

## How It's Done



The George Washington Distillery and Gristmill is now open until Oct. 1. Donald Garlock welcomes visitors into the distillery where they can learn key components of making whiskey originally proposed by farm manager James Anderson a Scottish immigrant hired by George Washington.



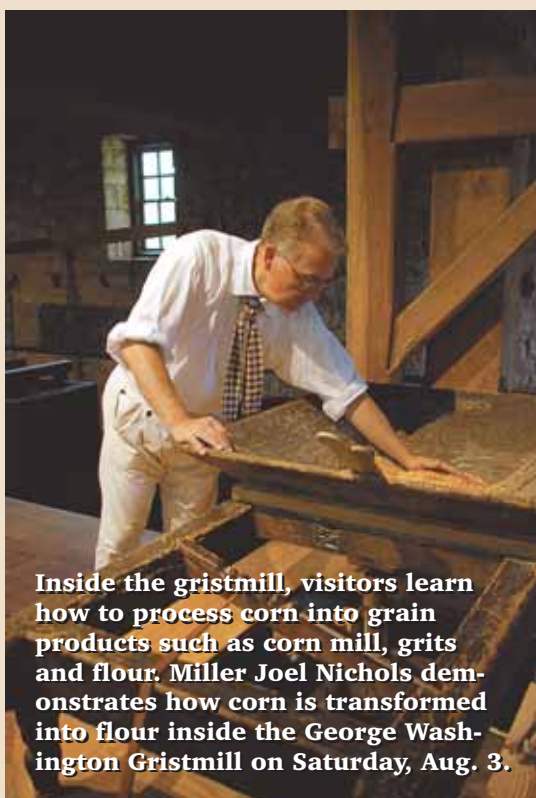
Inside the gift-shop, visitors can purchase stone ground corn mill, grits, pancake mix (below) and rye whiskey (above) all produced inside the gristmill and distillery.

George Washington erected a stone gristmill in 1771 to increase production of flour and cornmeal and to be able to export high quality flour to the West Indies, England, and Europe. In 1797, Washington's Scottish farm manager James Anderson encouraged him to build a whiskey distillery adjacent to the gristmill. The distillery was the largest in America, producing 11,000 gallons of whiskey in 1799, making it one of the

most successful economic enterprises at Mount Vernon.

Demonstrations of the mill are given by millers in early-American attire from 10 a.m. to 5 p.m. Entrance to the site is included in admission to George Washington's Mount Vernon. Admission to the Distillery & Gristmill is also sold separately for \$5 for adults, \$2 for youth ages 6-11, and free for children 5 and under.

— WWW.MOUNTVERNON.ORG



Inside the gristmill, visitors learn how to process corn into grain products such as corn mill, grits and flour. Miller Joel Nichols demonstrates how corn is transformed into flour inside the George Washington Gristmill on Saturday, Aug. 3.



Corn mill.

## Costco Prepares For Opening

Mount Vernon store to employ 200-plus and form local partnerships.

BY STEVE HIBBARD  
THE GAZETTE

The new Costco is opening along Route 1 in Mount Vernon on Thursday, Aug. 8. The 140,000-square-foot warehouse club will employ more than 200 people, which brings the total number of Costco stores to 632 nationwide.

Construction crews, vendors, landscapers, and store employees have been working around the clock for 13 weeks preparing for the grand opening, which included



PHOTO BY STEVE HIBBARD/THE GAZETTE

Costco employee Rosa Roca stocks the Bertucci gift cards.

SEE COSTCO, PAGE 3

## Computer Clubhouse For Young Techies

Mount Vernon children in underserved areas learn technology skills.

BY STEVE HIBBARD  
THE GAZETTE

The Computer Clubhouse at Gum Springs Community Center offers about 150 underserved children in the Mount Vernon area the chance to learn cutting-edge software and computer skills, filmmaking, blogging, Podcasts and robotics.

During the summer, children in Kindergarten through high school can record their own music on

CDs, learn digital photography, and write on a blog, which has 400-plus entries including short stories, poetry, photos, videos and book reviews.

The club also takes local field trips to the Torpedo Factory and the Air and Space Museum, and week-long trips where 14 youths went to the NASA Space Camp at Wallops Island, Va. The funding was provided by Equal Footing

SEE COMPUTER, PAGE 3

8/9/13  
REQUESTED IN HOME  
MATERIAL  
TIME-SENSITIVE  
POSTMASTER:  
ATTENTION

PERMIT #482  
ALEXANDRIA, VA  
PAID

CIRCULATION  
VERIFICATION  
COUNCIL

PRST STD  
U.S. POSTAGE

# LONG & FOSTER

## ALEXANDRIA • KINGSTOWNE CENTER



**Lorton 8956 Waldren Way**  
**\$345,000**  
 Incredible Modern Townhouse Backing To Woods! Short 5 Min Walk To Lorton Station Vre And Minutes Drive To Route 1 And 95. Updated Bathrooms! Ss Appliances! Granite Counters! Newer Paint Throughout '13, Newer Carpet, New Premium Hvac W/hum, Elec. Air Filter '12, Siding/windows/gutters '07, Gorgeous Back Yard With Stone Pavers And Pond. Large Storage/laundry/hvac Room. Go And Show!  
**Zack Rel 703595-3513**



**Alexandria 1336 Martha Custis Dr #525** **\$249,900**  
 Popular, Rare & Sought After 1 Br Jackson W/ Delightful Floor Plan Bright & Sunny W/ Professionally Installed Private Patio, Overlooking Lush Green & Beautiful Common Area. Nicely Finished Golden Hardwoods. Replaced Vinyl Windows. Washer/ Dryer In Separate Closet W/shelving. Recently Installed Combo Heating & Ac Units. Spacious Br W/ Ample Storage. Enjoy Parkfairfax Amenities.  
**Rita Tassa 703-629-8624**



**Alexandria 4217 Corcoran St** **\$379,950**  
 Pride Of Ownership! Beautiful Brick Front Home On Deep Fenced Lot. Wood Burning Fireplaces In Living Room And Huge Lower Level Family Room. Separate Dining Room And Small Table Space In Kitchen. Wood Floors On Main Level. Two Bedrooms With Direct Access To Full Baths. Lower Level Storage And Utility Room. Deck Off The Dining Room. Pool Can Convey Or Owner Will Remove.  
**Paul Petefish 703-2776220**



**Alexandria 5972 Wescott Hills Way**  
**\$525,000**  
 Stunning Brick Front Town Home W/1 Car Garage! Open And Sunny Floor Plan Offers: Quartz Counter-tops And Newer Stainless Appliances, Updated Half Bathrooms, Newer Carpet, New Deck, Hot Tub, Pavers (front & Back), New Roof, Triple Pain Windows, New French Doors, Newer Hvac And Hot Water Heater. Freshly Painted And Awaiting Your Personal Touches! Close To Metro And Ft Belvoir.  
**Rich Primrose 703-299-2352**



**Fairfax 8757 Copeland Pond Ct** **\$899,900**  
 Gorgeous Colonial In Sought After Community, Mantua-Frost-woodson Pyramid; Move In Ready! Eat In Kit. W/granite & Stainless St. Applincs; Great Room Off Kit. W/elegant Built Ins And Gas Fp Laundry/mud Rm. Huge Walk-in Pantry; Mbr W/ 2 Walk In Closets. Lower Lvl. Rec.rm W/ Fp And Br/den/office. Storage Galore. Pool Membership Available.  
**Ann Casey 703-863-5059**



**Springfield 8556 Groveland Dr** **\$385,900**  
 A Beautiful Single Family Home For The Price Of Townhouse In Heart Of Springfield. It Is Four Bedrooms And Two Full Bath. The House Is Currently Being Painted And New Carpet Will Be Installed Throughout The House.  
**Fawzia Noori 571-241-6646**



**Alexandria 6935 Mary Caroline Cir #E** **\$249,999**  
 Nice 2 Bdrm, 2 Bath 2nd Floor Condo, Wood Fireplace In Living Room. Just Painted, Newer Appliances & Granite Counters In Kitchen, Lg Balcony. Excellent Location, Next To Kingstowne Shopping Ctr, Convenient To 1495, 1395 Lots Of Community Amenities, Metro Shuttle, Pools, Playground, Volleyball, Tennis, Community Ctr.  
**Maridol Garcia-Joy 703-655-0777**



**Fairfax Station 9326 Hallston Ct** **\$739,900**  
 Barrington Beauty! Recently Renovated Kitchen Has All The Bells & Whistles! This Homehas Been Meticulously Decoratedthroughout & Landscaped To The 9's. 2 Story Family Room Off Of The Kitchen. New Carpet Throughout. Lovely Patio In Very Private Backyard. One Of The Largest Lots. Barringtonhas Been Showcased In The Washington Post As The Neighborhood To Live In! Cul-de Sac!  
**Allison Gillette 703-307-5698**



**Alexandria 3912 Spect Ct** **\$399,950**  
 Brick Rambler \* Freshly Painted Throughout \* Hardwood Floors On The Main Level \* Kitchen Opens To Large Addition Which Can Be A Family Room, Dining Room Or Combination \* Middle Bedroom On The Main Level Can Also Be Used As A Dining Room \* Lower Level Rec Room With Gas Fireplace \* Home Backs To Open Area \* No Through Traffic \* Great Home For Daycare \* Think 203k Or Conv Rehab Loan For Kitchen.  
**Paul Petefish 703-244-6220**



**Burke 5827 Cove Landing Rd #303**  
**\$249,500**  
 Quiet And Beautiful Burke Cove. Sparkling 2 Bedroom, 2 Bath Condo. Ready For You! New Entrance Flooring And Replaced Carpeting. Freshly Painted. Newly Remodeled Kitchen. Replaced Windows And Sliding Glass Door. New Water Heater. Updated Baths. Spacious Separate Storage Unit In Lower Level. Balcony Overlooking Wooded Area.. Convenient To Vre And Fairfax County Pkwy.  
**Rita Tassa 703-629-8624**

5911 Kingstowne Village Parkway, Suite 100  
 Alexandria VA 22315



703-313-6500



www.longandfoster.com

## PEOPLE

# Still Pursuing Justice

Former police detective seeks police oversight board.

BY GERALD A. FILL  
 THE GAZETTE

D.C. residents and three U.S. Presidents have placed their trust and safety in the hands of Nicholas "Nick" Beltrante for many years before he retired from the D.C. Metro Police in 1963. Now, at 86, the twice-retired Metro D.C. police homicide/robbery detective and private investigator continues to work toward safeguarding the rights of others by proposing to the Board of Supervisors the creation of a Police Citizens Oversight Board which would be charged with investigating citizen complaints, promoting police accountability, and serving as an independent voice for citizens.

This is only the latest effort by Beltrante to pursue justice and safeguarding the rights of citizens in a long and distinguished career.

Beltrante has been a part of Presidential and Washington history for the last half of the 20th century. Among his D.C. Metro police assignments, he served on details to protect Presidents Truman, Eisenhower and Kennedy. The former World War II Navy corpsman and U. S. Marine also participated in the investigation of the assassination of President Kennedy.

After a career with the D.C. Metro police — with 37 commendations — Beltrante moved to Virginia, forming his own private investigation firm in 1971, Beltrante & Associates, Inc.

Some of the Beltrante's more public assignments as a private investigator included debugging the Democratic National Headquarters at the Watergate Complex and serving as director of security for the George McGovern Presidential Campaign. He also voluntarily played a key role in establish-

ing state licensure requirements for private investigators, formed a Virginia association of private investigators, and was instrumental in drawing up a code of ethics and professionalism for private investigators.

His 86 years and two retirements have not slowed or dulled his sense of justice. Beltrante followed the fatal shooting of Vietnam veteran David Masters some three years ago. He was disturbed by the unprovoked shooting and decided then to create an advocacy organization: the Virginia Citizens Coalition for Police Accountability to serve as support for his efforts to convince the Board of Supervisors that they should set up a police citizen oversight board to

investigate complaints about alleged police misconduct. The idea was rejected. That was in 2010. Instead the board assigned its independent auditor the responsibility to investigate citizen complaints of alleged police misconduct.

Since 2010 Beltrante and the coalition have identified six victims of police shootings since 2006. They were all unarmed as far as he can determine. One was shot 11 times. Another was



Beltrante

a SWAT team member who said he accidentally bumped his arm on the door and his gun went off as he was getting out of his car to present a warrant to the suspect for sports gambling. The victim was shot in the chest and was unarmed. He had no police record, and was an optometrist. Although the police officer was not prosecuted the county settled a lawsuit with the victim's family for \$2 million.

Since Beltrante began his effort to improve citizen oversight, the U.S. Justice Department's civil rights division has pro-

SEE BELTRANTE, PAGE 7

### Hi Neighbor - Market's Up and Summer is Here!



"According to a recent national poll, 53% said they believe now is a good time to begin improving the look and feel of their homes." —Houzz & Home 2013

My family and I have lived and worked in your community for over 30 years. My carpentry work is meticulous and I take great pride in completing your projects on time and on budget — just ask my clients. Let me give you a free quote on those projects you've been dreaming about.

**Phillip Norris - 30 Years of Finish Carpentry & Trim Work Expertise**

Licensed • Bonded • Insured • References Provided with Pride  
**Ofc: 703.684.5215 Cell: 703.403.2994**  
**Finishcarpentry-1@comcast.net**

A lie can travel halfway around the world while the truth is putting on its shoes.

—Mark Twain

# Computer Clubhouse Serves Young Techies

FROM PAGE 1

Foundation.

"It's a place to help children find their passions through the use of technology," said Jyll Turner, 43, of Alexandria, who runs the Intel Computer Clubhouse at Gum Springs.

"They're excited about learning and developing skills in areas that they're passionate about," said Turner, who keeps track of developing software trends the youngsters might enjoy.

The Kindergarteners start with Tux Type software and learn how to type. Older kids can learn to use Adobe PhotoShop, Publisher, Microsoft Suite and PowerPoint, Adobe Premiere for editing digital videos, and Sculptris.

Turner says the skills are transferable in later life — like reading gleaned from the Book Club, or public speaking gleaned from the Poetry Club, or Prezi (online PowerPoint) for making presentations.

The club has a professional recording studio with an electronic keyboard, drum machine, mixing board and microphones so youths can do their own Podcasts, record original Hip-Hop music, and create ring tones for their cell phones.

Other workshops offered are Responsible Media Club and Broadcast Journalism. The Poetry Club takes field trips to Busboys & Poets in the District, where the youths do live poetry performances.

The youths shot pictures in a nearby graveyard in Gum Springs, the oldest African-American community in Fairfax County, and displayed them in the lobby.

After reading her book, "Good Fortune,"

the members of the Book Club got to Skype with its author Noni Carter and ask questions. On Monday, they sculpted volcanoes made out of homemade Play-Doh and created digital sculptures on the computer using Sculptris Software.

"We're trying to help them reach their passions and put them on equal footing with everyone else," said Turner, a self-taught software guru. "This place is a place where it's a safe environment to discover who you are and what you want to be."

The 20-year-old Intel Computer Clubhouse Network has a partnership with Neighborhood and Community Services, and Gum Springs is one of 105 sites in the U.S. and in 20 worldwide serving underserved areas where kids don't have access to technology. Fairfax County has six clubs funded by grants from Intel.

After they made their digital films using Adobe Youth Voice, they invited the community to watch them at a Short Film Showcase. The youths did their own filming, editing, story boards — even their own acting.

Matavin Williams, 15, of Spring Gardens, has been attending the Computer Clubhouse for almost 10 years. The West



**Members of the Computer Clubhouse at Gum Springs Community Center (from left): Jude Adekura, Christopher Hernandez, Daniel Mulugeta, Yoshi Velez, Ryan Gamboa and Jeremiah Cauty with Director Jyll Turner.**

Potomac High sophomore created two films called "Gossip" and "Depression" that he posted on the Computer Clubhouse Blog.

"I just learn new things about myself that I didn't know before," said Williams who wants to pursue journalism. "When Ms. Jyll had us do poetry, I discovered that I wanted to be a writer."

Richard Lamptey, 15, is a sophomore at West Potomac High who lives in Gum Springs.

"I have worked on Mindstorm Robotics," he said. "We made this animation of a car that moved back and forth." He also takes advantage of the clubhouse's Microsoft Word to do his homework.



**Matavin Williams, 15, of Spring Gardens with Jyll Turner, Computer Clubhouse director, at NASA Space Camp at Wallops Island, Va.**

Taiyon Jackson, 9, is a third-grader at Stratford Landing Elementary who enjoys playing online games at Miniclip.com, making faces on Sculptris, and playing computer car games. "I made this eye goggle thing for a secret agent," he said. "And Ms. Jyll is nice."

The Computer Clubhouse has a sliding-scale fee for parents based on salaries. It is located at Gum Springs Community Center, 8100 Fordson Road. It meets Mondays through Fridays from 9 a.m. to 5 p.m. during the summer; and 2:30 to 7 p.m. during school days. Call Turner at 703-360-3014 or email Julia.Turner@FairfaxCounty.gov or visit [www.computerclubhouse.org](http://www.computerclubhouse.org).

## Costco To Employ 200-plus

FROM PAGE 1

a VIP Open House Party on Wednesday evening.

"We're really excited about opening," said store manager Zade Parson of Aldie, whose license plate spells: [heart]COSTCO. "I'm very impressed with the quality, value, integrity and service we're going to offer the community." She said Costco plans to participate in the Alexandria and Mount Vernon community. "We're going to be very happy to be a partner in the community."

The membership club specializes in low prices on quality brand-name merchandise, offering a smorgasbord of everything from tires to electronics to coffins — even Jeeps. It has deals with local car dealerships to provide discounts on many brands of automobiles.

Its tire center carries 114 different types of tires, with 1,400 Michelin and Bridgestone tires in its inventory. There is a 24-hour delivery service.

A Boutique Wine section is featuring high-end wines like 2009 Pahlmeyer Red Blend from Napa Valley or a 2009 Merus Cabernet Sauvignon from Napa Valley, among oth-

ers.

The Road Shows and Tastings highlight rotating vendors such as Popcornopolis, Mayorga Coffee, Cuisine Solutions Sous-Vide and Prepared Foods and Aidells Sausage.

The clothing and shoe departments feature top-name brands such as Nike, Cole Hahn, Kirkland Signature shirts, Patagonia down jackets. There is also a full line of designer purses made by Chanel, Prada and Michael Kors.

This store has its own food court offering \$1.50 for all-beef kosher hotdogs and sodas, pizza, beef brisket sandwiches with coleslaw, smoothies and caesar salads.

It has a bakery staff of 14, baking birthday cakes, fresh croissants, bread, cakes, cookies and pastries daily. Its deli staff of 12 will be preparing Bruschetta, prosciutto, smoked and cured meats, exotic cheeses, caviar, mushrooms and truffles. Professional meat-cutters on staff process and cut beef, buffalo and pork chops, among other meats.

Costco's Hearing Aid Center offers its own brand of Kirkland Signature Hearing Aids. Its Optical Center offers designer frames made by Oakley, Armani and Gucci. The

pharmacy offers discounted prescription drugs.

The store's electronics department offers computer laptops, GPS devices, even a room-size 90-inch LED TV.

The full-service Photo Center offers photo processing, video to DVD conversion, photo repairs, canvas prints, passport photos, and ink cartridge refills.

