

Centreville ❖ Little Rocky Run CENTRE VIEW

AUGUST 28 - SEPTEMBER 3, 2014

25 CENTS NEWSSTAND PRICE



PHOTO BY STEVE HIBBARD/CENTRE VIEW

Margarita Benavides (right) leads in basketball practice at C.A.T.S. at the YMCA in Reston.

Adapting to Special Needs

C.A.T.S. gives children with autism a chance at recreation and socialization.

BY STEVE HIBBARD
CENTRE VIEW

Last year, Margarita Benavides started C.A.T.S. — Children’s Adaptive Team Sports, whose mission is to provide children with special needs the opportunity to play in structured sports in their communities. It began in February of 2013 with a soccer league at the nZone in Chantilly, and has expanded to basketball, cheerleading and flag football — at four locations, including the YMCA in Reston, Courage Sports Center in Woodbridge, and the Shenandoah Soccer Academy in Winchester.

“This was my dream,” said Benavides, the founder and director who has a special education degree from GMU. “My two passions are sports and serving people with disabilities ... It provides team sports for kids who

are not able to participate in other programs.”

The goal is to expand to swimming, volleyball and track and field to Arlington County and Maryland. For now, people are driving from as far away as the District, Gainesville, and Prince George’s County, Md., to attend.

The cost is \$115 for eight weeks of one-hour sessions on weekends, and includes uniforms, trophies and a party at the end of the season. The fall season begins on Sept. 27 and runs through Nov. 16. For details and to register, visit www.cats-sports.com or call 703-597-4310 or email mbenavides@cats-sports.com.

“We individualize our instruction for the child’s goals,” said Benavides. For some children, it’s just having the opportunity to participate, while for others, it’s individual sports goals. She said they can also learn about following directions, taking turns, proper manners and waiting.

“It’s an environment where we can teach and stimulate what they need,” she said.

And the best part? “Just for the kids to be able to have fun,” she said. “It helps in their quality of

life, confidence and leadership.” And after the season ends, almost all of the youngsters return for another go-round, she said.

“It helps in their quality of life, confidence and leadership.”

— Margarita Benavides

SEE PROVIDING SPORTS. PAGE 5

Meet WFCM’s New Director

With a background in community service and mission projects, Lauren Weaver Sterling was born for this job.

BY STEVE HIBBARD
CENTRE VIEW

Lauren Weaver Sterling, 32, of Fairfax was named on June 25 the new executive director of the Western Fairfax Christian Ministries (WFCM), replacing Melissa Jansen who resigned. The daughter of a Baptist pastor, Sterling graduated from West Springfield High School, the College of William and Mary, and has a master’s in social work from Virginia Commonwealth University where she studied social service programs, fundraising and nonprofit management. She’s has experience in grant-writing, fundraising and development, and worked at nonprofits for 10 years.

“I’ve grown up in the church, and it was really in the church that my desire to serve others was developed — through mission projects and community service projects throughout my life,” said Sterling. “It’s always been my desire to serve others, to help the community however I can. I really see that as a tangible way to show the love of God.”

Her goal for WFCM, which has a \$653,000 yearly budget and eight part-time staff members, is to continue to partner with churches and community groups, and individuals on food drives and the backpack program, which is currently underway.



PHOTO BY STEVE HIBBARD/CENTRE VIEW

Lauren Weaver Sterling is the new executive director of WFCM, the Western Fairfax Christian Ministries.

“We are collecting 2,000 backpacks to distribute to schools in the area, with 23 elementary, middle and high schools that will be the recipients of these backpacks,” she said.

Along those lines, she said she would like to continue WFCM programming to help with financial assistance, which includes money for rent, utilities and other basic needs for the clients.

Last year, WFCM provided \$164,829 in financial assistance to 352 households (1,046 individuals), which included money for rent, utilities, medication, trans

SEE METT WFCM. PAGE 3

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A Treasure Hunt

Inside advice on buying antiques

BY MARILYN CAMPBELL
CENTRE VIEW

Yves Davis sat crossed-legged in the library of her Centreville home. A hand-engraved gold locket that once belonged to her great-grandmother dangled from a heavy chain around her neck. Her engagement ring — a diamond and ruby Edwardian ring — complemented the dark red pattern her vintage Gucci dress. To say that Davis is an aficionado of antique and vintage pieces would be an understatement.

"I love antiques because of the sentimental value and history that they hold," said Davis, a jewelry consultant who helps private collectors build collections and antique pieces. She holds a degree in art history with a concentration in period jewelry. "Antique pieces must be at least 100 years old and are generally one-of-a-kind pieces."

Davis and other antique jewelry consultants and dealers say there are many reasons to love antique pieces of jewelry. They do, however, caution consumers that many pieces of jewelry that look like antiques are often reproductions. They tell their clients that there are certain factors you must understand when purchasing antique jewelry. That way you know you're getting an authentic period piece, rather than an item that was mass-produced last year.

David Popolousus, an Alexandria-based graduate gemologist who specializes in antique rings and pins, advises antique jewelry buyers to take the time to investigate the seller. "There is no such thing as bulk inventory when purchasing antique jewelry," he said. "If you search for a seller on a website like eBay and see that they have multiple pieces of the same item, more than likely they're selling knock-off antiques."

The provenance of a piece of antique jewelry also increases its value. "Consider the origin or source of the item," Julia Isenberg, a graduate gemologist and private jewelry consultant in Oak Hill. "A diamond ring that was once owned by Elizabeth Taylor would be far more valuable than the same piece



PHOTO BY MARILYN CAMPBELL

Local antique consultants say pieces that were made by famous design houses hold their value much more than well-made pieces by craftsmen who don't have name recognition.

whose owner was not notable. Antique pieces that were made by famous design houses hold their value much more than well-made pieces by craftsmen who don't have name recognition. Even faux pieces that were made or owned by a person of note can be more valuable than their authentic counterparts."

The price of an item can also be a clue as to its authenticity. "If the price of an item seems too good to be true, it probably is," said Isenberg. "Antique jewelry is well made and has an impressive history. You won't find it being sold at bargain basement prices."

"Look for craftsmanship as well as wear and tear," added Davis. "It is important to examine each piece looking for loose stones, worn prongs or clasps or other defects."

Estate sales and reputable jewelry stores are among the best places to look for antique jewelry. "That doesn't mean that you can't find quality antiques at garage sales or even online," said Popolousus. You just have to do your homework before buying."

BUSINESS NOTES

Email announcements to centreview@connectionnewspapers.com. Photos welcome.

Northern Virginia Electric Cooperative warns all consumers to be alert to anyone who claims to represent NOVEC and directs them to pay bills with a specific prepaid debit card. Any Co-op consumer who receives a suspicious call should report it to their local police and to NOVEC at 703-335-0500 or toll-free 1-888-335-0500.

Central Turf & Irrigation Supply, Inc., a North American wholesale distributor of irrigation, landscape, lighting and equipment supplies, has appointed **Joe Witzler** as National Golf Irrigation Manager. Witzler is a 30-year veteran of the golf industry, and his background includes experience as a golf irrigation contractor, system designer, salesman and manager. Central Turf & Irrigation Supply, Inc. is located at 44208 Wade Drive, Chantilly.

Fairfax Family Practice Centers has been recognized by the American Academy of Family Physicians (AAFP) for successful completion of the Child and Adolescent Immunization Office Champions

Project. During the year-long project, Fairfax Family Practice Centers implemented a series of changes to increase immunization rates for their pediatric patients. Fairfax Family Practice Centers was one of only 20 family medicine practices across the United States selected to participate in the project. The results of the project will be disseminated to AAFP members nationwide.

Deb Johnson attained her Professional Manager of Community Associations (PMAC) designation through Community Associations Institute. Johnson has been with CMC since 2007, where she serves as the community manager for a luxury mid-rise condominium located in Reston. She is an active member of the Washington Metropolitan Chapter of CAI. In addition to her PCAM, she also holds the CMCA and AMS designations.

Kona Grill will open in Fair Oaks Mall in

summer 2015, joining Brio Tuscan Grille and On the Border Mexican Grill & Cantina which are set to open by late fall of this year. Kona Grill is an American grill and sushi bar chain with international influence. The chain offers steaks, fresh seafood and entrees made from scratch as well as a full sushi bar, designer cocktails and seasonally inspired menus.

Daniella McDonald has joined **CORT**, a Berkshire Hathaway furniture company with a location in Chantilly, as manager of talent acquisition. In this role, McDonald will oversee all recruiting efforts at CORT, including securing top talent for the company, promoting job openings and driving employee career development through internal job postings.

Christian Siding, of Chantilly, received CertainTeed Corporation's 5-Star Siding Contractor certification. The program provides contractors with training and tools to improve skills.

Bellezza Spa, in Centreville, joined **Open Arms Worldwide's** gala, donating a \$230 spa package to support the enrichment of children in under-served countries.

HomeAid Northern Virginia, which builds and renovates homeless shelters and other facilities that help homeless families and individuals, announced that **Heritage Contracting** has won its Trade Partner of the Year Award.

The Fairfax County Park Authority Board approved three Mastenbrook grants, a program which provides up to \$20,000 in matching funds for individual volunteer projects in Fairfax County. These grants will enable three organizations including West Springfield Little League (WSLL), Chantilly Youth Association (CYA), and Fort Hunt Little League (FHLL) to improve three different parks, Byron Avenue Park, Sully Highlands, and Hollin Hall Park, respectively. For more information or to apply, call 703-324-8591 or visit <http://www.fairfaxcounty.gov/parks/mastenbrookgrant.htm>.

OBITUARY

Consuelo Soto Trafford

Consuelo (Connie) Soto Trafford, 97, of Springfield, Va., died at home on Saturday, Aug. 2, 2014. She was the mother of Beatrice Serrano Carvajal, the late Eddie Serrano, Antonina Serrano, and Glenn Trafford; sister to the late Aurora Chavez, and late Gaudalia (Gayva) Soto Mojica. Funeral services were held on Saturday, Aug. 9 at Fairfax Memorial Funeral Home with burial directly following at Fairfax Memorial Park.

She was a resident of Kings Park in Springfield, Va., but had lived most of her life in Pico Rivera, Calif. Born on June 28, 1917, to Antonina and Agustin Soto, she grew up in the copper mining town of Jerome, Ariz. She was a loving mother and devoted grandmother.

She is survived by her children Beatrice, Nina, and Glenn; 18 grandchildren, 41 great-grandchildren, and 28 great-great-grandchildren.

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ROUNDUPS

Route 50 Widening Progressing

By Thursday, Aug. 28, drivers on Route 50 will have three lanes eastbound from Poland Road in Loudoun County to Route 28 in Fairfax County.

The opening of the third lane is being done in two phases. The lane is scheduled to open from Pleasant Valley Road in Fairfax County to Stonecroft Boulevard by 5 a.m. Wednesday, Aug. 27. It will then open from Poland Road in Loudoun County to Pleasant Valley in Fairfax by 5 a.m. Thursday, Aug. 28.

Three lanes have been open to eastbound traffic from Stonecroft to Lee Road since the project began.

Crews plan to open a third lane to westbound traffic from the Cub Run Bridge to Poland Road by the end of this year.

The overall project completion date is November 2015.

VDOT Fixing Striping on I-66

VDOT crews are working on the eastbound I-66 bridge over Route 29 to remedy temporary pavement markings that peeled from the roadway during the Aug. 25 morning's rush hour.

The markings were installed on Aug. 15 as part of a temporary lane shift that will last three more weeks. The \$2 million project to rehabilitate the I-66 bridges over Route 29 will be complete this fall. The Virginia Department of Transportation is working to determine what caused the markings to peel.

Helping Immigrant Children

The Centreville Labor Resource Center (CLRC) is collecting donations for the 70 immigrant children and 15 young mothers being housed at a secure facility in Bristow while awaiting hearings. The children need health and hygiene supplies, clothing and bedding. Donations may be brought to CLRC, 5956 Centreville Crest Lane in Centreville.

Especially needed are clothing and underwear for both boys and girls, ages 7-17; white towels, twin-sized blankets, sheets and bedspreads; new pillows and personal-hygiene products including shampoo, conditioner, hand soap, lotion, deodorant, hair brushes and accessories, tooth paste and toothbrushes, and disposable diapers.

For more information call CLRC Director Roberto Fernández at 703-543-6272, Monday through Saturday, 6 a.m.-noon, or Foltz at 703-346-6030.

Neighborhood Speeding Problems?

Residents concerned about speeding in your neighborhood may take the Neighborhood Speeding Survey at: <http://svy.mk/1oef9WO>. The results will go to the Fairfax County Police Department so officers may deal with it.

Farmers Market on Thursdays

Each Thursday, from 3-7 p.m., the Fairfax County Government Center hosts a farmers market in its parking lot. The Government Center is at 12000 Government Center Pkwy. in Fair Oaks, and the next markets are slated for Aug. 28 and Sept 4.

Enjoy Sully's Starlight Cinema

The 10th year of Sully District Starlight Cinema is already underway with free, family-friendly, drive-in movies. They're presented Saturday evenings in August at 5860 Trinity Parkway in Centreville. Gates open at 6 p.m. The fun includes music, food and children's activities provided by New Life Christian Church. Then, at dark, the movies will start. People may watch from their cars or may sit in a designated area in front of the screen.

The next film is Aug. 30, "The Lego Movie."

"Frozen," which was postponed due to the weather on Aug. 23, has been rescheduled for Saturday, Sept. 6.

If bad weather threatens, call 703-324-SHOW after 6 p.m. for cancellation updates. For more information, visit www.fairfaxcounty.gov/parks/performances/.

NEWS

Meet WFCM's New Director

FROM PAGE 1

portation and other assistance. Between July 1, 2013 and June 30, 2014, WFCM served 955 households from Centreville, Clifton, Chantilly, Fairfax and Fairfax Station. And the demand for WFCM's services continues to increase, said Sterling.

"The majority of our clients are employed, but they are unable to find full time work, so many don't have benefits," said Sterling. "They're only able to find part-time work, which doesn't provide enough for their families.

"The majority are adults with children who have extremely low incomes and who are employed," added Sterling. "The majority are seeking assistance with rent and utilities because of the high cost of housing in this area. Even with a job, it can be difficult to make ends meet."

WFCM helped households with income levels of 862 extremely low, 68 low, 20 moderate to low, and 5 above. The ethnicity of household beneficiaries was 502 white, 297 African American, 85 Middle Eastern, 29 Asian or Pacific Islander, and 25 mixed. As far as individuals, WFCM served 301 seniors, 1,309 adults, 1,270 children, for a total of 2,880.

WFCM relies heavily on its 648 individual and 39 group volunteers, which provided 24,038 hours at WFCM's food pantry, administrative offices, and thrift store.

These volunteers work the front desk and screen people for income eligibility, help stock the food pantry and bag food, and pick up food from the community. Stores like Giant, Costco and Harris Teeter donate food to its pantry on a regular basis, which includes perishables, baked goods and even meats.

"We rely heavily on volunteers; they continue to be integral to the operation," said Sterling.

The food pantry is unique in that it's "client choice," which means the client can shop for his or her family. New clients are screened by staff to see if they are eligible.

The food pantry has shelves stocked with donated items, and clients make appointments for when they can shop; they receive one bag of food per family member. Last year, the pantry provided 28,279 bags of food to 807 households (2,477 individuals) through its food pantry.

During its Holiday Food Program, WFCM provided meals and/or food assistance to 1,270 families. During its backpacks program, it gave away 1,995 backpacks to students on free/reduced lunches.

In operation since 1998, the thrift store recently shut down on Aug. 15 after it started to experience a loss in revenue, which did not cover the operating costs. So after 10 months of discussion, the board of directors decided to close it and instead focus on other aspects of WFCM's ministry: the food pantry, client emergency services, Mercy Closet referrals,



PHOTO BY STEVE HIBBARD/CENTRE VIEW

Lauren Weaver Sterling is the new executive director of WFCM, the Western Fairfax Christian Ministries.

"The majority of our clients are employed, but they are unable to find full time work, so many don't have benefits."

— Lauren Weaver Sterling

and sponsoring events such as the holiday food drive and backpack drive.

Sterling said she hopes to develop even more partnerships in the community by expanding to different churches, businesses and other organizations.

"I'm really excited to be part of this ministry," said Sterling. "This is the type of work that I wanted to do when I went back to school to pursue a degree in

social work. I am very grateful for the opportunity to be here and to serve."

Sterling has a long history of mission projects, like conducting food drives for ECHO in Springfield. She helped start an ESOL program by doing community outreach for Spanish-speaking people after college.

"It was a chance for me to exercise program development skills and start something and seeing it all the way through," she said.

She also headed up creative ministry teams, which sang at nursing homes and performed at

a juvenile detention center, as well as crocheted scarves for a homeless shelter. After college, she worked for the Baptist World Alliance in Falls Church and the Virginia Supportive Housing, a nonprofit that provides permanent supportive housing for homeless single adults in Richmond.

"Lauren Weaver Sterling is a woman of substantive faith with a heart for the least among us," said the Rev. Kathryn F. Talley, deputy executive director of the Virginia Supportive Housing. "I've watched Lauren build strong relationships with funders, and I can envision her doing the same thing with churches participating in WFCM."

