

McLean's Unruly Theatre Opens for Business

McLean
CONNECTION

ENTERTAINMENT, PAGE 10

Jeeho Ha (Madeira) and Doug Klain (Fairfax) in the Unruly Theater Project's "The Bully Plays: by kids for kids," playing at the Alden Theater in McLean Oct. 29-30.

Transportation Issues Dissected

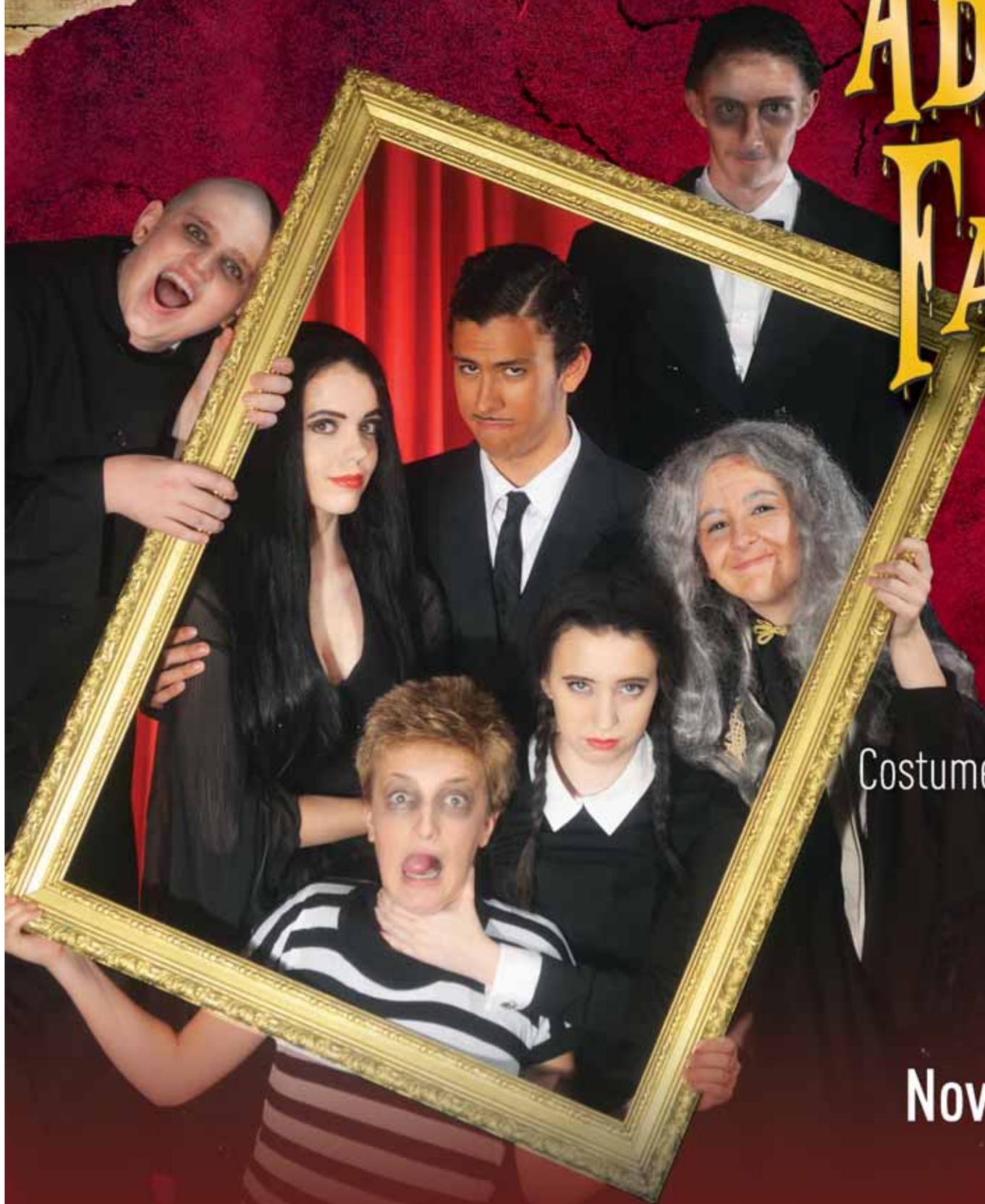
NEWS, PAGE 3

Texting While Driving Examined at Langley

NEWS, PAGE 3

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Transportation Issues Dissected

Citizens association hosts update on roadways and sidewalks.

BY REENA SINGH
THE CONNECTION

Traffic congestion. Roadway construction. Lack of sidewalks.

All these and more were among the concerns McLean residents had for the Fairfax Department of Transportation director Oct. 14 during McLean Citizen's Association's transportation update.

"What is being done or where in the planning process are you to put in sidewalks between central McLean and the community center or on Rt. 7?" asked MCA President Sally Horn. "There is a great deal of frustration that although there is a great deal of projects in Tysons, nothing is being done in the surrounding communities."

Frustration was the theme of the night as citizens shot questions to Director Tom Biesiadny.

He admitted that sidewalks in McLean are not as connected as FDOT would like them to be. However, there are plans in the Tysons Metro Access Project for a pedestrian and bicycle access project from Chain Bridge Road to the McLean Metro station.

Biesiadny spent the beginning half of the meeting to go over answers to questions that were sent to FDOT days before.

"I appreciate the advance questions that



PHOTOS BY REENA SINGH/THE CONNECTION

Dranesville Supervisor John Foust talked about some of the recent developments for county transportation.

were submitted," he said.

Bicycle lockers, he said, were filled up within the first two weeks of the Tysons-area Metro stations opening. More racks are planned to be installed soon.

Additionally, bicycle and pedestrian trails are being scoped out on Chain Bridge Road and Scotts Run Stream Valley by the county Park Authority.

He also noted that the "superstreet concept" - where cars turn right and make a U-turn on roads rather than turning left, is coming to Tysons.

"It's a concept we haven't seen in Virginia, but it is used in other parts of the country," Biesiadny said.

These superstreets will be located be-

tween the Dulles Toll Road Connector and the Capital Beltway.

Another project currently approved for construction is the Jones Branch Connector, which is slated for completion in 2018.

As Tysons develops into the "Next Great American City" per its motto, a system of grid streets will be constructed to alleviate traffic on Leesburg Pike. The road has become notorious over the years for its traffic congestion at rush hour.

For those who are concerned about the parking at Metro stations, he said, Wiehle-Reston East's lot is 70 percent full.

"This is actually ahead of schedule," he said. "We thought it would be at 50 percent at this point."



Fairfax Director of Transportation Tom Biesiadny talked to McLean residents about current and upcoming transportation projects in the area.

The county Board of Supervisors recently approved a private developer to construct a 700 space lot near the McLean station, which already has a plethora of parking spaces.

Additionally, two rezoning applications near the Spring Hill and Greensboro Metro stations may include parking.

Both Dranesville Supervisor John Foust and state Sen. Barbara Favola came to the discussion to find out about the concerns of McLean's citizens. Foust said the Board of Supervisors recently approved a new transportation plan.

"Since I got on the board, it's been my priority to bring more pedestrian access to the area," he said.

The next centennial event is the 10th Congressional District debate at 3 p.m. Oct. 26 in the Alden Theater. For more information, visit <http://mcleancitizens.org>.

Texting While Driving Examined at Langley

Langley High School students learn safety through simulator.

BY REENA SINGH
THE CONNECTION

Hanna Hunt was behind the wheel, phone in hand. When a text popped up, she had a choice. Would she answer it?

Hunt, a senior at Langley High School, was playing a simulated driving game during lunch, so when she "crashed" her car earlier that day, she walked away with zero consequences.

The simulator was a part of the school's theme of the year - road safety - in partnership with AT&T's It Can Wait campaign to give students a reality check on Oct. 16 for how texting on their phone affects their driving.

"It's become very cliché to hear, 'Don't text and drive,' and they don't take it seriously," she said.

She noted that other students admitted

some of their real life fender benders happened after they attempted to text while driving.

Langley students like her had the opportunity to play the simulator and sign a pledge that they would never text and drive again.

"Distracted driving is relevant to everyone regardless of age," said school Family Network Committee co-Chair Betsy Shomaker. "It's not a problem here, but it's something that we need to be aware of."

This year's theme was inspired by the summer's Langley Read: The Adoration of Jenna Fox. Later this year, she is organizing an alcohol awareness program.

"Some studies have shown that 200,000 crashes a year can be attributed to texting and driving," said AT&T Director of Public Affairs Daniel Langan. "We know it as a problem among younger drivers."

In addition to AT&T, representatives from Inova Health and State Farm were also at the event.

Shomaker said some of the younger students have told her that they see their par-



PHOTO BY REENA SINGH/THE CONNECTION

Langley High School senior Hanna Hunt behind the wheel of a texting and driving simulator on Oct. 16. Students could sign a pledge to never text while driving again as part of the school year's theme of road safety.

ents text behind the wheel. Some of the older students bragged that they would be great at the simulated driving game, because they drive and text frequently.

