coaches in attendance. There were even two representatives from the Washington Redskins who helped coach the offensive and defensive lineman. Over the past two years, over 100 athletes who have attended the camp are playing NCAA football, including 48 who received Division I scholarships in 2012.

Among those who have received a football scholarship is Lake Braddock quarterback Caleb Henderson. The 230 pound, 6-foot-4 North Carolina Tar Heel commit joked about turf toe and always vocally celebrated enthusiastically when anyone made a big catch down the sideline during the one-on-ones, no matter who threw it.

IT WAS UNCERTAIN whether or not Henderson would be able to attend the camp; however, he said that it was because of coach Kavanaugh that he came. "This camp is really fun, I'm glad I came out today," said Henderson. "I was debating whether to come because I just came back from the Elite 11 in Ohio yesterday, but I haven't see coach K in a while. He's a great guy and I like him a lot."

Another player who did not escape the attention of Kavanaugh was Centerville's linebacker Chad Wiggins who runs a 4.67 forty, stands 6-foot-1 and weighs 230 pounds and is a top linebacker in the Northern Virginia region. Wiggins' favorite part about being a linebacker is, of course, getting to hit people. Wiggins also loves the "exposure of the camp ... hanging with these guys and ... show[ing] off what you've been working hard for." The Linebacker MVP of the camp, Wiggins is considering Virginia Tech, yet wants to enjoy his senior season at Centerville first, looking forward to "winning a state championship next year."



The cornerbacks practice their footwork during specific position instruction.



The rising Lake Braddock senior Caleb Henderson rockets a pass downfield during an offensive drill.



Centerville linebacker Chad Wiggins (left) defends Clover Hill HS tight end Chase Stanley (right) during a one-on-one drill.



DeMatha offensive lineman Devante Fox (center) lets out a victory yell after successfully protecting his dummy quarterback in a drill.



Jacob Atkinson, from East Christian Academy (DE), holds up motivational speaker Randy Beeman's "Character Bricks." Each brick represented a different value; yet those values are dependent on a solid foundation.

Before the camp ended and the sky opened up there was what the players took as the greatest drill of them all: the trenches. Here defensive and offensive linemen battled mano a mano in a simulation where a tackling dummy is used as the quarterback. The goal is to either protect or attack. DeMatha's offensive lineman Devante Fox dominated this drill and the one time he was beat, sparking impromptu trash talk from his opponent. Fox silently answered with a swirl of his finger and pummeled his overmatched defender to the floor the next time around.

IN THE FINAL CAMP MEETING at midfield, Kavanaugh introduced pastor and Kansas University's character coach Randy Beeman to the group. Beeman stressed the importance for young athletes to have their lives in order, to prioritize and become men of character. He focused on the usefulness of a guide, citing the Bible as his, and then asked for a volunteer and for examples of traits that men of character have. The volunteer was Jacob Atkinson and with each trait, integrity, trustworthiness, honesty, respect, and hence forth, Beeman place a brick in Atkinson's hand. The student from East Christian Academy in Delaware and the camp MVP held each five-stacked bricks before it became unstable and they fell to the turf. The moral was to provide a realization that even having these traits of character was meaningless without a solid foundation. A foundation, both Beeman and Kavanaugh hope, that can lead to success long after football.

PHOTOS BY ANDREW MINER/THE CONNECTION



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 9501 Clarks Crossing Dr.....\$675,000....Sun 1-4.....Leslie Thurman...Long & Foster..703-895-6000

To add your Realtor-represented Open House to these weekly listings, please call Karen Pechacek-Washburn at 703-778-9422 or E-Mail the info to kwashburn@connectionnewspapers.com
All listings due by Monday at 3 P.M.

