

Fairfax Station ❖ Clifton ❖ Lorton
CONNECTION

Fall Camporee

NEWS, PAGE 6

Scouts constructing monkey bridge during the Old Dominion District Fall Camporee, Oct. 17, 18, and 19 at Sky Meadows State Park.

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PHOTO BY SUSAN WHITE

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Writing Their Verse

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OCTOBER 30 - NOVEMBER 5, 2014

ONLINE AT WWW.CONNECTIONNEWSPAPERS.COM



2014 FCFT President's Award



*for Outstanding Advocacy
for the Employees of FCPS*

- 
- A vertical stack of approximately 20 books of various colors (yellow, orange, green, blue, brown, pink, grey) on the left side of the page.
- Karen Garza Superintendent, FCPS
 - Ramona Morrow President, FCCPTA
 - Megan McLaughlin (Braddock District)
 - Elizabeth Schultz (Springfield District)
 - Pat Hynes (Hunter Mill District)
 - Patty Reed (Providence District)
 - Sandy Evans (Mason District)
 - Dan Storck (Mount Vernon District)
 - Tammy Derenak Kaufax (Lee District)
 - Ryan McElveen (At Large)
 - Janie Strauss (Dranesville District)
 - Ilryong Moon (At Large)
 - Ted Velkoff (At Large)

The Fairfax County Federation of Teachers would like to thank all of the 2014 award winners listed above for their consistent advocacy, proactive communications, and support of our workforce over the past year. We publicly acknowledge their efforts to make a difference in the lives of FCPS employees. Thank you for caring about us; it matters and is appreciated.



ELECTION 2014

LORTON/FAIRFAX STATION/CLIFTON CONNECTION EDITOR KEMAL KURSPAHIC
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Down to the Wire

As 10th District race heads into homestretch, Foust, Comstock continue to battle for voters.

BY VICTORIA ROSS
THE CONNECTION

The race to replace U.S. Rep. Frank Wolf (R) in Virginia's sprawling 10th district has been exactly what political prognosticators said it would be: one of the most watched, most expensive and most contested races in the 2014 midterm elections.

For years, local Democrats liked to joke that the seat was not so much an "R" seat as a "W" seat, and if they could field a candidate named Wolf, they would have the seat regardless of party affiliation.

But they didn't expect a shot at the seat anytime soon.

Until last December, when Wolf delivered a game-changer by announcing that he would not seek re-election to an 18th term in Congress.

His retirement announcement came as a surprise to both Republicans and Democrats, and set off a feeding frenzy among political hopefuls throughout the district.

By the end of January 2014, 15 candidates stood in line for a chance at the coveted seat.

The news also sparked a flurry of speculation about the district's possible political shift. Democrats became bullish on the seat

that had not been competitive for 30 years.

In February, The Rothenberg Political Report rated the race as "leans Republican," noting that in recent elections, the district supported both Republicans and Democrats in presidential and gubernatorial races. The Washington Post ranked the seat as "the sixth most likely seat to flip control" in the 2014 election.

"The 10th district had become increasingly liberal and diverse," said Toni-Michelle C. Travis, an associate professor of government and politics at George Mason University. She noted that while Democrats held just three congressional districts, voters swept Democrats into all three statewide offices last year, and went for President Obama twice.

"These districts are shifting and they are not set in stone anymore," Travis said. "The 10th now includes a chunk of Loudoun County, and voters are going to see the world differently from voters in Fairfax County. It's possible that's where the race will be won or lost."

IN REACTION to the news of an open seat, both parties were frantically maneuvering to select a candidate. Many Democrats were already coalescing around Fairfax County Supervisor John Foust, who had announced



PHOTO CONTRIBUTED

Del. Barbara Comstock (R-34) greets supporters during a campaign stop in Clifton last month.

his candidacy in September to run against the incumbent Wolf.

"I remember being in the Government Center when Wolf announced his retirement ... my BlackBerry started buzzing like crazy. I was surprised, but I knew my chances to win just shot up," Foust said.

On Jan. 24, Northern Virginia Republicans announced the party would run a firehouse primary on April 26 to choose a nominee. The firehouse primary had never been tested in the state's congressional history, and it was a process that caused significant intra-party strife. But it would give their nominee an early start. If the party opted for a state-run primary or convention, it would not have been held until June 10.

In March, the Democratic convention was



PHOTO BY VICTORIA ROSS

Fairfax County Supervisor John Foust (D-Dranesville), stands by his shipment of new signs that he received in September - "This is Foust Country."

Money

Both Foust and Comstock have received and spent millions of dollars in the race to replace retiring Congressman Frank Wolf (R). Congressional candidates are required to file up to seven main reports with the Federal Election Commission during the 2014 midterms. Below are Foust and Comstock's most recent quarterly reports, filed Oct. 15.

COMSTOCK:

Beginning Balance: \$575,890.52
Total Contributions for Reporting Period: \$1,300,412.84
Expenditures: \$1,075,722.43
Cash on Hand: \$800,580.93

FOUST:

Beginning Balance: \$1,125,718.40
Total Contributions for Reporting Period: \$1,008,833.03
Expenditures: \$1,492,681.95
Cash on Hand: \$641,869.48

Source: Ballotpedia.org

SEE BATTLE, PAGE 12

Mutiny at the Debate

BY VICTORIA ROSS
THE CONNECTION

The final debate Sunday between Republican Barbara Comstock and Democrat John Foust was arguably the most fiery and combative debate in the race to replace retiring U.S. Rep. Frank R. Wolf (R) in Virginia's 10th Congressional District.

The candidates took their seats next to each other on the stark stage of the McLean Community Center's Alden Theater, and battled for 90 minutes over who would really bring a bipartisan approach to Congress.

Comstock cited her work on several bills that received bipartisan support in the Virginia House of Delegates, including legislation to combat human trafficking and Lyme disease. Foust said that as a Fairfax County supervisor, he has worked in cooperation with Republicans to balance seven county budgets.

Co-hosted by The McLean Citizens Association and the Great Falls Citizens Association on Sunday afternoon, Oct. 26, the debate drew a crowd of nearly 400



PHOTO BY VICTORIA ROSS/THE CONNECTION

The stark stage at McLean Community Center's Alden Theater served as the backdrop for the final debate between Republican Barbara Comstock and Democrat John Foust co-hosted by The McLean Citizens Association and the Great Falls Citizens Association on Sunday afternoon, Oct. 26.

Northern Virginia residents, many sporting Comstock t-shirts or wearing Foust buttons.

In response to a question about how the

Final Comstock-Foust debate gets emotional as both candidates debate social issues for first time.

Comstock argued that she could be more effective than a Democrat.

"It's important to have a Republican voice fighting for our federal employees, and I will be that voice," she said. "We don't need to have the budget balanced on their backs."

She said the government shutdown of 2013, was "unconservative, irresponsible and it should never happen again," drawing applause.

THE GLOVES WERE OFF for Foust, the Dranesville District supervisor who, political pollsters say, has lost some electoral ground to Comstock in the past few weeks. Foust repeatedly accused Comstock of being a "hyper-partisan" operative and confronted Comstock on her record regarding social issues, a topic that was off-limits in previous debates.

Foust called Comstock's position on gun control "scary," and blasted her vote to repeal Virginia's law limiting handgun purchases to once a month. "She gets an

SEE FINAL DEBATE, PAGE 12

High Schools to Start Later Next Year

School Board approves later start times.

BY REENA SINGH
THE CONNECTION

Phyllis Payne has been fighting for more sleep for a decade. On Oct. 23, it all paid off. The co-founder of Start Later for Excellence in Education Proposal - or SLEEP - saw the Fairfax County Public School Board approve to move high school start times ahead by 30 minutes, 11-1.

"This means the school system is getting a policy on what is best for the kids," she said after the vote. "It's been a labor of love."

She said she was proud of Superintendent Karen Garza and the board members for approving the motion. The change means that high school start times will be between 8 and 8:10 a.m. next school year, about a 30 minute push forward. Middle School start times will be 7:30 and elementary start times will remain unchanged.

The only board member to not vote yes on the proposal was Sully District board member Kathy Smith.

"I was really hoping when this process started that I could be in a place where I could vote yes," Smith said.

She said many of her constituents did not want school start times to change, and she wanted to be the one voice for them.

"I have once been a lone no vote on the board, and it's not easy," said Hunter Mill District board member Pat Hynes. "I want to mention it, because we are models for our students always."

SEVERAL BOARD MEMBERS became emotional as they talked about the reasons they supported it - whether they supported it along with Payne for the past decade or decided more recently to approve the proposal.

Mason District board member Sandra Evans, who is also a co-founder of SLEEP and made the motion for the proposal, said some students are picked up as early as 5:45 a.m.

"Sleep deprivation is a public health crisis," she said.

With more sleep, she said, students would be at less of a risk for depression, attendance loss, low test score and car accidents.

During the public comment period, mother of three Karen Keys-Gamarra spoke about pulling her three boys out of bed to wake them up every day of their school years.

"As I jostled my sons repeatedly during those predawn hours, pulling off their covers while rushing to prepare breakfast, I instinctively knew something was wrong," she said. "I knew that these brutally early start times could not be healthy."

