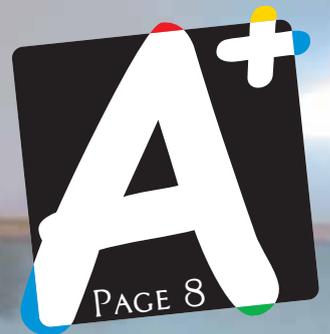


Springfield CONNECTION

Franconia ❖ Kingstowne ❖ Newington



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Diane DiPietro of Burke was honored as the Braddock District Citizen of the Year during the 2013 Best of Braddock Awards. From left—U.S. Rep. Gerry Connolly (D-11); Joe DiPietro holding daughter Katie, 3; State Sen. Dave Marsden (D-37); Del. Eileen Filler-Corn (D-41); Diane DiPietro with son Joey, 5; Supervisor John Cook (R-Braddock); Del. David Bulova (D-37); and State Sen. Chap Petersen (D-34).

PHOTO BY VICTORIA ROSS/THE CONNECTION

JULY 18–24, 2013

ONLINE AT WWW.CONNECTIONNEWSPAPERS.COM

Gun Control Vigil Continues

Reston-Herndon Alliance to End Gun Violence holds vigil on the 14th of every month commemorating date of Sandy Hook shooting.

BY JASMINE KANG
THE CONNECTION

Every month, supporters of gun regulation hold a vigil outside of the NRA headquarters to honor the victims of shootings, as well as urge Congress to take action. The vigil takes place on the 14th of every month, which is the date of the Sandy Hook Elementary shooting.

"I come to express that we are way past time for gun regulation," Del. Ken Plum (D-36) said. "The vigil is a way to keep it in the public's mind. If it can happen once, it can happen again."

Those attending the vigil hope that Congress will pass legislation regarding gun regulation.

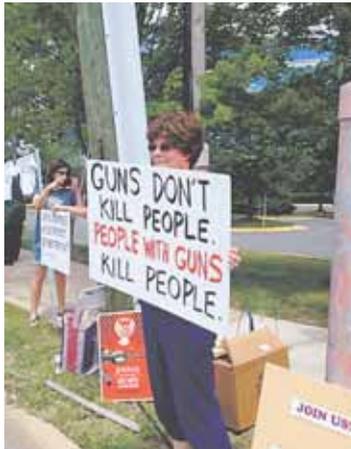
"I'm fed up with the violence and lack of action," Ralph Greenwood said. "A first step is reasonable control—registering weapons, instructions for safety, elimination of



Ralph Greenwood shows his support for gun regulation with a sign.

semiautomatic weapons and required background checks."

The event is organized by the Reston-Herndon Alliance to End Gun Violence, but local community members and other organiza-



Donna Auritsh holds a sign for observers to see. Drivers passing the vigil showed their support by honking or waving.

tions participate in the vigil. According to Joanne Simon of the Alliance, about 35 people attended the first vigil, but it has now grown to over 100 participants.

"I'm here because I'm sick and tired of the deaths that can be pre-



PHOTOS BY JASMINE KANG/THE CONNECTION

Members of the Reston-Herndon Alliance to End Gun Violence and local community members hold a vigil outside NRA headquarters to honor victims of shootings

vented and for me, it's a moral issue," Alex Dixon said. "Guns have their place in our society but the way that they're being regulated does not respect people's inherent dignity and worth."

Alice Englert, a resident of Warrington, attended the vigil in honor of her relative Daniel Barden, a victim of the Sandy Hook Elementary shooting.

A display of t-shirts representing the victims of the Sandy Hook Elementary and Virginia Tech shootings was featured.

"It's a way to honor all gun victims, with the focus on Newtown and Virginia Tech," Simon said.

The vigil took place the day after George Zimmerman was found not guilty in shooting of Trayvon Martin.

"Many of us are mourning that verdict, which was a miscarriage of justice," Martina Leinz said. Leinz is the president of the Virginia chapter of Million Mom March, which advocates for gun safety.

The Alliance will continue to hold vigils on the 14th of each month in front of the NRA.

"It's not just about Trayvon Martin," Dixon said. It's about the nameless and faceless that have died and I'm here for them."

SEE VIEWPOINTS, PAGE 6

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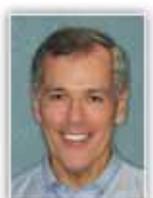
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Virginia Voters Get More Choices in 2013

Northern Virginia has most two-party races on ballot.

BY VICTORIA ROSS
THE CONNECTION

While the Virginia governor's race is the one getting the most attention, both nationally and in the state, Virginia's House of Delegates race is shaping up to be the most competitive in a decade.

According to an official candidate list released last week by the Virginia State Board of Elections, 57 House seats will be contested this November—marking only the second time in the last decade where at least half of the 100 House seats will have more than one name on the ballot.

2013 is the second election cycle since the House Republican leadership re-drew district boundaries following the 2010 Census. In 2011, voters in nearly two-thirds of the 100 House districts had no choice on the ballot.

Of the 57 contested races, 44 include races with at least one Republican and one Democrat, and most of the two-party races on the ballot will take place in Northern Virginia (see chart.)

Throughout the state, 43 of the 100 House districts are uncontested, meaning there is only a single candidate on the ballot. Delegates Ken Plum (D-36) and Charniele Herring (D-43) are the only uncontested candidates in Fairfax County.

Republicans enter the election with a commanding 67-32 margin over the Democrats, although there are nearly three times as many Democrats challenging incumbent Republicans from two years ago. In June 2011, according to the Virginia Public Access Project, about 15 percent of the 100 House of Delegates seats were being contested between a Democrat and a Republican.

Each member of the Virginia House of Delegates serves two-year terms, represents approximately 80,000 citizens and receives an annual salary of \$17,640. By contrast, the Virginia Senate consists of 40 members. Each member is elected for a term of four years and receives an annual salary of \$18,000. A senator represents approximately 200,000 citizens of the commonwealth. The Virginia General Assembly meets annually, beginning on the second Wednesday in January, for 60 days in even-numbered years and for 30 days in odd-numbered years, with an option to extend annual sessions for a maximum of 30 days.

The Senate of Virginia and the Virginia House of Delegates, both bodies of the Virginia Legislature, meet in the historic capitol building in Richmond. For more information on the state legislature, go to viriniageneralassembly.gov.

WWW.CONNECTIONNEWSPAPERS.COM



State Delegates Eileen Filler-Corn (D-41), far left, and David Bulova (D-37), far right, prepare bills in the lower house chamber during the 2012 General Assembly session. Both face challengers this November.

House of Delegates 2013 Elections

LOCAL RACES WITH MAJOR PARTY CHALLENGERS

- ❖ **District 34**—Democrat Kathleen Murphy challenges Republican incumbent Barbara Comstock.
- ❖ **District 35**—Republican Leiann Leppin challenges Democratic incumbent Mark Keam.
- ❖ **District 37**—Republican Patrice Winter challenges Democratic incumbent David Bulova.
- ❖ **District 39**—Republican Joe Bury challenges Democratic incumbent Vivian Watts.
- ❖ **District 40**—Democrat Jerrold Foltz challenges Republican incumbent Tim Hugo.
- ❖ **District 41**—Republican Fredy Burgos and Independent Christopher DeCarolo challenge Democratic incumbent Eileen Filler-Corn.
- ❖ **District 42**—Democrat Ed Deitsch challenges Republican incumbent Dave Albo.