HOME SALES

In May 2013, 148 Reston homes sold between \$1,655,000-\$110,733. This week's list represents those homes sold in the \$1,655,000-\$329,500 range. For the complete list, visit www.ConnectionNewspapers.com

Address	BR	FB	HB	Postal City	Sold Price	Type	Lot AC	Postal Code	Subdivision
11990 MARKET ST #2002	3	3	0	RESTON	\$1,655,000	Hi-Rise 9+ Floors	0.21	20190	MIDTOWN AT RESTON TOWN
11101 CHESSINGTON PL	5	4	1	RESTON	\$1,150,000	Detached	0.21	20194	HUNTERS END
11318 BRIGHT POND LN	5	3	1	RESTON	\$1,050,000	Detached	0.56	20194	RESTON
1482 WATERFRONT RD	4	3	1	RESTON	\$1,050,000	Detached	0.26	20194	RESTON
1919 LAKEPORT WAY	3	3	1	RESTON	\$902,400	Townhouse	0.06	20191	RESTON
11883 FAWN RIDGE LN	6	3	1	RESTON	\$820,000	Detached	0.55	20194	RESTON
12240 DORRANCE CT	3	2	2	RESTON	\$812,550	Townhouse	0.06	20190	WEST MARKET/RESTON
11103 WEDGE DR	3	3	0	RESTON	\$780,000	Detached	0.59	20190	RESTON
2036 BEACON PL	4	3	1	RESTON	\$775,000	Detached	0.12	20191	RESTON
1568 OLD EATON LN	5	3	1	RESTON	\$762,500	Detached	0.30	20194	RESTON
11482 BINGHAM TER	5	3	1	RESTON	\$756,000	Detached	0.30	20191	RESTON
1308 STABLE FARM CT	4	2	1	RESTON	\$739,500	Detached	0.14	20194	CRIPPENS CORNER
11439 TANBARK DR	4	3	1	RESTON	\$734,000	Detached	0.32	20191	RESTON
11516 HEMINGWAY DR	4	3	1	RESTON	\$725,000	Townhouse	0.05	20194	RESTON
2213 WAKEROBIN LN	4	3	0	RESTON	\$700,000	Detached	0.29	20191	RESTON
11308 HARBORSIDE CL	4	2	1	RESTON	\$687,500	Detached	0.10	20191	RESTON
1253 LAMPLIGHTER WAY	3	3	1	RESTON	\$675,000	Detached	0.16	20194	RESTON
11815 BLUE SPRUCE RD	5	3	0	RESTON	\$650,000	Detached	0.40	20191	FOX MILL WOODS
2403 RED MAPLE LN	3	3	1	RESTON	\$645,000	Detached	0.43	20191	RESTON
11817 BRIAR MILL LN	3	2	1	RESTON	\$640,000	Detached	0.25	20194	RESTON
1200 WOODBROOK CT	3	3	1	RESTON	\$630,000	Townhouse	0.08	20194	RESTON
11800 SUNSET HILLS RD #1120	3	2	0	RESTON	\$622,000	Hi-Rise 9+ Floors	0.13	20190	CARLTON HOUSE
12492 FOX VIEW WAY	4	4	1	RESTON	\$600,000	Detached	0.13	20191	THE COURTS OF FOX MILL
1263 WEDGEWOOD MANOR WAY	3	2	1	RESTON	\$600,000	Townhouse	0.13	20194	RESTON
11603 BRANDON HILL WAY	2	2	1	RESTON	\$598,500	Detached	0.11	20194	RESTON
1573 BRASS LANTERN WAY	3	3	1	RESTON	\$595,000	Townhouse	0.10	20194	RESTON
11423 ORCHARD GREEN CT	3	2	2	RESTON	\$591,500	Townhouse	0.06	20190	RESTON
1586 BRASS LANTERN WAY	3	3	1	RESTON	\$590,000	Townhouse	0.08	20194	RESTON
2500 PINOAK LN	4	3	0	RESTON	\$580,000	Detached	0.44	20191	RESTON
1830 FOUNTAIN DR #1106	2	2	0	RESTON	\$575,000	Hi-Rise 9+ Floors	0.06	20190	PARAMOUNT
11485 WATERHAVEN CT	3	2	2	RESTON	\$575,000	Townhouse	0.06	20190	RESTON
2421 PONY LN	4	3	0	RESTON	\$575,000	Detached	0.53	20191	RESTON
11314 FRENCH HORN LN	4	2	1	RESTON	\$575,000	Detached	0.54	20191	RESTON
