# Centreville & Clifton & Little Rocky Run ENTRE SOUTHERN EDITION

Home LifeStyle Inside

SEPTEMBER 12-18, 2013 25 CENTS Newsstand Price



Slowly winding between jersey walls and traffic barriers on Route 50 west, just past the spot where the road currently narrows from three lanes to two, motorists head home from work Monday at 5:30 p.m.

## Route 50 Widening Half-Way Done

## VDOT's on schedule for June 2015 completion.

By Bonnie Hobbs Centre View

ost local residents who regularly drive on Route 50 are aware that it's being widened from four to six lanes between Poland Road in Loudoun County and Route 28 in Chantilly.

Now, VDOT officials are saying this 3.7-mile, \$95 million project is more than 50-percent complete. It's also still on target for the three eastbound lanes to open in November 2014, with the three westbound lanes coming online in spring 2015.

Increased development and congestion in Loudoun County creates backups during much of the day on the existing four-lane segment, especially during morning and evening rush hours. But when finished, this section of Route 50 will feature more than just three lanes in each direction.

It will also boast improved turn lanes and traffic signals, curb and gutter on the outside lanes, crosswalks and pedestrian signals, widened and upgraded bridges, plus a bike/pedestrian trail on both sides of the road. Furthermore, the road will be more level and will provide wider buffers between travel lanes and roadside hazards.

Project costs include \$10 million for preliminary engineering, \$19 million for right of way acquisition, \$10.5 million for utility relocation and \$55.4 million for construction.

Most recently, to ease traffic flow onto east-bound Route 50, work crews just finished adding a second, right-turn lane at Pleasant Valley Road in Loudoun County. And VDOT is monitoring and tweaking signal timings to keep traffic moving.

Still, since construction began nearly two years ago, in October 2011, motorists on Route 50 have endured daily lane closures, narrowed lanes, shorter turn lanes and miles of concrete barriers. And they want to know why this project is taking so long to do. Turns out, there's much more to it than meets the eye.

"We know that three-and-a-half years of construction on one of the busiest commuter corridors in Northern Virginia is extremely frustrating for motorists, but we are working to accelerate the project wherever possible," said VDOT's design-build engineer Susan Shaw. "The fact is, we are not simply widening the roadway; this project calls for miles of utility relocation and a complete reconstruction of the roadway."

About a dozen utilities are involved, and dealing with them all is a major part of the project. It entails relocating some 10 miles of fiber optic cable, 4.5 miles of phone lines, 4.5 miles of overhead electric wires, 3.5 miles of cable TV lines and a 2,000-foot gas line. In addition, VDOT will be installing a 3.5-mile water line.

Since Route 50 carries 62,000 vehicles a day, the whole project is expected to improve current and anticipated traffic flow, as well as safety along the corridor.

Already, workmen have finished building the new eastbound bridge east of Pleasant Valley Road in Fairfax County. They're now relocating a gas line before shifting traffic onto the bridge, later this month. Westbound traffic will move onto the new bridge in late October.

Crews will then demolish the temporary bridge and begin construction of the new westbound bridge, geared for completion in spring 2014. Besides ferrying three lanes of traffic in each direction, both bridges will also feature a 10-footwide trail on each side.

## 'It Looked Like A Bomb Went Off'

## Centreville townhouse fire displaces six residents.

By Bonnie Hobbs Centre View

ennifer Do was at work Monday afternoon when she received a harrowing phone call from her 11year-old daughter.

"She cried and said, 'Mommy, our house burned,'" said Do. "When she came home from school, it had already happened."

Do, her husband, Henry Nguyen, and their three children live on Maidstone Court in Centreville's London Towne community. But on Sept. 9, around 1:15 p.m., a fire caused an estimated \$60,000 damage to their three-story, attached townhouse, displacing all five of them, plus Do's father, who lives with the family.

According to the Fairfax County Fire and Rescue Department, the blaze started in the second-floor kitchen and was accidental, caused by "an anomaly in an electrical outlet behind the stove."

Upon arrival, firefighters encountered heavy smoke coming from the rear of the middle-unit townhome. The fire department said various household items blocked stairs and halls, "making it difficult to find and fight the fire." But once the smoldering blaze was located, firefighters extinguished it quickly and no one was injured.

Tuesday afternoon, the home's windows were boarded up, a pile of burned debris littered the front yard, and Do and Nguyen stood in their front yard, waiting for



Homeowner Henry Nguyen points at the area where the blaze began.

their two oldest children to come home from school. Besides their daughter, a sixth-grader at London Towne Elementary, they have a 17year-old son who's a junior at Westfield High, plus another boy, a 2-year-old toddler.

"I didn't even know there was an outlet behind the stove," said Nguyen. His wife works in Manassas and he works in Woodbridge so, when the fire broke out, they were both gone, as were their children — the two oldest at school and the youngest at daycare.

But it was a sheer stroke of luck that kept their daughter safe. "On Monday, school dismissed at 12:30 p.m., so she would have been home when the fire started," said Nguyen. "But she'd gone to a friend's house across the street to study advanced math."

SEE CENTREVILLE, PAGE 9

РРЗРТ STD U.S. Postace РАІD Гартімзвирс, WV РЕКМІТ #86

## Eat Pizza To Help Local Girl Paisano's holding fundraiser for Tara Sankner.

BY BONNIE HOBBS

CENTRE VIEW

fundraiser being held by a local pizza chain won't cure Tara Sankner's cancer — but it'll cer tainly help her parents pay for her medical bills. Called "Let's Take Care of Tara," it began Sept. 3 and will run through Sept. 30 at all Paisano's and Bella Pizza locations.

This is National Childhood Cancer Awareness month, and Paisano's owner and founder, Fouad Qreitem — who has children, himself — wants to do all he can to help this local family.

"I would love to see Tara get into remission," he said. "I met Tara and her mother, Tammy, and they didn't ask for anything. But I could tell they were a family struggling and in need."

Tara, 8, is now a third-grader at Lees Corner Elementary. Her dad Craig is a letter carrier with the U.S. Post Office in Oak Hill and her mom is a medical biller at Inova Fair Oaks Hospital. And in February, their only child was diagnosed with an astrocytoma, a treatable but inoperable form of brain cancer.

"It would be a parent's worst nightmare," said Qreitem. "I have two daughters, 8 and 12, and cannot imagine my family being faced with this situation. So I want to help

Tara and her family."

Every Tuesday in September, callers ordering food from Paisano's or Bella Pizza and mentioning "Let's Take Care of Tara" will have 10 percent of their order donated directly to Tara's family to help pay for her treatment and growing medical expenses. And the more people participating, the more money will be raised.

Locally, Paisano's is at 4078 Airline Parkway in Chantilly and 12715 Shoppes Lane in Fair Lakes; Bella Pizza (part

of the Paisano's chain) is at 5740 Pickwick Road in Centreville. Phone numbers are at www.pizzapaisanos.com.

A successful businessman, Qreitem said, "We are where we are because of the people in the community, and we believe it's our civic duty to give back to the community." During the campaign, Paisano's will also accept cash or checks payable to Tara Sankner, any day of the week, to directly pass on to her parents.

"I hope everybody chips in and does their part to help her," said Qreitem. "When Tara



Tara Sanker on her first day of third grade at Lees Corner Elementary.

worry about at this time is money."
Grateful for Qreitem's generosity, Tammy Sankner said, "Thank you' just doesn't seem enough for everything he's doing. We are blessed

and are really looking for-

has chemo, she's sick af-

terward, and Tammy has

to take off a week or two

at a time from work, un-

paid, to take care of her.

So on top of her child hav-

ing cancer, she's also deal-

ing with the financial burden — and the last thing

this family should have to

ward to working with him. It makes us feel good that there are people who care."

Tara began another round of chemotherapy on Wednesday and then will have 36 weeks more. "She had a six-week break after the second round," said her mom. "But when she started the third round, she was really sick, so we switched up her cycle. So now it's four weeks of infusion, a two-week break and four weeks of infusion. But she won't have anymore oral chemo, which wasn't doing anything to help her."

Then in mid-October, she'll have another

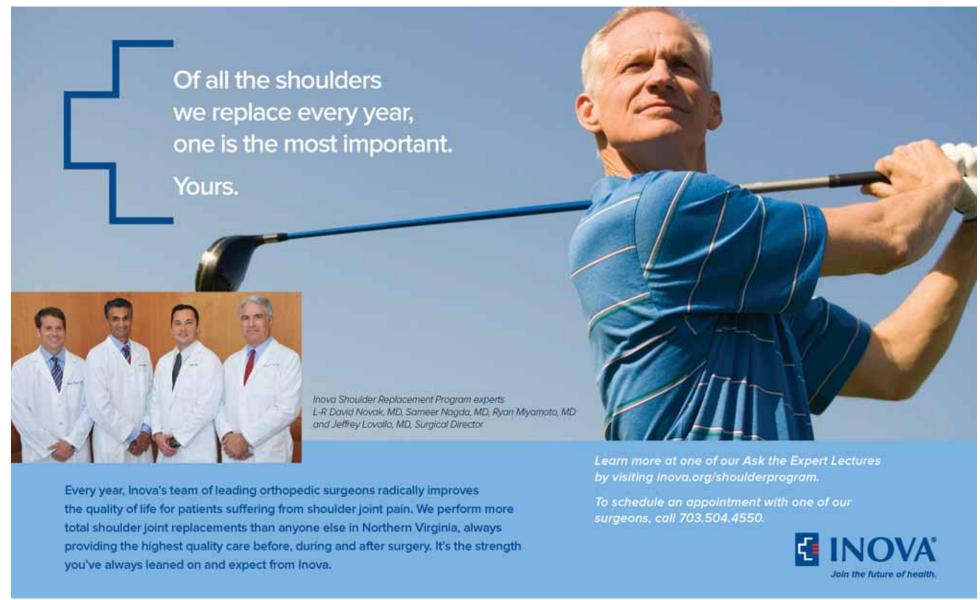
MRI to see how things are doing. Meanwhile, Tara had a fun summer. "In July, we went to Tennessee for my parents' 50<sup>th</sup> wedding anniversary and saw some relatives I hadn't seen since 1996," said Sankner. "Some of them hadn't seen Tara, so that was really nice."

**IN AUGUST,** Tara attended Camp Fantastic at the 4H center in Front Royal through the Special Love organization and had a great time with other children battling cancer like she is. And she continues to pitch for the Vienna Girls Softball League.

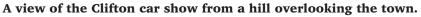
She began third grade last week and, said her mom, "So far, so good. She's kind of bummed, though, because she hasn't had homework, yet. But we'll see how she does this week, when she starts getting it."

Meanwhile, Qreitem hopes lots of people participate in the "Let's Take Care of Tara" fundraiser. "It's all about Tara," he said. "We'll see how the campaign goes and, if we get a good response in September, we'll definitely continue on with it. I know this family is hurting, and I just want to help them."

Online donations to Tara may also be made; go to www.airbanking.com/tools/; where it says to pick a charity, click and scroll down to Pray for Tara. Or send checks payable to Tara Sankner to her at 13114 Willoughby Point Drive, Fairfax, VA 22033.









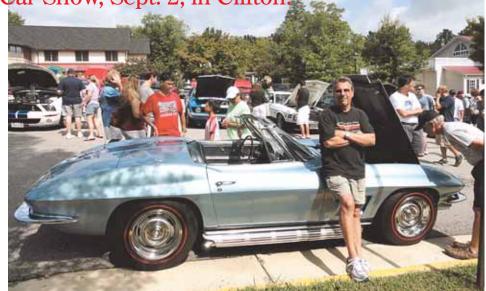
Brothers Jack (left) and Ben Schiesl look at a 2007 Ford Mustang.