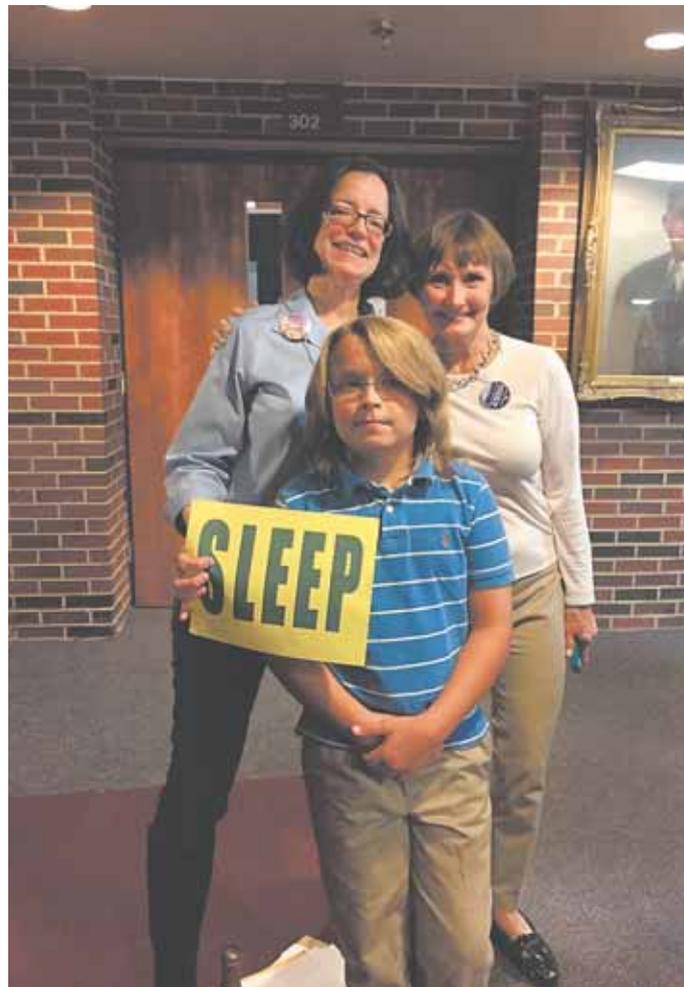
Two of her sons have already graduated, but the third one is a sophomore at Madi-



Members of SLEEP, or Start Later for Excellence in Education Proposal, celebrate after later high school start times were approved by Fairfax County Public Schools School Board.

Later school start times advocates Phyllis Payne, former Executive Director of SLEEP Terry Tuley and Oakton Elementary sixth grade student Thomas Tudan, who will be able to benefit from later high school start times in the future.

PHOTOS BY
BETH TUDAN



son High School and will benefit from the later start times next year.

"It's not about taking away teens' electronics, forbidding caffeinated drinks or forcing them to go to bed early," she said. "It's about hormones, body clocks and circadian rhythms. Trust me, my husband and I could and would make our boys go to bed early. But we could not make them sleep."

The impact will be even bigger for disadvantaged and students with disabilities, according to Sheree Brown Kaplan with Fairfax Alliance for Appropriate School Edu-

cation.

"This has been a long time coming," she said after the motion was approved. "This isn't about saving money. It's about the kids."

During her speech in the public comment portion of the meeting, she said disadvantaged students feel the effects of sleep deprivation more than other students do.

"An insufficient sleep can exacerbate certain mental illnesses like bipolar disorders and anxiety disorders, leading to higher rates of problem behavior in school, loss in

structural time and academic failure," she said. "

Although the cost for the first year was originally projected at \$30 million, board members credited Assistant Superintendent of Facilities and Transportation Jeffrey Platenberg for helping reduce the cost to \$4.9 million.

Springfield District board member Elizabeth Schultz said the cost per student per day is 15 cents.

"If we can't invest 15 cents per student per day in just one year, and that's not the advertised cost, to improving the social, emotional, health, physical academic, athletic and extracurricular activities, nevermind the sacrosanct time that children need to spend with their family, then we do not have our priorities straight," she said.

Schultz also thanked who she called the naysayers - the people who came before the board disapproving of the measure. Because of those who questioned each step along the way, she said, a proposal that met many of those concerns could be formed. While she said this is not a perfect solution, it is the best solution for now.

"This is just a starting point," she said.

DR. GARZA noted that there are some things to work on to make later start times run smoothly next year, but said there was nearly a calendar year to make sure those items can be resolved. While she knew there are many teachers working outside the county who will have to wake up just as early as before to fight traffic coming to school and stay later rather than being with their families, she said many of those teachers still supported the change because it was the best decision for the students.

"I know that FCPS employees and teachers care so deeply about our children and what's best for our children," she said.

At large board member Ryan McElveen said he once fought against later high school start times while he was in high school because it gave students more time in the evenings for homework and extracurricular activities.

"As we know, history moves in arcs and we are at another arc," he said.

Although Student Representative Harris LaTeef will not be able to benefit from the change, he was excited for the classes below him. In past meetings, he said this proposal would be the most important one during his tenure as student representative.

"As I said before, we can provide students with a top notch, rigorously designed education, but if we don't have our physical and mental health in check, the education the county provides us really has little meaning," he said. After the proposal passed, supporters jumped out of their chairs, cheering and hugging one another. The next five to 10 minutes of the meeting was an impromptu break for board members and the public alike.

"It's probably going to take me a little while to process it," said Payne. "I was definitely in tears for the first few minutes. It's a little overwhelming."

SENTARA COMMUNITY CALENDAR

Seminars, Series, and Special Events NOVEMBER 2014

Digestive Health

Meet the Expert: Taboo Topics: Colorectal Health, The Bottom Line

Tuesday, 11/4, 6:30 - 7:30 p.m.

Colon cancer is the second leading cause of cancer-related deaths in the United States. Join our board-certified colon & rectal specialist for a frank discussion on colon health. The discussion will include the latest guidelines for colorectal cancer screening, ways to reduce your risk, understanding what's normal & what's not, symptoms to watch for and when you should consult a specialist. This Meet the Expert session will address the often sensitive subject in a candid, light-hearted, yet highly informative manner.

Sentara Northern Virginia Medical Center
2300 Opitz Blvd., Woodbridge, VA 22191
Hylton Education Center

Weight Loss

Weight Loss Seminar

Saturday, 11/1, 10:00 a.m. - 12:00 noon

Thursday, 11/13, 6:30 - 8:00 p.m.

Saturday, 11/22, 10:00 a.m. - 12:00 noon

With weight loss, it's not so much about what you'll lose, but rather what you'll gain - a way to improve your quality of life. Meet with weight loss surgeons and registered dietitians to find out more about the surgery, insurance coverage and the Sentara Comprehensive Weight Loss Surgery Center, an MBSAQIP accredited center. Plus, hear firsthand from surgery patients about their experiences.

Sentara Northern Virginia Medical Center
2300 Opitz Blvd., Woodbridge, VA 22191
Hylton Education Center

Neurology

Westminster Health Roundtable: Identifying Parkinson's Disease

Thursday, 11/13, 4:00 - 5:00 p.m.

Take control of your health! Join Sentara physicians and specialists to discuss the topics you care about with experts who care. The discussion for November will focus on the signs and symptoms of Parkinson's disease.

Westminster at Lake Ridge
12191 Clipper Dr., Lake Ridge, VA 22192

Maternity

Labor and Delivery Tour

Saturday, 11/1, 12:00 noon - 1:00 p.m.

Tuesday, 11/4, 6:00 - 7:00 p.m.

Where you choose to welcome your new baby into the world is an important decision. Take a moment to tour Sentara Northern Virginia Medical Center's maternity unit and learn about the exceptional care we deliver. The tour will include information on procedures, registration, parking and birth rooms.

Sentara Northern Virginia Medical Center
2300 Opitz Blvd., Woodbridge, VA 22191
Main Entrance Lobby

For more information or to register for an event, please call 1-800-SENTARA or visit the Classes and Events section online at www.sentara.com. We look forward to seeing you!

To find a primary care provider or specialist, or to learn more about our services, call 1-800-SENTARA or visit us online at sentara.com/northernvirginia

Sentara MDLIVE is now available 24 hours a day, 7 days a week, 365 days a year. It's a new way to help you get the care you need, when and where you need it. Call 1-800-335-4836 to register and get connected to a doctor now! or visit online at sentara.com/MDLIVE



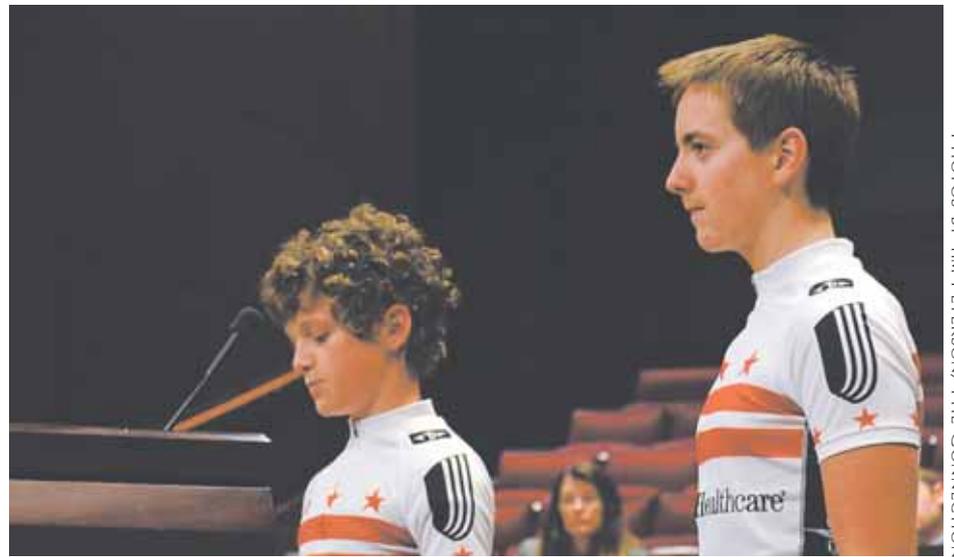
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Your community, not-for-profit health partner.





