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PHOTO REENA SINGH/THE CONNECTION

## Help the Homeless Walk Breaks Record

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Katherine Hanley and Hunter Mill Supervisor Cathy Hudgins participate in the Help the Homeless walk Oct. 2.

### South Lakes High Hosts Back To School Night

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Primatics Financial gave a \$25,000 check to Cornerstones at the event on Oct. 2.

More than 400 people took part in the Reston Town Center Help the Homeless walk this year.

# Help the Homeless Walk Breaks Record

More than 400 people walk to end homelessness in Reston Town Center.

BY REENA SINGH  
THE CONNECTION

Cornerstones CEO Kerrie Wilson kept tearing up as she looked at the crowd around her in Reston Town Center. Just minutes before the third annual Help the Homeless walk, more than 400 people showed up during their lunch break to raise money for Cornerstones by walking from Reston Town Center to the nearest shelter on Oct. 2.

“What an opportunity to recognize the homelessness right here in our community,” she said. “When you have a shelter half a mile away, many realize just how much

need is around us.”

The walk was \$25 to join. Wilson said the money raised will mostly go towards the nonprofit’s rapid rehousing program.

“The economic recovery is slow in our community, and this is to bridge the gap and get those people back on their feet,” she said.

She noted that in the past three months, 25 families and 15 individuals moved into a home thanks to the Cornerstones’ rehousing program.

“I want to let each and every one of you know that you are changing a life today,” she said to the participants.

Three years ago, the idea of the walk came from May Bernhardt, owner of May-

flowers. Today, she still helps to organize the annual event.

“It’s my passion to help people who don’t have shelter,” she said. “People should help everyone and be a part of the community. Everyone deserves a home and food.”

Supervisor John Foust showed his support before the event. Additionally, Del. Ken Plum and Hunter Mill Supervisor Cathy Hudgins spoke to the crowd before the walkers took to the streets.

“We’re going to beat homelessness,” said Plum.

Wilson said L3 had the most participants from their company at the event with more than 250 registered employees. Leidos came in second place with 65 people participat-

ing. In third was Microsoft.

“It’s a good cause, and there was a lot of promotion within the company to be a part of the walk,” said Tim Wong, L3 employee.

Many of the registered participants received bright umbrellas with a giant flower printed on it, courtesy of May, to raise awareness about the walk to other people in Reston Town Center.

Kerry Oldfield, Fidelity Investments Branch Manager, said the branch has been supporting Cornerstones since they moved to Reston Town Center.

“I’m amazed by the number of people in poverty that others don’t realize are so close to the town center,” he said. “I think it is a bigger problem than people let on.”

## Touring the Decades Reston Home Tour explores homes of all ages.

BY REENA SINGH  
THE CONNECTION

This year, Reston Home Tour will take visitors back through the decades. Six homes, built from the 1960s until the current decade, are participating in the Oct. 18 Reston Historic Trust and Museum Home Tour the year the town celebrates its 50th anniversary.

“It’ll tell you a lot about Reston,” said organizer Bonnie Haukness. “Many areas in northern Virginia have the same kind of housing, but per Bob Simon’s vision, you can start off in an apartment here then upgrade as you get older.”

This will be the 13th year the event will take place. Haukness said the event has changed over the years and now has a VIP Reception for donors and those on the home tour to meet and mingle before the event. This year’s reception was at Shashi and Margaret Gupta’s home, which was featured during a past home

tour. This year’s tour is Oct. 18 from 10 a.m. to 5 p.m. Tickets are \$25 if purchased by the Oct. 11 and \$30 after.

The oldest home on the tour, a townhouse designed by Charles Goodman in the 1960s, is nearly as old as Reston itself. There will be a stop at the Avant, a new high rise in Reston Town Center, where culinary students from South Lakes High School will serve food featuring all the decades Reston has gone through for guests to sample.

“It will be a fun day,” said Haukness. “People get design ideas. People who are interested in art or interior design go on the tour.”

**ALISON KAL OWNS** one of the homes on the tour spotlighting the 1980s.

“I didn’t expect to put my home on the tour,” she said. She bought the home in 2011 and expected to have plenty of time to renovate it to her taste.

“I had just finished remodeling it and wasn’t done settling in,” she said. “I now have deadlines to do things.”

She chose Reston and her home because her roots connect her with bodies of water.

“I love the outdoor spaces,” she said. “I love being able to walk outside and get on a trail. Everybody is so friendly. It really feels like a little community.”

Steve and Emily Ward have lived in Reston since 1973 and have had a home on a previous tour. However, they recently downsized to an apartment at The Avant and will be featured again.

“We collected a lot of American folk art over the last few years and have somewhat of a museum,” said Steve. “Reston is such a diverse place where people can do so many different things.” He said that Haukness approached the couple about being on the tour again after seeing their new space.

“We talked about it,” he said. “I think we have an interesting story. We moved to an apartment less than half the size of our last home. It was a challenge to get rid of half of everything.” For more information about the Reston Museum and Trust’s events, visit [www.restonmuseum.org](http://www.restonmuseum.org).



PHOTO BY REENA SINGH/THE CONNECTION

Chuck Veatch and Bonnie Haukness present this year’s tour homeowners with sketches of their homes during this year’s VIP Reception.



**Reston South Lakes High School principal Kimberly Retzer welcomed everyone to the back to school night event at the school gymnasium. Retzer is a 1989 graduate of South Lakes and began her career in Fairfax County Public Schools at South Lakes High School.**



PHOTOS BY RYAN DUNN/THE CONNECTION

**Hunter Mill District Representative on the School Board Pat Hynes speaks with representatives of the South Lakes high school newspaper Marshall Gordon and Sami Saab during the October back to school night event.**

# South Lakes High Hosts Back To School Night

## Parents meet teachers at South Lakes High School in Reston.

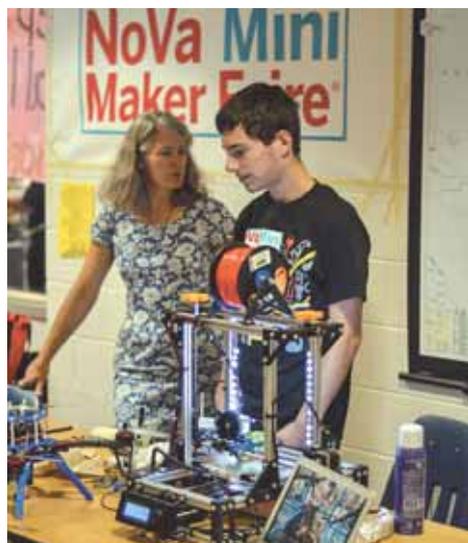
BY RYAN DUNN  
THE CONNECTION

**R**epresentatives of community groups and clubs set up booths in the early evening of Oct. 2 at Reston South Lakes High School. The school was hosting a back to school night, and several local organizations wanted to publicize some of their upcoming events. Groups which set up booths included NOVA Labs, the school newspaper the South Lakes Sentinel, the Ice Hockey Club, and the Washington West Film Festival.

Parents and faculty assembled at the Wendell G. Byrd gymnasium for a welcoming by Principal Kimberly Retzer. Retzer is a 1989 graduate of South Lakes and began her career in Fairfax County Public Schools as a special education teacher at South Lakes, where she also served as department chair. "I am so pleased with the wonderful turnout for Back to School Night," said Retzer. "Connecting' is a theme for us here at South Lakes this year and Back to School Night is one of the opportunities we have to begin to build relationships with our parent community."

Retzer introduced some of the assistant principals as well as Hunter Mill District Representative on School Board Pat Hynes and South Lakes PTA president Tara Cranford Teague.

"South Lakes continues to grow beyond the capacity of the current building," said Hynes. "Fairfax County Public Schools is in the planning phase of a new addition to



**Reston resident and South Lakes high school junior Jacob Hutzler represented community-based Nova Labs at the October back to school night event.**

house the overflow of classes, currently held in temporary buildings outside. The School Board is working with FCPS staff and members of the Facilities Planning Advisory Committee to develop a long-term county-wide strategic plan for facilities, to address growing needs for space and renovations in a persistent climate of stagnant funding." Hynes mentioned to parents that the School Board was going to soon vote on a proposal to give high school students another hour of sleep. The proposal Hynes was referring to will change the start time of Fairfax County High School to 8 a.m. If approved, changes could start in time for the 2015 school year. Teague spoke of the goals of the school PTSA, which are to support the South Lakes administration, teachers, and staff in providing a hospitable environment for learning, help facilitate communication with South Lakes families, and provide recognition for students and staff.

Recently students and faculty had been



**Reston South Lakes high school political science and AP government teacher Lindsay Roseborough with South Lakes junior Kate York.**

mourning the sudden death of South Lakes senior Emma Clark who passed in September. Emma was a member of school chorus groups and the South Lakes softball team. She also held a part-time job at Life Time Athletic in Reston.

**FOLLOWING THE ASSEMBLY** at the gymnasium, parents had the opportunity to follow the schedules of their students and visit classrooms where their children studied. "The goal tonight was to put a name and a face together, just an introduction and to look at ways for communication to exist," said ninth grade Assistant Principal Mark Penn. Helping to direct parents and visitors to class locations were members of the school JROTC and students in the South Lakes Leadership course. In place of a Student Government Association, South Lakes has an executive council model. Students interested in being part of the leadership team apply for the leadership class in their

## SGA Executive Council 2014-2015

Jared Abelson  
Hanna Shukran  
Nicole Salvatore  
Megan Greatorex  
Emma Ferguson

## Student Advisory Council 2014-2015

Alison LeMair  
Joseph Letteri  
Jenna Kaufman  
Sequoia Carrillo  
Alternate: Sahana Arkalgud

10th, 11th, and/or 12th grade year. The students in that class each year elect from among their peers who will be on the Executive Council.

