

Potomac ALMANAC

In 2012 in Montgomery County, there were 2,019 deer-vehicle collisions serious enough to report to police. County Council voted last week to expand the area open to bow hunters.

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NEWS

A Dream That Came True

Free health care clinic founded by Potomac residents.

BY SUSAN BELFORD
THE ALMANAC

Fourteen years ago, Mercy Health Clinic was established in Gaithersburg with the mission to provide “quality health care from the heart for those in need.”

The free health care clinic was the dream of Potomac residents who served on the Social Concerns Committee of Our Lady of Mercy Catholic Church. Over the course of two years, with the philosophy that “we never thought that we couldn’t succeed,” they turned their dream into a reality — helping more than 30,000 Montgomery County residents who otherwise might not have received medical attention.

Mercy Health Clinic serves adults without health insurance. Each year, more than 2,000 low-income people are able to see a doctor, pick up a prescription, schedule a required screening or attend a health education class free of charge. Some of the clinic’s partners include Shady Grove Adventist Hospital,



Alvina Long

PHOTO BY SUSAN BELFORD/THE ALMANAC

Quest Laboratories, Roberts Oxygen, Roberts Home Medical, Community Radiology, PNI Open MRI, Washington Radiology, Georgetown University Radiology, Shady Grove Radiology, Progressive Imaging, Seneca Physical Therapy, Catholic Charities Health Care Network and Project Access.

“Mercy Health Clinic asks for no payment in return for the medical services it delivers,” John Kleiderer, executive director of the Mercy Health Clinic said. “Yet many transactions take place every day we’re open. Our patients bring their illnesses and anxieties, and they exchange them for specialized care and renewed hope.

They bring their pain and sometimes their tears. They leave with comfort and a caring smile. In each and every case, the people we treat leave behind more than they take. Their overwhelming gratitude is palpable and it keeps our volunteers energized and uplifted.”

Mercy Health Clinic has many Potomac connections since its creation. Alvina Long, one of the founders of the clinic, had served on the Social Concerns Committee for many years. She explained how and why the committee chose to launch the clinic: “In 1998, our church was adding an \$8 million edi-

SEE MERCY HEALTH, PAGE 11



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Culling the Safety Zone

Council permits archery hunting within 100 yards of homes, down from 150 yards, in an effort to reduce the number of deer.

BY KEN MOORE
THE ALMANAC

George Leventhal testified last year about his Beltway drive home from work on Nov. 5, 2007. "A deer smashed through my window," the councilmember said in front of the Montgomery delegation to the Maryland General Assembly. "All of the bones on the left side of my face were shattered, my cheek, my nose and my jaw. I've had four facial reconstruction surgeries. People tell me I'm lucky."

On Tuesday, July 29, 2014, Montgomery County Council passed a bill to reduce the archery hunting safety zone in the county from 150 to 100 yards from "a dwelling house, residence, church or other building occupied by human beings."

The council's action follows a similar step with Maryland state law; the General Assembly passed a similar bill this past legislative session.

"There has been growing public support for addressing this issue in a sustained and comprehensive way," said councilmember Phil Andrews.

"We need to look at all methods available to us to address this issue before it gets completely out of hand," said Council President Craig Rice who co-sponsored the bill with Potomac's councilmember Roger Berliner.

Potomac resident Peggy Dennis testified before the council and the council's Public

Safety Committee this past month.

"What we are looking for is the opportunity of turning a sport into a public service by allowing skilled and safety conscious bow and arrow hunters to hunt in more people's backyards," she said.

There was no testimony in opposition to the bill last week.

MORE THAN 2,000 deer-vehicle collisions a year are reported to Montgomery County Police, according to the Maryland Department of Natural Resources. In addition to the 2,019 deer-vehicle collisions reported in 2012, 2,038 were reported in 2011; 1,930 in 2010; 1,945 in 2009; and 1,841 in 2008.

The numbers don't include collisions where police are not notified.

"It is a mind boggling number, so the urgency is extreme," said Leventhal. "This is one step among many that I think the county should be involved in."

Dr. John Hench, an expert on deer management with Park and Planning, spoke for 10 minutes before the council unanimously approved the bill.



ALMANAC FILE PHOTO

Collisions with cars, Lyme disease, crop and environmental damage from deer are all increasing.

"There are no predators in Maryland anymore except perhaps a few coyotes and, of course, the automobile. It is a tough nut to crack," he said.

"We believe it will allow for the greater use of a tool proven to be highly effective in removing white tailed deer from the land-

scape," Hench said, calling the practice safe when "practiced reasonably." "It does appear to us that archery has now gained more of an acceptance within the general public," he said.

SEE COUNCIL EXPANDS, PAGE 9

Archery Hunting: Safety Zone

Under Maryland and Montgomery County law, "a person, other than the owner or occupant, while hunting for any wild bird or mammal may not shoot or discharge any firearm or other deadly weapon within 100 yards, known as the 'safety zone,' of a dwelling house, residence, church, or other building or camp occupied by human beings without the specific advance permission of the owner or occupant.

"For archery hunters in Carroll and Frederick counties, the safety zone extends for 50 yards from a dwelling house, residence, church, or any other building or camp occupied by human beings. For archery hunters in Harford County, the safety zone extends for 100 yards.

"A person, while hunting for any wild bird or mammal, may not shoot or discharge any firearm within 300 yards of a school during school hours or when a school-approved activity is taking place. "During any open hunting season, a person, other than the owner or occupant, may not hunt or chase willfully any wild bird or mammal within the safety zone without the specific advance permission of the owner or occupant.

— FROM COUNTY COUNCIL DOCUMENTS

Beyond Archery: Sharpshooting and Managed Hunts in County Parks

What is a managed hunt?

A managed hunt is a controlled deer hunt for the purpose of reducing and or maintaining deer numbers on parklands for the benefit of natural ecosystems, local farmers, citizen landscapes, reducing deer vehicle collisions and an overall reduction of deer human conflict.

Have there ever been any major injuries as a result of the managed hunting program?