The wireless cell phone center offers T-Mobile, AT&T, and Verizon products.

For larger kitchen appliances like refrigerators and stoves, Costco will deliver, install and haul away old appliances.

Costco has three types of membership: Executive for \$110, Business for \$55 and Gold Star for \$55. To join, stop at the membership counter of Costco, or call 1-800-774-2678 and a membership application can be faxed. Bring the completed application and fees to the membership counter at any Costco or mail to: Costco Membership



**The new Costco will open to the public Thursday, Aug. 8, along Route 1 next to Wal-Mart.**

P.O. Box 34783 Seattle, WA 98124-1783.

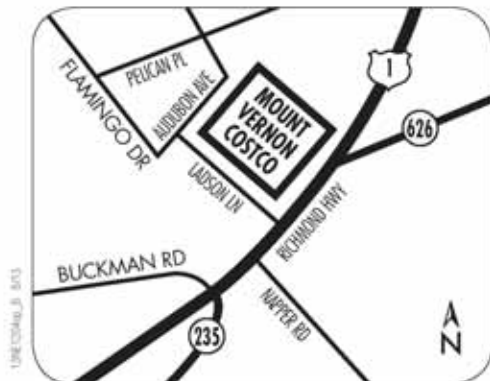
The company opened in 1976 in San Diego under the Price Club name. In 1983, the first Costco warehouse opened in Seattle. It became the first company ever to grow from zero to \$3 billion in sales in less than six years. Costco and Price Club merged in 1993, with 206 locations that generated \$16 billion in sales. Today, Costco's total annual sales exceed \$64 billion.

The new Costco is at 7940 Richmond Highway (Route 1), in Alexandria. Visit [www.costco.com](http://www.costco.com).

# Fill 'er up.



**We're  
opening  
today  
Aug. 8  
at 8 a.m.!**



 Follow Us  
Visit [facebook.com/Costco](https://www.facebook.com/Costco)

## MOUNT VERNON

7940 Richmond Hwy.  
Alexandria, VA 22306

A Costco membership is \$55 a year. An Executive Membership is an additional \$55 upgrade fee a year and includes an annual 2% Reward (up to \$750) on qualified Costco purchases. Each membership includes a free Household Card. Please include sales tax where applicable. Terms and conditions apply to the 2% Reward. See the membership counter for details. Costco accepts cash, checks, debit/ATM cards, EBT, Costco Dash Cards, Costco Credit Cards and American Express.

**COSTCO**  
**WHOLESALE**

# The Median Has No Message

Political signs banished from roadsides as campaign season heats up.

BY MICHAEL LEE POPE  
THE GAZETTE



LOUISE KRAFT/THE GAZETTE

Some people call them flowers of democracy. Others call them weeds of political pollution. Whatever one thinks of the campaign signs and placards that appear along the roads of Fairfax County, expect to see a lot fewer of them. Last month, county officials launched a new program in which nonviolent inmates at the county jail hit the streets four days a week to remove illegal signs.

With apologies to Marshall McLuhan, the message is no longer in the median.

Anger and resentment has been rising over the issue of roadside political signs for years, and campaigns frequently go to war with each other to see which side can plant or steal or deface the largest number of placards. Unlike Prince William County, which had an agreement with the Virginia Department of Transportation that allows the local government to collect the signs and fine violators, Fairfax was caught in a bind. Part of the Virginia code made it illegal for the county to remove the signs in Fairfax County until after an election.

Don't expect to see political signs in the medians of Fairfax County this election season. Crews of nonviolent offenders are out four days a week confiscating the placards thanks to a new arrangement with the Virginia Department of Transportation.

Until now.

Last year, Del. David Albo (R-42) introduced House Bill 34. The legislation amended Virginia law specific to Fairfax County, allowing the commissioner of highways to enter into an agreement with the Board of Supervisors. Instead of waiting for the Virginia Department of Transportation to enforce the law against signs in the medians, the new law allows Fairfax County to enter into an agreement similar to the one that already exists in Prince William allowing the local government to collect the signs and issue a \$100 fine for each violation.

SEE THE MEDIAN, PAGE 6

Be a part of our **Wellbeing** pages, the first week of every month.

Delight in our **HomeLifeStyle** sections, the second week of every month. Peek at the top real estate sales, glimpse over-the-top remodeling projects, get practical suggestions for your home.

Celebrate students, camps, schools, enrichment programs, colleges and more in our **A-plus: Education, Learning, Fun** pages, the third week of every month.

Questions? E-mail sales@connectionnewspapers.com or call 703-778-9431

Mount Vernon Gazette

## LAND BARGAIN!



**Mountain Homesite at Deep Creek Lake!**

**only \$79,900!** Adjacent lot sold for \$259,900

Boating - Golfing - Skiing and much more!

All infrastructure and amenities complete.

Find out how we can offer these spectacular deals at 70% off!

Excellent financing.

Open 8am - 8pm every day!

Call now: 877-888-7581 x84

Brokerage services provided by: GLS Realty, LLC • Office: 301-387-8100 • Robert Orr, Broker in charge



**Rex Reiley**  
**RE/MAX Allegiance**  
**703-768-7730**  
rex.reiley@rmxtalk.com



Alex./Mt. Vernon \$462,000

**8620 Curtis Avenue**

Lovely, spacious 4 BR/3 BA Split in the heart of Mt. Vernon - Hardwood floors throughout main level, eat-in kitchen with ceramic tiled floor. Walkout lower level offers a family room w/wood FPL, new carpet and new sliding glass door to a large, fenced backyard. Also, a 4th

BR, 3rd bath and den. 5 minutes to Ft. Belvoir, 15 mins to Old Town, 25 to Ntl Airport and 30 to D.C./Pentagon. Priced for a quick sale.



Alex./Mt. Vernon Terrace \$664,900

**5108 Mt. Vernon Memorial Hwy**

Stunning 5 BR, 3 BA brick Cape, remodeled from top to bottom on an absolutely spectacular .53 acre lot. Updated kit & baths w/beautiful family rm addition across the back opening to a beautiful deck. Refinished hwd flrs, fully finished w/o basement to a huge patio overlook-

ing expansive fenced backyard. An amazing setting - 5 minutes to Ft. Belvoir, 20 mins to Old Town & 30 mins to Ntl Airport - Gorgeous, Gorgeous Home!



Alex./Woodleigh Woods \$544,900

**3804 Maryland Street**

Lovely, updated, 4 BR, 2.55 BA Contemporary Colonial on a pristine lot backing to scenic woods. 3 finished levels including w/o from the LL to a lovely patio. Large screened porch sits off the living rm, open kitchen w/breakfast area & wood-burning FPL. Large windows surround the house taking full advantage of

the exquisite landscaping & woods. Enjoy the wildlife. Minutes to Ft. Belvoir, 15 mins to Huntington Metro & Old Town, and 30 mins to Ntl Airport & Pentagon. Great buy!



Alex./Hollin Hall \$454,900

**7926 New Market Road**

Absolutely lovely home w/over \$130k in recent improvements in great location! Stunning front porch and Family Room addition in 2009 by custom builder. Slate floor on front porch and back patio. New in 2012 & '09: large shed, cedar fence, driveway, roof, dishwasher, hot water, stove, humidi-

fier. Beautiful backyard. It's a gem! Waynewood Elementary, close to G.W. Parkway, Potomac River and minutes to Old Town.



Alex./Riverwood \$784,900

**3713 Riverwood Road**

Fabulous 5 BR, 3.5 BA Colonial in prestigious river front community of Riverwood. 3 finished levels, updated & expanded kitchen w/plenty of storage - large sun room addition with wrap-around deck overlooking a beautiful, fenced bkyd. 425 SF of storage below sun room - remodeled

baths - finished walkout lower level w/2 BRs, rec room, den and full bath. 5 minutes to Ft. Belvoir, 15 mins to Old Town, Alex, 25/30 mins to Pentagon/D.C.



Alex./Riverside Est. \$470,000

**8404 Bound Brook Lane**

Lovely 4 BR, 2.5 BA Colonial (3,000 SF under roof), in Mount Vernon. Large spacious bedrooms, (2 MBRs), beautiful refinished hardwood floors on main and upper levels. Family room off the kitchen, freshly painted interior, 2 FPLs, large unfinished basement

for storage or finishing. Walk to Elementary and High Schools. 7 minutes to Ft. Belvoir (South) and 25 mins to Ntl Airport (North) - Great Value!



Alex./Riverside Estates \$449,500

**8359 Orange Court**

Large 5 BR, 3 BA Split Foyer with spacious 2-car garage, landscaped and fenced back yard in the heart of Mt. Vernon in lovely Riverside Estates community. Freshly painted interior, and beautiful refinished hwd floors. Furnace, A/C and hot water heater

replaced. 5 mins to Ft. Belvoir, 15 mins to Old Town, Alex, 30/35 to Pentagon/D.C. Walk to elementary and high schools. Lots of house for a good price.

For more information:  
[www.RexReiley.com](http://www.RexReiley.com)

Each Office Independently Owned and Operated



# TCHOUPITOULAS

Fine Furnishings and Interior Design



Join us for our Monthly Second Friday  
**Grand Fête de la Maison!**



*Tradition with a Twist*

**Friday, August 9th, 6:00 PM–8:00 PM**

Sip on fabulous champagne and nibble on the best bites from **Grape + Bean**, while you view our gorgeous inventory!

210 N. Lee Street ~ Alexandria ~ 703-299-0145

All are welcome! • Bring your friends, family and colleagues!

This is an amazing event!

[www.TchoupitoulasFurnishings.com](http://www.TchoupitoulasFurnishings.com)

R.S.V.P. at [GrandFetedelaMaison.Eventbrite.com](http://GrandFetedelaMaison.Eventbrite.com)

## NEWS

# The Median Has No Message

FROM PAGE 5

“Once you do it a couple of times, then nobody does it anymore,” said Albo. “Politicians are running to write laws, and they don’t want to break them.”

**ALBO SAYS** the 2011 campaign was the last straw. As the election for state Senate approached, the roadsides of Fairfax County were littered with thousands of signs for every candidate under the sun. Because two different attorneys general issued conflicting opinions about whether or not political signs constituted free speech, Albo said, candidates could argue the practice was legal. Albo’s bill this year ended that ambiguity, clarifying the law even as it gave new authority to Fairfax County.

“This is something that has bothered

people for a number of years,” said Springfield Supervisor Pat Herry. “The county has tried before to address it, but we’ve clearly got it addressed this time.”

Back in February, the supervisors approved a contract with VDOT. Now, as a result of Albo’s legislation and the supervisors’ agreement,

Fairfax County has a contract to enforce VDOT’s rules. The new program launched on July 1, and the clean-up crew of inmates has been out every Tuesday to Friday since that time. County leaders say the weekends are still fair game.

“Signs will be removed from selected highways, not all neighborhood streets,”

said Troy Manos, communications director for Bulova. “Basically that means if you are having a garage sale and you want to put a sign at the end of a small residential street, that would be OK.”

**“Signs will be removed from selected highways, not all neighborhood streets. Basically that means if you are having a garage sale and you want to put a sign at the end of a small residential street, that would be OK.”**

— **Troy Manos, communications director for Fairfax County Board of Supervisor Chairman Sharon Bulova**

**EXPERIENCE YOUR LIFE IN HIGH DEFINITION.**

Discover the high definition lifestyle awaiting you here at Westminster at Lake Ridge.

FOR A LIMITED TIME, SAVE UP TO \$25,000 OFF THE ENTRANCE FEES ON ALL COTTAGES, PLUS OTHER OPPORTUNITIES TO HELP WITH YOUR MOVE TO WESTMINSTER AT LAKE RIDGE!

Discover cottage living in one of northern Virginia’s most beautiful settings. Imagine summer morning walks or afternoon tea with neighbors on your outdoor patio, overlooking the serene, manicured campus. Westminster at Lake Ridge offers the best of all worlds. Our location, near the historic town of Occoquan has all the small town charm and friendliness you desire, yet is just a few miles from the excitement of our nation’s capitol.

Visit us and see for yourself—in addition to our cottages, Westminster at Lake Ridge also offers beautiful apartment homes all with the security of on-site health care.

Call us at **703-496-3440** to find out more about these exciting opportunities.

Visit us on the web at [www.wlrva.org](http://www.wlrva.org)

**Westminster**  
at Lake Ridge

Northern Virginia’s Best Kept Secret in Retirement Living

12191 Clipper Drive  
Lake Ridge, VA 22192  
703-496-3440



## Visit These Houses of Worship

Join a Club, Make New Friends, or Expand Your Horizons...

### Good Shepherd Catholic Church



#### Mass Schedule

**Saturday Evening**  
5:00 pm Vigil Mass  
6:30 pm Vigil Mass (en Español)  
**Sunday**  
7:30 am; 9:00 am (with Sign Language Interpreter & Children’s Liturgy of the Word); 10:30 am; 12:00 Noon; 2:00 pm (en Español); 6:30 pm

**Weekday & Saturday Mornings:** 9:00 am Mass, followed by Rosary (on First Friday, Mass followed by Eucharistic Adoration)  
**Thursday & First Friday of the Month:** 7:30 pm Mass en Español

8710 Mount Vernon Highway, Alexandria VA, 22309  
Tel: 703-780-4055 Fax: 703-360-5385 [www.gs-cc.org](http://www.gs-cc.org)

**Living as Christ loves, serving as Christ serves**

- |  |   |  |   |
|--|---|--|---|
| <b>CHURCHES—AFRICAN METHODIST</b><br>EPISCOPAL ZION<br>ALLEYNE ABE ZION CHURCH<br>...703-546-3888<br><b>CHURCHES—ANGLICAN</b><br>CHRIST THE SAVIOUR<br>...703-953-2854<br>ST. ANDREW & ST. MARGARET OF SCOTLAND...703-683-3343<br>CHRIST THE KING ANGLICAN CHURCH<br>...703-535-6815<br><b>CHURCHES—APOSTOLIC</b><br>LOVE OF CHRIST CHURCH<br>...703-518-4404<br><b>CHURCHES—BAPTIST</b><br>ALFRED STREET BAPTIST CHURCH<br>...703-683-2222<br>COMMONWEALTH BAPTIST CHURCH...703-548-8000<br>CONVERGENCE CREATIVE COMMUNITY OF FAITH...<br>703-998-6260<br>DEL RAY BAPTIST CHURCH<br>...703-549-8116<br>DOWNTOWN BAPTIST CHURCH...703-549-5544<br>FIRST AGAPE BAPTIST COMMUNITY OF FAITH<br>...703-519-9100<br>FIRST BAPTIST CHURCH OF ALEXANDRIA...703-684-3720<br>PROVIDENCE-ST. JOHN BAPTIST CHURCH...703-683-2565<br>SHILOH BAPTIST...703-683-4573<br>MT. PLEASANT BAPTIST CHURCH<br>...703-256-1239 | <b>PLYMOUTH HAVEN BAPTIST</b><br>...703-360-4370<br><b>CHURCHES—BRETHREN</b><br>GRACE BRETHREN CHURCH<br>...703-548-1808<br>ALEXANDRIA CHURCH OF GOD...703-548-5084<br><b>BUDDHISM</b><br>THE VAJRAYOGINI BUDDHIST CENTER...202-331-2122<br><b>CHURCHES—ROMAN CATHOLIC</b><br>GOOD SHEPHERD CATHOLIC CHURCH...703-780-4055<br>ST. JOSEPH CATHOLIC CHURCH...<br>703-836-3725<br>ST. LOUIS CATHOLIC CHURCH<br>...703-765-4421<br>ST. MARY CATHOLIC CHURCH...<br>703-836-4100<br><b>CHURCHES—CHRISTIAN</b><br>HIS KINGDOM MINISTRIES<br>...703-313-5029<br>FIRST CHRISTIAN CHURCH OF ALEXANDRIA...703-549-3911<br><b>CHURCHES—CHRISTIAN SCIENCE</b><br>FIRST CHURCH OF CHRIST, SCIENTIST, ALEXANDRIA...<br>703-549-7973<br>CHRISTIAN SCIENCE CHURCH MT. VERNON...703-768-2494<br><b>CHURCH OF CHRIST</b><br>ALEXANDRIA CHURCH OF CHRIST...703-836-3083 | <b>CHURCHES—EPISCOPAL</b><br>EMMANUEL EPISCOPAL CHURCH<br>...703-683-0798<br>ST. AIDAN’S EPISCOPAL CHURCH...<br>703-360-4220<br>ST. JAMES EPISCOPAL CHURCH...<br>703-780-3081<br>ST. LUKE’S EPISCOPAL CHURCH<br>...703-765-4342<br>ST. MARK EPISCOPAL CHURCH...703-765-3949<br><b>CHURCHES—LUTHERAN</b><br>EPHANY LUTHERAN CHURCH...703-780-5077<br>BETHANY LUTHERAN...<br>703-765-8255<br>EVANGELICAL LUTHERAN CHURCH...<br>703-765-5003<br>GOOD SHEPHERD LUTHERAN CHURCH...703-548-8608<br>IMMANUEL LUTHERAN CHURCH,<br>MISSOURI SYNOD...703-549-0155<br>MESSIAH EVANGELICAL LUTHERAN CHURCH, ELCA...<br>703-765-5003<br>NATIVITY LUTHERAN CHURCH, ELCA...703-768-1112<br><b>CHURCHES—ORTHODOX</b><br>SAINT APHRAIM SYRIAC...<br>201-312-7678<br>ALL SAINTS OF AMERICA<br>...703-417-9665<br><b>CHURCHES—PRESBYTERIAN</b><br>CALVARY PRESBYTERIAN CHURCH...703-768-8510<br>ALEXANDRIA PRESBYTERIAN CHURCH...<br>703-683-3348 | <b>OLD PRESBYTERIAN MEETING HOUSE</b> ...703-549-6670<br>HERITAGE PRESBYTERIAN...<br>703-360-9546<br>MT. VERNON PRESBYTERIAN...<br>703-765-6118<br><b>UNITED CHURCH OF CHRIST</b><br>HOPE UNITED CHURCH OF CHRIST...703-960-8772<br><b>CHURCHES—UNITED METHODIST</b><br>ALDERGATE UNITED METHODIST...703-765-6555<br>BEVERLY HILLS COMMUNITY UNITED METHODIST...<br>703-836-2406<br>DEL RAY UNITED METHODIST CHURCH...703-549-2088<br>FAIRLINGTON UNITED METHODIST CHURCH...<br>703-671-8557<br>ROBERTS MEMORIAL UNITED METHODIST CHURCH...<br>703-836-7332<br>ST. ANDREW’S UNITED METHODIST CHURCH...<br>703-751-4666<br>TRINITY UNITED METHODIST CHURCH...703-549-5500<br>WASHINGTON FARM UNITED METHODIST...703-780-4696<br>WASHINGTON STREET UNITED METHODIST...<br>703-836-4324<br><b>CHURCHES—UNITARIAN</b><br>MOUNT VERNON UNITARIAN CHURCH...<br>703-765-5950 |
|--|---|--|---|

To Advertise Your Faith Community, call Karen at 703-917-6468

# Beltrante Still Pursuing Justice

FROM PAGE 2

vided the CCPA with a list of 61 civil rights complaints that have been filed against Fairfax County. This is now part of the evidence that Beltrante's organization plans to include as they prepare to file a civil rights complaint with the Department of Justice against Fairfax County.

