

Six-year-old Kevin Martell, a Colvin Run ES student, volunteered at the "Stop Hunger Now" project to help feed people who "aren't fortunate-enough to have food."

Working to Stop Hunger

NEWS, PAGE 33

'Our Homes
Should Be
Our Havens'

NEWS, PAGE 3

Mental Health
Crisis

THE COUNTY LINE, PAGE 4

OPINION, PAGE 6 ♦ ENTERTAINMENT, PAGE 9 ♦ SPORTS, PAGE 12 ♦ CLASSIFIEDS, PAGE 14

PHOTO BY DONNA MANZ/THE CONNECTION



SALE
on
SALE

SALE

SALE

SALE

SALE

Kitchen Space
+ SS Appliance Package*

Work Space
+ iPackage*

Owner's Space
+ Custom Closet Package*

It's the **PERFECT** time to make a move! During the month of February, the Van Metre **SALE on SALE** offers you the most stylish accessories for your new handcrafted home with **DOUBLE** the savings!* Choose 2 **FREE** packages and you can be sure to take advantage of Van Metre's **SWEETEST** shopping days of the year. Make an appointment **TODAY** because supplies are **LIMITED!**

Robert Beatson II
Attorney/Accountant,
Former IRS Attorney
Admitted to DC, MD, VA & NY Bars
**All Types of Federal, State,
Local & Foreign Taxes**
Individual • Business
Trusts • Estates • Wills
Amended & Late Returns
Back Taxes • IRS Audits
• Civil Litigation
Business Law • Contracts
**703-798-3590 or
301-340-2951**
www.beatsonlaw.com

*Build Your
Community*

**Support Your
Local Businesses.**

THE CONNECTION
to your community
www.connectionnewspapers.com

www.VanMetreHomes.com/SaleOnSale

*Offer valid on contracts written between 2/1 - 2/28/14. This is a limited time offer, subject to change and may be withdrawn at the discretion of Van Metre Homes without prior notice and may not be used in conjunction with any other discount. Prices subject to change without notice. Certain restrictions apply. For more details, see Sales Manager, 2/2014.



garai
ORTHODONTIC
SPECIALISTS
BracesVIP.com



Dr. Allen S. Garai

- Specialist in Orthodontics
- Diplomate, American Board of Orthodontics (Board Certified)
- Premier Invisalign Provider 2012, 2013
- Attending Faculty— Orthodontic Department Children's/Washington Hospital

"BEST ORTHODONTIST"
Washingtonian Magazine
Families Magazine
"TOP ORTHODONTISTS"
Northern Virginia Magazine
Virginia Living
Health & Beauty Magazine

Exceptional Smiles, Exceptional Service

Dr. Garai is a Board Certified Orthodontist with more than 17 years of experience creating beautiful smiles for families in Vienna and the surrounding area.

We are pleased to announce the addition of the latest laser scanning technology **ITERO** from Invisalign in our office. Our practice will be the first to offer this state of the art technology in Vienna. The **ITERO** digital scanner eliminates the need for messy, uncomfortable impressions of the teeth for Invisalign treatment.

Vienna
427 Maple Ave, West
Vienna, VA 22180
Great Falls
9912D Georgetown Pike
Great Falls, VA 22066
Unit 101



Please call our office today to schedule your **Complimentary Consultation**

703.281.4868
BracesVIP@gmail.com
www.BracesVIP.com

After measured ingredients are scooped into the meal packs, the bags are individually weighed and rice added to make required weight. Colvin Run ES assistant principal Mary Lou Carmack, Kevin Martell, 6, Caroline Martell, 8, Leslie Martell, and Colvin Run school counselor Nathan Herendeen are in the front row. In the back row are project coordinator Christina Saxon, Colvin Run ES, Greg Martell, and Colvin Run ES Principal Ken Junge.



Colvin Run ES Students Head Drive to ‘Stop Hunger Now’

Langley pyramid community came together to package 87,696 meals for the hungry.

PHOTOS BY DONNA MANZ/THE CONNECTION

The Langley pyramid community came together on Feb. 8 at Colvin Run Elementary School to “stop hunger now.” Students and families from throughout the Langley pyramid, with cooperation of Vienna-area students, packaged 87,696 meals during the 7-1/2 hour volunteer day. “Stop Hunger Now” representatives supervised the production and boarded the boxed meal-packs into the nonprofit’s trucks. “Stop Hunger Now” is an international humanitarian nonprofit engaged in global hunger relief programs and crisis response.

This is the third year that Colvin Run ES headed the assembly-line packing project.

Six-year-old Kevin Martell understood completely why he was there with his family volunteering. “To help feed people who aren’t fortunate-enough to have food,” he said.

Colvin Run ES students raised \$1,386 themselves by doing chores at home, an “earn and learn” program. The children made and sold handcrafted aprons and ceramic bowls that netted \$600. The school had raised more than \$20,000 as of Saturday morning.

The project host raises the funds needed to pay for the ingredients that “Stop Hunger Now” supplies. The nonprofit uses an assembly-line production in which each volunteer has an ingredient task. Uniform scooping of each ingredient assures nutritional composition, and every package is weighed for consistency of product.

The assembly process combines rice, soy, dehydrated vegetables and a flavoring mix that includes 21 essential vitamins and minerals into individual meal packages that will feed four. The meal packages are shipped around the world to support school feeding programs and crisis relief. The meal units have a shelf-life of two years.

Schools, faith communities and civic clubs pack thousands of the meals every year.

When Caroline Martell, 8, was asked why she came



Blake Snider, 9, Harvey Snider, Lily Qin, Lauren Snider, and Lang Xiong, work together to fill a meals package that feeds four.



Ellie and Isabella scoop rice into the meal bags.

to help, she summed it up. “I want to help stop hunger.”

To host a meals packaging project, go to www.stophungernow.org/

— DONNA MANZ



PHOTO BY BONNIE HOBBS/THE CONNECTION

One of the homes under construction on Kingsley Road in Vienna.

‘Our Homes Should Be Our Havens’

Resident beseeches Town Council to revise the noise ordinance.

BY BONNIE HOBBS
THE CONNECTION

Imagine living in a place so noisy that children have a hard time sleeping. Melanie Meren doesn’t have to – that’s her reality. She lives in the Town of Vienna, but close to a construction site.

And last Monday, Feb. 3, she shared her concerns with the Vienna Town Council. She then asked the Council to re-examine and revise the town’s noise ordinance to decrease the allowable hours of home construction so existing residents can have some peace and quiet.

“The noise ordinance doesn’t protect us as residents,” said Meren. “It’s completely biased in the builders’ favor.”

She and her family – including a 4-year-old and a 9-month-old baby – live on Kingsley Road, where builders are constructing multiple residential projects on that same block. And the noise from their work goes on six days a week, 12-13 hours a day.

“We take pride in Vienna being a great place to raise families,” said Meren. “But those of us living near construction live in a noise-polluted environment and we residents have no protections against it.”

MEREN NOTED that the noise ordinance prohibits the creation and maintaining of excessive, loud noise detrimental to the normal tranquility of residential neighborhoods and “unusual and unnatural in [its] time and place.” But it lets builders do so – and for long periods of time.

Construction’s allowed every day but Sunday, 7 a.m.-8 p.m., and equipment may be loaded and unloaded from 6 a.m.-11 p.m.

“Construction noises are excessive and are unusually loud,” said Meren. “They are unusual and unnatural in their time and place.” According to the ordinance, she said, running engines for more than three minutes is a violation.

“And yet, construction vehicles pour concrete for hours at a time, and bulldozers and diggers sit idling for hours waiting for work to begin,” she said. “The noise ordinance needs to reflect the reality that, in our communities, there are multiple construction projects happening. There are four in my immediate block, alone, and another is slated to happen across the street from me.”

Meren said the nearly constant noise constitutes a “public nuisance” and adversely affects her efforts to run her Vienna-licensed business from her home. The noise has forced her to change how, when and where in her house she speaks with clients. It’s also degraded her family’s ability to enjoy their home like others would.

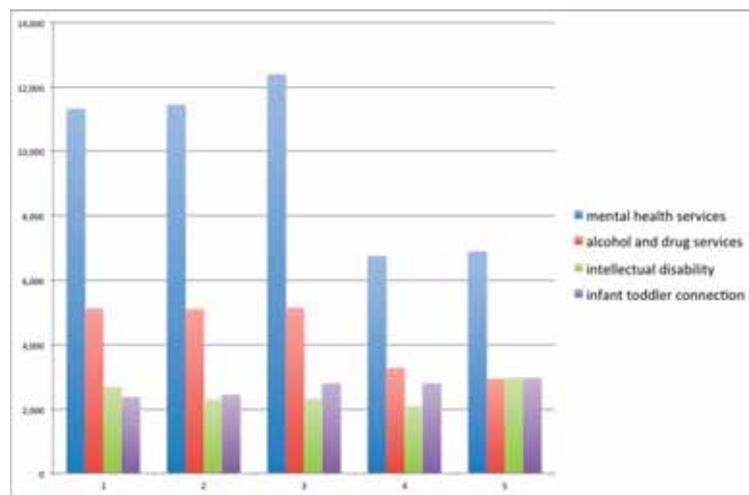
She told the Council about laying her baby down to sleep in his room with two, white-noise machines on simultaneously – and later comforting him when he was woken up by a truckload of gravel being dumped outside his window, 20 feet from his head. One day, in desperation, Meren even put

SEE TOWN, PAGE 4

THE COUNTY LINE

“We’ve had to become a very lean machine.”

— Jane Woods,
vice chairwoman,
Fairfax County Community Services Boards



SOURCE: FAIRFAX COUNTY COMPREHENSIVE ANNUAL FINANCIAL REPORT

Mental Health Crisis

Fewer people are receiving community services across Northern Virginia.

BY MICHAEL LEE POPE
THE CONNECTION

Virginia is in the midst of a mental health crisis.

Even as lawmakers in Richmond debate the best way to deal with a crumbling system of public services for some of its most vulnerable residents, community services boards across Northern Virginia are offering services to fewer and fewer residents. Since the global economic crisis began gripping local governments in 2009, the number of people receiving services from community services boards has dropped. Nowhere is the decline more jarring than Fairfax County, the largest jurisdiction in Virginia.

The statistics, outlined in the county’s most recent comprehensive annual financial report, are dramatic. Since 2009, the number of people receiving mental health services in Fairfax County has declined by 39 percent. Alcohol and drug service have dropped 43 percent. Services for those with intellectual disability have declined 39 percent. Arlington and Alexandria have managed to keep their numbers steady, which makes Fairfax an outlier in the region.

“We’ve had to become a very lean machine,” said Jane Woods, vice chairwoman of the Fairfax County Community Services Boards. “Things had to be done more creatively, and services have been somewhat cut for those who have another funding source even though it might not be quite as robust as what the county would have done in prior years when money was much more available.”

The number of people who receive mental health services has also gone down in Arlington, although not nearly as dramatically. According to county statistics, the number of people who receive mental health services has declined by 6 percent. The number of people who receive substance abuse services has decreased by 13 percent, although the number of people who receive services for intellectual disabilities has increased 17 percent.

