

## Public Commission To Review Police Policy

NEWS, PAGE 3

## Supporting Orphaned Ole Miss Student

NEWS, PAGE 7

# Signed, Sealed and Delivered

NEWS, PAGE 4

Del. Eileen Filler-Corn (D-41), left, celebrates the passage of the Virginia "ABLE Act" with Catherine Beck (center) of Burke, National Down Syndrome Society activist Traci LeGanke (right) of Henrico, Nicholas LeGanke (rear center) and Steve LeGanke (rear right).





# Family Matters

It's a good feeling to know that help is there when you need it—the assurance that loved ones are cared for by skilled professionals who feel like family—the warm feeling of a neighborhood environment with good friends, brings with it an indescribable peace of mind.

Assisted Living at Westminster at Lake Ridge offers a full complement of engaging activities encompassing fitness, wellness, social, spiritual and educational programming. We provide quality, professional on-site assisted living, as well as short-term and long-term nursing care. Your family will be assured of superlative, compassionate care *and* an exceptional quality of life at Westminster at Lake Ridge.

**Westminster**  
at Lake Ridge

703-791-1100  
12185 Clipper Drive, Lake Ridge, VA  
Visit us at [www.wlrva.org](http://www.wlrva.org)

## 2ND ANNUAL Boys & Girls Club Fairfax Casino Night

**Friday, March 6, 2015**

**The Ritz-Carlton, Tysons Corner**



The Boys & Girls Clubs of Greater Washington/Fairfax Region help hundreds of at-risk youth every day right here in Fairfax County.

**Casino Night is a fun-filled evening featuring:**

- Full complement of staffed gaming tables including Texas Hold 'em, Black Jack and Craps, Roulette
- Fabulous dinner buffet \* open bar \* amazing raffles, live and silent auction
- Celebrity Emcee with music and dancing.

**The Ritz-Carlton, Tysons Corner**

1700 Tysons Boulevard, McLean, Virginia 22102 • On the Silver Line

Tickets: [www.bgcgw.org/fairfax/casino-night/](http://www.bgcgw.org/fairfax/casino-night/)



**Friday, March 6, 2015**

**6:30-11:30pm**

Tickets: \$95.00 per person,

\$175.00 per couple

Special Overnight Guest Room Rate

at the Ritz-Carlton for

Friday March 6, 2015 -- \$119.00

**We invite your organization to consider sponsorship opportunities for our 2nd Annual Boys and Girls Clubs of Greater Washington, Fairfax Region Casino Night.**

The Boys & Girls Clubs of Greater Washington/Fairfax Region help boys and girls of all backgrounds build confidence, develop character, and acquire skills fundamental to becoming productive, civic-minded, responsible adults. BGCW provides a safe and positive environment for our youth.

## Full Service Mobile Pet Grooming Outside Your Home or Work.

We groom to "Pet Breed" standards, clients preferences, or We can customize a style.



**BOOK ONLINE TODAY**  
[www.HoPPooH.com](http://www.HoPPooH.com)  
(703)982-0208

### Your Pet will have:

- Luxury Bath & Brush,
- Warm Air Fluff Drying,
- Ear Cleaned,
- Nails Trimmed,
- Full Coat Clip,Cut,Shape & Style (To Owners Specific Requirements or to Breed Standards)
- Cologne,Bows or Bandana



**We Fit in Your Schedule**  
All Products are Bio-Degradable ,Eco Friendly & Natural



## SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

### MARCH

3/18/2015.....A+ Camps & Schools

3/25/2015..Spring Fun, Food, Arts & Entertainment

FCPS Spring Break 3/30-4/3

### APRIL

4/1/2015.....Wellbeing – Senior Living Pullout

Easter Sunday is April 5

4/8/2015.....HomeLifeStyle

4/15/2015.....A+ Camps & Schools

4/22/2015.....Real Estate Pullout – New Homes

4/29/2015.....A+ Camps & Schools Pullout

4/29/2015.....Mother's Day Celebrations, Dining & Gifts I

### MAY

5/6/2015.....McLean Day Pullout

5/6/2015.....Mother's Day Dining & Gifts II

5/6/2015.....Wellbeing

Mother's Day is May 10

5/13/2015.....HomeLifeStyle

E-mail [sales@connectionnewspapers.com](mailto:sales@connectionnewspapers.com) for more information.



**THE CONNECTION**

Newspapers & Online

**703-778-9431**

[www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com)

### Reaching Suburban Washington's Leading Households

- Alexandria Gazette Packet
- Arlington Connection
- Burke Connection
- Centre View
- Chantilly Connection
- Fairfax Connection
- Fairfax Station/Clifton/Lorton Connection
- Great Falls Connection
- McLean Connection
- Mount Vernon Gazette
- Oak Hill/Herndon Connection
- Potomac Almanac
- Reston Connection
- Springfield Connection
- Vienna/Oakton Connection



# NEWS

## Public Commission To Review Police Policy

Over some objections, Bulova launches ad hoc commission in wake of police shooting and obfuscation.

BY KEN MOORE  
AND TIM PETERSON  
THE CONNECTION

Supervisor Michael Frey did not mince words when voicing opposition to Chairman Sharon Bulova's establishment of an ad hoc police commission Tuesday, March 3. "This is not the time nor the right way to proceed," said Frey (R-Sully).

Bulova's commission will include law enforcement, legal experts, citizens, academics, public information officers, and media.

Fairfax County Police officer Adam D. Torres shot and killed John Geer of Springfield inside the doorway of his own home on Aug. 29, 2013. Police were called following a domestic argument, and spoke with him for more than half an hour while he stood in his doorway, unarmed, with his hands raised and resting on the frame. Geer was shot in the chest and died in his house

without receiving medical attention. It took more than 16 months, a \$12 million civil suit by Geer's family, intervention by a U.S. senator and a court order to get the first information on the shooting, which came in January when police named Torres.

**FAIRFAX COUNTY** released more than 10,000 pages of documents about the shooting and the investigation on Jan. 30, 2015, in response to the court order. The documents revealed that four other officers on the scene disagreed with Torres, who said Geer moved his hands rapidly down from his head towards his waist prompting Torres to shoot.

"I think there will be a time to do this, but I think this is after we deal with pending outcome of the Geer case," said Frey on Tuesday.

But that could take years, Bulova said, during Tuesday's Board session.

The commission will review existing policies, practices and programs regarding police-community relations, police-involved incidents and laws regarding the public release of information.

"Our board has been taking a hard look at our policies involving the timing and manner of releasing information in the case of critical police-involved incidents," Bulova said. "This effort can be greatly enhanced by engaging with the community in an open, transparent way."

"I think this is an excellent and right thing to do," said Supervisor John Foust (D-Dranesville).

"I'm real happy to see this review get underway," said Supervisor Pat Herrity (R-Springfield).

"This is a learning opportunity for our community. And I mean everybody," said Supervisor Jeffrey McKay (D-Lee).

Michael J. Hershman, founder of the Fairfax Group, is a citizen representative and will chair the commission. He is "an



PHOTO BY TIM PETERSON/THE CONNECTION

**Demonstrators from around Virginia met Jan. 8 in front of the Fairfax County Courthouse and Police and Fire department headquarters to demand an independent investigation of the shooting death of John Geer.**

expert in government and corporate accountability and transparency," according to the Board of Supervisors.

**"This effort can be greatly enhanced by engaging with the community in an open, transparent way."**

— Sharon Bulova

**THE POLICE DEPARTMENT** celebrates its 75th anniversary this year, said Bulova. "Fairfax County is the safest jurisdiction of its size due in no small

part to the hard work and dedication of our public safety personnel," she said. "The Board of Supervisors and the Police Department recognize the importance of maintaining that public trust and the importance of always reviewing policies and practices and seeking to improve."

Supervisor John Cook (R-Braddock) commended Bulova for putting Fairfax County in a leadership role on a critical matter. "This is more than one case, it's part of a national discussion," he said.

"We want to take the time to get this right," said Herrity.

The board approved Cook's amendment

that a review of crisis intervention training within the police department be added to the commission's scope of work.

But Herrity and Cathy Hudgins (D-Hunter Mill) also raised concerns saying that the board itself be more involved in the review.

"It's been over two years since we have had a Public Safety Committee meeting, although one has been promised for some time," said Herrity. "The board needs to have a discussion in open session on these critical issues."

"I think it is the board that should be clearing the mind of the citizens as to where we are," Hudgins said. "This is not the way I would like to do this."

Frey believes the commission will solely focus on the Geer case. "This is the latest reaction to a nasty situation in the media," he said. "I guarantee that focus will not be on process, it will be on this case."

The commission will "review all police department policies related to critical incidents including how and when information is released to the public," according to a release issued by the county. It will also review police policies related to use-of-force training policies, threat assessments and the Internal

Affairs Division.

"The commission will also review practices related to the release of information ... along with the relationship between the FCPD and the Office of the Commonwealth's Attorney, and the provisions of the Virginia Freedom of Information Act."

"We will be better at the end for having done this," said McKay.

**"This is not the time nor the right way to proceed."**

— Michael Frey (R-Sully)

**IN OTHER MATTERS**, the board held a 90-minute closed session.

Afterwards, Vice Chairman Penelope Gross announced that County Attorney David Bobzien will retire June 30, 2016 and will reorganize the day-to-day operations of the office.

The board will begin the search process for a county attorney by the end of this year.

**COMMISSION MEMBERS**

**POLICE**  
Det. Sean Corcoran, Fairfax Coalition of Police Local 5000  
Det. John Wallace, Fairfax County Police Assn.  
Brad Carruthers, Fairfax Fraternal Order of Police, Lodge 77  
Joseph Woloszyn, Southern States Police Benevolent Association  
Lt. Gervais Reed, Fairfax Black Law Enforcement Officers Association  
Lucy Caldwell, civilian public information officer  
Lt. Col. Tom Ryan  
Maj. Joe Hill (alternate)  
Representative from Fairfax County Sheriff's Dept.

**LEGAL**  
Douglas R. Kay, Fairfax Bar Assn. president-elect  
Bob Ross, former deputy county attorney  
U.S. Department of Justice's Nat'l Institute of Justice (Invited)

**ACADEMIC/CONSULTANT**  
Robert Kane – Drexel University, Director and Professor, Criminology and Justice Studies Program (Fairfax County resident)  
Jack L. Johnson, PricewaterhouseCoopers, public sector practice

**MEDIA/PR**  
Broadcast Media representative (shared seat): Jeff Goldberg, WJLA, Peggy Fox, WUSA9  
Mary Kimm, Connection Newspapers  
Merni Fitzgerald, former director of public affairs, Board of Supervisors  
Representative from the Virginia Coalition for Open Government

**CITIZENS**  
Jeff Stewart, Chantilly  
Adrian Steele, McLean  
Nicholas Beltrante, Virginia Citizens Coalition for Police Accountability (with alternate)  
Tim Thompson, President, Fairfax County Federation of Citizens Associations  
Shirley Ginwright, Chairman, Communities of Trust Committee, President, Fairfax County NAACP COUNTY STAFF (Ex-officio members/supporting)  
David Rohrer, Deputy County Executive for Public Safety  
Tony Castrilli, Director, Office of Public Affairs  
WWW.CONNECTIONNEWSPAPERS.COM



# Signed, Sealed and Delivered 2015 General Assembly session draws to a close.

BY TIM PETERSON  
THE CONNECTION

The 45-day 2015 session of the Virginia General Assembly came to a close last week, one which Del. Scott Surovell (D-44) described as “pretty calm, mainly because guys on either side have stayed away from divisive social issues they’ve pushed in the past,” and Sen. Toddy Puller (D-36) assessed, “For the most part, I think they did accomplish some good things.”

Surovell was critical of the continued shortness on transportation and education funding, not expanding Medicaid and the absence of movement on congressional redistricting, attributing the election year as a reason “a lot of people on other side didn’t want to deal with big issues.”