Highly regarded by his peers, Beltrante

was honored by the National Association of Investigative Specialists with its Lifetime Achievement Award.

According to Martin Bordell, a fellow D. C. police officer, "Nick Beltrante represents the highest level of professionalism; he is a true American; a public service record second to none."

Kevin Hooks, president of Interprobe, Inc, and a former employee of Beltrante's who

has known him since 1984, sums up his character: "He has the respect of all of us who worked for and with him, and we knew him as an excellent investigator. Not content to merely run a private investigation agency, he lobbied successfully for state license requirements for private investigators, and founded the Association of Private Investigators of Virginia. He left the profession better than he found it."

## Profile

**NICHOLAS BELTRANTE**

**Age:** 86

**Education:** Bachelor of Laws degree, LaSalle University; Associate Degree, Penn State Institute of Criminology

**Military Service:** Former WW II hospital corpsman, U.S. Navy. Served on the Hospital Ship USS Consolation in Tokyo Bay, Japan as a pharmacist mate. After four years transferred and served in the U.S. Marine Corps.

**Employment:** Metropolitan Police Department Detective, Homicide and Robber. Also, served on the Presidential security detail to assist the Secret Service in protecting the President.

**Business:** Founded Beltrante & Associates, Inc. in 1971, a private investigation agency. Sold in 2007.

### Local BUSINESSES Support the COMMUNITY

- \$60,000 donated for local high school scholarships
- Thousands of dollars given to local charities
- Commercial taxes support schools and public services

**SUPPORT LOCAL BUSINESSES!**  
Money spent at local businesses stays in the community.  
Your Bucks Shop Here!

For special local business discounts please visit  
[www.BuyMountVernon-Lee.com](http://www.BuyMountVernon-Lee.com)



**Mount Vernon-Lee**  
CHAMBER of COMMERCE



**Mount Vernon Voice**



Mount Vernon Gazette



Roy Rogers



ServiceMASTER Clean



USHU



HILLTOP GOLF CLUB



INOVA MOUNT VERNON HOSPITAL



Inkwell Duck, Inc.



HISTORICAL AUTOMOBILE SERVICE STATION

## *La Petite Hairstylists*

Specializing in

- ♥ Hair Style & Cut ♥ Highlights ~ Foil/Cap
- ♥ Perm ♥ Hair Extension

BEFORE



**Brazilian Blowout**

- Japanese Perm
- Hair Straightening
- Manicure & Pedicure
- Wax

AFTER



1703 Belle View Boulevard, Alexandria  
703-765-4744 • [www.lapetitehairstylists.com](http://www.lapetitehairstylists.com)

## DESIGN PUBLIC HEARING

### ROUTE 1 IMPROVEMENTS AT FORT BELVOIR

East of Cook Inlet Drive to Belvoir Station Road (Sections B, C, D)  
FAIRFAX COUNTY

**Meeting:** Wednesday, **September 11, 2013; 6-9 PM;** South County Center (second floor), 8350 Richmond Highway, Alexandria, VA 22309.


**Purpose:** The Federal Highway Administration (FHWA), in cooperation with Fairfax County, The Virginia Department of Transportation (VDOT) and the U.S. Army Garrison Fort Belvoir, is holding the first of two public hearings to present information concerning Route 1 Improvements at Fort Belvoir. This first public hearing focuses on improvements from 750 feet east of Cook Inlet Drive to Belvoir Station Road (Sections B,C,D). A second public hearing for improvements from east of Pohick Road to 750 east of Cook Inlet Drive (Section A) and east of Belvoir Road to Mount Vernon Memorial Highway (Sections E) will be held later this Fall, 2013. In compliance with the National Environmental Policy Act (NEPA) and 23 CFR Part 771, an Environmental Assessment (EA) was completed for this project and a Finding of No Significant Impact (FONSI) was approved in November 2012.

The September 11 public hearing will be conducted in an Open Forum format. Project information displayed for public review will include the project plans, property impacts, relocation assistance information, and tentative construction schedules. Informational displays and handouts will be available at the meeting and project staff will be on hand to answer questions. Project plans will also be available for review starting August 12, 2013, at the following locations: Sherwood Regional Library, South County Center, and the offices of the Fairfax County Department of Transportation and FHWA (at address noted below). The EA is also posted on FHWA's website, [www.Fhwa.dot.gov/projects/environment.aspx](http://www.Fhwa.dot.gov/projects/environment.aspx), and additional project information can be found on the project website, [www.rte1ftbelvoir.com](http://www.rte1ftbelvoir.com).

**Comments:** Comments or other information relevant to the project may be submitted at the meeting or sent to Mr. Robert Morris, Senior Project Manager, Federal Highway Administration, Eastern Federal Lands Highway Division, 21400 Ridgetop Circle, Sterling, VA 20166, by the end of the business day on September 21, 2013. Comments may also be submitted via email to: [robert.morris@dot.gov](mailto:robert.morris@dot.gov).

**Special Assistance:** FHWA ensures nondiscrimination and equal employment in all programs and activities in accordance with Title VI and Title VII of the Civil Rights Act of 1964. If you need more information or special assistance for persons with disabilities or limited English proficiency, contact Rick Richardson, Corman-Wagman Joint Venture, at 710-339-0808.

State Project: 0001-029-938, P101    UPC: 103073



U.S. Department of Transportation  
Federal Highway Administration



## SELECT SECONDS THRIFT SHOP

### SUMMER CLEARANCE SALE

**August 10-15**  
**1/2 Price on All Merchandise**

**August 16-21**  
**One Dollar on Clothing, Accessories and Shoes**  
**1/2 Price on All Other Items**

**August 22-23 Closed**

**Reopen with New Selection for Fall and Winter**  
**August 24**

**WOODLAWN SHOPPING CENTER**  
**8736 RICHMOND HIGHWAY**  
**703.780.4603**

**Hours:**  
**Monday-Friday 10-4 • Saturday 10-2**

**INOVA MOUNT VERNON HOSPITAL AUXILIARY**

# OPINION

## Issues That Matter

### Mental health services discussion gives insight into real differences between candidates.

It came as somewhat of a relief to have the candidates for governor in Virginia, Ken Cuccinelli (R) and Terry McAuliffe (D), discuss an actual issue that matters to many Virginia families this week at a forum on mental health issues.

While press coverage of Cuccinelli and McAuliffe might lead one to believe that they are two similar, ethically challenged candidates, in fact they differ dramatically in their views about key issues affecting Virginia.

Money is critical to providing appropriate mental health services. So is access to health insurance that covers treatment for mental illness.

Virginia has an opportunity to expand health care for poor residents, with the bill paid by the federal government. Virginians are already paying the taxes that fund the expansion of Medicaid in other states. This would provide coverage for individuals with income up to \$14,856 — \$30,656 for a family of four.

Cuccinelli opposes expanding Medicaid; McAuliffe supports it.

Virginia stands to lose more than \$9.2 billion in federal funds over the first five years if it opts out of Medicaid expansion to individu-

als and families with incomes up to 133 percent of the poverty level.

It's a travesty that legislators engaged in partisan grandstanding could get to decide that as many as 400,000 Virginians would not get access to health coverage.

About 13 percent of Northern Virginia residents do not have health insurance. Fairfax County government, which supports the expansion, says it would provide coverage for 25,000 to 30,000 Fairfax County residents.

### Beyond Gifts And Disclosure

It's unlikely that there will be a special session of the General Assembly to address "holes" in Virginia's disclosure laws. No doubt some changes to rules on gifts to candidates and officials and their families will emerge from the next session of the Virginia General Assembly, which begins in January.

Virginia is one of only a few states with no limits on campaign contributions and little oversight on campaign spending, setting the stage for abuses beyond gifts, shopping sprees,

etc. Reform should move beyond gifts and into genuine campaign finance reform.

### Share Wisdom, Second Request

Our Insider's Edition Newcomers and Community Guides, will publish the last week of August. Thank you to the many people who have sent in contributions for publication. We are still seeking more input.

What tips do you have for someone getting to know your community? Do you have a favorite park? What sites in your community do you take visitors to see? We're hoping to share the places, activities, events, organizations and volunteer opportunities your neighbors might not know about.

Faith organizations, nonprofit organizations, clubs, environmental groups, advocacy groups, youth sports teams and others who offer events open to the public are invited to send a paragraph about the organization and how to get involved.

Email tips and photos to editors@connectionnewspapers.com. Send in your Insider's Tips by Friday, Aug. 16. For information on advertising, email sales@connectionnewspapers.com or call 703-778-9431.

— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM

#### LETTERS TO THE EDITOR

### Pedestrian Unfriendly

To the Editor:

Costco seems to have designed its new store at Richmond Highway and Sherwood Hall Lane for somewhere reachable only by auto, with high blank walls facing the street and the building's front facing its parking lot. The entrance is as far as possible from the nearest road. But there's a group of townhouses a hundred feet away, and a dense community with over 100 homes along the back edge of the Costco property. Across Richmond Highway is an apartment community surrounded by the houses of Gum Springs. I would guess that there are several thousand people living within easy walking distance of the store.

But Costco's designers seem to have neglected pedestrians: someone walking from the community behind the store will want to enter the property on the corner and cut across the parking lot to the entrance, saving one or two hundred feet of walking, but Costco didn't install a sidewalk or stairs to accommodate. Instead there's landscaping — which I predict will very soon sprout the bare dirt path that people create as they defy

such barriers. Costco has installed good bike parking — about 200 feet from the main entrance. Why not use a single auto space in front of the entrance, with the same capacity? And finally, how come the sidewalk leading in from Richmond Highway ends a few feet in, and dumps the walker into the traffic stream off the highway at least 300 feet from the entrance?

Luckily, I believe that the majority of Costco's investment in the site is in underground improvements and the slab; the above grade building is so inexpensive as to be easily modified or replaced in redeveloping the site for greater pedestrian friendliness. Even without such redevelopment, the edges of the site on Richmond Highway and Ladson Lane have enough room for small businesses — if Fairfax County allows it.

Have you ever been to Galeries Lafayette in Paris? I've read that the store itself owns all those sidewalk vending operations outside. Costco could take a leaf from their playbook.

**Larry D. Huffman**  
Alexandria

*Author's note: I'm both a member of and an investor in Costco, so my hands aren't entirely clean in this project.*

### Refrain from Judgment

To the Editor:

Two weeks ago, my letter was published in the Gazette criticizing Del. Scott Surovell (D-44) for the posting on his blog in which he called upon Gov. Robert McDonnell to resign in light of the allegations concerning gifts he received from the CEO of a Virginia company. In my letter, I took no position concerning the morality of the situation, only concentrating on the fact that the investigation was not complete and on the inference that Delegate Surovell's comments were politically partisan in nature.

In last week's Gazette, Peter Fraser criticized my letter pointing out that "The gifting problem for Governor McDonnell is as much a moral and ethical issue as it is legal." To set the record straight, I agree with Mr. Fraser. However, I still maintain that politician Surovell should have withheld comment until the investigation is complete.

Subsequent to my letter, Governor McDonnell repaid loans and returned gifts involved in this controversy.

On July 30, 2013, Virginia's two

U.S. senators (both former Virginia governors) refused to comment on the situation. Sen. Mark Warner stated: "I'm withholding all comments until all the facts come out." Sen. Tim Kaine said: "I generally feel like the right thing for a governor to do is not overly comment on issues about the successor. We don't look over each other's shoulders." Clearly, they concur with my view that politicians should not publicly comment on the issue of gifts given to Governor McDonnell until the investigation is complete. If that posture is good enough for these former governors and sitting U.S. senators, it ought to be good enough for Delegate Surovell and Mr. Fraser.

**H. Jay Spiegel**  
Mount Vernon

### Write

The Gazette welcomes views on any public issue. Send to:

Letters to the Editor  
The Gazette  
1606 King St.,  
Alexandria VA 22314  
Call: 703-917-6444  
Email:  
gazette@connectionnewspapers.com

## Mount Vernon Gazette

www.MountVernonGazette.com

@MtVernonGazette

An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by  
Local Media Connection LLC

1606 King Street  
Alexandria, Virginia 22314

Free digital edition delivered to your email box. Go to  
connectionnewspapers.com/subscribe

**NEWS DEPARTMENT:**  
To discuss ideas and concerns,  
Call: 703-778-9410  
e-mail:  
gazette@connectionnewspapers.com

**Steven Mauren**  
Editor, 703-778-9415  
smauren@connectionnewspapers.com

**Michael Lee Pope**  
Reporter, 703-615-0960  
mpope@connectionnewspapers.com  
@MichaelLeePope

**Jeanne Theismann**  
703-778-9436  
jtheismann@connectionnewspapers.com  
@TheismannMedia

**Jon Roetman**  
Sports Editor, 703-224-3015  
jroetman@connectionnewspapers.com  
@jonroetman

**Louise Krafft**  
Photographer  
lkrafft@connectionnewspapers.com

**ADVERTISING:**  
For advertising information  
e-mail:  
sales@connectionnewspapers.com

**Julie Ferrill**  
Display Advertising, 703-778-9446  
jferrill@connectionnewspapers.com

**Helen Walutes**  
Display Advertising, 703-224-3028  
hwalutes@connectionnewspapers.com

**Andrea Smith**  
Classified Advertising, 703-778-9411  
asmith@connectionnewspapers.com

**Debbie Funk**  
National Sales  
703-778-9444  
debfunk@connectionnewspapers.com

**Publisher**  
Jerry Vernon  
jvernon@connectionnewspapers.com

**Editor & Publisher**  
Mary Kimm  
703-778-9433  
mkimm@connectionnewspapers.com  
@MaryKimm

**Editor in Chief**  
Steven Mauren  
**Art/Design:**  
Laurence Foong, John Heiny  
**Production Manager:**  
Jean Card  
Geovani Flores

**CIRCULATION: 703-778-9427**  
**Circulation Manager:**  
Ann Oliver  
circulation@connectionnewspapers.com

A Connection Newspaper

**2012** Virginia  
AWARD WINNING PRESS  
NEWSPAPER Association



# COLDWELL BANKER®

WHERE HOME BEGINS

Follow us on:



**Herbert Springs** \$3,175,000  
830 Herbert Springs Road, Alexandria, VA 22308  
Spectacular stone 5BR + 4 1/2 + 1/2 custom-built home with 31 x 28 great room, 1st fl MBR + river view!!!  
Donnan C. Wintermute 703-518-6156



JUST REDUCED

**Belle Haven** \$764,000  
6126 Edgewood Terrace, Alexandria, VA 22307  
Price Reduced! Curb appeal & inter charm. Updated 2BR Cape Cod. Stone front. Fireplace. Slate roof. Formal DR. Moldings & railings. Screened porch. 2CG. Private wooded lot.  
Edward Pagett 703-518-6161



JUST REDUCED

**Belle Haven** \$729,000  
6128 Edgewood Terrace, Alexandria, VA 22307  
Price Reduced! Unique opp in sought after Belle Haven. Renovate, expand, tear down, and/or combine with 6126 Edgewood. 3BR/2BA home. Den, deck, moldings & railings. Pvt wooded lot.  
Edward Pagett 703-518-6161



**Wellington Heights** \$1,495,000  
1219 Woodcliff Court, Alexandria, VA 22308  
One of a kind custom home to be built on large 3/4 acre cul de sac lot. 4-5BR/4.5BA, high end amenities and finishes throughout. Wayneswood School District.  
The York Group 703-409-3377



NEW LISTING

**Thompson House** \$910,000  
211 Fairfax Street A, Alexandria, VA 22314  
Historic Thompson House c1780 townhouse style condo. 3BR/3.5BA, 3 levels, fin basement, 4515 sqft & brick terrace. 2 blocks from King St shops & restaurants.  
The York Group 202-471-5251



**Glenmore** \$639,950  
163 Hilton Street, Alexandria, VA 22314  
Absolutely delightful 4BR/2BA, fabulous expansion. Total renovation in 2006, family rm & kit w/ vaulted ceilings, 42" cabinets, granite. Gleaming hwdw flrs, formal DR, LR w/ FP.  
The York Group 703-409-3377



OPEN SUNDAY 1-4PM

**Stratford On The Potomac** \$609,000  
8410 Camden Street, Alexandria, VA 22308  
New Price for 4BR/3FBA house! Gorgeous, remodeled home in Stratford! Spectacular gourmet kitchen, open plan, luxurious bathrms, flooring & more! Take a look! www.8410Camden.com  
Rachel Carter 703-851-4207



**Autumn Chase Hunt** \$510,000  
6124 Cinnamon Court, Alexandria, VA 22310  
Enjoy all the comforts of home in this endearing, 3-lvl townhouse. Bright & open 3BR/3.5BA w/rec rm, deck, and 2CG. 1 mi to metro. Perfect opp for lucky buyer!  
Phyllis Patterson 703-518-6158



**Alexandria** \$289,000  
1207 Pitt Street N. 3A, Alexandria, VA 22314  
Absolutely charming 1BR/1BA condo in peaceful community. Wood burning fireplace, abundant storage space and updated eat in kitchen with peek a boo Potomac River view.  
Phyllis Patterson 703-518-6158



NEW LISTING

**Alexandria** \$449,900  
5715 Ridge View Drive, Alexandria, VA 22310  
End Unit, feels like sfn! Everything updated- 3 br, 2.55 baths, granite, cabinets, appls, hardwoods, windows, a/c roof, just move right in, private rear patio. Great location!  
Bonnie Rivkin 703-598-7788



OPEN SUN 1-4PM

**Tiers At Manchester Lake** \$314,900  
7012 Irwell Lane 14D, Alexandria, VA 22315  
Fabulously Renovated End Unit Condo, 2BR/2BA + a Loft. Pinot-Noir Wide Plank Hardwood, Granite in Kitchen and Baths. 1301 sq Ft, Lots of Light and Space, Close to all you need.  
Ej Stone 703-627-8663



NEW LISTING

**Island Creek** \$729,900  
7716 Cashland Court, Alexandria, VA 22315  
Lovely center hall colonial on a large private cul-de-sac lot offering 5BRs on upper level, 3.5BA, granite counters, stainless appls, huge storage room, poss 6th BR on LL.  
Joy Deevy 703.930.5198

Alexandria | 703.518.8300

cbmove.com



©2013 Coldwell Banker Real Estate LLC. All Rights Reserved. Coldwell Banker Real Estate LLC fully supports the principles of the Fair Housing Act and the Equal Opportunity Act. Operated by a subsidiary of NRT LLC. Coldwell Banker, the Coldwell Banker Logo, Coldwell Banker Previews International, the Previews International logo and "Dedicated to Luxury Real Estate" are registered and unregistered service marks owned by Coldwell Banker Real Estate LLC. The property information herein is derived from various sources that may include, but not be limited to, county records and the Multiple Listing Service and it may include approximations. Although the information is believed to be accurate, it is not warranted and you should not rely upon it without personal verification.



