



25 CENTS

APRIL 3, 2014

SERVING ALEXANDRIA FOR OVER 200 YEARS • A CONNECTION NEWSPAPER



Sage (Pomeranian) and Clinton (Poodle Mix)



Louise (Miniature Poodle)

PHOTOS BY LOUISE KRAFFT/GAZETTE PACKET

New Arrivals at Animal Shelter

Rescued dogs need adopting.

In its role as an emergency placement partner for the Humane Society of the United States, the Animal Welfare League of Alexandria added 10 dogs and four rabbits to the shelter on Wednesday, March 26.

The dogs and rabbits were rescued from a suspected puppy mill in Arkansas in late February; 121 dogs and 60 other animals were rescued after the Jefferson County Sheriff's Office called in the Humane Society of the United States and other area organizations, including Central Arkansas Rescue Efforts for Animals, The Humane Society of Saline County, Out of the Woods, RedRover and Sallis Ranch Large Animal Rescue, Inc. for assistance.

The Humane Society of Saline County and Cen-

tral Arkansas Rescue Efforts for Animals took in 67 of the dogs. The eight exotic birds were transferred to The Gabriel Foundation. The remaining dogs, nine bunnies and three cockatiels have been transported to various emergency placement partners in the Washington, D.C. area, including Animal Welfare League of Arlington, Animal Welfare League of Alexandria, the Humane Society of Calvert County, Lost Dog and Cat Rescue Foundation, Washington Animal Rescue League and Washington Humane Society, where they will be available for adoption.

All of the dogs from the Arkansas rescue at the Vola Lawson Animal Shelter will be available on Thursday, April 10. People who are interested in adopting any of these dogs should visit the AWLA shelter at 4101 Eisenhower Ave. AWLA will be posting more photos/descriptions of the dogs on its facebook page and website, www.alexandrianimals.org.



Mo (Yorkshire Terrier)



Henry (Schipperkee)



Lorelai (Yorkshire Terrier)

The Shadow Budget

City officials reveal cuts they didn't make, providing a roadmap for changes.

BY MICHAEL LEE POPE
GAZETTE PACKET

As City Council members move toward the end-game on fiscal year 2015, they have a roadmap of potential spending cuts already mapped out by City Manager Rashad Young. Answering a formal question from Councilman Justin Wilson, the city manager issued a budget memorandum that outlines about \$7 million in potential reductions that were restored before Young's proposal in February. Now members of City Council must determine which of Young's proposed cuts they want to make and which of his abandoned cuts they might

want to restore.

"These are challenging times," said Alexandria Mayor Bill Euille during a recent budget public hearing. "And even though you see cranes and new development all over the city, if we didn't have that, the discussion we'd be having about the budget would be far worse."

One of the most controversial aspects of the city manager's proposal is budget reductions made for seniors, a group of people who are often on fixed-incomes and struggling to make ends meet. The city manager wants to eliminate the Senior Tax program, which would save about \$164,000. Young also wants to save \$1.3 mil
SEE CITY OFFICIALS. PAGE 26

Fifteen Candidates For Congress

12 Democrats, three Republicans vie for congressional seat.

BY MICHAEL LEE POPE
THE CONNECTION

The race to replace U.S. Rep. Jim Moran (D-8) is shaping up to be the most competitive election in living memory. An unprecedented 12 candidates have filed paperwork to run in the Democratic primary, which is scheduled for June 10. And three Republicans will be on the ballot when Republicans gather for a convention at Bishop O'Connell High School in Arlington on April 26. Because President

Barack Obama won the heavily Democratic district in 2012, most of the action will be on the Democratic side.

"I can't imagine 12 candidates would be in the race if important figures in the Democratic Party in Virginia were trying to at least push certain candidates toward the front and encourage some to get out," said Geoff Skelly, political analyst with the University of Virginia Center for Politics. "That apparently has not happened."

Last week was the deadline for
SEE FIFTEEN. PAGE 25

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www.TheGoodhartGroup.com



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www.BabsBeckwith.com



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Ann Duff

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www.AnnDuff.com



Alexandria **\$773,000**

Located on a cul-de-sac, this home is one-level living at its finest! The open living spaces include a roomy kitchen with large bay window, perfect for growing herbs. Gorgeous hardscaping and a pool are already in place on this fenced 12,700-SF lot. 940 Lindsay Place. MLS# AX8303487

Elizabeth Lucchesi

703.868.5676
www.LizLuke.com



Alexandria/Beverly Hills **\$799,900**

You don't want to miss this 3-bedroom, 2-bath colonial on a sought-after street. Just steps to the local playground known as "the Pit." Main level family room, garage, remodeled kitchen with breakfast bar, handsome stone patio & large flat yard for grilling & playing. 708 N Overlook Dr.

Betty Mallon

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www.BettyMallon.com



Old Town Alexandria **\$1,225,000**

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Old Town Alexandria **\$895,000**

Convenience, light and space are enjoyed in this three bedroom, three and a half bath tony townhouse with expansive open floor plan, den, a spectacular roof top deck, generous storage, two-car garage and a short walk to the Braddock Metro. 1123 Wythe Street.

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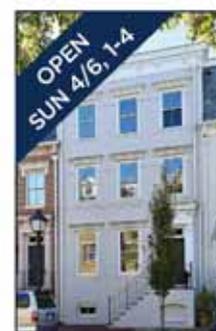


Alexandria **\$759,000**

Atop an ivied knoll in Fort Williams stands this freshly painted, 4-bedroom, 4-bath, expanded rambler filled with light & gleaming wood floors. Enjoying the quiet neighboring yards from the large screened porch or patio. Driveway and one-car garage. 3628 Trinity Dr. MLS# AX8303194

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www.WaldiCrawford.com

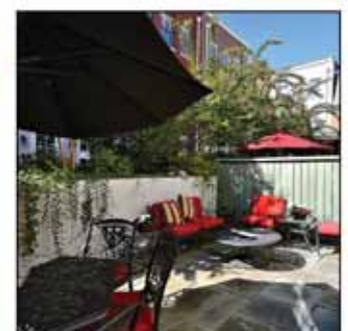


Old Town Alexandria **\$1,745,000**

Elegant 4-level townhouse in sought-after Backyard Boats. 3 bedrooms plus den, 4.5 baths, gourmet kitchen, 3 fireplaces, custom built-ins, French doors opening to patio, & attached 3-car garage. Steps from Potomac River and Jones Point Park. 713 S Union St. MLS# AX8285819

Jill McGillivray

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www.JillMM.com



Hamer To Retire

Few people have been as consequential in the recent history of Alexandria as Planning Director Faroll Hamer. She presided over a controversial waterfront plan that almost triples the amount of density at three riverside sites compared to what's there now. And she led an effort to transform the West End by pushing a plan that will demolish 2,500 units of low-end garden apartments and construct 6,500 units of luxury housing.

That's brought her criticism from both ends of the city and opposite ends of the political spectrum.

Wealthy homeowners in Old Town are angry at the scale of the waterfront plan, launching a series of lawsuits to challenge the process Hamer took to make it happen. And low-income workers who live in the West End buildings now slated for demolition say her plan essentially gentrifies them out of their neighborhood, even if city leaders were able to secure 800 units of dedicated affordable housing. Now, after setting the pieces in place that will transform both ends of the city, Hamer will be stepping down from a job she's held since 2007.

"Faroll has been an indispensable part of our team," said Alexandria City Manager Rashad Young in a written statement. "Her leadership, advocacy for quality planning and design, and commitment to our city has been exemplary. Her work has yielded results that will benefit Alexandrians for generations to come." Hamer spent most of her career in Prince George's County, where she worked from 1987 to 2005. In December 2005 she became Montgomery County's acting planning director, a position she held until accepting the Alexandria job. She replaced Eileen Fogarty, who left the city to become planning director in Santa Monica, Calif.

"I feel very fortunate to have been a part of this community, and to have participated with city staff, residents and businesses in the process of shaping our future," said Hamer in a written statement. "It has been a pleasure to work in a city where planning and design is understood and valued."

City leaders say they'll launch a nationwide search for a new planning director, and Hamer is set to officially retire on July 3.

Budget Impasse

It's not an April Fool's Day prank. Republicans and Democrats in the General Assembly still don't have a budget, even after concluding their regular session and a special session. At issue is expansion of Medicaid to 400,000 Virginians who live in poverty or with disabilities.

"This is a special session that wasn't very special at all," said Stephen Farnsworth, political science professor with the University of Mary Washington. "Nothing got accomplished, and we are exactly where we were a week ago." This week, Senate Democrats convened a public hearing on the budget, but Republican House Speaker Bill Howell called it a "dog-and-pony show." Democrats are trying to make the expansion more palatable to Republicans by creating a privatized version of Medicaid expansion called "Marketplace Virginia." So far, that has been unsuccessful, as was Democratic Gov. Terry McAuliffe's compromise offer of creating a two-year pilot project.

"That pilot program suggestion was perhaps a turn back to the left by the governor in the sense that it was actually traditionally Medicaid expansion," said Geoff Skelley, analyst with the University of Virginia Center for Politics. "It wasn't the private version that passed the state Senate."

This week, McAuliffe passed what state leaders call a "caboose budget," which will fund Virginia until the end of the fiscal year. Unless Republicans and Democrats can agree to some kind of compromise on Medicaid expansion, the state government could be headed for the first shutdown in Virginia history.

Branches At Odds

Live and let live. That's how the branches of Alexandria government usually deal with each other. But now the city's judicial branch is appealing to its legislative branch to overrule the city's executive branch. At issue is money. Court officials tried to get the city manager to fund a \$127,000 pay supplement for state employees in the clerk's office of the Juvenile and Domestic Relations Court. The city manager did not include the funding request in his budget proposal, but now city judges are appealing to City Council members to fund the request when they pass a budget in May. In a rare appearance before City Council members last month, a series of judges made their case that the legislative branch should intervene on behalf of the judicial branch.

"I wish I could transfer some of my authority to your authority to be able to make an order," Judge Uley Norris Damiani told council members. "But I am here to beg for an order from the City Council."

— MICHAEL LEE POPE



Cartoonist William Charles created this cartoon in 1814, mocking the City of Alexandria for acting cowardly in the face of the British invasion.

Alexandria Goes to War (Again)

City planning a number of activities to commemorate forgotten conflict.

BY MICHAEL LEE POPE
GAZETTE PACKET

The War of 1812 was the first war that America lost, a bitter conflict that began with an ill-planned invasion of Canada that ended when the British burned the Capitol and the executive mansion. Since that time, the president's house was painted white, and memories of the war have also been whitewashed. Now city leaders in Alexandria are planning a series of events to remember a forgotten war and its influence on the history of the city.

"The feds didn't really take this seriously, and that's why ultimately we had to surrender," said Lance Mallamo, director of the Office of Historic Alexandria. "And we're really kind of lucky they did because it preserved our historic district, which is now key to our economy."

The highlight of the commemoration will take place on Labor Day weekend, when Alexandria and the British will once again go to war with each other — metaphorically speaking. Late last year, the City Council adopted a resolution that offered a formal challenge to the British Embassy: Put up or shut up. The proclamation, which specifies that it "in no way should be taken as a formal missive from any government," issued a three-part challenge to the Brits — produce a cricket team, a tug-of-war team and a yacht team. British Commander John Ned Kelly appeared at City Hall to personally accept the challenge.

"Whereas there may have been some conflict between the residents of Alexandria and the British armed forces in history," said Kelly in a proper British accent, "I think the events

as proposed will only go to strengthen the relationship we've had over the last 200 years."

THE WAR OF 1812 suffers from a terrible name. The only part of the war that actually happened in 1812 was the disastrous invasion of Canada, prompted by a group of war hawks in Congress. When American Gen. William Hull reached Canadian soil on July 12, 1812 he issued a proclamation ordering all British troops to surrender or the "horrors and calamities of war will stalk before you." But the British crushed the Americans, depleting the federal treasury and leaving the District of Columbia exposed to attack. By the summer of 1814, the Alexandria Gazette exposed how the James Madison administration failed to prepare for the coming British invasion.

"They have drained the public coffers of the last cent in vain and ridiculous adventures against Canada," wrote Gazette editor Samuel Snowden, adding that the republic was "already reduced to the extreme necessity of borrowing money from the pockets of individuals to enable them to defend the Capitol of their county from invasion."

As far as Alexandria and the District of Columbia are concerned, the conflict should probably be called the War of 1814 because that's when all the action took place here. In August 1814, a fleet of 22 British warships sailed into Chesapeake Bay. The flotilla was carrying 3,000 infantry troops who were hardened veterans of the Duke of Wellington's campaigns against Napoleon across the battlefields of Europe. When the guns of August arrived, an Alexandria militia was raised and stationed between Piscataway and Fort Washington. Realizing that the town was now defenseless, the Committee of Vigilance made a difficult recommendation to the Common Council.

"In case the British vessels should pass the fort, or their forces approach the town by land, and there should be no sufficient force, on our part, to oppose them, with any reasonable prospect of success," the committee wrote. "They should appoint a committee to carry a

SEE CITY PLANNING, PAGE 26

BULLETIN BOARD

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Call **Chris Antonelli**

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Email announcements to gazette@connectionnewspapers.com. Deadline is Thursday by noon. Photos welcome.

THROUGH FRIDAY/MAY 2

Prom Donations. The Princess for a Night project is collecting dry-cleaned formal dresses, shoes, handbags, jewelry, new make-up and nice shopping bags at the T.C. Williams Main Office, 3330 King St., Monday-Friday 7:30 a.m.-4 p.m. For information or to volunteer, email eleanor.muse@acps.k12.va.us.

TAX HELP

AARP Tax-Aide, the nation's largest free tax preparation and tax counseling volunteer program starts its free Tax Preparation Services Feb. 1. The program, sponsored by the IRS, is staffed with Certified IRS Tax Counselors and use IRS computers and software to prepare and eFile tax returns for low to middle income families and elderly citizens. Bring government-issued picture IDs, and social security cards for all persons that will be included in your tax return. Also bring a printed copy of last year's tax return, if you itemized. Located at Lee Center, 1108 Jefferson St., Wednesdays and Fridays from 10 a.m.-2 p.m. Walk-ins welcome. Visit www.aarp.org/taxaide for additional information.

THROUGH FRIDAY/JUNE 20

Adult Sports Activities. 8 a.m.-2 p.m., Monday through Friday at Witter Recreational Fields and Ben Brenman Soccer Field, and 3-7 p.m., at Eugene Simpson Soccer Fields. The City of Alexandria Department of Recreation, Parks and Cultural Activities offers a variety of ways for

adults ages 18 and older to get active this spring. Visit, alexandriava.gov/RecreationCenters, alexandriava.gov/Recreation, email Mac.Slover@alexandriava.gov or call 703-746-5402.

THURSDAY/APRIL 3

City Manager's Public Budget Presentation. 6:30 p.m., at the Beatley Central Library, 5005 Duke St. City Manager Rashad M. Young will host a public presentation of his proposed Fiscal Year 2015 Budget. Free. Visit alexandriava.gov/Budget.

Legislative Wrap Up. 7:30-9 p.m. at Fairlington Community Center, 3308 S. Stafford St. Del. Rob Krupicka will discuss this legislative session and the ongoing budget process. Visit <http://krupicka.ngpvanhost.com> for more.

MONDAY/APRIL 7

Town Hall. 7:30 p.m. at St. Elmo's Coffee Pub. Del. Rob Krupicka will hold a post-session legislative wrap-up. Free. E-mail DelRRkupicka@house.virginia.gov or call 571-357-4762 with any questions.

MONDAY-FRIDAY/APRIL 7-11

Clothing Drive. AIA's Women in Architecture Committee is collecting gently used women's professional attire for Dress for Success, a nonprofit organization that helps disadvantaged women. Visit www.aianova.org for more, including drop-off locations.

TUESDAY/APRIL 8

Retirement Planning. 7 p.m., located

in the large meeting room at the Beatley Central Library, 5005 Duke Street, Alexandria. Bryan Riley, a financial advisor for Ameriprise, presents, "Plan for Retirement: Challenge Your Concerns and Take Control." Call, 703-746-1751.

WEDNESDAY/APRIL 9

Online Fundraiser. ACT for Alexandria is hosting Spring2ACTion, a 24-hour online giving competition to raise money for local nonprofits. Visit, www.spring2action.org.

Save for College with VA529. 7 p.m. at Beatley Central Library, 5005 Duke St. It's never too late or too soon to start saving for college. Learn about the benefits and how easy it is to get started. Visit www.alexandria.lib.va.us or call 703-746-1751.

Using Credit Wisely. 7 p.m., located in the large meeting room at the Beatley Central Library, 5005 Duke Street, Alexandria. Informative program from the Virginia Cooperative Extension on strategies for using your credit wisely and raising your credit score. Call, 703-746-1751.

THURSDAY/APRIL 10

Legislative Wrap Up. 6:30-8 p.m. at the Huntington Community Center, 5751 Liberty Drive. Del. Rob Krupicka will discuss this legislative session and the ongoing budget process. Visit <http://krupicka.ngpvanhost.com> for more.

FRIDAY/APRIL 11

Family Fun Night. 6-8 p.m. at Chinquapin Park Recreation Center &

SEE BULLETIN, PAGE 24

JACKI SORENSEN'S FITNESS CLASSES

Jacki Sorensen's Aerobic Dancing
Classes at Lee Center,
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10:15 am – Starts April 21
6:30 pm – Starts April 23

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NEWS



Casa Chirilagua topped the Spring2Action leaderboard in 2012 with 186 unique donors donating \$33,774 to the nonprofit.

A Day of Local Giving

On April 9, ACT for Alexandria is hosting Spring2ACTION, a 24-hour online giving competition to raise money for local nonprofits. In its fourth year, Spring2ACTION, the only citywide giving day in the region, hopes to raise \$1,000,000 in 24 hours for 117 participating nonprofits.

To join individual donors, local businesses and nonprofits for this day of giving, go to www.spring2action.org. The minimum donation is \$10.

Spring2ACTION is sponsored by The Bruhn-Morris Family Foundation, the Mason Hirst Foundation,

Campbell Kent Fund, Speck-Caudron Investment Group of Wells Fargo Advisors, Washington Forrest Foundation and Give Back Alexandria.

In Spring2ACTION, local nonprofit organizations have the chance to compete for more than \$30,000 in grants and prizes.

Local businesses, including the Old Town Boutique District, are donating a percentage of their sales on April 9 to Spring2ACTION. For a complete list of Spring2ACTION's community partners and participating businesses, go to <http://www.spring2action.org>.

Flushing Program Begins Sunday

Virginia American Water has scheduled its annual hydrant flushing to begin in Alexandria on Sunday, April 6, through the end of May. The routine work flushes out mineral deposits and sediment from water mains.

The flushing will be performed Sunday evenings through Friday mornings between 8:30 p.m. and 5 a.m. During the work, crews will open the fire hydrants and al-

low them to flow freely for a short period of time. The flushing is being performed in conjunction with a routine change in the form of chlorine used for disinfectant in the water treatment process by Fairfax Water, Virginia American Water's bulk water supplier.

If customers have questions, call Virginia American Water's toll-free, 24-hour customer service line at 800-452-6863.

Zoe Boutique is celebrating her

Third Birthday

April 4th, 5th and 6th

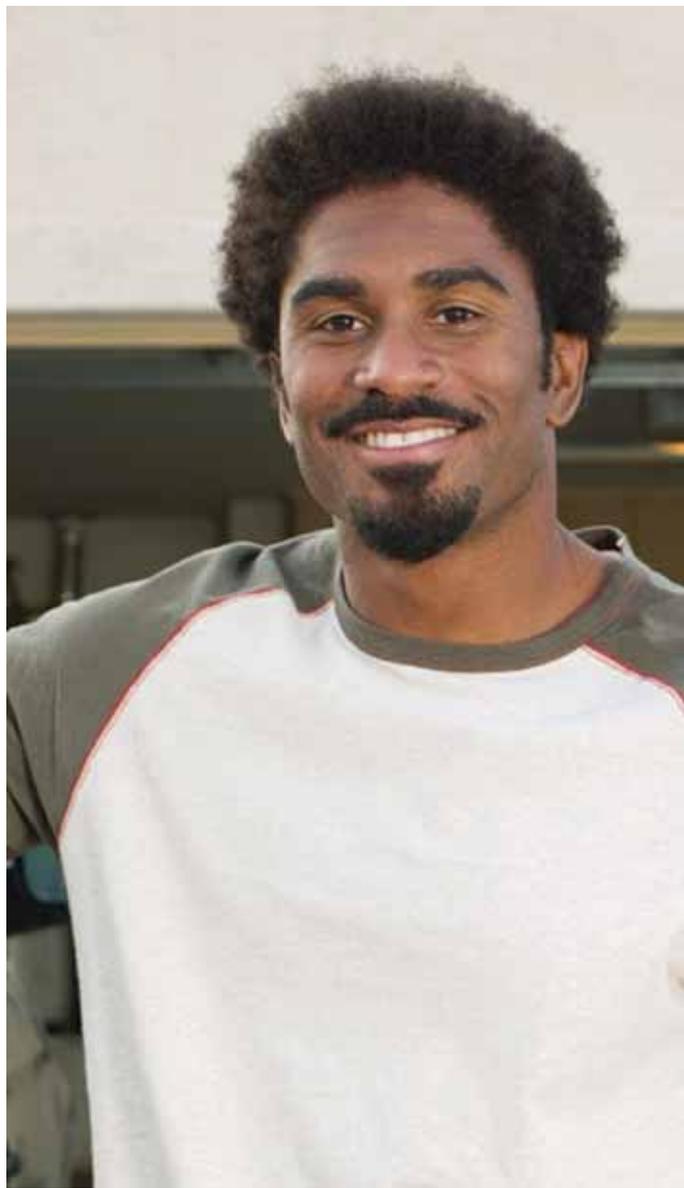
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Drawing will be held at the SFA Gala, Sat. Apr. 26, 2014. Need not be present to win.

Night Honors Women's Contributions to Community

Ten women were recognized by the Commission for Women for their contributions to the Alexandria community at the Salute to Women Awards at the U.S. Patent and Trademark Office on Monday, March 31.

