Theatre Arts Conference Bound

Margot Day and Anna Cregan in Yorktown High School's performance of "The Long View."

Facing Off For County Board

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“SEE US FOR FULL DETAILS AT ALEXANDRIA TOYOTA.”
Democrat Alan Howze campaigning for comeback victory.

By Vernon Miles
The Connection

Things did not go well for Alan Howze in the previous election. In a special election on April 8 for the Arlington County Board, Howze ran against John Vihstadt, an independent, and lost. The election had a low turnout of 22,200 voters, and Howze lost by 3,500. But six months later, the same County Board seat is open. Like the second Rocky film, Howze is hoping for a comeback and a knockout.

Howze said he learned from the mistakes of the last election and has developed his campaign strategy accordingly. “(I’m) being much more specific and detailed about my vision for actions we need to take to make the community stronger,” said Howze. “It’s not just talking about those issues, it’s laying out detailed plans on how we move forward in those areas with a lot more specificity … being more direct and clear about the benefit of making an investment in the streetcar.

The Columbia Pike Streetcar has been the major topic of contention in this election between Howze and Vihstadt. Howze supports a referendum on the project and as part of his campaign has been working to hear and address the public concerns. “Nationwide, there are experiments we can look at,” said Howze. “There are examples of systems that have worked and systems we can learn from. In Phoenix, there is a 19-mile system … in mixed traffic.”

The Phoenix streetcar, Howze noted, has already hit their 2030 ridership projections. But the development process is also about learning from the failures of other streetcar systems. The Norfolk Tide experienced a troubled development and a hostile public, but since opening has surpassed its ridership expectations. The Tide is a 7.4-mile streetcar system, the exact length of the Columbia Pike Streetcar.

Preparing for Certified Master Chef Exam

Army Navy Country Club’s executive chef is one of 11 candidates this year.

By Ashley Claire Simpson
The Connection

In an era of “Top Chef” and other popular televised cooking competitions, it is hard to imagine a more grueling test than those on TV, dramatized with musical scores and commercial breaks. Chef Timothy Recher of Alexandria, however, is gearing up to take the most prestigious culinary exam that the American Culinary Federation has to offer. From Oct. 26 through Nov. 2, Recher will be taking the AFC’s Certified Master Chef exam at Le Cordon Bleu Culinary Arts in Los Angeles.

“It’s something I have been working toward for a very long time,” Recher, the Army Navy Country Club’s executive chef, said. “It’s humbling and exciting.”

Recher is one of only 11 candidates across the country taking the exam this year, which the AFC selected after a comprehensive application process.

Chef Ken Arnone, who has been an AFC Certified Master Chef since 2003 and is the chairman for the CMC Certified Master Pastry Chef Subcommittee, said that the exam has changed over the years but remains the most difficult culinary certification exam in the nation.

“This is the most difficult and comprehensive certification that exists for chefs in the United States,” Arnone said. “This isn’t a test that a Certified Executive Chef can wake up and say, ’I’m interested in taking it.’

The American Culinary Federation, the largest professional chef’s organization in the country, includes more than 20,000 chefs and cooks in more than 200 chapters throughout North America.

Recher said it is impossible to prepare specifically for the Certified Master Chef Exam, but instead, it is something he has been working toward his career-long process of bettering himself as a chef.

“It has been a number of years,” Recher said. “Through competitions, I have met Master Chefs who have been mentors. I would start talking to them years ago, getting information, going through the program online. Actively over the past year, it has been a lot more focused, but it’s always been something I have been researching and looking into. There is no way that you can just study and pass the test. A Certified Master Chef has to have certain technique and knowledge of cuisine and the AFC is trying to validate this.”

The 2014 candidates are looking to join the ranks of just 67 other Certified Master Chefs in the United States. These chefs have come from a variety of cooking backgrounds—culinary school, apprenticeship, and even self-teaching. Recher said he is the product of many great chefs who took a chance on him throughout his decades in the kitchen.

Recher began working at a restaurant while studying business at the University of Iowa, where he learned that he wanted to pursue the culinary experience.

“I wasn’t one of those kids growing up cooking with his grandmother,” Recher said. “I was a suburban kid in Chicago whose mother made casseroles. I was in high school, college studying business. And I got a feeling in my mind that I wanted to pursue the culinary experience.”

Incumbent John Vihstadt fights to keep seat and kick out the streetcar.

By Vernon Miles
The Connection

After 15 years of a Democratic-controlled County Board in Arlington, John Vihstadt, an independent, has been throwing a few wrenches into the board’s plans. Most notably, Vihstadt has been a major voice of opposition to the Columbia Pike Streetcar along with fellow board member Democrat Libby Garvey. The streetcar has become the major issue between Vihstadt and his opponent, Democrat Alan Howze.

“The County Board, for a long time, was used to doing things their own way and without challenge or another voice from inside the boardroom,” said Vihstadt. “Now that I’m on the board, I’m able to ask questions and not just nod my head and provide constructive and forward thinking ideas for change. I’m trying to be a positive and constructive change agent and I believe I’m making some headway.”

Vihstadt’s victory in a special election in April came as a shock to the Democratic party; a 3,500-vote loss versuse 22,200 voters.

Even as an incumbent, campaigning is tough, especially with the Democrats hoping to recapture their lost spot. While Vihstadt claimed to be energized and excited for the election, he also acknowledged that it can be exhausting.