LOCAL RACES WITH THIRD-PARTY CHALLENGERS

- ❖ **District 38**—Jim Leslie challenges Democratic incumbent Kaye Kory.
- ❖ **District 43**—Glenda Gail Parker challenges Democratic incumbent Mark Sickles.
- ❖ **District 44**—Joe Glean challenges Democratic incumbent Scott Surovell.
- ❖ **District 45**—Jeff Engle challenges Democratic incumbent Rob Krupicka.
- ❖ **District 47**—Laura Delhomme challenges Democratic incumbent Patrick Hope.
- ❖ **District 48**—Lindsey Bolton challenges Democratic incumbent Bob Brink.
- ❖ **District 49**—Terry Modglin challenges Democratic incumbent Alfonso Lopez.

LOCAL UNCONTESTED RACES

- ❖ **District 36**—Democratic incumbent Ken Plum
- ❖ **District 46**—Democratic incumbent Charniele Herring



The Aloha Boys play music while The Aloha Girls (and one guy) dance for the crowd.

Obon Festival At Ekoji Temple

Celebration remembers ancestors who passed away.

Hundreds of people attended the Obon Summer Festival Saturday, July 13, at the Ekoji Buddhist Temple in Fairfax Station. The 1,500-year-old Japanese tradition with music, dancing, food and exhibits remembers loved ones who passed away and are at peace. The feast included chicken teriyaki bento dinners and spam musubi. The Ekoji Festival ended with a candlelight service in the Three Treasures Garden.



Mutsumi Koga of Fairfax with her children: Ayame, 11, Tamae, 9, and Nobuto, 7. They are wearing yukatas, which are light cotton Japanese kimonos for summer festivals.



Manning the dessert table are Laura Clapsaddle, Chris Darden and Kae Suda.



PHOTOS BY VICTORIA ROSS/THE CONNECTION

Members of the Audrey Moore Rec Center Rescue Team—Sophie Polnow, Tim Polnow, Connie Polnow, Corey Stoney and Faith Garrish—were honored during the 2013 Best of Braddock Awards Wednesday, July 10 at the Kings Park Library.

Celebrating Community Spirit

Burke resident named Citizen of the Year during “Best of Braddock” awards.

BY VICTORIA ROSS
THE CONNECTION

Always civic-minded, Burke resident Diane DiPietro gladly volunteered to be a board member of the Kings West Swim Club, a popular community gathering place in the Kings Park West subdivision.

But in 2005, DiPietro found herself in a difficult position. After years of declining membership and skyrocketing maintenance bills, the swim club shut down. And because of a quirk in state law, DiPietro, as the club’s president, was personally liable for the abandoned property, which had become an eyesore, health hazard and a magnet for troublemakers.

FAST FORWARD TO 2013. On Wednesday, July 10, DiPietro was honored as the Braddock District Citizen of the Year during the annual Best of Braddock Awards for her part in transforming the nine-acre swim club property into the county’s newest park – Rabbit Branch Park on Tapestry Drive.

“Diane was tireless in her efforts in getting a blighted and unused property converted into something positive for her community,” said Bill Barfield, chairman of the Braddock District Council of Community Associations (BDC), which hosts the annual event to recognize and celebrate community volunteerism. The Braddock Supervisor John Cook co-hosted the event, held at the Kings Park Library.

“I was completely caught off-guard,” DiPietro said. “This was such a team effort.” DiPietro worked closely with Tony Velucci, Braddock’s appointee to the Park Authority Board, and Cook (R-Braddock) to transform the dilapidated swim club into parkland and a storm-water retention basin. In addition, DiPietro worked with local legislators who changed state law to protect those who volunteer on community boards.

“Each year we are so pleased to let residents know they have neighbors who are actively showing how powerful community engagement can be.”

—Supervisor John Cook

The annual event drew more than 100 guests, including U.S. Rep. Gerry Connolly (D-11), State Senators Dave Marsden (D-37) and Chap Petersen (D-34), State Delegates David Bulova (D-37) and Eileen Filler-Corn (D-41), and Chairman of the Fairfax County Public Schools Board Ilryong Moon.

“You know it’s a special event when this many politicians show up,” Cook quipped.

“Volunteering is the rent we pay for the air we breathe,” said Connolly in his remarks to the crowd. He also told one of his trademark jokes. “In Fairfax County, we believe there is no problem on God’s green earth that cannot be solved with another task force.”

“It’s about all of you giving that little extra that has made the difference,” Cook said during the ceremony. “We may not be unique, but we are a special community when it comes to volunteers.”

After presenting certificates to the “official” Best of Braddock winners, Cook presented a “surprise” award. Barfield was honored for his work as chairman of the BDC for the past four years. He was recently elected 2nd vice president of the Fairfax Federation of Citizens Associations.

In the last decade, Barfield has served as president of Edsall Park Community Pool Association (2003-2006) and president of Country Club View Civic Association (2006-2007). BDC Treasurer Kevin Morse, a member of the Burke Conservancy, was also honored for his volunteer efforts on behalf of the BDC.

“Each year we are so pleased to let residents know they have neighbors who are actively showing how powerful community engagement can be,” Cook said.

TO NOMINATE a person or group for the Best of Braddock Awards, email ann.sharp@fairfaxcounty.gov. For more information on the BDC, go to bdcfx.org.



Diane DiPietro of Burke shows her award for the 2013 Braddock District Citizen of the Year to son Joey, 5, and daughter Katie, 3.



Supervisor John Cook (R-Braddock) presents BDC Chairman Bob Barfield (left) and BDC Treasurer Kevin Morse (right) a special Best of Braddock certificate for their community volunteerism during the 2013 Best of Braddock Awards Wednesday, July 10 at the Kings Park Library.

SCHOOLS

Fifteen County Students Win College-sponsored Scholarships

Fifteen Fairfax County Public Schools (FCPS) graduates from the class of 2013 have been named winners of college-sponsored scholarships by the National Merit Scholarship Corporation (NMSC).

Recipients of college-sponsored scholarships from the NMSC, and their probable career fields are:

- Christie Goddard of Langley High School (computer science), National Merit Virginia Tech Scholarship.

- Praveena Mylvaganam of Langley High School (biology), National Merit University of Maryland Scholarship.

- Faith Tetlow of Madison High School (undecided), National Merit University of Southern California Scholarship.

- Joshua Higbee of McLean High School (economics), National Merit Brigham Young University Scholarship.

- Nicholas Kemp of Marshall High School (music), National Merit Northwestern University Scholarship.

- Anagha Srikanth of Robinson Secondary School (journalism), National Merit American University Scholarship.

- Kirsten Cardinal of Thomas Jefferson High School for Science and Technology (TJHSST) (chemical engineering), National Merit Rensselaer Polytechnic Institute Scholarship.

- David Gao of TJHSST (economics), National Merit University of Chicago Scholarship.

- Genevieve Gural of TJHSST (aerospace engineering), National Merit Virginia Tech Scholarship.

- Thomas Hay of TJHSST (computer science), National Merit Northeastern University Scholarship.

- Karina Hemmendinger of TJHSST (polymer-plastics engineering), National Merit Case Western Reserve University Scholarship.

