Mount Pernon Gazette

WELLBEING

Mount Vernon's Hometown Newspaper • A Connection Newspaper



National Night Out

Alyssa Gathright gently touches the forehead of the U.S. Park Police horse Doc during the National Night Out activities in Belle View on Tuesday, Aug. 5. More photos, page 4.

Northern Virginia Stuck in Neutral

Income growth in Alexandria, Arlington and Fairfax lags behind state and national averages.

"The region has

stopped growing."

— Stephen Fuller, director

of the Center for Regional

Analysis at George Mason

BY MICHAEL LEE POPE The Gazette

aycheck growth in Fairfax County, the city of Alexandria and Arlington County are lagging behind the state and

the nation, according to data from the Bureau Economic Analysis. A look at per capita personal income from the last five years shows Northern Virginia struggling to keep up as ev-

Fairfax County had the lowest rate of growth, only 2 percent. Alexandria isn't much better, showing a 3 percent growth in per capita personal income. Arlington has the highest per capita personal income, although its growth is just

under the state and national average. The only bright spot in Northern Virginia Loudoun County, which has seen a 15 percent rate of growth from 2008 to 2012 (the most recent

erybody else recovers from the re- year available). For the most part, SEE INCOME. PAGE 3

University

School Board Funds Full Day Mondays

School system has over \$38 million surplus.

> By Janelle Germanos THE GAZETTE

he Fairfax County School Board voted at its last meeting to approve funding for full day Mondays for elementary-school students.

The board voted back in June to approve ending half-day Mondays, but voted to fund the move, which will cost \$7,639,300 at its July 24 meeting.

The cost includes resources to increase teacher planning time, and for additional teacher positions that will allow teachers to have more planning time. This money is from the \$38,163,473 left over from the fiscal year 2014 budget.

Full day Mondays will increase instructional time for elementary school students, as well as provide 20 minutes of recess each day.

An online survey determined that 80 percent of parents were in favor of full day Mondays, and more than 80 percent of those who supported the change wanted to do so in September 2014.

Half day Mondays have been in SEE SCHOOLS HAVE, PAGE 5

t1/8/8 MATERIAL TIME-SENSITIVE Розтмязтея ATTENTION

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Old Town

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\$519,000

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Visit the property websites at:

1250washington404.mcenearney.com 1250washington615.mcenearney.com



Alexandria

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Income Growth Lags Behind State, National Averages

From Page 1

Northern Virginia is stuck.

"The region has stopped growing," said Stephen Fuller, director of the Center for Regional Analysis at George Mason University. "High wage jobs and most new jobs are paying below the average for all jobs."

Part of the explanation is that the typical American household is getting poorer, according to a new study by the Russell Sage Foundation that shows the inflation-adjusted net worth for the typical American household has dropped 36 percent from 2003 to last year. Another part of the explanation is that the region is emerging from the recession with a serious hangover. Stimulus spending was drying up just as Northern Virginia is facing a series of troubles related to a dysfunctional federal government.

"This area is highly dependent upon the federal government," said Frank Shafroth, director of the Center for State and Local Leadership. "Sequesters, shutdowns and freezing Department of Defense and domestic appropriations can be very disruptive."

THE GREAT RECESSION

came on the heels of one of the worst business cycles on record in terms of job creation, a phenomenon that's true for per capita personal income as well as household income. By 2009, when the bottom fell out of the global financial system, the typical working-age American household was earning about \$5,000 less than it did in 2000. Since 2009, when the recovery officially began, household income has fallen even more.

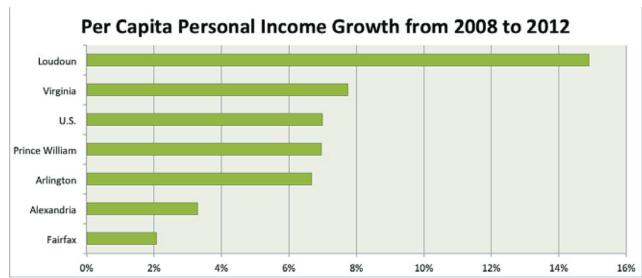
"It's depressing," said Richard Fry, a senior researcher at

the Pew Research Center. "Household income is down, and even during the years it was supposed to be recovering it has actually continued to fall further." Here in Northern Virginia, demographic changes are at the root of why per capita personal income has remained flat. As development and redevelopment moves forward, low-income families are being priced out of Arlington and Washington, D.C. Meanwhile, the older housing in Fairfax County and Alexandria are drawing lower income families.

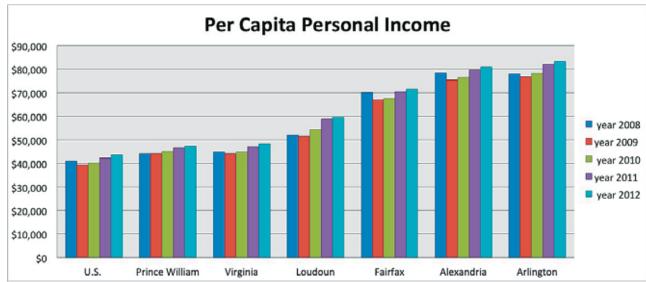
"The older apartments were designed for singles, but they are now occupied mostly

jurisdiction	year 2008	year 2009	year 2010	year 2011	year 2012	% change
Loudoun	\$51,950	\$51,469	\$54,301	\$58,953	59,683	15%
Virginia	\$44,900	\$44,063	\$44,854	\$47,126	48,377	8%
U.S.	\$40,873	\$39,357	\$40,163	\$42,298	43,735	7%
Prince William	\$44,230	\$44,227	\$44,995	\$46,719	47,309	7%
Arlington	\$78,031	\$76,941	\$78,340	\$82,075	83,242	7%
Alexandria	\$78,375	\$75,598	\$76,643	\$79,713	80,952	3%
Fairfax	\$70,145	\$67,010	\$67,776	\$70,371	71,607	2%

Source: Bureau of Economic Analysis



Graph 1: Per Capita Personal Income Growth from 2008 to 2012. Source: Bureau of Economic Analysis.



Graph 2: Per Capita Personal Income. Source: Bureau of Economic Analysis.

by families with children," said David Versel, senior research associate at the Center for Regional Analysis. "If you look down Route 1, all the apartments near Fort Belvoir were built for singles and young couples. Now they have predominantly immigrant families."

THE ONE bright spot in Northern Virginia is the fast growing exurbs of Loudoun County, where per capita person income increased from \$52,000 in 2008 to \$60,000 in 2012. Researchers who study the shifting demographic patterns of Northern Vir-

ginia say part of the explanation for this is the different kind of people who are now moving to Loudoun County, which is growing at the fastest rate in Northern Virginia. The county's population has doubled in the last 15 years, and so has the county's demographic profile.

"One of the things that is really changing in Loudoun is having more younger people going out there, and families without children going out there," said Hamilton Lombard, research specialist for the Demographics Research Group at the University of Virginia Weldon Cooper Center for Pub-

lic Service. "And that's just kind of a transformation from being a bedroom community into actually having lots of job centers there and having lots of younger people going there before they start families."

Part of the change for Loudoun is the kind of construction that's been happening in recent years. The county has seen a number of new mixed-use developments that include residences, shopping and offices. The Village at Leesburg, for example, was one of the first of its kind in the area. That was followed by One Loudoun in Ashburn and Crescent Place, a trend that is slowly making Loudoun more friendly for millennials.

"We're not seeing as many mansions or large single-family houses being built, and we are seeing more smaller units, which means smaller households with fewer children," said Versel. "That means for each new household that moves in, there are fewer dependents and thus the per-capita income will be higher."

ACROSS AMERICA, the poor are getting poorer. A new study by the Russell Sage Foundation concludes that households at the bottom of the wealth distribution lost the largest share of their total wealth, and researchers who conducted the study believe the slow recovery will continue to generate increased wealth inequality in the coming years. The study also concluded that the Great Recession caused an unprecedented decline in wealth holdings

among American households. Inflation-adjusted net worth for the typical household in America dropped 36 percent from \$88,000 in 2003 to \$56,000 last year, and most of that drop came in the wake of the Great Recession. Ultimately, the researchers concluded, the data show very few signs of significant recovery from the losses in wealth experienced by American families during the Great Recession.

"The housing bubble basically hid a trend of declining financial wealth at the median that began in 2001," wrote Fabian Pfeffer, one of the study's authors.

News

5th annual

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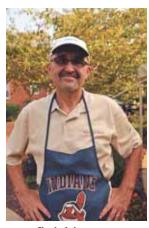


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Belle View neighbors surround U.S. Park Police officers Mark Schuette (Mt. Vernon HS Class of '81) and Patrick Kaiser and their horses Doc and Winchester.

Celebrating National Night Out



Just finishing up grilling the first batch of hot dogs, Gary McCague waits for the second wave of residents to arrive before heating up the grill again.



Gelyn Trana and Carlos Eurmec prepare food for the Belle View residents attending National Night Out.

Photos by Louise Krafft/The Gazette

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More information and details at VisitAlexVA.com/SidewalkSale #SidewalkSaleALX

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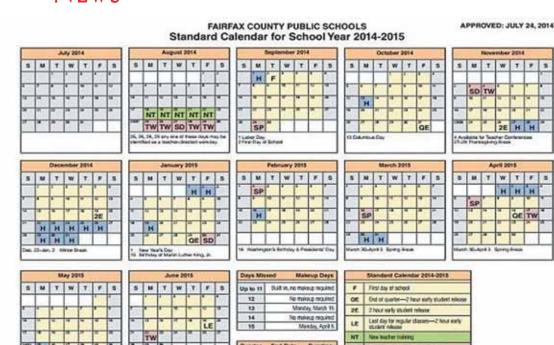








Rainbow Rose fashions balloons for the children in the gazebo at the National Night Out activities in Belle View.



The Fairfax County School Board approved the 2014-2015 calendar on July 24, which includes full day Mondays for elementary school students and a change from a 180-day school year to a 990-hour school year.

Schools Have \$38 Million Surplus

effect in Fairfax County since the 1970s. The School Board previously worked with the Board of Supervisors for funding the fullday Mondays, but instead used money left over from last fiscal year.

"After surveying both parents and teachers, we saw that parents overwhelmingly supported this change — and as soon as possible," said Ilryong Moon, at large member of the School Board. "In addition, elementary teachers have consistently cited in our working conditions survey that they need guaranteed, self-directed time for planning.'

Fairfax County previously operated under the 180-day school year calendar, which allowed for half-day Mondays to occur. The school system will now change to 990 hours per year, which they would not have been met if half day Mondays were still in effect.

"Certainly our parents, no doubt, support it, whole-heartedly. It was in response to a continued year-after-year concern expressed by our teachers at the elementary level around not having enough planning time," Karen Garza, superintendent of Fairfax County Public Schools, said at the July 24 school board meeting.

Under the 990 hours per year vstem, if less than 13 inclement weather days are used, schools days do not need to be made up at the end of the year. This year, school went until June 25 because of multiple make-up days needed because of bad weather.

starting this school year, which begins Sept. 2.

"No one was happy about the

Full day Mondays will begin fact that we had to go three days of school past the advertised last school day," Garza said at the meeting.



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Alex./Yacht Haven \$859,900 4505 Dolphin Lane

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iving on either level. Two updated HVAC systems plus tankless HWH the list goes on and on. Nothing better in all of Mt. Vernon!



Alex./Yacht Haven \$634,900 4426 Neptune Drive

Fabulous 4-level updated split with 2-car garage in prestigious waterfront community of Yacht Haven. 4 large spacious bed-rooms – remodeled kitchen w/ceramic tile, granite & SS appliances. Refinished hdwd floors, freshly painted interior – 3 full updated baths – beautiful

sun room overlooks lovely fenced back yard. Walk to fantastic marina, club house and pool. Outstanding value in a great community.



Woodbridge \$192,500 **4734 Hersand Court**

Great price on this lovely 2 Level, 3 BR, 1.5 Bath Town Home. Freshly painted, new carpet, nicely updated, perfect for a starter home. Ready for immediate occupancy - Close to shopping mall and I-95 - Hurry won't last long.



