

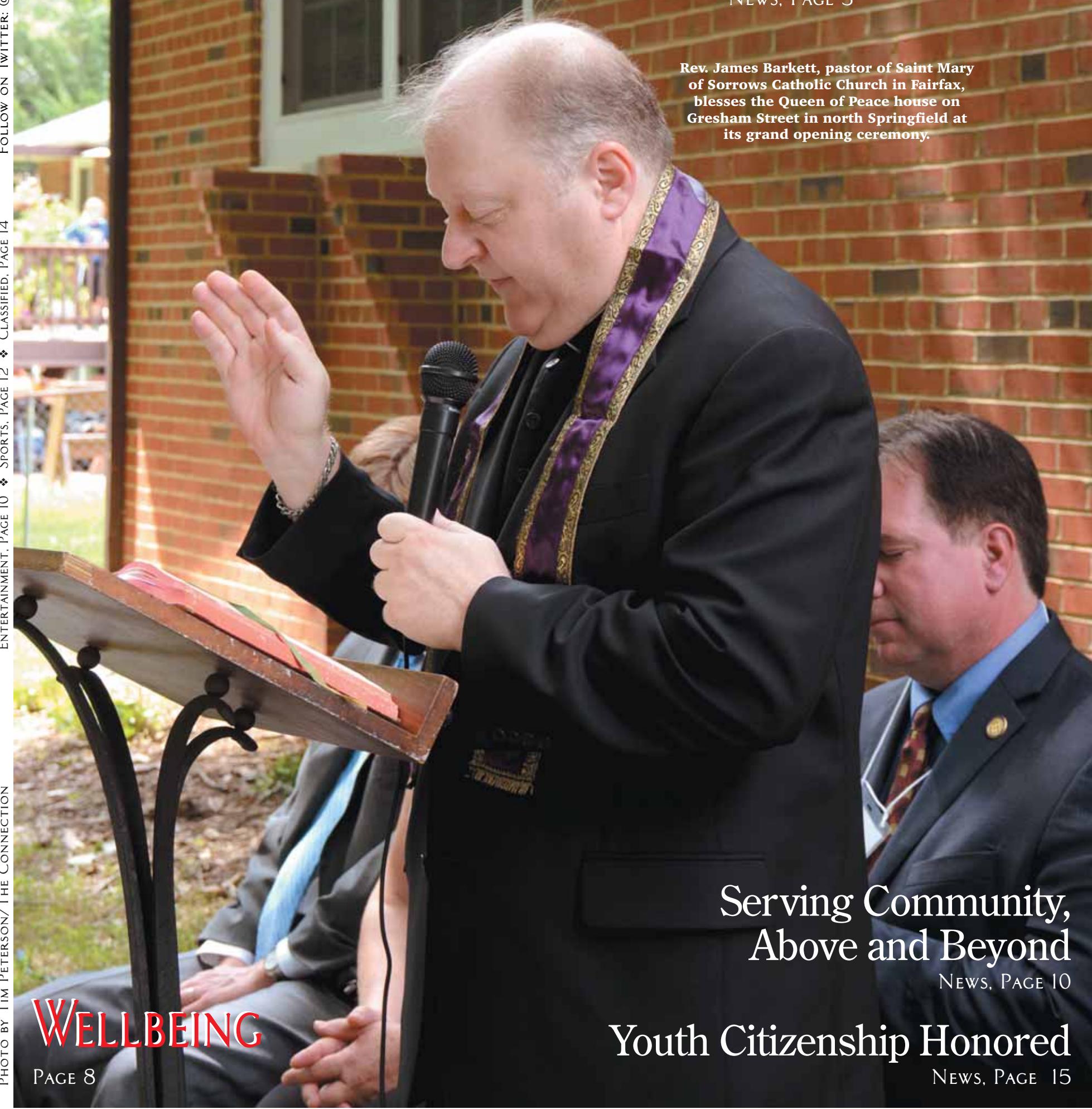
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Coming Home to Queen of Peace

NEWS, PAGE 3

Rev. James Barkett, pastor of Saint Mary of Sorrows Catholic Church in Fairfax, blesses the Queen of Peace house on Gresham Street in north Springfield at its grand opening ceremony.



Serving Community,
Above and Beyond

NEWS, PAGE 10

Youth Citizenship Honored

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WELLBEING

PAGE 8

JULY 2-8, 2015

ONLINE AT WWW.CONNECTIONNEWSPAPERS.COM



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While you're here at the games, recognize Fairfax County public safety officials with a high-five. It might be the only support they get this year.

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Left, Del. Tim Hugo (R-40) presents Marian Homes president William Crowder (right) with a Virginia flag that was flown over the Richmond capitol in the group's honor.



**PHOTOS BY TIM PETERSON/THE CONNECTION
Knights of Columbus celebrate the opening of the newest Marian Homes house in north Springfield.**

Coming Home to Queen of Peace

Residents with disabilities move into new group house on Gresham Street in north Springfield.

BY TIM PETERSON
THE CONNECTION

Ten months ago, the unassuming single-level house on Gresham Street in north Springfield was a private residence. Today it's the permanent home of four individuals with disabilities, and a fifth is on the way.

There are 71 group homes like and including this one in Fairfax County, affording 316 people the opportunity to receive support and care services in a community-integrated setting. This model is in contrast to the aging state-run model for housing people with mental and physical disabilities in large, centralized "training centers" scattered around the state.

Claiming these centers were isolating people from having more normal, integrated lives, the state mandated residents be moved to smaller community-based centers.

The Northern Virginia Training Center located on Braddock Road is one of the large, older centers. It still has fewer than 70 residents in the process of being discharged to meet a March 2016 scheduled closing. Of the remaining residents 37 are from the Fairfax-Falls Church area.

Those individuals being discharged compete with thousands of people currently on the county's waiting list for disabilities services and supportive housing, which is managed by the Fairfax-Falls Church Community Services Board.



Marian Homes president William Crowder (center) speaks at the Queen of Peace grand opening ceremony.



Chimes chief operating officer Nancy Eisele gives remarks at the Queen of Peace grand opening ceremony.



Supervisor John Cook (R-Braddock) commends the collaboration between government and organizations that helped bring about the Queen of Peace transformation.

The group homes are a favorable option in Fairfax County, according to Community Services Board assistant deputy director Jean Hartman, along with two other alternatives: 37 apartment projects that each house two to three people and six Intermediate Care Facilities that can take as many as 12 individuals.

But together those options only house 423 individuals. The county's list has more than 7,000 on it who are waiting for either support services, housing or both.

"The impact of the state's decision to close training centers really just amplified what was already a preexisting need for housing," said Hartman, who referred to the high cost of living in Fairfax County compared to other parts of the state where people with disabilities have been discharged from other training centers.

MARIAN HOMES is a nonprofit organization linked to Fairfax Station-based Knights of Columbus St. Mary of Sorrows Council 8600 that was set up to help people with disabilities find supportive housing. The council is made up of 535 members.

Including this newest structure, Marian Homes owns three group homes in Northern Virginia, specially retrofitted to be more accommodating for residents like those leaving the training centers. The first one for five women in the Brecon Ridge subdivision of Fairfax was dedicated in 1998 and

a second for five men in the Fairfax subdivision of Greenbriar was purchased in 2010. All of the first 10 residents came from Northern Virginia Training Center.

