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Jenny Alvarez adjust the labels on Cookie Monster's belly for the Samaha Associates, P.C. design, "Munch out hunger one bite full at a time" at the 2013 American Institute of Architects Construction competition at Reagan National Airport.

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News



PHOTO BY LOUISE KRAFT/THE CONNECTION

At Campaign's End

President Obama joined Virginia gubernatorial candidate Terry McAuliffe for a rally with supporters at Washington-Lee High School on Sunday, Nov. 3. Results for Tuesday's election, past the Arlington Connection's press deadline, will be available at www.connectionnewspapers.com.



PHOTO BY LOUISE KRAFT/THE CONNECTION

Residents cast their ballots at the Walter Reed Community Center early on Tuesday morning.

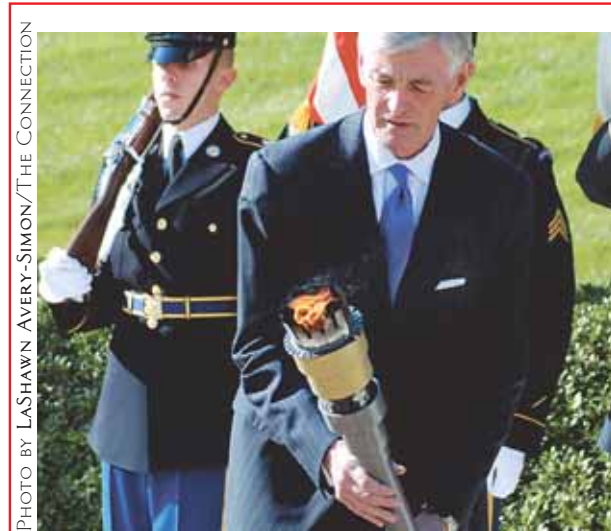


PHOTO BY LASHAWN AVERY-SIMON/THE CONNECTION

Eternal Flame Returns

Secretary of the Army John McHugh transfers the flame from the temporary holder to its permanent site on President John F. Kennedy's gravesite on Oct. 29. The flame was transferred to a temporary eternal flame to allow work to upgrade the burner assembly.



With the baby chick near complete, the MTEFA Architecture team begins work on the eggshell and the nest.



2013 Jurors' Favorite, Best Meal and Most Cans Used was awarded to "Don't ChickCAN Out, Cluck Up To End Hunger!" designed and built by MTEFA Architecture, Arlington

Canstruction Returns

Reagan National Airport is hosting the 2013 10th annual American Institute of Architects (AIA) Canstruction competition. Eight teams arrived in terminals B and C, level 1, baggage claim area on Friday evening, Nov. 1, and began the build-out. Judging was held on Saturday morning and photographs were taken of all the entries. Canstruction is an international design competition that invites teams of designers to create structures using canned food. All food used in the construction of the designs is donated to the Arlington

Food Assistance Center at the conclusion of the exhibit.

This year's teams include: Geier Brown Renfrow Architects + RAND Construction, Jacobs - Global Buildings, Lee & McShane PC, The Lukmire Partnership, MTEFA Architecture, Rust | Orling Architecture + LandDesign, Samaha Associates and Page Southerland Page. 2013 sponsors are: HIT Contracting, Can Manufacturers Institute, Reed Construction Data, Woodburn & Associates Inc., RPG Digital Print Solutions and Excelis.

Exhibits are on display at the airport through Nov. 9 at Reagan National Airport, Terminals B+C, Level 1, Baggage Claim Area.

2013 Awards

Jurors' Favorite, Best Meal and Most Cans Used

"Don't ChickCAN Out, Cluck Up To End Hunger!"
Designed and built by MTEFA Architecture, Arlington

Structural Ingenuity
"We CAN Knock out Hunger!"
Designed and built by Page Southerland Page, LLP, Arlington

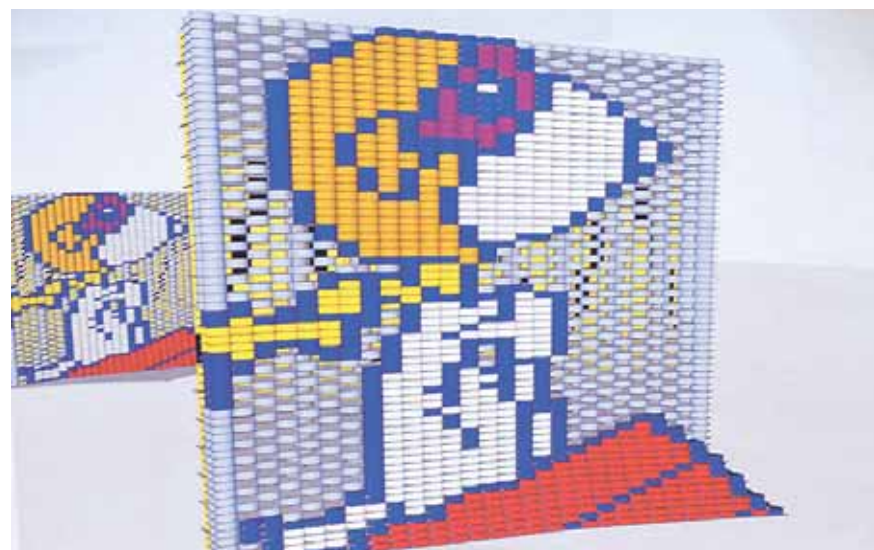
Best Use of Labels
"The Hungry aren't Fed from the Pork Barrel"

Designed and built by Jacobs - Global Buildings North America, Arlington

Most Cans Used
"I sink I can ... I sink I can end hunger"

Designed and built by Geier Brown Renfrow Architects, LLC and RAND Construction Corporation, both of Alexandria

Honorable Mention
"Munch out hunger one bite full at a time" designed and built by Samaha Associates, P.C., Fairfax



"Snoopy's UnCANny Imagination" design by Rust | Orling Architecture and LandDesign, both of Alexandria.

PHOTOS BY
LOUISE KRAFFT
THE CONNECTION

Study Undercuts Streetcar Argument

New study analyzes transit choice on economic development.

By MICHAEL LEE POPE
THE CONNECTION

standard bus or enhanced bus service."

For years, one of the chief arguments in favor of investing \$250 million into a streetcar system is that it will attract more economic development than a system using buses. But a new study by the Institute for Transportation and Development Policy undercuts that argument. The report, titled "More Development for Your Transit Dollar" concludes that bus service that acts like rail is better than rail.

"The type of mass transit providing the best bang for the buck is bus rapid transit," the report concludes. "Per dollar of transit investment, and under similar conditions, bus rapid transit leverages more transit-oriented development investment than light rail transit or streetcars."

County leaders say Columbia Pike could never have a bus-rapid transit system because it would be impossible to have dedicated lanes, which is why the streetcar will share the street with automobiles.

But the report specifies that bus-rapid transit systems "may or may not" have dedicated lanes, one feature among many. Some of the bus systems included in the study did not meet the institute's definition for bus-rapid transit even though the conclusion was the same — the massive investments needed for a streetcar system means that the return on investment is compromised.

"From Arlington's experience, we do question that finding," said Dennis Leach, director of transportation at Arlington County. "Our own experience in terms of investments in rail is that they do support far greater and far more concentrated infill development than

THE DEFINITION of what, exactly, constitutes a bus-rapid transit system is a matter of widespread debate in Arlington and throughout the community. While the definition of a streetcar is generally understood, the report notes, the lack of common definition for bus-rapid transit has caused confusion in discussions about the technology since its inception in 1974. In some cases, systems that were identified as

bus-rapid transit made conditions worse for many passengers.

"The lack of understanding of what constitutes a BRT system has led to branding problems," the report concludes. "The absence of any sort of quality control has allowed marginal bus system improvements to be branded as BRT, leading to some community backlash against the concept of BRT."

Here in Arlington, though, many residents are trying to organize a backlash against the streetcar. Dur-

"Per dollar of transit investment, and under similar conditions, bus rapid transit leverages more transit-oriented development investment than light rail transit or streetcars."

— Institute for Transportation and Development Policy

ing a recent public forum in March, opponents and supporters of the streetcar system clashed in a meeting that turned raucous at times. Opponents of the streetcar system say a system of sleek buses that look and feel like a transit system would be as much as \$200 million cheaper.

"Good transit is good transit, and there's no mystique about having it on tracks with wires," said County Board member Libby Garvey, one of the leading opponents of the streetcar initiative. "If you do not have a dedicated right-of-way, that is a much bigger problem for a streetcar than it is for a bus."

SEE STUDY, PAGE 7

Yoga Community Lauds New Smithsonian Exhibit

Sackler exhibit is first of its kind.

BY MARILYN CAMPBELL
THE CONNECTION

Yoga instructor Luann Fulbright of McLean moved her practice from the mat to a gallery recently when she joined diplomats, philanthropists, artists and fellow yogis at a gala to celebrate the opening of “Yoga: The Art of Transformation” at the Arthur M. Sackler Gallery in Washington, D.C. It is the world’s first exhibition on the art of yoga.

“I couldn’t be more excited to have been able to attend this exhibit,” said Fulbright, a director of Dream Yoga Studio & Wellness Center in McLean. “It’s not only the first of its kind, but it was put together by a team of scholars led by Debra Diamond, an exquisitely studied and curious curator who brings her depth knowledge of Indian and Asian art and yoga together to shed light on the history and fascinating, many missing stories of yoga that are like yoga itself — mind expanding.”