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Your dream home for <\$400K! Beautiful 5 BR, 2 BA Split with a private fenced back yard and sparkling in-ground pool! Totally remodeled: new kitchen w/granite, ceramic tiled floor, and new cabinets. Brand new baths. refinished hardwood floors on main

level, new carpet on lower level. Freshly painted and professionally



Alex./Riverwood \$724.500 3801 Riverwood Road

Price slashed on this beautiful Colonial w/2-car garage in sought-after Riverwood. Remodeled Kit w/granite counters & double oven. Updated baths, 3 FPLs, freshly painted interior, refinished hdwd flrs. Cedar shake roof. Fin bsmt w/workshop & storage. Extensive

landscaping. Shows beautifully. Blocks to Mt. Vernon Estate & G.W. Pkwy. 5 mins to Ft. Belvoir.



Alex./Riverside Estates \$2,800 8318 Orange Court

Beautiful 4 bedroom, 3.5 bath Colonial with Carport in wonderful Mt. Vernon Community. 3 finished levels. Newer kitchen and baths, gleaming hardwood floors, screened porch, deck, large corner lot. Separate laundry and storage rooms. Scenic com-

mute along G.W. Pkwy and Potomac River – 5 minutes to Ft. Belvoir, 15 to Old Town, Alex, 35 to Pentagon/D.C. - Walk to Elementary and High Schools.

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PEOPLE

Hollin Meadows Staff Volunteer To Bring Writing Nights

Summer program underscores "writing anchors reading."

By S.S. Chadbourn And Ann Avila HOLLIN MEADOWS ELEMENTARY

is for Writing Nights" will be the title of a stu dent-authored alphabet book created by Hollin Meadows rising Kindergarten through Grade 3 students during eight weekly Monday night writing lessons at Sherwood Regional Library, June 30-Aug. 18.

"We've always known 'writing anchors reading,' and we just couldn't let the entire summer go by without doing something to support students' writing levels," said Kathy Boykin, Grade 1 lead teacher at Hollin Meadows Science and Math Focus School. Therefore, the Grade 1 teaching team (Ann Avila, Cathy Bowman, Marty Brosky, Heather Graham, Melissa Hentges, Leigh Ann Jackson, Todd Paxton and Boykin) spearheaded the idea of conducting a summer writing program aimed at the very youngest students with an organization plan and resources provided by Sally Chadbourn, reading teacher, and Robin Rossi, ESOL teacher. To help students maintain their reading development and establish at-home libraries, Hollin Meadows also sends multiple mailings of books matched to students' reading levels during July and August. Children entering Kindergarten in the fall, as well as those rising to Grades 1-3, receive books as part of the school's 10th annual summer book mailing program coordinated by Rosey Carmichael,

Fifteen Hollin Meadows Science and Math

a member of the Kindergarten team.



Sally Chadbourn, Hollin Meadows reading teacher, leads the sharing portion of the Monday, Aug. 4 session.



Students work together on writing at Sherwood Regional Library.

Focus School teachers, PreK-Grade 3, special education, ESOL, and reading, now volunteer from 6:30-7:30 p.m. each Monday evening this summer to provide care-

level of ages and abilities. "We thought we had a 'hit' on our hands and were meeting children's needs when we saw our attendance swell from 24 students accompanied fully planned lessons appealing to a wide by 22 parents the first night to 48 students

plus 48 parents on our most recent Monday night in July," said Avila, Writing Nights' coordinator, who keeps an attendance tally.

Writing Nights were inspired by a 2013-14 Hollin Meadows teachers-as-researchers project led by Boykin and Chadbourn. With colleagues in Kindergarten and Grades 1-2, they implemented a pacing calendar featuring "writing on demand" when students wrote independently during writing workshop and these writing samples were then compared to students' reading levels. In Boykin and Chadbourn's study of their K-2 pupils, data verified best practices research: writing development correlates with reading progress. Hollin Meadows' results replicated previous educational studies showing students from elementary through secondary school require similar amounts of writing and reading instructional

minutes in order to maintain growth in reading. "Yes, the goal for both Writing Nights and the summer book mailing program has been to make sure children's writing and reading don't suffer what's known as 'slippage' or 'summer slump," said Avila. "But we've also achieved another goal: developing a sense of community centered around the public library. It provides a wonderful atmosphere for families to come together on Writing Nights, talk and get to know each other, and learn."

Hollin Meadows staff members and Principal Jon Gates, who is also a Writing Nights volunteer teacher, expressed gratitude to Sherwood Regional Library's staff for their hospitality. Monday night has become Writing Night and Sherwood Library Night for many Hollin Meadows' parents who accompany their young children. Such student and family enthusiasm means Hollin Meadows teachers are already considering plans for summer 2015 Writing Nights and may increase lesson time due to popular demand.

BULLETIN BOARD

Email announcements gazette@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

SUMMER MEALS FOR CHILDREN

Fairfax County Public Schools will participate in the U.S. Department of Agriculture's summer food service program for children who qualify for free and reduced lunches during the school year. Free meals that meet federal nutrition guidelines will be provided to children at approved sites throughout Fairfax County, To find a location, contact the FCPS Office of Food and Nutrition Services at 703-813-4800.

REUNION INFORMATION

The Groveton High School class of **1964** is looking for contact information for as many classmates

as possible. The planning for the 50th reunion is underway, however only a small number of people have been contacted. If a Groveton graduate of '64 and interested in attending next September's reunion email contact information to GHS64@verizon.net

MONDAY/AUG. 8

Breakfast: Veteran-Owned

Businesses. 8:30-10 a.m. at SpringHill Suites, 6065 Richmond Highway. Find out the advantages of a veteran starting a business or of partnering with a veteran. Speakers are Mark Morris, organizer of Military & Veteran Entrepreneurs; Tracey Wood, owner and founder of Inkwell Duck, Inc.; and Charles McCaffrey, owner and founder of McCaffrey Consulting and Director of the South Fairfax Small Business Development Center of Community Business Partnership. Coffee and light breakfast will be served. Free. open to the public. Email

info@sfdc.org to RSVP. **Community Meeting**. 7-9 p.m. Mount Vernon Recreation Center, 2701 Commonwealth Ave. Oakville Triangle-Route 1 Corridor Advisory Group-Community meeting. Free Call Amy Friedlander at 703-746-

amy.friedlander@alexandriava.gov.

FRIDAY/AUG. 15 **Host Families Application**

Deadline. Students ages 15-18 from around the world are seeking host families in and around Alexandria for the upcoming 2014-2015 academic school year. Host families serve as mentors and provide a home base for students.

Students would participate as active members of the family. Each student goes through extensive application before being accepted in iE-USA's program. To learn more contact IE Virginia representative Joe Bissell at j.bissell@international-experience.net

or 517-388-8948. Host families can review prospective student profiles online at iE-USA.org

TUESDAY/AUG. 19 **NOVA Registration Closes.**

Registration for Northern Virginia Community College's 16-week fall semester and the first 8-week term closes. Classes begin Aug. 20. Visit www.nvcc.edu or visit campuses in Alexandria, Annandale, Loudoun, Manassas, Springfield and

Woodbridge. Call 703-323-3000 for

TUESDAY/OCT. 14

NOVA Registration Closes.

Registration for Northern Virginia Community College's second 8-week term closes. Classes begin Oct. 15. Visit www.nvcc.edu or visit campuses in Alexandria, Annandale, Loudoun, Manassas, Springfield and Woodbridge. Call 703-323-3000 for

– Military Notes —

Email announcements to gazette@ connection new spapers.com.

Air Force Airman 1st Class Stefanie L. Nakoneczny graduated from basic military training at Joint Base San Antonio-Lackland. Stefanie

is the daughter of Nina Nakoneczy of

William A. Rodger has graduated from the Army ROTC (Reserve Officers' Training Corps) Leader Training Course at Fort Knox, Ky.



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Modern magnificence with historic significance! One-of-a-kind freestanding townhouse on a corner lot features: open floor plan, custom kitchen, modern amenities, walled garden with outdoor living room. 4 Bedrooms, 3.5 Baths and 5 fireplaces throughout. 7-9 reserved off-street parking spaces.

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BELLE HAVEN \$1,450,000

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ALEXANDRIA \$875,000

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1300B Duke Street

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MASS AVE HEIGHTS \$9,800,000

2933-2943 Benton Place NW

This completely restored Mediterranean style villa is sited on an expansive half-acre lot with a pool and park like grounds.

MICHAEL RANKIN +1 202 271 3344



KALORAMA \$2,650,000

2206 Wyoming Avenue NW

This stately 1922 townhouse was recently renovated, adding contemporary spaces to this classic home. Dramatic and architecturally rich details are featured throughout this approx. 5,000 square foot home.

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OPINION

Brightening Outlook for End of Summer

Local pleasures to offset discouraging news.

he news here has been a bit discouraging, and that's without considering the human tragedy and disaster of several different international situations.

The unsettling narrative rolling out from the Richmond trial of former Gov. Bob McDonnell and his wife Maureen would hopefully result in action on campaign finance reform in Vir-

Up until the news about "gifts" to family members of Gov. Bob McDonnell, almost all elected officials would defend Virginia's

notoriously unregulated system

EDITORIAL

of allowing candidates and elected officials to take unlimited amounts of money and unlimited gifts from anyone or any company at all. Because Virginia has such strict disclosure requirements, elected officials seem to think that it's OK to be awash in all that money. Voters can look up who is giving money and draw their own conclusions. How could it

It isn't just disclosure of gifts to family members that needs reform here.

hurt if the details are all out in the open?

Discovering that the system is entirely selfregulated with no independent auditor, no eth-

ics commission and no penalties for failing to Tuesday Aug. 12, 6:30 p.m. in August. Iwo Jima report gifts or contributions should give voters some pause. Consider that only four states, including Virginia, have no limits on contributions. Most states have limits; for example, in Maryland, individuals can give \$4,000 to any one candidate and \$10,000 total in a four-year election cycle. We've already had one session of the General Assembly without a meaningful reform effort.

The current stubborn road block to extending health coverage to at least 200,000 very poor Virginians, including another unsettling narrative about Democrats losing control of the Virginia Senate because of the resignation of one senator who was apparently offered a great job and a judgeship for his daughter, is dispir-

The failure in Fairfax County of a proposal to allow the building of affordable studio apartments to house working poor people is discouraging on several fronts. The proposal was many years in the making. Why did this proposal come forward without support from members of the Board of Supervisors? Even if it was approved, it appeared to lack commercial viability. Back to the drawing board? (There is some good news pending about more federal money for affordable housing in the county.)

So here are a few end-of-summer activities that can serve as antidote.

In Arlington, go to the Marine Corps Sunset Parade and Concert, last chance this summer, Memorial. Visit www.barracks.marines.mil.

Or catch the Arlington County Fair, through Aug. 10 at Thomas Jefferson Community Center, 3501 Second St. South. Shop for arts and crafts, watch pigs race and enjoy rides and entertainment. Visit arlingtoncountyfair.us.

Go to the farmers markets and enjoy the lo-

McCutcheon/Mount Vernon Farmers Market. Wednesdays, 8 a.m. - noon. Sherwood Library, 2501 Sherwood Hall Lane, Alexandria. http:/ /www.fairfaxcounty.gov/parks/ farmersmarkets/mtvernonmkt.htm.

Wakefield Farmers Market. 2-6 p.m. Wednesdays, May 7-Oct. 29. 8100 Braddock Road, Annandale. 703-321-7081. www.fairfaxcounty.gov/parks/ farmersmarkets/wakefieldmkt.htm.

Kingstowne Farmers Market. 4-7 p.m. Fridays, May 2-Oct. 31. Giant Parking Lot, 5955 Kingstowne Towne Center, Alexandria. Vendors products include fresh organic honey and hand held pies and rolls. www.fairfaxcounty.gov/ parks/farmersmarkets/kingstownemkt.htm

Lorton Farmers Market. 9 a.m.-1 p.m. Sundays, May 4-Nov. 2. VRE Parking Lot, 8990 Lorton Station Boulevard, Lorton. www.fairfaxcounty.gov/parks/ farmersmarkets/lortonmkt.htm

Lorton Farmers Market. 3-7 p.m. Thursdays. New Hope Church, 8905 Ox Road, Lorton. www.smartmarkets.org.