To operate the homes and provide round-the-clock support for the residents, Marian Homes has partnered with Chimes of Virginia, the local base of large Baltimore-based Chimes Foundation of care providers.

On June 25, Marian Homes held the grand opening of its third house, located on Gresham Street in north Springfield. In this instance, the group used deferred-loan funding it was awarded from the Fairfax County Redevelopment and Housing Authority to cover the \$510,000 mortgage.

Marian Homes volunteers started the demolition and reconstruction in late February this year, and spent another \$103,000 to have contractors finish transforming the interior from a three bedroom single-family unit to a five-bedroom dwelling where each of the residents can receive the support and care they need.

"It's better for them to live with other individuals," said Chimes chief operating officer Nancy Eisele. "In larger settings it gets lonely, there are limitations on social skills and communication. I think this model does work well for a number of people, with the right combination, who can really get along in a congregate setting."

FAIRFAX RESIDENT JOHN GERMAIN is on the board of Marian Homes and designed the house's custom interior that required a complete teardown and rebuild.

"I'm elated," Germain said while looking around the sparkling new floorboards and generously wide hallways. "I'm happy to see the residents — I'm so joyful for them to have a place they can call home."

Phil Torrey of Fairfax Station is the Marian Homes treasurer and was on one of the demolition teams. "I helped take out that wall with a sledgehammer," he said. "It looks a lot different now. It's really nice."

Construction was completed in just 75 days, at the end of May. The first four residents moved in on June 15.

Renovations included converting the house from three bedrooms to five, adding a walkout entry, all-new flooring, building out the bathrooms to accommodate wheelchairs and a hoist mechanism and completely remodeling the kitchen. There are plans to add an electronic lift up to the side entrance of the house.

"It's been 10 months from getting the property to today," said Marian Homes president William Crowder. "It's really been a rocket ride for all of us."

The grand opening ceremony brought together local elected officials, Nancy Eisele and Rev. James Barkett, pastor of Saint Mary

SEE NEW GROUP HOME, PAGE 4

3

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Attendees will receive a coupon for a dollar (\$1.00) Off a cup of frozen yogurt from YOGURTINI FROZEN YOGURT

NEWS

PHOTOS BY TIM PETERSON/THE CONNECTION

Marian Homes
director William C. Baker (left) and District 14 Warden for the Knights of Columbus Fidel Rodriguez tour one of the fully transformed bathrooms in the Queen of Peace house.





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New Group Home Welcomes Four People with Disabilities

FROM PAGE 3

of Sorrows Catholic Church in Fairfax, who blessed the house and gave it the name "Queen of Peace."

"This is what government should be doing, supporting organizations like this," said Del. Tim Hugo (R-40). Hugo then presented Marian Homes president William Crowder with a state of Virginia flag that had been flown over the capitol in Richmond.

Cook said the house is an example of what can happen when different organizations and government work together. It wouldn't have been done nearly as quickly, he said, "certainly if you waited for county government."

"We worked through government partnerships," Cook added. "That's why this works so well. There's a need for more group homes. Don't stop at four — we're looking for five or six to come out."

Jim McHugh of Fairfax is the deputy Grand Knight for the Knights of Columbus Council 8600. "Our main principle is charity and our big event is Marian Homes," he said. "I'm proud, excited for the opportunity to help another life, give five more people a place to call home."

Dick LaFrance is known as the "guiding force" be-

hind starting Marian Homes. "It's overwhelming," he said, looking at the house, referring to it as "the promise of what we had in mind 20 years ago."

Mike Lukacs used his experience as a realtor to find the Queen of Peace home. Finding a house that is suitable for this type of conversion isn't easy. "For five bedrooms, single-level in Fairfax County, it's just not out there," he said.

But Lukacs is searching for the next Marian Home anyway. In fact, over the weekend following the Queen of Peace grand opening, he and John Germain were scheduled to look at potential homes for the next project.

Germain said the county has already invited them to bid on the next Request for Proposals that comes out in October.

With more people still in the process of being discharged from the Northern Virginia Training Center and thousands more on the waitlist for housing and services through the Fairfax-Falls Church Community Service Board, the county could use more than a few more houses like the Queen of Peace.

"Let's get another five people in," said Germain.

To find out more about Marian Homes, visit www.marianhomes.org.

Celeste Leyhe
and her son
Will are neigh-
bors of the
Queen of Peace
house in
Springfield.
"Everyone has
been really
forthcoming
and friendly,"
said Leyhe.
"It's great
they're filling a
need, to be
part of the
solution."



WEEK IN SPRINGFIELD

Police Investigating Death of Man Found in Kingstowne Pond

Fairfax County Police continue to investigate the death of Kenneth Duane Bernhardt, 36, of Falls Church, who was found Saturday, June 27 in a pond on South Van Dorn Street near Kingstowne Village Parkway.

Police responded to a call about Bernhardt's body around 11:30 a.m. with homicide and crime scene detectives. They said that at the time there were "no obvious signs of trauma to the body" of the man.

In an update from Fairfax County on June 29, police haven't discovered anything about the case to be "overtly suspicious."

The Office of the Chief Medical Examiner attributed Bernhardt's death to drowning and determined it was not the result of any criminal action.

Torch Causes Springfield House Fire

Units responded to a house fire Monday, June 29, 2015, at approximately 9:55 p.m., in the Springfield area of Fairfax County — according to Fairfax County Fire & Rescue Department. The single-family home is located at 8600 Etta Drive.

Units encountered smoke coming from the exterior of the two-story home upon arrival. Firefighters conducted an aggressive fire attack and quickly extinguished the fire. The home was vacant and was for sale and under contract. Smoke alarms were sounding when firefighters arrived on scene. No one was displaced. There were no injuries.

Damage is estimated at \$15,000.

According to fire investigators, the fire was accidental. A plumbing contractor using a torch too close to combustibles near an exterior wall caused the fire.

95 Express Lanes Schedule Adjusted for July 4

Around the Fourth of July, patriotic celebration throughout the Washington, D.C. metropolitan area comes with heavy gridlock. To help alleviate some of the traffic into, out of and around the region for the holiday weekend, the 95 Express Lanes schedule will be adjusted, according to an Express Lanes spokesperson:

Friday, July 3:

❖ There are no changes to typical reversal time. The reversal from northbound to southbound starts around 11 a.m., with the southbound lanes open around 1 p.m.

Saturday, July 4:

❖ Reversal of lanes from southbound to northbound is scheduled to begin at midnight. The northbound lanes will open around 2 a.m.

❖ Reversal from northbound to southbound will begin around 7 p.m. The southbound lanes will open around 9 p.m.

Sunday, July 5:

❖ Lanes will reverse from southbound to northbound at midnight, with the northbound lanes open around 2 a.m.

Monday, July 6:

❖ There are no changes to typical reversal time. The reversal from northbound to southbound starts around 11 a.m., with the southbound lanes open around 1 p.m.

—TIM PETERSON

Fireside Grill



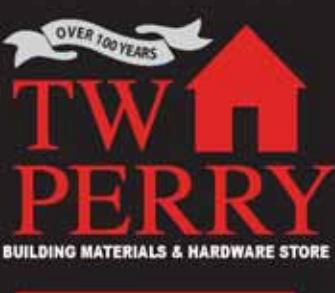
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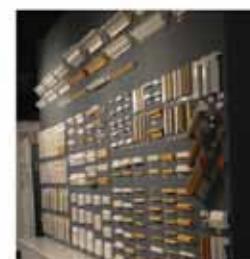
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OPINION

Open Letter to Elected Officials and Candidates

Spend some of your campaign dollars in newspapers.

