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Umbrellas dot Gateway Park as Sonny Knight, lead singer for Sonny Knight and the Lakers, croons classic jazz at the Rosslyn Jazz Festival on Saturday, Sept. 12. Several children crowd next to the stage dancing with the music as others prefer the back row to swing with the band.

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O'Connell Boys' Soccer  
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# Jazz Festival Celebrates 25 Years

NEWS, PAGE 3

PHOTO BY SHIRLEY RUHE/THE CONNECTION



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BLT15-Q1-V1A1



**Marvin Roane, first time volunteer at the Rosslyn Jazz Fest, takes the opportunity to shake the hand of Sonny Knight, lead singer of Sonny Knight and the Lakers, who had just finished his performance at the Rosslyn Jazz Fest.**



**Several hundred jazz fans braved the sometimes heavy thunderstorms mid-Saturday afternoon at Gateway Park in Rosslyn to hear free performances “Celebrating Diverse Musical Genres.”**

PHOTOS BY SHIRLEY RUEHE/THE CONNECTION

## Rosslyn Jazz Festival Celebrates 25 Years

**They didn't stop coming despite rain.**

**A**mid a day of off and on heavy thunderstorms, the Rosslyn Jazz Fest celebrated its 25th year at Gateway Park in Rosslyn. Trombones and saxophones bounced off buildings for blocks down side streets and police cars blocked off the street set aside for the beer tickets and food trucks. Vendors included everything from Ben and Jerry's,

Bob's Big Bite and Arlington Democrats to Afghan Arts and Holy Crepes plus a stand selling black festival T-shirts.

According to Marvin Roane, a first time volunteer at the Jazz Fest who is an “old school” jazz lover, it was raining a little at 1 p.m. when the festival opened. But about 2 p.m. the sky opened up for about half an hour. “But the music kept goin’ on and the people kept comin’ with their umbrellas and taking shelter wherever they could find a place. People really appreciate this.”

A young girl in her ruffled pink dress and colorfully decorated face dug in the sand

with her plastic shovel looking for the special toys buried in the sandbox. The children's festivities also included face painting and sidewalk chalk drawing. A couple with a white box of something mysterious from the nearby food truck sat at a picnic table watching the Frisbee contest in the open area. Others were having a few drinks. Two couples faced off in a beanbag throwing contest.

Roane said he is on loan for the day from the Business Improvement District in Georgetown and he was rotating from green zone K to yellow zone S to hand out pro-

grams, watch the crowd and keep the receptacles emptied. The festival advertised the celebration of diverse musical genres. Festivities began on Friday night, Sept. 11, with a free sold-out concert by Troker, a Mexican jazz/rock fusion band. Saturday's program opened with the Funk Ark and was followed by Sonny Knight and the Lakers from Minneapolis playing classic jazz reminiscent of three decades ago. Mid-afternoon shifted over to Debo Band, an Ethiopian pop group. Dirty Dozen Brass Band, this year's headliner, concluded the day with New Orleans brass band music.

## New Crop of Concerns

BY VERNON MILES  
THE CONNECTION

**M**ost of the Reevesland property will still belong to the county as an open park. The 2.5 acres of county historical district around Arlington's last working farm will remain as a city park, including the gardens and the hill for children to sled on. But there's one important piece missing from the idyllic scene: Reevesland itself.

Following the Planning Commission's approval on Sept. 9, and pending County Board approval, the Reeves farmhouse will be divided into

a residential parcel separate from the rest of the county. The commission voted in favor of a permit for a Unified Residential Development (URD) that will allow the county to market the house for sale to a buyer willing to maintain and restore it.

**“I hope some other path will come along to be able to preserve Reevesland.”**

**— Rosemary Ciotti, member, Planning Commission**

The commission approved the URD as one option in the continuing effort to decide what to do with Arlington's last dairy farm. Members of the commission still expressed hope that the county can work out a public private partnership to maintain the building for another use, but the URD allows the home to become a private residence if those aspirations fall through.

The URD does come with a share of stipulations for the potential owners. According to the staff report, all changes to the exterior of the building will require approval by the Historic Affairs and Landmark Review Board. There is also a local ordinance

that makes it possible to demolish the building in extremely limited circumstances, though no property within the historic district has ever been demolished using this provision. Not protected under the local ordinance, though, is a non-historic garage

## Planning Commission approves possible single-family residence at Reevesland.

on the site that is being torn down to create better access to the historic milkshed.

Neighbors and members of the Reevesland Learning Center, an education program at the site that teaches about local history and agriculture, spoke in an impassioned defense of restoring the farmhouse as county property. Sandra Kalscheur, chair of the Reevesland Learning Center, said the group had procedural and ethical concerns about the decision regarding Reevesland. Kalscheur expressed concerns about an allowance for expansion of the farmhouse property. In a document submitted to the Planning Commission by Commission member Nancy Iacomini, the land allows for a “modest expansion of the house or the addition of a free-standing garage.”

But more at the heart of the issue, Kalscheur was disturbed that the URD approval means that the farmhouse could not be used for anything other than a single-family home.

“From a planning perspective, the placement of a privately owned single-family structure within Bluemont Park simply does not make sense,” said Kalscheur. “The park

is a county resource, and should be wholly owned and maintained by the county.”

Zoned as single-family residential, there are few options for the site other than as a residence. According to the staff report, the zoning would allow for the building to be used as a home daycare, but the URD would not allow the site to be used as a museum or art gallery.

Members of the commission noted that, just because a URD was approved doesn't mean that it will be used. Approval makes single-family residence possible, not inevitable.

“I am in no way suggesting we had the appropriate public process getting here,” said Commission member Erik Gutshall, “but for the future of Reevesland, the URD is useful in providing one option.”

Given the volume of public speakers defending the farmhouse, many of whom stayed even after the discussion on the previous docket item went over an hour longer past the commission said it would, some on the commission expressed serious doubts about the process behind the decision.

SEE NEW CONCERNS, PAGE 10

# Keeping the Best and Adding the Vision

## New principal leads Williamsburg Middle School.

BY SHIRLEY RUHE  
THE CONNECTION

### Part Three

Third in a series of five articles focusing on Arlington middle schools.

It was the third day of school and Gordon Laurie, new principal at Williamsburg Middle School, began his day when a father dropping off his son explained to Laurie that his son couldn't work the combination on his locker. Laurie told him he would take care of it.

"Not a big line item for me but obviously important to the student because he couldn't get his stuff out of his locker," Laurie said. But at 11:36 a.m. the big line item showed up when the electricity suddenly went out in the school. After a quick call to the power company, Laurie reacted instantly to calm the teachers and the students, to figure out whether there was hot lunch for the upcoming second lunch period, to begin implementation of a plan for moving students from rooms without windows. And then "poof," the lights went back on.

Laurie says his goal as a new principal is to not to break the

high-performing tradition while conveying his own vision. Laurie says it is "every child's educational birthright and our moral obligation that 100 percent will be successful. Anything less is not acceptable. We want to position them in the best way possible for academic success but also the intangibles.

"What I am learning is that Williamsburg has a rich tradition in the community with deep roots. We have teachers who came here as a student," he said. "Folks have been coming in since July 1 and sharing their time at Williamsburg."

Laurie taught English for 10 years and was an assistant principal at both Wakefield High School and Washington-Lee High School before coming to Williamsburg. He said as a teacher you can impact the students but as a principal you can make systemic changes. He became interested in this career path when he was part of a teacher



PHOTOS BY SHIRLEY RUHE/THE CONNECTION

Principal Gordon Laurie greets students in the hallway between classes on the third day of school at Williamsburg Middle School.

group chosen to speak about the assistant principal with the superintendent of Falls Church City Schools. As the newly-chosen principal was leaving to take over at George Mason High School, he encouraged Laurie to explore and pursue an administrative certification. This led Laurie to George Mason University, a training ground for prospective principals. He says as he thinks back on his time in education, he has seen a shift with "more attention to being deliberative about the things we're doing and a more collaborative mind set."

Laurie recalls other things have changed. When he was a first year teacher it was trial by fire and if

you could prove you were going to make it, the system would engage. "Now support is primary from the beginning to help a teacher become successful." Along with this is a shift in thinking about digital. "Older teachers are digital immigrants." He explains that today's students are never without the internet, "so we have to craft a program that meets their needs." He says with today's students, "we're looking to provide skills for the 21st century for jobs that haven't been invented yet. Work ethic and written communication are absolutely necessary."

Laurie said that teachers can

SEE INSIDE, PAGE 10



Students head from second lunch period down the hallway to grab books from their lockers and head to class at Williamsburg Middle School.

## "Smart" Upgrades for Your Kitchen



The kitchen has always been the heart of the home. More and more, it's the brains as well, thanks to the emergence of smarter appliances, fixtures, and design practices. Here are smart upgrades to consider if you're remodeling the kitchen—or just looking to improve its form, function, and feel.

A home for all your electronics. Charging stations are one of the fastest-growing features of today's kitchen. Think about how many electronics you're using in the kitchen at any one time, maybe face timing on your tablet while you download the evening's dinner recipe on your laptop. We see homeowners incorporating charging stations into island countertops or tucking them into a cabinet drawer. There are also freestanding stations that can be kept out on the countertop, space permitting.

Appliances that cut down on guesswork. Convection steam ovens are gaining in popularity. One feature that is great about these appliances is their ability to cook dishes on their own, often more quickly than a conventional oven. Also cooking appliances with Wi-Fi capability such as wall ovens are gaining in popularity. This is helpful if you want to preheat the oven from the backyard or another part of the house.

Countertops that care for themselves. If your last countertop was made of granite, you probably had to seal it often, or else put up with staining. That's not the case with quartz, which rivals granite's popularity. Besides its sealant-free resistance to staining, quartz offers diverse design options, from bright colors to look alike natural stones.

Streamlined islands. Islands continue to benefit from design refinements and helpful accessories. In multi-cook kitchens, adding an induction cooktop to the island creates a second workstation. Induction is tops for speed and responsiveness, and these cooktops are particularly suited for island installations, since their smooth tops are relatively easy to keep clean. However, having a nice open island top can be great for entertaining and day-to-day use like doing homework.