LETTER TO THE EDITOR

Congratulations On OLDA Success

To the Editor:

Last weekend, a group of users of the Westgrove Park off leash dog area (OLDA) got together and raised enough money from OLDA users to retire the \$10,000 obligation agreed to by the responsible group, Westgrove PACK, LLC, as imposed by the Fairfax County Park Authority (FCPA) as a condition of its approval of use of a portion of the park as an OLDA. Prior to last weekend, the majority of the funds had already been raised - I commend the users who organized and raised the remaining money, about \$4,000. With the debt now paid, Westgrove PACK can now concentrate on cooperating with FCPA to provide additional amenities to the OLDA such as water supply, informational kiosks, turf management, and

Satisfaction of the financial obligation is the culmination of five years of hard work and effort on the part of OLDA users and Westgrove PACK. The effort to create an OLDA where dogs could run freely and safely without fear that their owners would be ticketed began in 2009. The first meeting of OLDA supporters occurred in the Spring of 2010 and a board was soon constituted. In June 2010, a petition signed by moe than 300 supporters was presented to Supervisor Hyland. I first stated my support in November 2010 in a letter to the editor of the

In January 2011, the MVCCA's Environment and Recreation Committee first met to discuss

whether to support the proposed OLDA. At the MVCCA Council meeting in March 2011, the MVCCA voted in favor of the OLDA. This led to a series of public meetings arranged by FCPA as well as meetings of the county Planning Commission. In July 2012, the FCPA Board approved the OLDA as an interim use and this decision was ratified the same month by the county Planning Commission. In November 2012, the OLDA with its perimeter fence was officially opened as an interim use. In September 2013, the FCPA approved the Master Plan for Westgrove Park including a permanent OLDA. Westgrove PACK, LLC was incorporated and should soon receive its 501(c)(3) status so that contributors can deduct their contributions on their tax returns.

Subsequently, use of the OLDA continued by users and their dogs and fund raising toward satisfaction of the \$10,000 obligation methodically continued.

I note that in an edition of the Gazette in early 2014, Supervisor Hyland was interviewed and identified establishment of the OLDA as one of his most important accomplishments in 2013. This has been a complex and lengthy saga and the best is yet to come for those of us who worked so hard to establish the OLDA as an interim use, obtain its permanent inclusion in the Master Plan of the park, worked hard to retire the financial obligation to FCPA, and now use and enjoy the OLDA. This success story is worth celebrating. I thank Supervisor Hyland, the FCPA, especially our Mount Vernon representative Linwood Gorham, and the FCPA staff for their cooperation toward establishing a long-needed, wonderful community amenity.

> H. Jay Spiegel Mount Vernon

VOLUNTEER OPPORTUNITIES

Hollin Hall Senior Center is looking for a DJ ballroom and dance instructor. The Hollin Hall Senior Center, 1500 Shenandoah Road. The **Mount Vernon Adult Day Health Care** Center is looking for social companions for participants on Fridays from 3-5 p.m. and front desk volunteers on Tuesdays and Wednesdays from 11 a.m.-noon and 3:30-4:30 p.m. Located at 8350 Richmond Highway. For these and other volunteer opportunities call 703-324-5406 or visit www.fairfacounty.gov/olderadults.

Fairfax County needs volunteers to drive older adults to medical appointments and wellness programs. Call 703-324-5406, TTY 711, visit www.fairfaxcounty.gov/olderadults and link to

Volunteer Solutions or e- mail VolunteerSolutions@fairfaxcounty.gov.

The Kingstowne Senior Center needs instructors for classes in art and bridge as well as an experienced boater to discuss boating. Call 703-324 5406, TTY 711, visit www.fairfaxcounty.gov/ olderadults and link to Volunteer Solutions or email VolunteerSolutions@fairfaxcounty.gov. The **Mount Vernon Adult Day Health Care**

Center needs a volunteer assistant from 11 a.m.noon. on Tuesdays to assist with activities and on Wednesdays from 11 a.m.-noon. Call 703-324-5406 TTY 711, visit www.fairfaxcounty.gov/olderadults and link to Volunteer Solutions or e-mail VolunteerSolutions@fairfaxcounty.gov.

Mount Vernon Gazette

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A Connection Newspaper



Home Sales

In June 2014, 152 homes sold between \$2,050,000-\$107,000

in the Mount Vernon area. This week's list represents those homes sold in the \$340,000-\$107,500 range. For the complete list, visit www.ConnectionNewspapers.com

Address BR . FB . HB Postal City Sold Price Type Lot AC . Po	ostalCode Subdivision
2510 JAMAICA DR	
8109 FRYE RD	
7112 WESTFIELD CT	22306 WOODSTONE
5881 BLAINE DR	22303 HUNTINGTON
2307 GLENDALE TER	22303 HUNTINGTON
8336 HUNTER MURPHY CIR	
4326 GRAMERCY CIR	
4323 CEDARLAKE CT	
8213 HOCKING PL 3 1 0 ALEXANDRIA \$319,000 Detached 0.28	
2304 FAIRVIEW TER	
5904 MOUNT EAGLE DR #410 2 2 0 ALEXANDRIA \$315,000 Hi-Rise 9+ Floors	
2425 WINDBREAK DR	22306 MT VERNON SO TOWNHSES
7243 PARSONS CT	22306 WOODSTONE
2104 FARRINGTON AVE	
8116 OAKLAKE CT	
7265 PARSONS CT	22209 FINEWOOD LAKE
5901 MOUNT EAGLE DR #1016 2 2 0 ALEXANDRIA \$295,000 Hi-Rise 9+ Floors	22300 WOODSTONE
5902 MOUNT EAGLE DR #1010 2 2 0 ALEXANDRIA \$290,000 Hi-Rise 9+ Floors	
8045 SAINT ANNES CT	
7915 MARTHA WASHINGTON ST 3 2 0 ALEXANDRIA \$285,000 Detached	
7915 MARTHA WASHINGTON ST 3 2 0 ALEXANDRIA \$285,000 Detached 0.31 8566 SOUTHLAWN CT	
7146 WESTFIELD CT	
7004 BRYANT TOWNE CT	
3306 ELMWOOD DR	
3210 CLAYBORNE AVE	
8313 CLAREMONT WOODS DR 3 2 0 ALEXANDRIA \$260,000 Townhouse 0.03	
7500J CALDERON CT #261	
6725 WAKEFIELD DR #B1	
7507M SNOWPEA CT #192	
6606 10TH ST #A2 2 1 0 ALEXANDRIA \$240,000 Garden 1-4 Floors	
1601 BELLE VIEW BIVD #C2 2 1 0 ALEXANDRIA \$239,000 Garden 1-4 Floors	
2325 FAIRVIEW TER	
7518 SNOWPEA CT #K	
4366 PEMBROOK VILLAGE DR #69 3 2 0 ALEXANDRIA \$199,000 Townhouse	
3835 JOSHUA PL #B	
3802 JOSHUA PL #A	
2059 HUNTINGTON AVE #1009 1 1 0 ALEXANDRIA \$175,000 Hi-Rise 9+ Floors	
8012 CAPISTRANO PL #A	
3939 EL SONETA PL #4	
1803 BELLE VIEW BIVD #B2	
8618 VILLAGE SQUARE DR	
8419 DEL NORTE CT #93	
2609 WAGON DR #354 2 1 1 ALEXANDRIA \$146,000 Townhouse	
8386 BROCKHAM DR #F	22309 MOUNT VERNON LAKES
2635 WAGON DR #329	
7997 AUDUBON AVE #C3	22306 COLCHESTER TOWNE

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OBITUARIES

Holly Victoria Burnett

Holly Victoria Burnett, a diabetic who struggled for many years to battle the irregularities of her blood glucose readings, died in her Arlington home on July 19, 2014. She was 49 years old.

A career woman all of her life, Holly spent 14 years at the American Diabetes Association in Alexandria and another nine years at the American Builders and Contractors Association in Arlington. She was the wind beneath most people's

wings and was proud to support whomever she was helping, without asking for credit. Of course, she could also tell you every husband of Elizabeth Taylor, recite the film credits of most any actor you could imagine and do a mean Carol Channing and Edith Bunker impersonation.

A child whose father taught her about movies and took her to Broadway shows, Holly spent all her days studying actors and actresses, reading their biographies and watching their films and live theater performances.

As a freshly graduated film major settling into Arlington in 1988, Holly was fortunate to feed her passion with part-time summer jobs teaching film classes at private schools in the Washington area from 1989 through 1997, including Episcopal High School on Quaker Lane, St. Stephens/St. Agnes in Alexandria and The Potomac School in



Holly Victoria Burnett

McLean. For many years, she was the hostess of an annual Academy Awards party in her Arlington residence.

Holly freelanced for many publications within the Washington Metropolitan area over the last 25 years and developed a following for her feature pieces as well as her food and theater reviews in The Alexandria Gazette Packet, The Alexandria Times, The Old Town Crier and The Zebra.

Born in Tallahassee, Fla., Holly spent most of her

youth in California mapping celebrity homes and lunching and shopping in Beverly Hills. She was an honors graduate of the Westridge School for Girls in Pasadena, Calif., and held a B.A. and master's in English, creative writing and film from Hollins College in Roanoke, Va.

Holly is survived by her father, Joseph A. Burnett, 85, of Lanark Village, Fla., her sister and brother-in-law Wendy and Park Randall Miller of Tallahassee, Fla., her niece Holly Randall Miller, also of Tallahassee, and her longtime friend Mary Wadland of Arlington, and their two little dogs, Teddy and Toddler.

Services will be held Aug. 16 at 5 p.m. at Everly Wheatley Funeral Home, 1500 W. Braddock Road in Alexandria. In lieu of flowers, consider a donation to the American Diabetes Association or the Animal Welfare League of Arlington.

Elizabeth Taylor Dunn Hooff

Elizabeth Taylor Dunn Hooff, 97, died at The Goodwin House, Bailey's Crossroads, in Falls Church on Friday, Aug. 1, 2014.

Mrs. Hooff was born in Bristol, Pa., in 1917, daughter of Houston Dunn and Elizabeth Elmslie Taylor. She was one of nine children. She graduated in 1936 from Agnes Irwin School in Rosemont, Pa. She met her husband Charles Rapley Hooff, Jr. in Philadelphia. On Oct. 14, 1938, they were married at

Holy Trinity Episcopal Church in Philadelphia.

When he joined the U.S. Navy, she initially lived in Newport, R..I and later moved to Alexandria to be with his family. Most of her 72 years in Alexandria was at "The Hooff Cottage" near the Seminary Hill.

Professionally she began her career as a stockbroker with Rouse, Brewer, Becker and Bryant in the 1960s. There were very few female stockbrokers then. Later that experience gave her an opportunity to be the first female director on the board of the Burke and Herbert Bank.

She belonged to the Mount Vernon Chap-



Hooff

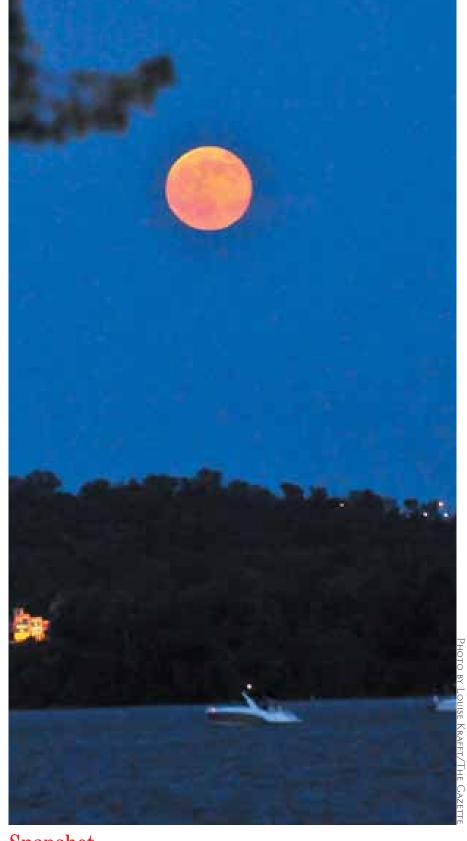
ter of the National Society of the Daughters of the American Revolution; the Historic Alexandria Foundation, and the Hunting Creek Garden Club where she was active in the Christmas workshop, making wreaths of boxwood. Mrs. Hooff was very active during the formation of the American Horticultural Society.