## Cool Cars, Hot Day in Clifton

Crowds braved 90-degree heat to attend the 14th Annual Labor Day Car Show, Sept. 2, in Clifton.



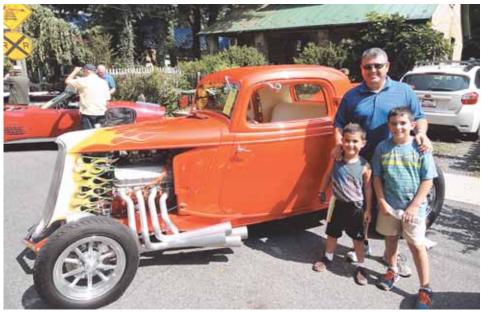
Harley-Davidson motorcycles line this Clifton street.



Chantilly's Robert Garrison leans against his 1967 Chevy Corvette Stingray.



Clifton's Emily Dillard poses by a 1940 Ford coupe.



Ben Keethler of Centreville's Virginia Run community and sons (from left) Sammy, 6, and Collin, 8, stand by a 1934 Ford.



As in the famous TV commercial, Clifton's Brant Baber (on right) borrows a jar of Grey Poupon mustard from 1962 Rolls Royce owner James Brown.

#### Roundups

### **Grand Jury Indicts Clement**

A former, local school principal has been indicted by a Fairfax County grand jury on two counts of felony aggravated sexual battery of a minor. He is Thom Clement, 62, of Little Rocky Run.

Virginia State Police arrested him May 23 after a boy told them Clement allegedly sexually assaulted him in October 2009 while they were on an overnight camping trip at Burke Lake Park. The boy was 9 at the time of the alleged incident, and Clement led a Scout group at his church.

On July 25, Clement waived his right to a preliminary hearing in Juvenile and Domestic Relations Court. He was then indicted by the grand jury, Aug. 19, and is scheduled to enter a plea, Sept. 17, in Circuit Court.

Clement opened Bull Run Elementary and served as its principal for seven years until he retired in July 2006. His career with Fairfax County Public Schools spanned 31 years.

### Free Carseat Inspections

Certified technicians from the Sully District Police Station will perform free, child safety carseat inspections Thursday, Sept. 12, from 5-8:30 p.m., at the station, 4900 Stonecroft Blvd. in Chantilly. They'll also do them on Saturday, Sept. 14, from 9 a.m.-noon, outside the Chantilly Target.

No appointment is necessary. But residents should install the child safety seats themselves so technicians may properly inspect and adjust them, as needed. However, because of time constraints, only the first 35 vehicles arriving Sept. 12 will be inspected. That way, inspectors may have enough time to properly instruct the caregiver on the correct use of the child seat. Call 703-814-7000, ext. 5140, to confirm dates and times.

#### Democratic Women to Meet

The Democratic Women of Clifton is now called the Democratic Women of Clifton and Northern Virginia (DWCNV). It'll hold its next meeting Sunday, Sept. 15, from 3-5 p.m. Guest speaker is Eleanor Clift, a contributor to Newsweek and The Daily Beast, an author and a member of "The McLaughlin Group," a weekly public-affairs program.

The group's October meeting will focus on the statewide election in November. All Democratic women in Northern Virginia are invited to become members.

Meetings are held Sundays, from 3-5 p.m., in the Clifton Town Meeting Hall, 12641 Chapel Road in Clifton. For more information, e-mail cliftonwomendems@aol.com or see www.democraticwomenofclifton.org.

## Eat Pizza, Help Children

Paisano's Pizza is going to "Share the Pie" with the Boys and Girls Clubs of greater Washington. For all customers who mention "BGC" when placing an order, Paisano's will donate 10 percent of their purchase price to help support that organization. The fundraiser goes until Sept. 15.

Locally, Paisano's has locations at 4078 Airline Parkway in Chantilly and 12715 Shoppes Lane in Fair Lakes. Also participating is Paisano's Bella Pizza at 5740 Pickwick Road in Centreville. For phone numbers, go to www.pizzapaisanos.com.

#### WFCCA Land-Use Committee

Three issues are on tap for the next meeting of the West Fairfax County Citizens Association (WFCCA) Land-Use Committee. It's slated for Tuesday, Sept. 17, at 7 p.m., in the Sully District Governmental Center, 4900 Stonecroft Blvd., in Chantilly.

Agenda items include renewal of the agricultural-forestal district classification of the Cox-Richards Family Farm at Braddock and Pleasant Valley Roads in Centreville, plus an application by Kulbok for a new agricultural-forestal district classification of 47 acres on Centreville's Bull Run Post Office Road. The panel will also consider a countywide zoning ordinance amendment establishing criteria for studio-type apartments.

See Roundups, Page 10

## News



Teacher Lucia Park and some of the rising fifth- and sixth-graders who learned about estimation and measurement while making parfaits.

## 'You Can See the Joy of Learning'

Centreville Elementary's unconventional summer school.

By Bonnie Hobbs Centre View

n one room, students learned about measurement and density by making parfaits. Others were busy reading, some were doing science experiments and others were creating crystals. And in the hallway, a group of children were making roller coasters on the walls.

What was happening, July 15-Aug. 2, four hours/day, at Centreville Elementary in no way resembled boring, summer-school programs of the past. These students were having fun while learning things they'd need to succeed in school and in life.

It was called the Summer Scholars Enrichment Program and, said fourth-grade teacher Mary Ann Settlemyre, "We've taken a different stance on what summer school is. It's a hands-on learning experience using technology, problem-based learning and experimental design with a focus on cooperative, creative and critical-thinking skills."

First, though, school counselor Lee Kaiser and the teachers set the tone each day by greeting the children at the door as they arrived and giving them high fives. Then they'd all sprint to the school blacktop, while cheerful music played, and gather by grade level to solve a fun problem.

For example, they'd have to move a hula hoop around a circle while holding each other's hands and not letting the hoop touch the ground. Or sixth- and first-graders would work together to keep a beach ball in the air, or sit back-to-back and stand up together without using their hands.

"The focus is on fun cooperation and physical and 10-15 minutes of mental activity," said Kaiser, shortly before the program ended. "It gets their mind and body jumpstarted in the morning."

Settlemyre said the staff emphasized what the students did to be successful and what they needed to do to improve. She said the exercises also created "a sense of community. I've watched relationships and connections grow between the different ages and



From left: Kelly Bui, Kailey Clawes and Elijah Foster had fun at Centreville Elementary's Summer Scholars Enrichment Program.

grades, as well as the children's care and concern for each other."

Nearly 80 students — 41 percent ESOL — attended. Every morning, children in each classroom played games and discussed what they'd do that day. "We give them room to laugh and play," said Settlemyre. "Our goal is for them to have a good time at school, enjoy being here and learn. It also helps them transition from home to school again in September."

In the realm of science, rising fifth- and sixth-graders tested water samples from the school stream, plus tap and bottled water to determine the nitrate/phosphate levels in each. Since they were studying solutions to water and air pollution, they did tests to

SEE SUMMER SCHOOL, PAGE 8



Members of Team Void, CyberPatriot National winners from March 2013, address students at CyberPatriot Camp at Chantilly Academy.

## Students Attend CyberPatriot Camp

## High school students explore cyber technology at Chantilly Academy.

BY STEVE HIBBARD Centre View

bout 90 students from 20 high schools attended the second annual CyberPatriot Camp at Chantilly Academy where they competed in the National High School Cyber Defense Competition Aug. 12-16.

The camp, co-sponsored by Northrop Grumman with the Chantilly Academy, taught different levels of cybersecurity skills to grades 9-12. Students could explore careers in cybersecurity, technology, engineering, or math (STEM) disciplines. The competition was conceived by the Air Force Association.

"It's an amazing program. They are doing realworld cyber security work," said Diane Miller, director of InfoSec Operations and Cyber Initiatives at Northrop Grumman.

Cyber instructor Terry LeVoy calls this year's CyberPatriots very enthusiastic and energetic. "It's exciting to me because this is our future and they're jumping into it and getting involved."

Cybersecurity is designed to protect networks, computers and data from attack, damage or unauthorized access. The federal government has allotted \$13 billion annually to cybersecurity over the next five years. The beginner's class focused on the history of the internet, why it's vulnerable to different operating systems and methods for securing networks. The hands-on labs and lectures tackled topics like digital personas and the importance of strong passwords.

"We've been teaching about a digital persona," said Miller. "We have them use common tools to see what's out there about them." That includes any social media like FaceBook, Twitter, or Google and Pipl.com.

"We go through exercises and labs so they can check their digital persona. And we help them un

SEE STUDENTS EXPLORE, PAGE 7





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The process of RCIA was created by the early Church to prepare adults for reception [initiation] as full members of the Catholic faith. While that is still one of the purposes that RCIA fulfills, the intent to join the Catholic Church is not required or even expected of participants. People are welcome simply to know more and perhaps feel more Email: rcia@sttimothyparish.org comfortable attending Mass with friends, spouses, or children who are Catholic.

## **OPINION**

## Small Steps to Fight Homelessness

Efficiency apartments would serve 20-somethings, service workers, retirees and more.

ne way to prevent homelessness is to think small. It doesn't take much space to house one person. Sure, many houses in our area have 1,000 square feet and sometimes two or three times that much per person, but that's really not necessary.

In fact 350 square feet can provide space for an excellent efficiency apartment for one person. We have certainly heard a variety of anecdotes about apartments in New York City that are smaller than 150 square feet, and expensive to boot.

A proposal in Fairfax County would allow for the construction of efficiency apartments in a variety of settings, each one subject to approval individually. Efficiency apartments near public transportation could provide reasonably priced housing not just for individuals in danger of being homeless, but also for

recent college graduates, for service workers, for older folks who don't want or can't afford to stay in single family homes when they retire. The move to smaller apartments and condos close to jobs, shopping and public transportation is a national trend. Fairfax County needs to move forward with a flexible proposal to allow construction of efficiency apartments in certain settings, and compatible with existing neighborhoods.

Some neighborhood associations are concerned about the proposal. They envision builders poised to build many apartment buildings filled with nothing but tiny apartments or single family homes split up into small apartment complexes.

There is no chance of such an outcome. The proposed amendment does not allow single family homes to be converted EDITORIAL

into efficiency apartments. In fact, as a county, we would be very lucky if this proposal resulted in any efficiency apartments being built at all. The current restrictions are such that developers are

ally, the development shall be harmonious with the development on neighboring properties in terms of character, building size, height, intensity and use."

### Jeans Day

Jeans Day, coming Oct. 18, is a simple way to fight homelessness, designed for companies and their employees to make a difference.

In partnership with the Office to Prevent and End Homelessness, the Fairfax County Chamber of Commerce and Apple Federal Credit Union, the Connection Newspapers is a sponsor of the 3rd Annual Jeans Day to Put the ZIP on Homelessness, scheduled for Friday, Oct.

Employees are allowed to wear jeans to work on Friday, Oct. 18, (Jeans Day) in exchange for a \$5 employee contribution to the Fairfax-Falls Church Community Partnership to Prevent and End Homelessness. Companies and organizations are encouraged to match employee contributions, but a match is not required. Companies and organizations that sign up by Sept. 20 will get extra exposure.

Sign up for Jeans Day 2013: Putting the ZIP Homelessness

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Newspaper of Little Rocky Run A Connection Newspaper

An independent, locally owned weekly newspaper delivered to homes and businesses

Published by **Local Media Connection LLC** 

1606 King Street Alexandria, Virginia 22314

Free digital edition delivered to your email box. Go to connectionnewspapers.com/subscribe

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unlikely to find incentive to build.

RSUs "shall be designed so as to be compat-

The proposed amendment requires that ible with any existing development on the lot on

jeansday2013.eventbrite.com/ in terms of intensity, uses and scale. Addition-

## Attending 22nd Annual Debutante Ball

he Old Dominion Cotillion held its 22nd Annual Debutante Ball at Westfields Marriott on July 13 in Chantilly. Family and friends gathered for a multi-course dinner and dancing to celebrate the social debut of six local young women.