The evening began with dedications to both Vola Lawson and Ruthanne Lawson, two community members who received awards posthumously. Both dedications were presented by Sen. George L. Barker (D-39), Del. Charniele Herring (D-46) and Del. Rob Krupicka (D-45). NBC News4 Northern Virginia Bureau Chief Julie Carey hosted the evening and Commission for Women chair Camille Leverett welcomed the audience and acknowledged those who contributed to the success of the ceremony.

Lodato was praised for her contributions to the artistic community. Lodato, who was fatally shot in February, was a music teacher in Alexandria and the founder of Music Together. She received the Donna Bergheim Cultural Affairs Award from Maria Bergheim and Beth Bergheim Silver. It was accepted by her daughter Lucia Lodato and husband Norman Lodato.

Lawson was awarded the Susan Lowell Butler Lifetime Achievement Award. Lawson's sons, McArthur Meyers and Peter Lawson, accepted the award, presented by Jim Butler. Lawson was honored for her dedication to women's well-being and equality. Lawson was the first woman city manager of Alexandria and an inspiration for women and girls in the community.

Others honored included Joan Renner (Leadership in Business and Career Development), Amy Creed (Making a Difference), Cynthia Skinner (Rising Star), Nancy Martinez (Youth Community Service — youth), Joyce Rawlings (Youth Community Service — adult), Jen Walker (Marguerite Payez Leadership), Jean Kelleher (Marian Van Landingham Legislation and Public Policy) and Wendy Webb (Vola Lawson). These women were selected by the Commission for Women, an independent body appointed by the City Council. Proceeds from the evening will support Alexandria's Sexual Assault Center and other initiatives of the Friends of the Alexandria Commission for Women. For more information, visit www.alexwomen.com.

— VERONICA BRUNO



Award winners (foreground) Wendy Webb, Joan Renner, Jen Walker, Cynthia Skinner, (presenters) former Sen. Patsy Ticer and Maria Bergheim, Amy Creed, Joyce Rawlings, Lucia Lodato (for Ruthanne Ludato) and presenter Del Pepper. In background are host and NBC News4Northern Virginia Bureau Chief Julie Carey, Alexandria Commission for Women chair Camille Leverett, award winner Jean Kelleher, presenter Vice Mayor Allison Silberberg, presenters Peter Lawson and McArthur Meyers, Norman Lodato, and award winner Nancy Martinez.



Jean Kelleher shares a funny anecdote about her daughter with the audience. Host Julie Carey is in background. Kelleher was awarded the Marian Van Landingham Legislation and Public Policy Award.



Vola Lawson was posthumously awarded the Susan Lowell Butler Lifetime Achievement Award. Lawson's sons McArthur Meyers and Peter Lawson accepted the award. Host Julie Carey is with Meyers and Lawson (middle) and presenter Jim Butler (right).

PHOTOS BY VERONICA BRUNO/GAZETTE PACKET



Youth Community Service Award (adult) winner Joyce Rawlings, with host Julie Carey, emphasized the strength of family in her speech.



Ruthanne Lodato posthumously received the commission's Donna Bergheim Cultural Affairs Award. Lodato's daughter, Lucia, and husband, Norman, accepted the award.



From left: Host Julie Carey with Youth Community Service Award (youth) winner Nancy Martinez, her mother, and presenter Councilwoman Redella S. Pepper. Nancy called her mother up to the stage to celebrate with her.



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ALEXANDRIA \$3,295,000 | ttrsir.com/id/FX8250809
 This waterfront home offers lovely river views, a 300' dock with 2 boat slips, exquisite architectural detail, dramatic two story entrance foyer with a gracefully curved staircase.
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OLD TOWN \$3,200,000 | ttrsir.com/id/AX8275884
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ROSEMONT \$2,375,000 | ttrsir.com/id/AX8295656
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BELLE HAVEN \$1,549,000 | 2202woodmont.com
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OLD TOWN \$859,900 | ttrsir.com/id/AX8301598
 End townhouse with high ceilings, deep moldings, over-sized windows. Rare fenced-in yard and rooftop deck are great for dog owners and outdoor living.
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Bike and Walk to School Day

Officer Biruk Dessalegn heads back into the crosswalk to assist another group of walking students after Amy Medearis, a parent volunteer, greets them. The officer was there for the event, as well as several volunteers stationed around the neighborhood, to ensure the safety of the walking students.



PHOTOS BY RENÉE RUGGLES/GAZETTE PACKET

City Council members John Chapman (far left) and Paul Smedberg (far right) joined school staff including teacher Kelly Mayer (left in red coat) and Administrator Jeanette Jackson to welcome the students who participated in Bike and Walk to School Day. Councilman Timothy Lovain (center) greeted the walkers with daughter Ava, who attends the middle school.

SWAN: Support Women Artists Now

An evening of energy and empowerment.

BY VERONICA BRUNO
GAZETTE PACKET

Snaps could be heard during the performance at The Athenaeum Friday night, March 28, but that's not a bad thing. As the lead poet for the evening, Shelly Bell, explained, snapping is the customary form for applauding at a poetry reading. And there were plenty of them Friday night.

To commemorate Women's History Month in March, the Northern Virginia Fine Arts Association featured an evening of women-performed arts including poetry, dance performances, visual arts, and music. Shelly Bell, a local poet, introduced each act, which began with her own work and engaged the audience in an empowering chant "regret nothing, write everything."

Throughout the evening, Cierra Tenhue painted a 24 x 36 visual piece by interpreting the "energy" in the room. One could see the dandelions from Mary Bowman's poetry, and strokes of various performance inspirations interspersed throughout the painting. The visual artwork developed as the performances took place and the final product was titled "Emergence." As the event organizer, Bell was "orchestrating the energy in the room."

"It's all about accessibility and visibility," Bell said. The performance night was part of Support Women Artists Now (SWAN) Day, a worldwide movement. The current executive director of the Northern Virginia Fine Arts Association, Catherine Aselford, brought her experience with the DC SWAN Day event to The Athenaeum and is hoping to see it become a bigger event here in Alexandria.

"This is SWAN Day in microcosm," Aselford said. What she'd like to see is a Women in Film event and potential partnerships with community organizations.



Briana Stuart danced "Am I Strong Enough" based on her own experiences. She danced both in silence and with voices and music.



Poet Shelly Bell, standing in front of a current piece on exhibit at The Athenaeum, led the evening, performing her own poetry and singing, and introduced each act.



Princess Best motions to her daughter, Jahzarah Royal ("Jazzy") in her one-woman show, Shameless, a hip-hop theater exploration of the history, health and communication of mothers and daughters.



Artist Cierra Tenhue painted a piece during the performances based on the "energy in the room." The painting was finished during the last performance and was titled "Emergence."



Poet Mary Bowman engaged the full house audience in her piece about loss and HIV, "Dandelion."

PHOTOS BY VERONICA BRUNO/GAZETTE PACKET

'Faceless Women in Classical World'

The Northern Virginia Fine Arts Association hosted a lecture, "Faceless Women of the Classical World," in honor of Women's History Month at the Athenaeum on March 10. The talk provided insight into the daily lives of women from the classical Celt, Celtiberian, Etruscan, German, Greek, and Roman cultures.

Historian Lauren A. M. Hammersen reviewed what women achieved during these time periods as well as what their limitations were. Hammersen also talked about their status, sociability and relations

with children. Aspects included references of battle participation throughout the cultures, religious engagement and various ways women earned a living in those ancient times. Hammersen also used slides to show several ways women were depicted in art during the classical times.

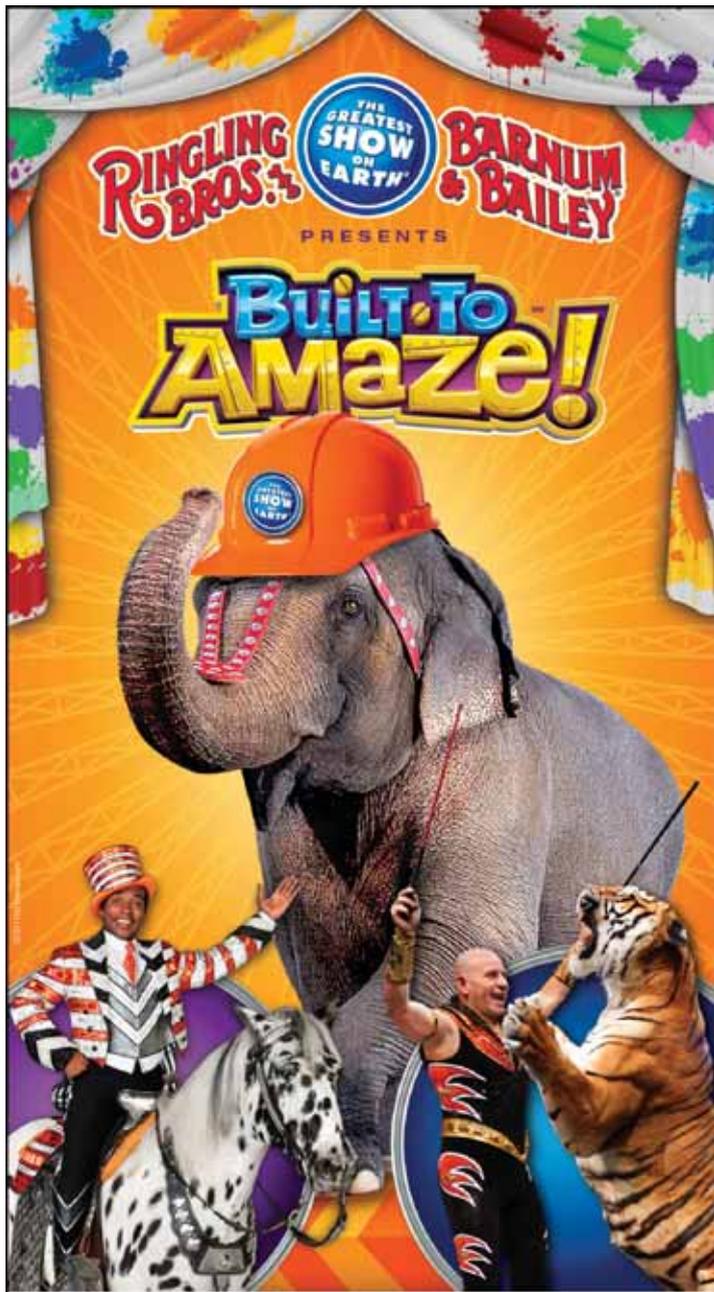
The lecture was free and open to the public.

The Athenaeum is home to the Northern Virginia Fine Arts Association and is located at 201 Prince Street in Old Town Alexandria. For more information, visit www.nvfaa.org or call 703-548-0035.



Historian Lauren A. M. Hammersen.

PHOTO BY VERONICA BRUNO/CAZETTE PACKET



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OPINION

Focusing on Children with Autism

BY JAMES P. MORAN
U.S. REPRESENTATIVE (D-8)



We recognize this Wednesday, April 2, as World Autism Day, taking a moment to raise awareness around the fastest growing developmental disability in the U.S. Autism incidence in the U.S., and in Northern Virginia in particular, is reaching astounding levels. While we don't yet know the causes of Autism, most signs point to environmental factors. We do know that each year, one in 68 children and one in 42 boys will be diagnosed with an Autism Spectrum Disorder (ASD) according to the Centers for Disease Control. That's a nearly 30 percent increase from the CDC's own estimate just two years ago.

Part of this increase, of course, comes from greater awareness and a better understanding about Autism Spectrum Disorder. Parents and medical professionals are increasingly alert to

the signs and symptoms of ASD. Armed with this knowledge, early accurate diagnoses are easier to make.

In just the past 10 years, we have learned a tremendous amount about the importance of early detection for children with ASD, but less so on the kinds of high quality intervention methods that will help these children succeed. Because of the rapid increase in students with ASD, many teachers are ill equipped to effectively teach children on the spectrum.

We learn more and more about children with ASD every day, most importantly that they do not need to be sequestered in their own classrooms. Last year, I had the privilege to tour Barcroft Elementary and see how they've set an example for the rest of the country by providing innovative training for all staff members on methods to teach students with ASD. I met a number of classes where non-ASD and

ASD students were side by side, mastering new vocabulary and working on math problems.

To help promote this model of learning, I introduced the Autism Educators Act last year which would establish pilot programs based on the Barcroft model. The bill would link school systems across the country with universities and non-profits to help train general education teachers who work with children diagnosed along the Autism spectrum. Because it's a pilot program, it would be narrowly focused on school systems with a very high incidence of ASD — at least 10 percent or more of the special education population.

All children face obstacles in their education, and with the growing prevalence of ASD in U.S. classrooms, we need to be prepared to help these children overcome additional barriers to success so they too can thrive in mainstream classrooms. I look forward to working with my colleagues to secure this legislative victory for children with ASD, to show them that we can make this investment in their educational success.

Meetings To Review Legislative Actions

BY ROB KRUPICKA
DELEGATE (D-45)



On April 3, I will be hosting my first of three Post-Session Legislative Wrap Ups. Please join me to discuss what happened this past session as well as to discuss the ongoing budget battle and Medicaid expansion. Come ask questions about legislation or issues important to you.

I will be having wrap ups in Alexandria, Arlington and Fairfax. The first wrap up is:

- Thursday, April 3 at 7:30-9 p.m.
Fairlington Community Center
3308 S. Stafford St.
Arlington, VA 22206

- Then:
- Thursday, April 10, 6:30-8 p.m.
Huntington Community Center
5751 Liberty Drive
Alexandria, VA 22303
 - Monday, April 21, 7:30-9 p.m.
St. Elmo's Coffee Pub

2300 Mt Vernon Ave
Alexandria, VA 22301

This past week the General Assembly began a Special Session to pass a budget. The big roadblock, of course, is whether we take our taxpayer dollars back from the Federal Government so that all Virginians can have access to healthcare. House Republicans refuse to con-

sider any budget that returns taxpayer money to Virginia. By taking back our Federal tax dollars, we can also add about \$200 million to the state budget, which, in addition to providing working Virginians with healthcare, allows us to expand funding for schools, economic development, and more. Last Monday, the Governor introduced a budget that brings our tax dollars home, expands Medicaid and makes critical investments in education and public safety. My Republican colleagues in the House dismissed the budget outright and refused to give it a careful review. The Senate is planning a public hearing on the Governor's proposed budget in early April and intends to take more time reviewing the Governor's proposal.

On Wednesday, the House passed a budget that does not provide for Medicaid expansion and as a result short changes our schools, denies our teachers a 2 percent raise at a time when our average teacher salary has fallen to 37th in the country, and more. Now the Senate and the House, along with the Governor, have to reconcile their conflicting views about the state budget. It is going to be an intense process as we fight to expand healthcare and also to invest in our schools and teachers.

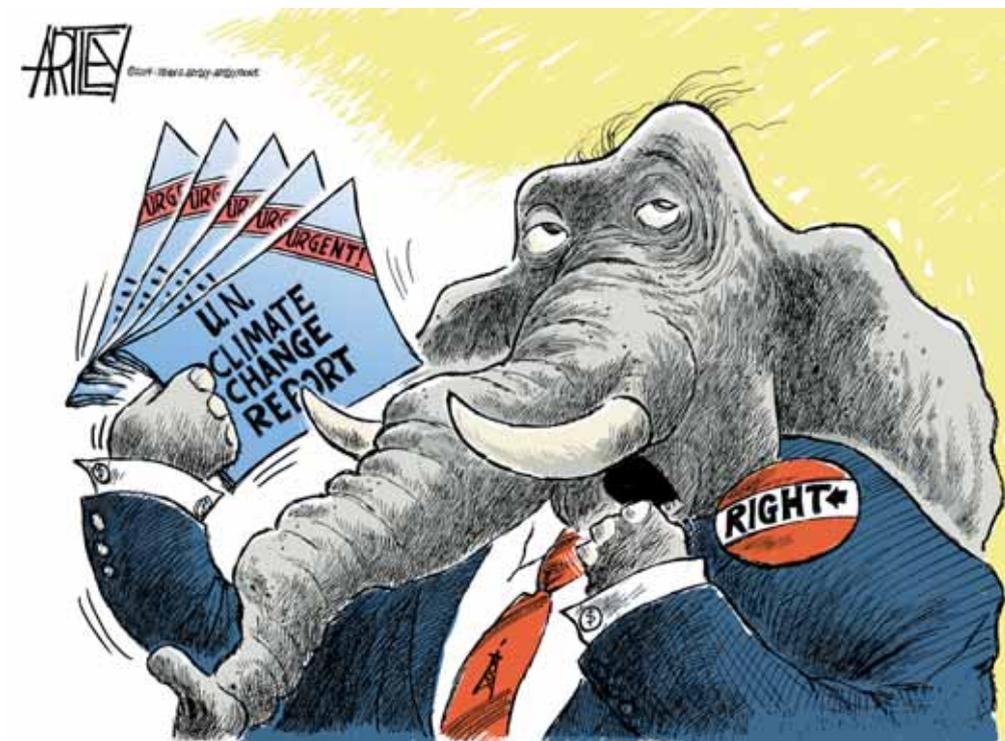
If you haven't already, I encourage you to sign the petition to close the coverage gap at www.CoverAllVA.com. Please share it with your friends and family to send a strong message that Virginians want affordable healthcare. I hope to see you soon at one of my three post-session legislative wrap ups.

LETTERS

Seeds of Success Are Sown

To the Editor:
The recent settlement agreement between

SEE LETTER, PAGE 28



Alexandria
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OPINION

Murder Cases Get Colder

BY HARRY M. COVERT

There's no time like the present. Those hoping for quick solutions to the recent Alexandria murders now will just have to wait. For how long? Not even police investigators can provide any progress reports or answers, at least not this week or in the foreseeable future.

What may seem to be a police blackout is not that at all.

COVERT MATTERS

All the excitement that a possible "person of interest," not officially a police portrayal, or a real "suspect," the preferred description, appears to have vanished into thin air.

Remember reports that a former independent mayoral candidate, Charles R. Severance, had been captured in Wheeling, W.Va. The broadcast media and newspaper reporters jumped on the story full blast. Former neighbors and political figures were subjects of interviews with eye-opening recollections.

Seeing Mr. Severance in the West Virginia courtroom was exciting for the community and brought some rest to the city. There he was, aged 53, disheveled and unkempt, long stringy grayish hair. The only charge he's seriously facing at present involves a gun warrant from Loudoun County. Bond was then set at \$100,000. There was no imme-

diated mention of murder or murders.

A few days later, despite his opposition of returning to Virginia, Severance's bond was reset at no bond because the prosecutor informed the court he was wanted in connection with three murders. A governor's warrant was issued in Richmond.

Alexandria's detectives do indeed want to talk with him. They may have had a conversation or two in the out-of-state jail. No reports of this come from headquarters. Still no charges, no holds on him if and when he's returned to the Old Dominion.

Severance has been labelled as odd or peculiar. He may even have a grudge against the city's judicial system. He may even be considered mentally ill. That's not known up to this point.

Facts remain: a police sketch and the jail mug shot apparently have little resemblance.

Other facts are this: three well-liked, well-known solid citizens and family leaders are murder victims. The cases seem to be ice cold as far as the public may think. Police say, and they probably have to, "there's no reason for us to call any of these cases cold." The reason from law enforcement perspectives: "They are being actively investigated."

Mrs. Ruthanne Lodato was fatally shot after opening a front door on Feb. 5.

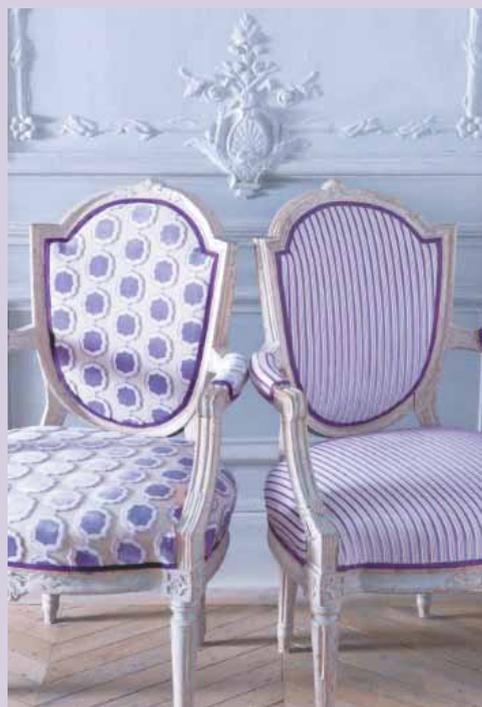
SEE MURDER, PAGE 30

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Ian Duke
Baseball MVP



LETTERS

The Ultimate Flim Flam Job

To the Editor:

It turns out that the City of Alexandria is a master of con jobs. A little background before we start.

In 1880, The Old Dominion Boat Club came into existence on the Alexandria waterfront. In 1923, the club purchased its current building at 1 King St. and, some years later, purchased the property at 2 King St.

In the 1970s, it was determined by the U.S. Department of the Interior that the Federal Government owned all of the Alexandria waterfront. Over the next few years, they coerced most of the land owners to agree to a settlement and then gave the property to the City of Alexandria with some stipulations. At that time, the ODBC chose to fight this move and filed a suit in Federal court. In 2004, the case was settled in favor of the ODBC.

During the 30-plus years between the filing of the lawsuit and its settlement, the City of Alexandria, although coveting the property of the ODBC, did nothing presuming that the Federal Government would win the case and hand



Members of the Old Dominion Boat Club have agreed to give up this ...

the property over to the city. Hold this thought for later.

In 2006, the city (using Open Space Funds) purchased the Beachcomber property at the foot of Prince Street for \$1.135 million. After eight years of trying, the city could do nothing with this blighted piece of property and was stuck with a dilapidated eyesore on the waterfront. Hold this thought for later.

The city owns a marina on the Potomac River, with its main pier being the A/B Dock opposite the Torpedo Factory Art Center. This marina is both too small and too expensive to maintain, resulting in a loss of money by the city every year. Hold this thought for later.

In 2011, the restaurant Virtue Feed and Grain opened in the building next to Wales Alley. At that time, the city leased half of



PHOTOS BY JOHN BORDNER

... for this. Members of the Old Dominion Boat Club voted to turn over its property at 1 King Street to the City of Alexandria in exchange for the Beachcomber at the foot of Prince Street.