1314 PARK GARDEN LN	3	3	1	RESTON	\$575,000	Townhouse	0.05	20194	RESTON
2048 COBBLESTONE LN	3	3	1	RESTON	\$573,900	Detached	0.14	20191	RESTON
11423 HERITAGE OAK CT	3	2	2	RESTON	\$561,500	Townhouse	0.04	20194	RESTON
11692 STOCKBRIDGE LN	3	2	1	RESTON	\$560,000	Detached	0.20	20194	RESTON
2124 SALT KETTLE WAY	3	2	1	RESTON	\$552,500	Detached	0.12	20191	RESTON
1445 PARK GARDEN LN	3	3	1	RESTON	\$547,500	Townhouse	0.06	20194	BALDWIN GROVE
11426 LINKS DR	3	2	2	RESTON	\$540,000	Townhouse	0.06	20190	RESTON
11403 ORCHARD GREEN CT	3	2	1	RESTON	\$529,995	Townhouse	0.04	20190	RESTON
2305 ARCHDALE RD	4	2	1	RESTON	\$529,000	Detached	0.46	20191	STRATTON WOODS
1815 CRANBERRY LN	4	2	1	RESTON	\$527,000	Detached	0.32	20191	RESTON
10907 KNIGHTS BRIDGE CT	3	3	1	RESTON	\$516,300	Townhouse	0.10	20190	RESTON
11453 WATERVIEW CL	3	2	1	RESTON	\$515,000	Townhouse	0.06	20190	RESTON
11555 LINKS DR	4	2	1	RESTON	\$515,000	Townhouse	0.08	20190	RESTON
2053 WETHERSFIELD CT	3	3	2	RESTON	\$505,000	Townhouse	0.04	20191	RESTON
1328 PARK GARDEN LN	3	3	1	RESTON	\$505,000	Townhouse	0.06	20194	BALDWIN GROVE
11752 GREAT OWL CIR	3	3	1	RESTON	\$500,000	Townhouse	0.04	20194	RESTON
12025 NEW DOMINION PKWY#502	1	2	0	RESTON	\$499,000	Mid-Rise 5-8 Floors	0.05	20190	MIDTOWN NORTH
11704 INDIAN RIDGE RD	4	2	1	RESTON	\$497,500	Townhouse	0.05	20191	RESTON
11478 HERITAGE COMMONS WAY	2	2	1	RESTON	\$495,000	Townhouse	0.05	20194	RESTON
2149 GOLF COURSE DR	3	3	1	RESTON	\$493,000	Townhouse	0.04	20191	RESTON
1811 CRANBERRY LN	4	3	0	RESTON	\$477,000	Detached	0.35	20191	RESTON
2010 WINGED FOOT CT	3	2	2	RESTON	\$470,000	Townhouse	0.06	20191	RESTON
11720 INDIAN RIDGE RD	3	2	1	RESTON	\$467,500	Townhouse	0.07	20191	RESTON
1215 HERITAGE COMMONS CT	3	3	1	RESTON	\$467,000	Townhouse	0.03	20194	RESTON
1236 VINTAGE PL	2	2	1	RESTON	\$465,000	Townhouse	0.04	20194	RESTON
1317 VINTAGE PL	2	2	2	RESTON	\$461,950	Townhouse	0.03	20194	RESTON
1805 WAINWRIGHT DR	3	2	1	RESTON	\$457,000	Townhouse	0.03	20190	RESTON
2054 SWANS NECK WAY	3	2	1	RESTON	\$456,000	Townhouse	0.04	20191	RESTON
1432 NEWPORT SPRING CT	3	2	2	RESTON	\$455,000	Townhouse	0.04	20194	RESTON
2223 GLENCOURSE LN	3	2	2	RESTON	\$452,500	Townhouse	0.06	20191	GLENCOURSE CLUSTER
1212 HERITAGE COMMONS CT	3	2	1	RESTON	\$449,500	Townhouse	0.03	20194	RESTON
2311 HARLEYFORD CT	3	2	1	RESTON	\$446,000	Townhouse	0.03	20191	DEEPWOOD
1816 NORTH SHORE CT	4	3	1	RESTON	\$445,000	Townhouse	0.04	20190	RESTON
1406 GREEN RUN LN	3	2	1	RESTON	\$440,000	Townhouse	0.06	20190	RESTON
1518 PARK GLEN CT	4	3	1	RESTON	\$435,000	Townhouse	0.07	20190	RESTON
11860 DUNLOP CT	4	3	1	RESTON	\$432,100	Townhouse	0.05	20191	DEEPWOOD
11992 SENTINEL POINT CT	3	2	1	RESTON	\$430,000	Townhouse	0.04	20191	RESTON
