

First Celebration of Founder

NEWS, PAGE 3

"This little light of mine, we're gonna let it shine ..."
Hundreds of candles shined in memory of
Robert Simon last Friday, Sept. 25 at Lake Anne.



Dedicated to Bob Simon

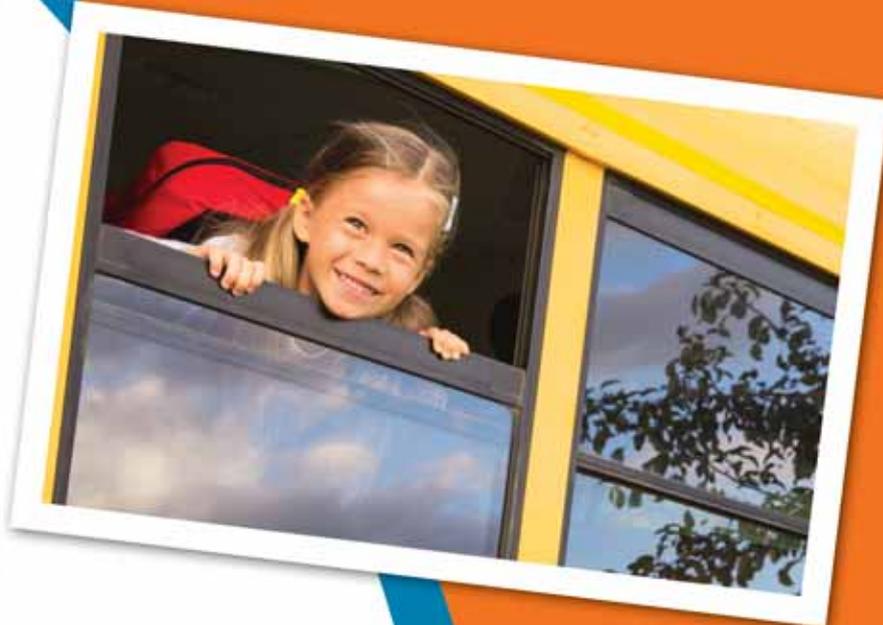
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Oktoberfest Reston Returns Oct. 10-11

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PHOTO BY KEN MOORE/THE CONNECTION



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PHOTOS BY KEN MOORE/THE CONNECTION

About 500 people filled Lake Anne Plaza last Friday night for a candlelight vigil to remember and celebrate Simon's gift to and of Reston.

Saharnaz Farivar, an architect and planner, takes a long look at the statue of Bob Simon. "He was definitely my mentor. He was completely available 110 percent all the time."

First Celebration of Founder Hundreds turn out to express gratitude for Robert E. Simon.

BY KEN MOORE
THE CONNECTION

Bob Simon's wife Cheryl Terio-Simon wrote a letter that was read aloud at the candlelight vigil held Friday, Sept. 26 at Lake Anne Plaza in honor of Reston's founder who died earlier in week.

"Community is what it is all about," wrote Cheryl. "Thank you for your many expressions of love and support for Bob."

More than 500 people gathered to express love of Reston's founder Robert E. Simon and to offer thanks for the impact he's had on Reston and all of its people.

"He was always there to talk to you, he was so curious until the end," said Karen Cleveland. "We're here tonight to celebrate Bob, to thank him, because he's given us the biggest thing he ever could, Reston."

THE PLAZA was filled Friday, in front of the stage, by Simon's statue, by the water and the restaurants.

"Bob loved Lake Anne Plaza," wrote his wife.

"I am a kid of Reston. My dad [Patrick Kane] was a city planner and he scoped it out; he knew he wanted to raise a family here," said Leslie Kane. "I always knew how important he was, but until this week I never realized how many lives were changed by him."

Kerrie Wilson, of Cornerstones, called Friday night's vigil the first celebration of Bob Simon's life.

"Thank you, Bob, for Reston," she said.

Tim Ward, pastor of Restoration Church, said Simon would have enjoyed this time together. "Bob enjoyed people getting together on the plaza," he said. "So many people have been deeply, deeply impacted by his life."

Casey Veatch called himself and Leslie Kane the original Kids of Reston.

Kane, who still lives in Reston, says she



Candlelight in memory of Robert Simon filled the plaza.

always saw Simon walking around Lake Anne Plaza. "It was fun to watch him pat himself on the head," of the statue built in honor of Simon and his vision of the plazas. "Thank you, Bob Simon, for an amazing childhood," she said.

"That guy never stopped and we loved him for sure," said Veatch. "Two weeks ago, I sat up with him in his room and I can assure you that his mind was as sharp as it ever was."

Veatch told the well known story of Simon confronting a mob boss who then called Simon, "one tough son of a"

Veatch and Kane gave voice to the social experiment of a planned community that welcomed all people of all backgrounds and all economic situations.



Every day, Simon's statue is adorned with gratitude and flowers.

"I didn't know racism or discrimination existed until I went to college," said Kane.

"None of us understood what racism was," said Veatch.

Amanda Indri, also of Cornerstones, warned the crowd.

"Don't tell anyone, but I grew up in Herndon," she said. "But that's what Reston does to you. It invites you in."

The Reston Museum is going to give additional chances for Restonians and others to share stories of Reston's founder.

"I can not tell you what a gift this is that the community can come together," said pastor Tim Ward.

Mosaic Harmony and Reston Chorale teamed together to sing, "This Little Light of Mine, We're Going to Let it Shine."

THE CROWD surrounded Lake Anne Plaza, candles shining along the water by Simon's condo building. Hundreds filled the plaza with light and sounds of appreciation for Bob.

"We will light the candles to remind of Bob's bright light, to remind us of the impact he had had on us," said Ward.

Ward could be heard singing among the crowd, "This little light of mine, we're going to let it shine."

And with that in mind, Kerrie Wilson said there is still more work to do.

"Bob lay the perfect foundation," she said, "but not everything was perfectly implemented the way he wanted."

"He leaves it in our hands to make it happen," she said.



Dedicated to Bob Simon

A year in planning, Simon will not be in front row for concert, but will be in hearts.

Saturday, Oct. 10, 4:30 p.m.
Reston Community Center
Hunter Woods
2310 Colts Neck Road, Reston

Robert E. Simon was a founding member of The Reston Chorale in 1967. “Bob’s commitment to establishing Reston as an integrated community in the early 1960s — a time when segregation and racial deed restrictions were prevalent — was the inspiration behind the concert when we began planning it last season,” said Ruth Overton, president of The Reston Chorale. “We wanted to honor Bob’s vision and integrity, and Reston’s pivotal role as Virginia’s first integrated community.”