"We just hope to connect with our kid's teachers and see how he is doing in his classes," said Reston resident Bernie Muller-Thym, who accompanied his wife to the back to school night event.

"It is a phenomenal chance to put faces to names and make a connection," said AP government teacher Lindsay Roseborough. "You get to learn more about the students." Social studies teacher Rebecca Eisenberg also welcomed visiting parents and spoke about the class curriculum and grading procedures. "I really enjoy it," said Eisenberg. "It is nice to meet the parents. It is a very positive interaction."

South Lakes is celebrating Homecoming week beginning Oct. 6, with a Homecoming Dance the evening of Saturday, Oct. 11. Homecoming at South Lakes is centered on the theme of "Destinations."

In November, the school winter season sports including basketball, dance team, gymnastics, indoor track and wrestling will have their tryout dates. For more information on South Lakes HS, visit [www.fcps.edu/SouthLakesHS/index.shtml](http://www.fcps.edu/SouthLakesHS/index.shtml).

# The Age Wave

BY KENNETH R. "KEN" PLUM  
STATE DELEGATE (D-36)

Last week, Bob Brink, a former colleague of mine who represented Arlington-McLean in the House of Delegates and who was appointed by Governor Terry McAuliffe to be Deputy Commissioner for Aging Services, spoke to the Northern Virginia Aging Network's (NVAN) annual legislative summit. His talk, "The Age Wave: Ready or Not, Here We Come," highlighted the challenges of the aging of our population. "By 2030, as the last of the age wave turns 65, we will number 1.8 million people here in Virginia—20 percent of the population," he said often flashing his Medicare card. "There are more of us, and we'll be living longer: the fastest growing segment of our population will be those 85 and older." While in 2010 nearly one in eight Virginia residents were 65 and over, by 2030 nearly one in five will be in that age range.

The age wave presents challenges to our society beyond the obvious impact on our health care system, he said. Adults age 65 and older are now twice as likely to be



living in poverty as they were a decade ago. Almost 200,000 Virginia households, half of them 62 or older, are living in substandard conditions. Opportunity costs to those who are family caregivers will total more than \$400 billion in lost wages, pensions, and Social Security. The cost of government services will rise at a time when revenues are not keeping pace or dropping.

The Northern Virginia Aging Network (NVAN) is made up of the six area agencies on aging serving the jurisdictions of the region, as well as the critically important regional service and advocacy organizations and volunteers. Brink indicated that the state Aging Division "will be aggressive in encouraging innovation in service delivery, including formation of public-private partnerships" to provide needed services. He praised the Fairfax County Elderlink ([www.fairfaxcounty.gov/dfs/olderadultservices/elderlink.htm](http://www.fairfaxcounty.gov/dfs/olderadultservices/elderlink.htm)), a public-private collaboration of

the Fairfax Area Agency on Aging, Inova Health System, and the Alzheimer's Association for care coordination of older adults.

NVAN had recommendations for meeting the challenges of the age wave, among them expanding Medicaid services that would provide direct benefits to about 62,000 older Virginians who do not have and cannot afford healthcare. Ironically, at a time of shrinking revenues the expansion of Medicaid would bring back to the Commonwealth five million dollars a day in taxes already paid by Virginians. Recognizing that most seniors prefer to stay in their own homes, NVAN recommends tax credits and grants that would expand consumer access to livable homes. The professionals and citizen volunteers who make up NVAN see the need for a quality, cost-effective, continuously trained long-term care workforce to improve the quality of life for older adults and people with disabilities. The demand for long-term care workers is expected to increase by 160 percent by 2030. A critical element in building such a workforce is paying a living wage. An expansion of Virginia

## 'Fields of Fire' Marker to Be Dedicated

A state historical marker issued by the Virginia Department of Historic Resources for Fairfax County that highlights activities of the Union Army's XII Corps during the Civil War and a heat wave in the region that afflicted marching soldiers and made a tinderbox of county fields and woods will be dedicated this month.

The public ceremony to unveil the new "Fields of Fire" marker begins at 10 a.m., Saturday, Oct. 11, and will be held at the marker's location, across from the Reston Zoo, located at 1228 Hunter Mill Road, Vienna. The dedication will feature remarks by Steve Hull and Jim Lewis, both of the Hunter Mill Defense League, and Fairfax County Board of Supervisors member Cathy Hudgins. The 17th Virginia Infantry, formed in 1861, will present the colors during the ceremony. The "Fields of Fire" marker recalls that during June 17, 1863, at the beginning of the Gettysburg Campaign, the Union XII Corps broke camp and "left Fairfax Court House at daybreak, ate breakfast at Hunter's Mill, and halted by 11 a.m. because of extreme heat, 99 degrees in the shade," in the marker's words. Two days previously, the marker notes, the XII Corps was "devastated by sunstroke casualties" during the "grueling 25-mile-long march north." The marker concludes by quoting the words of Brig. Gen. Alpheus S. Williams, the First Division commander, who wrote on June 17th that "the dry old grass of the fields and woods got on fire, and filled the air with smoke and additional heat."

The Hunter Mill Defense League sponsored the marker and covered the costs of its manufacture. The sign was approved as a state historical marker by DHR's Board of Historic Resources this past June.

Public Guardianship Program is seen as needed for vulnerable adults. Commissioner Brink explored those in attendance to reach across jurisdictional lines

and outside bureaucratic boxes as we work to meet the needs of our aging population, or as he expressed it, "to ride the wave together."

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# OPINION

## Ebola? Whooping Cough? Enterovirus?

### Wash your hands, get your flu shot.

There is plenty to be fearful about. Local outbreaks of whooping cough, due to some parents opting out of vaccines; whooping cough can be deadly for infants. Enterovirus, an upper respiratory illness mostly affecting children, which can become very serious very quickly for some children. The spectre of ebola killing thousands of people in West Africa, and also possibly arriving via any international airport.

But there are a few things you can do to protect yourself and those around you from likely the biggest infectious health threat in your neighborhood, influenza.

The flu will kill thousands of people in the United States this flu season, ranging from October to May. Over 30 years, the average number of deaths was more than 20,000 annually according to the CDC, although the number ranged from 3,000 to 48,000.

Flu vaccination is cheap, easy and effective. Getting vaccinated was associated with a 71

percent reduction in flu-related hospitalizations among adults of all ages and a 77 percent reduction among adults 50 years of age and older during the 2011-2012 flu season.

Get a flu shot. Make sure everyone in your family gets a flu shot. Most people with health insurance can get the vaccination without paying anything for it. Getting vaccinated doesn't just protect you, it also protects the people around you who might be more vulnerable, including young children, people over 65, pregnant women, people with other health conditions like being in cancer treatment or with chronic upper respiratory problems.

#### EDITORIAL

Quoting the CDC:

"Influenza is a serious disease that can lead to hospitalization and sometimes even death. Every flu season is different, and influenza infection can affect people differently. Even healthy people can get very sick from the flu and spread it to others. Over a period of 31 seasons between 1976 and 2007, estimates of flu-associated deaths in the United States range from a low of about 3,000 to a high of about 49,000 people. During a regular flu season, about 90 percent of deaths occur in people 65 years and older. "Flu season" in the United

### More on Flu and Flu Vaccines

Centers for Disease Control  
<http://www.cdc.gov/flu/protect/keyfacts.htm>  
Fairfax County  
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Arlington  
<http://health.arlingtonva.us/flu/>  
Alexandria  
<http://alexandriava.gov/Flu>  
Montgomery County  
<http://www.montgomerycountymd.gov/resident/flu.html>

States can begin as early as October and last as late as May.

"During this time, flu viruses are circulating at higher levels in the U.S. population. An annual seasonal flu vaccine (either the flu shot or the nasal spray flu vaccine) is the best way to reduce the chances that you will get seasonal flu and spread it to others. When more people get vaccinated against the flu, less flu can spread through that community."

<http://www.cdc.gov/flu/protect/keyfacts.htm>

— MARY KIMM,

[MKIMM@CONNECTIONNEWSPAPERS.COM](mailto:MKIMM@CONNECTIONNEWSPAPERS.COM)

## Home Values on the Rise

BY KERRIE B. WILSON  
CHIEF EXECUTIVE OFFICER CORNERSTONE

Why do you live where you live today? Is it convenience to work or good schools? Access to attractions? Does the housing cost fit your budget?

For most people, finding the perfect home often comes down to a family's values and priorities for the stage of life they are in, choosing what's most important if you can't get everything in one home.

Yet, for many families and individuals in Fairfax County, there are only hard choices and tradeoffs that no person would willingly accept for their family. To afford a 2-bedroom apartment in our area at fair market rate of \$1,469 requires an annual household income of \$56,480. For a minimum wage worker that equates to 132 hours of work per week. In Fairfax County, nearly 1/5 of households earn less than would be required to pay that rent without some temporary or ongoing support. Do you move out miles and add hours and cost to getting to your job? Do you sacrifice housing safety or time with your children to work two or more jobs to pay the bills? The stress on those with limited incomes or ability to earn a "housing wage" hurts everyone in community.