Dressed in white Cinderella-like ball gowns, the debutantes each appeared under an arch of sabers performed by cadets from Fishburne Military School. Each debutante was formally presented by her father, then escorted for the evening by a designated Fishburne cadet.

The Old Dominion Cotillion announced the debut of its 2013 debutantes: Carah Paige Abod, daughter of Mr. and Mrs. Craig Abod of Great Falls, who is a rising senior at Flint Hill; Morgan Taylor Goode, daughter of Mr. and Mrs. George Marinakos of Centreville, who is a rising senior at Cortona Academy; Nicole Elizabeth Kutyn, daughter of Mr. Conrad Kutyn and Ms. Carla Pezzullo of Fairfax, who is a rising senior at Paul VI High School; Alexandra Nicole Lucas, daughter of Mr. and Mrs. Steve Lucas, of Oakton, who is a rising senior at Flint Hill; Alexandra Jean Root, daughter of Col. And Mrs. Richard Root of Centreville, who is a rising senior at Westfields High School, and Elizabeth Gibson Schofield, daughter of Mr. and Mrs. David Schofield of Oakton, who a rising senior at Flint Hill.

The program also included the introduction of one page (seventh and eighth graders), five future debutantes (ninth and tenth graders), and six post debutantes (seniors and college freshmen). Returning alumnae of the Cotillion were also recognized.

Established in 1991, the Old Dominion Cotillion is a women's organization that exists to help young women grow in confidence and Debutantes include, seated on floor, Carah Paige Abod, seated from left, **Elizabeth Gibson Schofield** and Alexandra Jean Root, standing from left, Alexandra Nicole Lucas, Nicole Elizabeth Kutyn and Morgan Taylor Goode.

> PHOTO COURTESY OF BACHRACH PHOTOGRAPHY

poise while educating them in the social graces through cultural enrichment, social events, and philanthropic activities.

Each year, the Old Dominion Cotillion's social season begins with the Fall Invitational Tea, for interested young women and their mothers, highlighting the year's upcoming events.

The 2012-2013 season featured exceptional cultural growth resources. This year's tours included the Mary Washington House in Fredericksburg, Mount Vernon, and Hillwood in McLean.

Although the Old Dominion Cotillion's social development activities have varied over the years, some features are constant. From dancing lessons to automobile maintenance, or poise and social graces seminars to a fashion by Old Dominion Cotillion alumnae Alexandra Soper. The young women are encouraged to participate in both practical as well as social refinement seminars. These include tea pouring, stationery etiquette, netiquette, and din-

ner etiquette.

In addition to enrichment activities, the young women and their families enjoy numerous social events throughout the social season, such as the Halloween party, the annual Holiday Gala, a father-daughter Valentine's Day brunch to name a few.

Each year, "Ball Week" is filled with activities for the young women and their families as they anticipate the annual Debutante Ball, including Family Day, a Debutante luncheon, the "Ring Dance" (where the debutantes are presented with the Old Dominion Cotillion's signature ring), and the Rehearsal Party where they meet their escorts.

The 23rd social season will commence with the annual Invitational Tea on Sept. 22. For jewelry event at "All that Glitters" now owned more information about the Old Dominion Cotillion, or if interested in joining, contact Mrs. C. Peter Gallagher, director, at 703-476-9576; email at: info@olddominioncotillion.org visit the web site www.olddominioncotillion.org.



Students attending CyberPatriot Camp are (from left): Grey Golla of Oak Hill, Hunter Barrineau of Springfield, Jack Torkelson of Annandale, Raam Udayappan of Fairfax, and Champ Dietzel of Chantilly.



Teaching assistant Greg Ziegler, 16, with his sister Carolyn, 14, both of Centreville.

## Students Explore Cyber Technology at Chantilly Academy

From Page 5

derstand how vulnerable information is on the internet." She said digital footprints never go away: "We want them to think twice about what they put on the internet."

Guest speakers included a CIA agent, two FBI agents and the CyberPatriot Commissioner Bernie Skoch. At the end of the week, there was a four-hour timed Cyber Defense Competition with awards and prizes.

To prepare for competition, teams of six students were asked to find 14 vulnerabilities — Trojan horses and viruses — spread over virtual machine images in a Windows operating system. They combed through the security settings to find the system's flaws. The competition allowed the students to practice team work, build leadership and collaborate with their peers. Interns from Northrop Grumman helped facilitate the

competition.

Greg Ziegler, 16, a junior at Westfield High School, was a teaching assistant at camp. He interned at Northrop Grumman and hopes to become a forensics analyst. "The students have been doing labs like building firewalls, protecting passwords, malware and hackers," he said. "We learned a lot about cybersecurity and what Northrop Grumman and other corporations do to learn about cybersecurity threats."

"We learn a lot of tools to help with cyber defense," said Maxime Caudebec, 17, a senior at Chantilly High School and intern at Northrop Grumman. "We're learning how to clean those machines, how to make them safe and remove the vulnerabilities."

Northrop Grumman is also working to set up cyber security curriculums at local colleges, including GMU, Virginia Tech and the University of Maryland.

"It makes sense for us to partner with academia," said Miller. "It's a wonderful partnership." The cyber field is 30 years old, but has only recently taken on the "cyber" moniker while creating thousands of new jobs. Chantilly Academy is leading the way by building 10 CyberSecurity teams. And Fairfax County has three learning academies that offer IT programs — Edison, Marshall and Chantilly.

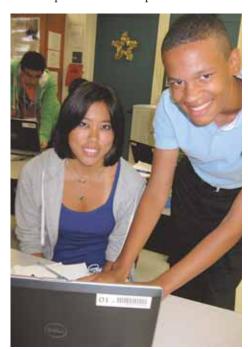
"The CyberPatriot program is the premier co-curricular activity that compliments our classroom learning," said Cyber Camp administrator Joan Ozdogan, who is retired as a career experience specialist from Chantilly Academy — A Governor's STEM Academy, which is a two-year program in collaboration with NOVA.

Ozdogan built the program that offers

courses in Cisco I, Information Systems and Network Administration II — worth 12 NOVA college credits. So if a sophomore is savvy, he or she can earn 40 college credits toward a Certificate in Information Technology, with tuition greatly reduced. And that's great for their parents, too.

To illustrate, it costs \$23/credit hour at Chantilly Academy versus \$170/credit hour at a local college. And Fairfax County picks up the tab of Round One of tests for A-Plus certifications, all of which are platinum. If they enroll, high school juniors can now get A-Plus certification.

"We want kids to see careers in computers are now more than 'Geek-Squad' and more than computer animation," said Ozdogan. "There is a huge demand for cyber professionals, and they can start with high school."



Betsy Wilson, 16, of Springfield with cyber camp teaching assistant Maxime Caudebec.



Diane Miller of Northrop Grumman with Cyber instructor Terry LeVoy.



Cyber Camp Administrator Joan Ozdogan, who is retired from working at Chantilly Academy.

## Rollercoasters, Balloons and Crystals, Oh, My!

## Students learn while having fun.

By Bonnie Hobbs Centre View

oward the end of Centreville Elementary's Summer Scholars Enrichment Program, rising fourth-graders learned about experimental engineering design by building roller coasters out of foam, pipe insulation.

Along the way, they'd change their designs to make their products faster and safer. "We do it with our fourth-graders during the year," said fourth-grade teacher Mary Ann Settlemyre. "But these kids have taken it to a whole, new level."

Among them were Almina Bueno, Mason Woods and Christian Cortez, who were constructing their creation on a hallway wall. "We had to put in a hill and a loop," said Mason. "We're going to make it really tall so it'll be fast enough to complete the loop."

"I thought it would be easy, but it's harder than I thought," said Christian.

But, said Almina, "It's fun because we get to make a roller coaster. First we sketched it out, and then we spread the foam apart and stuck it to the wall with tape."

Just down the hall, rising fifth- and sixth-graders honed their measuring skills by making parfaits out of yogurt, blueberries and granola and weighing each section. They estimated the ounces and grams while learning about healthy snacks.

They had to do that because teacher Lucia Park had asked them to estimate the total weight of their parfaits. "I asked them to tell me — if my cup weighs 46 grams with granola in it, what's the weight of the granola in the cup? This all stems from GMU's Vista program I attended with [teacher] Kate Charlton last summer to learn new ways of teaching science. It's had a huge impact on how we teach."

Centreville High rising senior Caroline Bollman was one of the teacher cadets volunteering during Summer Scholars. "I'm helping two teachers run experiments, I led



First-grade teacher Ashley Whitehead and student Ivana Zarate discuss the density of the contents of this glass.

some math games and I read with students," she said. "I came here during the school year, too. This program isn't so intense; it's more fun and hands-on, but very productive"

Working with rising first- and secondgraders, an impressed Bollman said, "They're having conversations with me about density. And one girl told me she wants to be a teacher, too."

In another classroom, more rising firstand second-graders were peering at a glass containing water and oil, trying to determine which objects have a greater density than these liquids and — when dropped into the glass — which ones would sink or float.

"We put oil, soap and water in a glass," said first-grade teacher Ashley Whitehead. "But before we did, the children predicted where they'd land in the glass — which liquids were heavier or lighter and how they'd stack up." They then predicted in which layer a toy car, a penny, a marble, a tiny plastic teddy bear, a paper clip, a stick and a rubber band would end up.

Meanwhile, rising third-graders Elias Naimy and Kerick Stubbs read a book with high-school sophomore Katherine Trimble. Afterward, each child wrote down what



In lab coat and goggles, Norah Jouhar shows the crystal she created.

Reagan Kiley (left) and Lance Douglas enjoyed the experiments they did during the Summer Scholars program.



Fourth-graders Almina Bueno, Mason Woods and Christian Cortez make a roller coaster on the wall.

they thought about the book, wrote something similar and listed the facts they learned from it.

In another room, students working on a science experiment wore lab coats donated by Northrop Grumman to show its support of science in school. Rising third-grader Norah Jouhar enjoyed being there because "we get to spend time with our teachers and friends in the summer and I like to learn."

One day, the students made crystals out of pipe cleaners. "We put Borax in really hot, hot, hot water in a Mason jar, put a pencil inside and hung our pipe cleaners from it," she said. "After we let them sit for three days, there were crystals on the pipe cleaners and we were like, "Whoa!"

It taught Jouhar that "if you mix different things together with hot, hot water, you can get a chemical reaction and make something really cool. I may make a necklace out of my crystal."

Jasmine Fazel, 7, enjoyed the program because "I like doing math and, when I come here, I get smarter."

Rising fourth-grader Kelly Bui "really liked making ice cream in an Oobleck. It's

like slime, but it melts in your hand, and I learned about solids, liquids and gasses from doing that. It's fun learning new things."

Classmate Kailey Clawes "used marbles and curves and learned about speed" while building a roller coaster." She also found out how to make a paper helicopter "stay in the air a long time."

And classmate Elijah Foster called it "really cool when the marbles go down to the end of the roller coaster. We made a long hill to make it go faster, so I learned about design."

Rising sixth-graders Reagan Kiley and Lance Douglas had a good time doing science experiments. "We made a lava lamp with water, Alka Seltzer and canola oil," said Reagan. "We learned how they all blended together when you shake them."

"I also liked balloon jousting," added Lance. "Strings were placed across the hall, with a balloon at each end. Then we put skewers facing each other to pop the balloons. We had to be in the right position for it to work. We did lots of fun math things and activities here."

## Centreville Elementary's Unconventional Summer School

From Page 4

determine the current situations.

"The students at this summer program are those who usually find school hard, but not this summer," said Settlemyre. "By using science to teach math and reading, they're engaged and excited. They see a reason to learn this information."

