

New Fairfax County Public Schools Superintendent Karen Garza speaks to parents and teachers at Sunrise Valley Elementary School Monday, Oct. 28.

New Superintendent Does Q&A

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PHOTO BY ALEX McVEIGH/THE CONNECTION

Reston Community Center



Thanksgiving FOOD DRIVE

To Benefit Cornerstones (Formerly Reston Interfaith)

NOVEMBER 1 - 25

These items are urgently needed. Please drop off unopened/unused items at any of the below locations. Cornerstones will distribute the donations during this holiday season and throughout the year.

ITEMS NEEDED:

**Heavy Duty Clear Plastic Bins (approx. size of file boxes) • Diapers • Baby Wipes • Canned Fruit • Canned Meats
Condiments (mayo, mustard, ketchup, etc.) • Cooking Oil • Canned Beans • Peanut Butter & Jelly • Soups, Chili, etc.
Ramen Noodles & Cup-o-Noodles • Macaroni & Cheese • Boxed Potatoes • Bagged & Boxed Rice & Couscous •
Pasta/Rice Mixes • Cereal • Coffee, Tea, etc. • Dry Beans • Flour, Sugar, etc. • Hygiene Items (toothpaste, soap, etc.)
Milk (evaporated, condensed, dry, soy, etc.) • Oatmeal, Pancake Mixes, Other Breakfast Items
Season Packets (taco mixes, marinades, soup mixes, etc.) • Snacks (cookies, cracker, fruit bars, etc.)**

RCC Hunters Woods
2310 Colts Neck Road
Reston, VA 20191

RCC Lake Anne
1609-A Washington Plaza
Reston, VA 20190

Greater Reston Chamber of Commerce
1763 Fountain Drive
Reston, VA 20190

Access National Bank
1800 Robert Fulton Drive, Suite 105
Reston, VA 20191

Appalachian Spring
11877 Market Street
Reston, VA 20190

Boyd School Herndon
13251 Woodland Park Road
Herndon, VA 20171

Boyd School Reston
11579 Cedar Chase Road
Herndon, VA 20170

Cardinal Bank
11150 Sunset Hills Road
Reston, VA 20190

Complete Health Chiropractic
208 Elden Street
Herndon, VA 20170

CVS Pharmacy
11160 South Lakes Drive
Reston, VA 20191

Hunter Mill District Office
12000 Bowman Towne Drive
Reston, VA 20190

JBG/Reston Arboretum
12700 Sunrise Valley Drive
Reston, VA 20191

JBG/Reston Executive Center
12100 Sunset Hills Road
12110 Sunset Hills Road
12120 Sunset Hills Road
Reston, VA 20190

JBG/Reston International Center
11800 Sunrise Valley Drive
Reston, VA 20191

JBG/The Summit
2000 Edmund Halley Drive
Reston, VA 20191

Long & Foster Realtors
1831 Wiehle Ave
Reston, VA 20190

Reston Association-HQ
12001 Sunrise Valley Drive
Reston, VA 20191

Reston Association-CSF
12250 Sunset Hills Road
Reston, VA 20190

Reston Association-WNC
11450 Glade Drive
Reston, VA 20191

Reston Sport & Health
11445 Isaac Newton Square
Reston, VA 20190

Security Public Storage
385 Spring Street
Herndon, VA 20170

State Farm Insurance
11868 Sunrise Valley Drive, Suite 200
Reston, VA 20191

Tall Oaks Assisted Living
12052 North Shore Drive
Reston, VA 20190

The M Group Architects
12353m Sunrise Valley Drive
Reston, VA 20191

United Bank
1801 Reston Parkway
Reston, VA 20190

YMCA Fairfax County Reston
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Reston, VA 20190

For more information, please contact Kevin Danaher, Community Events Director, at 703-390-6166.



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PHOTO BY ALEX MCVEIGH/THE CONNECTION

From left, Hunter Mill School Board Representative Pat Hynes introduces new Fairfax County Public Schools Superintendent Karen Garza at Sunrise Valley Elementary School Monday, Oct. 28.

New Superintendent Does Q&A

Karen Garza speaks at Sunrise Valley Elementary School.

BY ALEX MCVEIGH
THE CONNECTION

New Fairfax County Public Schools Superintendent Karen Garza visited with parents and teachers at Sunrise Valley Elementary School Monday, Oct. 28, as part of her listening tour around the county.

Garza, who was previously superintendent of the Lubbock Independent School District in Texas, was named as replacement for retiring superintendent Jack Dale in April.

"So far, I've only visited 44 different schools out of the 196 in the county, I've got a lot more to go, but what I see I'm very impressed with," she said. "I'm so impressed with our principals, they're some of the best I've worked with. ... I'm also seeing great work in the classroom from very dedicated teachers. Those things, coupled with the great support from our community is the essential recipe for success."

She said Fairfax County is poised to tackle some of the most pressing issues in education as a whole, and the key to that will be laying out a long range plan, which includes her "Portrait of a Graduate" exercise.

"What do we want our students to know and be able to do when they graduate? We have to find out what skills they need to learn, and find out if what we're doing is toward that end," she said. "By the end of the school year, we'll commence strategic planning that will use the 'Portrait of a Graduate' as a foundation point."

ONE OF THE MOST PRESSING ISSUES Garza is facing is the budget, specifically how to make up the currently estimated shortfall for fiscal year 2015.

"If I had to, tomorrow, submit a budget to the board for approval, with no changes in salaries for teachers, no new program improvements, but to shore the gap for the next school year, we would be short \$140.7 million," she said. "In order to cover that deficit, we would need an 8 percent increase in the

transfer [from the board of supervisors]."

In comparison to years past, she said there is more than \$110 million of shortfall due to the school system receiving less money from the state (almost \$21 million less), as well as increased student population growth and rising health insurance costs, among others.

While many came to the meeting anxious to hear the truth behind rumors of massive cuts, Garza was careful to point that no plan has been officially proposed to the school board.

"What we've been looking at is a menu of what our choices could be," she said. "If we continue to cut, what worries school board members and myself, is that the Fairfax public schools we know and love today won't be the same schools," she said. "We're looking at everything, everything is on the table, including a 10 percent cut across the board at Gatehouse [Fairfax County Public School headquarters]."

Stuart Gibson, former school board representative for the Hunter Mill District and current substitute teacher, says he worries about cuts affecting already overworked teachers.

"The notion to eliminate certain administrative positions doesn't mean the work goes away. If you're concerned about teacher workload, you've got to be concerned about the moving administrative tasks down to teachers," he said. "Under Virginia law, the superintendent is required to present a budget to the school board that reflects the needs of the system. If the needs of the system are greater than the anticipated revenue, then we don't start by presenting a budget that cuts at the very beginning."

GRACE SEBO, parent of two elementary school students, says she would be in favor of an increased transfer from the county, even if it came at the expense of other services.

"I think the schools are the absolute foundation on which the county is built on. They're a selling point to people who want to come live and work here, people who will be moving into houses near the new Metro, people who will move their businesses here," she said. "I agree with what Superintendent Garza said about looking at everything and finding ways to save money, but bottom line, schools should come first."



PHOTO BY ALEX MCVEIGH/THE CONNECTION

The new medical office building at Reston Hospital Center, currently under construction.

Reston Hospital Provides Update

Physicians expected in new medical office building after Thanksgiving.

BY ALEX MCVEIGH
THE CONNECTION

Reston Hospital Center is currently in the process of adding more than 150,000 square feet of new office space and facilities. The project, which began in September 2012, is estimated to cost about \$25 million.

"We're adding a fourth medical office building to the campus, with physician offices on the top floors and new hospital services in the lower levels," said Tracey White, vice president of Community and Government Relations for Hospital Corporation of America Virginia Health System, the owners of the hospital. "The project also includes an expansion of our operating rooms, with four new rooms that will be online by late 2014 or early 2015."

The new facilities will include a second robot for performing gallbladder, prostate and other gastrointestinal surgeries. The hospital's helipad will also be moved to the top of the new building.

White said the new building is expected to start moving in physicians right after Thanksgiving.

"This piece of property is the last open piece of lawn we have on campus. We have more expansion planned in the future as part of our long range plan, but it will all be going up," White said. "As Reston continues to grow, it puts more pressure on Reston Hospital Center to grow with it. Demand from Loudoun County is growing as well. For example, we estimate about 30 to 40 percent of our obstetrics patients come from Loudoun, and we recently opened Stone Spring Emergency Center to help take some of that pressure off as well." The Hospital Corporation of America operates 13 hospitals in Virginia, which includes four in the southwest region of the state and three in the Richmond area. Locally, they operate hospitals in Falls Church and Loudoun County in addition to Reston.

HCA employs just under 15,000 people, making it the fifth largest private employer in the state, and has given approximately \$657 million in uncompensated care.

An outside economic impact study two years ago estimated they add approximately \$3.7 billion to Virginia's economy.

Vote 'Yes' for Our School Bond on November 5th!



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Fairfax County Federation of Teachers
PTA, Fairfax County Council

Making Voters Feel Welcome, No Matter Their Language

County election officials have stepped up outreach efforts and volunteer recruitment efforts.

By VICTORIA ROSS
THE CONNECTION

It's been nearly a year since more than 450,000 Fairfax County voters cast their ballots at 237 precincts in the 2012 presidential election, and for most voters, the process was quick and painless.

But long lines and even longer wait times at some polls frustrated voters and prompted Fairfax County to investigate what went wrong.

Making sure that history does not repeat itself, Board of Supervisors Chairman Sharon Bulova set up a special bipartisan Election Commission less than two weeks after the 2012 election to look into what caused the long lines, whether poll workers were trained properly and why some voters just gave up and went home.

Appointed by the Board of Supervisors, the 2013 Bipartisan Election Process Improvement Commission consists of county residents who represent the county's supervisory districts, communities within the county and organizations. Katherine Hanley, former chair of the the Board of Supervisors, and Stuart Mendelsohn, former Dranesville supervisor, co-chaired the commission.