She was a member of the Belle Haven Country Club; the Old Do-

minion Boat Club; the City Tavern Club, and the Campagna Center of Alexandria, where she enjoyed learning French for many years. She was for many years one of the hostesses of The Alexandria Assembly. She was a member and supporter of The Twig, which provides for the Alexandria Hospital.

She is survived by two children and five grandchildren: Charles Rapley Hooff III and wife Gudrun K. Hooff, of Belmont Bay, Lorton; and Caroline Taylor Hooff Bierman Norman and husband James T. Norman, of Alexandria.

The five grandchildren are Maremi and husband Phillip Andreozzi, of Alexandria;



Snapshot

9:05 p.m., July 12: Moonrise over the Potomac at Oronoco Bay Park.

Churchill Hooff and wife Jennifer, of Alexandria; G. Stephen Bierman Jr. and wife Olga, of Moscow, Russia; Janney and husband Willy Jay, of Alexandria; and Carlyle and husband Daniel Casella, M.D., of Nashville, Tenn. There are 12 great grand-children.

The service will be at St. Paul's Episcopal Church, 228 South Pitt St., Alexandria on Tuesday, Aug. 12, 2014 at 11 a.m. The interment at Ivy Hill Cemetery, 2823 Kings Cloister Circle, Alexandria, will follow the service. The family will receive friends fol-

lowing the interment.

There will be a visitation on Monday evening Aug. 11 from 6-8 p.m. at Everly Wheatley Funeral Home, 1500 West Braddock Road, Alexandria.

Memorials may be made to the St. Paul's Episcopal Church Foundation, 228 S. Pitt St., Alexandria VA 22314, or the Virginia Theological Seminary, 3737 Seminary Road, Alexandria VA 22304, or the TWIG Foundation for Alexandria Hospital, 4320 Seminary Road, Alexandria VA 22304 or any organization in which she was active.

PEOPLE

Reading and Writing and Dogs — Oh My!

BY EILEEN KEANE STRATFORD LANDING ELEMENTARY

tratford Landing Elementary School students welcomed some special visitors to the Summer Extended Learning Time Program (SELT) during the month of July. Therapy dogs from Therapy Dogs International visited to participate in Stratford Landing's first Read to the Dogs Program, designed to help students maintain and improve their reading skills. Students in 1st through 6th grade met in 15minute increments with the dogs and took time not only to read, but also to learn about and cuddle with their new friends.

Several students enthusiastically described their experience, with 4th grader Miriam Mejia-Sanchez saying, "Shanti was sitting next to me and listening; [her owner] helped me read too.'

Students also expressed their preference to read to the dogs in a calm setting instead of a noisy room of people. Rising 6th grader Carlos Medrano shared that reading to his dog Hobbs was "more quiet [...] reading to the dog was better than a person because the dog lays by you and looks at the book."

Miriam agreed, saying, "a person would be looking around and not listening; Shanti was sitting next to me and listening as I read."

Rising 4th grader Xavier Butler noted that, "Bree didn't interrupt me when I read; she did lick me though."

The SELT Program, a Fairfax County Public Schools initiative, provides students with an opportunity to maintain reading and writing skills during the summer months. With the Read to the Dogs Program, students are able to practice read-aloud skills in a calm and judgment-free setting.

Rising 5th grader Avarie Arrington shared that reading to the dogs "was easier than with people. People will stare at you when you read, but the dogs just listened. I was able to focus more on my reading."

As the SELT Program concludes for the summer, Stratford Landing staff members are planning on inviting the dogs back during the school year.

First grade teacher Amber Gardner described how reading to the dogs "was a great confidence booster [for students] as they were able to show off their reading skills to an 'audience' of quiet listeners. Many of my students told me how excited and happy they were to be able to do read to the dogs and want to participate again."

"Reading with the dog was fun [...] she put her head down looking at the book! It was funny."

> - Penny Ruth, rising 1st grader



Malachi T. reads with Shanti.



Penny Ruth with Sally Wilson, who is the owner/handler of Bree.



and she jumped on my shoulders, which was fun."



Darius with Bonnie and Kris Clark.



Kaylee with Jeffrey Singer and dogs.



Malachi B. has his arm around Bree.



Armando with Hobbs and Lynn Piper.



Junior with Bree and Sally Wilson.



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9014 Buckner Rd \$529,000

Million Dollar Taste- \$500,000 Budget!

Stunning opportunity— nothing like it in price range! This fabulous property has everything-brand new kitchen with custom cabinets, granite, stainless appliances & gas cooktop. 3 new baths, new windows & doors, stained hdwd flrs, finished lower level, 2 fireplaces, & covered parking. Gorgeous setting fronting quiet street overlooking Mt Vernon Country Club. Owner/Agent OPEN SUN 8/10, 1-4! GW Pky S, past Estate; R at 3rd light on Old Mill; R-Buckner.



4416 Tarpon Ln \$569,000

Contemporary Rambler-Waterfront Community!

Walk to Yacht Club from this fabulous home. Glass window walls make for exceptionally bright, airy atmosphere and capture natural beauty of grounds. Spacious home with numerous special features including: bright, open floor plan, large glass walled great room with fireplace, bedrooms on main level, hdwd firs, updated baths, finished walk-out lower level with fireplace and large windows. Gorgeous setting on half acre lot near River! OPEN SUN 8/10, 1-4! GW Pky S, past Estate; L-Forest Haven Rd; L-Tarpon.





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***Classes begin on Saturday, September 13th and end on Saturday, October 11th. They will be held on Tuesday and Thursday evenings from 6:00pm - 9:30pm and on Saturdays, 9:00am - 5:00pm during the day.



Sheryl Lambson 703.217.7012 ALEXANDRIA / Townes at Cameron Parke \$499,000

Move-in-Ready 4-level end unit TH, 3 BR, 25 BA, 1-car garage, 3 bump-outs, professionally painted, updated systems and appliances, private deck off kitchen, private patio off stiding glass doors off LL, fireplace. Close to 2 metros, major highways.



Pat Tierney 703.850.5630 & Mary Taylor 703.785.5619 ALEXANDRIA / Montebello \$ 239,000

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Catherine Foltz 703.626,6914 ALEXANDRIA \$ 965,000 OPEN SUNDAY 2 - 4

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Christine Vanderhyde 703.309.2829 ALEXANDRIA \$ 1,195,000

This Belle Haven home is a must see. Comprehensive, high-end renovations provide for spacious BR, comfortable living space and ample room for entertaining or just relaxing with the family. Elegant fixtures/upgrades thru-out and more!

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Cindy Nelson 703.965.7562 ALEXANDRIA \$ 339,900 OPEN SUNDAY 1 - 4

5300 HOLMES RUN PKWY #315 Largest unit (corner) in building Rarely available 2 garage spaces Updated kitchen with SSA, Silestone, double oven/convection, wine chiller, full-size W/D. Large balcony, Bus stop at front door - Shuttle to Pentagon Metro M - F.



Janice Allen 703.509.0906 ALEXANDRIA SOUTH \$ 680,000

Large, well kept home with 6BR/4BA, wood floors. Kitchen has new SS appliances, granife and ceramic file. Japanese garden, Tea house and fish pond views from sunroom or deck. First floor BR, in-law suite, den, rec room and 2 fireplaces. Close to Old Town, Parkway + more



Brian Hong & Jery Beamer 703.929.5764 WASHINGTON, DC \$ 609,990

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D'Antonio-Kohler Realty Group 202.460.1809 or 703.967.7633 ALEXANDRIA / Waynewood \$ 750,000 OPEN SUNDAY 1 - 4

1009 DALEBROOK DR Beautifully renovated Cambridge model located by the park and pool. French country kitchen with fireplace opens to screened deck, master suite. LL bedrooms open up to an inlaw suite with FBA, family room with fireplace and walk-out to yard.



Ruth Guirard 703.609.3343 ALEXANDRIA / Mt Vernon \$ 650,000

Just Listed! Charming 3-level custom home built in 1965 by MI Vernon's premier builder. This gem boasts rare main BR/BA. UL has 3BR/2BA. Family room off eat-in kitcher has French doors to patio. Windows replaced. Hardwoods. Well priced for needed updates.



Louise Devers 703.795.9944 ALEXANDIA SOUTH \$ 405,000

Spacious 3-level fownhouse with bump outs on all 3 levels. Freshly painted. Hardwoods. All new neutral carpet. Garage. 3BR/2FBA and 2 half baths. Wood-burning fireplace. Must see to appreciate. Ready Now!! Why Wait!!



Mary Bourke 703.906.5825 FALLS CHURCH \$ 974,000

Traditional Colonial featuring 4BR plus bonus room, 3.5BA and 2-car garage. 9' ft ceilings on first floor and cathedral ceiling in foyer. Main level bedroom. Handicapped accessible bath. Large eat-in kitchen and much more.



Val Klotz 703.303.9744 STAFFORD / Somerset Landing \$ 435,000

Over 4,500 sq ft, 5BR/3,5BA, cul-de-sac, 2-car garage, open kitchen, family room walks out to deck. Sun roof off Kitchen. Finished lower level walks out to patio. Formal living and dining room.











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Entertainment

Email announcements to gazette@ connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

Historical Exhibit. Through August at the Alexandria Black History Museum, 902 Wythe St. "Sit Down and Take a Stand" commemorates the 1939 library sit-in of five African American men and its mastermind, Samuel Tucker. One of the earliest occasions of individuals using the sit-in as an act of civil disobedience in the modern civil rights movement. Tuesdays-Saturdays, 10 a.m.-4 p.m. Call 703-746-4356.

Archeology in Action Tour. Fridays in August. 11-11:45 a.m. at George Washington's Mount Vernon, 3200 Mount Vernon Memorial Highway. Take an inside look at the history of the Mount Vernon archaeology program and the current discovery efforts in progress. \$40 for four admission tickets, \$17 for adults, \$8 for children six to 11, \$16 for seniors. Visit www.mountvernon.org/ for more.

Ice Cream Making. Saturdays in August. 10:30 a.m.-12:30 p.m. at 3200 Mt. Vernon highway, Mount Vernon. Cool down with 18th century ice cream making demonstrations. Admission: Adults, \$18; Children, \$9; Under 5, free. Visit

www.mountvernon.org/ for more. **Art Exhibition.** Through Sunday, Aug. 31 at Torpedo Factory Art Center, 105 North Union St. Artist Steven Walls will show "Transient States," a solo exhibition, at the Torpedo Factory Art Center. On Thursday, Aug. 14 there will be a reception from 6-8 p.m. and an artist talk at 7 p.m. Call 703-838-4565 or visit www.torpedofactory.org/partners/target-gallery/ for more.

Blue Star Museums. More than 2,000 museums across America offer free admission to military personnel and their families this summer through Sept. 1. A complete list of museums is available at http://arts.gov/national/blue-star-museums. The museums in Alexandria participating in the program are Gadsby's Tavern Museum, the Lee-Fendall House Museum and Garden and Stabler-Leadbeater Apothecary Museum.

Doggy Happy Hours. 5-8 p.m. at Jackson 20 and Hotel Monaco Alexandria, 480 King St. Thursdays during the summer. Free, drinks sold separately. Treats and water for dogs, with pet boutique and service vendors. Portions of proceeds benefit People. Animals. Love. Visit www.Monaco-Alexandria.com/alexandria-hotel/doggy-happy-hour.html.

New Exhibit. Mount Vernon invites visitors to explore George Washington's design for the grounds of his estate, through a new exhibition, "Gardens & Groves: George Washington's Landscape" at Mount Vernon through Jan. 12, 2016. Gardens & Groves is the first museum exhibition to focus specifically on Washington's landmark achievements as a landscape designer combining rarely seen original documents, artwork, and books with period garden tools, landscape photography, and a scale model of the Mount Vernon estate. Included in admission \$18/adult; \$17/senior citizen; \$9/child age 6-11; children under 5 are free. Visit www.mountvernon.org for more.