The governing body did, however, pass amendments to a two-year budget from last year’s session, two days prior to this year’s close. “An uneven revenue stream has caused us to jump through a lot of different hoops,” said Del. Mark Sickles (R-43).

**THOUGH NO LOCAL LAWMAKER** saw all of their proposed legislation progress to Gov. Terry McAuliffe’s (D) desk for signing, each at least had numerous causes and concepts they championed take off.

When Del. Eileen Filler-Corn’s (D-41) HB2306, aka “ABLE Act,” passed from the Virginia House and Senate to Gov. McAuliffe for his signature, it was a culmination of a multi-year journey, not just for the delegate but for several of her constituents.

The bill, which would create tax-free savings accounts for individuals with disabilities, is a Virginia version of federal legislation signed into law in December 2014.

Burke resident Stephen Beck had been a passionate advocate for the Achieving a Better Life Experience federal legislation, on behalf of his daughter Natalie who has Down syndrome, as well as the Down Syndrome Society. Beck died in December, after the bill passed one congressional chamber but before it was signed into law.

Prior to the passage of the federal bill, Filler-Corn had been working on similar legislation for Virginia, though it had never progressed to the governor’s desk.

“When I started all this, I didn’t know it was a local connection,” said Filler-Corn, “that the passion was already there for it.”

When the federal ABLE Act, after Beck’s death known as the “Beck Bill,” passed, Filler-Corn knew the time was right to re-introduce her bill at the General Assembly.

Beck’s wife Catherine went down to Richmond for the last week of the session and saw the delegate’s bill move forward.

“It was great, I’m so proud of Eileen,” said Beck. “I’m so happy that she was so proactive in bringing this bill up to everyone’s attention and getting it moved through all the channels.”

Filler-Corn said the bill is about “parity,” assisting individuals with disabilities to have the same savings opportunities — post-secondary education, housing and job-training — as those kids without.

Traci and Steve LaGanke took up Stephen Beck’s mantle on behalf of the National Down Syndrome Society, Traci testifying in Richmond each time Filler-Corn’s bill came up. Their son Nicholas also has Down syndrome.

“Traci was invaluable,” said Filler-Corn, “her story was so moving. And Beck was an icon, certainly a trailblazer, with the Down Syndrome Society, in creating these accounts. There was just a lot of outpouring of support.”

With Traci and Catherine standing in the gallery, Filler-Corn was able to have that session adjourn in memory of Stephen Beck.

While the Virginia ABLE Act is waiting to be signed by Gov. McAuliffe, Catherine Beck is already thinking about the next challenge of getting the word out to the public, for citizens to take advantage of the saving opportunity.



PHOTO COURTESY OF GEORGE BARKER

**Sen. George Barker (D-39) center meets with Centreville High School students who helped work on legislation he proposed.**

“I would love to see, and help in any way, this get implemented in the state of Virginia,” said Beck. “This gives state to go-ahead. OK, now for real, how do we do this.”

Filler-Corn said the structure and resources for the accounts are already in place with the existing Virginia College Savings Plan office. “They can and are willing to do the same for these able accounts,” she said, “with no general fund fiscal impact.”

SEE ASSEMBLY, PAGE 5

Walk-ins Welcome

## Emergency Department Close to Home...When Minutes Count

### Inova HealthPlex - Lorton

**The only ambulance-accessible Emergency Department in Lorton.**

Open 24-hours, seven days a week and staffed by board-certified doctors and specially trained nurses and technologists.

Inova HealthPlex - Lorton, a service of Inova Mount Vernon Hospital, is a free-standing emergency care center featuring 19 patient treatment bays, on-site diagnostic imaging, laboratory services.

**Radiology Services - Newest Technology Available**

Same day appointments/walk-ins/scheduled exams for:

- Low Dose Cat Scan
- Digital Diagnostic X-Ray
- Digital Mammography with 3D Technology
- Bone Densitometry
- Ultrasound

**Laboratory Services**

- Full-service onsite laboratory
- Work-related drug screening
- Open 24 hours a day

**Inova HealthPlex - Lorton**  
9321 Sanger Street, Lorton, VA  
[www.inova.org/lorton](http://www.inova.org/lorton)  
703.982.8400

## 24/7 Emergency/Radiology/Laboratory Services



# NEWS

## Assembly Session Draws to a Close

FROM PAGE 4

For more information on Filler-Corn's legislation and the work of the National Down Syndrome Society, visit [www.eileenfillercorn.com](http://www.eileenfillercorn.com) and [www.ndss.org](http://www.ndss.org).

### Bills That Made It to Governor's Desk

**Del. David Bulova (D-37)** brought forward HB1515, requiring hospitals to provide information to new parents about safe sleep environments for their baby.

"I think back to when I was a brand new parent — I'm the father of 3 kids," Bulova said. "We were never given info on that. It really struck me how many babies die needlessly every year. 95 percent of these were preventable."

**Del. Dave Albo's (R-42)** successful HB1445 helps decriminalize medicine extracted from marijuana plants. A bill with potentially wider impact is HB1635, which gives victims of Internet defamation a more "reasonable" amount of time once they file action to find out the identity of the person who posted against them.



PHOTO COURTESY OF MARK SICKLES  
**Del. Mark Sickles (R-43)** speaks at the 2015 Virginia General Assembly. (Left) **Del. David Bulova (D-37)**, (right) **Del. Vivian Watts (D-39)**.

"Anybody can be the victim of an Internet defamation," said Albo. "[The Internet] has given crazy people and people with bad motives the ability to get their message out without having to buy a postage stamp, people who don't want to put their names by their posts. It's not gentlemanly to trash people anonymously."

**Del. Mark Sickles (R-43)** was responsible for HB2372, which creates an electronic asset verification system for medical assistance applications.

"Prior to this," Sickles said, "The Department of Medical Assistance Services based applications on what you attested to, trusting your honesty. If you forgot you have another \$40 thousand, \$200 thousand, this will give a chance to find it within seconds. It's expected to save the state a few hundred-thousand dollars."

**Del. Scott Surovell's (D-44)** HB1684, that would have allowed students with a strong score on Advanced Placement or International Baccalaureate exams to waive the related Virginia Standards of Learning test, was folded into other legislation awaiting McAuliffe's signature that gives localities more

SEE ASSEMBLY, PAGE 15



Celebrate St. Patrick's with Us



Great Irish Food  
During March



Serving Breakfast  
Saturdays 8-11 AM  
& Sunday 8 AM-3 PM



*Your Neighborhood Place*  
for  
Homemade Burgers,  
Pizza, Pasta, Soups, Salads,  
Steaks, Friendly Service  
& Cold Drinks

**50% OFF Lunch**

Buy one and get 50% Off  
2nd item of equal or lesser value.  
Offer expires 3/31/15.  
Not valid with any other offers.

**10% OFF**

**Entire Check**

Offer expires 3/31/15.  
Not valid with any other offers.

**5765-C Burke Centre Pkwy • Burke • 703-239-9324**

Looking for a New  
Place of Worship?

Visit Antioch Baptist Church!



**All Are Welcome!**

Sunday Worship 8:00, 9:30 & 11:30 a.m.  
Sunday School for Children & Adults 9:30 a.m.  
Married Couples Sunday School 11:30 a.m.

Rev. Dr. Marshal L. Ausberry, Sr., Senior Pastor

**Antioch Baptist Church**

6531 Little Ox Road

Fairfax Station, VA 22039

703-425-0710 • [www.antioch-church.org](http://www.antioch-church.org)

### Assistant Editor

Full-time assistant editor to help with all aspects of producing award-winning weekly newspapers, including daily web and social media updates.

Must be a prolific, efficient, accurate writer/rewriter with good basic knowledge of AP style and clean copy. Self-starter with excellent time management skills who can work independently and collaboratively with strong organizational skills, high productivity, attention to detail. Exciting opportunity to learn from excellent editors.

#### Essential Responsibilities:

Generating local content daily for print and online, including calendar & entertainment listings, news briefs, crime reports, business briefs, school and education notes, faith notes, photo galleries, etc.

Monitor never-ending email, prioritize, download, edit, compile, post.

Community engagement, communication with readers and sources. Continuously seeking new sources of local information.

Copy editing, fact checking, familiarity with AP Style.

Design and paginate weekly entertainment, calendar and notes pages for multiple papers.

Update websites daily, post to social media.

Stay on top of local breaking news, work with editor and reporters to update.

Help transition to digital first workflow.

Salary approximately \$30K, health insurance, paid vacation. Office is 2 blocks from King Street Metro station. Free parking.

Send letter, resume, three clips or examples of work to [resumes@connectionnewspapers.com](mailto:resumes@connectionnewspapers.com)



**DECORATING DEN INTERIORS**

Introducing your neighborhood Decorating Den Interiors by Virginia's Décor. I am devoted to creating both beautiful and functional spaces, by guiding my clients through an easy and convenient design process, all in the comfort of your own home. Whether it's a full room makeover or a few simple items to complete your vision, I have the resources and expertise to make your dreams come true.

**VIRGINIA'S DÉCOR**  
703.395.8515 | [virginia@decoratingden.com](mailto:virginia@decoratingden.com) | [virginia.decoratingden.com](http://virginia.decoratingden.com)

CUSTOM WINDOW TREATMENTS | FINE FURNITURE | WALL, FLOOR & BED COVERINGS | LIGHTING | ACCESSORIES



# OPINION

## Good, Bad and Ugly

**T**he 2015 session of the Virginia General Assembly came to an end last week, and some of the biggest news was about what it did not do.

By far the ugliest debacle rests in the Assembly's ongoing refusal to expand Medicaid to cover as many as 400,000 uninsured people in Virginia, even though it would come at no cost to Virginia (Federal government pays 100 percent for the next two years and 90 percent after that) and would be a massive boost to Virginia's economy. The local and state economy is suffering from the loss of federal spending in other areas, and it's just plain crazy and mean-spirited to deny medical care for people who can't afford it otherwise, and at the same time, turn away an economic stimulus equal to 20,000 or more jobs and a direct infusion of nearly \$2 billion a year.

**GOOD:** The Assembly nixed a bill which "empowers the Director of the Department of Corrections to make and enter into contracts ... to compound the drugs necessary to carry out execution by lethal injection. ... Information relating to the identity of the persons or entities compounding such drugs, the identities of persons or entities engaged to manufacture or supply the materials used to compound the drug products, and the name of the materials or components used to compound drug products for use in an execution are confidential,

exempt from the Freedom of Information Act, and not subject to discovery or introduction as evidence in a civil proceeding ..."

The House of Delegates nixed executing people with secret potions. Passed in the Senate, blocked in the House of Delegates. Be sure to thank those local legislators who voted against this craven proposal: Senators: Adam

### EDITORIAL

Ebbin, Barbara Favola, Janet Howell, Dave Marsden and Chap Petersen. Delegates: David Bulova, Eileen Filler-Corn, Charniele Herring, Patrick Hope, Mark Keam, Kay Kory, Rob Krupicka, Jim LeMunyon, Alfonso Lopez, Ken Plum, Tom Rust, Mark Sickles, Marcus Simon, Scott Surovell and Vivian Watts.

And ask these local legislators who voted to carry out executions with secret drugs and secret methods what they were thinking: Senators George Barker and Dick Saslaw. Delegates: Dave Albo and Tim Hugo.

No good comes from conducting the people's business in secret, all the more true when the business is brutal. Killing people is wrong, two wrongs don't make a right, killing people and keeping the brutal details secret is wrong.

**BAD:** State Sen. Barbara Favola's bill to extend foster care services and support, including foster care maintenance payments, to qualifying individuals age 18 to 21 years who were formerly in the custody of a local board of social services passed unanimously in Senate, and

## A look at recently ended session of the Virginia General Assembly.

died in the House of Delegates. The money spent would have been matched by Federal dollars, and every dollar spent helping former foster children become independent, self-supporting adults saves a bundle in other costs down the line.