11720 DRY RIVER CT	3	2	2	RESTON	\$429,000	Townhouse	0.04	20191	RESTON
2049 WINGED FOOT CT	3	2	1	RESTON	\$422,000	Townhouse	0.04	20191	RESTON
11730 PUTTING GREEN CT	3	2	2	RESTON	\$422,000	Townhouse	0.03	20191	RESTON
12025 NEW DOMINION PKWY#209	1	1	0	RESTON	\$415,000	Mid-Rise 5-8 Floors	0.05	20190	MIDTOWN NORTH
2416 ANSDEL CT	4	2	2	RESTON	\$415,000	Townhouse	0.05	20191	DEEPWOOD
1630 POPLAR GROVE DR	3	2	2	RESTON	\$409,000	Townhouse	0.04	20194	RESTON
11570 IVY BUSH CT	3	3	1	RESTON	\$406,000	Townhouse	0.05	20191	RESTON
1914 WINTERPORT CLUSTER	2	3	1	RESTON	\$405,000	Townhouse	0.03	20191	RESTON
1444 GREENMONT CT	3	2	1	RESTON	\$400,000	Townhouse	0.04	20190	RESTON
11138 SAFFOLD WAY	4	2	1	RESTON	\$398,000	Townhouse	0.04	20190	RESTON
2055 HEADLANDS CIR	3	2	1	RESTON	\$393,000	Townhouse	0.03	20191	RESTON
12180 ABINGTON HALL PL#202	2	2	0	RESTON	\$387,500	Garden 1-4 Floors	0.00	20190	MADISON PARK AT WEST MARKET
1512 CHATHAM COLONY CT	3	2	1	RESTON	\$385,000	Townhouse	0.03	20190	RESTON
2267 GUNSMITH SQ	3	2	1	RESTON	\$385,000	Townhouse	0.04	20191	RESTON
11128 HARBOR CT #11128	2	2	1	RESTON	\$385,000	Townhouse	0.03	20191	HARBOR POINT
11404 GATE HILL PL #N	2	2	0	RESTON	\$382,500	Garden 1-4 Floors	0.00	20194	SUTTON RIDGE
1616 SIERRA WOODS DR	3	1	2	RESTON	\$380,750	Townhouse	0.03	20194	RESTON
1583 STOWE CT	3	2	2	RESTON	\$380,000	Townhouse	0.03	20194	RESTON
1778 WAINWRIGHT DR	3	2	1	RESTON	\$375,000	Townhouse	0.04	20190	RESTON
1966 WINTERPORT CLUSTER	2	2	2	RESTON	\$375,000	Townhouse	0.03	20191	RESTON
11110 SAFFOLD WAY	4	2	1	RESTON	\$370,000	Townhouse	0.04	20190	RESTON
2245 WHEELWRIGHT CT	3	2	1	RESTON	\$366,500	Townhouse	0.04	20191	RESTON
1731 IVY OAK SQ #9	3	2	1	RESTON	\$365,000	Townhouse	0.03	20190	IVY OAK
11317 HEADLANDS CT	3	2	0	RESTON	\$365,000	Townhouse	0.03	20191	RESTON
1725 SUNDANCE DR	3	2	1	RESTON	\$365,000	Townhouse	0.03	20194	RESTON
1543 AUTUMN RIDGE CIR	3	2	2	RESTON	\$360,000	Townhouse	0.03	20194	RESTON
1711 IVY OAK SQ	4	2	1	RESTON	\$350,000	Townhouse	0.03	20190	IVY OAK
11688 GENERATION CT	3	2	2	RESTON	\$350,000	Townhouse	0.04	20191	GENERATION
1307K WINDLEAF DR #K	2	2	1	RESTON	\$341,000	Garden 1-4 Floors	0.00	20194	RESTON
11408H GATE HILL PL #120	2	2	1	RESTON	\$340,000	Garden 1-4 Floors	0.00	20194	SUTTON RIDGE
12009 TALIESIN PL #35	2	2	0	RESTON	\$338,000	Garden 1-4 Floors	0.00	20190	OAK PARK
1929 SAGEWOOD LN	2	2	0	RESTON	\$335,000	Townhouse	0.02	20191	RESTON
1307 WINDLEAF DR #G	2	2	0	RESTON	\$335,000	Other	0.00	20194	SUTTON RIDGE
1736 SUNDANCE DR	3	2	0	RESTON	\$334,200	Townhouse	0.04	20194	RESTON
1365 GARDEN WALL CIR #703	2	2	0	RESTON	\$330,000	Attach/Row Hse	0.00	20194	BALDWIN GROVE
2300 EMERALD HEIGHTS CT	3	2	2	RESTON	\$329,500	Townhouse	0.04	20191	RESTON

