

Congratulating Runners

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Woodrow Wilson, the giant racing Nationals' mascot character, congratulates runners as they finish the 14th annual Autism Speaks 5K on Friday, July 4.

NEWS



Potomac House Fire

A view from the backyard of the two-story townhouse. According to the Montgomery County Fire and Rescue Services, the cause of the fire is still under investigation.



PHOTOS BY PETE PIRINGER/MCFRS

Approximately 75 firefighters responded to a townhouse fire at 12232 Greenleaf Ave. on Monday night, July 7. Four occupants were displaced, all adults, two male and two female. No injuries were reported.

BULLETIN BOARD

Email announcements to almanac@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

THURSDAY/JULY 10

Free Seminar. 1:30-3 p.m. at 4805 Edgemoor Lane, Bethesda. A seminar on how one can protect against scams, and protect personal information and assets. Register at <http://liveandlearnbethesda.org> or

call 301-740-6150.

TUESDAY/JULY 15

Montgomery County Council Public Hearing. 1:30 p.m. at the Council Office Building, 100 Maryland Ave., Rockville. To discuss the Expedited Bill 35-14, which

would reduce the safety zone for archery hunters. It can be viewed at www.montgomerycountymd.gov/council. To testify, call 240-777-7910.

WEDNESDAY/JULY 16 Call for Board of Appeals

Applicants. 5 p.m. Mail a letter expressing interest and a resume to Council President Craig Rice, County Council Office, 100 Maryland Ave., Rockville. Applications must be in no later than 5 p.m. on July, 16. Email county.council@montgomerycountymd.gov.



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Runners finish the 14th annual Autism Speaks 5K.



Sherry Stevens and Nichelle Hayer.

Runners Support Autism Research

The 14th Autism Speaks 5K was held Friday morning, July 4, starting in the Potomac Village Library parking lot. The event raises funds and awareness for better treatments for autism. Visit www.autismspeaks.org.

BOWA has been a sponsor for the Autism Speaks race for 10 years and the presenting sponsor for the last four years.

PHOTOS BY
DEBORAH STEVENS
THE ALMANAC

From left are Dustin McDonald, Allie Cruz, Katrina DeGuzman and Rainer Tandaju of Naked Juice, a sponsor of the race.



Chase Weaverling finishes first.



Charlie Ban takes second place.

Primary Finalizes November Competitors

A Green candidate joins County Board at-large race.

The Democratic primaries, held on June 24, have solidified the candidate field for November's elections. Unofficial results from the Montgomery County Board of Elections, including early voting, election day, and absentee voting, is as follows:

For County Executive, Ike Leggett received 38,997 out of 85,741 total votes cast. Leggett will be facing Republican Jim Shalleck in November.

For County Council District 1, Roger Berliner received 17,544 out of 22,315 total votes cast. Berliner will be facing Republican Jim Kirkland in November.

The four candidates for County Board at Large with the highest number of votes were Marc Elrich, who received 56,186 votes out of 265,479 total cast; Nancy M. Floreen, who received 51,720 votes; Hans Riemer, who received 48,796 votes; and George L. Leventhal, who received 45,231 votes. In November, they will face Republican candidates Robert Dyer, Shelly Skolnick, Chris P. Fiotes, Jr., and Adol Owen-Williams, and Green candidate Tim Willard.

For state senator in the 16th District, Susan C. Lee received 11,841 out of 13,910 total votes cast. Lee will be facing Republican Meyer F. Marks in November.

For state delegates in the 15th District, the three Democratic candidates with the highest number of votes were Kathleen Dumais, with 6,049 of 19,749 votes cast; Aruna Miller, with 5,643 votes; and D. Hidalgo-Fraser, with 4,379 votes. In November, they will face Republicans Flynn Ficker, Edwin Edmundson and Christine Thron.

For state delegates in the 16th District, the three Democrats with the highest number of votes in the primary were Ariana Kelly, who received 9,750 of 38,090 total votes cast; Bill Frick, with 8,824 votes; and Marc Korman, with 8,329 votes. They will face Republicans John Andrews, Rose Maria Li and Lynda del Castillo.

For Montgomery County Sheriff, Darren Mark Popkin was the Democrat who received the most votes, 40,872 of the 63,032 votes cast.

Non-partisan Board of Education at Large candidates who received the most votes in the primary were Jill Ortman-Fouse, with 28,148 of 82,535 total votes cast; and Shebra Evans, who received 25,797 votes.

Home LifeStyle

A New Work Order

Local designers help create organized and stylish home offices.

BY MARILYN CAMPBELL
THE ALMANAC

Whether it's a nook, in the kitchen or a designated room, a home office is the place where ideas come to life. Local designers dish about the secrets to creating a workspace that is organized and functional yet stylish.

"You're going to spend a lot of time in it so aesthetics do matter," said Patricia Tetro of BOWA Builders Inc., in McLean.

Thinking about how a space will be used is the first step in the design process. "An office is as unique as a person," said interior designer Julie Sproules of the Art Institute of Washington in Arlington. "Each person has a different way of working and therefore a different set of needs. If you are working from home, you'll be spending a lot more time there than if you are using it to keep the household paperwork in order."

There are a series of questions that one might consider: "How will you use the office? Is it just for you? Do others come in and meet with you? Do you tend to do most of your work on the computer?" asks Tetro. "Do you do things by Skype? If so, the placement of the computer becomes more critical."

Storage and the placement of it is one of the most important home office design decisions. "Where do you want to keep things?" asks Tetro. "When sitting in a chair, do you need to have your entire realm within arm's reach?"

Getting creative with storage supplies is a technique that Sallie Kjos of Grey Hunt Interiors in Chantilly, uses to avoid compromising style for order. "A floating shelf will help to keep a clean look, but have it organized," she said. "You can also get decorative boxes in a variety of colors."