Here at the Connection, our email boxes are filling up with messages from people running for office. It's not surprising, since in November, virtually every state and local office in the commonwealth is on the ballot.

It's a good predictor for what will happen next in brick and mortar mailboxes of voters around the region.

What do candidates want from local newspapers?

Candidates, many of them incumbents, want to be quoted. They would like a reporter to come to their campaign announcements, to their kickoffs, to their forums. Candidates would like us to cover and print their statements on a variety of interesting and important issues. They would like to have their photos appear on the print and web pages of our newspapers

And for the most part, we will. We will cover the issues, the campaigns, the opinions, the fundraising, the political record.

While competition in local races is limited, money is not.

Current campaigns are on track to top the money spent in 2011 State Senate races. In 2011, Virginia State Senate candidates spent more than \$42.5 million. They have already spent more than \$20 million in 2015.

In Virginia state house races, in 2013 (members of the Virginia House of Delegate, like U.S. Congress, run for reelection every two years) candidates spent \$35.9 million.

In an example of the money these races can

EDITORIAL

attract, here is an extreme example from two years ago. In the 2013 race for House of Delegates District 34, Barbara Comstock raised \$1.4 million, narrowly defeating Kathleen Murphy (50.64 percent to 49.21 percent) who raised nearly \$700,000. Comstock went on to win the U.S. House seat vacated by longtime Rep. Frank Wolf, and Murphy went on to win the District 34 seat in a special election.

Comstock to her credit spent more than \$5,000 (about one-third of one percent) on newspaper ads (most in Korean publications), but more than \$87,000 on mailers. More surprising in a race for Virginia House of Delegates was that Comstock spent more than \$500,000 on TV and radio ads.

Murphy spent \$29,570 on mailers, \$950 on newspaper advertising and \$161,200 on TV and radio ads. (SOURCE: VPA.org)

In other contested House races in 2013, it was more common to see expenditures between \$100,000 and \$300,000 per candidate. Most candidates spent zero dollars in community newspapers. Nearly every candidate spent tens of thousands of dollars on filling up voters' mailboxes with glossy mailers.

Of course it makes sense for candidates to target individual voters by mailing directly to their homes.

But does it really make sense to do that to the exclusion of other methods of reaching voters? Consider that 91 percent of voters who contribute to campaigns read newspapers in print or online, according to an independent study in 2012.

The Connection will not be endorsing candidates in the November elections. We'll be covering the local races to the best of our ability no matter who spends money on advertising. Other local newspapers will also cover the races without regard to advertising dollars.

That's not why we do what we do.

But to put on my publisher's hat (and not my editor's hat) for a minute, if you have a big marketing budget, and you value coverage of local newspapers (not just ours), why wouldn't you spend a portion of that budget (any portion) supporting that platform? There is a cautionary tale in the recent and abrupt closure of the chain of local papers that served Montgomery and Prince George's counties in Maryland, as a recent and extreme example.

One California community in Los Angeles proposed legislation to let residents opt out of receiving election-related mail during a hotly contested mayoral election "where both campaigns and their supporters had flooded the mailboxes of registered voters with dozens of direct mail pieces," according to The Argonaut, a weekly newspaper there. Sound familiar?

But it's more than a charitable effort.

For the same reasons that the campaigns know they want local newspaper coverage, newspaper advertising is an effective way to reach voters.

According to an independent study during the last presidential campaign, cited by the National Newspaper Association: 86 percent of voters who cast ballots in the last local election read newspapers in print or online; 79 percent of voters ages 18 to 34 read newspapers in print or online; newspapers and their websites consistently outscore other media for being "reliable," "accurate" and "in-depth" about local civic and political issues; newspaper political advertising is the least "annoying" of any medium; 91 percent of voters who contribute to campaigns read newspapers in print or online.

Just a suggestion ...

— MARY KIMM,

MARYKIMM@CONNECTIONNEWSPAPERS.COM

LETTERS TO THE EDITOR

PROS & CONS

Medicaid Expansion Benefits Exceed State Costs

To the Editor:

Chris J. Krisinger wrote the Editor raising doubts about costs for an expanded Medicaid program under the Affordable Care Act and charging that proponents of expansion do not explain how to pay for it ("How to Pay for Medicaid Expansion," June 25). Mr. Krisinger was responding to an article written by state Delegate Ken Plum ("Political Prospects for Medicaid Expansion," June 4).

Contrary to Mr. Krisinger's letter, Virginia state government has explained how the costs will be paid. Data released by the Department of Medicaid Services and independently calculated by analysts at PriceWaterhouseCoopers, estimate that Virginia will save \$1 billion in state taxpayer funds over

eight years by expanding the program for low-income and disabled people.

The savings come largely from current state expenditures for indigent care, which is paid at a rate of 50 percent by the state and 50 percent by the federal government. Those savings do not even include the economic benefits of \$1.5 billion annually in added federal spending in Virginia if we expand Medicaid. Without Medicaid expansion, the federal share of these expenses is scheduled to be withdrawn under the Affordable Care Act, leaving the state with the options of (1) picking up the unfunded balance or (2) leaving it to public hospitals and clinics to

SEE SIMMONS, PAGE 12

Medicaid Expansion: The Inconvenient Facts

To the Editor:

Delegate Ken Plum's Opinion article, "Political Prospects for Medicaid Expansion" (Connection, June 18-24, 2015) claims that "...facts support Medicaid expansion..." while actually the opposite is true. Numerous government and academic studies exist to show that expanding Medicaid will — in the long run — be detrimental to the poor, to health clinics and hospitals and, most alarming, to the taxpayers and the economy of the Commonwealth.

The notion that Virginia will "miss out on...federal funding" by rejecting Medicaid expansion is delusional and myopic. The federal government simply doesn't have the funds it promises the states who would enact this pro-

vision of the "Affordable Care Act." Current spending by Washington adds \$3.3 billion a day to the public debt, a catastrophic and unsustainable situation discussed in a new government report. Medicaid costs are projected to grow exponentially in the future meaning that states will have to find their own funds to sustain this entitlement program. Already Medicaid accounts for nearly 25 percent of expenditures in most states, including Virginia, and is a significant driver of state budget crises.

The logical and factual conclusion is that states will be stuck with an increasingly burdensome entitlement program. In the end there will not be any funds "freed up"

SEE PIOTTER, PAGE 12

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PEOPLE

Springfield Player Makes All-America Team

Italo Bacigalupo, son of Rick McEvoy, a rising senior at Robert E. Lee High School has been named as a 2015 Brine National High School All-America and has been selected to represent the state of Virginia at the 2015 Brine National Lacrosse Classic held at the River City Sportsplex in Virginia, June 29-July 2. Living in the Springfield area, Italo Bacigalupo is one of few athletes to represent the state of Virginia at the Brine National All-America game. The players had to attend a tryout for the Northern region team, then players from the south had to tryout for the Southern region team.

After players from the north and south were chosen, they had to compete for a spot in order to represent the state of Virginia by playing three games against each other — North vs South. The Brine National Lacrosse Classic brings the top high school lacrosse players in the country to one venue, where re-

gional teams will compete for a national recognition in front of NCAA Division 1, 2 and 3 lacrosse coaches.