The exhibit, which opened Oct. 19, features temple sculptures, devotional icons, manuscripts and court paintings created in India over the past 2,000 years. With artifacts borrowed from 25 museums and private collections in India, Europe and the United States, the exhibit explores yoga’s diverse history.

Museum officials said the exhibit reunites three monumental stone yogini goddesses from a 10th-century Chola temple for the first time, as well 10 folios from the first illustrated compilation of asanas, or yogic postures, made for a Mughal emperor in 1602, which have never before been exhib-

ited together. The exhibit also includes Thomas Edison’s “Hindoo Fakir” (1906), the first movie ever produced about India.

Maryam Ovissi, one of the exhibit’s sponsors and the owner of BelovedYoga studio in Reston and Great Falls, said she appreciates such a comprehensive exploration of the evolution of yoga.

“Yoga has become a very loaded word in our society, and there are many facets to it. You can think of yoga as a gem,” she said. “The exhibit shows that yoga has philosophical roots. It offers an understanding of [yoga] as a healing modality and gives a perspective of how it was introduced to the West and evolved into what has become today. The curator did an

excellent job of showing that it’s an entire journey. People will walk away knowing that yoga is rich and has layers to it.”

“It’s great to have an exhibit that educates people about the roots and origins of yoga and what it can do for their lives and their health”

— Sara VanderGoot of Mind the Mat Pilates & Yoga

YOGA INSTRUCTORS said the exhibit

will educate people about the practice. “Having an exhibit like this confirms that yoga is so much more than most folks today think,” said Fulbright. “It’s not a fad. It’s not a particular religion. It’s not just exercise. It’s a constantly developing practice that people from many cultures have embraced for thousands of years to transform and empower themselves and their nations. I’m encouraging all [of my] students to see this exhibit, which can’t help but motivate and deepen their practice.”

Great Falls resident Jean Edelman, an



Yoga students Teresa Duncan and Jean Edelman attend a gala to celebrate the opening of “Yoga: The Art of Transformation” at the Arthur M. Sackler Gallery.

Details

“Yoga: The Art of Transformation” will remain at the Sackler Gallery until Jan. 26, 2014. Visit <http://asia.si.edu/exhibitions/current/yoga.asp>.

room ... is what I would call the Goddess room: three beautiful yoginis brought together in one room,” she said, referring to the Chola goddesses.

Alexandria resident Heather Sutliff, of East Meets West Yoga Center, said the exhibit will make yoga more accessible to a wider audience. “I think the fact that the Smithsonian has dedicated an exhibit to yoga spotlights its growing influence in society,” she said. “It kind of endorses yoga’s legitimacy and makes people sit up and take notice, and think, ‘Hey, maybe I should look into this yoga thing.’”

She also hopes people recognize the health benefits. “Yoga practice not only helps calm the mind, but has significant physical benefits that can be realized right after your first yoga class,” said Sutliff. “There are many medical studies that show consistent yoga practice reduces the risk of heart disease and diabetes and can lower cholesterol levels. I look forward to the day when I can get a prescription for yoga practice as easily as a prescription for a statin or beta-blocker.”

Yoga instructor Sara VanderGoot, of Mind the Mat Pilates & Yoga in Alexandria and Arlington, said the exhibit will raise awareness about the practice.

“The exhibit really means a lot to the yoga community,” said VanderGoot.

“It’s great to have an exhibit that educates people about the roots and origins of yoga and what it can do for their lives and their health.”

Walk the Walk

Volunteers of America Chesapeake’s partners, donors and volunteers walked to end homelessness in Arlington on Sept. 28. All funds raised support the Volunteers of America Chesapeake’s residential program center in Arlington, to provide substance abuse treatment and recovery support in Arlington County, and Bailey’s Crossroads Community Shelter, a 50-bed, emergency homeless shelter for adult men and women.

Volunteers Ashlyn Wray and Cristopher Perez fold t-shirts as walkers arrive to participate.

Volunteers Sarah Akisi and Joshua Peterson participate in the Walk the Walk with Volunteers of America Chesapeake to end homelessness.



PHOTOS BY LASHAWN AVERY-SIMON/THE CONNECTION



Fall Bazaar

Neighbors came out to Clarendon United Methodist Church to buy toys, jewelry, household items and baked goods during the annual fall bazaar on Saturday, Nov. 2.

PHOTO BY
LASHAWN/AVERY-SIMON
THE CONNECTION

Meredith Melnick prepares lunch as guests arrive to the annual fall bazaar.



BULLETIN BOARD

Email announcements to arlington@connectionnews.com. Deadline is noon the Thursday before publication. Photos are welcome.



PHOTO BY JOHN BORDNER

Correction

Arlington resident Michael Wardian is congratulated by race director Rick Nealis after finishing the Marine Corps Marathon on Oct. 27. Wardian, 39, completed the course in 2:27:06, placing fifth in the 26.2-mile race. The photo on page 3 of the Oct. 30 issue of The Arlington Connection did not match its caption. The photo, above, was intended to show Arlington resident and nationally recognized runner Michael Wardian at the finish line of the 2013 Marine Corps Marathon.

CLOTHING DRIVE

The Rosslyn BID's annual **winter clothing drive** to benefit clients of A-SPAN (Arlington Street People's Assistance Network) has started. Look for a gift-wrapped donation box in the lobby of your building. Donate new or gently used winter coats, sweaters, sweatshirts, hats, gloves, socks and jeans. You can also bring your donation to the BID offices, 1911 N. Fort Myer Drive.

THURSDAY/NOV. 7

Cocktail Reception & Fundraiser. 6-9 p.m. at The Clarendon Ballroom, 3185 Wilson Blvd. Doorways for Women and Families will host a silent auction, music, dinner and more. \$75/person or \$125/pair if purchased in advance; \$85/person or \$150/pair if purchased at the door. Visit www.brownpapertickets.com/event/483765 for tickets.

FRIDAY/NOV. 8

Stroke and Osteoporosis Screenings. Calvary United Methodist Church, 2315 S. Grant St., will host Life Line Screening. Packages start at \$159. Call 1-877-237-1287 or visit www.lifelinescreening.com to schedule an appointment.

Symposium. 7:30 a.m.-5 p.m. at George Mason University School of Law, Founders Hall Auditorium, 3301 Fairfax Drive. The symposium will explore the contributions of James Buchanan, Robert Bork and Armen Alchian. Breakfast and lunch will be served. E-mail ehawksworth@crpblicrelations.com or 703-683-5004 ext. 110 to RSVP.

FRIDAY-SUNDAY/NOV. 8-10

Alley Cat Allies National Conference. Alley Cat Allies, the nation's largest advocacy organization for cats, will hold its first national conference, Architects of Change for Cats. The conference will feature more than 25 speakers and organizations whose work has transformed the animal sheltering system in the United States. Hilton Crystal City, 2399 Jefferson Davis Highway. Visit www.alleycat.org to register.

SATURDAY/NOV. 9

Blood Drive. 7 a.m.-5 p.m. at Kettler Capitals Iceplex. The Washington Capitals and Inova Blood Donor Services will

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Sunday, November 10 • 1pm

The Madeira School is located at 8328 Georgetown Pike in McLean, Virginia.

For more information call 703-556-8273 or begin your journey online at www.madeira.org

SEE BULLETIN BOARD, PAGE 11

OPINION

Be Part of Children's Connection

Call for student artwork and writing; deadline Dec. 6.

During the last week of each year, The Connection devotes its entire issue to the creativity of local students and children. The results are always remarkable, and the editions have won many awards. It is a keepsake edition for many families, and an edition read and praised by readers with and without children.

The annual Children's Connection is a tradition of well over a decade, and we begin getting inquiries from teachers and parents about submitting artwork and writing almost as soon as each school year begins.

We publish artwork, poetry, essays, creative writing, opinion pieces, short stories, photography, photos of sculpture or gardens or other creative efforts.

We ask that all submissions be digital so they

can be sent through email or delivered on CD or flash drive. Writing should be submitted in rich text format (.rtf). Artwork should be photographed or scanned and provided in jpeg format.

Identify each piece of writing or art, including the student's full name, age, grade and town of residence, plus the name of the school, name of teacher and town of school location. Please provide the submissions by Friday, Dec. 6.

Some suggestions:

- ❖ Drawings or paintings or photographs of family, friends, pets or some favorite activity. These should be photographed or scanned and submitted in jpeg format.

EDITORIAL

- ❖ Short answers (50 to 100 words) to some of the following questions: If you could give your parents any gift that didn't cost money what would that gift be? What are you most looking forward to in the upcoming year? What is one thing that you would change about school? What do you want to be when you grow up? What is your favorite animal? What is your favorite toy? What makes a good par-

ent? What makes a good friend? What is one of the best or worst things that ever happened to you? What is the best gift you've ever given? Ever received?

- ❖ Opinion (50 to 100 words) about traffic, sports, restaurants, video games, toys, trends, etc.

- ❖ Poetry or other creative writing.

- ❖ Opinion pieces about family, friends, movies, traffic, sports, food, video games, toys, trends, etc.

- ❖ News stories from school newspapers.

We welcome contributions from families, public and private schools, individuals and homeschoolers.

Email submissions for the Arlington Children's Connection to editor Steven Mauren at smauren@connectionnewspapers.com.

To send CDs or flash drives containing artwork and typed, electronic submissions, mark them clearly by school and hometown and mail the CD to Arlington Children's Connection, 1606 King Street, Alexandria, VA 22314.