“It’s taxing and exhilarating at the same time,” said Vihstadt. “I get a lot of energy from the community.”
Email announcements to arlington@connectionnewspapers.com. Deadline is Thursday at noon. Photos are welcome.

Carly Clover received a Master of Science in education from Wilkes University at the summer commencement ceremony. Wilkes is located in Wilkes-Barre, Pa.

Marymount University is one of nearly 100 colleges and universities working together on a national initiative to promote civic learning and democratic engagement. Named a lead institution by NASPA – Student Affairs Administrators in Higher Education, Marymount will continue to encourage its students’ civic development through community partnerships, leadership opportunities and democratic participation. Marymount has also been named a military friendly school for the fifth straight year by Victory Media Inc., a veteran-owned business that publishes G.I. Jobs Magazine. The 2015 list honors the top 20 percent of colleges, universities and trade schools serving students who are members of the U.S. military, veterans and their families.

Edwin W. Howard has earned a place on the Idaho State University 2014 summer semester dean’s list for the College of Arts and Letters.

On a seemingly ordinary day, a fight occurs at a high school when Travis, a bully, confronts his ex-girlfriend and her new boyfriend, Nate. Though the actual encounter lasts only a moment, the effects of the incident linger in the memories and lives of all those who witness it. “The Long View” explores the repercussions, both short term and long, of a single event in a person’s life. Students in the Yorktown High School Theatre Arts raised the curtain on Alan Haehnel’s one-act play last weekend. The students will be performing the play again this weekend at the Virginia Theatre Arts Association conference and again in January at the Virginia High School League competitions. “The Long View” was directed by Carol Cadby with student director Dorie Sullivan.

Yorktown Presents ‘The Long View’
Supporting Susan’s Place

More than 40 volunteers from Navy Federal Credit Union gathered at 6:30 a.m. on a chilly Saturday morning, Oct. 4, at the Susan’s Place Program operated by New Hope Housing in Arlington County. They were volunteering as part of a Rebuilding Together Arlington/Fairfax/Falls Church project – one of 60 home repair projects they perform every year. The volunteers performed such tasks as painting several bedrooms and pouring concrete to expand the driveway. They also put new shelves in the pantry and then stocked it with donated groceries. Susan’s Place is a “Safe Haven” program, providing permanent supportive housing to adults with serious and persistent mental health challenges who have been resistant to other forms of housing or shelter. Visit www.newhopehousing.org
Vihstadt Fights To Keep Seat

Elections ‘14

Howze Campaigns for Comeback

From Page 3

from being out campaigning ... but the biggest challenge has been finding enough time during the campaign to get some sleep.

With so many overlapping events, Vihstadt also says it can be difficult trying to honor every commitment and invitation that comes through his office. That toll is offset by Vihstadt’s favorite part of the campaign: meeting new people and reconnecting with old acquaintances.

Vihstadt and his opponent have similar agendas with regards to education. For Vihstadt, whose two sons went through the Arlington public school system, the issue of public education has personal and economic implications.

“Maintaining strong public schools is probably the number one economic advantage that Alexandria has other than location,” said Vihstadt.

“Therefore its vital that we maintain or improve the strength of our public schools. We’re facing increased economic challenge. The District of Columbia has come roaring back, the Silver Line is taking people out towards Fairfax ... Fairfax is more competitive than it used to be, so is the District. We’ve got to pick up our game ... I have advocated for passage of the 2014 school bond. I worked successfully with my colleagues to free up additional bonding authority this year to provide for schools’ capacity funding. Vihstadt opposes the streetcar, but emphasizes that this is largely because funds from that streetcar could be used to fund other transportation projects, particularly an overhaul of Alexandria’s bus system.

“There are so many different transportation funding pots,” said Vihstadt. “We can take a lot of that 500 million dollars sucked into that streetcar sink hole and put that into other transportation projects in Arlington.”

While many in favor of the streetcar see it as an extension of the mass transit system started in the school, so they’ve had to reduce these classes to carts wheeled around to the school. These are concerns Howze has heard across Arlington, often in neighborhoods he’s never been to before the campaign started. For Howze, getting to find new spots around the city is the best part of the campaign.

“You end up on streets you never knew existed,” said Howze, specifically referencing a memorial service for Dr. Talmage Williams, an Arlington Civil Rights leader who died earlier this year in October, at a church on Route 50 he’d never seen before he attended the ceremony. At each of the locations he’s visited, he’s gotten similar feedback from Arlingtonians.

“People have very high expectations of Arlington and of how their local government should perform,” said Howze. “By and large they’re pleased with how their government is performing.”

For Howze, this is an endorsement of the Democratic leadership in the city; one he hopes will extend to him on Election Day.

Special Assistant to the Publisher

Theismann Fights To Keep Seat

From Page 3

Columbia Pike Streetcar. Similar to the Tide planning to expand down to Virginia Beach, there are hopes that the Columbia Pike Streetcar will eventually stretch into Alexandria. Alexandria has declined the project in its present development stage, but Howze believes this may change once Alexandria finishes with its current transportation projects.

Howze also believes investing in the streetcar can help alleviate Arlington’s cost of upgrading and maintaining road projects.

“Contrast [the streetcar] with the road investments that have been made in the region,” said Howze. “I don’t hear the other side yelling about that. We’re spending half a billion dollars, the same cost as the streetcar, finishes with its current transportation projects.”