One of the key reasons for the problems, election officials said, was a shortage of poll volunteers.

This year, Cameron Quinn, the county's chief election official, and the county's Electoral Board have been working together to implement some of the 50 recommendations made by the bipartisan committee in May.

"We've been doing a number of things since January to improve outreach and make things go smoothly for every voter this year," Quinn said last week. "We've done a lot more targeting of messages to people who need it, senior and disabled population, and we've been able to provide more bi-lingual volunteers at precincts that need language assistance."

In addition to printing all voting materials in English and Spanish, a federal requirement, Quinn said the county will have English/Spanish bi-lingual volunteers at every precinct, as well as Korean-speaking volunteers at some polling precincts with large Korean populations.

"I was touched with Korean community's efforts to help us translate materials and provide volunteers," Quinn said. "And so we're trying to encourage other pockets. My next target is Vietnamese. We've also printed recruitment brochures in Farsi, Arabic, Chinese Korean, French, and Spanish."

Another key improvement was raising the



Voters lined up outside Lake Anne Elementary early Tuesday morning for last year's election. Voters reported about a 45-minute wait at Lake Anne Elementary.

"I was touched with the Korean community's efforts to help us translate materials and provide volunteers. ... And so we're trying to encourage other pockets. My next target is Vietnamese. We've also printed recruitment brochures in Farsi, Arabic, Chinese Korean, French and Spanish."

— Cameron Quinn, Fairfax County's chief elections officer

Highlights of Bipartisan Election Commission's Report

Last fall, the Board of Supervisors appointed a 26-member Bipartisan Election Process Improvement Commission to look into some of the problems encountered by voters and election officers during the 2012 general election, including long lines. In March this year the commission released its report, offering over 50 recommendations, including:

- ❖ Use electronic poll books at all precincts
- ❖ Avoid parent-teacher conferences on Election Day
- ❖ Encourage voters to use optically scanned ballots, reserving touch-screen machines for voters with disabilities
- ❖ Enable dedicated phone lines for the chiefs to use to reach the registrar and elections offices
- ❖ Purchase new voting equipment to modernize and improve the voting process

pay of election volunteers, from \$100 to \$175 per day, which Quinn said has helped in the effort to recruit more volunteers.

The county also encouraged absentee voting, starting the process three weeks earlier at satellite sites. As of Oct. 23, Quinn said there have been more than 17,248 absentee applications, a 50 percent increase from 2012.

"The Electoral Board agreed with the vast majority of the recommendations the commission made and most of those recommendations are being implemented right now or will be implemented in the future," said Brian Schoeneman, a Fairfax County attorney and secretary of the Electoral Board.

- ❖ Consider raising election officers' pay and increasing the number of rovers

The Office of Elections is considering the following recommendations to determine which may be implemented.

- ❖ Refer to "electronically scanned" ballots, not "paper"
- ❖ Configure lines and precinct room layout for maximum efficiency
- ❖ Meet with EO teams the night before election to set up and for a quick review of duties
- ❖ Post maps outside rooms of co-located precincts
- ❖ Be sensitive to and assist voters with disabilities and those with limited English skills

(Read the full report at www.fairfaxcounty.gov/electioncommission.)

"One thing we knew even before November was that we needed to begin thinking of replacing our aging voting equipment," Schoeneman said. "We have made significant progress in that area and are evaluating a variety of systems with a goal of implementing a new, fully integrated system by November 2014."

The Board of Supervisors allotted \$6 million for new equipment this year, which Quinn said gives the election office "more breathing room" to implement some improvements.

Last week, the Sully District precinct, received its first Ballot on Demand machine. Adrienne Free of Fairfax, an election offi-

cial stationed at the precinct, said the new technology would make it easier for both voters and volunteers.

"We have literally dozens of different ballot combinations of offices," Free said. "With the new equipment, we won't have to print as many ballots."

In some election years, like the upcoming 2015 elections, election officials will juggle more than 80 different ballots to accommodate the various jurisdictional boundaries across Fairfax County.

The multiple ballots are especially difficult to handle with absentee ballots and absentee in-person voting at the satellite locations and the Government Center, where officials have to have every single ballot combination available to allow every voter in Fairfax to vote.

"Ballot on demand technology lets us get around the need to print thousands of copies of each ballot and have them available, especially in the satellites and Government Center," Schoeneman said.

Instead, election officers can print the ballot for voters at the time they check-in, saving the time of finding the correct ballot, saving the money of printing thousands of ballots no one will ever use, and reducing errors caused by handing out incorrect ballots to voters.

"Many jurisdictions around the country are moving to this model and we hope Fairfax — if the tests are successful — will help lead the way here in Virginia," Schoeneman said.

OPINION

Vote Nov. 5 or Before

Election Day is
Tuesday, Nov. 5

EDITORIAL

For voters in Virginia, it is hard to overstate how important it is to go out and vote next week. All Virginia voters will see statewide races for governor, lieutenant governor and attorney general, plus one delegate race. In addition, there are a few local races in Alexandria and Arlington, a bond question in Fairfax County and a referendum question about the housing authority in Arlington.

These off-year elections attract many fewer voters.

In 2008, 74.5 percent of Virginia's registered voters turned out to vote in the presidential election. In 2009, the last time Virginians elected a governor, lieutenant governor, attorney general and members of the House of Delegates, just 40.4 percent of registered voters came out to vote.

That is to say that 1.7 million voters went missing in the commonwealth.

Last November, more than 70 percent of Virginia's registered voters turned out. Will this November see 40 percent or less? Choices at the statewide level could hardly be more stark, and low turnout will make the outcome unpredictable.

This week's Connection includes what you need to know about the mechanics of voting and what is on the ballot.

Don't be among the missing.

Voter Identification Rules Same as Last Year

Virginia's existing voter ID requirements will change in July 2014. A law requiring photo identification at the polls was signed into law in May 2013, but this new photo identification requirement will not take effect until July 1, 2014.

When you arrive at your polling place, a voting official will verify that your name is on the registration list. Voters will be asked to present one valid form of identification this year when voting, any of the following: Virginia voter registration card; Virginia driver's license; military ID; any Federal, Virginia state or local government-issued ID; employer issued photo ID card; concealed handgun permit; valid Virginia student ID; current utility bill, bank statement, government check or paycheck indicating the name and address of the voter; Social Security card.

On the Ballot 2013

Check what is on your ballot at <http://www.sbe.virginia.gov/>

GOVERNOR

- ❖ Terry R. McAuliffe (D) www.terrymcauliffe.com
- ❖ Ken T. Cuccinelli (R) www.cuccinelli.com
- ❖ Robert C. Sarvis (L) www.robertsarvis.com

LIEUTENANT GOVERNOR

- ❖ Ralph S. Northam (D) www.northamforlg.com
- ❖ E.W. Jackson (R) www.jacksonforlg.com

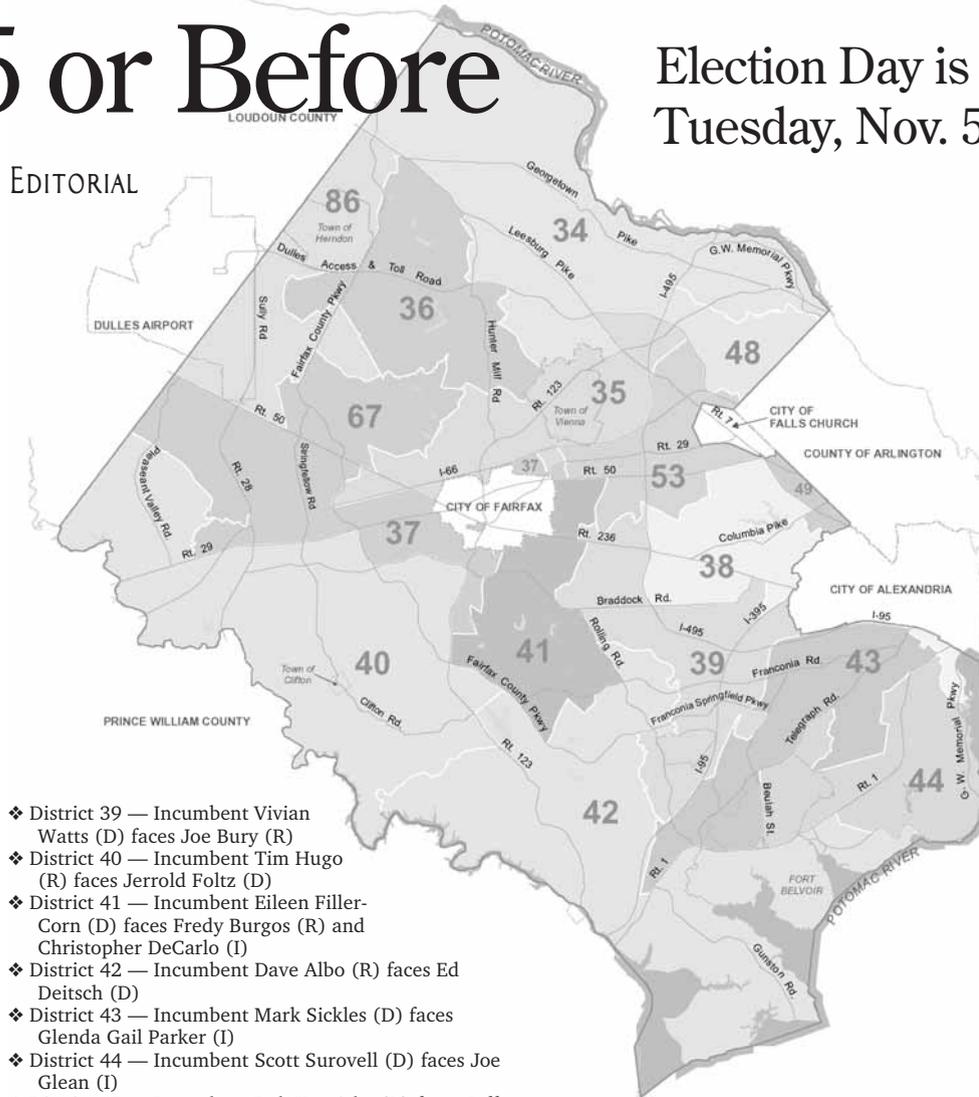
ATTORNEY GENERAL

- ❖ Mark R. Herring (D) www.herringforag.com
- ❖ Mark D. Obenshain (R) www.markobenshain.com

HOUSE OF DELEGATES 2013 ELECTIONS

Every Virginia voter will vote for delegate in the voter's district. Delegates serve two-year terms.