COURTESY PHOTO

Italo Bacigalupo

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Corey Wallach, MD, completed his spine fellowship at the prestigious UCLA Comprehensive Spine Center which specializes in minimally invasive, motion preserving and traditional treatment for the neck and lumbar spine. He completed his residency at the University of Pittsburgh Medical Center, where he conducted research on biologic treatment strategies for degenerative spinal disorders, earning both national and international recognition for his efforts. He now serves as a medical director for the Inova Spine Institute.

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WELLBEING

July 4th Safety

BY MARILYN CAMPBELL
THE CONNECTION

It was a near accident at camp last summer that sparked action by one parent. Elementary school-aged campers splashed in the pool. Everyone was having fun. Then tragedy almost struck.

Jackie Wheeler says one second her 7-year-old son was frolicking on top of the water and the next he was bobbing just below the surface, gasping for air.

"One of the counselors took his eyes off of Noah for one second, and he started to struggle," said Lee. "Ultimately, the lifeguard had to jump in and save him."

Wheeler didn't witness the incident, but its recounting was difficult for her to hear. That brush with danger became a defining moment for her family. She enrolled her son, who is now 8, and her daughter Ava, who is 4, in private swimming lessons at the YMCA in Bethesda, Md.

"I want them to be safe around



Ava and Noah Lee take private swimming lessons in Bethesda, Md. Safety officials encourage parents to make sure their children learn to swim.

the water, and I want them to be able to save themselves or someone else if necessary," said Wheeler.

She's not the only one thinking about safety. As Independence Day approaches and time spent at the pool, outside in sweltering temperatures and at fireworks shows increases, public health and safety officials are working to raise awareness about potential hazards.

WATER SAFETY

Ensuring that children learn to swim and keeping a close watch on them at the pool or beach are two ways that officials encourage water safety.

Parents and caregivers should also be mindful of recreational water illnesses, which are caused by swallowing or coming in contact with contaminated water in swimming pools and other bodies of

water. Help reduce the risk of recreational water illnesses by showering with soap and water before

entering a pool, taking frequent bathroom breaks and conducting regular diaper checks followed by washing hands with soap and water, say local health officials.

HEAT SAFETY

Sunburn is another health concern when swimming outdoors.

"Protect your skin and eyes from the sun's damaging rays [by] wearing protective clothing and sunglasses," said Kenya Fluellen, associate professor of nursing at Northern Virginia Community College in Alexandria, Virginia. "Always use sunscreen with a minimum SPF of 30."

Heatstroke is the number two killer of children after car crashes, and Fairfax County has joined with the National Highway Traffic Safety Administration to remind parents and caregivers about the dangers of leaving children unattended in a car, particularly during the summer, which can lead to heatstroke and even death.

Fairfax County officials say there were 30 heatstroke deaths of children left in vehicles in 2014. Most parents simply forgot their children were with them. "Put something in the back of your car, such as a bag or a cell phone, so you'd be certain to check before leaving the car," said Silcox.



PHOTO COURTESY OF ARLINGTON COUNTY FIRE DEPARTMENT

Fireworks are sold at a local stand at Lee Highway and N. Harrison Street in Arlington. Fireworks are synonymous with July 4th celebrations, but creating a fireworks display at home is illegal in some local jurisdictions.

BULLETIN BOARD

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. The deadline for submissions is the Friday prior to publication. Dated announcements should be submitted at least two weeks prior to the event.

THURSDAY/JULY 9

Person Centered Dementia Care. 3 p.m. Insight Memory Care Center, 3953 Pender Drive, Suite 100, Fairfax. It's hard to keep individuals with dementia active and engaged; learn to gear activities to them to make your time together enjoyable, frustration free, and memorable. Call 703-204-4664 to RSVP or visit InsightMCC.org for more information.

SATURDAY/JULY 11

Living Trust Plus Seminar: How to Protect Your Assets from the Expenses of Probate and Long Term Care. The Law Firm of Evan H. Farr, P.C., 10640 Main Street, Suite 200, Fairfax. Learn how to protect your assets and obtain valuable Medicaid and Veterans benefits to pay for long-term care.

WEDNESDAY/JULY 15

Are They Doing That On Purpose? Understanding Behaviors. 1:30 p.m. Insight Memory Care Center, 3953 Pender Drive, Suite 100, Fairfax. Join us for this free program at 1:30 p.m. Come and learn strategies for communication and dealing with difficult behaviors. Call 703-204-4664 to RSVP or visit InsightMCC.org for more information.

ONGOING

Senior Outdoor Pickleball. April-Oct., Wednesdays 8-10 a.m. Audrey Moore Wakefield Park Fairfax County, Courts 9 & 10. Beginners welcome. No cost. Email Gerald Rhoads at geraldrhoads6701@gmail.com.

Volunteer Fairfax seeks individuals, families, youth and corporate groups for service opportunities at a variety of nonprofit agencies. One-time special events or ongoing activities are available at www.volunteerfairfax.org or call 703-246-3460.

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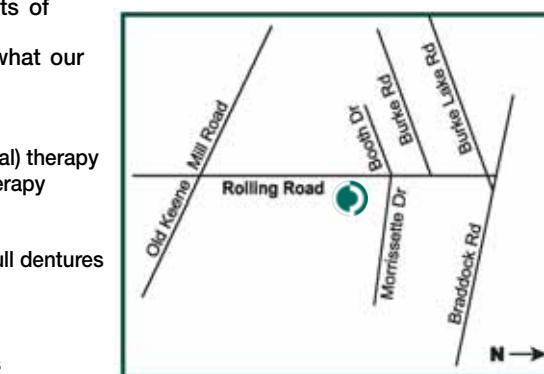


Washingtonian magazine, Drs. Cocolis and DaSilva exceed industry standards in the time they dedicate to continuing education and service. Our skilled and compassionate team pairs patient education with the latest dental techniques and technology, offering an extensive array of dental services including digital x-rays, injection-free laser procedures, CAD-cam same-day porcelain crowns, tooth whitening, Invisalign, and veneers. We offer a variety of sedation options including oral sedation and nitrous oxide (sleep dentistry) and are dedicated to easing all aspects of your dental experience.

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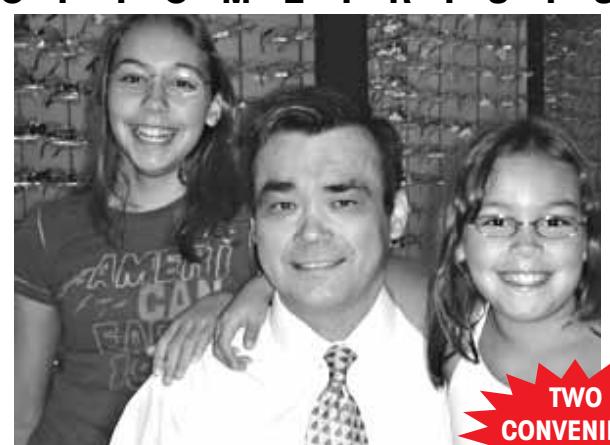
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SPRINGFIELD CONNECTION ♦ JULY 2-8, 2015 ♦ 9

CALENDAR

Recipients of the Above and Beyond with their awards.
From left: Fairfax County Police Chief Roessler, MPO Jason Thompson, PFC Matthew Dannemann, Northern Virginia Community College Police Chief Daniel Dusseau, Fairfax County Sheriff's 2nd Lt. Kevin Timothy and Sheriff Stacey Kincaid.