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# NEWS

## Taking Care of The Whole Child

### School Board details its priorities.

BY VERNON MILES  
THE CONNECTION

If a school system is only taking care of a student between when a student arrives on a bus and when they leave, they are failing that child. At least, that's the logic behind the 2015-16 Arlington School Board's priorities.

At the Sept. 10 School Board meeting, the primary topic of the night was priorities for the upcoming year.

A major focus of the School Board's priorities was on the "whole child," with a particular focus on developing policies during the school year that focuses on wellness and basic needs.

The basic needs focus included looking into policies to support food, housing, and health care for students outside of the classroom. This includes working with the County Board, non-profits, and local faith based communities.

"When we look at achievement, we want to ensure that we are looking at the total student," said School Board Chair Emma Violand-Sanchez. "We want to see that the student is healthy, safe, supported, academically engaged

and challenged. We want to align and integrate collaborative resources."

The focus on wellness, particularly on providing better physical education and nutrition options for students, struck a chord with many parents in the audience.

"I am so proud to live in a county where my School Board wants to take on this priority," said Mark Jones, a local parent. "I certainly hope a significant focus is an infusion of exercise into the school day.

We all know it helps with physical health ... it also helps kids emotionally ... I think the most exciting thing is that physical exercise helps kids cognitively, and that translates into improved academic performance."

"Movement is a key to optimal living," said Dr. Joan Mountain Elliott, a physical therapist. "As a healthcare professional, an employee of the school system for 17 years, and the

parent of two young adults who benefitted greatly from their education in Arlington public schools, I truly appreciate that the focus of this year's strategic plan is on meeting the needs of the whole

SEE TAKING CARE. PAGE 10

**"Incorporating physical activity within the curriculum is one cost effective and creative program providing a learning environment that is healthy and engaging to student's needs."**

**— Dr. Joan Mountain Elliott, physical therapist**

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## Young Professionals

New members to the Leadership Center for Excellence's Young Professionals Program Fall Class of 2015 include:

- Tatiana Delgado**, Healthcare Distribution Management Association
- Ariana Flores**, BB&T
- Michael Hawald**, Marymount University
- Alex Held**, Arlington Chamber of Commerce
- Amanda Herrmann**, U.S. Department of Labor
- Dan Howard**, Communities in Schools of Northern Virginia
- Robbie Humphreys**, Dominion Virginia Power
- Jeremiah Huston**, AFAC
- Rishita Jaju**, Smile Wonders, PLLC
- Katherine Johnson**, Burke & Herbert Bank
- Kate Keller**, Arlington County Fire Department
- Taylor Lawch**, The JBG Companies
- Heather Mills**, RxAnte
- Lorraine Nwaoko**, Volunteers of America, Chesapeake
- Gretchen Reinemeyer**, Arlington County, Electoral Board
- Ronald Rodriguez**, Accenture Federal Services
- Becky Schmitt**, Arlington County Department of Parks & Recreation
- Emily Simmonds**, Arlington Partnership for Affordable Housing
- Carla Smith**, Arlington Community Federal Credit Union
- Rich Sobonya**, Freedom Bank
- Dan Summers**, Harris Corp.
- Benjamin White**, Enterprise Knowledge, LLC
- Jonny Wilson**, Accenture
- Andrea Woods**, The Boeing Company
- Kahlee Yeldell**, Council on Foundations



**Leadership Center for Excellence, powered by Leadership Arlington, welcomed its newest class of the Young Professionals Program on Aug. 29 as it gathered for the first time at a day-long retreat. Twenty-five participants were selected to engage in the experiential program, now in its eighth session, for fast-track leaders in the region. The new class joins Leadership Arlington's over 1,000 members representing almost 600 organizations. Over the next four months, the Young Professionals Program will focus on civic and philanthropic awareness to promote a deeper level of community engagement throughout the D.C. metro region. In addition to these program goals, they will receive valuable leadership skills training. See [www.leadershiparlington.org](http://www.leadershiparlington.org).**

## BUSINESS NOTES

Email announcements to [arlington@connectionnewspapers.com](mailto:arlington@connectionnewspapers.com). Deadline is Thursday at noon. Photos welcomed.

Hyatt Regency Crystal City has hired **Peter E. Schaefer** as event chef. Schaefer is a graduate of Johnson & Wales University and holds a degree in culinary arts as well as a bachelor of business in foodservice management.

Seven of **Bean, Kinney & Korman's** attorneys have been selected for inclusion in the 2015 Virginia Super Lawyers list, and five additional attorneys were selected for the Virginia Rising Stars list. Super Lawyers is a rating service of lawyers from more than 70 practice areas who have attained a high degree of peer recognition and professional achievement. Rising Stars recognizes up-and-coming attorneys who are 40 years old or younger or have been practicing for 10 years or less. The selection process includes independent research, peer nominations and peer evaluations. The attorneys were recognized for their work in six different practice areas.

The Bean, Kinney & Korman lawyers included in Super Lawyers are: **Raighne Delaney**, Business Litigation; **Jonathan Kinney**, Land Use/Zoning; **James Korman**, Family Law; **Christian Lapham**, Family Law; **James Schroll**, Bankruptcy and Creditor/Debtor Rights; **Sara Leiner Schuler**, Family Law; and **Richard Sullivan Jr.**, Business Litigation. The attorneys included as Rising Stars are: **Andrea Davison**, Bankruptcy, Business; **Jennifer McCammon**, Family Law; **Matthew Roberts**, Land Use/

Zoning; **Lauren Keenan Rote**, Estate & Probate; and **Zachary Williams**, General Litigation.

**Fashion Centre at Pentagon City** is now offering gift-wrapping services for purchases of more than \$250 at luxury retailers like Coach, Michael Kors and Tourneau. Shoppers may visit guest services with a proof of purchase to receive the service. Visit [www.fashioncentrepentagon.com](http://www.fashioncentrepentagon.com).

**Doug Taylor** has been named a shareholder of Bean, Kinney & Korman, P.C. He joined the firm in December 2014 as an associate.

**Marymount University** has been named a National Center of Academic Excellence in Cyber Defense Education. The designation comes from the National Security Agency and the Department of Homeland Security.

**Blue Door Painters, Inc.** was recently named by Painting Contractor Magazine as the winner of the 2015 Top Job-DC award. Top Job honors a single painting company in a city for its superior work and commitment to excellence in the painting industry.

For the fifth year in a row, **Millennium Corporation**, a service-disabled, veteran-owned small business providing training and consulting services, has been recognized by the Virginia Chamber of Commerce with the "Virginia Fantastic 50" award as one of the fastest growing businesses in the state.

**Douglas R. Lopez** has been appointed its chief operating officer at Engineering Services Network, Inc., a provider of professional engineering and technology services for military and government customers.

CareFirst BlueCross BlueShield (CareFirst) will award \$85,778 to **SCAN of Northern Virginia** to purchase cribs and increase safe sleep education for its Operation Safe Babies program in Alexandria, Arlington and Fairfax.

**Institute for Supply Management-Northern Virginia, Inc.**, an affiliate of Institute for Supply Management (ISM) has received ISM's national Award for Excellence.

**Rock and Bottom Restaurant and Brewery**, located in Ballston Common Mall, 4238 Wilson Blvd., has launched a new summer menu offering a selection of low calorie dishes and a new build-your-own salad option.

**Bean, Kinney & Korman** received an Ethics Award from Leadership Arlington.

Marymount University President **Matthew D. Shank** has been appointed to the NCCA Division III Chancellors/Presidents Advisory Group.

Bean, Kinney & Korman, P.C. has announced that **Jerry Boykin** was inducted into the Virginia Trial Attorneys Hall of Fame. Jerry is a civil litigation attorney and is of counsel to the firm.

**LMO Advertising** has been named 2015 Business of the Year by the Arlington Chamber of Commerce.

**Bean, Kinney & Korman, P.C.** has announced that **Rachelle Hill** was elected to a three-year term on the Virginia State Bar Council effective July 1.

Arlington-based nonprofit **Year Up — National Capital Region** won first place with a prize of \$10,000 for "Most Dollars Raised — Large Organization" during the Do More 24 Giving Day. Year Up also won a prize of \$2,500 for "Largest Donation" and \$1,500 for the "Million Dollar Baby" award.

**Chapman Cubine Adams + Hussey**, a full-service direct marketing firm serving global nonprofit organizations, has announced that direct marketing industry veteran **Kelly Ronayne** joined the company as vice president of analytics.

**Dennis Groh**, chief marketing officer at **Engineering Services Network, Inc. (ESN)**, a provider of professional engineering and technology services for military and government customers, has been named to the Board of the Independent Telecommunications Pioneer Association, National Capital Chapter.

**Lidl**, a European retailer, will invest \$202 million to establish operations in Virginia, including a \$77 million investment in its U.S. corporate headquarters in Arlington County. Lidl's arrival will create 500 new jobs at its Arlington location.

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# OPINION

## Thank You, Congressman

To the Editor:

"Congressman Beyer, would you cosponsor maternal and child health legislation that is being introduced in the Congress during August recess by a Dear Letter?"

"Please make a note of it," said the congressman to his legislative assistant, who quietly sat behind us taking notes, as we, 11 of his constituents from Virginia sat in a roundtable face-to-face meeting to discuss with him the social issues we were passionate about.

Not only did the congressman give his precious 45 minutes to hear our domestic and global concerns, but he personally expressed his sincerity in representing those issues in the Congress on the behalf of his constituency — us.

It was on our annual RESULTS lobby day (July 21) when, each year we convene from all around the country to voice for millions, and ask our representatives to support legislations that benefits the poorest in the country and around the world. Our Virginia group was no different from the rest of them, but perhaps what was unique about our group was our representative, who listened to each and every issue with compassion and support.

Our group was left in awe when he agreed to give a few extra minutes for a group photo. We all shared

the same feelings — our Congressman has a noble heart and believes in social good and humanity. We left his office with grinning faces.

As a RESULT volunteer, I have begun to understand that we, as constituents have the power to bring the change we want. We cannot blame our Congress if we don't tell our representatives what we need from them because when we do, they listen, like our congressman Don Beyer did.

Thank you to congressman Don Beyer, for being our champion. His support on maternal and child health, will help save 40 million children around the world from preventable causes of death and it will give our Virginia RESULTS group one more reason to keep doing what we do most passionately, advocate for policies that help improve health, education and economic opportunities for the less fortunate ones.

