



Theatre Arts Conference Bound

NEWS, PAGE 4

Facing Off For County Board

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Journey to Certified Master Chef

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Margot Day and Anna
Cregan in Yorktown High
School's performance of
"The Long View."

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**Let's
Go
Places**

Facing Off in County Board Rematch

Democrat Alan Howze campaigning for comeback victory.

BY VERNON MILES
THE CONNECTION

Things did not go well in Alan Howze in the previous election. In a special election on April 8 for the Arlington County Board, Howze ran against John Vihstadt, an independent, and lost. The election had a low turnout of 22,200 voters, and Howze lost by 3,500. But six months later, the same County Board seat is open. Like the second Rocky film, Howze is hoping for a comeback and a knockout.

Howze said he learned from the mistakes of the last election and has developed his campaign strategy accordingly.

"[I'm] being much more specific and detailed about my vision for actions we need to take to make the community stronger," said Howze. "It's not just talking about those issues, it's laying out detailed plans on how we move forward in those areas with a lot more specificity ... being more direct and clear about the benefit of making an investment in the streetcar."

The Columbia Pike Streetcar has been the major topic of contention in this election



Alan Howze (Democrat) at a public debate.

between Howze and Vihstadt. Howze supports a referendum on the project and as part of his campaign has been working to hear and address the public concerns.

"Nationwide, there are experiments we can look at," said Howze. "There are examples of systems that have worked and systems we can learn from. In Phoenix, there is a 19-mile system ... in mixed traffic."

The Phoenix streetcar, Howze noted, has already hit their 2030 ridership projections. But the development process is also about learning from the failures of other streetcar systems. The Norfolk Tide experienced a troubled development and a hostile public, but since opening has surpassed its ridership expectations. The Tide is a 7.4 mile streetcar system, the exact length of the

SEE HOWZE, PAGE 6

Incumbent John Vihstadt fights to keep seat and kick out the streetcar.

BY VERNON MILES
THE CONNECTION

After 15 years of a Democratic-controlled County Board in Arlington, John Vihstadt, an Independent, has been throwing a few wrenches into the board's plans. Most notably, Vihstadt has been a major voice of opposition to the Columbia Pike Streetcar along with fellow board member Democrat Libby Garvey. The streetcar has become the major issue between Vihstadt and his opponent, Democrat Alan Howze.

"The County Board, for a long time, was used to doing things their own way and without challenge or another voice from inside the boardroom," said Vihstadt. "Now that I'm on the board, I'm able to ask questions and not just nod my head and provide constructive and forward looking ideas for change. I'm trying to be a positive and constructive change agent and I believe I'm making some headway."

Vihstadt's victory in a special election in April came as a shock to the Democratic



John Vihstadt (Independent) with a campaign sign.

County Board. While Vihstadt faces his same opponent, he says his time in office has given him the additional edge of experience.

"Now that I'm a six-month incumbent, I'm able to demonstrate and showcase my record: pointing out that I have approached issues in a balanced and fair manner," said Vihstadt. "I have continued to push for my priorities in the campaign. Fighting against the streetcar, but advocating for other transportation, like bus improvements."

Even as an incumbent, campaigning is tough, especially with the Democrats hoping to recapture their lost spot. While Vihstadt claimed to be energized and excited for the election, he also acknowledged that it can be exhausting.

"It's taxing and exhilarating at the same time," said Vihstadt. "I get a lot of energy

SEE VIHSTADT, PAGE 6

Preparing for Certified Master Chef Exam

Army Navy Country Club's executive chef is one of 11 candidates this year.

BY ASHLEY CLAIRE SIMPSON
THE CONNECTION

In an era of "Top Chef" and other popular televised cooking competitions, it is hard to imagine a more grueling test than those on TV, dramatized with musical scores and commercial breaks. Chef Timothy Recher of Alexandria, however, is gearing up to take the most prestigious culinary exam that the American Culinary Federation has to offer. From Oct. 26 through Nov. 2, Recher will be taking the AFC's Certified Master Chef exam at Le Cordon Bleu Culinary Arts in Los Angeles.

"It's something I have been working toward for a very long time," Recher, the Army Navy Country Club's executive chef, said. "It's humbling and exciting."

Recher is one of only 11 candidates across the country taking the exam this year, which the AFC selected after a comprehensive application process.

Chef Ken Arnone, who has been an AFC Certified Master Chef since 2003 and is the chairman for the CMC Certified Master Pastry Chef Subcommittee, said that the exam has changed over the years but remains the most difficult culinary certification exam in the nation.

"This is the most difficult and comprehensive certification that exists for chefs in the United States," Arnone said. "This isn't a test that a Certified Executive Chef can wake up and say, 'I'm interested in taking it.'"

The American Culinary Federation, the largest professional chef's organization in the country, includes more than 20,000 chefs and cooks in more than 200 chapters throughout North America.

Recher said it is impossible to prepare specifically for the Certified Master Chef Exam, but instead, it is something he has been working toward his career-long process of bettering himself as a chef.

"It has been a number of years," Recher said. "Through competitions, I have met Master Chefs who have been mentors. I

would start talking to them years ago, getting information, going through the program online. Actively over the past year, it has been a lot more focused, but it's always been something I have been researching and looking into. There is no way that you can just study and pass the test. A Certified Master Chef has to have certain technique and knowledge of cuisine and the AFC is trying to validate this."

The 2014 candidates are looking to join the ranks of just 67 other Certified Master Chefs in the United States. These chefs have come from a variety of cooking backgrounds – culinary school, apprenticeship, and even self-teaching. Recher said he is the product of many great chefs who took a chance on him throughout his decades in the kitchen.

Recher began working at a restaurant while studying business at the University of Iowa, when he learned that he wanted to pursue the culinary experience.

"I wasn't one of those kids growing up cooking with his grandmother," Recher said. "I was a suburban kid in Chicago whose mother made casseroles. I was in high school, college studying business. And I got

SEE CULINARY GOAL, PAGE 11



Chef Timothy Recher

SCHOOL NOTES

Email announcements to arlington@connectionnewspapers.com. Deadline is Thursday at noon. Photos are welcome.

Carly Clover received a Master of Science in education from Wilkes University at the summer commencement ceremony. Wilkes is located in Wilkes-Barre, Pa.

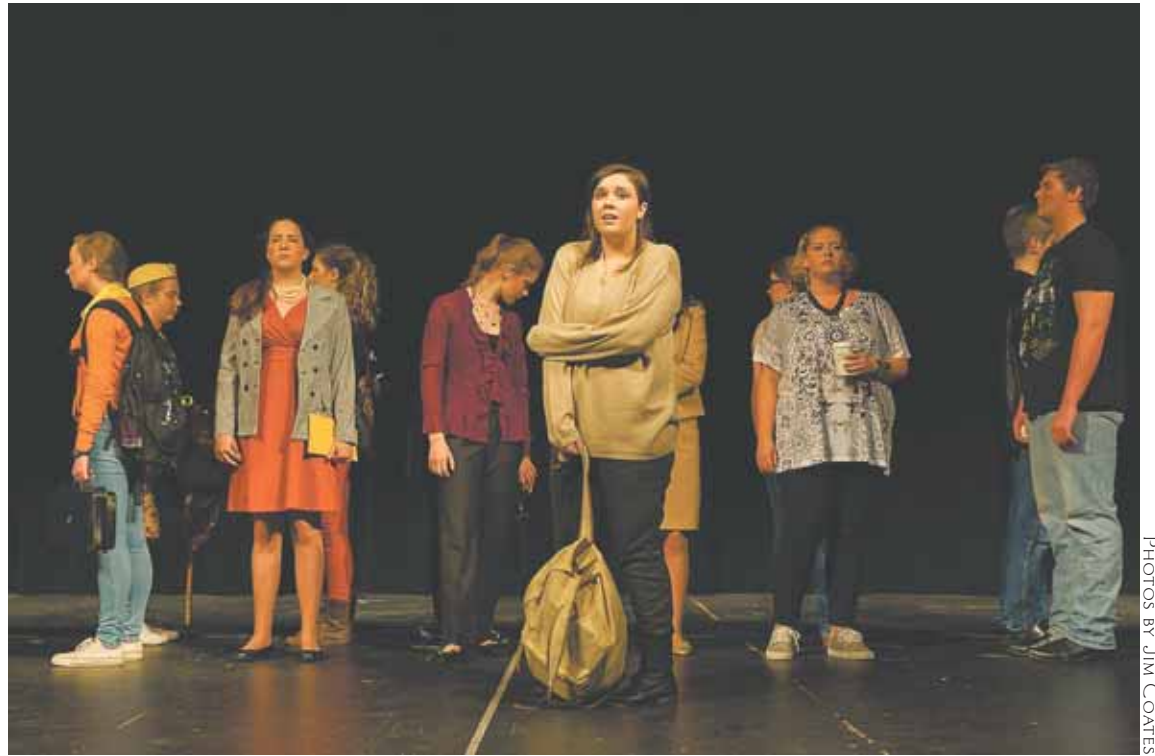
Marymount University is one of nearly 100 colleges and universities working together on a national initiative to promote civic learning and democratic engagement. Named a lead institution by NASPA – Student Affairs Administrators in Higher Education, Marymount will continue to encourage its students' civic development through

community partnerships, leadership opportunities and democratic participation. Marymount has also been named a military friendly school for the fifth straight year by Victory Media Inc., a veteran-owned business that publishes G.I. Jobs Magazine. The 2015 list honors the top 20 percent of colleges, universities and trade schools serving students who are members of the U.S. military, veterans and their families.

Edwin W. Howard has earned a place on the Idaho State University 2014 summer semester dean's list for the College of Arts and Letters.

SEE SCHOOLS, PAGE 8

SCHOOLS



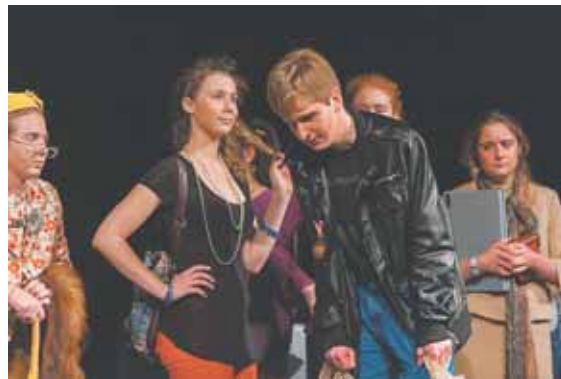
PHOTOS BY JIM COATES

Sarah Malks, Katie Dawkins, Eileen Connon, Margot Day, Anna Cregan, Katy Scruggs and Fox Nelson.

Yorktown Presents 'The Long View'

On a seemingly ordinary day, a fight occurs at a high school when Travis, a bully, confronts his ex-girlfriend and her new boyfriend, Nate. Though the actual encounter lasts only a moment, the effects of the incident linger in the memories and lives of all those who witness it. "The Long View" explores the repercussions, both short term and long, of a single

event in a person's life. Students in the Yorktown High School Theatre Arts raised the curtain on Alan Haehnel's one-act play last weekend. The students will be performing the play again this weekend at the Virginia Theatre Arts Association conference and again in January at the Virginia High School League competitions. "The Long View" was directed by Carol Cadby with student director Dorie Sullivan.



Katie Dawkins, Elina Kent, Warren McQueary and Jacqui Anders



Jake Smerchansky, Katie Dawkins, Margot Day and Jacqui Anders.



Anna Cregan, Juliet Smith, David Craighead, Fox Nelson

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NEWS



PHOTOS CONTRIBUTED



Supporting Susan's Place

More than 40 volunteers from Navy Federal Credit Union gathered at 6:30 a.m. on a chilly Saturday morning, Oct. 4, at the Susan's Place Program operated by New Hope Housing in Arlington County. They were volunteering as part of a Rebuilding Together Arlington/Fairfax/Falls Church project – one of 60 home repair projects they perform every year. The volunteers performed such tasks as painting several bedrooms and pouring concrete to expand the driveway. They also put new shelves in the pantry and then stocked it with donated groceries. Susan's Place is a "Safe Haven" program, providing permanent supportive housing to adults with serious and persistent mental health challenges who have been resistant to other forms of housing or shelter. Visit www.newhopehousing.org

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Peter Rousselot, former Chair of Arlington County Democratic Committee
"I am particularly impressed by Barbara's pledge to be budget-minded by prioritizing funding for teachers and classroom learning."

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ELECTIONS '14

Vihstadt Fights To Keep Seat

FROM PAGE 3

from being out campaigning ... but the biggest challenge has been finding enough time during the campaign to get some sleep.”

With so many overlapping events, Vihstadt also says it can be difficult trying to honor every commitment and invitation that comes through his office. That toll is offset by Vihstadt’s favorite part of the campaign: meeting new people and reconnecting with old acquaintances.