While the campaign has brought the issue of the streetcar to the forefront, Howze’s main focus is on education. Particularly, Howze is concerned with overcrowding in the schools, and an increase he says can be planned for by looking at pre-Kindergarten statistics.

“If you look at the data, there’s been an increase in the population for school growth,” said Howze. “You can feel that in the neighborhoods before you see it in the school numbers.”

When we moved back to Arlington, my son was one [year old], and there were lots of toddlers in the neighborhoods. You could see that weren’t going to show up in the school numbers for a couple of years but they were in the neighborhoods. You can see that they caught the school by surprise, so we’re having to catch up now.”

The growth in the schools shows no signs of slowing, and the stress on the system is starting to show. Howze noted that in many schools there are no art classes because there’s no space in the school, so they’ve had to reduce these classes to carts wheeled around to the school.
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School Notes

From Page 4

The National Achievement Scholarship Program announced that five Arlington Public Schools seniors have been named National Achievement Scholarship Semifinalists. The students will join more than 1,600 black American high school seniors who have been designated semifinalists in the 51st annual Achievement Scholarship competition.

Yorktown High School: Lauren N. Miller and Elijah R. Taylor

Lysa Diarra, a graduate of Washington-Lee High School; and Aynalem Regassa, a graduate of H.B. Woodlawn High School are members of Lafayette’s Class of 2018. Students were selected from 7,850 applicants. Lafayette College is located in Easton, Pa.

Jessica Neupane, the daughter of Ram and Goma Neupane of Arlington, has been elected Secretary of Randolph-Macon Academy’s chapter of the National Social Studies Honor Society. Jessica is a senior at the Academy.

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Meeting on Homelessness. 7-8:30 p.m. NRECA Conference Center, 4301 Wilson Blvd., Arlington. Free parking in garage, enter on North Taylor Street. Learn about Arlington families, individuals and veterans who are homeless and discover ways to help end homelessness in Arlington. Visit www.arlingtonva.us.

SATURDAY/NOV. 1
4th Annual Community Health Fair, 11 a.m.-2 p.m. Walter Reed Community/Senior Center, 2909 South 16th St., Arlington. Free screenings for children, fitness demonstrations, flu shots and speakers regarding heart disease, nutrition, cancer awareness, health care referral resources and the future of social security. Call 703-228-0055.

WEDNESDAY/NOV. 5
History Workshop. 6:30 to 8:45 p.m. at Arlington Central Library, 2nd Floor Multi-Purpose Room, 911 N. Quincy St. Participants will learn how to research the history of their own home or any historic property in Arlington. Visit www.arlingtonhistoricalsociety.org for more.

FRIDAY/NOV. 7
Meet Local State Legislators. 9:45-11:30 a.m. Fairlington Community Center, 3304 South Stafford St., Arlington. Senators and Delegates representing Arlington and Alexandria have been invited to participate to provide an opportunity for the public to discuss aging issues with them prior to the General Assembly Session that begins in January 2015. Visit www.commissions.arlingtonva.us/coa, email arlaaa@arlingtonva.us or call 703-228-1700.

SATURDAY/NOV. 8
Become a Foster Parent. 10 a.m.-noon. Learn how to become a foster parent at this information session. Call 703-228-1550 or visit www.arlingtonva.us/fostercare.

SUNDAY/NOV. 9
Jewish Genealogy. 5 p.m. Volunteer Room, Unitarian Universalist Church of Arlington, 4444 Arlington Blvd. Rabbi Leila Gal Berner will be co-teaching with genealogist Julian Preisler. Email admin@kolaminvrc.org for more.

MONDAY/NOV. 10
Cold War Lecture. 3-4:30 p.m. Arlington Central Library, 1015 Quincy St., Arlington. Part of Encore Learning’s fall lecture series “Meet the Speaker.” Gary Powers Jr. will speak on various Cold War events, including the 1960 U-2 incident involving his father. A book signing will follow the presentation. Call 703-228-2144.

WEDNESDAY/NOV. 12
Home Garden Design. 6:30 p.m. at Arlington Central Library, 915 N. Quincy St. Rick Darke, a nationally known landscape design consultant and award-winning author, will discuss how to design home gardens that are both beautiful and able to support a broad array of wildlife. Book signing at 6:30, talk begins at 7 p.m. Free, open to the public. Registration required at mgwv.org or 703-228-6144.
The Arlington Community Foundation’s Board of Trustees recently selected Lola C. Reinsch as the recipient of the 2014 William T. Newman, Jr. Spirit of Community Award. The award is named in honor of the Foundation’s Founder and President Emeritus William T. Newman, Jr. and was established to recognize an individual who has demonstrated exceptional leadership, and made an extraordinary contribution to the Arlington community.

Reinsch, raised in Arlington, followed in the entrepreneurial footsteps of her parents. She is the chief executive officer of the E.G. Reinsch Companies, developing and managing both commercial and residential real estate, primarily rental apartments.

The Spirit of Community Award Luncheon will be held on Nov. 12 at the Sheraton Pentagon City Hotel. To become a sponsor or to RSVP visit http://bit.ly/2014soc or contact Brenda Bengocha at bbengochea@arlcf.org.

“Flourishing After 55” from Arlington Office of Senior Adult Programs.

Senior centers: Lee, 5722 Lee Hwy.; Langston-Brown, 2121 N. Culpeper St.; Culpepper Garden, 4435 N. Penning Dr.; Walter Reed, 2009 S. 16th St.; Arlington Mill, 909 S. Dinwidie St.; Aurora Hills, 735 S. 18th St.