# LONG & FOSTER

RESIDENTIAL/COMMERCIAL REAL ESTATE • MORTGAGE • TITLE • INSURANCE



**#1 Long and Foster Agent in Alexandria!**  
**CHRIS WHITE ~ 703.283.9028**  
[www.chrisandpeggywhite.com](http://www.chrisandpeggywhite.com)  
[chris.white@longandfoster.com](mailto:chris.white@longandfoster.com)

**OPEN SUN** **JUST LISTED**

**9412 Old Mount Vernon Rd \$1,295,000**  
 Craftsman Masterpiece! Former model by Wakefield Homes loaded with options and upgrades. Many fabulous features include: open floor plan, high ceilings, three finished levels, 4 bedrooms, 4.5 baths, gourmet kitchen, 2 car garage. Gorgeous location on elevated lot with extensive landscaping and custom stonework. Priced thousands below current price list. **OPEN SUN 8/11, 1-4. GW Pky S, past Estate; L-Old Mt Vernon Rd.**

**OPEN SUN**

**9413 Brambly Ln \$987,500**  
 Two Master Suites! Custom home by Wakefield Homes, area's leading builder. Two luxurious MBR including one on main level. All the fabulous bells & whistles of a new home. Energy conserving pkg. hdwd flrs, fin walkout LL, gourmet kitchen, 2 car garage & large deck. "Like New Home" priced thousands below neighboring new homes. **OPEN SUN 8/11, 1-4. GW Pky S, past Estate; L-Old Mt Vernon, becomes Ferry Landing; R-Brambly.**

**OPEN SUN** **JUST LISTED**

**9127 Continental Dr \$598,500**  
 Major Updates! Nothing like it for under \$600,000! Spacious home with numerous recent updates. Fabulous features include: large room sizes, bright open floor plan, brand new custom kitchen, updated baths, 4 bedrooms, gleaming hardwood floors, garage parking. Prime location on large lot—walk to school! **OPEN SUN 8/11, 1-4. GW Pky S, past Estate; L-Cherrytree; R-Continental.**

**9124 Volunteer Dr \$649,900**  
 Updated and Expanded with 3 Car Garage! Fabulous 5BR home in the heart of Mt. Vernon. Stately presence with columned Portico overlooking elevated front grounds. Recent renovations include designer kitchen with "Lineadecor" cabinets, "Bosch" appliances, gas cooktop & custom granite. Brightness of kitchen enhanced by opening to glass walled sunroom. Other features: thermal windows, hardwood floors, 2 fireplaces, 3 updated baths, walk-out lower level.

**JUST LISTED**

**9124 Volunteer Dr \$649,900**  
 Updated and Expanded with 3 Car Garage! Fabulous 5BR home in the heart of Mt. Vernon. Stately presence with columned Portico overlooking elevated front grounds. Recent renovations include designer kitchen with "Lineadecor" cabinets, "Bosch" appliances, gas cooktop & custom granite. Brightness of kitchen enhanced by opening to glass walled sunroom. Other features: thermal windows, hardwood floors, 2 fireplaces, 3 updated baths, walk-out lower level.

**9409 Ludgate Dr \$2,000,000**  
**Just Down River from Mount Vernon Estate!**  
 \* Stately Colonial Estate in the Virginia plantation tradition!  
 \* Magnificent setting on high bluff overlooking Potomac!  
 \* Breathtaking river view master suite!  
 \* Walls of windows capture magnificent river views!  
 \* Home is truly spectacular with upgrades throughout!  
 \* Approximately 300 ft dock with power lifts!

**CONTRACT!**

**3709 Carriage House Ct \$769,000**  
 Stately Colonial!

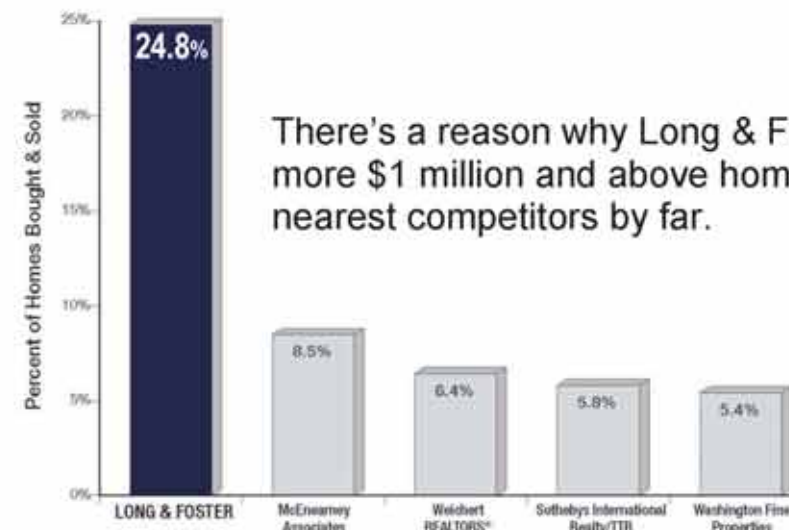
**4401 Neptune Dr \$629,500**  
 One Level Living!

**CONTRACT!**

**3708 Carriage House Ct \$799,950**  
 Riverwood Beauty - Borders Estate!

**8707 Parry Lane \$529,000**  
 Fort Hunt Area's Best Value!

## #1 Seller of Luxury Homes in Northern Virginia The Results Are Extraordinary.



There's a reason why Long & Foster sells more \$1 million and above homes than our nearest competitors by far.

\*No one has more expertise selling luxury homes than Long & Foster®.

EXCLUSIVE AFFILIATE OF  
**CHRISTIE'S INTERNATIONAL REAL ESTATE**  
 In Select Areas

LONG & FOSTER REAL ESTATE  
**EXTRAORDINARY PROPERTIES**

**OPEN SUNDAY 1 - 4!**  
**\$749,900**  
**Waynewood**  
**923 CROTON DR**  
 Renovated and expanded Haddon Model with separate addition including a kitchenette, LR and full BA, perfect for in-laws, office, tenants or teens. 4 finished levels, 5BR/3BA, screened porch, fenced backyard. Walk to school, park, pool.

*Elke Kohler, Liz Bessel and Anita Vida D'Antonio 202.460.1809*

**\$1,395,000**  
**Alex. / Mt Vernon**  
**"REDUCED PRICE!"**  
 Custom center hall Colonial has flexible floor plan that includes 3 finished levels on 7,800 sq ft. 7BR/5.5BA, 5 fireplaces, and 2 owner suites (ML and UL). Gleaming hardwoods, formal living/dining rooms, an office, exercise room, man cave, master bedroom sauna and much more. The backyard space is fully fenced and has a patio for entertaining, heated pool/hot tub, woodland gardens, koi pond, plus a 2 car garage.

*Jennifer Collier 703.966.1810*

**\$525,000**  
**Falls Church**  
**"COMPLETELY REMODELED"**  
 Large 4BR/3FBA home in move-in condition. Large living room dining room combo with 2 family rooms one with fireplace just off eat-in kitchen. Fabulous fenced in backyard with deck and hot tub. Located just minutes from I-495 and within walking distance of Loehmann's Plaza on Arlington Blvd.

*Debra Bell 703.350.9750*

**\$635,000**  
**Alex. / Mt. Vernon**  
**"YOU MUST BE KIDDING"**  
 Fabulous house on 1/2 acre for THIS price? Chef's designer kitchen has white cabinetry, beveled-edge Corian counters, breakfast bar, upgraded appliances including 6-burner Jenn-Air cook top and double wall ovens. Updated baths with polished marble and porcelain tile. Living room with vaulted ceilings, custom bookcases, floor-to-ceiling fireplace. Hardwoods. Carport, patio, fenced tree yard.

*Ruth Guirard 703.609.3343*

**OPEN SUNDAY 1 - 3!**  
**\$425,999**  
**Lorton**  
**8542 ALBERT LN**  
 JUST LISTED! Garage townhouse with 9 ft ceilings. Deluxe kitchen has island, 42" cabinets, upgraded appliances and wood floors. Family room off kitchen opens to oversized deck. Master suite features large walk-in closet, spa bath with separate shower/garden tub. Finished rec room with fireplace walks-out to professionally designed patio. EZ

*Georgia McLaughlin 703.628.4463*

**\$749,000**  
**Alexandria / Old Town**  
**"CIRCA 1900"**  
 This beautiful home in the heart of historic Old Town is a real find. Separate dining room and a living room with a unique brick fireplace. Eat-in kitchen, granite counters, hardwood floors on both levels. Large additional room on the upper landing. Wonderful landscaped rear yard and off-street parking. Walk to restaurants, shopping and Metro. Close to bike/jogging paths and park. 2BR/2.5BA.

*Jim Crowe 703.856.8244*

**\$274,900**  
**Woodbridge**  
**"NEWLY UPDATED"**  
 Wonderfully remodeled 2-level, 4BR/2BA home. NEW W/D, deck, roof, baths, windows, air, hot water and hardwoods on ML. Kitchen has granite counters, SS appliances, beautifully landscaped and huge newly fenced rear yard. You can have all this plus minutes away from new shopping center and military bases. Come and see - won't last long!

*Randy Bender 703.906.1749*

**FIRST OPEN SUNDAY 1 - 4!**  
**\$394,500**  
**Springfield / Woodstream Subdiv.**  
**7906 PEBBLE BROOK CT**  
 3BR / 2.55BA 3 level townhouse with walk-out level basement. Granite / stainless kitchen opens to large dining room. Large Master bedroom and bright open daylight basement also walks out to deck and peaceful yard. Popular West Springfield Schools!

*Margaret Ruhe 703.599.7527*

**OPEN SUNDAY 1 - 4!**  
**\$415,000**  
**Alexandria**  
**4673 LONGSTREET LN #304**  
 Immaculate 2BR/2BA condo with vaulted ceilings and 3rd floor loft. Palladium windows, skylights, gas fireplace in living area. Balcony and attached semi-private garage. Kitchen has granite, breakfast bar, SS appliances, cherry floors, separate pantry. Large Master with French doors, walk-in closet, separate soaking tub and shower.

*Sara Rothwell 703.472.5289*

**\$639,900**  
**Alexandria**  
**"MODEL HOME"**  
 3BR/3.55BA end unit, Patrick model. Colonial with all the upgrades! 4 finished levels, large windows on 3 sides, gas fireplace, built-in shelves and cabinets, hardwood floors thru-out, gourmet kitchen with granite, large Master suite with jetted soaking tub/separate shower, ceramic floor, lots of storage and high ceilings, deck off kitchen.

*Randy Bender 703.906.1749*

**RENTALS**

**9254 Cardinal Forest Ln #201 \$1,525**  
 Gunston Corner Garden 2BR/2BA 1 Fireplace 1 Assigned Pkg  
*Chris White 703.283.9028*

**1303 Belle View Blvd #B2 \$1,575**  
 Belle View Garden 2BR/1BA  
*Margaret Keagle 571.332.5264*

**4108 Ronson Dr \$2,850**  
 Landsdowne Detached 4BR/2BA Driveway  
*Martha Ruhe 703.599.7527*

**2405 Daphne Ln \$3,400**  
 Hollin Hills Detached 3BR/2BA 1 Fireplace 2 Garage  
*Sean Satkus 703.887.2116*

Follow us on:



OldTownAlexandria.com

Long & Foster / Old Town Historic District Office • #1 Long & Foster Office in Virginia 2011 • 703.683.0400  
 400 King Street, Alexandria, Virginia 22314 • Fax 703.683.1303 • [www.LongandFoster.com](http://www.LongandFoster.com) • [www.OldTownAlexandria.com](http://www.OldTownAlexandria.com)



# WELLBEING

## If You Are What You Eat, Eat Well

Local nutritionist turns personal challenge into book and health and nutrition practice.

BY MARILYN CAMPBELL  
THE GAZETTE

When Teri Cochrane's son was 18 months old, he was diagnosed with asthma and placed on a variety of medications, including steroids. Less than two years later, doctors warned the Reston mother that he would have frequent seizures, would never have a normal childhood and would never grow taller than 5 feet 4 inches. When Cochrane's daughter was born three years later, she also suffered from health problems, including chronic, severe abdominal pain.

"I went to great doctors in the area, but there wasn't an effort to find out why they were sick," said Cochrane. "It was always, 'Give them this medicine.'"

Cochrane was unwilling to accept constant medication without knowing the root cause of her children's illnesses, however. Making it her life's mission to find healing alternatives, she began doing her own research to find nutritional solutions.

"We found a pediatrician who was familiar with alternative medicine and we started our son on his healing path," said Cochrane.

"The doctor said 'Don't eat this,' but he didn't tell me what we could eat. It took a lot of effort and a lot of tears to determine how to feed my family in a different way. Fifteen years ago, the term gluten-free wasn't on anyone's radar."

Cochrane left her corporate career after 20 years and returned to school to study nutrition, herbology and holistic methods of healing. She started her own nutrition and wellness practice called Healing Paths, Nutrition and Wellness Counseling, and has written a book called "Restorative Recipes: A Mindful Path to the Essential You."

**HER CLIENTS RANGE** from infants to adults. Cochrane's approach is tailored for each individual, focusing on specific health concerns and how they can be addressed through improved nutrition and natural supplements. She addresses ailments including allergies, hormonal imbalances, headaches, gastrointestinal upsets, menopausal symptoms, cancer and depression.

"Our counseling includes plans for insulin insensitivity, irritable bowel syndrome,



Cochrane

high blood pressure, high cholesterol, cardiovascular disease, ADHD (attention deficit hyperactivity disorder) and other chronic and autoimmune conditions," said Cochrane.

"Food is our medicine," she continued. "But we've lost sight of our food. If you're eating fast food or food out of a package, you're not eating real food."

Cochrane approaches each client as an individual. "Each person has their own signature biochemistry, and that tells me what they need for their body," said Cochrane. "You have to eliminate certain foods and then reintroduce them after waiting a period of time between each introduction."

She also offers meal plans and provides cooking and shopping guidelines for balanced nutrition that will meet individual health needs. She even takes clients on grocery store tours to demystify the new shopping process.

**ALEXANDRIA RESIDENT** Tamara Kieffer is one Cochrane's patients. "I have had migraines for many years ... and wanted to get off some of the medication and explore

a homeopathic approach," she said. "It is a process and it gets frustrating because you want results right away. I got off gluten and cut out nitrates and nitrites, which meant giving up processed deli meat and hotdogs."

Once she began to see improvements in her health, Kieffer became motivated. "It is hard to cut things out of your diet, especially sugar, which was the last thing to go, but as soon as I did, my brain fog cleared and I felt so much better." She says honey and dates work well as sweeteners.

Kieffer stresses that changing her diet was a long and difficult process, but says the pay-off was well worth the sacrifice. "My migraines are much improved. I am not off my meds entirely, but I was able to reduce them and now they work 90 percent of the time. Before it was much less."

**WHILE COCHRANE IS PROUD** to have turned her personal research into a source to help others, she is especially proud of the health and well-being of her two children. Today, Madeleine, 15, is a ballet dancer in an elite professional program. Her son William is 19 years old and is 5-foot-11-inches tall and attending the University of Virginia on a full scholarship.



Colon Cancer Awareness Month has passed, but this is an important reminder:

**Colon Screening Saves Lives!**

Stop colon cancer before it starts! Get screened!

Colonoscopy screening begins at age of 45 for African Americans and at age 50 for the general population.

**Digestive Healthcare Specialists, L.L.C.**

**Dr. Tanya Davis**

- COLON SCREENING
- HEMORRHOIDS
- ACID REFLUX
- IRRITABLE BOWEL
- ABDOMINAL PAIN
- SYNDROME (IBS)
- RECTAL BLEEDING



2616 Sherwood Hall Lane, #307  
Alexandria, VA 22306

6355 Walker Lane, #409  
Alexandria, VA 22310

703-780-7010 • www.mygutdoc.com

### Missing Teeth? Not Anymore! THE AMAZING INNOVATION OF DENTAL IMPLANTS

**SECURE AND NATURAL-LOOKING DENTAL IMPLANTS**  
Placing and restoring implants since 1986, Dr. Cavallo is dedicated to the highest standard of care in the restoration and replacement of missing teeth. Patients who are missing one or more teeth rely on Dr. Cavallo's decades of experience and expertise, coupled with his caring and compassionate approach to make their implant procedure smooth and comfortable from beginning to end. Sedation is available for those who are fearful.

**Experience You Can Trust**  
Dr. Cavallo is a Fellow of the Academy of General

Dentistry and is working toward his Mastership. He has studied with the world-renowned Pankey Institute and The Dawson Academy to provide his patients with the latest, most innovative techniques. He was one of few dentists included in the DENTSPLY International Implant Conference in Frankfurt, Germany in 2013 and is a member of the NOVA Dental Implant Society. Dr. Cavallo is the dentist Northern Virginia patients count on to restore their smiles to total health, function and beauty.

For more information about dental implants, call 703-910-3869.



**JOSEPH P. CAVALLO, DDS**  
Cosmetic, Implant & Restorative Dentistry

**703-910-3869**

12502 LAKE RIDGE DR., SUITE A, WOODBRIDGE, VA 22192

**FREE**  
IMPLANT  
CONSULTATION!  
Save Over \$300!

Implant Placement and Tooth Replacement without having to see another specialist!

Call 703-910-3869 today to schedule your **FREE** consultation and see if dental implants can get you back to living, smiling and eating with complete freedom!

[www.CavalloDentistry.com](http://www.CavalloDentistry.com)

[www.CavalloDentistry.com](http://www.CavalloDentistry.com)

Be a part of our **Wellbeing** pages, the first week of every month.

Delight in our **HomeLifeStyle** sections, the second week of every month. Peek at the top real estate sales, glimpse over-the-top remodeling projects, get practical suggestions for your home.

Celebrate students, camps, schools, enrichment programs, colleges and more in our **A-plus: Education, Learning, Fun** pages, the third week of every month.

Questions? E-mail [sales@connectionnewspapers.com](mailto:sales@connectionnewspapers.com) or call 703-778-9431

**Mount Vernon Gazette**

ZONE 3 • ALEXANDRIA  
• MOUNT VERNON

# EMPLOYMENT

703-917-6464

ZONE 3 Ad DEADLINE:  
TUESDAY 4 P.M.

ZONE 3 • ALEXANDRIA  
• MOUNT VERNON

# HOME & GARDEN

CONNECTIONNEWSPAPERS.COM CONTRACTORS.com

703-917-6400

ZONE 3 Ad DEADLINE:  
TUESDAY NOON

## Front Desk Administrator

Virginia Eyecare Center  
Join the team of professionals at a growing, progressive eye care practice in Burke, VA. Requires excellent communication skills, ability to multi-task and work with a large volume of patients. Duties include answering phones, checking in patients, and assisting doctors. Experience with computer, billing and insurance a plus, but willing to train. Includes Saturdays (8:00 a.m. to 1:00 p.m.) Please fax your resume to 703-451-9291 or email to [business@virginiaeyecare.com](mailto:business@virginiaeyecare.com).

## TELEPHONE

A great opportunity to  
**WORK AT HOME!**

NATIONAL CHILDRENS CENTER  
No sell! Salary + Bonus + Benefits!

**301-333-1900**  
Weekdays 9-4

## TELEPHONE

A great opportunity to  
**WORK AT HOME!**

NATIONAL CHILDRENS CENTER  
No sell! Salary + Bonus + Benefits!