PHOTOS BY DOMINIQUE ESCALERA/THE CONNECTION

Serving Community, Above and Beyond

Greater Springfield Chamber of Commerce honors four first responders for serving their community.

By DOMINIQUE
ESCALERA
THE CONNECTION

Honoring first responders for their actions off-the-clock is the focus of the Greater Springfield Chamber of Commerce Above & Beyond Luncheon. More than 50 community members attended the luncheon on Monday to honor four service members who went above and beyond in their service to the community.

"They are paid to act with valor, I want to honor them for going above and beyond the job," said Michael Drobis, a board member of the Greater Springfield Chamber of Commerce. Drobis created the event three years ago, wanting to recognize service members who acted beyond the call of duty in their off hours.

First honored was Chief Daniel Dusseau for his work with the Northern Virginia Community College Police Department. Dusseau has increased the number of sworn officers on campus and created a 24/7 dispatch center that unified the police patrol and responses. In addition to his work improving campus safety, he is a volunteer and president with the Peace Officer's Ministry. He also volunteers with the Via de Cristo throughout Northern Virginia.

PFC Matthew Dannemann of the West Springfield District Station was recognized for his volunteer hours as a member of the Virginia Search and Rescue Dog Association. He trains K9's in the area search discipline, but he doesn't see it as work.

"I like to joke that it's a day to go out in the woods to play with dogs like a perpetual 14 year old," said Dannemann. He has responded as a volunteer for 20 missions.

MPO Jason Thompson of the Franconia Station has been part of the Police Department's Search and Rescue team in 2009. Thompson also volunteers with the Virginia Search and Rescue Dog Association, he joined the team two years ago and acts as a K9 escort. He has been involved in notable deployment including the search for missing UVA student



Sheriff Stacey Kincaid with Above and Beyond Recipient 2nd Lt. Kevin Timothy, who was awarded for his volunteer work with more than 50 community service projects since 2009.



Michael Drobis, Greater Springfield Chamber of Commerce board member, presents the Above and Beyond Award to Northern Virginia Community College Police Chief Daniel Dusseau for his work in making significant changes to the college's police operations.

and Fairfax County resident, Hannah Graham.

Finally, 2nd Lt. Kevin Timothy with the Fairfax County Sheriff's Office was recognized for his volunteer hours with the Leadership Fairfax's Emerging Leaders Institute since 2009. After graduating, Timothy was asked to chair the Curriculum Committee. He saw a great opportunity to be part of a non-profit organization that can have a positive impact on community and business leaders. Currently he is co-chair of the ELI Program Committee and volunteers countless hours to help young business leaders strengthen the community.

All the award recipients were applauded for their actions and granted an overall total of \$4,000 for charities of their choosing. Project Lifesaver, Fairfax County Fallen Officers Memorial and the NVCC Education Foundation each received \$1,350. Additionally, \$500 was donated to the Greater Springfield Chamber of Commerce Foundation, which provides scholarships to area students.

"This is just a good thing for the community," said Dennis Hogan, Greater Springfield Chamber of Commerce Treasurer. The Chamber stressed the importance of recognizing first responders for their work after their shifts are done. "All the proceeds go to the community and its shows what a special community we have where people give back," said Hogan.

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. The deadline is the Friday prior to the next paper's publication. Dated announcements should be submitted at least two weeks prior to the event.

ONGOING

Stars on Sunday Concert Series.

Sundays, through Aug. 30. 3 p.m. Workhouse Arts Center, 9518 Workhouse Way, Lorton. Featuring a lineup of performances that showcase the diversity of talent and culture in Northern Virginia. Concerts are free to attend and are perfect for families, a special date or a relaxing afternoon of music and dance.

Burke Arts in the Parks. Saturdays, through Aug. 22. 10 - 11 a.m. Burke Lake Park Amphitheater, 7315 Ox Road, Fairfax Station. Entertain children, teach them the importance of protecting our natural resources, introduce them to live entertainment in an informal kid friendly atmosphere, and forge a connection between kids and parks. Call 703-323-6601.

Summer Reading Program. Friday-Saturday, through Sept. 5. 10 a.m.-5 p.m. Fairfax Library, 10360 North Street, Fairfax. Come to the library all summer for books and events. <http://www.fairfaxcounty.gov/library/branches/fx/>.

THURSDAY/JULY 2

Patriotic Floral Design Workshop.

1:30-3:30 p.m. Green Spring Gardens, 4603 Green Spring Road, Alexandria. Create a centerpiece in red, white and blue just in time for your Fourth of July holiday picnic. The centerpiece includes flowers, flags and patriotic trim. Designer Chuck Mason demonstrates the project and provides assistance. \$35/person plus \$25 supply fee. Register in advance for both program and supply fee. www.fairfaxcounty.gov/parks/greenspring.

Fairfax's Government Center Farmers Market.

3-7 p.m. Thursdays, May 7-Oct. 29. Ten vendors including a Middle Eastern delicacy bakery and custom organic ice cream shop. Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. www.fairfaxcounty.gov/parks/farmersmarkets/governmentctrn-mrkt.htm.

Springfield Writers' Group.

7 p.m. Richard Byrd Library, 7250 Commerce Street, Springfield. Share your work, give and receive feedback in a supportive setting. Adults.

THURSDAY - FRIDAY/JULY 2-3

Bond: An Unauthorized Parody.

8 p.m. Workhouse Arts Center, 9518 Workhouse Way, Lorton. A typical adventure, yet an original story, Gavin Robertson plays a variety of characters with minimum staging and maximum effect. With original music by collaborator Danny Bright, this is one spy story you won't see on the big screen... Run, don't walk to this fantastic show. Tickets: \$10-\$30.

FRIDAY/JULY 3

Independence Day Fireworks & Concerts.

5:30 p.m. Workhouse Arts Center, 9518 Workhouse Way, Lorton. This year's event features "The Sixth Generation;" fireworks by Master Displays; games and children's activities; a variety of food trucks and beer and wine garden; and extended evening gallery hours. "The Sixth Generation" is an authentic 1960s rock band that never fails to delight audiences with their family-friendly, fun and upbeat performances. They were officially inducted into the Michigan Rock and Roll Legends Hall of Fame in 2011.

Youth Jazz Concert. 8-9:30 p.m. Little River United Church of Christ, 8410 Little River Turnpike,

Annandale. Virginia Music Adventures, Inc. (VMA) and the Little River United Church of Christ present a free performance by the Monterey County All-Star Band and Vocal Jazz Ensemble. The concert will showcase the veritable talent of these Monterey-based high school honor ensembles, which are sponsored by the nationally acclaimed Monterey Jazz Festival and have obtained worldwide recognition and rave reviews for their performances.