No, since its inception, the managed hunting program has been strictly monitored, and safety has remained paramount throughout. To date there have been no serious injuries to hunters or citizens. ... Safety is the number one priority, and there is a zero tolerance level for any behavior that could result in serious, negligent injury

What is the Park Police sharpshooting operation? The Park Police sharpshooting operation uses

sniper trained, M-NCPPC Park Police officers to effectively and efficiently remove deer from areas that are not conducive to hunting.

What is a sharpshooter?

A sharpshooter, in terms of deer management, is a highly trained individual capable of lethally removing a predetermined number of deer, in a humane manner, using specialized equipment (noise suppressed rifles) over a short period of time and under conditions not suitable to hunting (i.e. under the cover of darkness and in areas too small for safe hunting practices).

Park locations and closure dates for 2014 - 2015 managed deer hunting and Park Police sharpshooting operations will be announced soon.

SOURCE: http://www.montgomeryparks.org/PPSD/NaturalResourcesStewardship/Living_with_wildlife/deer/deerFAQs.shtm

Could the wound on this deer in Potomac have been caused by an arrow? Several people familiar with deer have said that it is possible but not certain.



PHOTO BY KEN MOORE/THE ALMANAC

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POTOMAC ALMANAC

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Newspaper of Potomac
A Connection Newspaper

An independent, locally owned weekly newspaper delivered to homes and businesses.

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Alexandria, Virginia 22314

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PUBLISHER

Mary Kimm
mkimm@connectionnewspapers.com
@MaryKimm

EDITORIAL

PHONE: 703-778-9415
E-MAIL:
almanac@connectionnewspapers.com

EDITOR

Steven Mauren, 703-752-4013
smauren@connectionnewspapers.com

SPORTS EDITOR

Jon Roetman,
703-224-3015
jroetman@connectionnewspapers.com
@jonroetman

CONTRIBUTING WRITERS

Susan Belford, Carole Dell,
Cissy Finley Grant, Carole Funger,
Colleen Healy, Kenny Lourie,
Ken Moore

Contributing Photographers

Harvey Levine, Deborah Stevens

Art/Design:

Laurence Foong, John Heinly
Production Manager
Geovani Flores

Special Assistant to the Publisher

Jeanne Theismann
703-778-9436
jtheismann@connectionnewspapers.com
@TheismannMedia

ADVERTISING

For advertising information
e-mail:
sales@connectionnewspapers.com

ACCOUNT EXECUTIVES

Display Advertising:
Kenny Lourie 703-778-9425
klourie@connectionnewspapers.com

Andrea Smith 703-778-9411

Classified Advertising
asmith@connectionnewspapers.com

Debbie Funk

National Sales & real Estate
703-778-9444
debfunk@connectionnewspapers.com

Jerry Vernon

Executive Vice President
jvernon@connectionnewspapers.com

Potomac Almanac is published
by Local Media Connection LLC

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Email announcements to almanac@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

MONDAY/AUG. 11

Grief Expression through Art. 6:30-8 p.m. at Montgomery Hospice, 1355 Piccard Drive, Rockville. A two-session workshop (Aug. 11 and 18) for anyone grieving the death of a loved one, no art experience needed. Free and open to all Montgomery County residents, registration required. Call 301-921-4400 to register.

WEDNESDAY/AUG. 13

Making the Most of Networking. 3:30-5:30 p.m. at Maryland Women's Business Center, 51 Monroe St., Rockville. Learn specific networking strategies for before, during and after an event. \$20. Visit www.marylandwbc.org/rwbc-workshops-seminars/ for more.

THURSDAY/AUG. 14

ABCs of Starting a business. 1-4:30 p.m. at Maryland Women's Business Center, 51 Monroe St., Rockville. Learn more about the steps involved and discover the resources available to support starting a business. \$10. Visit <http://www.marylandwbc.org/rwbc-workshops-seminars/> for more.
Grieving Workshop for Men. 6:30-8 p.m. at Montgomery Hospice, 1355 Piccard Drive, Rockville. A three-session workshop (Aug. 14, 21 and 28) about picking up the pieces through grieving led by men for men. Free and open to all Montgomery County residents, registration required. Call 301-921-4400 to register.

FRIDAY/AUG. 15

Citizen Academy Application Deadline. A series of 18 classes for anyone 18 or older to teach people about criminal law, conflict negotiation, forensics, crime prevention, collision reconstruction, Maryland traffic laws and investigations. Classes run Sept. 16-Feb. 3 on Thursday evenings, 7-9:30 p.m. at the Public Safety Training Academy, 9710 Great Seneca Highway, Rockville. Visit www.mymcpnews.com/2014/07/30/applications-being-accepted-now-for-upcoming-police-citizen-academy/ for more.

THURSDAY/AUG. 21

Grief and Healing Discussion. 1:30-3 p.m. at Montgomery Hospice, 1355 Piccard Drive, Rockville. Join a drop-in discussion about grief and healing for anyone mourning the death of a loved one. Free and open to all Montgomery County residents, registration required. Call 301-921-4400 to register.

FRIDAY/AUG. 22

Nomination Deadline. The Montgomery County Office of Human Rights is accepting nominations for its Human Rights Hall of Fame. This year's theme is advancing new strategies for human and civil rights. Nominations should be individuals, living or deceased, whose ongoing work, service and contributions have had a positive effect on human and civil rights in the county. Nomination forms are available online at www.montgomerycountymd.gov or by calling the Office of Human Rights at 240-777-8456.



Waltz Dance at Glen Echo

The band (from left) Barbara Heitz, Andrea Hoag, Ralph Gordon and Liz Donaldson perform Sunday, Aug. 3, at the Waltz Dance in the Spanish Ballroom at Glen Echo Park.



Linda Rowan and Peter Lyster

PHOTOS BY
DEBORAH STEVENS
THE ALMANAC

Bill Rucker and Linda Voss



SATURDAY/AUG 23

Back to School Fair. 11 a.m.-2p.m. at the Carver Educational Services Center, 850 Hungerford Drive, Room 123, Rockville. An opportunity for families to learn about the school system, and county programs and services, while enjoying a wide range of entertainment. There will also be a section for kids to get any vaccinations needed before school starts, by appointment only. Free. Visit <http://news.montgomeryschoolsmd.org/> to make an appointment and more.