- ❖ District 34 — Incumbent Barbara Comstock (R) faces Kathleen Murphy (D)
- ❖ District 35 — Incumbent Mark Keam (D) faces Leiann Leppin (R)
- ❖ District 36 — Incumbent Ken Plum (D) is unopposed
- ❖ District 37 — Incumbent David Bulova (D) faces Patrice Winter (R)
- ❖ District 38 — Incumbent Kaye Kory (D) faces Jim Leslie (I)



- ❖ District 39 — Incumbent Vivian Watts (D) faces Joe Bury (R)
- ❖ District 40 — Incumbent Tim Hugo (R) faces Jerrold Foltz (D)
- ❖ District 41 — Incumbent Eileen Filler-Corn (D) faces Fredy Burgos (R) and Christopher DeCarlo (I)
- ❖ District 42 — Incumbent Dave Albo (R) faces Ed Deutsch (D)
- ❖ District 43 — Incumbent Mark Sickles (D) faces Glenda Gail Parker (I)
- ❖ District 44 — Incumbent Scott Surovell (D) faces Joe Glean (I)
- ❖ District 45 — Incumbent Rob Krupicka (D) faces Jeff Engle (I)
- ❖ District 46 — Incumbent Charmiele Herring (D) is unopposed
- ❖ District 47 — Incumbent Patrick Hope (D) faces Laura Delhomme (I)
- ❖ District 48 — Incumbent Bob Brink (D) faces Laura Delhomme (I)
- ❖ District 49 — Incumbent Alfonso Lopez (D) faces Terry Modglin (I)
- ❖ District 53 — Marcus Simon (D) faces Brad Tidwell (R) and Anthony Tellez (L) to replace retiring Del. Jim Scott (D)
- ❖ District 67 — Incumbent Jim Lemunyon (R) faces Hung Nguyen (D)
- ❖ District 86 — Incumbent Tom Rust (R) faces Jennifer Boysko (D)

FAIRFAX COUNTY SHERIFF'S SPECIAL ELECTION

To replace retiring Sheriff

- ❖ Stacey Ann Kincaid (D) www.Staceykincaid.com
- ❖ Bryan A. "B.A." Wolfe (R) <http://www.wolfeforsheriff.com/>
- ❖ Christopher F. DeCarlo (I) www.honestlyandethics.com
- ❖ Robert A. Rivera (I)

SCHOOL BOND REFERENDUM

Fairfax County voters will be asked to vote Yes or No on the \$250 million school bond question in the general election. The schools plan to use the money to:

- ❖ Build two new elementary schools, one in the Richmond Highway area and one in the Bailey's area
- ❖ Help renovate 22 schools including 17 elementary schools, two middle schools (Thoreau and Rocky Run) and three high schools (Langley, Herndon and Oakton)
- ❖ Buy land for the South West County High School
- ❖ Enhance the capacity of Westbriar Elementary and South Lakes High School
- ❖ Replace or improve infrastructure, such as roofs, major mechanical systems and parking lots.

See <http://www.fcps.edu/news/bond13.shtml> for more details.

Vote Now

From now until Saturday, Nov. 2, you can vote absentee in person for a variety of reasons, but you must sign a form affirming that

you do qualify. Almost everyone with a job in Northern Virginia qualifies for one particular reason: your work plus commute time would be 11 hours or more between 6 a.m. and 7 p.m. on Election Day. Other reasons include planned travel, pregnancy, illness or disability, being a student out of area and more. Voters can also vote absentee by mail.

It's worth looking at the absentee ballot application online before going to vote absentee in person: <http://www.sbe.virginia.gov/Files/Forms/VoterForms/ABApplication.pdf>.

In Fairfax County, you can vote at Fairfax County Governmental Center or any one of seven "satellite" voting locations.

Fairfax County Government Center, 12000 Government Center Parkway, Suite 323, Fairfax, VA 22035. Saturday, Nov. 2, 9 a.m.-5 p.m. Monday-Friday, Nov. 1, 8 a.m.-7 p.m.

The satellite locations in Fairfax County are also open for absentee in person voting; Saturday, Nov. 2, 9 a.m.-5 p.m. and Monday-Friday through Nov. 1, 3:30-7 p.m. including

- ❖ Dolley Madison Library, 1244 Oak Ridge Ave., McLean, VA 22101

- ❖ North County Human Services Building, 1850 Cameron Glen Drive, Reston, VA 20190

For more on voting absentee in Fairfax County, call 703-222-0776 or visit <http://www.fairfaxcounty.gov/elections/absentee.htm>.

Contact

State Board of Elections, 804-864-8901 Toll Free: 800-552-9745 FAX: 804-371-0194, email: info@sbe.virginia.gov, http://www.sbe.virginia.gov/cms/Voter_Information/Index.html

Fairfax County Board of Elections, 703-222-0776, www.fairfaxcounty.gov/eb/, 12000 Government Center Parkway, Fairfax, Suite 232, Fairfax, 22035; FAX 703-324-2205; email voting@fairfaxcounty.gov

Reston
CONNECTION

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Our Special Community

BY KENNETH R. "KEN" PLUM
STATE DELEGATE (D-36)



Recently I was asked to participate in a workshop for a group of leaders who were planning a future for their organization. Specifically I was asked to discuss the characteristics of our community of Reston. While I try to stay on top of trends and am out in the community on a daily basis, I learned a lot preparing for the presentation at the workshop.

While the 400 square miles of Fairfax County are about average size for a county in Virginia, there is little else average about us in the state or in the nation for that matter. Virginia is the 12th largest state in population among the 50 states, but the population of 1.1 million people in Fairfax County is larger than any other jurisdiction in Virginia. The capital city of Richmond has just over 200,000 people. Washington, D.C. has just over 600,000. Virginia is the eighth wealthiest state in household income, but the Northern Virginia jurisdictions of Fairfax, Loudoun and Arlington have the highest level of household income in the nation. In fact, the median household income in Fairfax County is more than twice

that of the United States.

That is not to say that everyone in Fairfax County is wealthy. We have the same income gap between the top and bottom incomes as exists throughout the country. While Fairfax County has a seemingly low rate of poverty at 6 percent, that rate translates into 72,000 individuals; a low rate but a high number! Eight percent of children under 8 were

below the poverty level compared with 4 percent of people 65 years and over. Thirteen percent of families with only a female head of household present had incomes below the poverty level.

Just as our county's population has gone from about 454,000 in 1970 to 1.1 million today with an expected growth to 1.37 million in 2040, the population has become more diverse. Thirty percent of the people living in Fairfax County are foreign born. Of the foreign born, just over half were born in Asia, about 30 percent in Latin America, and the rest from throughout the world. The diversity of our population by ethnicity and race can best be seen in our schools that are themselves diverse in different ways. Hunters Woods Elementary is 33 percent

SEE PLUM, PAGE 13

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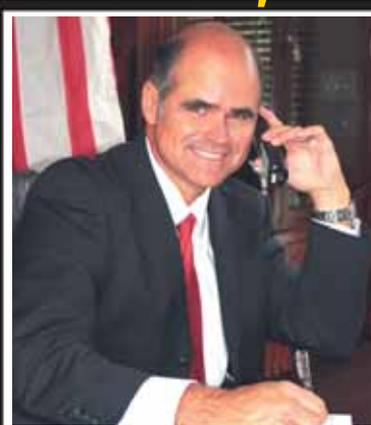


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The Virginia Police Benevolent Association, Inc.

The Fairfax County Chapter

Your local law enforcement officers are asking you to join them in supporting strong effective law enforcement by voting for the following candidates on Tuesday, November 5, 2013.

Bryan "B.A." Wolfe
Fairfax County Sheriff

Kenneth R. "Ken" Plum
Delegate District 36

VOTE TUESDAY, NOVEMBER 5, 2013

Paid for by the Southern States PBA, Inc. PAC Fund. 2155 Highway 42 S, McDonough, GA 30252. Chris Skinner, president; Dave Soderberg, senior vice president; Beth Dyke, vice president; Joe Naia, secretary.

WEEK IN RESTON

Ice Skating Season Begins

The Reston Town Center Ice Skating Pavilion officially opens for the 2013-2014 season with its annual fundraiser for the local non-profit organization, Reston Character Counts Coalition. On opening weekend, Nov. 2 and 3, the charity will receive 50 percent of skating rink proceeds. (Rain date: Nov. 9 and 10.)

This benefit will help fund development programs offered by Reston Character Counts! Coalition, including the annual Essay and Poster Contest and sponsorship of Ethics Day at South Lakes High School. Reston Town Center Ice Skating Pavilion weekend hours are Saturday, 11 a.m. until 11 p.m., and Sunday from 11 a.m. until 7 p.m. Adult admission is \$10, and for children under 12 and adults over 55, admission is \$8. Skate rental is \$5.

The Reston Town Center Ice Skating Pavilion is located at 1800 Discovery Street, Reston, and will be open every day, including all holidays, until March. Schedules, fees, and more information are available on the skating hotline, 703-709-6300, and online at www.restontowncenter.com/skating.

Regular hours of operation:
❖ Sunday, Monday, Tuesday: 11 a.m.-7 p.m.
❖ Wednesday, Thursday: 11 a.m.-10 p.m.
❖ Friday, Saturday: 11 a.m.-11 p.m.