More than 165 singers and musicians from The Reston Chorale, Mosaic Harmony and D.C.’s historic Shiloh Baptist Church will sing in a concert dedicated to Simon on Oct. 10. The concert is called, “Wade in the Water: Songs of Freedom, Faith and Friendship.”

The three choirs will sing African American inspirational music from songs that brought hope and sustenance to slaves as they longed for and made their way to freedom to songs that inspired freedom fighters of the Civil Rights movement, Overton



The Mosaic Harmony Gospel Choir performs during the Reston Multicultural Festival last Saturday.

PHOTO BY
STEVE HIBBARD/
THE CONNECTION

said.

As plans for the concert progressed, tragic events in the news—from Ferguson, Baltimore and Charleston—also influenced its shape. “That’s when it expanded to include songs of friendship,” said Rev. David North, director of Mosaic Harmony, “because we wanted this concert to be an expression of unity in the midst of diversity, with each ensemble bringing something special to the mix.”

Mosaic Harmony is a multi-faith, multi-cultural community choir based in Fairfax

County that sings inspirational music based on the gospel tradition.

David Lang leads The Reston Chorale, an auditioned, mixed-voice chorus known to perform a wide range of musical genres.

Dr. Thomas Dixon Tyler leads The Senior Choir of historic Shiloh Baptist Church of Washington, D.C.

“When we began planning this concert a year ago, we were inspired by Bob Simon’s commitment to creating Reston as an integrated community, so we reached out to several other groups to produce a concert

of inspirational African American music,” said Susan Meeks-Versteeg, managing director of The Chorale.

Rev. LaVerne M. Gill, host of Reston’s African American Legacy series, will serve as the narrator for the concert.

“The first half will open with the combined choirs — 165 voices strong — singing a piece based on the spiritual Walk Together Children, followed by each choir performing several selections on their own,” said David Lang, artistic director of The Reston Chorale. “In the second half, we’ll mix it up—literally—with the choirs uniting and merging into one massive chorus. Then we’ll get the audience involved, with Rev. North leading us all in a few old—and perhaps even new—songs.”

Said Lang: “There’s a movement in The Essential Life—a work by Donald McCullough that the Chorale commissioned and sang for Reston’s 50th anniversary and Bob Simon’s 100th birthday—based on Amy Lowell’s poem Market Day. It describes the doors of a church opening wide and the sound of this magnificent music spilling out and filling the square with ‘vibrant harmony.’” “Bob would have loved this concert. He won’t be in his usual place in the front row, but he’ll be in our hearts,” said Ruth Overton, president of the Reston Chorale.

Celebrating the life of a visionary leader,
business pioneer, and friend.

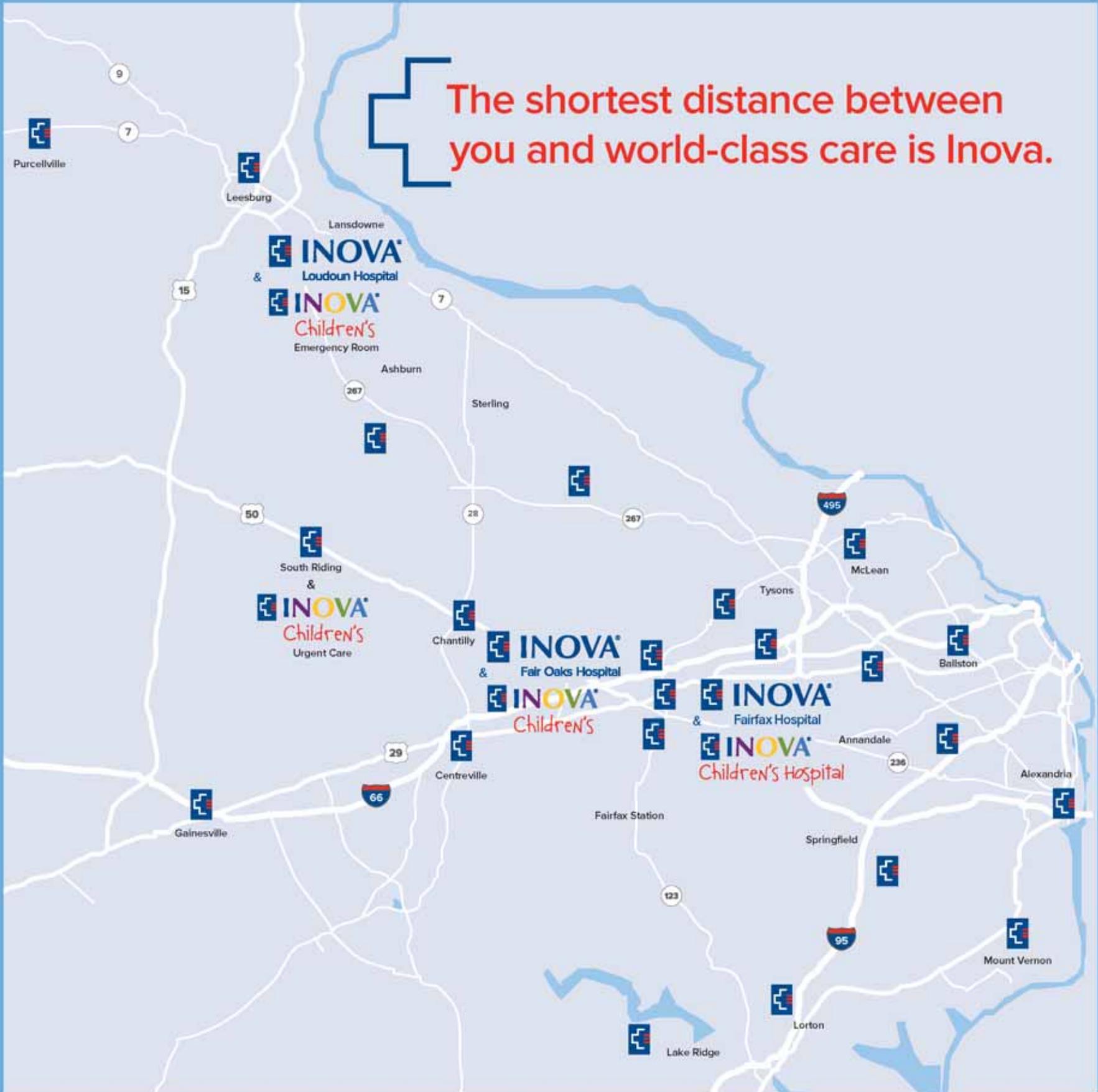
Robert E. Simon Jr.