Bruce Wright of the Fairfax Advocates for Better Bicycling addresses the Board of Supervisors on Oct. 28.



PHOTOS BY TIM PETERSON/THE CONNECTION

Middle school students Iain MacKeith (left) and Sam Yarashus (right), representing the National Capital Velo Club junior race team, encouraged the Board of Supervisors to adopt the new bicycle master plan.

Board Approves Bicycle Master Plan

The Fairfax County Government Center has several massive parking lots. Many hundreds of spaces. But Bruce Wright and members of the Fairfax Advocates for Better Bicycling only needed some rack real estate in front of the building. They rode into the afternoon session of the Board of Supervisors on two wheels apiece from Reston, taking the West Ox Road Side Path. “We’re very pleased that we’ve come to the end of a long process of developing the first ever bike plan for the county,” said Wright. “The programs of encouragement and education will help us to transform from our suburban nature.” Wright was one of 17 speakers to address the Board before

it voted on Comprehensive Plan Amendment 2013-CW-T2, also known as a county-wide bicycle master plan update to the Transportation Policy Plan and 2002 Countywide Trails Plan Map. The plan includes immediate and long-term goals (10-30 years) related to repaving efforts facilitated by VDOT. It calls for a network of bicycle facilities that spans the county, covering about 1,000 miles, and a much more detailed bikeway network map to identify shoulders, bike lanes, buffered bike lanes, separated and shared lanes and transportation trails. A program of encouragement, safety education, improving bicycle access to schools, law enforcement and facility maintenance, is also part of the

implementation of the new master plan. It appeared to be right on the pulse of people addressing the board. Bill Sadler, regional policy manager for the Safe Routes to School National Partnership impressed the importance of “making Fairfax County a safer place to bike for people of all ages.” “This plan supports our 5 Es,” said Sadler. “Engineering, Education, Engagement, Evaluations, Enforcement.” Perhaps the most popular aspect of the plan for everyone in the room is the additional cost: \$0. The proposed amendment document brief described the funding for bicycle projects as included in the Board-approved Fairfax County Department of Transportation’s six-year transportation pro-

gram. The proposed master bicycle plan drew no dissent from the supervisors, passing unanimously 10-0. “I’m pleased to support Fairfax County’s first-ever Bicycle Master Plan,” said Lee district supervisor Jeff McKay. “This plan will help improve connectivity between our neighborhoods and activity centers and enhances our transportation network. When I first brought this before the Board of Supervisors, it was my hope that we could incorporate short and long-term plans to promote biking in the county and this plan does just that. No matter where I go in my district, there’s a strong desire for better trails and sidewalks.”

— TIM PETERSON



Cub Scouts crossing monkey bridge.



Opening ceremony.

PHOTOS BY SUSAN WHITE

Area Scouts Participate in Fall Camporee

The Old Dominion District Fall Camporee was held Oct. 17, 18, and 19 at Sky Meadows State Park. Six hundred seventeen Cub Scouts, Boy Scouts, Venture scouts and Scouters from Old Dominion, Colonial, and Occoquan Districts participated in this Pioneer theme campout. Boy Scouts competed in making structures from just tree limbs, bamboo, and

rope including a zip line, gateways, catapults, and monkey bridges. Cub Scouts had chariot races, rocket launches, first aid, readyman, archery and other events to complete achievement badges and have fun. Varsity scouts hiked, rode horseback, and enjoyed other high adventure events. The Order of the Arrow (scout honor society) demonstrated their Native American inspired ceremonies and dancing.

One of the stations that received much activity this year was Jamboree Over the Air (JOTA). Scouts talked with other scouts around the world over Ham Radio, the Internet, and via Morris Code. Over 120 Cub and Boy Scouts participated this unique event. Boy Scout troops hosted Cub Scout packs during meals throughout the camporee to demonstrate scout cooking skills and explain all the fun things that you

can do in a troop and in scouting as they get older. Sunday the scouts completed their camping event with a service project to remove a non-native invasive grass for the park naturalist. The Boy Scouts of America Old Dominion District serves Seven Corners-Annandale-Springfield-Lorton areas of Fairfax and Arlington counties. To find a scout unit in your neighborhood go to www.BeAScout.org.

NEWS

Author to Discuss His 'ABC Animals' Book

Nate Hausmann, who describes himself as an autistic entrepreneur, will share his story and his first book "ABC Animals" at a Northern Virginia j.talks event on Sunday, Nov. 2. The Jewish Community Center of Northern Virginia presents j.talks, conversations with authors and artists.

Hausmann began drawing during elementary school. In middle school, he began his tradition of illustrating one-of-a-kind personalized animal alphabet books as baby gifts for family and friends. After high school graduation in Baton Rouge, he illustrated this English/Hebrew animal alphabet book with its color-pencil-drawn animals, set in watercolor habitats.

The event will be held on Sunday, Nov. 2 at 2 p.m. at the JCCNV, 8900 Little River Turnpike in Fairfax. General admission tickets are \$11, \$9 for J members and seniors (65+), and \$7 for those under 30. JCCNV Cultural Arts programming is partially funded by the JCCNV Arts Fund, and the Arts Council of Fairfax County, supported by Fairfax County.

For more information about JCCNV Cultural Arts programs, visit www.jccnvarts.org or call the JCCNV box office at 703-537-3000.



Nate Hausmann

PHOTO CONTRIBUTED



Sunday Brunch



10 AM-3 PM

Your Neighborhood Place
for
**Homemade Burgers,
Pizza, Pasta, Soups,
Salads, Steaks**
Friendly Service & Cold Drinks

50% OFF Lunch

Buy one and get 50% Off
2nd item of equal or lesser value.
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THE NUTCRACKER

presented by
The Burke Civic Ballet

Come share in the magic of the holiday tradition! Featuring 3-year-old miniature dolls to professional dancers courtesy of Colorado Ballet, this production will enchant all ages. Be mesmerized by a growing tree, magic tricks, leaping mice, toy soldiers, falling snow, authentic costumes made in the Ukraine, seventy-five dancing flowers and delectable confections from the Kingdom of Sweets. Treat yourself and friends to a wonderful entrée to the spirit of the season. Makes a perfect holiday gift!

Order online at www.buffas.com
Saturday, November 15th at 2:00 & 6:00 p.m.
& Sunday, November 16th at 2:00 & 6:00 p.m.
Ernst Community Cultural Center Theater • NVCC Annandale Campus

Adults – \$28 • Children/Seniors – \$20
 For organized groups (10+) and
 handicapped seating, burkeciviballet@gmail.com






Change for the Better in Fairfax County Schools

Later start times, full-day Mondays; who knows, next maybe gifted-and-talented programs for poor students?

Who says big bureaucracies can't make big changes? One year into the tenure of Karen Garza, we have two huge changes that between them impact almost every single student, every family with children in Fairfax County Public Schools.

Last week, the Fairfax County School Board voted to move high school start times all after 8 a.m. beginning next September. Garza, superintendent of Fairfax County Public Schools, announced this summer the implementation of full-day Mondays, another previously insurmountable task.

A plan emerged that made this possible for under \$5 million (original estimates were wildly and prohibitively higher) while keeping elementary school times the same (or within 5-10 minutes). The goal is to move middle school start times later in the future.

Change comes in mysterious ways. Part of the support for this change comes from the science.

The American Academy of Pediatrics this fall: "A substantial body of research has now demonstrated that delaying school start times is

an effective countermeasure to chronic sleep loss and has a wide range of potential benefits to students with regard to physical and mental health, safety, and academic achievement.

"The American Academy of Pediatrics strongly supports the efforts of school districts to optimize sleep in students and urges high schools and middle schools to aim for start times that allow students the opportunity to achieve optimal levels of sleep (8.5-9.5 hours) and to improve physi-

EDITORIAL

Voting

Every year is Election Year in Virginia, and this year, the ballot is short but important. Turn out to vote for U.S. Senate, member of the House of Representatives, and a few questions.

You can vote absentee in person between now and Saturday, Nov. 1; after that, vote on Election Day, Nov. 4, at your assigned polling place. Bring photo identification with you, the rules have changed.

cal (eg, reduced obesity risk) and mental (eg, lower rates of depression) health, safety (eg, drowsy driving crashes), academic performance, and quality of life."

We commend the leadership of the advocacy group SLEEP in Fairfax, which never gave up, even in years when this change appeared impossible.

We suspect the key ingredient is new leadership at the top at FCPS, Karen Garza.

A superintendent across the river, Joshua Starr, will have to ask himself what's holding up such changes in Montgomery County Public Schools.

— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM

For information, contact State Board of Elections, 804 864-8901, Toll Free: 800 552-9745 FAX: 804 371-0194, email: info@sbe.virginia.gov; or visit <http://www.sbe.virginia.gov>

You can read previous Connection coverage at <http://www.connectionnewspapers.com/news/Elections/>

— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM

LETTERS TO THE EDITOR

Vote Yes on Transportation Bond Referendum

To the Editor:

On Nov. 4, Fairfax County residents will vote on a Transportation Bond Referendum. The League of Women Voters supports the Bond Referendum and urges voters to approve it.