**UGLY:** "Ethics reform" put a \$100 cap on each individual gift from lobbyists to members of the Assembly, with no enforcement mechanism, and no changes in campaign finance. Former Gov. Bob McDonnell and his wife were convicted of corruption for taking more than \$170,000 worth of gifts and favors from Star Scientific and related individuals; this was the catalyst for the so-called reform. It is apparently fine, however, that Star Scientific also gave \$108,000 to McDonnell's campaign. More than 40 other entities gave more, including Dominion (\$383,720), Altria (\$361,556), Smithfield Foods (\$267,738), Walmart (\$121,250), just as examples. (Source: vpap.org). No good comes from having our legislative body awash in this kind of cash. You can visit the Virginia Public Access Project at vpap.org and look up who has been giving how much to the people who represent you. It's fascinating.

— MARY KIMM

MKIMM@CONNECTIONNEWSPAPERS.COM

### LETTERS TO THE EDITOR

## Martyr to Police Accountability

To the Editor:

I am writing to commend the Connection Newspapers for the excellent coverage of the John Geer case. Your reporting and editorial position show that your staff is right on top of this controversial issue.

The manner in which Fairfax County officials from top to bottom have handled this case has been dismaying. In my opinion, this is the most disgraceful and embarrassing episode in the history of Fairfax County. The continual cover ups and obfuscation and stonewalling are reprehensible. As a 54-year-old lifelong Northern Virginian this is the worst I have seen.

But there is a long and sordid history of this type of behavior. Consider the case involving Sal Culosi and David Masters and most recently Natasha McKenna.

But let me take this opportunity to give credit to the Citizens Coalition for Police Accountability and its executive director Nicholas Beltrante. For several years now, they have been working tirelessly

to raise public awareness of these matters. It is a shame that it takes a tragedy like the Geer shooting to wake everybody up from their complacency.

I understand that John Geer was a graduate of J.E.B. Stuart High School in the Falls Church area of Fairfax County. His alma mater was, of course, named after the dashing Confederate general who commanded the Army of Northern Virginia's cavalry during the Civil War. Stuart was mortally wounded on May 11, 1864 in a fierce battle fought at Yellow Tavern, north of Richmond. His death was a great blow to the Confederacy. He went down in history as a martyr for his cause.

John Geer has become a martyr for the cause of government and police accountability and transparency.

**Gregory G. Paspatis**  
Alexandria

## An Inspiring Story

To the Editor:

The article "Fairfax County Animal Shelter Gets Creative to Save Lives," (Connection, February 26-March 4, 2015) inspired me by

how dedicated the volunteers are to provide the best care for the animals they take in and find them a new home as soon as possible. They would not be able to place 2,500 animals in loving homes this past year if it was not for their teamwork.

Thanks to the dedication of 300 shelter volunteers, foster caregivers, social media sharers, and donations to this organization, thousands of animals were given a chance to live a more fulfilling life. This shelter has even taken the burden upon themselves to help other overcrowded shelters by taking their animals and finding homes for them as well.

After reading this article I immediately filled out a volunteer application for this shelter so I, too, can help more animals find the loving home that they deserve.

**Kelsey Yaglou**  
Fairfax

## Excessive and Hurtful

To the Editor:

In the "Editorial: Managing Mental Illness In Jails" by Mary Kimm (Connection, February 26-March 4, 2015), I believe that

many valid concerns were raised. I was shocked to discover how poorly the transport of Ms. McKenna was given her mental illness. If her severe mental illness caused her to have a constant fight or flight reaction, it's likely that she only knew how to react in that way. How then would taking her out of one environment into a new one by threatening people with weapons be effective? A combative, mentally ill inmate should be handled differently than a combative one in general. I also find it interesting that Ms. McKenna's ethnicity was not mentioned in this editorial. The only descriptive information given was that she was a small woman. I researched the case and found out that Ms. McKenna was African American. I believe this could be an important factor to how she was treated in an effort to restrain her. While jails are meant to serve as a place for those who have been convicted of crimes, there are situations where the force used to maintain order is excessive and hurtful. In Ms. McKenna's case, it meant her life.

**Erin Sullivan**  
Freshman/James Madison University

Fairfax Station,  
Lorton & Clifton  
**CONNECTION**

www.ConnectionNewspapers.com

@LFSCConnection

An independent, locally owned weekly newspaper delivered to homes and businesses.

**Published by**  
**Local Media Connection LLC**

**1606 King Street**  
**Alexandria, Virginia 22314**

Free digital edition delivered to your email box. Go to  
connectionnewspapers.com/subscribe

**NEWS DEPARTMENT:**  
**burke@connectionnewspapers.com**

**Kemal Kurspahic**  
Editor ♦ 703-778-9414  
kemal@connectionnewspapers.com

**Amna Rehmatulla**  
Editorial Assistant  
703-778-9410 ext.427  
arehmatulla@connectionnewspapers.com

**Tim Peterson**  
Community Reporter  
703-314-0789  
tpeterson@connectionnewspapers.com

**Jon Roetman**  
Sports Editor ♦ 703-752-4013  
jroetman@connectionnewspapers.com  
@jonroetman

**ADVERTISING:**  
For advertising information  
**e-mail:**  
**sales@connectionnewspapers.com**  
703-778-9431

**Steve Hogan**  
Display Advertising, 703-778-9418  
shogan@connectionnewspapers.com

**Andrea Smith**  
Classified Advertising, 703-778-9411  
classified@connectionnewspapers.com

**Debbie Funk**  
National Sales  
703-778-9444  
debfunk@connectionnewspapers.com

**David Griffin**  
Marketing Assistant  
703-778-9431  
dgriffin@connectionnewspapers.com

**Editor & Publisher**  
Mary Kimm  
mkimm@connectionnewspapers.com  
@MaryKimm

**Executive Vice President**  
Jerry Vernon  
jvernon@connectionnewspapers.com

**Editor in Chief**  
Steven Mauren  
**Managing Editor**  
Kemal Kurspahic  
**Photography:**  
Deb Cobb, Craig Sterbutzel  
**Art/Design:**  
Laurence Foong, John Heinly  
**Production Manager:**  
Geovani Flores

**Special Assistant to the Publisher**  
Jeanne Theismann  
jtheismann@connectionnewspapers.com  
@TheismannMedia

**CIRCULATION: 703-778-9426**  
**Circulation Manager:**  
Ann Oliver  
circulation@connectionnewspapers.com





## News



PHOTO COURTESY OF JULIA ROSS

**Brittany (center) and Alex Shields (right) celebrate Christmas 2013 with their late father Kevin (left).**

### Fairfax Station Woman Raises Support for Orphaned Ole Miss Student

At first, Fairfax Station resident Julia Ross only knew Alex Shields, a junior at the University of Mississippi, as the boy who dated her daughter Emma and friend to other students she knows. Shields, originally from Atlanta, and Emma met at school.

In September 2013, Shields lost his mother. She had been living with multiple sclerosis and died in her sleep. A few months later, his father suffered a massive heart attack, was briefly resuscitated but died shortly thereafter.

With his older sister Brittany living in Atlanta and little extended family, Shields was largely on his own to contend with his financial obligations to the university, not to mention coping with the premature death of both his parents.

Though the relationship between Emma and Shields ended, Ross decided to help him work through the difficult period of mounting expenses and missed classes.

Ross, who works in the field of tutoring, SAT prep and college admissions, flew to Oxford after the funeral for Shields' father. She began working on getting him in-state tuition and navigating the process for achieving orphan status with the federal government, that would make him eligible for certain grants.

She was able to help get him back on track academically, as well as have the loans from his first two and a half years of enrollment expunged.

But she didn't stop there. Ross had the idea to "shower Alex with caring." Through her education practice Professional Tutoring and personal networks, she connected with several hundred people to create a "care package brigade."

Twice a month, families and individuals send Shields packages of comfort food, living essentials, gift cards and personal notes of encouragement and love.

"I think maybe this is some of the reason he gets out of bed and goes to school, and stays in school," said Ross. "People feel so alone after a death. We're going to stick through with Alex, through his graduation, keep sticking by him."

To date, the brigade raised \$3,000 in an effort to support Shields and his sister, including giving them a Christmas. Though Shields works through school to pay his way, Ross said a fundraiser is in the works to help cover the remainder of his tuition.

"None of us see him as a Northern Virginia charity case, because he's not one," said Ross. "So many families say, 'This could be us.' His parents, they didn't expect to die in their 50s."

With the strong support Ross has seen for Shields, she intends to expand the brigade to support more kids that have been through tragedies. For more information Ross can be reached via email at [julia@juliarosspt.com](mailto:julia@juliarosspt.com).

—TIM PETERSON

WWW.CONNECTIONNEWSPAPERS.COM

## Bathroom Remodel Special \$6,850

**Celebrating 15 Years in Business!**

### TWO POOR TEACHERS

Kitchen and Bathroom Remodeling



**Free Estimates**

**703-999-2928**



Select your products from our Mobile Showroom and Design Center

Fully Insured & Class A Licensed Est. 1999



Visit our website: [www.twopoorteachers.com](http://www.twopoorteachers.com)

Take the fly-thru video tour now.



## Eleven Oaks

*A New Village in Historic Fairfax*

**Tour the neighborhood at [LiveElevenOaks.com](http://LiveElevenOaks.com)**

See the stunning streetscapes, interiors, stone work and amenities come to life in vivid detail in our 3-minute video. Single Family Homes & Townhomes now selling. Pre-model pricing from \$799,900.

**Sales Center at  
4021 University Drive, Suite 201  
Fairfax City, VA 22030 • 703.570.6983**

A Madison Homes Community  
Built by Eleven Oaks, LLC  
Sales By McWilliams | Ballard

**ElevenOaksHomes.com**





# WELLBEING

## Shedding Pounds, Keeping Them Off

### Suggestions for maintaining a healthy weight.

BY MARILYN CAMPBELL  
THE CONNECTION

For Toni Williams, effective weight loss and maintenance have been a struggle her entire adult life. Her introduction to unhealthy food came in college.

"Instead of the 'freshman five,' I did the freshman 20," she said. "I ate cheeseburgers and fried chicken every day."

Williams, now 60, identified here by a pseudonym, counts herself among the estimated 97 million Americans who the National Institutes of Health identifies as overweight or obese and at risk for health problems such as diabetes, high blood pressure and heart disease. Approximately 90 percent of people who have lost weight, including Williams, have regained weight after a weight loss.

"There are a lot of different ways to lose weight, and I know how to lose weight," said Williams. "The problem is keeping it off."

Williams is a patient at the Washington Center for Weight Management & Research, Inc., in Arlington, and says that through her work at the center, she has discovered her

own personal formula for losing weight.

"Weight is a constant work in progress," she said. "There is no one way to do it. What works for some people won't work for others. You have to figure out what works for you."

Viewing obesity as a medical condition is the first step to solving it, said Dr. Domenica M. Rubino, director of the Washington Center.

"Obesity is a serious and complex disease that affects each individual differently," she said. "It is significantly influenced by risk factors including genetic, environmental, economic, psychological and social determinants, as with most chronic diseases."

Rubino recommends a research-based, comprehensive, mind-body approach to weight loss and maintenance that includes medical, nutritional, behavioral and psychological factors, and includes physicians, dietitians and psychotherapists.

"I try to help my patients explore the triggers [such as sadness, anger, and anxiety] that lead them to turn to food as a way to cope," said Mougeh Yasai, a clinical psychologist at the Washington Center. "Mindfulness can help patients become more at-

tuned to their feeling states, and also how to deal with these feelings when they come up. Once triggers are identified, we explore various coping skills that can be helpful during times of distress. The emphasis on mindful observation of eating behaviors is to practice the skill of observing with a nonjudgmental stance."