- Amanda Nelson of TJHSST (neurosurgery), National Merit Denison University Scholarship.

- Vaughn Varma of TJHSST (mechanical engineering-robotics), National Merit Rochester Institute of Technology Scholarship.

- Christian Burruss of Woodson High School (engineering), National Merit Virginia Tech Scholarship.

- Minyeop Lee of Woodson High School (biochemistry), National Merit University of Chicago Scholarship.

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JULY 22—JULY 26... CLOUDY WITH A CHANCE OF MEATBALLS (PG)

JULY 29—AUGUST 2.....MEGAMIND (PG)

AUGUST 5—AUGUST 9.....DESPICABLE ME (PG)

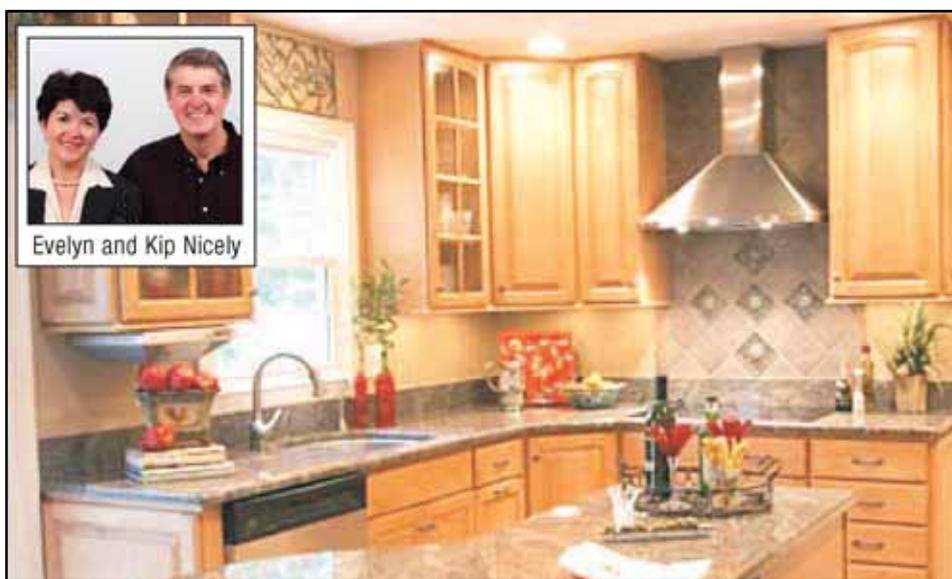
AUGUST 12—AUGUST 16...HOW TO TRAIN YOUR DRAGON (PG)

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OPINION

Share Wisdom With Newcomers and Others

The Connection's Newcomers and Community Guide publishes in late August.

Our Insider's Edition Newcomers and Community Guide will publish the last week of August.

What tips do you have for someone getting to know your community? We're hoping to share the places, activities, events, organizations and volunteer opportunities your neighbors might not know about. What great places and activities do you think newcomers should know about? Events that should not be missed? Organizations that do a great job?

Places to volunteer? Tips for navigating your PTA or your school's front office? We'd love to have your photos to go along with your suggestions.

Faith organizations, nonprofit organizations, clubs, environmental groups, advocacy groups, youth sports teams and others who offer events open to the public are invited to send a paragraph about the organization and how to get involved.

We will publish a selection of local tips along with a plethora of information useful to new-

comers and long-time residents alike, including our award-winning Insider's Guide to the Parks, information on how to vote and more.

See last year's community guides by going to www.connectionnewspapers.com/PDFs/ and scrolling down to Newcomers.

Email tips and photos to editors@connectionnewspapers.com. Send in your Insider's Tips by Friday, Aug. 16.

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— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM

VIEWPOINTS

What would you like Congress to do regarding gun violence?

Comments by participants in the Reston-Herndon Alliance to End Gun Violence monthly vigil at NRA Headquarters on Sunday, July 14.

—JASMINE KANG



Bob Hatfield, retired, Oakton

"Be courageous, think beyond the influence of the NRA and remember that U.S. citizens vote."



Erin Moran, student, McLean

"For now, background checks would be the biggest step. For assault weapons, I don't see any reason for someone to be carrying those."



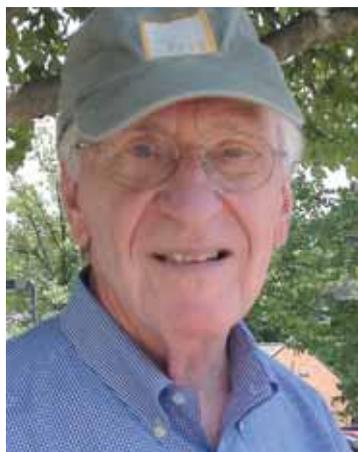
Sabrina Adleson (left), student, Burke

"I'd like Congress to pass reasonable laws—not depriving people of guns but having laws that keep people safe."



Anne Alston, retired, Herndon

"I would like to see magazine sizes reduced and I don't know if we're going to get around to that so, at the least, some regulation on background checks."



Del. Ken Plum (D-36), Reston

"I'd like to see Congress pass legislation regarding universal background checks and outlaw assault weapons, which are weapons of war and don't belong in a civilized society."

LETTER TO THE EDITOR

Climate Change: An Existential Threat

To the Editor:

It would be difficult to overstate the importance of the president's bold new plan to cope with climate change, through maximum use of his executive authority to by-pass GOP obstructionism.

The president clearly understands that climate change poses both an immediate threat to our health and ultimately an existential threat to human existence.

The president's plan announced Tuesday, June 25, is a comprehensive approach to cutting the pollution that causes climate change and threatens public health, setting us on a path to make our communities healthier, safer and more resilient.

As Virginians, we should be especially grateful and supportive of the president's plan because rising sea levels, dangerous storm surges and intense hurricanes already pose serious threats to coastal cities in the Southeast, and climate change will intensify these impacts.

My 27 years of active military service included nine years of wartime service in Vietnam. Now out of uniform, and a permanent resident of our great commonwealth, I am joining fellow Virginians, many of whom are veterans, to fight a war that strikes closer to home—a war on public health in the immediate future and a long-term existential threat.

Fuel industry and congressional allies are already trying to block EPA's efforts to develop the new standards for power plants. This attacks our children and families. The Union of Concerned Scientists estimates that global warming will cause an additional 2.8 million cases of asthma attacks and other respiratory problems by 2020.

The long-term threat is existential. The rise of sea levels flooding coastal cities may spawn civil wars as people move inland and wars among nations in a desperate struggle for clean water and other resources.

Andre Sauvageot
Col., U.S. Army (retired)
Reston

Springfield CONNECTION

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Protect Children, Animals in Hot Summer Weather

In light of recent incidents around the region, Fairfax County is reminding people of dangers involving children and hot cars. The combination of summer heat and humidity can mean life-threatening conditions for children left in vehicles or other unsuitable environments, even for short time periods. Here's advice from the Kids and Cars organization:

- ❖ Never leave children alone in a vehicle—not even for a minute. Body temperatures in children rise three to five times faster than in adults. On a warm day, temperatures can rapidly rise to dangerous levels. Anyone seeing a child in distress in a parked car should

contact police immediately.

- ❖ Parents should make arrangements in advance with their child's daycare or babysitter to always call if the child isn't there as scheduled.