She added: "She has a keen mind and is comfortable with the business side of non-profit work WFCM could not have found a more capable candidate to be their new executive director."

Sterling is recently married to husband Eric Sterling, a consultant with a D.C. contractor.

WFCM is located at 13888 Metrotech Drive in Chantilly.

Sterling can be reached at Lsterling@wfcmv.org or 703-988-9656, ext. 101. The website is www.wfcmv.org.



Duan Shankle (left) and Bobane Dogomangue hold the lobster rolls they got from the food truck.



Tanya Logan, of Soul Cakes by Tanya, holding her red-velvet cupcake and peach trifle.



Sarah Keally (left) and Whitney Kazragis with their produce purchases.



June McMullen of Nitro's Creamery holds a cup of vanilla ice cream that she made on site in minutes.

'It's Nice To Shop Outdoors' Farmers Market at Government Center is a hit with the customers.

BY BONNIE HOBBS
CENTRE VIEW

Whether customers are looking for juicy peaches, ripe tomatoes, coconut cupcakes or homemade ice cream, they'll find all those things and more at the farmers market at the Fairfax County Government Center.

Run by the county, it's held each Thursday, 3-7 p.m., in the parking lot of 12000 Government Center Pkwy. in Fair Oaks. It runs through Oct. 30 and often, there's a food truck, too, with the cuisine varying from week to week.

Board of Supervisors Chairman Sharon Bulova wanted a market here and this is its first year in this location. And the reception has been welcoming.

During a recent market, Duan Shankle got two lobster rolls from the food truck and bread from Great Harvest Bread Co. "It's great that the market's here and that they have fresh produce," she said. "And it's convenient for the Government Center employees."

Co-worker Bobane Dogomangue agreed. That day she purchased some cheddar-garlic bread, corn and other vegetables. "I think the market's a wonderful idea," she said. "It gives us access to fresh food that's healthy and lets us support the local farmers. It's important to give them the ability to continue."

Sisters Angelica and Esther Medina helped customers at the Westmoreland Produce stand. They sold a colorful array of cherry and heirloom tomatoes, fresh basil, green beans and pole beans, plus eggplant, green peppers, cucumbers, squash and zucchini.

Among their customers was Fairfax's Steve Adams, who bought heirloom tomatoes and fresh basil from them. "Summer tomatoes are my favorite thing," he said. "I'm going to make caprese stacks with them and will also top some veggie burgers with the tomatoes."

Since Adams, too, works at the Government Center, he called the farmers market

"super convenient" because he stops by on his way home. "I might also get some fresh peaches today," he said. "This market helps local farmers, the quality is excellent, you get fresh produce and it helps the local businesses."

Peggy McDonald of Fair Oaks said the farmers market brought back happy memories of her childhood. "My sister and I grew up with a garden in Loudoun County, and my mother and grandmother would can and freeze fresh vegetables," said McDonald.

At the market, she purchased cheddar-garlic bread and said Three Way Farm had "fresh and nice-looking" produce. "I think this market's wonderful because it's so close to home and the food is so fresh," she added. "More people should come to it. Last time I came, I got the juiciest peaches ever from Toigo Orchards and made a cobbler – and I bought more peaches today."

Her husband Tom said they also got dog treats from Great Harvest Bread, and her sister, Linda Fogle of Chantilly's Brookfield community, was also glad they went to the market. "I come here to support the small farmers," she said. "I got tomatoes, corn, cantaloupe and peaches. Having had my own garden for many years, I know how much work goes into it and how wonderful everything tastes when it's fresh."

Fair Lakes resident Jan Reimer was there for her second time and purchased corn, tomatoes, peaches, zucchini and cucumbers. "Everything looked really good," she said. "I also got a salted-caramel cupcake from Soul Cakes by Tanya. Last week, I had a mixed-berry trifle from her and it was very good. I come to the farmers market because the vegetables can't be beat and it's nice to



Sisters Angelica (left) and Esther Medina with colorful tomatoes and basil at the Westmoreland Produce stand.

PHOTOS BY BONNIE HOBBS/CENTRE VIEW

The market is catching on – not just to the Government Center employees, but also to people from the neighborhoods, so that's really helpful. People continue to rotate through to check it out."

Other non-produce vendors include Nitro's Creamery and Kylie's Pop Shop. At Nitro's, owner June McMullen uses liquid nitrogen to make quick and creamy, homemade ice cream on the spot. Favorite flavors are vanilla and Nutella chocolate but, on any given day, could also include blueberry, mango or strawberry.

At Kylie's, owner Kylie Carey offers whimsical cake pops in flavors such as red velvet, dark chocolate, orange Dreamsicle, vanilla, lemon, chocolate chip and Heath bar. Cost is \$3 each, \$5 for two or \$25 for a dozen.

Customer Joel Bittorf was buying grass-fed meat from The Lamb's Quarter, plus cantaloupe, squash and eggplant from Three Way Farm. "The market has grown by word of mouth," he said. "And people like the different food trucks, too. One week, there was a chicken-and-waffle truck, and last week's truck had Korean food and kimchi hot dogs."

shop outdoors here and meet all the different vendors."

At the Soul Cakes by Tanya stand, vendor Tanya Logan offered a tempting array of scratch-made cakes, cupcakes, pastries and cookies. Flavors included coconut, red velvet and carrot cakes, plus chocolate, vanilla and salted-caramel cupcakes.

"The lemon pound cake is our signature cake," said Logan. "And one of our best sellers here is a trifle in a Mason jar. It's made out of lemon pound cake, peaches from the farmers, whipped cream and spice."

On the whole, she said, "Business is good.

As for the market, he said, "It's a good idea; it lets people buy local and helps the farmers. And it allows people to see where their food comes from."

Whitney Kazragis of Fair Lakes also had fun buying cantaloupe, zucchini and peaches.

"Now that the weather's better, I'll come here more often," she said. "I think it's really important to support Virginia agriculture and the location's great. Having the market weekly, at a regular time and a central location, is important; and it'll be really neat to watch it grow."



PHOTO BY STEVE HIBBARD/CENTRE VIEW

Margarita Benavides leads in basketball drills.

Providing Sports for Special Needs

FROM PAGE 1

The program teaches social skills, gross motor skills, behavior skills, and confidence. The 100 children who participate are grouped based on abilities, not age range, where socialization and making friends is stressed. “We try to focus on giving high-fives and making friends. They’re with the same peers every week,” she said.

She added: “We always make sure everybody scores a basket or a goal and that they get cheered on by the other players ... It’s easy for us to follow through because they already have an interest in what they’re playing.”

She said parents have reported that they’ve seen improvements in their child’s gross motor skills, behavior, and flexibility.

Will Plath of Centreville, whose son Alex, 11, is autistic, said he is very impressed with the program. “This is a very good fit for our son,” a fifth-grader at Union Mill Elementary who is not very verbal, he said. “He always wants to come every week.” They tried out the soccer but it wasn’t a fit.

Narayan Athreya, whose daughter Sneha, 20, of Clifton attends, is also impressed with the program.

“She’s very interested in playing basketball,” he says of Sneha, who attends the Davis Career Center. “She likes basketball. This program gives her the chance to do what she likes to do; it’s an opportunity to play with a group.”

Gwen Sparks, whose son Wade, 5, of Springfield, plays basketball and attends Laurel Ridge Elementary, is happy that she found the program.

“It’s a great resource; I had no idea it existed,” she said. She said her son is learning good skills and is happy that it works with each child’s different abilities.

Dwayne Brodie of Maryland, whose son Drew, 11, plays basketball, calls it an excellent program. “It teaches children about following instructions, teamwork and commitment,” he says. “I like it because it shows that all children can learn to compete regardless of skill level.”

Lori Allred, whose son Sammy, 11, of Reston plays soccer and basketball, likes the attention that her son gets, calling it affordable. “A lot of times programs for special needs children are expensive,” she said. “This one is affordable and convenient. He learns all aspects of the game.”

Senior Citizens’ Crime Prevention

Fairfax County police will present a series of free seminars about senior citizens and crime prevention. The schedule is as follows: Sept. 10, Personal Safety and Crime Prevention; Oct. 8, Financial Crime Prevention; and Nov. 12, Cons and Scams Prevention.

Seminars will be held at the Sully Senior Center, 5690 Sully Road, Centreville. Each one is on a Wednesday at 12:30 p.m. No registration is required. The goal is to give senior citizens the power to prevent crime at home, to prevent financial crimes and detect scam artists. Contact PFC Tara Gerhard at 703-814-7051 or FCPDSULCPO@fairfaxcounty.gov.

ROUNDUPS

FROM PAGE 3

Learn about Secret Service

The Sully District Police Station’s Citizens Advisory Committee (CAC) will meet Wednesday, Sept. 10, at 7:30 p.m. for a presentation by the U.S. Secret Service.

It’ll be held in the Sully District Governmental Center, 4900 Stonecroft Blvd. in Chantilly. A Secret Service agent will explain how the organization protects the president of the United States and safeguards the nation’s financial institutions. The public, including children, are welcome and will be able to ask questions.

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www.foha.org

Back to School: Good Steps, Good Intentions

The first day of school in Fairfax County is Tuesday, Sept. 2, but Monday, Sept. 8 is the beginning of something important. For the first time in decades, elementary school students will have a full day of school on Mondays instead of being sent home hours early. This action makes so much sense in for families with children in elementary school. The ability of Superintendent Karen Garza to facilitate this change to go into effect right away is remarkable, and we hope a promise for more changes ahead.

Earlier this week, the American Academy of Pediatrics issued a policy statement calling for later start times — not earlier than 8:30 a.m. — for high school and middle school students. It's not impossible although some school systems would have you believe that it can't be

done. It's time to make that change in Fairfax County.

The science is undisputed. From the abstract: "A substantial body of research has now demonstrated that delaying school start times is an effective countermeasure to chronic sleep loss and has a wide range of potential benefits to students with regard to physical and mental health, safety, and academic achievement.

The American Academy of Pediatrics strongly supports the efforts of school districts to optimize sleep in students and urges high schools and middle schools to aim for start times that allow students the opportunity to achieve optimal levels of sleep (8.5–9.5 hours) and to improve physical (eg, reduced obesity risk) and mental (eg, lower rates of depression) health, safety (eg, drowsy driving crashes), academic

performance, and quality of life."

You can read the report here: <http://pediatrics.aappublications.org/content/early/2014/08/19/peds.2014-1697.full.pdf>

Back to school nights begin this week and run into October. For parents and students, there is no more important event that to turn up at Back to School Nights for your children, introduce yourself to teachers and open the lines of communication.

Here is a link to a daunting list of Back to School Nights in Fairfax County:

<http://www.fcps.edu/news/backtoschool/bts-chronological.shtml>

— MARY KIMM,
MKIMM@CONNECTIONNEWSPAPERS.COM

LETTERS TO THE EDITOR

What's Best For Students?

To the Editor:

A new school year is beginning, and from day one teachers, parents, and students will start preparing for and worrying about SOL tests. Teachers will sit in endless meetings struggling with new strategies to improve scores in order to "raise the bar" or to "close the gap" so the state will quit breathing down their necks. Parents will complain among themselves about how SOL tests force teachers to "teach to the test." And kids, who ought to be inspired by school, will too often be bored out of their gourds by lessons designed to cram as many test-specific facts into their heads as is possible before SOLs roll around in spring.

In 2000, the first year that the Programme for International Student Assessment (PISA) test was administered — the test that is used to rank and compare national education systems — the U.S. ranked 20th in the world in math, 15th in science, and 16th in reading. As of the last released results of the test from 2012, we ranked 36th in the world in math, 28th in science, and 24th in reading — major drops across the board. Many other countries do very little standardized testing, yet consistently outperform us. If all the standardized testing that we've been subjecting our students to over the past many years has done anything to improve achievement in math, science, and reading, then why do our kids perform so much more poorly now than they did 14 years ago? The simple, inescapable answer is that standardized testing, like Virginia's SOL tests, does nothing to improve student performance. "So what?" one might say ... "If these tests don't improve performance, at least they don't do any harm, right?" Wrong!

Our obsession with standardized testing has tragically diverted our focus and attention from what education is all about. SOL tests drive the instructional train. Teachers are indeed forced to "teach to the test" — focusing on that which is expected to appear on the SOL test to the exclusion of what's really important — teaching kids to think. We keep repeating the mantra that kids need to be critical thinkers

and problem solvers, and that we need to encourage them to "think outside the box" — all the while forcing them to stay inside the box by hemming them in with standardized testing. Kids are born outside the box. They're naturally curious about the world around them, and when properly motivated and guided in the right direction and given the freedom to explore the world they're natural problem solvers. But our focus on standardized testing emphasizes memorizing facts and marginalizes imagination and creativity. Our focus on testing forces educators to spend all their time teaching kids the dots without teaching them how to connect the dots.

While the original motivation behind No Child Left Behind was laudable, the vehicle that we've been using to reform education — standardized testing — is the wrong tool. It's time to face the hard reality that No Child Left Behind has not done what it was intended to do, and that standardized tests like Virginia's SOL tests are doing more harm than good. We'd be much better served if we paid teachers more, so school systems could be selective in hiring only the best educators, by only promoting kids to the next higher grade if they can read at grade level, and by holding the line on discipline so that teachers spend more time on teaching and less on classroom management.

Kids hate the SOLs. Parents hate the SOLs. Teachers hate the SOLs. And SOL tests have done nothing to improve student performance. So why do we still administer them? It's time to jump off the testing band wagon and start teaching students what they really need to know in the way that they really ought to be taught. Otherwise, we'll end up with a generation of kids who have lots of experience at taking tests, but not much else.

Mark Daugherty
8th grade science teacher
at Stone Middle School.

Contrast in Candidates

To the Editor:

There's quite a contrast between the major

candidates for the 10th District Congressional seat.

Barbara Comstock is an intelligent, accomplished person who has been a serious and pragmatic member of the House of Delegates focused on solving her constituents' problems. As a candidate she's focused on the serious issues affecting our community. Of special concern to her is economic growth that is too slow to sustain our current level of federal spending or to generate the jobs and higher incomes that our families need. She has specific proposals to address these problems as well as issues such as human trafficking, high gas prices, the problems at the Veterans' Administration, and more. She's run a positive campaign that focuses on her accomplishments, her record, and her commonsense solutions.

Opposing here is a candidate who spends his time raising a lot of special interest money and repeating the tired talking points of his national party and of special interest groups.

We need a successor to U.S. Rep. Frank Wolf who will continue his record of engaging the entire community, working tirelessly to solve difficult problems, and remaining a positive and independent voice looking out for the future of the 10th District. We need Barbara Comstock as our next congressman.

Robert Carlson
Centreville

Write

Centre View welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors. Send to:

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PEOPLE



CHESTERBROOK ACADEMY KIDS CAMPUS

Supporting St. Jude Children's Research Hospital

Campers at Chesterbrook Academy Kids Campus in Chantilly channeled their crafty sides this summer to create a fun community service project with a charitable purpose. Throughout July and August, senior campers in grades two through six weaved dozens of rings and bracelets to sell on Fridays for 10 to 75 cents each and raised a total of \$150 for St. Jude Children's Research Hospital. The project came to life after campers expressed interest in helping other children who are too sick to enjoy summer camp. One bracelet at a time, students learned the importance of giving to those in need.

Williams, Brandt Wed

Lindsey Marie Williams and Timothy S. Brandt were married on June 21, 2014, at John Wesley United Methodist Church in Charleston, S.C.. The Rev. Gary D. Phillips performed the three o'clock ceremony. A reception followed at The Kiawah Island Club River Course, Kiawah Island, S.C.

The bride is the daughter of Dwight and Catherine Williams of Kiawah Island and formerly of Centreville. She is a graduate of George Mason University and is the director of marketing and admissions for The Whole Learning School, St. Louis Park, Minn. Lindsey is the granddaughter of the late Mr. and Mrs. Morgan E. Williams, of Denton, Md. and the late Mr. and Mrs. Frank J. Gioscia, of Rutherford, N.J.

The groom is the son of Steven and Wendy Brandt of New Brighton, Minn. He is a graduate of the University of Minnesota-Duluth and the University of St. Thomas. He is the director of communications for ATK Sporting in Anoka, Minn. He is the grandson of Mr. Donald Brandt and Mrs. Micky Madden and the late Mrs. Mary Brandt and Mr. John Madden.

The maid of honor was Kelsey Williams, sister of bride. Bridesmaids were Kristin Robertson, Megan Miquelon, Katie Talbot, Jessica Pinkett, Jenna Clay, friends of the bride, and Katherine Brandt and Colleen Brandt, sisters of the groom. The flower girl was Ashlyn Newman, cousin of the bride.

The best man was Jeffery Fabian, friend of the groom. Groomsmen were Andrew Kaiser, Jeffrey Lundgren, Jeffrey Alexander, Matthew Teichert, Will Synan, Adam Jensen, friends of the groom



Lindsey M. Williams and Timothy S. Brandt were married June 21.

and Nash Ireland, cousin of the bride. The ushers were Steven Ellis, friend of the bride, Jordan Hopkins and Adam Stromgren, cousins of the groom, and Will Ireland, cousin of the bride. Ring bearer was Chase Newman, second cousin of the bride.