Alexandria Cars & Coffee invites car enthusiasts to meet for coffee at Hollin Hall Shopping Center in front of Roseina's, 1307 Shenandoah Road. Owners of classic cars, hot rods, exotic cars, motorcycles and more meet to share car stories and drink coffee. Group meets the first Sunday of every month. 8:30-11 a.m.

Songwriter's Showcase. Every
Tuesday at 8 p.m. at The Old Town
Theater, 815 1/2 King St. Features a
different Songwriter's Association of
Washington artist each week. Visit
www.theoldtowntheater.com for
tickets.

George Washington's Mount
Vernon has joined Thomas
Jefferson's Monticello and James
Madison's Montpelier to expand the
"Presidents Passport," Virginia's
premier presidential trail. As an
added bonus to this year's program,
visitors to the Alexandria Visitors
Center at 221 King St. showing or
purchasing a ticket to any of the
three presidential estates will, upon
request, receive for free Alexandria's
"Key to the City" pass, which grants
access into nine historic sites and
museums in Alexandria - a \$26
added value. Visit
www.PresPassport.Monticello.org for
more.

Fifty Years of Collecting. Tuesday-Saturday 10 a.m. to 5 p.m., Sundays noon to 5 p.m. Fort Ward Museum 4301 West Braddock Road. An anniversary exhibit of objects from the Fort Ward collection. Free. Visit www.fortward.org or call 703-746-4848

Art Exhibit. Tuesday-Sunday, noon-5 p.m.; Saturday, 11 a.m.-5 p.m. at Old Town Gallery, 109 N. Fairfax St. Art by Paul McGehee. Visit www.paulmcgeheeart.com for more.

CAMPS, CLASSES & WORKSHOPS

Photography Workshop. 10:30 a.m.noon at Multiple Exposures Gallery
on 105 N. Union St. Photographers
and enthusiasts of all skill levels are
invited to share work, ideas, and
questions at this free workshop held
on the last Sunday of each month,
except December. No reservations.
Call 703-683-2205.

Life Drawing. Del Ray Artisans offers a range of open life drawing sessions for anyone to develop life-drawing skills further. Just drop-in for the session and bring your supplies to draw or paint our live models. Fee ranges from \$8-\$12. All skill levels are welcome. Del Ray Artisans is located at 2704 Mount Vernon Ave. Visit www.TheDelRayArtisans.org for a schedule.

Summer Aquatics Classes. For youth and adults, including swimming lessons, aqua aerobics, Lifeguard Training, Swim Team Fundamentals and 2013 Gold Division Champions Wahoos Youth Swim Team. Register online at www.alexandriava.gov/Recreation or in person at the Registration and Reservations Office, 1108 Jefferson St. Contact Claudia Spencer at 703-74605414 or claudia.spencer@alexandriava.gov.

Stop Motion Animation and

Cartooning. Aug. 18-21. 10 a.m.-noon and 1-3 p.m. for ages 8-12. Art at the Center, 2804 Sherwood Hall Lane. \$140 for cartooning and \$150 for stop-motion animation taught by Christine Stoddard. Visit www.artatthecenter.org/classessummer14.htm for more.

Theater Camp. Mount Vernon
Community Children's Theatre will
hold sessions through Aug. 22. There
are two-week sessions with morning,
afternoon or all day sessions, and
one-week sessions that go all day.
Visit www.mvcct.org to register.

Cool Yoga. Wednesdays, through Aug. 27, 6:30-7:30 p.m. at 1900 Mt. Vernon Ave., Del Ray. Outdoor yoga classes. Free. Call Maureen Clyne at 703-967-8884 or visit www.prasadayoga.com for more.

Metropolitan School of the Arts



Prospera plays a dramatic cello solo to summon a ferocious storm. Thunder and lightning erupt and a pair of artists – the God and Goddess of the Wind – perform an intense midair ballet.

Campagna Center Benefits from Amaluna

The Campagna Center will receive 100 percent of the price of tickets donated for Cirque du Soleil's Amaluna, Friday Aug. 8, 8 p.m. at National Harbor. Cirque du Soleil donates tickets to organizations providing assistance to at-risk youth, with the profits supporting their work with young people. Purchase tickets at campagnacenter.org/amaluna or contact Thasia Williams at 703-224-2357 or twilliams@campagnacenter.org.

Amaluna tells the story of a mysterious island governed by goddesses and guided by the cycles of the moon.

Their queen, Prospera, directs her daughter Miranda's coming-of-age ceremony in a rite that honours femininity, renewal, rebirth and balance which marks the passing of these insights and values from one generation to the next.

In the wake of a storm caused by Prospera, a group of young men lands on the island, triggering an epic, emotional story of love between Prospera's daughter and Romeo, a brave young suitor.



Miranda
calls in
the
Valkyries
to help
her
liberate
Romeo.



Romeo witnesses the dance of the Peacock Goddess.



Photos by Laurence Labat/ Cirque du Soleil

A classic circus arts number involving strength, precision timing and sheer acrobatic skill.

Entertainment

Classes, 5775 Barclay Drive, Suite 4. The Metropolitan School of the Arts will begin classes on Monday, Sept. 8. The studios offer beginner and advanced instruction in a variety of different dance forms, including tap, jazz, ballet, Pointe, Irish dance, contemporary, acting, combination classes, hip-hop or theatre as well as piano and guitar lessons. Registration is available online at www.metropolitanarts.org.

TUESDAY-SATURDAY/AUG. 5-31

Multiple Exposures Gallery. 11

a.m.-5 p.m., Thursdays 2-8 p.m. at Torpedo Factory Art Center, 105 N. Union St. Fine art photography exhibition. Free. Visit www.multipleexposuresgallery.com for more.

TUESDAY/AUG. 5-MONDAY/SEPT. 8

Art Exhibit. Opening reception, Aug. 14, 6:30-8 p.m.; Monday-Saturday, 10 a.m.-6 p.m.; Sunday, noon-6 p.m. at the Torpedo Factory, 105 N. Union St. An art exhibit titled, "Scapes and Structures." Free. Visit www.theartleague.org for more.

THURSDAY/AUG. 7

Purple Heart Ceremony. 1 p.m. at George Washington's Mount Vernon, 3200 Mount Vernon Ave. Join Chapter 353 of the Military Order of the Purple Heart to commemorate the anniversary of the oldest military decoration in the world. \$8 for children, \$16 for seniors, \$17 for adults. Visit www.mountvernon.org for more.

Live Music. 6-9 p.m. Mount Vernon Inn restaurant, 3200 Mount Vernon Memorial Highway. The Kevin Kline Band performs covers of many familiar Billy Joel, Elton John and Bruce Hornsby tunes. Free. Visit www.mountvernon.org/Inn for more.

Live Music. 7:30 p.m. at the Birchmere, 3701 Mount Vernon Ave. An evening with Jay Hayden and V. Rich. \$25. Visit www.jworldrecords.com, http:// vrichmusic.com, or www.birchmere.com or call 703-549-

THURSDAY/AUG.7-SUNDAY/SEPT.21

Art Exhibit. At The Athenaeum, 201 Prince Street. "Influence and Inspiration: The Art League Faculty Celebrates 60 Years." Exhibit showcases Washington Color School Artists to present League faculty. Reception Sunday, Sept. 7 from 4-6 p.m. Exhibit open Thursdays and Fridays noon-4 p.m., Saturdays 1-4 p.m., Sundays noon-4 p.m., and closed Mondays-Wednesdays. Visit www.theartleague.org/content/ influence_inspiration or call 703-683-1780 for more.

AUG. 5 THROUGH SEPT. 7

"Fire." Through Sept. 7. 10 a.m.-5 p.m. at Studio 18 of the Torpedo Factory Art Center at 105 North Union St. The artists' imagination is "fired" by heat, flames, burning, passion, fiery tempers, anger, explosive situations, camp fires, BBQs, and fireflies to name just a few possible interpretations. Free. Call 703-838-4565 or visit www.torpedofactory.org.

FRIDAY/AUG. 8

Drawing and Painting Clinic. 9:30 a.m.-3:30 p.m. at Green Spring

FOOD & DRINK

Mount Vernon Farmers Market. 8 a.m.-noon, Wednesdays, May 7-Dec. 17. Fresh local food, artisan crafts. Sherwood Library, 2501 Sherwood Hall Lane. Visit www.fairfaxcounty.gov/parks/farmersmarkets/ mtvernonmkt.htm for more.

Kingstowne Farmers Market. 4-7 p.m., Fridays, May 2-Oct. 31. Giant parking lot, 5955 Kingstowne Towne Center. Products include fresh organic honey, pies and rolls. Visit www.fairfaxcounty.gov/parks/ farmersmarkets/kingstownemkt.htm for more.

Old Town Farmers Market. 7 a.m.-noon, Saturdays year round. Local farmers and artists have been selling products there since 1753. Located at Market Square, 301 King St. Call 703-746-3200 or email old town farmers market @alexandria va.gov.

Del Ray Farmers Market. 8 a.m.-noon, Saturdays year round. Features fresh vegetables and fruits in season, meats, eggs, fresh pasta and sauces, Amish cheese, yogurt, bakery goods and more. Located at the corner of East Oxford and Mount Vernon avenues. Contact pmiller1806@comcast.net for more.

Four Mile Run Farmers & Artisans Market. 9 a.m.-1 p.m, Sundays through November. Brings fresh nutritious foods to people of all income levels. Located at the entrance to Four Mile Run Park at 4109 Mount Vernon Ave. Visit www.4mrmarket.org/ for more.

West End Farmers Market. 8:30 a.m.-1 p.m. Sundays from May-November. Fresh, locally grown, in-season vegetables as well as sweet juicy berries, apples, pears, and seasonal peaches. Vendors also sell freshsqueezed orange juice, fresh-baked pastries, gourmet cheeses and more. Located at Ben Brenman Park, 4800 Brenman Park Drive. Visit $www.westendfarmers market.org/\#Farmers Market\ for\ more.$

Gardens, 4603 Green Spring Road. Adults with an artistic eye will learn different techniques for using colored pencils and acrylic paint. \$74 per person. Call 703-642-5173 for more. Visit www.fairfaxcounty.gov/parks/ greenspring to register.

Lecture and Book Signing. 1 p.m. at the Alexandria Black History Museum, 902 Wythe St. A lecture by Wil Haygood, author of "The Butler: A Witness to History." Seating is limited. Call 703-746-4356 to reserve a spot.

Live Music. 7:30 p.m. in the Music Hall at the Birchmere, 3701 Mount Vernon Ave. Buster Poindexter (aka

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David Johansen). \$29.50. Visit www.facebook.com/ officialBusterPoindexter/ or www.Birchmere.com for more.

Cirque du Soleil. 8 p.m. at National Harbor. Cirque du Soleil performs "Amaluna." One hundred percent of proceeds from ticket sales go to support The Campagna Center. \$120. Visit www.campagnacenter.org/ amaluna for more.

SATURDAY/AUG. 9

Art Workshop. 9:30 a.m.-3:30 p.m. at Green Spring Gardens, 4603 Green Spring Road. Draw butterflies from

colorful photographs and explore the techniques used to take colored pencils a step beyond their traditional use. \$74. Visit www.fairfaxcounty.gov/parks/ greenspring or call 703-642-5173 to register and for more.

Pole Dancing Competition.

Compulsory round, 10 a.m. Performance round, 2 p.m. at Pretty Lady Pole Fit Studio, 7702 East Richmond Highway. Women and men ages 16 and up compete for a spot in the 2015 PDA championship in New Orleans. Visit

www.prettyladypolefit.com for more. Alexandria Art Market. 10 a.m.-4 p.m. in Colasanto Park, 2704 Mount Vernon Ave. Local artists will perform. Browse artwork by local artists and more. Visit www.TheDelRayArtisans.org/ ArtMarket for more.