Sproules uses labeled storage bins to create home office space that has a place for everything. "There are a million differ-

ent kinds out there, from wood to rattan to linen," she said. "Get a bookshelf that you can fit the bins in. ... Leave some room ... for a filing binder and books, but anything small should go in a bin. This way you can just throw all the markers, yarn, buttons and [other miscellaneous items] into their bin and not have to worry about them being misplaced."

Don't forget to save a space for smart phones and tablets. "You might need charging spaces with electrical outlets that are easily accessible," said Tetro.

To create an orderly appearance, stash files, papers and other office supplies out of sight. "A lot of people use an extra bedroom as a home office. Take the doors off the closet and create a storage area," said Bart Goldstein of Bart Goldstein Interior Design in Potomac, Md. "Add closed storage on the bottom that works as file cabinets, but looks like a piece of furniture" such as a chest or a credenza.

"You can make it look like a built-in," said Goldstein. "Closet companies ... are able to make it look like a real working office with nice furniture."

GET CREATIVE when selecting a desk to add interest and express your personal style. "You can use an old writing table, side table or console table to use with a nice parsons chair," said Kjos. "This makes more inviting space that is decorative but functional."

Choose seating that incorporates style and comfort. "This doesn't have to mean a task chair," said Sproules. "Task chairs are great if you're sitting in them many hours a day,



PHOTOS COURTESY OF GREY HUNT INTERIORS

Sallie Kjos of Grey Hunt Interiors created a home office for herself in the corner of her kitchen. She personalized it by adding plants and family photos.

and there are some attractive options, but I prefer ... a small lounge chair to give it more of a homey feel. Just make sure it can be pushed under the desk or table when not in use. ... I have even used small metal side chairs or stools like an old classroom."

A person's occupation and work style

should be considered. "Stools are especially great if you get up and move a lot as a part of your working routine," said Sproules. "You can swivel from one side of the table to another and being on a bar-height stool means you're more likely to get up and walk around routinely. If you do choose a bar-height stool, make sure your desk or table is either height-adjustable or standing-height."

Proper lighting is another key component of a well-designed home office. "Consider overhead lighting" said Goldstein. "[It] will not take up space like a lamp. You can run an eight-foot [lighting] track through the middle of the room and turn the lights toward the desk."

Incorporate more than one lighting source into a room's design.

"This helps you modulate the light for the task that you're doing," said Sproules. "You should have one general light: an overhead light or a floor lamp that ... provides general, diffused light and a task light for more focused work," such as a small, adjustable lamp with dimming capabilities.

When it comes to maintaining a sense of home in a home office, designers suggest getting personal. "You can mix interesting accessories like family pictures and a plant here or there to give the office aesthetic appeal as opposed to just function," said Goldstein.

ROOM DESIGN should reflect one's pro

SEE CREATING, PAGE 7



PHOTOS COURTESY OF BART GOLDSTEIN INTERIOR DESIGN

Bart Goldstein of Bart Goldstein Interior Design combined a mixture of hidden and open cabinetry with comfortable seating to create this home office.

NEWS



In Need of a Home

These are some of the more than 100 dogs and 200 cats/kittens at the Montgomery County Animal Services & Adoption Center, 7315 Muncaster Mill Road, Derwood. Call 240-773-5900 or visit www.montgomerycountymd.gov/animalservices. The center is partnered with MCPAW, a nonprofit organization that works to provide enhancements and augment funding for the shelter for the benefit of the animals in residence.



SCHOOL NOTES

Email announcements to almanac@connectionnewspapers.com. Deadline is Thursday at noon. Photos are welcome.

The following students received bachelor of arts degrees from St. Mary's College of Maryland: **Henry Cameron Bernstein**, art and art history; **Stephania Natasha Mercado**, art and art history; **Madeleine Frances Meister**, psychology; **Erin Marjorie O'Connor**, Magna Cum Laude in psychology; and **Brianna Leigh Buckingham**, Cum Laude in public policy studies.

Nisha Parikh received a bachelor of science in pharmaceutical and healthcare studies degree from University of the Sciences in Philadelphia.

The following students were awarded dean's list honors for the spring 2014 semester at St. Mary's College of Maryland: **Emily Buetow**, **Charles Huang**, **James Kelly**, **Michelle Livshin**, **Erin O'Connor**, **Lydia Roca**, **Jared Saltzberg**, **Michael Shilling**, and **Yonah Zeitz**.

Morgane Amat graduated Magna Cum Laude with a major in physics and Hispanic studies from Connecticut College.

Emily Katherine Buetow graduated with a bachelor of arts degree from St. Mary's College of Maryland. Buetow graduated with a major in public policy studies, and minor in religious studies and political science. Buetow was also a member of Phi Beta Kappa.

Washington College students **Paige**

Butler graduated with a bachelor of arts in psychology, and **Samuel Margolis** graduated with a bachelor of arts in sociology.

National Merit Scholarship Corporation announced approximately 2,500 winners of National Merit Scholarships financed by U.S. colleges and universities. Scholars include **Carson E. Lystad** from Walt Whitman High School, **Benjamin B. Talisman** from Walt Whitman High School, and **Rachel S. Casper** from Winston Churchill High School.

Dylan Blough received a Bachelor of Arts in Political Science from the College of Arts & Sciences at the University of Vermont.

Ashley O'Keefe, 21, received the Harrison Undergraduate Research Award from the University of Virginia. O'Keefe, a biology major and religious studies major, will research the Nkx2.2+ cells in the perineurium of the sciatic nerve in mice. Nkx2.2+ cells play an essential role in the development of the mammalian perineurium.

Michael Papirmeister was named to the Spring 2014 dean's list at Hofstra University.