“People with severe mental illness are the least able to afford services, and they are in most need of them,” said Ann Wroth, a member of the Arlington Community Services Board. “But there isn’t as much money coming from any place for people to receive mental

health services.”

Alexandria is the only local government that has actually increased services offered through its community services board since the Great Recession. According to statistics provided by city officials, the number of people who receive mental health services actually increased 7 percent since 2009, and the number of people with intellectual disabilities has increased 6 percent in that time. And even though the number of people who receive drug and alcohol services has declined by 38 percent, city officials say the decline represents a change to how the numbers are reported. Since 2010, they say, the number no longer includes individuals who receive “limited” services, which are now considered outside the program area.

“The state of Virginia never funded very well to begin with, which is why we rank 47th,” said Mary Anne Weber, former chairwoman of the Alexandria Community Services Board. “And the local governments have to make up the difference.”

FAIRFAX COUNTY officials say a number of factors have contributed to the steep decline in recent years. One is methodological. Fairfax County leaders say people who receive emergency mental health services are no longer counted in the statistics, which may explain some of the decline in the count of those who receive mental health services.

“We have reorganized,” said Laura Yager, director of the partnerships and resources development. “We are trying to make our data more accurate.”

A more immediate explanation for the decline is financial. As state leaders struggled to balance the books during a time of declining revenues, funding for community services boards across Virginia were some of the first to take a hit. People who are the most vulnerable and least able to help themselves are facing the new economic reality with fewer services, especially in places like Fairfax County. Unlike Arlington and Alexandria, Fairfax land values are less recession proof.

“The impact of the recession was felt for a shorter period of time, particularly in the commercial sector, in those two jurisdictions than in Fairfax,” said Woods. “And that shows.”

Shortly after the Virginia Tech massacre in 2007, a commission recommended that more than \$40 million in additional spending be added to the mental-health budget every year. Legislators took a first step by adding about \$30 million to the annual budget the first year, but then the economic downturn tight-

SEE MENTAL HEALTH, PAGE 5



PHOTO BY BONNIE HOBBS/THE CONNECTION

One of the home-construction sites on the residential Kings Road in Vienna.

Town Council Hears Noise Complaint

FROM PAGE 3

him down for a nap in the bathroom with the exhaust fan on to provide enough background noise so he could sleep.

She said the noise is relentless, no matter the time of day. She was jolted awake in the morning by the 6:38 a.m. delivery of a dumpster while a beeping construction truck moved back and forth outside her bedroom window. And at 6 p.m. dinner, construction sounds that begin each day at 7 a.m. still persist.

Meren described nearly entire days “filled with the sound of a bulldozer wrecking a house, including the demolishing sounds and the maddening beeping of the machine going backwards; a digger dropping demolished house wreckage for days into a dumpster that was so loud it made the ground shake; a truck pouring concrete from 50 feet [above]; hammering and nail guns shooting; unloading of container trucks and dumpsters dropping to and shaking the ground; two generators running all day long to provide power for the construction; and materials crashing into a dumpster when thrown from the second story of the house.”

She also expressed a safety concern, saying construction companies dig up sewer lines to replace them, but usually leave a 12- 15-foot hole open for months, close to the sidewalk. “Many companies place just two pieces of caution tape around four poles to mark it,” said Meren. “This poses a tremendous safety risk to pedestrians, especially young children who walk to school or play nearby. Must we wait for a tragedy to happen before putting some safeguard policy in place?”

Additionally, she said, besides making the neighborhood look “neglected, rundown and unkempt, in the summer these holes hold water that breeds mosquitoes. “We want our families and children to be healthy,” said Meren “We want a pleasant community.”

She asked the Council to specify an amount of time before these holes should be filled in and exactly how they should cordon them off completely. She also said construction companies should be accountable for keeping the sidewalks clear and passable.

“Many contractors rip up the sidewalk for months,” said Meren. “Sometimes they’ll lay down gravel or dirt and, over time, it becomes a rocky, muddy mess, forcing pedestrians – including parents with strollers, kids, bicyclists and those with pets – to walk in the street. What does this say about the livability of our community? Protect the residents – our homes should be our havens.”

Councilman Howard Springsteen told her, “You can’t block a sidewalk, so I encourage you to call our Public Works Department or Planning and Zoning.” And Vice-Mayor Laurie DiRocco asked if the town could examine the noise-decibel level in its noise ordinance.

TOWN ATTORNEY Steven Briglia said the ordinance doesn’t contain such levels for residential areas, just in industrial zones. “If we did, it would apply to everyone, including backyard parties and loud music,” he said. But he suggested the Council examine the ordinance during a work session.

“It’s the constant noise at high levels,” said Meren. “It’s great that more homes are coming, but we have to live here, too.”

NEWS

Town Green Stage Getting a Roof

The Town of Vienna is going to have a roof built over the stage at the Vienna Town Green Park. And last week, the Town Council approved a Memorandum of Understanding between the town and the Rotary Club of Vienna to get it done.

It'll cost \$30,000, and the town and the Rotary Club are each chipping in \$15,000 for the work. The town's contribution will offset the cost of materials.

During the Feb. 3 Town Council meeting, the Council authorized the Rotary Club to go forward with this project on the town's behalf. It means that the club will contract with Home Design Elements LLC, a local contractor, to furnish the

materials and perform all the work. Home Design Elements has also contributed its design for the amphitheater roof.

The roof will connect to an existing overhang and will be constructed of cedar wood. And the park will remain open during construction so residents may continue to enjoy it, as usual.

The roof is scheduled to be completed by May 15 so it won't interfere with the regular, spring/summer events that take place on the popular and heavily used Town Green. These include the concert series and the annual, Viva Vienna festival.

— BONNIE HOBBS

Mental Health Services Decline in Fairfax County

FROM PAGE 4

ened spending. Funding levels fell down to where they were before the massacre. In the last two years, some funding has been added back. But the commission's financial recommendation remains unfulfilled.

"What we have to do is to make sure that we are providing as comprehensive a set of services as we can to help people with mental illness stabilize themselves," said state Sen. George Barker (D-39). "We need to help them get on the road to recovery so they can manage their situation as best as they can and hopefully never get to that crisis."

Now the issue has taken a new sense of immediacy. Late last year, state Sen. Creigh Deeds (D-25) was stabbed in the face by his son, who later committed suicide. Although the senator was able to get an emergency custody order for his son, it expired before a psychiatric bed could be located the rural western part of the state. That tragedy has prompted a new discussion about mental health in Virginia, one that will culminate at the end of the General Assembly session when lawmakers put the final touches on the budget.

"I certainly can't believe that the need is less," said Weber. "Not when we see the statistics about suicides in the military for example."



Turn unwanted valuables into CASH!

Powerful eBay selling for households and businesses

Single Items • Full Liquidations • Buy-outs

Drop off or call for a pick-up...we'll do the rest!

ezauctioning.com

1320 Prince St., Alexandria, VA 22314 • 703.778.6440

A SENSE OF PLACE

Westminster at Lake Ridge—a community small enough to know your neighbors, yet big enough to support exceptional services and amenities. A place to enjoy nature, visit a nearby quaint historic village or experience the excitement and culture of our nation's capital. You'll discover what so many people have found...a home with a true sense of "place".

Westminster at Lake Ridge
Northern Virginia's Best Kept Secret in Retirement Living

There are just a few places left. Availability is extremely limited. Call today to reserve your place at Northern Virginia's best kept secret in retirement living—Westminster at Lake Ridge.

www.wlrva.org • 703-791-1100
12191 Clipper Drive, Lake Ridge, VA 22192

Comfortable Independent Living

Vinson Hall Retirement Community is a well-respected, nonprofit CCRC located in McLean, VA offering independent residential living for military officers, their immediate family and select government employees of equal rank.

Arleigh Burke Pavilion Assisted Living and Skilled Nursing Care and The Sylvestery Memory Support Assisted Living do not require military affiliation.

VINSON HALL RETIREMENT COMMUNITY
supported by Navy Marine Coast Guard Residence Foundation
6251 Old Dominion Drive, McLean, VA 22101
Please Visit Us at www.vinsonhall.org
703-536-4344

OPINION

On Mental Health

Why are localities providing so much less for people who need mental health services?

While the General Assembly is making progress in fixing some of the egregious shortcomings of the way Virginia provides emergency services to people in mental health crisis, many fewer people are receiving mental health services in Northern Virginia.

State Sen. Creigh Deeds' son died of suicide late last year after the limitations in both the law and local communication resulted in him being released while still in the midst of crisis.

Deeds reports the progress on the bill that has passed the State Senate: "The omnibus bill will require subjects be held up to 24 hours under an emergency custody order, create a database of available psychiatric beds, and ensure people in need of hospitalization cannot be 'streeted' by establishing state hospitals as providers of last resort."

These are important steps.

Services to people with mental illness are provided on the local level by community services boards, and in Fairfax County in particular, those services have been dramatically cut back.

Reporter Michael Pope reports this week that since 2009, the number of people receiving mental health services in Fairfax County has declined by 39 percent. Alcohol and drug service have dropped 43 percent. Services for those with intellectual disability have declined 39 percent.

Officials quoted cite the recession and declining property tax revenues in explaining the reductions, along with some changes in the way services are counted.

EDITORIAL

No matter how services are counted, there is no question that they have been reduced significantly during a recession, a time when research shows the need for mental health services and alcohol and drug services actually increases.

In Arlington, the number of people who receive mental health services has declined by 6 percent. The number of people who receive substance abuse services has decreased by 13 percent.

"Stresses associated with rising unemployment, poverty and social insecurity will lead to upward trends in many national suicide rates, as well as to less readily charted increases in the prevalence of psychiatric illness, alco-

hol-related disorders and illicit drug use," according to a 2011 overview study on economic recession and mental health cited by the National Institutes of Health. "At the same time, mental health services are being cut back as part of government austerity programs. Budget cuts will thus affect psychiatric services adversely just when economic stressors are raising the levels of need and demand in affected populations."

As for blaming the budget, it's hard to see from raw numbers why the most vulnerable should be suffering.

In 2009, before the effects of the recession, Fairfax County's budget expenditures were \$5.36 billion.

The adopted 2014 budget calls for expenditures of \$6.75 billion.

"Proactive fiscal and social policies could, however, help to mitigate the health consequences of recession," the overview study reports. "Economic mental health care could best be achieved, not by decimating services but by planning and deploying these to meet the needs of defined area populations."

Elected officials and others in county government who have signed off on a set of priorities that punishes the most vulnerable populations have some moral accounting to do.

— MARY KIMM

MKIMM@CONNECTIONNEWSPAPERS.COM

LETTERS TO THE EDITOR

Supporting Lifesaving Standards

To the Editor:

My neighborhood is a great place to go for a jog – it's close to the W&OD Trail and the pedestrian-friendly Mosaic District. It's also sandwiched between two major highways and crisscrossed by perpetually busy surface streets. I appreciate that it's accessible, of course, but I also know that running outside exposes me to dangerous pollution from vehicles.