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Changing Perspective on Death Penalty

Evolving standards will eclipse the death penalty entirely at some point in the future.

It's sad to see senseless death as a response to senseless death. Alfred R. Prieto is not a sympathetic figure, a serial killer who was on death row in California when DNA connected him to murders and rapes in Reston and Arlington that took place in 1988. He is scheduled for execution this week, at 9 p.m. on Thursday, Oct. 1.

Evolving standards of decency have led to the understanding that it's wrong and unconstitutional to subject people whose crimes were committed when they were juveniles or people with intellectual disabilities to the death penalty.

The Arc of Northern Virginia, an advocacy group for people with intellectual disabilities, asked Gov. Terry McAuliffe to send Prieto back to California so that his intellectual disabilities, raised in the sentencing phase of his trial,

could be analysed. McAuliffe has declined to intervene in Prieto's case. It was a Virginia case, *Atkins v. Virginia*, that led the U.S. Supreme Court to rule that execution of people with mental retardation is unconstitutional.

Prieto was sent to Virginia to face trial even though he was already on death row in California because of the belief, clearly correct, that he would be more likely to be executed in Virginia.

Over time, it seems clear that evolving standards of decency will end the death penalty in the United States. The number of death sentences has dropped dramatically since 2000, and executions have declined as well, from a high of 98 in 1999 to just 35 in 2014, the lowest in 20 years, according to Amnesty International.

Prieto committed heinous crimes, and releasing him from prison should never be an option.

Warren Fulton and Rachel Raver were last seen around midnight in Washington, D.C. on Dec. 2, 1988. The two George Washington University students, both 22, were found dead Dec. 6, 1988 in a field off Hunter Mill Road in Reston. Both were shot in the head. Raver had been raped. Investigators believed they had

Vigil to Oppose Death Penalty

Virginians for Alternatives to the Death Penalty will hold vigils around the state on the evening that Alfredo Prieto is scheduled for execution, Thursday, Oct. 1. Arlington Vigil in opposition to the death penalty Oct. 1, 8:30-9:10 p.m.

Clarendon Metro Station. The vigil will be held in the public park between Clarendon and Wilson Boulevards, right behind the Metro exit. Attendees are welcome to bring signs with appropriate, peaceful, anti-death penalty messages.

For more information, contact Elise Cleva at elise.cleva@gmail.com or see <http://www.vadp.org/>

been abducted and forced to drive to the remote location. DNA evidence linked Prieto to Raver's death and to that of Veronica Jefferson, a 24-year-old CIA finance officer who was raped and shot to death in Arlington County in May 1988, although he was never tried in that case. A Fairfax County jury sentenced Prieto to death in 2006.

The murders and rapes were unsolved for 17 years until 2005 when California's DNA database joined a national database.

— MARY KIMM

EDITORIAL

LETTER TO THE EDITOR

Gone But Not Forgotten

To the Editor:

This week, two iconic people, who affected my entire life, passed away — Robert E. Simon, and Dr. Glynn Ford. To know why they impacted my life, I must tell my story.

The death of Martin Luther King, Jr. sparked riots throughout United States. A man sat in Baltimore, watching violence come up to his doorstep, and vowed not to allow his family to live amongst this rage. In 1968, my father came to work at Scope.

A very different time period, where does a black man move his young family to keep them safe, but not isolated and threatened in a white only community? At the burgeoning Tysons Corner, he was told, "We don't rent to you people."

Going west, the \$150 rent at Cameron Crescent seemed exorbitant, but he stayed in this historic planned community developed by Robert E. Simon.

He also joined Washington Plaza Baptist Church, where Dr. Ford was the pastor, both landmarks at Lake Anne. Little did he know how forward thinking and life changing this decision was.

I lived in Reston until I graduated from South Lakes High School. Since 1985 I have lived in Hampton, Maryland, New Jersey,

and now, Los Angeles. I have always had trouble finding places to live because I grew

up in a place called Reston. I assumed, every town aspired to be a close diverse community, with trees, no power lines, great schools, and neighbors with beautiful lawns and no stripes painted on their homes.

Our closest friends were from WPBC, and I had a diverse group of friends throughout my high school education. We still communicate on Facebook, waxing poetically about what an impact Reston had on us. We post pictures of groups of kids of all ethnic background, bunched close together preparing for Homecoming. Meanwhile, today all over the country, we hear about white only proms, and hate speech. I was the first black, female Drum Major at SLHS, but I never felt my race would preclude me from that achievement. I was never called the "n" word, although my nephews have been called that today in neighboring counties.

I am shocked that not one white or Asian person lives on my street in Los Angeles, and am disappointed with the overt segregation in Los Angeles. I am glad Reston in no way prepared me for that.

Reston has inspired me to seek

SEE LETTER, PAGE 7

Ways to Go

BY KENNETH R. "KEN" PLUM
STATE DELEGATE
(D-36)



One of the early rites of passage for me and those of my generation was to get a driver's license. I was pleased to run errands for the family, and my parents were generous in allowing me to use the family car for school and social events. Now I understand that about a fourth of millennials are not even bothering to get a driver's license.

And when you consider how many communities are developing by transit oriented development (TOD) principles, there is less of a need to own or lease an automobile. These shifts in living patterns have significant public policy implications.

Already with the opening of the Silver Line to Reston East I have another alternative for my travels. Within a year residents in the new apartments under construction by Comstock at

Reston East Station will be able to take the elevator down to the plaza to the bus to Dulles on the Silver Line to points east including Maryland. For weekend travel, a Zipcar or other hourly rentals are available, and a bicycle provides

good healthy exercise. A new hourly car rental system allows you to leave the car at your destination without the need to return it to where you picked it up. Some suggest that the driver-less vehicle is not that far in the distant future, and with the rapid advances I have seen in recent times I believe them. The traditional taxi system got a jolt with the introduction of Uber and other companies that use drivers and their own automobiles to transport passengers. The Virginia General Assembly passed legislation this year to establish a legal framework under which the companies can provide service to consumers in a safe and legal way. I would guess that there is likely to be a melding of these two businesses in the future to pro

SEE PLUM, PAGE 7



OPINION

Plum

FROM PAGE 6

vide more convenient car ridesharing. In the short run I understand the interests of persons dependent upon automobile travel that our roadway surfaces be repaired and that traffic congestion be reduced. We suffer from more than a decade of refusal on the part of the legislature to provide adequate funding for highway construction and repair. During that time I co-sponsored and voted for many bills only to see them defeated. Technological advances are helping to reduce congestion with better traffic

light systems and with regulated traffic systems as has just been introduced on I-66.