**HEALTH CARE PROVIDERS** at Weight Loss Services at Inova Fair Oaks Hospital in Fairfax, also assist patients in a weight loss program that includes a variety of bariatric (or weight loss) surgeries, generally reserved for those with a body mass index (BMI) of 40 or more.

"We also might use pharmacological methods to jump start weight loss," said Carmen Spencer, a registered nurse. She is the clinical program coordinator at the clinic.

"Medical weight loss is pretty much open to anyone with a BMI of 27 or higher," she said. "We offer a 12-week program that uses meal replacements."

"Maintaining weight can be difficult for several reasons," said Yasai. "There are physiologic signals of appetite, satiety and hunger that increase after we lose weight. These are normal responses after weight loss."

Some strategies are helpful in increasing



PHOTO COURTESY OF WASHINGTON CENTER FOR WEIGHT MANAGEMENT & RESEARCH, INC.

**Domenica M. Rubino, M.D., far right, pictured with Mougeh Yasai, PhD, clinical psychologist and Amy Allnutt, MS, ACSM/HFS, exercise physiologist. Rubino, director Washington Center for Weight Management & Research, Inc., recommends a research-based, comprehensive mind-body approach to weight loss and maintenance that includes medical, nutritional, behavioral and psychological factors and includes physicians, dietitians and psychotherapists.**

one's chances of keeping excess weight at bay. "The environment is filled with opportunities to eat high-calorie foods and not

move much," said Yasai. "So in addition to continuing the lifestyle changes that helped you lose weight, it is important to have strengthened coping skills for

"Weight is a constant work in progress," she said. "There is no one way to do it. What works for some people won't work for others. You have to figure out what works for you."

— Toni Williams

managing stress as well as being mindful of potential emotional triggers to eating."

Setting unrealistic goals, losing too much weight at one time and following fad diets can lead to rapid weight regain or failure to lose weight in the first place.

"There is no magic, no special potion or diet," said Rubino. "In fact, no one person or thing holds the key for the treatment of obesity."

Maintaining a healthy weight takes work and dedication. Adherence to healthy eating and physical activity are two of the most important aspects of keeping weight off. Williams builds both into her daily routine.

"I go to the gym three times a week at 6 a.m.," said Williams. "If I don't do it then, something will come up later during the day. I use a trainer because I find that it's a luxury that I can't afford not to have. My trainer keeps me motivated and from making the gym my favorite charity."



### Talk to your neighbors, then talk to me.

Rudy Shields, Agent  
9415 Old Burke Lake Road  
Burke, VA 22015  
703-978-5700  
rudy.shields.bvz@statefarm.com

See why State Farm® insures more drivers than GEICO and Progressive combined. Great service, plus discounts of up to 40 percent.\*  
Like a good neighbor, State Farm is there.  
CALL FOR QUOTE 24/7.



\*Discounts vary by state.  
State Farm Mutual Automobile Insurance Company  
State Farm Indemnity Company, Bloomington, IL

<b>Tree Clearance Sale</b> <b>30% OFF</b> All Trees 2013 & Prior	<b>Free Estimates</b> Patios, Walkways, Retaining Walls, Paver Driveways, Landscaping! <small>OR SEASON PRICING</small>
<b>Selected indoor plants 1/2 price</b>	<b>60-75% Off Pottery</b> <small>Lowest Prices Since 2008!</small>
<b>Blooming Tropicals 75% Off</b> Concrete Fountains, Benches, Statuary and Birdbaths 25% off	<b>Bagged, Shredded Hardwood Mulch \$3.49</b> (3 cu. ft. bags)
<b>Cactus, Succulents 25% off</b>	<b>Bulk Mulch \$19.99 cu. yd.</b> <small>FREE FILL</small>
<b>Fragrant, blooming Citrus Plants 10% Off</b>	<b>Cravens Nursery &amp; Pottery</b> 9023 Arlington Blvd., Fairfax, Virginia 2 miles west of I-495 on Rt. 50. 1 mile from I-66 (Vienna Metro) <b>703-573-5025</b> Open 7 days a week Visit our new Web site: <a href="http://www.cravensnursery.com">www.cravensnursery.com</a>

## A healthy body starts with a healthy mouth!

At Peter K. Cocolis, Jr. and Associates, we believe optimum oral health is key to total body health and well-being. These days, going to the dentist is not just about taking good care of your teeth; it is about taking good care of your health. Problems in your mouth can be signs of trouble elsewhere in your body. Your oral exam reveals important early warning signs for many total-body conditions including diabetes, oral cancer and high blood pressure.

Whether your family seeks general preventive maintenance, cosmetic, or advanced restorative and implant dentistry to transform your smile's function and appearance, Drs. Cocolis and DaSilva are renowned by peers and patients alike for exceptional personalized care in a friendly, safe and state-of-the-art-environment.

Consistently named "Top Dentist" in *Northern Virginia* magazine and among the "Best Dentists in the Metropolitan Area" in




### Our Services:

- Routine cleanings and check-ups
- Fillings and sealants
- Sedation "sleep" dentistry
- Nitrous oxide
- Crowns, bridges, inlays, onlays
- Extractions
- TMJ/TMD therapy
- Endodontic (root canal) therapy
- Periodontal (gum) therapy including scaling and root planing
- Custom partial and full dentures
- Custom occlusal and sport guards
- Implants
- Bonding and veneers
- In-office professional whitening
- Invisalign (clear braces without the wires)

**Peter K. Cocolis, Jr., DMD & Associates**  
**Peter K. Cocolis, Jr., DMD, MAGD**  
**Emily A. DaSilva, DDS, FAGD**

**5803 Rolling Road, Suite 211**  
**Springfield, VA 22152**  
**703-912-3800 • [www.smiles4va.com](http://www.smiles4va.com)**

**Monday–Thursday 8 A.M.–5 P.M.; Friday\* 8 A.M.–1 P.M.** \*Once monthly for sedation appointments



## Inova Proudly Presents our Upcoming Ask The Expert Community Lecture!

### Osteoarthritis and the Latest Advances in Joint Replacement

**Nitin Goyal, MD**  
**Thursday, March 12 • 6:30 p.m.**  
**Laurel Hill Golf Club**  
**8701 Laurel Crest Drive**  
**Lorton, VA**


Register today for this **FREE** lecture! To better serve you, we ask that you register online at [Inova.org/AskTheExpert](http://Inova.org/AskTheExpert) or by calling 1.855.MyInova (1.855.694.6682)

### Are you living with chronic joint pain?

Learn about state-of-the-art treatments for your condition from one of the area's leading orthopedic surgeons who practice at Inova hospitals.

Dr. Goyal will discuss causes, risk factors, symptoms and some of the latest treatment options for osteoarthritis and joint pain.

This **FREE** lecture is designed to provide our community members with important information about the latest medical advances in specific orthopedic specialties and help you find solutions to health issues that may increase your quality of life.





# 'Military and the Arts Initiative' Comes to Workhouse

BY DAVID SIEGEL  
THE CONNECTION

**T**he Workhouse Arts Center is launching a "Military and the Arts Initiative." It is a collaboration with Fort Belvoir, the USO of Metropolitan Washington-Baltimore and the Northern Virginia Regional Commission (NVRC). The Initiative is focused on expanding opportunities and providing activities for veterans and military service members.

"Due to budget cuts and sequestration, military families have lost their funding for arts and crafts programming. When Fort Belvoir turned to the community to help supplement these programs, the Workhouse Arts Center, with community support, stepped up to provide a program and found funding," said Mark Gibb, executive director, NVRC.

"People in the service are our community and have been a part of the Workhouse from our beginning," said Brett Johnson, director of Visual Arts at the Workhouse. The new program builds upon previous partnering between the Workhouse and the USO. "The NVRC and Fort Belvoir reached out to the Workhouse to create a formal partnership and further develop the programing," said Johnson.

The Initiative will bring public art events, exhibits and a new Workhouse artist residency. Discounted arts classes for service members and veterans will be available with the support of Transurban and 95 Express Lanes. Concerts and service members po-



PHOTO COURTESY OF THE WORKHOUSE

**"Rainbow Out" by Martin Cervantez**

etry readings are also expected to become regular features.

The first resident artist for the military

and arts initiative is Sergeant Martin J. Cervantez. From his Workhouse studio, he will be creating artworks based upon a

## Where and When

"Military and the Arts Initiative," Workhouse Arts Center, W-16, McGuire Woods Gallery, 9601 Ox Road, Lorton. Reception and exhibition openings of The Places We Have Been and Gregory Gadson: Life in the Infrared, including a collaborative performance by veterans, service members, and Grammy-nominated hip-hop artist Christylez Bacon, and six-string electric cellist Wytold on Friday, March 13, 7 to 9 p.m. No ticket required. For information call 703-584-2900 or visit [www.workhousearts.org](http://www.workhousearts.org).

soldier's experiences. Cervantez will also help craft the ongoing Workhouse initiative.

A public reception the evening of March 13 will formally open the program. Sponsored by the USO, the reception will include performances by service members and veterans from the USO Warrior and Family Center at Fort Belvoir. Two exhibits will also open: one a group exhibit created by veterans and service members titled "The Places We Have Been: Exploring the Internal and External Travels of Veterans and Service Members;" the other a solo photography exhibition, "Life in the Infrared," by the recently retired commander at Fort Belvoir Colonel Gregory Gadson.

"We're proud to support programs that allow service members to communicate their experiences of war and share them with the community," said Ashy Palliparambil, program specialist for Art and Music Programs at the USO Warrior and Family Center at Fort Belvoir. "We're looking forward to seeing the work of our wounded, ill and injured service members on display at the Workhouse Arts Center."

## From Veterinarian to Art Photographer

**T**he Art Guild of Clifton hosted its first art show of 2015 by high lighting the photographs of Jamie Netschert.

Netschert started taking photographs as an undergraduate student at Weber State University where he received a degree in Zoology. He received a film camera as a wedding present from his father-in-law and so began his interest in photography.

Yet, his photographic journey didn't start in earnest until five years ago as he could spend more time in photographing birds. During the intervening years he is better known as Dr. Netschert who started the Clifton-Centreville Animal Clinic in 1983. Netschert earned his degree in Veterinary Medicine in 1980 and is a member of the Royal College of Veterinary Surgeons and the American Veterinary Medical Association.

On Sunday, close friends and long time residents came to the Clifton Wine shop to honor Netschert and see his artistic photographs displayed around the shop.

Netschert migrated to digital format and initially trekked around Sky Mead-



**Three of Clifton's oldest residents come out for the Art Guild of Clifton first event. From left: Chuck Rusnak, Art Guild Director, Steve Enfros of Clifton, Wayne Nickum, past Mayor of Clifton and Clifton resident.**

ows Park. "There's a small window of opportunity when photographing birds in Northern Virginia," said Netschert. "Basically, you have from April to May. Given the many beautiful birds in tropical climates I decided to go to Costa Rica where they are

plentiful year round." At first, Netschert took pictures and came home to research what types of birds he was capturing.

His advice to new photographers is, "it's about getting out and walking. Start small, get a good camera and the trick is being in



**Close friends came to visit Jamie Netschert photographs on display. From the left: Caryn Franca, Clifton, Donna Netschert, Jamie Netschert, all of Clifton, and Meg Crossett of Centerville.**

the right place at the right time."

The Art Guild of Clifton will host a different artist every month.

—TERRANCE MORAN



# CALENDAR

Send notes to the Connection at [south@connectionnewspapers.com](mailto:south@connectionnewspapers.com) or call 703-778-9416. The deadline is the Friday prior to the next paper's publication. Dated announcements should be submitted at least two weeks prior to the event.