Recognizing this, the Fairfax

County Board of Supervisors prioritized "livable, caring and affordable communities" that reflect the options families value. Despite the headline goal, we have not kept pace with housing production and preservation needed to support affordable living opportunities. Huge increases in construction and land costs have outstripped growth in household income, compounded by the reduction in government subsidies now available to bridge those gaps.

At Cornerstones, we understand the consequences for those who fall into this affordability gap and we are working on many levels to address the challenge.

Consider, the Brown family who entered the Embury Rucker shelter with their children this summer. Shaken by the reality of shelter living, they are willing to make changes. It won't be an easy road. Mr. Brown is unemployed and never completed high school. Mrs. Brown is an administrative assistant in a Reston-based business earning \$36,000. They have two elementary age children who have made friends and feel at home at a local elementary school. The Browns' total household income means they earn too much for some benefits, but not enough to



Kerrie Wilson

support their family. A short-term solution is a transitional housing program that emphasizes educational attainment and job training for people willing to work hard to increase earning potential in exchange for time-limited rent support.

Will the Browns' make it? They have a lot going for them, but will still join thousands of other families in Fairfax County who are on waiting lists for housing vouchers or other affordable rental subsidies essential to surviving this chapter in their life.

Long-term, the only sustainable solution requires a community investment. Cornerstones has worked in our community for more than 40 years to preserve affordable housing and give families like the Browns realistic housing options.

This month—after a long journey aided by our supporters and partners like Bozzuto, Wells Fargo, Fairfax County, Virginia Development Housing Authority, Freddie Mac and the Greater Reston Chamber of Commerce Best of Reston partnership—Cornerstones will purchase and assume sole ownership responsibilities for The Apartments at North Point in Reston's desirable North Point community. Walkable to shopping, on the bus

line, and just miles from the Silver Line metro, these attractive, accessible garden style apartments are available at below market rents—expanding the choice of living and working in a community rich with opportunities for service, great schools, and access to open space and recreational opportunities.

Who are these neighbors? North Point residents include teachers, government employees, retired individuals and students, and formerly homeless families like the Browns. Annual household income for our tenants range from \$15,000 to \$70,000 per year.

The permanent subsidy required for Cornerstones to guarantee affordability can be as much as \$25,000 per unit per year, depending on the situation of the individual tenant. As tenant income grows, so too will the amount paid towards rent and the equity we reinvest to keep homes affordable for all.

While the 100 units we own and manage are part of the solution, Fairfax County is still far short of the overall number of homes needed to support a healthy, thriving community; a minimum of 1,650 units are still needed just to meet the goals established under the 10-Year Plan to Prevent and End Homelessness.

We are often asked to enumerate the benefits of our work. Ev-

SEE WILSON, PAGE 11

## Reston CONNECTION

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# CALENDAR

Send announcements to [reston@connectionnewspapers.com](mailto:reston@connectionnewspapers.com). The deadline is the Friday prior to the following week's paper. Photos/artwork encouraged.

## THROUGH SATURDAY/OCT. 11

**"Signs of Summer."** Parkridge 5 Building, 10780 Parkridge Blvd., Reston. This League of Reston Artists' show includes original painting, mixed media, two-dimensional hangable art and photography. [www.leagueofrestonartists.org](http://www.leagueofrestonartists.org)

## THROUGH FRIDAY/OCT. 31

**Side-by-Side in Europe: Two Artists, Two Views, One Subject by Jerry Lewis & Mohsen Alashmoni.** 9 a.m.-9 p.m. Hunters Woods Exhibit, 2310 Colts Neck Road, Reston. Two artists, one from Reston and the other from Egypt, will approach the same subject from viewpoints influenced by different religions, culture and nationalities. 703-476-4500.

**Fine Art Mosaics Exhibit: Anita Bucsay Damron.** Monday-Friday: 8 a.m. - 5 p.m. Saturday: 8 a.m. - noon. Reston Corner One, 120001 Sunrise Valley Drive, Reston, main floor lobby. Beautiful glass mosaics are inspired by the tapestries of Gurut and Rajasthani India, and created with Italian glass, Czech and Austrian crystals, 24k gold and more. [www.AnitaDamron.com](http://www.AnitaDamron.com)

## THROUGH MONDAY/NOV. 3

**Annual ArtReston Regional Fine Art Exhibit.** 9 a.m.-9 p.m. Jo Ann Rose Gallery, 1609 Washington Plaza N, Reston. An exhibit of two-dimensional paintings and mixed

media art from members of the League of Reston Artists. [www.leagueofrestonartists.com](http://www.leagueofrestonartists.com)

## THROUGH SUNDAY/NOV. 2

**Expressions Portrait Exhibit.** ArtSpace Herndon, 750 Center St., Herndon. Professional and amateur artists aged 18 or older residing in Virginia, Maryland, the District of Columbia, Delaware, and West Virginia are invited to submit entries to the competition. Finalists from the competition will be featured in the 6th annual Expressions Portrait Exhibit at ArtSpace Herndon. Winners of the competition will be announced during the awards and artists reception. The Awards and Artists Reception will be on Saturday, Oct. 11 from 7 to 9 p.m. 703-956-6590. [www.artspaceherndon.org](http://www.artspaceherndon.org)

## THURSDAY/OCT. 9

**Meet the Artists Series.** 2:15 p.m. - 3:30 p.m. The CenterStage at Reston Community Center Hunters Woods, 2310 Colts Neck Road, Reston. Evelyn Mo, 15-year old piano prodigy. Free. 703-476-4500.

**Reading Buddies.** 4 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Bring your own book or choose a book from the library. Call or sign up online for a 15 minute session. Ages 6-9.

## SATURDAY-SUNDAY/OCT. 11-12

**Oktoberfest Reston.** Reston Town Center, 11900 Market St., Reston. Enjoy food, wine, beer, live entertainment, a carnival and the Anthem Great Pumpkin 5K at Northern Virginia's largest fall

festival. Visit [www.oktoberfestreston.com](http://www.oktoberfestreston.com).  
**Herndon Fine Arts Festival.** Saturday: 10 a.m. - 6 p.m. Sunday: 11 a.m. - 5 p.m. Downtown Herndon, 777 Lynn St., Herndon. Experience paintings, jewelry, sculpture, photography, ceramics, glass, mixed-media, woodworking - and more.

## SATURDAY/OCT. 11

**Mushroom Hike.** 10:30 a.m. - Noon Walker Nature Center, 11450 Glade Drive, Reston. Adults join local mushroom expert Mark Richman to explore forest flora and fauna, edible mushrooms and their fakes. Make reservations by Oct. 8. Fee: \$5/person RA members, \$7/person non-members. [naturecenter@reston.org](mailto:naturecenter@reston.org). 703-476-9689 and press 5.

**Ronnie Dove Concert and Benefit.** 5-10 p.m. Herndon Moose Lodge, 779 Center St., Herndon. Doors will open 30 minutes early. \$40 includes buffet dinner. Benefits Herndon Moose Lodge High School scholarship program.

**Frying Pan Farm at Reston Regional Library.** 10:30 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Come meet a farm animal, learn all about the fall harvest and make a cool craft. Cosponsored by the Friends of the Reston Regional Library. Ages 6-11.

## SUNDAY/OCT. 12

**The Great War and the Shaping of the 20<sup>th</sup> Century: a Film History of World War I.** 2 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. A six part series led by Dr. Harry Butowsky, research historian and professor of

history at George Mason University. The series will examine the troubling truths and profound issues of World War I. Adults and teens.

## MONDAY/OCT. 13 - NOV. 17

**Changes by Degrees: Addressing the Climate Challenge.** 7-8:30 p.m. Walker Nature Center, 11450 Glade Drive, Reston. Adults, participate in a six-week, facilitated discussion course co-sponsored by Sustainable Reston. Examine the global climate change and learn to see the big picture of energy. Fee is due when materials are picked up: \$30 RA members, \$40 non-members. [naturecenter@reston.org](mailto:naturecenter@reston.org). 703-476-9689 and press 5.

## THURSDAY/OCT. 13

**Noisy Woodpeckers.** 1:30-2:30 p.m. Walker Nature Center, 11450 Glade Drive, Reston. Calling all interested 3 to 5 year olds. Discover your common bond with the woodpecker. Find out how they use their head, tongue and feet. Hike in search of woodpeckers and make a woodpecker puppet to take home. Reservations are required by Oct. 13. Fee: \$7/child RA members, \$9/child Non-members. [naturecenter@reston.org](mailto:naturecenter@reston.org). 703-476-9689 and press 5.

**ArtsWeek Herndon Kids Day.** 10 a.m., 11 a.m., 12 & 3:30 p.m. ArtSpace Herndon, 750 Center St., Herndon. Kids Day 2014 includes free dance class for 5-6 year olds (10 a.m.) and 7-9 year olds (11 a.m.), African Drumming sessions at noon and Robbie Schaefer's highly interactive concert at 3:30 p.m. Free and open to the public. For more information call 703-956-6590 or

visit [www.artspaceherndon.org](http://www.artspaceherndon.org).

## TUESDAY/OCT. 14

**Toddler Storytime.** 10:30 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Join us for stories, songs and finger-plays. Age 2 with adult.  
**Read to the Dog.** 7-8 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Read aloud to a trained therapy dog. Bring your own book or choose a book from the library. Call or sign up online.

## WEDNESDAY/OCT. 15

**An Article of Hope.** 7 p.m. ArtSpace Herndon, 750 Center St., Herndon. The film "An Article of Hope," executive produced by Tom Hanks, will be shown at ArtSpace. Local filmmaker Dan Cohen, director and producer of the film will answer questions afterwards. The Washington West Film Festival is held in venues west of the D.C. metro area, including Reston and Merrifield.

