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PHOTO BY ABIGAIL CONSTANTINO/THE CONNECTION



# University Mall Theatres Launch 'Save our Butts' Campaign

NEWS, PAGE 10

Theater manager Dan Collings displays the seat the Kickstarter campaign will fund in the lobby of the University Mall Theatres in Fairfax.

## One-Way or Two-Way?

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# One-Way or Two-Way?

## City Council mulls traffic changes.

BY BONNIE HOBBS  
THE CONNECTION

**W**hen the City of Fairfax reconfigured Main and North Streets from one-way to two-way streets in 2006, it did so in hopes that the change would benefit the downtown area. Now, though, the City Council is revisiting that decision.

Transportation Director Wendy Block Sanford presented the background during the Council's July 22 work session. She said making those streets two-way was seen as a way "to create a more pedestrian-friendly environment, as envisioned in the City's plan to revitalize Old Town Fairfax."

However, over the past few years, said Sanford, there's been an "increased percep-

tion of reduced vehicular and pedestrian mobility in the area." So the Council members considered whether to green-light an engineering study to review the current conditions and analyze the costs and benefits of reverting back to one-way traffic on those streets.

The study will cost about \$15,000-\$20,000 and will be totally funded by money the City receives from the Northern Virginia Transportation Authority for transportation-related purposes. The finished product will include cost estimates of any recommended changes.

Mayor Scott Silverthorne said the traffic-direction switch was done eight years ago but, since then, "We never did an analysis of how well it's worked."

Sanford said the City needs to have a better idea of just how mobile traffic and people are there. She said the study could be done in September or October so the Council members would have some actual data to look at during their November planning workshop for downtown Fairfax.



PHOTO BY BONNIE HOBBS/THE CONNECTION

**Monday evening traffic travels two ways on Fairfax's Main Street.**

"Then we could think about what we want to do," said Sanford. "There needs to be a conversation about how we want the downtown to feel, traffic-wise."

Agreeing, Councilman Michael DeMarco said, "We need to decide what we want in different areas of the downtown."

"We're moving in the direction of more

residential housing downtown, and mixed-use development – and most of the through traffic is from people outside the City," added Councilman David Meyer. "So I think it's important to get a baseline of where we are."

The Council members then approved going ahead with the study.

# City to Participate in Charrette

## Will discuss plans for downtown development.

BY BONNIE HOBBS  
THE CONNECTION

**I**n collaboration with the Northern Virginia regional Commission (NVRC), the Fairfax City Council will hold a planning workshop, or charrette, about the downtown area in early November.

"It's to identify near-term and long-range goals," explained Brooke Hardin, director of Community Development and Planning. "It's a hands-on, design-oriented process involving both citizens and professionals."

Topics to be addressed will include land use, transportation, urban design, housing, economic development, pedestrian/bicycle access and linkages between downtown and GMU. Participants will also include business owners, residents, and representatives from GMU and Fairfax County.

"This comes as the City's first phase of revitalization is well underway and there are a number of other, downtown sites available for development and infill development," said Hardin. "The NVRC would organize, co-host and do fundraising for the event."

NVRC's initial draft budget for the event is \$86,842, but Hardin said anticipated savings would reduce it somewhat.



**Silverthorne.**

Contributions to be solicited from businesses and institutions, including GMU, would reduce the City's expenditures. Dates under consideration are Nov. 6-8.

"Our downtown revitalization is a work in progress," said Mayor Scott Silverthorne. "The improvements on North Street are a huge improvement, [but] there's a need to expand our downtown area to create a destination point. This would be a partnership with GMU, which also wants to bring more people downtown. Mason also wants more residential units for its faculty and students."

Furthermore, he said, "I notice all the

empty parking lots between Chain Bridge Road and University Drive. I think we could put infill development there, but we can't do it ourselves without outside planning resources. We need to seize this opportunity."

Agreeing, Councilman Michael DeMarco said, "Many of us on the Council have talked about the extension of downtown, especially toward George Mason. And an event like this would give us a structure around which to have a discussion – I'm all for it."

Silverthorne noted that "the business leaders downtown and the community residents will really be involved in this."

**"We need to seize this opportunity."**

— **Scott Silverthorne, Mayor, City of Fairfax**

PHOTO BY  
BONNIE HOBBS/  
THE CONNECTION

"We've got to look at this as a great investment in our future and a step in the right direction," said Councilman Jeff Greenfield. "But we need people to come to it with positive ideas."

Also pleased with the proposal, Councilman David Meyer said, "There's an enormous amount of impervious surface in that area. That open-space, paved asphalt offers us an opportunity to do something creative."

However, Councilwoman Nancy Loftus said she's not opposed to the idea, but was concerned about a possible \$86,000 cost, if the City couldn't get sponsorship. Besides that, she said there's "no guarantee that, at the end of three days, there'd be anything we'd like or could implement, since much of it involves private-property and business owners. And we could get great ideas from our City staff members for a lot less."

Silverthorne said GMU will be a sponsor and "we won't sign a contract without first having sponsorships. You've made some fair points. But I fear the downtown is languishing, and this is one solution to do something about it."

Councilwoman Janice Miller said the City needs to "start with a broad vision in mind of where we want to go, instead of leaving it up to the developers. I'm more than willing [for the City] to spend \$25,000 to make this happen. I'm in."

Silverthorne said he'd ask some of the downtown's larger businesses to chip in, too, and City Manager Bob Sisson said he'd do what he could to "limit the City's exposure to \$25,000." The Council then approved going ahead with the charrette by a vote of 4-1, with Loftus voting no.

# Heads Up Football Flourishing in Fairfax County

**Program reduces concussion risk by teaching players to take the “head” out of tackling.**

BY VICTORIA ROSS  
THE CONNECTION

It wasn't that long ago when youth football coaches believed a player's toughness was measured by his ability to play through the pain. Concussions and other serious injuries were just “part of the game.”

“When I was playing football for W.T. Woodson in the late 1960s, you had two practices a day in the heat and humidity of August. There were no water breaks except before and after practice,” said state Sen. Dave Marsden (D-37). “Coaches thought drinking water would make you sick.”

Marsden, a wide receiver for Woodson, said injuries were minimized.

“When someone had disorienting head trauma, we'd say ‘you got your bell rung,’ or ‘he was shaken up by the play.’ Coaches clearly expected you to go right back in the game.”

During football's heyday, players and coaches alike looked up to legends like Paul “Bear” Bryant who left a legacy of 37 winning seasons and five Associated Press national championships at Alabama.

Bryant was also known as a strict disciplinarian: His first training camp as Texas A&M coach did much to write his legacy as a “tough” coach when Bryant took his “Junction Boys” to a small Texas town and ran a boot camp in which more than two-thirds of his players quit. As a player at Alabama, Bryant demonstrated his own toughness by playing against Tennessee with a broken leg.

“There was this thing that coaches had all been taught, that it took that kind of toughness to win ...,” Marsden said. “It was ridiculous, and we know better now.”

**TWO YEARS AGO**, as concussions were getting more attention in the NFL, USA Football — the national governing body for the sport and its youth outreach arm — created a program to teach safe tackling to youngsters called “Heads Up.” Heads Up Football is based on a style of tackling that puts emphasis on striking a blow with the shoulders instead of the head.

At the same time, Marsden received a call from his son Connor, who had played football at the University of Richmond. “He asked me to watch a Bryant Gumbel special regarding head injuries in football and said, ‘Dad you have to do something,’ he told me.”

Marsden thought about legislation, but realized there was a more efficient way to get the program off the ground: In 2013 he introduced a bill in the Virginia Senate to



**State Sen. Dave Marsden (D-37) attended the VYI Mom's football camp for Vienna-Oakton area on Friday, Aug. 1, to talk football safety with parents and coaches. Marsden, center, is standing with VYI commissioner and coach Dr. Todd Casey and moms who sweated it out during football camp.**



**Craig Richardson, chair of Communications for the Fairfax County Youth Football League and former president and commissioner of McLean Youth Football, is shown coaching his McLean team last season.**

## Supervisors Honor Those Promoting Heads Up Football

Last January, the Fairfax County Board of Supervisors honored a group of local coaches and residents for their role in promoting Heads Up Football, a program to reduce the number of concussions among players, in Fairfax County Public Schools.

The board recognized Bill Curran, Fairfax County Public Schools; Mark Meanna, USA football board member; Dick Adams, former Annandale High School coach; Mike Lalli, Chantilly High School coach; Chris Haddock, Centreville High School coach; and State Sen. Dave Marsden.