Morgane Amat has achieved dean's honors for the 2014 spring semester at Connecticut College.

The Georgia Institute of Technology presented degrees to the following local students during the Institute's 247th commencement exercises: **Jackson Du** and **David Hou**.

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Potomac REAL ESTATE

PHOTOS BY DEB STEVENS/THE ALMANAC

Top Sales in May, 2014

IN MAY 2014, 58 POTOMAC HOMES SOLD BETWEEN \$2,585,000-\$515,000.



2 11790 Glen Road — \$2,295,000



1 10801 Stanmore Drive — \$2,585,000

3 10507 Tulip Lane — \$2,200,000

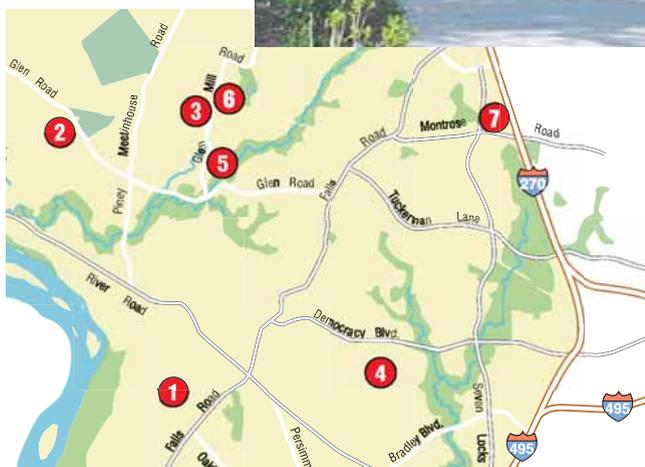


4 9804 Carmelita Drive — \$1,760,000



7 12410 Ansin Circle Drive — \$1,315,000

6 12528 Grey Fox Lane — \$1,325,000



Address	BR	FB	HB	Postal	City	Sold Price	Type	Lot AC	Postal Code	Subdivision	Date Sold
1 10801 STANMORE DR	6	6	1	POTOMAC	...	\$2,585,000	Detached	2.30	20854	GREAT FALLS ESTATES	05/09/14
2 11790 GLEN RD	5	5	1	POTOMAC	...	\$2,295,000	Detached	5.75	20854	DARNESTOWN OUTSIDE	05/02/14
3 10507 TULIP LN	6	6	2	POTOMAC	...	\$2,200,000	Detached	2.14	20854	POTOMAC OUTSIDE	05/29/14
4 9804 CARMELITA DR	4	4	1	POTOMAC	...	\$1,760,000	Detached	0.56	20854	MCAULEY PARK	05/09/14
5 10401 JOINERS LN	6	5	0	POTOMAC	...	\$1,450,000	Detached	1.74	20854	POTOMAC OUTSIDE	05/08/14
6 12528 GREY FOX LN	5	4	1	POTOMAC	...	\$1,325,000	Detached	0.46	20854	GLEN MEADOWS	05/08/14
7 12410 ANSIN CIRCLE DR	5	4	1	POTOMAC	...	\$1,315,000	Townhouse	0.05	20854	PARK POTOMAC	05/30/14

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Through the use of contemporary design, Kai Tong of Hopkins & Porter Construction, Inc. created a master bathroom that is a private sanctuary for renewal and reflection.



PHOTOS COURTESY OF HOPKINS & PORTER CONSTRUCTION
This bold blue powder room includes an Aquavit lavatory bowl and faucet with an undulating Silestone countertop.

Bathrooms of Bliss

Potomac architect creates luxurious lavatory retreats.

BY MARILYN CAMPBELL
THE ALMANAC

From skylights to illuminating floor tiles, the options for transforming a boring and outdated bathroom into a serene oasis are seemingly endless, but one local architect melds creativity and craftsmanship for dramatic results.

Drawing upon its natural, wooded surroundings, Kai Tong, a senior architect at Hopkins & Porter Construction, Inc. in Potomac, created a luxury master bathroom that is both contemporary and timeless.

The nature-loving homeowners wanted a space that took advantage of their foliage-filled property. "There is a circular tub that sits under skylights so the owners can look up and see tree branches," said Tong. "Next to the tub is an all-glass shower that evokes the feeling of taking a shower outdoors at

summer camp."

Tong says the day-lit master bathroom includes radiant heated flooring and wall tile by Architectural Ceramics. Carrera marble steps lead to the circular tub by Kohler, which overlooks a gas fireplace.

The bathroom was added as part of a four-story addition to the rear of the home. "While sitting in the tub, the homeowners can see a fireplace in their master bedroom," said Tong.

Tong's penchant for maximizing a space's potential and disdain for clutter also led to the creation of a powder room that pops. He added the powder room as part of the home's renovation, which was designed to get rid of unnecessary walls and create more usable space.

"One thing that we cleared out was a stairwell which became a new powder room," said Tong. "The powder room renovation created a central core element for the rest of the renovation of the house."

The bold blue room includes an Aquavit lavatory bowl and faucet with an undulating Silestone countertop. Tong also added a Toro water closet. The flooring is a mixture of ceramic Betco translucent floor tile, which is illuminated from below.

Creating Stylish Home Offices

FROM PAGE 4

fession and personal needs. "Are you dealing with paperwork, mail and working on the computer, or would you be better off with a set up that is more like an artist's studio, with a clean table for 'making' and another area for the 'office' side of things [with a] bookshelf, table and storage?" asked Sproules. "How many hours a day or week to you plan on being in that space?"

Sproules believes that one's occupation can be a source of design inspiration. "As an interior designer, I have an excessive collection of pens and markers that are organized in small boxes along a wall, like an art store," she said. "It's a nice way to personalize the space with your specific type of work without

having it get too messy. And there's always a pen when I need one."