TUESDAY/AUG. 26

First Day of School. Montgomery County Public Schools. Visit www.montgomeryschoolsmd.org.
De-mystifying Digital Organizing. 10 a.m.-noon at Maryland Women's Business Center, 51 Monroe St., Rockville. Learn to track prospects, clients and store information using a customer relationship management tool and a productivity application, Evernote. \$15. Visit www.marylandwbc.org/rwbc-workshops-seminars/ for more.
Hospice Workshop. 6:30-8 p.m. at Montgomery Hospice, 1355 Piccard Drive, Rockville. Learn about grieving mindfully, for anyone mourning the death of a loved one. Free and open to all Montgomery County residents,

registration required. Call 301-921-4400 to register.

WEDNESDAY/SEPT 3

Applications Due. The Montgomery County Council is accepting applications for a position on the County Planning Board. Applications are due by 5 p.m. on Sept. 3. Visit www.montgomerycountymd.gov.

THURSDAY/SEPT. 4

Journaling and Grief Workshop. 6:30-8 p.m. at Montgomery Hospice, 1355 Piccard Drive, Rockville. A two-session workshop (Sept. 4 and 11) focusing on the use of journaling as a technique to address grief. Led by Hospice professional counselors. Participants must plan to attend both sessions. Free and open to all Montgomery County residents, registration required. Call 301-921-4400 to register.

TUESDAY/SEPT. 9

Grief and Healing Discussion. 6:30-8 p.m. at Montgomery Hospice, 1355 Piccard Drive, Rockville. Join a drop-in discussion about grief and healing for anyone mourning the death of a loved one. Free and open to all Montgomery County residents, registration required. Call 301-921-4400 to register.

GUIDE DOG FOSTERS NEEDED

Guiding Eyes for the Blind – Montgomery Region is looking for volunteers to foster and train future guide dogs. Volunteers will foster a specially bred guide dog for 14 months, attend bi-monthly training classes, and teach the pup house manners, people skills and socialization within the community. Dog crates, training equipment and monthly medications are provided. Contact Margie Coccodrilli at 301-869-2216 or gebraiser@comcast.net or visit www.guidingeyes-md.org.

SUPPORT GROUPS

Adult Bereavement Groups. Dates and times vary depending on group members. Hospice Care, 518 S. Fredrick Ave. Gaithersburg. Peer driven support groups in those in need of support. Free. Contact Penny Gladhill at 301-990-8904, or Pennyg@hospicecaring.org.

ELECTION JUDGES NEEDED

The Montgomery Board of Elections needs election judges with basic IT and customer service skills to serve during the Nov. 4 general elections. The board is in particular need of judges who are

SEE BULLETIN BOARD, PAGE 11

WWW.CONNECTIONNEWSPAPERS.COM

OPINION

Help with Newcomers And Community Guide

Our 2014 Insider's Edition Newcomers and Community Guide will publish the last week of August.

What tips do you have for someone getting to know your community? What do you wish you had discovered sooner?

We're hoping to share the special places, activities, events, organizations, volunteer opportunities and more that make each community what it is. Tell us your favorite park; let us know what events are not to be missed. Give a shout out to organizations that do a great job. Share your best volunteer experiences. Do you have tips for navigating your PTA or your school's front office? We'd love to have your photos to go along with your suggestions.

Faith organizations, nonprofit organizations, clubs, environmental groups, advocacy groups, youth sports teams and others who offer events open to the public are invited to send a paragraph about your organization and how to get involved. We will publish a selection of local tips along with a plethora of information useful to newcomers and long-time residents alike, including our award-winning Insider's Guide to the Parks, information on how to vote and more. See last year's community guide by going to www.connectionnewspapers.com/PDFs/ and scrolling down to Newcomers.

Email tips and photos to almanac@connectionnewspapers.com. Send in your Insider's Tips by Thursday, Aug. 14. For advertising, call 703-778-9431 or email sales@connectionnewspapers.com.

— MARY KIMM,

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LET'S TALK Real Estate



by Michael Matese

What's New in Luxury Bathroom Trends

The luxury home market is one that is energetic and always changing at a quick pace to meet the unique needs of its clients. Over the past decade, the trend of defining what makes luxury has shifted dramatically—once, an abundance of square footage was the primary aspect of defining a property as a luxury home. Today, the market and clientele have adjusted their needs, wants and long-term goals when purchasing luxury real estate. The new definition of luxury home places more emphasis on the ease, comfort, convenience and magnificence of the home's details, features and amenities, rather than the space that they take up. One such paradigm shift happens in the bathrooms of luxury homes, with a trend towards the creation of a spa-like atmosphere in the comfort of one's own home on the rise in popularity. Instead of adding more square footage to a home to provide a sense of escape, luxury and indulgence, the current market trend is in maximizing the efficiency, luxury, and sumptuousness of the home's square footage: essentially, why build extra rooms when you could be making the most of the ones you already have? For the coming year, simple upgrades that are hot commodities are standing spas, heated tile flooring, towel warming drawers and stone countertops. These improvements can take any luxury home's bathroom to the next level, entice prospective owners, indulge the current residents of the home and add to the home's long-term value over time.

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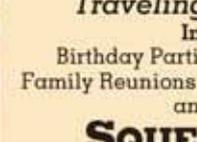
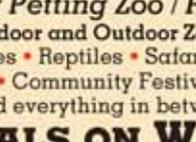






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ENTERTAINMENT

Email community entertainment events to almanac@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

Glen Echo Park's Summer Concert Series. Thursdays through Aug. 28., 7-9 p.m. Seats are provided in the Bumper Car Pavilion where free concerts will be held rain or shine. The Ballroom Cafe will be open or you can bring a picnic dinner. The

Dentzel carousel will also be open from 7-9 p.m., \$1.25/ride. This month enjoy:

- ❖ Aug. 7: Redwine Jazz
- ❖ Aug. 14: US Navy Band "Country Current"
- ❖ Aug. 21: Memphis Gold
- ❖ Aug. 28: U.S. Navy Band "Cruisers"

Art Exhibit. Through Aug. 8. "Botanica 2014: The Art & Science of Plants" at the Brookside Gardens Visitors Center, 1800 Glenallan Ave., Wheaton. Drawings and paintings by students and teachers in the Brookside Gardens School of Botanical Art & Illustration. Exhibit is free, although most works are available for purchase.