**301-333-1900**  
Weekdays 9-4

## HOUSEKEEPING PORTER

Paul Spring Retirement Community

Key duties include:  
Maintains cleanliness throughout the entire community. Assists with apartment turnovers as assigned. Courteous and respectful manner toward residents.  
Must be able to manually lift objects not exceeding 50 pounds.  
Equal Opportunity Employer.  
Please Apply Online at  
WWW.RUI.NET, select Careers,  
Select Paul Spring, complete application and survey.

Alexander Street Press LLC seeks a F/T VP, Software & Data Architecture in Alexandria, VA to act as navigator & integration architect bridging the gap btwn intrnl/extrnl users & sftwre & metadata constraints. Ensure data flows accurately & smoothly btwn sys internally & externally. Trvl up to 10% of time. Reqs: Master of Library & Info Sci or equiv & 1yr exp integrating data & functionality in academic & lib databases & sys, incl: managing cross-departmental proj & initiatives; exp w/ information retrieval, incl knwldge of data structuring; exp w/ metadata encoding schema & metadata translation, incl MARC, MODS, DC, EAD, TEI, & proprietary DTDs; & exp w/ industry tech standards, such as MARC XML, z39.50, OAI, KBART, OpenURL, Shibboleth & COUNTER. Submit resume or cv to: [hr@astreetpress.com](mailto:hr@astreetpress.com)

Lani Eko & Company, CPAs, PLLC. seeks a F/T Supervisory Senior Auditor in Alexandria, VA to execute audit pcedures in accrdnce w/ Gov't Auditig Stndrds & American Institute of Cert. Public Acctnts (AICPA) generally acctd auditg stndrds. Prvide financial advsry srvc to clients who are trying to emply w/ various federal financial initiatives, inclu CFO Act, Gov't Prfrmnce & Results Act, & Federal Financial Acctg Stndrds Advrsy Board (FASAB) prnuncemts. Trvl req'd 25%. Reqs: Bach or equiv in Acctg, Finance or rel + at least 4yrs rel exp in Audit & financial Acctg srvc, inclu exp applying GAAP, GAAS, federal regs, guidelines, standards & concepts, to financial audits. OR Master's or equiv in Acctg, Finance or rel field + at least 2yrs of rel exp in Audit & financial acctg srvc, inclu exp applying GAAP, GAAS, federal regs, guidelines, stndrds & cncpts, to financial audits. Email resume to: [HR@laniekocpas.com](mailto:HR@laniekocpas.com) and reference job number 12-542.

## BATHS

**CUSTOM BATHROOM REMODELING & MORE!**  
BY CAPITOL BATH, INC.  
Tile & Marble Installation/Repair  
Tub & Tile Resurfacing • Tile Regrouting  
General Carpentry • Drywall Repair  
Angie's list Licensed & Insured • 703-739-1118

## HAULING

**AL'S HAULING**  
Junk & Rubbish  
Concrete, furn., office, yard, construction debris  
Low Rates NOVA  
**703-360-4364**  
**703-304-4798** cell  
7 DAYS A WEEK

## LANDSCAPING

Remodeling Interior, Bathrooms, Kitchens, Floors, Ceramic Tile, Painting, Decks, Fences, Additions.  
**240-603-6182**

## CLEANING

**A CLEANING SERVICE**  
Since 1985/Ins & Bonded  
Quality Service at a Fair Price  
Satisfaction Guaranteed-  
Angies List 2011-Super Service Award!  
Comm/Res. MD VA DC  
[acleaningserviceinc.com](http://acleaningserviceinc.com)  
**703-892-8648**

## ANGEL'S HAULING

Junk Trash Removal, Yard/Construction Debris, Garage/Base-ment Clean Out, Furniture & Appl.  
**703-863-1086**  
**703-582-3709**  
**240-603-6182**

## TREE SERVICE

**ANGEL'S TREE REMOVAL**  
Brush & Yard Debris  
Trimming & Topping  
Gutters & Hauling  
[Angeltreeslandscaping-hauling.com](http://Angeltreeslandscaping-hauling.com)  
**703-863-1086**  
**703-582-3709**  
**240-603-6182**

## ELECTRICAL

**K & D ELECTRIC**  
COMMERCIAL / RESIDENTIAL SERVICE  
Family Owned & Operated  
Recessed Lighting  
Ceiling Fans  
Phone/CATV  
Computer Network Cabeling  
Service Upgrades  
Hot Tubs, etc...  
Licensed/Bonded/Insured  
Office 703-335-0654  
Mobile 703-499-0522

## IMPROVEMENTS

**Picture Perfect Home Improvements**  
(703) 590-3187 [www.pphionline.com](http://www.pphionline.com)  
Remodeling Bathrooms, Kitchens & Basements  
• FREE Estimates  
• FAST & Reliable Service  
• EASY To Schedule  
• NO \$\$\$ DOWN!  
Exterior & Interior Repair,  
Painting, Carpentry, Wood Rot,  
Drywall, All Flooring, Decks  
Handyman Services  
Available  
"If it can be done, we can do it"  
Licensed - Bonded - Insured

## IMPROVEMENTS

## LAWN SERVICE

**PINNACLE SERVICES, INC.**  
**LAWN SERVICE**  
MOWING, TRIMMING, EDGING,  
MULCHING & TRIM HEDGES  
Friendly Service for a Friendly Price  
**703-802-0483**

## LAWN SERVICE

## GUTTER

**GUTTER CLEANING**  
Gutters and Downspouts Cleaned  
Small Repairs • Gutter Guards  
**PINNACLE SERVICES**  
lic/ins **703-802-0483** free est.  
email [jamie@lawsandgutters.com](mailto:jamie@lawsandgutters.com)  
web: [lawsandgutters.com](http://lawsandgutters.com)  
Friendly Service with a Friendly Price!

## MASONRY

**BRICK AND STONE**  
**Custom Masonry**  
**703-768-3900**  
[www.custommasonry.info](http://www.custommasonry.info)  
Patios, Walkways, Stoops, Steps, Driveways  
Repairs & New Installs • All Work Guranteed

## MASONRY

## IMPROVEMENTS

**R.N. CONTRACTORS, INC.**  
Remodeling Homes, Flooring, Kitchen & Bath, Windows, Siding, Roofing, Additions & Patios, Custom Deck, Painting  
We Accept All Major Credit Cards  
Licensed, Insured, Bonded • Free Estimates • Class A Lic  
Phone: **703-887-3827** Fax: **703-830-3849**  
E-mail: [rncontractorsinc@gmail.com](mailto:rncontractorsinc@gmail.com)  
[www.rncontractors.com](http://www.rncontractors.com)

## PAVING

**GOLDY BRICK CONSTRUCTION**  
Walkways, Patios, Driveways, Flagstone, Concrete  
FREE ESTIMATE  
LIC. INS AND BONDED  
**703-250-6231**

## PAVING

## The HANDYMAN

A DIVISION OF NURSE CONSTRUCTION  
BATHROOM REMODELING, DRYWALL, PAINTING, CERAMIC TILE, CARPENTRY, POWER WASHING & MUCH MORE  
You have tried the rest - NOW CALL THE BEST!!  
Proudly serving Northern VA - 46 yrs. exp.  
We Accept VISA/MC  
**703-441-8811**  
Licensed Insured

## TREE SERVICE

**Quality Tree Service & Landscaping**  
Reasonable prices. Licensed & insured  
Summer Shape up...  
Tree removal, topping, & pruning, shrubbery trimming, mulching, leaf removal, sodding, hauling, gutter cleaning, retaining walls, drainage problems, etc.  
20 yrs. of experience - Free estimates  
**703-868-5358**

## TREE SERVICE

Nothing is too small to know, and nothing too big to attempt.  
-William Van Horne



# SENTARA

## Experienced Registered Nurses ... Be Our Guest

Sentara Northern Virginia Medical Center located in Woodbridge, VA (just off I-95 near Potomac Mills) invites you to attend our

### REGISTERED NURSE & CLINICAL MANAGER, RN RECRUITMENT DINNER

Wednesday, August 14, 2013  
5:30 pm - 7:30 pm  
in Falls Church, VA  
(RSVP for location details)

Please join us for an evening of great food and networking with members of our Sentara Healthcare Leadership team. Learn about our exciting career opportunities including:

- Work/Life Balance
- Flexible Schedules
- Excellent Benefits
- Incentive Packages
- Career Development/Professional Growth
- Leading Edge Technology & Services

We look forward to meeting you for dinner!

Clinical Unit Manager, RN positions require a BSN or MSN. All Registered Nurse positions require a minimum of 1-2 years of acute care experience.

RSVP REQUIRED by 8/11/2013 for this event.  
To RSVP, please e-mail [jaloport@sentara.com](mailto:jaloport@sentara.com) or call 703-523-0570.  
Attendees will have their name entered in a drawing for a KINDLE FIRE!

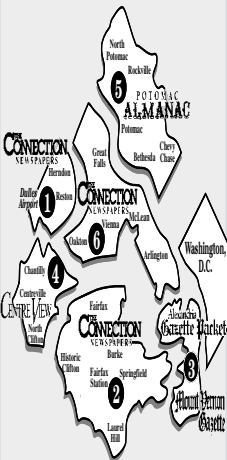
For a free digital subscription to one or all of the 15 Connection Newspapers, go to [www.connectionnews.com](http://www.connectionnews.com) or [www.connectionnews.com/subscribe](http://www.connectionnews.com/subscribe)

Complete digital replica of the print edition, including photos and ads, delivered weekly to your e-mail box.

Questions? E-mail: [goinggreen@connectionnewspapers.com](mailto:goinggreen@connectionnewspapers.com)



**Employers:**  
Are your recruiting ads not working in other papers?  
Try a better way to fill your employment openings



- Target your best job candidates where they live.
- Reach readers in addition to those who are currently looking for a job.
- Proven readership.
- Proven results.

**THE CONNECTION**  
to your community

703-917-6464

classified@connectionnewspapers.com

Great Papers • Great Readers  
Great Results!

<b>Legal Notices</b> Pursuant to the provision of section 4-1-16 of the code of the City of Alexandria, the Alexandria Police Department located at 3600 Wheeler Avenue, Alexandria, VA 22304 is now in possession of unclaimed bicycles, mopeds, lawn equipment, money, scooters, and other items. All persons having valid claim to the property should file a claim to the property with reasonable proof of ownership or the items will be sold, destroyed, converted or donated. For a complete listing go to <a href="http://alexandriava.gov/police/">http://alexandriava.gov/police/</a> and contact the Police Property Section at (703) 746-6709.	<b>Legal Notices</b> <b>LEGAL NOTICE</b> Sealed proposals for the City of Alexandria per specifications will be received in the office of the Purchasing Division until the date and time designated as follows: Title: RFQ#00000362, Request for Qualifications for Public Safety Center West Wing Renovation General Contractor. Date and Time RFQ Opens: August 29, 2013, 3:00 p.m., prevailing local time Pre-Bid Conference: None	<b>3 RE for Rent</b> <b>Furnished Studio Apartment/Condo</b> in Old Town Includes utilities/cable Avail August 11, call Jim (571) 278-0153	<b>25 Sales &amp; Auctions</b> <b>Quality Furniture &amp; More ESTATE TAG MOVING SALE</b> 8/10-11 SAT SUN 930a-430p 3154 Mary Etta Ln Herndon	<b>26 Antiques</b> We pay top \$ for antique furniture and mid-century Danish/modern teak furniture, STERLING, MEN'S WATCHES, jewelry and costume jewelry, paintings/art glass/clocks. Schefer Antiques @ 703-241-0790. Email:theschefer@cox.net	<b>101 Computers</b> <b>HDI COMPUTER SOLUTIONS</b> JENNIFER SMITH ♦ Serving the Area Since 1995 ➤ Speed up Slow Computers ➤ Troubleshooting ➤ Virus Removal ➤ Computer Setup (571) 265-2038 ♦ jsmithhdi@aol.com	<b>101 Computers</b>
--	---	--	--	---	--	----------------------

<b>21 Announcements</b> <b>102 Instruction</b> <b>Reading for Success!</b> Time-tested, results-proven program for kindergarten and first grade students Has your child had difficulty acquiring reading skills during Kindergarten/1st grade? Use the next 60 days of summer to increase their reading skills in just 12 hour per day, before they get back in school. Time-tested and results-proven material is used for 12 hour per day 5 days a week, to get them on a 1st/2nd grade reading level at the end of the program. Call 703-360-3363 or email annsvernon@gmail.com to set up an appointment. All sessions done in my home in the Waynewood/Fort Hunt area.	<b>21 Announcements</b> <b>102 Instruction</b> <b>Reading for Success!</b> Time-tested, results-proven program for kindergarten and first grade students Has your child had difficulty acquiring reading skills during Kindergarten/1st grade? Use the next 60 days of summer to increase their reading skills in just 12 hour per day, before they get back in school. Time-tested and results-proven material is used for 12 hour per day 5 days a week, to get them on a 1st/2nd grade reading level at the end of the program. Call 703-360-3363 or email annsvernon@gmail.com to set up an appointment. All sessions done in my home in the Waynewood/Fort Hunt area.	<b>21 Announcements</b> <b>21 Announcements</b> <b>NOTICE OF PUBLIC HEARING</b> NOTICE OF PUBLIC HEARING is hereby given that Alexandria Renew Enterprises (AlexRenew) will hold a PUBLIC HEARING on its PRELIMINARY BUDGET for the FISCAL YEAR ENDING SEPTEMBER 30, 2014 on Tuesday, September 17, 2013 at 6:00 p.m. The meeting will be held at AlexRenew's Administrative (J) Building located at 1500 Eisenhower Avenue, Alexandria, VA. The preliminary budget is available for examination by the public online at <a href="http://www.alexrenew.com">www.alexrenew.com</a> and during regular business hours at the above address. Copies will be made available upon request - phone (703) 549-3381 ext. 2260. August 1st and September 5th Alexandria Renew Enterprises BY: William Dickinson Secretary - Treasurer	<b>21 Announcements</b> <b>21 Announcements</b> <b>LEGAL NOTICE</b> Sealed proposals for the City of Alexandria per specifications will be received in the office of the Purchasing Division until the date and time designated as follows: Title: ITB#00000365, Combined Sewer Overflow (CS)) Diversion Structure at King and West Streets Bid Opening Date and Time: August 20, 2013, 3:00 p.m., prevailing local time Pre-Bid Conference: A pre bid conference will be held on August 9, 2013 at 2:00 p.m. in the Procurement Conference Room located at 100 N Pitt St, Alexandria, VA 22314. For general inquiries contact John Soderberg, Sr. Contracts Consultant at 703.746.4397. The City of Alexandria reserves the right to reject any and all proposals, cancel this solicitation, and to waive any informalities or irregularities in procedure. THE CITY REQUIRES ITS CONTRACTORS TO BE EQUAL OPPORTUNITY EMPLOYERS.
---	---	---	--

<b>21 Announcements</b> <b>21 Announcements</b> <b>LEGAL NOTICE</b> Sealed proposals for the City of Alexandria per specifications will be received in the office of the Purchasing Division until the date and time designated as follows: Title: ITB#00000365, Combined Sewer Overflow (CS)) Diversion Structure at King and West Streets Bid Opening Date and Time: August 20, 2013, 3:00 p.m., prevailing local time Pre-Bid Conference: A pre bid conference will be held on August 9, 2013 at 2:00 p.m. in the Procurement Conference Room located at 100 N Pitt St, Alexandria, VA 22314. For general inquiries contact John Soderberg, Sr. Contracts Consultant at 703.746.4397. The City of Alexandria reserves the right to reject any and all proposals, cancel this solicitation, and to waive any informalities or irregularities in procedure. THE CITY REQUIRES ITS CONTRACTORS TO BE EQUAL OPPORTUNITY EMPLOYERS.	<b>21 Announcements</b> <b>21 Announcements</b> <b>LEGAL NOTICE</b> Sealed proposals for the City of Alexandria per specifications will be received in the office of the Purchasing Division until the date and time designated as follows: Title: ITB#00000365, Combined Sewer Overflow (CS)) Diversion Structure at King and West Streets Bid Opening Date and Time: August 20, 2013, 3:00 p.m., prevailing local time Pre-Bid Conference: A pre bid conference will be held on August 9, 2013 at 2:00 p.m. in the Procurement Conference Room located at 100 N Pitt St, Alexandria, VA 22314. For general inquiries contact John Soderberg, Sr. Contracts Consultant at 703.746.4397. The City of Alexandria reserves the right to reject any and all proposals, cancel this solicitation, and to waive any informalities or irregularities in procedure. THE CITY REQUIRES ITS CONTRACTORS TO BE EQUAL OPPORTUNITY EMPLOYERS.
--	--

## HOW TO SUBMIT ADS TO THE CONNECTION Newspapers & Online CLASSIFIED

**DEADLINES**  
Zones 1, 5, 6.....Mon @ noon  
Zones 2, 3, 4.....Tues @ noon  
E-mail ad with zone choices to: [classified@connectionnewspapers.com](mailto:classified@connectionnewspapers.com) or call Andrea @ 703-778-9411

**EMPLOYMENT**  
**DEADLINES**  
Zones 5, 6.....Tues @ 11:00  
Zones 1, 3.....Tues @ 4:00  
Zone 2.....Wed @ 11:00  
Zone 4.....Wed @ 1:00  
E-mail ad with zone choices to: [classified@connectionnewspapers.com](mailto:classified@connectionnewspapers.com) or call Andrea @ 703-778-9411

**ZONES**  
**Zone 1:** The Reston Connection  
The Oak Hill/Herndon Connection  
**Zone 2:** The Springfield Connection  
The Burke Connection  
The Fairfax Connection  
The Fairfax Station/Clifton/Lorton Connection  
**Zone 3:** The Alexandria Gazette Packet  
The Mount Vernon Gazette  
**Zone 4:** Centre View North  
Centre View South  
**Zone 5:** The Potomac Almanac  
**Zone 6:** The Arlington Connection  
The Vienna/Oakton Connection  
The McLean Connection  
The Great Falls Connection

**21 Announcements** **21 Announcements**

**OBITUARY**  
**Josephine D. Steele**  
October 8, 1915 – July 29, 2013

Josephine Dinkins Steele (Jo) passed away on July 29, 2013, at Goodwin House, Alexandria, VA. Born Marie Josephine Dinkins in Yadkin County, NC, she grew up with her mother and 4 brothers and 1 sister, all of whom preceded her in death. She graduated from Yadkinville High School and Harbargers Business School in Raleigh, NC. Married to James F. Steele on February 19, 1938, she moved with her husband and children to Alexandria, VA, in March 1947. She spent 29 years working in the Public School Administration Office of Alexandria, retiring in 1980.

She traveled extensively with friends, visiting numerous European countries, Mexico, Canada, and Australia. She was an avid reader and loved crossword puzzles.

Her husband preceded her in death in May 1997. She is survived by her 3 sons, James F. Steele of Southern Pines, NC; Cary B. Steele of The Villages, FL; and Richard C. Steele of Alexandria. She is also survived by 6 grandchildren and 9 great grandchildren.

The family would like to thank the staff, and particularly the medical/nursing staff, of Goodwin House for the excellent care she received. The family is being assisted by Everly-Wheatley Funeral Home and Crematory of Alexandria. Online condolences may be made at [www.everlywheatleyfuneralhome.com](http://www.everlywheatleyfuneralhome.com). A memorial service will be held at Everly-Wheatley Funeral Home, 1500 W. Braddock Road, Alexandria, VA 22302, on Saturday, August 17, 2013, at 11 AM with interment to follow at Mount Comfort Cemetery. The family will receive friends 1 hour prior to the service at the funeral home. In lieu of flowers, the family requests memorial contributions may be made to Goodwin House in Alexandria, The Salvation Army, or The Carpenters Shelter in memory of Josephine D. Steele.