Emissions from cars and trucks contribute to soot and smog, which can cause asthma attacks, heart attacks, strokes, COPD exacerbations, and even premature death.

I have asthma, so on days with unhealthy air quality, I stick to the treadmill. But even on days when the overall air pollution levels are acceptable, people near major roadways are still breathing in unhealthy emissions.

Thankfully, there are new measures in the pipeline that would cost-effectively cut down on vehicle pollution. EPA proposed standards to clean up our gasoline and vehicle emissions that could prevent 2,500 lives per year by 2030. They've garnered the support of public health groups, environmental organizations, and automakers. And now, Congressman Connolly, and 40 other members of the House of

Representatives, are calling on EPA to finalize these standards as soon as possible.

I'm glad my congressman is standing up for our health by supporting these lifesaving standards.

Laura Kate Bender
Vienna

The writer is Coordinator for Virginia Healthy Air Coalition, American Lung Association.

Cruel and Barbaric

To the Editor:

Social Action Linking Together (SALT) is in full support of Virginia Delegate Scott Surovell in his opposition to Virginia embracing the electric chair to execute condemned prisoners. The point that should be made is that it is inhumane; it is cruel and barbaric.

Consider this account reported in a study by Professor Michael L. Radelet of the (University of Colorado): On August 10, 1982, in Virginia, Frank J. Coppola was executed by electrocution. Although no media representatives witnessed the execution and no details were ever released by the Virginia Department of Corrections,

an attorney who was present later stated that it took two 55-second jolts of electricity to kill Coppola. The second jolt produced the odor and sizzling sound of burning flesh, and Coppola's head and leg caught on fire. Smoke filled the death chamber from floor to ceiling with a smoky haze (<http://www.deathpenaltyinfo.org/some-examples-post-furman-botched-executions>).

This account by Radelet is #1 in 42 additional stories of botched executions that he recounts. We can certainly do better than this, unless we want to align ourselves with the cruel and barbaric.

A more critical issue for all of us

is this: Do the guilty forfeit their right to life? Is execution the means of administering justice for various crimes?

Supporting Safe Hunting

To the Editor:

The bill before the State Senate to allow hunting on Sundays applies only to private property and will not impinge on anyone's enjoyment of public lands. Most of us only get the weekends off of work and it is silly to prevent landowners from hunting on their own property during half of their free time. Hunting brings numerous economic and environmental ben-

efits to all Virginians and I encourage the editors and readers to view the Virginia Department of Game and Inland Fisheries list at: <http://www.dgif.virginia.gov/hunting/benefits/>

The safe practice of hunting should be supported rather than discouraged.

Christopher Yurasko
Burke

Vienna & Oakton
CONNECTION

www.ConnectionNewspapers.com

An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by
Local Media Connection LLC

1606 King Street
Alexandria, Virginia 22314

Free digital edition delivered to your email box. Go to connectionnewspapers.com/subscribe

NEWS DEPARTMENT:
To discuss ideas and concerns,
Call: 703-778-9410
e-mail:
vienna@connectionnewspapers.com

Kemal Kurspahic
Editor ♦ 703-778-9414
kemal@connectionnewspapers.com

Amna Rehmatulla
Editorial Assistant
703-778-9410 ext.427
arehmatulla@connectionnewspapers.com

Bonnie Hobbs
Community Reporter ♦ 703-778-9438
bhobbs@connectionnewspapers.com

Donna Manz
Contributing Writer
dmanz@connectionnewspapers.com

Victoria Ross
County Reporter ♦ 301-502-6027
vross@connectionnewspapers.com

ADVERTISING:
For advertising information
e-mail:
sales@connectionnewspapers.com

Don Park
Display Advertising
703-778-9420
donpark@connectionnewspapers.com

Andrea Smith
Classified Advertising
703-778-9411
classified@connectionnewspapers.com

Debbie Funk
National Sales
703-778-9444
debfunk@connectionnewspapers.com

Editor & Publisher
Mary Kimm
703-778-9433
mkimm@connectionnewspapers.com
@MaryKimm

Executive Vice President
Jerry Vernon
jvernon@connectionnewspapers.com

Editor in Chief
Steven Mauren
Managing Editor
Kemal Kurspahic
Photography:
Deb Cobb, Craig Sterbutzel
Art/Design:
Laurence Foong, John Heinly
Production Manager:
Geovani Flores

Special Assistant to the Publisher
Jeanne Theismann
703-778-9436
jtheismann@connectionnewspapers.com
@TheismannMedia

CIRCULATION: 703-778-9426
Circulation Manager:
Linda Pecqueux
circulation@connectionnewspapers.com

2012
AWARD
WINNING
NEWSPAPER
Virginia
PRESS
Association

NEWS

Oakton High Wins Third Place in Herndon Improvathon

The improv team from Oakton High School display their award from the February Improvathon at Herndon High auditorium. Members of the Oakton team included Michael Williamson, Chais Collins, Rob Condas, Madison Carter, Maximilian Torti, Joe Walker, Christine Cox, Camille Baechler, Neil Totten, and Hunter Carrico. Oakton won the third place among eight teams competing.



PHOTO BY RYAN DUNN/ THE CONNECTION

WEEK IN VIENNA

Train Station Open House

The Vienna Train Station, on Dominion Road along the W&OD trail, will be open to the public Saturday, Feb. 15, from 1-5 p.m. The open house is hosted by the Northern Virginia Model Railroaders and boasts a realistically depicted model railroad that existed in North Carolina in the 1950s. Free admission; donations accepted. For more information, visit www.nvmr.org.

Beware of Scam Callers

Town of Vienna police are warning residents to beware of scam callers. They say residents have reported receiving telephone calls by people claiming to be a relative who's been arrested. The caller says he or she is in jail and needs money to get bailed out. The caller then requests credit-card information and/or asks for the victim to wire funds via Western Union or another transfer company.

In addition, residents have also gotten phone calls from people telling them they've won money. However, to receive it, they're told they must make a payment, either by Western Union or a Green Dot Card, to pay for the taxes on the winnings.

But, say police, "[Both of] these types of calls are scams. Never send money or provide your personal information unless you have verified the validity of the caller."

Chili Cook-Off Feb. 23

A Chili Cook Off is slated for Sunday, Feb. 23, from 5-8 p.m., at American Legion Post 180 at 330 Center St. N. in Vienna. Cost is \$8; call 703-938-9535 for information.

Kids and Healthy Relationships

A free, parent workshop, "How to Talk to Your Kids about Healthy Relationships," will be held Wednesday, Feb. 26, from 7:30- 9 p.m., at the Club Phoenix Teen Center, 120 Cherry Street SE.

This workshop is designed to help parents under-

stand what a healthy teen relationship looks like and the warning signs of an unhealthy relationship. Pre-register by contacting Tammy Funk at 703-255-5736 or tfunk@viennava.gov.

Music Contest Feb. 22

The 52nd Annual James A. Bland Music Contest, sponsored by the Vienna Host Lions Club, will be held Saturday, Feb. 22, at 1 p.m., at the Vienna Assembly of God Church, 100 Ayr Hill Ave. The contest will include vocalists and instrumentalists who'll each present a song or piece of no more than eight minutes and will be judged by local experts in their field.

Cash prizes will be awarded to first- and second-place winners in each category. The first-place winners move up to the next level of competition. For more information and an application, contact Lion Nancy Volpe at 703- 938-7716, 703-851-1313 or n.volpe8@verizon.net. Application deadline is Monday, Feb. 17.

Experience Northside Park at Night

Experience the outdoors at night and get to know the nighttime wildlife at Northside Park (entrance by the W&OD Trail) on Sunday, Feb. 16, beginning at 4:45 p.m.

Lead by a naturalist, "Owl Walk" will provide participants with the opportunity to experience the park at night and use their ears instead of their eyes to identify wild neighbors.

The tour will include a presentation on the animals you might hear or see in the park. The presentation will begin at 4:45 p.m. with the children's portion beginning at 5 p.m., followed by a 20 minute walk through the park.

Participants should meet at the Northside Park entrance off of the W&OD Trail. Participants should bring a flashlight and wear good walking shoes.

Owl Walk is free and no registration is required. You do not have to be a resident of Vienna to participate; appropriate for all ages. For more information, visit www.viennava.gov or call 703-255-6360.

60-75% Off Pottery
Oriental Fishbowls, Orchid and Bonsai Pots now **40% Off**
Lowest Prices since 2008!

It's Spring in Our Greenhouse!
Primroses, Citrus, Succulents and More!

25%-75% OFF
Trees, Shrubs & Perennials

Landscape/Hardscape Sale
Off-Season Pricing
Best Prices of the Year!
Patios, Walkways, Retaining Walls, Landscaping
FREE ESTIMATES!

Cravens Nursery & Pottery
9023 Arlington Blvd., Fairfax, Virginia
2 miles west of I-495 on Rt. 50.
1 mile from I-66 (Vienna Metro)
703-573-5025
Open 7 days a week
Visit our new Web site: www.cravensnursery.com

The Weight Loss Method That Just Makes Sense!

Upcoming Free Seminars at Loebig Chiropractic & Rehab
February 13
February 27
March 13
March 27



Over 50 Gourmet foods to enjoy!

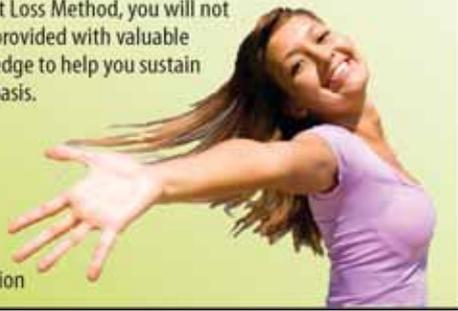
New Year New You!

Over 6,931 pounds lost in our clinic!

LOEBIG CHIROPRACTIC & REHAB
Dr. Glenn Loebig & Dr. Andrew McGuire
754 Walker Road
Great Falls, VA 22066
703-757-5817
www.LoebigChiropractic.com

Convenient Weekend & Evening Hours Available!

- With the Ideal Protein Weight Loss Method, you will not only see results, but also be provided with valuable educational nutrition knowledge to help you sustain your results on a long-term basis.
- Developed and Endorsed by Medical Doctors.
- Dedicated Coaches provide weekly support sessions and ongoing education



- lost (adj): 1. unable to find the way.
2. not appreciated or understood.
3. no longer owned or known



Helping Animals Find Their Way Since 2001

Adopt/Donate/Volunteer
www.lostdogandcatrescue.org

Make A Difference in Your Community!

Run for a seat on the McLean Community Center Governing Board

PUBLIC NOTICE OF ELECTIONS

McLEAN COMMUNITY CENTER GOVERNING BOARD SMALL DISTRICT 1A OF THE DRANESVILLE DISTRICT FAIRFAX COUNTY, VIRGINIA

This **NOTICE** of elections to select members of the 2014-2015 Governing Board of the McLean Community Center (MCC) is officially given to residents of Small District 1A of the Dranesville District, Fairfax County, Virginia (referred to as "Small District 1A"). The McLean Community Center operates as a Special District Agency of the Fairfax County Government through a Memorandum of Understanding between the Fairfax County Board of Supervisors and MCC. On February 8, 1984, the Board of Supervisors approved the Memorandum of Understanding, which authorizes the elections. The MCC is funded by residents of Greater McLean for their use through a real estate tax surcharge, the result of a 1970 Small District 1A bond referendum.