Local coaches were also previously among just three districts in the country to adopt a pilot program. The program aims to improve tackling techniques, and by extension, reduce the number

of concussions — a topic of increasing concern among parents and on the professional level, in the NFL. “All the polls show that NFL football is the most popular sport in our country today...But there's a bit of a contradiction, as the pro game is so popular there is a growing number of parents who are concerned and won't let their children participate in youth sports or youth football. The concern is long-term impact of head injuries and concussion impacts. So this is just a huge step forward to give parents that one extra level of security,” said Supervisor Michael Frey (R-Sully District). Added Supervisor Pat Herrity (R-Springfield): “Every little thing that we do, if we can prevent serious injuries, it's important to our students and our communities.”

reduce the amount of full-contact practice allowed in high school football programs in Virginia.

Then he asked that his own legislation be tabled.

Marsden knew the chances of his legislation moving forward during a session that involved a contentious gubernatorial race — and the imminent implosion of popular Republican Gov. Bob McDonnell, who was

making national headlines as the target of an FBI probe — were slim to none.

So he introduced his bill, then asked that it be tabled in favor of a letter to the Virginia High School League (VHSL) by the Education and Health Committee chairman asking that the matter be studied.

“A letter signed by the members of the Virginia Senate worked just as well,” Marsden said, smiling.

A task force was established and — after a year of meetings — significant reductions in full contact were written into regulations governing high school football in Virginia. VHSL Executive Director Ken Tilley presented the task force's action to the Senate at the 2014 session. Their actions also made “Heads Up Football” the standard of instruction.

Last year, Fairfax County became the first high school district in the country to adopt Heads Up Football.

Craig Richardson, the vice chair of Communications for the Fairfax County Youth Football League (FCYFL) and former president and commissioner of McLean Youth Football, said Heads Up football has become a key component of all Fairfax County clubs.

FCYFL is the umbrella organization comprising the 22 clubs that serve Arlington, Fairfax, Loudoun, Prince William and the City of Alexandria. Last season, FCYFL fielded more than 300 teams, with 1,200 coaches and more than 6,000 players.

When USA Football created Heads Up in 2012, it hoped to reach a few hundred of the nearly 11,000 leagues in the U.S.

**IN ONE YEAR**, Heads Up Football was adopted by nearly 2,800 groups.

The NFL noticed.

This year, the NFL provided USA Football with a five-year, \$45 million grant. And USA Football is in the process of hiring more master trainers, expecting to add between 50 and 70 to the first-year roster of about 30.

Heads Up football simplifies many safety techniques into six key components:

- ❖ education and certification
- ❖ equipment fitting
- ❖ concussion education and response
- ❖ heat and hydration
- ❖ the establishment of a player safety coach
- ❖ and tackling with the head up — and out of contact.

“The FCYFL has been on the forefront of making football the safest it can be for years,” Richardson said.

“For example, our age/weight matrix is the model that football programs across the county now follow. Every year, we weigh in every single one of the 6,000 or so players in our league, and they are placed within a particularly weight-class depending on their age and weight. The younger a player is in the weight-class, the more they can weigh, Richardson said.

Richardson also noted that — because there are three skill levels within each weight class — players are matched up appropriately.

“Finally, we require all coaches to be USA Football certified, which requires completion of an extensive online training course including a module on concussions and other safety issues, and they must complete a background check by a professional screening company,” he said.

Richardson said there was some initial hesitation from coaches, particularly those

SEE FOCUS, PAGE 14

## Farmers Market on Thursdays

Each Thursday, from 3-7 p.m., the Fairfax County Government Center hosts a farmers market in its parking lot. The Government Center is at 12000 Government Center Pkwy. in Fair Oaks, and the next markets are slated for Aug. 14 and Aug. 21.

## Paving Contract Awarded

The Fairfax City Council on July 22 awarded a nearly \$1.8 million contract to Superior Paving Corp. to mill and pave the City streets during Fiscal Year 2015. Councilwoman Janice Miller said she was pleased that “the previous City Council approved such a large amount for the paving because it’s been cut in the past.”

## Pet Adoption Is Slated

The City of Fairfax Police Department’s Division of Animal Control will hold a cat and dog adoption Saturday, Aug. 16, from 11 a.m.-2 p.m., at Pet Supplies Plus, 11054 Lee Highway in Fairfax. For more information, call 703-385-7919 or go to [www.fairfaxva.gov](http://www.fairfaxva.gov).

## Rock the Block!

Free, live music concerts and block parties will be held on University Drive in Old Town Fairfax, from 6-9 p.m., on the fourth Fridays of the month in August and September. Rock the Block! will feature popular, local bands playing covers of favorite hits.

The Breakfast Club will entertain on Aug. 22, followed by Leggz on Sept. 26. City restaurants and merchants will offer food, a beer garden, games and more. Attendees are advised to bring their own chairs. In case of inclement weather, call 703-352-ARTS.

## Rain Barrel Workshop Set

The City of Fairfax will host a Build Your Own Rain Barrel Workshop on Saturday, Aug. 23, from 10 a.m.-noon, at the Green Acres Community Center, 4401 Sideburn Road in Fairfax. In just two hours, people will build their own rain barrels to take home while learning how to care and maintain them. Workshop cost is \$55, about half the retail cost of a rain barrel.

SEE WEEK, PAGE 11

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## University Mall Theatres

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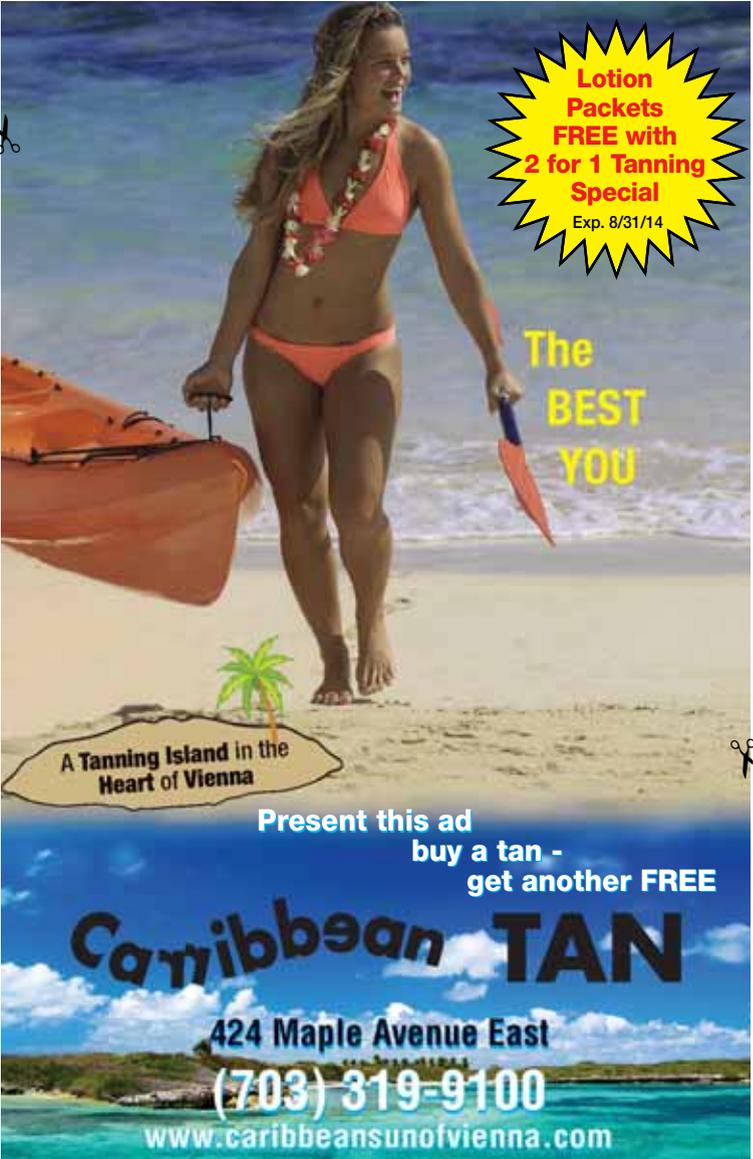
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## Homelessness: Source of Trauma for Children

Nearly 700 children live in emergency homeless shelters in Fairfax County at some point during the year.

BY DEAN KLEIN

Summer vacation is wrapping up; kids everywhere are gearing up for the return to school. Stores are filled with school supplies; back-to-school advertising fills our TVs, radio and mailboxes. Many families are hustling from store to store getting supplies, backpacks, clothes and haircuts. As children, while we hated to see summer end, we fondly remember the yearly ritual and the excitement and anticipation of getting all those new things.