"In my own home office I have my desk against the wall with floating shelves," said Goldstein. "As an interior designer, I have a lot of catalogues that I'm always pulling from. I have a seating area in my office because people are always coming in. We can have a conversation while I'm working."

"There is one accessory that no home office should be without," said Sproules. "Everyone needs a tack board," she said. "If you're more of the artistic type, use cork board tiles. They come in all sorts of colors, and you can paint them too. [You can] cover a whole wall or a large section to use as an inspiration board. If not, you should still tack up images that you find inspiring, or at least peaceful."

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SPORTS

World Cup Fever

Churchill's Hakopian shares 2014 World Cup viewing experiences.

BY JON ROETMAN
THE ALMANAC

Even on his wedding day, Robinson Secondary School boys' soccer coach Robert Garza, in Fairfax, Va., couldn't escape World Cup fever.

Garza married his wife, Jennifer, on June 21 at the Hendry House at Fort C.F. Smith in Arlington, Va. During that Saturday in Northern Virginia, Garza and a group that included his best man, West Potomac boys' soccer coach Andrew Peck, watched the Ghana-Germany match in the groom's suite. Later, when the group was taking pictures, Peck had the match streaming on his cell phone.

What was Jennifer's reaction?

"She laughed when she found out," Garza wrote in a Twitter message. "She married a soccer coach."

Garza is among the local residents who have closely followed the 2014 World Cup in Brazil. As the competition nears an end, soccer coaches and players from Northern Virginia and Potomac shared their memorable experiences from the month-long event, and their predictions on who would emerge victorious from the tournament's final four teams: Brazil, Germany, Argentina, and

the Netherlands.

"This has been," Churchill girls' head coach Haroot Hakopian wrote in an email, "the most interesting/exciting Cup in years."

Garza wasn't the only one making an effort to watch the World Cup. Oakton boys' coach Todd Spitalny, who owns a kitchen and bath company in Manassas, Va., said he had DirecTV installed in his office specifically to watch the World Cup. Hakopian watched at home, at friends' homes and at local restaurants. Lucas Belanger, a 2013 Mount Vernon High School graduate and rising sophomore goalkeeper at American University,

"Sixteen saves in a game is hard to do in high school soccer. I have never seen that happen at the professional/World Cup level."

— Churchill girls' head coach Haroot Hakopian

watched the United States matches at National Harbor in Washington.

Along with following the action at home — and on a cell phone during his wedding day — Garza, a 1991 Hayfield graduate, has watched the World Cup at the Bungalow and Lucky's Sports Theatre in Kingstowne, Va.

"The atmosphere has been phenomenal," Garza wrote, "with so many fans coming out to watch."

Much excitement centered around the performance of the U.S. men's national team, which competed against Ghana, Portugal, and Germany in Group G, nicknamed the "Group of Death." The U.S. emerged from group play with a 1-1-1 record, including a 2-1 victory over Ghana on June 16, and advanced by virtue of a goal-differential tiebreaker over Portugal. The United States' World Cup appearance ended on July 1 with a 2-1 loss to Belgium in extra time in the round of 16.

"Like we all should, I've been supporting the U.S.," Joe McCreary, a 2014 Yorktown graduate and future James Madison University soccer player wrote in an email. "I think soccer in America the next four years is on the rise after team USA advanced from the group of death."

In four matches, the U.S. produced some memorable — and forgettable — moments. Against Ghana, Clint Dempsey scored the United States' first goal in the opening minute. John Brooks scored the winner in the 86th minute.

In the United States' second group match, an early defensive miscue led to a 1-0 deficit in the fifth minute against Portugal. The U.S. battled back to take a 2-1 lead, only to allow the tying goal in the final minute of stoppage

time.

The USMNT lost to Germany 1-0 in its final group match, but advanced via tiebreaker.

While the USMNT fell short against Belgium in the round of 16, goalkeeper Tim Howard produced a record 16 saves, holding Belgium scoreless until the 93rd minute.

"Sixteen saves in a game is hard to do in high school soccer," Hakopian wrote. "I have never seen that happen at the professional/World Cup level."

It wasn't just the USMNT or its players generating interest, however. Along with rooting for the U.S., Hakopian, who was born in Iran, also followed the Iranian team. Iran finished last in Group F with a 0-1-2 record, scoring their lone goal of the World Cup against Bosnia and Herzegovina in a 3-1 loss on June 25.

Hakopian, who has coached at Churchill High School in Potomac for 12 years, also said he would like to see Argentina star Lionel Messi win a World Cup. He also cheers for the Netherlands, which has been his favorite team since age 7, thanks to their "cool" orange jerseys — though Hakopian added "[forward Arjen] Robben's consistent flopping annoys the hell out of me ..."

"I was born in Iran so I am always interested in how they perform, considering their players have difficulty playing outside the Middle East," Hakopian wrote. "My wife was in the Peace Corps and traveled extensively in South America. Although she spent most of her time in Paraguay, she always roots for Costa Rica and Chile, which has made this year's cup even more fun."

Washington-Lee rising junior Maycol Nunez scored 37 goals in 2014 and helped the Generals advance to the Group 6A Virginia state final. Nunez lived in Honduras before moving to the United States four years ago at the age of 12. He cheers for his native country during the World Cup, along with Belgium and Argentina.

Honduras finished last in Group E with a 0-3 record, scoring its lone goal in a 2-1 loss to Ecuador on June 20, but that hasn't stopped Nunez from enjoying the experience.