 $\ \, \textbf{Hometown History Bus Tour.} \ 10 \\$ a.m.-2 p.m. Franconia Museum, 6121 Franconia Road, Franconia. The Franconia Museum will be holding a bus tour traveling from the museum and ending with refreshments at Nalls Produce. \$25. Call Carl Sell at 703-971-4716 or Don Hakenson at 703-971-4294 for more.

Jane Austen Ball. 8-11 p.m. at Gadsby's Tavern Museum, 134 N. Royal St. This 1790s era ball will include English country dancing, live music, a period-inspired dessert collation and "iced refreshments." Period attire is optional, "after-five" attire is encouraged. Tickets are \$45 per person and reservations are required. Visit http:// apps.alexandriava.gov/Calendar/ Detail.aspx?si=3455 for more.

SATURDAY-SUNDAY/AUG. 9-10 Summer Sidewalk Sale. Hours vary





Entertainment

by retailer at Old Town and Del Ray. Moved inside in case of inclement weather. Free. Visit www.VisitAlexVA.com/SidewalkSale for more.

SUNDAY/AUG. 10

Family Day. 1-4 p.m. at Gadsby's
Tavern, 138 N. Royal St. Explore the
magic of history with a tour of the
tavern. Adults: \$5; Children: \$3. Visit
www.gadsbystavern.org for more.

Civil Rights Sunday. 2-4:30 p.m. at the Alexandria Black History Museum, 902 Wythe St. An educational event that will feature four different aspects of civil rights. Free. Call 703-746-4356 to register.

Lyceum Summer Chamber Series.
3 p.m. at The Lyceum, 201 S.
Washington St. Cellist Philip Wolf
and pianist Stephen Bertino perform
Grieg and other short pieces. Free,
donations accepted at the door. Visit
www.wmpamusic.org or call 703799-8229 for more.

TUESDAY/AUG. 12

Live Music. 7:30 p.m. at the Birchmere, 3701 Mount Vernon Ave. Dick Dale. \$29.50. Visit www.dickdale.com or www.birchmere.com or call 703-549-7500

WEDNESDAY/AUG. 13

Live Music. 7:30 at the Birchmere, 3701 Mount Vernon Ave. Victor Wooten Band performs. \$35. Visit www.victorwooten.com or www.Birchmere.com for more.

THURSDAY/AUG. 14

Live Music. 7:30 p.m. in the Music Hall at the Birchmere, 3701 Mount Vernon Ave. The Zombies. \$45. Visit www.thezombies.net or www.Birchmere.com for more.

FRIDAY-SUNDAY/AUG. 15-24

Summer Restaurant Week. In

neighborhoods throughout Alexandria, including Old Town, Del Ray, Carlyle and West End. \$35 for a three-course dinner or \$35 for dinner for two. Menu options vary by location. Visit www.AlexandriaRestaurantWeek.com or call 703-746-3301 for more.

SATURDAY/AUG. 16

Angaleena Presley. 7:30 p.m. at The Birchmere, 3701 Mount Vernon Ave. \$35. Visit www. birchmere.com.

SUNDAY/AUG. 17

Lyceum Summer Chamber Series. 3 p.m. at The Lyceum, 201 S. Washington St. Clarinetist Kristen

Sheridan performs with piano accompaniment. Free, donations accepted at the door. Visit www.wmpamusic.org or call 703-799-8229 for more.

MONDAY/AUG. 18

Call for Participants. 6:30 p.m. at Charles Beatley Central Library, 5005 Duke St. A practice and performance project with dogs and owners. Rehearsals Mondays, Aug. 18, 25 and Sept. 8; performance is Wednesday, Sept. 10. Free. Email janefranklindance@gmail.com for more.

TUESDAY-THURSDAY/AUG. 19-21

Sculpture Madness. 10-11:30 a.m. at Art at the Center, 2804 Sherwood Hall Lane. Choose to work with connecting pipes, wire and sculpey or build a base to cover in paper mache. \$90. Visit www.artatthecenter.org/ classessummer14.htm#smad2.

SATURDAY/AUG. 23

Live Music. 7:30 p.m. at The Birchmere, 3701 Mount Vernon Ave. Performance by Mary Bridget Davies. \$25. Visit www.birchmere.com or call 703-549-7500.

Live music. 7 p.m. at St. Aidan's Episcopal Church, 8531 Riverside Road. Focus Music in Mount Vernon presents folk singer/songwriters Al Petteway and Amy White. Tickets \$15-\$18. Discounts available for Focus members. Visit www.focusmusic.org, or contact Herb Cooper-Levy at 703-380-3151 or herb@focusmusic.org.

SUNDAY/AUG. 24

Lyceum Summer Chamber Series.

3 p.m. at The Lyceum, 201 S. Washington St. Bassonist Aaron Goler and pianist Stephen Bertino perform. Free, donations accepted at the door. Visit www.wmpamusic.org or call 703-799-8229 for more.

MONDAY/AUG. 25-FRIDAY/NOV. 21

Young at Art. Opening Reception, Aug. 27. 5:30-7:30 p.m. at Durant Arts Center, 1605 Cameron St. An exhibit for artists who are 55 or older. Free. Call 703-836-4414 or 703-824-1345 for more.

THURSDAY/AUG. 28

Live Music. 7:30 p.m. at the
Birchmere, 3701 Mount Vernon Ave.
Chris Hillman & Herb Pedersen and
Carlene Carter perform. \$29.50. Visit
www.chrishillman.com, http://
herbpedersen.com,
www.carlenecarter.net or
www.Birchmere.com for more.

WEDNESDAY/AUG. 27

Live Music. 7:30 p.m. in the Music Hall at the Birchmere, 3701 Mount Vernon Ave. Larry Graham and Graham Central Station. \$69.50. Visit www.larrygraham.com or www.Birchmere.com for more.

FRIDAY/AUG. 29

Live Music. 7:30 p.m. at Grist Mill PArk, 4710 Mt. Vernon Memorial Highway. Performance by Seldom Scene using a wide range of different instruments. Free. Visit www.fairfaxcounty.gov/parks/ performances/ for more.

SATURDAY/AUG. 30

Wreath Laying at the Grave of Robert Allison, Jr. 10 a.m. at Old Presbyterian Meeting House Cemetery & Columbarium, 600 Hamilton Lane. As part of the official British Challenge, help honor the Veterans of the War of 1812 by marking the graves of those who fought throughout the cemetery. Visit www.visitalexandriava.com/1812.

Cricket Match. Noon-6 p.m. at Jefferson Cricket Field, Potomac Park, Washington, D.C. Team Alexandria will be taking on Team Britain as part of the British Challenge and memorial of the War of 1812. Visit www.visitalexandria va.com/1812 for more.

U.S. Navy Band Concert. 3-4 p.m. at Market Square, 300 King St. The US Navy Band will be holding a concert as part of the British Challenge and memorial of the War of 1812. Visit www.visitalexandriava.com/1812 for

Honors Ceremony. 4:30-5 p.m. at Alexandria National Cemetery, 1450 Wilkes St. There will be an honors ceremony as part of the official British Challenge featuring the Continental Color Guard with Fife and Drum. Seating opens at 4:15 p.m. Visit www.visitalexandria va.com/1812 for more.

Bill Kirchen. 7:30 p.m. The Birchmere, 3701 Mount Vernon Ave. \$29.50. Visit www.birchmere.com for more.

SUNDAY/AUG. 31

Yacht Race. 11 a.m. at Old Dominion Boat Club, 1 King St. As part of the official British Challenge Team Alexandria (Old Dominion Boat Club) will take on Team Britain (British Defence Staff, UK Embassy) in a Yacht Race. Visit www.visit alexandriava.com/1812 for more.

Signature Event. Noon-5 p.m. at Waterfront Park, 1A Prince St. Waterfront Park will be transformed into a festival to commemorate the events of the War of 1812. Visit www.visitalexandriava.com/1812.

AT THE LIBRARY

Martha Washington Library, 6614 Fort Hunt Road. Call 703-768-6700. Kingstowne Library, 6500 Landsdowne Centre. Call 703-339-4610. John Marshall Library, 6209 Rose Hill Drive. Call 703-971-0010. Sherwood Library, 2501 Sherwood Hall Lane. Call 703-765-3645.

ONGOING

Guess the Books. Try to identify the book by looking at pages in a jar and win a prize. In two-week rounds through Aug. 30, in the young adult fiction area at Sherwood Library.

Teen Scavenger Hunt. Search for clues and test library knowledge, through Aug. 30 at Sherwood Library.

Nanowriyer Writers Group.
Inspired by National Novel
Writing Month, a group meets to
explore new avenues of writing
fiction and non-fiction. 1 p.m. the
first and third Saturday of the
month at Sherwood Library.

Genealogy Tutoring. One-on-one session with a genealogy volunteer using library online resources at Kingstowne Library. Call 703-768-6700.

Internet and Computer
Training. One-on-one session
with a technology volunteer at
Kingstowne Library. Call for an
appointment, 703-768-6700.

FRIDAY/AUG. 8

Just Stories. 10:30 a.m. at Sherwood Library. Stories for children of all ages.

SATURDAY/AUG. 9

Book Sale. 10 a.m.-3 p.m. at Kingstowne Library.

English Conversation. 10:30 a.m. at Sherwood Library. A conversation group for adults learning English to practice together.

Retro Saturday. 10:30 a.m. at Mary Washington Library. Enjoy classic cartoons from TV's golden age. Call 703-768-6700 or visit for film titles. Refreshments provided. Register each child and adult.

Wag a Tale. 10:30-11:30 a.m. at Kingstowne Library. Register to read aloud to Bella, a reading therapy dog. Ages 5-12.

Read to the Dog. 12:30-1:30 p.m. at John Marshall Library. Register to read aloud to one of our reading therapy dogs. For readers ages 5 and up.

eBook Workshop. 1 p.m. at John Marshall Library. Get eBook questions answered; bring your eBook reader and library card.

MONDAY/AUG. 11

American Giants of Science. 10:30 a.m. at Sherwood Library. Meet America's most famous inventors and see them come to life onstage with Bright Star Theatre. Ages 6-12.

A to Zoo. 10:30 a.m. at John Marshall Library. Stories and

activities for ages 3-5 with adult. **Cliffhanger Book Club.** 7 p.m. at Martha Washington Library. A read-aloud event full of suspense. Bring a library card. **Books and Ideas.** 7:30 p.m. at

Books and Ideas. 7:30 p.m. at Sherwood Library. Book discussion; "Frozen in Time" by Mitchell Zuckoff.

TUESDAY/AUG. 12

Spectacular Science. 10:30 a.m. at John Marshall Library. Explore the secrets of fireworks, bubbles and more with Mad Science. Ages 6-12.

Martha's Evening Book

Discussion. 7 p.m. at Martha Washington Library. "Sisters" by Patricia MacDonald.

Internet and Computer

Training. 8 p.m. at Martha Washington Library. One-hour session with a technology volunteer for help with basic computer skills, and navigating the Internet. Call 703-768-6700.

WEDNESDAY/AUG. 13

English Conversation. 10:15 a.m. at Kingstowne Library. A conversation group for adults learning English to practice together.

Rising Words, Rising Images. 10:30 a.m. at Sherwood Library. Book discussion: "A Lesson Before Dying" by Ernest Gaines. For ages 13-18.

KNCAA Book Group. 2 p.m. at Kingstowne Library. "The Five People You Meet in Heaven" by Mitch Albom. Meet next door at Kingstowne Center for Active

Second Tuesday Book Group. 7 p.m. at Kingstowne Library. Call branch for title.

THURSDAY/AUG. 14

English Conversation. 2 p.m. at John Marshall Library, 7 p.m. at Kingstowne Library. A conversation group for adults learning English to practice together.

Make It and Take It. 2 p.m. at Martha Washington Library. Create one-of-a-kind accessories for pets. Age 12-15.