Vihstadt and his opponent have similar agendas with regards to education. For Vihstadt, whose two sons went through the Arlington public school system, the issue of public education has personal and economic implications.

“Maintaining strong public schools is probably the number one economic advantage that Arlington has other than location,” said Vihstadt.

“Therefore its vital that we maintain or improve the strength of our public schools. We’re

facing increased economic challenge. The District of Columbia has come roaring back, the Silver Line is taking people out towards Fairfax ... Fairfax is more competitive than it used to be, so is the District. We’ve got to pick up our game ... I have advocated for passage of the 2014 school bond. I worked successfully with my colleagues to free up additional bonding authority this year to provide for schools’ capacity funding.

Vihstadt opposes the streetcar, but emphasizes that this is largely because funds from that streetcar could be used to fund other transportation projects, particularly an overhaul of Alexandria’s bus system.

“There are so many different transportation funding pots,” said Vihstadt. “We can take a lot of that 500 million [dollars] sucked into that streetcar sink hole and put that into other transportation projects in Arlington.”

While many in favor of the streetcar see it as an extension of the mass transit system started

with the Metro, Vihstadt dismissed the comparison and laid out three major differences between the Metro and the Columbia Pike Streetcar.

The citizens of Arlington voted to approve the Metro where the streetcar is voted on by the County Board. The Metro connects two states and the District of Columbia, while the streetcar connects Fairfax and Arlington counties. Finally, Vihstadt has concerns with the streetcar operating in mixed traffic. Any obstacle the streetcar faced would create instant gridlock, a problem that a bus system would not suffer from.

With the citizens of Arlington being kept away from the streetcar vote and other projects, Vihstadt feels that much of the community has come to see him as a voice for their concerns.

“We’re excited, we’re energized,” said Vihstadt, “and we feel we have the momentum and message to go the distance.”

Howze Campaigns for Comeback

FROM PAGE 3

Columbia Pike Streetcar. Similar to the Tide planning to expand down to Virginia Beach, there are hopes that the Columbia Pike Streetcar will eventually stretch into Alexandria. Alexandria has declined the project in its present development stage, but Howze believes this may change once Alexandria finishes with its current transportation projects.

Howze also believes investing in the streetcar can help alleviate Arlington’s cost of up-grading and maintaining road projects.

“Contrast [the streetcar] with the road investments that have been made in the region,” said Howze. “I don’t hear the other side yelling about that. We’ve spending half a billion [dollars], the same cost as the streetcar, for one I-66 interchange at Route 29. The spending we’re doing on roads dwarfs our spending on transit. Additional spending on roads induces additional demand. Transit provides congestion benefits, economic benefits and environmental benefits that roads don’t.”

While the campaign has brought the issue of the streetcar to the forefront, Howze’s main focus is on education. Particularly, Howze is concerned with overcrowding in the schools, and an increase he says can be planned for by looking at pre-Kindergarten statistics.

“If you look at the data, there’s been an increase in the population for school growth,” said Howze. “You can feel that in the neighborhoods before you see it in the school numbers.

When we moved back to Arlington, my son was one [year old], and there were lots of toddlers in the neighborhoods. You could see that they weren’t going to show up in the school numbers for a couple of years but they were in the neighborhoods. You can see that they caught the school by surprise, so we’re having to catch up now.”

The growth in the schools shows no signs of slowing, and the stress on the system is starting to show. Howze noted that in many schools there are no art classes because there’s no space

in the school, so they’ve had to reduce these classes to carts wheeled around to the school.

These are concerns Howze has heard across Arlington, often in neighborhoods he’d never been to before the campaign started. For Howze, getting to find new spots around the city is the best part of the campaign.

“You end up on streets you never knew existed,” said Howze, specifically referencing a memorial service for Dr. Talmage Williams, an Arlington Civil Rights leader who died earlier in October, at a church on Route 50 he’d never seen before he attended the ceremony. At each of the locations he’s visited, he’s gotten similar feedback from Arlingtonians.

“People have very high expectations of Arlington and of how their local government should perform,” said Howze. “By and large they’re pleased with how their government is performing.”

For Howze, this is an endorsement of the Democratic leadership in the city; one he hopes will extend to him on Election Day.

BULLETIN BOARD

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OCTOBER

National NeighborWoods Month.

Alliance for Community Trees and CSX are partnering with local greening organizations to strengthen and reestablish urban tree canopies. As part of ACTrees’ National NeighborWoods Month in October, 30 communities across the country will receive CSX Tree Giveaway Grants and CSX Restoration Grants. Find specific dates, times and locations on the website: <http://actrees.org/news/media-center/actrees-news/actrees-and-csx-announce-national-neighborwoods-tree-plantings-and-giveaways>.

THURSDAY/OCT. 23

Rabies and Microchipping Clinic.

6:30 - 8:30 p.m. Animal Welfare League of Arlington, 2650 South Arlington Mill Drive. Rabies shot: \$10, microchip (including registration) \$30. Bring a proof of prior rabies shot (certificate, not tag) to get a three-year rabies shot. Without it, pets will receive a one-year shot. Waiting is outdoors, dress for weather. All dogs must be leashed and cats must be in carriers. Cash payment preferred. Visit awla.org.

FRIDAY/OCT. 24

Healthy Aging Lecture Series. 11 a.m.-noon at 601 S. Carlin Springs Road, Arlington. 2014-2015 Medicare Update with John Glowacky of Arlington County ADSD. Every year there are changes made with the Medicare coverage. It is always advised to stay up to date

with these changes to avoid any medical billing mishaps. Free. Call 703-558-6859 to RSVP.

Senior Programs 60th Diamond Jubilee. 5-8 p.m. NRECA building, 4301 Wilson Boulevard. A celebration of senior citizens clubs’ growth. Visit www.arlingtonva.us or call 703-228-4744.

SUNDAY/OCT. 26

Voter Information Session. 1 p.m. at Arlington Central Library, 1015 N. Quincy St. Linda Lindberg from the Arlington County Voter Registration Office will answer questions and discuss how the new voter identification laws will work. Call 703-228-5990 for more.

MONDAY-TUESDAY/OCT. 27-28
Military Officers Association of America’s Annual Meeting and Events. Sheraton Pentagon City

Hotel, 900 South Orme St. Highlights include a free military career fair, informational seminars and the Community Heroes Award night that spotlights the efforts of local citizens and uniformed service members who support troops, military families and veterans. Sen. Elizabeth Dole will receive the MOAA Military Family National Service Award. Visit www.moaa.org/2014AnnualMeeting/#registration.

MONDAY/OCT. 27

Bullying Discussion. 7 p.m. at Arlington Central Library Auditorium, 1015 N. Quincy St. Meg Medina, Latina childrens writer, will discuss the serious issue of bullying. Call 703-228-5996 for more.

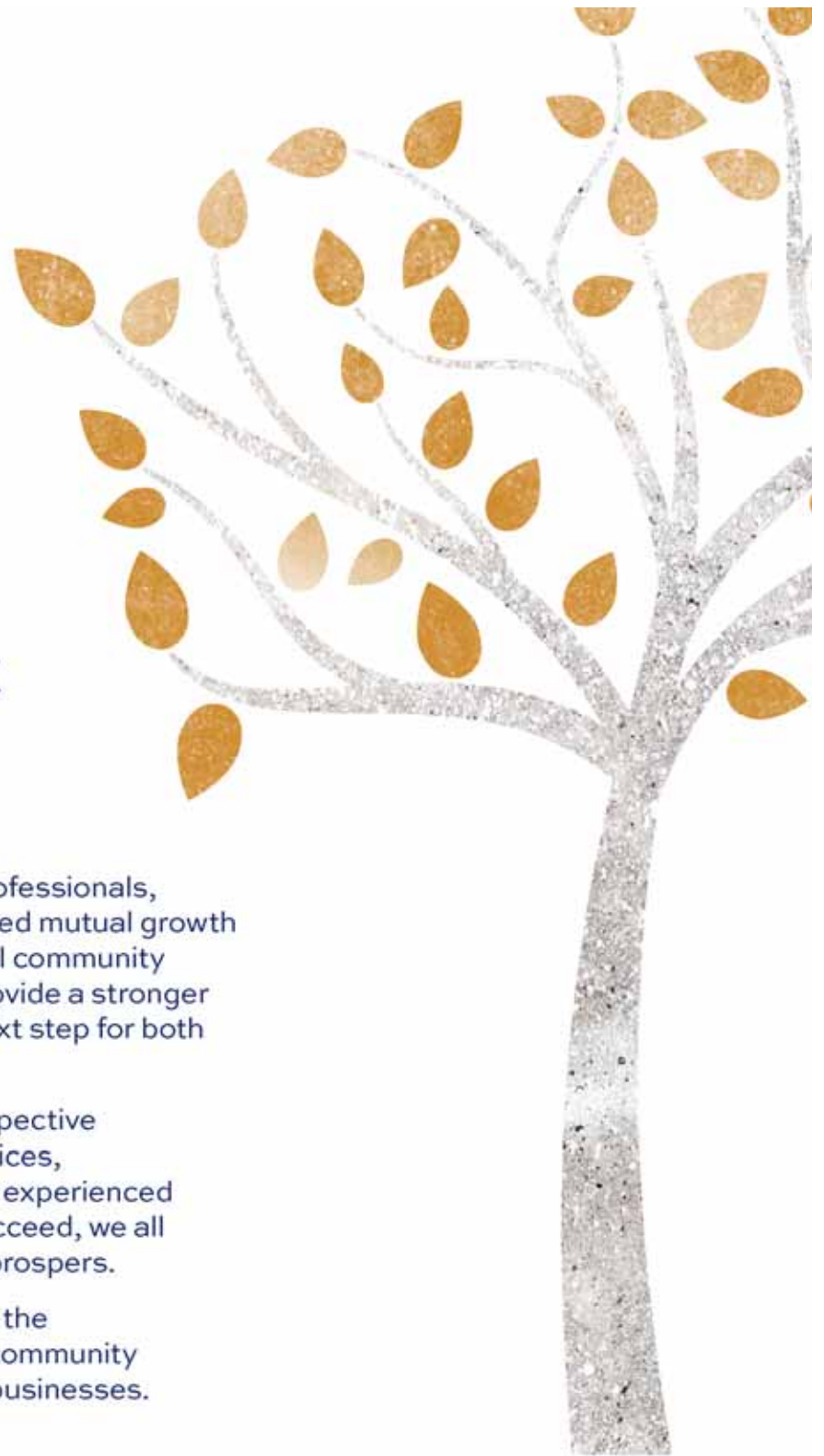
WEDNESDAY/OCT. 29

Arlington’s Annual Community

SEE BULLETIN BOARD. PAGE 9

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NEWS

SCHOOL NOTES

FROM PAGE 4

The National Achievement Scholarship Program announced that five Arlington Public Schools seniors have been named National Achievement Scholarship Semifinalists. The students will join more than 1,600 black American high school seniors who have been designated semifinalists in the 51st annual Achievement Scholarship competition.

Washington-Lee High School: **Rim M. Haile, Adriana M. Mitchell** and **Brandi E. Moore.**

Yorktown High School: **Lauren N.**

Miller and Elijah R. Taylor

Lysa Diarra, a graduate of Washington-Lee High School; and **Aynalem Regassa**, a graduate of H.B. Woodlawn High School are members of Lafayette's Class of 2018. Students were selected from 7,850 applicants. Lafayette College is located in Easton, Pa.

Jessica Neupane, the daughter of Ram and Goma Neupane of Arlington, has been elected Secretary of Randolph-Macon Academy's chapter of the National Social Studies Honor Society. Jessica is a senior at the Academy.




Sparket

Customers stop to shop at the Sparket Creative Market during their lunch hour as they walk down Crystal Drive on Wednesday. The market is open every Wednesday from 11 a.m. to 2 p.m. along the sidewalk in front of 1900 Crystal Drive. See <http://www.crystalcity.org/item/sparket-a-creative-market#sthash.m6tBr49i.dpuf>



Visitors can view Haitian art at the Three Stone Steps stand.

PHOTOS BY LASHAWN AVERY/THE CONNECTION



ideal

Insight into Determinants of Exceptional Aging and Longevity

www.nia.nih.gov/ideal

Why do some people reach age 80, 90, and older living free of physical and cognitive disease? National Institute on Aging (NIA) researchers on the Baltimore Longitudinal Study of Aging (BLSA) are exploring this question through the IDEAL (Insight into Determinants of Exceptional Aging and Longevity) Study. Although research exists on the relationship between long life and functional decline, we still know relatively little about why certain individuals have excellent health well into their 80's while others experience disease and physical decline earlier in life.

IDEAL Study participants can help NIH researchers uncover secrets of healthy aging


Participants are 80 years or older and:

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National Institute on Aging

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BULLETIN BOARD

FROM PAGE 6

Meeting on Homelessness. 7-8:30 p.m. NRECA Conference Center, 4301 Wilson Blvd., Arlington. Free parking in garage, enter on North Taylor Street. Learn about Arlington families, individuals and veterans who are homeless and discover ways to help end homelessness in Arlington. Visit www.arlingtonva.us.

