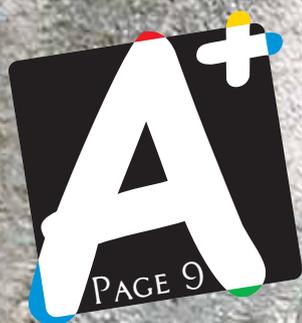


Potomac ALMANAC

Har Shalom Players To Perform 'Shrek'

NEWS, PAGE 3



Shrek (Paul Loebach),
Fiona (Megan Miller Evans),
and Donkey (Jeff Ashin) in
the Har Shalom Players'
production of
"Shrek, the Musical,"
Jan. 24-25.

Kula Yoga
Celebrates
10 Years

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Bald Eagles at Great Falls
Rebuild Fallen Nest

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NEW ENGLAND



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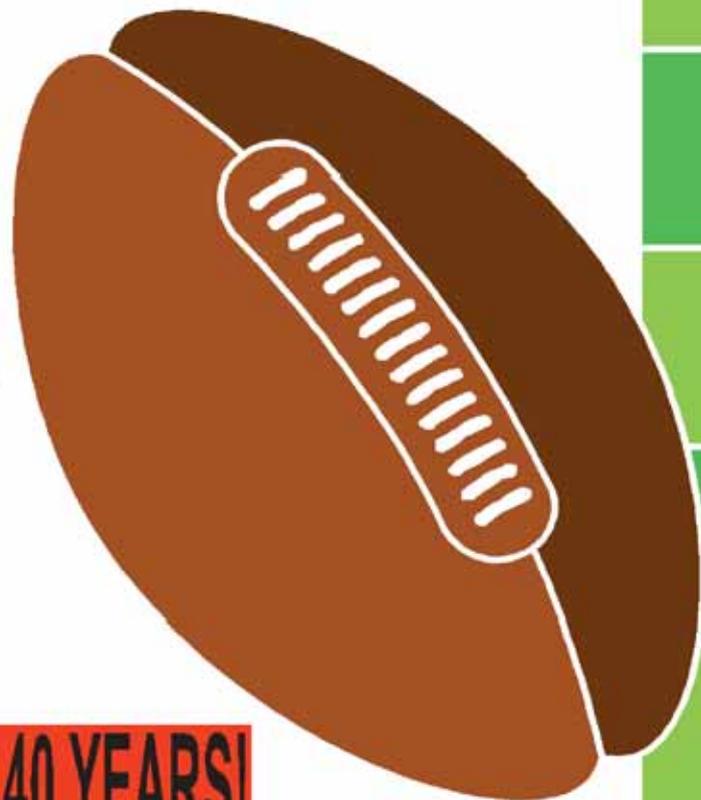
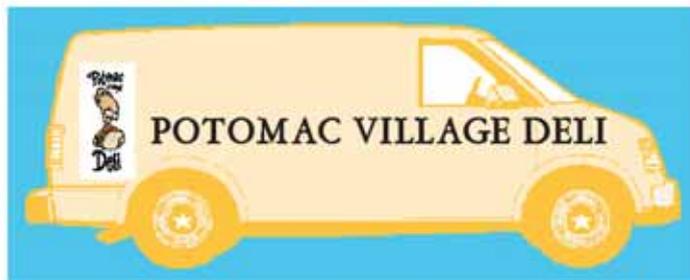
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SEATTLE

Har Shalom Players To Perform 'Shrek'

“What makes us special, makes us strong.”

BY SUSAN BELFORD
THE ALMANAC

Join Shrek, the huge green ogre, along with his talking donkey as they set off to rescue the beautiful — but somewhat feisty — Princess Fiona from a fire-breathing, love-sick dragon. Fairytale misfits, Lord Farquaad, the Magical Mirror and the Duloc Dancers will also appear in “Shrek, the Musical” — a Har Shalom Players production that will entertain children and adults.

In the words of many of the 56 actors and actresses in “Shrek, the Musical,” the play is both “fun” and “funny.” The story of Shrek is more than just a fairy tale. Younger children will love it because they are familiar with the characters and know the music, and older youth and adults will enjoy the message about relationships, as well as the lesson that “You can be different.”

The Har Shalom Players are celebrating the 10th year of musical productions by bringing “Shrek, the Musical” to their Potomac synagogue at 11510 Falls Road. There will be two performances — an evening show at 8 p.m. on Saturday, Jan. 24 and a matinee on Sunday, Jan. 25 at 4 p.m.

The show is co-produced by Kenneth Lechter and Stewart Remer and directed by Rochelle (Shelly) Horn. The production team of 15 includes Musical Director Arielle Bayer, Vocal Director Lee Rosenthal, Assistant to the Director Deb Schapiro, Orchestra Conductor Marci Shegogue, Rehearsal Pianist Debbie Jacobson, and Choreographers Karen Creel and Laurie Newton.

Many members of the cast and production crew have participated in every production, but some are also new members



In rehearsal for Har Shalom Players' upcoming production of “Shrek, the Musical” are, from left, Rabbi Janet Ozur Bass, Paul Blank, Blake Strauch, Eliana Strauch, Rabbi Adam Raskin, Hazzan Henrique Ozur Bass, Mickey Burstein and Megan Miller Evans.

who are quickly becoming a part of a community that enjoys participating in the play — and also working with each other. Jeff Ashin, who plays the fast-talking donkey, said, “I like the community building that performing in the play encourages. I’ve loved seeing the teens from 10 years ago mature and grow and I’ve loved seeing the small children grow up and want to become more involved in the Har Shalom community. The cast members have become friends — and we appreciate the Potomac community for coming out and supporting our productions each year.”

Megan Evans, who plays Fiona, is new this year to the Har Shalom Players. She finds the songs from “Shrek” among the most appealing aspects of the production because they are fun, clever and catchy. She said, “My favorite scene is during the song, ‘I Think I Got You Beat.’ Fiona and Shrek start off disliking each other, and by the end of the song have developed a camaraderie that seems to have the beginnings of some-

thing more.” Director Shelly Horn said, “Our talent in this show is immense. We have actors from community theatre, from the synagogue and from other community groups. It’s been a terrific 10 years at Har Shalom. We have our original production team — Stew Remer, Ken Lechter, Lee Rosenthal, Marci Shegogue and me — plus our new team members make it all great.”

Stew Remer, the producer, feels that “Shrek” was the perfect choice for our 10th anniversary show. It features an unusually large cast and reaches the audience on many different levels.

This year, the audience will love our lead actors and actresses.

They are standouts. Undoubtedly, the audience will also enjoy watching the youngest members of the cast dancing with Fiona and the Pied Piper.”

Asked what the performances mean to him and to the rest of the cast and crew, he replied, “There is a line in the show’s finale that reads: ‘What makes us special, makes



Fiona (Megan Miller Evans) and Donkey (Jeff Ashin) in rehearsal for Har Shalom Players' production of “Shrek, the Musical.”

us strong.’ That in essence is the mantra of the Har Shalom Players. We are a growing community of synagogue members that have been joined by local community theater actors, as well as extended family and friends. We continue to grow our community both in numbers and talent and create tighter bonds with each production. We very much enjoy each others’ company, strongly support one another — and we have fun.”