After honeymooning in Aruba, the couple is residing in Spring Lake Park, Minn.

College Signing

Sam Berlin signed a National Letter of Intent to play basketball with St. Thomas Aquinas College at Ad Fontes Academy on April 17. With him is Jerry Cuffee, AFA Head Varsity Basketball Coach. Berlin, a 6'10" center for the Falcons, was named #50 in the AllMetSports.com Area Basketball Leaders 2013-14 averaging 18.8 ppg; selected as one of the Washington Metro Area "All Stars" Top 50 Prospects (Rank 43 Overall, 10 in Center Position); a DMV Elite Class 2014 Pre-Season 2nd Team All-Northern Virginia player; three time NVIAC All League Player 2010-11, 2011-12, 2012-13; MaxPreps Team Player of the Year 2012-13.



Combining Talent and Hard Work

Aasa Dommalapati, 10, of Centreville, won the silver medal in the Girls Under 10 category at the 2014 Pan-American Youth Chess Festival held in Mexico. Dommalapati played nine rounds between July 10 - 17. Her friend Martha Samadashvili, of New York, took first place.

Dommalapati has a FIDE ranking of 1622. The number one ranked player is Yifan Hou, of China, with a FIDE rating of 2629. FIDE — which stands for Federation Internationale des Echecs and also known as the World Chess Federation — acts as a governing authority for international chess competitions.

The rising Greenbriar West elementary fifth grader is preparing for the FIDE World Youth Chess Championship, which will be held in Durban South Africa from Sept. 18 - 30.

Her young chess career has taken her to many countries for competitions. She competed in Slovenia in 2012, Brazil in 2013, and this year, Mexico and South Africa.

She was inspired by her brother Abhinay, 15, who is also a player. But they don't play together anymore. "They fight a lot. As soon as you get out the board they start fighting," said their father.

She plays a lot on the Internet. She also develops strategy by



PHOTO BY ABIGAIL CONSTANTINO

Aasa Dommalapati stands next to her favorite trophy, where she placed 11th.

studying the openings of other players, which are published in several websites, such as chess-db.com.

V. Kameswara Rao and Vijaya Soradhi, from India, coach her online. Paul Swaney, of Arlington, is her local coach.

Swaney said that she is a combination of talent and hard work. He gives his players exercises and homework and Dommalapati solves them and writes everything out in her notebook. "She works extremely hard," said Swaney.

— ABIGAIL CONSTANTINO

SPORTS



Centreville goalkeeper Kylie LeBlanc attempts to clear the ball against Robinson on Aug. 26.



Centreville senior Kelcie Greenfelder, right, goes for the ball against Robinson's Isabel Obregon on Aug. 26.

PHOTOS BY CRAIG STERBUTZEL

Centreville Field Hockey Falls to Robinson

Starting four freshmen and two sophomores is likely to lead to growing pains. For the Centreville field hockey team, those pains were evident Tuesday.

One day after beating Stuart and tying West Springfield on the opening day of the Under the Lights tournament on Aug. 25 at Lee High School, Centreville suffered a 3-0

loss to Conference 5 foe Robinson.

A Charlotte Clark goal gave the Rams a 1-0 lead in the first half, and freshman Lisa Saffin added a pair of goals in the second half.

Along with a young starting lineup, Centreville was without junior Nicole Kang.

"This is a good tournament for us to start out with," Centreville head coach Demby

Banbury said. "I saw some great things yesterday; not so much today. It's a learning curve."

Against Stuart on Monday, freshman Paige Richbourg and senior Kelcie Greenfelder each scored two goals for the Wildcats. Juniors Caroline Kelly and Lauren Potts each scored one. Against West Springfield, senior Brynn Doyle scored one.

Banbury said freshmen Richbourg, Sidney Kiefaber and Emily Marciano will be key contributors this season, along with sophomore goalkeeper Kylie LeBlanc, senior Greenfelder and junior Potts.

Centreville will travel to face Annandale at 4 p.m. on Friday, Aug. 29. The Wildcats will host McLean at 7:30 p.m. on Sept. 2.

— JON ROETMAN

BULLETIN BOARD

Email announcements to centreview@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Deadline is Thursday at noon, at least two weeks before event.

ELECTRONICS RECYCLING

Residents can now "e-cycle" at the I-66

transfer station. It is free but residents may be asked to show proof of residency. Personal waste only. The I-66 station is located at 4618 West Ox Road, Fairfax and open from 8 a.m.-4 p.m. from Monday-Saturday and from 9 a.m.-4 p.m. on Sundays. Visit www.fairfaxcounty.gov/dpwes/recycling/electric-sunday.htm.

THURSDAY/AUG. 28

Campaign Kick-Off. 10:30 a.m. at 3725 Stonecroft Blvd., Chantilly. Fairfax County kicks off "You Live Here. We Live Here. Slow Down" campaign. RSVP to lucy.caldwell@fairfaxcounty.gov for more.

Open House. 2-3:30 p.m. at Bull Run

Elementary School, 15301 Lee Highway, Centreville. Visit www.fcps.edu/BullRunES for more.

English Conversation Group. 7 p.m. at the Chantilly Regional Library, 4000 Stringfellow Road. Practice English with other students. Call 703-502-3883.

Park, which features state-of-the-art athletic facilities. Free. Call 703-324-8662.

Information Session. 11 a.m.-noon at Centreville Regional Library, 14200 St. Germain Drive. Fairfax Court Appointed Special Advocates will explain how to advocate for abused or neglected children. E-mail ekosai@casafairfax.org or 703-273-3526 ext. 22 for more.

Ribbon Cutting Ceremony. 2 p.m. at the Sully Historic Site, 3650 Historic Sully Way, Chantilly. A ceremony to mark the completion of the new visitor center. Free. Call 703-324-8662 for more.

SUNDAY/AUG. 31

Nomination Deadline. Elite Car Care Centers is starting a charitable "Pay it Forward" campaign. Nominate someone who needs car repair and cannot afford it by writing a letter or email and 10 vehicles will be chosen at the end of the month. Visit www.elitecarecenter.com.

THURSDAY/SEPT. 4

SYA Annual Board meeting. 7:30 p.m. at Centreville Regional Library, 14200 St. Germain Drive, Centreville. Discussion of and voting for open positions. Nominations for president, vice president, secretary and treasurer can be submitted to syaboard@verizon.net. Free and open to the community. Call 703-815-3362 or email orsyaboard@verizon.net for more.

SUNDAY/SEPT. 7

Annual Brotherhood Picnic. 12:30 p.m. at Fryling Pan Farm Park. Temple Beth Torah is hosting the event. Visit www.bethtorah.net or 703-217-8938.

TUESDAY/SEPT. 9

Women's Fall Bible Study. 9:45 a.m. at Jubilee Christian Center, 4650 Shirley Gate Road, Fairfax. Free childcare if pre-registered. Visit www.jccag.org or 703-383-1170.

MONDAY/SEPT. 5

Woman's Club Meet and Greet. 7 p.m. at Greenbriar's Cale Community Center, 4615 Stringfellow Road. Come meet members and learn about the club and its activities. Free. Guests are welcome. Visit www.wfcwc.org or e-mail westernfairfaxcountywc@gmail.com.

SATURDAY/SEPT. 6

Ribbon Cutting Ceremony. 10 a.m. 13808 Wall Road, Herndon. The official opening of Sully Highlands

WEDNESDAY/SEPT. 10

ESL Class Registration. 7 p.m. at Fairfax Church of Christ, 3901 Rugby Road, Fairfax. Beginning to advance level classes for adults. Meets every Wednesday from 7-8:30 p.m. Childcare provided. Visit www.fxcc.org/esl or 703-631-2100.

Fairfax County Park Authority Board Meeting. 7:30 p.m. in the Herry Building, 12055 Government Center Parkway, Fairfax. Free. Visit www.fairfaxcounty.gov/parks/boardagn2.htm for meeting materials, archives and more.

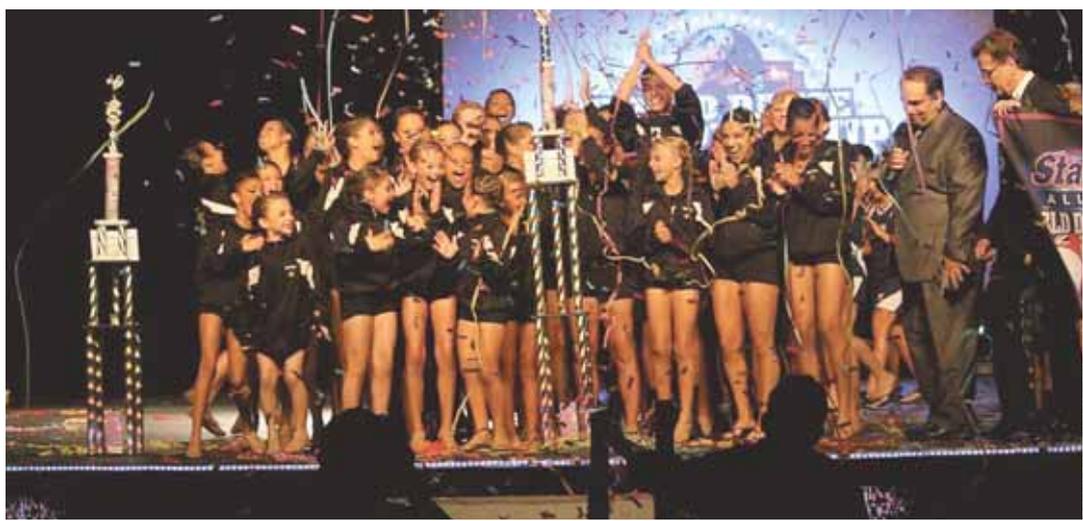


PHOTO CONTRIBUTED

Six World Championships at Star Dance Alliance

The Chantilly-based Creative Dance Center Competition Team (CDC*CT) crowned its award-winning season at the Star Dance Alliance World Dance Championships held at the Meadowlands Exposition Center in Secaucus, N.J. from Aug. 5-7. The CDC*CT made it to the finals, securing six first place championships and two second place championships in various divisions. The Star Dance Alliance is a coalition of five international dance competitions that come together for a World Championship. Nine of Creative Dance Center's dances advanced from the World Dance Championship semi-finals to the the WDC finals, earning the six championship titles. Visit <http://www.cdcdance.com>, email info@cdcdance.com, and/or call 703-378-1800.

ENTERTAINMENT

Email announcements to centreview@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

Adopt a Dog. Sundays, 1-4 p.m. at Petco, 13053 Lee Jackson Memorial Hwy. Adopt a puppy or dog. Visit foreverhome.org for more.

Evenings on the Ellipse Summer Concert Series. Thursdays through Aug. 28. 5:30-7:30 p.m. Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. Whether you like jazz, big band, bluegrass, or Latin pop, there is sure to be something for everyone. Rain or shine. Free. Visit www.fairfaxcounty.gov/parks/performances/ellipse.htm for more.

Blue Star Museums. Through Sept. 1. at more than 2,000 locations. The program provides families an opportunity to enjoy the nation's cultural heritage and learn more about their new communities after a military move. Free for Military families. Visit <http://arts.gov/national/blue-star-museums>.

Fairways-Fore-FREEdom. Through Sept. 1. 3 p.m. at Westfields Golf Club, 13940 Balmoral Greens Ave., Clifton. Military golf program in honor of the armed forces. Only for those with valid with military ID. \$29 - \$69. Visit www.marriottgolf.com, or call 703-631-3300.

Registration for 2014 Northern Virginia Senior Olympics. Online registration for the 2014 Northern Virginia Senior Olympics is open now. Events will take place Sept. 13-24 at 19 different venues throughout

Northern Virginia. Registration forms are available at senior centers, community centers and senior residences or by calling 703 228-4721. Deadline to register is Aug. 29 by mail and Sept. 5 online. Adults 50 years of age by Dec. 30, 2014, residing in a sponsoring jurisdiction, are eligible to compete. Fee is \$12. Visit www.nvso.us for more.

Experience Peru. Through Thursday, Sept. 18 at 11750 Fair Oaks Mall, Fairfax. If Machu Picchu, one of the New Seven Wonders of the World, is on your must-see list, take a side trip to Fair Oaks Mall for an interactive glimpse of Peru. The centerpiece of the interactive exhibit will feature a 20 x 30 foot exhibit of fabled Machu Picchu for shoppers to visit, photograph and enjoy. Free and open to the public during Fair Oaks business hours. Visit shopfairoaksmall.com for more.

The Airbus IMAX Theater at National Air and Space Museum Udvar-Hazy Center, 14390 Air & Space Museum Parkway, is showing movies including "D-Day: Normandy 1944," "Hubble," "Fighter Pilot," "Hidden Universe" and "The Dream is Alive." Visit <http://airandspace.si.edu/udvarhazy> or call 703-572-4118 for the movie schedule or to schedule an IMAX On Demand show for groups of 50 or more.

Sully Historic Site. 3650 Historic Sully Way, Chantilly. Enjoy guided tours of the 1794 home of Northern Virginia's first Congressman, Richard Bland Lee. \$7/adult; \$6/student; \$5/senior and child. Hours are 11 a.m.-4 p.m. 703-437-1794.

Singing. 7:30 p.m. at Lord of Life Lutheran Church, 13421 Twin Lakes Drive, Clifton. The Fairfax Jubil-Aires rehearse every Wednesday which includes training by an award-

winning director. Visit www.fairfaxjubilaires.org for more.

THURSDAY/AUG. 28

Ask an Expert. 12:30-1 p.m. at Udvar-Hazy Center, 14390 Air and Space Museum Pkwy., Chantilly. A discussion about "The Luftwaffe Guided Missile Program," Presented by Dr. Michael Neufeld. Meet at the nose of the SR-71 in the Boeing Aviation Hangar. Free. Visit <http://airandspace.si.edu/events/ask-an-expert/#hazy> for more.

FRIDAY/AUG. 29

Dairy Days. 1, 2 or 3 p.m. at Sully Historic Site, 3650 Historic Sully Way, Chantilly. Make ice cream and butter the old-fashioned way. \$5 for in county, \$7 for out of county. Visit www.fairfax.gov/parks/sully.

Live Music: DrFameus with Definition of One. 10 p.m. at The Bungalow, 13891 Metrotech Drive, Chantilly. The two bands will be playing music for all fans 21 and up. Free. Visit www.facebook.com/events/683204568436540 for more.

SATURDAY/AUG. 30

Plant Clinic. 10:30 a.m. at Chantilly Regional Library, 4000 Stringfellow Road. Master gardeners provide horticultural tips, information, techniques and advice to home gardeners. Call 703-502-3883.

Drive-in Movie. Food and children's activities 6-8 p.m., movie begins at dark. Starlight Cinema, 5860 Trinity Parkway. "The Lego Movie" plays at the drive-in. Watch from your car or bring blankets to lounge on. Bring a radio to listen outdoors. Free. Visit www.fairfaxcounty.gov/parks/

performances or call 703-324-8662. **Live Music: Moogatu and Second Self.** 9 p.m. at The Bungalow, 13891 Metrotech Drive, Chantilly. Show is 21 and older. Free. Visit www.facebook.com/events/303504293143060 for more.

SUNDAY/AUG. 31

Udvar-Hazy Center Summer Concert Series. 6-7 p.m. at Udvar-Hazy Center, 14390 Air and Space Museum Pkwy., Chantilly. The Quantico Marine Corps Rock Band will play a concert. Free. Visit <http://airandspace.si.edu/events/calendar/?month=7&year=2014> for more.

THROUGH AUG. 31

Fundraiser. All Paisano's locations and Bella Pizza in Centreville will donate 50 percent of sales when customers mention Juwaan Espinal, a student with disabilities at Centreville High School. Proceeds from the fundraiser will be used to acquire and maintain a specially equipped van that is necessary for Juwaan to travel to receive medical care and to attend school and other events. Visit www.pizzapaisanos.com for more.

SUNDAY/AUG. 31-MONDAY/SEPT. 1

Labor Day Weekend. Fairfax County libraries are closed for the holiday.

MONDAY/SEPT. 8

Talk. 7-9 p.m. at Gunnell House at Truro Church, 10520 Main St., Fairfax. Capital Christian Writers presents Candice Speare Prentice, speaking on "The Seasons of a Writer's Life (Understanding This Crazy Career Called Writing)." Free.

Visit www.capitalchristianwriters.org or e-mail ccwriters@gmail.com for more.

WEDNESDAY/SEPT. 10

FFCAS Golf Tournament. 1 p.m. at Westfield Golf Club in Clifton. A tournament to support efforts to provide life-saving programs for the animal shelter. Player Fee: \$150. Visit www.ffcvas.org for more.

SUNDAY/SEPT. 14

5th Annual Northern Virginia Cycle Fest Ride. 7:30 a.m. at Jewish Community Center of Northern Virginia, 8900 Little River Turnpike, Fairfax. Ride is open to all experienced riders who are comfortable riding on roads with traffic, minimum age of 12. Four ride options. Registration begins at 7 a.m. Visit www.active.com or email paula.cole@jccnv.org or 703-323-0880.

TUESDAY/SEPT. 26

7th Annual Erin Peterson Fund Golf Tournament. Westfields Golf Club, 13940 Balmoral Greens Ave., Clifton. Register at www.erinpetersonfund.org or erinpetersonfund@yahoo.com.