Send all submissions by Dec. 6. The Children's Connection will publish the week of Dec. 26.

BUSINESS NOTES

Email announcements to arlington@connectionnewspapers.com. Deadline is Thursday at noon. Photos welcomed.

Sales Associate **Ramona Schneider** of the Arlington Weichert,

Realtors office was individually recognized for her industry success during the month of September. A top producer, Schneider led the region, which is comprised of offices throughout Fairfax, Loudoun, Fauquier and Delaware coun-

ties, in new home dollar volume.

More than 100 local businesses have signed up for **Arlington Small Business Day** on Saturday, Nov. 30. Shop local stores in Ballston, Clarendon, Columbia Pike, Crystal City and more. Special discounts, services, contests and more will be offered. Visit www.arlingtonsmallbusinessday.org for a list of businesses.

Matthew P. Thielemann joined the firm of Bean, Kinney & Korman, P.C. as an Of Counsel. Thielemann practices in the areas of intellectual property and corporate transactions, and he counsels clients on a number of issues related to copyrights, trademarks, patents, data privacy, software and data licensing. Thielemann earned his LL.M in Intellectual Property Law from the George Washington University Law School, his J.D. from the Mississippi College School of Law and his B.S. from Mississippi College.

A team of employees, family and friends from SIGAL Construction Corporation and GCS, Inc. with a donation from Merrifield Garden Center tackled a spring landscaping project at a group home in Arlington. The landscaping and

improvements at the **Arlington Group Home** included the cutting back of overgrown vines and weeds, planting of trees and flowers, creating a small vegetable garden with mulching throughout. Volunteers of America Chesapeake, Inc. is a faith-based, non-profit organization whose mission is to inspire self-reliance, dignity and hope through health and human services.

Lucy Bowen McCauley, of Bowen McCauley Dance, has been appointed to Council Chair of Dance/USA's Board of Trustees.

JBG employees volunteered more than 1,600 hours during this year's community service effort. Among the charities helped were Food and Friends, Habitat for Humanity, Capital Area Food Bank, A Wider Circle, The American Red Cross, Arlingtonians for a Clean Environment, A-SPAN, Reston Interfaith and the Rock Creek Conservancy.

Joseph M. Caturano has joined **Bean, Kinney & Korman** as of counsel. Caturano focuses his practice in domestic relations.

SEE BUSINESS, PAGE 13

"FLOURISHING AFTER 55"

"Flourishing After 55" from Arlington's Office of Senior Adult Programs for Nov. 18-23.

Arlington senior centers: Aurora Hills, 735 S. 18th St.; Walter Reed, 2909 S. 16th St.; Culpepper Garden, 4435 N. Pershing Dr.; Langston-Brown, 2121 N. Culpeper St.; Lee, 5722 Lee Hwy.; Arlington Mill, 909 S. Dinwiddie St.; also Madison Community Center, 3829 N. Stafford St.; TJ Comm. Center, 3501 S. 2nd St.

Senior trips: Tuesday, Nov. 19, Leesburg Premium Outlets, \$12; Wednesday, Nov. 20, "An Evening with Maurice Hines," The Kennedy Center, \$73; Thursday, Nov. 21, Walters Museum, Baltimore, \$9; Fri., Nov. 22, Heurich House Museum, D.C., \$23. Call Arlington County 55+ Travel, 703-228-

4748. Registration required.

55+ Pilates begins Monday, Nov. 18, 1:30 p.m., Culpepper Garden. \$31.50/7 sessions. Register, 703-228-4403.

Senior (55+) talent show participants needed, Monday, Nov. 18, 10 a.m., Culpepper Garden. Details, 703-228-4403.

Famous artists' self portraits, Monday, Nov. 18, 1 p.m., Aurora Hills. Free. Register, 703-228-5722.

Cooking demonstration of meatless holiday recipes, Tuesday, Nov. 19, 11 a.m., Langston-Brown. Free. Register, 703-228-6300.

Personal Advocate Program explained, Tuesday, Nov. 19, 10 a.m., Thomas Jefferson. Free. Register, 703-228-4403.



PHOTO BY NEIL ENDE

Dressed for Halloween

Cailin Ramsey (left) as Harlequin Doll and Hailey Ramsey as Rosie the Riveter, Washington-Lee High School students, at their neighborhood Halloween party.

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Study Undercuts Streetcar Argument

FROM PAGE 3

THE REPORT looked at 21 corridors in 13 cities, comparing streetcar projects in Portland and Seattle with bus systems in Boston and Las Vegas. It found that while Portland may have leveraged \$6.6 billion in development, the cost of the public investment into the system undermined the return on investment. That means that Cleveland's HealthLine bus-rapid transit system leveraged about 31 times more transit-oriented development per dollar spent on transit than Portland's MAX Blue Line light-rail system.

"This study is obviously from BRT advocates," said Alexandria City Councilman Tim Lovain, one of the founders of the Northern Virginia Streetcar Coalition. "It's thought-provoking, but not definite."

Arlington County officials say they applied the Institute for Transportation and Development Policy standards to Columbia Pike and determined that it could not meet the definition for bus-rapid transit. That means the kind of economic development benefits at the heart of the study might not apply to Columbia Pike.

For example, the busway would not be able to minimize conflict with other traffic from turning movements at intersections and curb lanes. Although Columbia Pike would have off-board fare collection, it would not be to the extent offered in Bogota, for example.

"The success is when there is a dedicated lane," said County Board Chairman Walter Tejada. "Can you imagine if we were to take one lane of Columbia

Pike and dedicate it only for the streetcar or only for the BRT?"

OPPONENTS OF the streetcar system say the institute's study should to provide the Arlington County Board with a reason to reconsider the Columbia Pike streetcar project. As they have for many months, opponents of the streetcar have called for a cost-benefit analysis rather than a return-on-investment study. Once again, supporters and opponents disagree about the definition of what constitutes a cost-benefit analysis. Whatever the definition, critics say county officials should welcome the study as an opportunity for widening the debate instead of shutting it down.

"The IDPT study ought to lead the Arlington County Board to retain a truly independent, unbiased, independent expert to prepare a cost-benefit analysis comparing the introduction of BRT and streetcars on Columbia Pike," said Peter Roussellot, a founder of Arlingtonians for Sensible Transit. "A truly independent, unbiased, independent expert would be an expert who would be given complete freedom to recommend BRT over streetcars as the best transit solution on Columbia Pike."

SCHOOL NOTES

Margaret X. Burgos enrolled at Colby College in Waterville, Maine, this fall. A graduate of Washington-Lee High School, Burgos is the daughter of Jose and Elizabeth Burgos of Arlington.

Rachel Brooke, a member of the Bowdoin College Class of 2016, was honored for academic excellence during the college's annual Sarah and James Bowdoin Day ceremony. She is an undeclared major.

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ENTERTAINMENT



PHOTOS BY TERESA WOOD

A quiet train station becomes a place of little miracles in “Crossing,” now playing at Signature Theatre through Nov. 24.

‘Crossing’ Original musical journey debuts at Signature.

BY JEANNE THEISMANN
THE CONNECTION

The fabled newspaper editor Horace Greeley once wrote: “Go West, young man,” and for many, that meant the adventure of traveling by train to unknown places in search of a new beginning. Capturing that sense of searching for hopes and dreams is “Crossing,” an original new musical now playing at Signature Theatre.

With music and lyrics by the talented Matt Conner and book by Grace Barnes, “Crossing” explores the interwoven stories of eight people from different decades of the past century who come together at a train station.

“I’m very excited about this show,” said Conner, who noted that the show was originally inspired by Harriet Tubman and the stories of those who set out in search of their individual freedoms along the Underground Railroad. “‘Crossing’ examines the intersections and stations of peoples’ lives in the span of a century.”

Directed by Signature Artistic Director Eric Schaeffer, “Crossing” comes to life through the talented performances of Austin Colby, Florence Lacy, Christopher Mueller,

Tracy Lynn Olivera, Nova Y. Payton, Chris Sizemore, Peggy Yates and Ines Nassara.

Conner and Barnes were commissioned by Signature five years ago to write a new musical, resulting in “Crossing,” which takes place on a single day at a train station in which people from various decades of the past century collide. The platform is transformed into a meeting place across time and space as each waits for the train, searching for answers as their stories are told through Conner’s well-crafted musical journey.

The creative team for “Crossing” includes Lighting Designer Chris Lee and Costume Designer Kathleen Geldard. The show features an original scenic design by Schaeffer, with Douglas A. Clarke serving as Associate Scenic Designer. Gabriel Mangiante is the music director and Kerry Epstein is production stage manager.

Barnes offered her own thoughts on what makes “Crossing” magical. “I am interested in encounters,” she said. “How a passing conversation with a stranger on a train platform can alter your perception of the world and how one casual remark can affect the rest of your life. That’s what we wanted to explore.”

Details

“Crossing” is playing now through Nov. 24 at Signature Theatre, 4200 Campbell Ave., Arlington. For tickets or more information, call 703-820-9771 or visit www.signature-theatre.org.



The Unknown Woman (Nova Y. Payton, left) advises the Backpacker (Christopher Mueller) on destinations unknown.



The Mother (Peggy Yates, left foreground) and her Soldier son (Austin Colby) wait for the train that will carry him away.

Email announcements to arlington@connectionnewspapers.com. Deadline is noon Thursday. Photos are welcome.

ONGOING

The Crystal City **FRESHFARM Market** is open on Tuesdays from 3-7 p.m. with the same selection of foods and goods from local producers, in front of 251 S. 18th St.

