Runners take off at last year's Autism Speaks 5K run. The fundraising event returns July 4.

BUMP

Join in the Race

News, Page 3

Seeking Approval To Add Pavilion

NEWS/SPAGE 3

Students Promote Bone Marrow Registry

SCHOOLS L BAGEALLE 11

Big Train Sports League's Best Record

SPORTS: PAGEA 9 E 9

Roulette Chursday



Summer Sale Has Begun!

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Thursday, June 25th

10am-8pm

Sip, Shop & Spin the Wheel for your discount!



9906 River Road, Potomac, MD 20854 Tel.: 301-299-0485

JT's discounts available for purchases day of event ONLY

News





Steve Hickman and John Devine perform.

Dance, Dance, Dance

Those attending the American Folk and African Roots Concert and Dance at the Potomac Community Center last month danced to the music.



New for 2015

utism Speaks 51 Stroller Derby

News

Autism Speaks 5K Celebrates Its 15th Year

New stroller derby added.

By Susan Belford THE ALMANAC

here is more to July 4 than just fireworks and barbecues. Come to Potomac early in the morning and race in the Autism Speaks 5K run/1 mile walk and Stroller Derby. The hills of Potomac will abound with runners racing for the many children, young adults and families affected by autism. This year will feature a Stroller Derby for racers – and after the start is announced, walkers will enjoy ambling through the picturesque neighborhoods of Potomac.

For 15 years, 1,600 or more runners and walkers have dedicated the morning of Independence Day to this fundraising event. By 8 a.m., they are gathered at the Potomac Library on Glenolden Drive en masse to support the 5K Run/1 Mile Fun Run for Autism Speaks — an organization that raises awareness as well as research funds for the many children and families that are affected by autism. One is 68 children in the U.S. is diagnosed with autism - a 30 percent increase from one in 88 in 2012 and a 75 percent increase in the last 5 years.

The founder of the Autism Speaks 5K event is Susan Pereles of Potomac. She is thrilled that the race has become a Potomac July 4th tradition. "I am pleased that the number of racers increases each year, more



At last year's race, Victor Zirkelbach of Olney as Captain America celebrates completing the course.

than 100 teams participate and we were able to raise \$285,000 for autism research last year. Our incredible presenting sponsors, BOWA and PMGI help to make this race so successful along with the many other sponsors who support us year after year. However, this year the race falls on a Saturday, which means that many of our usual participants are not available, due to other commitments. I'm hoping that Potomac area residents will make a special effort to come out to support our cause," she said.

"Anyone who is not able to come to the

race can participate in our 'Virtual 5K.' Just register and support the cause from the beach, the mountains or from anywhere you happen to be. Last year, people registered from London, Afghanistan, Kosovo and Hawaii. You can sleep on your couch or run on a treadmill. Whatever you do, you will be helping our cause," she added.

Pereles was motivated to create this 5K because her nephew was diagnosed with autism at an early age and to go to work for Autism Speaks where she is a director of Field Development. Her nephew is now a teenager, and his parents are looking at options for transition, employment and housing for him as he becomes an adult.

A report by Drexel University titled "National Autism Indicator's Report: Transition into Young Adulthood" cites that "About a half-million youth with autism will enter adulthood over the next decade. Most will continue to need some type of services or supports - even among the most cognitively able. Some will enter college. Many will seek employment. Some may not have the skills to do either."

When an autistic student leaves high school between the ages of 18 and 21, he

SEE ANNUAL EVENT, PAGE 4

Old Angler's Inn Owners Seeks Approval To Add Pavilion

Neighbors invited to attend discussion meetings.

By Susan Belford The Almanac

y mother's dream was to build a romantic country inn in a natural setting on the land she owned behind Old Angler's Inn (OAI)," said OAI owner Mark Reges. "However, she was never able to find the time to construct this charming French country inn to share with others as she envisioned it."

Mark and Sara Reges are hoping to make the dream of his mother come true by adding a wedding/event pavilion and fourroom inn that would be consistent with the historical architecture of OAI while providing an event space to the Potomac/Bethesda area.

"The tranquility of OAI would remain the same but we would be providing a wedding/event facility — not a hotel, country club or restaurant but a lovely setting which will also offer four guest rooms next to the event space," said Reges. "OAI is located on



with architectural renderings of the two overnight suites which will provide housing for four couples as well as the wedding pavilion.

Mark Reges

Рното Contributed

seven acres — and we are only requesting to use 2.9 acres, so much will remain the

The couple has been sharing their plans with family, friends and neighbors for a while — but are now trying to make them a reality. They filed their architectural renderings with the Montgomery County Planning Board in March 2015 and believe the hearing will be in the fall.

While some Potomac residents are in fa-

vor of the addition, some neighborhood associations, as well as the West Montgomery County Citizens Association (WMCCA) have voiced concerns that the pavilion might increase traffic along MacArthur Boulevard, the noise of the events could disturb the neighbors adjacent to OAI, and the development may ecologically endanger the trees and plantings behind the OAI.

Mark Reges is also an attorney who has researched all of these areas of concern. "As

far as noise is concerned, we will be building an indoor event room with a commercial kitchen and an office. There will be no outdoor entertaining space. If we permitted a lot of noise, we would be ruining the peaceful setting of OAI — and hurting our own restaurant environment," he said. "The wedding/event pavilion will be 9,000 square feet — smaller than many Potomac homes, and will hold up to 240 people. It will be located in a clearing above OAI and not noticeable from MacArthur Boulevard."

The couple has hired Middleburg Architects, experts in historical design, to research the architecture of OAI and provide renderings that are consistent with the materials and style of the restaurant.

As far as traffic issues and parking are concerned, Reges said, "We are building 80 new parking spaces on our property, so parking for events will not be an issue. Traffic is quite heavy on MacArthur Boulevard during the morning hours when kayakers, hikers and walkers use the C&O Canal. Bikers are prevalent in the morning too. However, most of our events will be held in the afternoon and evening when there is very little traffic on MacArthur. If anything, the area behind OAI will be more manicured.

SEE OLD ANGLER'S, PAGE 4

POTOMAC ALMANAC ❖ JUNE 24-30, 2015 ❖ 3

Annual Event Raises Funds for Autism Research

From Page 3

or she is no longer eligible for services received since pre-school or before. The legal mandate for services ends with high school, and there is no federal requirement for providing support services in adulthood; instead adults with autism must follow different procedures for qualifying for any kind of transition services.