If accepted, the Bond would fund three types of projects:

- ❖ Spot Road Improvements: These include adding or lengthening turn lanes; upgrading turn signals and signage; constructing walkways and providing crosswalks; and making popular desti-

nations more accessible.

- ❖ Pedestrian Improvements: These include building missing sidewalk and trail links; adding and improving signalized crosswalks and other pedestrian-friendly intersection improvements.

- ❖ Bike and Trail Improvements: These include developing new bicycle facilities, constructing trails, adding bicycle parking, and making popular destinations and mass transit more accessible.

These upgrades would increase

the capacity of our transportation network by allowing it to carry more people, whether they drive, walk, bike or take mass transit. Go to fairfaxcounty.gov/bond/ for information about cost, project details and answers to other frequently asked questions.

Here's something else to consider: Fairfax is one of only 32 counties in the United States with a AAA Bond Rating. This allows the County to borrow at lower interest rates. And because Fairfax has access to other funding

sources, this Bond represents only 7 percent of the cost of these improvements.

The League of Women Voters urges you to vote on Nov. 4. And we encourage you to say YES to the Transportation Bond Referendum. We believe that these projects will reduce congestion and make it easier and safer for all of us to get to the places where we need and want to go.

Julia Jones and Helen Kelly,
Co-Presidents
League of Women Voters of the Fairfax Area

Vote 'Yes' on Transportation

To the Editor:

We are writing about the Nov. 4 voter referendum on transportation bonds for Fairfax County. The Partnership for a Healthier Fairfax is a diverse coalition of individuals and public, community, and business organizations that have joined forces to improve community health by mobilizing resources, increasing awareness, and promoting change.

The Partnership has identified investments in infrastructure that support physical activity as a major priority in its community health

improvement plan. Investments in facilities and pathways for pedestrians and bicyclists benefit everyone through enhancing safety, providing active transportation options, providing opportunities for routine exercise, expanding access to recreational opportunities, and improving quality of life. Improvements funded by the bond will also permit more "Safe Routes to School," or opportunities for children to walk or bike to school.

The goals and objectives of both our plan and the transportation

bond issue are aligned in encouraging a healthy lifestyle through physical activity and improving connectivity throughout the county. Residents who are able to incorporate exercise in their daily lives will incur fewer health care costs and be more productive employees, thereby contributing to the county's economic success. Please support the bond by a "yes" vote on Nov. 4.

Marlene Blum and Julie Knight
Partnership for a Healthier Fairfax/Co-Chairs

Write

The Connection welcomes views on any public issue.

The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors.

Send to:

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By e-mail:
south@connectionnewspapers.com

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AREA ROUNDUPS

Substance Abuse Forums to be Held Nov. 10 and 18 in FCPS

The signs and symptoms of teenage drug abuse, the actions parents can take, and where to find supportive resources will be shared at an upcoming "Protect Against Substance Abuse" community program, scheduled for Monday, Nov. 10, at South County High School, and Tuesday, Nov. 18, at Fairfax High School. The nonprofit Unified Prevention Coalition of Fairfax County (UPC) and its work group, PROTECT (Parents Reaching out to Educate Communities Together), will present this educational program.

The Nov. 10 forum, hosted by the South County High School PTSO, begins at 7 p.m. in the silver box theater. The Nov. 18 program, hosted by the Fairfax High School PTSA, will begin at 7 p.m. in the choral room. Middle school and high school parents are encouraged to attend with their children.

"Our program makes an impact on each audience because of the very personal stories of the dangers of substance abuse told by our panel of parents, young adults in recovery, and professionals working in this area," said Jennifer Lewis-Cooper, UPC's PROTECT coordinator.

Paula King, intake officer with Fairfax County Juvenile and Domestic Relations Court, will moderate both forums. Panel-

ists will include Chris Leibowitz, a young adult in recovery; Bill Fulton, school resource officer coordinator, Fairfax County Police Department; and David Edleman, clinical supervisor, Fairfax-Falls Church Community Service Board Youth and Family Team. Greg Richter, parent of a daughter in recovery, will participate in the South County event. Lori Shapiro, parent of a son in recovery, will take part in the Fairfax event.

UPC is a nonprofit organization made up of more than 60 community partners and members, including Fairfax County Public Schools and the Fairfax County Police Department. For more information, visit www.unifiedpreventioncoalition.org.

Farmers Market Ends Thursday

Each Thursday, from 3-7 p.m., the Fairfax County Government Center hosts a farmers market in its parking lot at 12000 Government Center Parkway in Fair Oaks; the season's last market is Oct. 30.

Don't Drink and Drive

This Friday, Oct. 31, at 8 p.m., seven police agencies from Northern Virginia will team up in all jurisdictions to conduct saturation patrols detecting and arresting drunk

SEE ROUNDUP, PAGE 13

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Barbara Comstock? For Congress?

Barbara Comstock:
Bad Ethics—Strike 1!

- \$35,000 in campaign cash from convicted former Gov. Bob McDonnell.¹
- Hid secret lobbying relationships in Richmond and \$85,000 in Romney contributions.²
- Failed to disclose that she was being paid as a consultant by anti-worker lobbying org — while voting on three anti-worker bills (in violation of VA ethics & disclosure rules).³

Barbara Comstock:
Bad Ideas—Strike 2!

- Supported mandatory invasive transvaginal ultrasound tests for women.
- Voted against bi-partisan bill for desperately needed VA transportation fixes.
- Says the government should track immigrants "like FedEx packages."

Barbara Comstock:
Bad Choice!

Do we really want to see strike 3? Team Comstock/McDonnell already has a poor batting average in Virginia. And they have underscored that ethically compromised elected officials cannot police themselves—we need voters to remove them from public office.





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1. VPAP.org. 2. Wash. Post, 9/5/14. 3. Politico, 10/9/14. Paid for by South Forward IE PAC and not approved by any candidate.

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FAIRFAX STATION/CLIFTON/LORTON CONNECTION ♦ OCTOBER 30 - NOVEMBER 5, 2014 ♦ 9

Take a Hike!

Hiking group brings nature closer to Northern Virginians.

By ABIGAIL CONSTANTINO
THE CONNECTION

Shortly before 1 p.m. on Sunday, Oct. 26, the parking lot by the softball field at Wakefield Park in Annandale filled up and several people approached Stefan Eom, of Annandale, the leader for the six-mile Wakefield to Lake Accotink hike organized by the Northern Virginia Hiking Club (NVHC).

Several people recognized each other from previous hikes with the group, while others hung back by themselves or in small groups.

Navneet Munday, of Herndon, is new to the group and this is her first hike—a level D—with NVHC. The club organizes its hikes from A, difficult to D, easy. “I’m trying to get to a point where I can build up,” she said.

NVHC offers hikes for almost each level every weekend and posts them on its website. But, it is transitioning to Meetup. “Meetup has kind of given some new life” to a lot of hiking clubs that were aging out, attracting new hikers with different ideas, said Marie Burton, of Silver Spring and Alexandria. One hike in which she participated highlighted a campaign to call attention to a manmade lake in Maryland that was a water supply for Washington. “Some of the hikes are a little bit more purposeful,” she said.

Dave Gibson, of Fairfax, has been with the club for almost 15 years. He said that Meetup has infused the club with younger members, who have taken positions as hike leaders, like Eom, who joined earlier this year.

THE GROUP started the hike after a short announcement by Eom, who took the lead, while another hiker volunteered to be last to make sure that no hikers were left behind.

The paved trail ran parallel to Accotink Creek, with portions be-

hind Springfield residences. To make it a circuit hike, the group first bypassed Lake Accotink Trail and picked it up in the neighborhood of Danbury Forest Drive. Once on the trail again, the tall trees and vegetation provided cover and fall colors enough to insulate the hikers to the proximity of the suburbs.

“We don’t want to see anything but nature” on hiking outings, said Nancy Totten, of Herndon. On a trip to the Great Smoky Mountains, she and her family saw a mother bear with two cubs.

“They were just there and they were so cool...We just felt really privileged.”

But Gibson has seen more than just nature on the Lake Accotink Trail. As part of Fairfax County Park Authority’s Park and Trail program, which operates like a neighborhood watch for parks, he has been alerted to issues with the park trails. “One time I got a report that there was some graffiti on the trail,” he said. He found red paint on trees upon investigation.

Recently, several Western national parks have been discovered



Northern Virginia Hiking Club (NVHC) members hike Lake Accotink Trail in Springfield, on Sunday, Oct. 26.

vandalized by drawings and paintings tagged with #creepyttings, which have been traced to social media accounts belonging to a person in New York. The National Park Service is investigating the case.

CONVERSATION FLOWED FREELY as similarly paced hikers paired off, sharing stories about previous hikes.

Gibson shared a story about facing

off with a mama moose in Granite Canyon in Wyoming 50 years ago. Marivic Llacuna, of Fort Washington, shared her experience of hiking the Inca Trail in Peru. “It rained the entire time but it was still fun, though. It made it more challenging so you appreciated it more,” she said. And, TJ Burnside Clapp, of Arlington, recalled nearly being blown away by high winds while hiking the Green Mountains in Ver-

mont. Clapp brought her dog Oz to the hike. “I got the dog so I can go hiking a lot more,” she said. Her favorite places to hike in the area are the trails in Great Falls Park. “There are great views” in Great Falls, she said.