### GUEST EDITORIAL

Unfortunately, not all families and children in Fairfax County experience the new school year this way. It may be hard to imagine that in a county as wealthy as Fairfax there are hundreds of children that do not have a home to call their own. In 2013, almost 700 children resided in emergency homeless shelters at some point during the year. This uncertain existence is a constant source of trauma for chil-



Dean Klein

dren. While Fairfax County does have strong programs and initiatives provided by its local government, its public school system and community non-profits to support these children, they are not enough. Permanent housing is a critical and basic need of every-

one and research has consistently shown that unless children's most basic needs are met in a safe and consistent manner, their social, emotional, physical and cognitive development is often delayed.

Believe it or not, in a county where the median household income is in excess of \$100,000, housing costs are prohibitive for many. There is often a misconception about homeless families and it is not uncommon to hear, "they need to work like the rest of us."

The truth is they do. The vast majority of families in homeless shelters are employed and they are doing everything they can to move themselves to self-sufficiency and support their families. The problem is not with their motivation to support themselves. The challenge is that there is not housing available to them that they can afford.

While the median household income may be in the six figures, for many it is much lower.

Using the accepted formula of spending one third of gross income on housing, a rent of \$1,200/month requires an approximate annual income of \$44,000. That equates to about \$21 an hour. People who work in the service industry and the stores and businesses we rely on each and every day earn much less than that.

As stated in the Ten Year Plan to Prevent and End Homelessness adopted by our community in 2008, we need to have affordable housing that is accessible to all its hardworking members. While it is also imperative that we as a community continue to ensure that children have school supplies, access to good nutrition at school, clothing etc., without a home to call their own, they will continue to live in a perpetual state of fear and stress. If we genuinely want them to succeed, that is too heavy a load for the youngest and most vulnerable in our community.

If you would like to be a part of helping these families, please contact one of our non-profit partners working so hard to find and provide housing for them or the Fairfax County Public Schools Homeless Liaison Office working diligently to make sure these children receive the services they are entitled to and need. Visit <http://www.fairfaxcounty.gov/homeless/partnerupdate/community-partners.htm> and <http://www.fcps.edu/dss/ips/homelessinfo/HomelessBrochure.pdf> for more.

Dean Klein is director of the Fairfax County Office to Prevent and End Homelessness.

### LETTERS TO THE EDITOR

## Important Step Forward

To the Editor:

On Tuesday, July 29, we had the privilege of attending the ribbon cutting for the new Community Residences, Inc. (CRI) High Support Needs home at 9332 Burke Road, Fairfax. The home, especially tailored for those with intense needs, will serve six individuals with intellectual disabilities. Some will move to this home from the Northern Virginia Training Center, and others will transfer from other CRI homes in the area that are not equipped to provide the same level of support.

It is a brand new single-level home in a residential area with an open floor plan and ample room for its residents. The doors are wide, and the bathrooms and kitchen are adapted for those with physical as well as intellectual and developmental disabilities. Each resident will have an individual, personally designed and decorated room.

Kudos to Community Residences, the Virginia Department of Behavioral Health and Developmental Services, the Community Services Boards, the County of



The ribbon cutting for the new Community Residences, Inc. High Support Needs.

Fairfax, the Virginia Housing Development Authority and to all the financial institutions and non-profit organizations who worked together to negotiate the red tape, the permits, and the funding streams to make the home a reality.

Time will tell whether the supports available in this new home are truly "comparable" to those received by our loved ones at NVTC, as required by SB 627, signed into law by Governor McAuliffe on April 4. However, while this model is not the only possible solution for individuals with intensive needs currently in

Training Centers or for those who have waited for too many years on community waiting lists, it is a very significant step in finding ways to serve these vulnerable populations safely and responsibly. Many more homes of this type and quality need to be built so that families can keep their loved ones in close proximity.

It is important to note that this is not a waiver home, but rather a home for individuals with high support needs, so that the funding streams and the staffing are need-based rather than arbitrarily capped and subject to the uncertainties of budgeting in the Gen-

eral Assembly. The residents will have day programs as well as access to medical and dental care, plus many additional supports that their disabilities require but that cannot be accommodated by the funding stream available to a waiver group home.

Until the community has adequate placements for those with the most intensive support needs, please do not force NVTC residents out of their homes. Build the necessary accommodations and supports first or, better yet, maintain a right-sized NVTC in a smaller footprint on a portion of the present site, regardless of how many years it takes. We can do this in Northern Virginia: bring the various stakeholders together, as we did in 2010 with the proposed NoVA Regional Plan, to accomplish solutions that make sense for those who are medically fragile and behaviorally challenged. Let us keep our loved ones here in Northern Virginia, providing the care they need now and into the future, when appropriate alternatives are built and ready. "First, do no harm."

Jane Anthony and Judith Korf, Co-Presidents

Parents and Associates of the Northern Virginia Training Center

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# OBITUARY

## Rose Marie Worcester, 85, Dies

Rose Marie (Crismond, Wood) Worcester passed on Thursday, July 31, 2014 at home in Jacksonville, Fla., with her family by her bedside. Mom (known as MéMÉ and Gram to her grandchildren) was born in Fairfax on Feb. 9, 1929. Her path in life took her to places such as Chincoteague, Va. and the island of Cuba where one of her children was born. She raised her five children in Rhode Island and later followed her children south to Florida.



With love and support she taught her children self-reliance, to respect others and to work hard. Her final wishes were; for her family to always support each other, to remember her "with a kind deed or word to someone who needs you," and to scatter her ashes in the wind to help the flowers grow.

Rose was predeceased in death by her husbands, Robert Wood and Ed Worcester and her youngest daughter, Rebecca Sarber, and youngest son, Ronald Wood. Mom is survived by; her daughter,

Roslyn (Shaffer) Panichas, her elder son, Robert Wood, and her middle son Richard Wood and his wife Sandi Wood. She is also survived by her grandchildren; Thomas Shaffer, Crystal Shaffer, Melissa Wood, Ronald Wood, Katie Wood and great grandchildren Korey Shaffer, Justin Shaffer, Geiselle Shaffer, and Jevon Shaffer-McGoogin.

In lieu of flowers, donations may be made to Northeast Florida Community Hospice (<http://communityhospice.com/>).

## Man Guilty of Creating Phony Postage Stamps

**Fairfax resident defrauded U.S. of \$76,000 revenue.**

A local man pleaded guilty last week in federal court to defrauding the U.S. Postal Service. He is Brian Kim, 38, of Fairfax.

He admitted doing so by counterfeiting and selling approximately \$76,000 in postage stamps at two packaging centers he owned and operated in Northern Virginia. One is in Fairfax and the other is in Arlington.

In a statement of facts filed with his plea agreement, Kim admitted that, from January to October 2013, he counterfeited postal stamps that had been originally printed on a USPS-authorized postage meter.

He then placed those stamps on packages and letters that customers brought to his packaging centers. Neither the customers who purchased the stamps nor the USPS employees who picked up the packages

were aware of Kim's scheme.

As an example of his wrongdoing, prosecutors cited one representative day at his packaging centers – Aug. 12, 2013 – when Kim caused the mailing of letters and packages bearing 80 counterfeit stamps, with a total value of \$395.70. Two months later, on Oct. 15, 2013, postal inspectors seized approximately \$23,974.59 worth of counterfeit stamps while executing search warrants at Kim's businesses.

Last Tuesday, Aug. 5, in U.S. District Court in Alexandria, Kim pleaded guilty to one count of mail fraud before Judge Claude M. Hilton. He now faces as much as 20 years in prison when he's sentenced on Nov. 7. In addition, as part of his plea agreement, Kim has agreed to pay restitution in the amount of \$76,000, representing the total amount of the illicit gains he received from his fraudulent activities.

This case was investigated by the U.S. Postal Inspection Service. Special Assistant U.S. Attorney William E. Johnston and Assistant U.S. Attorney Kosta S. Stojilkovic are prosecuting it in court.