## THROUGH SUNDAY/APRIL 5

**Reference.** W-16 - Vulcan Gallery, Workhouse Arts Center, 9518 Workhouse Way, Lorton. Reference is a multi-media exploration of the various modes of influence that inform visual artists in both content and process. In Reference, participating artists incorporate performance, sound, process, and imagery to address the strong influence of other artists, visual and otherwise, upon their creative output as well as their deepest philosophical and spiritual understandings. No ticket required. [www.workhousearts.org](http://www.workhousearts.org). 703-584-2900.

## THROUGH SUNDAY/MARCH 8

**Julia Galloway.** Building W-8, Workhouse Arts Center, 9518 Workhouse Way, Lorton. Julia Galloway is a utilitarian potter and professor. She is currently the Director of the School of Art and Professor at the University of Montana, Missoula. Julia makes useful pottery working at a mid-range firing at c6 in a soda kiln and re-firing her pottery at low temperatures to develop rich glaze surfaces. She combines wheel throwing and hand building techniques to make her pottery. No ticket required. 703-584-2900.

## FRIDAY/MARCH 6

**Cool Cow Comedy Presents: Tony Deyo.** Workhouse Arts Center, 9601 Ox Road, Lorton. 8 p.m. Come to Cool Cow Comedy's for entertainment! Each month headliners and featured performers take the stage in the W-3 Theatre. Host and Comedian Rahmein Mostafavi performed outstanding stand-ups in the DC Improv, Richmond Funny Bone and Caroline's on Broadway.

## SATURDAY-SUNDAY/MARCH 7-8

**SPRINGPEX '15 Stamp Exhibition.** Saturday, 10 a.m. - 6 p.m., Sunday, 11 a.m.-4:30 p.m. Robert E. Lee High School Cafeteria, 6540 Franconia Road, Springfield. 45th Annual

Philatelic Stamp Show hosted by the Springfield Stamp Club. Features free kids stamp activities, show covers, 26+ dealers, U.S. Postal Service Station and club tables. Free. [www.springfieldstampclub.com](http://www.springfieldstampclub.com).

## SATURDAY/MARCH 7

**Workhouse Cabaret Series: Heroines of the Stage and Screen!** Workhouse Arts Center, 9601 Ox Road, Lorton. 8 p.m. Some of Broadway's most beloved characters and some of the most memorable music are written for the leading ladies.

**Garden Under Glass: Terrarium Workshop.** 9:30-11:30 a.m. Green Spring Gardens, 4603 Green Spring Road, Alexandria. Shake off the winter chill by creating a garden under glass. Miniature plants, lush mosses, stones and whimsical figures will bring a smile and remind you of warmer days. Care instructions included. \$38/person plus \$25 supply fee. Register at [www.fairfaxcounty.gov/parks/greenspring](http://www.fairfaxcounty.gov/parks/greenspring) using code 290 185 8201 for the program and code 290 185 8202 for the supply fee or call 703-642-5173.

**Garden Sprouts: Hot and Cold.** 11 a.m.-12 p.m. Green Spring Gardens, 4603 Green Spring Road, Alexandria. While it's winter in Virginia, it's summer in the Southern Hemisphere. Learn why seasons differ around the globe. Sample chocolate treats, both icy and hot. Enjoy a story about chocolate, then scout the gardens for signs of winter and spring. \$6 per child. Register online at [www.fairfaxcounty.gov/parks/greenspring](http://www.fairfaxcounty.gov/parks/greenspring) using code 290 102 8901 or call 703-642-5173.

**Winter Lecture: Hellstrip Gardening.** 1:30-2:30 p.m. Green Spring Gardens, 4603 Green Spring Road, Alexandria. Improve that patch of old turf on the streetside of the sidewalk by growing a hellstrip garden. Evelyn Hadden offers guidance on turning languishing, neighborhood parking strips into thriving, curbside gardens. Hadden addresses street trees, plants, poor soil, laws and covenants, and pedestrian traffic. A book signing follows the lecture. \$10 per person for advance registration, \$12 for out-of-county registrants or at the door. Register at [www.fairfaxcounty.gov/parks/greenspring](http://www.fairfaxcounty.gov/parks/greenspring) using code 290 185 6501 or call 703-642-5173.



**Frozen Potomac on Sunrise by artist Glen Cook.** View more of his work at the Workhouse Arts Center exhibit "Landscapes, Dancers & Other Things I See." Cook will be on hand to talk about his work at the opening reception on March 14, from 6-9 p.m. in Gallery 9 at The Workhouse Arts Center, 9601 Ox Road, Lorton.

## THURSDAY-SUNDAY/MARCH 5-8

**"Doubt: A Parable."** 7:30 p.m. Old Town Village, 3950 University Drive, Fairfax. Tickets are \$17 in advance. Remaining seats, if available, will be \$20 at the door, one hour prior to performance times. Free parking is available. The production runs approximately 90 minutes, and a brief, talk-back session with the actors and directors will follow each performance. Buy tickets at: <http://fairfaxcitytheatre.ticketleap.com/doubt-a-parable/>.

## SUNDAY/MARCH 8

**Workhouse Cabaret Series: Heroines of the Stage and Screen!** Workhouse Arts Center, 9601 Ox Road, Lorton. Matinee 1 p.m. Some of Broadway's most beloved characters and some of the most memorable music are written for the leading ladies.

**Film: An Ordinary Hero: The True Story of Joan Mulholland.** 2 p.m. Jewish Community Center of Northern Virginia, 8900 Little River Turnpike, Fairfax. You'll hear firsthand from the Freedom Riders that took part in this movement including: Joan Mulholland, Reverend Reginald Green; Dion Diamond; Joan's son, Loki Mulholland producer of the film; and Michael O'Brien, author of *We Shall Not Be Moved*. Dessert reception will follow the film. All are welcome. \$15 in advance/ \$18 at the door/ Students Free. Contact [Carla.Rosenfeld@jccnv.org](mailto:Carla.Rosenfeld@jccnv.org), 703-537-3060.

# COMMUNITIES OF WORSHIP



5690 Oak Leather Drive  
Burke, VA 22015  
703-764-0456  
[www.BurkePresChurch.org](http://www.BurkePresChurch.org)

**Sunday Worship:**  
8:30 & 11:00 am  
9:45 am Sunday School

**Saturday Worship:**  
5:30 pm CoffeeHouse  
casual, guest musicians

First Monday of the month: Labyrinth Prayer Walk  
Great offerings for children, youth and adults throughout the week.  
Wonderful opportunities in music and mission.

## Looking for a New Place of Worship? Visit Antioch Baptist Church! All Are Welcome!

Sunday Worship 8, 9:30 & 11:30 a.m.  
Sunday School for Children & Adults 9:30 a.m.  
Married Couples Sunday School 11:30 a.m.

703-425-0710 • [www.antioch-church.org](http://www.antioch-church.org)  
6531 Little Ox Road, Fairfax Station, VA 22039



9800 Old Keene Mill Rd.  
703-455-7041  
Sunday School  
9:15 AM  
Worship Service  
10:30 AM  
**CALVARY CHRISTIAN CHURCH**  
[www.calvaryfamily.com](http://www.calvaryfamily.com)  
"Continuing the ministry of Christ on earth"

**To Advertise  
Your Community  
of Worship,  
Call 703-778-9418**

## Jubilee Christian Center

"Experience the Difference"  
Worship Gathering - Sunday 8:45 & 11 AM  
Sunday School 10:10 AM  
Sunday Evening - Realtime Worship & Youth 6 PM  
Family Night - Wednesday 7:15 PM  
Home Life Groups & College/Young Adult Ministries  
Visit our Website: [www.jccag.org](http://www.jccag.org)  
4650 Shirley Gate Road, Fairfax  
Bill Frasnelli, PASTOR 703-383-1170

## Susan Allen, Chet Nagle to Address GOP Women of Clifton

The Republican Women of Clifton (RWC) have announced that Susan Allen, former First Lady of Virginia, and Chet Nagle, Naval Academy graduate, former CIA agent, and author of "Lazarus Man" will speak at its March meeting.

The event will be March 18 at Fairview Elementary School, 5815 Ox Road, Fairfax Station. The social half-hour begins at 7 p.m. and the business meeting and presentations follow at 7:30 p.m.

Allen grew up near Charlottesville and met her husband after casting an absentee ballot to elect him to the Virginia House of Delegates. They have 3 children and currently reside in Mt. Vernon. Susan is a notable speaker and contributes her talents to charitable causes. She currently serves on the James Madison University Board of Visitors and, in 2013, added author to her list of ac-



**Susan Allen**



**Chet Nagle**

complishments when her first book, "The Remarkable Ronald Reagan," was published. Chet Nagle was born in New York and attended the U.S. Naval Academy and Georgetown University Law Center. He worked in private and government defense roles focusing on the Middle East and Africa. Nagle founded an international geopolitical magazine, the Journal of Defense and Diplomacy, read in over 20 countries. He served as the Special Military Advisor to the Sultan of Oman, where he received their highest civilian honor. Nagle currently consults with government and industry, appears on television and radio, speaks and writes. He is the author of three novels, his most current, "Lazarus Man," will be available for autographed purchase.

For more information, visit [www.CliftonGOP.com](http://www.CliftonGOP.com).



# SPORTS

## Woodson Unfazed by 3OT Loss in Conference Final

**Cavaliers beat Robinson, Hayfield to reach region semifinals.**

BY JON ROETMAN  
THE CONNECTION

**A** triple-overtime loss in the Conference 7 championship game might have been a confidence crusher for less-experienced squads.

For the two-time defending region champion Woodson boys' basketball team, it was merely a bump in the road — and added motivation — en route to a bigger and brighter stage on which the Cavaliers are used to thriving.

Three days after losing to South County in the conference final, Woodson responded with a 70-55 victory over Robinson on Feb. 27 in the opening round of the 6A North region tournament at W.T. Woodson High School.

The following day, Conference 7 Player of the Year Eric Bowles carried Woodson to victory in the quarterfinals, scoring a career-high 38 points during a 69-62 overtime win over Hayfield at Hayfield Secondary School. The Cavaliers advanced to semifinals and were scheduled to face Battlefield on Wednesday, after The Connection's deadline. The winner would secure a state berth and advance to the region final, scheduled for 8 p.m. on March 6 at Robinson Secondary School.

**BOUNCING BACK** after a tough loss is nothing new to Woodson. The Cavaliers failed to win a conference/district title during their region-championship runs of the last two years, helping to lessen the blow of their triple-overtime loss to South County on Feb. 24.

In 2013, Woodson lost to Lake Braddock in the Patriot District semifinals, but responded with five straight victories. Woodson overcame a 19-point fourth-quarter deficit to defeat Wakefield in overtime of the AAA Northern Region final and beat Battlefield in the state quarterfinals before falling in the state semis.

In 2014, the Cavaliers suffered a one-point loss to Lake Braddock in the Conference 7 final — their third loss to the Bruins that season — before winning a fourth meeting with Lake Braddock in the 6A North region final.

"Conference tournament; that's numbers on a banner," Woodson head coach Doug Craig said. "We're geared toward winning the big games. If we get the conference [title, it's a plus] — we tried to — but it is what it is."

Woodson took control of Friday's game against Robinson midway through the sec-



**Eric Bowles led Woodson with 27 points during the Cavaliers' 70-55 win over Robinson on Feb. 27 in the opening round of the 6A North region tournament at W.T. Woodson High School. The following day, he scored a career-high 38 points in an overtime win over Hayfield.**

PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION

ond quarter. Trailing 21-19, the Cavaliers closed the first half on a 14-1 run. Senior guard Jackson Boehman buried a 3-pointer at the buzzer, giving Woodson a 33-22 advantage while causing a fired-up reaction from Craig as the Cavaliers headed to the locker room.

Woodson led by at least seven points throughout the second half. The Cavaliers' largest lead was 22.