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Lilienthal Honored

FROM PAGE 13

The camp can hold 140 children per session, and has hosted more than 5,000 campers since its opening in 2004. There are three permanent staff members that live in South Africa, and they choose the campers that attend. Lilienthal said, "If we take 140 students from a school, it's a qualitative difference in how they act after camp." In addition to schools, the staff also chooses campers from orphanages and other youth serving organizations. Those who attend are between the ages of 11 and 18.

In choosing who attends the camp, one issue is of concern to Lilienthal and his staff: "We keep an eye on if they can come to after-camp clubs. That's a really important part of what we do to have a continuing relationship." This follow-up shows dedication and true concern for the children who attend Camp Sizani, whose name means, "helping one another." Eric Sass, a friend of Lilienthal's and a board member of GCA, remarks, "Phil just makes a difference. In a most kind, friendly, enthusiastic, skillful and unobtrusive way, he cares and puts his entire being into doing good, especially in changing the lives of thousands of children in South Africa." In a De-



Phil Lilienthal at Lake Anne Plaza, outside his office.

PHOTO BY LAUREN YOUNG/THE CONNECTION

ember 2012 camp report, Keabetswe Letsika, a former camper at Camp Sizani, shared her experience: "For a long time I used to hear my friends speak about how they are loved and respected and I had never experienced that, but here at camp I got that and more and I am so grateful to have been given this opportunity to come learn and start realizing that I can reach my goals only if I believe."

WHAT ELSE is Global Camps Africa currently focusing on? According to Lilienthal, "We work with other nonprofit organizations to help them develop camps. We work with sustainable NGOs because we want something solid to work with.

We have three we're working with this year. I've been approached by nonprofit organizations in Senegal, Liberia, Ghana, Kenya and Zimbabwe." In response to the award Lilienthal has received from the Peace Corps, he only hopes this will help raise awareness of the organization. "Any recognition for GCA is helpful in winning people over to support us. We're not a nationally recognized group so any recognition helps."

Lilienthal will receive his award the weekend of June 28-29 at the NPCA Peace Corps Connect-Boston.

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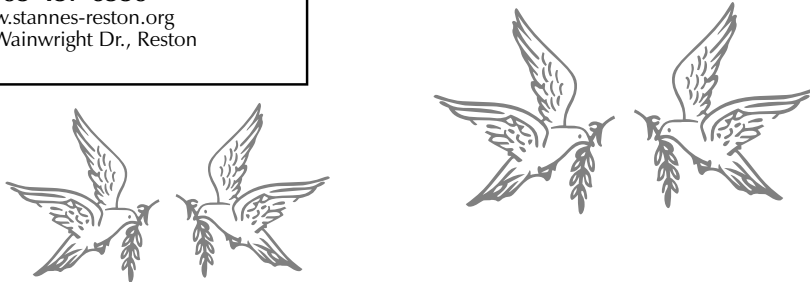
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