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# Local REAL ESTATE

PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION

## Top Sales in June, 2014



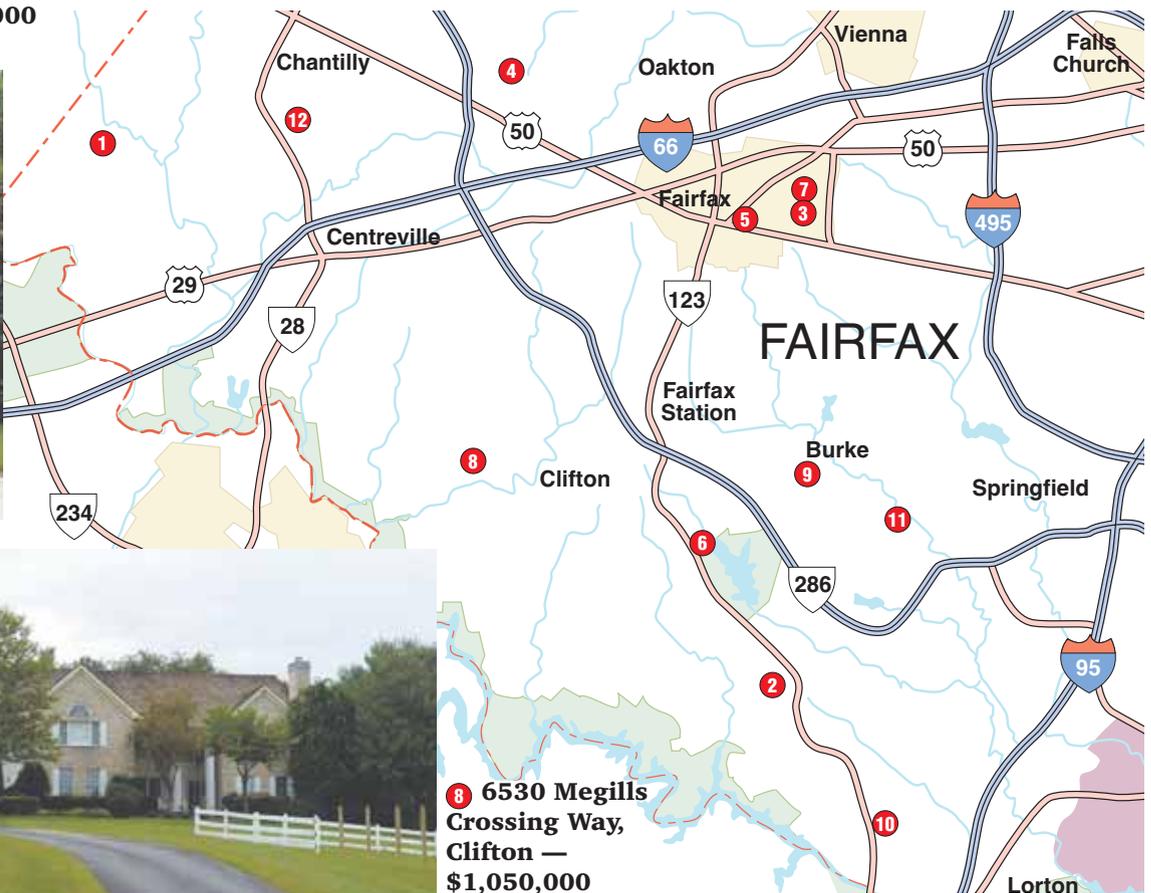
**1** 15604 Jillians Forest Way, Centreville — \$2,650,000



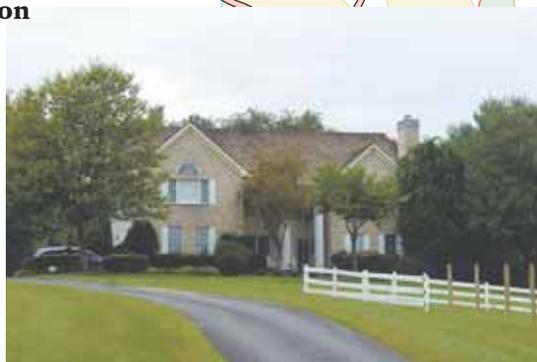
**3** 3554 Early Woodland Place, Fairfax — \$1,240,000



**6** 10609 Donovans Hill Drive, Fairfax Station — \$1,125,000



**7** 3444 Preservation Drive, Fairfax — \$1,099,000



**8** 6530 Megills Crossing Way, Clifton — \$1,050,000



**12** 4700 Brentwall Court, Chantilly — \$746,000

Address	BR	FB	HB	Postal	City	Sold Price	Type	Lot AC	PostalCode	Subdivision	Date Sold		
15604 JILLIANS FOREST WAY	6	..	6	..	1	CENTREVILLE	\$2,650,000	..	Detached	5.59	20120	CARDINAL FOREST	06/30/14
9752 THORN BUSH DR	5	..	4	..	1	FAIRFAX STATION	\$1,295,000	..	Detached	5.19	22039	ESTATES AT ROSELAND	06/04/14
3554 EARLY WOODLAND PL	4	..	4	..	1	FAIRFAX	\$1,240,000	..	Detached	0.23	22031	PICKETT'S RESERVE	06/18/14
12390 FALKIRK DR	5	..	4	..	1	FAIRFAX	\$1,195,000	..	Detached	0.72	22033	DARTMOOR WOODS	06/13/14
10115 RATCLIFFE MANOR DR	5	..	4	..	1	FAIRFAX	\$1,180,000	..	Detached	0.17	22030	FARRCROFT	06/04/14
10609 DONOVANS HILL DR	4	..	4	..	1	FAIRFAX STATION	\$1,125,000	..	Detached	2.30	22039	DONOVANS RIDGE	06/26/14
3444 PRESERVATION DR	5	..	5	..	0	FAIRFAX	\$1,099,000	..	Detached	0.15	22031	PICKETT'S RESERVE	06/10/14
6530 MEGILLS CROSSING WAY	5	..	6	..	0	CLIFTON	\$1,050,000	..	Detached	5.00	20124	MEGILLS CROSSING	06/10/14
9728 BURKE VIEW CT	4	..	3	..	1	BURKE	\$882,500	..	Detached	5.08	22015	BURKE HILLS ASSN	06/18/14
9229 HAINES DR	6	..	5	..	1	LORTON	\$880,000	..	Detached	0.64	22079	CAVANAUGH CROSSING	06/25/14
6221 CARDINAL BROOK CT	6	..	4	..	1	SPRINGFIELD	\$865,000	..	Detached	0.33	22152	CARDINAL RUN	06/30/14
4700 BRENTWALL CT	5	..	3	..	1	CHANTILLY	\$746,000	..	Detached	0.29	20151	WALNEY ESTATES	06/06/14

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# Keeping School Clutter Under Control

**Staying organized this school year.**

BY MARILYN CAMPBELL  
THE CONNECTION

**W**hen summer comes to a grinding halt in a few weeks, a new school year will be-gin. From alarm clocks and school bells to piles of homework assignments and sports schedules, maintaining a coordinated household can be difficult, however. Local organizers are offering simple suggestions to help make the transition from summer to the start of the school year seamless.

"If you've had a lazy summer and your home is an organizational mess, take a day off from work or at least set aside several hours to spend whipping it back into shape before the first day of school," said Faye English, an organizer from Fairfax. "The school

year will be much easier if you get organized from the beginning." Set aside time for tackling such projects as cleaning out bedroom and coat closets and mudrooms. "Take all of the clothes, jackets, shoes and sports equipment that your kids have outgrown and give them away," said English. "Once you've discarded everything you no longer need, start setting up new storage systems and make sure everything has a place."

One of the most noticeable changes that many families experience after returning to school is an increase in the paper that accumulates at home. "You have to plan the increase in paper work," said Alexandria-based organizer Laura Dando. "Give each child a file folder or a bulletin board where they can keep their important papers, permission slips and homework assignments. To control clutter, clean it out once a week."

Create a space to store or display artwork. "Children enjoy see

SEE CLUTTER, PAGE 10

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# Keeping School Clutter Under Control

FROM PAGE 9

ing their artwork hanging at home,” said Dando. “At the end of the school year you can store some of the artwork in a keepsake box.” Take inventory of each child’s school supplies and determine what needs to be purchased and what can be reused. “Once the school sends the list of supplies your child will need, figure out what you already have so you don’t feel compelled to blindly buy everything on the list,” said English. “If your child [has] a backpack or lunchbox that’s in perfectly good condition, consider reusing it.”

**SET ASIDE A SPACE** where children will do homework and make sure each child has a bin with the supplies he or she will need for completing their assignments, said Arlington-based organizer Michelle Stanbury. “The homework space should be quiet, free of distractions and have good lighting,” she said.

Keep a large family calendar that includes each child’s events. “It can even be a dry erase board,” said Stanbury. “But it should include sports schedules, club meetings, field trip dates and other events. Use a different color marker for each child. This way everyone in the family knows everyone else’s schedule.”

Encourage children to begin choosing their outfits for school before going to bed at night. “This will save a lot of time and fights when children are getting ready for school in the morning,” said Dando.