Friday Evening Garden Tour. 7-8 p.m. Green Spring Gardens, 4603 Green Spring Road, Alexandria. View Green Spring's demonstration gardens in a different light. Master Gardener docents highlight the summer sights, fragrances and sounds at the end of the day, when changing light accentuates different plants and landscape features. \$12/person for each tour. www.fairfaxcounty.gov/parks/greenspring

Kingstowne Farmers Market. 4-7 p.m. Fridays, May 1-Oct. 30. Giant Parking Lot, 5955 Kingstowne Towne Center, Alexandria. Vendors products include fresh organic honey and hand held pies and rolls. www.fairfaxcounty.gov/parks/farmersmarkets/kingtownemkt.htm

FRIDAY-SUNDAY/JULY 3 - JULY 5

World Police & Fire Games.

Thousands of athletes from 70 countries will converge in Fairfax County for 10 days of competitions. Entertainment and activities will be hosted by Reston Town Center during the games. Fairfax2015.com

SATURDAY/JULY 4

Free Art of Movement Classes on the Quad: Pilates.

8 a.m. Workhouse Arts Center, 9518 Workhouse Way, Lorton. Enjoy free, drop-in Art of Movement classes featuring pilates. No experience is necessary, bring your own mat and an open mind.

Burke Farmers Market. 8 a.m.-noon. Saturdays, May 2-Nov. 21. 5671 Roberts Parkway, Burke. www.fairfaxcounty.gov/parks/farmersmarkets/burkemkt.htm

Springfield Farmers Market. 10 a.m.-2 p.m. Springfield Town Center, 6699 Spring Mall Drive, Springfield. www.smartmarkets.org.

Fairfax Farmers Market. 8 a.m.-1 p.m. Saturdays, May 9-Oct. 31. 10500 Page Avenue, Fairfax. www.fairfaxesaturdaymarket.com

SUNDAY/JULY 5

Stars on Sunday Concert Series: Just Wingin' It Bluegrass Band.

3 p.m. Workhouse Arts Center, 9518 Workhouse Way, Lorton. Featuring a lineup of performances that showcase the diversity of talent and culture in Northern Virginia. Concerts are free to attend and are perfect for families, a special date or a relaxing afternoon of music and dance.

Workhouse Farmers Market. 1-5 p.m., at the Workhouse, 9601 Ox Road, Lorton. Every Sunday on the quad is a producer-only market for discerning shoppers featuring locally grown fruits and vegetables, locally raised meats and poultry and local foods from breads to salsas and sausages. www.workhousearts.org. Runs through Sept. 13.

Lorton Farmers Market. 9 a.m.-1 p.m. Sundays, May 3-Nov. 8. Featuring fresh produce, a Swiss bakery and potted plants and herbs. VRE Parking Lot, 8990 Lorton Station

SEE CALENDAR, PAGE II

www.CONNECTIONNEWSPAPERS.COM

CALENDAR

FROM PAGE 10

Boulevard, Lorton.
www.fairfaxcounty.gov/parks/farmersmarkets/lortontmkt.htm
Fairfax Farmers Market. 10 a.m.-2 p.m. Sundays, May 10-Oct. 25. 10500 Page Avenue, Fairfax. www.fairfaxesaturdaymarket.com/
Fair Lakes Farmers Market. 9 a.m.-1 p.m. 4501 Market Commons Drive, Fairfax. www.greentowns.com/initiative/farmers-market/fair-lakes-farmers-market-fairfax-va.

MONDAY/JULY 6

Yoga for Gardeners. 9:45-10:45 a.m. Green Spring Gardens, 4603 Green Spring Road, Alexandria. This class features a gentle introduction to the Vinyasa method which helps participants increase the strength, flexibility and endurance necessary for gardening. The class is held indoors, and there are eight lessons. \$86/person. www.fairfaxcounty.gov/parks/greenspring.

Magic Book Club. 10:30 a.m. Burke Centre Library, 5935 Fred Oaks Road, Burke. Magic, music and fun with magician Brian Curry. Ages 6-12.

TUESDAY/JULY 7

Legos in the Library. 4:30 p.m. Kings Park Library, 9000 Burke Lake Road, Burke. Use your imagination and make friends with our LEGO bricks free build. Age 6-12.

Virtual Reality Tour. 7 p.m. Kings Park Library, 9000 Burke Lake Road, Burke. An exploration of moderated virtual reality worlds consisting of a guided tour of significant projects, applications, and a demonstration of building. Age 12-18.

THURSDAY/JULY 9

Teen Video Production Workshop. 7 p.m. Burke Centre Library, 5935 Fred Oaks Road, Burke. Learn basic editing, cinematography, and camera settings, from Sam Sikora a teen who has won awards at Robinson High School for his work.

Jammin' Book Party. 7 p.m. Lorton Library, 9520 Richmond Highway, Lorton. Explore fun stories and games. Snacks provided. Age 9-12.

Afternoon Book Club. 1 p.m. Richard Byrd Library, 7250 Commerce Street, Springfield. Do you enjoy reading and appreciate the company of other book lovers? Join our afternoon book club, make new friends, and chat about books. This month's title is "The Cuckoo's Egg" by Clifford Stoll.

FRIDAY/JULY 10

Fun & Games. 2 p.m. Burke Centre Library, 5935 Fred Oaks Road, Burke. Game day! The library is bringing out their board games for an afternoon of gaming fun. Age 6-12.



PHOTOS BY BONNIE HOBBS/THE CONNECTION

Woodson High's Color Guard marches in last year's Fairfax City Independence Day parade.

July 4th in Fairfax County

SATURDAY/ JULY 4

Historic Pohick Church 4th of July Tours. 1-3 p.m. Pohick Church, 9301 Richmond Highway, Lorton. Costumed history docents will give free guided tours of the historic colonial church. <http://www.pohick.org>

July 4th in Paradise. 11 a.m.-7 p.m. Paradise Springs Winery, 13219 Yates Ford Road, Clifton. Open for normal business hours with live music and food available throughout the day. <http://www.paradespringswinery.com>

Fairfax's Independence Day Celebration & Fireworks. 10 a.m.-10:30 p.m. in the Downtown Fairfax Historic District. Independence day parade, historical tours, games, entertainment and fireworks begins at 7 p.m. www.fairfaxva.gov.

Vienna 4th of July Festival and Fireworks Show. 12-9 p.m. Vienna Town Green, 144 Maple Avenue, East, Vienna. Free event with food and drink, music, family games, children's entertainment and more. Fireworks show begins at 9:15 p.m. <http://www.viennava.gov/index.aspx?nid=894>

McLean 4th of July Fireworks Celebration. 8 p.m. Cooper Middle School, 977 Balls Hill Road, McLean. Food and music. Shuttle buses will be available at St. John's Episcopal Church at the McLean Community Center. <http://www.mcleancenter.org/special-events>

Great Falls 4th of July Celebration & Parade. 8 a.m. - 6 p.m. Village Centre Green, 776 Walker Road, Great Falls. 5K walk/run, blood drive, Little Patriot Parade, and floats, horses, antique cars and pets making a loop in the Main Parade. Fireworks start after dusk at Turner Farm Park. <http://www.celebrategreatfalls.org>.

Herndon 4th of July Celebration. 6:30 p.m. Bready Park, Herndon Community Center, 814 Ferndale Avenue, Herndon. A family-fun event featuring games, arts and craft activities, bingo, food face painting, balloon artists, and fireworks. Fireworks show is choreographed to music and begins at dark, approximately 9:30 p.m. www.herndon-va.gov.