Elections are held on **McLean Day** at Lewinsville Park, 1659 Chain Bridge Road, McLean, Virginia. This year, McLean Day is on **Saturday, May 17, 2014**.

Voting on McLean Day takes place from 10:30 a.m. to 5 p.m.

Only Small District 1A residents are eligible to run for seats on the 11-member Governing Board and to vote in the election. Residents are not required to be property owners in Small District 1A in order to run for the Governing Board or to vote in the election.

Candidate Qualifications: Each resident who lives within Small District 1A is eligible to run for a seat on the Governing Board within the appropriate category. (If you need help determining whether you reside in Small District 1A, please contact the Center at 703-744-9348 or elections@mcleancenter.org.)

The Governing Board seats to be filled through the election are:

Three (3) Adult Governing Board Seats: Adult candidates must be residents of Small District 1A and must be at least eighteen (18) years of age on McLean Day. The candidates who receive the three (3) highest numbers of votes will serve three-year terms on the Governing Board.

Two (2) Youth Governing Board Seats:

One (1) Governing Board youth seat for teens living within the McLean High School boundary area

One (1) Governing Board youth seat for teens living within the Langley High School boundary area

Teen candidates must live in Small District 1A and must be between fifteen (15) and seventeen (17) years of age on McLean Day. One candidate from each high school boundary area receiving the highest number of votes will serve a one-year term on the Governing Board. High school boundaries are set by the Fairfax County Public Schools. You can find your high school boundary area by entering your home address in the Fairfax County Public Schools' boundary tool at <http://boundary.fcps.edu/boundary>.

NOTICE TO TEENS: You must live within Small District 1A. However, you *do not* have to attend either McLean or Langley high schools. You may attend another school, including one that is outside of Small District 1A, or you may be home schooled.

In some cases, you may live within the boundary of one of the two high schools, but attend school in the other high school boundary. For example, you could attend McLean High School, but live in the Langley High School boundary, or vice versa.

You must run for the youth board seat for the high school boundary area where you live.

Remember: No matter where you attend school, you must still live within Small District 1A and run for election in the correct high school boundary area. (If you need help, please contact the McLean Community Center at 703-744-9348 or elections@mcleancenter.org.)

Candidate Petitions: Nominating Petitions may be obtained at the McLean Community Center, 1234 Ingleside Avenue, McLean, Virginia, 22101, beginning at 9 a.m. on **Tuesday, February 18, 2014**.

Adults seeking to become candidates for a seat on the Governing Board must get the signatures of ten (10) residents of Small District 1A who are 18 years old or older (on McLean Day). Teens seeking to become candidates for a youth seat on the Governing

Board must get the signatures of ten (10) residents of Small District 1A who are between 15 to 17 years old (on McLean Day), **and** who live within the same high school boundary area as the candidate lives.

DEADLINE: Each resident seeking election to the Governing Board shall file a completed petition with the MCC at the address shown below by **5 p.m. on Friday, March 28, 2014:**

McLean Community Center, 1234 Ingleside Avenue, McLean, VA 22101

All petitions will be certified by **Friday, March 28, 2014**; candidates will be notified whether their petitions have been certified by that date. The names of certified candidates will be published in newspapers having general circulation in the Dranesville District.

Voter Qualifications: Each resident who *lives* within Small District 1A is eligible to vote in the Governing Board elections (within the adult or youth categories, as appropriate).

When voting in the elections, the qualifications are:

Adults: Any Small District 1A resident who is eighteen (18) years of age or older on McLean Day is eligible to vote in the elections. Adults may vote for up to three (3) adult candidates.

Teens: Any resident who is fifteen (15) through seventeen (17) years of age on McLean Day is eligible to vote in the elections. Teens may vote for one youth candidate from each high school boundary area (but not for two candidates in the same high school boundary area).

High school students who turn 18 on or before McLean Day must vote as adults and may not vote for youth candidates.

Verification of age and residence shall be determined from a driver's license, student identification card, birth certificate, or other satisfactory evidence. A verification process also is required for residents choosing to apply for absentee voting.

Absentee Voting: Residents may vote by absentee ballot. Applications for Absentee Ballot packages will be available at the McLean Community Center, 1234 Ingleside Avenue, McLean, Virginia, 22101 beginning on **Monday, April 14, 2014** at 9 a.m. Applications for Absentee Ballot packages may be requested in-person, by email at elections@mcleancenter.org, and by telephone at 703-744-9348. Please also refer to the Center's Website for updated information regarding the absentee voting process (www.mcleancenter.org). The **DEADLINE** for returning a **completed and signed Application for Absentee Ballot and the Absentee Ballot** to the MCC is **Wednesday, May 14, 2014, at 5 p.m.**

Election Results: Election results will be posted on the door of the McLean Community Center on the evening of the elections. The McLean Community Center's Elections & Nominations Committee will report the results of the elections to Dranesville Supervisor John W. Foust, who will present the successful candidates to the Fairfax County Board of Supervisors at its next regular meeting following the elections. At that meeting, the Fairfax County Board of Supervisors, after determining that it is in the public interest to do so, shall appoint to the McLean Community Center Governing Board:

The three (3) adult candidates who received the top three (3) highest number of votes

Two (2) youth candidates – the candidate who received the highest number of votes in each of the two (2) high school boundary areas

The appointment of new Board Members shall be effective upon action by the Fairfax County Board of Supervisors. Newly appointed Board Members will take office when they attend their first meeting of the 2014-2015 Governing Board. The 2014-2015 Governing Board's term runs from May 2014 through May 2015.

For more information about the elections, please call 703-744-9348 or email the McLean Community Center at elections@mcleancenter.org.

Chair
Elections & Nominations Committee
McLean Community Center Governing Board



CALENDAR

Send announcements to vienna@connectionnewspapers.com. Deadline is Friday for the following week's paper. Photos/artwork encouraged.

WEDNESDAY/FEB. 12- FRIDAY/FEB. 28

Fine Arts Photography Exhibition. Great Falls Library, 9830 Georgetown Pike, Great Falls. Great Falls artist Richard Suib depicts many scenes from Venice, Florence, Slovenia, and Russia.

THURSDAY/FEB. 13

Artist Demonstration. 10:30 a.m. Vienna Art Center, 115 Pleasant St., NW, Vienna. Watch Shari MacFarlane demonstrate her semi-abstract method of developing acrylic paintings in response to music and her intuition. Free.

Code 20: Proceed to Improv. 7-9 p.m. Old Firehouse Teen Center, 1440 Chain Bridge Road, McLean. A free, coffeehouse-style night of improv and open mic performances hosted by Studio Rep. Audience members are encouraged to join in the improv or jam out during open mic.

Buckwheat Zydeco. 8 p.m. The Barns at Wolf Trap, 1635 Trap Road, Vienna. Free.

FRIDAY/FEB. 14- SATURDAY/FEB. 15

La Cage aux Folles. 8 p.m. Alden Theatre, 1234 Ingleside Ave., McLean. Georges, the owner of a popular drag nightclub in San Tropez, and Albin, the club's star, have lived in unwedded bliss for twenty years. Jean-Michel, the son they have raised together, throws the happy household into hilarious turmoil by announcing that he is going to marry the daughter of an ultra-conservative politician. www.McLeanPlayers.org or 866-811-4111.

SATURDAY/FEB. 15

John Eaton: The Fabulous Forties. 7:30 p.m. The Barns at Wolf Trap, 1635 Trap Road, Vienna. This renowned jazz pianist showcases a reverent and inventive take on the Great American Songbook. Tickets: \$25-\$27. www.wolftrap.org/

SUNDAY/FEB. 16

La Cage aux Folles. 2 p.m. Alden Theatre, 1234 Ingleside Ave., McLean. Book by Harvey Fierstein, music and lyrics by Jerry Herman, based on the novel by Jean Poiret. Georges, the owner of a popular drag nightclub in San Tropez, and Albin, the club's star, have lived in unwedded bliss for twenty years. Jean-Michel, the son they have raised together, throws the happy household into hilarious turmoil by announcing that he is going to marry the daughter of an ultra-conservative politician. www.McLeanPlayers.org or 866-811-4111.

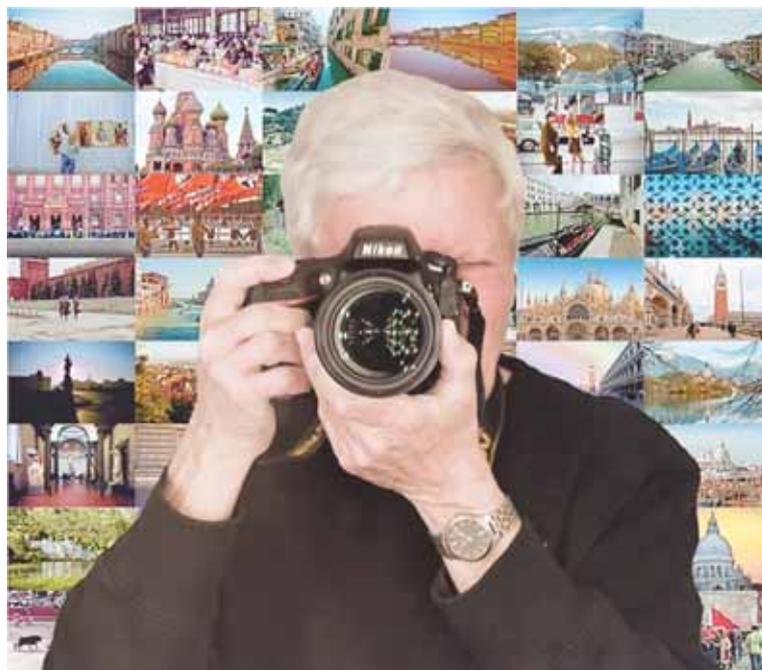
Breakfast Buffet. Vienna American Legion, 330 Center St, N, Vienna. Adults \$8, children \$3: omelets, scrambled eggs, blueberry pancakes, bacon, etc. Open to the public. Proceeds benefit Girls State. Call 703-938-1379.

TUESDAY/FEB. 18

23rd Annual Board of Supervisors Breakfast. 7 a.m. - 9:30 a.m. Hyatt Fair Lakes, Fairfax.

THURSDAY/FEB. 20

Dance and Dessert. 7:30 p.m. Old Firehouse Teen Center, 1440 Chain Bridge Road, McLean. Regional choreographers will showcase and



Take a look at Great Falls artist, Richard Suib's photographs from all parts of the world at the Great Falls Library. Exhibit will be on display until Feb. 28



"Birch Forest," acrylic by Shari MacFarlane. Join MacFarlane on Thursday as she demonstrates her semi-abstract method of creating acrylic paintings at the Vienna Art Center.

discuss their latest works-in-progress with lots of opportunities for audience members to ask questions.