Register Now. Encore Creativity’s 55+ Encore Chorale welcomes older adults to register for its fall season. The program offers an opportunity to improve your voice in a welcoming community. No auditions. Singers will rehearse classical and holiday songs in preparation for December performances. Call 301-261-5747 or visit encorecreativity.org.

Theater Performance. Encore Stage & Studio presents “The Lion, the Witch & the Wardrobe” from Nov. 8-17 at Thomas Jefferson Community Theatre, 125 S. Old Glebe Road. Recommended for ages 4 and up. Performances are Fridays, Nov. 8 and 15 at 7:30 p.m.; Saturdays, Nov. 9 and 16 at 11 a.m. and 3 p.m.; and Sundays, Nov. 10 and 17 at 3 p.m. Visit www.encorestageva.org for tickets.

Kids Euro Festival. Through Wednesday, Nov. 13, the largest children’s performing arts festival will bring more than 200 family-friendly events to the area, including Artisphere. Designed for children ages 2-12, the festival is designed to create a European artistic adventure through puppetry, dance, music, magic and more. While all of the performances are free, some performances require reservations, which can be made at kidseurofestival.org.

Event. Oct. 16 through Nov. 24 at Gunston Arts Center Theatre 2, 2700 S. Lang St. Enjoy performances that highlight Hispanic theater. Something for all ages. Showtimes are Fridays at 8 p.m., Saturdays at 8 p.m. and Sundays at 3 p.m. Visit www.teatrodelauna.org for tickets and information.

Art Exhibit. See a gallery members’ show from Nov. 1-24 at Gallery Underground, 2100 Crystal Drive. Features an array of media, including watercolor, oil, sculpture and more. Free. Visit www.galleryunderground.org or 571-483-0652.

Art Exhibit. See “U.S. 17: Traveling the Scenic Highway” from Nov. 1-24 at Gallery Underground, 2100 Crystal Drive. See photos by Catherine Powers. Free. Visit www.galleryunderground.org or 571-483-0652.

Theater Performance. See “King John” at Theatre on the Run, 3700 S. Four Mile Run Drive. Performances begin Sunday, Oct. 27 through Sunday, Nov. 24. Visit <http://wscavantbard.org/> for tickets.

Theater Performance. Through Sunday, Dec. 8, see Christine Lahti in “Pride in the Falls of Autrey Mill” in the ARK Theatre at Signature Theatre, 4200 Campbell Ave. Tickets on sale. Visit www.signature-theatre.org for times and tickets.

Art Exhibit. See “Spirit Sojourn” paintings and mixed media by Chris Tucker Haggerty at Marymount’s Barry Gallery, 2807 N. Glebe Road from Oct. 25 through Dec. 9. Free. Hours are Monday-Thursday from 10 a.m.-8 p.m. and Friday-Saturday from 10 a.m.-6 p.m. Visit marymount.edu/barrygallery for more.

Art Exhibit. See “Yes, It’s Colored Pencil” from Dec. 2-28 at Gallery Underground, in the Crystal City Shops, 2100 Crystal Drive. Free. Features works by members of the Colored Pencil Society of America. Gallery hours are Monday-Friday 10 a.m.-6 p.m. and Saturday 10 a.m.-2 p.m. Visit

www.galleryunderground.org or call 571-483-0652.

Art Exhibit. See “Small Works of Great Importance” from Dec. 2-28 at Gallery Underground, in the Crystal City Shops, 2100 Crystal Drive. Free. Features a variety of media by gallery members. Hours are Monday-Friday 10 a.m.-6 p.m. and Saturday 10 a.m.-2 p.m. Visit www.galleryunderground.org or call 571-483-0652.

Art Exhibit. See “Faces of Afghanistan: Images by Arlington Photographer Kenneth Chadwick” at Cherrydale Branch Library, 2190 Military Road. On display through Jan. 6. Hours are Monday and Thursday from 10 a.m.-9 p.m., Tuesday and Wednesday from 1-9 p.m.; and Friday and Saturday from 10 a.m.-5 p.m. Free.

CLASSES & WORKSHOPS

Theatre Classes. Encore Stage & Studio is holding classes and mini camps for children in grades K-8 at on Saturdays at Thomas Jefferson Community Theatre, 125 S. Old Glebe Road and Tuesdays and Wednesdays after-school at Theatre on the Run, 3700 S. Four Mile Run Drive. Visit www.encorestageva.org for a list of classes.

Registration. Jane Franklin Dance presents “Forty+,” a workshop series for dancers past the age of 40. Runs Tuesdays from 11 a.m.-1 p.m. Nov. 5-Jan. 14. Register at www.janefranklin.com/adult-dance-education/forty-plus or 703-933-1111.

SATURDAY-WEDNESDAY/NOV 2-13

Book Festival. The Jewish Community Center of Northern Virginia will celebrate Jewish literature with visits by 10 authors, lectures, films and more. All events are held at JCCNV, 8900 Little River Turnpike, Fairfax. Tickets range between free to \$19 depending on the event. There are discounts and all-access passes. Visit www.jccnvarts.org or 703-537-3000 for a full list of events and tickets.

THURSDAY/NOV. 7

Drop-in Storytime. 10:30 a.m. or 11:15 a.m. at Shirlington Library, 4200 Campbell Ave. For children age 25 months to 5 years. Free. 703-228-6545.

Drop-in Storytime. 10:30 a.m. at Cherrydale Library, 2190 N. Military Road. For children up to age 5. Free. 703-228-6330.

Drop-in Storytime: Under 2s. 10:30 a.m. at Aurora Hills Library, 735 S. 18th St. For children up to age 2. Free. 703-228-5715.

Drop-in Storytime: Over 2s. 11:15 a.m. at Aurora Hills Library, 735 S. 18th St. For children age 2-5. Free. 703-228-5715.

Film. 3-6 p.m. at Columbia Pike Library, 816 S. Walter Reed Drive. Watch “The Best Exotic Marigold Hotel” (2011). Free. 703-228-5710.

Bilingual Story Time. 4:15 p.m. at Central Library, 1015 N. Quincy St. Children can enjoy stories, songs and crafts in English and Spanish. Free. 703-228-5990.

Author Event. 7 p.m. at Central Library, 1015 N. Quincy St. Allan Gurganus will discuss “Local Souls.” Free. Visit www.onemorepagebooks.com or 703-300-9746.

FRIDAY/NOV. 8

Story Time: Baby Steps. 10:30 a.m. at Columbia Pike Library, 816 S. Walter Reed Drive. Children up to 1 year old can enjoy stories. Free. 703-228-5710.

Story Time: Baby Steps. 10:30 a.m. at Westover Library, 1644 N.

McKinley Road, suite 3. For children up to age 1. Free. 703-228-5260.

Story Time: Over 2s. 10:30 a.m. or 11:15 a.m. at Central Library, 1015 N. Quincy St. Children age 25 months to 5 years. Free. 703-228-5946.

Story Time: Under 2s. 10:30 a.m. or 11:15 a.m. at Central Library, 1015 N. Quincy St. Children up to age 2. Free. 703-228-5946.

Story Time: Wobbly Walkers. 10:30 a.m. at Westover Library, 1644 N. McKinley Road, suite 3. For children age 13-24 months. Free. 703-228-5260.

Reception. 5-8 p.m. see "U.S. 17: Traveling the Scenic Highway" from Nov. 1-24 at Gallery Underground, 2100 Crystal Drive. See photos by Catherine Powers. Free. Visit www.galleryunderground.org or 571-483-0652.

Open House. 5-8 p.m. at Gallery Underground, 2100 Crystal Drive. Browse exhibits, studios and more. Free. Visit www.galleryunderground.org or 571-483-0652.

FRIDAY-SUNDAY/NOV. 8-17

"The Lion, the Witch & the Wardrobe." When four children stumble upon an old wardrobe, little did they know they would enter the magical world of Narnia. This Encore Stage & Studio production runs Nov. 8-17 at Thomas Jefferson Community Theatre, 125 S. Old Glebe Road. Recommended for ages 4 and up. Friday, Nov. 8, 7:30 p.m.; Saturday, Nov. 9, 11 a.m. and 3 p.m.; Sunday, Nov. 10, 3 p.m.; Friday, Nov. 15, 7:30 p.m.; Saturday, Nov. 16, 11 a.m. and 3 p.m.; and Sunday, Nov. 17, 3 p.m. \$10-\$12. Tickets may be

purchased at www.encorestage.org or by calling 703-548-1154.

SATURDAY/NOV. 9

Drop in Story Time. 10:30 a.m. at Columbia Pike Library, 816 S. Walter Reed Drive. Children up to age 5 can enjoy stories and more. Free. 703-228-5710.

Teen Volunteer Fair. 11 a.m.-1 p.m. at Central Library, 1015 N. Quincy St. Teens in grades 6-12 can meet representatives from a variety of organizations. Presented in partnership with Arlington Teen Network Board and Volunteer Arlington. Free. 703-228-5946.

SUNDAY/NOV. 10

Concert. 3 p.m. at Washington-Lee Auditorium, 1301 N. Stafford St. The Arlington Philharmonic will perform Mozart, Brahms' variations and more. Free, but donations welcome. Visit www.arlingtonphilharmonic.org.

Season Opener. 5 p.m. at Providence Presbyterian Church, 9010 Little River Turnpike, Annandale. The National Men's Chorus will perform with pianist Thomas Pandolfi. \$20/adult; students and children are free. Visit www.nationalmenschorus.org or 202-244-7191.