SATURDAY/NOV. 1

4th Annual Community Health Fair. 11 a.m.-2 p.m. Walter Reed Community/Senior Center, 2909 South 16th St., Arlington. Fair will include free blood pressure, diabetes, glaucoma, HIV/AIDS and hearing screenings. Free dental screenings for children, fitness demonstrations, flu shots and speakers regarding heart disease, nutrition, cancer awareness, health care referral resources and the future of social security. Call 703-228-0955.

WEDNESDAY/NOV. 5

History Workshop. 6:30 to 8:45 p.m. at Arlington Central Library, 2nd Floor Multi-Purpose Room, 1015 N Quincy St. Participants will learn how to research the history of their own home or any historic property in Arlington. Visit www.arlingtonhistoricalsociety.org for more.

FRIDAY/NOV. 7

Meet Local State Legislators. 9:45-11:30 a.m. Fairlington Community Center, 3304 South Stafford St., Arlington. Senators and Delegates representing Arlington and Alexandria have been invited to participate to provide an opportunity for the public to discuss aging issues with them prior to the General Assembly Session that begins in January 2015. Visit www.commissions.arlingtonva.us/coa, email arlaaa@arlingtonva.us or call 703-228-1700.

SATURDAY/NOV.8

Become a Foster Parent. 10 a.m.-noon. Learn how to become a foster parent at this information session. Call 703-228-1550 or visit www.arlingtonva.us/fostercare.

SUNDAY/NOV. 9

Jewish Genealogy. 5 p.m. Volunteer Room, Unitarian Universalist Church of Arlington, 4444 Arlington Blvd. Rabbi Leila Gal Berner will be co-teaching with genealogist Julian Preisler. Email admin@kolaminvrc.org for more.

MONDAY/NOV. 10

Cold War Lecture. 3-4:30 p.m. Arlington Central Library, 1015 Quincy St., Arlington. Part of Encore Learning's fall lecture series "Meet the Speaker." Gary Powers Jr. will speak on various Cold War events, including the 1960 U-2 incident involving his father. A book signing will follow the presentation. Call 703-228-2144.

WEDNESDAY/NOV. 12

Home Garden Design. 6:30 p.m. at Arlington Central Library, 1015 N. Quincy St. Rick Darke, a nationally known landscape design consultant and award-winning author, will discuss how to design home gardens that are both beautiful and able to support a broad array of wildlife. Booksigning at 6:30, talk begins at 7 p.m. Free, open to the public. Registration required at mgvn.org or 703-228-6414.

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Foundation Honors Reinsch

The Arlington Community Foundation's Board of Trustees recently selected Lola C. Reinsch as the recipient of the 2014 William T. Newman, Jr. Spirit of Community Award.

The award is named in honor of the Foundation's Founder and President Emeritus William T. Newman, Jr. and was established to recognize an individual who has demonstrated exceptional leader-



Reinsch

entrepreneurial footsteps of her parents. She is the chief executive

ship and made an extraordinary contribution to the Arlington community.

Reinsch, raised in Arlington, followed in the

officer of the E.G. Reinsch Companies, developing and managing both commercial and residential real estate, primarily rental apart-

ments. The Spirit of Community Award Luncheon will be hosted on Nov. 12 at the Sheraton Pentagon City Hotel. To become a sponsor or to RSVP, visit <http://bit.ly/2014soc> or contact Brenda Bengochea at bbengochea@arlc.org.

"Flourishing After 55" from Arlington Office of Senior Adult Programs.

Senior centers: Lee, 5722 Lee Hwy.; Langston-Brown, 2121 N. Culpeper St.; Culpepper Garden, 4435 N. Pershing Dr.; Walter Reed, 2909 S. 16th St.; Arlington Mill, 909 S. Dinwiddie St.; Aurora Hills, 735 S. 18th St.

Senior trips: Sunday, Nov. 2, Eastern Market, D.C., \$8; Monday, Nov. 3, National Cryptologic Museum, Annapolis, \$9; Wednesday, Nov. 5, Tea at Hunters Head Tavern, Upperville, \$26; Friday, Nov. 7, Mariner Corps National Museum, Quantico, \$8; Saturday, Nov. 8, Arena Stage, "Fiddler on the Roof," \$77. Call Arlington County 55+ Travel,

703-228-4748. Registration required. **ICHI Health Fair**, Saturday, Nov. 1, 11 a.m. - 2 p.m., Walter Reed. Free. Details, 703-228-0955.

Home care information seminar, Monday, Nov. 3, 1 p.m.-3 p.m., Lee. Free. Register, 703-228-0555.

Brain fitness exercises, Monday, Nov. 3, 10:30 a.m., Walter Reed. Free. Register, 703-228-0955.

Saving valuable art during WWII in Europe, Monday, Nov. 3, 1 p.m., Lee. Cost \$6. Register, 703-228-0555.

Veterans Day exhibit, document, books on WWII, Monday, Nov. 3 through Friday, Nov. 7, 10 a.m.-2 p.m., Culpepper Garden. Free. 703-228-4403.

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Culinary Goal

FROM PAGE 3

a job to make some extra money in a local restaurant and bar. It was like being on a team again. I liked the social aspect of it. It wasn't a desk job."

His love of the restaurant business led him to move to Boston, where he took his first role in the kitchen.

"I worked at TGI Friday's, where they asked if I knew how to cook," Recher said. "I must have made a thousand burgers. I learned how to survive in a kitchen, learned how to be consistent and fast, and how to work with other people."

From there, he worked in the kitchen of the Reston Hyatt as one of the chef's apprentices. He then became the assistant chef at the Market Street Bar and Grill next door.

In 20-plus years since his apprenticeship in Reston, he has worked in restaurants and hotels up and down the Eastern seaboard, gleaning lessons and perfecting techniques from a multitude of accomplished chefs.

His return to the D.C. Metropolitan area was to help open the Doyle Washington in Dupont Circle.

As the executive chef working with the food and beverage director, he learned how to work around the clock, creating breakfast, lunch and dinner for hundreds of hotel guests every day.

Recher's first competition was an ACF gumbo competition in Annapolis, Md., which is how he first became involved with the ACF.

"There was a gumbo cookoff going on in Annapolis, and it was only open to chefs in ACFs, and my job paid for me to join it," Recher said. "I was a restaurant guy. I thought it was mainly for teachers and club chefs, but I found opportunity for everyone. Then a year later they held their national convention, where I was surrounded what seemed like thousands of chefs in white coats. I met some amazing people and learned so much in one day that I really got excited about the AFC and what it could offer me."

Recher, who is already an ACF Certified Executive Chef, is on his way to achieving CMC status at the end of this month. While he has no intention of leaving his current job, Recher said the title of Certified Master Chef is a huge personal goal.

"I love being a chef at the Army Navy Club, so it's not going to change that, but for me to be involved in this is a personal goal,"

Recher said. "Being a chef is not just a job for us, it's a life. It is a personal sense of accomplishment that I have been working on since I was 20 years old."

It has already been a busy year for Recher without a grueling, all hands-on eight-day exam in Los Angeles. He has already watched the Army Navy Country Club earn a spot on the Platinum Clubs of America 2014 list, a sought-after status for country clubs around the nation.

"I've been over there just over a year," Recher said. "When I was brought on, they just build a brand new club house. There are six restaurants and five kitchens; it's a huge place. I was brought in there to help invent the culinary program for the new club house. We are now ranked 91st in the country, and the top 4 percent of clubs. It has been a tremendous experience."

Recher said he has learned so much from other ACF certified chefs over the years through a multitude of classes he has taken and competitions he has entered. Nowadays, he spends much time teaching other chefs in his kitchen as well.

He said that while he is of course nervous, he is honored to be part of such a great network and its prestigious certification process, which at the end of the day prioritizes food over frills.

"It's such a gamut we all will be tested on," Recher said. "That's something I like about ACF and the certified chef programs. It recognizes that food is food."

One of the chefs that Recher has hailed as an inspiration during his career thus far has been Arnone. The two have been acquainted for roughly eight years, having met when Recher was president of a local AFC chapter.

"I was invited to come judge a competition," Recher said. "We stayed in touch afterward. As the Certified Master Chef, I feel it's important to keep mentoring chefs interested in the pursuit of this goal, or any level of certification. That's most of our community. We try to help coach and identify a chef's paths of success."

Arnone said that even without the CMC credentials, Recher demonstrates the ideal qualities of an AFC chef.

"He is incredibly passionate about food and the process of continuing to learn and grow," Arnone said. "He is always giving back. He is a true professional and a great representative of chefs in our industry."