FRIDAY/FEB. 21

Senior Tea. 1 p.m. ArtSpace Herndon, 750 Center Street, Herndon. Every month seniors are invited to visit the gallery to view the current exhibit and enjoy a cup of tea. Free and open to the public.

Artist Talk with Eric Celarier. 7 p.m. McLean Project for the Arts, 1234 Ingleside Avenue, McLean. McLean Project for the Arts (MPA) will present a talk by exhibiting artist Eric Celarier. This presentation will cover artists who use trash to touch on subjects as far ranging as globalization, environmentalism, consumerism, classicism and colonialism. Free, but reservations are suggested. Please email Info@mpaart.org or call 703-790-1953.

SATURDAY/FEB. 22

Winter Wine Tasting. 7 p.m. River Bend Country Club, 375 Walker Rd, Great Falls. Great wines, hors d'oeuvres, cheese and company. \$45 per person, tickets available online until Feb. 18. www.celebrategreatfalls.org/Tickets.html

MPA Workshop for ages 9 - 14 with

artist Eric Celarier: Anatsui and Reuse Art. 1-4 p.m. McLean Project for the Arts, 1234 Ingleside Avenue, McLean. A special opportunity for young people to work with exhibiting artist, Eric Celarier. During this workshop, 9 - 14 year olds will create a woven piece from waste materials, similar to the work of well-known African artist El Anatsui. \$10 per person. Register for the workshop at www.mcleancenter.org

Langley Fashion Show. 7 p.m. Langley High School, 6520 Georgetown Pike, McLean. The students in Langley's Advanced Fashion Marketing are in charge of the planning and production of the show. Fashion students have been working on the event for months. Over 100 students participate as well as some of the Langley administration and faculty. Tickets are \$10 in advance or \$15 at the door. Email tmpoythress@fcps.edu for more information.

SUNDAY/FEB. 23

Young Soloists Recital. 3 p.m. McLean Project for the Arts, 1234 Ingleside Avenue, McLean. The recital will feature young violinists and pianists. It will include music by Haydn, Rachmaninoff, Debussy, Hamelin, Bartok, Beethoven, Vieuxtemps, and Chopin. 703-620-9535.



FROM NOVA SCOTIA
GRAND DÉRANGEMENT
SATURDAY, FEB. 22 AT 8 P.M.



facebook.com/thealden
twitter.com/@thealdenva
1234 Ingleside Ave., McLean, VA 22101



WWW.ALDENTHEATRE.ORG



Be Part of The Pet Connection in February

Send Your Photos & Stories
Now to
vienna@connectionnewspapers.com
or complete our online form at
viennaconnection.com

Be sure to include your name,
address and phone number, and
identify all people and pets in photos.
Submission deadline is February 20.



McLean Community Center
The Center of It All



Here's What's Happening at MCC

Studio Rep
"Code 20: Proceed to Improv"
Thursday, Feb. 13, 7-9 p.m.
Old Firehouse Teen Center
Free admission

Dance and Dessert
Thursday, Feb. 20, 7:30 p.m.
Free admission



Grand Dérangement
Saturday, Feb. 22, 8 p.m.
\$20/\$15 MCC district residents

Sunday Soirée Dance
Sunday, Feb. 23, 3-5 p.m.
Admission: \$5



First U.S. Tour, Ireland's Own Caladh Nua
Saturday, March 1, 8 p.m.
\$25/\$18 MCC district residents

Leland Faulkner in "World of Wonder"
Sunday, March 2, 2 p.m.
\$15/\$10 MCC district residents

The McLean Community Center
www.mcleancenter.org
Home of the Alden Theatre
www.aldentheatre.org



1234 Ingleside Ave.
McLean, VA 22101
703-790-0123, TTY: 711



VALENTINE'S WEEKEND

Romantic Events Happening in the Fairfax County area

BY AMNA REHMATULLA
THE CONNECTION

Enjoy your Valentine's Day by heading off to one of these events this weekend.

THURSDAY/FEB. 13 – FRIDAY/FEB. 14
Great Falls Nails & Spa Valentine's Day Chocolate Fountain. Great Falls Nails & Spa, 731 Walker Road, #H1, Great Falls. Come by for Valentine's Day and enjoy refreshments and chocolate fountain with fresh fruit. 703-759-7808.
Les Misérables. 8 p.m. Reston Community Center, 2310 Colts Neck Road, Reston. Les Misérables is the perfect Valentine's Day musical. "Loves of all types are represented," Alana Dodds Sharp said. "Love of a child, love of comrades, romantic love, unrequited love, Les Misérables has it all." Purchase tickets: www.restonplayers.org.

THURSDAY/FEB. 13- SUNDAY/FEB. 16
Wildfire's Special Valentine's Menu. \$85 per couple. Wildfire Restaurant, Tysons Corner, 2001 International Drive, McLean. Guests can indulge in all of their Wildfire favorites, including Crab Stuffed Mushrooms, Spinach & Artichoke Fondue, Wildfire Chopped Salad, Roasted Prime Rib of Beef or Parmesan Crusted New York Strip. Call 703-442-9110 for reservations.

FRIDAY/FEB. 14
Valentine's Day Chocolate Buffet. 6-10 p.m. The Ritz-Carlton, 1700 Tysons Boulevard, McLean. Entyce, Wine Bar & Lounge will offer an impressive chocolate buffet with seven different dessert options crafted by their pastry kitchen. Satisfy your loved one's sweet tooth with their dessert creations. \$25 per person, seating on first come, first serve basis.
Valentine's Day Latin Style. La Sandia Mexican Kitchen, 7852L Tysons Corner Center, McLean. Show some Latin Love this Valentine's Day with a 3-Course dinner and signature beverage or cocktail for \$29 per person. A taste of what's on the menu: Shrimp and Crab Empenadas, Chile Relleno, Pasilla Lava Cake, and more. Call for reservations 703-893-2222.

Chaise Lounge. 8 p.m. Wolf Trap, 1635 Trap Road, Vienna. Love and Kisses, Swings and Misses A Valentine's Day Celebration Smooth '60s-inspired big-band jazz featuring a sultry female vocalist and a sophisticated "sound that is musically tight and always swinging" (Fanfare Magazine). Tickets: \$25. <http://www.wolftrap.org>

Horse-Drawn Carriage Rides. 5:30-9:30 p.m. Reston Town Center, Market Street, Reston. Spend Valentine's Day the old-fashioned way this year by taking a stroll in a horse-drawn carriage through the streets of Reston Town Center. Pick up location by Talbots on Market Street. All proceeds benefit Volunteer Fairfax. Tickets: \$5/person. Children under 5 ride free.

SATURDAY/FEB. 15
Les Misérables. 2 & 8 p.m. Reston Community Center, 2310 Colts Neck Road, Reston. Les Misérables is the perfect Valentine's Day musical. "Loves of all types are represented," Alana Dodds Sharp said. "Love of a child, love of comrades, romantic love, unrequited love, Les Misérables has it all." Purchase tickets: www.restonplayers.org.

"Music of the Heart." 8 p.m. George Mason University Center for the Arts, 4400 University Drive, Fairfax. Take part in an evening of romantic music that blends popular and classical styles with pianist Peter Nero. Tickets are \$30-\$60. Tickets are half price for youth through grade 12. Visit the box office (open Tuesday through Saturday, 10 a.m. to 6 p.m.) or charge by phone at 888-945-2468 or visit cfa.gmu.edu.

Valentine's Day Chocolate Buffet. 7-10 p.m. The Ritz-Carlton, 1700 Tysons Boulevard, McLean. Entyce, Wine Bar & Lounge will offer an impressive chocolate buffet with seven different dessert options crafted by their pastry kitchen. Satisfy your loved one's sweet tooth with their dessert creations. \$25 per person, seating on first come, first serve basis.

Valentine's Ballroom Dance. 8-9 p.m. Tango lesson, 9-11:30 p.m. dance. Colvin Run Dance Hall, 10201 Colvin Run Road, Great Falls. DJ music from Craig Bukowski playing favorite dance tunes from the 1930s to today. Attire is ballroom casual, no partner or experience is needed. \$15 for the evening. 703-759-2685 or www.colvinrun.org.

Save the Date
A Casino Night to Benefit the Boys & Girls Clubs of Greater Washington, Fairfax County Region

Save the Date!
Friday, March 7th, 2014
6:30pm – 11:30pm
The Ritz-Carlton, Tysons Corner

Tickets
\$95 Per person
\$175 Per Couple
Special Overnight Room Rate of \$119

Includes:
• Open Bar
• Dinner Buffet
• Casino
• Dancing

Live and Silent Auction Prizes Include:
• Weekend Get-a-ways
• Dinners at Award Winning Restaurants
• Hotel, Dinner and Limo Packages
• Pro-Sporting Event Tickets
• For More Information Visit our Website www.bgcgw.org/fairfax/casino-night



Guests receive funny money and a bidder number. Use your winnings from Black Jack, Texas Hold 'Em, Craps towards raffle tickets for fabulous prizes. The more chips you accumulate at the gaming tables the better your chances to win GREAT RAFFLE prizes at end of evening.



Benefit the Boys & Girls Clubs of Greater Washington, Fairfax County Region

For a free digital subscription to one or all of the 15 Connection Newspapers, go to www.connectionnewspapers.com/subscribe

Be the first to know – get your paper before it hits the press.

Complete digital replica of the print edition, including photos and ads, delivered weekly to your e-mail box.

Questions?
E-mail: goinggreen@connectionnewspapers.com



THE CONNECTION
NEWSPAPERS

Home LifeStyle

Home Design: What the Pros Know

A look inside the homes of some of the area's top builders.

BY MARILYN CAMPBELL
THE CONNECTION

Remodeling industry professionals spend their days helping clients create dream homes, adding quartzite countertops and outdoor, stacked stone fireplaces, turning ideas and photos into functional, chic living spaces.

But what about their homes? What materials do they choose for themselves? How do they make the most of their living spaces? Three local professionals from BOWA Builders, Inc. opened their doors and shared the secrets of their renovations.

When principal and owner George Hodges-Fulton and his wife, Alexandra, decided to remodel the galley kitchen in their Reston home, they decided to expand and change the flow of traffic, keeping the safety of their 6- and 10-year-old daughters in mind.

"We wanted to open the house up more," said George. "We took out a wall between kitchen and the dining room."

Alexandra, a serious cook, added, "The sink and the stove were across from each other. Now the sink and the stove are next to each other, so I don't have to walk across the kitchen carrying hot pasta."

Plus, the new farmhouse sink is custom-made from honed granite. "I originally wanted soapstone, but over time that can scratch," Alexandra said.

The new kitchen also includes additional counter space. "I have more prep space," she said. "And everything I need is within arm's reach."

When it came to choosing finishes, "everything came from wanting to work with the [existing maple] floor," said George. "We wanted to choose classic colors that weren't going to go out of style."