Lake Fairfax Fireworks Spectacular. 4-8 p.m. Lake Fairfax, 1400 Lake Fairfax Drive, Reston. Live music, enjoy the Water Mine park and more. <http://www.fairfaxcounty.gov/parks/lakefairfax/>

Firecracker 5K for the Troops. 8 a.m. Reston Town Center, 11900 Market Street, Reston. A 3.1 mile race, live music, face painting, waving flags, and free massages. <http://www.prraces.com/firecracker/>

Mount Vernon's An American Celebration. 8 a.m.-5 p.m. George Washington's Mount Vernon, 3200 Mount Vernon Memorial Highway, Mount Vernon. Daytime fireworks in patriotic colors fired over the Potomac River at 1 p.m. The event also includes an inspirational naturalization ceremony for 100 new citizens, military re-enactments, a special wreath-laying ceremony, free birthday cake for all and a visit from the "first" first couple, "General and Mrs. Washington." www.mountvernon.org.

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LETTERS

Simmons

FROM PAGE 6

pass along added costs to patients with insurance. Option 2 could raise health insurance premiums by approximately 10 percent according to estimates.

With Medicaid expansion, the federal government initially pays 100 percent of the costs and no less than 90 percent after 2021. In addition, thousands of new medical jobs would be created to care for these newly funded patients, including relatively well-paid doctors, physician assistants, nurses, and lab technicians, who would spend their salaries in local Virginia communities on homes, cars, groceries, and all the things families with decent incomes buy. And these families would pay state taxes into Virginia's general fund, which exceed any expansion costs that would be borne by the state under the Affordable Care Act.

Over the next 5 years, Virginians will pay \$10 billion in new federal taxes under the Affordable Care Act to pay the federal share of Medicaid expansion even if our state chooses to sit on its hands. What a shame it would be for us to forfeit these dollars while nearby states of Maryland, Kentucky, and West Virginia, have all taken advantage of this program and bolstered their states' finances and health care. An estimated 250,000 to 400,000 Virginia residents would become eligible for health care they cannot get now without lining up for periodic free clinics that serve a fraction of the needy, or becoming so sick they qualify for indigent emergency care.

The Department of Medicaid Services and PriceWaterhouseCoopers calculations are available online and have been available for nearly three years. It is time for the naysayers to stop disregarding the facts and support Medicaid expansion and the economic growth that it holds for our state.

Rex Simmons
Fairfax Station

Piotter

FROM PAGE 6

in Virginia "for crucial under-funded programs" as Del. Plum claims.

Another fact, conveniently overlooked by Medicaid expansion supporters, is that Medicaid coverage itself does not guarantee access to quality healthcare. Again, the opposite is true. Expanding Medicaid would add thousands of new enrollees in Virginia, yet fewer and fewer physicians are accepting Medicaid patients because of low reimbursement rates. These new enrollees would be challenged to get timely care, as they would compete with current Medicaid enrollees already seeking treatment from a dwindling supply of providers.

A particularly disturbing fact is that Medicaid patients having major surgery in hospitals are more likely to die in the hospital than either uninsured patients or those with private insurance. Decades of research have proven that adults and children alike who receive care under Medicaid have higher mortality rates than privately insured patients.

Most troubling is the fact that Medicaid is a broken program rife with fraud and abuse. Advocating expansion of such a program defies reason and logic, and exhibits poor stewardship. Virginia and other states need to continue pressuring the federal government to have the flexibility to reform Medicaid and allow Medicaid patients to have access to private insurance in a consumer-driven market. Several states are already doing this and are saving money while improving access to care.

These are but a few of numerous fact-based reasons to reject Medicaid expansion in Virginia, as the Republicans worked to do in the 2015 General Assembly. Virginians should be grateful not to be shackled to this failed program. Looking toward this year's General Assembly Election, let's put our support behind candidates who champion reform and who seek to improve the quality and delivery of healthcare.

Producing better health outcomes while limiting spending of both federal and state taxpayer dollars would be the "sure winner" in Virginia. Voters who look beyond rhetoric — and examine the facts — will grasp what's at stake.

Nancy Piotter
Fairfax Station

Call for Pet Connection Photos

The Pet Connection, a twice-yearly special edition, will publish on July 22, and photos and stories of your pets with you and your family should be submitted by July 15.

Our favorite pictures include both pets and humans. We welcome short stories about how you got your pet, a noteworthy talent or anecdote about your pet, tales of the bonds between your family and your pet, plus drawings, paintings or other artwork of your pet by children or adults. Please tell us a little bit about your creature, identify everyone in the photo, give a brief description what is happening in the photo, and include address and phone number (we will not publish your address or phone number, just your town name).

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SPORTS

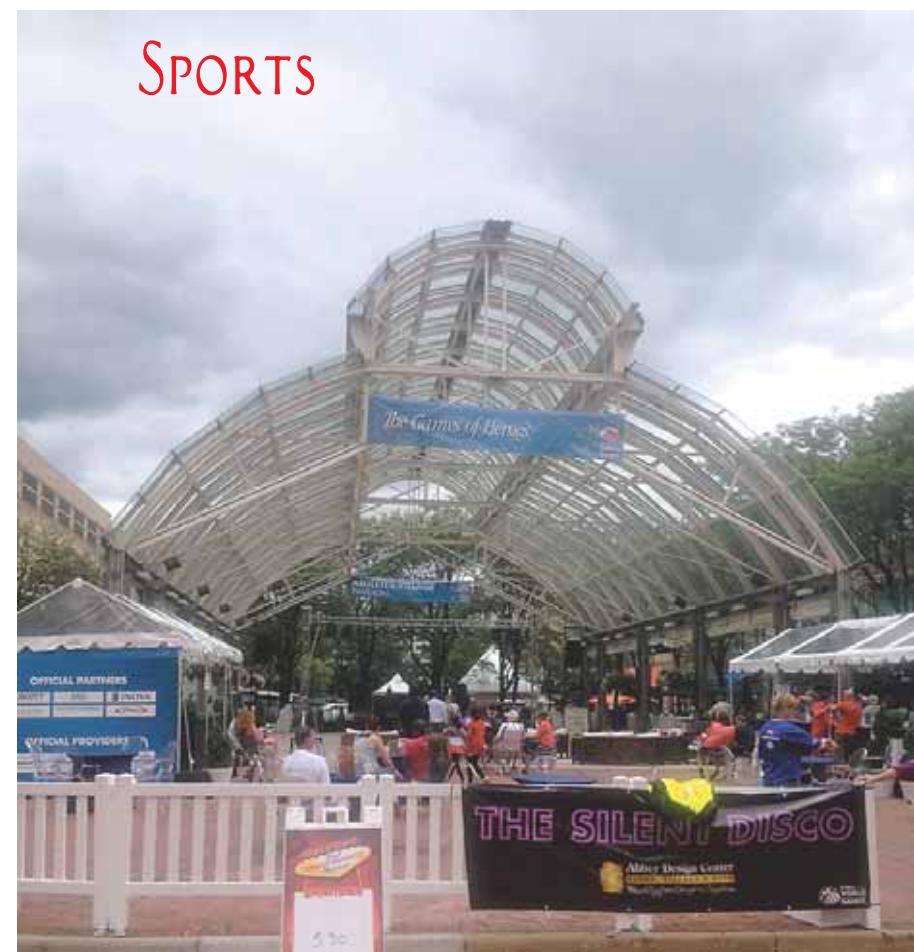


PHOTO BY RYAN DUNN/THE CONNECTION

On Sunday, June 28 weather was clear for competitions in Reston for events such as the Honor Guard competition, Open Water Swim and Ice Hockey.