Senior trips: Sunday, Nov. 2, Eastern Market, D.C., $8; Monday, Nov. 3, National Cryptologic Museum, Annapo- lis, $9; Wednesday, Nov. 5, Tea at Hunters Head Tavern, Uppererville, $26; Friday, Nov. 7, Marine Corps National Museum, Quantico, $8; Saturday, Nov. 8, Arena Stage, “Fiddler on the Roof,” $77. Call Arlington County 55+ Travel, 703-228-4748. Registration required.

ICHI Health Fair, Saturday, Nov. 1, 11 a.m. – 2 p.m., Walter Reed. Free. Details, 703-228-0953.

Home care information seminar, Monday, Nov. 3, 1 p.m.-3 p.m., Lee. Free. Register, 703-228-0555.

Senior trips: Sunday, Nov. 2, Eastern Market, D.C., $8; Monday, Nov. 3, National Cryptologic Museum, Annapolis, $9; Wednesday, Nov. 5, Tea at Hunters Head Tavern, Uppererville, $26; Friday, Nov. 7, Marine Corps National Museum, Quantico, $8; Saturday, Nov. 8, Arena Stage, “Fiddler on the Roof,” $77. Call Arlington County 55+ Travel, 703-228-4748. Registration required.

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Home care information seminar, Monday, Nov. 3, 1 p.m.-3 p.m., Lee. Free. Register, 703-228-0555.

Saving valuable art during WWII in Europe. Monday, Nov. 3, 1 p.m., Lee. Call 55+ Register, 703-228-0555.

Veterans Day exhibit, document books, on WW II, Monday, Nov. 3 through Friday, Nov. 7, 10 a.m.-2 p.m., Culpepper Garden. Free. 703-228-4403.
Recher said, "Being a chef is not just a job for us, it's a life. It is a personal sense of accomplishment that I have been working on since I was 20 years old."

It has already been a busy year for Recher without a grueling, all hands-on eight-day exam in Los Angeles. He has already watched the Army Navy Country Club earn a spot on the Platinum Clubs of America 2014 list, a sought-after status for country clubs around the nation.

"I've been over there just over a year," Recher said. "When I was brought on, they just build a brand new club house. There are six restaurants and five kitchens; it's a huge place. I was brought in there to help invent the culinary program for the new club house. We are now ranked 91st in the country, and the top 4 percent of clubs. It has been a tremendous experience."

Recher said he has learned so much from other ACF certified chefs over the years through a multitude of classes he has taken and competitions he has entered.

Nowadays, he spends much time teaching other chefs in his kitchen as well.

He said that while he is of course nervous, he is honored to be part of such a great network and its prestigious certification process, which at the end of the day prioritizes food over frills.

"It's such a gamut we all will be tested on," Recher said. "That's something I like about ACF and the certified chef programs. It recognizes that food is food."

One of the chefs that Recher has hailed as an inspiration during his career thus far has been Arnone. The two have been acquainted for roughly eight years, having met when Recher was president of a local AFC chapter.

"I was invited to come judge a competition," Recher said. "We stayed in touch afterward. At the Certified Master Chef, I feel it's important to keep mentoring chefs interested in the pursuit of this goal, or any level of certification. That's most of our community. We try to help coach and identify a chef's paths of success."

Arnone said that even without the CMC credentials, Recher demonstrates the ideal qualities of an ACF chef.

"He is incredibly passionate about food and the process of continuing to learn and grow," Arnone said. "He is always giving back. He is a true professional and a great representative of chefs in our industry."
In September 2014, 229 Arlington homes sold between $2,183,767-$229,000 range.

For the complete list, visit www.ConnectionNewspapers.com

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Entertainment

Email announcements to arlington@connect4centernews.com. Include date, time, location, description and contact for event. Phone, email and/or website and arts and worship deadline is Thursday at noon, at least two weeks before event.

ongoing

signature cabaret series. through oct. 25 at the theater. 4200 campbell ave. “signature sisters.” sheri l. edelen (mama rose, gypsy) is back with susan derry (celie #1, sunday in the park with george) and signe bhadra (fleurie) for the ultimate girl group tribute. the music of girl groups from the 1940s through today get the swingin’ style treatment of the andrews sisters. 8:30. visit www.signature-theatre.org or call 703-820-9771.

yappy hour. fridays through oct. 31, 6-8 p.m. at the le meridien, 1121 n. 19th st. the le meridien hotel, along with the ro sslind bd, is hosting a yappy hour every friday. this event will be held on the terrace outside of amuse. attendees may enjoy specialty cocktails and appetizers for pet owners as well as a few treats for dogs. free. visit http://www.yappyhour.org/dc/yappyhour@nsqkiosqdpf.

historic home tours at the ball-bellows house, 25 s. 2nd st. the oldest surviving house in arlington county opens for the season with free tours and refreshments. the house is open 1-4 p.m. sundays april through october. visit www.arlingtonhistoricalsociety.org.

children’s music. 10:30 a.m. on fridays throughout oct. 31. the synetic common clarendon, 2800 clarendon blvd. mr. k & the magic seeing cream music for children at the gazebo in the loop. the synetic common clarendon. call 703-476-9377 or visit www.marketyouclarendon.com for more.

gallery underground october shows runs through nov. 1. in the focus gallery, a new exhibit “world aesthetic” will be featured. this is an all-media national juried landscape show spotlighting the creative inspiration provided by the land or sea in the view near or far. the opening reception will be held friday, oct. 3, 5-8 p.m. the gallery will be open tuesday through saturday 10 a.m. - 6 p.m. and saturday 10 a.m. - 2 p.m. visit www.galleryunderground.org for more.