TUESDAY/NOV. 12

Drop-In Story Time. 4:15 p.m. at Westover Library, 1644 N. McKinley Road, suite 3. For children up to age 5. Free. 703-228-5260.

Drop-in Story Time: Over 2s. 4:30-5:15 p.m. at Cherrydale Library, 2190 N. Military Road. For children age 25 months to 5 years. Free. 703-

228-6330.

Paws to Read. 5:30-6:30 p.m. at Westover Library, 1644 N. McKinley Road, suite 3. Children in grades K-5 can read to therapy dogs. Free. Register for a slot by calling 703-228-5260.

Family Story Time. 6:30 p.m. at Central Library, 1015 N. Quincy St. For all ages. Free. 703-228-5946.

WEDNESDAY/NOV. 13

Nanny Club. 10 a.m.-noon at Columbia Pike Library, Columbia Pike Library, 816 S. Walter Reed Drive. For children up to age 5. Free. 703-228-5710.

Drop-In Story Time: Over 2s. 10:30 a.m. at Westover Library, 1644 N. McKinley Road, suite 3. For children age 25 months-5 years. Free. 703-228-5260.

Stop in for Stories. 10:30 a.m. or 11:15 a.m. at Central Library, 1015 N. Quincy St. For children up to age 5. Free. 703-228-5946.

ASL Club for Children. 4 p.m. at Columbia Pike Library, 816 S. Walter Reed Drive. Children in grades K-5 can learn American Sign Language through activities, songs and rhymes. Free. 703-228-5710.

Kids Club. 4 p.m. at Aurora Library, 735 S. 18th St. Children in grades K-5 can enjoy activities and more. Free. 703-228-5715.

Kids Club. 4 p.m. at Central Library, 1015 N. Quincy St. Children in grades K-5 can enjoy activities and more. Free. 703-228-5710.

Paws to Read. 5:30-6:30 p.m. at Shirlington Library, 4200 Campbell Ave. Children in grades K-5 can read to therapy dogs. Free. Register for a slot by calling 703-228-6545.

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Email announcements to arlington@connectionnewspapers.com. Photos and artwork are welcome. Deadline is Thursday at noon.

ONGOING

Restaurants and Rhythms. The BID's free happy-hour live music series inside Rosslyn restaurants. Origem brings Brazilian jazz to Le Méridien. Dave Chappel and friends performs blues rock at the Hyatt Arlington and Mary Ann Redmond sings jazz standards at the Key Bridge Marriott. Visit www.rosslynva.org.

Comedy. Every Saturday at 3 p.m. at Comedy Spot, in Ballston Common Mall, 4238 Wilson Blvd., children can enjoy ComedySportz for Kidz. \$10. Visit www.comedyindc.com or 703-294-LAFF.

Comedy. Every Friday at 8 p.m. and Saturday at 7:30 p.m. is ComedySportz ("clean") and at 10 p.m. on Friday and Saturday is the Blue Show ("unclean"), both at Comedy Spot, in Ballston Common Mall, 4238 Wilson Blvd. \$15 each. Visit www.comedyindc.com or 703-294-LAFF.

Poetry Series. 6-8 p.m. second Sunday of the month at IOTA Club & Cafe, 2832 Wilson Blvd. Hosted by poet Miles David Moore. Featured artists share their poetry followed by open readings. Free. Visit www.iotaclubandcafe.com or call 703-522-8340.

Open Mic Nite. 8 p.m.-12:30 a.m. every Wednesday at IOTA Club & Cafe, 2832 Wilson Blvd. Sign-up times are 7:30 p.m. and 10 p.m. Bring instruments, fans and friends. Featured musicians will perform from 9:30-10 p.m. Visit www.iotaclubandcafe.com or call 703-522-8340.

Karaoke. 8 p.m. on the first Sunday every month at Galaxy Hut, 2711 Wilson Blvd. Visit www.galaxyhut.com or call 703-525-8646.

Pub Quiz. 8 p.m. every Sunday at Whitlow's on Wilson, 2854 Wilson Blvd. Prizes for 1st place. Free. Visit www.whitlows.com or call 703-276-9693.

Theater Performance. See "Shakespeare's King John" from Oct. 27-Nov. 24 at Theatre on the Run, 3700 S. Four Mile Run Drive. Visit wscavantbard.org for tickets and schedule.

Dia De Los Muertos Exhibit. Features works by Gloria Valdes Tarasca, Dana Ellyn, David Amoroso and more at the Arlington Arts Center, 3550 Wilson Blvd. Exhibit runs through Nov. 24. Free. Visit www.arlingtonartscenter.org or 703-248-6800.

Art Exhibit. See works by Kristina Bilonick, Amy Chan, Matthew Fishel and others at the Arlington Arts Center, 3550 Wilson Blvd. Exhibit runs through Dec. 22. Free. Visit www.arlingtonartscenter.org or 703-248-6800.

Solo Exhibit. See works by Katie Lynch Thibault at the Arlington Arts Center, 3550 Wilson Blvd. Exhibit runs through Dec. 22. Free. Visit www.arlingtonartscenter.org or 703-248-6800.

Exhibit. See "Western Mountain: Lovesong" through Jan. 4 in the Mezz Gallery at Artisphere, 1101 Wilson Blvd. Free. Visit www.artisphere.com for more.

Art Exhibit. See artist in residence Emily Francisco through Jan. 12 at Artisphere, 1101 Wilson Blvd. every Friday from 6-10 p.m. and Saturdays from noon-6 p.m. Her exhibit is called "May I Have the Piano Delivered to You?" Free. Visit www.artisphere.com or call 703-875-1100.

Theater Performance. See the "Silent Shakespeare" adaptation of "Twelfth Night" from Jan. 9 through Feb. 16 at Synetic Theater, 1800 S. Bell St. Performances are Wednesday through Saturday at 8 p.m. and Sunday at 2 p.m. Tickets start at \$35, with a student, senior and military discount. 866-811-4111 or visit www.synetictheater.org for tickets.

CLASSES

Fall Classes. Arlington Arts Center, 3550 Wilson Blvd. New fall classes and public programs for all ages and in a variety of

media are available. Visit www.arlingtonartscenter.org or call 703-248-6800 for a schedule.

SATURDAY/NOV. 9

Music Performance. 7:30 p.m. at Rosslyn Spectrum Theatre, 1611 N. Kent St. The National Chamber Ensemble presents "Jewish Musical Treasures," works by Alexander Goldstein, George Gershwin and more. \$30/adult; \$15/student. Visit www.nationalchamberensemble.org or 888-841-2787.

FRIDAY/NOV. 15

Music Performance. Deleted Scenes will perform with Grounders at 8 p.m. at IOTA, 2832 Wilson Blvd. Visit www.iotaclubandcafe.com or call 703-522-8340.

Screening. 6:30 p.m., doors open at 6:15 p.m. at Arlington Planetarium, 1426 N. Quincy St. Children ages 5-12 and their families can watch "Magic Tree House Space Mission." \$3/child up to age 12; \$5/Friends members and seniors; \$7/

teens and adults. Visit <http://friendsoftheplanetarium.org/> or 703-228-6070.

Screening. 7:30 p.m., doors open at 7:15 p.m. at Arlington Planetarium, 1426 N. Quincy St. Children ages 8 and up and their families can watch "Ladies Comet," about the first brother and sister astronomers. \$3/child up to age 12; \$5/Friends members and seniors; \$7/teens and adults. Visit <http://friendsoftheplanetarium.org/> or 703-228-6070.

MONDAY/NOV. 18

Music Performance. Basia Bulat will perform at IOTA Club & Cafe, 2832 Wilson Blvd. Visit www.iotaclubandcafe.com or call 703-522-8340.

Arlington's Got Talent Event. Social at 6:30 p.m., talent show starts at 7:30 p.m. at Clarendon Ballroom, 3185 Wilson Blvd. Presented by Leadership Arlington, with proceeds benefiting the Leadership Arlington Young Professionals Program scholarship fund. \$30/advance; \$40/door. Visit www.leadershiparlington.org.

Farmers Markets...

Clarendon Farmers Market. Year-round, has locally produced breads and pastries, organic vegetables, flowers, soap, sorbet and more. Saturdays and Sundays, 8 a.m.-12 p.m. at Courthouse Parking Lot, 3195 North Wilson Blvd., Arlington. Also year-round on Wednesdays from 3-7 p.m. at Clarendon Metro Station. Visit www.Clarendon.org. Call 703-812-8881.

Arlington Farmers Market at Courthouse. Adjacent to the Arlington County Courthouse Parking Lot, at the intersection of N. Courthouse Road and N. 14th Street. This is a 'producer only' market with more than 30 producers. Saturdays from 8 a.m. to noon, through December. Each Saturday through September, Virginia Cooperative Extension Master Gardeners will answer any gardening question. Visit www.arlingtonfarmersmarket.com for a list of vendors.

Rosslyn Farmers Market and Lunchtime Concerts. The Farmers Market is every Thursday 11 a.m. to 2 p.m. at 1401 Wilson Blvd. starting May 23. Lunchtime concerts will take place during the market from 11:45 a.m. to 1:30 p.m. For a list of market vendors, visit www.rosslynva.org/play/markets.

CALENDAR

Family Story Time. 6:30 p.m. at Glencarlyn Library, 300 S. Kensington St. For all ages. Free. 703-228-6548.