Wales Alley to Virtue for outdoor dining. This was done despite the fact that the ODBC had an ingress/egress easement (dating back to 1978) through Wales Alley in order to allow the ODBC to get cars and boats to the ODBC parking lot, boat yard and boat ramp leading to the Potomac.

The ODBC brought suit against Virtue and the city to enforce its easement. After protracted legal

hearings and two trips to the Virginia Supreme Court, the ODBC successfully maintained its easement. This outcome now leaves the city vulnerable to a lawsuit by Virtue over the loss of Virtue's outdoor seating. Hold this thought for later.

Now, the city threatens to take by condemnation the ODBC's parking lot, boat lot, boat ramp, south dock, ownership in the Strand, nine parking spaces next to Mai Tai Restaurant, and the easement through Wales Alley. However, recognizing that it would not be politically favorable to invoke eminent domain to secure these properties, the city opened negotiations with the ODBC over swapping the land, coveted by the city, for all the troubled parcels previously listed. Further, by forcing that these negotiations be done in 90 days (under the threat of eminent domain), the city has succeeded in the following trade:

The city gives up the Beachcomber property (a real problem for the city) and the A/B dock of the city marina (a money loser) and pays the ODBC \$5 million. In exchange, the city acquires the ODBC's property at 2 King St., the ODBC ownership in the Strand, the ODBC's ownership in the nine parking spaces next to the Mai Tai Restaurant, the ODBC's easement through Wales Alley (removing a potential lawsuit), the ODBC's south pier, and as a bonus, the ODBC's Clubhouse at 1 King St. This is a total package probably worth in excess of \$20 million.

What a great caper by the city. Give away all their problem properties and a paltry \$5 million for the crown jewel of the Alexandria waterfront — the two properties at the foot of King Street.

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OPINION

AWLA Summer Animal Camp

Children and animals, a natural connection.

BY MEGAN WEBB
ALEXANDRIA ANIMAL WELFARE LEAGUE

At some point, parents may find their child begging for an animal. Many children have a natural affection and interest in animals from an early age. Studies suggest that pets can have a positive impact on a child's mental, emotional, and physical development. Children often create strong bonds with their pets, and pets can provide important companionship, especially during stressful periods. A pet can help a child learn about compassion, empathy, and nurturing. Studies have even suggested that an early exposure to animals may decrease a child's risk of developing

asthma and allergies.

Although a child can benefit from an animal companion, it is important to find the right animal to fit the family's lifestyle, and not to expect the child to be the main caretaker of the animal. The Animal Welfare League of Alexandria often encounters parents who say their child will be responsible for an animal they want to adopt, but things rarely work out that way. Children are just learning to care for themselves, and taking on the care of another living being is often too much to expect. Instead, the AWLA recommends that the parent serve as the main caretaker, while giving the child age-appropriate tasks, such as filling the water bowl or measuring out the animal's food. This can be a great way to teach the child new skills and important life lessons.



Winnie — adopted from the AWLA — with her new companion, Elinore.

SEE ANIMAL,
PAGE 30

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Special thanks to **Alexandria Gazette Packet**



John Adams Elementary music teacher Wesley McCune leads the Orff Ensemble in rehearsal, in preparation for their school concert and the concert with the Alexandria Symphony Orchestra.



PHOTOS BY VERONICA BRUNO/GAZETTE PACKET

Students at John Adams Elementary played the xylophone in a workshop where they had an opportunity to create and perform their own composition.

Elementary School Students Partner with ASO

Orff Ensemble works with El Sistema consultants in workshops.

John Adams Elementary School in Alexandria and the Alexandria Symphony Orchestra held their second week-long El Sistema workshop during the week of March 24. The focus of the workshop was on composition, culminating in the creation of a complete musical work by all the participating students.

The workshops build on John Adams' established Orff percussion classes, a 25-year before-school program which provides musical instruction starting at 6:30 a.m. every school morning.

"The program was not designed for the musically gifted, but rather for the students whose lives who could be changed for the better. Examples of the impact are students who were having emotional problems, attendance issues, extreme dislike or fear of school, or an inability to cooperate with



Jed-Art Palapal discusses a part of the composition with cellist Natasha Zielazinski.

others. The before-school music program has been a vehicle to turn these students into productive, motivated students not only musically but throughout all the components of their school environment," said John Adams music teacher and Orff Ensemble director Wesley McCune.

"The kids come up with the lyrics and ideas," said El Sistema consultant and workshop organizer Daniel Trahey.

ASO's Maestro Kim Allen Kluge met with the students weeks before the workshop

began. He described the importance of ASO's investment in the program: "I value what they have to say.

They are equal partners with us on the stage and we will be incorporating their work into the main programming." Not only did the students perform the work at their school, they also appeared on stage with the ASO at Schlesinger Hall on Saturday, March 29.

ASO and John Adams Elementary would like to develop the program to be full-time

next year with specific instruction for wind, brass, and percussion instruments as well as special guest artists. "Hopefully through the partnership with the ASO, we will soon be able to include every child in the program with the addition of more music teachers and resources," McCune said.

For more information or to donate to the program, contact ASO at 703-548-0885 or visit www.Alexsym.org.

— VERONICA BRUNO



Emily Klug leads the John Adams Elementary choir practice during the El Sistema workshop. The choir rehearsals before school from 6:30 a.m. until school-time begins.



Jacob Rosario, Alex Kelley, Arianna Stodgel, Cece Maslanka, Zaida Calix-Tello enjoy playing the violin in the Orff Ensemble, the music program participating in the El Sistema workshop.



Jocelyn Teran is ready to hit her notes on the timpani with precision.



John Adams Elementary choir members Heaven Nowlin, Ikra Hussein, Bethel Million and Khaymoni Dearman practice their songs early in the morning, before school start time.



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5013 Mount Vernon Memorial Highway \$979,500
Stunning New Luxury Home!
 Absolutely nothing comparable for under \$1 Million. Just completed luxury home designed on the "Great Room" concept. Incredibly wide open main level with high ceilings and many windows provides bright, airy atmosphere. Other features: 3 luxuriously finished levels, 5 full baths, hardwood flrs and stunning master suite! Gorgeous setting on level 1/2 acre lot. **OPEN SUN 4/6 1-4! GW Pky S, past Estate; L-Patton; L-service road.**

JUST LISTED **OPEN SUN**

4413 Ferry Landing Rd \$555,000
Yacht Haven Gem!
 Fabulous new listing in Yacht Haven Estates, one of area's leading waterfront communities! Many major upgrades include: furnace, A/C, water heater, roof, W&D. Truly stunning gourmet kitchen w/ custom cabinets, gas cooktop, top level granite countertop. Hardwood floors, bright, open floor plan, covered parking & stone walkway. Large deck overlooks gorgeous 1/2 acre grounds.

JUST LISTED **OPEN SUN**

4505 Tarpon Ln \$575,000
Contemporary Rambler Near Water!
 Unique opportunity! Large Rambler with Frank Lloyd Wright influence. Gorgeous condition—many features include open floor plan, cathedral ceilings, fabulous master suite, 3 bedrooms, 2.5 baths, and finished lower level with spa entrance. Prime location on half acre wooded lot near marina.

JUST LISTED **OPEN SUN**

4200 Ferry Landing Rd \$698,500
Spacious Colonial- Shows Like Model!
 Unique opportunity! This gorgeous 4BR Colonial is in impeccable condition, located on large lot and is loaded with upgrades. Exceptionally bright, open floor plan. Fab features: main level study and family room, large kitchen, breakfast area, finished LL, sumptuous master suite, stunning Brazilian Cherry floors, "Andersen" thermal windows, and 2 car garage. Property provides unique combination of size, condition and prime location.

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NEW CLASSES STARTING!

There is NO BETTER TIME to get your Real Estate License than RIGHT NOW!

The 60 hour evening and Saturday Principles' Classes will begin APRIL 19TH in our Alexandria / Old Town Office for only \$199 including books.

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bill.jourdan@LNF.com

Dianna Campagna
 Assistant Manager
 703-477-0849 (cell)
dianna.campagna@LNF.com

Steve Kindrick
 Instructor
 703-683-0400 (office)
steve.kindrick@LNF.com

***Classes begin on Saturday, April 19th and end on Saturday, May 17th. They will be held on Tuesday and Thursday evenings from 6:00pm - 10:00pm and on Saturdays, 9:00am - 5:00pm during the day.

CHRISTIE'S INTERNATIONAL REAL ESTATE **LONG & FOSTER REAL ESTATE EXTRAORDINARY PROPERTIES**

\$ 919,500
Clermont "AMAZING"
 Spacious 5/6BR, 4.5BA, open floor plan home. Work, play and enjoy the large tree-lined, landscaped lot backing to Mark Twain Park Kitchen with granite and SS appliances, den/office/5th bedroom with view of back yard and park. Hardwoods with carpet in bedrooms, 2-zoned HVAC, central sound, large basement, shed, invisible fence. Trex deck with gas line for grilling. 2-car garage

Jim Crowe 703.856.8244

\$ 334,000
Alexandria "NEW PRICE"
 Wonderful location offers access to eateries, shops, Metro and all of Old Town. This 1BR/1BA has lovely hardwoods, crown molding, and W/D in unit. Wood-burning fireplace in living area with decorative wood mantle, plus tile hearth and surround. Built-in bookcases/shelves and office alcove complete the bedroom with walk-in closet.

Brian Hong & Jery Beamer 703.929.5764

\$ 855,000
Alex. / Jefferson Park "GREAT LOCATION"
 Charming 2BR/2.5BA cottage nestled in the trees with a gourmet kitchen featuring marble counters, JennAir SSA and breakfast bar. Living room has wood-burning fireplace, built-in bookcase, plantation shutters, hardwood floors, custom sea-grass flooring. Master suite boasts vaulted ceilings, skylights, large Palladian window, marble shower, CA closets.

Sheila Kolb 703.201.2334

OPEN SUNDAY 1 - 4!
\$ 995,000
Alexandria 2014 WINDMILL LN
 This home will surprise you! Soaring ceilings and glass provide the structure for the "Big Room", a family and entertaining area with French doors leading to a deck and private backyard. 4-5BR/3.5BA, an au-pair suite, hardwoods and much more!

Catherine Foltz@longandfoster.com
Catherine Foltz 703.626.6914

\$ 720,000
Fairfax Station "CROSSPOINTE"
 Stunning 3 finished levels, 4BR/3.5BA 2-story foyer and hardwood on ML. Spacious family room with vaulted ceilings wood-burning fireplace. Updated kitchen, wood deck and master bath with soaker tub and shower. Finished LL with gas fireplace, game room, full bath and guest suite. Community pools, tennis. Close to shopping and VRE. 1 mile to the Laurel Golf Course.

Catherine Foltz@longandfoster.com
Catherine Foltz 703.626.6914

\$ 649,900
Parker Gray Historic "CHARMING"
 • 2 / 3 bedroom / 2.5 baths
 • 1 off-street parking
 • Hardwood floors
 • Open floor plan
 • Kitchen with granite, SS appliances and French door
 • Formal LR / separate DR
 • Tailored patio and yard
 • Short distance to Metro

Martine & Alexander Imer
703.346.7283 or 703.403.2465

OPEN SUNDAY 1 - 4!
\$ 595,000
Alexandria 131 HILTON ST
 Spectacular home just steps to King St Metro, Whole Foods, PTO and Old Town. Beautifully updated / expanded 4BR/2BA home has a sparkling kitchen with walk-thru pantry and granite. Crown molding, hardwoods, fireplace and renovated bathrooms. Well-landscaped front / rear yards with brick patio for outdoor entertaining.

Kimberley Bush 703.627.7656

OPEN SAT 12 - 3 & SUN 1 - 4!
\$ 403,000
Alexandria 1736 OSAGE ST
 NEW LISTING! No stone has been left unturned in this stylishly updated townhouse in Kingsgate. Beautifully finished thru-out with SSA, granite, open kitchen to family room, gas fireplace, built-in bookcases, new windows, furnace, AC, and water heater. 2 Master suites, Jacuzzi, separate shower, walk to shops, eateries and easy commute downtown.

Sharon Edwards 703.408.8144

\$ 339,000
Alexandria "NEW PRICE"
 Why pay condo and HOA fees? Lovely renovated single family home with off-street parking for 3+ cars. Nice yard(s) 3BR / 1FBA, 2 finished levels. New kitchen with granite. 1 mile to Metro and Old Town. Burgundy Village.

Marcy Covarrubias 703.772.6569

\$ 249,000
Alexandria "SPACIOUS"
 2BR/2.5BA quiet condo overlooking the pool, tennis courts and green space. Facing SE, this unit maximizes sunlight, boasts warm wood floors, generous closet space and nice flow. W/D in unit plus garage parking. Sold as-is and awaiting your special touches. Fee includes most utilities. Easy commuting to Ft Belvoir, DC and Old Town.

Michael Manuel 703.615.6317

\$ 875,000
Alex. / Portners Landing "LOCATION"
 An all brick classic near historic district, Potomac River, Metro, gourmet markets, coffee bars, restaurants and specialty shops. Wonderful enclave with easy access to DC and Reagan Airport. 4 levels, 3 en-suite bedrooms, wood floors thru-out, and cook's kitchen with new granite and JennAir appliances. Storage.

Mike Lekas 703.927.9895

OPEN SUNDAY 1 - 4!
\$ 950,000
Alexandria / Potomac Greens 1744 POTOMAC GREENS DR
 Located just blocks away from restaurants and boutiques, this urban townhome has it all. 4BR/3 full & 2 half BA, 2 fireplaces and a 2-car garage. Enjoy a roof top deck with views of the city. Bus to Metro at entrance of subdivision and 1 stoplight to airport and DC.

Mary Lou Sage 703.851.5441

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A First for MetroStage

'The Thousandth Night' and 'Underneath the Lintel' in Repertory

BY CAROLYN GRIFFIN
METROSTAGE, PRODUCING ARTISTIC DIRECTOR

The script of "The Thousandth Night" by Carol Wolf arrived in the mail unsolicited and unexpected almost 20 years ago, and I immediately knew I wanted to produce it. With its dramatic flair, incredible storytelling, grounding in a historical period for context, and an amazing tour de force role for an actor, I knew that it had all the elements I looked for in a play and would be perfect in an intimate space. But at the time I had no theatre!

NOTES FROM THE PRODUCER

When our new space opened in 2001, I produced it the first season to great acclaim. Knowing I would someday return to this play (and that it had a fabulous set), we moved the set straight to my garage where it has lived for the past 12 years. This spring I am happy to bring this remarkable theatre experience, featuring Marcus Kyd (last seen on our stage in 2005 in "One Good Marriage"), back to new audiences as part of our 30th anniversary celebration.

The challenge to the individual actor in a solo piece is tremendous. The level of commitment to the material and the passion for the story must be palpable. For an audience to experience this level of storytelling from a stage when they are intimately implicated and involved in the story is an unmatched opportunity for a theatregoer. Carol Wolf has written a remarkable play on so many levels that this live theatre experience promises a rich emotional and intellectual journey for both the actor and the audience.

In addition, through sheer chance and a little serendipity I was introduced to "Underneath the Lintel," written by Glen Berger, by actor Paul Morella when he was here last spring performing in "Ghost-Writer." I couldn't believe how perfectly this script fit with "The Thousandth Night." I immediately called director John Vreeke, and we decided that for the first time ever we would produce two plays "In Rep" on the same set and hope that our patrons would agree that there is an interesting, intriguing compatibility and connection between the two. It is storytelling at its best with underlying themes of individual choice and determination and that universal search for the meaning of life or, in other words, untangling the mystery of life. Entertaining yet poignant, and exquisite roles for two of our favorite actors.

PHOTOS BY CHRIS BANKS
Marcus Kyd performs the one man show "The Thousandth Night" in repertory at MetroStage through May 4.



Email announcements to gazette@connectionnewspapers.com. Photos and artwork are encouraged. Deadline is Thursday at noon.

ONGOING

Songwriter's Showcase. Every Tuesday at 8 p.m. at The Old Town Theater, 815 1/2 King St. Features a different Songwriter's Association of Washington artist each week. Visit www.theoldtowntheater.com for tickets.

Art Exhibit. See photographer E.E. McCollum transform the figure in "The Cocoon Series" through April 7 in the Art League Gallery at the Torpedo Factory, 105 N. Union St. Through a series of black and white photographs, McCollum transforms the human figure by using nylon tubing to encase the body. Free. Visit www.theartleague.org or 703-683-1780.

Art Exhibit. "ColorField" pays homage to the Washington Color School by encouraging Art League artists to revisit this method of abstract painting in which color is emphasized and form and surface are de-emphasized. The exhibit runs through April 7 in the Art League at The Torpedo Factory, 105 N. Union St. Visit www.theartleague.org for more.

Art Exhibit. See "REVOLUTION: Art and Technology" art exhibit April 4-27 at Del Ray Artisans, 2704 Mount Vernon Ave. Artists explore their relationship with technology in computer-created art, digitally manipulated art, art made from electronic parts, mixed-media pieces expressing feelings about technology, and more. Hours are Thursdays noon-6 p.m.; Friday & Saturday noon-9 p.m.; Sunday noon-6 p.m. Visit www.TheDelRayArtisans.org for more.

Sculpture Exhibit. Through Sunday, April 27 at Margaret W. and Joseph L. Fisher Art Gallery, located in the Rachel M. Schlesinger Concert Hall & Arts Center at the Alexandria Campus of Northern Virginia Community College. See Edmond Nassa's "Innermost Evocations." His website <http://edmondnassa.com/> showcases some of his work. Gallery hours are Monday-Friday 10 a.m. to 4 p.m. and during performances. Visit www.nvcc.edu/schlesingercenter/gallery.html.

Art Exhibit. See "LOULUDI Flower/To Flower" at The Athenaeum, 201 Prince St. The exhibit explores the natural process of flowering and its metaphorical context through object making and installation. Free. The exhibit runs through May 4. Call 703-548-0035 or visit www.nvfaa.org.

Art Exhibit. See "Spirit of Place: Dyke Marsh," an exhibition of photography by Anthony Peritore and sculptural works by Megan Peritore through May 18 in the Crossroads Gallery, located in Goodwin House Bailey's Crossroads, 3440 S. Jefferson St., Falls Church. Free.

Theatre One-Man Shows. Through May 25, two shows will be performed in repertory at MetroStage, 1201 N. Royal St. "The Thousandth Night" by Carol Wolf and starring Marcus Kyd, and "Underneath the Lintel" by Glen Berger starring Paul Morella will be performed on Tuesdays and Wednesdays at 7:30 p.m., Thursdays and Fridays at 8 p.m., Saturdays at 3 or 5 p.m. and 8 p.m., Sundays at 3 and 7 p.m. Tickets \$50 (students \$25) at 800-494-8497 or www.boxofficeickets.com. Visit www.metrostage.org for more.

Attics and Alleys Tour. Tickets are now on sale for the Attics and Alleys tour, a three-hour walking tour featuring rarely seen spaces of four sites — the Lee-Fendall House, Gadsby's Tavern Museum, The

Stabler-Leadbeater Apothecary Museum and Carlyle House. Tours will be offered Saturdays in May, 9 a.m.-noon. \$35/peron. Reservations required. Visit shop.alexandriava.gov or 703-746-4242.

Art Exhibit. "Women Legends of Alexandria: 2007-2013" art exhibit will be on display at Prudential PenFed Realty, 300 N. Washington St., suite 100. The exhibit will showcase portraits from the Living Legends of Alexandria project with selected works from the Del Ray Artisans. Show runs through June 27. Hours are Mondays-Fridays 9 a.m.-5 p.m. Visit www.thedelrayartisans.org for more.

Doggy Happy Hours. 5-8 p.m. at Jackson 20 and Hotel Monaco Alexandria, 480 King St. Thursdays during the summer. Free, drinks sold separately. Treats and water for dogs, with pet boutique and service vendors. Portions of proceeds benefit People. Animals. Love. Visit www.Monaco-Alexandria.com/alexandria-hotel/doggy-happy-hour.html.

New Exhibit. Mount Vernon invites visitors to explore George Washington's design for the grounds of his estate, through a new exhibition, "Gardens & Groves: George Washington's Landscape" at Mount Vernon through Jan. 12, 2016. Gardens & Groves is the first museum exhibition to focus specifically on Washington's landmark achievements as a landscape designer combining rarely-seen original documents, artwork, and books with period garden tools, landscape photography, and a scale model of the Mount Vernon estate. Included in admission \$18/adult; \$17/senior citizen; \$9/child age 6-11; children under 5 are free. Visit www.mountvernon.org for more.

Alexandria Cars & Coffee invites car enthusiasts to meet for coffee at Hollin Hall Shopping Center in front of Roseina's, 1307 Shenandoah Road. Classic cars, hot rods, exotic cars, motorcycles and more meet to share car stories and drink coffee. Group meets the first Sunday of every month. 8:30-11 a.m.

George Washington's Mount Vernon has joined Thomas Jefferson's Monticello and James Madison's Montpelier to expand the "Presidents Passport," Virginia's premier presidential trail. As an added bonus to this year's program, visitors to the Alexandria Visitors Center at 221 King St. showing or purchasing a ticket to any of the three presidential estates will, upon request, receive for free Alexandria's "Key to the City" pass, which grants access into nine historic sites and museums in Alexandria - a \$26 added value. Learn more at PresPassport.Monticello.org.

Art Exhibit. See "Sit Down and Take a Stand: Samuel W. Tucker and the 1939 Alexandria Library Sit-In" at the Alexandria Black History Museum, 902 Wythe St. The exhibit focuses on the life of famed civil rights attorney Samuel Wilber Tucker, and highlights the role of Robert Strange, who was a runner between the library and Tucker's office, keeping Tucker abreast of developments. The exhibit runs through August. Free. 703-746-4356.

CLASSES & WORKSHOPS

Art at the Center spring classes are now open for registration. The spring session runs April 21-May 30. The early-bird registration deadline is April 7. Visit www.artatthecenter.org or call 703-201-1250.