Women's Club to Discuss Lifelong Learning Institute

The guest speaker for the November General Meeting of the Women's Club of Greater Reston will be Carol Henderson, the Reston coordinator for Osher Lifelong Learning Institute. She will talk about what OLLI is and what it offers. OLLI courses are offered in Fairfax, Reston and Loudoun County. This presentation is in time to register for the next semester courses, starting in January.

The meeting is Thursday, Nov. 21 at 10 a.m. at the Lake Anne Community Center, 1609-A Washington Plaza in Reston. It is free and open to the public. (No need to be a Reston resident.) Refreshments provided.

For more information, visit www.restonnewcomers.org or call Sharon at 571-201-8719.

SEE WEEK, PAGE 9

Re-Elect Delegate Kenneth R. "Ken" Plum



Re-elect Delegate **Ken Plum**

Dear Voter,

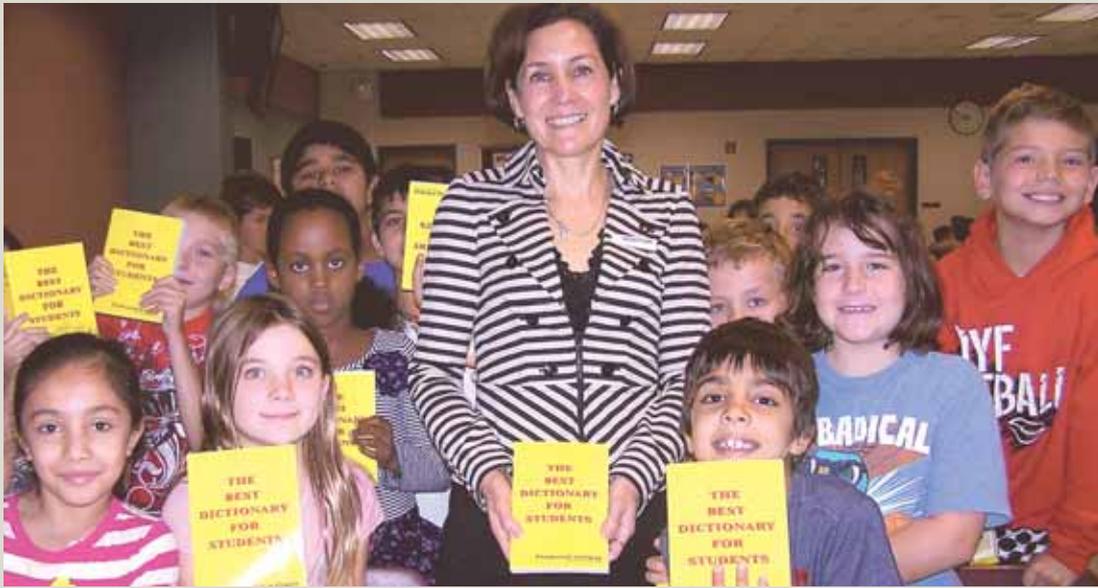
I am honored to represent you in the House of Delegates. I am unopposed in this election, but I ask for your vote as an affirmation that the work I have been doing has your support.

I also ask that you vote to:
Elect Governor—Terry McAuliffe
Elect Lieutenant Governor—Ralph Northam
Elect Attorney General—Mark Herring
Elect Sheriff—Stacey Kincaid

Please support the School Board Referendum.

Election is Tuesday, November 5
Polls open 6:00 a.m. to 7:00 p.m.

Authorized by Kenneth R. Plum. Paid for by Friends of Delegate Ken Plum.



Reston Rotary Gives 3rd Graders Dictionaries

Sonia Castillo-Smith from the Rotary Club of Reston visits Aldrin Elementary. She presented dictionaries to all Aldrin third grade students on behalf of Rotary.

WEEK IN RESTON

FROM PAGE 8

Reston Hospital Center to Host Girls' Day Out Event

Reston Hospital Center invites friends, sisters, mothers and colleagues for a day of pampering when they host their annual Girls' Day Out event taking place on Saturday, Nov. 2. This women's health expo celebrates women and provides a full day of activities, such as a keynote luncheon, free health screenings, shopping and breakout sessions on a variety of topics.

The day kicks off with a luncheon featuring keynote speaker Beth Cabrera, Ph.D., of Cabrera Insights, who thrives on empowering women to live authentic, meaningful lives with a positive psychology approach for achieving greater success and well-being. The afternoon will be filled with breakout sessions—from skincare trends, to "pink toolbox" household fix it tips, and financial planning to self-defense. Last year more than 200 women across the Metro region attended the event. The event will be held from 11 a.m.-5 p.m. at the Westfields Marriott. Registration is \$35 and tickets may be purchased at restonhospital.com/spirit.

SUN DESIGN INVITES YOU TO OUR WHOLE HOUSE REMODELED HOME TOUR!

Saturday, November 9th, 10am-4pm

3295 Willow Glen Drive, Herndon, VA 20171



REINVENT YOUR HOME TO ENRICH YOUR LIFE

Come see first hand how redesigning existing space created better function, flow, and light in this Whole House Remodel. Skillfully engineered, coffered ceilings include cove, recessed and decorative down lighting in the kitchen, the master suite includes a dual entrance shower and claw foot soaking tub, tour 3 additional bathroom remodels, the basement renovation, *and much more!*

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Purchased March 2013 by Stacey Kincaid. (1)

Now she is misleading voters, saying she is against them. (2)



TWO AR-15 rifles



TEN 30 round magazines

Stop hypocrisy in the Sheriff's Office

You decide. See the video → www.wolfeforsheriff.com

On Tuesday, November 5th, vote Bryan Wolfe for Fairfax County Sheriff

Paid for and authorized by Friends of Bryan Wolfe
Authorized by Bryan Wolfe, candidate for Fairfax County Sheriff

(1) FOIA emails and documents (2) Fairfax Young Democrats forum, July 17, 2013



Local filmmaker Rebekah Wingert-Jabi speaks at the Washington West Film Festival in Reston about her Peabody Award-winning film "My Neighbourhood." Wingert-Jabi, a Reston native, is working on a film about Reston for her next project.



Award-winning actor Ed Asner accepts a Lifetime Achievement Award at the Washington West Film Festival in Reston Saturday, Oct. 26.

Film Festival Comes to Reston

Proceeds from festival will go to fight homelessness locally.

By Alex McVeigh
THE CONNECTION

How Tie Cinemas in Reston Town Center hosted filmmakers and moviegoers alike as part of the Washington West Film Festival last weekend, concluding with a red carpet event and showing of the Peabody award winning "My Neighbourhood" by local filmmaker Rebekah Wingert-Jabi Saturday, Oct. 26.

This is the third year of the festival, which started out in Reston, and has since expanded to theaters in Merrifield, Fairfax and Arlington.

"Even though we've expanded, Reston is truly our home," said Brad Russell, founder and president of the Washington West Film Festival. "It's a perfect location, the hotels, the restaurants, the bars, the theater, it's all together, and people love coming here to be a part of it all."

The festival screened more than 20 documentaries, feature narratives and short films, which were shown throughout the area over the five days.

The films ran the gamut from funny to serious, tackling topics such as living in the third world on a dollar a day, coping with the onset of Alzheimer's disease, an April Fool's prank gone wrong, and many more.

Golden Globe, Emmy and Screen Actors Guild award-winning actor Ed Asner was on hand to receive the festival's Lifetime Achievement Award.

"I was able to break bread with [Reston founder] Bob Simon. He's a good old boy, still has his marbles. I was honored to meet him, to see the city he created and to meet the denizens of that city," he said.



PHOTOS BY ALEX McVEIGH/THE CONNECTION

Brad Russell, Washington West Film Festival founder and president, interviews Fairfax native Ashley Dyke about her role in the film "12 Years a Slave" at the festival Saturday, Oct. 26.

"It's a lovely festival, they treat us very well here, and I appreciate Reston's taste in choosing us."

Simon served as a board member for the film festival.

"We asked him to be an honorary board member for the festival, and he said 'No, I don't do honorary,'" Russell said. "He said he wanted to be in meetings, he wanted to create, to innovate, and he's done all of that and more."

The festival was also founded as a way to give back. In 2011, they donated all the proceeds to victims of the earthquake in Haiti, and in 2012 they helped rebuild sections of Long Island after Hurricane Sandy.

This year, the proceeds will go to benefit Shelter House, which combats homelessness in the county. And more than just monetary donation, the Washington West community will be donating their volunteer energy.

Instead of just donating our box office

profit, for the first time, we're asking for 100 volunteers to join us," Russell said. "We are going to be repairing homes to make them into permanent housing, serving food, tutoring children."

Tom Shadyac, a native of Falls Church, as well as writer and director of films such as "Ace Ventura Pet Detective" and "The Nutty Professor" spoke at the festival Saturday and said he hopes the festival serves as an example for anyone wishing to make a difference.

"I don't believe we have a homeless problem, I believe we have a heartless problem," he said. "I believe this festival is the solution to all the ills of the world. I know it's just a film festival, but believe what we are doing, sharing art, elevating art, celebrating art and with all the effort and energy, they're giving it back. That's how you solve the ills of the world."

ENTERTAINMENT

Send announcements to reston@connectionnewspapers.com. The deadline is the Friday prior to the following week's paper. Photos/artwork encouraged. For additional listings, visit <http://www.connectionnewspapers.com/news/2013/sep/26/fairfax-county-calendar/>.

WEDNESDAY/OCT. 30

A Flower is a Lovable Thing. 8 p.m. Reston Community Center, 2310 Colts Neck Road, Reston. Nellie McKay joins Grammy-winning Turtle Island String Quartet in producing both renditions of music by Billie Holiday and Billy Strayhorn as well as original pieces. \$20 Reston, \$40 Non-Reston. www.restoncommunitycenter.com.