Our Favorite Things Book Panel. 7 p.m. at One More Page, 2200 N. Westmoreland St. Staff will share their personal favorite titles published in 2013. Author Bethanne Patrick will share her favorites as well. Free. Visit www.onemorepagebooks.com or 703-300-9746.

THURSDAY/NOV. 14

Drop-in Storytime: Over 2s. 10:30 a.m. or 11:15 a.m. at Shirlington Library, 4200 Campbell Ave. For children age 25 months to 5 years. Free. 703-228-6545.

Drop-in Storytime. 10:30 a.m. at Cherrydale Library, 2190 N. Military Road. For children up to age 5. Free. 703-228-6330.

Drop-in Storytime: Under 2s. 10:30 a.m. at Aurora Hills Library, 735 S. 18th St. For children up to age 2. Free. 703-228-5715.

Drop-in Storytime: Over 2s. 11:15 a.m. at Aurora Hills Library, 735 S. 18th St. For children age 2-5. Free. 703-228-5715.

Film. 3-6 p.m. at Columbia Pike Library, 816 S. Walter Reed Drive. Watch "Quartet" (2012). Free. 703-228-5710.

Bilingual Story Time. 4:15 p.m. at Central Library, 1015 N. Quincy St. Children can enjoy stories, songs and crafts in English and Spanish. Free.

703-228-5990.

Knitting Group. 6:30 p.m. at Glencarlyn Library, 300 S. Kensington St. Drop-in for knitting support and instruction. Free. 703-228-6548.

Talk. 7 p.m. at Central Library, 1015 N. Quincy St. The Arlington Historical Society will host historian Ron Beavers, who will talk about the Alexandria, Loudoun and Hampshire Railroad, which once ran through Arlington County. Free. Visit www.arlingtonhistoricalsociety.org or 703-228-5990.

Author Event. 7 p.m. at One More Page, 2200 N. Westmoreland St. "Washington Post" reporter Dave Sheinin will discuss his biography on Robert Griffin III, "RG3: The Promise." Free. Call 703-300-9746 or visit www.onemorepagebooks.com.

Comedy Performance. Nick Swardson will perform at 10 p.m. at the Arlington Drafthouse, 2903 Columbia Pike. \$38. Visit arlingtondrafthouse.com for tickets.

THURSDAY-FRIDAY/NOV. 14-15

"The Jungle Book." 7 p.m. Educational Theatre Company presents an original musical created by and starring the students of McKinley Elementary School. This all-new stage adaptation of Rudyard Kipling's classic stories marks Educational Theatre Company's 20th Main Stage Theatre Residency at McKinley. McKinley Elementary

School, 1030 McKinley Road. No charge for admission. Donations welcome.

FRIDAY/NOV. 15

Story Time: Baby Steps. 10:30 a.m. at Columbia Pike Library, 816 S. Walter Reed Drive. Children up to 1 year old can enjoy stories. Free. 703-228-5710.

Story Time: Baby Steps. 10:30 a.m. at Westover Library, 1644 N. McKinley Road, suite 3. For children up to age 1. Free. 703-228-5260.

Story Time: Over 2s. 10:30 a.m. or 11:15 a.m. at Central Library, 1015 N. Quincy St. Children age 25 months to 5 years. Free. 703-228-5946.

Story Time: Under 2s. 10:30 a.m. or 11:15 a.m. at Central Library, 1015 N. Quincy St. Children up to age 2. Free. 703-228-5946.

Story Time: Wobbly Walkers. 10:30 a.m. at Westover Library, 1644 N. McKinley Road, suite 3. For children age 13-24 months. Free. 703-228-5260.

Author Event. 7 p.m. at One More Page, 2200 N. Westmoreland St. Nathan Leslie will promote his first novel "Tall Tale of Tommy Twice" and Jen Michalski will discuss her new release "From Here." Free. Visit www.onemorepagebooks.com or 703-300-9746.

Comedy Performance. Nick Swardson will perform at 7:30 p.m. or 10 p.m. at the Arlington

Drafthouse, 2903 Columbia Pike. \$38. Visit www.arlingtondrafthouse.com for tickets.

SATURDAY/NOV. 16

Drop in Story Time. 10:30 a.m. at Columbia Pike Library, 816 S. Walter Reed Drive. Children up to age 5 can enjoy stories and more. Free. 703-228-5710.

Kids Club. 11 a.m.-noon at Aurora Library, 735 S. 18th St. Children in grades K-5 can enjoy demonstrations and hands-on activities with clay. Free 703-228-5715.

Family Film. 3-4:30 p.m. at Shirlington Library, 4200 Campbell Ave. Watch "A Bug's Life." Free. 703-228-6545.

Paws to Read. 3-4 p.m. at Cherrydale Library, 2190 N. Military Road. Children in grades K-5 can read to therapy dogs. Free. Register for a slot by calling 703-228-6330.

1k Wine/Beer Walk. 1-7 p.m. starting at The Landing in the Crystal City Shops, 1750 Crystal Drive. Buy a tasting card and sample dozens of wine or beer varieties while walking an indoor course. \$40 and includes 22 different tastes. Buy tickets at washingtonwineacademy.org or 703-412-9430.

Studio Crawl. 6-9 p.m. The 27 artists of the Columbia Pike Artist Studios host an open house party and studio tour. Columbia Pike Artist Studios, at 932 S. Walter Reed Drive., is a cooperative providing working studio

space to artists in various media. All events are free and open to the public. Parking is available on the street and at the Arlington Career Center at 816 S. Walter Reed Drive. Contact Jay Young Gerard, 571-338-9248 or jayyounggerard@gmail.com. **Comedy Performance.** Nick Swardson will perform at 7:30 p.m. or 10 p.m. at the Arlington Drafthouse, 2903 Columbia Pike. \$38. Visit www.arlingtondrafthouse.com for tickets.

SUNDAY/NOV. 17

1k Wine/Beer Walk. 1-7 p.m. See Saturday, Nov. 16 description.

Artist Expo and Bake Sale. 11:30 a.m.-4 p.m. at Congregation Etz Hayim, 2920 Arlington Blvd. Over 30 local artists will showcase their works. Bring checkbook or cash, not all artists accept credit cards.

Studio Crawl. 2-5 p.m. See Saturday, Nov. 16 description.

Civil War Lecture. 6 p.m. at Central Library, 1015 N. Quincy St. The Arlington County Committee on the Sesquicentennial of the Civil War is sponsoring a lecture by Michael Shaffner on "Managing the Civil War." Free.

Book Dating for Singles. 6 p.m. at Shirlington Library, 4200 Campbell Ave. Adults in their 40s and older can bring a couple of books to share — favorites, disappointments or ones to be read. Free. RSVP to 703-228-6545.

BULLETIN BOARD

FROM PAGE 5

host their annual fall blood drive.

Donors will receive a Braden Holtby bobblehead and Capitals T-shirt. Donors can make an appointment at 1-866-BLOODSAVES (1-866-256-6372) or by signing up online at inova.org/donateblood. When on the site, click on Schedule a Donation, then click on Donate Blood and enter Sponsor Name: Washington Capitals. The donation process takes around one hour.

Scout Food Drive. Arlington Boy Scouts and Cub Scouts will canvass neighborhoods in Arlington to collect food donations and deliver them to AFAC. Scouts distributed Scouting For Food bags and fliers to many

Arlington neighborhoods. Scouts will return to those neighborhoods Saturday morning to collect food donations. Place donations on the doorstep or porch by 8 a.m. on Nov. 9 in any bag or box labeled "Scouting for Food." If a neighborhood did not receive a Scouting for Food bag on Nov. 2, scouts will not be coming to that neighborhood on Nov. 9. Scouts will also staff collection points at the Cherrydale (3713 Lee Hwy) and Lee Harrison (2500 N. Harrison St) Safeway stores Nov. 9, 9 a.m.-noon.

SUNDAY/NOV. 10

Arlington Gay & Lesbian Alliance's Annual Potluck Dinner and

Speaker. 3-5 p.m. at Central Library, 1015 N. Quincy St. Bring books to donate and food to share. Listen to Tara McKenzie Allison, transgender woman, former naval officer and LGBT activist. Free. There will be a Q&A at the end of the presentation. Call 703-228-5990.

TUESDAY/NOV. 12

Veterans Career Resource Fair and Reception. 4 p.m. at Arlington Central Library Auditorium, 1015 N. Quincy St. Marking Veterans Day week, those who served in our armed forces and prospective employers are invited to a free networking event and reception. Meet representatives

from a variety of veterans resource organizations and local career support groups. Register at <http://americanveteranscommittee.org/events/>.

WEDNESDAY/NOV. 13

Talk. 7:30-9:30 p.m. at Unitarian Cooperative Preschool, 4444 Arlington Blvd. Dr. Leonard Sax, M.D., PhD will present "Stress and Resilience: Why Gender Matters." \$10/person. E-mail aucpva@yahoo.com for more.

SATURDAY/NOV. 16

Basic Literacy Tutor Training

Workshop. 9:30 a.m.-2 p.m. at James Lee Community Center, 2855 Annandale Road, Falls Church. \$50/ books and materials. Must also be able to attend the second training session on Saturday, Nov. 23. Register at volunteers@lcnv.org or 703-237-0866 ext. 111.

Gardening Program. 9 a.m.-noon at Fairlington Community Center, 3308 S. Stafford St. VCE Master Gardeners present "Winterizing Your Garden." Topics include leaf composting, cleaning up planting bed, and which plants/shrubs to cut back for winter. Free, but registration requested. E-mail mgaralex@gmail.com or 703-22-6414. Visit mgnv.org for more.