Metro Club After-School Program. Through June, the Metropolitan School of Arts presents an after-school program for grades 1-6. The

ENTERTAINMENT

program is located at both the Lorton studio at Workhouse Arts Center, 9517 Workhouse Way and in Alexandria at 5775 Barclay Drive. Programs will focus on the arts, including music, dance, theatre, yoga and academics, as well as designated homework time. The program will run Mondays, 1-6 p.m., and Tuesday-Friday, 3-6 p.m. Tuition runs from \$130-150. Call 703-339-0444 or visit www.metropolitanarts.org.

Life Drawing. Del Ray Artisans offers a range of open life drawing sessions for anyone to develop life-drawing skills further. Just drop-in for the session and bring your supplies to draw or paint our live models. Fee ranges from \$8-\$12. All skill levels are welcome. Del Ray Artisans is located at 2704 Mount Vernon Ave. Visit www.TheDelRayArtisans.org for a schedule.

Photography Workshop. 10:30 a.m.-noon at Multiple Exposures Gallery on 105 N. Union St. Photographers and enthusiasts of all skill levels are invited to share work, ideas, and questions at this free workshop held on the last Sunday of each month, except December. No reservations. Call 703-683-2205.

SUMMER CAMP

Theater Camp. Mount Vernon Community Children's Theatre will hold sessions starting June 30 to Aug. 22. There are two-week sessions with morning, afternoon or all day sessions, and one-week sessions that go all day. To register, visit www.mvccct.org.

CHERRY BLOSSOM FUN

Cherry Blossom Food Tour. On Wednesdays at 11:30 a.m. and Saturdays at 2 p.m., take a guided tour of Alexandria, exploring the architecture, while pausing in locally-owned eateries to sample cherry-centric dishes and learn about cherry blossom history. \$49/person. Runs March 22-April 12. Visit www.dcmetrofoodtours.com/cherry_blossom_food_tour.html for more.

Blossoms by Bike River Ride. On Fridays, Saturdays and Sundays at 1 p.m., enjoy a three-hour bike tour along the Mount Vernon Trail, into DC and around the tidal basin to see the blossoms up close. Runs March 22-April 13. \$40/person age 13 and older. Visit www.biketoesites.com/tours for reservations.

Cherry Blossom Boat Tour. Departing Saturdays and Sundays at 11:30 a.m., 1:30 p.m., 3:30 p.m. or 5:30 p.m. at Cameron and Union Streets. Take a boat cruise and view the blossoms along the river. Runs March 29-April 13. \$26/adult; \$14/child age 2-11. Visit www.potomacriverboatco.com/blossoms2014.php to register.

THURSDAY/APRIL 3

Doggy Happy Hour Opening Day. 5-8 p.m. at Jackson 20 and Hotel Monaco Alexandria, 480 King St. Free, drinks sold separately. Treats and water for dogs, with pet boutique and service vendors. Visit www.Monaco-Alexandria.com/alexandria-hotel/doggy-happy-hour.html.

Jazz Concert. 8 p.m., The Lyceum 201 S. Washington Street Alexandria. The United States Air Force Band-Members of the Airmen of Note presents: An Evening of Jazz: Trumpet/Saxophone Sextet. Free. Call 202-767-5658 or visit www.usafband.af.mil.

FRIDAY/APRIL 4

Opening Reception. 7-10 p.m. see "REVOLUTION: Art and Technology" art exhibit from April 4-27 at Del Ray

Artisans, 2704 Mount Vernon Ave. Artists explore their relationship with technology in computer-created art, digitally manipulated art, art made from electronic parts, mixed-media pieces expressing feelings about technology, and more. Visit www.TheDelRayArtisans.org for more.

SATURDAY/APRIL 5

Fundraiser. 10 a.m.-1 p.m. at Heritage Presbyterian Church, 8503 Fort Hunt Road. The Nelly Custis Chapter of the NSDAR will host a fundraiser to help restore the children's crib at Mount Vernon. Vendors will sell jewelry, handbags, cosmetics, cooking ware, books and more. Cash, check and credit cards will be accepted.

Cheerleading Competition. 11 a.m. at T.C. Williams High School, 3330 King St. The Alexandria Invitational Cheerleading Competition features youth cheerleading teams from neighborhood recreation centers and the metropolitan area. \$10 for ages 13 and older, \$5 for ages 5-12 and ages 4 and under are admitted free. Call 703-746-5402 or visit www.alexandriava.gov/Recreation.

Fashion Show and Luncheon. 11:15 a.m. at Aldersgate United Methodist Church, Fort Hunt and Collingswood Roads. "Hats off to Spring" with fashions by Chico's. \$25 tickets. Wear a hat and receive a door prize ticket. Doors open at 9:30 a.m. for vendor and silent auction shopping. Visit www.aldersgate.net.

"The Grandest Congress" Meeting. Noon-4 p.m. at Carlyle House, 121 N. Fairfax St. Major General Edward Braddock, Commander-in-Chief of His Majesty's Forces in North America, has convened a meeting of five colonial governors at John Carlyle's Alexandria home to prepare for the impending French & Indian War. Carlyle will call the meeting "the Grandest Congress...ever known on the Continent." Visit <http://shop.alexandriava.gov> for tickets.

History Book Club. 1 p.m. at the Athenaeum, 201 Prince St. Join the discussion about "The Internal Enemy: Slavery and War in Virginia, 1772-1832" by Alan Taylor. Visit www.nvfaa.org.

The Civil War Returns. 1-4 p.m., at Historic Huntley, 6918 Harrison Lane. Historic Huntley will commemorate its heritage as Camp Michigan — a tenant farm occupied by Union forces during the winter of 1861-62. Join military and farming re-enactors as they demonstrate camp life and how civilians coped with soldiers overrunning their farms. Suggested donation \$5; children 10 and under, free. Rain or shine. Light refreshments. This special event is sponsored by the Friends of Historic Huntley. For more information call Huntley Meadows Park at: 703 768-2525.

Benefit for Fisher House Foundation. 6:30-10 p.m., at Lincolnia Senior Center, 4710 North Chambliss St. The Northern Virginia Country-Western Dance Association will host a fund-raising event for the Fisher House Foundation. Proceeds go to Fisher House. \$15 in advance, \$20 at the door. Visit www.nvcwda.org or call 703-860-4941.

Braddock Day Ball. 8-11 p.m. at Gadsby's Tavern Museum, 138 N. Royal St. Enjoy dancing and more. 1750s attire requested. \$45. Visit <http://shop.alexandriava.gov> for tickets.

THROUGH SUNDAY/APRIL 6

Community Theater. Fridays and Saturdays at 8 p.m., and Sundays at 2 p.m., at 1301 Collingwood Road. Aldersgate Church Community Theater presents the premiere of the family-friendly classic "Anne of Green

Gables." \$12 for youth and seniors and \$15 for adults. Visit www.acctonline.org.

SUNDAY/APRIL 6

Historic Walking Tour. 1-3 p.m. in Old Town Alexandria. The tour covers the history of Alexandria as reflected through its architecture and urban design, highlighting examples from Georgian to Art Deco. Led by architects. Free, but registration required. Visit <http://aianova.org>.

Pocahontas and John Rolfe Wedding Celebration. 3-5 p.m. at Collingwood Library, 8301 E. Boulevard Drive. There will be a talk by Dr. James Ring Adams about the life of Pocahontas, followed by a reception. \$30/person will benefit NSCDA's American Indian Nurse Scholarship Fund. Email evelyngriswold@m.com or 703-765-3655.

Concert. 4-5:30 p.m., at The George Washington Masonic National Memorial, 101 Callahan Drive. Annie Yu, WTTG-FOX 5's morning anchor, will host the concert that includes performances by Metropolitan Youth Ballet, Metropolitan Youth Tap Ensemble, MSA's Impulse Jazz Company, MSA Academy vocalists and live music by local musicians, like Voices of Liberty. \$75 per person or \$100 per couple with proceeds benefitting MSA's Alexandria studio's Black Box Theater Project. A reception will immediately follow at 5:30 p.m. Visit www.metropolitanarts.org.

Opening Reception. 4-6 p.m. meet the artists of "Spirit of Place: Dyke Marsh," an exhibition of photography by Anthony Peritore and sculptural works by Megan Peritore in the Crossroads Gallery, located in Goodwin House Bailey's Crossroads, 3440 S. Jefferson St., Falls Church. Free.

Concert. 5 p.m. at Immanuel Church-on-the-Hill, 3606 Seminary Road. The EcoVoce Ensemble — an Alexandria-based trio of soprano, piano, and flute specializing in concerts about nature and the earth — celebrates 15 years with a Washington DC area premiere of an African-inspired choral work, "Adiemus: Songs of Sanctuary." EcoVoce teams up with The University of Mary Washington Chorus, in this multimedia concert sharing the beauty, wildlife, and people of South Africa. Suggested donation \$10. Students \$5. Call 703-683-0322 or visit www.ecovoce.org.

Spring Forward Fundraiser. 6-9:30 at Union Street Public House, 121 S Union St. Community Lodgings is hosting their 9th annual Spring Forward fundraiser. here will be cocktails, a buffet dinner, silent auction, and a short program, including the presentation of the Christopher McMurray Award to a family or child in our Transition in Place Housing or Youth Education Programs. \$75/person. Visit www.communitylodgings.org for more.

Movie Night. 7 p.m. at Del Ray Artisans, 2704 Mount Vernon Ave. Watch "The Thomas Crown Affair." Free, but donations encouraged. Register at www.TheDelRayArtisans.org.

MONDAY/APRIL 7

R.E. Lee Camp Dinner. 6:15 p.m., at the American Legion Post 24 Hall at 400 Cameron St. Hear author Ed Trexler address "Causes of the American Civil War." \$25, \$30 at the door. RSVP at 703-299-1725. Checks should be made out to R.E. Lee Camp #726 and mailed to 401 Wilkes St., Alexandria, VA 22314 and must be received by April 4. Visit www.leecamp.org.

Poetry Reading. 7:30 p.m., in the

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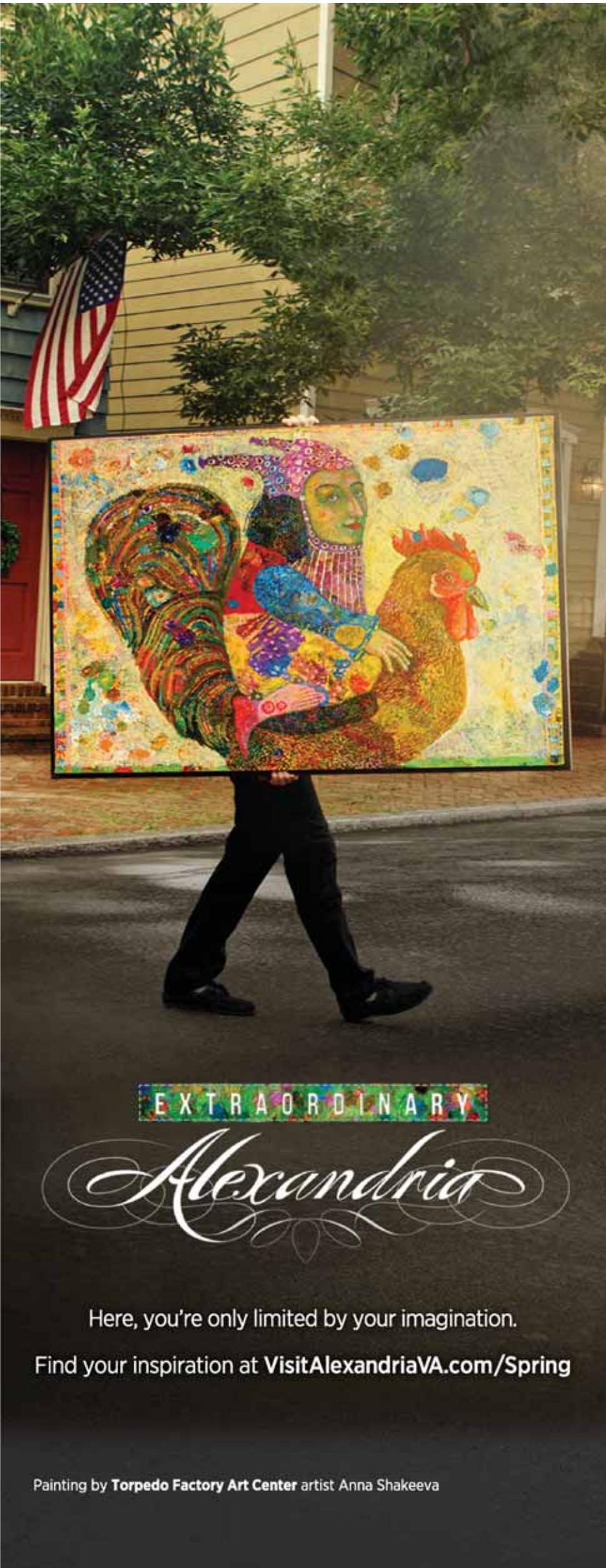


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Alexandria

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Painting by **Torpedo Factory Art Center** artist Anna Shakeeva

ENTERTAINMENT

Meeting Room of Duncan Library, 2501 Commonwealth Avenue, Alexandria. The Friends of Duncan Library and the Duncan Library Poetry Society will host local Alexandria poet, Margaret B. Ingraham reading from her book, *Proper Words for Birds*.

WEDNESDAY/APRIL 9

Spring2ACTion. This online giving event helps nonprofits reach fundraising goals. In this 24-hour period, how much can Alexandria raise? Every donation counts. Visit spring2action.razoo.com/giving_events/act14/home for more.

THURSDAY/APRIL 10

Trunk Show Kickoff. 7 p.m., at Ten Thousand Villages, 915 King St. Ten Thousand Villages, a fair trade retailer on King Street in Old Town Alexandria, is hosting its second annual Fair Trade clothing trunk show through Monday, April 14. Visit www.alexandria.tenthousandvillages.com, www.matatrad.com, www.symbologyclothing.com, or call 703-684-1435.

Documentary Screening. 7 p.m. at T.C. Williams High School auditorium, 3330 King St. "Autism: The Musical" screening to mark Autism Awareness and Acceptance Month. The film follows five children with autism who create and perform a live musical. Light refreshments available 6:30-7 p.m. For information or to RSVP call 703-820-4997.

Second Thursday Music. 7 p.m. at the Athenaeum, 201 Prince St. The Glimpses, a local band featuring singer/songwriter Mercedes Mill and multi-instrumentalist and producer Matthew Leonard, accompanied by percussionist Jim Gormley. \$10 admission. Visit www.nvfaa.org.

Nature Presentation. 7:30-9 p.m. at Green Spring Gardens, 4603 Green Spring Road. Potowmack Chapter of the Virginia Native Plant Society hosts the presentation, "Dyke Marsh Wildlife Preserve: Restoring a Primeval

Wilderness in the DC Area." Call 703-642-5173.
Concert. 8 p.m., at The Lyceum 201 S. Washington St. The United States Air Force Band-Members of the Air Force Strings will perform an evening of string music. Free. Visit www.usafband.af.mil or call 202-767-5658.

FRIDAY/APRIL 11

Plants, Food, and Art Market. 9 a.m.-6 p.m. The American Horticultural Society will be holding its annual Spring Garden Market at its River Farm. Call 703-768-5700 or visit www.ahs.org.

SATURDAY/APRIL 12

Plants, Food, and Art Market. 9 a.m.-6 p.m. The American Horticultural Society will be holding its annual Spring Garden Market at its River Farm. Call 703-768-5700 or visit www.ahs.org.

Round Table Discussion. 10 a.m.-noon at Del Ray Artisans, 2704 Mount Vernon Ave. Discuss "Using Technology to Promote Art." Free, but donations encouraged. Register at www.TheDelRayArtisans.org.

Firefighting History Walking Tours. 1-2:30 p.m. at Friendship Firehouse Museum, 107 S. Alfred St. Explore Alexandria's firefighting history through a tour. Learn about three major fires, the five volunteer fire companies and more. For people age 10 and older. \$6/adults; \$4/age 10-17. Reservations required, www.alexandriava.gov/FriendshipFirehouse or 703-746-4994.

Book Signing. 1-5 p.m. at the Holiday Inn Express & Suites Alexandria Fort Belvoir, 6055 Richmond Highway. Author Wendy Marie Withers signs copies of her book "Adventures of My Brother's Keeper."

SATURDAY-SUNDAY/APRIL 12-13

Historic Ship Tour. Noon-5 p.m. at the pier at Alexandria Marina, 201 N. Union St. The Schooner Virginia, a tall ship recreation of the Virginia Pilot Association's last pure sailing

Profiles of Courage

Private Bobby G. Padgett, 1959

Bobby Padgett was born on June 28, 1931, in Roanoke, Virginia to Curtis and Ollie Padgett. He grew up with two sisters and five brothers. His brother, Russell, was a Roanoke police officer, but Bob was attracted to Alexandria and on February 20, 1957, he became an Alexandria police officer.



On February 4, 1959, police were called to the 100 block of South West Street. A man reported someone had entered his home and struck him with a rod. When he arrived, Private Padgett encountered the suspect, Harry Eugene Fuller, arguing with his estranged wife outside. There was a scuffle as Padgett and another officer tried to arrest him. The officers managed to get one of Fuller's arms handcuffed, but he broke free and knocked Private Padgett's gun away.

Fuller grabbed the gun and shot Private Padgett twice and struck him on the head with the pistol. A third officer arrived on the scene and was able to apprehend Fuller as he fled.

Padgett, 27, died as a result a gunshot wound, which struck an artery.

Help the Alexandria Police Foundation honor Private Padgett and other officers killed in the line of duty by supporting the **Alexandria Police Fallen Officers Memorial**. To donate, mail a check to:

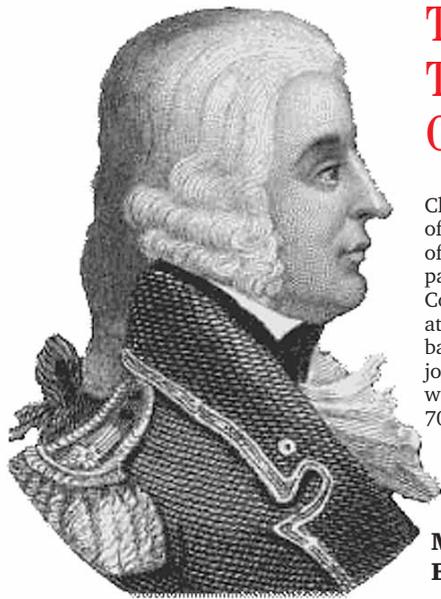
Alexandria Police Foundation
3600 Wheeler Avenue, Suite 118
Alexandria, VA 22304.

Donate online at www.AlexandriaPoliceFoundation.org/Memorial.



Special thanks to:
Alexandria Gazette Packet

ENTERTAINMENT



The Grandest Congress: The French and Indian War Comes to Alexandria

Spring, 1755: Major General Edward Braddock, Commander-in-Chief of His Majesty's Forces in North America, convened a meeting of five colonial governors at John Carlyle's Alexandria mansion. One of Braddock's objectives was to secure funding for his upcoming campaign against the French. Carlyle called this gathering "the Grandest Congress ... ever known on the Continent." Visit Carlyle House, located at 121 N. Fairfax St., on Saturday, April 5 from noon-4 p.m. to step back in time to this historic moment. Peek in on the meeting and enjoy the sights and sounds of the 18th-century. Costumed interpreters will be on site to answer questions. Visit www.carlylehouse.org or call 703-549-2997 for more information.

**Major General
Edward Braddock**

CALENDAR

vessel, on the first stop of its 2014 tour. Deck tours. Visit www.SchoonerVirginia.org.

SUNDAY/APRIL 13

Easter Egg Hunt. 1 p.m. at Spring Hills Mount Vernon Assisted Living, 3709 Shannons Green Way. Bring a basket to collect eggs. There will also be arts and crafts and photos with the Easter Bunny. Refreshments provided for all guests. Free, reservations requested. Call 703-780-7100 or visit www.springhillsmountvernon.com.

Presentation. 2-3 p.m., at Beatley Central Library, 5005 Duke Street, Alexandria. The Northern Virginia Geocaching Organization will present an overview of geocaching, a real-world, outdoor treasure hunting game using GPS-enabled devices. Free. Visit www.alexandria.lib.va.us, or call 703-746-1702.

Folk Concert. 7 p.m., at Episcopal Church of the Resurrection, 2280 N. Beauregard St.. Focus Music presents folk singer David Mallett, with Thomas Gunn. \$25, \$20 for advance sales and members. Visit www.focusmusic.org/concerts_alexandria.php, www.davidmallett.com, or www.thomasgunnn.com, or call 703-380-3151.

MONDAY/APRIL 14

The Art of Ballroom Dance. 7 p.m. at The Athenaeum, 201 Prince St. Learn the Fox Trot, Waltz, Tango, Swing, Salsa, Meringue, Rumba, Cha-Cha, and Samba. Come with or without a partner. Beginner (7-7:45 lesson) and advanced (7:45-8:30 lesson) dancers welcome. Practice 8:30-9 p.m. \$15 per lesson. Visit www.nvfaa.org or call 703-548-0035.

Music Performance. 7:30 p.m. at The Birchmere, 3701 Mount Vernon Ave. Hear vibraphonist Gary Burton and pianist Makoto Ozone perform. \$35. Visit www.birchmere.com or 703-549-7500.

WEDNESDAY/APRIL 16

Civil War Lecture. 7:30 p.m. at the Lloyd House, 220 N. Washington St. Dr. Charles P. Poland, Jr. presents "The Endless Debate over What Caused the Civil War." Free, no reservations required. Visit www.historicalexandria.org or call 703-746-4554.

THURSDAY/APRIL 17

Live Music. 7:30 p.m. at The Birchmere Music Hall, 3701 Mount Vernon Ave. Lily Costner opens for Kevin Costner & Modern West. \$39.50. Visit www.birchmere.com or 703-549-7500 for tickets. Visit www.kevincostner.com.

Band Concert. 8 p.m. at the Lyceum, 201 S. Washington St. The U.S. Air Force Band plays A Quartet Celebration; Clarinet Quartet vs. Tuba Quartet. Call 202-767-5658 or visit www.usafband.af.mil.