“With younger children, it also helps if, when you’re school shopping, you buy clothes that all coordinate together and match. This is especially useful for children who like to pick out their own outfits for school.” Designate a

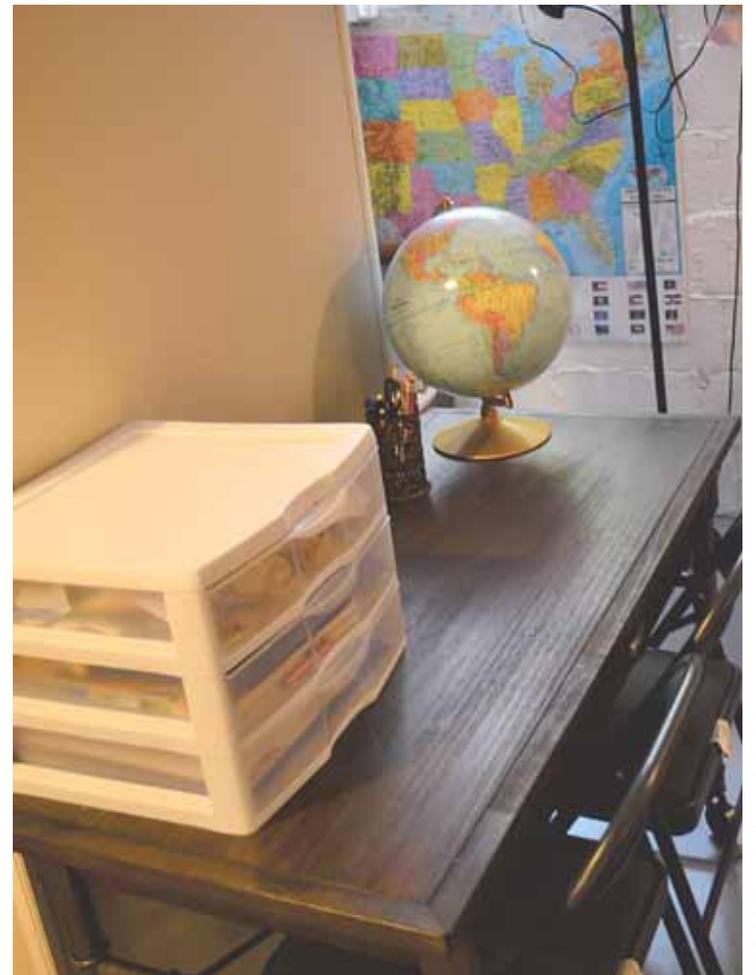


PHOTO BY MARILYN CAMPBELL

**Designating a place in one’s home for papers and homework supplies is one way to stay organized during the school year.**

**“Give each child a file folder or a bulletin board where they can keep their important papers, permission slips and homework assignments. To control clutter, clean it out once a week.”**

— Laura Dando

place in your home where children hang up and store their coats and backpacks. “As parents, sometimes it feels easier to hang up our children’s clothes for them,” said

English. “But if kids are trained to hang up their coats, backpacks and lunchboxes as soon as they come in the door from school, it will be less stressful for everyone.”

## WEEK IN FAIRFAX

FROM PAGE 5

This workshop is sponsored by the Northern Virginia Soil and Water Conservation District. Space is limited; register at:

[www.arlingtonenvironment.org/be-green/live-green/barrel/](http://www.arlingtonenvironment.org/be-green/live-green/barrel/)

## Fairfax City Farmers Markets

Two farmers markets are open for the season in the City of Fairfax. They’ll run through Nov. 1 at the corner of West and Main streets. The Downtown Fairfax Coalition Community Market is held Saturdays, from 8 a.m.-1 p.m. The Sunday Farmers Market will run from 10 a.m.-2 p.m. For more information, call 703-642-0128.

## Volunteer for Advisory Boards

The City of Fairfax invites residents to apply for vacancies on the Board of Architectural Review, Board of Equalization of Real Estate Assessments, Community Appearance Committee and Economic Development Authority.

Applications will be considered at an upcoming City Council meeting following submission. Unless otherwise noted, city residency is required. Submit letters of interest and résumé (if available) to City Clerk Melanie Burrell.

Vacancies are subject to change. Prospective applicants who represent diverse or minority groups are especially encouraged to apply. For more information, call 703-385-7935.

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# KICKSTARTER

## "Save Our Butts!"



PHOTOS BY ABIGAIL CONSTANTINO/THE CONNECTION

From left - Owner Mark O'Meara and manager Dan Collings aim to raise \$100,000 for new seats through University Mall Theatres 'Save Our Butts!' campaign on Kickstarter, which ends Aug. 31.

## University Mall Theatres Launch 'Save our Butts' Campaign

### Movie theater uses Kickstarter to fund overdue improvements.

BY ABIGAIL CONSTANTINO  
THE CONNECTION

University Mall Theatres, in Fairfax, needs \$100,000 to replace its second-hand seats. Nearly each seat in the 23-year old theater has been repaired with duct tape to cover up tears and exposed foam.

Theater manager Dan Collings said, "The chairs are beat up and old." Underneath the duct-taped seats, the metal supports are also rusty.

One of the seats has a box on top, to prevent people from sitting on it, as the back of the seat has fallen off. "In the dark, somebody sat on it and fell," said Collings. "And, we're mortified by this. We have to do something."

Collings and owner Mark O'Meara want to replace 500 seats. The type of chair they want is made by Greystone Seating, and it costs \$200 a piece.

O'Meara got the idea of using Kickstarter while attending the Art House Convergence Conference in Long Island. He shared the idea with Collings, who then created the video for the fundraiser, which is called University Mall Theatres 'Save our Butts!'

AS OF AUG. 8, the campaign has

raised \$53,009.

But the donations have slowed down since the beginning of the campaign. "The second half is harder to get than the first half," said Collings. "It would be awful to come this far and not be able to get the seats," he said.

A second-run theatre, which charges \$4 for adults and \$3 for children, Collings said that there is no way they can afford to buy a brand new beautiful seat, like the Greystone chair displayed in the lobby.

O'Meara bought the theater's current seats second-hand from the Mt. Vernon Multiplex Cinemas, which closed in 2007. The seats were from 1987, and they were already falling apart when O'Meara got them.

Kickstarter's all-or-nothing funding policy means that the theater has to raise the full \$100,000 or it will get nothing. But if the campaign raises more than the goal, it gets to keep all of it. "There's so many things we can do. So much stuff that we would love to improve and make better for people," said Collings, who has been working in the theater for 19 years.

He already has suggestions from customers, such as new carpets and wall coverings and refurbishing the bathrooms.

It would cost about \$56 for a family of six - two adults and four children - to watch a movie that is not a matinee. This does not include popcorn, soda or candy.

But at the University Mall Theatres it would only cost \$20.

"It's a good price for a family of six," said Chris Shue, of McLean. He and his son, Ben, saw X-Men: Days of Future past for \$7.

The theater is a little far away from where they live but they love it. "We come here once or twice a month, maybe. It's just cool because it's small," said Shue. Plus, he likes supporting the independent business. Shue does not mind the theater's seats. "It's not a first-run theater but it's also a third of the price...As long as there's a cup holder, we're good," he said.

Kim Isler, of Oakton, also does not mind the state of the seats. "They're fine for the price," she said. She and her son Michael, 13, like coming here for it. However, she is glad that the theater is now using digital films. The theater transitioned to digital film projectors last year, for which O'Meara had to get a loan.

CONSTRUCTION at University Mall made the theater hard to find, as fences have been erected and big machines obstruct straightforward access. "We have people call literally out front," said O'Meara. He wants people to know that the theater is here and it is open.

Collings is hopeful that people will come through. "With the infusion of money, we can do all kinds of wonderful things."

The deadline for University Mall Theatres 'Save Our Butts!' campaign on Kickstarter is Aug. 31. Information can be found at <https://www.kickstarter.com/projects/dan-the-man/university-mall-theatres-save-our-butts>.

## ENTERTAINMENT

Send notes to the Connection at [south@connectionnewspapers.com](mailto:south@connectionnewspapers.com) or call 703-778-9416. The deadline is the Friday prior to the next paper's publication. Dated announcements should be submitted at least two weeks prior to the event.

### TUESDAY/AUG. 12- AUG. 19

#### The Bodzin Art Gallery "Fine Arts Open Exhibition."

Jewish Community Center of Northern Virginia, 8900 Little River Turnpike, Fairfax. This annual show spotlights the many talents our own members, staff and creative community through the display of a variety of media. [www.jcnvarts.org](http://www.jcnvarts.org).

### FRIDAY/AUG. 15

#### Old Town Plaza Series

Performance by Sior-Og, 7 p.m. Old Town Plaza, 3955 Chain Bridge Road, Fairfax. Come out and enjoy the shops and restaurants at Old Town Plaza, along with live music, weather permitting. [www.oldtownplazafairfax.com](http://www.oldtownplazafairfax.com).