"A lot of them are coming away very surprised," said school Director of Student Services Sonya Williams. "They realize they're

not as good at it as they thought."

She said the program comes during an important time of year - Homecoming Week. As new drivers head out on the road, it is a reminder to remain alert and get rid of anything that can serve as a distraction for new drivers.

Hunt said the event is the only interactive event the students have had at the school. She said it had a good message.

"I have a brother who is a freshman, and I definitely have to set an example for him," she said.

Others may not admit to texting while driving, but they do, she said. She encouraged students to text #X to those they were texting before driving to let the other person know to not send them a text until the driver is at their destination.

"There was one student from Langley who was texting and driving this year and totaled the car," she said. "It was really bad."

For more information on the It Can Wait campaign, visit <http://www.itcanwait.com>.

Jill's House Holds Open House

Nonprofit welcomes visitors during annual open house.

BY RYAN DUNN
THE CONNECTION

On Oct. 5, Jill's House was open to visitors to tour the 42,000-square-foot center. A nonprofit organization providing respite care for children with special needs, Jill's House serves more than 500 families, primarily at the center near Tysons Corner, but increasingly through programs in Colorado Springs, Los Angeles, Austin and elsewhere. Approximately 700 people visited the building, many for the first time.

Jill's House serves boys and girls, ages 6 through 17, with a physical, emotional or intellectual disability without regard to race, religion, ethnicity, gender or financial means. The organization provides short-term overnight care, social activities and a range of therapeutic activities for children with disabilities, providing the primary caregivers with the opportunity for respite.

The nonprofit is named after Jill Solomon, daughter of McLean Bible Church Senior Pastor Lon Solomon and Brenda Solomon. Jill was born with a rare seizure disorder, and at 3 months old Jill began having multiple seizures every day. The family suffered stress and exhaustion and began to feel emotionally drained. This changed when a friend helped organize some caregivers for Jill so the Solomons could get some rest.

IN 1995 the Solomons began to think how they could give other parents a break and give children such as Jill an opportunity to have fun and enjoy activities many children take for granted. Lon Solomon toured a facility in Jerusalem named Shalva. Shalva means "peace of mind." Shalva offers many services to children with intellectual disabilities, including overnight respite. He recognized it as a model for meeting a crucial need for overnight respite.

Overnight respite allows parents to take time away and focus on their marriages and allows families to devote more time to their other children. Some parents use the time to study for new degrees to improve their family's quality of life. Others use the time to get ahead on work. In 2003, the Solomons co-founded Jill's House and began planning and fundraising for this state-of-the-art facility to accommodate children with special needs. In October 2010, the facility welcomed six children as the first overnight guests.

"Both of my children have been attending here since it opened," said Shannon McNeil, a resident of Fairfax. McNeil began taking her daughter to Jill's House when she was 8 years old, and her son when he turned 6. "For me, I love getting to meet the families," said McNeil. "I think they



PHOTO BY RYAN DUNN/THE CONNECTION

Staff and volunteers with Jill's House in Vienna pose for a photo. Jill's House is a nonprofit organization providing respite care for children with special needs, and serves more than 500 families.

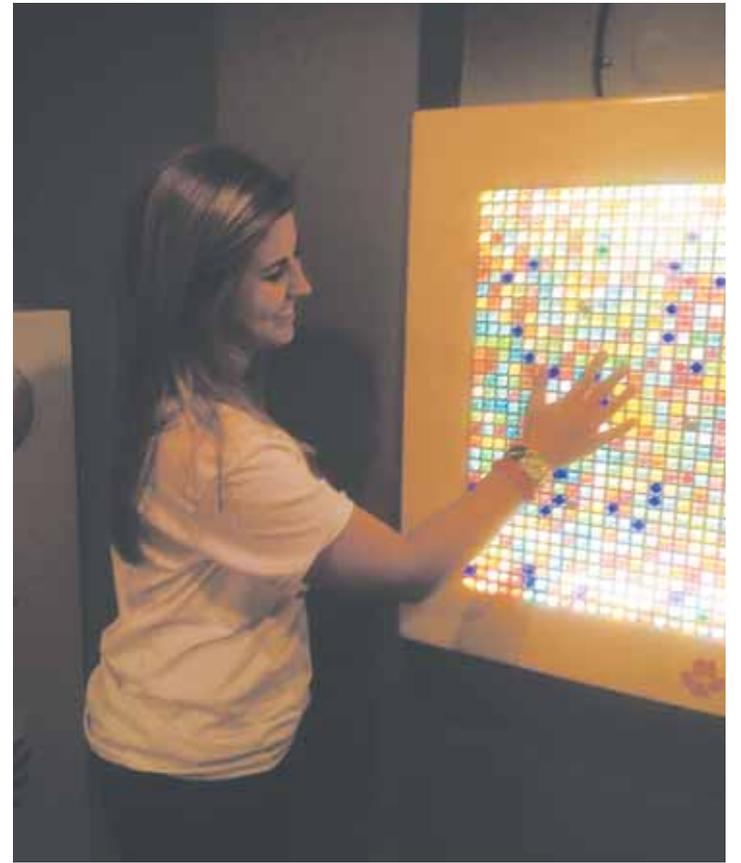


PHOTO BY RYAN DUNN/THE CONNECTION

Danielle Whitty, year-long fellow at Jill's House, shows some of the sensory development features.



PHOTO BY RYAN DUNN/THE CONNECTION

Great Falls resident and Jill's House volunteer Rose Jallits with vice president of advancement for Jill's House Denise Daffron. Both welcomed visitors to the Jill's House facility during the open house on Oct. 5.



PHOTO COURTESY OF JILL'S HOUSE

Visitors to the Jill's House facility read literature about the origins of the organization. Jill's House serves boys and girls, ages 6 through 17, with a physical, emotional or intellectual disability without regard to race, religion, ethnicity, gender or financial means.

appreciate speaking with another parent."

McNeil has served as a representative of Jill's House to help support the staff.

"My experience has been very rewarding here," said Claire Waldrop, an employee at Jill's House. "It is incredible to meet the courageous families that we have the privilege of serving. The open house was an awesome chance to see the community support and interest in work done at Jill's House."

Jill's House currently employs approximately 120 part-time and full-time staff. The organization also offers internship and fellowship programs for those who wish to develop or learn more about the childcare specialist profession. "I heard about this program through a friend," said Danielle Whitty, an undergraduate of the University

of Mary Washington. Whitty is one of nine people participating in the year-long fellowship program. "I would say Jill's house is an incredible facility. There is so much demand for places like this. We accept anyone of any belief regardless of whatever background they come from." On average Jill's House staff serves 42 children per weekend.

JILL'S HOUSE was created and is maintained through individual donations and foundation grants and receives no direct state or federal funding. The facility was one of six finalists that recently won a \$10,000 award from the Guaranteed Rate mortgage company's "Ultimate Neighborhood Give Back Challenge," a nationwide search for organizations that make signifi-

cant contributions to their communities. Jill's House was chosen out of a field of 320 national entries. At Jill's house, staff members are trained in CPR and first aid, and a registered nurse is on duty at all times, with a physician always on call. The center includes an indoor pool, gym, playground, light and sound sensory rooms and more.

"Ninety percent of the families of Jill's House are not affiliated with a church," said Denise Daffron, vice president of advancement for Jill's House. "We serve everyone and we respect where the parents are coming from." Jill's House is located at 9011 Leesburg Pike, Vienna, near Tysons Corner and is accessible via I-66; I-495 and Rt. 267 (the Dulles Toll Road). Learn more online at jillshouse.org or call 703-639-5660.



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Dan Storck (Mount Vernon District)

Tammy Derenak Kaufax (Lee District)

Ryan McElveen (At Large)

Janie Strauss (Dranesville District)

Ilryong Moon (At Large)

The Fairfax County Federation of Teachers would like to thank all of the 2014 award winners listed above for their consistent advocacy, proactive communications, and support of our workforce over the past year. We publicly acknowledge their efforts to make a difference in the lives of FCPS employees. Thank you for caring about us; it matters and is appreciated.



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**WEEK IN
 McLEAN**

Foust and Comstock to Debate in McLean

The McLean Citizens Association, in collaboration with the Great Falls Citizens Association, invites all voters in the greater McLean and Great Falls areas to a debate between the Democratic Party and Republican Party candidates for the 10th Congressional District seat, John Foust and Barbara Comstock, respectively. The debate is scheduled from 3-4:30 p.m. on Sunday, Oct. 26 at the Alden Theater in the McLean Community Center, 1234 Ingleside Drive, McLean.

With the retirement of long-serving Congressman Frank Wolf, the race for Virginia's 10th Congressional District seat in the House of Representatives likely will be one of the most closely watched races in the United States.

Both John Foust and Barbara Comstock are "hometown" candi

SEE WEEK, PAGE 7

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WEEK IN MCLEAN

FROM PAGE 6

dates" who live in McLean. This is a unique opportunity to hear why they want to represent us, and how they propose to help solve the complex and difficult challenges facing our region and our country.