FRIDAY/APRIL 18

Easter Egg Hunt. 3:30 p.m. at The Lee-Fendall House, 614 Oronoco St. Children 12 or younger are eligible to participate in the Easter Egg Hunt. Older children and adults are welcome to enjoy all other activities. \$12 for children aged 0-12, \$5 for others. Visit www.leefendallhouse.org.

SATURDAY/APRIL 19

Easter Egg Hunt. 10:30 a.m., 12:30 p.m. at The Lee-Fendall House, 614 Oronoco Street. All children of elementary school age or younger (children aged 0-12) are eligible to participate in the Easter Egg Hunt. Older children and adults are welcome to enjoy all our other activities. Tickets are \$12 for children aged 0-12, and \$5 for all others. Visit www.leefendallhouse.org.

Live Music. 7:30 p.m. in the Music Hall at the Birchmere, 3701 Mount Vernon Ave. Liz Longley will open for Johnnyswim. Visit www.lizlongley.com or www.Birchmere.com.

Concert. 7:30 p.m. at the Birchmere, 3701 Mount Vernon Ave. Cleve Francis and his large band perform country, folk, blues, light rock and jazz. \$42. Tickets at www.ticketmaster.com or 800-745-3000. Visit www.clevefrancis.com for more.

THURSDAY/APRIL 24

Spring Book Sale. 4-8:30 p.m. at the Charles E. Beatley Library, 5005 Duke Street, Alexandria. \$1 for paperbacks, \$3 for hardbacks, kids books for less. Members only preview, membership at door \$10. Visit www.alexandria.lib.va.us or call 703-746-1702.

FRIDAY/APRIL 25

Spring Book Sale. 10 a.m.-5:30 p.m., at the Charles E. Beatley Library, 5005 Duke Street, Alexandria. \$1 for paperbacks, \$3 for hardbacks, kids books for less. Open to general public. Visit www.alexandria.lib.va.us or call 703-746-1702.

SATURDAY/APRIL 26

Herb and Craft Sale. 8 a.m.-4 p.m., at the Carlyle House Historic Park, 121 N. Fairfax Street. Celebrate spring with the Friends of Carlyle House's Annual Garden Day Herb & Craft Sale. Free. Admission for the House tour is \$5 for adults, \$3 for children 5-12 years old, free for children 4 and under or free with your Alexandria Garden Day ticket. Visit www.nvrpa.org/park/carlyle_house_historic_park for more.

Spring Book Sale. 10 a.m.-4:30 p.m., at the Charles E. Beatley Library, 5005 Duke Street, Alexandria. \$1 for paperbacks, \$3 for hardbacks, kids books for less. Visit www.alexandria.lib.va.us or call 703-746-1702.

Firefighting History Walking Tours. 1-2:30 p.m. at Friendship Firehouse Museum, 107 S. Alfred St. Explore Alexandria's firefighting history through a tour. Learn about three major fires, the five volunteer fire companies and more. For people age 10 and older. \$6/adults; \$4/age 10-17. Reservations required, www.alexandriava.gov/FriendshipFirehouse or 703-746-4994.

SUNDAY/APRIL 27

Cook Off. Noon-3 p.m. at The Birchmere, 3701 Mt. Vernon Avenue, Alexandria. Carpenter's Shelter is bringing together new and old restaurants. Contributions from other organizations help Carpenter's serve more than 1,000 homeless and formerly homeless individuals and families, provide shelter for more than 300 individuals, and open the Homeless Services Assessment Center to serve and place homeless individuals in shelter faster. Tickets are \$50 for adults and \$15 for children under 12. Visit www.carpenterscookoff.com or www.carpentersshelter.org.

Spring Book Sale. 1-4:30 p.m., at the Charles E. Beatley Library, 5005

703.231.0824
email: aha@athomeinalexandria.org
www.athomeinalexandria.org



At Home in Alexandria! ... is a "village" of caring neighbors and volunteers helping people in Alexandria ages 55+ remain independent and living in their own homes. Volunteer or join AHA and become part of a nationwide village movement!

Good Shepherd Catholic Church

Mass Schedule

<p>Saturday Evening 5:00 pm Vigil Mass 6:30 pm Vigil Mass (en Español)</p> <p>Sunday 7:30 am; 9:00 am (with Sign Language Interpreter & Children's Liturgy of the Word); 10:30 am; 12:00 Noon; 2:00 pm (en Español); 6:30 pm</p>	 <p>Weekday & Saturday Mornings: 9:00 am Mass, followed by Rosary (on First Friday, Mass followed by Eucharistic Adoration)</p> <p>Thursday & First Friday of the Month: 7:30 pm Mass en Español</p>
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ENTERTAINMENT

Duke Street, Alexandria. \$1 for paperbacks, \$3 for hardbacks, kids books for less. Visit www.alexandria.lib.va.us or call 703-746-1702.

MONDAY/APRIL 28

Biography Book Club. 7-8 p.m., at the Beatley Central Library, 5005 Duke Street, Alexandria. The Life and Times of the Thunderbolt Kid by Bill Bryson. Visit www.alexandria.lib.va.us, www.alexandria.lib.va.us or call 703-746-1751.

The Art of Ballroom Dance. 7 p.m. at The Athenaeum, 201 Prince St. Learn the Fox Trot, Waltz, Tango, Swing, Salsa, Meringue, Rumba, Cha-Cha, and Samba. Come with or without a partner. Beginner (7-7:45 lesson) and advanced (7:45-8:30 lesson) dancers welcome. Practice 8:30-9 p.m. \$15 per lesson. Visit www.nvfaa.org or call 703-548-0035.

SATURDAY/MAY 3

Free Comic Book Day. The goal of Free Comic Book Day is to promote the comic book medium to new customers young and old and celebrate independent comic book retailers and their stores. Visit www.freecomicbookday.com or <http://bit.ly/FCBDStoreLocator>.

SATURDAY/MAY 10

Alexandria Art Market. 10 a.m.-4 p.m. in Colasanto Park, 2704 Mount Vernon Ave. Local artists will perform. Browse artwork by local artists and more. Visit www.TheDelRayArtisans.org/ArtMarket for more.

SUNDAY/MAY 11

Mother's Day Tea at Carlyle House. 11 a.m.-2 p.m., at the Carlyle House Historic Park, 121 N. Fairfax Street, Alexandria. Call 703-549-2997, or visit www.nvrpa.org/park/carlyle_house_historic_park for more.

Mother's Day Open House. 1-4 p.m. at Friendship Firehouse Museum, 107 S. Alfred St. Tour the firehouse for free. A photographer will take portraits of families next to historic equipment. Children will receive a fire hat. Visit www.alexandriava.gov/FriendshipFirehouse or 703-746-4994 for more.

THURSDAY/MAY 15

Live Music. 7:30 p.m. in the Music Hall at the Birchmere, 3701 Mt Vernon Avenue, Alexandria. Paul Storm to open for John Hodgman. Visit www.paulandstorm.com or www.Birchmere.com.

FRIDAY/MAY 16

Wine Tasting. 6-9 p.m., at Mount Vernon Estate. Mount Vernon's Wine Festival & Sunset Tour celebrates the history of wine in Virginia with exclusive evening tours of the Mansion and cellar, appearances by "George and Martha Washington," and live jazz. \$38. Visit www.mountvernon.org/winefestival, or call 703-780-2000.

SATURDAY/MAY 17

Firefighting in Civil War Alexandria Walking Tour. 1-3 p.m. at Friendship Firehouse Museum, 107 S. Alfred St. Learn about firefighters and firefighting during the Union occupation. For people age 10 and older. \$6/adults; \$4/age 10-17. Reservations required, www.alexandriava.gov/FriendshipFirehouse or 703-746-4994.

Wine Tasting. 6-9 p.m., at Mount Vernon Estate. Mount Vernon's Wine Festival & Sunset Tour celebrates the history of wine in Virginia with exclusive evening tours of the Mansion and cellar, appearances by "George and Martha Washington," and live jazz. \$44. Visit www.mountvernon.org/winefestival, or call 703-780-2000.

SUNDAY/MAY 18

Garden Picnic. 4-6 p.m., at 1909 Windmill Lane. Join Fort Hunt Preschool & the Mount Vernon Unitarian Church for a wonderful afternoon of storytelling and musical performances in our enchanted walled garden. Proceeds from Stories and Music in the Garden will benefit the joint Natural Playground Project of Fort Hunt Preschool and the Mount Vernon Unitarian Church. In case of rain, the event will be held in the Chapel/Rainbow Room. Visit www.forthuntpreschool.com/events.

SUNDAY/MAY 18

Wine Tasting. 6-9 p.m. at Mount Vernon Estate. Mount Vernon's Wine Festival & Sunset Tour celebrates the history of wine in Virginia with exclusive evening tours of the Mansion and cellar, appearances by "George and Martha Washington," and live jazz. \$38. Visit www.mountvernon.org/winefestival, or call 703-780-2000.

TUESDAY/MAY 20

Live Music. 7:30 in the Music Hall at the Birchmere, 3701 Mt Vernon Avenue, Alexandria. Blackmore's Night. \$39.50 Visit www.blackmoresnight.com or www.Birchmere.com.

FRIDAY/MAY 23

Live Music. 7:30 in the Music Hall at the Birchmere, 3701 Mt Vernon Avenue, Alexandria. Jenn Grinels will open for 10,000 Maniacs. Visit www.Birchmere.com.

WEDNESDAY/MAY 28

Live Music. 7:30 p.m. in the Music Hall at the Birchmere, 3701 Mt Vernon Avenue, Alexandria. Amelia White to open for Brandy Clark. Visit www.Birchmere.com.

SATURDAY/MAY 31

Firefighting in Civil War Alexandria Walking Tour. 1-3 p.m. at Friendship Firehouse Museum, 107 S. Alfred St. Learn about firefighters and firefighting during the Union occupation. For people age 10 and older. \$6/adults; \$4/age 10-17. Reservations required, www.alexandriava.gov/FriendshipFirehouse or 703-746-4994.

SUNDAY/JUNE 1

Live Music. 7:30 p.m. in the Music Hall at the Birchmere, 3701 Mt Vernon Avenue, Alexandria. Del Ray's own Rock of Ages Music presents ROAMfest '14. \$15.50. Call 703-838-2130, or email roam.rockofagesmusic@gmail.com. Visit <http://roamrockandroll.com> or www.Birchmere.com.

THURSDAY/JUNE 5-7

Spring Choir Show. 7 p.m. in the Springbank Auditorium, West Potomac High School, 6500 Quander Road. The West Potomac Choirs present their annual spring show with an exciting evening of great Grammy, Oscar, and Tony award-winning music. Tickets will be available at the door and sold online. Call 703-718-2687.

SATURDAY/JUNE 14

Alexandria Art Market. 10 a.m.-4 p.m. in Colasanto Park, 2704 Mount Vernon Ave. Local artists will perform. Browse artwork by local artists and more. Visit www.TheDelRayArtisans.org/ArtMarket for more.

SUNDAY/JUNE 15

Mother's Day Open House. 1-4 p.m. at Friendship Firehouse Museum, 107 S. Alfred St. Tour the firehouse for free. A photographer will take portraits of families next to historic equipment. Children will receive a fire hat. Visit www.alexandriava.gov/FriendshipFirehouse or 703-746-4994 for more.

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Presented By: **INOVA ALEXANDRIA HOSPITAL**

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Thursday, April 17 2014
11:30am-1:00pm

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HISTORY

Moonlight Concerts and Vampires The Undying Memories of Alexandria's 1814 Occupation

BY DANIEL LEE
OFFICE OF HISTORIC ALEXANDRIA

Whoever named the War of 1812 clearly did not work in the marketing industry. For one, it wasn't confined to the 12 months of 1812. The Treaty of Ghent didn't end the war until 1815, and even then, the Battle of New Orleans occurred after the treaty was signed. But despite being poorly named, the War of 1812 affected the everyday lives of ordinary Alexandrians in a way that only the Civil War rivaled. For five days in 1814, Alexandria was occupied by the British Navy, and it's the occupation that our city is celebrating 200 years later. Two centuries is long time, and yet, an eyewitness account published in the Oct. 9, 1851 Alexandria Gazette shows that perhaps the Alexandrians of 1814 weren't so different from those of us who live here today. Today's readers should be warned that an account 37 years after the event should be taken with a grain of salt. But the writer's enduring memories, though romanticized, show what incidents stuck in the mind of one Alexandrian in a way that we might recall them today.

Indeed, what would have been our reaction to the sight of seven British ships off of

our coast when "Our four or five companies of militia were then absent on duty in Maryland and Virginia; but, if present what could they or an army of forty thousand veterans have done against six [British records show there were seven] armed ships lying a half mile off in the stream, that in five minutes could have set our combustible town in a blaze?" The writer, E. Gilman, argued that "For permitting this invasion, our town was ridiculed and lampooned by many ignorant simpletons, for suffering what it was totally impracticable to prevent." Later historians have argued that the conflict over whether Alexandria was prudent or cowardly in surrendering to the British hinged on the politics of the time, with Democratic-Republicans who supported Madison and Monroe eager to find a scapegoat in the Federalist Mayor Charles Simms.

PERHAPS THE MOST remarkable aspect of Gilman's account is how unremarkable the occupation was. According to Gilman: "The Commodore observed that his thousand hungry fellows lived partly by eating, and he would have to trouble us for some flour, and as they would always go to their death for tobacco, he would want some of that also; and if we decided to make no re-

sistance he would take the articles quietly, and no soldier or sailor should be seen in the streets to annoy anyone ... This compact was strictly adhered to on both sides, and during the five days' visit there was perfect quietness; almost too much so ..."

Despite the quietness of the occupying fleet, Gilman and other Alexandrians did find the occasion of a foreign fleet on Alexandria's waterfront too seductive to be missed. The writer waxed lyrically that: "curiosity carried many of us from our own business to the wharves to see the enemy, ... Our moonlight evenings were all cheered by exquisite music from the fine band on board the flag-ship, drawing multitudes to the wharves and banks."

And this is where many of us can put ourselves in the shoes of those Alexandrians. Curious to see the enemy as it packed away provisions meant for us. Who wouldn't be enchanted by exotic music played on the

waterfront on moonlit evenings? But as captivating as the British Navy and their music proved, Gilman asserted that Alexandrians were always reminded "of the soft, soothing wing of the famed vampire, entrancing our rapt spirit in the Elysian fields, while extracting the fountain of life from our veins."

THE RESIDENTS of Alexandria must have felt a myriad of emotions during the occupation. Fear and frustration, as they were abandoned by both the army and the militia, curiosity, as the British were much better behaved than anticipated, and then righteous indignation, as others

harangued Alexandria in an attempt to score cheap political points. And really, 200 years, aren't we still frustrated with dithering in Washington, scared of foreign invaders, however unlikely they might be, and curious when we hear live music at the waterfront?



Senior Services of Alexandria is grateful to our sponsors and donors who made this evening so special. Special gratitude goes to the following:

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PHOTO BY MICHAEL MCMORROW/GAZETTE PACKET

Dash's of Old Town at 1114 King St. is guarded by two winged lions.

The Lions of King Street

Dash's of Old Town specializes in Italian fabrics and men's tailored garments. Its lush interior reflects business success, while small size emphasizes the personal aspect of custom tailoring.

However, this isn't about haberdashery. It is the background story of curious figures that draw attention atop the front display windows, namely, two winged lions.

The winged lion appeared in many cultures over thousands of years. It symbolized beginnings and endings, "the seeker and the accomplished." So, in one sense, the winged lion is a perfect business advertisement.

Many of the Dash's suppliers are found in Northern Italy, west of Venice. The first question is whether the winged lion sculpture on the granite pillar in St. Mark's Square, Venice, influenced placement of the figures on King Street. Owner Victor Dash dashes that idea with a laugh saying: "Because of similar appearance, they really do homage to my dog, a Brussels Griffon." He readily shares a cell phone photograph of the pet. (The dog has no wings!) Dash also knocks down the possibility of Italian imports by explaining the pieces simply were purchased from a catalog nine years ago.

— MICHAEL MCMORROW

BULLETIN BOARD

FROM PAGE 4
Aquatics Facility, 3210 King St. Enjoy water activities, playing on the racquetball courts and more. \$4/resident; \$8/nonresident. Contact Ralph Baird at 703-746-5435 or email ralph.baird@alexandriava.gov.

SATURDAY/APRIL 12

Electronics Recycling. 10 a.m.-1 p.m. at St. Stephen's & St. Agnes School, 400 Fontaine St. Electronics recycling in partnership with Service Source, including . Call 202-255-8905 or 703-953-4228. Visit www.KeepItGreen.org.

Luncheon. The Alexandria chapter of Nu Xi Zeta will host the 7th annual Spring Luncheon entitled "Upholding Tradition, Investing in Our Youth" at 11 a.m. at Army Navy Country Club. The Nu Xi Zeta Foundation will recognize the Community Service Award recipient, the Campagna Center; Man of the Year, Glenn Hopkins; and Woman of the Year, Jaspens Boothe; and the scholarship awardees. To purchase tickets, visit www.nuxizetahavefoundation.org.

WEDNESDAY/APRIL 16

Discussion Series. 1-3 p.m. at Beatley Library, 5005 Duke St. "So You Think You're Covered: Evaluating Your Long-Term-Care Plans." Get guidance in how to evaluate long-term care insurance to see if it covers what you think it does, and if it doesn't, what you can do about it. Free. Reservations recommended, 703-231-0824.

THURSDAY/APRIL 17

Luncheon. 11:30 a.m. at Crowne Plaza Old Town, 901 N Fairfax Street

Alexandria. Thirty-six public safety personnel will be recognized at the 2014 Alexandria Chamber of Commerce Public Safety Valor Awards Luncheon. Visit www.alexchamber.com, or <http://www.alexchamber.com>.

FRIDAY/APRIL 18

Deadline for Proposals. 5 p.m. The City of Alexandria Office of the Arts is accepting proposals for the temporary placement or experience of art in public spaces in the City of Alexandria through the Special Opportunity Grant program. Artists and artist teams can apply for grants up to \$5,000. The Office of the Arts will host a Special Opportunity Grant program workshop and webinar on Tuesday, April 1 at 7 p.m. at the Lee Center, 1108 Jefferson St. To attend the workshop via webinar, register in advance by email to cheryllanne.colton@alexandriava.gov.

SATURDAY/APRIL 19

Boater Education Course. 8 a.m.-5 p.m. at the Knights of Columbus Hall, 8592 Richmond Highway. The U.S. Coast Guard Auxiliary offers a course that meets the boating education requirements of all states. Maryland, Virginia and the District of Columbia require completion of an approved course to legally operate a motor boat. Contact Rich Miller at eaglesailor75@cox.net or 703-780-3765.

WEDNESDAY/APRIL 23

Senior Services. 9:30 a.m.-noon at the Nannie J. Lee Center, 1108 Jefferson Street, Alexandria Senior Services of Alexandria, Inova

Alexandria Hospital and the successful aging committee of Alexandria are sponsoring a Health and Fitness Event. Free, open to the public. Visit www.seniorservicesalex.org, <http://www.seniorservicesalex.org> or call 703-836-4414, ext 10.

THURSDAY/APRIL 24

Condo Living Class. 7-9 p.m. at The Station at Potomac Yard, 650 Maskell St. The City and Arlington and Fairfax Counties will host a two-hour "Understanding Condominium Living" class. Free, seating is limited. Confirm attendance at 703-746-4990 or email shane.cochran@alexandriava.gov.

SATURDAY/APRIL 26

Awards Ceremony. 10 a.m.-2 p.m., at Ben Brenman Park, 4800 Brenman Park Drive, Alexandria. The City of Alexandria Environmental Policy Commission and Alexandria Renew Enterprises (formerly the Alexandria Sanitation Authority) are seeking nominees for the Sixth Annual Ellen Pickering Environmental Excellence Award. Visit <http://alexearthday.org/award.html> for more.

Political Discussion. 2:30-4:30 p.m. at the Lyceum, 201 S. Washington St. The Northern Virginia Chapter of the ACLU of Virginia will host a forum on religious freedom and personal discrimination and other political questions. Free, but registration is required. Visit www.eventbrite.com/e/my-god-your-rights-our-constitution-when-people-use-religious-freedom-to-discriminate-an-aclu-forum-tickets-8236336103.

OBITUARIES

Heinz Kestermann

Heinz Kestermann, 83, died Feb. 15, 2014. Born in Schoppingen, West Germany on Oct. 3, 1930, Heinz immigrated to the U.S. in November 1961 with his wife, Anna. He and Anna settled in Alexandria in 1962. Together they opened Foreign Car Service Mechanical and Auto Body Repair Shop in Old Town in 1964. Heinz's legacy continues in 2014, as the business celebrates 50 years of family ownership and service to the Alexandria community.

Mourning the loss of Heinz is his wife of 58 years, Anna Kestermann.

He is also survived by his sons, Fritz Kestermann and his wife Joan, Stefan Kestermann and his wife Donna and Andreas Kestermann and his wife Tania. Also surviving are two sisters, Hedwig Nienkemper and Else Nosiadek of Germany.

Mourning their Opa are grandsons Joey, Andy, Tommy and Christian Kestermann; granddaughters Mindy, Stephanie, Brittany, Elizabeth, Kierstin, and Lauren Kestermann; and Katie Kestermann Larrabee and her husband Kevin, along with three great grandsons Cullen, Bennett and Wells.

A Funeral Mass and burial service was held on Friday Feb. 21, 2014 at Sacred Heart Catholic Church in Manassas, Va.



Patricia Ann Rohrer

Patricia Ann Rohrer, a popular and well-known Alexandria pianist for many years, died Feb. 26, 2014 at her home in Alexandria. She was 87, a fact that can only now be revealed, as she always claimed to be 39 when asked her age.

The cause was respiratory failure brought on by chronic lung disease and pneumonia.

Born in Cumberland, Md. in 1926, her parents were Wyand and Nancy Doerner, lifelong parishioners of Saints Peter and Paul Church there. Her siblings were Kathryn (Kreidler), Wyand F. Jr., John L., and Margaret Mary (her twin), all deceased.