When poverty sounded too big a problem, RESULTS gave me that hope, that I can make a difference in an informed and peaceful way. It gave me the confidence to speak out for the ones who could not for themselves. I was no more afraid to meet with my representative, speak to my newspaper editor, or even pick the phone and call the White House. The best is, I see legislation being passed and policies being made that help millions. And even get a photo with my congressman.

**Kay Neseem**  
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# ENTERTAINMENT

Email announcements to [arlington@connectionnewspapers.com](mailto:arlington@connectionnewspapers.com). Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

## ONGOING

### Nauck Community Portrait

**Exhibition.** Various times at Gallery 3700, 3700 S. Four Mile Run Drive. Students from Drew Model Elementary School display "visual biographies." Admission to the gallery is free. Visit [www.arlingtonarts.org](http://www.arlingtonarts.org) for more.

**Barre in the Park.** Tuesdays through Sept., 6-7 p.m. at Gateway Park, 1300 Lee Highway. Lava Barre provides an outdoor fitness class focused on the ballet barre. Free. Visit [www.rosslynva.org](http://www.rosslynva.org).

**Fashion Truck Fridays.** Last Friday of the month through September, 11 a.m.-2 p.m. at the corner of Lynn St. and Wilson Blvd. or the Plaza at 19th and N. Moore St. Fashion trucks The G Truck, Curvy Chix Chariot, Tin Lizzy Mobile Boutique, Zoe's Shoe Bar, The Board Bus, TNTN Unique Designs, Sheyla's Boutique, and The Pink Armoire will rotate their schedules to appear. Free to attend. Visit [www.rosslynva.org](http://www.rosslynva.org) for more.

**Summer Movies @Penrose Square.** Saturdays, through Sept. 19. Sundown at Penrose Square, 2597 Columbia Pike. Free. Visit [www.columbia-pike.org](http://www.columbia-pike.org).

**"The Fix."** Through Sept. 20, at various times at Signature Theatre, 4200 Campbell Ave. The scorned widow of the dead president transforms her son into an ideal candidate. Ticket prices vary. Visit [www.sigtheatre.org](http://www.sigtheatre.org) for more.

**"PLAY: Tinker, Tech & Toy" Art Exhibit.** Through Oct. 11, Wednesday-Sunday, 12-5 p.m. at the Arlington Arts Center, 3500 Wilson Blvd. "PLAY" is an exhibition that examines games and play through the lens of contemporary art. Free. Visit [www.arlingtonartscenter.org/exhibitions/play](http://www.arlingtonartscenter.org/exhibitions/play) for more.

**"Friendship Betrayed."** Through Oct. 11 at various times, at Gunston Theatre Two, 2700 S. Lang St. Avant Bard presents "Friendship Betrayed," a comedy by 17th-century Spanish writer María de Zayas y Sotomayor. The play is about women in love, and what happens to women's friendships in the pursuit of men. Tickets start at \$10, or pay-what-you-can on select evenings. Visit [www.wscavantbard.org](http://www.wscavantbard.org) for more.

**"Metropolis: Perspectives of Two Cities" Exhibition.** Through Oct. 25, gallery hours at the Jenkins Community Gallery on the Lower Level at Arlington Arts Center, 3550 Wilson Blvd. The exhibition displays the work of teenage photographers in partnership with CHAW (Capitol Hill Arts Workshop) after learning the aspects of creativity and marketing. Free. Visit [www.arlingtonartscenter.org/exhibitions](http://www.arlingtonartscenter.org/exhibitions).

**"Ice and Sky: Photographs of Antarctica by Robin Kent."** Through Nov. 2 Monday-Thursday 10 a.m.-9 p.m.; Tuesday-Wednesday 1-9 p.m.; Friday-Saturday 10 a.m.-5 p.m. at Cherrydale Branch Library, 2190 Military Road. Local landscape and landmark photographer displays work from Antarctica. Admission is free. Call 703-228-6330 for more.

**Arlington's Historical Museum to open on First Wednesdays.** The Arlington Historical Museum, which until now was only open on weekends, will now be open to the public on the first Wednesday of every month from 12:30-3:30 p.m. The museum consists of exhibits



## Backyard Beer Fest Returns

The Backyard Beer Festival will be held on Saturday, Sept. 19 at Gateway Park in Arlington. Guests will find unlimited beer tastings from dozens of breweries, live entertainment, food trucks, games, and more. Admission to the festival is \$35. Visit [www.backyardbeerfest.com](http://www.backyardbeerfest.com) for more.

chronicling Arlington County's history from its original Native American settlements up to the present day. The museum will continue to be open on Saturdays and Sundays from 1-4 p.m. Admission is free. The museum is located in the former 1891 Hume School building at 1805 S. Arlington Ridge Road. Contact Garrett Peck at 571-243-1113 or at [garrett.peck@arlingtonhistoricalsociety.org](mailto:garrett.peck@arlingtonhistoricalsociety.org).

### LGBT & Straight Friends Social.

Tuesdays. Happy Hour, 3 p.m.-7 p.m.; Mikey's "Bar A" Video Wall, 7 p.m.; start time at 8 p.m. IOTA Club & Cafe, 2832 Wilson Blvd. For 21 years and older. Free. Visit [www.iotaclubandcafe.com](http://www.iotaclubandcafe.com) for more information.

**Open Mic Comedy.** Wednesdays 8-10 p.m. at Ri Ra Irish Pub, 2915 Wilson Blvd. Doors open at 7 p.m. 21 and up only. Free show, \$25 cash prize for best joke. Call 703-248-9888 or visit [www.RiRa.com/Arlington](http://www.RiRa.com/Arlington) for more.

**Food Truck Thursdays.** 5:30-8:30 p.m. at the corner of North Irving St., and Washington Blvd. Find a round-up of regional food trucks. Free to attend. Visit [www.dmvfta.org](http://www.dmvfta.org).

**Invasive Plants Removal.** Work parties are held every month to keep the parks free of destructive invasive plants. Teens, adults and families welcome. Every second Sunday of the month 2-4:30 p.m. at Gulf Branch Nature Center, 3608 Military Road; call 703-228-3403. Every third Sunday of the month 2-5 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road; call 703-228-6535 or visit [registration.arlingtonva.us](http://registration.arlingtonva.us). Free, no registration required.

**Poetry Series.** 6-8 p.m. second Sunday of the month at IOTA Club & Cafe, 2832 Wilson Blvd. Hosted by poet Miles David Moore. Featured artists share their poetry followed by open readings. Free. Visit [www.iotaclubandcafe.com](http://www.iotaclubandcafe.com) or call 703-522-8340.

**Open Mic Nite.** 8 p.m.-12:30 a.m. every Wednesday at IOTA Club & Cafe, 2832 Wilson Blvd. Sign-up times are 7:30 p.m. and 10 p.m.

Bring instruments, fans and friends. Visit [www.iotaclubandcafe.com](http://www.iotaclubandcafe.com) or call 703-522-8340.

**Karaoke.** 8 p.m. on the first Sunday every month at Galaxy Hut, 2711 Wilson Blvd. Visit [www.galaxyhut.com](http://www.galaxyhut.com) or call 703-525-8646.

**Pub Quiz.** 8 p.m. every Sunday at Whitlow's on Wilson, 2854 Wilson Blvd. Prizes for first place. Free. Visit [www.whitlows.com](http://www.whitlows.com) or call 703-276-9693.

**Storytime.** Mondays and Fridays, 10:30-11 a.m. at Kinder Haus Toys, 1220 N. Fillmore St. Storytime with Ms. Laura. Call 703-527-5929.

**Lego Club.** Monthly on the first Wednesday, 4-5 p.m. Glencarlynn Branch Library, 300 S. Kensington St. The library provides tubs of legos and a special challenge and after the program the creations are displayed for everyone to see. No registration required. Call 703-228-6548 for more.

**Ball-Sellers House Tours.** Saturdays, April-Oct., 1-4 p.m. at The Ball-Sellers House, 1015 N. Quincy St. This year marks the 40th anniversary of the Arlington Historical Society receiving the house from Marian Sellers in 1975 for \$1. Free. Visit [www.arlingtonhistoricalsociety.org](http://www.arlingtonhistoricalsociety.org).

**Crystal City Sparket.** 11 a.m.-2 p.m. on Wednesdays at 1900 Crystal Drive. Sparket — A Creative Market is an extension of DC's Eastern Market with arts, crafts, and handmade goods. Free to attend. Visit [www.crystalcity.org](http://www.crystalcity.org).

**Open Mic Night. Wednesdays,** at 8 p.m., sign ups are at 7:30 and 10 p.m., at Iota Club & Cafe, 2832 Wilson Blvd. Free. Visit <http://www.iotaclubandcafe.com/>.

**Art for Life.** Third Thursday of each month. The Hyatt Regency Crystal City's "Art for Life" Partnership with National Kidney Foundation brings a new artist each month to The Hyatt for a reception. Free. Visit [www.torpedofactory.org](http://www.torpedofactory.org).

**Brunch at Freddie's.** Third Saturday of every month, 11 a.m.-1 p.m. at Freddie's Beach Bar, 555 23rd St. The Arlington Gay and Lesbian

Alliance gathers for an all-you-can-eat breakfast buffet (\$9.99). All are welcome to join. No reservation is required. Visit [www.facebook.com/events/700174390103305](http://www.facebook.com/events/700174390103305).

## THROUGH OCT. 11

**"Yes, and."** During gallery hours at Wyatt Resident Artists Gallery on the Upper Level at Arlington Arts Center, 3550 Wilson Blvd. "Yes, and" is a group show featuring Arlington Art Center residents curated by Caitlin Tucker-Melvin. Free. Visit [www.arlingtonartscenter.org/exhibitions](http://www.arlingtonartscenter.org/exhibitions).

## SEPT. 12-25

**33rd Annual Senior Olympics.** Various times at various locations. Participants over 50 years old will participate in track and field, swimming, diving, tennis, table tennis, golf, miniature golf, ten pin bowling, Wii bowling, scrabble, duplicate bridge, cribbage, Mexican train dominoes, pickleball, racquetball, handball, volleyball, badminton, bocce, eight ball pool, cycling, horseshoes, yo-yo tricks, American style Mah Jongg, 5K run and more. Admission varies based on event. Visit [www.nvso.us](http://www.nvso.us).