The MCA and GFCA will collect written questions from the audience at the start of the debate. Following brief opening remarks, the candidates will be asked to respond to as many questions as time permits.

Seating is limited to the Alden Theater capacity. Doors open at 2:40 p.m.

Theologian-in-Residence to Speak at McLean Church

Reverend Dr. Thomas G. Long, who teaches preachers how to

preach at Emory University, is 2014 Theologian-in-Residence at the Immanuel Presbyterian Church on Savile Lane in McLean. On Saturday and Sunday, Oct. 25-26, Dr. Long will have a presentation on "Puzzles, Riddles, and Paradoxes: The Provocative Parables of Jesus." The presentation is open to the public. The registration fee is \$20, which covers a light lunch. Dr. Long will also preach at Immanuel Church's 10 a.m. Sun-

day service; a video of the morning sermon will be shown at the 5:30 p.m. service.

Yoga Event in Support of Project Knitwell

"Yarn Over Yoga" event, hosted by Pengu Studio of McLean, will be held on Saturday, Oct. 25, 2 - 4 p.m. at 6809 Old Dominion

Drive, McLean. A one hour yoga class will be taught, followed by knitting lessons, refreshments, and a raffle to benefit Project Knitwell, a local nonprofit that brings the joy of knitting to people in stressful situations. One hundred percent of the \$40 donation will support Project Knitwell's many programs in the area. One hundred percent of the \$40 donation will support Project Knitwell's programs in the area. (www.pengustudio.com)

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Yes to Fairfax Transportation Bond

\$84 million for pedestrian, bike and trail improvements.

Of more than 75 projects included in the current proposal, on the ballot for Nov. 4, all but seven are designed to make Fairfax County safer and more inviting for pedestrians and bicyclists.

Voters will decide on Election Day whether to authorize \$100 million for:

- ❖ Spot road improvements to increase roadway capacity, reduce congestion, improve safety, and improve transit access (\$16 million)
- ❖ Pedestrian improvements to improve capacity, enhance safety and complete missing pedestrian links that connect neighborhoods, and improve access to schools, Metrorail stations and activity centers (\$78 million)
- ❖ Bicycle improvements that include developing new bicycle facilities, constructing trails, adding bicycle parking and enhancing accessibility (\$6 million)

Fairfax voters have a long history of approving bond questions for local transportation,

schools and parks. This should be no exception.

Vote

The importance of voting, and the difference just a few votes can make, is on display in Virginia, where close elections decided by a fraction of a percent of total voters have set the stage for some big changes.

Election Day is Tuesday, Nov. 4. But you don't have to wait until then.

In person absentee voting is underway at Fairfax County Governmental Center and seven satellite locations thru Nov. 1.

Office of Elections, 12000 Government Center Pkwy, Conf. Rooms 2/3, Fairfax, 22035. Now - Oct. 31, Monday thru Friday - 8 a.m. - 7 p.m. Saturdays, Oct. 25 and Nov. 1, 9 a.m. - 5 p.m.

Satellite Voting Locations:
 Franconia Governmental Center - 6121 Franconia Road, Alexandria, 22310
 Dolley Madison Library - 1244 Oak Ridge Ave., McLean, 22101
 North County Human Services Bldg. - 1850 Cameron Glen Drive, Reston, 20190
 West Springfield Governmental Center -

6140 Rolling Road, Springfield, 22152
 Mason Governmental Center - 6507 Columbia Pike, Annandale, 22003
 Mount Vernon Governmental Center - 2511 Parkers Lane, Alexandria 22306
 Sully District Governmental Center - 4900 Stonecroft Blvd., Chantilly 20151
 Monday - Friday, Through Oct. 31, 3:30 p.m. - 7 p.m.
 Saturdays, Oct. 25 and Nov. 1, 9 a.m. - 5 p.m.

For more information, call 703-222-0776 or visit <http://www.fairfaxcounty.gov/elections/absentee.htm>

You'll need photo identification to vote either on Election Day or absentee. Any registered voter can apply for a free Virginia Voter Photo Identification from any general registrar's office in the Commonwealth. Voters applying for the Virginia Voter Photo ID Card will have to complete the Virginia Voter Photo Identification Card Application, have their picture taken, and sign the digital signature pad. Once the application is processed, the card will be mailed directly to the voter.

— MARY KIMM.
 MKIMM@CONNECTIONNEWSPAPERS.COM

LETTERS TO THE EDITOR

Earning a 'Seat at the Table' Questioning Ultrasound

To the Editor:

I am a freshman at Langley High School and have lived in McLean my whole life. I have participated in Delegate Barbara Comstock's Young Women's Leadership Program for the last few years and it has been a fantastic opportunity for me. This program provides young women, such as myself, the opportunity to meet and interact with women in leadership positions in government, politics and business. I was introduced to several dynamic women, and learned something from each one of them. Because of what I have learned from this program, I now know that if I want to have a "seat at the table" in any aspect of my life, I need to sit at the table and be heard.

I know Ms. Comstock will continue to inspire young women so they will become more involved in their communities. I am so thankful that this opportunity is available to young girls in our area. It is a program that works with leaders in both parties and encourages community involvement. I have been offered many privileges in my life, and I cannot wait to "lean in."

Lauren Markwart
 McLean

To the Editor:

I have heard Barbara Comstock speak and have read her well-written campaign materials. She impresses me as bright, energetic, experienced and personable. But as I have learned more about her support for forced trans-vaginal ultrasound of pregnant women I have come to question who she really is. What kind of a person, especially a "conservative," supports such extreme government intrusion? Or supports the state intervening in the patient-provider relationship by mandating (unfunded and sometimes dangerous) medical procedures? The questions are not only about the civility of the procedure, but more importantly about Ms. Comstock's mentality of coercion. How will it reappear if she is a member of the Congress?

Dr. Gary Filerman
 McLean

Hidden Record

To the Editor:

The recent revelations of Barbara Comstock's failure to disclose her paid lobbyist role and income from out-of-state special interest groups are no surprise. Ms. Comstock was elected and paid to

be a representative of Northern Virginians. Instead, she took thousands of dollars to introduce bills essentially written by the so-called Workforce Fairness Institute.

Comstock has hidden her record in Richmond for the last four years. Now we can better understand her motivations. It was good business for Comstock to do the bidding of her client and ignore her constituents.

It is time for voters to fire her from her government job. Wonder if she will still be wanted by her "private" clients.

Arnold Goldsmith
 McLean

Champion on Trafficking Issue

To the Editor:

Recently I viewed the TV ad that Barbara Comstock released that was narrated by Congressman Frank Wolf who is our representative in the 10th Congressional District in Northern Virginia. Delegate Comstock worked as a senior aide for a number of years for Congressman Wolf so he is well aware of her strong qualifications for replacing him in Congress.

More specifically, Barbara Comstock has been a champion of fighting human trafficking in the Virginia House of Delegates; in fact, she has written legislation

that cracks down on this terrible crime.

As a mother of two girls and a grandmother of three girls, Barbara Comstock's active involvement and concern in human trafficking is of real interest to me and our family. She has worked on legislation that makes soliciting a minor under 16 a Class 5 felony and any person who solicits prostitution from a minor 16 years of age or older is guilty of a Class 6 felony. She has worked closely with law enforcement officials in the area on a bipartisan coalition in the General Assembly to propose and adopt stricter laws in this area.

Congressman Frank Wolf has been a leader and a strong advocate of working to end human trafficking as well. I know that with Barbara Comstock as his successor in Congress, we will continue to have a strong champion on this important issue and an ongoing strong voice in our District. She will be a representative who will act and work vigorously with others in Congress to pass legislation to crack down on these crimes. She has a proven record of doing so in the Virginia House of Delegates.

This is one of the many reasons why my husband and I strongly support Barbara Comstock for Congress. We urge others in our 10th District to do the same.

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Why do some people reach age 80, 90, and older living free of physical and cognitive disease? National Institute on Aging (NIA) researchers on the Baltimore Longitudinal Study of Aging (BLSA) are exploring this question through the IDEAL (Insight into Determinants of Exceptional Aging and Longevity) Study. Although research exists on the relationship between long life and functional decline, we still know relatively little about why certain individuals have excellent health well into their 80's while others experience disease and physical decline earlier in life.

**IDEAL Study participants can help
NIH researchers uncover secrets of healthy aging**

Participants are 80 years or older and:

- Can walk a quarter mile unassisted
- Have no severe memory problems
- Have no major medical conditions

Does this describe you or someone you know?