ESOL teacher Kelly Baugh said the program's hands-on nature captures their interest. "There's an enthusiasm — they're enjoying the learning process," she added. "And we're all building relationships with each other that are cru-

cial to carrying over that community and love of learning into the school year."

Settlemyre said they'd continue these ideas throughout the year. For example, students did both standard and metric measurements, and they learned reading and writing skills while reading and writing about their science experiments.

"So it's all integrated, and many of them are learning reading and math without even realizing it," said Settlemyre. "And it's a beautiful thing when you can see the joy of learning on every student and teacher's face."

**NOTING** Principal Dwayne Young's support, she said he gave the 12 Summer Scholars teachers the money and freedom to design a "meaningful and purposeful" program. One teacher even assessed students' reading skills, unpaid, on her own time, and five teacher cadets from Centreville High volunteered their talents, too. And on the last day, parents came to see their children's progress firsthand.

"The teachers also learn new skills because they choose to learn how to do things differently," said Settlemyre. "Remediation hasn't given kids the skills they need fast enough, so we're giving them enrichment. And we're seeing math and reading growth, plus critical thinking, come into play. The students are analyzing everything, graphing data and seeing how to do things better. It's just amazing. They're also learning how to be leaders, which we hope they'll continue."

Initially, said Kaiser, "They weren't excited to come to summer school. But after participating, I haven't found a single kid that hasn't loved it. We build excitement in them and show them learning can be fun."



The aftermath: The 2-year-old's high chair stands in the center of the blackened



The exterior of the burned, three-story, Centreville

## Centreville Townhouse Fire Displaces Six Residents

From Page XX

He said their next-door neighbor smelled smoke, looked outside and saw smoke coming from their

windows and called 911. She also called London Towne Elementary

- which has the family's contact information — and a staff member there called Nguyen with the

Jennifer Do and Henry Nguyen in the front yard of their fire-damaged home.

"First, I called to check that my daughter was at her friend's house. so I knew she was all right," he said. "She was scared and screaming and was very emotional. She said, 'I didn't do anything." Then Nguyen headed for his house.

"By the time I got home, around 2:30 p.m., the fire department was here," he said. "There were fire trucks and they'd closed the road. I asked a firefighter what happened, but they didn't know at that time."

Nguyen said Capt. Jim Sobota, an investigator with the Fire Marshal's Office, "put on a safety suit and went inside to try to figure out the problem. About 30 or 40 minutes later, he came out and took us upstairs. He said the electrical outlet behind the stove was old and had a short, or some-

Still shaken, Nguyen said, "If

this fire had happened at midnight, when we were all asleep, I don't know what we would have done, getting our three children out. This was really unexpected."

Meanwhile, said Jennifer, "We're staying in a hotel temporarily, for two weeks, and the Red Cross is helping us. They say our house won't be fixed until January. We lost everything; we went to Walmart late [Monday] night to buy clothes and toiletries for six people."

When Nguyen got the call from the school that their house was on fire, he said, "I couldn't imagine it. And when the captain showed me the inside, I couldn't believe it. It looked like a bomb went off — it's all black. Right now, we're starting over."

They've lived in the community eight years and, said Nguyen, Monday began as usual. "We left for work, the children left for school and everything was fine," he said. "It was a normal, routine dav. Now my children are staying in three, different places."

As he spoke, his daughter came home from school, wearing a new shirt her girlfriend had given her. "We work hard to have a nice life and raise our children," said Nguyen. "We've never imagined ourselves in this situation."

In the aftermath of Monday's traumatic event, he and his wife realized they hadn't eaten or drank anything since breakfast. "We went to a Korean restaurant by the Lotte market [in Chantilly] and bought some noodles to eat at the hotel," said Nguyen. "But we couldn't — we ate in tears."

Anyone wanting to contribute anything to help the family clothing, household items, toiletries, money, etc. - may contact Nguyen

henry\_us\_va@yahoo.com.

### Electrical-Safety Tips

After Monday's Centreville townhouse fire, the Fairfax County Fire and Rescue Department offers the following electrical-safety tips to local residents:

- \* Replace or repair loose or devices.
- Avoid overloading outlets. Plug only one, high-wattage appliance into each receptacle outlet at a time.
- . If the power goes out often or the lights in the home flicker,

produce an odor or make noise, have an electrician come in to inspect the

- \* The electrical outlet in the bathroom should have a Ground Fault Circuit Interrupter (GFCI). It's a tool ts neonle from d shock when water and electricity come together, and an electrician can install
- \* All electrical outlets and switches should be covered by face plates.
- \* When possible, avoid using "cube taps" and other devices that allow the

connection of multiple appliances into a single receptacle.

- ❖ Inspect electrical cords to make sure they're in good condi-
- $\ \ \, \ \ \, \ \ \, \ \ \,$  Consider having additional circuits or outlets added by a malified electrician so ex cords aren't needed.
- ❖ Don't tie or knot electrical cords, and don't place furniture on top of electrical cords.
- Follow the manufacturer's instruction for plugging an appliance into a receptacle outlet.

#### Roundups

From Page 4

### 5K/Health Expo Sept. 21

The Soles for Hope 5K Run/Walk and Health Expo will be held Saturday, Sept. 21, from 9:30 a.m.-noon, at Grace Covenant Church, 4600 Brookfield Corporate Drive in Chantilly. Register for the 5k walk/run at www.solesforhope.org.

The Health Expo is free and open to the public and includes free health screenings, fitness and cooking demonstrations, youth activities, a police cruiser display and much more.

All proceeds benefit the nonprofit Every Child Fed, which helps feed severely malnourished children throughout the world.

### Prevent Bicycle Thefts

Fairfax County police warn residents to take precautions to protect their bicycles from thieves. Crime analysts report an approximately 36-percent increase in the number of stolen bicycles over last year at this time.

Many bikes are taken when residents leave their garage doors open. Crime-prevention officers suggest bicycle owners take the following precautions to help prevent becoming victims: Close garage doors; buy a hardened-steel U-lock; don't leave bicycles outside for days or nights on end; consider installing motion-sensor lights or alarms on the property; and photograph the bike and record its serial number to aid recovery if it's stolen.

Bikes may also be registered on the National Bike Registry at http://www.nationalbikeregistry.com/. Stolen bikes may be reported online at https://www.fairfaxcounty.gov/police/crs/.

### **Shred Documents Securely**

The Fairfax County Solid Waste program is sponsoring a secure shredding event Saturday, Sept. 21, from 8 a.m.-noon, at the Sully District Governmental Center, 4900 Stonecroft Blvd. in Chantilly. Residents may shred up to five boxes of personal documents per household at no charge. Paper documents from businesses will not be accepted.

Rmove all paper from binders and remove binder clips, plastic page covers and binding. Information stored on film or computer disks and credit cards will not be accepted – paper documents only.

All documents will be securely shredded on site by a private contractor, and the shredded material will be taken to a local, recycling facility for processing.

### Help the Homeless At Annual Community Walk

The Chantilly-based Western Fairfax Christian Ministries (WFCM) is holding its annual Community Walk for the Homeless on Saturday, Sept. 21, at 9 a.m. It'll be held at Southview Community Church, 2620 Reston Pkwy. in Oak Hill. Cost is \$20 for ages 25 and younger; \$30, adults.

Same-day registration begins at 8:30 a.m., or pre-register at www.hthwalks.org and select WFCM as the beneficiary.

### Meet Sheriff and Delegates At Sully Candidate Night

The Sully District Fifth Bi-Annual State Legislative Candidate Night will be held Wednesday, Sept. 25, at 7 p.m., at the Sully District Sully Governmental Center, 4900 Stonecroft Blvd. in Chantilly. Candidates for sheriff and state delegates for Districts 36, 37, 40, 67, and 86 will make brief remarks and answer questions.

It's sponsored by the League of Women Voters of the Fairfax Area and the Sully District Council of Citizen Associations.

For information, contact Olga Hernandez at 703-815-1897, wm@LWVNCA.org or Jeff Parnes at 703-424-2956 or 1stvicepresident2013@sullydistrict.org.

## SCHOOLS

## School's Picnic Brings Family Fun

## London Towne welcomes students and parents.

By Bonnie Hobbs Centre View

tudents at London Towne Elementary eased back into the school year with a back-to-school picnic. The family-friendly event was held the evening of Aug. 29 on the school playground.

Among those attending were Emily Horning and sons William and Dimitri, in third and fourth grades, respectively. "We met William's teacher and she was really nice," said Horning. "London Towne is family-oriented, always coming up with new activities for the families to do. I'm amazed at how hard the teachers work. Even at this picnic, they were grilling hot dogs."

William attends London Towne and Dimitri's in the advanced academic program at Bull Run Elementary, but both boys like math best and looked forward to making new friends at school.

London Towne fourth-grader Isabella Diaz was excited to be in her school's Spanish Immersion program with teachers Dana Moury and Tamara Miranda. Among her goals this year are "to not fail my SOLs, get better at reading and start reading more chapter books, get good grades, meet new friends, learn a lot and improve my Spanish a little."

Isabella's favorite subject is social studies. "I topped it on my SOLs," she said. "I like learning about the past and ancient cultures." As for the picnic, she said, "The food was good and I had fun playing tag with my friends."

Her mom, Rocio Pastrana, was pleased that school was starting again. "I'm excited about it," she said. "Fourth grade will be a fun and challenging year for Isabella."

Deanna Green was there with 6-year-old son C.J., a first-grader in the Spanish Immersion program. She was a bit anxious about the start of school, she said, because "It's a new school for him; he went to a small Montessori school before and this is bigger. He'll have to get used to it, so I'm hoping he'll do OK. Summer was fun, but I'm ready for him to go back to school."

C.J. was ready, too. "I like school because we get to learn new things every day," he said. "And I really like math and music."

Also enjoying the picnic were moms Lilia Charcas and Maria Csernecky, chatting together on a bench



London Towne first-grader C.J. Green and mom Deanna Green at the swings.

while watching their children on the playground. Charcas's son Facundo is a fourth-grader in the Spanish Immersion program and she's delighted about it.

"We're so happy to have this program in our school and in our neighborhood," she said. "It's a very welcoming school; I'm happy with the families that come to London Towne. We also met the teachers tonight and got the welcome-back paperwork and forms to fill out."

However, added Charcas, "We used to have full [school] days on Mondays, a few years ago, but it was taken away because of budget cuts. That's the only flaw I see with FCPS. We'd like to have it back."

Csernecky has two children at London Towne, son Mateo in fourth grade and daughter Sasha in first grade. "The teachers are very friendly and like to communicate with you and let you know what's going on," she said.

"I think the picnic was awesome," continued Csernecky. "You not only get to meet the teachers, but the parents, too. That way, you slowly get to know who they are so you can arrange play dates, too. It's also great because the kids get to see their friends before their first day of school. And then, it's easier for their teachers on the first day because the children are calmer."



Fourth-grader Isabella Diaz and mom Rocio Pastrana.



Enjoying London Towne Elementary's picnic are mom Emily Horning and sons (from left) William, 7, and Dimitri, 9.

## Schools



### They're Back Students were excited

about the first day of school at Union Mill Elementary on Tuesday, Sept. 3.

#### SCHOOL NOTES

Email announcements centreview@connectionnewspapers.com. Photos are welcome.