Children's Theater. Through Sunday, Aug. 10, Imagination Stage presents "The BFG" at the Lerner Family Theatre, 4908 Auburn Ave., Bethesda. Best for ages 5-10. Based on Roald Dahl's book about the big friendly giant, this play incorporates puppetry, visuals and storytelling. Tickets start at \$10. Visit www.imaginationstage.org or call 301-280-1660.

Faculty Invitational Exhibition. Through Aug. 10. Saturdays and Sundays, noon-6 p.m. at the Popcorn Gallery and Stone Tower Gallery at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Features works by Glen Echo Park Faculty members.

Free. Visit www.glenechopark.org.
Artist Talk. Fridays through Aug 17. 7-9 p.m. at Visarts, 155 Gibbs Street, Rockville. Talk with different artists about their exhibits Free. Visit www.visartsatrockville.org/gallery for a list of exhibits.

Conor McPherson's "The Veil." Through Sunday, Aug. 17, Fridays and Saturday, 8 p.m.; Sundays, 2 p.m. at The Writer's Center, 4508 Walsh St., Bethesda. Adults: \$30; Senior and Students: \$20. Visit www.brownpapertickets.com/event/722006 to purchase tickets.

Kids Night. Wednesdays through Aug. 20. 6:30-8:30 p.m. at Rockville Town Square, 30 Maryland Ave., Rockville. Musical performances and magic shows. Free. Visit <http://rockvilletownsquare.com/events/kids-night/> for more.

Movies on the Square. Thursdays through Aug. 21. at sundown (roughly 8:30 p.m.) at Rockville Town Square, 30 Maryland Ave., Rockville. Bring a lawn chair and family and friends for favorite films under the stars. Free. Visit <http://rockvilletownsquare.com/events/movie-night/> for more.

Art Exhibit. Through Aug. 25. Saturdays 1-4 p.m., Sundays 1-8 p.m. at Glen Echo, 7300 MacArthur Blvd., Glen Echo. Mimi Levine: Retrospective. Reception, Aug. 10. 4-6 p.m. Free. Visit www.glenechophotoworks.org for more.

Family Game Day. Tuesdays, through Aug. 28, 3 p.m. at Potomac Library. Bring the family and enjoy a family game day. Children 5 and up and their families. Free. Visit montgomerycountymd.gov.

Dance Concert. Through Aug 29. 5:30-8:30 p.m. at 3 Bethesda Metro Ctr., Bethesda. An outdoor concert with live music. Free. Parking \$2. Visit www.facebook.com/3BethesdaMetroCenterFreeOutdoorDanceConcerts/info for more.

Pinkalicious Show. Through Aug. 31. Most shows on Saturdays, Sundays and Mondays at Adventure Theater, 7300 MacArthur Blvd Glen Echo. Pinkalicious can't stop eating pink cupcakes and ends up turning pink. Visit www.adventuretheatre-mtc.org.

Art Walk in the Park. Every second Friday through October, 6-8 p.m. at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Artist demonstrations, refreshments, open studios and galleries. Free. Visit www.glenechopark.org for more.

Carousel Tours. 10:30 a.m. through Sept. 30; 3:30 p.m., Oct. 1 through April 30. Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. These tours give visitors a closer look at the park's fully-restored 1921 Dentzel carousel. Hear about the civil rights protests and the story of how the

town rallied together to save the carousel. Park history tours can be arranged by reservation only. Free. Visit nps.gov/glec.

Children's Discovery Benches. Afternoons in the Children's Classroom, Brookside Gardens, 1800 Glenallan Ave., Wheaton. Hands-on activities, games, books and puzzles fill the Children's Discovery Benches. Benches are available depending on staff and room availability. Visit www.brooksidegardens.org, or call 301-962-1400.

Late Night Comedy. Fridays (open mic night) and Saturdays (established comedians) at Benny's Bar & Grill, 7747 Tuckerman Lane, Potomac. Benny's is open 8 a.m.-1 a.m. Fridays and Saturdays. Visit www.BennysBarGrill.com.

Drop in Art Activities. Every Saturday 10 a.m.-12:30 p.m. in the Candy Corner Studio at Glen Echo Park, 7300 MacArthur Blvd., parents and children can explore a new art form or theme. \$10/child, parent combo. Drop-in only. Visit www.pgip.org for more.

Live Music & Dancing. 7-11 p.m. in Margery's Lounge, Normandie Farm Restaurant 10710 Falls Road, Potomac. Dance to the music of Barry Gurley on Fridays and Saturdays in Call 301-983-8838 or visit popovers.com for more.

SilverWorks Studio & Gallery. Wednesdays, Thursdays, Saturdays and Sundays, 10 a.m.-6 p.m. SilverWorks Studio & Gallery is a working silversmith studio and includes an ongoing exhibition, as well as sales of the work of artist-in-residence Blair Anderson. Free. Visit silverworksglenechopark.org.

Art Glass Center at Glen Echo. All day Wednesdays; Fridays, 10 a.m.-2 p.m.; Saturdays, 10 a.m.-4 p.m.; Sundays, noon-4 p.m. Art Glass Center, Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Sculpture, vessels, functional art, and jewelry are for sale. Classes are taught year-round for beginner, intermediate and advanced students. Visit artglasscenteratglenecho.org

Glen Echo Pottery. Through December, Saturdays and Sundays, noon-5 p.m. The Gallery shows the work of 29 individual potters and instructors at Glen Echo Pottery. Wheel-throwing demonstrations are offered most Saturdays and Sundays, noon-2 p.m. Children are welcome. Visit glenechopottery.com/gallery.

Yellow Barn Studio & Gallery. Saturdays and Sundays, noon-5 p.m. The Yellow Barn Studio & Gallery presents free exhibitions of emerging artists' work. Each weekend features the work of a different artist. Most artwork is also for sale. Visit yellowbarnstudio.com for more.