For years, research funds have been dedicated to discovering the cause and treatments for those on the autism spectrum. However, as youth enter adulthood, funds must be channeled to the problem that is at hand and in the future: how to provide training, careers, employment and housing for autis-

tic adults. "This data brings the importance of the race into perspective," said Pereles. "The more money we raise, the more research can be done to solve the problem that our nation is facing of how to best help and support autistic youth as they enter into adulthood. The needs are not going to go away - they are only increasing. Children grow up and autism doesn't end with adulthood."

Local resident Peggy Dillenberg volun-

teers yearly for the race. She is the parent of twin boys, one who is autistic. She said, "We are knee-deep in planning for my autistic son's future. We will need to figure out where he will live and if there will be sufficient adult services. Each autistic adult will have different requirements because each is different. My son will need one-onone support vocationally and in his liv-

> ing environment for the rest of his life. He will require therapy, job skills training and to live in an environment where his needs are cared for. I have been told that in Montgomery County the wait list for these services could be as long as 15 years.

> > I worry about his future ev-

ery single day."

Marley Rave, director of the Washington Capital Autism Speaks, said, "There is a tsunami of young adults with autism coming of age. The face of autism is changing and we need to change the future for those adults. Families are saying: What happens now that the school bus stops coming? No other 5K has had more participants across the nation — or raised more money. However, the annual cost to a family of an autistic child is \$60,000 a year and how can most families support these



Winners of last year's best costume contest were **Kyle Everett**, **Brendan** Coyne, Adam Sendor, and Jonathan Weil.

Contributed

Dillenberg also speaks about the impact that Autism Speaks has had on her life. "Autism Speaks provides resource fairs, town hall meetings and information for parents concerning specific needs over the course of a child's lifetime. I have learned a lot about how other families cope and the best resources to meet my child's needs. Autism Speaks also lobbies for legislative action. Congress just passed the ABLE bill that aims to ease financial strains faced by parents with children with disabilities by making tax-free savings accounts available to cover

qualified expenses such as education, housing, and transportation. Now this law must be approved by every state. It is incredibly important legislation. Most parents save for four years of college for their children, but parents of disabled children must save for their child's entire life. It's daunting.'

Pre-registration for the 2015 Autism Speaks Run/Stroller Derby/Walk is available on-line at www.autismspeaks.org/ autismspeaks5Kpotomac. Registration and packet pick-up are available on July 4 from 6:30-7:30 a.m. or at Fleet Feet in Gaithersburg on June 27 from 1-4 p.m.

Old Angler's Inn Owners Seeks Approval To Add Pavilion

From Page 3

It will be exceptionally attractive and will have no impact on the Canal."

The new building will be constructed behind OAI in an open area. Some trees will be removed and county drainage and storm management requirements as well as environmental building requirements will be

The couple is planning to invite members of neighboring communities such as River Falls, Avenel, Woodrock and the Brickyard Coalition to open discussion meetings this summer to learn about their proposed project and to take them on a walking tour. They placed the renderings on the OAI patio a few weeks go with a petition and have already received 700-plus signatures in favor of their building project.

"We need to be able to expand our business model in order to stay in business for the next generation and beyond," Reges said. "The restaurant business has become more and more competitive and without these improvements and changes, we might not be able to stay in business. Sara and I want to preserve the dreams of my mother and turn them into a reality."

To learn more about the project, go to oldanglersinn.com.

> The area where the wedding pavilion will be built is a clearing among trees.



BULLETIN BOARD

Email announcements to almanac@ connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Deadline is Thursday at noon, at least two weeks before event.

THURSDAY/JUNE 18

County Council Meeting-**Government Operations and** Fiscal Policy. 9:30 a.m. at Council Hearing Room, 100 Maryland Ave., Rockville The Montgomery County Council will hold a forum to discuss: OHR Teleworking Policy, Executive Regulation 16-13, Amendments to

Personnel Regulations. Visit

County Council Meeting—Public Safety/Planning, Housing and **Economic Development.** 2 p.m. at Council Hearing Room, 100 Maryland Ave., Rockville. The Montgomery County Council w hold a forum to discuss: OLO Report 2015-8, An Evaluation of the Commission on Common Ownership Communities. Visit www.montgomerycountymd.gov/

County Council Meeting— Planning, Housing and Economic Development. 3 p.m. at Council Hearing Room, 100 Maryland Ave. Visit www.montgomerycountymd.gov/

SATURDAY/JUNE 20

Health Fair and Seminar, 9:30 a.m. 12:30 p.m. at The Jane E. Lawton community recreation center, 4301 Willow Lane, Chevy Chase. Free. Space is limited, online registration encouraged. Visit www.eventbrite.com/e/get-ahead-ofyour-health-tickets-17140083451?aff=es2 for more info.

MONDAY/JUNE 22

County Council Meeting. 12:30 p.m. at Council Hearing Room, 100 Maryland Ave., Rockville. The Montgomery County Council will have a Meeting with Maryland Association of Counties. Visit council.

TUESDAY/JUNE 23

Networking Workshop for 50+ **Job-seekers.** 2-4:30 p.m. at 12320 Parklawn Drive, Rockville. The workshop sponsored by the Jewish

Council for the Aging features networking gurus Margo Smith and Amy Kass and LinkedIn expert Shira Harrington, and includes demonstrations, opportunities to practice your networking skills, and personalized feedback. The workshop fee is \$50. Call 301-255-4215.

THURSDAY/JUNE 25

County Council Meeting—Health & Human Services. 9:30 a.m. at

Council Hearing Room, 100 Maryland Ave., Rockville. Visit www.montgomerycountymd.gov/ council.