Pam Cooke, of Fairfax, missed the group’s Corbin Cabin hike scheduled last Oct. 12 so she and her husband did it the following



Hikers cross Accotink Creek via a footbridge during an outing with the Northern Virginia Hiking Club on Sunday, Oct. 26.

week on their own. But, “it’s nice to meet up with a group of people to find out new trails,” she said.

Northern Virginia Hiking Club has about 650 members. For more information, visit its Meetup page at <http://www.meetup.com/NVHC-Hiking/>.

PHOTOS BY ABIGAIL CONSTANTINO/THE CONNECTION

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Battle for 10th Goes Down to the Wire

FROM PAGE 3

cancelled when every other candidate seeking the party's nomination — everyone except Foust — withdrew from the race.

In reaction, Fairfax County Democrats announced in March they would cancel a convention, and select Foust as their nominee.

Avoiding a costly primary would give Democrats an edge in building widespread district support for Foust before Republicans named their nominee in a firehouse primary in April.

State Del. Barbara Comstock handily won the GOP "firehouse" primary in April. The former Wolf aide and establishment favorite beat out five other contenders for the nomination.

Her win ensured a heated general election contest for the battleground district, and signaled the official start of the high-stakes race.

For the past six months, both candidates have been campaigning hard.

Foust's campaign likes to look at the race in terms of numbers. They boast that the campaign has made 960,000 phone calls, knocked on 120,000 doors and registered 1,500 new voters in the quest for the seat.

But the midterm cycle is a steep climb for Democrats, and a win often comes down to a vigorous get-out-the-vote effort.

Republicans, outflanked by a superior Democratic turnout operation in the past two presidential elections, have been spend-

ing tens of millions of dollars to improve data collection to achieve a rough parity.

President Obama's approval ratings are hovering near all-time lows, and Republicans have successfully persuaded their core supporters that the election is a referendum on him.

IN EARLY OCTOBER, National Democrats delivered a blow to Foust by cancelling a multimillion-dollar television ad buy

in the race, shifting money from the 10th to shore up vulnerable incumbents, such as freshman Rep. Ami Bera, a California Democrat.

"Ad reservations are changing every week, and John Foust is running an aggressive campaign in a tough climate," David Bergstein, spokesman for the Democratic Congressional Campaign Committee, said in response to the move.

Foust said he still sees a path to victory.

Campaigning Saturday in Prince William County, Foust told supporters that the campaign is at a "critical point."

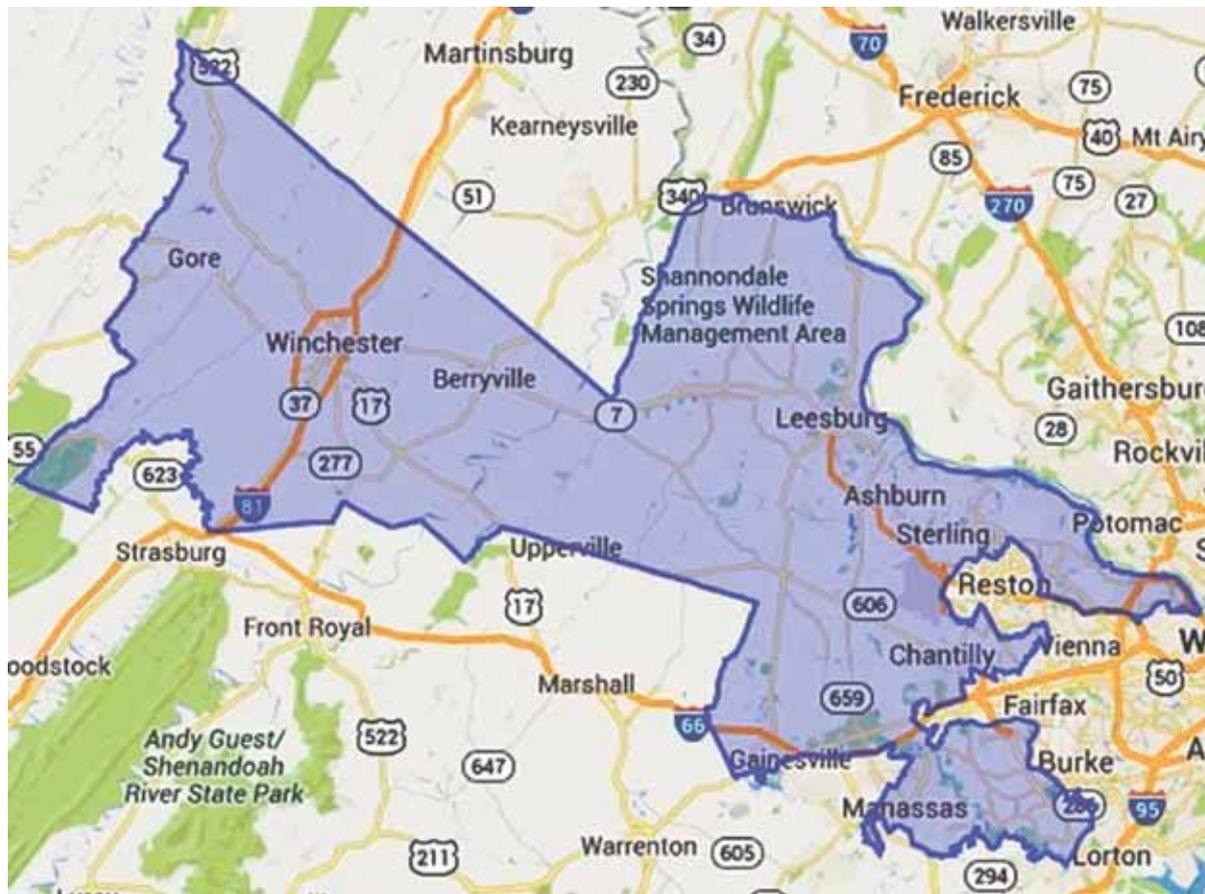
"I like to say both Barbara Comstock and I will have more than enough supporters to win this election, there's no question about that. But because it's a low turnout election, the one who is going to win is the one who has the ground game, and I know we have the ground game."

Comstock's campaign said they have been working their field operation too.

"As we enter the final week, our campaign has the momentum," Comstock said Friday. "We have ongoing Get Out The Vote efforts and will continue to reach voters through Election Day. I am pleased with all of the positive responses we get every day throughout this diverse district."

Johanna Persing, a spokesperson for Comstock's campaign, said Comstock and her volunteers have been knocking on doors every day. "We are reaching voters in all corners of the district... our strong ground game and Get-Out-the-Vote effort will be instrumental to victory on Nov. 4."

"The point is not everything is moving in one direction, which makes it impossible to predict the outcome. Different groups are responding in different ways to the candidates and the messages," said longtime Northern Virginia campaign activist Frank Blechman. "Bottom line: It's too close to call so get out and vote."



SOURCE: VPAP

Virginia's sprawling 10th district, originally created in 1952, stretches from inside the Capital Beltway in Northern Virginia west to the Shenandoah Valley.

Final Comstock-Foust Debate Gets Emotional

FROM PAGE 3

A from the National Rifle Association," Foust said dryly.

Comstock said she worked on Virginia's recent mental-health reforms that she said would make Virginians safer while preserving their Second Amendment rights.

She also said she supports adding school resource officers to schools. "We need to help prevent violence and keep students safe," she said, "not just against guns, but for bullying and human trafficking. Virginia has been a model for other states. It's another example of bipartisanship coming together to protect our second amendment rights while making us secure."

Foust was scathing in his reply.

"There have been 87 school shootings since Sandy Hook ... that's unconscio-

nable. Frankly, Delegate Comstock's position is scary," Foust said. "She voted to let people have guns in bars. Virginia was the gun-running capital of the south, and Democrats said let's limit the purchase of guns to one a month for 12 months. Last session, Delegate Comstock voted to eliminate that law. Virginia is now open for business, and it's a huge step backwards."

Foust also slammed Comstock for her opposition to the Supreme Court's 1973 Roe v. Wade decision legalizing abortion, and her vote in favor of the controversial "transvaginal ultrasound" bill in the Virginia legislature.

"First of all, there are good people on both sides of these difficult issues," Comstock said, "What we do in Congress is about federal funding of abortion, and I've always supported funding in cases of rape, incest or when the health of the mother is in danger." Comstock said she also supports mak-

ing birth control available to women over the counter.

"I don't demonize people," Comstock added. "I want to work together, to find ways we can bring people together and not fight ..."

"Of course you don't want to fight about it," Foust shot back, calling Comstock's position on abortion "beyond the pale."

"What you really want to do is get people off your back for not standing up for a woman's right to make her own health care choices," Foust said, drawing loud applause from his supporters.

Foust continued blasting Comstock for serving as co-chair of the Susan B. Anthony List, a political action group dedicated to electing pro-life candidates, and claiming that Comstock called herself "a warrior" in the pro-life movement."

WHEN MODERATOR Sally Horn, MCA's

president, said there was no time left in the 90-minute debate for Comstock to give her rebuttal, and suggested the candidates move on to their three-minute closing statements, the audience became mutinous, booing and hissing at each other, the moderator and the candidates.

After Comstock's closing statement, supporters erupted with loud, sustained applause and whistles, delaying the start of Foust's closing remarks.

When Foust launched a call-and-response in his closing statement — asking several times if "Barbara Comstock can be trusted" — audience members competed with shouts of "yes," "no" and "shut up." The shouts interrupted his remarks so many times that Horn offered him an opportunity to start over. That action sparked a brief scuffle in the balcony section of the theater.