## WEDNESDAY/SEPT. 16

**10th Annual Scholar's Cup.** 3:30-7 p.m. at Upton Hill Regional Park, 6060 Wilson Blvd. Attend the Arlington Chamber of Commerce's mini golf tournament to raise funds for its scholarship programs. Visit [www.arlingtonchamber.org](http://www.arlingtonchamber.org).

## THURSDAY/SEPT. 17

**Author Reception and Panel Discussion.** 7:30 p.m. at One More Page Books, 2200 N. Westmoreland St. Author Adam Lazarus will discuss "Hail to the Redskins: Gibbs, the Diesel, the Hogs, and the Glory Days of D.C.'s Football Dynasty," including a panel discussion with former players and staff. Free. Visit

[www.onemorepagebooks.com](http://www.onemorepagebooks.com).

## FRIDAY/SEPT. 18

**Mr. Knick Knack.** 10:30-11:15 a.m. at Market Common Clarendon, 2700 Clarendon Blvd. Local children's entertainer will perform family-friendly songs. Free. Visit [www.marketcommonclarendon.com](http://www.marketcommonclarendon.com) for more.

## 6th Annual Consumer Art Show.

11 a.m.-2 p.m. at Sequoia Plaza 3, 2120 Arlington Blvd. Consumers from the County's Behavioral Healthcare Division Art Groups will be displaying and selling their art. Many of this year's pieces of art to have been made on a small scale — intended for cubicles and other workspaces. Free to attend. Call 703-228-5215.

**Deon Cole from Conan O'Brien Live.** 7:30 and 10 p.m. at Arlington Cinema & Draffthouse, 2903 Columbia Pike. Comedian Deon Cole has appeared on "Shaq's All Star Comedy Jam," "Conan," and "Black-ish." Tickets are \$25. Visit [www.arlingtondraffthouse.com](http://www.arlingtondraffthouse.com).

**Nick Jaina.** 8 p.m. at One More Page Books, 2200 N. Westmoreland St., Arlington. Composer and author Nick Jaina will perform and share his collection of stories, "Get It While You Can." Free. Visit [www.onemorepagebooks.com](http://www.onemorepagebooks.com).

**Live Music.** 8 p.m. at Iota Club & Cafe, 2832 Wilson Blvd. Tommy Keene performs with with Dot Dash. \$15. Visit [www.iotaclubandcafe.com](http://www.iotaclubandcafe.com) or call 703-522-8340.

## SATURDAY/SEPT. 19

**Fall Fest in the Park.** 10 a.m.-1 p.m. at Bluemont Park, 329 N. Manchester St. Play games, mingles, and more. Free. Call Emily Thrasher at 703-228-4773 for more.

**Fall Native Plant Sale.** 10 a.m.-1 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Find butterfly-attracting plants and a selection of wildflowers, shade lovers, ferns, shrubs, etc. Free to attend. Call 703-228-6535.

**Fall Lawn Care.** 10:30 a.m.-12 p.m. at Fairlington Community Center, 3308 S. Stafford St. Learn how to improve lawn and soil—when, how, and what steps to take to ensure a beautiful weed-free lawn. Alternatives to turf will be explored. Free. Registration requested. Sign up at [mgnv.org](http://mgnv.org).

**Backyard Beer Festival.** 12-10 p.m. at Gateway Park, 1300 Lee Highway. Unlimited beer tasting featuring entertainment, food trucks, and backyard games and activities. Admission is \$35. Visit [www.backyardbeerfest.com](http://www.backyardbeerfest.com) for tickets.

**Nauck Civic & Community Pride Day.** 12-5 p.m. at at Drew Model School and Community Center, 3500 S. 23rd St. Find a diversity of activities, fish fry, concession stands, moon bounces, historical community exhibits, a health fair, staged events of gospel music, blues, jazz, hip hop, dance, and more. Free. Visit [www.ncaarlington.org](http://www.ncaarlington.org).

**Samuel Beckett's Celtic Festival.** 12-7 p.m. at The Village at Shirlington, 4150 Campbell Ave. Find traditional live music, dance, food and more. Free to attend. Visit [www.samuelbecketts.com](http://www.samuelbecketts.com).

**"The Wizard of Songs."** 3 p.m. at Thomas Jefferson Community Theater, 125 S. Old Glebe Road. "The Wizard of Songs - A Musical Quest Through the Land of Ozzi," is an original show loosely based on ideas from the iconic story. Tickets are \$20 for adults 18 and older, \$15 for seniors and children. Call 703-764-3896.

**Book Launch.** 5 p.m. at One More Page Books, 2200. Westmoreland St. Author Art Taylor will celebrate his new book "On the Road with Del & Louise." Free. Visit [www.onemorepagebooks.com](http://www.onemorepagebooks.com).

**Deon Cole from Conan O'Brien Live.** 7:30 and 10 p.m. at Arlington Cinema & Drafthouse, 2903 Columbia Pike. Comedian Deon Cole has appeared on "Shaq's All Star Comedy Jam," "Conan," and "Black-ish." Tickets are \$25. Visit [www.arlingtondraffthouse.com](http://www.arlingtondraffthouse.com).

**Live Music.** 7:30-9 p.m. at Unitarian Universalist Church of Arlington, 4444 Arlington Blvd., Falls Church. Ayeheart will perform. Tickets are \$20. Visit [www.stonerroomconcerts.com](http://www.stonerroomconcerts.com) to purchase tickets.

**Live Music.** 9:30 p.m. at Fireworks American Pizza and Bar, 2350 Clarendon Blvd. Ken Fischer will perform. Free. Visit [www.fireworkspizza.com](http://www.fireworkspizza.com) or call 703-527-8700.

## SUNDAY/SEPT. 20

**AutumnFest Celebration.** 10 a.m.-3 p.m. at Glencarlyn Library Community Garden, 300 S.

Kensington St. Free tastes of herbal treats and drinks, a naturalist with critters, balloon artist. Free Master Gardener-led mini-workshops. Hundreds of locally grown perennials, ferns, shrubs, and trees for sale. Contact Judy Funderburk at 703-671-5310.

**Vintage Crystal: Pups and Pilsners.** 2-6 p.m. at 12th and Crystal Drive. This dog-friendly festival will feature a beer garden with 10 stations—each featuring a different brew. Visit [www.crystalcity.org](http://www.crystalcity.org) for more.

**Rebecca Loebe and Betty Soo Performance.** 7:30 p.m. at IOTA Club & Cafe, 2832 Wilson Blvd. Artists Rebecca Loebe and Betty Soo will perform together. Tickets are \$15. Visit [www.iotaclubandcafe.com](http://www.iotaclubandcafe.com).

**Author Event.** 7 p.m. at Arlington Central Library auditorium, 1015 N. Quincy St. Sheri Fink will discuss her book "Five Days at Memorial," about a New Orleans hospital during Hurricane Katrina. Free. Visit [www.library.arlingtonva.us/](http://www.library.arlingtonva.us/)

[eventscalendar.com](http://eventscalendar.com).

**Putting the Herb Garden to Bed.** 7-8:30 p.m. at Barrett Branch Library, 717 Queen St. CE Master Gardener Sally Baker will cover what herbs to prune, pull, protect, and bring inside and herbs that can be planted in fall. She will also offer tips and techniques for using or preserving cut herbs, including how to make flavored vinegars. Free. Visit [www.mgnv.org](http://www.mgnv.org).

**The Bachelor Boys Performance.** 8 p.m. at IOTA Club & Cafe, 2832 Wilson Blvd. The Bachelor Boys perform a variety of music. Free. Visit [www.iotaclubandcafe.com](http://www.iotaclubandcafe.com).

## TUESDAY/SEPT. 22

**Eric Litwin.** 6 p.m. at Arlington Central Library auditorium, 1015 N. Quincy St. Author and musician Eric Litwin will release "The Nuts: Sing and Dance in Your Polka-Dot Pants," the latest entry in "The Nut" series. Free. Visit [www.onemorepagebooks.com](http://www.onemorepagebooks.com).

**Author Event.** 6 p.m. at Arlington Central Library auditorium, 1015 N. Quincy St. Eric Litwin, author of "Pete the Cat" picture books and the musical series "The Nuts," will perform and read his stories. Free. Visit [www.library.arlingtonva.us/eventscalendar](http://www.library.arlingtonva.us/eventscalendar).

**Author Event.** 7 p.m. at Shirlington Branch Library, 4200 Campbell Ave. Veronica Li will discuss her work "Confucius Says: A Novel," about her relationship with her parents in a Chinese American family. Free. Visit [www.library.arlingtonva.us/eventscalendar](http://www.library.arlingtonva.us/eventscalendar).

**Fall Lawn Care.** 7-8:30 p.m. at Fairlington Community Center, 3308 S. Stafford St. Learn how to improve your lawn and soil—when, how, and what steps to take to ensure a beautiful weed-free lawn. Alternatives to turf will be explored. Free. Registration requested. Sign up at [mgnv.org](http://mgnv.org).

## WEDNESDAY/SEPT. 23

**Author Meeting and Signing.** 7 p.m. at One More Page Books, 2200 N. Westmoreland St. Thierry Sagnier will discuss and sign his suspense novel, "Thirst." Free. Visit [www.onemorepagebooks.com](http://www.onemorepagebooks.com) for more.

## WEDNESDAY/THURSDAY/SEPT. 23-24

**Reel Rock 10.** 7:15 and 9:45 p.m. at Arlington Cinema & Drafthouse, 2903 Columbia Pike. The Reel Rock Film Tour is a film festival specifically for adventure filmmaking. Tickets are \$17. Visit [www.arlingtondraffthouse.com](http://www.arlingtondraffthouse.com) for more.

## THURSDAY/SEPT. 24

**Arlington Arts Center BBQ Fundraiser.** 6-8 p.m. at Stetsons Famous Bar & Grill, 1622 U St. NW, Washington, D.C. Support Arlington Artists by enjoying unlimited barbeque and beer. Tickets are \$50. Visit [www.arlingtonartscenter.org](http://www.arlingtonartscenter.org) for more.