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Paying Attention to the Pros

High School coaches, players share opinions on Redskins' Meriweather.

BY JON ROETMAN
THE CONNECTION

During his seven-year NFL career, Washington Redskins safety Brandon Meriweather's aggressive style of play has led to penalties, fines and a recent suspension for repeated helmet-to-helmet hits.

In a time of heightened awareness regarding head injuries in football, Meriweather's tackling techniques, which include launching himself head-first at opposing receivers, have earned the 29-year-old former first-round draft choice from the University of Miami a reputation as a dangerous defender.

Meriweather was flagged for two illegal hits against the Chicago Bears and subsequently suspended by the NFL for two games. The ban was later reduced to a single contest, costing Meriweather a game check worth more than \$70,000. Meriweather sat out of Washington's Oct. 27 game against Denver and returned for its Nov. 3 contest against San Diego.

NFL players aren't the only ones taking notice of the Redskins safety's approach to defense.

Just ask Philip Tyler, a senior defensive back at T.C. Williams High School in Alexandria, if he's familiar with Meriweather.

"The hunter?" he asks.

Tyler, a Philadelphia Eagles fan, is familiar with Washington's hard-hitting safety.

"He won't be hunted. He's the hunter," Tyler said. "You watch out for him. You've got to watch out for him. If there's anybody on the field you watch out for, you watch out for him. That's a career-ending dude right there."

Tyler said he and other high school athletes like to mimic their favorite NFL players, but when it comes to highlight-tape hits, Tyler said T.C. Williams coaches punish players with extra conditioning for leading with their helmets while hitting in practice. Tyler said his tackling technique has evolved since his youth football days, but injuries from years of tackling with his head have taken a toll.

"A lot of stuff has changed," he said. "Back in rec league and Pop Warner, I was reckless. It didn't matter. ... I've got to wear [a neck protector] because of that. I used to hit with my head and I've got neck injuries. I've got a weak neck now."

PRIOR TO THE 2013 SEASON, a collision in practice led to Tyler having difficulty moving one of his arms for an entire month, he said.

"We were doing a screen drill and ... I had read it real good and I was like, 'I've got to hit [the receiver].'" Tyler said. "At this time, we were still competing for spots. I was like, 'I've got to be the hammer, not the nail,' and I hit him. Next thing I know ... my whole arm, it was done. It felt like it wasn't even there."

Langley High School senior Garrett Collier



T.C. Williams' Philip Tyler (21) defends against Lake Braddock's AJ Alexander.

is a two-way starter for the school's football team, playing receiver on offense and safety and outside linebacker on defense. A Redskins fan, Collier said he has no issue with how Meriweather plays the game.

"Most people in the NFL are trying to hit people as hard as they can," Collier said. "I don't think anyone purposely tries to hit someone in the head, but some people have more of a tendency to hit up high. ... I kind of get frustrated when the refs are quick to call a penalty for hitting high or targeting. ... I'm on the players' side."

While Collier follows the NFL, he said he doesn't try to emulate the pros when he's on the field.

"If a receiver is open," he said, "I'm not trying to take his [head off]. I'm trying to make the smart [play]."

On offense, Collier said he tries to protect himself from big hits, but he hasn't always been able to do so. Collier suffered a concussion during an eighth-grade football game that caused him to black out and vomit.

"I got hit by some kid," he said. "I completely blacked out. I woke up in the ambulance and I was throwing up. ... I literally have no recollection of the hit or what was leading up [to it]."

DeMornay Pierson-El, a senior quarterback and defensive back for the West Potomac High School football team, is committed to play at the University of Nebraska as a slot receiver and kick returner. Pierson-El, a Baltimore Ravens fan, said he likes Meriweather's aggressive style of play, but not the kind of hits he delivers.

"He doesn't have to hit so high," Pierson-El said. "He can hit a little bit lower, I feel, like from the shoulders down is fine."

Pierson-El said going for a highlight-reel hit is risky.

"The big hit is not always the best play," he said. "Going for a big hit up top and the dude bounces off and still gains yards [is] not a good look."

Lake Braddock junior AJ Alexander, a receiver and defensive back for the undefeated Bruins, said injuries are part of the game, but using proper tackling technique can help make the game safer.

"I realize how dangerous [helmet-to-helmet hits are]," Alexander said. "I've seen a lot of things on the news about how dangerous it is. That's why we've [been doing] the whole Heads Up Tackling thing (through USA Football) that's being implemented and we're making sure that we're being fundamentally sound. Plus, if you hit people [around the head], you might not even make the tackle. There are a lot of things to think about, but being fundamentally sound is what it all comes down to."

Alexander is a New York Giants fan.

"[Helmet-to-helmet hits are] part of the game because it's a physical sport," he said. "You've got helmets on, shoulder pads, you've just got to be physical. You've got to do what you've got to do."

Heads Up Tackling, which Alexander referred to, is part of the Heads Up Football program, which is offered through USA Football, the governing body for American football at the youth and amateur levels, and supported by the NFL. Heads Up Tackling focuses on teaching proper tackling technique at the youth and high school levels using five fundamentals: the breakdown position; buzzing your feet; the hit position; shooting the hips; ripping the arms.

HEADS UP TACKLING is one of five elements of Heads Up Football. The other four are: having coaches complete a certification course; teaching coaches concussion recognition and response protocols; appointing a trained safety coach to a participating high school team or youth league; and teaching coaches and parents about proper equipment fitting.

The program is backed by the Northern Virginia Football Coaches Association and used by high school teams around the re-

gion.

Centreville High School head coach Chris Haddock flew to Indianapolis during the winter and became a master trainer of tackling techniques. He said the goal of establishing common language and common technique when teaching tackling to youth football players is to have a "trickle up" effect, leading to safer tackling at the college and pro levels.

When it comes to the NFL, Haddock, a Pittsburgh Steelers fan, said he doesn't see any of his Centreville players trying to emulate what they see on TV. He also said the Steelers have been penalized at times for hits that are simply part of the game.

"Some of them I agree with, some of them I don't," he said. "Having played, sometimes you're flying through the air and someone else is flying through the air and your heads hit. It's not something people plan on doing."

The Oakton High School football team has a subscription to NFL Rewind, which allows subscribers to watch replays of each NFL game from different angles in the way a coach would analyze film. Head coach Jason Rowley said he wants his players to emulate the aggressive nature of pro and college athletes, but wants the Cougars to stay away from dirty plays and showboating.

When it comes to Meriweather, Rowley complimented the defensive back's effort.

"I think he's a guy who plays hard," Rowley said. "I think it's certainly not my place to judge whether he's within the rules or he should be fined. I love the passion he plays with and I'd like my players to play with that passion."

Whitman High School head coach Jim Kuhn said most of the athletes in his Bethesda, Md., program aren't the type to initiate helmet-to-helmet hits. He said families in the area have a heightened awareness of concussion risks and players don't want to risk major injury playing a sport that will have no impact on their future.

"The opportunities for them to play on Sunday are pretty limited and they have a life to live beyond football," Kuhn said. "... It's definitely not a means to an end [for most Whitman athletes]. ... Most are headed to college ... [for] other careers and future endeavors. ... [Football is] not a way out for them."

After returning from his suspension for repeated helmet-to-helmet hits, Meriweather said he would start going low to make tackles.

Whatever Meriweather does, high school players and coaches will likely take notice.

"That's just his style. He's always been aggressive. Even in college, he was known as a big hitter," said South Lakes head coach Marvin Wooten, a Dallas Cowboys fan. "... In this sport, I don't think there's any individual out there trying to end careers or cause any kind of permanent damage on a player. ... I think that's just the way he's played the game."

PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

BUSINESS

FROM PAGE 6

WETA has selected **Rick Schneider** as the next WETA executive vice president and chief operating officer. Schneider was president and chief executive officer of Community Television Foundation of South Florida, which operates Miami public television station WPBT. Schneider succeeds Joseph B. Bruns, who retired after 13 years in the post.

Robin Robertson has joined **Cardinal Bank** as senior vice president, assistant director of marketing. Robertson has 20 years of banking experience in branch management and

branch operations, as well as bank marketing, most recently with Virginia Commerce Bank where she was senior vice president, marketing and retail administration. A longtime resident of Northern Virginia, Robertson is involved in the Arlington and Alexandria communities.

She holds a B.A. in business management from Lynchburg College, and is a graduate of the Virginia Bankers School of Bank Management and Leadership Arlington.

She is a member of the Virginia Bankers Association and the American Bankers Association, and has held leadership positions with Leadership Arlington, the Arlington Chamber of

Commerce, and CrisisLink.

SIGAL Construction Corporation has been selected to construct the new Higher Education Center on the Loudoun Campus of the Northern Virginia Community College. NVCC Loudoun Campus continues its expansion and transformation into a progressive educational campus with the addition of the Higher Education Center academic building.

GHT Limited, a leading DC metro area mechanical, electrical, and plumbing engineering firm, announces the promotion of 16 staff members.

The firm named five new senior asso-

ciates and 11 new associates. New Associates: **Joel W. Bell**, PE, LEED AP ID+C; **Douglas J. Boswell**, PE, LEED AP ID+C; **Adam A. Demnati**, PE, LEED AP; **Brian S. Hackett**; **Tim W. Laddbush**, PE; **William Brodie Marrow**; **Timothy Bradley McNiff**, PE; **John L. Puchala**, CPD; **Matthew C. Richter**, PE, LEED AP; **Tonya D. Street** and **Cindy L. Weeks**. New Senior Associates: **Kristine Barr**, CDT; **Ali J. Landaeta**, MCSE, MCP+i; **Francisco S. Lao**; **Derek E. Wilson**, CPD; and **Morty Zemedhun**.