General admission tickets to “Shrek, the Musical” are \$20 for adults and \$15 for children under 13.

Chai Patron tickets which include guaranteed front row seating, a voucher for intermission refreshments, reserved parking and special recognition in the “Shrek” playbill are \$180 each. Patron tickets are \$100 for adults and \$36 for children under 13. Tickets may be purchased at www.harshalom.org or at <http://www.tinyurl.com/HSShrekTix>. For group sales email play@harshalom.org or call 301-299-7087.

Kula Yoga Celebrates 10 Years of Fitness

Physical and spiritual health for all ages.

BY SUSAN BELFORD
THE ALMANAC

Leslie Speisman of Potomac did not think that she was a “yoga type” until she began classes with Nancy Wright Steinberg of Kula Yoga. “Nancy taught me that there is not a ‘type’ and that yoga can offer most everyone a healthy workout of the mind and body,” she said. “She brings her own brand of charm to each class and is attentive to each person’s individual needs and abilities. I look forward to each practice and come away relaxed and feel-



The original members of Kula Yoga from 10 years ago: Ellie Hagner, Nancy Steinberg, Mary Crane, Katherine Larson, Trish Rehert and Carol Kimbrough.

ing stronger.”

Steinberg, who has taught yoga for 12 years, was introduced to the benefits of yoga by her mother when she was a teenager. She graduated from Walter Johnson High School, studied to become a dental technician and has spent her entire life in the Potomac/Bethesda area. After receiving her career training from Montgomery College, Steinberg spent the next 25 years working in a dental lab — an unhealthy place to work because of the flying dust from the grinding of the metal and porcelain, the toxicity of the air and the lack of fresh air. When she was between jobs, she decided to sign up for a yoga teacher-training class — a life-changing experience that encour-

SEE KULA YOGA, PAGE 7

LET'S TALK Real Estate



by Michael Matese

The Nuts and Bolts of Professionally Staged Homes® for Sale

In professionally Staged Homes®, it's important to stay away from themes—remember, the potential buyer needs to be able to envision their furniture and home accessories in the space, not yours. By staying away from themes, you keep the focus where it needs to be: on the house, not the things inside it. The key principle to keep in mind when professionally Staging® a home is that this is house's chance to make a first impression. A theme that a potential buyer doesn't like can leave them with a negative impression of the space, whereas keeping the room design neutral and open to interpretation invites buyers to day-dream, mentally "moving into" the space and forming an emotional connection to the space. Color and art are two important considerations in staging technique—choose relaxing colors and a fresh coat of paint to evoke a feeling of peace and tranquility. After all, you want the buyers to envision your home as their place to relax and enjoy life. Pieces of art, likewise, should be neutral and picked with the intent of accenting the room—not being the room's focal point—because the art isn't what you're selling! Subtle pieces or mirrors, arranged tastefully around the rooms of your home, should draw attention to the features of the space—a painting over the fireplace, an accent piece flanking a bay window, a window dressing that highlights French doors, and so on. Likewise, sellers (and buyers!) may also want to invest in cabinetry or home design that allows the television to be concealed from view. By simply hiding the television set from view, it makes the features of any room its focal point and promotes the space as an oasis of calm. Does your house have a room that seems to be a catch-all for clutter? By engaging the services of an ASP®, you've got a competitive edge on other sellers in your area. A keen eye for detail, creative panache and problem-solving attitude can help you re-purpose that room from an unfocused area that collects "stuff" into a specialty room that adds value to your home that you didn't even know was there! Home libraries, attic closets, personal gyms, luggage rooms, rumpus rooms, butler's pantries, conservatories and porte cocheres are all stylish ideas for re-purposing space in rooms that seem to collect clutter that add both dollar value and a unique feature to your home, making it stand out to buyers and helping it sell quickly for its maximum value.

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PEOPLE



Food Drive

From left: Ricci Tan, Andrian Tan-Fehed, Max Jamison and Juli Jamison collect food for the Manna Food Center outside the Giant on Falls Road on Saturday, Jan. 17.

BUSINESS NOTES

Email announcements to almanac@connectionnewspapers.com. Deadline is Thursday at noon. Photos and artwork welcome.

Sales Associate **Helen King** of Weichert, Realtors Potomac office was individually recognized for her exceptional industry success during the month of September. A top producer, King led the region, which is comprised of offices throughout Montgomery and Prince George counties, as well as surrounding areas in the District of Columbia, for resale dollar volume.

The C&O Canal Trust has made three new leadership appointments: **Michael C. Mitchell** as board chairman, **Stephen E. Chaudet** as board vice chairman, and **Megan Kula** as vice president of development. The Trust would like to thank **MJ Veverka**, the outgoing board chair. Veverka served on the board for five years. During that time she held the position as interim board chair for one year and board chair

for the past two years. She will now sit on the Trust's Advisory Board.

The Trust also thanks outgoing board member **Robert Mertz** who contributed thousands of volunteer hours throughout the years and was instrumental in the creation of the award-winning Canal Quarters program.

Suburban Hospital has been recognized as a 2013 Top Performer on Key Quality Measures by The Joint Commission, the leading accreditor of health care organizations in the United States. Suburban Hospital was recognized as part of The Joint Commission's 2014 annual report "America's Hospitals: Improving Quality and Safety," for attaining and sustaining excellence in accountability measure performance for heart attack, heart failure, pneumonia and surgical care.

Suburban Hospital is one of only 1,224 hospitals in the United States to achieve the 2013 Top Performer distinction.

Applicants for Commission Sought

The Montgomery County Council is accepting applications for membership on the county's Charter Review Commission. Applications for the four-year appointments are due by 5 p.m. on Wednesday, March 4.

The County Charter was amended in 1976 to provide that a Charter Review Commission be appointed by the County Council every four years to study the Charter. The commission researches and evaluates Charter issues raised by the county executive, County Council, other government officials and the public. Commission reports are submitted no later than

May 1 of every even-numbered year.

The commission is composed of 11 county residents, five of whom will be appointed from a list of names submitted by the County Executive. Applicants applying to the council for appointment may also be considered for nomination by the county executive.

No more than six members of the commission may be from the same political party, and each member must be a resident of Montgomery County. Members serve four-year terms. The positions can be filled by a Democrat, a Republican, a voter who declines

SEE APPLICANTS, PAGE 6



New State Senator

Cheryl Kagan, sworn in on Wednesday, Jan. 14, as a new Maryland state senator representing District 17, is congratulated by Congregation Har Shalom Rabbi **Adam J. Raskin**. Kagan is a lifelong member of Congregation Har Shalom in Potomac.

PHOTO BY DEBORAH STEVENS/THE ALMANAC

PHOTO CONTRIBUTED

New VP and Events at PVC

Jill Phillips, named by the Potomac Chamber of Commerce as 2014 Business Person of the Year, has been a vice president at local



Jill Phillips

non-profit Potomac Community Village (PCV). Phillips, co-owner of the Potomac-based Squeals on Wheels Traveling Petting Zoo along with her husband John, has been an active member of PCV for more than a year.