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Monthly Networking

Feb 13, 5:30-7:00 pm @ Hampton Inn Mt Vernon Mar 13, 5:30-7:00 pm @ Good Shepherd Housing

MOUNT VERNON-LEE CHAMBER OF COMMERCE 6821 Richmond Highway / Alexandria, VA 22306

Good Shepherd Catholic Church Mass Schedule

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Saturday Evening 5:00 pm Vigil Mass 6:30 pm Vigil Mass (en Español) Sunday

Sunday 7:30 am; 9:00 am (with Sign Language Interpreter & Children's Liturgy of the Word); 10:30 am; 12:00 Noon; 2:00 pm (en Español); 6:30 pm Weekday & Saturday
Mornings: 9:00 am Mass, followed by Rosary (on First Friday, Mass followed by Eucharistic Adoration)
Thursday & First Friday of the Month:
7:30 pm Mass en Español

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News



The Residential Studio Committee, pictured here in January, has been disbanded and the residential studio amendment was tabled at the July 30 meeting of the Planning Commission.

Commission Tables Studio Amendment

Discussion on affordable housing likely to continue.

By Janelle Germanos The Gazette

lthough more than 15 public meetings and seven committee sessions have been held since Oct. 13, the Fairfax County Planning Commission voted unanimously last week to table the proposed Residential Studio Amendment, which would have provided apartments to residents working low-income jobs.

"It was unlikely that the Residential Studio Committee would reach consensus about the proposed use. There were several unresolved issues, such as the districts in which RSUs should be permitted, the potential scale of the use, potential modifications and waivers under the special exception process, and the potential for impacts on surrounding properties," said Tim Sargeant, an at-large member of the Planning Commission and chair of the Residential Studio Committee, at the July 30 meeting.

The Residential Studio Committee was created following the Board of Supervisors authorization of a Zoning Ordinance Amendment in July 2013. This would have allowed these efficiency apartments of at least three per building and not more than 80, to be designated for at least 80 percent of residents in any building who make less than \$45,000 per year, or more than 60 percent of the median income of the area.

The committee, however, has been disbanded.

"It became apparent that additional dialogue is necessary regarding affordable housing," Sargeant said.

At the community meetings, many residents voiced concerns with the amendment, including where the RSUs would be built.

"It is not an easy discussion, but it is necessary. Our region and county population continue to increase and our workforce economy continues to change. The discussion of affordable housing is likely to come up again as we continue to look at ways to manage growth and meet the housing needs of future generations," Sargeant said.

"I just wanted to say that this is a beginning, not an end. It's an important discussion. It's a critical topic for the county and for young professionals and for people of limited income. I hope we will not allow the report to languish and find a way to make these concepts reality," Janyce Hedetniemi, at-large member of the planning commission, said at the

According to a December 2013 study conducted by George Mason University's Center for Regional Analysis, 548,298 housing units need to be added to the Washington, D.C. area in order to support the region's 857,334 net new jobs, which will be added from 2012 to 2032. This includes entry-level positions and other low-wage jobs.

THE STUDY ALSO FOUND that the housing for the workers needs to be affordable, with a requirement of 44.1 percent of the new housing units to be less than \$1,250 per month.

According to the Northern Virginia Affordable Housing Alliance, in 2013, a person earning minimum wage would have to work three full-time jobs that pay \$7.25 per hour in order to afford an efficiency apartment in the county.

The Fairfax County Department of Housing and Community Development is expected to announce an \$8.8 million fund for affordable housing projects within the county in early August. This combination of local and federal funds will work to provide workforce housing and low-income housing for seniors, homeless and those with disabilities.

VOLUNTEER OPPORTUNITIES

Volunteer Advocates for Nursing Home & Assisted Living Residents needed throughout

Northern Virginia. Contact the Northern Virginia Long-Term Care Ombudsman Program at www.fairfaxcounty.gov/dfs/ olderadultservices/ltcombudsman/, email or email Lisa.Callahan@ fairfaxcounty.gov or call 703-324 5861, TTY 711.

The Adult Day Health Care Centers need marketing assistants. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults

and click on Volunteer Solutions On-Call IT Specialists to help older adults and adults with disabilities with basic computer issues. Schedule is flexible. Call 703-324-5406. TTY 711 or visit www.fairfaxcounty.gov/ olderadults and click on Volunteer Solutions.







News





The Back Porch offers a selection of furniture, household goods, clothing and vintage collectibles and treasures. All proceeds from the store stay in the local community. Whether shopping at or donating items to UCM's thrift store, community members are helping our local community and other community members.

UCM's Expanded Back Porch Thrift Store Opens

nited Community Ministries celebrated the opening of its newly designed and relocated Back Porch Thrift Store with a ribbon-cutting celebration on Friday, July 25. The newly designed and expanded retail space is at the Sacramento Shopping Center on Richmond Highway at 8794 Sacramento Drive. The store officially opened its doors to the public on Saturday, July 26.

The new location features a more spacious, improved store layout, with ample parking and convenient donation drop-off behind the store. A storewide grand opening sale continues through Aug. 15.

The opening celebration was hosted by The Friends of UCM, a volunteer membership organization that builds community spirit through fundraising and public awareness activities.

The Back Porch Thrift Store represents the beginning of UCM, which is celebrating its 45th year of service to the community. In the early 1960s, church members began bringing winter clothing to Mount Vernon Presbyterian Church for donation to members of the Gum Springs community. When UCM was incorporated in 1969, the agency

took over the collection and distribution of not only clothing but household items as well. During the 1980s, the store was housed in what is now the main office for UCM on Fordson Road. The store moved in 1992 to the Crossroads Shopping Center in Hybla Valley. The move to the new location on Richmond Highway starts a new chapter.

Every year, UCM provides an average \$30,000 in vouchers to clients who are struggling to make ends meet. In addition to affordable shopping, the store provides a place for people to train and learn new skills. The Back Porch Thrift Store address is 8794-D Sacramento Drive, Alexandria. Donation hours are Monday to Saturday from 10 a.m. – 5 p.m., See www.backporchthrift.org.

The store is open for shopping Monday - Saturday 10 a.m. - 6:30 p.m., and Sunday noon - 6:30 p.m. Scheduled pickup for large donations is available via the online form at the store website.

The store has launched a new "Back Porch Thrift Store" Facebook page for supporters and shoppers at: www.facebook.com/BackPorchThrift.



UCM hosted a ribbon-cutting celebration on Friday, July 25 to open the new Back Porch Thrift Store location at Sacramento Shopping Center. Pictured from left are: Store Manager Emma Martin, Architect Anila Angjeli of ALine Architecture, President Lou Genuario of Genuario Construction, Mount Vernon Supervisor Gerry Hyland, UCM Board President Gigi Hyland and Mount Vernon-Lee Chamber of Commerce Chairman Ashley McNeff Behrens.



Exterior view of the new Back Porch Thrift Store at the Sacramento Shopping Center.

Photos Contributed The cashier area in the new Back Porch Thrift Store.



Preventing Sports Injuries How to keep kids safe while they're having fun.

BY MARILYN CAMPBELL THE GAZETTE

s students prepare to return to school, one activity many look forward to is sports. While the benefits of athletic activities are numerous, however, so are injuries.

Statistics released by Safe Kids Worldwide, an organization dedicated to preventing injuries in children, show that more than 38 million U.S. children and adolescents ages 19 and under participate in sports each year. More than 2.6 million of those children were seen in emergency rooms for injuries related to sports and recreation.

"Injuries will never be 100 percent preventable and are part of sports. However, many youth sports injuries are preventable with some common sense."

> — Shane V. Caswell, Ph.D., **George Mason University**

"I believe the benefits of sports participation far outweigh the risks. Injuries will never be 100 percent preventable and are part of sports. However, many youth sports injuries are preventable with some common sense," said Shane V. Caswell, Ph.D., professor and Athletic Training Education Program executive director at the Sports Medicine Assessment, Research & Testing (SMART) Laboratory at George Mason University in Fairfax.

The most common sports-related issues are sprains (mostly ankle), muscle strains, bone or growth plate

injuries, repetitive motion injuries and heat-related illnesses.

"Children's bones are more pliable than adults', and injuries that might just cause a sprain in an adult could cause a fracture in a child," said Dr. Derek Ochiai, Hip Arthroscopy & Sports Medicine at the Nirschl Orthopaedic Center in Arlington. "If the child refuses to bend their wrist or elbow or cannot put weight on their leg, then this should be urgently seen by a physician, whether in the emergency room or in the doctor's office, within a day of the injury."

Ochiai said sports are ideal for developing a child's coordination and helping them learn teamwork and perseverance. However, he continued, all sports carry a risk of injury. "The most common sports associated with injuries include football, basketball, baseball/softball and soccer," he said. "Any sport that involves colliding with another player does increase the risk of injury."

PARENTS, GUARDIANS AND CARETAKERS can take active roles in helping to prevent injuries, said Caswell. "To

help ensure that their children are safe, parents need to take ownership of their child's safety," he said. "We can begin with the first question parents should ask when choosing a youth league or sports association: Who in the organization is responsible for league safety and what is the plan?"

Youth sports organizations should take precautions to ensure safety, continued Caswell. "It need not be someone with medical knowledge, but it should be a con-



Photo Courtesy of Nirschl Orthopaedic Center

Dr. Derek Ochiai treats a young patient at the Nirschl Orthopaedic Center in Arlington. More than 2.6 million children sustain sports-related injuries that require emergency care each year.

cerned parent or volunteer who makes safety the number one priority."

Parents should then ask to see the league's youth safety policies and procedures manual and emergency action plans specific to all venues where the children will practice and compete, he said

"Unfortunately, we have seen too many instances where an emergency situation occurs and no one knows what to do," Caswell said. "Youth sports organizations should have these policies in place, require that coaches be educated on them and make parents aware that they exist. They should be reviewed annually and practiced regularly so that when an emergency occurs everyone is prepared."

STRETCHING TO MAIN-TAIN muscle flexibility is also important to prevent sports injuries in children, said Skye Donovan, Ph.D., associate professor of physical therapy at Marymount University in Arlington.

"As children go through growth spurts, their muscles are at an increased risk of becoming tight and limiting their range of motion, which can pose a problem during sports," she said. "Strength training is a great way to help children resist injuries. It doesn't have to be the typical 'go to the weight room' type of strength training; children can do sports-specific activities that use their own body weight or resistance bands to help target underdeveloped muscles that might otherwise lead to injuries. Agility training is also helpful to improve sports related skills like coordination, cutting, changing directions and high speed

Ochiai underscores the importance of using protective gear, including helmets. "Listen to coaches and instructions on technique, and use proper techniques at all times, including with tackling in football," he said. "Make sure the young athletes stay hydrated, and have access to water frequently. Even at young ages, include appropriate warm up drills prior to starting the activity.'

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News



Firefighters from Engine 414 show off their toys to interested children. An important part of Crime Solvers 5K was to educate the community about crime solving and strengthening the law enforcement-citizenship relationship.



Runners and supporters gather around for the awards ceremony after

Crime Solvers Holds 5K, Raises Money

In the second year, the race has gained momentum, more runners, and two vendors.

By Phoebe McPherson THE GAZETTE

arly Saturday morning, runners and walkers alike descended onto Fairfax Government Center for the second annual Crime Solvers 5K and helped raise money for Fairfax Crime Solvers.

"[We're] just a partnership to keep our community safe," Fairfax County Crime Solvers President and Chairman Jody Donaldson said.

Erin Taylor of Arlington placed first for females with a time of 18:07, and Nahom Meafin of Fairfax placed first overall with a time of 15:59.

Crime Solvers also added the "Public Safety Challenge," between the Sheriff Department, Fire Department and Police Department. Community members could choose to affiliate with one of the departments while registering to be a part of the competition. The group with the most participation won the title and trophy of Public Safety Challenge winner, which would later go to the Fairfax Fire Department along with a sizeable trophy. The top four finishers (minimum: one female and one male) being Andrew Coston, 25, of Ashburn, Brad Meletti, 31, of Fairfax, Sam Grav, 47, of Fairfax and Melanie Jenkins, 35, of Vienna.

But two long-time friends and runners proved that age is but a number in the running community: 77-year-old Chan Robbins of Arlington and 89-year-old Dixon Hemphill of Fairfax Station stood together

after the race and during the awards ceremony.

"We've been friends for years," Hemphill said. "We met through races."