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ENTERTAINMENT

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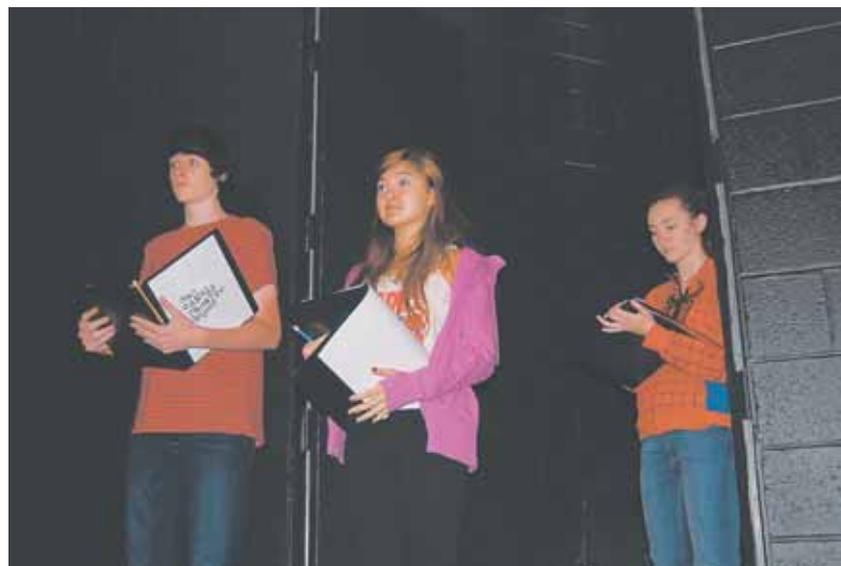
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Homeschoolers Guild

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SPRINGFIELD, VA

SAT, NOV. 1, 9AM - 4PM
SUN, NOV. 2, 11AM - 4PM

WWW.NVHG.ORG \$3 ADMISSION

Unruly Theatre Project in rehearsal:
(from left) Joey Barth (McLean), Jade Lewis (South Lakes) and Elizabeth Rudacille (Fairfax).



PHOTOS COURTESY OF MCLEAN COMMUNITY CENTER

McLean's Unruly Theatre Opens for Business

Teen troupe to present anti-bullying play.

BY DAVID SIEGEL
THE CONNECTION

The Unruly Theatre Project (UTP), a new professional teen theater troupe, has been established in McLean.

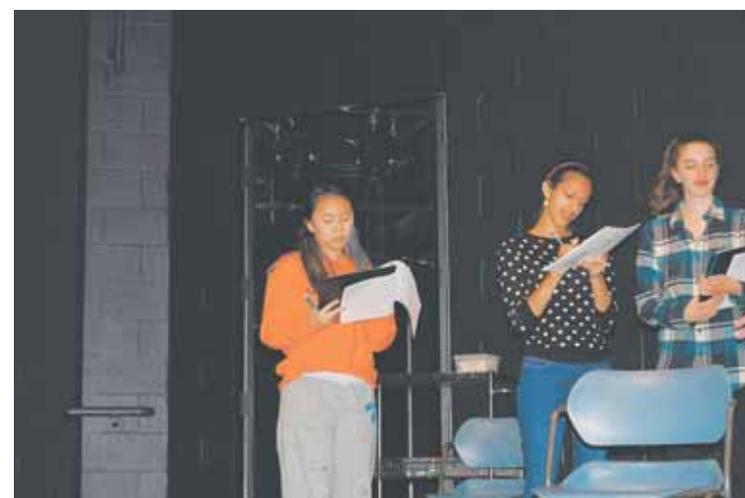
"There is a need in our community to find positive and creative outlets for our teens as well as to create open discussions about social issues affecting our area ..." said Kathy Herr, director, youth programs, McLean Community Center (MCC).

The 13-member Unruly company is built upon previous MCC experience with teen acting companies along with "the increasing level of excitement from civic groups, schools, and teens as a catalyst for further development," according to Herr. It is an acting company bringing paid opportunities to high school students. Current UTP members include high school students from McLean, Langley, Marshall, Fairfax, South Lakes and Madeira.

One of the key missions for the Unruly players is to "evoke laughter while engaging, enriching and inspiring audiences," said Herr.

The Unruly Theatre Project will also promote productive examination of social issues affecting upper elementary students such as anti-bullying. With October as Bullying Prevention Awareness Month, the first Unruly production will be "The Bully Plays: by kids for kids," an anti-bullying production to be performed at the Alden Theatre. Students from selected grades at Churchill Elementary will attend, at no cost to the school.

The UTP will also perform short-form, improv comedy and social-issue themed plays in the coming months at various locations such as coffee houses and stages in Fairfax, Arlington, Vienna, and Falls Church.



From left are Jeeho Ha (Madeira), Priya Miller (Langley) and Bevy Daniel (Marshall).

Where and When

"The Bully Plays: by kids for kids" presented by the Unruly Theater Project at the Alden Theater, McLean Community Center, 1234 Ingleside Ave, McLean. Performances: Oct. 29 and 30 at 10 a.m. For more information about the Unruly Theatre Project including performances go to: www.facebook.com/unrulytheatreproject

Bevy Daniels (Marshall High School) said that UTP gives her the opportunity to create theater that matters. "Whether the company is brightening someone's day with an improv piece or giving a lesson that kids may actually listen to, the effect that UTP has on our community is vital."

"The anti-bullying messages by UTP aim to break that cycle, performing engaging and thought provoking pieces that students can actually identify with," added Daniels.

For Priya Miller (Langley High School), UTP enables her "to teach children improv rudiments or project messages about anti-bullying to crowds It's a really energetic yet invigorating company." Plus Miller noted that "it's important because teens need a foundation upon which they can express themselves and convey messages to others, and UTP is just that."

For the Unruly Theatre Project members, UTP is also expected to enrich their lives as they bring their enthusiasm to theater with a mission and laughter to others.

Saint Ann Catholic Church

SUNDAY LITURGY SCHEDULE:
Saturday Vigil: 5:30 PM
Sunday: 8:00, 9:30, 11:00 AM
1:30 PM Spanish Liturgy
5312 North 10th Street
Arlington Virginia 22205
Parish Office: (703) 528-6276

DAILY EUCHARIST:
Weekdays
Monday-Friday, 6:30 AM & 8:30 AM
Saturday, 8:30 AM

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All are warmly welcomed

lost (adj): 1. unable to find the way.
2. not appreciated or understood.
3. no longer owned or known



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Vienna Halloween Parade Oct. 29

The 68th annual Vienna Halloween Parade will begin at 7 p.m. on Wednesday, Oct. 29, on Maple Avenue from Berry Street to Center Street. This year's parade theme is "Celebrating the Tradition of Vienna Girls Sports" with Frank Lancaster serving as Grand Marshal. Once again, the parade will feature the Washington Redskins Marching Band as a special guest.

Children are invited to walk in the parade in their Halloween costumes. No registration is required. Meet at 6:30 p.m. in the parking lot of United Bank, 374 Maple Avenue, E. Children must be accompanied by an adult.

On Wednesday, Oct. 29, Maple Avenue – Route 123 in the Town of Vienna – between East Street and Lawyers Road will be closed beginning at 6:50 p.m. for approximately two hours for the annual Vienna Halloween Parade. Several side streets off Maple Avenue will be closed and no on-street parking will be allowed beginning at approximately 4:45 p.m. to allow parade participants to line up. All streets will reopen at the conclusion of the parade around 9 p.m.

For more information, call Vienna Parks and Recreation at (703) 255-6360 or visit www.viennava.gov.

Beware IRS Scam Calls

Town of Vienna police are advising residents of several recent reports of callers claiming to be IRS employees. The callers claim the resident has either committed tax fraud or improperly filed previous tax returns. The caller says the resident must send a Western Union payment or purchase a prepaid debit card for payment, or the resident will be arrested. But, say police, "This type of call is a scam. Never send a payment unless you have verified the validity of the caller."

Vienna Mayor's Walking Group

Vienna residents are welcome to join Mayor Laurie DiRocco's walking group. It meets every Friday at 9:30 a.m. at the Town Hall, 127 Center St. S. The walks are about 2.5 to 3 miles, with a different route every Friday. The next walk is Oct. 24.

Halloween Costume Party

A Halloween Costume Party and "Late Night Evening of Mild Fright" is slated for teenagers on Friday, Oct. 24, at 3:30 p.m. at the Club Phoenix Teen Center in the Vienna Community Center, 120 Cherry St. S.E.

Admission is free and teens are invited to dress in costume. There'll be games, food, a costume contest and age-appropriate Halloween movies. Students in grades six through eight may stay until 10 p.m. For more information, call 703.255-5721.

Free Spooktacular Band Concert

The Town of Vienna Community Band performs its free, fall Spooktacular Concert on Sunday, Oct. 26, at 7 p.m., at the Vienna Community Center, 120 Cherry St. S.E. It'll feature Halloween music by Leroy Anderson, Andrew Lloyd Webber, John Williams and other famous composers. No tickets are needed, and attendees are welcome to come in costume. The concert is open to all ages. Call 703-437-3787 or visit www.viennacommunityband.org.