## Outer Banks, NC Vacation Homes!

Over 500 Vacation Homes, from Duck to Kill Devil Hills to Corolla, Outer Banks, Oceanfront to Soundfront, Private Pools, Hot Tubs, Pets and More...

**Brindley Beach**  
VACATIONS & SALES  
Book Online at [www.brindleybeach.com](http://www.brindleybeach.com)  
1-877-642-3224  
"SERVICE FIRST... FUN ALWAYS!"

## ABSOLUTE AUCTION 2113 ACRES

Amelia County • 4 miles of river frontage  
1hr from Richmond • Offered in 7 Tracts  
Thursday, Aug. 22, 6PM  
SALE SITE: County Seat Rest. Old Buckingham Rd, Powhatan VA  
434.847.7741 | TRFAuctions.com

**AMERICALLAWGROUP.COM with 13 Virginia Offices**  
**BANKRUPTCY\* or DEBT ADJUSTMENT\***

For help call 804 Debt Law (332-8529) Debt Relief Agency  
**Plain & Simple DIVORCE\*** Easy Payments  
Separation Agreements. **804-245-7848** Agreed custody & support.  
**Social Security DISABILITY\*** Veteran Disability  
\*Call for fees & restrictions. America Law Group Inc.  
7825 Midlothian Pike, Richmond 23235 Jfellows

## THIS AD FOR SALE!

Reach across Virginia with this ad!  
No other media offers the audience of loyal, local, repeat readers you'll reach through community newspapers!

71% of American adults have used a newspaper, a newspaper website and/or a newspaper mobile source in the past 30 days. (Scarborough Research 2012)

Virginia Press Services will run this business card-size display ad across Virginia for one low discounted price.  
For more details, call Adriane at 804-521-7585.

**Virginia PRESS Services**

## AUCTION 5 FORECLOSURES BY FORTIS

**#1** CURRENTLY LEASED BUILDING FRONTS E. KING ST  
**12,183± SF SHOPPING CENTER, 4 UNITS, 0.79± AC**  
390 EAST KING ST, STRASBURG, VA 22657

**#2** A 10,000 GALLON, & 6,000 GALLON TANK  
**2,975± SF GAS-N-GO 2 RESTAURANTS, 0.58± AC**  
1709 BERRYVILLE PIKE, WINCHESTER, VA 22603

#3&4: 2 SELF-STORAGE FACILITIES, FRONT ROYAL • #5: RESIDENTIAL LOT, WOODSTOCK

**TUES, 8/20** VISIT [MOTLEYS.COM](http://MOTLEYS.COM) FOR LOCATION/TIMES  
**motleys.com** 877-668-5397

# ENTERTAINMENT

## Wickedly Witty

LTA brings "Avenue Q" to life.

BY JEANNE THEISMANN  
THE GAZETTE

**T**hey sing, they dance and — OMG — they even have sex. They're the potty-mouthed puppets (and their human counterparts) of "Avenue Q," the Tony Award-winning musical now playing at The Little Theatre of Alexandria.

Conceived by Robert Lopez and Jeff Marx, who wrote the music and lyrics, "Avenue Q" is a coming-of-age satire on the anxieties of young adulthood. Mixing risqué material with Sesame Street-like puppets, the 2003 Best Musical on Broadway is bringing local audiences to its feet.

"I've seen 'Avenue Q' on Broadway and in London and this LTA cast is every bit as good," said theater veteran Roland Branford Gomez following the Aug. 4 performance. "The talent on this stage is truly remarkable."

At the center of "Avenue Q" are Princeton, a recent English grad, and Kate Monster, a kindergarten teaching assistant. In trying to find their purpose in life, both are abetted by a menagerie of neighbors that includes monsters, puppets, slackers and Gary Coleman. Yes, that Gary Coleman.

Directed by Frank Shutts II, the entire cast is incredibly solid with equally impressive puppet work.

Sean Garcia, as both Princeton and Rod, is especially adept at making his puppets spring to life with his animated, inspired movements. He deftly switches between vocal characterizations for Princeton and Rod, the uptight, closeted Republican.

Along with Garcia, Kristina Hopkins as



The LTA cast of the musical "Avenue Q," which runs through Aug. 17.

Kate Monster is a force to be reckoned with and together they lead a cast that is blindingly synchronized and talented.

Alexandria's own Matt Liptake, a recent transplant from Rochester, N.Y., makes his LTA debut and provides a trio of non-stop entertaining antics as Nicky, Trekkie Monster the porn addict and one of the hilarious Bad Idea Bears.

Sultry Claire O'Brien sizzles as Lucy the Slut with Stephanie Gaia Chu as the harranguing but hilarious social worker Christmas Eve.

Rounding out the robust cast are James Hotsko Jr. as Brian, Aerika Saxe as Gary Coleman and Charlene Sloan as Mrs. Thistlewat and one of the Bad Idea Bears.

Shutts' choreography is as impressive as his directing. What could have been confusing — several actors having not one but two puppets on their hands at various times — comes off seamlessly and is a testament to the effort he and the LTA cast and crew put into preparing for the show.

With set design by MYKE, costumes by Jean Schlichting and Kit Sibley and lighting by Ken and Patti Crowley, Shutts has assembled an award-winning team to bring a wickedly witty night of theater to the LTA stage.

"The set looks awesome," said Shutts prior to the show's opening. "LTA usually knocks the tech out of the park and they've done it again with this show."

With a delightfully devilish but politically incorrect score featuring songs like "It Sucks to Be Me," "Everyone's a Little Bit Racist" and "The Internet is for Porn," this is not a show for younger audiences. For everyone else, the laughter is loud and often at "Avenue Q," one of the best productions to be seen on the LTA stage.

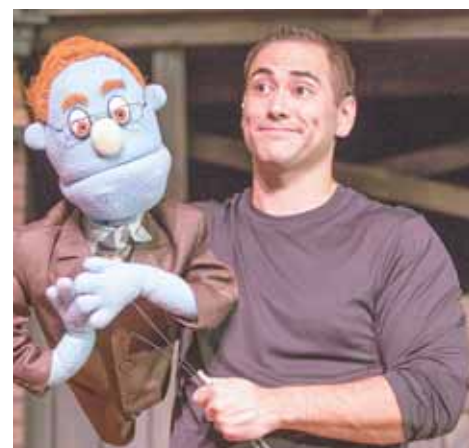
"Avenue Q" is playing through Aug. 17 at The Little Theatre of Alexandria, 600 Wolfe St. Due to increased demand, additional shows have been added on Aug. 11 and 13. For tickets or more information, call 703-683-0496 or visit [www.thelittletheatre.com](http://www.thelittletheatre.com).



Stephanie Gaia Chu as Christmas Eve with Kate Monster (puppet).



Lucy the Slut (puppet), Claire O'Brien, Princeton (puppet), and Sean Garcia



Rod (puppet) and Sean Garcia

### CALENDAR

E-mail announcements to [gazette@connectionnewspapers.com](mailto:gazette@connectionnewspapers.com). Photos and artwork are encouraged. Deadline is Thursday at noon.

#### Ongoing

**Summer Classes.** Art at the Center, 2804 Sherwood Hall Lane. Children ages 6-10 can participate. Register at [www.artatthecenter.org](http://www.artatthecenter.org) or 703-201-1250.

**National Park and Recreation Month: Open Play Days and Nights.** Through Aug. 18. Tuesday and Thursday 6-9 p.m. at Ben Brenman Park Field, 4800 Brenman Park Drive and at Four Mile Run Soccer Field, 3700 Commonwealth Ave. Saturdays from 11 a.m.-5 p.m. and Sundays noon-5 p.m. at Ben Brenman Park, Four Mile Run Soccer Field and Witter Fields, 2700 Witter Drive. Call 703-746-5402 or e-mail [mac.slover@alexandriava.gov](mailto:mac.slover@alexandriava.gov).

**Art Exhibit.** Noon-4:30 p.m. at the Green Spring Garden Historic House,

4603 Green Spring Road. Grace Rooney's watercolor paintings on display through Aug. 25. Free. Call 703-642-5173 or visit [www.greenspring.org](http://www.greenspring.org).

**Art Class.** Running through Saturday, Aug. 31, classes meet 9:15 a.m. or 10:30 a.m. Bring toddlers or preschoolers for guided exploration of clay, paint, collage, drawing and building in a supported studio environment. Classes held at Art At The Center, 2804 Sherwood Hall Lane. Register online at [www.artatthecenter.com](http://www.artatthecenter.com).

**Visiting Artists.** Through Saturday, Aug. 31, the Visiting Artist Program is a professional development opportunity for emerging and experienced visual artists from all over the country and provides an opportunity for visitors to interact with a rotating group of visual artists. Torpedo Factory located at 105 N. Union St. Call 703-838-4565 or visit [www.torpedofactory.org](http://www.torpedofactory.org).

Guests who visit George Washington's Mount Vernon and the International

Spy Museum will be able to take advantage of **Operation: George Washington** and save 50 percent off the ticket purchase at their second destination. To redeem the offer, guests must present their receipt for admission or ticket stub from one site when purchasing their ticket to the second site. Both Mount Vernon and the International Spy Museum will honor receipts and tickets throughout August. Visit [www.MountVernon.org](http://www.MountVernon.org).

**Dog Days Dog Show.** July 18-Sept. 1 in the Athenaeum Gallery. The show includes a variety of photographs about dogdom, portraits are also included. Visit [www.nvfaa.org](http://www.nvfaa.org) or call 703-683-5058.

**Art Exhibit.** Aug. 3- Sept. 1, at The Target Gallery in the Torpedo Factory Art Center, 105 N. Union Street. The exhibit is "Radio Sebastian: You, Me, and the Void". An opening reception for the exhibit will be held Aug. 8, 6-8 p.m. in the gallery. Visit [www.torpedofactory.org/target](http://www.torpedofactory.org/target) or call 703-838-4565.

**Distillery Open.** George Washington's Distillery and Gristmill open through Oct. 1. \$17/adult, \$8/child, 5 and under are free.

**Life Drawing.** Del Ray Artisans offers a range of open life drawing sessions to hone figure drawing skills. Drop-in with your supplies to draw our live models. Fee: \$8-12. View the calendar at [www.TheDelRayArtisans.org](http://www.TheDelRayArtisans.org).

The **West End Farmers Market** will run Sundays from 8:30 a.m.-1 p.m. through November. Located at Ben Brenman Park, browse food, crafts and more. Visit [www.westendfarmersmarket.org](http://www.westendfarmersmarket.org).

This **exhibit at Fort Ward**, located at 4301 W. Braddock Road, features objects from the museum collection, to tell this story of the event that launched the Civil War in Alexandria. Free. The museum is open Tuesday through Saturday, 10 a.m.-5 p.m., and Sunday, 12-5 p.m. Visit [www.fortwaRoad.org](http://www.fortwaRoad.org) or call 703-746-4848.

**African American Activists**

**Exhibition.** Living Legends of Alexandria is an ongoing photo-documentary project created in 2006 by artist-photographer Nina Tisara to identify, honor and chronicle people making current history in Alexandria. This free exhibit is at the Alexandria Black History Museum, 601 Wythe St. The museum is open Tuesday through Saturday, 10 a.m.-4 p.m. Visit [www.alexblackhistory.org](http://www.alexblackhistory.org) or call 703-746-4356.

**The Marshall House Incident Exhibition** at Fort Ward Museum, 4301 West Braddock Road. The museum is open Tuesday through Saturday, 10 a.m.-5 p.m., and Sunday, noon-5 p.m. Visit [www.fortwaRoad.org](http://www.fortwaRoad.org) or call 703-746-4848.

**Photography Workshop.** 10:30 a.m.-noon at Multiple Exposures Gallery on 105 N. Union Street. Photographers and enthusiasts of all skill levels are invited to share work, ideas, and questions at this free workshop held on the last Sunday of each month, except December. No

reservations. Call 703-683-2205.

**Summer Youth Programs.** Metro Fine Arts Center 6450 Landsdowne Centre Drive. Classes start July 8. Call 703-339-0444 or visit [www.metrofinearts.com](http://www.metrofinearts.com).

**Gallery.** Through Aug. 5 at the Art League Gallery in the Torpedo Factory Art Center, 105 N. Union St. "Fantasy of the Real," a solo show. Call 703-683-1780 or visit [www.theartleague.org](http://www.theartleague.org).

**Art Exhibit.** Through Sunday, Sept. 1 at Del Ray Artisans Gallery, 2704 Mount Vernon Avenue. The exhibit features seven Del Ray Artisans following their own theme and inspirations to create their own artwork. The gallery is free and open to the public. Visit [www.thedelrayartisans.org](http://www.thedelrayartisans.org).

**Art Exhibit.** Through Sept. 2, see "Shapes" and "scapes" at Torpedo Factory Art Center, 105 N. Union Street. An opening reception for both exhibits is planned for Aug. 8, 6:30-8 p.m.. Visit [www.theartleague.org](http://www.theartleague.org).

**Mobile Market.** Thursdays through October, 11 a.m.-1 p.m. in the Landmark Mall parking lot on the Duke Street side. The Arcadia Center for Sustainable Food and Agriculture Mobile Market is a refurbished school bus offering produce, meat, eggs and more from small farmers and food artisans within 100 miles of the area. EBT cards and WIC and Senior FMNP vouchers accepted. Visit [arcadiafood.org](http://arcadiafood.org).

**Friday Affair Market.** 12-4 p.m. at Historic Hollin Hall, 1909 Windmill Lane. Purchase baked goods, treats, flowers and crafts from local vendors. Held July 26, Aug. 9 and the first and third Fridays of every month through December. Call 202-256-5332.

**Encore Chorale.** Mondays 10:30 a.m.-noon at the George Washington Masonic National Memorial, 101 Callahan Dr. Register now for Encore Chorale's fall season. The group of singers, ages 55 and up, practice classical and holiday songs to prepare for December performances. \$150 tuition. Visit [encorecreativity.org](http://encorecreativity.org) or call 301-261-5747.

**Metro Club After-School Program.** Beginning Sept. 9 and running through June 2014, the Metropolitan School of Arts presents a new after-school program for grades 1-6. The program is located at both the Lorton studio at Workhouse Arts Center, 9517 Workhouse Way and in Alexandria at 5775 Barclay Drive. Programs offered will focus on the arts, including music, dance, theatre, yoga and academics, as well as designated homework time. The program will run after school on Mondays, 1-6 p.m., and Tuesday-Friday, 3-6 p.m. MetroClub offers MetroRide buses so students can be transported from certain area schools. Tuition runs from \$130-150. Call 703-339-0444 or visit [www.metropolitanarts.org](http://www.metropolitanarts.org).

## Summer Camps

The **American Backstage Company** is offering a variety of summer classes and workshops, many which are free. Located at 5380 Eisenhower Ave. Visit [www.americanbackstage.com](http://www.americanbackstage.com) for a full listing.

**August Art Explorers.** Aug. 2-23, every Friday, 9:15 a.m. or 10:30 a.m. at 2804 Sherwood Hall Lane. Bring toddlers or preschoolers for guided exploration of clay, paint, collage, drawing and building in a supported studio environment. Visit [www.artatthecenter.org](http://www.artatthecenter.org).

The **Little Theatre of Alexandria** is offering a new camp for children ages 5-7 from Aug. 12-16. Children are able to learn about the world of acting by participating in movement games, improv activities and

performances of skits. Full or half day sessions available. Call 703-683-5778 ext. 2 or visit [www.thelittletheatre.com](http://www.thelittletheatre.com).

## Saturday/Aug. 3- Sunday/Sept. 1

**Art Gallery.** Radio Sebastian: You, Me, and the Void. Reception is Thursday 6-8 p.m. Target Gallery, Torpedo Factory, 105 N Union St. [www.torpedofactory.org/target](http://www.torpedofactory.org/target).

## Aug. 7-Sept. 2

**Art Exhibit.** At the Art League Gallery, 105 N. Union St. The annual August landscape exhibit "Scapes" features a variety of artwork from all media, inspired by the environment. Juried by Elizabeth Klimek. The opening reception will be held on Thursday, Aug. 8 from 6:30-8 p.m. Call 703-683-1780 or visit [www.theartleague.org](http://www.theartleague.org).

## Thursday/Aug. 8

**Performance.** 7 p.m. at The Athenaeum, 201 Prince St. Joe Peck and Friends with featured artist Mercedes Mill. All tickets are \$10 and available online and at the door. Visit [www.nvfaa.org](http://www.nvfaa.org) or call 703-548-0035.

**Doggie Happy Hour.** 4-7 p.m. at the Athenaeum, 201 Prince St. Bring your dogs for an evening in the Athenaeum garden. Lemonade and milkbones provided. Free. Call 703-548-0035 or visit [www.nvfaa.org](http://www.nvfaa.org).

**Movies at Martha.** 7 p.m. at Martha Washington Library, 6614 Fort Hunt Road. Adults and teens age 13 and up can enjoy a movie. Call for title. 703-768-6700.

**Night Time Tales.** 7 p.m. at John Marshall Library, 6209 Rose Hill Drive. Children ages 3-5 can listen to stories. Registration required. Call 703-971-0010.

**Twilight Concert.** 7:30-8:30 p.m. at John Carlyle Park, 300 John Carlyle St. Concert by Jason Paul Curtis & Swing Lab. Free. 703-746-5592.

## Aug. 8-Sept. 2

**Art Exhibit.** At the Art League Gallery, 105 N. Union St. "Shapes" features sculptures, forms and structures by Art League artists. Juried by Laura Roulet. The opening reception will be held Thursday, Aug. 8, 6:30-8 p.m. Call 703-683-1780 or visit [www.theartleague.org](http://www.theartleague.org).

## Friday/Aug. 9

**Lori Williams.** Opening for Jose' James at The Birchmere 3701 Mt Vernon Ave. Tickets on sale now. Visit <http://lorijazz.com/> or [www.Birchmere.com](http://www.Birchmere.com).

## Friday-Saturday/Aug. 9-10

**Summer Sidewalk Sale.** 10 a.m.-2 p.m. at the Alexandria Black History Museum, 902 Wythe St. The sale includes books, exhibit catalogs, games, toys and DVDs. After visiting the sale, see the exhibitions within the museum's galleries. Proceeds go to museum programming. Visit [www.alexblackhistory.org](http://www.alexblackhistory.org).

<call> Tuesday-Thursday/Aug. 9-11 **Theatre.** 10 a.m. Friday and Saturday; 10:30 a.m. Sunday at the Athenaeum, 201 Prince St. Arts on the Horizon presents "Under the Canopy" an interactive theatre performance designed for children 0-2 years old. \$3. Call 703-548-0035 or visit [www.ArtsOnTheHorizon.org](http://www.ArtsOnTheHorizon.org).