AREA ROUNDUPS

FROM PAGE 9

drivers on Halloween. Called "Extra Eyes for DWI's," the effort will involve police officers and resources from the City of Falls Church, Metropolitan Washington Airports Authority, Town of Vienna, Fairfax County, City of Fairfax, U.S. Park Police and Virginia State Police.

Time to Fall Back

Daylight Saving Time ends this Sunday, Nov. 2, at 2 a.m.; so before going to bed Saturday night, residents should turn back their clocks and watches one hour.

Needed: Used Laptops

Our Daily Bread is in need of a few gently used laptops no more than three years old. They'll enable ODB to have more office volunteers during the busy fall and holiday season. Anyone who'd like to donate a laptop in good condition should contact Mila Cobos at 703-273-8829.

FoodRaiser at Fairfax High

Our Daily Bread and Food for Others are teaming up to hold their fourth annual Complete the Circle FoodRaiser on Sunday, Nov. 9 from 1 p.m. to 2:30 p.m. on the Practice Field at Fairfax High School (3501 Rebel Run, Fairfax). Admission is \$5 for the event T-shirt (\$10 for XXL shirt) and three food/pantry donation items. Attendees will create an Art for the Sky photo with the food donations forming the outer circle of the photograph.

All donations will then be distributed to needy individuals and families who reside throughout Fairfax County. The event will feature live music from the School of Rock Vienna; refreshments, including goodies from Cox Farms; and children's entertainment. Nearly 700 people, including those on 39 teams, are registered to attend the event. All community members are welcome to attend. Information and registration is available at www.CompletetheCircleFX.org, or contact info@odbfairfax.org or 703-273-8829.

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SPECIAL CONNECTIONS CALENDAR

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A+ Camps & Schools.....	10/15/14
Election Preview I	10/22/14
Election Preview II.....	10/29/14
NOVEMBER	
Election Day is Tuesday, November 4.	
Wellbeing.....	11/5/14
HomeLifeStyle.....	11/12/14
Holiday Entertainment & Gift Guide I.....	11/19/14
A+	11/25/14
Thanksgiving is November 27.	
DECEMBER	
Wellbeing.....	12/3/14
HomeLifeStyle: Home for the Holidays.....	12/10/14
Hanukkah begins December 16.	
Holiday Entertainment & Gift Guide II.....	12/16/14
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Amy Zacaroli sits with a preschool girl on the Canzibe Mission in the Eastern Cape of South Africa.



Alec Zacaroli hangs out with boys in Coffee Bay, South Africa, near the 25:40 afterschool program.

Writing Their Verse

BY TIM PETERSON
THE CONNECTION

When Alec Zacaroli and his wife Amy hosted a boyhood friend from South Africa, they didn't expect their lives would change in one evening.

Alex Hetherington showed the Fairfax Station couple a pair of documentary films his wife had produced. One was on the environment. The other chronicled Nazareth House, a century-old convalescent home in Cape Town.

In 2003, Alec said, Nazareth was the first organization to offer shelter and support to orphans with AIDS. "There were these little kids with sores and they're just struggling to survive," Alec said. "There was no AIDS medication getting to the people there."

Amy was raised in foster care in Springfield, before finally being adopted by a foster family. "I saw it and thought: How did I not know this was going on, and not do anything," she said. "We were both pretty emotional. We have to do something."

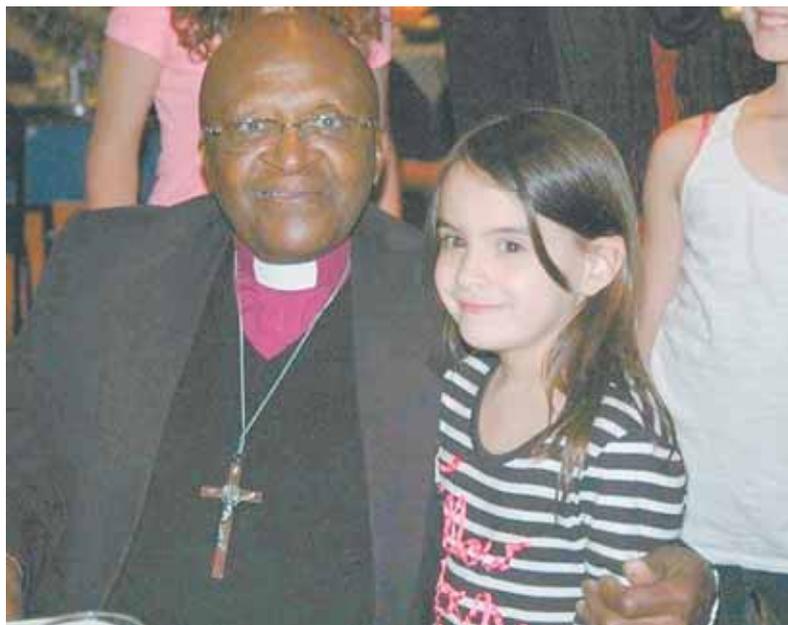
Alec recalled feeling a profound sense of purpose. "That moment there, we were like 'This is where God put us.'"

The couple, members of Burke Community Church, prayed over the situation and decided to found a nonprofit organization. They named the group 25:40 after the verse from the book of Matthew in the Bible that reads, "The King will reply, 'Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.'"

"We didn't really know what we were getting into at the time," said Amy. "We just sort of jumped in feet first, just trusting whatever was going to happen would happen."

25:40 started out by raising funds for Nazareth House. Amy and Alec visited South Africa in 2004 and through the Hetheringtons got involved with a group called Homes for Kids in South Africa.

Seeing the poverty and illness firsthand was "soul-crushing in some respects," said Alec.



PHOTOS COURTESY OF ALEC ZACAROLI

Alec and Amy's daughter Rebecca Zacaroli met Rev. Desmond Tutu when he was on his way to visit a funeral in a village nearby the Canzibe Mission in the Eastern Cape.

"But you just can't help but say there's still hope there."

ON THAT SAME FIRST TRIP, the Zacarolis also met a doctor working in the rural areas of the Eastern Cape. They eventually followed him with their ministry. And in 2008, they joined with a mission near the town of Nthatha called Canzibe Mission, close to the home of Nelson Mandela.

At that point, 25:40 began to take a more active role in supporting the local children.

They hired 32 village workers to cover a 360 square mile radius and conduct a study to see just how bad the orphan situation was. "It's not like they just come to your doorstep."

The survey identified 1,504 "orphans and vulnerable children" by South African standards. Now that number is up over 2,000, Alec said. "Kids are much more than AIDS orphans. They've been moved, picked up by somebody, some relative, and those situations quickly become abusive."

Following the results of the survey, 25:40's "OVC Action Program" offers supplemental education, health monitoring, advocacy and skills development (like gardening and carpentry) for these children.

Fairfax Station couple's ministry supports vulnerable children in South Africa.

"And we talk to them about having a relationship with God," Alec said. "So they understand they're loved, that there's a moral code to walk by."

"What they're doing is taking all these resources and dedicating it to at-risk children who will help the community become a stronger one," said Mary Miller of Fort Hunt, the new outreach coordinator for 25:40.

The advocacy includes trying to motivate local social workers. "If we want to parachute in and do everything ourselves, it's just ridiculous," said Alec. "We go to the social worker in town and say, 'Do your job. Did you even know this kid exists?'"

BY MODELING THEIR PROGRAM, Alec and Amy are hopeful others like it can spread beyond Canzibe Mission, driven by local people.

"We don't pay people," said Alec. "We support with food and materials, walk hand in hand with you. That's what we envision going forward. That's the way you reach 1,500 kids."

Amy and Alec raise funds for 25:40 back in Northern Virginia from a grassroots group, with some corporations matching the giving. Every September they host a "Walk for the Kids" fundraiser around Lake Accotink, and on Dec. 14 they're hosting a benefit Christmas concert at the Brightbox Theater in Winchester, Va.

"All we want to do is open people's eyes around here," said Amy, "to what kind of things people go through in South Africa, and most of sub-Saharan Africa."

Alec maintains a full-time job as a lawyer and Amy volunteers at their church. The couple visits the Eastern Cape twice to three times a year, often taking turns in order to bring some combination of their son and three daughters.

"It's opened their eyes," said Amy. "There's more outside Northern Virginia. To see this is not normal, when it comes to the rest of the world."

CALENDAR

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. The deadline is the Friday prior to the next paper's publication. Dated announcements should be submitted at least two weeks prior to the event.

THROUGH FRIDAY/NOV. 3
Adventures in Learning. 9:30 a.m.-2:45 p.m. Lord of Life Lutheran Church, 5114 Twinbrook Road, Fairfax. This program is open to all adults age 50 or better. Registrants bring a bag lunch and stay for a full day of classes/activities and socializing, or pick and choose the classes that interest them the most. \$30. www.scfbva.org or 703-323-4788.

THROUGH WEDNESDAY/DEC. 31
War on the Doorstep: Fairfax Militia in the War of 1812. Exhibition. The Civil War Interpretive Center at Historic Blenheim, 3610 Old Lee Highway. Open Tue.-Sat. 10 a.m.-3 p.m. Free tours at 1 p.m. 703-591-0560.

THROUGH SUNDAY/FEB. 8, 2015
Dressing for the Occasion: An Exhibition of Costumes and Textiles Representing Fairfax Personalities and Events. Exhibition. Fairfax Museum & Visitor Center, 10209 Main Street, Fairfax. Open daily 9 a.m.-5 p.m. 703-385-8414.