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4050 LORCOM LN	4	4	2	ARLINGTON	\$1,800,000	Detached	0.19	22207	LEE HEIGHTS
5624 34TH ST N	6	5	1	ARLINGTON	\$1,775,000	Detached	0.24	22207	CRESCENT HILLS
1421 NASH ST	3	4	2	ARLINGTON	\$1,775,000	Townhouse	0.02	22209	BROMPTONS AT MONUMENT PLACE
2735 LORCOM LN	5	4	1	ARLINGTON	\$1,698,000	Detached	0.22	22207	WOODMONT
6106 30TH ST N	5	4	1	ARLINGTON	\$1,670,000	Detached	0.18	22207	FALLSVIEW
4020 RANDOLPH ST N	5	4	1	ARLINGTON	\$1,599,000	Detached	0.26	22207	ARLINGWOOD
2324 QUEBEC ST N	5	5	1	ARLINGTON	\$1,570,000	Detached	0.20	22207	FARRINGTON RIDGE
3859 UPLAND ST	5	4	1	ARLINGTON	\$1,500,000	Detached	0.28	22207	GOLF CLUB MANOR
2916 2ND ST N	5	4	1	ARLINGTON	\$1,415,000	Detached	0.13	22201	LYON PARK
445 MONROE ST N	4	3	1	ARLINGTON	\$1,400,000	Detached	0.21	22201	ASHTON HEIGHTS
1819 STAFFORD ST	5	4	1	ARLINGTON	\$1,387,500	Detached	0.16	22207	GLEBE HIGHLANDS
3837 TAZEWELL ST	2	3	2	ARLINGTON	\$1,300,000	Townhouse	0.12	22207	THE GLEBE
1201 NASH ST #602	2	2	1	ARLINGTON	\$1,300,000	Mid-Rise 5-8 Floors		22209	MEMORIAL OVERLOOK
6559 24TH ST N	4	4	1	ARLINGTON	\$1,295,000	Detached	0.14	22205	BERKSHIRE OAKWOOD
2001 15TH ST N #1106	2	2	0	ARLINGTON	\$1,280,000	Hi-Rise 9+ Floors		22201	THE ODYSSEY
1133 STUART ST N	5	4	1	ARLINGTON	\$1,260,000	Detached	0.17	22201	BALLSTON
2703 11TH ST N	3	3	2	ARLINGTON	\$1,220,000	Townhouse	0.03	22201	CLARENDON PARK
5935 18TH ST N	4	3	2	ARLINGTON	\$1,175,000	Detached	0.17	22205	WESTOVER
2145 PIERCE CT N	3	4	1	ARLINGTON	\$1,172,500	Townhouse	0.05	22209	PALISADES PARK
1610 QUEEN ST #231	2	2	1	ARLINGTON	\$1,139,900	Mid-Rise 5-8 Floors		22209	GASLIGHT SQUARE
2015 IVES ST	5	4	1	ARLINGTON	\$1,126,000	Detached	0.14	22202	ADDISON HEIGHTS
1512 COLONIAL CT N	4	3	2	ARLINGTON	\$1,125,000	Townhouse	0.05	22209	HIGHGATE
2313 STUART ST N	3	3	1	ARLINGTON	\$1,107,000	Detached	0.27	22207	LEE HEIGHTS
1402 ABINGDON ST N	3	3	1	ARLINGTON	\$1,065,000	Detached	0.21	22207	WAYCROFT - WOODLAWN
4416 41ST ST N	4	3	0	ARLINGTON	\$1,050,000	Detached	0.23	22207	GOLF CLUB MANORS
1881 NASH ST #401	2	2	0	ARLINGTON	\$1,042,821	Hi-Rise 9+ Floors		22209	TURNBERRY TOWER
4907 29TH ST N	4	2	1	ARLINGTON	\$997,000	Detached	0.23	22207	SHIRLEY WOODS
1686 QUINN ST N	4	3	1	ARLINGTON	\$992,000	Townhouse	0.02	22209	BROMPTONS AT ROSSLYN
2600 12TH ST N	2	1	0	ARLINGTON	\$990,000	Detached	0.14	22201	CLARENDON COURTHOUSE
1400 21ST ST S	4	3	2	ARLINGTON	\$955,000	Detached	0.12	22202	ARLINGTON RIDGE
1304 DANVILLE ST N	3	2	1	ARLINGTON	\$945,000	Townhouse	0.02	22201	CLARENDON PARK
2805 11TH ST N	3	2	1	ARLINGTON	\$930,000	Townhouse	0.02	22201	CLARENDON CENTER
4122 LORCOM LN	3	3	1	ARLINGTON	\$915,000	Detached	0.22	22207	LEE HEIGHTS
4648 2ND ST S	4	3	1	ARLINGTON	\$895,400	Detached	0.11	22204	BARCROFT
774 WAKEFIELD ST	3	3	0	ARLINGTON	\$895,000	Townhouse	0.02	22203	BALLSTON VILLAGE
3822 TAZEWELL ST	3	2	2	ARLINGTON	\$885,000	Townhouse	0.05	22207	THE GLEBE
4804 8TH RD N	5	3	1	ARLINGTON	\$868,000	Detached	0.11	22203	SPRINGDALE
6112 22ND RD N	4	2	0	ARLINGTON	\$860,000	Detached	0.14	22205	OVERLEE KNOILLS
4428 WASHINGTON BLVD	4	4	0	ARLINGTON	\$855,000	Townhouse	0.02	22201	BALLSTON AREA TH
4883 OLD DOMINION DR	4	2	0	ARLINGTON	\$850,000	Detached	0.17	22207	ARLINGTON
6051 28TH ST N	4	4	0	ARLINGTON	\$845,000	Detached	0.14	22207	BERKSHIRE OAKWOOD
831 21ST ST S	3	2	0	ARLINGTON	\$805,575	Detached	0.14	22202	ADDISON HEIGHTS
901 MONROE ST N #1405	3	2	1	ARLINGTON	\$800,000	Hi-Rise 9+ Floors		22201	VIRGINIA SQUARE
1935 UPTON ST N	3	2	0	ARLINGTON	\$798,500	Detached	0.13	22207	WAVERLY HILLS
1622 RANDOLPH ST	4	3	0	ARLINGTON	\$790,000	Detached	0.14	22207	BALLSTON
5410 11TH ST N	4	2	0	ARLINGTON	\$778,000	Detached	0.17	22205	LACEY FOREST
3501 13TH ST S	3	3	1	ARLINGTON	\$776,000	Townhouse	0.06	22204	MAJESTIC OAK
130 PERSHING DR S	3	3	0	ARLINGTON	\$775,000	Detached	0.11	22204	BARCROFT
2236 BUCHANAN ST N	3	2	0	ARLINGTON	\$758,500	Detached	0.14	22207	COUNTRY CLUB
1418 RHODES ST N #B129	2	2	1	ARLINGTON	\$755,000	Garden 1-4 Floors		22209	RHODES HILL SQUARE
1700 TAYLOR ST N	5	2	0	ARLINGTON	\$750,000	Detached	0.15	22207	WAVERLY HILLS
906 EDISON ST	4	2	0	ARLINGTON	\$744,500	Detached	0.14	22205	SUMMIT & VEITCH
5931 4TH ST N	3	3	0	ARLINGTON	\$739,000	Detached	0.17	22203	BIVD MANOR
3805 14TH ST S	3	3	0	ARLINGTON	\$730,000	Detached	0.25	22204	DOUGLAS PARK
1300 CRYSTAL DR #PH13	2	2	1	ARLINGTON	\$725,000	Hi-Rise 9+ Floors		22202	ARLINGTON
2106 TAZEWELL CT	3	3	1	ARLINGTON	\$725,000	Townhouse	0.02	22207	TAZEWELL PLACE
1014 ROCHESTER ST	4	3	0	ARLINGTON	\$721,000	Detached	0.16	22205	MADISON MANOR
4295 VACATION LN	4	3	0	ARLINGTON	\$716,000	Detached	0.23	22207	LEE HEIGHTS
1423 RHODES ST #302	2	2	0	ARLINGTON	\$715,000	Garden 1-4 Floors		22209	1423 N. RHODES ST
2816 YUCATAN ST	4	3	0	ARLINGTON	\$715,000	Detached	0.23	22213	ARLINGTON
416 S GARFIELD ST	4	2	1	ARLINGTON	\$710,100	Detached	0.14	22204	ARLINGTON HEIGHTS
2541 MILITARY RD	4	3	0	ARLINGTON	\$710,000	Detached	0.26	22207	LEE HEIGHTS
618 S. BARTON ST	3	2	0	ARLINGTON	\$700,000	Detached	0.18	22204	ARLINGTON HEIGHTS
5945 10TH ST N	3	2	0	ARLINGTON	\$700,000	Detached	0.15	22205	DOMINION HILLS
542 LANCASTER ST S	4	2	1	ARLINGTON	\$690,000	Detached	0.14	22204	LANCASTER LANE
980 MADISON ST N	4	2	0	ARLINGTON	\$690,000	Detached	0.14	22205	DOMINION HILLS
1818 GEORGE MASON DR N	3	3	1	ARLINGTON	\$685,000	Townhouse	0.08	22205	TARA TOWNE
2720 ARLINGTON MILL DR#904	2	2	0	ARLINGTON	\$680,000	Hi-Rise 9+ Floors		22206	SHIRLINGTON VILLAGE
1447 LANCASTER ST N	3	1	1	ARLINGTON	\$675,000	Detached	0.13	22205	WESTOVER
836 LEXINGTON ST N	3	2	0	ARLINGTON	\$675,000	Detached	0.11	22205	BONAIR
1800 WILSON BLVD #428	2	2	0	ARLINGTON	\$661,500	Mid-Rise 5-8 Floors		22201	WILSON BOULEVARD
4710 2ND ST N	3	3	0	ARLINGTON	\$655,000	Detached	0.16	22203	ARLINGTON FOREST
2407 GREENBRIER CT	3	3	1	ARLINGTON	\$650,000	Townhouse	0.02	22207	GREENBRIER COURT
2707 1ST PL S	4	2	1	ARLINGTON	\$645,000	Detached	0.14	22204	ARLINGTON HEIGHTS
2144 QUEBEC ST	3	2	0	ARLINGTON	\$645,000	Detached	0.12	22207	CHERRYDALE
1201 GARFIELD ST N #206	2	2	0	ARLINGTON	\$640,000	Mid-Rise 5-8 Floors		22201	STATION SQUARE
5123 25TH RD N	3	2	0	ARLINGTON	\$640,000	Detached	0.14	22207	GARDEN CITY
669 ILLINOIS ST S	5	2	0	ARLINGTON	\$639,000	Detached	0.14	22204	FOREST GLEN
2720 ARLINGTON MILL DR#1012	2	2	0	ARLINGTON	\$635,000	Hi-Rise 9+ Floors		22206	SHIRLINGTON VILLAGE
1708 POLLARD ST	4	2	0	ARLINGTON	\$634,900	Detached	0.19	22204	DOUGLAS PARK
1106 ROCKINGHAM ST N	3	2	1	ARLINGTON	\$630,000	Detached	0.16	22205	MANOR
6701 WASHINGTON BLVD #C	3	2	2	ARLINGTON	\$625,000	Townhouse		22205	LAUREL MEWS
2513 MCKINLEY ST	2	1	2	ARLINGTON	\$625,000	Detached	0.10	22207	LEE LEXINGTON
622 N FLORIDA ST	3	2	0	ARLINGTON	\$620,000	Detached	0.17	22203	BRANDON VILLAGE
894 KENTUCKY ST	3	2	0	ARLINGTON	\$617,000	Detached	0.12	22205	BROCKWOOD
5722 20TH ST N	4	1	0	ARLINGTON	\$615,000	Detached	0.23	22205	JACKSON TERRACE
6094 9TH RD N	3	2	0	ARLINGTON	\$610,000	Detached	0.14	22205	NONE
1504 POTOMAC ST	3	2	0	ARLINGTON	\$605,000	Detached	0.17	22205	WESTOVER POSTORIA
6295 15TH PL N	4	2	0	ARLINGTON	\$602,000	Detached	0.18	22205	MADISON MANOR
3217 6TH ST S	2	2	0	ARLINGTON	\$600,000	Detached	0.11	22204	ARLINGTON HEIGHTS
3901 13TH ST S	3	2	0	ARLINGTON	\$600,000	Detached	0.14	22204	DOUGLAS PARK
6965 FAIRFAX DR	3	3	0	ARLINGTON	\$595,975	Townhouse	0.03	22213	BROOKWOOD
2119 OAKLAND ST	4	4	1	ARLINGTON	\$592,000	Detached	0.12	22204	DOUGLAS PARK
851 GLEBE RD #1205	2	2	0	ARLINGTON	\$587,500	Hi-Rise 9+ Floors		22203	CONTINENTAL
4135 36TH ST S #823	3	3	0	ARLINGTON	\$585,000	Townhouse		22206	FAIRLINGTON GLEN
4808 FAIRFAX DR #1	2	2	0	ARLINGTON	\$584,900	Townhouse		22203	BALLSTON WALK
1948 CLEVELAND ST #1	2	2	1	ARLINGTON	\$583,000	Townhouse		22201	CAIVERT COURT TOWNHOMES
5318 CARLIN SPRINGS RD N	2	1	0	ARLINGTON	\$580,000	Detached	0.14	22203	ARLINGTON FOREST
705 FLORIDA ST	4	2	1	ARLINGTON	\$580,000	Detached	0.18	22204	FOREST GLENN
2351 9TH ST S	2	3	1	ARLINGTON	\$579,900	Townhouse	0.03	22204	ADAMS COURT
1320 WAYNE ST N #207	2	2	0	ARLINGTON	\$569,000	Garden 1-4 Floors		22201	COURTHOUSE HILL
2113 BUCHANAN ST S	4	2	0	ARLINGTON	\$565,000	Detached	0.15	22206	CLAREMONT
1717 LOWELL ST	2	2	0	ARLINGTON	\$563,000	Detached	0.15	22204	DOUGLAS PARK
2844 FORT SCOTT DR	3	1	0	ARLINGTON	\$550,000	Detached	0.18	22202	OAKCREST

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In September 2014, 229 Arlington homes sold between \$2,183,767-\$63,000. This week’s list represents those homes sold in the \$2,183,767-\$229,000 range. For the complete list, visit www.ConnectionNewspapers.com