They've been running together ever since. Robbins was the first in his age division with a time of 28:33. Hemphill was the sole runner in his division with a time of 49:37. The crowd erupted in cheers and applause when he walked up to receive his accolade and award during the awards ceremony.

Both have been running for roughly 40 years.

"I've been running for almost 39 years,'

Robbins said with a smile.

Fairfax Crime Solvers was founded in Police Department and Sheriff just three 979 and is the oldest branch of the orga- days later nization in the state. The nonprofit endeavors to bridge the gap between law enforcement agencies and citizens, especially in respect to unsolved crimes through the use of an anonymous tipping service.

The event as well became a jumping off



Fairfax resident and firefighter, Samuel Gray, walks through the crowd with his two daughters. He placed third in his age group for males with a time of 20:59.

two vendors.

"It's an opportunity to remind people that

In the second year of production, the race

has gained momentum, more runners, and

public safety is a partnership with our com-

munity," Donaldson said.

Long-time friends Dixon Hemphill of Fairfax Station (right) and Chan Robbins of Arlington (left) stand together after the awards ceremony — both of them winning their age categories. Hemphill, 89, was the sole runner in the age group over 80. point for National Night Out with the Fairfax

"Capital Area Running put on the event this year, helping with fundraising," Donaldson said, Vendors, Rita's and Foster's Grille were there also. "We raised over \$4,000 for the program ... we're hoping to make more than that that [this year]."

For more information about Crime Solvers and how to get involved, go to www.fairfaxcrimesolvers.com

CRIME

The Following information was provided by the Mount Vernon District Police Station.

SAFETY PATROL

In the month of August, officers from the Mount Vernon Police District as well as motorcycle officers from the Operations Support Bureau will be actively patrolling the Mount Vernon District concentrating on traffic and pedestrian related infractions.

The goal during this enforcement effort is to identify and deter aggressive driving behavior, while enhancing the safety of those traveling the Route 1 corridor, both in vehicles and on foot. On certain days in August, citizens might notice a significant presence of uniformed officers enforcing traffic safety laws and stopping pedestrians who improperly cross the roadways.

BURGLARY, 7800 block of Richmond Highway, Aug. 6. An employee reported someone entered the business and took property.

ROBBERY, Oriole Lane/Dove Drive, Aug. 1, 9:40 p.m. The victim was walking when she was approached from behind by a man. The suspect pushed the woman to the ground and took her purse. The victim did not require rescue. The suspect was described as black, 30-40s, and about 6 feet to 5 feet 11 inches tall with a skinny build.

UNLAWFUL ENTRY, 8505 Highland Lane, Aug. 1, 5:17 p.m. Police responded to an alarm in classroom trailers at Woodlawn Elementary School. Three Alexandria-area juveniles were taken into custody and charged with unlawful entry and destruction of property.

BURGLARY, 6600 block of Wakefield Drive, Aug. 1. A resident reported someone entered the residence and took property.

BURGLARY, 6900 block of Columbia Drive, Aug. 2. A resident reported someone entered the residence and took property.

UNLAWFUL ENTRY, 6825 Richmond Highway, July 31. An employee reported someone entered the business. Nothing was stolen.

BURGLARY, 7900 block of Sausalito Place, July 28. A resident reported someone entered the residence and took property.

LARCENIES

6500 block of Hillside Lane, wallet from location

9400 block of Brookmay Court, ring from residence

8300 block of Brockham Drive, li-

cense plate from vehicle 7700 block of Richmond Highway,

purses from vehicle

7900 block of Richmond Highway, electronic device from business

8100 block of Tis Well Drive, wallet from vehicle

7900 block of Audubon Avenue, bicycle from residence

7900 block of Audubon Avenue, cell phone from residence

1600 block of Belle View Boulevard,

merchandise from business

3800 block of Great Neck Court, jewelry from residence

6700 block of Richmond Highway, beer from business

7400 block of Richmond Highway,

wallet from business 8000 block of Richmond Highway,

cell phone from business 2000 block of Belle View Boulevard,

wallet from business

7400 block of Mount Vernon Square Center, merchandise from business

6300 block of Richmond Highway,

merchandise from business

7700 block of Richmond Highway, merchandise from business

8500 block of Richmond Highway, license plate from vehicle

1600 block of Belle View Boulevard, detergent from business.

900 block of Dewolfe Drive, bicycle from residence 6000 block of Richmond Highway,

tires from vehicle 6300 block of Richmond Highway,

merchandise from business 6700 block of Richmond Highway,

beer from business 7700 block of Richmond Highway,

tools from vehicle 7700 block of Richmond Highway, wallet from business

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the way. 2. not appreciated

or understood. 3. no longer

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Bulletin Board

Musicians are invited to join the **Mount Vernon Community Band**.

Rehearsals are Tuesday 7:30-9:30 p.m. in the Mount Vernon High School band room, 8515 Old Mount Vernon Road. There are no auditions. The Mount Vernon Community Band is a nonprofit community service organization that has performed in the Mount Vernon area since 1978. 703-768-4172 or

www.mvbands.com

Alzheimer's Association support groups provide a place for people with Alzheimer's, their caregivers, family members, and/or friends to share valuable information, caregiving tips and concerns throughout the Alzheimer's journey. Groups are facilitated by trained group leaders and are ongoing, free and open to the community. There is a meeting on the second Thursday of the month at 7:30 p.m. at Good Shepherd Catholic Church, 8710 Mount Vernon Highway. Call the Alzheimer's Association 24/7 Helpline at 703-359-4440 or 800-272-3900 before attending for the first time to verify meeting information. A complete list can be viewed at www.alz.org/nca.

Training Courses. The American Red Cross in the National Capital Region will host training courses in CPR, First Aid, and AED in the Alexandria and Fort Belvoir offices. These classes offer a two-year certification. Classes range from \$70-\$110 and are available Tuesdays, Wednesdays, Thursdays or Saturdays. Advance registration is required. To register for a class or find another class in your area, call 1-800-RED-CROSS or visit redcross.org/takeaclass.

The Boy Scout Troop 1906 is

seeking members. They meet every Saturday morning at 9 a.m. at Bethlehem Baptist Church Parsonage, 7836 Fordson Road. Visit www.boyscouts-ncac.org/colonial.



Special Pullout Tab Community & Newcomers Guide August 27, 2014

The annual Newcomers and Community Guides for each of our 15 communities with inside facts on what makes each community special, their secret places, the real power players, how to get involved and more.

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NOTICE OF PUBLIC HEARING

LEGAL NOTICE

Pursuant to the provision of section 4-1-16 of the code of the City of Alexandria, the Alexandria Police Department located at 3600 Wheeler Avenue, Alexandria, VA 22304 is now in possession of unclaimed bicycles, mopeds, lawn equipment, money, scooters, and other items. All persons having valid claim to the property should file a claim to the property with reasonable proof of ownership or the items will be sold, destroyed, converted or donated. For a complete listing go to http://alexandriava.gov/police/and contact the Police Property Section at (703) 736-8799 NOTICE OF PUBLIC HEARING is hereby given that Alexandria Renew Enterprises (AlexRenew) will hold a PUBLIC HEARING on its PRELIMINARY BUDGET for the FISCAL YEAR ENDING SEPTEMBER 30, 2015 on Tuesday, Septem-YEAH ENDING SEPTEMBER 30, 2015 on Tuesday, september 16, 2014 at 6:00 p.m. The meeting will be held at AlexRenew's Administrative (J) Building located at 1500 Eisenhower Avenue, Alexandria, VA. The preliminary budget is available for examination by the public online at www.alexrenew.com and during regular business hours at the above address. Copies will be made available upon request – phone (703) 549-3381 ext. 2260. July 31st and September 4th

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> -Werner Heisenberg

Elizabeth Taylor Dunn Hooff



Elizabeth Taylor Dunn Hooff, 97, died at The Goodwin House. Bailey's Crossroads, in Falls Church, Virginia on Friday, August 1, 2014.

Mrs. Hooff was born in Bristol, Pennsylvania in 1917, daughter of Houston Dunn and Elizabeth Elmslie Taylor. She was one of nine children. She graduated in 1936 from Agnes Irwin School in Rosemont, Pennsylvania. She met her husband Charles Rapley Hooff, Jr. in Philadelphia. On October 14, 1938, they were married at Holy Trinity Episcopal Church in Philadelphia.

When he joined the US Navy, she initially lived in Newport, RI and later moved to Alexandria to be with his family. Most of her 72 years in Alexandria was at "The Hooff Cottage" near the Seminary Hill.

Professionally she began her career as a stock broker with Rouse, Brewer, Becker and Bryant in the 1960's. There were very few female stock brokers then. Later that experience gave her an opportunity to be the first female Director on the Board of The Burke and Herbert Bank.

She belonged to the Mount Vernon Chapter of the National Society of the Daughters of the American Revolution; the Historic Alexandria Foundation; and the Hunting Creek Garden Club where she was active in the Christmas workshop, making wreaths of boxwood. Mrs. Hooff was very active during the formation of the

American Horticultural Society. She was a member of the Belle Haven Country Club; the Old Dominion Boat Club; the City Tavern Club; and the Campagna Center of Alexandria, where she enjoyed learning French for many years. She was for many years one of the hostesses of The Alexandria Assembly. She was a member and supporter of The Twig, which provides for the Alexandria Hospital.

She is survived by two children and five grandchildren: Charles Rapley Hooff III and wife Gudrun K. Hooff, of Belmont Bay, Lorton; and Caroline Taylor Hooff Bierman Norman and husband James T. Norman, of Alexandria.

The five grandchildren are Maremi and husband Philip Anderozzi, of Alexandria; Churchill Hooff and wife Jennifer, of Alexandria; G. Stephen Bierman Jr. and wife Olga, of Moscow, Russia; Janney and husband Willy Jay, of Alexandria; and Carlyle and husband Daniel Casella, MD, of Nashville, Tennessee, There are twelve (12) great grand-children.

The service will be at St. Paul's Episcopal Church, 228 South Pitt Street, Alexandria on Tuesday, August 12, 2014 at 11:00 AM. The interment at Ivv Hill Cemetery, 2823 Kings Cloister Circle, Alexandria, will follow the service. The family will receive friends following the interment.

There will be a visitation on Monday evening August 11 from 6:00 PM to 8:00 PM at Everly Wheatley Funeral Home, 1500 West Braddock Road, Alexandria.

Memorials may be made to the St. Paul's Episcopal Church Foundation, 228 S. Pitt Street, Alexandria 22314, or the Virginia Theological Seminary, 3737 Seminary Road, Alexandria 22304, or the TWIG Foundation for Alexandria Hospital, 4320 Seminary Road, Alexandria 22304 or any organization in which she was active.

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News



Kira Baugh and her dog Riley, members of the Krazy for K9s 4-H Dog Training Club, demonstrate advanced agility techniques at the Fairfax County 4H Fair on Aug. 3.

County Fair Held at Frying Pan



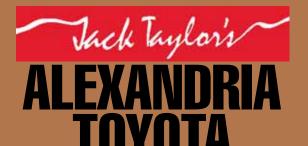
Isobel Cobb, with the Krazy for K9s 4-H Dog Training Club, competes with her dog Juno at the 2014 Fairfax County 4-H Fair Dog Show on Aug. 3.



Fairfax County 4-H Fair King, Isaac Green, member of the Hoofers and Heifers 4-H Club and Airelle Ampeh, participate in the closing ceremony of the 66th Fairfax County 4-H Fair on Aug. 3.



And the 66th Fairfax County 4-H Fair is officially opened: Fairfax County 4-H Fair Board members and invited guests cut a ribbon to mark the opening of the Fair at Frying Pan Farm Park. From left: 4-H Fair King Isaac Green, Alina Ampeh, Fair Board, Esther Williams, Fair Board, 4-H Fair Queen Arielle Ampeh, Fairfax County Board of Supervisors Chairman Sharon Bulova, state Sen. David Marsden, U.S. Rep. Gerry Connolly, state Sen. Chap Petersen, Supervisor Cathy Hudgins (D-Hunter Mill), state Del. Kenneth Plum and Sam Nagurny, Fairfax County 4-H Extension



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