“the island of dr. moreau.” through saturday, nov. 1, monday-saturday at 8 p.m.; saturday at 2 p.m. at the synetic theater, 2111 jefferson davis highway. the synetic theater presents “the island of dr. moreau” with paola tsukrovdivili as a director and star in the production. purchasing individual tickets for the show are $35 and a subscription to the synetic theater is $40. call 703-824-9060 or visit www.synetictheater.org for more.

“elmer gantry.” runs through nov. 9. signature theater, 4200 campbell ave. the second reading of the signature theater’s 25th anniversary season. tickets now on sale. visit www.signaturetheatre.org/shows/elmer-gantry for more.

theatre performance. runs through nov. 2 at 1800 s. bell st. synthetic theater presents a new adaptation of hg wells novel “the island of dr. moreau.” the oct. 9 show will feature arran edwards andignorant language interpretation. all performances begin at 6 p.m. visit www.synthetictheater.org for more.

sparket: a creative market wednesdays through oct. 12, 11 a.m.-2 p.m. at 1900 crystal drive. an electric and colorful shopping experience. free admission; $30 to be a vendor. visit crystalcity.org/dr-sparket for more.

art exhibit. through saturday, nov. 30 at terrace gallery. artist talk is saturday, sept. 20, 2 p.m. at terrace gallery. arthouse, terrace gallery, 1100 willson blvd., suite 932. think with your hands: illustrated journals come to life through augmented reality. free admission. visit www.arthouse.com for more. ‘sex with strangers.’ at signature theater, 4200 campbell ave., Shirlington. the play by Laura Eason runs through saturday, dec. 7. tickets go on sale July 1 and performances are tuesday-sunday evenings with matinees on saturdays and sundays. $40 and up. visit www.signature-theatre.org for more.

fall soloos. through saturday, dec. 20. arthouse terrace across the mid-atlantic region are selected for solo exhibitions to take place in one of AAC’s seven separate gallery spaces, or outside on the grounds. visit www.arlingtonartscenter.org/solo/apply for more.

art exhibit. runs through jan. 5 at cherydale branch library, 2100 military road. “we are arlington,” an exhibit of vintage photographs and memorabilia. sunday, thursday, 10 a.m.-5 p.m. tuesday, thursday, 1-9 p.m. saturday, 10 a.m.-5 p.m. call 703-228-6350 for more.

family and teen skate nights. through march 28 at the thomas jefferson community center, 300 n. park drive. the evenings will start with family skating from 6:30-9 p.m. and close with teen nights from 9:10-11:45 p.m. for middle and high school students. $2 per person/$3 skate rental. visit parks.arlingtonva.us/ kids-events/skating-night-sunday-night-skate-parties-thomas-jefferson for more.

LGBT & Straight Friends Social.

A World Aesthetic’ Art Exhibit.

LGBT & Straight Friends Social.

Yappy Hour.

Elmer Gantry.

The Island of Dr. Moreau.

Art Exhibit.

Yappy Hour.

A 'World Aesthetic’ Art Exhibit.

Judith Landry is one of several local artists whom visitors can meet as they view landscape paintings during “A World Aesthetic,” presented by Arlington Artists Alliance at Gallery Underground at Crystal City. The free gallery show open only through Oct. 31.


WEDNESDAY/OCt. 22

Open House for High View Park

6:30-7:30 p.m. at Langston-brown community Center, 2121 N Colpeper St. The Parks and Recreation Department surveyed community members earlier this summer as to what they liked or felt was needed in the park. their input will be shared at this event. Visit parks.arlingtonva.us/locations/langston-brown-community-center-park for more.

THURSDAY/OCt. 23

Art Show. 6-9:30 p.m. at the artisthen, 1110 Wilson Blvd. Phillips programs for Children and Families, a local nonprofit helping youth with a variety of challenges and qualities succeed, is hosting its 2nd annual Toast to Fall. The fundraiser also features live music, craft beer and wine and a raffle. Visit philipsprograms.coine.org for more. 

author Synopsis. 7 p.m. at central library, 1015 n. Quincy st. Ann pandher will share her personal story on how she became a writer. visit 703-228-5900 for more.

FRIDAY/OCt. 24

Beer Garden. 4:30 p.m. at plaza on 19th, 1901, 1901 n. fort myer drive. Kick off fall with the parking lot BD at the new plaza on 19th. The Continental Pool Lounge will have seasonal beers. Visit www.rosslynva.org for more.

Opening Reception for the Fine Art and Design Holiday Exhibition. 6-8 p.m. Barry gallery, marymount university, 2807 north Glebe road, Arlington. Free. will include the university’s finest arts, graphic design, fashion design and interior design faculty. The exhibit runs through Nov. 24; admission is free, open from 10 a.m. - 8 p.m. Monday through Thursday and 10 a.m.-6 p.m. Friday and Saturday. visit www.marymount.edu/barrygallery for more.