Mayor's At Your Service Meetings Scheduled

Vienna Mayor Laurie DiRocco will continue to host Vienna At Your Service meetings. Scheduled topics include a presentation on the Town's infrastructure by the Public Works Department on Nov. 11, the Town's 125th Anniversary in 2015 at the Jan. 13 meeting, a Community Enhancement Commission topic on March 10, and the Community Center renovation update by the Department of Parks and Recreation on May 12.



With help from Firefighter Adam Searle, Connor Hunt, 2-1/2, squirts a hose at a "burning house."

Fire Engines, Children and Fun

Families flocked to the Vienna Volunteer Fire Department's Oct. 11 open house.

PHOTOS BY BONNIE HOBBS/THE CONNECTION



Junior firefighter Daniel Lee, 3-1/2, proudly holds a balloon.



Nathan Morgan, 2, has fun in the back of a fire vehicle.



Nadia Peralta, 1-1/2, stands inside a fire engine.



Hope Sanchez, 10, enjoys sitting inside a fire engine.

LETTERS

FROM PAGE 8

Joan Dreux
McLean

Honest Like Wolf

To the Editor:

As a resident of eastern Fairfax County, I have been represented by Representative Frank Wolf, by Delegate Barbara Comstock, and by Supervisor John Foust. Although I usually vote Democratic,

I have voted for Wolf because he works for his constituents and has great moral integrity. He was willing to oppose the Republican party when his constituents demanded it, as he did when he fought the transmission lines. But Comstock is not Wolf. Her one major vote against the party line was to oppose the transportation bill, which finally made money available to repair our bridges and roads and pay for the Silver Line.

And on the ethics issue, did she ever report her complete lobbying

earnings to the U.S. House of Representatives, as is required by candidates? Another ethics comment - it does not pass the smell test to have Comstock pushing three anti-union bills while being paid by the Workforce Fairness Institute, an anti-union group. John Foust, on the other hand, does not vote by party line. In fact, on ballots, Supervisors are not identified by party because they are expected to be loyal to constituents, not to party. John's ethics are solid and he is straight and honest, a lot like

Wolf.

Linda Burchfiel
McLean

Candidate Who Raises Taxes

To the Editor:

John Foust unlike Barbara Comstock has a love of raising taxes. John Foust hasn't met a tax that he would not want to cut and recently said that he would raise

taxes if elected to Congress. If history is any judgment of character, John Foust's history on taxes is totally abysmal.

Being on the Fairfax County Board of Supervisors, John Foust has raised taxes multiple times. A list of taxes Foust raised shows his zeal to tax everything under the sun, and if the sun was taxable I am pretty sure John Foust would tax that too. John Foust voted to increase property taxes by 22 per

SEE LETTERS, PAGE 15

October is FREE WINDOWS MONTH at Renewal by Andersen.¹



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Rachel's Afghan

BY ANN EMMONS PETRI

As an 84-year-old McLean grandmother, I have found that some delightful surprises often come straight out of the blue.

When 12 of our 13 grandchildren were born, I knitted each a baby afghan: blue and white ripples for the boys and pink and white for the girls. The only one who didn't get one was our grandson Andrew. That was because when he was born we didn't even know he existed! He came into our lives from an orphanage in Kazakhstan when he was only 3 years old but still too old for a baby blanket. Later on, however, I made up for it by knitting him a cozy, colorful grownup afghan for cold winter nights in Charlottesville.

But when I knitted the afghans for the others, I figured they would only be useful for the first or second years of their lives. I never dreamed any of them would still be using them some 20 years later! It wasn't until I got the photograph below that I learned that our beloved granddaughter Rachel, now 21 and a college senior at James Madison University, still cherishes hers. Not only that, but it turns out she has been sleeping with it every night for all these years! What a lovely surprise! Sad to say, however, it looks less like an afghan



PHOTO BY WILLIAM A. PETRI, JR.

Rachel and her mother Mary Ann.

now and more like a raggedy wreck!

So now I am happily in the process of knitting her a replacement with colors she chose herself: purple (one of James Madison's colors) along with pink and blue ripples. However I am well aware that a new one can never really take the place of her original. But even knowing it will always be second best is still pretty wonderful!

Faith Notes are for announcements and events in the faith community. Send to vienna@connectionnewspapers.com. Deadline is Friday.

The Great Falls United Methodist Church will hold their annual Fall Bazaar on Saturday, Oct. 25, from 9 a.m. to 4 p.m. at 10100 Georgetown Pike, Great Falls, 703-759-3705. Come enjoy a spaghetti dinner (11 a.m.-5 p.m.) with dessert and beverage for \$10. There will be baked items, youth toys and sports equipment, jewelry and scarves, used books and previously owned hand tools/hardware for sale. Natural pine Christmas wreaths will be available to order.

Reverend Dr. Thomas G. Long, who teaches preachers how to preach at Emory University, is 2014 Theologian-in-Residence at the Immanuel Presbyterian Church on Savile Lane in McLean. On Saturday and Sunday, Oct. 25-26, Dr. Long will have a presentation on "Puzzles, Riddles, and Paradoxes: The Provocative Parables of Jesus." The presentation is open to the public. The registration fee is \$20, which covers a light lunch. Dr. Long will also preach at Immanuel Church's 10 a.m. Sunday service; a video of the morning sermon will be shown at the 5:30 evening service.

The Antioch Christian Church invites the public to their annual Fall Festival, Friday, Oct. 31, from 6:30 p.m. - 9 p.m. at 1860 Beulah Road in Vienna. This is a free event and the evening includes Games, prizes, candy, pumpkin decorating, popcorn, bonfire, moon bounce, smores and more games. For more information go to www.antiochdoc.org or call 703-938-6753. This event is for all ages.

The Antioch Christian Church offers a time of Prayer and Healing on Wednesday evenings at 6:30 p.m. for anyone wanting encouragement and healing through prayers. People are available to pray with you or for you. Antioch Christian Church is located at 1860 Beulah Road in Vienna. www.antiochdoc.org

The Jewish Social Services Agency (JSSA) offers a wide variety of support groups for those with emotional, social, and physical challenges. www.jssa.org/growth-learning

HAVEN of Northern Virginia offers a variety of free bereavement support groups, meeting on a weekly basis. 703-941-7000 or www.havenofnova.org. **McLean Bible Church Fitness Class at Body & Soul Fitness.** Gain balance, energy and strength at 9:45 a.m. Mondays and Fridays. Free childcare for registered students. bodyandsoul@mcleanbible.org. **St. Dunstan's Episcopal Church**, 1830 Kirby Road in McLean, holds a third Sunday service every month at 10:15 a.m. which allows children to play active roles in the music and as greeters and ushers.

Traditional services are every Sunday at 8:15 and 10:15 a.m. **Vienna Christian Healing Rooms** are open, every Saturday, 1-5 p.m., at 8200 Bell Lane. A team of Christians is available to anyone requesting prayer. Free and open to the public. 703-698-9779 or www.viennachristianhealingrooms.com. **Chesterbrook United Methodist Church** is at 1711 Kirby Road, McLean. Worship service is at 11 a.m. Sunday school is at 9:30 a.m. for adults and children. 703-356-7100 or www.ChesterbrookUMC.org. **Centering Prayer Group meets Fridays**, 9:30 a.m. at Andrew Chapel United Methodist Church, 1301 Trap Road, Vienna.

The hour includes a brief reading related to Centering Prayer, followed by a 20-minute prayer period. E-mail Martha Thomas at mmthomas211@hotmail.com or call the church at 703-759-3509. **The Jewish Federation of Greater Washington** and the Jewish Outreach Institute offer the Mothers/Parents Circle, an umbrella of free educational events and resources. Jewish rituals, ethics and the creation of a Jewish home, regular meetings and group Shabbats and holidays. Participants include Sha'are Shalom, Congregation Beth Emeth, Temple Rodef Shalom and the Jewish Community Center of Northern Virginia. ShalomDC.org.

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CALENDAR

THURSDAY/OCT. 23

Oakton Book Discussion Group. 7 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Join Oakton's book discussion group. "The Goldfinch," by Donna Tartt, will be the book of discussion. Adults.

Great Falls Writers Group Presents Susan Coll. 7 p.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Author of "The Stager" will be presenting.

Adrien Belew. Jamin' Java, 227 Maple Ave. E, Vienna. Multi-instrumentalist, singer, songwriter, producer, and guitarist, will be performing with his trio. 703-255-1566.

From fabulous to creepy, children marched in the 2013 Halloween parade in Vienna. This year's parade will be on Wednesday, Oct. 29.



PHOTO BY DONNA MANZ/THE CONNECTION

THURSDAY/OCT. 23 - NOV. 13

Adventures in Learning. 10 a.m. on Thursdays. Unitarian Universalist Congregation of Fairfax, 2709 Hunter Mill Road, Oakton. Seniors: come in and learn during classes you can attend on a variety of topics of interest from health issues to world affairs for all adults age 50 or older, all taught by volunteer experts. Tuition payment of \$40 entitles you to attend any of the classes you like offered during the fall session. The class schedule and registration form will be available on: www.scov.org. You may print the registration form and mail it at any time during the term with your payment.