THURSDAY/SEPT. 28

Lunch 'N' Life. Noon-2 p.m. at Jubilee Christian Center, 4650 Shirley Gate Road, Fairfax. For people 50 or older. Featuring Brian Van de Graaff, ABC Channel 7 - WJLA TV weather team and meteorologist. For reservations, call Faye Quesenberry, 703-620-0161, by Sept. 12. \$10. Visit www.scfba.org for more.

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And Another Thing I'm "Righting" On

By KENNETH B. LOURIE



Not only did last week's CT Scan indicate shrinkage, where necessary – and stability, where hoped for – it also accomplished these hoped-for goals after only two months of chemotherapy (still infused every three weeks) rather than the normal three months of chemotherapy. So depending on how the calendar/treatment schedule actually fell, I probably received two fewer infusions than usual, yet all the radiological indications – and interpretations – continue to be encouraging; after five and a half years, no less. I think I'm entitled to use the word amazing – and lucky, too.

Certainly I've made lifestyle changes, as you regular readers know, though I'm hardly the poster child for outliving-your-terminal-stage-IV-non-small-cell-lung-cancer-diagnosis. I haven't incorporated all the suggestions made to me, but I have listened – and learned, of course. Still, I'm proud of the path I've traveled, which wouldn't have happened without the help and guidance of friends and family who I trusted, and who I know had my best interests at heart. And I have survived, thrived almost, because of their persistence.

But change is not, and has not been easy for me. In fact, "change" might as well be a four-letter word, although I do use my share; never in print, and less frequently in public probably wouldn't kill me. But I'm also good at rationalizing my behavior – both good and bad, so doing/not doing and providing plausible, semi-defensible explanations (maybe even denials) has become one of my best mechanisms. Ultimately, my bottom line in all of these attempts at modifying my behavior is stress reduction – which equates to self-preservation, if you want to know the truth – and doing so in a way that is consistent with my personality, allowing me to maintain the effort. I don't suppose starting and stopping would solve much. It's sort of like a placebo effect. If I think something I'm doing is working, then maybe it is. The mind is a terrible thing to waste and I want to give it every opportunity to bring me back to "normal" health. For all I know, some new pill I've started, some new behavior I've assimilated, something (like sugar) I've reduced is all working together to make me whole again. And since I generally don't look for trouble – considering that trouble has already found me, I try to leave well enough alone until a little birdie tells me otherwise (anybody, anywhere; any source, anyhow; any medium, any way). Now I don't want to knee-jerk myself into a decision. I'll make a few inquiries, I'll do a little research, but overall, I won't make the pursuit my life's work.

In spite of it all, and in spite of me and my peculiarities, I approach this week's five-and-a-half-year, post-diagnosis anniversary with less fear and trepidation than perhaps I should. But as I've said many times previously, and again in this column: "What do I know?" Enough to keep me up and at 'em and alive and reasonably well, I suppose. And way more than I had a right to expect and almost too much to understand. I've never asked "why me?" but I've always thought "why not me?" And so it goes – and has gone; maybe my level of ignorance has been a sort of bliss. However, if I really understood what ails me, I might not be so glib about it.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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 NOTICE OF FINAL GENERAL CONFORMITY DETERMINATION FOR THE PROPOSED COVE POINT LIQUEFACTION PROJECT
 On August 18, 2014, the staff of the Federal Energy Regulatory Commission (FERC or Commission) published a Notice of Final General Conformity Determination (GCD) for the Cove Point Liquefaction Project (Project) proposed by Dominion Cove Point LNG, LP (DCP). DCP requests authorization to construct and operate facilities to process and export domestically-sourced liquefied natural gas (LNG) at the existing Cove Point LNG Terminal in Calvert County, Maryland. The Project would enable DCP to export approximately 5.75 million metric tons per annum of LNG via LNG marine carriers that would dock at the existing offshore pier.

In accordance with the General Conformity Regulations under the Code of Federal Regulations Chapter 40 Part 93.156, the Draft GCD was issued for a 30-day public comment period. No comments were received on the Draft GCD; therefore, the Commission staff is issuing this notice to announce the Draft GCD is now the Final GCD. The GCD was prepared to satisfy the requirements of the Clean Air Act, and addresses air emission impacts associated with the Project. The FERC staff concludes that the Project will achieve conformity in Maryland and Virginia. Copies of the Draft GCD were previously mailed to the U.S. Environmental Protection Agency, Region III, the Maryland Department of Natural Resources, the Maryland Department of Environment, and the Virginia Department of Environmental Quality.

The GCD was placed in the public files of the FERC on May 15, 2014, concurrently with the Environmental Assessment, and is available for public viewing on the FERC's website at www.ferc.gov using the eLibrary link. A limited number of copies of the Environmental Assessment are available for distribution and public inspection at:

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Additional information about the Project is available from the Commission's Office of External Affairs, at (866) 208-FERC, or on the FERC website (www.ferc.gov) using the eLibrary link. Click on the eLibrary link, click on "General Search," and enter the docket number excluding the last three digits in the Docket Number field (i.e., CP13-113). Be sure you have selected an appropriate date range. For assistance, please contact FERC Online Support at FercOnlineSupport@ferc.gov or toll free at (866) 208-3676, or for TTY, contact (202) 502-8659. The eLibrary link also provides access to the texts of formal documents issued by the Commission, such as orders, notices, and rulemakings.

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NOTICE OF SUBSTITUTE TRUSTEES'

**SALE OF REAL PROPERTY LOCATED AT
14440 CHANTILLY CROSSING LANE, CHANTILLY, VIRGINIA
SALE TO BE HELD AT THE FAIFAX COUNTY CIRCUIT COURT
SEPTEMBER 10, 2014, AT 1:00 P.M.**

In execution of the Deed of Trust, Assignment of Leases and Rents, Security Agreement and Fixture Filing in the original principal amount of \$20,300,000.00 dated September 15, 2006 and recorded on September 20, 2006 in Book 18773, Page 1443 among the land records of Fairfax County, Virginia (collectively, the "Deed of Trust"), securing 14440 CHANTILLY CROSSING LANE HOLDINGS, LLC, a Maryland limited liability company, as successor-in-interest to U.S. Bank National Association, as Trustee, successor-in-interest to Bank of America, N.A., as Trustee, successor by merger to LaSalle Bank National Association, as Trustee for the registered holders of ML-CFC Commercial Mortgage Trust 2007-5 Commercial Mortgage Pass-Through Certificates, Series 2007-5 (the "Noteholder"), default having occurred in the payment of the debt secured thereby, and being instructed to do so by the Noteholder, the undersigned Substitute Trustees will offer for sale the property described below at public auction by the main entrance to the Fairfax County Circuit Court, located at 4110 Chain Bridge Rd, Fairfax, VA 22030 on September 10, 2014, beginning at 1:00 p.m.

The real property encumbered by the Deed of Trust that will be offered for sale by the Substitute Trustees is commonly known as Residence Inn Chantilly, 14440 Chantilly Crossing Lane, Chantilly, Fairfax County, Virginia, Tax Identification Number: 034-3-13-0001, as more particularly described in the Deed of Trust, and all improvements, fixtures, easements and appurtenances thereto (the "Real Property"). The Real Property will be sold together with the interest of the Noteholder, if any, in the following described personal property at the direction of the Noteholder as secured party thereof, as permitted by Section 8.9A of the Code of Virginia of 1950, as amended (the "Personal Property"): equipment, furniture, furnishings, machinery, insurance policies, agreements, trademarks, proceeds and all other personal property as more particularly described in the Deed of Trust (the "Personal Property"). The above described Real Property and Personal Property are collectively referred to as the "Property."

TERMS OF SALE

ALL CASH. The property will be offered for sale "AS IS, WHERE IS" and will be conveyed by Substitute Trustees' Deed (the "Substitute Trustees' Deed") subject to all encumbrances, rights, reservations, conveyances, conditions, easements, restrictions, and all recorded and unrecorded liens, if any, having priority over the Deed of Trust, as they may lawfully affect the property. Any Personal Property shall be conveyed without warranty by a Secured Party Bill of Sale.

The Substitute Trustees and the Beneficiary disclaim all warranties of any kind, either express or implied for the property, including without limitation, any warranty relating to the zoning, condition of the soil, extent of construction, materials, habitability, environmental condition, compliance with applicable laws, fitness for a particular purpose and merchantability. The risk of loss or damage to the property shall be borne by the successful bidder from and after the date of the time of the sale. Obtaining possession of the property shall be the sole responsibility of the successful bidder (the "Purchaser").

A bidder's deposit of \$100,000.00 (the "Deposit") by certified or cashier's check shall be required by the Substitute Trustees for such bid to be accepted. The Substitute Trustees reserve the right to prequalify any bidder prior to the sale and/or waive the requirement of the Deposit. Immediately after the sale, the successful bidder shall execute and deliver a memorandum of sale with the Substitute Trustees, copies of which shall be available for inspection immediately prior to the sale, and shall deliver to the Substitute Trustees the Deposit and the memorandum of sale. The balance of the purchase price shall be paid by the Purchaser. Settlement shall occur within thirty (30) days after the sale date, TIME BEING OF THE ESSENCE with regard to the Purchaser's obligation.

Settlement shall take place at the offices of Venable LLP, 8010 Towers Crescent Drive, Suite 300, Tysons Corner, Virginia 22182 or other mutually agreed location. Purchaser shall pay all past due real estate taxes, rollback taxes, water rents, water permit renewal fees (if any) or other municipal liens, charges and assessments. The Purchaser shall also pay all settlement fees, title examination charges, title charges and title insurance premiums, all recording costs (including the state grantor's tax and all state and county recordation fees, clerk's filing fees and transfer fees and taxes), auctioneer's fees and/or bid premiums, and reasonable attorneys' fees and disbursements incurred in the preparation of the deed of conveyance and other settlement documentation.

The Purchaser shall be required to sign an agreement at settlement waiving any cause of action Purchaser may have against the Substitute Trustees, and/or the Beneficiary for any condition with respect to the property that may not be in compliance with any federal, state or local law, regulation or ruling including, without limitation, any law, regulation and ruling relating to environmental contamination or hazardous wastes. Such agreement shall also provide that if notwithstanding such agreement, a court of competent jurisdiction should permit such a claim to be made, such agreement shall serve as the overwhelming primary factor in any equitable apportionment of response costs or other liability. Nothing herein shall release, waive or preclude any claims the Purchaser may have against any person in possession or control of the property.

If any Purchaser fails for any reason to complete settlement as provided above, the Deposit shall be forfeited and applied to the costs of the sale, including Trustees' fees, and the balance, if any, shall be delivered to the Beneficiary to be applied by the Beneficiary against the indebtedness secured by and other amounts due under the Deed of Trust in accordance with the Deed of Trust or applicable law or otherwise as the Beneficiary shall elect. There shall be no refunds. Such forfeiture shall not limit any rights or remedies of the Substitute Trustees or the Beneficiary with respect to any such default. If the property is resold, such re-sale shall be at the risk and the cost of the defaulting bidder, and the defaulting bidder shall be liable for any deficiency between its bid and the successful bid at the re-sale as well as the costs of conducting such re-sale. Immediately upon conveyance by the Substitute Trustees of the Property, all duties, liabilities and obligations of the Substitute Trustees, if any, with respect to the Property so conveyed shall be extinguished, except as otherwise provided by applicable law.

Henry F. Brandenstein, Jr., Substitute Trustee
Anum Pervaiz, Substitute Trustee

FOR INFORMATION CONTACT:
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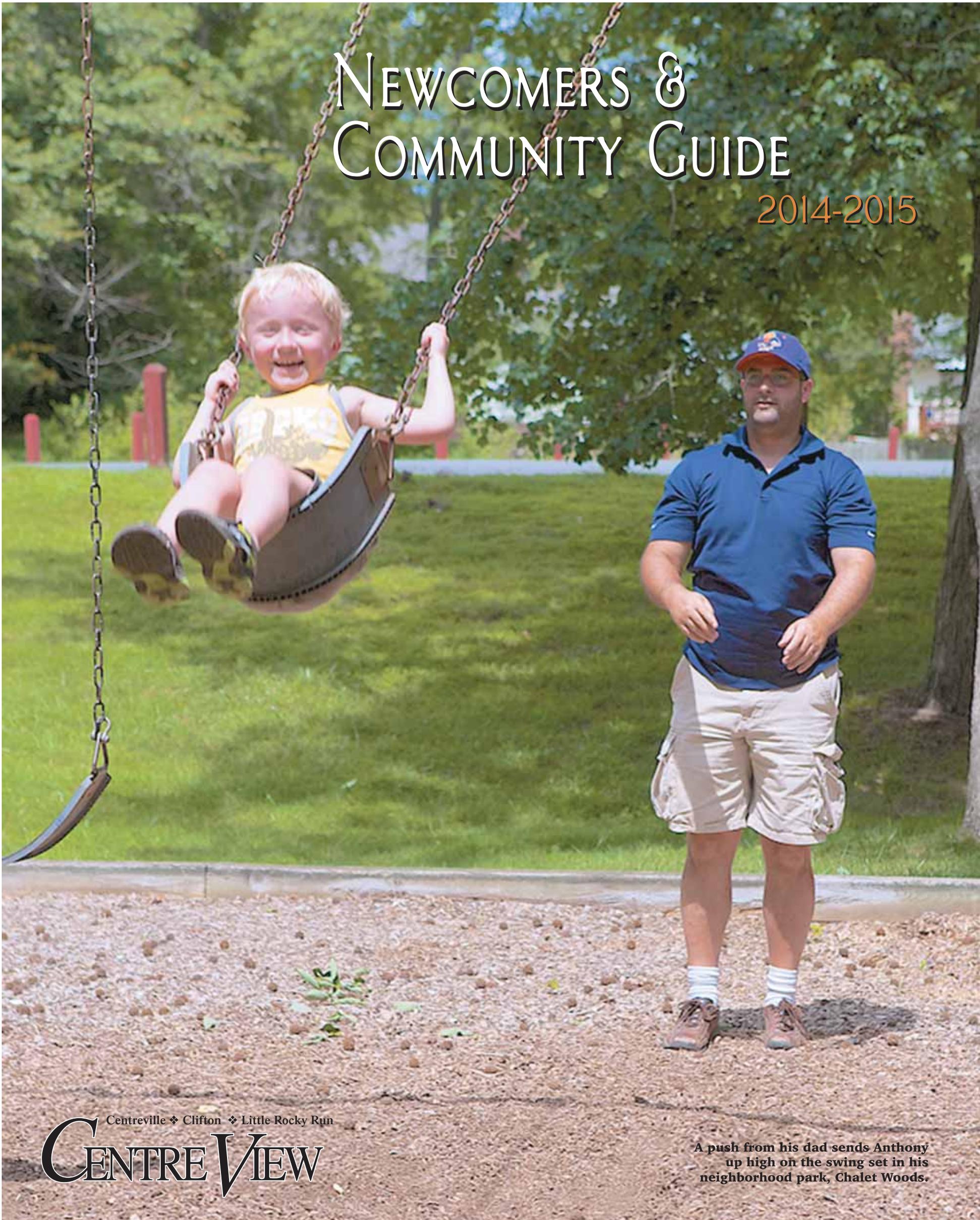


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Road Changes Are on the Horizon

BY BONNIE HOBBS
CENTRE VIEW

On the horizon for local residents are transportation projects, some school-boundary changes and several fun-filled, family events to enjoy.

Save These Dates

Area residents may attend a variety of upcoming, family-friendly events:

Monday, Sept. 1, Custom Cruisers of Northern Virginia 15th Annual Car Show, in the Town of Clifton. Event features classic, new and hot rod cars, motorcycles, food and music; proceeds go to charity.

Saturday, Sept. 13, Clifton KidFest, in the Town of Clifton. Children's games and vendors, plus food and fun.

Saturday, Oct. 11, Centreville Day, in the Centreville Historic District. Food, crafts, vendors, music.

Saturday, Oct. 11, Fairfax Fall Festival, downtown City of Fairfax. Crafts, food, vendors, music, rides.

Sunday, Oct. 12, Clifton Day, in the Town of Clifton. Crafts vendors, food, music and fun throughout the town.

Saturday, Oct. 25, Clifton Haunted Trail, 8-Acre Park, Town of Clifton.

School Boundary Changes

In May 2013, the Fairfax County School Board approved boundary changes to alleviate overcrowding at Fairfax High and Lanier Middle School. And this September, some of them will affect Chantilly students who attended those schools.

The changes move students in the Greenbriar West Elementary attendance area east of Stringfellow Road from Lanier Middle and Fairfax High to Rocky Run Middle and Chantilly High, eliminating the former split-feeder assignment for Greenbriar West.

The boundary changes are being phased in during the 2014-15 school year. This fall's rising eighth-grade students, juniors and seniors will be allowed to remain at their current schools.

In addition, students living in the Penderbrook and Fairfax Farms areas of the Waples Mill Elementary attendance area were reassigned last year from Lanier Middle to Franklin Middle. Starting in September, these students will also shift from Fairfax High to Oakton High.

