Centreville * Clifton * Little Rocky Run ENTRE SOUTHERN EDITION



Pages 8-9

JULY 4-10, 2013 25 CENTS Newsstand Price

Road Projects Moving Forward

Frey updates Sully District Council.

By Bonnie Hobbs Centre View

ransportation was the topic last week when Supervisor Michael R. Frey (R-Sully) addressed the Sully District Council of Citizens Associations, updating the panel and audience on local road projects.

"We have a fair amount of transportation improvements coming in the next two years," he said last Wednesday, June 26. "And for the first time in awhile, there's some optimism that we'll be able to [carry them out] because of the passage of the transportation bill."

And it's a good thing some money is finally available, said Frey, because road improvements don't come cheap. Take the current widening of Stringfellow Road between Fair Lakes Boulevard and Route 50 from two lanes to four, he said.

"Today's estimate for that project is \$63 million



Michael Frey discusses local road projects.

for 1.9 miles," said Frey. "That's \$31.5 million/mile."

Basically, he said, "Everything is increasing in cost tremendously. And it's partly because Congress passed a law saying that the owner of property taken by a government for eminent domain must not only receive fair-market value, but must also be compensated for the lost income on it."

Frey said the economy is on "a slight uptick. Homes are staying on the market a little less and prices are rising. So we're starting to see growth again and new construction."

By the end of the year, he said, "We should be able to do additional improvements on Route 28 between the toll road and Route 50. The Comprehensive Plan shows

four lanes total there. We've been designing it with Route 28 Tax District money, but now we can use some of this new revenue source for it."

Also on Route 28, Frey said VDOT's about ready to

See Frey, Page 4

Remembering Reema

Dan Hrebenak sings and plays "An Original Song" at the Remembrance Cabaret for Reema Samaha.

More photos, page 2.

Braddock/Pleasant Valley Dilemma

Residents want their say before supervisors vote on design.

By Bonnie Hobbs Centre View

hile discussing local road projects last week, Supervisor Michael R. Frey (R-Sully) saved the most controversial one—the Braddock/Pleasant Valley roads intersection—for last.

VDOT's proposing a roundabout, but residents in nearby communities say it'll benefit Loudoun County commuters, while flooding Braddock and Pleasant Valley roads with so much traffic that it'll all but imprison them in their neighborhoods.

"A traffic circle has significantly less impact on the parkland," said Frey at the June 26 Sully District Council meeting. "You can't put a traffic light there without turn lanes with a required amount of stacking distance. There's no question a lot of the traffic is coming from Loudoun County. And Route 50 being as bad as it is more than likely caused a lot of people to use that intersection instead."

Noting that Pleasant Valley Road creates a de-facto, north-south connector between Routes 29 and 50, he acknowledged that "Pleasant Valley wasn't intended to carry so much traffic; that creates danger-

ous situations."

Frey said he believes that, when the Route 50 widening is completed in June 2015, much of the traffic that diverted to Braddock will return to Route 50.

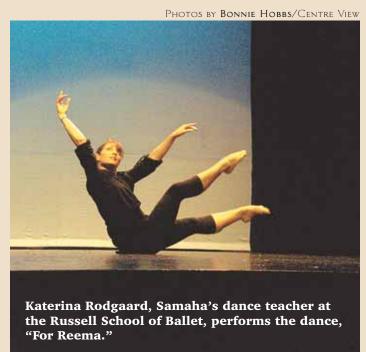
"We've never had all the roads we need, in the Comprehensive Plan, and we're going to need the intersection improvement," he said. "Residents in other communities need to use Pleasant Valley Road, too, and the communities along Stone Road are bearing more traffic than they should. So I'm going to continue to work with VDOT to protect these communities and try to move this project along."

Since three quadrants of the roundabout would be on Fairfax County Park Authority land, Frey said two would remain open space, but the third quadrant has been earmarked for recreational use.

"The Park Authority's Sully Woodlands plan for the northwest quadrant calls for ballfields there," he said. "But they haven't had the money to build them because of the drainage [problems], turn lanes and frontage improvements needed there — and they'll be compensated for their land."

Still, said Virginia Run's Ted Troscianecki, "We owe it to the taxpayers to wait and see if the Route 50 widening, plus the I-66/Route 28 improvements, alleviate the traffic before we do something here. The answer is not to continue to drive more traffic down

See Braddock, Page 4



PRSRT STD U.S. Postage PAID Martinsburg, WV PERMIT #86



"Andaloosia," the number Reema Samaha choreographed as a member of Virginia Tech's Contemporary Dance Ensemble, is performed by the CDE in her honor.



The Gin Dance Co. performs "The Core."

Remembering Reema in Song and Dance

he annual Remembrance Cabaret for 2006 Westfield High grad and

Samaha was June 15 at Westfield. Several VT students and Westfield grads performed. Through dona-Virginia Tech victim Reema tions, the event raised \$10,637 for

Angel Fund, a nonprofit founded privacy laws and information sharby the Samaha family to create safer schools and communities by focusing on mental-health issues,

ing. Attendees also contributed \$2,107 to the Reema J. Samaha Memorial Scholarship Fund.



Claire Manship sings "Sooner or Later/The Man that Got Away."



Carolyn Agan sings "Anytime."



Shannon Douglass sings "Secondhand White Baby Grand."



Nick Burroughs sings "Let Me Fall."



Jon Lawlor sings and plays "Green Eyes."



"Siempre Estaras Conmigo," by Ritmo DMV Latin Dance Group.



Westfield grads perform a comedy sketch.

Roundups

Free Carseat Inspections

Certified technicians from the Sully District Police Station will perform free, child safety carseat inspections Tuesday, July 9, from 5-8:30 p.m., at the station, 4900 Stonecroft Blvd. in Chantilly. No appointment is necessary. But residents should install the child safety seats themselves so technicians may properly inspect and adjust them, as needed.

However, because of time constraints, only the first 35 vehicles arriving on each date will be inspected. That way, inspectors may have enough time to properly instruct the caregiver on the correct use of the child seat. Call 703-814-7000, ext. 5140, to confirm dates and times.

Countywide Transit Network Study

The Fairfax County Department of Transportation is conducting the Countywide Transit Network Study to determine the type of transit systems needed to accommodate forecasted growth throughout the county over the next several decades. The study has developed a proposed concept plan for where Metrorail should be extended, where light-rail systems are appropriate, and where dedicated lanes that allow buses to move faster could go. The study will also recommend how the system can be phased in and funded over time.

The public is invited to participate in the study's third public meeting and workshop to discuss the proposed High Quality Transit Network (HQTN) concept. It's slated for Wednesday, July 10, in rooms 4 and 5 of the Fairfax County Government Center. There'll be an open-house format from 6-9 p.m., with a 20-minute presentation at 7 p.m.

The public meeting will present preliminary recommendations for the HQTN corridors and describe the network's benefits for the county and its residents. For more information, see www.fairfaxcounty.gov/fcdot/2050transitstudy and join the conversation online via the IdeaScale discussion board at www.fairfaxcountydot.ideascale.com/. The next steps in the study will be to respond to the commentary received on the proposed concept, consider and incorporate potential revisions and develop final study recommendations this fall.

How to Hire CLRC Workers

The Centreville Labor Resource Center (CLRC) serves businesses and homeowners needing help with just about any home remodeling or maintenance project. And local residents who'd like to hire a worker from the CLRC may do so easily. Either call 703-543-6272 or go to www.centrevilleLRC.org and click on the "How to Hire" link. Tell what kind of work is required, how many workers are needed and when.

The CLRC will match the needs to its registered workers' skills and set up the job. The price for work will be negotiated. After the job is completed, employers are encouraged to provide the CLRC with feedback to ensure that the work was done well and to their satisfaction and to make sure the workers are fairly paid.

Food Donations for WFCM

Western Fairfax Christian Ministries' food pantry urgently needs donations of oil, canned fruit, rice (2-lb. bags), peanut butter, canned meat, Ramen noodles, canned white beans (garbanzo, northern, cannellini, navy), fruit juice, Hamburger Helper and canned vegetables (no green beans). Also needed are feminine napkins and dish soap.

Bring all items to WFCM'S new food-pantry location, week-days, 9 a.m.-1:30 p.m., at 13888 Metrotech Drive, near Papa John's Pizza and Kumon Learning Center, in Chantilly's Sully Place Shopping Center.

In addition, Thrift Store volunteers are needed for two-to four-hour shifts Fridays, between 9 a.m. and 6 p.m., and Saturdays, between 9 a.m. and 5 p.m.

News



Pages monitor the entrance to the Senate chamber of the Virginia **State Capitol** in Richmond, where bills debated during the session became law on Monday, July 1.

When a Bill Becomes a Law

On July 1, sales taxes go up for Fairfax County residents.

> By Victoria Ross Centre View

hat happens in Richmond usually stays in Richmond during the General Assembly's annual legislative session.

Until the first of July, when what happened in Richmond becomes the law.

Based on low voter turnout for state representatives, most of Fairfax County's one million plus residents pay little attention to what their state legislators do or don't do in Richmond each year.

"Bills get passed in the blink of an eye, and what gets passed really does affect your day-to-day life," said Del. David Bulova (D-37.)

He pointed out that nearly 850 bills were passed into law during the 2012 session, including bitterly-debated legislation requiring a woman to have an ultrasound before an abortion, and the repeal of the "one handgun a month" law, which eliminated Virginia's 19-year ban on the purchase of more than one handgun a month.

Bulova had several legislative wins this session, including a bill that would make texting and driving a primary offense.

"We needed to at least make it clear that you risk a reckless driving offense if you text and drive," Bulova

Transportation funding dominated much of the discussion this year, and caused the most heartburn for many legislators. On the last day of the 2013 session, state legislators struck a bipartisan 11th hour deal for a comprehensive transportation funding plan, the first long-term plan in 27 years.

Most local legislators praised the bill, which is projected to raise more than \$3.5 billion for roads and rails over five years and nearly \$900 million annually after 2018. Northern Virginia gets hundreds of millions from the state, including \$300 million committed to complete Metro's Silver Line extension to Dulles International Airport.

State Sen. Chap Petersen (D-34) was one of a hand-

ful of Democrats who voted against the deal, arguing that the new taxes are "discriminatory against Northern Virginia. ... The bottom line is we did need new revenue for transportation. We just went about it the wrong way."

"If we had not seized the moment, I couldn't see another path forward in the foreseeable future to get a meaningful transportation package through a split General Assembly and then the governor," said Bulova during a legislative wrap-up session for constituents in the Braddock district in April. "While this wasn't a perfect package, it also wasn't a something or nothing deal either."

Del. Vivian Watts (D-39), considered a "transportation wonk" by her peers — she served as Virginia's Secretary of Transportation — has argued that not having the transportation deal would have been

SEE WHEN A BILL BECOMES, PAGE 13



State Sen. Chap Petersen (D-34), (sitting, far right), discusses a bill in the Senate chamber of the Virginia State Capitol in Richmond in February, near the end of the session.

Frey Updates Sully District Council on Road Projects

From Page 1

award the contract and start construction, in the next couple months, to lengthen the dual left-turn lanes going from Route 28 south to eastbound I-66. This project is anticipated to be finished by the end of this year or the beginning of 2014. Estimated cost is \$2 million.

The existing Route 29 bridge over Little Rocky Run needs to be replaced, so a new bridge with a six-lane capacity will be built. "Some design work is needed and right-of-way has to be acquired," said Frey. "Work is hoped to be underway by the end of the year or February or March. It'll take 15 months to build and should be done by summer 2015."

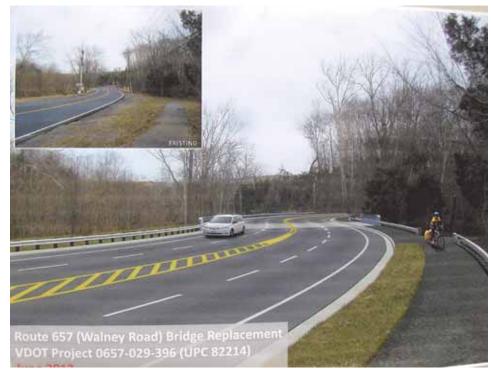
The box culvert on Lee Road will be extended, and Lee Road will be widened from two lanes to four over Schneider Branch. Construction should begin in March 2014 and end a year later. Estimated cost is \$4.2 million.