WEDNESDAY-THURSDAY/OCT. 30-31

Pop Culture, Comic and Illustration Art. 9 a.m.-9 p.m., at Hunters Woods Gallery Exhibit, 2310 Colts Neck Road, Reston. Gian Lomagilo and Jeff Lonnett are two young artists and teachers who are serious about their art, but like to have fun with it. Both were inspired by popular culture—musicians, movies, television, comic books, advertisements, novels.

WEDNESDAY-SUNDAY/OCT. 30-NOV. 3

Expressions Portrait Competition. 10 a.m.-2 p.m. Tuesday-Thursday; 10 a.m.-5 p.m. Friday-Saturday; and 1-5 p.m. Sunday, at ArtSpace Herndon, 750 Center St., Herndon. See the work of finalists in the fifth annual portrait competition.

FRIDAY/NOV. 1

First Fridays Film Night. 7 p.m., at ArtSpace Herndon, 750 Center St., Herndon. Drink microbrews while you watch and learn information to help clue you in to what makes these films the best of all time. 21-plus. \$10 for the movie and two microbrews. 703-956-6590 or artspaceherndon.org.

SATURDAY/NOV. 2

Alternative Gifts Market. 9-11 a.m., at Southview Community Church, 2620 Reston Parkway, Herndon. Gifts featured provide mosquito nets to children in Africa or legal support to help free a girl from the sex trade in Thailand.

Children's Fall Flea Market. 9 a.m.-noon at 2310 Colts Neck Road, Reston. Junior merchants will sell gently used toys, books, clothing, and games at the annual Fall Flea Market. Admission is one non-perishable food item for the RCC Thanksgiving Food Drive.

Girls' Day Out. 11 a.m.-5 p.m., at the Westfields Marriott, 14750 Conference Center Drive, Chantilly. A women's health expo providing a full day of activities such as a keynote luncheon, free health screenings, shopping and breakout sessions on topics such as skincare trends, to "pink toolbox" household fix it tips, financial planning and self defense. \$35. restonhospital.com/spirit.

Singles Dinner & Movie Night. 5 p.m., at Uncle

BULLETIN BOARD

To have community events listed in the Connection, send to herndon@connectionnewspapers.com by the Friday prior to the following week's paper.

WEDNESDAY/OCT. 30

GRACE's Generation Next Social Hour. 5:30-7:30 p.m., at Greater Reston Arts Center, 12001 Market St., Suite 103, Reston. Curator Holly McCullough leads a conversation at the night of networking opportunities with other arts loving colleagues. 703-471-9242, info@restonarts.org or restonarts.org.

THURSDAY/OCT. 31

Trunk or Treat. 6:30-8:30 p.m., at Floris United Methodist Church, 13600 Frying Pan Road, Herndon. A safe and free evening with car trunks with lots of candy, inflatables for children to bounce, a preschool harvest activity area, family photo booth (bring your own camera/smart phone), hot dogs, snacks, drinks and contests for best decorated trunk and costumes by age group. www.florisumc.org/trunkortreat.



"Wading Pool," by Chinese brushpainter Tracie Griffith Tso, who will exhibit her work at the Reston Community Center Lake Anne, alongside her students' work and her brushpainted pottery. The Reston artist's show is open through Sunday, Dec. 1. Join for a reception Saturday, Nov. 10, 2-4 p.m.

Julio's, Reston Town Center, 1827 Library St., Reston. A fixed price dinner followed by the movie of your choice at Bow-Tie Cinemas. \$30 (includes dinner, soda, tip and movie ticket). RSVP. 301-924-4101 or [visitwww.newbeginningsusa.org](http://www.newbeginningsusa.org).

Fear Fest II. 5-6:30 p.m. for youth and families, 8-9:30 p.m. for teens and adults, at Southgate Community Center, 12125 Pinecrest Road, Reston. A haunted house in honor of Halloween; entrance is a canned food donation of Thanksgiving fare or \$2 to benefit Cornerstones' food pantry.

Dead Men's Hollow. 7:30 p.m. show, at Holy Cross Lutheran Church, 1090 Sterling Road (one block off Elden Street), Herndon. Acoustic Americana that encompasses bluegrass, country, folk, gospel, olde tyme and a bit of jazz. Three part-harmony female vocals are the mainstay. \$12; children under 12, free. 703-435-8377 or www.deadmenshollow.com.

SATURDAY-SATURDAY/NOV. 2-30

Ventures and Puzzles. 9 a.m.-9 p.m. Monday-Saturday, 9 a.m.-8 p.m. Sunday, at Hunters Woods, 2310 Colts Neck Road, Reston. Abstract oil paintings by Frank Eifert. In this series Eifert uses a "multi-directional" style, painting from all four sides and four corners; the multiple options of viewing reflecting the ambivalence and ambiguity of our time. 703-467-4500 or www.restoncommunitycenter.com.

SATURDAY/NOV. 3

COFUMC Annual Fall Arts and Crafts Fair. 10 a.m.-3 p.m., at Community of Faith United

Methodist Church, 13224 Franklin Farm Road, Herndon. An arts and crafts fair to raise money for the church's various mission programs. Peruse 100 percent offerings of handmade and unique goods.

TUESDAY-SUNDAY/NOV. 5-DEC. 9

The Artists of Montorno. 10 a.m.-2 p.m. Tuesday-Thursday; 10 a.m.-5 p.m. Friday-Saturday; and 1-5 p.m. Sunday, at ArtSpace Herndon, 750 Center St., Herndon. The exhibit features the work of Montorno instructors—locally and internationally known artists. Portraits, landscapes, still life paintings, drawings, pastels, printmaking and photography are featured. 703-956-6590 or www.artspaceherndon.org.

THURSDAY/NOV. 7

Mosby's Raids. 7 p.m., at Reston Regional Library, 11925 Bowman Towne Drive, Reston. Award-winning author William Connerly will speak on his new book, "Mosby's Raids in Civil War Northern Virginia," and the life of Virginia's "Gray Ghost" Colonel John Singleton Mosby. 703-689-2700.

FRIDAY/NOV. 8

16th annual Monte Carlo Night. 6:30-11 p.m., in the ballroom at the Fairview Park Marriott, 3111 Fairview Park Drive, Falls Church. The Fairfax Rotary Club hosts the black tie optional gala with dancing from The Loudoun Jazz Ensemble, a dinner buffet, silent and live auctions, a free drink and free parking. \$75. www.dunnloring-merrifieldrotary.org.

FRIDAY-SUNDAY/NOV. 8-10

2013 Nature Visions Conference. 9:45 a.m.-4:30 p.m., at Hylton Center, George Mason University, 10960 George Mason Circle, Manassas. The exhibition put on by the League of Reston Artists is full of juried, nature-themed photos selected from seven mid-Atlantic photography clubs. www.leagueofrestonartists.org.

SATURDAY/NOV. 9

Opening Reception. 7-9 p.m., at 750 Center St., Herndon. Meet locally and internationally known artists who teach at the artists' retreat in Seravezza, Italy. 703-956-6590 or www.artspaceherndon.org.

Fall-Winter Contra Dances. 7:15-8 p.m. lesson, 8-10:45 p.m. dance, at RCC Hunters Woods, 2310 Colts Neck Road, Reston. Michael Barraclough calls the first of four fall-winter contra dances to the music of the June Apple Band; no partner necessary. \$9 (lesson is free). anote20@gmail.com.

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THE CONNECTION
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NEWS

Reston Ice Skater Wins Regional Championships

Local figure skater Christina Cleveland topped the competition in the recent 2014 Regional Figure Skating Championships. A junior lady, Christie won both the short and the long programs in the championships, held in Louisville, Ky. The top four skaters in each division progress to the Sectional Championships, which will be held in East Lansing, Mich. in November.

From there, the top four earn a spot in the 2014 US National Championships in Boston, Mass. This year, the national competition will also be the United States Olympic Trials for the Sochi Olympics in mid-winter.

Christie is a junior at Herndon High School and skates under Rashid Kadyrkaev at the Ashburn Ice House. Her team of coaches helps her to succeed. She does stretching, cardio, ballet, strength training and trampoline, as well as her on-ice regimen, as her daily fitness activities.



Christina Cleveland



Fifth graders Curtis, Daniel and Victor represented Shade Out Drugs Day Tuesday, Oct. 22 at Lake Anne.

'Shade Out Drugs'

Along with area schools honoring Red Ribbon Week Monday-Friday, Oct. 21-25, Lake Anne Elementary School students wore sunglasses to school, in honor of "Shade Out Drugs Day" Tuesday, Oct. 22. Students wore school colors to school also, but it was Tony, building supervisor, who showed the children how to do the drug-free cool look.



Fourth graders Laura, Karina, Bianca and Victor wearing shades at school.

OPINION

Plum

FROM PAGE 7

Asian while nearby Dogwood Elementary is 60 percent Hispanic. Lake Anne Elementary is 37 percent white, 29 percent Hispanic and 21 percent black. Nearby Forest Edge is 40 percent white, 18 percent Asian, 20 percent black and 15 percent Hispanic. Demographic information is available on each public school's website.

The population of Fairfax County is among the best educated in the country. Of

persons age 25 and older, 28 percent have advanced degrees beyond the bachelor's, 30 percent have bachelor's degrees, and only about 8 percent have less than a high school education.

All these characteristics make our community unique and special. A wonderfully diverse population with very different backgrounds and needs contributes to our special culture. I would not want to live anywhere else in the world.

LETTERS TO THE EDITOR

Attorney General Needs to Uphold Justice

To The Editor:

As Delegate Ken Plum knows, The chief law enforcement officer of Virginia is the governor. The attorney general serves as the action officer to carry out the governor's duties ["Science Goes on Trial in Virginia," Reston Connection, Oct. 16-22]. The attorney general is obligated to enforce the laws of the commonwealth. However, all commonwealth attorneys do have discretionary powers on which possible violations of the law to prosecute; e.g., whether or not to prosecute a Class Four felony. Attorney gen-

erals also have a duty to bring justice and prove innocence when there is evidence of a miscarriage of justice. Del. Plum cites the case of a University of Virginia professor who appears to have violated a Commonwealth Law. The situation demanded an investigation into the possible use of proven, faulty research on climate change of which there are substantial reams of examples. Judges, not necessarily expert in science, decided that state taxpayer funds could be expended on research without oversight.