- ❖ Recognize the symptoms of heatstroke. If a child shows signs such as heavy breathing, glazed eyes, rapid heartbeat, vomiting, fever, dizziness, restlessness or excessive thirst, contact a physician immediately or call 9-1-1. Take steps to reduce the child's body temperature immediately.

For more information, see www.fairfaxcounty.gov/emergency/blog.

WATCH PETS IN THE HEAT
Fairfax County Animal Control

Officers have responded to dozens of reports of animals in hot cars in recent weeks—one dog even died due to apparent heat hyperthermia—and urge people to keep their pets at home on hot days. With continuing heat and humidity through the summer, pet owners are urged to take precautions with their animals to avoid life-threatening conditions for animals

left in vehicle.

- ❖ Never leave pets in a parked car. On a warm day, temperatures can rapidly rise to dangerous levels. Anyone seeing an animal in distress in a parked car should contact police.

- ❖ Shade and water are vital to pets. Pet owners must provide adequate shelter protecting animals from injury, rain, sleet, snow, hail,

direct sunlight and adverse effects of heat or cold. A doghouse in the backyard with no access to shade doesn't protect animals from sun.

- ❖ Limit exercise on hot days. Take care to adjust intensity and duration of exercise. Watch for shortness of breath and remember that asphalt gets very hot and can burn paws; walk dogs on the grass, if possible.



PHOTO COURTESY OF JAMES CULLUM

The top films will be shown to the public under the stars.

A Touch of Hollywood In Lorton

The 5th annual Clifton Film Fest premieres July 20.

The 5th anniversary of the Clifton Film Fest—Fairfax County's first and only celebration of independent film—will be held on Saturday, July 20 at 4 p.m. at the Workhouse Arts Center, 9601 Lorton Road.

The festival showcases original films made by students and independent filmmakers.

"This year we have Uncle Fred's BBQ smoke shack, shaved ice and ice cream, and live music from Pearl and the Beard," said Dani Weinberg, founder and director of the popular festival.

"We also will have a new and improved VIP room for the filmmakers to have snacks, mingle

and be interviewed on the red carpet. Along with the fantastic original films this year it should be an amazing fifth anniversary."

The festival includes creative and thought-provoking independent dramas, comedies, documentaries and animation.

The top films will be shown to the public under the stars. The award ceremony will take place after the student category during intermission and the 19-plus category films will be shown at the closing of the festival.

For tickets and information, visit: www.workhousearts.org/events/performing-arts/clifton-film-festival-0 or go to cliftonfilmfest.com.

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The Long Road

BY MARILYN CAMPBELL
THE CONNECTION

Packing up the car and leaving town for a summer vacation is an opportunity to spend time relaxing with family and friends. Getting to those destinations, however, can be grueling, especially when summer treks mean enduring long hours on the road. This is especially true for children.

Any parent who has heard the age-old question “Are we there yet?” knows how important it is to fill the time. For some, watching DVDs is the answer, especially now that many SUVs and minivans come equipped to provide each passenger with a personal DVD player. Local education experts question whether this is the best solution, however, and offer creative options for passing the time.

“A long car ride is a time to be together rather than creating distance by bringing in movies and DVDs,” said Fred P. Bemak, Ed.D., a professor in the Counseling and Development Program at George Mason University in Fairfax, and a Fairfax Station resident. “I am concerned about the overuse of DVDs because of the family disengagement that that fosters. Long travel is an opportunity to creatively make up games between parents and children.”

Shannon Melideo, Ph.D., associate dean of the School of Education and Human Services at Marymount University in Arlington, said that with a little planning, creating entertaining games and activities is easier than one might think. “Time must be spent preparing the materials so that the children can find enjoyable ways to spend their road trip time in the back seat,” said Melideo. “Tie a makeup brush kit to the back of the driver’s and front passenger’s chair, one for each child, personalized for their developmental level and interests. Fill the compartments with flashcards, little toys, a mini periscope, stickers, paper, writing or coloring instruments.”

Melideo also recommends giving each child a lap desk or other hard surface to make the kits easy to use.

Colorforms Activity Toys, which are sets of brightly colored geometric stick-ons that come with spiral bound books, are a favorite of Bethesda, Md., based therapist Karen Prince, who specializes in work with children. “There are also some tactile things like Model Magic Clay, which is a clean clay that children can use to make things. You can also get kits to make things [like] key chains and necklaces.”

“I Spy” type games are also fun, Bemak said, “I used to play a game with my kids where we would find 100 red cars, 20 convertibles, 35 trucks. As adults, my children still remember those games because they were meaningful engagements.”

Melideo recommends playing word games that involve the entire family. “[They] require little or no game pieces [and] are excellent because they provide conversation starters, engage all members, stir a little competition, develop language skills and use brain power.”

Among Melideo’s favorite games are Verbal Guessing, 21 Questions and the ABC game. “Using

Experts offer creative ideas for filling time during long summer trips.



PHOTO BY MARILYN CAMPBELL

When packaged creatively, flashcards, stickers, paper and crayons can entertain children during long trips.

the letters of the alphabet, each person must find road signs or license plates containing each letter in order,” said Melideo of the ABC game. “The first person to find every letter of the alphabet wins. For example: A-Avenue, B-Banquet, C-Center.”

To play the Verbal Guessing Game, “Using any topic, one person thinks of a person, place or thing [and] gives three clues,” said Melideo. “Then the rest of the players take turns asking questions that can be yes or no until someone makes a guess. If the group gets stuck, the thinker gives two more clues.”

Another family game that Melideo recommends is 21 Questions, where players pose 21 questions to one of their fellow travelers. “There are many interpretations of this game,” she said. “The idea is to let each person talk about ... themselves and for the travelers to get to know each other even better. It keeps kids talking to their parents.”

Listening to books on tape is another activity that can involve the entire family. “If everyone is listening to it ... there can be tremendous engagement about what is happening in the book and then you can talk about it,” said Bemak. “It is a matter of ‘Here are your ear phones, be quiet and don’t bother me,’ versus ‘We’re all going to listen to this book and discuss it.’ Talk about a great spring board for social interaction.”

Journaling not only helps to fill time, but also creates a record of the trip. “Keep a journal of the trip starting with the actual travel part of the trip,” said Melideo. “Give your child a low cost digital camera for clicking photos [for which] they can later write or type captions.”

Even with planning, experts admit that filling time during long trips is not easy. “Family life is work,” said Bemak. “You might feel tired or exhausted or stressed. The television or a DVD is an easy way out. But being stuck in the same place with your child for six or seven hours is a goldmine. It is an opportunity to foster creative engagement and healthier relationships with family members. It is not every day that you have children who are going to sit with you in the same room for hour after hour.”

“[B]eing stuck in the same place with your child for six or seven hours is a goldmine. It is an opportunity to foster creative engagement and healthier relationships with family members.”

— Fred P. Bemak, Ed.D., George Mason University



PHOTO COURTESY OF GEORGE MASON UNIVERSITY

Students study electricity and record their observations like scientists during the VISTA camp.

Students, Teachers Practice Science

There’s something for everyone at GMU’s VISTA science camp.