**Ballet Class.** 10:30 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Marisa Bain Dance teaches basic motor skills, coordination, balance and rhythm. Cosponsored by Friends of Reston Regional Library. No younger or older siblings allowed. Ages 3-4 with adult.

## THURSDAY/OCT. 16

**Meet the Artists Series.** 2:15 p.m. - 3:30 p.m. The CenterStage at Reston Community Center Hunters Woods, 2310 Colts Neck Road, Reston. Phoenix Woodwind Quintet. Free. 703-476-4500.

## NOTICE OF PUBLIC HEARING

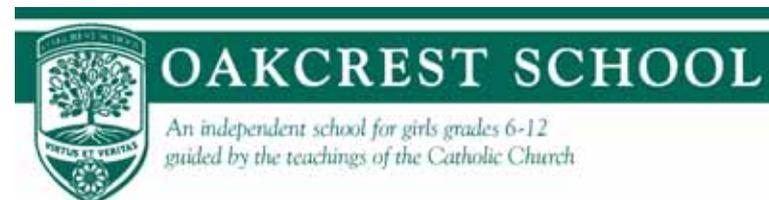
The Reston Association (RA) Board of Directors will be holding a Public Hearing on **Thursday, October 23, 2014 during its regular meeting, 6 p.m. at 12001 Sunrise Valley Drive, Reston, VA 20191.** The purpose of the Public Hearing is to receive comments on the following items:

- A draft referendum question to be mailed to those RA members who are required to use the Reston Lake Anne Air-Conditioning System and are authorized to vote on the subject of removing from the Reston Deed, Section VI.3(d)(15) on Air-Conditioning Units which prohibits the use of individual air-cooling systems.
- Proposed 2015 budget updates and 2015 Reston Association Assessment amount.

For more information, please call (703) 435-6430 or visit [www.reston.org](http://www.reston.org)



[www.reston.org](http://www.reston.org)



## Open House

SUNDAY, OCTOBER 19, 2014

2:00-4:00 P.M.

\*Presentation by Head of School: 2:45 p.m.

Come speak with our students, faculty, parents and administration. Learn more about our rich liberal arts curriculum, our vibrant advisory, arts, sports and service programs, and the difference our graduates are making in the world.

Find out more at [Oakcrest.org](http://Oakcrest.org)





Herndon running back Lamik Bumbrey rushed for 236 yards and three touchdowns against McLean on Oct. 2.



Herndon quarterback Ryan McLaughlin completed 17 of 20 passes for 272 yards against McLean on Oct. 2.

## Bumbrey, McLaughlin Lead Herndon Football to Winning Record

**Hornets are 3-2 after producing 5 wins in previous 4 seasons.**

BY JON ROETMAN  
THE CONNECTION

**H**erndon senior running back Lamik Bumbrey stood on the McLean High School football field following Thursday's game and said his goal is to make the playoffs.

While many players on many teams set their sights on qualifying for the postseason, such aspirations in recent years would have seemed far-fetched coming from a member of the Herndon football program.

From 2010 to 2013, Herndon produced a 5-35 record, winning just one game in three of the last four seasons. In 2014, however, the Hornets, led by new head coach Jeremiah Davis, have breathed life into a struggling program.

Herndon defeated McLean 51-35 on Oct. 2, improving its record to 3-2. The Hornets are averaging 39 points per game and have scored at least 46 points on three occasions.

**HERNDON**, in search of its first playoff berth since 2008, showed its offensive potency against the Highlanders, amassing 560 total yards, including 243 on the ground. The Hornets led by as many as 23 points in the second half, when a 28-yard touchdown run by Bumbrey gave Herndon a 38-15 advantage with 2:50 remaining in the third quarter.

"It feels great," said Bumbrey, a third-year varsity player who experienced back-to-back 1-9 seasons as a sophomore and junior. "I just want to go to the playoffs. ... It's my main goal."

Before Bumbrey shared his desire to play in the postseason, No. 28 spent four quarters making Herndon look like a playoff contender. Bumbrey, listed at 5 feet 11, 195



First-year head coach Jeremiah Davis has led the Herndon football team to a 3-2 record.

pounds, carried 37 times for 236 yards and three touchdowns. He also returned kick-offs for the Hornets.

"He's special," Davis said about Bumbrey. "[He] doesn't say a word, doesn't say a peep. [He] just puts his head forward. [He's a] what-can-I-do-next-for-the-team kind of guy."

Bumbrey's 2-yard touchdown run with 10:01 left in the second quarter gave Herndon a 10-3 lead it wouldn't relinquish. His 21-yard touchdown run increased the Hornets' advantage to 17-3 with 4:26 remaining in the first half.

"It's nice having him in the backfield with me," Herndon quarterback Ryan McLaughlin said. "We've been together since freshman year and have pretty good chemistry. We know each other pretty well on the field."

McLaughlin also had big night for Herndon. The 6-foot, 210-pound senior completed 17 of 20 passes for 272 yards, with one touchdown and one interception. He also scored three rushing touchdowns.

After McLean scored its first touchdown of the evening, McLaughlin answered two plays later with a 58-yard touchdown pass to Devon Goldsby, giving Herndon a 24-9 lead late in the second quarter.

"He made some nice touch throws, got behind the defense, and that's what you ask from your quarterback," Davis said. "[He] ran it in on the goal line tough."

Bumbrey and McLaughlin each said the Hornets have worked hard to get to this point, and each acknowledged a job well-done by Davis, who spent the previous two seasons as head coach of the West Potomac Wolverines.

"He's a great coach," Bumbrey said. "He brings a new attitude to this program."

"Coach has been extremely beneficial to the program and means a whole lot to each guy on the team," McLaughlin said. "We're just really happy to have him."

What is involved in turning a program around?

"It's a change in attitude, but it's a change in program attitude," Davis said. "We asked the players to do a little more."

**THURSDAY'S GAME** against McLean was another test for Herndon. After the Hornets opened a big lead, McLean twice pulled within nine points in the fourth quarter, but Herndon battled to stay in front. After four lopsided contests (Herndon was 2-2 in those games), the Hornets experienced some pressure. McLean (3-2), on the other hand, was

**"We want to be very competitive in our out-of-district schedule and put ourselves in a position ... [to] compete in district, and that's going to take some time. Some other schools are ahead of us in weight training and attitude and history and all that stuff, but what's old is old and this is the new stuff going on."**

— Herndon football coach  
Jeremiah Davis

used to close games, as each of its first four contests was decided by six points or less.

"Tonight was our first game where it went back and forth," Davis said. "We had to fight through some things — this was an adversity game. ... We needed that. This is a character game."

Goldsby finished with five receptions for 139 yards and a touchdown. Erick Emelio caught five passes for 100 yards.

Herndon will host Edison at 1:30 p.m. on Saturday, Oct. 11, before opening Concorde District play with a road game against Chantilly on Oct. 17.

"We want to be very competitive in our out-of-district schedule and put ourselves in a position ... [to] compete in district, and that's going to take some time," Davis said. "Some other schools are ahead of us in weight training and attitude and history and all that stuff, but what's old is old and this is the new stuff going on."

PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION

# ENTERTAINMENT



**“You’re a Good Man, Charlie Brown” cast at the “Baseball Game” scene featuring Richard Farella as Charlie Brown, Alana Sharp as Lucy, Nina Jankowicz as Sally, Sidney Davis as Linus, Eric Hughes as Schroeder, and Terry Barr as Snoopy.**

PHOTO BY TRACI J. BROOKS STUDIOS  
COURTESY OF RESTON COMMUNITY PLAYERS

## Show for All Ages

Reston Community Players brings the family musical ‘You’re a Good Man, Charlie Brown’ to CenterStage.

BY DAVID SIEGEL  
THE CONNECTION

Technical artisans were completing the finishing touches to transport a comic strip to life. Set decorator Bea Morse was nimbly sewing cushions for an oversized couch for the Reston Community Players (RCP) musical, “You’re a Good Man, Charlie Brown.” Surrounding Morse was the work of veteran master carpenter Sara Birkhead and her crew. Their work included a larger-than-life fire hydrant, dog house and mail box as well as large, movable, painted panels depicting the world of “Peanuts” created by Charles M. Schulz.

“We wanted to give our audiences a very family friendly musical. One that can be enjoyed by all ages,” said Joshua Redford, RCP President. And, “what could be more fun than a talking dog with a flying WWI dog house?” asked director Richard Bird.

“The Peanuts strip isn’t just a humorous comic, but it’s also a philosophical comic,” said Bird. “I think this musical captures both the humor and Schultz’s insights into what makes us human”.

“You’re a Good Man, Charlie Brown” with music and lyrics by Clark Gesner, follows a day in the life of Charlie Brown and his gang. The musical features fifteen bright songs. It received two Tony Awards in its last Broadway revival. The musical director is Mark V. Deal who will lead a lively five piece band.

The Reston Community Players ensemble cast fea-

### Where and When

Reston Community Players present “You’re a Good Man, Charlie Brown” at the CenterStage, Reston Community Center, 2310 Colts Neck Road, Reston. Performances Oct. 17-Nov. 7. Performances are at Friday & Saturday at 8 p.m. with 2 p.m. matinees on Oct. 26 and Nov. 2. Tickets can be purchased through [www.restonplayers.org](http://www.restonplayers.org) or by calling the CenterStage Box Office at 703-476-4500.

tures Richard Farella (Charlie Brown), Alana Sharp (Lucy), Nina Jankowicz (Sally), Sidney Davis (Linus), Eric Hughes (Schroeder) and Terry Barr as the articulate dog Snoopy. “Snoopy is so interesting because he’s this little dog with a huge imagination,” Barr said. “I think it’s brilliant how he embodies all of those dog qualities – if it’s not on his agenda, he’s not interested – and then has this other dimension where he musters up the energy to fight the Red Baron and sing about suppertime

“The characters are ageless, and the appeal is universal,” said Hughes. For adults “they will be able to reminisce about their childhood...and the joy of reading the Sunday morning comics section.”