## FRIDAY/SEPT. 25

**Mr. Knick Knack.** 10:30-11:15 a.m. at Market Common Clarendon, 2700 Clarendon Blvd. Local children's entertainer will perform family-friendly songs. Free. Visit [www.marketcommonclarendon.com](http://www.marketcommonclarendon.com) for more.

**USO Show.** 6-9 p.m. at Freddie's Beach Bar and Restaurant, 555 23rd St. The Arlington Gay & Lesbian Alliance puts on its annual USO Show honoring military, and commemorating "Don't Ask, Don't Tell." The suggested donations is \$10. Visit [www.agla.org](http://www.agla.org).

# Help for Long-Term Caregivers

## AARP Virginia and the Organization of Chinese American Women will sponsor book signing.

Those embarking on a long-term caregiving journey will have an opportunity to receive support and learn about the services available to them in Northern Virginia. AARP Virginia and the Organization of Chinese American Women will sponsor an event called, "Caregiving Wisdom from an Ancient Sage," on Sept. 22, 7 p.m., at the Shirlington Library in Arlington and again on Wednesday, Sept. 23, 7 p.m., at the George Mason Regional Library in Annandale.

The talk will feature Vienna-based author, Veronica Li who spent eight years taking care of her elderly parents and chronicled her experience in a new novel called, "Confucius Says."

"The first rule of elder care is not to hurt your-

## Details

**Tuesday, Sept. 22, 7-8:30 p.m.**  
Shirlington Library The Village at Shirlington  
4200 Campbell Avenue, Arlington

**Wednesday, Sept. 23, 7-8:30 p.m.**  
George Mason Regional Library  
7001 Little River Turnpike, Annandale  
This is a free event and refreshments will be served. For more information or to register, call: 1-877-926-8300 or visit [states.aarp.org/veronicali](http://states.aarp.org/veronicali).



PHOTO COURTESY OF VERONICA LI

**Author Veronica Li will give a talk on long-term caregiving. Li spent eight years taking care of her elderly parents.**

self," said Li. "I didn't have to do everything myself. I had help. My message to caregivers is don't hurt yourself. You have to take care of them in balance with the rest of your life."

Copies of Li's book will be available for purchase and signing. Caregivers are invited to stay after the book reading to learn about AARP's free resources for family caregivers as well as local community programs and resources. This is a free event and refreshments will be served. For more information or to register, call 1-877-926-8300 or visit [states.aarp.org/veronicali](http://states.aarp.org/veronicali).

— MARILYN CAMPBELL

**Open Mic & Talent Showcase.** 10 p.m.-12 a.m. at Busboys and Poets, 4251 S. Campbell Ave. Hosted by Benny Blaq. All performers welcome. Tickets are \$5. Visit [www.busboysandpoets.com](http://www.busboysandpoets.com).

## SATURDAY/SEPT. 26

**Affordable Housing Bike Tour.** 9:30-11 a.m. starting at Clarendon Boulevard and N. Pierce Street. The tour begins in Rosslyn and covers two easy miles, ending at the Clarendon Day. Tour Parc Rosslyn and Colonial Village Apartments. RSVP to Eric Timar, [etimar@arlingtonva.us](mailto:etimar@arlingtonva.us) or 703 228 7932. Visit [www.housing.arlingtonva.us/events/affordable-housing-bike-tour](http://www.housing.arlingtonva.us/events/affordable-housing-bike-tour).

**Clarendon Day.** 11 a.m.-6 p.m. at Wilson and Clarendon Blvd. The annual Clarendon Day Festival is eight city blocks of live music and other entertainment. This year, the festival will also be home to the Clarendon Chili Cookoff, mobile event bars and more. General admission is free. Visit [www.clarendonday.org](http://www.clarendonday.org).

**Arlington Families Unplugged.** 2-4 p.m. at Walter Reed Community Center, 2909 16th St. Participate in a Paint-a-Plate Creative Ceramic Art Project. The fee is \$8. Visit [www.parks.arlingtonva.us/programs/kids/families-unplugged](http://www.parks.arlingtonva.us/programs/kids/families-unplugged).

**Live Music.** 8-9:30 p.m. at Unitarian Universalist Church of Arlington, 4444 Arlington Blvd., Falls Church. Attend a performance by Seth Glier with Lea. Tickets are \$20. Visit [www.stonerroomconcerts.com](http://www.stonerroomconcerts.com).

**Live Music.** 9:30p.m. at Fireworks American Pizza and Bar, 2350 Clarendon Blvd. Tony Matirano will

perform. Free. Call 703-527-8700 or visit [www.fireworkspizza.com](http://www.fireworkspizza.com).

## SEPT. 27-OCT. 3

**Fall for the Book Festival.** Select locations throughout Northern Virginia, D.C., and Maryland. This week-long regional celebration of literature and the arts, connects readers and authors at all levels. Offering bookworms the chance to meet writers. Free and open to the public. Visit [www.fallforthebook.org](http://www.fallforthebook.org).

## SUNDAY/SEPT. 27

**Many Hopes 5K Run/Walk.** 10:30-11:30 a.m. at 4610 N. Fairfax Drive. The Many Hopes mission is to rescue, raise, educate, and equip vulnerable children to make positive change in coastal Kenya. Registration is \$35 through Sept. 26, then \$5. Visit [www.invest.manyhopes.org](http://www.invest.manyhopes.org) for more.

**Latinoamerican Festival.** 1-5 p.m. at Kenmore Middle School, 200 S. Carlin Springs Road. Celebrate Hispanic Heritage month by learning about the folk traditions, music, food and dance of several Latin-American countries. Free. Visit [www.parks.arlingtonva.us/events/latinoamerican-festival](http://www.parks.arlingtonva.us/events/latinoamerican-festival).

**Head for the Hills Performance.** 7:30 p.m. at IOTA Club & Cafe, 2832 Wilson Blvd. Head for the Hills is an acoustic band. Tickets are \$12. Visit [www.iotaclubandcafe.com](http://www.iotaclubandcafe.com) for more.

## MONDAY/SEPT. 28

**Live Music.** 8 p.m. at IOTA Club & Cafe, 2832 Wilson Blvd. Herb and Hanson will perform. Free. Visit [www.iotaclubandcafe.com](http://www.iotaclubandcafe.com) or call 703-522-8340.

## TUESDAY/SEPT. 29

**Illustrator Panel.** 7 p.m. at One More Page Books, 2200 N. Westmoreland St. One More Pages will host Gareth Hinds, Kate Samworth, Theodore Taylor II, and Rashin Kheiriyeh. Free. Visit [www.onemorepages.com](http://www.onemorepages.com).

## SEPT. 29-NOV. 22

**"Cake Off."** Various times at Signature Theatre, 4200 Campbell Ave. Watch a satire dealing with stereotypical gender roles. Tickets start at \$72. Visit [www.sigtheatre.org](http://www.sigtheatre.org).

## WEDNESDAY/SEPT. 30

**"The Problem of Individuals and Communities: Pragmatism from Peirce to Present."** 12:30-1:30 p.m. at Lee Reception Room of Marymount University's Reinsch Library, 2807 N. Glebe Road. Dr. Carl Sachs will discuss Charles Sanders Peirce, the founder of this school of philosophy. Free. Visit [www.marymount.edu](http://www.marymount.edu).

**Author Event.** 7 p.m. at Arlington Central Library auditorium, 1015 N. Quincy St. Erika Ettin will discuss online dating through her book "Love at First Site." Free. Visit [www.library.arlingtonva.us/eventscalendar](http://www.library.arlingtonva.us/eventscalendar).

## SEPT. 30-NOV. 8

**"Alice in Wonderland."** Wednesday-Saturday, 8 p.m.; Sunday, 2 p.m. at Synetic Theater, 1800 S. Bell St. Watch Synetic's production of the Lewis Carroll classic. Tickets start at \$15. Call 866-811-4111 or visit [www.synetictheater.org](http://www.synetictheater.org).

# Inside Williamsburg Middle

FROM PAGE 4

make this leap in teaching techniques because of “the quality of teachers we hire. One thing I can control is hiring and we have passionate and highly qualified teachers here. I have faith in their decisions, and teacher autonomy is well protected.” He adds the teachers also work in collaborative teams so that they have dedicated time to address issues allowing them to share common assessment tools — what worked or didn’t so that everyone masters skills. All teachers are CPR and EpiPen qualified. Laurie has 102 teachers this year with 17 new ones.

Williamsburg is “a traditional middle school,” Laurie said. It is one of two traditional middle schools in Arlington County with Swanson Middle School the other one. Gunston is a partial Spanish immersion school, Thomas Jefferson an International Baccalaureate World School and Kenmore is an Arts and Communication Technology-based school.

“Williamsburg is a neighborhood school serving the children of the local community,” he said. “It has a strong program of academic excellence and a reputation as the very best Arlington has to offer its students.” Williamsburg offers similar language choices as the other Arlington Middle schools — Spanish, French, Latin, Chi-



**Gordon Laurie, new principal at Williamsburg Middle School on 3600 N. Harrison Street, takes a break during late August as he plans for the year ahead. He has a welcoming lunch planned for teachers, the school cleaned from top to bottom and the classrooms ready. But he says there are still some details to fall in place; for instance he had 108 students who need their vaccinations before school starts.**



**Hannah Oukib, cafeteria manager at Williamsburg Middle School for six years, said, “Everything here is whole grain and all food fresh for the lunches.”**

PHOTOS BY SHIRLEY RUHE THE CONNECTION

nese and Arabic with five core class periods in sixth grade, four in seventh and eighth grades, PE and three lunch periods beginning at 10:36 a.m. Electives include the elective wheel that allows the students to “dip their toes” in a number of different things for a short period — the arts such as drama, where a student can find roles onstage or be a backstage technician. “It can be a formative experience.” French has been added to the elective wheel as a pass/fail subject so the student can “try it out, no pressure.” Sports include basketball, wrestling, soccer, swimming, pickle ball, with fencing gathering steam, and tennis. Tennis has been relocated at Yorktown High School since the Williamsburg tennis court was torn out to make room for the newly-opened Discovery Elementary School sharing the space.

“The most visible piece at Williamsburg is that the students here are outperforming their peers in the county and the nation almost exponentially,” Laurie said. Middle school students have “grit, resilience, integrity. Not one size fits all. We meet kids where they are.”