"I am inspired by the incredible work the volunteers of PCV are doing for the resident's of Potomac an honor to work with an organization that supports those who would like to age in place in their own home," said Phillips.

Retailers and other service providers who are interested in offering discounts to Potomac Community Village members should contact Jill at 703-424-0494 or jill.phillips@gmail.com or contact Potomac Community Village directly, at 240-221-1370 or info@PotomacCommunityVillage.org.

All are invited to attend PTuesday, cmonthly meeting, on Thursday, Feb. 19, 7:15 p.m., featuring cardiologist Dr. Allen

Nimetz who will speak on "Hold on to Your Heart! Here's How" is medical mirector of Sibley Hospital's Cardiac Catheterization Laboratory and chair of the Subsection of Cardiology at Suburban Hospital.



Dr. Allen Nimetz

The at St. James Episcopal Church, 11815 Seven Locks Road, in the downstairs Undercroft Room. Parking is in the back.

Potomac Community Village is a non-profit volunteer group that enhances quality of life for older Potomac residents by creating social connections and providing services such as transportation, computer assistance and simple home repairs. By providing these connections, the organization enables people to remain in their homes as they age. Potomac Community Village is part of a nationwide movement of more than 300 Villages.

For more information, see www.PotomacCommunityVillage.org, and www.facebook.com/PotomacCommunityVillage.

Clarification

In "A 'Royal Wedding' Takes Place" [Jan. 14-20, Potomac Almanac], the name of the producer of the radio show was not included. The producer was Mary Kay Ball.

ENTERTAINMENT

Email community entertainment events to almanac@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

"Circus." Through Sunday, Feb. 15 at The Puppet Co., Glen Echo Park, 7300 MacArthur Blvd. In grand circus tradition, the "Grandest Show on Strings" features a collection of clowns, death-defying acrobats, and an amazing menagerie of fauna from the farthest reaches of the globe. Many of the acts were built more than 50 years ago by Christopher's parents for "Len Piper's International Marionette Circus." Visit www.thepuppetco.org to learn more and purchase tickets.

"Whimsical." Through Feb. 15, Saturdays and Sundays noon-6 p.m. at the Popcorn Gallery, Glen Echo Park, 7300 MacArthur Blvd. Glen Echo Park Partnership presents "Whimsical" a two-person show featuring the work of Pam Rogers and Len Harris. Len Harris' wood sculptures use sensuous ribbons of wood to define the compositions. Pam Rogers' abstract organic watercolors are informed by her sculptural work. Together, the two artists complement one another. Visit www.glenechopark.org or call 301-634-2222.

"A Day at the Pool." Through Feb. 23 at Photoworks Gallery at Glen Echo Park, 7300 MacArthur Boulevard, Glen Echo. "A Day at the Pool" depicts the anxiety that underlies a mother's love. Na'ama Batya Lewin is a photographer and video artist

living in Maryland. Her art often explores the roles of women in society. Lewin has served as adjunct faculty at the Corcoran College of Art and Design for 11 years. The Gallery is open Saturday, 1-4 p.m.; Sunday, 1-8 p.m. and any time a photography class is underway. Visit www.glenechophotoworks.org for more.

"Jewels" by Wayson Jones. Through March 1, Saturdays and Sundays, noon-6 p.m. at the Stone Tower Gallery, Glen Echo Park, 7300 MacArthur Blvd. Glen Echo Park Partnership presents "Jewels" by Wayson Jones. The exhibition showcases original paintings and collages. The work includes abstract, minimal landscapes that can be viewed from a dual perspective: the horizon line seen from a normal view shifts to become a shoreline or border as seen from the air. Visit www.glenechopark.org or call 301-634-2222.

The Silk Work of Diane Tuckman. Through March 1, Monday-Saturday, 10 a.m.-6 p.m. at Park View Gallery, Glen Echo Park, 7300 MacArthur Blvd. Glen Echo Park Partnership presents a solo exhibition featuring the work of silk painter Diane Tuckman. Her pieces are full of color and can be displayed or worn. Visit www.glenechopark.org or call 301-634-2222.

VisArts Cocktails and Canvas Class. at VisArts in the Painting & Drawing Studio, 155 Gibbs Street, Rockville. Price \$40. Visit www.visartsatrockville.org/cocktails-and-canvas for more.

Weekly Blues Dance. Thursdays 8:15-11:30 p.m. in the Back Room Annex at Glen Echo Park, 7300 MacArthur Blvd. Capital Blues presents rotating DJs and instructors

with beginner workshop 8:15-9 p.m., no partner necessary. \$8 for all. Visit capitalblues.org for more.

Weekly Swing Dance. Saturdays, 8 p.m.-midnight. The DC Lindy Exchange presents a swing dance with live music in the Spanish Ballroom, Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Beginner swing dance lesson at 8 p.m., followed by dancing until midnight. Admission \$16-\$18, age 17 and under \$12. Visit www.glenechopark.org for more.

Argentine Tango with Lessons. Most Sundays, 6:30-11 p.m. in the Back Room Annex at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Argentine Tango lessons followed by a Milonga most Sunday evenings. Beginner lesson 6:30-7:30 p.m. and intermediate lesson 7:30-8:30 p.m. Cost is \$15/lesson and includes the Milonga. For just the Milonga, cost is \$10 and the open dance with DJ runs 8:30-11 p.m. No partner required. Visit www.glenechopark.org or call 301-634-2222 for more.

Contra and Square Dance. Fridays and Sundays 7-10:30 p.m. in the Spanish Ballroom at Glen Echo Park, 7300 MacArthur Blvd. The evening can include square dances, mixers, waltzes and other couple dances. All Contra and Square dances are taught, no partner necessary. Lessons at 7 p.m., followed by the called dance with live music at 7:30. \$13 for nonmembers, \$10 for FSGW members, \$5 ages 17 and under. Visit www.glenechopark.org or call 301-634-2222 for more.

Late Night Comedy. Fridays (open mic night) and Saturdays (established comedians) at Benny's

SEE ENTERTAINMENT, PAGE 11

Salt River Lobster



Salt River Lobster has been serving the Montgomery County area for over thirty years, mainly in the Bethesda area. Last year, we joined the Potomac Farmers Market at the intersection of Falls/Democracy on the parking lot of United Methodist Church. Although most of the vendors have left for the winter, we remain every Thursday from 2-6.

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A Bald Eagle sits in the newly reconstructed nest on an island in the Potomac River, visible from Great Falls National Park.



A Bald Eagle in flight over the Potomac River. The eagles have rebuilt their nest in Great Falls.

PHOTO BY DONALD SWEIG

Bald Eagles at Great Falls Rebuild Fallen Nest

New nest is visible from Potomac, Md. or Great Falls, Va. national parks.

BY DONALD SWEIG
THE ALMANAC

The current pair of adult Bald Eagles at Great Falls have rebuilt their nest, which fell or blew down last spring.

For at least 20 years, Bald Eagles, although surely not the same two birds, have been nesting on Conn Island, which is the large tree-covered island in the middle of the Potomac just above the cofferdam, up river from the Great Falls themselves.