Transportation Projects

The Fairfax County Board of Supervisors in January approved \$1.4 billion to fund transportation projects for FY 2015 to FY 2020. As a result, many of these much-needed improvements will transition from



Melody Wilson of Ms. P's Concessions serves a funnel cake during Centreville Day 2013.

the planning stage to the construction phase over the next six years. Below are some of the local-area projects – some fully funded, some partially funded – that may now move forward:

❖ **I-66 and Route 28:** Portions of the existing interchange will be reconstructed, and four traffic signals on Route 28 will be removed to enhance safety and improve capacity. A VDOT study is underway. VDOT already has \$50 million programmed for this project. Cost estimate: \$322 million. Six-year funding recently approved by FCDOT: \$54 million.

The work also includes widening and reconstructing the westbound I-66 off ramp to northbound Route 28. Braddock/Walney roads will be realigned, and an overpass with ramp connection from northbound Route 28 to the new bridge will be constructed. New connections will go from Braddock to eastbound and westbound I-66, from Braddock to and from southbound Route 28, and from southbound Route 28 to eastbound I-66 (flyover).

This project extends Poplar Tree Road across Route 28 from Stonecroft Boulevard to Walney Road. It also involves construction of a new access road to E.C. Lawrence Park and reduces congestion on both I-66 and Route 28. Construction is expected to begin by 2017.

❖ **Route 29 from Union Mill Road to Buckley's Gate Drive:**

This project provides pedestrian facilities on the north side of Route 29 and widens Route 29 in this area from four to six lanes. It complements the VDOT bridge-replacement project at Little Rocky Run and completes the widening of Route 29 from Shirley Gate Road to Centreville.

It's currently the last segment of Route 29 between the City of Fairfax and Centreville that's not six lanes, so this work would eliminate the last remaining bottleneck. Cost estimate: \$32.7 million; approved: \$25 million.

❖ **Stone Road Overpass over I-66 from Route 29 to Route 28:**

This project provides an alternative to Route 28 that goes from Centreville to the Westfields Corporate Center. It received partial funding for an alignment study, environmental analysis and preliminary engi-



As Signora Bella, Jody Ellis juggles fire on a tightrope at last year's Centreville Day.

neering. Cost estimate: \$81.55 million; amount approved: \$5 million.

Construct a four-lane divided road between Stone Road at Route 29 and New Braddock Road. The work includes curb and gutter, a 5-foot-wide concrete sidewalk on the east side and a 10-foot-wide shared-use path on the west side of Stone Road.

Construct a bridge over I-66 and another bridge over Big Rocky Run. Re-stripe westbound New Braddock Road to provide two, through travel lanes. This overpass could reduce congestion at the I-66/Route 28 and I-66/Route 29 interchanges. In addition, a future Metrorail station near this site is listed on the county's Comprehensive Plan.

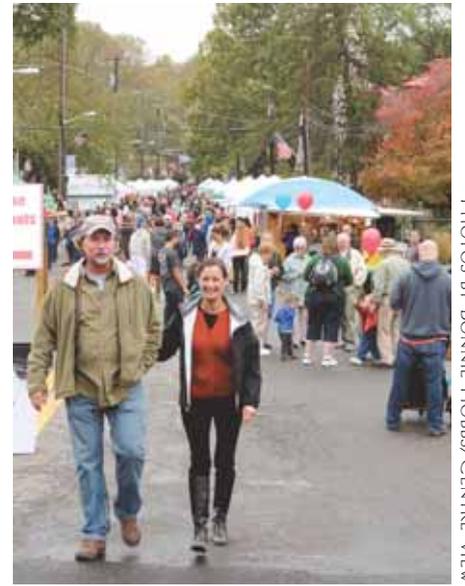
❖ **Widening Route 28** from Old Centreville Road to Prince William County line at Bull Run:

Widen this stretch of road from four to six lanes. The work includes intersection improvements, plus pedestrian and bicycle facilities. Cost estimate: \$47.35 million; approved: \$47.35 million.

It complements the I-66/Route 28 Interchange and, in conjunction with other road projects, would complete the Route 28 Corridor through the entire county. This



Traffic heads west on Route 50 through the work zone near Pleasant Valley Road, before the late-afternoon rush.



A drizzly morning couldn't keep the crowds away from last year's Clifton Day.

project includes intersection improvements, as well as pedestrian and bicycle facilities.

A large development just south of the county line is expected to exacerbate existing congestion. So this widening reduces significant congestion between Prince William and Centreville. And as a transportation corridor of regional significance, it would improve access to Dulles International Airport, Reston and Herndon.

Road Projects Already Underway Or Starting Soon

❖ **Walney Road Bridge and Widening:** The existing, Walney Road bridge over Flatlick Branch is disintegrating structurally and surpassed its life expectancy 17 years ago. So VDOT is replacing it with a wider, sturdier and safer bridge.

The new bridge will have a four-lane capacity with bike lanes. Walney Road will also be widened from two to four lanes from 250 feet south of Mariah Court to Willard Road.

SEE ROAD CHANGES, PAGE 6

CENTREVIEW NEWCOMERS & COMMUNITY GUIDE

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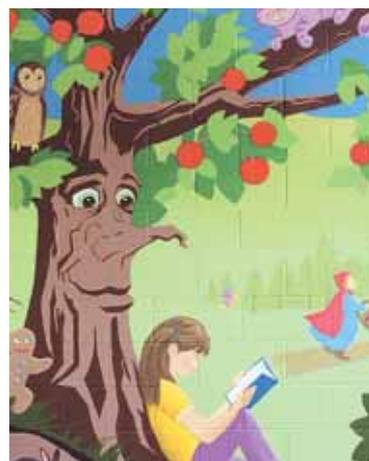
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NEWCOMERS & COMMUNITY GUIDE



PHOTOS CONTRIBUTED

Brookfield Head Start program

Deer Park mural

Welcome to Virginia Run

Schools Prepare for Students' Arrival in September

BY KATHY L. SMITH
SCHOOL BOARD MEMBER

School will be starting next week and our teachers, principals and school staff are busy preparing for the students return. As the Sully District representative on the School Board I have highlights from some of the Region 5 schools serving Sully district students.

Westfield High School is excited to bring back We-STEP, a senior internship program for eligible seniors. More than 40 seniors took advantage of this unique opportunity in its debut at Westfield last year and the



Kathy Smith

feedback from students, staff, parents and internship hosts was very positive. Seniors who qualify for We-STEP have met grade, discipline, and attendance standards to utilize the two

weeks leading up to end-of-year senior activities to participate in real-life work experiences off campus. They hope to double the number of participants this year.

On Aug. 28, the Cub Run Elementary staff will meet students by dropping by each student's home for a brief "door visit" to welcome each family to the new school year. The purpose of the Welcome Walk is to further strengthen school, home and community relationships as well as support Responsive Classroom practices.

Virginia Run Elementary will also be hosting a Welcome Walk on Aug. 28. Students will meet their teachers for the new school year when the teacher drops by their house for a brief door visit.

Deer Park Elementary is excited to celebrate its 20th year and added a beautiful new mural to the school library.

The Chantilly High School pyramid will have its Fourth Annual Chantilly Pyramid College Day on Friday, April 24, 2015. College Day supports the pyramid-wide initiative to work collaboratively on the topic of college and career readiness in grades K-12. Survey data indicates that the Chantilly Pyramid continues to have a strong college going culture that is apparent at every level.

Fairfax County Public Schools was named a Center of Excellence for its emphasis on cyber security and development of the workforce of tomorrow. Chantilly High School's Governor's STEM Academy offers a robust program in information technology which includes a total of 28 dual enrolled credits in Cisco, Network Administration, and Oracle as well as Computer Systems Technology (A+). The academy has a 25-year partnership with Northrup Grumman.

The Rocky Run Middle School PTA is hosting a Back-to-School Fair for seventh (Aug. 26) and eighth (Aug. 27) grade students. The fair is a fun way for students and families to accomplish tasks related to the beginning of school and to explore Rocky Run

before the first day of school.

Brookfield Elementary is opening its second FECEP/Head Start class this school year. The staff believes in developing literacy and school readiness skills while strengthening partnerships with families and the community.

Greenbriar West Elementary will continue to provide strong, differentiated instruction to each of their students. Last year the school earned the prestigious Governor's Award for Academic Excellence for the fourth consecutive year. They also designed an effective outdoor science learning classroom space in the courtyard. The school will continue to expand the use of technology as an integral aspect of instructional practice.

Poplar Tree Elementary is starting a Local Level IV Advanced Academic program in grade 3 this year.

The school has many exciting events planned for the students, such as fourth grade Colonial Days and the fifth grade Medieval Fair.

Franklin Middle School looks forward to cultivating its community with 21st century learning for the 2014-2015 school year, with BYOD (Bring Your Own Device) practices and a celebrated local Level IV Advanced Academics Program, as it builds the students skills as communicators and collaborators.

Oak Hill Elementary will further integrate its Teaching Garden with all grade levels through the use of project-based learning utilizing FCPS Get2Green resources.

I urge you to get involved with your child's school and to sign up for Keep in Touch messages from the school board so that you will be aware of issues that the board will be voting on. I can be reached at klsmith1@fcps.edu.



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KEY ORGANIZATIONS

WFCCA Meetings

The West Fairfax County Citizens Association (WFCCA) Land-Use Committee meets the third Tuesday of the month, at 7 p.m., in the Sully District Governmental Center, 4900 Stonecroft Blvd., in Chantilly. Contact Jim Katcham at jimkcv@gmail.com.

Sully District Council

The Sully District Council of Citizens Associations and its Land-Use Committee meet the fourth Wednesday of the month, at 7 p.m., in the Sully District Governmental Center, 4900 Stonecroft Blvd. in Chantilly. Call Jeff Parnes, evenings, at 703-904-0131.

NEWCOMERS & COMMUNITY GUIDE

Welcome to Fairfax County

BY SHARON BULOVA/CHAIRMAN
FAIRFAX COUNTY BOARD OF SUPERVISORS

Welcome to Fairfax County, the best place in the country to live, work and play. Fairfax County is home to a fantastic public school system, top tier business and shopping opportunities, compassionate human services, and some of the best parks and open spaces in the D.C. Metropolitan region. This summer featured the long-awaited opening of the WMATA Silver Line, which connects the Reston and the Tysons areas of the county to the entire Metrorail system.

Last June, I cut the ribbon to open a new segment of our Fairfax County Cross County Trail, named after former Chairman (now Congressman) Gerry Connolly. It was his vision, while serving on our board, to build and connect trail sections to make it possible for someone to hike through all nine county magisterial districts. The northern end of the trail begins in Great Falls National Park at the breathtaking Potomac River and travels south to the historic Occoquan River.

The trail passes through stream valleys and meadows, then winds through fascinating Laurel Hill, site



Sharon Bulova

of the former Lorton Prison. In addition to parkland and a golf course, these grounds are now home to the Workhouse Arts Center where visitors can watch artists in action and enjoy plays, performances and community events such as Springfest every April.

Fairfax County has something for everyone. Northern Virginia Community College offers more than 160 degrees at the associate's level and numerous certificate programs. Its partnership with George Mason University provides families and students with a seamless, cost-effective path to a four-year degree.

George Mason University, recently named one of the top five "Up-and-Coming Universities" by U.S. News and World Report, is also recognized as one of America's Best College Buys by Forbes magazine. Under the presidency of Dr. Angel Cabrera, Mason is fast taking its place as a university for the world.

Fairfax County is known for its business-friendly

SEE WELCOME, PAGE 7

Fairfax County's Success Story

BY GERALD L. GORDON, PH.D.

If you are a newcomer to Fairfax County, allow me to welcome you to one of the most dynamic communities anywhere in the world to live and work. It was the vision of many people to create this kind of community, so please allow me to offer a quick history lesson.

The Capital Beltway was completed in 1964. The same year the iconic highway opened, the Virginia General Assembly passed a law that created what is now called the Fairfax County Economic Development Authority. In the last 50 years, creation and growth of a diversified business community and local economy transformed a sleepy bedroom community in the shadow of the nation's capital into what Time magazine has called "one of the great economic success stories of our time."

How much of a success story? Fairfax County was home to no Fortune 500 companies in 1964, and today 10 of those businesses are based here. That's more than 30 states. Today more than 400 foreign-



Gerald Gordon

owned businesses have a presence here, as do four companies on Black Enterprise magazine's list of the 100 largest African American-owned companies, three companies on HispanicBusiness.com's list of the 100 largest Hispanic-owned companies, and top companies that are Asian-, woman- and veteran-owned.

Today Fairfax County is the second-largest suburban office market in the United States. Almost no matter where you live, you can see how the county continues to evolve as a business location. The first phase of Metro's Silver Line rail service further enhances the attractiveness of Tysons Corner and Reston, while the second phase will link Herndon and Washington Dulles International Airport to the rest of the Washington region in 2018.

SEE FAIRFAX, PAGE 7

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<http://www.ascension-acc.org>

The Church of the Ascension is a parish of the Diocese of the Mid-Atlantic States of the Anglican Catholic Church. Our mission is to bring the Word of God and the seven sacraments: Baptism, Holy Communion, Confirmation, Penance, Unction, Marriage and Holy Orders to our neighborhood and to offer the Gospel of the forgiveness of sins through Jesus Christ. We are a Bible-believing local church that worships the Lord in the beauty of holiness using the King James (Authorized) Version of the Bible (with Apocrypha), the 1928 Book of Common Prayer, and the 1940 Hymnal. Our building, built in 1854, is also known as the Old Stone Church. It is a beautiful and historic place of worship that has served many throughout its eventful existence. If you would like more information, please visit <http://www.ascension-acc.org>

NEWCOMERS & COMMUNITY GUIDE



Workmen across from Rocky Run Middle School create what will be an asphalt bicycle-and-pedestrian trail along Stringfellow Road.



Southbound motorists are directed onto the old section of Stringfellow Road, while northbound traffic drives beside the new portion not yet open.



Site plan of the park-and-ride expansion. The new parking spaces are in yellow.

PHOTOS BY BONNIE HOBBS/CENTRE VIEW

Road Changes Are on the Horizon

FROM PAGE 3

In addition, the downhill curve on north-south Walney will be smoothed out significantly to make it descend gradually. The road will also be raised 10 feet higher in the area where it currently dips down as drivers leave the bridge, for better sight distance.

Utility relocation should begin in September or October, with construction slated to start in January 2015, in hopes of a December 2015 completion. Because of the work, the bridge will be closed from May 1, 2015 to Aug. 30, 2015. Estimated cost is \$15.5 million.



Drivers heading toward Centreville pass the construction site on Route 29 near Union Mill Road.

❖ Route 50 Widening

West of Chantilly: Construction began in fall 2011 to widen 3.7 miles of Route 50 from four to six lanes between Poland Road in Loudoun County and Route 28 in Chantilly.

Currently, Route 50 narrows from six lanes to four just west of Route 28 in Chantilly. But increased development and congestion in Loudoun County creates backups during much of the day on the existing four-lane segment, especially during morning and evening rush hours.

When completed, traffic-clogged Route 50 will have three lanes in each direction, improved turn lanes and traffic signals, curb and gutter on the outside lanes, crosswalks and pedestrian signals, widened and upgraded bridges, and pathways on both sides of the road. The road will also be more level and provide wider buffers between travel lanes and roadside hazards.

This \$100 million improvement project should have three lanes open in both directions by May 2015. All the construction work, including permanent traffic signals, should be finished in November 2015.

❖ **Stringfellow Road:** The part of Stringfellow between I-66 and Route 29 was four-laned in the 1990s by Fairfax County's Department of Transportation. Now, the

section from I-66/Fair Lakes Boulevard to Route 50 will also go from two to four lanes, providing a faster conduit between Route 50 in Chantilly and Route 29 in Clifton/Centreville. Planned are four travel lanes — two, 12 feet wide, and two, 14 feet wide; a 10-foot multipurpose trail, a 6-foot sidewalk and a raised, 16-foot, grass median. And bicyclists will not only share the trail with pedestrians, but also pedal side-by-side with cars, trucks and buses on each outer, 14-foot lane. Utility relocation has already been done and construction is now underway; it's expected to be done in mid-summer 2015. Estimated cost is \$63 million.

❖ Stringfellow Road Park and Ride Expansion:

Adjacent to I-66, the existing park-and-ride lot on Stringfellow Road has 378 parking spaces. A 2007 bond referendum funded an additional 300 spaces, plus a bus-transfer facility with a climate-controlled waiting room, benches, restrooms,

drinking fountain and bike racks.

The costs are \$4 million for the parking expansion and \$1.5 million for the bus-transfer building, and they've been combined into one project. The goal is to enhance bus ridership and promote carpooling and, ultimately, the use of Metrorail when it's someday extended to this area.

The county's Department of Transportation will construct and maintain the building, and VDOT — which owns the land — will maintain the parking spaces. Cars will enter and exit the lot from the Stringfellow/Fair Lakes

Boulevard intersection, and the existing entrance on Stringfellow will be for buses only. Construction begins this summer and should be completed in spring 2015.

❖ Route 29 Bridge Replacement:

VDOT is currently replacing the Route 29 bridge over the Little Rocky Run stream in Centreville. Besides improving the bridge, itself, the project will also result in a new sidewalk and shared-use path. The new

bridge will go from .2 miles east of Pickwick Road to Union Mill Road and will be just under a half-mile long.