These improvements must take into account the bigger picture of transportation. Road improvements must include bicycle travel lanes. Mass transit will need subsidy just as our roads are subsidized. Public and private incentives need to be offered for carpooling, and the use of transit. TOD must be given priority. Our public policy on transportation must recognize that there are many different ways to go.

Find more resources for going car free at http://www.fairfaxcounty.gov/fcdot/news/2015/15_009.htm.

Letter

FROM PAGE 6

out the type of relationships that surrounded me in my youth. And I always find a swimming pool! So this writing is a celebration of the early influences in my life, brought to me by Mr. Simon and Dr. Ford. Reston was not a panacea, there were glitches here and there. But the overarching expectation was to live and create something wonderful together. Even today, when

I drive down the dark Reston streets I know like the back of my hand, I marvel at its uniqueness. I smile remembering my brother and I singing out "R-E-S-T-O-N, N-O-T-S-E-R!" as we passed the big Reston sign on Route 7.

So I wish to say thank you to these two people who both left us this week. You are gone, but not forgotten. And for that reason, Reston will always be my home.

Dr. Delaina A. De Gree Martinez
SLHS 1985

Write

The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors.

Send to:

Letters to the Editor
The Connection
1606 King St., Alexandria VA 22314

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Hot Topics in Medicare and an Overview of Health Care Coverage

Thursday, October 15 | 6:30 to 8 pm

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With the beginning of open enrollment for Medicare underway, know what changes you can make and how to make them. Margaret O'Reilly, CELA, PC will discuss some of the hot topics in Medicare right now. Also, Ms. O'Reilly will discuss the inaccurate assumption that Medicare covers either assisted living or skilled nursing care. To **RSVP** or to schedule an appointment, contact Sandra Fields today at (703) 994-4561 or sfields@thecrossingsatchantilly.com.

TASTE OF AUTUMN OPEN HOUSE
Tuesday, October 6 | 11 am - 3 pm

AUTUMN OPEN HOUSE
Saturday, October 17 | 11 am - 2 pm
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ROUND HILL, VA - A long winding drive, past a picturesque pond, leads to an exquisite brick & stucco colonial on 10+ gorgeous acres. 12 room residence includes 4 BR, 5.5 BA, stunning family room with vaulted ceilings and full stone wall fireplace; tiled sun room w/ wet bar. Pool, spa. **\$1,145,000**
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MARSHALL, VA - Whirlwind Farm encompasses 56 acres of manicured lawns and rolling woods just mins from Middleburg. The residence is stunning, custom built w/ extraordinary quality & craftsmanship. Detailed moldings, gourmet kitchen & elegant rooms. Beautiful pool & terrace. Spacious apartment over the 3 bay carriage house. OC Hunt **\$2,995,000**
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ROUND HILL, VA - Devonshire community 4 BR, 4 BA cape cod on 3 acres. Inviting front porch! New paint inside and out, refinished HW floors, new SS appliances, finished lower level w/ aupair inlaw suite/kitchenette, tons of storage, trex deck perfect for entertaining, trane HVAC, anderson windows. Main level master suite. **\$595,000**
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PURCELLVILLE, VA - Farmhouse in the heart of Purcellville. Ideal location in Historic downtown, walking distance to local attractions. Located on a nearly 1/4 acre, fenced back yard w/ garden. Front porch w/ swing and newly screened back porch. Refinished hardwood floors throughout, newly painted, lg bedrooms, bright kitchen! **\$362,500**
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FALL FUN

Send announcements to reston@connectionnewspapers.com. The deadline is the Friday prior to the following week's paper. Photos/artwork encouraged.

THURSDAY/OCT. 1

4th Annual Reston Town Center Help the Homeless Walk. 11:30 a.m. Reston Town Center, 11959 Market St., Reston. Walk from

CALENDAR

Mayflowers Floral Design Studio on The Promenade to the Embury Rucker Community Shelter and back. Funds will enable Cornerstones to provide essential resources and services for individuals and families in the community who are homeless or at risk of becoming homeless. Visit www.cornerstonesva.org/events_list/hth.

Food Truck Thursdays. 11 a.m. - 2 p.m. Reston Town Center, 11900 Market Street, Reston. A variety of food truck vendors provide lunch and dessert options. Cash and credit cards accepted. restontowncenter.com

SATURDAY/OCT. 3

Reston Regional Library 30th Anniversary Celebration. 10 a.m. - 4 p.m. Reston Regional Library, 11925 Bowman Towne Drive. Music, refreshments, balloon art, face painting and door prizes for the whole family.

Light the Night Walk for Leukemia & Lymphoma. 5 p.m. Reston Town Center, 11900 Market Street, Reston. Celebrate and commemorate lives touched by cancer. Children's games, food from local restaurants, live music and entertainment until the 2-mile fundraising walk begins. Information

and registration: lightthenight.org/nca

SUNDAY/OCT. 4

Colors of Life Opening Reception. 3-5 p.m. Reston Community Center, 2310 Colts Neck Road, Reston. Color is a major inspiration for Reston-based fiber artist Anne Smyers, and a central feature in her vibrant work. Her solo show Colors of Life highlights several series: recent works in her signature "floral landscapes" style, created by layering flowers into fanciful landscape designs; and a five-element series inspired by the concept of unity and healing intrinsic to traditional Chinese acupuncture.

HernDOG Bark Bash. 12-3 p.m. Bready Park, 814 Ferndale Ave., Herndon. HernDOG Bark Bash is a free event for dog lovers with three hours of four-legged fun. The event will feature agility demonstrations, owner and dog team contests, adoptions, an off leash area and wide variety of dog themed vendors. Entry to HernDOG Bark Bash is free but fees may apply to vendor products or services. Friendly, leashed, and vaccinated dogs (and their owners) are welcome.

A Double Murder Ghost Investigation. 2 p.m. Reston Regional Library, 11925 Bowman Towne Drive. Paranormal investigator, medium and author Rob Gutro will share a case from the files of Inspired Ghost Tracking of Maryland, where the team investigated a private home reporting paranormal activity. Book sale and signing. Register online or call 703-689-2700. Adults.