Launch Party. 6:30 p.m. at one more page books, 2200 north wingate st. author Danielle ellison will release the celebration of her new novel, “follow me through darkness.” visit 703-300-9746 or visit www.onemorepagebooks.com for more.

FRIDAY-SATURDAY/OCt. 24-25

Eveing of Kirtan. 7 p.m. at Artisphere Spectrum Theater, 1101 Wilson Blvd. Embark on a vocal journey through the sacred sounds of ando and meditative chanting. visit www.artisphere.org or call 703-873-1100.

SATURDAY/OCt. 25

Annual Walker Chapel Fall Bazaar and Outdoor Festival. 10-2 p.m. Walker Chapel United Methodist Church, 3301 south Glebe road, Arlington. Community bazaar featuring thousands of gently-used items at bargain prices. Items include clothing, housewares, sporting goods, crafts, jewelry, holiday items and boutiques, as well as a cafe and activities for children. visit www.walkerchapel.org for more.

MCM Kids Run. 9-1:30 p.m. parking lot. children ages 5-12 are eligible to participate in the one-mile run. visit www.marinemarathon.com for more.

Dog Walk. 9-11:30 a.m. at hunters pond dog park, 1220 n. hartford st. Join local politicians for the 4th annual howl-o-ween dog walk and costume contest for the homeless in clarendon. registration is $30. visit www.howardpawnpalace.org for more.

Walk for a Cure. 10 a.m. bluemont park (at the corner of black st. and rickey boul.), 4466 black st. the public is invited to participate in the first greater Washington Chapter Tourette Syndrome 5K Awareness walk. Visit www.twag.org or call 703-230-9746.

Ride with the Rangers. 11 a.m.-1 p.m. black st. and howard park. the first greater Washington chapter of the marine corps marathon. visit 703-228-5990 for more.
ENREGMENT

The Beacon 50+ Expos
SUNDAY/OCT. 26
Harvest Dance.
Night of Italian Opera
Afternoon of Music
4-7 p.m. at Arlington Courthouse. Visit www.NationalChamberEnsemble.org for more.

WEDNESDAY/OCT. 29
“Arlington’s Got Talent.” Clarendon Ballroom, 3185 Wilson Blvd., Arlington. Social at 6:30 p.m. and talent show at 7:30. Proceeds benefit the Leadership Arlington Young Professionals Program scholarship fund. Tickets are $30 in advance or $40 at the door. To register for this event, please visit the Leadership Arlington website at www.leadershiparlington.org.

THURSDAY/OCT. 30
Author Reading. 7 p.m. at One More Page Books, 2200 North Westmoreland St. The store will host an author panel featuring Martins Boone, Melissa Marr, Leah Cypress, Wendy Higgins and Kimberly Griffiths Little. Call 703-300-9746 or visit www.onemorepagebooks.com.

FRIDAY/OCT. 31
Fall Golf Outing. 8:30 a.m. at Fort Belvoir Golf Club, 8450 Belvoir Rd., Fort Belvoir, Va. The National Association of Commerce is presenting its 63rd Annual Fall Outing. The Fall Outing tournament will include a variety of fun contests. Registration is $250 for an individual golfer. Visit www.arlingtonchamber.org for more. The Beacon 50+ Expos
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Food & Drink
Clarendon Farmers Market. Year-round, has locally produced breads and pastries, organic vegetables, flowers, soap, ice cream and more. Saturdays and Sundays, 8 a.m.-noon at Courthouse Parking Lot, 3195 North Wilson Blvd. Also open on Wednesdays from 3-7 p.m. at Clarendon Metro Station. Visit www.clarendon.org. Call 703-812-8881.

Arlington Farmers Market at Courthouse. Adjacent to the Arlington County Courthouse Parking Lot, at the intersection of North Courthouse Road and N. 14th Street. This is a ‘producer only’ market with more than 30 producers. From January through March, the market is open on Saturdays 9 a.m.-noon. Visit www.arlingtonfarmersmarket.com for a list of vendors.

The Crystal City FRESHFARM Market. Open April-November on Tuesdays, 3-7 p.m. with a selection of foods and goods from local producers, in front of 231 S. 18th St. Visit www.crystalcityfreshfarm.org. Also open on Saturdays 9 a.m.-noon at the Crystal City Park Plaza. Visit www.c-markets.com.

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Wakefield Football Earning Respect

Yorktown coach Hanson, players praise Warriors.

By Jon Roetman
The Connection

It wasn’t that long ago, Bruce Hanson recalls, that his Yorktown football team beat the Wakefield Warriors so soundly that the Patriots had to make an effort to stay under 70 points.

That night, Sept. 9, 2011, the Patriots defeated the Warriors 68-0 at Yorktown’s Greenbrier Stadium. Yorktown pulled offensive starters out of the game in the second quarter, led 55-0 at halftime and had seven different players score a touchdown.

“We didn’t go to 70,” said Hanson, who is in his 30th season as Yorktown head coach. “We had to go crazy [to stay under].”

Yorktown won its first 12 games that season before losing to South County in the Northern Region championship game. Wakefield, on the other hand, finished 1-9.

The defensive coordinator on that Yorktown team was Wayne Hogwood, a 2000 graduate of Wakefield High School who spent eight seasons learning under Hanson as an assistant coach. Hogwood helped the Patriots to a 33-4 record from 2010-2012, including a pair of Northern Region championship game appearances.