8 p.m. The Barns at Wolf Trap, 1645 Trap Road, Vienna. Award-winning female opera vocalist will be featured in upcoming concert. Tickets: \$35. For more information, visit www.wolftrap.org.

McLean Art Society Meeting. 10 a.m.-12 p.m. McLean Community Center, 1234 Ingleside Ave., McLean. Jack Harding will be the featured artist.

Halloween Costume Party and Late Night Evening of Mild Fright. 3:30 p.m. Vienna Community Center, 120 Cherry St SE, Vienna. Attendees are invited to dress in costume. There will be games, food, a costume contest and age appropriate Halloween movies. All grades (6th through 8th) are

welcome to stay until 10 p.m. Teens. Free. 703-255-5721.

FRIDAY-SATURDAY/OCT. 24-25

"A Thurber Carnival." 8 p.m. Vienna Community Center, 120 Cherry Street, SE, Vienna. "A Thurber Carnival" is a collection of humorous scenes from American life including some of Thurber's most celebrated and insightful satires based on his cartoons and humorous short pieces from The New Yorker magazine. Tickets: \$14. www.viennatheatrecompany.org

SATURDAY/OCT. 25

Passion and Romance. 7:30 p.m.

Send announcements to north@connectionnewspapers.com. Deadline is Friday for the following week's paper. Photos/artwork encouraged.

McLean Community Center, 1234 Ingleside Avenue, McLean. Symphony No. 9, Op. 95, "From the New World." Tickets: \$15-\$25. <http://mclean-symphony.org/>

Cars & Coffee. 7-9 a.m. Katie's Coffee House. Located at 760 Walker Road Great Falls. Gathering of antique, custom and exotic cars.

Farmers Market. 9 a.m. - 1 p.m. 778 Walker Road, Great Falls. Bring recyclable bags. For more information visit www.greatfallsfarmersmarket.org.

Fall Bazaar. 9 a.m. - 4 p.m. Great Falls United Methodist Church, 10100 Georgetown Pike, Great Falls. Come enjoy a spaghetti dinner (11a.m. - 5 p.m.) with dessert and beverage for \$10. There will be baked items, youth toys and sports equipment, jewelry and scarves, used books and previously owned hand tools/hardware for sale. Natural pine Christmas wreaths will be available to order.

SUNDAY/OCT. 26

The Bad Plus. 7:30 p.m. The Barns at Wolf Trap, 1645 Trap Road, Vienna. Jazz trio that has produced several hits will perform. Tickets: \$30-\$32. For more information, visit www.wolftrap.org.

Music from Oberlin at Oakton. 7:30 p.m. - Unitarian Universalist Congregation of Fairfax, 2709 Hunter Mill Road, Oakton, 703-281-4230, Email: uucf@uucf.org. A free concert open to the public, followed by Q&A session with the performers and reception at the end.

Capitol Steps. 3:30 p.m. Vienna Presbyterian Church, 124 Park St., NE, Vienna. Political humor and laugh-out-loud fun. The event will feature the ever hilarious and always topical humor of the Capitol Steps.

Benefits Shepherd's Center in Oakton. Tickets, scov.org/fundraiser or call SCOV @703-281-5038. \$25 in advance; \$30 at the door.

Centennial Homecoming Carnival. 2:30 - 5:30 p.m. Franklin Sherman Elementary, 6633 Brawner Street, McLean. Franklin Sherman Elementary School celebrates 100 years of excellence in education.

MONDAY/OCT. 27

Forbidden City: Imperial Treasures from the Palace Museum, Beijing. at 7 p.m. at the McLean Community Center. A slide/lecture by Lulan Yu, Adult Programs Coordinator of The Virginia Museum of Fine Arts. Reservations required, limited to first 100 people. Suggested donation \$10 at the door. For reservations, contact Sandy Treanor: streaanor@mpaart.org or 703-790-1953

Read to the Dog. 4:30- 5:30 p.m. Great Falls Library, 9830 Georgetown Pike, Great Falls.

Learn to Draw Cartoons. 4:30 p.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Learn to draw cartoons with artist Bud Little. Ages 6 and up. Please register for this program. Call 703-757-8560 to sign up.

TUESDAY/OCT. 28

Author Andy Ankovitz Book Signing Event. 7 p.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Ankovitz, a resident of Arlington, Va., will be available to sign copies of his book, The Middle East At Street Level View.

SEE CALENDAR, PAGE 15

Finally,
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ANIMAL PLANET

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FREE POPCORN
FREE TRICK-OR-TREAT CANDY

Free Raffles

BOARDWALK SALE!!!!

Free Samples & Gift Bags

Face Painting

CALENDAR

FROM PAGE 14

WEDNESDAY/OCT. 29

68th Annual Vienna Halloween Parade. 7 p.m. Maple Avenue, Vienna. With the theme of "Celebrating the Tradition of Vienna Girls Sports," come in costume to celebrate Halloween. Visit www.viennava.gov.

Cre8tive Art Part 2. 10 a.m. – Noon. Tysons Corner Microsoft Store, 1961 Chain Bridge Road, McLean. The Cre8tive series of workshops will introduce attendees to different forms of art using Windows 8.1. Learn how to create art and modify images. Free. Call the Shepherd's Center of Oakton Vienna (SCOV) office to register for classes or for additional information, 703-281-0538.

Pokemon League. 4:30 – 6 p.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Meeting Room. Age 5 to 15. Come play Pokemon with your friends.

Toddler Tales. 10:30 a.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Stories and activities for you and your toddler. Age 2-3 with adult.

Ukulele Phil and the Hula Kids Halloween Show. 10:30 a.m. Great Falls Library, 9830 Georgetown Pike Great Falls. Kids can come dressed in costume to sing and dance to some "spooky" tunes! Preschool-aged children.

WEDNESDAY/OCT. 29 - THURSDAY/OCT. 30

Jim Brickman. The Platinum Tour. 8 p.m. The Barns at Wolf Trap, 1645 Trap Road, Vienna. Pianist Jim Brickman will perform at Wolf Trap. Tickets: \$35-\$40. For more information, visit www.wolftrap.org.

THURSDAY/OCT. 30

Artists Meet for Coffee. 8:30 a.m. – 10 a.m. Katie's Coffeehouse, Georgetown Pike, Great Falls. Local artists meet for coffee. Feel free to drop in.

Reading Buddies. 4:30 p.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Beginning readers and teens practice reading together.

FRIDAY-SATURDAY/OCT. 31-NOV. 1

"A Thurber Carnival." 8 p.m. Vienna Community Center, 120 Cherry Street, SE, Vienna. "A Thurber Carnival" is a collection of humorous scenes from American life including some of Thurber's most celebrated and insightful satires based on his cartoons and humorous short pieces from The New Yorker magazine. Tickets: \$14. www.viennatheatrecompany.org

FRIDAY/OCT. 31

The Annual Spooktacular. 5-7 p.m. Great Falls Village Centre. <http://www.celebrategreatfalls.org/CalendarWide.html>

Drop-In Chess. 4:30-6 p.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. All ages are welcome.

Look at the Stars! Observatory Open. 7:30 - 10:30 p.m. Turner Farm Park, Springvale Road, Great Falls. Come to the observatory park for Friday Night viewings. For more information visit <http://www.analemma.org/>.

Playdate Café. 10 a.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Toys and play space for children; coffee and conversation for grownups. In the Great Falls meeting room.

Fall Festival. 6:30 – 9 p.m. Antioch Christian Church, 1860 Beulah Road, Vienna. Games, prizes, candy, pumpkin decorating, popcorn, bonfire, moonbounce, smores and more. For more information, visit www.antiochdoc.org or call 703-938-6753. This event is free and for all ages.



PHOTO BY ANGELICA ESCOTO

In "Soul of Flamenco," Vivo brings an exciting evening of flamenco dance to the stage featuring accomplished artists from the U.S. and Spain.

Flamenco Vivo Carlota Santana Comes to McLean

One of the nation's premier flamenco and Spanish dance companies, New York's Flamenco Vivo Carlota Santana, will perform "The Soul of Flamenco" for a single night at The Alden in McLean. The show will be presented at 8 p.m. on Saturday, Nov. 1. Tickets are \$30, \$20 for McLean tax district residents. The Alden is housed in the McLean Community Center, which is located at 1234 Ingleside Avenue.

Based in New York City, Flamenco Vivo Carlota Santana is one of the nation's premier flamenco and Spanish dance companies. It was founded 30 years ago on the premise that flamenco, a multicultural art form, has the power to build bridges between cultures and inspire audiences from diverse backgrounds. Artistic Director Carlota Santana leads this company of energetic dancers and musicians in powerful performances, extensive community outreach and innovative arts education programs.