Pat was a graduate of Ursuline Academy, Cumberland and attended Saint Joseph's College in Emmitsburg, Md. In 1947, she married Charles W. (Bill) Rohrer, whom she had known since childhood. The couple lived in New York City for a number of years, then settled in Alexandria. She was a member of Saint Rita parish. Pat Rohrer was many things including wife, mother and homemaker, sketch artist, cub scout den mother, homework helper, crossword puzzle fanatic, story reader, raconteur, bowler and amateur linguist. But her lifelong love was for music. She began playing the piano at the age of five, imitating her older sister. Later, she took lessons from the Ursuline Sisters at Saints Peter and Paul School, and then studied with Mrs. Lua Syckes of Cumberland. As both soloist and accompanist, she performed at church, school and social functions in Cumberland, at college and the community at large. She and her husband collaborated on an album of their original songs, "Mostly Love," and co-wrote a musical play (unpublished). Over the past 30 years, Pat played for more than 100 community and professional musical theatre productions in the Washington area, several under her musical direction. She played solo piano at fashion shows, shopping malls, nursing homes, parties, weddings and receptions. Her work with revue groups, children's theatre, AIDS benefits, recitalists and chamber groups took her to the Kennedy Center, World Bank, National Theatre and the British and French embassies.

She is perhaps best known for her regular Thursday, Friday and Saturday evening performances at various piano rooms in Old Town Alexandria, where thousands of devoted fans and friends over the years gathered around the piano and sang along with her large repertoire.

She gave of herself generously to family, friends and the community and had her last public performance this past New Year's Eve. She was feeling under the weather but insisted on playing because "the show must go on." She will be missed by many.

Survivors include her husband and four children, Michael, Christopher and Nancy who live in the Washington area, and Chuck of London, England. Also, five grandchildren (Philip, David, Julia, Will and Edie) and two great-grandchildren (Flannery and Xavier).



Fifteen Candidates for Congress

FROM PAGE 1

Democrats to submit petitions from registered voters in the 8th congressional district. Two new candidates filed paperwork, Satish Korpe and Nancy Najarian. And three candidates were still filing additional petitions at the last minute to make sure they had the 1,000 signatures of 8th congressional district voters required by the law. That meant that leaders of the Eighth Congressional District Democratic Committee were scrambling this week to verify the signatures are valid.

“Everything takes time, and if people submit early there’s a lot more time to work with it,” said Margo Horner, chairwoman of the 8th Congressional District Democratic Committee. “If things are done near the end, it’s a little harder.”

ALTHOUGH MOST of the attention has been focused on the Democrats, Republicans also have a contested race to determine their party’s standard-bearer. But unlike the Democrats, Republicans will not be holding a primary to determine a candidate. They will meet for a convention in April. Party leaders say any registered voter can sign up to be a delegate, but that must take place in advance of the convention. Republicans say the most recent redistricting could give them a slight edge.

“Some of the more Democratic precincts were moved into the 11th District, which is held by Gerry Connolly, and some of the more Republican precincts from the 11th District are now back in the 8th,” said Brian Pandya, chairman of the 8th Congressional District Republican Committee. “So the district is slightly more Republican than it was from 1990 to 2010, but it’s still a very Democratic-leaning district.”

This week, candidates reached their first fundraising deadline — March 31. When those numbers are officially released in mid-April, the campaigns will be gauged by how much money they have been able to raise. Campaigns that feel they may have raised significantly more than their competitors may decide to announce their fundraising totals in advance of the official release from Federal Election Commission.

“Some of the candidates may decide if they have good numbers that they’ll release the numbers early,” said Kyle Kondik, analyst with the University of Virginia Center for Politics. “Oftentimes the candidates that you don’t hear about until the actual release date are the ones that aren’t very happy with their totals or think that their totals won’t be perceived well.”

Three Republicans

❖ Micah Edmond has been running a campaign for six months. He previously served as an officer in the Marines, eventually becoming an advisor to the chief of staff to the Marine Corps. After that, he worked on the Hill before becoming an executive with the Aerospace Industries Association. He is a first-time candidate.

❖ Dennis Bartow is an Army combat veteran who served in Iraq, Kuwait and Kosovo. He is the founder of Bartow Imports, a Virginia-based importing company that distributes

wine in 10 states and several countries. He is currently a staffer for U.S. Rep. Chris Gibson (R-N.Y.) and lives in Alexandria. He is also a first-time candidate.

❖ Paul Haring is a former state representative from Texas who moved to Fairfax County 34 years ago. He is a retired career federal employee, a former executive director of Americans United For Life and co-founder of the Catholic Truth Society of America. He is currently a substitute teacher for Fairfax County Public Schools.

Twelve Democrats

❖ Don Beyer served as lieutenant governor from 1990 to 1998. He was later chairman of the American International Automobile Dealers Association and the ambassador to Switzerland and Liechtenstein.

❖ Lavern Chatman served as president and chief executive officer of the Urban League of Northern Virginia from 2004 to 2011.

❖ Adam Ebbin has represented the 30th state Senate District of Virginia since 2012. Before that, he represented the 49th District of the House of Delegates, which included parts of Alexandria and Arlington.

❖ Bill Euille has served as mayor of Alexandria since 2003. Before that he served as a City Council member and School Board member.

❖ Charniele Herring has represented the 46th District of the House of Delegates since 2009.

She also served as the chairwoman of the Democratic Party of Virginia, although she will step down from that position to run for Congress.

❖ Patrick Hope has represented the 47th District of the House of Delegates since 2010. He is a health-care attorney who serves as a member of the Virginia Health Reform Initiative.

❖ Derek Hyra is an associate professor at Virginia Tech,

where he teaches in the university’s Department of Urban Affairs and Planning. He is currently a member of the Alexandria Planning Commission.

❖ Satish Korpe is the director of the Democratic Business Council of Northern Virginia. He is currently a member of the Curriculum Advisory Committee of the Fairfax County Public Schools and a member of the Health and Safety Codes Board of Virginia.

❖ Mark Levine is a radio personality who is a former chief legislative counsel to U.S. Rep. Barney Frank (D-Mass.) for the Judiciary, Homeland Security and Financial Services Committees.

❖ Alfonso Lopez has represented the 49th District of the House of Delegates since 2012. Before that, he served as Democratic Gov. Tim Kaine’s director of the Virginia Liaison Office in Washington, D.C.

❖ Nancy Najarian is a former partner at the design/build firm SpaDC and a former director of development at the Millennium Project. She is currently a managing partner at NAJ Enterprises.

❖ Bruce Shuttleworth served in the U.S. Navy from 1983 to 1995, stepping down as a lieutenant. In 2012, he waged an unsuccessful primary challenge to U.S. Rep. Jim Moran (D-8).

John Marshall Bank Hires Kerry Donley

Kerry Donley has joined John Marshall Bank’s team of banking leaders. Donley, senior vice resident, will be based in John Marshall Bank’s Alexandria office.

Donley brings over 30 years of experience in the banking industry. Most recently, he held the position of senior vice president at Virginia Commerce Bank. In addition to his work as a banker, he is

known for his time as an elected public servant in Alexandria: Alexandria vice mayor, 2009-2012; Alexandria mayor, 1994-2003, and Alexandria City Council, 1988-1994.

John Marshall Bank encourages its officers and staff to be involved in the community, and the organizations to which Donley lends his time and talent include: Democratic Party of Virginia, chair; Vir-

ginia Municipal League, Legislative Committee chair and member of the board; Open Door Housing, founding chair; Washington Area Housing Partnership, chair; Northern Virginia Transportation Commission, chair; Metropolitan



Donley



PHOTO CONTRIBUTED

Sheriff Dana Lawhorne and Commonwealth’s Attorney Bryan Porter congratulate Captain Mike Eller (left) on his recent promotion.

Sheriff Awards Employees

The Alexandria Sheriff’s Office held its annual Employee Awards and Promotion Recognition Ceremony at the Office’s headquarters on Mill Road on March 25. Commonwealth’s Attorney Bryan Porter was the guest speaker and applauded the work of the Sheriff’s Office staff before joining Sheriff Dana Lawhorne to present the following awards:

- ❖ Best Idea – Sergeant Joseph Pankey
- ❖ Community Service – Deputy Andrea Diaz
- ❖ Esprit de Corps – Deputy Valarie Wright
- ❖ Uniform and Physical Fitness – Deputy Deon Eaddy
- ❖ Lifesaving – Sergeant Rawle Kelly and Deputy Nora Jones, Deputy Keith Crane and Deputy Linda Hentman, and Deputy Charles Poarch
- ❖ Outstanding Performance by sworn line staff – Deputy Brian Mauck
- By sworn supervisor – Sergeant Michael Neebe
- By civilian line staff – Angel French
- By civilian supervisor – Commander Mondre’ Kornegay
- ❖ Unit Spirit Award – Team 1B
- ❖ Contributions by an Employee of a City Agency, Organization or Contractor – Kevin Jones, Department of General

Services Following the awards, several employees were recognized for their recent promotions: Captain Michael Eller, Lieutenant Melissa Josiah, Sergeant Craig Davie, Deputy IV Norman Thompson, Deputy III George Burnham, Deputy III Wakeatin Carter, Deputy III Alicia Green, Deputy III Blake Harper, Deputy III Jeffrey Hines, Deputy II Devon Neckles, Deputy II Terence Nevins, Deputy II Charlie Winstead, Angel French and Latoscha Pierce.

The following employees of the quarter were also acknowledged for their excellent performances during 2013:

- ❖ 1st Quarter - Allison Gerst
- ❖ 2nd Quarter - Deputy Amy Clinton (posthumously) and Deputy Roy Hopson
- ❖ 3rd Quarter - Brenda Gray
- ❖ 4th Quarter - Deputy Andrea Diaz.

The following deputies were recognized as pistol masters for receiving an average score of 99 percent or better in the Office’s annual firearms qualification: Chief Deputy Clarke Stearns, Captain Douglas Schuler, Lieutenant Douglas Woehlke, Sergeant Michael Neebe, Deputy Ernesto Arroyo, Deputy Keith Crane, Deputy David Hoffmaster and Deputy Timothy Honig.

Washington Council of Governments, board member; Transportation Planning Board, MWCOG, 2001-2003 and 2009-2012; Business Finance Group, chair 2007 and current member; Alexandria United Way Campaign chair (four years); Alexandria Community Services Board; Alexandria Economic Development Partnership, chair and current member; Cameron Station Redevelopment Task Force, co-chair; Brookeville-Seminary Valley Civic Association, member; Alexandria Campaign on

Adolescent Pregnancy, founding chair; Northern Virginia Transportation Authority, 2010-2012; Carpenter’s Shelter Board member; Scholarship Fund of Alexandria board member; Hopkins House board of trustees member; and Alexandria DASH board member. Donley attended Bishop Ireton High School and holds a B.A. from Marquette University. He resides in Seminary Valley with his wife, Eva. The parents of five daughters, the Donleys have three grandchildren.

City Officials Reveal Cuts They Didn't Make

FROM PAGE 1

lion by cutting back on tax relief for elderly citizens who own properties worth more than \$500,000. Members of the Alexandria Commission on Aging are asking City Council members to increase that threshold to \$700,000 because of the high cost of living in Alexandria.

"We all know individuals who are house rich and cash poor," said Bob Eiffert, a member of the Commission on Aging. "We believe these changes will cause real hardships to older residents and those with disabilities who could be forced from their homes because of these cuts."

CITY OFFICIALS say some of the proposed cuts have been misunderstood, and Young took an opportunity to clarify some of his proposals during a recent budget public hearing.

One was a proposal to move Engine 204 to Station 210. The city manager wanted to make it clear he was not proposing to close Station 204, and that his budget would leave the facility with a ladder truck and an emergency-services supervisor.

Another clarification he wanted to make was about his proposal to eliminate the city's payment of a life-insurance premium for retired city employees, which could range from \$200 a year to \$900 a year.

"There has been some communication

Cuts That Were Cut

- ❖ \$1.3 million to close Station 207 and move Medic 207 to Station 201
- ❖ \$775,000 to close Station 201
- ❖ \$724,000 to eliminate staffing at Medic 210
- ❖ \$700,000 to close Engine 204
- ❖ \$350,000 to eliminate four medic positions at Medic 210
- ❖ \$344,000 to defer one medic unit replacement for one year
- ❖ \$328,000 to eliminate recruit school for Fire and EMS personnel
- ❖ \$220,000 to eliminate three community-oriented police officers
- ❖ \$135,000 to eliminate the city's marketing fund
- ❖ \$120,000 to delay replacement of personal protective equipment for the Fire Department
- ❖ \$116,000 to eliminate one GED teacher position at the jail
- ❖ \$106,000 to eliminate quality assurance coordinator for Emergency Communications

that we have seen and some emails that you have seen that says we are eliminating the opportunity for life-insurance coverage for retirees," said Young. "That is not accurate."

Once again, supporters of the libraries came to City Hall to advocate for the city's libraries. Since the recession, the libraries have taken drastic cuts, and many of them have yet to be restored. In the last four years, for example, the book budget has been reduced by 40 percent. That includes e-books, which are often more expensive than hard-copy books. Supporters of the library system say the \$26,000 reduction to

- ❖ \$103,000 to eliminate a full-time vacant senior therapist in Mental Health Outpatient Services
- ❖ \$82,000 to eliminate a full-time therapist position in the Sober Living Unit
- ❖ \$76,000 to eliminate a seasonal youth advisor
- ❖ \$75,000 to eliminate two summer interns
- ❖ \$73,000 to eliminate a court liaison position in the Police Department
- ❖ \$73,000 to eliminate one police patrol officer
- ❖ \$73,000 to eliminate a tactical police officer
- ❖ \$72,500 to eliminate a full-time job coach position
- ❖ \$70,000 to delay promotional process for the Fire Department for one year
- ❖ \$70,000 to eliminate a vacant full-time case-worker position at the Wellness Center
- ❖ \$66,000 to eliminate youth services coordinator for the Police Department
- ❖ \$60,000 to reduce senior rent relief

the library materials budget would be a mistake.

"Research shows a solid connection between recreational reading and academic achievement," said Kathleen Schloeder, chairwoman of the Alexandria Library Board. "And so I want to ask if there's any way that you can restore cuts to the book budget."

THIS YEAR'S BUDGET also presents an unusual clash between the court system and the city government. During a recent public hearing, several judges appeared before

- ❖ \$60,000 to relocate Medic 202 and close Station 202
- ❖ \$58,000 to eliminate a part-time position in the Substance Abuse Outpatient line of business
- ❖ \$50,000 to eliminate all funding for Action Alexandria
- ❖ \$45,000 to execute a two-day furlough for the library
- ❖ \$42,000 to eliminate a part-time recruiter position for the Fire Department
- ❖ \$26,700 to eliminate an employment training specialist in Adult Services in JobLink
- ❖ \$20,000 to remove photo identification services for the Registrar of Voters
- ❖ \$10,000 to eliminate a request for a new microfiche reader
- ❖ \$7,000 to reduce subsidies for small event city support
- ❖ \$5,000 to reduce transportation for 75 youth serves programs

City Council members to ask that council members to supplement the salary of the clerks who work in the Juvenile and Domestic Relations Court.

Although leaders at the courthouse asked for a \$127,000 supplement, Young did not include that in his budget. That's led to some conflict between the branches of government in Alexandria.

"I can't have clerks that are working double jobs," said Constance Frogale, chief judge of the Juvenile and Domestic Relations Court. "The safety of our families and our community depends on their efficacy."

City Planning Activities To Commemorate Forgotten Conflict

FROM PAGE 3

flag to the officer commanding the enemy's force, about to attack the town, and to procure the best terms for the safety of persons, houses and property in their power."

THE BRITISH SQUADRON had two rocket-ships with 18 guns each, two bombships with eight guns each, a schooner with two guns and two frigates, one with 36 guns and the other with 38 guns. On Aug. 24, the Alexandria Committee of Vigilance sent a delegation to the Executive Mansion to inform President James Madison that the city was defenseless. But they returned empty handed, so its members recommended to the Common Council that surrender was the only option. So members of the Common Council began assembling a delegation to meet the British commander.

"It is hard to imagine even the most patriotic citizens not seeking and accepting the British terms of surrender," wrote historian Joseph Skivora.

A three-man delegation was selected, and the group set sail for the H.M.S. Seahorse to negotiate terms of surrender. The British wanted the delivery of all naval and ordnance stores, merchandise, provisions and shipping. The introduction to the terms of capitulation explained it this way: "The town of Alexandria, with the exception of public works, shall not be destroyed, un-

less hostilities are commenced on the part of the Americans; nor shall the inhabitants be molested in any manner whatever, or their dwelling-houses entered."

The Alexandria Common Council accepted the terms in an effort to save the city and prevent bloodshed, an admirable move considering what happened to the other District of Columbia. Mayor Charles Simms was able to score some victories for the city during the negotiations. First, he was able to remove a key passage requiring Alexandria to return supplies that had already been moved to the countryside. And he was able to remove a demand that the city rfloat scuttled American ships.

THE OCCUPATION of Alexandria lasted five days. Knowing what had taken place for the last two years in the coastal towns of the Chesapeake Bay, Alexandria residents feared the worst. Yet residents were in for a pleasant surprise. City leaders were able

to soothe the wrath of their captors. City residents could not have been happy about the occupation, but contemporaneous accounts noted the surprisingly good behavior of the British troops during their time in the city.

"It is impossible that men could behave

"It is impossible that men could behave better than the British behaved while the town was in their power. Not a single inhabitant was insulted or injured by them in their person or houses."

— Alexandria Mayor Charles Simms

better than the British behaved while the town was in their power," Mayor Simms wrote to his wife. "Not a single inhabitant was insulted or injured by them in their person or houses."

"Their conduct was respectful and decorous," added Edward Stabler, owner of an apothecary on South Fairfax Street. "Instead of that exultation and triumph which expands the heart of a soldier when he encounters and overcomes a force like his own, these were evidently dejected and adverse to what they were doing."

Outside of Alexandria, though, critics said the city had acted cowardly. The Richmond Enquirer published a story the reported Alexandrians were so fearful that the Brit-

ish would return that they continued to fly the Union Jack even after the occupiers had sailed south. The Boston Patriot suggested part of the problem is that Alexandria had "scarcely a Republican in it." The Niles Weekly Register said Alexandria's actions were "base and pusillanimous."

"We can assure the public that the British flag was not hoisted at all by any of Alexandria's inhabitants or the British except on board their vessels," the Gazette editor responded. "The citizens of Alexandria never did desire or contemplate a surrender of their town."

NOW THOSE HOSTILITIES have become the focus of a little good-natured fun, and city leaders are still trying to figure out who will represent the city against the British. The challenge is to get people skilled in the areas needed to compete against the British, tug-of-war, cricket and yacht racing. When the modern-day members of City Council took up the resolution last December, they were already trying to figure out who would be competing to win back the honor that the British took so many years ago.

"Should we start practicing now for the cricket team?" asked Councilwoman Del Pepper.

"I thought Del was going to say she wanted to be part of the tea-drinking team," responded Councilman Paul Smedberg.

Titans 'Seize the Day' at St. Andrew's

TC girls capture first or second in every race at Noxontown Regatta

The T.C. Williams crew team hit the road this past Saturday for their first away race of the Spring 2014 rowing season — the Noxontown Regatta, which was held at St. Andrew's School in Middletown, Del.

St. Andrew's is where the 1989 movie, "Dead Poet's Society," was filmed. It's also where some of the top crews on the East Coast traditionally gather for the Noxontown Regatta each spring. Last Saturday's competition was no different. In addition to host St. Andrew's, the TC oarsmen and women faced off against Holy Spirit High School from New Jersey, LaSalle High School from Pennsylvania, Robinson High School from Fairfax, and Washington-Lee High School from Arlington, and McLean High School.

Competing in a steady downpour that started in the morning and lasted through the afternoon, the Titans — to borrow a phrase from the movie — seized the day. Leading the way were the T.C. Williams girls, who captured either first or second place in every race that they competed in on Saturday. The TC girls were led by the varsity 8, who stormed down the 1,500-meter race course with a time of 5:24.65 to capture the St. Andrew's Cup. Members of the T.C. Williams girls' varsity 8 include: coxswain Rosa Procaccino and rowers Katie



PHOTO CONTRIBUTED

Members of the T.C. Williams girls' varsity 8 sprint neck-in-neck with the boat from St. Andrew's during their race at the Noxontown Regatta on March 29. The girls' varsity 8 won the race to capture the St. Andrew's Cup. Titan rowers include (from left): Maria Justiniano, Kyra McLary, Amelia Bender and Giulia Pastore.

Pickup, Claire Embrey, Maria Justiniano, Kyra McLary, Amelia Bender, Giulia Pastore, Maeve Bradley and Maura Nakahata. The varsity 8 is guided by coach Jaime Rubini.

Also capturing top honors at the Noxontown Regatta was the girls' varsity 4, who won the Virginia state championship in 2013 and continued their winning ways in 2014 by taking first place in their race with a time of 6:58.10. Members of the TC girls' varsity 4 include: coxswain Brooke Teferra and rowers Maria Betances-Koegle, Taylor Sanders, Alexis Judd and Julet Roque. The varsity 4 is also guided by

Rubini.

The TC girls' freshman 8 was also victorious, capturing their race with a time of 6:07, more than 19 seconds faster than the runner-up boat from St. Andrew's. Members of the freshman 8 include: coxswain Elizabeth Roda and rowers Anissa Ashraf, Emily DeBodene, Lily Warden, Katie Murphy, Reed Kenny, Caroline Hill, Sierra Arnold and Olivia Anthony. The freshman 8 are guided by T.C. Williams head girls' coach Patrick Marquardt.

The fourth victorious boat for TC crew at St. Andrew's was the girls' novice 8, who

also won their race with a time of 6:41.46. Members of the girls' novice 8 included: coxswain Andi Scroggs and rowers Cleo Lewis, Kirsten Emblom, Grace Hogan, Grace Vannatta, Lila Greiner, Emma Carroll, Hope Parson and Meredith Lemke. The novice 8 girls are guided by coach Cara Donley.

Capturing second place honors for the Titan girls at St. Andrews were the crews of the second 8, who made it down the course with a time of 5:53.02, and the third 8, who finished with a time of 6:36.44.