Athletes on Fire

World Police and Fire Games weekend events near Reston Town Center.

BY RYAN DUNN
THE CONNECTION

Rain which lasted throughout Saturday, June 27 canceled several outdoor events in the Fairfax 2015 World Police & Fire Games. Yet a sunnier Sunday permitted competitions to continue in Fairfax County. In Reston, Honor Guards marched at the Reston Town Center pavilion, police dogs did an obstacle course at Lake Fairfax Park, and more than 100 open water swimmers swam two miles in Lake Audubon. Fairfax County Police Officer Sean Martin won the 35+ age group in the Open Water Swim (44:01). At Reston SkateQuest on 1800 Michael Faraday Ct., novice division teams participated in the Ice Hockey competition. The Novice Championship will be held on Friday, July 3.

"I am excited to watch all the games, it is a lot of fun," said Mark Kordalski. Kordalski and Steve McFarland, firefighters with Fairfax County Fire and Rescue are both assisting the World Police & Fire Games Ice Hockey games held at Reston SkateQuest. Ice Hockey

games are also being held at Ashburn Ice House, and Prince William Ice Center at Dale City. "It has been interesting to see all the different sports representatives," said Caitlin Warren, a front desk receptionist at SkateQuest and student at NOVA Community College. Lake Fairfax Park in Reston will host the Cross Country and Rugby games scheduled to begin Tuesday, June 30. For more info on the 2015 Games, visit fairfax2015.com.

The Fairfax 2015 World Police & Fire Games end July 5. Reston Town Center has another athletic event it will host on July 4, the annual Firecracker 5K.

The sixth annual Firecracker 5K on Saturday, July 4 will be sponsored by Reston-based Leidos and benefit the USO of Metropolitan Washington. In this "Battle of the Branches" competition, whichever military branch has the most registered runners will have donation to the USO made on its behalf.

The race is July 4, 8 a.m. at Reston Town Center. Registration is \$35 and is open online through July 2. Price jumps to \$40 July 2-4. Discounts for under 14 or Active Military.

The course goes on streets through Reston Town Center, as well as on Cameron Glen Drive, Sunset Hills Road, Reston Parkway and Town Center Parkway. Roads will not be blocked to traffic, but lanes could be blocked. The course is relatively flat. For more info on the Firecracker 5K, see www.prraces.com/firecracker.

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21 Announcements

21 Announcements

101 Computers

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LEGAL NOTICE

Complaint For Absolute Divorce of Willie Gray Ward and Qwendolyn Branch Ward Issued at the State Of North Carolina In The General Court Of Justice District Court Division File No. 12CVD1715 10/24/12. Address and Phone number as followed.

Willie Gray Ward
3009B Buckingham Road NW
Wilson, NC 27896

Main Contact Phone Number 252-373-3341

21 Announcements

21 Announcements

VIRGINIA: IN THE GENERAL DISTRICT COURT FOR THE CITY OF VIRGINIA BEACH

CARTER LUMBER OF VIRGINIA, INC.,
PLAINTIFF,
v.
DANIEL ROBINSON, et al.
DEFENDANTS.

ORDER OF PUBLICATION

The object of this suit is to recover money damages for breach of contract.
It is ORDERED that Daniel Robinson and Alaric Holdings, LLC appear at the above-named court on July 30, 2015 at 8:30 A.M. to protect their interests.
David M. O'Dell, Clerk
June 10, 2015

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15 Getaways

21 Announcements

21 Announcements

21 Announcements

21 Announcements

ABC LICENSE

Correct First Time Auto Service, Inc trading as Ox Road Exxon, 5211 Ox Road, Fairfax, VA 22030. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer off premises license to sell or manufacture alcoholic beverages. Poonam Sharma, member

NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

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21 Announcements

21 Announcements

21 Announcements

21 Announcements

LEGAL NOTICE

According to the Lease by and between Kathleen M O'Rourke aka Kathleen D Meehan of unit 1060 and TKG-StorageMart and its related parties, assigns and affiliates in order to perfect the Lien on the goods contained in their storage unit, the manager has cut the lock on their unit and upon cursory inspection the unit was found to contain: christmas decor, boxes, ladders, tool bench, ect. Items will be sold or otherwise disposed of on Friday July 17, 2015 @ 12:00pm at 11325 Lee Hwy Fairfax VA 22030 to satisfy owner's lien in accordance with state statutes.

According to the Lease by and between Khashayar Zargham aka K Zargham of unit 1077 and TKG-StorageMart and its related parties, assigns and affiliates in order to perfect the Lien on the goods contained in their storage unit, the manager has cut the lock on their unit and upon cursory inspection the unit was found to contain: file cabinets, boxes, ect. Items will be sold or otherwise disposed of on Friday July 17, 2015 @ 12:00pm at 11325 Lee Hwy Fairfax VA 22030 to satisfy owner's lien in accordance with state statutes.

According to the Lease by and between Steven Gonzalez of unit 2028 and TKG-StorageMart and its related parties, assigns and affiliates in order to perfect the Lien on the goods contained in their storage unit, the manager has cut the lock on their unit and upon cursory inspection the unit was found to contain: bins, lamp, medical supplies, ect. Items will be sold or otherwise disposed of on Friday July 17, 2015 @ 12:00pm at 11325 Lee Hwy Fairfax VA 22030 to satisfy owner's lien in accordance with state statutes.

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PHOTOS CONTRIBUTED

Award winner Bella Thurgood with her mother Kate Thurgood and Jeannie Leson of Anna Maria Fitzhugh Chapter, NSDAR, June 18 at the award ceremony at Ravensworth Elementary School.

Youth Citizenship Honored

Anna Maria Fitzhugh Chapter, National Society Daughters of the American Revolution (DAR) in Springfield, has presented several awards at local elementary schools and at Lake Braddock Secondary School.

The DAR Youth Citizenship Award was presented to a sixth grade student who exhibits honor, service, courage, leadership and patriotism. The winner is chosen by the school faculty. (Below is a list of recipients at 11 area elementary schools.)

The DAR JROTC medal was presented to Cadet Captain Alexis Ollison at Lake Braddock Secondary School. Alexis is a member of the Doctors of Tomorrow Club at Lake Braddock Secondary School and the Medical Explorers Club of INOVA Hospital. Alexis will attend Old Dominion University and will study Nursing.

Alexis Ollison, Cadet Captain at Lake Braddock Secondary School, is pictured with her parents and Lise Harvey, Regent of Anna Maria Fitzhugh Chapter, NSDAR.



DAR Youth Citizenship Award Recipients 2015

- Cardinal Forest Elementary School: Alexandra Kowalski
- Cherry Run Elementary School: Patrick Beene
- Hunt Valley Elementary School: Ryan Massie
- Keene Mill Elementary School: Theresa Miceli
- Kings Glen Elementary School: Carter C. Shaw
- Orange Hunt Elementary School: Andrew Poe
- Ravensworth Elementary School: Isabella Thurgood
- Rolling Valley Elementary School: Reece Plimpton
- Sangster Elementary School: Ryan MacMichael
- West Springfield Elementary School: William Hover
- White Oaks Elementary School: Kylie Sullivan



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