Regarding the Walney Road bridge over Flatlick Branch, the existing bridge will be replaced with a new, four-lane bridge with bike lanes. Cost estimate is \$7 million. In addition, Walney Road will be widened from two to four lanes from 250 feet south of Mariah Court to Willard Road. Cost estimate is \$8.5 million.

"There's federal funding for the bridge replacement, but the Walney Road piece is a separate project with separate funding," said Frey. "By the end of 2015, we should have a new bridge and a four-lane Walney from Route 50 to Route 28."

Also on the horizon is the widening of Stonecroft Boulevard from the Marriott service entrance to Westfields Boulevard. "The Westfield Business Park proffered in the 1980s to have Stonecroft/Westfield boulevards be six lanes," said Frey. "Their capacities haven't been huge problems, but Westfields Boulevard on the other side of Route 28 is mostly six lanes. The work could start later this summer and is being managed by the Westfield Business Owners Association."

So overall, said Frey, "We're trying to figure out how to spend the transportation money wisely and where it's needed most."



Artist's rendition of a widened, Walney Road Bridge, with inset photo of current bridge.

Braddock/Pleasant Valley Roads' Dilemma

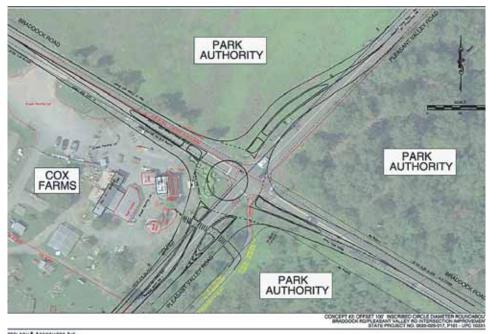
From Page 1

substandard roads, but to funnel it to larger roads that can handle it."

But Frey said he's gotten complaints about that intersection for 15 years. He also revealed that Paul VI has plans to build a high school along Braddock, a mile from the Fairfax/Loudoun line, and "that'll bring traffic, too. So I'm scared that, if we wait until 2016 to do something, it'll be too late. I don't think we can afford that many more years of growth with the intersection as it is."

Troscianecki said VDOT, itself, disagrees about this intersection's importance. But the driving force is Loudoun County, which has raised \$1.2 million for the work — matched by the same amount from VDOT's Revenue Sharing Program — plus \$600,000 from the Commonwealth Transportation Board

"It wasn't my idea to get this project back up and make it a priority," said Frey. "But someone else will pay for it, and I think I owe it to the taxpayers to explore it."



VDOT's choice to improve the Braddock/Pleasant Valley roads intersection is a roundabout with the center shifted southwest.

CRIME REPORT

The following incidents were reported by the Sully District Station.

BURGLARY, 13800 block of Laurel Rock Court, June 18, 5:35 p.m. A resident reported someone entered the home and stole jewelry. Forced entry was made through a rear door.

ROBBERY, 14400 block of Turin Lane, June 18, 2:50 a.m. Two 24-year-old men reported they were assaulted and robbed of their wallets. The victims were walking when they were allegedly assaulted by three men. The suspects fled. One victim was not seriously injured; the other was transported to the

hospital with non life-threatening injuries. During an investigation, a 19-yearold man from Centreville was arrested and charged with malicious wounding and robbery. The case is under investigation.

BURGLARY, 4100 block of Elmwood StreetJune 19, 2:45 a.m. Officers responded for an audible alarm. They found a shattered window and evidence someone entered the church. An employee responded and confirmed nothing appeared to be missing.

UNLAWFUL ENTRY, 13500 block of Sierra Drive, June 22, 5:40 p.m. A

resident reported an unknown man entered the unlocked home. When the suspect saw someone in the home, he turned around and walked away.

AUTO THEFT, 166/Route 29, June 22, 11:10 p.m. An officer observed a stolen vehicle pass him and stopped the vehicle. A passenger in the vehicle ran away and was not located. Following an investigation, the other passengers were released. The driver, a 17-year-old boy from Manassas, was charged with grand larceny and driving on a revoked license.

BURGLARY, 4100 block of Sulser Place, June 25, 11:10 a.m. A resident

reported someone entered the home but nothing was stolen. Forced entry was made through an unsecured window. LARCENIES:

14200 block of Glade Spring Drive,

credit cards from vehicle 14400 block of Golden Oak Road,

electronic from residence 6900 block of Kerrywood Circle,

spoiler from vehicle 6100 block of Oakengate Way, cell

phone from business
5600 block of Stone Road, bicycle
from business

14700 block of Basingstoke Loop,

sunglasses from vehicle

have a major say."

Although years ago, the roundabout was estimated to cost \$6 million, Frey said the

road bed won't have to be raised as much

as was initially thought, so the price tag

dropped to somewhere between \$3 million

and \$4 million. But he believes it'll rise again. And, he added, "Loudoun County

would also pay for the entrance to Fairfax

County's ballfield; it's included in the price."

sors will be voting on the roundabout's de-

sign, many residents want to make their

wishes known to the board before it acts.

"There's never been an opportunity for citi-

zens to address the supervisors face-to-face

about this issue," said Virginia Run's Jim Hart.

"And I think a lot of people would like to get to say, 'Please don't do this, and here's why.""

Frey said the supervisors will decide on

the matter in the fall. "We rarely have hear-

ings about VDOT road projects, and an im-

provement has been on the Comprehensive

Plan for 20 years," he said. "But we'll talk

about it and, obviously, the chairman will

Since Fairfax County's Board of Supervi-

5700 block of Deer Pond Road, pistol

15000 block of Jillians Forest Way, blower and trimmer from residence

4000 block of Lafayette Center Drive, cell phone and car keys from business 13300 block of Lee Highway, pack of

cigarettes from business 13700 block of McGill Drive, rifle from residence

5900 block of Raina Drive, cell phone from residence

5100 block of Sequoia Farms Drive, cell phone from business

Alliance To Present 'Grease'

he Alliance Theatre invites the community to spend its summer nights at Chantilly High seeing the musical, "Grease." It's 1959 and things are jumping for Rydell High's senior class.

Head "greaser" Danny Zuko and new student Sandy Dumbrowski try to revive their summer romance while their classmates sing and dance their way through songs such as "Greased Lightnin" and "You're The One that I Want."

Performances are Saturday, July 13, at 7:30 p.m.; Sunday, July 14, at 4 p.m.; Friday, July 19, at 7:30 p.m.; Saturday, July 20, at 4 p.m.; Saturday, July 27, at 7:30 p.m.; and Sunday, July 28, at 2 p.m.

Tickets are \$20, adults; \$15, students, children and senior citizens, at www.TheAllianceTheatre.org. For group tickets, call 703-220-8101 or e-mail BoxOffice@TheAllianceTheatre.org.

Directing is Chantilly's Jennifer Farmer; music director, Trace Stokes; and producers, Dawne LeKang and Michelle Bogert. Choreography is by Maria Cammarata, Chaz Coffin, Heidi Ermlick and Courtney

Janelle. Local band Guilty Pleasure will provide instrumentals.

Portraying the duck tailed, hot-rodding T-Birds are Diego Encarnacion, Gavin Cole, Devyn Tinker, Adam LeKang and Nick Ingargiola. Sporting bobby socks and pedal pushers, their gum-snapping, hip-shaking Pink Ladies are Stephanie Feeback, Kristina Ortiz, Madalyn Farmer, Caty Nicholson and Emily Ranch.

Joining the Pink Ladies and T-Birds are Daniel Perkes (Teen Angel), Joel Bading (Vince Fontaine), Emily Sakowitz (Patty Simcox), Courtney Jennelle (Cha-Cha DiGregorio), Kathy Young (Ms. Lynch), Robyn Cuppett (Blanche), Ahryel Tinker and Erin Campagnoni (honorary Pink Lady).

The ensemble includes Sarina Arora, Laura Baker, Vanessa Bliss, Connor Clendenin, Elizabeth & Mia Earls, Cameron Fischer, Noah Fraize, Gizan Glyer, Becca Gustafson, Hannah Harmison, Evan Kohnstam, Amara Leonard, Hailey Parker-Combes, Kaihla Powell, Julia Recto, Nora Shaheen, Jessica Stahle, Liza and Margot Vanyan and Caitlyn Watkinson.

MILITARY NOTES

Email announcements to centreview@connectionnewspapers.com. Photos are welcome.

Navy Seaman Apprentice **Alexander L. Tran**, son of Kim C. and Scott T. Tran of Centreville, recently completed U.S. Navy basic training at Recruit Training Command, Great Lakes, Ill. Tran is a 2012 graduate of Chantilly High School.

Army Pvt. **Kie Hwan Park** has graduated from basic combat training at Fort Jackson, Columbia, S.C. Park is the son of Sang Sup and Hyun Sook Park of Centreville. He is a 2011 graduate of Westfield High School, Chantilly.

Marine Corps Pfc. **Benjamin L. Martin**, son of retired Marine Corps Maj. Charles E. Martin of Centreville, earned the title of United States Marine after graduating from recruit training at Marine Corps Recruit Depot, Parris Island, S.C. Martin is a 2012 graduate of Clarke County High School of Berryville, Va.

Marine Corps Pvt. **Abukar A. Muhidin**, son of Leyla Arale of Centreville, and Abdullahi Shirar, of Centreville, earned the title of United States Marine after graduating from recruit training at Marine Corps Recruit Depot, Parris Island, S.C. Muhidin is a 2012 graduate of Woodson High School.

Marine Corps Pvt. Tyler M. Fake,

son of Annette Fake of Nokesville, Va., and Robert B. Fake, of Clifton, earned the title of United States Marine after graduating from recruit training at Marine Corps Recruit Depot, Parris Island, S.C.

Army Spec. **Eugene Kim** has graduated from basic infantry training at Fort Benning, Columbus, Ga. Kim is the son of YunJung Kim of Fairfax. He is a 2006 graduate of Centreville High School. He

received a bachelor's degree in 2012 from George Mason University.

Army Reserve Pfc. **Roberto B. Herrickseran III** has graduated from basic combat training at Fort Jackson, Columbia, S.C. Herrickseran is the son of Roberto Seran of Virginia Beach, and Chrystal Ueltschi of Centreville. He is a 2008 graduate of Floyd E. Kellam High School, Virginia Beach.





Become a Foster Parent and change a life (possibly yours)

Next 3-part training session meets July 13, 20 and 27

Contact Ginny Sainder, LCSW for more information or to register, at 571.748-2557 or gsnaider@nvfs.org



Northern Virginia Family Service

www.nvfs.org/fostercare





and if your video is chosen you'll **Win a \$50.00 Gift Card.**Please include your name and phone number. Send your video (45 second minimum, up to 2 minutes long) to:

smilesforcentrevilleamanda@gmail.com



FAMILY DENTISTRY

14245-P Centreville Sq. Centreville, VA 20121

703-830-9110

www.smilesforcentreville.com

BRUCE R. HUTCHISON, D.D.S. • MICHAEL H. GORMAN, D.D.S. - WHITNEY S. JARRELL, D.D.S. • BRIGID B. MOONEY, D.D.S.



OPINION

HOT-Lanes and No Metro for I-66?

Did you miss the public discussion and input? So did we.

ne day when I was stuck in traffic on I-66, I was briefly entertained by the license plate of the vehicle in front of me. "66 SUCKS," it read.

No question, commuting on I-66 is a bear. But last week, Gov. Bob McDonnell issued a request for the private sector to make improvements on the 25 miles between Route 15 and the Beltway.

A press release Thursday, June 27, announced that the "Commonwealth is looking for the best and brightest ideas, suggestions and recommendations from the private sector to transform I-66 from a highly congested corridor to a multi-modal transportation facility that moves traffic and people more efficiently."