### FRIDAYS/AUG. 15-AUG. 29

#### Braddock Nights Concert Series.

7:30-8:30 p.m. Lake Accotink Park, 7500 Accotink Park Road, Springfield or Royal Lake Park, 5344 Gainsborough Drive, Fairfax. Listen to musical performances in the great outdoors. Visit [www.fairfaxcounty.gov/parks/performances/](http://www.fairfaxcounty.gov/parks/performances/) for location and schedule.

### SATURDAY/AUG.16

#### Neighborhood Plant Clinic.

10 a.m.-1 p.m. City of Fairfax Regional Library, 10360 North Street, Fairfax. Master Gardeners provide horticultural tips, information, techniques and advice to home gardeners. 703-293-6227.

#### Tales to Tails.

10:30-11:30 a.m. City of Fairfax Regional Library, 10360 North Street, Fairfax. Need practice reading? Read aloud to a friendly, trained therapy dog. Age 6-12. Register at [www.fairfaxcounty.gov/library/branches/fx/](http://www.fairfaxcounty.gov/library/branches/fx/) under "Events." 703-293-6227.

**Dog Adoption.** 12-3 p.m. PETCO, Greenbriar Towncenter, 13053 Lee Jackson Memorial Highway, Fairfax.

### MONDAY/AUG. 18

**Tales to Tails.** 4:30-5:30 p.m. City of Fairfax Regional Library, 10360 North Street, Fairfax. Need practice reading? Read aloud to a friendly, trained therapy dog. Age

6-12. Register at [www.fairfaxcounty.gov/library/branches/fx/](http://www.fairfaxcounty.gov/library/branches/fx/) under "Events." 703-293-6227.

### TUESDAY/AUG. 19

**Library eBook Tech Help.** 2-3 p.m. City of Fairfax Regional Library, 10360 North Street, Fairfax. Learn to use the library's eBook collection and compatible devices with a library staff member. 703-293-6227.

**Tales to Tails.** 4:30-5:30 p.m. City of Fairfax Regional Library, 10360 North Street, Fairfax. Need practice reading? Read aloud to a friendly, trained therapy dog. Age 6-12. Register at [www.fairfaxcounty.gov/library/branches/fx/](http://www.fairfaxcounty.gov/library/branches/fx/) under "Events." 703-293-6227.

### WEDNESDAY/AUG. 20

**Brain Games at the Library.** 3-4:30 p.m. City of Fairfax Regional Library, 10360 North Street, Fairfax. Have fun and win prizes with our board games and card games that challenge your thinking and build your skills. Age 8-12. Register at [www.fairfaxcounty.gov/library/branches/fx/](http://www.fairfaxcounty.gov/library/branches/fx/) under "Events." 703-293-6227.

**Tales to Tails.** 5-6 p.m. City of Fairfax Regional Library, 10360 North Street, Fairfax. Need practice reading? Read aloud to a friendly, trained therapy dog. Age 6-12. Register at [www.fairfaxcounty.gov/library/branches/fx/](http://www.fairfaxcounty.gov/library/branches/fx/) under "Events." 703-293-6227.

#### Genealogy Help Desk.

7-8 p.m. City of Fairfax Regional Library, 10360 North Street, Fairfax. Bring your family history stumpers to the experts. 703-293-6227.

### THURSDAY/AUG. 21

#### Chairman Sharon Bulova's Evenings on the Ellipse Summer Concert Series.

5:30-7:30 p.m. Fairfax County Government Center "Ellipse" (green lawn behind the building), 12000 Government Center Parkway, Fairfax. No matter what kind of music you like, bring your lawn chairs, blankets, families and dates. 703-324-7329.

#### Preschool Storytime.

10:30-11 a.m. City of Fairfax Regional Library, 10360 North Street, Fairfax. Build your child's early literacy skills while enjoying stories, songs and activities. Age 3-5 with adult. Register at [www.fairfaxcounty.gov/library/branches/fx/](http://www.fairfaxcounty.gov/library/branches/fx/) under "Events." 703-293-6227.

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**21 Announcements**

**ABC LICENSE**  
Mungkon Thong, Inc trading as Sisters Thai, 2985 District Ave, #130 Fairfax, VA 22031. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL(ABC) for a Wine and Beer On & Off Premises, Mixed Beverages Restaurant license to sell or manufacture alcoholic beverages. Jaturon Sirrote, owner  
NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date to the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

**21 Announcements**

**ABC LICENSE**  
Fat Tuesdays Raw Bar of Fairfax, Inc trading as Fat Tuesdays Restaurant & Raw Bar, 10673 Braddock Rd, Fairfax, VA 22032. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL(ABC) for a Wine and Beer On and Off Premises and Kegs license to sell or manufacture alcoholic beverages. Ronald Butler, President  
NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200

**21 Announcements**

**ABC LICENSE**  
Paddy Barry's VA, Inc trading as Paddy Barry's Irish Pub, Restaurant, 8150 Leesburg Pike, Suite 160A, Vienna, VA 22182. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Beer, Wine and Mixed Beverage license to sell or manufacture alcoholic beverages. Brendan Barry,owner  
NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200

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**Public Notice – Environmental Permit**  
PURPOSE OF NOTICE: To seek public comment on a draft permit from the Department of Environmental Quality (DEQ) to limit air pollution emitted by a facility in Fairfax County, Virginia.  
Public comment period: August 14, 2014 to September 15, 2014.  
Permit name: State Operating Permit issued by DEQ, under the authority of the Air Pollution Control Board  
APPLICANT Name, address and registration number: Syntech Technology, Inc., 7371 Lockport Place, Lorton, VA 22017, Registration No. 74042

**21 Announcements**

Project description: Syntech Technology, Inc. has applied for a permit for the manufacturing of syntactic foam buoyancy modules, which it already does, at the Lorton facility. Two permits are being proposed simultaneously as separate parts of a single document that together would regulate the operation of equipment to mix foam ingredients and equipment to form, finish (smooth) and coat foam modules. The State Operating Permit part would regulate the use of a methylene chloride (MeCl) based solvent currently used to clean the mixing and forming equipment. In order for limitations on a pollutant defined as a Hazardous Air Pollutant (HAP) by the Clean Air Act to be federally enforceable, the limiting permit must be made available for public comment prior to being issued. Therefore, the State Operating Permit part of the subject document is available for public comment.

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# Vossler Latest to Lead Robinson Football Program

The 29-year-old is Rams' fourth head coach in five years.

BY JON ROETMAN  
THE CONNECTION

The Robinson football program, a proud, two-time Virginia state champion, has been reduced to a head-coaching turnstile in recent seasons.

Mark Bendorf, who coached the Rams for 14 seasons, guiding them to three state final appearances and a pair of titles (1997, 2001), retired following the 2010 season. After Bendorf's retirement, Trey Taylor lasted two seasons as head coach, guiding Robinson to a 9-13 record and a pair of first-round playoff exits. Former principal Dan Meier served as interim head coach during the 2013 campaign, leading the Rams to an 8-4 mark, including a playoff win over Patriot High School.

Following Meier's one-year stint, Scott Vossler became Robinson's third head coach in as many seasons, and fourth in the last five years. While those numbers might seem mind-boggling for one of the area's top programs, the hiring of Vossler, a 29-year-old Ohio native, might actually bring a level of continuity. Vossler spent the previous three seasons as a Robinson assistant, and was the team's defensive coordinator in 2013.

"The fact that I've been here for three years really helps," Vossler said. "All these

**First-year Robinson head coach Scott Vossler talks to the Rams during a recent scrimmage.**

PHOTO BY  
CRAIG  
STERBUTZEL/  
THE CONNECTION



guys that are seniors were freshmen my first year here. That helps me [know] where they've been and what they've dealt with, and it also, I think, helps them have some familiar faces that are around."

Vossler said he wants to return the Rams to prominence.

"I think we've got to get better at what we want to do," he said, "but I also think all of us coaches, administration and all the players feel an obligation to the people that played here and coached here before to get things back to where they had it."

**ONE PLAYER** who is very familiar with Vossler is linebacker Nick Roth, who enters

his third season as a varsity starter. Roth, a 6-foot-1, 200-pound senior, has put on 30 pounds since his sophomore year and is expected to be one of the Rams' top players in their 4-3 defensive scheme.

"[Vossler] knows all the players really well," Roth said. "He's a young head coach. He connects with the players a little better than the other coaches have."