Address	BR	FB	HB	Postal City ..	Sold Price ...	Type	Lot AC	PostalCode	Subdivision
2526 WALTER REED DR #E	3	2	2	ARLINGTON	\$549,000	Townhouse		22206	WINDGATE VILLAGE I
2200 WESTMORELAND ST N#519	2	2	0	ARLINGTON	\$545,000	Mid-Rise 5-8 Floors		22213	WESTLEE
1201 GARFIELD ST #310	2	1	1	ARLINGTON	\$544,000	Mid-Rise 5-8 Floors		22201	CLARENDON
1101 ARLINGTON RIDGE RD#414	2	2	1	ARLINGTON	\$535,000	Hi-Rise 9+ Floors		22202	TOP OF ARLINGTON RIDGE RD.
2508C ARLINGTON MILL DR S#3	3	3	1	ARLINGTON	\$534,000	Townhouse		22206	WINDGATE II
1021 GARFIELD ST #632	1	1	0	ARLINGTON	\$530,000	Hi-Rise 9+ Floors		22201	CLARENDON 1021
2315 KENMORE ST N	2	1	0	ARLINGTON	\$530,000	Detached	0.09	22201	MAYWOOD
1749 SOUTH HAYES ST #1	3	2	1	ARLINGTON	\$530,000	Townhouse		22202	SOUTHAMPTON CONDO
888 QUINCY ST N #1404	1	1	0	ARLINGTON	\$530,000	Hi-Rise 9+ Floors		22203	THE RESIDENCES AT LIBERTY CTR
2200 WESTMORELAND ST#410	2	2	0	ARLINGTON	\$530,000	Mid-Rise 5-8 Floors		22213	THE WESTLEE
4205 36TH ST S	3	2	0	ARLINGTON	\$525,000	Townhouse		22206	FAIRLINGTON GLEN
1024 DINWIDDIE ST	3	2	1	ARLINGTON	\$522,500	Detached	0.12	22204	COLUMBIA FOREST
9 MONTAGUE ST	3	2	2	ARLINGTON	\$522,000	Townhouse		22204	MANCHESTER SQUARE
1317 OAKLAND ST S	3	2	0	ARLINGTON	\$520,000	Detached	0.16	22204	DOUGLAS PARK
1300 ARMY NAVY DR #1009	2	2	0	ARLINGTON	\$508,000	Hi-Rise 9+ Floors		22202	HORIZON HOUSE
1705 DINWIDDIE ST	2	2	0	ARLINGTON	\$505,000	Detached	0.22	22207	HIGHVIEW PARK
851 GLEBE RD N #1921	1	1	0	ARLINGTON	\$495,000	Hi-Rise 9+ Floors		22203	CONTINENTAL
2522E ARLINGTON MILL DR S#5	3	2	1	ARLINGTON	\$495,000	Townhouse		22206	WINDGATE II
888 QUINCY ST N #910	1	1	0	ARLINGTON	\$488,000	Hi-Rise 9+ Floors		22203	THE RESIDENCES AT LIBERTY CTR
846 FREDERICK ST N	2	2	0	ARLINGTON	\$485,000	Townhouse	0.02	22205	CARLISLE PARK
4653 5TH ST S	3	2	1	ARLINGTON	\$480,000	Detached	0.15	22204	BARCROFT
1021 GARFIELD ST N #229	1	1	0	ARLINGTON	\$475,000	Hi-Rise 9+ Floors		22201	CLARENDON
1021 GARFIELD ST N #221	1	1	0	ARLINGTON	\$470,000	Hi-Rise 9+ Floors		22201	CLARENDON
2100 S QUEBEC ST	3	2	0	ARLINGTON	\$470,000	Detached	0.11	22204	DOUGLAS PARK
616 JEFFERSON ST	3	1	0	ARLINGTON	\$470,000	Detached	0.09	22205	BON AIR
4622 36TH ST S #B	2	2	0	ARLINGTON	\$470,000	Townhouse		22206	FAIRLINGTON
1800 WILSON BLVD #248	1	1	0	ARLINGTON	\$465,000	Garden 1-4 Floors		22201	1800 WILSON
3426 WAKEFIELD ST	2	2	0	ARLINGTON	\$462,500	Townhouse		22206	FAIRLINGTON MEWS
1118 EMERSON ST	4	2	0	ARLINGTON	\$461,000	Detached	0.18	22204	COLUMBIA FOREST
2536 WALTER REED DR S #D	2	1	2	ARLINGTON	\$460,000	Townhouse		22206	WINDGATE OF ARL
1021 GARFIELD ST N #640	1	1	0	ARLINGTON	\$459,900	Hi-Rise 9+ Floors		22201	CLARENDON 1021
501 S VEITCH ST	3	1	1	ARLINGTON	\$455,000	Duplex	0.06	22204	FORT CRAIG
4141 HENDERSON RD #811	2	2	0	ARLINGTON	\$450,000	Hi-Rise 9+ Floors		22203	HYDE PARK
1020 HIGHLAND ST #707	1	1	0	ARLINGTON	\$445,000	Hi-Rise 9+ Floors		22201	THE PHOENIX CONDO
1301 COURTHOUSE RD#1707	2	2	0	ARLINGTON	\$441,000	Hi-Rise 9+ Floors		22201	WOODBURY HEIGHTS
1016 WAYNE ST S #211	2	2	0	ARLINGTON	\$440,000	Hi-Rise 9+ Floors		22204	THE BARKLEY
3712 3RD ST S	2	1	0	ARLINGTON	\$430,000	Duplex	0.07	22204	ALCOVA HEIGHTS / GLEBE MANOR
3272 UTAH ST S	2	2	0	ARLINGTON	\$429,990	Townhouse		22206	FAIRLINGTON COMM
3445 STAFFORD ST S #A	2	2	0	ARLINGTON	\$427,000	Townhouse		22206	FAIRLINGTON MEADOWS
6932 FAIRFAX DR #302	2	2	0	ARLINGTON	\$423,000	Garden 1-4 Floors		22213	FALLS STATION
1800 WILSON BLVD #311	1	1	0	ARLINGTON	\$421,000	Garden 1-4 Floors		22201	1800 WILSON
953 TAYLOR ST S	2	2	1	ARLINGTON	\$420,000	Townhouse		22204	BARCROFT
2820 BUCHANAN ST S	2	2	0	ARLINGTON	\$420,000	Townhouse		22206	FAIRLINGTON VILLAGE
1600 OAK ST N #1724	1	1	0	ARLINGTON	\$420,000	Hi-Rise 9+ Floors		22209	THE BELVEDERE
1800 WILSON BLVD #425	1	1	0	ARLINGTON	\$419,900	Garden 1-4 Floors		22201	1800 WILSON
6940 FAIRFAX DR N #304	2	2	0	ARLINGTON	\$414,000	Garden 1-4 Floors		22213	FALLS STATION
2417 WALTER REED DR #1-2	2	1	1	ARLINGTON	\$412,500	Townhouse		22206	HEATHERLEA
4717 31ST ST S #A1	1	2	0	ARLINGTON	\$404,000	Garden 1-4 Floors		22206	FAIRLINGTON VILLAGES
50 BEDFORD ST N #50B	2	2	0	ARLINGTON	\$399,900	Townhouse		22201	BEDFORD PARK
4083 FOUR MILE RUN DR#202	2	2	0	ARLINGTON	\$398,000	Garden 1-4 Floors		22204	WEST VILLAGE OF SHIRLINGTON
2601 16TH ST S #618	2	1	0	ARLINGTON	\$397,500	Townhouse		22204	ARLINGTON VILLAGE
901 MONROE ST #213	1	1	0	ARLINGTON	\$395,000	Mid-Rise 5-8 Floors		22201	VIRGINIA SQUARE
1050 STUART ST N #605	1	1	0	ARLINGTON	\$394,000	Hi-Rise 9+ Floors		22201	BALLSTON PARK
4809 27TH RD S	2	2	0	ARLINGTON	\$390,500	Townhouse		22206	FAIRLINGTON VILLAGES
2815F WOODROW ST S #6	2	2	1	ARLINGTON	\$385,000	Garden 1-4 Floors		22206	COURTBRIDGE I&II
3835 9TH ST N #302W	1	1	0	ARLINGTON	\$380,000	Hi-Rise 9+ Floors		22203	LEXINGTON SQUARE
4801 28TH ST S	2	2	0	ARLINGTON	\$380,000	Townhouse		22206	FAIRLINGTON VILLAGES
3835 9TH ST N #105W	1	1	0	ARLINGTON	\$372,500	Mid-Rise 5-8 Floors		22203	LEXINGTON SQUARE
3650 GLEBE RD #344	1	1	0	ARLINGTON	\$371,000	Mid-Rise 5-8 Floors		22202	THE ECLIPSE ON CENTER PARK
1045 UTAH ST #2-311	1	1	0	ARLINGTON	\$370,000	Mid-Rise 5-8 Floors		22201	WINDSOR PLAZA
1530 KEY BLVD #219	1	1	0	ARLINGTON	\$369,000	Hi-Rise 9+ Floors		22209	ATRIUM CONDOMINIUM
3005 16TH RD S	2	2	0	ARLINGTON	\$365,000	Townhouse	0.06	22204	FOXHALL
2855 ABINGDON ST #B2	3	1	0	ARLINGTON	\$362,500	Garden 1-4 Floors		22206	FAIRLINGTON VILLAGE
1920 MONROE ST	2	1	0	ARLINGTON	\$360,000	Detached	0.12	22204	ARLINGTON
1530 KEY BLVD #1019	1	1	0	ARLINGTON	\$360,000	Hi-Rise 9+ Floors		22209	ATRIUM CONDO
4102 32ND RD S #A1	2	2	0	ARLINGTON	\$358,000	Garden 1-4 Floors		22206	FAIRLINGTON
4525 28TH RD S #3-10	2	1	0	ARLINGTON	\$354,900	Garden 1-4 Floors		22206	HEATHERLEA
5403 8TH PL S	3	1	1	ARLINGTON	\$354,000	Duplex	0.07	22204	COLUMBIA HEIGHTS
1020 STAFFORD ST N #102	1	1	0	ARLINGTON	\$349,900	Mid-Rise 5-8 Floors		22201	SUMMERWALK I & II
4640 31ST RD S #A1	1	2	0	ARLINGTON	\$349,900	Garden 1-4 Floors		22206	FAIRLINGTON VILLAGES
3008 COLUMBUS ST S #C1	2	1	0	ARLINGTON	\$345,000	Mid-Rise 5-8 Floors		22206	FAIRLINGTON VILLAGE
4141 HENDERSON RD #627	1	1	0	ARLINGTON	\$340,000	Hi-Rise 9+ Floors		22203	BALLSTON
1301 COURTHOUSE RD N#1002	1	1	1	ARLINGTON	\$336,000	Hi-Rise 9+ Floors		22201	WOODBURY HEIGHTS
2030 ADAMS ST N #1103	2	1	1	ARLINGTON	\$335,000	Hi-Rise 9+ Floors		22201	CIRCLE CONDOMINIUM
4065 FOUR MILE RUN DR S#301	1	1	0	ARLINGTON	\$327,000	Garden 1-4 Floors		22204	WEST VILLAGE OF SHIRLINGTON
1301 COURTHOUSE RD N#502	1	1	1	ARLINGTON	\$325,000	Hi-Rise 9+ Floors		22201	WOODBURY HEIGHTS CONDO
4141 HENDERSON RD #303	1	1	1	ARLINGTON	\$325,000	Hi-Rise 9+ Floors		22203	HYDE PARK
4500 FOUR MILE RUN DR S#916	2	2	0	ARLINGTON	\$321,000	Hi-Rise 9+ Floors		22204	THE BRITTANY
900 STAFFORD ST #1912	1	1	0	ARLINGTON	\$312,500	Hi-Rise 9+ Floors		22203	BALLSTON
2836B WAKEFIELD ST #B	2	1	0	ARLINGTON	\$310,000	Townhouse		22206	THE ARLINGTON
4390 LORCOM LN N #411	3	2	0	ARLINGTON	\$308,000	Mid-Rise 5-8 Floors		22207	CARLYN PLACE
4501 ARLINGTON BLVD #116	2	2	0	ARLINGTON	\$305,000	Hi-Rise 9+ Floors		22203	THE CHATHAM
3046 ABINGDON ST S #C2	1	1	0	ARLINGTON	\$305,000	Garden 1-4 Floors		22206	FAIRLINGTON VILLAGES
4501 ARLINGTON BLVD #420	2	2	0	ARLINGTON	\$304,900	Mid-Rise 5-8 Floors		22203	THE CHATHAM
4151 FOUR MILE RUN DR#104	1	1	0	ARLINGTON	\$300,000	Garden 1-4 Floors		22204	WEST VILLAGE OF SHIRLINGTON
5300 COLUMBIA PIKE #104	2	2	0	ARLINGTON	\$299,900	Hi-Rise 9+ Floors		22204	CARLYLE HOUSE
4626C 28TH RD S #C	2	1	0	ARLINGTON	\$299,900	Garden 1-4 Floors		22206	THE ARLINGTON
4604 28TH RD S #B	2	1	0	ARLINGTON	\$299,000	Garden 1-4 Floors		22206	THE ARLINGTON
2839 WAKEFIELD ST S #D	2	1	0	ARLINGTON	\$292,000	Garden 1-4 Floors		22206	THE ARLINGTON
4500 FOUR MILE RUN DR#114	2	2	0	ARLINGTON	\$290,000	Hi-Rise 9+ Floors		22204	THE BRITTANY
1906 RHODES ST N #51	1	1	0	ARLINGTON	\$285,000	Garden 1-4 Floors		22201	COLONIAL VILLAGE
4500S FOUR MILE RUN DR#1233	2	1	0	ARLINGTON	\$285,000	Hi-Rise 9+ Floors		22204	THE BRITTANY
4500 FOUR MILE RUN DR#507	2	2	0	ARLINGTON	\$280,000	Hi-Rise 9+ Floors		22204	CENTURY SOUTH
2846A WAKEFIELD ST S #A	2	1	0	ARLINGTON	\$280,000	Patio Home		22206	THE ARLINGTON
3000 SPOUT RUN PKWY#B308	1	1	0	ARLINGTON	\$275,000	Mid-Rise 5-8 Floors		22201	CARDINAL HOUSE
116A BEDFORD ST N #A	1	1	0	ARLINGTON	\$271,000	Garden 1-4 Floors		22201	BEDFORD PARK
201 GEORGE MASON DR#201-2	2	1	0	ARLINGTON	\$265,000	Garden 1-4 Floors		22203	ARLINGTON OAKS
1300 ARMY NAVY DR #224	1	1	0	ARLINGTON	\$263,000	Hi-Rise 9+ Floors		22202	PENTAGON CITY METRO
5300 COLUMBIA PIKE #504	2	2	0	ARLINGTON	\$260,000	Hi-Rise 9+ Floors		22204	CARLYLE HOUSE
1913 KEY BLVD #11572	1	1	0	ARLINGTON	\$259,000	Garden 1-4 Floors		22201	COLONIAL VILLAGE
104A BEDFORD ST N #A	1	1	0	ARLINGTON	\$250,000	Townhouse		22201	BEDFORD PARK
900 TAYLOR ST #2020	2	2	0	ARLINGTON	\$247,000	Hi-Rise 9+ Floors		22203	THE JEFFERSON
3048 ABINGDON ST #B2	1	1	0	ARLINGTON	\$242,990	Garden 1-4 Floors		22206	FAIRLINGTON VIL
1300 ARMY NAVY DR #502	1	1	0	ARLINGTON	\$242,000	Hi-Rise 9+ Floors		22202	PENTAGON CITY
4390 LORCOM LN #403	2	1	1	ARLINGTON	\$231,000	Mid-Rise 5-8 Floors		22207	CARLYN PLACE
4500 FOUR MILE RUN DR#611	1	1	0	ARLINGTON	\$229,000	Hi-Rise 9+ Floors		22204	THE BRITTNEY

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2. not appreciated or understood.
3. no longer owned or known



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SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

OCTOBER Publishing
A+ Camps & Schools.....10/15/14
Election Preview I10/22/14
Election Preview II10/29/14

NOVEMBER
Election Day is Tuesday, November 4.
Wellbeing.....11/5/14
HomeLifeStyle.....11/12/14
Holiday Entertainment & Gift Guide I.....11/19/14
A+11/25/14

Thanksgiving is November 27.
DECEMBER
Wellbeing.....12/3/14
HomeLifeStyle: Home for the Holidays.....12/10/14
Hanukkah begins December 16.
Holiday Entertainment & Gift Guide II.....12/16/14
A+ Camps & Schools.....12/16/14
CHILDREN’S CONNECTION12/24/14

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ENTERTAINMENT

Email announcements to arlington@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

Signature Cabaret Series. Through Oct. 25 at Signature Theatre, 4200 Campbell Ave. "Signature Sisters." Sherri L. Edelen (Mama Rose, Gypsy) is back with Susan Derry (Celeste #1, Sunday in the Park with George) and Signature Cabarets favorite Florrie Bagel for the ultimate girl group tribute. The music of girl groups from the 1940s through today get the swinging style treatment of the Andrews Sisters. \$35. Visit www.signature-theatre.org or call 703-820-9771.