So far so good. But the devil is in the details, which call to:

❖ Widen I-66 by building additional general purpose lanes that would not be tolled

* Convert the existing high occupancy vehicle lane into either a one or two lane (in each direction) facility that would be free to carpoolers, buses and emergency vehicles. The HOV lanes would operate similar to the I-495 Express Lanes, which were completed late 2012 or the I-95 Express Lanes, which are under construction.

❖ Locate Bus Rapid Transit in the median of I-66 extending west from Vienna to Haymarket.

Wait, Bus Rapid Transit is the only transit option in the request. Metrorail, VRE, light rail, all eliminated from consideration with the push of a "send" button.

The Northern Virginia Transportation Au- from VDOT and the flexible federal credit asthority expressed "grave concern regarding the lack of transit concepts moving forward for additional consideration." The NVTA said in a letter to McDonnell: "Although Bus Rapid Transit (BRT) is on the list of seven concepts being recommended for Tier 2, the absence of Metrorail extensions, VRE extensions

and light rail transit is surprising. ... We EDITORIAL are concerned by the exclusion of these transit options for additional study, as this could preclude development of these options in the future and is in conflict with existing and planned transit facilities for the I-66

Corridor."

This specific invitation to the private sector would stop consideration of any transit except bus rapid transit. While bus rapid transit should certainly be considered, this route could be a logical extension of the Metro Orange Line past Vienna, and VRE is also operating in the area. This is not the place to stop the consideration of transit options.

Also of concern is the fact that the 495 Express Lanes have not operated long enough to be fairly evaluated. Use of the lanes has been significantly below projections, and revenue has fallen short as well.

Nationwide, most HOT-Lanes projects are significantly underperforming projections. Turning over tolls for 75-80 years to a private partner is questionable, and the public needs to understand that the commonwealth invested heavily in the 495-Express Lanes as well.

The 495 Express Lanes were "funded with an extraordinary package of private equity, state funds and federal credit assistance, under a public-private partnership agreement signed on Dec. 20, 2007," according to Public Works Financing newsletter. "Key to making the numbers work were the large contribution sistance."

The agreement includes no limit on the amount of tolls, "protecting" the private investor from "excessive" HOV use (use of the lanes is free if there are three or more people in the vehicle), and revenue sharing with the com-

> monwealth only after the project has met the optimistic expected return on investment of 13 percent.

There have been significant benefits to the 495 Express Lanes project including replacement of aging bridges and interchanges and additional capacity in the regular lanes. But we have no idea what those benefits will cost in the long run.

McDonnell should heed the request of the Northern Virginia Transportation Authority and pull back from the current request. Other transit options must be on the table, although bus rapid transit could still emerge as the best option. And an impartial analysis of how high occupancy toll lanes are working so far, and what Virginia's obligations are if they do not meet expectation, is a must before going for-

At presstime, early this week because of the Independence Day holiday, McDonnell released a draft 2013 Virginia PPTA Pipeline, calling for public comment between now and Aug. 1. Ten 'candidate projects" include; I-66 Corridor Improvements: Air Rights Development (VDOT); I-64 HOV to HOT Conversion; I-495 Express Lanes Extension; Cell Tower/Fiber Optic Opportunities. Ten conceptual projects include: Advertising/Sponsorship Opportunities (VDOT); Parking Facilities Enhancements (VDOT); Rest Area Enhancements.

See www.vappta.org.

 MARY KIMM, MKIMM@CONNECTIONNEWSPAPERS.COM

Animal Shelter Fundraiser Proves Successful

riends of the Fairfax County Animal Shelter held a fundraiser for the shelter, June 9, at Paradise Springs Winery in Clifton. Nearly 200 people attended the event, called "Wine, Whiskers & Wags," and raised \$6,000 for the shelter.

> Photos Courtesy of MARY O'MALLEY

Heidi Altman introduces her daughter, Sophie, to Lido the Irish Wolfhound.



Animal Shelter alumnus Dasher.





Animal Shelter alumna Princess.



Animal Services Advisory Commission board member Alison Volpert walks with her dog at the fundraiser.



Animal Shelter alumnus Lincoln.



ter Director Tawny **Hammond and Fairfax** County Board of Supervisors Chairman Sharon Bulova at the event.

www.ConnectionNewspapers.com

Newspaper of Little Rocky Run A Connection Newspaper

An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by Local Media Connection LLC

1606 King Street Alexandria, Virginia 22314

Free digital edition delivered to your email box. Go to connectionnewspapers.com/subscribe

NEWS DEPARTMENT: To discuss ideas and concerns, Call: 703-778-9410 e-mail:

centreview@connectionnewspapers.com

Steven Mauren

Editor, 703-778-9415 smauren@connectionnewspapers.com

Bonnie Hobbs

Community Reporter, 703-778-9438 bhobbs@connectionnewspapers.com

ADVERTISING:

For advertising information

e-mail: sales@connectionnewspapers.com

Karen Washburn

Display Advertising, 703-778-9422kwashburn@connectionnewspapers.com

Janis Swanson

Display Advertising, 703-778-9423jswanson@connectionnewspapers.com

Andrea Smith

Classified Advertising, 703-778-9411 asmith@connectionnewspapers.com

Debbie Funk

National Sales 703-778-9444

debfunk@connectionnewspapers.com

Editor & Publisher Mary Kimm

703-778-9433 mkimm@connectionnewspapers.com

@MaryKimm **Executive Vice President**

Jerry Vernon jvernon@connectionnewspapers.com

Editor in Chief

Steven Mauren

Managing Editor

Photography: Deb Cobb, Louise Krafft,

Craig Sterbutzel

Art/Design: Laurence Foong, John Heinly

Production Manager:

Jean Card Geovani Flores

Special Assistant to the Publisher

Jeanne Theismann 703-778-9436

itheismann@connectionnewspapers.com @TheismannMedia

CIRCULATION: 703-778-9426 **Circulation Manager:** Linda Pecquex

circulation@connectionnewspapers.com

A Connection Newspaper





SCHOOLS



'It's a Jungle Out There'

On June 4 and 5, second graders from Union Mill Elementary performed "It's a Jungle Out there," a musical play about King Leo the Lion's quest for the key to true happiness. All second grade students participated in the production and played roles of fun-loving cheetahs, playful monkeys, laughing hyenas and thoughtful elephants, as well as the lion, zebra and leopard. Music teachers Lee Larsen and Clarissa Sadowsky, along with second grade teachers Joy Carr, Robin Hottle, Melinda Scrafford, Kelly Vredenburg and Rebecca Wysocki, worked with the students over several weeks to help them learn the dialogue, songs and dances. Many parent volunteers helped with costumes, set design, dress rehearsals and performances. The second graders performed the play twice for Union Mill students and once for family and friends.

SCHOOL NOTES

Email announcements to centreview@connectionnewspapers.com. Photos are welcome.

Alison Hager earned a bachelor of arts from Villanova University.

The following students made the president's list at James Madison University for the spring 2013 semester: Amanda Lawson, Li-Cheng Liu, Ellen Lombard, Katie Malinowski, Katherine Schmank, Jessica VanOrmer, and Melissa Walsh.

The following students graduated from James Madison University during the May 4 commencement exercises: Justine McDermott, Heidi Ermlick, Juliana KoKouryn Lupino, Stacy Morrisette, Dasol Kwan, Mallory Knapp, Michelle Sunda, Alexandra Bragg, Carl Anderson, Philip Hong, Brandon Lawlor, Daniel Kim, Susan Slusher, Kaitlin Fanning Emma Van Trees, Alexander Martello, Kathryn Gilbert, Amanda Lawson, Shelly Yang, Jason Delaney, Katherine Alberter, Alex Bishop, Hannah Whittaker, Esther Pak, Kyle Parker, Kevin Reardon, Nicholas Garifo, Allen Pak, Robert Dwyer, Christopher McShane, Anthony Bonadies, Ryan Carlson, Cameron Stark, James Berling, Russell Day, Theresa LaRose, and Kyle Hall.

John William Forneris, of Clifton, graduated magna cum laude from Wake Forest University School of Law.

Jacqueline Elizabeth Rosas graduated from Baylor University with a masters in social work.

The following students made the dean's list at James Madison University for the spring 2013 semester: Wahida Ahmad, Rebecca Baumgart, Alex Bishop, Alexandra Bragg, Elizabeth Chang, Judy Choi, Brendan Corcoran, William Datta, Russell Day, Nicolena DeWitt, Jason Delaney, Emily Elcano, Brendan English, Nicole Erney, Kaitlin Fanning, Katherine Fiely, Kathryn Gilbert, Daniel Kim, Mary Kim, Alexandra Kriss, Austin LoCascio, Grace Masumoto, Marissa McGill, Maggie McInturff, Rebecca Montalvo, Tien Nguyen, Stephanie Novak, Lindsay Ragole, James Seltzer, Amber Sizemore, Elissa Smith, Sara Stanley, Emma Stewart, Melissa Szymanski. Helen Tan, Jessica Vaughn, Thomas Verbanic, Emily Volkmann, Russell Wagoner, and Jessica Woolson.

Mollie Berner, Brigid Deely, and Ryan Hilker have been named to the University of Delaware's Dean's List for Spring 2013.

Valeria Diaz was named to the dean's list at the University of New Haven for the spring 2013 semester.

John DeBell and **Michael Finneran** were named to the spring 2013 dean's list at Wake Forest University.



Union Mill 6th graders



Mr. Harrison and some of his 4th graders



Miss Landsman and some of her 4th graders

Red, White And Blue Day

Students and staff from Union Mill Elementary showed their patriotism by wearing red, white and blue on May 31.

Students from Ms. Whitney's 5th grade class



Meatless Diet Could Prolong One's Life

New study shows vegetarian and vegan diets could lower risk of untimely death.

> By Marilyn Campbell Centre View

alk into Annie Mahon's spacious kitchen on a day she's cooking, and the first thing you'll notice are fresh herbs and spices resting on her wooden cutting block. The second is a savory aroma wafting from a Le Cruset cauldron simmering on the gas cook top as chickpeas bubble until the outsides are a glistening alabaster and the insides are creamy.

"I don't add salt to the pot because it dries them out," said Mahon, a Potomac, Md. resident.

Mahon drained the legumes and doused them with enough olive oil, fresh-squeezed lemon juice, Himalayan sea salt, garlic, red onion and ginger so that their mellow and bland disposition had no choice but enliven under such lush treatment. "I usually cook once or twice a week," said Mahon on a recent Sunday afternoon. "This will last until Thursday and the longer it sits the more flavorful it becomes." In another olive oil-coated crucible, Mahon sautés corn, releasing the clean flavors of each kernel. She tosses black beans and slivers of red peppers into the pot and then sprinkles the concoction with assertive cumin, woodsy, shredded basil and pungent, chopped garlic. The warm oil melded the flavors, giving the dish a profoundly savory bite.



A recent study showed that vegan and vegetarian meals, such at this corn, red pepper and black bean dish can help prolong one's life.



Nutritionists say vegetables can become hearty and satisfying when they're combined with the right herbs and spices.

One thing is missing from her menu: animal products. While Mahon is creating an efficient, balanced meal, researchers say she is also prolonging her life. A recent study published in JAMA Internal Medicine, a Journal of the American Medical Association, showed that vegans and vegetarians experienced a 12 percent lower rate of untimely deaths than their meat-eating counterparts.

According to the study, a vegetarian diet has been associated with lowered risk of several chronic diseases such as hypertension, diabetes and heart disease. Medical experts say dietary choices appear to play a big role in protecting the 70,000-plus study participants from heart disease, which vegetarians were 19 percent less likely to die from than meat-eaters.

"Fruits and veggies — all of them, always are good for hearts," said Laura Evans, who holds a doctor of nursing practice and works as an assistant professor in the Nurse Practitioner Program at George Mason Univer-

sity School of Nursing in Fairfax, Va. "[Also] good are flax seed, nuts especially walnuts and almonds, canola and olive oil."