The following students graduated from JMU on Aug. 13: Timothy Summers of Fairfax with a degree in accounting; Nyssa Wratschko of Fairfax with a degree in international business; Jessica Vaughn of Centreville with a degree in health services admin; Jordan Anderson of Centreville with a degree in health sciBack-to-School Picnic

Union Mill Elementary School held a Back-to-School Picnic on the evening of Friday, Sept. 6. Students, staff, and their families enjoyed an evening picnic on the black top area of the school. Students played games and danced to music provided by a DJ. Families brought picnic dinners and purchased refreshments from food trucks.

ences; Jihyun Kim of Centreville with a degree in health sciences; Michael Bulas of Centreville with a degree in geology; Joshua Hahn of Centreville with a degree in finance; Sung Ho Park of Fairfax with a degree in biology; Wahida Ahmad of Centreville with a degree in biology; Katerina **Tzamarias** of Centreville with a degree

in studio art; and Christopher Harley

of Centreville with a degree in account-

Connor Mitchell, a senior from Centreville High School was named a semifinalist in the National Merit Scholarship Program

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The following high school seniors from Westfield High School were named semifinalists in the National Merit Scholarship Program: Gregory Colella, Benjamin Potts, Brandon Sanchez, Michael Sander and Elise





## **COMMUNITY YARD SALE**

SATURDAY, SEPT 14th

(Rain date Sunday, September 15th) Beginning at 8:00 am

Over 100 families will participate in this community-wide event!

Bikes, Books, Furniture, **Computers & Electronics,** Household items, Toys, Pet supplies and more......

**Detailed map of yard sale participants** will be available at the HOA office starting September 13th and on our Website at: www.littlerockyrunhoa.org



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## Sports

## Centreville's Turner Torches T.C. Williams

Wildcats improve to 2-0 with 44-16 win over Titans.

By Jon Roetman Centre View

entreville junior AJ Turner in tercepted a pass from T.C. Wil liams quarterback Darius Hol land on the Titans' first play from scrimmage during their Sept. 6 matchup. However, instead of giving the ball back to the Wildcats offense, Turner lost a fumble during the return, giving possession back to TC on what equated to a 33-yard gain for the Titans.

"Once you do something like that, you have to come back stronger or else everybody thinks you're weak," Turner said after the game. "And I know that I'm not weak."

Turner would more than make up for his early mishap, making the Titans look weak in the process.

Turner ended TC's ensuing possession with his second interception. From there, he rushed for 142 yards and two touchdowns and returned a kickoff 92 yards for a score — in the first half — as Centreville built a 34-point halftime lead and cruised to a 44-16 victory over T.C. Williams at Centreville High School.

T.C. Williams opened its season with a 38-2 victory over Oakton on Aug. 30, but was not match for Centreville. The Wildcats led 10-0 at the end of the first quarter and 37-3 at halftime, thanks in large part to Turner's dynamite first half.

"I think [TC] opened a lot of eyes by beating Oakton last week and certainly we took



Centreville junior AJ Turner rushed for 142 yards and two touchdowns, returned a kickoff for a touchdown and intercepted two passes against T.C. Williams on Sept. 6.

notice of that," Centreville head coach Chris Haddock said. "Every year, TC has got a slew of athletes and this year is no different. They've got some great players, they've got some big kids, they've got some kids that can run. We were extremely nervous, to be very honest, and our kids rose to the occasion.

"... [Turner is] one of the most special football players I've ever coached.

He's obviously very talented on both sides of the ball, but he's humble, he's a good student, he's a kid of class and character and those are the type of kids I want out there. It's a bonus that he's such a good football player."

Turner's first touchdown came on an 84-

yard run in the opening quarter, giving Centreville a 10-0 lead. After TC got on the board with a 36-yard field goal in the second quarter, Turner returned the ensuing kickoff 92 yards for a touchdown, giving the Wildcats a 23-3 advantage. Turner's final score came on a 32-yard run, which gave Centreville a 30-3 advantage.

While Turner burned the Titans on the ground, quarterback Scott Walter had a big night through the air.

The senior signal caller completed 12 of 14 passes for 206 yards and three touchdowns. Walter connected with a wide-open David Liddle for a 10-yard score in the second quarter, threw a 37-yard scoring pass to Chase Heiner before halftime, and con-

nected with Heiner for a 36-yard touchdown in the third quarter. Walter's final scoring toss came on a fourth-and-8 play during which Heiner made a nice leaping grab near the sideline.

"[Walter has] been a talented kid from Day One," Haddock said, "and now he's making great decisions."

Heiner finished with four catches for 126 yards.

Centreville junior defensive lineman D e v a n t e Wright suffered a knee injury and is expected to be out a few weeks.

definitely a fine line between being confident and being cocky, and I think that we're right on that line."

"I think that

we're definitely

confident, but

there's

— Centreville junior AJ

Centreville

(2-0), which opened the season with a 51-7 win against West Potomac on Aug. 29, has a bye this week and will return to action on Sept. 20, when the Wildcats travel to face Hayfield.

"I think that we're definitely confident," Turner said, "but there's definitely a fine line between being confident and being cocky, and I think that we're right on that line."

## Chantilly Boys' XC Wins Monroe Parker Invite



he defending state champion Chantilly boys' cross country team won the Monroe Parker Invitational on Sept. 7 at Burke Lake Park.

Despite the graduation of individual state champion Sean McGorty, who is now at Stanford, the Chargers posted a total of 88, with three harriers finishing in the top 15.

Patriot placed second with a total of 121, followed by Robinson (144), Battlefield (159), Osbourn Park (186), Lake Braddock (205), Woodson (217), Stone Bridge (223),

The Chantilly boys' cross country team won the Monroe Parker Invitational on Sept. 7 at Burke Lake Park.

Photo by Ed Lull West Springfield (305) and West Potomac (312)

Ryan McGorty led the way for Chantilly, finishing third with a time of 15:11. Dakota Lange finished fourth at 15:15 and Adam Huff placed 15th with a time of 15:45.

Edison's Louis Colson won the individual title with a time of 14:43. Marshall's MacKenzie Haight placed second (15:05).

In girls' action, Chantilly finished third with a total of 171.

Defending state champion Lake Braddock won the event (159) and Madison took second (163).

Xaveria Hawvermale finished 11th for the Chargers with a time of 18:19 and Nora Raher placed 13th (18:34).

West Springfield senior Caroline Alcorta, who finished state runner-up last season, won the individual title with a time of

Lake Braddock's Hannah Christen placed second (17:28) and Lee's Bailey Kolonich placed third (17:55).



Some of the vendors at last year's Centreville Day celebration.

## Time To Prepare for Centreville Day

## Parade, Zombie Slouch 5K, activities galore.

By Bonnie Hobbs Centre View

entreville Day is little more than a month away, and the organizers are hard at work to make this year's celebration — the 21st annual — better than ever. It's set for Saturday, Oct. 19, in the Centreville Historic District.

The outdoor festival includes a variety of food, crafts, music, children's games and rides, plus activities and entertainment for the whole family. The fun begins at 9 a.m. with the second annual Zombie Slouch Family 5K Fun Run and Walk, outside St. John's Episcopal Church, 5649 Mount Gilead Road in Centreville. Race check-in starts at 8 a.m. at the church.

The event benefits the DC Candlelighters Childhood Cancer Foundation, dedicated to supporting families with children who are battling cancer or have been treated for cancer. And runners, walker and pets are encouraged to come in Halloween or historical costumes.

Besides awards given to the fastest male, female and child under 12, prizes will be given for the most creative adult costume and most creative child costume. Registration is now open and is available until Oct. 18 via www.DCcandlelighters.org or www.CentrevilleVA.org.

The race route includes Mount Gilead, Braddock, Pickwick and Leland Roads, plus Wharton Lane. Residents in those areas should expect some road closures and delays between 9-11 a.m., the morning of the race. For more information, call Meg Crossett at dccandlelighters@gmail.com or call 202 747-7191.

The American Legion Parade is a highlight of each year's Centreville Day, and this year's parade features

a new route and a later start time. Costumes, pets, floats, decorated bicycles and scooters, and other inventive entries are welcome. Registration is free and may be done at www.CentrevilleVA.org.

Parade participants will assemble at the end of Wharton Lane at 11:30 a.m. and pass by the review stand outside St John's around noon. The parade will proceed through the heart of the Historic District along Mount Gilead and Braddock roads and disperse at the end of Braddock where Pickwick Road begins. Registration for the parade is free and prizes will be awarded in various categories. Contact Steve Hunter, American Legion Post 1995, at geoshunter@gmail.com with any questions.

Another feature of each year's Centreville Day celebration is the unveiling of the Centreville Day Citizen of the Year. "Do you know someone who is always giving to the community and deserves a pat on the back?" asks Centreville Day organizer Cheryl Repetti. "Or a seat in the Centreville Day parade?"

The Centreville Day Citizen of the Year awards recognize and spotlight outstanding volunteers and leaders in the Centreville area community — including areas with Chantilly and Clifton ZIP codes.

Individuals, organizations or businesses may be nominated until midnight, Sept. 30. Download the forms at www.CentrevilleVA.org. Nominees must be present at Centreville Day to receive their award.

"Or perhaps you're the person who enjoys giving your time and talent to support your community," said Repetti. "There are lots of opportunities to help with Centreville Day, from participating on the planning committee to helping pick up trash at the end of the day. All jobs are important and help to create a great community event."

Volunteering at Centreville Day is also an opportunity for students and Scouts to obtain service hours. Sign-up by going to www.CentrevilleVA.org and click on the green button for a variety of jobs on the day of the event, or contact volunteer coordinator Karen Waltman at volunteer@centrevilleva.org.

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> TRUSTEE'S SALE OF VALUABLE IMPROVED REAL ESTATE

Improved by the premises known as 6258 Paddington Lane, Centreville, Virginia

In execution of a Deed of Trust from Cynthia Glacken and William Glacken, dated September 16, 2005, and recorded September 19, 2005, in Deed Book 17755 at page 1160 among the Land Records of Fairfax County, Virginia, the undersigned substitute trustee will offer for sale at public auction at the front entrance of the Judicial Center for Fairfax County, 4110 Chair Bridge Book Fairfay Virginia per page 15 and 15 a at 4110 Chain Bridge Road, Fairfax, Virginia, on

Tuesday, September 17, 2013 at 9:30 a.m.

the following property being the property contained in said Deed of Trust, described as follows:

Lot 41, Section 2, London Towne, as the same appears duly dedicated, platted and recorded in Deed Book 2711 at page 684, among the Land Records of Fairfax County, Virginia, together with and subject to the provisions of the declaration of covenants and conditions (including membership in London Towne Homeowners Association) recorded in Deed Book 2788 at page 487 among the aforesid land records at page 487 among the aforesaid land records.

Commonly known as 6258 Paddington Lane, Centreville, Vir-

TERMS OF SALE: A deposit of \$25,000.00 or ten percent (10%) of the sale price, whichever amount is less, in the form of cash or its equivalent will be required of the purchaser at the time and place of sale; the balance of the purchase money be ing due and payable within fifteen (15) days after sale, time ex pressly being of the essence, with interest at the rate of 3.125 percent per annum from date of sale to date of settlement. Provided, however, that if the holder of the secured promissory note is the successful bidder at the sale, no cash deposit shall be required, and part of or the entire indebtedness, including interest and costs, secured by the Deed of Trust, may be se off against the purchase price.

Any defaulting purchaser shall forfeit the deposit and stand the risk and cost of resale.