It will be built six lanes wide to accommodate future traffic, but will initially be striped for four lanes. A 16-foot-wide, raised, grass, median strip will separate north- and southbound lanes. Each outer lane will be 15-foot wide, with the outermost three feet earmarked for bicycle riders. On the bridge's south side, a path will connect to existing trails. The north side will have a 5-foot-wide sidewalk connecting to the Faircrest community and existing sidewalks. Estimated cost is \$16.3 million and anticipated completion is October 2015.

❖ **Lee Road Widening/Culvert:** The box culvert there will be extended, and Lee Road will be widened over Schneider Branch. Construction began in March and should be finished in May 2015. Estimated cost is \$4.2 million.

❖ Roundabout at the Braddock/Pleasant Valley roads intersection:

In June, the Commonwealth Transportation Board greenlighted a VDOT-supported plan to build a controversial roundabout to improve traffic flow at the Braddock/Pleasant Valley roads intersection by Cox Farms in Centreville.

Although Loudoun County commuters are thrilled, many local residents are opposed to it. They say the steady stream of basically unimpeded Loudoun drivers flooding Braddock and Pleasant Valley roads will prevent them from leaving their neighborhoods.

They're also worried about safety and the environment. Just east of Braddock Road is the notorious S-curve, so improving that intersection could cause dangerous backups there, instead. In addition, three land quadrants surrounding the intersection contain sensitive parkland. Current estimated project cost is nearly \$6 million.



VDOT's diagram of the proposed roundabout at Braddock and Pleasant Valley roads in Centreville.

NEWCOMERS & COMMUNITY GUIDE

Welcome to Fairfax County

FROM PAGE 5

climate. Time Magazine has described us as “the epicenter of the Washington region’s job boom” and “one of the great economic success stories of our time.” Although home to eight Fortune 500 company headquarters (corporate giants such as Northrop Grumman and Booz Allen Hamilton) about 97 percent of the companies in Fairfax County are small businesses with fewer than 100 employees. We are a great location for startups.

Of course, Fairfax County’s greatest asset is a population that is welcoming and engaged. People from all over the globe have made Fairfax County their

home, enriching our community with diverse cultures and entrepreneurship. Visit Fairfax County’s website at www.fairfaxcounty.gov to learn more about what Fairfax has to offer. As chairman of the Board of Supervisors, I am elected at-large by all registered voters. My office is here to serve you. If you have any questions or concerns, please email me at chairman@fairfaxcounty.gov or call me at 703-324-2321. I hope you will sign up to receive my monthly Bulova Byline newsletter that will keep you up-to-date on what is happening and how you can participate in all that Fairfax County has to offer you and your family.

Thanks for making Fairfax County your home.

Fairfax County’s Success Story

FROM PAGE 5

Southeastern Fairfax County (Springfield, Lorton and the Richmond Highway corridor) are becoming important office centers thanks to growth at Fort Belvoir. The Mosaic District in Merrifield is a popular destination, and the Springfield Town Center opening this fall promises to be a magnet for that area.

As I suggested earlier, this evolution of Fairfax County has been no accident. It has been a strategy driven by a consistent vision: A strong and consis-

tent economic development program that attracts companies and helps them stay and grow here creates job opportunities, builds a strong commercial tax base that holds down residential taxes, and allows the Board of Supervisors to provide high-quality public services that enhance the quality of life here.

Yes, Fairfax County has changed tremendously since 1964. But, even with all the progress that has happened, we believe even better times lay ahead.

Gerald L. Gordon, Ph.D., is president and CEO of the Fairfax County Economic Development Authority.



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Little Rocky Run HOA



COMMUNITY YARD SALE

SATURDAY, SEP 6TH

(Rain date Sunday, Sep. 7th)

Beginning at 8:00 am

Over 100 families will participate in this community-wide event!

Yard sales take place at participating homes in Little Rocky Run and the Little Rocky Run Rec Center at 6201 Sandstone Way, Clifton. Bikes, Books, Furniture, Computers & Electronics, Household items, Toys, Pet Supplies and more.....

Detailed map of yard sale participants will be available at the HOA office, 6201 Sandstone Way as of 5:00 PM on September 5th and on our website at www.littlerockyrunhoa.org

PARKS

AN INSIDER'S GUIDE TO MAJOR PARKS IN FAIRFAX COUNTY

National Parks

GF Great Falls National Park

9200 Old Dominion Drive, McLean
www.nps.gov/grfa
Great Falls Park is open daily from 7 a.m. until dark. The Visitor Center and bookstore are open from 10 a.m. until 5 p.m. daily, spring through fall seasons. Picnic, hike along the Potomac River. Swimming and wading in the Potomac are prohibited.

GW George Washington Memorial Parkway

www.nps.gov/gwmp
703-289-2500
The GW Parkway includes more than 25 sites, ranging from historic homes to wildlife preserves. Join a ranger for a free program or explore sites independently. Some park sites, including Turkey Run Park, Theodore Roosevelt Island, Great Falls Park, etc., close at dark. The Parkway itself remains open 24 hours a day to vehicle traffic.

WT Wolf Trap National Park for the Performing Arts

1551 Trap Road, Vienna
www.nps.gov/wotr/
The only national park dedicated to presenting the performing arts. From May through September, multiple amphitheatres in the park present musicals, dance, opera, jazz, and popular and country music. Explore the park without the crowds from October - April. The Barns at Wolf Trap offer indoor entertainment through the winter months.

State Park

MN Mason Neck State Park

7301 High Point Rd. Lorton
www.dcr.virginia.gov/state_parks/mas.shtml#
703-339-2385 or 703-339-2380 (visitor center)
masonneck@dcr.virginia.gov

The park's visitor center was expanded in 2010 to include a new exhibit room, gift shop and meeting room. There are several exhibits in the center, and with a view of Belmont Bay. Visitor center staff can answer questions and provide information on park trails, facilities and local points of interest. Pond study, bird watching, canoe trips, nature walks and talks, and GPS adventures are just a few of the exciting programs offered by park rangers.

FH Fountainhead

Regional Park
7315 Ox Road, Fairfax Station
www.nvrpa.org/park/fountainhead/
703-250-9124

The observation deck of the Marina Building at Fountainhead commands a spectacular view of the widest point of the Occoquan Reservoir. Summer activities include catfish tournaments, children's fishing tournament, paddleboat tours and more.

Regional Parks

BR Bull Run Marina Regional Park

7700 Bull Run Drive, Centreville
www.nvrpa.org/park/bull_run/
Main park open all year for picnicking, hiking and family camping. Bull Run Public Shooting Center open all year. Group Camping open daily Jan. 7 through Nov. 11. Mini and disc golf open April through October. Hours vary.

BR Atlantis Waterpark

(at Bull Run Marina Regional Park)
7700 Bull Run Drive, Centreville
www.atlantisbullrun.com/
703-631-0552
Atlantis Waterpark features pools, a giant dumping bucket, waterslides, and fun-filled activities for all ages. Atlantis is open from Memorial Day weekend through Labor Day, and is a member of the Northern Virginia Regional Park Authority Family of Waterparks. Atlantis also features picnic pavilions, a deck great for sunning and playing, as well as plenty of shade. Neptune Reef snack bar sells food, beverages and sweets.

HO Hemlock Overlook Regional Park

13220 Yates Ford Road, Clifton
www.nvrpa.org/park/hemlock_overlook/
800-877-0954; 571-281-3556;
Hemlock

MBG Meadowlark Botanical Gardens

9750 Meadowlark Gardens Court, Vienna
www.nvrpa.org/park/meadowlark_botanical_gardens/
703-255-3631

This 95-acre complex of large ornamental display gardens and unique native plant collections is open year round and include walking trails, lakes, more than 20 varieties of cherry trees, irises, peonies, an extensive shade garden, native wildflowers, gazebos, birds, butterflies, seasonal blooms and foliage. The Atrium's indoor tropical garden setting is a popular meeting, reception, wedding and workshop location. Interpretive displays accompany a restored 18th-century cabin. A picnic area beside the Gardens is available to visitors. Meadowlark presents gardening and

Belmont Bay provides a beautiful backdrop as Scott McLallen jogs beside his daughter Lucy, while she gains confidence riding without training wheels at Mason Neck State Park.



One of the beautiful features of the grounds at Meadowlark is the Korean Bell Tower and its surrounding garden.

Sources: National Park Service, Northern Virginia Regional Park Authority, Virginia State Parks and Fairfax County Park Authority. Map courtesy of Fairfax County Park Authority. Designed & compiled by Jean Card and Laurence Foong. Photos by Renée Ruggles.

Pohick Bay offers canoes, kayaks, paddle boats and jon boats for rent on the weekends, as well as family and group camping, hiking, picnic areas and a large play area for children. For those interested in swimming, the park offers one of the largest, outdoor freeform pools on the east coast. Pohick Bay Regional Park, located on Mason Neck Peninsula is an ecologically fragile land that shelters an abundance of wildlife, including the bald eagle. Nature lovers can expect to see blue birds, osprey, heron, deer, beavers and rare sightings of river otters.

PB Pirates Cove Waterpark

(at Pohick Bay Regional Park)
6501 Pohick Bay Drive, Lorton
www.piratescovepohick.com
703-339-6102

Pirates Cove Waterpark is located at Pohick Bay Regional Park. Visitors can cool off under the 300-gallon dumping bucket, fire the water cannons and splash down the waterslide or search for buried treasure at Buccaneer Beach sand play area. Pirates Cove also features picnic pavilions, a deck for sunning and playing, as well as plenty of shade. Captain's Galley snack bar features food, beverages and sweets. Pirates Cove is open from Memorial Day weekend through Labor Day.

PB Pohick Bay Golf Course

10301 Gunston Road, Lorton
www.nvrpa.org/park/pohick_bay_golf_course
703-339-8585

This scenic golf course is located on the Mason Neck Peninsula in Lorton. Pohick Bay's practice facility features a driving range with practice putting and chipping greens, and lessons from PGA pros. A full-service pro shop features an array of name-brand golf clubs, equipment and apparel. Other services include club making, custom club fitting, regripping, reshafting and tournament coordinating.

SR Sandy Run Regional Park

10450 Van Thompson Road, Fairfax Station
www.nvrpa.org/park/sandy_run/
703-690-4392

The park is open to the public for the purpose of education, training, practice, and racing for competitive and recreational sculling and rowing. Only shells and other boats authorized by the Northern Virginia Regional Park Authority may be launched from the docks or shoreline of Sandy Run. Sandy Run offers a facility for team training and competition for Olympic, college, high school and club canoe, kayak and crew athletes.

Arts Center

LAC Workhouse Arts Center

9601 Ox Road, Lorton
www.lortonarts.org
703-584-2900

The Workhouse Arts Center consists of seven studio buildings, the main galleries and the recently opened Youth Arts Center. Visitors are encouraged to interact with artists. In addition to visual arts, the Workhouse Arts Center is home to performing arts, including theater, film



A stunning spot to fish, found in the middle of Great Falls National Park.

institute, musical and dance performances. The education department supports both the visual and performing arts, offering classes and workshops in a variety of disciplines. Future plans for the Workhouse include an event center, amphitheater, Workhouse Theatre, restaurants, apartments, music barn and garden/horticultural area. Other buildings on site, yet to be renovated, may provide for other activities such as a visitors center, a blacksmith shop, theatre scene shops and rehearsal space.

Major Fairfax County Parks

BLP Burke Lake Park & Golf Course

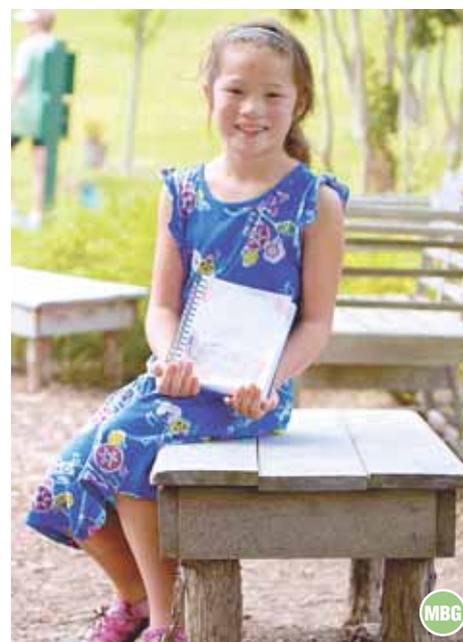
7315 Ox Road, Fairfax Station
volleyball, driving range, 18 hole, par 3, minigolf, trails, playground, campgrounds, fishing
883.4 acres, multiple resource park

CJP Clemyjontri Park

6317 Georgetown Pike, McLean
fitness, picnic areas and playgrounds
18.6 acres, special purpose park

ELP Ellanor C. Lawrence Park

5040 Walney Road, Chantilly
baseball, soccer/football (unlit), basketball (unlit), community center, nature center, amphitheater, trails
650 acres, multiple resource park



Charlotte, from Vienna, shares a sketch that she made of the bridge, across the pond from the Children's Garden at Meadowlark Botanical Gardens.

FPP Frying Pan Farm Park

2717 West Ox Road, Herndon
historic structure, biking/equestrian/hiking trails, open areas, playground
135.3 acres, multiple resource park

GSG Green Spring Gardens

4603 Green Spring Road, Alexandria
Community Center, historic structure, biking/hiking trails, open areas, gardens
30.9 acres, special purpose park

HPP Hidden Pond Park

8511 Greeley Boulevard, Springfield
tennis (lit), nature center, amphitheater, hiking/nature trails, playground, fishing
25.6 acres, community park

HMP Huntley Meadows Park

3701 Lockheed Boulevard, Alexandria
nature center, historic structure, biking/hiking/nature trails, observation tower, boardwalk
1444.8 acres, natural resource park

LAP Lake Accotink Park

7500 Accotink Park Road, Springfield
basketball, volleyball, minigolf, trails, picnic
448.1 acres, multiple resource park

LFP Lake Fairfax Park

1400 Lake Fairfax Drive, Reston
softball (lit), soccer/football (unlit), amphitheater, carousel, campground, tour boat, picnic shelters
479 acres, multiple resource park

FRA Lee District Park

6601 Telegraph Road, Franconia
softball, soccer/football, tennis, basketball, volleyball, trails, treehouse, sprayground, accessible playground
138 acres, district park

MDP Mason District Park

6621 Columbia Pike, Annandale
softball (lit), soccer/football (unlit/lit), basketball (lit), tennis (lit), shuffleboard, dog park, amphitheater, biking/hiking/fitness
121.2 acres, district park

NWP Nottoway Park

9537 Courthouse Road, Vienna
baseball (lit), soccer/football (lit), basketball (lit), tennis (lit), trails, picnic
90.9 acres, district park

RBP Riverbend Park

8700 Potomac Hill Street, Great Falls
nature center, historic structure, biking/equestrian/hiking trails, picnic areas, craft room
411.2 acres, multiple resource park

SRN Scotts Run Nature Preserve

7400 Georgetown Pike, McLean
historic structure, historic/hiking/nature trails, fishing
384.3 acres, natural resource park

SRD South Run District

7550 Reservation Drive, Springfield
baseball, soccer/football, basketball, tennis, rec center, equestrian, playground, swimming
196 acres, district park

WFP Wakefield Park & RECenter

8100 Braddock Road, Annandale
softball, soccer/football, basketball, tennis, rec center, biking, fitness trail, skate park
292.6 acres, multiple resource park



The Meredith family came to the Mason Neck State Park, from Arlington, to do some exploring and wildlife spotting.

PARKS

A GUIDE TO FAIRFAX COUNTY PARKS IN THE CENTREVILLE, CHANTILLY & CLIFTON AREAS

Map Number Park Name
Address, City
Property Class

- 1 Stone Crossing**
Sully Lake Drive, Centreville
Neighborhood Park
- 2 Historic Centreville**
5714 Mt Gilead Rd, Centreville
Cultural Resource Park
- 3 Elklick Preserve**
Access From Pleasant Valley Road,
Centreville
Multiple Resource Park
- 4 Centre Ridge**
14400 Old Mill Road, Centreville
- 5 Richard W Jones**
Pleasant Valley Road, Chantilly
Multiple Resource Park
- 6 Cub Run RECenter**
4630 Stonecroft Blvd, Chantilly
Special Purpose Park
- 7 Westfield SS**
4700 Stonecroft Blvd, Chantilly
School Site
- 8 Coppermine Crossing SS**
2744 Cooper Creek Road, Herndon
School Site
- 9 Lincoln Lewis Vannoy**
Braddock & Willow Springs School
Road, Centreville
- 10 Arrowbrooke**
2351 Field Point Road, Herndon
Community Park
- 11 Dulles Corner**
2446 Dulles View Drive, Herndon
Community Park
- 12 Franklin Farm**
13590 Franklin Farm Road, Herndon
Community Park
- 13 Fair Woods**
12601 Alder Woods Drive, Fairfax
Neighborhood Park
- 14 Flatlick**
4501 Brookfield Corp Dr, Centreville
Multi-Use
- 15 Pleasant Hill**
6305 Hidden Canyon Road,
Centreville
Community Park
- 16 Chalet Woods**
14912 Cranoke Street, Centreville
Community Park
- 17 Arrowhead**
5200 Arrowhead Park Drive,
Centreville
Neighborhood Park



The Brewczaks came to their local park for a family game of basketball.