"Honduras is probably one of the worst teams in the World Cup, but the fact that they are there means a lot," Nunez wrote. "... Honduras [scoring] their first and only goal in the World Cup against Ec



PHOTO CONTRIBUTED

Youth Rugby

The Maryland Exiles Youth Rugby program has begun enrolling players for the summer youth rugby league season. The program, which practices and plays games at Timberlawn Park in Rockville, fields teams at the U9, U11, U13, U15 and U17 level all summer long. Anyone interested in participating or getting more information about the Maryland Exiles, can visit www.mdxyouthrugby.org.

SPORTS

Sharing World Cup Viewing Experiences

FROM PAGE 8

uador has been definitely one of my favorite moments in this World Cup so far. ... Words cannot describe what watching Honduras in the World Cup means to me. It's just such an amazing feeling that I can't even describe."

Mike Astudillo, who has coached the South Lakes girls' team the last two seasons and used to coach at Chantilly, has extended family from Colombia. Along with cheering for the U.S., Astudillo followed the Colombian team that won Group C with a 3-0 record, and defeated Uruguay 2-0 in the round of 16 before falling to Brazil 2-1 in the quarterfinals.

"Best tournament in our history," Astudillo wrote. "[I'm] so proud and we have so many young players. Look out Russia 2018!"

Rising senior Eryk Williamson, who led T.C. Williams to the 2014 Group 6A Virginia state championship, said he is a passionate supporter of host Brazil, though he also cheers for the U.S.

"I'm a huge Brazil fan," Williamson wrote. "I just love the way they play. However, growing up I always used to cheer for France. Now that they've been knocked out, I've been all about Brazil. ... Both of my parents are American so, at heart, I cheer for the U.S."

Belanger was a goalkeeper on Mount

Vernon's 2013 state championship team. He made a pair of key saves during the Majors' penalty-kick shootout victory against Cosby in the state final. Belanger said he has enjoyed watching goalkeepers perform during the World Cup.

"I have always been a huge U.S. fan, even though they have been disappointing up until this World Cup, but I've also been rooting for a few individual players (mostly goalkeepers) such as Gianluigi Buffon for Italy and Thibaut Courtois for Belgium," Belanger wrote. "Being a goalkeeper myself, I have learned to appreciate the difficulty [of] some of the saves they make, and I always enjoy watching a goalkeeper have a great game."

"... I always love watching penalty-kick shootouts, but I have enjoyed watching all the games where the goalkeepers performed well, like Costa Rica, Nigeria, and especially the United States."

The semifinals had yet to be played when coaches and players were interviewed. The first semifinal match, Germany vs Brazil, was played Tuesday. The Netherlands and Argentina faced one another Wednesday. The majority said Germany would win it all. Williamson said Brazil would have a tough time getting past Germany in the semifinals

without star forward Neymar (back injury) and captain Thiago Silva (cards).

Nunez picked Argentina to win "because they have Messi and the other teams don't."

Astudillo had far less praise for the Argentine star. "I know I sound like a hater, but I'm not a Lionel Messi fan," Astudillo wrote. "I grew up watching Diego Armando Maradona single-handedly carry [Argentina] to a World Cup championship in Mexico in 1986. Teams would triple team him because he had zero help on that squad, but it didn't matter. He always found a way to make those around him better. If Lio can't deliver a World Cup to his native Argentina, I think we should hold off on considering him one of the greatest ever."

The championship match is scheduled for Sunday, July 13, providing the final opportunity for a memorable World Cup viewing experience.

"This World Cup, we saw so many come together — friends, family, strangers — all to see the world play," Garza wrote. "Compared to previous years, this World Cup has been huge. Every U.S. game I have watched with family and friends and fellow coaching colleagues from the high school ranks. Each time, we easily took up quite a few tables, getting to the pubs quite early to secure space."

LET'S TALK Real Estate



by Michael Matese

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SCHOOL NOTE

Potomac Elementary Student Competes Nationally

Shirin Ghorbani, a second grader at Potomac Elementary School, won the state of Maryland's PTA Reflections art contest in the literature division with her story "Hoppy's Big Dream," and will now compete for the second time in two years at the national competition this summer.

Fourteen of Potomac Elementary's students placed at the Montgomery County level of the PTA Reflections Art Contest, and three of those students made state rankings.

This year's national Reflections theme is "Believe, Dream, Inspire." Students competed in

six areas: dance, film, literature, musical composition, photography and the visual arts.

Winning at the state level were Shirin's sister, Shaadi Ghorbani and Henry Burd, fourth graders, for photography. These students competed with students from 33 other Montgomery County schools.

Winning at the county level for Potomac Elementary were: Kate Mizushima, Kindergarten, for photography; Ariana DeCamp and Christopher Lindsay, second grade, for photography; Elyssa Shenker, third grade, for music composition; Candace Wei, third grade, for vi-

sual arts; Caroline Burd, fourth grade, for dance composition; Henry Burd and Alexander Lindsay, fourth grade, for photography; Owen Gill, fourth grade, for visual arts; Sarim Haider and Nicholas Renzi, fourth grade, for music composition; and Amberly Wu, fifth grade, for dance composition.

The school has sponsored the national PTA Arts Reflections program for five years. The school is certified as a Kennedy Center CETA (Changing Education through The Arts) school, which integrates art with other content areas to engage and motivate students.



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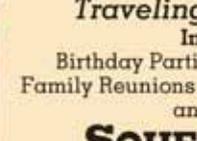






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ENTERTAINMENT

Not That I'll Ever Be Out, But...

By KENNETH B. LOURIE



"Just when I thought I was out...they pull me back in." Although this quote is from Michael Corleone from "The Godfather: Part III," it very much characterizes my daily struggle being a terminal cancer patient; non small cell lung cancer, NSCLC, is like that, almost always. Even though I don't want to think about the fact that I have cancer, or not let it affect my judgment on life – or perspective; or let it impede my path to a happier existence, more often than not, it does.