BY MARILYN CAMPBELL
THE CONNECTION

The thought of spending a summer immersed in science and math assignments is likely to make many students cringe. However, some Northern Virginia children are embracing the idea with a summer camp filled with projects that run the gamut from baking cookies in a solar oven to building a model roller coaster.

“I really like this camp because we do a lot of cool stuff. So far, my favorite activity is making a solar cooker,” said Kaleab Tibebu, a rising fifth grade student at Hoffman Boston Elementary School in Arlington. “I’ve seen that on TV and always wanted to do it. We get to do a lot more science here and we aren’t using textbooks.”

The camp, which is part of the Elementary Science Institute at George Mason University in Fairfax, promotes Science, Technology, Engineering and Mathematics (STEM). This summer, campers are focusing on finding new forms and sources of energy. The two-week camp is designed for high-needs students from local schools. Students from Arlington, Prince William and Fairfax counties, and Manassas and Manassas Park City are eligible.

The Elementary Science Institute is part of the Virginia Initiative for Science Teaching and Achievement (VISTA), a four-week professional development program that accepts about 30 elementary school teachers from Arlington, Fairfax, Stafford and Prince William counties and Manassas Park City. The instructors learn creative ways to make

science lessons more engaging for students. “It has been awesome, really mind boggling, to watch students be 100 percent engaged in working together on science,” Becky Pierce, a sixth grade science and language arts teacher at Willow Springs Elementary School in Fairfax.

Throughout the program, teachers worked together with scientists from around the region to create problems for students to investigate and solve. The students acted as scientific investigators and explored topics like regional energy sources and energy extraction.

“We are seeing a great deal of collaboration with the students working in teams,” said Pierce. “They are ... asking and answering their own questions, and wanting to do research to find out more information.” During one project, the students were divided into groups and given a set of supplies to create a solar oven: boxes, foil and tape. “Every group came up with a different design,” said Pierce. “Some worked and some didn’t, but they shared information and learned how to modify them to make them work.”

Mollianne Logerwell, VISTA director of science and education at George Mason University, is impressed with the program’s outcomes. “In our third year of this camp, it is still amazing to see how excited students and teachers get by engaging in active science inquiry and problem-solving,” she said. “Mason has such a wealth of resources. The students have been able to see first-hand a solar golf cart, a solar picnic table, and have visited the dining hall to learn how to minimize food waste and ways to use that waste to produce energy.”

Creating Fresh, Healthy Summer Treats

Local chefs offer refreshing, healthy snack ideas to keep children satisfied all summer.

BY MARILYN CAMPBELL
THE CONNECTION

Enticing children to forgo strawberry-flavored candy and choose fresh fruit in its natural form can be challenging. After all, lemonade, popsicles and cookies with milk are considered summertime classics.

Some local culinary enthusiasts say there are an abundance of summer treats that can be made at home and keep children fueled and healthy all season long, however. They offer several suggestions that are ideal for after-camp snacks or whenever the munchies hit.

"When I think of healthy eating and kids and summer, the first thing I think of is fruit," said Andrea Nelson of Creative Kids Kitchen in Arlington. "Beyond the natural sugar factor, most fruit has as much vitamins as a vegetable."

One treat that tops Nelson's summer treat menu is fruit gazpacho. "It is made with a medley of fruits like watermelon, blueberries, honeydew melon. If you have a particularly picky eater, you can puree the fruit.



From left: Katie King, Sasha Fedorchak, Lucy Rogers, Eliza Grace Ulmer, Haley King and Grace Griffin prepare to cook in Arlington, Va. Local culinary enthusiasts say there are an abundance of healthy summer treats that can be made at home.

PHOTO COURTESY OF CREATIVE KIDS KITCHEN

You can involve the kids by getting them to help wash and cut the fruit."

Christine Wisnewski, an instructor at Culinaria Cooking School in Vienna, also recommends making use of the bounty of fresh fruit available during summer. "Sliced

peaches or nectarines with a dollop of sour cream and a light sprinkle of brown sugar are a sweet, tangy treat. Or sweeten some Greek yogurt with a little bit of honey and use it as a dip for strawberries," she said.

Nelson turns the abundance of blueberries that are now available into blueberry biscuits. "They are super easy to make and blueberries are inexpensive right now," she said. "I also make baked strawberry, banana and quinoa muffins using nonfat Greek yogurt. They are healthy and gluten free."

Nikki Drummond of Tiny Chefs Cooking School in Potomac, Md., and Arlington, Alexandria, McLean, Oakton and Springfield, uses her classroom to offer children alternatives to prepackaged, sugar-laden treats. "We make fun fruit kabobs with a yogurt dip made with plain low-fat yogurt and honey and cinnamon," she said. "The kids cut up the fruit so they are having fun."

Drummond also teaches students to make a healthy dessert using uncooked oatmeal, wheat germ and chocolate chips. "We call them breakfast balls, but you can keep them in a container and kids can snack on them throughout the week," she said.

To cool kids down after a day of playing in the sun, Wisnewski offers homemade frozen bananas and sorbet. "[To make] frozen bananas, halve a banana crosswise, insert a popsicle stick in the cut end, freeze for one

"Make the most of seasonal fruits: Sliced peaches or nectarines with a dollop of sour cream and a light sprinkle of brown sugar are a sweet, tangy treat."

— Christine Wisnewski,
Culinaria Cooking School

hour," she explained. "Dip frozen bananas in melted chocolate. Only dip one side if you want to limit the chocolate, then dip bananas in fun toppings like sprinkles, toasted coconut, chopped nuts, or crushed cookies."

To make sorbet, Wisnewski combines fruit and simple syrup. "To make a simple syrup, [use a] one-to-one ratio of sugar to water and bring to a boil to dissolve sugar," she said. "Reduce heat to very low and simmer 10 minutes. Cool, combine syrup with pureed summer fruit. Try berries, peaches or mangos. Add a pinch of salt, and a squeeze of citrus juice. Chill until the sorbet mixture is very cold."

For those who want culinary simplicity during the summer, Wisnewski said, "Fresh cherries or grapes heaped in a bowl of ice are more refreshing than those served alone. Even the largest watermelon disappears quickly and keeps kids hydrated when left on the counter for snacking. Some people opt for a sprinkle of salt on their watermelon." For a more sophisticated palate, she suggests adding a squeeze of lime, or a small sprinkle of mild chili powder or cumin.



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CALENDAR

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. The deadline is the Friday prior to the next paper's publication. Dated announcements should be submitted at least two weeks prior to the event. For more entertainment events in the county, go to: <http://www.connectionnewspapers.com/news/2013/may/22/fairfax-county-calendar/>.

THURSDAY/JULY 18

Melt Your Face. 6 p.m., Empire-Alchemy Room, 6355 Rolling Road, Springfield. This musical event features artists including Jackson and Traveller, Vice or Virtue, In Visions, and Satellites on Parade. \$10. www.ampedandalive.com/eventdetails.aspx?eventId=1137.