Sale shall be made subject to all existing easements and re strictive covenants as the same may lawfully affect the real es tate. Sale is further subject to mechanic's and/or material man's liens of record and not of record. The property will be sold subject to all conditions, covenants, restrictions, rights of redemption of federal lienholders or encumbrances, and agree ments of record affecting the same, if any

In the event the undersigned trustee is unable to convey to the purchaser good title, then purchaser's sole and exclusive remedy shall be in the refund of the deposit paid at the time of

The subject property and all improvements thereon will be sold in "as is" condition without warranty of any kind. Purchaser shall be responsible for any and all building and/or zoning code violations whether of record or not of record, as well as for all unpaid and enforceable homeowners' or condominium owners' association dues and assessments, if any. Purchaser also shall be responsible for obtaining possession of the property at his/her expense. Purchaser shall assume the risk of loss and shall be responsible for any damage, vandalism, theft, destruction, or the like, of or to the property occurring after the time of sale. Conveyance will be by special warranty deed. Conveyancing, recording, transfer taxes, notary fees, examination of ti tle, state stamps, and all other costs of conveyance are to be at the expense of purchaser. State and local taxes, public charges, and special or regular assessments, if any, shall be adjusted to the date of sale and thereafter shall be assumed by

Sale is subject to post-sale confirmation that the borrower did not file for protection under the U.S. Bankruptcy Code prior to the sale, as well as to post-sale confirmation and audit of the status of the loan with the loan servicer including, but not limited to, determination of whether the borrower entered into any repayment agreement, reinstated or paid off the loan prior to the sale. In any such event, the sale shall be null and void, and the Purchaser's sole remedy, in law or equity, shall be the return of his deposit without interest. Additional terms may be announced at the time of sale. This is a communication from a debt collector and any information obtained will be used for

DAVID N. PRENSKY Substitute Trustee

FOR INFORMATION CONTACT: David N. Prensky Chasen & Chasen 5225 Wisconsin Avenue, N.W. #500 Washington, D.C. 20015 (202) 244-4000

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To the current patients of Dr. Scott H. Apted, O.D.: Be advised that Dr. Apted is relocating his optometry practice to Centreville Optometry, LLC, a "MyEyeDr." office location, located at 14245E Centreville Square, Centreville, VA 20121. If you are a patient of Dr. Apted, he will transfer your records to his new practice where they will be available for him to continue to serve your eye care needs. You also may request in writing to Dr. Apted that originals or copies of your records be sent within a reasonable time, to a licensed eye care professional of your choice, and you will be billed for the actual costs of copying and mailing your records to the selected eye care profe

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## **Now This** is What



By KENNETH B. LOURIE

Do nothing (no more treatment) and live life to the fullest (for as long as I'm able, and right now, I'm extremely able); start another chemotherapy protocol - with an I.V. chemotherapy drug which, according to my oncologist, has not been proven in any clinical setting to be better than the patient doing nothing; or, try to get into a Study (Phase 1, 2 or 3) at either N.I.H. (National Institutes of Health) or Johns Hopkins (in Baltimore) and let the treatment chips fall wherever experimental/ research medicine takes them. This is what my oncologist discussed with Team Lourie at my most recent appointment, my first appointment with him since my hospitalization and subsequent release.

It was my decision, of course. My oncologist, as he has opted to do so in the past when similar treatment options have been considered, tried to remain neutral, yet informative and responsive to our questions. He did offer up some personal opinions/assessments when we pressed him which turned out, oddly enough, to be contrary to mine. His feeling was, if he was the patient (and feeling as good I do), that he'd forgo any additional treatment - conventional or otherwise, and "take as many vacations as possible." As compelling as his extremely honest answer was, I/we decided not to give up quite yet and instead I authorized him to make inquiries about getting me into a Study at one of the preeminent research facilities in the world: National Institutes of Health, especially considering they're located approximately 30 minutes by car from my home.

In conjunction with this decision, I am also going to recommit myself to a more non-traditional, immune system-boosting/heal-thyself-type dietary pursuit that for the past four-and-a-half years has not – in total - been a part of my anti-cancer lifestyle: juicing organic fruits and vegetables, very specifically to include wheat grass and carrots; ingesting a drop or two of hemp oil per day and Berry Green (another super food/super healer: nutrient-rich and loaded with antioxidants); none of which is of course FDA-approved. Nevertheless, if my life is to go on (and I feel as if it should duh!), it feels like now is the time to ramp up, especially considering the admission by my oncologist that he as no more anti-cancer drugs that he feels offer any real hope in stabilizing/shrinking my tumors and/or reducing/preventing the inevitable fluid build-up common with my diagnosis. Unsettling, sort of, after 54 months, but after assimilating and digesting his news/medical opinions, I view this more as an opportunity. The doctors have done what they can do - responsibly, ethically; now it's time for me to do what I can do.

Certainly I'll have lots of questions - and anxiety – moving forward, but if I indeed want to move forward and live, repeating the past seems unlikely to be the answer (and quite frankly, after enduring multiple lines of chemotherapy already, the protocols actually don't allow it). I think I'm ready for the change, though (what choice do I have, really?); scared of course, but eager for the challenge. I've lived this long post-diagnosis, against all odds (or so I was told originally); I'd like to think (hope certainly) that I can live a little bit longer.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

## BULLETIN

Email announcements to centreview@connection newspapers.com. Deadline is Thursday at noon. Pho-

#### FRIDAY-SUNDAY/SEPT. 13-15

National Adoption Weekend. Visit a PetSmart store to find a new furry companion. For every pet adopted over the weekend, PetSmart Charities will reward participating local adoption partners with \$35 in adoption-reward grants. For a local PetSmart, visit www.petsmartcharities.org/events-news/ adoption-events/.

#### SATURDAY/SEPT. 14

**Blood Drive.** 7 a.m. to 1 p.m. at St. Timothy Catholic Church, 13809 Poplar Tree Road. Donors are encouraged to give all summer long, but especially near key summer holidays when donations decline. Visit www.redcrossblood.org or call 1-800-733-2767.

#### SATURDAY-SUNDAY/SEPT. 14-15

Admission Fee Waived. Sully Historic Site will be free to the public as part of the Year of the Historic Home initiative and the Time Travelers program. Hours are 11 a.m.-4 p.m., with the last tour starting at 4 p.m. 703-437-1794.

#### SUNDAY/SEPT. 15

Volunteers Wanted. Volunteer with the Young Professionals Network during the 2nd annual Pink Boa Breast Cancer 5k Run/Walk from 8 a.m.-noon at 11945 Grand Commons Ave. Help hand out event t-shirts, water, aid in clean-up and other aspects of the race. To volunteer contact Renette Noel at

community@nvulypn.org.

Meeting. 3-5 p.m. at Clifton Community Hall,
12641 Chapel Road. Eleanor Clift, writer for "Newsweek" and "The Daily Beast" will be the speaker at the Democratic Women of Clifton and Northern Virginia's meeting. Visit www.democraticwomenofclifton.org for more.

Talk. 7 p.m. at the Centreville Virginia Stake Center of the Church of Jesus Christ of Latterday Saints, 14150 Upperridge Drive, Centreville. U.S. Sen. Orrin G. Hatch (R-Utah) will speak at a "Why I Believe" fireside. Free.

#### MONDAY/SEPT. 16

**Annual Kick-off Meeting.** 7 p.m. at Cale Center, 4615 Stringfellow Road. The GFWC Western Fairfax County Woman's Club will feature speakers from Artemis House and Alternative House. Free. Visit www.wfcwc.org or 703-631-

Centreville Garden Club. "Daffodils: All You Need to Know" by Mary Anne Barton at 7 p.m. at Sully Government Center, 4900 Stonecroft Blvd., Chantilly. Learn more at centrevillegarden club.blogspot.com. Visitors and new members

#### WEDNESDAY/SEPT. 18

RWC Meeting. 7 p.m. at Fairview Elementary School, 5815 Ox Road, Fairfax Station. The Republican Women of Clifton presents Genevieve Wood, vice president of the Heritage Foundation, on "Obamacare: Unfair, Unaffordable, Unworkable," and David Bobb, director of The Kirby Center, who will talk about the importance of Constitutional governance. Social hour at 7 p.m.; business meeting at 7:30 p.m., after which Wood and Bobb will present their topics and answer questions. Attendance is open to RWC members and their guests, associate members, members of other Republican Women's Clubs and all women interested in becoming members. Visit www.cliftongop.com.

Monthly Meeting. Liberty Republican Women's Club monthly meeting starts with social hour at 5:30 p.m., and a talk by Patti Hopkins at 6:30 p.m. at Sully Government Center, 4900 Stonecroft Blvd., Chantilly. She will talk about long term care, short term care and home health care. Call Ina Faye at 703-378-4190.

#### SUNDAY/SEPT. 22

Author Discussion. 4-5 p.m. at Sully Historic Site. Paul Dickson will discuss "Words from the White House," which deals with words and phrases created by U.S. presidents. Free. To make a reservation, 703-437-1794.

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#### **ONGOING**

Paisano's Pizza is going to "Share the Pie" with the Boys and Girls Clubs of greater Washington. For all customers who mention "BGC" when placing an order, Paisano's will donate 10 percent of their purchase price. The fundraiser goes until Sept. 15. Locally, Paisano's has locations at 12715 Shoppes Lane in Fair Lakes and 10330 Main St. in Fairfax. Visit www.pizzapaisanos.com.

Festival is Back. Fall Festival at Cox Farms, 15621 Braddock Road, Centreville, will have a preview weekend, Sept. 21-22 from 10 a.m.-6 p.m. Enjoy going down the faster, 144-foot slide, multiple slides,

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children's activities, food and more are available. The festival will be open for regular hours, Saturday, Sept. 28 through Tuesday, Nov. 5 from 10 a.m.-6 p.m. (closing at 5 p.m. in November.) Pumpkin Madness will be Nov. 2-3 from 10 a.m.-5 p.m. Visit www.coxfarms.com. Get Scared. Fields of Fear at Cox

Farms, 15621 Braddock Road, Centreville is back. Go through a haunted corn maze, take a havride or go down a slide. Runs Friday and Saturday nights, Sept. 27 through Nov. 2 with a bonus night on Sunday, Oct. 13. Hours are 7:30-11:30 p.m. with last admission at 10 p.m. (earlier if sold out.) Visit www.fieldsoffear.com for tickets, map and more.

#### FRIDAY/SEPT. 13

Ready for School Storytime. 1:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 4-5 can enjoy stories and more. Free. Registration required. 703-502-

Comedy Show. 8 p.m. at Fast Eddies, 14114 Lee Highway. Performance by the Drink Til We're Funny Tour. Visit fasteddies.com.

#### SATURDAY/SEPT. 14

Master Gardeners. 10:30 a.m. at Chantilly Library, 4000 Stringfellow Road. Adults can get tips, information and advice on their home gardens. Free. 703-502-3883.

Kaleidoscope Storytime. 10:30 a.m. at Chantilly Regional Library, 4000

Stringfellow Road. All ages can enjoy a sensory story time focusing on the strengths and adapting to children on the autism spectrum and with other developmental disabilities. Free. Registration required. 703-502-3883. **Lego Mania.** 2:30 p.m. at Chantilly

Library, 4000 Stringfellow Road. Children in grades K-2 can build. Free. Registration required, 703-502-

Raise the Roof Auction and Wine Event. 7-11 p.m. at The Winery at Bull Run, 15950 Lee Highway, Centreville. Enjoy a live auction called by Mike O'Meara, a silent auction, live music, food and more. Proceeds benefit Helping Haitian Angels. \$35/advance; \$40/door. Visit www.helphaitianangels.org for

**BAPTIST CHURCH** 

#### SATURDAY-SUNDAY/SEPT. 14-15

Admission Fee Waived. Sully Historic Site will be free to the public as part of the Year of the Historic Home initiative and the Time Travelers program. Hours are 11 a.m.-4 p.m., with the last tour starting at 4 p.m. 703-437-1794.

#### SUNDAY/SEPT. 15

**Train Display.** 1-4 p.m. at Fairfax Station Railroad Museum, 11200 Fairfax Station Road. The Northern Virginia NTRAK members will have a display and N gauge trains running. Museum members are free; \$4/adults 16 and over; \$2/children 5-15; under 4 are free. Visit www.fairfaxstation.org or 703-425-9225.

#### MONDAY/SEPT. 16

Bouncin' Babies. 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Babies up to 11 months can enjoy rhymes, songs, stories and more. Free. Registration required. 703-502-3883. Repeats frequently, call for days and times.