Not that I'm morose or depressed or a dismal Jimmy, I am however, as Curly Howard of The Three Stooges so regularly said: "I'm a victim of soycumstance." And not that I dwell on having lung cancer either; it is what it is, and of course, I am extremely happy to still be alive. Nevertheless, having lived post-diagnosis now for five years and nearly four months, (after initially being given a "13 month to two year" prognosis by my oncologist), doesn't necessarily make my circumstances any easier.

I won't bore you with the details, both mentally or physically, facing cancer patients as they/we endure a rather difficult set of challenges. Suffice it to say, there are good days and bad days – and many in the middle, to be honest. I've been fortunate to have many more good days than bad. And it's those good days that we try to hang on to and harness somehow when the inevitable bad days begin to overwhelm. And as often as I try to compartmentalize the cancer effect, it still manages to rear its ugly head: consciously, subconsciously, literally, figuratively, generally, specifically; and/or any other word or phrase you can imagine. As much as I don't want to feel its effect, emotionally I do.

Practically speaking then, how do I forget that I have cancer? How do I control the uncontrollable? Given my daily routine of pills, supplements, special drinks, food choices and lifestyle changes and alone time, how do I not let the fact that I have an incurable form of cancer dominate how I live and breathe; especially when my breathing is often compromised and my life is one continual set of immune-system boosting, anti-cancer activities and behaviors? Believe me, it's not easier written that it is said and certainly neither is its doing. And it certainly beats the alternative, if you know what I mean? However, it is something that I am mostly able to do. I give myself a "B," because I'm able to remain/"B" positive.

But, and it's a huge but, to say the process is not one gigantic emotional ball and chain would be denying the very reality in which I'm immersed 24 hours a day. Still, how much additional good would it serve to focus on it more exclusively than I presently do? However, if I don't focus on it, perhaps I don't consistently do the things that I need to do to stay alive and maintain the reasonably good health with which I've been blessed. As much as I'd like to be "out," I'd just as soon not have the cancer "pull me back in" every single day.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

Email community entertainment events to almanac@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

Looking Back. Through July 21 at Photoworks Gallery and Photography School, 7300 MacArthur Boulevard, Glen Echo. Photography from Vincent Ferrari and Patricia Smith. Opening reception and gallery talk on June 21. Free. Visit www.glenechophotoworks.org or call 301-634-2274.

Collegiate Baseball League. Through Saturday, July 26, the Bethesda Big Train plays its season at the Shirley Povich Field in Cabin John Regional Park, 10600 Westlake Drive. The Big Train plays in the Cal Ripken Collegiate Baseball League, a wooden-bat collegiate league that has sent athletes to Major League Baseball. Visit www.bigtrain.org for more.

Art Gallery. Through Sunday, July 27 at The Mansion at Strathmore, 10701 Rockville Pike, North Bethesda. Exhibition hours 10 a.m.-4 p.m. Tuesday, Thursday, Friday, Saturday, Sunday. 10 a.m.-9 p.m. Wednesday. Closed Monday. "Sweet Indulgence," solo exhibition of oil paintings by Maryland artist Jennifer Kahn Barlow. Free and open to the public. Visit www.strathmore.org/fineartsexhibitions.

Glen Echo Park's Summer Concert Series. Through July 31, Thursdays, 7:30 p.m. in the Bumper Car Pavillion at Glen Echo Park. Free. Visit www.glenechopark.org for more.

Pinkalicious. Through Aug. 31. Most shows on Saturdays, Sundays and Mondays at Adventure Theater, 7300 MacArthur Blvd Glen Echo. Pinkalicious can't stop eating pink cupcakes and ends up turning pink. Visit <http://www.adventuretheatre-mtc.org> for more.

Art Walk in the Park. Every second Friday through October, 6-8 p.m. at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Artist demonstrations, refreshments, open studios and galleries. Free. Visit www.glenechopark.org for more.

Blue Star Museums. The National Endowment for the Arts, Blue Star Families, the Department of Defense, and more than 2,000 museums across America have collaborated to offer free admission to the nation's active duty military personnel, including National Guard and Reserve and their families, through Sept. 1. The complete list of participating museums is available at <http://arts.gov/national/blue-star-museums> for more.

Conservatory Summer Display. 10 a.m.-5 p.m. at the Brookside Gardens Conservatory, 1500 Glenallan Ave., Wheaton. 2014 is a year of change for Brookside Gardens that will be visible in the summer conservatory as well. Free. Visit www.brooksidegardens.org, contact leslie.mcdermott@montgomeryparks.org, or call 301-962-1400.

Weekly Blues Dance. Thursdays 8:15-11:30 p.m. in the Back Room Annex at Glen Echo Park, 7300 MacArthur Blvd. Capital Blues presents rotating DJs and instructors with beginner workshop 8:15-9 p.m., no partner necessary. \$8 for all. Visit <http://capitalblues.org>.

Argentine Tango with Lessons. Most Sundays 6:30-11 p.m. in the Back Room Annex at Glen Echo Park, 7300 MacArthur Blvd. Tango Brillante DC offers Argentine Tango lessons followed by a Milonga most Sunday evenings. Beginner lesson 6:30-7:30 p.m. and intermediate lesson 7:30-8:30 p.m. Cost is \$15/lesson and includes the Milonga that follows. No partner required. Visit www.glenechopark.org or call 301-634-2222.

Contra and Square Dance. Sundays 7-10:30 p.m. in the Spanish Ballroom at Glen Echo Park, 7300 MacArthur Blvd. The Folklore Society of Greater Washington presents traditional American contra dancing. All Contras and Square dances are taught, no partner is necessary. There is a lesson at 7 p.m., followed by the called dance with live music starting at 7:30. \$13 nonmembers, \$10 FSGW members, \$5 ages 17 and under. Visit www.glenechopark.org or call 301-634-2222.