“You’re a Good Man, Charlie Brown” is a show for all ages,” noted Jankowicz. “The show includes slapstick physical comedy, lots of humor for nerds and classical music buffs, and poignant moments and life lessons that everyone can identify with.”

“I think people can identify with Charlie Brown and his fears,” Farella said. The message is clear, “be yourself.” A show to be shared across generations.



## Teatro De La Luna Comes to Lake Anne

Performance group Teatro De La Luna performed at Lake Anne Elementary School in both English and Spanish. The storyline for kindergartners through third graders included Sweet Miss Lettuce and her uncle Mr. Cucumber. They were teaching children that they can fight the evil Mrs. Laziness, discovering a world of good nutrition that, along with exercise, allows them to live happily and healthfully by eating right, getting enough sleep and exercise.

### SCHOOL NOTES

Send school notes to [north@connectionnewspapers.com](mailto:north@connectionnewspapers.com) by Friday.

**Emily Schaal**, a student at Herndon High School, is the winner of the 2014 National Peace Essay contest for Virginia and has earned a \$1,000 academic scholarship – US Institute of Peace announced. Emily’s essay examined how security sector reform contributes to sustainable peace.

**Douglas Graney**, who teaches history and social studies at Herndon High, was named Virginia Teacher of the Year by the Veterans of Foreign Wars (VFW) Department of Virginia. Graney was one of three teachers (elementary, middle, and high school) recognized by the state VFW for their commitment to teach citizenship education topics to students, and to promote America’s history, traditions, and institutions. Graney received his award in Williamsburg last month. He teaches U.S. and Virginia history, U.S. government, and philosophy, and recently completed the renewal process for board certification from the National Board for Professional Teaching Standards.

**Five Fairfax County Public**

**Schools (FCPS) students** have received national awards for their writing from the Scholastic Art and Writing Awards.

Three of the students received Gold Medals, the highest form of recognition. Aline Dolinh of Oakton High School received the American Voices Medal, the equivalent of the best of show award, for her poetry, “Accent Marks, Exorcism, Model Minority, Second-generation.”

National winners include:

- ❖ Melissa Halbrook of Woodson High School, Gold Medal for humor, “Kim Jung-Un’s New Clothes.”

- ❖ Emma Hastings of Thomas Jefferson High School for Science and Technology (TJHSST), Gold Medal for short story, “Sight Without Vision, Vision Without Sight;” and Gold Medal for writing portfolio, “I Sing Of.”

- ❖ Jean Jeon of Herndon High School, Silver Medal for novel writing, “Strain.”
- ❖ Sara Warrington of TJHSST, Silver Medal for Journalism, “Overcoming Intolerance.”

The Scholastic Art and Writing Awards, a 91-year old program of the Alliance for Young Artists and Writers, will honor the winners at a special ceremony at Carnegie Hall in New York City on Friday, June 6.

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# Week Of, Weak On, Week Off

By KENNETH B. LOURIE



This column completes the three-week arc which describes what I have endured mostly successfully for approximately five years now: chemotherapy every three weeks – with one year off for good behavior (not really good behavior; the year off was to switch to a twice-daily pill, Tarceva, to be taken at home, since the previous treatment was no longer stemming the tide). It's been my experience that these anti-cancer drugs don't exactly work forever. Realistically speaking, if they work at all – on/in you, you take them until they don't work anymore; then you hope there's another drug somewhere: in the pharmacy, in the office, in the pipeline, that the cancer won't recognize and ignore, to give you hope that as a patient, you haven't run out of treatment options. And so far, as you regular readers know, my body's tolerance (let's call it "good behavior") has been above and beyond; his "third miracle," my oncologist says.

Two weeks ago, I wrote about the weak-week immediately following chemotherapy. Last week, I wrote about the week-of/week preceding the actual infusion, waiting for the lab results and dealing with the associated anxiety pertaining to all of it. This week, I'd like to jump ahead to two weeks post-chemotherapy, the week after I feel worst and the week before I feel anxious again worrying about new results and then anticipating the Friday infusion and the subsequent post-chemotherapy discomfort to follow. This of course is my favorite week, my week feeling most normal, my week when cancer is not top of mind, more so middle of mind. But I'll take it in the middle, that's a significant enough displacement so I don't mind it there. (This may be a bit of mind over matter/any port in a storm, but when you're in the cross-hairs, any break in the usual action, any respite from the incessant emotional, mental and physical demands of living with cancer is well worth the time it takes to get there. I never bemoan its arrival if delayed; I cherish the relief it brings whenever and however it makes its presence felt.)

Obviously, even during this third week/week off, my disease is hardly forgotten or a thing of the past. Most definitely it's still a thing of the present. Moreover, if it were not for my ability to compartmentalize, rationalize, delude and pretend, this off week wouldn't be so helpful. It is part of my process in order to try and secure a future. Although, it is a little challenging sometimes to maintain the illusion when my daily routine is so cancer-centric. But after five-plus years of it, the routine has become almost second nature and not, believe it or not, a constant reminder that I have cancer; more like a means not to a premature end. It's not even anything I think about any more.

Just like the week-of, weak-on and week-off have become. It's what I do. It's who I am. It's how I roll. Nothing to complain about. Something more to write about. If I had my druthers, I'd rather not be writing about life in the cancer lane. But since this seems to be my permanent address, and I'm a homebody at heart, I'll continue to write about what I know best. It used to be sports and chocolate; now it's about living with cancer. Living being the operative word. And you know what, it makes me happy writing about it.

*Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.*

# HOME & GARDEN

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# LETTERS

## Meeting ID Requirements

To the Editor:

Thank you for your informative editorial about the new Photo ID requirement ("Does the Change in Voter ID Laws Matter?" Connection, October 1-7, 2014) and the opportunity for those who do not have acceptable Photo IDs to obtain free ones for voting purposes from any general registrar's office.

The Fairfax County Office of Elections is not arranging transportation for people to get to the office, though some organizations may be. The county is taking the photo ID equipment out to libraries, government centers, in-person absentee voting sites, and other locations to enable citizens to get the IDs more easily. The schedules of locations

and times are on the Office of Elections website.

People who apply for a Photo ID too late to receive it in the mail can ask for a temporary photo ID. It will be accepted as a valid ID for voting. Registered voters going to the polls on election day who do not have an eligible photo ID can vote a provisional ballot and then go to the Office of Elections by noon on the Friday after election day, obtain a temporary photo ID, and have their provisional ballot counted.

**Sidney Johnson**  
Voter Service Director  
League of Women Voters  
of the Fairfax Area

## Wilson

FROM PAGE 6

Every dollar spent on affordable housing production or subsidy helps revitalize family incomes, business bottom lines and government revenues. Housing recipients benefit from reduced risk of homelessness, safer neighborhoods, improved physical and mental health and raising motivated children who succeed at school and in life. The most significant short-term economic impact from housing development is on employment. Each job supported or created through affordable housing projects generates another one or more at the local level. Every \$1 in rental income generates over \$2 in economic activity for local economies. It all adds up.

Cornerstones is proud to be part of this

equation, working locally to build thriving communities.

At the same time we will engage in today's important values conversations, talking now with the Fairfax County Economic Advisory Commission as it creates a strategic plan that recognizes the role that housing and workforce development play in economic development (<http://www.fairfaxcounty.gov/success/>). We have joined the county's Affordable Housing Advisory Committee in calling for revenue bonds for affordable housing (join the conversation on Twitter #FFXBonds4Home).

Home values are on the rise, in North Point and Fairfax County. Prioritize housing choice for your neighbors; it's a community value we can live with.

## BULLETIN BOARD

To have community events listed in the Connection, send to [herndon@connectionnewspapers.com](mailto:herndon@connectionnewspapers.com) by the Friday prior to the following week's paper.

### MONDAY/OCT. 13

**ESL for Advanced Students.** 10 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Join Bob's Tuesday conversational group. Adults.

### WEDNESDAY/OCT. 8

**League of Women Voters.** 7:30 - 9 p.m. Reston Art Gallery at Heron House, Lake Anne Plaza. Reston discussion of risks and rewards of fracking for natural gas extraction. Free, open to the public, call 703-757-5893.

### TUESDAY/OCT. 14

**ESL for Beginners.** 10 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Join Elayne's Tuesday conversational group.

**ESL, Speak and Write for Intermediate Students.** 1 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Join Sandy's weekly class.

### THURSDAY/OCT. 9

**ESL for Advanced Students.** 10 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Join Richard's Thursday conversation group. Adults.

**ESL Pronunciation and Speaking for Intermediate Students.** 1 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Join Sandy's weekly class.

### WEDNESDAY/OCT. 15

**Red Cross Blood Donation.** 9 a.m. - 2:30 p.m. American Real Estate Partners, 2350 Corporate Park Drive, Herndon. To make an appointment to donate blood, visit [redcrossblood.org](http://redcrossblood.org) or call 1-800-RED CROSS (1-800-733-2767).