Visitors and residents of the nation's capital now have a new set of wheels to use to get around town on - electric bi-

cycles, better known as e-bikes. Arlington's **EZ Bikes Rides** launched a comprehensive 3-hour Ride-Around-The-Mall Tour that takes riders to more sites of interest in DC for less money than on a bus or regular bike tour. See tour route map at <http://ezbikerides.com/dc-tour-info>.

EZ Bikes Rides also offers its full-day e-bike rentals for only \$39.95; or double up with a friend on a tandem e-bike for \$59.95.

As a special introductory offer, EZ Bikes Rides delivers the e-bike free of charge in the downtown area of the city or in Arlington. Call 202-544-4000 for reservations, or see ezbikerides.com for more.

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21 Announcements

IN THE CIRCUIT COURT OF
BALDWIN COUNTY, ALABAMA

RONALD K. PIRNIE,)Plaintiff,

Vs.

Case No. CV 2013-901174

CRAIG RAYMOND ARNOLD and) DAVID MENGEL ADAM,
JR.,) Defendants.)

NOTICE OF PUBLICATION

To: DAVID MENGEL ADAM, JR., Defendant Named Above:

You are hereby notified that the above-styled action seeking a judgment against the Defendants, CRAIG RAYMOND ARNOLD and DAVID MENGEL ADAM, JR. was filed against you in said court on August 22, 2013 and that by reason of an order for service of summons by publication entered by the court on October 4, 2013, you are hereby commanded and required to file with the clerk of said court and serve upon Brantley T. Richerson, Attorney for Plaintiff Ronald K. Pirnie, whose address is Post Office Box 1138, Fairhope, AL 36533 an answer to the complaint within 30 days of the last date of publication, to wit: by the 6th day of December, 2013.

Clerk of the District Court of Baldwin
County, Alabama
10/16/13

21 Announcements

TRUSTEES' SALE OF

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TAX MAP ID NO. 061-4-01-0065-F

Under a power of sale contained in a certain Deed of Trust from Thomas Gedle, as grantor, to John D. Eubank and Timothy E. Lewis, as trustees, for the benefit of Commercial Lending, LLC, a Virginia limited liability company, as beneficiary, dated November 29, 2012 and recorded on November 30, 2012 in Book 22736 at Page 0619 as Instrument No. 2012054176.010 among the Land Records of Fairfax County, VA ("Deed of Trust"), with an original principal balance of \$400,000.00, default having occurred under the terms thereof, the Trustees will sell at public auction at the front door of the Circuit Court of Fairfax County, 4110 Chain Bridge Road, Fairfax, Virginia 22030, on

NOVEMBER 7, 2013 AT 10:00 AM

ALL THAT fee-simple LOT OF GROUND AND THE IMPROVEMENTS THEREON situated in Fairfax County, Virginia, known as 3809 Munson Road, Falls Church, Virginia 22041, and more fully described in the aforesaid Deed of Trust. TERMS OF SALE: A deposit of ten per centum of the sale price will be required of the Purchaser at the time and place of sale. The deposit must be paid in cash or certified funds. The balance of the purchase price to be paid in cash or certified funds within twenty (20) days of the date of sale. Interest to be paid on the unpaid purchase money at the rate of 12% per annum from the date of sale to the date of settlement. The party secured herein, if a bidder, shall not be required to post a deposit or to pay interest. Purchaser shall settle within twenty (20) days of the date of sale. TIME SHALL BE OF THE ESSENCE WITH RESPECT TO SETTLEMENT BY THE PURCHASER. In the event that Purchaser does not settle as required for any reason, Purchaser shall be in default. The defaulting Purchaser shall not be entitled to any surplus proceeds or profits resulting from any resale of the property, and the deposit shall be forfeited to the Trustees and all of the expenses of this sale (including attorneys' fees and full commission on the gross sale price) shall be charged against and paid out of the forfeited deposit. In the event settlement is delayed for any reason, including, but not limited to, exceptions to the sale, bankruptcy filings by interested parties, court administration of the foreclosure, or unknown title defects, there shall be no abatement of interest. Taxes, ground rent, water and all public charges including electrical, sanitation, and/or metropolitan district charges, if applicable, are to be adjusted for the current year to the date of sale and assumed thereafter by the Purchaser. Cost of all documentary stamps, recordation taxes, transfer taxes and settlement expenses shall be borne by the Purchaser. The property will be sold in an "AS IS" condition and subject to conditions, restrictions, and agreements of record affecting the same, if any, and with no warranty of any kind (except as required by the Deed of Trust). In the event that the Trustees are in default for any reason, the Purchaser's sole remedy at law and in equity shall be limited to a refund of the deposit and the sale shall be considered null and void and of no effect. Purchaser shall be responsible for obtaining physical possession of the property. Purchaser assumes the risk of loss or damage to the property from the date of sale forward. Trustees reserve the right, in their sole discretion, to reject any and all bids, to withdraw the property from sale at any time before or at the auction, to extend the time to receive bids, to waive or modify the deposit requirement, to waive or modify the requirement that interest be paid on the unpaid purchase money, and/or to extend the period of time for settlement. Additional terms may be announced at the sale. The Purchaser will be required to execute and deliver to the Trustees a memorandum or contract of the sale at the conclusion of bidding. John D. Eubank and Timothy E. Lewis, Trustees FOR INFORMATION, CONTACT: PARDO & DRAZIN, LLC Russell S. Drazin, Attorney 4400 Jenifer Street, NW, Suite 2 Washington, DC 20015 (202) 223-7900 www.pardodrazin.com

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This Spud's For You



By KENNETH B. LOURIE

There's more talk now than ever before, about the possibility of the Washington, D.C. professional football team changing its name. The current name, which resonates to those of us who care about such things, has been front and center and generally accepted for over 80 years, since 1932 in fact. After so many years in the League and five NFL Championships to their credit, to say the current ownership and its rabid and loyal fan base are attached to the team's name is hardly newsworthy. However, cultural changes in our country and politically correct sensitivities have merged of late and the name we've mostly grown to respect and admire has come under some scrutiny and as a result, certain Indian Nations, most recently The Oneida Nation, have expressed their dismay at what they perceive to be the continuing use of a racial slur by this franchise; in effect, a name that demeans and is totally inappropriate and no longer tolerable in 21st century America.

I am certainly not one to pass judgment on such characterizations and hot-button issues of the day, so I won't (I'm mostly like cancer-centric these days). But I would like propose a name-compromise of sorts. Why not change the name to The Washington Redskin Potatoes? This name would blend together the good (the familiar), minimize the bad (the insensitive) and enable the team, its ownership and fan base to sort of have its name and not suffer any separation anxiety because of it. Even better, "Let's Go Skins" still works, too. It would henceforth refer to a potato, however, rather than a People. Hopefully, there are no potato interests in Maine or Idaho that would object to introducing its starchiness into the National Football League.

Let's face it; who doesn't like potatoes at the ballpark? Or anywhere for that matter; even me, and I'm the fussiest eater this side of Mikey, the kid from the old Life Cereal commercials who was famously stubborn about his breakfast-food choices. I'm not exactly sure what the mascot would look like; probably not a Mr. Potato Head-type look-alike, but neither do I envision seeing an Indian headdress on a potato either. Of course, I doubt I'll be entrusted to lead up the marketing campaign for such an important and historic transformation. After all, I'm only a writer attempting to sow some seeds of humor – and perhaps a little discontent, while trying to find a middle ground that potentially keeps the home fires burning (or is that home fries cooking?) without offending a proud people fighting for their ancestral respect – both in the past and in the present/future.

Momentum to keep the name does not seem to be building. Nevertheless, the status quo may yet win the day. Still, The National Football League, despite its reach from coast to coast and possibly even from continent to continent (as there's continuing talk about franchises in London and Japan; note the in-season contests scheduled presently for this year and next) is still just a game, a game with a 12 billion dollar revenue stream, but a game nonetheless. The Oneida Nation is a people. People matter more than games. And feelings matter most of all, and failings, too. To not consider their feelings would be a failure. And failure is definitely not a trait any of us want to associate with the new Washington Redskin Potatoes.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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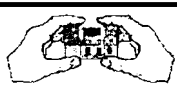
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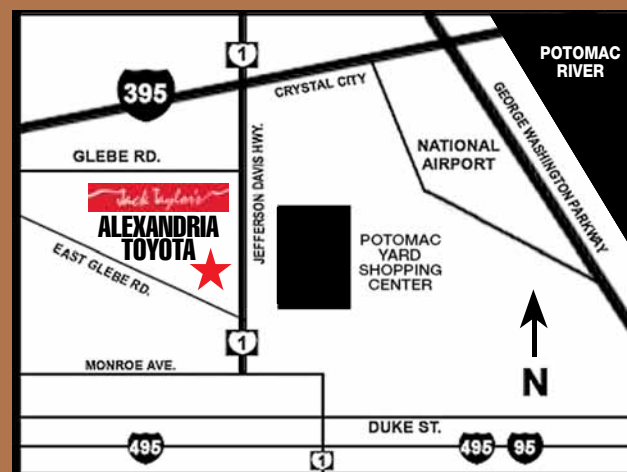
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