**"It's a [downer] to not win the district championship, but it's also a positive because it's going to make us play harder."**

— Woodson senior Eric Bowles

"I thought we were fine," Craig said of the way the Cavaliers handled the conference final loss. "The one nice thing is we've been kind of through the ringer the last couple years — really big games, big losses, big wins. I think we have a very mature group that understands that this time of year you've got to play really well, you've got to do all the little things right and we didn't do that really against South County."

Bowles led Woodson with 27 points.

"I feel like ... the past three years [when we fell short in the district tournament],



**Woodson senior Tyler Wilson scored nine points against Robinson on Feb. 27.**

we've come out and played harder and worked hard to try to get the region championship," Bowles said. "It's a [downer] to not win the district championship, but it's also a positive because it's going to make

us play harder."

Matt Ayoub scored 13 points for Woodson, and Tyler Wilson finished with nine.

"We're a really resilient team," Wilson said, "and we're really good at taking that loss like we had the other night and flipping it into positive energy coming out in region tournaments."

Boehman also had nine points for Woodson. The senior knocked down a trio of 3-pointers, the final one giving the Cavaliers a 57-37 lead early in the fourth quarter.

"He probably will tell you he didn't have the year he was hoping to have," Craig said. "He's worked really, really hard in our program and he's done everything right. Some other guys just played a little bit better than he did this year so they kind of supplanted him. He really stayed with it, though. As a senior who didn't play a lot the last four or five games, he could have kind of pouted and not worked hard, but he kept practicing really hard and working so he'd stay ready and I think it showed tonight."

On Saturday, with his teammates misfiring or shying away at the offensive end, Bowles put Woodson on his back, almost single-handedly erasing a seven-point fourth-quarter deficit to force overtime.

"When all of us are struggling, we can always count on Eric," Ayoub said. "He's a great player."

**BOWLES**, who will play collegiately for Central Connecticut State, scored 15 of Woodson's 18 fourth-quarter points. He attacked the basket and drew contact at the end of regulation, but officials did not call a foul and the game went to overtime tied at 60.

"Especially after the fourth quarter, [when I felt] I got fouled, I'm not going to lie, I got pissed," Bowles said. "I just came out like: I'm just going to go up like I don't care — nobody's going to help me. That was my mentality — just go. Don't let anybody stop me."

Bowles scored five points in overtime, including a three-point play that put the Cavaliers ahead to stay with 3:42 remaining.

Woodson closed the game on a 9-0 run.

"He's fearless," Craig said. "He wants the ball at the end of the games. He's a great

teammate and his teammates trust him. He seems to be one of those guys when he gets tired, he just can always reach down for a little bit more and make tough shots and tough plays in tough situations."

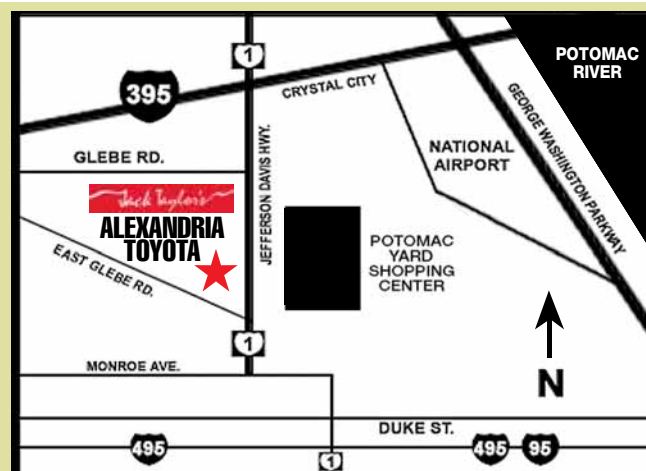


# Jack Taylor's ALEXANDRIA TOYOTA

3750 Jefferson Davis Hwy.  
Alexandria, VA 22305

**703-684-0710**

www.alexandriatoyota.com



## NEW! Extended Service Department Hours:

Monday – Friday, 7 am to 9 pm

Saturday, 8 am to 5 pm

Sunday, 10 am to 4 pm

Sunday by appointment only.

Make your next service appointment at:

**alexandriatoyota.com**

**You Have Saturdays Off**

*That's Exactly Why We Don't!*



**TOYOTA  
LIFETIME GUARANTEE**

Mufflers • Exhaust Pipes • Shocks • Struts  
Toyota mufflers, exhaust pipes, shocks, struts and strut cartridges are guaranteed to the original purchaser for the life of the vehicle when installed by an authorized Toyota dealer. See us for full details.



## Service & Parts Dept. Hours:

Monday - Friday, 7:00am to 9:00pm • Saturday, 8:00am to 5:00pm • SUNDAY, 10AM TO 4PM (by appt. only)

TOYOTA GENUINE SERVICE  
**BUY 3 TIRES AND GET 4TH FOR**



**\$1.00**



**PRICE  
MATCH  
GUARANTEE**  
ON ANY  
OEM TIRES

GOT TIRES? NO CHARGE ROAD HAZARD PROTECTION, TIRE WARRANTY, AND FREE COURTESY  
MULTI-POINT INSPECTION. SEE SERVICE ADVISOR FOR DETAILS.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 3/31/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.

EXTEND THE LIFE OF YOUR VEHICLE!  
**BG FLUID EXCHANGE SPECIAL**

TRANSMISSION FLUSH **\$189<sup>95</sup>**  
POWER STEERING FLUSH **\$139<sup>95</sup>**  
BRAKE FLUSH **\$139<sup>95</sup>**  
FUEL INDUCTION FLUSH **\$139<sup>95</sup>**

FOR TRANSMISSION FLUSH, TYPE T OR WS FLUID ADD \$50.00

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 3/31/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.

WE WILL

**MEET OR BEAT**

ANY LOCAL TOYOTA DEALERSHIP'S  
CURRENT ADVERTISED SERVICE  
SPECIALS

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 3/31/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.

TOYOTA GENUINE SERVICE  
**4 WHEEL ALIGNMENT**



**\$89<sup>95</sup>**

Your car's alignment suffers, and can cause uneven tire wear, steering problems and decreased fuel economy.

**INCLUDES:** Inspect suspension, ball joints, struts & shocks, tire condition and set tire pressure.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 3/31/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.

TOYOTA GENUINE SERVICE  
**SPRING  
DETAIL SPECIAL**

**\$119<sup>95</sup>**

Prepare your car's paint for the harsh spring road conditions. A full exterior buffing, paint sealant and wax, along with a vacuuming of the interior. Vans & SUVs add \$20.00.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 3/31/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.

TOYOTA GENUINE SERVICE  
**OIL & FILTER  
SERVICE SPECIAL**

**\$5<sup>00</sup> OFF**

**Includes:** Change oil, install Genuine Toyota oil filter, inspect & adjust all fluid levels and complimentary multi-point inspection with print out.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 3/31/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.

TOYOTA GENUINE SERVICE  
**10% OFF  
TIMING BELT  
REPLACEMENT**

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 3/31/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.

TOYOTA GENUINE SERVICE  
**5K, 10K, 20K, 25K, 35K  
MILE MINOR FACTORY  
RECOMMENDED  
MAINTENANCE  
SERVICE**

**\$54<sup>95</sup>**

SYNTHETIC OIL ADDITIONAL \$10. NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 3/31/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.

TOYOTA GENUINE SERVICE  
**TRUE START  
BATTERY SPECIAL**



**\$139<sup>95</sup>**

**INCLUDES BATTERY INSTALLATION**

**Includes:** 84 month warranty, 24 month FREE replacement, 24 month FREE roadside assistance, 60 month proration, PLUS we'll check all battery cables & connections.

Does not apply to hybrid vehicles.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 3/31/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.

TOYOTA GENUINE SERVICE  
**DETAIL SPECIALS**

**\$39<sup>95</sup>**

Wash & Vacuum

**\$139<sup>95</sup>**

Hand wash, wax & interior cleaning

**\$295<sup>95</sup>**

Full premium detail

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 3/31/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.

TOYOTA GENUINE SERVICE  
**BRAKE SPECIAL**

**\$99<sup>95</sup>**

**PADS**

**Includes:** Install Genuine Toyota front brake pads, inspect front & rear rotors & drums, check tire condition and inspect all hardware. TCMC pads only.

**MACHINE ROTORS AN ADDITIONAL \$199.95.**

DOES NOT APPLY TO ALL VEHICLES. PLEASE SEE SERVICE ADVISOR FOR DETAILS. NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 3/31/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.

**HEADLIGHT  
RESTORATION SPECIAL**

**\$139<sup>95</sup>**

**PER PAIR**



**Our professional headlight restoration service will repair cloudy or discolored headlights and restore optical clarity.**

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 3/31/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.



**ALEXANDRIA TOYOTA/SCION**  
3750 JEFFERSON DAVIS HWY. | ALEXANDRIA, VA 22305  
**703-684-0700 | ALEXANDRIATOYOTA.COM**  
**JUST MINUTES FROM REAGAN NATIONAL AIRPORT!**



**Let's  
Go  
Places**



ZONE 2: • BURKE  
• FAIRFAX • SPRINGFIELD  
• FAIRFAX STATION/CLIFTON/LORTON

# EMPLOYMENT

703-778-9411  
ZONE 2 AD DEADLINE:  
WEDNESDAY 11 A.M.

ZONE 2: • BURKE  
• FAIRFAX • SPRINGFIELD  
• FAIRFAX STATION/CLIFTON/LORTON

# CLASSIFIED

703-778-9411  
ZONE 2 AD DEADLINE:  
TUESDAY NOON

## BUSINESS OPP

**TELEPHONE**  
A great opportunity to  
**WORK AT HOME!**  
NATIONAL CHILDRENS CENTER  
No sell! Salary + Bonus + Benefits!  
**301-333-1900**  
Weekdays 9-4

## BUSINESS OPP

**TELEPHONE**  
A great opportunity to  
**WORK AT HOME!**  
NATIONAL CHILDRENS CENTER  
No sell! Salary + Bonus + Benefits!  
**301-333-1900**  
Weekdays 9-4

## Part Time Limo Driver

Weekends, Great Income  
Call Majestic Limo Service  
Fairfax, Va. (703)273-4222

## FUN JOB FOR MOMS

Local dog walking and pet sitting company,  
seeking fit adults for permanent year round  
positions. Must love dogs, and being outside.  
Cell phone, internet, flexibility, and a reliable  
vehicle a must. Competitive pay, fun work  
environment if you love animals! Call Abbie  
703-473-9768

## MEDICAL RECEPTIONIST

Busy Internal Medicine office in  
Burke needs part time front desk  
staff. Must be able to multi-task.  
Experience preferred.  
Email resume to  
patriciabounds@hotmail.com

## Editorial Assistant/Assistant Editor

Full-time assistant editor to help with all  
aspects of producing award-winning weekly  
newspapers, including daily web and social  
media updates.  
Must be a prolific, efficient, accurate  
writer/rewriter with good basic knowledge  
of AP style and clean copy. Self-starter with  
excellent time management skills who can to  
work independently and collaboratively with  
strong organizational skills, high productivity,  
attention to detail. Exciting opportunity to  
learn from excellent editors.  
Essential Responsibilities:  
Generating local content daily for print and  
online, including calendar & entertainment  
listings, news briefs, crime reports, business  
briefs, school and education notes, faith notes,  
photo galleries, etc.  
Monitor never-ending email, prioritize,  
download, edit, compile, post.  
Community engagement, communication  
with readers and sources. Continuously  
seeking new sources of local information.  
Copy editing, fact checking, familiarity with  
AP Style.  
Design and paginate weekly entertainment,  
calendar and notes pages for multiple papers.  
Update websites daily, post to social media.  
Stay on top of local breaking news, work with  
editor and reporters to update.  
Help transition to digital first workflow.  
Salary approximately \$30K, health insurance,  
paid vacation. Office is 2 blocks from King  
Street Metro station. Free parking.  
Send letter, resume, three clips or examples of  
work to resumes@connectionnewspapers.com

## Educational Internships

Unusual opportunity to learn many aspects of  
the newspaper business. Internships available  
in reporting, photography, research, graphics.  
Opportunities for students, and for adults  
considering change of career. Unpaid. E-mail  
internship@connec  
tionnewspapers.com

THE  
CONNECTION  
NEWSPAPERS

## \*\*EARN EXTRA INCOME\*\* SEASONAL/PART-TIME

Garden Center Merchandiser  
Bell Nursery, a nationally re-cognized  
grower/ vendor is looking for hardwork-  
ing people to stock our products at a  
garden center near you. Must be flexible  
for weekend work. For job descriptions  
and locations go to:  
www.bellnursery.com/careers

## Join the team of professionals

at a busy, progressive eye care practice  
in Burke, VA. Requires excellent  
communication skills, ability to multi-  
task, attentive to details and work with a  
large volume of patients. Duties include  
answering phones, checking in patients,  
and assisting doctors. Experience with  
multi-functional databases required  
with billing and insurance a plus,  
(training available). Availability is  
Monday through Friday with additional  
Saturdays. Please fax your resume with a  
cover letter to 703-451-9291 or email to  
business@virginiaeyecare.com.