- 18 Lane's Mill**
14901 Lee Highway,
Centreville
Cultural Resource Park
- 19 Old Centreville Road**
5885 Old Centreville Road,
Centreville
Neighborhood Park
- 20 Centre Ridge North**
Field Encampment Road And St.
Germain Drive, Centreville
Community Park
- 21 Braddock**
13451 Braddock Road, Clifton
Special Purpose Park
- 22 Twin Lakes Golf Course**
6100 Clifton Rd, Clifton
Special Purpose Park
- 23 Chapel Road**
12300 Chapel Road, Clifton
Community Park
- 24 Confederate Fortifications
Historic Site**
13772 Balmoral Greens Avenue,
Clifton
Cultural Resource Park
- 25 Rock Hill District**
15150 Old Lee Road, Chantilly
Community Park

- 26 Ellanor C. Lawrence**
5040 Walney Road, Chantilly
Multiple Resource Park
- 27 Greenbriar**
4601 Stringfellow Road, Chantilly
Community Park
- 28 Poplar Tree**
4718 Stringfellow Road, Chantilly
District Park
- 29 Chantilly**
13373 Brookfield Court, Chantilly
Neighborhood Park
- 30 Chantilly Library Site**
7000 Stringfellow Road, Chantilly
Community Park

- 31 Sully Historic**
3650 Historic Sully Way, Chantilly
Cultural Resource Park
- 32 Fair Oaks**
3901 Fair Ridge Drive, Fairfax
Neighborhood Park
- 33 Brentwood**
11903 Appling Valley Road, Fairfax
Neighborhood Park
- 34 Franklin Glen**
13395 Springhaven Drive, Fairfax
Community Park
- 35 Fox Valley**
13420 Hollinger Avenue, Fairfax
Community Park
- 36 Fair Ridge**
12300 Meadow Field Drive, Fairfax
Neighborhood Park
- 37 Greenbriar Commons**
4300 Middle Ridge Dr, Fairfax
Neighborhood Park
- 38 Ox Hill Battlefield**
4134 West Ox Road, Fairfax
Cultural Resource Park
- 39 Patriot**
12111 Braddock Road, Fairfax
District Park

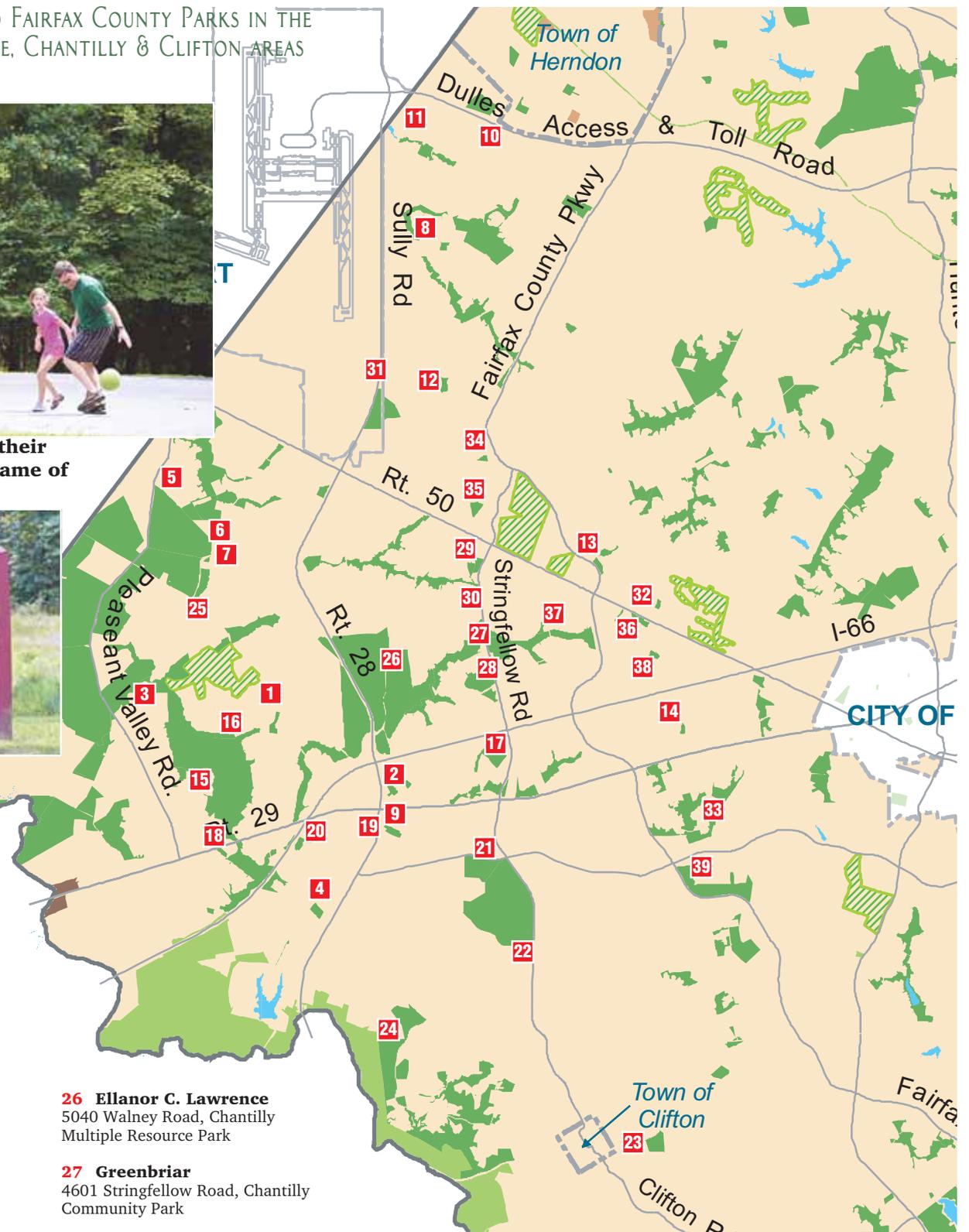


Chalet Woods is a popular neighborhood park with a lot to offer, including swings, a hiking trail and a basketball court.

PHOTOS BY RENEE RUGGLES



Anthony tries out the slide at his neighborhood park.



NEWCOMERS & COMMUNITY GUIDE

A County of 186,785 Students

BY KAREN K. GARZA
SUPERINTENDENT OF FAIRFAX COUNTY
PUBLIC SCHOOLS



Karen K. Garza

Welcome to the 2014-15 school year. The start of a new school year is always an exciting time for students, parents, and educators. Our dedicated staff has been working hard to prepare for another school year that builds on our tradition of excellence at Fairfax

County Public Schools (FCPS). Fairfax is a community that embraces its newest residents and the cultural diversity that makes our county such a desirable place to be. For many families

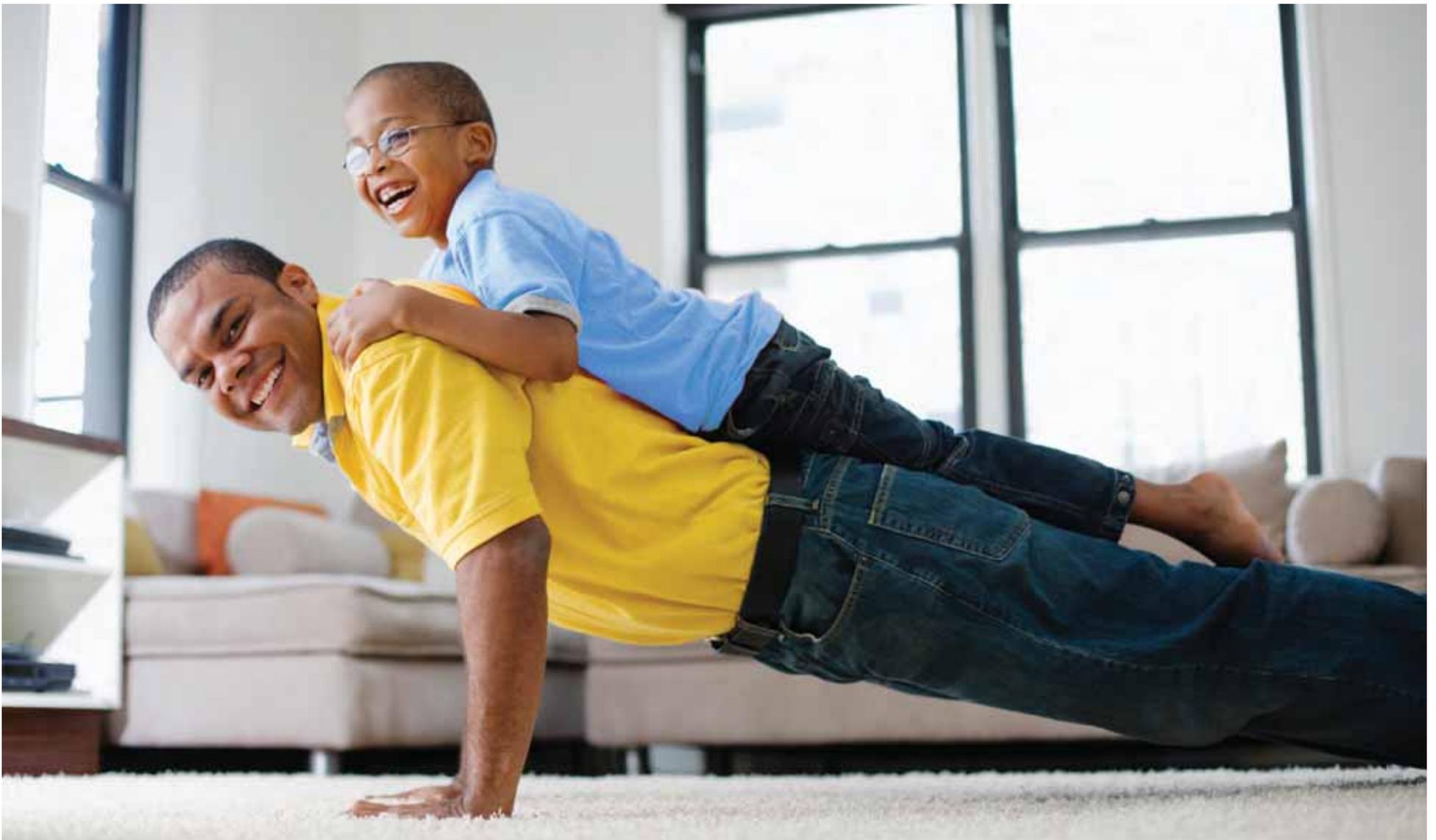
and businesses, the decision to relocate to a new area is often dependent on the quality of the local public schools. FCPS has a well-deserved national reputation for excellence.

As we enter a new school year, we are projecting an enrollment of 186,785 making FCPS the nation's 10th largest school district. Fairfax County high schools are among the most academically rigorous in the U.S. and are cited every year as among

the top high schools in the country. Our classrooms are led by teachers who inspire, motivate, and prepare students with the knowledge and skills they will need for the future.

Our dedicated teachers promote the success of every student and create a caring learning environment where every student is valued and recognized as an active learner.

SEE A COUNTY, PAGE 13



I'm going to make the rest of my life

the best of my life

Virginia's Largest Health System is now in Northern Virginia.

Through our *Transformation of Care* initiatives, Sentara is changing healthcare as you know it, supporting you in your goal for a lifetime of good health.

Comprehensive Care

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Sentara.com/NorthernVirginia

ENTERTAINMENT

A SAMPLING OF ANNUAL
COMMUNITY EVENTS.

August 2014

FRIDAY/AUG. 29

Dairy Days. 1, 2 or 3 p.m. at Sully Historic Site, 3650 Historic Sully Way, Chantilly. Make ice cream and butter the old-fashioned way. \$5 for in county, \$7 for out of county. Visit www.fairfax.gov/parks/sully.

September 2014

Experience Peru. Through Thursday, Sept. 18 at 11750 Fair Oaks Mall, Fairfax. If Machu Picchu, one of the New Seven Wonders of the World, is on your must-see list, take a side trip to Fair Oaks Mall for an interactive glimpse of Peru. The centerpiece of the interactive exhibit will feature a 20 x 30 foot exhibit of fabled Machu Picchu for shoppers to visit, photograph and enjoy. Free, open to the public during Fair Oaks business hours. Visit shopfairoaksmall.com.

MONDAY-SUNDAY/SEPT. 1-7

Annual Workhouse Clay National Ceramics Exhibition. Workhouse Arts Center, 9518 Workhouse Way, Lorton. This exhibition represents the depth and breadth of contemporary functional and sculptural ceramic artworks being created throughout the country. Visit www.workhouseceramics.org/index.php?p=1_15_Clay-National-2014.

MONDAY/SEPT. 1

Herndon Labor Day Festival. 12-6 p.m. Herndon Town Green, 777 Lynn Street, Herndon. Downtown Herndon celebrates Labor Day with an annual festival - great music, a craft show, food, wineries, micro-brews and culinary demonstrations will all be there. Visit www.herndon-va.gov

SATURDAY-SUNDAY/SEPT. 6-7

THURSDAY/SEPT. 11-18

16th Annual Fall for the Book Festival. George Mason University, 4400 University Drive, Fairfax. A week-long, multiple-venue, regional festival that brings together people of all ages and interests. Visit www.fallforthebook.org.

SATURDAY/SEPT. 13

Lorton's Fall Festival. 11 a.m. Lorton Station Town Center, 8998 Lorton Station Blvd., Lorton. Enjoy a magic booth, pumpkin painting, photo booth, games, prizes and more. Visit www.lortonstationtowncenter.com/calendar-of-events.html for more.

18th Annual CCE Irish Folk Festival. Noon-8:30 p.m. Sherwood Community Center, 3740 Old Lee Highway, Fairfax and The Auld Shebeen Irish Pub, 3971 Chain Bridge Road, Fairfax. All are invited to enjoy, free of charge, the beauty and depth of Irish music, dance, language and sport. Visit www.fairfaxva.gov/about-us/special-events/fairfax-irish-folk-festival.

SATURDAY-WEDNESDAY/SEPT.13-24

Northern Virginia Senior Olympics. Online registration open. Various venues around Northern Virginia. Events include badminton, volleyball, cycling, a 5k road race, and many more. \$12 per person. Visit www.nvso.us for more.

SATURDAY/SEPT. 20

5K/10K Dulles Day on the Runway. 7:30 a.m. 14390 Air and Space Museum Pkwy., Chantilly. The full length of the runway will be closed off for runners to experience a flat, fast course and a unique look at the airport grounds. All race proceeds will benefit Special Olympics Virginia, the Committee for Dulles Community Outreach and the



Centreville Day volunteers from Stone Middle march in the 2013 parade.

Washington Airports Task Force. Visit <http://committeefordulles.org/5-10K.html>.

Dulles Day Plane Pull. 10:30 a.m.-4 p.m. Dulles International Airport. Teams of 25 are pitted against one another to see who can pull a 164,000+ pound Airbus 12 feet the fastest in Special Olympics Virginia's "heaviest" fundraiser. Visit www.planepull.com.

Paint Herndon Celebrate the Arts. 9:30 a.m. - 3:30 p.m. ArtSpace Herndon, 750 Center Street, Herndon. The annual Paint Herndon event is a celebration of the arts and the anniversary of the opening of ArtSpace Herndon, complete with a painting competition. Visit www.artspaceherndon.com/paint-herndon/.

SUNDAY/SEPT. 21

Herndon Kids Triathlon. 7:30 a.m. Herndon Community Center, 814 Ferndale Avenue, Herndon. This kids triathlon gives youngsters an opportunity to compete in one of the fastest growing sports in the United States. The event is designed for any youth, ages 6-16, regardless of athletic ability or prior triathlon experience. Visit www.herndon-va.gov.

SUNDAY/SEPT. 28

NatureFest. 1-5 p.m. Runnymede Park, 195 Herndon Parkway, Herndon. Explore various nature stations throughout the park including butterflies, bees, life in the meadow, web of life and much more with live animal shows throughout the day. Visit www.herndon-va.gov.

October 2014

SUNDAY/OCT. 5

19th Annual Paws for a Cause 3K Walk. 12 p.m. Weber's Pet Supermarket, 11021 Lee Highway, Fairfax. Paws for a Cause benefits Fairfax Pets on Wheels, Inc., an all-volunteer organization dedicated to providing pet visitation to residents of nursing homes and hospitals since 1987. Visit www.fpow.org/event-685795.

SATURDAY/OCT. 11

Fall Festival in Old Town Historic Fairfax. 10:209 Main Street, Fairfax. What started out as a small market for artisans has grown to a festival with over 400 arts, crafts and food vendors, children's activities and entertainment for all ages. Visit www.fairfaxva.gov/about-us/special-events/fall-festival.

Centreville Day. 10 a.m.-5 p.m. Historic Centreville Park in the

Centreville Historic District, 5714 Mt. Gilead Road. Food, crafters and other vendors, parade, entertainment and more. Visit www.centrevilleva.org.