Vossler said he expects the defense's back seven to be strong. The secondary has three standouts in senior cornerbacks Demarcus Byrdsong (5-10, 160) and Navarus Grant (6-1, 180), and safety Marcus Denham (5-10, 160).

Offensively, senior quarterback Jack

Rowlett (6-1, 185) returns for his third varsity season under center, and second running the wing-T. "He's going to carry us, hopefully," Vossler said. "The thing that I love about Jack, and I think you notice when he plays, is how competitive he is. If we put Jack in and told him he had to kick off right before the game, he'd tell me he could put it in the end zone. He's very confident, he's very competitive, he just wants to go out there and win." Rowlett, a standout lacrosse player who will play at the University of North Carolina, said he's much more confident now than he was as a sophomore.

"I've been through the meat grinder of the Concorde District," he said. "I've seen a bunch of teams and seen a bunch of good players. I won't be fazed and I know what to expect." Denham is the Rams' top returning running back.

Senior right tackle Josh Blaz (6-2, 250) and senior center Nick Rupert (6-3, 215) are two of the Rams' top offensive linemen.

**ROBINSON** will travel to face Robert E. Lee at 7:30 p.m. on Thursday, Aug. 28. It's the first of three consecutive road games to open the season for the Rams, including meetings with Woodson and Lake Braddock. Robinson's first home game is Sept. 19 against Mount Vernon.

"We're going to work real hard to try to keep the tradition strong and build off what those people left us," Vossler said. "We owe it to the school and we owe it to guys like Mark Bendorf and all those great players that were here to right the ship, so that's going to be our mindset all season."

## Focus on Concussion Prevention

FROM PAGE 4

who had been around for a while.

"They had their own way of doing things, and they were a bit resistant to making changes to their approach to teaching. Once they saw the Heads-up football program, how it works, its safety benefits, and the ease in understanding it from the players perspective, all were converted and are now outspoken advocates for the program," Richardson said.

"Parents are obviously concerned given the extensive negative publicity primarily at the NFL level, and are excited that at the youth level we were proactively addressing the issue," he added. "The Heads-up program also requires significant parent involvement, so they are included in the training process and are an integral component of its success."

As more than 6,000 local youth began football camps in every area of the county last week, Richardson said the FCYFL reminded players, coaches and parents that Fairfax County is a Heads Up organization.

"We take player safety seriously. Our number one rule stipulates that there's

no physical contact for any player during the first three days of practice, and that each player must have at least three practice periods of conditioning and training before engaging in any contact drills or scrimmages."

Vienna Youth football commissioner Todd Casey ran a "Football Moms" camp last week at Oakton High School specifically to give parents the opportunity to experience and understand what their sons encounter during football practice. The camp was organized by VYI Football Moms, and nearly 50 Oakton and Vienna moms attended the Friday evening camp.

Tami Chadwick, whose son plays VYI football and whose daughter is an OHS cheerleader, said she is more concerned about the possibility of injuries in other sports.

"We have a great organization with involved coaches and parents," Chadwick said. "It's clear from day one that coaches are concerned with safety. For example, there is no way they let your son play with a helmet that does not fit properly."

"We coach with safety in mind," Casey said. "Fairfax County youth football is an incredible community that has a ridiculously large impact on the lives of those who play."

Casey said Heads Up has not detracted from staying competitive and continuing to compete in playoffs.

Greg Dunlap, a 15-year-old player from Lake Braddock, said the changes have made playing football "smarter and safer."

"You understand what you're doing more. It's not just blindly running and hitting the guy with the football," Dunlap said.

According to the National Federation of State High School Associations, participation in high school football was down 2.3 percent in the 2012-13 season compared to the 2008-09 season.

Some of that drop-off is attributed to parents' concerns about safety in football. Former NFL running back Merrill Hoge, now a member of USA Football's board of directors, said Heads Up Football is having a positive impact on the game and addressing parents' concerns.

"The ultimate objective is to educate everyone who needs to know more about the trauma in sport, and when it happens, that the right action takes place," Hoge says.

**TO FAIRFAX COUNTY COACHES** like Richardson and Casey, Heads Up Football benefits all coaches, whether they are working with pee wees starting out in football,

or high schoolers with college scholarships in sight.

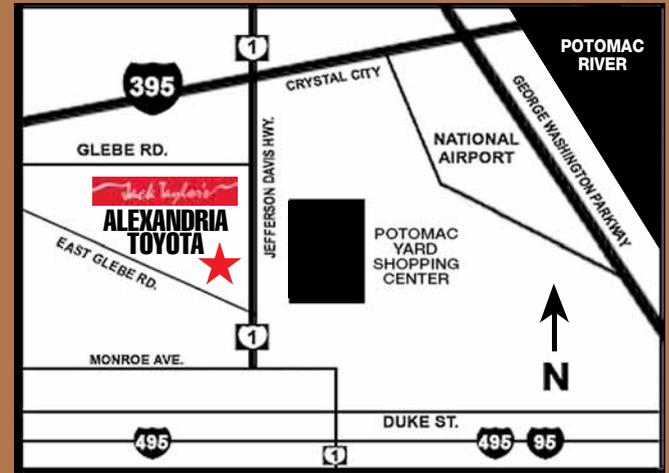
Marsden added that Heads Up shifts the emphasis from treatment to prevention.

"In the past so much of the focus has been on treating a player after a big hit. This is the first time we saw there was something we could do on the front end that makes the game safer," Marsden said. "At the end of the day, prevention is always the best place to end up, whether it's medicine, crime or sports. Prevention is always better than the cure," Marsden said. Marsden sees the connection to high school football as essential. "The high school coach is critical to this program, not only continuing to succeed, but grow," Marsden said. "The high school coach in the area is the guy who supports the youth programs, the guy who is looked up to on every level, the guy the kids want to play for some day."

The more high schools applied to the program, it will legitimize the program even more. They prepare their kids for high school. If this is part of the high school curriculum, we will see more youth coaches embrace it."