The group's performances uphold the purity and traditions of flamenco and classical Spanish dance while pushing the boundaries of the art form in new directions. The company commissions dramatic works with original choreography and live music and performs cutting edge dance. In "Soul of Flamenco," Vivo brings an exciting evening of flamenco dance to the stage featuring accomplished artists from the U.S. and Spain. The performance will include celebrated repertoire as well as the new work "A Solas" by Ángel Muñoz, which The New York Times deemed "...impressive for its compositional finesse." The Philadelphia Inquirer said, "This was a show of graceful, sensuous dance, expressing a host of raw human emotions—evocative of loneliness, pride, passion and joy."

Tickets are on sale now. For more information or to purchase tickets online, visit: www.aldentheatre.org or call 703-790-0123, TTY: 711.

LETTERS

FROM PAGE 12

cent on our homes and purchase of a car.

John Foust even supports the \$80 million meals tax that will not only hurt working families but also restaurants and even Democrats opposed.

It is pretty clear that John Foust would be just like Barack Obama and vote to raise our taxes every chance he gets. One candidate in this race wants to make sure taxes are cut. Barbara Comstock wants to increase the child tax credit to \$2,000, and this tax cut will be one

of the first pieces of legislation she introduces in the House. Barbara will keep taxes low so the economy can continue to grow in Northern Virginia.

Remember, John Foust has already said he would support raising taxes in Congress. The choice is crystal clear come Nov. 4. Vote for a tax raiser who will back President Obama's failed policies or vote for someone who has promised to cut taxes and check President Obama at every turn.

Mary Pat Ferron
McLean



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SPORTS

Andrejev Leads Langley Volleyball Team

Despite knee injury, senior totals 17 kills in loss to undefeated Madison.

BY JON ROETMAN
THE CONNECTION

Rachel Andrejev was supposed to spend her senior season as part of a 1-2 offensive punch on the defending state champion Langley volleyball team.

But after all-state outside hitter Jessica Donaldson was lost for the season with a knee injury on Aug. 30, Andrejev was left to carry the load for the inexperienced Saxons.

Andrejev has been a constant during Langley's up-and-down season, which has included a seven-match winning streak and a four-match losing streak. On Oct. 16, No. 3's leadership was on display again as the Saxons faced one of their toughest tests to date.

After dropping the first set to undefeated Madison, Andrejev guided Langley to a second-set victory with eight kills and an ace. The pivotal third set went down to the wire, with Andrejev helping the Saxons keep pace with five kills and an ace. Madison, however, proved too much, as the Warhawks captured the third set and eventually the match, 3-1 (25-15, 23-25, 28-26, 25-20).

Andrejev finished with 17 kills and three aces while battling a knee injury.

"Rach is facing surgery at the end of the season on her knee," Langley head coach



Langley senior Rachel Andrejev totaled 17 kills against Madison on Oct. 16.

Susan Shifflett wrote in an email. "This, along with having to carry much of the workload due to Jess' injury, has placed an enormous amount of responsibility on her shoulders. She has responded beyond my highest expectations. I am so impressed with her determination and leadership."

What makes Andrejev so good?

"Her attitude," Shifflett wrote. "She plays with such intensity, almost like she is proving every night that she is the best. And she is."

Madison improved its record to 21-0. Langley became just the fourth team this season to win a set against the Warhawks.

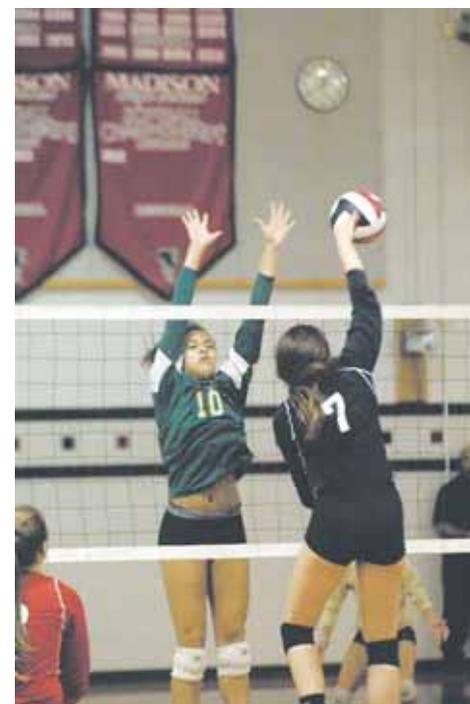
Katie Sissler and Allison Franke each had six kills for Langley. Elena Shklyar had

five aces.

On Monday, Langley defeated Yorktown 3-0 (25-21, 25-12, 25-14), improving its record to 12-7. While seven losses could be viewed as adversity following a 2013 season during which Langley lost only three times and won a state title, Shifflett said the Saxons' lack of experience makes it a non-issue.

"Considering Rachel is the only returning starter, they don't know any different," Shifflett wrote. "They are young and learning more each day. Each match someone new rises up to make us better."

Langley will close the regular season with road matches against Washington-Lee (Oct. 22) and Fairfax (Oct. 30).



Langley's Katie Sissler (10) jumps to block Madison's Jayne Carter during their match on Oct. 16.



Langley volleyball coach Susan Shifflett instructs the Saxons during an Oct. 16 match against Madison.

SPORTS ROUNDUPS

Langley Crew to Hold an Interest Meeting

Langley Crew team is holding an interest meeting for any students attending Langley High School on Wednesday, Oct. 29, at 7 p.m. in the LHS auditorium. The team has been gaining prominence in recent years; two years ago the team clinched five state championships. This past season the team won 6 state championships and their top women's varsity boat won a Silver Medal at nationals.

Langley Crew practices at the Occoquan in Sandy Run Regional Park February-May, after school. Because of the distance, the team provides transportation to the after-

school practices on weekdays.

Crew is open to both men and women, freshmen through senior. No previous rowing experience needed.

McLean Football Reclaims Winning Record

The McLean football team improved to 4-3 with a 24-21 victory over Fairfax on Oct. 17.

The Highlanders had lost two straight and three of four entering the contest.

Five of McLean's seven games have been decided by six points or less.

McLean will travel to face Madison at 7:30 p.m. on Friday, Oct. 24.

Madison Football Wins Big over TJ

The Madison football team blanked Thomas Jefferson 53-0 on Oct. 17, improving its record to 3-4. The Warhawks had dropped four of five entering the contest.

Madison will host McLean at 7:30 p.m. on Friday, Oct. 24.

Langley Football Beats South Lakes

The Langley football team totaled 539 yards of offense, including 328 on the ground, and the Saxons defeated South Lakes 42-21 on Oct. 17.

Langley running back Tyler West carried

27 times for 239 yards and scored three touchdowns against the Seahawks.

Langley improved to 3-4 and will travel to face Thomas Jefferson at 7:30 p.m. on Friday, Oct. 24. South Lakes dropped to 1-6 and will host Stone Bridge at 7:30 p.m. on Friday.

Oakton Football Drops Fourth Straight

The Oakton football team lost to Centreville 21-0 on Oct. 17.

The Cougars fell to 3-4 after their fourth straight loss. Oakton will look for its first district win against Robinson at home at 7:30 p.m. on Friday, Oct. 24.

SPORTS

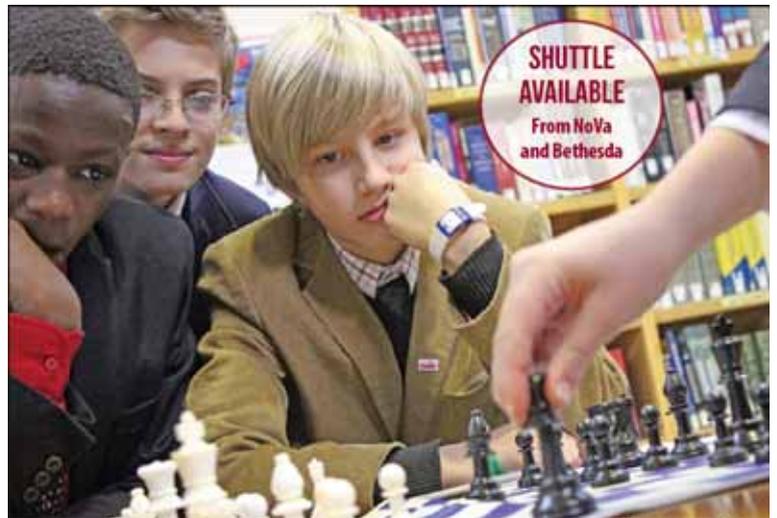


PHOTO CONTRIBUTED

McLean MPS '00 Hotspur Green, back row: Dean Hughes, Daniel Diaz-Bonilla, Spencer Gregory, Nathan Paolozzi, Raphael Lesian, Jake Mayer, Jett Bisset, Garrett Socas, Coach Jamil Walker. Front row: Abel Luwis, Brendan Murray, Jack Rosener, Ethan Stewart, Collin McMunn, Billy Blake, Tyler Smith, Winston Agbara, Farrell Mahmud.