Evans adds that cholesterol-rich foods can send one's blood pressure, blood sugar and cholesterol readings on the wrong side of normal. "Foods from animals, cheese [because] it's an animal product and most varieties [of cheese] are high in fat and cholesterol. All processed food [is] bad for hearts."

While many carnivores consume their share of plants, the idea of abstaining from meat, dairy and poultry can seem like an insurmountable feat. Local dieticians say not so, however. As Mahon shows, meatless meals are not synonymous with self-denial, monotony, brown rice and tofu.

"The number one thing to do is to explore different types of vegetables.

Think outside of green beans and corn," said Alexandria, Va., resident and registered dietician Bonita Lillie of the Dietetic Consultants of Northern Virginia in Fairfax and

Marymount University in Arlington. "Farmers markets are great time this year. I was at the Kingstowne Farmers Market [in Alexandria] recently and I discovered four or five different kinds of eggplants that I hadn't heard of."

When combined with the right spices, root vegetables and Portobello mushroom can make even the most devoted carnivore leave the land of burgers and steak, even if only temporarily.

"Try mixing in herbs and spices to take out salt," said Lillie. "Research to determine which herbs would go best with which vegetables. There are a lot of savory herbs that enhance the flavors of vegetables. Spaghetti squash with marinara sauce, for example, is not meat based, but can be very satisfying."

Meanwhile, Mahon, who eliminated most meat from her diet to support her health, is writing a cookbook that she hopes will show others that vegan meals can be healthful, simple and satisfying.

County Issues Safety Advice

he Fairfax County Fire and Rescue Department issued the following advisory on fireworks safety.

According to the National Fire Protection Administration, far more fires are reported on July 4 than on any other day, and fireworks account for more than half of those fires, more than any other cause of fires. In 2011, fireworks caused an estimated 17,800 reported fires. These fires resulted in an estimated 40 civilian injuries, and \$32 million in direct property damage. More than 9,600 fireworks related injuries were treated in U.S. hospital emergency rooms.

According to the NFPA, the risk of fire death relative to time used shows fireworks as the highest risk consumer product. The risks with fireworks are not limited to displays, public or private. Risks are also wherever fireworks are manufactured, transported, stored or sold. "Safe and sane" fireworks are neither. Fireworks and sparklers are designed to explode or throw off showers of hot sparks. Temperatures may exceed 1200 degrees; by comparison, glass melts at 900 degrees.

By far, enjoying public displays of fireworks that comply with NFPA standards are the safest way to enjoy the 4th of July, Independence Day celebration.

For more information on Independence Day fireworks and events, go to http://www.fairfaxcounty.gov/news/2013/independence-day.htm.

FIREWORKS SAFETY TIPS

The safest way to enjoy fireworks is to attend one of the many public displays; however, if you are having a home fireworks display, here are some safety guidelines to follow:

- $\ \ \, \ \ \,$ Follow the manufacturer directions.
- Have water available for extinguishment of discarded fireworks or an emergency
- Place legally purchased fireworks on a flat surface, clear of combustible materials and clear of all buildings.
- ❖ Never point or throw fireworks at another person.
- ❖ Keep bystanders at least 25 feet away from fireworks.



Scholarship Recipients

Twelve Fairfax County students were among 20 recognized for their leadership and achievements by the Northwest Federal Credit Union Foundation. Each received a \$5,000 Ben DeFelice Scholarship at the Foundation's award ceremony on June 2. From left are Chauncey Crail, Katherine Neal, Grant Pemberton, John Franklin, Alexandra Smyre (a graduate of Westfield High School, currently attending University of Virginia), Kristi Carrigan, Wray Sinclair, Steven Natale, Justin Sunday, Andrew Brailey and James Chang. Not pictured is Timothy Tran.

WELLBEING

Love after 50: Baby Boomers Need Romance Too

Couple chronicles their online dating experience in new book.

By Marilyn Campbell
Centre View

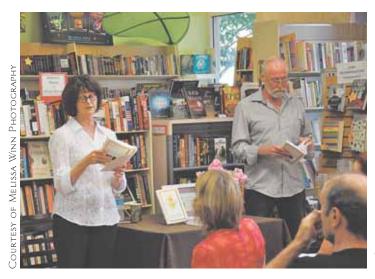
n a recent Wednesday evening, Mindy Mitchell and her partner, Edward Land, found themselves not only sharing some of the intimate details of their courtship, but also offering advice to other baby boomers who were looking for love. Mitchell, a bespectacled design consultant with cropped, chestnut hair, and Land, a tall, rugged longshoreman with a graying beard and matching receding hairline, were at One More Page Books in Arlington, to read from their newly released book on online dating for boomers.

"There were women who'd had intriguing experiences," said Mitchell. "They asked questions like how to know when someone puts something in [an online profile] that isn't true or not true anymore. One woman said she found a guy who said he was active, but when she met him, he was using a walker."

Sixty-one-year-old Mitchell of Reston and 63-year-old Land of Hampton recently published "Lube of Life: A Tribute to Sex, Love and the Pursuit of Happiness in the Boomer Age," a tome that chronicles their online dating adventure. They hope their story will inspire other single baby boomers who are searching for mates. "Dating in your 60s is a lot different than dating in the 1960s, to be sure," said Mitchell, who works as a design consultant at Sun Design Remodeling Specialists, Inc. in Burke. "Our message is one of hope and the courage to try one more time. Life is just too short."

Land, whose wife died prematurely of heart failure after 22 years of marriage, decided to try online dating because he was lonely: "I had been on my own for a year and a half and I missed the company of a sweetheart. I've always enjoyed the company of ladies."

Mitchell, who has been divorced twice, noticed Land's online profile, and though she found him attractive, the two became only friends at first. "Mindy and I were just



Mindy Mitchell of Reston and **Edward Land of Hampton share** expertise from their new book, "Lube of Life: A Tribute to Sex, Love and the **Pursuit of Hap**piness in the Boomer Age," during a reading at One More Page Books in Arlington.

buddies because she lived too far away," said Land

"We became friends to help each other and give each other dating advice," Mitchell added. "We ended up having all of these long conversations and connected energetically. Then one day, I blurted out, 'Why don't we meet?"

The book chronicles the evolution of their relationship from chums to lovers through a series of emails, text messages and dialogues. They share some of their innermost apprehensions with readers, their insecurities, thoughts and feelings, such as their first face-to-face meeting.

"I decided that I'd really like to have sex one more time before I die," said Mitchell. "We set up this time to meet for sex. If sex is like riding a bicycle, I wanted Edward to be my training wheels." She does offer a caveat, however: "That is not like me and I don't want to put it out there as a recommendation. You have to be careful. I had a background check [done] on him before we met"

When publisher Roseann S. Lentin of Turn the Page Publishing first heard Mitchell and Land's story, she knew it was a book in the making. "Now that baby boomers have a life expectancy that is now in the 90s, they are ready to have more of a revolutionary spirit," said Lentin. "The book was to be an

inspiration for people to get back on the horse and get out there again."

Mitchell and Land say it is important to share details of their relationship in order to debunk some of the myths around online dating in one's golden years. "I think many baby boomers are uncomfortable with it," said Mitchell.º"We talked to so many people of our age. There were so many angry people who said, 'Why do I have to go online to do this?' For a woman, it is more about facing your own fears. Men often want younger women."

Ioana Boie, Ph.D., an assistant professor of counseling at Marymount University in Arlington says romantic relationships are important as people age. She also believes in removing some of the trepidation that often surrounds such discussions. "I think romantic relationships are a human need. We are relational beings," she said. "I don't think that people reach 70 and say, 'I don't want to be involved with anyone.' I believe romantic relationships mold who we are, offer support and help us be well."

John Martin of the online dating service Senior Match.com believes that an increasing number of those older than 50 are open to online dating as a way of finding a romantic partner. "I myself have met some terrific women online," he said in a statement. "In fact, it is now my preferred way to meet

women by far. Plus, I personally know many people who have found their husbands, wives, boyfriends or girlfriends through an online dating service. This is one of the reasons I believe that the older population is feeling better about using the Internet to find someone."

Mitchell and Land underscore the importance of safety and honesty when using online dating websites: "There are people who are predatory

and pick up on people's insecurities. Do a b a c k - g r o u n d check, especially as a woman," Mitchell said.

Land recommends a straightforward approach: "Be honest with yourself and the online community," he said. "It is pointless tell people

"Dating in your 60s is a lot different than dating in the 1960s, to be sure. Our message is one of hope and the courage to try one more time. Life is just too short."

— Mindy Mitchell, coauthor of "Lube of Life: A Tribute to Sex, Love and the Pursuit of Happiness in the Boomer Age"

things that are not true. Have faith in yourself. Decide what is important to you, things you won't accept [and] what's negotiable."

Land and Mitchell are on a whirlwind tour promoting their book and sharing their wisdom. "The bottom line is not lose hope, and don't give up," said Land. "If you don't buy a ticket you can't win."



FREE FIRST CLASS
FOR NEW STUDENTS
AIR CONDITIONED ROOMS



HERNDON, VA 20170

We Offer Adult, Kids, Prenatal & Gentle Yoga Classes

SESSION BEGINS JULY 8
WWW.HEALTHADVANTAGEYOGA.COM



Apiarists Seek To Expand

Number of drones on the increase.

BY MICHAEL MCMORROW Centre View

he honeybee has been around for 100 million years, a fact proved by the nearly perfect Burmese specimen found encased in amber. Many ancient peoples used honey as the only sweetener until cane sugar, maple syrup and such were discovered. Egyptians created organized beekeeping, although China has voiced some claims in that regard. Once entering the realm of culture, bees have inspired paintings, sculpture, music and weaving. Candles from their wax have been used in religious ceremonies. Societies over the millennia have recognized medicinal uses of honey. Today's commercial uses extend to furniture polish to adhesives to lip balm. Robin Hood enjoyed his mead, a beer made from honey not much in favor these days. Yet, most people have no knowledge of honeybees. At best, they are viewed as bothersome insects; at worst, they are feared.

It is not uncommon that beekeepers are viewed as bothersome, too, Announcing the construction of a hive sometimes causes concern in one's neighbors, according to Master Beekeeper Paul Diehl of Arlington.

QUESTIONS ABOUT BEES

- 1. How many bees in an ordinary colony (hive)?
- b) 10,000
- c) 60,000 or more
- 2. Each colony has one queen. What happens if more than one is born?
- a) All but one is killed
- b) All but one is driven out
- c) The first one takes half the colony and relocates
- 3. The oldest bee ever found (preserved in a drop of amber) lived how many years ago?
- b) 25,000,000
- c) 100,000,000
- 4. Stingers release venom for a brief time. What to do on being stung?
- a) gently back out stinger with a fingernail or credit card
 b) apply ice for swelling
- c) both a and b
- 5. 90% of bees are workers. Which gender? a) male
- b) female
- Which stinging insect is vegetarian? a) hornet

- 7. At least how much honey a colony (hive) needs for winter?
- a) 10 pounds
- c) 100 pounds
- 8. Honey has flavors depending on the blossoms
- visited. What do beekeepers do with "bad tasting" honey?
- a) throw it out
- b) leave it for bees to eat
- 9. Normal gathering range of a bee?
- a) 500 yards
- b) one-half mile
- c) 2 miles (or more)
- 10. For millennia, honey has been used treating wounds?
- a) true
- b) false
- Answers:
- 1.c; 2.a; 3.c; 4.c; 5.b; 6.b; 7.b; 8.b; 9.c; 10.a. Grading correct answers:
 - 9-10 = A; 7-8 = "bee"; 5-6 = C.



Paul Diehl, in full costume, tends a backyard colony.