"I spent a huge amount of time looking at pictures of kitchens," said Alexandra. "We added white Carrara marble countertops. ... We added a marble backsplash in a black, white and grey circular mosaic. That's the thing that everybody comments on when they

come into the kitchen."

The project took a mere five weeks to complete. "Everything happened perfectly," added George. "Having on-site supervision and knowing the end goal helped."

George says that having undergone his own renovation project, he now has additional insight when advising clients. "It makes a significant difference," he said. "We can say 'In my house I did this.' or 'I did this wrong in my house, so you might consider this.'"

When principal and owner Steve Kirstein first moved into his Potomac, Md., home with his wife and three children, he spotted several missed design opportunities. "We needed some of the spaces to do different things," said Kirstein. "We wanted a family gathering

space and a display space upstairs."

The home had a two-story foyer, which Kirstein saw as the perfect location for a second floor family room. He added "flooring, sheetrock walls, built-in bookcases and display cases. Now it's a gathering space for the family upstairs and we still have a dramatic foyer downstairs."

Next, Kirstein turned what he called, "a big wasted space" adjacent to the garage into a mudroom. "We put a cubby and drawer for each child and a bench for taking off shoes. We added a half wall across from the cubbies so you can't see all of the cleats and lacrosse sticks all over the floor. We also added a powder room."

Kirstein also transformed his

SEE PROS, PAGE 15



View from the interior of BOWA founder Josh Baker's Great Falls home. Casual entertaining spaces include the open first floor and pool.

PHOTO COURTESY OF BOWA BUILDERS, INC./GETTY IMAGES



PHOTO COURTESY OF BOWA BUILDERS, INC.

The recently remodeled kitchen of building professional George and Alexandra Hodges-Fulton. Their Reston home includes classic colors and a peninsula where the family eats breakfast.

Your Guide through Every Step

BEFORE

From early planning to the first great meal, let BOWA be your *guide* through every step of the remodeling experience. BOWA transforms houses into homes™ through the design and construction of luxury renovations and additions. As your single point of accountability from the earliest stages of planning, we execute and manage the entire design and construction process and your overall experience. So, when you have a project of any size in mind, call BOWA first.

Celebrating 25 years of helping families improve their lives at home

Transforming Houses into Homes

Craig Burnett
Project Leader
703-734-9050
www.bowa.com

DESIGN & CONSTRUCTION • RENOVATIONS & ADDITIONS • PURCHASE CONSULTATIONS • CONDOMINIUM REMODELING

SPORTS

Oakton Gymnastics Team Qualifies For Regional Meet

Herndon freshman Bradley advances in all-around competition.

BY JON ROETMAN
THE CONNECTION

The Oakton gymnastics team entered the Conference 5 meet with the smallest roster of the six competing schools. The Cougars performed well in multiple events, but failed to have an individual advance to regionals in the all-around.

None of it stopped Oakton from reaching regionals.

The Cougars finished runner-up at the conference meet on Feb. 6 at Centreville High School, securing one of two team region berths. Oakton had the top score on bars and had the second-best score on beam.

“We feel that’s where we differ from a lot of teams, especially being the smallest squad in our conference,” Oakton coach Frankie Orbacz wrote in an email. “Everyone has a ton of talent and everyone contributed equally to our fantastic team score. Most other teams have a few standouts that lead the team and sweep the medals, but we really have so much talent in every girl. We are very well-rounded. Standings-wise, four of our eight girls medaled and placed, which means half of our team would have advanced to regions if we hadn’t made it as a team. We were so impressed! That’s a pretty fantastic showing.”

SOPHOMORE NATALIE WEAVER was Oakton’s top individual performer. She placed fifth in the all-around with a score of 34.475, including a second-place tie on beam (9), a fourth-place finish on bars (8.55) and an eight-place tie on floor (8.375).

“Natalie, as always, pulled off a near-flawless night,” Orbacz wrote. “We felt she was underscored on floor but regardless of that, she was still successful. She was one rank



PHOTO CONTRIBUTED

The Oakton gymnastics team finished runner-up at the Conference 5 meet on Feb. 6 at Centreville High School.

away from placing in all-around. With the talent that was there, that is a huge accomplishment. Our conference is very close and has many great high-level gymnasts, and we feel that Natalie is right up in the mix with them, despite placing fifth.”

Oakton sophomore Amanda Gore tied for fifth on vault (8.7) and freshman Stephanie Weir finished fifth on bars (8.5). Junior Nathalia Rojas tied for fifth on beam (8.8).

Robinson won the team championship with a score of 135.4. Oakton finished second with a score of 132.575, followed by Westfield (130.575), Chantilly (129.65), Herndon (122.45) and Centreville (105.375).

“They definitely performed very well today,” Robinson head coach Charlotte Edwards said. “They were more consistent than they normally are. ... We’re definitely peaking at the right time.”

It was Robinson’s second conference/district title in the last three years (2012).

IN THE ALL-AROUND COMPETITION, the final results surprised

Herndon’s Alexa Bradley. She had a strong effort on bars and gave an adequate performance on floor, but from an all-around standpoint, the freshman gymnast knew she could have done better.

While she had reason to doubt, Bradley’s performance proved strong enough to earn her an all-around berth in the regional meet.

Bradley tied for third in the all-around, totaling a score of 34.5. The top four all-around competitors advance to regionals, along with any other gymnast who produces a score of 35 or better.

Bradley placed second on vault (9.05) and bars (8.825), fifth on floor (8.575) and 15th on beam (8.05). The top eight in each event secure a regional berth, along with any other gymnast who scores a 9 or better.

“I was really surprised that I made it for



PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

Natalie Weaver tied for second on beam and helped the Oakton gymnastics team qualify for regionals during the Conference 5 meet on Feb. 6 at Centreville High School.

the all-around,” Bradley said. ... “I knew I was going to make it to some events, but top four for all-around is really surprising because I didn’t do my best.”

Herndon sophomore Shannon Kelly will join Bradley at the 6A North region meet on Feb. 12 at Lake Braddock. Kelly qualified on floor with a fourth-place finish (8.725), and on vault, tying for fifth (8.7).

Westfield senior Katie Freix won the all-around with a score of 36.925. She placed first on floor (9.525), vault (9.5) and bars (9.1), and finished in a fifth-place tie on beam (8.8).

“I had probably close to my best performance,” Freix said, “except for beam.”

Robinson freshman Caroline Burda finished second in the all-around (34.9) and Rams senior Sarah Gross tied for third (34.5).

SPORTS BRIEFS

Langley’s Alex Andrejev Named VHSCA Volleyball POY

Langley setter/right side hitter Alex Andrejev was named the Virginia High School Coaches Association’s volleyball Player of the Year. Andrejev helped the Saxons win the 2013 6A state championship.

Langley outside hitter Jessica Donaldson earned first-team all-state honors.

Langley Wrestling Places Third, McLean Fourth at Conference Meet

The Langley wrestling team placed third and McLean finished fourth at the Conference 6 meet on Feb. 8 at Hayfield Secondary School. Langley sent 10 grap-



CONNECTION FILE PHOTO

Langley’s Alex Andrejev was named Virginia High School Coaches Association volleyball Player of the Year.

plers to regionals and the Highlanders had seven qualify.

McLean’s Conor Grammes and Brendan

Grammes each won conference championships.

McLean Girls’ Basketball Improves to 19-1

The McLean girls’ basketball team won its sixth consecutive game on Feb. 7, edging Fairfax 47-45 to improve to 19-1.

The Highlanders face Madison on Tuesday, after The Connection’s deadline. McLean will conclude the regular season with a road game against South Lakes at 5:45 p.m. on Friday, Feb. 14.

McLean Boys’ Basketball Wins Back-to-Back Games

The McLean boys’ basketball team bounced back from a four-game losing streak with back-to-back wins against

Yorktown (44-41 on Feb. 4) and Fairfax (56-54 Feb. 7) to improve to 7-13.

The Highlanders faced Madison on Tuesday, after The Connection’s deadline. McLean will conclude the regular season with a road game against South Lakes at 7:30 p.m. on Friday, Feb. 14.

Great Falls Soccer Spring Registration Open

Great Falls Soccer spring registration is open to all ages. Go to www.Greatfallsoccer.com and look under programs for both recreation and travel soccer teams.

Contact Sue Rissing at 703-915-1839 or administrator@greatfallsoccer.com for questions.

ENTERTAINMENT

An Inspired Production

'Souvenir: A Fantasia on the Life of Florence Foster Jenkins' at 1st Stage.

BY DAVID SIEGEL
THE CONNECTION

With a masterful performance by Lee Mikeska Gardner, an eccentric woman is made thoroughly sympathetic, even noble in an exceptional production of "Souvenir: A Fantasia on the Life of Florence Foster Jenkins" at 1st Stage in Tysons.

What could have been a cruel, campy dig at a now long-gone, off-key, real life heiress becomes a lovely, off-center, treasure under the direction of Jay D. Brock. The two-actor play and incidental music were written by Stephen Temperley.

"Souvenir" is seen through the eyes of Cosme McMoon, the musical accompanist of Mrs. Jenkins. The story line is about Jenkins, who "fancied herself a coloratura soprano but was in fact incapable of producing two consecutive notes in tune" as 1st Stage described her. Her actual concerts with pianist McMoon in the 1930s and '40s included a legendary appearance at Carnegie Hall in 1944. Over the dozen years that two were together, they became the

talk of New York City. In their own way they became cult figures. They even cut records.

Gardner's performance as Florence Foster Jenkins has a golden sweetness to it. For some the fictional television character Edith Bunker may come to immediate memory. Gardner's work includes a manufactured, cringe worthy, screech of a singing voice. This is no easy feat. She acts totally unaware of her horrendous singing, no matter what the reaction of her on-stage partner or the real audience.

As played by Brian Keith MacDonald, McMoon is an understated chivalric, protector. He knows how badly Jenkins sings but comes to admire her drive to perform. He becomes smitten and loyal.

The jazz tune "Crazy Rhythm" is used often as a lovely framing device as McMoon tells the story of his musical partnership with Jenkins. "Souvenir" has a minimalist set design by Mark Krikstan, with a grand piano at center stage. Costumes by Yvette M. Ryan are a feast for the eyes. The sheer number and quality of Gardner's outfits are a joy.

What Jenkins heard inside her own head, we will never know. But "Souvenir" is a mellow production, even with its comical portrait of a tone-deaf singer with lived her mantra "what matters most is the music you hear in your head."

Playwright Temperley wrote, "the play explores the difference between the way we see ourselves and the way the rest of the world sees us." Yes, a diamond to see.

Where and When

"Souvenir: A Fantasia on the Life of Florence Foster Jenkins" at 1st Stage, 1524 Spring Hill Road, McLean. Performances now through March 2, 2014. Friday 8 p.m., Saturday 2 p.m. & 8 p.m., and Sunday 2 p.m. and 7 p.m. Tickets: \$22-\$27; \$15 for students and military. Information call 703-854-1856 or visit: www.1stStageTysons.org



PHOTOS BY TERESA CASTRACANE/COURTESY OF 1ST STAGE

Brian Keith MacDonald as Cosme McMoon in "Souvenir: A Fantasia on the life of Florence Foster Jenkins" at 1st Stage.