HOME SALES In May 2015, 59 Potomac homes sold between \$1,925,000-\$508,000. This week's list represents those homes sold in the \$1,925,000-\$646,000 range. For the complete list, visit www.ConnectionNewspapers.com

Address											
11513 DALYN TER											
12021 EVENING RIDE DR											
8911 BRADLEY BLVD											
9723 BEMAN WOODS WAY											
8805 MAYBERRY CT											
10405 BUCKBOARD PL	. 6	. 4.	1 .	POTOMAC		\$1,325,000		Detached	0.39	20854 .	RIVER FALLS
11101 TARA RD											
10702 MAPLECREST LN	. 5	. 5.	1 .	POTOMAC		\$1,255,000		Detached	0.31	20854 .	PINEY GLEN VILLAGE
7941 SANDALFOOT DR	. 5	. 5.	1.	POTOMAC		\$1,239,000		Detached	0.22	20854 .	AVENEL
10509 DEMOCRACY LN	. 5	. 4.	1.	POTOMAC		\$1,224,000		Detached	0.23	20854 .	INVERNESS FOREST
7824 LAUREL LEAF DR	. 4	. 5.	1 .	POTOMAC		\$1,200,000		Detached	0.43	20854 .	FAWSETT FARMS MANOR
7313 RIVER FALLS DR	. 5	. 5.	1 .	POTOMAC		\$1,190,000		Detached	0.35	20854 .	RIVER FALLS
9917 CONESTOGA WAY											
9912 SORREL AVE											
10823 HILLBROOKE LN											
11145 WILLOWBROOK DR											
11105 STACKHOUSE CT											
9430 REACH RD											
12705 LINCOLNSHIRE DR											
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11905 CENTURION WAY											
11301 HAWHILL END											
12721 HUNTING HORN CT											
11427 PATRIOT LN											
12717 HUNTING HORN CT											
8806 TALLYHO TRL											
1529 BLUE MEADOW RD											
11004 LAMPLIGHTER LN											
10422 WINDSOR VIEW DR											
11109 POST HOUSE CT											
8621 RED COAT LN											FOX HILLS
10427 FLOWERFIELD WAY											
11600 BUNNELL CT S											
11500 GAUGUIN LN											
18 LOCKS POND CT											
1235 DERBYSHIRE RD											
10412 OVERGATE PL											
8324 TUCKERMAN LN											
12209 RED CHURCH CT											
11711 MILBERN DR	. 4	. 2.	1 .	ROCKVILLE	3	\$715,000		Detached	0.21	20854 .	REGENCY ESTATES
11604 MILBERN DR	. 4	. 2.	1 .	ROCKVILLE	3	\$715,000		Detached	0.22	20854 .	REGENCY ESTATES
12500 PARK POTOMAC AVE #204	. 2	. 2.	1.	POTOMAC		\$679,000		Hi-Rise 9-	Floors	20854 .	PARK POTOMAC CODM
10714 GAINSBOROUGH RD	. 4	. 2.	1 .	POTOMAC		\$670,800		Detached	0.24	20854 .	FOX HILLS
8212 JEB STUART RD											
7 SUNNYMEADE CT											
7806 TURNING CREEK CT											
8420 TUCKERMAN LN											
				1 01 01 1 1 1 1 1 1 1 1 1 1 1 1 1 1		,					15 2015

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Retired Racehorse Project Polo Match with HOSSO

June 28 at 3 PM PUBLIC WELCOME: Gates Open at 1pm

14660 **Hughes Road** Poolesville, MD 20837



Come for fast horses and a fun time \$20 per car

Embassy Row Series: Independence Cup Sponsored by Bassett's Restaurant July 5 at 3 PM



FREEMAN'S

Sell Your Pennsylvania Furniture & Decorative Arts with Us

e invite you to celebrate the design and craftsmanship of Pennsylvania furniture makers and artists with The Pennsylvania Sale. Now in its tenth year, this specially curated auction will include historical manuscripts and documents, furniture, folk and decorative arts as well as silver, porcelain, and textiles made in the Quaker state from the Colonial period through the 20th century. We invite you to sell your Pennsylvania designers and makers in this landmark auction.

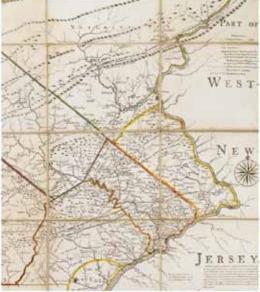
For a complimentary auction estimate with a view to sell in the upcoming sale, please contact:

Furniture, Folk & Decorative Arts Lynda Cain | 267.414.1237 Icain@freemansauction.com

Books & Manuscripts David Bloom | 267.414.1246 dbloom@freemansauction.com 20th Century Design Tim Andreadis | 267.414.1215 tandreadis@freemansauction.com

The Pennsylvania Sale: 10th Anniversary Auction 11/10/15











Entertainment

Email community entertainment events to almanac@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

Children's Storytime. Wednesdays and Saturdays, 10 a.m. at Barnes & Noble Booksellers, 4801 Bethesda Ave., Bethesda Listen to employees read modern and classic children's stories. Free. Visit www.storelocator.barnesandnoble.com/event/4824850-21.

Adult Single Night. Saturdays, 9 p.m. at at Benny's Bar & Grill, 7747
Tuckerman Lane, Potomac. Find a DJ, open dance floor, and other singles. No cover charge. Visit www.bennysbargrill.com.

"Informal Expressions." Through
June 28, Monday-Friday 10 a.m.-5
p.m. at The Arts Barn Gallery, 311
Kent Square Road. Find Paintings by
Michelle Izquierdo, Raya Salman and
Jae Shin and figurative metal
sculpture by Craig Higgins. Free. Visit
www.gaithersburgmd.gov.

www.gaithersburgmd.gov.

"The Wedding Singer." Through
June 28 Fridays and Saturdays at 8
p.m., and Sundays at 2 p.m. at The
Arts Barn, 311 Kent Square Road,
Gaithersburg. Watch the comedy set
in the mid-1980s about a wedding
singer who is left at the altar and
tries to ruin the weddings of other's.
Tickets are \$22, \$12 for children 14
and under. Visit

www.gaithersburgmd.gov.
"Flying V Fights: Heroes &

Monsters." Through June 28 at various times at The Writer's Center, 4508 Walsh St., Bethesda. Flying V Theatre presents a play full of choreographed fight scenes and other feats. Tickets are \$15-25. Visit www.flyingytheatre.com for more.

www.flyingvtheatre.com for more.

"A Selection of Artists." Through
June 29 at Washington ArtWorks,
12276 Wilkins Ave., Rockville.
Seventeen resident Washington
ArtWorks artists will display their
work featuring a wide range of media
including mosaics, pastels,
photography, encaustics, fibers, and
more. Free. Visit
www.washingtonartworks.com.

"Drawing Upon Experience."
Through June 29 at Washington
ArtWorks, 12276 Wilkins Ave.,
Rockville. ArtWorks Aid showcases
the work of military veterans. Free.

Visit www.washingtonartworks.com.

"Constructions and Meditations."

Through June 30 during gallery hours at Artists and Makers Studios, 11810 Parklawn Drive, Rockville.