WEEKLY DANCES

Weekly Blues Dance. Thursdays 8:15-11:30 p.m. in the Back Room Annex at Glen Echo Park, 7300 MacArthur Blvd. Capital Blues presents rotating DJs and instructors with beginner workshop 8:15-9 p.m., no partner necessary. \$8 for all. Visit <http://capitalblues.org> for more.

Weekly Swing Dance. Saturdays, 8 p.m.-midnight. The DC Lindy Exchange presents a swing dance with live music in the historic Spanish Ballroom, Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Enjoy a beginner swing dance lesson at 8 p.m. (included in admission), followed by dancing until midnight. Admission is \$16-\$18; Aug. 30 admission for age 17 and under \$12. Visit www.glenechopark.org for more.

Argentine Tango with Lessons. Most Sundays 6:30-11 p.m. in the Back Room Annex at Glen Echo Park, 7300 MacArthur Blvd. Tango Brillante DC offers Argentine Tango lessons followed by a Milonga most Sunday evenings. Beginner lesson 6:30-7:30 p.m. and intermediate lesson 7:30-8:30 p.m. Cost is \$15/lesson and includes the Milonga that follows. For dancers who wish to attend just the Milonga, cost is \$10 and the open dance with DJ runs 8:30-11 p.m. No partner required. Visit www.glenechopark.org or call 301-634-2222.

Contra and Square Dance. Fridays and Sundays 7-10:30 p.m. in the Spanish Ballroom at Glen Echo Park, 7300 MacArthur Blvd. The evening can include square dances, mixers, waltzes and other couple dances. All Contras and Square dances are taught, no partner is necessary. There is a lesson at 7 p.m., followed by the called dance with live music starting at 7:30. \$13 nonmembers, \$10 FSGW members, \$5 ages 17 and under. Visit www.glenechopark.org or call 301-634-2222.

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SPECIAL PULLOUT TAB

Community & Newcomers Guide

August 27, 2014

The annual Newcomers and Community Guides for each of our 15 communities with inside facts on what makes each community special, their secret places, the real power players, how to get involved and more.

Including the history, schools, parks, libraries, local people, elected officials, county/city offices, how decisions are made, a calendar of events and other vital community information.

Due to the popularity and long shelf life of this issue, an overrun of the

publication is made to meet demand. Extra copies are delivered to select Chambers of Commerce, Realtors, Citizens' Associations and local government.

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Reaching Suburban Washington's Leading Households

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- Oak Hill/Herndon Connection
- Potomac Almanac
- Reston Connection
- Springfield Connection
- Vienna/Oakton Connection

FOOD & DRINK

Potomac Village Farmers Market. Thursdays, 2-6:30 p.m. at Potomac United Methodist Church, at Falls Road and Democracy Boulevard. Visit www.potomacvillagefarmersmarket.net for more.

Bethesda Farm Women's Market. Year-round, every Wednesday, Friday and Saturday, 7 a.m.-4 p.m., at 7155 Wisconsin Ave. Visit www.farmwomensmarket.com for more.

Wednesday Market at Dawson's. Through Sept. 24, 11 a.m. - 2 p.m., 225 N. Washington St. in front of Dawson's Market. Visit www.rockvillemd.gov for more.

New Friday Market. Through Nov. 28, 7 a.m.-5 p.m. Wisconsin Avenue at Elm Street. New vendors in the Bethesda Farm outdoor market, as well as food trucks and local vineyards. Free admission. Visit www.farmwomensmarket.com.

Rockville Farmers Market. Through Nov. 22, Saturdays, 9 a.m.-1 p.m. in Rockville Town Center. Visit www.rockvillemd.gov/events/farmers.htm for more.

Pike Central Farmers Market. Saturdays, 9 a.m.-2 p.m., near the Shriver Aquatic Center in the bus parking lot at the intersection of Old Georgetown Road and Executive Blvd. (enter on Executive Blvd.). Visit www.centralfarmmarkets.com/ for more.

Kensington Farmers Market. Year-round on Saturdays, 8 a.m.-noon. at Kensington train station parking lot on Howard Avenue. Visit <http://tok.md.gov/events/farmers-market> for more.

CAMPS, CLASSES & WORKSHOPS

Karate Camp. Aug. 11-15, 9 a.m.-3 p.m. at Kicks Karate, Potomac Oak Shopping Center, 12944 Travilah Road, Potomac. Campers will enjoy physical games, movies, crafts, martial arts classes, contests and more. Campers should bring a snack, a bag lunch and drink. Cost is \$299 which includes all camp activities, supplies, and a t-shirt. Discounts available for multiple children. Call 301-519-2200 to register or visit kickskarate.com for more.

Summer Camp Registration. Photoworks at Glen Echo Park, 7300 MacArthur Blvd., has summer camps for age 7 and up. Visit www.ssreg.com/glenechopark/classes.

Golf Group Lessons. Get Golf Ready, a series of five, 60-90 minute group golf lessons is designed for those who have never played the game or want to brush up on their fundamentals. Price varies depending on location. Area locations hosting lessons include Falls Road Golf Course, Potomac; Needwood Golf Club, Rockville; and Northwest Golf Course, Silver Spring. Visit GetGolfReady.com.

Painting for Younger Artists. Saturdays, through Aug. 9, 9-10:30 a.m. VisArts, 155 Gibbs Street, Rockville. Instructed by Ping Shen. \$240. Visit www.visartsatrockville.org for more.

Art Classes. Classes are taught year-round for beginner, intermediate and advanced students. Fridays 10 a.m.-2 p.m., Saturdays 10 a.m.-4 p.m., and Sundays noon-4 p.m. At Glen Echo Park, 7300 MacArthur Blvd. Call 301-634-2273 or visit www.artglasscenteratglenecho.org.

Art Explorers Open Studio. Every Saturday, 10 a.m.-12:30 p.m. at The Candy Corner at Glen Echo. Art activities for parents and children. Activities change weekly and there is no pre-registration; \$10 per child. Visit www.glenechopark.org/saturday-art-explorers.