On the boys' side, the T.C. Williams freshman 8 finished second behind LaSalle, while the boys' novice 8 fared equally well, finishing second in their race behind St. Andrew's. Also turning in a strong showing was the T.C. Williams varsity 8. This is the first season in several years that the Titan boys have fielded a varsity 8; in recent years, they have raced a varsity 4. The Titan 8 oarsmen made it down the race course with a time of 4:52.1 to finish a close third behind perennial powers LaSalle, which came in first, and Holy Spirit, which finished second.

The T.C. Williams Crew team is guided by head boys' coach Pete Stramese and head girls' coach Marquardt. The next race for the Crew is this Saturday, when the Titan girls return to St. Andrew's and the boys travel to Bull Run for a scrimmage against the Westfield High School crew.

T.C. Williams Lineup Struggles with Strikeouts

Titans strike out 12 times in loss to West Potomac.

BY JON ROETMAN
GAZETTE PACKET

The T.C. Williams lineup showed signs of life in the bottom of the seventh inning as the Titans brought the tying run to the plate against West Potomac.

But with two runners on and two outs, TC's threat ended in an all-too-familiar fashion: with the bat resting near the shoulder as strike three settled in the catcher's mitt.

West Potomac senior pitchers Michael Barnes and Billy Lescher combined for 12 strikeouts, eight of the looking variety, and the Wolverines defeated the Titans 4-1 on Tuesday night at Simpson Field in Alexandria. The T.C. Williams baseball team managed just three hits.

Barnes started and pitched five innings, earning the win. He allowed one run and two hits while hitting one batter, walking none and striking out seven. Lescher picked up a two-inning save, allowing one hit and walking two while striking out five.

"[Barnes and Lescher are] our No. 1 and 2, and you can pick [which] one [is No. 1],"

West Potomac head coach Jim Sullivan said. "We're counting on them to do a lot this year. If they pitch like they did tonight, we'll win a lot of games."

West Potomac (2-2) jumped out to a 3-0 lead in the top of the first inning. Leadoff batter Brett Schaefer doubled on a 0-2 pitch and freshman second baseman Luke Belanger reached on an error, which allowed a run to score. Junior designated hitter Tom Nicholson followed with an RBI double and junior outfielder Rocky Iboleon later stroked a run-scoring single.

T.C. Williams responded with a run in the bottom of the inning. Leadoff batter Pat Devine doubled down the third-base line on a 0-2 pitch and, two batters later, senior first baseman Tyler Ratliff delivered an RBI double down the third-base line.

The Titans went scoreless for the remainder of the contest, however, and did not produce another hit until the seventh inning, when JP McLaughlin led off the frame with a single. TC batters struck out 12 times.

"I think more so than anything, [the strikeouts are due to] a lack of seeing live pitching due to the way the weather has been this early season. We've been ex-



PHOTO BY JON ROETMAN/GAZETTE PACKET

Senior Noah Ray and the T.C. Williams baseball team lost to West Potomac 4-1 on Tuesday night.

tremely limited," T.C. Williams head coach Jim Blair said. "... They need to have the discipline. We are a heavy junior, senior team this year, so they've been through this before. Early season, you have to make adjustments at the plate in order to be successful and I think that's where we did not do a great job tonight."

Devine, a junior infielder who had one of the three TC hits, said the Titans need to get more aggressive at the plate.

"You can change your approach," he said. "I think we've always had that problem; we need to be more aggressive. I've been here for two or three years and we've always had

the problem of we just take too many pitches or just aren't aggressive enough early in counts, and that's one thing we've been trying to change this year."

The loss dropped TC's record to 0-2. Last season, the Titans, led by then-senior pitcher Alec Grosser, qualified for regionals for the first time since 2009. The Atlanta Braves selected Grosser in the 11th round of the 2013 Major League Baseball draft and the Titans are trying to discover who they are as a team without him.

"Because we're an older group, I think the bar had been set last year," Blair said. "But in saying that, as well, we're still a team trying to find our identity without Alec Grosser and those are some big shoes to fill, obviously. As we progress through the season, hopefully we'll have the opportunity for some guys to really step up for this ball team."

Junior right-hander Jacob Katz started on the mound for the Titans and suffered the loss. He allowed four runs — two earned — and five hits while walking one and striking out two in four innings.

Junior left-hander Brandon Beck pitched two innings for the Titans and sophomore Andrew Tovosky pitched one.

T.C. Williams faced West Springfield on Wednesday, after the Gazette Packet's deadline. The Titans will host Woodson at 6:30 p.m. on Friday, April 4.

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LETTERS

FROM PAGE 10

the Old Dominion Boat Club and the city is cause for celebration. We applaud both sides for bringing this long litigious battle to an end in a manner we find fair — but more importantly sets the stage for the world class waterfront that our community can treasure. Someday in the near future a visitor at the foot of King Street will never again have to ask “where’s the water” while a new state of the art Boat Club facility will rise out of the flood plain replacing the Beachcomber eyesore. Truly this seems a win/win solution for all parties — putting an end to years of acrimony and legal bills.

Of course, the devil is in the details and we encourage both parties to bring this agreement to fruition. We understand that no one is thoroughly happy with the compromise but we feel strongly that the result will be of overwhelming benefit to all concerned. The seeds of success have been sown.

This is truly a transformational moment for our city. Our waterfront will finally be a fully accessible, welcoming gateway to our historic city — truly the jewel in the crown and we look forward to all the positive changes ahead. Our sincere thanks to the negotiators

and their diligence in achieving this important agreement for our future.

Jody Manor
Christine Bernstein

Towards a Healthy Norm

To the Editor:

I am writing to respond to two letters, “Beware Becoming Pedestrian Unfriendly” and “Are Bike Lanes Really Necessary?” that appeared in the Gazette-Packet. In the first, the writer cites bicycles as a danger to pedestrians and raises concerns about a bike route near a school. In the second, the writer decries bike lanes as being part of a hidden agenda to slow down cars.

People who wish to support safer walking are advised to attend meetings of our local Bicycle and Pedestrian Advisory Committee, where a police liaison reports on crashes involving pedestrians. In fact, cars are the number one danger to pedestrians, with US-1 being our most dangerous street.

Far from being a danger, placing bike routes adjacent to schools provides an opportunity to reduce the impact of parents driving chil-



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— GERI BALDWIN

dren short distances to school, creating what traffic engineers call “the second rush hour.” Bike lanes near schools are mainly a danger to the pharmaceutical industry, which hopes to sell a lifetime of medicine to yet another sedentary generation. Let us instead work together to make biking and walking the healthy norm, instead of the exception, and to use our bike facilities to teach safe cycling to our next generation of citizens.

Jonathan Krall
Alexandria



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Alexandria
Gazette Packet



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Help the Alexandria Police Foundation honor the 18 officers killed in the line of duty by supporting the **Alexandria Police Fallen Officers Memorial**. Join the growing list of more than 150 individuals and organizations who have already supported the memorial including:

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Murder Cases

FROM PAGE 11

Dr. Ronald Kirby was fatally shot in his home on Nov. 11.

Mrs. Nancy Dunning was found fatally shot in her home, Dec. 5, 2003.

City police are keeping mum on all the cases, particularly the Lodato case. There are no updates either regarding Dr Kirby's death.

The murders occurred in the Rosemont area. The shootings were at similar times, before noon. All were shot with similar small caliber bullets. The latter from the state forensic laboratory.

Doors are still being locked and opened carefully.

People waiting for the latest on either one or all of the cases won't be hearing any news.

Crystal Nosal, police information officer, says bluntly, "we will not send out 'updates' unless we have new information to release." Be assured, news purveyors are on the job.

Unless some creative television producer or a determined still photographer with an inside contact at the Ohio Valley County, W.Va., jail, chances are not too good the public will see Severance traveling with Loudoun County deputies.

If Severance is considered "off the bubble," chances are good he will never be charged.

Authorities in Alexandria continue to play the cases close to their vest. They do admit there may be a serial killer on the loose. They keep looking and looking.

Still Counting

- ❖ Ruthanne Lodato, unsolved murder, 48 days.
 - ❖ Ronald Kirby, unsolved murder, 161 days.
 - ❖ Nancy Dunning, unsolved murder, 3,771 days.
- Alexandria Police Tip Line: 703-746-4444.

Animal Camp

FROM PAGE 14

The AWLA offers a Summer Animal Camp for 3rd/4th, 5th/6th, and 7th/8th graders. This camp is a great way to begin teaching children about caring for animals. Some parents use this camp to introduce their children to animals before adding an animal to the family.

In this camp, campers enjoy a week of summer fun at the Vola Lawson Animal Shelter and learn about how to properly care for all types of animals, including wild-life.

Campers will hear from animal experts such as veterinarians, animal care professionals, adoption counselors, and animal control officers. A K9 demonstration and a special behind-the-scenes look at shelter operations are also featured. Campers will get up close and see and touch a variety of animals.

One-week sessions start June 23 and run until the end of August. Register today at www.alexandrianimals.org

Megan Webb is the executive director the Alexandria Animal Welfare League

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 Title: RFP #0000437, Eisenhower West Small Area Plan Consulting Support Closing Date and Time: April 21, 2014, 4:00 p.m., prevailing local time
 For general inquiries contact Jason Soltis, Contract Specialist at 703.746.4299.
 The City of Alexandria reserves the right to reject any and all proposals, cancel this solicitation, and to waive any informalities or irregularities in procedure. THE CITY REQUIRES ITS CONTRACTORS TO BE EQUAL OPPORTUNITY EMPLOYERS.

Legal Notices

LEGAL NOTICE
 Pursuant to the provision of section 4-1-16 of the code of the City of Alexandria, the Alexandria Police Department located at 3600 Wheeler Avenue, Alexandria, VA 22304 is now in possession of unclaimed bicycles, mopeds, lawn equipment, money, scooters, and other items. All persons having valid claim to the property should file a claim to the property with reasonable proof of ownership or the items will be sold, destroyed, converted or donated. For a complete listing go to <http://alexandriava.gov/police/> and contact the Police Property Section at (703) 746-6709

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Stormwater Public Education & Outreach Program

Monday, April 7, 2014
 7 - 9 p.m.

City Hall, Sister Cities Room 1101
 301 King Street, Alexandria, VA 22314

Find out about water quality pollutants, stormwater outreach, and identifying target audiences for the City's outreach efforts. The City's Municipal Separate Stormwater Sewer System (MS4) Permit requires resident input in developing a comprehensive plan. Feedback and input received at this meeting will be used to develop updates to the Stormwater Public Education and Outreach Plan.

Give your written or oral comments at the public meeting. For more information or questions regarding the upcoming meeting, please contact the Office of Environmental Quality at 703.746.4065. The meeting is open to the public. The City of Alexandria is committed to compliance with the Americans with Disabilities Act, as amended. To request a reasonable accommodation, e-mail Geraldyn.Taylor@alexandriava.gov or call 703.746.4084, Virginia Relay 711.

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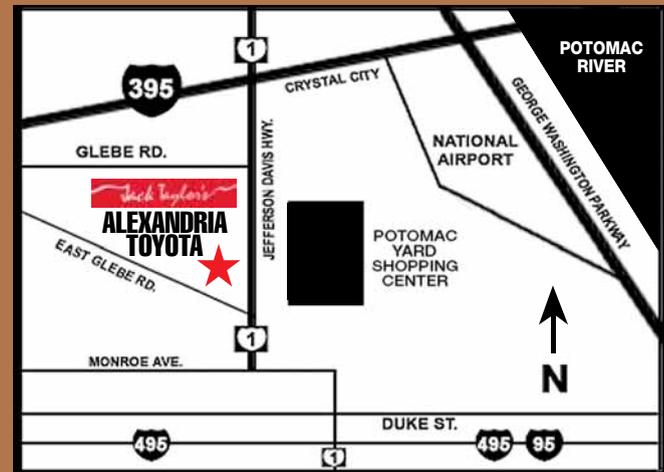
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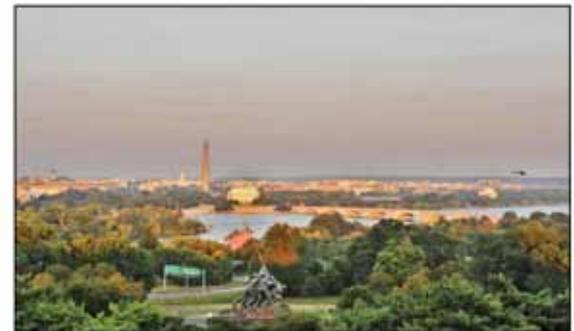


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Old Town Alexandria **\$1,795,000**

Located in the waterfront community of Harborside, this 4-bedroom, 3.5-bath townhouse offers a private patio, an interior Otis elevator, a family room/kitchen combination, hardwood floors throughout and handsome built-ins. Attached two-car garage. MLS# AX8278307

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Great Commute! Located in the heart of Belle View just minutes from Old Town, Metro stations, and DC. Filled with sunlight, this spacious two-bedroom unit boasts gleaming hardwoods and custom paint. The updated kitchen is a chef's dream! 6708 Wakefield Dr #B2. MLS# FX8275836

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Alexandria **\$899,000**

With generous room sizes, beautiful hardwoods and large windows, this home feels airy and comfortable. There's a full bath for each of the 4 bedrooms. A move-in ready backyard with mature landscaping and a great screened porch. MLS# AX8298116

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Senior Living

APRIL 2014

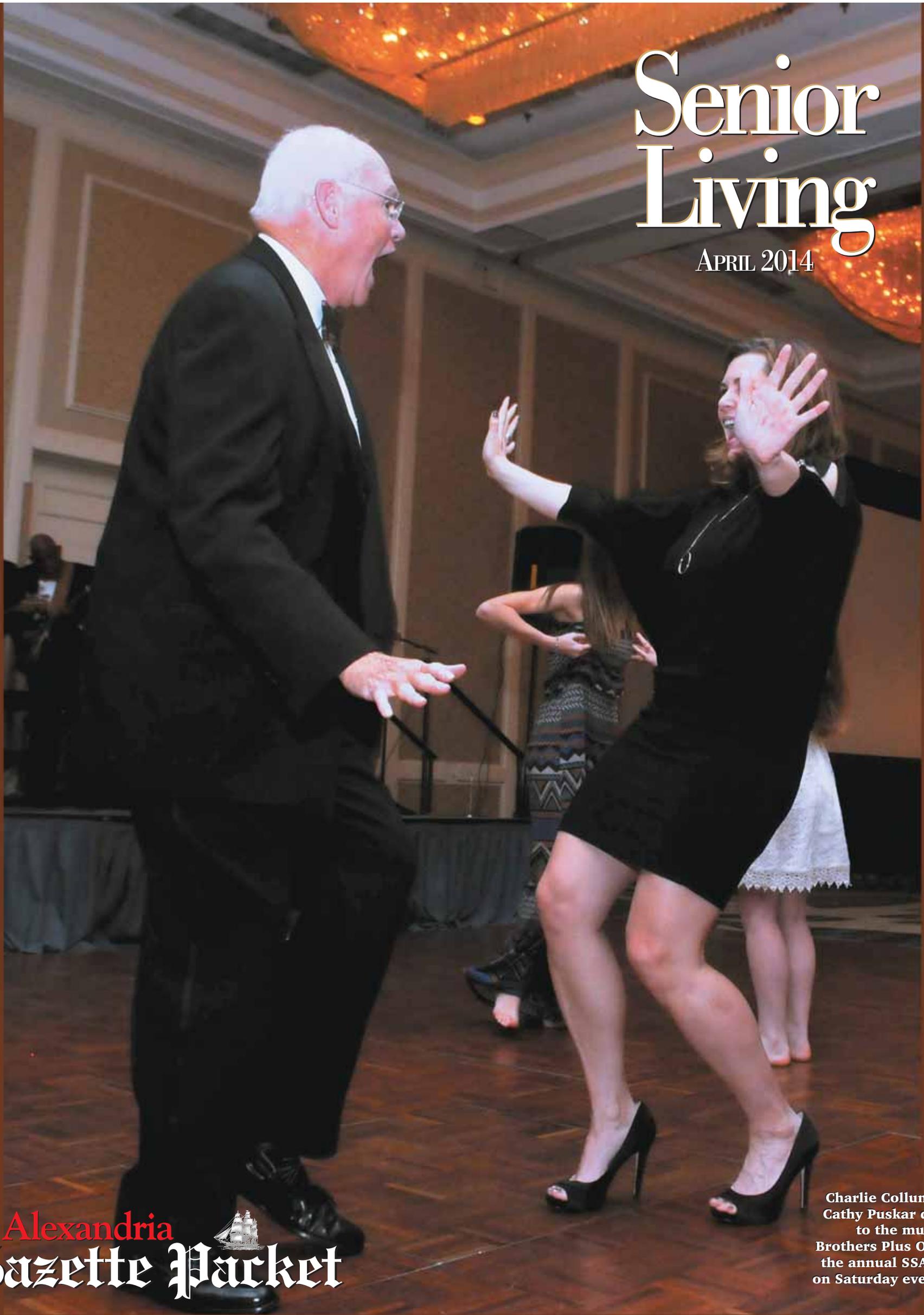


PHOTO BY LOUISE KRAFFT/GAZETTE PACKET

Alexandria
Gazette Packet

Charlie Collum and
Cathy Puskar dance
to the music of
Brothers Plus One at
the annual SSA gala
on Saturday evening.



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Senior Calendar

FRIDAY/APRIL 4

Online Order Deadline. Native plants can be pre-ordered and picked up on April 26, 1-5 p.m., at Long Branch Nature Center, 625 S. Carlin Springs Road, Arlington. Visit www.arlingtonva.us/departments/parksrecreation/documents/file91228.pdf for more.

TUESDAY/APRIL 8

Luncheon and Tour. 11 a.m.-2 p.m. at Westminster at Lake Ridge, 12191 Clipper Drive, Lake Ridge, Va. Explore retirement living at Westminster at Lake Ridge, a continuing care retirement community near Occoquan Village. Complimentary lunch and tour. RSVP to Michelle 703-496-3440, or visit wlrva.org for more.

TUESDAY/APRIL 8

Retirement Planning. 7 p.m., located in the large meeting

room at the Beatley Central Library, 5005 Duke Street, Alexandria. Bryan Riley, a financial advisor for Ameriprise, presents, "Plan for Retirement: Challenge Your Concerns and Take Control." Call, 703-746-1751.

SUNDAY/APRIL 13

Book Look: Child of the Civil Rights Movement. 2 p.m. Artspace Herndon, 750 Center Street, Herndon. Poignant, moving, and hopeful, *Child of the Civil Rights Movement* is an intimate look at the birth of the Civil Rights Movement. Each Book Look event features a reading and craft project related to the book. Books will be available for purchase and signing by the author. The readings are free and open to the public, but seating is limited so reservations are recommended. Visit www.artspaceherndon.org for more information and to register.

SEE SENIOR CALENDAR, PAGE 5

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Senior Living

Seniors Rush to Yoga

Yoga teachers, research point to health benefits for seniors.

BY MARILYN CAMPBELL
THE GAZETTE PACKET

Shortly after 10 a.m. on any given Tuesday or Thursday morning, 84-year-old Lola Wulchin can be found slowly stretching into a downward facing dog pose or lunging into a warrior one posture. The Vienna resident has been a yoga devotee at East Meets West Yoga Center in Vienna for slightly more than two years. In fact, she credits twice-weekly, gentle yoga practice with boosting her health and improving her quality of life.

"I had been bothered by a lot of neck pain from arthritis," said Wulchin. "I had seen a pain management doctor who gave me shots, I had physical therapy, but I still had neck pain and very little range of motion."

A turning point came after she was struck by a passing comment from one of her doctors. "My neurologist mentioned that his wife had been doing yoga for back pain and it had helped. So I decided to try it."

Wulchin embarked on a twice-weekly ritual that she describes as life changing. "My gentle yoga classes have been a God-send," she said. "I have less pain now. I still



PHOTO COURTESY OF EAST MEETS WEST YOGA CENTER

Linda Liberatucci, 67, Colette Ashley, 70+, Ann Mandelbaum, 68, Lola Wulchin, 84 and Frankie Gibson, 74, do a downward facing dog pose during gentle yoga class at East Meets West Yoga Center in Vienna.

have some stiffness, but I have a better range of motion."

She isn't the only senior to reap the benefits of yoga. Researchers at the American

Congress of Rehabilitation Medicine and the American Academy of Physical Medicine and Rehabilitation conducted an eight-week study of 23 adults aged 62 to 83 years old.

They designed a yoga program for that age group with the goals of improving lower-body strength and flexibility. Participants

SEE YOGA, PAGE 6

More Seniors Plan To Age in Place

BY MARILYN CAMPBELL
THE GAZETTE PACKET

The AARP reports that nearly 80 percent of adults age 65 and older want to remain in their current homes as long as possible. That population is growing. According to the Department of Health and Human Services' Administra-

Many local techniques and programs can help seniors stay in their homes longer.

tion on Aging, the population 65 years or older numbered 39.6 million in 2009. By 2030, that number will grow to about 72.1 million.

While people are living longer and healthier lives, there are still barriers to aging in place, including medication management, self-care, socialization and transportation. But there are innovative strategies and initiatives to help combat these roadblocks.

"We're showing people how to modify their home so that it is accessible," said Robert C. Eiffert, the Long Term Care Program manager for the Fairfax County Health Department. Fairfax and other local counties are conducting workshops on how to make a home safe for a senior who wants to live alone. "We're talking about things like adding a ramp to your front door, changing your door knobs and cabinet handles for people who have arthritis in their hands."

"There are wonderful emerging technologies that allow adult children to monitor their parents who live alone," he said. "It is not intrusive. There are not cameras involved, but there are motion sensors. For example, if there is no movement in the morning, an adult child might think, 'Hmmm, I need to check.'"

Andrew J. Carle, director of the Senior Housing Administration at George Mason

University, recommends First Street for Boomers and Beyond (www.firststreetonline.com) which offers products for seniors and their caregivers. "Products like a nice walk in bathtub for seniors or an alarm that reminds you when to take your medicine are things you can do to change your home and make it safe."

A LACK OF SOCIAL interaction and mental stimulation can contribute to depression and mental deterioration, Carle said. Or

SEE HOW TO AGE, PAGE 4



PHOTO COURTESY OF THE OSHER LIFELONG LEARNING INSTITUTE

Members of the Osher Lifelong Learning Institute (OLLI) at George Mason University take an educational field trip. Opportunities for socializing and learning are important as one ages.