The original nest was in a large sycamore tree on the northern or Maryland side of Conn Island, and was best seen from the river trail on the Maryland side of the Great Falls Park. Bald Eagles tend to use the same nest year after year, adding more sticks and branches each year until the nest can become quite large, as much as 8-feet in diameter, up to 10-12-feet deep, and weighing well over 1,000 pounds. About six years or so ago, one of the supporting limbs of the original nest tree broke, and the nest collapsed to the ground and into the Potomac.

Obligingly, the eagles soon build another nest, but this time on the southern end of Conn Island where it was easily viewable from both sides of the river. The eagles successfully raised and fledged one-to-three chicks from this nest

each year for about four years. That nest was destroyed in the great Derecho windstorm, on June 29, 2012.

Very soon after, the eagles built yet another nest in a large tree, very close to the sycamore nest tree. That nest, which fledged three young eagles in 2014, was also blown down by a strong wind storm in the late Spring 2014.

For two or three months no new nest building was seen, and it was feared that the eagles had gone elsewhere. Then, in early November 2014, they were seen constructing a new nest higher up in the same tree from which the former nest had been blown down.

This newest nest is easily seen from both sides of the river; it can be seen from the concrete water-intake-platform or from the river trail on the Maryland side near the Tavern at Great Fall in the C&O National Historical Park, or from the Potomac shoreline on the Virginia side in Great Falls National Park. The nest can be seen with the naked eye, although a pair of binoculars or a spotting telescope gives a much better view.

Bald Eagles, in the mid-Atlantic/Chesapeake region usually mate and lay eggs in mid-February. They incubate the eggs for about a month (34 to 36 days) before the chicks hatch, and then it takes about 10 to 12 weeks before the young, juvenile eagles are ready to fledge and leave the nest.

In late January or especially early February, the adult eagles can sometimes be seen mating on a branch or snag near the nest. Soon after, one may see a white head slightly sticking above the edge of the nest as the eagles incubate their eggs.

When first hatched, the young eagle chicks will be too small to see in the nest; by late

Bird Walk to See Eagles Nest and More

Every Sunday, 8 a.m., Great Falls National Park, 9200 Old Dominion Drive, McLean, VA 22102. All are welcome.

April or early May the chicks may be large enough to be seen with a pair of binoculars or the little telescope. By June the juvenile birds are nearly fully grown and can be seen walking and bounding around in the nest, and flapping their wings, although at this point they're still being fed by their parents. By mid to late June they should be fledged and have left the nest.

Young Bald Eagles are almost entirely brown when they first leave the nest; by the end of the first and during second year they begin to get some transient white on the body or under the wings. Late in their third year, and during their fourth year they become sexually mature and get the white heads and tails that are so characteristic and charismatic of them.

To see the new nest and, hopefully, eventually the young chicks in the nest, the regular weekly bird walk, which meets Sunday mornings at 8 a.m. in the first parking lot of the Great Falls National Park on the Virginia side, always finishes up-river and has a look at the nest. All are welcome. Or, take some binoculars and have a look from either side of the river. Although there are other Bald Eagle nests along the Potomac River, the nest at Great Falls is the easiest to locate and get access to see.

Applicants for County's Charter Review Commission Sought

FROM PAGE 4

to affiliate with a party or a member of another party officially recognized by the Montgomery County Board of Elections. The chair is designated by the council and the vice chair by the county executive.

All 11 positions are up for appointment.

There is no compensation for members of the Commission, which generally will meet once per month in the Council Office Building in Rockville.

Applicants should submit letters of interest and resumes to George Leventhal, President, Montgomery County Council, 100 Maryland

Ave., Rockville, MD 20850. Resumes should include professional and civic experience, political party affiliation, home and office telephone numbers and an e-mail address. Applications can also be submitted via email to county.council@montgomerycountymd.gov.

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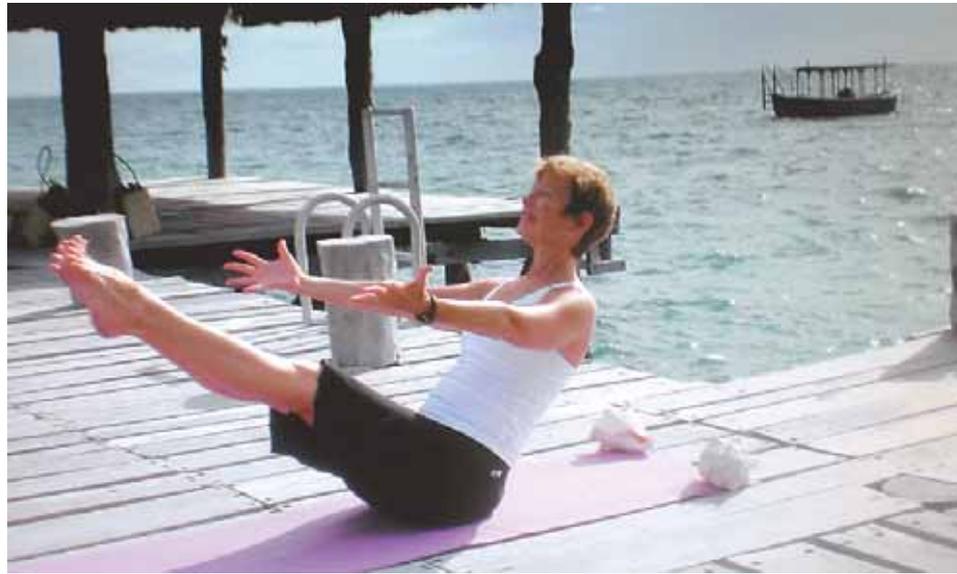
FROM PAGE 3

aged her to end her technician career, strike out on her own as a yoga instructor and then to become an owner of her own business – Kula Yoga.

Kula Yoga classes are held each week day at St. James Episcopal Church on Seven Locks Road in Potomac. Steinberg said, “Kula means community, or family, and that is the atmosphere in my classes – welcoming, safe and friendly. The form of yoga that I teach is alignment-oriented and is an amalgam of various styles of Hatha yoga, predominantly Iyengar and Anusara. The classes are held in a lovely space with natural light from windows and skylights.”

She added, “Some of the benefits of yoga are that it increases core strength, lowers blood pressure, improves circulation, flexibility, balance and posture, helps reduce weight, develops intuition by quieting the mind and letting the inner voice come out, improves concentration, focus and memory, neutralizes stress and builds confidence. Yoga also has therapeutic health benefits for those with chronic diseases. It is a whole body, mind healing fitness discipline.”

Steinberg decided to “throw a big party” to celebrate the 10th anniversary of her Kula



Instructor Nancy Steinberg also teaches yoga in the Caribbean.

Yoga classes. The fete was held at the Wine Harvest in Park Potomac with 50 or more current and former students. “I wanted to thank my students, support a local small business – and provide a chance for students to meet one another in a social atmosphere,” she said. “I have had so many students – men and women who know one

another, but don’t realize that they are yogis. This party gave them a chance to reconnect with friends.”