**Red Cross Blood Donation.** 4 - 8 p.m. St. Thomas A Becket Rcc, 1421 Wiehle Ave., Reston. To make an appointment to donate blood, visit [redcrossblood.org](http://redcrossblood.org) or call 1-800-RED CROSS (1-800-733-2767).

### FRIDAY/OCT. 10

**Let's Talk-ESL for Intermediate Students.** 11 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Join Richard's Friday conversation group. Adults.

**ESL for Intermediate Students.** 11 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Join Richard's Wednesday conversational group. Adults.

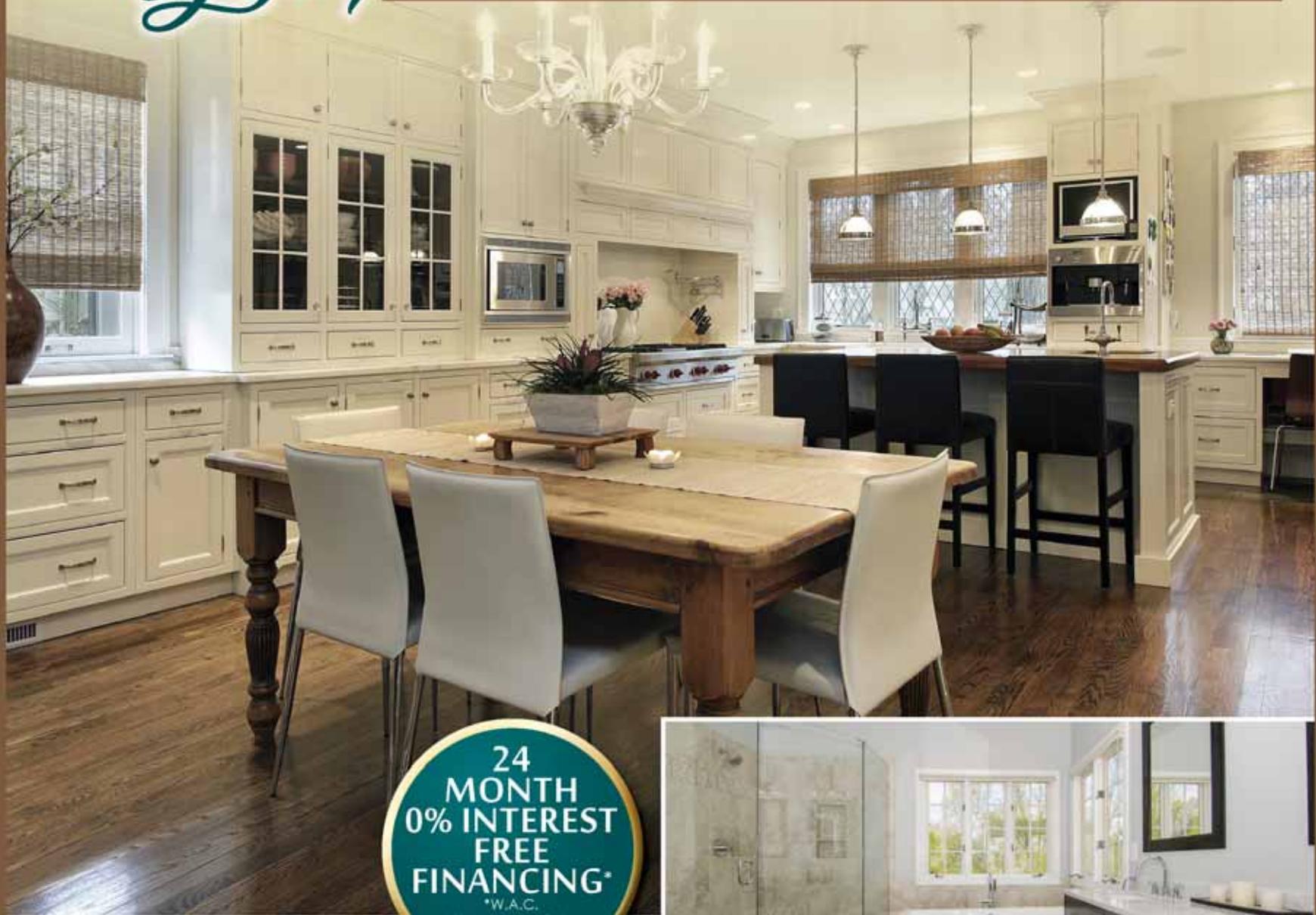
**ESL for Intermediate Students.** 1 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Join Susan's Wednesday conversational group.

### SATURDAY/OCT. 11

**New Voting Equipment Demonstration.** 11 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Staff from the Fairfax County Office of Elections will provide an opportunity to see and try out the brand new voting machines and equipment that will be used in the upcoming elections. Drop in anytime.

**ESL for Intermediate Students.** 6:30 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Join Marilyn's Wednesday conversational group.

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# Fall 2014 HomeLifeStyle



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# Neighbors Helping Neighbors

## Clifton residents to hold tour of remodeled homes to benefit widow.

Neighbors help each other. That's what communities have always been about. Long-time Clifton resident Bob Gallagher is rallying his friends and peers to help his neighbor Elsa Armendaris.

Armendaris, a mother of seven, needs funds to repair the badly deteriorated driveway to her home, which is also a local day care center. To help out, Gallagher, who is a principal at Sun Design Remodeling, has organized a tour of three newly remodeled Clifton homes, each the handiwork of a different remodeler.

"The homes are all pretty spectacular in

their own right," Gallagher says. "We've found that homeowners really enjoy seeing what their neighbors are doing. But this is also about helping a local person in need; that's the sense of community which Clifton has always exemplified."

In addition to showcasing a home recently renovated by Sun Design Remodeling, the tour will feature recent work by Daniels Design and Remodeling and Kohlmark Group Architects and Builders, all active in Clifton and environs for years.

Tim Reed of Tibbs Paving will be donating the labor, equipment and trucking needed for the driveway re-paving.

A native of El Salvador, Armendaris lost her husband, David, to leukemia six years ago and, as the sole means of her family's support, decided to set up her home as a day care center.

Since it was convenient to nearby Clifton Elementary, parents would leave their children with Armendaris before and after school. But when Clifton Elementary closed in 2010, the day care center lost more than half its students. Not long after that, the winding asphalt driveway leading to the house began to seriously deteriorate.

That's when her friend, Christina Gallagher, whose children had attended the

day care center, offered to ask her husband, Bob, for ideas.

"I just thought there must be a way that a community as old and close-knit as Clifton could help one of its own," said Bob Gallagher, who grew up in Clifton where his father practiced medicine. "My company has learned a lot from doing our own home tours, so a coalition of remodelers already active in Clifton seems like a logical way to reach out to the community."

Remodeler's Charity Home Tour, Nov. 15, 10 a.m.-4 p.m. Visit [www.RemodelersCharityHomeTour.com](http://www.RemodelersCharityHomeTour.com) or call 703-425-5588 for more.

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## The Family That Plays Together ... Needs New Space

Innovative Great Falls solution with art studio meets needs of three generations.

BY JOHN BYRD

“A home is a machine for living in,” architectural pioneer Eduard LeCorbusier said in the 1930s, by which he meant good residential design should meet current lifestyle requirements, yet retain enough flexibility to readily transition into a place that supports newly arising needs.

Design consultant Mindy Mitchell, concurs on some basic principles.

“You want a solution that fully responds to everyday needs,” Mitchell says. “But it’s also useful to consider how you might be re-using key spaces from time to time, or even a decade from now.”

This may be especially true in a “creative” household, Mitchell adds, where the goal is fostering an environment that organically responds to all sorts of overlapping projects.

Case in point: the recently re-invented lower level plan to the Great Falls home of Lesley and Tim Hackman, two long-term residents now actively involved in the community’s burgeoning art scene.

Looking around the sunny family play space, which will be featured in the upcoming remodeling home tour Oct. 17-19, it’s a little hard to imagine that last year the Hackmans were scarcely using the suite at all.

Recently retired, Tim was free from professional obligations. The couple’s two



PHOTO COURTESY OF MITRO HOOD

**In the newly designed family entertainment area, a wall-sized console with a flat screen television stretches out in front of an L-shaped “viewing” couch. A fully stocked beverage center is on the opposite wall convenient to an outside patio.**

daughters were out of the house, raising families of their own. Like most empty-nesters, the Hackmans were idly wondering how to better use a spacious home designed for past needs.

“We had been talking about upgrading some rooms, but weren’t using the lower level for much more than laundry and storage,” Lesley recalls. “All the light in the entire suite originated from windows and doors on the rear [side of the house], so the interior rooms were too dark. Still, we hadn’t gotten too far into an actual plan.”

Then an unexpected turn brought latent remodeling considerations to the fore: last spring the entire lower level was flooded by three inches of water when a sump pump failed; it was a situation that could not be ignored.

“One way or another, we knew we were

going to have to do something about it,” Lesley said.

A professional organizer as well as a space planner, Mitchell has been working with Sun Design Remodeling for close to a decade.

“I’m generally the point person and *de facto* project manager,” Mitchell said. “My job is to help owners get a clear idea of what they’re looking for so that the design process is focused and on-track from start to finish.”

This is especially critical, Mitchell notes, when the makeover needs to satisfy a diverse agenda.