Artist Tory Cowles' exhibit is based in abstract expressionism. Free. Visit www.artistsandmakersstudios.com.

"Dreams of

Speed...Supercharged." Through July 4, Tuesday-Saturday 12-6 p.m. at The Waverly Street Gallery, 4600 East-West Highway, Bethesda. Artist Tom Kenyon works with collage and block prints to create images interpretting car culture. Free. Visit www.waverlystreetgallery.com for more.

"Sharpened." Through July 5 during gallery hours at VisArts at Rockville, 155 Gibbs St., Rockville. Artist Greg Braun explores a fascination with custom motorcycles through drawing, video and sculpture. Admission to the gallery is free. Visit www.visartsatrockville.org.

"Hidden District." Through July 12, Saturdays 1-4 p.m., Sundays 1-8 p.m. at Photoworks Gallery at Glen Echo Park, 7300 MacArthur Blvd. Photo essay by Steven Marks based on his interpretation of the District of Columbia. Admission is free. Visit www.glenechophotoworks.org.

"These Mirrors are Not Boxes."
Through July 12, Gallery hours at VisArts, 155 Gibbs St., Rockville. Six local women display their art based on the complexities of contemporary identity. Admission to the gallery is free. Visit www.visartsatrockville.org.

CAMPS, CLASSES & WORKSHOPS

Registration Open. The spring issue of the Montgomery County Guide for Recreation and Parks Programs features a variety of classes and programs designed to help participants stay active and have fun, including aquatics, sports, therapeutic recreation services and active adult senior programming. Registration is available online, by mail or in person at the Montgomery County Recreation Administrative Offices at 4010 Randolph Road, Silver Spring, or by fax at 240-777-6818. Visit www.montgomerycountymd.gov/rec or call 240-777-6840 for more.

VisArts, 155 Gibbs St., Rockville, offers a variety of camp sessions for spring and summer. Visit www.visartscenter.org or call 301-315-8200.

Summer Camps

One-week and two-week sessions offered through Aug. 21, 8:30 a.m.-3 p.m.
Before care and extended care is available.

Young Artists. One-week sessions that nurture the budding talents of students with age-appropriate visual art projects in an assortment of media (ages 5-6).

Artistic Adventures. Two-week sessions that promote creativity as children experience an assortment of visual art media and are exposed to gallery exhibitions (ages 7-12).

Art Quest. One-week sessions that promote creativity as children experience an assortment of visual art media and are exposed to gallery exhibitions (ages 7-12).

Lola's Lab. June 29-July 2 or Aug. 17-21. A performance art camp where imagination flows through interactive stories, expressive arts, and fantasy (ages 5-10).

❖ Teen Camps

One-week half-day sessions offered July 6-31, 8:30-11:30 a.m.; 12:15-3:15

Teen Art Institute. Teens explore fused glass, painting and drawing. Camp will be held at VisArts (ages 13-18).

Teen Art Institute. This ceramic class gives teens the opportunity to explore clay in depth with handbuilding and the wheel. Camp will be held in the art ceramic at Richard Montgomery High School (ages 13-18).

2015 Musical Theatre Intensive

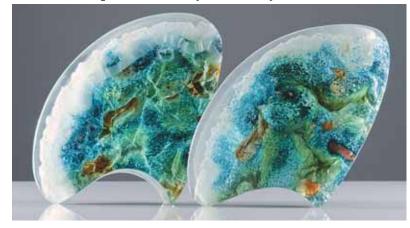
Summer Camp. For actors, dancers and singers ages 13-18. The program will run for two weeks from July 12-25 at the Sandy Spring Friends School in Sandy Spring, Md. Campers can participate in daytime or overnight camp. The daytime camp will feature students in a final showcase the last Friday of camp. Students who participate in the overnight intensive camp will take part in a full production of the musical "Once on this Island!" Visit www.youngartistsamerica.org for more.

Art Explorers Open Studio. Every Saturday, 10 a.m.-12:30 p.m. at The Candy Corner Studio, 7300 MacArthur Blvd., Glen Echo. Art activities for parents and children. Activities change weekly and there is no pre-registration; \$10 per child. Vist www.glenechopark.org/saturday-art-explorers for more.

Ceramic Classes. Various dates and times. VisArts, 155 Gibbs St, Rockville. An opportunity to try the



(Above) "Deep Vent" and "Synthesis" by Nikki O' Neill



'Benthos'

In Nikki O'Neill's art exhibit at Waverly Street Gallery, 4600 East-West Highway, Bethesda, glass, raw mineral compounds, metals, salts, and oxides take the shape of primordial objects . "Benthos," which means underwater flora and fauna will be displayed July 7-Aug.1. Visit www.waverly streetgallery.com.

new ceramic workshops. Visit www.visartsatrockville.org/ceramics for a list of class dates, times.

THROUGH AUG. 14

"The Parent Trap." Various times at Imagination Stage, 4908 Auburn Ave., Bethesda. Twins raised separately by divorced parents meet at summer camp and trade places. Tickets are \$10. Visit www.imaginationstage.org for more.

WEDNESDAY/JUNE 24

The Babys Concert. 5:30 p.m. at
Bethesda Blues and Jazz, 7719
Wisconsin Ave., Bethesda. The Babys
are back together after a 30something year hiatus. The British
group became popular in the late
1970s and early 1980s with "Isn't it
Time," "Head First," "Midnight
Rendezvous," "Every Time I Think of
You" and "Back on My Feet Again."
Tickets are \$35. Visit
www.bethesdabluesjazz.com.

THURSDAY/JUNE 25

Rockville Seniors Inc. Mix & Mingle. 5-7 p.m. at Dawson's Market, 225 N Washington St., Rockville. Free snacks and discounted wine and beer. Visit www.dawsonsmarket.com.

The Dramatics featuring LJ
Reynolds. Doors open at 5:30 p.m.
at Bethesda Blues and Jazz, 7719
Wisconsin Ave., Bethesda. The
Dramatics perform with L.J.
Reynolds. Tickets are \$40. Visit
www.bethesdabluesjazz.com for
more.

Paddle the Potomac. 6-8 p.m. at Key Bridge Boathouse, 3500 Water St., NW, Washington D.C. Celebrate Great Outdoors Week with the Potomac Conservancy group of Silver Spring by paddling along the Potomac. Free. Visit

www.potomac.org. Chatham County Line with Dear

Creek. 7:30 p.m. at the AMP by Strathmore, 11810 Grand Park Ave., North Bethesda. Authentic Bluegrass concert featuring songs from the album, "So It Goes." Doors open 90 minutes prior to show. Tickets \$20-30. Visit

www.ampbystrathmore.com/live-shows.