Steinberg, a Potomac resident, teaches a variety of classes from beginner to advanced every weekday at 9:30 a.m. at the St. James location. She also holds a 7:30 p.m. Wednesday evening class that is mostly couples. In

addition, she instructs classes at Lifetime Fitness.

Another yoga class that she particularly enjoys teaching is held twice weekly at Asbury Village in Gaithersburg. The class is geared to older seniors. “I love working with seniors — they are in their 70’s, 80’s, 90’s — and even one man who lived to be 100. They all come regularly and participate with enthusiasm. These are truly dedicated students who love learning, enjoy the exercise and believe in the power of yoga to increase longevity. At 93, my mom participates in the class — and is still going strong.”

Every year, Steinberg enjoys teaching at resorts in the Caribbean several times a year. Photographs on her website show her leading classes by the pool or near the water – a peaceful environment for yoga.

Lo Dagerman, a student of Kula Yoga said, “I am a 60+ life-long yogi who loves Nancy’s classes because her teaching is both rigorous, challenging, and gentle. I am not at risk of getting hurt and can work at whatever level I can muster on a particular day.”

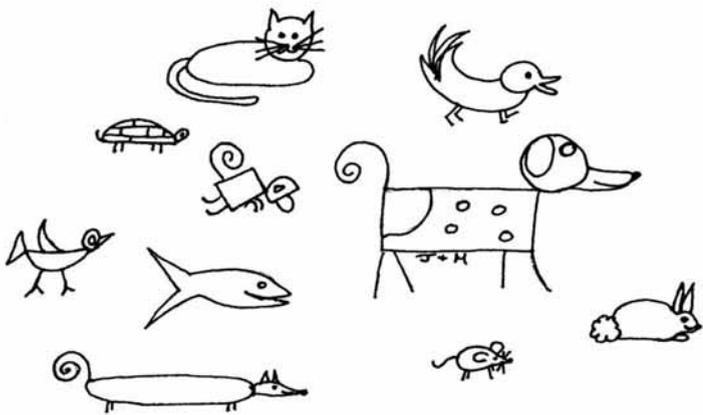
To learn more about Kula Yoga or to register for classes, go to www.kulayogaclass.com or call Steinberg at 240-994-5092.

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SPORTS

Whitman Boys' Basketball Ends Losing Streak

The Whitman boys' basketball team's losing streak reached four games when the Vikings fell to Richard Montgomery, 50-46, in overtime on Jan. 9. One week later, Whitman was back in the win column with a 49-46 home victory over Montgomery Blair on Jan. 16.

"We had lost four close games in a row," Whitman head coach Chris Lun wrote in an email, "and we needed to prove to ourselves that we could make plays and execute in crunch time."

Sophomore guard Hannes Kogelnik came up clutch for Whitman, knocking down 4 of 8 3-point attempts en route to a career-high 16 points.

SPORTS BRIEFS The victory improved Whitman's record to 5-6.

"We are hoping this close win will give us confidence as we move forward," Lun wrote.

Whitman faced Paint Branch on Tuesday, after The Almanac's deadline. The Vikings will host Quince Orchard at 7 p.m. on Friday, Jan. 23, and will travel to face Walter Johnson at 7 p.m. on Jan. 26.

"Our defense is ahead of our offense right now," Lun wrote. "We are getting better at our defensive help and gap rotations. On offense, we need to continue to get better moving the ball and taking smart shots. We are improving but still have some work to do."



Sophomore guard Hannes Kogelnik shoots during Whitman's victory against Blair on Jan. 16.



Abby Meyers and the Whitman girls' basketball team won nine straight to open the 2014-15 season.

Addison, Cece Kobylski Lead Wootton to Eighth Win

Sheri Addison scored 23 points and Cece Kobylski added 18 as the Wootton girls' basketball team improved to 8-3 with a 66-52 win over Rockville on Jan. 16 at Rockville High School.

Addison grabbed nine rebounds to go with four assists and two steals. Kobylski had five rebounds and four assists.

Ellie Kobylski added nine points for the Patriots and Zoey Goldberg had eight.

Wootton faced Gaithersburg on Tuesday, after The Almanac's deadline. The Patriots will host Northwood at 7 p.m. on Friday, Jan. 23.

Whitman Girls' Basketball Starts 9-0

The Whitman girls' basketball team improved to 9-0 with a 48-30 win over Montgomery Blair on Jan. 16.

The Vikings have defeated all seven of their public school opponents by at least

15 points.

Whitman faced a tough test on Tuesday taking on fellow undefeated team Paint Branch, after The Almanac's deadline.

The Vikings will travel to face Quince Orchard at 7 p.m. on Friday, Jan. 23, and will Walter Johnson at 5:15 p.m. on Jan. 26 as part of a girls'/boys' doubleheader.

Squash Tournament Coming to Potomac

A junior squash tournament will be

held at The Potomac Squash Club March 6-8.

Registration deadline is March 3. It's a bronze tournament, which is for players who are new to the sport.

Age groups for boys and girls include U11, U13, U15, U17 and U19.

Early registration fee is \$95. Registration after the deadline is \$110. Register online at ussquash.com/tournaments or contact Hunt Richardson at hunt@jahangirsquash.com or by calling 202-365-1526 for more information.

BULLETIN BOARD

OPEN ENROLLMENT

Volunteers Needed. From day one of open enrollment, Montgomery County has helped thousands of residents get enrolled. Now that the closing date (Feb. 15) is fast approaching, we're expecting activity to ramp up even more. Make a difference by helping reduce the number of uninsured in Montgomery County. To sign-up for one or more shifts on the most convenient date(s) and location(s) visit: www.signupgenius.com/go/20f094fadab28a5f58-volunteer. Contact Neeta Datt at neeta.datt@montgomerycountymd.gov.

TUESDAY-FRIDAY/JAN. 20-23

Live and Learn Classes. To register or for more information, visit www.liveandlearnbethesda.org or

Email announcements to almanac@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

call 301-740-6150.

❖ 1995: The year the future began - a watershed year in recent American history. Thursday, Jan. 22, 1-2:30 p.m., \$15.

❖ Using your Mac computer. Friday, Jan. 23, 10 a.m.-12:30 p.m., \$40.

❖ Making the most of your time in Paris. Friday, Jan. 23, 10:30 a.m.-noon, \$15.

❖ Computer open Q & A session. Friday, Jan. 23, 1-2:30 p.m., \$15.

❖ America between the wars: 1919 - 1941. Friday, Jan. 23, 1:30-3 p.m., \$15.

WEDNESDAY/JAN. 21

Support Group. 6:30-8 p.m. Montgomery Hospice, 1355 Piccard Drive, Rockville. Workshop for parents grieving the death of a child

of any age. A six-week group that meets each Wednesday from 6:30-8 p.m. Registration required at 301-921-4400.

WEDNESDAYS/JAN. 21 AND 28

ILove iPad. 10-11:45 a.m. at Live and Learn Bethesda, 4805 Edgemoor Lane, Bethesda. \$50. Register at liveandlearnbethesda.org or call 301-740-6150.