Three years after Yorktown’s 68-point drubbing of Wakefield, Hogwood was on the opposite sideline when the Patriots traveled to Wakefield High School to face the Warriors on Oct. 17. Hogwood, now a second-year head coach at his alma mater, had led Wakefield to a 5-1 record, the program’s best season in decades, entering Friday’s game against his mentor, Hanson, and the 3-3 Patriots.

Wakefield, a program that hasn’t had a winning season since 1983, opened the game against his mentor, Hanson, and the best season in decades, entering Friday’s game against his mentor, Hanson, and the 3-3 Patriots.

Wakefield senior quarterback Riley Wilson looks down field during the Warriors’ Oct. 17 game against Yorktown. Wilson transferred from Yorktown to Wakefield prior to the 2013 season.

While the outcome wasn’t a nail-biter, the game had a different feel to the Patriots. Hanson and his players agreed this Wakefield team was more competitive than Warrior teams of the past.

“(Hogwood has) done such a great job here,” Hanson said. “They were like a real football team. … This game, I felt, was [competitive] the whole time. I never released one minute over there. Not one minute. … It’s unbelievable. It’s the [best] coaching job [in] the region already. They don’t have to win another game.”

One week before Wakefield’s loss to Yorktown, the Warriors overcame a 15-point fourth-quarter deficit to beat Falls Church, 26-25, on a last-second 24-yard field goal by Ben Kline. The victory improved Wakefield’s record to 5-1. It was the first time since 1985 that the Warriors overcame a two-touchdown deficit in the fourth quarter, and the first time since 1987 Wakefield won five games in a season.

Hogwood led Wakefield to a 3-7 record in his first season as head coach. This year, he can notice a difference in the players’ attitudes during their successful start.

“They’re more confident,” Hogwood said. “I don’t think last [year’s team], or any Wakefield teams in the past, would be able to respond to a game the way we did against Falls Church last week and come back [from] down 15 in the fourth quarter. Because we’re able to do some things like that and we stick it out and we fight together as a team for four quarters, nobody gave up [against Yorktown] tonight. There’s always an inking in the back of your mind — hey, we’re a tough team … and we can make anything happen at any time.”

Yorktown running back/linebacker Jack Storrs said the Warriors have improved.

“Yorktown used to be a doormat,” he said. “We’d come in here and our goal would be to keep the score down. We’d put our JV guys in [at the] beginning of the second half, middle of the third quarter. We had our starters in to the end of [tonight’s] game, if that means anything. Big props to everybody at Wakefield. They’re getting better and it shows with their record.”

Storrs was a big reason Yorktown was able to take control of Friday’s contest. His 2-yard touchdown run gave the Patriots a 10-7 lead with 10:03 remaining in the second quarter. On the next play from scrimmage, Starrs returned an interception 27 yards for a score, extending Yorktown’s advantage to 17-7.

Moments later, Yorktown’s Austin Kasmer blocked a punt and recovered for a touchdown. Just like that, the Patriots led 24-7.

Wakefield didn’t give up, however, answering with a Leon Young 3-yard touchdown run on its next drive, cutting the Yorktown lead to 24-14.

“It shows just how [good] of a job Wayne Hogwood has done,” Yorktown quarterback Joe McBride said, “and it shows how talented their kids are.”

A big reason for Wakefield’s success has been the play of senior quarterback Riley Wilson. The 6-foot-5, 195-pound signal caller transferred from Yorktown to Wakefield prior to his junior season. Wilson felt quarterback was the position that would give him the best chance of playing football at the college level, so he transferred to the South Arlington school for an opportunity to start as a junior.

On Friday, he completed 11 of 23 passes for 219 yards, with one touchdown and one interception against his former school.

“I try not to make it some emotional game, but I definitely prepared through the whole week expecting to bring my ‘A’ game,” Wilson said. “It’s a real big adrenaline rush. All the people in the crowd are my best friends since I was in kindergarten. There was a lot of pressure on me, but I knew I had to step up. I wasn’t going to let it smash me. I wasn’t going to let the pressure [knock] me over.”

Wakefield’s Young carried 18 times for 69 yards and a touchdown. Receiver Isaiah Archer had four catches for 75 yards. Justin Moore had two receptions for 60 yards, and Marquita Walton had two receptions for 39 yards and a touchdown.

Yorktown’s McBride, who completed 16 of 26 passes for 225 yards, with two touchdowns and one interception, also noticed a change in atmosphere surrounding Wakefield football, including more Warrior fans in the stands, something he attributes to a pair of former Patriots.

“(Wilson is) changing the culture,” McBride said. “[Wilson] and Wayne are changing the culture of this school. This is a new stadium, it’s a new fan base. Wakefield kids aren’t even show up to a football game [in the past] if you [got] in free with a Whopper. ... Riley has done amazing things, Wayne has done amazing things. It just shows that even though it takes time to change a culture, it can be done.”

Hogwood played quarterback at Wakefield and set the program’s single-season passing yardage record, which stood for 12 years. He also played collegiately at Division III Shenandoah University, where he led the program to the 2003 Dixie Conference championship. Hogwood said his ties to Wakefield, who spent eight seasons learning under Hanson, have helped him draw athletes to the program who might not have played, otherwise.

Hogwood said getting kids to join the team is “80 percent” of turning around a program.

While the Wakefield varsity is experiencing success, the school’s freshman program is 6-1, providing additional hope for the future.