SATURDAY/OCT. 10

Wade in the Water: Songs of



Attend Colors of Life opening reception on Oct. 4 from 3-5 p.m. at Reston Community Center, 2310 Colts Neck Road, Reston. Color is a major inspiration for Reston-based fiber artist Anne Smyers, and a central feature in her vibrant work. Her solo show Colors of Life highlights several series: recent works in her signature "floral landscapes" style, created by layering flowers into fanciful landscape designs; and a five-element series inspired by the concept of unity and healing intrinsic to traditional Chinese acupuncture.



Reston Art Gallery & Studios presents Images of Fall, an exhibit of fine art photography by Kathy Kautter, on display from Oct. 2 through Nov. 5. Recognized for her "good eye," Kautter captures colors and textures in her favorite topics of flora, leaves, trees, and water. Also an accomplished painter, Kautter's specialty in photography has grown with her fascination for the colors and light of nature.

Freedom, Faith and Friendship. 4:30 p.m., Reston Community Center, Hunters Woods, 2310 Colts Neck Road, Reston. Join singers from Mosaic Harmony, The Reston Chorale and the Senior Choir of historic Shiloh Baptist Church in a unity concert of inspirational African-American music, from traditional spirituals to contemporary gospel. Tickets: \$20-\$25. www.restonchorale.org.

FRIDAY-SATURDAY/OCT. 10-11

Oktoberfest Reston. Reston Town Center, 11900 Market St., Reston. Featuring the best in autumn brews with delicious fare from area restaurants. Enjoy food, wine, beer, and live entertainment.

SUNDAY/OCT. 11

Classical Guitarists David Grimes and Michael Nigro in Concert. Reston Regional Library, 11925

Ongoing

Celebrating Vintage Disney at ArtInsights. Through Oct. 6 at Reston Town Center, 11900 Market St., Reston. Original production art from classic Disney movies for fans and Disney lovers of all ages: Snow White, Sleeping Beauty, Aladdin, Beauty and the Beast, and many more. 703-478-0778 artinsights.com

"No Spring Chicken." Through Oct. 11 at NextStop Theatre, 269 Sunset Park Drive, Herndon. This one woman comedy presents a poignant and funny look at pregnancy at 40.

"Ephemeral" Exhibition at GRACE. Through Nov. 14 at Reston Town Center, 11900 Market St., Reston. Explore the nature of non-permanent, three-dimensional works addressing the concept of ephemerality. Presented in conjunction with the Washington Sculptors Group. restonarts.org

Colors of Life Exhibit. Through Oct. 30 at Reston Community Center, 2310 Colts Neck Road, Reston. Color is a major inspiration for Reston-based fiber artist Anne Smyers, and a central feature in her vibrant work, which will be featured at the Hunters Woods branch of Reston Community Center from. Her solo show Colors of Life highlights

several series: recent works in her signature "floral landscapes" style, created by layering flowers into fanciful landscape designs; and a five-element series inspired by the concept of unity and healing intrinsic to traditional Chinese acupuncture.

Reston Station Movie Nights. Saturdays starting Through Nov. 1. 7-10 p.m. at Reston Station Metro Plaza, 11389 Reston Station Blvd., Reston. Reston Station's "Watch Under Our Stars," a six-week fall family-friendly movie series. Films start at sunset. The plaza area is lined with concrete pavers, so attendees are encouraged to bring low chairs or cushions. <http://www.restonstation.com/RStationNightPoster.pdf>

"Images of Fall." Saturday-Sunday through Nov. 5 at Reston Art Gallery & Studios, 11400 Washington Plaza, Reston. An exhibit of fine art photography by Kathy Kautter. Recognized for her "good eye," Kautter captures colors and textures in her favorite topics of flora, leaves, trees, and water. Also an accomplished painter, Kautter's specialty in photography has grown with her fascination for the colors and light of nature.

Bowman Towne Drive. Register online or call 703-689-2700. Adults, older teens.

Reston Pumpkin 5K & Kids' Pumpkin Dash. 8:15 a.m. Reston Town Center Pavilion and Streets. Get

off the couch and get ready to run with the Greater Reston Chamber of Commerce at Oktoberfest Reston. Participants are encouraged to debut their Halloween costumes and join in SEE CALENDAR, PAGE 10

Welcoming, Diverse, Progressive

ST. ANNE'S EPISCOPAL CHURCH • Reston



7:45 a.m. Holy Eucharist, Rite I
9:00 a.m. Holy Eucharist, Rite II
Sunday School: preschool - grade 2
Music: grades 3 - 7
10:25 a.m. Sunday School Grades 3 to 6
Music 4 years to 2nd grade
11:15 a.m. Holy Eucharist, Rite II
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Advertising Deadlines are the previous Thursday unless noted.

OCTOBER

10/14/2015.....HomeLifeStyle
10/21/2015.....A+ Camps & Schools
10/28/2015.....Election Preview

NOVEMBER

11/4/2015.....Wellbeing
11/11/2015.....HomeLifeStyle
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The crowd at the Global Stage during the Reston Multicultural Festival last Saturday.



The Mark H. Taiko School presents Taiko Drums or Japanese drumming on the Global Stage during the Reston Multicultural Festival last Saturday at Lake Anne Plaza.

PHOTOS BY STEVE HIBBARD/THE CONNECTION

Reston Multicultural Festival Held Saturday at Lake Anne Plaza

The Reston Multicultural Festival had a large crowd of visitors of all nationalities last Saturday, Sept. 26, at Lake Anne Plaza in Reston. The signature Reston event honors the diversity of Reston and brings to life the vision that founder Robert E. Simon had for the community. The day featured a Naturalization Ceremony where citizens took the Oath of Allegiance and international performers entertained the crowd with singing, dancing and drumming from three stages. In

addition, there was a Multicultural Book Fair and a "We Make Reston" exhibit, an INSIDE OUT Project created by the people of Reston to showcase their town. The event was presented by the Reston Community Center, hosted by Lake Anne Plaza, and co-sponsored by Reston Association, Lake Anne of Reston Condominium Association, and the Lake Anne Merchants Association with partners from a variety of Reston-based organizations and businesses.

— STEVE HIBBARD



Patrons line up at the concession stands during the Reston Multicultural Festival last Saturday.



Mari Oikawa and Mina Mohtasham of the Japanese Conversation and Culture Club.

What is Design for Independent Living?