## Diversified Farm Workers

Planting, cultivating, and harvesting fruits and  
vegetables from 3/30/2015 to 11/30/2015.  
For workers whose permanent residence is  
out of the area housing will be provided  
along with work tools, supplies, equipment.  
There is a 3/4 guarantee of the work period  
contract.  
Employer will provide transportation and  
subsistence expenses when 50% of comple-  
tion of work contract. Job opening is for  
13 temporary workers \$11.29 per hour.

Any workers interested please contact;  
Fruits & Vegetables by Lewis Orchards, LLC  
301-349-4101 or Job Services at MD  
Department Of Labor,  
Job order Number MD-368095

## HOW TO SUBMIT ADS TO

THE  
CONNECTION  
Newspapers & Online

## CLASSIFIED

**DEADLINES**  
Zones 1, 5, 6.....Mon @ noon  
Zones 2, 3, 4.....Tues @ noon  
E-mail ad with zone choices to:  
classified@connectionnewspapers.com  
or call Andrea @ 703-778-9411

## EMPLOYMENT

**DEADLINES**  
Zones 1, 5, 6.....Mon @ noon  
Zones 2, 3, 4.....Tues @ noon  
E-mail ad with zone choices to:  
classified@connectionnewspapers.com  
or call Andrea @ 703-778-9411

## ZONES

- Zone 1:** The Reston Connection  
The Oak Hill/Herndon Connection  
**Zone 2:** The Springfield Connection  
The Burke Connection  
The Fairfax Connection  
The Fairfax Station/Clifton/  
Lorton Connection  
**Zone 3:** The Alexandria Gazette Packet  
The Mount Vernon Gazette  
**Zone 4:** Centre View North  
Centre View South  
**Zone 5:** The Potomac Almanac  
**Zone 6:** The Arlington Connection  
The Vienna/Oakton Connection  
The McLean Connection  
The Great Falls Connection

## 101 Computers

## HDI COMPUTER SOLUTIONS

JENNIFER SMITH ♦ Serving the Area Since 1995

- > Speed up Slow Computers
- > Troubleshooting
- > Virus Removal
- > Computer Setup



(571) 265-2038

jennifer@HDIComputerSolutions.com

The biggest things are always  
the easiest to do because there  
is no competition.  
-William Van Horne

## 26 Antiques

We pay top \$ for STERLING,  
MEN'S WATCHES,  
JEWELRY, COSTUME  
JEWELRY, FURNITURE,  
PAINTINGS AND CLOCKS.  
Schefer Antiques  
703-241-0790  
theschefer@cox.net

For a free digital sub-  
scription to one or all  
of the 15 Connection  
Newspapers, go to  
www.connectionnews-  
papers.com/subscribe

Complete digital rep-  
lica of the print edition,  
including photos and  
ads, delivered weekly  
to your e-mail box.

Questions? E-mail:  
goinggreen@connection  
newspapers.com

THE  
CONNECTION  
NEWSPAPERS

## 101 Computers

## 21 Announcements

## 21 Announcements

**LEGAL NOTICE**  
Dr. My Quang Bui has  
Partnered with Inova Medical Group  
As he begins his retirement

To make an appointment or  
To request medical records

Patients may contact  
Inova Medical Group – Falls Church at  
703.531.2244  
6565 Arlington Blvd, Suite 500  
Falls Church, Virginia 22042

Patients below the ages of 21  
May make an appointment at  
Inova Medical Group – Annandale at  
703.429.2466  
7617 Little River Turnpike, Suite 600  
Annandale, VA 22003

## 21 Announcements

## 21 Announcements

## 21 Announcements

## WET BASEMENT??? CRACKED WALLS???

We Fix: Basements, Crawlspace,  
Cracked/Settling Foundations, Bowing Walls

**800-772-0704**

seal-tite

**FREE ESTIMATES**

Serving you since 1972

Call Now! 10% Limited Time Coupon

Some Restrictions Apply

## 21 Announcements

## 21 Announcements

## 21 Announcements

**LIFETIME METAL ROOFING**  
by VA CAROLINA BUILDINGS  
45 Year Warranty  
Financing Available  
Licensed & Insured  
Local Contractor  
**12 MONTHS SAME AS CASH!**  
w.a.c  
**1-800-893-1242**  
Call For Your Free Roof Inspection!

FREE ESTIMATE  
ENERGY STAR  
Storm Proof Metal Roofing

## 21 Announcements

## 21 Announcements

## 21 Announcements

## 21 Announcements

## HAS YOUR CORN FARM LOST MONEY?

Despite China's refusal to approve Syngenta's GMO  
seed, Syngenta continued to sell its seed to U.S.  
corn farmers. When China banned U.S. corn imports,  
the price of corn fell dramatically, and corn farmers  
across the country lost BILLIONS of dollars.

## We represent individual farmers.

Our team represented over 2000 individual farmers in the Rice GMO claim. We opposed the class  
action and secured more for the farmers we represented. Our group of lawyers will continue  
meeting with farmers with respect to each farmer's individual Syngenta claim.

Corn Farmer Lawyers  
PULASKI & MIDDLEMAN PLLC  
PHIPPS CAVAZOS PLLC

Call for your FREE  
Consultation

www.cornfarmlawyers.com 1 (855) 688-SEED (7333)

Pulaski & Middleman, PLLC | Principal Office 4615 SW Fwy, Ste. 850, Houston, TX 77027  
Phipps Cavazos PLLC | Principal Office 102 9th Street, San Antonio, TX 78215

INFORMATIONAL ADVERTISEMENT: The information presented is not intended to be legal advice. The hiring of a lawyer is an important decision  
that should not be based solely on advertisement. The lawyer responsible for the content of this ad is Adam Pulaski.

## SUPERMAN HAD FOSTER PARENTS

Kids in our community need super parents  
like you to foster or adopt. You can be the wind  
beneath their cape.

Call us today! 855-367-8637

www.umfs.org



UMFS  
Unwavering champions  
for children and families.



ZONE 2: • BURKE  
• FAIRFAX • SPRINGFIELD  
• FAIRFAX STATION/CLIFTON/LORTON

# HOME & GARDEN

CONNECTIONNEWSPAPERS.COM

CONTRACTORS.com

703-778-9411

ZONE 2 AD DEADLINE:  
TUESDAY NOON

NEWS

## Assembly

FROM PAGE 5

discretion for the waivers.

"This will save students a lot of unnecessary testing so they can focus on other matters other than memorizing material for an SOL," said Surovell.

**Sen. Chap Petersen (D-34)** drafted SB965 with ambitious intent to limit law enforcement's ability to collect data on citizens — specifically through license plate-reading technology — without proven just cause, an investigation or a warrant.

"We've effectively outlawed that," said Petersen. "Law enforcement saw it as a tool to help solve crime, that they should collect information that may be relevant at a later time. But there has to be limits on it. Government really can't scrutinize or follow individuals without some kind of basis."

**Sen. George Barker (D-39)** and Del. James M LeMunyon (R-67) had identical legislation (SB1122 and HB1715, respectively) pass both bodies that requires Virginia colleges to immediately notify parents and proactively handle suicide risks on campus with a coordinated support network involving the student, friends, health or counseling centers on campus, and parents. Barker has worked on similar bills for the last several years, spurred by the suicide of Virginia Tech student and Fairfax County resident Daniel Kim. Virginia Tech created its own policy for reporting suicide risks to parents, but not all Virginia universities followed suit. "Universities resisted for several weeks on things," said Barker. "They acknowledged it was an issue, but said we want to think about it for awhile and talk about it later. We've been talking about this for a couple years and haven't gotten anywhere yet. Rather than putting it off, let's move it. We finally proposed some language to help it move forward."

**Sen. Dave Marsden (D-37)** saw McAuliffe sign his SB1235 along with Dave Albo's HB1445: Both effectively decriminalize the possession and use of marijuana plant extracts as medicine.

"It was a powerful experience for all of us," said Marsden. "Before I could walk into the bill signing room, I had to get my emotions under control, just to realize you're doing something that's going to impact thousands of kids. Virginia being conservative case that it is, the legalization of marijuana is something people didn't want to talk about. Finally science won out over fear."

**Sen. Toddy Puller (D-36)** was disappointed to see the House of Delegates kill her veterans special docket bill SB903, however SB675 and SB676 were successful, facilitating creation of two veterans care and assisted living facilities with over \$60 million in federal funding.

"Veterans, they're not getting any younger," said Puller. "This will be a way to take care of them the rest of their lives. It's very important that it be available."

### CLEANING

**MAGALI CLEANING SERVICE**  
15 Years Experience.  
Excellent References.  
VA, MD, DC  
**20% off 1st time service**  
Available 7 days a week  
**571-332-6407**  
www.magalicleanerservices.com

### CLEANING

### IMPROVEMENTS

### IMPROVEMENTS

**The HANDYMAN**  
A DIVISION OF NURSE CONSTRUCTION  
BATHROOM REMODELING, DRYWALL, PAINTING, CERAMIC TILE, CARPENTRY, POWER WASHING & MUCH MORE  
You have tried the rest - NOW CALL THE BEST!!  
Proudly serving Northern VA - 46 yrs. exp.  
Licensed Insured We Accept VISA/MC  
**703-441-8811**

### LANDSCAPING

**A&S CONSTRUCTION**  
Bathrooms, Kitchens, Flooring, complete remodeling.  
**703-863-7465**

### TREE SERVICE

**ANGEL'S TREE REMOVAL**  
Brush & Yard Debris  
Trimming & Topping  
Mulching & Hauling  
Angeltreeslandscaping-hauling.com  
**703-863-1086**  
**703-882-3709**  
**240-603-6182**

### ELECTRICAL

### ELECTRICAL

**K & D ELECTRIC**  
COMMERCIAL / RESIDENTIAL SERVICE  
Family Owned & Operated  
Recessed Lighting  
Ceiling Fans  
Phone/CATV  
Computer Network Cabling  
Service Upgrades  
Hot Tubs, etc...  
Licensed/Bonded/Insured  
Office 703-335-0654  
Mobile 703-499-0522  
lektrkman28@gmail.com

**R&N Carpentry**  
♦ BASEMENTS ♦ BATHS ♦ KITCHENS  
Foreclosure specialist/Power washing  
♦ Exterior Wood Rot More!  
Deck & Fence repair, Screen Porches  
No jobs too large or small  
Free est. 37 yrs exp. Licensed, Insured  
**703-987-5096**

### JUNK HAULING

Junk, Rubbish, Homes, Offices, Commercial, Yard/Construction Debris, Lot Clear out, 24 hrs day, General Hom Work.