THURSDAY/JAN. 22

Support Group. 6:30-8 p.m. Hughes United Methodist Church, 10700 Georgia Ave, Silver Spring. Support group for anyone grieving the death of a loved one. Call 301-921-4400 for more.

Parent Loss Support Group. 6:30-8

p.m. Mt. Calvary Baptist Church 608 N. Horner's Lane Rockville. For adults who have experienced the death of one or both parents. A six-week group that meets each Thursday from 6:30-8 p.m. Registration required at 301-921-4400.

FY16 Operating Budget Public Forum.

7 p.m. at Mid-County Community Recreation Center, 20094 Queensguard Road, Silver Spring. Call 240-777-6507 for more.

FRIDAY/JAN. 23

Entry Deadline. Bethesda Magazine and Bethesda Urban Partnership are now accepting submissions for their annual essay and short story contest for adults and high school students. Entrants' essays, short stories and poetry can be on any topic. Visit

www.bethesda.org/bethesda/writing-contests#Essay for contest rules, eligibility and the application form.

SUNDAY/JAN. 25

Montgomery County Camp & Summer Fun Expo. 10 a.m.-5 p.m. at Hilton Hotel & Executive Meeting Center, 1750 Rockville Pike, Rockville. More than 75 exhibitors. Meet with summer program representatives, day camp and overnight camp directors and associates from summer fun destinations to plan your 2015 summer. Visit www.washingtonparent.com for more. Bring used sports equipment to the trailer in the Hilton parking lot

SEE BULLETIN, PAGE 9

C&O Canal Hiring Educators

Classes to focus on science, technology, engineering and math.

The Chesapeake and Ohio Canal National Historical Park is seeking local educators to assist with delivery of new park education programs in Montgomery County. The C&O Canal Trust, the park's official non-profit partner, will offer a daily stipend to educators. A training workshop will be held for new recruits in February at the C&O Canal Great Falls Tavern Visitor Center. Educators will work side-by-side with park staff to deliver outdoor education programs along the historic canal towpath and the Potomac Gorge area.

C&O Canal partnered with Montgomery County Public School teachers to develop new education programs for elementary, middle and high school students and are piloting new programs during the 2014-15 school year. The programs encourage students to explore their local national park and sup-

port national and state curriculum standards. During the field trips, each class will work on science, technology, engineering, and math (STEM) activities specifically tailored to its grade level. Complementary classroom and on-line activities will focus on vocabulary, reading, and writing. Bus scholarships are available and will help schools afford the cost of transportation for their field trip.

To apply for the Canal Classroom Corps position, contact the C&O Canal Education Office at cocanaleducation@nps.gov or by calling 301-714-2213.

The Chesapeake and Ohio Canal National Historical Park provides student-driven discovery and learning along 184.5 miles of historic canal towpath between Georgetown in Washington D.C. and Cumberland in western Maryland. Engaging school-aged students in science, math, history, engineering and technology, the park features educational opportunities for thousands of students across grade levels, content areas and school districts. For more information on the C&O Canal's education programs, field trip reservations and online teacher resources, visit www.nps.gov/choh/forteachers.

SCHOOL NOTES

Email announcements to almanac@connectionnewspapers.com. Deadline is Thursday at noon. Photos are welcome.

Rebecca Sinai was named to the dean's list for the spring 2014 semester at Tufts University.

Timothy Kelly and **Alexandra Votaw** were named to the fall 2014 dean's list at Arizona State University.

Kevin Kettner graduated from Arizona State University at the spring 2014 commencement ceremony.

Hannah Roop, majoring in English writing, and **Genevieve Austin**, ma-

joring in biblical and theological studies were recently named to the dean's list at Wheaton College (Wheaton, Ill.).

Jennifer Finley attained dean's list in fall 2014 at Lehigh University (Bethlehem, Pa.).

Danielle Kloke and **Molly Ledwith** made the 2014 fall semester dean's list at The University of Dayton (Ohio).

Bucknell University (Lewisburg, Pa.) has released the dean's list for the fall semester of the 2014-15 academic year. Students from Potomac include: **Jennifer Ainsworth**, daughter of Donald

and Laurie Ainsworth; **Nicholas Barpoulis**, son of John and Sarah Barpoulis; **Duncan Botti**, son of Mark Botti and Laura Montgomery; **Alexa Goldman**, daughter of Leonard Goldman and Lisa DeMarco; **Katherine Lunceford**, daughter of Katherine and Paul Lunceford; **Madeline Melch**, daughter of Michael and Jennifer Melch; and **Caroline Slowinski**, daughter of Richard and Ann Slowinski.

Ariana Farrell and **William Zaret** have been named to fall 2014 dean's list at Mansfield University (Mansfield, Pa.).

BULLETIN BOARD

FROM PAGE 8

for Leveling The Playing Field, a non-profit that donates sports equipment, apparel and footwear to youth organizations who help children in need. Visit levelingtheplyingfield.org for more.

Legislative Briefing. 11:30 a.m.-6 p.m. at The Universities at Shady Grove, Building II, 9630 Gudelsky Drive, Rockville. The Montgomery County Commission for Women will host the 2015 Women's Legislative Briefing with keynote speaker Ann F. Lewis, senior White House staffer from 1997-2000. This year's briefing will include two workshops for teenage girls focusing on leadership, community engagement and advocacy. Admission, including refreshments, is \$20 in advance and \$25 at the door. Visit www.montgomerycountymd.gov/cfw or call 240-777-8302.

Great Names Community Lecture Series. 3-5 p.m. at Bethesda Jewish Congregation, 6601 Bradley Blvd., Bethesda. Bethesda Jewish Congregation presents Reuven Azar, the Israeli Embassy's Deputy Ambassador. Open to all. Free, but RSVP to secure a seat. Call 301-469-8636 or visit www.bethesdajewish.org/registration/.

SUNDAY-TUESDAY/JAN. 25-27

Volunteer Training for Hospice and Transitions Programs. 9 a.m.-4 p.m. at Jewish Social Service Agency, 6123 Montrose Road, Rockville. 20-hour specialized training for the Hospice and Transitions programs for prospective volunteers to provide support to seriously and terminally ill individuals and their families. Volunteers visit patients in their homes and in residential facilities, provide companionship and emotional support, practice assistance with errands and transportation, and offer respite for caregivers. Volunteers must be older than 18. Applications and interviews will be held. Contact Amy Kaufman Goott at 301-816-2650 or agoott@jssa.org.

MONDAY/JAN. 26

Pain Connection Speaker Series. 1-2:30 p.m. at Holiday Park Senior Center, 3950 Ferrara Drive, Wheaton. Neil Goldstein, Painless Puzzles author, "Regrow Gray Brain Matter through Acrostic Puzzles." For anyone with chronic pain, family members and/or professionals. Call 301-231-0008 or visit www.painconnection.org.

FY16 Operating Budget Public

Forum. 7 p.m. at Bethesda-Chevy Chase Regional Services Center, 4805 Edgemoor Lane. Call 240-777-6507 for more.