What is design for independent living or aging-in-place exactly? If you are like the majority of Americans you want to continue living at home in a familiar environment throughout your maturing years. Aging-in-place means living in your home safely, independently and comfortably, regardless of age or ability level. It addresses the need to remodel existing homes and design new homes, so that people can age in place and not have to move to assisted-living facilities. In addition to the economics that generally favor remodeling vs. moving into an assisted-living facility, there is also the psychological impact of being uprooted from your community, familiar rituals, independence and privacy.

Since the vast majority of homes we live in are not well designed for this, a movement in residential construction has sprung up to meet this new consumer demand.

Too early to think this applies to you? Consider how many folks struggle with bouts of arthritis at an early age. If you fell and broke a leg, how easy would it be to get up and down stairs in your house? Perhaps you have an aging parent or relative who is facing these challenges who may need to move in with you.

The good news is that aging-in-place home renovations have become the norm and the possibilities are virtually endless. And, not only are they functional, but they can be beautiful as well.



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PHOTOS BY CAROL MOLESKY

Seahawk Varsity Golf Team: Khyal Kapoor, Alex Nelson, Nick Kim, Coach Carol Molesky, Kurtis Grant, Sean Shaughness and Reed Cornwall (not pictured).

South Lakes Golfer Kurtis Grant Wins Liberty Conference Tournament

South Lakes High sophomore Kurtis Grant won the Liberty conference golf tournament played at Herndon Centennial Golf Course on Sept. 21 and 22, with a total score of 141 shooting two rounds of 71 and 70. He qualifies to move onto the regional tournament on Oct. 6-7. Senior Nick Kim also placed as a medalist and will participate in the Regional tournament. The SLHS boys varsity golf team took third place overall. Reston National Golf Course is the home course for the Seahawks golf teams.



Kurtis Grant – South Lakes High School Sophomore — wins Liberty Conference Golf Tournament.



PHOTOS BY AMY GROSSMAN

Walking to End Alzheimer's

Residents, staff, family, and friends of Ashby Ponds (Ashburn) and Greenspring (Springfield) retirement communities walked together at the Alzheimer's Association's Walk to End Alzheimer's in Reston on Saturday, Sept. 26. Both communities, which offer higher levels of care including memory care, were 2015 Walk to End Alzheimer's sponsors.



PHOTO BY JON ROETMAN/THE CONNECTION

The South Lakes football team, seen during an August practice, is off to a 3-1 start.

SPORTS ROUNDUPS

South Lakes Football Improves to 3-1

The South Lakes football team improved to 3-1 with a 42-0 victory over McLean on Friday at South Lakes High School. It was the second time this season the Seahawks have defeated an opponent by more than 40 points, including a 52-8 win over Marshall in the season opener.

South Lakes will travel to face Washington-Lee at 7 p.m. on Friday, Oct. 2. The Seahawks will host rival Herndon on Oct. 9.

Herndon Football Falls to 2-2

The Herndon football team opened Conference 5 play with a 69-31 loss to Chantilly on Friday at Herndon High School, dropping the Hornets' record to 2-2.

After dropping its opener to Fairfax, Herndon defeated Stuart and Falls Church prior to Friday's loss to the Chargers.

Herndon will host Tuscarora at 7 p.m. on Friday, Oct. 2. The following week, the Hornets will travel to face rival South Lakes on Oct. 9.

Herndon Field Hockey Extends Win Streak to 8

The Herndon field hockey team extended its win streak to eight games and improved its record to 9-2 with a 2-0 victory over Thomas Jefferson on Sept. 25.

The Hornets have outscored their opponents 24-4 during the streak.

Herndon will host Centreville at 7:30 p.m. on Wednesday, Sept. 30 before traveling to face Westfield on Oct. 2 in a rematch of last year's Conference 5 championship game.

South Lakes Field Hockey to Host Hayfield

The South Lakes field hockey team will host Hayfield in Conference 6 action on 7:30 p.m. on Friday, Oct. 2.

The Seahawks (6-5) have lost two straight and four of their last five, including 2-1 defeat against McLean on Sept. 24.

Madison Football Beats Langley

The Madison football team defeated Langley 14-7 on Friday at Madison High School.

The Warhawks improved to 3-1 and have won three straight after dropping their opener to Oakton. Madison will travel to face Yorktown at 7 p.m. on Friday, Oct. 2.

Langley dropped to 0-4. The Saxons will host Fairfax on Friday.

Effervescent Witty Cabaret

The Marcy & Zina Show arriving at Reston's CenterStage.

BY DAVID SIEGEL
THE CONNECTION

Get ready for a winning musical evening with songs ranging from humorous tales of an unforeseen crush at a local Starbucks, to whom not to date, along with numbers about profound pangs of caring and affecting love ballads. It is a performance all connected with lively patter from cabaret performers, Marcy Heisler and Zina Goldrich.

With a musical style that mixes timeless Broadway and unforgettably pop; the duo's songs have been sung by stylists as diverse as Kristin Chenoweth, Audry McDonald and Michael Feinstein. In an evening aptly called "The Marcy & Zina Show" they will cover lots of ground about their own real-life reflections toward life and love.

Heisler (lyrics) and Goldrich (music) have received a Drama Desk nomination for Outstanding Music and Lyrics and penned the score for the "Great American Musical" a recent musical love-letter to Broadway. They are recipients of the "Fred Ebb Award," recognizing excellence in musical theatre songwriting.

They are no strangers to the D.C. area, having received a Helen Hayes Award nomination for theater excellence for "Snow White, Rose Red and Fred" when performed at the Kennedy Center.

According to Goldrich, their "writing process is like a tennis game.

As the words person, Marcy serves first, generally, and we go



Marcy & Zina Show (from left) Zina Goldrich and Marcy Heisler.

Where and When

The Marcy & Zina Show at Reston CenterStage, Reston Community Center, 2310 Colts Neck Road, Hunters Woods Village Center, Reston. Performance, Saturday, Oct. 3, at 8 p.m. Tickets: \$15 Reston/\$20 Non Reston. Call 703-476-4500 or visit www.restoncommunitycenter.com

back and forth exchanging ideas as we go. We like to write everyday things. Nothing is funnier than real life."

The duo writes about things "that everybody recognizes in their own lives that make a song unique and yet completely familiar," added Goldrich.

Asked about their CenterStage

show, "We like to treat the evening like we are singing in our living room with a bunch of friends. We'll sing songs we've written, tell some stories, and give a sneak peek into new productions we're working on," said Heisler.

To whet audience appetite, Marcy and Zina can be expected to include "Taylor the Latte Boy" (a Starbucks cute meet), "Alto's Lament" (why do sopranos get the good songs?) numbers from "Ever After" their musical version of the Drew Barrymore "Cinderella" film and many more.