**Williamsburg Middle School is one of two traditional middle schools in Arlington County with the other being Swanson. Gunston is a partial Spanish immersion school. Thomas Jefferson is an International Baccalaureate World School and Kenmore is an Arts and Communication Technology Middle School.**

## Taking Care of the Whole Child

FROM PAGE 5

child. Incorporating physical activity within the curriculum is one cost effective and creative program providing a learning environment that is healthy and engaging to student’s needs.”

While other parents agreed with the focus, and acknowledged that it was ambitious enough in its aims, some also expressed disappointment about issues that weren’t addressed as priorities.

“Recess has been cut down a lot in elementary schools, and we need to increase exercise times,” said Michael Bier, whose son just started middle school.

“[but] teacher morale was also a big issue last year. We need to be concerned about the whole teacher and the whole staff.”

Members of the School Board expressed united satisfaction at the proposed priority, and emphasized the importance of remaining focused on these goals.

“There’s a lot here,” said Abby Raphael, a School Board member. “It’s going to be a very busy year. We need to stay focused. It’s very tempting during the year, when a great idea comes up ... we might want to add [it]. I ask us to look back and this and say ‘is it in our priorities’ and if it’s not, then to look at whether or not we have the capacity to add it.”



PHOTO BY VERNON MILES / THE CONNECTION

**A young Boy Scout rolls down the hill on front of the Reevesland Farm House.**

## New Concerns

FROM PAGE 3

“I am troubled by the process that led us here,” said Commission member James Schroll. “There has not been very much public outreach, and I can’t support this item.”

Even among those who voted in favor of the URD, it was a decision made with some reluctance. “I am very torn,” said Commission member Rosemary

Ciotti. “This is a discussion that is being clouded by emotions surrounding the URD. I hope some other path will come along to be able to preserve Reevesland.”

However, with a vote of six in favor, three against, and one abstention, the URD approval moves forward to the County Board for approval at its Sept. 19 meeting.

### BULLETIN BOARD

Email announcements to [arlington@connectionnewspapers.com](mailto:arlington@connectionnewspapers.com). Include date, time, location, description and contact for event: phone, email and/or website. Deadline is Thursday at noon, at least two weeks before event.

#### THROUGH NOVEMBER

##### Borrow Gardening Tools.

Wednesdays: 5-7 p.m., Fridays: 3-5 p.m., Saturdays: 10 a.m.-12 p.m. at Arlington Central Library, 1015 N. Quincy St. “The Shed” at Arlington Central Library is lending gardening tools to Arlington residents and property owners. Free. See [library.arlingtonva.us](http://library.arlingtonva.us) for more.

#### WEDNESDAY/SEPT. 16

**Healing Hands for Arthritis.** 8 a.m.-10 p.m. at 1180 N. Garfield St. As a fundraiser for the Arthritis Foundation, all Massage Envy spas will donate \$10 for massage and facial services and 10 percent of product purchases to the organization. Service prices vary. Visit [www.massageenvy.com/healing-hands-for-arthritis](http://www.massageenvy.com/healing-hands-for-arthritis).

#### THURSDAY/SEPT. 17

**Train for the Turkey Trot 5K.** 5-7 p.m. at Pete’s New Haven Style Apizza, 3017 Clarendon Blvd. Pizza will be provided and special drink prices offered. Learn more about the training program, meet new running buddies, and have questions

answered. Coach Denny Pinch will explain the program and answer questions. Free to attend. Call 703-525-7177, ext. 23.

**Skatepark Design Meeting.** 7:15 p.m. at Arlington Mill Community Center, 4975 Columbia Pike. The Department of Parks and Recreation invites the public to join skate park designers Team Pain and Gordon Construction as they share preliminary design options for Powhatan Springs Skatepark. Visit [www.arlingtonva.us](http://www.arlingtonva.us) for more.

#### Paid Internships Available.

Arlington County’s Department of Parks and Recreation is offering paid internships for Arlington high school students who are interested in various careers in parks and recreation. Internships range from office work to daycare support to sports programs. Information meeting from 4-5:30 p.m. at Arlington Mill Community Center, Room 205, 909 S. Dinwiddie St. Intern applications are due Friday, Sept. 18, by 5 p.m. Visit [parks.arlingtonva.us](http://parks.arlingtonva.us).

#### FRIDAY/SEPT. 18

**“Healthy Vision, Healthy Eyes.”** 11 a.m.-12 p.m. at Carlin Springs Health Pavilion, 601 S. Carlin Springs Road. Dr. Amy Kotecha, of Capital Vision, will give a seminar on good eye health and hygiene for senior citizens. Free. Call 703-558-6859 to RSVP.

SEE BULLETIN, PAGE 12

[WWW.CONNECTIONNEWSPAPERS.COM](http://WWW.CONNECTIONNEWSPAPERS.COM)

# Ending Bullying Back to School: Educators offer advice for parents on how to deal with bullying as school resumes.

BY MARILYN CAMPBELL  
THE CONNECTION

**W**hen Carol Baker cried, no one heard her. She and a classmate were alone in the girls locker room, and as Baker, then an eighth grade student, tried to leave, her classmate grabbed her gym shirt and pushed her into a locker. They weren't fighting over anything in particular and Baker didn't sustain any physical injuries.

"I was awkward and easily intimidated," said Baker. "I was an easy target for someone who got pleasure out of scaring other people."

As she describes her pubescent encounter, Baker is still visibly shaken, even though the encounter happened more than 30 years ago. It could just as easily happen to her two children — a daughter in fifth grade and son in eighth grade — today. Bullying remains a real issue in schools, and from smart phone apps to in-school programs, there are a plethora of initiatives to address and prevent it.

"Most researchers agree that bullying is an intent to cause harm," said Michele Garofalo, Ed.D., chair of the Department of Counseling and school counseling program director at Marymount University in Arlington. She is an expert in bullying, adolescent stress and character education.

Educators describe bullying as unwanted, aggressive behavior that is repeated and occurs where there is an imbalance of

**"If parents suspect a child has fallen victim to bullying, it helps if they already have open lines of communication and their kids feel comfortable talking to them."**

— Amy Best, chair, Department of Sociology and Anthropology, George Mason University

power, either real or perceived.

However, it's important to know the difference between teasing, exchanges between two people who simply don't like each other, and outright bullying. "Teasing can be hurtful, but the intention may not be to cause harm and an imbalance of power might not be there," said Garofalo,

who also has a private therapy practice.

When offering in-the-moment strategies for addressing bullies, Garofalo says children's well-being comes first. "Most importantly, students should consider their safety," she said. "If they feel they are in danger, they should quickly leave the area and go to a safe place and tell an adult — school counselor, teacher, administrator, parent. Students should not stay and fight back."

Bullying is most likely to peak in sixth through ninth grades. "The early teen years is when it emerges, when there is a lot of identity development," said Amy Best, Ph.D., chair of the Department of Sociology and Anthropology at George Mason University in Fairfax. Her research focuses on the

study of youth identity formation, youth well-being and social inequalities. "Peer groups assume much greater importance for kids and kids are more self aware than they had been previously. There's not a lot of cross-gender or cross-race bullying."

If parents suspect a child has fallen victim to bullying, it helps if they already have

## Bullying Resources

**Know Bullying phone app:**  
store.samhsa.gov/apps/knowbullying/index.html  
www.stopbullying.gov/  
www.stopcyberbullying.org/  
www.tolerance.org/  
character.org/key-topics/bullying-prevention/

**Arlington County Public Schools:**  
www.apsva.us/cms/lib2/VA01000586/Centricity/Shared/school%20board%20policies/25-student/25-1.17%20Student%20Safety-bullying%20prevention.pdf

**Virginia Department of Education:**  
www.doe.virginia.gov/support/prevention/bullying/

open lines of communication and their kids feel comfortable talking to them. An effective dialogue is crucial when it comes to addressing the problem.

"The hard part is when kids don't want to talk about it, but parents should have on-going conversations with their kids," said Best. "It's useful to be able to create spaces where kids feel comfortable sharing."

**ONE ROADBLOCK** to assessing a potential bullying situation is when a child is re

SEE ADVICE ON PAGE 13

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Andre Toledo is a captain for the Bishop O'Connell boys' soccer team.



Bishop O'Connell senior Dave Salas, right, is a returning all-state selection.

PHOTOS BY JON ROETMAN/THE CONNECTION

## O'Connell Boys' Soccer Has High Hopes for 2015

The Bishop O'Connell boys' soccer team remained undefeated after Friday's match against Flint Hill, but a late goal surrendered by the Knights kept the team from adding another early-season victory.

O'Connell and Flint Hill finished in a 1-1 draw on Sept. 11 in Arlington. Juan Benavides gave O'Connell the lead with a goal late in the first half, but the Knights gave up the equalizer in the second half, moving their record to 2-0-2.

"I actually think this is the worst game

we've played," fourth-year head coach Chris Jennings said. "... We're much better than we showed today."

Jennings' frustration Friday was due partly to the high expectations with which O'Connell enters the 2015 season. The Knights finished runner-up in the WCAC last season, losing to DeMatha in the championship match. Despite the recent loss of sophomore center back Nicholas Barahona to a knee injury, O'Connell has some talented players on the roster, including senior Dave Salas, a returning all-state and

first-team all-WCAC selection, and Benavides, who received all-WCAC honorable mention in 2014.

Jennings said senior Andre Toledo, sophomore Aidan O'Connell and junior Andrews Garcia are also standout players. O'Connell scored four goals in the team's first two games.

"We think we can win the WCAC, we think we can win the state," Jennings said. "We've got the only All-American in Virginia on our team (Salas). We've got a lot of guys that are kind of banged up between their club

[teams] and from this and I think once things kind of settle down a little bit, we'll be much better. We should be top five in the region."

O'Connell faced Benedictine on Tuesday, after The Connection's deadline. The Knights will host St. Albans at 4 p.m. on Friday, Sept. 18.

"I'm frustrated at the result," Jennings said, "but I think based on the way we play, we'll have a really successful year."

— JON ROETMAN

### Girls Ultimate Teams Ranked Nationally

Ultiworld, an online magazine dedicated to Ultimate Frisbee (<http://ultiworld.com/>), announced its 2015 High School Girls Power Rankings which included two Arlington-teams in the top 25 in the nation.