The usual reaction, he says, is "Oh, no, not

bees. They sting everyone." Following the

thought, Diehl said, "Bothering any animal,

including humans, likely will lead to being

bothered back." Left alone, the honeybee

goes about its business and people have

nothing to fear. They only sting defensively

when the hive is threatened. Since most

stings come from aggressive insects like

wasps and hornets, Diehl suggests that hon-

eybees suffer a big public relations prob-

NORTHERN VIRGINIA is blessed with

rural swaths of commercial agriculture and

densely populated urban areas with attrac-

tive gardens in yards and public areas, in-

cluding very special plants like the world

renown cherry blossoms. For all of them,

pollination is essential; without it, food

stocks fail and landscape displays disappear.

While true that many instruments pollinate

wind — bees by the billions are "the mas-

ter pollinator.'

other insects, birds, bats and even the

A decade ago, a calamity called the

Colony Collapse Disorder appeared. Huge

numbers of bees died all at once. Agricul-

tural scientists continue researching, but no

answer has been found. Many causes are

suspected: parasites, diseases, genetics,

poor nutrition and toxic pesticides and her-

bicides. The latter toxins are mentioned

most often in the popular press. Diehl thinks

that overuse of chemicals in urban gardens

and lawns, not commercial farming, is more

likely to be part of the cause because farm-

ers have recognized the need to be careful

with chemicals. Viewed short-term or long-

term, he insists that a major solution to the

problem of disappearing bees is simple:

"more people creating more colonies, and

Keeping bees attracts many different

At home in Michigan about age 12, Diehl

first became aware of beekeeping through

a Sears Roebuck catalog. Apart from a few

interruptions, such as college and U.S. Navy

service, he has been raising bees for more

than 50 years. Diehl smiles while confess-

ing that he never got around to earning a

"Beekeeping" merit badge, but then brags

kinds of people for a variety of reasons.

the sooner the better."

that his son did. "Lots of work" is the way Diehl describes beekeeping; he also notes that keepers are as social as the bees they keep, so attending a meeting with others itself is a pleasure.

"beeline" home.

Рнотоѕ ву

MICHAEL MCMORROW/

Diehl is a "backyard apiarist." In addition, many of his hives are placed across Arlington and in nearby jurisdictions. He also has a cluster of colonies in the Norfolk area. With permission of an owner, hives often are placed near commercial operations to avoid unwanted attention homeowners frightened by the presence of the insects. Visiting schools and other groups to speak about bees is Diehl's way of educating the public. He also teaches adult education courses. When the observation colony at Potomac Overlook Regional Park collapsed, Diehl re-built it. He mentors newcomers in need of "a little help here and there," and is an active member of Beekeepers Association of Northern Virginia.

PATRICK MURPHY, a W. T. Woodson graduate, served as deputy superintendent of Fairfax County Public Schools for over a decade. Two years ago, he became Arlington's superintendent. His beekeeping activity came about while living in rural West Virginia 30 years ago. A busy schedule did not allow the daily care necessary for either farm animals or house pets. An acquaintance suggested bees since they require little care and are beneficial in the scheme of nature. Murphy was convinced and has been a keeper ever since. Several of a dozen colonies are

sited at his Fairfax home, but most are positioned close to the Fairfax-Loudoun line.

Asked about personal reasons for remaining involved with bees, Murphy says there is a "special enjoyment that comes from working with nature." As a year-round activity, beekeeping presents constant challenges. There must be constant awareness of many factors, like weather, rainfall, changing seasons and other such, to be successful.

Patrick Sheehan observes his workers finishing a

Uon retiring from her practice in McLean/ Falls Church, Brenda Kiessling of Vienna earned certification as a Master Beekeeper. While "practical" describes Diehl, her lifetime of training and experience as a health professional brings to mind the term "scientific." One of Kiessling's current pursuits involves bee genetics. Her goal is "to help develop a more perfect queen," one with greater resistance to diseases and microbes and more productive.

Raised on a farm where hives were common, Kiessling always has been aware of beekeeping. Time permitting, she found the technical aspects to be interesting intellectually. She also found a "spiritual aspect" to the study of bees. The intricacy of their lives reveals "a plan." When asked if she means the existence of a plan leads one to conclude there must be a "planner," her response is "You could say that."

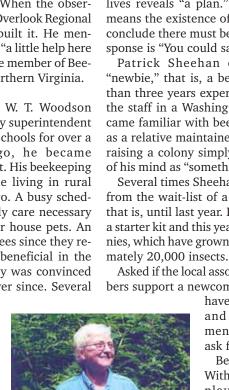
Patrick Sheehan of Arlington is a "newbie," that is, a beekeeper with fewer than three years experience. A member of the staff in a Washington embassy, he became familiar with beekeeping back home as a relative maintained hives. The idea of raising a colony simply rested in the back of his mind as "something to do, someday."

Several times Sheehan failed to be called from the wait-list of a beekeeping course; that is, until last year. In quick time he had a starter kit and this year he set up two colonies, which have grown to a total of approxi-

Asked if the local association and its members support a newcomer, Sheehan said. "I

> have all the help I need and Paul Diehl is my mentor. Nobody could ask for more."

Bees are under attack. Without them, floral displays in suburbs like Northern Virginia and food crops across farm country are in danger. Aesthetics and economics combine to demand attention, the kind of attention provided by the example of neighbors like Diehl, Kiessling, Murphy and Sheehan.





Brenda Kiessling of Vienna bee watches in the field.



State Sen. Adam Ebbin (D-30), second from left, and Del. Scott Surovell (D-44), center, appear at a press conference at the Alexandria Department of Motor Vehicles announcing their intention to introduce legislation repealing the tax on hybrid vehicles.

Hybrid Outrage

Two legislators vow to introduce effort to repeal new tax on hybrid vehicles.

By Michael Lee Pope
Centre View

uzanne Cleary has owned a hybrid vehicle since 2006, making her an early adopter and a proselytizer to her friends and neighbors. Cleary, who lives in the Alexandria section of Fairfax County, gets 45 miles to the gallon. And although she acknowledges that means she saves money on gas, Cleary rejects the idea that drivers of hybrid vehicles don't pay as much tax money toward transportation funding.

"That argument is flawed," said Clearly. "I have paid substantially more to have license plates that identify it as a hybrid, so I'm paying a good deal more as I did to buy the car."

Earlier this year, members of the General Assembly approved a \$100 tax for drivers of hybrid vehicles as part of a landmark transportation package. When the governor convened the veto session, that was reduced to \$64. Supporters of the tax on hybrid vehicles say the gas tax is how roads are funded in Virginia. So drivers of vehicles that use less gas end up paying less money for transportation than drivers of traditional vehicles.

"There's two ways you could do a bill like this," said Del. Dave Albo (R-42). "You could pick one group and just cream 'em, or you could make everybody pay their fair share. And so we decided to make everyone pay their fair share."

THIS WEEK, state Sen. Adam Ebbin (D-30) and Del. Scott Surovell (D-44) appeared at a press conference at the Alexandria Department of Motor Vehicles in Alexandria to announce an effort to repeal the new tax. Although the next General Assembly is six months away, the new fee becomes reality this week along with all the other new laws. Ebbin and Surovell say the tax is bad public policy.

"We're taxing people for doing the right thing," said Ebbin. "It doesn't make sense. It was ill thought out and it was an idea that wasn't ready for prime time."

The tax on hybrid vehicles is expected to raise about \$5 million a year. Ebbin said that money could

be taken from new revenues created by the failure of Congress to pass Marketplace Equity Act. Because Congress has not adopted the measure, which taxes Internet purchases, Virginia stands to increase the gas tax at a higher percentage because of legislative language tucked into the final transportation package. Surovell says he's not concerned about where the state can find \$5 million, which he says would pay for little more than "a stoplight."

"This tax is going to be unduly felt in Northern Virginia," said Surovell. "This revenue is not going to go into the Northern Virginia regional transportation fund. It's going to go into the statewide fund for everybody to spend."

VIRGINIA HAS about 7 million vehicles. About 90,000 of them are hybrid vehicles. That means that the new tax will hit only 1 percent of Virginia vehicle owners. That means that many residents and businesses that have chosen to spend more money to invest in environmentally sustainable transportation will be hit by the new tax. One of those is EnviroCab, the only taxi service in Northern Virginia with an all-hybrid fleet.

"I think it's preposterous," said Rick Vogel, general manager of Arlington-based EnviroCab. "So we should be penalized by being friendly to the environment, and gas hogs should be given a break? That's like charging a good citizen a fee for being good versus the criminal."

The debate about how the commonwealth should pay for roads has been a sticking point for years. Candidates have promised solution after solution, but little has been accomplished until this year. When the General Assembly finally approved a plan to pump \$3.5 billion into transportation projects. Many legislators said they held their nose on the hyrid tax and voted for the package anyway.

"The consensus among Senate Democrats is that the tax on hybrid vehicles is not necessary and discourages behavior we should be encouraging," said state Sen. Don McEachin (D-9). "However, we judged that the benefit of passing a comprehensive plan took precedence this year. Next year, I am certain we will revisit the issue of a punitive tax on hybrid cars."



Your Local Upscale Resale Store



Shop at The Treasure Hound resale store, where you'll find a variety of beautiful treasures at great prices.



Tax-deductible donations are accepted during store hours.



Adopt, Donate, Volunteer... and Shop!







All proceeds benefit Friends of Homeless Animals, a no-kill shelter for cats and dogs.

The Treasure Hound

14508-D Lee Rd, Chantilly, VA (Corner of Rt. 50 and Lee Rd. One light West of Rt. 28)



Sports

Sully Station SSTs Capture First Victory

he Sully Station SSTs took home their first win of the 2013 NVSL season Saturday, June 29. The SSTs beat Mosby Woods 229-191 in what was a sometimes-close and an entirely-spirited meet. Winning more than half the individual events and six out of 12 relays, Sully Station placed at least once in every event, swept four events and scored personal best marks in all but five events. The Sully Station girls were especially successful, scoring 130 points of the team's total 229.

By the end of freestyle, the SSTs were leading 53-37. Starting out strong with six points, Tyler Whitacre scored the win in the boys' 8U freestyle with Jonathan Kronimus coming in third. The next win, thanks to Gonzalo Lopez Olan, came during the boys' 11-12 50-meter event. Sully Station's first sweep was next with a win by Allison Hickey in the girls' 11-12 50-meter freestyle, followed by Payton Moore in second place and Shelly Kehoe in third. Adding another win for the SSTs, Dominic Huffman kept his swim for the boys' 13-14 freestyle below 30 seconds, slashing 2.4 percent off his previous best time. The 15-18s clinched the freestyle events with first- and second-place finishes by Brandon Fiala and Danial Okhovvatgilani for the boys and Megan Hickey and Grace McKnight for the girls.

Slowing a bit in backstroke, with only 41 points, the SSTs held onto the lead at 94-86. Four wins were seized by Sully Station, including Leah Mozeleski in the girls' 8U 25 meters, Brian Patten in the boys' 11-12 50 meters, Elise Mozeleski in the girls' 11-12 50 meters and Zoe Hemmer racing in the girls' 15-18 50-meter event.

Fired back up for breaststroke, the SSTs gained their advantage back, scoring another 57 points. The team won seven of the 10 races and swept two events. Sisters Adison Moore (9-10 girls) and Payton Moore (11-12 girls) scored the wins in both sweeps, followed by Olivia Southerly and Brooke Patten for the 9-10s and Allison Hickey and Shelly Kehoe for the 11-12s.

Picking up another 41 points in butterfly, the team triumphed in half of those events with another seven swimmers taking second place and four swimmers placing third. The final butterfly event, the girls' 15-18 50 meters, marked the SSTs' fourth sweep, with Zoe Hemmer capturing her second win of the day, followed by Megan Hickey in second and Amy Layne placing third.

Many other SSTs had exceptional swims, including Logan Kimmel placing third in the boys' 9-10 freestyle with 5.51-percent improvement over his previous best time. In backstroke, the 8-and-unders progressed substantially with Shayan Jazaeri finishing third with a personal best of 7.67 percent and Kennedy O'Neail finishing third and 11.81 percent faster than her previous best time. Brian Dickinson swimming the boys' 11-12 backstroke earned a personal best mark of 6.21 percent while Avanti Sridhar improved 6.06 percent in the 13-14 girls' event. In breaststroke, 7-year-olds Tommy



The Sully Station 9-10 Girls Relay team beat the Mosby Woods girls in the 100m Medley Relay, Saturday, June 29. From left: Madison Moon, Adison Moore, Marie McPherson and Lily Render celebrate their victory.