Climate change has been politicized; rational discussion has been forced to take a back seat. Extreme, radical solutions have been proposed by the EPA; e.g., the War on Coal without consideration for the moral, economic and cultural values.

SEE LETTERS, PAGE 14

Living With Multiple Sclerosis (MS)

An informative event for people living with MS and their care partners.

James Simsarian, MD
Neurology Center of Fairfax

Thursday, November 7, 2013,
at 6:30 PM Eastern

Maggiano's Little Italy
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Space is limited. A light meal will be served.

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LETTERS

FROM PAGE 13

Studies have shown that in recent years, the Arctic Ice Cap has grown by a full mile in all directions. Several years ago, one study of the polar bear population revealed that there were only 5,000 bears left in the Arctic. Last year, polar bear enumerators found 24,000 animals that had moved to warmer waters. We ought to consider electing a polar bear to represent the residents of the 36th House District.

Fundamental change advocate Delegate Plum can don a pair of waders and retire to Virginia Beach to watch the water creep up to his knees.

Alma Jackson
Reston

The community groups have no real approval power and the Fairfax County Board can completely ignore any and all concerns.

This lack of power is directly related to politics because that is the only way to exert any power over the master plans and the serious concerns John expresses, and I agree with (except for his use of the word "urban" since I did not move to Reston 42 years ago to be in an urban setting.)

So, unless and until we are all ready to make these issues our only concern when voting for all of local elected officials- Hudgins, Plum, and Howell—we will have no power. We should disregard social, budget and other issues and become single-issue voters. Otherwise we are talking into the wind.

Bruce Kirschenbaum
Reston

The Issues Are Power And Politics

To the Editor:
In response to my friend John Lovaas' opinion piece "Draft Plan Jeopardizes Urban Reston" [Reston Connection, Oct. 23-29, 2013], the real issues are power and politics.

Time to Pay Attention to the Master Plan

To the Editor:
The 4-year planning process for

SEE LETTERS, PAGE 19

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St. Gabriel's Episcopal Church ...
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Christ Community ... 703-729-2928

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Leaf Collection Begins in Herndon

Annual collection of leaves has begun in Herndon. Residents should rake leaves as close to the curb as possible without blocking storm drains, sidewalks or mailboxes and without impeding vehicular traffic. During leaf collection, grass clippings, shrub clippings and weeds must be placed in 30-gallon kraft, recyclable bags and should continue to be placed out only on your regular trash day.

Following the scheduled fall collection, leaves must be placed in 30-gallon kraft recyclable bags and will be picked up on regular trash/yard waste collection days.

Collection dates:

- Oct. 28-Nov. 1—South of Bike Trail
- Nov. 4-8—North of Bike Trail
- Nov. 11-15—South of Bike Trail
- Nov. 18-22—North of Bike Trail
- Nov. 25-27—South of Bike Trail

A map that shows areas north and south of the bike trail is available on the Town Services page of the website, www.herndon-va.gov.

FAITH NOTES

Faith Notes are for announcements and events in the faith community, including special holiday services. Send to reston@connectionnewspapers.com. Deadline is Thursday.

Trinity Presbyterian Church, 651 Dranesville Road, Herndon, has Sunday worship services at 8:30 a.m. and 11 a.m. Nursery and childcare are provided and youth and adult Sunday school classes are held prior, from 9:40-10:45 a.m. 703-437-5500 or www.trinityherndon.org.

Vajrayogini Buddhist Center, Unitarian Universalist Church, 1625 Wiehle Ave., Reston, holds weekly classes starting Sept. 12, Thursdays 7-8:30 p.m., for the general public which use Buddhist teachings to practice meditation. \$12. 202-986-2257 or www.meditation-dc.org.

St. Anne's Episcopal Church, 1700 Wainwright Drive in Reston, holds Sunday services at 7:45 a.m., 9 a.m., 11:15 a.m. and contemporary service at 5 p.m. Nursery, Sunday school and adult education available. Morning prayer on Monday at 9:30, Holy Eucharist Wednesday at 8:15 a.m. 703-437-6530 or www.stannes-herndon.org.

Adult Sunday school will be held 9:30 a.m. Sundays at the Washington Plaza Baptist Church at Lake Anne Village Center. The group is studying the Gospel of Mark. Services follow at 11 a.m.

HAVEN of Northern Virginia offers a variety of free bereavement support groups, meeting on a weekly basis. Contact 703-941-7000 or www.havenofnova.org for schedules and registration information.

The Jewish Federation of Greater Washington and the Jewish Outreach Institute offer the Mothers/Parents Circle, an umbrella of free educational events and resources. Jewish rituals, ethics and the creation of a Jewish home, regular meetings and group Shabbats and holidays. Participants include Sha'are Shalom, Congregation Beth Emeth, Temple Rodef Shalom and the Jewish Community Center of Northern Virginia. ShalomDC.org.

The Baha'i community of McLean holds a weekly fireside, a meeting of discussion, devotion and fellowship, at 7500 Box Elder Court in McLean, at 8 p.m. every Friday. An opportunity to learn about the Baha'i faith. 703-556-3400.

Epiphany United Methodist Preschool, 1014 Country Club Drive, N.E. in Vienna, is now enrolling 3- to 4-year-old students for the 2010/2011 school year. 703-938-2391 or www.epiphanypreschool.com.

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21 Announcements

ABC LICENSE
J. Poemard, LLC trading as Poemard Cellars, 250 Spring St, Herndon, VA 20170. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Internet wine retailer license to sell or manufacture alcoholic beverages. Emmett Long, Managing Partner
NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

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Zone 3: The Alexandria Gazette Packet
The Mount Vernon Gazette

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ZONE I Ad DEADLINE:
MONDAY NOON

Excuse Me, Pardon Me, Excuse Me...



By KENNETH B. LOURIE

If it wasn't a coincidence, it was the next thing to being one. What it was, was the hiccup; occurring after chemotherapy infusion number one and again after chemotherapy number two. The first episode lasted only a few days and annoyed my wife, Dina, way more than it annoyed me. The first hiccupping episode was fairly constant; however it was not exhausting – and I wasn't having any trouble sleeping because of them. Nor was I making any disturbing sounds or having any difficulty breathing – when caught in mid-hiccup, and/or eating because of the herky-jerky movements/spasms of my diaphragm. In general, it was a fairly benign effect. In the big picture, it didn't seem particularly important that it was the hiccups I was having, so I never called my oncologist. It was the hiccups after all. It might as well have been a skinned knee. Jeez. And sure enough, within a couple of days, I was "hiccupped out."

Now when they started again after the next infusion, I gave that coincidence more consideration (two representing a pattern). Perhaps there was a relationship between the infusion (the drug Alimta) and the hiccups. Nonetheless, I stood stubbornly firm yet again in my decision to not call my oncologist, anticipating that the hiccups would subside after a few days as they had done previously, and so I waited. Unfortunately, that was not the case.

This second episode did not stop. In fact, it intensified until blockhead-Kenny gave in to a new reality: multiple days and nights of non-stop burping/hiccupping, no sleep and very little eating made me a shell of my former self. Not only was I burping/hiccupping constantly, my throat/diaphragm was becoming so sore and so swollen from the constant spasming that it began to impact my voice, which became raspy and weak – and my throat, which seemed to narrow, made swallowing food and liquids a scary challenge. Moreover, the burping sounds that were coming from my throat were ones rarely heard from man or beast, and when out in public were disturbing to others in spite of my best efforts to muffle them. After nearly a week of progressing difficulties, I was a beaten man. No rest for the weary, I suppose. No sleep. No food. No nothing. This induced me, shall I say, to finally e-mail my oncologist with a list of my particulars and await medical instructions.

I picked up the prescription the next morning after having e-mailed my doctor the night before. Oddly enough, a side effect of the pills – to help settle my diaphragm/stop the hiccupping/burping, was sleepiness, hardly an effect I was happy about. I was already half asleep – from not sleeping, and unable to sleep because of the burping/hiccupping, so I didn't want to feel any sleepier. But what could I do? I had to make some progress. I was completely out of patience. For the first 24-36 hours, the medication barely took off the edge, but eventually it took off more than the edge, it stopped the burping/hiccupping altogether so I was once again able to sleep – when I meant to, at bedtime. I had survived the ordeal – yes, ordeal, and lived to fight another day.

Who would have thought? The hiccups, for crying out loud. It was unpleasant. I was unpleasant. However, in the cancer picture, the hiccups were not particularly unpleasant (meaning significant). They were, I suppose, just another hiccup on the road to find out (Cat Stevens reference) and learning to live with a terminal disease.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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RA Board to Decide on Lake Anne Land Swap

Swap would assist in redevelopment efforts; vote will be Nov. 21.

BY ALEX McVEIGH
THE CONNECTION

The Reston Association Board of Directors will vote on a land swap involving two parcels of land near Lake Anne at their Thursday, Nov. 21 meeting. The swap would involve Reston Association trading a property owned by them that Lake Anne revitalization developers would consolidate into their overall plan for the area.

The Reston Association currently owns a crescent shaped 1.01-acre parcel just northeast of the plaza, which runs along the south side of North Shore Drive from Chimney House Road to the entrance to the Lake Anne parking lot.

In exchange for that piece of land, the proposal calls for the Reston Association to receive a 1.1-acre plot that runs along Baron Cameron Drive just east of Village Road.

According to John McBride, a lawyer with Odin, Feldman and Pittleman, and the RA's land use consultant, the proposal could also include as much as \$500,000 from developers for improvements to RA land and facilities.

Tom Reed, a certified appraiser Fairfax County, gave the RA a letter of opinion that concludes as of Oct. 18, 2013, fair market value of the RA parcel is \$2,126,987, with the replacement land valued at \$2,373,604.