FRIDAY-SUNDAY/OCT. 17-19

19th Annual Craftsmen's Fall Classic Art & Craft Festival. 10 a.m.-6 p.m. Dulles Expo Center, 4320 Chantilly Shopping Center, Chantilly. Features original designs and work from hundreds of talented artists and craftspeople from across America. Visit www.gilmoreshows.com/craftsmens_classics_chantilly_fall.shtml.

SATURDAY/OCT. 18

Historic Hallows Eve. 4 p.m. Sully Historic Site, 3650 Historic Sully Way, Chantilly. Experience the traditions of Virginians in the 18th and 19th centuries by celebrating All Hallows Eve with storytelling, fortune telling, fall foods and family gatherings. Visit www.fairfaxcounty.gov/parks/sully-historic-site.

FRIDAY/OCT. 24

Spooktacular. 6:30-8:30 p.m. Herndon Community Center, 814 Ferndale Ave., Herndon. Enjoy ghoulish games, a spooky craft and a children's show. Visit www.herndon-va.gov.

SATURDAY/OCT. 25

Clifton Haunted Trail. 7-10 p.m. Chapel Road, Clifton. A terrifying annual event that winds through Clifton's 8 Acre Park. Visit cliftonhauntedtrail.com.

Air and Scare. 2-7 p.m. Steven F. Udvar-Hazy Center, 14390 Air and Space Museum Pkwy., Chantilly. See the spooky side of air and space at the annual Halloween event. Arrive in costume for safe indoor trick-or-treating, creepy crafts, spooky science experiments and other Halloween-themed activities. Visit <http://airandspace.si.edu/events/air-and-scare/>.

November 2014

SATURDAY/NOV. 1

The Robinson Marketplace. 10 a.m.-4 p.m. 5305 Sideburn Road, Fairfax. Shop at over 80 vendors at the Holiday Market, raffle and silent auction sponsored by the Robinson Secondary School PTSA. Visit www.robinsonptsa.org.

WEDNESDAY/NOV.19-SUNDAY/JAN.4

Lights Festival. 7700 Bull Run Drive, Centreville. Almost two and a half miles of light displays and a Holiday Village to celebrate the season. Visit www.bullrunfestivaloflights.com.



PHOTOS BY BONNIE HOBBS

Bianca Aguirre, 5, of Chantilly's Rockland Village, shows the paint-stamped picture during the second annual Chantilly Day celebration in 2013.

December 2014

SATURDAY/DEC. 6

City of Fairfax Festival of Lights and Carols. Sherwood Community Center, 3740 Old Lee Highway, Fairfax. Come enjoy live holiday music, hot cider, s'mores by the Yule log, petting farm, ferris wheel, caroling and lighting of the Christmas tree in the winter wonderland. Visit www.fairfaxva.gov/about-us/special-events/festival-of-lights-and-carols for times and locations.

SUNDAY/DEC. 7

Holiday Arts and Crafts Show. 10 a.m.-4 p.m. Herndon Community Center, 814 Ferndale Avenue, Herndon. A variety of handcrafted items and fine art will be on sale including wreaths, quilts, jewelry, Christmas ornaments, decorations, original artwork, photography, stained glass and more. Visit www.herndon-va.gov.

January 2015

FRIDAY/JAN. 9 - SPRING

Live Music at Paradise Springs Winery. Clifton. Fridays 5-9 p.m. and Saturdays 2-6 p.m. Various live artists perform every Friday and Saturday. Visit www.paradisepinespringswinery.com/winery-events.html.

February 2015

MID-FEBRUARY

Community Tax Assistance Day. Fairfax SkillSource Center, 7611 Little River Turnpike, Suite 300 West, Annandale. The IRS Volunteer Income Tax Assistance (VITA) program offers free assistance with 2015 Federal and state tax returns for households with a total income of \$52,000 or less. Visit www.volunteerfairfax.org/individuals/vita.php.

March 2015

Chantilly Egg Hunt. 26469 Ticonderoga Road, Chantilly. Join the Easter Bunny and search for candy and toy-filled eggs. Visit www.ticonderoga.com/about.

THIRD WEDNESDAY IN MARCH

Herndon Bluegrass Concert Series. Friday and Saturday evenings. Holy Cross Lutheran Church, 1090 Sterling Road,

Herndon. Listen to different bluegrass concerts every week. Visit www.holycrosslutheranchurch.net.

FRIDAY-SUNDAY/MARCH 20-22

19th Annual Craftsmen's Spring Classic Art & Craft Festival. 10 a.m.-6 p.m. Dulles Expo Center, 4320 Chantilly Shopping Center, Chantilly. Features original designs and work from hundreds of talented artists and craftspeople from across America. Visit www.gilmoreshows.com/craftsmens_classics_chantilly_spring.shtml.

April 2015

LATE APRIL - MID-MAY

Destination Fairfax: Annual Spotlight on the Arts Festival. Dedicated to showcasing the very best of the visual and performing arts in the City of Fairfax, Fairfax Spotlight on the Arts is an annual three-week festival comprising artists in and at local venues. Visit www.visitfairfax.com/2014/the-city-of-fairfax-spotlight-on-the-arts/.

THIRD SATURDAY IN APRIL

Herndon Easter Egg Hunt. Frying Pan Farm Park, 2709 West Ox Road, Herndon. Join the Easter Bunny and his helpers for an eggstraspical event including games, craft projects and egg hunts by age. Visit www.herndon-va.gov.

May 2015

THURSDAY-SUNDAY/MAY 28-31

Herndon Festival. Historic downtown Herndon, 777 Lynn St., Herndon. Four days of fun for the whole family. Visit herndonfestival.net.

June 2015

FRIDAY-SUNDAY/JUNE 5-7

Celebrate Fairfax! Fairfax County Government Center, 12000 Government Center Parkway. Northern Virginia's largest annual three-day festival and community-wide celebration at the Fairfax County Government Center. Visit www.celebratefairfax.com.

FOURTH SATURDAY IN JUNE

Clifton Wine Festival. 7150 Main St., Clifton. Virginia vineyards and wineries come together for a day of wine, food, arts and crafts. Visit www.cliftonwine.com.

July 2015

SATURDAY/JULY 4

City of Fairfax Independence Day Celebration. Events at various locations around the city. A fun-filled Independence Day celebration in the City of Fairfax. Visit www.fairfaxva.gov.

August 2015

Drive-in Movie. Saturdays in August. Food and children's activities 6-8 p.m., movie begins at dark. Starlight Cinema, 5860 Trinity Parkway. "The Lego Movie" plays at the drive-in. Watch from your car or bring blankets to lounge on. Bring a radio to listen outdoors. Free. Visit www.fairfaxcounty.gov/parks/performances or call 703-324-8662.

FIRST WEEKEND IN AUGUST

Country 4-H and Frying Pan Park Park Show. Frying Pan Farm Park, 2709 West Ox Road, Herndon. A weekend of 4-H competitions, farm animals and carnival rides. Visit www.fairfaxcounty.gov/parks/fryingpanpark/4-h-fair.htm.

NEWCOMERS & COMMUNITY GUIDE

A County of 186,785 Students

FROM PAGE 11

Working closely with our school board, parents, teachers, and community stakeholders, we have made a number of positive and exciting changes for our system during my first year as superintendent.

We developed the FCPS Portrait of a Graduate that will serve as a foundation on which to build a long-range strategic plan for the school system and will lessen the focus on standardized, high-stakes testing and

place greater emphasis on engaged students, project-based learning, and authentic assessments of student learning. The Portrait of a Graduate will ensure that our students are collaborators, communicators, creative and critical thinkers, global citizens, and goal-directed and resilient individuals when they leave FCPS.

Other significant changes that we have made include:

- ❖ The launch of full-day Mondays for all elementary students. The change will increase instructional time for students and dedicated planning time for teachers. The change to full day Mondays received overwhelming support in our community and

Fairfax County high schools are among the most academically rigorous in the U.S.

will benefit students, teachers, and our families.

- ❖ A new standard school calendar that eliminates the need to make up inclement weather days at the end of the school year if fewer than 13 days are missed while providing two full weeks for winter break.

- ❖ The new Bailey's Upper Elementary School for the Arts and Sciences. A first of its kind for Fairfax County, this new school is being converted from a five-story office building at 6245 Leesburg Pike to provide enrollment relief for the overcrowded Bailey's Elementary School for the Arts and Sciences. The new campus will house grades 3-5, while the existing campus will house preschool to grade 2.

- ❖ A new CrisisLink text messaging tool for students and parents needing mental health support and resources. Crisis line staff respond to the text messages 24 hours a day. The text number is 703-997-5444.

The future remains very bright for FCPS families, students, and employees. I look forward to welcoming your children to our schools on Sept. 2 and making this year an exciting and rewarding year for all of our students.



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 **New Life Christian Church**
703.222.8836
www.newlife4me.com

 **The nZone**
703.266.0118
www.thenzone.com

ONE CHURCH. THREE LOCATIONS:

Chantilly Campus
Meets at the nZone
14550 Lee Rd., Chantilly, VA 20151
Sunday Mornings: 8:00, 9:30 & 11:00am

Linton Hall Campus
Meets at Piney Branch E.S
8301 Linton Hall Rd., Bristow, VA 20136
Sunday Mornings: 9:30 & 11:00am

Live, Online Broadcast: live.newlife4me.com
Sunday Mornings: 8:00, 9:30 & 11:00am

SPORTS

Getting To Know ... Centreville Sports

Football team won 6A state title, finished undefeated.

School: Centreville High School.

Mascot: Wildcats.

School Colors: Columbia blue, black and silver.

Athletic Director: Jimmy Sanabria, 703-761-7228.

Football Coach: Chris Haddock (fifth year).

The Wildcats went 15-0, including a 35-6 victory over Oscar Smith in the 6A state championship game. After the win, USA TODAY ranked Centreville No. 15 in the nation.

Field Hockey Coach: Demby Banbury.

Boys' Basketball Coach: Patrick Hally.

Girls' Basketball Coach: Tom Watson.

Baseball Coach: Scott Findley.

Rival Schools: Chantilly, Westfield.

What Happened Last Year:

The girls' basketball team went 22-5, finished Conference 5 runner-up and reached the region semifinals. Then-junior wrestler Tyler Love won the 195-pound state title. The girls' soccer team finished state runner-up.

Quotable: "It's certainly the best team that I've ever been



CONNECTION FILE PHOTO

Centreville running back AJ Turner carries the ball during the Wildcats' 35-6 win over Oscar Smith in the 2013 6A state championship game.

around in 21 years of coaching high school football. ... We actually talked to our kids a lot about our place in history and setting a higher standard and that's some-

thing that the kids wanted to do. They wanted to make history. I don't know where you place us in the all-time teams, but we're certainly one of the best in Northern

Virginia and we're definitely the best at Centreville." — Football coach Chris Haddock after winning beating Oscar Smith in the state final.

... Chantilly Sports

Boys' cross country team repeated as state champion.

School: Chantilly High School.

Mascot: Chargers.

School Colors: Purple and white.

Athletic Director: Corey Bowerman, 703-222-8160.

Football Coach: Michael Lalli (10th year).

The Chargers lost their final three games of the 2013 season by a combined six points and finished with a 5-5 record.

Cross Country Coach: Matt Gilchrist.

Volleyball Coach: Charles Ezigbo.

Boys' Basketball Coach: Jim Smith.

Girls' Basketball Coach: Kurt Sporkmann.

Baseball Coach: Kevin Ford.

Boys' Lacrosse Coach: Kevin Broderick.

Girls' Soccer Coach: Melissa Bibbee.

Rival School: Centreville.

What Happened Last Year: The boys' cross country team repeated as state champion. The golf team won the 6A state title. The baseball team won the 6A North region championship and finished state runner-up. The boys' lacrosse team reached the region semifinals.

Quotable: "It was a lot different from last year, because going in to the 2012 race, we knew that we would win, as long as we didn't implode. This year, winning by only two points, and with only four points separating first from fourth, it was almost a feeling of disbelief that we actually pulled it off." — Cross country coach Matt Gilchrist, whose boys' team repeated as state champion.



PHOTO BY Ed Lull

The Chantilly boys' cross country team repeated as state champion in 2013.

... Westfield Sports

Field hockey and girls' lacrosse teams won 6A state championships.

School: Westfield High School.

Mascot: Bulldogs.

School Colors: Black, gold and white.

Athletic Director: Terri Towle, 703-488-6400.

Football Coach: Kyle Simmons (fourth year). The Bulldogs went 11-3 in 2013 and finished region runner-up for the third consecutive season.

Field Hockey Coach: Starr Karl.

Volleyball Coach: Jim Bour.

Boys' Basketball Coach: Doug Ewell.

Girls' Basketball Coach: Maggie Endler.

Wrestling Coach: Chuck Hoskins.

Girls' Lacrosse coach: Katie Ruch.

Rival Schools: Centreville, Chantilly.

What Happened Last Year: The field hockey team won the 6A state championship. Gymnast Katie Freix placed third at states in the all-around. The girls' lacrosse team won the state title. Wrestler Justin Yorkdale won the 126-pound championship.

Quotable: "When the whistle blew and the game was over it was a sense of pride for a group of young ladies that started off the season fragmented and little by little as the season progressed bought into 'TEAM.'" — Field hockey coach Starr Karl.



CONNECTION FILE PHOTO

The Westfield field hockey team celebrates winning the 2014 6A state title by soaking head coach Katie Ruch.

NEWCOMERS & COMMUNITY GUIDE

NONPROFITS

Friends of Historic Centreville

A recently formed 501 3c non-profit dedicated to historic preservation and educating the public about the history and historic resources of western Fairfax. The Friends are particularly interested in working with the Fairfax County Park Authority to make the new Historic Centreville Park a success. <http://centreville.patch.com/listings/friends-of-historic-centreville>

National Capital Food Bank

A group of food banks serving all of Northern Virginia seek monetary donations and general volunteers. 703-541-3063 or www.capitalareafoodbank.org.

Boys and Girls Clubs of Greater Washington Fairfax Area

Aims to help youth become confident, civic-minded, responsible adults through programs focused on educa-

Serving Older Adults

Serving older adults, age 50 and better, the Shepherd's Center of Fairfax-Burke provides services and programs to promote healthy independent living. More than 1,000 free rides to medical appointments and shopping were provided this past year by Shepherd's Center volunteers to older adults, who no longer drive, and live in the Burke and central Fairfax area. Programs, such as the Shepherd's



Brian van de Graaff

Center's bi-monthly Lunch N' Life, provide a meal, speakers, and social networking. The next Lunch N' Life is Sept. 18, from noon - 2 p.m. and will feature weatherman Brian van de Graaff from ABC's channel 7. The luncheon will be held at the Jubilee Christian Center, 4650 Shirley Gate Road, Fairfax. All are welcome to attend the luncheon; cost is \$10.

Make a reservation by calling 703-620-0161 by Sept. 12. www.scfbva.org.

tion/career development, health and life skills, leadership, the arts, sports and recreation, and mentoring. <http://www.bgcgw.org/fairfax/>.

Northern Virginia Family Services

Offers employments and job training, health care, housing, mental health, foster care and home visitations to new parents. 703-385-3267 or www.nvfs.org.

Friends of Guest House

Offers structure, supervision, support and assistance to female ex-offenders who sincerely want to improve their lives and break the cycle of incarceration.

Friends of Guest House offers the only program for women of its kind in Northern Virginia, and receives countless inquiries every year. <http://friendsofguesthouse.org/>.

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SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

Month	Publication	Deadline
SEPTEMBER	HomeLifeStyle.....	9/10/14
	A+ Camps & Schools.....	9/17/14
	Fall Fun & Arts Preview.....	9/24/14
OCTOBER	Wellbeing.....	10/1/14
	HomeLifeStyle PULLOUT: Deadline is 9/25/14.....	10/8/14
	A+ Camps & Schools.....	10/15/14
	Election Preview I.....	10/22/14
	Election Preview II.....	10/29/14
NOVEMBER	Election Day is Tuesday, November 4.	
	Wellbeing.....	11/5/14
	HomeLifeStyle.....	11/12/14
	Holiday Entertainment & Gift Guide I.....	11/19/14
	A+.....	11/25/14
Thanksgiving is November 27.		
DECEMBER	Wellbeing.....	12/3/14
	HomeLifeStyle: Home for the Holidays.....	12/10/14
	Hanukkah begins December 16.	
	Holiday Entertainment & Gift Guide II.....	12/16/14
	A+ Camps & Schools.....	12/16/14
CHILDREN'S CONNECTION.....	12/24/14	

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- Reston Connection
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The **SOUTHWESTERN YOUTH ASSOCIATION (SYA)**

would like to

Welcome you to the Community!

Founded in 1973, a non-profit youth organization offering 15 different sports to the families of western Fairfax County, including Centreville and Clifton.

Baseball, including Tee Ball, Little League & Babe Ruth, Basketball, Cheerleading, Field Hockey, Football, Flag Football, Lacrosse, Rugby, Soccer, Softball, Track & Field, Volleyball, Wrestling



Ages 4-18 • Varies by sport

Come out and visit the SYA Sports Park located at 6626 Bull Run Post Office Road, Centreville. For more information on the Sports Park, visit the Sports Park page on our Website.



Visit our Website at: www.syasports.org

Call us at: 703-815-3362

E-mail us at: admin@syayouthsports.org

** Join the SYA family by becoming a volunteer*