**Time for Tots.** 11 a.m. at Centreville Library, 14200 St. Germain Drive. Children ages 2-3 can enjoy stories and activities. Free. 703-830-2223.

**Small Wonders.** 11:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children ages 12-23 months can enjoy rhymes, songs and more. Free. Registration required. 703-502-3883. Repeats frequently, call for days and times. **ESL Book Club.** 7 p.m. at Centreville

Regional Library, 14200 St. Germain Drive. Ask for title. 703-830-2223.

#### TUESDAY/SEPT. 17

Storytime. 1:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children age 3-5 can enjoy stories and more. Free. Registration required. 703-502-3883.

Pajama Storytime. 7 p.m. at Chantilly Library, 4000 Stringfellow Road. Children ages 1-6 can wear pjs and enjoy bedtime stories. Free. Registration required, 703-502-3883.

#### WEDNESDAY/SEPT. 18

**Toddlin' Twos.** 10:30 a.m. and 11:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Children age 2 can enjoy stories and activities. Free. Registration required. 703-502-

#### THURSDAY/SEPT. 19

Meditation. 7 p.m. at Chantilly Regional Library, 4000 Stringfellow Road. Adults can enjoy a free workshop. Registration required. 703-502-3883.

Starlight Storytime. 7 p.m. at Centreville Regional Library, 14200 St. Germain Drive. Children of all ages can wear pajamas and bring a favorite stuffed friend and enjoy stories and fun. Free. Registration

required. 703-830-2223.

Magic and Mayhem. 7 p.m. at
Chantilly Regional Library, 4000 Stringfellow Road. Girls and boys in grades 6-8 can participate in this scifi/fantasy book group. Call for title. Free. Registration required. 703-502-

#### FRIDAY/SEPT. 20

Capital Home Show. 10 a.m.-9 p.m. at Dulles Expo Center. Headlining the show will be DIY Network's Bath Crashers and Bathtastic Matt Muenster as well as HGTV's Design Star Meg Caswell. \$10/box office ticket; \$7/adult online; \$6/group of 20 or more; \$3/children 6-12; free for children 5 and under. Visit www.capitalhomeshow.com. Also on Saturday and Sunday.

Yoga Storytime. 4 p.m. at Chantilly Library, 4000 Stringfellow Road. Children ages 6-9 can enjoy story time that incorporates basic yoga moves. Free. Registration required,

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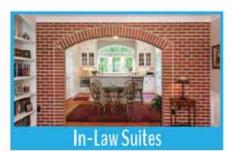
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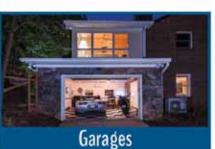
















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## Home LifeStyle

## NVAR Summit at GMU's Mason Inn

### Complex shortage of homes for sale likely to persist.

By Tim Peterson The Connection

ationally syndicated columnist and moderator Kenneth R. Harney introduced the expert panel for the Northern Virginia Association of Realtors (NVAR) 17th annual Economic Summit Thursday morning, Sept. 5.

Dr. David Crowe, chief economist and senior vice president of the National Association of Home Builders, joined economic experts David E. Versel, a senior research associate at the George Mason University Center for Regional Analysis, and Dr. Lawrence Yun, senior economist for the National Association of Realtors. The panel addressed a full house - representing the nearly 10,000 realtor and "affiliate business members" that comprise the NVAR — on issues they believe best explain the current housing market and outlook, for both northern Virginia and the United States as a whole.

Though none could offer any "silver bullet" solutions to address all their concerns for housing, all agreed that growth in the market within a genuinely rebounding economy is sustainable, if only at a slower rate than the last year.

HARNEY, WHOSE COLUMN "The Nation's Housing" appears in The Washington Post and in syndication, opened the program on a positive note, praising the "fortunate" market of the last year. And the increased sales, listings and home prices, he said, are demonstrative of a second, more generally sustainable phase of economic rebound that should give buyers and sellers alike hope.

But Harney was also quick to follow with qualifications and caveats to the optimism. "It may vary where you are," he said, "but as far as I can tell, the entry-level buyer is



Members of the Northern Virginia Realtors Association filled the conference hall at the Mason Inn on the campus of George Mason University for the 17th Annual NVAR Economic Summit.

they face hurdles. Student debt load is a big issue. And the job market is a huge constraint for the first-time buyer."

#### **VERSEL WAS THE FIRST PANELIST** to

speak, giving more detail regarding past, present and future economic forces in the DC metropolitan area as they relate to housing. A major concern for Northern Virginia is the decline in federal jobs and federal procurement. His data show a continuation of the trends, with one example being a \$14 billion decrease in spending from 2010 to

"There's no question the primary economic driver of this region has always been Uncle Sam," Versel said. "That said, we're not Detroit. We haven't been a one-horse town for the last 30 to 40 years. For example, Fairfax County has attracted Volkswagen North American Headquarters. We have that base of brainpower, and hopefully that's leading into a new generation of economic growth."

Versel sees a steady increase in building permits as a positive marker. Between 2012 still missing in action. They're out there, but and 2017, he forecasts 55,000 new jobs

being created in the housing industry, which should come as a package with increased construction and greater inventory.

Lack of inventory, Versel explained, is a key impediment to the more rapid strengthening of the market. Families or individuals looking to trade up have fewer options to do so, and first-time or entrylevel buyers have fewer options to become involved at all. Versel attributes this mainly to the vast amount of homeowners in northern Virginia between the ages of 45 and 64.

"Nearly half of all homeowners in this region are in the Baby Boomer demographic," he said. "Let that wash over you for a second." Versel cited data from the 2010 Census.

"That's in no small part why inventory remains a problem," Versel continued. "They don't want to retire, they don't plan to retire. Some of it is financial and some of it is lifestyle: 'I'm not old, I'm never going to get old, and I'm living here forever.' They're probably going to stay in these places for another 20 to 30 years. For younger people who want to buy houses in those areas, unless you have new construction, there just isn't any inventory to purchase."

CROWE ECHOED HARNEY'S call out of the missing entry-level buyers, citing national survey data from University of Michigan studies, among others. "No matter what market you're in, the larger picture does matter. The government is going to react to what the rest of the economy's going to do."

Crowe said lifestyle choices — children of Baby Boomers moving in with their parents and deferring marriage, childbirth, etc. - and economic insecurity had and continue to have profound influence on household creation.

"We're in store for enormous pent up demand," said Crowe. "When people don't know what their future's going to be," they're less likely to move out of their parents' basements, get divorced, have more children, etc. "That's why we had such a surplus of houses. We didn't build too many houses — people stopped moving out. That's coming back again."

During the last housing peak, Crowe said household creation at the national level was 1.4 million annually. In the slump, that figure dipped to half a million. According to Crowe, it should be at about 1.2 million.

With the slow but now steady growth of the national housing market — contributing a three percent out of a more ideal six percent to GPD — Crowe is optimistic more and more of this pent of demand will emerge as entry-level sales. But there are still potential lags: availability of credit can be limiting and discouraging, the cost of building materials is increasing.

YUN ALSO STRESSED the importance of job creation in helping prop up the missing entry-level segment. He specifically referenced students who, whether they "overborrowed" or not, collectively feel the weight of loan debut. "What will most help them pay off debt or buy a home," he said, "is really jobs. If they have jobs, student

SEE NVAR, PAGE 7

### Northern Virginia **Designers Awarded Rooms** in Showhouse Event

Northern Virginia/metro area interior designers Kelley Proxmire of Kelley Interior Design and Wayne Breeden of E. Wayne Breeden Design are among 17 designers awarded rooms at the benefit Winchester Showhouse & Gardens, open to the public through

The Showhouse features an 18th century home in the Shenandoah Valley, Long Green, known for its historic and architectural prominence and beautiful

Landscaping, shopping, artwork and designer sales complement the event, which benefits Blue Ridge Hospice, a not-for-profit hospice organization serving the Piedmont and Shenandoah Valley.

Purchase online at winchestershowhouse.com or by calling 540-313-9268.



Long Green, an 18th century home in the Shenandoah Valley, is made over to benefit Blue Ridge Hospice.

CENTREVIEW
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From \$300,000

# Home LifeStyle Like Magic

New plan in built-out 1940s colonial gains vital square footage as young family looks ahead.

By John Byrd

n the end, a skillful spatial reconfiguration is like a deft magician's trick - you've seen it with your own eyes, but you still can't figure out how they did it.

"Really, I don't know how this plan created so much more usable space," Alexandria resident Alice Goulet said, discussing a recent reconfiguration to several rooms in the family's 1,800-square-foot center-hall

"All the changes stayed within the house itself, yet there's much more capacity and openness."

Sarah Wolf, the designer at Foster Remodeling Solutions hired by Alice and Paul Goulet to find an alternate floorplan solution, is pleased with the outcome, too, but she's seen this before. She said that owners often think the only way to gain useable square footage is to build an addition.

"The real challenge to converting less into more," Wolf said, "is knowing where existing space is being wasted."

But to start at the beginning: the Goulets purchased this brick-clad circa 1940s threebedroom house 10 years ago when Alice Goulet was expecting the couple's first child.

As the family grew (there are now two girls and a boy - all under age 10), so, too, did the need to plan ahead. Starting in 2007, in fact, the Goulets hired Foster Remodeling on two occasions: first to finish the basement and enclose a porch; the second time to design an eat-in kitchen.

One fact emerging in the earlier remodelings, however, seemed daunting relative to the future. Under city code, the Goulets learned, the amount of new construction that could be added to the exterior had already been maxed-out.

"That meant we were looking for more usable space inside the existing structure," Wolf explains. "And this is the real frontier in older close-in homes; it's interior space planning that has really revolutionized the



The master bath is articulated in Tuscan accents: natural clay tile combined with maple cabinet facings brushed in black stain; a tile wainscoting unifies the entire room including a spacious soaking tub.

way traditional homes are now being used."

Itemized as a "wish list," the Goulet's goals seemed simple enough. Alice Goulet wanted a soaking tub, and an upstairs location for the washer/dryer. Paul Goulet envisioned a large walk-in shower. Both sought more closet space and "elbow room " in the master suite — plus, a larger bathroom for the kids, a new place for the linen

AND, STILL, there was this lingering question of: what next? Where could more space be found if needed?

"Initially, I found it hard to see how we were going to gain any usable space," Alice Goulet said. "The master suite was pretty built-out."

Specifically, previous owners had constructed a rear elevation two-level wing with the master bedroom on top accessible through a small bedroom in the main house. The suite itself was configured as an L-



BEFORE: No room for a soaking tub here. While Wolf's only deletion was a small linen closet, the designer says that "inches count" in a tight-space plan solution.

shaped sleeping area wrapping a shelledin enclosure that included a wardrobe closet, a linen closet and a master bath.

"The adjacent room in the main house had become a sort of foyer and dressing area for the master suite," Alice Goulet said. "Since the walk-in-closet was immediately inside the bedroom door, the entrance to the bedroom often got pretty cluttered."

All that changed when Wolf went to work. Exploring several budget variations, Wolf presented two plans: one that retained the existing space configuration as-is; a second option that "wipes the slate clean" - eliminating the "L" and reapportioning the suite into two parts: a rectangular sleeping area on the wing's eastern side; a walk-in closet and master bath positioned side-by side on the room's western wall.

"We saw immediately how well the second plan worked, " Alice Goulet said. "It makes the bedroom much more functional, and private."

While relocating a small linen closet was the only functional en suite deletion, Wolf's master bathroom layout finds the vital square footage needed for both a soaking tub and a walk-in shower.

The part of the floor previously occupied by the old bath now becomes a 36-square-

#### More

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foot walk-in closet complete with tray ceilings. The plan also reassigns the former suite foyer as the footprint for a new children's bathroom — which is now twice the size of its predecessor.