Marcy and Zina are "great fans of the Reston area and look forward to sharing" their music with the CenterStage audience.

PHOTO COURTESY OF RESTON COMMUNITY CENTER



Zina Goldrich
WWW.CONNECTIONNEWSPAPERS.COM



Marcy Heisler

PHOTOS BY LAURA MARIE DUNCAN



Bob Westin of the Kings Park German Band plays his strumpfhiddle at Reston Oktoberfest 2012.

CONNECTION FILE PHOTO

Oktoberfest Reston Returns Oct. 10-11 Northern Virginia's largest outdoor fall festival.

Oktoberfest Reston 2015

WHEN

Saturday, Oct. 10, 12 – 11 p.m.
Sunday, Oct. 11, 11 a.m. – 8 p.m.
(Race begins at 8:15 a.m.)

WHERE

Reston Town Center, 11900 Market Street, Reston

BEVERAGES

Beers on tap include: Blue Moon, Miller Lite, Samuel Adams Oktoberfest, Yuengling. Craft Beer Alley: Flying Dog, Heritage, Old Ox and Old Bust Head

RESTAURANTS

American Tap Room – Clyde's of Reston – Buffalo Wing Factory – Naked Pizza – Pittsburg Ricks – Tavern 64 Regional Kitchen – The Big Cheese – The Melting Pot – The Sprouted Spoon- and more

ENTERTAINMENT

Alpine Dancers, The Low'nBrows German Band, Gonzo's Nose, DJ Edward Daniels, Kings Park German Band, Herr Metal & Dr FU and DJ B Rok

For more information about Oktoberfest Reston and Reston Pumpkin 5K visit www.oktoberfestreston.com.

The beer and wine will be flowing at Oktoberfest Reston produced by the Greater Reston Chamber of Commerce, one of the largest fall festivals in Northern Virginia. Oktoberfest

Reston draws crowds up to 85,000. This event features the best in fall brews with traditional Oktoberfest fare from area restaurants.

Beginning on Saturday, Oct. 10, at noon, restaurants and vendors will line the streets of the Reston Town Center. Live music will fill the air with traditional German tunes from various bands and the Reston community will come alive. On Sunday, Oct. 11, at 8:15 a.m. get ready for the Greater Reston Chamber of Commerce's Reston Pumpkin 5K, and Kids' Pumpkin Dash. Participants are encouraged to debut their Halloween costumes and join in the fall fun with the whole family. Afterwards join the Oktoberfest Scrambled Legs Breakfast, which will help runners refuel with breakfast items and beer served up from specific Oktoberfest vendors.

Oktoberfest Reston event admission is free. Food tickets are \$1 per ticket or \$20 for 24 tickets. You can purchase advance tickets on sale online at www.OktoberfestReston.com.

Locked and Loaded



By KENNETH B. LOURIE

And into the breach (not to be confused with breach), I went earlier today. It wasn't exactly the Charge of the Light Brigade when breach might have been the more appropriate characterization, it was simply my annual MRI, when the doctors check to see if the cancer in my lungs has spread to my brain, which in 30 percent of the patients – the highest percentage of spread in fact – it does. So today, I had my head examined: a checkup from the neck up. Though I'm mostly asymptomatic – as usual, other than a few random headaches reported by yours truly; nothing chronic or debilitating, no pain or suffering, no dizziness or disorientation – it made for a prudent course of diagnostic action, nonetheless. I'm not really worried about the results, more like wondering, if that distinction even makes sense. Still, I'd just as soon not complicate my life any further right now. It's all fairly manageable. Involving my brain, "what there is of it," (a Three Stooges quote) however, would likely force us to confront new demons: demons which at present are mostly confined in their box (compartmentalized in my head, actually).

Now whether our feelings are the result of a possible occurrence in the brain simply being new and different or whether its appearance there would indeed be worse, we certainly don't know, but for some reason, it seems worse than a finding in the lung. Not that stage IV lung cancer is to be minimized in the least; hardly, it's a "terminal" disease; and not that I understand any more about brain cancer and the blood-brain barrier or treatment complications it can cause or can reference any statistical outcomes that support or confuse our feelings more than I can about the non-small cell lung cancer with which I am more familiar, our perception is, a confirmation of tumor activity in the brain would likely upset the very delicate balance of our figurative apple cart. An apple cart I will readily admit we've gotten used to balancing.

But I'm getting ahead (no pun intended) of myself. My oncologist was not anticipating much new information from this MRI, nor was he reacting to my symptoms as much as he was mindful of the interval of time since my last MRI: one year or so. I did/do take some comfort in his nonchalance. Although, reading a doctor's expressions or body language or attempting to interpret and understand their reasons and explanations for making certain medical suggestions is akin to taking a Rorschach test: you might see or hear what you're predisposed to – or not. There may be some fact and/or some fiction to consider, but who knows exactly what and when any of it is relevant or accurate? It might simply be a curiosity. But I have to tell you, a "curiosity" is the last thing a "terminal" patient wants to hear or perceive from his oncologist. I want the truth – as I've always told him, and anything to do with the brain truthfully makes me feel unlocked, unloaded and in trouble. Maybe "breach" is the more appropriate word. I suppose I'll know soon enough. I'll just have to be patient. Something I've been very good at being for six years and seven months, exactly.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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**THE CONNECTION
NEWSPAPERS**

TUESDAY/OCT. 6

Reston Garden Club Meeting. 1 p.m. Nature House, Walker Nature Center, 11450 Glade Drive, Reston. The speaker for the month of October is Barbara Glickman, author of "Capital Splendor-Gardens and Parks of Washington, D.C." Glickman will present a framework of landscape garden designs using photos presented in the book as visuals for viewing these features. She will highlight some of the features of the gardens and provide some historical information of the gardens she will be featuring. Guests and members are welcome. <http://www.therestongardenclub.com>.

WEDNESDAY/OCT. 14

Reston - League of Women Voters Program on "The 2011 Virginia Redistricting: the Continuing Saga." 7:30-9 p.m., Reston Community Center-Hunters Woods, 2310 Colts Neck Road, Reston. The League invites members and the public to learn and discuss the latest legal and political actions and possible effects on the Virginia legislative district lines drawn following the 2010 Census. Could they affect this year's elections? Learn what Northern Virginia districts are named in the latest Court case. The General Assembly drew the lines in 2011; is there a better way? Join the discussion. Free, open to the public (men and women). 703-471-6364. Background papers at www.lwv-fairfax.org.