FRIDAY/OCT. 31-SATURDAY/NOV. 1
Workhouse Arts Center Haunted Trail. 7-10 p.m. 9601 Ox Road, Lorton. During an exclusive event for six hair-raising nights only, visitors can walk the Haunted Trail with friends and family. Visitors will experience the macabre outdoor scenes in the lesser traveled areas of the historic prison campus and enjoy special effects, live scare actors and a nightmarish, immersive storyline about a growing horde of infected drones. Evening trail, \$10; daytime trail, \$5.

FRIDAY/OCT. 31
St. Peter's in the Woods Pumpkin Patch. 5911 Fairview Woods Dr., Fairfax Station. St. Peter's in the Woods Annual Pumpkin Patch is a community outreach fundraiser. Pumpkins and Gourds of all sizes available for purchase. Come buy a pumpkin and help support community outreach.
Genealogy Help Desk. 2 p.m. City of Fairfax Regional Library, 10360 North St., Fairfax. Bring family history stumpers to the experts. Accomplished genealogists and library staff will be on hand to assist. Ask at the Virginia Room desk or call 703-293-6227, option 6. Adults, Teens.
The National Acrobats of the People's Republic of China: Cirque Peking. 8 p.m. George Mason University's Center for the Arts, 4400 University Drive, Fairfax. With a combination of traditional and modern music,

SEE CALENDAR, PAGE 15

CALENDAR

FROM PAGE 14

colorful sets, and imaginative props, the National Acrobats of the People's Republic of China is among Asia's most acclaimed ensembles. \$29-\$48. 888-945-2468.

SATURDAY/NOV. 1- MONDAY/JAN. 19, 2015

Dada Re-Discovered. Building W-16 Vulcan Gallery, Workhouse Arts Center, 9518 Workhouse Way, Lorton. Dada Re-Discovered explores how contemporary media and ideas can filter past Dada concepts and artwork. The exhibit will feature sound, video, performance and other visual mixed media. 703-584-2900. www.workhousearts.org.

SATURDAY/NOV. 1- MONDAY/DEC. 15

FCPS Art Teachers Exhibition. Building W-16 McGuire Woods Gallery, Workhouse Arts Center, 9518 Workhouse Way, Lorton. FCPS art teachers display their art. 703-584-2900. www.workhousearts.org.

SATURDAY/NOV. 1- SUNDAY/NOV. 2

Cabaret Series: Heroes Cabaret. 8 p.m. Saturday and 1 p.m. Sunday. W-3 Theatre, Workhouse Arts Center, 9518 Workhouse Way, Lorton. Songs and music of heroes and anti-heroes. 703-584-2900. www.workhousearts.org.

SATURDAY/NOV. 8

Christmas Craft Fair and Bake Sale. 9 a.m.-2 p.m. New Hope

Church, 6905 Ox Road, Lorton. Begin your holiday shopping early. Crafts, artwork, holiday items, inspirational items, soaps/scrubs, jewelry, baked goods, jams/jellies, candies/nuts/fudge, raffles, stuffed animals, food, etc. Free. Doris Lama, 703-644-0139.

2nd Saturday Art Walk. 6-9 p.m.

Workhouse Arts Center, 9518 Workhouse Way, Lorton. Guests can tour seven unique studio buildings, mix and mingle with artists, buy original works of art, experience ever-changing exhibitions.

Fairfax County - 10th Annual History Conference "Fire, Flight & Fury - The War of 1812 200 Years Later." 8:30 a.m. - 3:30 p.m.

Sherwood Community Center, 3740 Old Lee Highway, Fairfax. Speakers will present the history of the War of 1812 and its impact on Fairfax County. Admission registration is \$20. No registrations will be accepted at the door. A continental breakfast, deli lunch and conference materials will be included. Local historical organizations and authors will have displays. Registration forms are available at: <http://www.fairfaxcounty.gov/histcomm/event.htm>

Art Auction. 6:30 p.m.

King of Kings Lutheran Church, 4025 Kings Way, Fairfax. There will be art for everyone's taste and budget, in all media and price ranges. Event benefits the Preschool Scholarship Fund and the youth program. Admission: \$20 per person - \$35 per couple. For more information or to reserve your tickets call Judi Cooper

at 703-378-7272, ext. 225 or email jhangen@kofk.org.

SUNDAY/NOV. 9

Not Forgotten: The Story of the Offerings at the Wall. 2 p.m. Fairfax Museum, 10209 Main St., Fairfax. Megan Leining, Collections Manager with Fairfax County Park Authority, will talk about her former work with the National Park Service of curating objects left at the Vietnam Veterans Memorial. For more information call 703-385-8414.

The Cold War in Lorton: Missiles in Your Backyard. 2 p.m.

W-3 Theatre, Workhouse Arts Center, 9518 Workhouse Way, Lorton. Marvin 'Shep' Crow, Lieutenant Colonel, US Army (Retired), will discuss the Nation's perceived need for air defense weapons during the Cold War with the Soviet Union and the development of the U.S. air defense system, focusing on the Lorton site. Free-\$10 suggested donation. 703-584-2900. www.workhousearts.org.

Keyboard Conversations with Jeffrey Siegel: Three Great B's - Beethoven, Brahms, and Bartók. 7 p.m.

George Mason University's Center for the Arts, 4400 University Drive, Fairfax. Tickets \$24-\$40. For more information call 888-945-2468.

Taste of Greater Springfield. 3-7 p.m.

Embassy Suites, 8100 Loisdale Road, Springfield. Will feature cuisine from 20 local restaurants. Tickets for adults are \$30 at www.togs.us Sponsored by the West Springfield Rotary Club Foundation.

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Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. The deadline for submissions is the Friday prior to publication. Dated announcements should be submitted at least two weeks prior to the event.

THURSDAY/OCT. 30

Walk-in eBook and Computer Clinic. 10 a.m. Pohick Regional Library, 6450 Sydenstricker Road, Burke. Help with downloading library eBooks. Bring device and its account ID and password. Help with basic computer skills. Adults. 703-644-7333.

Library Tech Help. 6 p.m. City of Fairfax Regional Library, 10360 North St., Fairfax. Get library-related electronic resources questions answered. Includes help with eBooks and compatible devices. Adults. Bring library card, eBook reader and laptop. 703-293-6227.

SATURDAY/NOV. 1-SATURDAY/NOV. 22

NVRC Collecting Blankets for Refugees. Several Fairfax County locations. Northern Virginia Regional Commission will collect blankets to help Syrian refugees. For more information, go to www.helpsyrianrefugees.net/

SUNDAY/NOV. 9

Recycling Event. noon-5 p.m. Petco, 13053 Lee Jackson Memorial Highway, Fairfax. Recycle outdated electronics and save a dog's life. Questions on what to bring, info@aforeverhome.org. www.facebook.com/events/362845497196002/

SATURDAY/NOV. 15.

NAACP Branch Election. 10 a.m.-12 p.m. 9002 Burke Lake Road, Burke (behind Kings Park Library). Election of branch officers and at-large members of the Executive Committee. To vote in the branch election, you must be a member in good standing and branch membership must be dated before Oct. 16, 2014. A form of ID is required. 703-591-4488.

SCHOOL NOTES

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

Twenty-five students from Fairfax County Public Schools (FCPS) have been named 2015 National Achievement Scholarship program semifinalists in an academic competition for Black American high school students conducted by the National Merit Scholarship Corporation (NMSC). The students represent 12 high schools in FCPS.

- The semifinalists are:
- Annandale High School: Yonatan Ayele.
 - Edison High School: Maxine Morgan and Shalom Yiblet.
 - Fairfax High School: William Sampong.
 - Hayfield Secondary School: Camryn Bishop, Reese Cloud, and Dominique Edwards.
 - Lake Braddock Secondary School: Leul Berhane-Meskel and Kinaya Hassane.
 - Langley High School: Leah Yirga.
 - Madison High School: Rachel Bostick, Jesse Ernest, and Benjamin Jackson.
 - Marshall High School: Natasha Whyte.
 - South County High School: Maya Armstrong and Olivia Jones.
 - Thomas Jefferson High School for Science and Technology (TJHSST): Azeez Abdikarim, Arielle Ampeh, Rebecca Clark-Callender, Theodore Richardson, Hannah Wied, and Rollin Woodford.
 - West Potomac High School: Zoe Smith.
 - Woodson High School: Robert Cuyjet and Daniel Pryce.

The semifinalists will compete for more than 800 Achievement Scholarship awards, worth \$2.5 million, to be awarded next spring. The awards will be supported by corporations, professional organizations, foundations, and funds from the NMSC. To be considered for a scholarship, semifinalists must advance to the finalist level by fulfilling additional requirements.

Jacob Augelli, an eighth grade student at Robinson Secondary, finished in fourth place overall in the 2014 United States Geography Olympiad, junior varsity division. The competition consisted of two parts: a written exam and a quiz

THURSDAY/DEC. 4-SUNDAY/DEC. 7

Huge Holiday Book Sale. Times vary. Richard Byrd Library, 7250 Commerce Street, Springfield. Come and find those perfect books, CDs and DVDs for the holiday. Call for hours, 703-451-8055.

ONGOING

Singers Wanted for the Celebration Singers. The women's show choir is interested in new talent to perform at various Northern Virginia community sites. Practices are Wednesdays 10:30 a.m.-2:30 p.m. in Burke. Contact Gayle Parsons, 703-644-4485 or email gparsons3@cox.net.