McLean Hotspur Green Wins New Jersey Tournament

McLean MYS Hotspur Green U14 Boys CCL won the EDP Cup in the Platinum bracket, the top bracket of eight brackets. The Hammonton, N.J. tournament hosted 60 U14 boys teams to compete over the week-end. The team beat HMMS Eagles FC '00 Titans (from PA) 1-0 in the final. The team is coached by Jamil Walker, a former professional soccer player with the San Jose Earthquakes and DC United.



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OCTOBER	Publishing
A+ Camps & Schools.....	10/15/14
Election Preview I	10/22/14
Election Preview II	10/29/14

NOVEMBER	
Election Day is Tuesday, November 4.	
Wellbeing.....	11/5/14
HomeLifeStyle.....	11/12/14
Holiday Entertainment & Gift Guide I.....	11/19/14
A+	11/25/14
Thanksgiving is November 27.	

DECEMBER	
Wellbeing.....	12/3/14
HomeLifeStyle: Home for the Holidays.....	12/10/14
Hanukkah begins December 16.	
Holiday Entertainment & Gift Guide II.....	12/16/14
A+ Camps & Schools.....	12/16/14
CHILDREN'S CONNECTION	12/24/14

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- Reston Connection
- Springfield Connection
- Vienna/Oakton Connection

Self-Indulgent or Self-Effacing



By KENNETH B. LOURIE

After re-reading last week's column: "Not in the Mood," I began wondering if that column had strayed beyond the boundaries, so to speak, and was too much about me and not enough about my circumstances. Certainly I understand, given my column's recurring theme, that the subjects of me and my circumstances – and the personal stories I share with you regular readers – are basically the same. Still, I never want the content to be considered important because it's MY life that's being profiled. Quite the contrary. If the columns were any more about me, you wouldn't be interested.

Cancer is the issue, and one person's survival, however compelling and/or statistically unlikely, is not. Granted, success in the face of extremely dire and discouraging warnings from one's oncologist is worth noting for sure. But it's not because of me that any of it matters. I'm just a prop. It's the story that matters, not the storyteller. Yet I couldn't help but think that my droning and bemoaning last week was in some ways more for my purposes than it was for you: a few minutes spent in my shoes living some of the cancer life. (By the way, in person, in my non-column life, I'm not very cancer-centric.)

Admittedly, I may be a bit sensitive to this self-indulgent possibility/tendency. When you write a first-person narrative about the writer's life, as I do, it's a reasonable claim to make. A claim I regularly and insistently deny. As odd as it sounds to say this, it's never about me; that's my nature. Ergo, how can a column I've written weekly going on almost 17 years, the last five and half of which have been what I call "cancer columns," be about me? In my mind (or perhaps, according to my way of thinking), it can't.

I suppose I perceive self-indulgence as the opposite of self-effacing (self-effacing being a characterization I'll happily embrace). And I refuse to believe that the three most important words in the dictionary are "me," "myself" and "I." Though I am the subject of my columns, it's the fact that I'm a cancer patient/survivor that's most relevant. Moreover, there are many more cancer survivors with many more stories to tell who add substance to my claim. I'm just one of the few with the opportunity and inclination to share and share alike. It's been my pleasure doing so, and it has become my passion as well. It's who I am; it's what I've become. "I may not be right all the time, but I'm very seldom wrong" (to quite one of my deceased father's favorite phrases). However, there are some columns/weeks when I may scribble outside the lines. It's unintended. Let's not forget one incontrovertible fact though: "Cancer sucks." But it's not because of anything I say or do.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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THURSDAY/OCT. 23

Great Falls Rotary Club Weekly Speaker Series. 7:30- 8:30 a.m. River Bend Country Club, 375 Walker Road Great Falls. Interested in joining? Download the membership form from <http://www.rotarygreatfalls.org/>.

SATURDAY/OCT. 25

McLean Child Safety Inspection. 9:30 a.m. - 12 p.m. Lewinsville Center, 1609 Great Falls Street, McLean. The McLean District Police Station holds child safety seat inspections once per month.

What's for Dinner? 12 p.m. Old Firehouse Teen Center, 1440 Chain Bridge Road, McLean. Lecture series for ages 55+. \$7/\$5 MCC district residents.

MONDAY/OCT. 27

Ayr Hill Garden Club Meeting. 1 p.m. Emmanuel Lutheran Church, 2589 Chain Bridge Road, Vienna. Ayr Hill Garden Club invites all to attend their first meeting of the season featuring guest lecturer, Young Choe, of the US National Arboretum.

The lecture/demonstration will include Kusamono-Japanese Botanical Art. Kusamono are potted arrangements of wild grasses and flowers in unique pots or trays to suggest a season or place. RSVP to attend: EmilieLarson@rcn.com.

English Conversation. 10:30 a.m. Oakton Library 10304 Lynnhaven Place, Oakton. English practice for non-native speakers. Adults.

Computer one-on-one. Noon. Oakton Library 10304 Lynnhaven Place, Oakton. Internet basics, email, Microsoft Word, Excel, and PowerPoint.

Spanish Conversation Group. 1 p.m. Great Falls Library, 9830 Georgetown Pike Great Falls. Practice Spanish as a foreign language in this casual conversation group. Adults and teens.

Evening ESL Conversation Group. 7 p.m. Great Falls Library, 9830 Georgetown Pike Great Falls. Practice speaking English in this informal conversation group.

TUESDAY/OCT. 28

Computer One-on-One. Noon. Oakton Library 10304 Lynnhaven Place, Oakton. Internet basics, email, Microsoft Word, Excel and PowerPoint.

English Conversation One-on-One. 1:30 p.m. Oakton Library 10304 Lynnhaven Place, Oakton. English practice for a non-native speaker with a library volunteer. Call for an appointment. Adults.

WEDNESDAY/OCT. 29

ESL Conversation Group. 2 p.m. Great Falls Library, 9830 Georgetown Pike Great Falls. Practice learning English in this casual conversation group.

THURSDAY/OCT. 30

Great Falls Rotary Club Weekly Speaker Series. 7:30- 8:30 a.m. River Bend Country Club, 375 Walker Road Great Falls. Interested in joining? Download the membership form from <http://www.rotarygreatfalls.org/>.

SATURDAY/NOV. 1

Be Fit McLean Saturday 55+ Lecture Series. 12-2 p.m. Old Firehouse Teen Center, 1440 Chain Bridge Road, McLean. Exercise is Medicine - Part 1. \$7/\$5 MCC district residents. www.mcleancenter.org.

SATURDAY/NOV. 8

Be Fit McLean Saturday 55+ Lecture Series. 12-2 p.m. Old Firehouse Teen Center, 1440 Chain Bridge Road, McLean. Exercise is Medicine - Part 2. \$7/\$5 MCC district residents. www.mcleancenter.org.

MONDAY/NOV. 10

Alzheimer's Association "Know the 10 Signs: Early Detection Matters." 10 - 11 a.m. Vienna Community Center, 120 Cherry Street, SE, Vienna.

This free workshop is for anyone who would like to know more about Alzheimer's disease and related dementias. The warning signs of Alzheimer's often are dismissed as side effects of normal aging. Early detection provides a chance to begin drug therapy, enroll in clinical studies and plan for the future. To register, call the Alzheimer's Association 24/7 Helpline at 800-272-3900.

SATURDAY/NOV. 15

Be Fit McLean Saturday 55+ Lecture Series. 12-2 p.m. Old Firehouse Teen Center, 1440 Chain Bridge Road, McLean. Medication Safety. \$7/\$5 MCC district residents. www.mcleancenter.org.

NAACP Branch Election. 10 a.m.-12 p.m. 9002 Burke Lake Road, Burke (behind Kings Park Library).

Election of branch officers and at-large members of the Executive Committee.

To vote, you must be a member in good standing and your branch membership must be dated before Oct. 16, 2014. A form of ID is required. 703-591-4488.

Volunteer Opportunities

Fairfax County needs volunteers to drive older adults to medical appointments and wellness programs; urgent need in Reston area. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

Korean Meals on Wheels needs Korean-speaking volunteers to deliver meals 11 a.m.-1 p.m. Monday, Wednesday and Friday in Centreville, Reston and Annandale. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

Meals on Wheels needs drivers in Chantilly, Clifton, McLean and Falls Church between the hours of 11 a.m.-1 p.m. on Monday, Wednesday and Friday. Substitute drivers needed throughout the county. For these and other volunteer opportunities, call 703-324-5406, TTY

711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

Volunteers, who are fluent in American Sign Language, are needed in Reston, Herndon and Vienna to provide clients with direct assistance (not interpretation) with computers, grocery shopping, or social visiting. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

Respite Care volunteers give family caregivers of a frail older adult a well-deserved break so they can go shopping, attend a doctor's appointment or just have coffee with a friend.

Volunteers visit and oversee the safety of the older adult for a few hours each month. Support and training are provided. Contact Kristin Martin at 703-324-7577, TTY 711, or Kristin.Martin@fairfaxcounty.gov.

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