Late Night Comedy. Fridays (open mic night) and Saturdays (established comedians) at Benny's Bar & Grill, 7747 Tuckerman Lane, Potomac. Benny's is open 8 a.m.-1 a.m. Fridays and Saturdays. Visit www.BennysBarGrill.com.

Drop in Art Activities. Every Saturday 10 a.m.-12:30 p.m. in the Candy Corner Studio at Glen Echo Park, 7300 MacArthur Blvd., parents and children can explore a new art form or theme.

\$10/child, parent combo. Drop-in only. Visit www.pgip.org for more.

Mommy & Me (& Daddy, Too). Third Tuesday each month. 10 a.m. at Rockville Town Square. Meet for a morning out with active learning and creative play with lunch specials, story time, arts and crafts, sing-a-longs, prizes and more. Visit rockvilletownsquare.com/events.

Live Music & Dancing. 7-11 p.m. in Margery's Lounge, Normandie Farm Restaurant 10710 Falls Road, Potomac. Dance to the music of Barry Gurlay on Fridays and Saturdays. Call 301-983-8838 or visit popovers.com for more.

CAMPS, CLASSES & WORKSHOPS

Summer Science and Engineering Camp. The county recreation department is holding half- and full-day science and education camps this summer for children ages 6-12. Topics include Lego engineering, crime solving, chemistry and space. The camps are held at elementary schools and recreation centers. To register or for more information visit <http://therecord-mcr.blogspot.com/2014/03/science-and-engineering-summer-camp-so.html>.

Summer Camp Registration. Photoworks at Glen Echo Park, 7300 MacArthur Blvd., has summer camps for age 7 and up. Visit www.ssreg.com/glenechopark/classes for a full listing.

Art Camps. VisArts Rockville offers a variety of camps for children 5-12 in multiple sessions through Aug. 15. \$300 and up, scholarships available. Before camp and extended care also available. Visit www.visartsatrockville.org/summer-camp.

Golf Group Lessons. Get Golf Ready, a series of five, 60-90 minute group golf lessons is designed for those who have never played the game or want to brush up on their fundamentals. Price varies depending on location. Area locations hosting lessons include Falls Road Golf Course, Potomac; Needwood Golf Club, Rockville; and Northwest Golf Course, Silver Spring. Visit GetGolfReady.com.

Wine: The Way of Painting in the South of France. Tuesdays through July 15. 7:30-9:30 p.m. VisArts, 155 Gibbs Street, Rockville. Instructed by Nurieh Mozaffaril. \$150. Visit www.visartsatrockville.org

Painting for Younger Artists. Saturdays, through Aug. 9. 9-10:30 a.m. VisArts, 155 Gibbs Street, Rockville. Instructed by Ping Shen. \$240. Visit www.visartsatrockville.org for more.

Bees, Butterflies, and Bugs: Gardening for Pollinators. July 14-18. 9 a.m.-3:30 p.m. and 3:30-5:30 p.m. Brookside Gardens, 1800 Glenallan Ave., Wheaton. A trip to the National Zoo Pollinarium to learn about plants and insects. Hands-on gardening activities and crafts. Course #263353 is \$290, Course #263355 is \$70. Registration is required, at parkpass.org.

Art Classes. Classes are taught year-round for beginner, intermediate and advanced students. Fridays 10 a.m.-2 p.m., Saturdays 10 a.m.-4 p.m., and Sundays noon-4 p.m. At Glen Echo Park, 7300 MacArthur Blvd. Call 301-634-2273 or visit www.artglasscenteratglenecho.org.

TUESDAY/JULY 15

Start Drawing and Painting. 10-3:30 p.m. at the Visitors Center Adult Classroom at Brookside Gardens, 1800 Glenallan Ave., Wheaton. Learn how to draw and finish with a page of painted leaves and flowers using our unique color mixing method. Course #271649. Fee: \$165. Registration required at www.ParkPASS.org. Call 301-962-1451 or visit www.brooksidegardens.org for more.

WEDNESDAY/JULY 9

Strathmore Free Summer Outdoor Concert Series: Martha Redbone Roots Project. 7 p.m. Gudelsky Concert Pavilion, the Mansion at Strathmore, 10701 Rockville Pike, North Bethesda. Martha Redbone is an Independent Music Award-winning musician of Cherokee, Choctaw, Shawnee and African-American descent. Free. Visit www.strathmore.org.

WEDNESDAY-FRIDAY/JULY 9-11

Creative Women: Breaking the Mold. July 9, Georgia O'Keeffe, July 10, Emily Dickinson, July 11, Frida Kahlo. 7 p.m. Globe Hall, High Technology Building, Montgomery College-Germantown, 20200 Observation Drive, Germantown. Actor-scholars perform as historical figures and interact with the audience. Free admission. Learn more at mdhc.org or call

410-685-0095.

THURSDAY/JULY 10

Mister G: ABC Fiesta. 9:30-11:30 a.m. Strathmore Backyard Theater, 10701 Rockville Pike, North Bethesda. The Strathmore Backyard Theater for Children presents a performance of children's music by Mister G. Tickets are \$8. Visit www.strathmore.org/education/currentprograms.asp for more.

Dealing with Deer. 10-11:30 a.m. at the Visitors Center Adult Classroom at Brookside Gardens, 1800 Glenallan Ave., Wheaton. Learn about the various challenges these four-legged pests present and the various ways we deal with them. Course #270600. Fee \$6 or FOBG \$5. Registration required at www.ParkPASS.org. Call 301-962-1451 or visit www.brooksidegardens.org for more.