## Saturday/Aug. 10

**Workshop** 9:30 a.m.-12:30 p.m. Green Spring Gardens, 4603 Green Spring Road. Green Spring staff shares casting and painting techniques for

# 'Daughter of the Struggle'

## MetroStage play recounts Civil Rights movement.

BY JEANNE THEISMANN  
THE GAZETTE

Former Speaker of the U.S. House of Representatives Nancy Pelosi joined comedian and civil rights activist Dick Gregory at Alexandria's MetroStage theater Aug. 1 for a performance of "Daughter of the Struggle," a one-woman show by Gregory's daughter Ayanna.

"There are so many stories to be told about Dick Gregory's impact on the Civil Rights movement," Pelosi said following the sold out performance. "I am so grateful to him for making us and America stronger."

"Daughter of the Struggle" is an autobiographical performance that uses music and intimate narratives to tell the story of Dick Gregory and his wife Lillian's involvement in the Civil Rights movement through the eyes of the Gregory family.

"I was there," Dick Gregory told the audience after the show. "I was with [Martin Luther] King 50 years ago in Washington and we stood our ground, but not with a gun or with anger."

Dick Gregory recounted many stories of his work alongside King and other civil rights activists, some of which are recounted by Ayanna Gregory in her performance.

decorating the home and garden. Program registration is \$45. Supply registration is \$20 and is due by Aug. 7. Call 703-642-5173 or visit [www.fairfaxcounty.gov/parks/greenspring](http://www.fairfaxcounty.gov/parks/greenspring).

**Workshop.** 10 a.m.-noon Green Spring Gardens, 4603 Green Spring Road. Learn to create a tabletop terrarium from begonia enthusiast Johanna Zinn. Container, plants, soil and care instructions provided. Registration is \$45. Call 703-642-5173 or visit [www.fairfaxcounty.gov/parks/greenspring](http://www.fairfaxcounty.gov/parks/greenspring).

**Book Sale.** 10 a.m. at Kingstowne Library, 6500 Landsdowne Center. Find items for all ages. 703-339-4610.

**I Dig Sign Language.** 10:30 a.m. at Martha Washington Library, 6614 Fort Hunt Road. Children of all ages can enjoy songs and games introducing basic American Sign Language. Free. 703-768-6700.

**Wag A Tale.** 10:30-11:30 a.m. at Kingstowne Library, 6500 Landsdowne Centre. Children ages 5-12 can register to read aloud to a reading therapy dog. Registration required, 703-339-4610.

**28th Annual Ballyshaners Irish Festival.** 11 a.m.-7 p.m. at Waterfront Park in Old Town Alexandria. A day full of Irish culture provided by the Ballyshaners features musical groups, dancers and vendors of authentic Irish foods and crafts. All proceeds go to pay the cost of Alexandria's annual St. Patrick's Day Parade. Visit <http://www.ballyshaners.org/festival/index.htm>.

**Free Meditation Workshop.** 11 a.m. at Burke Library, 4701 Seminary Road. Learn breathing technique and more. Free. 703-746-1704.

**How to Succeed at Iced Coffee.** 11 a.m. at Barrett Library, 717 Queen St. Learn how to make iced coffee and sample what is created. Reservations recommended, 703-



**Former Speaker of the House Nancy Pelosi, second from left, congratulates Ayanna Gregory following her performance of "Daughter of the Struggle" at MetroStage Aug. 1 With them are MetroStage artistic director Carolyn Griffin, comedian and civil rights activist Dick Gregory and his wife Lillian.**

"When my father saw the show for the first time, it really moved him," Ayanna Gregory said. "That's when it hit him that Martin [Luther King] and Medgar [Evers] never got a chance to hear their children talk about the impact their lives had on their families."

MetroStage will be presenting an encore performance of "Daughter of the Struggle" for one night only Aug. 10. For tickets or more information, call 703-548-9044 or visit [www.metrostage.org](http://www.metrostage.org).

746-1703.  
**Jane Austen Ball.** 8 p.m. at Gadsby's Tavern 134 N. Royal Street. This evening in the 1790s will feature a variety of English country dances in the historic ballroom, live music, and iced refreshments. After-5 dress encouraged. Visit [www.shop.alexandria.gov](http://www.shop.alexandria.gov) or [www.alexandria.gov/gadsbystavern](http://www.alexandria.gov/gadsbystavern).

**Concert.** 7:30 p.m. at the Birchmere Music Hall, 3701 Mount Vernon Ave. David Majerowicz opens for Marty Stuart. \$35. Visit [www.birchmere.com](http://www.birchmere.com) or call 703-549-7500.

## Saturday-Sunday/Aug. 10-11

**4th Annual Alexandria Sidewalk Sale.** New this year, the sale is over two days in two neighborhoods, Old Town and Del Ray with more than 55 shops offering clearance deals, promotions and product demos. Parking is free at meters and city-owned garages. More details at [ShopLocalAlexandria.com](http://ShopLocalAlexandria.com) and [VisitAlexandriaVA.com](http://VisitAlexandriaVA.com).

## Sunday/Aug. 11

**Family Days** at Gadsby's Tavern Museum, 134 N. Royal St. Families can partake in tours by Junior Docents. The Museum is also offering a look at the newly restored Ice Well, which allows visitors to experience the science and history that goes along with the making of ice cream. \$5 for adults; \$3 for children age 5-12. Call 703-746-4242 or visit [www.gadsbystavern.org](http://www.gadsbystavern.org).

**EOD Warrior Foundation BBQ Festival.** 2-8 p.m. at the American Legion/Gadsby's Tavern Complex, 400 Cameron St. The Explosive Ordnance Disposal (EOD) Warrior Foundation honors wounded and fallen EOD warriors and their families. Festivities include live music by Red Star. \$20; all proceeds go to

charity. Call 540-554-4550 or email [info@eodwarriorfoundation.org](mailto:info@eodwarriorfoundation.org).  
**Concert.** 3 p.m. at The Lyceum, 201 S. Washington St. Pianists Sylvia Hong and Michael Rector will perform. Presented by the Washington Metropolitan Philharmonic Association. Free. Call 703-799-8229 or visit [www.wmpamusic.org](http://www.wmpamusic.org).

## Monday/Aug. 12

**Baby Lap Sits. 1:15 p.m.** at John Marshall Library, 6209 Rose Hill Drive. Literacy programs for parents and babies. Ages birth through 12 months. Registration required. Call 703-971-0010.

**Make it and Take it for Teens.** 4 p.m. at Martha Washington Library, 6614 Fort Hunt Road. Teens age 13-17 can explore what's "beneath the surface" when creating a craft. Free. 703-768-6700.

**Books and Ideas.** 7:30 p.m. at Sherwood Library, 2501 Sherwood Hall Lane. Discuss "Year of Wonders: A Novel of the Plague" by Geraldine Brooks. Free. 703-765-3645.

## Tuesday/Aug. 13

**A to Zoo Preschool Storytime.** 10:30 a.m. at John Marshall Library, 6209 Rose Hill Drive. Stories and activities for children ages 3-5 with an adult. Registration required. Call 703-971-0010.

**All Creatures Great and Small.** 2:30 p.m. at Kingstowne Library, 6500 Landsdowne Centre. Children ages 6-12 can meet local animals from the Blue Ridge Wildlife Center. Registration required, 703-339-4610.

**Second Tuesday Book Group.** 7 p.m. at Kingstowne Library, 6500 Landsdowne Centre. Discuss "Beach Music" by Pat Conroy. Free. Visit [secondtuesdaybookgroup.blogspot.com](http://secondtuesdaybookgroup.blogspot.com) or 703-339-4610.

**Evening Book Group.** 7 p.m. at Martha Washington Library, 6614

# ENTERTAINMENT

Fort Hunt Road. Adults can discuss "The Boy in the Suitcase" by Lene Kaaberbol. Free. 703-768-6700.

**Concert.** 7:30 p.m. at The Birchmere, 3701 Mount Vernon Ave. Performance by George Duke. Tickets on sale July 12. Visit [www.birchmere.com](http://www.birchmere.com) or [www.georgeduke.com](http://www.georgeduke.com).

## Wednesday/Aug. 14

**Rising Words, Rising Images.** 10:30 a.m. at Sherwood Library, 2501 Sherwood Hall Lane. Discuss "Fahrenheit 451" by Ray Bradbury. For teens ages 12-18. Free. 703-765-3645.

**I Dig Dinosaurs.** 10:30 a.m. at Kingstowne Library, 6500 Landsdowne Centre. Children ages 2-5 can enjoy stories and songs about dinosaurs. Registration required, 703-339-4610.

**Fun for 2's and 3's.** 10:30 a.m. or 11 a.m. at John Marshall Library, 6209 Rose Hill Drive. Stories and activities for ages 2 and 3 with an adult. Registration required. Call 703-971-0010.

**Older Adults Book Group.** 2 p.m. at Kingstowne Center for Active Adults, 6500 Landsdowne Centre. Discuss "Hitch 22" by Christopher Hitchens. Free. 703-339-4610.

**Hitchcock Film Series.** 6:30 p.m. at Duncan Library, 2501 Commonwealth Ave. Watch a movie and then discuss it at St. Elmo's Coffee Pub. Free. 703-746-1705.

**Cool Yoga.** 6:30-7:30 p.m. Maureen Clyne of Prasad Yoga offers, outdoor yoga classes at 1900 Mt. Vernon Avenue in Del Ray. Open to all skill levels. Free. Call 703-967-8884 or visit [www.prasadayoga.com](http://www.prasadayoga.com).

**Book Signing.** 7 p.m. at Beatley Central Library, 5005 Duke St. Mike Maggio discusses and signs his novel "In the Valley of Granite and Steel." Call 703-746-1751 or visit [www.alexandria.lib.va.us](http://www.alexandria.lib.va.us).

## Wednesday-Thursday/Aug. 14-15

**Concert.** 7:30 p.m. at the Birchmere Music Hall, 3701 Mount Vernon Ave. Justin Hayward, with opening act Mike Dawes. Call 703-549-7500 or visit [www.birchmere.com](http://www.birchmere.com).

## Thursday/Aug. 15

**Garden Stroll & Tea.** 1-3 p.m. Green Spring Gardens, 4603 Green Spring Road. Tour the gardens and hear stories of Green Spring past and present followed by afternoon tea in the 1784 historic house. Registration is \$29. Call 703-642-5173 or visit [www.fairfaxcounty.gov/parks/greenspring](http://www.fairfaxcounty.gov/parks/greenspring).

**Yappy Hour.** 5:30 p.m. Artfully Chocolate, 506 John Carlye Street. Artfully Chocolate has teamed up with pet care company Paw'k Ave to create happy hours with a twist. Call 703-575-8686 or visit [www.pawk-ave.com](http://www.pawk-ave.com).

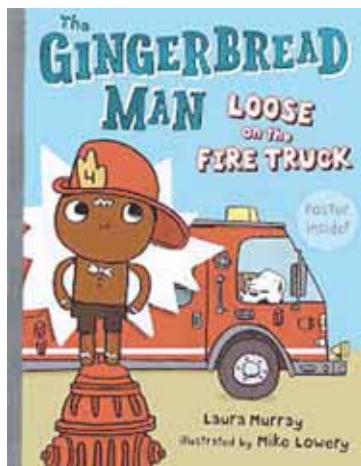
**Martha's Poetry Discussion.** 7 p.m. at Martha Washington Library, 6614 Fort Hunt Road. Discuss the poetry of Natasha Trethewey. Free. 703-768-6700.

**Book Discussion.** 7:15 p.m. at John Marshall Library, 6209 Rose Hill Drive. Call for title. Free. 703-971-0010.

## Friday/Aug. 16

**Andy Poxon.** Opening for JD McPherson at The Birchmere 3701 Mt. Vernon Ave. Tickets on sale now. Visit [www.andypoxon.com/](http://www.andypoxon.com/) or [www.birchmere.com](http://www.birchmere.com).

**Community Dance.** 7:30-9:30 p.m. at Hollin Hall Senior Center, 1500 Shenandoah Road. The Mount Vernon Swing Band, conducted by Owen Hammett, provides live music. Open to the community. \$4. Call



Laura Murray

## Story Time at Friendship Firehouse

Friendship Firehouse debuts its new Summertime Story Time Saturday, Aug. 10 at 11 a.m. with children's book author Laura Murray. Murray will read her new book "The Ginger Bread Man: Loose on the Fire Truck." Following the reading, children may enjoy a tour of the Friendship Firehouse Museum, participate in a fire bucket brigade race and ring the firehouse fire bell. The program, intended for children ages 6 and up, is conducted in partnership with Hooray for Books. Copies of Murray's book will be available for purchase at the museum, located at 107 S. Alfred St.

703-765-4573, TTY 711.

**The Dixie Melody Boys.** 7:30 p.m. Mount Calvary Community Church, 6731 Beulah St., Alexandria. After earning Grammy nominations for its four-part harmonies, the Gospel quartet brings them to a local stage. Visit [www.mountcalvary.cc](http://www.mountcalvary.cc) and [www.dixiemelodyboys.com](http://www.dixiemelodyboys.com).

## Saturday/Aug. 17

**Auditions for the Washington School of Ballet.** The Washington Ballet, 3515 Wisconsin Avenue, NW, Washington, D.C. Ages 4-5 will audition 10-11 a.m., ages 6-7 11:15-12:15, and ages 8-10 12:30-2 p.m. in the England Studio. Ages 11-13 10-11:30 a.m. at the Phillips Studio. All other ages will audition at 12-1:30 p.m. in Philips Studio. Audition fee is \$30 and registration is required. Visit [www.washingtonballet.org](http://www.washingtonballet.org) or call 202-362-3606.

## Board Gaming with Wargame

**Wake.** 10 a.m. at Beatley Library, 5005 Duke St. All ages can play a variety of games. Beginners welcome. Join an existing game or bring your own board. Free. 703-746-1702.

**Wag A Tale.** 10:30-11:30 a.m. at Kingstowne Library, 6500 Landsdowne Centre. Children ages 5-12 can register to read aloud to Chester, a reading therapy dog. Registration required, 703-339-4610.

## Music and Movin' with Miss

**Susan.** 1 p.m. or 2 p.m. at Kingstowne Library, 6500 Landsdowne Centre. Children up to age 5 can enjoy sings, music and more. Free. Registration required, 703-339-4610.

**Concert.** 7:30 p.m. at the Birchmere Music Hall, 3701 Mount Vernon Ave. Justin Trawick opens for Edwin McCain. \$35. Visit [www.birchmere.com](http://www.birchmere.com) or call 703-549-7500.

## India Independence Day

**Celebration.** 1-5 p.m. at Ten Thousand Villages, 915 King St. The store is offering henna tattoos and Indian food and drink. Handwork by artisans in India will be on display. Call 703-684-1435 or visit

[www.alexandria.tenthousandvillages.com](http://www.alexandria.tenthousandvillages.com).

## Sunday/Aug. 18

**Pride and Prejudice Celebration** 1-3 p.m. Green Spring Gardens, 4603 Green Spring Road. Jane Austen's "Pride and Prejudice" turns 200. Celebrate and discuss the novel. Reservations are \$29. Call 703-642-5173 or visit [www.fairfaxcounty.gov/parks/greenspring](http://www.fairfaxcounty.gov/parks/greenspring).

**Chamber Music.** 3 p.m. at The Lyceum, 201 S. Washington St. Washington's Camerata, Baroque music for traverso flute and baroque guitar. Presented by Washington Metropolitan Philharmonic Association. Free. Call 703-799-8229 or visit [www.wmpamusic.org](http://www.wmpamusic.org).

**Concert.** 5-8 p.m. at JV's Restaurant, 6666 Arlington Blvd. Alexandria's Fuse Box will be performing. Tickets are on sale now. Visit [www.jvrestaurant.com](http://www.jvrestaurant.com).

## Monday/Aug. 19

**Early Words.** 10:30 a.m. at Kingstowne Library, 6500 Landsdowne Centre. Children ages 12-23 months can enjoy songs and stories. Registration required, 703-339-4610.

**Baby Lap Sits.** 1:15 p.m. at John Marshall Library, 6209 Rose Hill Drive. Literacy programs for parents and babies. Ages birth through 12 months. Registration required. Call 703-971-0010.

**Make it and Take it for Teens.** 4 p.m. at Martha Washington Library, 6614 Fort Hunt Road. Children ages 8-12 can "dig" into reading with craft projects. Free. 703-768-6700.

## Monday-Friday/Aug. 19-23

**The Big Meow Half Day Camp.** 9 a.m.-noon at the Athenaeum, 201 Prince St. A camp inspired by Elizabeth Spire's book "The Big Meow" teaches about movement, creativity, problem solving and story telling. For ages 5-7. \$150 for the week. Call 703-933-1111 or visit [www.janefranklin.com](http://www.janefranklin.com).

**unwined**  
gourmet wine • cigars



Put Us to The Test

- ♥ Selection
- ♥ Service
- ♥ Price

Come Taste the Difference

Two Convenient Alexandria Locations  
Open 7 days a week

**Bradlee**  
3690J King Street  
703.820.8600

**Belle View**  
1600A Belle View Blvd.  
571.384.6880

[www.unwinedva.com](http://www.unwinedva.com)

## The Best in Family Dining



Food fit for a king on a family budget

An Alexandria community fixture for more than 100 years, the Royal Restaurant offers the best in Greek, Italian and American cuisine. Enjoy burgers, steaks, prime rib, chicken, seafood, pasta and full salad bar complete with special children's menu items.

**Royal**  
Restaurant  
SINCE 1904

734 North Saint Asaph Street, Alexandria, Virginia 22314  
703-548-1616 • [www.theroyalrestaurant.com](http://www.theroyalrestaurant.com)  
Award-winning wine menu • Major credit cards accepted



# WP Football Players Impress at 'Top Gun'

**W**est Potomac football players Marquis Saldana (WR), Kris Sheckles (DL), Darien Pickett (LB), Josh Ransom (DL) and Max Nail (LB) recently showed off their skills at the "invitation only" Football University "Top Gun" camp held in Dublin, Ohio. These players were invited to Top Gun based on their outstanding performance at the regional Football University camp held in Springfield on May 24.

They joined more than 750 of the nation's other top athletes at their positions and trained with current and former NFL players and coaches.

Top Gun is the culmination of Football University's 40-camp nationwide tour gathering the most elite performers from across the U.S. and allowing them to compete and display their abilities together on one stage. Football University has an alumni list that includes some of the top college football recruits and players in the nation. To learn more information about how to get to events such as Top Gun, visit [www.footballuniversity.org](http://www.footballuniversity.org).



West Potomac football players pictured from left: Marquis Saldana (WR), Kris Sheckles (DL), Josh Ransom (DL), Darien Pickett (LB) and Max Nail (LB).

COURTESY PHOTO

## SPORTS BRIEFS

### NVSO Registrations Due in August

Registrations for the 2013 Northern Virginia Senior Olympics to be held Sept. 7-19 are due Aug. 23 by mail or Aug. 30 online. There is no onsite registration.

More than 50 events will take place at 17 different venues throughout Northern Virginia. Registration fee is \$12, which covers multiple events. Participants must be 50 years of age by Dec. 31, 2013 and live in a sponsoring jurisdiction.

Among the events offered are track, field, swimming, diving, tennis, table tennis, bowling, Wii bowling, eight ball pool, handball, racquetball, golf, miniature golf, badminton, pickleball, cribbage, scrabble, duplicate bridge, Mexican train dominoes, line dancing, yo-yo tricks and more. Information is available online at [www.nvso.us](http://www.nvso.us) or by calling 703-228-4721 or email, [nvso1982@gmail.com](mailto:nvso1982@gmail.com).