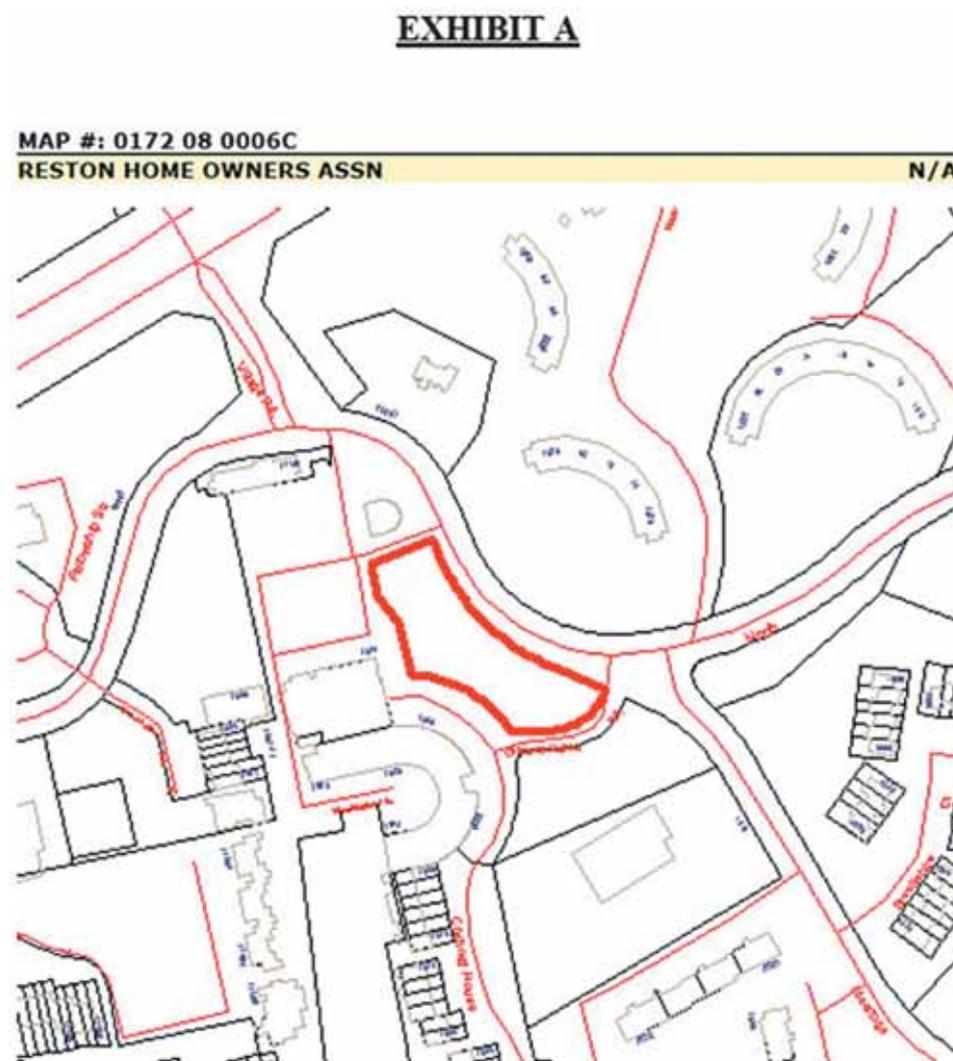
These numbers come with the assumption that with the swap, all RA covenants agreements on the land will become void, and the zoning uses proposed in the Comprehensive Plan Amendment dealing with Lake Anne Redevelopment would go into effect.

LEADING UP TO THE VOTE on the proposed swap, many in the community wondered why the property values being used come from a letter of opinion rather than an official assessment.

"We chose to use a letter of opinion over appraisal, because a letter is half the cost, and both are prepared by same person, a certified appraiser," McBride said. "Since this transaction involves exchange and looking at relative values between two properties, a letter of opinion of value can be more economical, and better suited. This is especially true with our situation, neither property has a flood plain, steep slopes or Chesapeake Bay Resource Protected Area to limit development."

Many in the community also questioned if the trade was an equal swap, given that the RA's parcel contains many trees that form the backdrop of the plaza, while the Baron Cameron is not as ideal.

"The property that would come to the RA in a swap needs a lot of work, there are invasive exotics, drainage issues and lot of



A section of land, currently owned by the Reston Association, is proposed as part of a land swap to be used as a parking garage for Lake Anne redevelopment.



A view of the trees over Lake Anne Plaza. A proposed land swap would send the piece of land containing the trees, currently owned by the Reston Association, to a developer for part of a parking garage intended for Lake Anne redevelopment.

issues with trash and debris," said Larry Butler, director of Parks and Recreation for the RA. "In their letter of intent, a number of those things have been addressed in some way, shape or form."

The developers plan to use the RA parcel

for part of a parking garage that would supplement additional planned underground parking.

"The ratio of parking spaces to retail square footage is still less than the typical number, which is five per 1,000 square feet,

but we believe the difference will be made up by walkers, bikers and those who use bus transit," said David Peter of Republic Land Development and manager of Lake Anne Development Partners, the company that was awarded the revitalization project by Fairfax County.

Peter said that the swap is part of an overall strategy to consolidate parcels, with the hope that increased density would support present and future businesses.

"When Lake Anne Plaza was built, there was really no retail competition. Now there's more than 1.8 million square feet of retail space within 2-1/2 miles. Lake Anne has lost its market dominance," he said. "Its primary customers live within a third of a mile, then there's a secondary market of people who can drive within five minutes, which is a key retail metric, and there's a tertiary market in greater Reston. Those are the visits we want to increase."

THE RA BOARD held a public hearing during their regular meeting Thursday, Oct. 24, where many in the community said they didn't want to lose the trees on the RA parcel to a parking garage.

"In our letter of intent, we committed to minimize the loss of trees on the parcel we would be getting from RA. You won't see that parcel clear cut with every tree gone," Peter said. "Clearly some will be lost to facilitate a parking garage but many of the trees around the edges will be retained, we'll try to work around them. That's one of the commitments we made in the letter of intent, and if we get a full contract, it will be included with that as well."

Others at the meeting said they wanted to see this revitalization go forward as soon as possible.

"Reston is not hurting for trees. We're hurting as the landmark iconic trademark of Reston is not functioning effectively. It needs to be revitalized and the land swap is a vital part of the plan," said Phil Lilienthal, a longtime Reston resident. "We've been considering this for years, and the plan is not being recommended by people interested in selling out developers and clear cutting the trees, it's being done by people interested in our community's well being."

Andy Sigle, vice president of the RA's board, summed the feeling of many at the meeting with the inherent conflict of the proposed swap.

"To put it simply, the revitalization of Lake Anne makes me happy.

The idea of putting a parking garage on open space, where we have mature trees, makes me sad," he said. "That's what we're grappling with, and that's what we'll have to decide on."

The RA will be accepting public comment on the matter up until the Nov. 21 meeting. Comments can be made by calling 703-435-6570, or by e-mail to member_services@reston.org.

More information on the proposal can be found at www.reston.org, under "News Center," then "News Releases."

PHOTOS CONTRIBUTED



The South Lakes defense takes down W-L quarterback Sam Appel on Sept. 12. Defensive lineman Ethan Clark (44) has 15 sacks this season.



Oakton football coach Jason Rowley praised Bobby Lam's play this season.

CONNECTION FILE PHOTOS

South Lakes Football Runs Into Tough Opponents

After a 4-2 start, the South Lakes football team dropped down to the .500 mark after facing a pair of tough opponents.

The Seahawks lost to Langley 56-33 on Oct. 18 and Stone Bridge 41-13 on Oct. 25. Langley is now 6-2 and one of the top teams in the 6A North region. Stone Bridge is 6-2 and played in three of the last four AAA Division 5 state championship games.

"Coming off the Langley and Stone Bridge games, we know that we were exposed in some areas," South Lakes head coach Marvin Wooten wrote in an email. "Good news is we will have the opportunity to correct those mistakes."

The Seahawks (4-4) will close the regular season with a road game against Marshall on Friday, Nov. 1, and a home contest against Fairfax on Nov. 8. Among South Lakes' four victories is a win against 6-2 Washington-Lee. "We're treating these last two games as playoff games," Wooten wrote. "We know how important it is to win out, so we're working very hard to prepare our kids for success. We played well at times but we need to be more consistent."

Khayri Denny has scored 17 touchdowns and has been the Seahawks' offensive leader. Defensive lineman Ethan Clark has 15 sacks.

South Lakes Field Hockey Advances to Regionals

The South Lakes field hockey team lost



South Lakes junior Aly McCarty is pictured against Marshall on Sept. 30.

five out of six games prior to the 6A North region tournament, but that didn't stop head coach Jessica Salo from conveying confidence in the Seahawks.

After an 8-3-1 start, South Lakes dropped its final four regular-season games. Needing a win to keep its season alive, the Seahawks defeated Washington-Lee in the opening round of the Conference 6 tournament, securing a berth in the 6A North tourney. South Lakes would lose to No. 2-seed McLean in the semifinals of the conference tourney. "Our team is at the top of their game," Salo wrote in an email. "Our best game this season was our semifinals match against No. 2 McLean. We lost in overtime, but we fought hard and it was anyone's game." Despite the rough end to the regular season, Salo said the Seahawks improved from facing stiff competition, including McLean and Fairfax.

"Some of our most difficult games were at the end of our season, which prepared us well for tough playoff games," Salo

wrote. "We knew we were ready to play a difficult [conference tournament] game against Washington-Lee and we proved it!"

Salo mentioned several Seahawks have performed well of late.

"Our goalkeeper, Allie Micka, has made some impossible saves throughout the season and has kept us in the game at key moments during playoffs," Salo wrote. "Our defense, led by Hannah Becker, was extremely solid. Additionally, our midfield, led by Olivia Wolfe and Megan Greatorex, were able to move the ball effectively through the midfield to our forwards, particularly Aly McCarty who is a leading goal scorer this season." South Lakes competed in the opening round of the 6A North tournament on Tuesday, after The Connection's deadline.