THURSDAY/JAN. 29

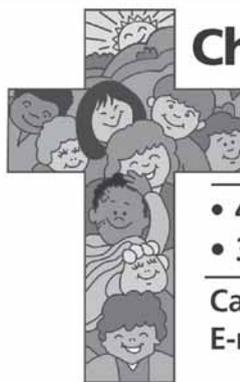
An Inside Look into Islam. 10:30 a.m.-noon at Live and Learn Bethesda, 4805 Edgemoor Lane, Bethesda. \$15. Register at liveandlearnbethesda.org or call 301-740-6150.

The Trial of Oscar Wilde. 1-2:30 p.m. at Live and Learn Bethesda, 4805 Edgemoor Lane, Bethesda. \$15. Register at liveandlearnbethesda.org or call 301-740-6150.

WEDNESDAY/FEB. 4

Volunteer Open House. 9:30-11 a.m. at Holiday Park Senior Center, 3950 Ferrara Drive, Silver Spring. The Senior Connection has immediate openings for volunteers to provide essential services to Montgomery County seniors. Available service opportunities include driving senior adults to medical appointments, assisting with grocery shopping and providing money management support. For more information and to RSVP, contact Mary Murphy at mary.murphy@seniorconnectionmc.org or 301-942-1049.

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ENTERTAINMENT

Seasonal Seven Dwarfs

By KENNETH B. LOURIE



Sneezy, Coughy, Phlegmy, Stuffy, Achy. No-Sleepy and Post-Nasal Drippy; and no Doc, which is possibly what led to this column being written. To tell you the truth – and I always do – if I didn't have stage IV, non-small cell lung cancer, I wouldn't have given these symptoms a first thought, let alone a second one. But since I do have cancer and it's mostly all I think about; as much as I tried to pretend otherwise and consider these symptoms unrelated, my lungs/breathing did seem to be affected.

And so after 10 days or so of coughing, then full-blown "colding" and back to coughing again, I acquiesced and scheduled an appointment with my Primary Care physician. After asking me the usual and customary how-I-feel questions – which did not prompt an OMG-type reaction from my doctor, he next unwrapped his stethoscope from around his neck and approached me to listen and presumably learn. He placed his stethoscope on my upper back and then on my chest and of course asked me to "breathe in," and "breathe out," repeatedly. Apparently, he heard nothing of consequence. No indications to warrant a chest X-ray, he said; no suspicious sights or sounds to further investigate. As he summarized his assessment: "It's winter," which I correctly understood to mean my symptoms were not cancer-related, I exhaled in relief, smiled widely and thanked him for the reassurance. Then he put his hand on my shoulder and said: "Nothing to worry about." A few minutes later, I left his office with a precautionary prescription for cough medicine and four days of antibiotics; completely normal protocol, lung cancer notwithstanding. But it didn't stop me from worrying. Cancer sort of has an intent of its own.

And that's the problem, underlying and overlaying. Everything I say or do or think or write is filtered – unconsciously anymore, through the prism of my being originally diagnosed with a "terminal" form of cancer. If ever there was a disconnect between symptoms, feelings, mortality, etc.; well, there isn't anymore. We're (cancer and I) not exactly one big happy family, but we are all living together under one roof, residing in one head; mine, mostly. I've had better roommates, that's for sure. Unfortunately, this is one I can't simply ask to leave.

Usually, I can manage, except when there's a blip, something not typically seen or felt on my emotional radar. This most recent bout with the symptoms I've described, completely normal and expected almost at this time of the year, probably should not have been neglected by yours truly for as long as they were (seven to 10 days). Sometimes, fear has a way of affecting your better judgment, though. In retrospect, I certainly should have acted sooner. Hopefully, I've learned my lesson. Next time, I won't ignore the "seasonal seven dwarfs." I was lucky this time. Life is not a fairy tale. Pretending otherwise could be grim.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

FROM PAGE 5

- Bar & Grill, 7747 Tuckerman Lane, Potomac. Benny's is open 8 a.m.-1 a.m. Fridays and Saturdays. Visit www.BennysBarGrill.com.
- Drop in Art Activities.** Every Saturday 10 a.m.-12:30 p.m. in the Candy Corner Studio at Glen Echo Park, 7300 MacArthur Blvd., parents and children can explore a new art form or theme. \$10/child, parent combo. Drop-in only. Visit www.pgip.org for more.
- Mommy & Me (& Daddy, Too).** Third Tuesday each month. 10 a.m. at Rockville Town Square. Meet for a morning out with active learning and creative play with lunch specials, story time, arts and crafts, sing-a-longs, prizes and more. Visit rockvilletownsquare.com/events/mommy-and-me.
- Live Music & Dancing.** Fridays and Saturdays, 7-11 p.m. in Margery's Lounge, Normandie Farm Restaurant 10710 Falls Road. Dance to the music of Barry Gurley. Call 301-983-8838 or visit www.popovers.com for more.
- Glen Echo Park Films.** Saturdays and Sundays. Arcade Building, 7300 MacArthur Blvd., Glen Echo. Films about the Park's history are shown on rotation in the lobby. Free. Visit www.glenechopark.org for more.
- SilverWorks Studio & Gallery.** Wednesdays, Thursdays, Saturdays and Sundays, 10 a.m.-6 p.m. Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. SilverWorks Studio & Gallery is a working silversmith studio and includes an ongoing exhibition, as well as sales of the work of artist-in-residence Blair Anderson. Free. Visit www.silverworksglenechopark.com.
- Art Glass Center at Glen Echo.** All day Wednesdays; Fridays, 10 a.m.-2 p.m.; Saturdays, 10 a.m.-4 p.m.; Sundays, noon-4 p.m. Art Glass Center, Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Ongoing exhibitions feature work of Resident Artists Christine Hekimian, Sue Hill, Michele Rubin, Sherry Selevan, Bev and Zayde Slep and Janet Wittenberg. Sculpture, vessels, functional art and jewelry are for sale. Classes are taught year-round for beginner, intermediate and advanced students. Visit www.artglasscenteratglenecho.org for more.
- Glen Echo Pottery.** Through December, Saturdays and Sundays, noon-5 p.m. Glen Echo Pottery, 7300 MacArthur Blvd., Glen Echo. The Gallery shows the work of 29 individual potters and instructors at Glen Echo Pottery. Wheel-throwing demonstrations are offered most Saturdays and Sundays, noon-2 p.m. Children are welcome. Visit www.glenechopottery.com/gallery for more.
- Yellow Barn Studio & Gallery.** Saturdays and Sundays, noon-5 p.m. The Yellow Barn Studio & Gallery presents free exhibitions of emerging artists' work. Each weekend features the work of a different artist. Most artwork is also for sale. Visit www.yellowbarnstudio.com for more.
- CAMPS, CLASSES & WORKSHOPS**
- Nature Camp.** Audubon Naturalist Society members can register online at anshome.org/camp for this year's summer nature camps starting Saturday, Jan. 24, 9 a.m. For non-members, registration opens Friday, Jan. 30, 9 a.m. Weekly summer camp sessions at Woodend run from June 15-Aug. 14, with camps for all ages. Registration continues until the first day of camp as slots are available. Visit anshome.org/camp for more.
- Registration Opens.** Registration for Montgomery County Recreation's summer camps and programs opens on Tuesday, January 20. Hundreds of affordably priced offerings, including arts, nature, science and sports are featured, among many other options. Camps and summer programs are available for tots to teens and all skill levels at hundreds of locations throughout the county. Printed copies of the Summer Camps Guide are available at Montgomery County Recreation facilities throughout the County. Visit www.montgomerycountymd.gov/rec or call 240-777-6840.
- The Joys of Color: Acrylic Painting.** 7-9 p.m. at VisArts, 155 Gibbs St., Rockville. Mondays, Jan. 12-Feb. 2. Four sessions with instructor Nurieh Mozaffari. \$150. Visit www.visartscenter.org or call 301-315-8200.
- Collage Workshop.** 7-9:30 p.m. at VisArts, 155 Gibbs St., Rockville. Tuesdays, Jan. 13-Feb. 3. Four sessions with instructor Nurieh Mozaffari. \$120. Visit www.visartscenter.org or call 301-315-8200.
- 2015 Musical Theatre Intensive Summer Camp.** For actors, dancers and singers ages 13-18. The program will run for two weeks from July 12-25 at the Sandy Spring Friends School in