Alexandria
Gazette Packet

Senior Living

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Senior Living

Aging in Place Gracefully

FROM PAGE 3

ganizations like the Osher Lifelong Learning Institute (OLLI) at George Mason University, offer opportunities for intellectual stimulation and cultural experiences for retirees in Northern Virginia.

"OLLI, as we call it, is for people who don't want to sit around and watch television all day," said Carle. "Professors volunteer their time to give lectures on art, history, science and other topics. Listening to professors speak about stimulating topics helps keep their brains sharp."

Jennifer Disano, OLLI's executive director, says the group has 1,200 members, and is funded by an endowment from the Bernard Osher Foundation. The group's main campus is in Fairfax, but other campuses are in Reston and Sterling. It serves the needs of those who might not feel comfortable in traditional college classrooms and don't want the pressure of writing papers and taking tests, but are still interested in learning.

"We have people here who were economists and worked with finance, but in their retired life they want to explore areas ... like art classes or history classes," she said.

One of those members is 76-year-old John Woods. He has attended three to four OLLI events a week for 10 years. "We have a wide variety of professionals and a wide variety of groups that meet," he said. "We have a group that meets to talk about financial investments. Another group meets every Monday morning at 9 a.m. and looks at the past week's headlines from the Washington Post, New York Times and Wall Street Journal. They have insights that are important. The stimulating thing is sharing ideas among ourselves.

VILLAGES ARE community-based organizations designed to help members help each

other remain independent and in the communities of their choice. "Back in 2000, villages started with a group in Boston, and in 2007 there was a big boom," said Barbara Sullivan, executive director of Mount Vernon at Home in Mount Vernon. "It is community-based. Every village is different, but they're there for people who want to age in place."

Eiffert, of George Mason, says village members define the type and scope of services. "A good starting point when creating a village is to survey the community members to determine their needs," he said. "We provide technical assistance to community groups that are interested in putting together a village and encouragement on what models work best for their community. Fairfax County is working with Montgomery County to rewrite the manual on how to start a village."

There are a few different models, including the "Concierge Village," which is a non-profit model that coordinates access to an array of services through vetted providers, including transportation, home repairs, care coordination and computer technicians. Most also include social and educational activities. Members arrange for services by calling a central phone number, and pay annual dues that can range from \$500 to \$800 for an individual and \$700 to \$1,200 for a couple.

The "All Volunteer" model organizes community volunteers to provide services and support to others. There are no paid staff. In some cases, hours donated by



PHOTOS COURTESY OF THE OSHER LIFELONG LEARNING INSTITUTE
Members of the Osher Lifelong Learning Institute (OLLI) at George Mason University play music for their peers. Below, other members listen to a lecture.

volunteers are "banked" and can be used in the future if the volunteer needs services or assistance. The "Neighborhood Network" is also informal. Groups meet on a regular basis to hear speakers on topics of interest selected by members.

ANOTHER BIG GAP is medication management, Eiffert said. "If someone can't manage their own medication and can't afford to pay someone to come in to do it for them, that is a service gap that forces people into assisted living facilities."

Carle agrees that the decision to age in place is complicated. "The first knee-jerk reaction is that when asked, seniors want to stay in their own homes," he said, adding that those surveys can be misleading: "The surveys are not always credible if you're surveying people who are 50-plus. I'm 54 and of course I want to stay in my house, but ask me again in 20 years. I think they should be surveying people who are 75-plus."

In addition, "people don't always understand the economic, social and safety aspects of it," he added. "You can create all kinds of technology and universal designs to create a house for aging in place, but a senior might not be able to afford it. It could end up costing far more than the best assisted living facility in town."



Granny Pods, small prefabricated homes that allow families to house their relatives in small backyard cottages, are another alternative. "These small living units allow you to put an elderly relative in your backyard and hook up to your electricity," said Carle.

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Senior Calendar

FROM PAGE 2

WEDNESDAY/APRIL 16

Discussion Series. 1-3 p.m. at Beatley Library, 5005 Duke St. "So You Think You're Covered: Evaluating Your Long-Term-Care Plans." Get guidance in how to evaluate long-term care insurance to see if it covers what you think it does, and if it doesn't, what you can do about it. Free. Reservations recommended, 703-231-0824.

125th Birthday Celebration for Charlie Chaplin. 7:30 p.m. The Alden, 1234 Ingleside Avenue, McLean. The Alden in McLean will celebrate Charlie Chaplin's 125th birthday with an evening of silent films with live musical accompaniment. For more information or to purchase tickets online, visit: www.aldentheatre.org or call 703-790-0123.

THURSDAY/APRIL 17

Vietnam Veterans of America Chapter Meeting. Neighbor's Restaurant, 262D Cedar Lane, Cedar Lane Shopping Center, Vienna. Edward D. Connor, WW II Army Air Corps veteran, will discuss the Battle of the Bismarck Sea of March 2-4, 1943. Admission is free. For information, call Len Ignatowski at 703-255-0353 or visit www.vva227.org.

Idea for the Garden. 11 a.m. at the Little Falls Presbyterian Church, 6025 Little Falls Road. Landscape designer and horticulturalist Florence Everts will speak on design principles during the monthly program of the Rock Spring Garden Club. Free and open to the public, with an optional \$5 lunch following the program. RSVP by April 10 to rockspringgardenclub@gmail.com. Visit www.rockspringgardenclub.com.

TUESDAY/APRIL 18

Geological Society Meeting. 1 p.m. at Hollin Hall Senior Center, room 112, 1500 Shenandoah Road, Mount Vernon. Geological Society meeting will feature a presentation entitled

"Experiences of a Young Waist Gunner in WW II" by Ray Bailey. What was it like for an 18 year old high school graduate from a small Ohio town to go off to war, fight the Germans and survive his plane "going down?" Visit www.MVGenealogy.org. Questions about the program should be directed to Karen Jenkins at 703-866-2478 or publicity@mvgenealogy.org.

WEDNESDAY/APRIL 23

Senior Services. 9:30 a.m.-noon at the Nannie J. Lee Center, 1108 Jefferson Street, Alexandria. Senior Services of Alexandria, Inova Alexandria Hospital and the successful aging committee of Alexandria are sponsoring a Health and Fitness Event. Free, open to the public. Visit www.seniorservicesalex.org, <http://www.seniorservicesalex.org>, or call 703-836-4414, ext 10.

Author Lecture: Cheat the Clock. 1 p.m. at Westminster at Lake Ridge, 12191 Clipper Drive, Lake Ridge, Va. Margaret Pressler will discuss her book, "Cheat the Clock: How New Science Can Help You Look and Feel Younger." First 20 registrants receive free copy of the book. Call 703-496-3440 to attend. Visit wlrva.org for more.

THURSDAY/APRIL 24

Condo Living Class. 7-9 p.m. at The Station at Potomac Yard, 650 Maskell St. The City and Arlington and Fairfax Counties will host a two-hour "Understanding Condominium Living" class. Free, seating is limited. Confirm attendance at 703-746-4990 or email shane.cochran@alexandriava.gov.

SATURDAY/APRIL 26

Community Cleanup. 9 a.m.-noon at five locations along Four Mile Run. Cleanup volunteers needed at Madison Manner, Glen Carlyn, Arlington Mill Community Center, Barcroft Park and Shirlington Park. An adult

SEE SENIOR CALENDAR, PAGE 6

Do you have a family member or a neighbor who could use some help to make daily life a little easier?

At Home in Alexandria (AHA) is a grassroots, not-for-profit organization of caring neighbors and volunteers helping people in Alexandria ages 55+ remain independent and living in their own homes. We provide valuable help in a variety of ways: transportation to medical appointments, social events, technology support, modest yard work, prescription pick-up and so much more.

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Arlington seniors take a hatha yoga classes. A recent study showed yoga programs specifically designed for seniors can improve strength and flexibility.

Yoga for All Ages

FROM PAGE 3

attended two 90-minute yoga classes per week, and were asked to complete at least 20 minutes of directed home practice on alternate days.

The study found yoga programs tailored to elderly adults can be a cost-effective way to prevent or reduce age-related changes, specifically an increased risk for falls, dependency and other ailments.

Local yoga teachers agree, saying that while yoga classes designed for the 55 and older crowd are increasing in popularity, myths about the practice keep some seniors out of yoga studios.

“The main thing that I hear is that you have to already be flexible to do yoga,” said Sandy Pradas of Joyful Heart Yoga in Mount Vernon. “People look at pictures in magazines of people wrapping their legs around their necks or doing other advanced poses and they think, ‘If I can’t do that, then I can’t do yoga.’”

Pradas, whose students are mostly between 50 and 75 years old, said, “Everybody can do yoga, but there are a lot of types of yoga and not every type is good for everybody.”

Dawn Curtis, owner of East Meets West Yoga Center, recently completed a course at Duke Integrative Medicine and believes an increasing interest in yoga among seniors will be known as the Silver Tsunami.

“That is baby boomers going into yoga,” she said. “Yoga for seniors is going to be the biggest target audience that yoga teachers are going to have because of the number of baby boomers who are looking for alternative ways of exercise because they are not going to be able to keep up with impact exercises like running.”

In fact, she says gentle yoga classes are among the most popular at her studio. “I have students who are as old as 84. We deal with people who can’t get on the floor,” she said. “We use chairs. We work on balance

because that is a main concern among seniors. We work on coordination because that is another thing that tends to diminish as we age.”

Jennifer Collins, a countywide program specialist in the Office of Senior Adult Programs in Arlington, said that yoga classes that are specifically tailored for those 55 and older are among her office’s most popular.

“Some of our [yoga] classes fill up within minutes of opening,” said Collins. “We have people sitting at computers at our senior centers ready to register as soon registration opens because they know the classes are going to fill.”

Sean .FM (yes, that is his name) of OneAum in Potomac, works with seniors with a wide range of abilities. He said it’s important to find a class that is a good fit.

“There are many kinds of seniors,” he said. “There are seniors that are immobile and some who are really active. We have a student who is almost 70 and I just taught him how to do a handstand. We created Yoga Rx for those with mobility issues. We work them in the chairs. We also do a lot of private sessions.”

George Lynch, fitness director at Vinson Hall Retirement Community in McLean, is planning to incorporate yoga classes into the community’s fitness program. The instruction will be tailored to meet the needs of his clients. “We have residents who are in their 80s, 90s and some in their 100s. Everything we do is designed specifically for seniors.”

Andrew J. Carle director of the Senior Housing Administration at George Mason University said an increasing number of retirement communities are offer yoga classes as part of their fitness programs. “The future of senior housing will include science-based wellness activities like yoga,” he said. “Anything that gets us beyond senior activities such as birthdays, Bibles, bingo and bridge is a step up.”

Senior Calendar

FROM PAGE 5

must accompany children under 16 years of age. Call 703-525-0168 or ParkRangers@arlingtonva.us.

WEDNESDAY/APRIL 30

How to Protect Yourself From Identity Theft. 1:30-2:30 p.m. at Westminster at Lake Ridge, 12191 Clipper Drive, Lake Ridge, Va. Courtney Sweeney of Wells Fargo Asset Management will share tips to prevent identity theft before. RSVP to Michelle 703-496-3440, or visit wlrva.org for more.

SATURDAY/MAY 3

Plant Sale. 9:30 a.m.-2:30 p.m. at Wakefield High School, 1325 S. Dinwiddie St., on the Dinwiddie Street side of the building. Annuals, perennials, herbs, vegetables and flowering baskets available. Place an order before April 12 in the school main office; drop it off or mail it in. Order forms are available on the Wakefield Website <http://apsva.us/Page/17411>.

TAX HELP

AARP Tax-Aide, the nation’s largest free tax preparation and tax counseling volunteer program starts its free Tax Preparation Services Feb. 1. The program, sponsored by the IRS, is staffed with Certified IRS Tax Counselors and use IRS computers and software to prepare and eFile tax returns for low to middle income families and elderly citizens. Bring government-issued picture IDs, and social security cards for all persons that will be included in your tax return. Also bring a printed copy of last year’s tax return, if you itemized. Located at Lee Center, 1108 Jefferson St., Wednesdays and Fridays from 10 a.m.-2 p.m. Walk-ins welcome. Visit www.aarp.org/taxaide for additional information.

ONGOING

Join Jewish War Veterans of the USA. The Burke Post E 100 at 5712 Walnut Wood, Burke, invites Jewish veterans and service members to join. 703-209-5925.

Singers Wanted for the Celebration Singers. The women’s show choir is interested in new talent to perform at various Northern Virginia community sites. Practices are Wednesdays 10:30 a.m.-2:30 p.m. in Burke. Contact Gayle Parsons, 703-644-4485 or email gparsons3@cox.net.

American Red Cross CPR, First Aid and AED. Various times, at 2720 State Route 699, Suite 200, Fairfax. One-year certification, digital or print materials and continued education on Mondays through Thursday and Saturday. \$70-110. Visit www.redcrossna.org.

Mental Health First Aid Training Classes. Additional sessions have been added to the schedule. The course teaches risk factors, warning signs and symptoms of mental health and substance use disorders. Registration is open until filled. Limit 20 participants per class and seats fill quickly. Classes run from September through June. Visit alexandriava.gov/DCHS for class dates and registration. Attendees of the full eight-hour course will receive a three-year certification in MHFA. For more about the classes, contact Donielle Marshall at 703-746-3523 or donielle.marshall@alexandriava.gov. To learn more about MHFA, visit mentalhealthfirstaid.org.

The Groveton High School class of 1964 is looking for contact information for as many classmates as possible. The planning for the 50th reunion is underway, however only a small number of people have been contacted. Groveton graduates of ’64 should email GHS64@verizon.net.

The Talking Book Service at Alexandria Library will now operate Monday through Friday, 10 a.m. to 3 p.m. or by appointment. Patrons may also reach the service by calling 703-746-1760 or emailing talkingbooks@alexandria.lib.va.us.

Free **Medicare counseling** is available for City of Alexandria residents through the Virginia Insurance Counseling and Assistance Program

(VICAP) to help individuals understand and navigate Medicare insurance programs. VICAP Medicare counselors will be available on Thursdays from 1-5 p.m., by appointment only, at the Alexandria Department of Community and Human Services, located at 2525 Mount Vernon Ave. Speakers are also available to present information on Medicare Basic to community groups. Call 703-228-1726.

VCE Master Gardener Help Desk. 9 a.m.-12 p.m. Monday-Friday. Bring fresh samples of problem plants, weeds or insects to ensure accurate identification. VCE recommends carrying samples in plastic bags or other clear containers. No live insects. All clinics and Help Desk are free. 703-228-6414 or mgarlalex@gmail.com.

Band musicians are invited to join the **Mount Vernon Community Band**. Rehearsals are Tuesday 7:30-9:30 p.m. in the Mount Vernon High School band room, 8515 Old Mount Vernon Road. There are no auditions. The Mount Vernon Community Band is a nonprofit community service organization that has performed in the Mount Vernon area since 1978. 703-768-4172 or www.mybands.com.

Strength & Stretch For Seniors. Mondays and Thursdays at 1 p.m. Improve range of motion, strength & bone health. All abilities welcome. \$42. Mondays at Virginia Hospital Center, 1701 N. George Mason Dr. Thursdays at Health Pavilion, 601 S. Carlin Springs Road.

Gentle Pilates. Saturdays at 9 and 11:35 a.m. A non-traditional mat Pilates class with modifications to suit all abilities. Learn proper form, strengthen core muscles and improve posture. \$78. Virginia Hospital Center, 1701 N. George Mason Dr.

Gentle Yoga. Tuesdays and Thursdays at 9:30 a.m. Restore flexibility, strength and ease tension. All levels welcome. \$66. Health Pavilion, 601 S. Carlin Springs Road. Call 703-558-6859.

Tai Chi. Thursdays at 6: 15-7:15 p.m. Combine slow, flowing movements of Tai Chi and Qi Gong postures to foster a healthy, balanced mind and body. \$80. 601 S. Carlin Springs Road. Call 703-558-6859.

Yoga for Everybody. Wednesdays at 6:30 p.m. This traditional approach to yoga reduces stress and increases strength and flexibility. \$66. Health Pavilion, 601 S. Carlin Springs Road. Call 703-558-6859.

Adaptive/Seated Yoga. Tuesdays at 11:15 a.m. For older or physically challenged adults with limited mobility, chronic pain or neuropathy. Adaptive yoga emphasizes breathing, gentle stretching and going at your own pace. \$66 Health Pavilion, 601 S. Carlin Springs Road. Call 703-558-6859.

Call For Articles. The Arlington Historical Society welcomes articles for publication in the annual Arlington Historical Magazine. Although the focus is on Arlington County history, subjects dealing with the history of Northern Virginia, or the metropolitan Washington, D.C. area, are also appropriate and welcomed. Articles should be 1,500 to 6,000 words in length. The deadline is July 1, 2014. There is a prescribed format, especially for endnotes. A style sheet will be provided upon request, and the editor will assist authors and/or make corrections as needed. Pictures and maps are encouraged. Direct questions to Editor W. Karl VanNewkirk at 703-536-5916, karlvannewkirk@comcast.net; or 1116 North Rochester St., Arlington, VA 22205-1741.

Free **mall walking program** for seniors will be held Tuesdays and Thursdays from 8:30-9:30 a.m. at Ballston Common Mall, 4238 Wilson Blvd. Participants walk at their own pace. There will be a group stretch and cool down led by Virginia Hospital Center staff. 703-558-6859.

Choral Rehearsal. Encore Chorale’s spring season will start Jan. 14 from 2-3:30 p.m. at Langston Brown Senior Center, 2121 Culpeper St. Anyone over the age of 55 can participate. Registration information is available at encorecreativity.org, or by calling 301-261-5747 or via e-mail to info@encorecreativity.org.

Lifeline Personal Alert System. Virginia Hospital Center Senior Health staff locally manage the personal emergency response system. Help is available 24 hours a day, seven days a week. Monthly cost starts at \$42. Call 703-558-6859 for more information.

Senior Living



The Lee Center Dancers, who came in third in a 2013 Senior Olympics line dancing event, are: Kathy Fanelli, Annandale; Neelima Gokhale, Arlington; Inga Ercolano, Arlington; May McWilliams, Arlington; Marcia Diamond, Arlington; Janey Brauninger, Arlington; Melissa Mendell, Arlington; and Bill Wong, Fairfax.

Northern Virginia Senior Olympics Mission: Living Healthy Longer

“Living healthy longer is the mission of the Northern Virginia Senior Olympics,” said Dave Jerome, of Burke, chairman of the Northern Virginia Senior Olympics. “It is our goal to promote healthy aging through both mental and physical activity, which is why NVSO offers such a wide range of events from sports to board games.”

The 2014 Northern Virginia Senior Olympics will take place Sept. 13-24 at 18 venues throughout Northern Virginia. Adults 50 years of age and over who live in one of the sponsoring jurisdictions are eligible to participate.

Events include swimming, diving, track, field, tennis, table tennis, racquetball, pickleball, duplicate bridge, chess, scrabble, cribbage, men’s basketball, handball, ERG rowing, Wii bowling, ten pin bowling, eight ball pool, horse-

shoes, softball hit and throw, yo-yo tricks, bocce, Frisbee throw, golf, miniature golf, bunco, men’s and women’s basketball free throw, team line dancing, volleyball, badminton, cycling and more. Gold, silver and bronze medals are awarded after each event. All events are open to the public.

Online registration will be available at www.nvso.com after July 1. Registration forms will be available at senior residences, community centers, seniors centers or by calling 703-228-4721. Registration fee is \$12 which covers multiple events. There is no onsite registration. Registration deadlines are Aug. 29 (mail) and Sept. 5 (online). The Northern Virginia Senior Olympics is sponsored by the counties of Arlington, Fairfax, Fauquier, Loudoun and Prince William and the cities of Alexandria, Fairfax and Falls Church.



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2014 Generation-to-Generation Gala

Senior Services of Alexandria hosted their annual Generation-to-Generation Gala last Saturday evening at the Mark Hilton in Alexandria. The 2014 honorees were Patty Moran and her daughter Kate along with Lonnie Rich and Marcia Call and their daughter Sara Rich.

Patty and Kate Moran are both active volunteers in the Alexandria community, particularly Del Ray. Patty coordinates the Special Olympics basketball tournament at T.C. Williams, the Titan Expo, the silent auction at the Scholarship Fund of Alexandria's annual gala, organizes the annual Sponsor-a-Family toy distribution through Community Partners for Children and serves as the chair of the Alexandria Relay for Life. Kate co-founded the annual Del Ray Music Festival that supports local music education while highlighting local musicians.

The Rich/Call family was honored for the continued commitment to the Alexandria community and beyond. Lonnie has served three terms on city council, served as Chairman of the Alexandria Chamber of Commerce and remains active on a number of local nonprofit boards and commissions. Marcia is at the helm as CEO of her own corporate recruiting company as well as serving as president of EduCorps, an organization providing ongoing teacher training in the Democratic Republic of Congo, Rwanda, Uganda and Burundi. In 2009 Marcia was recognized by the Alexandria Chamber of Commerce with the Chairman's Award for her work in the promotion and stewardship of women in business. Sara Rich has been civically involved since 7th grade when she successfully petitioned the school district and city council for women's softball fields equivalent to the men's in the city. After graduating from the University of Virginia, Sara took a teaching position at the American School of Kinshasa in the Democratic Republic of Congo. It was in Kinshasa that she became interested in connecting international educators with the Congolese teachers. Her work in the Democratic Republic of Congo led to her co-found EduCorps.

PHOTOS BY LOUISE KRAFFT
GAZETTE PACKET



2014 SSA honorees Lonnie Rich, Marcia Call, Patty and Kate Moran are joined on stage with Mayor Bill Euille, SSA Chair of Board of Directors Gregory Murphy and SSA Executive Director Mary Lee Anderson.



T.C. Williams principal Suzanne Maxey and former ACPS principal Kris Feroleto.



Former Mayor Kerry Donley and Page Moon applaud as the honorees make their way to the stage.



Shannon and Bea Campagna with June Guiffre and Christopher Campagna.



Patty Moran talks with U.S. Rep. Jim Moran and her daughter Kate.



Singer Sandra Love.