Mormon Tabernacle Choir. 8 p.m. at The Music Center at Strathmore, 5301 Tuckerman Lane, North Bethesda. A 150-year-old 360-piece choir performs. Tickets are \$25-85. Visit www.strathmore.org.

FRIDAY/JUNE 26

The Platters in Concert. 8 p.m. at
Bethesda Blues and Jazz, 7719
Wisconsin Ave., Bethesda. The
Platters are comprised of founder and
naming member Herb Reed, Tony
Williams, Paul Robi, Zola Taylor and
David Lynch. \$30. Visit
www.bethesdabluesjazz.com for

Jodeci. 8 p.m. at The Fillmore, 8656 Colesville Road, Silver Spring. American R&B quartet perform. Doors open at 7 p.m. Tickets start at \$54. Visit www.fillmoresilverspring.com

JUNE 26-JULY 12

"Impossible! A Happenstance Circus." Various times at The

Round House Theatre, 4545 East-West Highway, Bethesda. This show is an homage to classic circus characters and images from the 1930s and 1940s. Tickets are \$20, \$10 for students. Visit n for more.

FRIDAY-SATURDAY/JUNE 26-27

"West Side Story." 7:30 p.m. on Friday, 2:30 p.m. on Saturday at Bethesda Presbyterian Church, 7611 Clarendon Road, Bethesda. The Bethesda Summer Music Festiva promotes opera and musical theater for young local singers. Attend a performance of the classic drama "West Side Story." There is a \$20 suggested donation. Visit www.aamsopera.com/bsmf for more.

SATURDAY/JUNE 27

AIR Workshop: Rochelle Rice. 10

a.m. at The Mansion at
Strathmore,10701 Rockville Pike,
North Bethesda. Former Afro Blue
Jazz band member, Strathmore
Artist-in-Residence, and Jazz vocalist
Rochelle Rice gives a lecture on the
true stories behind iconic songs and
songwriters. Free. Visit
www.strathmore.org.

Creative Crafts Council 30th

Biennial Exhibit Children's Talk and Tour. 10:15 a.m. at The Mansion at Strathmore, 10701 Pockville Dike North Bothoods The

Mansion at Strathmore, 10/01
Rockville Pike, North Bethesda. The Creative Crafts Council presents an exhibit of useful art and provides a tour for children about the value of crafts. Free. Visit www.creativecraftscouncil.org.

www.creativecraftscouncil.org.

Native American Trail Dedication.

12-4 p.m. at the Monocacy Aqueduct on the C&O Canal Mouth of Monocacy Road, Dickerson. Silver Spring-based Potomac Conservancy has partnered with the Piscataway Tribe for the dedication of the Sugarloaf Regional Trails' new Native American Trail which will run along the C&O Canal towpath from Point of Rocks to Seneca. Free. Visit www.potomac.org.

ENTERTAINMENT

Creative Crafts Council 30th Biennial Exhibit Reception

Curator's Tour. 1 p.m. at The Strathmore Mansion, 10701 Rockville Pike, North Bethesda. Take a tour of the exhibit with the curators. Visit www.creativecraftscouncil.org.

Daryl Jr. Cline & The Recliners, 6 p.m. at Bethesda Blues and Jazz, . 7719 Wisconsin Ave., Bethesda. Jr. Cline and The Recliners return to Bethesda Blues & Jazz with special guest Julia Nixon, Visit www.bethesdabluesjazz.com.

Bellydance Showcase. 6 p.m. at Rendezvous Fitness, 11910 Parklawn Drive. Rockville. An evening of live bellydance entertainment. Tickets start at \$12. Visit www.leilahmoondances.com.

Avanti Masterwork Festival Orchestra. 7:30 p.m. at Cultural Arts Center, 7995 Georgia Ave., Silver Spring. Pablo Saelzer leads the Masterwork Festival Orchestra in a performance of Shostakovich Symphony No. 5. Free. Call Nan Cooper at 240-567-5209

Legendary Cloud 9 and Laelo. 7:30 p.m. at The Fillmore, 8656 Colesville Road, Silver Spring. Fusion band perform along with Hip-Hop musician Laelo. Doors open at 7 p.m. Tickets start at \$13. Visit www.fillmoresilverspring.com.

Masterwork Festival Orchestra.

7:30 p.m. at the Cultural Arts Center. 7995 Georgia Ave., Silver Spring. Ensemble will perform Shostakovich's Symphony No. 5. Free. Visit www.metropolitanorchestramc.org.

Julia Says, "Bon Appetit! 7:45-8:45 p.m. at the Clara Barton Community Center, 7425 MacArthur Blvd. A onewoman show about Julia Child. television chef and author. Tickets are \$20. Visit www.friendscbcc.org/ event.html for more

Robin and Linda Williams. 8 p.m. at the AMP by Strathmore, 11810 Grand Park Ave., North Bethesda. Folk singer-songwriters perform live. Doors open 90 minutes prior to show. Tickets \$35-45. Visit www.ampbystrathmore.com.

FRIDAY-SATURDAY/JUNE 26-27

"West Side Story." 7:30 p.m. on Friday, 2:30 p.m. on Saturday at Bethesda Presbyterian Church, 7611 Clarendon Road, Bethesda. The Bethesda Summer Music Festival promotes opera and musical theater for young local singers. Attend a performance of the classic drama "West Side Story." There is a \$20 suggested donation. Visit www.aamsopera.com/bsmf for more.

SATURDAY-SUNDAY/JUNE 27-28

Heritage Days Weekend. 12-4 p.m. at 35 sites in Montgomery County. Find musical performances, history and nature hikes, art exhibits, reenactments, games & crafts, refreshments and more, in honor of local history. Prices vary. Visit www.heritagemontgomery.org.