ONGOING

Free Support Group for Parents with Children with Autism. Saturdays at 10-11 a.m. 462 Herndon Parkway, Suite 202, Herndon.

Food Addicts in Recovery. Wednesdays at 7 p.m. at The Vine Church, 2501 Gallows Road, Dunn Loring. Are you having trouble controlling the way you eat? Food Addicts in Recovery Anonymous (FA) is a free 12 step recovery program for anyone suffering from food obsession, overeating, under-eating or bulimia. For more information or a list of additional meetings throughout the U.S. and the world, call 781-932-6300 or www.foodaddicts.org.

FAITH NOTES

Faith Notes are for announcements and events in the faith community, including special holiday services. Send to reston@connectionnewspapers.com. Deadline is Thursday.

The congregation of the **Greater Little Zion Baptist Church in Fairfax** will be celebrating its 124th Anniversary on Oct. 18. The theme for this 124th Anniversary is Faith, Family and Friends: Building Faith, Uniting Family, and Fellowshiping with Friends, Galatians 6:10. In advance of that service, they have scheduled a night of Revival and a Pre-Anniversary Praise and Worship Concert.

♦ **Revival** - Thursday, Oct. 15 at 7:30 p.m.
Rev. Dr. Vernon C. Walton-Guest preacher (First Baptist Church of Vienna)

♦ **Pre-Anniversary Praise and Worship Concert** - Friday, Oct. 16 at 7:30 p.m.
Featuring local and regional music groups and praise dancers.

Zion Day Service - Sunday, Oct. 18 at 9:45 a.m.
Rev. Dr. Robert F. Cheeks, Jr. -Guest preacher (Shiloh Baptist Church, McLean)

LOCATION: Greater Little Zion Baptist Church, 10185 Zion Drive.

Rev. Dr. James T. Murphy, Jr., Pastor. For more information, call the Church Administration Office at 703-764-9111

Trinity Presbyterian Church, 651 Dranesville Road, Herndon, has Sunday worship services at 8:30 a.m. and 11 a.m. Nursery and childcare are provided and youth and adult Sunday school classes are held prior, from 9:40-10:45 a.m. 703-437-5500 or www.trinityherndon.org.

Vajrayogini Buddhist Center, Unitarian Universalist Church, 1625 Wiehle Ave., Reston, holds weekly classes starting Sept. 12, Thursdays 7-8:30 p.m., for the general public which use Buddhist teachings to practice meditation. \$12. 202-986-2257 or www.meditation-dc.org.

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Carole Burnett 703-622-7394 or e-mail carole@caroleburnett.com



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Coming Soon!

This 4BR, 2.5BA contemporary Grandview model is priced to sell! With 1900 square feet plus a lower level, this home features new carpet, new paint(inside& out), new HVAC, and new windows will be installed by October 3 or sooner. Don't miss this one!

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Virgil Frizzell 703-585-1821 or e-mail Virgil.frizzell@Longandfooster.com



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All brick, 2520 sq ft, NO HOA, .37 acres. This lovely 4BR, 3BA home features attached double carport, awesome deck. Master BR w/BA, 3 addtl spacious BR's w/large closets. Lower level FR w/wet bar.

Walk out to park-like rear yard w/shed. Separate laundry rm. New roof, newer windows. Turnkey condition.

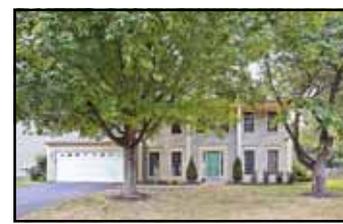
Kathleen Tuthill 703-945-4966 or e-mail Kathleen.tuthill@longandfooster.com



Oak Hill \$570,000
Enjoy Your Favorite Drink on your Charming Front Porch!

Tastefully updated & meticulously maintained home in Monterey estates. 4BR, 2.5BA, over 220 sf. Hardwoods on main, kit w/SS app, granite, mosaic backsplash, greenhouse window opens to FR. Spacious mstr suite inc: vaulted ceiling, bath w/sep soaking tub, large shower & double vanities. Fin rec rm w/lots of storage & work/play space. Roof, windows, siding & more replaced. Centrally loc near Ffx Co Pwy, RTC, Fair Oaks Mall. Check pics at <http://13014-New-Austin.LFListing.com>

Call Randi Halavazis, Your Oak Hill Expert @ 703-915-3960 or e-mail Randi.Halavazis@Longandfooster.com



Oak Hill \$595,000
Spacious

4BR, 2.5BA, 2500 sf home in Bradley Farm. New, gleaming hwdws on main, new carpet in FR, kit w/island. Spacious mstr suite w/vaulted ceiling & sep sitting rm, W/I closet & bath w/sep tub, shower, double vanities. Large flat rear yd w/deck great for play & gardening. Roof, HVAC, HWH replaced. Located close to Ffx Co Pwy, 5 miles from Wiehle METRO, 3 miles from RTC & Fair Oaks Mall. Check pics at <http://2792-Mansway.LFListing.com>



Reston \$850,000
Abundant Space in Rare Main Level Master Suite Patio Home

Dramatic open floor-plan boasts 2-story spaces, lots of windows, 4BR, 3.5BA + loft on 3 finished levels, maple hardwoods, built-ins, 2 gas FP, 2 full decks, walk-out lower level, 2nd kitchen, theater room, upgrades & more you must see!

Call Debbie Gill 703-346-1373 or Debbie.gill@longandfooster.com



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Move-in ready 4BR, 2.5.5BA garage TH in North Reston. Close to Silver Line METRO & Reston Town Center. Brick front, landscaped, deck & W/O lower level backing to trees, gourmet kitchen w/granite & SS appliances, hardwoods & FP.

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Marnie Schaar 703-509-3107 or e-mail Marnie.schaar@longandfooster.com



Ashburn \$469,900
Gorgeous

Brick front TH w/gourmet kit, gleaming hardwoods, 3BR w/vaulted ceilings, 2.5.5BA, w/o lower level, 2 car garage, newly refin deck backs to woods. Belmont Country Club social membership.

Call Terry @ 703-861-0538 or e-mail Terry.atherton@longandfooster.com



Leesburg \$587,000
3 Level Colonial

Extended floor-plan including 2 sunrooms & MBR sitting room! Recent updates include master bath remod

el, new carpet & decorator paint. Fabulous Potomac Station amenities.



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