#812, collage by Tory Cowles

Plan B: Gallery Show

Potomac artist Tory Cowles, who is also an artist in residence at Alexandria's Torpedo Factory, has work on display at Washington, D.C.'s Gallery plan b. Other artists with work appearing with Cowles' include Aster da Fonseca, Gary Fisher, Rod Glover, Anne Manley and Sook Young Lee. The show runs through Sunday, Feb. 8, Wednesday-Saturday, noon-7 p.m. and Sunday, 1-5 p.m. Gallery plan b is located at 1530 14th St. NW. Call 202-234-2711 for more.



#811, collage by Tory Cowles

- Sandy Spring, Md. Campers can participate in daytime or overnight camp. The daytime camp will feature students in a final showcase the last Friday of camp. Students who participate in the overnight intensive camp will take part in a full production of the musical "Once on this Island!" Early bird discounts are available to those who register before Feb. 1. Visit www.youngartistsamerica.org for more.
- Art Explorers Open Studio.** Every Saturday, 10 a.m.-12:30 p.m. at The Candy Corner Studio, 7300 MacArthur Blvd., Glen Echo. Art activities for parents and children. Activities change weekly and there is no pre-registration; \$10 per child. Visit www.glenechopark.org/saturday-art-explorers for more.
- Ceramic Classes.** Various dates and times. VisArts, 155 Gibbs St, Rockville. An opportunity to try the new ceramic workshops. Visit www.visartsatrockville.org/ceramics for a list of class dates, times.
- FRIDAY/JAN. 23**
- Musical Entertainment.** 11 a.m. at the Potomac Community Center, 11315 Falls Road, Potomac. "Gentlemen of Song," a musical entertainment program. Free. Call 240-777-6960.
- SATURDAY/JAN. 24**
- "Shrek, The Musical."** 8 p.m. at Congregation Har Shalom, 11510 Falls Road, Potomac. A cast of 56 — including children and teens from 11 area schools — brings this updated fairy tale to life. General admission \$20 for adults and \$15 for children (under age 13). Chai Patron tickets are \$180 each. Patron tickets are \$100 for adults and \$36 for children (under age 13). Purchase tickets online at www.harshalom.org. For information on group sales, email play@harshalom.org or call 301-299-7087.
- SUNDAY/JAN. 25**
- Submission Deadline.** My Little Town, a juried exhibition about Washington, D.C. Submit up to five jpeg images to photoworks.gallery@gmail.com, with My Little Town in the subject line. \$40 entry fee. Call 301-634-2274, email Gayle Rothschild, at gaylesue@me.com or visit www.glenechophotoworks.org for more.
- A Capella Chamber Chorus.** 2:30 p.m. at North Bethesda United Methodist Church, 10100 Old Georgetown Road, Bethesda. Polyhymnia is an a capella chamber chorus that offers free concerts of works from Renaissance to contemporary and from many countries. Polyhymnia's Winter Concert series, under its conductor Steven Beck, features songs by Poulenc, Janacek, Tallis, Victoria, Desprez, Palestrina, and contemporary works by Steven Beck, Rich Campbell, and Ernst Toch. There is no charge for performances, tax-deductible donations welcome.

"Shrek, The Musical." 4:30 p.m. at Congregation Har Shalom, 11510 Falls Road, Potomac. See Saturday, Jan. 24 description. Purchase tickets online at www.harshalom.org.

SUNDAY/FEB. 1

Waltz Dance. 2:45 p.m. at the Spanish Ballroom, 7300 MacArthur Blvd., Glen Echo. Introductory Waltz Workshop, 2:45-3:30 p.m.; dance with music by Trio con Brio, 3:30-6 p.m. The band will offer a lively mix of folk waltzes with a few other couple dances, including Hambo, Schottische, Swing, Tango, and Polka. \$10. No partner required. Call 202-238-0230 or Glen Echo Park at 301-634-2222, visit www.WaltzTimeDances.org or email info@WaltzTimeDances.org.

SATURDAY/FEB. 7

Washington Conservatory 2014-15 Piano Plus! Concerts. 8 p.m. Westmoreland Congregational United Church of Christ, 1 Westmoreland Circle, Bethesda. Cellist Danielle Cho will perform as part of the Washington Conservatory Piano, Plus! concert series. Following the concert, the audience is invited to a wine reception and question and answer session. Free (pay-as-you-can, donations welcome). Visit www.washingtonconservatory.org or call 301-320-2770 for more.

"Extreme Chopin" Project. 8 p.m. at The Music Center at Strathmore, 5301 Tuckerman Lane, North Bethesda. Pianist Brian Ganz celebrates the halfway point in his Extreme Chopin project with a fifth all-Chopin recital in partnership with the National Philharmonic. This next installment in Ganz's venture to perform approximately 250 works by Chopin will feature "The Art of the Mazurka" — Polish folk dances that originated near Chopin's native Warsaw. Children 7-17 admitted for free. No charge for parking. For more information or to purchase tickets visit nationalphilharmonic.org or call 301-581-5100.

THURSDAY/FEB. 12

Comedy Fundraiser. 7:30 p.m. at the Jewish Community Center of Greater Washington, 6125 Montrose Road, Rockville. Evening of Comedy to benefit seven Jewish community organizations dedicated to providing the best quality of life to individuals with disabilities. MC Live is a collaborative venture hosted by Capital Camps, Friendship Circle, the Jewish Community Center of Greater Washington, the Jewish Foundation for Group Homes, the Jewish Social Service Agency, Matan, and Sulam. For adults 21 and older and includes a bar reception at 6 p.m. (ID required). Comedians will take the stage at 7:30. Dietary laws will be observed. \$36 per person with discount for groups of four or more. \$40 at the door. Visit mclivecomedy.blogspot.com.

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TTR Sotheby's	244 \$895,705
Weichert	300+ \$494,636
McEneaney Associates	387 \$624,382
Coldwell Banker	2,500+ \$419,887
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