SUNDAY/JUNE 28

Author Reading. 2 p.m. at The Writer's Center, 4508 Walsh St. Bethesda. Tom Glenn and Patricia Validate read from "No-Accounts" and "Where No Man Can Touch". Free. Email sunil.freeman@writer.org

"Best of Serenade!" 4-6 p.m. at The Music Center at Strathmore, 5301 Tuckerman Lane, North Bethesda, As part of the Washington, D.C. Choral Festival the Australian Children's Choir (Australia), Coro Entrevoces (Cuba), Imbizo (Zimbabwe), Los Angeles Children's Chorus (USA), Phoenix Girls Chorus (USA), Polonia Choir Society of Edmonton (Canada), Pro Musica - Magnólia (Slovakia), and Transfiguration Choir of Boys & Girls (USA), Women of Note (Australia) will perform. Tickets are \$5-10. Visit www.strathmore.org.

Pride in the Sky. 6-10 p.m. at VisArts Rooftop. 155 Gibbs St., Rockville. Celebrate the end of Pride Month with a Keith Haring-themed painting party led by an instructor. Find beer, wine, food, and more. Tickets are \$40 Visit www.visartsrockville.org.

The Avon Lucas Project. 7:30 at Bethesda Blues and Jazz, 7719 Wisconsin Ave., Bethesda. The Avon Lucas Project is a Jazz-oriented experience. Tickets are \$20. Visit www.bethesdabluesiazz.com

MONDAY/JUNE 29

Viennese Dinner with the Deputy

Ambassador of Austria. 6:30 p.m. at the Covenant Life Church, 7501 Muncaster Mill Road, Gaithersburg. Ambassador Sigurd Pacher will give a presentation on the future of Austria over dinner. Tickets start at \$25. Visit www.ptpidc.org.

FRIDAY-SUNDAY/JULY 3-5

"A Lifetime Retrospective." 4-8

p.m. reception at 6 p.m. on Friday, 12-9 p.m. and reception at 6 p.m. on Saturday, and 12-4 p.m. and on Sunday. Artist and art professor at Montgomery College Stephen T. Hanks will present a three-day exhibit of abstract and realistic content and a presentation, "The Art of Creative Reaction." Free, Visit www.sthanks.com

FRIDAY/JULY 3

"Off the Wall" Reception. 6-9 p.m. at Washington ArtWorks, 12276 Wilkins Ave., Rockville. Purchase art work for less than \$500. Free to attend. Visit www.washingtonartworks.com.

JULY 3-31

"Off the Wall" Gallery hours at Washington ArtWorks, 12276 Wilkins Ave., Rockville. Purchase art work for less than \$500 from an open call sponsored by the Washington School of Photography. Free to attend. Visit www.washingtonartworks.com.

SATURDAY/JULY 4

Gaithersburg 4th of July Fireworks

2015. 5 p.m. at Montgomery County Fairgrounds, 16 Chestnut St., Gaithersburg. Gaithersburg celebrates America's birthday with live music, food and fireworks. Free. Visit www.dc.about.com/od/ 4thofjuly/a/GaithFireworks.html.

Autism Speaks 5K. 6:30-9:30 a.m. at Potomac Library Parking Lot, 10101 Glenolden Dr. Potomac. This is the 15th Annual Autism Speaks 5K Run and 1 Mile Walk. Registration is \$40 until July 3, \$45 on the day of the race, and \$20 for children at all times. Visit www.autismspeaks5k.org.

Rockville's Independence Day

Celebration 7 p.m. at Mattie J.T. Stepanek Park, 1800 Piccard Drive (King Farm), Rockville. This celebration will feature live music and food vendors. The Mayor and Council of Rockville will host the event. Visit www.rockvillemd.gov.

Great Wines You've Probably

Never Heard Of. 7-9 p.m. at Washington ArtWorks, 12276 Wilkins Ave., Rockville. Learn about "undiscovered" wines from various locations, price points, and pairings. Tickets are \$75. Visit www.washingtonartworks.com.





WASHINGTON, DC JULY 5 - 6, 2015

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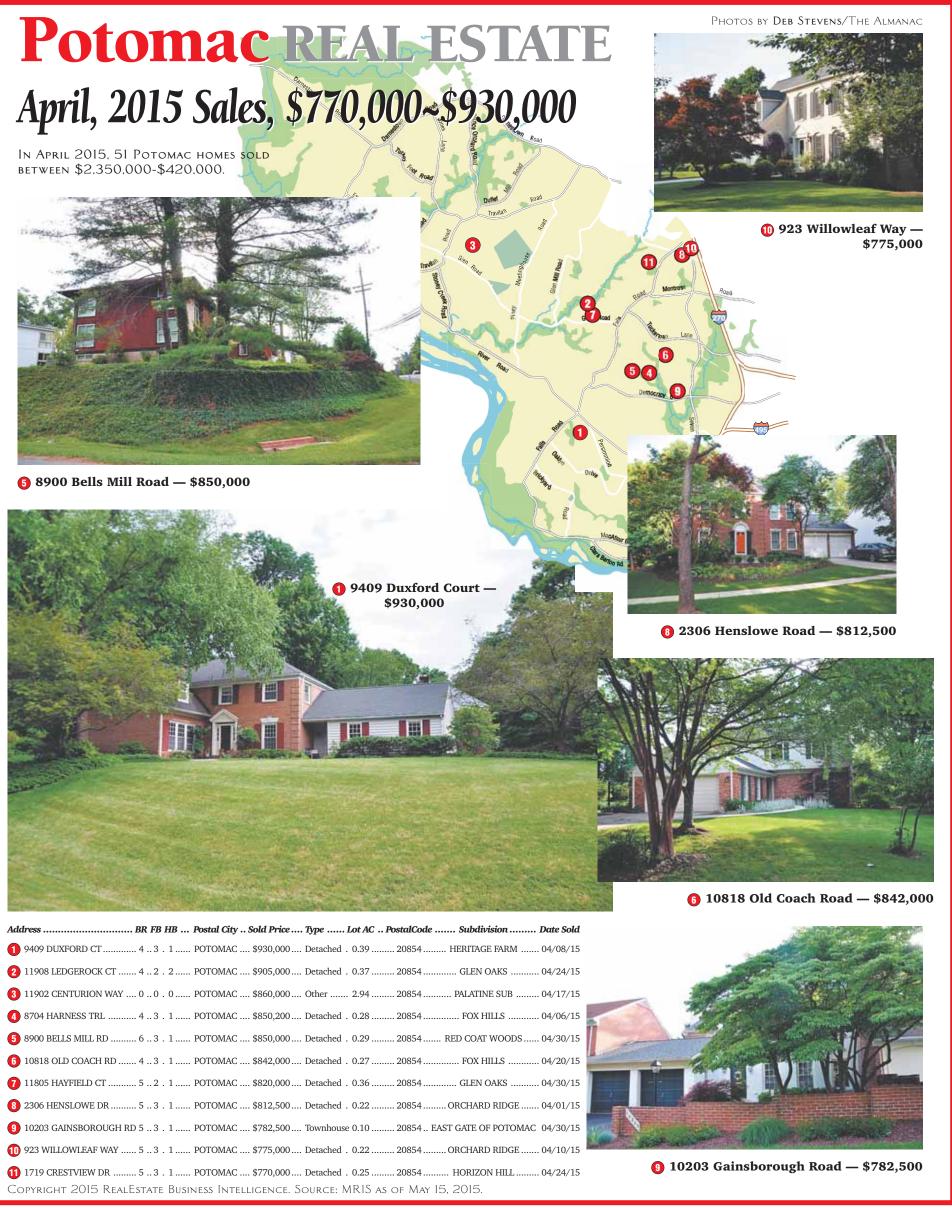
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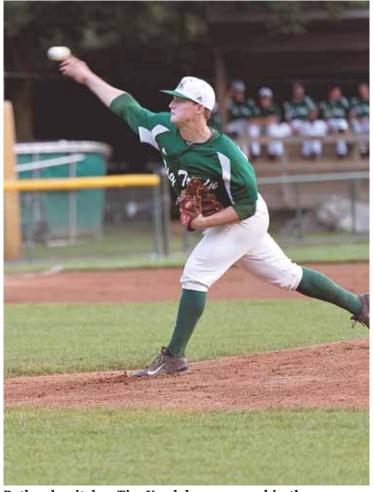
The changes you will see in the coming weeks and months are aimed at making sure we fulfill the evolving responsibilities to our three communities and foundation, not only now but long into the future. In addition, you will see new services and products introduced in keeping with our long history and tradition of leadership, innovation and community service.