Arlington's H-B Woodlawn high school team, which has won eight state championships and groomed numerous collegiate stars including recent University of Virginia Graduate and Callahan Award winner Alika Johnston, is ranked No. 8. Ultiworld cited H-B's victory in the YULA Invite tournament, its narrow losses to No. 1 ranked Paidea High school (Atlanta, Ga.) and to No. 6 ranked Carrboro High School and to its third place finish at the 2015 Southern U.S. Regional Championships — losing a tight match to eventual winner Paidea.

Also making the power ranking was the joint Washington-Lee/Yorktown high school team — called Y-LEE — which came in as the No. 25 ranked team in the nation. Ultiworld cited Y-LEE's unexpected victory over No. 8 ranked H-B Woodlawn in the Virginia State Championships and tight losses to No. 9 ranked Oakland Catholic of Pittsburgh and to No. 18 ranked East Chapel Hill High School.

Both these teams will be practicing this fall in preparation for the Spring 2016 season. The girls will also be playing in a coed league that is sponsored by the Youth Ultimate League of Arlington.

### BULLETIN BOARD

FROM PAGE 10

#### SATURDAY/SEPT. 19

**ACE Fall Stream Cleanup.** 10 a.m.-12 p.m. at Barcroft Park, 4200 S. Four Mile Run Drive. Arlingtonians for Clean Environments partners with Clean Virginia Waterways for a coastal cleanup. Visit [www.arlingtonenvironment.org](http://www.arlingtonenvironment.org).

#### SUNDAY/SEPT. 20

**Service of Remembrance.** 7 p.m. at St. Peter's Episcopal Church, 4250 North Glebe Road. St. Peter's Episcopal Church will hold a service to remember, honor, and celebrate the lives of loved-ones who have died — whether or not the death was recent. The service will include readings, music, prayer, and candlelight. All are welcome. Free. Call 703-536-6606 or visit [www.saint-peters.org](http://www.saint-peters.org).

#### WEDNESDAY/SEPT. 23

**Open House.** 11:30 a.m.-12:15 p.m. at Arlington Mill Residences, 901 S. Dinwiddie St. The Arlington Partnership for Affordable Housing welcomes the community to learn more about affordable housing. Free. Visit [www.apah.org/events](http://www.apah.org/events) or call 703-276-7444 ext. 109.

#### THURSDAY/SEPT. 24

**Naval Officers' Spouses' Club Welcome Coffee.** 10 a.m.-12:30 p.m. at The Fort Myer Officers' Club, 214 Jackson Ave, Fort Myer. Sign up for social and volunteer activities such as group tours and neighborhood coffees. Visit with representatives from organizations serving the needs of military members. Shop the gift store, Temptations; profits go to NOSC DC charities and scholarship funds. A \$15

fee will cover a continental breakfast. RSVP by Sept. 17 to Elizabeth Shaw at [firstsvp@noscdc.com](mailto:firstsvp@noscdc.com).

**"Simplicity Parenting."** 7-9 p.m. at Unitarian Universalist Church of Arlington, 4444 Arlington Blvd. join the Arlington/Alexandria Chapter of Holistic Moms Network for its monthly meeting, where members will hear a presentation by Simplicity Parenting coach Jenna Martin. Free. Call 703-801-8651 for more.

#### WEDNESDAY/SEPT. 30

**Open House.** 8-8:45 a.m. at Buchanan Gardens Apartments, 926 S. Buchanan St. The Arlington Partnership for Affordable Housing welcomes the community to learn more about affordable housing during open houses. Free. Visit [www.apah.org/events](http://www.apah.org/events) or call 703-276-7444 ext. 109.

**SEEC Anniversary.** The Shirlington Employment and Education Center is celebrating its 15th anniversary 6-8 p.m. at Fairlington Villages Community Center located at 3005 South Abingdon St. The Emily DiCicco Humanitarian Award will be presented to Walter Tejada. Make donations by PayPal at the SEEC website.

#### THURSDAY/OCT. 1

**Opera NOVA Arts Forum.** 7 p.m. at Glebe Elementary School, 1770 N. Glebe Road. The role of the arts will be the topic of this candidates' forum. The free event is sponsored by Opera NOVA. The free-for-all forum will feature candidates running for elective office in Arlington. To date, Audrey Clement, Mike McMenamin and Christian Dorsey, Steve Giballa (for wife Katie Cristol) have accepted. Contact 703-536-757 or [operanovacontact@gmail.com](mailto:operanovacontact@gmail.com).

#### SATURDAY/OCT. 3

**Urban Agriculture Symposium.** 9 a.m.-2

p.m. at Fairlington Community Center, 3308 S. Stafford St. In recognition of National Urban Agriculture Month, Dr. Marcus Comer of the Virginia State University Department of Agriculture and Natural Resources explores lessons learned from his work with Petersburg's Harding Street Urban Agriculture Center. Registration fee covers materials and refreshments. \$10 in advance, \$12 day of the symposium. Visit [www.mgnv.org](http://www.mgnv.org).

#### FRIDAY/OCT. 9

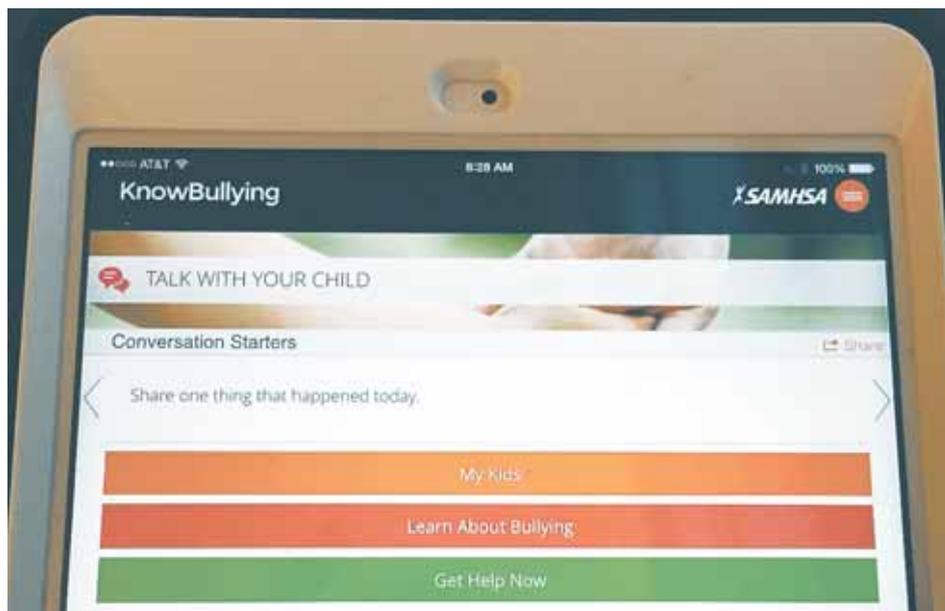
**"Fall-Risk" Assessments.** 1-4 p.m. at Carlin Springs Health Pavilion, 601 S. Carlin Springs Road. Virginia Hospital Center and Marymount University will provide comprehensive examinations measuring one's risk for falling down. Appointments will include a one-on-one medication review, blood pressure check, vision screening, and six physical therapy tests to assess balance. This is of special interest to older patients. Free. Call 703-237-9048 to schedule an appointment.

#### FRIDAY/OCT. 23

**"Men's and Women's Urologic Issues."** 11 a.m.-12 p.m. at Carlin Springs Health Pavilion, 601 S. Carlin Springs Road. Dr. Andrew Joel will discuss incontinence, overactive bladder syndrome, kidney stones, enlarged prostate, and other urologic conditions that may be life-altering for older patients. Free. Call 703-558-6859 to RSVP.

#### SATURDAY/OCT. 24

**Spanish Interpreters Needed.** Volunteers will translate health information at Arlington-area health fairs taking place at 9 a.m.-3 p.m. Call 202-413-6563 or visit [volunteer.truist.com/acvo/org/opp](http://volunteer.truist.com/acvo/org/opp).



**A new phone app called Know Bullying offers prompts for starting conversations about bullying, as well as warning signs and tips on dealing with the issue.**

PHOTO BY MARILYN CAMPBELL THE CONNECTION

# Advice on Ending Bullying

FROM PAGE 11

luctant to share or talk. Unfortunately, this is particularly common among the same age group most susceptible to bullying. “Yes and no questions won’t glean the best information,” said Lauren Keller, Lower and Middle School counselor at Bullis School in Potomac, Md. “Instead, parents should ask questions about relationships and times of day, such as: ‘Who did you sit with at lunch? What did you do during recess and who were you with? Is there anyone you would like to make plans with for this weekend?’”

A new phone app comes to the aid of parents who might find initiating a conversation with their children daunting. It’s called Know Bullying, and it offers conversation prompts, tips for preventing bullying and warning signs that a child might be a victim or a bully. Local school districts and private schools have anti-bullying policies and plans in place. St. Stephen’s & St. Agnes School in Alexandria hosts groups such as Lunch Bunch and Courageous Conversations, which are forums where “students can talk candidly ... about their daily hopes and challenges,” said Linda Stratton, director of communications at the school. “These groups also take leadership in fostering a community of respect.”

Experts also urge parents to contact school counselors, administrators and classroom teachers to report bullying and to obtain more information. “If parents believe their child is a victim, they should consult the school counselor or mental health professional who can work with the child to examine feelings and come up with strategies to help the child cope,” said Garofalo, who also advises parents to be vigilant for signs of depression, anxiety and suicidal ideation. If any of those danger signs appear, they should immediately contact a mental health professional for assessment and counseling.

If parents find it necessary to contact their child’s school, the approach is important, and experts suggest sticking with specifics. “Labels are often unhealthy in some cases. Parents and other adults would do well to address the behavior in front of them,”

said Peter Braverman, founder of the education group ARC Professional Development in Bethesda, Md. “As a teacher or administrator, if you say, ‘Josh is a bully,’ I can’t do anything about it, but if you say, ‘Every time my son walks into Spanish class, Josh dumps his notebook on the floor,’ then I can address it.”