FRIDAY/JULY 19

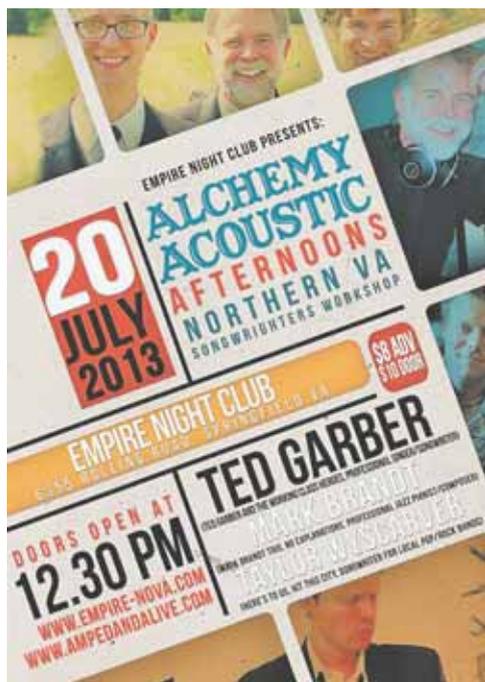
The Capital Focus Jazz Band. 7:30-8:30 p.m., Lake Accotink Park, 7500 Accotink Park Road, Springfield. Dedicated to the preservation of traditional New Orleans jazz, Capital Focus has played at the Cherry Blossom Parade, the White House Easter egg rolls and jazz festivals throughout the United States and Europe. www.pjrc.org/cfjb/muscn.htm.

Sixth Generation Concert. 8 p.m., Workhouse Arts Center, 9601 Ox Road, Lorton. The Sixth Generation is a dynamic rock and roll band at the forefront of musical style from the late 1960s. \$10-15. <http://workhousearts.org/events/performing-arts/sixth-generation-concert>.

SATURDAY/JULY 20

NOVA Songwriters Workshop. 12:30-4 p.m., Empire-Alchemy Room, 6355 Rolling Road, Springfield. This workshop features Ted Garber, Mark Brandt, and Taylor Wycarver. \$8. www.ampedandalive.com/eventdetails.aspx?eventId=1184.

Pearl and the Beard. 7-8 p.m., at Workhouse Arts Center at Lorton, 9601 Ox Road, Lorton. Pearl and the Beard is three voices, one cello, one guitar, one glockenspiel, one melodica, several drums, one



Three local songwriters open up to aspiring professional songwriters Saturday, July 20 in a workshop on the topics of perfecting the craft of song and succeeding in the business.

accordion, 96 teeth and one soul. www.pearlandthebeard.com/.

Clifton Film Festival. 4 p.m., at the Workhouse Arts Center, 9601 Ox Road, Lorton. This film festival showcases original films made by the surrounding community at the Workhouse Arts Center. <http://workhousearts.org/events/>

performing-arts/sixth-generation-concert.

Chef's Table. 8-10 p.m., Workhouse Arts Center, 9601 Ox Road, Lorton. Learn some basic cooking techniques while enjoying your family and friends. Couple: \$80. <http://workhousearts.org/events/general-events/date-night-chefs-table-10>.

WEDNESDAY/JULY 24

Michael Graves of the Misfits. 7-11:30 p.m., Empire-Alchemy Room, 6355 Rolling Road, Springfield. Michael Graves presents acoustic- and punk-style music. \$15, ages 21 and above. www.ampedandalive.com/eventdetails.aspx?eventId=1142.

FRIDAY/JULY 26

The NOVA Annandale Symphony Orchestra. 7:30-8:30 p.m., Lake Accotink Park, 7500 Accotink Park Road, Springfield. Led by music director Christopher Johnston, the NOVA-Annandale Symphony Orchestra has been performing a wide range of music embracing different cultures and heritages since 1994. www.reunionmusic.org.

SATURDAY/JULY 27

Peter Pan and Captain Hook in the Fairies. 1 p.m., in the W-3 Theatre at the Workhouse, 9601 Ox Road,

Lorton. Vianlix Mestey's original adaptation of the fairy tale, in which the magic clock of Neverland begins to wind down and Peter Pan and Hook must work together to stop it. \$12 for adults; \$8 for children under 12. <http://workhousearts.org/events/performing-arts/peter-pan-and-captain-hook-fairies-land>.

Cecil Ray Comedy Club. 7 p.m., Workhouse Arts Center, 9601 Ox Road, Lorton. A night of comedy. Advance: \$20; At the Door: \$25. <http://workhousearts.org/events/performing-arts/cecil-ray-comedy-club-1>.

Debi Smith. 7-8 p.m., at Workhouse Arts Center at Lorton, 9601 Ox Road, Lorton. Debi has recorded over 2 dozen albums and compilations, for which she has won numerous Wammie awards, ASCAP composer awards and American Library Awards. www.debismith.com.

WEDNESDAY-SUNDAY/JULY 31-SEPT 8

3rd Annual Workhouse Clay National. Workhouse Arts Center, 9601 Ox Road, Lorton. View The Workhouse Arts Center's 3rd Annual Workhouse Clay National Ceramics Exhibition. <http://workhousearts.org/events/visual-arts/3rd-annual-workhouse-clay-national-2013>.

THURSDAY/AUG. 1

Davey Suicide With Farewell My Love. 6-11 p.m., Empire-Alchemy Room, 6355 Rolling Road, Springfield. Varied artists present rock music. \$10, all ages welcome. www.ampedandalive.com/eventdetails.aspx?eventId=1128.

FRIDAY/AUG. 2

Alt Washingtonia. 7:30-8:30 p.m., at Lake Accotink Park, 7500 Accotink Park Road, Springfield. This group will be performing traditional Alpine dances from Germany and Austria, representing the many different aspects of the culture. www.altwashingtonia.com/.

SATURDAY/AUG. 3

Winnie the Pooh. 1 p.m., W-3 Theatre, 9601 Ox Road, Lorton. A. A. Milne's characters encounter new neighbors and other adventures in the Hundred Acre Wood. \$8 for children under 12, \$12 for adults, runs 75 minutes with one intermission, appropriate for all ages, concessions available before the show and during intermission. <http://workhousearts.org/events/performing-arts/winnie-pooh>

3rd Annual Clay National Ceramics Exhibition Public Opening Reception.

6-9 p.m., Workhouse Arts Center, 9601 Ox Road, Lorton. View The Workhouse Arts Center's 3rd Annual Workhouse Clay National Ceramics Exhibition at a reception with food and fellow art-lovers. <http://workhousearts.org/events/visual-arts/3rd-annual-workhouse-clay-national-2013>.

Pentagram. 6-11:30 p.m., Empire-Alchemy Room, 6355 Rolling Road, Springfield. Varied artists perform metal music. \$20, all ages welcome. www.ampedandalive.com/eventdetails.aspx?eventId=1147

The Holmes Brothers. 7-8 p.m., at Workhouse Arts Center at Lorton, 9601 Ox Road, Lorton. The Holmes Brothers have been playing a joyous and moving blend of blues, gospel, soul, R&B, rock 'n' roll and country for their fan base. www.theholmesbrothers.com.