Lee Mikeska Gardner as Florence Foster Jenkins in "Souvenir: A Fantasia on the life of Florence Foster Jenkins" at 1st Stage.

Be a part of our **Wellbeing** pages, the first week of every month.

Delight in our **HomeLifeStyle** sections, the second week of every month. Peek at the top real estate sales, glimpse over-the-top remodeling projects, get practical suggestions for your home.

Celebrate students, camps, schools, enrichment programs, colleges and more in our **A-plus: Education, Learning, Fun** pages, the third week of every month.

Questions? E-mail sales@connectionnewspapers.com or call 703-778-9431

THE CONNECTION
NEWSPAPERS

Celebrate Your One-of-a-Kind Romance at a One-of-a-Kind Resort!

Gaylord National Resort Relâche Spa

Get cozy with your sweetheart any time of the year with our Remember Romance Package.

Luxurious guest rooms and beautiful indoor gardens provide the perfect setting for a romantic getaway.

Our overnight package* includes:

- Champagne welcome amenity
- Breakfast for two
- Complimentary experiences with purchase of select Relâche Spa treatments

Book your getaway today!
GaylordNational.com
or call (301) 965-4000 (refer to promo code ZJ7)

*Available select dates through December 30, 2014. Non-alcoholic substitute available. See website for details.

Visit These Houses of Worship To Highlight Your Faith Community, call Karen at 703-917-6468

Welcoming, Diverse, Progressive

**ST. ANNE'S
EPISCOPAL
CHURCH • Reston**



7:45 a.m. Holy Eucharist, Rite I
9:00 a.m. Holy Eucharist, Rite II
Sunday school: preschool - grade 2
Music: grades 3 - 7
10:25 a.m. Sunday School Grades 3 to 12
Music 4 years to 2nd grade
11:15 a.m. Holy Eucharist, Rite II
5:00 p.m. Come Just as You Are Contemporary Service

Nursery care provided at 9:00 a.m. service

The Rev. James Papile, Rector
The Rev. Laura Cochran
703-437-6530
www.stannes-reston.org
1700 Wainwright Dr., Reston

FIRST BAPTIST CHURCH OF VIENNA

**450 ORCHARD STREET, NW
VIENNA, VA 22180
703-938-8525
fbcvoffice@verizon.net
www.fbcv.org**

**SUNDAY WORSHIP, 7:45 AM & 11:00 AM
CHURCH SCHOOL 9:30AM-10:30AM
MIDWEEK SERVICES, WED. 7:00 PM**

An Unexpected Present



By KENNETH B. LOURIE

Not that I minded it in the least (in fact, I appreciated it in the most), but I received my first senior discount the other day. I was fast-fooding at my local Roy Rogers restaurant when the unexpected kindness occurred. Considering that I'm not at the age yet when such discounts are typically available, I certainly did not (do not) presume that my appearance somehow reflects an age which I am not. In truth, I don't believe it does. So even though I didn't ask for the age-related discount, I was offered/given it nonetheless. As the cashier tallied my bill, she then spoke the price and adjusted it downward 10 percent for my surprise "senior" discount. On hearing the lower price and the reason for it, I immediately responded: "Oh, you're giving senior discounts to people over 40?" To which she replied, while looking me directly in the eye: "No. Over 30." Laughing at her quick-thinking quip, I thanked her again for the discount and commended her on her excellent answer/customer service.

Without making this too much a cancer column, a terminal diagnosis at age 54 and a half sort of means that certain realities, benefits and inevitabilities (if you live long enough, which after receiving my diagnosis/prognosis seemed unlikely) are off the table; heck they're likely on the floor waiting to be swept up and placed in the trash bin (been and gone, you might say). I refer generally to the kinds of things associated with turning 65: retirement, Social Security, Medicare, and of course, "senior discounts." After hearing what I heard, reaching age 55 seemed challenging enough.

To be honest though, and you regular readers know I'm honest, maybe painfully so; after receiving the incredibly discouraging and grim news concerning my diagnosis from my oncologist five years ago, I didn't really think about the parts of my life that I would be missing since my future was, at that point, seriously in doubt. If I recall, my mindset back then wasn't on the future I was losing because of my disease, it was more about the present that I was living and being as proactive as possible to try and live as long as I could. Moreover, given the rather morbid tone I was hearing from my oncologist, it sounded as if I'd be lucky to have a present, let alone a future. A "13-month to two-year prognosis" (out of the blue no less; I was asymptomatic and a life-long non-smoker) followed by an admission from my doctor that he can't "cure me, but he can treat me;" and a further reply to my wife Dina's query as to why there aren't any parades for lung cancer survivors, as there seem to be for breast cancer survivors: "Because there aren't any" (survivors that is) hardly reinforce a lung cancer patient's future prospects.

Yet here I write, nearly five years post-diagnosis, receiving the previously (given my life expectancy) unimaginable senior discount. And though there are likely fewer guarantees now and even less certainty for a stage IV, non-small cell lung cancer survivor five years out and still living, I don't discount the significance of any discounts. At this juncture, I deserve any I can get. Besides, I think I've earned them.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

HOME & GARDEN

ZONE 6: • ARLINGTON • GREAT FALLS
• MCLEAN • VIENNA/OAKTON

CONNECTIONNEWSPAPERS.COM

CONTRACTORS.com

703-917-6400

ZONE 6 AD DEADLINE:
MONDAY NOON

CLEANING CLEANING

A CLEANING SERVICE
Since 1985/Ins & Bonded
Quality Service at a Fair Price
Satisfaction Guaranteed-
Angies List 2011-Super Service Award!
Comm/Res. MD VA DC
acleaningserviceinc.com
703-892-8648

ELECTRICAL ELECTRICAL

K&D ELECTRIC
COMMERCIAL / RESIDENTIAL SERVICE
Family Owned & Operated
Recessed Lighting Ceiling Fans Phone/CATV Computer Network Cabeling Service Upgrades Hot Tubs, etc...
Licensed/Bonded/Insured
Office 703-335-0654
Mobile 703-499-0522

GUTTER GUTTER

GUTTER CLEANING
Gutters and Downspouts Cleaned
Small Repairs • Gutter Guards
PINNACLE SERVICES
lic/ins 703-802-0483 free est.
email jamie@lawsandgutters.com
web: lawsandgutters.com
Friendly Service with a Friendly Price!

IMPROVEMENTS IMPROVEMENTS

R.N. CONTRACTORS, INC.
Remodeling Homes, Flooring, Kitchen & Bath, Windows, Siding, Roofing, Additions & Patios, Custom Deck, Painting
We Accept All Major Credit Cards
Licensed, Insured, Bonded • Free Estimates • Class A Lic
Phone: 703-887-3827 Fax: 703-830-3849
E-mail: rncontractorsinc@gmail.com
www.rncontractors.com

The HANDYMAN
A DIVISION OF NURSE CONSTRUCTION
BATHROOM REMODELING, DRYWALL, PAINTING, CERAMIC TILE, CARPENTRY, POWER WASHING & MUCH MORE
You have tried the rest - NOW CALL THE BEST!!
Proudly serving Northern VA - 46 yrs. exp.
Licensed Insured We Accept VISA/MC
703-441-8811

A&S Landscaping

- All Concrete work
- Retaining Walls • Patios
- Decks • Porches (incl. screened) • Erosion & Grading Solutions
- French Drains • Sump Pumps
- Driveway Asphalt Sealing

703-863-7465
LICENSED
Serving All of N. Virginia

IMPROVEMENTS IMPROVEMENTS

Picture Perfect Home Improvements
(703) 590-3187 www.pphionline.com
Remodeling Bathrooms, Kitchens & Basements
• FREE Estimates Exterior & Interior Repair,
• FAST & Reliable Service Painting, Carpentry, Wood Rot,
• EASY To Schedule Drywall, All Flooring, Decks
• NO \$\$\$ DOWN!
Handyman Services Available "If it can be done, we can do it"
Licensed - Bonded - Insured

R&N Carpentry

◆ BASEMENTS ◆ BATHS ◆ KITCHENS
Foreclosure specialist/Power washing
◆ Exterior Wood Rot More!
Deck & Fence repair, Screen Porches
No jobs too large or small
Free est. 37 yrs exp. Licensed, Insured
703-987-5096

LANDSCAPING LANDSCAPING

Remodeling Interior, Bathrooms, Kitchens, Floors, Ceramic Tile, Painting, Decks, Fences, Additions.
703-863-1086

PINNACLE SERVICES, INC. LAWN SERVICE

MOWING, TRIMMING, EDGING, MULCHING & TRIM HEDGES
Friendly Service for a Friendly Price
703-802-0483

MASONRY MASONRY

BRICK AND STONE Custom Masonry
703-768-3900
www.custommasonry.info
Patios, Walkways, Stoops, Steps, Driveways
Repairs & New Installs • All Work Guaranteed

TREE SERVICE TREE SERVICE

Quality Tree Service & Landscaping
Reasonable prices. Licensed & insured
Winter Savings...
Tree removal, topping & pruning, shrubbery trimming, mulching, leaf removal, planting, hauling, gutter cleaning, retaining walls, drainage problems, etc.
25 years of experience - Free estimates
703-868-5358
24 Hour Emergency Tree Service

HAULING

AL'S HAULING
Junk & Rubbish
Concrete, furn., office, yard, construction debris
Low Rates NOVA
703-360-4364
703-304-4798 cell
7 DAYS A WEEK

ANGEL'S HAULING
Junk Trash Removal, Yard/Construction Debris, Garage/Base-ment Clean Out, Furniture & Appl.
703-863-1086
703-582-3709
240-603-6182

LANDSCAPING

A&S LANDSCAPING
Planting • Mulching • Sodding
Patios • Decks • Driveway Sealing, Asphalt • Retaining Walls
Erosion Control • Drainage Solutions
703-863-7465

TREE SERVICE

ANGEL'S TREE REMOVAL
Brush & Yard Debris
Trimming & Topping
Gutters & Hauling
Angeltreeslandscaping-hauling.com
703-863-1086
703-582-3709
240-603-6182

Employers:
Are your recruiting ads not working in other papers?
Try a better way to fill your employment openings



- Target your best job candidates where they live.
- Reach readers in addition to those who are currently looking for a job.
- Proven readership.
- Proven results.

THE CONNECTION
to your community
703-917-6464
classified@connectionnewspapers.com
Great Papers • Great Readers
Great Results!