Townsend and Keira O'Neail each improved considerably with personal bests of 21.97 percent and 10.68 percent, respectively. Crushing his best time by 14.91 percent, Lorenzo Lopez Olan finished just behind teammate AJ Hamluk, who also scored a significant improvement, cutting his time by 7.1 percent.

Sully Station locked up the win in the relays, prevailing in half of these events, starting with the boys' 8U 100-meter freestyle. In the medleys, the 9-10 girls won by nearly 8 seconds. Both the 11-12 teams beat Mosby Woods, the girls by more than 7 seconds. The 15-18 boys squeaked out a win in the 200-meter medley relay, beating Mosby Woods by .08 seconds, while the 15-18 girls won with 7.4 seconds to spare.

At press time, Sully Station is hosting Poplar Tree for a B meet. In the week ahead, the SSTs travel to Poplar Heights for an A meet Saturday, July 6 and to Brookfield for a B meet on Monday, July 8.



The Sully Station SSTs took home their first win of the season Saturday at Mosby Woods with a score of 229 to 191. Mitchell Basham won for the boys in the 9-10 50m Breaststroke.



Sully Station's Zoe Hemmer leads the 15-18 Girls to a sweep in the 50m Butterfly, Saturday in a win over Mosby Woods. Megan Hickey finished second, followed by Amy Layne in third.

Sully Station II Beats Riverside Gardens

The Sully Station II Piranhas swam away with their first win of the season on June 29 with a scorching performance against Riverside Gardens, 244-176. The team showed strength with four record-breaking times and depth by capturing eight of 12 relays to close out the meet.

Eight-and-under girls had a terrific showing, led by double-event winner Angela Cai in breaststroke (22.38 seconds) and fly (20.06, lowering her own record). Caroline Li claimed victory in free (19.52) and second in breast (27.96), while teammate Callie Ver Planck brought home the backstroke win in 25.83 seconds, as well as second in fly (23.59).

On the boys' side, Collin West turned in solid swims with a second-place finish in free

(20.27) and third-place finish in fly (30.53).

Faith Alston anchored the 9-10 girls with wins in free (34.21) and breast (42.50, breaking her own record). Aidan Crisci led the 9-10 boys with a victory in fly (18.41) and second-place finish in breast (46.63). Anthony Kang raced to two second-place finishes in free (40.66) and back (50.41).

The first sweep of the season was turned in by the 11-12 girls in breaststroke, led by Hope Alston (43.77), Taylor Smith (43.94), and Delaney Kennedy (46.69). Karenna Hall added two wins in free (32.63) and fly (38.12). The 11-12 boys won all individual events, led by Kellen Campbell in free (32.23) and back (36.70) and Flynn Crisci in breast (39.73) and fly (36.28). The boys paired with swift teammates Brody Campbell and Brantley Cervarich to set a new medley relay record in 1:08.92.

The 13-14 girls captured every event with fast swims across the board and several powerful 1-2 finishes. The age group started off strong with Lily Harkes (31.38) and Lauren Peters (31.52) in freestyle and continued the streak with Georgia Stamper (36.09) and Peters (37.41) in backstroke, Stamper in breaststroke (38.78), and Lily Li (34.28) and Harkes (37.07) in fly.

Double-event winner Jack Jiang led the 13-14 boys with victories in free (29.27) and back (35.88). Nick Jiang captured the fly in 34.16 and Harmon Saint Germain posted two second-place finishes in free (30.87) and breast (40.36). One of the biggest cheers of the day was earned by Daniel Shaver for his third-place finish in fly (41.92).

Nick Campbell broke his record from last season in 15-18 boys' backstroke with a winning time of 28.96. He was joined in victory by age group teammates Austen Bundy in fly (28.68), Madisyn Graham in back (34.79), and Erin Schulte in breast (37.97). Most improved swimmers were 10-year-old Rosana Glancy (dropping an average of 6.5 seconds in both free and back) and 6-year old Emerson Saint Germain, who cut 6.6 seconds off his backstroke time.

The Piranhas will compete in their last regular season home meet on July 6. Senior Sully II swimmers will be honored and then the battle will begin against Dunn Loring.



New Sully II team records were set by 18-year old Nick Campbell (center) and the 11-12 boys relay team of (from left) Kellen Campbell, Brody Campbell, Flynn Crisci and Brantley Cervarich.

When a Bill Becomes a Law

From Page 3 "catastrophic."

"The \$300 million that is raised here will stay here for local and regional priorities," Watts said.

Following is a list of legislation affecting Fairfax County residents that became law on Monday, July 1. For more information on a particular bill, visit the Legislative Information System at http:// leg1.state.va.us/lis.htm.

TRANSPORTATION TAXES AND FEES (HB2313)

Statewide Provisions:

- ❖ Replaces 17.5 cents per gallon tax on gasoline and diesel with a 3.5 percent tax on gas and 6 percent tax on diesel.
- ❖ Increases the automobile sales tax from 3 percent to 4.15 percent.
- ❖ Increases the state sales tax from 5 percent to
- ❖ Increases the state General Fund transfer to transportation from 0.5 percent to 0.675 percent.
- Increases the fee for alternative fuel vehicles to

Regional Provisions:

- ❖ Increases sales tax in Northern Virginia by 0.7 percent, for a total of 6 percent.
- Imposes 2 percent transient occupancy tax.
- ❖ Imposes a congestion relief fee [grantors tax] of \$0.15/\$100 valuation.
- ❖ Repeals the local option to enact a 1 percent income tax by referendum.

TRAFFIC SAFETY

- ❖ Texting and Driving (HB 1907/SB 1222). Driving while texting is now a traffic infraction punishable, for a first offense, by a fine of \$125 and, for a second or subsequent offense, by a fine of \$250.
- ❖ Driving under 18 (SB 1165). The holder of a provisional driver's license under age 18 is not authorized to operate a motor vehicle with more than one passenger who is less than 21 years old unless the driver is accompanied by a parent or person acting in loco parentis who is occupying a seat beside the driver.

SCHOOL SAFETY

❖ School Emergency Response (HB 2345). This bill requires the Virginia Center for School Safety, in conjunction with the Department of State Police, the Department of Behavioral Health and Developmental Services, and the Department of Education, to

develop a model critical incident response training program for public school personnel and those providing services to schools.

School Safety Audits (HB 2346). This bill requires each school, in its annual school safety audit, to complete a school inspection walk-through using a standardized checklist provided by the Virginia Center for School Safety, which will incorporate crime prevention through environmental design principles. Each completed walk-through checklist will be available to the chief law enforcement officer of the locality upon re-

Firearms Safety (SB 1378). Anyone

convicted of the "strawman" purchase of a firearm, with the intent to resell or transport a firearm outside of Virginia, is now guilty of a Class 4 felony and will be sentenced to a mandatory minimum term of imprisonment to one year.

trict.

Del. Vivian Watts (D-

39) explains to

state's historic

transportation

funding package

during a legislative

wrap-up session in

the Braddock Dis-

constituents why

she voted for the

OTHER BILLS

- ❖ HB 1990 allows localities to impose a \$250 annual license tax for drivers who do not display license plates issued by the commonwealth, and who are not already exempt from displaying license plates.
- ❖ HB 2175 authorizes the governor to request federal funds to construct a new veterans care center in Northern Virginia, and requires the state treasurer to issue a short-term treasury loan in an amount up to \$28.5 million for the state share of construction costs, once the U.S. Department of Veterans Affairs has determined that federal funds will be allocated for the new center.
- ❖ HB 2341 provides that a person who is qualified to register to vote may apply to register to vote by electronic means authorized by the State Board of Elections.



Bulova (D-37) addresses his fellow delegates in the lower house of the Virginia General **Assembly** during a session in February.

Del. David

LOUIS C. FILIPPONE, D.D.S., P.C.



DIPLOMATE AMERICAN BOARD OF ORTHODONTICS

WE OFFER TWO CONVENIENT LOCATIONS Both of our beautiful, modern offices use the latest technology in orthodontic treatment for children and adults.

Flexible interest free payment plans are available Most insurance plans are accepted Convenient Saturday and evening hours BOARD CERTIFIED DIPLOMATE Of THE AMERICAN BOARD OF ORTHODONTICS

Call for your FREE Initial Consultation

Centreville 138 Redwood Square 7521 Virginia Oaks Dr., Center, Suite 103

Gainesville Suite 120

703-815-0127 703-754-4880

www.nvaortho.com

Complete Dental Care for the Entire Family

BRUCE R. HUTCHISON, D.D.S. MICHAEL H. GORMAN, D.D.S. WHITNEY S. JARRELL, D.D.S. BRIGID B. MOONEY, D.D.S.



FAMILY DENTISTRY

14245-P Centreville Sq. Centreville, VA 20121

703-830-9110

www.smilesforcentreville.com

Advanced Dentistry With A Sensitive Touch FAMILY & COSMETIC DENTISTRY

Now you can relax with **Sedation Dentistry** and wake up with a beautiful smile.

Comprehensive Dentistry For All Ages Including ...

- Extensive Cosmetic Options
- Laser Dentistry
- Invisalign®
- Orthodontics
- Implants

*Financing Available



Call our office today to change your smile "AND PUT YOUR FEARS TO REST." 703-818-1500

Charles and Katherine Fischer, D.D.S, P.C. 5895 Trinity Parkway, Suite 200 Centreville, VA 20120 www.fischerdental.net

Been There, **Doing That**

By KENNETH B. LOURIE

I.V. chemotherapy, that's what; and I'm not infusing it for the fun of it, either. I'm infusing it for the potential tumor-shrinking effect of it. It's not my first choice, to be infused, but after four-plus years of miscellaneous treatments, it is one of the few remaining choices I have left. I've had a good run of success though, diagnosis to date; especially considering that it's been 11 months since my last infusion. Since then, it's been a pill a day, 150 MG of Tarceva, which has indeed kept the doctor away. No fuss. No muss. Now, there's likely to be fuss and muss. It's nothing I haven't experienced and dealt with before - being infused - so I know the drill. The outcome, of course, I don't know.

Not that I'm looking forward to the treatment: three weeks on, one week off, etc., but looking backward serves no particular purpose and certainly offers no guarantee of future success. Tolerating the previous infusions as well as I have bodes well, as does my overall good health. However, if I've learned anything in my cancer journey, it is that oncologists, generally speaking, are not in the predicting business. Projecting maybe, but not so much that it anticipates a scenario worth planning for. The process is not exactly wait and see, it's more like treat and see – via the next scan; the anxiety concerning which has been well-chronicled in this space over the past month or so.

And sure enough, the results from this most recent scan were a bit discouraging. For the first time in nearly a year, growth, "slow growth" was apparent (and as my father used to say: "Any way you slice it, it's still ham.") In the cancer business, when the tumors grow after not having grown previously, it generally means the treatment/ medication is no longer effective; it's like a tipping point. Therefore, change is necessary. My change is to restart I.V. chemotherapy, and restart with a drug with which my body has not previously been infused and with which the cancer cells are not familiar. Another cancer fact I've learned: once the cancer cells become acquainted, shall we say, with their chemical adversaries, they fail to respond as hoped. Moreover, once the cells have been exposed/treated by a particular drug/cocktail of drugs, the treatment becomes progressively less harmful to the tumor and in turn more likely to cause collateral damage to the patient, making future treatment options challenging. Outliving one's prognosis is wonderful. However, it is akin to - if I may use a football analogy outkicking your punt coverage: protocols for patients who significantly outlive their prognosis are, unfortunately, few and far between, given the available patient population.