SATURDAY-SUNDAY/AUG. 3-4

Cabaret Series: Hot, Hot, Hot! 8 p.m. on Saturday, 1 p.m. on Sunday, W-3 Theatre, 9601 Ox Road, Lorton. This summer celebration features songs from the stage and screen. \$25, doors open 30 minutes before the show, cash bar available, ticket reservations recommended. <http://workhousearts.org/events/performing-arts/cabaret-series-hot-hot-hot>

MONDAY/AUG. 5

Havok. 6-11:30 p.m., Empire-Alchemy Room, 6355 Rolling Road, Springfield. Havok performs metal music. \$10. <http://www.ampedandalive.com/eventdetails.aspx?eventId=1109>

TUESDAY/AUG. 6

Jarren Benton. 7-11 p.m., Empire-Alchemy Room, 6355 Rolling Road, Springfield. Jarred Benton performs songs of the R&B and rap genres. \$12, all ages are welcome. <http://www.ampedandalive.com/eventdetails.aspx?eventId=1155>

WEDNESDAY/AUG. 7

All Shall Perish and Others. 5-11 p.m., Empire-Alchemy Room, 6355 Rolling Road, Springfield. All Shall Perish, Oceano, Within the Ruins, and others perform acoustic and metal music. \$17, all ages are welcome. www.ampedandalive.com/eventdetails.aspx?eventId=1091

THURSDAY/AUG. 8

55th Library Anniversary - August in Antarctica. 7:30 p.m., Richard Byrd Library, 7250 Commerce St., Springfield. Come join to learn about the exploits of Richard Byrd and his lasting impact on Antarctic research today.

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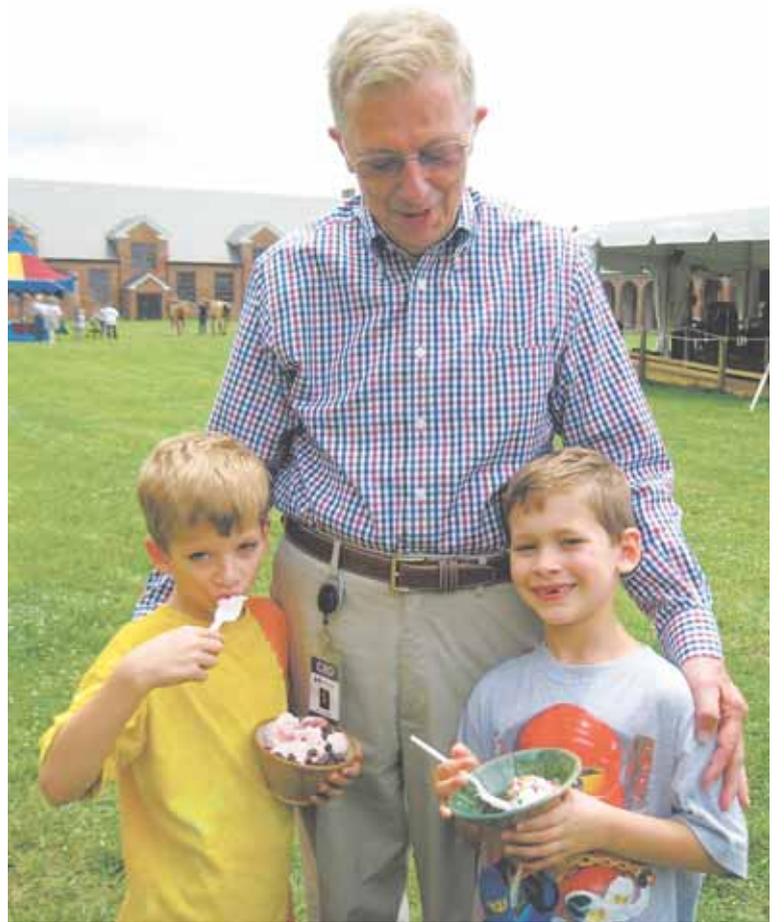
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PHOTOS BY STEVE HIBBARD/THE CONNECTION



Kim Murray of Springfield (wearing hat) looks over bowls at the Ice Cream Social Fundraiser.



Workhouse Arts Center CEO John Mason with his grandsons: Charlie, 6, and Logan, 7, enjoy the Ice Cream Social Fundraiser to benefit the Ceramics Program last Saturday, July 13, at the Workhouse.

Ice Cream Social at Workhouse

Fundraiser for ceramics program will help kiln yard roof project.

The Workhouse Arts Center held its fifth annual Ice Cream Social Fundraiser last Saturday, July 13, at the former Lorton Prison. For \$15, patrons could purchase an original, handmade ceramic bowl and fill it with ice cream and various toppings. The afternoon included

music by the Backyard Blues Band and pony rides from Tamarack Stables. "The fundraiser helps to support exhibits, helps to support visiting artists, and workshops and outreach activities with the schools," said Dale Marhanka, ceramics program director. The ceramics program has 95 students in its classes.



Resident artist Pam Eisenmann of Springfield shows her original glazed porcelain bowl that she designed.



Michelle Stein of Clifton selects a ceramic bowl.



Sean, 12, and Trisha Robertson of Clifton show their bowls with ice cream.



The Checkley family: Natalie, 8, Abigail, 10, Gloria, 5, and mom Lauren, who grew up in Fairfax and now reside in Indiana.



Kendall McQuillin, 7, of Lorton volunteers to give pony rides.



Members of the Backyard Blues Band perform.



WSLL National 10/11 All-Star team celebrates after Bryce Hickman's walk-off home run to win the district championship.



The WSLL American 11/12 All-Star team defeated the National team, 11-1.

West Springfield Little League Sweeps District 9 Championships

Will host, compete in 10/11 state championship.

West Springfield Little League swept all three all-star divisions this year, with the WSLL American 11/12 All-Star team beating WSL National, 11-1; WSLL National 10/11 defeating Fort Hunt, 7-6; and WSLL National 9/10 prevailing over WSLL American.

After losing their first game of the tournament to South County, 6-3, and facing elimination, the West Springfield National 9/10 All-Star team showed a lot of heart, determination and character by settling in and finishing with a five-game winning streak. Their 11-5 win in the championship game was a great showing against a very

talented West Springfield American squad. The National squad, managed by Craig Stine, had wins over WSLL American (3), Woodlawn and Central Springfield by a combined score of 62-23.

"I am so proud of our kids — how they competed and carried themselves throughout the tournament," Stine said. "They represented their families, league and community with pride, and I hope this is a memory they look back on fondly during their baseball careers."

The team heads off to compete in the state tournament in Richmond, July 18-July 22 in search of WSL's first 9/10 state crown.

In the 10/11 Division, WSLL National won the district championship in dramatic fashion, with a walk-off, three-run home run by Bryce Hickman, capping a come-from-behind 7-6 win against Fort Hunt. The National All-Star team, coached by Joe Rozmeski, had been undefeated going into the championship game, with victories over Dale City, Central Springfield, Dumfries/Triangle/Quantico, and Fort Hunt before the championship rematch.

"Our players were resilient in the championship game," Rozmeski said. "We faced a very talented Fort Hunt team and we scratched out enough bases in the sixth inning to get the right player to the plate at the right time."

"It's a storybook ending to the tourna-

ment," said WSLL President Greg Adams, whose son plays on the team and youngest son is a member of the 9/10 National team that won the district championship just two nights later against WSLL American, 11-5. "We came back and won to host and compete in our own tournament."

West Springfield American's 11/12 team completed the league's trifecta, with an 11-1 victory over the always-dangerous WSLL National team. West American was undefeated in District 9 Tournament play, and departs for Lynchburg to compete for the third straight year in the Virginia State Championship, held July 19-23.

Coach Greg McIntyre noted, "The boys played great in districts and it is exciting to go back to the state tournament."