Outdoor Concert. 6-8 p.m. at Veterans Park, at the corner of Woodmont and Norfolk Avenues. King Soul plays soul. Free. Call 301-215-6660 or visit www.bethesda.org for more.

SATURDAY/JULY 12

Start Drawing and Painting. 10 a.m.-3:30 p.m. at the Visitors Center Adult Classroom at Brookside Gardens, 1800 Glenallan Ave., Wheaton. Learn how to draw and finish with a page of painted leaves and flowers using our unique color mixing method. Course #271650. Fee: \$165. Registration required at www.ParkPASS.org. Call 301-962-1451 or visit www.brooksidegardens.org for more.

WEDNESDAY/JULY 16

Truly Tomatoes Cooking Demonstration. Noon-1:30 p.m. at Brookside Gardens, 1800 Glenallan Ave., Wheaton. Enjoy prepared samples and easy-to-follow recipes to try at home. Course # 272653. Fee: \$35 FOBG: \$30. Registration required at www.ParkPASS.org. Call 301-962-1451 or visit www.brooksidegardens.org for more.

Live music. 7 p.m. at Gudelsky Concert Pavilion, the Mansion at Strathmore, 10701 Rockville Pike, North Bethesda. The Barefoot Movement plays as part of the Strathmore Free Summer Outdoor Concert Series. Visit www.strathmore.org for more.

THURSDAY/JULY 17

Story Pirates. 9:30-11:30 a.m. at the Strathmore Backyard Theater, 10701 Rockville Pike, North Bethesda. The Strathmore Backyard Theater for Children presents a performance by a children's improv group, the Story Pirates. Tickets are \$8. Visit www.strathmore.org/education/currentprograms.asp for more.

Outdoor Concert. 6-8 p.m. at Veterans Park, at the corner of Woodmont and Norfolk Avenues. Speakers of the House play variety and dance. Free. Call 301-215-6660 or visit www.bethesda.org for more.

FRIDAYS/JULY 18-NOV. 28

New Friday Market. 7 a.m. to 5 p.m. Wisconsin Avenue at Elm Street. New vendors in the Bethesda Farm outdoor market, as well as food trucks and local vineyards. Free admission. Visit www.farmwomensmarket.com for more.

SATURDAY/JULY 19

Rockville Rotary Twilight Runfest. 8:45 a.m. 8k Road Race and 1k Fun Run at the Rockville Town Center. Visit www.rockvillemd.gov.

Low Tunnel Construction Demonstration. 9-10:30 a.m. Brookside Gardens, 1800 Glenallan Ave., Wheaton. Hands-on workshop for food gardeners to learn how to build and maintain a low tunnel. Fee: \$22 FOBG: \$20. Registration required at www.ParkPASS.org. Call 301-962-1451 or visit www.brooksidegardens.org.

SUNDAY/JULY 20

Family Jazz Day. 3-7 p.m. at The Bumper Car Pavilion in Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. A concert featuring youth jazz ensembles and the U.S. Army Blues. Free. Visit www.glenechopark.org for more.

Concert. 8 p.m. at the Music Center at Strathmore, 5301 Tuckerman Lane, North Bethesda. Rock and roll and blues from John Hiatt and the Combo & The Robert Cray Band. Tickets \$32-\$68. Call 301-581-5100 or visit www.strathmore.org for more.

POTOMAC PIZZA LUNCH COMBOS

\$9.99 PIZZA COMBO

- ANY TWO SLICES OF PIZZA WITH UP TO 3 TOPPINGS EACH
- CHOICE OF ONE:
 - SMALL TOSSED SALAD
 - CUP OF SOUP
 - SMALL FRIES
- SMALL FOUNTAIN DRINK

\$9.99 SUB COMBO

- ANY SUB, SANDWICH OR WRAP*
- CHOICE OF ONE:
 - SMALL TOSSED SALAD
 - CUP OF SOUP
 - SMALL FRIES
- SMALL FOUNTAIN DRINK

*For veal parmigiana or tuna steak add one dollar.

Combos available Monday thru Friday, 11am–4pm.
Additional charge for priced condiments.
Good for dine-in and carryout only.
Not valid with other offers.

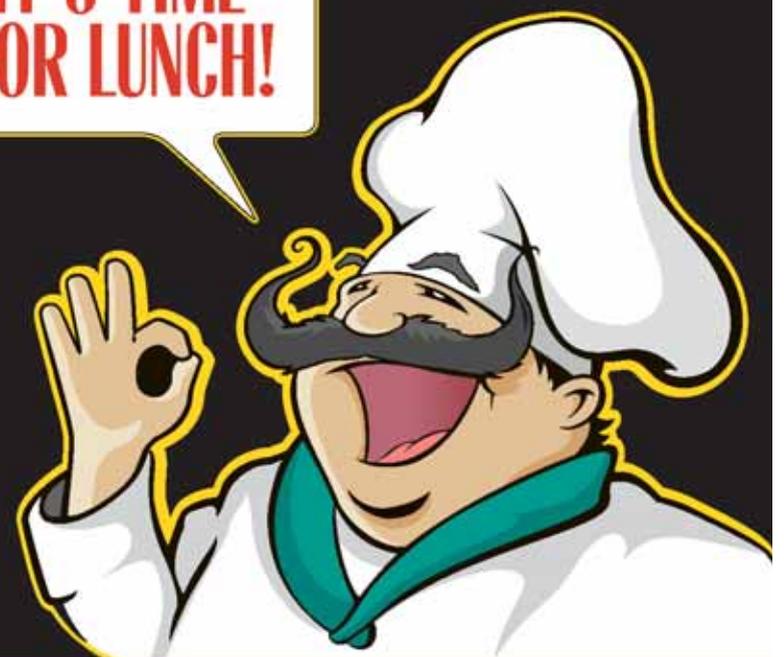
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