Yappy Hour. Fridays through Oct. 31, 6-8 p.m. at the Le Meridien, 1121 N 19th St. Le Meridien hotel, along with the Rosslyn BID, is hosting a Yappy Hour every Friday. This event will be held on the terrace outside of Amuse. Amuse will be serving specialty cocktails and appetizers for pet owners as well as a few treats for dogs. Free. Visit www.rosslynva.org/do/yappy-hour#sthash.tuQQKjco.dpuf.

Historic Home Tours at the Ball-Sellers House, 5620 S. 3rd St. The oldest surviving house in Arlington County opens for the season with free tours and refreshments. The house is open 1-4 p.m. Saturdays April through October. Visit www.arlingtonhistoricalsociety.org.

Children's Music. 10:30 a.m. on Fridays through Oct. 31. Market Common Clarendon, 2800 Clarendon Blvd. Mr. Knick Knack will perform music for children at the gazebo in The Loop at Market Common Clarendon. Call 703 476-9377 or visit www.marketcommonclarendon.com for more.

Gallery Underground October Shows. Runs through Nov. 1. In the Focus Gallery, a new exhibit "World Aesthetic" will be featured. This is an all-media national juried landscape show spotlighting the creative inspiration provided by travel near or far. The opening reception will be held Friday, Oct. 3, 5-8 p.m. The gallery will be open Monday-Friday 10 a.m.-6 p.m. and Saturday 10 a.m. - 2p.m. Visit www.galleryunderground.org for more.

"The Island of Dr. Moreau." Through Saturday, Nov. 1, Monday-Saturday at 8 p.m.; Sunday at 2 p.m. Synetic Theater, 2611 Jefferson Davis Highway. The Synetic Theater presents "The Island of Dr. Moreau" with Paata Tsikurishvili as a director and star in the production. Purchasing individual tickets for the show are \$55 and a subscription to the Synetic Theater is \$140. Call 703-824-8060 or visit www.synetictheater.org/ for more.

"Elmer Gantry." Runs through Nov. 9. Signature Theatre, 4200 Campbell Ave. The second show of Signature Theatre's 25th Anniversary season. Tickets now on sale. Visit www.signature-theatre.org/shows/elmer-gantry for more.

Theater Performance. Runs through Nov. 2 at 1800 S. Bell St. Synthetic Theater presents a new adaptation of HG Wells's novel "The Island of Dr. Moreau." The Oct. 9 show will feature American Sign Language interpretation. All performances begin at 6:30 p.m. Visit www.synetictheater.org for more.

Sparket: A Creative Market. Wednesdays, through Nov. 12, 11 a.m.-2 p.m. at 1900 Crystal Drive. An electric and colorful shopping



PHOTO BY LASHAWN AVERY/THE CONNECTION

'A World Aesthetic'

Judith Landry is one of several local artists whom visitors can meet as they view landscape paintings during "A World Aesthetic," presented by Arlington Artists Alliance at Gallery Underground at Crystal City. The free gallery show is open until Oct. 31.

experience. Free admission; \$30 to be a vendor. Visit crystalcity.org/do/sparket for more.

Art Exhibit. Through Sunday, Nov. 30 at Terrace Gallery. Artist talk is Saturday, Sept. 20, 2 p.m. at Terrace Gallery. Artsphere, Terrace Gallery, 1101 Wilson Blvd., Suite 932. Think With Your Hands: Illustrated Journals Come to Life Through Augmented Reality. Free Admission. Visit www.artsphere.com for more.

"Sex with Strangers." At Signature Theatre, 4200 Campbell Ave., Shirlington. The play by Laura Eason runs through Sunday, Dec. 7. Tickets go on sale July 1 and performances are Tuesday-Sunday evenings with matinees on Saturdays and Sundays. \$40 and up. Visit www.signature-theatre.org for more.

Fall SOLOS. Through Saturday, Dec. 20, artists from across the Mid-Atlantic region are selected for solo exhibitions to take place in one of AAC's seven separate gallery spaces, or outside on the grounds. Visit www.arlingtonartscenter.org/solos/ apply for more.

Art Exhibit. Runs through Jan. 5. at Cherrydale Branch Library, 2190 Military Road. "We Are Arlington," an exhibit of vintage photographs and memorabilia. Monday-Thursday, 10 a.m.-9 p.m. Tuesday - Wednesday, 1-9 p.m. Friday - Saturday, 10 a.m.-5p.m. Call 703-228-6330 for more.

Family and Teen Skate Nights. Through March 28 at The Thomas Jefferson Community Center, 300 N. Park Drive. The evenings start with Family Skating from 6:30-9 p.m. and close with Teen Nights from 9-10:45 p.m., for middle and high school students. \$2 per person/\$3 skate rental. Visit parks.arlingtonva.us/kids-events/roller-skating-nights-skate-parties-thomas-jefferson for more.

LGBT & Straight Friends Social. Tuesdays. Happy Hour, 3 p.m.-7 p.m.; Mikey's "Bar A" Video Wall, 7 p.m.; start time at 8 p.m. IOTA Club & Cafe, 2832 Wilson Blvd. IOTA Club

& Cafe has designated every Tuesday LGBT & Straight Friends Social Night for those 21 years and older. Free. Visit www.iotaclubandcafe.com/ for more information.

Open Mic Comedy. Wednesdays 8-10 p.m. at Ri Ra Irish Pub, 2915 Wilson Blvd. Doors open at 7 p.m. 21 and up only. Free show, \$25 cash prize for best joke. Call 703-248-9888 or visit www.RiRa.com/Arlington for more.

Invasive Plants Removal. Work parties are held every month to keep the parks free of destructive invasive plants. Teens, adults and families welcome. Every second Sunday of the month 2-4:30 p.m. at Gulf Branch Nature Center, 3608 Military Road; call 703-228-3403. Every third Sunday of the month 2-5 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road; call 703-228-6535 or visit registration.arlingtonva.us. Free, no registration required.

Comedy. Every Saturday at 3 p.m. at Comedy Spot, in Ballston Common Mall, 4238 Wilson Blvd., children can enjoy ComedySportz for Kidz. \$10. Visit www.comedyindc.com or 703-294-LAFF.

Comedy. Every Friday at 8 p.m. and Saturday at 7:30 p.m. is ComedySportz ("clean") and at 10 p.m. on Friday and Saturday is the Blue Show ("adult"), both at Comedy Spot, in Ballston Common Mall, 4238 Wilson Blvd. \$15 each. Visit www.comedyindc.com or 703-294-LAFF.

Poetry Series. 6-8 p.m. second Sunday of the month at IOTA Club & Cafe, 2832 Wilson Blvd. Hosted by poet Miles David Moore. Featured artists share their poetry followed by open readings. Free. Visit www.iotaclubandcafe.com or call 703-522-8340.

Open Mic Nite. 8 p.m.-12:30 a.m. every Wednesday at IOTA Club & Cafe, 2832 Wilson Blvd. Sign-up times are 7:30 p.m. and 10 p.m. Bring instruments, fans and friends. Featured musicians perform from 9:30-10 p.m. Visit

www.iotaclubandcafe.com or call 703-522-8340.

Karaoke. 8 p.m. on the first Sunday every month at Galaxy Hut, 2711 Wilson Blvd. Visit www.galaxyhut.com or call 703-525-8646.

Pub Quiz. 8 p.m. every Sunday at Whitlow's on Wilson, 2854 Wilson Blvd. Prizes for first place. Free. Visit www.whitlows.com or call 703-276-9693.

Storytime. Mondays and Fridays, 10:30-11:00 a.m. at Kinder Haus Toys, 1220 N. Fillmore St. Storytime with Ms. Laura. Call 703-527-5929.

Lego Club. Monthly on the first Wednesday. 4-5 p.m. Glencarlyn Branch Library, 300 South Kensington St. The library provides tubs of legos and a special challenge and after the program the creations are displayed for everyone to see. No registration required. Call 703-228-6548 for more.

Family Nights. 7 -9 p.m. on the first Friday of the month at Arlington Mill Community Center. E-mail DPR-YouthandFamily@arlingtonva.us. or call Emily Thrasher at 703-228-4773 for more.

WEDNESDAY/OCT. 22

Open House for High View Park. 6:30-7:30 p.m. at Langston-Brown Community Center, 2121 N Culpeper St. The Parks and Recreation Department surveyed community members earlier this summer as to what they liked or felt was needed in the park. Their input will be shared at this event. Visit parks.arlingtonva.us/locations/langston-brown-community-center-park for more.

THURSDAY/OCT. 23

Art Show. 6-9:30 p.m. at The Artsphere, 1101 Wilson Blvd. Phillips Programs for Children and Families, a local nonprofit helping youth with a variety of challenges

and qualities succeed, is hosting its 2nd annual Toast to Fall. The fundraiser also features live music, craft beers, wine, food and a raffle. Visit phillipsprograms.ejoinme.org for more.

Author Speech. 7 p.m. at Central Library, 1015 N. Quincy St. Ann Patchett will share her personal story on how she became a writer. Call 703-228-5990 for more.

THURSDAY-SUNDAY/OCT. 23-26

Marine Corps Marathon. Several times and locations through the weekend. A weekend of events leading up to the race. Visit www.marinemarathon.com/ to register and for more.

FRIDAY/OCT. 24

Beer Garden. 4-8 p.m. at Plaza on 19th, 1901 N. Fort Myer Drive. Kick off fall with the Rosslyn BID at the new Plaza on 19th. The Continental Pool Lounge will have seasonal beers. Visit www.rosslynva.org for more.

Opening Reception for the Fine Art and Design Faculty Exhibition. 6-8 p.m. Barry Gallery, Marymount University, 2807 North Glebe Road, Arlington. Free. Will include work from the school's fine arts, graphic design, fashion design and interior design faculty. The exhibit will run through Nov. 24, admission is free, open from 10 a.m.-8 p.m. Monday through Thursday and 10 a.m.-6 p.m. Friday and Saturday. Visit www.marymount.edu/barrygallery for more.

Launch Party. 6:30 p.m. at One More Page Books, 2200 North Westmoreland St. Author Danielle Ellison will celebrate the release of her new novel, "Follow Me through Darkness." Call 703-300-9746 or visit www.onemorepagebooks.com for more.

FRIDAY-SATURDAY/OCT. 24-25

Evening of Kirtan. 7 p.m. at Artsphere Spectrum Theatre, 1101 Wilson Blvd. Embark on a vocal journey through the sacred sounds of ancient India. Visit www.artsphere.com or call 703-875-1100.

SATURDAY/OCT. 25

Annual Walker Chapel Fall Bazaar and Octoberfest. 9 a.m.-2 p.m. Walker Chapel United Methodist Church, 4102 North Glebe Road, Arlington. Community bazaar featuring thousands of gently-used items at bargain prices. Items include clothing, housewares, sporting goods, crafts, jewelry, holiday items and boutique, as well as a café and activities for children. Visit www.walkerchapel.org for more.

MCM Kids Run. 9 a.m.-1:30 p.m. Pentagon North parking Lot. Children ages 5-12 are eligible to participate in the one-mile run. Visit www.marinemarathon.com for more.