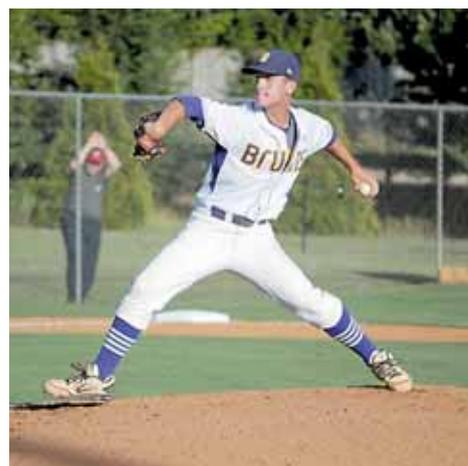
Lake Braddock Graduate Rogers to Pitch for UNC

Thomas Rogers played a major role in the Lake Braddock baseball program, capturing its first state championship in 2012. The left-handed pitcher combined with Michael Church to make a formidable 1-2 punch on the mound. The Bruins finished 26-3 and won the Patriot District title. Against Kellam in the state championship game, Rogers, then a junior, tossed a four-hit shutout and hit a home run.

Q&A

After the season, Rogers had Tommy John surgery on his pitching elbow, which limited his availability during his senior year. Over time, Rogers' pitch count increased and he earned big victories against Madison in the region tournament and Patriot in the state tournament. While Lake Braddock fell short of repeating as state champion, the Bruins took home the 2013 Northern Region title.

After a successful high school career, Rogers, a 2013 Lake Braddock graduate, will pitch for the University of North Carolina. He recently participated in a Q



Thomas Rogers, a 2013 Lake Braddock graduate, will play baseball at the University of North Carolina.

and A with The Connection.

❖Connection: What made UNC the right fit for you?

Rogers: Dream school ever since I can remember. Love the campus and coaching staff. Just felt like this was the place for me.

❖Connection: What will you study?

Rogers: Business administration.

❖Connection: Any word on playing time as a freshman?

Rogers: No word on that. Just have to play the fall season and see where I'm at after that.

❖Connection: Did you receive a scholarship?

Rogers: Partial scholarship.

❖Connection: You originally committed to the University of Georgia. Why the change?

Rogers: I changed because the more I thought about it, I would be way too far from home and my parents wouldn't be able to watch me all the time.

❖Connection: What is your favorite memory of playing baseball at Lake Braddock?

Rogers: Going to practice every day and getting to hang out with all the guys.

❖Connection: If you could go back and change one thing about your high school athletic career, what would it be?

Rogers: I wouldn't change anything. I had a lot of ups and downs throughout my high school career and it made me the player I am today.

❖Connection: You had Tommy John surgery after your junior season. What were your initial thoughts when you found out you needed the procedure?

Rogers: I was a little upset, but the more I read about the surgery and the rehab, I found out most people come back stronger, just like I did. It's sort of a thing of the past. Sometimes I forget I even had it done.

❖Connection: How does your arm feel now compared to before the surgery?

Rogers: It's the first time my arm hasn't hurt at all since I can remember.

❖Connection: When did you realize playing college baseball was a possibility for you?

Rogers: I honestly thought college baseball was attainable when I was in Little League.

❖Connection: What are you most looking forward to about the transition from high school to college?

Rogers: I'm most looking forward to not having classes starting at 7 a.m. every morning.

— JON ROETMAN

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Foundation seeks qualified individuals for the following two part-time positions:
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This PT position (25-30 hours) is ideal for someone seeking flexible hours and is willing to do general cleaning in a preschool setting. Being a handyman is a bonus. Candidates must demonstrate knowledge or experience with facilities maintenance, will be subject to a background check, and must complete a child abuse prevention course. Some benefits, such as paid time off, are available.

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28 Yard Sales

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21 Announcements

ABC LICENSE
Bozzelli Frontier Corp trading as Bozzelli's Italian Deli, 6701 Loisdale Rd, Ste H Springfield, VA 22150. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL for a Beer/Wine on and off Premises, Keg Permit, Delivery Permit license to sell or manufacture alcoholic beverages. Michael Bozzelli/owner
NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

21 Announcements

ABC LICENSE
Sicilian Italian Restaurants, LLC trading as Il Giardino Italian Restaurant, 8944 Burke Lake Rd, Burke, VA 22151. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a wine and beer on and off premises and mixed beverage restaurant license to sell or manufacture beverages. Julia Amato Manager/Member
NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

21 Announcements

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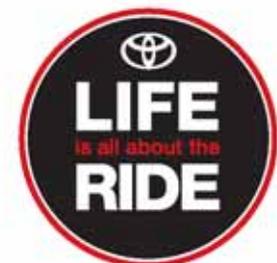
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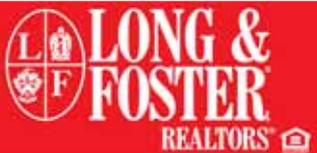
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Fairfax
\$874,900
Stunning & Pristine Beauty, freshly painted w/ Open Floor plan & Side Loading Garage located on a small, quiet cul-de-sac.

Gourmet Kitchen w/center island, stainless steel appliances & wine cooler, 2 story foyer, 9 ft ceilings & dual staircase w/back stairs to upper level. Gleaming HW floors on main level + finished LL w/ample storage & game rms. 5.5 BAs, Standby Generator, Tankless HW System, Irrigation System & Much, much more.



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Lake Manassas
\$970,000
MAGNIFICENT CUSTOM COURTYARD HOME EXUDES CASUAL ELEGANCE FOR

BOTH FAMILY LIVING AND ENTERTAINING!
Elegance is the hallmark of this exceptional property, in both the Residence and the Lakes & Golf Course views. Custom-built in 2004, this expansive home offers over 5,600 sq. ft. of luxurious living space w/High Ceilings and the finest of Millwork. Designer Kitchen, Breakfast, Morning Rm, 3 Master BRs, 4 1/2 BAs, 2 See-thru FPs to Stone-Covered Terraces - LL Fam. Rm, Media Rm, Exercise Rm, Game Rm & Office. Call Sheila Adams for private Appointment 703-503-1895



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Fairfax
\$525,000
Newly updated "Cromwell" Rambler in sought-after

Kings Park West. Main level Master Suite with sitting room, updated eat-in kitchen, updated baths, and finished walk-out lower level to patio and yard backing to woods. Freshly painted and much more! Steps to Metrobus, VRE & nationally ranked schools!



Fairfax \$504,990
OPEN SUNDAY 1-4

Updated in Greenbriar beautiful 4 BR, 2.5 BA, 2-level home w/2-car garage. Remodeled, gourmet kitchen includes new cabinets and SS appliances. Sunny, clean, and freshly painted. Fenced, level back yard w/concrete patio.



Richard Esposito

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Service is the difference I provide



Fairfax \$3,600/month

This single family home features 4 Bedrooms, 2.5 Bathrooms and is in the heart of Fairfax. Near VRE, Express Buses, I-495 and I-66. Located in Kings Park West and Robinson School pyramid. Richard Esposito 703-856-2529

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Lorton Highlands
\$489,900
Designer-inspired and wide-open floor plan await a new owner. Hardwood floors, gourmet kitchen, secluded deck backing to common area are a few of exciting features of this home. Over 2,300 sq. feet with a stunning three-level extension.

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