HOW TO SUBMIT ADS TO

THE CONNECTION
Newspapers & Online

CLASSIFIED DEADLINES
Zones 1, 5, 6.....Mon @ noon
Zones 2, 3, 4.....Tues @ noon
E-mail ad with zone choices to:
classified@connectionnewspapers.com
or call Andrea @ 703-778-9411

EMPLOYMENT DEADLINES
Zones 5, 6.....Tues @ 11:00
Zones 1, 3.....Tues @ 4:00
Zone 2.....Wed @ 11:00
Zone 4.....Wed @ 1:00
E-mail ad with zone choices to:
classified@connectionnewspapers.com
or call Andrea @ 703-778-9411

- ZONES**
- Zone 1:** The Reston Connection
The Oak Hill/Herndon Connection
 - Zone 2:** The Springfield Connection
The Burke Connection
The Fairfax Connection
The Fairfax Station/Clifton/Lorton Connection
 - Zone 3:** The Alexandria Gazette Packet
The Mount Vernon Gazette
 - Zone 4:** Centre View North
Centre View South
 - Zone 5:** The Potomac Almanac
 - Zone 6:** The Arlington Connection
The Vienna/Oakton Connection
The McLean Connection
The Great Falls Connection

EMPLOYMENT CLASSIFIED

BUSINESS OPP

TELEPHONE
A great opportunity to
WORK AT HOME!
NATIONAL CHILDRENS CENTER
No sell! Salary + Bonus + Benefits!
301-333-1900
Weekdays 9-4

BUSINESS OPP

TELEPHONE
A great opportunity to
WORK AT HOME!
NATIONAL CHILDRENS CENTER
No sell! Salary + Bonus + Benefits!
301-333-1900
Weekdays 9-4

The biggest things are always the easiest to do because there is no competition.
-William Van Horne

26 Antiques

We pay top \$ for antique furniture and mid-century Danish/modern teak furniture, STERLING, MEN'S WATCHES, jewelry and costume jewelry, paintings/art glass/clocks.
Schefer Antiques @ 703-241-0790.
Email:theschefer@cox.net

Medical Receptionist/ Optometric Assistant
needed for a friendly small optometric office in McLean, VA. Duties include general office tasks such as answering phones, greeting patients, making appointments, etc. in addition to assisting the doctors in patient care. Experience is helpful but we are happy to train the right individual. This full time position offers a competitive salary, vacation/sick pay, bonuses health insurance, and a pension plan.
Please email or fax your resume to our office. Email: mcleanec2020@gmail.com
Fax: 703-893-4757

101 Computers

101 Computers

HDI COMPUTER SOLUTIONS
JENNIFER SMITH ♦ Serving the Area Since 1995

- > Speed up Slow Computers
- > Troubleshooting
- > Virus Removal
- > Computer Setup

(571) 265-2038
jennifer@HDIComputerSolutions.com

21 Announcements

21 Announcements

Network Security Engineer
(Bachelor's with 4 yrs exp or Associates with 6 yrs exp; Major: CS, IT, Comp. Engg. Math or equiv.; Other suitable qualifications acceptable) - McLean, VA. Job entails working with and requires experience including: CISCO PIX firewalls, Cisco ASA 5500 series, VPN Concentrator, ACS (Access Control Servers), Routing and switching, Intrusion Prevention Systems, IOS and VPN Router, Window, configuration and troubleshooting of VPN's - DMVPN and GRE. Must have "CCIE Certification". Send resumes to Advanced Computer Concepts, Inc., Attn: HR, 7927 Jones Branch Drive, Suite 600 North, McLean, VA 22102."

EVEN SUPERMAN HAD FOSTER PARENTS

Kids and teens in our community need super parents like you.

855-367-8637 or umfs.org



UMFS

Educational Internships
Unusual opportunity to learn many aspects of the newspaper business. Internships available in reporting, photography, research, graphics. Opportunities for students, and for adults considering change of career. Unpaid. E-mail internship@connec tionnewspapers.com

THE CONNECTION NEWSPAPERS

Survey Researcher
Assist in design & preparation of surveys on int'l develop't (trade, economic growth, private sector develop't, donor aid) & economic regulation on infrastructure facilities. Will determine & specify survey method & analyze survey results. Must have a MA or MPA in Int'l Develop't Economics or MA in Economics. Must have overall 1 year exper. in int'l develop't, including time at one of the following: UN/UNDP, OECD or USAID. Must have exper. writing policy briefs & analyzing data from surveys using STATA. Must have knowledge of EXCEL & in randomized control trials & have both knowledge & exper. applying Growth Diagnostic framework. Up to approx. 50% time travel abroad to developing and post-conflict countries. 40 hr/week, hrs 8:30-5:30 pm w/some work on evenings, weekends, & holidays as needed. Job located in Arlington, VA.
Mail copy of req'd resume w/copy of ad to: Nathan Associates Inc., Attn: Ms. Nora Derrick, HR Manager, 2101 Wilson Boulevard, Suite 1200, Arlington, VA 22201.

EMPLOYMENT

Auto/Equipment Mechanic
Seeking self-motivated, energetic individual to perform maintenance and repair of Estate vehicles and equipment. Minimum of 2 years combined experience in automobile mechanic and equipment maintenance trades. Excellent benefits package.
See website www.MountVernon.org
<http://www.MountVernon.org>
For details. To Apply:
HRMail@MountVernon.org
<mailto:HRMail@MountVernon.org>
or Fax: 703.780.8320. EOE

George Washington's
MOUNT VERNON

Home LifeStyle



Hodges-Fulton



Kirstein



Baker

Pros Share Secrets of Their Homes' Design

FROM PAGE 11

backyard into an oasis. "We added a pool and entertaining area," he said. "We redid every finish in the house. I liked those small touches because they were simple and easy and changed the way the house looked."

Founder, cochairman and owner Josh Baker grew up in Great Falls and when it came time to raise his family, he remained there. He even built a custom home where he plans to live long-term. "A lot of planning went into the future," said Baker. "The concept behind it was we would create a fun space for our children that their children could eventually enjoy."

He advises his clients to similarly plan ahead and think about how their needs might evolve. "To make it a long-term home is to not think about just what you need now, but what you might need in the future," he said. "We designed a guest suite on the first floor with the idea that my wife and I could live on one floor once we're empty nesters." There is enough space for friends and extended family.

Baker said each time he and his wife updated the house, they did so judiciously. "We made smart decisions about small things that make a big difference. For example, we changed tiles to make it up-to-date without a huge remodel," he said.

Baker's experience as a builder helped him decide on the room sizes and layout of the house. "In terms of design, a lot of our house has a focus on lines of sight, informality and lots of light. ... On our first floor, there are no partition walls in the common area."

The rooms in the house are generous and comfortable and space was used wisely, Baker explained. "We focused on the feeling and functionality of the room rather than the size of the room," he said. "None of the rooms are oversized, but they are functional."

Wise use of space is another lesson he shares with clients. "At one time, bedrooms with sitting rooms were very popular," said Baker. "But ... a lot of our clients don't use them so we're repurposing those spaces. In our master bedroom, for example, we focused on walk-in closets. Even our master bathroom is spacious, but it is not vast."

The Bakers designed their outdoor landscape to accommodate their penchant for relaxed entertaining. "We're informal folks," said Baker. "We like to entertain, so we developed our landscaping to include an expansive entertaining area and a swimming pool. We have a lot of outdoor parties. We can accommodate a large group in our yard as well."



PHOTO COURTESY OF BOWA BUILDERS, INC.

Enclosing the top of a two-story foyer in his Potomac, Md., home eliminated an unused space and gave building professional Steve Kirstein, his wife and children a second-floor family room.

Local REAL ESTATE

PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION

November and December 2013 Top Sales in Vienna, Oakton, Reston and Herndon



2 3355 V Lane, Oakton — \$1,550,000



3 2586 Rambling Road, Vienna — \$1,536,586



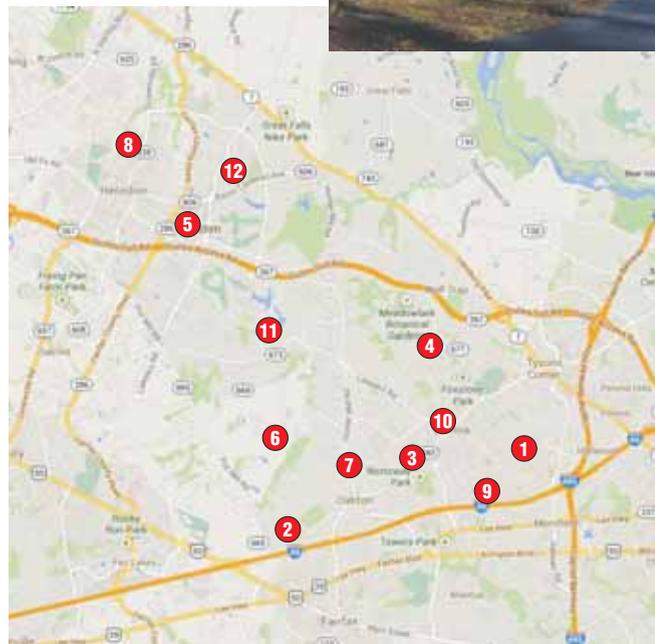
6 2823 Center Ridge Drive, Oakton — \$1,390,000



9 1217 Ross Drive Southwest, Vienna — \$1,349,840



12 11578 Lake Newport Road, Reston — \$1,150,000



Address	BR	FB	HB	Postal City	Sold Price	Type	Lot AC	Postal Code	Subdivision	Date Sold
1 8499 WEDDERBURN STATION DR	6	5	1	VIENNA	\$1,950,000	Detached	0.20	22180	WEDDERBURN ESTATES	11/29/13
2 3355 V LN	4	4	1	OAKTON	\$1,550,000	Detached	1.90	22124	WESTOAKS	11/15/13
3 2586 RAMBLING RD	7	6	1	VIENNA	\$1,536,586	Detached	0.57	22181	ORCHARD VIEW	11/30/13
4 1841 BEULAH RD	5	5	1	VIENNA	\$1,525,000	Detached	1.43	22182	SPRING LAKE	11/12/13
5 11990 MARKET ST #2115	2	2	1	RESTON	\$1,475,000	Hi-Rise 9+ Floors		20190	MIDTOWN AT RESTON TOWN	12/30/13
6 2823 CENTER RIDGE DR #6A-1	5	4	1	OAKTON	\$1,390,000	Detached	1.14	22124	DOROTHY GOODE	11/26/13
7 10326 LYNCH LANE # 4	5	4	1	OAKTON	\$1,375,000	Detached	0.44	22124	OAKCREST FARM	11/14/13
8 11724 Shaker Knolls CT	5	4	1	HERNDON	\$1,365,433	Detached	0.83	20170	SHAKER KNOLLS	12/10/13
9 1217 ROSS DR SW	6	5	0	VIENNA	\$1,349,840	Detached	0.45	22180	VIENNA WOODS	11/15/13
10 110 AYR HILL AVE NW	6	6	1	VIENNA	\$1,340,949	Detached	0.24	22180	WILMAR PLACE	11/08/13
11 2205 BURGEE CT	5	3	1	RESTON	\$1,290,000	Detached	0.38	20191	RESTON	12/13/13
12 11578 LAKE NEWPORT RD	3	3	1	RESTON	\$1,150,000	Detached	0.54	20194	RESTON	11/14/13

COPYRIGHT 2014 REAL ESTATE BUSINESS INTELLIGENCE. SOURCE: MRIS AS OF JANUARY 15, 2014.