“This is our second year as a staff over here,” Hogwood said. “I don’t know of anybody that has turned a program from 0-10 to 10-0 in two years. It’s a process, it’s a long haul. ... It’s slowly starting to come around. We expect to be good and get better because we’re going to do things the right way, but nothing is going to happen overnight.”

Wakefield will try for win No. 6 at home against Stuart at 7:30 p.m. on Friday, Oct. 24. Yorktown will travel to face Chantilly at 7:30 p.m. on Friday.

Yorktown’s head coach and players weren’t the only ones showering Wakefield with praise following Friday’s game. While Hogwood was answering a reporter’s questions outside of the locker room, a veteran referee stopped the city’s building to speak with the Warriors coach.

“Tell me one thing, I’ve been to Wakefield before,” the referee told Hogwood. “This is the best team I’ve ever seen (here). You’re doing a super good job.”
Senior Olympics Takes Spotlight
Hundreds participate for Gold, Silver and Bronze.

W hack! Smack! These were the constant sounds going back and forth during the pickleball finals at the Thomas Jefferson Community Center in Arlington. The pickleball games were part of the Northern Virginia Senior Olympics taking place at several venues throughout the region. “It’s fun, it’s fit, it’s a great workout,” said Helen White, a competitor in the 60’s age bracket for pickleball. White is also a national ambassador for the sport and won the silver in her age group during the games. An avid promoter of the sport in the Washington, D.C. metropolitan area, she is working with the staff at the Falls Church recreation center to start up an active pickleball program. Played on a badminton-size court with a modified tennis net with a paddle and plastic ball, pickleball is best described as a combination of tennis, badminton, and ping-pong. “It’s easy to learn, hard to master,” according to White, who also won the Silver in the finals.

In addition to the competitive pickleball tournaments, seniors aged 50-plus took part in track, rowing, diving, tennis, miniature golf, basketball, field events, among many others. Over 50 sporting trials were held throughout the Arlington, Fairfax, Fauquier, Loudoun and Prince William counties. Gold, Silver, and Bronze medals were awarded after each final.

— Veronica Bruno
Self-Indulgent or Self-Effacing

By KENNETH B. LOURIE

After re-reading last week’s column: “Not in the wood.” I began wondering if that column had strayed beyond the boundaries, so to speak, and was too much about me and not enough about my circumstances. Certainly I understand, given my column’s recurring theme, that the subjects of me and my circumstances—and the personal stories I share with you regular readers—are basically the same. Still, I never want the content to be considered important because it’s MY life that’s being profiled. Quite the contrary. If the columns were any more about me, you wouldn’t be interested.

Cancer is the issue, and one person’s survival, however compelling and/or statistically unlikely, is not. Granted, success in this face of extremely dire and discouraging warnings from one’s oncologist is worth noting for sure. But it’s not because of me that any of it matters. I’m just a prop. It’s the story, not matters, not the storyteller. Yet I couldn’t help but think that my droning and bemoaning last week was in some ways more for my purposes than it was for you: a few minutes spent in my shoes living some of the cancer life. (By the way, in person, in my non-column life, I’m not very cancer-centric.)

Admittedly, I may be a bit sensitive to this self-indulgent possibility/tendency. When you write a first-person narrative about the writer’s life, as I do, it’s a reasonable claim to make. A claim I regularly and incidentally deny. As odd as it sounds to say this, it’s never about me; that’s my nature. Ego, how can a column I’ve written weekly going on almost 17 years, the last five and half of which have been what I call “cancer columns,” be about me? In my mind (or perhaps, according to my way of thinking), it can’t.

I suppose I perceive self-indulgence as the opposite of self-effacing (self-effacing being a characterization I’ll happily embrace), and I refuse to believe that the three most important words in the dictionary are “me,” “myself” and “I.” Though I am the subject of my column, it’s the fact that I’m a cancer patient/survivor that’s most relevant.

Moreover, there are many more cancer survivors with many more stories to tell who add substance to my claim. I’m just one of the few with the opportunity and inclination to share and share alike. It’s been my pleasure doing so, and it has become my passion as well. It’s who I am; it’s what I’ve become. “I may not be right all the time, but I’m very seldom wrong” (to quite one of my deceased father’s favorite phases). However, there are some columns/weeks when I may scribble outside the lines. It’s untenanted. Let’s not forget one incontrovertible fact though: “Cancer sucks.” But it’s not because of anything I say or do.

Ken McCarron is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.
I Never think of the future. It comes soon enough.
-Albert Einstein

Arlington County Board Chairman Jay Fissette welcomes all to the official ribbon cutting ceremony at Towers Park on Sunday morning.

Ribbon Cutting at Towers Park

The renovations are complete at Towers Park on S. Scott Street. The four-acre park that includes basketball, tennis, practice courts and a picnic shelter were fully replaced. Dark sky lighting was installed, improvements were made to the canine exercise area and paths were made to all the renovated facilities. In addition, the park received new furnishing, a portable restroom and landscaping. Arlington County staff were joined by elected officials and community members for the official ribbon cutting on Sunday, Oct. 19.

Bernadette Grullon joins chair of the Penrose Green Commission Terri Armao and state Del. Rip Sullivan at the ribbon cutting.

The paths and entranceways to the renovated facilities at Towers Park have been upgraded and landscaped.

Laura Barragan gets warmed up in a footwork drill led by Jose Carlos of the Arlington County Tennis Association on the new courts at Towers Park on Sunday.

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