Ceramic Classes. Various dates and times. An opportunity to try the new ceramic workshops. For a limited time, the price is \$20 instead of \$30. Use PLATTER20 when registering. Visit www.visartsatrockville.org/ceramics for a list of class dates, times.

WEDNESDAYS-SUNDAYS IN AUGUST

Great Falls Tavern, Mule-Drawn Canal Boat Rides. 11 a.m., 1:30 p.m., and 3 p.m. Boat rides along the historic C&O Canal. Visit www.nps.gov/choh/planyourvisit/great-falls-canal-boat-rides.htm

WEDNESDAY/AUG. 6

Live music. 7 p.m. at the Gudelsky Concert Pavilion, the Mansion at Strathmore, 10701 Rockville Pike, North Bethesda. Vocalist and guitarist Cathy Ponton King performs as part of the Strathmore Free Summer Outdoor Concert Series. Visit www.strathmore.org for more.

THURSDAY/AUG. 7

Dance Concert. 6-8 p.m. at Bethesda's Veterans Park. Levi Stephens, country crossover. Sponsored by Bethesda Urban Partnership. Free. Visit www.bethesda.org/bethesda/summer-concert-series for more.

FRIDAY-SATURDAY/AUG. 8-16

County Fair. The Agricultural Fairgrounds, 16 Chestnut St., Gaithersburg. Celebrate Montgomery County's agricultural heritage. \$10 admission fee. On-site parking, \$10. Visit www.mcagfair.com/ for a schedule of events.

SUNDAY/AUG. 10

Ballroom Dance. 3-6 p.m. Spanish Ballroom, 7300 MacArthur Blvd., Glen Echo. Join the Hot

Society Orchestra of Washington for an afternoon of dancing, featuring music and dances from the '20s, '30s and '40s. No partner or prior experience needed. Admission: \$14/ \$5 age 12 and under. Visit www.glenechopark.org.

WEDNESDAY/AUG. 13

Live music. 7 p.m. at the Gudelsky Concert Pavilion, the Mansion at Strathmore, 10701 Rockville Pike, North Bethesda. Uke Fest: Marcy and Cathy, along with James Hill, Casey MacGill, Mark Nelson, Stu Fuchs, Maureen Andary and Victoria Vox perform as part of Strathmore's Free Summer Outdoor Concert Series. Visit www.strathmore.org for more.

THURSDAY/AUG. 14

Dance Concert. 6-8 p.m. at Bethesda's Veterans Park. Gary and the Groove, variety rock. Sponsored by Bethesda Urban Partnership. Free. Visit www.bethesda.org/bethesda/summer-concert-series for more.

FRIDAY/AUG. 15

Balboa DJ Dance. 8:30-11:30 p.m. Ballroom Annex, 7300 MacArthur Blvd., Glen Echo. American Swing presents a chance for Balboa/Bal-Swing enthusiasts to dance to great DJ music on one of the best dance floors in the universe. Enjoy a casual, friendly atmosphere where you can Bal 'til your heart's content. Admission: \$10. Visit www.glenechopark.org.

SATURDAY/AUG. 16

Best of Strathmore Tribute Show. 8 p.m. at the Music Center at Strathmore, 5301 Tuckerman Lane, North Bethesda. This celebratory concert will feature the Music of Neil Young, Joni Mitchell, The Band, and many others. \$15-\$29. Visit www.strathmore.org.

Wearable Art. Aug. 16 through Sept. 14; Reception: Sept. 12, 6-8 p.m. Saturdays and Sundays, as well as Labor Day Monday, noon-6 p.m. Stone Tower Gallery, 7300 MacArthur Blvd., Glen Echo. Glen Echo Park Partnership for Arts and Culture is pleased to present a wearable art exhibition featuring a variety of adornments including fiber art, clothing, and sculptural jewelry. Free. Visit www.glenechopark.org for more.

SATURDAY/AUG. 16-SUNDAY/SEPT. 14

Glass: Visions and Voices. Saturdays and Sundays noon-6 p.m. at the Popcorn Gallery, Glen Echo Park, 7300 MacArthur Blvd. The Art Glass Center presents glass art and jewelry reflecting the diversity of Glen Echo artists. Artists' reception Sunday, Aug. 24, 4-6 p.m. Free. Contact Katherine Thomas at 202-364-7045 for more.

SUNDAY/AUG. 17

Waltz Dance. 2:45-6 p.m. Spanish Ballroom, Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Waltz Time presents a beginning waltz lesson from 2:45-3:30 p.m., followed by an afternoon of waltzes and other couples dances to live music. No partner is required. Admission is \$10. Visit www.glenechopark.org for more.

WEDNESDAY/AUG. 20

Live music. 7 p.m. at the Gudelsky Concert Pavilion, the Mansion at Strathmore, 10701 Rockville Pike, North Bethesda. World-music quartet from Kiev, Ukraine, Dakha Brakha performs as part of the Strathmore Free Summer Outdoor Concert Series. Visit www.strathmore.org for more.

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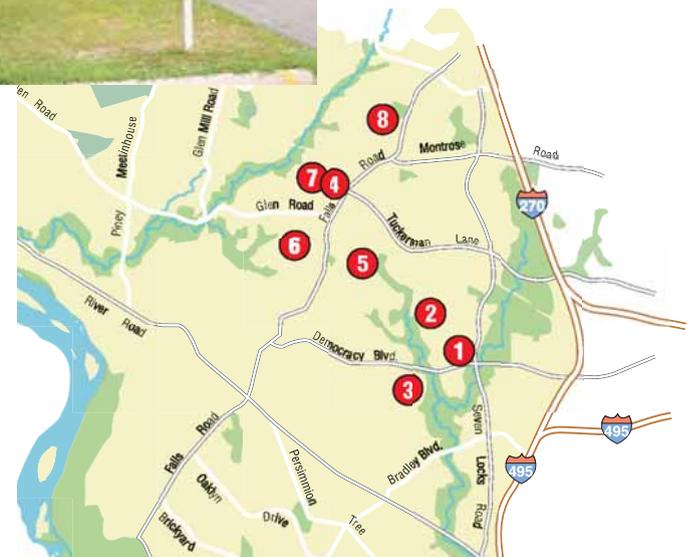


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Council Expands Zone for Archery Hunting

FROM PAGE 3

MANAGED HUNTS and police sharpshooting operations are being conducted throughout Montgomery County parks, carried out by hunters with guns. Cabin John Park in Potomac was added to the parks using such deer-management tools this past year.