**703-520-3205 N-VA**

Do what you can, with what you have, where you are.  
-Theodore Roosevelt

### LAWN SERVICE

### LAWN SERVICE

**PINNACLE SERVICES, INC.**  
**LAWN SERVICE**  
**MOWING, TRIMMING, EDGING, MULCHING & TRIM HEDGES**  
Friendly Service for a Friendly Price  
**703-802-0483**

### MASONRY

### MASONRY

**BRICK AND STONE**  
**Custom Masonry**  
**703-768-3900**  
www.custommasonry.info  
Patios, Walkways, Stoops, Steps, Driveways  
Repairs & New Installs • All Work Guaranteed

### TREE SERVICE

### TREE SERVICE

**Quality Tree Service & Landscaping**  
Reasonable prices. Licensed & insured.  
**Fall Cleanup...**  
Tree removal, topping & pruning, shrubbery trimming, mulching, leaf removal, planting, hauling, gutter cleaning, retaining walls, drainage problems, etc.  
25 years of experience - Free estimates  
**703-868-5358**  
**24 Hour Emergency Tree Service**

### GUTTER

### GUTTER

**GUTTER CLEANING**  
Gutters and Downspouts Cleaned  
Small Repairs • Gutter Guards  
**PINNACLE SERVICES**  
lic/ins **703-802-0483** free est.  
email jamie@lawnsandgutters.com  
web: lawnsandgutters.com  
Friendly Service with a Friendly Price!

**R.N. CONTRACTORS, INC.**  
Remodeling Homes, Flooring, Kitchen & Bath, Windows, Siding, Roofing, Additions & Patios, Custom Deck, Painting  
We Accept All Major Credit Cards  
Licensed, Insured, Bonded • Free Estimates • Class A Lic  
Phone: **703-887-3827** Fax: **703-830-3849**  
E-mail: [rncontractorsinc@gmail.com](mailto:rncontractorsinc@gmail.com)  
www.rncontractors.com

### HANDYMAN

### HANDYMAN

**SPRINGFIELD HANDYMAN**  
► Small Home Repairs  
► Good Rates  
► Experienced  
**703-971-2164**

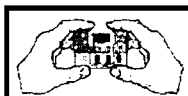
## RCL HOME REPAIRS

Handyman Services

Springfld • Burke • Kingstowne  
Light Electrical • Plumbing • Bathroom Renovation • Ceramic Tile • Drywall Repair

**703-922-4190**

LIC. www.rclhomerepairs.com INS.



## Hand and Hand Handyman

**General Remodeling Residential & Commercial**  
Specializing in:

Kitchen/Bathroom/Basement Remodeling  
Plumbing • Electrical • Custom Carpentry  
Doors Windows • Hardwood Floors  
Crown Molding • House Cleaning  
Interior/Exterior Painting • Brick/Stone Work  
Ceramic Tile • Decks, Fences, Patios  
HOA Maintenance, Granite Counter Tops  
**Realtors Work and Much More**

Licensed and Insured Serving Northern Virginia

**703-296-6409**

## A&S Landscaping

- All Concrete work
- Retaining Walls • Patios
- Decks • Porches (incl. screened) • Erosion & Grading Solutions
- French Drains • Sump Pumps
- Driveway Asphalt Sealing

**703-863-7465**

LICENSED

Serving All of N. Virginia

**Picture Perfect**  
Home Improvements  
**(703) 590-3187**

Remodeling Bathrooms, Kitchens & Basements

Exterior & Interior Repair, Painting, Carpentry, Wood Rot, Drywall, All Flooring, Decks

- FREE Estimates
- EASY To schedule
- FAST & Reliable Service
- NO \$\$\$ DOWN!

Handyman Services Available

<http://www.pphionline.com/>

"If it can be done, we can do it"

Licensed - Bonded - Insured



## HOW TO SUBMIT ADS TO

**THE CONNECTION**

Newspapers & Online

**CLASSIFIED • CHOOSE 1 TO 6 ZONES**  
E-mail [classified@connectionnewspapers.com](mailto:classified@connectionnewspapers.com) or call Andrea @ 703-778-9411

**EMPLOYMENT • CHOOSE 1 TO 6 ZONES**  
E-mail [classified@connectionnewspapers.com](mailto:classified@connectionnewspapers.com) or call Andrea @ 703-778-9411





# LONG & FOSTER® # 1 in Virginia

703-425-8000



**Carol Hermendorfer**  
703-216-4949

**C.A.R.O.L.**  
**Hermendorfer Associates**  
Top 1% of Agents Nationally



**Clifton - \$1,195,000**

Stately home on perfect 2 acres. Updates and wonderful features throughout - incredible attention to details!

View more photos at [www.hermendorfer.com](http://www.hermendorfer.com)



**Fairfax Station - \$1,200,000**

Gorgeous all brick custom home on 5 beautiful acres, in a lovely community, is an oasis w/ beautiful landscaping, pool & patio.



**KIM MCCLARY**  
703-929-8425

[kimm@lnf.com](mailto:kimm@lnf.com)

Life Member NVAR Top Producers



**Springfield \$634,900**

\$25K Price Improvement! Don't miss this sensational Van Metre-built 4 BR, 2 Full, 2 Half-Bath Colonial tucked on a private, wooded lot

in sought-after South Run Crossing! This 3-Level Beauty features a magnificent sunroom addition, plus updates/upgrades galore: fresh paint throughout, new carpet throughout, hardwoods, granite & more! Unbeatable location... just 1 light to the Fairfax County Parkway, and a quick hop to Franconia/Springfield Metro, 95/495, and area amenities.



**Alex/Kingstowne Incredible Value!! \$295,000**

Sensational 2 BR, 2 BA condo in sought-after Kingstowne offers 1,170 sq ft of living space! This patio-level home is in a secure bldg surrounded by trees and offers parking galore for residents and guests! Enjoy Kingstowne amenities: 2 rec ctrs, pools, exercise rooms & more! Unbeatable location—quick hop to Ft. Belvoir, 2 Metros (Franconia/Springfield & Van Dorn); 95/495/Fairfax County Pkwy. The list is endless—don't miss this beauty!! Priced below tax assessment to sell today!!



**JUDY SEMLER**

703-503-1885

[judys@LNF.com](mailto:judys@LNF.com)

[www.JudysHomeTeam.com](http://www.JudysHomeTeam.com)



**Fairfax/Kings Park West**

**\$475,000**

Lovely 4 bedroom home with garage \* Wood floors \* Updated kitchen that opens to private patio \* Living room with fireplace \* Family room opens to deck & hot tub \* Large fenced back yard \* Fresh paint & carpet. Call Judy for more information.



**West Springfield**

**\$2,250/mo**

Lovely rambler with 4 bedrooms & 3 full updated baths \* Refinished wood floors on main level \* Updated eat-in kitchen \* Fresh neutral paint \* Fireplace in recreation room \* Fenced back yard w/storage sheds \* Multi-level decking \* Driveway parking. Call Judy for more information.



**DIANE SUNDT**

703-615-4626

Military Relocation Specialist



**Centreville**

**\$339,999**

**Coming Soon!**

Gorgeous 3 BR/2.5BA home with a rear loading one-car garage. Beautiful hardwood floors on main level. Open concept. Kitchen has stainless appliances & granite countertops. Big bedrooms! Upper level laundry. Luxury master bathroom. Move-in condition. Location can't be beat! For more info call Diane 703-615-4626.

**John & Jennifer Boyce**

703-425-JOHN (5646)

[jennifer.boyce@longandfoster.com](mailto:jennifer.boyce@longandfoster.com)

[www.425JOHN.com](http://www.425JOHN.com)



**Haymarket**

**\$529,900**

Elegant Living In Dominion Valley Gated Golf Course Community \* Blocks To Country Club & Shopping \* Entertaining Is Effortless W/ Open Floor Plan \* Gleaming Hardwood Floors \* Gourmet Kitchen \* Impressive Two Story Foyer And Family Room \* Master Suite Includes Sitting Area & Luxury Bath W/ Separate Shower & Soaking Tub \* Beautiful Flat Rear Yard \* Quiet Street \* Move In Ready!!!



**DAVID & VIRGINIA**

Associate Brokers

703-690-1795

[www.BillupsTeam.com](http://www.BillupsTeam.com)



**Alexandria**

**\$679,900**

Close to Kingstowne, METRO & Fort Belvoir! Big 4 level colonial updated with granite kitchen, new hwd flooring, windows & roof! Huge fenced yard. 4BR, 4.5BA, office, finished walkout bsmt! [www.7043DevereuxCircle.com](http://www.7043DevereuxCircle.com)



**Fairfax Station**

**\$659,900**

Main floor master bedroom suite! 5BR, 3.5BA. Finished walkout basement with brand new BR & full bath + huge rec room! Updated kitchen & bathrooms! New HVAC system. Backs to woods! [www.8049OakHollow.com](http://www.8049OakHollow.com)



**BUZZ & COURTNEY JORDAN**

Your Local Father/Daughter Team!

703-503-1866 or 703-503-1835

[TheJordanTeam@longandfoster.com](mailto:TheJordanTeam@longandfoster.com)

[www.TheJordanTeam.com](http://www.TheJordanTeam.com)



**Burke**

**\$549,900**

Burke Centre colonial. 3 levels/4 bedrooms/2.5 baths/large walkout unfinished basement/Family Room w/frpl/2 car garage. Close to elementary school/transportation/shopping. Buzz Jordan 703-503-1866

**Sheila Adams**

703-503-1895

Life Member, NVAR Multi-Million

Dollar Sales Club

Life Member,

NVAR TOP PRODUCERS



**Fairfax/Fairfax Club Estates**

**\$589,900**

**Coming Soon**

Charming Colonial beauty ready for market soon. 4 Bedrooms, 2 1/2 Baths, brand new remodeled Kitchen w/ granite counters, new hardwood flooring on main level, new carpeting upstairs, updated baths, newer windows, furnace, A/C, roof & siding. Wow...it is perfect, nothing to do but move right in. Call Sheila 703-503-1895

**New Listing Open Sunday**  
**1 pm - 4 pm**



**Springfield • \$525,000 • Premium Golf Course Lot • .23 Acres**

For more information, go to [www.JAHomes4u.com](http://www.JAHomes4u.com) or [John.Astorino@LNF.com](mailto:John.Astorino@LNF.com)

**JA**  
**JOHN ASTORINO**  
Associates  
Experience...The Difference!



**John Astorino**  
Realtor  
703.898.5148



**Karen Schiro**  
Realtor  
703.509-3888

**Mickie Shea** Associate Broker, CRS, GRI, e-PRO  
[Mickie@FairfaxVaHouses.com](mailto:Mickie@FairfaxVaHouses.com)  
**703-503-1817**  
No Blarney...Just Top Notch Real Estate Advice

**Why It's a Great Time to BUY:**

- ✓ Interest Rates are Low
- ✓ FHA has lowered their mtg insurance rate, allows for 3.5% down payment... *good for first time buyers!*
- ✓ Cheaper to buy then to rent.

**Let me put 29 years of experience to work for YOU!**  
*Set up an appointment with Mickie, today.*

**Catie, Steve & Associates**

Direct: 703-278-9313

Cell: 703-362-2591

Life Members, NVAR Top Producers  
Multi-Million Dollar Sales Club



**Coming Soon Fairfax Middleridge**

A walk in the park! Beautiful colonial, sited on a gorgeous cul-de-sac lot. Fall in love with the azalea rimmed yard with custom

brick walkway, front porch, garage/workshop; 6-panel doors, new windows, gleaming HW floors & new carpet. Huge rooms, fireplace & an impressive lower level. Beautifully maintained & ready to move in!

**Access the Realtors Multiple Listing Service: Go to [www.searchvirginia.listingbook.com](http://www.searchvirginia.listingbook.com)**