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<p><b>OIL &amp; FILTER SERVICE SPECIAL</b></p> <p><b>\$5<sup>00</sup> OFF</b></p> <p><small>Includes: Change oil, install Genuine Toyota oil filter, inspect &amp; adjust all fluid levels and complimentary multi-point inspection with print out.</small></p> <p><small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 8/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.</small></p>	<p><b>VARIABLE DISCOUNT</b></p> <p><b>\$5.00 OFF</b> with purchase of \$35.00 - \$49.99  <b>\$10.00 OFF</b> with purchase of \$50.00 - \$99.99  <b>\$15.00 OFF</b> with purchase of \$100.00 - \$199.99  <b>\$20.00 OFF</b> with purchase of \$200.00 - \$499.99  <b>\$50.00 OFF</b> with purchase of \$500.00 Or more</p> <p><small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 8/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.</small></p>	<p><b>4 WHEEL ALIGNMENT</b></p> <p><b>\$79<sup>95</sup></b></p> <p><small>PREVENT UNEVEN WEAR</small></p> <p><small>Your car's alignment suffers, and can cause uneven tire wear, steering problems and decreased fuel economy.</small></p> <p><small>INCLUDES: Inspect suspension, ball joints, struts &amp; shocks, tire condition and set tire pressure.</small></p> <p><small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 8/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.</small></p>	<p><b>SUMMER DETAIL SPECIAL</b></p> <p><b>\$119<sup>95</sup></b></p> <p><small>Prepare your car's paint for the harsh winter road conditions. A full exterior buffing, paint sealant and wax, along with a vacuuming of the interior.</small></p> <p><small>Vans &amp; SUV's add \$20.00.</small></p> <p><small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 8/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.</small></p>
<p><b>TOYOTA GENUINE SERVICE</b></p> <p><b>BRAKE SPECIAL</b></p> <p><b>\$99<sup>95</sup></b></p> <p><b>PADS</b></p> <p><small>Includes: Install Genuine Toyota front brake pads, inspect front &amp; rear rotors &amp; drums, check tire condition and inspect all hardware. Pads only.</small></p> <p><b>MACHINE ROTORS AN ADDITIONAL \$199.95.</b></p> <p><small>DOES NOT APPLY TO ALL VEHICLES PLEASE SEE SERVICE ADVISOR FOR DETAILS. NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 8/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.</small></p>	<p><b>TOYOTA GENUINE SERVICE</b></p> <p><b>30000 MILES FACTORY RECOMMENDED SERVICE</b></p> <p><b>\$159<sup>99</sup></b></p> <p><small>Synthetic \$10 More</small></p> <p><small>Includes: Change engine oil &amp; filter (up to 5 qts), rotate tires, inspect wear and adjust pressure, measure brake pad thickness &amp; rotor runout, replace cabin air filter (if equipped), replace engine air filter, reset maintenance reminder light (if applicable) and multi-point vehicle inspection.</small></p> <p><small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 8/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.</small></p>	<p><b>TOYOTA GENUINE SERVICE</b></p> <p><b>BASIC MINOR SERVICE</b></p> <p>PERFORMED EVERY 5,000 MILES OR 6 MONTHS WHICHEVER COMES FIRST</p> <p><b>\$79<sup>00</sup></b></p> <p><small>2003 &amp; NEWER Synthetic \$10 More</small></p> <p><small>Includes: Change engine oil &amp; filter (up to 5 qts), rotate tires, inspect wear and adjust pressure, inspect brakes, top off under hood fluids, reset maintenance reminder light (if applicable) and multi-point vehicle inspection.</small></p> <p><small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 8/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.</small></p>	<p><b>TOYOTA GENUINE SERVICE</b></p> <p><b>DETAIL SPECIALS</b></p> <p><b>\$39<sup>95</sup></b> Wash &amp; Vacuum</p> <p><b>\$139<sup>95</sup></b> Hand wash, wax &amp; interior cleaning</p> <p><b>\$295<sup>95</sup></b> Full premium detail</p> <p><small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 8/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.</small></p>
<p><b>TOYOTA GENUINE SERVICE</b></p> <p><b>VENTILATION SPECIAL</b></p> <p><b>\$79<sup>95</sup></b></p> <p><small>Includes: Clean condenser fins, check A/C performance, inspect drive belts for tension/wear and replace cabin air filter.</small></p> <p><small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 8/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.</small></p>	<p><b>TOYOTA GENUINE SERVICE</b></p> <p><b>TRUE START BATTERY SPECIAL</b></p> <p><b>\$139<sup>95</sup></b></p> <p><small>INCLUDES BATTERY INSTALLATION</small></p> <p><small>Includes: 84 month warranty, 24 month FREE replacement, 24 month FREE roadside assistance, 60 month prorated, PLUS we'll check all battery cables &amp; connections.</small></p> <p><small>Does not apply to Hybrid Batteries.</small></p> <p><small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 8/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.</small></p>	<p><b>TOYOTA GENUINE SERVICE</b></p> <p><b>BUY 3 TIRES AND GET 4TH FOR \$1<sup>00</sup></b></p> <p><small>GOT TIRES? NO CHARGE ROAD HAZARD PROTECTION, TIRE WARRANTY, AND FREE COURTESY MULTI-POINT INSPECTION. PRICE MATCH GUARANTEE. SEE SERVICE ADVISOR FOR DETAILS.</small></p> <p><small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 8/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.</small></p>	<p><b>TOYOTA GENUINE SERVICE</b></p> <p><b>HEADLIGHT RESTORATION SPECIAL</b></p> <p><b>\$89<sup>95</sup></b></p> <p><small>Plastic lenses can yellow with age, reducing the vehicle's market value. Headlight brightness &amp; the overall safety during nighttime driving. The headlight lens restoration from us allows you to shine and restore headlights to like-new conditions.</small></p> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">  <p>Before</p> </div> <div style="text-align: center;">  <p>After</p> </div> </div> <p><small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 8/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.</small></p>
<p><b>TOYOTA GENUINE SERVICE</b></p> <p><b>WE WILL MEET OR BEAT ANY LOCAL TOYOTA DEALERSHIP'S CURRENT ADVERTISED SERVICE SPECIALS</b></p> <p><small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 8/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.</small></p>	<p><b>TOYOTA GENUINE SERVICE</b></p> <p><b>COMPLIMENTARY MULTI-POINT INSPECTION</b></p> <p><small>Includes: Inspect tires, brakes, wipers, lights, belts &amp; hoses &amp; fluid levels.</small></p> <p><small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 8/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.</small></p>	<p><b>TOYOTA GENUINE SERVICE</b></p> <p><b>ROTATE &amp; BALANCE SPECIAL</b></p> <p><b>\$59<sup>95</sup></b></p> <p><small>Includes: Rotate and balance all 4 wheels and inspect brakes and tires.</small></p> <p><small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 8/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.</small></p>	<p><small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 8/31/14. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.</small></p>

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**Woodbridge**  
\$368,000

Beautiful end unit w/ garage in Belmont Bay golf & boating community. Open layout w/ 3 BRs, 2 full & 2 half BAs. Sparkling hardwoods, walkout lower level to fenced backyard. Pool & VRE around the corner!



**Lorton** \$839,000  
Luxurious colonial with an open floor plan, abundance of windows, chef's kitchen, 1st floor master suite and walk out lower level.

View more photos at [www.hermandorfer.com](http://www.hermandorfer.com)



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Fully renovated Kitchen w/SS Appliances & Granite Counters - All Baths Renovated w/Granite Counters - New HW Flooring Thruout - New Marble FP Surround & Hearth + Gorgeous New Mantle in Huge Rec Rm - OPEN LAYOUT - Freshly painted - New HVAC Air Handler - Sited on Quiet Cul-de-Sac in Sought after area - LIKE NEW - MUST SEE!



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**Alexandria** \$384,900  
Super 60s split level on spacious lot inside the Beltway! Newly refinished hardwood floors, freshly painted, replacement windows. 3 bedrooms, 2 baths (1 new!) is being sold AS IS but in great condition. Great commute location!



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**Remington**  
\$300,000  
Historic Victorian Colonial

Beautiful home in the historical district! 4 bedrms, 4 baths, huge oversized 2 car garage, remodeled eat-in kitchen w/ granite and SS, library on 1st level, tin roofed screened porch, 2 floor to ceiling bay windows, winding wood staircase, mirrored mantel surrounds, tall ceilings, hardwood floors, and there is a separate apartment unit above garage with separate entry and utility meters! Call Steve Childress NOW! 703-981-3277



**Fairfax** \$849,900  
Beautiful Brecon Ridge Community  
40,200 Sq Ft Lot, Gourmet Kitchen, 3 Finished levels  
For Appt: Call Sheila 703-503-1895



**Jim Fox**  
703.503.1800  
jim.fox@LNF.com



**Woodbridge**  
\$225,000

Fantastic price & location for this 2 lvl rambler sited on large level lot on quiet street. Brand new kitchen counters, appliances, flooring. Refin hdwd floors. Fresh paint thruout. Brand new 220 service breaker box. Brand new light fixtures, outlets, switch plates. Newer furnace. Walkout rec rm plus big storage rm/workshop. 2 fireplaces. Fenced yard. Minutes to VRE, major routes, Potomac Mills.



**Mary Hovland**  
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**Cathy DeLoach**  
571-276-9421  
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Next Door



**Falls Church**  
\$860,000

Almost new beautiful home of superior quality located in Falls Church. Situated on a half-acre lot, home offers open floor plan, huge family room w/gas fireplace, office, center island chef's kitchen & 5 BR's to include fabulous master suite & LL Au pair suite. Close to DC, Mark Center-Alexandria, Pentagon, all major routes & Reagan Nat'l Airport. Enjoy golfing at close-by Army Navy Country Club as well!



**AMANDA SCOTT**  
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Top Producer  
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**Kingstowne** \$595,000  
Gorgeous Brick end unit, 3BR, 3.5 BA, Liv/Din, Fam rm, Grnt Kit w granite & SS appls, HDWDS, fin w/out LL, corner cul de sac lot back to wooded common area, 2 car Gar, close to stores & dining.



**Gainesville Heritage Hunt 55+** \$579,900  
Stunning 3 lvl home on the golf course! 3BR, 3.5BA, Liv, Din, grnt Kit, Brkfst, Fam, Sun, HDWDS, updt BAs, Loft, Trex deck, fin LL w Rec rm, Bonus rm, Den, Storage, 2 car Gar, Irrig syst, quality Indscpg.

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**Bristow** \$399,000  
Beautiful 3Lvl, 4BR, 3.5BA, Custom 480sf Porch, 2 Laundry Rms, Main Lvl Hardwood floors, Fin Bsmt.

*Christine Zinser*  
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**Burke** \$625,000  
Classic Colonial  
Spacious 5 BR, 3.5 BA with fin LL Rec Room. Updated kitchen and baths w/granite counters. HW floor in Foy, Kit & Bkfst Rms. Call Gerry at 703-309-8948.

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ellie.wester@longandfoster.com



**Fairfax** \$699,850  
Ridges of Glendilough  
Updated and upgraded on a beautiful lot bordering on community common ground and Popes Head Creek. Dazzling kitchen with Granite and stainless and custom cabinets. There is so much more in this 3 level home on a 1/2 acre. Woodson HS.

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