Oakton Looks to Snap 3-Game Skid

Last year's Oakton football team over-

came a four-game losing streak to win the Northern Region championship. This year's team will have to overcome a three-game skid to reach the playoffs.

The Cougars lost to Robinson 41-21 on Oct. 25. It was Oakton's third consecutive loss that dropped its record to 4-4.

Last year, Oakton started 6-0 before losing its final four regular-season games.

The Cougars bounced back to win the Northern Region title and reach states.

This year, after dropping their opener to T.C. Williams, the Cougars responded with four consecutive victories, but lost the next three.

"Obviously, we are all disappointed," Oakton head coach Jason Rowley wrote in an email. "We have had some obstacles that we have had to overcome as a group, but we are certainly all disappointed; however, we feel like if we can fix a few things,

get a little more consistent, we can find success. We are determined, as a group, to become more consistent."

Oakton closes the regular season with a home game against Westfield on Friday, Nov. 1 and a road game against Herndon on Nov. 8.

Rowley wrote that the Cougars want to "[w]in those last two and get into the playoffs."

While Oakton has struggled, linebacker/running back Bobby Lam has played well of late, Rowley wrote.

The head coach also mentioned quarterback Michael Ficarra, defensive lineman Miles Lindsey and offensive lineman Connor Fagan as having played well.

"Bobby Lam has done an outstanding job for us this season," Rowley wrote. "Leads our team in tackles. ... I know he had 18 tackles against Robinson."

He is a two-way player and doesn't come off the field. He would start for anyone in the region."

LETTERS

FROM PAGE 14

a new Reston is reaching its conclusion and the news is not good for those who value Reston traditions and values. Now is the time to pay attention to this slow-moving effort.

Although there are positive elements in the new plan, particularly its stress on mixed residential and commercial redevelopment, it promises to bring in 40,000 new residents and 60,000 new office employees to the already congested areas around the new

Metro stations.

Reston Association and the Reston Community Association have each made pleas to Fairfax County that the plan provide for sensible re-development. Unfortunately, some of their points made have been dismissed and most ignored by a county apparently bent on getting more tax money from the property owners.

The proposed plan and its flexible density have given headaches to transportation planners. VDOT has said that if adopted, it could

be a recipe for “failing levels of (roadway) service many hours of the day with constrained mobility for goods and people.”

The plans for parks and recreation are inadequate for the population proposed. No specific park areas are laid out and the assumption seems to be that many of the recreation needs will be met by RA using facilities we have already paid for.

Some elements of the plan just do not make good sense.

A new elementary school is pen-

ciled in for North Town Center, but then another one is proposed for the US Geological Service area just to the south.

But much of the new residential development is going to be around Wiehle station.

To add insult to injury, the plan leaves unclear who is going to pay for all the promised infrastructure. In the similar case of Tysons Corner re-development, a 4 cent tax per \$100 assessed value was levied on all residents—and this will go to 8 cents in the future. Is that

the future of Reston when the development community stands to make a windfall?

Find out for yourself what this means to you. RA and RCA co-hosted a review of the plan at the RA building Oct. 17; if you missed it, see a recording at <http://www.youtube.com/watch?v=v65WvwIUbvE>.

Dick Rogers
RCA Alternate
Reston Master
Planning Task Force

WHERE FOOD MEANS FUN

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Reston \$799,900
Exceptional North Reston Contemporary!
Spacious Gulick home on .50 lot brimming with light on 3 finished levels.

Upgraded throughout with hardwood floors, gourmet kitchen, luxury baths and over 4000 finished sq ft of wonderful living space. Call Rita Bailey 703-509-2805 or Chris Brennan 703-927-0303 or e-mail Rbailey410@aol.com for your personal tour.

Rita Bailey 703-509-2805 or e-mail Rbailey410@aol.com



Annandale \$649,000
Sought-After Canterbury Woods

5-level split w/5BR, 4BA & oversized carport lives more

like a colonial than other splits. Custom addition(1991) bumped out rear of main level & added an entire new level for master suite. Located on a quiet cul-de-sac and has a large deck, patio & fenced rear yard.

Terry Atherton 703-861-0538 or e-mail Terry.atherton@longandfoster.com



Herndon \$545,000
Spacious!
4BR, 3.5BA with updated kitchen including granite and

SS appliances, finished lwr lvl w/in-law retreat, deck off kitchen, fenced back yard, 2-car garage, all in a great neighborhood!

George Brown 703-401-7025 or e-mail George.brown@longandfoster.com



Herndon \$535,000
Charming Victorian

3BR, 3BA built in 1900 with updated kitchen &

baths & wrap-around porch/ deck. MBR suites on both levels. Hardwoods on main level, large DR, gas FP in LR, beautiful architectural details. Large MBR upper level w/sitting room.

Pat Gallagher 571-241-6324 or e-mail pat.gallagher@longandfoster.com



Reston \$199,500
New Price as Low as Rent!

Motivated seller - 2BR, 1Bath condo in well maintained community with manicured lawns, close to golf course, Reston Town Center, Dulles airport, Toll Rd and future METRO. Large BR, sliding glass door to balcony, large DR, eat-in kitchen.

Wired for cable. HOA is paid for one year!

Betty Collins 703-407-5750 or e-mail Betty.Collins@longandfoster.com



Reston \$3,300/month rent
Perfectly Located!

Close to major transportation routes & Reston Town Center, Gorgeous contemporary w/2 MBR's (one upper and one lower level walk-out)

3BR upstairs, large FR w/vaulted ceilings & FP. Bright, updated kitchen w/tons of storage/cabinets goes to glass enclosed sunroom, 2 decks & 1 patio. Spacious LR/DR combo great for entertaining. Finished basement w/rec rm & bonus rm. So spacious, desired school cluster.

Call Leslie Thurman 703-895-6000 lesliekthurman@gmail.com



Reston \$429,900
Pride in Ownership

This beautifully updated 3-level TH features 3BR, 2.5.5BA, a gorgeous

remodeled kitchen, and a private, outdoor entertainment area. All this comes with Reston amenities and the future METRO a mile away. Come see, a great find.

Call Stephanie Randall 703-989-4577 or e-mail Stephanie.Randall@Longandfoster.com



Reston \$274,900
Largest Floor Plan!

Open 2BR, 2BA, 10ft ceilings, separate DR, updates, backs to

woods! Scenic paths to school, tot lot and picnic pavilion. 1.5 miles to future METRO. Loads of association amenities and condo pays water! Walk to beautiful paths when you come!

Call Lisa Carlisle 571-334-3440 lisa.carlisle@longandfoster.com



Ashburn \$690,000
Gorgeous!

Brick front in Broadlands & over 4,800 sq ft! Just move right in. Gourmet kitchen

w/granite, hdwds, cooktop island, 42" cabinets, huge pantry, views of private, fenced yd! Grand 2 story foyer has curved staircase, 2 story river rock FP. Master suite w/sunken sitting rm, huge WIC. Updated light fixtures & baths, fin walk-up. Lwr lvl has bonus rms & full bath, wired for surround sound. Geat deck to awesome yard.



Leesburg \$550,000
Gorgeous, Bright Home!

Grand 2-story foyer, gourmet kitchen with hardwoods, granite, huge

windows, island w/cook top. Opens to FR w/vaulted ceiling & wall of windows. Upper w/5 huge bedrooms, 3 baths. MBR custom closet. Lwr lvl w/full BA, storage, ample bonus rms. 4season rm w/gas FP overlooks beautiful yd & a great deck w/built-in benches & remote awning, Landscaped yd w/sprinkler system. Just steps to Ida Lee!



Reston \$389,500
Hi Rise

Spacious luxury condo w/2BR, 2BA.

Almost 1,700 sq ft w/third floor location. Surround porch, oversized eat-in kitchen and wood burning FP. Elegant, secure bldg. w/easy access garage pkg and elevator.



Reston \$388,500
End Unit

3 sides brick TH. Ideal floor plan

w/rear kitchen/FR. Oversized LR w/2 bay windows, 3BR,2.5BA. Finished lwr lvl w/wood burning FR. Completely enclosed huge rear yard.



Herndon \$360,000
Beautiful End Unit

3-level bump-out on a cul-de-sac w/open floor plan. Drayton model has open floor plan, large LR, FR w/FP w/marble surround. Master suite w/sitting rm, cathedral ceilings, huge WIC. Patio & deck perfect for entertaining! Walk to shops.

Call Leslie Thurman 703-895-6000 lesliekthurman@gmail.com



Gainesville Coming Soon!
Gorgeous 4BR,

3.5BA w/over 3,400 sq ft of living space! Hardwoods in main lvl, gour kitchen

w/center island. FR w/FP, large master suite, fin walkup basement w/bonus rm & full bath! Awesome deck to relax on in private yd. New roof, new A/C, new carpet. Great Bridlewood amenities incl pool!

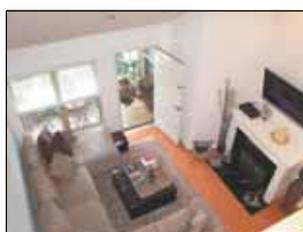


Reston \$599,000
First Floor Master Bedroom

is just one of the many features in

this end unit TH w/2-car garage. Updated w/hardwood floors, custom paint-this home lives like a rambler. Great room, dining room, kitchen, sunroom, 2BR, 2BA all on one level! Third BR w/full bath, rec rm, den in the finished walkout basement. Many upgrades-ideal location. Treed lot!

Call Debbie Gill 703-346-1373 or e-mail Debbie.Gill@longandfoster.com



Reston \$2,250/month rent
Ready to Rent!

Magnificent top-floor

condo with 2 levels. Features include 2BR,2BA, open floor plan w/ high ceilings, wood flooring, FP and garage parking.



"I work hard for my agents so they can work hard for you!"

- Anita Lasansky, Managing Broker

www.Reston-Herndon-Homes.com

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