In 2011-2012, in Montgomery County, 5,571 deer were "harvested," 2,063 from bow hunting, 2,499 from firearm hunting, and 1,009 from muzzleloaders, according to Maryland Department of Natural Resources Annual Deer Reports. "The total deer harvested in the 2011-12 season in Montgomery County was 6,476."

Bow hunting in Maryland has a nearly perfect safety record, said Leventhal and others.

"There has never been a case in Maryland where a bow hunter injured someone who was not participating in the hunt," said Montgomery County Police Capt. Michael Wahl.

"Most injuries or deaths associated with bow and arrow hunting result, in general, from bow hunters falling from tree stands."

Hench said last Tuesday that Park and Planning is investigating the possibility of instituting a pilot program on parkland for archery hunters, although currently sharp-



ALMANAC FILE PHOTO

County Council voted last week to expand the area open to bow hunters.

shooters with guns work to reduce the deer population on county parkland.

"It is simply not fast enough," he said, of bow hunting. "Sharpshooting continues to be the best option."

The sharpshooting operations "are incredibly highly managed with securing a perimeter and operating at night.

We get in and out quickly," he said. "Safety remains the number one prior-

ity."

WHAT IS THE RIGHT NUMBER of deer to have in Montgomery County, Councilmember Berliner asked Hench during recent council hearings.

Infrared technology mounted on aircraft might provide an answer to how many deer are currently in the county, Hench said. The Deer Management Work Group plans to report back on a healthy number of deer to aim for before this year's budget process in the fall. Councilmember Marc Elrich asked what practices are used in other jurisdictions or regions, such as parts of Virginia which use sterilization procedures especially in more urbanized parts of its counties. "I am aware of the practice you speak of," said Hench.

"It is a very expensive process, and it's a very labor intensive process and dangerous for the biologists involved. It's not a pleasant process.

They are powerful animals and it's very traumatic on the animal.

"From my own personal point of view, it's probably more humane to take the animal's life than to put it through that trauma," he said.

"My professional advice? Hold off. Let us see what we can do with the tools we have in our toolbox and go from there."

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Stride Right



By KENNETH B. LOURIE

Not that I've felt that my attitude toward being diagnosed with stage IV ("terminal") non-small cell lung cancer at age 54-and-one-half was ever to be considered as model behavior, but I do believe, after the initial shock wore off, eventually I assimilated its effects into my routine reasonably well. Not without a million bumps and bruises along the way, however, both physically and emotionally; nevertheless, though time has not healed all that has preceded this column, I've managed to find and maintain an extremely delicate balance between "joie de vivre" and "c'est la vie."

And speaking specifically about the column which preceded this one, published in our July 30, 2014 editions, entitled "CanSir," framing my approach – and emotional reaction to – being diagnosed with cancer and my method of coping, if you will, as an approach wherein I've tried to be respectful and courteous of the disease and never, ever arrogant, presumptuous or particularly over-confident about any unexpectedly good results (lab work, diagnostic scans, physical examinations, etc.), or terribly negative about the disappointing results – I would like to expound upon my approach a bit more. I've tried to...wait for it...take it in stride, both the good and the bad. (Although, as you might imagine, the good is much easier to take than the bad; however, taking the bad just as well as one takes the good might actually be more important in the short, middle and long term. Certainly the jury is still out, but so far, after five years and nearly six months, I'm still alive to dispute any notions to the contrary). And you'll never hear any complaints from me about any of it, good, bad or indifferent, but...

That's my point, sort of. This column is not espousing a methodology to the madness that cancer patients (or any other patients diagnosed as "terminal" by their doctors) should follow. It's simply an admission by yours truly of some very personal reflections on how, not why, I've survived my original "13-month to two-year prognosis." At the initial Team Lourie (my wife, Dina and my brother, Richard) meeting with my oncologist, he laid bare my diagnosis/prognosis/abbreviated life expectancy with the following advisory: "I can treat you. But I can't cure you." In response to our instinctive, how-could-cancer-happen-to-me question – considering both my parents lived into their mid-eighties WITH NO history of cancer and I had NEVER smoked cigarettes – my doctor's concern was about moving/treating me forward, not discussing the past, and so we've always looked ahead, not behind. Now whether or not the previous treatment protocols for my diagnosis/prognosis were indeed prologue, I was determined, eventually, to not let them be my epilogue, so a journey began which enabled me to live my life in a way most suitable to who I am without making me crazy, nervous, anxious, miserable and stressed out worrying all the time. It wasn't easy. It's not easy. Thankfully, amazingly, life has gone on.

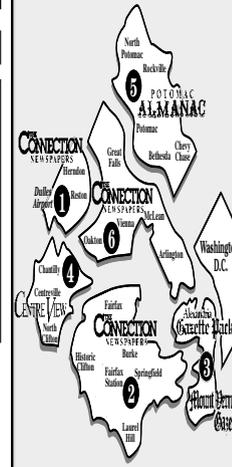
What I've intended to do, mostly without fail, (although I've had my moments, to be sure, as you regular readers have read), is to walk quietly, write regularly, joke way more than I cry and not presume too many facts not in evidence, and try to be positive and believe there are exceptions to every rule. And with respect to medicine and its treatment of patients, stories abound of "exceptional" patients. I may not be "exceptional" yet, but I'm sure happy to still be writing these columns, if you know what I mean.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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Mercy Health Clinic: Proof Dreams Come True

FROM PAGE 2

office onto the church. The Social Concerns Committee discussed that we should be doing something for others to the same degree. After thorough research on how our monies could best serve the public in Montgomery County, we discovered there was a real need for free health care and held a meeting asking Potomac/Bethesda residents and church members to come help us start the clinic. We set out 75 chairs – and 125 people showed up – doctors, nurses, hospital administrators and many other healthcare professionals – as well as interested volunteers who wanted to help with this important mission. People made donations of both time and money, we filed the paperwork to be incorporated as a 501 (c) 3 non-profit and Montgomery County donated three examining rooms and three offices in their Upcounty Regional Services Center in Germantown.