The real boon to Wolf's solution, though, is how well the new space works.

"The bedroom feels much larger," Alice Goulet said. "The narrow dressing zone has been eliminated. The whole room is open and airy."

Alice Goulet credits Wolf, too, with interior design that really differentiates the master suite's featured assets.

Choosing lighter reflective colors for wall surfaces, the new scheme draws out the brighter natural ambiance of a room that



BEFORE: The old L-shaped configuration consisted of two converging legs, both too narrow for comfortable habitation, the owners say.

features east-facing French doors, a second window and a skylight.

A new teakwood custom-designed bed and headboard provides a suitably geometrical focal point to a room that is otherwise tranquilly elemental.

By contrast, the master bath is articulated in warm earthy Tuscan accents: natural clay tile combined with maple cabinet facings brushed in black stain; a tile wainscoting that unifies the entire room including a spacious soaking tub.

Alice Goulet said that most of the space planning and finishwork decisions were made at Foster Remodeling's showroom in

"The showroom helped to made the process orderly," she said. "So many options inspire creativity."

Thinking ahead, the Goulets had the design team create stair access to a third floor attic, which they plan to eventually buildout as either their son's bedroom or a children's playroom.

"What we really appreciate about the incremental approach we've pursued with Foster is that it allows us to think everything through carefully," Alice Goulet said. "That really matters when you have a growing family."



room suite to create a more functional floorplan that gains a 36-squarefoot closet and a spa bath with soaking tub and a walk-in shower.

## Home Life Style

### Sun Design Named One of U.S.'s Fastest Growing Private Companies

Sun Design Remodeling Specialists, Inc., of Fairfax, was named by Inc. Magazine as one of America's fastest-growing private companies. This is the fourth time the magazine has included Sun Design on its annual Inc.5000 list.

Sun Design was one of the Virginia companies to be included on the list this year.

Companies are chosen for the list based on their growth rate for the previous three years; Sun Design's revenue was up 9 percent over that period. A statement released by the magazine said, "The elite group you've now joined has, over the years, included companies such as Microsoft, Timberland, Vizio, Intuit, Jamba Juice, Oracle, and Zappos.com." The awards will be formally presented at The 32nd Annual Inc. 5000 Conference and Awards Ceremony, Oct. 10-12, 2013 at the Gaylord National.

Bob Gallagher, president of Sun Design, said, "Being recognized by Inc. Magazine for this national award four times is a great testimony to the success of our company, the creativity and drive of our entire team and our reputation as a company that clients love to work with. We're very pleased to be included among such great companies."

Sun Design, celebrating its 25th year, has been the recipient of dozens of industry awards. Each year, Sun Design shows off its work during a series of home tours and other special events. Visit www.sundesigninc.com or call 703-425-5588. Sun Design is located at 5795 B Burke Centre Parkway, in Burke.

## **NVAR**

From Page 3

loans are not a problem. It's about job creation. We are creating jobs, but at a slow pace. This is hindering young people in the country."

But like all the panelists, Yun's presentation was peppered with plusses and minuses. A positive for employment seekers, as well as their potential employers, is the concept of "clustering," according to Yun. Clustering takes place when a sizable number of skilled workers congregate in a certain area and that attracts employers, which attracts more skilled workers.

Yun applauded the multi-skilled workforce in and around DC as "a clustering effect beginning to grow." He believes more businesses will be drawn to the workforce, independent of government, which could in turn help create more jobs in the region.

Finally, noting the rising population of renters, Yun implored the audience (to pass along to their clients) to be wary of inflation over the next year. "We may actually get a 6 percent mortgage next rate next year, if inflation rate pops out. It's something to watch carefully."

## Big Ideas for Small Spaces

### Local designers offer ideas for decorating small rooms.

By Marilyn Campbell
The Connection

hether one is sprucing up a small powder room or decorating a studio apartment, space limitations often pose a design challenge. However, local designers say that no matter how a small space's square footage or how awkward the layout, there are plenty of decorative cures for small spaces.

Jean Freeman, a professor of interior design at Marymount University in Arlington, recommends multiuse furniture. "[On] one project I put in a Murphy bed that folded up and there was a desk that could then be put down from the underside of the bed. It was fantastic," she said. "Work and eat on it during the day, clear the table and sleep on it at night."

Designer Debbie Wiener, of Designing Solutions in Silver Spring, Md., also suggests maximizing the

use of wall space. "There's only one floor, but there are four walls, so don't just decorate the walls, furnish them," she said. "Tall book cases, floating wall shelves, wall-mounted cabinets, desks and tables that fold up against the wall are all functional pieces that give great storage and work space without taking up any valuable floor space."

LARGE FURNITURE can overwhelm a small space, says Courtney Thomas of The Picket Fence in Burke. "Using small-scale furnishings helps keep things in proportion," she said. "A narrow bookcase is great for small spaces."

Small tables and chairs with folding legs are another good option.

Thomas also said mirrors are a great way to make a small space seem larger. "They help reflect light and bring depth to a space," she said. "Even a small mirror in a narrow hallway or tiny room can make a big difference."

Storage ottomans can serve a dual purpose in small spaces. "They can be used as a coffee table but can also serve as extra storage," said Ann O'Shields, of The Nest Egg in Fairfax.

"They are large enough and sturdy enough to be sat on for extra seating and they are also great for ottomans. Choosing a fun fabric is a great way to add some color to your space and they can always be tucked under a console table or into a corner when not in use."

WHEN DESIGNING a small kitchen, Arlington, resident Allie Mann, project designer at Case Design/Remodeling said, "Keep floor coverings such as hardwood the same from the kitchen into the adjacent rooms. If you use floor tiles, use larger format tiles to minimize the amount of grout needed.

When it comes to appliances, Mann suggests mini-models. "Use space saver appliances such as microwaves and built-in organizers An oversized storage coffee table such as this one can also be ideal in a very small space, says Ann O'Shields. "It will allow enough surface space to use for food and drinks for entertaining."

for knives and spices," she said. "Additionally, a microwave can be installed in the island or below a cabinet to free counter space."

When it comes to color in small spaces, Sharon Kleinman of Transitions by Sharon Kleinman suggests using bold and dramatic hues, but not patterns. "Use lush fabrics with lots of texture to create interest," she said. "For example, in a small powder room, I might use an antique mirror on one wall and then wallpaper in a rich color on the other walls." She added that it's best to pick wallpaper with a small to medium pattern.







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## Home Life Style

## Top-to-Bottom Makeover

## The Hollis family wanted a house that would work better today — and long into the future.

By John Byrd

ometimes it's not limited square footage that makes a house feel inadequate—it's how that square footage is configured.

Take, for example, the circa 1970s Vienna split-level Andre and Katy Hollis purchased in 2005. With more than 3,200 square feet of living space that included four bedrooms, three bathrooms and a large family room, most would consider the house sufficient — even enviable — as the primary home for a family of four.

True, the previous owners had been empty-nesters, which partly explained why there was a soaking tub instead of a shower in an upstairs bathroom allocated to two pre-teen boys.

Still, the structure's two-level main block seemed to have capacity to spare. There was a guest room; a full bathroom on the first floor; a home office.

In fact, it was the lack of need for changes that had prompted the Hollis' to buy the house in the first place.

But while recuperating from an accident a few years ago, Katy Hollis began to reassess. "I decided that I really like our neighborhood and that we could stay in the house indefinitely. But I also saw that I had been ignoring a lot of things that didn't work for us. And the shortcomings were even more obvious when I looked ahead."

All of this sounded familiar to Mindy Mitchell, the Certified Aging-In-Place Specialist at Sun Design Remodeling Katy Hollis called in to talk over some ideas.

"In the last two decades, designers have learned a lot about how to customize a traditional production house floorplan for longterm use," Mitchell said. "Size is less important than how rooms are purposed and configured. The goal is to create a plan that will logically support priorities."

As discussions with Mitchell evolved, Katy Hollis unveiled her larger agenda. To make the house more functional for both current and foreseeable needs, the homeowner envisioned a series of focused revisions: a spacious first floor bedroom; a gourmet kitchen; television-viewing that's not in the midst of other entertainment zones; a guest suite with dedicated bath; an indoor-outdoor segue to the beautifully wooded backyard.

The new plan had to serve a variety of concurrent scenarios. There should be beautifully articulated front-facing rooms that would support the occasional dinner party. They needed a family gathering area for daily meals and everyday interaction. The new kitchen should be equipped with a gas range, a wine refrigerator and generous food preparation surfaces.

"I found it reassuring to talk about the house as a place we might occupy 30 years from now," Katy Hollis said. "I thought that we probably had the necessary square footage to make the changes I had in mind, but there were many space planning considerations we needed to work out carefully."

Certainly, the current plan was problem-

The entryway foyer was flanked by an L-shaped galley kitchen to the left and a family room four steps down on the right.



The Hollis family decided to reconfigure their Vienna home for both improved day-to-to functioning, and long-term use. From left: Alex, Max, Katy (with Lizzy) and Andre in the newly remodeled family room.

Sun Design Remodeling frequently holds

workshops on home remodeling topics at their office in Burke. Call 703-425-5588 or visit

www.SunDesignRemodelingInc.com.

ing room, or from the parellel foyer directly to a small sitting room adjacent to the dining room.

The arrangement often led to bottlenecks. At parties, guests would circulate back to the family room after dinner creating traffic jams in the foyer.

More

**SUCH PROBLEMS** were equally apparent upstairs. The front-facing master bedroom suite was large enough — but the master

bathroom could only be accessed through a closet/changing area, and the plan lacked a walk-in closet and privacy. Adding to the inconvenience, the only shower available for second floor guest room was one flight down, on the first floor.

"Our challenge was comprehensively reimaging how space could be allocated while staying inside the envelope of the house," Mitchell said.

Interestingly, a decision to move TV-watching away from the front-facing family room set the reconfiguration process in motion.

"We saw the rooms in the front of the house as a suite that would better serve all formal entertainment needs," Mitchell said. "Situating the TV in the newly remodeled basement allowed us to fully convert the family room into a more formal living room and eliminate the marginally useful sitting room.

Freeing-up the 17-foot-by-8-foot sitting area in the back of the house, Mitchell and team next shifted the dining room to the front (across the foyer from the new living room), allocating 170 square feet in the rear for a gourmet kitchen and family dining area.

**THE CENTERPIECE** of the new kitchen is an L-shaped food preparation and dining counter. The custom built-in provides seat-

ing for four, easy access to the butler's pantry en route to the new dining room, and a critical leg in a work triangle that facilitates essential cooking and clean up tasks. "It's much easier to both cook and tend to guests," Katy Hollis said. "The dining room,

foyer and new living room are well-unified aesthetically; guests don't even need to see the kitchen."

Re-purposing bedrooms and bathrooms also figured prominently in the makeover. Katy Hollis wanted both a guest room with dedicated bath and a larger, more private master bedroom suite.

"We had to scrutinize the footprint closely," Mitchell said. "Fortunately, there were first level utility rooms adjacent to the family room we could either delete or reassign in our search for space to accommodate a first level master suite." Relocating an upstairs hall bath, thus, gave Mitchell the option to move the laundry to the second floor. The former master bedroom suite now becomes the coveted guest quarters. A second floor corner bedroom has been transformed into a bathroom for the two boys complete with a double sink vanity.

With the laundry now out of the way, Mitchell and team re-deployed 300 square feet on the rear of the first level for a spacious and very private master bedroom suite that includes a master bath and generous walk-in closets.

A home office behind glass-facing French doors opens directly into the redecorated living room. The first level bath has been re-fashioned as a handsomely appointed guest powder room.

"It's a terriffic solution in every detail," Katy Hollis said. "And knowing we've already made some solid decisions about the future is really quite satisfying."