In addition, I'm limited by the irreparable chemotherapy-caused collateral damage I've already experienced. Still, I'm hopeful (25 percent so, as I've been advised by my oncologist). But I remain positive about this new negative. Diagnosis to date, I've responded better than expected to eve previous similarly-necessary treatment change I've faced; and other than the reality of the situation, I have no reason to believe otherwise infusing forward.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers

LMPLOYMENT

703-917-6400

ZONE 4 AD DEADLINE: Monday Noon

BUSINESS OPP

TELEPHONE A great opportunity to **WORK AT HOME!** NATIONAL CHILDRENS CENTER

301-333-1900

TELEPHONE A great opportunity to **WORK AT HOME!**

BUSINESS OPP

NATIONAL CHILDRENS CENTER 301-333-1900

Email:theschefers@cox.net 116 Childcare Avail.

26 Antiques

We pay top \$ for antique furniture and mid-century Danish/modern teak furniture, STERLING, MEN'S WATCHES, jewelry

and costume jewelry, paintings/art glass/clocks

Schefer Antiques @

703-241-0790.

BURKE Childcare avail in my ome,OFC Lic, FT & PT, days evenings, Back-up care & special needs children ome. Large yard for lots of fun! 703-569-8056 21 Announcements 21 Announcements 21 Announcements

AMERICALAWGROUP.COM with 13 Virginia Offices BANKRUPTCY* or DEBT ADJUSTMENT*

> For help call 804 Debt Law (332-8529) Debt Relief Agency Plain & Simple DIVORCE* Easy Payments

Separation Agreements. 804-245-7848 Agreed custody & support.

Social Security DISABILITY* Veteran Disability

*Call for fees & restrictions. America Law Group Inc.

7825 Midlothian Pike, Richmond 23235 Jfellows

Teachers

Play & Learn Center in Herndon, VA is seeking F/T & P/T qualified teachers. email your resume sangley@va-childcare.com or call is at (703) 713-3983/84

Inside Sales Contact Manager

Insurance company seeking motivated inside sales contact manager, individual must have excellent verbal skills, no insurance background necessary. M-F evenings and weekends available. \$10

> emccarthy@farmersagent.com or call 703 585 8078

Employers:

Are your recruiting ads not working in other papers?

Try a better way to fill your employment openings



Target your best job candidates where they live.

- Reach readers in addition to those who are currently looking for a job.
- Proven readership.
- Proven results.

CONNECTION

703-917-6464

classified@connection newspapers.com

Great Papers • Great Readers **Great Results!**

We Fix: Basements, Crawlspaces, Cracked/Settling Foundations, Bowing Walls



800-772-0704 FREE ESTIMATES

Call Now! 10% Limited Time Coupon

Hatteras Island Vacations



Nearly 600 Vacation Homes on Cape Hatteras National Seashore. Oceanfront to Realty Soundfront. Private Pools, Hot Tubs, Pets and more!

Book Online at Hatteras Realty.com 877-935-0573

Reach across Virginia with this ad! No other media offers the audience of loyal, local, repeat readers you'll reach through community newspapers!

Virginia Press Services will run this business card-size display ad across Virginia for one low discounted price. For more details, call Adriane at 804-521-7585.



Wanted Old Guitars! \$\$\$ <u>\$100-\$50,000 Cash Paid!</u> \$\$\$

Collector/Musician wants 1930s-1970s Fender, Gibson, Martin, etc.

Will be in area this week! Call Now Free!

Kevin 1-800-717-6343

Hatteras Island Vacations



Nearly 600 Vacation Homes on Cape Hatteras National Soundfront. Private Pools, Hot Tubs, Pets and more!

Book Online at Hatteras Realty.com 877-935-0573

per hour plus incentives! send resume to

WE ARE COMFORT KEEPER® EXPERIENCE THE JOYS AND REWARDS Being A Comfort Keeper

HERE IS A JOB THAT IS FULFILLING IN MORE WAYS THAN ONE! We are looking for Companions and CNA's to help our clients remain independent in their homes. Weekends, Short Shifts and Driving Live ins. To learn about becoming a Comfort Keeper visit us at www.BeAComfortKeeper.com



703-591-7117 x128

Over 600 independently owned & operated offices worldwide

CNA's

Become a Joy in a Senior's Life Immediate Positions Available

- Need Own Car Vacation Pay
- Merit Increases Over time Pay Call for interview -

Old Dominion Home Care

10366-C Democracy Lane, Fairfax, VA 22030 703-273-0424

Nysmith School for the Gifted Herndon, VA

Full Time Administrative Assistant:

Strong computer skills in Microsoft applications. 10 mo. working schedule. Salary based on experience.

Lead and Assistant Extended Care Counselors:

Bachelor's degree in a child related field or 6 months early childhood experience. Hrs. 3-6:30pm. Salary based on experience.

Join our Playground and Cafeteria Team! al people to assist teacher

monitoring children on the playground and in our cafeteria. Fun and friendly environment-Flexible

Send resumes to resume@nysmith.com; Fax 703-713-3336 No phone calls please

ZONE 4: Centreville

HOME & GARDEN

CONNECTIONNEWSPAPERS.COM

703-917-6400

ZONE 4 AD DEADLINE: Monday Noon

HAULING

AL'S HAULING

Junk & Rubbish Concrete, furn.,office, yard, construction debris

Low Rates NOVA 703-360-4364

703-304-4798 cell

7 DAYS A WEEK

ANGEL'S HAULING Junk Trash Removal,

Yard/Construction

Debris, Garage Duck ment Clean Out, Furniture & Appl.

703-863-1086 703-582-3709 240-603-6182

LANDSCAPING

LANDSCAPING

Planting • Mulching • Sodding

Patios · Decks · Driveway Sealing

Asphalt • Retaining Walls

Erosion Control • Drainage Solutions 703-863-7465

PAVING

ROOFING

MASONRY

BRICK AND STONE

Custom Masonry

703-768-3900

www.custommasonry.info

Patios, Walkways, Stoops, Steps, Driveways

Repairs & New Installs · All Work Guranteed

GOLDY BRICK

CONSTRUCTION

Walkways, Patios, Driveways,

Flagstone, Concrete

FREE ESTIMATE

LIC. INS AND BONDED

703-250-6231

LANDSCAPING

Remodeling Interior,

Bathrooms, Kitchens,

Floors, Ceramic Tile,

Painting, Decks,

Fences, Additions.

240-603-6182

PAVING

Joseph Sealcoating

Specialist

PAVING

703-494-5443

TREE SERVICE

ANGEL'S TREE REMOVAL

Brush & Yard Debris

Gutters & Hauling

MASONRY

PAVING

ROOFING

Trimming & Topping

35 Years 35 Years Experience! Free Estimates! BULLETIN BOARD

announcements $centreview @connection newspapers.com.\ Deadline\ is$ Thursday at noon. Photos welcome.

MONDAY-FRIDAY/JULY 8-12

Summer STEM Workshop. The Chantilly Science Department will be conducting a weeklong summer STEM workshop from 9 a.m.-1 $\,$ p.m. for rising sophomores who are taking honors chemistry during the 2013/2014 school year. Students will learn to use a variety of computer interfaced sensors to collect and analyze data. \$40. There are a limited number of spaces, and applications will be accepted on a first in, first accepted basis. Apply at www.fcps.edu/ChantillyHS. Contact Ina Koppel at irkoppel@fcps.edu.

WEDNESDAY/JULY 10

Meeting. The Fairfax County Department of Transportation has scheduled a third round meeting for the Countywide Transit Network Study. The meeting will be held in an openhouse format 6-9 p.m., with a 20-minute presentation starting at 7 p.m. It will take place at the Fairfax County Government Center in conference room 4/5. Visit www.fairfaxcounty.gov/fcdot/2050transitstudy. To propose new ideas or vote on existing ones, visit www.fairfaxcountydot.ideascale.com.

SATURDAY/JULY 13

Self Defense Seminar. 11:30 a.m.-2 p.m. at the nZone in Chantilly. Designed for women ages 13 and up. To register visit www.thenZone.com or 703-266-0118.

MONDAY/JULY 29

Blood Drive. At NVAR Fairfax Headquarters, 8407 Pennell Street, Fairfax. 10 a.m. - 4 p.m. Call 703-207-3207 or email gkruchko@nvar.com

JULY 29 THROUGH AUG. 2 OR

AUG. 12 THROUGH AUG. 16

Summer Sports Camps. Jubilee Christian Center is holding summer sports camps (basketball, flag football, & soccer) for grades K-6 (as of fall school year) from 9 a.m. - 4 p.m. The cost is \$160 per week, which includes a Tshirt. Pre-registration required by June 21. Before care & aftercare will be available for Aug. 12-16 only: cost is \$25 per day for before care & \$25 per day for aftercare (or \$45 per day for both). Jubilee Christian Center is at 4650 Shirley Gate Road, Fairfax. Call 703-383-1170 or visit www.jccag.org.

SCHOOL OPENINGS

The Clifton Presbyterian Church Preschool has openings in all classes for the fall. Schedules and classes have been adjusted for greater flexibility to meet the changing needs of the area. Visit www.cliftonpc.org/cpcpreschool.html or call Gretchen at 703-830-3175.

Pleasant Valley Preschool, 4615 Stringfellow Road in Chantilly is now accepting registrations for the 2013-14 school year. The goal is to provide a learning environment that promotes social development and a nurturing preschool education. Visit

www.pleasantvalleypreschool.com or call 703-378-6911.

VOLUNTEERS NEEDED

Northern Virginia Family Service is seeking volunteers to organize collection drives of toiletries products for clients in need. Requested items include such things as shampoo, soap, lotion, deodorant, hand sanitizer, toothbrushes and toothpaste. Learn more about Northrn Virginia Family Service at www.nvfs.org and contact Colleen Ross cross@nvfs.org

The Stuart-Mosby Civil War Cavalry Museum needs volunteers to work on Sundays at 13938 Braddock Road, Centreville. The museum is open from 1-4 p.m. on Sundays when volunteer help is needed the most. Civil War buffs who want something worthwhile to do on Sundays are perfect candidates. Generally at least two volunteers are on duty for each day of coverage at the museum. The museum is also open on Saturdays from 10 a.m.-4 p.m. and Mondays from 10 a.m.-4 p.m. Call 703-785-5294 or visit www.stuart-mosby.com.

CLEANING

CLEANING

IMPROVEMENTS IMPROVEMENTS

The HANDYMAN A CLEANING SERVICE A DIVISION OF NURSE CONSTRUCTION Since 1985/Ins & Bonded

BATHROOM REMODELING, DRYWALL, PAINTING, CERAMIC TILE, CARPENTRY, **POWER WASHING & MUCH MORE**

You have tried the rest - NOW CALL THE BEST!! Proudly serving Northern VA - 46 vrs. ext

Licensed

We Accept VISA/MC 703-441-8811

R&N Carpentry

ELECTRICAL ELECTRICAL

K&D ELECTRIC COMMERCIAL / RESIDENTIAL SERVICE

Quality Service at a Fair Price

Satisfaction Guaranteed-

Angies List 2011-Super Service Award!

Comm/Res. MD VA DC

acleaningserviceinc.com

703-892-8648

Recessed Lighting Ceiling Fans Phone/CATV Computer Network Cabeling

Licensed/Bonded/Insured

GUTTER

Office 703-335-0654 Service Upgrades Hot Tubs, etc... Mobile 703-499-0522

Gutters and Downspouts Cleaned

Small Repairs • Gutter Guards

PINNACLE SERVICES

email jamie@lawnsandgutters.com

Friendly Service with a Friendly Price!

web: lawnsandgutters.com

lic/ins 703-802-0483 free est.

Deck & Fence repair, Screen Porches No jobs too large or small

Free est. 37 yrs exp. Licensed, Insured 703-987-5096

+BASEMENTS →BATHS →KITCHENS

Foreclosure specialist/Power washing

◆Exterior Wood Rot More!