“The first day we saw four patients – and miraculously, we were able to set up medical care to save the second patient’s life. She had a lump in her neck that turned out to be malignant. The screening was donated, a surgeon and anesthesiologist volunteered their services for the operation, and Sibley Hospital donated the operating room and the patient’s room. That’s when I knew we could make a huge difference in peoples’ lives.” The clinic remained in Germantown for six years – and then Health and Human Services expanded and found them more space at 7 Metropolitan Court in Gaithersburg, where they are still located.

Another founder was Dr. James Ronan who is also from Potomac. Last week, members of the staff of the clinic celebrated his 83rd birthday. He has volunteered countless hours to patients and to the clinic and still comes in several days a week to volunteer his expertise.

Long was the first volunteer executive director; she served for 12 years in this position, working to make certain the clinic



Mercy Health Clinic volunteer doctors, nurses and staff.

PHOTOS CONTRIBUTED



was established and ran smoothly. She also served as chairman of the board from 2009 - 2013.

“Alvina has been the heart and soul of the Clinic since its inception,” Development Coordinator Julie Donatelli said. “She has been its greatest supporter with her time and talents. I just received a note with a donation from a large Potomac family who wrote ‘It is hard to say no to such a won-

derful devoted MHC advocate for so many years. We are happy to contribute and support your great cause.’ I was touched by the note. I am also a lifetime resident of Potomac.”

“Donna Romer ran the medical part of setting up the clinic,” Long said. “Dr. James Ronan, Colleen Wallace, Dr. Richard Perry, Donna Tydings, Sharon Covington, Lynn Frank, Chuck Short – all these people and many more were involved in helping us get off the ground. Now we have over 70 Board Certified volunteer physicians and a dedicated staff of 100 nurse and clerical volunteers.”

The clinic relies on charitable support from the community as well as partnerships with Montgomery County, strategic partners and medical providers within the community who donate their time, resources and services. Mercy Health Clinic also holds two fundraisers each year – a gala in the spring and an annual golf

tournament in the fall.

The 11th Annual Golf Tournament will be held this year on Monday, Sept. 22 at Manor Country Club in Rockville to benefit the Carl Nordberg Pharmacy Program and the Mercy Health Clinic.

“We rely on local support to keep the doors of the clinic open for over 2,000 low income adult Montgomery residents each year. Many of the players/supporters/donors/volunteers are from the Potomac area – and we hope more will come out to support the clinic and to have a wonderful day of golf. We also need volunteers (particularly bilingual) as well as donations,” Donatelli said.

To sign up for the golf tournament or to find out more about volunteering or donating to the Mercy Health Clinic, go to

www.mercyhealthclinic.org.



The Mercy Health Clinic

SCHOOL NOTES

Email announcements to almanac@connectionnewspapers.com. Deadline is Thursday at noon. Photos are welcome.

Jared Harvey received a Master of Fine Arts in English from the University of Iowa.

David Lee, a senior at Randolph-Macon Academy during the 2013-14 school year, received the President’s Award for Academic Achievement.

Brendan Harvey received the Bachelor of Arts degree in Asian Studies, Magna Cum Laude, from Carleton College.

BULLETIN BOARD

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bilingual in Spanish and English and those who are registered as Republican or not affiliated. Part-time and full-time positions are available, and training is provided. Call the Board of Elections at 240-777-8533 or visit www.777vote.org.

SCHOOL IMMUNIZATION REQUIREMENTS

There are **new school immunization requirements** for the 2014-2015 school year for students entering kindergarten and seventh grade. Students who do not show proof of the required immunizations will be excluded from attending school. Students entering kindergarten must have two varicella vaccinations. Students entering seventh grade must have one Tdap (tetanus-diphtheria-attenuated pertussis) and one meningococcal (MCV4) vaccination *before* beginning seventh grade. A vaccination clinic for eligible children

will be held Saturday, Aug. 23, 11 a.m.-2 p.m., at **Montgomery County Public Schools’ Carver Educational Center**, 850 Hungerford Drive, Rockville. Appointments are required and can be made online at www.montgomerycountymd.gov/Resident/vaccination.html or by calling 311.

ONGOING

The county’s **Department of Permitting Services (DPS)** is conducting a “sign sweep” to get rid of signs posted illegally in county right-of-ways. DPS plans to have regular sweeps throughout the year. Call 311 to report signs in the public right-of-way for removal.

Victims of graffiti should file a report with Montgomery County Police by calling 301-279-8000. Make sure to take a photo of the graffiti. Property owners are responsible for removing graffiti on their property. Visit graffitifree.org/contact.html.

Youth Cruiser SmarTrip cards can be

purchased for \$2 at all 21 county libraries and at 21 schools. Ride On is working with both public and private schools in the county to add additional purchase locations. Home-schooled students will also be eligible to purchase the card. The Montgomery County Council approved extending the hours for Kids Ride Free an additional hour, from 2 to 8 p.m., Monday through Friday, ending Aug. 31. Kids Ride Free provides free rides on Ride On buses to youth ages 5 to 18. By the end of the year, Ride On will transition to using Youth Cruiser SmarTrip cards for identification, rather than school identification cards. Visit www.montgomerycountymd.gov/apps/News/press/PR_details.asp?PrID=13746.

Find information for home care, housing, transportation, or senior lifestyle issues by calling the **Senior HelpLine** at 301-255-4200. This free service, offered by the Jewish Council for the Aging, and open to everyone, provides expert referrals to more than 4,000 resources in the greater Washington, D.C. area.



COME CELEBRATE “THIRSTY THURSDAYS” AT POTOMAC PIZZA!



4:00PM-CLOSE

\$2.00 BEER

1/2 PRICED BOTTLES OF WINE

Dine-in only. Please drink responsibly.

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