Lesley wanted functional studio space for her quilting and photography, but she had also decided to babysit two of her grandchildren three days a week, a commitment that would require work stations for arts

### Details

Visit the Hackmans’ remodeled lower level during the Great Falls Studio Tour, Friday-Sunday, Oct. 17-19, 1-5 p.m. daily. Visit [greatfallsstudios.com/tour.php](http://greatfallsstudios.com/tour.php) or [www.SunDesignInc.com](http://www.SunDesignInc.com) or call 703-425-5588.

and crafts projects as well as kitchenette suitable for the occasional cooking lesson.

They wanted a media center large enough for the extended family (both daughters live in the metro area), and places to prepare and share a meal with easy access to an adjacent outdoor patio and backyard barbecue.

On an entirely different note, the lower level still had to perform its duties as the family laundry room. And it should also provide quarters for the occasional sleep-over guest.

“It’s when an agenda becomes more specific that space planning really needs to be thoughtful and precise,” Mitchell says.

The existing full bath is enlarged and upgraded into something suitable for overnight guests while one wall of the studio now accommodates a handsome custom cabinet that conceals a comfortable Murphy bed. The redesigned “all purpose room” (laundry/kitchenette/dining table) now features a full-sized refrigerator, microwave and dishwasher.

Lesley Hackman says the makeover has proven to be a perfect solution in this newly active phase of her life.

“I can spend the morning or afternoon working on art projects and helping the grandchildren. Then take a hot bath. It’s a great environment,” she said. “I’m really glad we created it.”

## Planting for Fall *Planning your autumn garden and yard.*

BY MARILYN CAMPBELL  
THE CONNECTION

As the first few weeks of fall unfold, carrying with them the promise of rich and vibrant colors, many local residents are starting to plan their fall gardens, both ornamental and edible. Pruning and overall garden cleanup will make way for fall plants. In fact, this is the perfect time to clear away summer foliage and plant, horticulture gurus said.

“Because the ground is still warm and air is cool, there is less transplant shock for plants when you take them out of the con-

tainer to plant them,” said Kelly Grimes of Good Earth Garden Market in Potomac, Md. “Now is a great time to put in a landscape.”

The first step is preparing the ground. “You have to amend the soil; that is mixing in compost and soil so the plants’ roots can grab a hold of the soil with compost,” said Grimes. “That really helps any planting.”

Katia Goffin of Katia Goffin Gardens in McLean, Va., likens planning a garden to putting together a puzzle. “Everything has to [look] like it belongs,” she said. “It’s about designing your bed line so it enhances your property, versus ‘I stuck this in my garden and doesn’t it look good?’”

Take a few minutes and actually plan out your garden because no matter what you decide to plant for fall, an aesthetically appealing garden starts with an effective strategy. “It is getting a good plan together,” Goffin said. “It is a question of scale and putting it together right. You have to look at your plot of land and decide where you want plants to go and how you want it to look.”

**FOR DECORATIVE GARDENS** and yards, mums and pansies are among fall’s

SEE PLANTING, PAGE 7

Reston  
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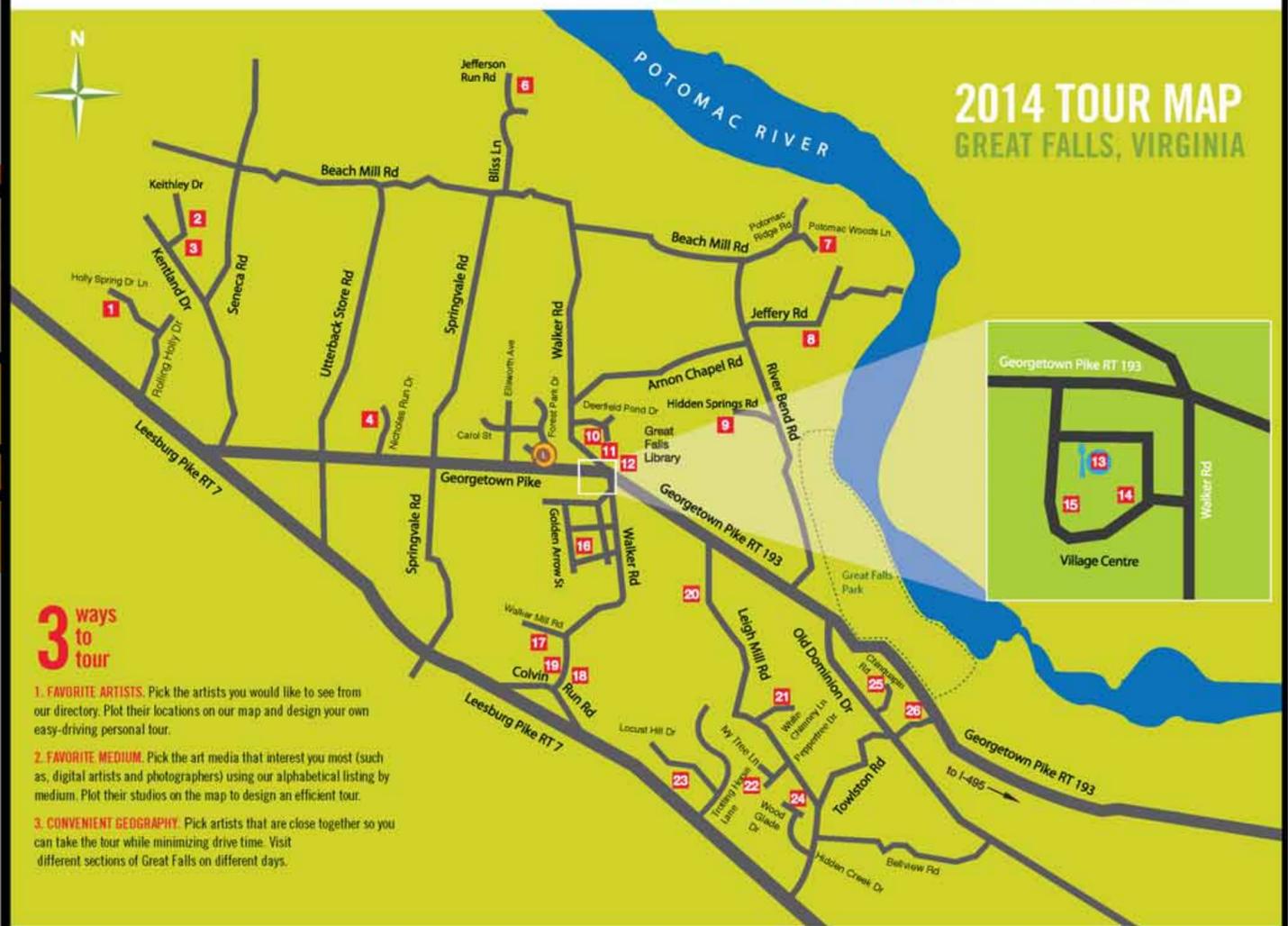
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## THE MAP

The Studios. The numerals in the red squares correspond to the number given to each studio. The numbers run roughly from west to east and north to south on the map. At right, you will find an alphabetical listing of the artists by medium, and the number of each artist's studio. These numbers will also be found on the road sign nearest the studio. Wheel chair access is marked with a wheelchair icon, hands-on activities marked with a hand icon.

Sun Design venue. The yellow-and-brown sun icon corresponds to a location where Sun Design is showcasing home renovations. Join Sun Design and Children's Author and Homeowner, Lesley Hackman for a remodeled home tour, 735 Forest Park Road.



### 3 ways to tour

- 1. FAVORITE ARTISTS.** Pick the artists you would like to see from our directory. Plot their locations on our map and design your own easy-driving personal tour.
- 2. FAVORITE MEDIUM.** Pick the art media that interest you most (such as, digital artists and photographers) using our alphabetical listing by medium. Plot their studios on the map to design an efficient tour.
- 3. CONVENIENT GEOGRAPHY.** Pick artists that are close together so you can take the tour while minimizing drive time. Visit different sections of Great Falls on different days.