Online Scavenger Hunt. Visit Fairfax tasks those interested in becoming "citizen ambassadors" to the county (those informed on fun, creative weekend outings in the area) to find two Fairfax County Ambassador icons hidden throughout the fxva.com website in order to join the ambassador team; those who find all five hidden pins will receive a complimentary gift. www.fxva.com/online-ambassador.

Senior Fall Prevention Classes. 1:30-2:30 p.m., at the Woodlands Retirement Community, 4320 Forest Hill Drive, Fairfax. Tuesday and/or Thursday classes in a heated pool designed to work on balance and core muscles for injury prevention. \$10. 703-667-9800.

American Red Cross CPR, First Aid and AED. Various times, at 2720 State Route 699, Suite 200, Fairfax. One-year certification, digital or print materials and continued education on Mondays through Thursday and Saturday. \$70-110. www.redcrossna.org.

Dementia Care Givers Support Groups. Various times, at Lord of Life Lutheran Church, 5114 Twinbrook Road, Fairfax. The groups are for those caring for someone with dementia or for those interested in learning more about providing care giving to a person with a disorder that affects memory and cognition and may impact behavior and physical abilities. 703-451-8626 or Eileen.thompson1@gmail.com.

bowl tournament; Augelli placed sixth in the exam and tied for seventh in the quiz bowl tournament; overall scores were compiled by averaging each competitor's ranking for each part. Over 70 junior varsity students from as far away as Guam competed in the written exam and in a preliminary quiz bowl round, while those with high scores advanced to the final quiz bowl round. Questions ranged in difficulty from naming countries by their capital to identifying obscure islets in the North Atlantic. The top four varsity students earned the right to represent the USA at the 2014 International Geography Olympiad in Krakow, Poland, this summer. The Geography Olympiad was sponsored by Houghton Mifflin Harcourt and HISTORY, commonly known as the History Channel, which also sponsors the National History Bee and Bowl. For more information on the competition, please visit www.geographyolympiad.com.

The Citadel has recognized **Cadet Martin Krawczak** of Springfield on the school's dean's list for his academic achievement during the spring semester. Recognition on the South Carolina military school's dean's list is reserved for students who were registered for 12 or more semester hours and received a grade point average of 3.2 or higher with no grade below a C for the previous semester's work.

Yihan Zhou, Fairfax, earned a place on the Deans Honor Roll at Fort Hays State University, Hays, Kan., for the spring 2014 semester. Zhou is a junior majoring in general studies. To be eligible, students must have enrolled in 12 or more credit hours and have a minimum grade point average of 3.60 for the semester.

Cadet Carson Giammaria, son of Rick and Kim Giammaria of Lorton, graduated from the U.S. Military Academy on May 28. Giammaria graduated from Hayfield Secondary School in 2010. While at West Point, he concentrated his studies in Engineering Psychology. He was commissioned as a second lieutenant in the U.S. Army within the Armor branch and will report to Fort Benning, GA., to attend Ranger School. Upon completion, he will be stationed in Germany.

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SPORTS



PHOTO BY JON ROETMAN/THE CONNECTION

The Fairfax field hockey team won its sixth consecutive Liberty District/Conference 6 championship on Oct. 27.



PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

Fairfax senior Charlotte Duke, left, scored a goal against Madison in the Conference 6 tournament championship game on Oct. 27 at Fairfax High School.

Fairfax Field Hockey Wins Sixth Straight Title

Rebels beat Madison to capture Conference 6 championship.

BY JON ROETMAN
THE CONNECTION

When time expired in the first half of Monday's Conference 6 field hockey tournament final, the goose eggs on the scoreboard initially signified Madison had escaped the opening 30 minutes unscathed against five-time defending champion Fairfax.

"Almost," Fairfax senior Charlotte Duke said after the game.

While time ran out, play would continue as Fairfax had earned a penalty corner in the closing seconds. The Rebels capitalized when senior defender Mackenzie Burnett found the back of the cage for the third time this season, giving Fairfax a 1-0 advantage.

"Before [head coach Amber Beaudoin] told us all to press up, I was thinking to myself, time is out, how great would it be to put one in and go into the second half with a leg up," Burnett said. "It just happened that I got to the ball and I turned and I felt the goalie on me and I just placed it. I feel that that really gave us a push in the second half."

Duke added an insurance goal in the sec-



PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

Senior captain Cori Black and the Fairfax field hockey team defeated Madison 2-0 on Oct. 27.

ond half and Fairfax won its sixth consecutive Liberty District/Conference 6 championship with a 2-0 victory on Oct. 27 at Fairfax High School.

The Rebels got off to a slow start against the Warhawks during their regular-season meeting on Oct. 9, but eventually scored a pair of second-half goals to win, 2-0. On Monday, the teams were again on the verge of entering the second half locked in a scoreless tie, but Burnett's goal gave the Rebels

a boost entering the break.

"I think we knew that if we didn't score then," Duke said, "then it would be a bad halftime for us and [Madison] would have more confidence knowing that they survived half the game without us scoring, once again."

The Rebels started their championship run when Burnett was in the seventh grade. No. 21 didn't want the streak to end on her watch.

"It's our six-peat, so it felt like more pressure," Burnett said, "because you didn't want to be the team to break the streak."

Does this title feel any different than the previous five?

"They're all different," Beaudoin said. "They're different kids, they have different personalities. This group is a group of fighters. ... We've had injuries all year and people just step in and they play. I love this group."

The Rebels fought their way to a 16-3 record this season with a roster loaded with talented and experienced seniors. Last year, the Rebels finished region runner-up and earned a berth in the state tournament. This year, Fairfax hopes to make another deep postseason run. The Rebels faced Robinson, the No. 4 seed from Conference 5, in the opening round on Wednesday, after The Connection's deadline.

"We have a lot of pride in our school and our team," Burnett said, "and we [want] to show that out on the field."

Fairfax's Burnett, forward Duke, senior forward Trisha Le, senior midfielder Olivia Cummings, and senior defender Cori Black each earned first-team all-conference honors. Junior midfielder Victoria Brzezynski, senior midfielder Meg Robertson and sophomore defender Molly Tenerelli were named to the all-conference second team.

The winner of Wednesday's Fairfax/Robinson game will face the winner of Battlefield/Lake Braddock in the region quarterfinals on Thursday, Oct. 30.

SPORTS ROUNDUPS

SoCo Football Demolishes Woodson

The South County football team remained undefeated with a 69-6 drubbing of Woodson on Oct. 24.

The Stallions (8-0) have outscored their last four opponents 252-51, scoring at least 56 points each game and surpassing 60 three times.

South County will host Lake Braddock at 7:30 p.m. on Friday, Oct. 31.

Lake Braddock Thumps T.C. Williams

After suffering its second two-point loss of the season, the Lake Braddock football team responded with a 52-7 victory over T.C. Williams on Oct. 24, improving its record to 6-2.

The Bruins two losses came against West Springfield (16-14) and Robinson (19-17).

Lake Braddock will travel to face undefeated South County on Friday, Oct. 31.

West Springfield Improves to 6-2

The West Springfield football team beat Annandale 35-10 on Oct. 24, giving the Spartans three straight wins and six in their last seven games.

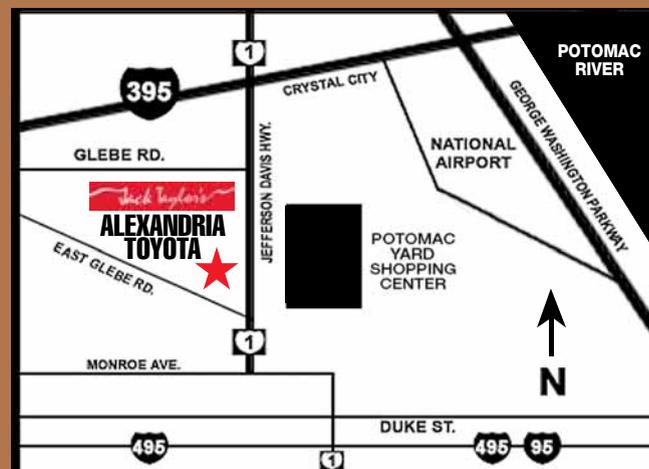
West Springfield will travel to face T.C. Williams at 1:30 p.m. on Saturday, Nov. 1 before concluding the regular season with a Nov. 7 home game against Woodson.

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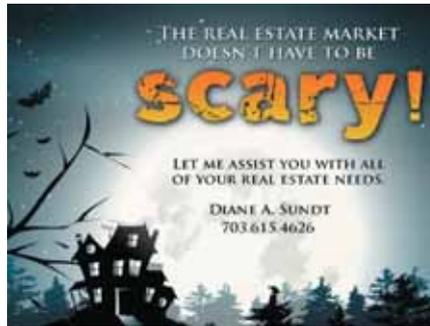
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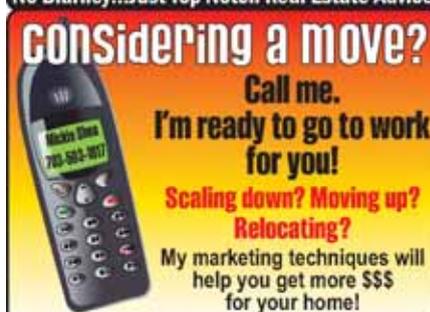
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