**AVOIDING LABELS** also helps when confronting the child who is suspected of bullying. “One of the first things we hear from students is that they shut off when they hear the word ‘bully,’” said Erin O’Malley, dean of student services at Bishop O’Connell High School in Arlington. “And we want the students to listen to us.”

“Most kids don’t want to be bullies,” added Braverman. “Addressing specific actions and behaviors allows the kid to think, ‘I’m a good person and I can modify these behaviors.’ As an administrator, I have no problem calling your parents at work and telling them to come and pick you up. I’ll help you change your behavior in any way I can, but if you do it again, you’re going home.”

Additionally, it is good for adults to focus on all parties involved in bullying. “There are three actors: the bully, the victim and the bystanders,” Braverman continued. “The great irony is the bystanders are the ones who hold all the power.”

Braverman knows this from experience. “The best class I ever graduated in 8th grade was the worst class I had in 6th grade. There were two boys in the class and for years one bullied the other, and one day one it stopped when [the victim] stood up to [the bully]. He got other kids to stand with him while he did it. If a powerful bystander stands next to the victim, the problem would stop immediately.”

Garofalo is about to embark on a research project to study the role of bystanders in bullying situations.

Parents can also turn bullying situations into teaching opportunities, says Best. “Learning to deal with conflict and confronting problems are important life skills. Listen to kids first and then map out a plan of action.”

## SCHOOL NOTES

Email announcements to [arlington@connectionnewspapers.com](mailto:arlington@connectionnewspapers.com). Deadline is Thursday at noon. Photos are welcome.

Eight Arlington students are semifinalists in the 61st annual National Merit Scholarship Competition.

Semifinalists are the highest scoring entrants in each state and represent less than one percent of the nation’s seniors. The semifinalists include:

❖ Washington-Lee High School: **Katherine A. Emanuel, Darby A. Haller, Catherine I. Hamilton, Peter Huson, David N. Preiss** and

**Apollo E. Yong.**

❖ Yorktown High School: **Madison A. Ihrig** and **Justin Q. Wu**

❖ In addition, **Marcus Alder** and **Juliana Bain** who attend Thomas Jefferson High School for Science and Technology in Fairfax have been named National Merit semifinalists.

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# Week to Weak to Week



By KENNETH B. LOURIE

As much as I'd like to write a new and different, non-cancer column this week, I'm afraid I can't. The reason being, other than the obvious (I am who I am), is that this happens to be my cyclical post-chemo week when the side-effect eating challenges that knock me off my creative balance have indeed done so again. Consequently, I am consumed – emotionally, by my own struggles and find it difficult to get out of my own way and introspect backward or forward. Unfortunately, this is the week, every third week in fact, the week immediately following my chemotherapy, when I am less in control of my actions/some of my behaviors than usual and stuck more in the present imperfect. It's not pretty nor is it resolvable, apparently.

What happens is that a few days after my Friday infusion, the thought of food, the consumption of food, the taste/after-taste of food, anything and everything to do with food, becomes increasingly less appetizing (figuratively and literally). Nothing interests me. Nothing satiates me. Nothing pleases me. Nothing does anything for me except make me miserable, discouraged and disappointed. Moreover, since I'm not eating/eating very little, there's minimal fuel in the tank (so to speak) so my energy level, initiative, follow up/follow through suffers accordingly. This lack of drive/lack of overall satisfaction leads to a malaise/type of depression that is now familiar but unfortunately not any more manageable. Because of these circumstances I am often fatigued during the day and thus feel compelled to take a nap. Since I nap during the day, I then find it difficult to fall asleep at night.

When I finally do fall asleep, it is late at night/early in the morning so when my 6:30 a.m. alarm goes off the next day (life goes on), I am tired, yet I have to get up. Then the symptoms I've previously described are complicated by this new pre-existing condition. Then I start my day already stuck in neutral. Other than going with this non-flow, and trying to not beat myself up over a condition/effect I didn't cause and one I can't control, I don't know whether to write off the week (no pun intended) or work through it in some way or another and try not be miserable.

Granted, the context is not lost on me; I am alive and reasonably well, for the moment; two-plus years since I began this particular protocol and two years as well since I was hospitalized in surgical intensive care for one week, but this is the price I must pay. Two weeks out of every three I – as well as my eating habits, are relatively normal (no comments from the peanut gallery, please?), but not the third week. If this is how I must live my life, so be it. It doesn't make me happy, but neither does it seem to be killing me; only making me hungry, tired, unhappy and unproductive. It's not ideal but it is a living. And "living" sure beats the alternative. No worries, though. I'll manage to make the best of it, somehow; even during the worst of it.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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# EMPLOYMENT

703-778-9411  
ZONE 6 AD DEADLINE:  
TUESDAY 11 A.M.

## 21 Announcements

**ABC LICENSE**  
BBGG Concepts, LLC trading as Big Buns, 4401 Wilson Blvd #104, Arlington, VA 22203. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Mixed Beverages on Premises license to sell or manufacture alcoholic beverages. Craig Carey, CEO & Founder  
NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at [www.abc.virginia.gov](http://www.abc.virginia.gov) or 800-552-3200.

## 21 Announcements

**ABC LICENSE**  
MMSJ, Inc. trading as Basillini Italian Restaurant, 235 Maple Ave. E, Vienna, VA 22180. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Beer and Wine on and off Premises license to sell or manufacture alcoholic beverages. Caroline Kamel, secretary  
NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered to [www.abc.virginia.gov](http://www.abc.virginia.gov) or 800-552-3200

## 4 RE for Sale

**Yard Sale - Sat. 9/19**  
Rain Date 9/20  
Furniture, linens, curtains, pillows, bikes, bedroom set, kitchen supplies, DVDs, tables, Lenox, Mikasa, Moving everything must go!  
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**ABC LICENSE**  
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NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required legal notices. Objections should be registered at [www.abc.virginia.gov](http://www.abc.virginia.gov) or 800-552-3200.

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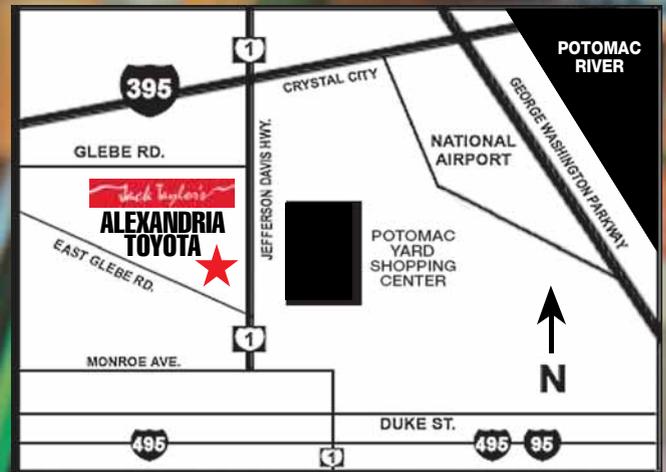
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<p><b>TOYOTA GENUINE SERVICE BRAKE SPECIAL</b> <b>\$99<sup>95</sup></b></p> <p><b>PADS</b></p> <p><b>Includes:</b> Install Genuine Toyota front brake pads, inspect front &amp; rear rotors &amp; drums, check tire condition and inspect all hardware. TCMC pads only.</p> <p><b>MACHINE ROTORS AN ADDITIONAL \$199.95.</b></p> <p><small>DOES NOT APPLY TO ALL VEHICLES PLEASE SEE SERVICE ADVISOR FOR DETAILS. NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 9/30/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.</small></p>	<p><b>TOYOTA GENUINE SERVICE 30000 MILES FACTORY RECOMMENDED SERVICE</b> <b>\$159<sup>99</sup></b></p> <p><b>Synthetic \$10 More</b></p> <p><b>Includes:</b> Change engine oil &amp; filter (up to 5 qts), rotate tires, inspect wear and adjust pressure, measure brake pad thickness &amp; rotor runout, replace cabin air filter (if equipped), replace engine air filter, reset maintenance reminder light (if applicable) and multi-point vehicle inspection.</p> <p><small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 9/30/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.</small></p>	<p><b>EXTEND THE LIFE OF YOUR VEHICLE! BG FLUID EXCHANGE SPECIAL</b></p> <p>TRANSMISSION FLUSH <b>\$189<sup>95</sup></b> POWER STEERING FLUSH <b>\$139<sup>95</sup></b> BRAKE FLUSH <b>\$139<sup>95</sup></b> FUEL INDUCTION FLUSH <b>\$139<sup>95</sup></b></p> <p><small>FOR TRANSMISSION FLUSH TYPE T OR W5 FLUID ADD \$50.00. NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 9/30/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.</small></p>	<p><b>TOYOTA GENUINE SERVICE 15% OFF SITE LINE WIPER BLADES WITH FREE INSTALLATION</b></p> <p><small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 9/30/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.</small></p>
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<p><b>WE WILL MEET OR BEAT ANY LOCAL TOYOTA DEALERSHIP'S CURRENT ADVERTISED SERVICE SPECIALS</b></p> <p><small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 9/30/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.</small></p>	<p><b>TOYOTA GENUINE SERVICE COMPLIMENTARY MULTI-POINT INSPECTION</b></p> <p><b>Includes:</b> inspect tires, brakes, wipers, lights, belts &amp; hoses &amp; fluid levels.</p> <p><small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 9/30/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.</small></p>	<p><b>TOYOTA GENUINE SERVICE BUY 3 TIRES AND GET 4TH FOR \$1.00</b></p> <p><b>GO TIRES? NO CHARGE ROAD HAZARD PROTECTION, TIRE WARRANTY, AND FREE COURTESY MULTI-POINT INSPECTION. PRICE MATCH GUARANTEE. SEE SERVICE ADVISOR FOR DETAILS.</b></p> <p><b>BONUS: ADD A 4 WHEEL ALIGNMENT FOR \$39.95</b></p> <p><small>SEE US WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 9/30/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.</small></p>	<p><b>TOYOTA GENUINE SERVICE DETAIL SPECIALS</b></p> <p><b>\$39<sup>95</sup></b> Wash &amp; Vacuum <b>\$139<sup>95</sup></b> Hand wash, wax &amp; interior cleaning <b>\$295<sup>95</sup></b> Full premium detail</p> <p><b>By Appointment Only</b></p> <p><small>NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 9/30/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.</small></p>

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