## THE ARTISTS

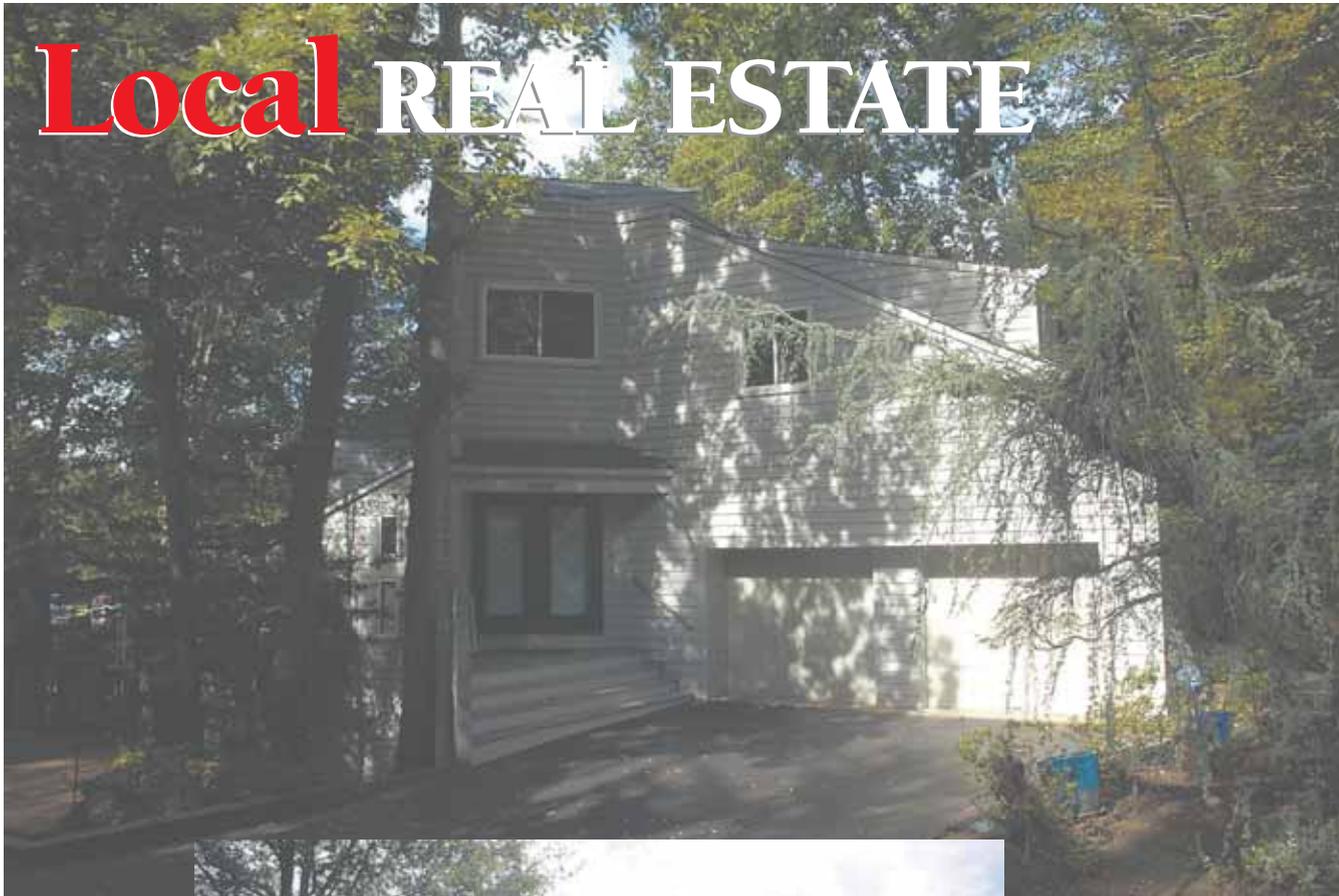
<p><b>Digital Artists</b></p> <p>Walt Lawrence.....#19          Terri Parent.....#19</p> <p><b>Fiber Artists</b></p> <p>Dory Emmer.....#26          Cindy Grisdela.....#19          Vad Moskowitz.....#3</p> <p><b>Jewelry Designers</b></p> <p>Jorge Adeler.....#15          Donna Barnako.....#19          Richard Masaniello.....#26</p> <p><b>Layered Paper Artist</b></p> <p>Ronni Jolles.....#19</p> <p><b>Mixed Media Artists</b></p> <p>Roberta Pruett Beasley.....#19          Penny Burk.....#21          GuruSangat Khalsa.....#20          Heidi Mraz.....#10</p>	<p><b>Painters</b></p> <p>Naz Akbar.....#13          Leslie Anthony.....#14          Jill Banks.....#19          Karen Bateman.....#9          Hwa Crawford.....#18          Coty Dickson.....#14          Jennifer Duncan.....#17          Elaine Elmsky.....#19          Robert Gilbert.....#24          Lori Goll.....#11          Layla Gray.....#14          Yeganeh Hejazi.....#19          Carol Howard.....#19          Yiyun Huang Huff.....#7          Linda Jones.....#26          Tina Learned.....#19          John McCabe.....#19          Begonia Morton.....#4          Pat Neuman.....#8          Ann Noel.....#11          Vandana Pamecha.....#25          Gail Pean.....#14          Jay Pigeon.....#11          Lockini Rumburg.....#1          Judith St. Ledger-Roty.....#19          Lisa Tureson.....#19</p>	<p><b>Photographers</b></p> <p>Jan Bender.....#2          Robin Kent.....#22          Dee Leggett.....#11          Silvia Gonzalez Roman.....#18          Dean Souleles.....#23</p> <p><b>Potters</b></p> <p>Barbara Gatterdam.....#16          Laura Nichols.....#9</p> <p><b>Printmakers</b></p> <p>William Tutthill.....#6</p> <p><b>Wood Carver</b></p> <p>Michael Long.....#20</p> <p>Great Falls School of Art.....#19          The Old Brogue.....#13</p>
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*Most artists are open for all 3 tour days. Refer to the full brochure available at all studios for exceptions.*

# Local REAL ESTATE

PHOTOS BY CRAIG STERBUTZEL/  
THE CONNECTION

## August, 2014 Top Sales in Reston, Oak Hill and Herndon



**1** 2258 Compass Point Lane,  
Reston — \$1,325,000

**3** 11593 Cedar  
Chase Road,  
Herndon —  
\$1,080,000



**2** 11307 Stones Throw Drive,  
Reston — \$1,110,000



**4** 1250 New Bedford Lane,  
Reston — \$1,069,000



**6** 11303 Bright Pond Lane,  
Reston — \$975,000

Address	BR	FB	HB	Postal	City	Sold Price	Type	Lot AC	Postal Code	Subdivision	Date Sold
1 2258 COMPASS POINT LN	4	3	1	RESTON	RESTON	\$1,325,000	Detached	0.26	20191	RESTON	08/12/14
2 11307 STONES THROW DR	4	4	1	RESTON	RESTON	\$1,110,000	Detached	0.58	20194	ESTATES AT WYNDHAM HILLS	08/12/14
3 11593 CEDAR CHASE RD	5	4	1	HERNDON	HERNDON	\$1,080,000	Detached	0.48	20170	CEDAR CHASE	08/08/14
4 1250 NEW BEDFORD LN	5	4	1	RESTON	RESTON	\$1,069,000	Detached	0.33	20194	NEW BEDFORD	08/18/14
5 12050 CREEKBEND DR	6	4	1	RESTON	RESTON	\$1,020,000	Detached	0.49	20194	RESTON	08/18/14
6 11303 BRIGHT POND LN	5	4	1	RESTON	RESTON	\$975,000	Detached	0.47	20194	RESTON	08/29/14
7 3506 COMMODORE CT	4	4	1	OAK HILL	OAK HILL	\$965,000	Detached	0.83	20171	CAMBERLEY EAST	08/29/14
8 3288 WILLOW GLEN DR	4	3	0	HERNDON	HERNDON	\$910,000	Detached	0.23	20171	STILL OAKS	08/15/14
9 11325 WOODBROOK LN	5	3	1	RESTON	RESTON	\$901,000	Detached	0.25	20194	RESTON	08/01/14

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# Fireplaces Warm Outdoor Rooms

Tips for making your outdoor spaces comfy through the fall.

BY MARILYN CAMPBELL  
THE CONNECTION

As the air turns crisp and we settle into fall, the time is ideal for creating a cozy setting, whether it's elegant or rustic or modern. Many people have adapted part of their landscape as an outdoor room.

"Outdoor porches whether screened or just covered with a roof are great fall spaces," said Susan Matus, a Potomac, Md.-based architect. "One can cozy them up with pillows and throws and outdoor lights, such as decorative twinkle lights or candles can create great ambiance."

Local designers reveal their favorite accessories and ideas for outdoor rooms and screened porches to help welcome the new season with style.

An outdoor fireplace commands attention and can offer a warm place for reading, napping or chatting with friends, and makes it comfortable to sit outside on a chilly evening.



PHOTO COURTESY OF  
SKILL CONSTRUCTION AND  
DESIGN, LLC

Lighting can transform a screened porch or outdoor room.

"I just built a stunning fireplace in a screened-in porch that transformed the space into a three-season room just in time for fall," said Robert Kalmin of Skill Construction and Design, LLC in Fairfax, Va. "Indoor-outdoor rugs and seating in fall colors make the space great for entertaining."

When it comes to outdoor fireplaces, however, there are a few caveats: "If it is a screened in porch, be careful of your ventilation. Whether you have a gas or wood-burning fireplace you have to have noncombustible material for the mantle and it needs to back discharge for smoke," said Kalmin. He says such fireplaces can be added to an

existing space in one-to-two weeks.

Accessories in warm, vibrant colors can help can transform an outdoor room from summer to fall. "Adding some cozy throw blankets to outdoor sofas allows you to stay outside on chilly nights," said Kerra Michele Huerta of Apartment Envy.

In fact, lighting can transform a screened porch or outdoor room. "To a screened porch, you can add a ceiling fan with a down light and an up-light," said Kalmin. "The higher light can give you general lighting and the lower lights can create ambient lighting, and can be moved in different directions for setting a mood."

## Fall Plants

FROM PAGE 3

best flowering plants. "Mums need full sunlight to open and come in obvious, bold fall colors," said Grimes. "Pansies will take part sun, are a great color and will continue to bloom through spring."

Yarrow, asters, sedums, Lenten roses, and coral bells are among the fall plants that Jonathan Storvick, natural resource manager at the Office of Sustainability at George Mason University in Fairfax, Va., recommends.

"Fall is a great time to plant larger-sized perennials and container shrubs," said Storvick. "It also happens to be the time of year when nurseries are trying to get rid of a lot of their stock, so you can find some great deals."

For example, said Joel Cook of Merrifield Garden Center, in Fairfax, Merrifield and Gainesville, Va., "Burning bushes have beautiful fall colors like orange and fire red. As far as trees, maples like Japanese maples, sugar maple or black gum maple have beautiful colors."

Another eye-catching option is the yellow twig dogwood. Its "bright yellow branches and twig color ... are also fantastic for winter," said Mark White of GardenWise in Arlington, Va.

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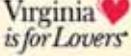
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