A&S Landscaping

- screened) Erosion & **Grading Solutions**

HANDYMAN

GUTTER

HANDYMAN



Hand and Hand Handyman

General Remodeling Residential & Commercial Specializing in:

Kitchen/Bathroom/Basement Remodeling Plumbing • Electrical • Custom Carpentry Doors Windows • Hardwood Floors Crown Molding • House Cleaning Interior/Exterior Painting • Brick/Stone Work Ceramic Tile • Decks, Fences, Patios HOA Maintenance, Granite Counter Tops **Realtors Work and Much More**

Licensed and Insured Serving Northern Virginia 703-296-6409

IMPROVEMENTS IMPROVEMENTS

R.N. CONTRACTORS, INC.

Remodeling Homes, Flooring, Kitchen & Bath, Windows, Siding, Roofing, Additions & Patios, Custom Deck, Painting

We Accept All Major Credit Cards Licensed, Insured, Bonded • Free Estimates • Class A Lic

Phone: 703-887-3827 Fax: 703-830-3849 E-mail: rncontractorsinc@gmail.com www.rncontractors.com

Picture Perfect Home Improvements (703) 590-3187 www.pphionline.com

Remodeling Bathrooms, Kitchens & Basements Exterior & Interior Repair,

- FREE Estimates
- Painting, Carpentry, Wood Rot, . EASY To Schedule
- NO \$\$\$ DOWN!
- Drywall, All Flooring, Decks
- Handyman Services <u>Available</u>

Licensed — Bonded — Insured

"If it can be done, we can do it"

MOWING, TRIMMING, EDGING, MULCHING & TRIM HEDGES Friendly Service for a Friendly Price بالمراف المرافي المرافع المرافع والمساول الماليان ووالماليان ووالماليان والماليان والماليان والماليان والمالي 703-802-0483

PINNACLE SERVICES, INC

LAWN SERVICE

Do not wish to be anything but what you are, and try to be that perfectly.

-St. Francis de Sales

All Concrete work • Retaining Walls • Patios

- Decks Porches (incl.
- French Drains Sump Pumps
- : Driveway Asphalt Sealing

703-8<u>63-7465</u> LICENSED

Serving All of N. Virginia

LANDSCAPING

LANDSCAPING

ANTONIO LAWN & LANDSCAPING

Spring Cleanup • Lawn Mowing • Edging Mulching • Planting • Patios **Expert Trimming & Removal • New Beds Made Outline/Extend Existing Beds**

Repairs • New Installations • & Much More

CALL NOW FOR FREE ESTIMATE 571-201-5561

J. REYNOLDS Landscaping LLC

703.919.4456 **Free Estimates**

www.ReynoldsLandscapingOnline.com

INSTALLATION SPECIALIST WET BASEMENT / WET YARD Water Proofing Foundations

Paver & Flagstone Patios / Walkways Retaining Walls Stacked Field Stone Plants / Trees / Shrubs

Standing Yard Water French Drains / Swales Downspout Extensions Dry River Beds

sub-contractors, or day labors. •15 Years Designing and Install e Owner is physically on your job site. •On time and Profession

Falcon Roofing Roofing & Siding (All Types) Soffit & Fascia Wrapping **New Gutters • Chimney Crowns Leaks Repaired** No job too small

703-975-2375 falconroofinginc.com

TREE SERVICE

TREE SERVICE

Ouality Tree Service & Landscaping

Summer Shape up... Tree removal, topping, & pruning, bbery trimming, mulching, leaf removal sodding, hauling, gutter cleaning, retaining

walls, drainage problems, etc. 20 yrs. of experience - Free estimates 703-868-5358

Entertainment

Email announcements to centreview@ connectionnewspapers.com. Photos wel-

ONGOING

Summer Camp: Exploring Natural Environment. Children ages 6-11 at Ellanor C. Lawrence Park, 5040 Walney Road, Chantilly. Campers will discover how humans affect the environment and depend on natural resources. The one-week camp is offered twice; camps start July 15 and Aug. 5. The cost is \$285 for Fairfax County residents and \$300 for out-of-county campers. Camp forms are available online at www.fairfaxcounty.gov/parks/ campforms. Registration is available online at www.fairfaxcounty.gov/ parks/ecl/eclcamps.htm or by calling 703-222-4664. For more information, call the park at 703-631-0013.

"Extravacatza" at the Fairfax County Animal Shelter, 4500 West Ox Road. In the month of July, the Fairfax County Animal Shelter will offer halfoff adoption fees on cats and kittens, free spay and neuter of cats and kittens and gift bags for all adopters of senior cats. For current cat owners, experts and classes will be available throughout the month. The shelter is open Tuesday-Friday, noon-7 p.m. and Saturday 10 a.m.- 5 p.m. Visit www.fairfaxcounty.gov/ calendar/ShowCalendar.aspx.

Super Science Saturdays. 10 a.m.-3 p.m. the second Saturday of each month at the Steven F. Udvar-Hazy

Center, 14390 Air & Space Museum Parkway. Visit http:// airandspace.si.edu/udvarhazy.

THURSDAY-FRIDAY/JULY 4-5

Public libraries closed.

SATURDAY/JULY 6

Master Gardeners. 10:30 a.m. at Chantilly Library, 4000 Stringfellow Road. Adults can get tips, information and advice on home gardens. Free. 703-502-3883.

Lego Mania. 10:30 a.m. at Chantilly Library, 4000 Stringfellow Road. Children in grades K-2 can build. Free. Registration required. 703-502-3883.

Paws for Reading. 3 p.m. at Chantilly

CENTREVILLE

Regional Library, 4000 Stringfellow Road. Children ages 5-12 can meet and read to a trained therapy dog. They can read from a library book or already owned one. Free. Registration required. 703-502-3883.

MONDAY/JULY 8

BAPTIST CHURCH

SUNDAY WORSHIP SERVICES 9:15 AM CELEBRATION SERVICE

11:00 AM CONTEMPORARY SERVICE

COMMUNITY GROUPS

Sundays at 8:00, 9:15 & 11:00 am

Nursery through Elementary, Youth, College Age, Singles, Men, Women, Choir, Awana,

GoGo (Older adults), Bible Study Fellowship,

MOPS (Mothers of Preschoolers), English Language

Classes and Spanish Speaking Ministry

15100 Lee Highway, Centreville, VA 20120

703-830-3333 www.cbcva.org

Bouncin' Babies. 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-502-3883. **Small Wonders.** 11:30 a.m. at

Chantilly Regional Library, 4000 Stringfellow Road. Children ages 12-23 months can enjoy rhymes, songs and more. Free. Registration required. 703-502-3883.

Writing Workshop: Write Your **Own Picture Book.** 1 p.m. or 2:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Rising 4th and 5th graders can register for an eight-session workshop and create a picture book. Free. Registration required and spaces are limited. 703-

Writers of Chantilly. 6:45 p.m. at Chantilly Regional Library, 4000 Stringfellow Road, Adults can share their work and receive feedback. Free. 703-502-3883.

ESL Book Club. 7 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Ask for title. 703-830-2223.

TUESDAY/JULY 9

All Creatures Great and Small.

10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Meet local animals from the Blue Ridge Wildlife Center. For children ages 6-12. Registration required. 703-502-3883.

Storytime. 1 p.m. at Chantilly Regional Library, 4000 Stringfellow Road Children age 3-5 can enjoy stories and more. Free. Registration required. 703-502-3883.

Eat My Dust. 7 p.m. at Centreville Library, 14200 St. Germain Drive. Children ages 6-12 can meet Charlie Williams, vocal sound impressionist and noise making children's comedian. Free. 703-830-2223.

WEDNESDAY/JULY 10

Toddlin' Twos. 10:30 a.m. and 11:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children age 2 can enjoy stories and activities. Free. Registration required. 703-502-

Chantilly Book Group. 7:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults call for title. Free. 703-502-3883.

THURSDAY/JULY 11

Storytime. 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children age 3-5 can enjoy

stories and more. Free. Registration required. 703-502-3883.

Civil War Lecture. 7 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Adults and school age children can hear "Battle of Vicksburg, Mississippi, July 1863" by author and National Park Service Ranger Matt Atkinson. Free. 703-

Teen Book Club. 7 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. For teens in grades 7-9. Call for title. Free. 703-502-3883.

FRIDAY/JULY 12

Ready for School Storytime. 4 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 4-5 can enjoy stories and more. Free. Registration required. 703-502-3883.

SATURDAY/JULY 13

Dig Into Reading. 10:30 a.m. at Chantilly Library, 4000 Stringfellow Road. Children age 6-12 can enjoy magic tricks, a silly puppet and music with Steve Somers. Free. Registration required. 703-502-3883.

Master Gardeners. 10:30 a.m. at Chantilly Library, 4000 Stringfellow Road. Adults can get tips, information and advice on home gardens. Free. 703-502-3883.

MONDAY/JULY 15

Groovy Nate. 10:30 a.m. at Chantilly Library, 4000 Stringfellow Road. All ages can sing and dance with Groovy Nate and his puppets. Free.

Registration required. 703-502-3883. **ESL Book Club.** 7 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Ask for title. 703-830-2223.

CENTREVILLE

THE CHURCH OF THE ASCENSION



Traditional Anglican Service 1928 Book of Common Prayer

Holy Communion 10 A.M. Sundays

(with Church School and Nursery)

Evening Prayer and Bible Study 7 P.M. Wednesdays 13941 Braddock Road, (north off Rte. 29) Centreville, VA 703-830-3176 • www.thechurchoftheascension.org

Sunday Services at Centreville Presbyterian Church







Christ

People

the World

Summer Worship 10:00am

www.centrevillepres.com 15450 Lee Highway, Centreville, VA 20120 703-830-0098



ANGLICAN

o highlight your faith community, call Karen at 703-917-6468

Church of the Epiphany...703-481-8601 Christ the Redeemer...703-502-1732

ASSEMBLY OF GOD Centreville Assembly of God...703-830-1841

BAHA'I

Baha'i Faith...1-800-22-UNITE **BAPTIST**

Centreville Baptist Church...703-830-3333 Chantilly Baptist Church...703-378-6880 Clifton Baptist Church...703-263-1161 Second Baptist Church...703-830-1850 Mount Olive Baptist Church...703-830-8769 Ox Hill Baptist Church...703-378-5555

BIBLE

Chantilly Bible Church...703-263-1188 Community Bible Church...703-222-7737

CATHOLIC

St. Andrew The Apostle Catholic Church... 703-817-1770

St. Clare of Assisi Catholic Church... 703-266-1310

St. Paul Chung Catholic Church... 703-968-3010

St. Timothy Catholic Church...703-378-7461 St. Veronica Catholic Church...703-773-2000 **EPISCOPAL**

Church of the Epiphany...703-715-6070 St. John's Episcopal Church...703-803-7500 Covenant Christian Center...703-631-5340

Temple Beth Torah...703-263-2252

LUTHERAN

703-323-9500 St. Andrew Lutheran Church...

703-830-2768 **METHODIST**

Centreville United Methodist... 703-830-2684

Pender United Methodist Church... 703-278-8023

Pleasant Valley United Methodist... 703-327-4461

NON-DENOMINATIONAL

Christian Life Center...703-754-9600 Clear River Community Church... 703-881-7443



JEWISH

Congregation Yad Shalom...703-802-8901

King of Kings Lutheran Church... 703-378-7272 Lord of Life Lutheran Church...

Centreville Community Church. 703-580-5226

Fair Oaks Church...703-631-1112 New Life...703-222-8836

Tree of Life Bible Church...703-830-4563 **PENTECOSTAL**

Capital Worship Center...703-530-8100 Church of the Blessed Trinity... 703-803-3007

ORTHODOX

Holy Trinity Orthodox Church... 703-818-8372 The Greek Orthodox Parish of Loudoun County...703-421-7515 St. Raphael Orthodox Church... 703-303-3047

PRESBYTERIAN Centreville Presbyterian Church...

703-830-0098 Chantilly Presbyterian Church... 703-449-1354

Clifton Presbyterian Church...703-830-3175 Young Saeng Korean Presbyterian Church... 703-818-9200

UNITED CHURCH OF CHRIST

Wellspring United Church of Christ. 703-257-4111