Dog Walk. 9-11:30 a.m. at James Hunter Dog Park, 1230 N. Hartford St. Join local politicians for the 4th Annual Howl-O-Ween Dog Walk and Costume Competition for the Homeless in Clarendon. Registration is \$30. Visit tiny.cc/155zmx for more.

Walk for a Cure. 10 a.m. Bluemont Park 601 N. Manchester St. The public is invited to participate in the first Greater Washington Chapter Tourette Syndrome 5K Awareness Walk. Visit www.tsagw.org or call 410-867-1151 for more.

Ride with the Rangers. 11 a.m.-1 p.m. at Bluemont Park, 601 N. Manchester St. The Arlington County Ranger Unit is hosting a free ride. The ride will cover 6.8 miles. Visit

ENTERTAINMENT

parks.arlingtonva.us/events/bike-tour-with-arlington-county-park-rangers for more.

Afternoon of Music. 4-7p.m. at Advent Lutheran Church, 2222 S. Arlington Ridge Road. The concert will support the ELCA Malaria Campaign. Visit www.elca.org/malaria for more.

Night of Italian Opera. 7:30 p.m. Rosslyn Spectrum Theatre at Artisphere, 1611 N. Kent St. The National Chamber Ensemble, together with the Embassy of Italy and the Italian Cultural Institute, celebrate the seasoning opening. Visit www.NationalChamberEnsemble.org or call 888-841-2787 for more.

Harvest Dance. 7:30-10:30 p.m. at United Methodist Church, 4201 N. Fairfax Drive. Dance to Big Band standards as well as great dance music from each decade. Refreshments will be served and childcare will be provided. A voluntary donation will be accepted. Visit www.cumcballston.org.

SUNDAY/OCT. 26

The Beacon 50+Expos. noon-4 p.m. at the Ballston Mall, Arlington. More than 100 exhibitors will offer information and answer questions about retirement communities, home remodeling, financial planning, healthcare, travel, fitness, senior services and government resources. Dr. Ruth Westheimer, the well known octogenarian sex therapist and author, will be speaking about (and autographing) her latest book. Call 301-949-9766 for more.

MONDAY/OCT. 27

Author Panel. 7 p.m. at at One More Page Books, 2200 North Westmoreland St. The store will host an author panel featuring Martina Boone, Melissa Marr, Leah Cypess, Wendy Higgins and Kimberley Griffiths Little. Call 703-300-9746 or visit www.onemorepagebooks.com.

Book Signing. 7 p.m. at Arlington Central Library, 1015 N Quincy St. Meg Medina, author of the award-winning “Yaqui Delgado Wants to Kick Your Ass,” will make an appearance. One More Page will be on site offering books for sale and signature. Call 703-300-9746 or visit www.onemorepagebooks.com.

TUESDAY/OCT. 28

Fall Golf Outing. 8:30 a.m. at Fort Belvoir Golf Club, 8450 Beulah St., Fort Belvoir. The Arlington Chamber of Commerce is presenting its 63rd Annual Fall Outing. The Fall Outing tournament will include a variety of fun contests. Registration is \$250 for an individual golfer. Visit www.arlingtonchamber.org for more.

Book Discussion. 7 p.m. at One More Page Books, 2200 North Westmoreland St. Co-author Kris “Tanto” Paronto will discuss his book “13 Hours: The Inside Account of What Really Happened in Benghazi,”

FOOD & DRINK

Clarendon Farmers Market. Year-round, has locally produced breads and pastries, organic vegetables, flowers, soap, sorbet and more. Saturdays and Sundays, 8 a.m.-noon at Courthouse Parking Lot, 3195 North Wilson Blvd. Also year-round on Wednesdays from 3-7 p.m. at Clarendon Metro Station. Visit www.Clarendon.org. Call 703-812-8881.

Arlington Farmers Market at Courthouse. Adjacent to the Arlington County Courthouse Parking Lot, at the intersection of N. Courthouse Road and N. 14th Street. This is a ‘producer only’ market with more than 30 producers. From January through March, the market is open on Saturdays 9 a.m.-noon. Visit www.arlingtonfarmersmarket.com for a list of vendors.

The Crystal City FRESHFARM Market is open April-November on Tuesdays, 3-7 p.m. with a selection of foods and goods from local producers, in front of 251 S. 18th St. Visit www.crystalcity.org for more.

Arlington Mill Community Center Plaza. Wednesday, starting Aug. 13. 3-7 p.m. at 909 S Dinwiddie St., Arlington. A new farmers market will be open weekly. Visit www.columbia-pike.org/events/?event=1049 for more.

CLASSES & WORKSHOPS

Theatre Classes. Encore Stage & Studio is holding classes and mini camps for children in grades K-8 at on Saturdays at Thomas Jefferson Community Theatre, 125 S. Old Glebe Road and Tuesdays and Wednesdays after-school at Theatre on the Run, 3700 S. Four Mile Run Drive. Visit www.encorestageva.org for a list of classes.

Synetic Theater. Synetic Studio, 2155 Crystal City Plaza Arcade T-19, Arlington. Synetic offers an introduction to the world of physical theater, acting and dance through energetic and athletic feats that inspire students to creativity. Classes include programs for elementary, middle and high school students, as well as adults. Discounted packages and payment plans are available. Visit www.synetictheater.org/studio or call 703-824-8060.

Class registration is now open at **Arlington Arts Center**, 3550 Wilson Blvd. This fall Arlington Arts Center is offering after school classes for children, weekend sessions for teens and evening classes for adults — not to mention special workshops like Day of the Dead, Art’s Cool! Art School and Gift Mania. Visit www.arlingtonartscenter.org or call 703-248-6800.

♦ Ages 4-6

Oct. 22-Dec. 10: The Human Body — after school session
Tuesday/Nov. 4: Art’s Cool! Art School — school holiday workshop
Saturday/Dec. 13: Gift Mania — weekend workshop

♦ Ages 7-10

Oct. 22-Dec. 10: Legends and Lore— after school session
Saturday/Nov. 1: Day of the Dead Workshop (\$10) — weekend workshop
Tuesday/Nov. 4: Art’s Cool! Art School — school holiday workshop
Saturday/Dec. 13: Gift Mania — weekend workshop

♦ Ages 11-14

Saturday/Nov. 1: Day of the Dead Workshop (\$10) — weekend workshop
Tuesday/Nov. 4: Art’s Cool! Art School — school holiday workshop
Saturday/Dec. 13: Gift Mania — weekend workshop

♦ Ages 14-18

Pre-College Weekend Workshops
Saturdays/Oct. 18 & 25: Oil Painting
Saturdays/Nov. 8 & 15: Ink & the Figure

♦ Ages 18 and Older

Oct. 21-Dec. 9: Art Making: The Creative Process
Oct. 21-Dec. 9: Artists Books & Journals
Thursday/Dec. 4: Golden Acrylics Lecture & Demo (free, RSVP required)

co-written with New York Times bestselling author Mitchell Zuckoff. Call 703-300-9746 or visit www.onemorepagebooks.com.

WEDNESDAY/OCT. 29

“Arlington’s Got Talent.” Clarendon Ballroom, 3185 Wilson Blvd., Arlington. Social at 6:30 p.m. and talent show at 7:30. Proceeds benefit the Leadership Arlington Young Professionals Program scholarship fund. Tickets are \$30 in advance or \$40 at the door. To register for this event, please visit the Leadership Arlington website at www.leadershiparlington.org.

THURSDAY/OCT. 30

Author Reading. 7 p.m. One More Page Books, 2200 North Westmoreland St. Ghost hunter and author Stacey Graham will put customers in the mood for Halloween with her book, “Haunted Stuff: Demonic Dolls, Screaming Skulls & Other Creepy Collectibles.” Call 703-300-9746 or visit www.onemorepagebooks.com for more.

FRIDAY/OCT. 31

Mall Trick or Treating. 5 p.m. at The Fashion Centre at Pentagon City, 1100 S Hayes St. Families are invited to celebrate Halloween with mall-wide trick or treating. Participating

stores will have signs in their windows. Call 703-415-2401.

Vampire Ball. 8 p.m. at Synetic Theater, 1800 S. Bell St. This year, the annual Vampire’s Ball will follow another creepy and supernatural Synetic offering, “The Island of Dr. Moreau.” The event will also include an open bar, light appetizers and a costume contest. Call 866-811-4111 or visit www.synetictheater.org.

SATURDAY/NOV. 1

Annual Soup and Pie Bazaar. 9 a.m. - 2 p.m. at The Arlington Church of the Brethren, 300 N. Montague St. Enjoy featured homemade soups, pies, a large variety of yard sale items, crafts and baked goods. Call 703-524-4100 for more.


Harvest Festival. 10 a.m.-2 p.m. at Michael’s Episcopal Church, 1132 North Ivanhoe St. Featuring award-winning BBQ, baked goods, handcrafted items, live music and children’s activities. Visit www.stmichaelsarlington.org or call 703- 241-2474 for more.

Fall Family Festival. 10 a.m.-1 p.m. at Rocky Run Park, 1109 N. Barton St. Bring the whole family to enjoy the crisp air with fitness activities, arts and crafts, games and moonbounces. Entry is free. Call 703-228-4773 for more.

Golden Paw Gala. 6 p.m. Westin Arlington Gateway, Ballston. The evening will include a cocktail reception, dinner, dancing, silent and live auctions. Individual tickets are \$150 and VIP tickets are \$200. Proceeds will directly support shelter animals, as well as community programs and services supported by The Animal Welfare League of Arlington. Visit www.awla.org.

THURSDAY/NOV. 6

Sponsored Lunch. 11:30 a.m. at Temple Rodef Shalom, 2100 Westmoreland St. Jane Hampton Cook, award-winning author who makes history and biographies relevant to today’s news, current events, issues of faith and modern day life, will be the guest speaker at the luncheon. Call 703 506-2199.



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Wakefield Football Earning Respect

Yorktown coach Hanson, players praise Warriors.

BY JON ROETMAN
THE CONNECTION

It wasn't that long ago, Bruce Hanson recalls, that his Yorktown football team beat the Wakefield Warriors so soundly that the Patriots had to make an effort to stay under 70 points.

That night, Sept. 9, 2011, the Patriots defeated the Warriors 68-0 at Yorktown's Greenbrier Stadium. Yorktown pulled offensive starters out of the game in the second quarter, led 55-0 at halftime and had seven different players score a touchdown.

"We didn't go to 70," said Hanson, who is in his 30th season as Yorktown head coach. "We had to go crazy [to stay under]."

Yorktown won its first 12 games that season before losing to South County in the Northern Region championship game. Wakefield, on the other hand, finished 1-9.

The defensive coordinator on that Yorktown team was Wayne Hogwood, a 2000 graduate of Wakefield High School



Head coach Wayne Hogwood has led the Wakefield football program to a 5-2 record this season.

who spent eight seasons learning under Hanson as an assistant coach. Hogwood helped the Patriots to a 33-4 record from 2010-2012, including a pair of Northern Region championship game appearances.

Three years after Yorktown's 68-point drubbing of Wakefield, Hogwood was on the opposite sideline when the Patriots traveled to Wakefield High School to face the Warriors on Oct. 17. Hogwood, now a second-year head coach at his alma mater, had led Wakefield to a 5-1 record, the program's best season in decades, entering Friday's game against his mentor, Hanson, and the 3-3 Patriots.

Wakefield, a program that hasn't had a winning season since 1983, opened the game like a team that belonged on the same field as tradition-rich Yorktown. The Warriors drove 80 yards in 14 plays, capping a 6-minute, 21-second drive with a 2-yard touchdown run by Kareem Hall.

The Warriors led for the remainder of the opening quarter. Yorktown, however, took control early in the second, when the Patriots scored three touchdowns in a span of 2 minutes, 5 seconds. Yorktown led by double digits for the remainder of the contest.

Yorktown defeated Wakefield 44-21. The Warriors showed glimpses of breaking through against the Patriots, but not enough to keep Yorktown from extending its winning streak over Wakefield to 19 games.



Wakefield senior quarterback Riley Wilson looks down field during the Warriors' Oct. 17 game against Yorktown. Wilson transferred from Yorktown to Wakefield prior to the 2013 season.

While the outcome wasn't a nail-biter, the game had a different feel to the Patriots. Hanson and his players agreed this Wakefield team was more competitive than Warrior teams of the past.

"[Hogwood has] done such a great job here," Hanson said. "They were like a real football team. ... This game, I felt, was [competitive] the whole time. I never relaxed one minute over there. Not one minute. ... It's unbelievable. It's the [best] coaching job [in] the region already. They don't have to win another game."

One week before Wakefield's loss to Yorktown, the Warriors overcame a 15-point fourth-quarter deficit to beat Falls Church, 26-25, on a last-second 24-yard field goal by Ben Kline. The victory improved Wakefield's record to 5-1. It was the first time since 1985 that the Warriors overcame a two-touchdown deficit in the fourth quarter, and the first time since 1987 Wakefield won five games in a season.