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Sports



Bethesda pitcher Tim Yandel was second in the Cal Ripken Collegiate Baseball League in strikeouts entering Tuesday's action.

Big Train Sports League's Best Record

he Bethesda Big Train entered Tuesday's action with a 14-3 record, the best in the Cal Ripken Collegiate Baseball League.

Bethesda lost to the Rockville Express 2-1 on Monday, the Big Train's third loss of the season. Prior to the defeat, Bethesda had won seven games in a row.

The Big Train had a six-game lead in the South division entering Tuesday. The Vienna River Dogs were in second place with a 6-7 record.

Bethesda outfielder Chris Lewis (Sacrament State) led the league with 13 RBIs entering Tuesday. He's batting .274.

Brandon Hunley (Sacramento State) and Zach Kirtley (St. Mary's) each had 10 RBIs for the Big Train. Bethesda pitcher Tim Yandel (Tulane) was second in the league with 25 strikeouts. Alex Calvert (South Carolina) was tied for fourth with two wins.

Bethesda will travel to face the Silver Spring-Takoma T-Bolts at 7 p.m. on Wednesday, June 24.

LET'S TALK Real Estate



by Michael Matese

Kermit Was Wrong—It's Easy to Be Green!

"Green" renovation is a trend that engineers, constructors and designers are encountering more and more each day. Going green is not only an ecologically aware choice, but it is also one that is becoming economically sound, with many green renovations providing tax deductions and reduced energy costs, offsetting or negating the cost of their installation in immediate terms—and proving priceless over time, as green renovations reduce the harm of civilization on nature and ecology. Even luxury homes are going green, trying to help the environment and shaking off the image of wasteful opulence that has dogged this niche market for years. Gone are the days of the gold-plated toothbrush holder—welcome to the new world of eco-friendly, green luxury! Some tips that home owners are finding handy are:

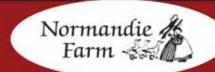
- Use CFL's Replace those incandescent light bulbs with qualified compact fluorescent light bulbs (CFLs). By replacing just five of your mostly frequently used light bulbs, you'll save money and reduce greenhouse gas emissions by one trillion pounds!
- Plug Air Leaks Air leaks are the biggest energy waster in homes, but they're also an easy fix. Have decorative weather stripping and caulk installed to stop those drafts
- Program Your Thermostats Save on your heating and cooling bill while helping reduce emissions from your heating/a/c unit.
- Tune Up Your HVAC Get a professional tune up every two years and clean or replace your filter every month. Dirty filters block normal airflow and reduce the efficiency of your system.
- Go Low-Flow Install low flow showerheads and faucet aerators without sacrificing water pressure. They're easy to install too, just screw them on.

Bonus Green Tip: The average home emits 27,000 pounds of carbon dioxide annually; almost three times that of a midsize sedan! Following these simple steps will reduce your home's emissions, your carbon footprint, and lower your utility bill!

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Gone **But Always** Remembered

By KENNETH B. LOURIE

As Father's Day approaches, (written Thursday, June 18th) I am reminded of one of my father's standard lines which characterize his positive attitude on life, for which I am eternally grateful - because I inherited it. My father would say that every morning that he woke up was a good day. Ultimately, my father would die a few months past his 87th birthday, having lived longer than either of his parents and his seven siblings. A child of the Depression, born in 1919, he spent his formative years not playing Little League baseball as I did, but rather selling newspapers and hot dogs at Fenway Park in Boston. Upon his return home, his mother would hold out her apron, into which my father would pour his day's earnings. At that time, life was not so much an adventure as it was finding a job/way to make money so the family could eat. His mother/my grandmother worked for a caterer, and at the end of her day, she would bring home remnants of her day's/evening's work: food that was discarded before the meal (chicken wings were not so highly regarded then as they are now.) My father/the Lourie family ate chicken wings often. And throughout his life, my father was happiest when eating chicken wings. The experience did not weaken him; it seemed to make him stronger and more grateful for what good fortune fell upon him later in life. In fact, all he ever wanted in life - aside from the obvious things, was "a hot meal and clean sheets." His upbringing and the hardships he endured seemed to simplify his life.

Another story he would tell – with a smile - was concerning the bathroom in the tenement building where he lived with his nine other family members: it was down the hall, outside of the apartment in which he lived. There was no toilet paper; toilet paper cost money, money which they didn't have. There were, however, catalogues (Sears, Montgomery Ward, etc.) that were mailed and thus were free. Tenants would cut the pages into squares and hang them in the bathroom on a nail convenient to the commode. My father never complained about this; they were too poor to complain. Occasionally though, staples were not removed from all the squares. Unfortunately, my father, like many other residents the square for the square dents I'm sure, found out a bit too late. I imagine there was some pain and suffering, but my father always laughed when he told this story, as much for others' benefit no doubt as it was for his.