Sponsoring jurisdictions are the cities of Alexandria, Fairfax and Falls Church and the counties of Arlington, Fairfax, Fauquier, Loudoun and Prince William.

## SCHOOL NOTES

Email announcements to [gazette@connectionnewspapers.com](mailto:gazette@connectionnewspapers.com). Deadline is Thursday at noon. Photos are welcome.

**Bridget Thompson** has been selected to receive a \$1,500 college scholarship from the Military Children Program. Thompson took part in various school and community activities including environmental club, cross country, swimming, and band. She plans to attend The College of William and Mary.



**Madelyn Zeigler** has been selected to receive a \$1,500 college scholarship from the Military Children Program. Zeigler took part in many school and community activities such as lacrosse, swimming, American Red Cross, and the National Honor Society. She plans to attend UNC at Chapel Hill.



Mount Vernon High School will be hosting

a Transition to High School Jump-Start Program for rising 9th grade students. This program is designed to help introduce freshmen to a new school environment and procedures. The program will be held Aug. 19-23, 8 a.m.-noon. Limited transportation will be provided to participants from feeder elementary schools. Contact Alicia Clarke at [focus21mv@gmail.com](mailto:focus21mv@gmail.com) or 703-619-3100.

The following students have been admitted to Hampden-Sydney College: **Logan Durwood Leathers III** who will enter with a president's award; **Kurt David Anderson** who will enter as a Patrick Henry Scholar; and **Scott Michael Bellamy, Nicholas David Fletcher, Javier Ernesto Landaverde, Steven Dino Ponce, and Henrik Lars Anderson Jr.** who will all enter with alumni awards.

The P.E.O. STAR Scholarship, for the 2013-2014 academic year, was presented to **Sonia Francone**, who has been accepted and will attend Sewanee: The University of the South, in the fall. The P.E.O. STAR Scholarship is a \$2,500 scholarship based on excellence in leadership, extracurricular activities, community service, academics and potential for future success.

The following students were named to the Virginia Tech spring 2013 dean's list: **Christopher M. Orem, Colin B. Stamper, Rachel A.**

**Gartlan, D'Elia M. Chandler, Matthew T. Czechanski, Samuel J. Ferrara, Andrew K. Kicinski, Claire S. Osborn, Sarah E. Tianti, Marianne S. Wolz, Shauna M. Erickson, Katherine G. Banchoff, Eileen Cheng, Kelley A. Cumpston, Kelsey E. Donley, Catherine A. Doulis, Olivia N. Foroughi, Roger B. Gildersleeve, Sandy S. Janwatin, Marin A. Nolan, Molly E. Vaughan, Alexander J. Zelloe, Devin B. Amole, Khoki N. Bernier, Nicholas W. Galdos, Farhan M. Hasan, Elliott T. Jernigan, Caroline E. Kelly, Kathleen A. O'Connor, Michael C. Pourchot, Alexander W. Cheng, Kevin H. Corcoran, Sarah E. Curzon, Kathleen H. Driscoll, Anna M. Gehring, Gabrielle N. Gonzalez, Mark C. Micklem, Ian S. Philips, Sasha A. Spriggs, Joseph F. Taylor, Alan Tran, Annmarie J. Wood, Lindsey M. Baumann, Julianne D. Bigler, Molly A. Bowdring, Reed H. Bryant, Michelle S. Cohen, Samantha L. Cooper, Bridget A. Corridon, Christina L. Devine, Todd P. Ferri, Casey P. Jenkins, Dylan M. Keightley, Saskia R. Kroesen, Grant G. Leonard, Douglas P. Magill, Kelly D. McFarland, Madalena R. McNeil, Leo T. Naegele, Owen T. Nugent, Kelley M. O'Leary, Catherine B. Royka, Laina N. Schneider, Sean M. Trenchard, Patrick M. Murphy, Dylan M. Bischoff, Jason M. Cayanong, Hilmi D.**

**Entabi, Michael C. Fagan, Hunter J. Fairchild, Adam D. Frank, Travis E. Frank, Alan A. Gomez, Ezra S. Kaypaghian, Juan G. Montolin, Timothy H. Song, Jessica R. Wessinger, Lina S. Abdelatif, Andrew J. Chesley, Hanna Y. Coleman, James E. Creaven, Primal K. Dhillon, Kruthika Kikkeri, Andreas C. Kunkel, Richard D. Lee, Brian M. Mickey, Natalie S. Montequin, David R. Moran, Carolyn Y. Mottley, David C. Oetjen, Stefan J. Povolny, Brittany L. Sholes, Mishell A. Siles Borda, Younes Taleb, Jennifer L. Thompson, Rebecca K. Truong, Jwalita Veeramachaneni, Hope H. Wentzel, Julia E. Zukowski, Philip J. Daniel, Peter T. Raum, Gorum Z. Tessema, Laura A. Vilhauer, Robert J. Calvey, Peter Francis S. Guevara, Stephanie M. Mateus, Christine R. McCoy, Kirsten R. Melone, Alicia L. Sobral, Erika L. Weidman, Mitchell S. Youmans, Ryan G. Morrison, Michele J. Newby, Mahmood A. Alwash, Robiel M. Ande, Michelle J. Baca, Allison S. Biache, Mikala T. Brunson, Ali M. Buhisi, Alan Cai, Gwendolyn M. Cardiff, Mussie Kebede, Zachary T. Kiszka, Menen L. Missailidis, Kevin K. Pham and Eileen H. Phan.**

**Elizabeth Conran and Kara Von Dresner** graduated from Fairleigh Dickinson University's Metropolitan Campus this spring.

## Reading for Success!

**Time-tested, results-proven program for kindergarten and first grade students**

Has your child had difficulty acquiring reading skills during Kindergarten/1st grade? Use these final days of summer to increase their reading skills in just 1/2 hour per day, as they transition back to school. Time-tested and results-proven material is used for 1/2 hour per day 5 days a week, to get them on a 1st/2nd grade reading level at the end of the program. Call 703-360-3363 or e-mail [annsvernon@gmail.com](mailto:annsvernon@gmail.com) to set up an appointment.

**All sessions done in my home in the Wayneswood/Fort Hunt area.**

MOUNT VERNON ATHLETIC CLUB

7  
DAY

GUEST PASS

Contact a Client Coordinator at  
[iwant2bfit@mtvac.net](mailto:iwant2bfit@mtvac.net) for more details

(703) 360-7300 | [www.mtvac.net](http://www.mtvac.net)  
7950 Audubon Ave.  
Alexandria, VA 22306

For a free digital subscription to one or all of the 15 Connection Newspapers, go to [www.connectionnewspapers.com/subscribe](http://www.connectionnewspapers.com/subscribe)

Be the first to know – get your paper before it hits the press.

Complete digital replica of the print edition, including photos and ads, delivered weekly to your e-mail box.

Questions? E-mail: [goinggreen@connectionnewspapers.com](mailto:goinggreen@connectionnewspapers.com)



**Mount Vernon Gazette**



## Reasons to love Alexandria Toyota



Low Prices



Exceptional  
Customer Service



State-of-the-art  
service lane



Call, Click or Visit and learn why we are 1 of only 4 dealerships in the nation to win Toyota's President's Award 27 years straight!

**\$1,500** OVER BLACK BOOK  
UP TO TRADE IN VALUE<sup>4</sup>

**0% APR FINANCING**  
ON SELECT NEW MODELS FOR UP TO 60 MONTHS<sup>2</sup>

**OVER 600 VEHICLES AVAILABLE**

**\$2,750** CASH BACK<sup>3</sup>  
UP TO

**BRAND NEW 2013 TOYOTA COROLLA LE**  
4 DR, SEDAN, 4-SPD. AUTO

LEASE FOR  
**\$169 PER MO.**<sup>1</sup>

36 MOS. \$2,199 DUE AT SIGNING.

**OR 0% APR FINANCING**  
FOR UP TO 60 MO.<sup>2</sup>

**OR \$500 CASH BACK<sup>3</sup>**

27 CITY  
34 HWY<sup>7</sup>



**WELCOME TO THE FAMILY**  
BRINGING THE SPORT BACK TO THE CAR.

BRAND NEW 2013  
**SCION iQ**  
**\$139 PER MO.**  
FOR 36 MONTHS<sup>1</sup>  
\$1,999 due at signing



The Best New Cars Make The Best Used Cars

- 7YR/100K MILE ROADSIDE ASSISTANCE PLAN<sup>†</sup>
- 160 POINT QUALITY ASSURANCE INSPECTION<sup>††</sup>
- CARFAX VEHICLE HISTORY REPORT
- 1.9% APR FINANCING AVAILABLE<sup>†††</sup>
- 12 MO./12K MI COMPREHENSIVE WARRANTY
- 7 YR./100K MI LIMITED POWERTRAIN WARRANTY

**BRAND NEW 2013 TOYOTA CAMRY LE**  
4 DR. SEDAN, 6-SPD. AUTO

LEASE FOR  
**\$199 PER MO.**<sup>1</sup>

24 MOS. \$2,699 DUE AT SIGNING

**OR 0% APR FINANCING**  
FOR UP TO 60 MO.<sup>2</sup>

**OR GET \$1,000 CASH BACK<sup>3</sup>**

25 CITY  
35 HWY<sup>7</sup>



**0% APR FINANCING**  
AVAILABLE<sup>2</sup>



**PRIUS FAMILY IN-STOCK NOW**  
plus goes plural



UP TO  
95 MPG<sup>7</sup>

**BRAND NEW 2013 TOYOTA RAV4 LE**  
2WD 4 CYLINDER AUTO.

LEASE FOR  
**\$219 PER MO.**<sup>1</sup>

36 MOS. \$2,999 DUE AT SIGNING.

**PLUS \$500 LEASE**  
**LOYALTY CASH<sup>8</sup>**

24 CITY  
31 HWY<sup>7</sup>



**ToyotaCare**

Complimentary maintenance plan  
with roadside assistance.  
• Covers 2 years or 25k miles. Oil and Filter - Tire Rotation - Multi-Point Inspection<sup>†</sup>

Jack Taylor's  
**ALEXANDRIA**  
TOYOTA / SCION

**ALEXANDRIA TOYOTA/SCION**  
3750 JEFFERSON DAVIS HWY. | ALEXANDRIA, VA 22305  
1-866-616-8420 | ALEXANDRIATOYOTA.COM  
**JUST MINUTES FROM REAGAN NATIONAL AIRPORT!**



**Let's  
Go  
Places**

(1) DUE AT SIGNING INCLUDES DOWN PAYMENT (COROLLA: \$1,999, CAMRY: \$2,499, RAV4: \$2,999), FIRST MONTH'S PAYMENT, \$499 PROCESSING FEE AND NO SECURITY DEPOSIT. NOT ALL CUSTOMERS WILL QUALIFY. TAX, REGISTRATION AND INSURANCES ARE EXTRA. CUSTOMER IS RESPONSIBLE FOR EXCESSIVE WEAR AND EXCESS MILEAGE CHARGES OF \$0.15 PER MILE IN EXCESS OF AGREEMENT'S MILES (COROLLA/RAV4: 36,000 MILES, CAMRY: 24,000 MILES). OFFER AVAILABLE ON APPROVED CREDIT TO QUALIFIED CUSTOMERS FROM TOYOTA FINANCIAL SERVICES. (2) 0% APR FINANCING AVAILABLE FOR UP TO 60 MONTHS ON SELECT MODELS. OFFERS FOR WELL-QUALIFIED BUYERS WITH APPROVED TIER1+ CREDIT THROUGH TFS. 60 MONTHLY PAYMENTS OF \$16.67 PER \$1,000 BORROWED. (3) PURCHASERS CAN RECEIVE UP TO \$2,750 CASH BACK FROM TOYOTA OR CAN APPLY CASH BACK TO DOWN PAYMENT. AMOUNT VARIES PER MODEL. (4) BASED ON BLACK BOOK TRADE VALUE MINUS EXCESS MILEAGE AND RECONDITIONING. (5) COVERS NORMAL FACTORY SCHEDULED SERVICE FOR 2 YEARS OR 25K MILES, WHICHEVER COMES FIRST. THE NEW VEHICLE CANNOT BE PART OF A RENTAL OR COMMERCIAL FLEET. SEE PARTICIPATING DEALER FOR COMPLETE PLAN DETAILS. VALID ONLY IN THE CONTINENTAL UNITED STATES AND ALASKA. (6) COLLEGE GRAD AND MILITARY REBATE AVAILABLE ON APPROVED CREDIT THRU TFS. ELIGIBLE CUSTOMERS MUST BE IN ACTIVE DUTY STATUS IN U.S. MILITARY TO RECEIVE REBATE. (7) 2012 OR 2013 EPA-ESTIMATED MILEAGE. ACTUAL MILEAGE MAY VARY. (8) CUSTOMERS CAN RECEIVE A \$500 INCENTIVE FROM TOYOTA UPON LEASING A NEW 2013 RAV4 AND TRADING IN A TOYOTA VEHICLE. (†) WHICHEVER COMES FIRST FROM DATE OF TCUV PURCHASE. (††) FROM DATE OF TCUV PURCHASE. (†††) 1.9% APR FINANCING ON ALL CPO VEHICLES FOR UP TO 60 MONTHS WITH APPROVED CREDIT ON SELECT MODELS THROUGH TFS. 60 MONTHLY PAYMENTS OF \$17.05 PER \$1,000 BORROWED. ONE INCENTIVE PER TRANSACTION. ALL OFFERS EXPIRE 9/3/13.



# McENEARNEY ASSOCIATES, INC. REALTORS®



Alexandria \$549,900



**Modern Updates and Ideal Location**  
This townhome has been extensively updated. Features new hardwood floors, a kitchen with Silstone counters and stainless appliances, new bathroom fixtures, crown molding and a completely repainted interior. Professional landscaping and a large brick patio for entertaining. Two blocks from King Street life, and walkable to waterfront and both Metros.

**Sue Goodhart**  
703.362.3221  
www.thegoodhartgroup.com



Alexandria/Clover \$1,300,000



**"The Flip Side" of Clover Beauty!**  
Built in 2000, this four bedroom up, three and a half bath, two-car garage home boasts nearly 4,000 SF. Fully fenced, professionally landscaped back-yard, and deliciously cool built-in swimming pool. Two story foyer, expansive open floor plan, gourmet kitchen and great room. Massive master suite with private balcony, too! Not a "traditional colonial" to be sure!

**Cindy Clemmer**  
703.966.0403  
www.CindyClemmer.com



Alexandria/Beverly Hills \$764,900



**It's a Fact**  
...that this picture-perfect, three-bedroom, two-and-a-half-bath, all-brick beauty will capture your heart. The exquisite landscaping can be enjoyed from every room, especially from the screened porch & stone patio. No need to share a bath as the master has its very own! Fresh paint, gorgeous wood floors, remodeled kitchen, & updated baths make this move-in ready!

**Betty Mallon**  
703.989.8548  
www.BettyMallon.com  
MLS# AX8152754



Old Town Alexandria \$860,000



**Old Town Village**  
Exceptional house with exceptional amenities. This home is spacious, light-filled and beautiful! Just steps to the community clubhouse/pool, this brick townhome has it all: three bedrooms, two and a half baths, den/office, updated kitchen, gas fireplace, custom built-ins, updated marble master bath, entertaining deck plus garage parking and so much more.

**Mary Farrell**  
703.969.5522  
www.choosemary.com



Old Town Alexandria \$529,000



**Historic Charmer**  
Antique all-brick townhouse located 1/2 block from King St, hardwood floors throughout, bedroom suite with study area, separate dining room and living room. Basement with washer and dryer. Excellent storage with pull-down steps to attic. Delightful exterior with large patio deck and garden shed. Zoned Commercial and Residential. Easy walk to Metro.

**Waldi Crawford**  
703.629.5655  
www.website.com  
MLS# AX8145834



Alexandria/Rosemont \$1,275,000



**Stunningly Beautiful**  
Walk to either King Street or Braddock Road Metro Stations from this wonderful home. The sellers have put it in perfect condition during their ownership. Magnificent landscaping, fully fenced back yard, patio, deck and sun room makes for an oasis unlike any in an urban area. The open floorplan, nine and half foot ceiling height, true center hall, four bedrooms, three and half baths, fully finished walk out basement, off street parking for two cars are just a few of features of this very special home. Please phone your agent or Ann Michael at 703.608.5218 to arrange a private showing of this outstanding property.

**Ann Dozier Michael**  
703.608.5218  
www.anndoziermichael.com  
MLS# AX8131552



Alexandria \$799,000



**Move-in Ready!**  
Entertaining floor plan, 1/2 acre beauty! Four bedrooms, three full baths, and a two-car garage. Glorious indoor and outdoor spaces! Unique New Orleans-style balcony. Main level bedroom suite; updated granite and stainless kitchen – gorgeous!

**Janet Catterson Price**  
703.960.5858  
www.janetpricehomes.com  
MLS# FX8101574



Alexandria/Braddock Heights \$719,000



**Wonderful Opportunity – New Price**  
This charming home is located on a large corner lot in Braddock Heights. Bright and airy main level with hardwood floors, living room with a fireplace and built-in bookcases, and a separate dining room which leads to a light-filled family room with French doors opening to a slate patio. The upper level includes three bedrooms and full bath. Finished lower level.

**David Rainey**  
703.851.4250  
www.YourAtHomeTeam.com  
MLS# AX8137820



Alexandria \$849,000



**Classic Beauty**  
Stately brick colonial on large corner lot facing Masonic Temple in popular George Washington Park. This elegant three-bedroom, two-and-a-half-bath home has quality updates including custom kitchen, plantation shutters, new windows, freshly painted, gleaming hardwoods, & more. Relax & enjoy the view from the large screened porch. Minutes to Metro & Old Town.

**Pat Crusenberry**  
703.980.8274  
www.PatCrusenberry.com  
MLS# AX8149890



Alexandria \$865,000



**Price Reduced! Renovated to Sell!**  
Rarely found in Old Town, spacious brick colonial detached on three sides with fantastic yard wrapping around the front of the home! Refinished floors, moldings, fresh paint, total kitchen update with granite counters, new appliances and cabinets, updated bathrooms with new tile, vanities, and more. Porch and exterior freshly painted!

**Sue Goodhart**  
703.362.3221  
www.thegoodhartgroup.com  
MLS# AX8119158



Old Town Alexandria \$389,900



**Modern Loft-Inspired Condo**  
New, large, light filled one-bedroom, one-bath, outdoor balcony. Super modern interior. Nine-foot ceilings and designer fixtures. Three blocks to Metro, five to Harris Teeter, one to Rec Center. Garage space, extra storage, city view. Ready for move-in.

**Delaine Campbell**  
703.299.0030  
www.DelaineSells.com  
MLS# AX8151545



703.549.9292  
109 South Pitt Street  
Alexandria, VA 22314  
www.McEneaney.com

LEADING REAL ESTATE COMPANIES OF THE WORLD



McENEARNEY COMMERCIAL

Preferred Lender  
GEORGE MASON MORTGAGE, LLC  
A Subsidiary of Cardinal Bank