Hogwood led Wakefield to a 3-7 record in his first season as head coach. This year, he can notice a difference in the players' attitudes during their successful start.

"They're more confident," Hogwood said. "I don't think last [year's team], or any Wakefield teams in the past, would be able to respond to a game the way we did against Falls Church last week and come back [from] down 15 in the fourth quarter. Because we're able to do some things like that and we stick it out and we fight together as a team for four quarters, nobody gave up [against Yorktown] tonight. There's always an inkling in the back of your mind — hey, we're a tough team ... and we can make anything happen at any time."

Yorktown running back/linebacker Jack Storrs said the Warriors have improved.

"Wakefield used to be a doormat," he said. "We'd come in here and our goal would be to keep the score down. We'd put our JV guys in [at the] beginning of the second half, middle of the third quarter. We had

our starters in to the end of [tonight's] game, if that means anything. Big props to everybody at Wakefield. They're getting better and it shows with their record."

Storrs was a big reason Yorktown was able to take control of Friday's contest. His 2-



Yorktown head coach Bruce Hanson talks to Patriots quarterback Joe McBride.

yard touchdown run gave the Patriots a 10-7 lead with 10:03 remaining in the second quarter. On the next play from scrimmage, Storrs returned an interception 27 yards for a score, extending Yorktown's advantage to 17-7.

Moments later, Yorktown's Austin Kasmer blocked a punt and recovered for a touchdown. Just like that, the Patriots led 24-7.

Wakefield didn't give up, however, answering with a Leon Young 3-yard touchdown run on its next drive, cutting the Yorktown lead to 24-14.

"It shows just how [good] of a job Wayne Hogwood has done," Yorktown quarterback Joe McBride said, "and it shows how talented their kids are."

A big reason for Wakefield's success has been the play of senior quarterback Riley Wilson. The 6-foot-5, 195-pound signal caller transferred from Yorktown to Wakefield prior to his junior season. Wilson felt quarterback was the position that would give him the best chance of playing football at the college level, so he transferred to the South Arlington school for an opportunity to start as a junior.

On Friday, he completed 11 of 23 passes for 219 yards, with one touchdown and one interception against his former school.

"I try not to make it some emotional game, but I definitely prepared through the

whole week expecting to bring my 'A' game," Wilson said. "It's a real big adrenaline rush. All the people in the crowd are my best friends since I was in kindergarten. There was a lot of pressure on me, but I knew I had to step up. I wasn't going to let it smash me. I wasn't going to let the pressure [knock] me over."

Wakefield's Young carried 18 times for 69 yards and a touchdown. Receiver Isaiah Archer had four catches for 75 yards. Justin Moore had two receptions for 60 yards, and Marqua Walton had two receptions for 39 yards and a touchdown.

Yorktown's McBride, who completed 16 of 26 passes for 225 yards, with two touchdowns and one interception, also noticed a change in atmosphere surrounding Wakefield football, including more Warrior fans in the stands, something he attributes to a pair of former Patriots.

"[Wilson is] changing the culture," McBride said. "[Wilson] and Wayne are changing the culture of this school. This is a new stadium, it's a new fan base. Wakefield kids wouldn't even show up to a football game [in the past] if you [got] in free with a Whopper. ... Riley has done amazing things, Wayne has done amazing things. It just shows that even though it takes time to change a culture, it can be done."

Hogwood played quarterback at Wakefield and set the program's single-season passing yardage record, which stood for 12 years. He also played collegiately at Division III Shenandoah University, where he led the program to the 2003 Dixie Conference championship. Hogwood said his ties to Wakefield have helped him draw athletes to the program who might not have played, otherwise. Hogwood said getting kids to join the team is "80 percent" of turning around a program.

While the Wakefield varsity is experiencing success, the school's freshman program is 6-1, providing additional hope for the future.

"This is our second year as a staff over here," Hogwood said. "I don't know of anybody that has turned a program from 0-10 to 10-0 in two years. It's a process, it's a long haul. ... It's slowly starting to come around. We expect to be good and get better because we're going to do things the right way, but nothing is going to happen overnight."

Wakefield will try for win No. 6 at home against Stuart at 7:30 p.m. on Friday, Oct. 24. Yorktown will travel to face Chantilly at 7:30 p.m. on Friday.

Yorktown's head coach and players weren't the only ones showering Wakefield with praise following Friday's game. While Hogwood was answering a reporter's questions outside of the locker room, a veteran referee stopped as he was leaving the building to speak with the Warriors coach.

"I'll tell you one thing, I've been to Wakefield before," the referee told Hogwood. "This is the best team I've ever seen (here). You're doing a super good job."

PHOTOS BY LOUISE KRAFT/THE CONNECTION

SPORTS



PHOTOS BY VERONICA BRUNO/THE CONNECTION

Mixed Doubles team Marian Lapp from Arlington and Steven Valiant from Springfield won the Silver in the Pickleball finals.

Helen White, 61, resident of Arlington, won the Silver medal in her age group in the Pickleball finals. White is also a National Ambassador for the sport.

Senior Olympics Takes Spotlight

Hundreds participate for Gold, Silver and Bronze.

Whack! Smack! These were the constant sounds going back and forth during the pickleball finals at the Thomas Jefferson Community Center in Arlington. The pickleball games were part of the Northern Virginia Senior Olympics taking place at several venues throughout the region.

"It's fun, it's fit, it's a great workout," said Helen White, a competitor in the 60's age bracket for pickleball. White is also a national ambassador for the sport and won the silver in her age group during the games. An avid promoter of the sport in the Washington, D.C. metropolitan area, she is working with the staff at the Falls Church rec-



Pickleball gold, silver, and bronze medals on display and ready to be awarded.

reation center to start up an active pickleball program. Played on a badminton-size court with a modified tennis net with a paddle and plastic ball, pickleball is best described as a combination of tennis, badminton, and ping-pong. "It's easy to learn, hard to master," according to White, who also won the Silver in the finals.

In addition to the competitive pickleball tournaments, seniors aged 50-plus took part in track, rowing, diving, tennis, miniature golf, basketball, field events, among many others. Over 50 sporting trials were held throughout the Arlington, Fairfax, Fauquier, Loudoun and Prince William counties.

Gold, Silver, and Bronze medals were awarded after each final.

— VERONICA BRUNO



Men's Doubles teams in the age bracket 80-89 pose with their medals. Gold medalists were Robert Barnard and Wayne Bell won the final against silver medalists Duff Rice and Ed Ladd. Also pictured are NVSO coordinators Anne Chase and Jim Viggiani.

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Self-Indulgent or Self-Effacing

By KENNETH B. LOURIE



After re-reading last week's column: "Not in the Mood," I began wondering if that column had strayed beyond the boundaries, so to speak, and was too much about me and not enough about my circumstances. Certainly I understand, given my column's recurring theme, that the subjects of me and my circumstances – and the personal stories I share with you regular readers – are basically the same. Still, I never want the content to be considered important because it's MY life that's being profiled. Quite the contrary. If the columns were any more about me, you wouldn't be interested.

Cancer is the issue, and one person's survival, however compelling and/or statistically unlikely, is not. Granted, success in the face of extremely dire and discouraging warnings from one's oncologist is worth noting for sure. But it's not because of me that any of it matters. I'm just a prop. It's the story that matters, not the storyteller. Yet I couldn't help but think that my droning and bemoaning last week was in some ways more for my purposes than it was for you: a few minutes spent in my shoes living some of the cancer life. (By the way, in person, in my non-column life, I'm not very cancer-centric.)

Admittedly, I may be a bit sensitive to this self-indulgent possibility/tendency. When you write a first-person narrative about the writer's life, as I do, it's a reasonable claim to make. A claim I regularly and insistently deny. As odd as it sounds to say this, it's never about me; that's my nature. Ergo, how can a column I've written weekly going on almost 17 years, the last five and half of which have been what I call "cancer columns," be about me? In my mind (or perhaps, according to my way of thinking), it can't.

I suppose I perceive self-indulgence as the opposite of self-effacing (self-effacing being a characterization I'll happily embrace). And I refuse to believe that the three most important words in the dictionary are "me," "myself" and "I." Though I am the subject of my columns, it's the fact that I'm a cancer patient/survivor that's most relevant. Moreover, there are many more cancer survivors with many more stories to tell who add substance to my claim. I'm just one of the few with the opportunity and inclination to share and share alike. It's been my pleasure doing so, and it has become my passion as well. It's who I am; it's what I've become. "I may not be right all the time, but I'm very seldom wrong" (to quote one of my deceased father's favorite phrases). However, there are some columns/weeks when I may scribble outside the lines. It's unintended. Let's not forget one incontrovertible fact though: "Cancer sucks." But it's not because of anything I say or do.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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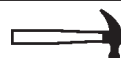
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RECREATION



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Arlington County Board Chairman Jay Fissette welcomes all to the official ribbon cutting ceremony at Towers Park on Sunday morning.

Ribbon Cutting at Towers Park

The renovations are complete at Towers Park on S. Scott Street. The four-acre park that includes basketball, tennis, practice courts and a picnic shelter were fully replaced. Dark sky lighting was installed, improvements were made to the canine exercise

area and paths were made to all the renovated facilities. In addition, the park received new furnishing, a portable restroom and landscaping. Arlington County staff were joined by elected officials and community members for the official ribbon cutting on Sunday, Oct. 19.



The paths and entranceways to the renovated facilities at Towers Park have been upgraded and landscaped.

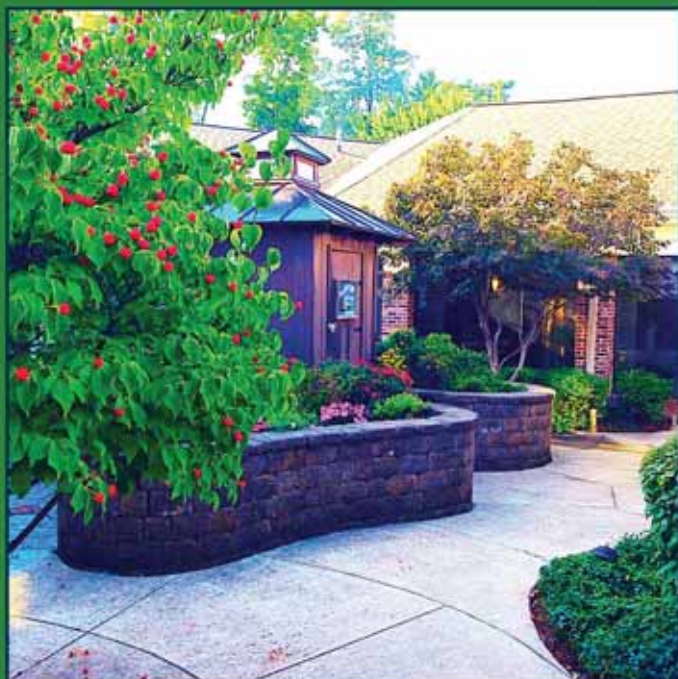
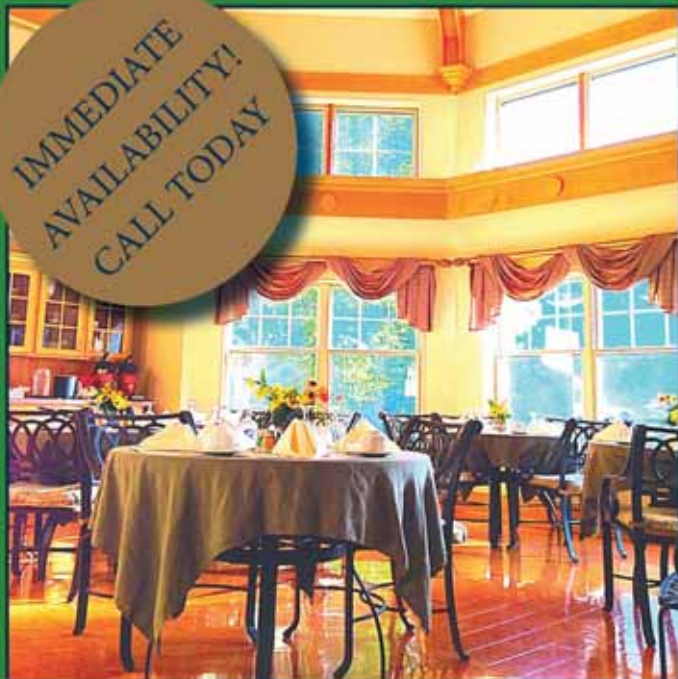


Bernadette Grullon joins chair of the Penrose Green Commission Terri Armao and state Del. Rip Sullivan at the ribbon cutting.



Laura Barragan gets warmed up in a footwork drill led by Jose Carlos of the Arlington County Tennis Association on the new courts at Towers Park on Sunday.

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