And so too do I try to make people laugh when I am asked to share my cancer stories. I do this because my father always found the humor in things. And before I realized what I was doing and/or why I was doing it, it became clear that unbeknownst to me, I had been following a family tradition and one I am most proud to be continuing. This is not to say that being diagnosed with "terminal" cancer is a wonderful opportunity to find humor and attempt to make people laugh. Nevertheless, I'm not going to be negative. After all, I am my father's son. Of that I'm

One of the other things I'm super-positive about was how helpful my father would have been had he lived to see me diagnosed with cancer. He would have been my biggest booster, my 24-7 support staff, my unwavering source of encouragement, my inspiration, my up whenever I was down; a man anyone would be lucky to call dad; although I actually called him "Beez," the nickname given to him by his fellow knothole gang members (Benet was his given name). Whatever good fortune I'm able to experience going forward though, I'll do so with gratitude and the acknowledgment that none of it would have happened without having had the father I did and hearing about the life he led. Thanks for everything, "Beez." I'll see you Sunday.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers

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Schools

Students Promote Bone Marrow Registry

oly Child junior Kaylie Atwood got involved in There Goes My Hero after her friend's dad was diagnosed with lymphoma and in need of a bone marrow transplant. There Goes My Hero, a Baltimore-based organization, works to find a match for every leukemia patient and assist their families through a variety of support programs.

One of the There Goes My Hero programs is called "Swab a Hero. Be a Hero" which works to save lives by registering people in the National Bone Marrow Registry so they can donate their bone marrow and save a life. Kaylie said she started a club at school in support of her friend, Sarah and her family because, "I thought we could recruit a lot of new donors through our Holy Child community. We have done swabbing events at numerous Holy Child events including Mayfield Market and Tiger Trot. We had a senior swab day at Holy Child and we have reached almost 150 swabs."

Kaylie was recently informed by Holy Child's Campus Minister Jean Plummer that Elizabeth Seton High School has a student named Carly who is in desperate need of a bone marrow transplant. Kaylie pulled together a swabbing event that took place earlier this month. Joined by fellow classmates Jenna Paro, Maddy



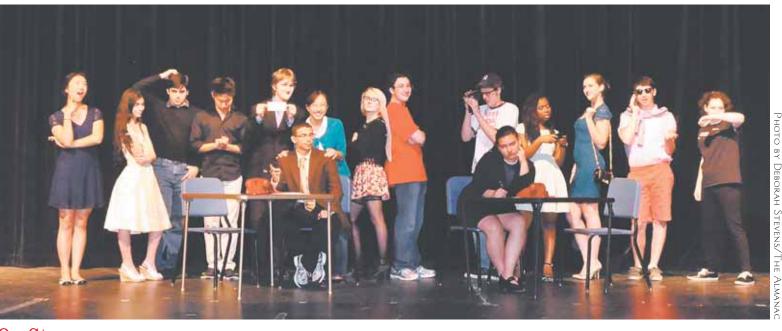
From left, Holy Child students Jenna Parro, Maddy Schnider, Maddie Gessler and Kaylie Atwood participate in a "Swab a Hero. Be a Hero" event to recruit bone marrow donors.

Schnider, Maddie Gessler, and Sarah Nesbitt, they swabbed approximately 65 people.

Kaylie and her Holy Child team will be at St. Mary's Church located at 520 Veirs Mill Road in Rockville on Sunday, June 28 from 8:30 a.m. – 1:30 p.m. and 3 p.m. – 6 p.m. to swab. All are welcome to stop by and register with the

National Bone Marrow Registry. For more information on There Goes My Hero, go to www.theregoesmyhero.org.

Connelly School of the Holy Child is a private, independent, Catholic girls school, grades 6-12, located in Potomac. For more information, see www.holychild.org.



On Stage

The cast from the play "13 Ways to Screw Up Your College Interview" at Churchill High School for the Signature Arts Program on April 27 included Annie Fang, Katie Kaludis, Bardia Memar, Enoch Lee, Ivan Pirsi, Emilio Slaughter (sitting), Natalie Hwang, Libby Spriggs (costumes), Max Wolpoff (director), Remington Steele, Taira Dolan (sitting), Gigi Katuala, Valerie Weitz, Ryan Lewis and Laura DeMarco. Missing cast/crew from photo: Alex Scott, Brooklyn Goldblatt, Darian Safiran, Danny Espinoza and Alexa Taladay.

SCHOOL NOTES

Email announcements to almanac@ connectionnewspapers.com. Deadline is Thursday at noon. Photos are welcome.

Meili Sohl, daughter of John Sohl and B. Goff and a graduate of Winston Churchill High School, graduated with a B.S. in mechanical engineering from Bucknell University (Lewisburg, Pa.).

Ashley Kalavritinos has been named to the president's list at James Madison University (Harrisonburg, Va.).

Jason A. Hall, Jeremy J. Chung, Alexander G. Mazze, Eric Wang and **Katherine I. Kim** of Thomas S. Wootton High School; **Max E. Goldberg** of Walt Whitman High School; and **Connor C. Orr** of St. Andrew's Episcopal School have been selected to receive National Merit Scholarships.

Taylor Morgan, Stevenson University (Owings Mills, Md.) student-athlete has been named to the 2015 MAC Spring Academic Honor Roll.

Johannes Van Der Merwe was named to the dean's list for the 2015 spring semester at Ohio Wesleyan University (Delaware, Ohio).

Joseph P. Vaghi earned a Bachelor of Science degree in marketing and graduated from The University of Scranton (Scranton, Pa.).

Jacquelin Zimmerman graduated and received a Bachelor of Arts Degree in psychology from the College of Charleston (Charleston, S.C.).

Katherine Lunceford, Caroline Slowinski, Meili Sohl, and William Szamosszegi were named to the dean's list for the 2015 spring semester at Bucknell University (Lewisburg, Pa.).

Nils C. Martin graduated from Colby College (Waterville, Maine).

Abigail Ross graduated from Georgia Tech (Atlanta, Ga.) with a Bachelor of Science in earth and atmospheric sciences.

Amelia Oliver, a senior women's track and field athlete at Bates College (Lewiston, Maine), has received the New England Small College Athletic Conference All-Academic distinction for the 2015 spring season.

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